

Calls for short-term action to protect beachfront

Short-term action to protect the beachfront between Umina and Ettalong should take place while Central Coast Council prepares for its major "coastal protection works" project, according to two local community groups.

The Umina Community Group would like to see the council taking more short-term measures before the September 9 local government election, according to spokesman Mr Tony Winch.

"We would like to see a sand replenishment process to basically push the sand back into place to at least remove some of the dangers."

Ocean Beach Surf Life Saving Club has published pictures on its Facebook page of the state of the erosion near its clubhouse.

"We would like to see council doze the whole area, re-contour the beach and replant the area with native vegetation ... but that would cost money," said president Mr Scott Hannell.

He said there were significant parts of the beach that were not passable at high tide and the extent of the erosion made it difficult for the club to get its safety equipment on and off the sand.

"At the moment the all-terrain vehicle that council supplied the club and that tows our gear trailer, the rubber ducky and other emergency equipment wouldn't be able to be pulled up off the beach," he said.

Mr Hannell questioned why so much attention had been given to the risk to private property at Wamberal when community assets and public amenity were in such dire straits on the Peninsula's main beachfront.

Mr Hannell said the photos had been viewed by over 22,000 people and the majority of comments were in support of something being done to improve the amenity of the beach.

Several public access paths have been impassable for over two years, he said.

More recently, erosion has seen the depletion of sand around the main stormwater drain near the Ocean Beach Surf Club's car park.



Remains of a walkway now hanging from the dune

The dunes, between the surf club and the sandbag wall, constructed after the April 2015 storm, have been eroded to the point where they are now an un-vegetated cliff-face.

Mr Hannell said the club had been having discussions "for years and years" with council about the state of the beach.

"I can't see the beach recovering for at least the next few years and luckily we haven't had any decent east coast lows this year."

"They talk about dredging the channel but they are pumping the sand into the sea and not using it to replenish the beach," he said.

Mr Tony Winch, from the Umina Community Group, said the group had been working with the Central Coast Council officers responsible for the amenity of the beach "on the day-to-day tactical tasks" required to keep the situation from deteriorating further.

He said he would describe the current public amenity as "very



Storm water scour in front of the main outlet near the surf club

interrupted".

"From the community group's point of view, we have been waiting for the Coastal Zone Management Plan to be approved by the NSW Government," Mr Winch said.

"Now that is signed off, the next thing is to look at where the funding will be coming from," he said.

"Hopefully it would be the council applying for and organising that funding so the work in the plan can be implemented.

"That is a hard directional

priority to put in place without elected councillors," he said.

"On a positive note the regeneration of the dunes by the three active dune care groups continues.

"We are pleased to see the sandbags have done their job at the point by protecting the road and now some of the bags have been covered in sand," he said.

Mr Winch referred to the sandbag wall constructed to protect The Esplanade after erosion impacted the roadway following the April 2015 storm.

The Central Coast Council operational plan for 2017-18 will see the first steps taken towards a three-year project to construct coastal protection works along Umina and Ocean Beach, subject to the availability of funding.

SOURCES:

Facebook post, 20 Jun 2017
Interview, 5 Jul 2017
Scott Hannell, Ocean Beach
Surf Life Saving Club
Interview, 5 Jul 2017
Tony Winch, Umina
Community Group
Reporter: Jackie Pearson



Exposed pipe and rubble

THIS ISSUE contains 43 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

central coast

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News

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

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Dry and cold start to July

The Peninsula has experienced a cold and dry start to July as no rain was recorded for the first seven days of the month.

The area usually receives less rainfall in July than June.

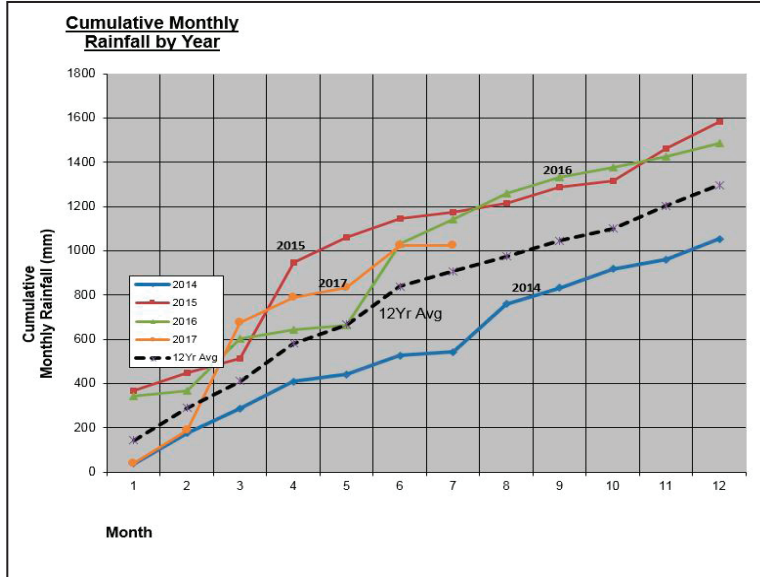
The monthly average for July over the past 12 years has been 69mm compared to an average of 173mm over the same number of years for June.

Following on from above-average rainfall in June, locals who expected the trend to continue may have been disappointed by the dry start to July.

The Bureau of Meteorology was predicting rain for Wednesday, July 12.

The cumulative total for the year to date remained 1022.6mm compared to 907mm over the past 12 years.

Overall rainfall received on



the Peninsula remained 12.7% above the cumulative average according to Umina resident, Mr Jim Morrison's data

However, a few more dry months could see the area slip

below average annual rainfall.

SOURCE:
Rainfall data, 7 Jul 2017
Jim Morrison, Umina

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Peninsula News and Meguiar's MotorEx have two family passes to give away (for two adults and up to four children up to 12 years of age) when the crazy car experience not to be missed returns to Sydney Showgrounds on July 22 and 23.

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phone number of the back of an envelope and mail it to Peninsula News MotorEx Competition, PO Box 1056, Gosford, NSW, 2250 by 5pm on Thursday, July 20.

The winner of the Snow Time in the Gardens competition was Samantha Bennett of Umina.

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

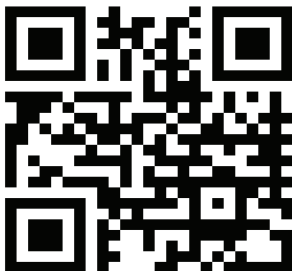
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Extra units called in to fight gas installer factory fire

Some 60 fire fighters and 15 emergency vehicles were used to fight a fire in a factory on Rawson Rd, Woy Woy, at around 6pm on Tuesday, July 6.

Commuters returning home by train watched as a stream of six or more police and emergency vehicles from Gosford rushed past Woy Woy station with lights flashing and sirens wailing.

The factory was used to install liquid petroleum gas kits in motor vehicles.

Fire and Rescue NSW Central Coast inspector Mark Delves said the presence of between 30 and 50 LPG cylinders of different sizes at the rear of the premises meant the first fire fighters to respond to the emergency were "faced with an aggressive fire".

"The first crews from Umina and Kariong were faced with protecting the two adjoining premises from

the heat and flames and from the fire spreading to a nearby electricity sub-station located across a laneway from the factory," Inspector Delves said.

"They worked quickly to manage those three exposures and then asked for more resources to assist in fighting the fire," he said.

Inspector Delves said resources utilised to fight the blaze included fire trucks, a rescue vehicle from Gosford and a hazmat vehicle from Berkeley Vale along with aerial platforms.

"The fire fighters very quickly put their water on the gas cylinders to prevent them from exploded; none of them exploded but they were burning vigorously."

Traffic management came under the control of the Brisbane Water Local Area Command and, according to Inspector Delves, police moved to close Rawson Rd and other nearby streets until the situation was considered safe for

traffic.

"The owner of the premises attended the fire and couldn't give any reason as to why it had started in that part of the building," he said.

The fire took 30 minutes to contain and hours to completely extinguish.

Fire fighters did not leave the scene until the whole building was assessed and secured.

"I would like to give an acclamation to the first arriving crews who faced such an aggressive fire."

Officers attached to Brisbane Water LAC continue to investigate the cause of the fire.

There have been no reports of damage to neighbouring buildings and nobody was injured.

SOURCES:

Website, 4 Jul 2017

Trevor Moore, Umina Fire Station Interview, 6 Jul 2017

Mark Delves, Fire and Rescue NSW Central Coast



Eight fire crews had to battle the blaze at the Woy Woy LPG gas conversion site



The burned remains of the building as seen from Ocean Beach Road

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Gosford City Farmers' Market
Gosford Racecourse,
4 Racecourse Rd, Gosford West



PCYC applies for \$450,000 building additions

A development application to complete \$450,000 worth of additions to Umina PCYC has been lodged with the Central Coast Council.

The DA is for works including additions to the existing multipurpose building, car parking and the relocation of an existing awning.

The youth club is located at 101 Osborne Ave, Umina, which is the very western end of the avenue, around 900 metres to the west of Ocean Beach Rd and 1.2km west of the Umina town centre.

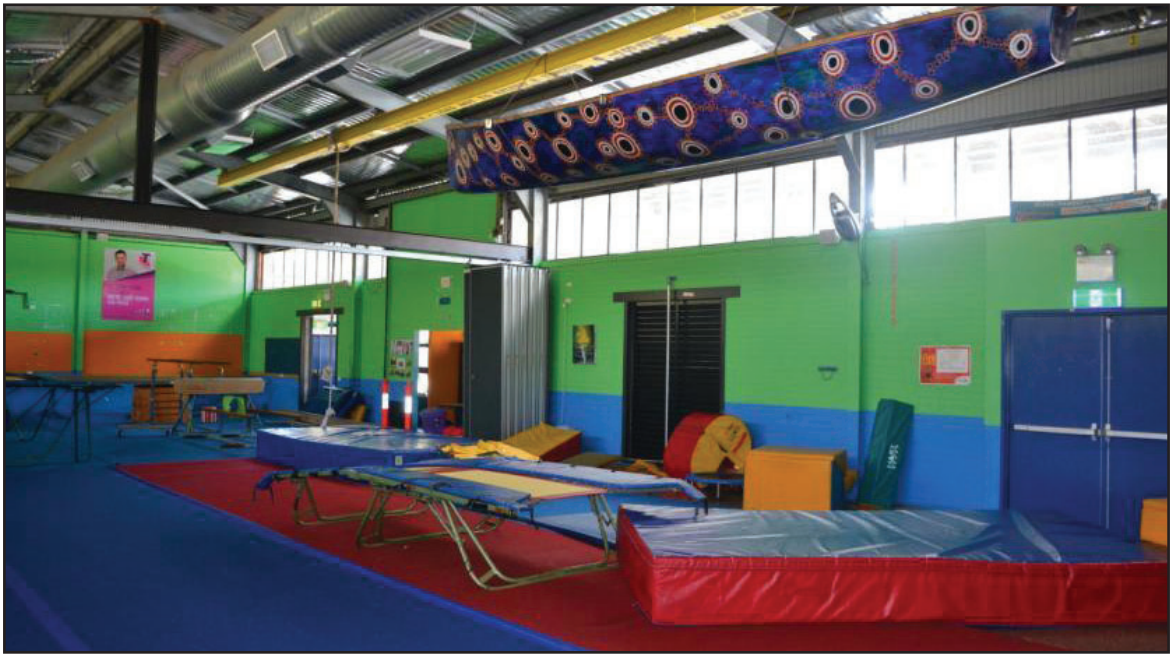
According to documents lodged with council, the proposed development consists of the demolition of the external gallery area of the main PCYC building and the addition of a new multi-purpose area adjacent to the main building in addition to the removal and relocation of the existing awning.

According to a document in support of the applicant, the extension to the multi-purpose area on the northern side of the building will comprise approximately 330 square metres.

The renovations will also provide additional storage facilities on the southern side of the building.

The awning will be moved from the northern side of the building to the existing archery and boxing building on the western side of the site.

The works will also provide 14



The foreground walls in the PCYC multi-purpose facility will be demolished and the space extended

additional car parking spaces to the rear of the new multi-purpose area.

"The proposed works will add to the amenity of staff and patrons and significantly improve the flexibility and utility of the building such that the PCYC will be able to offer both additional and a wider range of youth programs to the local community," the statement said.

The site is bounded by RE1-zoned bushland to the north-west, west and south; predominantly single-storey dwellings to the east; and an Ausgrid substation to the

north-east.

McEvoy Oval is located behind the bushland further to the north of the site, whilst R2 zoned residential land is located further to the west and south of the site on the other side of Kahibah Creek.

The statement in support of the DA said the existing use of the building would be enhanced as a result of the proposed alterations, which currently runs self defence and martial arts, gymnastics, boxing, indoor archery, safe drivers courses and traffic offender intervention programs.

The PCYC currently has six

employees including a full-time club manager, permanent part-time employee and four casual employees as well as volunteers.

