



## Fish kills could come with seismic testing - Abrahams

**The day after David Abrahams attended the Hands Across the Water protest about what seismic testing would do to marine life, he found hundreds of dead fish off Killcare Beach.**

"I was the one who reported the fish kill at 5am on Monday morning," Mr Abrahams said.

"We think there were a couple of thousand.

"The first thing I thought was that we can expect this to happen much more regularly if seismic testing goes ahead."

Mr Abrahams, an independent candidate standing for election on May 18 in the federal seat of Robertson, has been campaigning to get his fellow election candidates to commit to fighting

the exploration permits.

He said he was aware of the Department of Primary Industries' advice that the fish wash-up was the result of a faulty net from a legal commercial fishing operation but he was seeking full clarification.

"It's very odd that there were so many fish – more than a small trawler net and some of the fish looked traumatised," he said.

Mr Abrahams was one of hundreds of people who gathered at Umina Beach on Sunday, May 5, to oppose proposed 3D seismic blasting for offshore oil and gas exploration.

Save Our Coast founder Dr Natasha Deen said more than 1000 people held hands from Umina Beach along to Ocean Beach, covering more than 1km of

coastline to symbolise defending the coast.

"We are sending a powerful message to our federal MPs and electoral candidates, and the oil and gas companies, that the communities from Newcastle, The Central Coast and the Northern Beaches are united in opposition to this devastating plan for seismic blasting and offshore oil or gas rigs off our beautiful coast," Dr Deen said.

"The communities along the east coast of NSW are deeply connected to our coast and we will continue to oppose PEP 11 (Petroleum Exploration Permit) every step of the way, to protect our marine animals and Save Our Coast that we all love."

She said seismic testing involved underwater airgun blasts

that detonated every few seconds 24 hours a day continuously for days or weeks on end.

Scientific evidence has been shown that it could kill plankton over 1km away, impacting on the entire ecosystem, as well as affecting the atmosphere and climate resilience, she said.

Local environmentalist and bushcraft teacher Mr Jake Cassar, who grew up on the Peninsula and still lives on the Coast, said: "It's heartening to see people from different backgrounds, age groups and socio economic demographics coming together on this important issue.

"The Central Coast is starting to build a strong and resilient community that passionately lobbies against anything that threatens our beautiful region.

"There is genuine interest and enthusiasm for protecting the place we are so privileged to call home," he said.

Petroleum Exploration Permit allows exploration of 4500 square kilometres and runs along the coast from Newcastle, through Lake Macquarie and the Central Coast to Manly.

There will be another Hands Across the Sand event at Manly on Saturday May 11 at 3pm, a collaborative event with Surfrider, Living Ocean and Save Our Coast.

**SOURCE:**  
Media Release, 7 May 2019  
Natasha Deen, Save Our Coast, Interview, 7 May 2019  
David Abrahams, Independent candidate for Robertson  
Jake Cassar, Jake Cassar Bushcraft



THIS ISSUE contains 49 articles - Read more news items for this issue at [www.peninsulanews.info](http://www.peninsulanews.info)

# NEWSPAPERS

Central Coast

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## News

## Peninsula News

Community Access

**Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.**

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See [www.peninsulanews.info](http://www.peninsulanews.info) for all editions published

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### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: [editorial@centralcoastnews.net](mailto:editorial@centralcoastnews.net), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

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### Source lines: Where do our articles come from?

Peninsula News includes "source lines" at the end of each article which aim to provide readers with information about where and how we came across the information, so that they might judge for themselves the veracity of what they are reading.

It should not be assumed that the article is a verbatim reproduction of the source. Similarly, it should not be assumed that any reporter listed is necessarily responsible for writing the whole news item. Source lines are not by-lines.

Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its

information in three ways: It is sent to us by someone wanting to promote their activities; it is sent to us in response to our inquiries; or it comes from a newsletter or other document to which we have access.

Sometimes we may interview a person or report what they said at a meeting.

The following descriptions are used:

**Media Release** - unsolicited contributions.

**Media Statement** - sent in response to our questions.

**Website or Social Media** - information published online.

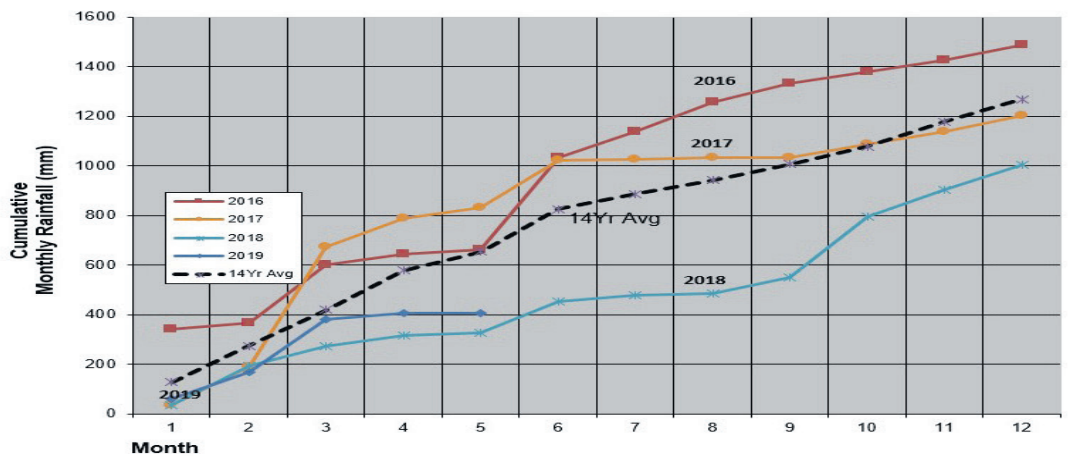
**Newsletter or Report** - published in print or online.

**Interview or Meeting** - statements recorded by a reporter.

Forum contributions may be: **Email** if

sent electronically and **Letter** if written

on paper.



## Dry conditions linger

**Dry conditions have lingered from April to May with just one rainfall event recorded within the first 10 days of the fifth month.**

According to rainfall data compiled by Umina's Mr Jim Morrison, only a measly 3mm of rain has been recorded this May in a single rainfall event on May 3.

The disappointing figure is on par with the last 10 days of April with just 1mm of rain recorded in the final fortnight of the fourth month in a single rainfall event on April 23.

While May has historically been a drier month for the Peninsula, April on average normally delivers around 45-50mm of rainfall to the Peninsula's yearly total.

This year April concluded with just 23.5mm of rainfall with low expectations for the remainder of May.

April and May's rainfall total so far brings the Peninsula's yearly total figure up to 408.2mm.

**SOURCE:**  
**Spreadsheet, 10 May 2019**  
**Jim Morrison, Umina**

## YOUR CHANCE TO WIN

**The Peninsula News would like to offer three lucky winners the chance to win an EFM Aspen Case Armour in pink for their smart phone.**

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abrasion resistant TPU, fused with D3O®, the revolutionary impact protection material globally recognised for its innovative and superior impact protection, even

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

in extreme conditions.

EFM® advises that the cases on offer are for the iPhone 8, 8Plus and iPhone X only.

Winners need simply specify which model of phone they have and the appropriate case will be ordered.

For your chance to win write your full name, address, email and daytime telephone number on the back of an envelope and mail it to Peninsula News Aspen Competition, PO Box 1056, Gosford 2250, before 5pm on May 23.

The winner of the mophie competition was Tamara Jackson of Ettalong.

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# NEWSPAPERS



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# Dead fish came from commercial fishing

**Hundreds of dead fish that washed up on Killcare Beach on May 6 were the result of a commercial fishing operation gone awry, according to the NSW Department of Primary Industries.**

Killcare residents awoke on May 6 to find hundreds of mullet littering the beach.

Many residents were concerned a water quality issue or other unnatural event may have caused the event.

However, the Department stated that the wash up was that result of a legal commercial fishing operation.

"The Department has been advised that the mullet observed washed up on Killcare Beach are the result of a legal commercial fishing ocean hauling operation," said NSW DPI media officer Ms Sarah Wright.

"The fisher has told DPI that there was a problem with a net, and some mullet were lost and were found washed up later after the fishers had left the area.

"The fishers have since returned once to collect and remove dead fish and will return again to ensure the site is cleaned up as well as possible," she said.

**SOURCE:**  
Media statement, 7 May 2019  
Sarah Wright, NSW DPI



Residents were ready for the councillors' site visit

## Councillors inspect Farnell Rd site

**Mayor Cr Jane Smith and four councillors, Chris Burke, Chris Holstein, Richard Mehrten and Jeff Sundstrom, attended a site inspection on Thursday, May 9, of the unit and townhouse development proposed for Blackwall and Farnell Rds, Woy Woy.**

Crs Holstein and Mehrten are two of three ward councillors for the area.

The third, Cr Troy Marquart, did not attend.

Waiting in the street with placards and concerns were more than 20 residents of the street or of the peninsula.

The councillors were briefed

by council staff and then heard from the residents of their concerns about the three storey development.

Community Group Save Our Woy Woy has been fighting the proposal on the grounds of it being an over-development.

The proposal went to the April 29 council meeting with staff recommending approval for the 27 units and seven townhouses to be built over five blocks of land on the corner of Farnell and Blackwall Rds, Woy Woy.

The councillors voted to defer a decision pending a site visit.

Residents say the \$11 million proposal would overshadow many of the single storey homes in the street and exceeds planning

guidelines for height, floor space ratio and setbacks as well as some units failing to comply with solar access and the communal open space policies.

Residents are also concerned by garbage pick-up, parking, light pollution, loss of privacy and infrastructure issues such as stormwater drainage.

The proposal is again on the council agenda for a decision at tonight's May 13 council meeting.

Save our Woy Woy spokesman Mr Harvey McDougall said the Mayor, the councillors and Council Planning Director Scott Cox listened attentively to the concerns of the residents.

**SOURCE**  
On site inspection, 9 May 2019  
Reporter: Marilyn Vale

# MATTRESS PLUS

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# Public transport scores 65/100

**Woy Woy's public transport gained a 65 out of 100 rating in an NRMA's survey that saw 23,400 people across NSW rate their area.**

While a total of 1357 people responded from the Central Coast local government area, the figures

broke down as follows:

31 people voted about the Woy Woy area specifically and rated the peninsula 65/100;

606 voted for the Wyong area and gave public transport a rating of 52/100;

751 voted for the combined Gosford/Woy Woy area and gave

a rating of 65/100.

The respondents either answered on-line or using a smart phone and were asked to rate public transport in their suburb out of 100.

Manly on the Northern Beaches of Sydney received the highest rating in the State with 77/100.

Newcastle was in the bottom five, with 47/100 and the worst suburb overall was the Hawkesbury with 35/100.

NRMA spokesman Mr Peter Khoury said suburbs with the greatest choice received the highest ratings and areas with irregular and unreliable

public transport performed less favourably.

He said the most effective way to address congestion was to invest in improving both roads and public transport networks.

**SOURCE**  
Press Release, 8 May 2019  
Peter Khoury, NRMA

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## Community Environment Network

### Chairman's Report



Hello,

In responding to concerns by locals over water pollution, I was reminded that frequently many activities lead to unintended consequences. Consider for example land

clearing, where unintended consequences include; erosion, increased stormwater and water pollution. The results can be seen regularly on Tuggerah Lakes where the water becomes blue when the air is still, but when the wind whips up the bottom sediments the water changes to a chocolate brown. In planning for development we need to ensure the unintended consequences are reversed as often they are ignored.

Young people impress me with their energy, optimism and courage. Watching the Extinction Rebellion rallies in the UK and Europe are amazing. The young have the answer, they are getting out and getting their voices heard. Our leaders are failing to acknowledge or come up with solutions to dying rivers, mass fish kills, hotter summers or species extinctions, their SILENCE is deafening. In the past year, the Central Coast environment has been declining with land clearing, wetland destruction and waste dumping. The young are our best hope of stopping this Race to the Bottom.

Consider joining CEN to help stop this decline

John Asquith, OAM

### COSS CONNECTIONS & REHABILITATION PROJECT

**Do you need help managing the weeds on your property?**

**As a property owner you may be eligible to receive support from this project**

- Free and subsidised bush regeneration on your land
- Free Workshops, Information and Training events
- Membership of Land for Wildlife (including free property assessments and reports, and LFW sign for your property)
- Free training in wildlife monitoring and camera loan

**To be considered to receive support from this project:**

- You must have an area of bushland more than 0.5 ha (approx 1.2 acres) in size that you would like to manage for environmental values
- Have weeds in the bushland on your property and would like some help in managing them.

- Have a property located within or near COSS Central Coast South.

**The COSS Connections and Rehabilitation Project Aims to**

Maintain and improve ecological integrity of Coastal Open Space System Corridors (COSS) Assist landholders in or near COSS to maintain and improve bushland on their properties Ensure long term protection of COSS Corridors

**Contact us to find out more information about our Project and the support available**

**P: 43494756**

**E: [habitatforwildlife@cen.org.au](mailto:habitatforwildlife@cen.org.au)**



### CEN ANNUAL FORUM - 2 JUNE, 2019

**We are getting ready for the CEN Environment Forum 2019 – to be held on Sunday, 2 June, 2019 – from 10am-3pm at the Central Coast Campus, Ourimbah.**

CEN is a network of individuals, community and environment groups from across the region – so please come along - we want as many individuals and groups as possible to join us.

Please join us to:

- hear about current activities from local groups

- help identify key issues going forward
  - share stories of wins and losses for the community
  - contribute your ideas about how to win for nature
  - meet others that care about creating a sustainable region
- Cost \$10 per head (includes lunch, tea/coffee). Please Register at: [www.cen.org.au/events](http://www.cen.org.au/events)  
We are also inviting EOIs for information stalls - If you would like to set up a stall please contact us on 4349 4756 or email [cen@cen.org.au](mailto:cen@cen.org.au)

### UPCOMING EVENTS:

#### Wildplant Community Nursery

Our next sale day is: Saturday 4th May 2019

9am to 12pm

CEN Office, off Brush Road, Ourimbah

We have a range of local native plants available including ground covers and herbs, shrubs and trees, bush food, bird attracting, native bee attracting, frog friendly and screen plants. Current specials on wetland plants. Cash or Credit Card. No EFTPOS

**Location:** Brush road, Ourimbah

Best access is via Brush Road – Turn into Brush Road from Shirley Street and as you start to drive up the hill turn left into the laneway and follow it along to parking and our driveway - look for the Plant Sale signs.

#### Wildwatch Fishing Fun for The Family

Fishcare volunteers will bring fishing gear, bait, advisory materials and their expertise for a fun family fishing morning.

**When:** Sat 11 May 9am - 12pm

**Where:** Terilbah Reserve, North Entrance

**Cost:** Donation to cover morning tea

**Bookings essential**

#### Waterwatch Training

Learn about water quality monitoring in your local waterway and discuss opportunities to join a Waterwatch group.

**When:** Saturday 25th May 2019

**Where:** CEN office - The Manor, Central Coast Campus, Ourimbah

**Time:** 10 am - 1pm

**Cost:** donation for morning tea

**Bookings essential**

For more information phone: 4349 4757

or email: [waterwatch@cen.org.au](mailto:waterwatch@cen.org.au)

#### ANNUAL GENERAL MEETING 2019

of the Community Environment Network Inc.

**When:** Sun, 2 June, 2019

**Where:** Lecture Theatre 1, Central Coast Campus, University of Newcastle, Ourimbah

**Time:** 8:30 - 9:30 am

Current financial members of CEN are eligible to nominate.

If you are interested in nominating for a position on CEN's Executive and would like to find out more, then please contact John Asquith to discuss – email: [esd@cen.org.au](mailto:esd@cen.org.au)

#### COSS Connections Field Day

A series of practical workshops to help manage and monitor your bushland

**When:** Sat June 15, 9am-2pm

**Where:** Narara EcoVillage, 25 Research Rd, Narara

**Cost:** \$10 donation (Free to landholders engaged in COSS Connections Project) includes morning tea and lunch

**Bookings essential**

For more information phone: 4349 4756 email: [habitatforwildlife@cen.org.au](mailto:habitatforwildlife@cen.org.au)

**Register at: [www.cen.org.au/events](http://www.cen.org.au/events)**

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

**Support CEN - Become a member - Volunteer - Make a donation**

**[www.cen.org.au](http://www.cen.org.au) Ph: 4349 4756**



# Precinct committees suggested at residents' meeting

The creation of precinct committees was supported by two speakers at the latest Residents for Responsible Ettalong Development meeting, held at Ettalong Beach on April 30.

About 70 people attended the meeting to hear the update on the group's fight to retain the village atmosphere against the development applications that push the boundaries of the local planning rules.

Five speakers addressed the issues.

The biggest support came for the suggestion from the room that the group needed to try to get Ettalong Beach's commercial corridor rezoned to reduce the height allowed for developments.

The current P1 zoning along parts of Ocean View Rd allows for buildings up to 17 metres which corresponds to about five storeys.

Meeting convenor Peter Gillis said it was something the group was hoping for but that even if they succeeded in getting the zoning changed to reduce the allowable height down to 11.5 metres, the reality was that the new Atlantis building was seven storeys on land already zoned L2 with a height limit of 11.5m.

The Residents' group was



formed earlier this year in response to the development proposal DA 54551 in Ocean View St which proposed to build a six storey residential unit block with commercial space at ground level.

"Whose community do you live in?" asked Mr Wolfgang Woerner, a Peninsula resident and a representative of the Greens, who spoke to the meeting about council processes.

"It's your place, our place. Take ownership.

"Anyone who wants to change it

needs to ask your permission."

He went on to explain that council was governed by 131 Acts of Parliament that it has to enact under State Government legislation.

Second speaker Greens media officer Ms Kate Da Costa explained that local government rules and regulations were complicated, technical and boring.

She said planning laws were very complex and the community was not encouraged to get involved.

"That's why we have meetings like this," she said.

Precinct committees helped address the problem because people got skilled up, got used to the language and that knowledge base stayed with those committees.

"Gosford and Wyong councils used to have them but they were abolished, not on a whim but because they were effective," she said.

"The trick is to get them back in."

Ms Da Costa said people power

did work, even though you didn't always win.

She said the system was rigged against the community. A property developer had the right to appeal to the land and environment court but the community had no right, so it was rigged against it.

Independent candidate running for the Federal seat of Robertson Mr David Abrahams introduced himself as a 20-year resident of Kilcare and spoke about three issues.

The first was the need for local councils to be recognised in the Australian Constitution which would allow funds to come directly from the federal government to councils.

Second, he too urged the group to fight for precinct committees saying complexity of rules was the friend of bureaucracies.

And third, he urged the village community groups on the Peninsula to unify to fight for what they wanted.

State Member for Gosford Liesl Tesch said the recent win by the Liberals in the State election meant four more years of fighting developers.

"You're fighting a tough battle so you need a strong voice," she said.

SOURCE:

Public meeting 30 April 2019

Reporter: Merilyn Vale

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Election

# Candidates' policy statements in alphabetical order

## David Abrahams, Independent

David Abrahams says he is a passionate, true Independent candidate with a community, environmental and future industries focus.

"I come to the election with a suite of solid policy areas developed from the Community Plan Central Coast," he said.

"They articulate among other things: a University of the Central Coast (not a campus of another University); halting the PEP11 Oil and Gas Exploration off our beaches; the creation of smart city employment opportunities in startups and local business assistance; and a pooled smart infrastructure fund comprising local, state and federal government monies to address infrastructure builds without the election promise merry-go-round.

"The Central Coast has been forgotten for too long and requires a strong local plan that returns power to



the community not the party room, donors or foreign corporations.

"My tag line - Central Coast First and Always - means I will answer and work for Central Coast people in our federal parliament.

"I am not doing preference deals, giving each voter the right to decide for themselves."

## Sean Bremner Young, Animal Justice Party

Sean Bremner Young says his main priority is to ban the live export of animals.

"Millions of animals suffer on lengthy sea journeys," he said.

"We will also combat the climate emergency.

"Urgent action must be taken to address global climate destabilisation.

"We will legislate to protect forests and marine habitats from further destruction and invest in clean energy and the transition from animal agriculture to plant-based agriculture.

"We will push to end factory farming, which causes immense animal suffering.

"We will fight for a rapid phase out of battery hen cages and sow stalls.

"We will also advocate to safeguard our national emblem; kangaroos should be protected and not seen as resources or pests."

He said the Animal Justice Party would protect wildlife



habitats, by introducing laws to protect them.

"We will establish a Federal Animal Rights Commission; animals have unique rights which should be protected by law," he said.

"We will establish a legal system for animals which protects their right to live free from human harm."

## Anne Charlton, Australian Labor Party

Anne Charlton, Labor's candidate for Robertson, says she has spent her working life dedicated to community service – in drug and alcohol services, in an aboriginal medical service in regional Queensland, in the Federal Department of Health and on the Central Coast, working for Central Coast Family Support and most recently in the Youth Program for Coast Shelter.

She said she and Labor had a strong plan to deliver beer services to the Coast including: delivering \$60m to fix roads and bust the maintenance backlog; investing \$133m in the University of Newcastle to build a new campus in; delivering \$20m for a stand-alone public palliative care facility for the Central Coast;



strengthening laws to make sure seismic testing does not occur where whale life could be adversely affected; and investing in renewable energy and taking real action on climate change, creating the renewable jobs of the future and bringing down power prices.

"Only Labor can deliver real positive change and end six long years of cuts and chaos, and neglect from the Liberal Government," Charlton said.

# Liberals promise \$22M in road upgrades

Almost \$22 million was committed to upgrading Peninsula roads when Prime Minister Scott Morrison visited the Central Coast on Sunday, May 5.

It includes a \$16.5 million upgrade of the Rawson Rd intersection at Woy Woy.

Other roads earmarked around

the Peninsula were Shelly Beach Rd in Empire Bay; Springwood St in Ettalong; Gem Rd in Pearl Beach; St Huberts Island Bridge; Glenrock Pde in Tascott and Veron Rd, Lone Pine Ave, Ocean Beach Rd, and Mutu Rd in Woy Woy

Mr Morrison said the road package would prioritise improvements that would help

address congestion and increase safety.

Federal Member for Robertson Lucy Wicks MP said she had worked with the Central Coast Council to prioritise upgrades and remove the road maintenance backlog.

"In 2017 I launched a Local Roads Petition to pinpoint the

local roads which were of most concern to Central Coast residents and the feedback I received was incredible," Ms Wicks said

"We wouldn't have been able to secure this commitment without the input of those local residents and I look forward as part of a re-elected Morrison Government to delivering \$70 million to fix some

of the worst roads on the Central Coast.

"Locals can look forward to a \$16.5 million upgrade of the Rawson Rd intersection at Woy Woy meaning almost \$22 million will be allocated to local Peninsula roads."

SOURCE  
Media release, 5 May 2019  
Lucy Wicks, Member for Robertson

VOTE 1

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Authorised by Andrew Blake for The Greens NSW, 1/275 Broadway, Glebe NSW 2037

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IN THE SENATE

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## CANCEL PEP11 - NO OIL OR GAS RIGS

I have led the local campaign to cancel the Petroleum Exploration Permit 11 off Central Coast beaches. The big parties won't budge despite Council, Community and State Parliament condemning PEP11. Instead, federal Labor and Liberal parties trust the recommendations of "regulator" NOPSEMA. We don't!



## OUR OWN UNIVERSITY DRIVING A STRONG ECONOMY

I'm campaigning for our own Central Coast University, not just another campus. Why? We need our business and community leaders guiding our local industry and employment development, not Newcastle or Sydney.

N.B. We are the largest region in Australia without our own tertiary institution.



## SMART CENTRAL COAST INFRASTRUCTURE FUND

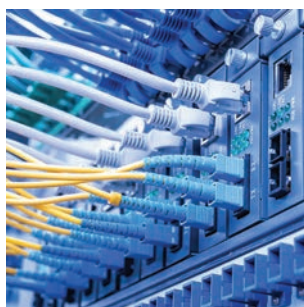
I propose a \$1,000 Million Joint Infrastructure Fund for the Central Coast. Pooled funds from Federal, State and Local governments and Industry Funds. This will de-politicise the construction of roads & transport, water, telco etc. - creating a needs-based construction and repair program.



## PENSIONERS & RETIREES

I support raising the pension beyond the poverty line and will defend against sudden changes to the retirement incomes of seniors.

I advocate a purpose-built palliative care facility and affordable specialist services supported by Medicare.



## REPAIR NBN

I have a responsible, industry-funded plan to switch on GigaBit Internet in Gosford and surrounds and to build out fibre-optic services to other areas on the Central Coast.



## STRONG FEDERAL ICAC

I support a strong Independent Commission Against Corruption as tabled by the independent cross-bench MPs. Not a watered down ICAC as preferred by the big parties.

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Authorised by David Abrahams, Independent Candidate for Robertson, 1 Fraser Rd Killcare NSW 2257

# David Abrahams - Independent

## INDEPENDENT CANDIDATE FOR THE FEDERAL SEAT OF ROBERTSON

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## Election

# Candidates' policy statements in alphabetical order

### Cath Connor, The Greens

"The Greens acknowledge we are facing a climate emergency," Cath Connor said.

"Let's act decisively now to protect our environment and rich biodiversity.

"Let's hand over a liveable planet to future generations.

"On the Central Coast, we must: cancel the PEP11 Seismic testing licence and the search for new fossil fuels off our coast; stop the Wallarah 2 coal mine which threatens our drinking water supply and our clean air; and transform our energy system into a clean, smart and jobs rich industry of the future."

Ms Connor said tax cuts promised by the Coalition Government to the big end of town could instead: build 500,00 new affordable homes; increase Newstart; fully fund TAFE and free university for all Australians; and provide Medicare-funded dental care.

"Let's build a strong



sustainable economy that works for all of us, not just for the wealthy corporations and privileged few," she said.

"The Greens will always put people before profit, and push government to make decisions for a future for all of us."

### Robert Marks, United Australia Party

A Umina resident for the past 16 years, Mr Marks is self employed in the financial services sector and commutes daily to Sydney on the M1.

"One of the first things we will do is put the aged pension up by \$150 a week," Mr Marks said.

"We have costed it and we can make this work.

"We will then be reviewing all other pensions, including carers and veterans pensions.

"We will also make mortgages tax deductible for owner-occupiers – this will be a huge saving for home owners and the most significant way to increase the wealth of the country based on people's biggest asset which is their house.

"The basic gist of the party is that we want to put Australians first and make Australia great again.

"We don't care what race, creed or religion you are,



or whether you're gay or straight, if you're an Aussie we want to put you first."

Mr Marks said the party had a very multicultural candidate base.

"The bottom line is we're all on same bandwagon," he said.

### Judy Singer, Sustainable Australia

"As your Sustainable Australia candidate, I am fighting for secure jobs, affordable housing, a sustainable environment and better planning to stop overdevelopment in Robertson," Judy Singer said.

"Poor planning decisions by all levels of government have led to overdevelopment and congestion in Robertson.

"I believe we need to return real planning power to local communities and ensure community infrastructure is in place before more housing.

"Part of the equation should be reducing population pressure by lowering immigration from a record 200,000pa back to the long-term average of 70,000.

"This reduction in population pressure would ease the negative impact rapid growth has had on the environment and work towards reducing emission to tackle climate change.



"Governments are caving in to demands from developers and big business when making decisions around these issues.

"We need to invest in the research and development of renewable energy technologies, adopting energy efficiency initiatives and investing in environmental protection.

"Instead, the government is allowing mining companies to drill for oil in our fragile oceans."

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# Candidates in alphabetical order

## Lucy Wicks, Liberal Party of Australia

Lucy Wicks said she had been working since 2013 to lay the groundwork for a Central Coast where people no longer have to leave the region for work or study.

She said she was proud to have helped deliver funding for the Central Coast Medical School and Research Institute at Gosford; an \$18m commitment to establish stage one of a university campus in Gosford, \$35m for 740 car parking spaces at Gosford and Woy Woy railway stations and 530 jobs at the new ATO office in Gosford, 80% of which have been filled by locals.

