



St Luke's Anglican Church has a new look

St Luke's unveils new stained glass windows

Woy Woy's St Luke's Anglican Church has unveiled its new stained glass windows.

The 44 windows depict religious symbols and theological concepts and have been installed in blocks over the past two years.

The final pieces were unveiled on July 6 during an opening ceremony conducted by Woy Woy Parish rector Father Michael Davies.

The artist behind the windows project is Fr Michael's wife Ms Alexandra Banks. She said it had been a labour of love, years in the making.

A self-taught artist, Ms Banks is currently completing her PhD at St Francis Theological College and said it was hard to believe the project was finally complete.

"It's taken me a couple weeks to

get my head around the idea that it's finished but it is and I couldn't be happier," she said.

An innovator in the glass art field, Ms Banks said each panel she created for the project paid homage to the intricate techniques of celebrated Australian stained glass artist Leonard French.

The windows had already attracted many compliments from the community and it's hoped the new feature will, in time, become a new icon for Woy Woy.

"There's nothing like this anywhere else on the Central Coast and it's been really encouraging to hear people talking about the art and the stories they represent," Ms Banks said.

The windows are designed to draw in light and will dazzle and refract even on the cloudiest of days.

They've also been given the tick of approval from the theological and arts community, with the first event held at the church since the windows were completed a national conference on art and theology hosted by Ms Banks.

"The conference was a great success and the windows were a big hit with all guests," she said.

Ms Banks wished to extend her thanks to all those involved in the project from its implementation to the final installation.

"Countless volunteers ensured this project was completed.

"It could not have been done without them," Ms Banks said.

SOURCE:

Social media, 6 Jul 2019
Michael Davies, Woy Woy Anglican Parish

Interview (Dillon Luke), 17 Jul 2019
Alexandra Banks, Artist

Council upgrades oval cafe

New fencing has been installed at the Council's cafe at Woy Woy Oval in an attempt to make it more attractive to potential lessees.

The cafe has been vacant since the oval and grandstand was redeveloped by Council in 2016, despite Council efforts to tender its lease.

A total of \$46,000 will be spent on upgrades, which include the installation of an all-weather surface and children's play area.

Council unit manager Mr Phil Cantillon said: "Council has undertaken upgrades to Woy Woy oval cafe following recommendations from operators

to increase the lease potential of the site.

"Council has committed funds to install fencing to enclose the area, and a children's play area," he said.

"Fencing works have now been completed and the new play area will be undertaken later in the year.

"On completion of the upgrades, Council will engage with an agent to secure a suitable tenant to run a commercially viable, sustainable and vibrant business that delivers economic and social benefits for the community," he said.

SOURCE:

Media statement, 17 Jul 2019
Phil Cantillon, Central Coast Council



Cane toad discovered at Woy Woy

A cane toad has been discovered at Woy Woy, according to the minutes of a meeting of the Coastal Open Spaces System committee.

The discovery was mentioned in minutes of the committee meeting on May 29.

The minutes reported that Mr Jonathon Eccles from the Greater Sydney Local Land Services briefed the meeting on the cane toad discovery and said the

biosecurity team had been laying traps for their tadpoles.

Last week, the Australian Reptile Park said a male cane toad had been surrendered to the park recently, found near a dam at Somersby.

The park expressed concerns that more cane toads could soon be sighted on the Coast.

Park general manager Mr Tim Faulkner said cane toads had caused major species decline in

Australia's northern states and one being found at Somersby was extremely alarming.

He urged residents to report any sightings of cane toads to the Office of Environment and Heritage.

SOURCE:

Website, 18 Jul 2019
COSS Minutes, Central Coast Council
Media statement, 18 Jul 2019
Tim Faulkner, Australian Reptile Park

THIS ISSUE contains 66 articles - Read more news items for this issue at www.peninsulanews.info



News

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

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Source lines: Where do our articles come from?

Peninsula News includes "source lines" at the end of each article which aim to provide readers with information about where and how we came across the information, so that they might judge for themselves the veracity of what they are reading.

It should not be assumed that the article is a verbatim reproduction of the source. Similarly, it should not be assumed that any reporter listed is necessarily responsible for writing the whole news item. Source lines are not by-lines.

Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its

information in three ways: It is sent to us by someone wanting to promote their activities; it is sent to us in response to our inquiries; or it comes from a newsletter or other document to which we have access.

Sometimes we may interview a person or report what they said at a meeting.

The following descriptions are used:
Media Release - unsolicited contributions. **Media Statement** - sent in response to our questions. **Website or Social Media** - information published online. **Newsletter or Report** - published in print or online. **Interview or Meeting** - statements recorded by a reporter.

Forum contributions may be: **Email** if sent electronically and **Letter** if written on paper.

Dry conditions return

Dry conditions appear to have returned to the Peninsula according to data compiled by Umina's Mr Jim Morrison.

The first week of July saw over 40mm of rainfall alone but that impressive start seems to have fizzled with less than 2mm of rainfall recorded from July 8-19.

Despite the sudden dry spell, the region is still on track to reach its traditional monthly rainfall total for July of 61mm.

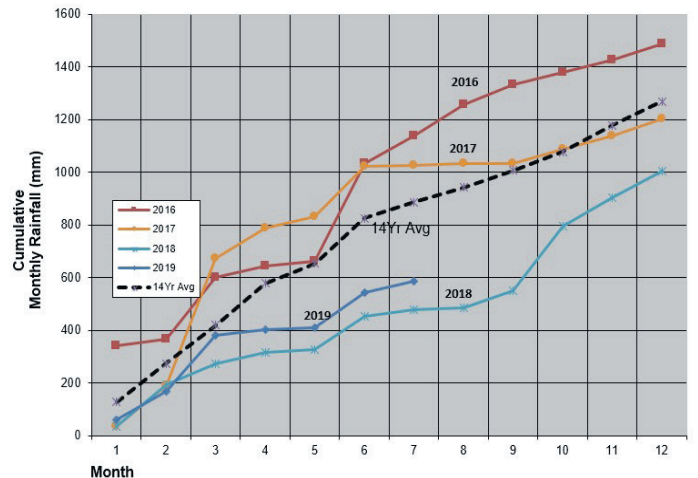
July is traditionally one of the driest months of the year for the region but worryingly so is August which means residents could be in for some ongoing drought like conditions.

As of July 19, the region's July monthly rainfall total sits at 44.1mm which brings the yearly rainfall total up to 586.3mm.

Central Coast Council has advised the region's water supply is also dipping dramatically and

that stage one water restrictions may be coming into effect soon.

Cumulative Monthly Rainfall by Year



SOURCE:
Spreadsheet, 19 Jul 2019
Jim Morrison, Umina

YOUR CHANCE TO WIN

Peninsula News would like to offer three lucky readers the chance to win a double pass to The Songs of Paul Simon- 'Simon and Garfunkel' to his Graceland album, when it comes to Gosford's Laycock St Theatre August 24.

Paul Simon is undoubtedly one of the greatest songwriters in contemporary music and his success and variety of work, spanning six decades, is true testament to his genius.

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For your chance to win write your full name, address, daytime telephone number and email on the back of an envelope and mail it to Peninsula News Graceland Competition, PO Box 1056, Gosford 2250, before 5pm on August 1.

The winner of the Fluxx Scooter Competition was Max Rattray of Kincumber.

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Bushcare group seeks more volunteers

The Bays Bushcare Group is seeking volunteers.

The group meets on the second Sunday of the month and is currently working to restore bushland around the bay side of Raymond Rd and Phegans Bay Rd.

The group also monitors wildlife in the area and a number of night vision cameras have been set up to observe native wildlife.

More volunteers are wanted in the lead-up to summer.

It is hoped that enough volunteers will register their interest to extend the group's projects to other parts of The Bays.

The group is run by Central Coast Council with the support of The Bays Community Group.

Anyone interested in joining the group is encouraged to contact Council Landcare Officer Mr Ben Feltham on 4350 5106.

SOURCE:

Newsletter, 8 Jul 2019
Cathy Gleeson, The Bays Community Group



Thermal imaging camera for local fire brigade

A group of local firefighters will have their first thermal imaging camera, thanks to a grant from the NSW Government.

The Empire Bay Rural Fire Brigade has been granted \$8000 for the camera which will assist

firefighters identify hotspots after a blaze is extinguished.

Announcing the grant on July 16, Member for Terrigal Mr Adam Crouch said the NSW RFS was an irreplaceable part of the community.

"Across the region we are very

lucky to have a number of Rural Fire Brigades, as well as hundreds of men and women that volunteer in this capacity," Mr Crouch said.

SOURCE:

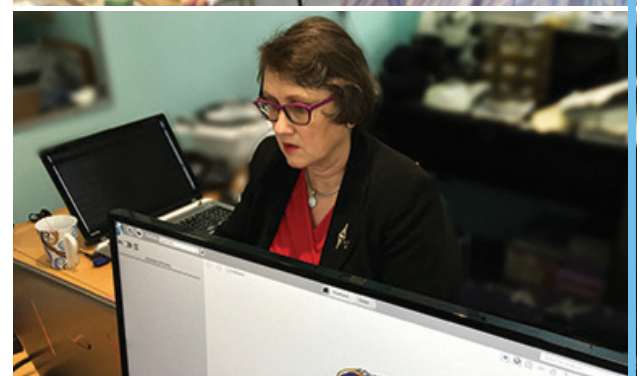
Media release, 16 Jul 2019
Ben Sheath, Office of Adam Crouch MP

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Homeless people moved from Austin Butler oval

A group of homeless people that had been living on the grounds of Austin Butler Oval at Woy Woy were made to leave the site on July 8 by Central Coast Council rangers and Brisbane Water Police.

It is understood they were offered emergency accommodation.

The group had formed a steadily growing tent community on the site since January.

During this time, the oval's primary users Woy Woy Football Club, had been negotiating with Council to have them removed.

According to Club Committee member Mr Matt Brien, the group's presence had created a health and safety issue for users of the oval.

He said the club had lost significant numbers of junior members as a result.

"It is disgraceful that Council allowed this to go on for seven months," Mr Brien said.

"This would never be allowed to happen at The Haven Oval in Terrigal or Adcock Park but because this is Woy Woy Council just turned a blind eye," Mr Brien said.

Mr Brien said the Committee was thankful that action had finally been taken but expressed his disappointment that it took threats of going to the media to seemingly spark Council into action.

"Our membership is shot, our



reputations tarnished and we don't know what our junior numbers will be like next year, so we definitely haven't ruled out asking for changes to our lease or for a reduction in the cost owing on our new club facilities," Mr Brien said.

"We want assurance from Council that something like this will never be allowed to happen again," he said.

"We want Council to take responsibility for their part in this mess and we want them to be accountable.

"They went into this not wanting to be the bad guy.

"They didn't want to be seen as the Council kicking out the homeless, but the bottom line is this just wasn't safe and had something happened the blood

would have been on Council's hands," Mr Brien said.

Mr Brien said during the seven months the group was at the oval the Committee had approached Member for Robertson Ms Lucy Wicks, Member for Gosford Ms Liesl Tesch and Cr Chris Holstein for assistance.

Only Ms Wicks responded to Peninsula News' request for comment but it is understood that Ms Tesch and Cr Holstein are on leave.

She confirmed she had been approached by the Committee regarding the group but said in both instances the committee was informed that this was a matter for Council.

Ms Wicks said she did raise the issue with Council staff

and advocate on behalf of the community.

Ms Wicks said the issue of homelessness on the Central Coast was very serious and that she was committed to continuing to work to achieve positive outcomes for the community.

"The issue of homelessness is an important and complex one, particularly here on the Central Coast.

"Housing and access to safe accommodation is fundamental to the welfare of all Australians.

"While the delivery of services falls under the NSW Government's responsibility this really is an issue that all levels of government need to work together on, alongside the community and I am committed to continuing to do so," Ms Wicks

said.

Coast Shelter chief executive Ms Rachel Willis confirmed the complexity of the situation.

Ms Willis said Coast Shelter was aware of the individuals at the oval and said that staff from the organisation's Coimba Men's Refuge had visited them with Council Rangers on two occasions to provide information about relevant services prior to their expulsion from the site.

Ms Willis said Coast Shelter has assisted rough sleepers and will continue to help them where possible, but assertive outreach like this was not something Coast Shelter were funded to provide.

"Providing interventions to rough sleepers is an extremely complex task.

"Coast Shelter provides assistance where possible, however successful outcomes depend on the coordinated effort from various services and departments who can provide intensive wrap around supports," Ms Willis said.

Council was also approached for comment.

SOURCE:

Interviews (Dillon Luke), 4 Jul and 17 Jul 2019

Matt Brien, Woy Woy Football Club Media statement, 17 Jul 2019

Rachel Willis, Coast Shelter Media statement, 18 Jul 2019

Rebecca Johnstone, Office of Lucy Wicks MP

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Fate of funding to be decided by popular vote

The fate of 17 applications for funding from the My Community Project in the Gosford electorate will be decided by popular vote.

Of those, six are for the Peninsula: Woy Woy Peninsula Community Garden, Umina Surf Life Saving Club, Mingaletta Aboriginal and Torres Strait Islander Corporation, The Runway Park, Pearl Beach Memorial Hall and Pearl Beach Community Support Centre.

Local residents will be able to read through nominated projects and then vote on which ones they would like to see funded.

Voting opened on July 15 and is done through the My Community Project website.

Anyone looking to vote will need an up to date Medicare Card and My Service NSW account.

Voting closes on August 15 with the successful projects set to be announced in September.

Woy Woy Peninsula Community Garden has applied for \$79,261 for its Phoenix Rising Project.

This project was nominated by The Peninsula Environment Group volunteers that run the garden.

The project aims to develop a new and improved community infrastructure blending into the residential area, enhancing facilities and storage at the community garden after arson attacks destroyed many resources. The infrastructure will be



Mingaletta is one of the 2019 My Community Project nominees

a secure purpose designed building for storing equipment and resources, giving more flexibility for volunteers to access garden equipment.

Umina Surf Life Saving Club has asked for a new patrol tractor costing \$22,500.

The Surf Club had to retire its previous tractor and now requires a new one for the next beach patrol season.

The purchase of a new tractor would allow surf club members to provide a safe means to transport their equipment which they use in their daily patrols at the beach over the annual beach season.

"A tractor is one of the most valuable items of equipment playing a major role in the safety and wellbeing of members and community providing us the ability to deliver key lifesaving services

and functions effectively and efficiently," said club president Mr Stephen Scahill.

Mingaletta Aboriginal and Torres Strait Islander Corporation has asked for \$67,209 for a Community Transport Van

The staff wish to add community transport to their services to the Peninsula's indigenous community.

Mingaletta chairperson Auntie Dianne O'Brien said having a van would allow Mingaletta to provide access to distant health services for its patrons, transport to community and Mingaletta run events and allow staff and volunteers to initiate an outreach service.

The Umina Community Group has asked for \$30,000 for a new shade structure for The Runway Park in Trafalgar Ave.

"Our project will aim to increase patronage of the park through all

the seasons providing shelter from the heat of the day," said Umina Community Group member Mr Tony Winch.

"Youngsters will receive the health benefits of regular exercise, a safe play space under shade reducing the risk of exposure to harsh ultraviolet rays.

"The local community will benefit from the enjoyment of extra play time for our young children and families."

The Pearl Beach Progress Association has asked for \$105,000 for Pearl Beach Memorial Hall upgrades.

The hall is extensively used for cultural and community activities including concerts, literary lunches, Anzac Day events, public meetings, yoga and other health programs.

By covering and extending the existing rear deck, an additional usable area will become available to enable more community activities to take place and meet the growing demand for such activities.

The project will commence in October 2019 and is estimated to take five months to complete.

Pearl Beach Safety Advisory Committee has asked for \$26,830 for the Pearl Beach Community Support Centre

This project will support the set up of costs of the Centre.

The Pearl Beach Safety Advisory Committee has a volunteer structure in place,

ensuring communications with external NSW Emergency Services in the event of emergency.

Establishing a Centre will enable Committee volunteers to assist the community with first aid and act as a meeting point in the event of disaster.

The Umina Beach Surf Club has also asked for \$200,000 to make a wide multi-use pathway that connects Ocean Beach Rd to the Peninsula Recreational Precinct and caravan park access road.

"By connecting existing areas together with safe and wide pathways, it encourages our community to be active and enjoy Umina Beach," said Surf Club president Mr Stephen Scahill.

"This section will join two popular walks together to help create longer more interesting walks and rides.

"It will also allow the large number of visitors to the caravan park a walking path and bike track to explore the local area.

"As the project includes the construction of a path around the Club's adjacent carpark, using the existing curb area, the design and build will be completed by Central Coast Council."

SOURCE:

Media release, 15 Jul 2019

Ben Sheath, Office of

Adam Crouch MP

Website, 18 Jul 2019

Gosford Electorate, My Community Project Program 2019

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Avenue of trees prevented by 'infrastructure'

Underground infrastructure has cruelled the ability for the Grow Urban Street Tree group to fulfil the desire of 29 residents in Ocean Beach Rd, Umina to grow an avenue of trees.

The residents from the southern end of Ocean Beach Rd, Umina, signed up to care for a street tree when tree group members went door knocking.

But, upon inspection by Central Coast Council engineers, the

southern section of the road was found to have underground infrastructure restraints.

Nevertheless, six advanced native trees will be planted at 506 Ocean Beach Road, Umina Beach at 9.30am on National Tree Day, Sunday, July 28, by the tree group and the Umina Community Group.

"This is a small community event not requiring volunteers but observers are welcome," tree group member Ms Debbie Sunartha said.

"It's not going to give us an

avenue of trees.

