

Council renews commitment to crossing outcome

Central Coast Council has renewed its commitment to work with Transport NSW and the Roads and Maritime Services to achieve a "positive outcome" with the Rawson Rd rail level crossing.

The level crossing was the site of a fatality on January 17 which highlighted the decision made by both Central Coast Council and Transport for NSW to shelve plans to replace the level crossing.

The Central Coast Council released a statement renewing its commitment to finding a solution for the community.

"The State Government originally committed \$52 million in funding for the removal of the rail level crossing at Rawson Rd and to provide a new road underpass at the base of Bulls Hill," the statement said.

The plan was to connect Woy Woy Rd to Nagari Rd.

The traffic underpass was proposed in addition to the construction of a pedestrian underpass from Railway St to Waterview Cres.

"The original design for the underpass was rejected by Transport for NSW, due to the impact the works would have on the northern rail line," the statement said.

"Intermittent closures were required for critical construction works scheduled over several weekends," the statement said.

"The pedestrian underpass was completed by Council as part of this project in 2015 and taken over by the Transport NSW to be managed by the RMS.

"An alternate design, for the underpass was developed by Transport NSW and costed \$115 million."

The Parliamentary Secretary for the Central Coast, Mr Scot MacDonald, said the recent fatality on the level crossing would not affect what, if any, next steps would be taken by the NSW Government or Central Coast Council.

A major stumbling block continued to be that both Railway St and Rawson Rd were not state but local roads.

"In terms of any State roads, I

am happy to put my hand on my heart and say we will have more state road funding go into this area," Mr MacDonald said.

"But that was a local government road and the Council came to us for help and the costing went up to \$115 million and that wasn't satisfactory from any point of view," he said.

Mr MacDonald said in order to argue for any sort of upgrade to the intersection or solution for the level crossing within the NSW Cabinet, he needed to see leadership from Central Coast Council.

"For me, it is very much about I need a helping hand from Council to say this is what we want to do and this is the final contribution we need from State Government and not something that is going to blow out.

"I have not got a confidence about that figure of \$115 million.

"I don't know whether the scope of works was final and I don't know whether RMS has got any confidence about that figure."

It is unlikely for local roads to be reclassified as State roads, he said.

He said the best strategy available to the Central Coast Council would be to strike up a memorandum of understanding with the State Government for funding based on the road being a significant transport and rail corridor.

Mr MacDonald said it was Council's responsibility to ensure adequate infrastructure was in place as the Peninsula's population grew through the redevelopment of areas from low- to medium-density residential.

"I would hope Council would be very mindful that they have adequate road capacity or that they have spoken to the State Government for support.

"If they are local government roads then they have to have the developer contributions to build up that infrastructure.

"If they haven't got those developer contributions, it is a failure of planning.

Media statement, 24 Jan 2017
Ian Reynolds, Central Coast Council

Interview, 2 Feb 2017
Scot MacDonald, Parliamentary Secretary for the Central Coast
Reporter: Jackie Pearson



Woy Woy Court House in Blackwall Rd

Lawyers write to keep local court

Peninsula lawyers have written collectively and individually seeking the retention of the Woy Woy Local Court.

They wrote a joint submission to Parliamentary Secretary for the Central Coast, Mr Scot MacDonald, following their meeting with him on January 19.

Representatives from Coastlaw, David Kelly lawyers, Ryan and Seton, Tonkin Drysdale Partners and Central Coast Community Legal Centre, had earlier written individual letters in response to the proposal.

Mr David Kelly from David Kelly Lawyers said: "The closure of Woy Woy Local Court will prejudice our clients who reside on the Peninsula.

"The majority of our clients are based at the lower end of the socio economic spectrum.

"The closing of Woy Woy Local Court will impact on their ability to access a proximate court and place further burdens upon them both financially having to either travel to Gosford or Wyong Local Court.

"The Woy Woy Local Court is a valuable and practical asset.

"It should not be closed," Mr Kelly said.

Mr Michael Seton of Ryan and Seton Lawyers wrote to the Central Coast Law Society to state that his firm "wholly and unreservedly

opposed the proposal.

Mr Seton said he wished to clarify that his firm would financially benefit from the proposed changes but remained opposed to them.

"The Peninsula community will lose its sole avenue for efficient, affordable and accessible justice," Mr Seton said.

"This will be the case for civil and criminal litigants, including victims, alike.

"It is the vulnerable people in the community that will suffer first and suffer greatest with this proposal," he said.

Mr Paul Mereniuk from Peninsula Law wrote directly to the Chief Magistrate: "We would say that the proposal of cessation of the Adult List Day at Woy Woy Local Court will result in a 25 per cent increase in the work load at Gosford Local Court."

Mr Mereniuk said he disputed claims that the changes would result in 12 extra adult sitting days in Gosford, arguing instead that the total would be eight.

"The Gosford Court House facility struggles to accommodate the stakeholders it currently services for both the District and Local Courts," he said.

"The proposed increase work load has not been met by any increase in rooms available for conferencing clients or for accommodating victims of domestic violence.

"This will also result in security issues and the need for conferencing of clients in public as opposed to private spaces.

"This is totally inappropriate," he said.

The partners of Tonkin Drysdale also wrote to the Chief Magistrate and described his proposals as "unfathomable", pointing to the Peninsula's long history of a Local Court service to a growing population.

"The cessation of the criminal, family and civil jurisdictions of the Local Court will be a great loss and shock to the community.

"It will lead to significant negative outcomes for the administration of, and access to, justice on the Peninsula.

"The only argument that could realistically be claimed by our political masters to improve services to a community by actually taking away the service is a perception of cost-saving, perhaps more correctly described as cost-shifting.

"It is a fallacy."

Letter, 13 Jan 2017
Darrell Pannowitz, Paul Tonkin, Paul Quinn, Lee Pawlak, Tonkin Drysdale Partners
Letter, 13 Jan 2017
Paul Mereniuk, Peninsula Law
Letter, 19 Jan 2017
Michael Seton, Ryan and Seton Lawyers
Letter, 19 Jan 2017
David Kelly, David Kelly Lawyers

THIS ISSUE contains 46 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

central coast

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News

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd

Vice-President, Australian Conservation Foundation Central Coast branch

NEXT EDITION: PENINSULA NEWS 413

Deadline: February 16 **Publication date:** February 20

Email: editorial@centralcoastnews.net **Ph:** 4325 7369

Peninsula News focusses on post codes 2256 and 2257

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc
Central Coast Newspapers is the commercial operator of Peninsula News
 ISSN 1839-9029 - Print Post Approved - 100002922
 Fairfax Media Print Newcastle

Woy Woy Community Media Assoc Inc

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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

One quarter of average rainfall

Just one quarter of the average monthly rainfall was recorded on the Peninsula in January.

A total of 36.7mm was recorded by Mr Jim Morrison of Woy Woy, compared to the January average of 143mm.

Rain was recorded on 11 days during the month, with only one day recording more than five millimetres.

The day was January 21 when 15.5mm was recorded.

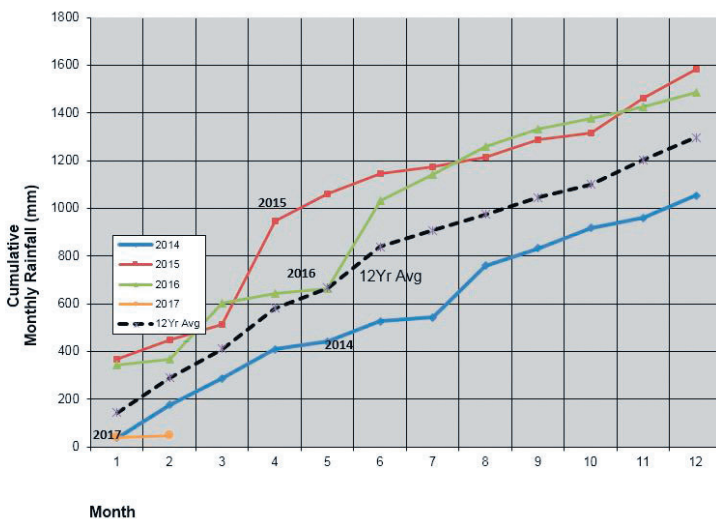
In the first three days of February, 10.1mm had been recorded.

The February average is 145mm.

Spreadsheet, 3 Feb 2017

Jim Morrison, Woy Woy

Cumulative Monthly Rainfall by Year



YOUR CHANCE TO WIN

Ettalong Diggers and Peninsula News have three double passes to give away to the Absolutely 80s show.

Absolutely 80s stars four original artists: Brian Mannix from the Uncanny Xmen, Paul Gray from Wa Wa Nee, Dale Ryder from Boom Crash Opera and Scott Carne from Kids in the Kitchen.

It's the 80s reunion party not to be missed on Saturday, February 25; doors open at 8pm and the show starts at 8:30pm.

For your chance to win one of the three double passes to the Absolutely 80s Show at

Ettalong Diggers Memorial Club on February 25, write your full name, address and a daytime telephone number on the back of an envelope and mail it to Peninsula News Absolutely 80s Competition, PO Box 1056, Gosford, NSW, 2250.

Entries close 5pm on Thursday, February 16.

The winner of the Peninsula News Gurrakool Competition was Angela Cant of Wyoming.



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Woy Woy Court House may become a Children's Court

Court workers given 25 hours to respond

Local lawyers, police, legal aid workers and workers in government agencies were given just 25 hours to provide feedback about planned closure of Woy Woy courthouse to Local Court hearing.

A six-sentence email from the NSW Department of Justice's Woy Woy Court Services registrar Ms Fiona Cotton announced the "proposal for changes to Woy Woy Court listings".

The email, addressed to 38 recipients, was sent at 12:51pm on January 12.

It said: "The Chief Magistrate's Office has received additional resources and hence has reviewed existing resource allocation."

"They have created a proposal concerning the allocation or re-allocation of these resources as follows;

"In regards to Woy Woy Court listings, the proposal is that the Local Court sittings on Tuesdays will be absorbed by Gosford Local Court and be replaced by Wyong Children's Court list on Tuesdays.

"This is tentatively planned to commence in March 2017.

"They have asked for feedback from stakeholders.

"If there is anything you would like to raise, please advise by 2pm tomorrow," Ms Cotton's email concluded.

Email, 12 Jan 2017

Fiona Cotton, Justice NSW

More stories about Woy Woy Court House changes on page 3

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The market will operate each Sunday from 8.00am till 1.00pm Rain, Hail or Shine.

Gosford City Farmers' Market
Gosford Racecourse,
4 Racecourse Rd, Gosford West



Court arrangements 'decided by Chief Magistrate'

The Department of Justice has confirmed that the Chief Magistrate, Judge Graeme Henson, was responsible for decisions about sittings at Woy Woy Courthouse.

The department was responding to reports that the Attorney-General was making the decision.

"Sittings are arranged by the Chief Magistrate of the Local Court. Only he determines sittings," the statement from NSW Justice said.

"He is independent of government and nothing to do with the Attorney-General."

The statement said Judge Henson's proposal would "increase services at Woy Woy Court to

make it a full time standalone Children's Court."

The statement said: "The Local Court registry is not going anywhere.

"It will remain open five days a week as it always has so people can lodge forms and applications as they always have.

"They won't need to go to Gosford for that.

"More importantly, in relation to Apprehended Violence Orders.

"Police now have the power to put these orders in place on the spot.

"They don't need to go to court to put an interim order in place.

"More importantly, the registrar at the Local Court can also enforce

them.