She said a re-elected Liberal Government would continue to work for better road and rail links and a feasibility study delivering faster rail between Newcastle and Sydney.

"I am proud of my achievements



over the past six years. I believe my record speaks for itself, but there is still more to do," she said.

"I look forward to continuing to be your voice in Government so I can deliver the services and infrastructure the Central Coast deserves."

# Promises targeting the Peninsula

The following election promises have been made by the candidates for the two major parties in the Robertson electorate.

### ALP candidate Ms Anne Charlton

- \$20m palliative care unit at Woy Woy Hospital
- \$15m towards more carparking at train stations at Woy Woy, Gosford and Tuggerah
- \$2.5m second stage of the Ettalong foreshore project
- \$2.4m for Woy Woy Netball Association clubhouse
- Better NBN coverage for Woy Woy and Umina.
- A focus on roads upgrading and maintenance backlog across the Coast.

### Liberal candidate Ms Lucy Wicks

- \$1.45 for Woy Woy Netball Association clubhouse
- \$35m for more car parking at train stations at Woy Woy and Gosford
- \$8.25m to upgrade Peninsula Recreation Precinct at Umina
- \$22m to upgrade Peninsula roads, including Rawson Rd intersection at Woy Woy.

SOURCE: Peninsula News archives

# History of Robertson electorate

The seat of Robertson has been in existence since Federation in 1901 and was named in honor of Sir John Robertson KCMG, 1816-91.

The Australian Electoral Commission says he was a statesman who advocated for electoral and constitutional reform in the colony and land reform.

Just over 100,000 people voted in Robertson at the last election, in 2016, which represented a turn out of 92.52 per cent and of those, 5.03 per cent voted informally.

Only two candidates from 2016 are standing again.

They are ALP candidate Anne Charlton who received 38.43 per of the primary vote in 2016 and Liberal Lucy Wicks who won the

seat with 44.68 per cent of the primary vote.

Two party preferred saw Liberals on 51.44 per cent which was less than the 53.09 per cent at the 2013 election against the ALP on 48.86 per cent which was more than the 46.91 at the 2013 election.

SOURCE: Website, 9 May 2019 Australian Electoral Commission

Fiona Stucken is standing for the Christian Democratic Party but did not respond to our request for information and picture.

# OUR ABC IS UNDER ATTACK

Since 2014 the federal government has slashed more than \$500m from the ABC.

- New Australian drama REDUCED by a quarter
- New Australian documentary REDUCED by half
- New Australian comedy DOWN by nearly 20%
- ABC Television production CLOSED in Brisbane, Hobart, Adelaide and Perth and the Documentary Unit CLOSED
- Music programming on Radio National CUT
- Programming on ABC Classic REDUCED
- Many programs, and more than 1,000 full-time jobs, already LOST.

And, in 2018, the Liberal Party's National Conference voted to sell the ABC.

IMAGINE no ABC Local in regional Australia.  
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IMAGINE LIFE WITHOUT THE ABC

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Vote for a candidate who strongly supports our ABC!



# Polling booths

Polling booths for the Federal election will be open on election day at the following venues:

- Booker Bay Pre School;
- Brisbane Water Secondary College Umina Campus;
- Brisbane Water Secondary College Woy Woy Campus;
- Ettalong 50 Plus Leisure and Learning;
- Ettalong Beach Primary School;
- Hardys Bay Community Church Hall;
- Umina Community Hall;
- South Woy Woy Progress Association;
- Woy Woy South Primary School.

The Australian Electoral Commission is providing voters living with disability and mobility restrictions with options to help them cast their vote for the 18 May federal election.

"Almost one in five Australians live with a disability, and many more care for someone living with disabilities or mobility restrictions," Deputy Electoral Commissioner Mr Jeff Pope, said.

Media Release, 8 May 2019 Jeff Pope, Australian Electoral Commission

# LABOR WILL TAKE \$8,000 P/Y FROM OUR \$31,000 P/Y PERSONAL RETIREMENT INCOME ACCOUNT

## HOW MUCH WILL THEY TAKE FROM YOU?

My novice understanding of Labors changes to franking credits.

The A.L.P. if elected proposes to stop payment of cash tax refunds owing to Australian Shareholders from unused tax credits attaching to their fully franked dividends from Australian shares such as B.H.P., the banks, Telstra and many other good tax paying Aussie companies.

These companies pay 30% of profit to ATO as a pre paid tax (franking) credit for shareholders, this credit is held to offset any tax they might owe. However if they do not owe any tax the un-used tax credit is claimed back as a cash refund. This 30% cash tax refund is added to the 70% cash dividend already paid, this 100% amount is declared income in the tax return.

It is this 30% cash tax refund (refundable franking credit) that Labor wants to unfairly take from shareholders' dividends, Labor plans to selectively target 1 million non working Australians who stand to loose \$5 billion p/y income via this unfair change.

Labor wrongly claim this cash tax refund to be a tax "loophole" or a "gift" from the government, as can be seen this is untrue, it is a legal tax refund of a un-used tax (franking) credit held in the shareholder's name.

Labor would make exemptions to their policy for some groups including themselves. They would exempt some Government pensioners and not others.

Many of these non working Australians are in the nil tax bracket and some on government pensions, whilst others have provided for themselves and want nothing from the government other than being left alone as planned for years ago.

Seek professional financial advice for yourself. Reject Labor's cash tax refund grab that discriminates against the same class of senior Australians





## Ribbon awarded to cookery judge

A member of the Woy Woy branch of the Country Women's Association has received a special award from the Agricultural Society Council of NSW.

Woy Woy branch's cookery officer Ms Amy Scott received a Next Generation ribbon from the Council for her efforts as a cookery judge for the 2019 Central Coast Regional Show.

NSW Next Generation is the leg

of the Agricultural Society Council dedicated to facilitating youth engagement for the progression of NSW agricultural shows.

"Amy was incredibly surprised to receive the Council's NSW Next Generation ribbon," said branch president Ms Jane Bowtell.

"Of course, to us, it came as no surprise at all.

"Amy is a fabulous judge and whether it is judging our branch cookery or the entries at the

regional show, she gives her all.

"Her knowledge of cookery is astounding and she is incredibly dedicated to helping cooks realise their potential through positive and constructive feedback.

"If you've ever tasted one of Amy's cakes, you'll know exactly why she is our cookery officer," Ms Bowtell said.

SOURCE:  
Social media, 5 May 2019  
Jane Bowtell, CWA Woy Woy



## Fran turns 101

Peninsula Villages resident Ms Fran Dawson celebrated her 101st birthday in April.

Fran was joined by family, staff and other Don Leggett House residents.

"The ukulele band played throughout the celebration and Fran sang along to all of their

songs," said Peninsula Village chief Mr Shane Neaves.

"The band took requests from Fran's family and sang a rousing 'Happy Birthday'.

"It was a lovely day all round to celebrate Fran," Mr Neaves said.

SOURCE:  
Social media, 3 May 2019  
Shane Neaves, Peninsula Villages

## Fire station opens its doors

Umina firefighters will open the doors of the Umina Fire Station on May 18 as part of Fire and Rescue's 2019 Open Day.

The station will be open from 10am to 2pm and will provide a range of free activities including station tours, safety presentations and firefighting demonstrations.

Families will also have the opportunity to inspect a firetruck and other firefighting equipment and to chat with their local firefighters about their work.

Fire and Rescue NSW Commissioner Mr Paul Baxter, said the annual Open Day was an opportunity to show the general public that firefighters do so much

more than just fight fires.

"From road crashes, hazardous material incidents, natural disasters to urban search and rescue and humanitarian relief, our firefighters are prepared for anything and ready to help anyone, anytime, anywhere," Mr Baxter said.

SOURCE:  
Media release, 2 May 2019  
Paul Baxter, Fire and Rescue NSW



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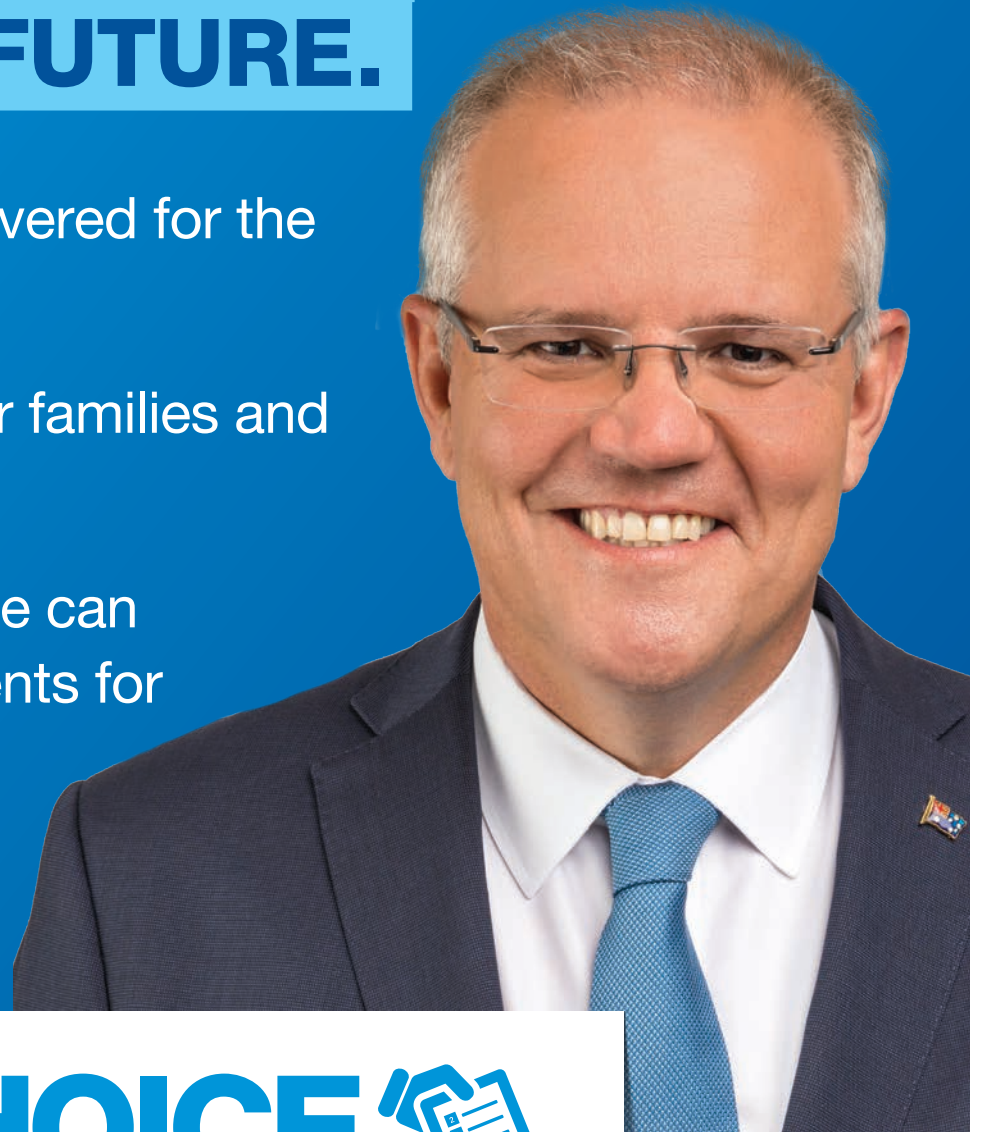
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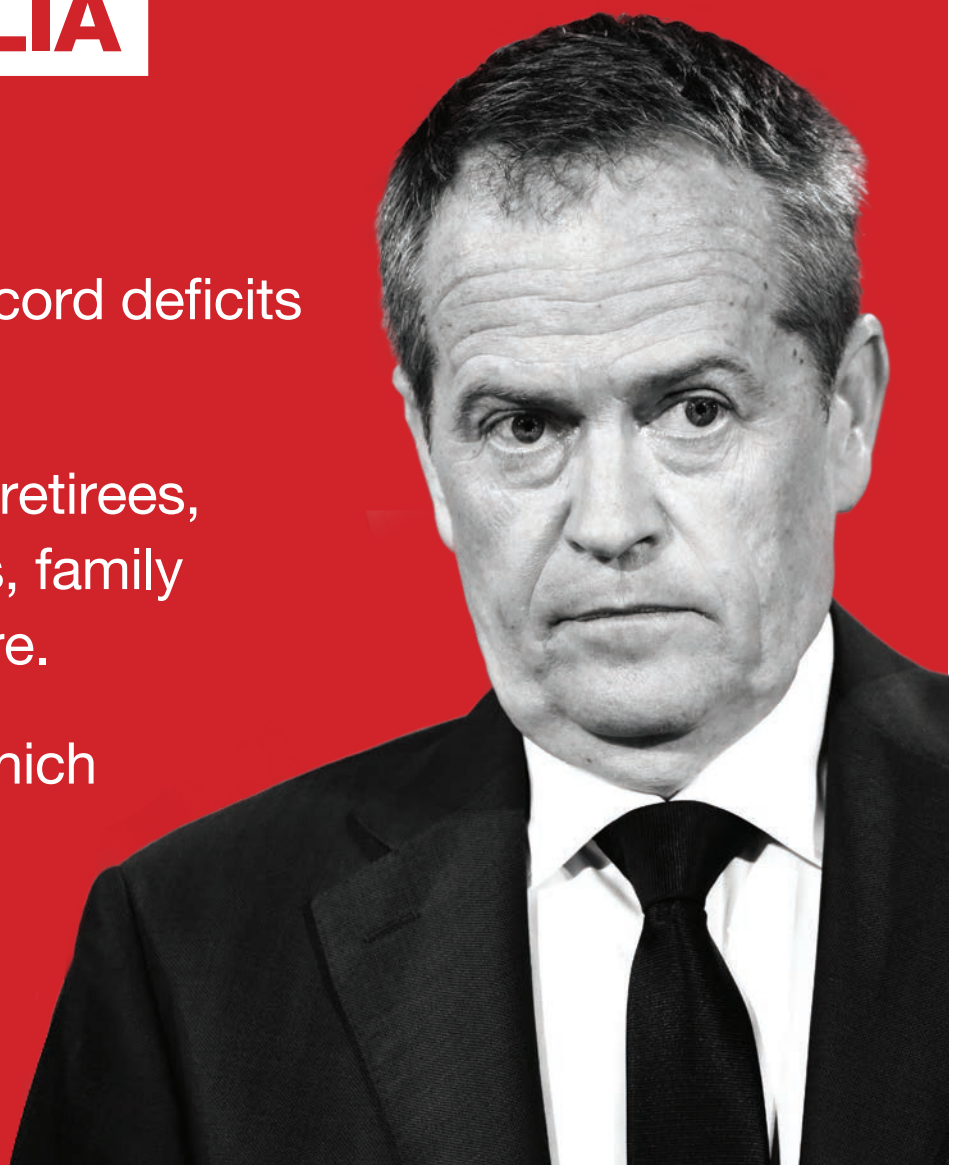
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- ✓ Tax relief is being delivered for families and small businesses.
- ✓ A stronger economy means we can guarantee increased investments for schools, hospitals and roads.



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- ✗ Labor wants higher taxes – on retirees, housing, incomes, investments, family businesses, electricity and more.
- ✗ Labor can't manage money, which means they come after yours.





## Nine-unit proposal referred to Ausgrid

**A proposal for a three-storey residential building for nine units next door to St Luke's Anglican Church at Woy Woy has been referred to Ausgrid for a second time.**

Central Coast Council received the application in October last year and it is still undergoing the process of assessment with the council architect with revised plans submitted in December.

The proposed units at 145 Blackwall Rd, Woy Woy, would contain parking for 12 cars with access from the rear laneway, next door to St Luke's Anglican Church.

The existing site is vacant with the previous house and garage demolished. An old jacaranda tree would be removed.

The allowable building height for the site is 11 metres and the maximum height of the

development is 10.38 metres.

The proposal seeks a variation to the minimum lot size and the allowed floor space ratio, among other variations.

The land is 0.9 per cent below the minimum lot size.

The consultant Mr Michael Leavey argued that compliance with the development standard was not physically possible as the church on one side and an existing strata subdivided medium density development to the north prevent any practical consolidation of the land with an adjoining property in order to increase the minimum lot size.

"Additionally the proposed variation is negligible, being less than one per cent to the standard and, for all intents and purposes, the site satisfies the intent of the standard," his environmental statement says.

The floor space ratio has been increased because parking is on ground level rather than basement level but the applicant revised the plan in December 2018 so the variation to the development standard is now 9.7 per cent over the standard.

The applicant argued that it was not practical to provide basement parking due to the narrow width of the site.

The carparking provided would be for 12 cars while the Development Control Plan requires 17 spaces.

Eighty percent of the units have the required solar access. Twenty percent do not.

The application also seeks a variation to Development Control Plan setback requirements; and does not meet the minimum of one third of dwellings to be accessible dwellings and cannot

meet the communal open space requirement of 25 per cent of the site.

The proposal received a number of submissions when it was put on public exhibition with neighbours saying the development should be rejected as it was a development that was too big for the block.

"The number of vehicles expected to use the unsealed one way unnamed laneway is totally unacceptable.

"How many more properties is council proposing to push on this laneway?

"It is not a road, is not maintained and not sealed.

"You're turning Woy Woy into a ghetto," one submission said.

Another said the proposed building would overshadow both the memorial garden and the chapel of St Lukes.

"The garden is used for

internment of ashes and a place of quite reflection. All natural light will be compromised because the proposal will be blocking the northern windows. This will also adversely affect the recently installed faceted coloured windows which is an important design feature of the church building."

It said the parish was working towards sustainable practices that included solar panels on the church's roof. The proposed building would overshadow the roof area that would defeat the purpose of solar panels.

There was a concern of possible storm water drainage on the site due to low water table and no natural land fall.

**SOURCE:**

**DA Tracker, 26 Apr 2019  
DA55285, Central Coast Council**



### Department of Industry

#### Application for Appointment of Board Members

##### Patonga Public Hall And Bush Fire Brigade Land Manager

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We are looking for a good mix of people with a variety of skills, however, sound business and financial management skills and objective decision-making expertise would be a distinct advantage.

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The Patonga Public Hall And Bush Fire Brigade Land Manager manages the Reserve No. 88567 at Patonga notified on 21 April 1972 for Bush Fire Brigade Purposes and Public Hall. The term of appointment will expire on 29 November 2023.

Application forms may be obtained from <https://www.industry.nsw.gov.au/lands/reserves/join> or telephoning 1300 886 235.

All applications are required to be lodged before **Thursday, 13 June 2019** by email at [cl.reserves@crowland.nsw.gov.au](mailto:cl.reserves@crowland.nsw.gov.au) or posted to Department of Industry - Lands & Water PO Box 2215, DANGAR NSW 2309. File Reference: MD80R42-002.

For further information contact Peter Allen on (02) 4937 9345.

## Brewery proposal 'referred to applicant'

**A proposal for a micro brewery , food and drinks premises called Two Hops Brewery at Woy Woy has been "referred to the applicant" for more detail.**

The applicants wanted council consent to turn what was previously Anderson's Bait wholesale storage and distribution centre into a "contemporary and cosmopolitan food and beverage outlet complementing the emerging quality dining and entertaining establishments at Woy Woy".

These were noted as the "recently upgraded Fishermen's Wharf, the well-established Ela Mesa Greek Restaurant, Young Barons and the greatly enhanced

Bayview Hotel featuring Frankie's Roof Top Bar".

The application was submitted by the Gosford office of SJH Planning and Design on behalf of as yet unnamed "entrepreneurs".

"The design imagery snapshots which are included in the attachments provide but a sample of what these young entrepreneurs contemplate in the adaptive re-use of the existing factory unit known as unit 4, No 15 Charlton St, Woy Woy," the application to Central Coast Council says.

The applicants told council it was intended the proposal would be endorsed by the Liquor and Gaming Authority as small bar which would permit a maximum

of 100 patrons at any one time but noted budgeting forecasts had been based on more modest numbers of between 20 to 50 patrons at any one time.

Hours of operation would be 10am to 10pm seven days a week and the application had more than the required seven car parking spaces with 15 spaces available.

The application first went to council in August last year and has been referred back to the applicant after the police check was completed on April 15

SJH Planning and Design said it was about to table a management plan at the behest of council.'

**SOURCE:**

**DA Tracker, 7 May 2019  
Central Coast Council**

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# Townhouse comment period still open

People have until May 17 to comment on a development application for three townhouses proposed for 19 Warrah St, Ettalong Beach.

The development was lodged with Central Coast Council on April 16 and some comments on the proposal are already on council's DA tracker page.

"Families are leaving the area," says one.

"Backyards are turning into cheap rental accommodation.

"Congestion is rapidly increasing and liveability is evaporating.

"People are angry about what is being forced onto them.

"Is this really the community that this council wants to be responsible for creating?" it asks.

"I don't have the impression that the majority of residents on the Peninsula feel that the leadership for the region is strong or reliable."

Another says the area is being trashed with over-development.

The lot size for the three townhouses is 3.4 per cent less than the minimum 750 square metres lot size guidelines for multi dwelling housing in the Gosford Local Environmental Plan.

But the applicant has named 20 other recent approvals of multi-unit developments with essentially the same design scale, height, setbacks in its justification for approval.

It also fails to meet the setback guidelines for side and rear boundaries and the overall length of the building of 39 metres is longer than the 25 metre requirement for building articulation.

The application says the proposal would incorporate sufficient setbacks and breaks that would negate monotonous or symmetrical appearance when viewed from the adjacent premises.

Development consultants Clarke Dowdle and Associates submitted the statement of environmental effects with its town planner Ravi Sharma preparing the report.

It says the proposal would be within the environmental capacity of the land and not be detrimental

to the surrounding properties or the public domain.

"The proposed development would be in line with Draft Central Coast Regional Strategy that is the NSW Government's long term land use plan for the region, which covers the Gosford City and Wyong Shire Local Government Areas.

"The Regional Strategy contains policies and actions designed to cater for the region's projected housing and employment growth over next 20 years.

"Greater housing choice is prioritised to satisfy the community's desire for smaller households.

"The plan places emphasis on providing new housing in existing and committed growth areas.

"To meet the projected housing demands over the next 20 years, an average of 1980 new homes will need to be constructed each year.

"This is 590 more homes than the average annual housing production of 1390 dwellings over the 19 years to 2014-15.

"The proposed medium density development would allow for more affordable dwellings. That is consistent with the policies and strategic actions outlined in the strategy."

SOURCE:

DA Tracker, 26 April 2019  
DA 56368, Central Coast Council



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Peninsula Village's new facility build is progressing smoothly

# Aged care building construction 'on schedule'

Construction of new buildings at a Umina aged care facility is on schedule, according to its chief executive.

"The first month of our construction for the new Jack Aldous House has been on track with the first four weeks been about preparing the site in readiness for the major works to move forward," said Peninsula Villages chief

executive Mr Shane Neaves.

"So far the site has been filled to form the building pad, which is at 90 per cent with 75 per cent of the piles installed.

"The lift pit is constructed with waterproofing and backfilling complete.

"The in ground services are underway with hydraulics and electrical complete.

"Detailed footing excavation has commenced to the north

western wing; and the steel fixing and slab on ground formwork has commenced.

"We expect that the site will soon look much more exciting as walls, formwork and scaffold are due on site towards the end of May and then we will all start to see the building rise from the ground," Mr Neaves said.

SOURCE:

Social media, 2 May 2019  
Shane Neaves, Peninsula Villages

# Have Your Say on Reimagining Old Sydney Town Precinct

You're invited to our Community Information and Feedback Session for Reimagining Old Sydney Town Precinct.

At this session you will find out more information on the Draft Structure Plan and have an opportunity to meet the project team, ask questions and provide your feedback.

This is an exciting project for the Central Coast Region. We value the site's history and want to build on this, whilst exploring ways to enhance local economic growth and tourism.

Your feedback is important and we encourage you to attend this session and provide your thoughts on the Draft Structure Plan.

## Details:

Please drop in at any time to find out more.

- **Date:** Saturday 25 May 2019
- **Time:** 9am - 12pm
- **Venue:** Wyoming Community Centre, 147 Maidens Brush Road, Wyoming NSW 2250

If you can't attend the Community Information and Feedback Session we will be hosting Community Pop-ups at Tuggerah Super Centre on Saturday 11 May 2019 between 9am - 12pm and Erina Fair between 2pm - 5pm where you can find out more.

We look forward to meeting with you and hearing your thoughts!

If you have any questions about the project you can find out more at [www.wctv.com.au](http://www.wctv.com.au)



Anzac Services



# Children at Anzac service ‘encouraging’

Ettalong Diggers Club chief executive Mr Bill Jackson said it was encouraging to see an increasing number of children and young people attending the Woy Woy Anzac Day dawn service.

“Anzac Day is always a special day on our calendar, and so inspiring to see so many dressed in suits proudly adorned by medals.

“Every year we notice such an increase in young children attending with their parents or grandparents, learning the true meaning of Anzac Day and why we pay our respects to the fallen.

“We were also thrilled to welcome 600 guests to our post dawn service breakfast” Mr Jackson said.

**SOURCE:**  
Social media, 25 Apr 2019  
Joy Allan, Ettalong Diggers



# Anzac service at surf club

Members of Ocean Beach Surf Life Saving Club held an Anzac Day commemorative service on April 25.

The service was attended by several club members, members of the public and special guests: Federal Member for Robertson

Ms Lucy Wicks, State Member for Gosford Ms Liesl Tesch, Ms Hannah Mercer representing Senator Ms Deborah O'Neill and Royal Australian Engineers ex-serviceman Mr James Irwin.

**SOURCE:**  
Social media, 28 Apr 2019  
Dean Slattery, Ocean Beach SLSC

# More attend Anzac events

The Peninsula collectively paused on the dawn of April 25 as residents took time to reflect and honour the fallen at Anzac Day services across Woy Woy, Ettalong, Umina, Empire Bay, Pearl Beach,

Patonga and Hardys Bay.

Members of the Central Coast branch of the Vietnam Veterans Peacekeepers and Peacemakers Association of Australia held a wreath-laying ceremony at Ettalong on the day.

Branch secretary Mr Eric Daniel said the branch was warmed to see more and more people attending Anzac Day events such as theirs.

“Approximately 400 people attended the 8am service in Ettalong and our Anzac Day wreath-laying ceremony was also well attended by local politicians and dignitaries, and the 1951-1972 Re-Enactment Unit Catafalque Party in their newly-acquired WW1 Uniforms,” Mr Daniel said.

“Participation seems to be increasing each year, I think partly because of the 8am service, and also because of the family-friendly location of the service,” he added.

**SOURCE:**  
Media release, 8 May 2019  
Eric Daniel, VVPPAA CC

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# Community association attends Anzac service

Members of the Wagstaffe-Killcare Community Association attended the Anzac Day service at Hardys Bay Club on April 25.

“Again we were able to enjoy a splendid community recognition of Anzac Day at the Hardy’s Bay Club,” said association vice-president Mr Mike Allsop.

“The sunny skies were punctuated briefly at 11am by a flight of two RAAF jet trainers from Williamtown right at the beginning of proceedings, when club director Terry O’Brien, introduced Captain Simon Reay Atkinson of the RANR to officiate.

“Captain Atkinson spoke splendidly on the theme of remembering our futures while the school captains from Pretty Beach Public School, Jasper Pratt and Georgia Leigh-Jones, provided their own beautifully prepared thoughts and reflections on the meaning of the day.

“Local pastor Mr Stephen Hinks led in prayer and remembrance, while the sounds of pipe and drum added an appropriate sense of piquancy to the occasion.

“As always, a variety of wreaths were offered by local organisations and individuals, including a lovely print of the hands from the pre-school at Pretty Beach,” Mr Allsop said.

