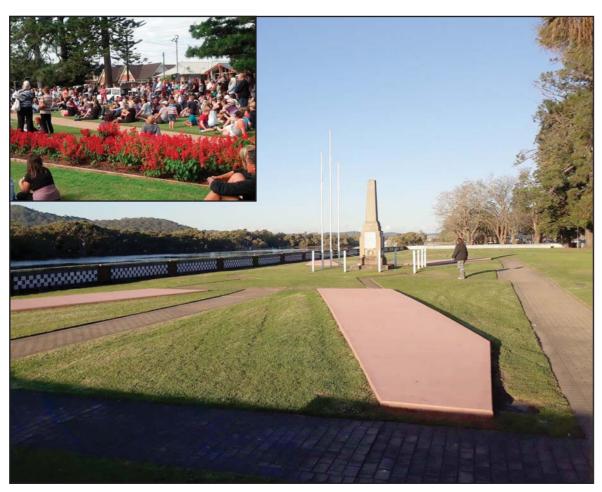
### Peninsula News News

Edition 450 30 July 2018

### Where have all the flowers gone?



The concreted slabs have replaced flower beds in the War Memorial garden at Woy Woy Inset: The former flower bed in full bloom behind the memorial

### Concreted over every one ...

Central Coast Council has concreted over flowers planted in the shape of the Australian flag in the Memorial Garden in Woy Woy.

The flowers have been replaced with coloured concrete slabs.

The move has been met with strong criticism from local residents.

Save Woy Woy Waterfront president Mr Ross Cochrane has described the concreting as "ridiculous, cheapskate, disrespectful".

Phegans Bay events manager Ms Ylenna Zajec commented on social media: "Just wait until the graffiti artists start painting the concrete slabs.

"Maybe they will paint flowers."

Cr Jeff Sundstrom said he had made ward councillors aware of

the issue along with the Mayor Cr Jane Smith and Council actingdirector Mr Boris Bolgoff.

In a written statement, Council chief Mr Gary Murphy said the concrete was installed because the plants were "continually affected" by salt "through sea spray and diffusion through the soil".

The garden in Brickwharf Rd which contains Woy Woy's cenotaph is adjacent to the Woy Woy Channel.

"This has significantly affected the survival rate of plants in the garden bed, often leaving the gardens sparse or bare," he said.

"In addition, the popularity of Anzac celebrations at the site is increasing and the area is unable to effectively and safely accommodate the rising crowds."

Mr Murphy said the Woy Woy and Ettalong Returned and Services League sub-branch had "agreed that by concreting these areas it will provide more room for people to attend due to the reduced risk of trampling garden beds".

According to the Register of War Memorials of NSW, the site was dedicated as a Soldiers Memorial Park by NSW Governor Sir Philip Game in 1932.

It commemorates those from the district who served in the various conflicts in which Australia has been involved.

It was originally erected in memory of the fallen and those who served in World War I. Those who died in World War II were

Media statement, 14 Jul 2018
Ross Cochrane, Save
Woy Woy Waterfront
Media statement, 26 Jul 2018
Gary Murphy, Central Coast Council

### The Whitfields celebrate 60 years of marriage

Long-time Woy Woy residents, Mr and Mrs Keith and Joan Whitfield, have celebrated their 60th wedding anniversary in July.

The Whitfield's grew up and met in Ryde, became childhood sweethearts and married on July 11 1958

They had three daughters and moved their family to Woy Woy in 1964, building a modest home and planting a native garden.

The couple still live in the same family home and the garden has won several awards in the local garden competitions.

Mr Whitfield has had a history of service to the Central Coast.

He worked in the Post Office in Woy Woy for over 40 years, served as an alderman for the Gosford Council as well as deputy mayor.

Mr Whitfield was an instrumental figure in saving Riley's Island from development as well as saving Woy Woy Library from being demolished.

He was an announcer on a local over 50's Radio Station as well as an amateur actor in various local stage shows.

Mrs Whitfield managed a corner store with her brother-in-law at Booker Bay, then went on to manage local fashion and jewellery stores as well as provide book keeping services.

They raised three girls all of whom have successful careers.

One is a lawyer, one a counsellor and the other a teacher.

The pair celebrated their 60th anniversary at Saddles Restaurant, Mt White, with their family, friends and the original members of their wedding party – all bar one who sadly died a few weeks prior.

When asked what makes a happy and long marriage, Mrs Whitfield said: "Having love in home with your children, being loyal to each other despite your ups and downs."

Mr Whitfield said the key to a long-lasting marriage was realising that no marriage will ever be perfect and that accepting the bad with the good was the true test of commitment.

"I find it unbelievable that some persons who have discussed long marriages report they never had a cross word, marriages were made in heaven – but so were storms and tempest.

"Good and bad days are to be expected.

"One of the blessings of marriage is companionship and like-thinking so we have enjoyed the ride," he said.

The Whitfield's have received cards and well wishes from the Queen, the Prime Minister, the Governor General and his wife, as well as Member for Warringah Mr Tony Abbott.

SOURCE: Media release, 21 Jul 2018 Louise Whitfield, Woy Woy



Jeanine Whitfield, Catherine Samuels, Keith Whitfield, Joan Whitfield and Louise Whitfield

Photo by Niki Ryan

THIS ISSUE contains 54 articles - Read more news items for this issue at www.peninsulanews.info



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### **News**

### Peninsula News

eninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

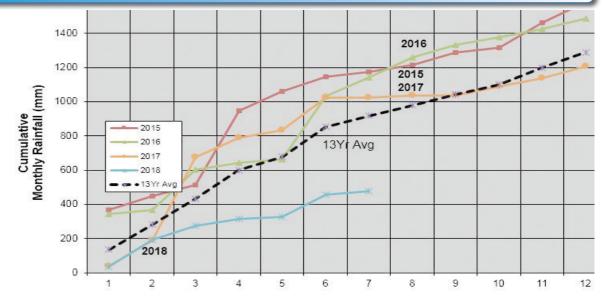
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### Woy Woy Community Media Assoc Inc 2018-19 Membership Application

**Peninsula News** is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence





### False hope of July rainfall

Despite a wet start to the month, July has continued the Peninsula's dry trend with no rainfall recorded from after the 12th.

The first fortnight of July recorded 22.1mm of much needed rain and was a pleasant surprise given July is traditionally the driest month of the year for the Peninsula.

In comparison, in 2017 only 2.5mm of rain were recorded across the entirety of the month, so 2018's above average figure provided some tentative hope that the apparent dry spell the region was experiencing could be lifting.

The unchanged total rainfall for July, has dashed that hope, keeping the yearly total rainfall for the Peninsula well below average

at 476.7mm.

On a positive note, July now joins February as the only two months this year with a higher rainfall record than last year.

As the Peninsula braces for August it is becoming increasingly more likely that we will see a hot dry spring and a scorching summer if 2017's figures are any indication.

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cruise write your full name and contact phone number on the back of an envelope and mail it to Peninsula News ACG Competition, PO BOX 1056, Gosford NSW 2250, before 5pm on Thursday, August 9.

The winners of the Baskerville Competition were Ms Pat Kelly of Woy Woy, Ms Janice Smith of Woy Woy and Ms Ann Noller of Point Claire.

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### Ettalong channel dredging starts ... or does it?



The dredge at Ettalong Wharf

### Car park to be built near Dark Corner boat ramp

A formal car park costing \$295,000 will be built near the Dark Corner boat ramp at Patonga.

Central Coast Council applied for the funding in August 2017 under the NSW Government's Boating Now Round 2 funding program.

In a report to the July 23 Council meeting, staff reported that construction of the car park off Patonga Rd would improve access and safety for users of the rank.

It would also increase the

parking available to "meet increasing demand," the staff report said.

The funding will cover the total cost of the project.

SOURCE: Central Coast Council agenda item 4.3, 23 Jul 2018 Dredging of the Ettalong Channel had started on several days last week, according to various media releases received by Peninsula News.

"The emergency dredging is only now beginning, despite being announced nine weeks ago," Member for Gosford Ms Liesl Tesch told Peninsula News on Tuesday, July 24.

Member for Terrigal Mr Adam Crouch told Peninsula News on Thursday, July 26, that dredging was set to start that day.

However, despite the arrival of the dredge at Ettalong Wharf, it did not start work.

Mr Crouch issued a further media release on Friday, July 27, stating that works commenced on the Friday.

Staff from his office assured Peninsula News that dredging had definitely started.

Dredging finally commenced on Friday, July 27, to remove up to 25,000 cubic metres of marine sand from the entrance to Ettalong Channel, Mr Crouch said in his media release.

He said the dredge was larger than the one used previously and could move more sand more quickly.

"The dredge is planned to remove sand to provide a channel

30 metres wide and 2.5 metres deep to allow the ferry service to recommence," Mr Crouch said.

"It is then planned to widen the entrance opening in an effort to slow sand from moving back into the navigation channel," he said.

Parliamentary Secretary for the Central Coast, Mr Scot MacDonald, said progress would continue to be dependent on prevailing weather conditions.

"Initial plans to float the dredge from Yamba to Ettalong had to be reassessed as continued bad weather presented a number of challenges," Mr MacDonald said

"The contractor had to dismantle the dredge and transport it by road to ensure it could get here as quickly as possible," he said.

Member of the Legislative Council, Mr Taylor Martin, said the works would be the third round of emergency dredging funded by the NSW Government.

"The NSW Government is working with Central Coast Council to establish a long-term plan to maintain and improve boating access at the entrance to Brisbane Water," Mr Martin said.

Media releases, 26 and 27 Jul 2018

Ben Sheath, Office of

Adam Crouch MP

Media release, 24 Jul 2018

Emma Murphy, Office

of Liesl Tesch MP

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### News



Mary Mac's Place has fully restocked their pantry thanks to the kind donations of Deepwater Plaza shoppers

### Food drive sees Mary Mac's stocked well into spring

The Mary Mac's Place Winter Food Drive has received donations of about \$4500 worth of food, according to organisers.

The donations have been used in food hampers for those hardship experiencing and financial difficulty, according to Mary Mac's Place coordinator Ms Catherine Pantehis.

They have also packed the Mary Mac's Place pantry with enough stock to see them through

winter and well into spring.

Ms Pantehis said she had been "so impressed" with the community's response to the food drive held at Deepwater Plaza shopping centre.

times, we were overwhelmed with the volume which will undoubtedly make a huge difference to the support we are able to offer people.

"The food donated during the drive has stocked up the pantry for the next few months which means we can continue to provide this vital service.'

Mary Mac's is managed and operated by CatholicCare and is located in Woy Woy, providing over 80 hot meals to local people every Monday to Friday, as well food hampers, washing and shower facilities and is a vital link to services such as Legal Aid and housing, she said.

SOURCE: Media release, 16 Jul 2018 Jodie Elkin, Deepwater Plaza

### Fire brigade benefits from bar sale

The Patonga fire brigade has media manager Ms Ruby Flew. received \$2125 from the sale of a redundant bar at its local

The "America's Cup Bar", which was bought from the Sydney Hilton in 2002, was put up for auction in April to make way for renovations at the Patonga Hotel.

Hotel owners, the Boat House Group, sold the bar with its original timber bar top, brass fittings and timber glass rack, according to

The bar was named by the Sydney Hilton because it was used during the 1983 America's Cup.

Renovations at the Hilton saw the bar dismantled and auctioned off in 2002, and bought by then Patonga Beach Hotel owner Mr Robert Osborne.

> SOURCE: Media statement, 18 Jul 2018 Ruby Flew, Boat House Group Reporter, Dilon Luke

### **Ettalong home park** has bake-off

An Ettalong home park is looking forward to enjoying all the gearing up for a village bake-

Residents at Ingenia Lifestyle Ettalong Beach will put their baking skills to the test from 11am on Tuesday, July 31, for quest judge, Member for Gosford, Ms Liesl

Ingenia Ettalong Beach Village manager Mr Paul Greentree said residents were thrilled to have their local MP, seven-time Paralympian Ms Tesch, tasting their treats.

