Peninsula Revision Re

Edition 456 22 October 2018

Bungaree to be commemorated at Pearl Beach

Bungaree, one of the most celebrated men in early Sydney, will be commemorated by the Pearl Beach Aboriginal History Group on Friday, November 23, and Saturday, November 24

Born in the Broken Bay area and part of local history, Bungaree's descendants live on the Central Coast today.

Bungaree was a skilled mariner and linguist and an effective mediator.

He died on November 24, 188 years ago.

A weekend of events has been planned to commemorate his life around that date.

The history group and local indigenous people will hold a series of community events during the Bungaree Commemoration weekend.

Historian Mr Keith Vincent Smith, author of the book King Bungaree, will speak at the opening night at Pearl Beach Hall on Friday, November 23.

Mr Vincent Smith will talk about Bungaree, his life on the Coast, his travels around Australia and his life in early Sydney.

His presentation will commence at 7pm followed by canapes and wine at 7:45pm.

The Mingaletta Sisters Together, from the Mingaletta Aboriginal Corporation in Umina, will hold a weaving and coiling workshop at the Pearl Beach Hall on Saturday, November 24 from 9:30am to 12pm (spaces limited).

A bush tucker walk and talk around Pearl Beach will take place from 4pm to 5:30pm on the Saturday.

It will be followed, from 6:30pm, by the evening event on the Saturday starting with a Welcome to Country and Smoking Ceremony.

Bungaree's matrilineal descendants, Ms Tracey Howie of the Guringai Tribal Link Corporation, and Mr Laurie Bimson, will conduct a free presentation and answer questions

about their ancestor as part of the commemoration.

An indigenous book stall will be held at the hall throughout the Saturday, supplied by Ms Jody Deamer of the Bouddi Gallery in Hardy's Bay.

Brisbane Water Historical Society will display a range of aboriginal artefacts from their collection.

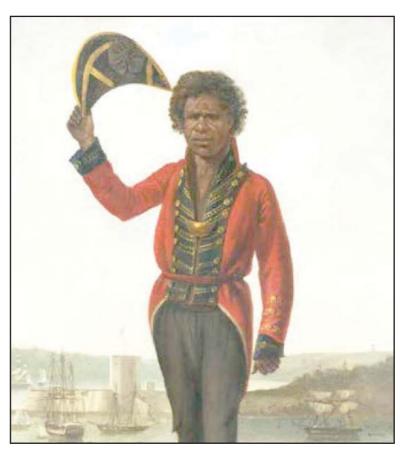
The Pearl Beach Aboriginal History Group will also launch a booklet about the Aboriginal History of the Pearl Beach and Patonga Area.

"Bungaree" tickets to the evening with Keith Vincent Smith are available via www.eventbrite.com.au.

All other events are free for the community, with no booking required.

The weaving event has limited numbers and will be run on a first come first served basis.

SOURCE: Media release, 17 Oct 2018 Justine Burt, Pearl Beach Aboriginal History Group



Building density increase proposed for Woy Woy

Central Coast Council is planning to increase population density and residential building heights within 400 metres of Woy Woy town centre in an attempt to create affordable housing in the area.

The numbers of one- and twobedroom units would be increased, if its draft affordable housing strategy is adopted.

The council would also "promote" the development of boarding houses in the area.

Parking requirements could be reduced to one parking space for two bedroom apartments and as few as 0.2 spaces per room for boarding houses.

The minimum building height could be increased to at least 11.5 metres "to facilitate the construction of multi-dwelling housing and residential flat buildings".

The changes would be implemented through a Development Control Plan where defined limits are treated as guidelines only and may be exceeded.

The draft affordable housing strategy, currently on exhibition, states: "Without deliberate

intervention through the planning system, and the active creation of affordable and alternative housing through direct funding, partnerships and innovative models of housing and service delivery, the situation is likely to worsen."

However, the primary thrust of the strategy on the Peninsula appears to be a conventional rezoning approach, aided by developer bonuses.

The only "innovation" appears to be the opportunity, under a "density bonus" scheme, for the council to take ownership of a number of units in the area, which it would then lease on to a community housing provider for rental as affordable housing "in perpetuity".

Previous innovative plans to offer affordable housing on the Peninsula using "tiny houses" appear to have been dropped.

The draft strategy, prepared by Judith Stubbs and Associates, defines affordable housing as costing less than 30 per cent of gross household income.

The draft strategy acknowledged Umina and Blackwall being included in the lowest third of housing affordability in Australia.

The area is less affordable than Greater Sydney for local residents, with higher rates of housing stress and higher rates of growth of primary homelessness and the marginally housed, the strategy states.

"Strong leadership is needed from Council to develop a collective approach to these issues," said the strategy's author, Dr Judith Stubbs.

At a general level, the strategy acknowledges that the private market delivers the majority of local housing but "there is compelling evidence that the market is failing to supply affordable, diverse housing for the vast majority of those who need it," the strategy said

"There are virtually no marketdelivered housing products affordable to very low income renters in any part of the LGA."

Caravan parks are the only affordable housing available to "very low income renting", according to the strategy.

"Specific strategies to increase the supply of non-market or more deeply subsidised housing are required.

"This includes stronger (or mandatory) intervention through

the planning system to create affordable housing in perpetuity through mandatory contributions; and the direct creation of affordable housing, for example, on publiclyowned land in partnership with a registered community housing provider."

The strategy recommends that Council directly creates social and affordable rental housing for lower income key workers, older pensioners, retirees, people with a disability, people at risk of homelessness, very low and low income families.

"This is the only effective strategy in the current and future housing context for such groups."

Under the strategy, the Council would consider appointing a special Housing and Homelessness Officer.

It could convene and support an appropriate homelessness taskforce to develop, implement and monitor progress on relevant actions.

It would advocate to State Government for a fair and equitable increase in resources to meet growing homelessness.

A structured pilot would be conducted with real estate agents

to build relationships with local homelessness services, raise the profile of homelessness, and take positive action on housing formerly homeless people.

Another pilot would be a transitional housing model to support effective transition to the private rental market for homeless people.

Home share opportunities would also be explored in underoccupied private housing, for example, an older person sharing their home with a younger person at risk of homelessness.

Council would provide information to the community on issues of homelessness, the rights of homeless people and how the community can support and include homeless people in public space.

Exhibition of the Draft Affordable and Alternative Housing Strategy for public comment has been extended for six weeks and can be viewed at yourvoiceourcoast. com/affordable-and-alternative-housing-strategy

SOURCE: Draft Affordable and Alternative Housing Strategy, 15 Oct 2018 Judith Stubbs, Judith Stubbs and Associates

THIS ISSUE contains 59 articles - Read more news items for this issue at www.peninsulanews.info



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News

Peninsula Community Access

eninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

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Woy Woy Community Media Assoc Inc 2018-19 Membership Application

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Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account

13 year rainfall record for the Peninsula

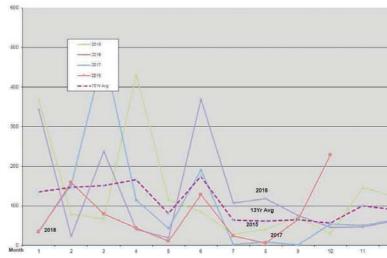
October is officially the wettest month of 2018 with the Peninsula recording 228.9mm of rain in the first 18 days of the month, according to rainfall data compiled by Umina's Mr Jim Morrison.

It's been a very wet start to the tenth month with rainfall events recorded across 12 of the 18 days at the time of writing.

October has also broken the 2018 record for heaviest single rainfall event twice over the past fortnight, with 45.2mm of rain recorded on October 11 and a staggering 76.5mm on October 14.

The previous single rainfall record was 41.5mm on June 27.

The total thus far also sets a new rainfall record for October, with Mr Morrison indicating that this year's falls have been the heaviest the Peninsula has seen in October since he began compiling the region's rainfall data back in



The average monthly rainfall for October is 56mm.

These results bring Peninsula's total rainfall for 2018 up to 791.mm.

This is still well below the cumulative average for this time of year, with the October rainfall making up almost a third of the total alone.

> SOURCE: Spreadsheet, 18 Oct 2018 Jim Morrison, Umina

Peninsula News in partnership with the Central Coast Mariners, would like to offer one lucky reader the chance to win a family season membership (two adults, two children) for the Mariners 2018/19 season.

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For your chance to win the family season membership write your full name, address, email and daytime phone number on Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purpose

the back of an envelope and mail it to Peninsula News Mariners Membership Competition, PO Box 1056, Gosford 2250, before 5pm on Friday, November 2.

The winners of the Seasons Greetings Competition were Ms Pat Kelly of Woy Woy, Ms Melanie De Jager of Woy Woy and Ms M. Keegan of Point Clare.

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News

Group to fight over-development of Peninsula

The Save Our Woy Woy community group has renewed its determination to fight over-development on the Peninsula following a meeting at the Woy Woy Leagues Club on Tuesday, October 16, that was attended by 90 people.

The group, which formed to oppose a development on the corner of Blackwall and Farnell Rd, intends to campaign for changes to controls in the R1 Residential zone.

Those attending the meeting resolved to continue with both initiatives, stating that Save Our Woy Woy was not opposed to development but in favour of appropriate development for the Peninsula.

Save Our Woy Woy founder, Mr Harvey McDougall said Council had made public revised plans for the Farnell Rd development.

"The plans are only drawings and do not give any dimensions or written information about the changes," Mr McDougall said.

"The changes are that driveway access is to be relocated to Farnell Rd instead of being on Blackwall Rd." he said.

"Visitor parking will be taken off Farnell Rd, relocated to underground parking with allowance for seven spaces.

"Waste storage will be moved from the rear of property and



Artist's impression of the revised town-hosue and residential flat building

development for the corner of Farnell and Blackwall Rd

relocated to the underground parking area with lift access added to the eastern side of ground floor section of unit building."

The developer has also reduced the area in the north east corner of the site to comply with setbacks.

"We now have until November 6 to submit any objections to this amendment," Mr McDougall said.

"I encourage all Woy Woy residents to put in their thoughts about this development," he said.

"It is people power, and lots of people power, that will help us stand up against this overdevelopment.

"The more specific the objections the better it will be for our case.

"The main issue is this unit building needs to be under the height of 11 metres.

"To do that it needs to be redesigned with less levels (two at the most) and presented more favourably with the community."

According to Mr McDougall, other grounds for making submissions objecting to the development included that it could still be in excess of the required floor space ratio (FSR).

"Farnell Rd needs to be kerbed, guttered and have drainage facilities prior to any thought of proceeding with a development such as this.

"Traffic around the development will be chaotic."

Preservation of the character of the area along with its trees as habitat was also grounds for writing an objection, he said.

"Then there is the issue of public transport, parking at the station, parking to shop, all our narrow roads, and so on."

An analysis of the 114 submissions made for the original

version of the DA showed that 426 different issues were brought forward by the community.

Those issues could broadly be grouped into five core categories which were infrastructure (99 submissions), roads, traffic and parking (95), height and scale (75), negative impact on existing community (75), character and environment (82).

The meeting discussed issues relating to the revised proposal including underground parking when the water table was so close to the surface on the Peninsula.

"How will the underground parking overcome water table issues?" Mr McDougall said.

"There are some concerns that pumps may need to run constantly leading to noise pollution.

"The filtering and recycling of water might affect salinity or the quality of neighbourhood bore wotor

"The meeting agreed that Woy Woy should embrace new development but many comments were made about the quality and characteristics of that development, the most important being a two-storey height limit.

"The meeting agreed to keep fighting, to discourage three-level development and encourage design that it is complementary to the character of community.

"The State Government's strategy is to move Sydney's excess population to the Central Coast by 2036."

However, according to Save Our Woy Woy, over-development on the Peninsula is already resulting in schools being at capacity, and a shortage of doctors and medical services.

Mr McDougall said he noted that a formal process to request changes to zoning involves high expense and no guarantee of results in the community's favour.

"The meeting agreed unanimously that it is within our grasp to organise and start targeting our communications to Local Government and State Government.

"We will keep united in our fight against the powers that be that want these bulky buildings established in our community."

SOURCE: Media release, 18 Oct 2018 Harvey McDougall, Save Our Woy Woy



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Dredging delays ferry service for another month

The Peninsula Chamber of Commerce has been advised that delays to dredging work the Ettalong Channel are likely to mean the ferry service may not resume until the end of November.

"Unfortunately, we have been advised that the prolonged wet weather and rough sea conditions have prevented the completion of the last of the dredging works", said Chamber president Mr Matthew Wales.

"The contractor still has several weeks of work to undertake at both the mouth of the channel near Little Box Head and in the Lobster Beach channel before additional trial runs by Palm Beach Ferries can occur," Mr Wales said.

"The Chamber is advised that these trials may not occur until mid-November," he said.

"Palm Beach Ferries, the contractor, and Crown Lands have been liaising closely to ensure that the dredging works are completed quickly and that the work is as effective as possible.

"We are pleased that the NSW Government has pledged the \$660,000 in emergency funds so that this work can be undertaken and that they are committed to ensuring that the channel is fully operational.

"Significant improvements to the channel are already evident and it is hoped that the current works will ensure safe passage for commercial and recreational craft over the summer period and well into next year

"What is now important is that Central Coast Council allocates funds in their capital works budget to match the Rescuing Our

Waterways Program funding of \$1.225m recently pledged by the NSW State Government.

"This is vital so that a long term dredging solution can be implemented to keep the channel navigable and ensure that our local beaches are renourished", said Mr

Member for Terrigal Mr Adam Crouch, said: "Resumption of dredging is entirely weather dependent and is determined by the dredging operator.

"I encourage Council to continue working with all stakeholders,

Peninsula Chamber of Commerce and local businesses, to implement a long term maintenance plan so that we never see a repeat of the past 12 months," Mr Crouch said.

"The NSW Government remains absolutely committed to ensuring this local waterway remains safe and accessible to all," he said.

SOURCE: Media release, 18 Oct 2018 Matthew Wales, Peninsula **Chamber of Commerce** Media statement, 17 Oct 2017 Ben Sheath, Office of Adam Crouch MP

Council to prepare long-term dredging plan

Central Coast Council has resolved to "work with the NSW Government on a long-term dredging plan for the maintenance of the navigation channel".

Councillors further resolved at the October 9 Council meeting for staff to "create a detailed report outlining the dredging requirements".

The motion noted that the NSW Government had recently announced its \$1.225 million contribution through the Rescuing Our Waterways program towards dredging the channel and the

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funding required Central Coast Council to develop the work plan and match dollar for dollar.

The resolution also called for Council to "make representations to the NSW Government requesting funds be provided to public transport operators for the purpose of providing additional bus services between Hardys Bay, Ettalong and Patonga while ferries are diverted".

Cr Troy Marquart moved the motion which was seconded Cr Rebecca Gale Collins.

"I worked with Clr Gale Collins to come up with something we believe is not dangerous, to any side of the fence," Clr Marquart

"I would love to have a business plan made for this council to look at the long-term lease or purchase of a dredge," he said, quoting an example of a South Australian Council which had recently acquired a dredge for significantly less money than anticipated.

Cr Richard Mehrtens made suggestions for changes which were accepted by the mover without the need for amendments.

"What I am after is hopefully a motion tonight we can pass unanimously," Cr Mehrtens said.

He thanked other councillors for

"taking the brunt at a community meeting a few weeks ago".

"It was a big night for a lot of us and I think what we did well that night was take a bipartisan look at the issue and take a bit of heat out of the issue," he said.

Cr Mehrtens said Council needed to accept in its long-term planning that NSW Government Rescuing Our Waterways funding would provide a long-term solution.

"At least this year's allocation is not a long-term solution," he said.

"We as councillors have been provided a very succinct and detailed briefing.

"We know it is a lot more than

"Yes, we have got \$1.22 from the Government and we need to provide matching funds but my opinion is Rescuing Our Waterways funding needs to be put towards getting the channel open and maintenance dredging for the navigation channel."

There were no speakers against the motion and it was carried with the one abstention (Cr Greenaway) and no votes against.

SOURCE: **Central Coast Council** agenda 6.4, 8 Oct 2018 Reporter: Jackie Pearson



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News

Oyster Festival is all set to proceed

The Peninsula Chamber of Commerce has confirmed that the Brisbane Water Oyster Festival is all set for November 11 at its new location at the Ettalong Markets.

"The Oyster Festival will be held on its traditional day, the second Sunday of November, on November 11 from 9:30am to 4pm with all the usual attractions," said Chamber President, Mr Matthew Wales.

"The day includes fine wine from our neighbours in the Hunter Valley, craft beer from the local Six String Brewery and food from around the world," he said.

"There are also over 50 retail stalls to peruse while listening to a full program of live, on stage entertainment, and of course the iconic Oyster Eating Competition with oysters provided by Rockin' Oysters.

"A minute's silence will be held at 11am with the Ode and Last Post to commemorate the 100th Anniversary of Armistice Day.

"We already have a big crowd participating in the popular How Many Oysters Can You Eat in 30 Seconds, one of the highlights of the day.

"Entertainment is organised by G'Day Hollywood Productions (Australia) who have supported the Brisbane Water Oyster Festival since its inception.

"Entertainment will include On the Prowl and Neon Lights on the big stage with plenty of other activities happening throughout the event.

"Other exciting additions to the Oyster Festival will include Broken Bay Pearls who will be giving a demonstration on the local pearl industry which provides an important value-add to the Brisbane Water oyster industry.

