



An aerial view of the proposed nursing home site



An artist's impression of the proposed development

Application to build nursing home on bush block

A Section 96 application has been lodged to modify a consent given by Gosford Council in 2007 for a development on a 1.6 hectare block on the corner of Hillview St and Veron Rd, Woy Woy.

The change would see the development change from a 56-unit retirement village to a 160-bed nursing home, costing \$27.85 million.

The block contains a protected stand of Umina Coastal Sandplain Woodland endangered ecological community.

Thompson Health Care lodged the application on April 13 for a Section 96 amendment to allow a modification for the land to be used as a "residential care facility".

Due to the value of the proposed development exceeding \$27 million, it will be subject to approval by the Joint Regional Planning Panel.

The residential care facility would include resident recreational spaces, staff and operational facilities and 53 car spaces in addition to 160 beds over three storeys.

Central Coast Council must be satisfied, under Section 96 (2) of

the Environmental Planning and Assessment Act 1979, that the development to which the modified consent relates is substantially the same development as that for which consent was granted.

If the application is not for substantially the same development then the developer would be required to submit a fresh Development Application.

The capital cost of the modified development would be \$27.85 million.

The Statement of Environmental Effect lodged with the Section 96 application said that the land was "partly occupied by remnant Umina Coastal Sandplain Woodland ... contained within a designated bushland protection/conservation area."

Gosford Council holds a positive covenant over the land which spells out an environmental management plan for the bushland.

"The approved development footprint and internal roadway access has been cleared of remnant vegetation," the developer's Statement of Environmental Effect said.

The proposed nursing home would provide the 160 nursing home beds in 152 rooms including a 20-room dementia wing.

The new application takes the approved built form from two to three storeys, reduces basement car spaces from 70 to 52, redesigns the main reception/entry and "maintains the existing approved site bushland/conservation area".

According to the developer, "the overall size of the approved building footprint is being slightly reduced (-206 square metres) as a portion of space that was previously approved as part of the internal building envelope is being converted into external, ground-level, open-courtyard landscaping".

The building footprint would be reduced from 3164 square metres to 2958 square metres but the addition of a third level would increase the gross floor area from 6427 square metres to 9164 square metres, increasing the floor space ratio from 0.55:1 to 0.79:1 (still under the 1:1 allowed for seniors housing).

According to the developer's statement, there is no maximum building height applicable to a residential care facility on the subject land so Council can use its discretion as to whether or not it modifies the consent.

The height of the built form will increase "slightly" to accommodate

a third residential level and the steeply pitched roof is proposed to be modified to a flat roof form.

Gosford's LEP2014 has a maximum permissible building height of 8.5 metres which both the approved and proposed developments would exceed.

The developer has asked Council to allow the proposed building height on the basis they believe it "does not result in a significant increase in bulk and scale when compared with the approved development... is not visually evident from the public domain... sits well below the surrounding tree canopy... and does not result in any overshadowing."

During 2006 and 2007, a proposal to develop seniors living for 41 dwellings on the site with community and recreational facilities was refused by Gosford Council.

The refusal was then upheld by the Land and Environment Court.

Gosford Council then approved a revised application for the development of 37 self-care units, a community hall and indoor swimming pool.

Five subsequent modifications to the approval increased the number of units in the development.

The original consent was modified on five occasions, the last permitted 56 sole occupancy dwellings, community hall, indoor swimming pool, 70 car spaces, car wash bay, ambulance space and the bushland protection/conservation area.

The approved built form included a basement car park, two residential levels and a high pitched roof.

The land was advertised for sale in late 2015.

At that time Gosford Council stated that "Section 95 of the Environmental Planning and Assessment Act 1979 states that a DA is valid for five years from the date of approval."

"As such, this DA would now have lapsed, however, if the land-owners can demonstrate that there has been physical commencement on the site, the DA may still be considered valid."

"The onus is on the land-owner to prove that physical commencement has occurred and for this reason, council cannot provide a definitive response."

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THIS ISSUE contains 36 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

Central Coast

Office: 120c Erina Street, Gosford
Phone: 4325 7369
Mail: PO Box 1056, Gosford 2250
E-mail: editorial@centralcoastnews.net
Website: www.centralcoastnews.net



News

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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Commercial Operator:

Cec Bucello for Central Coast Newspapers

Journalists: Jackie Pearson, Dilon Luke

Assistant Journalists:

Jarrold Melmeth, Madeline Trevethan, Emma

Reece, Tynan King **Graphic Design:** Justin

Stanley **Photo Journalist:** Noel Fisher

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All accepted contributions also appear on our website.

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Below-average rainfall for May

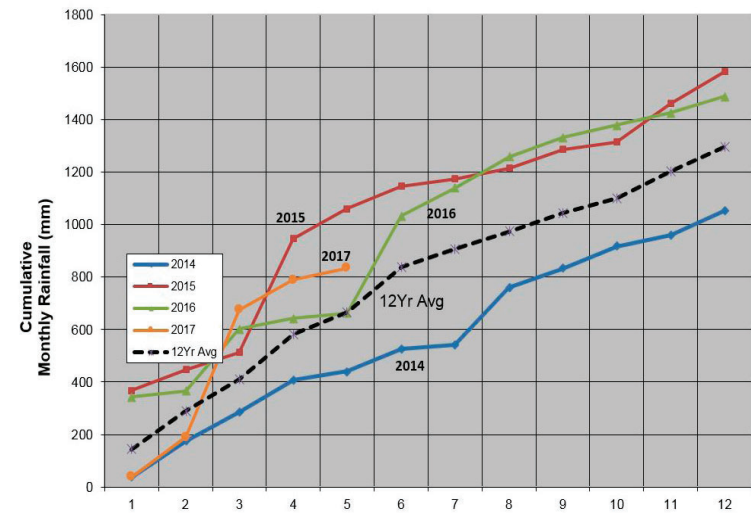
May has been a dry month on the Peninsula with only 43mm of rain recorded to May 26 compared to a monthly average of 84mm.

According to Mr Jim Morrison of Woy Woy's rainfall data, the cumulative rainfall for the first five months of 2017 is still tracking above average.

Mr Morrison has recorded 832mm for the year to date compared to an cumulative average of 665mm.

A particularly wet March when total rainfall of 485mm was recorded for the month was the main reason for the cumulative total for the year managing to keep tracking above average.

To date, for May, falls of more than 5mm were recorded on two



days only, the second-lowest for the year thus far, and only four rain events have been recorded at over 1mm during May.

In the three months prior to

May, the number of days with over 5mm of rain falling were eight, 15 and five; the number of rain events greater than 1mm were 13, 20 and 10.

YOUR CHANCE TO WIN

Peninsula News and The Harbour Agency would like to offer one lucky reader a double pass to see the Ted Mulry Gang, TMG, at the Laycock Street Theatre on June 24 and a live CD.

TMG is on the road again to celebrate the 40th anniversary of their hit Jump In My Car with their This One's For Ted Tour.

Ted Mulry passed away in 2001 and his younger brother, Steve, will tour with the original members of TMG who will be together for the first time in 25 years.

Steve sang two songs with the

band at the Gimme Ted benefit in 2001, and got the thumbs up from his big brother.

As Ted was also the bass player, the band has acquired the services of original ACDC bass player and good friend, Mark Evans.

Drummer Herm Kovac announced, "The band is excited to do some shows and we feel Steve and Mark are the perfect fit."

For your chance to win the double pass and Live CD, write your name, address and daytime phone number on the back of an envelope and mail it to Peninsula News TMG Competition, PO Box 1056, Gosford, NSW, 2250.

Entries close at 5pm on Thursday, June 8.

The winners of the Peninsula News Rumors Competition were Geraldine Poulton of Umina, Tarni Grace of Ettalong, and Gloria Monck of Booker Bay.



Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

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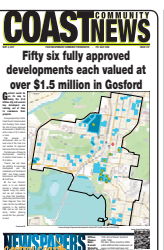
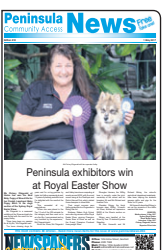
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Application to build nursing home on bush block

From page 1

Central Coast Greens spokesperson, Ms Kate da Costa, called for the protection of the bushland when it was advertised for sale.

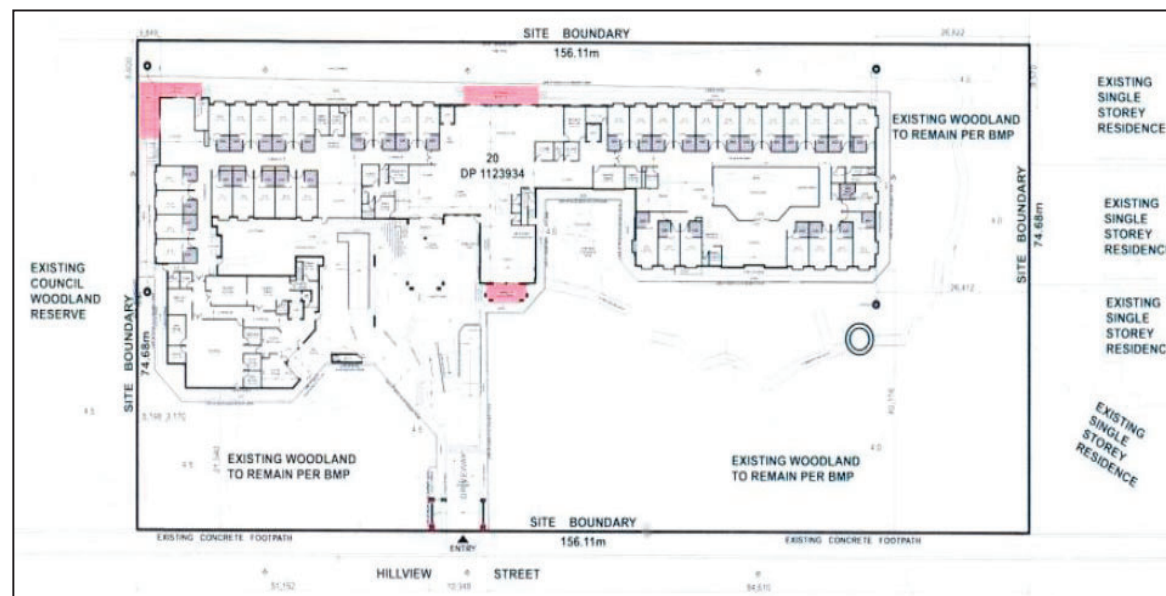
"It forms a crucial link in a fragile but important corridor leading across the suburb to Correa Bay," she said.

"The Greens call for the highest level of protection for the vegetation on the block, to help preserve the corridor."

According to the Statement of Environmental Effect lodged with the latest Section 96 application, Central Coast Council emailed the developer on May 30, 2016, to confirm that, based on evidence provided "of site preparation works carried out prior to the date upon which the consent would have otherwise lapsed (May 14, 2012) that Development Consent 30219/2006 has 'commencement'".

The achievement of commencement means the developer has perpetual consent to complete their development on the site.

"Primary evidence of 'commencement' was provided



Plans for the proposed nursing home development

to Council on a 'commercial in confidence' basis and can be reissued to Council if required.

"Consequently, Development Consent 30219/2006 Part 6 is now able to be further modified in the manner sought by this application, with the consent of Council," the developer's statement claimed.

According to the developer's statement: "The following physical

works and other actions have been carried out under the authority of Consent 301219/2006 prior to when the consent would have otherwise lapsed on May 14, 2012.

"Part of the subject land has been registered with the Land Titles Office as conservation land for protection in perpetuity; site security (fencing) measures have been taken to prevent vandalism;

and a financial contribution of \$225,000 has been made to the Council's Environmental Trust Fund.

"Water and sewer connections ...have been designed and constructed."

A Professional Consultation Meeting was held with Council officers on September 6, 2016 and the minutes from that meeting

include advice from Council to the developer about legal tests that would have to be passed for the nursing home to be treated as a Section 96 modification rather than a brand new DA.

"A proposal can only be regarded as a modification if it involves alteration without radical transformation," the meeting minutes said.

"The term radical transformation is a very broad term leaving much scope to change a development consent via Section 96," the minutes said.

"The consent authority must also be satisfied that the modified development will be substantially the same development as authorised."