"In addition to this police can now video record a victim's statement when they attend an incident and that video statement can be used as the main evidence in court so victims don't have to repeat their story, and in many cases the victim doesn't need to attend court unless it is necessary.

"Gosford Court will now have two full-time magistrates which means the court has the capacity to take on Woy Woy's caseload.

"Woy Woy's Local Court workload has decreased to the point it only sits two to three hours a day, once a week only."

Media statement, 24 Jan 2017
Georgie Loudon, NSW Justice

Water rate review deferred 12 months

Central Coast Council has welcomed the Independent Pricing and Regulatory Tribunal decision to defer the next review and determination of water, sewerage and drainage prices for 12 months.

The decision means current prices for residents and businesses will remain in place until June 2019.

Council's assets and infrastructure group leader Mr Mike Dowling said the decision would allow Council to develop a comprehensive submission for the next review and determination.

"We will be taking the extra time granted by IPART to develop

robust and accurate cost forecasts for the 2018-19 price review," said Mr Dowling.

"This will ensure we can take into account the entire water, sewer and drainage business across the Central Coast and implement efficiencies gained during the amalgamation process.

"Council will continue to engage with IPART to ensure we develop an effective and efficient price review, which delivers benefits to both our community and Council."

Residents and business concerned about the impact of this decision on their individual water and sewerage bills can contact Council.

Media release, 23 Jan 2017
Ian Reynolds, Central Coast Council

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The Community Environment Network is pleased to support a range of school education programs through our projects and partner organisations.

The Central Coast provides many opportunities to get students outdoors, undertaking field work and collecting first hand data. Here is just some of what is on offer:

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- Involve your students in **Citizen Science initiatives** that contribute real data that scientists can use. This might be water testing, monitoring rock platforms, collecting marine debrisjust to name a few.
- our partner, **Kariong Eco Garden**, provides activities related to waste, recycling and sustainable living.
- Central Coast Waterwatch** is part of a national water quality monitoring program that has supported schools in our region for 20 years.
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Jane Smith, CEO

Central Coast Marine Discovery Centre



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The CCMDC is located at Terrigal however, many of our field work programs are conducted at different locations around the Central Coast. We can also provide talks or lessons within your school. For more information: visit www.ccmdc.org.au or email: schools@ccmdc.org.au

The CCMDC is supported by the University of Newcastle
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New government asked to address Peninsula roads

Shadow Minister for the Central Coast, Mr David Harris, has called on new NSW Premier, Ms Gladys Berejiklian, and members of her new Ministry, to address the unacceptable condition of the Peninsula's roads.

He said he had called on the new NSW Cabinet to change its direction on key policies that affected the Central Coast.

Mr Harris raised a list of key issues the Government needed to take action on.

One high priority item was the Peninsula's roads, he said.

Mr Harris said he called for Ms Berejiklian and her team to provide "assistance to Council to address the unacceptable state of local roads on the Peninsula".

"A plan to fix the Rawson Rd Level Crossing debacle in Woy Woy" was also called for by Mr Harris.

He said he would also like to see the new cabinet "addressing the appalling backlog of maintenance on Central Coast schools".

Mr Harris said the Government's city-centric policies had left the Central Coast with an ever-growing list of problems.

He said he was hopeful that the new Premier and new Cabinet might mean a new direction for the Government that benefited the Coast.

"It's one thing to have a new look Cabinet, but what we really need is a new direction," he said.

"The Central Coast has been taken for granted by this Government.

"My hope is that a new Premier and new Cabinet may mean we start to get our fair share," he said.

Mr Scot MacDonald has been reappointed to his position as

Parliamentary Secretary for the Central Coast and was also appointed Parliamentary Secretary for Planning.

Mr Harris said Central Coast Council was given annual NSW Government funding for local roads but needed to be proactive in its dealings with the new Cabinet.

"What the Government needs to do is increase the money they give to the local council for expenditure on local roads," Mr Harris said.

That would mean Council making applications to the new Minister to demonstrate how far behind they are with the maintenance of local roads.

"In media interviews during the past few days, Scot MacDonald has said he recognised the Central Coast was a growth area and it had been left behind.

"He has been saying that in his new role as Central Coast and Planning Parliamentary Secretary so I would hope he would be lobbying Ms Pavey and across all the Ministries for better funding for our communities," he said.

"The same applies to the Rawson Rd underpass.

"It looked like it had been abandoned so now we've got another Minister maybe they would be happy to revisit that.

"I don't hold out much hope.

"I think it is just a shuffling of the deck chairs but a new Minister means fresh ears and a fresh opportunity to raise and review these issues," he said.

**Media release, 31 Jan 2017
Zachary Harrison, Office
of David Harris**

**Interview, 31 Jan 2017
David Harris, Shadow Minister
for the Central Coast
Reporter: Jackie Pearson**



The Palm Beach ferry wharf was extended by 10 metres with State Government funding

New ferry services 'urgently needed', says Chamber

New ferry services between the Peninsula and the Northern Beaches and Sydney Harbour are urgently needed as "alternative transport routes", according to the Peninsula Chamber of Commerce has

Speaking after the closure of the M1 due to a truck pile-up in January, Chamber president Mr Matthew Wales asked: "How many times do Central Coast residents have to endure major disruptions on the M1 and be left to the mercy of limited transport connections between Sydney and the Central Coast?"

"It's high time that all levels of Government explore alternative transport routes," he said.

"If it's not bush fires closing the freeway, it's major accidents which often involve semi-trailers.

"These major incidents place pressure on our only other transport connection, the main northern rail line.

"For nearly 20 years we have had an alternative transport connection waiting to be built in the form of the approved ferry wharf at Ettalong Beach and yet it has sat on the drawing board lifeless," Mr Wales said.

"For a modest \$5 million, the NSW State Government and the new Central Coast Council could build this new wharf which would encourage ferry operators to look at public transport connections to the Northern Beaches and Sydney Harbour.

"Such infrastructure might encourage commercial operators to expand existing businesses like the Palm Beach Ferry service or new start operators," Mr Wales said.

"The Bangalow St Wharf is approved with active consent, fully costed and is included in the Ettalong Beach Foreshore Masterplan.

"It's no longer acceptable to patch up the old Ferry Rd Wharf and claim that this is a satisfactory connection to Palm Beach," said Mr Wales.

"When you get off at Palm Beach, you are welcomed by a state-of-the-art ferry wharf and interchange that makes Ettalong Beach look like the poor cousin.

"The Chamber is calling on the NSW State Government and the Central Coast Council to get serious about transport connections that use one of our best assets, our waterways," Mr Wales concluded.

**Media release, 1 Feb 2017
Matthew Wales, Peninsula
Chamber of Commerce**

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News



The Pearl Beach Rock Pool

Rock pool contamination denied

A member of the Pearl Beach Progress Association has rejected online comments that the Pearl Beach Rock Pool was contaminated and making swimmers sick as "completely unfounded".

Peninsula residents first questioned the water quality of the rock pool just after the New Year, when some beach goers who swam in the pool fell ill with stomach bugs.

Community members posted to a Gosford and Peninsula Community Alerts web page that they thought there was some relation between their illness and their swim in the rock pool based off of the condition of the pool water.

This prompted an online discussion between group members regarding the regularity of the pools drainage and how often it was cleaned.

Many beach goers also commented on the state of the pool with some describing the water as "murky" and "foul smelling".

Others questioned whether or not the usual increase in beach goers as part of the school holidays may have had some effect on the water quality, while others related the conditions to the lack of large swell or tides in the area as of late.

Ms Lynne Lillico of the Pearl Beach Progress Association confirmed that there had been a lack of tidal cleaning.

However, she said the pool was in a fine condition and that it was definitely not making swimmers sick.

"The Pearl Beach rock pool dates from 1926 and formed part of the original development plan devised by Mr Charles Staples, for what had been known up until then as Green Point Beach," Ms Lillico said.

"Mr Staples renamed it Pearl

Beach, drew up the street plan, all named after gemstones, with the pool a significant attraction.

"One of many built in the early 20th century on the harbour in Sydney, at various beachside suburbs and at popular holiday spots along the coast, rock pools were seen as a safe option for bathing.

"They protected swimmers from dangerous rips and shifting sands on the sea floor and also from the likelihood of shark attack," she continued.

"The original pool at Pearl Beach consisted of a simple cement wall enclosing a convenient section of the sea at the southern end of the beach.

"It had a natural sandy floor sloping away from a rock platform with a cliff behind.

"Rough changing sheds were built on the rock platform.

"Over time sand built up in the enclosure and working bees were

held to clear it out.

"In the 1960s a decision was taken to re-build the pool with a cement floor and walls and an outlet valve.

"Responsibility for the regular cleaning that was now necessary was taken over by Gosford Council.

"In recent years reinforcing rods in the original concrete began to rust and many cracks appeared with sections of the pool walls breaking off.

"It became obvious that major restoration work was necessary.

"During 2009 the people of Pearl Beach, along with their friends and many visitors who come regularly to use the pool raised \$80,000 towards the cost of the work.

"The rest of the estimated \$250,000 was paid by the council.

"The restored pool was officially opened in November 2010 and continues to be used extensively by locals and visitors alike.

"As a tidal pool it relies on large

seas to wash it out.

"However at times, particularly during holiday times with increased usage, it becomes cloudy and the water quality is often compromised.

"Locals monitor the cleanliness and with support from the Central Coast Council ensure that regular cleaning is undertaken," Ms Lillico said.

According to Ms Lillico, the pool water is perfectly all right and that once a large tide drains out the stagnant water it will no longer seem murky or odorous.

Website, 1 Jan 2017
Gosford and Peninsula
Neighbourhood Community
Alerts Page
Interview, 10 Jan 2017
Media release, 11 Jan 2017
Lynne Lillico, Pearl Beach
Progress Association
Reporter: Dillon Luke

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Permission sought for above-ground diesel tank

Permission has been sought from Central Coast Council to install a new, 30,000 litre above-ground diesel tank at a service station in Memorial Ave, Blackwall.

The Caltex Australia application seeks Council's permission to install the self-bunded diesel storage tank and associated infrastructure at 62-68 Memorial Ave, Blackwall.

A Statement of Environmental Effects was submitted to Council in support of the DA which stated the proposal did not "seek an enlargement or expansion of the existing operations at the site".

"Upon completion of the works, there will be no operational or aesthetic changes to the service station, apart from the new above-ground fuel system.

"The site is zoned IN1 – General Industrial under the Gosford Local Environmental Plan 2014.

"A service station is a permissible use within the IN1 zone and the proposed ancillary works are permissible.

"The proposal including tank installation works, complies with the relevant provisions of the LEP 2014 and various relevant legislation applicable to the proposed development.

"The principle potential

concerns addressed in detail as part of this application relate to contamination, noise, dust, odour and safety.

"Where necessary, mitigation measures are proposed to minimise impact and reduce potential risk associated with the development.

"Given the merit of the design of the proposal and the absence of any significant adverse environmental impacts, the DA is considered to be in the public's interest and worthy of Council's support," the Statement concluded.

Website, 17 Jan 2017
DA51398/2017, Central Coast Council

Application lodged for three villas in Booker Bay

A development application has been lodged to build three villas on a 749 square metre residential block in Booker Bay.

The site, at 26 Bogan Rd, Booker Bay, currently contains a single dwelling house.

According to a Statement of Environmental Effects submitted to support the application, the land is surrounded by "medium density housing and an eclectic blend of one and two storey dwelling-houses, ranging from modest, post-war design to dwelling-houses of a contemporary appearance".