"The Rotary Club of Umina will also be assisting at the event with a gold coin donation being sought from visitors with part of the proceeds going to Drought Relief Support for our New South Wales farmers.

"The event will be held at the Ettalong Markets complex and Schnapper Rd will be closed from Ocean View Rd to Flounder Rd to accommodate the many stalls and entertainment.

"Shuttle Bus services will be provided between Kitchener Park (parking) and the event provided by Community Transport with kerb side parking also available in nearby streets."

SOURCE: Media release, 18 Oct 2018 Matthew Wales, Peninsula Chamber of Commerce

Clean4Shore wins people's choice award

Brisbane Water clean-up project Clean4Shore has demonstrated its public support by winning the People's Choice Award in a national Landcare competition.

Clean4Shore received the most votes of 65 competing projects in an online poll in the lead-up to the awards ceremony.

Clean4Shore leads up to 70 field trips a year, engaging the community, schools, disability, indigenous and business groups in the removal of litter and debris from around the Hawkesbury River, Brisbane Waters and Tuggerah Lakes.

Clean4Shore facilitator Mr Graham Johnson said he was excited to win the award.

"I'm very proud that land-carers have voted for litter management.

"I have a great support group from my Facebook page, and from people that follow our program and are willing to get out there and do something about the litter in our waterways."

During the competition, Mr Johnson had called on his followers to demonstrate their support by voting in the on-line poll.

"For us, this is a pretty big achievement.

"It makes it all worthwhile," he said.



Mr Graeme Johnson with Clean4Shore's People's Choice Award

The People's Choice Award was one of 11 presented during the National Landcare Awards ceremony.

It was the only one decided by the public and not a judging panel.

Mr Johnson said volunteer groups led by Clean4Shore remove garbage from waterways while simultaneously educating themselves about the Central Coast foreshores and mangroyes.

Corporate partners attending Clean4Shore field trips have also learnt about the effects of marine litter.

This growing awareness has been reflected in evaluation reports, corporate feedback and

Fundraising, Mr Johnson said.

Landcare Australia chief Dr Shane Norrish commended Mr Johnson.

"It's an honour to present the People's Choice Award as it showcases who in the Landcare community has made the biggest impact on the Australian public," he said.

> SOURCE: Media release, 16 Oct 2018 Jean Marc Maissin, Landcare Australia

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Woytopia may be rescheduled before Christmas

The organising committee of the Woytopia Sustainable Living Festival hopes to reschedule the rained-out event before the end of the year.

It was due to be held on Sunday, October 14, at Woy Woy South Public School but was cancelled due to flooding on the site.

Event manage, Mr Mark Mann said, "We are looking at rescheduling but it is too early to announce any details.

"We are sorting out the most workable date and venue and there will be an announcement shortly on the Woytopia website and Facebook page," Mr Mann said.

"We had said we would go ahead even with the wet weather and we had moved a lot of things under the covered areas of the school, under the Covered Learning Area and into the hall," he said.

"The cover meant our heads were not getting wet but the rain

filled the gutters and drains and overflowed so we were standing ankle deep in water.

"We had to make the decision at 6:30am and then, after we'd cancelled, it stopped raining.

"We considered clearing the site and starting at 12pm but by then we would have been half-way through the event," he said.

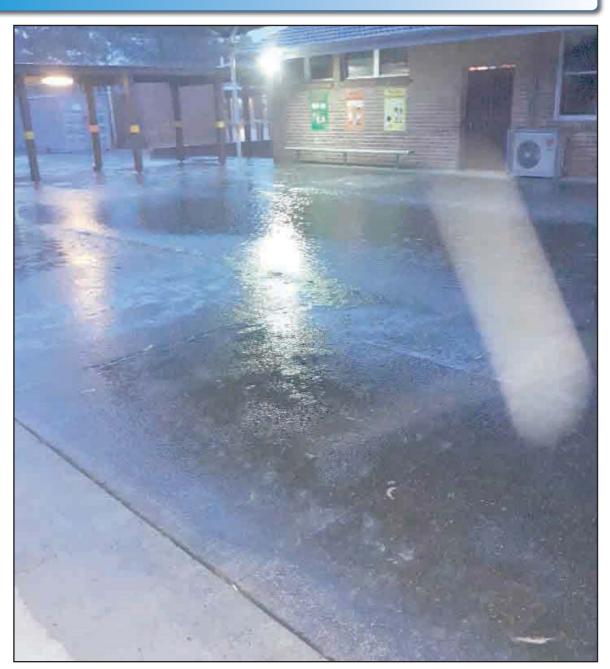
"We decided it was not practical or safe to set up the site," he said.

The Woytopia Festival takes place every second year but Mr Mann said the organisers were also looking at making it annual.

Woytopia celebrates sustainable living on the Woy Woy Peninsula with green talks, gardening workshops, presentations and an eco market.

It is run by the Peninsula Environment Group.

SOURCE: Interview, 18 Oct 2018 Mark Mann, Woytopia Website, 14 Oct 2018 Woytopia.info Reporter: Jackie Pearson





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Community group urges residents to become involved

The Bays Community Group is urging residents to get involved with the Group's fundraisers and over projects to maintain the Bays' lifestyle and its community asset, the

"The Bays Community Group is made up of a small group of ordinary everyday people, who as well as having busy working lives and family commitments, give back a little of their time to our community to help run the various activities, projects and fundraisers necessary to keep our Bays Community Hall viable," she said.

"We all live here because of the tranquil beauty, peace and serenity, yet we are still very close to the heart of Woy Woy, the train station, and just a stone's throw from the M1 to go to either Sydney or Newcastle.

"This is definitely a major drawcard for many of the professional people and young families who have moved, or are moving into the Bays, but who still need to commute to work each

"Everyone's lives are extremely busy, but at the end of the day when we return to this magical place, it feels like we are on a permanent holiday, which makes it all worthwhile," Ms Gleeson said.

"We own our community hall, which is a rare situation on the Central Coast.

"Many community halls are owned and run by Central Coast Council, and many have been sold off recently.

"We are in a unique situation, and should feel very proud of what we have been able to achieve over the past 16 years, mainly due to the unending dedication of my predecessor, Mr Bob Puffett, and other committee members.

"Over the past two years our current Committee has achieved quite a few wins, and continues to maintain our community asset, but we are always looking for ways to raise the necessary funds required to keep going," Ms Gleeson said.

"We have lost the skills and time of a few committee members recently, and we are now in need of new people to come forward and offer whatever time or skills they may have that would be of benefit to our committee.

"Volunteering is a proud and satisfying activity.

"We live in a nation well known for its strength of organisations run by volunteers.

"The ongoing viability of the

Bays needs your help now.

"Any time you can give will be appreciated.

'One of our very recent wins is the inclusion of the Bays to the Coast Connect Bus service.

"We recently wrote to the Minister for Transport and Infrastructure as well as other local bodies to have the Bays included, and we are pleased that they have listened and discussion is continuing," Ms Gleeson said.

SOURCE: Newsletter, 15 Oct 2018 Cathy Gleeson, Bays **Community Group**

Work may proceed on townhouses

construction certificate has been issued for three townhouses at 6 Augusta St, Umina, following the granting of a by Central Coast Council.

Council granted consent for the project in March even though its assessment report listed major non-compliances with the Gosford Development Control Plan (DCP) 2013 for setbacks (ranging from 47 per cent up to 100 per cent), building dimensions (76 per cent), width and depth of buildings (87 per cent) and site planning (31 per

The construction certificate allows work to proceed.

Under the plans, an existing garage will be demolished and two-storey. attached three. townhouse constructed on the 847 square metre site.

Each townhouse includes an enclosed garage, ground floor access to the driveway, ground floor access to outdoor areas and water tank.

One unit includes a one kilowatt solar panel system.

Two of the units will have four bedrooms and one has three bedrooms.

The two with four bedrooms have double garages.

The project does comply with the Gosford DCP for lot size, building height and floor space.

According to the assessment report, the shortfalls for setbacks was justified because "the subject site for the proposed multidwelling development is typical of the Peninsula as it is a regular elongated lot with narrow lot width.

"The area defined as the 'Peninsula' is characterised by these type of allotments and as result has a fine urban grain that in areas is populated by medium density development similar building form to the proposal.

"Given the constraints the allotment, it results new development of greater intensification above a single detached dwelling, to be position alongside one boundary of the site, to allow for vehicular access and onsite parking, whilst providing outdoor private open space.

"The proposed development is consistent and compatible with the existing patterns of development and will contribute to the scenic quality of the area, without

impacting negatively on amenity.

"The proposal also maintains sufficient areas of soft landscaping and vegetation.

"The contraventions setback requirements sought by the proposal are considered to be, in this instance, a product of the constrained site and notwithstanding the variation the proposal remains consistent with the objectives of the DCP."

SOURCE: DA53456/2017, 17 Oct 2018 Gosford DA Tracker, **Central Coast Council**

...reborn and now in Galleria Ettalong, the former Ettalong Markets at Ettalong Beach Jewellers After retiring in June 2014, Henry Scholten has now opened a small













shop in the former Ettalong Markets, only trading on Saturdays, Sundays and Public Holidays.

The Ettalong market has been beautifully revamped to a luxury European Galleria style tourist attraction.

Established in 1988, Scholten Jewellers has been manufacturing fine jewellery on the Central Coast for 30 years, having had shops in Bateau Bay, Gosford, Erina and Tuggerah.

Scholten Jewellers is now in Ettalong, providing an excellent repair, design remodelling and manufacturing service.

The location is also an impressive showroom of unique, handmade rings, pendants, earrings, bangles, brooches, chains set with precious and semi-precious gems, and a huge selection of Australian Opal, All repairs and manufacturing is done on the premises in a fully equipped workshop.

Come and say hello to Nicola and Henry at their new Ettalong Beach store, or call them on 0431 670 033 or 0412 655 316.

Umina and Ocean Beaches graded as 'good'

Ocean and Umina Beaches have both been graded as "good" and suitable for swimming most of the time in the latest State of the Beaches Report published by the NSW Office of Environment and Heritage on October 14.

The report indicated that both beaches each were generally susceptible to pollution, particularly after rain events.

Ocean Beach has been monitored since 2011 and Umina Beach since 2004.

Both beaches recorded a stable status in the 2017-18 Report.

Pearl Beach rockpool received a grading of good and was found to be suitable for swimming most of the time.

The rockpool was most susceptible to pollution after rain.

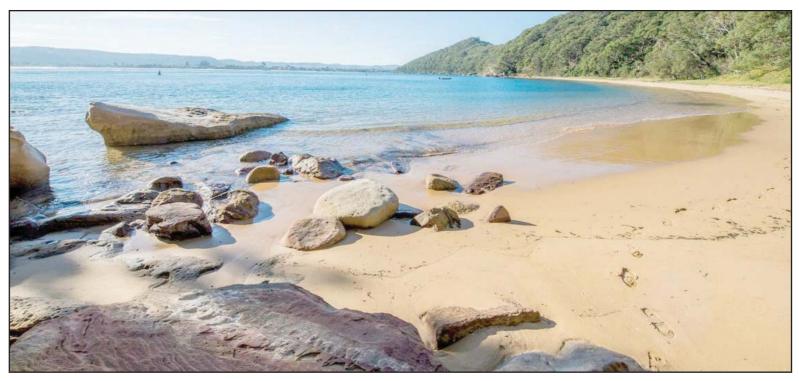
Pearl Beach Rockpool has been monitored since 2004 and recorded a stable status.

Killcare Beach recorded a grading of "very good" and was found to be suitable for swimming almost all of time.

Killcare was found to have increased levels of micro-bacteria and other contaminates after rainfall events, but overall water quality was high.

The report also indicated Killcare status was actually improving.

Monitoring at Killcare began in 2006.



Killcare Beach has been rated 'very good' by the Department of Heritage and Environment

Tidal baths at Woy Woy and Pretty Beach were graded as poor.

According to the report, a grading of poor indicates microbial water quality is susceptible to faecal pollution, particularly after rainfall and occasionally during dry weather conditions, with several potential sources of faecal contamination including stormwater.

The report noted that the baths were estuarine sites, which are

usually far more susceptible to contamination from rainfall events and other pollutants due to the sites low levels of natural flushing and dilution.

The baths have been monitored since 2004 and recorded a stable status.

The report states swimming at estuarine sites is not recommended during and for up to three days following rainfall or if there are any signs of stormwater such

as discoloured water or floating debris.

The report surveys 32 swimming sites across the Central Coast, with 53 per cent of swimming sites graded as Good or Very Good.

"While this is a decline in overall performance from the previous year, it largely reflects recent changes in the monitoring program to include only patrolled beaches and designated swimming sites, rather than a decline in water

quality.

"Central Coast Council has a large proportion of lake/lagoon and estuarine swimming locations in its program which have been most susceptible to impacts from wet weather conditions," the report states

SOURCE: State of the Beaches Report, 17 Oct 2018 Central Coast Region, NSW Office of Environment and Heritage



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Housing strategy comment period extended 90 days

The deadline for residents to have their say about the Coast's draft Affordable and **Alternative Housing Strategy** has been extended until the end of November.

Council agreed that the issue of housing stress was so significant that public exhibition of the draft strategy should be extended by an additional 60 days from the current six-week consultation period.

Central Coast Council mayor Cr Jane Smith said Council valued community feedback on the draft strategy which has been developed after extensive consultation with key stakeholders and experts.

"We know that there are 24,200 local households where a very high percentage of their income is spent just keeping a roof over their heads," Mayor Smith said.

"These residents include older people living alone, single-income families, people living with a disability or chronic illness, and young people who need to be close to a university or TAFE college.

"This draft strategy suggests a wide range of evidence-based initiatives which are likely to create affordable housing options for many people.

"We understand there is significant concern and interest in the community around the need for affordable housing and it is something we need to get right, and can get right, with collaboration with key stakeholders and the community.

"I encourage everyone to have a say on this important strategy for the future of affordable living on the Central Coast."

Cr Bruce McLachlan said, in

support of his motion to extend the consultation period, that a broad cross section of people have concerns about the Affordable Housing Strategy.

"I don't disagree one bit about the need for crisis accommodation ... but if you are going to bring in a policy that makes a major change to people's amenity, you are asking for trouble," he said.

"You cannot bring people on welfare dependencies into areas of low employment and expect great outcomes.

"It will be the slums of tomorrow,"

"Let's get it right. Let's extend it. "Let's go out to the public, have a briefing at the end of it, pick the eyes out of it ourselves," he said.

Cr Jillian Hogan, speaking against the motion, said: "It highlights the need for more education, particularly in this chamber.

"I just want to remind people of why the report was put out.

"It was written in relation to homelessness and no one in the chamber has mentioned homelessness.

"Not one person has mentioned homelessness," Hogan said.

'So who is homeless?

"It could be any one of us.

"This is what we are talking about. "We are not talking about people coming from Sydney.

"We are talking about our own people who are struggling, our

"They are starving, they are going to services just to eat," she

"If someone has got a roof over

"They are able to eat, they are able to get employment and they are able to take advantage of education.

"Three people I saw today in six hours were homeless, one a pensioner.

"Another had a massive breakdown two years ago, and was homeless, because of another problem called elder abuse.

'Our tradies are homeless.

'They are living in cars because of casualisation. I see it every day.

"In that report, I did not see any high rise.

"This stuff is about scare

"It is not about ice addicts.

"How many ice addicts do you see on the streets? Not many.

"So we have to wait another 90

"We are going to receive another 100 submissions from people who support it and then a great scare campaign from the people down on the beaches.

"This is about our council actually looking at and doing something about homelessness.

"This is about your mother, your grandmother, retirees, our students and young people seeking independence."

The motion to extend was passed with mayor Cr Jane Smith using her casting vote.

Council will hold two information sessions on Wednesday, October 17, for the community to ask questions about the draft strategy: at Council Administration Office, Wyong, from 3.30pm; and, at The Hub Erina Youth Entertainment Venue from 6.30pm.

No information session will be held on the Peninsula.

Media release, 8 Oct 2018 Jane Smith, Central Coast Council **Central Coast Council** agenda 6.6, 8 Oct 2018 Reporter: Jackie Pearson



Dear Premier/Deputy Premier

Eagle Arts Vocational College (EAVC) caters for anxious/depressed teenagers on the Central Coast and across the state.

Our kids refuse to go to mainstream schools (or were expelled), but enjoy our school, which has lots of work experience, art/sport as well as traditional Maths and Science etc.

NSW Education Standards Authority (NESA) want to close us down for good due to inadequate paperwork. They refuse to help us improve it.

On legal advice, we went to the Anti Discrimination Board who ruled that it could well be an act of discrimination to close EAVC, involving 6 breaches of the Act. They said mediation between NESA and the school was essential to resolve the conflict.

NESA refuse to mediate. NESA refuse to negotiate.

Is it acceptable for a govt agency to defy the Anti Discrimination Board? Is NESA a rogue authority?

Now staff and supporters will run as Independents in 4 electorates across the state on March 23 to take a stand.

Gab McIntosh Principal Eagle Arts and Vocational College 46 Woy Woy Rd Woy Woy, 2256. - 0455 195 920 gabsocialreform@gmail.com

Dear Voter

My name is Eden and I am 15, and currently in Year 9 at Eagle Arts and Vocational College.

My principal, Gab McIntosh, tells me that NESA are trying to close our school again. I can't believe they would try and close us, this is one of the stupidest things I have

At my last school, I was bullied, I got into fights and was really depressed. I would miss weeks and weeks of school because I did not go. I thought, in fact I know, I was not listened to. After 22 suspensions, I got a place at Eagle Arts and Vocational College.