SOURCES:

Website, 13 Apr 2017

Central Coast Council Gosford
DA Tracker, DA30219(07)/2006

Media statements, 6 and 7 Jan 2016

Paul Anderson, Gosford Council

Media statement, 7 Jan 2016

Kate da Costa, Central
Coast Greens

Articles, 12 Feb 2007,
Peninsula News

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8.00am till 1.00pm Rain, Hail or Shine.**

Gosford City Farmers' Market
Gosford Racecourse,
4 Racecourse Rd, Gosford West



Car struck by train

Police are investigating after a car was struck by a train when the vehicle got stuck on the tracks at the Rawson Rd level crossing on May 12.

Emergency Services were called to the railway level crossing on near Railway St at Woy Woy shortly after 6pm.

Police believe that a 65-year-old woman attempted a left hand turn as she drove over the crossing and the vehicle became stuck on the tracks.

Members of the public

attempted to assist the woman, but the car was not able to be moved.

At this time, the boom gates and bells activated at the crossing for an oncoming train.

The train driver applied emergency brakes upon seeing the vehicle.

The train came to a rapid halt with impact restricted to a minor collision.

No one was in the vehicle at the time and no one was injured.

The car suffered minor damage but the train was found upon

examination not to be damaged.

Police from Brisbane Water Local Area Command and the Police Transport Command attended.

Both the train and car drivers were breath tested with a negative result.

The train was allowed to continue its journey while the woman's car was taken from the tracks with minor damage.

SOURCE:

Media release, 13 May 2017
NSW Police Media

Council to apply for emergency dredging

Central Coast Council will apply for emergency dredging of the Ettalong Channel, following a roundtable discussion chaired by Central Coast Parliamentary Secretary Mr Scot MacDonald.

The discussion, held on May 18, was attended by representatives from the Department of Premier and Cabinet, the Department of Industry Lands and Forestry, NSW Roads and Maritime Services, Central Coast Council, Peninsula Chamber of Commerce and Fantasea Cruises.

Mr MacDonald said the meeting was convened following concerns about the sediment build-up in the waterway.

"As a result of today's discussion, Central Coast Council will submit a

request to the NSW Government for emergency dredging work to be completed at Ettalong Channel to provide an immediate, short-term solution to the problem," Mr MacDonald said.

"While a long-term solution for the continued management of the channel wasn't reached today, all parties have agreed to work together to resolve the issue," he added.

The Department of Industry offered to assist Central Coast Council to prepare an application for the next round of funding available in the NSW Government's Rescuing Our Waterways program, which covers up to 50 per cent of the cost of dredging projects undertaken by a Council.

SOURCE:

Media release, 18 May 2017
Kit Hale, Office of Scot MacDonald MP

Booker Bay cemetery rejected

A proposal to list Booker Bay cemetery in Bogan Rd on the Gosford planning scheme has been rejected by Central Coast Council after objections from residents.

Instead two trees at the site will be listed.

In support of its listing, the Council found it had "historic and social significance as the resting place of victims of the historic shipwreck of the SS Maitland in

Maitland Bay.

"The cemetery site has local historic significance as an early burial ground and resting place of early pioneers of the area.

"The site has scientific significance for its potential for research.

"Although the curtilage of the cemetery has been greatly reduced and the site is affected by residential development, this does not diminish its significance.

"The pine trees are a distinctive and landmark feature of Booker Bay."

One letter was received in support of its listing but four letters were written in objection.

"Many of the owners have notified of their objection to the heritage listing.

"No one is sure where the burials are exactly within the identified cemetery site," one objector said.

Central Coast Council agenda item 2.1, 24 May 2017



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We value your feedback and all submissions will be considered as we finalise the Plan.

Submissions must be made by
5pm Tuesday 13 June 2017



I want to be 'catalyst of change', says Tesch

Member for Gosford Ms Liesl Tesch has told State Parliament in her maiden speech on May 11 that her priority was "to be the catalyst for the positive change that the region is crying out for".

"I believe my life experiences have given me the skills, resilience and vision to achieve this."

Ms Tesch said she had a "wonderfully privileged childhood, but not in the traditional sense".

"My sister Trudii and I grew up in a caravan, built by our father, an architect who spent much of his life designing low-cost, sustainable housing as an ideological solution for a burgeoning society.

"We lived in a number of locations on the coast of New Zealand's South Island with five cats, three goats, a rabbit and a pig.

"We wore bare feet in summer, gumboots in winter, and enjoyed bush tucker as a regular part of our diet.

"It wasn't a normal family environment, but it was one that allowed us to connect directly with nature from a very young age and to always appreciate and revere the natural world.

"This experience has created a lasting interest in the importance



Ms Liesl Tesch, Member for Gosford, gives her maiden speech in the NSW Legislative Assembly

the human stewardship of the environment and the preservation of green space within community.

"While my sister Trudii studied nursing and paid HECS, I was lucky enough to commence university in the post-Whitlam era, without the social or financial barriers to tertiary education that are emerging today.

"It is a top priority for me to make education and training financially accessible for the next generation to reduce their risk of being left behind.

"I'll always champion the

value of quality education and continue to fight to reinstate the jobs and training spaces that have been taken from young people in TAFE courses across NSW. "We must increase the number of apprenticeships and support employers to adopt training policies that not just employ youth, but equip them with training for future innovation in Australia and the world.

"I have a vision to transform Gosford into a thriving energised business and social community, the capital city of the Central Coast

with a beating heart, a waterside community that people are proud to call home.

"The people of the Gosford electorate are not Greater Sydney and as such the area needs development particular to our needs and identity, expanding on all that we already have to offer.

"We must be recognised and resourced as a region.

"The importance of inspiring, extending and supporting education and employment opportunities for young people cannot be underestimated in

society, especially on the Central Coast.

"In one of my last lessons as a geography teacher, we discussed as a class the youth unemployment rate of the Gosford electorate, which currently stands at almost 17 per cent.

"Eden, a Year 10 student, came to me at the end of the class remarking that, when taking those statistics into account, five kids in the class of 30 would not get a job.

"Not to mention, as a young Aboriginal man, Eden's outlook for employment may even be statistically worse.

"These are sobering statistics and a reality that I hope to change.

"I've been a teacher for over 25 years, and 20 of those have been in public education on the beautiful Central Coast.

"I have seen the fantastic work that our teachers and principals do, educating our youth and helping them become active members of our community.

"There is much we can learn from leading world-class education systems, such as those with decentralised school structures, without the over-investment in one-off, standardised tests that artificially categorise both students and teachers."

SOURCE:

Speech, 11 May 2017

Liesl Tesch, Member for Gosford

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News

Council rejects seniors' housing in Empire Bay

Central Coast Council has rejected a planning proposal for seniors' housing in Empire Bay Dr, Empire Bay.

"The development represents an isolated residential use which is out of character with the surrounding rural-residential character of the locality and would set an undesirable precedent for similar ad-hoc proposals," said a report from council staff to administrator Mr Ian Reynolds.

"The land is unsuitable due to a range of ecological and physical restraints," the report said.

"The site is located in an isolated, out of centre location and is an unsuitable location for an aged person's development.

"Servicing issues for the development are unresolved.

"The proposal is not supported by any local or regional planning strategies."

The report also argued that the proposal was inconsistent with: the Central Coast Regional Plan 2036; State Environmental Planning Policy 19 Bushland in Urban Areas; and Ministerial Directions on Environmental Protection Zones, Flood Prone Land and Implementation of Regional Strategies.

In addition, the report to Mr Reynolds argued the site comprised vegetation mapped as Regionally Significant Vegetation Community E22ai – Narrabeen Coastal Blackbutt Forest.

"The site provides suitable



An Aerial view of the proposed Seniors Living development

habitat for a number of threatened fauna species known to occur in the locality which utilise the hollow bearing trees are located on the site.

"The site also forms part of a biodiversity corridor which links Bouddi National Park in the south to Cockle Bay Nature Reserve to the north east.

"The site is located upstream of a State Environmental Planning Policy 14 wetland.

"Impacts on the local hydrogeology associated with cut and fill, erosion and sedimentation to this sensitive ecological receptor have not been demonstrated.

"The Initial Preliminary Review of the Site's Biodiversity Values (dated May 11, 2016) stated that the portion of the site currently zoned 7(a) Conservation would remain largely undisturbed by the proposed development.

"The subsequent bushfire assessment of the site by Clarke Dowdle and Associates does not support this statement and identifies that a significant area of bushland within the 7(a) Conservation zone will need to be cleared to meet Planning for Bushfire Protection 2006 requirements for Senior Housing," the report said.

The subject site was located within the deferred matters lands under the 2014 Gosford Local Environmental Plan and was zoned part 7(c2) Scenic Protection (rural small holdings) and part 7(a) Conservation under Interim Development Order 122.

Seniors housing was not permissible in the 7(c2) zone under IDO 122 or NSW Seniors Housing planning policy.

In 1982, a development application was submitted for a retirement village comprising 95 self-contained units and a 15 room hostel on the 7(c3) Conservation and Scenic Protection (Coastal

South) zoned portion of the site.

The former Gosford City Council granted development consent to the proposal but the consent was never acted and lapsed in January 1986.

In May 1983 Sydney Regional Environmental Plan No 6 Gosford Coastal Areas rezoned the 7(c3) Conservation and Scenic Protection (Coastal South) portion of the site to 1(d) Rural (Urban Investigation).

In July 1998, the Gosford Local Environmental Plan No 351 commenced, resulting in the rezoning of the 1(d) Rural (Urban Investigation) zoned land on this site to 7(c2) Scenic Protection (Rural Small Holdings) under the IDO 122.

A Planning Proposal was lodged with the former Gosford Council in October 2011 seeking to permit Seniors Housing development but was not supported by Council at that time.

The proponent has lodged a request with the NSW Department of Planning and Environment (DP&E) for a rezoning review because Council has not determined a further Planning Proposal lodged in 2016.

It is expected that the matter will be considered by the Joint Regional Planning Panel meeting on June 8.

SOURCE:
Central Coast Council agenda
item 2.4, 24 May 2017



Interior images from Arcare Parkinson

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The Liberals say they won't cut Medicare



But after four years of Liberal cuts to Medicare:

Nurses tackle NSW Premier over plans to privatise Wyong Hospital

"Patients will be compromised if they don't have access to a public hospital."

Daily Telegraph, 9 February 2017

GP FEES RISE TO \$78 AS DOCTORS ABANDON BULK BILLING

"As the Medicare freeze bites... a flood of doctors are abandoning bulk billing."

Herald Sun, 19 October 2016

BULK-BILL BREAKER

"The proposed \$650 million in cuts could mean patients would have to fork out for tests."

Central Coast Express Advocate, 13 May 2016

You can't trust the Liberal's Lucy Wicks with our

medicare

News



Ms Ros Sumner president Pearl Beach Arboretum, Phil Westlake, and Pearl beach Progress Association President Mr Peter Romey

Phil Westlake is farewelled

The Pearl Beach Arboretum has farewelled Mr Phil Westlake who had been involved with the arboretum and the broader community for over 30 years.

Mr Westlake joined the arboretum in 1983 and retired over 30 years later.

He became vice-president in 1984, then president eight years later for 15 years.

During his time with the arboretum, Phil was credited with a number of significant achievements.

These included managing the fire recovery following the significant 1990 fire which destroyed a large area; negotiating with the State Government, Council and property owners to preserve an additional area as a wildlife corridor, connecting the arboretum with the adjoining National Park areas; negotiating a significant bequest to the arboretum; and building a bush-style cottage for volunteer use and to provide storage for equipment.

Phil has sold his property in Pearl Beach and is leaving the

area.

At his farewell event in the arboretum on Sunday, May 21, the presidents of both the arboretum and the Progress Association spoke of his significant contributions to the community.

He was presented with a life membership of the Progress Association. He had previously been awarded life membership of the arboretum.

SOURCE:

Media release, 25 May 2017
Ros Sumner, Pearl Beach Arboretum

Conservationists question nursing home application

The Australian Conservation Foundation Central Coast Branch has questioned the transparency and validity of a decision by Central Coast Council to consider a Section 96 variation on a five-year-old development consent for land on Hillview St, Woy Woy.