According to the statement, the application seeks consent for the demolition of existing dwellings and the erection of a multi-unit development entailing, two three-bedroom town houses and a single two-bedroom villa located to the rear of the site.

Access is proposed via a driveway running along the western boundary and separate garages are provided for each unit.

The proposed units include front courtyard fencing that provide sufficient areas to store mobile waste collection bins away from the street and from the courtyard areas within the site.

The proposed development complies with the Gosford Local Environmental Plan (GLEP) 2014 in terms of height and floor space.

It doesn't comply with the minimum lot size for multi-dwelling housing but falls short by only 0.0015 per cent.

The site is also identified as flood prone on Council maps.

According to the Statement: "The proposed development would be sited within a site with localised

ponding only.

"Although the siting is not located within an overland flow path or storage area the building being a relatively small scale structure would not be detrimental to natural behaviour of the flood waters.

"The development would incorporate minimal disturbance to the natural surface levels with only approximately minor filling allowing flood waters to divert around the structure without impacting on the neighbouring properties.

"As such the development meet the overhang objectives of cl.7.2 Flood Planning and is considered acceptable in this instance," the Statement concluded.

The proposed side and rear setbacks of the multi-unit housing buildings do not comply with the prescriptive measures outlined within the setback clauses within the Development Control Plan.

According to the Statement: "The design of the development would allow sufficient boundary setbacks to alleviate visual amenity, privacy and overshadowing impacts to the adjoining properties.

"The proposed setbacks would allow the incorporation of appropriate private open space areas behind courtyard fencing that would have direct access to the living areas of each dwelling with appropriate solar access.

"The allotment adjoins a rear unnamed lane and as such the siting of the rear garages would not be detrimental to the visual amenity in relation to the adjoining allotments and to the streetscape.

"Subsequently the design and siting of the villas meet the overarching objectives of the setbacks clause and is considered acceptable for the medium density residential zone," the Statement of Environmental Effects argued.

It concluded: "The proposed development is consistent with the objectives, planning strategies and controls applicable to the site.

"The proposal provides increased housing density which is well designed to meet residential needs and is commensurate with the character of the surrounding area."

Website, 9 Jan 2017
DA 51395/2017, Central Coast Council

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Alanna Julian (centre) with Jayne Mote, Vic Deeble, Christopher Lew, Jackson Lusted, Joseph Goodwin, Chris Blunt, Jess Thomas, Elyse Lenahan, Tara Milnes, Jessica Taylor, Ben Brown and Marshall Comshaw

Woy Woy Rotary hosts Rotaract launch

A group of enthusiastic young adults have joined together to re-launch the Rotaract Club Central Coast.

Rotaract is a Rotary International sponsored service club for students and young professionals, aged from 18 to 30 years.

The members celebrated the event at a dinner meeting, hosted by the Rotary Club of Woy Woy, on Tuesday, January 31, at Everglades Country Club.

District Rotaract representative Mr Christopher Lew told guests that, as Rotaractors, the young adults could enjoy a wide range of social and professional activities while helping others by raising funds for causes of their choosing.

As members of a worldwide organisation, they could network with Rotaractors across 170 countries and attend national and

international conferences, Mr Lew said.

Representatives from the Rotary Clubs of Umina Beach, Erina, Gosford, Gosford City, Gosford West, Karingong Somersby, Wyong Tuggerah were present to witness the newly-elected Rotaract Club president Ms Alanna Julian and the members receive their badges.

Rotary Youth Exchange students from France, Belgium and Sweden and participants of the Rotary Youth Leadership Award also attended.

Rotary Club of Woy Woy president Mr Vic Deeble said: "It was heartening to see such positive interaction between young and old, those taking their first steps in a service organisation helped along by Rotarians, many of whom have spent a lifetime serving others."

"Regional Youth Support Services have kindly provided their premises in Donnison St, Gosford, to Rotaract as a meeting venue."

Membership of the Rotaract Club Central Coast NSW is open to 18 to 30 year olds.

The club's first meeting will be on Monday, February 13, at 6pm.

Media release, 2 Feb 2017

Joan Redmond, Rotary Club of Woy Woy

Member remains on leave as new sitting approaches

State Member for Gosford Ms Kathy Smith remains on extended leave while she recovers from treatment for a long-term health condition.

Ms Smith's electoral office in Woy Woy has continued to be staffed during her year-long absence and Ms Smith has needed representatives to stand in for her at public engagements.

It is unclear whether Ms Smith intends to return to her seat in the NSW Legislative Assembly when the state parliament resumes on February 14.

Ms Smith's Labor Party Colleague and Shadow Minister for the Central Coast, Mr David Harris, said her intentions were a "personal decision".

"Under the rules she can keep going until she decides she wants to vacate the seat," Mr Harris said.

"Before parliament resumes I think she will be having her own personal thoughts," he said.

"It is a personal decision under



State Member for Gosford, Ms Kathy Smith

the rules and, even though you are part of a party, you are elected in your own right," he said.

Interview, 31 Jan 2017

David Harris, Shadow Minister for the Central Coast
Reporter: Jackie Pearson



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New committee sought for Bays Community Group

The Bays Community Group is seeking new committee members after the president and five executive members have declined to run for re-election.

Retiring president Mr Bob Puffett called for Bays residents to attend the annual meeting at the Bays Community Hall at 7:30pm on Wednesday, February 15, to elect new office bearers.

Mr Puffett said it was time for fresh ideas and new energy.

"We are losing some executive members and I will not be standing for re-election," he said.

"The community needs fresh ideas and energy to continue to making the Bays the jewel in the crown of the Central Coast."

Retiring alongside Mr Puffett

were Mr Ron Taylor, Ms Anne Taylor, Ms Deborah Frankland and Ms Thea Brayshaw.

Ms Brayshaw, the outgoing events manager, said she was proud of her 15 years of service, during which she helped bring the community hall at Woy Woy Bay back to life.

She said it was time to step down to pursue the next stage of her life.

"I take with me wonderful memories and treasured friendships which I have made over these years," she said.

The Bays Community Hall is located at 19 Woy Woy Bay Rd, Woy Woy Bay.

Newsletter, 20 Jan 2017
Bob Puffett, The Bays Community Group



Kath Roughley and Gregory Olsen trade produce through the newly-established Home Grown Produce Swap

Empire Bay resident starts food exchange network

An Empire Bay resident has set up a food exchange network in an attempt to minimise food wastage.

Mr Gregory Olsen has established the Empire Bay-Bensville Home Grown Produce Swap to connect the area's home gardeners and like-minded people.

"I started the group to uncover home gardeners like myself who, over the years, have had to chuck out any surplus food," Mr Olsen said.

"The exchange gives them the chance to swap with a neighbour something they may have in excess for something they need," he added.

Mr Olsen said the beauty of the exchange lay in its simplicity and its ability to connect neighbours.

"It can be as simple as a piece of fruit or a dozen eggs," he said.

Mr Olsen posted the idea on the

internet.

"I'm really excited by the response of the community.

"They have embraced the idea enthusiastically and, in just eight days, it has attracted 73 members who are already swapping their produce.

"What's even more exciting is that they are posting photos of the results of their hard work as well as their great culinary creations," Mr Olsen said.

He said the network was attracting interest from people from Umina and Kincumber.

Mr Olsen said the exchange was an initiative spurred on by his passion for sustainable living.

Together with wife Leeanne, he made their first Sydney home sustainable and hosted many sustainability workshops including worm farming and composting.

The Olsen's brought this

passion for green living with them to the Empire Bay when they made the move up to the Coast after establishing Sustainability St, Phillip Bay.

"Growing your own food is great fun, therapeutic and relaxing," Mr Olsen said.

"It comes with a great sense of pride and accomplishment and home grown food truly cannot be bettered in taste or quality.

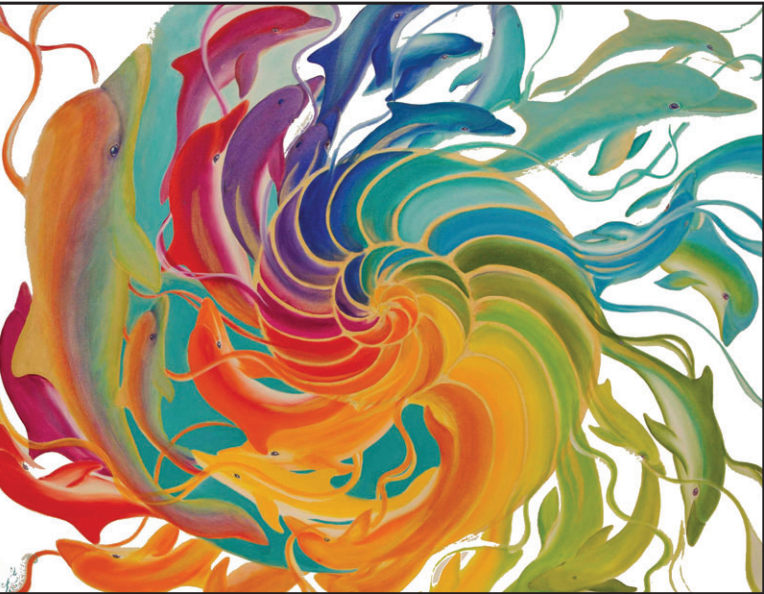
"It's good for your health, good for the environment and great for the whole family because kids of all ages can get involved," Mr Olsen said.

Mr Olsen does not use any chemicals in his garden, preferring to hand weed instead.

He uses "worm tea" and compost to give his plants a boost.

"I'm excited about the benefits a chemical-free garden can bring to my health," he said.

Interview, 1 Feb 2017
Gregory Olsen, Empire Bay
Reporter: Dillon Luke



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MacDonald casts doubt over Gosford accounts

Parliamentary Secretary for the Central Coast Mr Scot MacDonald has cast doubt over the veracity of the former Gosford Council accounts and has raised the prospect of having them audited twice.

"From what I have been told from Central Coast Council, they have had a lot of difficulty proving up their accounts," said Mr MacDonald.

"If I have any concerns I am going to be going to the Office of Local Government saying I want a truth test on this.

"I want to be very confident on their accounts, their balance sheet position and their infrastructure backlog position and if that means another auditor taking a look, so be it.

"I will be expecting a very important, very thorough assessment of this.

"Until you can measure it you can't manage it and I think that is glaring.

"I am looking for clarity and I am looking for them to be verified, so once the auditors sign off then the Office of Local Government can be comfortable the auditors have done their job."

The former council's audit was due for completion before Christmas but Central Coast Council administrator Mr Reynolds said the Council had requested extra time due to the auditors not being familiar with Gosford's systems.

The accounts for the 2015 to 2016 financial year (up to May 12) are now expected to be presented to Mr Reynolds at Council's March 22 meeting for referral to the auditor.

Mr MacDonald said: "The

current Administrator and his Interim CEO have been saying there were question marks around the accounts.

"That begs the question: Will we have the new Council, when it is all elected, saying it is going to need another \$5 million or \$15 million?" he said.

Mr MacDonald said due to his accountancy background he understood how the way assets were valued, for instance, could alter the outcome of a balance sheet.

An unexpected shortfall would result in less money for roads, kerb and guttering, he said.

Mr MacDonald said the finalisation of the Gosford accounts would be a "light bulb moment" for the new Council.

"They can then say we are now happy with the books, have identified a backlog and then ask the State Government if it can help out."

Although Mr MacDonald reiterated that the newly-merged Central Coast Council cannot stray from its current rates path for three years, a rate increase may well be on the cards beyond that date.

"The rate caps are very low at the moment, they are like inflation, around 1.82 per cent, so they will have to go to their community and ask for a Special Rate Variation and say they need an extra per cent for so many years to cover the backlog."