"Our second event is going to give us a bit more of an avenue but it is a very long street and we are going to need a lot more trees.

"This event will require several volunteers.

"We are holding a Creating Showcase Streets for Urban Shade on Sunday, August 11, in Springwood St, Ettalong.

"We will be planting 11 advanced trees, starting at 52 Kourung St, on the corner of Springwood St at 9.30am.

"This is a community event requiring volunteers.

"There will be some heavy lifting, digging, post hammering as well as watering and mulching," she said.

Member for Gosford Ms Liesl Tesch and Cr Richard Mehrstens will be attending.

Another tree group member Ms Mell Chandler said these National Tree Day projects were the only registered National Tree activities for the southern wards of the Central Coast for the third year

running.

"Despite Ettalong, Booker Bay and Woy Woy being identified as three of the Coast's most heat-affected suburbs, we're still not seeing Central Coast Council getting on board with National Tree Day," she said.

"Hornsby Shire Council, Northern Beaches Council and Lake Macquarie Council are all holding events."

SOURCE:
Media release, 15 Jul 2019
Debbie Sunartha, GUST

Group home approved to disability support

A five-bedroom group home costing \$1.08 million at 17 Osborne Ave, Umina Beach, has been approved under delegation by Central Coast Council.

Neighbour consultation was undertaken with residents of adjoining and surrounding properties.

The applicant, BlueCHP Ltd, door-knocked the neighbouring residential properties and discussed with neighbours the key components of what a permanent

group home was and how it would function and interact within the community.

The application to council said neighbours were also advised of the upcoming submission of the development application and that a letter and notification plans would be issued by council in coming weeks.

"The majority of neighbours appeared to support the proposed development and any queries were either answered during the door knock or via follow up queries with the contact details made available

by the fact sheet," the report said.

The proposed permanent group home at Umina Beach is one of 78 new purpose-built specialist disability homes that will be built in the Hunter region by Home4Life.

Home4Life is a new disability housing organisation established between two non-profit housing providers: Newcastle based Compass Housing and BlueCHP.

Group homes provide up to 24 hours of support seven days a week.

The group home will be a typical suburban house with five

bedrooms.

The group homes are staffed by disability workers and support people with a disability who are unable to live independently or with their family, even with support.

An arboricultural impact assessment identified 11 trees within the subject site and eight trees will be removed to allow for the proposed new building works.

The group home will be designed specifically for the proposed use and to facilitate safe, equitable and dignified access for people who have a disability.

It would provide both private and interactive spaces for home occupants and provide a home environment.

The proposed new group homes will enable the people with a disability currently living within the three Hunter based residential care centres of Stockton, Kanangra and Tomaree Centres that are being closed to be re-accommodated.

SOURCE:
DA Tracker, 16 Jul 2019
DA 55993, Central Coast Council

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Archaic system results in pollution, says ACF branch

The stormwater system on the Peninsula is archaic and it is not surprising that pollution is found at outfalls on local beaches, according to the Central Coast branch of the Australian Conservation Foundation.

The comments came after a visitor to the area photographed an oil-like substance flowing onto Ettalong Beach from a storm water drain east of Bangalow St.

Branch president Mr Mark Ellis said the stormwater system flowed directly into Brisbane Water and onto the beaches such as Ettalong and Umina and Terrigal.

It was an ongoing issue of pollution coming directly off the streets, he said.

The visitor told Peninsula News the foul matter smelt like oil but didn't float like oil.

He said it was hard to tell there had been pollution about three hours after he first spotted the flow. It had dissipated in the water.

Mr Ellis said the branch had previously raised the issue with this council and the previous Gosford and Wyong councils.

The branch had suggested storm water should be harvested

to stop pollution flowing directly into the waterways but had been told it was too expensive.

Mr Ellis said storm water was free water that simply needed to be repumped into the system but the council had said it was too expensive because they would have to take the pollutants out of it.

He said that, whether or not the water was reused, the council had a responsibility to remove pollutants from stormwater to protect the environment.

Every day of the week the NSW department of Environment sends out an email forecasting beach pollution at the Coast's 29 beaches.

It warns against swimming at some beaches after rain because of the presence of several potential sources of fecal contamination.

These beaches include Pearl Beach, Umina Beach and Ocean Beach.

The website says swimming at beaches should be avoided for up to one day after heavy rain or for as long as storm water is present.

SOURCE:

Interview (Merilyn Vale), 17 Jul 2019
Mark Ellis, ACF CC branch
Email, 17 Jul 2019
Beach Watch NSW, Dept of Environment

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Manufactured home proposal for IOOF homes site

The owner of a large Umina aged care facility has applied to build a manufactured home estate on the former IOOF homes site in Springwood St, Umina.

Peninsula Villages Ltd wants to place 16 prefabricated seniors living homes on the site it now owns at 147-149 Springwood St, Umina Beach.

An existing community hall on the site would be converted into two more homes.

Estimated cost of works is \$1.8m.

A development application was lodged with Central Coast Council on June 21 and released for public comment between July 4 and July 25.

The Independent Order of Odd Fellows Friendly Society previously owned and managed the 13 existing small dwellings to accommodate people with disabilities and people on low incomes.

Three tenants with life-long leases will remain as part of the new proposal. The new homes would be sited between the 13 existing homes.

In 2010, council refused a development application which proposed to demolish 16 buildings and build 20 new ones.

The main reason for refusal at

the time, according to the applicant of this new development, was due to the social impacts associated with displacing the existing tenants.

"This application differs as it maintains the existing rental agreements as well as the life tenant's tenure," the statement of environmental effects stated.

The site is located near the Ettalong Bowling Club and has a new footpath to the bus stop that has a regular service to and from Woy Woy town centre located directly at the front of the site.

A new medium density six-unit development is under construction adjoining the site on the south eastern corner of Springwood and Palm Sts.

In a statement as part of the development application, Peninsula Village chief executive Mr Shane Neaves said the property was bought in 2016.

"The project will see the village continue to support the current clients and the opportunity to provide future affordable accommodation to others in need," he said.

"The development is unique in some ways as there will be a mixture of existing and new dwellings for affordable living hence fulfilling our purpose in providing a much needed social fabric in the way of accommodation to our older locals."

The dwellings have been designed by Motion Group Pty Ltd which has its factory based in Woy Woy.

The prefabricated dwellings would be located between the existing small scale homes that have accommodated affordable housing since World War 2.

The homes would cater for older "cohorts" wishing to downsize or reside in smaller affordable dwellings and wanting to live independently within a self-contained home that catered for less ambulant people.

It will include onsite parking and level access with private open spaces to allow passive recreation within each site.

The proposal is on public exhibition until tomorrow, July 25.

Comments received so far have questioned the look of "pre-fab" housing and whether it would really house seniors.

Another notes that three trees would be removed and wanted council to ensure a two for one replacement was undertaken.

"The inclusion of safe canopy-providing trees are extremely important for senior housing. Trees reduce air conditioning costs and improve mobility and mental health," the submission said.

SOURCE:

**DA Tracker, 16 Jul 2019
DA 56718, Central Coast Council**

Three-storey units to include affordable housing

Public comment has opened on a proposal to build a three-storey building with 12 units, including affordable housing, at the corner of Waratah St and Ocean Beach Rd, Woy Woy.

The applicant, community housing provider Pacific Link Housing Ltd, lodged the development application with Central Coast Council on July 3 and the public has until August 1 to comment.

Estimated to cost \$3.2 million, the 12 dwellings comprise nine one-bedroom and three two-bedroom dwellings, each with their own private open space and car parking.

The Statement of Environmental Effects by Barker, Ryan, Stewart states that the proposal is generally compliant with relevant State and the various Central Coast Council planning instruments.

The detail shows the design varies from guidelines in rear boundary setback and exterior wall setbacks.

The design statement to council states that the setbacks are adhered to towards the west and south but towards the north the development would encroach towards the hardstand commercial parking area. Towards the east the balconies would encroach over the setback lines "and helps to articulate the facade".

Ten of the 12 units, or more than 80 per cent, meet the minimum daily requirement for sunlight and this is better than the guidelines which say 70 per cent must meet

the minimum daily requirement.

A communal open space is not provided. The guidelines say buildings with more than 10 units should have a communal open space. The application says due to the narrowness of the block, private open space has been provided.

It says it would use 45degree angles and off set windows to ensure privacy between units as well as obscure glazing and screening to increase visual privacy between units.

A total of 13 car spaces are to be provided, with access via Ocean Beach Rd.

The units would be a mix of privately-owned dwellings, and affordable rental housing and social rental housing managed by Pacific Link Housing.

A pre-lodgement meeting was held at Council to discuss the proposed development on 23rd April 2019.

The application states that the proposed development is a direct response to the Affordable Housing Strategy which was authorised for finalisation by Council on April 29.

The strategy is designed to address affordable housing by providing more housing choice for households earning less than \$100,000 per year.

Central Coast Council had committed to delivering this strategy, as more than 60 per cent of Coast households earn less than \$2000 per week and are at risk of experiencing housing stress within the current market, the report said.

SOURCE

**DA Tracker 17 Jul 2019
DA 56801, Central Coast Council**

Short-term accommodation proposal

Public submissions close on July 25 on a proposal for 36 Pretty Beach Rd, Pretty Beach, to be used as short-term residential accommodation.

Central Coast Council has notified the public that anyone can inspect and comment on the application at its offices at Gosford or Wyong or on line.

The applicant Highlight Consulting said the proposal would not significantly increase existing traffic.

A bushfire assessment report stated the property was a corner allotment containing an existing dwelling which was surrounded by managed lawns and landscaped gardens.

The allotment fell within a bushfire prone area as deemed by Central Coast Council. The report recommended a bushfire evacuation plan should be established and made available to all visitors and residents.

Wagstaffe-Killcare Community Association president Mr Mike

Allsop said about 20 per cent of houses in the association area were holiday lettings and, in the main, they operated in a low key way and they hadn't been an issue.

He said it was a concern for nearby residents if there was an issue or if a property got a reputation for being a party house but the overall experience was positive with most well managed.

SOURCE:

**DA Tracker, 16 Jul 2019
DA 56803, Central Coast Council.
Interview (Merilyn Vale), 17 Jul 2019
Mike Allsop, WTKCA**

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Residents welcome withdrawal of six-storey application

Community group Residents for Responsible Ettalong Development has welcomed the withdrawal of a development application for a six-storey building at 227-231 Ocean View Rd has been withdrawn.

The developer withdrew his application on Monday, July 15.

"RRED is confident that the support from our wonderful community on the Peninsula, and others around Australia, has contributed to that decision," said spokesman Mr Peter Gillis.

Nearly 700 people signed petitions and filed objections with Central Coast Council about the proposal.

Mr Gillis said there was a growing community awareness and involvement in local developments, and residents would like to see developers proposing projects that would reflect and enhance the seaside tourist character of Ettalong Beach.

"Central Coast Council is responding to community concerns, as evidenced by their

recent approval of the Greener Places Strategy, which was informed by consultation with several community groups, including the Peninsula group GUST, Grow Urban Shade Trees.

"We believe Council is now aware of residents' increasing concerns at non-compliant development, and are willing to consult on a way forward to ensure the Peninsula grows to enhance our environment and opportunities," Mr Gillis said.

He said three of the Peninsula residents' groups, including the Ettalong group, were meeting with Central Coast Council's Director of Environment and Planning in the coming weeks.

"We look forward to this as an opportunity to discuss the new draft regulations in Local Environment Plan 2018, get further understanding of council development application processing, and gain a perspective on achieving community goals in consultation with the Central Coast Council," he said.

SOURCE:
Press release, 18 Jul 2019
Peter Gillis, RRED



Celebrating 96 years Harry Potter style

A Woy Woy resident has celebrated her 96th birthday with a Harry Potter party.

Ms Olive Buckley celebrated her 96th birthday on July 13 with more than 70 relatives at Umina Surf Club with a lunch before continuing the party at Ettalong Diggers.

Party organiser was Ms Buckley's granddaughter Selena Courtness.

She said Ms Buckley became enamoured with the Harry Potter novels after one of her children suggest she read the first book in the series.

Ms Buckley's relatives all attended the celebration dressed as characters from the series with the party at Ettalong Diggers also doubling as a fun day of Harry

Potter trivia for the extended family.

Ms Buckley's great granddaughter Ms Odette Courtness said the occasion was a fitting way to celebrate the life of her great grandmother.

"We all enjoyed celebrating with great grandma and I can't quite believe she read the books at such a grand age.

"She has a lot of great grandchildren and we all thought she looked fabulous dressed as Professor McGonagall," she said.

Ms Buckley was also treated to a surprise performance from Olive's Orchestra a band made up of her grandchildren and great grandchildren.

For the occasion, they performed songs from the mid-1900s.

"Grandma was brought to tears when we all gathered around the cake for a boisterous rendition of Happy Birthday.

"Our family will remember this celebration in years to come, especially their very own 96-year-old Professor McGonagall.

"It goes to show age is no barrier to reading and enjoying Harry Potter and staying up-to-date with the times may just be one of Olive Buckley's secrets for living to a ripe old age," Ms Courtness said.

Ms Buckley's late husband, Mr Pat Buckley, was station master at Woy Woy Railway Station for many years.

SOURCE:
Email and Interview (Dillon Luke), 17 Jul 2019
Selena Courtness, Sydney

New bar approved for Everglades

Everglades Country Club has won approval to build a new bar and cafe and to add to its outdoors entertaining area.

Central Coast Council approved the work costing \$380,000 under delegation on June 18.

The club has five years to commence work on the proposed additions and alterations.

The plan included the removal of an existing building shed, tensile roof and planters and construction

of a new covered timber decking entertainment area, timber seating and planter and new open timber decking area, new timber ramp and new timber stairs.

Inside, the plan is to remove the existing sports office and entry door to accommodate new bar, cafe and preparation areas and then to construct a new entry door.

SOURCE:
DA Tracker, 16 Jul 2019
DA 56487, Central Coast Council

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Umina workshop for skate strategy

Central Coast Council is encouraging Peninsula residents to attend a workshop in Umina to help develop a Central Coast Skate Strategy.

Mayor Cr Jane Smith said that the community would benefit from skate facilities, not just the riders. "In addition to promoting healthy and active lifestyles, skateparks also activate and connect outdoor spaces and provide a safe purpose-built environment for riders," she said. "Skateparks also provide a boost to tourism as an attraction

and through the hosting of regional and national skate events. "I encourage the community to have a say to ensure we develop a skate strategy that meets the needs of our community now and into the future," she said. The Umina workshop will take place from 6pm to 8pm at the Umina Surf Life Saving Club on July 31. As well as the workshop, residents are also being encouraged to take an online survey and to participate in an online forum, both of which are available on the Your Voice Our

Coast website until August 9. The strategy is expected to inform future development, upgrade and maintenance of council skate facilities, including at Umina. A specialist consultant will develop the "evidence-based skate strategy", incorporating investigation and analysis of existing skateparks, current trends, demographic data, existing and related strategies and the feedback and opinions gathered from community and stakeholders. **SOURCE:** Media release, 11 Jul 2019 Jane Smith, Central Coast Council

Pearl Beach hall may get a facelift

The Pearl Beach Progress Association community hall may get a facelift with the rear timber deck to be extended and a new steel roof added to part of it.

A small chair storeroom will be added to the rear of the hall. Association president Mr Peter Romey has submitted a development application to Central Coast Council, with a heritage impact assessment for the proposed alterations and additions prepared by Ms Mary Knaggs, director of Romey Knaggs Heritage Pty Ltd. Public notification and advertising about the proposal closed on July 18.

The hall at 9 Diamond Rd, Pearl Beach, is listed as a heritage item. It was built when members of the association, established in 1929, raised funds to buy a vacant block of land in 1943 to construct a community hall.

The heritage impact assessment to council said construction was delayed by a shortage of both funds and materials as a result of World War 2, but commenced in early 1949 using a combination of voluntary and paid labour, supervised by local builder Cliff Mazlin. "Although the hall was not officially opened until September 1950, it hosted its first function in 1949 while still unfinished," Ms Knaggs wrote.

"The hall has been upgraded and enlarged several times since 1950 to accommodate larger gatherings and functions, especially dances. "It was extended to the rear to almost double its size in 1957, and in the 1990s the kitchen was refurbished and the rear deck was added. "Today, the hall continues to be the heart of the Pearl Beach community. "The hall is used by community groups, association meetings and other events, musical recitals, yoga, pilates, Anzac Day ceremonies, book fairs, film nights, art and craft workshops and shows and preschool play groups."

The proposed works will enlarge the back terrace and build new wider steps to improve connectivity to the rear garden. It will include a new covered timber walkway and steps from a new door on the southern elevation, replacing existing timber steps and creating an alternative access route from the hall to the terrace.

The new materials will generally match those existing on site which is appropriate for a heritage item with existing timber handrails steps and screens to be re-used. The work is estimated to cost \$50,000 if approved by council.

SOURCE: DA Tracker, 16 Jul 2019 DA 56717, Central Coast Council



Pearl Beach hall

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Geoff Melville dies aged 77

Community leader Mr Geoff Melville has died at the age of 77.

He is being remembered by many community groups for his long involvement and action.

Mr Melville owned his own real estate business in Empire Bay for decades before selling it to the Domain Property Group about three years ago.

He continued to work for the agency and had his last sale in May.

Mr Melville was a member of Umina Rotary for 40 years.

He had held every position on the board of the club and was president in 1984-1985 and in 2014-2015.

He received an unprecedented four Paul Harris Fellowship Awards being the highest awards ever granted at Umina Rotary.

