20 March 2017 **Edition 415**

Liberals 'knew of rail costs' before election, Tesch claims

The Liberal Government was aware of the escalating costs of the Woy Woy railway underpass before the 2015 State election, according documents secured by the **Labor Party under Freedom** of Information legislation.

The estimates showed construction costs had escalated from \$52 million to \$112 million to complete the project.

However, the Government kept quiet about the estimates until after the election, when it used them "as an excuse to scrap the project", according to Labor candidate Ms Liesl Tesch.

The Labor Party had obtained hundreds of pages of documents, emails, minutes of meetings and payment claims under Freedom of Information legislation, she said.

"According to the documents, the State Government was made aware of the increased costs associated with the project on multiple occasions prior to the 2015 State Election.

"In October last year, the former Minister for Roads, Mr Duncan Gay, claimed it was the former Gosford Council that had not adequately costed the project or informed the Government of the cost blowouts, despite numerous emails and documents suggesting otherwise," she said.



Labor candidate for the Gosford by-election, Ms Liesl Tesch, with Shadow Minister for the Central Coast, Mr David Harris, at the level crossing in Woy Woy

documents revealed that Central Coast Council had continued to receive funding for ongoing work on the project.

October 2016. expenditure breakdown was roughly \$4.1 million for project management and consultancy fees; \$5.8 million on the pedestrian underpass and adjacent road and footpath work and \$5.3 million on preparatory works for the rail underpass and road construction at the base of Bulls Hill.

"Total expenditure to date is in the vicinity of \$15.2 million," the documents revealed.

According to Ms Tesch, it was current NSW Premier, Ms Gladys Berejiklian, who botched the project when she was Transport

Minister, by adopting a "head-inthe-sand" approach to its true cost.

"This reveals a scandal," Ms Tesch said.

"These documents reveal a State Liberal Government that has shown complete disregard for the Central Coast.

"It hasn't shown or applied the slightest bit of care or attention for the Central Coast.

"Premier Berejiklian overseen massive spending on Sydney-centric projects and is happy to bury her head in the sand when it comes funding our local infrastructure.

"The Liberal candidate for Gosford needs to make a commitment to cleaning up the mess left behind by the Premier,"

Liberal candidate for Gosford, Ms Jilly Pilon, has claimed the \$52 million promised by the NSW Government for the railway underpass was still available.

However, she said the Council would need to find the remainder of the money to complete the now \$112 million project.

Media release, 14 Mar 2017 Liesl Tesch, Labor **Candidate for Gosford** Interview, 16 Mar 2017 Jilly Pilon, Liberal **Candidate for Gosford** Reporter: Jackie Pearson

Gosford accounts referred for external audit

former Gosford Council, for the period from July 1, 2015, to May 12, 2016, have been referred for an external audit following an Extraordinary Central Coast Council meeting on March 13.

A residents' forum was held

to allow community members to present their views on the reports which were made public on March

Council administrator Mr Ian Reynolds said Council was "following due process" and had been required under the

The financial reports for the prior to the Extraordinary Meeting proclamation to prepare financial standards and I am satisfied they the services they need, want and reports for the two former Councils, including the former Gosford Council.

> "My task as administrator is to ensure proper process has been followed and that these reports have been prepared under relevant legislation and accounting

have been," Mr Reynolds said.

"The reports will now be referred for external audit and we will await

"The community can be assured it is business as usual for the new Central Coast Council.

"We will continue to deliver

value," he added.

The financial reports minutes of the meeting are available on Council's website.

Media release, 13 Mar 2017 Ian Reynolds, Central Coast Council

More coverage page 5

THIS ISSUE contains 55 articles - Read more news items for this issue at www.peninsulanews.info



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News

Peninsula News

eninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

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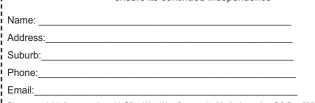
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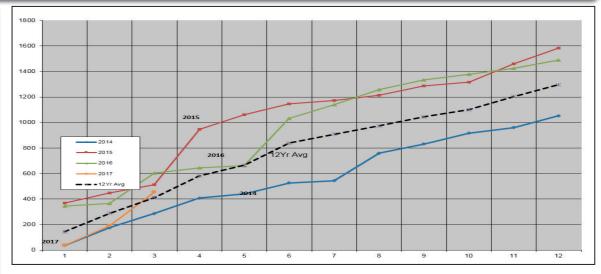
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Twice the month's average rainfall already

The Peninsula has received more than twice its average rainfall for the month of March in the first half of the month.

A total of 264mm had been recorded by March 17, 114.6 per cent more than the March average

of 123mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

The three largest daily rainfall totals for the year have been recorded this month, with 66.9mm being recorded on March 15, 41.5mm being recorded on March

4 and 36.5mm recorded on March

The cumulative rainfall total for the year now stands at 453.6mm, which is 10.4 per cent higher than the average cumulative figure at the end of March of 411mm.

> Spreadsheet, 17 Mar 2017 Jim Morrison, Woy Woy

YOUR CHANCE TO WIN

The Australian Reptile Park will be showcasing the thrilling and heart-stopping Deadly and Dangerous show series throughout the April school holidays.

Visitors will have the opportunity to get up close and personal with some of Australia and the world's most venomous and notoriously dangerous animals.

Peninsula News and the Australian Reptile Park would like to offer one lucky family the opportunity to visit the park for free.

For your chance to win a



family pass for two adults and two children to see Deadly

and Dangerous, or visit the Australian Reptile Park at any other time between now and the end of December, write your name, address and daytime phone number on the back of an envelope and mail it to, Peninsula News Australian Reptile Park Competition, PO Box 1056, Gosford, NSW, 2250.

Entries close 5:00pm, Thursday, March 30.

The winners of the Peninsula News When Dad Married Fury competition were P Kelly of Woy Woy, S Hanzikourti of Kincumber and L Holt of Woy Woy

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes

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A report on the future of the Regional Library to be presented to February Council meeting

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Jilly Pilon is Liberal candidate

Ms Jilly Pilon has been announced as the Liberal candidate for the by-election in the Seat of Gosford.

Although she lives outside the electorate, Ms Pilon said she belonged to the Woy Woy branch of the Liberal Party, joining in January after she met the branch president at an event in the Central Coast Car Museum where Prime Minister Mr Malcolm Turnbull was

Ms Pilon said she was born in Gosford hospital in 1970, attended Erina Heights Public School and Terrigal High, and has called Wamberal (outside the electorate) home for most of her life.

She said her connections with the Gosford electorate were strong even though she lived outside its boundaries.

When she left high school she worked for the National Australia Bank for 12 years including stints in the Umina and Woy Woy branches.

"Dad was first manager of Woolworths store at the Imperial Centre," Ms Pilon said.

"First he was the youngest



Ms Jilly Pilon

manager in a variety store in Mann St, then he got sent to Sydney for a while and then he was the first manager at the Woolworths supermarket in the Imperial centre so I spent a lot of time in Gosford

In 2015, Ms Pilon's youngest son, Banjo, was killed when he was hit by a car on his skateboard.

"Obviously the passing of Banjo changed all of our family's lives for ever in many ways, and we were able to donate Banjo's organs.

"He was able to save six lives including little babies, children and a grandmother and that is something we felt was right to do.

"It keeps him close and in a way he is still living," she said.

"The community rallied behind us to put forward the idea of a skate park as a memorial for Banjo but also to help keep kids off the

"Mick and I are still working with Council to finalise the skate park after we successfully lobbied to get bipartisan support for \$500,000 federal funding for the project."

Encouraging people to consider organ donation has become a passion for Ms Pilon and she has been invited to the 2017 donate life forum in Brisbane in May.

Her other son, 14-year-old Fletcher, won Australia's Got Talent in 2016.

"We took Fletcher down to perform at State Parliament at an education presentation last year.

"Parliament was sitting and we went into question time, and we were quite shocked by the whole process, and my son said 'Mum I think you should get involved', and

that was another little thing that led to this commitment."

Ms Pilon said she would do her best to connect with as many people in the electorate as possible.

"I think at the moment because it is just the first week, it is really about what the community wants from me so I am connecting, door knocking, meeting with different businesses, making phone calls."

In terms of the priorities she had gleaned from her early conversations with voters: "Roads needs to be looked at and addressed further".

On the loss of the Woy Woy Motor Registry, Ms Pilon said: "We see the new Services NSW as providing a lot more transactions.

"People can complete more transactions in the one location and have extended trading hours.

"People who use the services are really pleased with the service they are getting so it is proving to be a really successful one stop shop," she said.

Interview, 16 Mar 2017 Jilly Pilon, Liberal **Candidate for Gosford** Reporter: Jackie Pearson

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Gosford City Farmers' Market will feature a wide range of fresh vegetables, fruits, primary produce including gourmet jams and preserves, olive oil products, pestos, macadamia nuts and fresh home made products. The market will include other food related items as well as high quality "foodto-eat" vendors. Flowers, plants and trees will also be available for sale. Additionally the market will also feature hand-made products other than food such as artists, designers and other quality artifacts.

The market will operate each Sunday from 8.00am till 1.00pm Rain, Hail or Shine.

Gosford City Farmers' Market

Gosford Racecourse,

4 Racecourse Rd, Gosford West



Citizen of the Year stands for Christian party

Gosford City's 2016 Citizen of the Year, Mr Andrew Church, will stand as the Christian Democratic Party's candidate in the Gosford by-election on April 8.

Mr Church, who is married with three children, grew up on Sydney's Northern Beaches but moved to Gosford 25 years ago.

He established his own businesses and has two training organisations: Eagle Wing Education and Training, and a specialised training academy, Kreative Kaizen.

Mr Church is director of Rhema FM Gosford, chairman of the Central Coast Interactive War Exhibit Inc. and a board member of Rise-Up Foundation, an organisation that helps youth with eating disorders.

He is also a member of the Gosford City Chamber of Commerce and a member of the Gosford National Service Re-Enactment Group, which sees him take part in Anzac Day and Remembrance Day activities.

Mr Church has written seven books, including the best seller How to Solve Your Problems without A Super Hero: A DIY Guide for the Mere Mortal.

Mr Church is keen to use his party's balance of power in the



Mr Andrew Church

NSW Legislative Council to push his policies.

His first target is installing a level crossing at Woy Woy.

"After about 40 years of Labor representation in the State Parliament and about four years of Liberal representation, this is the golden opportunity to give the CDP a go at fixing this mess," he said.

Mr Church would also like to reopen a Services NSW branch on the Peninsula and open the Gosford Performing Arts Centre.

He is opposed to having another government building on the site of the old Gosford Primary School.

Media release, 16 Mar 2017
lan Smith, Christian
Democratic Party

Holstein will not run in by-election

Former Member for Gosford, Mr Chris Holstein, has declared he will not run as a candidate in the Gosford byelection.

"The reality is I currently hold a number of positions within the not-for-profit sector, organisations that work hard to support those suffering homelessness or escaping domestic violence, assisting those with disabilities and supporting our youth on the Coast," Mr Holstein said.

"While these commitments are currently short-term, to step away from them at this time with major initiatives and substantial projects in planning or commenced would be something I couldn't do without a feeling of desertion and of letting good people down," he said.

"In the end my conscience wouldn't let me walk away from these important initiatives and projects that have been commenced for those vulnerable sectors of our community.

"This coming by-election for the seat of Gosford has had Labor and Liberal anoint their candidates (by various means) and those selected are of good character, have a story to tell and no doubt will have a desire to make a difference if elected," Mr Holstein said.

"But this is a by-election, it will not change government nor would it place government in a position to deal with cross benches.

"It's a two-year term, a difficult time to get up, running, across the issues and needs of the community fully.

"So the community needs to decide in electing an opposition member or one within the government, but either with little to nil political experience.

"In making that choice at the ballot box, the question is: Who will be the most effective?

"The public has a right to expect that whoever is elected to the seat, acts firstly with the community in mind, and not solely under direction of those who anointed them from the parties.

"I wish the candidate's the best of luck and hope that they are true to themselves first, the community second and the party last.

"Be assured the Central Coast Taskforce will be highlighting the issues of this region and especially those within the Seat of Gosford as agenda items for them to address or ignore at their own peril," Mr Holstein said.

Email, 10 Mar 2017 Chris Holstein, Central Coast Taskforce



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Gosford Council assets reduced by \$1.4 billion

The former Gosford Council's draft financial accounts for 2015-16 have included a \$1.389 billion reduction in the value of its assets to around \$9.6 billion.

They have also revealed "serious control weaknesses" that meant Central Coast Council could not vouch for the accuracy of some balances in the reports.

Central Coast Council chief Mr Rob Noble said asset valuations and the "control issues" had resulted in matters being referred to unnamed "third parties", understood to include the Independent Commission Against Corruption.

"The reason why we have been obliged to report to external agencies is because of these control issues and significant changes in valuations.

"It will be up to those parties to determine whether they want to inquire further, hand it back to the Council to do more of its own investigation or take no further action," Mr Noble said.

Mr Noble said there were two key elements in the apparent inflated valuations of some assets.

"The first one really related back

to about 2010 to water authority assets when there was a double counting of sewer manholes from 2010, so that we had to make an adjustment now for the prior year error," Mr Noble said.

He said the remaining part of the asset write down related to 2014-2015 year when \$720 million of bulk earthworks assets could not be verified by the staff team putting the draft financial reports together.

