

The Remembrance Day service will be held at the Vietnam Veteran's Memorial on the Ettalong waterfront

Council assessment rejects Sporties proposal

Central Coast Council planning assessment staff have recommended the refusal of the \$30.3 million redevelopment of the Sporties site on the corner of Brick Wharf Rd and North Burge Rd, Woy Woy.

The recommendation, which councillors cannot alter, will be presented to the Central Coast Joint Regional Planning Panel, which will meet to determine the application on August 23.

However, councillors have asked to see the assessment report and are expected to discuss it when Council meets today (August 13) to decide whether to make their own submission.

The Save Woy Woy Waterfront, the community group that has led opposition to the development is expected to speak at the meeting.

The group has also made submissions to the Joint Regional Planning Panel and is also expected to address the panel.

According to the assessment report prepared by Council staff, 94 submissions were received regarding the proposal to demolish the existing clubhouse and replace it with 63 seniors independent living units, a new registered club, five retail tenancies and a basement bowling green and car park across three buildings.

The assessment report gave a number of grounds for recommending refusal of the proposal including its failure to address flood risk, non-compliance with planning controls and insufficient information being provided "for further assessment".

The assessment report listed the application's non-compliance with sections of the State Environmental Planning Policy (Housing for Seniors or People with a Disability) 2004, the Apartment Design Guide, Gosford Local Environmental Plan 2014 and Gosford Development Control Plan 2013.

Non-compliances included a 56

per cent variation to the maximum height of eight metres or less, a proposal for three storeys when a building adjacent to a boundary of the site must be no more than two storeys and a shortfall in the requirements for communal open space.

The proposed development also had a shortfall of 188 car parking spaces, according to the Council report.

The report addressed the concerns raised during the public exhibition of the proposal, one of which was that the redevelopment would be out of keeping with the intended recreational use of the land.

"Whilst the provision of a registered club and community facilities are permissible with development consent in the RE2 Private Recreation zone within GLEP 2014, seniors housing and retail facilities are prohibited," the report said.

"The proposed development comprising seniors housing on No 186 Brick Wharf Rd and No 1 North Burge Road, Woy Woy, is permissible by virtue of the provisions of the ... [State planning policy]... which provides the policy applies to land being used for the purposes of an existing registered club.

"The applicant was advised of the prohibition on the site relating to the five retail premises proposed, however, to date this issue remains unresolved," it said.

According to the report, seniors housing is permissible at 184 Brick Wharf Rd which is zoned R2 Low Density Residential.

The Council report does, however, state that the proposal could not be supported because "Insufficient information has been provided to enable further assessment to occur".

The report also strongly rejects the proposal on the bases of the "flood constraints of the site.

Continued P3

Both service and festival to run on Remembrance Day

A Remembrance Day service and the annual Oyster Festival will both occur in Ettalong on November 11.

The Peninsula Chamber of Commerce has agreed to move the Oyster Festival to the Ettalong Tourist Resort to enable the commemoration of the 100th anniversary of the WWI armistice at the Vietnam Veterans' War Memorial on the waterfront.

However, the arrangement has not come without a cost.

In the process, the Ettalong Diggers Memorial Club and its CEO, Mr Bill Jackson, resigned from the Peninsula Chamber of Commerce and have withdrawn their sponsorship of the Ettalong Oyster Festival.

This year the Vietnam Veterans, Peacekeepers and Peacemakers Association Central Coast Sub-branch will run the Remembrance Day service.

Sub-branch senior vice-

president Dr Stephen Karsai said he understood the Oyster Festival had clashed with Remembrance Day on three occasions during the past 10 years but 2018 was special because it was the 100th anniversary of the end of World War I.

"We asked if they would move the event to November 18 and they said no, so we had a stalemate," Dr Karsai said.

"I then spoke to the deputy mayor Cr Chris Holstein, who suggested moving the Oyster Festival to the Ettalong Markets," he said.

Dr Karsai said it was usually the Ettalong, Hardys Bay and Woy Woy RSL sub-branch that organised the Remembrance Day service but the Vietnam Veterans had been asked to organise this year's event.

"We have organised for two World War I bi-planes to do circuits and then for an FA18 fly-over and we will have navy and army cadets

in attendance,' he said.

Dr Karsai said he would like to thank the Ettalong Diggers Memorial Club chief, Mr Bill Jackson, for supporting the Veterans to ensure the commemoration went ahead as planned.

Peninsula Chamber of Commerce president Mr Matthew Wales said it would be business as usual for the Oyster Festival.

"The Oyster Festival is going ahead on November 11 but relocated at Ettalong Markets," Mr Wales said.

"The Ettalong Diggers said it would withdraw its sponsorship and use of its carpark and streets if we did not change the date, so my committee unanimously voted to move to the Ettalong Markets," he said.

SOURCE:

Interview, 8 Aug 2018
Steve Karsai, VVPPACC Sub-branch
Matthew Wales, Peninsula Chamber of Commerce
Reporter: Jackie Pearson

THIS ISSUE contains 57 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

Central Coast

Office: 120c Erina Street, Gosford
Phone: 4325 7369
Mail: PO Box 1056, Gosford 2250
E-mail: editorial@centralcoastnews.net
Website: www.centralcoastnews.net



News

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

Editor: Mark Snell

Commercial Operator:

Cec Bucello for Central Coast Newspapers

Journalists: Jackie Pearson, Dillon Luke

Graphic Design: Justin Stanley

Assistant Journalists: Elizabeth Green

NEXT EDITION: PENINSULA NEWS 452

Deadline: August 23 Publication date: August 27

Email: editorial@centralcoastnews.net Ph: 4325 7369

Peninsula News focusses on post codes 2256 and 2257

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

Central Coast Newspapers is the commercial operator of Peninsula News

ISSN 1839-9029 - Print Post Approved - 100002922

Printed by Spotpress Pty Ltd Marrickville

Woy Woy Community Media Assoc Inc

2018-19 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: _____

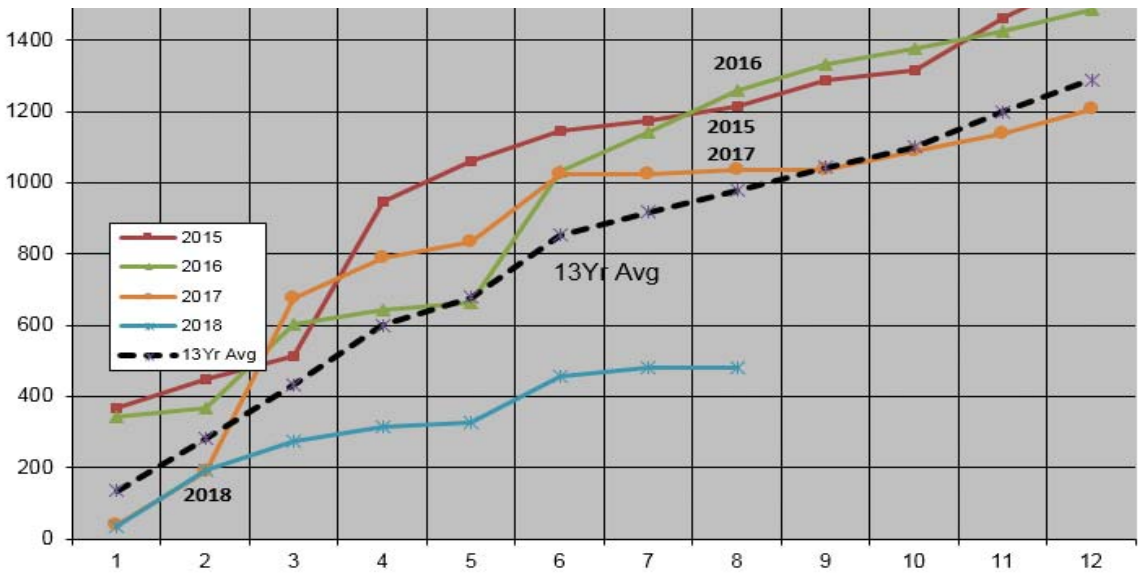
Address: _____

Suburb: _____

Phone: _____

Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542



Negligible rainfall in first 10 days

The Peninsula has recorded only 0.5mm of rain in the first 10 days of August, according to rainfall data compiled by Umina's Mr Jim Morrison.

On average the Peninsula normally record 61mm of rainfall in August and as we approach the halfway mark for the month

that figure seems unlikely to be achieved.

The abysmal rainfall brings the Peninsula's total rainfall record as of August 10, 2018, to 478.9mm, well below 2017's record of the same time of 1033.9mm.

According to Central Coast Council Mayor, Cllr Jane Smith,

the Central Coast dam levels were sitting at around 60 per cent as of August 10, meaning water restrictions may not be needed on the Coast at this point in time.

Time will tell.

Source: Spreadsheet, 10 Aug 2018
Jim Morrison, Umina

YOUR CHANCE TO WIN

Central Coast Newspapers would like to offer three lucky readers the chance to win a double pass to the Women Like Us stand up comedy show when it visits Davistown RSL from 7pm on September 7.

Stand up comedians Mandy Nolan and Ellen Briggs have spent the last three years touring the country with their smash hit comedy show Women Like Us performing almost 90 shows to over 25,000 people.

Briggs and Nolan share reflections on their failure to parent, the beauty industry, strange surgeries, special diets,

obsessions, frustrations, and at the end of the day the serious politics of who unpacks the dishwasher.

Nominated for Best Comedy at Perth Fringe Festival, Women Like Us sells out at nearly every stop.

For your chance to win a double pass, write your full name, address and daytime phone number on the back of an envelope and mail it to Peninsula News Women Like Us Competition, PO Box 1056, Gosford, NSW, 2250, before 5pm on Thursday, August 23.

The winner of the ACG Competition was Ron Griffiths of Holsworthy.



Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

Get the most out of your advertising dollar

NEWSPAPERS

Central Coast

#thisisthelife

Advertise in a Central Coast Newspaper for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.



www.centralcoastnews.net

facebook



Office: 120c Erina Street, Gosford - Phone: 4325 7369 - Mail: PO Box 1056, Gosford 2250
E-mail: editorial@centralcoastnews.net - Website: www.centralcoastnews.net

www.peninsulanews.info



Developer asked to resubmit plans

The developer wanting to build 27 residential units and seven town houses on the corner of Blackwall Rd and Farnell Rd, Woy Woy, has been told to resubmit more favourable plans by Central Coast Council.

Save Our Woy Woy community group founder Mr Harvey McDougall said he had been notified by Central Coast Council on Tuesday, July 31, that the applicant had been requested to provide an amended design "to come up with an outcome that is more favourable".

The amended design will be available on Council's Gosford DA Tracker when it is submitted.

Mr McDougall said Council had also confirmed that, due to the high number of submissions received

from the community in relation to the Farnell-Blackwall Rd proposal, it would be referred to a future meeting of Central Coast Council.

A date for that referral had not yet been set.

Mr McDougall said the group was also preparing a submission to review the current zoning of certain areas in Woy Woy to ensure its character was preserved.

He said he had also taken steps to garner the support of the NSW Premier Ms Gladys Berejiklian, Minister for Planning Mr Anthony Roberts and Parliamentary Secretary for the Central Coast, Mr Scot MacDonald.

"At this stage, I have received no response at all," he said.

SOURCE:
Media release, 1 Aug 2018
Harvey McDougall, Save Our Woy Woy



Playing basketball by car light near Umina Oval

Teenagers use council facilities 'in the dark'

Teenagers are using facilities at Umina oval in the evening, despite Central Coast Council not providing lighting for the area.

They are using the skate park in the dark and have been photographed playing basketball in the headlights of parked cars.

Business woman Ms Gabby Greyem has sent the photographs to Central Coast Council and local state and federal politicians.

"In the foreground, to the right of the photo, you can see a dark shadow of a tall spotlight pole over the basketball court and the skate

park with existing lights, that are not on," she said.

"These kids play a regular game more than once a week and they have no light.

"They are using their car lights to light the half-sized basketball court that only has one hoop," she said.

"It's too dark to see in the photo, but there are also kids trying to skate in the skate park in pitch black.

"The community wants to use the Peninsula Recreation Precinct for healthy activities after dark.

"Across the park in the background of this photo, you can

see the football oval and the tennis court are brightly lit."

Ms Greyem thanked the Council for turning on the dim footpath lights located along the walkways in the recreation precinct.

"So many community members are commenting that they feel safer walking in the park as a result.

"Please can you also turn on the skate park spotlight until 10pm every weeknight and until midnight Friday and Saturday nights?" she asked Council staff

SOURCE:
Media release, 1 Aug 2018
Gabby Greyem, Jasmine Greens Kiosk

INSTALLED IN A DAY!*

PRODUCT SATISFACTION 94.8%

CUSTOMER SERVICE SATISFACTION 93.3%

Stairlifts never looked this good

Designed to make your life easier when stairs start to become too much, a **Compact Lift** will easily fit into any home.

Often chosen as an alternative to cumbersome and unattractive stair lifts, a **Compact Lift** will transport 2 people comfortably so you can transform your life without moving home.

A **Compact Lift** is packed with sensors to keep everyone safe, it also plugs straight into a normal power point, runs very quietly and uses less energy than a toaster!

- Quick and easy to install
- Advanced safety features
- Small footprint
- Battery back up
- Flexible positioning options
- Wheelchair model available
- Two year guarantee
- Cost-effective and affordable
- Installed in a day*

Open Door, Step In

Close Door, Press Up

Lift moves through floor

Arrive upstairs



Please Call **1800 842 055**

or

Visit **www.compactlifts.com.au**

for a **FREE** no obligation survey or for a **FREE** Brochure

Compact Home **Lifts**

* Wheelchair lifts can take up to 3 days to install in some locations.

Discussions start on rail crossing replacement?

Discussions have started between the State Government and Central Coast Council over the replacement of the Rawson Rd rail crossing, according to the Peninsula Chamber of Commerce.

Chamber president Mr Matthew Wales welcomed the move.

"We welcome the initial discussions with the Central Coast Council which firstly will determine Council's position on the project, followed by the cost-benefit of the works and then to assess whether there are other alternatives to the costly underpass at the base of Bulls Hill," Mr Wales said.

"It is imperative to ensure that any solution to the problem is based on sound information,

costings and accurate scoping.

"Sadly, this project has been grossly mishandled in the past with virtually no preliminary assessment of the works required and the true costing of the project.

"This ... led to the cost blowing out to nearly \$120 million and the ultimate abandonment of the project," he said.

"You can fix a lot of roads, intersections and stormwater drains for \$120 million so it's in everyone's interests to ensure that if this project does move forward, it is for the right reasons and not simply to enhance the election prospects of political hopefuls," Mr Wales said.

SOURCE:
Media release, 9 Aug 2018
Matthew Wales, Peninsula Chamber of Commerce

Police have charged a man following investigations into multiple break, enter and steal offences in mid-July at commercial premises in Killcare.

Seven shops in the Killcare area were broken into and property, including power tools, computer software, alcohol, jewellery and

cash, were stolen between 2am and 4am on Monday, July 16.

All offences were reported to officers at Brisbane Water Police District and an investigation was commenced.

A 33-year-old man was arrested while driving his vehicle on Jarrett St, Wyoming, at about 10:30am on Monday, July 23.

Police will allege he was found with a number of stolen items both in his pockets and in his vehicle.

He was taken to Gosford Police Station where he was charged with seven break and enter offences, goods in custody and resisting arrest.

SOURCE:
Media release, 24 Jul 2018
Tony Joyce, NSW Police Media

Man charged over Killcare break-ins

Probus club receives grant

The Empire Bay Probus Club has received a \$994 grant from Central Coast Council.

The funds will be used to pay for the purchase of a multi-media

projector and a portable screen.

According to a statement from Council staff assessing the application, the project was recommended for funding because

the application and support information demonstrated a benefit to the community.