In 2017 Geoff received the "Rotary International Avenues of Service Citation" for individual Rotarians, awarded by Rotary worldwide in recognition of his outstanding Rotary service.

Until his death, Geoff was chair of Umina Rotary public relations committee and editor of the club's weekly bulletin, known as Torque.

Each week he produced a Bulletin of 24 pages of Rotary and local information plus an array of interesting and topical stories that was distributed to club members, other Rotary clubs, past Rotary exchange students and members of the local community.

He was active in fundraising for various local and international projects of the club.

He was patron and past

president of Empire Bay School.

He was a past president of the Empire Bay Progress Association and he organised many local functions, including the local Anzac Day celebrations.

Current president Ms Carolyn Barripp said: "He was an amazing man – a voice for our community."

Ms Barripp had interviewed Mr Melville for a recent Empire Bay and District News.

He told her: "There is nothing left on the shelf – I've had a great life."

When asked what he wanted to say to the community he told her: "Thanks for having me."

His work in the Empire Bay community was recognised by the State Government earlier this year when he received a 2019 NSW Seniors Local Achievement Award.

Mr Melville was a district council member for St Pauls Anglican Church and a member of Empire Bay Probus Club.

He served as an honorary director of Peninsula Villages for 16 years.

As chair of the building committee, he was involved in the acquisition of a number of properties and survived long enough to see the new building start to emerge between Lone Pine Ave and Pozieres Ave in Umina that will provide additional aged care accommodation and facilities.

Peninsula Villages chief executive Mr Shane Neaves said, "In the 15 years Geoff has been involved at Peninsula Villages, he has added great knowledge and that much needed community advocate and input to our Board

meetings."

Mr Melville had chaired the village's building committee, which had recently awarded a contract to the value of \$30 million to build an aged care facility of 114 beds.

He was a member of the Peninsula Village's care governance committee which oversees clinical and risk issues.

And Mr Melville's professional knowledge of the real estate market had allowed the village to strategically purchase properties which had enhanced its landholding, to assist in the growth of the organisation.

"Geoff was the driving force behind the Rod Radford memorial at Ettalong Beach, which was to recognise Rod's significant contributions to the local residents via his pharmacy service, but also as a fellow Rotarian committed to their local community," Mr Neaves said.

Brisbane Water Secondary College and other local schools received support from Mr Melville over many years.

He died on July 6, aged 77.

He is survived by his sons Andrew and Luke and daughter Felicity and their families. His wife Jacqui had died a few years ago from motor neurone disease.

SOURCE:

Email, 18 Jul 2019

Mike Curley, Umina Rotary
Wayne Dowdle, Umina Rotary
Interview (Merilyn Vale), 18 Jul 2019
Jeff Eathers, Domain Property Group
Carolyn Barripp, Empire Bay Progress Association
Email, 18 Jul 2019
Shane Neave, CEO, Peninsula Villages



NON EXECUTIVE DIRECTOR

Peninsula Village Ltd is a leading provider of retirement living and residential care services based in Umina on the Central Coast of NSW, with a reputation for providing high quality services. Peninsula Village is embarking on a Board renewal process to prepare the organisation for its innovative and exciting future.

We are seeking individuals with:

Knowledge of Directors' responsibilities - a general understanding of the governance and strategic role of a Board as well as individual Directors' legal, ethical, fiduciary and financially responsible, broad understanding of regulatory compliance issues;

Strategic Expertise - demonstrated ability to contribute to effective decision making by the Board through constructive analysis, problem solving and questioning at a strategic level;

Financial literacy - the ability to read and comprehend accounts and other financial material presented to the Board;

Risk Management - understanding of and the ability to analyse, assess and manage material, strategic and organisational risks;

Personal qualities- should align with Peninsula Villages' Core Values of Integrity, Community, Compassion, Accountability, Respect and Excellence;

Sector knowledge - it is not necessary for Directors to have direct personal or professional connection with Retirement Living and Aged Care. However, a broad understanding of Aged Care and its impact on individuals, families and carers would be an advantage; and

Previous board experience- highly desirable.

Peninsula Village has a well-established Governance structure. The existing Board is well-established, forward-thinking, providing strategic leadership to facilitate the future success, growth and competitiveness of the organisation. New Board members should have experience in at least one of the following areas:

- Accounting / Finance - CPA/CA
- Legal / Contractual
- Aged Care Sector Transformation
- Business Transformation and Mergers / Acquisitions
- Strategic Leadership / Governance
- Customer Service
- Strategic Human Resources

As a not-for-profit organisation, Directors of Peninsula Village Ltd receive no financial compensation, except for specific expenses, for their involvement in the Board.

To obtain further information please contact Chris Westacott by email on chris@realisepperformance.com.au

Applications close 5 pm 5 August.

Peninsula Village Ltd

91 Pozieres Avenue, Umina, NSW 2257



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0439 739 324



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The Pearl Beach Bowlers with Ms Marijke Greenway at the unveiling

Bowlers name scoreboard after John Greenway

The Pearl Beach Bowlers have paid tribute to their fellow bowler, Mr John Greenway, who died earlier this year after a tragic cycling accident.

The bowlers gathered on July 12 to unveil a scoreboard Mr Greenway had created prior to his death.

It has been named the John

Greenway Scoreboard in his memory.

“John was a keen sportsman, an enthusiastic bowler, a great team player and skilled wood designer and craftsman who could put his hand to making just about anything,” said Pearl Beach bowler Mr Robert Lillico.

The scoreboard is located at the Pearl Beach Tennis and Recreation Club and will be used

for both men’s and women’s bowls.

Ms Marijke Greenway, Mr Greenway’s wife of 51 years, was present for the unveiling.

Following the unveiling, those in attendance held a commemorative lunch and reflected on Mr Greenway’s life.

SOURCE:

Media release, 13 Jul 2019
Robert Lillico, Pearl Beach Bowlers

Bush walkers rescued from Little Wobby

A group of bush walkers was rescued from the remote area of Little Wobby, near Patonga, on July 7.

Emergency services received reports at around 7:30pm on July 7 that the group had not been seen or heard from in some time and concerns were held for their safety.

A search and rescue operation commenced between Marine Area Command NSW and local emergency services, including the

Central Coast Volunteer Rescue Squad.

Squad president Mr Joel Dawes said rescue crews spent around three hours searching for the group who were located uninjured around 10:30pm.

The group was then escorted by rescuers to Patonga Wharf.

SOURCE:

Social media, 7 Jul 2019
Joel Dawes, Central Coast Rescue Squad



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A course for women by women

A eight-week course run by women to empower women will begin on July 31 at the Peninsula Community Centre.

Member for Gosford Ms Liesl Tesch is encouraging local women to get involved.

"I encourage all our local women, both young and old, to participate in the Women Empowering Women course to not only benefit yourself, but to also give back to the wider community.

"The course is directly responding to what women need in our area with the 2016 Australian Bureau of Statistics finding a 14 per cent rise in domestic violence on the Central Coast.

"We need to start the cycle of empowered women empowering women to make a difference in our community," Ms Tesch said.

The course outcomes include conflict resolution, values, beliefs, complex issues, resilience, self-esteem, diversity and stereotyping

communication and goals setting.

Women Empowering Women will run from 9:30am to 2pm every Wednesday from July 31 until September 18 and is government subsidised.

Ms Tesch said the course would allow for diverse voices to be heard in the community.

"NSW Labor celebrates voices that have historically not been heard with 50 per cent of our Shadow Ministers now being women."

"We need to encourage more female voices and this course will enable inspiring women to have a louder voice in local and wider issues," she said.

An information session regarding course content will be held from 10am on July 24 at the Peninsula Community Centre for interested women.

SOURCE:

**Media release, 17 Jul 2019
Kajal Buhagiar, Office
of Liesl Tesch MP**



New Rotary club starts on the Peninsula

A new Rotary club has been formed on the Peninsula.

With the philosophy of "come when you can, do what you can", the Rotary Club of Brisbane Water is aimed at people from all walks of life and ages, who may have struggled to juggle the formalities of more traditional Rotary clubs with a hectic schedule.

The club was formed by long-time Woy Woy Rotary Club members Mr and Mrs Peter and Jayne Mote and Ms Paola Liverani.

Mr Mote is president of the new club and said he and the other founding members had been eager to bring a more relaxed style of Rotary to the Peninsula for some time.

Attracting around 25 interested people from a range of backgrounds, the club got the tick from Rotary International and commenced operating at the beginning of July.

"The club will appeal to people who want to join the Rotary family but have always thought it may be too much of a commitment, financially and time wise," Mr Mote said.

"Rotary is no longer just about dinner meetings of professional men and women.

"It is for anyone who wants to make a difference in their community or with some of Rotary's international projects.

"It is also about meeting like-minded people and having fun," he said.

The club will meet semi-regularly at Ettalong Diggers.

"Members can choose to attend either the morning meetings or evening, or both, to allow for people's different circumstances, twice a month," Mr Mote said.

"The emphasis will be on doing Rotary in a different way, with members contributing in any way they are able to, but the Rotary commitment to helping local and overseas communities is still the guiding light of the Brisbane Water Club," Mr Mote said.

The club already has rallied behind local charity Coast Shelter to collect toiletries and donations for the



charity.

The club is actively looking for new members and welcomes everyone of all ages and walks of life to get in touch.

The Peninsula's two existing Rotary Clubs have welcomed the announcement that a third club has launched at Ettalong.

Both the Rotary Clubs of Umina

Beach and Woy Woy have welcomed the news that the Rotary Club of Brisbane Water is now active.

Woy Woy Club president Mr Don Tee and Umina Beach Club secretary Mr Michael Curley both agreed the new club was a boon to Rotary.

"Umina Beach Rotarians have no problem whatsoever with the formation of this new club," said Mr

Curley.

"In fact, we welcome it, as any increase in Rotary membership on any Peninsula Club means an increase in engagement with the Rotary movement in the area which is a good thing."

Mr Tee agreed.

Rotary membership has been in decline on the Peninsula in recent years with both existing clubs actively seeking new members and doing their best to engage more with young people in an effort to see the movement grow.

Both Mr Tee and Mr Curley acknowledged that they could see why a more casual approach to Rotary might appeal to some people but did say the new club was not operating too differently from either of theirs.

"As far as I'm aware, the only thing Brisbane Water Rotary Club does differently than Woy Woy or Umina Beach is meet fortnightly instead of

weekly.

"All Rotary Clubs have taken on a more project-focused approach as of late," Mr Curley said.

Mr Tee said, while it was encouraging to see Rotary growth on the Peninsula, it did come at the expense of his club, with some members opting to join Brisbane Water Rotary Club.

"Rest assured.

"We still have 35 active members and will be continuing with our community work," Mr Tee said.

Mr Curley said no members of Umina Beach Rotary Club had joined the Brisbane Water Club.

SOURCE:

Media release, 17 Jul 2019

**Di Bartok, Rotary Club
of Brisbane Water**

Interviews (Dillon Luke), 18 Jul 2019

Don Tee, Rotary Club of Woy Woy

**Michael Curley, Rotary
Club of Umina Beach**

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Support program for domestic violence survivors

A new eight-week women's support program for domestic violence survivors will be held at the Peninsula Women's Health Centre at Woy Woy starting on August 8 and running until September 26.

The eight-week Surviving to Thriving program will focus on

helping women regain power in their lives and provide a platform for healing and discussion.

The Peninsula Women's Health Centre is operated under the banner of the Central Coast Community Women's Health Centre, a feminist health centre providing services for women by women.

The program has limited places and it is recommended to book in advance.

Childcare is also available but must also be booked in advance.

For more information, call the Centre on 4337 2202.

SOURCE:
Website, 18 Jul 2019
Sally Jope, Central Coast Community Women's Health Centre

Beds 'important' for sporting and ageing populations

The owners of a new mattress and bedding business in Woy Woy have said people forget how important the right bed is.

Partners Mr Dayle Draper and Mr Craig Lawrence said they had been eyeing the Peninsula for years for a site for their business, Lifestyle Mattress and Bedding.

Mr Draper said it was because the Peninsula had large sporting and ageing populations.

"It's a huge sporting area.

"Anyone who plays sport knows the body gets jarred and bashed around," he said.

"If you have the right bed, you'll heal quicker.

"For example, a side-sleeper needs to keep their spine and head

straight.

"If your bed is too soft, you'll wake up sorer than when you went to bed.

"For older people, you need to be able to roll over in your bed easily.

"And people carrying too much weight need a bed that doesn't sag when they sit on it or they're doing their lower back an injustice.

"Your sleep surface needs to fit your lifestyle," Mr Draper said.

Mr Draper said the business would offer good old-fashioned service, even picking up people from their homes if they wanted to visit the showroom.

SOURCE:
Interview (Marilyn Vale), 3 Jul 2019
Dayle Draper, Lifestyle Mattress and Bedding

New president outlines his goals

New president of the Rotary Club of Umina Beach Mr Rouel Vergara, has outlined his goals for the club in his first official report as president on June 26.

"It was such a pleasure and an honour to present my overall plan

to our members of Rotary Club Umina Beach," Mr Vergara said.

"One of my goals for the next 12 months is to further increase awareness of our presence and, at the same time, strengthen our connection with the community as the Rotary Club Umina Beach.

"In order to achieve this goal, there are numerous plans I have indicated that will require smart implementation and follow through in the next 12 months or so.

"This includes marketing campaigns utilising different platforms, in addition to the

connection campaign.

"We also have ongoing and future community projects that will assist us in bridging the gap with the public."

Mr Vergara said: "Focusing on the youth is an integral part of our plans in the coming months.

"One of our main projects this year is the annual Central Coast Youth Charity Gala Ball.

"This year we will be supporting Top Blokes Foundation."

SOURCE:
Newsletter, 3 Jul 2019
Simon Darwin, Rotary Club of Umina Beach



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Ettalong garden beds to get a makeover

Garden beds along Ettalong town centre will get a makeover in time for spring as part of the beautification of Ettalong for entry into the Tidy Town competition.

Peninsula Tourism Partners' president Ms Kim Cole said the group planned to develop a planting schedule for all areas along Ocean View Rd, Picnic Pde Roundabout and Memorial Ave.

The plans will be submitted to Council for approval.

Local landscape architect Mr David Duncan will choose the trees and shrubs for the street scene.

"The days of blooming garden beds are over because of high water usage and maintenance.

"Along the streets of Ettalong I envisage scrubs, selected trees and ground covers," he said.

The Partners also have planned their launch for the 2019-2020

tourism season.

"We are planning the Red Carpet Day in conjunction with a vintage car show, a Christmas lights competition and Santa's special event: Carols on the Sand," Ms Cole said.

"For those residents with a green thumb who want to assist with the beautification project, your help is needed," she said.

A donation from Bendigo Bank Ettalong Beach will help the project.

Branch manager Mr Peter McKeon said it was a perfect opportunity for the bank to help out with funding for the benefit of locals and visitors alike.

To register to help, email kim.cole@ettalongdiggers or call 4343 0140.

SOURCE:

Media release, 1 Jul 2019

Kim Cole, Peninsula

Tourism Partners



Playground opens at Patonga

A new playground has opened at Patonga on the eastern side of the Patonga foreshore, opposite the oval.

The area includes picnic tables, a swing set, swinging nest and linked play equipment.

Central Coast mayor Cr Jane Smith said the new playground would act as a new attraction for both residents and the tourist community when visiting the seaside village.

"This new playground provides a bonus for the kids and families who visit the area and helps promote a healthy outdoor lifestyle

in the fresh air," she said.

Not all residents are happy with the new playground though with some questioning why Council removed the pre-existing swing set from the foreshore.

Council's director Mr Scott Cox said that Council was committed to providing safe quality play spaces for the local community.

"In 2018, Council commissioned an independent audit of all play spaces across the Central Coast to assist with future planning and identify any safety and compliance issues that were required to be addressed.

"A number of sites were considered non-compliant and required the removal of existing equipment including the swing sets that were previously located on the foreshore.

"Council staff worked closely with the local community throughout design development for the new playground to ensure their needs were considered while still delivering a safe, functional play space that complies with current Australian Standards," he said.

SOURCE:

Media statements, 16 Jul 2019

Jane Smith, Central Coast Council

Scott Cox, Central Coast Council



Peter McKeon, Stephen Brooks from Accom Holidays and Kim Cole



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Community Access

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Special lunch for volunteers at restaurant

A local aged care provider has celebrated National Volunteers Week with a special lunch for its volunteers at a restaurant at Umina.

"With more than 45 in attendance for our lunch, it was

a wonderful way to show our appreciation for our volunteers who work across our leisure and lifestyle, transportation and support services at the village," said Peninsula Villages chief executive Mr Shane Neaves.

"While every day we are

thankful for their contribution, we in particular highlight their importance and value for our community organisation during this special week."

SOURCE:

Social media, 23 May 2019
Shane Neaves, Peninsula Villages

Rotary club farewells exchange student

The Rotary Club of Umina Beach has farewelled their Danish exchange student Thyra Jorgensen.

During her year with the club, Thyra has been hosted by families of members while learning about Australian history and culture and travelling around the country.

Her return flight to Denmark departed Sydney International Airport on July 6.

"Thyra has been on quite an adventure visiting most of Australia with interest and eagerness in her heart," said Club president Mr Rouel Vergara.

"Time has gone quickly for Thyra and her emotions have been up and down.

"She is looking forward to seeing her friends and family back in Denmark but is also sad to be leaving her friends and newly made families here.

"For the families who have hosted Thyra, I am sure we all share the same emotions.

"We had a ready-made daughter land on our doorstep and we have had the privilege of seeing her grow into the young adult she is today.

"Thyra's friends are making



plans to try and visit her at some point in Denmark," he said.