It is not proposed to employ additional staff but this may change depending on demand.

According to the applicant: "The proposed development is permissible within the RE1 Public recreation zone and complies with all relevant provisions and clauses of Gosford LEP 2014.

"The proposed development complies with all requirements of Gosford Development Control Plan 2013 relevant to the extent of

works proposed.

"The proposed development can be undertaken without any impact on the local environment and any threatened or endangered flora or fauna species due to the cleared nature of the site; is not subject to any major site constraints; and can adequately protected from the minor threat of bushfire posed to the land.

"Satisfactory utility services and infrastructure are available to the site, whilst sufficient car parking and access arrangements are already in place.

"The existing road network can also adequately accommodate the traffic generated by the proposed development.

"The proposed works will significantly add to the amenity of staff and patrons and the flexibility and utility of the facility such that the PCYC will be able to offer a wider range of programs to the local community.

"Overall, the proposed development is reasonable and appropriate when considered under the relevant heads of consideration in Section 79C(i) of the Environmental Planning and Assessment Act, 1979 and on this basis, Council is requested to grant consent to the application."

SOURCE:
Gosford DA Tracker
website, 4 Jul 2017
DA52360/2017, Central
Coast Council



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Local ferry customers at Ettalong Wharf

Tesch calls for submissions on ferry prices

Member for Gosford, Ms Liesl Tesch, has called on ferry passengers to make submissions to the Independent Pricing and Regulatory Tribunal on how best to set fares for regular private ferry services.

She said local passengers should make their voice heard about price rises.

It is proposed that new maximum fares for ferry services on the Peninsula will apply for four years starting next year.

Central Coast Ferries, which travel from Woy Woy to Empire Bay, and Palm Beach Ferries, servicing Palm Beach, Mackerel Beach, the Basin and Ettalong to Wagstaffe, have been listed in the review.

"Local residents rely on our ferry services to get around the Coast for recreation and day trips, with more again using it to get to and from work," Ms Tesch said.

"We are lucky to live where

we can reliably and cheaply get around our pristine waterways by boat, and take in all the beauty," she said.

"These price reviews are important to ensure that our local service providers are able to keep up with inflation and increasing costs on their end, but we also need to ensure that we keep prices accessible for customers."

The tribunal will take into account the cost of providing the services, efficiency in the supply of services to reduce costs for consumers and taxpayers, the social impact of price rises, the need to increase accessibility of public transport, and the quality, reliability and safety of the services.

The call for submissions and the release of an issues paper are the first steps of the public consultation process.

The tribunal lists the current maximum fare for Central Coast Ferries as \$7.80, with the Palm Beach Ferries' current maximum

set at \$11.60.

Companies have already made their submissions, with Central Coast Ferries linking price rises to the Consumer Price Index, and Palm Beach Ferries opting for moderate increases, asking for a \$1.10 increase to fares over the next three years.

After reviewing the public submissions, the tribunal will assess whether the pricing proposals from ferry companies are reasonable, and will make maximum fare determinations by the end of the year.

Submissions may be made online before August 10 at <https://www.ipart.nsw.gov.au/Home/Industries/Transport>.

SOURCES:

Media statement and

documents, 3 Jul 2017

Jenny Suh, Independent Pricing

and Regulatory Tribunal

Media release, 4 Jul 2017

Richard Mehrrens, Office

of Liesl Tesch MP

Reporter: Dillon Luke

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News



Ms Liesl Tesch meets with staff and volunteers of Mary Macs, a previous recipient of Community Building Partnership funding

Funding opportunity for local groups, says Tesch

Member for Gosford, Ms Liesl Tesch, said she wanted to encourage community groups on the Peninsula to apply for Community Building Partnership grants before applications close on August 8.

The grants were designed to assist local groups in building infrastructure and to deliver social,

environmental and recreational opportunities for the area.

"This investment is great news for our community and recognises the important work that many groups do to put the needs of the local residents first and make the Coast an even better place to live, work and raise a family," Ms Tesch said.

Ms Tesch said organisations could use the funds to build,

refurbish or enhance facilities, or to purchase equipment.

"If your group could benefit from a little bit of extra support then I encourage you to take the time to submit an application," she said.

Program guidelines can be found on the Community Building Partnership website.

SOURCE:

Media release, 5 July 2017
Richard Mehrrens, Office of Liesl Tesch MP

Coastal works to start at unspecified cost

Central Coast Council has not specified how much it intends to spend on coastal protection works at Umina and Ocean Beach.

In its operational plan for the 2017-18 financial year, it lists preliminary studies for the three-year coastal protection works project.

Action number 2017-18/ENV/012 commits the council to "prepare a technical brief and engage specialist consultants to design and undertake environmental assessment" by the end of the financial year.

The technical brief, engagement of consultants and environmental assessment are the first steps in what the operational plan

described as a three-year project.

The project outcome was described as "construction of coastal protection works at Umina and Ocean Beach".

The coastal protection works were listed as a high priority action in the Gosford Beaches Coastal Zone Management Plan.

However, the Council has not provided details of the works proposed.

The operational plan also stated that the project was "subject to grant funding" and was under the management of council's Waterways and Coastal Protection Unit.

SOURCE:

Central Coast Council agenda 3.7, 28 Jun 2017

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Copacabana Public School	-\$195,419
Erina Heights Public School	-\$204,562
Girrakool Education & Training Unit	-\$234,814
Woodport Public School	-\$279,229
Brisbania Public School	-\$285,552
Chertsey Primary School	-\$294,036
Gosford East Public School	-\$301,411
Avoca Beach Public School	-\$303,312
Empire Bay Public School	-\$309,364
Point Clare Public School	-\$334,002
Kincumber Public School	-\$347,816
Niagara Park Public School	-\$377,300
Gosford Public School	-\$392,255
Kariong Mountains High School	-\$447,487
Kariong Public School	-\$453,816
Woy Woy Public School	-\$475,877
Terrigal Public School	-\$526,307
Erina High School	-\$534,516
Henry Kendall High School	-\$570,030
Gosford High School	-\$572,450
Woy Woy South Public School	-\$585,222
Terrigal High School	-\$588,242
Kincumber High School	-\$598,433
Umina Beach Public School	-\$634,568
Ettalong Public School	-\$646,998
Narara Valley High School	-\$814,491
Brisbane Water Secondary College	-\$1,874,265
TOTAL	-\$13,716,694

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Priestman Ave house may be demolished

A house in Priestman Ave, Umina, is to be demolished to make way for multi-dwelling housing consisting of three units if a development application is approved by Central Coast Council.

The application was lodged with council on June 13 and the estimated cost of the works is \$550,000.

The land is on the northern side of the road reserve, is relatively flat and has an area of 720 square metres, according to supporting documents lodged with the application.

The surrounding area is characterised by a mix of medium-density housing and a blend of one- and two-storey houses.

"The application seeks consent for the demolition of the

existing dwelling and the erection of a single-storey multi-unit development entailing, three three-bedroom villas," the statement said.

"Access is proposed via a driveway running along the western boundary and separate garages are provided for each unit.

"The proposed units include front courtyard fencing that provide sufficient areas to store mobile waste collection bins away from the street and from the courtyard areas within the site.

"The use of the land would not adversely impact on the surrounding properties and would allow the existing environment to be adequately protected while allowing suitable and appropriate creation of new dwellings to proceed.

"The use of the land for the

erection of a multi dwelling housing is considered to be an orderly and economic use of the subject land, while reflecting the character of the locality and the environment.

"The proposal would be consistent with the established medium density residential development pattern in the locality and meets the objectives outlined of the act and would be in the public interest," the statement said.

However, the site does not comply with the minimum lot size required under the Gosford Local Environmental Plan 2014 being only 720 metres square when the minimum lot size is 750 square metres.

The proposed side and rear setbacks of the multi-unit housing buildings do not comply with the prescriptive measures outlined within the setback clauses within

the DCP either.

In justifying the non-compliance, the applicant's statement said: "Notwithstanding the non-compliance with the numerical measures, the design of the development would allow sufficient boundary setbacks to alleviate visual amenity, privacy and overshadowing impacts to the adjoining properties within the medium density residential zone.

"The proposed setbacks would allow the incorporation of appropriate private open space areas behind courtyard fencing that would have direct access to the living areas of each dwelling with appropriate solar access.

"The proposal would be commensurate with the scale and design of multi-unit development in the medium density zone within the Woy Woy/Umina Peninsula

and would allow an appropriate area for the perimeter landscaping treatment as outlined within the objectives of the setbacks clause.

"Subsequently the design and siting of the villas meet the overarching objectives of the setbacks clause and is considered acceptable for the medium density residential zone."

The size of the private open space available to unit two would also be slightly below that required by the Gosford Development Control Plan.

"The proposal meets the objectives of the applicable development standard and the overarching objectives for the R1 Residential Zone."

SOURCE:
Gosford DA tracker, 4 Jul 2017
DA52242/2017, Central Coast Council

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Community Environment Network

CEN is proud to support the Central Coast Marine Discovery Centre - what about you?

The Central Coast Marine Discovery Centre (CCMDC) at Terrigal is all about the enjoyment and sustainable use of our coasts, catchments and marine environments.

Since 2010, we have had over 30,000 visitors. The CCMDC is very much a hands on centre, engaging visitors with displays, a small number of aquaria, a wet touch table, craft and quizzes for our Junior Marine Scientists.

We are also pleased to partner with the University of Newcastle in supporting the CCMDC. With the Central Coast being the focus of the University's Marine Studies programs, it has been a great opportunity to engage with local academics and students in making our region a hub for marine science.

Since 2015, the CCMDC has been delivering environmental education excursions to local schools ranging from kindergarten to Year 12, supporting teachers to deliver the school curriculum.

Now, we are keen to take the Marine Discovery Centre to the next level - and we are asking for your support.

In July we will be launching our new CCMDC Members Program. CCMDC Members will receive half price entry to the Centre as well as discounts on special events and purchases at the Centre.

Please join us at our Fundraising Movie night at Avoca Beach Theatre on Thursday, 27 July to support the Marine Discovery Centre - and find out more about the CCMDC Members Program.

John Asquith, Chairman



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Invitation - Marine Discovery Talk

The Hawkesbury River - A Social and Natural History

Date: Friday, 7 July, 2017

Time: 6:00-7:30pm (refreshments available from 6pm, talk will commence at 6:30pm)

Venue: CCMDC, 11 Terrigal Dr, Terrigal

Cost: \$10 per person (includes refreshments)

We are pleased to have **Prof. Paul Boon**, author of "**The Hawkesbury River: A Social and Natural History**", give a presentation on the ecology and environmental history of the magnificent Hawkesbury River. The talk will include the unique geology of the Sydney Basin, the beginning of the Hawkesbury River estuary, the impact of floods and droughts, water quality, the use of the river's floodplain, its military and strategic importance and how the river has inspired artists, poets and other creative folk since the earliest times. Paul's book will be available for viewing and copies can be ordered on the night for collection from the CCMDC.

Paul Boon is a Professor in the Institute for Sustainability and Innovation at Victoria University, Melbourne. The Hawkesbury stole his heart as a boy; he spent his childhood and adolescence on the river and conducted field studies on mangroves at Brooklyn.

Bookings are essential.

Visit www.ccmddc.org.au/events to book or phone 4349 4756.

Exclusive screening of *Blue The Film*

Blue had its world premiere at the Sydney Film Festival in June and is due for wide release in September - so we are thrilled to bring this exclusive screening to Avoca Beach Theatre. **Support the work of the Marine Discovery Centre.**

We will also be launching our new CCMDC Members Program.

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Thu, 27 July, 2017
Arrive 7:30pm for screening to commence at 8pm
Avoca Beach Theatre
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10 am -11 am
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Fri, 7 July

Rockpool Discovery Walk
11:30 am -12:30 pm
Bateau Bay

Fri, 7 July

Marine Discovery Talk:
The Hawkesbury River
6:00 pm - 7:30pm
Terrigal

Sat, 8 July

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Mon, 10 July

Rockpool Discovery Walk
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Bateau Bay

Thu, 13 July

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Town plan, coastal works and library project scheduled

A new masterplan for Woy Woy Town Centre, coastal protection works along the beachfront and refurbishment of the Spike Milligan Room in the Woy Woy Library are major projects Central Coast Council plans to undertake over the coming financial year.

Both the coastal protection works and the library refurbishment are subject to grant funding.

The Spike Milligan Room at the library is due to be refurbished by April 30, and will include of an exhibition space for the Spike Milligan memorabilia that is in the library's possession.

The coastal protection project will take three years, with a technical brief prepared and specialist consultants engaged to design and undertake an environmental assessment for the project this year.

The masterplan for the Woy Woy Town Centre is expected to be completed by June 30, 2020.

The Council plans to change the Peninsula Leisure Centre operations so it achieves an 85 per cent cost recovery rate by the end of the year.