SOURCE:
Central Coast Council agenda 3.3, 23 Jul 2018

ADVERTISEMENT



Community Environment Network

Chairman's Report



The ABC program "War on Waste" has been a timely reminder of the impact of waste in our consumer society.

Much of the waste we produce is both unnecessary and indestructible in nature.

The answer lies in changing our buying behaviour as well as the sustainability of many products.

Legislation is needed to make packaging biodegradable within a set timeframe.

One familiar product made from corn that does this is Cellophane, it decomposes within months.

CEN Co ordinates Land for Wildlife across NSW and has done so since 2007.

In that time we have built up the NSW program from 350 landholders to nearly 2,000 landholders, all volunteers.

The Biodiversity Conservation Trust recently advised CEN that they would sponsor the program for the next 3 years.

To see how volunteers leave a legacy watch this video of a rural property owner in Wingecarribee speaking:

www.wsc.nsw.gov.au/land-for-wildlife

John Asquith, Chairman

Kangy Angy in distress: an example of solastalgia?

As the destruction of local ecosystems is pushed through by the State government, Kangy Angy residents continue to maintain their vigilance.

In 2003, academic Dr. Glenn Albrecht created a new concept called "solastalgia". He has described it as "the pain or sickness caused by the loss or lack of solace and the sense of desolation connected to the present state of one's home and territory. It is the 'lived experience' of negative environmental change. It is the homesickness you have when you are still at home. It is that feeling you have when your sense of place is under attack."



Not only the Kangy Angy residents, but many people from across the coast, are experiencing a deep sense of loss as this site begins to resemble a moonscape.

Support the residents in their efforts to stop further environmental destruction. Please follow their campaign and support them where you can.

<https://www.facebook.com/trainmaintenancefacilityresidentsactiongroup/>

Central Coast Marine Discovery Centre Update:

Upgrade: As most of you know the Centre has been awarded a large grant by the NSW Government Restart Program to improve facilities at the centre.

Included in the grant is funding to allow a walking track to be built around Terrigal lagoon.

The funding agreement with NSW Treasury is expected to be approved soon.

Work is expected to start in September and to be completed in 2021.

Sonic Sea: This movie is a highly credible revelation about the impact of loud noises on marine life.

A number of case studies were documented and researched that offered an explanation for mass whale and dolphins being stranded on beaches.

It was shown that the str: with loud noises in the oceans. For example, in testing a lot of Africa was able to be detected in California.

This is emerging science that must lead to action to reduce mass strandings.

To view the movie on line go to: https://www.youtube.com/watch?v=1_UUCFiSeg



VISIT THE MARINE DISCOVERY CENTRE

Displays • Aquaria • Wet Touch Table • Craft • Plasters • Rockpool walks • Junior Marine Scientist Quiz • Audio Visual Room • Whale bones, Shark jaws & more !!

More info: www.ccmdc.org.au

Open weekends, Mondays and School Holidays from 10am-4pm (last admission 3pm)

Admission:

- Adults \$10,
- Child / Conc \$6,
- Carers with Carers Card = Free if with client.
- Family (2A, 2C) \$26
- Family (1A, 2C) \$16

Upcoming events

CCMDC Talks: History of Terrigal Lagoon

Fri, 17 August, 2018

6:00-8:30pm

CCMDC, 11 Terrigal Drive, Terrigal



The evening will commence with information on physical characteristics of Terrigal Lagoon and its catchment and an introduction of upcoming workshops and presentations.

Chris Moore, a local Aboriginal man, will talk about indigenous uses of the lagoon. Liz Parkinson, author and historian, will talk about the history of Terrigal lagoon.

Bookings are essential

www.ccmdc.org.au/events

This project is supported with a grant from Greater Sydney Local Land Services

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

Support CEN - Become a member - Volunteer - Make a donation

www.cen.org.au Ph: 4349 4756

Threshold of 25 submissions recommended

The number of submissions required for a development application to be referred to a public Central Coast Council meeting may be dropped from the current 50 to 25 if a recommendation to the August 13 meeting is adopted.

The proposed amendment to the Policy for the Determination of Development Applications Subject to Significant Public Objection was placed on public exhibition with

a threshold of 15 objections for automatic referral.

However, a report from Council's Environment and Planning Directorate has recommended the adoption by Councillors of a threshold of 25 submissions.

If passed the recommendation will "establish a threshold for automatic referral of DAs to Council for determination where 25 or more submissions objecting to the proposal are received".

SOURCE:
Central Coast Council
agenda 3.1, 13 Aug 2018

Ryans Rd 'complete', but ...

The upgrade of Ryans Rd has been declared complete, but it could actually be another three years before it is finished.

The final section, near the corner with Ocean Beach Rd, is expected to be completed by the developer of the United Service Station as part of the conditions of consent.

According to the Gosford DA Tracker, a five-year deferred consent was issued on December 23, 2016 (DA50046/2016).

There is no construction certificate registered on the DA tracker as yet so it is unlikely that building will start soon.

The work on Ryans Rd will not occur until after the new service station is built to prevent the road new surface being damaged during construction.

Work by the Council is therefore unlikely to be undertaken before the expiration of development consent in December 2021.

Works that have been completed in Ryans Rd include full length footpath, kerb and gutter and 2/3 road resurfacing, according to Member for Robertson Ms Lucy Wicks.

Ryans Rd in Umina and Davis St in Booker Bay were among several road upgrades on the Peninsula have been declared complete, according to Ms Wicks.



Member for Robertson, Ms Lucy Wicks, Minister for Urban Infrastructure, Mr Paul Fletcher, and Central Coast Council Mayor, Cr Jane Smith, at Davis St, Booker Bay

Mayor Cr Jane Smith said improving the road network was a key Council priority.

She said a partnership with the Federal Government had delivered improved traffic flow, better ride quality, street drainage and footpaths for the Peninsula.

"Buses, cars and pedestrians can now more easily manoeuvre

the streets and will benefit from more regulated on-street parking, thanks to the provision of new kerbs and guttering," Cr Smith said.

SOURCE:
Media release, 2 Aug 2018
Charlotte Bowcock, Office of Lucy Wicks MP
Jane Smith, Central Coast Council

Rotary club raises funds for drought relief

The Rotary Club of Woy Woy will be raising funds for drought relief at an event on September 1 in Bourke Rd.

Club president Ms Jayne Mote said: "The Bourke Road store is donating food and Rotarians are donating their time to make this a successful fund-raising event.

"All proceeds will be forwarded

by Rotary to NSW farmers," Ms Mote said.

"If you are passing on the day and see us there, please come and enjoy a barbecue and help support farmers in the drought."

SOURCE:
Media release, 8 Aug 2018
Jayne Mote, Rotary Club of Woy Woy

MATTRESS PLUS

BEDDING AND LOUNGE WAREHOUSE

SHOWROOM QUALITY AT WAREHOUSE PRICES



4341 8727

225 Blackwall Road Woy Woy

30% to 60% off
all floor stock items

woywoy@mattressplus.com.au



Artist's impression of the proposed redevelopment of the Sporties site

Council assessment rejects Sporties proposal

From page 1

"The site is considered unsuitable for seniors living housing," it said.

It also questioned the NSW Department of Planning's decision to issue a site compatibility certificate under the Housing for Seniors or People with a Disability SEPP which stated that the policy applied to land being used for the purposes of an existing registered club.

"Council considers that the director-general has not certified that the site is suitable for a more intensive development.

"It is concluded that the

proposed development is of a larger scale than the development considered by the department ... in issuing the Site Compatibility Certificate consequently removing the consent authority's ability to approve the development application.

"The proposed development is not compatible with the surrounding environment in that the applicant has been unable to adequately demonstrate how residents within the development can be safely evacuated during extreme weather events and projected changes as a result of climate change."

The proposal was not supported

by Council's Traffic and Transport Planner for a range of reasons.

Council's Landscape and Recreational Planner reported that the proposal would "negatively impact community use" of an adjacent public car park and on-street parking in North Burge Rd.

Another finding was that light pollution from the development could "adversely impact upon the amenity of neighbouring residents".

SOURCE:

Central Coast Council agenda 6.2, 13 Aug 2018
Interview, 6 Aug 2018
Ross Cochrane, Save Woy Woy Waterfront
Reporter: Jackie Pearson

Express North Shore rail service ends soon

Peninsula residents will soon be without an express rail service to the North Shore, to allow work on the Chatswood to Epping line, according to Member for Gosford Ms Liesl Tesch.

"This change will affect the lives of thousands of daily commuters and affect 12 direct services to the North Shore from Woy Woy.

"I'm still dealing with complaints regarding the new train timetable which didn't deliver anything for the Central Coast besides more trains not running on time," she said.

"Why should Central Coast commuters have to suffer while Sydney is benefitting from upgrades?

"Commuters on the Central Coast want a faster service, not a longer one.

"We need more support for the workers and students of the

Coast getting to their destinations in Sydney, not another smack in the face from this Sydney-centric Liberal Government."

Ms Tesch said Transport for NSW had also not done enough to adequately communicate this change, leaving commuters "in for a nasty shock".

She said she had been joined by Shadow Minister for Transport, Ms Jodi McKay, and Shadow Minister for the Central Coast, Mr David Harris on the Peninsula on Thursday, August 2.

They were there "to warn commuters about the imminent end of direct north shore line services from Woy Woy station" and "to express our disappointment at the Government again putting Sydney upgrades over the needs of our commuters," she said.

SOURCE:

Media statement, 2 Aug 2018
Kajal Buhagiar, Office of Liesl Tesch MP

SCHOLTEN

...reborn and now in Galleria Ettalong,
the former Ettalong Markets at Ettalong Beach
Jewellers



After retiring in June 2014, Henry Scholten has now opened a small shop in the former Ettalong Markets, only trading on Saturdays, Sundays and Public Holidays.

The Ettalong market has been beautifully revamped to a luxury European Galleria style tourist attraction.

Established in 1988, Scholten Jewellers has been manufacturing fine jewellery on the Central Coast for 30 years, having had shops in Bateau Bay, Gosford, Erina and Tuggerah.

Scholten Jewellers is now in Ettalong, providing an excellent repair, design remodelling and manufacturing service.

The location is also an impressive showroom of unique, handmade rings, pendants, earrings, bangles, brooches, chains set with precious and semi-precious gems, and a huge selection of Australian Opal. All repairs and manufacturing is done on the premises in a fully equipped workshop.

**Come and say hello to
Nicola and Henry
at their new Ettalong
Beach store, or call them
on 0431 670 033 or
0412 655 316.**



**LOWER, FAIRER,
SIMPLER TAXES
DELIVERED**

**By keeping the economy strong, we
are **delivering immediate tax relief.****

✓ **59,823** taxpayers in Robertson to benefit
from **income tax relief in 2018-19**

✓ **Long-term plan** to stop workers moving
into higher tax brackets

✓ **Reducing** the cost pressures on
households

FACT

**LABOR VOTED AGAINST
TAX RELIEF FOR WORKING
AUSTRALIANS.**

**YOU ALWAYS PAY
MORE UNDER LABOR**



LUCY WICKS MP
Federal Member for **Robertson**

Authorised by Lucy Wicks MP, Liberal Party of Australia, Level 3, 69 Central Coast Highway, West Gosford NSW 2250.

🏠 Level 3, 69 Central Coast Highway, West Gosford NSW 2250

☎ 4322 2400 @ lucy.wicks.mp@aph.gov.au

🌐 lucywicks.com.au 📘 [LucyWicksMP](https://www.facebook.com/LucyWicksMP)



Ettalong Diggers resigns from Chamber of Commerce

The Ettalong Diggers Memorial Club and its CEO, Mr Bill Jackson, have resigned from the Peninsula Chamber of Commerce and withdrawn their sponsorship of the Ettalong Oyster Festival.

"I resigned from the Peninsula Chamber of Commerce at 9am on August 3, and sent an email to Mr Matthew Wales and the rest of the committee and to Ms Sue Fowler who used to work at Deepwater Plaza and now works in Sydney," Mr Jackson said.

"At 12:57pm, I received an email from Mr Wales thanking me for my resignation and saying

'I was going to write to you and ask for your resignation which was unanimously voted for at our meeting last night', he said.

"I resigned and the club resigned because it should not have been a choice to have the Oyster Festival on November 11 because it was the same date as the 100th anniversary of the signing of the Armistice."

Mr Jackson said the Ettalong Diggers had contributed \$15,000 in sponsorship and the use of its car park to the Oyster Festival for the past three years.

"Our sponsorship was \$10,000 per year for the two years before that and prior to that, when I was not here, I don't know how much

was contributed," he said.

"We are an RSL Club and that is beyond and above all else.

"We are still registered as the Ettalong Beach War Memorial Club.

"We proposed that the Oyster Festival could be moved one week either way, not an eternity, just one week but that was rejected wholeheartedly by Mr Wales.

"We are certainly not going to have our car park used for an Oyster Festival when we need it for the veterans who will be attending the Remembrance Day service," Mr Jackson said.

SOURCE:

Interview, 10 Aug 2018
Bill Jackson, Ettalong Diggers
Reporter: Jackie Pearson

Chamber announces new oyster festival venue

The Peninsula Chamber of Commerce has announced that the Brisbane Water Oyster Festival would be held on November 11, but at its new venue at the Ettalong Market Complex in Ocean View Rd at Ettalong Beach.

"It was decided to relocate the iconic event to the Ettalong Market Complex in recognition of any possible clash with Remembrance Day ceremonies on the Ettalong Beach foreshore reserve", said Chamber president Mr Matthew Wales.

"The Brisbane Water Oyster Festival will go ahead as planned on November 11 as it always

does on the second Sunday of November each year.

"We are pleased that both Atlantis Ettalong Beach and Galleria at the Ettalong Beach Markets have come on board as major sponsors," Mr Wales said.

"The Ettalong Market Complex is actually an ideal site for the festival with ample room for all the traditional activities associated with the event including live entertainment, oyster eating competition, food and wine outlets and plenty of market stalls.

"And as we do each year that the Festival falls on Remembrance Day, a minute's silence will be held at 11am with the Last Post played

out of respect for those who gave their lives for our country," Mr Wales said.

"The Chamber is proud to hold the Oyster Festival each year as a purely community-based event.

"It is the business community's way a giving back to local community a free event for local families and visitors to our area.

"We would like to thank all our sponsors and in particular the Central Coast Council which has worked so hard to ensure that the relocation of the event runs smoothly," he said.

SOURCE:

Media release, 8 Aug 2018
Matthew Wales, Peninsula
Chamber of Commerce

Shark nets 'not effective' at Killcare

A proposal to remove shark nets from local beaches may not receive strong opposition from surf life saving clubs if Killcare Surf Life Saving Club president Mr Peter Bagnall is any example.

He believes there would be little or no impact on Killcare Beach if its shark net was not reinstalled.

He was responding to a call by the NSW Greens to do away with shark nets before their scheduled installation this September.

The Greens' call followed a Department of Primary Industries annual report which revealed the nets had been ineffective at dealing with target shark species, while simultaneously impacting a number of no threat species of shark and other marine life.

The report showed shark nets deployed along the NSW coast caught 403 marine creatures in 2017/18, including dolphins, rays and endangered turtles, with 295 killed in the nets.

Of the netted species only 34 were target sharks.

Speaking personally, Mr Bagnall said he felt shark nets were an outdated practice and that he supported the call to see them pulled up for good.

"I do feel that shark nets cause far more harm than good," Mr Bagnall said.

"The impact they have on marine life is devastating with very little impact on actual target shark species.

"Our technology has evolved far beyond the capabilities of shark nets and I do think it is time the NSW Government looked at alternative measures such as sonar deterrents or smart drum lines.

"From a club perspective, everyone who goes to the beach

knows that they're entering the sharks' territory.

"I don't believe many residents are even aware that Killcare has a shark net so I don't think we'd see a drop of beachgoers come summer either," he said.