The size of the Peninsula's infrastructure backlog, and the funds the new Central Coast Council will have available to fix it, will remain an unknown until the audit of the former Gosford Council accounts has been finalised.

**Interview, 2 Feb 2017
Scot MacDonald, Parliamentary Secretary for the Central Coast
Reporter: Jackie Pearson**



Eddie El Gato Elguera

Skateboarder to speak at Umina church

Former world skateboard champion Eddie El Gato Elguera will visit Umina to speak at the Hope Church from 6pm on February 11.

Mr Elguera, who became a "born-again" Christian in 1983, will be speaking at Hope Church Central Coast.

He will be supported by a live band and solo musicians.

There will also be prizes, giveaways and deck signings.

Elguera is known as a legend in the sport of skating and as one of the early innovators of vertical skateboarding.

Elguera received the title of United States Amateur Skateboard Association Champion in 1979.

He then went on to the professional circuit and became Skateboarder of the Year and

received the Most Spectacular New Maneuvre award for inventing his own skateboard manoeuvre, the Elguerial.

Elguera went on to win the 1980 Gold Cup Series of skateboarding and became the World Champion for the second year in a row.

Some of the tricks, which have enabled him to play a major part in skateboarding history, include the Elguerial, the frontside rock-n-roll, the fakie ollie and the frontside invert, which he perfected.

Eddie, now in his 50s, still competes worldwide and continues to rank in the top five of the Masters division on World Cup Skateboarding.

In 1983, he joined a church and sat under the teaching and discipleship of his spiritual father and pastor, Jim Cobrae.

Within three years, Elguera married his wife Dawna, a girl from his church, and they began a family which now includes three boys.

Since then, Elguera has been skating and spreading the word about his Christian beliefs around the world.

"The Lord has blessed me 100-fold, with a comeback after seven years of having left skating."

Elguera has used skateboarding as a relatively new approach to ministry and a way to motivate kids.

"Through the gift that God has given me, I have the honor of seeing thousands of kids come to Christ, as well as many of the parents," Elguera said.

The Hope Church is at 4 Sydney Ave, Umina.

**Media release, 19 Jan 2017
Dean Wellington, Hope Church**

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News



Thong in full flight during the Australia Day festivities

Village residents celebrate Australia Day

Peninsula Village residents displayed their patriotism on January 26 by celebrating with an Australia Day concert and games.

Residents at both Peninsula Village and Coinda Village started their day with various indoor and outdoor Australia Day games before 60 residents embarked on the annual thong throwing competition.

The dedicated lifestyle team at Peninsula Villages is renowned for its weekly activity programs that focus on mobility activities as well as social, cultural and arts programs.

Regular activities at the Village include indoor bowls, group exercises, technology classes, crafts and colouring, music concerts as well as regular off site excursions and trips.

"Physical activities for residents keep their minds and bodies active and healthy and these regular social gatherings are integral to maintain the strong community and social ties at the Village," said chief executive officer Mr Shane Neaves.

"The residents always look forward to national celebrations like Australia Day, as it is a day for the whole village to get together so

residents can celebrate their own history and experiences of living in our beautiful country.

"Our residents all have long, rich histories.

"They are also so proud of their country and are keen to come together and celebrate it by partaking in an Australian tradition.

"It was really wonderful to see our residents get in the Australian spirit, which of course involves a little rivalry with our annual Thong Throwing competition.

"There are some really talented throwers that surprised our team."

After a morning of games and activities, the residents at Peninsula Village watched an Australia Day concert which featured the band Los Bonkers.

Media release, 27 Jan 2017
Alison Lorren, Brilliant Logic

A Peninsula pastor is on the lookout for a new apprentice to develop and launch a new congregation in the Woy Woy-Umina area.

Peninsula EV Church's Mr Craig Dobbie is seeking an MTS ministry apprentice to train in 2017-18.

Mr Dobbie has trained MTS apprentices for the past 20 years in the region and said the beach culture of the Peninsula provided many opportunities for evangelism and growth as families flooded into the area.

"In the year to come, we have plans to plant a second congregation on a Sunday evening to minister to the younger demographic," Mr Dobbie wrote in a Facebook post advertising the apprenticeship.

"This is an ideal training field for

the MTS candidate who's eager to see people come to Christ and who wants an experience in church planting.

"Such a person needs to be well-organised, have a good work ethic and some experience in the working world and is above all ready to be stretched," he continued.

"They will receive training in a whole bunch of areas: preaching; evangelistic strategy and skill; bible exegesis, teaching; event management; recruiting, establishing, training and developing teams; and they'll have a unique role in launching and developing a new congregation.

"There's lots of opportunity," Mr Dobbie said.

Website, 1 Feb 2017
Benjamin Pfahler, Facebook

Give us a vote to 'demerge', says Harris

Residents should be given the opportunity to vote to "demerge" Gosford and Wyong councils, according to Shadow Minister for the Central Coast, Mr David Harris.

He was commenting on a call by Shadow Minister for Local Government, Mr Peter Primrose on the new Premier Ms Gladys Berejiklian to fix the "dog's breakfast" of forced council mergers left behind by her predecessor.

"The Government's failed policy of forced council mergers has caused great angst in the community and resulted in former Minister Paul Toole losing his portfolio," Mr Primrose said.

Mr Primrose said he called on Ms Berejiklian to immediately allow communities in forcibly merged councils to voluntarily demerge.

He called for the release the secret \$400,000 KPMG report

used by the former Premier to justify the forced mergers.

Mr Harris said he supported Mr Primrose's call for a plebiscite and said it could be held in September as part of the local government election.

"I've called that we be allowed to have a plebiscite in September to ask residents," Mr Harris said.

"From what I can see people were full of hope for the new Council but their hopes have been dashed," he said.

If the Central Coast Council moves beyond the September election as a fully-merged local government, the Peninsula will be included in the Gosford West Ward with communities as diverse as the Gosford CBD and Mangrove Mountain.

Media release, 31 Jan 2017
Peter Primrose, Shadow Minister for Local Government
Interview, 31 Jan 2017
David Harris, Shadow Minister for the Central Coast
Reporter: Jackie Pearson

Pastor looks for apprentice

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Amalgamated council will stay, says MacDonald

The amalgamation of Gosford and Wyong Councils will stay in place, according to NSW Parliamentary Secretary for the Central Coast, Mr Scot MacDonald.

Ms MacDonald was responding to calls from the NSW Labor Opposition for the new Premier, Ms Gladys Berejiklian, to give residents in merged local government areas the opportunity to vote on whether or not they wanted to remain in an amalgamated Council.

Mr MacDonald said he would be prepared to help micro-communities argue for changes to the five wards used to divide the new mega-local government area but not for another four years.

The Peninsula has been placed in the Gosford West Ward which also includes the Gosford CBD and rural communities such as Mangrove Mountain.

"Central Coast Council will stay," Mr MacDonald said.

"It is viewed as being one of the successful mergers," he said.

"Yes, there is still a lot of work to be done and we don't dispute that, but it is fair to say the NSW Government is committed to this one and I see no prospect of plebiscites or demergers."

Mr MacDonald said he believed the Central Coast Council was held up as the model merger because "it was a good geographic fit and a good cultural fit."

"It had been looked at for a long time, over 20 years by different governments."

"I think by and large people didn't use it as a political plaything and it came together well."

He said he believed any attempt at a demerger would be

"a retrograde step, create a lot of uncertainty, something we don't need."

The ward structure within the new Council was something that could be reviewed, Mr MacDonald said.

"There is always scope in the legislation to relook at wards and, if particular communities feel they have been disenfranchised, I am happy to take that forward but it would be four years after the September election before it would have any effect."

The size of the Central Coast Council, as one of the state's largest, meant it was up to staff and councillors to rise to the challenge of making sure they were engaged with all communities across the area through good communication and consultation.

Mr MacDonald said he believed that the community would be satisfied that the costs of the amalgamation, if weighed up against the "service delivery efficiencies" it would deliver, would be outweighed by the benefits.

When will the community be informed of those costs and benefits so it can make up its own mind?

"Come the September election, my expectation is administrator Mr Ian Reynolds should be able to report to both the Government and the community to say these are the savings we have made," Mr MacDonald said.

"We [the Government] have that belief it is going to be delivered but the community want to know," he said.

**Interview, 2 Feb 2017
Scot MacDonald, Parliamentary Secretary for the Central Coast
Reporter: Jackie Pearson**

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NEWSPAPERS

central coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257.

Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published in the most

recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

JANUARY 27, 2017

YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369

ISSUE 150

Lack of accurate mapping has resulted in residents being misled

Coastal Residents Incorporated has called on the NSW Minister for Planning, Mr Rob Stokes, to delay the introduction of the new Coastal Zone Management Act and associated ...

Council reveals its submission on draft coastal management plan

Central Coast Council is unable to confirm how many properties will be impacted by the proposed Coastal Zone legislative changes.

Joan O'Connell receives Order of Australia Medal for services to golf

An 84-year-old Terrigal woman who received an Order of Australia Medal in the 2017 Australia Day Honours List for services to golf said none of her 35-year career felt like work.

The full articles and more can be seen on line on our website www.centralcoastnews.net. Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 109
January 31, 2017

Your independent community newspaper - Ph: 4325 7369

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263.

The need for break-walls at The Entrance Channel highlighted

Residents from across the Central Coast came together on Australia Day to stage the second annual The Entrance Channel dig out.

The future of Central Coast Regional Airport still unclear

Mixed messages are being delivered by the Central Coast Council about the future of plans to develop a regional airport at Warnervale.

Council to acquire Aero Club land but terms remain a secret

Land currently owned by the Central Coast Aero Club at Warnervale will be acquired by Central Coast Council.

Council defies Tribunal ruling to provide open access to a confidential report

The NSW Civil and Administrative Tribunal ruling to allow a Central Coast ratepayer access to a previously confidential airport feasibility study has been flouted by Central Coast Council.

Water, sewerage and drainage rates to remain unchanged until June 2019

Central Coast Council has welcomed the Independent Pricing and Regulatory Tribunal (IPART) decision to defer the next review and determination of water, sewerage and drainage prices for 12 months.

Lester Pearson is now our sung hero

The Central Coast's unsung heroes were recognised at the annual Australia Day Awards ceremony on January 20.

Audit, Risk and Improvement Committee to be established by Council

An Audit, Risk and Improvement Committee will be established by the Central Coast Council with three independent members to be appointed by an open recruitment process.

Legal advice clinic to be held twice as frequently

Lawyers providing free legal help for people who are sleeping rough or at risk of becoming homeless will double their efforts in San Remo.

Fifty expressions of interest in regional tourism marketing received

The search for an organisation to deliver Central Coast Council's regional tourism marketing and industry services has taken another step.

*Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263.
The full articles and more can be seen on our website www.centralcoastnews.net*

Forum

Get rid of the jet skis

Cronulla?