**SOURCE:**  
Newsletter, 3 May 2019  
Peta Colebatch, WTKCA.

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## Capital works significantly over budget

**Two of the three Peninsula capital works mentioned in Central Coast Council's capital works status update are significantly over budget.**

The renewal of Woy Woy major sewer pump station is forecast to exceed its budget of more than \$2.6 million by 16 per cent.

It is ahead of schedule and is expected to be completed by October of this year.

The construction of the Austin Butler Oval amenities and car park and Woy Woy Tennis Clubhouse upgrade has outspent its budget of \$1,730,000 by 173 per cent.

Work is expected to finish ahead of schedule.

The resurfacing of the Lemongrove netballs courts and

upgrade of its floodlighting has been finished on budget at an expected cost of \$937,620 when final payments are made.

The council is expected to spend \$115,400 million this financial year on capital works across the Coast.

**SOURCE:**  
Central Coast Council  
agenda 4.1, 13 May 2019

## Council to demolish after-school care building

**Central Coast Council has given itself permission to demolish the old Coast Community Connections Before and After School Care building at 91 McMasters Rd, Woy Woy.**

The building has been closed for about four years due to its condition and asbestos findings.

The land is zoned RE1 Public Recreation and Council said it understood that Coast Community Connections intended to build on the site again with funds from grants.

It would apply to council for development consent for a new community facility in the near future.

Waste material from the demolition will be collected and disposed of by Bliss Demolition of Somersby.

The estimated cost of demolition is \$30,000.

The estimated area of bonded or friable asbestos material that will be disturbed was marked as the entire building.

**SOURCE**  
DA Tracker, 7 May 2019  
DA 56339, Central Coast Council

## Approval for five townhouses

**Optima Developments has gained approval on behalf of the owner of 13 Warrigal St, Blackwall, to demolish the house and build five townhouses in its place.**

Central Coast Council approved the development application on April 24 despite the private open space failing to meet its minimum requirements and the minimum height for habitable rooms being 2.45m instead of the required 2.7m.

The applicant noted that ceiling heights at 2.45m within the ground floor and bedroom one of the

proposed dwellings were less than the 2.7m minimum required for habitable rooms.

"However, heights in the first-floor main living areas consist of raked ceilings with height variations from 2.81m to 3.62m," the application said.

"It is considered that the proposed ceiling heights will provide suitable amenity to occupants and are also in compliance with the Building Code of Australia."

Units 2, 3, and 4 have less than 41 square metres of private open space when 50 square metres

is required but the remaining dwellings exceed the requirement at 97.82 square metres and 79.83 square metres.

The applicant said the non-compliance with the control was considered acceptable as the design included two living areas at each level with the principle living area at the first-floor level and the total balcony area for each unit was "a generous 17.72 square metres which should adequately compensate for the minor shortfall in ground floor minor open space".

**SOURCE**  
DA Tracker, 26 Apr 2019  
DA 54895, Central Coast Council



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Monday 13 May

ABC (C20/21)		PRIME (C61/60)		NINE (C81/80)		TEN (C13)		SBS (C30)							
6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Antiques Roadshow [s] 11:00 Becoming Superhuman (PG) [s] 11:30 How Not To Behave (PG) [s] 12:00 ABC News At Noon [s] 1:00 Landline [s] 2:00 The ABC Murders (M) 3:00 The Cook And The Chef 3:30 Hard Quiz (PG) [s] 4:00 Think Tank [s] 5:00 Doctor Who (PG) [s] 6:00 Countdown To Glory [s]	6:05 The Drum [s] 7:00 ABC News [s] 7:30 [s] 8:30 Australian Story [s] 8:30 Four Corners: Inside The Watch House [s] 9:15 Media Watch (PG) [s] 9:35 Q&A [s] 10:40 ABC Late News [s] 11:10 The Business [s] 11:30 My Family And The Galapagos [s] 12:15 Broadchurch (M v) [s] 1:05 Doctor Foster [s] 2:00 rage (MA15+) [s]	6:00 Sunrise [s] 9:00 The Morning Show (PG) 11:30 Seven Morning News [s] 12:00 Movie: 'Jesse Stone: Benefit Of The Doubt' (M) ('12) - When a shocking double murder rocks the quiet town of Paradise, retired alcoholic cop Jesse Stone is forced back into action at the request of the town council. Stars: Tom Selleck, Kohl Suduth 2:00 The Daily Edition [s] 3:00 The Chase UK [s]	4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 7Prime News [s] 7:00 Home And Away (PG) [s] 7:30 House Rules (PG) [s] 9:00 9-1-1: Broken (MA15+) [s] 10:00 Modern Family: Commencement (PG) [s] 10:30 Modern Family: A Year Of Birthdays (PG) [s] 11:00 The Latest Seven News 11:30 Me, Myself & I: New Job (PG) [s] 12:00 Talking Footy (M) [s] 1:00 Home Shopping	5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Extra (PG) [s] 1:30 Lego Masters (PG) [s] 3:00 NINE News Now [s] 4:00 NINE's Afternoon News 5:00 Millionaire Hot Seat [s] 6:00 NBN News [s] 7:00 A Current Affair [s] 7:30 Lego Masters (PG) [s] - The four remaining teams each contribute to a time train diorama built in sixteen hours. From the wild west, the future, prehistoric and medieval times, this challenge will mark the end of one team's journey. 8:40 20 To One: Epic Celebrity Fails (M) [s] 9:40 100% Footy (M) [s] 10:40 The Closer: Time Bomb (M) [s] 11:40 An Hour To Save Your Life (M) [s] 1:00 Extra [s] 1:30 Home Shopping	6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Masterchef Australia (PG) [s] 2:40 Entertainment Tonight 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 Celebrity Name Game [s] 6:30 The Project (PG) [s] 7:30 Masterchef Australia (PG) [s] - Nigella is here and it's pressure test time for yesterday's losing team. 8:40 Have You Been Paying Attention? (M) [s] 9:40 Mr Black (M) [s] 10:10 Program To Be Advised 11:10 WIN's All Australian News [s] 12:10 The Project [s] 1:10 The Late Show With Stephen Colbert (PG) [s] 2:00 Home Shopping 4:30 CBS - This Morning	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 2:00 The Truth About Your Health: Scienceplotation 3:00 Elena Kats-Chernin Wild Swans Suite 3:30 A Russian Resurrection (In Russian) 4:00 Peter Kuruvita's Coastal Kitchen 4:28 2019 Federal Election: Australian Labor Party Policy Statement 4:30 The Supervet (PG) 5:28 2019 Federal Election: Greens Policy Statement 5:30 Letters And Numbers 6:00 Mastermind (PG) 6:30 SBS World News 7:30 Great American Railroad Journeys: New York City To Albany (PG) 8:35 Michael Mosley: Trust Me, I'm A Doctor (M) 9:35 24 Hours In Emergency 10:33 2019 Federal Election: Coalition Policy Statement 10:35 SBS World News Late									
ABCCOMEDY (C22)		ABCME (C23)		ABCNEWS (C24)		SBS VICE (C31/32)		SBS FOOD (C33)		SBS NITV (C34)		7TWO (C62)		7MATE (C63)	
5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Wild Adventures 7:30 Spicks And Specks (PG) 8:00 Blackadder (PG) 8:35 Countdown To Glory 8:40 The Office (PG) 9:20 The Inbetweeners (M) 9:45 Peep Show (M) 10:10 Plebs (M) 10:30 Review With Myles Barlow (MA15+)		5:25 The Day My Butt Went Psycho! 6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! 7:00 Teenage Boss 7:25 Thunderbirds Are Go 8:00 Cloudy With A Chance Of Meatballs 8:20 Teenage Mutant Ninja Turtles (PG) 8:55 Atomic Puppet 9:10 SheZow 9:20 My Year 12 Life (PG) 9:45 rage (PG)		6:00 News Breakfast 9:00 ABC News Mornings 12:00 ABC News At Noon 3:00 ABC News Afternoons 4:00 Afternoon Briefing 5:00 ABC National News 6:00 ABC News Hour 7:00 The Drum 8:00 ABC News Tonight 9:45 The Business 10:00 The World 11:00 ABC Nightly News 12:00 ABC Late News		3:20 PopAsia TV (PG) 4:20 Trump: 100 Days (PG) 5:10 If You Are The One (PG) (In Mandarin) 6:05 Dateline 6:35 Seconds From Disaster (PG) 7:30 Mythbusters (PG) 8:30 Full Frontal With Samantha Bee (MA15+) 9:00 Adam Looking For Eve (MA15+) (In German) 9:50 Taboo's And Subcultures (MA15+)		4:30 Sachie's Kitchen 5:00 Food Lab By Ben Milbourne 5:30 The Cook And The Chef 6:30 Saturday Kitchen 7:30 The Urban Vegetarian 8:30 Thai Street Food With David Thompson 9:30 Avec Eric 10:00 The Cook And The Chef 11:00 Saturday Kitchen 12:00 Worst Cooks In America 1:00 Food Lab By Ben Milbourne		4:48 The Time Compass 5:00 Volumz 6:00 Surviving 6:30 The Chefs' Line 7:00 Our Stories 7:20 Young, Strong And Proud 7:25 NITV News 7:30 The Road To Home (PG) 8:30 Highway Of Tears (M) 9:30 NITV News 9:35 AFL 2019: NT Thunder 11:05 Black Chicks Talking (M) 12:00 Volumz		1:00 The Great Outdoors 2:00 Million Dollar Minute 3:00 Harry's Practice 3:30 Under The Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Investigations (PG) 5:30 Property Pickers (PG) 8:30 Movie: "Playback" (MA15+) (99) Stars: Mel Gibson 10:50 Movie: "Edge Of Darkness" (MA15+) ('10) Stars: Mel Gibson		2:00 Ax Men (M) 3:00 Blokesworld (PG) 3:30 Hardliners (PG) 4:00 Wicked Tuna (PG) 5:00 Swamp People (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 American Pickers (PG) 8:30 Movie: "Playback" (MA15+) (99) Stars: Mel Gibson 10:50 Movie: "Edge Of Darkness" (MA15+) ('10) Stars: Mel Gibson	
7FOOD (C74)		7FLIX (C66)		10 PEACH (C11)		10 BOLD (C12)		GEM (C82)		GO! (C83/88)		9LIFE (C84)		ADVERTISE HERE 43257369	
4:00 House Of Wellness (PG) 5:00 Cake Masters (PG) 6:00 Ridiculous Cakes (PG) 6:30 Chopped (PG) 7:30 Kid's Baking Championship (PG) 8:30 Cake Wars (PG) 9:30 Spring Baking Championship (PG) 10:30 Kid's Baking Championship 11:30 Chopped (PG) 12:30 Sydney Weekender		2:30 Bewitched (PG) 4:00 Just Shoot Me! (PG) 5:00 Scrums (PG) 6:00 Seinfeld (PG) 7:00 M*A*S*H (PG) 7:30 Britain's Got Talent (PG) 8:50 Modern Family (PG) 9:50 The Passage (M) 11:50 It's Always Sunny In Philadelphia Rebel Royal: Pleasure v Duty (PG) [s] 12:30 Black-ish (PG) 1:50 Modern Family (PG)		3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 4:30 The King Of Queens (PG) 5:30 Frasier (PG) 6:30 Neighbours (PG) 7:00 Everybody Loves Raymond (PG) 7:30 Two And A Half Men (PG) 8:00 Movie: "The Mechanic" (MA15+) ('11) Stars: Jason Statham 10:55 The Flash (M v) 11:55 The Late Late Show (M)		1:00 WIN's All Australian News 2:00 Jake And The Fatman (PG) 3:00 Diagnosis Murder (PG) 4:00 Star Trek: The Next Generation (PG) 5:00 Star Trek: Voyager (PG) 6:00 Judge Judy (PG) 7:30 Bondi Rescue (PG) 7:30 NCIS (M) 8:30 Law And Order: SVU (M) 10:30 Formula 1 Spanish Grand Prix Highlights		12:00 Movie: "Isn't Life Wonderful" (G) ('53) Stars: Cecil Parker 1:45 Mad About You (PG) 2:45 Four In A Bed (PG) 3:15 Poirot (PG) 4:25 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7:30 New Tricks (M s) 8:40 Midsomer Murders (M v) 10:50 Unforgettable (M) 11:50 Footy Classified (M)		4:00 Teen Titans Go! (PG) 4:30 The New Looney Tunes 5:00 Clarence (PG) 5:30 Regular Show (PG) 6:00 Lego Masters (PG) 7:30 Misfit Garage (M) 9:30 Movie: "The Punisher" (MA15+) ('04) Stars: Thomas Jane 12:00 Science Of Stupid (M) 12:30 Squid-billies (MA15+)		2:30 Flip Or Flop 3:30 Texas Flip N Move 4:30 House Hunters International 5:30 Island Hunters 6:00 Texas Flip N Move 7:30 Louisiana Flip N Move 8:30 Flip Or Flop 9:30 Bargain Mansions 10:30 Restored By The Fords 11:30 House Hunters International 12:00 Island Hunters 1:00 Masters Of Flip			

Tuesday 14 May

ABC (C20/21)

6:00 News Breakfast [s]

9:00 ABC News Mornings [s]

10:00 Doctor Who (PG) [s]

11:00 Becoming Superhuman (PG) [s]

11:30 How Not To Behave (PG) [s]

12:00 ABC News At Noon [s]

1:00 Four Corners [s]

1:45 Media Watch (PG) [s]

2:00 Broadchurch (M v) [s]

3:00 Poh's Kitchen [s]

3:30 Hard Quiz (PG) [s]

4:00 Think Tank [s]

5:00 Doctor Who (PG) [s]

5:45 Federal Election Announcements [s]

6:00 Countdown To Glory [s]

6:05 The Drum [s]

7:00 ABC News [s]

7:30 [s]

8:00 The Recording Studio

8:45 Joanna Lumley's Silk Road Adventure: Iran [s]

9:35 Princess Margaret: The Rebel Royal: Pleasure v Duty (PG) [s]

9:35 Princess Margaret: The Rebel Royal: Pleasure v Duty (PG) [s]

10:30 ABC Late News

11:00 The Business [s]

11:15 Q&A [s]

PRIME (C61/60)

6:00 Sunrise [s]

9:00 The Morning Show (PG)

11:30 Seven Morning News [s]

12:00 Movie: "New York Prison Break: The Seduction Of Joyce Mitchell" (M v s) ('17) - A prison employee helps convicted murderers escape from the Clinton Correctional Facility in upstate New York in 2015. Stars: Penelope Ann Miller, Joe Anderson

2:00 The Daily Edition [s]

3:00 The Chase UK [s]

4:00 Seven News At 4 [s]

5:00 The Chase Australia [s]

6:00 7Prime News [s]

7:00 Home And Away (PG) [s]

7:30 House Rules (PG) [s]

9:00 Andrew Denton: Interview (M) [s]

10:00 God Friended Me: Ready Player Two (PG) [s]

11:00 The Latest Seven News

11:30 The Goldbergs: The Living Room: A 100% True Story (PG) [s]

12:00 Cosmetic Coffee (M n) [s]

12:30 Home Shopping

NINE (C81/80)

5:30 Today [s]

9:00 Today Extra [s]

11:30 NINE's Morning News [s]

12:00 Ellen (PG) [s]

1:00 Extra [s]

1:30 Kevin Can Wait: Trainer Wreck (PG) [s]

2:00 Lego Masters (PG) [s]

3:00 NINE News Now [s]

4:00 NINE's Afternoon News

5:00 Millionaire Hot Seat [s]

6:00 NBN News [s]

7:00 A Current Affair [s]

7:30 Lego Masters (PG) [s]

8:40 The Big Bang Theory: The D & D Vortex (PG) [s]

9:10 The Big Bang Theory: The Citation Negation (PG) [s]

9:40 Timeless: Atomic City (M) [s]

10:50 Talkin Bout Your Generation (PG) [s]

11:50 Real, Fake Or Unknown: Headline Grabbing (PG)

12:40 Harry (PG) [s]

1:30 Extra [s]

2:00 Home Shopping

2:30 Skippy The Bush Kangaroo [s]

3:00 Home Shopping

TEN (C13)

6:00 Headline News [s]

8:00 Celebrity Name Game [s]

8:30 Studio 10 (PG) [s]

12:00 Dr Phil (PG) [s]

1:00 Masterchef Australia (PG) [s]

2:10 Entertainment Tonight

2:30 Program To Be Advised

3:00 Judge Judy (PG) [s]

3:30 My Market Kitchen [s]

4:00 Good Chef Bad Chef [s]

4:30 The Bold And The Beautiful (PG) [s]

5:00 10 News First [s]

6:00 Celebrity Name Game [s]

6:30 The Project (PG) [s]

7:30 Masterchef Australia (PG) [s]

8:45 Mr Black (M) [s]

9:15 NCIS: ... And Executioner (M v) [s]

10:10 NCIS: Los Angeles: No More Secrets (M v) [s]

11:05 WIN's All Australian News [s]

12:05 The Project [s]

1:05 The Late Show With Stephen Colbert (PG) [s]

2:00 Home Shopping

4:30 CBS - This Morning

SBS (C30)

5:00 CGTN English News

5:15 NHK World English News

5:30 Worldwatch

1:00 PBS Newshour

1:58 2019 Federal Election: Coalition Policy Statement

2:00 My Japanese Diet

2:58 2019 Federal Election: Australian Labor Party Policy Statement

3:00 Who Do You Think You Are?: Ray Martin (PG)

4:00 Peter Kuruvita's Coastal Kitchen

4:32 2019 Federal Election: Coalition Policy Statement

4:44 The Supervet (PG)

5:44 2019 Federal Election: Australian Labor Party Policy Speech

6:00 Mastermind (PG)

6:30 SBS World News

7:30 Who Do You Think You Are?: Marta Dusseldor Insight: Promised Brides

8:30 Dateline

10:33 2019 Federal Election: Greens Policy Statement

10:35 SBS World News Late

ABCCOMEDY (C22)

5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Wild Adventures 7:30 Spicks And Specks (PG) 8:00 Adam Hills: The Last Leg (M) 8:40 Countdown To Glory 8:40 The IT Crowd (PG) 9:10 The Office (PG) 9:50 Inside No. 9 (M) 10:25 The Thick Of It (M) 10:55 Peep Show (M)

ABCME (C23)

5:25 The Day My Butt Went Psycho! 6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! 7:00 Teenage Boss 7:25 Thunderbirds Are Go 8:00 Cloudy With A Chance Of Meatballs 8:20 Teenage Mutant Ninja Turtles (PG) 8:55 Atomic Puppet 9:10 SheZow 9:20 My Year 12 Life (PG) 9:45 rage (PG)

ABCNEWS (C24)

6:00 News Breakfast 9:00 ABC News Mornings 12:00 ABC News At Noon 3:00 ABC News Afternoons 4:00 Afternoon Briefing 5:00 ABC National News 6:00 ABC News Hour 7:00 The Drum 8:00 ABC News Tonight 9:45 The Business 10:00 The World 11:00 ABC Nightly News 12:00 ABC Late News 12:30 7.30

SBS VICE (C31/32)

2:55 The Pizza (PG) 3:20 Rise (PG) 4:10 PBS Newshour 5:10 If You Are The One (PG) (In Mandarin) 6:10 Adam Ruins Everything (PG) 6:35 Seconds From Disaster (PG) 7:30 Mythbusters (PG) 8:30 8 Out Of 10 Cats Does Countdown (PG) 9:30 Travel Man (PG) 10:30 Das Boot (M) (s,v) (In German/ French)

SBS FOOD (C33)

4:30 Sachie's Kitchen 5:00 Food Lab By Ben Milbourne 5:30 The Cook And The Chef 6:30 Saturday Kitchen 7:30 Short Cuts To Glory 8:35 Poh's Kitchen On The Road 9:35 Avec Eric 10:05 The Cook And The Chef 11:05 Saturday Kitchen 12:05 Worst Cooks In America 1:00 Food Lab By Ben Milbourne

SBS NITV (C34)

5:00 Volumz 6:00 Around The Campfire (PG) 6:30 The Chefs' Line 7:00 Our Stories 7:20 Young, Strong And Proud 7:25 NITV News 7:30 Going Places With Ernie Dingo 8:30 Over The Hill (PG) 9:30 NITV News 9:35 Hunting Aotearoa 10:35 Get Your Fish On 11:35 Broke Ass Game Show (M) (s)

7TWO (C62)

1:00 The Great Outdoors 2:00 Million Dollar Minute 3:00 Harry's Practice 3:30 Under The Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Investigations (PG) 5:30 Property Pickers (PG) 8:30 Bargain Hunt 7:30 Rosemary & Thyme (PG) 8:30 Frankie Drake Mysteries (M) 9:30 Murdoch Mysteries (M)

7MATE (C63)

2:00 Ax Men (M) 3:00 American Pickers (PG) 4:00 Wicked Tuna (PG) 5:00 Swamp People (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 Vegas Rat Rods (PG) 8:30 Full Custom Garage (PG) 9:30 Counting Cars (PG) 10:30 Graveyard Carz (PG) 11:30 Road Hawks (PG) 12:30 World's Most Amazing Videos (M v)

7FOOD (C74)

4:00 Giada At Home (PG) 4:30 Kid's Baking Championship (PG) 5:30 Cake Wars (PG) 6:30 Chopped (PG) 7:30 Mystery Diners (PG) 8:30 Restaurant Impossible (PG) 10:30 Mystery Diners (PG) 11:30 Chopped (PG) 12:30 SA Weekender 1:00 Queensland Weekender 1:30 Creek To Coast

7FLIX (C66)

2:30 Bewitched (PG) 4:00 Just Shoot Me! (PG) 5:00 Scrums (PG) 6:00 Seinfeld (PG) 7:00 M\*A\*S\*H (PG) 7:30 The Amazing Race (PG) 8:30 Grey's Anatomy (M s) 10:30 Code Black (M) 12:30 Black-ish (PG) 1:30 Movie: "The Saint In New York" (PG) ('39) Stars: Jack Carson

10 PEACH (C11)

3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 4:30 The King Of Queens (PG) 5:30 TBA 6:30 Neighbours (PG) 7:00 Everybody Loves Raymond (PG) 7:30 Two And A Half Men (PG) 9:00 Kitty Flanagan - Seriously? (M s,l) 10:30 Charmed (PG) 11:30 The Late Late Show With James Corden (M)

10 BOLD (C12)

1:00 WIN's All Australian News 2:00 Jake And The Fatman (PG) 3:00 Diagnosis Murder (PG) 4:00 Star Trek: The Next Generation (PG) 5:00 Star Trek: Voyager (PG) 6:00 Judge Judy (PG) 6:30 Bondi Rescue (PG) 7:30 NCIS (M) 8:30 CSI: Miami (M) 10:30 The Mentalist (M v) 12:30 Home Shopping

GEM (C82)

12:00 Movie: "Bottoms Up" (G) ('60) Stars: Jimmy Edwards 1:50 Mad About You (PG) 2:50 Four In A Bed (PG) 3:20 Mary Portas: Secret Shopper (PG) 4:25 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7:30 Death In Paradise (M v) 8:40 Call The Midwife (M) 11:00 Law And Order SVU (M)

GO! (C83/88)

4:00 Teen Titans Go! (PG) 4:30 The New Looney Tunes 5:00 Looney Tunes Cartoons 5:30 Clarence (PG) 5:40 Regular Show (PG) 6:00 Lego Masters (PG) 7:30 Young Sheldon (PG) 8:30 Movie: "The 6th Day" (M v,l) ('00) Stars: Arnold Schwarzenegger 11:00 Young Sheldon (PG) 12:00 Science Of Stupid (M)

9LIFE (C84)

2:30 Tiny House Hunters 3:00 The Block: Fans v Faves (PG) 4:00 Come Dine With Me UK (PG) 5:00 Louisiana Flip N Move 6:00 House Hunters International 7:00 House Hunters USA 7:30 Movie: "The 6th Day" (M v,l) ('00) Stars: Arnold Schwarzenegger 11:00 Young Sheldon (PG) 12:00 Science Of Stupid (M)