According to Mr Bagnall, Killcare Beach's shark net covered just under a third of the beach and had not been an effective counter measure to sharks entering the beach.

"We didn't have many shark sightings last year but we did have some.

"We did have to use the shark alarm on a few occasions and just last year we had to chase a shark (species unknown) away from the beach during a SLSC Carnival, so all-in-all I don't think our net is that effective," Mr Bagnall said.

"Honestly, you have more chance of dying in a car crash on the way to the beach than you do of being attacked by a shark so I think it's time to retire the nets which have been big killers in our waters.

"I'm not aware of exactly how many shark nets are on the Coasts' beaches but I'm sure there are far more beaches without nets than with them so I really don't think it'd be a big adjustment for swimmers if the nets were pulled out," Mr Bagnall said.

Other local organisations that support the removal of shark nets on local beaches include the Organisation for the Rescue and Research of Cetaceans in Australia.

SOURCE:

Media release, 8 Aug 2018
Justin Field, NSW Greens
Report, 8 Aug 2018
Shark meshing annual
report, NSW DPI
Interview, 9 Aug 2018
Peter Bagnall, Killcare SLSC
Reporter: Dillon Luke

Renovating? Need New Blinds, Awnings or Shutters?

Come Visit The Coast's Biggest Showroom For Blinds, Plantation Shutters and Awnings, including motorization.

Or call for a Free in-home Measure and Quote.

\$100 off when you mention this paper[#]

CHOOSE THE LOCAL EXPERTS AT

18/482 Pacific Highway, Wyoming. Ph : 02 4324 8800

www.premiershades.com.au

conditions apply. Purchases over \$1000

PREMIER
shades-awnings-blinds

Woytopia to be held again in October

Woy Woy's sustainable living festival, Woytopia, will be held at Woy Woy South Public School on Sunday, October 14.

The Woytopia festival celebrates sustainable living on the Woy Woy Peninsula and focuses on positive, practical eco-living initiatives such as; saving energy, keeping chooks and growing organic food.

Woytopia was started by the Peninsula Environment Group, a local non-profit incorporated association.

"With many of our members having young children, we wanted to create a great family day that also celebrated the beautiful place we live in, hence the name," said group president Ms Elizabeth Gordon.

"We hoped the festival would help build a stronger sense of community by bringing people together, while offering a more artistically diverse, eco-minded alternative to other local events such as the popular Oyster Festival.

"In the midst of so much depressing environmental news, we wanted an event that would inspire and re-energise us all, showing people they are not alone in their passion and concern for the environment," Ms Gordon said.

There have been Woytopia festivals in 2010, 2011, 2012 and in 2014 and 2016 with average attendances around 3000.

"Woytopia is a true community festival, run by a voluntary organising committee of six to 10 people and around 30 to 40 volunteers on the day helping set up and manage the event.

"The festival is run on a shoestring, funded by a mixture of small grants, sponsorship from local businesses, fundraising events and income from stalls and donations on the day.

"Many speakers and performers also donate their time for free or reduced rates to support the festival.

"We feature local musicians, entertainers and food stalls.

"We even have the local school farm," Ms Gordon said.

Woytopia event manager Mr Mark Mann said it was not too late to secure a stall at the 2018 event for interested local vendors.

"A central feature of the festival is its eco-market of green products and services and local green groups.

"Woytopia is a great way to reach and meet local, environmentally aware consumers and residents," Mr Mann said.

Stalls range from local environmental campaigns to organic food products, solar power, chemical-free cleaning and beauty products, eco-friendly clothing, eco-tourism, native plants and more.

"As well as eco-stalls, talks and workshops, Woytopia features great live music, lots of children's entertainment and delicious food, making it a great event whether you're a committed greenie or just looking for something fun to do with the family," he said.

SOURCE:

Media release, Jul 21
Elizabeth Gordon, Peninsula Environment Group



Soccer pioneer speaks at Rotary club

Women's soccer pioneer Ms Julie Dolan has appeared as a guest speaker at Umina Beach Rotary Club.

Ms Dolan was recognised in the 2018 Queen's Birthday Honours List with an Order of Australia Medal for her significant service to football as an administrator, player and coach, and as an ambassador for elite player development and junior participation.

Club publicity officer Mr Geoff Melville said: "A pioneer of women's

football in Australia and an FFA Hall of Fame inductee, Ms Dolan is currently the football technical director at the International Football School on the Central Coast.

"In her services as a player captaining her country, but perhaps even more significantly as an administrator, she has been a major force behind the growth of women's football," he said.

SOURCE:

Newsletter, 5 Aug 2018
Geoff Melville, Rotary Club of Umina Beach



Liesl Tesch MP

Member for Gosford

How can I help?

Schools and education

Community Recognition Awards

Anniversary & birthday messages

Fair Trading

Hospitals and health

Main roads

Police and Emergency Services

Public housing

Trains and public transport



📍 20 Blackwall Road, Woy Woy NSW 2256

@ Gosford@parliament.nsw.gov.au

☎ (02) 4342 4122



Chamber welcomes dredging

The Peninsula Chamber of Commerce has welcomed the start of dredging operations in the Ettalong Channel with works due to be completed in around six weeks' time.

"Dredging works have finally started after numerous delays due to transport problems with the heavy equipment and adverse weather conditions", according to Peninsula Chamber of Commerce president, Mr Matthew Wales.

"Operations started adjacent to Lobster Beach and have now moved out to the main channel.

"Around 20,000 cubic metres will be removed from the channel and pumped about 300 metres to the opposite side on the main shoal", Mr Wales said.

"This is a major operation that will cost the NSW State

Government around \$600,000 in emergency funds so as to ensure that the channel is once again navigable.

"To the State Government's credit, the additional funds above the \$250,000 promised is in recognition that this is an important issue to the local community.

"Many local businesses have suffered considerable loss of income with the sharp decline in visitors from the Northern Beaches which has impacted on jobs and business viability.

"It is hoped that within two to three weeks the Ettalong Channel will again be safe enough for Palm Beach Ferries to recommence operations", Mr Wales said.

"The Chamber has also been advised by the NSW Department of Industry that improved levels of cooperation have arisen with the

Central Coast Council in relation to future funding of dredging operations and the delivery of a long term solution to the channel issue.

"The importance of this third transport link to the Northern Beaches of Sydney cannot be understated with over 200,000 passengers travelling between Palm Beach and Ettalong Beach each year.

"We will continue to work closely with both the NSW State Government and the Central Coast Council to ensure that the channel problem is solved and that key operators like the Palm Beach Ferry service can operate in a safe and profitable manner," Mr Wales said.

SOURCE:
Media release, 9 Aug 2018
Matthew Wales, Peninsula Chamber of Commerce

Rotary told of community group work

The Rotary Club of Woy Woy hosted Umina Community Group members Mr Tony Winch and Mr Peter Springett at their latest meeting.

Mr Winch and Mr Springett discussed the various programs the Umina Community Group had delivered to the community over their four years of operation.

"Tony and Peter told us how the group was set up four years ago and has been active in improving life in the Umina area," said Rotary club publicity officer, Mr Vic Deeble.

"They spoke about some projects in which they have been involved.

"The first was the dune rehabilitation along the Umina and Ocean Beach foreshores.

"This has become a significant issue with loss of sand and undergrowth in the past three years."

Mr Deeble said that, unfortunately, the pair did not believe dredging the sand from



the waterway would be suitable as the different sands were unlikely to mix and the sand added would be gradually washed away.

"The next project they referred to was the upgrade to the park in Trafalgar Ave," Mr Deeble said.

"This was originally a rather uninspiring park with only grass and a swing.

"Now with careful planning and cooperation from the Council, a park has been created that is a pleasure to sit in and enjoy.

"Tony then spoke about the upgrade taking place to the skate park that benefitted from a survey of the youth who use that facility.

"Apparently the most desired improvement was a bubbler," Mr Deeble said.

"Finally, he spoke about National Tree Day and the Group's tree planting in Augusta St and Sydney Ave, Umina.

SOURCE:
Newsletter, 31 Jul 2018
Vic Deeble, Rotary Club of Woy Woy



Linda Emery
Lawyer
Since 1983

Hospital &
Home Visits
By Appointment

Specialising in:

FAMILY LAW

- Divorces
- Children's Issues
- Binding Financial Agreements
- De facto
- Property

WILLS & ESTATES

- Probate, Wills & Disputes
- Power of Attorney
- Enduring Guardianship

So much more than just law...



Linda Emery
& ASSOCIATES PTY LTD

LAWYERS & CONVEYANCERS

Ground Floor, Suite 6, 22 Watt St Gosford

CONVEYANCING

- Purchase & Sale of Property
- Refinancing Mortgages
- Purchase & Sale of Business
- Leasing
- Retirement Villages

COURT APPEARANCES

- Criminal Law
- Traffic Matters
- AVO Matters
- Drink Driving

4323 4766

Email: lemery@lindaemery.com.au

Web: www.lindaemery.com.au



Adam
Crouch MP
Member for Terrigal

"Working for you"

4365 1906 @ terrigan@parliament.nsw.gov.au f AdamCrouchMP

Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250

Authorised by Adam Crouch MP, Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250.

ADVERTISEMENT





Community group plants record number of street trees

Umina Community Group has planted a record number of street trees to coincide with National Tree Day on Sunday, July 29.

A team of 21 residents and community group members joined together in Augusta St and Sydney Ave, planting 18 semi-advanced trees in nature strips.

Residents selected their tree from a list of suitable native species, with trees supplied by a Somersby nursery called Sustainable Natives.

Central Coast Council supported the event by providing assistance with tree positioning.

Grow Urban Shade Trees group co-founder Ms Debbie Sunartha organised the event on behalf of the Umina Community

Group.

She said she was confident the successful trial street-planting event demonstrated to Council the groundswell of support from the Peninsula community for greener streets.

"With 21 volunteers turning out for the day, and from the overwhelmingly positive feedback we had from more residents, it's clear that Peninsula residents genuinely appreciate the benefits of street trees," Ms Sunartha said.

"Planting trees represents what community is all about.

"It forges friendships between neighbours, helps the environment and makes our suburbs more attractive for locals and visitors," she said.

"Rising temperatures are increasingly affecting suburban

areas.

"Studies show that leafier streets are not only cooler, but can contribute to property values up to \$16,000 higher than on barren streets.

"With neighbouring local council area, the Shire of Hornsby, announcing a target of 25,000 new trees to be planted before 2020, we are asking our own local residents to get in touch with Central Coast Council and encourage it to follow suit."

Fellow tree group founder Ms Jennifer Wilder said: "With larger houses and smaller gardens, as well as a trend for larger areas of hard ground cover and reflective surfaces in housing design, our suburbs are heating up.

"The shade provided by street trees is essential to combat this

heat, plus it reduces electricity bills by decreasing the need for air conditioning," Ms Wilder said.

"The National Tree Day street planting event was the third annual event of its kind organised by Umina Community Group.

"To date the group has planted more than 170 street trees on the Peninsula."

Community Group project co-ordinator Ms Melissa Chandler said the Group's key priorities this year include upgrading Trafalgar Avenue park with support of Central Coast Council, regeneration of coastal dune habitat in the local area, street tree plantings and urban landscape improvements, community education initiatives to teach residents how to remove graffiti, developing strategies to increase kerb and guttering in

Umina, participating in Central Coast Council's Coastal Zone Planning process to protect Umina and Ocean Beach foreshores.

Further information is available at: <http://www.uminacommunitygroup.com.au/> or via email contacts@uminacommunitygroup.com.au.

The group meets bi-monthly at Club Umina.

For further information about Central Coast Council's urban shade plans, ask Central Coast Council on (02) 4325 8222.

To become involved with street planting, email gust@uminacommunitygroup.com.au

SOURCE:

**Media release, 6 Aug 2018
Melissa Chandler, Umina
Community Group**



Never underestimate the power of a donation.

Join Deepwater Plaza on Friday 17 August for a community day full of fun and excitement. We invite every customer that enters the centre to make a gold coin donation entry fee to shop.

All money raised will support the Central Coast Children's Fund.

Let's make a difference together.

In partnership with:



Proudly supported by:



deepwaterplaza.com.au



One-on-one technical support



Whether you're time-poor or just find technology a bit daunting, we're here to help. Our Platinum experts can get your technology working the way it should, even if it's not a Telstra product.

\$15 /mth
for 12 months.
Min cost \$180

TELSTRA PLATINUM® SERVICE SUBSCRIPTION

- Ongoing support in-store
- 24/7 support over the phone and online

WHAT'S COVERED?

- Support for a wide range of devices
- Help with common software applications
- Technical support and coaching for your services, network, gadgets, and common problems.

To learn more chat to Chris or Shane today.

Telstra Store Woy Woy

🏠 Deep Water Plaza, Woy Woy

☎ 02 4341 0061

📍 Opposite the Greater Building Society

THINGS YOU NEED TO KNOW: Telstra Platinum®: Only for eligible Telstra consumer customers. Telstra Platinum services for computers are only available for Windows and Mac OS and are not available for some devices and software. Fair use policy applies. The cost of any software/hardware is not included in the price of the service and you are responsible for any data charges. For details of pricing for Telstra Platinum services, ask for more information in-store or visit www.telstra.com/platinum. The spectrum device and "T" are trade marks and ® are registered trade marks of Telstra Corporation Limited, ABN 33 051 775 556.

Road-raising request rejected

A concept to raise Brick Wharf Rd by 40cm for the proposed Sporties redevelopment has been rejected by Central Coast Council's planning assessment staff.

The concept was floated as a way to provide senior residents with safe access to and evacuation from the site.

The Council's assessment report has recommended the Joint Regional Planning Panel rejected a proposal from Woy Woy Holdings Pty Ltd to replace the existing bowling club on the corner of Brick Wharf Rd and North Burge Rd with 63 senior living units, a new club and retail outlets.

It declared the concept of raising Brick Wharf Rd "not safe".

"On April 6, 2018, Council received advice from EMM Consulting with regard to a potential solution for flood evacuation," the staff assessment report stated.

"The proposed concept involved the raising of Brick Wharf Rd and was referred for review to Council's Flood and Drainage Engineers," the report said.

A detailed assessment of

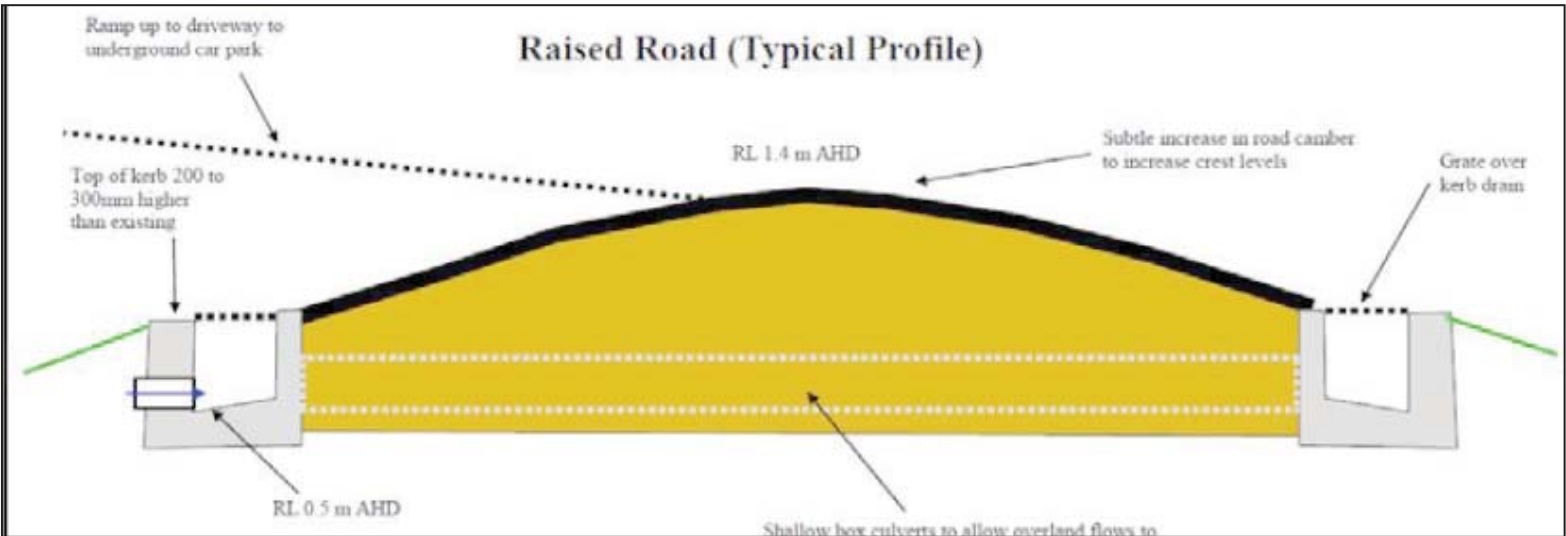


Diagram of proposal to raise road

the proposal was conducted by Council's Waterways and Coastal Protection Division.