According to Mr Noble bulk earthworks included asphalt, tar, gravel, lime and all the other materials used to build roads.

"The former Council did a revaluation as they were required to do.

"We are legally required to revalue all our fixed assets on a periodic basis to make sure we are describing them on a fair value basis, but it did not look right," Mr Noble said.

"It looked to be overstated so our staff started inquiring into that, looking at the standard methodologies for valuing bulk earthworks," he said.

"They compared the method used in Gosford with the method used right across NSW local government, and they found a

drastic difference in methodology. "So the result of that was a \$720 million reduction in the value of bulk earthworks assets."

Land under roads was another category of asset that was written down in the draft financial accounts.

"It is a little bit hard to answer this one because there was \$74 million worth of an asset showing on Gosford Council's books that had insufficient data or records ... to demonstrate what that particular supposed value actually applied to.

"We could not find a connection to that value and any land under roads, there were no records."

In answering a question about how such a miscalculation could occur, Mr Noble said: "I don't know the answer to that question and nor do my finance staff.

"They just don't know why that figure was sitting there when there were no supporting documents.

"We would have needed to see some documentary evidence of a connection between the \$74 million and evidence of ownership of land under roads somewhere in the Gosford Local Government Area," he said.

Continued page 6



Residents in the public gallery at the Council chambers in Gosford for the Extraordinary General Meeting



Gosford Council assets reduced by \$1.4 billion

From P5

In addition to the total \$1.389 billion asset write down, the other major issue revealed by the draft financial accounts of the former Gosford Council was described "significant weaknesses fundamental information technology and other internal controls".

The report tabled at the Extraordinary General Meeting held in Gosford on Monday, March 13, said the most notable weaknesses were "inoperative security controls that enabled a limited number of officers and software vendors to script changes, deletions or additions into the financial tables contained within the financial system without any effective control reporting or

"The apparent absence of such controls is unusual and not expected in a sophisticated and large government entity such as the former Gosford City Council.

"In the absence of any reporting on changes made to the data, it is

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not possible to confirm or validate that no unauthorised changes were made.'

In response to a question about how such security issues could have been allowed to arise. Mr Noble said: "We don't know the answer to that.

"We know they existed. There was a lack of ability to track changes that were related to our corporate financial data," he said.

The draft reports stated the Central Coast Council had no way of knowing whether changes had not been made to the data.

When Mr Noble was asked whether there was evidence that changes had been made, he said: "We have neither because there is no audit trail documentation to provide us with certainty that it hasn't been tampered with."

Under the NSW Local Government Act the financial statements of the former Gosford Council, up to its dismissal on May 12, 2016, must be certified by senior staff as presenting fairly the Council's financial results for the

This certification is meant to ensure those senior staff take both responsibility for and ownership of the financial statements.

However, as a result of the anomalies found in the preparation of the draft accounts, the Central Coast Council stated it was "unable to fully attest to the completeness and accuracy of the balances within the Income Statement and classifications of equity within the financial reports."

It has rewritten the prescribed statement required under the Local Government Act to deal with the unusual nature of the draft accounts and has provided 'caveats' above the spaces for the signatures of Mr Noble, administrator Mr Ian Reynolds and chief financial officer, Mr Stephen Naven.

Agenda, 13 Mar 2017 Extraordinary meeting, **Central Coast Council** Interview, 16 Mar 2017 **Rob Noble, Central Coast Council** Reporter: Jackie Pearson

COUNTRY CLUB WOY WOY CELEBRATING 60 YEARS

Taskforce asks for infrastructure commitments

Mr Chris Holstein and the the seat of Gosford, with only two **Central Coast Taskforce are** calling on April by-election candidates Ms Jilly Pilon and Ms Liesl Tesch to give their commitment to several infrastructure issues.

Mr Holstein said the Taskforce wanted answers on the Woy Woy Rail Underpass, road upgrades around redeveloped Hospital, Brisbane Water Dve traffic flow improvements, Peninsula road upgrades and management of the Gosford Waterfront.

"While the needs of the Gosford seat are not limited to these matters, they are matters of major infrastructure importance to the community," Mr Holstein said.

Mr Holstein also pointed out that Labor have the chance to place on the record early commitments to

years to another full state election.

"If Labor's intention is to whinge and complain about the current government then it will be seen as just hot air and a lack of commitment and substance on Labor's behalf.

"They must understand that their candidate must bring to the table future commitments, not two more years of nothing.

"As for the Liberals, if they are serious about regaining this seat, the voters are looking for commitment to the future.

"Resting on past glories of hospital redevelopments and just continuing current road works will not cut it with the voters," Mr Holstein said.

> Media release, 15 Mar 2017 Chris Holstein, Central **Coast Taskforce**

Teenager airlifted after crash

A teenage driver was airlifted to Sydney's Royal North Shore Hospital in a critical condition after crashing his car in Woy Woy.

CareFlight's rapid response rescue helicopter landed at Woy Wov Public School, adjacent to the crash scene, on the corner of Rawson Rd and Edward St, Woy Woy on March 8.

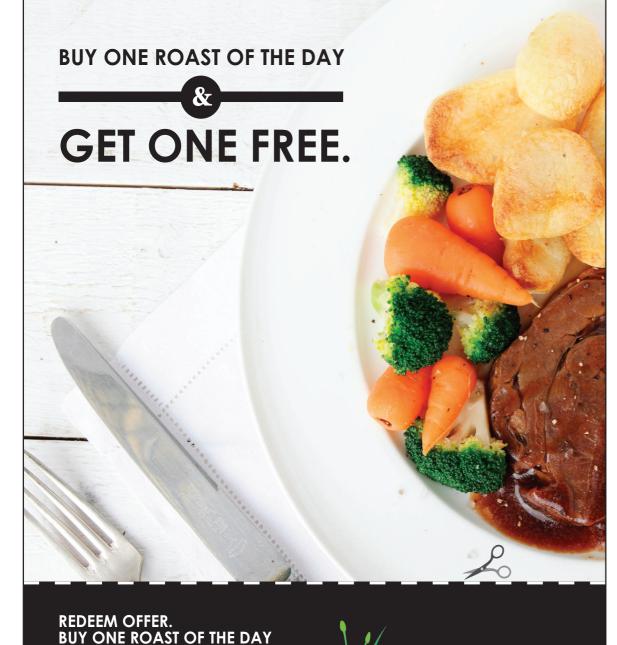
NSW Police and NSW Fire and

Rescue worked for about half an hour to free the 17-year-old male from his vehicle, which rolled after crashing into a tree.

The CareFlight medical team sedated and intubated the teenager.

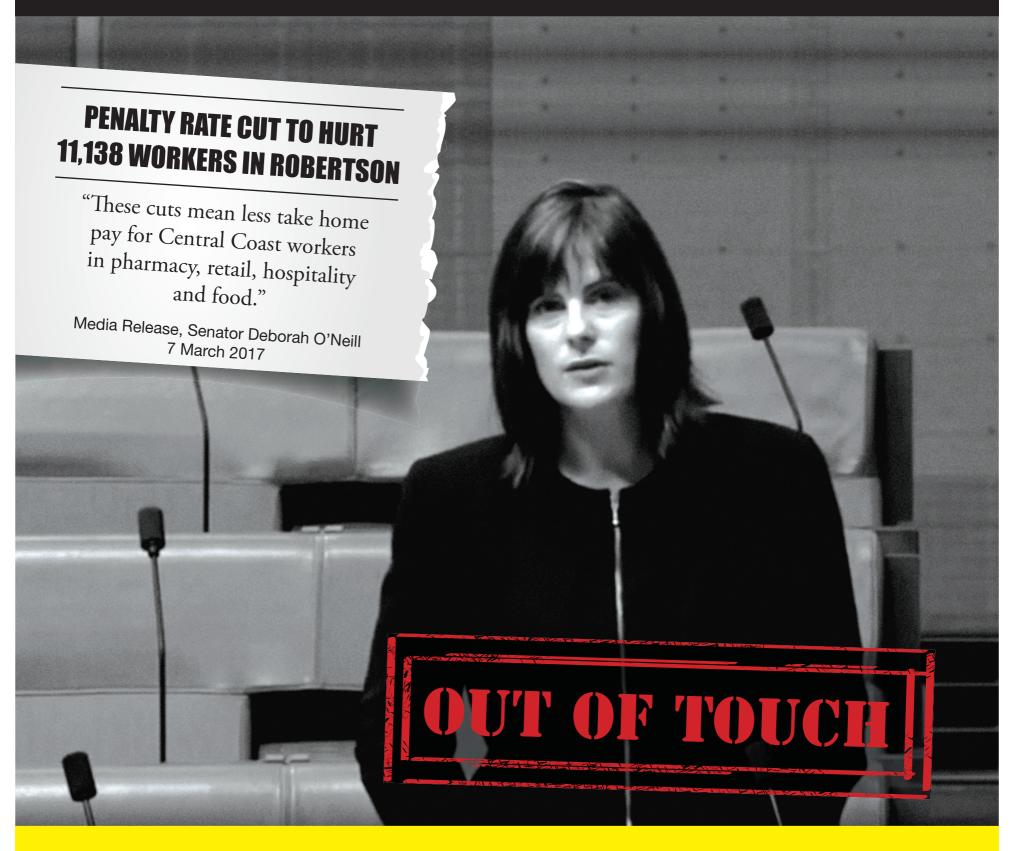
He was then transferred to the helicopter to be flown to Royal North Shore with serious head and suspected spinal injuries.

Media release, 8 Mar 2017 CareFlight Media Unit





Your local Member Lucy Wicks voted against a bill to protect your penalty rates



Up to 11,138 hard-working locals will lose \$77 a week.

Chamber disappointed with Liberal selection

The Peninsula Chamber of Commerce has expressed its disappointment that the Liberal Party has not preselected a local resident for the Gosford by-election.

Chamber president Mr Matthew Wales said: "We are disappointed with the pre-selection of Ms Jill Pilon for the up-coming by-election in Gosford.

"We understand that Ms Pilon does not live in the electorate and does not have any long-standing ties with our local community," Mr Wales said.

With over 50,000 registered voters in Gosford, Mr Wales said he believed it was disappointing to think that the NSW Liberal Party could not find a local candidate and instead had to resort to recruiting from outside the electorate.

"Now more than ever, it is important to ensure that both major parties nominate local candidates especially ones that

The Peninsula Chamber of fully understand local issues," he

"With less than four weeks until the by-election, there is no time to waste on candidates trying to learn local issues and earn the trust of the local community.

"The business community is looking to the NSW Government to re-commit funds to the Woy Woy Rail Underpass and ensure that the project is completed as promised at the last State election."

He said the Peninsula Chamber of Commerce was looking for long-term commitments on roads funding and other infrastructure projects such as the new Ettalong Wharf beyond this by-election.

"If the Liberals are unsuccessful at the April 8 poll, then we would expect that any promises made during the election campaign be honoured regardless."

Media release, 12 Mar 2017 Matthew Wales, Peninsula Chamber of Commerce

Labor challenges Liberals over 'abandoned' electorate

The Labor Party has called on the Liberal candidate for Gosford, Ms Jilly Pilon, must give residents an explanation for why her party has abandoned the electorate.

Shadow Minister for the Central Coast, Mr David Harris, said Ms Pilon should explain "the sad neglect" by the Liberal Party.

Mr Harris said the NSW Liberal Government had, without explanation, abandoned the Woy Woy Road underpass project despite committing to it in the 2011 and 2015 state elections.

The Liberal Candidate will also have to explain to angry locals why their Woy Woy Motor Registry was closed, forcing them to travel to Gosford where there is limited parking, he said.

"There is a long list of betrayals, broken promises and neglect by this Government which any Liberal candidate must provide explanations for.

"This Liberal Government and their candidate can't look at people in the eye and say they seriously have the interests of locals at heart given their record over the last six years," Mr Harris said.

According to Mr Harris, other issues including the dredging of Brisbane Water, have also been neglected by the Government.

Mr Harris said he was proud that Labor was putting up a real local for the upcoming Gosford byelection.

"Labor's Candidate Liesl Tesch lives and works in the Gosford electorate and is a geography teacher at Brisbane Water Secondary College," he said.

Media release, 9 Mar 2017, Maegen Skyes, Office of David Harris

VOTE [1] ANDREW CHURCH

- 1) Reopen Services NSW (RMS/RTA) in Woy Woy.
- 2) Close the level crossing & build the underpass.
- 3) Build the Performing Arts Centre in Gosford.

The Conservative Alternative



Authorised by Ian Smith, CDP 1 Wentworth St Parramatta 2150

Village development to go before Council administrator

The development application for the Bayside Gardens Lifestyle Village at Empire Bay will be considered by Central Coast Council administrator Mr Ian Reynolds at a general council meeting.

Central Coast Council told Peninsula News in a statement that the matter was under assessment.

"The application has been

informed by a number of specialist reports providing detail on matters including bushfire affectation, flooding, flora and fauna and traffic," the statement said.

"These reports are being evaluated as part of the assessment process," it said.

"As there have been over 50 public submissions, this application will be reported to an ordinary

council meeting for consideration following the assessment process."

An Empire Bay residents' group has opposed the development for 52 new manufactured homes at the village.

The proposal would bring the total number of sites within the park to 108.