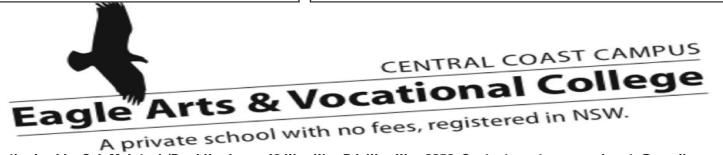
Since starting at Eagle Arts, my schooling is so much better. I come to school feeling good about being who I am. I have only ever wanted to be at a school where I am comfortable and feel like part of a family. This school has made efforts for me to get counselling and help me with my mental health problems, so what am I going to do if this school gets shut down?????

I am definitely not going back to main stream. At main stream I thought of ending my life.

NESA needs to get it together as too many young kids in main stream school have ended their lives because of bullying or not being heard! Now, that I am at EAVC, I feel safe and loved!

SAVE EAGLE ARTS SCHOOL!! **VOTE 1 BRAD HARDMAN**

Eden Kepkey-Cole



Authorised by Gab McIntosh/Brad Hardman, 46 Woy Woy Rd, Woy Woy 2256. Contact us at save.eagle.arts@gmail.com

New hall proposed at retirement village

Written submissions for a re-advertised proposal to redevelop Pam Palmer House at Peninsula Village on Pozieres Ave, Umina, close on November 8.

The proposal includes a new multi-function hall, alterations and additions to the Community Wellness Centre, tea house and staff room costing \$2 million.

There are three buildings at the site, according to statements provided by Constructive Dialogue Architects in support of the proposal.

They provide "a combination of independent (retirement) living, hostel-style accommodation, and aged care with higher levels of support, such as dementia and palliative care," the architect said.

"The works that form part of this development application affect one of those buildings only, Pam Palmer House, a two storey building providing low care residential aged care for 104 residents on the lower level and independent (retirement) living units on the upper level.

"Pam Palmer House also contains large landscaped areas, an upper-level bowling green, a tea house, and a swimming pool.

"Proposed work constitutes minor upgrades to Pam Palmer



Pam Palmer House entry

House only, aiming to create a more welcoming entry, a better community hall, and a larger wellness centre for residents."

The proposal does not increase occupancy numbers on the site and works "achieve full compliance with relevant planning instruments".

The proposed upgrade to the existing Tea House Pavilion intends to "make it more accessible

for residents through better ramps and steps to an elevated deck around the tea house".

Peninsula Village proposes improvements to the entry and provision of a Wellness Centre within the existing building envelope as well as co-locating communal services and opening up the pool area.

The proposed multi-function

hall is intended "to support general resident activities and expand the existing dining room area (currently too small to seat all the residents at one time".

The site is identified as Lot 1, DP 1089636 and has an area of 25,640 square metres.

The main street frontage is Arras and Pozieres Avenue to the east and Kingsview Drive to the north, according to the consultant.

It including three buildings: Pam Palmer House; Jack Aldous House; and Don Leggett House.

According to the applicant, there is no impact on the natural environment due to the limited nature of work.

"The site has been previously assessed as suitable for this usage.

"The work is only minor changes with very insignificant impact on the surrounding sites.

"The amount and nature of waste generated on site will not increase, with adequate systems for waste management already in place.

"There are no submissions relating to the Act or regulations of which we are aware.

"Due to the nature of the social support provided by Peninsula Villages, the development is in the public interest.

"In summary, there will be no adverse environmental impacts.

"The proposed work has a positive impact by increasing the support the environment provided for residents.

"This strengthens an important social service in the Umina area."

SOURCE: DA54952/2018, 18 Oct 2018 Gosford DA Tracker, Central Coast Council

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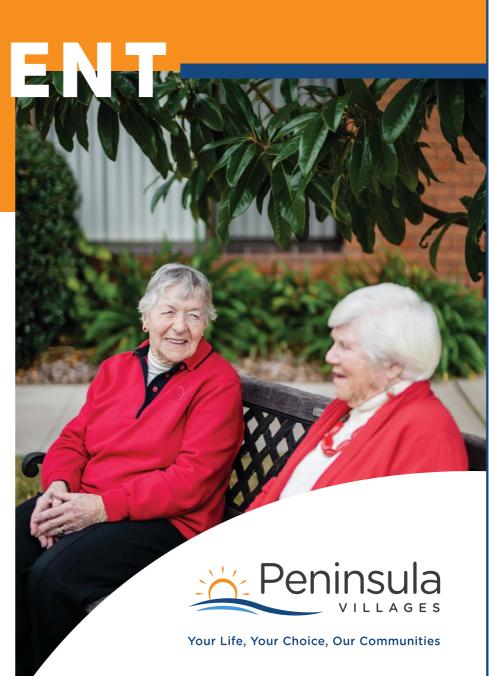
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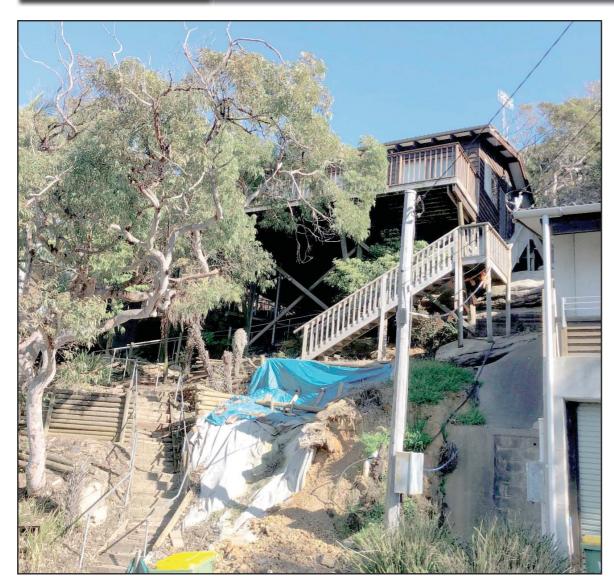
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News



Council considers non-complying proposal

An application for additions to a house at Patricia Place, Killcare, was approved by Central Coast Council at its meeting on Monday, October 9.

The proposal had been referred to the Council meeting because it exceeded development controls by more than 10 per cent.

The details of the application were outlined in edition 455

(October 8) of Peninsula News.

Mr Richard Matthews attended the October 8 Council meeting to speak in favour of the proposal.

"I am here to address any objections, and to point out the only real difference to the regulation is the fairly small protrusion for the lift on the building," Mr Matthews said.

"Otherwise the renovation is no higher than the existing building itself and causes no

overshadowing," he said.

The proposal, as recommended by Council staff, was moved by Cr Greg Best and seconded by Cr Richard Mehrtens.

None of the Councillors spoke against the motion but two Councillors, Kyle MacGregor and Louise Greenaway, abstained.

SOURCE: Central Coast Council Agenda 2.1, 8 Oct 2018 Reporter: Jackie Pearson

Certificate granted

A construction certificate has been granted to enable work to commence on a four-dwelling development at 37 Edward St, Woy Woy.

Consent was given for the \$800,000 multi-dwelling housing proposal by Central Coast Council on April 30 and the construction certificate was signed off on October 9.

The proposal will comprise of four single storey units, each with two bedrooms, two bathrooms and a single garage.

Units one to three also contain a study.

The subject site is zoned R1 General Residential under Gosford Local Environmental Plan 2014 which permits multi dwelling housing with consent of Council.

According to the Council assessment report, recommending approval of the project, no submissions had been received when it was advertised from January 25 to February 16.

Significant departures from the Gosford Development Control Plan (DCP) 2013 listed in the assessment report included 50 per cent for deep soil side setback and 80 per cent for deep soil rear setback, 71 per cent for side boundary setbacks, 80 per cent for rear setbacks, 58 per cent for depth of building, 42 per cent for unarticulated wall length, 17 per cent for private open space and 33 per cent for car parking.

The staff assessment report argued that although the proposal did not comply with the numerical controls in the DCP, it did comply with the "objectives" of the DCP and was, thus, able to go ahead.

For example, in relation to setbacks, the report said: "Notwithstanding the noncompliance with the numerical measures; the design of the building incorporates a multiunit dwelling design that allows sufficient boundary setbacks to

alleviate visual amenity, privacy and overshadowing impacts to the adjoining properties within the medium density residential zone.

"The proposal is able to achieve compliance with the objectives of setbacks for the following reasons.

"The proposed density of the development is compatible with the predominant pattern of buildings in the area as it is low density and provides extensive landscaping.

"The proposed landscaping compensates for trees that are required to be removed.

"Although not strictly compliant with deep soil zone requirements, deep soil zones are proposed that are suitable and will provide adequate landscaping.

"Units are provided with private open space areas and adequate setbacks to adjacent development to ensure minimal amenity impacts.

"Whilst the building depth and unarticulated wall length exceeds the control, the proposed development provides a high degree of articulation on all facades, is modest in terms of bulk and scale, and does not detract from the scenic qualities of the locality and is compatible with adjoining residential development located to the north and south of the site."

The site is located on the western side of Edward Stret.

Adjoining development comprises single dwellings and multi-dwelling developments.

The site contained a single storey dwelling and ancillary structures that are proposed to be demolished under this application.

The developer was required to pay to Council a total contribution amount of \$35,055, prior to receipt of a construction certificate in accordance with the relevant Council Contribution Plans for the Peninsula.

SOURCE: CC53647/2018, 17 Oct 2018 Gosford DA Tracker, Central Coast Council



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News

Climate change policy not due before February

The exhibition of Central Coast Council's draft climate change policy has been delayed until February.

The policy has been expected to be on exhibition for public comment for several months, based on previous information from Central Coast Council.

Central Coast Council mayor Cr Jane Smith said the number of items currently on exhibition had resulted in "overload for the community and staff".

She said she and Council staff had determined that February would be "a much better time to place the policy on exhibition".

SOURCE: Interview, 9 Oct 2018 Jane Smith, Central Coast Council Reporter: Jackie Pearson



View from Davis St looking towards 97 Booker Bay Rd

Changes approved for proposed childcare centre

An application to make changes to a proposed childcare centre and carpark at Booker Bay Rd has been approved by Central Coast Council.

The amendment was advertised from September 13 to 27 resulting in one submission.

The centre will be developed across two sites at 97 and 99 Booker Bay Rd, which currently contain two dwellings.

The sites are generally surrounded by residential dwellings, according to an assessment report by Council staff.

According to the report, "the applicant is seeking to modify the consent for Development Application 52280/2017

under Section 4.55(1A) of the Environmental Planning and Assessment Act 1979 by reconfiguration and minor extension of Play Area (3-5 years), reduction and minor reconfiguration of Outdoor Play Area (0-2 years), minor reconfiguration of other play areas, a modified entry path and minor reconfiguration of office, staff room, laundry and reception areas

Council has also approved additional tree removal within the site and tree replacement that was not signed off in the original application.

"The modifications to the child care centre and car park layout are to achieve a better design, planning and safety outcome," the staff assessment report said. "The proposed changes maintain approved setbacks, perimeter fencing, car parking numbers and the number of child spaces," it said.

According to the report, the proposal complied with all aspects of the Childcare Planning Guideline and Regulation.

"The proposed modifications will not result in adverse amenity impacts on the adjoining properties and the streetscape," the report said

"The proposed development is substantially the same as the development that was originally granted consent."

SOURCE: DA52280/2017, 18 Oct 2018 Gosford DA Tracker, Central Coast Council

English conversation resumes

Free English conversation classes resumed at Woy Woy Presbyterian Church Hall on October 16.

The classes are designed to help Peninsula residents who speak English as a second language improve their diction and conservation skills.

The classes are facilitated by Mr David Green and are held every

Tuesday during school terms from 9am to 12pm.

Mr Green said Peninsula residents who spoke English as a second language speakers were invited to attend to better their grasp of the English language and to meet new people.

Source: Media release, 10 Oct 2018 David Green, Woy Woy Presbyterian Church



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- Eagle Arts (EAVC) caters for teenagers who refuse to go to school or who have been asked to leave mainstream.
- Most parents/students report being happy with EAVC, and their alternative approach.
- Now NESA want to close us due to inadequate paperwork.
- Parents/Students/Supporters have begged the Premier for help.
- These Central Coast students have no other school which will take them.
- This Liberal government has ignored them, forcing staff to take a stand for the school.
- As a result Brad Hardman will stand as an Independent in Terrigal at the state election on the 23rd March, 2019.
- He has 3 messages
- 1) Save Eagle Arts School
- 2) Abolish NESA
- 3) Put Liberal/Nationals Last

VOTE 1 BRAD HARDMAN



Authorised by Gab McIntosh/Brad Hardman, 46 Woy Woy Rd, Woy Woy 2256. Contact us at save.eagle.arts@gmail.com

State policy changes before council adopts it

A State Government policy that may have reduced the number non-complying multidwelling housing projects on the Peninsula seems to have been withdrawn soon after it was implemented.

The new NSW Government policy introduced on December 15 meant that any development application that included a variation to planning limits of more than 10 per cent should have been referred to a Council meeting.

Central Coast Council recently decided to follow the practice.

However, according to Mills Oakley Law partner Mr Aaron Gadiel, the Department of Planning revoked its earlier decision on February 21, less than three months after introducing it.

The revised planning circular

entitled "Variations to development standards" now requires concurrence of the Department of Planning, but not a Council

"One key difference is that a local council officer will not be able to approve a development application that relies on a ... variation of more than 10 per cent without the concurrence of the Secretary of the Department of Planning and Environment," Mr Gadiel said.

Another change introduced by NSW Planning but not yet implemented by the Central Coast Council is the adoption of Community Participation Plans.

"These plans can set out new additional mandatory requirements for community participation in development decisions," according to Mr Gadiel said.

"These plans may impose mandatory preconditions that proponents (developers) must satisfy (in terms of community consultation) before an application for a planning approval (for major development) is made," Mr Gadiel

"While the government has foreshadowed that it may make regulations as to the form, content and procedures for the adoption of community participation plans, no such regulations have been made," he said.

"This means that local councils have a wide degree of latitude to decide for themselves what obligations to place on proponents in their community participation

"Community participation plans can be prepared and adopted by local councils now and each local council is, at the latest, obliged to adopt such a plan by July 1."

A "local strategic planning statement" will also need to be prepared and adopted by Central Coast Council and must set out planning priorities and actions for the area.

"When a council is divided into wards and the statement separately deals with each ward. the local councillors for that ward will be able to veto any statement that they do not like," Mr Gadiel

"There is a provision for a state agency to override the veto of the ward councillors, but this can only be done at the request of the local council itself.

"The local strategic planning statement will not be the legal document that sets out the formal zoning of land and what is permitted and prohibited in each

"This role still rests with local environmental plans.

"However, the new planning laws require any planning proposal (for a change in planning controls) to address whether the proposal will give effect to the local strategic planning statement.

The Central Coast Council must have its strategic planning statement in place by July 1, 2020.

Mr Gadiel said work for a local strategic planning statement could delay site-specific changes to planning controls.

Media statement, 9 Oct 2018 Jane Smith, Central Coast Council Media release, Mar 2018 Aaron Gadiel, Mills Oakley Law

Waterways committee formed at community meeting

A new Peninsula Waterways Committee has been formed at the latest community meeting convened **Ettalong Diggers Memorial** Club and attended by over 300 people on Tuesday, October 9.

The Peninsula Waterways Committee will continue to represent the concerns of the Peninsula about the Brisbane Water navigation channel and resumption of ferry services to Ettalong and Wagstaffe.

The committee will be chaired by Mr Michael Allsop, with other members being Mr David Minshall, Ms Annette Lutze, Mr Mike Guest, Ms Jan Guest, Mr Geoffrey Blenman, Ms Sue Dengate, Ms Sarah Wade, Mr Brian Oates, Mr John Wood and Ms Narelle Mayes.

It will lobby both local and

state government in an attempt to ensure adequate dredging of the entry to Brisbane Water under any proposed management plan put forward by Central Coast Council and the NSW Government.

The new committee continue to press for passenger ferry services to Wagstaffe and Ettalong to be resumed.

The meeting was addressed by Parliamentary Secretary for the Central Coast Mr Scot MacDonald.

Fantasea Cruising operations manager Mr Stuart Bicknell said that the passenger ferry service operator would keep the community informed.

The meeting was also addressed by Member for Gosford Ms Liesl Tesch and Central Coast councillors Bruce McLachlan and Jilly Pilon.

> SOURCE: Media release, 11 Oct 2018 Bill Jackson, Ettalong Diggers

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Rotary club helps with Moonlight Cinema

The Rotary Club of Woy Woy has helped run a free community Moonlight Cinema at Umina oval on September 29.

Five Woy Woy Rotarians donated their time and sponsorship to help local cafe owner Ms Gabby Greyem put on the show for young people.

"We assisted Gabby with manpower and sponsorship during the Moonlight Cinema event with the objective of engaging with the youth of the area," said Rotary Club president Ms Jayne Mote.

"Central Coast Council approved the use of the precinct

and our club made a payment of \$500 for security guards.

"Our team of volunteers, consisting of Sue and Don Tee, Annette Karton, Russell Grove and Bill Cook, handed out bottled water to the attendees.

"Sue, Don and Annette stayed until the end while the rest went off and attended to other things but returned to help with clean up," she said.

"Gabby hopes to continue with this event over the summer period and has sought our further assistance," Ms Mote said.