The developer's engineer proposed raising the road crown by 0.4 metres with the gutter levels remaining unchanged.

"Raising the road crown ... would increase the average cross fall to 15 per cent which is not safe," according to the Waterways and Coastal Protection Division's

assessment.

"Therefore the proposal to retain existing kerb and guttering is not feasible," the assessment concluded.

According to Council's experts the road levels would need to be raised by 0.74 metres to account for the probable maximum flood.

"This is not feasible," the experts concluded.

"Road raising could possibly

be considered in the context of an overall adaption strategy for this whole northern part of Woy Woy where all land and infrastructure is raised to a safe level," the assessment said.

"But such a strategy does not exist at present.

"Even if a wide-scale land raising strategy was adopted for this part of Woy Woy then it would still not be appropriate for sensitive

and vulnerable development types such as seniors housing, given that safe access and evacuation is required up to the probable maximum flood," the experts concluded.

"The existing road cannot be raised to support the proposed development."

SOURCE:
Central Coast Council
Agenda 6.2, 13 Aug 2018



Greens parliamentarian, Mr David Shoebridge, met with Woy Woy residents

Resident meet with Greens MP to oppose Sporties' DA

Local residents and campaigners met with Greens MP Mr David Shoebridge outside Woy Woy Bowling

club on Thursday, August 8, to call for the Joint Regional Planning Panel to reject the redevelopment of the site.

Save Woy Woy Waterfront president Mr Ross Cochrane said the proposal for 63 seniors housing units was "highly contentious" because the site was flood prone.

"The local campaign has been given strong support by a fresh report from Central Coast Council that has recommended the development be rejected by the Joint Regional Planning Panel," he said.

"Our group has been saying all along that this site is unsuitable and the development must not be permitted."

Mr Shoebridge said: "This proposal should never have got to first base.

"The site is wrong, the zoning is wrong and its bulk and scale is offensive.

"Seniors housing on this site would expose older people to the risk of being trapped in floodwaters.

"This risk will only increase as a result of climate change."

SOURCE:
Media release, 8 Aug 2018
Kym Chapple, Office of
David Shoebridge MLC

Join Our Team

We are currently looking for casual Registered Nurses & Care Service Employees to join our team.

Why work for us?

- Flexible Hours
- Salary Packaging Available
- Friendly & Supportive Team
- Not For Profit Organisation
- Career Opportunities
- Subsidised Gym Membership

Want to Apply?

Application forms are available on our website or from reception at BlueWave Living. Once complete you can email your application to jobs@bluewaveliving.org.au



EXCELLENCE IN RESIDENTIAL AGED CARE

6 Kathleen Street,
Woy Woy NSW 2256
Phone: 02 4344 2599
www.bluewaveliving.org.au

Council staff reject use of Lions Park for Sporties access

Central Coast Council planning assessment staff have ruled out the possibility of the Lions Park reserve being used for access by the Sporties registered club at Woy Woy.

The proposal to use the Crown Land Reserve for access was part of the proposal for redevelopment of the Sporties club site.

The developer proposed that a loading dock waste collection area and internal shared road would terminate at a third roadway leading to Lions Park.

Council's assessment report stated: "The Traffic and Parking Impact Assessment Report, prepared by Barker Ryan Stewart, dated October 2017, identifies a ... delivery vehicle would be able to enter and leave the site in a forward direction via the internal road way which services the loading dock, exiting to the cul-de-sac of the rear car park.

"Waste collection will also be via the restricted access internal road way," the report said.

"The Minister for Lands and Water, as owner of the Lot 7303 in DP 1162281, has not granted landowner's consent for lodgement

of a development application required under the Environmental Planning and Assessment Act 1979.

"Neither a licence nor easement over Crown Land in accordance with the Crown Lands Act has been sought.

"On July 1, 2018, the Crown Lands Management Act 2016 commenced which transfers management of Crown reserves to the Local Government Act 1993.

"Council cannot consent to the vehicular egress junction associated with the proposed development for a private benefit without reclassifying Lions Park to Operational Land.

"Lions Park will not be classified as Operational Land.

"Lions Park will be classified as Community Land based upon its original purpose of public recreation.

"The transitional arrangements under the Crown Land Management Act do allow for a period to develop Plans of Management or reclassification arguments for existing arrangements but not new arrangements such as is currently proposed.

"The Crown Lands Management

Act will follow the process of Local Government Act in regard to the classification, categorisation and management of land.

"Utilising the adjoining Crown reserve as a vehicular egress point for the development will not ensure the land is managed in accordance with the objectives of the RE1 Public Recreation Zone contained within Gosford Local Environmental Plan 2014 and the Council's Plan of Management for Community Parks.

"In view of the above considerations, Council cannot support the development in its current form."

The Council report also confirmed the transfer of ownership of a block of Crown Land in 2015 to Woy Woy Holdings Pty Ltd, owners of the Sporties land.

According to the assessment report: "Number One North Burge Rd, Woy Woy Holdings Pty Ltd ACN 105 112 374.

"The land was transferred to the current owner by the State of New South Wales on June 19, 2015.

"Council has no relationship with Lot 369 DP755251."

SOURCE:
Central Coast Council
agenda 6.2, 13 Aug 2018



Woy Woy CWA Branch president Ms Jane Bowtell, with the WI Centenary pin and international officer, Ms Kate Jagger

International officer returns to Woy Woy

Woy Woy Country Women's Association's international officer Ms Kate Jagger has returned home after a stint in Europe.

During her travels, Ms Jagger visited many European CWA branches and community organisations with links to Australia's CWA.

"Kate paid a visit to our sister WI Branch in Greenside," said club publicity officer Ms Emily Bowtell.

"The ladies of Greenside were kind enough to present Kate with a WI Centenary pin which she passed onto president Jane."

SOURCE:
Social media, 29 Jul 2018
Emily Bowtell, Woy Woy CWA Branch

Objectors notified of opportunity to speak

Objectors to the proposed redevelopment of the Sporties bowling club in Woy Woy have been notified of the opportunity to speak to the Joint Regional Planning Panel.

The proposal would see the bowling club on the corner of Brick Wharf Rd and North Burge Rd replaced with 63 senior living units, a new club and retail outlets.

The panel will meet at the Gosford Chamber of the Central

Coast Council, at 49 Mann St Gosford on Thursday, August 23, at 4pm, to hear public submissions before considering the proposal.

"The purpose of the meeting is to give interested people the opportunity to speak directly to the planning panel before a decision is made," said Planning Panel Secretariat senior project officer Ms Suzie Jattan.

Those wishing to present to the panel must register with the secretariat before 4pm on Tuesday, August 21, by phone on

02 8217 2060 or email to enquiry@planningpanels.nsw.gov.au.

Members of the public are welcome to attend the meeting as observers.

Individuals are given three minutes to speak, a community group 10 minutes in total, and the applicant, including consultants, a total of 15 minutes to present and address issues raised in public submissions.

SOURCE:
Advertisement, 6 Aug 2018
Suzie Jattan, Planning
Panel Secretariat

THINKING OF SELLING?

List and Sell your property through us, mention this ad and we will rebate \$500 upon settlement !!

FREE MARKET APPRAISAL - OBLIGATION FREE

Quick response, Quick turn around, Service and Civility!

Licensed Real Estate Agent,
Stock Station Agent, Auctioneer

Lois Jones
Real Estate

4339 7644 - lois@loisjonesrealestate.com

Court & Insurance Specialists

- Personal injury and work related claims
- Building disputes – advice and representation
- Commercial/business litigation
- Probate, wills and disputes
- Conveyancing
- Family law

CBD LAW
Solicitors & Attorneys

NSW Law Society Accredited Specialist since 1996

Solving legal problems effectively and efficiently for
the Coast and Mountain communities for over 20 years

move forward | take action | get results
25 Alison Road, Wyong 4353 1248
98 Mann Street, Gosford 4322 6666

Forum

Council and police fail to act on offensive noise

I've complained many times about two neighbours' offensive noise from outdoor music coming into my home - both to police and Council.

Council has the authority under the Protection of the Environment Operations Act 1997 for noise control but the most they'll do is send a letter and rely on the recipients (and their youthful progeny) to do the right thing.

Police say they have insufficient resources and have "total discretion" to ignore complaints anyway - hilarious!

On several recent Friday and Saturday nights, neighbours up the back have been playing very loud music in their backyard which goes on late into the night.

Sometimes it starts about 9pm and the last time it began at 11pm.

The screaming and extremely loud thumping noise can be felt inside my home and makes it

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

impossible to sleep.

It's like someone is burgling your home.

You don't want them there but there they are.

We're not allowed to drive above certain speed limits because it's against the law.

So why do these people believe they are entitled to keep

on breaking the law regarding offensive noise?

Both offending neighbours have been advised by Council that "offensive noise" is defined in as being noise: "that, by reason of its level, nature, character or quality, or the time at which it is made or any other circumstances: (i) is harmful to (or is likely to be harmful to) a person who is outside the premises from which it is emitted, or (ii) interferes unreasonably with (or is likely to interfere unreasonably with) the comfort or repose of a person who is outside the premises from which it is emitted, or that is of a level, nature, character or quality prescribed by the regulations or that is made at a time, or in any other circumstances prescribed by the regulations".

On both counts above these people ignore the law and know full well that they are doing just that.

Email, 5 Aug 2018
Maggie Bartlett, Umina

Adaptation replaces caution in planning theory

In response to an article in Peninsula News edition 450, regarding DA54685/2018; the Peninsula News' fortnightly brain teaser has beaten me again.

I am confident it has also

Forum

defeated Council's planners: What to do when a development application lacks information?

Pass it without hesitation?

Is anyone capable of answering

all the questions that are unanswered in the statement: "the multi-unit housing would be located within walking distance of outdoor and indoor recreational facilities which allows for occupants to regularly participate in outdoor and social pursuits"?

Minor details missing are: names of occupants, physical and mental health, mobility, hobbies, interests, existing membership of social/recreational/sporting clubs, memberships of licensed clubs, specialist medical needs, available outdoor and indoor recreational facilities that are of interest to occupants within walking distance.

What impact is inevitable?

A comprehensive report similar to a traffic and parking study should be standard procedure, that addresses the possibility of significant development at Farnell Rd and Sporties Woy Woy.

Impact is multiple not singular.

Include these and other developments in the hypothesis and the process becomes 100 per cent theory.

With the surge of development on the Peninsula, trusting in non-compliance and planning theory will create major problems, with adaptation being the best advice from the problem creators.

We are adapting to climate change, and adapting to planning theory.

Adaptation has replaced the precautionary principle and sustainability.

Letter, 31 Jul 2018
Norman Harris, Umina

Concrete eyesore is insensitive and crass

How can the Council authorise the concreting of a War Memorial garden bed at Woy Woy?

They will not build concrete footpaths for us to walk on yet they spend our rates on a concrete eyesore in an area where we remember our fallen.

How insensitive. How crass.

Don't these councillors have any sense of empathy for the men

Forum

and women who gave their lives to try and make our country a better place?

I despair at their actions and question whether I could ever again accept their decision on anything.

Letter, 2 Aug 2018
Rod Fountain, Booker Bay

The Whitfields were fantastic role models

After reading of the wonderful achievement of Keith and Joan Whitfield's 60th wedding anniversary, so rare in this day and age, I would like to share with everyone what fantastic role models the Whitfields were to me and many other teenagers in 1970s and 80s.

We were friends of Mr and Mrs Whitfield's daughters.

Their tolerance, generosity and understanding seemed almost limitless.

They welcomed us into their home, often feed us and would even give a lift home on occasion.

Advice with a smile was always available when needed.

I have treasured memories of that era.

Forum

Such a different world we now live in.

Mr Whitfield's letters to the editor, his humour, passion for local history and topical comments are enjoyed by a large following of people I know.

We all look for his letters with expectation.

The Whitfields are an iconic local family and I only hope I can be a nearly as good a role model to the young people in my life as Mr and Mrs Whitfield were to me.

I was lucky to have them in my life.

Congratulations on your wedding anniversary and beautiful family.

Email, 9 Aug 2018
Brian Lewis, Umina

INSTEP FOOTWEAR

New season just arrived



Good old fashioned service with a smile

Shop 136 - Imperial Shopping Centre
Gosford - 4324 2264

MTV Bathroom Centre

Celebrating our 15 Year Anniversary

CRAZY SALE NOW ON



We have all size vanities from mini 420mm to huge 1800mm to meet all your needs



HIGH GLOSS VANITY



BATHS
Luxury freestanding bath
Freestanding spa bath



TOILET SUITES



1500MM
\$650



Only \$145



9 only available
Aust. Std. 4 Star Wels.

HURRY IN TO GRAB THESE ONCE-IN-A-LIFETIME BARGAINS

Online store: www.sydneybathroomsupply.com.au Rush in today while stocks last

WOY WOY - 169 Blackwall Road • Phone 4344 1376
MINCHINBURY - Shop 33 M Centre
40 Sterling Road • Ph: 9675 6885
GRANVILLE - 164-166 Parramatta Rd (cnr Bold St) • Ph: 9682 1662
Email: xwang@mtvt.com.au

Forum

It is time for Council to reject non-complying applications

A developer has submitted a development application which does not comply with Gosford planning controls for street, side or rear setbacks, apparently supported by town planners, Wales and Associates.

Surely it is time for Council to reject, on first reading, any application which does not comply with Council requirements.

For any developer to ask for Council to support amendment of setback requirements because the development "remains compatible with predominant patterns of

Forum

building and gardens that define the existing and desired character of the local neighbourhood" is outrageous.

On whose definition should the desired character of the local neighbourhood be based, the developers or the people of the Peninsula?

New development may be encouraged but it must be for the benefit of the community as a whole, not just developers and their associates.

Letter, 3 Aug 2018
Marie Haastrup, Umina

Larger bags now festoon the roadside

The major supermarkets have stopped using cheap plastic bags and are now issuing larger, more durable plastic bags.

It didn't take long for the larger bags to festoon the roadside.

Some years ago, I used to take my dogs for a walk near the old rubbish tip at South Woy Woy.

One particular stormy day we witnessed the tidal creek near the tip, well, it was covered in plastic

Forum

bags.

They hung from trees and bushes.

They covered the water of the creek.

It was surreal, like a Salvador Dali painting, once seen never forgotten.

Letter, 26 Jul 2018
Keith Whitfield, Woy Woy



COULD YOUR KITCHEN DO WITH A FACELIFT... AT LESS COST? DON'T REPLACE IT, REFACE IT

Transform the look of your kitchen by fitting replacement doors, drawer fronts, panels, handles and bench tops.

Create a brand new look and feel with no compromise on quality, choice and design.