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Wednesday 15 May

ABC (C20/21)		PRIME (C61/60)		NINE (C81/80)		TEN (C13)		SBS (C30)							
6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Doctor Who (PG) [s] 11:00 Catalyst (PG) [s] 11:30 How Not To Behave (PG) 12:00 ABC News At Noon [s] 12:30 National Press Club Address [s] 1:30 Compass (PG) [s] 2:00 Broadchurch (M s.v) [s] 3:00 The Cook And The Chef 3:30 Hard Quiz (PG) [s] 4:00 Think Tank [s] 5:00 Doctor Who (PG) [s] 5:45 Federal Election	6:00 Announcements [s] 6:00 Countdown To Glory [s] 6:05 The Drum [s] 7:00 ABC News [s] 7:30 [s] 8:00 Anh's Brush With Fame: Walter Mikak (PG) [s] 8:30 The Weekly With Charlie Pickering (M) [s] 9:00 You Can't Ask That: Deaf (MA15+) [s] 9:30 QI (PG) [s] 10:00 Mum: December (M I) [s] 10:35 ABC Late News [s] 11:05 The Business [s]	6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: The Memory Keeper's Daughter (M) ('08) - A pair of twins are separated at birth when their father learns that one of them has Down's syndrome. Stars: Dermot Mulroney, Emily Watson, Gretchen Mol, Krystal Hope Nausbaum, Hugh Thompson, Owen Pattison, Tyler Stentiford	2:00 The Daily Edition [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 7Prime News [s] 7:00 Home And Away (PG) [s] 7:30 House Rules (PG) [s] 9:00 The Bay (M I) [s] 10:00 Criminal Minds: Sick And Evil (M) [s] 11:00 The Latest Seven News 11:30 Blindspot: Hella Duplicious (M mp) [s] 12:30 Home Shopping	5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Ellen (PG) [s] 1:00 Extra [s] 1:30 Kevin Can Wait: The Might've Before Christmas (PG) [s] 2:00 Lego Masters (PG) [s] 3:00 NINE News Now [s] 4:00 NINE's Afternoon News 5:00 Millionaire Hot Seat [s] 6:00 NBN News [s] 7:00 A Current Affair [s] 7:30 Talkin Bout Your	8:40 Decades: The Fantastic 90s (M v,d) [s] 9:40 New Amsterdam: Preventable (M mp) [s] 10:40 Rizzoli And Isles: Foot Loose (M v) [s] 11:30 Mom: Wind Chimes And A Bottomless Pit Of Sadness/ A Bouncy Castle And An Aneurysm (M) [s] 12:15 World's Funniest Videos Top 10 Countdown (PG) [s] 12:40 Harry (PG) [s] 1:30 Extra [s]	6:00 Headline News [s] 8:00 Celebrity Name Game [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Masterchef Australia (PG) [s] 2:15 Entertainment Tonight 2:30 Program To Be Advised 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 Celebrity Name Game [s]	6:30 The Project (PG) [s] 7:30 Masterchef Australia (PG) [s] 8:40 Five Bedrooms (M) [s] 9:40 Bull: Fool Me Twice (M v) [s] 10:40 Sports Tonight [s] 11:10 Hawaii Five-0: Aia I Hi'kua: I Hi'alo (Is Borne On The Back: Is Borne In The Arms) (M) [s] 12:10 The Project (PG) [s] 1:10 The Late Show With Stephen Colbert (PG) [s] 2:00 Home Shopping 4:30 CBS - This Morning	5:00 Eurovision Song Contest: SF 'Live' 7:20 Worldwatch 1:00 PBS Newshour 1:58 2019 Federal Election: Coalition Policy Statement 2:00 Dateline 2:58 2019 Federal Election: Australian Labor Party Policy Statement 3:00 Insight: Promised Brides 4:00 Peter Kuruvita's Coastal Kitchen 4:28 2019 Federal Election: Australian Labor Party Policy Statement	4:30 The Supervet (PG) 5:30 2019 Federal Election: Coalition Policy Speech 6:00 Mastermind (PG) 6:30 SBS World News 7:30 Going Places With Ernie Dingo 8:00 Great British Railway Journeys: Warwick To Radley (PG) 8:35 24 Hours In Emergency 9:35 The Good Fight (M) 10:38 2019 Federal Election: Australian Labor Party Policy Statement						
ABCCOMEDY (C22)		ABCME (C23)		ABCNEWS (C24)		SBS VICE (C31/32)		SBS FOOD (C33)		SBS NITV (C34)		7TWO (C62)		7MATE (C63)	
5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Wild Adventures 7:30 Spicks And Specks (PG) 8:00 Democracy Sausage (M) 8:30 Countdown To Glory 8:35 Upper Middle Bogan (M) 9:05 The Office (PG) 9:45 Banged Up Abroad (M) 10:30 30 Rock (PG)		6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! 7:00 Teenage Boss 7:25 Thunderbirds Are Go 8:00 Cloudy With A Chance Of Meatballs 8:20 Teenage Mutant Ninja Turtles (PG) 8:55 Atomic Puppet 9:10 SheZow 9:20 My Year 12 Life (PG) 9:45 Slugterra (PG) 10:10 rage (PG)		6:00 News Breakfast 9:00 ABC News Mornings 12:00 ABC News At Noon 12:30 National Press Club Address 1:30 ABC News 3:00 ABC News Afternoons 4:00 Afternoon Briefing 5:00 ABC National News 6:00 ABC News Hour 7:00 The Drum 8:00 ABC News Tonight 9:45 The Business 10:00 The World 11:00 ABC News		3:15 Jungletown (PG) 4:05 PBS Newshour 5:05 If You Are The One (PG) (In Mandarin) 5:05 Vice News Tonight 6:35 Seconds From Disaster (PG) 8:30 Mythbusters (PG) 8:30 Movie: "Jim: All Is By My Side" (M) ('13) Stars: Imogen Potts 10:40 Movie: "Idlewild" (MA15+) ('06) Stars: Bryan Barber		4:30 Sachie's Kitchen 5:00 Food Lab By Ben Milbourne 5:30 The Cook And The Chef 6:30 Saturday Kitchen 7:30 Paul And Nick's Big Food Trip 8:30 Donna Hay: Basics To Brilliance 9:30 Avec Eric 10:00 The Cook And The Chef 11:00 Saturday Kitchen 12:00 Worst Cooks In America		5:00 Volumz 6:00 Desperate Measures 6:30 The Chefs' Line 7:00 Our Stories 7:20 Young, Strong And Proud 7:25 NITV News 7:30 The Big Wet (PG) 8:30 The Point 9:30 Althea (PG) 11:05 NITV News 11:05 Whadjuk To Wadjemup (PG) 11:35 In The Frame 12:00 The Point 1:00 Volumz		2:00 Million Dollar Minute 3:00 Harry's Practice 3:30 Under The Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Investigations (PG) 5:30 Property Ladder UK (PG) 6:30 Bargain Hunt 7:30 Border Security Australia's Front Line (PG) 8:30 Air Crash Investigations (PG) 11:30 The Real Seachange		2:00 World's Toughest Cops (M d,v) 3:00 Counting Cars (PG) 4:00 Wicked Tuna (PG) 5:00 Swamp People (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 7:30 The Simpsons (PG) 9:00 Rostered On (MA15+) 10:00 Family Guy (M) 10:30 American Dad (M v,s) 11:30 Houso's (MA15+)	
7FOOD (C74)		7FLIX (C66)		10 PEACH (C11)		10 BOLD (C12)		GEM (C82)		GO! (C83/88)		9LIFE (C84)		ADVERTISE HERE 43257369	
4:00 Giada At Home (PG) 4:30 Restaurant Impossible (PG) 5:30 Mystery Diners (PG) 6:30 Chopped (PG) 7:30 Gordon, Gino And Fred: The Ultimate Roadtrip (M) 8:30 Hell's Kitchen USA (MA15+) 10:30 Gordon, Gino And Fred: The Ultimate Roadtrip (PG) 11:30 Chopped (PG) 12:30 SA Weekender		2:00 I Dream Of Jeannie 2:30 Bewitched (PG) 4:00 Just Shoot Me! (PG) 5:00 Scrums (PG) 5:30 M*A*S*H (PG) 6:00 Seinfeld (PG) 7:00 M*A*S*H (PG) 8:30 Movie: "Keeping Up With The Joneses" (M v,l) ('16) Stars: Isla Fisher 10:30 Movie: "The Town" (MA15+) ('10) Stars: Ben Affleck 1:00 Blindspot (M v)		3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 4:30 The King Of Queens (PG) 5:30 TBA 6:00 Frasier (PG) 6:30 Neighbours (PG) 7:00 Everybody Loves Raymond (PG) 7:30 Two And A Half Men (PG) 9:00 Movie: "Killing Hasselhoff" (MA15+) ('17) Stars: David Hasselhoff		1:00 WIN's All Australian News 2:00 Jake And The Fatman (PG) 3:00 Diagnosis Murder (PG) 4:00 Star Trek: The Next Generation (PG) 5:00 Star Trek: Voyager (PG) 6:00 Judge Judy (PG) 6:30 Bondi Rescue (PG) 7:30 NCIS (M) 8:30 NCIS: Los Angeles (M v) 10:20 NCIS (PG) 12:10 Home Shopping		12:00 Movie: "Tonight's The Night" (G) ('54) Stars: David Niven 1:45 Mad About You (PG) 2:45 Four In A Bed (PG) 3:15 Earth's Great Seasons (PG) 4:25 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7:30 David Attenborough's Blue Planet II (PG) 8:40 Serial Killer With Piers Morgan (M)		4:00 Teen Titans Go! (PG) 4:30 The New Looney Tunes 5:00 Clarence (PG) 5:30 Regular Show (PG) 6:00 Friends (PG) 7:00 The Big Bang Theory (PG) 8:30 Movie: "The Da Vinci Code" (M v) ('06) Stars: Tom Hanks 11:30 The Big Bang Theory (PG) 12:00 Science Of Stupid (M) 12:30 Friends (PG)		2:30 Restored By The Fords 3:00 The Block: Fans v Faves (PG) 4:00 Come Dine With Me UK (PG) 5:00 Flip Or Flop 6:00 House Hunters International 7:00 House Hunters USA 7:30 Fixer Upper 8:30 Tiny House Hunters 9:30 Beachfront Bargain Hunt 10:30 Beach Hunters 11:30 House Hunters International			

Advertisement

# VOTE INDEPENDENT 1 ABRAHAM'S



Number EVERY box or your vote won't count.

Vote 1 Abrahams, then 2 to 8 according to your choice.  
Fact: You are free to select your preferences!

Authorised by David Abrahams, Independent Candidate for Robertson, 1 Fraser Rd Killcare NSW 2257

This advertisement is not funded by the taxpayer or foreign donors, instead by local citizens and businesses supporting the campaign.



Thursday 16 May

ABC (C20/21)			PRIME (C61/60)			NINE (C81/80)			TEN (C13)			SBS (C30)											
6:00 News Breakfast [s]		Guest Tonight (M) [s]	6:00 Sunrise [s]	5:00 The Chase Australia [s]	5:30 Today [s]	Melbourne Storm v Wests Tigers 'Live' From AAMI	6:00 Headline News [s]	6:30 The Project (PG) [s]	5:00 CGTN English News	3:00 Dead Sea Treasure Map (PG)													
9:00 ABC News Mornings [s]	6:00 Countdown To Glory [s]		9:00 The Morning Show [s]	6:00 7Prime News [s]	9:00 Today Extra [s]	Park, Melbourne [s] – Join our expert commentary team for all the action from kick-off to the final siren.	8:30 Celebrity Name Game [s]	7:30 Masterchef Australia (PG) [s]	5:15 NHK World English News	4:00 Peter Kuruvita's Coastal Kitchen													
10:00 Doctor Who (PG) [s]	6:05 The Drum [s]		11:00 Seven Morning News [s]	7:00 Home And Away (PG) [s]	11:30 NINE's Morning News [s]		8:30 Studio 10 (PG) [s]																
11:00 Catalyst (PG) [s]	7:30 ABC News [s]		12:00 Movie: 'The Wrong Student' (M v) (17) – When Kelly's niece develops a romance with her soccer coach, fellow teammate Maddie becomes obsessed with ruining all of their lives.	8:30 Britain's Got Talent (PG)	12:00 Ellen (PG) [s]		12:00 Dr Phil (PG) [s]	9:45 Law And Order: SVU: The Good Girl (M) [s]	5:30 Newswatch – Deutsche Welle News 6:00 France 24 News 6:30 Al Jazeera	4:30 The Supertv (PG)													
11:30 How Not To Behave (PG) [s]	7:30 7.30 [s]			9:45 The Latest Seven News	1:30 Extra [s]		1:00 Masterchef Australia (PG) [s]	10:40 Blue Bloods: Strange Bedfellows (M v) [s]	5:30 Newshour 7:00 BBC News 7:30 Italian News	4:30 The Letters And Numbers													
12:00 ABC News At Noon [s]	9:00 Doctor Foster [s]			10:15 The Front Bar (M) [s] – Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world.	2:00 Talk Insecurity (PG) [s]	9:45 Golden Point (PG) [s]	2:10 Entertainment Tonight [s]	11:35 WIN's All Australian News [s]	8:10 Filipino News 8:40 French News 9:30 Greek News 10:30 German News 11:00 Worldwatch Continues	6:00 Mastermind (PG)													
1:00 Mum (M) [s]	9:55 Would I Lie To You? [s]				3:00 NINE News Now [s]	11:45 The AFL Footy Show (M)	2:30 Program To Be Advised [s]	12:35 The Project (PG) [s]	11:05 SBS World News Late	6:30 SBS World News													
1:30 Qi (PG) [s]	10:25 ABC Late News [s]				4:00 NINE's Afternoon News	1:00 Extra [s]	3:00 Judge Judy (PG) [s]	1:35 The Late Show With Stephen Colbert (PG) [s]	1:00 PBS Newshour	7:35 Walking Britain's Lost Railways: Scotland Eurovision Song Contest: Semi Final													
2:00 Broadchurch (M v) [s]	11:10 Wentworth: Plain Bea (M)				5:00 Millionaire Hot Seat [s]	1:30 Home Shopping	3:30 My Market Kitchen [s]	2:30 Home Shopping	2:00 Over The Black Dot	8:30 Contest: Semi Final													
3:00 The Repair Shop [s]	12:00 Doctor Foster (MA15+)				6:00 NBN News [s]	4:00 Ellen (PG) [s]	4:30 The Bold And The Beautiful (PG) [s]	4:30 CBS - This Morning		11:35 SS-GB (M v)													
3:30 Hard Quiz (PG) [s]	4:30 The Drum [s]				7:00 A Current Affair [s]		5:00 10 News First [s]			12:30 Bosch (M)													
4:00 Think Tank [s]	5:25 Countdown To Glory [s]				7:30 Rugby League:		6:00 Celebrity Name Game [s]																
5:00 Doctor Who (PG) [s]	5:30 One Plus One [s]																						
5:45 Charlie Pickering: My																							
ABCCOMBEDY (C22)			ABCFME (C23)			ABCNEWS (C24)			SBS VICE (C31/32)			SBS FOOD (C33)			SBS NITV (C34)			7TWO (C62)			7MATE (C63)		
5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Spicks And Specks (PG) 8:00 The Weekly With Charlie Pickering 8:30 Countdown To Glory 8:35 Utopia (PG) 9:00 The Office (PG) 9:40 Catastrophe (MA15+) 10:10 Schitt's Creek (PG)			6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! 7:00 Teenage Boss 7:25 Thunderbirds Are Go 8:00 Cloudy With A Chance Of Meatballs 8:20 Teenage Mutant Ninja Turtles (PG) 8:55 Atomic Puppet 9:10 SheZow 9:20 My Year 12 Life (PG) 9:45 Business 10:00 The World 11:00 ABC Nightly News 12:00 ABC Late News 12:30 7.30			6:00 News Breakfast 9:00 ABC News Mornings 12:00 ABC News At Noon 3:00 ABC News Afternoons 4:00 Afternoon Briefing 5:00 ABC National News 6:00 ABC News Hour 7:00 The Drum 8:00 ABC News Tonight 9:45 The Business 10:00 The World 11:00 ABC Nightly News 12:00 ABC Late News 12:30 7.30			2:50 The Pizza Show (PG) 3:15 Room 101 (PG) 3:45 Cyberwar (PG) 4:10 PBS Newshour 5:10 If You Are The One (PG) (In Mandarin) 6:10 Vice News Tonight 6:35 Seconds From Disaster (PG) 7:30 Mythbusters (PG) 8:30 The Feed 9:30 Full Frontal With Samantha Bee (MA15+) 10:00 Me And My Body (M)			4:30 Sachie's Kitchen 5:00 Food Lab By Ben Milbourne 5:30 The Cook And The Chef 6:30 Saturday Kitchen 7:30 The F Word USA 8:30 The Wine Show 9:30 Avec Eric 10:00 The Cook And The Chef 11:00 Saturday Kitchen 12:00 Worst Cooks In America 1:00 Food Lab By Ben Milbourne			5:00 Volumz 6:00 Our Footprint 6:30 The Chels' Line 7:00 Our Stories 7:20 Young, Strong And Proud 7:25 NITV News 7:30 The Mangrook Footy Show 9:00 Movie: 'Joe Bullet' (PG) (73) Stars: Ken Gumpo 10:30 NITV News 10:35 Black Market (M d.) 11:35 Be Deadly (PG)			1:00 The Great Outdoors 2:00 Million Dollar Minute 3:00 Harry's Practice 3:30 Under The Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Investigations (PG) 5:30 Property Ladder UK (PG) 6:30 Barchan Hunt 7:30 Father Brown (M v) 8:30 A Touch Of Frost (M) 10:30 Mighty Cruise Ships (PG)			2:00 World's Toughest Cops (M v) 3:00 American Pickers (PG) 4:00 Wicked Tuna (PG) 5:00 Swamp People (PG) 6:00 American Pickers (PG) 7:00 Pawn Stars (PG) 8:30 Movie: 'The Campaign' (M) (s) (12) Stars: Will Ferrell 10:15 Movie: 'Get Hard' (MA15+) (15) Stars: Craig T Nelson 12:20 The Front Bar (M)		
7FOOD (C74)			7FLIX (C66)			10 PEACH (C11)			10 BOLD (C12)			GEM (C82)			GO! (C83/88)			9LIFE (C84)			ADVERTISEMENT  HERE  43257369		
4:00 Giada At Home (PG) 4:30 Rachael Ray's Week In A Day (PG) 5:30 Restaurant Redemption (PG) 6:30 Chopped (PG) 7:30 Ramsay's 24 Hours To Hell And Back (M) (s) 8:30 Ramsay's Kitchen Nightmares (M l) 10:30 Ramsay's 24 Hours To Hell And Back (M l) 11:30 Chopped (PG)			11:15 Bewitched (PG) 1:00 I Dream Of Jeannie 2:30 Bewitched (PG) 4:15 M*A*S*H (PG) 6:00 Seinfeld (PG) 7:00 M*A*S*H (PG) 8:30 Criminal Minds (M) 11:30 The Blacklist (M) 12:30 Hannibal (MA15+) 2:30 M*A*S*H (PG) 4:15 Movie: 'Badman's Territory' (PG) (46) Stars: Randolph Scott			3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 4:30 The King Of Queens (PG) 6:30 5:30 TBA 6:00 Frasier (PG) 6:30 Neighbours (PG) 7:00 Everybody Loves Raymond (PG) 7:30 Two And A Half Men (PG) 9:00 The Graham Norton Show (M) 10:00 Funny Girls (M s.) 10:30 Two And A Half Men (PG)			1:00 WIN's All Australian News 2:00 Jake And The Fatman (PG) 3:00 Diagnosis Murder (PG) 4:00 Star Trek: The Next Generation (PG) 5:00 Star Trek: Voyager (PG) 6:00 Judge Judy (PG) 6:30 Bondi Rescue (PG) 7:30 NCIS (M) 8:30 Hawaii Five-O (M v) 9:30 Seal Team (M v) 10:30 NCIS (M) 11:30 NCIS: Los Angeles (M)			1:45 Mad About You (PG) 2:45 Four In A Bed (PG) 3:15 David Attenborough's Blue Planet II (PG) 4:25 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7:30 Extreme Deep Skates (M) 8:30 Embarrassing Bodies (M) 10:30 Rizzoli And Isles (M v) 11:30 Amazing Medical Stories (M mp)			4:00 Teen Titans Go! (PG) 4:30 We Bare Bears (PG) 5:00 Clarence (PG) 5:30 Regular Show (PG) 6:00 Friends (PG) 7:00 The Big Bang Theory (PG) 7:30 Survivor: Edge Of Extinction (PG) 10:30 The Big Bang Theory (PG) 11:00 Just Tattoo Of Us (M s.) 12:00 WWE Raw (MA15+) 1:00 Friends (PG)			2:00 Flip This House 3:00 The Block: Fans v Faves (PG) 4:00 Come Dine With Me UK (PG) 5:00 Restored 6:00 House Hunters International 7:00 House Hunters USA 7:30 Escape To The Chateau 8:30 Kevin McCloud's Man Made Home (PG) 9:30 Boomtown Builder 10:30 Find Me A Dream Home Australia					

Friday 17 May

ABC (C20/21)		PRIME (C61/60)		NINE (C81/80)		TEN (C13)		SBS (C30)	
6:00 News Breakfast [s]	5:00 Doctor Who (PG) [s]	6:00 Sunrise [s]	The Winter Soldier" (M v)	5:30 Today [s]	Suncorp Stadium, Brisbane [s]	6:00 Headline News [s]	7:30 The Living Room [s]	5:00 Eurovision Song Contest: Semi Final "Live"	5:30 Letters And Numbers
9:00 ABC News Mornings [s]	6:00 Countdown To Glory [s]	9:00 The Morning Show [s]	(*14) – Steve Rogers struggles to embrace his role in the modern world and teams up with	9:00 Today Extra (PG) [s]		8:00 Celebrity Name Game [s]	8:30 The Graham Norton Show (M) [s] – Join the hilarious and cheeky Graham Norton as he chats with Kylie Minogue, Keanu Reeves, Saranne Jones, Taron Egerton, Jamie Bell and Michael Rice.	6:00 Mastermind (PG)	6:00 SBS World News Late - Election Eve Coverage
10:00 Doctor Who (PG) [s]	6:05 The Drum [s]	11:30 Seven Morning News [s]	Natasha Romanoff, aka Black Widow, to battle a powerful yet shadowy enemy in present-day Washington, DC. Stars: Chris Evans, Sebastian Stan, Scarlett Johansson	11:30 NINE's Morning News [s]	9:45 Friday Night Knock Off	8:30 Studio 10 (PG) [s]	9:30 The Project (PG) [s]	7:30 The World's Toughest Cops (M) [s]	7:30 The World's Toughest Cops (M) [s]
11:00 Catalyst (PG) [s]	7:00 ABC News [s]	12:00 Movie: "She Made Them Do It" (M s.v.) (*13) Stars: Jenna Dewan, Mackenzie Phillips, Steve Bacic	Program To Be Advised	12:00 Ellen (PG) [s]	10:45 Talkin Bout Your Generation (PG) [s]	12:00 Dr Phil (PG) [s]	12:30 The Late Show With Stephen Colbert (PG) [s]	6:30 SBS World News Late - Election Eve Coverage	6:30 SBS World News Late - Election Eve Coverage
11:30 Birdman: The Art Of William T Cooper [s]	7:30 7.30: Election Special [s]	2:00 The Daily Edition [s]	Home Shopping	1:00 Movie: "Hope Springs" (M) (*12) Stars: Tommy Lee Jones, Meryl Streep	11:45 Cold Case: Baby Blues (M) [s]	1:00 The Living Room [s]	1:30 WIN's All Australian News	7:00 Worldwatch	7:00 Worldwatch
12:00 ABC News At Noon [s]	8:30 Killing Eve: I Hope You Like Missionary! (MA15+)	3:00 The Chase UK [s]	Home Shopping	3:00 NINE News Now [s]	12:40 World's Funniest Videos Top 10 Countdown: Life Is Good (PG) [s]	2:00 Entertainment Tonight	12:30 The Project (PG) [s]	1:00 PBS NewsHour	1:00 PBS NewsHour
1:00 One Plus One [s]	9:15 Silent Witness: Duty Of Candour (Part 2) (M s.v)	4:00 Seven News At 4 [s]	Home Shopping	4:00 NINE's Afternoon News	6:00 Millionaire Hot Seat [s]	2:30 Program To Be Advised	1:30 The Project (PG) [s]	2:00 The Point	2:00 The Point
1:30 Would I Lie To You? [s]	10:15 ABC Late News [s]	5:00 The Chase Australia [s]	Home Shopping	6:00 NBN News [s]	1:05 Extra [s]	3:00 Judge Judy (PG) [s]	1:30 The Project (PG) [s]	3:00 NITV News: Nula	3:00 NITV News: Nula
2:00 The Bletchley Circle: San Francisco (PG) [s]	10:45 The Business [s]	6:00 7Prime News [s]	Home Shopping	7:00 A Current Affair [s]	1:30 Home Shopping	3:30 My Market Kitchen [s]	1:30 The Project (PG) [s]	3:30 Destination Flavour	3:30 Destination Flavour
3:00 Poh's Kitchen On The Road [s]	11:00 The Weekly With Charlie Pickering (M) [s]	7:00 Better Homes And Gardens [s]	Home Shopping	7:30 Rugby League: Brisbane Broncos v Sydney Roosters "Live" From	4:30 The Avengers: Positive Negative Man (PG) [s]	4:00 Good Chef Bad Chef [s]	1:30 The Project (PG) [s]	3:30 Eurovision (PG) (In Ukrainian/ Dutch/ English/ Finnish/ German/ Greek/ Irish/ Latvian/ Norwegian/ Portuguese/ Serbian/ Swedish)	3:30 Eurovision (PG) (In Ukrainian/ Dutch/ English/ Finnish/ German/ Greek/ Irish/ Latvian/ Norwegian/ Portuguese/ Serbian/ Swedish)
3:30 Hard Quiz (PG) [s]	11:30 Planet America [s]	8:30 Movie: "Captain America: The Winter Soldier"	Home Shopping	5:00 A Current Affair [s]		5:00 10 News First [s]	2:30 Home Shopping	4:30 The Supervet (PG)	4:30 The Supervet (PG)
4:00 Think Tank (PG) [s]						6:00 Celebrity Name Game [s]			
						6:30 The Project (PG) [s]			
ABCCOMEDY (C22)		ABCNCE (C23)		ABCNCE (C24)		SBS VICE (C31/32)		SBS NITV (C34)	
5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Spicks And Specks (PG) 8:00 Hard Quiz (PG) 8:30 Countdown To Euro 8:35 Gruen (PG) 9:10 The Office (PG) 9:55 Detectorists (PG) 10:15 Democracy Sausage (M) 10:50 Archer (M I,s,v)	6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! 7:00 Teenage Boss 7:25 Thunderbirds Are Go 8:00 Cloudy With A Chance Of Meatballs 8:20 Good Game Spawn 9:05 Dragon Ball: Legendary Defender (PG) 9:30 Dragon Ball Super (PG) 9:35 Sword Art Online (PG) 10:00 Stacked! The Pack Down	6:00 News Breakfast 9:00 ABC News Mornings 12:00 ABC News At Noon 3:00 ABC News Afternoons 5:00 ABC National News 6:00 ABC News 7:00 The Drum 8:00 Campaign Trail 9:00 Planet America 9:45 The Business 10:00 The World 11:00 ABC Nightly News 12:00 ABC Late News 12:30 7.30 1:00 ABC Late News	3:40 Tattoo Age (PG) 4:05 PBS NewsHour 5:05 If You Are The One (PG) (In Mandarin) 6:00 Vice News Tonight 6:30 Rex In Rome (PG) (In Italian) 7:25 Monty Python's Flying Circus (PG) 8:30 Brooklyn Nine-Nine (PG) 9:30 Monty Python's Flying Circus (MA15+) 10:05 Intervention (M) 11:05 Fantasy's Deadly Grip (MA15+)	5:00 Volunzm 6:00 Unearthed (PG) 7:30 The Chels Line 7:30 NITV News: Nula 7:30 Movie: "A Waltz Through The Hills" (PG) ('88) Stars: Mawuliy Yanhalayaw 9:40 Movie: "Rosewood" (MA15+) ('97) Stars: Jon Voight 12:10 NITV News Week: Nula 12:40 Bluey (M I,v) 1:00 Volunzm	4:30 Sachie's Kitchen 5:00 Food Lab By Ben Milbourne 5:30 The Cook And The Chef 6:30 Saturday Kitchen 7:30 Richo's Bar Snacks 8:30 Instant Noodles Diary 9:30 AVEC Eric 10:00 The Cook And The Chef 11:00 Saturday Kitchen 12:00 Worst Cooks In America 1:00 Food Lab By Ben Milbourne	5:00 Volunzm 6:00 Unearthed (PG) 7:30 The Chels Line 7:30 NITV News: Nula 7:30 Movie: "A Waltz Through The Hills" (PG) ('88) Stars: Mawuliy Yanhalayaw 9:40 Movie: "Rosewood" (MA15+) ('97) Stars: Jon Voight 12:10 NITV News Week: Nula 12:40 Bluey (M I,v) 1:00 Volunzm	3:00 Harry's Practice 3:30 Under The Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Investigations (PG) 5:30 Property Ladder UK 7:30 Bargain Hunt 7:30 Border Security International (PG) 8:30 Martin Clunes (PG) 9:30 Charlie Luxton's Homes By The Sea 10:30 Building The Dream	2:00 World's Toughest Cops (M) 3:00 Wicked Tuna (PG) 4:00 Swamp People (PG) 5:00 Desert Collectors (PG) 6:00 Pawn Stars (PG) 7:30 Friday Night Countdown 8:00 AFL: Round 9: West Coast Eagles v Melbourne Demons "Live" From Optus Stadium 11:00 AFL Post Game 12:00 World's Most Amazing Videos (M)	2:00 World's Toughest Cops (M) 3:00 Wicked Tuna (PG) 4:00 Swamp People (PG) 5:00 Desert Collectors (PG) 6:00 Pawn Stars (PG) 7:30 Friday Night Countdown 8:00 AFL: Round 9: West Coast Eagles v Melbourne Demons "Live" From Optus Stadium 11:00 AFL Post Game 12:00 World's Most Amazing Videos (M)
7FOOD (C74)		7FLIX (C66)		10 PEACH (C11)		10 BOLD (C12)		GEM (C82)	
4:00 Giada At Home (PG) 4:30 House Of Wellness (PG) 5:30 Rachael Ray's Week In A Day (PG) 6:30 Chopped (PG) 7:30 Bizarre Foods With Andrew Zimmern (PG) 8:30 Mystery Dinners (PG) 9:30 Cutthroat Kitchen (PG) 10:30 Bizarre Foods With Andrew Zimmern (PG) 11:30 Chopped (PG)	2:30 Bewitched (PG) 4:00 Girl Meets World (PG) 4:30 Movie: "ParaNorman" (PG) ('12) Stars: Anna Kendrick 6:20 Movie: "The Odd Life Of Timothy Green" (G) ('12) Stars: Jennifer Garner 8:30 Movie: "Twilight" (M h,v) ('08) Stars: Robert Pattinson 11:00 Movie: "CBGB" (MA15+) ('13) Stars: Alan Rickman	1:00 Medium (M v) 3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 4:30 The King Of Queens (PG) 5:30 TBA 6:00 Frasier (PG) 6:30 Neighbours (PG) 7:00 Happy Together (PG) 8:30 Strictly Come Dancing 11:30 The Late Late Show With James Cordin (M) 12:30 Home Shopping 1:30 Frasier (PG)	1:00 WIN's All Australian News 2:00 Jake And The Fatman (PG) 3:00 Diagnosis Murder (PG) 4:00 Star Trek: The Next Generation (PG) 5:00 Star Trek: Voyager (PG) 6:00 Judge Judy (PG) 6:30 Bondi Rescue (PG) 7:30 Walker, Texas Ranger (M v) 11:30 NCIS: Los Angeles (MA15+) 12:30 Home Shopping	2:50 Four In A Bed (PG) 3:20 Mary Portas: Secret Shopper (PG) 4:25 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7:30 As Time Goes By (PG) 8:40 Movie: "The Last Of The Mohicans" (M v) ('92) Stars: Daniel Day Lewis 10:50 Movie: "Labor Day" (M s) ('13) Stars: Josh Brolin					
4:00 Teen Titans Go! (PG) 4:30 We Bare Bears (PG) 5:00 Clarence (PG) 5:30 Marvel Avengers: Secret Wars (PG) 6:30 Movie: "The Jungle Book" (G) ('16) Stars: Jon Favreau 8:05 Movie: "Around The World In 80 Days" (PG) ('04) Stars: Jackie Chan 10:30 Movie: "The Tuxedo" (M) ('02) Stars: Jennifer Love Hewitt		2:00 Tiny House Hunters 3:00 The Block: Fans v Favres (PG) 4:00 Come Dine With Me UK (PG) 5:00 Beachfront Bargain Hunt 6:00 House Hunters International 7:00 House Hunters USA 7:30 Zombie House Flipping (PG) 8:30 Flip Or Flop 9:30 Flip Wars: Buying Blind 10:30 Hollywood Medium With Tyler Henry (PG)		ADVERTISE HERE 43257369					