SOURCE: Newsletter, 9 Oct 2018 Vic Deeble, Rotary Club of Woy Woy

Locks installed on CWA flagpoles

The flagpoles at the Woy Woy branch of the Country Women's Association have installed locks on their flagpoles to help safeguard flags from thieves.

The provision of the locks w just one of many offers that were made after the branch's flags were stolen.

"We would like to thank everyone for their support when we announced the flags had been stolen.

"We were absolutely blown away by the amazing community we have around us and are truly grateful to be a part of it," said branch president Ms Jane Bowtell.

Ms Bowtell said the locks were provided by Central Coast Property and Business Maintenance.

"Our flags are now secure, but can still be raised and lowered with ease.

"It's amazing gestures like this that make us feel truly lucky to be part of this beautiful community."

SOURCE: Social media, 4 Oct 2018 Jane Bowtell, Woy Woy CWA Branch



Woy Woy CWA's flagpoles have had locks installed to deter would be thieves







News





Alice in Wonderland musical was a sell-out success

A musical production of Lewis Carroll's Alice in Wonderland staged at the Umina campus of Brisbane Water Secondary College was a sell-out success, according to campus principal Mr Brent Walker.

with over 100 students involved to bring this amazing production to life," he said.

"This was a massive process and this production could not have been what is was without our cast, chorus, dancers, stage crew, performing arts teachers and so

"Our musical was a smash hit many more teachers who worked tirelessly to make this production a huge success.

> "Both nights were sold out which is testament to the talent our campus produces."

SOURCE: Social media, 1 Oct 2018 **Brent Walker, BWSC Umina**







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Forum

Mother Nature does not act alone

In February 2000, I made submission on the proposed boat harbour marina-tourist development and ferry service, Gosford DA 6609/99.

The environmental impact statement reported that 100,000 cubic metres of sand was annually transported around the entrance to Brisbane Water, and 40,000 cubic metres was to be removed to allow safe navigation of the ferry.

The Peninsula News (edition 455) reported that 80.000 cubic metres of sea bed will be mined and relocated to provide safe vessel navigation.

Volume of excavation has increased by an additional 40,000 cubic metres since 2000.

A long-term maintenance plan must include the possibility that the volume of excavated sand will increase over time, with associated management costs.

Needless to say, negotiations stakeholders between the will become problematic, as pressure to develop unfolds.

The Peninsula Chamber of Commerce's update on the Ettalong beach channel dredging, commented on Mother Nature.

Mother Nature does not act alone.

She is influenced daily by the actions at stock markets reducing her ability to heal.

Letter, 10 Oct 2018 N Harris, Umina

A home must deliver low-cost living

I am astounded that the consultant engaged by the developer of 4 Piper St, Woy Woy, is totally disregarding the R1 General residential zonina constraints (Peninsula News edition 455).

Firstly, ceiling heights are required to be 2.7m, not the 2.4m submitted, supported by the argument, "The proposed ceiling heights will not result in any appreciable loss of amenity to the residents."

What if owners want to install ceiling fans?

This is particularly relevant in the upstairs bedrooms where they are an absolute necessity in our increasingly hot summers.

They further argued that "open stairwells with voids above ground floor entry vestibule space" makes up for the lower ceiling heights.

I urge Council to refuse this point because such voids create even more problems during winter because any space heating used

Forum

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or editorial@centralcoastnews. net See Page 2 for

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in the ground floor will disappear into these voids and increase energy costs for the residents.

Heat loss, like this, can be easily avoided by containing stairwells and providing a means of closing them off.

This should be encouraged in all two storey designs.

The consultant wants to flout the minimum setback citing that, "The proposed setbacks do not compromise outdoor recreation space, privacy or amenity either for the residents or neighbours".

What about solar access? There's no mention of this in the

application. Furthermore more, the multiple roof angles in the design make the installation of solar panels impossible.

The cost of electricity can be greatly reduced by householders installing roof top solar panels and the maximum can only be installed on roofs with a single, northern

There are many other important sustainable design features that appear entirely neglected in this uninspiring and pedestrian design: No mention of common areas suitable for a vegie garden, no mention of living areas facing north, no shading of windows facing north, no mention of recycled watering systems for common gardens and so on.

Much of the problem is the totally unsatisfactory building constraints that are applied by the

Central Coast Council.

They need a complete reworking to include a far higher efficiency rating, at least eight stars that give residents the maximum amenity and lowest operating costs.

Council's Central Alternative Affordable and Housing Strategy emphasises the importance of low cost housing including not only affordable purchase prices but also low operating costs.

A home is a machine that must be designed to deliver low cost, efficient living for its inhabitants.

Using passive solar principles will ensure the best possible outcomes.

Developers, trying to squeeze the most profit from their plans that flout even the most basic amenity regulations, are even more unwilling to implement these simple and low cost improvements.

They cost very little more but deliver a much better result for home owners.

> Email, 16 Oct 2018 Gregory Olsen, Empire Bay

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Forum

Council should decide planning implications

I have read Mr Norman Harris' letter (Time to update planning instruments and consult public, Peninsula News edition 455) three times and I still don't know what he is talking about.

He says "The options for Brick Wharf Rd as part of the road network are numbered" but he doesn't tell us which options he means or how many they number or which road network he is referring to, so how can we judge such a comment?

If he is suggesting that Brick Wharf Rd should be closed, why doesn't he just say so?

If that is his suggestion, how does he justify it?

What alternative is he proposing for the road network?

He then goes on to say that the rejection of the Sporties proposal by the Planning Panel means that "the zoning shown is non-compliant".

Non-compliant with what?

The zoning is established in a statutory instrument and cannot be non-compliant.

A development proposal might be non-compliant with the zoning, but this doesn't seem to be what he means.

He seems to be suggesting that, in some way, the Planning Panel's decision has rendered the zoning requirements null and void.

This is an absurdity, as the Panel has no such powers.

Only the Minister has the power to alter a zoning.

He then says that "land shown

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as L2 and L1 ... is not consistent with the decision made by the Panel," but does not explain what the inconsistency is (remembering that inconsistent and noncompliant are two different things).

However, the Panel does not deal with land, as such.

The Panel deals with development applications in the framework of statutory zoning and such instruments as the Medium Density Development Control Plan.

It has done its job and handed down its decision.

Whether that decision has any broader implications has to be decided by Council.

He then said: "the time interval ... to incorporate infrastructure, Sea Level Rise, climate change and variations is now the issue of concern."

One assumes that he means that these concerns should be urgently taken into account in amending the zoning, although this might be a misinterpretation.

However, leaving aside the puzzling question of what can be meant by "variations", it is to be presumed that these concerns were a factor in arriving at the current zoning, so why do they alone now demand a revision of the zoning, unless something has dramatically changed since 2013?

He then asks: "How many appropriate developments will be approved during the time it takes for planning instruments to be updated and comply with the Panel's decision?"

Of course, one hopes that appropriate developments will always be approved, that is the purpose of the approval process, although admittedly, it sometimes fails in practice.

Nevertheless, it is somewhat bizarre to suggest that the Panel has control of the planning process and that a single decision of the Panel forces the planning authorities into a wholesale revision of their instruments.

Of course, I do not dispute any contention that the current planning instruments are woefully inadequate.

I have said so many times, but it is ridiculous to think that these inadequacies apply only to the Brick Wharf Rd area.

I do not see that this leads to a need for the Department of Planning to hold a meeting in Woy Woy "to discuss planning ramifications of the Sporties refusal".

The Sporties refusal, in itself, does not justify such attention.

If there is to be any kind of

CONVEYANCING

Criminal Law

meeting to debate the overall planning requirements of the Peninsula (about which the Mayor is, presumably, still thinking), let us not involve the Department of Planning.

The competence of this body is well demonstrated by the lamentable Regional Plan.

He concludes by suggesting that "the public...(be) included in pre-Development Application meetings," without defining exactly what is meant by "public" and with no indication of the stage at which a pre-Development Application meeting (there are often many such) should be open.

As someone with some experience of planning machinery,

I can only say that, if every discussion with or request for information from the duty planner at the Council counter had to be attended by the "public", "mayhem is assured", as Mr Harris so elegantly puts it.

Far be it from me to defend Council staff members, but it is obvious that the planning office cannot expeditiously cope with the workload that it has now.

If Mr Harris is anxious to multiply that workload, I hope he is also in favour of increasing rates, so that adequate numbers of staff can be recruited to execute the programme he espouses.

Email, 11 Oct 2018 Bruce Hyland, Woy Woy

Common sense and beer budget should prevail

I question just who are these Councillors making decisions for in regards to Gosford township.

Are they a complete bunch of ratbags or are the grandiose visions they have been created by being denied at an earlier age: a regional performing arts centre, a waterfront entertainment centre and more?

Have they seen the empty shops in Gosford?

Have they driven up some of

AVO Matters

Forum

the back streets and seen the numerous derelict and decaying houses?

Don't they realise that Gosford is mainly held together with the doctors and so on who support the hospital and the legal fraternity that support the courthouse?

Gosford Council created the decay when they approved development at Erina and West Gosford.

Have they conducted any surveys to ascertain whether the above Arts and Entertaining centres would be fully utilised and supported by the surrounding working community?

The stadium was another of their visions and I doubt that even today it is a profitable investment.

The Central Coast Council should concentrate on making the existing problems go away like injecting life into the shopping

centre and tidying up the town.
When those problems are fixed then, maybe, they can look towards their bucket list.

Common sense and the beer budget should prevail.

Email, 15 Oct 2018 Rod Fountain, Booker Bay

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Forum

State Government has a responsibility for channel

'Showcase' ignores council

and community concerns

Following meetings and the ongoing misinformation being given regarding Ettalong Channel dredging, Matthew Wales makes the comment in an open letter dated October 7, to business and residents that the channel has not been dredged.

I quote: "Sadly, the siltation of the channel has arisen because of lack of maintenance dredging over the last 10 years by the former Gosford Council."

This implies that the whole problem is Council's.

What has the State Government done for those years?

One must wonder does this mean Council gets all the fees? I believe not.

It seems as far as the NSW

Government is concerned

it is business as usual in

terms of ignoring our local

council's and community's

input into new planning

controls for Gosford's CBD.

not appeared to consider many of

the community's concerns and just

a few of the council's regarding the

Since the NSW Government has

The Peninsula Chamber of Commerce seems to favour one level of government over another.

Doesn't the State Government receive over \$1m a year for mooring fees plus owns the land under the water?

The title Roads and Maritime Services seems to imply by name alone that the State Government has a responsibility to do its part money wise.

To suggest otherwise is to mislead, as implied that the past 10 years is all Council's fault.

The Chamber should provide all of the facts in a fair and reasonable

Forum

Draft Control Plan, it would appear

that residents can look forward to

Minister, Mr Anthony Roberts, as

a "showcase for a new and vibrant

Email, 11 Oct 2018

Suraya Coorey, Woy Woy

community".

Email, 13 Oct 2018 Tony Farina, Kariong

entrou coast

Other Regional News - In brief

news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

Peninsula News focuses on in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net Copies of these publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

OCTOBER 11, 2018

YOUR INDEPENDENT COMMUNITY NEWSPAPER

Minister signs off on planning controls for future Gosford CBD

Government Architect report.

Minister rejects Mangrove Mountain landfill inquiry recommendation

Gosford city's revitalisation took another The NSW Minister for the Environment, Mayor Jane Smith said she was extremely major step forward on Wednesday, Danielle Upton, has failed to support a disappointed that the NSW Government October 10, with the release of the final recommendation for an independent did not appear to have taken on board inquiry to investigate the operation, many of the community's concerns, and

Council's concerns over new planning controls appear to have been ignored

regulation and approvals of the Mangrov only a few of Council's concerns, about its new planning controls for Gosford's CBD.

Urban Development Institute sees new planning controls as a clear set of rules

package of planning controls for the communities.

Protections included in Gosford

CBD DCP will not apply to State

Stormwater charges for rural properties may increase by 4,200 per cent

The state's leading development industry A proposal to apply stormwater charges The Community Environment Network body, the Urban Development Institute of to the owners of rural properties, based on (CEN) has reiterated its concerns about Australia NSW (UDIA NSW), welcomed the the size of their landholding, is expected what it considers to be signifi cant flaws in NSW Government's release of the finalised to be opposed by the Coast's rural the new planning controls for the Gosford

Many examples where major development controls were overruled

another blight of over-development in Gosford masquerading in renewal of Gosford. the words of the NSW Planning

Significant developments The Community Environment Network Council will investigate developing a local. The deadline for residents to have their controls included in the recently exhibited 2019- 20 operational budget. Gosford City Centre Development Control Plan (DCP) will not apply to State Signifi cant developments.

Local procurement policy being developed

(CEN) has argued that the protections and procurement policy to be adopted in the say about the Coast's first ever draft

Draft Affordable and Alternative Housing Strategy exhibition period extended

Affordable and Alternative Housing Strategy has been extended until the end of November.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related

Issue 151

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Chappie Pie China Time Theme Park land to be sold

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Key Iconic Site provisions will not be extended

Land at 1 Warren Rd, Warnervale, which A motion to extend the Key Iconic Site The deadline for residents to have their was to be the site for the Chappie Pie China provisions of the Wyong Local Environment say about the Coast's first ever draft Time Theme Park, will be sold by Central Plan 2013, was voted down by Central Affordable and Alternative Housing Coast Councillors.

Draft Affordable and Alternative Housing Strategy exhibition period extended

Strategy has been extended until the end of November.

Mannering Park-Chain Valley

bay shareu paulway premimary

investigation funded

Affordable Housing Strategy is not just for the homeless

Coast Council.

the creation of local 'slums'.

Two Central Coast Councillors have been The Social Justice Committee of St Mary Councillor, Jillian Hogan continued her asked to apologise to the local community MacKillop Catholic Church, Warnervale, campaign to have the 'Forgotten North' for stating that the Council's draft has welcomed the release of the Central become the 'Remembered North' with Affordable Housing Strategy could lead to Coast Council's Affordable and Alternative the success of her motion to have the Housing Strategy report.

International Panel on Climate Change Special Report is compelling evidence

The legal challenge by the Australian The Australian Coal Alliance has marked The NSW Government's announcement Coal Alliance (ACA) to the validity of the the International Panel on Climate Change that the Central Coast Regional approval to mine beneath the Central (IPCC) Special Report on the impact of Development Corporation has been Coast's major water supply district will be global warming of 1.5 degrees, as more merged with its Hunter counterpart, has heard by the Land and Environment Court compelling evidence that the Wallarah II been described as "another nail in the coal mine should not go ahead.

Merger of development corporations not welcomed by all

Mannering Park- Chain Valley Bay shared pathway initial investigation and design

coffin for a standalone Central Coast

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

Court date set for coal mine legal challenge

on November 12.

Rotary afternoon tea raises \$800

The Rotary Club of Woy Woy has raised more than \$800 for Australian Rotary Health through an afternoon tea.

"Our Lift the Lid for Mental Health afternoon tea was a big success," said club president Ms Jayne Mote.

"This year our guest speaker was Kathleen Watson from Kathleen's Creative Millinery.

"Kathleen gave an informative and light-hearted presentation into the fascinating world of millinery.

"Kathleen had with her a fantastic number of hats both vintage and the current trend for

"The fashionable colour this season is yellow.

"Many of our guests paraded

the hats and a lot of fun was had by all," Ms Mote said.

"We were delighted to have the assistance of Tamsin Caldwell who did a fantastic job helping display the hats, collecting and folding raffle tickets and anything else she was asked to do.

"Tamsin was one of our Rotary Youth Program of Enrichment Camp students this year," Ms Mote

"First place prize was a lovely red hat kindly donated by Kathleen and the winner was very pleased as she has a family wedding to attend in coming months," Ms Mote said.

SOURCE: Newsletter, 13 Oct 2018 Vic Deeble, Rotary Club of Woy Woy



Hat maker, Ms Kathleen Watson, with Woy Woy Rotary president, Ms Jayne Mote

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Umina Chiropractic Centre

Your chiropractors Pete Grieve, Prue Storey, Michael Grieve and Jason Prior Umina Chiropractic Centre, 428 Ocean Beach Rd, Umina 2257 - Ph: 4341 6247

With the changing of the season, from winter to spring, comes the inevitable introduction of daylight saving and the necessary adjustment of our sleeping patterns.

For some, there is rejoice at the extra hour of sunlight to go for walks on the beach or doing things around

For others, the change of hours is a major disruption to their internal body clock which leaves them feeling jet lagged for weeks, as they try to regain a good sleeping pattern.

Regardless of whether you find the change has little effect on you or a lot, getting good sleep is key to being healthy and happy.

We may sleep as much as one third of our lives.

It is good for body health and recovery, as well as brain and nervous system health.

It is an important time for

People who get a good sleep of around 7-8 hours per night are more likely to live longer and to have less disease.

There are four key tips to getting back to a good night's sleep, whether you are negatively affected by daylight savings or just experience poor sleep as a general rule.

Tip #1 Sunlight

Get as much sunlight in the morning as you can.

This helps to reset your body clock and help you feel refreshed in the

Open your curtains or blinds so that you can wake up as naturally as

Tip #2 Darkness

In the evening, and particularly while in bed, reduce the amount of artificial light as early as possible, so that your brain has time to prepare you for going to sleep.

Manmade lights, or any light for that matter, keeps our brain stimulated.

If you combine this with engagement in social media, this is a recipe for difficulty going to sleep

Tip #3 Exercise

If you are going to enjoy the daylight that you have saved, get

your body clock and get you into a good sleep cycle.