SOURCE:

Newsletter, 3 Jul 2019
Simon Darwin, Rotary Club of Umina Beach



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Free screening of Sonic Sea documentary

The Peninsula Environment Group and Save Our Coast are organising a free screening of Emmy Award-winning documentary **Sonic Sea** at the Everglades Country Club at 7pm on Tuesday, July 22.

The screening is part of a campaign to raise awareness about plans to explore for gas off the Coast using seismic testing with powerful sonic blasts.

Peninsula Environment Group secretary Mr Mark Mann said: "Seismic testing is extremely harmful to marine life.

"It can cause severe harm, including deafness and even death, to marine animals such as whales, dolphins and turtles.

"The film **Sonic Sea** reveals the shocking effects of underwater noise such as seismic testing.

"And of course, if they find gas the next step is to build gas rigs and start extracting gas."

Mr Mann said that although the gas industry claims gas has lower greenhouse emissions than coal, this may not be true because of methane leaks during

the extraction, transmission and processing of gas.

"Even if gas is slightly better than coal, gas is still a fossil fuel leading to dangerous global warming.

"We need to stop opening up new gas reserves and switch to zero-emissions energy such as wind and solar, which are now cheaper than gas anyway," Mr Mann said.

"We also have plenty of gas in Australia already, but most of it is exported.

"In fact, Australia is now the world's largest natural gas exporter."

As well as the movie, which lasts an hour, the evening will include a briefing about the exploration plans, and a discussion about how the local community can have a say on the issue.

"We believe most people don't want gas rigs off our beaches," Mr Mann said. "But unless we make our voices heard this is a very real prospect."

SOURCE:
Media release, 17 Jul 2019
Mark Mann, Peninsula Environment Group



Umina Surf Club gets an upgrade

Umina Surf Life Saving Club is getting an upgrade with more equipment storage and a new training space.

Renovation works are ahead of schedule, according to surf club president Mr Stephen Scahill.

Mr Scahill said the upgrades build upon other recent works to improve the club's overall offerings to its members, supporters and the wider community.

These include the recently-

installed wheel chair beach access matting to the beach lookout and soon-to-be-laid matting along the beach access track.

Mr Scahill said the works were being implemented to accommodate the club's rapid growth.

"We've got over 1000 members making us the largest surf club on the Central Coast.

"These new additions will ensure we're able to keep doing

what we do," he said.

The club works are expected to be completed by the beginning of September.

Interested residents can learn more about the upgrade works by visiting Central Coast Council's E-Planning Portal.

SOURCE:
DA Tracker, 16 Jul 2019
DA 54147/2018, Central Coast Council
Interview (Dillon Luke), 17 Jul 2019
Stephen Scahill, Umina SLSC

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NEWSPAPERS

Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

11 JULY 2019 YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369 ISSUE 211

Council has commenced proceedings against the EPA and Verde Terra

In the latest development on the issue of the controversial landfill at Mangrove Mountain, Central Coast Council has commenced proceedings in the Land and Environment Court (LEC) against both the Environment Protection Authority (EPA)

Gosford Private Hospital new owners have plans approved for \$32m upgrade

Gosford Private Hospital has been sold for \$200m to Barwon Investment Partners (Barwon), with former owner, Healthe Care Australia, to continue to operate the hospital on a long term 25 year lease arrangement, with options for up to a

Fibreglass reinforced plastic beach staircase completed

Access to Forrester's Beach has been improved with the construction of a new tiered staircase at the northern end of the beach.

Council adopts Climate Change Policy

Following some fairly heated debate, Central Coast Council adopted its first Climate Change Policy on July 8, with some clauses relating to sea level rise planning and the process of "planned retreat" omitted.

Coronial Inquest into music festival deaths has Coast connections

A Coronial Inquest into music festival deaths, including those of former Narara Valley High School student, Alex Ross-King, and Brisbane man, Joshua Tam, who died after attending the Lost Paradise Music Festival at Glenworth Valley, is

Water bills to be issued quarterly

Residents in the former Gosford LGA will receive their water bills quarterly instead of bi-annually from this month, in line with the same cycle already in place in the former Wyong LGA.

New section of shared pathway at Kincumber completed

A new section of a \$995,000 shared pathway connecting the Kincumber foreshore to Avoca Drive has been completed.

No plans to abandon the use of glyphosate-based weed killers

Central Coast Council has no plans to abandon the use of glyphosate-based weed killers, despite the decision of several Sydney councils to ban the use of the controversial weedkiller, Roundup, which has been linked to cancer, with the other

Jane Bowtell is the 2019 Gosford Woman of the Year

Woy Woy Country Women's Association Branch President, Jane Bowtell, has been named the 2019 Gosford Woman of the Year.

The full articles and more can be seen on line on our website www.centralcoastnews.net. Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 169
17 July 2019

Your independent community newspaper - Ph: 4325 7369

Aero Club fears loss of airport

Central Coast Aero Club and its supporters say they've been pushed into a corner and now realise that "we'll lose the airport if we don't start pushing our own agenda".

Motorists now on newly built permanent northbound lanes on M1

Changed traffic conditions are in place on the M1 Pacific Motorway, approaching the service centre northbound, as work continues on the upgrade between Tuggerah and Doyalson.

Contracts reveal public ripped off in Vales Point sale

Documents released by the State Government have revealed that the 2015 sale of Vales Point Power Station leaves NSW exposed to potentially billions of dollars in liabilities.

Conservation Council has launched legal action against the EPA

The NSW Nature Conservation Council has launched legal action challenging the NSW Environment Protection Authority's (EPA) renewal of pollution licences for Vales Point, Eraring and Mt Piper coal-fired power stations.

Council voted on extra conditions to protect wetlands

Protection of Porters Creek wetland took another step forward when Central Coast Council voted on extra conditions to keep the urban sprawl at bay.

High level Skate Strategy action plan being formulated

Central Coast Council are encouraging the community to have their say on Council's Skate Strategy.

Coal mine protest march to take place

Local environmental groups are coming together for a protest march, on Friday, July 26, to raise awareness of the coal mine that has been approved in a vast section of the Yarramalong and Dooralong valleys, the water catchment supplying

Central Coast has recorded a rise in unemployment

NSW Business Chamber, Central Coast, has said that the latest unemployment figures from the Australian Bureau of Statistics are "a real worry" for the local economy.

Location of an extra primary school in Warnervale has been decided

The location of an extra primary school in Warnervale has been decided, and a concept design is out for community consultation.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

Forum

A century on

I love a coral-bleached coastline,
Of endless scorching days.
This frightful barren landscape
Hasn't seen rain for days.

Water, forever precious,
Is now a scarce resource,
A landscape forever barren?
Will it ever be restored?

The treasure of old growth forest,
More is lost to us each day.
The once pleasant sounds of nature
Are now far, far away.

The country is in turmoil
Not knowing what to do.
Its defenses have been weakened
By you, and you, and you.

The future is now cloudy
Without the nature's voice.
Pennies, cents and dollars
Are never a better choice.

The ASX is booming!
Profiteers are in the game
Nature's rules do not apply.
Shame, shame, shame!

Land and sea are now in peril ...
Since that mighty poem was penned.
Climate change is the adversary,
How will the century end?

A century on from Dorothea Mackellar's famous poem My Country, I expect the next 100 years to be equally dramatic.
Will the planet become space junk?

Letter, 12 Jul 2019
Norman Harris, Umina

TV guide surprise

It was a pleasant surprise seeing the enlargement of the TV guide in the paper.

I'm sure it will be appreciated by many people.

Forum

Well done.

Letter, 16 Jul 2019
Norma Melross, Umina



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Who holds Council accountable?

In response to the article "Outdoor play space upgraded" that appeared in Peninsula News edition 472; we live with constant noise pollution from ventilator fans at the south entrance of the Peninsula Leisure Centre.

This noise has been 24/7 problem since February this year.

So I was surprised to read about the centre's multiple and expensive upgrades outlined by Mr Anthony Burling in this article.

We have made centre staff, Central Coast Council and mayor Cr Jane Smith aware of the noise problem, which is so bad we can't

Forum

sit in our backyard, but so far no one have acknowledged or rectified the problem.

If it is true that an "upgrade to the centre's ventilation system" is on the cards, then the Peninsula Leisure Centre might reach out and communicate the timings of these upgrades to the residents most affected by the noise of their facility and indicate if these upgrades will include soundproofing.

Otherwise, who holds Council accountable when they breach their own noise pollution guidelines?

Email, 8 Jul 2019

Rino Breebaart, Woy Woy

Under-30s cannot continue to live where they grew up

In response to Suraya Correy's letter published in Peninsula News edition 473; if medium density residential threatens to change the character of the Peninsula, then I whole-heartedly welcome it.

Currently, that "character" manifests itself in the form of a whole generation of Peninsula under-30s being completely priced out of the market if they wish to continue to live in the place they grew up.

Before the predictable replies pour in, spruiking the tired old rhetoric of pulling one's self up by their boot straps and telling us to stop spending money on whatever trending item mainstream media has picked as the new "millennials"

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250
or editorial@centralcoastnews.

net See Page 2 for contribution conditions

thing, I took my parents advice, I got a good education and a professional job with great pay, yet here I am approaching 30 with the idea of purchasing my own home as much of a reality for me as walking on the moon.

Just take a look at the local real estate classifieds.

Affordable, liveable, not-a-hotel-room-at-the-Mantra. Pick two.

On the topic of the destruction of "distinctive and variable architectural character of our houses and garden" that's utter rubbish.

If I was able to save the \$70,000 plus deposit to purchase a house and if I was able to afford the monstrous mortgage repayments, what would I have to show for it?

The answer is a rundown, fibro clad shack with no insulation, a sandpit for a garden that has spent the last decade being run into the ground while you play slumlord and where it out to the local unfortunates to rent.

Email, 16 Jul 2019

Michael Ahearn, Umina

Action is needed on eyesore sites

Ocean Beach Rd is the gateway to Umina and just look at it: A derelict site where once was a servo and the burned out wreck of what used to be Umina Mall.

The two sites are eyesores!

But they also pose an even greater risk to Umina - the health and safety risks of asbestos.

As if by some strange coincidence, the old servo and the mall were both subject to arson - the former on 1 Jan 2018 and the latter on 13 Jan 2019.

When asbestos is in a fire it is even more dangerous.

It is referred to as "friable asbestos" and there are strict guidelines on how to handle such

Forum

sites.

I understand that friable asbestos exists on the servo site which is why development of that site is held up and that the Mall site has friable asbestos after the fire.

Something needs to be done and, while Council does have some responsibilities, they are hamstrung by legislation on what they can demand is done within such sites.

I suggest that everyone gets in touch with the local State Member for Gosford Ms Liesl Tesch to express their worry and concern.

Email, 14 Jul 2019

David Keig, Umina

Will quarterly bills disguise water price rises?

Central Coast Council will introduce quarterly water bills from July 1.

I think this is a sneaky way of the Council to raise the cost of water by introducing quarterly bills.

It might be cheap at first but gradually they will rise.

Forum

I remember when our phone bills were six monthly then reduced to quarterly and now monthly.

It was done to increase revenue so people would not notice and I believe it will be the same with the

quarterly water bill.

If you have trouble paying, you can apply for an extension.

I don't remember Central Coast Council sending out a letter informing us about this or asking our thoughts.

Email, 9 Jul 2019

Brian Raffa, Woy Woy

Website provides planning alerts

To help Laurie Powell (Forum Peninsula News edition 472) and others affected by development in their area, there is a wonderful free website which will notify them of any development applications lodged with Central Coast Council.

The website is planningalerts.org.au.

Log in to the site and choose the area you wish covered, and you

Forum

will receive automatic notification of any development applications in that area, so submissions can be made to Council in time.

Whether they take any notice is another matter.

The website is part of the Open Australia Foundation which relies on donations to fund it.