No, it was Boxing Day on the little beaches at the groyne near Half Tide Rocks off Ettalong Beach. The scene unfolded over several hours as more and more four-wheel drives unloaded their cargo and jet skis onto the beaches. Some people left vehicles on the dunes while others cluttered up nearby streets parking illegally near intersections. Some took an hour to gather their flotilla of up to 12 jet skis on the water, taking up much space at the water's edge. One group used two skis to drag large floats and occupants around in the busy waterway, where the ferry, speed boats and yachts travel. Most jet skis rode around making unreasonable noise. Other drivers performed unusual, irregular manoeuvres for their mates. Testosterone and bravado prevailed. The mood on the beach in response was becoming unpleasant. Over the recent years, the

number of jet skis has been increasing. This Christmas reached saturation point and patient and tolerant beachgoers seemed to have reached boiling point. It was a very hot day, people on the beach were making gestures to jet skis, voices were raised in several places and some families left the beach. Finally two groups of people nearly came to blows over the jet skis and their riders' need to be right in front of swimmers. Lots of jet skis took up the space along the edge of the water, the vocal argument between four people was heated, abusive and threats were made. Two jet ski riders and two swimmers argued for several minutes: the pleasant use of the quiet little beach was spoilt. It was not safe to take your eyes off the kids as the craft came and went. The noise was intolerable and jet ski riders were aggressive and antisocial with their craft. There was also a lot of smoking. Another small group of six had made their home base further

Forum

around east of Anderson's Wharf. They constantly came and went from the sandbar. A local told me that their language and behaviour was also disgusting and inappropriate. And another group put up camp at Ettalong wharf. Several jet skis came and went, a Staffordshire cross dog that was with them roamed menacingly at will. Home owners along that area are enduring ongoing noise all day and I have witnessed jetski groups at this location many times this month. So much for a pleasant swim. Some women are saying that they now feel uncomfortable on the Half Tide Rocks beach and you may wish to think about what this means for your wives and sisters and mothers. The elderly feel that it is now not safe to swim at their favourite local beach. People with disabled children and adults frequent this area because in the past it has been

safe and quiet, the waters are calm and shallow, the sand is not very wide and access is easy for the incapacitated. Families having a rest from their week's work, come for a quiet and safe time of fun and respite from the noise and activity of their working days. But no, these friendly, calm, safe shallows which were a gem are now suffering from the influx of these watercraft. On the Boxing Day, I was there and witnessed the chaos. There were craft from the Waterways, Police, and life savers and jetski police booked some of the jetski people. Why so much appreciated, but wasted effort, to no avail? Our leaders and law makers in our area must find this embarrassing. The recent coordinated plan to address the watercraft is to be applauded. However, the situation is untenable and it will only get worse, as it has done, over the last three years. There are several under currents including political, social,

gender and racial. There is a simple and easy solution. Get the jet skis off our Brisbane Water before the situation escalates and becomes complicated and further inflamed. The ramps are overflowing. Fishermen are not happy. People in Killcare, Hardy's Bay, Booker Bay, Orange Grove, Ettalong, Blackwall and Woy Woy are not happy. Those of you that read this, take a moment and write of your concerns to the paper, Council and local member Kathy Smith. Take photos, videos, registrations of vehicles or jet skis, simply say what has happened. Don't complain to each other. More voices need to be heard. Our leaders and the authorities need to know how the community is thinking and feeling. Do something. Help to get rid of the jet skis. Why should the Brisbane Water become the playground and dumping ground for craft ejected from Sydney Harbour? Email, 21 Jan 2017 Arlene Bridges, Woy Woy

A rip-off and wrong

A good friend went to Dubbo and Parkes over the weekend of January 14 and 15 and told me that in Parkes unleaded petrol was \$1.28 a litre and E10 at a\$1.26 a litre. On the Peninsula, it is over \$1.40.

Forum

Hey, are we getting handled or what? Someone has to do something about it. It is just a rip-off and wrong. Email, 16 Jan 2017 Rod Munson, Woy Woy

Forum

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NEWSPAPERS
central coast

We can do without the Bulls Hill underpass

The loss of a life, as in the case of the Rawson Rd level crossing accident, is always a personal tragedy for those immediately involved.

However, in economic-rationalist terms, so beloved of our Government, the value of a human being is negligible, since there is an enormous oversupply of them, as a result of the burgeoning global population.

Not everyone might agree with this economic-rationalist approach, but for Stephanie Short (Peninsula lives matter, January 23) to draw the conclusion from this unfortunate event (of which the details are still unclear) that the Bulls Hill underpass should be built is illogical.

In this case, the Government could quite reasonably argue that it had provided an enormously expensive underpass at Rawson Rd and that anyone who chose not to use it must bear the consequences of his own actions.

All those who believe in individual responsibility for actions and like to inveigh against the nanny-state must agree with this position.

If the Bulls Hill underpass could be justified in traffic terms (which it cannot, as I have previously pointed out), then the expenditure of \$115 million or so on it would be sensible.

Forum

However, if we are talking about it as a life-saving measure, any spare \$115 million that the Government has lying around can be put to much more effective use in numerous other ways.

Even if Ms Short limits her consideration to Peninsula lives, the provision of improved ambulance services, the distribution of defibrillators, widespread training in CPR and the construction of footpaths are just a few of the items that spring to mind as a more beneficial use of funds than a new underpass.

No doubt, readers can suggest other and better priorities.

As far as I am aware, this is the only death to have occurred at the level crossing, whereas there are dangerous traffic black spots elsewhere in the municipality that require more urgent attention.

Emotions and political expediency might over-ride statistics in some cases, as has happened at Terrigal, but it is the responsibility of Government to use funds to the greatest benefit of the greatest number of people.

The Bulls Hill underpass is something that we can do without for years to come, while we lack basic safety measures elsewhere.

Email, 25 Jan 2017
Bruce Hyland, Woy Woy

Plant trees to stay cool in summer

With summer temperatures soaring, it is vital that we grow shade trees to protect ourselves from harsh UV rays.

On a hot day, the first place we like to park our car is under the shade of a big tree.

When walking on a hot day, respite under the shade of a tree is a blessing especially for the young

Forum

and the old and frail.

With a rapid rate of urban development on the Peninsula, we are seeing well established mature trees being cut down.

With development also comes a predominance of hard surfaces, asphalt and concrete, adding to the rise in temperatures.

Plant a tree for shade in your garden or nature strip.

Some of the best trees for your nature strip, as advised by the previous Gosford City Council, are tuckeroo, callistemon, water gum and brush box.

Let's bring shade trees back to the Peninsula and stay cool in summer.

Email, 1 Feb 2017
Debbie Sunartha, Umina Beach

Bridge club holds New Year's Cup

The Brisbane Water Bridge Club has held its annual New Year's Cup.

Twenty seven pairs participated in this event, held on Monday, January 2, at the Peninsula Community Centre in Woy Woy.

Sylvia Foster and Karen Ody were the winners of the North-South pairs and Susan McCall and Pamela Joseph were the winners of the East-West Pairs.

Second place getters were Marie Purkiss and Diane Nichols

and John Duncan and Martin Johnson.

In third place were Cathy Russell and John Brooks and Hope Tomlinson and Barry Foster.

Media release, 3 Jan 2017
Jenny Buckley, Brisbane Water Bridge Club

Junior life savers to compete at Avoca

Twenty-seven athletes from Umina Surf Life Saving Club will compete in the final round of the the Junior Ironperson to be held at Avoca on February 18.

The final round is the last of three in the series which ranges from under-10s to 17 years.

Umina competitors Elise Pryde, Kiara Jack, Mimi Henderson and Lachlan Braddish all have chances

of top three results in their age brackets.

Media release, 1 Feb 2017
Richard Braddish, Umina SLSC

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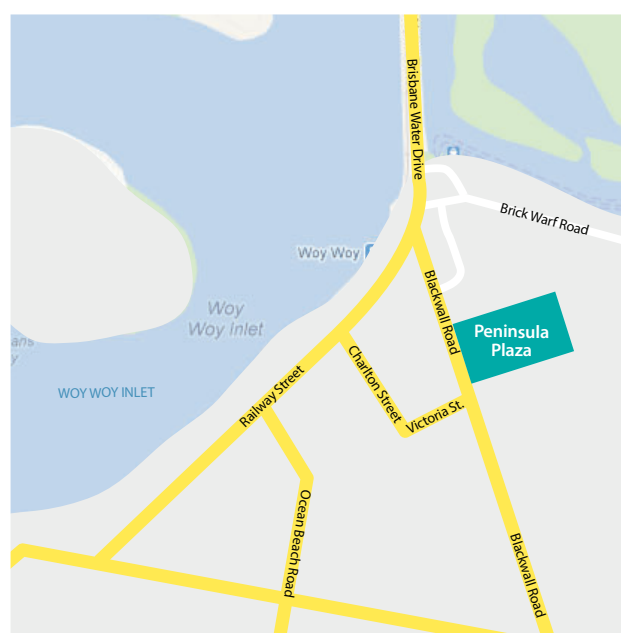
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Program to combat mental illness stigma

The St Vincent de Paul Society has just launched an award-winning program on the Peninsula to assist those with a mental illness.

Compeer has been launched to help combat the social isolation facing people living with mental illness.

It is now looking for volunteers on the Peninsula.

Central Coast Compeer coordinator Ms Cathleen Inkipin said she was excited the program was being rolled out locally.

"Research shows that one of the best ways of combatting the stigma around mental illness is for more people to have personal contact with someone who is living with mental illness," said Ms Inkipin.

"Evaluations of Compeer highlight how gaining a greater understanding of mental health can reduce stigma.

"Then we can build a more inclusive community where everyone is valued as unique individuals," she said.

"If you can spare one hour per week or four hours over a month

and are interested in a rewarding volunteer experience in the mental health sector, call Phyllis Sakinofsky on 0417 446 430.

Compeer has been running in other locations since 1996.

It is an international award-winning program that matches people living with mental illness to a volunteer who shares similar interests to meet up together for four hours a month for social outings.

Media release, 2 Feb 2017
Phyllis Sakinofsky, St Vincent de Paul Society

Naturopathic nutritionist starts at Umina

An accredited nutritionist has been introduced at a local health centre to offer naturopathic nutrition to its clients.

Umina Chiropractic Centre has welcomed a new practitioner, Ms Bettina Lucini, an ATMS accredited nutritionist.

Ms Lucini recently finished her nutritional studies at Nature Care College in Sydney and offers naturopathic nutritional advice and guidance.

Naturopathic nutrition looks at underlying issues and treatment plans are gentle, non-invasive and effective, according to Ms Lucini.

She said her aim was to educate and empower her clients by motivating them to take on more personal responsibility for their health.

"It is much more effective to teach than to treat patients," she said.

"The chiropractors in this practice have noticed that many distortion pattern of the frame occur because of poor nutrition.

"For example, low iron can lead to poor oxygenation of the muscle tissue which may lead to muscle spasm and problems with the joints that the muscles attach to.

"There are many reasons why we should pay attention to what we eat.

"The processed, low-variety foods many of us love to consume may be convenient, but they compromise our health.

"Especially when we are sick, we need to pay attention to what we eat, so that we can give our bodies all it needs to heal.

"You may even be able to prevent or improve chronic conditions by improving your diet."

Media release, 20 Jan 2017
Bettina Lucini, Umina Chiropractic Centre

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Teenagers charged with car theft

Police have charged two teenagers following a carjacking along North Burge Rd, Woy Woy.

A man was sitting in his Holden Barina at about 3:30pm on Thursday, January 26, when he was approached by two 16-year-old boys.

One of the boys produced a knife before threatening the man, who left the car.

The teenagers got into the car and drove a short distance along North Burge Rd, before stopping

and fleeing the scene.

Officers attached to Brisbane Water Local Area Command attended and commenced an investigation.

A short time later police located the two boys on Blackwall Rd.

Both were arrested and taken to Gosford Police Station where they were charged with aggravated steal motor vehicle.

The two boys were refused bail and appeared at Children's Court on Friday, January 27.

Media release, 27 Jan 2017
NSW Police Media

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News



Ms Dorothy Harvey

Recognised for special contribution

A long-term Peninsula resident has been recognised for her special contribution to the community.