Go for a walk on the beach, do some stretches, try and do anything that gets your joints moving, just as long as it's not too late in the evening.

The later you leave your exercise, the harder it can be to wind down and go to sleep.

Tip #4 Good spinal care.

Having the right sleeping posture and good spinal health may also help your sleep.

usually best, as this helps keep you in a relaxed neutral spine position. If you are a stomach sleeper, this

Sleeping on your back or side is

means that your spine will be twisted for many hours, and your lower back

If you experience back pain, you may need a new mattress or pillow, or you may need to see a chiropractor.

Chiropractic care can help you to loosen up and be more comfortable while sleeping, and they can advise you on whether you have the right bed or pillow for your body type.



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Sedentary health issues on the rise, says chiropractor

An increase in injuries and health issues associated with a sedentary lifestyle and a decrease in physical injuries is the greatest change that a local chiropractor has seen in his 40-year career.

Dr Peter Grieve will celebrate 40 years of operating the Umina Chiropractic Centre with a "birthday week" from November 26-30

Dr Grieve said the area's health needs were completely different to what they once were.

"One of the most interesting



aspects of modern chiropractic care is the seeming inverse of the common issues that once resulted in

a visit to the chiropractor," Dr Grieve said.

According to Dr Grieve, his early years were dominated by cases of trauma-related injuries, often as a result of sporting accidents or intense manual labour.

"These days it's quite the opposite, with most of our patients presenting with injuries or health issues resulting from a sedentary lifestyle," Dr Grieve said

The biggest issues for adults living on the Peninsula included back and neck pain and conditions resulting from poor posture and low activity linked to deskbound jobs and other careers that promoted more sedentary habits.

For children and young people on the Peninsula, a condition known as "text neck", was becoming increasingly more common as technology and texting on hand-held davices were more prevalent in the

lives of children.

"Text neck is the result of poor posturing of the neck for extended periods of time as kids and young people indulge in long periods of screen time," Dr Grieve said.

"This causes the curvature of the neck to reverse and results in neck and joint pain which can manifest as many different symptoms such as dizziness, headaches and unsteadiness on one's feet," Dr Grieve said.

For the Peninsula's elderly residents, the most pressing issues are cases of sciatica and osteoarthritis, he said.

Dr Grieve said he first became interested in the profession after treatment from a local chiropractor cured enduring health problems resulting from a motor vehicle accident he was involved in as a teen

"I had recurring migraines and feelings of nausea after being involved in a pretty bad car crash," Dr Grieve said.

"They were a constant issue for me and it wasn't until a neighbour suggested I go see our local chiropractor that I was able to find relief." he said.

After getting his neck adjusted, Dr Grieve felt immediate relief and from then on he became fascinated with the human body and chiropractic care

That fascination grew into a career, with Dr Grieve opening his first practice in 1978 in the upper level of a small shop on West St, Umina.

For six years, Dr Grieve worked tirelessly to establish his small practice.

In 1984, he moved to a large cottage on Ocean Beach Rd, Umina, and bringing in three more chiropractors to service the Peninsula's booming population.

Dr Grieve's practice has remained on Ocean Beach Rd since then and Dr Grieve said he and his team of eight staff have continued to uphold the practice's vision of delivering the utmost in chiropractic care.

"Our vision statement here at the Centre is to care for you and your family and empower your health through chiropractic care," Dr Grieve said.

"I believe during our time in Umina we have achieved that.

"We pride ourselves on delivering the best practice we can and that shows through our clientele's continuous support," Dr Grieve said.

"We see every type of person on the Peninsula, from newborns who need system check-ups through to elderly people suffering from all the aches and pains of old age."

"We even have families who've had four generations come through our doors for care, my own included, as I welcomed my wife Cathy and my son Michael to the team," Dr Grieve

During his career, Dr Grieve said he had seen the modernisation of chiropractic care through the rise of specialised subfields within the industry.

To stay true to the Centre's vision statement, Dr Grieve said he had endeavoured to change his practice with the times to reflect best practice chiropractic care.

The Centre now has its own specialised chiropractors, with Dr Prue Storey in pregnancy and paediatric chiropractic care and Dr Michael Grieve in neurology and paediatric care.

"One of our other major focuses at the moment is supporting our elderly population by encouraging them to drop in for a check-up," Dr Grieve said.

"Falls are the biggest killer of people over the age of 60 so we are focusing on chiropractic treatments that improve balance," he added.

The Centre is now gearing up for a busy summer season but Dr Grieve said he would find the time to celebrate the anniversary with his team and patients.

SOURCE: Interview, 16 Oct 2018 Dr Peter Grieve, Umina Chiropractic Centre Reporter, Dilon Luke

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*ANROS Horizons 1 (2015)



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Health

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New jetski for life saving club

Umina Beach Surf Life Saving Club will buy a new jetski after receiving a grant from the Community Building Partnerships program.

Member for Gosford Ms Liesl Tesch said she was pleased to see the new ski put to life-saving use.

"The delivery of the new jetski is perfect timing for summer and is a fantastic addition to our surf-life saving season," Ms Tesch said.

"The new ski will allow our community and tourists to be safe at the beach this summer, and with more resources for our life guards it will make our beaches safer for us all," she said.

This is an example of just one of the projects funded under Community Building Partnerships which granted \$300,000 to community groups in the Gosford electorate at the discretion of the sitting Member.

Ms Tesch said the community had more to look forward to as part

of the 2018 Community Building Partnerships Program.

"This is just one of the many community organisations we will be awarding in the coming weeks and the safety of the community and helping our community thrive is at the forefront of my decision making when allocating these funds," she said.

She said she hoped the new jet ski would give the community extra assurance that they would be kept safe this season.

"Umina Beach Surf Life Saving Club has been keeping our community safe year-in and year-out and is a well-deserving applicant for this jet ski and will make sure locals and visitors alike can get out and about this summer to take advantage of our great local lifestyle."

SOURCE: Media release, 18 Oct 2018 Richard Mehrtens, Office of Liesl Tesch MP

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Education



A workshop focusing on early childhood education through play is coming to Woy Woy

Students discuss cyber-bullying

Stage 3 students from **Empire Bay Public School** participated in a cyberbullying education session prior to the October school holidays.

"There was some great brainstorming and discussion about what cyber-bullying is, the impact it has and how to deal with it," said principal Ms Simone Champion.

According to Ms Champion, a particular focus of the session was on their families' awareness of their online activities.

"The students were reminded that they are too young to be using social media platforms and 19 per cent of Stage 3 students believed their families actually know about what they do online.

"Prior to the holidays, we encouraged students to limit their online time and to get outside and

"They were challenged to show their teachers evidence of something they have created over the holidays and we are looking forward to seeing their creations as we settle into the new term," Ms Champion said.

> SOURCE: Social media, 15 Oct 2018 Simone Champion, Empire **Bay Public School**

Early childhood consultant offers workshop

A Woy Woy early childhood development consultancy will offer a workshop at the **Everglades Country Club** on November 12.about how child's play can be used to help promote learning.

The workshop "Magic Moments: the Pedagogy of Play" run by Engaging Curriculum Solutions is designed for early childhood educators and service providers.

However, consultant Ms Kate Hodgekiss said the workshop was suitable for anybody interested in unpacking the links between early childhood learning and children's

"We understand the needs of the sector and we aim to help services and educators achieve their professional goals by providing the sector with the latest information and best practice methodology through our workshops," Hodgekiss said.

"We also, recognise the importance of the formative years to children's overall development and aim to empower early

childhood educators to recognise the significance of their role," she

The workshop will cover: Play as pedagogy and how to identify key moments in children's play; Sustaining children's interests and engagement in planned play experiences; Themes vs projects, knowing how to make learning intentional and meaningful; Process over product, the importance of the processes of play; and promoting learning through play to families and communities.

Tickets are essential and can be booked through Engaging Curriculum Solutions.

SOURCE: Media release, 15 Oct 2018 Kate Hodgekiss, Engaging **Curriculum Solutions**

Headstart starts on Thursday

Public School's Ettalong kindergarten orientation program, Headstart, starts this Thursday, October 25.

School principal Ms Lynn Balfour said parents should enrol their children at the school office if they had not already done so.

They should then take their children to the silver seats outside the kindergarten rooms where their names will be marked off their name tags will be given out.

"We are looking forward to meeting both the children and the parents for some fun learning activities and parent workshops,

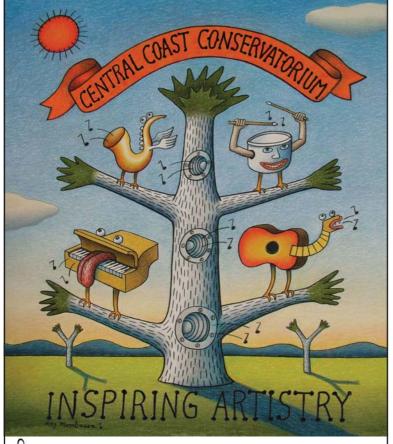
Ms Balfour said.

Speakers at the parents' information session in the library will include principal Ms Balfour, assistant principal Ms Anne Smith and community liaison officer Ms Corinne Meti.

The panel will answer any questions regarding school and the school community.

Representatives from YMCA Before and After Care and Busways will also be on hand to discuss their services.

SOURCE: Newsletter, 16 Oct 2018 Lynn Balfour, Ettalong Public School



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Hotel in running for award

A Woy Woy hotel has been entered in the Australian Hotel Association's NSW Awards for Excellence.

The Bayview Hotel was announced as a finalist on October 16, in the category of Best Traditional Hotel Bar Country and is in the running to be crowned one of the best regional venues in the state.

The awards are made across a variety of segments including accommodation, dining, entertainment, marketing, social media, community service and talented employees.

The winners will be announced at a special presentation evening at the Star Event Centre in Pyrmont on November 20.

> SOURCE: Media release, 16 Oct 2018 Scott Leach, Australian **Hotels Association**

Free parenting sessions at community centre

Free parent information sessions are being held at Peninsula Community Centre in Woy Woy to help parents of teenagers gain a better awareness of their child's mental health.

Evolution Youth Service will work with Headspace Gosford to run two sessions on Wednesday, October 24, at 10am and 7pm.

The workshop is part of Coast

Community Connections' parent information series Growing Healthy

The series aims to provide parents with strategies and information about how to better communicate with their teenagers, including an open forum to ask questions and hear from other parent's experiences.

Coast Community Connections chief Mr Bruce Davis said: "A vital part of talking to young people about mental health is helping them to develop an awareness of how they can express their feelings.

"As parents, we need to better understand the emotional motivations behind their actions, as this is the key to better understanding their mental health and wellbeing.

"These sessions offer a great opportunity for parents to hear from others and discuss similar issues they may have when it comes to communicating with teens, including how to overcome certain situations and identifying mental health symptoms."

The two parenting sessions are free to attend but bookings are recommended as space is limited and can be made through Coast Community Connections.

> SOURCE: Media release, 15 Oct 2018 Allison Orren, Brilliant Logic

Parents asked to provide information now

Umina Beach Public School has asked parents and carers who wish to provide about their information children's needs for 2019 to contact the school before November 23.

"If you have information you would like the staff to consider when forming classes for 2019, it must be provided in writing before November 23, as next year's classes are formed after this time,"

said principal Ms Lyn Davis.

"Please do not assume that previous correspondence or verbal requests will be recalled.

"No information received after this date (including early next year) will be taken into account when forming classes unless there have been exceptional circumstances.

"Teachers need to make decisions on the basis of the information available and parents are asked to provide that information now.

"Providing staff with information after classes are formed is too late.

"Your reasons must be academic or social.

"For example: 'My child and her cousin play together all the time before and after school and weekends and need to be kept apart at school in the classroom so learning can be the focus and they learn to socialise with other

"Teachers will take on board whenever information

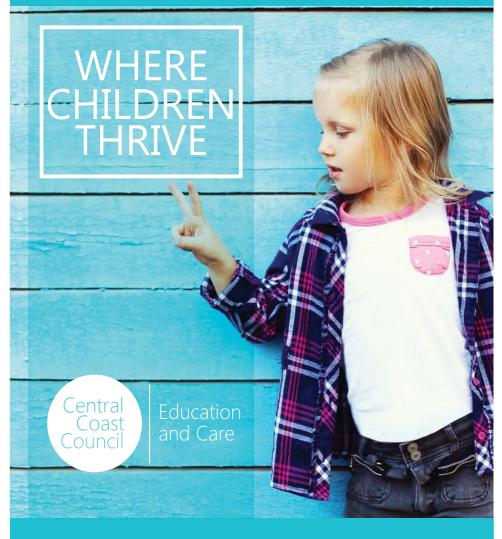
possible and match it with their professional judgement when forming classes.

"However, there are many pieces of information to consider along with your information which may mean your wishes cannot always be accommodated.

"I need to stress that providing information after classes are formed is too late," Ms Davis said.

SOURCE: Newsletter, 16 Oct 2018 Lyn Davis, Umina Beach **Public School**

Limited spaces available for 2019 - enrol today! Kanwal, Kariong, Niagara Park, Northlakes, Terrigal, Toukley, Umina and Wyong



Enrol now or organise a tour of your local centre by calling 4350 5181 or filling in the enquiry form at centralcoast.nsw.gov.au/childcare



Central Coast Australia Day Awards 2019

The Australia Day Awards are your chance to acknowledge the achievements and actions of community members on the Central Coast.

The awards span eight categories:

- Citizen of the Year
- Arts, Culture and Entertainment
- Business Connecting Communities
- Community Service and Activity
- Sportsperson of the Year Volunteer of the Year

Environmental

- Youth of the Year

Central Coast Council

For further information or to nominate go to: centralcoast.nsw.gov.au/australiadayawards Refer to the website for nomination eligibility criteria.

Nominations open Monday 17 September and close Friday 2 November 2018.

Education





Market day continued success

The third Bouddi Kids Create Markets were held at Killcare Surf Life Saving Club on October 7.

Event organiser Ms Anna Trigg said "It was another fantastic market day at Killcare and, even though the weather was a little drizzly, there were smiling faces all around.".

"It was a smaller market with around 11 stalls as many local families were away for the school holidays, but it was still full of new products, performances and this time a BullsEye Nerf Gun Shoot Out which was a real hit," Ms Trigg

"The kids raised over \$100 toward their Community Fund, much of which will be going toward the Permaculture Course for Kids program which begins on October 29 in Killcare and will run on Mondays.

"Our next market is planned for December and will likely be a twilight market with both adults and kid's stalls, an opportunity to pick up unique handmade Christmas gifts and support local creators," Ms Trigg said.

> Social media, 9 Oct 2018 Anna Trigg, Community **Connect Killcare**



Preschool rating was 'excellent'

Woy Woy Public School's achieved a rating of Exceeding Guliyali Preschool has received an excellent rating from the national early childhood standards watchdog, the Australian Children's Education and Care Quality Authority, according to principal Ms Ona Buckley.

"With excitement, we would like to inform our families that Guliyali Preschool achieved an overall rating of Exceeding on the Authority's National Quality Standard Review and

in each of the standards and elements," she said.

"This is a truly wonderful result which is suitable reflective of the dedication of our team, the support and input our families and community members have at our preschool and the participation of our children as active citizens and learners in their environment to drive our program.

"This is an incredible achievement for our entire school."

SOURCE: Social media, 15 Oct 2018 Ona Buckley, Woy Woy **Public School**

Cultural continuum excursion

hosted a Cultural Continuum Excursion for indigenous students from Peninsula public schools.

Umina Beach Public School sent its indigenous kindergarten students along to enjoy the day.

"They joined with other aboriginal children and parents

Ettalong Public School has from schools in the local area to share their culture and make new friends.

> "Our students sang, danced, listened to stories, made craft and traditional paintings.'

SOURCE: Newsletter, 16 Oct 2018 Lyn Davis, Umina Beach **Public School**



HOTEL



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Uniting church plans fashion parade and arts day

Peninsula Uniting Church members will host a fashion parade and arts day over the coming weeks.

The first event will be a summer fashion parade and afternoon tea from 1:30pm in the Ettalong Uniting Church Hall on October 31.

Following the parade an afternoon tea will be served.

The Spring Arts Happening

even

Taking place from 10am in the Umina Uniting Church on November 10, Spring Arts Happening will feature market stalls, drumballa, a barbecue and a pre-loved garments fashion parade.

SOURCE: Media release, 17 Oct 2018 Annette Strong, Ettalong Uniting Church



Jeannie Lewis to perform at folk club

way for grandparents

Parents have been asked to fit all of the grandparents in so we

Parents asked to make

make way for grandparents of students from Kindergarten to Year 2 at Umina Beach Public School, who have been invited to attend the school's Grandparents Day on November 22.

"This is a special day for grandparents," said principal Ms Lyn Davis.

"There will be a short assembly in the hall before grandparents may visit classrooms followed by a picnic lunch.

"Our hall is barely big enough to

fit all of the grandparents in so we are asking parents not to take up seats in the hall.

"Last year we had grandparents outside the hall who could not get a seat while parents and toddlers were occupying seats.

"Any performances will be repeated at Presentation Days at the end of the year, so let's work together to make it special for grandparents and grandchildren," Ms Dayis said.

SOURCE: Newsletter, 16 Oct 2018 Lyn Davis, Umina Beach Public School Singer Jeannie Lewis will perform at The Troubadour Folk Club on Saturday, October 27.

She will be accompanied by Empire Bay guitarist Greg Olsen.