Email, 5 Jul 2019

Rob Burns, Patonga

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	ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	TEN (C13)	SBS (C30)			
Thursday 25 July	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 The Repair Shop [s] 11:00 Gardening Australia [s] 12:00 ABC News At Noon [s] 1:00 The Repair Shop [s] 1:30 Insert Name Here (M s) [s] 2:00 Parliament Question Time [s] 3:00 The Cook And The Chef [s] 3:30 Hard Quiz (PG) [s] 4:00 Think Tank [s] 5:15 The Repair Shop [s] 6:00 The Drum [s] 6:55 Sammy J (PG) [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Escape From The City [s] 9:00 No Offence (M I,v) [s] 9:45 Humans (M v) [s] 10:35 ABC Late News [s] 11:05 The Business [s] 11:20 Wentworth (MA15+) [s] 12:15 Father Brown (PG) [s] 1:05 Parliament Question Time [s] 2:05 National Press Club Address 3:05 Behind The Second Woman	6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Murder In Mexico: The Bruce Beresford-Redman Story" (M) ('15) – Bruce Beresford-Redman, a producer for the reality TV show "Survivor" becomes the prime suspect in the strangulation death of his wife. Stars: Colin Egglesfield 2:00 The Daily Edition [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 7Prime News [s] 7:00 Home And Away (PG) [s] 8:30 Martin Clunes: Islands Of America (PG) [s] 9:30 The Latest Seven News [s] 10:00 The Front Bar (M) [s] 11:00 Autopsy USA: Corey Haim (M d) [s] 12:00 Hannibal: The Great Red Dragon (MA15+) [s] 1:00 Home Shopping	5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Movie: "Stolen" (M I,v) ('12) – A former thief frantically searches for his missing daughter, who has been kidnapped. Stars: Nicolas Cage, Josh Lucas 3:00 NINE News Now [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NBN News [s] 7:00 A Current Affair [s] 7:30 Rugby League: Cronulla Sharks v North Queensland Cowboys "Live" From Suncorp Stadium, Brisbane [s] 9:45 Golden Point [s] 10:45 Lethal Weapon: Duggin' Up Dirt (MA15+) [s] 11:40 Cold Case: 8:03 (M) [s] 12:30 Underbelly: Squizzy: Squizzy Loses The Plot (M I,n) [s] 1:30 Home Shopping 4:00 Ellen (PG) [s]	6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Program To Be Advised 2:45 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 Celebrity Name Game (PG) [s] 6:30 The Project (PG) [s] 7:30 Australian Survivor (PG) [s] – Only a few days on the island and alliances are already starting to form. 9:00 Law And Order: SVU: Transgender Bridge (M) [s] 10:00 Law And Order: SVU: Institutional Fail (M) [s] 11:00 WIN's All Australian News [s] 12:00 The Project (PG) [s] 1:00 The Late Show (PG) [s] 2:00 Home Shopping 4:30 CBS - This Morning	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 6:20 Cycling: Tour De France Daily Highlights 7:30 Worldwatch 12:00 Cycling: Tour De France: Stage 17 "Replay" 2:00 Over The Black Dot 3:05 The Eighties (PG) 4:00 Railways Of The Great War: On Track To Victory (PG) 4:30 The Supervet (PG) 5:30 Cycling: Tour De France Daily Highlights 6:30 SBS World News 7:30 The Great House Revival 8:30 The Handmaid's Tale: Bear Witness (MA15+) 9:30 Cycling: Tour De France: Stage 18 "Live" 1:40 Outlander: The Garrison Commander / The Wedding (MA15+) 3:40 Ride Upon The Storm (M s,v) (In Danish)			
	Friday 26 July	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 The Repair Shop [s] 11:00 Gardening Australia [s] 12:00 ABC News At Noon [s] 1:00 One Plus One [s] 1:30 Ask The Doctor (PG) [s] 2:00 Humans (M v) [s] 3:00 Poh's Kitchen [s] 3:30 Hard Quiz (PG) [s] 4:00 Think Tank (PG) [s] 5:10 The Repair Shop [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Gardening Australia [s] – Jane Edmanson rids her plants of fungus gnats and Josh Byrne explores bushland in Kalgoorlie. 8:30 The Heights (PG) [s] 9:25 Loch Ness (M I,v) [s] 10:10 ABC Late News [s] 10:40 The Business [s] 11:30 Shaun Micallef's MAD AS HELL (M) [s] 11:30 Planet America [s] 12:15 rage (MA15+) [s]	6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Maid Of Honor" (M v) ('06) – An insanely jealous woman wants to prevent her brother-in-law, a widower, from marrying another woman. Stars: Linda Purl, Linden Ashby, Shannon Sturges 2:00 The Daily Edition [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 7Prime News [s] 7:00 Better Homes And Gardens [s] 8:30 Program To Be Advised 11:10 Movie: "The Full Monty" (M n,I,s) ('97) – Robert Carlyle stars in this hilarious comedy about a group of guys who hatch a plan to launch a striptease act in the hope of making some much-needed money. Stars: Robert Carlyle 1:30 Home Shopping	5:30 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Movie: "Perks Of Being A Wallflower" (M d,s,I) ('12) Stars: Emma Watson, Logan Lerman, Ezra Miller, Mae Whitman 3:00 NINE News Now [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NBN News [s] 7:00 A Current Affair [s] 7:30 Rugby League: South Sydney Rabbitohs v St George Illawarra Dragons "Live" From ANZ Stadium, Sydney [s] 9:45 Friday Night Kick Off [s] 10:45 Movie: "Rocky Balboa" (M v) ('06) Stars: Sylvester Stallone, Bub Young, Antonio Tarver 12:45 Making Of Spider-Man Far From Home (PG) [s] 1:00 Extra [s] 1:30 Home Shopping 5:30 A Current Affair [s]	6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Program To Be Advised 2:30 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet With Justine Schofield [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 Celebrity Name Game (PG) [s] 6:30 The Project (PG) [s] 7:30 The Living Room [s] 8:30 Have You Been Paying Attention? (M) [s] 9:30 Akmal - Transparent (MA15+) [s] – See Akmal at his best as he tackles every subject from reality TV, through to politics. 11:00 WIN's All Australian News [s] 12:00 The Project (PG) [s] 1:00 The Late Show With Stephen Colbert (PG) [s] 2:00 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 6:20 Cycling: Tour De France Daily Highlights 7:30 Worldwatch 12:00 Cycling: Tour De France: Stage 18 "Replay" 2:00 The Point 3:00 NITV News: Nula 3:30 Shane Delia's Moorish Spice Journey 4:00 Railways Of The Great War (PG) 4:30 The Supervet (PG) 5:30 Cycling: Tour De France Daily Highlights 6:30 SBS World News 7:30 Equator From The Air: Africa 8:30 Cycling: Tour De France: Stage 19 "Live" 1:55 The Feed: Rebel Clergy 2:55 Magnifica 70 (M I,n,s) (In Portuguese) 3:55 Great British Railway Journeys		
		Saturday 27 July	5:00 rage (PG) [s] 10:00 rage Guest Programmer [s] 11:00 Classic Countdown: 1982 [s] 12:00 ABC News At Noon [s] 12:30 No Offence (M I,v) [s] 1:15 Shakespeare And Hathaway: In My Memory Lock'd (PG) [s] 2:05 Loch Ness (M I,v) [s] 2:50 Silvia's Italian Table [s] 3:30 The Planets (PG) [s] 4:30 Landline [s] 5:00 Escape From The City: Byron Bay NSW: The Ryans [s] – Jo wants enough space to have a veggie patch and chickens. Simon Marrie finds her four special homes to inspect. 6:05 The Heights (PG) [s] 7:00 ABC News [s] 7:30 Shakespeare And Hathaway: The Envious Court (PG) [s] 8:15 Father Brown (M) [s] 9:05 Friday On My Mind (M I,v) [s] 10:35 Pine Gap (M I) [s] 11:35 Poldark (M v) [s] 12:35 rage Guest Programmer	6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show - Weekend 12:00 World's Deadliest Weather: Caught On Camera (PG) [s] 1:00 Program To Be Advised 2:30 Program To Be Advised 4:00 Better Homes And Gardens [s] 5:00 Seven News At 5 [s] 5:30 Border Security - Australia's Front Line (PG) [s] 6:00 7Prime News [s] – Seven News live and comprehensive coverage of breaking news and local, national and international top stories. 7:00 Program To Be Advised 9:00 Program To Be Advised 11:35 S.W.A.T.: Cuchillo (M v) [s] – The team must find four escaped convicts before a rival team finds them. Hondo's leadership is called into question when Street flagrantly disregards protocol. 12:30 Home Shopping	6:00 Ellen (PG) [s] 7:00 Weekend Today [s] 10:00 Today Extra - Saturday (PG) 12:00 Secrets Of The Money Masters (PG) [s] 1:15 Australian Ninja Warrior (PG) 3:00 Netball: Suncorp Super Netball: Firebirds v Lightning "Live" From Brisbane Arena [s] 5:00 National News: First At Five 5:30 Getaway (PG) [s] 6:00 NBN News Saturday [s] 7:00 Movie: "Pirates Of The Caribbean: Dead Men Tell No Tales" (PG) ('17) Stars: Johnny Depp, Javier Bardem, Geoffrey Rush, Brenton Thwaites 9:30 Movie: "Gl Joe: Retaliation" (M v) ('13) Stars: Dwayne Johnson, Jonathan Pryce, Byung-Hun Lee, Elodie Yung 11:40 Movie: "Terminus" (M I) ('15) Stars: Jai Koutrae, Kendra Appleton, Todd Lasance 1:30 Our State On A Plate (PG) [s] 2:00 Home Shopping	6:00 Reel Action [s] 6:30 Escape Fishing With ET [s] 7:00 RPM [s] 8:00 Which Car? [s] 8:30 Seafood Escape [s] 9:00 What's Up Down Under [s] 9:30 Studio 10: Saturday (PG) [s] 12:00 Luxury Escapes [s] 12:30 Healthy Homes Australia [s] 1:00 My Market Kitchen [s] 1:30 Everyday Gourmet [s] 2:30 Pooches At Play [s] 2:30 Good Chef Bad Chef [s] 3:00 The Cook's Pantry With Matt Sinclair [s] 3:30 What's Up Down Under [s] 4:00 The Living Room [s] 5:00 10 News First [s] 6:00 Jamie's 15 Minute Meals [s] 6:30 Bondi Rescue (PG) [s] 7:00 Rugby Union: Wallabies v Argentina "Live" From Suncorp Stadium, Brisbane 10:00 Program To Be Advised 11:30 Supercars: Highlights Ipswich 12:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 6:20 Cycling: Tour De France Daily Highlights 7:30 Worldwatch 1:00 PBS Newshour 2:00 Superbike World Championship 3:00 Cycling: Tour De France: Stage 19 "Replay" 5:00 Cycling: Incycle 5:30 Cycling: Tour De France Daily Highlights 6:30 SBS World News 7:30 Inside Windsor Castle: Four Divorces And A Fire: 1972-1992 (PG) 8:30 Cycling: Tour De France: Stage 20 "Live" 2:05 Movie: "Calvary" (MA15+) ('14) Stars: Brendan Gleeson 4:00 Great British Railway Journeys: Greenock To Larkhall/ Motherwell To Linlithgow	
			Sunday 28 July	6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 9:00 Insiders [s] 10:00 Offsiders [s] 10:30 The World This Week [s] 11:00 Compass: Stroke Stories [s] 11:30 Songs Of Praise [s] 12:00 ABC News At Noon [s] 12:30 Landline [s] 1:30 Gardening Australia [s] 2:30 Michelle's Story (PG) [s] 3:00 Don't Stop The Music [s] 4:00 The Mix [s] 4:30 Everyone's A Critic [s] 5:00 Back Roads [s] 5:30 Anh's Brush With Fame (PG) 6:00 The Repair Shop [s] 6:30 Compass [s] 7:00 ABC News Sunday [s] 7:40 The Planets [s] 8:40 Midsomer Murders (M v) [s] 10:10 David Bowie (M I) [s] 11:45 Shetland (M v) [s] 12:45 rage (MA15+) [s] 1:55 Midsomer Murders (M v) [s] 3:25 David Bowie (M I) [s]	6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 Morning Show - Weekend [s] 12:00 House Of Wellness [s] 1:00 Bricks And Clicks [s] 1:30 World's Deadliest Weather: Caught On Camera (PG) [s] 2:30 Program To Be Advised 4:00 Better Homes And Gardens [s] 5:00 Seven News At 5 [s] 5:30 Sydney Weekender [s] 6:00 7Prime News [s] 7:00 Program To Be Advised 8:45 Sunday Night (PG) [s] 9:45 Program To Be Advised 10:45 Criminal Confessions: Palestine, Texas (M v) [s] – A woman discovers the body of her nephew and investigators must unravel the events that led to his death, but there are three viable suspects and it takes a year to crack the case. 11:45 Heists That Shook The World: The Great Train Robbery (M v) 1:00 Home Shopping	6:00 Harry (PG) [s] 7:00 Weekend Today [s] 10:00 Sports Sunday (PG) [s] 11:00 Sunday Footy Show (PG) [s] 1:00 Netball: Suncorp Super Netball: Magpies v Giants "Live" From Melbourne Arena 3:00 Rugby League: Penrith Panthers v Canberra Raiders "Live" From Panthers Stadium, Penrith [s] 6:00 NBN News - Sunday [s] 7:00 Australian Ninja Warrior (PG) 8:45 60 Minutes (PG) [s] 9:45 Suburban Gangsters: Nik Radev And Dino Dibra: Catch And Kill Your Own (MA15+) [s] 10:45 COPS UK: Body Cam Squad (M v) [s] 11:40 See No Evil: Philip Gattuso (M v) [s] 12:30 Filthy Rich (M I,d,v,s) [s] 1:30 Getaway (PG) [s] 2:00 Home Shopping 2:30 Skippy - The Bush Kangaroo 3:00 Home Shopping	6:00 Religious Programs 7:30 Fishing Australia [s] 8:00 The Living Room (PG) [s] 9:00 Australia By Design [s] 9:30 Studio 10: Sunday (PG) [s] 12:00 Photo Number 6: UK (Part 2) (PG) [s] 1:00 Luxury Escapes [s] 1:30 Everyday Gourmet With Justine Schofield [s] 2:00 Program To Be Advised 3:30 RPM [s] 4:00 Supercars: Highlights Ipswich 5:00 10 News First [s] 6:00 Bondi Rescue (PG) [s] 6:30 The Sunday Project (PG) [s] 7:30 Australian Survivor (PG) [s] 9:00 Program To Be Advised 10:00 Instinct: I Heart New York (M v) 11:00 The Sunday Project (PG) [s] – Join the hosts and our guest panelists as they dissect, digest and reconstitute the daily news, events and hottest topics. 12:00 Home Shopping 4:30 CBS - This Morning	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 6:20 Cycling: Tour De France Daily Highlights 7:30 Worldwatch – Italian News 8:10 Filipino News 8:40 Worldwatch Continues 1:00 Speedweek 3:00 Cycling: Tour De France: Stage 20 "Replay" 5:00 The Bowls Show 6:00 Cycling: Tour De France Daily Highlights 6:30 SBS World News 7:30 Who Do You Think You Are?: Charlie Teo (PG) 8:30 Jack The Ripper: The Case Reopened (M v) 9:35 Catfish (PG) 11:10 Police Custody: Sex And Corruption (M I,s) 12:05 Spiral (M I,n,s) (In French) 2:30 Rivals (M I) 3:00 Cycling: Tour De France: Stage 21 "Live"
					Also see: ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	Also see: 7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66) 7FOOD (Channel 74)	Also see: GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	Also see: 10 PEACH (Channel 11) 10 BOLD (Channel 12)
Programming information correct at time of going to press, changes are at the network's discretion Prepared by National Typesetting Services								

Fresh fruit and fitness offered for team well-being

A program including fitness training, fresh fruit, breast screening and help quitting smoking is being offered for the “team well-being” of its 300 employees by a local aged care provider.

The program aims to recognise the emotional, physical and mental stresses that be experienced by people working in the health sector and was brought about through a grant from NSW Government’s Get Healthy at Work Program.

Peninsula Villages has begun “a journey towards creating a culture that promotes wellbeing in the workplace”, according to its chief Mr Shane Neaves.

“We recognised the need to make a modern change in our staff approach,” he said.

“In total, 51 people have joined the group personal training sessions, with the response from staff being overwhelmingly positive.

“The trainers of the sessions have been praised for their ability to be supportive and non-judgemental, while encouraging attendees to push themselves,” he said.

Another initiative of the program is the pedometer and Fitbit challenge with staff teams competing to walk the most steps during the challenge period.

“The staff that have participated in our steps challenge are quite competitive and it has certainly boosted morale around the Village.

“Participants have noted that they are now more aware of their daily movements and that the challenge has encouraged them to be more active every day.

“Many have also said that the challenge not only helped them physically, but it has had positive effects on their mental state of mind,” Mr Neaves said.

“The traditional approach is to look at ways to support an individual worker once they become unwell.

“But clearly, the smarter way to work is to prevent these problems occurring in the first place by creating a working environment that supports health and mental wellbeing,” he said.

SOURCE:
Media release, 10 Jul 2019
Katey Small, Brilliant Logic



Peninsula Village's step challenge winning team



Staff celebrate anniversaries

An aged care facility in Umina recently celebrated several staff and volunteer anniversaries this June.

Peninsula Villages celebrated milestones for four employees:

lifestyle manager Ms Paula Newman 20 years of service, Ms Sherryl Williams and Ms Louise Clarke 10 years, and Ms Donna Fleming five years.

“We also recognise one of our

volunteers, Deborah Van Breugel, who has been supporting our village for 10 years.”

SOURCE:
Social media, 28 Jun 2019
Shane Neaves, Peninsula Villages

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Health



Mr Mitch Manson with Ms Kathy Beverley

Young employee of the year

Woy Woy physiotherapist Mr Mitch Manson has been named Outstanding Young Employee of the Year at the 2019 Gosford Erina Chamber of Commerce Awards.

Mr Manson works at Brisbane Waters Private Hospital and

hospital chief executive Ms Kathy Beverley attended the awards night with Mr Manson on July 6.

"Congratulations to all the finalists and well done, Mitch," Ms Beverley said.

SOURCE:
Social media, 7 Jul 2019
Kathy Beverley, Brisbane Waters Private Hospital

Killy Cares installs defibrillators

The Killcare community group Killy Cares is installing a number of automated external defibrillators for emergency use in publicly accessible locations across the Bouddi area.

The devices will be installed at locations across Killcare, Hardys Bay, Pretty Beach and Wagstaffe.

Killy Cares committee member Ms Lyndall Jones said these locations are home to a growing population of holidaymakers and permanent residents and the defibrillators could help prevent tragedy in these remote

communities.

"Part of the beauty of the area is its distance from civilisation and suburbia which is fine, until someone takes ill," she said.

"The nearest ambulance station is 20 minutes away.

"This could mean the difference between life and death for someone who suffers a cardiac arrest," Ms Jones said.

Formed in 2014, Killy Cares is a registered not-for-profit charity which draws on a skilled and caring volunteer base to support and assist others in the Bouddi community in times of special need.

A key focus of the group has been raising funds to purchase the defibrillators.

Killy Cares has also provided free CPR and first aid training through St John's First Aid to over 100 members of the community over the past three years.

In some cases the defibrillators will be located in publicly accessible areas on private property, while others will be located in businesses and community buildings.

For a full list of locations, contact Killy Cares.

SOURCE:
Media release, 18 Jul 2019
Lyndall Jones, Killy Cares

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Student leaders seek compost bin

Woy Woy Public School's student leaders are seeking a donation of a compost bin.

They are currently working on a sustainability project involving the school's kitchen garden program and are aiming to reintroduce food and paper recycling into classrooms.

To assist with this, the students need another large compost bin for use in the junior end of the school.

Anyone able to donate a compost bin should contact the school office on 4341 3555.

SOURCE:

Newsletter, 5 Jul 2019
Dan Betts, Woy Woy Public School



Basketball knockout competition

Students from Woy Woy South Public School participated in the PSSA State Basketball Knockout Competition on June 27.

The school fielded both a boys' and a girls' team in the competition and had been training in the

months leading up to game day.

The boys began their campaign with a win over Umina Beach Public School but were defeated, and consequently knocked out, by Gosford East Public School.

The girls team did not win any of their games.

Both teams gained invaluable

experience from their games and got to put into practice the skills they had been training in throughout the year, said school principal Mr Matt Barr.

SOURCE:

Newsletter, 4 Jul 2019
Matt Barr, Woy Woy South Public School



New litter of piglets

Brisbane Water Secondary College's farm has a new litter of piglets.

Acting Umina campus principal Mr Adam Montgomery said students were thrilled to welcome 11 Berkshire piglets which were born in late June.

The farm welcomed twin lambs earlier in the year and Agriculture students were enjoying their hands-on experience rearing the newborn animals.

SOURCE:

Social media, 1 Jul 2019
Adam Montgomery, BWSC Umina

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WHIPLASH AND CHIROPRACTIC

Whiplash is an injury to the soft tissue structures of the neck and spine.

It occurs when there is forceful and sudden movement of the head in any direction.

Most commonly, it is forward to backwards movements, but it can occur with side to side movement as well.

Whiplash is an injury to a variety of different structures of the neck; including muscles, joints, bones, discs and nerves.

Most people recover from whiplash within a few days to weeks, whilst other cases can be more complicated and take months to heal, depending on the structures that have been injured.

Whiplash most commonly produces neck pain.

Other symptoms may include back pain, headaches, stiffness, pins and needles in the arms and dizziness / light headedness.

Whiplash is most commonly caused by car accidents.

But in reality, any sudden impact to the head can cause Whiplash.

At Umina Chiropractic Centre, we have treated a multitude of whiplash injuries of varying natures.

A blow to the head from any impact sports such as football and boxing can produce the same vigorous movement of the head.

Often the injury can be as minor as a tripping over where the head has been jarred.

Trampolining is another common

cause and can be seen in young children.

We have had quite a few incidents where vigorous dancing such as head-banging has been the culprit.

If you suspect you may have a whiplash injury, it is important to have it assessed by a health care professional.

Due to the traumatic nature of a whiplash injury, there is a risk of other injuries to the neck which need to be ruled out before undergoing any type of treatment.

In the short term, to help ease the symptoms, you could try using ice to reduce swelling as soon as possible after the injury and gentle pain free stretching to keep the neck moving.



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Education

Pretty Beach wins public speaking competition

A Pretty Beach Public School student has won the 2019 Hunter Central Coast Multicultural Perspectives Public Speaking Competition.

Pretty Beach's Macyn Van Borssum took out first place at the event and has qualified to represent the Central Coast at the regional final at Lewisham on August 19.

The competition has been running for the past 24 years as a means of developing confidence and public speaking skills in public school students and in fostering an understanding and interest in the multiculturalism present in Australia.

At the regional final, Macyn will be required to present both a prepared speech and an impromptu speech.

The prepared speech must be on a topic selected from a list of multicultural topics presented by the NSW Arts Unit that coordinates the competition.

Pretty Beach Public School relieving principal Mr Dave Rattray said the school was proud of Macyn and wished him luck at the regional finals.