Saturday 18 May

ABC (C20/21)				PRIME (C61/60)				NINE (C81/80)				TEN (C13)				SBS (C30)															
5:00	rage (PG) [s]	7:30	Australia Votes 2019 [s]	6:00	Home Shopping	6:30	Seven News: Federal Election 2019: Australia Decides "Live"	6:00	Ellen (PG) [s]	6:00	NBN News Saturday [s]	6:00	Australian Fishing Championships [s]	5:00	10 News: First Your Vote	5:00	CGTN English News	Arnold													
10:00	rage Guest Programmer	10:00	Fearless (M Lv) [s] – Locked up in America by the US air force Emma makes the breakthrough she desperately needs. With help from an unexpected source Emma edges closer to finding out the truth.	7:00	Weekend Sunrise [s]	7:00	Weekend Today [s]	7:00	Election 2019: Australia Decides [s]	7:00	Election 2019: Australia Decides [s]	6:00	10 News: First Your Vote: Polls [s]	6:00	10 News: First Your Vote: Results [s]	5:15	NHK World English News	5:30	River Cottage Australia (PG)												
11:00	Doctor Who (PG) [s]			10:00	The Morning Show - Weekend [s]	11:00	Movie: "The Theory Of Everything" (PG) ('14) – A look at the life of the famous physicist Stephen Hawking and Jane Wilde, the art student he fell in love with whilst studying at Cambridge. Stars: Eddie Redmayne, Felicity Jones, Emily Watson, Charlie Cox, David Thewlis	10:00	Today Extra - Saturday (PG) [s]	10:30	Movie: "Truth" (M I) ('15) Stars: Cate Blanchett, Robert Redford, Dan Rather, Topher Grace, 12:30	6:30	Escape Fishing With ET RPM [s]	7:30	10 News: First Your Vote: What's Up Down Under Fishing Australia [s]	5:30	Worldwatch	6:30	SBS World News												
12:30	Call The Midwife (M) [s]			12:00	Program To Be Advised	1:30	Program To Be Advised	4:30	Crash Investigation Unit: Mystery Collision (PG) [s]	1:00	Netball: Swifts v Lightning "Live" From Quaycentre, Sydney [s]	8:00	Which Car? [s]	9:00	10 News: First Your Vote: The Decision [s]	1:00	PBS Sports: Shannons Nationals Round 1 "Live"	7:30	Queen: Rock The World												
1:30	Midsomer Murders: The Sicilian Defence (PG) [s]			5:00	Seven News: Federal Election 2019: Australia Decides "Live" [s]	5:30	Border Security - Australia's Front Line (PG) [s]	6:00	7Prime News [s]	1:30	Home Shopping	12:30	Studio 10: Saturday Top 10 Countdown: Wild Things (PG) [s]	10:30	10 News: First Your Vote: Wrap Up [s]	2:00	Motor Sports: Superbike World Championship 2019: Round 5, Italy, Autodromo Ferrari	8:30	Freddie Mercury - The Great Pretender (M Ls)												
3:00	Mary Berry's Absolute Favourites: The Allotment									3:00	RBT: Barina Blues/ She Loves Me Not (PG) [s]	1:00	Surfing Australia TV [s]	1:30	NCIS: New Orleans: Chaos Theory (M v) [s]	3:00	Motor Sports: Supercycle	10:10	SBS World News												
3:30	My Family And The Galapagos [s]	10:45	Unforgotten (M I) [s]							4:00	NINE Afternoon News [s]	1:30	Our State On A Plate (PG) [s]	2:30	What's Up Down Under	3:55	Cycling: Incycle	11:30	8 Out Of 10 Cats Does Countdown												
4:30	Landline [s]	11:35	rage Guest Programmer (MA15+) [s]							5:00	Election 2019: Australia Decides [s]	2:00	Home Shopping	3:00	Studio 10: Aussie Poll Party (PG) [s]	4:25	Destination Flavour	2:30	Sugar Free Farm (M I)												
5:00	Australia Votes 2019 [s]									5:30	Wesley Impact [s]	2:00	Home Shopping	3:00	Studio 10: Aussie Poll Party (PG) [s]	4:30	China Bitesize	4:20	Food Lovers Guide To Australia												
6:00	Antiques Roadshow [s]																Running Wild With Tom														
7:00	ABC News [s]																														
ABCCOMMEDY (C22)				ABCMCE (C23)				ABCNEWS (C24)				SBS VICE (C31/32)				SBS FOOD (C33)				SBS NITV (C34)				7TWO (C62)				7MATE (C63)			
5:05 Bob The Builder 5:45 Peppa Pig 6:00 Floogals 6:25 Peter Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Spicks And Specks (PG) 8:00 Would I Lie To You? 8:30 Michael McIntyre's Comedy Roadshow (M Ls) 9:15 Unprotected Stars (M I) 9:40 Comedy Next Gen (M I) 10:30 Sex Box (MA15+)				4:05 Matilda And The Ramsay Bunch 4:25 The Zoo 5:00 Mustangs FC 5:25 Little Big Awesome 6:00 Dragons: Race To The Edge (PG) 6:30 Operation Chuck! (PG) 7:00 Deadly Pole To Pole 7:25 Japanzi: Going, Going, Gong! 8:10 Camp Lakebottom 8:45 Wishfar! 9:10 SheZow 9:20 My Year 12 Life (PG)				6:05 One Plus One 6:30 The Breakfast Couch 7:00 Weekend Breakfast 11:00 ABC News 12:00 ABC News 1:00 ABC News 2:00 ABC News 3:00 ABC News 4:00 ABC News 5:00 ABC News 6:00 Australia Votes: "Live" Election Night 10:30 The Drum 11:30 ABC News 12:00 ABC News 12:30 Australian Story				3:00 Front Up 3:30 Room 101 (PG) 4:00 Mastemind (PG) 6:30 Beat The Internet 7:30 ABC Are The One (PG) (In Mandarin) 8:00 Movie: "O Brother, Where Art Thou?" (M v) ('00) Stars: George Clooney 10:25 Movie: "Cutter's Way" (M) ('81) Stars: Jeff Bridges 12:25 Vice News Tonight 12:50 Flavours Of Tohoku (PG)				1:30 Avec Eric 2:00 Saturday Kitchen 3:30 Dinner Date 4:00 United Plates Of America 5:00 The Taste Of Greece 7:30 Tom Kerridge's Best Ever Dishes 8:30 Bill's Tasty Weekends 9:30 Destination Flavour Scandinavia Sessions Showcase				3:00 Rugby Union: 2018: Uni 7s 5:00 The Point 6:00 Music Voyager Series 8 6:30 The Road To Home (PG) 7:25 NITV News Weekend Edition 7:30 Highway Of Tears (M I) 8:30 Movie: "Bird" (M d) ('88) Stars: Forest Whitaker 11:30 Boomalli - Five Koori Artists (PG) 12:00 Anthem Sessions Showcase				2:00 The Great Australian Doerstep (PG) 2:30 Sydney Weekender 3:00 Rugby Union: Shute Shield: Round 7: TBA v TBA 5:00 The Great Day Out 5:30 The Yorkshire Vet In Spring (PG) 6:30 Movie: "The Amazing Spider-Man" (M v) ('12) Stars: Andrew Garfield 9:00 Movie: "Interstellar" (M I) ('14) Stars: Anne Hathaway				2:00 Swamp People (PG) 3:00 Wicked Tuna (PG) 4:00 Swamp People (PG) 5:00 Storage Wars (PG) 5:30 Outback Truckers (PG) 6:30 The Kick 7:00 TBA 9:40 Movie: "Interstellar" ('14) Stars: Anne Hathaway 1:10 Life Of Road (PG) 1:40 Desert Collectors (PG) 2:40 STIHL Timbersports 3:10 Swamp People (PG)			
7FOOD (C74)				7FLIX (C66)				10 PEACH (C11)				10 BOLD (C12)				THE GEM (C82)				GO! (C83/88)				9LIFE (C84)				ADVERTISE HERE  43257369			
4:00 Bizarre Foods With Andrew Zimmern (PG) 5:00 Better Homes And Gardens 6:00 Mystery Dinners (PG) 7:00 My Franche With Manu 8:00 Iron Chef America (PG) 10:00 Diners, Drive-Ins And Dives (PG) 11:00 Tao Trip (PG) 11:30 Big Food Truck Trip (PG) 12:00 Anthony Bourdain (M) 1:00 Queensland Weekender				3:00 Bride & Prejudice - The Forbidden Weddings (PG) 4:30 Movie: "Bugs Bunny's 1001 Rabbit Tails" (PG) ('82) Stars: Mel Blanc 6:10 Movie: "The Prince And Me" (PG) ('04) Stars: Julia Stiles 8:30 Movie: "The BFG" (G) ('16) Stars: Bill Hader 10:50 Movie: "Terminal Velocity" (M v) ('15) Stars: Charlie Sheen				8:00 Random & Whacky 8:30 Gamity 9:05 The Loop (PG) 11:35 Charmed (PG) 1:30 Happy Together (PG) 3:00 Becker (PG) 3:30 The King Of Queens (PG) 4:30 Frasier (PG) 6:00 TBA 6:00 TBA 6:30 TBA 7:30 TBA 8:30 TBA 9:30 Kitty Flanagan - Seriously? (M s.) 11:00 The Loop 1:30 Frasier (PG) 2:00 Charmed (PG)				1:00 Xventure Family Challenge 1:30 Bondi Rescue 2:30 The Indestructibles (PG) 3:00 The Offroad Adventure Show 4:00 Which Car? 4:30 Reel Action 5:00 Australian Fishing Championship 5:30 Escape Fishing With ET (PG) 6:00 COPS (PG) 6:30 Scorpion (PG) ('98) TBA 8:30 TBA 10:30 Seal Team (M)				1:00 Movie: "Maytime In Mayfair" (G) ('49) Stars: Anna Neagle 3:00 Movie: "Ski Party" (PG) ('65) Stars: Frankie Avalon 5:00 Movie: "The Black Orchid" (PG) ('14) Stars: Sophia Loren 7:00 Movie: "Sliding Doors" (PG) ('98) Stars: Gwyneth Paltrow 9:00 Movie: "Chocolat" (M s.v) ('00) Stars: Juliette Binoche				4:00 Beyblade Burst Turbo (PG) 4:30 Thunderbirds Are Go (PG) 5:00 Pokemon 5:00 Pokemon: The Spell Of Unown (PG) 5:00 Movie: "Over The Hedge" (G) ('06) Stars: Bruce Willis 8:45 Movie: "A Knight's Tale" (M v) ('11) Stars: Heath Ledger 11:30 Kevin Can Wait (PG) 12:00 Mr Pickles (MA15+)				2:30 Flip Or Flop 3:00 The Block: Fans v Faves (PG) 4:00 Come Dine With Me UK (PG) 5:00 Texas Flip N Move 6:00 House Hunters International 7:00 House Hunters USA 7:30 Restored 8:30 Log Cabin Living 9:30 Maine Cabin Masters 10:30 He Shed She Shed 11:30 House Hunters International							

Sunday 19 May

ABC (C20/21)			PRIME (C61/60)			NINE (C81/80)			TEN (C13)			SBS (C30)											
6:00	rage (PG) [s]	5:00	Australian Story [s]	6:00	Home Shopping	6:00	Great Escapers (PG) [s]	8:35	60 Minutes (PG) [s]	6:00	Religious Programs	6:00	Bondi Rescue (PG) [s]	5:00	Eurovision Song Contest: Final "Live"	6:30	French/ German						
7:00	Weekend Breakfast [s]	5:30	Ani's Brush With Fame: Walter Mikac (PG) [s]	7:00	Weekend Sunrise [s]	7:00	Weekend Today [s]	9:35	Suburban Gangsters: Stewart Regan And Dennis Allen: The Psychos (M) [s]	7:30	A Dog's Tale [s]	6:30	The Sunday Project (PG)	9:05	Worldwatch	7:35	SBS World News						
9:00	Insiders [s]	6:00	The Repair Shop [s]	10:00	Morning Show - Weekend [s]	11:00	Sports Sunday (PG) [s]	10:00	Sunday Footy Show (PG) [s]	8:00	The Living Room (PG) [s]	7:30	Masterchef Australia (PG) [s]	1:00	Motor Sports: Shannons Nationals Round 1 "Live"	8:30	David Baddiel On The Silk Road: Road To Ruin						
10:30	The World This Week [s]	6:30	Compass: From Boys To Men [s]	12:00	House Of Wellness [s]	11:00	Netball: Suncoor Super Netball: Firebirds vs Giants "Live" Brisbane Arena [s]	10:35	Killer On The Line: Robert Trigg (M v) [s]	9:30	Studio 10: Sunday (PG)	9:15	Meghan And Harry Plus One [s]	3:00	Gymnastics: International All Around World Cup Great Britain	8:30	Eurovision Song Contest 2019 Final						
11:00	Compass (PG) [s]	7:00	ABC News Sunday [s]	1:00	Kochie's Business Builders [s]	8:30	Sunday Night (PG) [s]	11:35	Surviving R Kelly: The People vs. R Kelly (MA15+) [s]	12:00	Everyday Gourmet With Justine Schofield [s]	10:15	Program To Be Advised	12:30	Movie: "Still Crazy" (M) [s]	9:30	Movie: "Still Crazy" (M) [s]						
11:30	Songs Of Praise [s]	7:40	The ABC Murders (M s.v)	1:30	My Greek Odyssey (PG)	9:30	The Story Of The Royals (PG) [s]	12:30	Filthy Rich (M v) [s]	12:15	The Cook's Pantry With Matt Sinclair [s]	11:15	NCIS: Family Ties (M v)	3:30	Football: Road To The FIFA Women's World Cup 2019	2:20	Frisky Business (MA15+)						
12:00	ABC News At Noon [s]	8:40	Harrow: Audere Este Facere (M d) [s]	2:30	Program To Be Advised	4:00	Better Homes And Gardens [s]	11:30	The Blacklist: Guillermo Rival (M) [s]	12:45	My Market Kitchen [s]	1:10	Home Shopping	4:10	Food Lovers' Guide To Australia								
1:30	Gardening Australia [s]	9:35	Shetland (M d) [s]	5:00	Seven News At 5 [s]	6:00	NBN News - Sunday [s]	7:00	The Voice: Blind Audition 1 (PG) [s]	1:15	Masterchef Australia (PG) [s]	4:30	CBS - This Morning	5:25	Cycling: Tour Of California 2019 Highlights								
2:30	Meet The Mavericks (M)	10:35	Line Of Duty (M v) [s]	5:30	Sydney Weekender [s]	7:00	The Voice: Blind Audition 1 (PG) [s]	2:30	Our State On A Plate [s]	3:00	Which Car? (PG) [s]	5:00	10 News First [s]										
3:00	Joanna Lumley's Silk Road Adventure [s]	11:35	Silent Witness: Duty Of Candour (Part 2) (M s.v)	6:00	Prime News [s]																		
4:00	The Mix [s]	12:35	rage (MA15+) [s]	7:00	House Rules (PG) [s]																		
4:30	Sounds Like Home [s]																						
ABCCOMEDY (C22)			ABCFME (C23)			ABCNEWS (C24)			SBS VICE (C31/32)			SBS FOOD (C33)			SBS NITV (C34)			7TWO (C62)			7MATE (C63)		
5:05 Bolt The Builder 5:30 Molly And Mack 6:00 Floogals: Camper 6:25 Peter Rabbit: The Tale Of Cotton-Tails Party 7:05 Anni's Dinosaur Adventures 7:30 Spicks And Specks (PG) 8:00 Would I Lie To You? (PG) 8:30 Penn And Teller: Fool Us: 50/50 Chance (PG) 9:15 State Of The Union (M) 11:15 Would I Lie To You? (PG)			5:00 Mustangs FC 5:40 Miraculous: Tales Of Ladybug And Cat Noir 6:00 Dragons: Race To The Edge (PG) 6:30 Operation Ouch! (PG) 6:55 Deadly Pole To Pole (PG) 7:25 Japaniz: Going, Going, Gong! 8:05 Camp Lakebottom 8:40 Wish!art! 9:05 SheZow 9:20 My Year 12 Life (PG) 9:45 rage (PG)			2:00 ABC News 2:30 Australian Story 3:00 ABC News 3:30 Officers 4:00 Landline 4:30 One Plus One 5:00 ABC News 5:30 The World This Week 6:00 ABC News Weekend 6:15 Planet America 7:00 ABC News Weekend 7:30 Insiders 9:00 ABC News Weekend 9:30 One Plus One 10:00 ABC News 10:30 Back Roads			7:00 Worldwatch 12:00 PopAsia TV (PG) 1:00 Front Up (PG) 1:30 Raised By Wolves (M) 3:00 Legally Brown (PG) 5:30 The Feed 6:30 Brooklyn Nine-Nine (PG) 7:45 Hoaders (M) 8:35 Movie: "Cueless" (PG) (95) Stars: Alicia Silverstone 10:25 Movie: "The Final Girls" (M d,s,v) (15) Stars: Taissa Farniga			1:30 Bill's Tasty Weekends 2:30 United Plates Of America 3:30 Dinner Date 4:00 United Plates Of America 5:30 The Cook And The Chef (PG) 6:30 Cheese Slices 7:30 Justin's Flavours Of Fiji 8:30 Rick Stein's Long Weekends 9:30 Food Safari 10:30 The Cook And The Chef (PG) 12:00 Dinner Date			2:00 AFL 2019: Rumbalara v Denelign 3:50 AFL 2019: NEARL NT Thunder NT v Aspley Hornets 6:00 Te Ao - Maori News 6:30 Sisters (PG) 7:25 NITV News Weekend 7:30 Justin's Places With Ernie Dingo 8:30 Backtrack Boys 10:10 Ever The Land (PG) 11:40 Aesop's Way (PG) 11:50 Black Soul 12:00 Volmuz			1:00 The Great Australian Doorstep (PG) 1:30 Australia's Best Drives (PG) 2:00 Ultimate Bowls Championship 3:00 TBA 3:30 TBA 5:00 TBA 7:30 Border Patrol (PG) 7:30 Border Security Australia's Front Line (PG) 9:00 Motorway Patrol (PG) 10:00 Brit Cops (M) 11:00 Border Security Australia's Front Line (PG)			2:30 Merv Hughes Fishing (PG) 3:00 Step Outside With Paul Burt (PG) 3:30 Outlaw Nitro Funny Cars (PG) 4:30 AFL: Round 9: GWS Giants v Carlton Blues "Live" From Sydney Showground Stadium, Sydney 7:30 The Simpsons (PG) 8:30 Movie: "Guardians Of The Galaxy" (PG) (14) Stars: James Gunn		
7FOOD (C74)			7FLIX (C66)			10 PEACH (C11)			10 BOLD (C12)			GEM (C82)			GO! (C83/88)			9LIFE (C84)			Programmes correct at the time of going to press.		
2:30 Diners, Drive-ins And Dives (PG) 3:00 My France With Manu (PG) 4:00 Iron Chef America (PG) 6:00 Kid's Baking Championship (PG) 7:00 Ridiculous Cakes (PG) 7:30 Cake Wars (PG) 8:30 Ramsay's Kitchen Nightmares (PG) 9:30 Cupcake Wars (PG) 10:30 Cake Masters (PG) 11:30 Ridiculous Cakes (PG)			12:00 Good Times (PG) 1:00 House Rules (PG) 7:00 Movie: "Police Academy 4: Citizens On Patrol" (PG) (87) Stars: Michael Winslow 8:45 Movie: "How To Be Single" (M) (16) Stars: Dakota Johnson 11:00 Bolched Up Bodies (MA15+) 12:00 Movie: "Dying On The Edge" (M s,v) (01) Stars: John Heard			10:00 Scope 10:30 Gamify 11:00 The Brady Bunch 11:25 Charmed (PG) 1:30 Happy Together (PG) 2:30 Everybody Loves Raymond (PG) 3:30 Frasier (PG) 4:30 The King Of Queens (PG) 5:30 Frasier (PG) 7:00 Everybody Loves Raymond (PG) 7:30 Medium (M v) 10:30 Buffy The Vampire Slayer (M)			12:30 Buy To Build 1:00 The Doctors 2:00 Jake And The Fatman (PG) 3:00 Pooches At Play 3:30 The Indestructibles (PG) 4:00 Fishing Soof (G) (57) Stars: Lee Patterson 4:30 Movie: "The Unforgiven" (PG) (80) Stars: Burt Lancaster 7:30 Poirot (PG) 8:00 Midsomer Murders (M v) 10:00 Westside (MA15+)			1:00 Rugby League: NSW State Cup: Newtown Jets v Blacktown Workers Sea Eagles "Live" From: Henson Park 3:00 Movie: "The Flying Scoff" (G) (57) Stars: Lee Patterson 4:30 Movie: "The Unforgiven" (PG) (80) Stars: Burt Lancaster 7:30 Poirot (PG) 8:00 Midsomer Murders (M v) 10:00 Westside (MA15+)			2:30 Lego Masters (PG) 6:30 Movie: "Cinderella" (G) (50) Stars: Ilene Woods 8:00 The Big Bang Theory (PG) 9:00 Movie: "Indiana Jones And The Last Crusade" (PG) (89) Stars: Harrison Ford 11:30 The Big Bang Theory (PG) 12:00 Aqua Teen Hunger Force (MA15+) 12:15 Robot Chicken (MA15+)			2:30 Flip Or Flop 3:30 Texas Flip And Move 4:30 House Hunters International 5:30 Island Hunters 6:30 Texas Flip N Move 7:30 Louisiana Flip N Move 8:30 Flip Or Flop 9:30 Bargain Mansions 10:30 Restored By The Fords 11:30 House Hunters International 12:00 Island Hunters 1:00 Masters Of Flip					
						10:30 Buffy The Vampire Slayer (M)			MotoGP 2019 Race 5 France Grand Prix									Prepared by National Typesetting Services					



# NEWSPAPERS

## Central Coast

### Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website [www.peninsulanews.info](http://www.peninsulanews.info) and

on [www.centralcoastnews.net](http://www.centralcoastnews.net). Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

# COAST COMMUNITY NEWS

MAY 2, 2019 YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369 ISSUE 206

#### Federal election officially underway

The ballot order has been decided for the seat of Robertson, with Member for Robertson, Lucy Wicks, saying the May 18 Federal Election will be "the most important choice voters on the Coast will make in a generation".

#### Water quality concerns at Terrigal Beach

Terrigal Haven Supporters' Group is pushing for an urgent action plan to address water quality concerns at Terrigal Beach, after a sewage spill over the Easter weekend, which the group says, put hundreds of swimmers at risk.

#### Decision on Terrigal Boardwalk deferred for a site inspection

Central Coast Council has deferred a decision on the controversial Terrigal Boardwalk plan in what Member for Terrigal, Adam Crouch, has described an effort by Labor councillors to take the project off the agenda prior to the May 18

#### Gosford Heritage Interpretation Strategy now on public display

Sound and light shows, interactive displays and pavement installations are just some of the things recommended to highlight the "living history" of Gosford under Central Coast Council's Gosford Heritage Interpretation Strategy, now on

#### Industry Training Hub and a scholarship scheme for VET students announced

NSW Business Chamber, Central Coast Region, has welcomed the news that the Coast is to get one of the 10 new Industry Training Hubs announced in the recent Federal Budget.

#### Mayor seeks bi-partisan support for game-changing projects

Central Coast Mayor, Jane Smith, has thrown down the gauntlet to Federal election candidates to commit to two key projects to deliver economic, recreational and cultural opportunities for the Coast.

#### Free climate change forum in Gosford

A climate change forum will be held under the auspices of the Community Environment Network (CEN) at the Uniting Church, Gosford, on May 13, from 6.30pm.

#### Train timetable improvements announced

Central Coast commuters are advised that Transport for NSW has announced service adjustments that will affect both the region's train and bus services.

#### Kincumber aged care facility proposal withdrawn

A controversial proposal for a \$30.5m aged care facility at Kincumber has been withdrawn by the applicant, two weeks before public submissions were set to close.

The full articles and more can be seen on line on our website [www.centralcoastnews.net](http://www.centralcoastnews.net) Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to [www.coastcommunitynews.com.au](http://www.coastcommunitynews.com.au).

# WYONG REGIONAL CHRONICLE

Issue 163  
1 May 2019

Your independent community newspaper - Ph: 4325 7369

#### Council adopts Affordable Housing Strategy

Central Coast Council is to dedicate at least three Council-owned sites for affordable housing partnerships in an effort to relieve housing stress being felt by an estimated 24,000 Coast families.

#### Action group's objections rejected

Glen Road Action Group was caught unaware when the applicants for a drug and alcohol rehabilitation centre announced amended plans at the first hearing of the NSW Land and Environment Court.

#### Urban Development Institute summit to explore high speed rail

High speed public rail transport to the Central Coast will be an in-depth topic of discussion at the next meeting of the state's leading development industry body, the Urban Development Institute of Australia (UDIA) NSW.

#### Ourimbah Masterplan's implementation will result in loss of historical significance

Ourimbah's historical significance of an 1800s timber town will be lost if development is allowed to go ahead under the draft Ourimbah Masterplan, says State Member for The Entrance, David Mehan

#### Feedback sought on draft Greater Lake Munmorah Structure Plan

Central Coast Council is inviting the community to provide feedback on the draft Greater Lake Munmorah Structure Plan on public exhibition until Sunday, May 26.

#### Ballot draw signifies commencement of Federal Election

The countdown to the federal election is on, following the crucial ballot paper positions draw and the opening of postal voting and early voting centres on Monday, April 29.

#### Operational Plan to deliver \$791m investment

Central Coast Council will have an operating deficit of \$7.7m over the next 12 months as they deliver a \$791m investment in essential services and capital works for the region.

#### Three shared pathways to be funded by a Labor Federal Government

Three shared pathways which have been the subject of long community campaigns, and now on Central Coast Council's priority list, could be a few steps closer to being established, following a Labor Party promise of a \$15m contribution.

#### Lake Munmorah shared pathway is nearing completion

The Lake Munmorah 2km shared pathway on the Pacific Hwy, between Tall Timbers Rd and Carters Rd is nearing completion.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website [www.centralcoastnews.net](http://www.centralcoastnews.net)

## Forum

### Treat wetlands with more respect

As a bushcare volunteer at the Everglades wetlands, I was very disappointed after being away for a few weeks, to see even more destruction this morning (April 21).