Media statement, 7 Mar 2017 Ian Reynolds, Central Coast Council

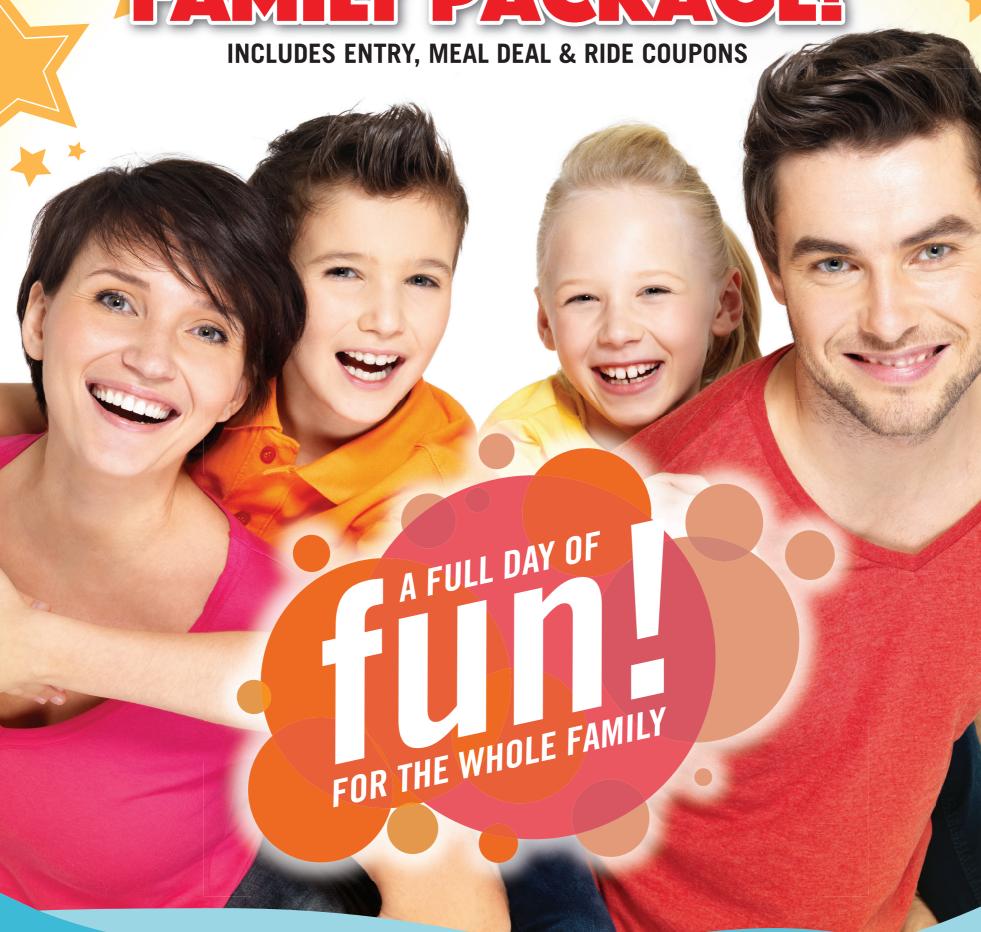


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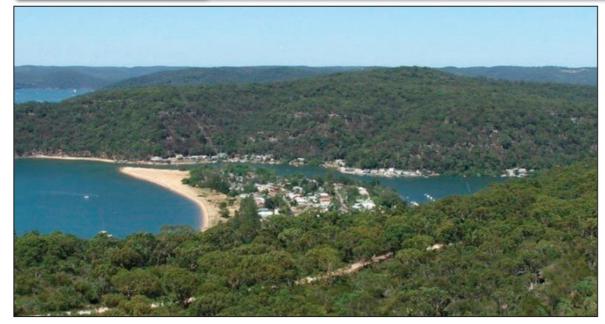
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Blackwall Rd, Woy Woy

News



Visitors and locals travel to Patonga for the traditional Easter Fete

Patonga to hold Easter Saturday fete

The annual Patonga Easter Saturday Fete will be held on Saturday, April 15.

The usually sleepy village of Patonga is expected to come alive from 9am to 1pm on Easter Saturday when dozens of residents converge on the Patonga Progress Hall on Brisk St to lend a hand in putting on the traditional Easter

The Easter Fete is one of the major fundraisers for the Patonga Progress Association.

antiques and collectibles, jewellery, show bags, children's toys as well as a selection of homemade cakes, preserves, plants, books, bric-a-brac, gifts and more.

Gallery owner Ms Jocelyn Maughan is offering to sketch portraits on the day for a small donation to the Patonga Rural Fire Service.

Sausage sandwiches morning tea with homemade scones and jam will also be on to win Easter egg prizes and an Easter egg hamper raffle will be drawn after the fete.

"A visit to the Patonga Fete is always a fun day out for everyone," said organiser Ms Judy Singer.

"We encourage visitors to make a day of it by coming along to the Fete in the morning to enjoy the quaint village atmosphere and friendly local hospitality then head down to the beach in the afternoon with a picnic rug to have a swim, a

Council brings library fees into line

Fees paid by members of Wov Wov and Umina Libraries will be aligned with the nine other libraries in the new Central Coast local government area from April 4.

As part of the process of streamlining all fees and services, a document outlining the first stage in fee alignment for the libraries has been placed on public exhibition.

The first fees to be aligned were for overdue items, reservations, inter-library loans, lost library

resources, damaged items and reapplication of item identification.

When all Council libraries move to one library management system in the new financial year, residents will be able to check the catalogue, borrow, reserve and return at any of the 11 Council libraries and access a greater range of e-resources, using one card, according Council administrator Mr Ian Reynolds.

Media release, 13 Mar 2017 Ian Reynolds, Central Coast Council

fish or a snooze in the sun." Media release, 16 Mar 2017 The "chocolate wheel" will be A variety of stalls are expected Judy Singer, Patonga spinning all morning for a chance to sell arts and crafts, homewares, **Progress Association** April 25. **Community forum about**

Federal Member Robertson, Ms Lucy Wicks, held **Breakfast** a Community Forum discuss access to doctors on the Peninsula.

Over 100 people, including residents and medical practitioners registered to attend the forum,

Jasmine Green's Park Kiosk at the Umina Recreation Precinct.

access to doctors

"Over the past few weeks, I have heard from many residents who have told me they are concerned about access to doctors on the Peninsula," Ms Wicks said.

Ms Wicks said hard-working

which was held on March 17 at Umina GP Dr Ray Martin had admitted it was "past crisis point".

> "I took these concerns to Parliament and raised them with Assistant Minister for Health, Dr David Gillespie, and invited him to hear from our community at the

Media release, 13 Mar 2017 Tim Sowden, Office of Lucy Wicks

Anzac ceremony at Empire Bay

Empire Bay village will conduct its annual Anzac Day ceremony at the cenotaph between 11am and noon on

Kendall Rd at the corner of Shelly Beach Rd and Sorrento Rd will be closed on the cenotaph side of Empire Bay Cellars for the service.

The service includes a flag and wreath laying ceremony as well as several speeches and singing.

The ceremony will be led by Lt Col Ralph Johnson of the Salvation

The service has been a tradition in Empire Bay for over 20 years.

Letter, 3 Mar 2017 Geoff Melville, Empire Bay **Progress Association**

Water main upgrade

Temporary traffic control measures have been in place along a section of Brisbane Water Dve, Woy Woy, until Friday March 10, to allow Central Council Coast upgrade water mains.

The works, being carried out in the vicinity of the Spike Milligan Bridge, have been undertaken at

night to minimise the impact on local traffic.

Warning signs were in place to notify motorists of the changed traffic conditions and traffic controllers were on site from 8pm to 5am to enhance community

Media release, 7 Mar 2017 **Central Coast Council**

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*Rated above the four major banks among home loan customers in Roy Morgan's Home Loan Customer Satisfaction Survey, July 2016. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879. Terms, conditions, fees and charges apply. All information is correct as at March 15 2016 and is subject to change. Full details available on application. Lending criteria apply. S55518-3 (333204_v1) (1/02/2017)



Community plants out new Runway playground



Woy Woy Public School students learning about mulch and compost at the Runway

Community groups have and mulched planted hundreds of plants to create a community garden at the Runway Playground on Trafalgar Ave, Umina.

Over 300 seedlings were planted on March 7 by Umina Community Group members and

students from Woy Woy South Public School.

Federal Member for Robertson Ms Lucy Wicks helped plant saplings and seedlings.

Landscaping and earthworks signalled phase two of the project, which aimed to deliver a modern park, playground and community

green space.

A nearby early childhood centre also got involved and has its own patch set aside as an "early learning garden".

Interview, 14 Mar 2017 **Tracey Davies, Goodstart Early Learning Centre** Reporter: Dilon Luke



Families from Goodstart Early Childhood Centre planting the garden



Federal Member for Robertson, Ms Lucy Wicks, with Woy Woy South students during the planting

Advertisement

Report from the Parliamentary Seceretary for the Central Coast

Scot MacDonald MLC

I take great pride in being a voice for the **Central Coast in the** Parliament's Upper House.

In February, the Motor Racing Legislation (Newcastle 500) Bill was passed. The legislation facilitates the transfer of the V8Supercars race from Homebush to Newcastle

The NSW Government improved the rights of commercial tenants on the Central Coast with the passage of the Retail Leases (Review) Bill 2016. Retail businesses will benefit by being able to have more disputes heard in NCAT; removes a minimum 5 year term for retail shop leases; and clarify landlord's disclosure requirements.

In March, the Fines Amendment Bill 2017 passed. I spoke noting regional areas are heavily reliant on private cars for transport. The Bill gives greater flexibility for Courts to impose sanctions other than Licence cancellation and vehicle registration.

Local Government (Rates-Merged Council Areas) Bill 2017 was introduced by the NSW Government. If passed, Central Coast ratepayers will have certainty that 'rate path protection' will be effective for 4

Authorised by Scot MacDonald MLC

Email: scot.macdonald@parliament.nsw.gov.au

his report was produced, printed and distributed using Member Entitlement

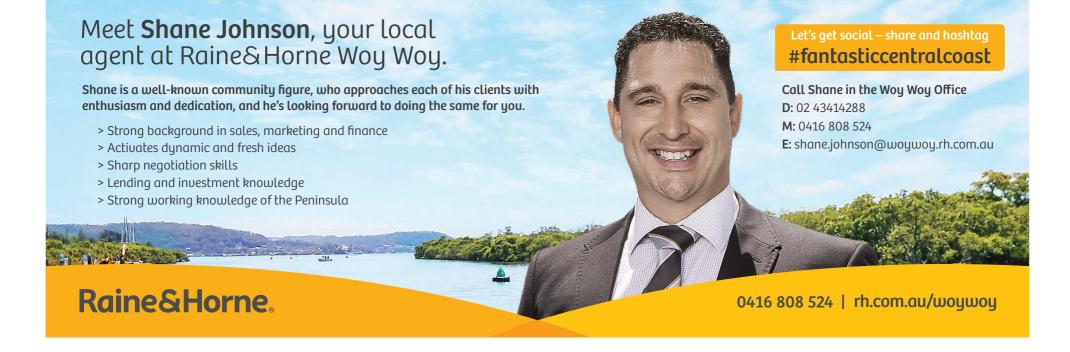
years from amalgamation. There will be no rate 'harmonisation' in this period.

Motions

Motions read by Members are an opportunity to foster important debates and record significant achievements in the community On the 21st February I read a Motion bringing to Parliament's attention the public rebuke by the AMA of Labor's Health Spokesperson, the Hon Walt Secord, for undermining the public Health system. Mr Secord blocked this debate.

The Legislative Council spent some time discussing my Motion on 'Safer Pathways'. Safer Pathways was launched at Tuggerah Police LAC by Minister Goward. It assists victims of Domestic Violence navigate their way through support services and the Courts. It is co-ordinated by Central Coast Women's Domestic Violence Court Advocacy Service.

brought to Parliament's attention the Point Clare Speed Zone review on Brisbane Waters Drive; Central Coast Australia Day Awards; death of Mr Michael Chamberlain and a moving ceremony conducted by the Toukley RSL Sub-Branch.



Volunteers' ladders go missing

Volunteers working to bring new life to the bus shelter in Taylor St, Woy Woy Bay, have called on the community to assist them in locating missing equipment.

The pair of volunteers, who were painting the bus shelter on March 13, had to quickly leave the area when a large storm broke out shortly after 4pm.

In their haste, the pair left two ladders behind the bus shelter and upon returning to the bus shelter found the ladders had been removed.

information Anvone with the ladders' regarding whereabouts should contact the Bays Community Group.

Newsletter, 14 Mar 2017 **Bob Puffet, Bays Bulletin**

Central Coast Council held its first Developers Forum on Monday, February 27 to help get the development industry on board with meeting that challenges of activating town centres and delivering housing choice for

its growing community.

Over 140 industry leaders and development representatives were given an overview of the key growth challenges on the Coast and directly asked how Council could better work with them to deliver the right housing, employment and environmental outcomes for the community.

Council Administrator, Mr Ian Reynolds, said he was pleased with the interest from the development sector to explore ways to improve planning processes to ensure we get the right development in the right place while maintaining the enviable Coast lifestyle.

"We started a conversation about how Council and the sector can work together to deliver the housing and infrastructure our extra 70,000 new residents will need," Mr Reynolds said.