Branch president Mr Mark Ellis said: "Conservationists on the Woy Woy Peninsula are wondering about the transparency of the DA process within the Central Coast Council."

Mr Ellis said he called on Council to require a new DA for a proposed 160-bed nursing home on the corner of Hillview and Veron Road, as he believed the previous application expired in 2012 without the formally-approved development ever being properly commenced.

"That is five years ago and 11 years after the Land and Environment Court case prevented the Umina Sand Plain Woodland Endangered Ecological Community from being cleared for an aged care

development," he said.

"Members of the branch are also exasperated that the administrator and council planning staff could even allow this new development a section 96 when there has been no action on the site to keep the DA alive and it is a complete departure from the previous DA with a near triple increase in the number of units proposed, along with height and bulk which will have an impact on the remaining vegetation.

"The planting plan is not sympathetic to the surrounding vegetation either.

"The previous owners did not adhere completely to the court conditions and now new owners are looking to use the previous conditions as evidence for work on the site.

"Umina Coastal Sandplain Woodland is currently only known to survive in three small areas at Umina Oval, McEvoy Oval and Umina High School and at a tiny remnant at Little Patonga Beach.

"The total area still surviving in 2002 was estimated at less than two hectares.

"Understorey has been removed at Pearl Beach and for this development.

"It has been so long since the original DA was approved many factors have now changed ecologically on the site and socially around the Peninsula, along with changes to this endangered habitat.

"To add insult to the community, the Council requires 50 significant objections for it to be heard," he said.

"We are not opposed to sustainable developments that are sensitive to environment and local surrounds.

"This fulfils neither and is an abuse of the process."

SOURCE:

Media release, 24 May 2017
Mark Ellis, ACF Central Coast



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LUCY WICKS MP
Federal Member for **Robertson**

Authorised by Lucy Wicks MP, Level 3, 69 Central Coast Highway, West Gosford NSW 2250.

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4322 2400 lucy.wicks.mp@aph.gov.au

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Council to establish design panel

An Urban Design Panel will be established by Central Coast Council as part of the ongoing push to regionalise decision-making across the new Local Government Area.

The panel will assess all development applications in the new Central Coast LGA of four or more storeys.

Each review will be completed by one panel member only on a rotational basis.

"In response to an increasing population, Council is seeking to promote a range of housing options which are able to be delivered in a timely, environmentally and socially responsible manner," Council staff said in a report to the Administrator, Mr Ian Reynolds, recommending the formation of the new Urban Design Panel.

"Good urban design and architecture are essential in creating a vibrant, active and liveable city particularly in higher density locations," the report said.

"Council plays a major role in the assessment of development applications and is seeking to establish an Urban Design Panel that will provide staff, Council and the Joint Regional Planning Panel

with independent urban design advice in order to make decisions on major developments that will produce quality built form and public domain outcomes."

President of the Peninsula Chamber of Commerce, Mr Matthew Wales, said he welcomed the decision to form the panel.

"The Peninsula Chamber of Commerce has welcomed Central Coast Council's decision to seek expressions of interest for a new Central Coast Urban Design Panel," Mr Wales said.

"The business community sees this as a welcome step in ensuring the highest possible quality in urban design at a time when the Central Coast and the Peninsula are seeing strong growth in the residential and commercial market space.

"We understand that the new Panel will provide an independent design review of significant projects for both private and public developments across the region," he said.

"It is extremely important that future growth in the region is mirrored by high quality design and the best possible urban outcomes.

"However, many in the building and development industry are

frustrated by current delays in processing development applications especially for larger developments.

"While this is a positive step forward for design excellence, the business community will be seeking assurance that the design review process will be independent and will not act as a choke point for development applications.

"We will also be seeking assurance that the process will not hinder the assessment of development applications within the mandatory 40 days," he said.

From 2004 until 2014, Gosford Council had a Design Review Panel under SEPP 65 Design Quality of Residential Flat Buildings but resolved to discontinue it in 2013 and rely on architectural commentary provided by internal staff.

However, the report to Mr Reynolds did not argue for a SEPP 65 panel but for a panel comprised of "a field of architecture and urban design experts who can be called upon to provide independent design critique and proactive and feasible design advice.

"It is proposed to establish a panel of architecture and urban design specialists who

can be contracted on an as needs and rotational basis to provide independent design review commentary in relation to development applications.

"This will prevent contradictory design views being presented to the applicant; minimise the need to coordinate meetings of various designers; minimise the length of meetings, reduce minute taking and secretarial functions.

"The members will deliver practical and pragmatic design advice and outcomes which are appropriate for the local market and respond to market constraints.

"The members will be bound by the terms of reference and will promote the delivery of good quality housing options; local development and investment; practical design solutions which are affordable and responsive to locality specific market conditions, design which contributes positively to the public domain and design which responds to coastal conditions when necessary."

According to the report to Mr Reynolds, Council already had charges in place that would cover the cost of the panel member.

"An appropriate fee is included within Council's fees and charges

which seeks to recover Council's cost while minimising the cost to the applicant.

"The current fee is \$2400 for the first referral and \$1845 for any second or subsequent referral to the Urban Design Panel.

"Based on an approximate hourly rate of \$230 to 260 per hour, this will allow for over four hours of assessment against SEPP 65 and the relevant planning controls, site inspection and discussion with staff and/or the applicant where required.

"As such, the fee collected from the applicant will cover the professional service charges which would be charged to Council by the panel member and related administrative costs."

Mr Reynolds said an expressions of interest process would be used to select panel members but the terms of reference did not specify their tenure.

SOURCES:

Agenda item 2.2, 24 May 2017
Central Coast Council
ordinary meeting
Media release, 24 May 2017
Matthew Wales, Peninsula
Chamber of Commerce

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Des Milligan dies, aged 91

Mr Desmond Patrick Milligan, the younger brother of Spike Milligan, died at age 91, on May 17.

Mr Milligan and his family first came to Woy Woy in the 1950s when his parents decided to settle in the coastal town.

Both Milligan brothers spent time in the family's home at Orange Grove.

After the passing of his older brother in 2002, Des continued to spend time at the Orange Grove house and played a fundamental role in the establishment of Spike Fest with the former Gosford Council.

Mr Milligan had enjoyed a distinguished career as a newspaper artist, illustrator and cartoonist with John Fairfax and Sons.

The younger Milligan's wife, Nadia, died in 2007 and he was diagnosed with dementia in 2015.

He is survived by his son Michael, grandchildren Valeria and Gianfranco and great-grandchild Esperanza.

Meanwhile, Woy Woy Library has received more than \$188,000 under the Public Library Infrastructure Grants program to create an exhibition space within

the library to display a unique collection of original Spike Milligan family memorabilia.

The proposed museum-quality Spike Milligan Exhibition Space is set to attract visitors from around the globe, due to the culturally significant collection of photographs, recordings, video and diaries.

To allow for the exhibition to be properly housed and displayed, upgrades to the library include: mobile shelving, new floor planning, preparation of Milligan Collection resources, installation of museum showcases, audio-visual equipment and furniture for exhibition and lounge area, as well as revitalisation of the existing Spike Milligan room.

The Spike Milligan Exhibition Space is scheduled to open in 2018, which also marks the centenary of Spike's birth, and provides the ideal opportunity to celebrate the existence of this significant collection.

SOURCES:

Website, 20 May 2017

The Goon Show Live

Facebook page

Sydney Morning Herald,

19 May 2017

Media release, 9 May 2017

Ian Reynolds, Central Coast Council

New alcohol-free zones proposed

A review of current alcohol-free zones is being undertaken by the Central Coast Council and new zones are proposed for Empire Bay, Ettalong, Patonga, Pearl Beach, Umina Beach and Woy Woy.

The proposed new alcohol-free zone for Empire Bay is on Sorrento Rd from Boongala Ave to the foreshore and the foreshore end of Kendall Rd to the junction of Shelly Beach Rd and Rickard Rd including the War Memorial area.

In Ettalong, new alcohol-free zones are proposed for Pacific Ave, Ocean View Rd from Whiting Rd to Broken Bay Rd and Picnic Parade from Bream Rd to The Esplanade.

It is also proposed to introduce a new Alcohol-free zone in Ettalong on Memorial Ave from just past Ocean View Rd to The Esplanade, along The Esplanade from Picnic Parade to Bangalow St, on Broken Bay Rd from Ridge St to Karingi St, from Karingi St to Lurline St, along Uligandi St and Beach St from Broken Bay to Lorinya Ave and along Lorinya Ave.

Alcohol consumption will not be allowed in Patonga Drive from the bottom of the hill to Bay St, Patonga.

Alcohol-free zones are also proposed for Pearl Beach along: Diamond Rd; Pearl Parade; Coral Crescent; Agate Ave; Beryl Boulevard from Coral Crescent to Diamond Rd; Pearl Beach Drive from Coral Crescent to Diamond Rd; Emerald, Amethyst

and Tourmaline Aves from Pearl Parade to Diamond Rd.

A new alcohol-free zone is also planned for Ocean Beach Rd, Umina, from Lone Pine Ave to Poziers Ave, along Poziers Ave from Ocean beach Rd to, and including, the laneway.

Lone Pine Ave from ocean Beach Rd to Dardanelles Ave, Umina and West St from Ocean Beach Rd to Springwood St will also be declared alcohol-free zones according to the Central Coast Council proposal.

The list of new alcohol-free zones for Umina is extensive; Ocean Beach Rd from The Esplanade to Wellington St; Berith St; Fyfe Lane; South St; Trafalgar Ave including the car park adjacent to the Surf Club; Norman St; Rickard St; Augusta St; The Esplanade from Sydney Ave to Augusta St; Oscar St; Alfred St and car park areas; Bullion St; Leslie St; Morris St; Hector St; Springwood St from West St to Clifford St; all of Clifford St and laneways within this area; the car park off Ocean beach Rd and The Esplanade adjacent to the surf club; and the car park off Melbourne Ave adjacent to Col Gooley Oval.

The Central Coast Council also intends to impose a number of new Alcohol-free zones throughout Woy Woy.

They will include: Ocean Beach Rd from McMasters to Kathleen St; McMasters Rd from Ocean Beach Rd to Fairview St; and Fairview St including the car park area adjacent to James Brown Oval.

New zones are also proposed

for the whole of Ross St, Rowan Rd, Mascot St and Kathleen St.

John Hoare Circuit (community centre), Railway St from George St to The Boulevard are also proposed locations for new alcohol-free zones in Woy Woy.

Others include: The Boulevard; Brick Wharf Rd; Chambers Place; Oval Ave; Blackwall Rd from Railway St to Charlton St-Victoria Rd including the entry to Austin Butler Reserve and Victoria Rd from Blackwall Rd to George St.

According to Council, the aim of an alcohol-free zone is to reduce alcohol-related crime, violence and anti-social behaviour in identified locations in order to help create a safer environment for the whole community.

"An alcohol-free zone relates to public roads, car parks and footpaths.

"However, these zones will not restrict outdoor dining licences where Council approval has been granted," the Central Coast Council's website said.

"The zones will be established for four years and Council is currently seeking feedback from the community regarding the proposed locations.

Feedback is invited by 5pm on Thursday, June 15 and can be provided via email to ask@centralcoast.nsw.gov.au or by post to PO Box 21, Gosford, 2250.

Further information is available from Rachel Jackson on 4325 8222.

SOURCE:

Media release, 25 May 2017

Ian Reynolds, Central Coast Council

Former student dies changing tyre

A former Brisbane Water Secondary College student from Woy Woy has been killed while attempting to change a flat tyre at Crows Nest.

Police have confirmed Ms Tegan Miller, who had moved to Sydney from Woy Woy just a few

days beforehand, was the 24-year-old woman who died in the early hours of Sunday, May 21, after she was hit by a minibus on the Warringah Freeway.

Ms Miller suffered fatal injuries to which she succumbed at the scene.

A man who had stopped to help Ms Miller with her tyre was treated

for shock.

The male driver of the minibus was taken to hospital for mandatory blood and urine testing.

Friends and family of Ms Miller have since flooded social media with tributes.