"We are all thrilled Ms Tesch will be joining us and I am sure she is treats on offer," Mr Greentree said.

"I think a few of the residents, myself included, are more looking forward to being able to taste all the baked goods at the morning tea after.

"The village loves getting together and enjoying each other's company, being able to host an event like this is great way for us to help residents keep social and feel special at the same time," he said. SOURCE:

Media release, 24 Jul 2018 Paul Greentree, Ingenia Lifestyle Ettalong

### ...reborn and now in Galleria Ettalong, the former Ettalong Markets at Ettalong Beach Jewellers After retiring in June 2014, Henry Scholten has now opened a small













shop in the former Ettalong Markets, only trading on Saturdays, Sundays and Public Holidays.

The Ettalong market has been beautifully revamped to a luxury European Galleria style tourist attraction.

Established in 1988, Scholten Jewellers has been manufacturing fine jewellery on the Central Coast for 30 years, having had shops in Bateau Bay, Gosford, Erina and Tuggerah.

Scholten Jewellers is now in Ettalong, providing an excellent repair, design remodelling and manufacturing service.

The location is also an impressive showroom of unique, handmade rings, pendants, earrings, bangles, brooches, chains set with precious and semi-precious gems, and a huge selection of Australian Opal. All repairs and manufacturing is done on the premises in a fully equipped workshop.

Come and say hello to Nicola and Henry at their new Ettalong Beach store, or call them on 0431 670 033 or 0412 655 316.

### News

### Tesch calls for outreach resources for homelessness

**Member for Gosford Ms Liesl** Tesch has called on the NSW Government to urgently allocate outreach resources to help reduce the number of homeless people who are living on our streets.

"A tent community has been set up in Woy Woy, with those sleeping rough in need of acute services such as mental health care, drug and alcohol treatment and medical care, as well as a viable path to permanent housing," she said.

have been assisting vulnerable members of our community for many months and it is clear to me that we need more resources so that professional help can be directly delivered to people where they are living.

"Many of these vulnerable members of our community do not have any possessions, making it very difficult to start their journey to recovery and reintegration into

"If outreach resources were available, they would have a better chance of accessing the care and assistance that they need."

Ms Tesch said that she has met with local charity organisations, Family and Community Services and NSW Police to discuss this

She commended the caring and hardworking people in those organisations who were focused on trying to solve this growing

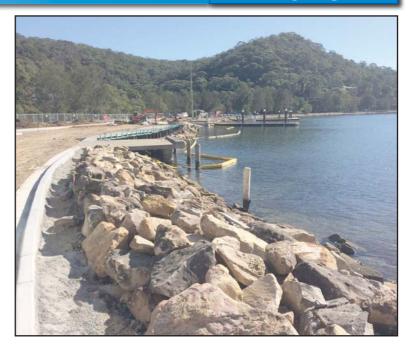
"I call on the Minister to allocate

appropriate funding to ensure that the outreach services are available," Ms Tesch said.

Until more resources allocated, Ms Tesch said would continue to work with local organisations such as Coast Shelter, St Vincent de Paul, Catholic Care, Partners In Recovery and local Housing representatives to ensure that the best possible outcome for the local community were achieved.

"Local charity and government organisations are stretched to meet the needs of these vulnerable members of our community," Ms Tesch said.

> Media release, 24 Jul 2018 **Emma Murphy, Office** of Liesl Tesch MP



### Koolewong reserve carpark closed

Koolewong Waterfront Reserve carpark will be closed to the public from Monday, July 30, until Friday, August 3, as Central Coast Council undertakes final carpark and landscaping works.

The works are to complete the last stage of the \$1.48m Boating Facility Koolewong Upgrade, according to Mayor Cr Jane Smith.

There will be no access to the boat ramps or floating pontoons during this period.

Access to the dinghy skid will remain open with pedestrian access only.

The cycleway will remain open. However restrictions will be in place and cyclists and pedestrians have been asked to follow directional signage.

SOURCE: Social media, 20 Jul 2018 Jane Smith, Central Coast Council

### Presbyterian church receives heritage grant

The Woy Woy Presbyterian Church has been successful applicant in the latest round of the Central Coast Council's Heritage **Grant Program.** 

SOMER SEAL

will receive \$1875 to complete essential building works and maintenance on St David's Presbyterian Church.

The work will "ensure the longevity of the building and its long-term conservation", according

The funding was recommended conditional on the works replacing existing materials with the same.

SOURCE: Central Coast Council agenda 3.3, 23 Jul 2018



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### Residents meet with council over Umina oval security

Representatives of Umina Community Group, local security residents, kiosk company and а proprietor have met with the mayor, another councillor and a council acting-director in an attempt to have security improved at Umina Oval.

Umina Community Group secretary Mr Peter Springett and vice-president Mr Mark Nitsos attended the meeting on Tuesday, July 17, with Mayor Cr Jane Smith, Cr Rebecca Gale Collins and Council acting-director Mr Boris

Bolgoff.

Mr Ashley Sefton of Alpha K9 Security and local residents Ms Brie Rodgers and Ms Leanne Kirby joined Jasmine Greens operator Ms Gabby Greyem at the meeting.

"All attendees pleaded with Council for better lighting of the area, lighting of the skate park and increased security patrols," Ms Greyem said.

"They also asked for more youth services and youth workers to be present in the area," she said.

"We have only had one visit from the Regional Youth Support Services Bus in two years.

"We haven't seen Council youth workers in the area for years.

"Currently I play the role of park ranger, youth worker, first aid officer and general community helper - responding to injured children, calling ambulances, calling Council when the toilets or park equipment is broken, calling the police when, as happened today, teenagers set a butane can on fire in the park.

"This is over and beyond my responsibilities as a tenant of Council."

Ms Greyem said the mayor was told of a Saturday night gathering of over 250 teenagers in the area.

"When police arrived, the teenagers ran into the dark and couldn't be identified as it was so

"Mr Sefton told the mayor that his company is contracted by Council to run dog-assisted security patrols of Terrigal CBD and Gosford CBD.

"These patrols, accompanied by lighting, have worked to make these areas safe at night.

"He told the mayor that the same approach needed to be taken in Umina.

"Brie Rodgers and Leanne Kirby said there has been no improvement in crime prevention or in the provision of youth services on the Peninsula, since they held a community meeting hosted by former State Member for Gosford Ms Kathy Smith in 2016.

"Mark Nitsos explained to the mayor that he had been trying to get the lights turned on in the Peninsula Recreation Precinct at night for several months, but despite promises that the lights would be turned on, they had not been turned on.

"Mr Nitsos told the mayor and Mr Bolgoff that it was imperative that the area was flood lit at night like Bateau Bowl and Banjo's Skate Park.

"He said no lights had been

tried for years and there had been no reduction in crime.

"He said lights were needed to deter crime and antisocial behaviour.

"I presented the mayor with more than 2000 petition signatures collected over the past two years and asked for formal recognition of receipt from Council.

"I also put together a summary for the meeting which was given to the mayor and all meeting attendees."

Ms Greyem said: "Council has a positive role to play in building positive community experiences.

"The recreation precinct is a vibrant community hub which needs a small investment from Council to make it a safe and thriving destination all of the time."

Ms Greyem said support for the measures outlined to Cr Smith and Mr Bolgoff had included endorsement from the Member for Robertson Ms Lucy Wicks and Mr Taylor Martin MLC and Member for Gosford Ms Liesl Tesch.

She also said letters of support from the community, media coverage of the issues and support from local business and community organisations was evidence the Council needed to act.

SOURCE: Media release, 17 Jul 2018 Gabby Greyem, Jasmine Greens

### **CCTV** installed free of charge

local fire protection company has installed eight new closed-circuit television cameras at a break-in prone Umina kiosk free of charge, following media coverage of the situation.

Mr Matt Marland from Marland Protection installed

cameras at Jasmine Greens near Umina Oval.

A local hardware shop also pitched in with some security sensor lights to help illuminate anything captured by the new

SOURCE: Media release, 17 Jul 2018 Gabby Greyem, Jasmine Greens





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### News



### Council calls failed wharf applications 'excellent'

Coast staff failed to justify the description of unsuccessful applications "excellent" when challenged by deputy mayor Cr Chris Holstein at the July 23 Council meeting.

The question was "taken on notice" and an answer will be provided at a later meeting.

Cr Holstein asked staff to explain why they considered two applications to the NSW Government for funding of \$11.9 million to be spent on the Woy Woy Ferry Wharf and the Ettalong Ferry Wharf an "excellent outcome" when not a cent of State

Government funding was secured.

Cr Holstein said he had been campaigning for the upgrade of the Woy Woy Ferry Wharf, in particular, since the Council election last September.

In October 2017, Central Coast Council submitted two formal Expressions of Interest and developed business cases for funding under the NSW Government's Regional Growth Environment and Tourism Fund.

A staff report to the July 23 Council meeting did not provide details of the works proposed for the Ettalong Ferry Wharf but stated that a total of \$6,755,083 was requested which was for 100 per cent of the project cost.

A second Expression of Interest and business case was submitted for the redevelopment of the Woy Woy Town Centre Wharf.

The total cost of the project was listed as \$5.3 million but the application was for \$5.1 million and, again, was unsuccessful.

The staff report claimed it was an "excellent outcome as all...projects submitted were shortlisted".

"Feedback given was that the two wharf projects require further development," the report said.

SOURCE: **Central Coast Council** agenda 4.3, 23 Jul 2018 Reporter: Jackie Pearson

### **Applications** rejected

The NSW Government has rejected applications from Central Coast Council for a shared pathway at Ettalong and works at the Patonga Holiday Park.

Council had estimated that the cost of the shared pathway along Barrenjoey Road at Ettalong would cost around \$1.3 million and had applied for \$890,000 assistance from the state.

It also proposed to use \$100,000 from the NSW Government to upgrade the amenities block at the popular local camping ground.

Both applications were made under Round 1 of the Stronger Country Communities program and both were unsuccessful.

According to a staff report to the July 23 Council meeting, "The program had a limited amount of funding allocated to the Central Coast Local Government Area.

"Some unsuccessful priority project applications have been updated and resubmitted under Round 2," the staff report said.

SOURCE: **Central Coast Council** agenda 4.3, 23 Jul 2018

### Upgrade rejected

Almost a year after an application was made to upgrade the Woy Woy Bay Wharf, councillors have been advised the application was unsuccessful.

Central Coast Council applied to the NSW Government in August 2017 under Round 2 of its Boating Now program for \$40,000 for works at the wharf.

A staff report has now informed councillors that the application was unsuccessful.

According to the report to the July 23 Council meeting, the money would have covered construction of modular floating finger pontoons and upgrades to existing wharf facilities.

"These upgrades would allow ease of access to and from the wharf and improve accessibility," the report stated.

SOURCE: **Central Coast Council agenda** item 4.3, 23 Jul 2018

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### Association objects to 150m fence

The Wagstaffe-Killcare Community Association has written to Central Coast Council objecting to a 150 metre long two metre high metal fence at the top of Wards Hill Rd "at the entrance to the peninsula".

Association vice-president Mr Mike Allsop described the fence as "completely out of character for the area" and "having been erected without consent".

"We understand the desire of the owners to fence the property, but would encourage them to submit a design with see-through characteristics with suitable landscaping to comply with local planning requirements and to enhance the entrance to our area.

"This would also demonstrate a level of respect and inclusivity for the community, and would be well received."

Mr Allsop said the owners had submitted a development application since erecting the fence to move part of it one metre back to enable some planting to be installed in front of it, while leaving the remainder as was.

"The DA was advertised and community responses sought via the standard process," Mr Allsop said.

"Along with others, the

association lodged a considered response relating to Council's own Development Control Plan, Local Environment Plan and Character Statement for the area.

"Our response was shared at the community meeting on July 9, and strongly endorsed.

"In essence, we have highlighted that the nature of the fence (an opaque visual barrier) and its position close to the boundary contravenes all local planning requirements, particularly the open scenic character specified for this area, and should be removed forthwith.