SOURCE:
Newsletter, 4 Jul 2019
Dave Rattray, Pretty Beach Public School



Macyn Van Borssum



Recycled materials used to make sailboats

Kindergarten students from Umina Beach Public School have made sailboats out of recycled materials as part of their Science Unit studies.

Students made their boats from various materials as part of their unit of study "What's it made of?"


According to principal Ms Lyn Davis, students experimented with different materials to design boats

that would float for one minute holding five marbles.

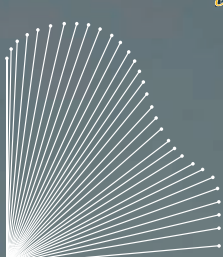
The students worked together in teams and used their creative and critical thinking skills.

The boats were tested on June 28 and all boats lasted for the minute and stayed afloat.

SOURCE:
Newsletter, 2 Jul 2019
Lyn Davis, Umina Beach Public School






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SYDNEY
INTERNATIONAL
PIANO COMPETITION

Kenneth Broberg

American pianist Kenneth Broberg is one of the top six prize winners of the 2016 Sydney International Piano Competition and most recent winner of the silver medal at the Fifteenth Van Cliburn International Piano Competition



Sunday 18 August
2.30pm Concert | Gosford Anglican Church, 3 Mann St, Gosford
11.00am Masterclass | Central Coast Conservatorium, 45 Mann St Gosford
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- Cemeteries

To apply, or to find out more, visit our current vacancies page at centralcoast.nsw.gov.au/careers



Learning woodworking at the Men's Shed

Year 6 boys from Ettalong Public School have been learning woodworking and other skills, courtesy of the Ettalong Men's Shed.

Principal Ms Lynn Balfour said students had been regularly making the trip to the Men's Shed over Term 2 to learn these skills and to take on complete individual woodworking projects.

"The Men's Shed members have been teaching the boys

safe woodworking skills while completing a small project that they can keep as a memento of their visits.

"This is a fabulous initiative which has been successfully operating for a number of years and we hope the partnership continues for many years to come," Ms Balfour said.

SOURCE:
Newsletter, 25 Jun 2019
Lynn Balfour, Ettalong
Public School



A step back in time

Woy Woy South Public School students have completed their history unit, *In the Olden Days*.

Stage 1 students and teachers took a step back in time on July 5 by dressing up in clothes from the past and by engaging in a number of games from those eras including pick-up sticks, snap, concentration, quoits, marbles and elastics.

Students tried writing with a quill and ink and also watched a black and white film.

SOURCE:
Social media, 5 Jul 2019
Matt Barr, Woy Woy
South Public School

Free information session & morning tea for Australians over 50



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Central Coast Council

LET YOUR IDEAS ROLL

SKATE STRATEGY

We are calling on everyone to participate in an online survey, online forum or attend a workshop to help guide the first Central Coast Council Skate Strategy.

This strategy will be used to inform future development, upgrade and maintenance of skate facilities on the Central Coast to meet the needs of our community – now and in the future.

You can get involved in a number of ways!

1. Attend one of the workshops being run across the Coast between **17 July** and **1 August**
2. Complete the online survey before **9 August**
3. Join the conversation in our online forum (closes **9 August**)

Go to yourvoiceourcoast.com/skate-strategy

Central Coast Council

Go to yourvoiceourcoast.com/skate-strategy Online survey closes **9 August 2019**

Out&About



Witches Leap

Double feature at folk club concert

The Troubadour Folk Club is putting on a double feature concert at St Luke's Church Hall, Woy Woy, on July 27.

The club is bringing Celtic-Australian group Witches Leap and veteran songstress Lisa Richards to the Peninsula for the night.

"Witches Leap was born out of the kitchen table sessions of County Katoomba," said Club president Mr Michael Fine.

"The haunting and beautiful music from this trio features the ancient earthy tones of the uilleann pipes, wooden Irish flute and bouzouki, along with acclaimed songwriting from Paddy Connor (Lime and Steel).

Mr Fine said Lisa Richards was an enchanting singer who would bring original compositions to the concert.

"Lisa has recently returned to

Australia after more than 20 years living and performing in the United States.

"She has written and released six albums.

"She's been teaching the art of singing, songwriting and guitar for over 25 years, while continuing to write, record, perform and tour."

SOURCE:

Media release, 17 Jul 2019
Michael Fine, Troubadour Folk Club

Umina CWA tries peach blossom cake

Members of the Umina branch of the Country Women's Association launched their first cooking class on June 30 with participating members getting to try their hand at making a peach blossom cake.

Branch publicity officer Ms Margaret Key said the new cooking program would give members a

chance to learn new recipes and skills in the kitchen while enjoying each other's company.

"Our first cooking class was very successful," she said.

"The peach blossom cake was a delicate and pretty cake and it tasted good too," Ms Key said.

SOURCE:

Social media, 30 Jun 2019
Margaret Key, Umina CWA branch





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Ms Ruth Byrne

Three more artists announced for art show

The Bays Community Group has announced the final three artists who will exhibit at The Bays Art Show.

They are potter Ms Ruth Byrne, and artists Mr Giuliano Balos and Ms Megan Crawley.

Ms Byrne is a potter whose love of pottery has taken her on a landmark adventure across Japan and China.

"There is something special about the moment between a person and a cup of tea in their favourite cup or soup in their favourite bowl.

"For me this is the most important part of my work, once it is out of my hands and being loved and enjoyed by its new owner," Ms Byrne said.

"My work is influenced by my experience with pottery in Japan, China and my home landscape in Australia."

Born in Italy but brought up in New York, Mr Balos' said growing up in a city with one of the most vibrant art scenes in the world heavily impacted his art making.

"The exposure to the art in many of the city's museums and galleries gave me extensive first hand appreciation of famous art works.

"In recent years, my artistic pursuits have focused mainly on pastels and drawing in pencil, ink and mixed media," Mr Balos said.

Mr Balos will be exhibiting pieces in the semi-abstract landscape genre across the mediums of ink, acrylics and pastels.

Ms Crawley is a linework artist that primarily captures the natural world in her art making.

"I draw with linework and pattern as I envisage the world to be.

"Art is connective and deep," she said.

They will join Ms Meg Lewer, Mr Wayne Hutchins, Mr Walter Koppen and Mr and Mrs Malcolm and Luka Vockins as the feature artists for this year's event.

The Bays Art Show exhibition and auction is The Bays Community Group's major annual fundraiser and opened at the Bays Community Hall from 7:30pm on July 19.

SOURCE:

Newsletter, 8 Jul 2019
Cathy Gleeson, The Bays Community Group

Can't wait for the next edition of The Peninsula News to get the latest local news?

Then satisfy that need for free by listening to a podcast of our daily local news bulletin at www.centralcoastnews.net/podcast/bulletin/

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Daily local news as it happens from Central Coast Newspapers

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\$17 Non Members | \$6 Points

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Gravy \$1 extra

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Friday MEGA MEAT RAFFLE

70 PRIZES TO BE WON

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EARLY BIRD DRAW 6PM

MAIN DRAW 7PM

Sunday RAFFLE

TICKETS ON SALE FROM 12:30PM

DRAWN 2PM

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WEDNESDAY NIGHT

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CHILDREN \$1.00
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CLUB UMINA just gets better

Out&About



Car crashes into Umina shopfront

Injury was avoided at Umina on July 7 when a vehicle crashed into the front of a supermarket.

The incident occurred at around 2pm with the car, driven by an "elderly female", mounting the footpath before crashing into

the glass shopfront of the Coles supermarket.

According to Brisbane Water Police District duty officer Sergeant Ben Parle, neither the driver or any pedestrians were injured and the driver was not taken to hospital.

He said the cause of the incident

was not known.

He said attending police did not investigate it as the incident was classified as a "minor accident".

SOURCE:

**Interview (Dillon Luke), 16 Jul 2019
Sergeant Ben Parle,
Brisbane Water Police**

Rotary celebrates birthday of long-serving member

The Rotary Club of Woy Woy recently celebrated the 90th birthday of one of its longest serving members.

"Bruce Judd, one of our longest serving club members, celebrated his 90th birthday at the Kincumber Hotel on July 13.

"Bruce has clocked up 41 years in Rotary having joined our club in 1978.

"Over the years, he was the inspiration for many fundraising events included a successful half-marathon.

"Bruce served as president in 1984-85 and is a Paul Harris Fellow," said Club publicity officer Mr Vic Deeble.

SOURCE:

Newsletter, 16 Jul 2019

Vic Deeble, Rotary Club of Woy Woy

Lunch and show for Memorial Day

Vietnam Veterans' Memorial Day will be commemorated at Ettalong Diggers on August 18 with a memorial lunch and show.

Members of the Vietnam Veterans Peacekeepers and Peacemakers Association of Australia Central Coast Sub Branch march from their office on the corner of Beach St and Broken Bay Rd, Ettalong, from 11:15am to the Ettalong War Memorial Club.

The sub-branch will welcome

the public at the service and the ticketed memorial lunch which follows.

The Ettalong Diggers house band along with vocalists Ms Barbara Montgomery and Mr Dave Pattern will provide themed entertainment: A Tribute to the 60s.

Anyone wishing to attend the lunch should call 4344 4760 for more information.

SOURCE:

Media release, 17 Jul 2019

Alan Ball, VVPPAAC Sub Branch

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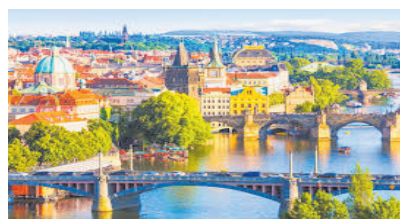
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23 Day China Silk Road & Russia Waterways Tour (Special)

***\$6,880, NOW \$6,680, dept. 12/08/19, incl. 11 day China Silk Road & 12 day Russia Volga River cruise on a deluxe 4* cruise ship.**

13 Day Vietnam Holiday Special Tour (Superb Special)

***\$3,180, NOW fr. \$2,380, dept. from now till Nov. 2019, covering the must-see highlights in Vietnam from North to South.**

23 Day Spain, Portugal & Morocco Vista (Special)

***\$6,280, NOW \$5,580, dept. 11/10/19, including many must-see highlights in Spain, Portugal & Morocco.**

13 Day China Tour with Majestic Yangtze (Special Value)

***\$3,240, NOW \$2,390, dept. 05/09 & 08/10/19, incl. Shanghai, Wuhan, Yangtze River Cruise (balcony cabin on 5 star ship), Chongqing with Panda house visit, Xian & Beijing.**

20 Day Best of Balkan Tour (Good Value)

***\$7,880, NOW \$7,480, dept. 13/09/19, incl. Croatia, Slovenia, Bosnia and Herzegovina, Montenegro, Albania, Macedonia, Bulgaria & Serbia.**

15 Day Vietnam and Cambodia Tour (Special)

***\$3,980, NOW \$3,480, dept. monthly from now till Nov. 2019, incl. many highlights in Vietnam and Cambodia.**

19 Day Central Asia (Five Stans) Tour (Special)

***\$6,590, NOW \$5,890, dept. 18/10/19, incl. Kazakhstan, Kyrgyzstan, Tajikistan, Uzbekistan & Turkmenistan.**

15 Day Russia Waterways Tour (Special)

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Umina retains pool rescue championship title

Umina Surf Life Saving Club has retained its championship title in this year's Surf Life Saving NSW Pool Rescue Championships.

The event saw more than 400 lifesavers from across the state descend on the Peninsula Leisure Centre at Woy Woy for two days of competition on July 13 and 14.

Umina were the defending pool rescue champions going into the competition and fielded the largest team of the event with 46 athletes taking part across the Junior, Open and Masters categories.

Umina excelled across all three divisions earning their overall first place and retaining their championship title with 27 gold medals, 21 silver and 11 bronze.

Standout performers included Davara Marshall, Sienna Sinclair and Ronnie Jordan in the Juniors, Kaylah Holmes, Blake Hessel, Lachlan Braddish and Brock Ray in the Opens and Shelley Smith and Katrina West in the Masters.

Umina Coach Ms Kerry Armstrong-Smith said: "Pool Rescue is a great sport that gives our lifesavers the skills to be able to pick up and carry a patient for a long distance.

"It's a great skill-based training over winter and keeps lifesavers fit over the colder months."

Fellow Umina Club member Mr Harold Marshall said the team was



ecstatic to have defended their Open State Championship title.

"This is a fantastic result for our team and everyone who has worked so hard on developing and

building our Umina Pool Rescue team.

"We have a number of strong athletes who have gone on to represent the state and Australia.

"They have been outstanding and a testament to the foundations set by our coaches," Mr Marshall said.

SOURCE:
Media release, 15 Jul 2019
Donna Wishart, SLS NSW



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COASTAL DIARY

A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

MONDAY, JUL 22

Short Stories: Miriam Cullen,
Gosford Regional Gallery,
Free entry, 22/07 - 31/07,
10am - 4pm

Art on the Peninsula,
Woy Woy Library,
1pm - 3pm

Masks Unveiled: A
CoastCanCare wellness
program,
Gosford Hospital,
Free entry, on till 13/09

Student + Teacher A
Collaborative Exhibition,
Gosford Regional Gallery,
11/07 - 19/07,
9:30am - 4pm

THURSDAY, JUL 25



Roald Dahl's The Twits,
The Art House Theatre,
Ticketed, 25/07 - 27/07,
Multiple Screening's
4335 1485
www.thearthousewyong.
com.au

Council Pop Up,
Wyong Village Central,
10am - 12pm
yourvoiceourcoast.com

FRIDAY, JUL 26

Strictly Ballroom The
Musical,
Laycock Street Community
Theatre, Ticketed,
26/07 - 10/08

Metro Fest - All Ages Live
Band Night,
The Youth Art Warehouse,
Ticketed, 6pm - 10pm
Christmas in July,
The Makers Studio,
Ticketed, 6 - 8pm

Rotary club Toukley: Trivia
Night - Fundraising to
support our youth
programs,
Halekulani Bowling Club,
Ticketed, 7pm

SATURDAY, JUL 27

Troubadour Folk Club -
Witches Leap (Aust)
Celtic Music,
St. Lukes Hall,
Ticketed, 7pm

Central Coast Asthma &
Respiratory Management,
Erina Leagues Club,
Free, 9am - 4:30pm

Christmas in July Race Day,
The Entertainment Grounds,
Ticketed, 11am - 5:30pm

Glenworth Valley's Horses
Birthday Festival,
Glenworth Valley,
Ticketed, 27/07 & 28/07,
9:30am

Get Quizzical for Quolls
Trivia Night,
Australian Reptile Park,
Ticketed, 5pm - 8:30pm

The Makers Studio -
True Grit,
The Makers Studio Central
Coast, Ticketed,
10am - 4pm

Operation Christmas Child
Information Day,
Ettalong Baptist Church,
1:30pm

Create A Still Life,
Gosford Regional Gallery,
Ticketed, 10am - 4pm

SUNDAY, JUL 28

Search For Land Seminar,
Tuggerah Community Hall,
Ticketed, 10am - 3:30pm

JazzLeague: Mike Hallam's
Hot Six,
Central Coast Leagues
Club, Free, 2pm - 5pm

Open Day,
Narara Ecovillage,
Ticketed, 1pm - 3pm

Grace Springs Farm - Farm
Tour & Morning Tea,
Grace Springs Farm,
Ticketed, 9am

WEDNESDAY, JUL 31

SAMSN - Eight Week
Support Group for
male survivors of child
sexual abuse,
Gosford, Free -
Bookings required,
31/07 - 18/09, 6 - 8pm
02 8355 3711
www.SAMSN.org.au

Central Coast Skate
Strategy Feedback,
Umina Surf Life Saving
Club, 6pm - 8pm
yourvoiceourcoast.com/
skate-strategy

THURSDAY, AUG 1

Central Coast Skate
Strategy Feedback,
Erina Centre,
6pm - 8pm
yourvoiceourcoast.com/
skate-strategy

FRIDAY, AUG 2



Night Fever - A Tribute
to the Bee Gees,
The Ettalong Diggers,
Ticketed, 8:30pm
4343 0111
www.ettalongdiggers.com

Kiki Dee with Carmelo
Luggeri,
The Art House Wyong,
Ticketed, 8pm

Gutsy Girls Adventure Film
Tour 2019,
Avoca Beach Picture
Theatre, Ticketed,
7pm

Rugby League The Musical,
The Art House Wyong,
Ticketed, 8:30pm

Tuggerah Lakes U3A
presents a Talk on
'Switzerland - Its Neutrality
& role in WW2'
The Entrance/Long Jetty
RSL Hall, 10am - 12pm

Aussie NightMarkets,
The Entertainment Grounds,
5pm

SATURDAY, AUG 3

Free Chemical Cleanout
Drop Off,
Charmhaven Council
Depot, 03 & 04/08,
9am - 3:30pm
www.cleanout.com.au

Wildplant Community
Nursery,
CEN Office Ourimbah,
9am - 12pm

Carnevale 2019 Exhibition,
The Art House Wyong,
03 - 29/08

1979 - The Hits,
The Art House Wyong,
Ticketed, 8pm

SUNDAY, AUG 4



Vince Jones,
Ettalong Diggers,
Ticketed, 5pm
4343 0111
www.ettalongdiggers.com

Fun! Fun! Fun! Concert,
Toukley Presbyterian
Church, Donation entry,
2pm

The Food and Wine Festival,
Mt Penang Gardens and
Event Park, Free entry,
11am - 5pm

Jazz Vocalist - Vince Jones,
The Ettalong Diggers,
Ticketed, 5pm

TUESDAY, AUG 6



Diplomacy,
The Art House Wyong,
Ticketed, 6/08 - 8pm,
7/08 - 2pm
4335 1485
www.thearthousewyong.
com.au