SOURCE:

Media release, 21 May 2017

NSW Police Media

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Chamber warns caution on sea level predictions

The Peninsula Chamber of Commerce has called for caution in response to flood mapping from Coastal Risk Australia released by NSW Greens MP Mr Justin Field based on a "plausible" sea level rise of as much as 2.7 metres by 2100.

Mr Wales' comments were in response to the release of new flood level predictions showing greater impacts from sea level rise on the Peninsula than previously expected.

The Central Coast Council has based its Coastal Zone Management and Flood Plain management planning for the Peninsula on a Sea Level Rise prediction of 0.9 metres by 2100.

The latest revised prediction from the US National Oceanic Atmospheric Administration has declared it plausible that a Sea Level Rise of as much as 2.7 metres by 2100.

Coastal Risk Australia has declared that communities such as those on the Peninsula will be at greater risk of flooding as a result of the revised predictions.

"The Chamber is seriously concerned over the implications of the Coastal Risk Australia mapping and the validity of the sea level rise predictions," said Peninsula Chamber President, Mr Matthew Wales.

"The mapping, which incorporates the US National Oceanic Atmospheric Administration revised, reveals a growing number of NSW communities at risk from surging seas under climate change including the Woy Woy commercial centre".

"We have examined the interactive maps which are available at coastalrisk.com.au which show significant impacts on the Woy Woy town centre, Oak Street at Blackwall and along the Booker Bay foreshore", Mr Wales said.

"The Chamber has expressed a high note of caution over the information shown on the mapping.

"It is important to fully test the validity of the sea level rise mapping and ensure that the data is used carefully.

"Everyone should be careful about data surrounding rising sea levels and other climate change impacts.

"No one is suggesting that these impacts should not be addressed.

"It's an issue as to how the data is collated and used to safe guard development in the future.

"The Chamber is calling for a measured approach to climate change and the impact on our commercial centres.

"At the moment, the business community is focused on revitalising town centres, especially Woy Woy so the use of climate change information has substantial impacts on redevelopment through the setting of minimum floor levels and flood-proofing basement carparks.

"It is incumbent on the NSW State Government to ensure that the use of all available data, including the new mapping by Coastal Risk Australia, is used responsibly to ensure sustainable outcomes for future development in coastal risk areas," he said.

SOURCE:

Media release, 24 May 2017
Matthew Wales, Peninsula Chamber of Commerce

NEWSPAPERS Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

MAY 18, 2017

YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369

ISSUE 158

St Hilliers chosen to develop the remainder of the former Gosford PS site

The NSW Government has announced St Hilliers as the successful proponent to acquire and develop the remaining 1.1 hectares of the former Gosford Public School site.

Building rubble potentially including bonded asbestos at Wamberal Beach remains exposed

Building rubble, potentially including bonded asbestos, and dangerously overhanging materials, remain exposed at Wamberal Beach six weeks after Council and the EPA said they were working to clean them up.

Council's Operational Plan to spend over \$750m on essential services and capital works

Central Coast Council's first integrated draft Operational Plan and Budget to deliver \$551 million in essential services, and a record \$208 million in capital works is now on public exhibition.

Minister for the Environment questioned in Parliament over Mangrove Mountain landfill

NSW Labor Opposition spokesperson on the Environment, Ms Penny Sharpe, has put questions on notice to the Minister for the Environment about the landfill at Mangrove Mountain.

Federal Treasurer visits Gosford to sell the budget

Federal Treasurer, Mr Scott Morrison, has visited the Central Coast during the week commencing May 15 to sell the Government's 2017 budget.

Council welcomes Federal Budget

Central Coast Council welcomed the confirmation of funding for key projects in the Federal Budget.

Residents seek to have Lake View Village Development Application re-advertised

Ms Lea Lawler, an Avoca Beach resident who has been battling with Central Coast Council to have the Lake View Village Development Application (DA51538/2017) re-advertised, said her enquiries with Council have hit a brick wall at every turn.

Lucy Wicks provides details on Federal Budget

The Turnbull Government is making the right choices to ensure our nation's economic growth story continues to secure better days ahead for the Central Coast, according to Member for Robertson, Ms Lucy Wicks.

Labor slams Federal Budget as unfair

Labor's candidate for the Federal Electorate of Robertson, Ms Anne Charlton, labelled the 2017 Federal Budget as unfair towards Medicare, education, and TAFE and training on the Central Coast.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 117
May 23, 2017

Your independent community newspaper - Ph: 4325 7369

Coastal Zone Management Plan identifies areas at severe risk of erosion

Central Coast Council has revised its Coastal Zone Management Plan for the northern coastal areas, extending 33km from just south of Catherine Hill Bay to Crackneck Point, and is seeking community feedback on the proposed changes.

Developer uses Biobanking to try to obtain development approval in Glenning Valley

The Say No to Glenning Valley Development and Save Our Wildlife Campaigns have continued to mount a multi-faceted fight against a residential development on 64 hectares of bushland at Glenning Valley.

Warnervale residents still awaiting promised Woolworths retail centre after ten years

Residents in Warnervale's newer housing estates will be asked to petition Woolworths to fulfil its promise to develop a shopping centre in the burgeoning residential area.

Gateway determination sought for a 102 lot development at Chain Valley Bay

A planning proposal that will see land at Chain Valley Bay rezoned from E2 and E3 to E2 and R2 Low Density Residential, was endorsed by Central Coast Council Administrator, Mr Ian Reynolds, at the April 26 Council meeting.

Coastal Management Plan includes Sea Level Rise predictions

The Draft Wyong Coastal Zone Management Plan includes a directional shift in terms of Sea Level Rise policy for residents of the former Wyong Local Government Area.

Council's Operational Plan to spend over \$750m

Central Coast Council's first integrated draft Operational Plan and Budget to deliver \$551 million in essential services, and a record \$208 million in capital works is now on public exhibition.

Greg Best to stand for Council in Budgewoi

Former Wyong Councillor, Mr Greg Best, has thrown his hat in the ring to stand for election to the new Central Coast Council.

Budgewoi foreshore being upgraded

A section of foreshore at Budgewoi will be transformed with the much anticipated boardwalk set to activate the lakeside town.

House fire caused by child playing with a lighter

Hamlyn Terrace Firefighters who assisted with the containment of a house fire on Cutler Dve, Wyong, confirmed that the fire was caused by a child playing with a lighter in his bedroom.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

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Community invited to develop plan

A new, grassroots movement has emerged from Central Coast community members wanting to get party politics out of Local Government.

If that idea appeals to you, visit the Central Coast Community Plan's website where you can read the 18 policy topics the Central Coast community is being invited to develop.

This is not a political party; it is a wide-ranging group of concerned Central Coast residents wanting better local government for their community.

We Central Coast ratepayers have a once in a lifetime opportunity to help form our Council and set the standard of what we expect from them.

As a contributor to the policies on Roads and Transport as well as Housing, I highly commend this initiative.

At the meetings, that started last year, people from all sides of politics met to begin preparing the Draft Community Plan, written deliberately for the first Central Coast Council election in September.

Its purpose is to paint a preferred future for the Central Coast that candidates standing for election are encouraged to adopt.

The Draft Plan is divided into 18 key policy areas which can be accessed via the menu at the top of the website.

Each draft policy area is connected to a live feedback form that allows you to comment and make suggestions directly to the editorial committee who will review all feedback and amend the Draft Plan in real time, on the website.

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

The final document will be published August 1.

You can comment on the Draft Plan as many times as you like up until July 15.

There is also a Central Coast Community Plan Facebook page.

Please have a look and consider your options for a community directed Central Coast Council or one run by party politics and self-interest.

Where do you stand?

Email, 13 May 2017

Gregory John Olsen, Empire Bay

A closer review of DA30219/2006 is warranted.

The proposed multi-level nursing home facility raises serious questions.

General practitioners have agreed that there is a crisis on the Peninsula.

Grannyflats, urban consolidation and high rise buildings have added to the population without there being a corresponding increase in doctors.

It has been reported that residents are unable to consult local GPs due to practice workloads.

This situation has been acknowledged by the Member for Robertson, Ms Lucy Wicks, for action.

How will this nursing home facility manage the health of its patients when the Peninsula is in the grip of a doctor crisis?

Has Central Coast Council referred this DA to local GPs and specialists for their specific opinion about whether the site is suitable

Forum

for a nursing home?

Mr John Zavolokin, the then-developer, advised in 2004 that the proposed retirement village would occupy less than 31.5 per cent of the site.

I estimate this figure has doubled since 2004 based on the increased building footprint plus areas described as "bush management zone" that are too close to boundaries to maintain a healthy ecological vegetation system.

Maintenance of bush will require access for mulching, trimming, weeding, removal of organic matter and safety.

The same issues apply to a larger area which will require heavier equipment and organic removal.

All this adds to the area of vegetation loss not shown on the site plan.

Will actions on wildlife corridors and biodiversity offsetting mean

the equivalent area of biodiversity loss on the site be offset?

Who will be responsible for ensuring the biodiversity offset is not used to approve another development?

The environmental health of the region, a strategic direction of immense importance, will not be retained and will, in fact, be severely degraded over time by the loss of many surviving pockets of remnant vegetation..

The Umina Coastal Sandplain Woodland that covered over most of the Peninsula is struggling to survive the pressures of development.

Conditions that existed in 2006 do not apply in 2017.

Why am I commenting on this DA many years after its expiry date?

If this DA is approved, the Premier of NSW should sack the administrator and extend this amalgamation trial an extra 12 months.

Letter, 15 May 2017
Norman Harris, Umina



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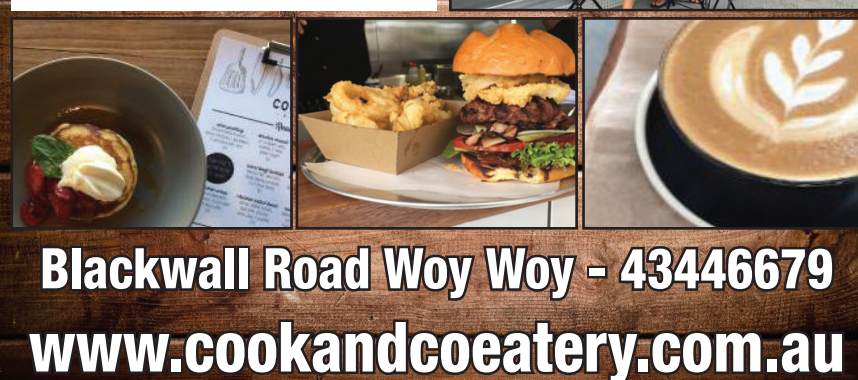
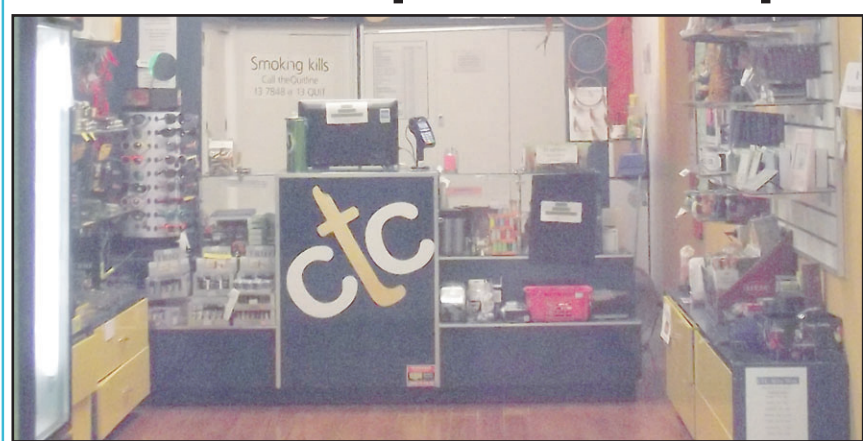
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Aged care provider employs chef

A Umina aged care provider has employed a local chef to bring a fresh approach to its food services.

Mr Paul McGuiness was employed to transform the food culture at Peninsula Village facilities, with a focus on wholesome and nutritious meals.

"Food is such an integral part of everyone's life and holds huge social and physical importance," said Peninsula Villages chief Mr Shane Neaves.

"We wanted to revive our meals and menus to ensure that our residents get a sense of enjoyment from the food they eat.

"This sparked our decision to take on a new approach to our food services by employing an experienced head chef to lead the team," he said.