Ms Dorothy Harvey, a resident of the Woy Woy Community Aged Care Hostel in Kathleen St, Woy Woy, received her reward from the Rotary Club of Umina Beach.

At a special presentation, Ms

Harvey was made a Paul Harris Fellow for her special contribution to the community over many years.

Club past president Mr Rod Radford, also a Paul Harris Fellow, nominated Ms Harvey for the fellowship.

The Bells Musical Group made Ms Harvey its pianist and for many years she helped to organise

groups to sing at retirement villages on the Peninsula and in other areas of the Central Coast.

Newsletter, 24 Jan 2017
Rod Radford, Rotary Club of Umina Beach

Emergency workers offered yoga classes

Current or former police officers, firefighters, paramedics, medical professionals, emergency service volunteers who have suffered trauma are being offered free yoga classes on the Peninsula.

The Peninsula Yoga Centre has volunteered to become part of the FrontLine Yoga program which offers the free classes.

Classes are taught in a way which ensures conditions such as stress, anxiety, depression and trauma are not worsened.

Class guidelines are based on empirical studies and research done into post-traumatic stress disorder, neurological function and how yoga can help manage the symptoms.

Feedback from participants has been encouraging.

Some are reporting better sleep, a sense of calm and peacefulness as well as getting a sense of community support.

The program has been offered Australia-wide over the past three years and is starting in Woy Woy on Monday, February 6, at 2pm.

Instructor Mr John Wilson is a 20-year veteran of NSW Police who has firsthand knowledge of the effects of work-based trauma and is an experienced yoga teacher.

Media release, 23 Jan 2017
John Wilson, Peninsula Yoga Centre



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Robin Norling has died, aged 77

Patonga artist, draughtsman and teacher, Mr Robin Norling, has died, aged 77.

Norling was born in Windsor, New South Wales, but grew up in Taree.

He studied at the National Art School, graduating with Honours, and at Sydney Teachers' College.

In 1961, while still a student, he won the prestigious Sulman Prize.

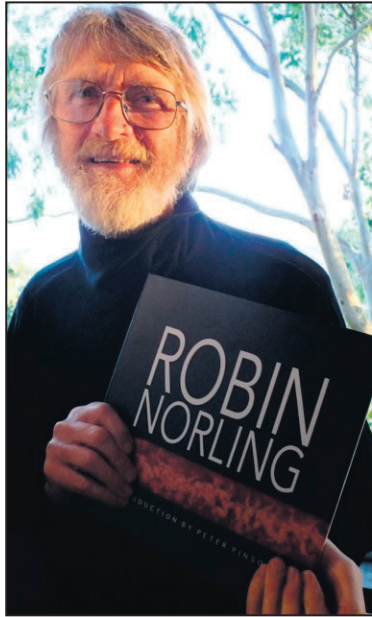
The following year, having just started teaching art at Macquarie Boys High School, Norling was awarded the New South Wales Travelling Art Scholarship, which allowed him to travel to Europe and North Africa with his new wife, art teacher Elaine Odgers.

During his Scholarship years, he studied at the Royal College of Art, London, where he obtained his postgraduate qualification.

In 1966, Norling and his wife began their slow return to Australia, driving through Syria, Iraq, Iran, Afghanistan, Pakistan and India, immersing themselves in the many cultures they passed through.

Back in Australia, Norling returned to secondary school teaching and, in 1970, was appointed lecturer in art education at Alexander Mackie College of Advanced Education.

He also began writing and presenting for a weekly ABC radio program, The Argonauts, in the



role previously held by Jeffery Smart.

Television programs followed with Channel 9 and the ABC.

From 1978 to 1986, he was senior education officer at the Art Gallery of New South Wales, during which time he curated a number of educational exhibitions and led innovative programs in art museum education.

In 1986, Norling left the Gallery and took up a position at Meadowbank College of TAFE, teaching painting and drawing.

He retired from teaching and returned to full-time painting in 1997.

During the later years of his life, he shared a studio and the directorship of Patonga Bakehouse Gallery with fellow artist Jocelyn Maughan.

Norling exhibited throughout his life and won many prizes.

Three major solo exhibitions of his work were mounted in just the last two years, including a retrospective at Gosford Regional Gallery in 2015.

As an artist, Norling stood out for his commitment to teaching.

He is survived by Elaine, their children, Beth, Meg and Owen, grandchildren, Indigo, Juno, Quinn and Theo, and his beloved companion, Jocelyn, her sons, David and Stephen, and their children.

Email, 30 Jan 2017
Jonathan Cooper, Patonga



Eva Dyberg-Mortensen holding baby Carl, Rotary President Mike Curley and former Exchange Student Per Mortensen

Former exchange student returns to Umina

Fifteen years after his trip, a former Rotary Youth Exchange student has returned to Umina.

Per Mortensen was a Danish school student when he first arrived on the Peninsula for a 12-month stay with the Rotary Club of Umina Beach.

The club, his host parents and his former Brisbane Water Secondary College Umina Campus school principal welcomed back Mr Mortensen and his family with a celebration dinner held on February 1.

The club currently has a student, Jenna Woodhouse, who has just arrived in Mexico.

Media release, 2 Feb 2017
Geoff Melville, Rotary Club of Umina Beach

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Welcome to our new practitioner!

We are excited to welcome our new practitioner, Bettina Lucini, an ATMS accredited nutritionist.

Bettina recently finished her nutritional studies at Nature Care College in Sydney and offers naturopathic nutritional advice and guidance.

We chiropractors look at the whole person and are thrilled to have Bettina joining our team as a holistic nutritionist who takes her time to listen to you.

Unfortunately, many health care practitioners are too time restricted to fully explore what is really going on, and many chronic ailments and diseases can be helped with diet and lifestyle changes.

Naturopathic Nutrition looks at underlying issues and treatment plans are gentle, non-invasive and effective.

Bettina's aim is to educate and empower her clients by motivating them to take on more personal responsibility for their

health.

It is much more effective to teach than to treat patients.

Something, by the way, Thomas Edison recognised a long time ago when he said: "The doctor of the future will give no medicine, but will interest patients in the maintenance of the human frame, in diet, and in the prevention of disease."

The chiropractors in this practice have noticed that many distortion patterns of the frame occur because of poor nutrition.

For example, low iron can lead to poor oxygenation of the muscle tissue, which may lead to muscle spasm and problems with the joints that the muscles attach to.

There are many reasons why we should pay attention to what we eat.

The processed, low-variety foods many of us love to consume may be convenient, but they compromise our health.

Especially when we are sick, we

need to pay attention to what we eat, so that we can give our body all it needs to heal.

You may even be able to prevent or improve chronic conditions by improving your diet.

So, if you want to address food allergies and intolerances, skin conditions, high cholesterol, high blood pressure, other chronic diseases, or if you would simply like to have more energy and be a true well-being, talk to Bettina.

She will work with you to help you achieve your goals.

With ongoing extra training in Sports Nutrition, Bettina can also advise you how to eat smarter in training and during competition and races.

To book your appointment, ring Bettina directly on 0404 905 703.

Once again, welcome to Bettina, and we look forward to having her help us to look after the health and wellbeing of the Peninsula.



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Education



Peer support training for Year 6 students

Year 6 students at Pretty Beach Public School have started the school year with a peer support training day.

The course was a refresher for the students to help them build their skills to be effective peer support leaders during the 2017 school year.

"Students participated in activities designed to help them learn effective decision making, problem solving and communication skills," said

principal Ms Deborah Callender.

"Peer support will begin in Week 4 and all students in the school participate," Ms Callender said.

"Peer support leaders will guide students through eight sessions," she said.

"This year's module is Promoting Harmony: Values.

"It supports students to develop the skills, knowledge and attitudes necessary to actively and critically construct shared values.

"Promoting Harmony provides

students with opportunities to explore values in the context of their school community.

"This module assists students in defining individual and community values, building relationships and improving decision-making skills.

"A key element of promoting harmony is encouraging students to identify and accept differences amongst people and demonstrate care for others."

Newsletter, 2 Feb 2017
Deborah Callender, Pretty Beach Public School

Preparing for a busy year ahead

Ettalong Public School staff members have spent their first few days back at school, preparing for the busy year ahead.

According to Ettalong Principal, Mr Colin Wallis, staff held their first school development day for 2017 on Friday, January 27.

"It was a most valuable day with staff participating in workshops and presentations around the new whole school spelling program, child protection and the Department of Education Code of Conduct," Mr Wallis said.

"Continuing professional learning for staff such as school development days is imperative to further enhance skills and improve

students' learning outcomes," he said.

"We are fortunate to have staff at Ettalong so open and enthusiastic about quality professional learning."

Teachers will also be an extending a warm welcome to new and returning parents with parent-teacher barbecue and information sessions.

"These afternoons are a great way for parents and teachers to meet and to start to get to know each other and so strengthen the home and school relationship and team approach so vital for children's learning," Mr Wallis said.

Newsletter, 31 Jan 2017
Colin Wallis, Ettalong Public School

Staff changes at Pretty Beach

Staff at Pretty Beach Public School have returned from the summer holiday refreshed and ready to begin another year, according to principal Ms Deborah Callendar.

Many of the teachers were still the same with a few additions to staff, she said.

"We welcome Mr Daniel Hoollihan as our relief face-to-face music teacher this year," said Ms Callender.

"While being a qualified music teacher, Daniel is a highly

accomplished musician and is a member of a local band called The Sea Gypsies," she said.

"During the holidays, I was notified that Mrs Rosslyn Raftery has retired from teaching.

"We wish Mrs Raftery the very best in her new endeavours and adventures.

"The vacant assistant principal's position will be filled via the merit selection process.

"Mrs Leanne Simpson has decided to take a 12-months' sabbatical," she said.

Newsletter, 2 Feb 2017
Deborah Callender, Pretty Beach Public School

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The British arrive at Broken Bay

At the time of Cook's 1770 voyage past Barrenjoey and Box Head, which mark the opening to Broken Bay and the Hawkesbury River, the people of Pearl Beach and Patonga were probably repeating customs and living strategies they had learned over the past tens of thousands of years.

The Garrigal clan would have been engaged with their traditional life when they witnessed the strangeness of the Endeavour as it sailed north with Lieut James Cook at the helm.

In the early winter of May 1770, as the ghostly ship the Endeavour floated northwards from Botany Bay past Barrenjoey and the opening to the Hawkesbury River, Lieutenant Cook (he became Captain later) noted many fires in the Broken Bay area.

He assumed the native inhabitants were communicating his presence to each other along the coast.

One can imagine a group of hunting Garrigal men with their spears at the ready, briefly abandoning the hunt to fire off a message to communicate the presence of the apparition to the next clan further up the coast.

Here, along with the near-by shell fish gathering womenfolk and children, they may have been transfixed by the spectre of the Endeavour as it silently slid into and out of sight across the opening to Broken Bay.

We know that the Garrigal clan quickly knew of the British arrival at Port Jackson (Sydney) on January 26, 1788, because when Captain Phillip and his two exploratory boats with 40 men visited Pearl Beach on the north west rim of Broken Bay five weeks later, some of the Garrigal people had items, trinkets that had been handed to Aboriginal people by the British at Port Jackson.

On March 2, Captain Phillip and 40 men visited Broken Bay to investigate what Cook had noted 18 years earlier, a large open bay that appeared to be a good harbor.