"This applies not just to the section subject to the DA, but to

the entire run of fence along the Wards Hill Rd boundary to the property," Mr Allsop said.

"We have also written directly to Mayor Cr Jane Smith, noting the inconsistencies in process which seem to have accompanied this matter over the last nine months or so.

"In response to community concerns Councillors have flagged this DA to be considered at an upcoming Council meeting, possibly in August," Mr Allsop said.

SOURCE: Newsletter, 26 Jul 2018 Mike Allsop, WTKCA

# Belinda Neal fights party expulsion

The Gosford Australian Labor Party State Electoral Council has announced on July 17 that the former Member for Robertson, Ms Belinda Neal, is no longer a member of the party.

The ABC reported later that the NSW Labor Internal Appeals Tribunal had, on July 24, recommended expulsion for unworthy conduct.

However, Ms Neal said she had not exhausted all appeal avenues in her fight against expulsion.

Ms Neal said the matter would be "before the national office" on Monday, July 30, when it would be heard by an adjudicator who was "completely independent and would not be leaned on".

SOURCE: Media statement, 17 Jul 2018 Genny Murphy, Gosford ALP State Electoral Council Interview, 25 Jul 2018 Belinda Neal, Woy Woy Bay Reporter: Jackie Pearson

### Two-storey units may replace end-of-life fibro house

A residential flat building has been proposed for 4 Clifford St, Umina.

The proposal received by Central Coast Council would see a two-storey, three-unit residential flat building replace the single fibro dwelling currently located on the 674 square metre residential block.

A statement by Wales and Associates submitted to Council in support of the project said the existing residence with tiled roof and detached clad garage with fibro roof had "reached the end of its economic life"

The proposed flat building does not comply with Gosford planning controls for street, side or rear setbacks.

The developer has asked for Council's support to vary its setback requirements on the basis that "the intensity of the proposed development ensures that the floor space ratio controls in the Gosford Local Environmental Plan 2014 are complied with, the proposed development remains compatible with predominant patterns of buildings and gardens that define

the existing and desired character of the local neighbourhood."

Another justification given for the non-compliance with setbacks was that "the proposal conserves important elements of existing scenic quality, in particular the prominent trees located along Memorial Ave on Council's road reserve and the adjoining trees along the south eastern boundary and ensures reasonable amenity for both existing and proposed dwellings."

Half road construction will be required as part of the development

of the site, according to Wales and Associates.

Adjustments will also need to be made to the footpath to accommodate the proposed ingress/egress and pedestrian access.

At the closure of the period for public comment on the development four submissions had been received by Council.

SOURCE: DA54622/2018, 26 Jul 2018 Gosford DA Tracker, Central Coast Council

### Peninsula flooding to be studied

Flooding on the Peninsula will be studied to determine the best way to address it.

Central Coast Council is expected to spend \$240,000 on the

study, and has received \$160,000 towards the cost from the State Government.

The outcome of the study will be known as the Woy Woy Catchments Floodplain Risk

Management Study and Plan.

"This planning must be undertaken prior to funding applications for works," Council staff told the July 23 Council meeting.

"The Woy Woy Peninsula is prone to flooding in both short and long duration rainfall events," it said.

"Flooding occurs in both road reserves and on numerous

residential properties throughout the Peninsula."

SOURCE: Central Coast Council agenda 4.3, 23 Jul 2018



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### News

### **Free English** classes at church



### Proposal to replace single dwelling with three units

Free classes for Peninsula residents whose first language is not English have started with the new school

The English as a Second Language classes will run from the Woy Woy Presbyterian Church on Tuesday's from 9:15am to 12pm throughout the school term.

The focus of the classes will be on improving English conversation skills in a relaxed social environment.

beginner, There are intermediate and advanced levels

available for participants. Anyone interested should

contact the Church to register. SOURCE: Social media, 24 Jul 2018 David Green, Woy Woy Presbyterian Church A single-dwelling house at 80 Victoria Avenue, Woy Woy, will be demolished to make way for a threedwelling, multi-unit housing development if it receives Council approval.

The proposal does not comply with the minimum lot size requirement of that Gosford planning instrument by a variation of 7.3 per cent but it does comply for height and floor space.

"The proposed multi-housing development is considered as minor scale development that merely seeks to upgrade the existing housing stock in the locality," the Clarke Dowdle statement said.

"The proposed development is located in a low-volume trafficked

"Given the site is zoned as medium density residential the absorption capacity is considered as acceptable in this instance."

However, in terms of compliance with the Gosford Development Control Plan, the proposal doesn't meet the requirements for deep soil front and rear setbacks and side and rear boundary setbacks.

It also falls short of the DCP's parking requirements by 2.5 spaces.

The DCP also required a minimum area of 50 square metres per unit of outdoor space and a minimum width of 3.5 metres but the proposed Unit 2 will only have 47 square metres of outdoor

The consultant lists 14 other recently approved developments in the Peninsula area with similar non-compliances to argue for approval of the 80 Victoria Rd proposal.

"The design and siting

of the villas meet the overarching objectives of the setbacks clause and is considered acceptable for the medium density residential zone," consultant said.

"The two storey unit development would allow greater than three hours solar access to the living areas and private open space areas of the villas.

"The courtyard areas would be commensurate with the size of the outdoor private open spaces provide to the multi-unit development in the Peninsula

"In this instance, the multi-unit housing would be located within walking distance of outdoor and indoor recreational facilities which allows for occupants to regularly participate in outdoor or and social pursuits."

Access to the new multi-dwelling complex would be via a driveway along the eastern boundary and separate garages provided for each unit, according to a statement in support of the proposal prepared by consultants Clarke Dowdle and Associates

"The proposed units include front courtyard fencing that provide sufficient areas to store mobile waste collection bins away from the street and from the courtyard areas within the site," the statement said.

The site is zoned R1 - General Residential under the Gosford Local Environmental Plan 2014.

SOURCE: DA54685/2018, 26 Jul 2018 Gosford DA Tracker **Central Coast Council** 

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### Emergency dredging has taken too long - Tesch

**Member for Gosford Ms Liesl** Tesch has claimed that the "emergency dredging" of the **Ettalong Channel has taken** too long and no long term solution is in sight.

Government's State failure to implement a long-term solution for the Ettalong Channel is continuing to impact on local commuters, school students and businesses.

"The emergency dredging is only now beginning, despite being announced nine weeks ago, and the community knows that this will fail to provide relief to the ongoing problem in the channel," Ms Tesch

She said the NSW Government must take responsibility for their navigable waterway which is

clearly a state responsibility.

"The Liberal Government is more than happy to draw an income from boat licences and moorings on our waterways yet they continually fail to provide a real solution to the Ettalong Channel," Ms Tesch said.

"The community is fed up.

"They want to be safe on our local waterways and to use the public transport ferry to get to and from work and school, to visit family and friends and provide a viable service for tourists to access our community," she said.

"Dredging of the channel is economically very important to communities on both sides of the channel

"Despite the Member for Terrigal, Adam Crouch, announcing that the \$660,000 emergency dredging



started on June 25, locals report that they are yet to see the dredge in operation.

"The lack of action is simply not good enough and the Liberal Government is yet again ignoring thousands of people who have signed my petition to the NSW Parliament calling for a proper solution to our dredging concerns.

"The State Liberal Government must stop cost shifting to rate-payers and finally responsibility for this issue.

"The local community cannot afford to wait any longer for action in our channel.

"Stop spending money on stadiums in Sydney and fix our vital waterway," Ms Tesch said.

Ms Tesch said she had received a written update from NSW Roads

and Maritime Services on July 19 implying that the dredging would commence early in the week of

The update came via the RMS from Crown Lands who are responsible for the delivery of the dredging.

"The contractor, Sandpiper Dredging, has delivered the necessary dredge components and has them located near the Woy Woy boat ramp site," the update said.

"It is the contractor's intention to have a crane available for July 20 to assemble the components by lifting and placing them into the water at the Woy Woy boat ramp,"

"During this operation the public boat ramp will be occupied for around six hours, but is subject to crane availability, tides and conducive weather condition.

The nearby more popular boat ramp will not be affected and will remain available to other users wishing to launch their vessels.

"A pre-construction meeting with the Contractor was held on Wednesday, July 18, NSW RMS was also in attendance.

"Crown Lands, RMS, the contractor and a representative from the Umina Boardriders Club travelled to the entrance of Ettalong Channel to observe the problematic shoaling and discuss the scope of the project.

"Deeper areas to the west of the dredging site for placement of the dredged sand were also identified.

"Placement of sand in these deeper locations has the potential to enhance the popular surf break.

"Today [July 19], the contractor is assembling the pipework at Ettalong Beach.

"At this stage, the weather forecast for early next week looks favourable but conditions could change.

"The dredge will require relatively stable sea conditions (low swell) to operate effectively."

SOURCE: Media release, 24 Jul 2018 Emma Murphy, Office of Liesl Tesch MP Media statement, 20 Jul 2018 Liesl Tesch, Member for Gosford

### **Tidal baths inspection** may lead to remedial work

A council inspection of the Woy Woy tidal baths on Brickwharf Rd may lead to "remedial work", councillors have been told.

"Council is actively seeking approvals from the Department of Fisheries to undertake remedial works on all netted swimming enclosures," a report tabled at the July 23 Council meeting stated.

"These works will include removal of rubbish or large debris; removal of seagrass or seaweed wrack; scrubbing algae from stairs and entryways and removal of sand from the floor of ocean baths; scraping of oysters and algae from pylons, steel bars and /or concrete walls," it said.

"Council periodically removes encrusting aquatic growth from the walls of netted baths in accordance with an Environmental Assessment and permit from the NSW Department of Primary Industries (Fisheries).

"Council will be developing an Aquatic Infrastructure Strategy for the management and development of these assets...in the 2018-19 financial year," the report said.

SOURCE: **Central Coast Council** agenda 4.4, 23 Jul 2018

### Ferry services may start in four weeks, says association

Wagstaffe-Killcare The **Association** Community vice-president Mr Mike believes Allsop ferrv services could start in about four weeks, if dredging proceeds to schedule.

"The dredging will apparently involve an initial dredge cut that is aimed at reinstating the channel suitable for ferry operations," he said.

"This is expected to take three to four weeks, weather permitting, which means ferry services could potentially recommence in mid-August," Mr Allsop said.

"Once the initial cut has been completed, we understand that the dredge will continue to widen the channel with the goal of increasing channel longevity.

"This will be welcome news in an attempt to avoid the chaos that the current situation has caused.

"We have not yet heard of Council's plans for working with the State Government to ensure continuous access to the channel in future, but believe

that their plans will be integrated with the overall strategy for reinstatement and management of the beach front at Umina and Ocean Beach.

"Hydrodynamic modelling of this area is already being undertaken.

"Integrating the channel works would make sense as it would then cover the currents and sediment movements in the entirety of the entrance to Brisbane Water."

SOURCE: Newsletter, 26 Jul 2018 Mike Allsop, WTKCA

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### Committee will focus on waters around the Peninsula

Management plans for the waters around the Peninsula will be the main focus of a new Catchments and Coast Committee for Brisbane Water and Gosford Lagoons, which held its held its first meeting on June 21.

The role of the committee will be to advice Central Coast Council on the sustainable management of its coastal, estuarine, waterways, catchment and flood liable areas.

The Committee recommended to Council that Mayor Cr Jane Smith be appointed as chair.

It also recommended that Council staff write to the NSW Office and Environment and Heritage inviting them to have two non-voting representatives as regular committee members - one for environment management and one for floodplain management.

The meeting also mapped out an action plan for the next four quarters which included an overview of the Coastal and Estuary Management plans and vision for the committee at its second meeting in September.

In the third quarter the group will discuss the Floodplain Management Plans and review Development Control Plans.

At its March 2019 meeting

Management Program and an overview of the Coastal Management Act.