The council also intends to deliver "improvements" to the Patonga "Holiday Park" to attract



The Spike Milligan Room in Woy Woy Library will be renovated

visitors to holiday on the Central Coast.

A proposal to divert 45 per cent of household waste away from the new council's landfill sites may also prolong the life of the Woy Woy tip.

New vegetation and wildlife corridor mapping and bushfire prone lands mapping is to be completed for the whole local government area.

Council is also planning to develop a new recreational

strategy for the local government area's natural areas to enhance the value of council's natural assets.

The "operational plan" for the coming year mentions a specific "Tuggerah Lakes Ecological Report Card" but does not have a strategy to create anything similar for the new council's southern waterways and lagoons.

A review of the Gosford Coastal Lagoons Entrance Management

Plan is to be completed and other high priority actions from the newly-gazetted Coastal Zone Management Plan are to be implemented within the period of the operational plan.

The Council intends to prepare and lodge a planning proposal for a uniform Central Coast Local Environmental Plan to replace the Gosford LEP2014 by the end of the year.

Many service and management

strategies under the governance and leadership category within the operational plan are, as yet, in their formative stages.

SOURCE:

Central Coast Council
agenda 3.7, 28 Jun 2017
Interview, 7 Jul 2017
Matthew Wales, Peninsula
Chamber of Commerce
Reporter: Jackie Pearson

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Council announces spending plans

Central Coast Council announced it will spend a total of \$18.38 million in its Gosford West Ward in the coming year.

The Ward includes the Peninsula, but total was given for Peninsula spending in the Council's Operational Plan.

However, individual items were listed.

The plan divided capital works between those funded out of council's own revenue and those that needed grants or external funding.

They then fell under four categories: community; environment; economy; and governance and leadership.

In the environment category, around \$2.7 million will be spent from council's own funds on Peninsula-specific projects, out of its total budget for the whole LGA of \$17.78 million, which is around 15 per cent of the total budget.

Woy Woy's Austin Butler Oval will receive the largest instalment of council expenditure in the "community" category on the Peninsula.

Out of council's own revenue, it will spend \$310,000 to install drainage and irrigation at the over and another \$900,000 on amenities and the car park.

Lemongrove netball courts at Ettalong will receive a \$500,000 upgrade in 2017-18.

Upgrading of floodlighting at Umina Oval will cost \$220,000 and the installation of drainage and irrigation at Rogers Park, Woy Woy, is budgeted to cost \$210,000.

A further \$181,429 of council's own revenue will be spent on upgrading mobile shelving units at Woy Woy Library.

Over \$300,000 will be spent on the Peninsula Leisure Centre to purchase lockers, upgrade gym

equipment and upgrade change rooms.

Closed circuit TV will be purchased for Ettalong (\$15,000) and around \$77,000 will be spent to replace furniture and upgrade the playground at council's Umina child care centre.

The playground in Trafalgar Avenue, Umina, will receive a \$30,000 upgrade.

Out of the total for the whole LGA of \$17,775,575

Within the environment category, expenditure out of council's own revenue on the Peninsula will be going into sewer upgrades and work at the Woy Woy tip.

An upgrade of the sewer pump station at Railway Crescent in Woy Woy has been estimated to cost \$1.89 million.

Another \$331, 533 has been budgeted for an upgrade of the Woy Woy sewer treatment plant, \$280,000 to upgrade a clarifier at the plant and \$120,000 to upgrade the final settling tank at Woy Woy.

Another \$100,000 will be spent on the replacement of effluent pipe work at Woy Woy, building refurbishment has been slated to cost around \$45,000 and the installation of flow monitoring devices has been priced at \$25,000.

An upgrade of the sewer pump station at Cowper Road, Umina, will cost \$116,000.

Around \$62,500 will be spent on the upgrade of other sewing rising mains.

Expenditure at Woy Woy tip will include replacement of a sediment dam pump (\$61,500), upgrades to leachate pump stations (\$88,000), road and drainage upgrades to the access road on Nagari Rd (\$111,000) and the construction of a cell and cover material (\$905,250).

That brings the total environment

spend on the Peninsula for 2017-18 to around \$4.14 million out of a total budget for the entire LGA of around \$59.9 million which is around seven per cent of the total budget being spent on the Peninsula.

Road reseals and upgrades, constructions of sea walls and bus stops, and projects related to improving car parks and footpaths are the main expenditure areas for the Peninsula under council's "economy" category.

Seawalls will be constructed at Araluen Drive, Hardys Bay (\$60,000), Patonga Creek (\$160,000) and the existing seawall at The Boulevard, Woy Woy, will be replaced (\$200,000).

West Street Umina will receive a \$290,400 road upgrade.

A lengthy list of road reseals is included in council's 2017-18 capital works budget for the Peninsula that will result in over 30 local roads being resealed during the course of the financial year.

Those roads are: Adelaide Ave, Umina (\$7630); Adelaide St, Umina (\$73,000); Augusta St, Umina (\$30,171); Bapaume Ave, Umina, (\$4258); Bay St, Patonga (\$37,000); Burdett Place, Umina (\$20,870); Bourke Rd, Umina (\$249,175); Bathurst St, Umina (\$24,500); Central Ave, Phegans Bay (\$13,691); Cowper Rd, Umina (\$49,648); Dun Alban Ave, Woy Woy (\$33,192); Fraser Rd, Killcare (\$6491); Kathleen St, Woy Woy (\$20,000); Lalla Place, Umina (\$9752); Lace Ave, Umina (\$38,780); Manly View Rd, Killcare (\$10,292); Nowack Ave, Umina (\$20,059); Onslow Ave, Woy Woy (\$51,000); Patonga Dve, Patonga (\$116,457); Priestman Ave, Umina (\$17,272); Paton St, Woy Woy (\$96,909); Pozieres Ave, Umina (\$43,622); Smithy St, Killcare Heights (\$12,776); Station St, Woy Woy (\$75,600); Telopea St Booker

Bay (\$10,588); Tapestry Way, Umina (\$40,956); The Esplanade, Ettalong (\$45,956); Trafalgar Ave, Umina (\$145,165); Wattle Crescent, Phegans Bay (\$4421); and Weatherly Parade, St Huberts Island (\$29,563).

Bus stops will be constructed at: Gordon Rd, Empire Bay Drive and Rickard Rd, Empire Bay; Schnapper Rd, Ettalong; and two in Helmsmen Boulevard, St Huberts Island; as well as one bus stop upgraded in Uliganda Street, Ettalong.

Council's car park in Blackwall Rd at Woy Woy will be upgraded along with traffic facilities at The Esplanade, Umina and Wellington St, Umina.

Woy Woy Bay Rd will be upgraded with a budget of \$182,677 and \$82,000 will be spent rehabilitating Fraser Rd at Killcare.

Council will also spend money designing a footpath for Empire Drive at Empire Bay, installing LPG gas generators at Blackwall (\$100,000) and a drainage upgrade costing \$250,000 in Carpenter Rd at Umina.

It also plans to install a dump point for caravans at Patonga camping ground (\$25,000) as well as construct and repair the camping ground's access road (\$60,000) and upgrade one amenity block (\$90,000).

In addition to the capital projects funded out of the council's own revenue, grants funding will also be used to complete a \$1.5 million upgrade of Ryans Road, Umina.

Springwood Street in Umina will also be the subject of a \$1.26 million upgrade during the 2017-18 financial year.

A further \$500,000 will be spent on Lone Pine Avenue, Umina, \$201,000 on Ocean Beach Road, Umina and \$501,000 on the Woy Woy stretch of Ocean Beach Road.

Mt Ettalong Rd will receive a \$600,000 upgrade via external funds.

Council Administrator, Mr Ian Reynolds, said the financially sound Operational Plan struck a balance between delivering essential services in local areas and big picture regional projects to benefit the entire Central Coast.

"The community can have confidence our finances are sound and strong – everything in this plan is costed and is on track for delivery," Mr Reynolds said.

"We have chosen to directly tackle our infrastructure backlog and will deliver bumper investment in our local road network, parks, playgrounds, sports fields and water and sewer assets.

"There is also a strong investment in regionally-significant assets that will drive investment, growth and tourism for the Central Coast," he said.

None of those regionally significant assets, including a regional airport, regional sporting complex and regional performing arts centre, were located on the Peninsula.

He said over 75 per cent of operating and capital expenditure would be invested in the top priorities identified by the community – roads, transport and drainage, water and sewer, open space and recreation, waste services and waterways.

"A key priority for this Administration period of Council has been to build a solid foundation in preparation for the newly-elected council in September, and I believe we have delivered," said Mr Reynolds.

"This truly marks a line in the sand as we now go forward as one council with a sound plan and budget and a vision to create a vibrant and sustainable Central Coast."

SOURCES:

Media release, 28 Jun 2017
Ian Reynolds, Central Coast Council
Central Coast Council
agenda 3.7, 28 Jun 2017



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Car passing through Lovell Rd flood making a splash and wave in March 2016



Flooding on Veron Rd, Woy Woy, on June 4, 2016



20 Lovell Rd almost an island

Council rejects Peninsula submissions

Central Coast Council has rejected submissions from the Peninsula asking for changes to the council's operational plan for 2017-18.

A submission asking the council to spend money to rectify flooding issues along nine local Peninsula roads was dismissed by the council.

The submission requested that the council included funding to fix flooding in Onslow, MacKenzie, Watkins, Veron, Shephard, Sea, Connex and Lovell at Woy Woy.

Various comments and

suggestions were also received by council relating to Horsfield Bay, Phegans Bay and Woy Woy Bay.

No change to the draft plan resulted from any of the requests or suggestions.

The submissions were among the 77 submissions received by Central Coast Council during the exhibition of its draft operational plan for 2017-18.

In a report presented to administrator Mr Ian Reynolds, which used the term "Council" to describe council staff, he was told: "Council recognises and appreciates community feedback

and is committed to continuing to engage with the community.

"It is proposed that council formally note and consider those submissions.

"An individual and detailed response will be provided to each submitting author," the staff report said.

The draft operational plan was displayed at both Umina and Woy Woy libraries.

SOURCES:

Media release, 28 Jun 2017
Ian Reynolds, Central Coast Council
Agenda item 3.7, 28 Jun 2017
Central Coast Council
ordinary meeting

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News



Coast Community Connections staff Ms Emma Gilby and Mr Bruce Davis

Community expo to be held at community centre

A Community Expo and Bring Your Bills Day will be held at the Peninsula Community Centre in Woy Woy on Thursday, July 27 from 9am to 3pm.

The free event will offer community members the opportunity to receive advice about energy and water bills, fines, legal concerns and tenancy issues.

Services attending on the day will include Centrelink, Legal Aid, Pacific Housing, State Debt Recovery, Service NSW, Seniors

Rights Service, Ability Links, St Vincent de Paul Society and the Energy and Water Ombudsman NSW.

Coast Community Connections' families and community group manager Ms Emma Gilby said the event would provide consumers with information about government and community services of which they may be unaware.

"There are many free services, rebates and payments that are available to local residents and this event will give consumers

the opportunity to gather all that information in one place.

"Locals seeking assistance in understanding various bills and fines are encouraged to make a personal appointment with stallholders for one-on-one advice, breaking down the components of their bill and identifying any rebates for which they may be eligible."

Attendees can book an appointment by contacting Coast Community Connections.

SOURCE:

Media release, 3 Jul 2017
Katey Small, Brilliant Logic

Community plan team to back council candidates

The team behind the Community Plan Central Coast has decided it will "back candidates who have greatly contributed to the development of the Community Plan and strongly support its 18 policy areas".

Dr Van Davey of Pearl Beach and Ms Marcelle Hoff of Ettalong will lead the Community Plan Central Coast team and be supported by specialist contributors in the areas of domestic violence, disability, economy, youth policy and small business.

"Community Plan Central Coast has decided it will back candidates in the Community Plan Central Coast," Dr Davy said.

The team has called on council candidates who support the Community Plan to pitch for campaigning and polling day support.

Dr Davy said all candidates from all wards will be given an opportunity to speak at a special public forum called for Saturday,

July 15, at 10am in Ourimbah RSL Club.

He said no candidates had come forward in the Gosford West Ward, covering the Peninsula, in support of the plan but he expected they would emerge between now and the September 9 election.

"All our meetings are public meetings.

"We will decide on the candidates we will be supporting soon after we hear from the candidates on July 15.

"This is not about supporting a political party.

"We are concerned to support the best candidates whether they be independent, Green, Labor or Liberal.

"We may end up supporting the most honest, non-factional, and community-committed candidates from across the board: independents, and favoured Green, Labor and/or Liberal candidates in each ward," Dr Davy said.

SOURCE:

Media release, 5 Jul 2017
Van Davy, Community Plan Central Coast

Rotary club inducts two new members

Two new members were inducted into the Rotary Club of Woy Woy at a meeting held at the Everglades Country Club.