I know there has been a bike track there for years but what is happening now is terrible, they are just making more and more tracks, having no regard for plants that are in the way, plants that

## Forum

volunteers have lovingly planted and nourished over the years.

We are prepared to compromise, but they just want more and more.

Being a big part of the lungs of Woy Woy and the last remaining remnants of wetlands for the suburb, I think it should be treated with a bit more respect.

Letter, 21 April 2019  
Michael Wilder, Woy Woy

### Declare property portfolios

Might I suggest that writers to this paper urging larger and taller developments at Ettalong and Umina list the property portfolios which they hold on the Peninsula.

Particularly those in their name

## Forum

or that of their families.

We might then take their proposals more seriously.

Email, 26 Apr 2019  
Margaret Lund, Woy Woy Bay

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# INSTEP FOOTWEAR

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# PUDS aimed to balance growth with infrastructure

**One of the major flaws of the amalgamated council was highlighted at a recent meeting to discuss the over-development of Farnell Rd.**

Council staff and majority of councillors had no clue what the Peninsula Urban Direction Strategy (PUDS) was or even if it was adopted by Council when the strategy was used to support the development.

The urban directions strategy was passed in May 2006 to guide for future planning controls, and urban design of the Peninsula.

The strategy was prepared on the basis of limiting the impacts of growth on the already stressed infrastructure capacities.

In the presentations to council it was claimed the Farnell Rd Development Application was supported by the strategy, yet PUDS only outlined different scenarios of development and doesn't support a specific option. The only thing similar between

the development proposal and the strategy is the suggested amalgamations of blocks. That's where the similarities stop.

One option in the strategy did include a three-storey building on three consolidated blocks with 16 units, which is a far cry from the proposed 26 plus units in this proposal.

Other glaring differences are the distance from the town centre, claimed as short walk, but it is actually over 1km on substandard footpaths, far beyond the 400-800m mark for walkability, not to mention the lack of public transport and the cumulative impacts on congestion and parking of the cars on the local roads.

These same local roads in 2004 were nearing environmental and traffic capacity, with 80 per cent of transport trips by vehicle recorded in PUDS.

Allfield Rd development fronts Blackwall Rd 2004 had 19,641 car movements a day.

## Forum

### LETTERS TO THE EDITOR

should be sent to:

**Peninsula News**

PO Box 1056, Gosford 2250  
or [editorial@centralcoastnews.net](mailto:editorial@centralcoastnews.net)

net See Page 2 for contribution conditions

Add in the population growth of 15 years and that figure is significantly increased, and many can attest to being stuck in traffic on Blackwall Rd.

The traffic lights one block south were installed to improve the traffic flow from this increased population, yet the council report states this development would lead to no significant increase and ignore the cumulative impacts of this next

wave of mega infill development that is changing the amenity and liveability of the local areas.

It seems like the community is in a never-ending spiral of population growth with no supporting public transport infrastructure.

In 2001 there were 18,934 dwellings in the Peninsula, 10.6 per cent increase on the previous 10 years.

The 2016 Census shows there is approximately 38,000 people across the Peninsula, just 2000 people short of the 40,000 maximum population for the peninsula stated in PUDS.

The consultant actually recommended in the 2005 report that "It would be prudent to delay significant growth in Woy Woy until there are more definite improvements to transport".

Fast forward to 2019: there is more traffic congestion, crowded trains and less and less car parking to cater for the over-population.

It's 20 years on and the calls for

funding a better transport system are deafening with their silence.

There have been no significant improvements in the local transport system, or increase in bus service, development of light rail or other micro mobility as a service (MAAS) except the very limited community transport.

Yet the people and development such as Farnell Rd keep pouring in supported by a regional strategy that purports to create liveability.

In fact, it is more like creating a living hell for the existing residents with no thought for the future amenity, sustainability, climate impacts or carrying capacity of the area.

Density can work if done right with sustainable buildings, sufficient open space and efficient regular public transit and supporting services, but all the Peninsula gets is the non-complying developments and increased growth.

Email, 9 May 2019  
Mark Ellis, Woy Woy

## Recycling machine - traffic, rubbish, noise and graffiti

Thank goodness that the powers-that-be put the new Return and Earn recycling vending machine in Chambers Place, the worst street in Woy Woy.

Us riff-raff housos only deserve more rubbish in our lives.

This photo was taken on May 5. No car spaces for us residents of Chambers Place.

People stop all day and all night leaving bags and boxes.

## Forum

The plastic bags fly all over the place and clutter up the road.

Graffiti by vandals has already been spray painted over the recycling centre.

The noise of the bottles and cans being emptied two to three times a day is horrific.

Isn't this brilliant?

Email, 5 May 2019  
Astra Revson, Woy Woy

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# LUCY WICKS MP

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Please back my plan  
for our region



### MORE SCHOOL FUNDING

- ✓ Our new funding agreement means every school in Robertson will get big funding increases over the next 10 years (to 2029)
- ✓ Over the next decade, all 34 public schools in Robertson will receive an average of **52% more funding per student**

To see how your school benefits go to:

[www.education.gov.au/school-funding-estimator](http://www.education.gov.au/school-funding-estimator)

- ✓ **School Sign at Empire Bay Public School** - \$14,200 to fund a new LED sign
- ✓ **St Philip's Christian College's New Junior School Building** - \$750,000 has been provided to St Philip's to provide an upgraded space for local students



### MOBILE COVERAGE

- ✓ **Calga Mobile Tower** - Funded under the Government's Mobile Black Spot Programme
- ✓ **NBN Rollout** - 98% of homes are now connected
- ✓ **Continuous mobile phone coverage between Wyong and Hornsby and Wi-Fi at train stations** - \$12 million provided and work is now in process
- ✓ **New Killcare Mobile Base Stations** - To improve phone coverage for local residents, businesses and emergency services
- ✓ **Mangrove Mountain Mobile Tower** - Funding delivered for the new mobile tower
- ✓ **Mobile Base Stations in Spencer and Wendoree Park** - Negotiations are in progress to improve phone coverage for local residents, businesses and emergency services



### HEALTH AND MEDICARE

- ✓ **884,563 GP visits in Robertson were bulk billed last year** (158,359 more than in Labor's last year in office)
- ✓ **Local Drug Action Team in Kincumber**
- ✓ **New Doctors for the Central Coast** - Funding for 7 new GPs on the Peninsula



### HOSPITAL FUNDING

- ✓ Funding for NSW hospitals is up 50% compared to Labor's last year in office - \$6.4 billion this year, compared to \$4.3 billion under Labor



### MAJOR PROJECTS

- ✓ **Somersby Industrial Estate** - \$8 million provided to the Council to upgrade sewerage works to help create an estimated 3,000 jobs
- ✓ **Central Coast Medical School and Medical Research Institute** - \$45 million for the project now under construction
- ✓ **Woy Woy Oval** - \$3.5 million for a major redevelopment of the sporting facilities, including a 600-seat grandstand and state-of-the-art sporting precinct



### COMMUNITY FACILITIES

Lucy has helped secure funding for a number of community organisations, including:

- ✓ **Five Lands Walk, Copacabana** - \$875,000 for the upgrade now underway
- ✓ **Copacabana Rural Fire Service's Emergency Generator** - We provided \$7,606 to fund the purchase of a back-up generator to support our local fire volunteers
- ✓ **Clean4Shore Funding** - \$250,000 to support the electorate-wide efforts to clean up our foreshores and mangroves
- ✓ **Gosford Regional Library** - \$7 million provided to the Council to fund the Gosford Library
- ✓ **Funding the Regional Performing Arts Centre in Gosford** - \$10 million provided to the Council to help bring more facilities to our local community
- ✓ **Recording studio for Musician Making a Difference** - \$17,300 to fund the upgrade of life-changing music programs
- ✓ **Gosford Community Men's Shed** - \$5,660 to replace ageing woodwork equipment
- ✓ **Defibrillator for Pearl Beach** - \$8,250 delivered to provide life-saving equipment to Pearl Beach
- ✓ **Point Clare Community Garden** - A \$10,000 grant to help support the garden's upkeep
- ✓ **Willow Road Boardwalk at Springfield** - \$375,000 delivered to fund the boardwalk
- ✓ **Terrigal Wamberal RSL Sub Branch** - Armistice Day Memorial relocation and construction
- ✓ **Runway Park at Umina Beach** - \$10,000 delivered to fund the new park
- ✓ **Central Coast Marine Discovery Centre** - \$20,000 to upgrade the amenities block on the Terrigal site



### SAFER STREETS

Lucy and the Liberal team are delivering funding to tackle crime:

- ✓ **Peninsula Recreation Precinct** - CCTV delivered for Umina Beach
- ✓ **Banjo's Skate Park** - CCTV delivered for the park in Terrigal
- ✓ **McEvoy Oval** - CCTV delivered for the Peninsula
- ✓ **CCTV cameras in Copacabana and Terrigal** - \$551,000 in funding for new and upgraded security cameras



### TRANSPORT & INFRASTRUCTURE

- ✓ **Fixing Oceano Street** - \$3.8 million for major upgrades at Copacabana
- ✓ **Intersection of Langford Drive and Woy Woy Road in Kariong** - \$1.75 million delivered to improve this dangerous intersection
- ✓ **M1 Upgrades in Kariong** - \$196 million for long-awaited road widening, with construction now underway
- ✓ **Ryans Rd at Umina Beach, and Davis Street at Booker Bay** - \$1.65 million delivered to upgrade crucial local roads



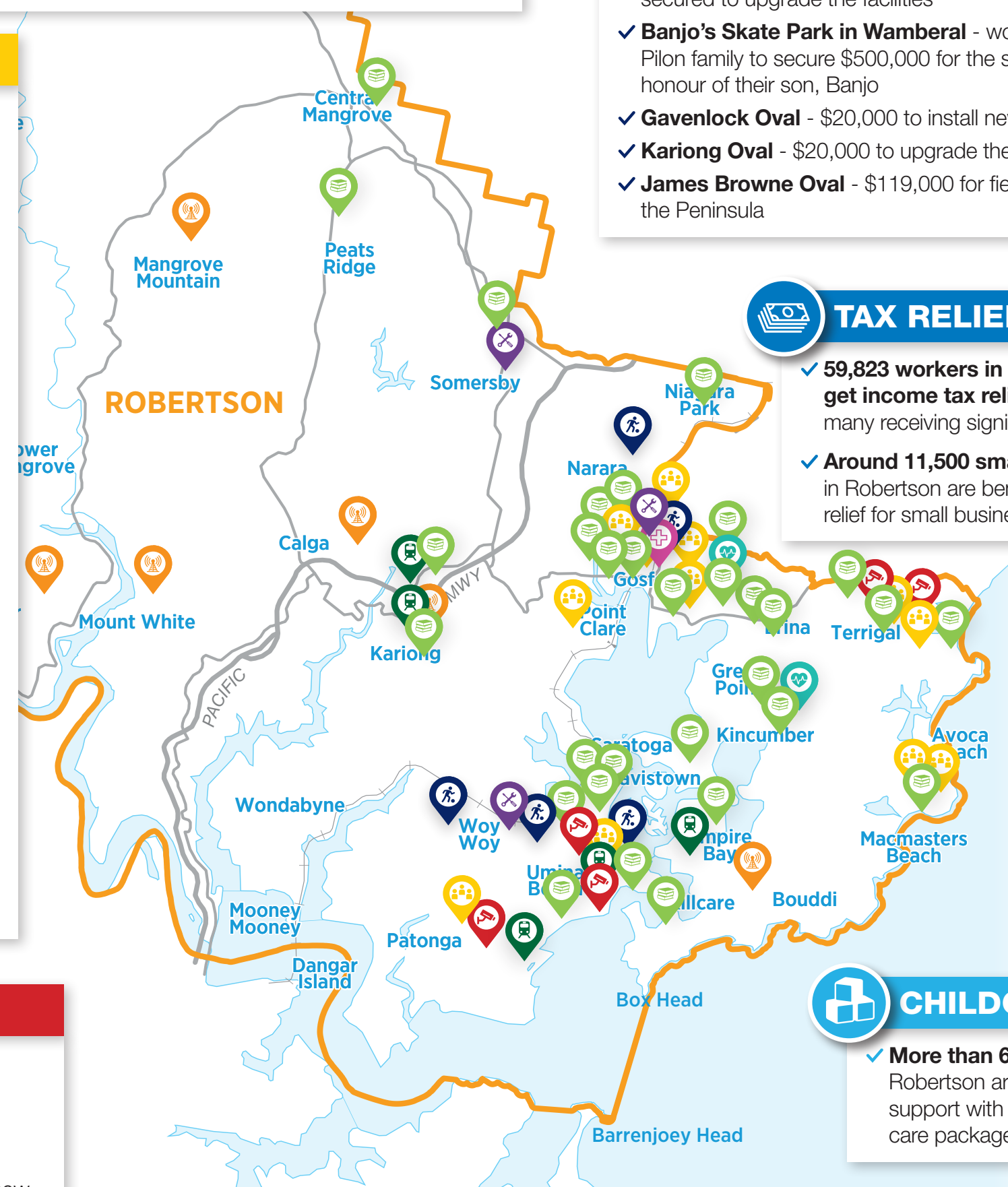
### SPORTING FACILITIES

- ✓ **Austin Butler Oval** - \$15,000 delivered to upgrade these amenities at Woy Woy
- ✓ **Gosford Little Athletics** - \$10,500 for the West Gosford club
- ✓ **Brisbane Water Cricket Club** - \$14,760 delivered for cricket net upgrades
- ✓ **Narara Wyoming Cricket Club** - \$18,375 delivered for equipment upgrade
- ✓ **McEvoy Oval, Umina Beach** - \$304,000 in funding secured to upgrade the facilities
- ✓ **Banjo's Skate Park in Wamberal** - worked with the Pilon family to secure \$500,000 for the skate park, in honour of their son, Banjo
- ✓ **Gavenlock Oval** - \$20,000 to install new drainage
- ✓ **Kariong Oval** - \$20,000 to upgrade the lighting
- ✓ **James Browne Oval** - \$119,000 for field upgrades on the Peninsula



### TAX RELIEF

- ✓ **59,823 workers in Robertson will get income tax relief** this year, with many receiving significant tax refunds
- ✓ **Around 11,500 small businesses** in Robertson are benefiting from tax relief for small businesses



### CHILDCARE

- ✓ **More than 6,500 families** in Robertson are getting more support with the new child care package



## Forum

# Time to think about a different society

**I suppose it is not amazing that many visitors to the Bays over the past 50 years have exclaimed at the beauty of this area.**

Some of these visitors have then moved here and then, as we all do, set about transforming their blocks to their own desires.

Perhaps it is not until you reach retirement that you can find the time to consider just what it is that makes places like this so beautiful.

Surely it is the other myriad of animal species beaver away all the time that have something to do with it?

Over the years, we have noticed changes to our area.

Possums of all sorts used to be here in abundance, sometimes driving us mad as they danced on the roof at night but now they are rarely seen.

We no longer have water dragons basking in our garden, probably due to the dogs which roam freely.

It must be great to zip around the Bays on a motor boat but I wonder what effect this has on the marine animals and the sea grasses in the waters beneath those vessels?

People think that fish cannot hear because they have no ears

## Forum

but in fact their ears are within their heads and they use their acute hearing to find a mate or food, as do the other larger marine animals out in the ocean, where seismic testing is expected to begin soon.

Sea grasses are thought of as just weeds and yet they play a very large part in collecting CO<sub>2</sub>, much more than mangroves do.

They both help to combat climate change and help to provide us with our seafood, which is also diminishing in this area.

These plants are often illegally

removed from our foreshores for a view, or a sandy beach.

Insects are an essential part of our eco system.

Do you remember when a car excursion resulted in a filthy windscreen full of insect bodies.

This no longer occurs and scientists are very concerned about this loss.

Termites are a nuisance to us if they get into our homes but they are important vacuum cleaners in the bush, even providing us with new soil, as do worms which provide us with fertilizer as well.

Trees are home to so many species as well as lowering the temperature that it is amazing to see so many being felled.

So how much of our planet is left as really wild?

I read recently that 65 per cent of the animals using the earth are domesticated animals that were invented to serve us.

Thirty-two per cent of the planet is taken by the human animal, which leaves just three per cent for really wild animals.

Most wild animals today are just logos which we use to sell things,

like the jaguar or the polar bear.

Is it perhaps time for us to think about a different sort of society, for surely, we cannot go on as we are?

Capitalism is failing us with its constant cries to grow the economy, grow the population, grow the housing market etc.

This constant growth is bound for failure because we live on a finite planet.

I don't know what other system but surely we should start thinking about these matters.

We cannot keep on improving our standard of living - when do we know that we've "got there"? Where is there?

Consider our overflowing bins each week.

We cannot go on collecting stuff just to fill holes in the ground.

We are supposed to be intelligent, so let's start a discussion about our one and only planet.

What can we do to retain the remaining beauty around us?

Let's think before it all disappears and our descendants are left in the resulting chaos.

Email, 9 May 2019

Margaret Lund, Woy Woy Bay

advertisement

## Stop a cold before it starts

New research shows you can stop a cold in its tracks if you take one simple step with a new device when you feel a cold about to start.

Colds start when cold viruses get in your nose. Viruses multiply fast. If you don't stop them early, they spread in your airways and cause misery.

But scientists have found a quick way to kill a virus — touch it with copper. Researchers at labs and universities worldwide all agree — copper is "antimicrobial." It kills microbes, such as viruses and bacteria, just by touch.

That's why ancient Greeks and Egyptians used copper to purify water and heal wounds. They didn't know about viruses and bacteria, but now we do.

Researchers say a tiny electric charge in microbe cells gets short-circuited by the high conductance of copper. This destroys the cell in seconds.

Tests by the Environmental Protection Agency (EPA) show germs die fast on copper. So some hospitals switched to copper touch surfaces, like faucets and doorknobs. This cut the spread of MRSA and other illnesses by over half, and saved lives.

The strong scientific evidence gave inventor Doug Cornell an idea. When he felt a cold coming on he fashioned a smooth copper probe and rubbed it gently in his nose for 60 seconds.

"It worked!" he exclaimed. "The cold went away completely." It worked again every time he felt a cold coming on. He reports he has never had a cold since.

He asked relatives and friends to try it. They said it worked for them, too, every time. So he patented



**New research: Copper stops colds if used early.**

CopperZap™ and put it on the market.

Soon hundreds of people had tried it. Nearly 100% said the copper stops their colds if used within 3 hours after the first sign. Even up to 2 days, if they still get the cold it is milder than usual and they feel better.

Users wrote things like, "It stopped my cold right away," and "Is it supposed to work that fast?"

Pat McAllister, age 70, received one as a gift and called it "one of the best presents ever. This little jewel really works." Now thousands of users have simply stopped getting colds.

People often use CopperZap preventively. Frequent flier Karen Gauci used to get colds after crowded flights. Though skeptical, she tried it several times a day on travel days. "Sixteen flights and not a sniffle!"

Businesswoman Rosaleen says when people are sick around her she uses CopperZap morning and night. "It saved me last holidays," she said. "The kids had colds going around, but not me."

Some users say it also helps with sinuses. Attorney Donna Blight had a 2-day sinus headache. When her CopperZap arrived, she tried it. "I am shocked!" she said. "My head cleared, no more headache, no more congestion."

Some users say copper

stops nighttime stuffiness if they use it just before bed. One man said, "Best sleep I've had in years."

Copper may even stop flu if used early and for several days. Lab technicians placed 25 million live flu viruses on a CopperZap. No viruses were found alive soon after.

People have used it on cold sores and say it can completely prevent outbreaks when used on the lip at the first sign.

The handle is curved and finely textured to improve contact. It kills germs picked up on fingers and hands to protect you and your family.

Copper even kills deadly germs that have become resistant to antibiotics. If you are near sick people, a moment of handling it may keep serious infection away from you and your loved ones. It may even save a life.

The EPA says copper still works even when tarnished. It kills hundreds of different disease germs so it can prevent serious or even fatal illness.

CopperZap is made in the USA of pure copper. It has a 90-day full money back guarantee when used as directed to stop a cold.

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For scientific references:  
[www.copperzap.com/science](http://www.copperzap.com/science)

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Health



# Volunteers sought by dementia services provider

**A Woy Woy dementia specialist aged care provider is seeking volunteers in the lead-up to National Volunteer Week, May 20-26.**

HammondCare Woy Woy's volunteer coordinator Ms Tania Farmer said the facility was so thankful for its many volunteers that help ensure residents get the absolute most out of their time.

One such volunteer, Mr Graham Mowbray, has been volunteering at the facility for months and has been an invaluable addition to the volunteer team, she said.

Mr Mowbray said he had easily integrated his volunteer duties into his lifestyle and thoroughly enjoyed getting to know residents.

"I had a preconceived idea that people living with dementia were difficult to talk to and had little memory.

"However, having met quite a

few people living with dementia and getting to know them and their history, I learned that they are certainly not difficult to talk to.

"Learning about people and hearing about their life experiences has been fascinating and so enjoyable it is hard to express in words," Mr Mowbray said.

"It has been very rewarding having residents' relatives and friends come up to me, thanking me for spending time with their loved ones, but little do they know, spending time with the residents has been my pleasure," he said.

During his time as a volunteer with HammondCare Mr Mowbray said he was able to enjoy a number of activities from lawn bowls, swimming and scrabble to scenic trips around the Central Coast, all while spending time with residents.

"There are so many volunteer roles available at HammondCare.

"I have spent time trying to lawn bowl, which means that we get outside and enjoy the fresh air.

"Sometimes it is sitting down to have a cup of tea and a chat.

"Occasionally I drive the bus to the swimming pool, but most of the time I get in the pool and enjoy the company of the residents, whether it is talking, swimming or being taught how to float on my back.

"This has encouraged me to attempt to complete the Bronze Medallion so that I can volunteer as a lifesaver," Mr Mowbray said.

"If anyone is interested in volunteering and like me, passionate about helping others in need, I highly recommend spending time with other people, whether it is with HammondCare or another respected organisation," Mr Mowbray said.

**SOURCE:**  
Media release, 3 May 2019  
Tania Farmer, HammondCare

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## Breast screening available until July

**The BreastScreen NSW bus will be providing mammogram services at the Country Women's Association grounds in Woy Woy until July.**

Woy Woy branch president Ms Jane Bowtell said the location was central and close to public transport.

"Last year 1371 women were screened while the bus was on our

grounds," she said.

"This was a 29 per cent increase on the previous year."

Ms Bowtell said that due to its popularity the unit would open for nine weeks this year.

The service was free for all women over 50, with some women over 40 also eligible for the service, she said.

Last year was the first time BreastScreen was set up on the CWA grounds.

Previously it had been set up at Rogers Park.

The mobile unit arrived on May 7 and will be delivering mammogram services until it departs in July.

Ms Bowtell urged local women to take advantage of the unit while it was so accessible.

"Call 13 20 50 to book your screening.

"Get in quick as it fills up fast," Ms Bowtell said.

"We are so proud to be able to host this vital service for the women of the Peninsula," she said.

**SOURCE:**  
Social media, 1 May 2019  
Emily Bowtell, Woy Woy CWA

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## Rewards for readers of fiction stories

In an effort to encourage the reading of fiction stories, Umina Beach Public School Library is rewarding students who write reviews of borrowed books.

In a nod to the Roald Dahl classic Charlie and the Chocolate Factory, "golden e-tickets" have been hidden in a number of fiction books at the library.

"When students borrow a golden ticket book, the borrowing

computer will ding to let them know," said principal Ms Lyn Davis.

"We will then give the student a golden ticket to write a brief review of the book after it is read.

"When the review is returned to the library, the student may choose a prize from the prize box.

"Their review will be displayed for others to read, Ms Davis said.

**SOURCE:**  
Newsletter, 7 May 2019  
Lyn Davis, Umina Beach Public School



## Parents raise \$29,000

Members of Umina Beach Public School's Parents and Carers Group have raised \$29,000 through a special

fundraiser.

The money was raised at a Splash-a-Thon held on May 3.

The money will be donated to

the school.

**SOURCE:**  
Newsletter, 7 May 2019  
Lyn Davis, Umina Beach Public School

## Campus shows support for farmers

Brisbane Water Secondary College Umina campus has pledged its support for the national Adopt-a-Farmer campaign.

"Our Interact Club and Student Representative Council joined forces to help the national campaign which got underway on May 8," said acting campus principal Mr Adam Montgomery.

The campaign is being driven by schools across the country with individual schools holding their own special events.

"Nationally, the campaign is trying to reach a target of \$800,000 to help our struggling farmers," Mr Montgomery said.

**SOURCE:**  
Social media, 1 May 2019  
Adam Montgomery, BWSC Umina Campus

## Parents asked to be considerate

Parents have been asked to be considerate after neighbours complained to Umina Beach Public School about illegal parking.

"Once again, we have had complaints from our neighbours regarding parents parking in their driveway.

"Please consider our community when picking up and dropping off your children.

"We have ample parking in two streets, Sydney Ave and Melbourne Ave, without having to park illegally," said principal Ms Lyn Balfour.

**SOURCE:**  
Newsletter, 2 May 2019  
Lynn Balfour, Umina Beach Public School

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Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation

\*ANROS Horizons 1 (2015)



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# Anzac assembly at Umina campus

**Brisbane Water Secondary College Umina campus held an Anzac Day Assembly on May 1.**

"Our assembly was held to commemorate all Australians and New Zealanders who lost their

lives in service to their country," said acting campus principal Mr Adam Montgomery. "Our special guest was Leading Seaman Matthew Oswald who spoke to the students about the importance of Anzac Day to him

and his family." The assembly included deputy principal Ms Susannah Murray singing the New Zealand national anthem.

**SOURCE:**  
Social media, 1 May 2019  
Adam Montgomery, BWSC Umina



## Help create a positive difference in your community

This is your chance to increase the safety, liveability and accessibility of our region. Central Coast Council is inviting Expressions of Interest (EOIs) from suitably qualified and experienced people to be appointed as community stakeholder members of the following Council Advisory Committees:

1. Social Inclusion Advisory Committee (up to six vacancies)
2. Town Centre Advisory Committee (up to 10 vacancies)

Membership of the Advisory Committees will be on a volunteer basis and no fee or costs will be paid to community stakeholder members. Visit [centralcoast.nsw.gov.au/eoi](http://centralcoast.nsw.gov.au/eoi) for Advisory Committee Terms of Reference and application details.

Closing date for EOI applications is **Sunday 19 May 2019**. Please allow extra time if posting to ensure your application is received by the closing date.



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<b>Thursday 30 May 2019, 6.30 - 8.30pm</b> Kariang Mountains High School	



## Donations sought

**Umina Beach Public School is seeking donations of materials to help construct a Junkyard Playground.**

"We are trying to establish a Junkyard Playground in the primary playground," said principal Ms Lyn Davis.

"This is a popular type of play area where children are given the opportunity to explore and play with the sorts of things their parents and grandparents may have played with when they were children.

"It allows for open-ended play, imagination, problem solving and creativity while using their whole bodies through play," she said.

To establish the playground, the school is seeking donations of materials such as wooden planks, pallets and crates, rope and a range of other items.

"Students will be given lessons on how to play safely with the equipment and will be supervised appropriately," Ms Davis said.

Anyone with items they'd like to donate to the cause or who would like more information about materials needed to construct the playground should contact the school.

**SOURCE:**  
Newsletter, 7 May 2019  
Lyn Davis, Umina Beach  
Public School



Ms Suzanne Campbell with students

## Students offered a taste of beauty therapy course

**Students from Brisbane Water Secondary College Woy Woy campus are being given the opportunity to "taste" a beauty therapy course.**

Campus principal Ms Rebecca Cooper said that the school had been invited to take part in a "taster day" offered by the Australian Academy of Beauty and Spa Therapy.