Council holds

developers' forum

"We need to ensure our planning controls and policies deliver the development we want. sustainable and innovative, and that developers are able to build.

"We need to get developers on board with our real and exciting plans to activate our town centres and public spaces and to make the Coast the very best it can be."

Council Leader Group Environment and Planning, Mr Scott Cox. said the forum was a great opportunity to get direct feedback on Council's various planning and development controls and how they can be best meet the needs of the Coast.

"We need to provide 41,500 additional houses by 2036 to meet the population increase on the Coast and the Premier has already set the benchmark at 40 days to turn housing DAs around.

"I told the forum Central Coast Council is aiming to beat this standard so Council is not standing in the way of new housing and we can get sustainable development in this area moving faster."

Council Group Leader of Assets, Infrastructure and Business, Mr Mike Dowling, outlined key projects underway on the Coast to support the increasing number of housing and jobs the Coast will need to continue to thrive and prosper.

Not one of the projects mentioned by Mr Dowling was located on the Peninsula.

Due to the high interest in attending the forum, Council is planning on holding an overflow session for those who couldn't make it to the initial meeting.

Media release, 28 Feb 2017 Ian Reynolds, Central Coast Council

Man charged following shooting

A man has been charged following a shooting at Woy Woy.

A 41-year-old man approached police on the corner of Ocean Beach Rd and Dunalban Rd on the evening of Wednesday, March 8, after having been shot in the back.

The police officers administered first aid and called for an ambulance.

The man was taken to Gosford Hospital where he was treated for the gunshot wound to his lower back.

Early the following morning, police arrested a 21-year-old man at a house in Waterloo Ave, Woy

He was taken to Gosford Police Station where he was charged with discharging a firearm intending to cause grievous bodily harm.

He was refused bail.

Media release, 9 Mar 2017 **NSW Police Media**



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Umina man to face court

A Umina man will face court following a search warrant executed at his home uncovered alleged stolen property.

officers from Brisbane Water Anti-Theft Unit executed a search warrant at a home on Neptune St. Umina, on Tuesday, February 28,.

During the search, police allegedly located a stolen "Stacer" boat and trailer, firearms, ammunition and steroids.

A 33-year-old man was arrested

and taken to Gosford Police Station where he was charged with two counts of goods in custody suspected of being stolen, two counts of possess unregistered firearm, two counts of possess prohibited drug, and with possess ammunition without holding a licence/permit.

He was granted conditional bail to appear at Gosford Local Court on March 21.

Media release, 1 Mar 2017 **NSW Police Media**

Workshops

Writers' workshops will be held in the Pretty Beach **Public School library during** lunch time on Wednesdays from March 8.

Writers' workshop coordinator Ms Michaela Bridgman said: "These workshops will provide students with fun activities which seek to further develop their writing

"A number of parents have kindly volunteered to help enrich our learning experiences through sharing their knowledge and expertise with us," Ms Bridgman

"These workshops are open to all students,' she said.

Newsletter, 2 Mar 2017 Michaela Bridgman, Pretty **Beach Public School**

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By Appointment

Business decision pays off

Empire Bay couple Zac and Leigh Peteh decided to establish their own mortgage broker business over two years ago and their decision has paid off.

Mr and Ms Peteh's business, Mint Equity at Somersby, has just taken out the award for Best Regional Office in the 2017 Better Business Awards.

The award recognised the individual office in a regional location that had most effectively driven business growth over the previous 12 months.

Mint Equity, a mortgage broker, increased their Residential Loan Book by 339 per cent from financial year 2015 to financial year 2016.

This was due to a 239 per cent

increase of residential home loans for the same period.

Ms Peteh said: "We've done this purely by increasing the number of repeat business and referrals and not by the acquisition of additional brokers, purchasing an existing book or big budget marketing.

"Our clients love what we're doing and they keep coming back for more. It's a good feeling and a great achievement."

The Better Business Awards is the mortgage and finance industry's leading program for state-based performance focused on mortgage brokers and the lenders and service providers that support them.

Media release, 27 Feb 2017 Alison Orren, Brilliant Logic

New restaurant opens at Hardys Bay

A new restaurant has opened for business at Hardys Bay Club.

Harry Hardy's will open from 6pm to close on Wednesday, Thursday and Friday nights and

from 12pm to close on Saturday and Sunday

The new restaurant operators are offering a Mediterraneaninspired menu

Media release, 1 Mar 2017 Lisa Byrne, Hardys Bay Club

Serenade Handbags and Wallets Good old fashioned service with a smile Shop 136 - Imperial Shopping Centre - Gosford - 4324 2264

Other Regional News - In brief

specifically relating to post code areas 2256 and 2257.

Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published in the most

recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info

Copies of these publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

MARCH 9, 2017

Remaining former school site land being sold with proposed **Finance Office space**

Property NSW has confirmed that the remaining 1.1 hectares of land from the former Gosford Public School, including the 7,000 square metre State Finance Office building, is to be sold as a single parcel of land

Council nominates Leagues Club Field as location for Performing **Arts Centre**

Central Coast Leagues Club Field has been nominated as the Central Coast Council's preferred location for the proposed Regional Performing Arts and Conference Centre (RPACC) for the region.

> **ALP** candidate selection undemocratic

Mr John Della Bosca, former Labor Party (ALP) Minister for the Central Coast and a local ALP and community activist, has condemned as arrogant and anti-democratic the ALP National Executive's decision to select a candidate for Robertson by a vote

Proposed Finance building on former school site approved by **JRPP**

A new commercial building to house NSW Department of Finance workers is on the way for Gosford after receiving Central Coast Joint Regional Planning Panel (JRPP) approval on Thursday,

Leagues Club Park needs to be retained as open space say ACF

The Central Coast Branch of the **Australian Conservation Foundation has** called on the Central Coast Council to re-assess their planned location of the Regional Performing Arts Centre (RPAC) in Gosford.

Leagues Club Field has for at least 10 years been earmarked for a City Playground

Not everyone is convinced the Central Coast Leagues Club Field is the best site for a Performing Arts Centre (PAC) in Gosford.

Gosford Waterfront Alliance disappointed at loss of former school site as an option

Gosford Waterfront Alliance (GWA) welcomed the development of a State Finance Offi ce for Gosford, but remained extremely disappointed that the NSW Government went for the quick and easy option of putting it on the iconic waterfront, rather than..

PAC site a reclaimed shale riverbed

Sea level rise and traffic flow are the most important issues to address when considering any redevelopment of the Gosford Waterfront Precinct, according to local historian and spokesperson for community group, Crown Land Our land, Ms Kay Williams.

Preferred location for a Regional **Library and Learning Centre** announced

Central Coast Council announced, at its February meeting, that the Parkside Building on Donnison St, Gosford, is the latest preferred location for a Regional Library and Learning Centre.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also

Issue 112

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263.

Wallarah 2 gets draft consent but conditions could make it unviable

The Department of Planning and Wallarah 2 Coal Project.

Gosford books are history: new Council is 'safe, stable and sustainable'

CEO of the Central Coast Council, Environment (DPE) has issued Mr Rob Noble, has reassured \$2.5 million development application draft development consent for the Central Coast ratepayers that the to build an aviation hangar at its new Council is "safe, financially Warnervale airport. stable and sustainable" following a forum at which Gosford ...

Council to build its own aviation hangar at Central Coast Airport

Central Coast Council has lodged a

mines and power stations

of Coastal Residents Investigating Power Stations (1985) and former President of Wyong Ratepayers Association, has given an overview of the history of power stations and public health on the Central Coast.

\$50 million for food research at Campus

will be funded with \$50 million over the Vales Point Power Station. ten years, through the ..

possible ash dam pollution

Mr Mike Campbell, former Secretary Regional Development Australia Toukley-based Northern Lakes Central Coast CEO, Mr John Disability Tourism Precinct (NLDTP) Mouland, has welcomed the has asked the NSW Environmental announcement that the Food Agility Protection Agency (EPA) for answers Cooperative Research Centre (CRC) to questions about ash dams within

Delta Electricity strongly rejects any pollution claims

Delta Electricity has strongly rejected The State Government could move its Leading the claims by Environmental Justice Australia about the need for an EPA investigation into air pollution from Vales Point Power Station

Move rail facility to pay for Link Road

proposed inter-city rail maintenance provider, Compass Housing, has facility from the troubled Kangy been awarded a major contract Angy site to Warnervale as a way to from the NSW Government to help Watanobbi to Warnervale.

Compass Housing to deliver 600 new dwellings for Social and Affordable Housing Fund

community fund the proposed Link Road from boost social and affordable housing, including new dwellings for...

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

Has Brisbane Water plan been 'disapproved'?

Peninsula News, March 6, included reports on the deteriorating health **Brisbane Water.**

What is the status of the Brisbane Water Plan of Management?

The issue of jetski use has been referred to the NSW Premier and five NSW Government Ministers.

The Brisbane Water Estuary Management Plan Draft, April 2011 included Action C12, "Investigate options for either banning or further limiting the use of jet skis in Brisbane Water Estuary".

Reading between the lines, no action has been taken since 2011.

The sedimentation issue now requires serious investigation and research above and beyond Action R09: "Conduct ongoing monitoring (by survey) of key navigation channels including Ettalong, Paddy's, Lintern, Woy

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or editorial@centralcoastnews.net

See Page 2 for contribution conditions

Wagstaffe, Cockle, Saratoga".

How serious are these issues for Central Coast Council?

There is no appointed officer to administer the Brisbane Water Plan of Management.

Increased funding of the plan

will be necessary as the estuary and catchment are developed as reported in PN Feb 20, page 3: "Combined with the forecast growth projected for the Central Coast region, the problem will continue to escalate".

Has the Plan of Management been "disapproved"?

The estuary will suffer the same development fate as the catchment.

Appendix A of the draft plan contains 178 actions.

This number is reduced to 72 in Appendix B due to funding availability.

Development should have catchment fees imposed that will be directed to fund actions in the Brisbane Water Plan of Management.

Letter, 8 Mar 2017 Norm Harris, Umina

Produce the money and the boats

Lest anyone is tempted to laugh at yet another proposal for a fast ferry service from Ettalong to Sydney, I think it is worthwhile pointing out that all of the previous similar proposals had the same thing in common, and that is to secure the valuable waterfront crown land at Ettalong for commercial exploitation.

The proposed ferry service is merely a Trojan horse aimed at convincing the government to approve the leasing and development of the land in the

All of the previous proposals have foundered because there is not the slightest possibility that an Ettalong to Sydney ferry service could ever be commercially viable, feasible or productive.

In 1994 it was estimated that such a proposal would cost in the vicinity of \$50 million and even if

Forum

that optimistic figure was anywhere near correct, today, the cost of the same venture would run to at least three times that amount without factoring in the cost of the now proposed full-time dredge to be stationed at Ettalong to carry out constant dredging.

I believe the last proposal for a fast ferry dragged on in Gosford Council for years until finally the Council asked the proponent to demonstrate they had the money and the boats, and when the applicant could not produce either that was the end of the matter.

I suggest council government adopt the same methodology when considering this latest plan and require the developer to put up or shut up and save us all a lot of time, angst and

Email, 12 Mar 2017 Vic Jefferies, St Huberts Island

Forum

by a small central archive and

reference/research unit that

could be accommodated almost

anywhere - perhaps on or adjacent

to the Ourimbah campus or even

associated with the university

monumental structure in a location

far from the bulk of the Central

Coast population, and the sorry

story of the library project that

has been bounced around from

location to location like a jumping

jack, apparently without much

basic thinking about reader

requirements, doesn't inspire much

confidence in either the old elected

council or the Administrator who

Email, 9 Mar 2017

Bruce Hyland, Woy Woy

What is not needed is another

I thought fast ferry nonsense had died years ago

Well, I nearly choked on my Weeties this morning as I was reading all about the proposed fast ferry in your last issue.

I really thought this nonsense had died a few years ago, following a great deal of publicity in another paper with photos of the proposed ferry with comfortable seating and cocktail and coffee bars.

At the time thousands of dollars and man hours had been spent by our Council in the preparation of concept plans, lease agreements and God knows what else.

For goodness sake, who is

Forum

going to pay for the jolly thing?

Where will it berth if it manages to get to Sydney Harbour, and finally who will use it to make it economically viable?

Has the possibility of a one metre swell or a black nor'easter with an outgoing tide been considered?

Furthermore the reality of a commercial wharf and shelter shed at the Bangalow St end, would be nothing short of vandalism.

The improvement along that part of The Esplanade is undoubtedly one of the very best things Gosford Council has ever done on the Peninsula.

Go there any time of the day and you will find hundreds of people including excited children using the amenity and riding their scooters and bikes.

You would also see a few oldies using the exercise equipment to stay healthy and recapture their youth.

It goes without saying that you could be lucky indeed to find a parking spot anywhere in the vicinity which would rather make it difficult for the proposed development.

Apart from the parking problems, any wharf in that area with boats being tied up to it would completely block and destroy that wonderful view from Ettalong to Half Tide Rocks and Box Head.

I sincerely hope that common sense will ultimately prevail.

Letter, 9 Mar 2017 Fred Landman, Daleys Point

Library decision doesn't inspire confidence

The decision to construct a regional library in Gosford is typical of the 20th-century thinking of the Council which hasn't yet come to grips with new technologies and with changing patronage patterns.