Together the pair are expected to treat the folk club to an intimate acoustic concert at St Luke's Church Hall, Woy Woy, according to Folk Club president, Mr Michael Fine.

"Jeannie Lewis is one of those rare artists, a creative adventurer who takes risks in order to achieve excellence," he said.

"In many ways Jeannie first made her name as folk singer

in the folk revival of the 60's and will be returning to her roots with a number of songs in this very special program," Mr Fine said.

"Her recorded work includes film and television sound tracks, as well as a number of fabulous albums.

"Her stage performances include Hair, The Threepenny Opera, and the successful Piaf The Songs and the Story, performed for many months in the Sydney Opera House and across Australia in the 90's," Mr Fine said.

Mr Olsen's first encounter with Ms Lewis was as a 17-year-old when he was in the audience for Free Fall Through Featherless Flight.

"It was right there and then that I decided that, someday, I'd perform with Jeannie," Mr Olsen said.

Thirty years later the pair teamed up for their first in a series of performances that launched Ms Lewis' album Surf 'n'The City.

"Since then, Greg, an accomplished guitar teacher, composer, performer and apprentice poet, has accompanied Jeannie on special occasions," said Mr Fine.

The concert commences from 7pm and tickets are essential.

SOURCE: Media release, 12 Oct 2018 Michael Fine, The Troubadour





Hosted by Ettalong 50+ Leisure and Learning Centre, Bazaar by the Sea features an array of market stalls and lots more!

- Market stalls artworks, handicrafts, raffles, trash and treasure
- Information stalls
- Live entertainment
- Sausage sizzle and more!

This event is supporting Australian rural communities impacted by the drought by raising funds for the charity, Aussie Helpers.

Saturday 27 October 2018, 9am - 1pm

Ettalong 50+ Leisure and Learning Centre, Cnr Broken Bay Rd and Karingi St, Ettalong Beach

For more information, contact **4325 8222** or visit **centralcoast.gov.nsw.au**

Philharmonia farewells musical director at Woy Woy

Central Coast Philharmonia will celebrate the leadership and achievements of its outgoing musical director, Mr Phillip Rees, with a concert at St John the Baptist Church, Woy Woy, in November.

The concert will feature the compositions of composer Franz Joseph Haydn.

"The beautiful sacred space of St John the Baptist Church is the ideal location for Haydn's majestic choral-orchestral work and for the final concert of our much-loved musical director, Philip Rees, who is leaving us after 35 years of music," said Philharmonia presiden, Mr Duncan Waight.

Franz Joseph Haydn wrote Missa in Angustiis, more commonly

Central Coast Philharmonia known as Mass in Time of Distress will celebrate the leadership or Lord Nelson Mass, in 1798.

"The work is notable for its sparkling vitality, surprising to some given the title of the piece, its demanding soprano solo part and the unusual (for its time) integration of the solo and ensemble passages," said Mr Waight.

"The Philharmonia has pulled out all stops for this occasion, with perhaps our largest chorus in recent years, as well as a professional orchestra and four outstanding soloists in Livia Brash, Amanda Hutton, Branko Lovrinov and Alex Sefton.

The free concert will held from 7:30pm on November 10.

SOURCE: Social media, 17 Oct 2018 Duncan Waight, Central Coast Philharmonia

Pottery resumes with repair of kiln

Ettalong Beach Arts and Crafts Centre has resumed pottery classes after repairs were made to its glazing kiln.

The Centre's pottery classes had recently been unavailable with the kiln in urgent need of repairs.

Centre president Ms Gwynneth Weir said: "The repairs have been made to the glazing kiln and hopefully all the associated dramas are behind us.

"We are reliably informed that both of our kilns are now in

excellent working order.

"A significant improvement in the firing times has been seen so it's all looking good now," Ms Weir said.

The Centre hopes to display some of its pottery creations at its upcoming major exhibition and fundraiser sale on November 3 and 4 at the Peninsula Community Centre.

SOURCE: Newsletter, 14 Oct 2018 Gwynneth Weir, Ettalong Beach Arts and Crafts Centre





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LAWRENCE MOONEY AN EVENING WITH MALCOLM

FRIDAY 2 NOVEMBER

Malcolm is out and now he's trying to get his own tonight show off the ground! Lawrence Mooney's late show style cabaret is a satirical take on the state of Australian politics.



Joy Park presents a grant award to dancer Shana O'Brien from Umina

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Foundation holds awards day

The Bouddi Foundation held its awards day at Wagstaffe Hall on October 13 presenting 17 grants to the winners announced last month.

Among the young artists to share the \$21,000 prize were Umina dancer Shana O'Brien, Empire Bay singer-songwriter Maddy Bell and Pretty Beach folk and bluegrass fiddler Naomi Jones.

Among those attending were ABC presenter Ms Annabel Crabb, local artist Peter Goodwin and Federal Member for Robertson Ms Lucy Wicks.

Master of ceremonies was actor Graeme Blundell.

The Foundation's president, Mr John Bell, said there was an

enormous depth of talent among young artists on the Central Coast.

"This year we received a record number of applications and the standard was exceptionally high.

"They are an extraordinary bunch, with enormous skill, dedication and ability to accept the hard work that goes along with the very demanding artistic disciplines they have taken on," Mr Bell said.

Following the presentation Mr Blundell and Ms Crabb entertained audiences with an interview, where Mr Blundell pressed Ms Crabb for insights into the Australian political climate.

SOURCE: Media release, 17 Oct 2018 Joy Park, Bouddi Foundation for the Arts



FRIDAY 2ND NOVEMBER



FRIDAY 4TH NOVEMBER



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*\$3,986, NOW fr. \$3,380, departing monthly from now to Nov. 2019 (except for Dec. & Jan.), including many highlights in Vietnam and Cambodia

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*\$5,180, NOW fr \$4,480, departing 19/07 & 13/09/2019 on a 4 star deluxe cruise ship from St. Petersburg to Moscow (including airfare).

11 Day China Harbin Ice Festival Tour (Special)

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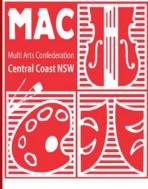
*\$5,580, NOW fr. \$5,080, departing 06/03, 08/05, 03/09 & 06/11/19, including many must-see highlights in India and Sri Lanka. (14 day Sri Lanka only: \$3,980)

15 Day China Shangri-la Tour (Special)

*\$3,490, NOW \$2,990, departing 17/05/19, including Kunming, Shangrila, Lijiang, Dali, Jianshui, Yuanyang, Pu'er and Xishuangbanna.



Pearls on the Beach owner and head chef, Mr Scott Fox



MAC'S DAVO ARTS EXPO

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Central Coast Multi Arts Confederation

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Restaurant wins fourth chef's hat

A Pearl Beach restaurant has been awarded a Chef's Hat in the 2019 Good Food Guide for the fourth year running.

Pearls on the Beach proprietors Scott and Melissa Fox received the Hat at the Good Food Guide Awards held on October 8.

"We're the only hatted restaurant on the Central Coast and we're really proud to be recognised as one of the best restaurants in the country for the fourth time," Mr Fox said.

Mr Fox describes Pearls as a contemporary Australian restaurant with an international menu, nestled right on the sand of Pearl Beach.

He attributes Pearls' success to

his and his wife's understanding of what makes a good dining experience, their expert team and a refusal to pigeonhole Pearls into any one box.

"Melissa and I moved to the Coast after growing tired of living in Sydney," Mr Fox said.

"We wanted a sea change and there were no doubts about moving to the Coast," Mr Fox said.

The Foxs' have been running Pearls ever since and celebrated 16 years as owner-operators back in June.

"Melissa and I are both country kids.

"We grew up knowing that food tastes better when you pick it out of the ground, not off a shelf, and I think that's always been reflected in our menu," Mr Fox said.

Unlike others, their menu is not fixed and instead changes, sometimes weekly, depending on the quality of produce that season.

"We try to build our menu around the best and freshest produce on the market.

"We don't do signature dishes and instead focus on putting out food that inspires us and I think that gives us an edge over other restaurants on the Coast.

"We like to keep our menu open and that helps us appeal to more diners."

> SOURCE: Interview, 17 Oct 2018 Scott Fox, Pearls on the Beach Reporter, Dilon Luke

- ADVERTISEMENT

You are invited to Travel Managers' Travel Expo and Fun Day at Ettalong Bowling Club on Saturday 27th October from 10-3pm.

Travel Mangers, Robyn Simmonds will be hosting the Peninsula's 2nd Annual Travel Expo featuring a variety of exhibits.

Entry is Free and you will be able to meet and discuss your travel plans not only with Robyn but with her destination specialists, Eastern Eurotours, India Travel Specialist, Back Roads Touring just to name just a few. Register your details to go into the draw for lucky door prizes which will include travel vouchers and travel gifts. You can test your knowledge with a game of travel trivia for a chance to win luggage. Star FM will be there doing games & giveaways and local troubadour Ben Woodham will entertain the crowd with some travel songs. For those who love to try different



cuisines Harry & Jason, owners of Harry's Chinese restaurant will be doing a cooking display at 10.30am. You can learn how to make Harry's famous dim sims and take home the recipe.

Robyn Simmonds, who has been in the industry for 24 years, said the advantages of being a Mobile Travel Agent allows her to provide personal service to clients when they need her, whether that was 8am or even 2am. On the success of last year's

Expo Robyn is excited to host this event again and is looking forward to talking all things travel with visitors on the day.

Robyn is a specialist in all aspect of travel from; cruising, flights & accommodation packages, adventure trekking, coach holidays, family holidays, coaching holidays, private groups, leisure or business. Whether you're travelling for work or pleasure she will create a personal travel itinerary that is tailor-made to your specific needs.



Travel Expo and Fun Day

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Climate change policy not due before February

The exhibition of Central Coast Council's draft climate change policy has been delayed until February.

The policy has been expected to be on exhibition for public comment for several months, based on previous information from Central Coast Council.

Central Coast Council mayor Cr Jane Smith said the number of items currently on exhibition had resulted in "overload for the community and staff".

She said she and Council staff had determined that February would be "a much better time to place the policy on exhibition".

SOURCE: Interview, 9 Oct 2018 Jane Smith, Central Coast Council Reporter: Jackie Pearson



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Volunteer thanked by Tesch

Member for Gosford, Ms Liesl Tesch, has thanked a Umina volunteer for her efforts to improve the Umina area by beautifying the suburb's streetscapes.

"Recently I had the privilege of recognising a compassionate and humble member of our community, Rachel Hyde," Ms Tesch said.

"Rachel goes above and beyond to make the lovely streetscape around Umina Beach look spotless and attractive for our businesses, residents and tourists to enjoy.

"Not only this but, if you're in need of assistance, Rachel will be the first to offer her help with her charismatic personality and her warm nature.

"It's usually a thankless job and I was more than happy, with the business community of Umina, to formally thank her for her service," Ms Tesch said.

SOURCE: Social media, 12 Oct 2018 Liesl Tesch, Member for Gosford

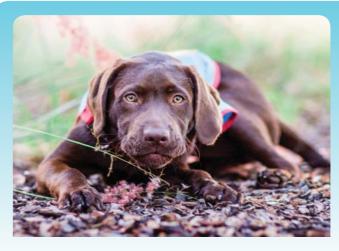






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Council allows restaurant seating to double

Seating at a restaurant in West St, Umina, will be increased from 50 to 100 following Council approval of an application for alterations.

developer received Council consent for the proposed alterations on August 30 and the construction certificate to allow work to commence was granted on October 9

The licensed restaurant at 227 to 231 West St, Umina, has been operating since 2015 on its 453 square metre site and is located on land zoned B2 Local Centre.

The site is located on the northern side of West St.

The nearest intersecting streets near the subject site is Trafalgar Ave to the west and Morris St to the east

The site is adjoined by mixed small businesses and retail along West St and a mixed density residential development to the rear of the site

The site contains a single storey brick building with shopfront and a vacant area to the rear.

The restaurant is the largest of

two tenancies currently operating on the land located.

proposal included The additional external seating in the rear courtyard and new internal seating arrangements.

Overall, there will be internal seating for 60 persons and external seating for 40 persons.

The restaurant currently employs four full time, two part time and nine casual workers.

"As part of the proposal there will be the requirement for an additional three parttime employees," according to a Council staff assessment report, which recommended approval of the project.

Trading hours will be Monday to Saturday 7am to 10pm and Sundays 7am to 8pm.

The project includes the installation of an acoustic screen along the northern and western boundaries for noise control.

"The closest sensitive receptor is a residential dwelling directly behind the premises at 1 Leslie St," the Council assessment said.

"A Noise Impact Assessment

Report was submitted with the application and reviewed by Council's environmental health team," it said.

"Council's environmental health officer is generally satisfied with the content and results of the noise impact assessment.

"The report concluded that predicted internal noise levels were compliant but external noise levels in the back courtyard were not compliant with noise criteria."

Proposed recommended to mitigate the noise level included the installation of an impervious barrier on the back fence.

"Amended plans have been received that include the erection of two screens along the northern and western boundary in accordance with the recommendations of the

"The proposed height of the screens will be 2.4m consistent with the existing screen along the rear (northern) boundary."

SOURCE: DA54484/2018, 17 Oct 2018 Gosford DA Tracker, **Central Coast Council**



Tennis court and bowling green named at Pearl Beach

The Pearl Beach Tennis and **Bowls Recreation Club has** announced the naming of a tennis court and a bowling green.

President Mr Paul Blinkhorn told the annual meeting on October 14 that they would be named the Brian Worrall Court and the Robert Lillico Green.

"Since the club's inception in 1980 it has been fortunate to have had just three presidents in the first 30 years," said publicity officer Ms Lynne Lillico.

"The first two of these presidents

have already been honoured with the naming of the Ruth and David Ridges Court and the Keith Lego Pavilion.

"The naming of the Brian Worrall Court was in honour of another past president," Ms Lillico said.

"Brian served as president for 10 years and achieved much for the club during that time," she said.

Mr Worrall was attendance at the meeting with his wife and children.

"Brian responded by giving an insightful and emotional speech about his 70 years of living in and loving Pearl Beach," Ms Lillico

Mr Blinkhorn also announced the club's new bowling green would be named after Mr Robert Lillico, in recognition of the Lillicos' enduring contributions to the community of Pearl Beach.

"It had been advertised that the opening and naming of the newlyrefurbished bowling green would be on site.

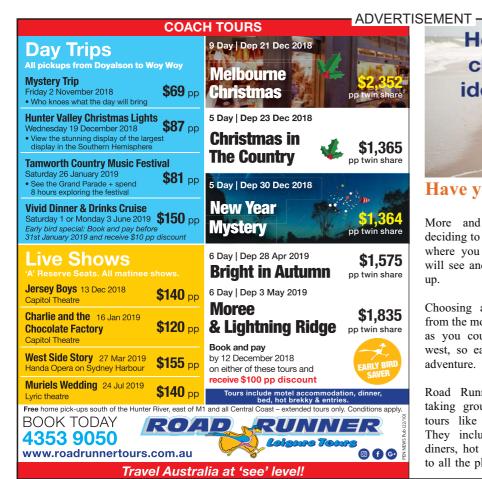
"However, the weather prevented this and we are delighted to announce that the facility will now be known as the Robert Lillico Green," Mr Blinkhorn said.

"Many of you already know what a terrific contribution Robert and Lynne make to the Pearl Beach community.

"Robert has been instrumental in kick starting successful bowling programs for both men and women and his drive and determination were important factors in the decision to undertake the refurbishing project," Mr Blinkhorn

SOURCE: Media release, 17 Oct 2018 Lynne Lillico, Pearl Beach Tennis and Bowls Recreation Club

⋘K90CER∂





More and more travellers are deciding to choose a Mystery Tour, where you don't know what you will see and where you might end

Choosing a Mystery Tour starts from the moment you are picked up as you could go north, south or west, so each day will be a new adventure.