The management plans in place that it will refer to are the Brisbane Water Estuary Management Plan, Pearl Beach Coastal Zone Management Plan, Gosford Beaches Coastal Zone Management Plan and Gosford Lagoons Floodplain Management

According to its terms of reference, the advisory group is responsible for providing advice and feedback to Council on ensuring current community values are considered in the development of local floodplain risk, estuary and coastal zone management planning.

It will also be responsible for helping Council to identify the flood, coastal and estuary health problem areas to be assessed and provide input into known hazard behaviour.

In undertaking its duties the committee will be required to include sustainable climate change adaptation actions based on widely accepted competent scientific opinion and ensure consistency with Council's climate change policy (which is currently under development).

The terms of reference also state the group will monitor and assess the effectiveness of local management plans during and after their implementation.

It will promote linkages and cooperation between community, Council, State and Federal Governments and other key stakeholders in the development and implementation of coastal, estuarine, catchment and floodplain management studies and plans.

It will advise on funding, capital works, maintenance and operations, environmental protection and a range of other associated policies, strategies and laws.

Another of its responsibilities was listed in the terms of reference as supporting, promoting and liaising with relevant authorities in the development of emergency management and catchment management strategies.

In addition to the Mayor, Cr Troy Marquart and Cr Richard Mehrtens are members of the committee.

Community members are listed as Ian Carruthers, Andrew Jones, Michael Kilp, Jenny McCulla, Adrian Williams and Samantha

> SOURCE: **Central Coast Council** agenda 3.2, 23 Jul 2018

### Wales to consult client before meeting residents

Local planning consultant Mr Matthew Wales has told the Save Our Woy Woy community group he would ask his client before agreeing to discuss the proposed \$11 million Farnell Rd development with the group.

The development would see a 37-unit three-storey block of flats and seven two-storey townhouses built in place of four houses on the corner of Blackwall Rd.

Principal of planning consultants Wales and Associates, Mr Wales told Save Our Woy Woy president Mr Harvey McDougall he would contact his client.

"Regardless, I am happy to keep in touch with you," Mr Wales

Mr McDougall wrote to Mr Wales, who is also Peninsula Chamber of Commerce president. to invite him to meet with residents.

He asked Mr Wales to "explain to them why you think our suburb needs to have developments that do not respect the character of Woy Woy".

"I am a resident of Woy Woy and do not wish to have our suburb changed into a concrete jungle similar to Sydney suburbs," Mr McDougall said.

"I am sure that you can understand the community's anger and concern for their suburb.

"Its history and holiday atmosphere are what make Woy Woy and it is not necessary to change that dramatically at this stage," he said.

Mr McDougall and Mr Wales copied the Peninsula News in on their email exchange.

"In relation to your request that we meet with local residents to discuss your concerns, I will seek instruction from my client in this regard," Mr Wales said.

"I would also confirm that this office takes seriously our obligation to consider public submissions and objections to this development and would also confirm that we will be responding to those submissions with a formal response to Central Coast Council."

The proposed development has resulted in well over100 objections being lodged with Council.

Mr McDougall and Save Our Woy Woy have also started campaigning for a review of zoning in certain areas of the Peninsula.

SOURCE: Email, 16 Jul 2018 Harvey McDougall, Save Our Woy Woy Matthew Wales, Wales and Associates



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### Forum

### Pleas ignored by indolent council

In defence of Jasmine Greens Kiosk, Central Coast Council has been caught out again.

We now learn that the Councilleased Jasmine Greens Kiosk in Umina has once again been damaged by vandals.

The kiosk manager Ms Gabby Greyem's plea for help has been ignored by this indolent Council.

The forward thinking and positive members of the Central Coast Council must be embarrassed by the remaining councillors who are exhibiting their continual negligent

### **Forum**

approach to matters of importance.

On three occasions 2016-2017 petitions were presented to Council and ignored for the need to have community lighting and CCTV cameras replaced or repaired.

The promised funding by Council in 2016 for a Barista Beating Crime project has not been allocated either.

The abhorrent behaviour by this Council shows its complete lack of responsibilities to businesses and the ratepayers on the Peninsula.

One wonders how many other matters of importance and responsibilities this Council has not acted upon.

Let us hope the new CEO Mr Gary Murphy will be able encourage a change of the thinking by the remaining councillors to the importance of replacing or repairing the CCTV to prevent further vandalism and theft to businesses around the Jasmine Greens Kiosk and Restaurant.

Email, 18 Jul 2018 Robert Welch, Ettalong

### **Discovering the truth** about disabled parking

Up until a few months ago I didn't think about the number of disabled parking spaces provided by all sorts of service providers.

Now that I can't get about like I used to I am discovering the truth.

Basically, nobody thinks about the problems we have getting to and from shops, railway stations, sporting venues and just about everywhere.

Take a look at Peninsula Plaza, five spaces.

The lucky ones who spring a spot think they have won the lottery.

By the time you have collected your trolley, wandered around the various shops and made it back to your car way over in the back rows you are exhausted.

About the only way to get to park there is to be there before dawn.

Oh I forgot about the one provided by the Council not far from the library.

That's right, one space in the whole of the Woy Woy CBD.

Deepwater Plaza isn't much

Aldi at Umina, has two.

### **Forum**

### **LETTERS TO** THE EDITOR

should be sent to:

### Peninsul a News PO Box 1056, Gosford 2250 or

editorial@centralcoastnews.net See Page 2 for contribution conditions

I used to like catching the train. Getting about seeing NSW and visiting old mates.

No can do now.

No spaces anywhere near Woy Woy Station, or any other station for that matter

If you want to go to Woy Woy Oval, better be early, only two spaces.

Then the nearest spaces are time restricted and the Council inspectors just love booking patrons on a Sunday afternoon.

Must be sports lovers.

If the team is playing away the numbers of reserved places at other venues range from none to verv few.

The only answer I can see is for the various levels of governments to introduce a requirement for the numbers of spaces to be a specific percentage of the total spaces on any particular site.

The ageing population of the whole of Australia, and the Peninsula in particular, need to be able to continue to enjoy their mobility and freedom to go wherever they want with a reasonable chance that we all will be able to park without difficulty.

It would only take a few minutes with a stencil and a can of paint to do this.

**ADVERTISEMENT** 

Email, 20 Jul 2018 Laurie Powell, Woy Woy

### Negative response, yet the trend continues

With monotonous regularity, the Peninsula News reports on the latest development applications that highlight the trend in mid-rise, overdevelopment residential applications.

Each time we are reminded of

### Forum

how these applications exceed zoning height and floor to space regulations, while also adversely impacting traffic conditions and impairing the character of the local neighbourhood environment.

Negative community response abundant, yet the trend continues.

One can only surmise that developers feel confident that their applications will be accepted with or without modification.

Email, 19 Jul 2018 Suraya Coorey, Woy Woy

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### Forum

### Kerb and gutter in my lifetime?

Walk is a pleasure,

except for the footpath

Call me cynical but when I read the headline that Council will no longer charge property owners for kerb/ guttering or footpaths I thought that it was a good decision, but reading further into the article the nonpayment is only for planned works.

I would like to know if the old kerb or footpath needs repair or replacement due to age etc. will this new kerb or footpath be covered by this resolution?

It also seems to be very good timing for the redevelopment of the

Take a walk (that is if you are

game) along the Beachside

Esplanade of Umina Beach

on a bright sunny day with a

in life, except for the broken

substandard footpath that you

trip and hurt yourself on the very

neglected pavement, then you will

in wheelchairs, or mothers with

What could be more beautiful

If you don't twist an ankle or

For disabled persons, those

slight sea breeze blowing.

have to use.

be fortunate indeed.

### **Forum**

Terrigal CBD. Fancy that!

I have lived on the Coast for 30 years and only one property I have lived in had kerb and guttering (no footpath) and that was only because it was on a main road.

Sure I haven't lived in or around The Entrance, Wamberal, Terrigal, Avoca or in a new subdivision.

My current property has been paying rates for over 65 years and still no kerb, guttering or footpaths.

There probably won't be any in my life time.

Forum

prams, there are no access ramps

to cross the road so you are obliged

to stay on the path or risk your life

The Esplanade walk from

Ettalong to Umina is truly a

pleasure except for the miserable

Shame on our Council for letting

Email, 14 Jun 2018

R Fountain, Booker Bay

on the road.

state of the footpath.

it fall into such disrepair.

Email, 24 Jul 2018 Carl Veugen, Umina Beach

### entray coastr

### Other Regional News - In brief

news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

Peninsula News focuses on in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net Copies of these publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

YOUR INDEPENDENT COMMUNITY NEWSPAPER

### **Urgent recommendations** ignored

remove inappropriate materials from the materials from the beach but it did not.

### Council staff respond to the presence of asbestos on Wamberal and Terrigal

the July 23 Council meeting.

### The people have spoken revitalisation needs to happen and needs to happen now

comprehensive measures to renew the for Robertson, Lucy Wicks. region's capital.

### Actions in storm erosion report could from two year old consultant's report have fixed asbestos problem two years ago

More than two years after an east coast Recommendations in the Wamberal The green canopy across the Central low savaged Wamberal Beach, the public Beach Storm Erosion Remediation Report, Coast will be increased by a Central Coast has been given access to a consultant's which Central Coast Council received Council resolution to hand out 1,500 native report that urged Central Coast Council, on July 19, 2016, could have resulted in trees to the community, and developing an then under administration, to immediately removal of all dangerous and inappropriate Urban Forest Strategy.

### Minister asked to carefully consider the consequences of seismic testing

A staff response to an urgent resolution The Disabled Surfers Association of The staff of Central Coast Council want made by Central Coast Council on April 23 Australia has called upon Federal Minister to keep control over all development about asbestos on Wamberal and Terrigal for the Environment and Energy, Josh consents, and have questioned how Beaches is expected to be discussed at Frydenberg, to carefully consider the reducing developer levies will pay for the consequences of supporting any further revitalisation of Gosford, in a submission

### Council staff respond to Urban Design Implementation Framework

**Council to hand** 

out 1,500 native trees

seismic testing or potential oil or gas to Coordinator General, Lee Shearer.

### Lucy Wicks sceptical of Labor's promised \$15m parking plan

Overwhelming support to get on with the Labor's promise of \$15m to build three The revitalisation of Gosford CBD was the key commuter car parks across the Central Association is calling on all sides of politics theme to emerge from the Central Coast Coast is a gross underestimate of the to work together to deliver long term community as it had its say on the latest costs involved, according to the Member relief to local commuters by developing

### Commuters' Association calls for a bipartisan approach on car parks

Central Coast Commuters' extra car parking near stations, following Labor's \$15m car park announcement.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related

### **Issue 145**

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### Pristine environmental bushland turned into a desolate wasteland

Kangy Angy, to make way for the Environmental wasteland, according to residents.

### McBride concerned about advice provided by scientifi c committee

Environment Minister, Josh Frydenberg, on Warnervale. Wallarah II.

### Angry Kangy Angy residents alarmed Transport for NSW makes major modifi at environmental damage

Massive clearing in Ourimbah Rd, Transport for NSW has used State Transport for NSW has proposed to Policy modify the approval for its Intercity Rail Planning NSW Government's Intercity Rail Fleet (Infrastructure) 2007, which applies in all Maintenance Facility at Kangy Angy to Maintenance Facility, has already turned areas of NSW, to forge ahead with the rail include a temporary access road for use pristine E2 and E3 bushland into a desolate maintenance facility in sensitive E2 and E3 during construction. land at Kangy Angy.

### Aero Club believes airport is a vital to expand

has expressed concerns about some Andrew Smith, has outlined the club's McLachlan attempted to move a motion elements of advice provided to the Federal position on the future of the airport at to encourage Central Coast Council to

### **Motion to leverage Sister City** relationship with Edogawa fails

cation to construction process

Member for Dobell, Emma McBride, Central Coast Aero Club (CCAC) President, Councillors Greg Best and Bruce leverage its Sister City relationship with Edogawa, Japan, to call for an end to scientific whaling.

### McLachlan calls for more fl exibile **Rural Land Zones to increase tourism** opportunities

opportunities for tourism and youth Rd, Bushells Ridge. employment.