"Paul has a wealth of experience in the dining industry having owned his own successful restaurant in Umina for almost 14 years."

Mr McGuiness' philosophy of developing rotational menus for residents and offering options for

dishes has seen an increased interest in what is on offer at mealtimes at Peninsula Village.

Dishes on the new autumn menu at Peninsula Villages include dinner favourites such as beef ragu, vegetable lasagne, tandoori chicken, risotto or Moroccan lamb, along with a selection of varied breakfast meals, sweets and lunch specials.

"Variety is such an important aspect of food within the aged care sector and our ethos for our menus is based on providing flavoursome and healthy meals that foster the social and enjoyment aspects of dining," Mr Neaves said.

Since starting the role, Mr McGuiness said he had found that it also comes with a number of unique challenges.

In particular, he said that encouraging people with dementia or high care needs to eat well and regularly can be difficult.

"The food culture at Peninsula Villages is always innovative and care-centred," Mr McGuiness said.

"Good food can be hugely

beneficial for people with health issues, dementia or with other high-care needs so it is important that not only the food is good, but that it is also appealing," he said.

"All menus are prepared and reviewed by our consultant dietitian and meals are adapted for residents changing needs, allergies or requirements.

"We also have specific dishes that are gluten free, vegetarian or dairy free," he said.

Aside from on-site meal preparation Peninsula Villages also offers eligible locals with a delicious and convenient home meal delivery service.

"To be able to use my food knowledge and love of cooking to improve the quality of life of older people is an amazing opportunity.

"I am pleased we can also deliver meals to older aged residents living at home within our community and that they are meals they actually love to eat," he said.

SOURCE:

Media release, 24 May 2017
Alison Orren, Brilliant Logic



Peninsula Village Chef, Mr Paul McGuiness, with two residents

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Health

Hospital staff support bowel cancer awareness

Staff from Brisbane Waters Private Hospital will be joining colleagues from across Australia in support of Bowel Cancer Awareness Month in June.

They will participate in the Bay to Bay Running Festival on Sunday, June 18.

The money raised by the runners will be used to raise awareness and provide support to the programs run by Bowel Cancer Australia, in its fight against Australia's second most common

cancer.

Hospital owner Health Care Australia's Central Coast Manager, Mr Matt Kelly, said the fundraiser is a wonderful opportunity for the staff to come together and take part in a fantastic community event.

"We encourage all Central Coast residents to come along on the day or visit our online fundraising page to support this worthy cause," Mr Kelly said.

SOURCE:

Media release, 18 May 2017
Haydn Murray, Gosford Private Hospital



Mr Charles Brock, Mr Wayne Meaney, recipients Ms Kathy Murphy, Mr Jared Campbell and President Vic Deeble

Aged care workers congratulated

An aged care provider has congratulated its employees who have received Pride of Workmanship awards from the Rotary Club of Woy Woy.

Ms Kathy Murphy received the vocational award for her outstanding contribution to BlueWave Living in her capacity as care manager.

"We are very fortunate to have Kathy in this role and her dedication to residents, staff and BlueWave Living is commendable," Ms Jennifer Eddy, CEO BlueWave Living said.

"Kathy has established herself as a hands-on leader with the ability to mentor and support staff."

Mr Jared Campbell received the apprentice award and, as the first maintenance apprentice at BlueWave Living, Mr Campbell has excelled in the role under the guidance of maintenance supervisor Mr Wayne Meaney.

"Jared has always shown politeness and a never give up attitude which were key attributes for this role."

"The feedback we receive from staff and residents is second to

none, making Jared a valued employee of BlueWave Living," Ms Eddy said.

"BlueWave Living is proud to have a wonderful team with a truly diverse skillset," she said.

The Pride of Workmanship Awards is a program implemented by Rotary and recognises employees of local businesses who have shown exceptional service, commitment and pride in what they do.

SOURCE:

Media release, 12 May 2017
Kylie Scott, BlueWave Living

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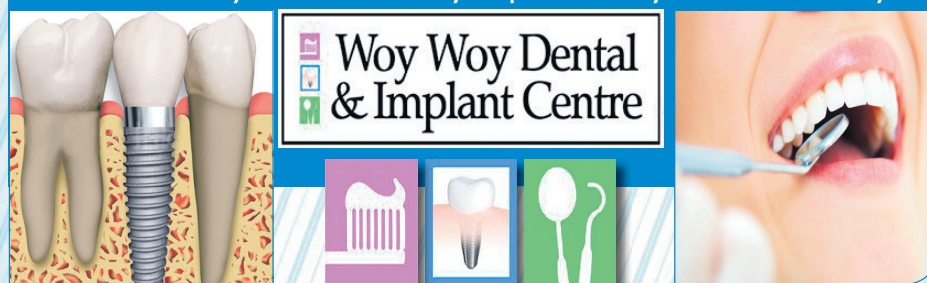
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Children with autism taught to swim

The Peninsula Leisure Centre has started teaching swimming to children with autism spectrum disorder.

Leisure Centre instructors have been certified with national water safety and swimming specialists, Autism Swim, and are now armed with the tools and techniques to help children as young as two years with the disorder become confident and capable in the water.

Central Coast Council's group leader Ms Julie Vaughan said this specialist skill base was a necessary and potentially life-saving tool.

"Drowning is among the leading causes of death in young people with autism spectrum disorder.

"More than 90 per cent of fatalities in children with the disorder under 14 years of age are a result of accidental drowning," Ms Vaughan said.

"Certified Autism Swim instructors are provided with ongoing training, support and consultancy to ensure they are equipped with the necessary skills and knowledge to effectively support and teach individuals with the disorder, in relation to all things swimming and water safety."

Swimming offered many other

benefits for young people with the disorder and their families, she said.

These included fulfilment of sensory needs in a low stimulation environment; gross motor output, an essential self-regulation tool; increased coordination, mobility and balance; cognitive benefits including increased communication skills through skill development; increased fitness, joint stability, muscle strength and tone; assistance in training body sensation, body awareness, joint position, spatial awareness and posture control; and increased confidence through

skill development and a positive social outlet.

Participation in swimming lessons year-round has proven benefits for all young people, Ms Vaughan said.

"The continual development of water safety skills is essential for all young people, especially given the nature of our lifestyles and our coastal environment.

"Swimming programs at the Peninsula Leisure Centre offer awareness, skill development, fitness and fun for all participants throughout the year."

The Centre is currently offering a second swimming lesson for \$10

per week, for anyone with a regular booking paid via direct debit over the winter period.

SOURCE:

Media release, 16 May 2017
Julie Vaughan, Central Coast Council

Trash and treasure raises money for fire brigade

The Wagstaffe-Killcare Community Association raised \$5460 at its annual Easter Trash and Treasure Market at Wagstaffe Hall.

The funding will be used as a donation to the local Rural Fire Service for training supplies and support and to pay for new garden beds surrounding the hall.

"Under the watchful eye of Ms Fay Gunther, the hall was awash with many helpers and people delivering goods to sell, with the collection rolling on from Thursday night and all day Friday," said association president, Ms Peta Colebatch.

The doors of the hall opened to eager purchasers from 9am on

Easter Saturday.

"Our community provided the trash that became treasure, and our many volunteers cheerfully sorted the goods, arranged them and sold them, and then sorted the leftovers again afterwards.

"Some of the leftovers went to charity, and the rest to the skip but luckily many children enjoyed sifting through the skip outside when it was all over, and to our delight liberated some of the goods from landfill," she said.

Ms Colebatch also thanked Central Coast Council for covering the cost of the skip bin.

SOURCE:

Newsletter, 4 May 2017
Peta Colebatch, WTKCA

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Mood and Back Pain

Not much longer and we will celebrate winter solstice.

Some of us love the cold and enjoy bushwalking and riding the push bike throughout the coming months, but maybe you do not like the now very short days and can't wait for spring and summer.

When it is dark and cold, many of us just want to curl up and not move at all.

A hot cup of tea and a good book sound just about right.

With the lack of movement, unfortunately, come many complaints.

Headaches, muscle tension, lack of energy and generic body soreness are widely described symptoms among people who suffer from seasonal lack of movement, and lower back pain is most likely one of the most common complaints that the chiropractors of this clinic come across.

Slouching, curling up on the couch and generally not moving enough can lead to changes in posture when we sit and walk.

This, paired with muscle tension, can lead to subluxation of the spine and ultimately to back pain.

Muscles in your back pull on the ligaments and eventually, the bones of your spine (vertebrae) move out of position and create pressure on, or irritate spinal nerves.

During the winter months, when we feel a little under the weather, we might experience physical pain as more severe than we usually would and 'normal back pain', all of a sudden, is experienced as very severe.

There are a few things that you can do at home to help release muscle tension.

Gentle stretching exercises are incredibly important to prevent further pain.

Your chiropractor can show you the correct way and the right stretching exercises for your condition.

Warm compressions, such as a heat pack, can also help relieve muscle tension.

Watch your posture.

Grandma was right when she

said to keep your shoulders back and your head up.

If you are sitting while reading this article, get out of the chair now and do your stretches.

Massage can help ease muscle tension.

There are many qualified and health fund accredited massage therapists on the Peninsula and your chiropractor is happy to recommend one that suits your needs.

Have fun, laugh, hug someone you love – it all reduces stress.

To help prevent back pain, get out of your chair at least once every hour and stretch, drink enough water or herbal teas, and eat seasonal foods, including lots of fresh vegetables.

Your chiropractor may recommend a spinal adjustment to release the spinal subluxation.

Regular chiropractic treatment will help your body to stay on top of your game and reduce interferences in the nervous system.



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Education



Ryan of 3C with his brand new bike

Students collect \$23,000 through splashathon

Umina Beach Public School students have collectively raised more than \$23,000 through the school's Splashathon.

Various prizes were up for grabs for students involved.

A student from 3C raised the most money, winning a bike donated by a real estate agency.

Class 1H was the class that

collectively raised the most money and scored themselves a pizza party with Salty the Seagull on June 2.

P and C president Ms Jody Reith congratulated the winners and thanked those who volunteered for the Splashathon.

A total of \$27,300 has been raised through the Easter Raffle, Splashathon, Election Day BBQ

and Mother's Day.

The money raised has funded many projects including new technology, classroom supplies, wifi to the Kindergarten building, guided readers, home readers, creative arts and sports programs and new uniforms for the school's soccer and rugby teams.

SOURCE: Newsletter, 23 May 2017 Jody Reith, Umina Public School

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Preschool starts online program

The Woy Woy Public School Guliwali Preschool has implemented a Storypark program.

"Storypark is a secure, private online space to ensure the children at Guliwali Preschool receive the best support possible and that the families of our preschool are involved and up-to-date with their child's development," said principal Ms Ona Buckley.

"Storypark provides each child with an online community that is accessed and controlled only by the educators, parents and other chosen family members of that child.

"Parents and carers can choose to add their own stories or leave comments and feedback for children and our teaching team.

"Parents and carers can also choose to share these stories with family members if they wish to do so.

"Adding extended family members allows the children to have an authentic audience who

are genuinely interested in their learning.

"Storypark helps educators, children and families: Improve understanding of each child's interests and abilities so they receive even better support, deepen relationships and strengthen communication.

"They can share videos, photos and text capturing children's learning and development.

"Parents can create a portfolio of their child's learning that travels with your child and can be accessed by the parent.

"The Guliwali Preschool team has considered the aspects of cyber safety and we have made sure our teaching team have the knowledge and skills to ensure we are cyber safe.

"It is not open for anyone to read, it is a password-protected private space for families and educators."

SOURCE: Newsletter, 18 May 2017 Ona Buckley, Woy Woy Public School

Primary parents invited to College forums

The Brisbane Water Secondary College is holding forums at Woy Woy Public School to inform parents about its policies, programs and achievements.

Parents will be asked for their input into future directions for the Umina and Woy Woy campuses.

This year the forums are open to parents from Preschool to Year 6.

"It is a great opportunity to find out about your local high school

campuses and to ask questions and offer suggestions and ideas that you would like to put forward," said Woy Woy Public School principal Ms Ona Buckley.

The forums will be held on Tuesday, May 30, and Wednesday, May 31, Week 6 of the school term.

The forums will be held from 9am-9:30am and 6pm-7pm on both days at Woy Woy Public School.