WEDNESDAY, AUG 7

Open Day!
Living Choice
Broadwater Court,
Meet at Treeview
Estate, 10am - 12pm
RSVP 1800 064 344
or email sales@livingchoice.
com.au

THURSDAY, AUG 8

ThinkingBIG Central Coast
Innovation Summit,
The Showroom Mingara
Recreation Club, Ticketed,
7:30pm

FRIDAY, AUG 9



Shannon Noll -
The Singles Tour,
Ettalong Diggers,
Ticketed, 8:30pm
4343 0111
www.ettalongdiggers.com

SATURDAY, AUG 10



Steve Smillie & Friends,
Robert Knox Hall CC
Conservatorium
Gosford, Ticketed,
7:30pm, 4324 7477
www.trybooking.com/BBHXX

Free Chemical Cleanout
Drop Off,
Mount Penang Event
Park, 10 & 11/08,
9am - 3:30pm
www.cleanout.com.au

2 Day Workshop -
Charcoal & ink artwork on
plywood,
Yarramalong Store & Cafe,
Ticketed, 9:30am

Saturday Night Spectacular:
Cash Up Front - The Johnny
Cash Show,
The Royal Hotel Wyong,
Ticketed, 8:30pm

Wine, Cheese and Chat,
Narara Ecovillage,
5pm - 6:30pm

Alliance Française
Conversation Group,
Erina League Club, 10am
- 12pm

Point Clare Car Boot
Market,
Fairhaven Central Coast,
9am - 2pm

SUNDAY, AUG 11

Handmade on the Coast,
Woy Woy Wharf,
9am - 2pm

Country Music Festival
2019,
The Waterfront Plaza
and Memorial Park,
10am - 4pm

A Taste Of Ireland,
The Art House Wyong,
Ticketed, 7:30pm

South Sydney Rabbitohs v
Melbourn Storm,
Central Coast Stadium,
Ticketed, 4pm

TUESDAY, AUG 13



Grigoryan Brothers
- Past, Present and
Future,
The Art House Wyong,
Ticketed, 8pm
4335 1485
www.thearthousewyong.
com.au

WEDNESDAY, AUG 14

Free Information
Session and Morning
Tea - Going Online for
Over 50's,
Kariong Neighbourhood
Centre, Booking's
required, 10am - 12pm
4340 1724
admin@knc.net.au

Tenori - Timeless,
Laycock Street Theatre
Auditorium,
Ticketed, 11am

Stepping Out - Tap-Dancing
Comedy With Two Left Feet,
Laycock Street Theatre
Auditorium Gosford,
Ticketed, 14 - 16/08,
2pm & 8pm

THURSDAY, AUG 15

Hitler's Daughter,
The Art House Wyong,
Ticketed, 16/08 - 16/08,
Multiple Screening's

Soweto Gospel Choir:
Freedom,
The Art House Wyong,
Ticketed, 7:30pm

FRIDAY, AUG 16

Sydney Comedy Festival
Showcase,
The Art House Wyong,
Ticketed, 8pm

Top Dog Film Festival
Avoca,
Avoca Beach Picture
Theatre, Ticketed,
7pm - 9:30pm

Tuggerah Lakes U3A
presents a Talk on:
The Call of the Outback -
Daisy Bates &
Ernestine Hill,
The Entrance/Long Jetty
RSL Hall, 10am - 12pm

Glenn McKimmin's
Art Exhibition: Shadow &
Light,
Ken Duncan Gallery,
Free, 16/08 - 25/08,
10am - 5pm

Australasian Native Orchid
Society: Spring Show,
Narara Valley Nursery,
16/08 - 18/08

SATURDAY, AUG 17

The Donnica Clarke
Foundation: 12th Annual
Charity Masquerade Ball,
Mingara Recreation Club,
Ticketed, 7pm

Woy Woy Football Club
Fundraiser,
Everglades Country Club
Woy Woy, 5pm

SUNDAY, AUG 18



Sydney International
Piano Competition Of
Australia,
Gosford Anglican
Church, Ticketed,
2:30pm, Masterclass -
12pm, 4324 7477
www.trybooking.com/BBHXX

Kiki Dee with Carmelo
Luggeri,
Laycock Street Theatre
Auditorium, Ticketed,
8pm

Vietnam Veterans'
Memorial Day,
The March on Ettalong
waterfront - 11:15am,
Memorial Lunch & Show at
the Ettalong Diggers
Ballroom, ticketed -
12:30pm

Toukley Torch Bearers Fete,
Memorial Hall Toukley,
8am - 1pm

Grace Springs Farm - Farm
Tour & Morning Tea,
Grace Springs Farm,
Ticketed, 9am

TUESDAY, AUG 20



My Urrwai by Genoa
Gela,
The Art House Wyong,
Ticketed, 11am & 8pm,
4335 1485
www.thearthousewyong.
com.au

WEDNESDAY, AUG 21



Faulty Towers - The
Dining Experience,
Ocean Beach Hotel
Umina, Ticketed,
7pm, 4341 2322
www.obhotel.com.au

FRIDAY, AUG 23

Peter Williams Medium
Live,
Laycock Street Theatre Don
Craig Room, Ticketed,
7pm

Stepping Out - Tap-Dancing
Comedy With Two Left Feet,
The Art House Wyong,
Ticketed, 23 - 24/08,
2pm & 8pm

Leaving Jackson: The
Johnny Cash & June Carter
Show,
Laycock Street Theatre
Auditorium, Ticketed,
7:30pm

SATURDAY, AUG 24

Blues on the Mountain
featuring Karen Lee
Andrews,
Mangrove Mountain Hall,
Ticketed, 6pm



Songs of Paul Simon -
Simon & Garfunkel to
Graceland,
Laycock Street Theatre
Gosford, Ticketed,
8pm, 4323 3233
www.centralcoast.nsw.gov.au/
theatres/whats-on

COSS Connections
Guided Bird Walk,
Rumbalara Reserve,
Ticketed, 8am - 11am
4349 4756

The Rotary Club Of Wyong
Tuggerah - Come Celebrate
our 70th Birthday,
Wyong Golf Club, Ticketed,
6pm

Central Coast Kids in Need
trivia night - Inspired by
Lyzer,
Mingara Recreation Club,
Ticketed, 6:30pm

SUNDAY, AUG 25

The Sydney Welsh Choir,
Auditorium of Wyong
Christian Community
School, Ticketed,
2:30pm

THURSDAY, AUG 29

Council Pop Up,
Lakehaven Shopping
Centre, 10am - 12pm
yourvoiceourcoast.com

SATURDAY, AUG 31

The Swinging Sixties,
Central Coast Leagues Club
- Parkview Room, Ticketed,
8:30pm

SATURDAY, SEP 7

Bellbirds Charity - Glitz &
Glam Dinner Dance,
Avoca Beach Surf Club,
Ticketed, 7pm - 11:30pm

The Hits of the Crooner,
Laycock Street Theatre
Auditorium, Ticketed,
8pm

Saturday Night Spectacular:
Marina Prior,
The Royal Hotel Wyong,
Ticketed, 8pm

School Spring Fair,
Central Coast Grammar
School, Free entry,
9am - 4pm

Bonsai Open: A Premier
Bonsai Event,
Mingara Recreation Club,
9am - 5pm

Basic entries in the Coastal Diary are **FREE**. Send information to coastaldiary@centralcoastnews.net
ENHANCED entries using bold typeface with an address, phone number and a live link are available for a small fee.
Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.



The Saratoga Hawks and the Peninsula Swans in their pink socks

Peninsula Swans raise \$1000 with pink socks

ADVERTISING

For all the Garden Lovers it's time to plan your Spring escape!

September is the season that all garden lovers look forward to. And this year **Road Runner Tours** have two great trips to choose from. The **Tesselaar Tulip Festival & Dandenong Ranges** is a 10 day tour taking in the beautiful flowers on show where more than a million Spring flowers will be on display including more than half a million Tulips. You will also get to discover some of the sights and sounds of Melbourne – visiting the Dandenong Botanic Gardens, the Yarra Valley and a trip on board a Paddlesteamer on the Murray River. And being Melbourne they also included stopping in at the Queen Victoria Markets for the food lovers, and be ready for an array of sights and places you will get to visit on this tour.

Keeping with the Spring season the **Canberra & Floriade Tour** is a 5 day chance to see the gardens both at the Floriade but also the Tulip Top Gardens at their finest time of year. You will also get to see our Capital's attractions like our amazing War Memorial, National Film & Sound Archives, Cockington Green and a boat tour on Lake Burley Griffin to mention a few. There are 11 great places you will get the chance to visit and enjoy at a leisurely pace on this trip. Both these amazing tours can be visited on the Road Runner Tours website with a full itinerary. Or if you prefer contact them today. www.roadrunnertours.com.au
Phone: 02 4353 9050

COACH TOURS

Day Trips

All pickups from Doyalson to Woy Woy

Oakvale Farm

5 Sept 2019
• A menagerie of Australian native, domestic and exotic animals

\$76 pp

Australian Pioneer Village

25 Sept 2019
• Step back in time to explore early Australia

\$56 pp

Lunch at Doyles – Watsons Bay

21 Oct 2019
• Take the ferry from Circular Quay to the famous Sydney Landmark

\$100 pp

Mystery Day Trip

7 Nov 2019

\$77 pp

The Hawkesbury Paddlewheeler Christmas Lunch

5 Dec 2019

\$90 pp

Live Shows

*A Reserve Seats. All matinee shows.

Chicago

28 Aug 2019 / Capitol Theatre

\$114 pp

Billy Elliot

4 Dec 2019 / Lyric Theatre

\$124 pp

Free home pick-ups south of the Hunter River, east of M1 and all Central Coast – extended tours only. Conditions apply.

BOOK TODAY

4353 9050

www.roadrunnertours.com.au

ROAD RUNNER
Leisure Tours

Travel Australia at 'see' level!

The Peninsula's junior Australian Football League club, the Peninsula Swans, have announced the final total of their Pink Socks Day fundraiser.

The club held its Pink Socks Day on Mother's Day to raise funds for breast cancer treatment and research.

This year the Swans held a cake stall and sold raffle tickets to bolster their efforts and have revealed the final tally for this year's campaign came in at \$1000.

It's \$400 more than what the Swans raised last year.

The Saratoga Hawks Junior AFL Club, their rivals on the day, also donned pink socks in support of the cause.

"It was great to see all players from the two clubs wearing pink socks," said Peninsula Swans Club president Mr Jason Fulwood.

"As community sporting clubs, it's important to be able to give back to the community where we can.

"We have a five-year strategy of encouraging kids of all backgrounds to join in and have fun and also making the club a family friendly environment.

"The Mothers Day event is an example of what we are trying to achieve with the club," he said.

The funds from Pink Socks Day 2019 have been donated to the McGrath Foundation.

SOURCE:

Media release, 8 Jul 2019

Cherie Cattley, Peninsula Swans Junior AFL Club



RESTORE SIGHT FOR JUST \$25
4 OUT OF 5 PEOPLE WHO ARE BLIND DON'T NEED TO BE

DONATE NOW
1800 352 352
HOLLOWSONG.ORG.AU

The Fred Hollows Foundation



A TRIBUTE TO THE BEE GEES

FRIDAY 2ND AUGUST

TICKETS FROM \$25 | DOORS OPEN 8PM



SUNDAY 4TH AUGUST

TICKETS FROM \$40 | DOORS OPEN 4.30PM

SHANNON NOLL

FRIDAY 9TH AUGUST

TICKETS FROM \$40 | DOORS OPEN 8PM

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Ettalong
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(02) 4343 0111

FOLLOW US



Directory - Not for profit Community Organisations

Art & Culture

Central Coast
Art Society
Weekly paint-outs
Tues 0428 439 180.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

Central Coast
Handweavers,
Spinners and
Textile Arts Guild
Spinning and weaving,
patchwork and quilting, felting
and other fibre and fabric
crafts, community quilting
bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art
& Crafts Centre
Adult classes in Pottery
Watercolours, Oils, Acrylics,
Pastels, Silvercraft,
Patchwork & Quilting
0412 155 391
www.ebacc.com.au
ebacc.email@gmail.com

Hospital Art
Australia Inc.
Meet every Tue and Fri
9am-2pm - 109 Birdwood
Ave, Umina - Painting and
Canvas drawing. Volunteers
welcome
0431 363 347
hospitalartaustralia.com.au

Community Centres

Peninsula Community
Centre
Cnr Ocean Beach Rd &
McMasters Rd Woy Woy
Activities, programs and
support groups for children,
teens, adults and seniors
including occasional care,
playgroups, dance classes,
karate, fitness classes, youth
services, gambling solutions,
internet kiosk and social
groups.
4341 9333
www.coastcommunityconnections.com.au

Empire Bay Probus Club
Friendship, fellowship,
and fun in retirement.
Very active club, outings,
excursions, dining - 3
times a month
1st Thur 1.30pm
Empire Bay Progress Hall
Visitors Welcome.
0419 252 708

Ettalong 50+ Leisure
& Learning Centre
Cards, Chess, Choir, Creative
Folk Art, Dancing, Darts,
Handicraft, Handicrafts,
Indoor Bowls, Leatherwork,
Line Dancing, Mahjong,
Painting, Rummikg,
Scrabble, Table Tennis,
Ukulele, Women's Shed,
4304 7222

Central Coast
Community
Legal Centre
Not for profit service providing
free legal advice.
Monday to Friday
9am to 5pm
4353 4988
contact@centralcoastclc.org.au

Point Clare
Community Hall
Community Garden -
Playgroup
Craft and Exercise Groups
Function or Meeting Hire
Managed by Gosford

Regional Community
Services
Enquiries regarding hire to
4323 7483
accounts@gosfordcommunity.org.au
www.gosfordcommunity.org.au

Community Groups

ABC "The Friends"
Support group for Public
Broadcaster.
Aims: Safeguard ABC's
independence, adequate
funding, high standards.
Meetings through the year +
social afternoons
Well-known guest speakers
4341 5170
www.fabcnsw.org.au

Central Coast
Caravanners Inc
3rd Sun Monthly
Visitors - New Members
welcome, Trips Away, Social
Outings, friendship with like
minded senior folk - Details
from Geoff
0447 882 150

Central Coast 50+
Singles Social Group
Ladies & gents dinner,
dancing - BBQs & socialising
each w/end. Monthly
programme for all areas
0412 200 571
0437 699 366
0407 031 013
50psgg@gmail.com

CCLC Indoor Bowls
Mon - Ladies Social
Wed Night - Mixed Social
Sat - Mixed Social
New members welcome -
tuition given
level 2 Central Coast
Leagues Club
4334 3800

Freemasons
Who are they?
What do they do?
Find out about the world's
oldest fraternal organisation
and how we help our
community.
Gosford Masonic Centre
86 Mann St Gosford
www.tcd2001.org

Peninsula Village
Playgroup
Carers, Grandparents,
parents & children
'Intergenerational Playgroup'
Tues 10-11.30am
4344 9199

Peninsula School
for Seniors
Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft,
history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Seniors Computer Club
Central Coast
A non-profit seniors club
to help members master
computers, tablets,
phones and keep up
with grand children
Friendly Volunteer Helpers
scccc@internode.on.net
Google sccccincumber
4307 9421

Seniors Social and
Friendship Club Inc
Meets 2nd Mon
Regular monthly social
activities as well as day
outings and short breaks
away, organised by
individual members.
4322 7588 or 0427 404 322

The Krait Club
Community Centre - Cooinda
Village, Neptune St, Umina

10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest
speakers, entertainment and
bus trips - 4344 3277

The NSW Justices
Association Inc
Seeking JP volunteers for
Community JP Desks in
Central Coast Shire.
Free training and
insurance
provided.
0418 493 388
benefits@nswja.org.au

Umina Beach
Men's Shed
Men share a variety of tools,
pursue interests and hobbies,
spend time with other men
and learn new skills
Darrell 4342 9606

Volunteering
Central Coast
Refers potential volunteers
to community orgs. Supports
both volunteers and
community orgs. Training for
volunteers & their managers.
4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare
Community
Protect and preserve the
environment & residential
nature of the Bouddi
Peninsula and to strengthen
community bonds
2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Entertainment

Frantastics Choir Inc
High quality variety
entertainment available for
matinee
bookings at your venue.
New members welcome.
1pm Mondays during school
terms
Walter Baker Hall, Woy Woy
4343 1995
www.frantastics.org

Health Groups

Al-Anon
If someone's drinking is
causing you problems...
Al-Anon can help
4344 6939
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW
Woy Woy support group
Ettalong Bowling Club
Springwood Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing
Australia - Central
Coast
Hea ring loss management
Support and educational
groups providing practical
experience and confidence
Learn the benefits of hearing
aids - 4321 0275

BlueWave Living
Woy Woy Community
Aged Care facility providing
residential aged care to the
frail aged.
Permanent and respite care
accommodation available.
Information 2nd and 4th Tues
- 11am - 4344 2599
reception@bluewaveliving.org.au

Central Coast
Parkinson's
Support Group
We aim to help individuals
and their families better

manage living with
Parkinson's Disease
Guest speakers are a regular
feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions
Gambling help counsellors
providing free confidential
professional service to
gamblers, family and friends.
Woy Woy, Kincumber,
Gosford and The Entrance
4344 7992

GROW Support Groups
Small friendly groups formed
to learn how to overcome
anxiety, depression and
loneliness and to improve
mental health and well-being.
Anonymous, free and open
to all. Bring a support person
if you like. Weekly meetings
at Woy Woy, Bateau Bay and
Wyong
1800 558 268
www.grow.org.au