Road Runner Tours have been taking groups on Mystery coach tours like this for many years. They include the morning teas, diners, hot breakky and entry fees to all the places you visit and with Phone: **02 4353 9050**

life. Road Runner Tours say the feedback they receive from these trips is always that they had a great time and that might be why many of the same passengers keep coming back on these trips. There are two Mystery Trips in the

heaps of fun along the way. They

also attract a group of fun loving

travellers just out there enjoying

latest Road Runner Tours travel brochure, so log onto their website or contact their office to find out

www.roadrunnertours.com.au

brother. Canon EPSON



Cartridges.PlanetArk.org or call 1800 24 24 73

A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT THREE WEEKS ON THE CENTRAL COAST

MONDAY, OCT 22

Muscle Sistas - Introduction to Nutrition and Weight Training, Pinnacle performance and Nutrition, Free 10am - 11am

The Peninsula Villages Annual General Meeting, 91 Pozieres Avenue Umina Beach, 10am

Parker's Birthday Storytime, Kibble Park, 22 - 1/11, Free, 10:30am - 11:30am

Art on the Peninsula, Woy Woy Library, Bookings required, 1pm - 4pm

TUESDAY, OCT 23



Free Green Living Workshop, Erina Library, Bookings essential, Keeping Backyard Chickens, 9 - 11:30am 4350 8175

Beeswax Eco Wraps and Sustainable Food Workshop, Erina Library, Bookings required, 12pm - 2:30pm

Keeping Backyard Chickens Workshop, Erina Library, Bookings required, 9am - 1130am

Overcoming Fear with Meditation, Toukley Library, Bookings required, 1pm -2:30pm

WRCoC October Dinner Event, Wyong Golf Club, Ticketed, 6pm - 8pm

WEDNESDAY, OCT 24



Eireborne, The Art House Wyong, 24 - 25/10, Ticketed, 8pm

Free Green Living
Workshop,
Buttonderry Waste
Management Facility,
Bookings essential,
Composting and Worm
Farming, 9 - 11:30am,
No Waste and Chemical
Free Household,
12 - 2:30pm, 4350 8175

The Professor's Mad Monday' LIVE in the Parkview Room, Central Coast Leagues Club, Ticketed, 7:30pm

Free Parent Information
Sessions For Teen Mental
Health Awareness,
Peninsula Community Centre,
Bookings essential,
10am or 7pm

One Less God, Screening and Q&A, Avoca Beach Picture Theatre, 24/10, 26/10, 29/10, 18/11, Ticketed

Eireborne: The Rebirth of Irish Dance, The Art House Wyong, 24 - 25/10, Ticketed,

8pm

FRIDAY, OCT 26



ChromeFest: a tribute to Classic American Autos, Hot Rods and Rock & Roll, Memorial Park The Entrance, Free 26/10 - 28/10

Car Boot Sale, Toukley Presbyterian Church, 8:30am - 1pm

> Woy Woy FC Seniors Presentation Night, Everglades Country Club Woy Woy, 6pm

Charity Theatre Night, Peninsula Theatre Woy Woy, Ticketed, 7pm, 0412 133 700 gordon.crawford@bigpond.com

SATURDAY, OCT 27

Central Coast Mariners v Melbourne City, Central Coast Stadium, Ticketed, 4:35pm

Treat Trail In Gosford City, Free, Treat trail 11am - 12pm, monster disco 12pm - 2pm



Official opening of San Remo BMX Facility, 2 Highview Ave San Remo, 10:30am 'come and try' day 11am - 1pm



Peninsula 2nd Annual Travel Expo and fun day, Ettalong Bowling Club, 10am - 3pm, Robyn Simmonds 0419 436 803 or

travelmanagers.com.au/Robyn-Simmonds

Spring Fair and Open Day, Lakes Anglican Grammar school, 10am - 2:30pm

Bazaar by the Sea: Open Day and Markets, Ettalong 50+ Leisure and Learning Centre, Free 9am - 1pm 4325 8222

Mac's Davo Arts Expo,
Davistown Community
Hall, Gold coin entry,
27/10, 2pm - 5pm,
28/10, 10am - 4pm
To express interest email

Free Waterwatch Training
- Cockrone Lagoon,
MacMasters Beach,
Bookings required,
10am-1pm

maccentralcoast@gmail.com

ABBA-solutely Fabulous, The Art House Wyong, Ticketed, 8pm

Permaculture Design Systems, Australian Rainforest Sanctuary

Jeannie Lewis with Greg Olsen Concert, St Lukes Hall Woy Woy, Ticketed, 7pm

Meet The Transylvanians Live Show, Everglades Country Club, Ticketed, 7:30pm

SUNDAY, OCT 28



The Led Zeppelin
Experience: Hammer of
the Gods Tour,
The Ettalong Diggers,
Ticketed, 7pm
4343 0111

Joy.Allan@ettalongdiggers.com

Avoca Beachside Markets,
Heazlett Park Avoca Beach,

Free, 9am - 2pm

All you can eat Buffet, Club Umina, 5:30pm -8:30pm, 4343 9999

Markets, Mangrove Mountain Hall, Free, 8am - 2pm

The 5 Lands Experience featuring Ben Connor, The Rhythm Hut, Ticketed, 5pm



In the Name of Confucius: Documentary screening, Avoca beach picture theatre, Ticketed, 7pm, 4382 1777

MONDAY, OCT 29

The Con Artists & 10 Piece Big Band, Central Coast Leagues Club Scenic Lounge, Ticketed, 7:30pm



The Gruffalo's Child, The Art House Wyong, Ticketed, 29/10 - 6PM, 30/10 - 10AM & 1PM

WEDNESDAY, OCT 31

Poetry Writing Competition, Central Coast Library Service, Enter online or at your

local library, Entries close 31/10 - 5pm

Start House Pitch Night, Nexus Smart Hub North Wyong, Ticketed, 6pm - 9pm



The Halloween Party, Ocean Beach Hotel Umina,

7pm - 12pm 02 4341 2322 stuart.beazley@alhgroup. com.au

Halloween Spooktacular, The Wyong Milk Factory, Ticketed, 4pm

Fashion Parade, Ettalong Uniting church hall, 1:30pm

> A Night in Havana, Reviver Gosford, Ticketed, 6:30pm

Free Halloween event with

a spooky grandparents and grandkids disco, Watanobbi Community Centre, Bookings essential, 3:30pm - 6:30pm

THURSDAY, NOV 1

20x20 Art Exhibition Fundraiser, Gosford Hospital public gallery, 1/11 - 7/12

FRIDAY, NOV 2



Lawrence Mooney, The Art House Wyong, Ticketed, 8pm 4335 1485

The Aussie Night Markets, The Entertainment Grounds Gosford, Free 5pm

Central Coast Australia Day Awards, Nominations close 2/11

SATURDAY, NOV 3

The Cottage Twilight Market, Henry Kendall Cottage & Historical Museum, Free. 4 - 8pm

Masonic Lodge Open Day, The Gosford & Wyong Masonic Centre, 9am - 3pm

> Christmas Fair, Wyong Anglican, Free 8:30am - 2:30pm

Terrigal Love Our Lagoon:

Introduction to principals of bush care, Central Coast Marine Discovery Centre, Terrigal Scout Hall, Ticketed, 9:30am - 12:30pm, 43494756

karen.oneill@cen.org.au

Community Open Day, Doyalson Wyee RSL club, Free, 10am - 1pm, Contact Urbis Engagement on 1800 244 863

A D

or engagaemnt@urbis.com.au

Christian Concert, Camp Breakaway, Highview Ave San Remo, Free, 3:30pm 0407 088 299

17th Annual Patonga Blues across the bay, Broken Bay Sport and Recreation Centre, Ticketed

Peter Tassell - Landscape Painting Workshop, Federation Art Gallery, Ticketed, 9:30am - 1pm

Ettalong Beach Arts & Crafts Centre Annual Exhibition and sale, Free 3/11 - 4/11

Hawksley Workman: Two-time JUNO Award-winner, Hardys bay club, Ticketed, 8pm

Frenchy: Australian tour, Club Toukley RSL, Ticketed, 7:30pm

SUNDAY, NOV 4



Nathan Cavaleri, The Rhythm Hut, Ticketed, 6:30pm

Jubila Singers presents:free concert, St John Catholic Church Woy Woy, 2:30pm

TUESDAY, NOV 6

Melbourne Cup Buffet Luncheon, Club Umina, Ticketed 10am, 4343 9999

Melbourne Cup Picnic Race

Day, The Entertainment Grounds, Ticketed, 11am

Melbourne Cup Day, Woy Woy Bowling Club, Ticketed, 11am

Melbourne Cup Luncheon Day, Everglades Country Club, Ticketed, 10.30am Melbourne Cup Golf Day, Ticketed, 7:30am

Melbourne Cup Lunch, Reviver Gosford, Ticketed, 1pm

Melbourne Cup Luncheon, Wyong Race Club, Ticketed, 10:30am

Melbourne cup day, Woy woy leagues, Ticketed, 12pm

WEDNESDAY, NOV 7

Central Coast Saving Life 2019 forum, Splash Café & Restaurant Terrigal, RSVP, 8 - 9am

THURSDAY, NOV 8

Annual General Meeting, Mingaletta Umina Beach, 6pm

General Meeting Notice, Point Clare community hall, 7:30pm

Park Feast Food Truck Festival, Gosford Waterfront, 8 - 9/11, Free 4pm - 10pm

FRIDAY, NOV 9

Shannon Noll Unbroken Tour, Mingara Recreation Club, Ticketed, 8pm

LAKES FESTIVAL

The Lakes Festival, Multiple locations, 9/11 - 18/11, 9am - 10pm centralcoast.nsw.gov.au/thelakesfestival

SATURDAY, NOV 10

Family Fun Day, The Entertainment Grounds, 10am - 4pm

Comfort Fund Dance, East Gosford Progress Hall, Ticketed, 7:30pm - 11pm, Dance lessons each friday, Kariong progress hall, Ticketed, 7:30pm - 10pm

Spring Arts Happening, Umina Uniting Church, 10am - 4pm

SUNDAY, NOV 11

Central Coast Philharmonia presents: Haydn's Lord Nelson Mass, St John the Baptist Catholic Church Woy Woy, Ticketed, 7:30pm The Central Coast Branch of Budgerigar Society NSW 30th Annual Show, Kariong Sport & Recreation

Centre, Free, 9am - 1pm

Central Coast Drum Academy: Student Showcase, Free, 12 - 3pm

WEDNESDAY, NOV 14

Fab Fakes Exhibition and Competition of Recreated Masterpieces, The Art House Wyong, 14 - 30/11

THURSDAY, NOV 15

Children's Medical Research Institute Christmas Raffle, Imperial Centre Gosford, 8am - 3om

2018 Creative and Performing Arts Festival, Erina High School, Ticketed 10:30am & 6:30pm

FRIDAY, NOV 16

Children's Medical Research Institute community stalls, William Street, Plaza (outside the Imperial Centre) 9am - 3pm

HOLY HOLY -Tim Caroll and Oscar Dawson, Florida Beach Bar Terrigal, Ticketed, 8pm

Legends of League Official Lunch, Coast Bar & Restaurant Gosford, Ticketed, 12pm - 3pm

Brassed Off, The Art House Wyong, Ticketed, 16/11 - 24/11, Multiple show times

SATURDAY, NOV 17

Stamp and Coin Fair, RFBI Lakehaven Masonic Village Hall, Free 17 - 18/11, 10am - 4pm

Central Coast Disabled Surfers Association volunteer training session, Umina Surf Club, Free,

Umina Surf Club, Free, Bookings essential, 8:45am

SUNDAY, NOV 18

The Lakes Festival Foreshore Fiesta, Long Jetty Foreshore, 3 - 8pm

25th anniversary Boys From The Bush Tour, Doyalson RSL Club, Ticketed, 8pm

Twilight Soiree, Gosford Regional Gallery & Japanese Gardens, Ticketed, 4 - 7pm

Central Coast Conservatorium & Sydney International Piano Competition of Australia present: Arseny Tarasevich-Nikolaev, Ticketed, 2:30pm

MONDAY, NOV 19

77th bi-annual art exhibition, Federation Gallery Wallarah Peace Park Gorokan, 6pm - 8pm

FRIDAY, NOV 23

2018 Tourism Central Coast Symposium, Crowne Plaza Terrigal, Register Online 9am -6:30pm

Introduction to Xero Accounting, Nexus Smart Hub Wyong, Ticketed, 10am - 12pm

SATURDAY, NOV 24

Gosford City's Gigantic Christmas Parade, Free, to enter contact 0412 436 246 or

info@chrisking.com.au

Twas The Month Before Christmas Raceday, The Entertainment Grounds Gosford, Ticketed, 12pm

Christmas at The EG Gosford

Raceday, 06/12, 12pm, Christmas Party at The EG, 08/12, 5:30PM, Christmas Party Picnic Raceday,

Gleny Rae Virus, St Lukes Hall, Woy Woy

15/12, 12pm

Children's Medical Research Institute Garden Party, 80 Broadwater Drive Saratoga, Ticketed, 12pm

SUNDAY, NOV 25

St. Andrew's Day Concert, Toukley presbyterian church,

WEDNESDAY, NOV 28

The CAPA Big Gig, Lake Munmorah High School, 6pm

SATURDAY, DEC 1

International Day of Disability
– Smiles on Dials Day,
Umina Beach, 9am - 1:30pm

SUNDAY, DEC 2

The Christmas Fair, Mount Penang Gardens, 9am - 2pm

Tales Far From Home, Central Coast Grammar School Performing Arts Centre, Ticketed, 2:30pm

WEDNESDAY, DEC 5

Aunty Molly's Seniors Entertaianment Events: Christmas Crackers, Wyong Golf Club Ticketed, On 05/12 & 10/12, 11am

Basic entries in the Coastal Diary are **FREE**. Send information to **coastaldiary@centralcoastnews.net ENHANCED** entries using bold typeface with an address, phone number and a live link are available for a small fee.

Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.

Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society

Weekly paint-outs Tues 0428 439 180. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1156. Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420

Central Coast Handweavers. Spinners and **Textile Arts Guild**

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting Day and Night Groups

4325 4743

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery Watercolours, Oils, Acrylics Pastels, Silvercraft, Patchwork & Quilting 0412 155 391 ebacc.email@gmail.com

Hospital Art Australia Inc.

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 0431 363 347

Community Centres Peninsula Community Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children. teens, adults and seniors including occasional care, playgroups, dance classes karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups 4341 9333

Ettalong 50+ Leisure & Learning Centre

Cards, Chess, Choir, Creative Folk Art, Dancing, Darts, Handicraft, Handicrafts. Indoor Bowls, Leatherwork, Line Dancing, Mahjong, Painting, Rummking, Scrabble, Table Tennis, Ukulele, Women's Shed 4304 7222

Central Coast Community **Legal Centre**

Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988

Point Clare

Community Hall Community Garden -Playgroup Craft and Exercise Groups

Function or Meeting Hire

Managed by Gosford

Regional Community

Services Enquiries regarding hire to 4323 7483

Community Groups

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year social afternoons Well-known guest speakers 4341 5170

Central Coast Caravanners Inc

3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded senior folk - Details from Geoff 0447 882 150

Central Coast 50+ **Singles Social Group**

Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas 0412 200 571 0437 699 366

CCLC Indoor Bowls Mon - Ladies Social Wed Night - Mixed Social Sat - Mixed Social New members welcome tuition given level 2 Central Coast Leagues Club 4334 3800

Freemasons

Who are they? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community. Gosford Masonic Centre 86 Mann St Gosford

Peninsula Village Playgroup

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Tues 10-11.30am 4344 9199

Peninsula School for Seniors

Community Centre McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

The NSW Justices **Association Inc**

Seeking volunteers for added community desks Wednesday Umina Library 10am-1pm Thursday Woy Woy Library 10am-1pm Free Insurance and training provided 0418 203 671

Umina Beach Men's Shed

Men share a variety of tools, pursue interests and hobbies, spend time with other men and learn new skills Darrell 4342 9606

Volunteering **Central Coast**

Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers 4329 7122

Wagstaffe to Killcare Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall 4360 2945

Entertainment

Frantastics Choir Inc High quality variety

entertainment available for matinee bookings at your venue. New members welcome. 1pm Mondays during school

Walter Baker Hall, Woy Woy 4343 1995

Health Groups

Al-Anon

If someone's drinking is causing you problems... Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

Arthritis NSW

Wov Wov support group Woy Woy Bowling Club North Burge Road Woy Woy 3rd Tues 10.30am 1800 011 041

Better Hearing Australia - Central Coast

Hearing loss management Support and educational groups providing practical experience and confidence I earn the benefits of hearing aids - 4321 0275

BlueWave Living

Woy Woy Community Aged Care facility providing residential aged care to the frail aged. Permanent and respite care accommodation available. Information 2nd and 4th Tues - 11am - 4344 2599

Central Coast Parkinson's Support Group

We aim to help individuals and their families better manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings 2nd Tue - 1.30pm 1800 644 189

Gambling Solutions

Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW Support Groups

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and

Wyong 1800 558 268

Meals on Wheels

Delicious meals delivered free - Join us for a midday meal - Help with shopping and cooking classes 4341 6699

Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584

Overeaters Anonymous (OA)

12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins, Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm 0412 756 446 www.oa.org

Peninsula Village **Wellness Centre**

Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

Peninsula Village Meals Delivered daily to your door Nutritious, great for the elderly 4344 9199

Peninsula Village

Carer's Support Group For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600

Schizophrenia and **Bipolar Fellowship**

For Schizophrenia/Bipolar/ Mental Health sufferers. family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford

Woy Woy Stroke Recovery Club

4344 7989 or 4368 2214

Everglades Country Club 2nd Tues 11am Company, up-to-date info, hydrotherapy, bus trips 4341 7177

Music

Brisbane Water Brass Brass Band entertainment

for the community playing all types of popular music Rehearsal every Tues 7.30pm-10pm 0419 274 012

Coastal a Cappella

Vibrant women's a cappella chorus. New members welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities Hire us for your event 0412 948 450

Soundwaves

A cappella harmony for Men - new members welcome. Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford Ring Max on 4324 3631

Troubadour Central Coast Folk, Traditional

or Kieran 4324 1977

& Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions 4th Sat 7pm CWA Hall Woy Woy 4342 6716

Political Groups

Australian Labor Party Political discussions, national state and local government issues

Umina Ettalong Branch 2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676

Ourimbah/ Narara Branch Niagara Park Primary School 7.30pm 1st Mon 0410 309 494

Woy Woy Branch Everglades Country Club

7.30pm 2nd Mon Peninsula Day Branch 1pm 2nd Mon CWA Hall Woy Woy

4341 9946

Liberal Party of Australia Wov Wov Branch

4th Thur 6.30pm **Everglades Country Club**

Central Coast Greens

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur,

Service Groups

Lions Club of Woy Woy 1st and 3rd Mon. Woy Woy

Leagues Club 0478 959 895 Make new friends and have fun while serving your community.