SOURCE: Newsletter, 4 May 2017 Ona Buckley, Woy Woy Public School



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Community group seeks views of residents

The Bays Community Group has sought the views of its members and residents about the future of the community of Horsfield, Phegan;s and Woy Woy Bays.

The Bays Community Group president Ms Cathy Gleeson said: "Building on the success of the Bays Community Group's events, projects and activities, the group is seeking your views and ideas for the future of our three beautiful bays.

"The Bays Community group has been going for many years, first as the Bays Progress Association and latest becoming ...an incorporated association," Ms Gleeson said.

"Over the past 17 years, the group has saved community ownership of the hall and renovated the building to become a vibrant community asset with a strong team of volunteers and members," she said.

"The three bays have a population of approximately 1400 people and 580 households.

"In 2017-18, the group is hoping to increase the number of members and volunteers.

"Key objectives are to: represent the residents of the three bays; enhance the Bays' environment; improve wellbeing of residents;

create a dynamic environment to protect our shared natural heritage; and manage, maintain and improve the Bays' Community Centre.

"To this end the Bays Community Group, over the years, has carried out many projects including: producing a local newsletter and raising funds to publish Our Beautiful Bays, a local history; holding the annual Bays Wine, Cheese and Art evening each July; campaigning for safer and better access into Horsfield Bay; organising the painting of bus shelters in each of the bays; supporting the local Rural Fire Service and local bush regeneration activities; and holding the Kids' Disco.

"To stay on track, the group needs to know what residents want as local priorities."

The Bays Community Group has been distributing a Community Survey and has asked for the completed survey to be returned by June 18.

"The plan is to provide feedback on the results of the survey at the general meeting on June 21, the Sunday Breakfast on June 25 and in the July newsletter."

SOURCE:
Newsletter, 24 May 2017
Cathy Gleeson, Bays Community Group



Ms Manny Pusic, Mr Brent Walker, Ms Annette Karton, Ms Anne Charlton and Ms Nicole Mottlee

College funds cut by \$1.87 million, says Charlton

Funding for Brisbane Water Secondary College will be cut by \$1.87 million following the Federal Budget, according to Labor candidate for Robertson Ms Anne Charlton.

Brisbane Water Secondary College women's co-ordinator Ms Manny Pusic said: "My concern is that the outcomes that we are getting for our students will be reduced when services are gone.

"A number of programs that we offer, especially when it comes to disability, have achieved a lot for this school," Ms Pusic said.

"These cuts mean the equity we have built here is under threat," she said.

Umina campus principal Mr Brent Walker said: "These funds help guarantee the wonderful school programs like the Aboriginal Education Officer and disability services Brisbane Water Secondary College also offer.

"Without these funds, it will make it harder for schools like BWSC Umina to reach their full potential."

College P and C Association committee member Ms Annette Karton said: "After these cuts, we're going to have to seriously think about rolling back on some of these programs.

"It's just not fair for our children. "These cuts will risk our students' ability to get employment.

"It may mean they are more likely to be unemployed," she said.

"This is a massive growth area for enrolment," said Teachers' Federation representative Mr Mark Rae.

"Brisbane Water Secondary College offers a range of programs that keep students engaged and enrolled especially in the transition

from Year 6 to year 7," Mr Rae said.

"These cuts mean students in our local schools won't have the same opportunities they need to get a good education," he said.

The Woy Woy Public School, Woy Woy South Public School and Umina Beach Public School will also be hit with by cuts ranging between \$475,000 to above \$634,000, Ms Charlton said.

"Under the Federal Government's cuts, all schools across the Peninsula won't meet the Student Resource Standard; the basic amount of funding required per student, by the end of the current funding commitment," she said.

SOURCE:
Media release, 25 May 2017
Anne Charlton, Labor Candidate for Robertson

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Out&About



The Stage 3 dance group in their Pon Pon Pon costumes

Dance group places second

Umina Public School's Stage 3 dance group has performed its Japanese-themed dance "Pon Pon Pon" at Gosford High School. The performance was part of the

annual Gosford City Performing Arts Challenge Eisteddfod. The group placed second in the primary school category. The result has been a shot in the arm for the group which are now

busily rehearsing for the Central Coast Dance Festival auditions in June. SOURCE: Newsletter, 23 May 2017 Carolyn Glover, Umina Beach Public School

No Budget help for Peninsula, claims Charlton

Labor's candidate for Robertson, Ms Anne Charlton, has claimed the Peninsula has not received any substantial new money in the Federal Budget. Ms Charlton said roads funding announced by the Member for Robertson Ms Lucy Wicks was "not new money". "Ms Wicks said the government has committed an additional \$7.2m to fix Ryans Rd in Umina, Murray St and Davis St in Booker Bay, among other roads across Robertson. "In fact, these were promises Ms Wicks announced last May during the 2016 election campaign." Ms Charlton said: "Labor would also like to know how Ms Wicks' announcement of \$100,000 will fix

the GP crisis on the Peninsula." She said the money would go to a new working group "to consider fixing the issue of GP shortages on the Peninsula". "Perhaps Ms Wicks can explain how this investment will actually contribute to a single new GP service on the Peninsula," Ms Charlton said. "This announcement proves the Liberals are determined to do nothing to help people on the Peninsula already struggling to see a local doctor. "The government also delayed its reversal of the cuts to Medicare until 2019, leaving many Peninsula locals to pay more to see the doctor for another two years." SOURCE: Media release, 11 May 2017 Anne Charlton, Labor candidate for Robertson

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Volunteer fireman honoured

Mr Allan Ferguson has been honoured for giving 42 years of dedicated service to the NSW Rural Fire Service.

Mr Ferguson was one of 71 volunteers from the Central Coast District presented with long service medals by Central Coast Parliamentary Secretary Mr Scot MacDonald and fire service assistant commissioner Mr Stuart Midgley at a special ceremony in Doyalson on May 21.

"Allan first joined the Killcare/Wagstaff brigade in 1974 and since then, transferring to Empire Bay, has held the positions of brigade president and deputy captain," said Mr MacDonald.

Volunteers were honoured by the NSW Rural Fire Service (NSW RFS) for their ongoing commitment to the local community on.

Mr MacDonald commented that the medal recipients had accumulated 1381 years of service between them.

"This is a testament to the ongoing commitment shown by Central Coast volunteers to both the fire service and the local community," Mr MacDonald said.

"The hard work and professionalism of all Central Coast District volunteers does not go unnoticed.

"It is an absolute honour to present these awards and to take a moment in which we can reflect upon the outstanding achievements of these members," Assistant Commissioner Midgley said.

SOURCES:

Media release, 22 May 2017
Stuart Midgley, NSW RFS



Bikers from across NSW will come together to donate funds and items to Mary Macs this June

Bikers to support Mary Mac's Place

Bikers from motorcycle clubs across the Central Coast and Sydney are expected to ride in aid of Mary Macs Place, Woy Woy, on Saturday, June 3.

The event is part of an ongoing campaign to show publicly the support that motorcycle clubs give to charity, as well as raise concerns

about the spate of anti-association laws in NSW that are affecting many law-abiding motorcycle clubs.

The riders will gather at Central Coast Harley Davidson, in Manns Rd, West Gosford, from 10:30am and leave for a group ride at 11:30am to Woy Woy.

Arriving at Mary Macs Place

around 12pm, the motorcycle clubs will be donating cash, clothing and blankets for Mary Macs to use to help disadvantaged families.

Members of the public are welcome to attend, make donations and check out the motorcycles on display.

SOURCE:

Media release, 22 May 2017
Darren Driscoll, UMC NSW

Maintenance works for school office

Woy Woy Public School has announced some maintenance works for the school office.

The office was being painted during the first three weeks of Term 2.

Later in the term, the wooden stairs that front the office will be removed and replaced with concrete stairs.

SOURCE:

Newsletter, 4 May 2017
Ona Buckley, Woy Woy Public School

PRETTY BEACH MARKETS

Pretty Beach Public School

SUNDAY 11TH JUNE

9 AM - 2 PM

prettybeachmarkets.com

PRETTY BEACH P&C

NEWSPAPERS

EVERGLADES

COUNTRY CLUB WOY WOY

EVERGLADES COUNTRY CLUB JOIN TODAY!

**SOCIAL MEMBERSHIPS
GREAT REWARDS
COMPETITIONS & PROMOTIONS
REWARDS CLUB
WEEKLY MEMBERSHIP DRAWS
EVERYDAY REWARDS PROGRAM**

**ONE YEAR \$5
THREE YEARS \$10**

Don't forget to renew your membership.
Ask us about our sporting memberships.

Dunban Road, Woy Woy **4341 1866**

Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning and weaving,
patchwork and quilting, felting
and other fibre and fabric
crafts, community quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery
Watercolours, Oils, Acrylics,
Pastels, Silvercraft,
Patchwork & Quilting
Children's Art & Pottery
Mon - Sat 10am - 3pm
4341 8344
madogis@hotmail.com

Point Clare Art & Craft

Wed - Adult Art Class
Wed & Fri - Adult Crafts
Bunka Embroid, Cards,
Crotchet, Cross Stitch \$3
Point Clare Hall
10am - 12noon 4325 5007

Hospital Art Australia Inc.

Meet every Tue and Fri
9am-2pm - 109 Birdwood Ave,
Umina - Painting and Canvas
drawing. Volunteers welcome
hospitalartaaustralia.com.au
0431 363 347

Bushwalking

National Parks Association Central Coast

Twice weekly bush walks,
varying distances and grades
of difficulty. Explore, enjoy
scenery, fauna, floral, history.
Keep fit and make friends.
4389 4423 & 4332 7378

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Activities, programs and
support groups for children,
teens, adults and seniors
including occasional care,
playgroups, dance classes,
karate, fitness classes,
youth services, gambling
solutions, internet kiosk
and social groups.
www.coastcommunityconnections.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer
Lessons, Dancing, Indoor
Bowls, Fitness, Handicrafts,
Leatherwork, Line Dancing,
Painting, Scrabble, Table
Tennis, Tai Chi, Yoga, Darts
4341 3222

Central Coast Community Legal Centre

Not for profit service providing
free legal advice.
Monday to Friday
9am to 5pm
4353 4988
centralcoast@clc.net.au

Community Groups

ABC "The Friends" Support
group for Public Broadcaster.
Aims: Safeguard ABC's
independence, adequate
funding, high standards.
Meetings through the year +
social afternoons
Well-known guest speakers
www.fabcoasw.org.au
4341 5170

Central Coast Social Group

Social contact, entertainment
events, new friendships, for
30's-60's

Live music, house parties,
dinners, BBQs, picnics, trips
away etc.

Monthly Meet & Chat
0422 243 101
email cco30s@live.com.au

Central Coast 50+ Singles Social Group

Ladies & gents dinner, dancing -
BBQs & socialising each w/end.
Monthly programme for all areas
0412 200 571
0437 699 366
50psgg@gmail.com

Mingaletta Aboriginal Torres Strait Islander

Provides members and other
groups a meeting place and
referral hub for education,
health, well-being and cultural
programs.