DREAM DOORS®
AMAZING KITCHEN FACELIFTS

CALL JOHN
0423 765 246

NEWSPAPERS

Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

AUGUST 2, 2018

YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369

ISSUE 188

20 year vision to guide share of Snowy Hydro legacy fund

Parliamentary Secretary for the Central Coast, Scot MacDonald, and Member for Terrigal, Adam Crouch, have welcomed a 20-year framework for regional investment to guide the allocation of resources from the new \$4.2b Snowy Hydro Legacy Fund.

Winney Bay stage two to be the subject of additional community consultation

The plans for the next stage of works at Winney Bay will be the subject of an additional round of community consultation before work begins, according to Councillor, Jeff Sundstrom.

Council is developing a Draft Climate Change Policy

Council is developing a Draft Climate Change Policy that will meet the NSW State Climate Change Policy direction to achieve a net-zero emissions by 2050.

Council staff respond to asbestos questions sent to all 15 elected Councillors

A discussion about ongoing findings of asbestos on Wamberal and Terrigal Beaches was deferred by Central Coast Council until "a response is provided to all questions raised in regards to the asbestos issue".

Wamberal and Terrigal beaches' asbestos issue badly handled

Pat Aiken, of Coastal Residents Inc., believes that Central Coast Council has mismanaged the location of Asbestos Containing Material (ACM) at Wamberal and Terrigal beaches.

Cash Flow Statements to be provided to Councillors

Cash Flow Statements will be provided to Central Coast Councillors for the first time, following a resolution at the July 23 Council meeting.

Increased monitoring of water quality at Mangrove Mountain landfill site sought

Council's Mangrove Mountain and Land at 40 Gindurra Rd, Somersby, could be the site of a new waste and resource transfer station, also described in the application as a warehouse and distribution centre, if Central Coast Council approves a development application.

Proposed new waste and resource transfer station to have 140 staff

Land at 40 Gindurra Rd, Somersby, could be the site of a new waste and resource transfer station, also described in the application as a warehouse and distribution centre, if Central Coast Council approves a development application.

Motion to leverage Sister City relationship with Edogawa fails

Councillors Greg Best and Bruce McLean attempted to move a motion to encourage Central Coast Council to leverage its Sister City relationship with Edogawa, Japan, to call for an end to scientific whaling.

The full articles and more can be seen on line on our website www.centralcoastnews.net. Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 146
8 August, 2018

Your independent community newspaper - Ph: 4325 7369

Environmental Defender joins fight to save Kangy Angy trees

The NSW Environmental Defender's Office (EDO) has stepped up to represent Kangy Angy residents as they fight to save a stand of mature trees in Orchard Rd that were not earmarked for removal in Transport for NSW plans for its innercity fleet rail maintenance

CEN calls for more support for Kangy Angy residents

The Community Environment Network (CEN) has called on the broader community to support the Kangy Angy residents who continue to fight the environmental destruction being caused to make way for the NSW Government's intercity train fleet

McBride calls a halt on Kangy Angy land clearing until proven to be lawful

Member for Dobell, Emma McBride, called for the Kangy Angy land clearing to be halted until proven to be lawful.

Orchard Rd trees will not be removed for now

Mr Murray Harris, Transport for NSW's Project Director of the New Intercity Fleet, told the Environmental Defender's Office that "as a goodwill gesture" TfNSW will not remove any trees from Orchard Rd, Kangy Angy, until it provides a comprehensive

Council has no power over Kangy Angy works

Central Coast Council called on the State Government to pause works and consult with residents over amended plans for the Rail Maintenance Facility at Kangy Angy, which has resulted in significant removal of trees.

Rail Maintenance Facility promised jobs could go to Koreans

An independent research report about the new intercity train fleet, published in 2016, raised questions about whether the promise of jobs for Central Coast locals at the Kangy Angy Rail Maintenance Facility would be delivered.

David Mehan joined the chorus of calls to stop clearing of native vegetation

Member for The Entrance, David Mehan, joined the chorus of calls for the NSW Government to immediately halt all clearing of native vegetation at the proposed site of the Kangy Angy Rail Maintenance Facility.

Threshold of 25 objections is recommended for a DA to be referred to a public meeting

The number of submissions required for a development application (DA) to be referred to a public Central Coast Council meeting may be dropped from the current 50 to 25, if a recommendation to the August 13 meeting is adopted.

Report to be sought on potential impacts of pollutants

The issue of the pollution risk posed by PFAS, ash dams and air pollution, will be discussed by Central Coast Council as a result of a notice of motion put on the August 13 meeting agenda by Mayor, Jane Smith.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

Forum

Flood studies have already been conducted

"Flooding on the Peninsula will be studied to determine the best way to address it." (Peninsula News, July 30)

Council has conducted numerous studies of flooding on the Peninsula in the recent past and documented the effects "in both road reserves and on numerous residential properties throughout the Peninsula".

"Council staff told the July 23 Council meeting."

So why does this Council now need to spend a further \$240,000 of our rates and taxes on more studies?

The Kahibah Creek Floodplain Management Plan of 1994 not

Forum

only shows comprehensive flood levels but also recommends what developers and residents can do on their properties so that the flood situation is not made worse.

Obviously filling in and building in the flood way is prohibited, and yet the State Government is throwing \$160,000 into the pool, while they allow residents to erect two exempt developments in any flood way.

Council's compliance department can do nothing (even if they wanted to) and our councillors in the past have refused to

make a stand against this State Government folly.

The best Council can come up with is more useless kerb and guttering, piping flood waters several kilometres to the beach at great expense and the results are there for all to see.

Flooding remains while the stormwaters continually erode the beach, pushing hundreds of tons of our highly mobile beach sand offshore, which is then moved by the tides into the Ettalong Channel.

Why?

Well here's why: "This planning must be undertaken" (despite it having already been done) "prior to funding applications for works," Council staff told Council.

These works are not only expensive waste of our rates but futile.

I am assuming here that the witless Council works are more kerb and guttering.

Please Council, tell me I'm wrong.

Email, 9 Aug 2018
Bryan Ellis, Umina

Councillors should prepare for climate change decisions

How many councillors are qualified to discuss climate change?

At the July 23 Council meeting, Woy Woy resident Mr Mark Ellis addressed councillors on climate change and its impact.

Firstly, the impact will not be limited to beachfront-waterfront properties.

The responsibility for this fiasco is borne by land use planners, not the public.

The Parish Map of Patonga (April 22, 1963) shows few streets in the square of Lone Pine Ave, Ocean Beach Rd, Veron Rd; Why?

The Gosford-Wyong Joint Water Supply topographic contour map shows this area as having the lowest elevation on the Peninsula.

This is the area well-known for local flooding.

Unless the area received four metres of clean fill, flooding was inevitable.

What will happen to these properties - properties without a beachfront - as climate change exacerbates the situation?

The folly of past indecisions has taken a sharp U-turn.

Mr Ellis is prepared for the

Forum

future. How many Councillors and residents are?

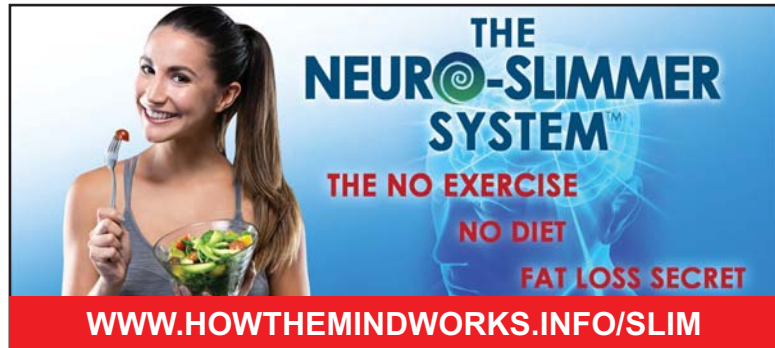
When the climate change policy hits the headlines, it will not be necessary to refer issues to the CSIRO.

In 2013, I referred a standard Agenda Climate Change and Sea Level Rise script to the scientific authority for comment.

The advice was it was unable to provide a report on "the likely impact it will have on the subject development".

Councillors should prepare for many late night Council meetings.

Letter, 26 Jul 2018
Norman Harris, Umina



THE NEURO-SLIMMER SYSTEM™
THE NO EXERCISE
NO DIET
FAT LOSS SECRET

WWW.HOWTHEMINDWORKS.INFO/SLIM

Woy Woy
Osteopathic Centre
Osteopathy and Accupuncture

Gentle treatment for back or neck pain, joint problems, headaches and more.

David Legge and Damon Clark
112 Blackwall Rd Woy Woy
Ph 4343 1340

saratoga medical

OFFERING PROFESSIONAL SERVICE IN A FRIENDLY ENVIRONMENT

BULK BILLING AVAILABLE

**CHILDREN UNDER THE AGE OF 16YRS
PENSIONER & CONCESSION CARD HOLDERS**

WE WOULD LIKE TO WELCOME TO THE PRACTICE
DR CHERIE CASTAING & DR JEEVE SAMARASINGHE
WORKING ALONG SIDE
DR CARMEL SULLIVAN
DR JAIMIE REES
DR VICTOR NAKHLA

ON SITE PATHOLOGY

ONLINE BOOKINGS

Allied Health Professionals
Chiropractor - Psychologist
Dietitian - Podiatrist - Exercise Physiologist - Physiotherapist

Book your appointment
MONDAY - FRIDAY 8:00am - 5:30pm
SATURDAYS 8:00am - 1pm

4363 1066

Shop 1/10 Village Road, Saratoga
www.saratogamedicalcentre.com.au

Sponsored by **NEWSPAPERS**

rainbow club

Helping children with a disability learn to swim and be safe in the water

Tuggerah Rainbow Club
YMCA Mariners Aquatic Centre
1 Bryant Drive, Tuggerah
Saturdays 12.30-4.00pm

Membership subscription: \$280 per school term.
Subsidies may apply - check our website for 2018 subscription options.

Our Clubs are run by parents who volunteer their time.
Parents may be asked to help out from time to time.

Vacancies arise regularly and at short notice so we recommend you register and be ready to start swimming with a club that understands disability and encourages individualised focus and learning.

In addition to weekly lessons, members are invited and encouraged to participate in Rainbow Club's calendar of social events.

Social Swimming Club for Children with a Disability

Register on our website: rainbowclubaust.com.au

rainbowclubaustralia **RainbowClubAust** Registered NDIS Provider

Are You Looking For An Experienced, Affordable & Gentle Dentist For Your Family?



General Dentistry



Cosmetic Dentistry



Implant Dentistry



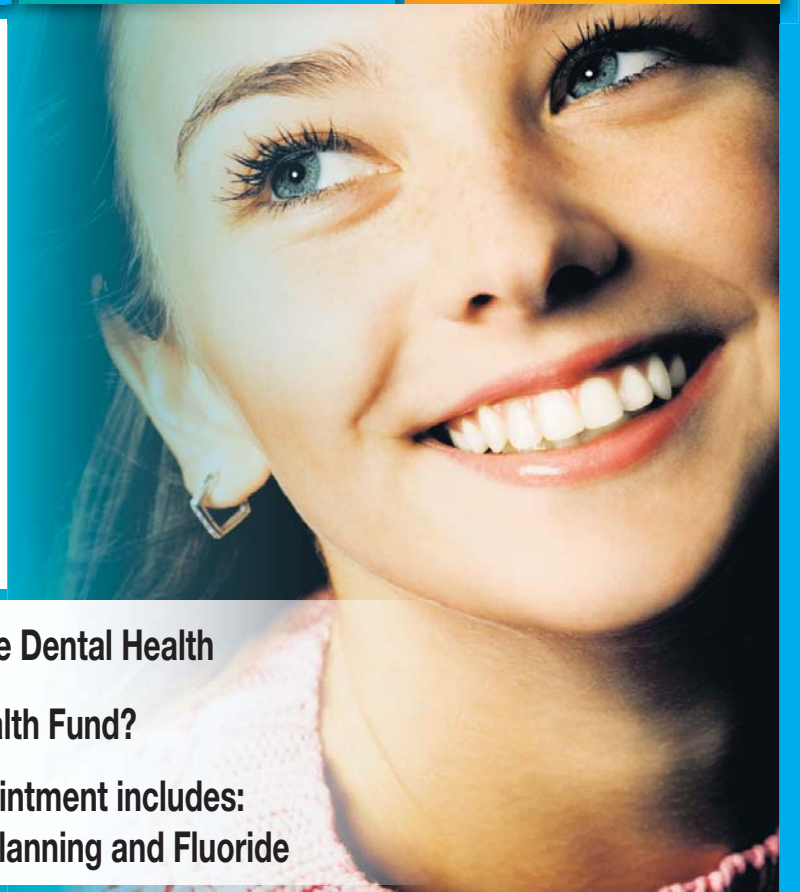
Laser Dentistry



Children's Dentistry

NEW SMILE SPECIALS

Packages on Dental Implants & Smile Designing



NO GAP

Exam and Clean appointment for Private Dental Health

Insurance patients. Not with a Health Fund?

Just pay \$179 Includes FREE Xrays worth \$160 The 60 minute appointment includes:
Full Comprehensive Exam, Clean and Polish, OPG X-rays, Treatment Planning and Fluoride

A whiter brighter Smile in one hour PHILIPS Zoom White speed in chair teeth whitening special - only \$595 (normally \$950)

Free Assessment for dental implant.

• single tooth replacement • full mouth rehabilitation over 4-6 implants • implant supported dentures

0%

INTEREST ON PAYMENT PLANS

Gosford Dental Lifeline

We provide reasons to smile

Ph: 4323 7007



Gosford
Bondi

Bulk Billing

\$1,000 Free Dental Care for children age 2 to 17 - Ask us for the Details



Dr. Meena Gambhir



Dr. Namita Mehta

PORCELAIN VENEERS | FREE CONSULTATION | INVISALIGN

Saturday Appointments Available - We accept Veteran's Affairs patients

Shop 1, 201 Mann Street, Opposite Gosford Train Station, Gosford 2250

gosford@dentallifeline.com.au | www.dentallifeline.com.au



medicare

Health



Rotary club sponsors Ugandan doctors

The Rotary Club of Woy Woy has sponsored two Ugandan doctors to enable them to attend the International HIV-AIDS Conference in Amsterdam in July.

Woy Woy Rotarian Ms Sue O'Neill accompanied the two doctors.

"Dr Pasquine Ogunsanya and Dr Adebisi Ogunsanya were amongst 18,000 delegates participating in the week long conference," Ms O'Neill said.

SOURCE: Newsletter, 31 Jul 2018
Vic Deeble, Rotary Club of Woy Woy

Your local, independent hearing specialist



Penninsula Hearing

"We are hear for you"



Why choose Penninsula Hearing?

- Proudly local & **INDEPENDENT** hearing clinic
- **FREE** hearing screenings
- **SAVE THOUSANDS** on the latest hearing aid technology
- **FREE** services to eligible Pensioners and Workcover claimants (Government accredited)
- **NO OBLIGATION TRIALS**

Wanted: 15 people to trial the latest Signia hearing aid technology. Call (02) 4342 9736 to book your FREE trial!

Shop 6, 2 Berith Street, Umina Beach
www.penninsulahearing.com.au

Free sessions for new mothers

Woy Woy Community Health Centre is encouraging new and expecting mothers to attend free "drop-in" health sessions.

The free sessions are coordinated the Child and Family Health Nursing Services and delivered by the Central Coast Local Health District, in recognition of World Breastfeeding Week (August 1-7).

Child and family health nurses offer services to families with children 0 to 5 and work with families to provide support, information, education, advice and developmental screening.

The Woy Woy Centre's breastfeeding support group runs every Thursday morning from 9:30am to 11:30am.

The centre also regularly hosts parenting groups and a variety of other sessions run by the Health District.

Some sessions are by appointment only and anyone interested should contact the centre for a full program.