Ms Paola Brooks from St Huberts Island and Mr John Steinbeck from Pearl Beach were welcomed into the club by outgoing president Mr Vic Deeble, who offered them the opportunity to serve the community through Rotary by helping those in need.

The club offers men and women the chance to make a real

difference in the world, he said.

Over the past year, the Rotary Club of Woy Woy has supported the Umina PCYC, Marine Rescue, Regional Youth Support Services and the Brisbane Water Secondary College.

Rotary International is also dedicated to the elimination of polio worldwide and the Woy Woy Club has strongly supported this cause.

SOURCE:

Email, 3 Jul 2017
John Greenway, Rotary Club of Woy Woy

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Rezoning proposal deferred for further report

The decision on a planning proposal to rezone land on Rosella Rd and Empire Bay Dr, Empire Bay, has been deferred until a further report is prepared by Central Coast Council.

Central Coast Council administrator Mr Ian Reynolds said he wanted to review a further report before determining whether to rezone the land from E2 Environmental Conservation to R2 Low Density Residential.

The proposal would see part of 89 Rosella Road and part of 203 Empire Bay Dr to create nine residential lots.

Mr Reynolds did not accept the recommendation of council staff to decline to support the preparation of a planning proposal.

In a report to the administrator, staff had given multiple reasons for recommending refusal of the proposal.

"The land contains attributes consistent with the existing E2 zone and which are unsuitable to be included in the R2 zone," the staff report said.

"The proposed rezoning would adversely impact on the biodiversity of the locality as it would facilitate significant vegetation removal to establish access, services, construction and bushfire asset protection," the report said.

"The proposed rezoning would result in land identified in a flood planning area to be zoned to R2 Low Density Residential.

"The proposed rezoning is inconsistent with Ministerial Section 117 Direction 2.1 Environmental



An aerial view of the site for the proposed rezoning outlined in red

Protection zones which requires the protection and conservation of environmentally sensitive areas.

"The proposed rezoning is contrary to this objective as it proposes to reduce the extent of environmentally sensitive areas and habitat for threatened species.

"The proposed rezoning is inconsistent with Ministerial Direction 4.3 which requires that land must not be rezoned within the flood planning areas from Special Use, Special Purpose, Recreation, Rural or Environmental Protection Zones to a Residential, Business, Industrial, Special Use or Special Purpose zone," the report said.

In 1983 the subject land was zoned 5(a) Special Use (Sub-Station) under Sydney Regional Environmental Plan No 6 - Gosford Coastal Areas, according to the staff report.

In 2014, the Gosford Local Environmental Plan 2014 (GLEP 2014) commenced which saw the subject land zoned E2 Environmental Conservation.

"The current zoning of the subject land of E2 Environmental Conservation reflects the physical and environmental constraints of the land.

"Such constraints included Ecologically Endangered Community under Threatened Species Conservation Act 1995, coastal wetland under State Environmental Planning Policy No 14 - Coastal Wetlands, Class 2 Acid Sulfate Soils, flooding (including sea level rise) and bushfire vegetation Category 1.

"At the time of preparing the GLEP 2014, it was considered that the land did not have characteristics suitable to support an R2 Low Density Residential zone.

"The current zoning still permits a dwelling house to be built on each of the two allotments which are subject to the planning proposal.

"The planning proposal application was lodged on 16 December 2013, just prior to the GLEP 2014 coming into effect and was prepared as the subject land is now surplus to Ausgrid's electricity distribution infrastructure requirements.

One lot was the site of a small substation adjacent to the Empire Bay Road frontage but Ausgrid has decommissioned and removed the substation.

"In August 2014 the applicant was advised that further detailed studies would be required to be

undertaken to determine the appropriate residential lot yield.

"Following intermittent correspondence over the ensuing years, the additional information was submitted on December 1, 2016.

"Approximately 75 per cent of the site is densely vegetated and transitions from the estuarine environment of Cockle Bay and includes mangroves, saltmarsh, swamp oak forests and closed sclerophyll forests.

"Environmentally sensitive lands occur east and south of the subject site and are protected within the Cockle Bay Nature Reserve.

"Cockle Bay is recognised as one of the largest and most valuable examples of estuarine wetland on the NSW Central Coast.

"These conservation lands are owned and managed by the NSW National Parks and Wildlife Service."

The applicant also proposed to amend mapping layers within the GLEP 2014 to reflect development controls consistent with the R2 Low Density Residential zone including a minimum lot size of 550 square metres and a floor space ratio of 0.5:1.

The subdivision would include construction of a 13 metre wide road to link Kendall Rd with Empire Bay Dr and a 32 metre-wide asset protection zone along the eastern boundary of the R2 zone.

"Development of this land would result in the considerable disturbance of the natural surface levels, creating an erosion hazard,"

the staff report to Mr Reynolds said.

"The land lies within the catchment of Cockle Bay and increasing land use density and land disturbance within this catchment, as proposed, has the potential to increase sedimentation in this coastal waterbody and adjoining Coastal Wetland.

"Residential development involves uses with high nutrient inputs such the keeping of animals, use of pesticides and fertilisers which have the potential to increase eutrophication within Cockle Bay.

"The vegetation in the central part of the site constitutes the Swamp Sclerophyll Forest on Coastal Floodplain Endangered Ecological Community (EEC) and the preliminary subdivision layout shows the road and Asset Protection Zones (APZs) encroaching into the EEC vegetation.

"The Swamp Sclerophyll Forest EEC surrounding Cockle Bay is an important food source for a range of threatened fauna and this proposal will reduce its extent.

"The clearing of existing vegetation to accommodate further residential development will result in the incursion of weeds and other exotic vegetation into the native bushland.

"The vegetation also provides potential habitat for a range of native fauna and threatened species including the Varied Sittella and two microbat species that have been recorded on site.

"Two endangered species and 10 vulnerable species have been recorded with the Cockle Bay Nature Reserve and the site is considered suitable habitat for these threatened species.

"Given the potential impacts of future development on the physical and visual environment, the proposed future development is of an intensity which is inconsistent with the environmental character of the land.

"Therefore to consent to a Planning Proposal to change the zone to R2 Low Density Residential has no strategic basis and cannot be supported," the report to Mr Reynolds said.

SOURCE:
Central Coast Council
agenda 2.7, 28 Jun 2017

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Plan proposes ‘sand scraping’ at Ocean Beach

The Gosford Beaches Coastal Zone Management Plan has proposed “sand scraping” as an interim measure to address erosion at Ocean Beach.

The plan, recently adopted by the NSW Government, lists the main hazard facing “Ocean Umina Beach Precinct 4” as the immediate and future risk of erosion to dunes, public safety due to steep erosion escarpments, windblown dune erosion and dune ecology.

Precinct 4 is the area east of Ocean Beach Surf Club to Ettalong Point.

The plan proposes immediate action for the scraping of sand along the beach from areas with “excess sand” as an interim measure and allocates \$50,000 for those interim works.

According to the plan, council is to “investigate the feasibility of beach nourishment” to increase the erosion buffer at Ettalong Point.

This will involve sourcing sand for beach nourishment and placing it on the beach to build up the dune and create a buffer against storm erosion.

The plan identifies the action of collapsing the steep eroded escarpment and revegetating following erosion events.

According to the plan, council, State and Federal Government are responsible for funding excavator hire to collapse the dune escarpment and revegetate in accordance with the Coastal Dune Management Manual.

This management action includes council fencing off the beach section to prevent public access prior to using the excavator to collapse the dune.

Investigation and approvals are earmarked to take place in the first year of the plan and \$50,000 is allocated for the investigation and



The sandbag wall along The Esplanade at Ettalong may be replaced by other revetment work

approval processes.

Work is then to start immediately after in combination with dune management activities at a recurrent cost of \$350,000 per annum depending on the nourishment method used.

Another management action listed in the plan to address the hazards identified is to “monitor storm run-up levels and dune erosion”.

It will be the responsibility of both Central Coast Council and the Ocean Beach Surf Life Saving Club to make “visual observations during storm events and survey marks of the debris line”.

This is a short-term measure and as required following storms and, according to the plan, will be funded out of council’s existing budget allocations.

Council will undertake the “repair of beach access-ways and revegetation of the dune following erosion in a large storm event”.

Council and Dunecare groups will “undertake dune management as per standard dune management practice in accordance with the Coastal Dune Management Manual” as part of a dune management strategy for the whole Central Coast local government area.

Council and Dunecare will also “consider consolidation of beach access-ways along Umina Beach”.

According to the plan, Council, State and Federal Government will share responsibility for funding Dunecare along the already severely-eroded stretch of beach in the short-term and following storms as required.

Beach scraping is identified

as another management action to be used after storm events as required to build the dune crest level and revegetate.

Council will be responsible for pushing sand from the beach berm to the toe of the dune escarpment using its own funding along with funds from State and Federal Government.

Erosion protection works have also been identified in the plan as needed to protect The Esplanade at Ettalong Point.

The works are identified to take place in the short term (within five years) and may comprise an engineered rock revetment constructed along the roadway for a length of around 100 metres.

The design cost is expected to be \$40,000 and the actual engineered revetment is expected to cost \$1 million (at \$10,000 per

metre) with a \$10,000 annual maintenance cost.

Funding is to come from Council, State and Federal Government but it is unclear when this work will be funded.

The Coastal Zone Management Plan also identifies that Central Coast Council and the NSW Office of Environment and Heritage need to encourage and assist Dunecare groups to improve dune vegetation management using appropriate endemic vegetation and consolidation of beach access.

Such work is identified as being within council’s current budget allocation for action.

The plan also identifies scour due to stormwater at all stormwater outlets along the beach.

Council will be responsible for investigating the installation of storm water energy dissipation to reduce the discharge velocities at stormwater outlets.

This could involve installing energy dissipation blocks, a rock apron “or by other method to reduce velocity of outflows from the stormwater outlet” at a cost of \$50,000 plus maintenance.

After storms, according to the plan, beach scraping is to be performed by council to repair the scour hole caused by the stormwater discharge in front of the surf club.

Council has funds allocated for this purpose, according to the Coastal Zone Management Plan.

Finally, Central Coast Council and the Office of Environment and Heritage will develop local area online fact sheets and encourage “local educational programs in schools regarding the dunes”.

SOURCE:
Council document, 26 Apr 2017
Worley Parsons, Gosford Beaches Coastal Zone Management Plan



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NEWSPAPERS

Main drain improvements to cost \$250,000

A budget allocation of \$250,000 has been made by Central Coast Council to improve drainage within the upper catchment of the Everglades main drain at Woy Woy.

The funding allocation will see the removal and upgrade of one of the drainage outlets downstream of Carpenter St, according to a report from council staff to administrator Mr Ian Reynolds.

"Council has recently commenced a process of siltation

removal from the existing drainage system between Lovell Rd and Carpenter St," the report said.

"This work will restore drainage capacity to the system," it said.

"Data collection and investigations into possible future drainage upgrades works in this area are continuing.

"Recommendations from drainage investigations will be used to develop council's future plan of works."

SOURCE:
Central Coast Council
agenda 3.7, 28 Jun 2017

Peninsula fares 'poorly', says candidate

The Peninsula has fared poorly in the Central Coast Council's allocation of \$188.3 million for expenditure on roads in 2017-18, according to Peninsula resident Mr Carl Veugen.

Mr Veugen is a Save Tuggerah Lakes candidate for the West Gosford Ward in the September 9 local government elections.

"When it comes to getting our

fair share of State Government funds for our roads the Peninsula misses out once again," Mr Veugen said.

"If the Peninsula had the representation it deserves on this council, it would at least have a fighting chance of obtaining the vitally-needed funding for services and infrastructure," she said.

SOURCE:
Media release, 27 Jun 2017
Carl Veugen, Save Tuggerah Lakes

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NEWSPAPERS

Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

JUNE 29, 2017

YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369

ISSUE 161

15-storey Merindah tower has enough sales to proceed

The first stage of off-the-plan sales in the Merindah Apartments project at 21 to 23 Mann St, Gosford, has closed, and the developer is still aiming to have the building ready for occupancy by the first half of 2019.

21-storey Ikon Tower being offered for sale off the plan

Apartment in the \$34.24 million, 21-storey Ikon Tower residential and commercial development at 333 Mann St, Gosford, are being offered for sale off the plan.

Only a token amount of building material removed from Wamberal Beach

Some steps were taken to remove asbestos-based materials and building rubble from Wamberal Beach on Monday, June 26, but STL candidate, Mr Pat Aiken, said the council had not done enough.

Residents have spent \$400,000 and have to start again

The six Wamberal home owners who have been attempting to get approval to build a revetment wall to protect their properties from storm surge and erosion have been told to lodge a fresh development application.

Ceremony marks clinical services building reaching its highest point

A topping out ceremony for the \$348 million Gosford Hospital redevelopment marked the fast-tracked, 11-storey clinical services building reaching its highest point.

Nominees seeking endorsement

The NSW Liberal Party's Nomination Review Committee process has been completed for the Central Coast Council election on September 9.