The way in which library services will be used in the future will be best served by a network of linked satellite libraries (already partly in place and easily adapted and expanded), with close access to local communities, particularly to schoolchildren and the aged.

This might be supplemented



Computer Guy

has succeeded it.

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*ANROS Horizons 1 (2015)

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Coast Council

Out and About

Our Council leaders and staff have the answers to your queries about our organisation and our plans for the Coast, and are keen to chat with you.

Come along and have a chat with them on:

Friday 31 March

Kincumber Shopping Centre, 10am-12pm Meet Executive Manager Transformation and Business Performance, Janine McKenzie and Group Leader Assets, Infrastructure and Business,

Green Point Shopping Centre, 1.30-4pm Meet Chief Financial Officer, Stephen Naven and Executive Manager People and Culture, Kellie Reeves

> For future dates and more details, visit central coast.nsw.gov.au/meet and greet

Community event was not for neutral voters

On March 12, I attended the community event organised by Liesl Tesch and the Labor Party.

I attended thinking it was a community event.

There must be very strong Labor support on the Peninsula, as all I saw were red Labor signs and plenty of real Liesl Tesch t-shirts worn by volunteers and supporters.

Needless to say, red was the dominant colour - a shock for a neutral voter concerned about the many serious issues reported in every edition of the Peninsula

How many neutral voters had the opportunity to discuss issues with Liesl Tesch on the day?

A few minutes at the event provided enough time to realise, Liesl Tesch is representing Labor,

Forum

not the Gosford electorate.

I advised a volunteer not to invite me to future Labor-Tesch community events.

One is enough.

There is an urgent need for quality independent candidates to counter the control and in-house interests of political parties.

The event was more like a backyard barbecue than a community event for the voters of the Gosford electorate.

Disappointed, definitely,

Any independent candidate could get my vote because of his or her commitment to the electorate.

An informed vote would be the best option.

> Letter, 13 Mar 2017 Norman Harris, Umina

Let's leave the beach for the grand kids to play safely

Having just read the March Sydney is totally unsuitable.

Being foil borne that vessel draws about four to five metres draft when moving at slow speed and stopped, so would need six metres of water depth to operate west of Little Box Head at low tide.

The area would require a large amount of continuous dredging from Little Box Head around Half Tide Rocks as well as a large deep channel along the Ettalong shore.

This deep channel would then suck all the sand from the beaches

That sand would come off the beaches and the dredging would then dump the sand in deep water at the entrance of Broken Bay.

would complain if their beaches suddenly disappeared over night due to tidal erosion or storms.

town might slip into the channel.

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4 edition of Peninsula News regarding the fast ferry, the photo of the Kobe fast ferry on the front page representing the proposed fast ferry from Ettalong to

including Lobster Beach.

I am certain the beach goers

As Ettalong is built on sand, after a few years the erosion could be bad enough and with dredging the

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High speed ferries can cost a lot of money to run so the fares would be approaching aircraft fare costs and there would not be too many people living on the Coast that could afford two trips a day for a week and every week all year

This is in addition to the parking problem at Ettalong, where we have just lost a lot of car spaces opposite the Mantra Resort.

These type of ferries are only suitable for deep water long distance runs and need deep water berthing facilities.

They have high maintenance running costs, as well as the damage to foils hitting the sea bed in shallow waters.

The old Manly hydrofoil ferries were stopped by high maintenance

Let's leave Ettalong as it is: a nice quite retirement and holiday area where the grand kids can safely play on the beach and stay with their grandparents during the holidays.

Email, 7 Mar 2017 William Bollard, Ettalong

Won't see ferry in my lifetime ... still

I note the front page splash "Fast Ferry Service" (PN, March 6).

This is another chance for councillors to sit around and blow smoke to each other.

This proposal was put to council 20 years ago - it was going to be better than sliced bread.

Nothing was done.

I was 20 years younger and I said: "I'll never see it in my lifetime".

I've just turned 79 and it's for sure I won't see it now.

Our beloved council will let this opportunity go to the deep, like the

Forum

prime site they let go to the ATO at Gosford Water Front.

Transparency, they don't know the word.

Sit back and see a repeat of the last show. Citizens, vote with your feet at

the next council elections. Email, 15 Mar 2017

Brian Costello, East Gosford





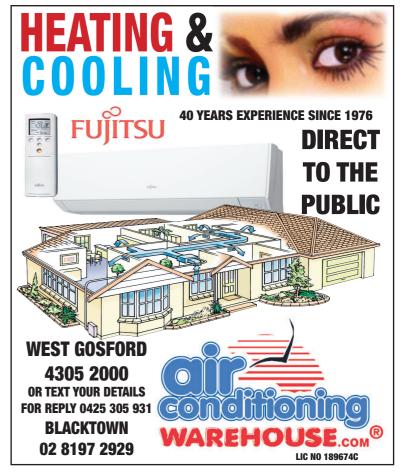
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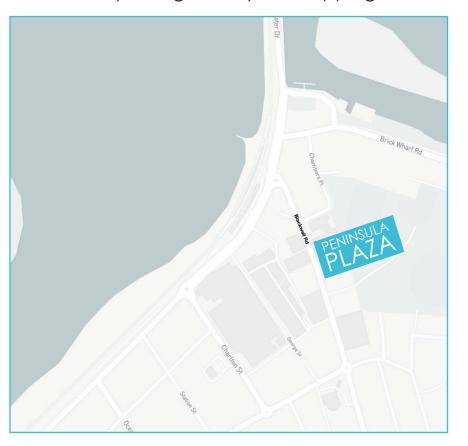


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Non-invasive brain treatment for depression

A Woy Woy private hospital is the first in the region to offer a non-invasive brain stimulating treatment for depression.

Brisbane Water Private Hospital is delivering repetitive transcranial magnetic stimulation for the treatment of depression, according to CEO Ms Kathy Beverley.

"The method is particularly effective for patients who have tried a range of antidepressant medications without success," Ms Beverley said.

Carried out under the supervision of a psychiatrist, the non-invasive treatment takes around 45 minutes per session.

Patients sit in a comfortable chair under a magnetic device which induces small electrical

currents that stimulate the superficial parts of the brain that control mood.

"Studies have evaluated the role of this stimulation in the treatment of depression since the mid-1990s and they have clearly shown that it is more effective than a placebo type of stimulation, especially in patients who have not responded well to antidepressant medication treatment," Ms Beverley said.

Brisbane Waters Private Hospital will be hosting a free community forum from 6pm to 8pm on Monday, March 20, for any member of the local community who would like to know more about the technology and treatment options.

Media release, 8 Mar 2017 Kathy Beverley, Brisbane Water Private Hospital





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Health



Melanoma survivors Mr Jay Allen and Jody Mckinnon

Support for Melanoma March

survivor who completed a urged Peninsula residents leg of the Longest Melanoma to support fellow melanoma

Umina skin cancer March in Queensland has

PENINSULA PODIATRY @ 7 VIDLER AVENUE, WOY WOY

FOR GENERAL PODIATRY TREATMENTS - DIABETIC FOOT MANAGEMENT - NEUROLOGICAL / VASCULAR TESTING - ASSESSMENT DIAGNOSIS & TREATMENT OF TOENAILS, CORNS, CALLUS & WARTS - LOWER LIMB ASSESSMENTS - BIOMECHANICAL & GAIT ANALYSIS - PAEDIATRICS (CHILDREN) FOOTWEAR ASSESSMENT ORTHOTIC CONSULTATION and FALLS PREVENTION

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principal survivor and marcher, Mr Jay Allen, on his 1200km journey.

Umina's Ms Jody Mckinnon said she urged locals to get behind the campaign, which Mr Allen hoped would raise \$250,000 to fight skin cancer.

According to Ms Mckinnon, Mr Allen started The Longest Melanoma March in honour of friends he lost to melanoma over the years and to give hope to those battling the disease.

Ms Mckinnon marched with Mr Allen for a week, celebrating her 40th birthday and five years being cancer free.

Email, 14 Mar 2017 Jody Mckinnon, Umina

Tesch meets nurses and health workers

Labor candidate for Gosford, Ms Liesl Tesch, met with nurses and allied health workers in Woy Woy on Tuesday, March 14, to discuss their concerns with the State Government's privatisation agenda.

The meeting, which included Opposition Leader, Mr Michael Daley, followed an announcement that Labor would deliver a dedicated nurse walk-in centre for Gosford,

Ms Tesch said: "It's clear from what we've heard here today that hospital and health staff are being put under increased stress from the Liberal Government's lack of

support for the sector," Mr Daley said.

"Waiting times and experiences of these staff are the frontline effects of the Liberals mismanagement of our health system," he said.

Ms Tesch said: "Our nurses, allied health workers and clinicians do a fantastic job for our community and are being let down by a government who just don't seem to care.

"The flow on effects of the Liberals' privatisations are clear: We will see less staff, less resources and worse outcomes for patients," she said.

Media release, 14 Mar 2017 Maegan Sykes, NSW Labor

Presentation on suicide prevention

A free presentation on suicide prevention will be held at the **Peninsula Community Centre** on Thursday, March 30.

The Living Works safetalk presentation will be run by Lifeline. It aims equip participants over the age of 16 with skills to recognise when someone is at

risk of suicide and how to respond accordingly.

They are designed to help people feel much more prepared to deal with helping a loved one who may be at risk of suicide.

The skills are presented as a four-part method: tell, ask, listen and keep safe.

Coast Community Connections' acting CEO, Ms Jenni Allan, who runs the centre, said: "It's never easy to talk with a loved one about suicide.

"Sometimes, we need to raise awareness by focusing on what is not said, like recognising behaviours and warning signs.

"This training can save lives", said Ms Allan.

"In these presentations, participants learn that people at risk of suicide often signal their distress and invite help.

"This presentation will teach participants how to respond to these signs and link them with further suicide intervention support," said Ms Allan.

Spaces are limited and must be booked in advance, with preference given to local residents.

The workshop is sponsored by Gosford North Rotary Save our Kids Proiect.

Media release, 13 Mar 2017 Katey Small, Brilliant Logic

WEARE HIRING



BlueWave Living is currently recruiting:

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Health



The Peninsula Villages Choir at Deepwater Plaza

Choir performs at shopping centre

Peninsula Village celebrated **NSW** Government's "Seniors Festival" with a week of resident activities from March 3 to 12 and a public performance at a local shopping centre on Friday, March 10.

The Peninsula Village choir sang a number of classic songs and tunes as well as one of their own at Deepwater Plaza.

"We feel like we celebrate

seniors all year round, but were pleased to mark the annual Seniors Festival with a fantastic live performance from our singing group," said Peninsula Villages chief executive officer Mr Shane

"We now have 17 members in the singing group that includes both residents and a number of volunteers who thoroughly enjoy the company of each other and the joy that singing together brings to them and others whom they

perform to," Mr Neaves said.

"The 2017 Seniors Festival theme was 'Let's do more together' and I believe this special singing performance and our seniors' activities this week reinforced the value of togetherness.

"We have also seen great benefit in offering music-based activities and programs within our residential aged care facilities as a way of promoting positive wellbeing, improved brain functionality and a sense of social

support," he said.

"There is a wealth of evidence to demonstrate the value of music therapy in aged care, in particular for those with cognitive difficulties, neurological damage or disease, depression and stress related illness, as well as locals within palliative care.

"Singing provides many benefits for older aged locals.

"Ongoing research has shown that regular singing can lift your spirits, increase your immunity and

provide a workout for your brain and your lungs and these benefits are even more significant for those experiencing mild to moderate memory loss.

"We offer a range of music and singing activities as part of our resident programs and are now also exploring a dedicated music therapy program that will be part of Peninsula Villages additional services offered to residents in 2017," said Mr Neaves.

Media release, 10 Mar 2017 Katey Small, Brilliant Logic

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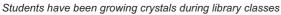
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woywoydc@gmail.com - www.woywoydental.com.au

Education







Crayons become a work of art

Science experiments for Umina students

Public School have been experiments undertaking during their classes recently.

All classes have been watching crystals grow during their library time

Meanwhile students in 3A have

crayons during art classes.

The 3A science unit for Term 1 is "melting moment".

It explores how different substances melt at different temperatures.

The class has discovered that particular brand of crayon

Students at Umina Beach been experimenting with melting melts the fastest using a hair dryer.

In 2B, the children discovered that coloured water can "walk" up paper towel and down into an empty cup and then mix together to make a new colour.

> Newsletter, 14 Mar 2017 Lyn Davis, Umina Beach **Public School**





From crayon to melting moment

Steve Collins leaves Woy Woy South

Woy Woy South Public School has announced that teacher Mr Stephen Collins will be leaving the school.

After working in the role of relieving principal at Kulnura Public School during the first few weeks of the 2017 school year, Mr Collins has been offered the position in a permanent capacity and has accepted, following a merit selection process.

"Mr Collins has for many years worked tirelessly in his roles as a classroom teacher, assistant principal," said Woy Woy South relieving principal Mr Matt Barr.

"His knowledge, leadership

and humour will be missed at our school but we know that his impact on Kulnura will be equally as influential. "On behalf of our entire school

community, we wish him all the very best in his new role," Mr Barr

> Newsletter, 8 Mar 2017 Matt Barr, Woy Woy South Public School

Splash-a-thon postponed due to the wet

Umina Beach Public School has postponed its annual Splash-a-thon fundraiser due to the wet weather.