SOURCE:
Social media, 3 Aug 2018
Dr Andrew Montague,
Central Coast Health



ALAN WIGNEY
PODIATRY

336 Trafalgar Ave, Umina

Why pay for treatment?
We offer
100% BULK BILLING

For all EPC Plans
Remember to ask specifically for Alan Wigney when having your care plan done.
We also do DVA and Pensioner Discounts!
For all aspects of podiatry, call us on

4341 4704

August is dental health month

Have you been wearing a denture for more than 12 months?

If so book in for a **free denture assessment** during the month of August, if you bring this notice with you, we will give you a free denture assessment and clean.

LOCALLY OWNED AND LOCALLY MANUFACTURED



A. Wegner

DENTURE CLINIC

30 YEARS IN BUSINESS

66 Ocean Beach Road, Woy Woy

4341 8888



www.wegnerdentureclinic.com.au

Health

Free cardiac testing for soccer players

The Heartbeat of Football Foundation has carried out free cardiac testing at James Browne Oval, Woy Woy, at Southern and Ettalong United Football Club for over-35's and over-45's soccer players from across the Coast on August 4.

The testing was carried out by trained medical professionals from the Victor Chang Institute.

It comes three years after the sudden and unexpected death of over-45's Southern player, Mr



Mickey Dean, who suffered a fatal heart attack during a game in 2015. Mr Dean's death rocked the

football community, locally and internationally, and was the catalyst for the installation of defibrillators across most NSW football grounds, said Southern club president Mr Glen Balneaves.

Mr Balneaves said the testing "proved invaluable", with several players who were tested referred on to their doctors to discuss their results.

"We had around 80 players tested and it just shows how valuable the service," he said.

Mr Balneaves said the club was discussing the possibility of bringing the Heartbeat Foundation to the Peninsula on a yearly basis.

Through bar takings following the event, the club raised \$1000 to donate to the Foundation.

SOURCE:

Media release, 5 Aug 2018
Glen Balneaves, Southern
and Ettalong United

PENINSULA PODIATRY @ 7 VIDLER AVENUE, WOY WOY

FOR GENERAL PODIATRY TREATMENTS - DIABETIC FOOT
MANAGEMENT - NEUROLOGICAL / VASCULAR TESTING -
ASSESSMENT DIAGNOSIS & TREATMENT OF TOENAILS,
CORNS, CALLUS, AND WARTS - LOWER LIMB ASSESSMENTS -
BIOMECHANICAL & GAIT ANALYSIS - PAEDIATRICS (CHILDREN)
FOOTWEAR ASSESSMENT ORTHOTIC CONSULTATION
and FALLS PREVENTION

**WE ARE MEDICARE & DVA APPROVED - PRIVATE FUNDS WELCOME -
HOME VISITS ON REQUEST**

PLEASE PHONE THE CLINIC 4339 5501 / 0419 144 840

CAROLYN LENTHALL B.POD 0419 144 840

MARYANNE McHUGH B.POD 0409 687 100

UMINA

South Street Dental

Umina Beach

Teeth for Life

Cosmetic Smiles

Teeth Whitening

Children and Adults

Complex Reconstruction

Implants

Dentures

Mario Reznik

BDS - 1st Class Honours (Syd)

Dip, Clinical Dentistry-Oral Implants (Syd)

Dental Surgeon

52 South Street Umina Beach

4344 6699

Medicare Vouchers / Teen Vouchers welcome

Veterans' Affairs welcome

HICAPS, EFTPOS and major

Credit Cards Accepted

Accessible ground floor access

with plenty of parking



Do you have difficulty eating?
Are you unhappy with your smile?
Dentures loose or uncomfortable?
Denture over 5 years old or broken?

Yes? Then come see us at...

smiles

on the Coast

**FREE
CONSULTATION**

Bring this advertisement with you for a 10% DISCOUNT on all repairs,
relines and new dentures • All work done in-house • Quality guaranteed

Shop 16A / 153 Mann St. Gosford NSW 2250



4323 6834

www.smilesonthecoast.com.au

Education



College guests included Labor candidate for Robertson Ms Anne Charlton, Member for Barton Ms Linda Burney, Member for Gosford Ms Liesl Tesch and Senator Deborah O'Neill.

Aboriginal parliamentarian speaks at college

The first aboriginal woman to serve in the House of Representatives, Member for Barton Ms Linda Burney, has attended the Naidoc Week assembly at Brisbane Water Secondary College Woy Woy campus on Wednesday, August 1.

Ms Burney, a Wiradjuri woman, began her career as a teacher in

Western Sydney and then as an education bureaucrat

She went on to be appointed director-general of the Department of Aboriginal Affairs in 2000 before being the first aboriginal person to be elected to the NSW Parliament prior to becoming a Federal Member.

"Ms Burney has been campaigning for the betterment of indigenous peoples' lives for

more than 30 years," said college principal Mr Paul Gilmore.

Ms Burney was joined at the Naidoc celebration by Central Coast Labor representatives Ms Liesl Tesch, Ms Anne Charlton and Senator Deborah O'Neill.

SOURCE:
Social media, 27 Jul 2018
Paul Gilmore, Brisbane
Water Secondary College
Linda Burney, Member for Barton

New mental health program at Woy Woy

Woy Woy Public School will be participating in a new school-based mental health early intervention program in Terms 3 and 4.

Principal Ms Ona Buckley said the program aimed to reduce the frequency and severity of conduct problems, including the development of severe behaviour problems such as conduct disorder in young children from Kindergarten to Grade 2 (between the ages of five to eight years).

"The program is established in three locations in NSW: Dubbo, Mt Druitt and Newcastle.

"Reports indicate that the program has been well received in schools and that both parents and teachers are benefiting from the opportunity to learn new information and skills in managing children with identified mental health concerns," Ms Buckley said.

Ms Buckley said the program was a short-term, multilevel program delivered over two

consecutive terms.

"Screening and assessment is completed in the first term and specific interventions are provided in the second term," she said.

"Providing mental health services, information and support to both education staff and parents in a familiar and neutral setting helps to overcome some of the barriers (such as stigma, accessibility and availability of suitable local services support) that can discourage vulnerable families from seeking help."

Ms Buckley said: "The program will provide families with an opportunity to be part of a fun and supportive group that can improve social and emotional wellbeing, by fostering positive family relationships and helping parents and teachers to deal with challenging behaviours."

SOURCE:
Newsletter, 3 Aug 2018
Ona Buckley, Woy Woy
Public School

CRYSTAL FESTIVALS AUSTRALIA
Presents
**4th Annual
CENTRAL COAST
CRYSTAL FESTIVAL**
18-19 August
Gosford Showground
Showground Road, Gosford
Meet "Buttercup" the 6m Dinosaur
**Crystal Exhibition
& Sale**

FOSSICKING WORKSHOPS

- Crystal • Gems • Jewellery
- Fossils • Rocks • Minerals
- Beads • Tumbled Stones
- Hand Crafted Jewellery
- Aussie Made Fossicking Equipment
- Australian and Exotic Geology

RESIDENT JEWELLER FOR RESIZING

Coffee and snacks available

Adults \$5.00 Under 12 free

Saturday & Sunday 9:00-5:00pm

www.crystalfestivalsaustralia.com.au

Sponsored by
NEWSPAPERS



Shared living with all the creature comforts

Design your own independent lifestyle with personalised support from Fairhaven. A new supported accommodation vacancy is now available:

- ✓ Ettalong location
- ✓ Best for ages 40-60 years
- ✓ Suited for an NDIS Participant that has, or is eligible for, supported accommodation funding
- ✓ Has low level support needs
- ✓ Must love dogs!

Register now

Call 4349 5500 or visit
fairhaven.org.au/ettalong


fairhaven

Book Week parade at Pretty Beach

Pretty Beach Public School's 2018 Book Week celebrations will be held on August 24.

"It's time to get excited about the annual Book Week Parade," according to principal Ms Deborah Callendar.

"The theme this year is 'Find Your Treasure' and we can't wait to see what students will dress up as," she said.

Students can choose to dress up as a book character or in a costume to match the theme.

"Costumes need not be expensive as many book character costumes can be created using everyday clothing," Ms Callendar said.

There will be awards for the most creative, craftiest and most colourful costumes announced at the parade.

SOURCE:
Newsletter, 2 Aug 2018
Deborah Callendar, Pretty Beach Public School



Debating team hosts third round

Pretty Beach Public School's debating team has hosted the third round of the Premiers Debating Challenge.

Brisbania Public School were the opposing team on July 30.

"Both teams did a fantastic job at debating the topic that male and female parents should be forced to spend equal amounts of time looking after their children," said Pretty Beach principal Ms Deborah Callendar.

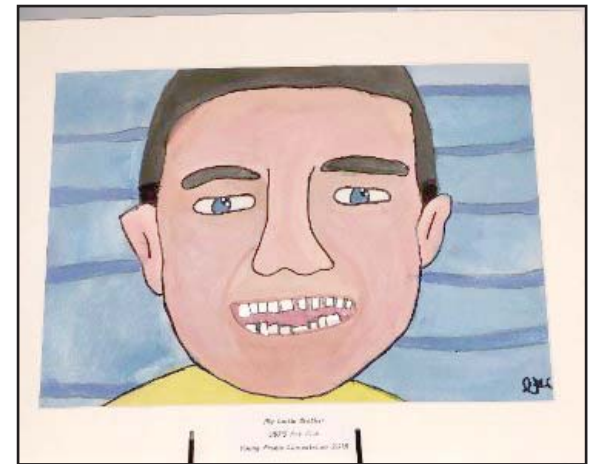
The Pretty Beach team were the affirmative and therefore they

needed to agree with the topic.

"Our debaters had great points, and although they spoke clearly and confidently with many rebuttals, Brisbania were the winning team on the day with only one point deciding the winner.

Pretty Beach will be debating Kincumber Public School during the final round of the Premiers Debating Challenge.

SOURCE:
Newsletter, 2 August 2018
Deborah Callendar, Pretty Beach Public School



Young Archie Competition at Umina

Umina Beach Public School's Art Club has run a Young Archie Competition this year to coincide with the Archibald Prize competition at the Art Gallery of NSW.

The works are now on display in the school library.

"The challenge was for students to create a portrait of a person who is special to them, who is known to them and plays a significant role in their life," said deputy principal Ms Sharlene Percival.

"Eight entrants demonstrated enormous commitment and dedication to the completion of their artworks over Terms 1 and 2 and are in the running to win a fabulous prize pack of art supplies including canvases, paints, oil pastels and sketching pencil kits."

SOURCE:
Newsletter, 31 Jul 2018
Sharlene Percival, Umina Beach Public School

"Why Go to the Opera?"

With an opera season landing on the Coast now is the perfect opportunity to answer this question, especially if you haven't been before or you think that you won't like it?

The common perception of opera is of high-brow entertainment for affluent city folk that is

expensive, difficult to listen to and understand. Being sung in a foreign language by individuals that command the stage because of their size, not acting prowess, is not necessarily appealing entertainment. Lets face it, who wants to go to a show where you have to read subtitles to understand what is going on with some big old guy warbling across the stage!!

But at the end of the day when you take a good look at what the genre actually consists of, this need not be the case. Operas such as La Boheme are really just complex musical theatre works. The music is stunningly beautiful and incredibly well composed, it was written by a genius! You are listening to an orchestra but that's the same orchestral sound you hear in movie soundtracks.

Central Coast Opera is all about making opera accessible to all in our community. So what can you expect if you turn up to see La Boheme at the Laycock Street Theatre this August?

You'll experience common themes and plots involving love and death with comedy thrown into the mix, all acted by singers with stunning voices that are engaging and easy on the eye. We usually kill off at least one soprano but don't be concerned, she inevitably returns to the stage for the curtain call. I've never heard of a soprano missing a curtain call!!

You'll experience glorious visuals, hearing a stunning sound track with the orchestra and conductor on show. Prepare to be emotionally moved (please bring tissues) and yes, you will understand what's going, we sing our operas in English.

You don't need a suit or cocktail dress and you can eat ice cream during the interval. Bring the kids, music is good for them!



CENTRAL COAST CONSERVATORIUM
OF MUSIC
TRAINING AND EDUCATION

Patrick Brennan
CEO/Artistic Director
Central Coast Conservatorium
P 4324 7477
E admin@cccmusic.nsw.edu.au



1 IN 4 AUSTRALIAN WOMEN HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE*. WE ARE HERE TO HELP.

If you or someone you know is experiencing domestic violence call Coast Shelter for support.

Kara Women and Children's Program
Gosford - 4323 1709

Elandra Women and Children's Program
Toukley - 4396 4263

Neleh Women and Children's Program
Woy Woy - 4340 1052

Rondeley Domestic Violence Response Program
Wyong - 4340 7088



Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation

*ANROS Horizons 1 (2015)



Domestic Violence Hotline 1800 656 463 (24/7)
If anyone is in immediate danger call 000

Education



Preschool outdoor space officially opened

Woy Woy Public School's new outdoor learning space officially opened Wednesday, August 8.

School staff, the leadership committee and student and

pre-schoolers welcomed the NSW Department of Education leadership director Ms Karen Jones and Federal Member for Robertson Ms Lucy Wicks in opening the new space.

"I was delighted to help open the official opening of Woy Woy

Public School's Guliyali Preschool playground," Ms Wicks said.

"It is such a beautiful outdoor learning facility and playground for our young students."

SOURCE:

Social media, 8 Aug 2018
Lucy Wicks, Member for Robertson

School finalises sensory garden design

Pretty Beach Public School has finalised the design of its sensory garden.

"Years 4, 5 and 6 students created a plan for our upcoming sensory garden," said principal Ms Deborah Callendar.

"Parents took the time to come to school and share their expertise with us.

"These ideas are definitely valuable," she said.

Ms Callendar said teachers at the school had finished looking at the various designs and added a few ideas of their own, prior to the garden's installation.

SOURCE:

Newsletter, 2 Aug 2018
Deborah Callendar, Pretty Beach Public School



Local member joins students for planting

Member for Gosford Ms Liesl Tesch joined Ettalong Public School students to plant native plant species on July 27.

The planting took place to coincide with National Tree Day.

Ms Tesch joined students and teachers in the school's native garden for the event.

SOURCE:

Social media, 27 Jul 2018
Lynn Balfour, Ettalong Public School



Cnr Trafalgar &
West st Umina

www.obhotel.com.au

4341 2322

Email: oceanbeachhotel@alhgroup.com.au

FRIDAY 7TH SEPTEMBER

\$49 INCLUDING A THREE COURSE MEAL

DOORS OPEN AT 7PM

Experience the Experience at the
Ocean Beach Hotel

★★★★★ 'Fantastic!' What's on stage
★★★★★ 'Delicious fun' GlamAdelaide

FAULTY TOWERS
the Dining Experience



CENTRAL COAST OPERA

LA BOHÈME

PUCCINI

English translation by Amanda Holden

NEWSPAPERS
central coast

18–26 AUGUST 2018
LAYCOCK STREET
COMMUNITY THEATRE
NORTH GOSFORD



BOOK: 43 233 233

ADULT \$50 | CONC/STUDENT/GROUPS 10+ \$40

CHILD \$35 | <http://bit.ly/CCO-LaBoheme>



**CENTRAL COAST
CONSERVATORIUM**
OF MUSIC
TRAINING AND EDUCATION

Out&About



Mr Jim Jarvis will be The Troubadour's first performer in their new venue

Folk club moves venue after 20 years

The Troubadour Folk Club is moving venue after 20 years of holding its events at the Woy Woy CWA Hall.

The new venue will be the St Luke's church hall in Woy Woy.

"The success of the Troubadour in Woy Woy has meant that we have outgrown our longstanding venue," said Troubadour president,

Mr Michael Fine.

"The first regular concert event in our new venue will be a special concert from virtuoso blues guitarist Jim Jarvis on Saturday, August 25."