### Developer seeks to modify council consent

Independent Councillor, Bruce McLachlan, A developer has applied to Central Coast A 66-lot subdivision for small lot housing, wants to see more flexibility in the Central Council to modify its consent for an \$8.5m valued at \$20.7m, has been proposed Coast's Rural Land Zones to increase asphalt plant to operate at 203 Tooheys for 533 and 539 Pacific Hwy and 24 Van

### 66-lot subdivision for small lot housing proposed

Stappen Rd, Wadalba.

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### Health



Lions club members with ambulance personnel

### Lions donate trauma teddies

Woy Woy Lions Club have donated 72 trauma teddies to local Clare NSW Ambulance Service and Umina Beach and Ocean Beach Surf Life Saving Clubs to be handed out to young children and adults they encounter in their day to day duties.

"The teddies will be handed out in trauma incidents including accidents and familyviolence situations, when people just need something to cuddle," said Woy Woy Lions Club president Mr Ian Taylor.

"What better than a soft Lions Teddy?

"Our club will continue to monitor the stock each group is holding and will replenish stock as required.

"We are also working closely with other clubs on the Central Coast to see if we can expand this project beyond the Peninsula.

"A couple of our members are in discussions with the various women and children refuges on the Coast to see how we can introduce them to the world of Lions Trauma Teddies," he said.

SOURCE: Media release, 24 Jul 2018 Ian Taylor, Woy Woy Lions Club

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### Charity bowlers raise \$995

Charity bowlers raised \$995 at Woy Woy Sporties at their July Charity Bowls Day.

"Only 32 bowlers braved the cold weather at our July event, but our numbers were bolstered by the Woy Woy Leagues Social Club and our other supporters," said event organizer, Mr Ken Dixon.

"We raised \$795 on the day, but a donation of \$100 from the Pelicans Fishing Club and another \$100 from the Wednesday bowlers increased the takings to \$995.

"On top of that, the Woy Woy Lions Club recently donated \$500 to the cause, which brought our year-to-date total to around \$8300," Mr Dixon said.

The money raised is donated to Central Coast Kids in Need, which uses the money to assist families who have seriously ill children with prolonged illness, Mr Dixon said.

The money is used to defray the costs of accommodation for the families, to cover travel costs, equipment requirements and pharmacy accounts.

SOURCE: Media release, 20 Jul 2018 Ken Dixon, Woy Woy Charity Bowls

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medicare

### Health

### Mentoring program for young men starts in Woy Woy

A free program for young for their lives. men, aged 17 to 25, "who personal potential but are in need of positive mentors" started in Woy Woy last week.

Building Blokes is a mentoring and development program that discusses current issues facing men, according to organisers from the Top Blokes Foundation.

The organisation promotes the program for young men who "get into fights, drink too much, can't control anger, have poor relationships, keep getting fines or just aren't living your best life".

"Just by attending, participants can reduce their Revenue NSW fines by up to \$2000."

Central Coast program coordinator Mr Kevin Hull said: "We want young men to be equipped with the skills that allow them to make the best decisions

"Participants complete the program having learnt social and practical skills that allow them to make better informed decisions, ultimately improving their quality of life," he added.

The free eight-week program will be available at the Peninsula Community Centre, Woy Woy, from 1:30pm to 3:30pm, every Monday.

Places are still available in the program.

"The program will particularly benefit those who display disengaged and at-risk behaviours including; alcohol or drug usage, lack of interest in education or employment, gambling and other behavioural concerns.

During the program, participants will take part in a range of workshops covering various topics including: masculinity, gambling, drugs and alcohol,

anger management, peer pressure and risk taking, mental health, realities of pornography, healthy relationships, sexual health and cyber bullying and sexting.

The programs are delivered by a fully-certified youth worker.

"Each youth worker carries current Working with Children and National Police Checks.

"They also receive ongoing training and development in key knowledge areas such as youth mental health, suicide prevention and intervention, trauma in youth, and cultural awareness training in-line with best practice and the latest industry standards.

"All Top Blokes Foundation staff are mandatory reporters and will work alongside community organisations in the event that a mandatory report is required," Mr

A group of seven students from Brisbane Water Secondary College Umina campus recently graduated from a 16-week Junior Top Blokes Mentoring Program, designed for students aged 14 to 17 years.

SOURCE: Media release, 25 Jul 2018 Kevin Hull, Top Blokes Foundation

### **Prostate cancer** day raises \$7500

**Umina Beach Men's Bowling** Club held their annual Prostate Cancer Day in memory of former life member Mr Ron Pursehouse on Thursday, July 21, raising \$7500.

One-hundred bowlers attended the day for a game of bowls and

An auction was held of a framed Wallaby jersey signed by and presented by Mr Eric Tweedale, the oldest surviving member of the first Wallaby side to tour Great Britain after the Second World War during the 1940s.

Many of the raffle prizes were donated by local businesses.

"The major prize of a five night holiday at Gallipoli Court Forster was won by local resident Ms Roslyn Banks," said club publicity officer Mr Ian Jarratt.

"The auctions highest bidder was also a local, Mr Harry Lake.

"The proceeds of the day will be

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THE IMPORTANCE OF SCOLIOSIS SCREENING

presented to Central Coast Local Health District to enable Gosford and Wyong Hospitals to purchase much needed modern equipment for use in prostate and urological diagnosis, treatment and care at both hospitals.

"This assists in helping patients to have less intrusive operations and reduce recovery times," Mr Jarratt said.

> SOURCE: Media release, 23 Jul 2018 Ian Jarratt, Umina Beach Men's Bowling Club

### Plan Your End Of Life & Live Better!

An official #D2KD event hosted by Central Coast local Dr Annetta Mallon

Jasmine Greens Café in Umina Beach 6:30-8:00pm

Tickets are \$15.00 available through Eventbrite on the Facebook event page, or cash purchase at the door from 6pm on the night

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Look at a standing person from the side and you see the spine's natural curves. Viewed from behind, however, the spine should appear straight with little side-to-side curvature. This is not the case in people who have scoliosis. A scoliosis a curvature of the spine when looking from behind. They can be "C" shaped, "S" shaped and occasionally have appearance of corkscrew with a rotational components.

Adolescent scoliosis is the most common type and occurs after the age of 10. Girls are nine times more likely than boys to have this type of scoliosis. The younger you are when scoliosis appears, the greater the chance of curve progression. Scoliosis rarely begins in adults.

Scoliosis is mostly painless. Most cases are mild, requiring only follow-up and observation. In more severe cases, the spine can rotate as well, resulting in prominent ribs on one side of the body and narrowed spaces between ribs on the other. Severe scoliosis can cause ongoing back pain and difficulty breathing.

Depending on the degree and type of curvature, treatment can range from observation and monitoring to prescribed exercise programs and in extreme cases wearing a brace and invasive procedures including surgery for correction of spinal deformity and fusion.

Usually a curve of the spine develops without being noticed. However, as the scoliosis progresses, some signs do appear.

Symptoms may include:

- Uneven shoulders
- Lower back pain
- Prominent shoulder blade or shoulder blades
- Uneven waist
- •One hip elevated compared to the opposite side
- Leaning to one side
- •Feeling tired when standing or

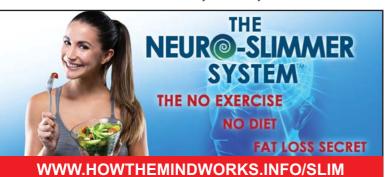
Early detection of scoliosis is important to monitor and slow the progression of the curve. If you do show signs of scoliosis, your chiropractor can monitor any changes and provide a variety of techniques to help manage it and referral for further



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John with the teddy bear family



### Teddy bears help soothe children's fears, says hospital

A local hospital has claimed its collection of teddy bears has worked to soothe the fears of young patients.

Brisbane Waters Private Hospital's CEO, Ms Kathy Beverley said: "One of our gorgeous patients, John, aged 2, recently had surgery with Dr Shashi Singh.

"He was a very brave little boy. "John and his mum were very

anxious about going to another hospital again.

"Once he was met by our teddy bear family, his fears were gone and he had a wonderful experience," she said.

"His mum told staff how wonderful their experience was and that John wasn't always comfortable in new environments, but everybody was so lovely and welcoming that he stayed happy and brave the entire morning.

Ms Beverley said at Brisbane Waters Private staff strived to create a welcoming and soothing especially their youngest ones.

"We love our Kids Days here at the hospital.

"We love the teddy bears, the staff dress ups and the room

environment for all patients, but decorations and we pride ourselves on making a difficult time enjoyable for children," she said.

> SOURCE: Social media, 18 Jul 2018 Kathy Beverley, Brisbane **Waters Private Hospital**

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### Education

### "Opera on the Coast"?

With spring just around the corner it V appears that we have landed our very own Opera season on the Coast. Including the one off performance of Madam Butterfly by Opera Australia involving the Conservatorium's Central Coast Opera Children's Chorus, the full scale production of Central Coast Opera's La



Boheme at the Laycock Street Theatre in August and Central Coast Lyric Opera's Tosca, the Coast is in for a wonderful season of opera and a true celebration of one of the greatest composers of all time, Giacomo Puccini.

Puccini's music is crafted with genius that sends us on spine tingling emotional journeys and when it comes to composers, Puccini is certainly the best of the best. What better way to kick-off our first opera season on the Coast with a Puccini fest!

So why opera on the Coast?

Perhaps the Coast has a more discerning audience than we thought or is opera more accessible to all and not just an elite musical form for classical music boffins?

From my perspective I thinks it's the latter. The splendour and magic that opera brings to the stage is breath taking and unique. It's engaging for people of all ages and is not that far removed from music that we hear at the movies.

Yes, opera is classical music but no different to what we experience in blockbuster movies with orchestral soundtracks. Some fine examples include: Jurassic Park, Harry Potter, Pirates of the Caribbean and Star Wars.

The most famous of all Star Wars is referred to as space opera with John Williams, the composer, using musical themes to introduce characters into scenes in true operatic style. We all know who is about to enter a scene when we hear the Darth Vader theme.

The great composers of the past have inspired the music for the big screen and we happily immerse ourselves in this type of classical music. If you enjoy movie music then the world of opera and the music of Puccini is certainly accessible.



Patrick Brennan **CEO/Artistic Director** CENTRAL COAST Central Coast Conservatorium P 4324 7477

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Umina Beach PS students cutting the ribbon on their new Buddy Bench

### **Buddy Benches unveiled**

**Umina Beach Public School** has unveiled its new Buddy Benches.

"Our Buddy Benches were unveiled on July 3 in the playground in an official ribbon cutting ceremony," said principal Ms Lyn Davis.

"We are looking forward to

seeing how these seats build more positive relationships between students.

The benches are installed on school playgrounds for students feeling lonely, isolated or who wish to make new friends, she said.

She said the idea behind the benches was that students would

see a student sitting on a bench and then approach them to sit and chat or invite them to play, fostering new relationships and opportunities for socialisation.

SOURCE: Website, 3 Jul 2018 Lyn Davis, Umina Beach Public School Facebook page



Students hit the beach to continue their studies

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### **Students** learn about microorganisms

Year 6 students from Umina Beach Public School travelled around Umina on July 5 as part of their science

As part of their study of microorganisms, students visited Bakers Delight Umina, Umina Library and Umina Beach.

Students studied yeast and its role in baking, watched a presentation at the Library and collected samples at the beach.

> Social media, 5 Jul 2018 Lyn Davis, Umina Beach Public School

### Education

### Two students given early entry to university





Zoe Souness

Two students from Brisbane Water Secondary College Woy Woy Campus have been accepted into a Macquarie University program.

Zoe Souness and Liam Hylton-Evans have both been accepted into an early entry program.

Souness will undertake a Bachelor of Media.