"The Academy has invited any of our students interested in a career as a beauty therapist to attend one of their upcoming taster day events," Ms Cooper said.

"This is a day where they will experience all aspects of the academy's beauty therapy course to ensure it is the right career path for them.

"They will join in the classroom with current students, help in the student clinic with real clients and also experience some beauty treatments as a client," Cooper said.

There will be four taster day sessions with the first two at Chatswood and Kogarah on May 21 and the second two on May 22 at North Strathfield and Bella Vista.

"The Academy has advised that they offer two diploma that for eligible VET students (SHB50115 The Diploma of Beauty Therapy and SHB50216 The Diploma of Salon Management) and are also

happy to arrange work experience opportunities for interested students," Ms Cooper said.

**SOURCE:**  
Social media, 3 May 2019  
Rebecca Cooper, BWSC Woy Woy

## School crossing is upgraded

**The pedestrian crossing at Umina Beach Public School on Sydney Ave has been officially upgraded to a "children's crossing".**

Principal Ms Lyn Davis said: "The Children's Crossing will operate between 8am to 9:30am and 2:30pm and 4pm on gazetted school days.

"When in use, orange flags displaying the words Children crossing will be used.

"Drivers must slow down and halt before the stop line when a pedestrian is on the crossing or waiting to cross and remain

stopped until all pedestrians leave the crossing.

"This is different to the previous version of the crossing which only required drivers to slow down and stop when a pedestrian stepped onto the marked crossing," Ms Davis said.

"Drivers must give way to a pedestrian on the crossing.

"Some drivers may not stop for pedestrians, so wait until all vehicles have stopped before you start to cross," Ms Davis said.

**SOURCE:**  
Newsletter, 2 May 2019  
Lyn Davis, Umina Beach  
Public School

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**2pm Saturday 25 May, 2019  
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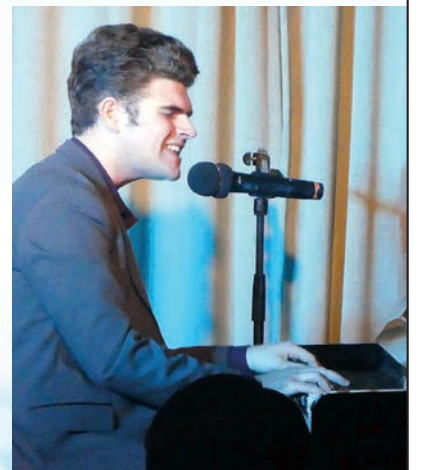
Junior Students of the Central Coast Conservatorium will perform in a Showcase Concert. Includes Irvine Family Piano finalists. Ticket cost is \$10 and children under 15, immediate families and tutors are free.

**2pm Sunday 26 May, 2019  
SENIOR SCHOLARSHIP CONCERT**

The Pearl Beach Music Scholarship and Irvine Family Piano Scholarship Concert will once again search for the Central Coast's best young music students. The annual scholarship competition now celebrating 14 years is for students of the Central Coast Conservatorium. Scholarships will be awarded on the day, valued at \$2,000 and will include a "People's Choice" Award.

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Education



# First place at Performing Arts Challenge

Umina Beach Public School's Stage 3 Dancer Group took out first place in the Gosford City Performing Arts Challenge held on May 3.

"The Stage 3 Dance group performed their new dance, Garden of Shadows, at the eisteddfod held at Gosford High School," said Umina principal Ms Lyn Davis.

"They did a wonderful job and were awarded first place in the primary school section.

"Feedback from the adjudicators

included that the costuming was effective, the routine was well rehearsed and they liked the storytelling aspect in the choreography.

"The girls have worked very hard to learn the dance in such a short amount of time and we look forward to polishing the dance further and working on our technique for the Central Coast Dance Festival later this term."

SOURCE:  
Newsletter, 7 May 2019  
Lyn Davis, Umina Beach Public School

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Christopher Bennet

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# Parents asked to keep assembly area clear

Ettalong Public School principal Ms Lyn Balfour has asked parents and carers to observe a new policy regarding morning assembly for students in Kindergarten to Year 2.

"From the start of Term 2, parents are asked to keep the areas surrounding the K-2 morning assembly area clear.

"It would be greatly appreciated if parents avoid standing with their children in class lines and ensure they are not blocking walkways and classroom entrances.

"This will allow classes to start their day promptly," Ms Balfour said.

SOURCE:  
Social media, 20 Apr 2019  
Lynn Balfour, Ettalong Public School

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# Woy Woy could become gay-friendly arts precinct

**Woy Woy could become a mecca of gay-friendly arts and culture precinct, according to a performance group describing itself as the Central Coast's leading LGBTQIA+ counter culture and arts organisation.**

The Naughty Noodle Fun Haus group is currently planning "the Central Coast's first ever Pride festival", Twist Coastal Festival, to be held at venues across Umina, Woy Woy and Ettalong from October 4 to 6.

The ultimate goal of the Naughty Noodle was to bring visibility to the Central Coast's large but hidden LGBTQIA+ community, according to its chair, Mr Juan locco.

"We are the third most populous region in NSW, with a population over 325,000.

"We are also the ninth largest urban area by population in Australia.

"Yet we are the only region in the top 10 most populated regions with zero LGBTQIA+ visibility and, more specifically, no queer friendly inclusion, festival or celebration events," Mr locco said.

"Twist Coastal Festival will be the first LGBTQIA+ celebration of its kind for the Central Coast and it's happening exclusively across the Peninsula.

"This is ground breaking and is our opportunity to celebrate, build and strengthen community ties and cement the Peninsula as the Central Coast's major LGBTQIA+ arts, culture and inclusion destination.

"We are anticipating a huge turnout of visitors from all over Australia which will bring a diverse mix of artists, performers, social-changers, culture-makers, communities and audiences together and we want to see as many Coasties, LGBTQIA+, questioning or otherwise, there with us," he said.

Naughty Noodle had already delivered several events across the Peninsula, including Summer Spandex, Clambake and most recently, Rayon Riot, all designed to give marginalised artists and entertainers opportunities while highlighting what locals can expect to see at the region's first ever Pride, he said.

For more information about

Twist Coastal Festival, including how to get involved, is available on the Naughty Noodle Fun Haus website.

**SOURCE:**

Media release, 10 Apr 2019

Glitta Supernova, Naughty Noodle Fun Haus

Interview (Dillon Luke), 15 Apr 2019  
Glitta Supernova and Juan locco, Naughty Noodle Fun Haus



Naughty Noodle Fun Haus plans to bring burlesque and drag performances to Woy Woy

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Out&About



Photos: Noel Plummer

# Folk club anniversary attracts 100 guests

The T Troubadour Folk Club saw a record audience of more than 100 guests at the club's 20th anniversary celebration on May 4 at St Luke's Church, Woy Woy.

Club president Mr Michael Fine said it was an evening like no other for the club's founders.

"There were great performances from founders and current performers alike.

"The amazing audience lifted every song and performance, filling the hall in every sense as music reigned supreme," he said.

According to Mr Fine, the anniversary celebration was an opportunity to recognise the club's founders and early stalwarts, particularly Mr and Mrs Frank and Marilyn Russell, Mr Cec Bucello, Mr Warren Targett, Mr Stewart Ridgeway, Mr Shaun Scorr, Ms Linda Campbell and Mr Peter

Mace.

"A special mention should also be made of the great work of Bill Bekric and Willie Timmerman, who contributed so much to the Troubadour's operation and spirit of inclusion and the joy of do-it-yourself folk music over the intervening years," Mr Fine said.

"It was a night, too, when those who were unable to be there for whatever reason were also

remembered.

"Their voices live on and weren't forgotten," he said.

Mr Fine said: "There was also a great result achieved with fund-raising on the night, with a total of \$800 raised for the benefit for the Central Coast Schizophrenia and Bipolar Fellowship," Mr Fine said.

**SOURCE:**  
Media release, 5 May 2019  
Michael Fine, Troubadour Folk Club

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## Author to speak at Umina library

Sydney author Ms Amanda Hampson will be guest speaker at Umina Beach Library on May 24.

Ms Hampson will discuss her latest release, *Sixty Summers*, a novel about three friends about to turn 60 who retrace their footprints by backpacking around Europe.

Ms Hampson has been writing professionally for more than 20 years and has penned works including *The Olive Sisters*, *The Yellow Villa* and *Two for the Road*.

Ms Hampson grew up in rural New Zealand. She spent her early 20s travelling, finally settling in Australia in 1979 where she now lives in Sydney's Northern Beaches.

Bookings are limited and can be made through Central Coast Council Library Service.

SOURCE:

Website, 7 May 2019

Amanda Hampstead, Author



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Australia Inc.  
Meet every Tue and Fri  
9am-2pm - 109 Birdwood  
Ave, Umina - Painting and  
Canvas drawing. Volunteers  
welcome  
0431 363 347  
hospitalartaustralia.com.au

Community Centres

Peninsula Community  
Centre  
Cnr Ocean Beach Rd &  
McMasters Rd Woy Woy  
Activities, programs and  
support groups for children,  
teens, adults and seniors  
including occasional care,  
playgroups, dance classes,  
karate, fitness classes, youth  
services, gambling solutions,  
internet kiosk and social  
groups.  
4341 9333  
www.coastcommunityconnections.com.au

Empire Bay Probus Club  
Friendship, fellowship,  
and fun in retirement.  
Very active club, outings,  
excursions, dining - 3  
times a month  
1st Thur 1.30pm  
Empire Bay Progress Hall  
Visitors Welcome.  
0419 252 708

Ettalong 50+ Leisure  
& Learning Centre  
Cards, Chess, Choir, Creative  
Folk Art, Dancing, Darts,  
Handicraft, Handicrafts,  
Indoor Bowls, Leatherwork,  
Line Dancing, Mahjong,  
Painting, Rummikg,  
Scrabble, Table Tennis,  
Ukulele, Women's Shed,  
4304 7222

Central Coast  
Community  
Legal Centre  
Not for profit service providing  
free legal advice.  
Monday to Friday  
9am to 5pm  
4353 4988  
contact@centralcoastclc.org.au

Point Clare  
Community Hall  
Community Garden -  
Playgroup

Craft and Exercise Groups  
Function or Meeting Hire  
Managed by Gosford  
Regional Community  
Services  
Enquiries regarding hire to  
4323 7483  
accounts@gosfordcommunity.org.au  
www.gosfordcommunity.org.au

Community Groups

ABC "The Friends"  
Support group for Public  
Broadcaster.  
Aims: Safeguard ABC's  
independence, adequate  
funding, high standards.  
Meetings through the year +  
social afternoons  
Well-known guest speakers  
4341 5170  
www.fabcnsw.org.au

Central Coast  
Caravanners Inc  
3rd Sun Monthly  
Visitors - New Members  
welcome, Trips Away, Social  
Outings, friendship with like  
minded senior folk - Details  
from Geoff  
0447 882 150

Central Coast 50+  
Singles Social Group  
Ladies & gents dinner,  
dancing - BBQs & socialising  
each w/end. Monthly  
programme for all areas  
0412 200 571  
0437 699 366  
0407 031 013  
50pssg@gmail.com

CCLC Indoor Bowls  
Mon - Ladies Social  
Wed Night - Mixed Social  
Sat - Mixed Social  
New members welcome -  
tuition given  
level 2 Central Coast  
Leagues Club  
4334 3800

Freemasons  
Who are they?  
What do they do?  
Find out about the world's  
oldest fraternal organisation  
and how we help our  
community.  
Gosford Masonic Centre  
86 Mann St Gosford  
www.tcd2001.org

Peninsula Village  
Playgroup  
Carers, Grandparents,  
parents & children  
'Intergenerational Playgroup'  
Tues 10-11.30am  
4344 9199

Peninsula School  
for Seniors  
Community Centre,  
McMasters Road, Woy Woy  
Discussions, rumikin, craft,  
history, walks, & coach trips  
Tues, Wed, Thur  
4341 5984 or 4341 0800

Seniors Social and  
Friendship Club Inc  
Meets 2nd Mon  
Regular monthly social  
activities as well as day  
outings and short breaks  
away, organised by  
individual members.  
4322 7588 or 0427 404 322

The Krait Club  
Community Centre - Cooinda  
Village, Neptune St, Umina  
10.30am For seniors. Gentle  
exercises, quizzes, games,  
social activities, guest  
speakers, entertainment and  
bus trips - 4344 3277

The NSW Justices  
Association Inc  
Operate a community desk at  
Umina Library each  
Mon & Wed from 10.00 to  
1.00pm each week.  
If other parties are interested  
in a desk please contact  
marketing@nswja.org.au  
0418 203 671

Umina Beach  
Men's Shed  
Men share a variety of tools,  
pursue interests and hobbies,  
spend time with other men  
and learn new skills  
Darrell 4342 9606

Volunteering  
Central Coast  
Refers potential volunteers  
to community orgs. Supports  
both volunteers and  
community orgs. Training for  
volunteers & their managers.  
4329 7122  
recruit@volcc.org.au

Wagstaffe to Killcare  
Community  
Protect and preserve the  
environment & residential  
nature of the Bouddi  
Peninsula and to strengthen  
community bonds  
2nd Mon, 7.30pm  
Wagstaffe Hall 4360 2945  
info@wagstaffetokillcare.org.au

Entertainment

Frantastics Choir Inc  
High quality variety  
entertainment available for  
matinee  
bookings at your venue.  
New members welcome.  
1pm Mondays during school  
terms  
Walter Baker Hall, Woy Woy  
4343 1995  
www.frantastics.org

Health Groups

Al-Anon  
If someone's drinking is  
causing you problems...  
Al-Anon can help  
4344 6939  
1300 252 666  
Meetings Sat 2pm  
Woy Woy Hospital  
Ocean Beach Road

Arthritis NSW  
Woy Woy support group  
Ettalong Bowling Club  
Springwood Road Woy Woy  
3rd Tues 10.30am  
1800 011 041

Better Hearing  
Australia - Central  
Coast  
Hearing loss management  
Support and educational  
groups providing practical  
experience and confidence  
Learn the benefits of hearing  
aids - 4321 0275

BlueWave Living  
Woy Woy Community  
Aged Care facility providing  
residential aged care to the  
frail aged.  
Permanent and respite care  
accommodation available.  
Information 2nd and 4th Tues  
- 11am - 4344 2599  
reception@bluewaveliving.org.au

Central Coast  
Parkinson's  
Support Group  
We aim to help individuals  
and their families better  
manage living with  
Parkinson's Disease  
Guest speakers are a regular

feature of our meetings.  
2nd Tue - 1.30pm  
1800 644 189

Gambling Solutions  
Gambling help counsellors  
providing free confidential  
professional service to  
gamblers, family and friends.  
Woy Woy, Kincumber,  
Gosford and The Entrance  
4344 7992

GROW Support Groups  
Small friendly groups formed  
to learn how to overcome  
anxiety, depression and  
loneliness and to improve  
mental health and well-being.  
Anonymous, free and open  
to all. Bring a support person  
if you like. Weekly meetings  
at Woy Woy, Bateau Bay and  
Wyong  
1800 558 268  
www.grow.org.au

Meals on Wheels  
Delicious meals delivered  
free - Join us for a midday  
meal - Help with shopping  
and cooking classes  
4341 6699

Mary Mac's Place  
Providing hot, freshly cooked  
meals - Mon to Fri 11am-1pm  
with support, info & referrals  
4341 0584  
marymacs@woywoycatholic.org.au

Overeaters  
Anonymous (OA)  
12-step fellowship for those  
with eating disorders. No  
dues, fees, or weigh-ins.  
Peninsula Com. Cntr, cnr. Mc  
Masters Rd & Ocean Beach  
Rd. Woy Woy, Fri 8pm  
0412 756 446  
www.oa.org

Peninsula Village  
Wellness Centre  
Offering holistic and  
complementary therapies  
including aromatherapy,  
massage and music therapy  
4344 9199

Peninsula Village Meals  
Delivered daily to your door  
Nutritious, great for the elderly  
4344 9199

Peninsula Village  
Carer's Support Group  
For carers of loved ones with  
dementia - 1st Wed - 10 to  
11.30am  
Paula 4344 9199

Prostate Cancer  
Support Group  
(Gosford)  
Last Fri, Terrigal Uniting  
Church, 380 Terrigal Drive,  
Terrigal  
9.30am to 12 noon  
4367 9600  
www.pcta.org.au

Schizophrenia and  
Bipolar Fellowship  
For Schizophrenia/Bipolar/  
Mental Health sufferers,  
family, carers and friends. .  
1st Thur - 1pm Room 3  
Uniting Church Donnison St  
Gosford  
4344 7989 or 4368 2214

Woy Woy Stroke  
Recovery Club  
Everglades Country Club  
2nd Tues 11am  
Company, up-to-date info,  
hydrotherapy, bus trips  
1300 650 594

Music

Brisbane Water Brass  
Brass Band entertainment  
for the community playing all  
types of popular music.  
Rehearsal every Tues  
7.30pm-10pm  
0419 274 012

Coastal a Cappella  
Vibrant women's a cappella  
chorus. New members  
welcome - music education  
provided. Rehearsals.  
Tues 7pm Gosford Tafe  
Performance opportunities  
Hire us for your event  
0412 948 450  
coastalacappella@gmail.com

Soundwaves  
A cappella harmony for Men  
- new members welcome.  
Rehearsals Mondays 7.00pm  
to 9.30pm Central Coast  
Leagues Club, Dane Drive,  
Gosford  
Ring Max on 4324 3631  
or Kieran 4324 1977

Troubadour Central  
Coast Folk, Traditional  
& Acoustic  
Music and Spoken Word  
Concerts, Ukulele meets, and  
Sessions  
4th Sat 7pm CWA Hall Woy  
Woy 4342 6716  
mail.info@troubadour.org.au

Political Groups

Australian Labor Party  
Political discussions, national,  
state and local government  
issues

Umina Ettalong Branch  
2nd Mon Umina Beach  
Bowling Club 7.30pm 4342  
3676

Ourimbah/ Narara  
Branch  
Niagara Park Primary School  
7.30pm 1st Mon  
0410 309 494  
kyle.macgregor@hotmail.com  
Woy Woy Branch  
Everglades Country Club  
7.30pm 2nd Mon  
Peninsula Day Branch  
1pm 2nd Mon  
CWA Hall Woy Woy  
4341 9946

Liberal Party of  
Australia  
Woy Woy Branch  
4th Thur 6.30pm  
Everglades Country Club  
woywoyliberals@gmail.com

Central Coast Greens  
Active regarding ecological  
sustainability, social &  
economic justice, peace &  
non-violence, grassroots  
democracy & getting  
Greens elected  
3rd Thur  
centralcoast.nsw.greens.org.au  
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy  
3rd Mon.  
Woy Woy Leagues Club  
Make new friends and  
have fun while serving your  
community.  
0478 959 895

Rotary Clubs  
International service club  
improves lives of communities  
in Aust. & o/seas. Fun-filled  
activities, fellowship and  
friendship.

Rotary Club of Kariong  
Phillip House, 21 Old Mount  
Penang Rd, Fri 7.15am  
4340 4529  
karsuebay@philliphouse.com.au  
**Rotary Club of Umina  
Beach**  
Wednesdays 6.30pm  
Everglades Country Club  
0409 245 861  
curleys@ozemail.com.au  
0409 245 861

Rotary Club of Woy Woy  
Tues 6pm Everglades  
Country Club.  
Don Tee 0428 438 535

Special Interest

Bridge  
Duplicate Bridge Mon Tue  
Thur Fri Sat-12.15pm  
& Wed 9.15am  
Brisbane Water Bridge Club,  
Peninsula Community Centre  
93 McMasters Rd.  
Woy Woy  
www.brisbane-water.bridge-club.org

Cash Housie  
50 Games every Sat night  
Peninsula Community Centre,  
McMasters Rd, Woy Woy,t  
7.30pm. Proceeds to Woy  
Woy Catholic Parish.  
www.phousie@hotmail.com

Central Coast Family  
History Society Inc.  
Resources, information  
& advice to study your  
family's history.  
1st Sat 1pm Lions  
Community Hall, 8 Russell  
Drysdale St, E. Gosford.  
www.centralcoastfhs.org.au  
4324 5164

Central Coast  
Tenants' Advice and  
Advocacy Service  
Help with issues with  
landlords & real estate  
agents? Free telephone  
advice and advocacy for  
all tenants and residents in  
residential parks.  
4353 5515  
cctaas@hotmail.com

Central Coast  
Rescue Unit  
Marine Education Courses.  
Radio Licenses, Boat  
Safety & Boat License  
& PWC License Tests,  
Navigation, Seamanship and  
Meteorology.  
4325 7929  
www.vmrcc.org.au

Central Coast  
Soaring Club Inc  
Gliding Club. Learn to fly,  
Instruction FREE to members  
Come and have an Air  
Experience Flight  
All Welcome  
14 and up for Training  
Flying at Bloodtree Road  
Mangrove Mountain Thur,  
Sat, Sun (weather permitting)  
0412 164 082  
0414 635 047  
www.ccssoaring.com.au

Ettalong Toastmasters  
We provide a supportive and  
positive learning experience in  
which members are  
empowered to develop  
communication and  
leadership skills, resulting in  
greater self-confidence and  
personal growth  
2nd & 4th Tue, 7:30PM,  
Ettalong Diggers  
0408 416 356

Peninsula  
Environment Group  
Environmental projects,  
(incl. Woytopia),  
Woy Woy community garden,  
social events, workshops,  
organic food buying group  
www.peg.org.au

Central Coast  
Goju-Kai Karate  
Traditional Karate & Self  
Defence for Teens & Adults  
No Contracts, Cheap Rates  
Wamberal - Mon 630pm  
Kincumber - Thurs 715pm  
0417 697 096  
www.centralcoastgoju-  
kaikarate.com.au

Woy Woy Judo Club  
Mon & Fri -Beginners  
From 4:30pm  
Tue & Thur - graded classes  
4:30pm - 8:30pm  
27 Bowden Road Woy Woy  
Min Age 3 years old  
0434 000 170  
www.woywoyjudoclub.com

Veterans

National Malaya Borneo  
Veterans Association  
1st Sat (except Jan) 10.30am  
Umina Club  
Melbourne Avenue  
Umina Beach  
4342 1107

The Partners of  
Veterans Association  
of Australia Inc Central  
Coast Sub Branch  
4th Tues - 10am-1pm  
Kincumber Neighbourhood  
Centre, 1/20 Kincumber St  
Kincumber

Support Network for Partners  
of Past and present Australian  
Defence Forces  
0403 499 905

Veterans' Help Centre'  
Assist all veterans &  
families with pension &  
welfare issues.  
Mon & Wed 9am-1pm  
4344 4760 Cnr Broken Bay  
Rd & Beach St Ettalong.  
centralcoastveterans@bigpond.com.

Woy Woy Ettalong  
Hardy's Bay RSL  
Provide help with pensions  
and welfare etc.  
Shop 5/382 Oceanview Rd  
Ettalong. Tues & Thurs 9am  
to 1pm 4341 2594

Women's Groups

Country Women's  
Association Umina  
2 Sydney Ave  
Branch Meetings  
2nd Wednesday 10am  
Craft & Friends  
Wednesdays 9.30am  
2nd and 4th Sundays  
12.15pm  
0416 193 070 - 4340 1746

Country Women's  
Association Woy Woy  
30 The Boulevard, Woy Woy  
Craft & Friendship: 1st, 2nd  
and 3rd Wed 10AM.  
Meetings: 4th Wed 10AM.  
Ph: 0411 434 785  
woywoycwa@gmail.com

Peninsula Women's  
Health Centre  
Counselling, therapeutic and  
social groups, workshops,  
domestic violence and abuse  
issues. All services by women  
for women  
4342 5905  
www.cccwhc.com.au

NEWSPAPERS  
Central Coast

If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.



## Out&About



Celebrated painter Jordan Richardson was a Foundation grant recipient

## Arts grants close at month's end

### Applications for a 2019 Bouddi Foundation for the Arts grant close at the end of May.

"May 31 is the last day to submit a proposal for this year's grants up to \$5000," said organiser Ms Joy Park.

Ms Park said the Foundation was eager to hear from Peninsula based artists aged 15-25, as well as artists from across the Central

Coast, and urged any young artists interested in a career in the arts to send in a proposal.

"Proposals should outline how a grant would help the artist further their career in their chosen field and covers the spectrum of visual arts, photography, sculpture, painting, ceramics, performing arts, classical or contemporary instrumental or vocal music, including song writing, acting, or musical theatre and dance;

aboriginal arts, electronic arts, literature, and more," Ms Park said.

"The Foundation has awarded over \$150,000 over the last seven years.

More details about how to apply are available on the Foundation's website.

SOURCE:

Media release, 6 May 2019

Joy Park, Bouddi

Foundation for the Arts

Photo: AAP Ashely Feder

## Artists open new exhibition

### A group of artists has opened a new exhibition in Ettalong.

The Art Studios Co-operative is made up of local artists Karen Bloomfield, Leasha Craig, Dianne Gerlach, Carolyn Griffiths, Helen Mortimer and Victoria Austen-Young.

The new exhibition, Personal Perspectives, was launched on May 3 at The Bay Gallery Ettalong.

"Personal Perspectives presents an opportunity for each artist member of Art Studios Cooperative to share their individuality and their approach to

art making," said Ms Craig.

"We will be offering artist talks throughout the period of this exhibition."

SOURCE:

Media release, 30 Apr 2019

Leasha Craig, Arts

Studios Cooperative

AMERICA-THE EAGLES-SIMON&GARFUNKLE-JOHN DENVER  
BILLY JOEL-BREND- CARPENTERS  
NEIL YOUNG- OLIVIA-ELTON JOHN  
DON MCLEAN-FLEETWOOD MAC-CAT STEVENS-LED ZEPPELIN

**70s unplugged**  
STARRING STEPHEN FISHER-KING  
AND GROOVY SIX-PIECE BAND

**SATURDAY 18TH MAY**

**DIESEL**  
GIVE ME SATURDAY NIGHT SOLO TOUR

**FRIDAY 31ST MAY**

**Ladies Night**  
ALL POPE MENOPAUSE THE MUSICAL  
STEVEN WANDY THE SULLIVANS  
A COMEDY BY ANTHONY MCCARTEN & STEPHEN SINCLAIR  
The ultimate NIGHT OUT AND NOT ONLY FOR THE GIRLS!