"Unfortunately due to weather conditions and the condition of the playground, the annual Splash-athon will be postponed until Friday, April 7," said P and C president Ms

Parents and students were informed that, as a result of the date change, their sponsorship forms and money were due back on Wednesday, April 5.

> Newsletter, 16 Mar 2017 Jodi. Reith. Umina Beach Public School

Mental health first aid project launched

A Teen Mental Health First Aid Training Project has been launched at the Peninsula Community Centre by NSW Minister for Multiculturalism, Mr Ray Williams.

The program will be for Years 10, 11 and 12 students to help them to recognise the signs of mental health problems.

The project was a result of a survey completed by 700 local

young people, in which 80 per cent recognised the need for improved information on mental

NSW Representing the Department of Family Community Services, Mr Williams was joined by Coast Community Connections president Ms Sharryn Brownlee and the organisation's acting CEO Ms Jenni Allan, who accepted the \$20,000 grant to fund the project.

"Our Evolution Youth Services team will be facilitating a number of sessions with young people in the local community to help them understand the signs of poor mental health including depression, anxiety, psychosis and eating disorders," Ms Allan said.

"The rollout of the Teen Mental Health First Aid Project will be delivered through three 75 minute sessions and will also provide information and tools to assist young people to better recognise and detect signs of mental health crisis, touching on issues such as suicide, aggressive behaviour, self-injury, trauma and substance abuse," she said.

As well as launching the youth program, Mr Williams took the opportunity to take a tour of the organisation's ageing and disability services facilities located in the Yaringaa building at Woy Woy.

Media release, 14 Mar 2017 Katey Small, Brilliant Logic



Blue and red coloured water "walks" to make black

Homemade gifts, vintage clothes and shoes, organic foods, unique jewellery, live music, handmade children's wear, garden products, five star bedding, exotic homewares + more.



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Education

Harmony Day activities planned

School's Harmony Day Celebration will be on March

The message of the day is "everyone belongs" and aims to engage people to participate in their community, respect cultural and religious diversity and foster a sense of belonging for everyone.

Students are invited to wear a

Woy Woy South Public touch of orange with their school uniform on the day.

> A special assembly will be conducted and students will also engage in specific activities linked to the ideals of the celebration.

> A Harmony Day menu will also be available at the canteen on the

our school will be available on our

Newsletter, 16 Mar 2017

Ona Buckley, Woy Woy

Public School

website after April 1," she said.

Newsletter, 15 Mar 2017 Matt Barr, Woy Woy **South Public School**



Pretty Beach Public School students ready in their gloves for Clean Up Australia Day

Tidying up their school

Pretty Beach Public School students got involved in tidying up their school for Clean Up Australia Day.

"We are very fortunate at Pretty Beach to have such a beautiful

environment," said principal Ms Deborah Callender.

"As a whole school, we respect this and are always responsible for putting any rubbish in the bins so on the day there was not a lot of

litter, but we all still enjoyed putting on our gloves and using the special bags provided." Ms Callender said. Newsletter, 16 Mar 2016 Deborah Callender, Pretty **Beach Public School**



APRIL VACATION CARE



Executive team holds planning day

Woy Woy Public School's executive team held a successful planning day on Thursday, March 9.

"Our school executive team consists of Ms Janine Szostak, Ms Louise Rayner. Ms Leanne Wiliame, Mr Robert Steller, Mr Andrew Brady (term 1), Mr Dan Betts and myself," said principal Ms Ona Buckley.

"Gosford network principal liaison officer Mr Brad Lewis was our guest," Ms Buckley said.

"With Mr Lewis's guidance, our team worked through a new online application to formulate our annual report for the school for 2016, our self- evaluation assessment for educational delivery and a future validation process," she said.

"This process enables us to look deeply into our school processes, policies, procedures, community connections, student achievement data and external student results to determine future focus goals and milestones.

"The Annual Report for 2016 for

Swimming team competes

Woy Woy South swimming team competed in the SSC Zone Swimming Carnival at the Peninsula Leisure Centre on Tuesday March 14.

Woy Woy South showed their determination and superb sportsmanship throughout the day, according to relieving principal Mr Matt Barr.

The schoo achieved first place in the 50m Freestyle with a new southern Central Coast record for 10 year olds at 36.06 seconds.

Newsletter, 15 Mar 2017 Matt Barr, Woy Woy

Coast Community Connections has been delivering quality child care to local families on the Peninsula for almost 30 years.

Coast Community Connections Vacation Care programs provide children with supervised care by experienced and trained staff who are committed to providing high quality care and well-rounded programs during school holiday periods.

Our Vacation Care programs provide an array of different activities from indoor and creative activities to excursions and day outings.

Book now for the April School Holiday Woy Woy program. Places are limited.

Week 1

Mon 10 April Sports Day at Gosford

Time Zone Tue 11 April

Wed 12 April Pizza Inn Masterclass

Thu 13 April Clip and Climb

Week 2

Inflatable World Tue 18 April

Wed 19 April Awesome Trampoline Park

Thu 20 April **Ettalong Movies**

Fri 21 April Hunter Valley Ice Skating

Week 3

Mon 24 April Laser Blast

Our Children's Services: Before & After School Care · Occasional Care · Vacation Care



Out&About



Duo sing at folk club

Penny Davies and Roger llott will be performing at the Troubadour Folk Club in Woy Woy from 7pm on Saturday March 25.

Davies and llott's music spans folk and country, according to club president Mr Michael Fine.

"They have reinvigorated the bush ballad, kept alive the protest song, and have celebrated all that it means to be Australian without a cork hat, lager phone or phoney accent on the horizon.

"Davies has one of the richest voices in Australian folk and country music; and when you add in the integrity of llott's gentle delivery, you have the best harmonies you're likely to hear."

Tickets will be selling for \$10, \$13 and \$15.

Can't Stop

Media Release, 10 Mar 2017 Michael Fine, The Troubadour Woy Woy

Free hearing checks in Woy Woy

Peninsula residents will be able to have free hearing checks when the Hearing Bus visits Woy Woy.

The bus will be outside Woy Woy Woolworths, Blackwall Rd, Woy Woy, from March 21 to 23 between 8:30am and 3pm.

Manager at Australian Hearing Erina, Mr Matthew Reid, said that, because age-related hearing loss developed gradually over time, it was common for people be unaware their hearing was diminishing.

"A hearing check is a quick and easy way to measure the sounds you can and can't hear.

"Our team will also be on hand to guide you through what next steps you may have to take in regards to your hearing," Mr Reid said.

As well as having a hearing check, visitors to the bus can find information on a range of common hearing issues and view a display of easy-to-use hearing devices for around the home.

This includes headsets for

watching the TV and alert systems for doorbells.

"Not everyone who is experiencing problems hearing needs a hearing aid.

"Sometimes it's just hearing the TV at normal volumes, hearing your doorbell, or hearing your friends on the phone that's the problem," Mr Reid said.

No appointment is necessary.

Australian Hearing will provide

hearing checks to any interested adults who visit the bus on the day.

Media release, 7 Mar 2017

Media release, 7 Mar 2017 Vicki Foster, Australian Hearing

Six Pak Productions Presents...









Epilepsy as part of a nation-wide effort

Patonga artist in epilepsy art auction

Patonga artist is one 160 prominent and emerging artists nationwide participating in Art for Epilepsy, an online art auction raising funds for people living with epilepsy.

Ms Vanessa Ashcroft, from Patonga's Salt and Sand studio and gallery, said she was happy to donate to the cause when event organisers approached her.

"Throughout my 25 years as an artist, I've endeavoured to help others through acts of art philanthropy when I can and when I was asked to get on board there was no way I could decline," Ms Ashcroft said.

"The need was there, and I really enjoy the fact that this auction makes art more accessible to people, with the majority of the pieces up for auction being really affordable," Ms Ashcroft said.

Ms Ashcroft's piece, entitled "Seated Nude", is composed with

inks, oils, pastels and acrylics and adds an element of home to the national auction, with the piece featuring Central Coast life model Ms Jaqui Pasco.

Close to 200 artworks are up for auction, including water colours, abstracts and illustrations.

The auction opened on February 14 and will conclude at 9pm on International Epilepsy Awareness Day on March 26.

Epilepsy Action is the largest provider of education and support services to children and adults with epilepsy across Australia.

Funds raised from the auction will go towards supporting their programs.

The charity's mission is to enable people living with epilepsy to unlock their true potential, better manage their condition, and to ultimately lead happier lives.

Interview, 14 Mar 2017 Vanessa Ashcroft, Artist Media release, 14 Mar 2017 Rachel McDougall, Lanham PR Reporter: Dilon Luke



Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society

Weekly paint-outs Tues 4369 5860. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1156. Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420

Central Coast Handweavers, Spinners and Textile **Arts Guild**

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting bees Day and Night Groups 4325 4743

Central Coast

Potters Society
Running classes, workshops, demonstrations, exhibitions and social events - Annual exhibitions in May and December info@ccpotters.org 4324 5343

Ettalong Beach Art & Crafts Centre Adult classes in Pottery

Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting Children's Art & Pottery Mon – Sat 10am – 3pm 4341 8344

Point Clare Art & Craft Wed - Adult Art Class Wed & Fri - Adult Crafts Bunka Embroid, Cards, Crotchet, Cross Stitch \$3 Point Clare Hall 10am - 12noon 4325 5007

Hospital Art

Australia Inc. Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome

0431 363 347

Bushwalking National Parks **Association**

Central Coast Twice weekly bush walks, varying distances and grades of difficulty. Explore, enjoy scenery, fauna, floral, history. Keep fit and make friends. 4389 4423 & 4332 7378

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd &
McMasters Rd Woy Woy
Activities, programs and
support groups for children, teens, adults and seniors including occasional care, playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups.

4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

Central Coast Community Legal Centre

Not for profit org in Wyong providing free legal advice. Intake times for legal advice Monday to Friday 9am-5pm

4353 4988

Community Groups

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons

Well-known guest speakers 4341 5170

Central Coast Social Group

Social contact, entertainment events, new friendships, for 30's-60's Live music, house parties, dinners, BBQs, picnics, trips

away etc. Monthly Meet & Chat 0422 243 101 email cco30s@live.com.au

Central Coast 50+

Singles Social Group Ladies & gents dinner, dancing BBQs & socialising each w/end Monthly programme for all areas 0412 200 571 0437 699 366

Mingaletta Aboriginal Torres Strait Islander

Provides members and other groups a meeting place and referral hub for education, health, well-being and cultural programs. Mon-Fri 9am - 4pm

6 Sydney Ave Umina 4342 7515

Peninsula School for Seniors

Community Centre, McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

Peninsula Village **Playgroup**

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Tues 10-11.30am 4344 9199

Probus Club of Woy Woy

Friendship, Fellowship and social functions for active retirees. 1st Wed - 10am Everglades Country Club 4344 7070

Seniors Computer

Club Central Coast Classes held Monday to Friday for everyone over 50 Basics: Mon , Tues and Thurs 10am to 12noon Different programs every day, 10am to 12noon or 1pm to 3pm Apple-Mac: Mon, Tues, Wed All at our club rooms, Kincumber Neighbourhood Centre Bookings or inquiries 02 4307 9421

The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

Umina Beach Men's Shed

Men share a variety of tools, pursue interests and hobbies, spend time with other men and learn new skills Darrell 4342 9606

Volunteering

Central Coast
Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122

Wagstaffe to Killcare Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community

2nd Mon, 7.30pm Wagstaffe Hall 4360 2945

Health Groups

Al-Anon

If someone's drinking is causing you problems... Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

Arthritis NSW

Woy Woy support group Woy Woy Bowling Club North Burge Road Woy Woy 3rd Tues 10.30am 1800 011 041

Better Hearing Australia - Central Coast Hearing loss management

support and education. 7 groups across the Coast Providing practical experience and confidence 4321 0275

BlueWave Living

Woy Woy Community Aged
Care facility providing residential
aged care to the frail aged.
Permanent and respite care accommodation available. Information 2nd and 4th Tues - 11am 4344 2599 reception@bluewaveliving.org.au

Central Coast Parkinson's Support Group

We aim to help individuals and their families better manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings.

2nd Tue - 1.30pm 1800 644 189 Gambling Solutions

Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW Support Groups

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being. Anonymous. free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and Wyong 1800 558 268

Meals on Wheels Delicious meals delivered free

Join us for a midday meal Help with shopping and cooking classes 4341 6699

Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584 marymacs@woywoycatholic.org.au

Overeaters

Anonymous (OA)
12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm

0412 756 446

Peninsula Village **Wellness Centre** Offering holistic and

complementary therapies including aromatherapy, massage and music therapy 4344 9199

Peninsula Village Meals Delivered daily to your door Nutritious, great for the elderly 4344 9199

Peninsula Village Carer's Support Group For carers of loved ones with dementia - 1st Wed - 10 to 11.30am

Paula 4344 9199

Prostate Cancer Support Group (Gosford) Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600

Riding for the Disabled Horse Riding as a therapy

for those with intellectual or physical disabilities. Volunteers required. No previous exp. necessary -School hours only. Mon to Sat 4340 0388

Schizophrenia and Bipolar Fellowship For Schizophrenia/Bipolar/

Mental Health sufferers family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford 4344 7989 or 4368 2214

Woy Woy Public Hospital Alliance

To restore medical services previously available & upgrade to a standard that meets with local needs.
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy 4344 4811

Woy Woy Stroke Recovery Club Everglades Country Club 2nd Tues 11am Company, up-to-date info, hydrotherapy, bus trips 4341 7177

Music

Brisbane Water Brass Brass Band entertainment for the community playing all types of popular music. Rehearsal every Tues 7.30pm-10pm 0419 274 012

Gosford Musical Society Minstrels Entertain at various

venues on the Coast seeking new members Thur Night Laycock St North Gosford 4341 4210

Soundwaves

Men's a-capella 4 part harmony chorus - all ages 7pm Mon. Central Coast Leagues Club John 0413 276 698 n51@gmail.