Mon-Fri 9am - 4pm
6 Sydney Ave Umina
4342 7515

admin@mingaletta.com.au

Peninsula School for Seniors

Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft,
history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup

Carers, Grandparents, parents
& children 'Intergenerational
Playgroup'
Tues 10-11.30am
4344 9199

Probus Club of Woy Woy

Friendship, Fellowship,
and social functions
for active retirees.
1st Wed - 10am
Everglades Country Club
4344 7070

Seniors Computer Club Central Coast

Classes held Monday to
Friday for everyone over 50
Basics: Mon, Tues and
Thurs 10am to 12noon
Different programs every day,
10am to 12noon or 1pm to 3pm
Apple-Mac: Mon, Tues, Wed
All at our club rooms, Kincumber
Neighbourhood Centre
Bookings or inquiries
02 4307 9421

The Krait Club

Community Centre - Cooinda
Village, Neptune St, Umina
10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest
speakers, entertainment and
bus trips - 4344 3277

Umina Beach Men's Shed

Men share a variety of tools,
pursue interests and hobbies,
spend time with other men and
learn new skills
Darrell 4342 9606

Volunteering Central Coast

Refers potential volunteers
to community orgs. Supports
both volunteers and community
orgs. Training for volunteers &
their managers. 4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare Community

Protect and preserve the
environment & residential
nature of the Bouddi Peninsula
and to strengthen community
bonds

2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Health Groups

Al-Anon
If someone's drinking is
causing you problems...
Al-Anon can help
4344 6939
1300 252 666

Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW

Woy Woy support group
Woy Woy Bowling Club
North Burge Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing Australia - Central Coast

Hearing loss management
support and education.
7 groups across the Coast
Providing practical experience
and confidence
4321 0275
www.centralcoast.betterhearingaustralia.org.au

BlueWave Living

Woy Woy Community Aged
Care facility providing residential
aged care to the frail aged.
Permanent and respite care
accommodation available.
Information 2nd and
4th Tues - 11am
4344 2599
reception@bluewaveliving.org.au

Central Coast Parkinson's Support Group

We aim to help individuals and
their families better manage living
with Parkinson's Disease
Guest speakers are a regular
feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions

Gambling help counsellors
providing free confidential
professional service to
gamblers, family and friends.
Woy Woy, Kincumber,
Gosford and The Entrance
4344 7992

GROW Support Groups

Small friendly groups formed to learn
how to overcome anxiety, depression
and loneliness and to improve mental
health and well-being. Anonymous,
free and open to all. Bring a support
person if you like. Weekly meetings at
Woy Woy, Bateau Bay and Wyong
1800 558 268
www.grow.org.au

Meals on Wheels

Delicious meals delivered free
Join us for a midday meal
Help with shopping and
cooking classes
4341 6699

Mary Mac's Place

Providing hot, freshly cooked
meals - Mon to Fri 11am-1pm
with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

12-step fellowship for those
with eating disorders. No
dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
www.oa.org
0412 756 446

Peninsula Village Wellness Centre

Offering holistic and
complementary therapies
including aromatherapy,
massage and music therapy
4344 9199

Peninsula Village Meals

Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group

For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church,
380 Terrigal Drive, Terrigal
9.30am to 12 noon 4367 9600

www.pcfa.org.au

Riding for the Disabled

Horse Riding as a therapy
for those with intellectual or
physical disabilities.
Volunteers required. No
previous exp. necessary -
School hours only. Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Schizophrenia and Bipolar Fellowship

For Schizophrenia/Bipolar/
Mental Health sufferers,
family, carers and friends. .
1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Public Hospital Alliance

To restore medical services
previously available & upgrade
to a standard that meets with
local needs.
2pm 2nd Sat St Lukes Church
Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club

Everglades Country Club
2nd Tues 11am
Company, up-to-date info,
hydrotherapy, bus trips
4341 7177

Music

Brisbane Water Brass

Brass Band entertainment
for the community playing
all types of popular music.
Rehearsal every Tues
7.30pm-10pm
0419 274 012

Coastal a Cappella

Dynamic award winning
women's a cappella chorus
new members always
welcome.

Music education provided
Lots of Performance
opportunities, or hire us
for your next event.
0412 948 450
coastalacappella@gmail.com

Gosford Musical Society Minstrels

Entertain at various
venues on the Coast
seeking new members
Thur Night Laycock St
North Gosford 4341 4210

Soundwaves

Men's a-cappella 4 part harmony
chorus - all ages 7pm Mon.
Central Coast Leagues Club
John 0413 276 698
jthomson51@gmail.com

Troubadour Central Coast Folk, Traditional & Acoustic

Music and Spoken Word
Concerts, Ukulele
meets, and Sessions
4th Sat 7pm CWA Hall
Woy Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party
Political discussions, national,
state and local government
issues

Umina Ettalong Branch

2nd Mon Umina Beach Bowling
Club 7.30pm 4342 3676
Ourimbah/ Narara Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494

kyle.macgregor@hotmail.com

Woy Woy Branch

Everglades Country Club
7.30pm 2nd Mon
0412 517 520
belindaneal@bigpond.com

Peninsula Day Branch

1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens

Active regarding ecological
sustainability, social &

economic justice, peace &
non-violence, grassroots
democracy & getting
Greens elected
3rd Thur,
centralcoast.nsw.greens.org.au

Service Groups

Lions Club of Woy Woy

1st and 3rd Mon. Woy Woy
Leagues Club
0478 959 895
Make new friends and have fun
while serving your community.

Rotary Clubs

International service club
improves lives of communities
in Aust. & o/seas. Fun-filled
activities, fellowship and
friendship.

Rotary Club of Kariong

Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am 4340
4529

kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm

Everglades Country Club

0409 245 861

curleys@ozemail.com.au

0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades

Country Club.

Don Tee 0428 438 535

Special Interest

Brisbane Water Caravan Club

located on the Central Coast
and looking for new members
www.bwcaravanclub.wix.com/bwcc
4344 4363

Bridge

Duplicate Bridge Mon Tue Thur
Fri Sat-12.15pm
& Wed 9.15am

Brisbane Water Bridge Club,
Peninsula Community Centre
93 McMasters Rd.
Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie

50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy,
7.30pm. Proceeds to Woy Woy
Catholic Parish.
www.cphousie@hotmail.com

Central Coast Family History Society Inc.

Resources, information
& advice to study your
family's history.
1st Sat 1pm Lions
Community Hall, 8 Russell
Drysedale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service

Help with issues with landlords
& real estate agents? Free
telephone advice and advocacy
for all tenants and residents in
residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Lapidary Club, Minerals & Gems

Learn silverwork, cabochons,
faceting, enamelling, stone
fieldtrips & fossicking.
Weekly Workshops
Tues and Thurs 8.30am-2.30pm
Thurs evening 6-10pm
10 Ourimbah Creek
Rd Ourimbah
4362 2246

Central Coast Rescue Unit

Marine Education Courses.
Radio Licenses, Boat Safety &
Boat License & PWC License
Tests, Navigation, Seamanship
and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc

Gliding Club, Learn to fly,

Instruction FREE to members

Come and have an Air

Experience Flight

All Welcome

14 and up for Training

Flying at Bloodtree Road
Mangrove Mountain Thur, Sat,
Sun (weather permitting)
0412 164 082
0414 635 047
www.ccsoaring.com.au

Peninsula Environment Group

Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops,
organic food buying group
www.peg.org.au

Central Coast Goju-Kai Karate

Traditional Karate & Self
Defence for Teens & Adults
No Contracts, Cheap Rates
Wamberal - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-
kaikarate.com.au

Woy Woy Judo Club

3 Classes every
Tue, Thur & Fri
5.00pm to 8pm
Ettalong Leisure &
Learning Centre
Min age 5 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo Veterans Association

1st Sat F(except Jan) 1pm
Ettalong Beach
War Memorial Club,
51-52 The Esplanade.
4342 1107

Vietnam Veterans' Peacekeepers' and Peacemakers'

Assist all veterans & families
with pension & welfare issues.
Mon & Wed 9am-1pm 4344
4760 Cnr Broken Bay Rd &
Beach St Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and
welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to
1pm 4341 2594

Women's Groups

BPW Central Coast

Empowering women of all ages
in the areas of work, education,
well-being and friendship.
All women welcome to attend
monthly dinner meetings.
Be enlightened. \$40 covers
two course meal and speaker.
0438 989 199
bpwcentralcoast@hotmail.com
www.bpw.com.au/central-coast

Country Women's Association Umina

2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays 12.15pm
0416 193 070 - 4340 1746

Country Women's Association Woy Woy

Opposite Fisherman's Wharf
Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Gosford RSL Women's Auxiliary

For women over 18 years.
Raise money for welfare of
veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

Peninsula Women's Health Centre

Counselling, therapeutic and
social groups, workshops,
domestic violence and abuse
issues. All services by women
for women
4342 5905
www.cccwhc.com.au

NEWSPAPERS

Central Coast

If you would like your Community
Organisation listed here, see
www.duckscrossing.org or www.centralcoastnewspapers.com for
the forms or contact Central Coast
Newspapers on - 4325 7369



Woy Woy Lions Club members preparing their sausage sizzle



Hungry defence force families enjoying the Club's hospitality

Lions Club caters at reptile park event

Twelve members of the Lions Club of Woy Woy Peninsula catered for over 500 adults and children at the Australian Reptile Park on Sunday, May 21.

The guests were all families of Australian Defence Force personnel currently on active duty.

The day was arranged by the Defence Family Organisation and included a full day at the park with sausage sizzle and cold drink served by the Lions.

"The Lions had a great day working with our community with excellent feedback from these families and all involved," said Mr

Greg Head of Woy Woy Lions.

"The staff at the Reptile Park where excellent and added to the great day out," Mr Head said.

Mr Head said the Club was always seeking new community-minded members to get involved.

SOURCE:

Media release, 22 May 2017
Greg Head, Lions Club Woy Woy

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Tuesday, May 30

Good Morning Ettalong featuring Darren Williams, Ettalong Diggers Memorial Club, doors open 10:30am for 11am show

Friday, Jun 2

Exhibitions at Hardys Bay Art Space: Karen Bloomfield, Karen McPhee, Dale Montgomery Photography, Colin Tapping, Meg Lewer and Bren and Jude Weston Photography, Hardys Bay Club 5pm to 7 pm and Saturday and Sunday 12pm to 6pm

Saturday, Jun 3

The Camrys debut gig, Hardys Bay Club, 7:30pm

Sunday, Jun 4

Sydney Male Choir, St Luke's Anglican Church, Woy Woy, 2pm
Films and photographs, A Singular Woman (Marie Byles) and Peninsula Paradise, A Bouddi Society event, Wagstaffe Hall, 1:30pm

Woy Woy Little Theatre presents Neil Simon's Rumors, Peninsula Theatre, 2pm and June 9 and 10 at 8pm with a final 2pm

matinee on June 11

Blues Jam, Hardys Bay Club, 2pm

Monday, Jun 5

Accessible Arcade Wii U for you, Woy Woy Library, 3:30pm to 4:30pm

Thursday, Jun 8

STEAM Science, Technology, Engineering, Arts and Mathematics program at Umina Library weekly, 3:30pm to 4:30pm until June 29

Saturday, Jun 10

Big Yellow Moon Band, Hardys Bay Club, 7:30pm

Introduction to Design workshop at Ettalong Beach Arts and Crafts Centre,

Sunday, Jun 11

Pretty Beach Markets, Pretty Beach Public School, 9am to 2pm
Killcare Surf Life Saving Club 75th anniversary reunion, at Killcare SLSC from 2pm followed by a reunion dinner at 6pm
Top Cat Jam, Hardys Bay Club, 2pm

Thursday, Jun 15

Digital literacy workshop, Social Media, Woy Woy Library, 10am to 12pm

Saturday, Jun 17

British Invasion featuring Rod Caudill as Rod Stewart, Jeff Dunn as David Bowie, Lance Strauss as Elton John, Ettalong Diggers Memorial Club
Manana, Hardys Bay Club, 7:30pm

Sunday, Jun 18

Umina Beach markets, Peninsula Recreational Precinct, 9am to 2pm

Tuesday, Jun 20

Red Cross Tracing Service information workshop, find out how Red Cross looks for missing persons and what happens if they are found, Woy Woy Library, 2:30pm to 5:30pm

Saturday, Jun 24

Troubadour Folk Club featuring Mathew Fagan, CWA Hall, Woy Woy from 7pm
Jam with Rob Whiting, Hardys Bay Club, 2pm and Vera Grassecker, 7:30pm

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5217
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524
Professional support phone services:
Mental Health Line 1800 011 511
Beyondblue 1300 224 636

Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service 1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

ACCOMMODATION

ROOM, CABIN, CARAVAN?