**SUNDAY 9TH JUNE**

**ETTALONG BEACH DIGGERS**  
ETTALONG BEACH WAR MEMORIAL CLUB LIMITED  
ABN 99 001 011 392  
51-52 THE ESPLANADE, ETTALONG BEACH NSW 2257  
(02) 4343 0111

FOLLOW US  
Twitter Instagram Facebook

**CLUB UMINA**  
Just gets better

**BEATLE Magic**  
SATURDAY 8TH JUNE

TICKETS:  
\$20 FOR MEMBERS  
\$25 FOR NON-MEMBERS

DOORS OPEN 7:30PM  
SHOW STARTS AT 8:00PM

**ALL-YOU-CAN-EAT BUFFET**  
WEDNESDAY NIGHT

MEMBERS \$19.90 | NON-MEMBERS \$24.90

CHILDREN \$1.00  
(PER AGE UP TO THE AGE OF 12 THEN FULL PRICE APPLIES)

OPENS 5:30PM CLOSES 8:30PM

**CLUB UMINA**  
Just gets better

**CLUB UMINA**  
Just gets better

**Sunday Raffle**

TICKETS ON SALE FROM 12:30PM  
DRAWN 2PM

Melbourne Avenue - Umina Beach, New South Wales  
**4343 9999**  
[www.clubumina.com.au](http://www.clubumina.com.au)

**CLUB UMINA**  
Just gets better



# COASTAL DIARY

## A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

### MONDAY, MAY 13

**Climate Crisis Forum - What Do We Need to Do, Gosford Uniting Church, Free - Booking's Required, 6:30pm - 8pm**

May Gibbs: Curator Talk, Erina Library, Free - Booking's required, 11:30am - 12:30pm

A 3 Part Financial Literacy Program, Old Primary School Wyong, Building 1, 12pm - 3pm

### TUESDAY, MAY 14

Adssi In-home Support - Free Tea & Technology for Seniors' Workshop, Berkeley Village (Community Hall) Registrations Required, 10am - 1pm

### WEDNESDAY, MAY 15

**2019 Central Coast Volunteer Expo, Erina Fair Erina Centre, 10am - 1pm, 4329 7122**

Free Health Education Session - Falls Injury Prevention, Wyoming Community Centre, Booking's Required, 10am - 11am

### THURSDAY, MAY 16



**Christian Science: What it is and how it heals, Christian Science Church Gosford, Free, 2pm, 4325 1674**  
www.csgosford.com.au

Cancer Council's Biggest Morning Tea, Toukley Presbyterian Church, 11:30am - 1:30pm

### FRIDAY, MAY 17



**Three Ways of Seeing Exhibition, The Art House Wyong, 15/04 - 17/05 26/04 Opening Reception - 6 - 8pm 4335 1485**

Halekulani View Club supports the Smith Family - Meeting & Guest Speaker, Halekulani Bowling Club, 11am

A talk on 'Broken Hill - The History of its Legendary Pubs & Breweries' The Entrance/Long Jetty RSL Hall, 10am - 12pm

Voluntary Assisted Dying Bill Let's Make NSW Next, Room 3, Gosford Library, The Hive, Erina Fair, 10am

J.B. Priestley - An Inspector Calls, Woy Woy Little Theatre, Ticketed, 17/05 - 2/06, Multiple Screenings

Brackets and Jam, Kincumba Mountain, 7:30pm

### SATURDAY, MAY 18



**70's Unplugged, Ettalong Diggers, Ticketed, 8:30pm 4343 0111**

Solar Plate & Viscosity Printing, The Makers Studio, Ticketed, 18 - 19/05

Vivien Sale Presents - A Walk Through Time, The Art House Wyong, 7:30pm

Dave Wells & Band, Hardy's Bay Club, Ticketed, 7:30pm

Daniel Champagne, The Rhythm Hut, Ticketed, 6:30pm

### SUNDAY, MAY 19



**Phoenix Collective - The Baroque Bizarre, Greenway Chapel, Ticketed, 2:30pm - 4:30pm 0402 544 016 PCMUSIC.NET**

Free presentation by JazzLeague John Mackie/Yuki Kumagai Jazz Band entertainment and fun,

Central Coast Leagues Club, 2pm - 5pm

### MONDAY, MAY 20



**David Walliams Billionaire Boy live, The Art House Wyong, Ticketed, 20 - 21/05, 10am, 1pm & 6pm 4335 1485**  
theearthhousewyong.com.au

### WEDNESDAY, MAY 22

Free Aboriginal Art Class, Kariong Neighbourhood Centre, Bookings required, 6:30pm

Youth In Performing Arts 2019, Laycock Street Community Theatre, Ticketed, 22 - 25/05, 7pm

### FRIDAY, MAY 24



**Le Freak: Forbidden Fruit, The Art House Wyong, 24 - 25/05, Ticketed, 2pm & 7:30pm 4335 1485**  
www.theearthhousewyong.com.au

Rick Price 'Rarities' Tour, Laycock Street Community Theatre, Ticketed, 8pm

Inagural Charity Golf Day, Mercure Kooindah Waters Resort Golf Course, Ticketed, 7:30am

Author Event: Candice Fox - Gone by Midnight, Erina Library, Free - Booking's required, 1pm - 3pm

Author Talk: Amanda Hampson - Sixty Summers, Umina Beach Library, Free - Booking's required, 10:30am - 12pm

### SATURDAY, MAY 25

**Have Your Say on Reimagining Old Sydney Town Precinct, Wyoming Community Centre, 9am - 12pm**  
www.wctv.com.au

**Waterwatch Training, CEN Office - The Manor Central Coast Campus, Booking's essential, 10am - 1pm 4349 4757**



**Pearl Beach Showcase Concert & Irvine Family Piano Scholarship, Pearl Beach Memorial Hall, Ticketed, 2pm 25/05 - Junior Showcase Concert, 26/05 - Senior Scholarship Concert 4344 2319**  
www.pearlbeachprogress.org.au



**Mimosa Duo Gypsy Jazz and Folk, St. Luke's Hall, Ticketed, 7pm 4342 6716**

Cancer Council's Biggest Morning Tea, Hardys Bay Community Church, 10:30am - 12pm

Inagural Central Coast Art Exhibition, Toukley Art Gallery, 25/05 - 20/06, Opening Night 25th - 6pm

### SUNDAY, MAY 26

Lakes Singer's Concert - Sailing on The High Seas, Toukley Presbyterian Church, Donation entry, 2pm

### TUESDAY, MAY 28

**Learn how to teach a Learner Driver, Wadalba Community School, Free, 6:30pm - 8:30pm 4350 5387**  
roadsafety@centralcoast.nsw.gov.au

Dinner Event - Working with #Millennials, Pullman Magenta Shores Resort, Ticketed, 6:30pm

### WEDNESDAY, MAY 29

Post-Election Business and Superannuation Free Workshop,

Robson Partners Boardroom, Level 1, 207, 5:30pm - 7pm

### THURSDAY, MAY 30

**Council Pop Up, Deepwater Plaza Woy Woy, 10am - 12pm**  
yourvoiceourcoast.com

**Learn how to teach a Learner Driver, Kariong Mountains High School, Free, 6:30 - 8:30pm 4350 5387**  
roadsafety@centralcoast.nsw.gov.au

### FRIDAY, MAY 31



**Diesel: Give me Saturday Night Solo Tour, Ettalong Diggers, Ticketed, 9:30pm 4343 0111**

Celebrating John Farnham, Olivia Newton-John & Anthony Warlow, Laycock Street Community Theatre, Ticketed, 8pm

**2019 Central Coast Volunteer Expo, The Art House Wyong, 10am - 2pm 4329 7122**

Adssi In-home Support - Free Tea & Technology for Seniors' Workshop, Wyoming Community Centre, Registrations Required, 9:30am - 12:30pm

Felicity Urquhart and Brad Butcher New Harmony Tour 2019, Hardy's Bay Community Club, Ticketed

### SATURDAY, JUN 1

Rain or Shine: The Judy Garland Story, Laycock Street Community Theatre, Ticketed, 7:30pm

Local Author Book Signing: Elizabeth Geyson - Good Mourning, Book face erina fair 11am - 12pm

### SUNDAY, JUN 2

**The CEN Environment Forum 2019, Central Coast Campus**

**Ourimbah, Ticketed, 10am - 3pm 4349 4756**  
www.cen.org.au/events

**Annual General Meeting of the Community Environment Network, Lecture Theatre 1, Central Coast Campus, 8:30am - 9:30am**

### FRIDAY, JUN 7

Advanced Family History Course, The Cottage Wyong Family History Group, Ticketed, 7/06 - 5/07,

### SATURDAY, JUN 8



**Beatles Magic, Club Umina, Ticketed, 8pm 4343 9999**

Sydney Comedy Festival Showcase, Laycock Street Community Theatre, Ticketed, 5pm & 8pm

### SUNDAY, JUN 9



**Ladies Night, Ettalong Diggers, Ticketed, 8pm 4343 0111**

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

Day on the Farm, 993 George Downes Dr, Free event, 10am - 4pm

### WEDNESDAY, JUN 12



**A Night of Gripping Contemporary Dance - The Dinner Party, The Art House Wyong, Ticketed, 8pm 4335 1485**  
www.theearthhousewyong.com.au

### FRIDAY, JUN 14

Made to Measure - By Alana Valentine, The Art House Wyong, Ticketed, 11am & 7:30pm

### SATURDAY, JUN 15

**COSS Connections Field Day - Manage and Monitor Your Bushland, Narara EcoVillage, Ticketed, 9am - 2pm 4349 4756**

Coasties in Colour - An Exhibition by well known Central Coast Artist's, The Entrance Art Gallery, 15/06 - 7/08, Tues - Sat 9:30am - 2:30pm

### SUNDAY, JUN 16

Lions Club of Wyoming -East Gosford Centennial - Getting Hitched Twilight Expo, Mingara Recreation Club 10am - 3pm

### SATURDAY, JUN 22



**Bobby Fox - The Irish Boy, The Art House Wyong, Ticketed, 8pm 4335 1485**  
www.theearthhousewyong.com.au

Wyong Neighbourhood Centre Inc - Trivia Night, Wyong Rugby Leagues Club, Ticketed, 6pm - 10pm

The Sapphires, Laycock Street Community Theatre, Ticketed, 22/06 - 7:30pm, 23/06 - 2pm

### THURSDAY, JUN 27

**Council Pop Up, Erina Fair, 5pm - 7pm**  
yourvoiceourcoast.com

### SUNDAY, JUN 30

Symphony Central Coast- Concert 2 From Russia with Love, Performing Arts Centre - CCGS, 2:30pm

### SATURDAY, JUL 20

The Bays Art Show, The Bays Community Hall

Woy Woy, 20 & 21/07, 10am - 4pm

### SUNDAY, JUL 14

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

### WEDNESDAY, JUN 19

Adssi In-home Support - Free Tea & Technology for Seniors' Workshop, Erina Centre Erina Fair, Registrations Required, 10am - 1pm

### THURSDAY, JUL 25

**Council Pop Up, Wyong Village Central, 10am - 12pm**  
yourvoiceourcoast.com

### FRIDAY, JUL 26

Strictly Ballroom The Musical, Laycock Street Community Theatre, Ticketed, 26/07 - 10/08

### SATURDAY, JUL 27

Central Coast Asthma & Respiratory Management, Erina Leagues Club, Free, 9am - 4:30pm

### SATURDAY, AUG 3

Carnevale 2019 Exhibition, The Art House Wyong, 03 - 29/08

### SUNDAY, AUG 11

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

### WEDNESDAY, AUG 14

Stepping Out - Tap-Dancing Comedy With Two Left Feet, Laycock Street Theatre Auditorium Gosford, Ticketed, 14 - 16/08, 2pm & 8pm

### FRIDAY, AUG 16

The Sydney Folk Festival, Pitt St in Sydney's CBD, 16 - 18/08

### FRIDAY, AUG 23

Stepping Out - Tap-Dancing Comedy With Two Left Feet, The Art House Wyong, Ticketed, 23 - 24/08, 2pm & 8pm

Basic entries in the Coastal Diary are **FREE**. Send information to [coastaldiary@centralcoastnews.net](mailto:coastaldiary@centralcoastnews.net) **ENHANCED** entries using bold typeface with an address, phone number and a live link are available for a small fee. Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.



# Floorball women are national champions

**The Peninsula Thunder Floorball Club women's team are national champions after taking out the Women's Division in a combined team at the Australian Floorball Opens.**

The Open took place in Canberra from April 24 to 27 and saw teams from the ACT, NSW, Victoria and New Zealand compete for the titles at the National Hockey Centre and the SolarHub ACT Netball Centre.

Peninsula Floorball Club sent both its men's and women's teams.

In the Men's division, the Thunder got off to a rough start with a 5-nil loss to the Pakenham Squishees Floorball Club.

However, they quickly cemented themselves as a threat in their next three games with 9-1 wins over clubs from Wollongong and Canberra and a 5-3 win over the ACT's Dogs of War Club.

The Thunder again ran into trouble in their semi-final round against the Squishees, going down 9-1 before ending their run in the competition with an 11-4 loss against the Bondi Raptors, which saw them placed fourth in the division.

The Peninsula's Women's Division team, known as the Thunder Shots, was a combined team featuring a line-up of players from the Peninsula and Bondi Raptors Floorball Clubs.

The Thunder Shots had a solid run through the competition, drawing with the Canberra Chargettes and Newcastle Beaches in their opening rounds.

The Squishees would again prove to be a force to be reckoned with for the Peninsula, with the Thunder Shots going down 4-nil in their third match and again drawing with the Chargettes 2-2 in their fourth match.

The Thunder Shots first win of the competition came in their second match against Newcastle Beaches with a 4-3 victory.

In their final match of the group stage, the Thunder Shots again found themselves up against the Squishees, who again proved themselves to be the team to beat, recording a 5-3 victory over the Peninsula.

With their combined total point score pushing them into second place on the ladder, the grand final saw the Thunder Shots come up against the Squishees one final time for the competition decider.

Despite their earlier losses to the Pakenham club, the Thunder Shots found their rhythm in the grand final and swept the match with a 5-1 win to be crowned the women's national champions.

Peninsula Floorball Club president Mr Mitchell Fiddock said both the men's and women's results were a boon for the club.

"This was the highest our men's team has ever placed in the competition in the 10 years we've participated," he said.

"It's great to see as it's really pushing us up through the ranks.

"The highest we've ever been before this was seventh, so it's a great result for the club," Mr Fiddock said.

Mr Fiddock also praised the

women's team for their enduring effort.

"We don't have enough players at the moment to make a complete competitive women's team but that didn't stop our players who combined with Bondi this year to take out the championship," Mr Fiddock said.

"It's a real testament to our female players, who have now become back-to-back Open champions, after they took out the 2018 title by combining with the Canberra women's team," he said.

According to Mr Fiddock, the club also had three players receive honours from the Opens Director.

Vanessa Dwyer was named Most Valuable Player of the Women's Division for 2019 and named in the Women's All-Star Line-up.

The line-up represents the best players of the Open, with the Peninsula's Amanda Bartrim joining Dwyer on the women's line-up and Hampus Dargren named to the men's.

Mr Fiddock said the club would now be focusing its attention on the Junior Championships in July.

"We are one of the biggest floorball clubs in Australia and we have a large number of juniors who are ready to play and who will be valuable additions to our men's and women's teams one day," Mr Fiddock said.

**SOURCE:**

Interview (Dillon Luke), 8 May 2019  
Mitchell Fiddock, Peninsula Thunder Floorball Club Website, 8 May 2019  
Australian Floorball Open results, Floorball ACT



## Peninsula directory of services, contacts and support groups

### Ambulance, Police, Fire 000

#### Emergency

Ambulance, Police, Fire 000  
Police Assistance Line 131 444  
Crime Stoppers 1800 333 000  
Woy Woy Police Station 4379 7399  
Energy Australia 13 13 88  
Gas Emergency 131 909  
Gosford City Council 4325 8222  
Marine Rescue NSW - Central Coast 4325 7929  
SES - Storm and Flood Emergency 132 500  
Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515  
Aboriginal Home Care 4321 7215  
Drug & Alcohol rehab 4388 6360

#### Accommodation

Dept. of Housing Gosford 4323 5211  
Cassie4Youth 4322 3197  
Coast Shelter 4325 3540  
Pacific Link Com Housing 4324 7617  
Rumbalara Youth Refuge 4325 7555  
Samaritans Youth Services 4351 1922  
Youth Angle • Woy Woy 4341 8830  
Woy Woy Youth Cottage 4341 9027

#### Animal Rescue

Wildlife Arc 4325 0666  
Wires 1300 094 737

#### Community Centres

Peninsula Community Centre 4341 9333  
Men's Shed Cluster Inc 0413 244 484

#### Counselling

Centacare: 4324 6403  
Relationship Australia: 1300 364 277  
Interrelate: 1800 449 118

#### Family and Relationships

Centacare Gosford 4324 6403  
Central Coast Family Support Service 4340 1099  
Horizons (For men with children) 4351 5008  
Uniting Care Burnside Gosford 1800 067 967

#### Health

Poisons Information 131 126  
Ambulance Text Mobile 106  
Ambulance GSM 112  
Gosford Hospital 4320 2111  
Woy Woy Hospital 4344 8444  
Sexual Health @ Gosford Hospital 4320 2114  
After Hours GP Help Line 1800 022 222

#### Legal & Financial Help

Financial Counselling Service 4334 2304  
Tenants' Advice and Advocacy Service 4353 5515  
Woy Woy Court 4344 0111

#### Libraries

Gosford district:  
Umina Beach 4304 7333  
Woy Woy 4304 7555

#### Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890  
Narcotics Anonymous 4325 0524

#### Professional support phone services:

Mental Health Line 1800 011 511  
Beyondblue 1300 224 636  
Domestic Violence Line 1800 656 463  
Lifeline 13 11 14  
Kids Help Line 1800 551 800  
Griefline 1300 845 745  
Suicide Call Back Service 1300 659 467

#### Transport

Taxi 131 008  
Busways 4368 2277  
City Rail 131 500

#### Welfare Services

Gosford Family Support 4340 1585  
Meals on Wheels 4341 6699  
Department of Community Services Gosford 4336 2400  
The Salvation Army 4325 5733  
Samaritans Emergency Relief 4393 2450  
St Vincent De Paul Society HELPLINE 4323 6081

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#### Stan Prytz of ASCO

Bre Concreting

#### Andrew and Peter Compton

#### Bruce Gilliard Roofing

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#### Jamie McNeilly

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Woy Woy

#### William McCorriston

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#### Renovations

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Service of Umina Beach

#### High Thai-d Restaurant

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#### Mal's Seafood &

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#### Tye King - Formerly The

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#### Jessica Davis of

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#### Mountain Mutts

- Monique Leon,

Ettalong Beach

#### RJ's Diner - Ryan

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 or 4339 2317

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 0421 084 650

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**Eyecare**  
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Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See [www.CentralCoastNewspapers.com](http://www.CentralCoastNewspapers.com) or [www.CentralCoastNews.net](http://www.CentralCoastNews.net)

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

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As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

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Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

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**Central Coast**  
 To advertise here call  
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Sport

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FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000  
Times and Heights(m) of high and low waters

Times are in local standard time (UTC +10:00) or daylight savings time (UTC +11:00) when in effect.

Time - Height(m)

13 MON	0254 1.69 0943 0.46 1600 1.44 2145 0.69	14 TUE	0401 1.70 1038 0.42 1657 1.55 2253 0.61	15 WED	0502 1.70 1128 0.39 1748 1.67 2355 0.52
16 THU	0559 1.70 1215 0.38 1836 1.77	17 FRI	0051 0.44 0651 1.67 1258 0.39 1922 1.86	18 SAT	0144 0.39 0742 1.62 1340 0.42 2006 1.91
19 SUN	0233 0.36 0831 1.55 1420 0.48 2048 1.92	20 MON	0321 0.37 0919 1.48 1500 0.54 2130 1.90	21 TUE	0408 0.41 1006 1.41 1539 0.61 2211 1.85
22 WED	0454 0.46 1053 1.35 1618 0.68 2251 1.78	23 THU	0541 0.52 1139 1.30 1700 0.75 2331 1.70	24 FRI	0629 0.58 1228 1.27 1745 0.80
25 SAT	0016 1.62 0718 0.62 1321 1.26 1840 0.85	26 SUN	0107 1.55 0810 0.64 1420 1.27 1945 0.87	27 MON	0206 1.50 0902 0.63 1519 1.32 2055 0.86

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min  
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated



Kaye Scott and Anja Stridsman with their bronze medals

PCYC boxers win medals in Warsaw

Umina Beach PCYC boxers Anja Stridsman and Kaye Scott have won medals at the 36th International Feliks Stamm Boxing Tournament in Warsaw, Poland.

Anja and Kaye both contested as part of the Australian team in a tournament that saw six Polish competitors declared winners of all their matches.

Both Peninsula boxers entered the competition with byes through the first sessions of the competition with Kaye first appearing in session five against Czechoslovakia's Martina Schmoranzova and Anja in session six against Algeria's Imane Khelif.

Both emerged victorious and immediately qualified for the semi-finals with Kaye matched against Poland's Elzbieta Wojcik and Anja against Poland's Aneta Rygielska.

Both Australians were ruled as the losers of their matches which saw them ineligible to contest the grand finals, making them the bronze medallists for their weight divisions.

Anja took to social media to voice her disappointment with the result.

"After a split decision loss to Poland yesterday in the semis, I have to settle for a bronze medal here at Feliks Stamm in Poland.

"Although I am disappointed with the result, I am learning and improving through the experience and grateful for the opportunity that I am given," she wrote.

Kaye also wrote about her frustrations on social media and hinted at potentially biased judging impacting the fairness of the international competition.

"Always knew it was going to be tough to get the decision in Poland

against the hometown favourite.

"Turns out it's true.

"Five female finals that will be televised on Polish television and six Polish girls that happened to win all their matches.

"Part and parcel with the sport, so got to cop it on the chin.

"National coach and home coach happy with my boxing performance, and both thought I'd earned the win.

"Plenty of things to learn and work on from this tournament.

"My mindset remains positive," Kaye wrote.

SOURCE:

Social media, 4 May 2019

Kaye Scott, Official Facebook page

Anja Stridsman, Official

Facebook page

Website, 6 May 2019

EUBC Boxing, 36th Feliks

Stamm International Boxing

Tournament Results

Gosford, New South Wales  
May 2019 Daily Weather Observations



Australian Government  
Bureau of Meteorology

Date	Day	Temps		Rain	Evap	Sun	Max wind gust			9am						3pm					
		Min	Max				Dirn	Spd	Time	Temp	RH	Cld	Dirn	Spd	MSLP	Temp	RH	Cld	Dirn	Spd	MSLP
		°C	°C					km/h	local	°C	%	eighths		km/h	hPa	°C	%	eighths		km/h	hPa
1	We	14.4	23.3	0			N	22	19:02	17.7	87			Calm		22.6	73		NE	6	
2	Th	16.2	25.4	0			ESE	17	12:45	19.9	85		ESE	4		22.9	76		NNE	6	
3	Fr	16.9	23.6	0.2			NNE	24	07:47	20.4	80		NNE	6		19.6	95			Calm	
4	Sa	17.5	21.5	4.0			WSW	28	12:01	17.8	66		WSW	7		20.9	51		S	9	
5	Su	13.6	20.0	0			S	46	13:58	16.4	58		WSW	13		15.7	74		SW	19	
6	Mo	13.8	20.4	4.6			SW	31	01:05	16.3	63		WSW	13		19.7	45		S	6	
7	Tu	6.6	23.5	0			NW	26	20:31	14.9	63		W	7		23.1	33		NNW	7	
8	We	8.9	21.4	0			WNW	43	13:01	17.5	52		WNW	17		20.6	35		W	19	
9	Th	6.0	20.3	0			NNE	19	12:28	14.7	57			Calm		19.1	47		NE	9	
10	Fr	7.9		0						18.0	48		NNE	7							
Statistics for the first 10 days of May 2019																					
Mean		12.2	22.2							17.4	65			7		20.5	58			9	
Lowest		6.0	20.0							14.7	48			Calm		15.7	33			Calm	
Highest		17.5	25.4	4.6			S	46		20.4	87		WNW	17		23.1	95		#	19	
Total				8.8																	

NEWSPAPERS  
Central Coast

READ IT ONLINE!

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# Woy Woy beaten in 'most exciting' rugby union match

**Woy Woy were beaten by The Lakes during their Round 4 clash in the Central Coast Rugby Union Competition on May 4.**

Central Coast Rugby Union media officer Mr Larry Thomson described the match as the most exciting of the round, with the lead changing several times throughout.

"In a match which was played with plenty of action, also hard fought and in great spirit, the lead in this match changed six times throughout the 80 minutes," Mr Thomson said.

"The scoring started early when The Lakes crossed for a well-worked try in the opening five minutes and this five points to nil lead remained the status quo for the first 20 minutes.

"That first quarter of the match saw some free flowing rugby with both teams taking their respective attacks from one end of the field to the other.

"The Woy Woy set piece was strong and was a feature of the match, while The Lakes' outside backs were always dangerous with the ball in hand.

"At the 21st minute, Woy Woy scored their first try in the match with a great forwards try to flanker Veipuleki Siale.

"Siale was outstanding in this match.

"He was strong and always dangerous, and his efforts resulted in him crossing for three tries," Mr Thomson said.

"Woy Woy, soon after, scored their second try, and at the 24th minute had taken the lead in the clash by 12 points to 5.

"From this point on, it was a try fest.

"The two teams basically went try for try for the remainder of the

match.

"In the remaining 15 minutes of the half, The Lakes were able to cross for two converted tries to Woy Woy's single try.

"At the haltime break The Lakes had jumped to a narrow lead of 19 points to 17," Mr Thomson said.

"Woy Woy regained the lead again very early in the second half with a great try, but soon after it was The Lakes' turn to take the lead.

"It was like this for next 40 minutes.

"The first two tries, one each from either team, were posted in the first six minutes of the start of the second half.

"With under 15 minutes to go, Woy Woy led by 31 points to 26, but even at that stage the crowd knew that the result was far from settled.

"The Lakes scored with time running out to lead 33 points to 31 and this score line remained the score until right on fulltime when The Lakes crossed for their final try to confirm the win 40 points to 31.

"This was a great game of rugby played by two committed teams and could have gone either way," Mr Thomson said.

"There were some wonderful efforts in this match by Woy Woy players.

"Woy Woy five-eight Wade Hannell, was outstanding and had a great game directing his backline.

"He was very well supported by Siale, half back Damon Boxsell, centre and lineout jumper Kane Burns, prop Luke Ingold and lock Jack Dewar."

**SOURCE:**  
Media release, 4 May 2019  
Larry Thomson, Central Coast Rugby Union



Mercedes Newton and Mikaela Kelly at the 2019 Aussies

## Semi-finalists not recorded in official life saving results

**Two Ocean Beach Surf Life Saving Club members made it to the semi-finals of the Two-Person Rescue and Resuscitation event at the Youth Carnival of the recent Australian championships.**

However, their achievement was not acknowledged in results published by Surf Life Saving Australia.

In a Peninsula News report published on April 30 that was based on these results, it was stated that the club was not represented at the event.

Club member Mr Peter Lambeth told Peninsula News: "Ocean

Beach had a team of two young ladies, Mercedes Newton and Mikaela Kelly, contest the Youth Carnival.

"These young women trained and competed throughout the year and made the semi-finals during the carnival.

"It was a tough competition and they scored extremely well in a really competitive field."

Surf Life Saving Australia explained the omission, saying that it focussed on the top six placegetters.

Support officer Mr Aaron Bissett said: "Unfortunately we do not have the capacity to record each and every heat result in our official

results (the ones that go onto the portal).

"Therefore we place a great deal of importance in ensuring the top six place getters (those who earn competition points) are listed and correct.

"All other placings are considered nice to have but not a must and this is why Ocean Beach's results did not appear.

"Sorry for any inconvenience this may have caused."

**SOURCE:**  
Emails, 30 Apr 2019, 3 May 2019  
Peter Lambeth, Ocean Beach SLSC  
Website, 1 May 2019  
2019 Aussies results, SLS Australia  
Media statements, 3 and 7 May 2019  
Aaron Bissett, SLS Australia

## Two flags for Ettalong women bowlers

**Ettalong Memorial Women's Bowling Club has won Grades 1 and 2 following the Post Sectional Playoffs at Bateau Bay on May 1.**

Grade 1 had already won in a round robin, and did not have to contest on the day.

Grade 2 had to play Munmorah United in the playoff.

The team consisted of eight players in two sides of four.

"Tracy Osborne and her side got away to a flying start, leaving Munmorah in their wake," said club publicity officer Ms Maureen Kerr.

"Munmorah gradually made a comeback but could not make up the deficit.

"Valerie Brownlie and her side had to fight all the way to stay in touch.

"Going into the last end, the scores were close, the head

changing with each bowl.

"Val's side held two shots for the win, when the skip from Munmorah came in with a great on-shot moving the jack back to her own bowls.

"Ettalong came away with a margin of 11 shots giving them the game and the flag," Ms Kerr said.

**SOURCE:**  
Media release, 2 May 2019  
Maureen Kerr, Ettalong Memorial Women's Bowling Club

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