Troubadour Central

Coast Folk, Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions 4th Sat 7pm CWA Hall Woy Woy 4342 6716 mail.info@troubadour.org.au

Political Groups

Australian Labor Party Political discussions, national state and local government issues

Umina Ettalong Branch 2nd Mon Umina Beach Bowling

Club 7.30pm 4342 3676
Ourimbah/ Narara Branch Niagara Park Primary School 7.30pm 1st Mon 0410 309 494

Woy Woy Branch Everglades Country Club 7.30pm 2nd Mon

0412 517 520 Peninsula Day Branch 1pm 2nd Mon CWA Hall Woy Woy 4341 9946

Central Coast Greens

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur,

centralcoast.nsw.greens.org.au centralcoastgreens@gmail.com

Politics in the Pub Central Coast Discussion of important political,

social, economic, education, land philosophy issues in a non partisan manner - The Grange Hotel 4th Thur every month besides Dec

Service Groups Lions Club of Woy Woy

st and 3rd Mon. Woy Woy Leagues Club 0478 959 895 Make new friends and have fun while serving your community.

Northern Settlement Services - Volunteers

Volunteers needed for friendly visits to the elderly in nursing homes

People with a second language encouraged. Training support provided 4334 3877 cvscc@nsservices.com.au

Rotary Clubs International service club improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and

friendship.

Rotary Club of Kariong
Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am 4340 4529

Rotary Club of Umina Beach

Wednesdays 6.30pm Everglades Country Club 0409 245 861

0409 245 861 **Rotary Club of Woy Woy**

Tues 6pm Everglades Country Club. Don Tee 0428 438 535 **Special Interest**

Brisbane Water Caravan Club located on the Central Coast and looking for new members

4344 4363 **Biz Plus Networking Association** Business owners networking group. Biz Networking breakfast every Thur 7:15am - 9am

Erina Leagues Club Geoff Neilson

BridgeDuplicate Bridge Mon Tue Thur
Fri Sat-12.15pm
& Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Řd. Woy Woy

Cash Housie 50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.

Central Coast Family

History Society Inc. Resources, information & advice to study your family's history 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

Central Coast Tenants' Advice and

Advocacy Service
Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

Central Coast Lapidary Club, Minerals & Gems Learn silverwork, cabochons,

faceting, enamelling, stone fieldtrips & fossicking. Weekly Workshops Tues and Thurs 8.30am-2.30pm Thurs evening 6-10pm 10 Ourimbah Creek Rd Ourimbah 4362 2246

Central Coast Rescue Unit

Marine Education Courses Radio Licenses, Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology. 4325 7929

Central Coast Soaring Club Inc

Gliding Club, Learn to fly, Instruction FREE to members Come and have an Air

Experience Flight All Welcome 14 and up for Training Flving at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047

Peninsula **Environment Group**

www.ccsoaring.com.au

Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group

Woy Woy Judo Club 3 Classes every Tue, Thur & Fri 5.00pm to 8pm Ettalong Leisure & Learning Centre Min age 5 years old 0434 000 170

Veterans

National Malaya Borneo Veterans Association

1st Sat F(except Jan) 1pm Ettalong Beach War Memorial Club, 51-52 The Esplanade 4342 1107

Vietnam Veterans', Peacekeepers' and

Peacemakers' Assist all veterans & families with pension & welfare issues. Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.

Woy Woy Ettalong Hardy's Bay RSL Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

BPW Central Coast Empowering women of all ages in the areas of work, education, well-being and friendship. All women welcome to attend monthly dinner meetings. Be enlightened. \$40 covers two course meal and speaker. 0438 989 199 bpwcentralcoast@hotmail.com www.bpw.com.au/central-coast

Country Women's Association Umina

Opposite Fisherman's Wharf **Branch Meetings** 2nd Wednesday 10am Craft & Friends Wednesdays 9.30am 2nd and 4th Sundays 12.15p 0416 193 070 - 4340 1746

Country Women's Association Woy Woy Opposite Fisherman's Wharf Craft & Friendship 1st and 2nd Wed 10am Meetings 4th Wed 10.30am 4324 2621

Gosford RSL

Women's Auxiliary For women over 18 years Raise money for welfare of veterans and their families RSL Club, West Gosford 4th Mon 2pm 4323 7336

Peninsula Women's Health Centre Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women 4342 5905

WOWGIRLS Wave of Wisdom

WOWGIRLS Wave of Wisdom connects women and local businesses around a common theme of wellbeing to share wisdom and explore life's potential.
Regular PowWows, WOW

www.wowgirls.com.au info@wowgirls.com.au

Wisdom gatherings, WOW days and WOW courses.



If you would like your Community Organisation listed here, see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Out&About

Junior judo players compete at Castle Hill

Woy Woy Judo Club's junior players competed at the Budokan Judo Club at Castle Hill in the Monsters League Judo Tournament on March 13.

For some of the students, it was their first judo competition.

The day started off with the youngest and lightest competitors, Kristina Tutic (5), Tim Alchin (6), and Momir Tutic (6).

Krisitina went 2 to1 to take out

the bronze medal in her division of under-21kg.

Tim had some great fights and surprised himself throwing his opponent for Wazari (half point) before unfortunately being thrown with a few seconds to go but he also brought home a bronze.

Momir had some tough fights and managed to throw one of his opponents to the ground and held him down for 20 seconds to take Ippon (full point) and win silver.

Mara Hatfield Favand (6), Sam

The Fletcher Gallery

Boyd (7), and Harry Imran (8) also had some tough matches.

Mara going 2 to 2, to take a bronze medal in only her second competition.

Sam was off to a flying start throwing his opponent for Wazari and eventually holding him down for the win.

In his final fight, Sam got caught and was thrown for Ippon, taking out the bronze.

Harry made his Judo Tournament debut, throwing his first opponent and following up on the ground holding his opponent for the win.

Unfortunately, in his final match, time got away from him and he lost, but took out a silver.

Head coach Mr Daniel Simmons said: "These kids are absolutely amazing.

"No matter what their result was, there was a lot of experience gained and they should be proud of themselves," Mr Simmons said.

Media release, 14 Mar 2017 Danny Simmons, Woy Woy Judo Club



Head Coach Mr Danny Simmons (centre) with Woy Woy Judo Club Juniors

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW Central Coast 4325 7929
SES - Storm and Flood

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515 Aboriginal Home Care 4321 7215 Drug & Alcohol rehab 4388 6360

Accommodation

Emergency 132 500

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle • Woy Woy 4341 8830

Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666 Wires 1300 094 737

Peninsula Community

Community Centres

Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

Family and Relationships

Central Coast Family Support Service 4340 1099 Horizons (For men with children) 4351 5008

Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126 Ambulance Text Mobile 106 Ambulance GSM 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114 After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy Service 4353 5515 Woy Woy Court 4344 0111

Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524

Professional support phone services:

Pnone services:
Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service

1300 659 467 **Transport**

Taxi 131 008

Busways 4368 2277

City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services
Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency Relief 4393 2450 St Vincent De Paul Society HELPLINE 4323 6081



The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Monday, Mar 20

Years Ahead Driving Program, Ettalong 50+ Leisure and Learning Centre, 10am to 11am Umina Library Knitters, 10am to 11am and March 27

Wednesday, Mar 22

Lego Club, Woy Woy Library, 3:30pm to 4:30pm

Brisbane Water Scrabble Club, Peninsula Community Centre, MacMasters Rd, Woy Woy and March 29

Friday, Mar 24

Woy Woy Little Theatre presents When Dad Married Fury at the Peninsula Theatre, 8pm and Mar 25, with matinees on Saturday and Sunday

Saturday, Mar 25

Opera in the Arboretum 2017, Pearl Beach

Trent Crawford Trio, Hardys Bay Club, 7:30pm

Penny Davies and Roger Ilott, Troubadour Folk Clb, CWA Hall, The Boulevarde, Woy Woy from 7pm

Central Coast Water Polo Association Grand Finals, Peninsula Leisure Centre, Woy Woy, 9am to 4:30pm

Sunday Mar 26

The Deck Sessions featuring Bandditts, Hardys Bay Club, 3pm Ben Woodham, Secret Cafe Woy Woy 9:30am then Woy Woy Leagues Club, 4pm

Tuesday, Mar 28

Science Story Time, Umina Library, 10:30am to 11:30am

Drawing Techniques
Art Seminar, Charcoal
demonstration, Woy Woy Library,
2:30pm to 3:30pm

Thursday, Mar 30

Science Story Time, Umina Library, 10:30am to 11:30am

Suicide prevention with LivingWorks SafeTALK, Peninsula Community Centre, 6pm to 9:30pm, bookings essential

Sunday, Apr 2

Sunday Blues Jam Session, Hardys Bay Club, 2pm

Pretty Beach markets, Pretty Beach Public School, 9am to 2pm

Thursday, Apr 6

Ben Woodham, Sounds on West, Umina, 6:30pm

Monday, Apr 10

Wii U for you, Umina Library, 2:30pm to 4pm

Tuesday, Apr 11

Classic crafts for beginners, Woy Woy Library, 2:30pm to 4pm

Saturday, Apr 15

Patonga Easter Saturday Fete, Patonga Progress Hall, 9am to 1pm

Sunday, Apr 16

Umina Beach markets, Peninsula Recreational Precinct, 9am to 2pm

Ocean beach Surf Life Saving Club luncheon for former members at the clubhouse

Jam with Pete Healy at Hardys Bya Club from 3pm

Thursday, Apr 20

Classic Tales, Woy Woy Library, 10am to 11:30am

Saturday, Apr 22

Bob Evans Lonesome Highways Tour, Hardys Bay Club,

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

ANTENNAS

A Better Picture

Antenna & Digital
Installations & Tuning
New home specialist
Credit cards OK

HAYWARD VIDEO

All areas Gosford 4323 6367 Woy Woy 4344 4414 Warnervale 1800 244 456 0412 685 555

Hawkins C.V. Service

Antenna sales and installations TV and Audio Repairs

4341 8860 - 4341 7332 0473 468272

23 Wallaby Street, BLAC

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TJM Bathroom Renovations Quality Workmanship at affordable prices

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over 30 years
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Local know how working with pride
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or

Classifieds advertising rates - in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See www.CentralCoastNewspapers.com www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

BUILDER

Carpenter

(Semi Retired)
Lic 1355c - Fully Insured
For all your home
maintenance repairs
and small jobs
contact Max Hull
for a friendly reliable
service

4342 5893 0413 485 286

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Carpenter & Joiner 40yrs Experience Decks, Pergolas, Doors, Windows etc Fully Insured - Call Gary

0458 130 829 4341 1346

no labour & materials over \$100

Small building jobs

Carpentry, repairs, renovatons and alterations Seeping & Boarding

mantenence Semi-Retired Builder Call Gerard 0415 294 009



0414 486 515

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Weston & Wilson Cleaning Services

Domestic, end of lease, holiday & vacate cleans.

Regular or one off.
Fully insured, WWC &
Police check avail.

Maryanne 0403 505 812

From \$35 hour.

DOORS&WINDOWS



Security: Entrance: Interior:
Bifold: Wardrobe Doors:

Alluminium Glass Sliding Doors and

Windows: Blinds: Awnings:
Alluminium Quickslat Screening:
Dog And Cat Doors: Fly Screens:
Locks: Wheels And Tracks

ALL MAINTENANCE AND REPAIRS

Unit 1/14 Alma Avenue Woy Woy 4339 2424

0402 186 546

POLICE MASTERS LIC 409982903 SECURITY LIC 2E409965334 CARPENTRY JOINER LIC 256823C

ELECTRICIANS

BKW

Electrical Services

Lic No:248126C Lights - Fans -Power - Reno's Switchboards -Security lights No job too small Call Ben on

0404 093 299

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Same day service Guaranteed

Lighting, Power Points Phone & Data, Fault Finding,

No job too small. Seniors Discount. Lic number 265652C

4308 6771

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BLUESANGELSYour total acoustic

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4324 2801

central coast

To advertise here call 4325 7369

ENTERTAINMENT



The
Troubadour
FOLK AND ACOUSTIC

MUSIC CLUB

SAT MAR 25

AT 7PM PENNY

DAVIES AND ROGER ILOTT

CWA HALL WOY WOY TICKETS 7PM \$10/13/15

www.troubadour.org.au

4342 6716

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Lawn Mowing &
Garden Maintenance
High Pressure Cleaning
Handyman Service
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MASSAGE

THERAPEUTIC MASSAGE

90 minutes - only \$50
QUALIFIED MASSEUR
Would suit
elderly people
Home visits available
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0406 053 963 Lic: CN9467

FENCING

BLUEPRINT FENCING

All types of fencing, gates and retaining walls Call Luke Free quotes

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howly@live.com.au

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Clean Ups
Odd Jobs around
the home
Fully Insured
Ph: William

0478 672 079

KITCHENS

Benchtops
supplied and
seconds for sale

R&J Benchtops

Gosford

0456 884 545

PAINTER

BUCELLO'S

Painting Services
Residential and
Commercial

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0410 404 664

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JOHN LANCASTER PAINTING & DECORATING

All aspects of painting 30 yrs experience High quality of work Best Prices - Pensioner Discounts - FREE Quotes Phone John - 4362 3287 or 0434 796 449

PLUMBING

Umina Beach Plumbing

All aspects of plumbing:
Drainage and Gasfitting,
Domestic and
Maintenance Works
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Hot Water tanks
4344 3611
0402 682 812

YOUR LOCAL PLIIMBER

Same day service Guaranteed

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4346 4057

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Gas installations Hot Water Systems Appliances Portable Heater Servicing Drainage and all aspects of plumbing Senior's discount Call Brent 0422 080 936

POSITIONS VACANT

Experienced Tilers wanted!