Located just opposite the Pearl Beach cafe, there is a brass



View of Broken Bay 1788 with Lion Island in the distance

This third excerpt from the Garrigal Clan of Pearl Beach and Patonga, published by the Pearl Beach Aboriginal History Committee, explores the first British interactions with the Garrigal Clan

plaque mounted on a large stone, which commemorates the moment when Captain Phillip's party visited the area

In a letter to Lord Sydney dated May 15, 1788, Captain Phillip gave this account of his stay overnight at the southern end of Pearl Beach and his subsequent crossing of the bar at Ettalong, his struggle with the tide where now stands the Rip Bridge and his entry into Brisbane Water.

"We slept in the boat that night within a rocky point in the north west of the bay (which is very extensive as the natives, tho friendly, appeared to be numerous, and the next day after passing a bar that had only water for small vessels, entered a very extensive branch, from which the ebb tide came out so strong that the boats could not row against it in the stream, and here was deep water."

The exploration of Brisbane Water was recorded in greater detail in the book *These Are My People - This is My Land*.

"At daybreak the next morning the part of two boats and 40 men negotiated the narrow entrance into Brisbane Water at Half Tide Rocks and then almost immediately drew up on a beach, either Ettalong Beach on the west shore or Pretty Beach to the east.

They found several flimsy built bark huts with lobster carapaces lying about, and inside were

several Aboriginal women, young and old.

The women were terrified at first but after presents were offered soon became more composed and friendly.

"The party continued up Brisbane Water and after passing two other coves, presumably Hardys Bay and Fisherman's Bay they came to The Rip.

"The tide was on the ebb and was running so strongly that they could not row against the current.

"While waiting for the tide to turn, they landed in an adjacent cove, either Fisherman's Bay east of the Rip or Booker Bay to the west, and were met by several Aboriginal men and women who moved freely amongst the visitors.

"They noticed that all the women had lost two terminal joints of the little finger of the left hand.

"This was no so prevalent around Port Jackson.

"Most of the women, like the men, also had a hole bored through the nasal septum.

"It was at this stop that they met a lively young Aboriginal woman who was very talkative and remarkably cheerful.

"She subsequently fell in love with Governor Phillip's greatcoat and used all conceivable means in her attempts to wheedle it from him.

"It was here too that Governor Phillip saw a large fish being landed.

"Because the fish was too strong and heavy to haul into the frail canoe on a fibre line, the Aborigines paddled their craft towards shallower water, gently drawing the fish to the edge of the bay where a waiting man despatched it with a spear.

"When the tide slackened, the exploring party pulled through the Rip beyond which they found several inlets between banks of sand, mangroves and mud.

"They stopped on one of the islands, probably St Hubert's island and pitched their tents in hard rain.

"The following day while the

tents and clothing were drying, some Aborigines paddled across from the opposite shore but were "easily kept a proper distance from the clothes".

"One of the visitors was the lively young lady they had met the previous day and, on approaching the party, she stood up in her canoe and 'gave a song which was far from unpleasing'.

"At daylight the following day the party investigated further up Brisbane Water.

"They saw Aboriginal people all the way."

Following the day's exploration of Brisbane Water, it appeared that Phillip spent the night on the north eastern shore of Broken Bay, probably Lobster Beach.

Like the Garrigal men who had a front tooth removed in initiation-to-manhood ceremonies, Captain Phillip also had a front tooth missing.

FC Bennett, the editor of *The Story of the Aboriginal People of the Central Coast*, adds colour not included in Phillip's official letter to Lord Sydney.

Bennett records: "Contact was made with the natives and very friendly relations were established.

"Camp fire parties and sing songs were held on each side of the northern arm of Broken Bay".

Book, December 2016
The Garrigal Clan of Pearl Beach and Patonga



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History

Spearpoint pumps

It was in 1979 when my family and I first arrived on the beautiful Peninsula and rented a quiet property in Umina Beach.

Two years later I found a small fibro and tin roof place in Woy Woy that I could afford.

There I met and became mates with my back-fence neighbour who was a little outspoken about a certain subject.

"You need a Billabong, mate," he said (whatever that was).

He was so persuasive and knew all types of people and convinced me that with his help and a mere \$40, he had a second-hand piston pump and a spearpoint lined up.

Not only that but he could help me install the spear and see that it was connected properly.

Another \$40 spent at the Packing House and I had a working pump, pipe to front and back yards and two taps; it was at this time I became hooked.

It was a while ago but still seems fresh in my mind and, in 1985, I bought into a pump and irrigation business.

My then business partner

became the first person that I am aware of to make a PVC composite spearpoint with 316 stainless steel, 50 mesh and held on to a hole saw-drilled 32mm PVC pipe with rivets and waterproof tape.

There were a few teething problems with the original and we quickly found out a lot about electrolysis.

My father required some underground water and I, being a bit on the conservative side, put two of my handmade spears and connected them to a 750 watt pump coupled to an 1100 watt motor.

With only the replacement of a poly checkvalve, this unit still runs beautifully to this day.

My business partner and I parted company and the manufacture of PVC spearpoints became my domain; rivets were now monel, tape replaced with heatshrink and never more to place a check valve on top of the spear but nearer to ground level.

I have probably made around 1000 of these in total as even when I temporarily moved bush, I would periodically post the odd consignment to my good friend back on the Coast.



I am not certain when the first piston pumps came to the Peninsula but it had to be in the 1940s and they were the mainstay of users for a very long time.

As the power grid in those days was apparently strained to capacity, these pumps were probably the only type which could have been legally used successfully.

Due to the fact they could be coupled to a quarter horsepower, 1440 RPM electric motor, they were certainly the main method

of obtaining much-needed underground water.

Many of these electric motors, under close scrutiny, might be found to have a number four punched over the top of the number three on the compliance tag; shock.

Being positive-displacement meant they were quite capable of using half inch hose, as the original pumps, I believe, were matched to the practical limits of this size hose.

If the hose was "jumping" during operation, you needed to put on another hose.

They came with various brand names and in quite a few different outputs: 22 Litre; 30 Litre; and then later the 28 Litre (which ran at faster speeds).

There was even a small aluminium Chinese pump that made it here but they were quite rare (and beautifully made too).

The piston pump's reign became threatened when drought set in during the late 1970s and as demand outstripped supply, the jet centrifugal seriously put its foot in the door.

It marked the beginning of the end for the piston pump as, with the price of manufacture now making them very expensive indeed, jet centrifugal pumps became a real force to contend with.

The piston pump really only held on into, I think, the early- to mid-1990s, not a bad run though.

As the name implies, it is a centrifugal pump which contains a jet.

There were several advantages of this type of pump compared to a normal centrifugal pump, such

as better priming from a depth, a pressure gradient which made automatic operation more practical and a better output at higher pressures.

On the down side though, for people who were used to piston pumps and still locked in to using half inch hose, they seemed to perform poorly by comparison.

A jet pump will provide a much higher flow rate at lower pressure at the pump than it will at higher pressure.

Thus using half-inch hose forces the pump to work at a higher pressure to overcome the losses in the hose and this effectively strangles its output.

The solution is to increase hose size and/or reduce hose length.

A case in point is someone who used a jet centrifugal and had been running a single sprinkler for about eight years.

I cut his 18-metre, half-inch hose in half, made up the difference with 18mm hose, added fittings and another sprinkler of the same type and, hey presto, he now had twice as much output.

When he questioned me about the sudden improvement, he could hardly believe the difference and regretted running his pump for twice as long and using twice as much electricity as he needed to, over such a long period of time.

Thousands of this model pump were sold by the old Umina Pump Service over a period of several years.

The owner produced the Labyrinth or Poly Spear.


The jet centrifugal is here to stay and improvements in pressure control design make them very reliable and almost foolproof today.

The original metal spears were, as the name implied, equipped with a spear-tip and these would normally be belted into the water table by various means.

These were the mainstay for many years and their contribution in providing underground water cannot be emphasised enough.

Coupled to the ubiquitous piston pump they were a major force for more than a generation (or two).

The longevity of these types of spear points was considered as not very impressive.



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Having been manufactured with holes drilled through galvanised steel and welding done to add the protection for the stainless steel (or bronze) mesh, (no re-galvanising), the attraction to the bare steel by minerals within the water made them block up. It can best be described as either coral-like in appearance or like a mushroom which grew through the screen from the bare steel.

As the performance of the pumping system decreased, a lift-and-clean was necessary and was required sometimes as often as every 18 months.

This entailed hauling the galvanised steel pipe up which was achieved by many and varied lifting techniques.

My preference was to dig down alongside with a sand auger until the whole pipe section could be rotated in the wet sand and then lifted out.

You would now have to undo the spear and acid treat it to remove the build-up.

After a thorough flushing the whole lot was re-installed: thump, thump, thump.

With the increase in manufacturing costs, together with the higher flow rate required of more modern pumps, the advent of alternatives spear points as well as the costs involved in maintenance; the days became numbered for this very important part of pumping history.

In the late 1970s, a remarkable man from Umina Beach hit on the idea to build possibly the first-ever, non-metal spear point.

I have never heard it named (apart from poly spear) but I have taken to calling it the Labyrinth Spear.

The makeup of this unique spear point hinges on the close fit between one-and-a-half inch Rural 50B which is a very tight fit over one-and-a-quarter inch Rural 50B poly pipe.

Now take a fine hacksaw blade, hit gently with a hammer to remove the wave and prepare your two different sizes of pipe.

Once these were anchored in position, cuts were made through both pipes at one inch intervals; this was done on four sides.

Having made the appropriate number of cuts in each vertical row, the two pipes were then stepped a half inch vertically apart and locked in place; water needed to go through the fine cuts, down between the pipes and enter the fine cuts of the inner pipe then to be drawn up to the pump.

Materials, by comparison, with steel spear points, were fairly cheap and their capacity was more than reasonable.

On a less promising note, this type of spear would sometimes bleed fine sand.

The surprising side benefit of this type of spear was in the way these



Even the council now taps into our groundwater.
Pictured is the treatment plant at the Woy Woy depot.

Labyrinth spear points were actually placed into position.

You couldn't thump them in so what was in effect a mining technique called "bailing" was employed.

A PVC tube was pushed down into the water table once the sand auger had stopped picking up.

A cross between a yabby pump and a windmill pump was then employed to evacuate the PVC tube which was moved further into the water table.

Once this was evacuated of wet sand to the chosen depth, the spear point, plus check valve and poly pipe tail were quickly inserted and the casing removed.

I believe some still survive even

30-odd years later.

Once this type of spear point had been brought into creation, all other types of spear points, in my opinion, became obsolete.

Material costs, tools and techniques were such that they could be made by individuals and thus future-proofed against any manufacturing short-falls.

Flow rates went through the roof with properly designed spear points and their longevity is such that my humble examples some 30-odd years ago are still functioning as good as the day they were installed.

Using the techniques described it became a relatively straightforward exercise to install composite

PVC and stainless steel mesh spearpoints.

Another technique which has been developed successfully is that of "jetting".

This technique is no less successful to that of the "bailing" technique.

It is my preference, and has been for many years, to have good quality check valves used and installed at ground level.

Some may feel that this is not the way to go, but have you ever filled a bottle with water and placed the neck under water in the sink?

Simple physics would show that it is atmospheric pressure that holds the water in the bottle. The seal on the check valve is held closed when not in use by atmospheric pressure plus any residual pressure from the pump system.

My belief is that in the unlikely event that a check valve leak occurs, it can be repaired without lifting the spear point.

In its most recent incarnation, I have chosen to increase the surface area, utilise stainless steel blind closed-end rivets and with the sealing of the mesh achieved by rebating both the end cap and coupling which fit over the mesh ends (no more heat shrink).