Mature woman seeks a quiet place for regular three day respite from Sydney.
Ph or text:
0477 439 996

ASBESTOS REMOVAL

Asbestos Removal

Fully licensed and insured asbestos removals from houses, garages, sheds, bathrooms etc.
Ph: Tom **0422 653 794**
or **4393 9890**
Safe Work NSW Lic. AD212564

BUILDER

Carpenter

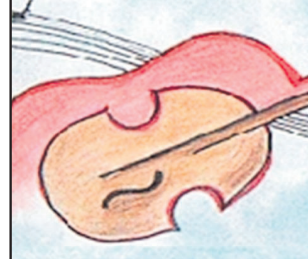
(Semi Retired)
Lic 1355c - Fully Insured
For all your home maintenance repairs and small jobs contact Max Hull for a friendly reliable service
4342 5893
0413 485 286
All quotes obligation free

DOORS&WINDOWS



Security : Entrance : Interior :
Bifold : Wardrobe Doors :
Aluminium Glass Sliding Doors and
Windows : Blinds : Awnings :
Alluminium Quickslat Screening :
Dog And Cat Doors : Fly Screens :
Locks : Wheels And Tracks
ALL MAINTENANCE AND REPAIRS
Unit 1/14 Alma Avenue Woy Woy
4339 2424
0402 186 546
POLICE MASTERS LIC 409982903
SECURITY LIC 2E409965334
CARPENTRY JOINER LIC 256823C

ENTERTAINMENT



The Troubadour
FOLK AND ACOUSTIC MUSIC CLUB
JUNE 24 AT 7PM
MATHEW FAGAN
CWA HALL WOY WOY
ENTRY: \$10, \$13 AND \$15
www.troubadour.org.au
4342 6716

KITCHENS

Quality Laminate Benchtops supplied and seconds for sale
R&J Benchtops
Gosford
0456 884 545

ANTENNAS

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

BOREWATER

Bores and Spears

Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.
Warren Greenway
Ph: **4341 7736**
Mob: **0408 225 390**
Lic No. DL1960

SMALL BUILDING JOBS

Carpentry, repairs, renovations, maintenance and alterations
Call Jes
0415 294 009
Lic 7428c

ELECTRICIANS

BKW

Electrical Services
Lic No:248126C
Lights - Fans -
Power - Reno's
Switchboards -
Security lights
No job too small
Call Ben on
0404 093 299

YOUR LOCAL ELECTRICIAN

Same day service
Guaranteed
Lighting, Power Points,
Phone & Data,
Fault Finding,
No job too small.
Seniors Discount.
Lic number 265652C
4308 6771

ENTERTAINMENT

BLUESANGELS

Your total acoustic blues/roots package, top to toe, and then some. Minnie the Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue.
tomflood@hotmail.com
4324 2801

CRAGGAN!

All aspects of small building work and property maintenance
25 years building experience
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See www.CentralCoastNewspapers.com or www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

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The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

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Andrew Thomson as Lenny Ganz tries to comfort an amorous Cassie Cooper (Adriana Nunez) in *Rumors*

Little Theatre production opens

**Woy Woy Little
Theatre's production
of the Neil Simon play,
Rumors, has opened at
the Peninsula Theatre.**

The play starts with Ken and Chris Gorman (played by Paul Karton and Kim Kelly) at the 10th anniversary party of New York deputy mayor Charlie Brock and his wife, Myra.

Unfortunately, things are not going quite to plan.

All the kitchen staff has gone, Myra is missing, and Charlie has shot himself.

Chris calls Charlie's doctor just as the doorbell rings.

In come Lenny and Claire Ganz (Andrew Thomson and Blair Cunningham) who have just been in a car accident.

Claire is convinced Charlie or Myra are having an affair.

Lenny declares they should call the police, but Ken disagrees.

Before they can agree on anything, another car shows up.

Claire opens the door to let in Ernie Cusack, a psychologist, (Scott Goodacre) and his eccentric wife Cookie (Sierra Phillips).

"And that's just the first 15 minutes of the play," said Little Theatre publicity officer Mr David Wicks.

"It's fast, it's furious and it's hilarious."

Also in the cast are Luke Kaalim, Adriana Nunez, Flynn Edwards and David Wicks.

Performances continue and some tickets are still available for Friday June 2 and 9 at 8pm; a Saturday matinee at 2pm June 10; Saturday, June 3 and 10 at 8pm; and 2pm Sunday matinees on June 4 and 11.

SOURCE:

Media release, 25 May 2017
David Wicks, Woy
Woy Little Theatre

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THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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NEWSPAPERS
central coast
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Out&About



Umina Beach Public School boys' softball team

Wins in softball and football

Umina Beach Public School's boys' softball and Rugby League teams have both recorded recent wins.

The softball team won its first game of the term against Point Clare Public School but went down to Empire Bay in their second bout.

The Rugby League team was out for glory with the return of the annual Rugby League Woy Woy Cup.

Umina Beach had two teams in the competition and both breezed through their first two rounds.

The senior team reached the

semi-finals but was ultimately beaten out by Kariong.

The Under-10s made the grand final but also went down to Kariong.

SOURCE:
Newsletter, 2 May 2017
Lyn Davis, Umina Beach Public School



The Umina Beach Public School under-10s NRL team

Tea with Balkan ensemble

Pearl Beach Memorial Hall will host An Afternoon Tea with the Balkan Ensemble, featuring Romanian gypsy violinists Tinel Dragoi, Peter Garrity, Ziva Altman and Danny Morris, from 2:30pm on Sunday, June 11.

The newly-formed Balkan Ensemble have a very rare and exciting program featuring a collection of Russian, Romanian Gypsy, Hungarian and Moldovan Folk music.

This music is from the heart and full of passion and brilliance and is renowned for its great tunes with sorrowful haunting melodies and fast virtuosic toe-tapping passages, according to Pearl Beach Progress Association publicity officer Ms Lynne Lillico.

"Dragoi comes from a well-known musical family in Bucharest. His father is a famous accordionist and still performs regularly.

"Music is a strong tradition in his family and folk tunes have been passed on orally from father to son for generations.

"Included will be favourite pieces such as Black Eyes and The 2 Guitars which are Russian folk melodies.

"Dragoi has over 20 years' experience as a performer and teacher.

"He holds a Bachelor of Arts (Honours) majoring in violin interpretation from the Conservatorium of Music in Bucharest, Romania, and has performed with orchestras around the world.

"Dragoi joins with string musicians Peter Garrity, Ziva Altman and Danny Morris.

Garrity, who will play the viola, graduated from Canterbury University with first class Honours, then moved to Sydney to work with Charmian Gadd at the Sydney Conservatorium.

"He completed his Masters in violin performance in Colorado on a full scholarship with Takacs Quartet.

"Garrity has broad experience touring at concerts and festivals of Europe.

"Currently, he is Head of Strings at the Central Coast Conservatorium.

"Altman, who will play the violin, is a Sydney born violinist and is a graduate of the Sydney Conservatorium.

"In 2001, she moved to The Netherlands, studying with Berent Korfer, Zakhar Bron and Shmuel Ashkenasi from Cologne and Lubeck, Germany.

"She has been a member of the Dresdner Philharmonic Orchestra, touring throughout Europe and has performed extensively as a chamber musician.

"Morris, who will play the cello, studied at the Sydney Conservatorium of Music and Canterbury University.

"He has had wide experience in chamber music, competing in the inaugural Melbourne International Chamber Music Competition with the Stringendo String Quartet.

"He was initially taught violin by his father and has recently taken it up again, along with the viola and double bass, performing with various groups across Sydney."

Tickets are essential.

SOURCE:
Media release, 22 May 2017
Lynne Lillico, Pearl Beach Progress Association

TIDE CHART

FORT DENISON

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Times and Heights(m) of high and low waters

Time - Height(m)

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29 MON	0514 0.27 1119 1.48 1658 0.55 2323 1.95	30 TUE	0612 0.33 1219 1.43 1756 0.62	31 WED	0019 1.83 0712 0.41 1321 1.41 1859 0.69
1 THU	0118 1.71 0810 0.47 1424 1.41 2006 0.74	2 FRI	0221 1.60 0904 0.52 1525 1.44 2116 0.75	3 SAT	0323 1.52 0954 0.55 1620 1.49 2224 0.73
4 SUN	0422 1.46 1040 0.56 1710 1.55 2324 0.69	5 MON	0515 1.43 1121 0.56 1753 1.62	6 TUE	0015 0.64 0601 1.42 1200 0.56 1832 1.67
7 WED	0100 0.58 0645 1.41 1236 0.56 1909 1.72	8 THU	0139 0.54 0727 1.40 1311 0.57 1944 1.76	9 FRI	0216 0.50 0806 1.40 1345 0.57 2018 1.79
10 SAT	0253 0.47 0845 1.39 1420 0.59 2053 1.80	11 SUN	0330 0.47 0925 1.38 1458 0.61 2129 1.80	12 MON	0408 0.47 1004 1.36 1535 0.63 2206 1.77

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

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Bowling club hosts prostate cancer fundraiser

Everglades Men's Bowling Club is hosting a prostate cancer fundraiser on June 17.

The event has been hosted by the bowling club over the last three years in honour of Umina Bowling Club life member Ron Pursehouse, who died from prostate cancer.

"Every year it gets bigger and better and with other clubs coming on board we can help purchase more vital equipment to benefit us and the rest of the community," said Umina Beach Men's Bowling Club publicity officer Mr Brian Dolan.

Over the past three years,

the event has raised more than \$30,000 in donations.

The event is open to the public who can come and do barefoot bowls for \$15 and a gold coin donation to enter into a raffle.

The event will commence at 3pm.

Mr Dolan said all funds raised will go directly to the Central Coast Local Health District to purchase equipment for the treatment of prostate cancer at Gosford and Wyong Hospital.

SOURCES:

Media release, 22 May 2017

Brian Dolan, Everglades Men's Bowls

Interview, 24 May 2017

Reporter: Emma Reece



Eagles celebrate 15 years

Ettalong Eagles Netball Club have celebrated a new milestone, with April 29, the official start of the netball season, marking the club's 15th season.

The annual open day in March was extra special for the Eagles players, who came out in force to celebrate 15 years of netball history.

The Eagles also celebrated

Isabella de Vivo, who nabbed the WWPNA's Megan Anderson Award on the day.

SOURCE:

Website, 29 Apr 2017
Ettalong Eagles Netball Club Facebook page

Woy Woy suffers stinging defeat

The Central Coast Rugby Union Competition is a third of the way through its season with teams desperate to lessen the gaps forming in the competition ladder.

In their Round 6 clash with Avoca Beach, Woy Woy suffered a stinging 21-10 defeat.

Despite being a tight match throughout, Avoca managed to take the lead and run with it until the end.

Woy Woy opened the scoring with an early penalty goal but the home-side answered this with 14 points of their own to close out the first half.

Woy Woy kicked off the second

half with some much needed points, bridging the score to 4-10.

From then on the match was up for grabs with both sides fighting hard for the win.

It was a converted try that sealed Woy Woy's fate.

Woy Woy had several very good players but none were better than Nick Garnett, Lapana Vitale, who scored their try, and Damien Fleming.

These two teams are just out of the top four and the next few weeks will be most crucial for them both in terms of the Finals Series.

SOURCE:

Media release, 22 May 2017

Larry Thomson, Central Coast Rugby Union

Lifejacket van visits Patonga

The Old4New van visited Patonga on May 14 to exchange old lifejackets for new at a discounted price

The van was located at the Patonga Creek Boat Ramp and shared advice with the public about lifejackets and drowning prevention.

Trained staff provided advice on choosing the right lifejacket for your height, weight, ability and water activity, and tips on lifejacket care and service.

"This is Old4New's fourth

season and the team is keen to get amongst the community to spread the word that there is a modern and comfortable lifejacket for everybody," said Secretary for the Central Coast, Mr Scot MacDonald.

"During this boating season, the van has visited around 160 towns and communities throughout NSW to not only offer upgraded lifejackets at a discounted price, but also to educate about lifejacket care and service.

"In NSW, it's the law to service

your inflatable lifejacket once a year or in accordance with the manufacturer's instructions," Mr MacDonald said.

"Sadly, 11 lives were lost in recreational and commercial boating incidents on our waterways last year, highlighting the importance of safety for all water enthusiasts regardless of age and experience."

SOURCE:

Media release, 9 May 2017
Kit Hale, Office of Scot MacDonald MP

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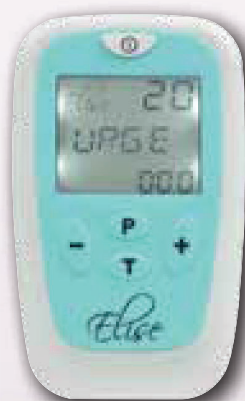
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