Liam Hylton-Evans

Hylton-Evans will study Bachelor of Global Business

SOURCE: Social media, 24 Jul 2018 Paul Gilmore, BWSC Woy Woy

### **NEIL DIAMO** The re-creation of one of the greatest live albums of all time... SATURDAY 4TH AUG





### Fun Friends program at Umina

Kindergarten, Year 1 and Year 2 students at Umina Beach Public School will be

participating in a Fun Friends

Over the coming weeks,

Program throughout Term 3.

A MEETING TO friends SUPPORT THE ABC

At the Central Coast Leagues Club, Parkview room on Friday, 3rd August. The meeting will commence at 6.00 p.m. Our speakers include:

- Michelle Rowland M.P., shadow minister for communications.
- Dr Fiona Martin, a former ABC broadcaster, currently a researcher and journalism educator at the University of Sydney.
- Sinddy Ealy, ABC section secretary of the Community and Public Service Union.

Tickets: \$15.00 p.p. preferably pre-paid by 26th July, 2018. Pre-pay via the Greater Bank: BSB 637-000, Friends of the ABC Central Coast, account number 781348279, or by direct deposit at a Greater Bank branch. If mailing, send a cheque to 'The Treasurer, P. Preston, P.O Box 4189, East Gosford 2250.' finger food is included in the ticket price

**RSVP:** by email to ross.mary1@bigpond.com or SMS: 0439440955, if calling please do so between 6.00 pm to 8.00 pm weekdays.

> Room open at 5.30 pm. Bar will be open, food served after question time

students will be focusing on ways in which people's families and homes are similar and different.

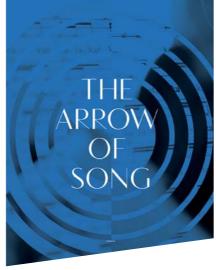
"They will be learning about happy times and scary times and how to be brave when times are scary," said principal Ms Lyn Davis.

She said key components students focused on during the first week of the program included: Sense of identity (who am I, saying who you are to others); Feeling scared is okay; Being brave; Similarities and differences in people; Social skills; and healthy lifestyle choices.

The program aimed to foster better emotional and social wellbeing amongst students and to instil the importance of empathy, perseverance and community mindedness in students' day-today actions, Ms Davis said.

SOURCE: Newsletter, 24 Jul 2018 Lyn Davis, Umina Beach **Public School** 





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### Education

### Umina school plans open day

**Umina Beach Public School** will have an Open Day on Wednesday, August 8, in celebration of Education Week.

"There will be a change from the usual routine, as the hall will be used for the K-2 Musical," principal Ms Lyn Davis said.

"Open classrooms will occur between 10:45am and 11:15am.

"Parents will be able to bring a picnic lunch to share with their children in the playground.

"Pre-made sandwiches and limited hot food will be available from the canteen as well.

"If you wish to pre-order your

lunch from the canteen, this must be done on Tuesday, August 7," Ms Davis said.

"During lunchtime you can visit the library (to see the book fair) and enjoy a treat from the Stewart House cake stall," she added.

The Stewart House cake stall will be stocked by students in Years 3 and 4.

"Snack items will also be available from the Big Bite Canteen during the lunch break.

"Children will return to class at 12:15pm," Ms Davis said.

SOURCE: Newsletter, 24 Jul 2018 Lyn Davis, Umina Beach **Public School** 

### **Photo** donated to Umina campus

A photograph of Umina Beach has been donated to the Umina campus of **Brisbane Water Secondary** College.

photographer "Umina Marilyn McKay took this shot of Umina Beach to go into our admin reception area," said principal Mr Brent Walker.

"Marilyn has a long-standing association with Umina campus, from watching it get built to sending her three children and now two grandchildren here.

"This framed photo takes pride of place in our brand new foyer and shows our strong ties to the community," he said.

SOURCE: Website, 20 Jul 2018 **Brent Walker, BWSC Umina** 



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Ruins - the first cattle station in the Flinders Ranges.

But there is plenty more happening with a guided tour of Adelaide City, a visit to the German town, Hahndorf, taking a Horsedrawn Tram ride, going up the Murray on a Paddlestreamer, a visit to a Whale Centre and Honey Farm, to wander and explore, to name a few of the great places you will see.

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PUCCINI

English translation by Amanda Holden









### **Out&About**



### Children hold market at Killcare

The Bouddi Kids Create Market was held at Killcare Surf Life Saving Club on Sunday, July 22.

The local market is run by children for children and was held for the first time back in April.

"All Killcare Nipper families who came along got to see just

how much fun the kids were having running their own stalls at this fantastic event," said Killcare Community Connect member Ms Anna Trigg.

Young stall-holders can sell anything as long as it is made, created or performed by them.

"Popular stalls on the day

included: baked goods, crafts, clothes, art, music performances, and magic acts," Ms Trigg said.

Fifteen per cent of profits made on the day were donated to the Community Garden Project.

SOURCE: Newsletter, 23 Jul 2018 Anna Trigg, Killcare Surf Life Saving Club



### Wagstaffe art show to be held in September

The Wagstaffe-Killcare Community Association's annual art show, Inside The Square, will be held at Wagstaffe in September.

"This unique and thought provoking community art project has been a long standing tradition for Wagstaffe," said association president Ms Peta Colebatch.

The theme of the 2018 event is Light.

"The challenge will be to create a piece or work that features light as a theme in some way.

"It could be in the title or incorporated into the work or medium in some way," Ms Colebatch said.

Locals should visit the Wagstaffe Hall on Friday, August 10, between

5pm and 7pm to pay the \$12 entry fee (cash only).

As part of their entry fee aspiring artists will be given a canvas.

Children can also enter and will also get a canvas upon paying their \$6 entry fee.

"Final products must be delivered to the Wagstaffe Hall on Friday, September 28, between 5pm and 7pm," Ms Colebatch said.

All works will be hung or displayed in the exhibition and some will be available for purchase.

There will be two people's choice awards, one for adults and juniors

The exhibition will take place over September 29 to 30.

SOURCE: Newsletter, 26 Jul 2018 Peta Colebatch, WTKCA

### Spike Milligan exhibition opens at library

Central Coast Council is encouraging residents to visit Woy Woy Libraries new Spike Milligan Exhibition.

"The new Spike Milligan Exhibition at Woy Woy Library officially opened last month.

"The museum-quality exhibition holds a culturally significant collection of photographs, recordings, video and diaries offering an informative and interactive tribute to the beloved

entertainer, his family and the Woy Woy region," said Council director Ms Julie Vaughan.

The works were made possible thanks to a \$188,429 Library Council of NSW Public Library Infrastructure Grant, which also provided the opportunity to improve safety, visibility and create more active and flexible learning space for the community.

Media release, 19 Jul 2018 Gary Murphy, Central Coast Council



### Author talks about beach safety children's book

The author of Surf Life Saving Australia's newest children's book has given a talk about the book at Ocean Beach Surf Club on Sunday, July 29.

Ocean Beach life saver Ms Louise Lambeth said her new book, Annie and the Waves, was the culmination of five years of work.

Annie and the Waves was inspired by her work with Surf Life Saving NSW's Beach to Bush Program, which sends life savers to rural areas to educate families, communities and children about beach safety.

"At least 50 per cent of people rescued by surf lifesavers live more than 50km away from the coast and sadly more than 50 per cent of people who drown live more than 50km from the coast," Ms Lambeth said.

"Beach to Bush aims to educate young people and their families in rural areas about safety at the beach and other aquatic environments.

"The program is a one hour interactive surf safety presentation delivered to school children by experienced and enthusiastic surf lifesavers.

"My family and I have completed four tours with the SLSNSW Beach to Bush Program from 2012 to 2015.



Ms Louise Lambeth with children on a Beach to Bush tour

"We have toured many areas including Parkes, Forbes, Armidale, Inverell and Merriwa.

"The smallest school had four pupils and the largest around 700," she said.

Ms Lambeth's book tells the story of a little girl named Annie as she and her family go on a seaside holiday for a week.

During the visit Annie

discovers just how unpredictable the ocean can be.

Creating a surf education resource from a child's perspective was something Ms Lambeth has wanted to do for a long time.

"While there are child-focused surf education resources, there are no children's story books from the perspective of a child. "My aim for Annie was for her to go to people that may not have access to surf education," Ms Lambeth said.

Ms Lambeth has urged people to get talking about Annie and the important messages about ocean safety she can teach to children.

"I've written the book but that's where it stops," Ms Lambeth

hiea

"It doesn't go any further unless somebody buys the book, or gets the book from the library and reads the book, so I think the most important part of this journey now is not with me it's with the parents, caregivers and teachers that will read the book to the children and pass that message on," Ms Lambeth said.

Annie has been a labour of love for Ms Lambeth who will not profit from the sales of the book, instead passing the proceeds onto Surf Life Saving Australia.

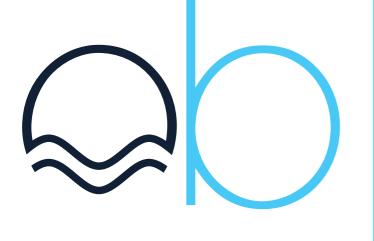
"Annie is now in colour illustration and almost ready for typesetting and printing," Ms Lambeth said.

"The Peninsula community has played a large part in helping to get 'Annie and the Waves' to illustration and now to the publication stage.

"This support has includes attending or donating to fund raising events to pay for the illustrations, test reading the book, project management advice and most importantly by encouraging and not letting me give up when the tasks to publish became overwhelming," Ms Lambeth said.

SOURCE: Interview, 25 Jul 2018 Louise Lambeth, Ocean Beach SLSC Reporter, Dilon Luke

### We're Back!



OCEANBEACH

HOTEL



Cnr Trafalgar & West st Umina

Email: oceanbeachhotel@alhgroup.com.au www.obhotel.com.au



### Directory - Not for profit Community Organisations

### **Art & Culture**

### **Central Coast Art Society** Weekly paint-outs

Tues 0428 439 180. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1156. Social Meetings 1.30pm 4th Wed for demonstrations

4325 1420

### **Central Coast** Handweavers. Spinners and **Textile Arts Guild**

Spinning and weaving, natchwork and quilting, felting and other fibre and fabric crafts, community quilting bees Day and Night Groups 4325 4743

### **Ettalong Beach Art** & Crafts Centre

Adult classes in Pottery Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting 0412 155 391 ebacc.email@gmail.con

### **Hospital Art** Australia Inc.

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 0431 363 347

**Community Centres** 

### **Peninsula Community** Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children. teens, adults and seniors including occasional care, playgroups, dance classes karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups.