Council staff unhappy over delays in finalising their positions

Around 600 Central Coast Council employees who are members of the United Services Union (USU), have passed a vote of no confidence in CEO, Mr Rob Noble, and his executive leadership team.

NSW Budget has nothing new for the Central Coast - Tesch

The 2017 NSW Budget, announced on Tuesday, June 20, showed how little the Berejiklian Government cared about the electorate of Gosford, according to Member for Gosford, Ms Liesl Tesch.

Parking Space Levy being collected but not spent on car parks

The Berejiklian Government is failing to spend money upgrading car parks at train stations, despite raking in tens of millions of dollars from a tax raised on parking spaces, according to Member for Gosford, Ms Liesl Tesch.

The full articles and more can be seen on line on our website www.centralcoastnews.net. Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 120
July 4, 2017

Your independent community newspaper - Ph: 4325 7369

Shooting fatality in Wyong

Police are investigating after one man died and another was injured during a shooting at Wyong.

28-year-old Norah Head man charged with murder

Three men were arrested on July 3 and charged with offences relating to the death of Mr Jayden Mason.

Work continues at airport in defiance of State legislation

The NSW Department of Planning and Planning Minister, Mr Anthony Roberts, have failed to finalise the review of the Warnervale Airport (Restrictions) Act 1996, almost a year and a half after the review was initiated by the former Wyong Council.

CEN calls for a full Environmental Impact Statement on airport works

The Community Environment Network (CEN) urged its members to submit objections to Central Coast Council, which closed on June 22, opposing a Section 96 application to modify an approved DA for an aeroplane hangar, offices and carpark.

Community objects to subdivision with lots averaging 205 square metres

Over 60 Buff Point residents, dressed in red, and packing Wyong council chamber's public gallery, beseeched Central Coast Council Administrator, Mr Ian Reynolds, to reconsider his decision to approve a development application for small lot.

Wyong Local Environmental Plan 2013 to have anomalies and errors corrected

A planning proposal to amend the Wyong Local Environmental Plan 2013 (WLEP) to address anomalies and errors has been supported by Central Coast Council Administrator, Mr Ian Reynolds.

Land use needs west of the M1 Motorway to be addressed by the Department

The NSW Department of Planning and Environment will be responsible for addressing land use needs west of the M1 Motorway under the Central Coast Regional Plan 2036.

Former Council's resolution to compulsorily acquire part of Wyong Grove ignored

Administrator of the Central Coast Council, Mr Ian Reynolds, has failed to see through a resolution of the former Wyong Council to compulsorily acquire parts of the Wyong Grove site to ensure it continues to be home to the Wyong Drama Group and

Selection of Liberal candidates for Councillor positions underway

The NSW Liberal Party expects to have one councillor elected to the new Central Coast Council in the Budgewoi Ward, two in The Entrance and one in Wyong, according to an internal party document.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net.

Ocean Beach protection to cost \$6.27 million

An estimated \$6.27 million will be spent on Ocean Beach before 2020 if all the proposed actions in the Gosford Beaches Coastal Zone Management Plan are implemented.

According to the plan, \$1.41 million should have been spent at Ocean and Umina Beach in the 2015-16 financial year.

Delays in the signing off of the Coastal Zone Management Plan by Gosford Council, Central Coast Council and the State Government have already resulted in the plan being more than one year behind the anticipated implementation timeframes.

A further \$2.21 million will need to be spent at Ocean and Umina Beach between 2017 and 2020 to deliver all the hazard reduction measures identified in the plan.

Between 2020 and 2025 the plan estimates that another \$2.6 million will need to be spent.

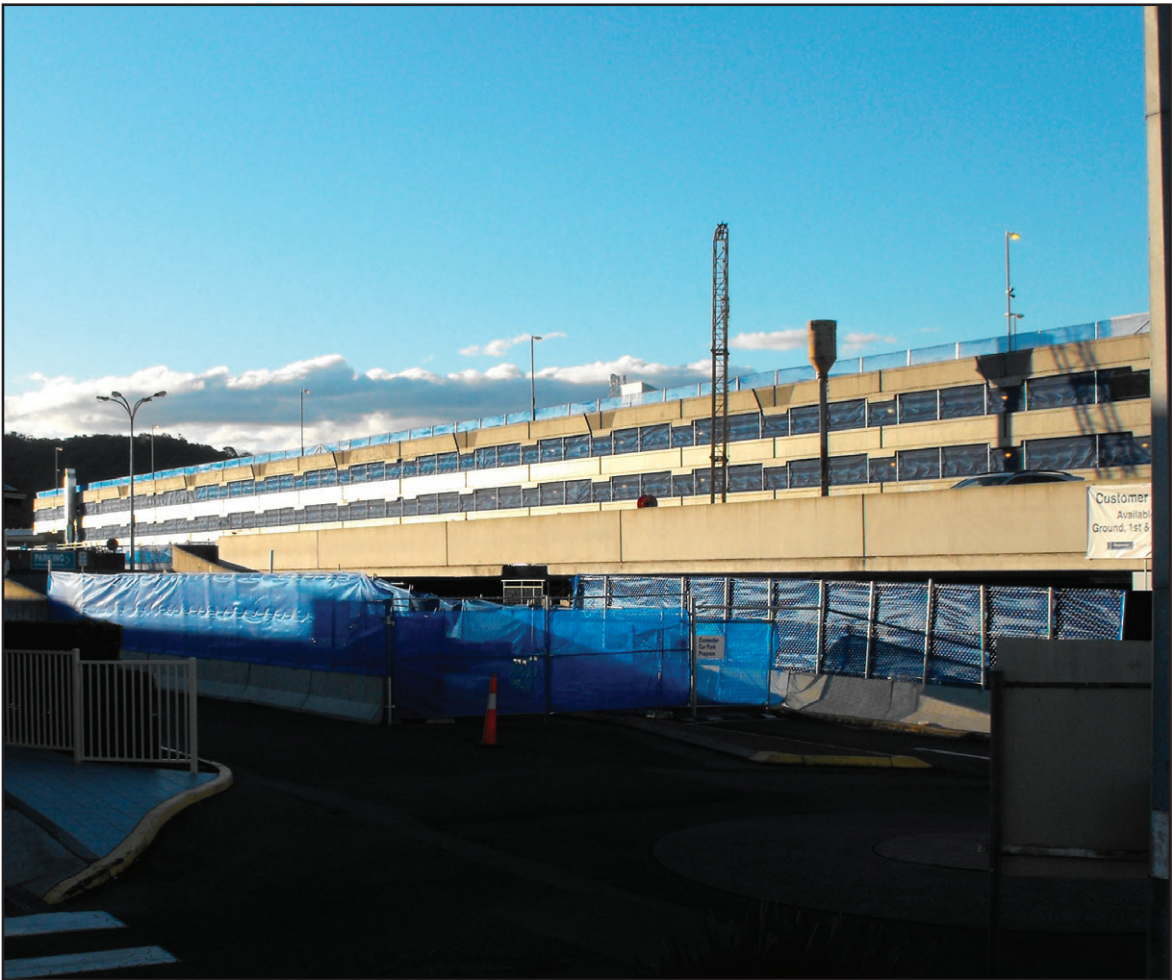
Another \$1.39 million will need to be spent over the life of the plan on risk reduction at Patonga and a budget of \$1.23 million is earmarked as necessary public spending at Pearl Beach.

The total budget over the life of the plan for all Gosford beaches is \$25.67 million.

Central Coast Council, the NSW State Government and the Federal Government are each expected to contribute to the cost.

It is not clear whether or not any of the three levels of government responsible for its implementation have the required funds at their disposal.

SOURCE:
Council document, 26 Apr 2017
Worley Parsons, Gosford Beaches Coastal Zone Management Plan



Woy Woy commuter carpark expansion works in 2010

Chamber supports new Woy Woy masterplan

The development of a new masterplan for Woy Woy Town Centre by Central Coast Council has the backing of the Peninsula Chamber of Commerce.

President Mr Matthew Wales said he believed the focus on the new plan should be on development to the west of Blackwall Rd including higher density residential development around the transport hub.

Mr Wales said the new masterplan had formed part of the former Gosford Council's 2015 Inception Report.

"It was a very good report that included the formation of a working committee to put together a new masterplan for Woy Woy," Mr Wales said.

The committee has not been formed to date but Mr Wales said the Chamber would be pressing council for it to be established.

He said the previous masterplan for the Woy Woy Town Centre was put in place in 1998 but nothing had

eventuated in terms of developing Woy Woy as a "true commercial centre".

The former plan did incorporate the design of the bus and rail interchange, paving and street scaping.

However, Mr Wales said the only two structures built as a consequence of the masterplan were the multi-storey commuter carpark next to Deepwater Plaza and the boarding house.

"As was the case with the previous masterplan, it took a long time to formulate and then it was inoperable, nothing was built," he said.

The previous masterplan resulted in Woy Woy Town Centre having a six-storey height limit and more generous floor-space ratios for developers "but we haven't seen any new buildings apart from one boarding house".

Mr Wales said Woy Woy was the third busiest regional train station in NSW and that the lack of residential development around the station was a lost opportunity.

"The chamber supports higher density residential development around the station," he said.

Minimum floor levels and sea level rise considerations meant development opportunities were limited to the east of Blackwall Road.

"We support a focus on a heightened density for residential development on the western side of Blackwall Rd and we want to sit around a table with land owners and council to find ways to put in place incentives to redevelop that area.

"We fully back council's movement towards a new masterplan for Woy Woy Town Centre.

"Higher density will mean amendments to the LEP and changes to height and floor space limits but the general consensus is something has to change," Mr Wales said.

SOURCE:
Interview, 7 Jul 2017
Matthew Wales, Peninsula Chamber of Commerce

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AMNESTY INTERNATIONAL

Thanks to knowledgeable contributors

It is important to make a brief, but not minor, addition to your article about the Community Plan for the Central Coast in your recent edition of the Peninsula News.

We must acknowledge and thank the wide range of knowledgeable contributors.

Specialists from a variety of fields, who were unable to attend meetings, put in a great deal of effort via emails and phone calls.

Grass roots activists, residents and ratepayers all continue to comment on the need for this new Central Coast Council to govern in a manner that values all things local above ill-considered plans concocted by self-interested politicians and developers.

We have a unique opportunity to replace the behaviours of stale

Forum

LETTERS TO THE EDITOR

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See Page 2 for
contribution conditions

old retreads with a group of fresh local people who are committed to, and proud of, their own well-loved area.

Do consider coming along to the Public Forum, Saturday, July 15, 10am, Ourimbah RSL Club.

Email, 6 Jul 2017
Marcelle Hoff, Ettalong

Peninsula News is a newspaper that isn't afraid to write about controversial subjects.

One of those subjects I think we should all be talking about is population and how many people Australia can sustain.

Most of the problems the world is experiencing at present can be blamed indirectly or directly on over-population

Australia is lucky in that regards we are in an enviable position where we can seriously start to talk about this topic before it is too late. I personally think this is not only

Forum

a concern for Australia but for the world.

Yes we can cram a lot more people into Australia like the Chinese have done in China, but I'm pretty sure most of your readers would not like to live in China.

The Central Coast is a beautiful part of Australia and I love living here for all the reasons many Coasties do; space, bush, beach and a relaxed atmosphere, not a rat race like Sydney.

By having a larger population

this will mean more development, more land clearing and more congestion.

So it is up to all of us to find out as much as we can about the candidates standing for local elections in September.

Hopefully we can elect councillors who are sensitive to the development of the Central Coast and not destroy the reasons we all enjoy living here.

If anyone is interested in finding out more on this topic I can recommend they go to sustainableaustralia.org.

Letter, 30 Jun 2017
Michael Wilder, Woy Woy

Plan sets ambitious task

The Peninsula News 26 June (Edition 422) community plan from Pearl Beach states there are 18 policy categories included.

Gosford City Council's Community Strategic Plan contained four policy categories; Society and Culture, Environment, Economy, and Governance and Leadership.

The one question that was and is the most interesting and remains unanswered is from Governance and Leadership on page 22: "How do we ensure accountability and

Forum

transparency in decision making?"

The proposed plan includes 18 policy categories against the council's four, to be administered by 15 new councillors in a new local government area stretching from Sutherland Point to the Hawkesbury River, with a population of 370,000.

Unless administrator Ian Reynolds opens the council's books to all councillor candidates, a month before the September

elections, potential councillors should not have any preconceived ideas regarding the council's administration.

How 15 councillors representing five wards are going to address 18 policy categories is yet to be answered.

Gosford City Council's Community Strategic Plan did not fill the gap left by the removal of the State of the Environment Reports and the following Sustainability Reports.

Letter, 28 Jun 2017
Norman Harris, Umina

Times a wasting

Time we thought more deeply about each transaction we make with our environment.

While walking in May I penned this verse along those lines.