Rotary Clubs

International service club improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and

Rotary Club of Kariong Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529

Rotary Club of Umina

Beach Wednesdays 6.30pm Everalades Country Club 0409 245 861 0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades Country Club. Don Tee 0428 438 535

Special Interest

Bridge

Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd Woy Woy er.bridge-club.org

Cash Housie

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy,t 7.30pm. Proceeds to Woy Woy Catholic Parish.

Central Coast Family

History Society Inc. Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

Central Coast Tenants' Advice and Advocacy Service

Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

Central Coast Rescue Unit

Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests. Navigation, Seamanship and Meteorology. 4325 7929

Central Coast

Soaring Club Inc Gliding Club, Learn to fly, Instruction FREE to members Come and have an Air Experience Flight All Welcome 14 and up for Training Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047

www.ccsoaring.com.au **Ettalong Toastmasters**

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth 2nd & 4th Tue, 7:30PM, **Ettalong Diggers** 0408 416 356

Peninsula **Environment Group**

Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group

Central Coast Goju-Kai Karate

Traditional Karate & Self Defence for Teens & Adults No Contracts, Cheap Rates Wamberal - Mon 630pm Kincumber - Thurs 715pm 0417 697 096 ww.centralcoastgoju kaikarate.com.au

Woy Woy Judo Club Mon & Fri -Beginners

From 4:30pm Tue & Thur - graded classes 4:30pm - 8:30pm 27 Bowden Road Woy Woy Min Age 3 years old 0434 000 170

Veterans

National Malaya Borneo Veterans Association 1st Sat (except Jan) 10.30am

Umina Club Melbourne Avenue Umina Beach 4342 1107

Veterans' Help Centre'

Assist all veterans & families with pension & welfare issues Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.

Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Woy Woy Ettalong

Hardy's Bay RSL

Women's Groups

Country Women's Association Umina 2 Sydney Ave **Branch Meetings** 2nd Wednesday 10am Craft & Friends Wednesdays 9.30am

2nd and 4th Sundays 12.15pm 0416 193 070 - 4340 1746

Country Women's Association Woy Woy

30 The Boulevarde, Woy Woy Craft & Friendship: 1st, 2nd and 3rd Wed 10AM. Meetings: 4th Wed 10AM. Ph: 0411 434 785 woywoycwa@gmail.com

Peninsula Women's **Health Centre**

Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women 4342 5905

If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Volunteer training for disabled surfing

The Central Coast Disabled **Surfers Association will hold** a free volunteer training session at Umina Beach Surf Life Saving Club on November 17.

The association is running the session to encourage Peninsula locals to become volunteers for the association's regular events over the summer.

The training session will start at 9am and attendees are asked to arrive by 8:45am for sign in.

"Attending a training session will provide volunteers with valuable information and insight into how the association helps participants enjoy the experience that abled-bodied people often take for granted," said association president Ms Rae Fietcher.

A session in the water will follow the theory session.

Attendees do not need to know how to surf but are expected to be competent in the water and are encouraged to bring their own wetsuits.

A training manual and a rash shirt will be provided to attendees on the day.

Ms Fletcher said that the Central Coast Disabled Surfers Association was a volunteer organisation that enabled people of all ages and abilities to take part in surfing.

A ratio of between six and 30 volunteers to every participant ratio was maintained to provide a unique, safe and enjoyable surfing experience to a wide range of people with various disabilities who would otherwise be unable to access the beach, she said.

The session is free but places are limited and anyone interested should contact the Association to book a place.

The association hopes that attendees will sign on to volunteer at the Smiles on Dials Day at Umina Beach on December 1.

SOURCE: Media release, 10 Oct 2018 Rae Fietcher, Central Coast **Disabled Surfers Association**



Presentation day



Woy Woy Junior Rugby League Football Club has officially wrapped its 2018 season with their **Presentation Day on October**

It was a season of highs for Woy Woy's young Roosters, culminated in the Roosters Under 14/2's being crowned 2018 Premiers.

"We had a wonderfully busy weekend celebrating a brilliant season with our Roosters players, families and friends," said club president Mr Tim McParlane.

SOURCE: Social media, 11 Oct 2018 Tim McParlane, Woy Woy Roosters JRLFC

THE SHAME FI

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

Affordable Roof **Solutions - Brad**

Sedgewick Ettalong Depp Studios -

Formerly of Umina Tony Fitzpatrick trading as Futurtek Roofing

Stan Prytz of ASCO **Bre Concreting**

Andrew and Peter Compton

Bruce Gilliard Roofing of Empire Bay

Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy

William McCorriston of Complete Bathroom Renovations

• First Premier Electrical Hague, Trading as

• High Thai-d Restaurant of Umina Beach

 Mal's Seafood & **Charcoal Chicken** of Ettalong Beach

 Simon Jones - All external cleaning and sealing services

· Erroll Baker, former barber, Ettalong

• Tye King - Formerly The Fish Trap Ettalong Beach

· Jessica Davis of Erina - Trading as A1 cleaning services

 Simon and Samantha **Service** of Umina Beach By the Bay Takeaway Empire Bay

> • Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens

Mountain Mutts

- Monique Leon, **Ettalong Beach**

• RJ's Diner - Ryan Tindell of Woy Woy

 Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

 Greenultimate Solar PTY LTD

 Decorative Fabrics & Furnishings - Steve McGinty, Wyoming

Menhir Tapas & **Bar PTY LTD**

• Dean Lampard - Trading as Lampard Painting

 Callum McDonald -Trading as Sunset Decks

 Linda Smith, Bookkeeper Horsfield Bay

 Robcass Furniture Removals, Mannering Park

• Emma Knowles -Blacksmith NSW

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000 Police Assistance Line 131 444 Crime Stoppers 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929 SES - Storm and Flood

Emergency 132 500 **Aboriginal & Torres Strait Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4321 7215 Drug & Alcohol rehab 4388 6360 Accommodation

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4325 3540 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth

Youth Angle • Woy Woy 4341 8830 Woy Woy Youth Cottage 4341 9027 **Animal Rescue**

Wires 1300 094 737 **Community Centres**

Wildlife Arc 4325 0666

Peninsula Community Centre 4341 9333

Services 4351 1922

Men's Shed Cluster Inc 0413 244 484 Counsellina Centacare: 4324 6403

Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403 Central Coast Family Support **Service** 4340 1099

Horizons (For men with children) 4351 5008 **Uniting Care Burnside**

Gosford 1800 067 967

Poisons Information 131 126 **Ambulance Text Mobile** 106 Ambulance GSM 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114

After Hours GP Help Line 1800 022 222 **Legal & Financial Help**

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy **Service** 4353 5515 Woy Woy Court 4344 0111 Libraries

Gosford district: Umina Beach 4304 7333 Wov Wov 4304 7555

Problems, **Habits & Addiction**

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional support** phone services:

Mental Health Line 1800 011 511 Bevondblue 1300 224 636 Domestic Violence Line 1800 656 463 **Lifeline** 13 11 14

Kids Help Line 1800 551 800 **Griefline** 1300 845 745 Suicide Call Back Service 1300 659 467

Transport

Taxi 131 008 **Busways** 4368 2277 City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 **Department of Community Services** Gosford 4336 2400

The Salvation Army 4325 5733 **Samaritans Emergency** Relief 4393 2450 St Vincent De Paul Society **HELPLINE** 4323 6081

Classifieds

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www.CentralCoastNewspapers.com See www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

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As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

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central coastr

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Mingaletta

Aboriginal & Torres Strait Islander Corp Annual General Meeting 2018

Time: 6 p.m Date: 8th November Place: Mingaletta, 6 Sydney Ave Umina Beach Ph: 4342 7515

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Oct 28 💯

7am to 1pm

Great variety of stalls -BBQ, Tea & Coffee. Now at Dunban Road Car Park NB stall sites not open until 6.30an Cnr. Ocean Beach Road Woy Woy Always Last Sunday

Enq: 0478 959 895

PUBLIC NOTICE

Notice of Road Closure

Sun 11 Nov 2018 4am - 7pm

Schnapper Rd, Ettalong will be closed between Ocean View Rd & Flounder Rd for the Brisbane Water Oyster Festival. Part of Bream Rd will also be closed but residents will have access to that section.

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*To run in all three papers and on line for a maximum of 3 months if not sold before

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Sport



Pelicans win medals at masters championships

The Peninsula Leisure Centre hosted the NSW State Masters Swimming Championships on the weekend of October 13 and

Over 200 Masters swimmers came from across NSW to compete, including the team from Ettalong Pelicans Masters Swimming Club.

Eight members of the Pelicans competed over the weekend with many of them medalling over the two days.

"This was the most successful carnival for the Pelicans in quite a long time," said club publicity officer Ms Marion Dreyer.

"We were able to enter in five relays, which is a big improvement on our past few championship appearances.

"Lauren Bradley swam in her first state championships and came home with an amazing two gold and three Silver medals from five swims.

"Darren Bennett was excited about winning his first Masters medal,

"Darren is also a member of Central Coast Special Olympics team and he competed in their state championships at Knox Grammar on October 6, and returned to the Peninsula with three medals," she said.

Another winner at the Peninsula Leisure Centre was Wendy Cook who won one gold and one silver.

"Gordon Ferguson secured two silver and two bronze medals, Johanna Kingma won one silver, Kevin Haskell put in a great effort in a competitive age group and I also brought home a bronze medal," said Ms Dreyer.

The Pelican's star performer was Mr Paul Lemmon who secured five gold medals.

Mr Lemmon was named the Swimmer of the Meet and also broke three national records during the event.

"Excitingly, the Pelicans won the Division 3 Pointscore Trophy too," Ms Dreyer said.

The Pelicans trains on Thursday nights at the Peninsula Leisure Centre and the club welcomes anyone from the ages of 18-90, for fun, fitness and friendship.

SOURCE: Media release, 16 Oct 2018 Marion Dreyer, Ettalong Pelicans Masters Swimming Club

Jemma Smith nominated for national award

Umina's Jemma Smith has been nominated for a Surf Life Saving Australia National Award of Excellence.

Jemma has been nominated for the Surf Sport Youth Athlete of the Year.

Each state nominates one young athlete to contest the award.

They are nominated for their exceptional dedication to the sport of surf lifesaving and for their outstanding achievements during the 2018 season.

She was selected in the Australian Lifesaving Team who were victorious at the International Surf Rescue Challenge in New Zealand and Sanyo Bussan Cup in Japan.

She has twice been named Youth Athlete of the Year, and was the recipient of the Central Coast Young Athlete and Sport NSW's Young Athlete of the Year.

Her medal count has been consistently high, taking home two gold, multiple silver and bronze, and being named the



Female Competitor of the Aussie Championships in 2018.

SOURCE: Media release, 12 Oct 2018 Liam Howitt, Surf Life Saving Australia

TIDECHART

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Time - Height(m)

Add one hour to the times below when Daylight Saving is in force						
22	0126 0.39	23	0159 0.35	24	0231 0.32	
	0736 1.47		0811 1.55		0845 1.63	
MON	1335 0.48	TUE	1415 0.41	WED	1455 0.35	
	1943 1.55		2021 1.57		2100 1.57	
25	0305 0.32	26	0341 0.33	27	0418 0.36	
	0922 1.70		1000 1.76		1042 1.78	
THU	1537 0.30	FRI	1621 0.28	SAT	1708 0.28	
	2141 1.55		2225 1.50		2313 1.44	
28	0500 0.42	29	0004 1.37	30	0102 1.30	
	1127 1.78		0547 0.49		0642 0.56	
SUN	1800 0.31	MON	1216 1.74	TUE	1311 1.69	
			1857 0.35		2001 0.39	
31	0209 1.25	1	0323 1.25	2	0435 1.31	
	0745 0.62		0859 0.64		1015 0.61	
WED	1414 1.64	THU	1525 1.61	FRI	1637 1.61	
	2112 0.40		2220 0.39		2321 0.35	
3	0537 1.40	4	0014 0.31	5	0101 0.28	
	1126 0.54	-	0630 1.51		0717 1.61	
SAT	1743 1.63	SUN	1230 0.45	MON	1326 0.37	
			1839 1.64		1931 1.63	

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and
must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.

Actual times of High and Low Water may occur before or after the times indicated



Swans join new AFL league

The Peninsula Swans will leave the Black Diamond League this season, having signed up with the new AFL Hunter Central Coast League.

AFL NSW/ACT has confirmed that the new league will go ahead in the 2019 season.

All but one of the Central Coast/ Hunters' 21 teams have signed with the new league, and it is expected to join within weeks.

The decision has put to bed an ongoing power struggle between AFL NSW/ACT and long-time governing body for Central Coast/ Hunter AFL, Black Diamond AFL.

The decision has been a point of contention throughout the 2018 season, with Black Diamond AFL president Mr Wal Bembic labelling the decision a difficult one on all sides.

AFL NSW/ACT regional manager Mr Simon Smyth said that he was thrilled with the support of local clubs and stakeholders for the new league and was excited about the prospect of a junior-senior aligned competition next season

SOURCE: Media statement, 10 Oct 2018 Simon Smyth, AFL NSW/ACT

Nominated for best comeback of the year

Commonwealth Games gold medal-winning boxer Anja Stridsman of Umina has missed out on an award for best comeback of the year to swimmer Cate Campbell.

In the lead-up to the Games, Anja revealed she had struggled through the qualifying rounds with a ruptured anterior cruciate ligament in her knee.

Less than six months out from the Games, she made the decision to undergo full ligament replacement surgery.

She went on to win the Women's 60kg Division at the Games.

Although swimmer Cate Campbell won the Australian Women's Health magazine's award, Anja said she was excited to have been considered for the prestigious award.

"I had the tremendous honour of attending the awards as a nominee.

"I'm amazed I have even been nominated for the award and I congratulate Cate Campbell on her win," Stridsman said.

SOURCE: Social media, 18 Oct 2018 Anja Stridsman, Umina PCYC Website, 18 Oct 2018 Lauren Williamson, WHSA Reporter, Dilon Luke



Anja Stridsman

Life savers return from international competition

Four Umina Surf Life Savers have returned from New Zealand, one with five medals, after the International Pool Rescue Competition held in Auckland earlier this month.

Following a stint with the NSW Under 18's Pool Rescue Development Team, Umina Surf Lifesaving Club members Lachlan Braddish, Blake Hessel, Kaylah Holmes and Kirsten Miller were selected for the international competition.

The five medals were won by Kaylah Holmes: a gold in the Under-19's Female 50 Metre Manikin Carry, a silver in the 100 Metres Rescue Medley and a bronze in the 200 Obstacles.

She secured another silver when she teamed up with Bulli's Zara Sharman in the Under-19's Line Throw and was a member of the gold medal winning 4x50 Metre Relay team.

The other representatives from Umina did not medal during the competition.

Rookie head coach Ms Susan McCaughtrie said it was a fantastic effort from what was an inexperienced NSW squad.

For many of the team it was their first taste of international competition and will prove to be an invaluable experience as Surf Life Saving Australia gears up for the 2018-19 surf sport and surf lifesaving season, she said.

"It was a wonderful opportunity for our team to compete against what was a tough field of New Zealand's best pool rescue athletes.

SOURCE: Media release, 17 Oct 2018 Liam Howitt, Surf Life Saving Australia

Association readies for the touch football season

The Peninsula Touch Association is busily preparing for the start of the 2018 touch season.

The association is the Peninsula's only touch football

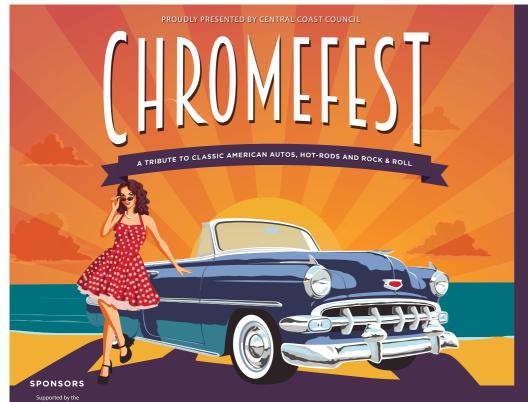
organisation completely run by volunteers and have been running touch football competitions for local players for the past 30 years.

The association coordinates the season from McEvoy Oval, Umina, and officially launched the season

at the beginning of October.

Anyone interested in playing should contact the association.

SOURCE: Social media, 1 Oct 2018 Rod Dillon, Peninsula Touch Association



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UMINA BEACH 315 West St, Umina Beach, NSW 2257

Ph: 4341 1488 Mon - Fri: 8:30am - 5:30pm Saturday: 8:30am - 3pm Sunday & Public Holidays: 9am - 3pm



*Always read the label. Use only as directed. Incorrect use can be harmful. If symptoms persist see your healthcare professional. Pharmacist only medicine – requires pharmacist advice on the safe use. Breastfeeding is best for babies. Vitamin supplements are not a substitute for good nutrition or balanced diet and may only be of assistance if dietary intake is inadequate. Weight loss products are only beneficial when taken in conjunction with sensible lifestyle factors. No rainchecks. Free Gifts are subject to availability and while stocks last. Free gift is an in-store promotion only and not available online. †RRP - the save prices listed and % off are calculated from supplier RRP at time of preparation. We reserve the right to correct pricing and printing errors. YouSave Chemist may not have previously sold the product at the RRP due to our discount policy. Other savings shown are from our everyday low prices. Limit quantities apply. PROMOTIONAL PERIOD STARTS ON 16/10/2018 AND FINISHES 12/11/2018. YS102018C.