4341 9333

### **Ettalong 50+ Leisure** & Learning Centre

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4304 7222

### **Central Coast** Community **Legal Centre**

Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988

### **Point Clare Community Hall** Community Garden

Playgroup Craft and Exercise Groups Function or Meeting Hire Managed by Gosford Regional Community Services Enquiries regarding hire to 4323 7483 accounts@gosfordcommunity.org.au www.gosfordcommunity.org.au

### **Community Groups**

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year social afternoons Well-known guest speakers 4341 5170

### **Central Coast Caravanners Inc**

3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded senior folk - Details from Geoff 0447 882 150

### Central Coast 50+ **Singles Social Group**

Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all 0412 200 571 0437 699 366

### **CCLC Indoor Bowls**

Mon - Ladies Social Wed Night - Mixed Social Sat - Mixed Social New members welcome tuition given level 2 Central Coast Leagues Club 4334 3800

### **Freemasons**

Who are they? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community. Gosford Masonic Centre 86 Mann St Gosford

### Peninsula Village **Playgroup**

Carers, Grandparents, parents & children 'Intergenerational Playgroup Tues 10-11.30am 4344 9199

### **Peninsula School** for Seniors

Community Centre, McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

### The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

### **The NSW Justices Association Inc**

Seeking volunteers for added community desks Wednesday Umina Library 10am-1pm Thursday Woy Woy Library 10am-1pm Free Insurance and training provided 0418 203 671 marketing@nswja.org

### **Umina Beach** Men's Shed

Men share a variety of tools, pursue interests and hobbies, spend time with other men and learn new skills Darrell 4342 9606

### Volunteering **Central Coast**

Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122

### **Wagstaffe to Killcare** Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall 4360 2945

### Entertainment

### **Frantastics Choir Inc** High quality variety

entertainment available for matinee bookings at your venue. New members welcome. 1pm Mondays during school Walter Baker Hall, Woy Woy 4343 1995

### **Health Groups**

### **Al-Anon**

If someone's drinking is causing you problems... Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

### **Arthritis NSW**

Wov Wov support group Woy Woy Bowling Club North Burge Road Woy Woy 3rd Tues 10.30am 1800 011 041

### **Better Hearing** Australia -**Central Coast**

Hearing loss management Support and educational groups providing practical experience and confidence Learn the benefits of hearing aids 4321 0275

### **BlueWave Living**

Woy Woy Community Aged Care facility providing residential aged care to the frail aged. Permanent and respite care accommodation available. Information 2nd and 4th Tues

> - 11am 4344 2599

### **Central Coast** Parkinson's Support Group

We aim to help individuals and their families better manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings. 2nd Tue - 1.30pm 1800 644 189

### **Gambling Solutions**

Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

### **GROW Support Groups**

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and Wyong

### 1800 558 268

**Meals on Wheels** Delicious meals delivered free Join us for a midday meal Help with shopping and cooking classes 4341 6699

### **Mary Mac's Place**

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584

### **Overeaters**

**Anonymous (OA)** 12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins, Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm 0412 756 446 www.oa.org

### Peninsula Village **Wellness Centre**

Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

### Peninsula Village Meals

Delivered daily to your door Nutritious, great for the elderly 4344 9199

### **Peninsula Village**

**Carer's Support Group** For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

### **Prostate Cancer Support Group** (Gosford) Last Fri, Terrigal Uniting

Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600 www.pcfa.org.au

### Schizophrenia and **Bipolar Fellowship**

For Schizophrenia/Bipolar/ Mental Health sufferers. family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford

4344 7989 or 4368 2214

### **Woy Woy Stroke Recovery Club**

**Everalades Country Club** 2nd Tues 11am

Company, up-to-date info, hydrotherapy, bus trips 4341 7177

### Music

**Brisbane Water Brass** Brass Band entertainment for the community playing all types of popular music. Rehearsal every Tues 7.30pm-10pm 0419 274 012

### Coastal a Cappella

Vibrant women's a cappella chorus. New members welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities Hire us for your event 0412 948 450 lacappella@gmail.com

### **SOUNDWAVES**

A cappella harmony for Men - new members welcome. Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford Ring Max on 4324 3631 or Kieran 4324 1977

### **Troubadour Central Coast Folk.**

Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions 4th Sat 7pm CWA Hall Woy Woy 4342 6716

### **Political Groups**

### **Australian Labor Party** Political discussions

national, state and local government issues **Umina Ettalong Branch** 

### 2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676 **Ourimbah/ Narara**

**Branch** Niagara Park Primary School 7.30pm 1st Mon 0410 309 494

### **Woy Woy Branch Everglades Country Club** 7.30pm 2nd Mon

**Peninsula Day Branch** 1pm 2nd Mon CWA Hall Woy Woy 4341 9946

### **Central Coast Greens**

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur,

### **Service Groups**

### **Lions Club of Woy Woy** 1st and 3rd Mon. Woy Woy Leagues Club

0478 959 895 Make new friends and have fun while serving your community.

### **Rotary Clubs** International service

club improves lives of communities in Aust. & o/ seas. Fun-filled activities, fellowship and friendship.

### **Rotary Club of Kariong** Phillip House, 21 Old Mount Penang Rd, Fri 7.15am

4340 4529 **Rotary Club of Umina** 

**Beach** Wednesdays 6.30pm Everglades Country Club 0409 245 861

### 0409 245 861 **Rotary Club of**

**Woy Woy** Tues 6pm Everglades Country Club Don Tee 0428 438 535

### **Special Interest**

Bridge Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd. Woy Woy

### **Cash Housie**

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Wov Woy,t 7.30pm. Proceeds to Woy Woy Catholic Parish.

### **Central Coast Family History Society Inc.**

Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

### **Central Coast** Tenants' Advice and

**Advocacy Service** Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

### **Central Coast Rescue Unit**

Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology 4325 7929

### **Central Coast Soaring Club Inc** Gliding Club, Learn to

fly, Instruction FREE to members Come and have an Air Experience Flight All Welcome 14 and up for Training Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047

### **Ettalong Toastmasters**

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and

personal growth 2nd & 4th Tue, 7:30PM, Ettalong Diggers 0408 416 356

### **Peninsula**

**Environment Group** Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group

### **Central Coast**

Goju-Kai Karate Traditional Karate & Self Defence for Teens & Adults No Contracts, Cheap Rates Wamberal - Mon 630pm

Kincumber - Thurs 715pm

0417 697 096

**Woy Woy Judo Club** Mon & Fri -Beginners

From 4:30pm Tue & Thur - graded classes 4:30pm - 8:30pm 27 Bowden Road Woy Woy Min Age 3 years old 0434 000 170

### **Veterans**

### **National Malaya Borneo Veterans**

**Association** 1st Sat (except Jan) 10.30am Umina Club Melbourne Avenue Umina Beach 4342 1107

### **Veterans' Help Centre'**

Assist all veterans & families with pension & welfare issues. Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.

### **Woy Woy Ettalong** Hardy's Bay RSL Provide help with pensions

and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

### Women's Groups

### **Country Women's Association Umina**

2 Sydney Ave **Branch Meetings** 2nd Wednesday 10am Craft & Friends Wednesdays 9.30am 2nd and 4th Sundays 12.15pm 0416 193 070 - 4340 1746

### **Country Women's Association Woy Woy** 30 The Boulevarde, Woy Wov

Craft & Friendship: 1st, 2nd and 3rd Wed 10AM. Meetings: 4th Wed 10AM. Ph: 0411 434 785 woywoycwa@gmail.com

### Peninsula Women's **Health Centre**

Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women 4342 5905

# you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

### **Bowler receives** long-service award

Woy Woy Bowling Club member Ms Miriam Cotton has been honoured with a long-service award.

Ms Cotton received the award for 20 years of service to Woy Woy Bowling Club.

During her time as a member, Ms Cotton has served on the executive Committee and has also been an avid bowler, said club publicity officer Mr Ken Dixon.

"Miriam is a well-known local in the community and continues to assist with Club activities," he said.

"Her 20-year badge from the NSW Women's Bowling Association was presented by her club president, Ms Dianne Elsom." SOURCE:

Media release, 17 Jul 2018 Ken Dixon, Woy Woy Bowling Club



Ettalong's awesome foursome, Penny McLeod, Leanne Chenoweth, Judy King and Margaret Smith

### ocal clubs in winners' circle

**Ettalong Memorial Women's** Club **Bowling** recently hosted the 2018 Region Six Championships against the Lake Macquarie District.

Central Coast district clubs won five of the seven disciplines. with Ettalong and Umina Beach Women's Bowling Clubs among the winners' circle.

"The Open Fours event went to Ettalong's Penny McLeod, Leanne Chenoweth, Judy King and Margaret Smith," said Ettalong club communications officer Ms Maureen Kerr.

The Senior Pairs event was

taken out by Umina's Pat Neal and Lesley Swales.

The winners will now go on to play at the NSW Playoffs to be held at Taren Point Bowling Club in September.

"This is a knockout event and we wish all our Region 6 winners good bowling," Ms Kerr said.

SOURCE: Media release, 21 Jul 2018 Maureen Kerr, Ettalong Memorial Women's Bowling Club

### ary of Events

For events in post code areas 2256 and 2257

### Thursday, Aug 2

Monster Meat Raffle, The Bayview Hotel Woy Woy, begins 6pm

### Friday, Aug 3

Mad About Hair, Crazy Hair Kids Disco, Everglades Country Club, 6:00pm to 8:00pm

### Saturday, Aug 4

SNSW Target Squad Meeting, Peninsula Leisure Centre Woy Woy, 9:00am, continues on Sunday, August 5

Neil Diamond Hot August Night The Concert, Ettalong Diggers, 8:00pm to 11:00pm

Stratford Music Open Day, Stratford Music Woy Woy, 1:00pm to 4:00pm, booking essential

Mothership Live, The Old Pub Woy Woy, 8:00pm to 11:00pm

### Wednesday, Aug 8

Plan Your End of Life and Live Better, Jasmine Greens Kiosk, 6:30pm to 8:00pm, tickets essential

### Thursday, Aug 9

Radio Five-O-Plus, Deepwater Plaza Shopping Centre Woy Woy, 9:30am to 1:30pm

### Friday, Aug 10

Circus Workshop and Kids Disco, Everglades Country Club, 6:00pm to 8:00pm

### Saturday, Aug 11

Gyrate, The Bayview Hotel Woy Woy, 8:30pm to 12:00am

Trivia & Karaoke Night, Woy Woy Leagues Club, 6:30pm to 11:00pm

### Thursday, Aug 16

Ettalong Public School Musical: Around the World in Eighty Waves, Brisbane Water Secondary College Woy Woy Campus, 11:00am to 8:00pm, tickets essential

AJP Central Coast Branch Monthly Meeting, CWA Hall Woy Woy, 6:30pm to 7:30pm

### Friday, Aug 17

Trouble in Paradise and The Loose Leeches, The Bayview Hotel, 7:30pm to 12:00am

Art Workshops and Kids Disco, Everglades Country Club, 6:00pm to 8:00pm

### Saturday, Aug 18

Smokin' Rosie LIVE, The Bayview Hotel Woy Woy, 8:30pm to 12:00am continues on Sunday August 19

### Sunday, Aug 19

Wild Honey Central Coast Ettalong Markets, 189 Ocean View Rd Ettalong, 10:30am to 1:30pm

Healthy Bumps Pregnancy Health Workshop, Umina Surf Life Saving Club, 9:30am to 11:30am tickets essential

### Friday, Aug 24

Pearl Beach Glee Club presents: Around the World in 80 Minutes Concert, Pearl Beach Memorial Hall, 7:30pm to 9:30pm, tickets essential

### **Peninsula directory** of services, contacts and support groups

### Ambulance, Police, Fire 000

### **Emergency**

Ambulance, Police, Fire 000 Police Assistance Line 131 444 **Crime Stoppers** 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909

Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929

SES - Storm and Flood Emergency 132 500

### Aboriginal & Torres Strait **Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4321 7215

Drug & Alcohol rehab 4388 6360 Accommodation

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 **Coast Shelter** 4325 3540

Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth

Services 4351 1922

Youth Angle • Woy Woy 4341 8830 Wov Woy Youth Cottage 4341 9027 **Animal Rescue** 

Wildlife Arc 4325 0666 Wires 1300 094 737

### **Community Centres**

Peninsula Community Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484

Counselling Centacare: 4324 6403 Relationship Australia: 1300 364 277

### Interrelate: 1800 449 118 **Family and Relationships**

Centacare Gosford 4324 6403 **Central Coast Family Support Service** 4340 1099

Horizons (For men with children) 4351 5008 **Uniting Care Burnside** 

Gosford 1800 067 967

### Health

Poisons Information 131 126 **Ambulance Text Mobile** 106 **Ambulance GSM** 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114

### After Hours GP Help Line 1800 022 222 **Legal & Financial Help**

**Financial Counselling Service** 4334 2304 Tenants' Advice and Advocacy

**Service** 4353 5515

Woy Woy Court 4344 0111 Libraries

### **Gosford district:**

Umina Beach 4304 7333 Woy Woy 4304 7555 Problems,

### **Habits & Addiction**

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional support** phone services:

Mental Health Line 1800 011 511

**Beyondblue** 1300 224 636 Domestic Violence Line 1800 656 463

**Lifeline** 13 11 14 Kids Help Line 1800 551 800 Griefline 1300 845 745

Suicide Call Back Service 1300 659 467

### **Transport**

Taxi 131 008 **Busways** 4368 2277 **City Rail** 131 500

### **Welfare Services**

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 **Department of Community Services** Gosford 4336 2400