I know that you've been busy,
by the stuff you've thrown away
There's no time for clearer thinking
in your haste
But our planet's quickly dying
and it all depends on you
So it's time to go to war on all that waste

As it's piling up around you
In your oceans, on your streets
In your food chain, all that plastic
that you taste;
So it's time for deeper thinking
and it all depends on you!
Yeah it's time go to war on all that waste

So tell kids and teach your partner
as you go about your day,
and keep it in the messages you paste
For once your grand kids have their children ...
there may be no time to fight
But they'll talk about the war we fought on waste

Email, 26 Jun 2017
Richard Grimmond, Horsfield Bay

To claim a barge with two excavators on it is a dredge is absurd.

This pontoon will clear the channel like a child trying to build sand castles at the water's edge.

Water movements will just redeposit the sand back into the channel.

The sand that is being removed from the channel by this ad-hock method should be deposited back into Ocean Beach, where it came from.

This will replenish the sand lost by past storms.

For the NSW Government to claim the channel is the responsibility of the Central Coast Council is just buck passing as the channel comes under the State Government's Dredging Strategy and is classified as Crown Land.

The suggestion that the people of the Central Coast should be slugged with yet another levy is

Forum

unfair and unpalatable.

The NSW Government has announced a \$4.5 billion surplus in its latest budget, compare this to the financial disaster left us by the last Gosford Council, our community has paid enough.

With this massive surplus, the NSW Government can and should pay the cost of a dredge to keep

this vital channel open and safe for residents.

Save Tuggerah Lakes candidates, if elected to the new Central Coast Council in September, will oppose any proposed extra levy on our ratepayers. Save Tuggerah Lakes will stand up for the people of the Coast.

Email, 23 Jun 2017
Carl Veugen, Save Tuggerah Lakes



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Holidays result in increased pelican injuries

Peninsula pelican rescuer Ms Wendy Gillespie has blamed school holidays for a recent increase in birds found with serious injuries to wings and feet from fishing tackle.

Ms Gillespie said school holidays are peak times for bird injuries on the Peninsula due to the higher number of people taking part in recreational fishing.

"Fishing line and hooks take a heavy toll on our birds and other wildlife particularly during the holidays but there are things that can be done to help," she said.

Ms Gillespie said she urged locals to report entangled birds early to a local wildlife rescue service.

"Don't feed birds while fishing or allow children or dogs to chase birds particularly around fishers," she said.

"Help birds, if you get them entangled don't cut them off but

don't remove the tackle before more damage can be done.

"Get them to a local vet or call a rescue service if needed for advice or help," she said.

Ms Gillespie said she also urged fishers not to discard line, hooks or bait bags.

"Place all waste in bins and clean up any plastics and fishing waste when you can.

"Cover your bait and catch so that birds aren't attracted.

"Don't lash out at birds with knives or heavy objects as faces, wings and legs are easily damaged.

"Report cruelty to police and free-ranging dogs to Council Rangers."

Ms Gillespie is available to give advice or respond on 0458 975 498.

SOURCE:

Media release, 6 Jul 2017
Wendy Gillespie, Pelican
Rescue and Research

Peninsula diabetes rates above average

Parts of the Peninsula have rates of diabetes that are above both the state and national averages, according to statistics from Diabetes NSW.

The percentage of diabetics in Blackwall and Booker Bay registered to the National Diabetes Services Scheme are both higher than the state and national averages.

Blackwall had a percentage of 6.2, while Booker Bay was 5.6.

The average across NSW was 5.3 per cent while the national average is 5.1 per cent.

Diabetes NSW diabetes educator Ms Angela Blair said the difference could be because of the area's aging population and fewer options for healthy eating.

Ms Blair also said the most common form was type two diabetes.

"Unfortunately with type two diabetes, the main risk factors are things you can't prevent, like family history of diabetes, age and cultural background," she said.

Early detection was critical in preventing life-threatening health problems.

Some early signs of diabetes are excessively needing to go to

the toilet, inability to quench thirst and a constant feeling of tiredness.

In the case of type one diabetes a person may also be getting thinner despite eating and drinking more.

"Diabetes has a significant impact on quality of life and reduces life expectancy if not diagnosed in time and managed properly."

SOURCES:

Media release, 5 Jul 2017
Rian Newman, PR Executive
Filtered Media
Interview, 6 Jul 2017
Angela Blair, Diabetes
NSW and ACT
Reporter: Scott Falconer

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A night of Brazilian music will be held at the Troubadour Folk Club in Woy Woy.

Gosford Conservatorium head of guitar Mr Guy Strazz and Ms Anna Salleh from Radio National will be performing music inspired by the sounds of Rio de Janeiro.

The repertoire will include bossa nova, samba, jazz and swing.

Ms Salleh will show off her vocal artistry while Mr Strazz performs on his guitar.

The show starts at 7pm at The Troubadour Club in Woy Woy on Saturday, July 22.

Tickets will range from \$10 to \$15.

SOURCE:
Media release, 5 Jul 2017
Michael Fine, Troubadour Folk Club

A networking opportunity for Peninsula business women will be held at Umina on July 26.

Central Coast Business in Heels has invited local business women to the evening of networking and camaraderie to "find your purpose in life and business" from 6:30pm, at Margarita Daze, Umina.

Organised by the Central Coast Business in Heels branch, it aims to provide the opportunity "to mingle easily and develop mutually beneficial relationships over a glass of bubbles".

Branch director Ms Nicole Jackson said the Umina event was to give Peninsula women the opportunity to join the network which connects more than 150,000 business women and female entrepreneurs internationally.

"There are a lot more female business owners and sole traders than people think on the Peninsula and across the Coast.

"These events help connect these women in a relaxed and comfortable atmosphere and most importantly build relationships and business contacts," Ms Jackson said.

"These events help connect women in ways other networking events don't and really help showcase what female-owned and operated businesses have to offer, not just consumers but also to each other," she said.

The guest speaker will be Ms Shar Moore, an international award-winning mentor.

Ms Moore will work with one attendee on the night to discuss their current life trajectory and ways they can maximise their potential and positive outcomes.

Tickets for the evening are essential.

SOURCES:
Interview and media release, 5 Jul 2017
Nicole Jackson, Central Coast Business in Heels
Reporter: Dillon Luke



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Award for work with digital media

Umina Beach resident Ms Jordan Dryland has received the Pride of Workmanship Award from the Hornsby District of Rotary.

Ms Dryland was given the award for her role in developing and supporting digital media facilities for Studio Artes, a non-profit organisation that focuses on developing life and artistic skills in adults with disabilities.

Ms Dryland said a particular event video on the organisation's website was what prompted her to get involved.

"The website really interested me a lot; seeing all of the fun and creative things that the organisation was doing really drew me in," Ms Dryland said.

"I've been around people living with disability since a young age and I felt the role was perfect for me at the time."

She said that, even after working at Studio Artes for 20 months, a day at the office is always fun.

"Painting, dancing, singing, music, cooking, gardening and skills development are just some of the many things happening around the studio on a daily basis," she said.

Ms Dryland is studying at university alongside working with the organisation, and said both activities help the other.



Ms Dryland said she valued the award because it meant her work is being valued.

"I'm grateful for this recognition and I want to continue doing my best to live up to the theme of the

award, 'do it once, do it well', she said.

SOURCE:

Media release, 29 Jun 2017
Peter Landow, Able Ant
Media statement, 6 July 2017
Jordan Dryland, Umina



Umina Taplin team members Jazmyn Rodwell and Jemma Smith receive the award on behalf of the team

Taplin team wins Team of the Year

The Umina Surf Life Saving Club under-19 female Taplin team won Community Team of the Year at the 2017 NSW Community Sport Awards.

The Umina girls secured the national state double with their combined Australian under-19 female Taplin relay and NSW open female Taplin relay championship wins.

The NSW Community Sport Awards were held at NSW Parliament House on Thursday, June 29.

They were hosted by the NSW Minister for Sport, Mr Stuart Ayres, who congratulated the finalists and addressed the audience about the value of volunteers and community sport.

"Sport is a vital part of the social and economic fabric of NSW," Mr Ayres said.

"Sport brings us together and helps keep our communities fit, healthy and engaged," he said.

SOURCE:

Media release, 30 Jun 2017
Cassie Browne, Sport NSW

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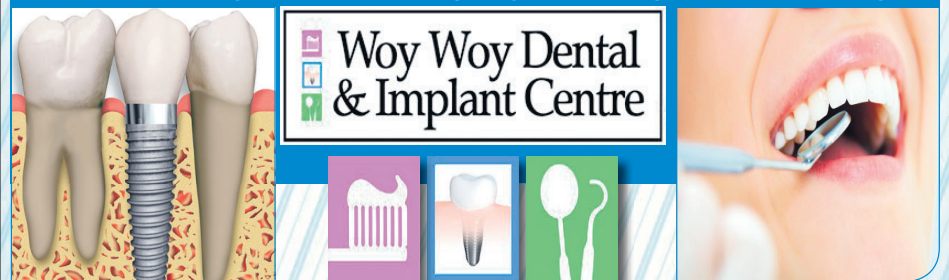
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Education



Kindergarten teachers got to play dressup much to the delight of their classes



Umina Beach Public School's Kindergarten classes were visited by local firefighters and learnt all about fire safety

Firefighters give fire safety lessons

Kindergarten students at Umina Beach Public School learnt about fire safety during a visit from Umina Fire Station personnel in June. Students listened to local firefighters speak about how to be

fire safe and were taught about what to do in the event of a fire. Students also got to learn all about how fire engines work and about the many gadgets and tools that firefighters keep in them. A highlight for the students was

getting to spray the fire hose and getting to see their teachers dress up in fire safety gear. SOURCE: Newsletter, 27 Jun 2017 Michael Murphy, Umina Beach Public School

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Distributing life saving warmth to victims of natural disasters, war and poverty
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Kindie students really enjoyed spraying the fire hose

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Students graduate with diplomas

Two Peninsula students have graduated with diplomas at a ceremony at the combined TAFE NSW and University of Newcastle campus at Ourimbah.

Michael Green from Empire Bay and Musambo Salmond from Woy Woy have both graduated with a Diploma of Community Services Work.

TAFE NSW regional general manager Ms Elizabeth McGregor said the relationship between

TAFE NSW and the University of Newcastle had created many educational pathways for new and existing students.

"Now in its 29th year, this partnership enables and empowers people of all ages and backgrounds to use tertiary education as a springboard to success without having to leave the Central Coast," Ms McGregor said.

SOURCE:
Media release, 5 Jul 2017
Emily Gallagher, TAFE NSW



Umina Beach Public School's girls' soccer team

School to celebrate 90th anniversary

Pretty Beach Public School is inviting all past students to take part in the school's 90th anniversary during Education Week.

Celebrations will commence at 9am on Wednesday, August 2.

Attendees will be given a tour of the school.

Entertainment will be provided by current Pretty Beach Public School students.

Morning tea will be provided to complete the morning of reminiscing at the school.

SOURCE:
School notice, 27 Jun 2017
Deborah Callender, Pretty Beach Public School

Indigenous performer at Pretty Beach

The indigenous performer Mr Phil Geia recently performed for the students of Pretty Beach Public School.

Mr Geia's visit to the school was to celebrate Naidoc Week which occurs during the school holidays.

"Phil was very entertaining and informative and the school were lucky to have such a great

performer at our school," said principal Ms Deborah Callender.

"Pretty Beach Public School was pleased to share this performance with our neighbouring pre-school students," she said.

SOURCE:
Newsletter, 29 Jun 2017
Deborah Callender, Pretty Beach Public School

Umina Beach Public School's girls' soccer team have beaten Holgate Public School in their latest round of the State Knockout Competition.

Umina Beach had a brilliant first game against Holgate, taking out

the match by 8-0.

Their second match pitted the girls against the formidable Niagara Park team.

Despite a valiant effort, Umina Beach went down to Niagara Park 5-2.

"All the girls played in the spirit of the game and represented our school with pride," said relieving principal Mr Michael Murphy.

SOURCE:
Newsletter, 27 Jun 2017
Michael Murphy, Umina Beach Public School

Success at zone cross country

Woy Woy Public School had three students succeed at the Zone Cross Country Carnival.

The carnival was held at Umina Oval on Friday, May 26.

Woy Woy Public School students Lara Butler, Henri Dehe and Chris Flower all successfully qualified for the Sydney North regional cross country carnival.

SOURCE:
Newsletter, 29 Jun 2017
Dan Betts, Woy Woy Public School

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Seven artists at

Seven local artists will participate in The Bays Community Group's annual Wine, Cheese and Art evening and exhibition.

The Wine, Cheese and Art Evening will be held at The Bays Community Hall from 7:30pm on Friday, July 21.

The Bays Community Group member Mr Jim Doe said: "The Wine and Cheese Evening started off as a way to promote our beautiful area and for neighbours to get together, with all the funds raised from the night going towards maintenance and upkeep works for the community hall.