Meals on Wheels
Delicious meals delivered
free - Join us for a midday
meal - Help with shopping
and cooking classes
4341 6699

Mary Mac's Place
Providing hot, freshly cooked
meals - Mon to Fri 11am-1pm
with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters
Anonymous (OA)
12-step fellowship for those
with eating disorders. No
dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
0412 756 446
www.oa.org

Peninsula Village
Wellness Centre
Offering holistic and
complementary therapies
including aromatherapy,
massage and music therapy
4344 9199

Peninsula Village Meals
Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village
Carer's Support Group
For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer
Support Group
(Gosford)
Last Fri, Terrigal Uniting
Church, 380 Terrigal Drive,
Terrigal
9.30am to 12 noon
4367 9600
www.pcta.org.au

Schizophrenia and
Bipolar Fellowship
For Schizophrenia/Bipolar/
Mental Health sufferers,
family, carers and friends. .
1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Stroke
Recovery Club
Everglades Country Club
2nd Tues 11am
Company, up-to-date info,
hydrotherapy, bus trips
1300 650 594

Music

Brisbane Water Brass
Brass Band entertainment
for the community playing all
types of popular music.
Rehearsal every Tues
7.30pm-10pm
0419 274 012

Coastal a Cappella
Vibrant women's a cappella
chorus. New members
welcome - music education
provided. Rehearsals.
Tues 7pm Gosford Tafe
Performance opportunities
Hire us for your event
0412 948 450
coastalacappella@gmail.com

Soundwaves
A cappella harmony for Men
- new members welcome.
Rehearsals Mondays 7.00pm
to 9.30pm Central Coast
Leagues Club, Dane Drive,
Gosford
Ring Max on 4324 3631
or Kieran 4324 1977

Troubadour Central
Coast Folk, Traditional
& Acoustic
Music and Spoken Word
Concerts, Ukulele meets, and
Sessions
4th Sat 7pm CWA Hall Woy
Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party
Political discussions, national,
state and local government
issues

Umina Ettalong Branch
2nd Mon Umina Beach
Bowling Club 7.30pm 4342
3676

Ourimbah/ Narara
Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch
Everglades Country Club
7.30pm 2nd Mon
Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Liberal Party of
Australia
Woy Woy Branch
4th Thur 6.30pm
Everglades Country Club
woywoyliberals@gmail.com

Central Coast Greens
Active regarding ecological
sustainability, social &
economic justice, peace &
non-violence, grassroots
democracy & getting
Greens elected

3rd Thur
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy
3rd Mon.
Woy Woy Leagues Club
Make new friends and
have fun while serving your
community.
0478 959 895

Rotary Clubs
International service club
improves lives of communities
in Aust. & o/seas. Fun-filled
activities, fellowship and
friendship.

Rotary Club of Kariang
Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861
Rotary Club of Woy Woy
Tues 6pm Everglades
Country Club.
Don Tee 0428 438 535

Special Interest

Bridge
Duplicate Bridge Mon Tue
Thur Fri Sat-12.15pm
& Wed 9.15am
Brisbane Water Bridge Club,
Peninsula Community Centre
93 McMasters Rd.
Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie
50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy,t
7.30pm. Proceeds to Woy
Woy Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family
History Society Inc.
Resources, information
& advice to study your
family's history.
1st Sat 1pm Lions
Community Hall, 8 Russell
Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast
Tenants' Advice and
Advocacy Service
Help with issues with
landlords & real estate
agents? Free telephone
advice and advocacy for
all tenants and residents in
residential parks.
4353 5515
cctaas@hotmail.com

Central Coast
Rescue Unit
Marine Education Courses.
Radio Licenses, Boat
Safety & Boat License
& PWC License Tests,
Navigation, Seamanship and
Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast
Soaring Club Inc
Gliding Club, Learn to fly,
Instruction FREE to members
Come and have an Air
Experience Flight
All Welcome
14 and up for Training
Flying at Bloodtree Road
Mangrove Mountain Thur,
Sat, Sun (weather permitting)
0412 164 082
0414 635 047
www.ccoas.org.au

Ettalong Toastmasters
We provide a supportive and
positive learning experience in
which members are
empowered to develop
communication and
leadership skills, resulting in
greater self-confidence and
personal growth
2nd & 4th Tue, 7:30PM,
Ettalong Diggers
0408 416 356

Peninsula
Environment Group
Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops,
organic food buying group
www.peg.org.au

Central Coast
Goju-Kai Karate
Traditional Karate & Self
Defence for Teens & Adults
No Contracts, Cheap Rates
Wamboral - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-
kaikarate.com.au

Woy Woy Judo Club
Mon & Fri -Beginners
From 4:30pm
Tue & Thur - graded classes
4:30pm - 8:30pm
27 Bowden Road Woy Woy
Min Age 3 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo
Veterans Association
1st Sat (except Jan) 10.30am
Umina Club
Melbourne Avenue
Umina Beach
4342 1107

The Partners of
Veterans Association
of Australia Inc Central
Coast Sub Branch
4th Tues - 10am-1pm
Kincumber Neighbourhood
Centre, 1/20 Kincumber St
Kincumber
Support Network for Partners
of Past and present Australian
Defence Forces
0403 499 905

Veterans' Help Centre'
Assist all veterans &
families with pension &
welfare issues.
Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay
Rd & Beach St Ettalong.
centralcoastveterans@bigpond.com

Woy Woy Ettalong
Hardy's Bay RSL
Provide help with pensions
and welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am
to 1pm 4341 2594

Women's Groups

Country Women's
Association Umina
2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays
12.15pm
0416 193 070 - 4340 1746

Country Women's
Association Woy Woy
30 The Boulevard, Woy Woy
Craft & Friendship: 1st, 2nd
and 3rd Wed 10AM.
Meetings: 4th Wed 10AM.
Ph: 0411 434 785
woywoyowa@gmail.com

Peninsula Women's
Health Centre
Counselling, therapeutic and
social groups, workshops,
domestic violence and abuse
issues. All services by women
for women
4342 5905
www.cccwhc.com.au

NEWSPAPERS

Central Coast

If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.



Shahida takes out Women's Open in calisthenics

Brisbane Water Secondary College student Shahida Wenham, 15, has taken out the Women's Open at the Australian Freestyle Battle Titles.

The titles were held in Brisbane on July 13-14, with Shahida beating out a host of older more experience competitors to take the

title.

Shahida trains six days a week with Central Coast Calisthenics at Umina PCYC.

Her coach Mr Chris Nixon said he was thrilled with the result.

"Shahida has put an amazing amount of hard work leading up to the competition.

"She was the youngest competitor amongst the women,

and her strong background in gymnastics gave her the edge in the comp," Mr Nixon said.

Shahida is now in training to defend her title when the next Australian Freestyle Battle event takes place in Melbourne later this year.

SOURCE:

Media release, 18 Jul 2019
Chris Nixon, Central Coast Calisthenics

THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- **Affordable Roof Solutions**
- Brad Sedgewick Ettalong
- **Depp Studios** -
Formerly of Umina
- **Tony Fitzpatrick** trading
as Futurtek Roofing
- **Stan Prytz** of ASCO
Bre Concreting
- **Andrew and Peter Compton**
- **Bruce Gilliard Roofing**
of Empire Bay
- **Jamie McNeilly** formerly of
Jamie's Lawn Mowing, Woy Woy
- **William McCorriston** of
Complete Bathroom Renovations
- **First Premier Electrical
Service** of Umina Beach
- **High Thai-d Restaurant**
of Umina Beach
- **Mal's Seafood & Charcoal
Chicken** of Ettalong Beach
- **Simon Jones** - All external
cleaning and sealing services
- **Erroll Baker**, former
barber, Ettalong
- **Tye King** - Formerly The
Fish Trap Ettalong Beach
- **Jessica Davis of Erina** - Trading
as A1 cleaning services
- **Simon and Samantha
Hague**, Trading as By the
Bay Takeaway Empire Bay
- **Rick Supplice** of Ettalong Beach,
Trading as Rick's Flyscreens
- **Mountain Mutts** - Monique
Leon, Ettalong Beach
- **RJ's Diner** - Ryan
Tindell of Woy Woy
- **Thomas James Clinton**,
Trading as TMA Products &
AthroBalm & Effective Business
Solutions of Ettalong
- **Greenultimate Solar PTY LTD**
- **Decorative Fabrics &
Furnishings** - Steve
McGinty, Wyoming
- **Menhir Tapas & Bar PTY LTD**
- **Dean Lampard** - Trading
as Lampard Painting
- **Callum McDonald** - Trading
as Sunset Decks
- **Linda Smith**, Bookkeeper
Horsfield Bay
- **Emma Knowles** -
Blacksmith NSW
- **Mulla Villa PTY Ltd**
- **Jessica Wheatcroft** trading as
Wheatcroft Advertising
- **Peter Zing**, Singapore Zing Cafe
- **Pruksra Thai Massage**, Woy
Woy
- **Dale Arurlilac**, Woy Woy
- **Craig Lack** Fencing

Woy Woy beaten 67 to nil

Woy Woy has suffered its most severe defeat in recent memory during Round 13 of the Central Coast Rugby Union Competition, going down 67 points to nil against Ourimbah.

Central Coast Rugby Union publicity officer Mr Larry Thomson said Ourimbah dominated the game from start to finish.

"Ourimbah controlled proceedings from the opening whistle and went to the halftime break leading by 36 points to nil.

"Woy Woy did play a little better

in the second half but the match was well and truly gone by that stage.

"Best on the field for Woy Woy were Alex Moore and Kane Burns," Mr Thomson said.

He said Woy Woy could take some heart from the fact that Ourimbah have proven to be the undisputed best team in the competition this season, having been undefeated all year with 10 points between them and second-placed Terrigal.

SOURCE:

Media release, 15 Jul 2019
Larry Thomson, Central Coast Rugby Union

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW -
Central Coast 4325 7929
SES - Storm and Flood
Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community
Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support
Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling
Service 4334 2304
Tenants' Advice and Advocacy
Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524
**Professional support
phone services:**

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service
1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

Classifieds

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HAYWARD VIDEO
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 Woy Woy 4344 4414
 Warnervale 1800 244 456
 0412 685 555

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Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See or www.centralcoastnews.Net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.


Business rates

The minimum size of 5cm X a single column only costs \$50 + GST in mono and an extra \$10 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

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0412 132 729
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To advertise here call 4325 7369

This size starts from **\$25pw+GST**



TIDE CHART

Time - Height(m)

22 MON	0545 0.49 1154 1.33 1730 0.68 2345 1.54	23 TUE	0625 0.52 1240 1.34 1821 0.72	24 WED	0030 1.45 0707 0.55 1330 1.37 1920 0.73
25 THU	0121 1.37 0753 0.57 1423 1.40 2028 0.75	26 FRI	0221 1.30 0843 0.58 1518 1.46 2141 0.72	27 SAT	0329 1.26 0935 0.58 1614 1.54 2249 0.63
28 SUN	0436 1.26 1029 0.56 1707 1.65 2348 0.52	29 MON	0537 1.29 1121 0.52 1758 1.77	30 TUE	0041 0.40 0633 1.35 1214 0.46 1848 1.89
31 WED	0130 0.28 0726 1.40 1305 0.41 1938 1.98	1 THU	0219 0.19 0817 1.45 1357 0.36 2028 2.04	2 FRI	0307 0.14 0908 1.50 1450 0.33 2118 2.05
3 SAT	0356 0.13 1000 1.53 1544 0.34 2209 2.00	4 SUN	0444 0.16 1051 1.54 1640 0.37 2300 1.89	5 MON	0532 0.22 1145 1.55 1738 0.43 2352 1.73

Etalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Kooloewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated

Media release, 14 Jul 2019
Tyson Scott, Central Coast Mariners
Social media, 15 Jul 2019
Glen Balneaves, Southern
and Ettalong United FC

Social media, 12 Jul 2019
Peter Springett, Umina Beach
Men's Bowling Club



Australian Government
Bureau of Meteorology

Date	Day	Temps		Rain	Evap	Sun	Max wind gust			9am						3pm					
		Min	Max				Dirn	Spd	Time	Temp	RH	Cld	Dirn	Spd	MSLP	Temp	RH	Cld	Dirn	Spd	MSLP
		°C	°C					km/h	local	°C	%	eighths		km/h	hPa	°C	%	eighths		km/h	hPa
1	Mo	4.7	17.7	0			WNW	15	10:23	9.4	65		W	7		16.7	54		NE	6	
2	Tu	2.7	19.2	0			N	9	17:30	8.3	94			Calm		18.9	48		SW	2	
3	We	3.9	19.7	0			SSE	26	13:12	11.5	70			Calm		17.6	68		SSE	11	
4	Th	11.5	16.1	4.2			E	28	16:06	13.8	95		NNE	2		14.5	95		S	7	
5	Fr	9.9	18.4	15.4			E	26	14:53	12.5	100			Calm		16.0	81		ENE	13	
6	Sa	10.6	18.6	4.2			NE	20	19:57	12.5	92		WNW	7		18.0	61		ENE	9	
7	Su	11.1	18.3	6.4			E	17	14:25	11.9	100		W	4		17.9	68		ENE	9	
8	Mo	9.3	19.4	1.2			NNW	24	12:45	12.8	100			Calm		18.4	69		NW	6	
9	Tu	7.4	17.4	0.8			W	19	12:14	12.6	67		W	6		16.4	56		S	7	
10	We	3.6	16.8	0			W	35	23:13	10.5	77		WSW	4		16.4	47		NNW	7	
11	Th	7.3	20.1	0			W	50	10:26	16.2	51		WNW	19		19.5	29		WSW	11	
12	Fr	7.2	20.0	0			NW	46	13:28	14.5	56		NNW	13		18.9	44		NW	19	
13	Sa	11.3	15.3	0			W	67	14:13	13.6	46		W	24		14.8	33		W	30	
14	Su	4.0	17.3	0			WNW	43	17:12	10.2	51		WNW	4		17.1	33		W	20	
15	Mo	8.3	17.2	0			SW	57	11:01	13.9	50		W	17		17.1	33		SW	11	
16	Tu	8.3	20.5	0			WNW	35	03:55	13.1	53		W	7		20.2	38		W	6	
17	We	5.7	19.9	0			W	26	22:29	12.5	62			Calm		19.1	42		WNW	6	
18	Th	7.6		0						13.8	54		NW	15		18.6	36		SSW	7	

Statistics for the first 18 days of July 2019

[illegible]



Beverley McFarlane and Carol Edwards

Everglades duo wins Waterlily Pairs

Everglades Women's Bowling Club duo Beverley McFarlane and Carol Edwards have taken out the club's annual Waterlily Pairs competition.

Everglades Bowling Club held this year's Waterlily Pairs on July 15 with all local clubs welcome to field a team for a chance to win \$1000 prize money.

Two games of 11 ends were played in the morning, followed

by a lunch break and then another game of 11 ends.

McFarlane and Edwards emerged as the victors on the day with fellow club members Elaine Vincent and Maggie McEwan in second, Avoca's Karen Croker and Helen McFadgen in third and Umina's Lynne Gordon and Bev Collins in fourth.

SOURCE:
Media release, 17 Jul 2019
Fay Boyd, Everglades Women's Bowling Club



Peninsula Thunder takes under-11s floorball title

The Peninsula Thunder Floorball Club has returned from the Junior Australian Floorball Open with the National Under-11s title.

The club sent its Under-11s, 14s and 16s teams to this year's Open, all of whom made the finals against the best junior floorballers in Australia and New Zealand.

The Thunders' Under-11s went undefeated throughout the event to claim the 2019 title with a 9-3 grand final win over home team Pakenham.

The Under-14s also had a strong run through the competition.

They made it all the way through to their grand final to be their division's runners-up.

The Under 16s made it through to their semi finals but were unsuccessful in moving onto the grand final.

Club president Mr Mitchell Fiddock said the junior's performance was a testament to the level of young talent across the Central Coast.

"We're so proud of our juniors. They played extremely well," Mr Fiddock said.

Held at Cardinia Life Stadium in Pakenham, Victoria, from July 9 to 12, the Open has become the premium floorball championship in the country.

Mr Fiddock said the club was now focusing on the upcoming Northern Beaches Open as well as a special project closer to home.

"We're the only floorball club on the Central Coast and, in a bid to grow the sport in the region, we've decided to hold a friendly competition this year.

"We're hoping this will attract some new players and everyone is welcome to come along and watch the games and learn more about floorball," he said.

The dates for the local competition are yet to be finalised but Mr Fiddock said the club would be launching registrations soon to gauge player interest.

SOURCE:
Social media, 14 Jul 2019
Interview (Dillon Luke), 16 Jul 2019
Mitchell Fiddock, Peninsula Thunder Floorball Club

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Gosford Masonic Centre
86-88 Mann St, Gosford

Lodge Morning Star No. 410
4th Monday @ 7pm

Lodge Saratoga No. 937
4th Thursday @ 7pm
even months only

Lodge James Kibble (Daylight) No. 985
2nd Monday @ 10am

The Central Coast Lodge No. 2001
4th Wednesday @ 7.30pm
except December - No meeting

ENQ: 0481 765 337

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*EGO QV Cream 500g



*CETAPHIL Moisturising Cream 550g and Moisturising Lotion 1L



*BLISTEX Ultra Lip Balm SPF50+ 4.25g, Lip Conditioner SPF15 7g and Lip Infusions Hydration SPF15 3.7g



*EGO Aqium Antibacterial Hand Sanitiser Original and with Aloe 1L



*NIVEA Express Hydration, Rich Nourishing and Irresistibly Smooth Body Lotion 400mL

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