Start Immediately 0439 589 426

REMOVALS



Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates



TILING



Tiling Wall & Floor **Property** Maintenance 0439 589 426

TREE SERVICES

Lyecare

Tree and Stump **Grinding Services** Mulching Available Fully Insured **Call Jamie**

0413 088 128

Roosters have first hit-out

The Woy Woy Roosters had their first hit out for the 2017 season on February 18, when the club took two teams to trial against Berkelev Eagles down Berkeley **Sports** Ground on the South Coast.

The players coaching staff and committee members with newly appointed 1st Grade ball boy Brae Goddard from the Roosters U8's headed off from Woy Woy Leagues Club at 8:30am.

The full squad of players was unable to attend as many had previous commitments; never the less new coaches Mr Mack Fawcett and Mr Scott Wilesmith were confident of putting on a good display.

The second grade team took to the field but suffered a blow when captain coach Mr Scott Wilesmith suffered a head knock in the first quarter that had him leave the field and not return.

Miguel Acevedo-Moreno from the under-19s was sent into the game earlier than expected and made an impact straight away and continued throughout his time on the field to take on and trouble the Berkeley defence every time he took

TUITION - DANCE

Gosford

Scottish

Country

Dancers

hold an intermediate class on

Wednesdays from 7 to 10 pm

at Wyoming - It's an excellent

form of exercise which brings

men, women and young people

together socially, learning new

and old dances in a very friendly

relaxed atmosphere

No experience or partner

necessary

All ages welcome

Cost \$7.00 per week -

Contact Janice on

the ball up.

The Eagles got away with an early lead and ended up winners 16-10 but the Roosters performed well and Mr Wilesmith and the coaching staff were happy with the effort considering the number of players that were unavailable and the number of ball work sessions the team had under their

By the time kick-off for first grade, dark clouds were rolling in from the south.

second Like grade, Mack's boys were slow getting into the game and it took a while for them to settle into a rhythm and make the ball stick.

defence Their was outstanding having withstand repeats sets of sixes on their own line with the Eagles five eighth and right hand centre targeting

TUITION - MUSIC

Learn to play harmonica at vour own pace at my place or

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phone 02 4324 2801 email tom@tomflood.com.au \$40 hr or \$25 1/2 hr Skyperharp: pay by PayPal SPRINGFIELD, NSW

TUITION - SCHOOL

NEED

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PRIVATE TUITIONS

OFFERED: •Private

tuition for English

students from years

7 - 12 •Private tuition

for Yr 11 & 12 standard,

advanced, extension 1 &

2 students •Private tuition

for Geography students

from 7 - 12 •Private tuition

for Yr 11 & 12 Business

Studies PRICING: -

Private Tuition \$30/h

0478 980 724

Jackson Manuel on the left wing who was more than up to the job and kept them out stopping a couple of tries under the high ball.

When the Roosters had the ball they soon got into stride and with all eyes on new recruit Liam Foran.

Once he had his timing, he started directing his support around the park and troubling the Berkeley defence; pushing them onto their back foot as well as

PUBLIC NOTICES

putting a couple of pearlers in from the boot.

The game was cut short due to lightning in the second quarter with the Roosters starting to look dangerous picking up the momentum.

Shortly after the players left the field the weather deteriorated further with hail pounding down, the game was called with Woy Woy ahead 6-0.

Media release, 23 Feb 2017 Tim McParlane, Woy Woy **Rugby League Football Club**

POSITIONS VACANT

Car Boot Sale

March 26 9am to 1pm

Great variety of stalls BBQ, Tea & Coffee. Vendors Welcome ~ \$15 per car Now at Dunban Road Car Park NB stall sites not open until 6.30am Cnr. Ocean Beach Road Woy Woy Always Last Sunday (Except December)

Enq: 0478 959 895

MARKET TRADERS WANTED

Opportunity to sell the Revolutionary

JACK BELT

Great commission, All point of sale, stock and branding provided Check Out the Website www.jackbelt.com Call Cheryl 0418 979 035

POSITIONS VACANT

Woodwork or Cabinet Maker or Carpentry Machinist

WANTED: Cricket Bat Repair Man

XXX Total training provided XXX

Start immediately, with Australia's largest specialist cricket store

(Assistance with moving to Sydney could be considered) Age is immaterial, we require a mature hardworking,

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Contact Harry or Stuart on 02 9502 4533

WANTED



CASH PAID

for good quality Swords, Knives and War memorabilia.

For large collections home visit available

Shop 12 - Ebbtide Mall 155 The Entrance Rd The Entrance

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For information call 1800 SCOUTS



THE SHAME

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Affordable Solutions
- Sedgewick Ettalong
- Sharon Martin Devine · Simon and Samantha Image
- **Depp Studios** Formerly of Umina
- Stan Prytz of ASCO Bre Concreting
- Andrew and Compton
- **Empire Bay**
- Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy
- William Complete Bathroom Renovations
- First Premier Electrical Service of Umina Beach
- Umina Beach Mal's Seafood Charcoal Chicken
- Ettalong Beach Simon Jones - All external Umina and sealing cleaning
- services Erroll Baker, former
- barber, Ettalong Tye King - Formerly The • Callum McDonald Fish Trap Ettalong Beach

- Roof Jessica Davis of Erina Brad - Trading as A1 cleaning services
 - Hague, Trading as By the Bay Takeaway Empire Bay • Rick Supplice of Ettalong
- Beach, Trading as Rick's Flyscreens Peter • Mountain Mutts - Monique
- Leon, Ettalong Beach • Bruce Gilliard Roofing of • Skippers Take away
 - Seafood Marilyn Clarke, Umina • RJ's Diner - Ryan Tindell of Woy Woy
 - McCorriston Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of
- Ettalong High Thai-d Restaurant of • Greenultimate Solar PTY LTD
 - & Menhir Tapas & Bar PTY of LTD
 - · Singapore Zing Cafe,
 - Dean Lampard Trading as Lampard Painting
 - Sharon Upton Pretty Paws Pets and Skaterinas Trading as Sunset Decks



Sport



Back from left: Danny Simmons, Felix Orr, Lachlan Grace, Kieren Handley and front: Archie Orr, Kalen Markey and Jarvis Orr

Excellent results in national judo tournament

Woy Woy Judo Club athletes achieved excellent results in the first National Judo Tournament of the year.

The competition was held in Canberra on February 21 to 22.

Lachlan Grace (12) competed in the Senior Boys' under-40kg division on the first day of the competition.

Lachlan managed to win his first bronze medal at a national tournament.

Felix Orr (16) stepped up to a brand new weight category, Cadet Men under-60kg, and was unfortunately eliminated in a close first round match.

Dorothy Chow (16) rounded out the day competing in three age divisions and taking three fifth places in her debut on the national circuit.

Woy Woy Judo Club's Junior contingent took to the mat on the second day of the competition.

Jarvis Orr (8) was first up going

2 to 1 to take a bronze in the under-

38kg division.

Jarvis blasted through his first two opponents winning by Ippon (full point) setting up a semi-final match against the number-one ranked player in the division.

Unfortunately Jarvis was thrown in the last minute and settled for his first silver national medal.

Jarvis' brother Archie (10) competed in the under-46kg division, going also 2 to 1 in a round robin division to take the silver medal and throw of the day.

Kalen Markey (10) fought in the heavyweight division at over-50kg, sweeping through his division to go 2 to 0 and take out his first national gold medal.

Head coaches, Mr Danny Simmons and Mr Kieren Handley, said they were thrilled for their students.

"The ACT Open is one of the toughest competitions on the Australian Judo circuit," Mr Handley said.

"To medal at this level is an achievement and we are proud of all of them." Mr Simmons added.

The Woy Woy Judo Club will compete in another national competition in Queensland, Junior State tournaments and NSW State Titles in coming months.

Media release, 14 Mar 2017 Danny Simmons, Woy Woy Judo Club

Bridge club holds autumn pairs

The Brisbane Water Bridge Club held its annual Autumn Pairs on March 15.

The winners were Ms Julie Teague and Ms Marilyn Jarrett with 65 per cent.

Ms Gwen White and Mr Bob Morris placed second, while Ms Sylvia Foster and Ms Jaan Oitmaa placed third.

The club announced that Ms Foster had been elevated to grand master, which required 1000 master points.

Ms Foster is the club's teaching programs organiser.

Email, 16 Mar 2017 Laurie Powell, Brisbane Water Bridge Club

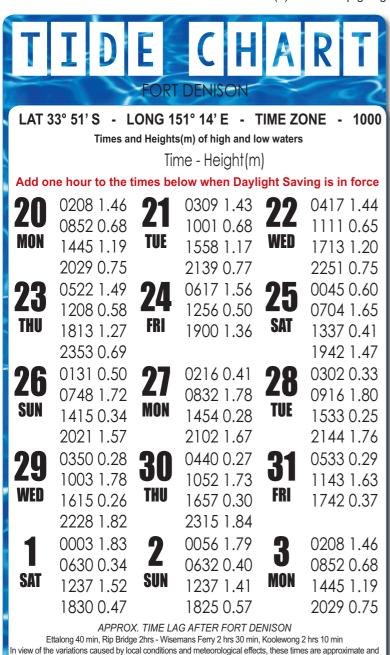


Winners Julie Teague and Marilyn Jarrett



Are you retired or looking to get involved with a warm, fun family soccer club on the Peninsula.

Southern & Ettalong United Football Club operates out of James Browne Oval, Woy Woy. We are looking for a person or persons to assist in our weekend operations at James Browne Oval. Come and join our friendly family club. We have simple various tasks that are in need of fulfilling. Remuneration applicable pending successful applicants. If you would like to find out more about the tasks required please contact SEUFC secretary on 0433 117 280.



ust be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation Actual times of High and Low Water may occur before or after the times indicated



Surf club celebrates 85th anniversary

Killcare Surf Life Saving Club will celebrate its 85th anniversary in June.

The celebration will mark 85 years since the club's first patrol with bronze-qualified members.

On Saturday, June 10, current and former Killcare members will

visit the club to catch up with old friends, relive past glories and stretch the truth on just how big "that wave" was.

It will be a sit-down dinner with only 120 tickets available.

Newsletter, 10 Mar 2017 Peter Bagnall, Killcare SLSC



Pre-season training has begun for the Peninsula Junior Swans

Ocean Beach members win bronze

The Ocean Beach Surf Life Saving Club members have won bronze medals at the Surf Life Saving NSW Age Championships.

The Ocean Beach SLSC under-14 Boys Beach Relay team and the Two-Person under-12/13 R&R Blue Team won bronze medals at the championships held at Swansea-Belmont club on March 4 to 6.

The boys, Will Adams, Hayden Doyle, Blaine Hayes, and Cooper-

Jay Staunton have been successful this year in winning bronze at the Branch Junior championships held at Umina on February 5 and came third at the Open Championship in the under-15's category on February 12.

The two-person under-12/13 R&R Blue team consisted of Mercedes Newton and Mikaela Kelly.

Media release, 10 Mar 2017 Belinda Thompson, Ocean Beach Surf Life Saving Club

Training starts for Junior Swans

Training for the Peninsula Junior Swans kicked off this month with Mr Mark Iveli and Mr David Brook taking a group of enthusiastic junior players through fitness and skills training at Kitchner Park, Ettalong on Thursday, March 9.

During these pre-season training sessions, all ages trained together giving older players a chance to mentor and help younger and less experienced players learn and build skills.

With grassroots AFL rising, and

the launch of a National Women's league in AFL, never has the future for the Peninsula Junior Swans looked brighter, according to the coaches.

Rogers Park is the home ground for the Junior Swans, which with its playing surface restored by the former Gosford Council is claimed by the club "to be one to the best on the Coast".

The club saw itself as providing local juniors with a wider choice of winter sports.

"We have many youngsters who play more than one code of football

in winter, AFL on Sundays which helps with fitness and all round ball skills for all other football," Mr Iveli said.

This year, the club has introduced a "boot bin" for players to donate old boots for community use once they grow out of them.

Peninsula Junior Swans hope to field seven teams this year in under-9s, under-11s and under-12s, which can be played mixed with girls and boys on the same team.

Media release, 15 Mar 2017 Carolyn Glover, Peninsula Junior Swans



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