Mr Fine said: "St Luke's is an easy walk from the station, with comfortable cafe style and theatre seating.

"It is air conditioned for summer and winter, with great facilities for sound and the preparation of coffee, tea and food.

"Both performers and audience are sure to enjoy a great folk experience in a warm and friendly setting," he said.

Mr Fine said parking was available at the rear of the church, in Blackwall Rd or in Park Rd.

He said Jim Jarvis had a "distinctive, haunting blues voice" and a "tasteful and virtuosic guitar style".

"He has a polish and finesse of a fine, traditional and world class blues musician and is recognised by those in the know as one of Australia's finest finger-picking guitarists and blues singers," Mr Fine said.

He said Mr Jarvis had been performing since the 1970s around Sydney in the folk scene and more recently in the Blue Mountains.

"Jim has been a member of several well-known bands, including the Hokum-On-Somble and the Other Brothers.

"He has played with the late 'Earlwood Greg' Derrig from the Central Coast in Three Left Feet.

"Jim has also played in recent years at Hardy Bays with Greg Olsen and Walter de Jong," Mr Fine said.

Tickets available at the door.

Doors open from 7pm.

SOURCE:

Media release, 8 Aug 2018

Michael Fine, The

Troubadour Folk Club

WEDNESDAY MEAT RAFFLE

DRAWN AT 7PM

TICKETS ON SALE 5PM

COME IN ON WEDNESDAY NIGHTS FOR OUR MEAT RAFFLE

All prizes are vouchers for the butcher so you can pick your own meat!

Friday MEGA MEAT RAFFLE

70 PRIZES TO BE WON

TICKETS ON SALE FROM 5PM

DRAWN 7PM

Sunday RAFFLE

MEAT, BEER, AND VOUCHER RAFFLE

TICKETS ON SALE FROM 12:30PM

DRAWN 2PM

Melbourne Avenue - Umina Beach, New South Wales
4343 9999
www.clubumina.com.au



THE ART HOUSE

WHAT'S ON

Book your tickets to these great shows and many more at:

WWW.THEARTHOUSEWYONG.COM.AU

02 4335 1485

SYDNEY COMEDY FESTIVAL SHOWCASE

SYDNEY COMEDY FESTIVAL SHOWCASE

THURSDAY 16 AUGUST

Featuring the crème de la crème of the 2018 Sydney Comedy Festival.



ALBERT LEE
WEDNESDAY 22 AUGUST
Grammy winning legendary guitarist for Emmylou Harris and Eric Clapton returns for first Australian shows this decade.



B2M - MAMANTA
SATURDAY 8 SEPTEMBER
Come and see this seven-piece band from the Tiwi Islands as they showcase their new album with its unique blend of contemporary and traditional sound.

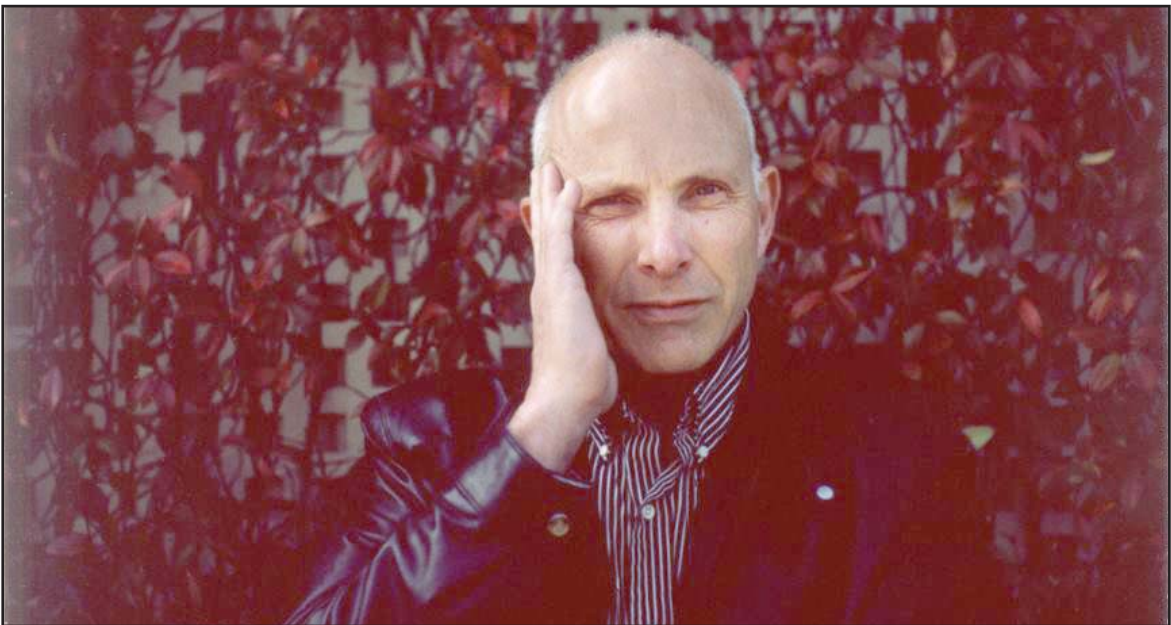


Art show opening well attended

The Bays Community Art Show was opened on July 20. The 2018 show featured the works of artists Ms Ljae Elwell, Ms Sue Jonkin, Ms Jannifer Jones, Ms Leanne Livens, Ms Naomi Veitch and Mr Peter Waples. "Opening night was extremely enjoyable," said Bays Community

Group president Ms Cathy Gleeson. "The opening was well attended and was a wonderful social night for the Bays," she said.

SOURCE:
Social media, 23 Jul 2018
Cathy Gleeson, Bays Community Group



Composer to join Foundation judging panel

The Bouddi Foundation for the Arts has announced that classical, film and television composer, Mr Nigel Westlake, will be joining the Foundation's 2018 judging panel.

Some of Mr Westlake's film credits include: Ali's Wedding, Paper Planes, Miss Potter, and Babe, as well as Imax films Antarctica and The Edge.

His compositions have earned numerous accolades, including the Gold Medal at the New York International Radio Festival and 15 Australasian Performing Right Association Awards.

Mr Westlake's feature film Babe won the Golden Globe Award in 1996 for best feature musical/comedy, and his romantic score for Miss Potter won Feature Film Score of the Year and Best Soundtrack Album at the 2007 APRA AGSC Screen Music Awards.

Mr Westlake will join Bell Shakespeare theatre company founder Mr John Bell on this year's judging panel, along with producer-director Mr David Elfick (Newsfront, Rabbit Proof Fence), artist Mr Peter Godwin, photographer Mr Ian Provost, music publisher Mr Philip Mortlock, dance teacher Ms Nicky Castle and theatrical agent Ms Kim Ransley.

The panel will meet to deliver

the Foundation's 2018 awards at the Wagstaffe Hall on October 13.

SOURCE:
Media release, 6 Aug 2018
Philip Walker, Bouddi Foundation

ONLY CENTRAL COAST VENUE IN THEIR AUSTRALIAN TOUR!

FROM THE UK '60s/'70s HITMAKERS...
THE FORTUNES
ALL THE HITS AND MORE!

THURSDAY 30TH AUG

Kevin
BLOODY Wilson
IN 'THE ALMOST AWESOME TOUR'

18+ EVENT

TUESDAY 4TH SEP

DIRECT FROM USA
MICHAEL JACKSON
Starring William Hall
THE LEGACY TOUR
SATURDAY 8TH SEP

EttaLong BEACH DIGGERS
ETTALONG BEACH WAR MEMORIAL CLUB LIMITED
ABN 99 001 011 392
51-52 THE ESPLANADE, ETTALONG BEACH NSW 2257
(02) 4343 0111

FOLLOW US

EST. 1840
Mulla Villa Wollombi

Historic Hunter Valley Accommodation & Restaurant • Café
Group Bookings • Camping • Functions & Events • Weddings
3174 Great North Rd, Wollombi • (02) 4998 3338 • www.mullavilla.com.au

Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society

Weekly paint-outs
Tues 0428 439 180.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre
4363 1156.
Social Meetings
1.30pm 4th Wed for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting
0412 155 391
www.ebacc.com.au
ebacc.email@gmail.com

Hospital Art Australia Inc.

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome
hospitalartaaustralia.com.au
0431 363 347

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Activities, programs and support groups for children, teens, adults and seniors including occasional care, playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups.
www.coastcommunityconnections.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4304 7222

Central Coast Community Legal Centre

Not for profit service providing free legal advice.
Monday to Friday
9am to 5pm
4353 4988
centralcoast@clc.net.au

Point Clare Community Hall

Community Garden - Playgroup
Craft and Exercise Groups
Function or Meeting Hire
Managed by Gosford Regional Community Services
Enquiries regarding hire to
4323 7483
accounts@gosfordcommunity.org.au
www.gosfordcommunity.org.au

Community Groups

ABC "The Friends"

Support group for Public Broadcaster.
Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons
Well-known guest speakers
4341 5170
www.fabcnsn.org.au

Central Coast Caravanners Inc

3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded senior folk - Details from Geoff
0447 882 150

Central Coast 50+ Singles Social Group

Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas
0412 200 571
0437 699 366
50pssg@gmail.com

CCLC Indoor Bowls

Mon - Ladies Social
Wed Night - Mixed Social
Sat - Mixed Social
New members welcome - tuition given
level 2 Central Coast Leagues Club
4334 3800

Freemasons

Who are they?
What do they do?
Find out about the world's oldest fraternal organisation and how we help our community.
Gosford Masonic Centre
86 Mann St Gosford
www.tcd2001.org

Peninsula Village Playgroup

Carers, Grandparents, parents & children 'Intergenerational Playgroup'
Tues 10-11.30am
4344 9199

Peninsula School for Seniors

Community Centre, McMasters Road, Woy Woy
Discussions, rumikin, craft, history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

The Krait Club

Community Centre - Cooina Village, Neptune St, Umina
10.30am For seniors.
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

The NSW Justices Association Inc

Seeking volunteers for added community desks
Wednesday Umina Library
10am-1pm
Thursday Woy Woy Library
10am-1pm
Free Insurance and training provided
0418 203 671
marketing@nswja.org

Umina Beach Men's Shed

Men share a variety of tools, pursue interests and hobbies, spend time with other men and learn new skills
Darrell 4342 9606

Volunteering Central Coast

Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Entertainment

Frantastics Choir Inc

High quality variety entertainment available for matinee bookings at your venue. New members welcome.
1pm Mondays during school terms
Walter Baker Hall, Woy Woy
4343 1995
www.frantastics.org

Health Groups

Al-Anon

If someone's drinking is causing you problems...
Al-Anon can help
4344 6939
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW

Woy Woy support group
Woy Woy Bowling Club
North Burge Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing Australia - Central Coast

Hearing loss management
Support and educational groups providing practical experience and confidence
Learn the benefits of hearing aids
4321 0275

BlueWave Living

Woy Woy Community
Aged Care facility providing residential aged care to the frail aged. Permanent and respite care accommodation available.
Information 2nd and 4th
Tues - 11am 4344 2599
reception@blueweliving.org.au

Central Coast Parkinson's Support Group

We aim to help individuals and their families better manage living with Parkinson's Disease
Guest speakers are a regular feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions

Gambling help
counsellors providing free confidential professional service to gamblers, family and friends.
Woy Woy, Kincumber, Gosford and The Entrance
4344 7992

GROW Support Groups

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being. Anonymous, free and open to all. Bring a support person if you like.
Weekly meetings at Woy Woy, Bateau Bay and Wyong
1800 558 268
www.grow.org.au

Meals on Wheels

Delicious meals delivered free - Join us for a midday meal - Help with shopping and cooking classes
4341 6699

Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm
0412 756 446
www.oa.org

Peninsula Village Wellness Centre

Offering holistic and complementary therapies including aromatherapy, massage and music therapy
4344 9199

Peninsula Village Meals

Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal
9.30am to 12 noon
4367 9600
www.pcfa.org.au

Schizophrenia and Bipolar Fellowship

For Schizophrenia/ Bipolar/Mental Health sufferers, family, carers and friends.
1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Stroke Recovery Club

Everglades Country Club
2nd Tues 11am
Company, up-to-date info, hydrotherapy, bus trips
4341 7177

Music

Brisbane Water Brass

Brass Band entertainment for the community playing all types of popular music. Rehearsal every Tues 7.30pm-10pm
0419 274 012

Coastal a Cappella

Vibrant women's a cappella chorus. New members welcome - music education provided.
Rehearsals.
Tues 7pm Gosford Tafe Performance opportunities
Hire us for your event
0412 948 450
coastalacappella@gmail.com

SOUNDWAVES

A cappella harmony for Men - new members welcome. Rehearsals Mondays 7.00pm to 9.30pm
Central Coast Leagues Club, Dane Drive, Gosford
Ring Max on 4324 3631 or Kieran 4324 1977

Troubadour Central Coast Folk,

Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions
4th Sat 7pm CWA Hall
Woy Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party

Political discussions, national, state and local government issues

Umina Ettalong Branch

2nd Mon Umina Beach Bowling Club 7.30pm
4342 3676

Ourimbah/ Narara Branch

Niagara Park Primary School 7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch

Everglades Country Club 7.30pm 2nd Mon
Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected
3rd Thur,
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy

1st and 3rd Mon. Woy Woy Leagues Club
0478 959 895
Make new friends and have fun while serving your community.

Rotary Clubs

International service club improves lives of communities in Aust. & o/ seas. Fun-filled activities, fellowship and friendship.

Rotary Club of Kariong

Phillip House, 21 Old Mount Penang Rd, Fri 7.15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades Country Club.
Don Tee 0428 438 535

Special Interest

Bridge

Duplicate Bridge Mon Tue
Thur Fri Sat-12.15pm & Wed 9.15am
Brisbane Water Bridge

Club, Peninsula Community Centre

93 McMasters Rd.
Woy Woy
www.brisbane-water-bridge-club.org

Cash Housie

50 Games every Sat night
Peninsula Community Centre, McMasters Rd, Woy Woy, t 7.30pm.
Proceeds to Woy Woy Catholic Parish.
wpcphousie@hotmail.com

Central Coast Family History Society Inc.

Resources, information & advice to study your family's history.
1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford.
www.centralcoastgoju-karate.com.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service

Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Rescue Unit

Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc

Gliding Club. Learn to fly, Instruction FREE to members
Come and have an Air Experience Flight All Welcome
14 and up for Training
Flying at Bloodtree Road Mangrove Mountain
Thur, Sat, Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Ettalong Toastmasters

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth
2nd & 4th Tue, 7:30PM, Ettalong Diggers
0408 416 356

Peninsula Environment Group

Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group
www.peg.org.au

Central Coast Goju-Kai Karate

Traditional Karate & Self Defence for Teens & Adults
No Contracts, Cheap Rates
Wamberal - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-karate.com.au

Woy Woy Judo Club

Mon & Fri -Beginners From 4:30pm
Tue & Thur - graded classes
4:30pm - 8:30pm
27 Bowden Road Woy Woy
Min Age 3 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo Veterans Association

1st Sat (except Jan) 10.30am
Umina Club
Melbourne Avenue Umina Beach
4342 1107

Veterans' Help Centre'

Assist all veterans & families with pension & welfare issues.
Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

Country Women's Association Umina

2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays 12.15pm
0416 193 070 - 4340 1746

Country Women's Association Woy Woy

30 The Boulevard, Woy Woy
Craft & Friendship: 1st, 2nd and 3rd Wed 10AM.
Meetings: 4th Wed 10AM.
Ph: 0411 434 785
woywoycwa@gmail.com

Peninsula Women's Health Centre

Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women
4342 5905
www.cowhcc.com.au

NEWSPAPERS

central coast

If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.