The Salvation Army 4325 5733 **Samaritans Emergency** Relief 4393 2450 St Vincent De Paul Society

**HELPLINE** 4323 6081

If you've got something happening on the Peninsula over the next few weeks, let us know about it

and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

Affordable Roof Solutions - Brad Sedgewick Ettalong

**Depp Studios -**Formerly of Umina

Tony Fitzpatrick trading as Futurtek Roofing

Stan Prytz of ASCO **Bre Concreting** 

**Andrew and Peter** Compton

Bruce Gilliard Roofing of Empire Bay

Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy

William McCorriston of Complete Bathroom

Renovations First Premier Electrical

Service of Umina Beach • High Thai-d Restaurant of Umina Beach

· Mal's Seafood & **Charcoal Chicken** 

of Ettalong Beach · Simon Jones - All external cleaning and

sealing services • Erroll Baker, former barber, Ettalong

• Tye King - Formerly The Fish Trap Ettalong Beach

 Jessica Davis of Erina - Trading as A1 cleaning services

· Simon and Samantha Hague, Trading as By the Bay Takeaway **Empire Bay** 

Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens

 Mountain Mutts - Monique Leon, **Ettalong Beach** · RJ's Diner - Ryan

Tindell of Woy Woy Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

 Greenultimate Solar PTY LTD

• Decorative Fabrics & Furnishings - Steve McGinty, Wyoming • Menhir Tapas &

**Bar PTY LTD** • Dean Lampard - Trading as Lampard Painting

· Callum McDonald -Trading as Sunset Decks

Horsfield Bay **Robcass Furniture** Removals,

· Linda Smith,

Bookkeeper

Mannering Park • Emma Knowles -Blacksmith NSW

### Classifieds

### **ANTENNAS**

A Better Picture **Antenna & Digital Installations & Tuning** New home specialist Credit cards OK

### **HAYWARD VIDEO**

All areas Gosford 4323 6367 Woy Woy 4344 4414 Warnervale 1800 244 456 0412 685 555

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See

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way by hundreds of people. All advertisements, including

these classified advertising pages, appear in full on-line

www.CentralCoastNewspapers.com

Central Coast Newspapers' advertising rates are

relatively much lower than in other newspapers and at the

same time much larger than in other newspapers, with

the minimum size being 50mm X 42mm. Approximately

16,000 copies of each newspaper are printed and

**Personal and Not For Profit** 

**Organisations** 

newspapers, the cost of advertising not for profit

organisations' events is subsidised. This makes them the

additional cm costs \$6.60 as does colour, and/or a

photograph or a logo. Private advertisements need to be

**Business rates** 

\$40 + GST in mono and an extra \$8 + GST for colour, a

logo or a photograph, every two weeks. Most businesses

choose to advertise on an ongoing basis and discounts

apply for multiple bookings, if they are paid for in full, in

Having an advertisement run for 3 months only costs

Artwork is free and advertisers are encouraged to

\$215 + GST, for 6 months it is \$385 + GST, and for 12

months advertising, the total cost is only \$700 + GST -

The minimum size of 5cm X a single column only costs

same rate as non business advertisements.

paid for at the time of booking.

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As Central Coast Newspapers are community

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0413 485 286

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### **Sport**



### **Junior clubs** travel to **Cardiff**

junior rugby league clubs travelled to Cardiff on July 22 to take part in the Cardiff **Cougars Junior Rugby** League Gala Day.

Umina Bunnies Junior Rugby League Football Club were well represented by their Under 6's and Under 7's players as were the Woy Woy Roosters Juniors.

The Bunnies appeared in seven games.

The Roosters took to the field during four games.

Umina Bunnies Junior Club president Mr Ken Dyer said it was an excellent day of junior rugby and that the Bunnies had a great day out.

> SOURCE: Social media, Jul 23 Ken Dyer, Umina **Bunnies Juniors**

> > tow - \$18,000

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### Sport



### TIDECHART

### FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Time - Height(m)

### Add one hour to the times below when Daylight Saving is in force

30 MON	0352 0.38 0951 1.36 1528 0.53 2153 1.72	31 TUE	0427 0.39 1030 1.37 1607 0.55 2229 1.67	1 WED	0502 0.41 1109 1.38 1650 0.58 2307 1.60
<b>2</b> THU	0540 0.44 1152 1.39 1737 0.61 2348 1.52	3 FRI	0619 0.46 1239 1.40 1830 0.65	4 SAT	0036 1.43 0704 0.49 1330 1.43 1933 0.66
5 sun	0133 1.35 0755 0.51 1429 1.48 2046 0.64	6 MON	0243 1.29 0852 0.52 1530 1.56 2203 0.57	<b>7</b> Tue	0357 1.28 0954 0.50 1632 1.67 2314 0.46
8 WED	0508 1.31 1056 0.46 1731 1.79	9 THU	0015 0.33 0611 1.37 1154 0.40 1828 1.91	10 FRI	0110 0.21 0707 1.44 1250 0.34 1921 2.00
<b>11</b> SAT	0200 0.13 0800 1.49 1345 0.29 2013 2.04	<b>12</b> sun	0250 0.09 0852 1.54 1438 0.27 2104 2.03	13 MON	0338 0.10 0943 1.56 1531 0.28 2154 1.95

APPROX. TIME LAG AFTER FORT DENISON
Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.

Actual times of High and Low Water may occur before or after the times indicated

### Soccer club holds fundraiser

Woy Woy Football Club is hosting a clubhouse fundraiser at Sporties Woy Woy on Saturday, August 11.

"The night commences from 5pm with a Mini Roos Kids Disco and games to entertain the kids," said soccer club social director Ms Kristy Harper.

Adult members may watch the greyhound racing from 7:30pm before feature band Rivershack Blues takes the stage at 8pm.

Throughout the night, the club will be running raffles, sweeps and a lucky door prize.

There will also be a silent auction.

Entry to the event is by a gold coin donation.

All funds raised will go towards funding the new clubhouse.

SOURCE: Media release, 18 Jul 2018 Kristy Harper, Woy Woy Football Club

### Successful weekend

It was a successful weekend for Umina lifesavers who competed at the 2018 NSW Surf Life Saving Pool Rescue Champions at the Peninsula Leisure Centre Woy Woy, from July 14 to 15.

The competition pitted the club against neighbouring club Terrigal and a range of clubs from greater NSW and, for the first time, clubs from Queensland and Victoria.

Over 400 athletes competed for the 165 medals on offer throughout the two-day competition.

In the Masters, Umina were neck and neck with Bondi for much of the competition until the Sydney club managed to break away from the locals in later events.

Umina ended up taking second in the Masters with a final point score of 101, just behind Bondi's 143 points.

Even though they had to settle for second in the Masters, nothing could hold back Umina in the Open Division.

They dominated the competition and stormed home as the

undisputed winners with a final point score of 295, more than 100 points ahead of second place Shelly Beach (151 points).

Umina's Kayla Holmes starred in the Under 17's, swimming her way to the weekend's most outstanding performance with a personal haul of 14 medals, including 12 gold.

Rachel Wood took out 13 medals, including 11 gold, across the Under 19s and Open Division.

Teammate Jemma Smith also had another strong performance in her first major event since starring at The Aussies in Perth last April, swimming to six gold and a bronze medal.

Umina's male contingent proved to be multiple medallists which helped the club to their overall victory.

Blake Hassell dominated the Under 15's, recording a personal haul of 10 medals, including five gold, while Lachlan Braddish finished his campaign with eight medals.

SOURCE: Media release, 17 Jul 2018 Liam Hewitt, SLS NSW Media



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### Gosford, New South Wales July 2018 Daily Weather Observations



Australian Government Bureau of Meteorology

Date		Tem	nps	Dain	Evap	Sun	Max wind gust		9am				3pm								
	Day	Min	Max	Rain			Dirn	Spd	Time	Temp	RH	Cld	Cld Dirn	Spd	MSLP	Temp	RH	Cld	Dirn	Spd	MSLP
		°C	°C	mm	mm	hours	J. J	km/h	local	°C	%	eighths		km/h	hPa	°C	%	eighths		km/h	hPa
16	Мо	1.1	17.6	0			NW	28	05:09	10.8	49		NNW	6		17.4	27		WNW	13	
17	Tu	4.8	21.7	0			NW	41	14:37	14.2	36		NNW	11		21.5	19		NW	17	
18	We	5.5	20.6	0			W	24	11:19	13.1	66		N	2		18.4	44		ENE	9	
19	Th	1.8	21.5	0			NW	30	11:19	10.1	81			Calm		19.6	47		ENE	9	
20	Fr	7.0	20.7	0			W	69	12:52	18.1	35		SE	6		15.4	33		W	33	
21	Sa	5.4	16.0	0			WNW	20	02:07	11.3	55		WNW	7		15.8	32		SSW	4	
22	Su	0.9	16.5	0			E	22	13:55	8.7	66		W	7		15.4	45		ENE	13	
23	Мо	1.0	19.5	0			N	22	13:02	8.4	82			Calm		18.9	27		N	6	
24	Tu	5.3	23.8	0			WNW	31	14:30	16.4	29		N	15		23.4	15		NW	17	
25	We	5.9	22.3	0			NNW	24	12:48	16.6	41		NW	6		21.8	30		WNW	11	
26	Th	4.3	19.3	0			W	26	11:21	13.0	66		W	7		17.8	49		Е	9	
27	Fr	3.6		0						11.0	79		W	4							
Statistic	s for the	first 27	days of	July 20	18					***						-					
	Mean	5.3	19.0							12.0	65			5		18.0	43			10	
	Lowest	0.9	16.0							7.7	29			Calm		15.2	15		#	2	
	Highest	12.6	25.0	6.6			W	69		19.3	100		N	15		24.3	73		W	33	
	Total			10.8																	

### **Sport**

# Woy Woy topples Gosford in rugby union

Woy Woy has toppled Gosford in Round 14 of the Central Coast Rugby Union competition.

"This match was a try fest to say the least," said Central Coast Rugby Union publicity officer, Mr Larry Thomson.

"Attack seemed to be the key to the day while the defence from both teams seemed to be a secondary factor.

"Gosford went to the halftime break leading by 21 point to 14.

"Gosford deserved their lead through some very good rugby.

"However, Woy Woy took the lead early in the second half when they crossed for two very quick tries.

"They had jumped to the lead by 26 points to 21.

"At that stage, it seemed the home side would go on with it and secure a comfortable victory, but it was not to be," Mr Thomson said.

"Gosford got back into the match and pushed the home side right through to full time. It was a tight struggle throughout, but Woy Woy were able to outlast the visitors on the scoreboard," he said.

Best players for Woy Woy were Dante Otto, Wes Black and Alifeleti Atiola, who led Woy Woy's excellent attacking team.

"Woy Woy will have to work on their defence over the next few weeks as they allowed Gosford to score too readily during the match," Mr Thomson said.

The win sees Woy Woy hold on to third spot on the competition ladder but, with teams just out of the top four, they cannot afford to relax in the coming weeks, he sad.

SOURCE: Media release, 21 Jul 2018 Larry Thomson, Central Coast Rugby Union

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Lachlan Braddish



Blake Hessel



Jemma Smith and Rachel Wood

### Five selected for pool rescue team

Five members of Umina Surf Life Saving Club have been named to the 2018 Interstate Pool Rescue Team who will travel to South Australia this August for the annual representative competition.

Umina will be well represented with five athletes – Jemma Smith, Rachel Wood, Kayla Holmes, Lachlan Braddish and Blake Hessel – who won nearly 60 medals between them at the NSW Titles

The 22-strong team was selected off the back of the State Championships which were held at the Peninsula Leisure Centre from July 14-15.

"Ultimately, a team was chosen that blends a mixture of youth and experience with the athletes rewarded for strong performances over a period of time," said SLS NSW surf sports officer Ms Chiara Nowland.

SOURCE: Media release, 20 Jul 2018 Liam Howitt, SLS NSW Media

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Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation

\*ANROS Horizons 1 (2015)



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