"The inclusion of artwork from local artists was another way to promote the bays and showcase local talent," he said.

The seven featured artists for 2017's Evening are Ms Leasha Craig, Ms Naomi Veitch, Mr Joseph Rolella, Ms Katerina Apale, Mr Boyd McMillan, Mr Glenn Doyle and Ms Kelly-Anne Love.

Select works from the seven artists will be on display for the evening, and for the The Bays Community Group Art Show from 10am to 4pm at the hall on Saturday, July 22, and Sunday, July 23.



Ms Kelly-Anne Love

Mr Doe said the art show attracted residents and visitors alike to view a collection of work from both established and emerging artistic talents.

Tickets to the wine and cheese evening are available through The Bays Community Group.

Entry to the art show is by gold coin donation with refreshments available.

Funds from both events will be channelled into upkeep projects at the hall.

Ms Craig is a contemporary artist whose professional practise



Ms Naomi Veitch

encompasses both 3D and 2D disciplines.

Ms Craig completed a Bachelor of Fine Arts honours degree at the University of Newcastle in 2012.

She said her experience at university gave her the opportunity to explore all the disciplines both conceptually and technically and fuelled her desire to sculpt.

Ms Craig has achieved numerous successes since graduating including, several solo exhibitions, participating in numerous group exhibitions and being nominated for and winning art prizes.



Ms Leasha Craig

Ms Veitch learned to sling a brush signwriting, which awoke her passion for the arts and prompted her to open eNvy Artworkz, her own art and design business.

Ms Vietch is currently painting for an upcoming exhibition, completing commissioned portraits and runs art workshops for locals.

Mr Rolella obtained a Bachelor of Visual Arts honours degree before going on to complete his Masters in the field in 1994-1998 and has since held solo and group exhibitions around Australia.

He has enjoyed a successful



Mr Joseph Rolella

career as an artist and has won several prestigious awards for his work including the Hills Grammar Art Prize, The Cricket Art Prize and the Oakhill Grammar Art Prize.

Mr Rolella has works in collections across the country including the Park Royal, the Australian Art Investment Trust and the Bundanoon Trust Collection.

Ms Apale and Ms Love are two passionate women who have ended up on the Peninsula living their lives as professional artists.

Both women claim a strong, distinct

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Dinner starts at 5:00pm – till late



The Bays art show



Mr Glenn Doyle

sense of self and style that is consistently reflected in their bold, colourful artworks with a subject matter that reflects their love and compassion for flora and fauna.

The pair have come from different backgrounds and were encouraged in different ways.

Ms Apale was born in Riga, Latvia, but refers to herself not as Latvian, but as a "person of the world".

Her mother was a successful artist and Ms Apale grew up in a world immersed in painting.

Surrounded by paints, brushes, and canvases, Ms Apale was encouraged at the age of three to



Ms Katerina Apale

pick up a brush and begin to learn the art of painting.

Painting, as far as her mother was concerned, was a skill that was as important as learning to read.

All her life she was encouraged and taught to refine her skills and artistic expression.

After school she went on to receive a Masters in Fine Arts.

Following this, she received a grant to study in Berlin and subsequently became an expert in using the Tc-1 Jacquard Loom.

By 2014 Ms Apale, now married and a mother of two, decided to have a complete change of



Mr Boyd McMillan

scenery.

Moving to Australia, she fell in love with the Peninsula.

She wasted little time joining the art community and getting straight to exhibiting which is where she met Ms Love and the pair became fast friends through their shared passion.

Ms Love was born in Australia but spent most of her childhood moving from house to house, school to school and one country to another with her family.

Ms Love was always an imaginative soul and was always getting messy creating or drawing something.

Living in Australia, England and the United States, she was able to explore different histories, cultures and people.

After returning to Australia Ms Love went on to achieve a Diploma in Design Fundamentals and Graphic Design before travelling the world.

In 2002 she fell in love with the Bays and finally settled down, somewhat, marrying a local man.

Upon having her children, she realised it was time break free of previous self-doubt and of traditional styles and so she set up a tiny studio with little to no money or tools, two young children at her side.

Both women are successful selling artists.

In the past five years, Mr McMillan, has grown into a method of working with landscape motifs to make large on site drawings using manufactured and found elements, studio paintings and with concepts of metamorphosis to make sculptures that extend and transform natural elements.

"My process is loosely based on drawing in isolated bushland locations to gain the fullest understanding and context," Mr McMillan said.

"These works may be

completed artworks in themselves and then evolve through drawing and maquette into paintings or sculpture that transforms the landscape experience into other elements and themes.

"I have been on and around the ocean since infancy so landscape elements are often transformed within a maritime context.

"I combine a dual career as an artist and landscape architect deeply influenced by the landscape aesthetic of China and Japan and allow an eclectic mix of techniques and elements shape and influence my artwork," he added.

Mr Doyle is a sculptor whose most notable work is featured at the Big Dig Site, The Rocks, where Mr Doyle has brought the ghosts of animals past at this 18th century European settlement to life through wire sculpture.

These artists will be available to discuss their careers and works in the art show at various times throughout the two-day event.

SOURCES:

Interview, 3 Jul 2017

Jim Doe, The Bays

Community Group

Newsletter, 3 Jul 2017

Cathy Gleeson, The Bays

Community Group

Reporter: Dillon Luke

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Directory - Not for profit Community Organisations

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Central Coast Art Society

Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning and weaving,
patchwork and quilting, felting
and other fibre and fabric
crafts, community quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery
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Pastels, Silvercraft,
Patchwork & Quilting
Children's Art & Pottery
Mon - Sat 10am - 3pm
4341 8344
madogis@hotmail.com

Hospital Art Australia Inc.

Meet every Tue and Fri
9am-2pm - 109 Birdwood Ave,
Umina - Painting and Canvas
drawing. Volunteers welcome
hospitalartaaustralia.com.au
0431 363 347

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National Parks Association Central Coast

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varying distances and grades
of difficulty. Explore, enjoy
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4389 4423 & 4332 7378

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Activities, programs and
support groups for children,
teens, adults and seniors
including occasional care,
playgroups, dance classes,
karate, fitness classes,
youth services, gambling
solutions, internet kiosk
and social groups.
www.coastcommunityconnections.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer
Lessons, Dancing, Indoor
Bowls, Fitness, Handicrafts,
Leatherwork, Line Dancing,
Painting, Scrabble, Table
Tennis, Tai Chi, Yoga, Darts
4341 3222

Central Coast Community Legal Centre

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9am to 5pm
4353 4988
centralcoast@clc.net.au

Community Groups

ABC "The Friends" Support
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www.fabcnsw.org.au
4341 5170

Central Coast Social Group

Social contact, entertainment
events, new friendships, for
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Monthly Meet & Chat
0422 243 101
email cco30s@live.com.au

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0412 200 571
0437 699 366
50pssg@gmail.com

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programs.
Mon-Fri 9am - 4pm
6 Sydney Ave Umina
4342 7515
admin@mingaletta.com.au

Peninsula School for Seniors

Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft,
history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup

Carers, Grandparents, parents
& children 'Intergenerational
Playgroup'
Tues 10-11.30am
4344 9199

Probus Club of Woy Woy

Friendship, Fellowship,
and social functions
for active retirees.
1st Wed - 10am
Everglades Country Club
4344 7070

Seniors Computer Club Central Coast

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02 4307 9421

The Krait Club

Community Centre - Cooina
Village, Neptune St, Umina
10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest
speakers, entertainment and
bus trips - 4344 3277

Umina Beach Men's Shed

Men share a variety of tools,
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spend time with other men and
learn new skills
Darrell 4342 9606

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1300 252 666
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Arthritis NSW

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Woy Woy Bowling Club
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3rd Tues 10.30am
1800 011 041

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www.centralcoast.betterhearingaustralia.org.au

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Information 2nd and
4th Tues - 11am
4344 2599
reception@bluewaveliving.org.au

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feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

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Gosford and The Entrance
4344 7992

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marymacs@woywoycatholic.org.au

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Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
www.oa.org
0412 756 446

Peninsula Village Wellness Centre

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including aromatherapy,
massage and music therapy
4344 9199

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Delivered daily to your door
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For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)

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380 Terrigal Drive, Terrigal
9.30am to 12 noon 4367 9600
www.pcfa.org.au

Riding for the Disabled

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for those with intellectual or
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School hours only. Mon to Sat
4340 0388
stateoffice@rdansw.org.au

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1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

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To restore medical services
previously available & upgrade
to a standard that meets with
local needs.
2pm 2nd Sat St Lukes Church
Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club

Everglades Country Club
2nd Tues 11am
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North Gosford 4341 4210

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Men's a-capella 4 part harmony
chorus - all ages 7pm Mon.
Central Coast Leagues Club
John 0413 276 698
jbthomson51@gmail.com

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Music and Spoken Word
Concerts, Ukulele
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4th Sat 7pm CWA Hall
Woy Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party
Political discussions, national,
state and local government
issues

Umina Ettalong Branch

2nd Mon Umina Beach Bowling
Club 7.30pm 4342 3676

Ourimbah/ Narara Branch

Niagara Park Primary School
7.30pm 1st Mon
0410 309 494

Woy Woy Branch

Everglades Country Club
7.30pm 2nd Mon
0412 517 520

Peninsula Day Branch

1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens

Active regarding ecological
sustainability, social &
economic justice, peace &
non-violence, grassroots
democracy & getting
Greens elected
3rd Thur,
centralcoast.nsw.greens.org.au

Service Groups

Lions Club of Woy Woy

1st and 3rd Mon. Woy Woy
Leagues Club
0478 959 895
Make new friends and have fun
while serving your community.

Rotary Clubs

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in Aust. & o/seas. Fun-filled
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Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am 4340
4529

kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades
Country Club.
Don Tee 0428 438 535

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and looking for new members
www.bwcaravanclub.wix.com/bwcc
4344 4363

Bridge

Duplicate Bridge Mon Tue Thur
Fri Sat-12.15pm
& Wed 9.15am

Brisbane Water Bridge Club,
Peninsula Community Centre
93 McMasters Rd.
Woy Woy

www.brisbane-water.bridge-club.org

Cash Housie

50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy,
7.30pm. Proceeds to Woy Woy
Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family History Society Inc.

Resources, information
& advice to study your
family's history.
1st Sat 1pm Lions
Community Hall, 8 Russell
Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

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residential parks.
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cctaas@hotmail.com

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faceting, enamelling, stone
fieldtrips & fossicking.
Weekly Workshops
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Thurs evening 6-10pm
10 Ourimbah Creek
Rd Ourimbah
4362 2246

Central Coast Rescue Unit

Marine Education Courses.
Radio Licenses, Boat Safety &
Boat License & PWC License
Tests, Navigation, Seamanship
and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc

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Flying at Bloodtree Road
Mangrove Mountain Thur, Sat,
Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Peninsula Environment Group

Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops,
organic food buying group
www.peg.org.au

Central Coast Goju-Kai Karate

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No Contracts, Cheap Rates
Wamboral - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-
kaikarate.com.au

Woy Woy Judo Club

3 Classes every
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5.00pm to 8pm
Ettalong Leisure &
Learning Centre
Min age 5 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo Veterans Association

1st Sat F(except Jan) 1pm
Ettalong Beach
War Memorial Club,
51-52 The Esplanade.
4342 1107

Vietnam Veterans' Peacekeepers' and Peacemakers'

Assist all veterans & families
with pension & welfare issues.
Mon & Wed 9am-1pm 4344
4760 Cnr Broken Bay Rd &
Beach St Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and
welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to
1pm 4341 2594

Women's Groups

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in the areas of work, education,
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www.bpw.com.au/central-coast

Country Women's Association Umina

2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays 12.15pm
0416 193 070 - 4340 1746

Country Women's Association Woy Woy

Opposite Fisherman's Wharf
Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Gosford RSL Women's Auxiliary

For women over 18 years.
Raise money for welfare of
veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

Peninsula Women's Health Centre

Counselling, therapeutic and
social groups, workshops,
domestic violence and abuse
issues. All services by women
for women
4342 5905
www.cccwhc.com.au

NEWSPAPERS

Central Coast

If you would like your Community
Organisation listed here, see
www.duckscrossing.org or www.centralcoastnewspapers.com for
the forms or contact Central Coast
Newspapers on - 4325 7369

Junior showcase concert held at Pearl Beach

The Pearl Beach Memorial Hall was filled for the Junior Showcase Concert, which offers Central Coast Conservatorium students aged between 7 and 12 years old the opportunity to perform with a solo instrument or vocal performance.

Artistic director Mr Patrick Brennan said: "Although competition is a common aspect of the musical education process, too often the focus is on competing rather than performing.

"Eleven young students were selected, offering them the opportunity to perform in front of an audience, and play from their hearts expressing themselves musically, which is what music is all about," Mr Brennan said.

Seven students from the Conservatorium competed for the 12th annual Pearl Beach Music Scholarship of \$1000.