Lost in last innings

Umina Beach Public School's boys' softball team played against Newport Public School during Round 4 of the PSSA Softball Knockout Competition on July 31. Principal Ms Lyn Davis said the team played well but lost in the last

innings. "Plays included a home run, a double-play getting two out in one go and some great pitching," she said. **SOURCE:** Newsletter, 7 Aug 2018 Lyn Davis, Umina Beach Public School

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Thursday, Aug 16

Ettalong Public School Musical: Around the World in Eighty Waves, Brisbane Water Secondary College Woy Woy Campus, 11:00am to 8:00pm, tickets essential
AJP Central Coast Branch Monthly Meeting, CWA Hall Woy Woy, 6:30pm to 7:30pm

Friday, Aug 17

Trouble in Paradise and The Loose Leeches, The Bayview Hotel, 7:30pm to 12:00am
Art Workshops and Kids Disco, Everglades Country Club, 6:00pm to 8:00pm
Toby Wells, Ocean Beach Hotel Umina, 7:00pm to 10:00pm
Bob Allen, Ettalong Beach Hotel, 9:00pm to 12:00am

Saturday, Aug 18

Smokin' Rosie LIVE, The Bayview Hotel Woy Woy, 8:30pm to 12:00am continues on August 19

Sunday, Aug 19

Wild Honey Central Coast Ettalong Markets, 189 Ocean View Rd Ettalong, 10:30am to 1:30pm
Healthy Bumps Pregnancy Health Workshop, Umina Surf Life Saving Club, 9:30am to 11:30am, tickets

essential

Little Quirks Band, Ocean Beach Hotel Umina, 12:00pm to 3:00pm
Umina Beach Markets, Peninsula Recreational Precinct Umina, 9:00am to 2:00pm

Friday, Aug 24

Pearl Beach Glee Club presents: Around the World in 80 Minutes Concert, Pearl Beach Memorial Hall, 7:30pm to 9:30pm, tickets essential

Saturday, Aug 25

Jim Jarvis Blues Guitar Extraordinaire, Troubadour Folk Club St Luke's Hall Woy Woy, 7:00pm to 10:00pm, tickets essential
Born Jovi- The Tribute, Ocean Beach Hotel Umina, 9:00pm to 12:00am

Sunday, Aug 26

Woy Woy Produce Swap, Woy Woy Peninsula Community Garden, 10:00am to 11:00am
Jake Cassar Bush Tucker Bush Survival Music Show, Ocean Beach Hotel Umina, 11:00am to 1:30pm

Wednesday, Aug 29

Prestige Fours Tournament, Ettalong Bowling Club, 9:00am to 4:00pm, continues until August 31

Thursday, Aug 30

SBNG and Rotary Club of Woy Woy Networking Night, Everglades Country Club, 6:00pm to 7:00pm

Friday, Aug 31

Steel City Live, Ettalong Beach Hotel, 9:00pm to 12:00am

Saturday, Sep 1

Cranky Duck, The Old Pub Woy Woy, 8:00pm to 12:00am

Tuesday, Sep 4

Kevin Bloody Wilson, Ettalong Diggers, 8:00pm to 11:00pm, tickets essential

Friday, Sep 7

Defence ABG Teacher Training, Brisbane Water Bridge Club Woy Woy, 10:30am to 3:30pm, tickets essential

Saturday, Sep 8

Michael Jackson The Legacy Tour, Ettalong Diggers, 8:00pm to 11:00pm, tickets essential

Sunday, Sep 16

GMS Choir Variety Concert, Everglades Country Club, 1:00pm to 4:00pm

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500
Aboriginal & Torres Strait Islander Organisations
Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360
Accommodation
Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027
Animal Rescue
Wildlife Arc 4325 0666
Wires 1300 094 737
Community Centres
Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484
Counselling
Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118
Family and Relationships
Centacare Gosford 4324 6403
Central Coast Family Support Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222
Legal & Financial Help
Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111
Libraries
Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524
Professional support phone services:
Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service 1300 659 467
Transport
Taxi 131 008
Busways 4368 2277
City Rail 131 500
Welfare Services
Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

• **Affordable Roof Solutions** - Brad Sedgewick Ettalong
• **Depp Studios** - Formerly of Umina
• **Tony Fitzpatrick** trading as Futurtek Roofing
• **Stan Prytz** of ASCO Bre Concreting
• **Andrew and Peter Compton**
• **Bruce Gilliard Roofing** of Empire Bay
• **Jamie McNeilly** formerly of Jamie's Lawn Mowing, Woy Woy
• **William McCorriston** of Complete Bathroom

Renovations
• **First Premier Electrical Service** of Umina Beach
• **High Thai-d** Restaurant of Umina Beach
• **Mal's Seafood & Charcoal Chicken** of Ettalong Beach
• **Simon Jones** - All external cleaning and sealing services
• **Erroll Baker**, former barber, Ettalong
• **Tye King** - Formerly The Fish Trap Ettalong Beach
• **Jessica Davis of Erina** - Trading as A1 cleaning services

• **Simon and Samantha Hague**, Trading as By the Bay Takeaway Empire Bay
• **Rick Supplie** of Ettalong Beach, Trading as Rick's Flyscreens
• **Mountain Mutts** - Monique Leon, Ettalong Beach
• **RJ's Diner** - Ryan Tindell of Woy Woy
• **Thomas James Clinton**, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

• **Greenultimate Solar** PTY LTD
• **Decorative Fabrics & Furnishings** - Steve McGinty, Wyoming
• **Menhir Tapas & Bar** PTY LTD
• **Dean Lampard** - Trading as Lampard Painting
• **Callum McDonald** - Trading as Sunset Decks
• **Linda Smith**, Bookkeeper Horsfield Bay
• **Robcass Furniture Removals**, Mannering Park
• **Emma Knowles** - Blacksmith NSW

To advertise here call 4325 7369 from \$20pw

[illegible]

Umina places fifth in Australian pool rescue

Umina Beach Surf Life Saving Club has placed fifth at the Australian Pool Rescue Championships held in Adelaide's South Australian Aquatic and Leisure Centre.

Following on from the NSW Pool Rescue Championships held at the Peninsula Leisure Centre just two weeks earlier, Umina's 12 representatives attended the three-day event, with every member winning a medal.

Umina's only junior competitor, Davara Marshall, opened the scoreboard for Umina in the Under 12's Female 100m Obstacle event.

She took out first place and was the first Central Coast athlete to medal at the Championships.

Umina's Masters competitors brought home the next lot of medals, with Kerry Armstrong taking out bronze in the Women 45-49 200 LC Metre Obstacle Race and Shelley Smith and Sky Marshall taking out gold and silver respectively in the Women 35-39 200 LC Metre Obstacle Race.

In the Opens, Blake Hessel and Lachlan Braddish took out third and fourth respectively in the Men 15-16 200 LC Metre Obstacle Race and, in the women's event, Kaylah Holmes placed fourth.

In the Women 17-18 200 LC Metre Obstacle Race, Rachel Wood took out first place, with Jemma Smith placing fourth.

In the team events, Umina placed third in the Women 30-99 4x50 LC Metre Obstacle Relay, first in the Women 15-18 Obstacle Relay, and second in the Women Open Obstacle Relay.

Umina's Masters team also placed second in the Women 40-49 2x12 LC Metre Line Throw Relay and took out first place in the 30-39 bracket of the same event.

Umina also took out fourth place in the Women 15-16 Line Throw and first place in the 17-18 bracket of the same event.

In the Women Open Line Throw Relay, Umina placed fifth.

Smith and Wood took out second and third respectively in the Women 17-18 100m Manikin Tow with Fins.

The pair were beaten out by Avoca's Keeley Booth for the gold, highlighting the strong contingent of Central Coast based clubs at the event.

In the 15-16 Manikin Tow with Fins, Bronte Smith placed ninth and in the Men's 15-16 event, Hessel took out fourth, Braddish placed 10th and Brock Ray placed 12th.

In the Women 35-39 Manikin, Shelley Smith and Sky Marshall took out first and second respectively and in the 45-49 event Armstrong took out third.

In the Men 15-16 Super Lifesaver Opens, Hessel and Braddish took out third and fourth respectively, with Ray placing 15th and in the Women's event Holmes placed seventh and Bronte Smith 11th.

In the Women 17-18 Super Lifesaver, Rachel Wood and Jemma Smith took out first and second respectively.

In the Women 11 Year Olds 25 LC Metre Brick Carry, Davara Marshall again brought home gold for Umina with a first place finish.

Not to be out done by the youngsters, Kerry Armstrong,



Shelley Smith and Sky Marshall continued their podium form in the Masters, with Armstrong taking out bronze in the Women 45-49 50 LC Metre Manikin Carry and Smith and Marshall again taking out first and second respectively in the 35-39 bracket and then mirroring this result again in the 100 LC Metre Manikin Carry.

In the Men 15-16 100 LC Metre Manikin Carry, Hessel placed third, with Braddish in fifth and in the Women's event Bronte Smith placed 14th.

In the Women 17-18 bracket,

Rachel Wood and Jemma Smith placed second and third respectively.

In the Women 11 Year 50 LC Metre Swim with Fins Open, Davara Marshall placed fourth.

In the Men 15-16 50 LC Metre Swim with Fins Opens, Braddish placed fourth and Hessel placed fifth, with Holmes and Bronte Smith placing fourth and ninth in the Women's bracket.

In the Women 17-18 event, Jemma Smith placed second.

In the Men 15-16 100 LC Metre Rescue Medley Opens, Braddish placed first, Hessel took out third

and Ray placed 10th.

In the Women's event, Holmes placed third.

In the Women 17-18 bracket, Jemma Smith placed fourth.

In the 15-16 50 LC Metre Manikin Carry, Hessel and Holmes both took out second place in their brackets and in the 17-18 bracket Wood brought home the gold, with Jemma Smith taking out fourth.

In the second lot of team events, Umina took out second place in the first heat of the Mixed 15-18 4x50 LC Metre Pool Lifesaver Relay Opens and then fifth place in the

second heat.

The Women's 30-99 4x25 LC Metre Manikin 120 plus Relay team took out first place and the Women's 15-18 bracket team also brought home the gold.

Umina also placed second in the Women's Open of the 4x25 LC Metre Manikin Relay, second in the 4x50 Relay and fourth in the Open 4x50 Medley Relay.

The Masters team also placed second in the 4x50 LC Metre Medley 120 plus Relay.

Umina Surf Life Saving Club's executive officer, Mr Bill Cook, said the Club couldn't be prouder of its members.

"That's a wrap for our Aussie Pool Rescue campaign.

"With a small team of competitors we've again achieved excellence including a couple of Australian records.

"To finish 5th overall behind the pool powerhouses of Australian Lifesaving was outstanding.

SOURCE:

Results, 9 Aug 2018

SLS NSW

Social media, 8 Aug 2018

Bill Cook, Umina SLSC

Reporter: Dillon Luke

Major Draw 6pm Saturday 25th August

Dad's

LUCKY MUG!

Over \$5,500 worth of prizes!

During August you can score 2 Bonus Entry Tickets for joining the Club or booking a function for 2018. see front desk for info.

Here's how you can win a trailer full of Dad's favourite toys!

Step 1	Step 2	Step 3	Step 4
For every \$10 spend in the club you receive one entry into the draw with a prize pool of \$5,500!	Preliminary draws will be held at 6pm on Sunday 5th, Sunday 12th & Sunday 19th August. 2 names will be drawn on each night to go into the major draw. Winners do not have to be present.	The 6 finalists from the preliminary draws must be at the club at 6pm on Saturday 25th August for the Major draw in which 6 more names are drawn with 12 finalists in total.	12 mugs hold 12 keys, of which only ONE key will unlock the padlock. All 12 finalists will be selected at random to try their key in the lock - If the key fits - the trailer and everything in it is yours!

* Excluding purchases of Ga a Day, Bingo, Golf or Bowls games, Pro Shop purchases or raffle tickets. Promotion begins 9am Wednesday 1st August until 5:45pm Saturday 25th August. Entrants must be 18yo and over. Weekly draws will occur Sunday 5th, 12th & 19th August at 6pm with winners notified directly from Club Management if not present at time of draw. The 12 finalists must be present for the Major draw on Saturday 25th August to win. Finalists cannot nominate an alternative person to be present on their behalf. If Finalists cannot be present for the Major Draw their entry will be forfeited and a new name will be drawn. Other terms and conditions apply. See staff for details. LTPM/18/02815

Dunban Road - Woy Woy

4341 1866

YOU SAVE CHEMIST.COM.AU

you save
CHEMIST

45% OFF RRP†

Nature's Own
ODOURLESS FISH OIL
2000mg
200 CAPSULES
DOUBLE STRENGTH

\$19⁹⁹ ea
SAVE \$18 OFF RRP†

Nature's Own
GLUCOSAMINE SULFATE 1500
WITH CHONDROITIN
100 TABLETS 1-A-DAY
HIGH STRENGTH

\$22⁴⁹ ea
SAVE \$18.50 OFF RRP†

Nature's Own
BIO CURCUMIN
THE ACTIVE FORM OF TURMERIC
60 CAPSULES

\$24⁹⁹ ea
SAVE \$22 OFF RRP†

NATURE'S OWN Odourless Fish Oil 2000mg 200 Capsules, Glucosamine Sulfate 1500 with Chondroitin 100 Tablets and Bio Curcumin 60 Capsules*

40% OFF RRP†

BLACKMORES
OMEGA TRIPLE
CONCENTRATED FISH OIL
3x
150 CAPSULES

\$31⁴⁹ ea
SAVE \$21.50 OFF RRP†

BLACKMORES
PROBIOTICS+
DAILY HEALTH
90 CAPSULES

\$38⁹⁹ ea
SAVE \$26 OFF RRP†

BLACKMORES
PREGNANCY & BREAST-FEEDING GOLD
180 CAPSULES

\$34⁹⁹ ea
SAVE \$30 OFF RRP†

BLACKMORES
JOINT FORMULA ADVANCED
120 TABLETS

\$41⁹⁹ ea
SAVE \$38 OFF RRP†

BLACKMORES Omega Triple 150 Capsules, Probiotics + Adults Daily 90 Capsules, Pregnancy and Breastfeeding Formula 180 Capsules and Joint Formula Advanced 120 Tablets*

QUITTING IS HELL WITHOUT Nicotinell

35% OFF RRP†

\$19⁹⁹ ea
SAVE \$11 OFF RRP†

NICOTINELL
Gum 96 Pieces Range*

Nicotinell Fruit 2 mg
Regular Strength
For smokers of less than 20 a day
Helps you stop smoking
96 Pieces SUGAR-FREE

Nicotinell Mint 4 mg
Extra Strength
For smokers of more than 20 a day
Helps you stop smoking
96 Pieces SUGAR-FREE

Selected Range On Sale In Store

UMINA BEACH 315 West St, Umina Beach, NSW 2257
Ph: 4341 1488
Mon - Fri: 8:30am - 5:30pm
Saturday: 8:30am - 3pm
Sunday & Public Holidays: 9am - 3pm

you save
CHEMIST

*Always read the label. Use only as directed. Incorrect use can be harmful. If symptoms persist see your healthcare professional. Pharmacist only medicine - requires pharmacist advice on the safe use. Breastfeeding is best for babies. Vitamin supplements are not a substitute for good nutrition or balanced diet and may only be of assistance if dietary intake is inadequate. Weight loss products are only beneficial when taken in conjunction with sensible lifestyle factors. No rainchecks. Free Gifts are subject to availability and while stocks last. Free gift is an in-store promotion only and not available online. †RRP - the save prices listed and % off are calculated from supplier RRP at time of preparation. We reserve the right to correct pricing and printing errors. YouSave Chemist may not have previously sold the product at the RRP due to our discount policy. Other savings shown are from our everyday low prices. Limit quantities apply. PROMOTIONAL PERIOD STARTS ON 14/08/2018 AND FINISHES 03/09/2018. YS092018C.