The students, all from local colleges and schools, performed a varied program including voice, piano and instrumental.

Pianist Ms Lilli Naulu provided an interpretive accompaniment to the students contributing greatly to their individual performances.

Adjudicator for the afternoon, Mr Ian Cook, senior lecturer at Avondale Conservatorium and artistic director for Newcastle Youth Orchestra, said: "All of the students presented amazing performances, making it very difficult to make a choice.

"It is very important to relate to the audience and perform with emotion and acknowledge their

appreciation of your performance."

This year's scholarship recipient was guitarist Min Ahn.

Mr Cook said: "Min Ahn performed with great skill and passion expressing a love of fingerstyle guitar and is hoping to specialise in jazz music."

Min Ahn was accompanied by renowned jazz pianist Rodric White.

The annual Irvine Piano Scholarship of \$800, generously sponsored by the Irvine family, was presented to piano student Jade Jiang.

The People's Choice Award, valued at \$250, was closely contested with the audience also choosing Min Ahn.

SOURCE:

Media release, 4 Jul 2017
Lynne Lillico, Pearl Beach Progress Association



2017 scholarship winner Min Ahn

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Professional support phone services:

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800

Griefline 1300 845 745
Suicide Call Back Service 1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Monday, Jul 10

Wagstaffe to Killcare Community Association monthly meeting, Wagstaffe Hall, followed by supper, 7:30pm

Wednesday, Jul 12

West Ham United Oceania Academy elite player ID camp, boys and girls, from under-8 to under-18, James Brown Oval, corner Alpha Rd and Welcome Street, Woy Woy, registration essential

Saturday, Jul 15

Daxton Monaghan, Hardys Bay Club, 7:30pm
Boyd McMillan Sculpture Exhibition, Re:Publik Café, Ettalong, until September
Audio Dixon Classic Rock Show, Ettalong Diggers, doors open 8pm for 8:30pm show
Ben Woodham, Margarita Days, Umina, 6pm

Sunday, Jul 16

Umina Beach markets, Peninsula Recreational Precinct, 9am to 2pm
Ben Woodham, Club Umina, 2:30pm

Wednesday, Jul 19

Christmas in July Rocks

and Rolls with Lucky Starr and Warren Williams, Ettalong Diggers Memorial Club, doors open 11:30am and July 20

Friday, Jul 21

Wine, Cheese and Art Evening, Bays Community Hall, 19 Woy Woy Bay Rd, Woy Woy Bay, 7:30pm

Saturday, Jul 22

Bays Community Group Annual Art Show, featuring work by Leasha Craig, Naomi Veitch, Joseph Rolella, Boyd McMillan, Glen Doyle and Kelly-Anne Love and Katerina Apale, Bays Community Hall, 19 Woy Woy Bay Rd, Woy Woy Bay, 10am to 4pm and July 23

Anna Salleh and Guy Strazz at Troubadour Folk and Acoustic Music Club, CWA Hall, Woy Woy from 7pm

Pastels workshop with Gwynneth Boyce, Ettalong Beach Arts and Crafts Centre, registration necessary, and July 29

Thursday, Jul 27

Community Expo and Bring Your Bills Day, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, 9am to 3pm

Saturday, Jul 29

Bob Bongo Starkie and Band present Million Dollar Riff, Ettalong Diggers, doors open 8pm for 8:30pm show

CWA Variety Show, Christmas in July, singing, dancing, light refreshments, CWA Hall, 2 Sydney Avenue, Umina, 2pm tickets from Stephens Real Estate 4/330 West St or available at the door

Stepping Forward interactive and educational workshop for families and friends of alcohol and other drug users, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, 9:30am to 4:30pm, bookings essential

Sunday, Jul 30

Of Bing I Sing starring Rob Palmer and Glen Amer, Ettalong Diggers, doors open 2pm for 2:30pm show

Saturday, Aug 5

Wild Australia Wine Appreciation Dinner, Everglades Country Club, bookings essential

Friday, Aug 11

Agatha Christie's A Murder is Announced by Woy Woy Little Theatre company, Peninsula Theatre until August 27

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

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All areas
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Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

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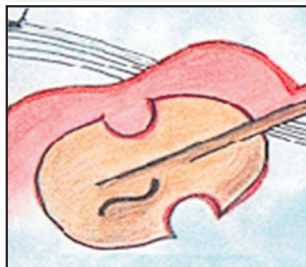
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ENTERTAINMENT



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See www.CentralCoastNewspapers.com or www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

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The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

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4346 4057

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452 The Esplanade
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tgp.aarth@gmail.com

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NEWSPAPERS

4325 7369



Netball team travels to Liverpool

Woy Woy Peninsula Netball Associations 13 Years representative team has travelled to Liverpool at the beginning of July to compete in the Stage Age Netball Championship.

Central Coast Council granted the team \$1000 to defray the costs of their trip.

The funds were allocated from council's 2016-17 Developing and Recognising

Talent Program.

In 2016 the team was in Division 3 of the Championships and came third so they were upgraded for the 2017 competition and placed 14 out of 19 teams.

The Woy Woy Peninsula Netball Association's 15 years team also competed in the Division 2 State Age Championship in Liverpool.

The association's 12 years and 15 years teams competed in Divisions 3 and 4 which were held in

Campbelltown.

Girls registered to play club netball within the Woy Woy Peninsula association are required to attend a series of try-outs for places in the representative side for their age group.

A total of 10 players end up being chosen for each representative team.

They then compete in eight representative carnivals between Newcastle and Sydney during February and March

to determine their grading for state-level competitions.

The 13 years team came away from the 2017 State Age Championship confident they could make it to the top 5 in division 2 in 2018.

SOURCE:
Agenda item 3.2, 28 Jun 2017
Central Coast Council
ordinary meeting
Interview, 6 Jul 2017
Tamara Newman,
Woy Woy Peninsula
Netball Association
Reporter: Jackie Pearson

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The Entrance

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Charity event attracts 38 bowlers

Sporties at Woy Woy had 38 bowlers turn up for their June charity event.

Despite wet weather and the absence of some regulars, the group still raised \$1230 for Central Coast Kids in Need.

Contributions were also made from the Woy Woy Social Club and F45 Gym

Woy Woy.

Central Coast Kids in Need raises money to assist families who have seriously ill children with prolonged illness.

The money is used to defray the costs of accommodation for the families while their children are receiving their treatment and to cover travel costs, equipment requirements

and pharmacy accounts.

Some \$328,000 was distributed to 249 families in 2015-16.

So far, \$247,000 has been provided to 253 families in 2016-17.

The group next meets at Sporties on July 16.

SOURCE:
Media release, 18 Jun 2017
Ken Dixon, Woy Woy
Charity Bowls

THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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NEWSPAPERS

central coast

Sport



Local players Miguel Cullen Green, Captain Claudio Lucini (centre), Max Lucini (right) are ready to block a free kick from Northern Beaches (Sydney) and (back), local goal keeper Steven Collins; Peninsula Thunder U17 won the match

Australia Floorball Open hosted at Woy Woy

The 2017 Junior Australian Floorball Open has been hosted by the Peninsula Floorball Club at the Peninsula Leisure Centre, Woy Woy.

After the success of 2016's inaugural Open, Peninsula Floorball Club were invited to organise the second Open, which took place from July 5-9.

Peninsula Floorball Club welcomed over 300 children and adolescents (age groups ranged from Under 9 to Under 17) and their parents, coaches and supporters from all over Australia and New

Zealand for the event.

As part of the five-day event, various workshops were run to bring children from different clubs together.

The event also included specific training sessions with national and international players and coaches, yoga, movement and sports nutrition workshops.

Representatives from the International Floorball Federation led coaching and refereeing workshops.

The Opening Ceremony took place in the Peninsula Leisure Centre on Wednesday, July 5.

It was followed by training

sessions with national and international coaches.

All the grand finals were played on Saturday, July 10.

In the last few years, Peninsula Floorball Club has developed and coached over 10 Australian national players (Under 19, men and women) who have and are still representing Australia at world championship qualifiers and world championships.

Floorball in Australia is a relatively small but rapidly growing sport.

In December 2008, the Federation and the sport of floorball received recognition from the International Olympic Committee and officials are in high hopes that the sport will be included as an official Olympic Sport in the very near future.

Floorball was played as a demonstration sport at the 2013 Special Olympics World Winter Games and was played as an official sport at this year's games.

Peninsula Floorball Club is now the biggest and fastest growing club in Australia and has the most juniors of any club (from Under 9 to Under 17) playing.

SOURCE:
Media release, 23 Jun 2017
Bettina Lucini, Peninsula Floorball Club



U15 Pakenham (Victoria) player showcasing safety goggles



Goal keeper in full gear



Nele Schulz (Peninsula Thunder U15s) fighting for the ball against Western Export (WA) player

TIDE CHART

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Time - Height(m)

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10 MON	0308 0.41 0902 1.36 1436 0.54 2107 1.80	11 TUE	0345 0.40 0941 1.37 1515 0.55 2145 1.79	12 WED	0422 0.40 1022 1.38 1557 0.57 2223 1.76
13 THU	0501 0.41 1105 1.38 1642 0.59 2303 1.70	14 FRI	0543 0.42 1151 1.40 1730 0.62 2347 1.64	15 SAT	0626 0.44 1241 1.42 1826 0.65
16 SUN	0038 1.56 0714 0.45 1335 1.46 1929 0.66	17 MON	0136 1.48 0805 0.46 1433 1.52 2041 0.64	18 TUE	0243 1.42 0901 0.47 1534 1.60 2157 0.58
19 WED	0354 1.39 1000 0.45 1635 1.71 2308 0.48	20 THU	0503 1.40 1059 0.43 1733 1.82	21 FRI	0013 0.36 0608 1.42 1156 0.39 1830 1.93
22 SAT	0110 0.26 0707 1.46 1251 0.36 1923 2.00	23 SUN	0203 0.18 0801 1.49 1345 0.35 2015 2.04	24 MON	0254 0.15 0855 1.50 1437 0.35 2104 2.02

APPROX. TIME LAG AFTER FORT DENISON

Ettaalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

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ARTHRITIS CREAM

Reduces Osteoarthritis pain and improves joint mobility.

NON GREASY • FRESH SCENT • STAINLESS • FAST ABSORBING

\$18⁹⁹
ea

SAVE \$4.96
OFF RRP †

Arthro-Aid Direct Arthritis Cream 114g*



CRAMPEZE
NIGHT CRAMPS*

Contains Homocysteine-free copper, used to provide relief from and helps to reduce the risk of:

MUSCLE CRAMPS
SPASMS
TIRED LEGS

120 CAPSULES
NEW & IMPROVED FORMULA
DIETARY SUPPLEMENT

\$24⁹⁹
ea

SAVE \$9.96
OFF RRP †

Crampeze 120 Capsules*



CRAMPEZE
NIGHT CRAMPS **FORTE**

DOUBLE-STRENGTH MAGNESIUM PLUS FEVERFEW™

May provide relief from the symptoms of:

✓ MUSCLE CRAMPS
✓ SPASMS
✓ TIRED, RESTLESS LEGS

60 TABLETS
DIETARY SUPPLEMENT

ADDED BENEFITS OF VITAMIN B COMPLEX (B1, B3 and B6) & VITAMIN E

\$21⁹⁹
ea

SAVE \$10.96
OFF RRP †

Crampeze Forte 60 Tablets*

SAVE 60% OFF RRP†
Pain Away range on sale in store*



\$13⁹⁹
ea

SAVE 10.96
OFF RRP †



\$13⁹⁹
ea

SAVE 10.96
OFF RRP †



\$13⁹⁹
ea

SAVE 10.96
OFF RRP †



\$13⁹⁹
ea

SAVE 10.96
OFF RRP †

Pain Away Arthritis Pain Relief Spray 100ml* Pain Away Arthritis Pain Relief Cream 70g* Pain Away Heat Relief Cream 70g* Pain Away Sports Pain Relief Cream 70g*

UMINA BEACH 315 West St, Umina Beach, NSW 2257
Ph: 4241 1488
Mon - Fri: 8:30am - 5:30pm
Saturday: 8:30am - 3pm
Sunday & Public Holidays: 9am - 3pm

you save
CHEMIST

On sale until 31/07/17 or until sold out. % off is on everyday store prices and may vary at each store and online. * RRP – the save prices listed are calculated from supplier RRP at time of preparation. YouSave Chemist may not have previously sold the product at the RRP due to our discount policy. * We reserve the right to limit quantities, and correct pricing and print errors. Ask our Pharmacist or healthcare professional whether this preparation is suitable for your condition. Always read the label and use as directed, if symptoms persist see your health care professional. Incorrect use could be harmful. Vitamin supplements are not a substitute for good nutrition or balanced diet. Weight loss products are only beneficial when taken in conjunction with sensible lifestyle factors. ^ Breastfeeding is best for babies. Please consult your health care professional for advice before using this product.