Other good examples are out there.

Letter, 30 Jan 2017
Larry Patterson, Umina

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Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Central Coast Handweavers, Spinners and Textile Arts Guild
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Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Central Coast Potters Society
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info@ccpotters.org
4324 5343

Ettalong Beach Art & Crafts Centre
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Mon - Sat 10am - 3pm
4341 8344
madogis@hotmail.com

Point Clare Art & Craft
Wed - Adult Art Class
Wed & Fri - Adult Crafts
Bunka Embroid, Cards, Crotchet, Cross Stitch \$3
Point Clare Hall
10am - 12noon 4325 5007

Hospital Art Australia Inc.
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0431 363 347

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www.coastcommunityconnections.com.au
4341 9333

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4342 7515
admin@mingaletta.com.au

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Community Centre, McMasters Road, Woy Woy
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Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup
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4344 9199

Probus Club of Woy Woy
Friendship, Fellowship, and social functions for active retirees.
1st Wed - 10am
Everglades Country Club
4344 7070

Seniors Computer Club Central Coast
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02 4307 9421

The Krait Club
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Umina Beach Men's Shed
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Guest speakers are a regular feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions
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www.oa.org
0412 756 446

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www.pcfa.org.au

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jthomson51@gmail.com

Troubadour Central Coast Folk, Traditional & Acoustic
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mail.info@troubadour.org.au

Political Groups Australian Labor Party
Political discussions, national, state and local government issues

Umina Ettalong Branch
2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676
Ourimbah/ Narara Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch
Everglades Country Club
7.30pm 2nd Mon
0412 517 520
belindaneal@bigpond.com
Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens
Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected
3rd Thur,
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Politics in the Pub Central Coast
Discussion of important political, social, economic, education, land philosophy issues in a non partisan manner - The Grange Hotel 4th Thur every month besides Dec

Service Groups Lions Club of Woy Woy
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0478 959 895

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Northern Settlement Services - Volunteers
Volunteers needed for friendly visits to the elderly in nursing homes.
People with a second language encouraged.
Training support provided
4334 3877
cvscoc@nssservices.com.au

Rotary Clubs
International service club improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship.

Rotary Club of Kariong
Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529
karsuebay@philliphouse.com.au

Rotary Club of Umina Beach
Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy
Tues 6pm Everglades Country Club.
Don Tee 0428 438 535

Special Interest Brisbane Water Caravan Club
located on the Central Coast and looking for new members
www.bwcaravanclub.wix.com/bwcc
4344 4363

Biz Plus Networking Association
Business owners networking group. Biz Networking breakfast every Thur 7:15am - 9am
Erina Leagues Club
Geoff Neilson
network@bizplus.com.au

Bridge
Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am
Brisbane Water Bridge Club, Peninsula Community Centre
93 McMasters Rd. Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie
50 Games every Sat night
Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family History Society Inc.
Resources, information & advice to study your family's history.
1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service
Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Lapidary Club, Minerals & Gems
Learn silverwork, cabochons, faceting, enamelling, stone fieldtrips & fossicking. Weekly Workshops
Tues and Thurs 8.30am-2.30pm
Thurs evening 6-10pm
10 Ourimbah Creek Rd Ourimbah
4362 2246

Central Coast Rescue Unit
Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc
Gliding Club, Learn to fly, Instruction FREE to members

Come and have an Air Experience Flight
All Welcome
14 and up for Training
Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Peninsula Environment Group
Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group
www.peg.org.au

Woy Woy Judo Club
3 Classes every Tue & Fri 5.00pm to 8pm
Ettalong Leisure & Learning Centre
Min age 5 years old
0434 000 170
www.woywoyjudoclub.com

Veterans National Malaya Borneo Veterans Association
1st Sat F(except Jan) 1pm
Ettalong Beach War Memorial Club, 51-52 The Esplanade.
4342 1107

Vietnam Veterans' Peacekeepers' and Peacemakers'
Assist all veterans & families with pension & welfare issues.
Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups BPW Central Coast
Empowering women of all ages in the areas of work, education, well-being and friendship. All women welcome to attend monthly dinner meetings. Be enlightened. \$40 covers two course meal and speaker.
0438 989 199
bpwcentralcoast@hotmail.com
www.bpw.com.au/central-coast

Country Women's Association Woy Woy
Opposite Fisherman's Wharf Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina
Branch meeting
1st Wed 10am
Craft and Friendship
Other Weds 9am
1st and 3rd Sun 12.30pm
0416 193 070 - 4340 1746

Gosford RSL Women's Auxiliary
For women over 18 years. Raise money for welfare of veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

Peninsula Women's Health Centre
Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women
4342 5905
www.cccwhc.com.au

WOWGIRLS Wave of Wisdom
WOWGIRLS Wave of Wisdom connects women and local businesses around a common theme of wellbeing to share wisdom and explore life's potential.
Regular PowWows, WOW Wisdom gatherings, WOW days and WOW courses.
www.wowgirls.com.au
info@wowgirls.com.au



If you would like your Community Organisation listed here, see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369



Bryce Sainty nominated as 'new artist'

A Woy Woy country music artist will be heading to the 2017 Country Music

Channel Awards after being nominated for New Artist of the Year.

Singer Bryce Sainty was nominated, off the back of the success of his latest single "Status".

"It's so exciting to have been nominated for a Country Music Channel Award," Bryce said.

"I grew up watching CMC and just to be nominated for an award is incredible.

"There are so many artists that I am such a fan of and to be nominated alongside them is truly an honour," he added.

The award, which is determined by fan vote, will be announced on March 23, as part of the CMC Award Show.

Media release, 30 Jan 2017
Bryce Sainty, Woy Woy

For FITNESS, FUN and FRIENDSHIP GOSFORD SCOTTISH COUNTRY DANCERS

*holds a class every Wednesday from 7 to 10pm at the
Church of Christ Hall, Henry Parry Drive, Wyoming*

No partner necessary
No special clothes - just soft shoes
Lively music
New dancers welcome

Janice on 4388 2253

Sandra on 4392 8716

\$7 per Night Come and join in on the fun!



The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Monday, Feb 6

Umina Library Knitters, weekly

Thursday, Feb 9

Rotary Club of Woy Woy presents Hidden Figures, movie fundraiser at Cinema Paradiso

Friday, Feb 10

The Laramie Project, Peninsula Theatre to February 12

Saturday, Feb 11

Coloured Pencil workshop with local artist Belinda Lindhardt, Ettalong Beach Arts and Crafts Centre, bookings essential

The Rewbies, Hardys Bay Club, from 7:30pm

El Gato Elguera visits Hope Church Umina, 4 Sydney Ave, Umina, from 6pm

Sunday, Feb 12

Psychic Reality Show with Philippa Lee, Ettalong Diggers Memorial Club

Monday, Feb 13

Umina Primary Book Club, Umina Library, for primary school aged children, 3:30pm to 4:30pm

Wednesday, Feb 15

The Bays Community Group Annual General Meeting at The Bays Community Hall, Woy Woy Bay Rd, from 7:30pm

Friday, Feb 17

The UK Bee Geez Show, Ettalong Diggers Memorial Club Palliative and end of life care forum, Central Coast Local Health District wants feedback on how local palliative care and end of life care services can be enhanced, Everglades Country Club, 9:30am to 11:30am

Wednesday, Feb 22

Lego at the Library, Woy Woy Library, for all Lego enthusiasts, 3:30pm to 4:30pm

Saturday, Feb 25

Compost and worm farming, Woy Woy Landfill Education Centre, 9am to 11:30am
Gardening in a small space

workshop, Woy Woy Landfill Education Centre, 12pm to 2:30pm

Sancha and the Blue Gypsies at Troubadour Folk and Acoustic Music Club, CWA Hall Woy Woy, from 7pm

Absolutely 80s Show, Ettalong Diggers Memorial Club

Sunday, Feb 26

Wicking Bed Construction, Woy Woy Peninsula Community Garden, 9am to 11:30am

Tuesday, Feb 28

Brisbane Water Bridge Club lessons, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, 9:30am to 11:30am, first lesson free and classes continue for six weeks

Friday, Mar 10

Opening night of Woy Woy Little Theatre's When Dad Married Fury by David Williams, Peninsula Theatre until March 26

Saturday, Mar 25

Opera in the Arboretum 2017, Pearl Beach

Work hung at Hardys Bay

Artist Peter McKnight's work has been hung at Hardy's Bay Club.

The works have been shown at the newly-established Hardy's Bay Art Space.

They are displayed alongside photography by Brendon and Jude

Weston and Dale Montgomery.

The Hardy's Bay Art Space is located at 14 Heath Rd.

Media release, 31 Jan 2017

Brendon Weston, Hardy's Bay Art Space

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000

Police Assistance Line 131 444

Crime Stoppers 1800 333 000

Woy Woy Police Station 4379 7399

Energy Australia 13 13 88

Gas Emergency 131 909

Gosford City Council 4325 8222

Marine Rescue NSW -

Central Coast 4325 7929

SES - Storm and Flood

Emergency 132 500

Aboriginal & Torres Strait

Islander Organisations

Mingaletta 4342 7515

Aboriginal Home Care 4321 7215

Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211

Cassie4Youth 4322 3197

Coast Shelter 4325 3540

Pacific Link Com Housing 4324 7617

Rumbalara Youth Refuge 4325 7555

Samaritans Youth

Services 4351 1922

Youth Angle • Woy Woy 4341 8830

Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666

Wires 1300 094 737

Community Centres

Peninsula Community

Centre 4341 9333

Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403

Relationship Australia: 1300 364 277

Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403

Central Coast Family Support

Service 4340 1099

Horizons (For men with children) 4351 5008

Uniting Care Burnside

Gosford 1800 067 967

Health

Poisons Information 131 126

Ambulance Text Mobile 106

Ambulance GSM 112

Gosford Hospital 4320 2111

Woy Woy Hospital 4344 8444

Sexual Health @ Gosford

Hospital 4320 2114

After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling

Service 4334 2304

Tenants' Advice and Advocacy

Service 4353 5515

Woy Woy Court 4344 0111

Libraries

Gosford district:

Umina Beach 4304 7333

Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890

Narcotics Anonymous 4325 0524

Professional support phone services:

Mental Health Line 1800 011 511

Beyondblue 1300 224 636

Domestic Violence Line 1800 656 463

Lifeline 13 11 14

Kids Help Line 1800 551 800

Griefline 1300 845 745

Suicide Call Back Service

1300 659 467

Transport

Taxi 131 008

Busways 4368 2277

City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585

Meals on Wheels 4341 6699

Department of Community Services

Gosford 4336 2400

The Salvation Army 4325 5733

Samaritans Emergency

Relief 4393 2450

St Vincent De Paul Society

HELPLINE 4323 6081

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

ANTENNAS

A Better Picture
Antenna & Digital
 Installations & Tuning
 New home specialist
 Credit cards OK
HAYWARD VIDEO
 All areas
 Gosford 4323 6367
 Woy Woy 4344 4414
 Warnervale 1800 244 456
 0412 685 555

Hawkins
C.V. Service
 Antenna sales
 and installations
 TV and Audio
 Repairs
4341 8860 - 4341 7332
0473 468272
 23 Wallaby Street, BLACKWALL

BATHROOM

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0411 678 203
 tjmbathrooms.com.au
 lic15642c

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 packages
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 www.gosfordbookkeeping.com.au
 0417 657 414

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 systems reconditioned,
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Mob: 0408 225 390
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John Woolley
4342 2024

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 both Trades
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 Lic 124312c

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 over 30 years
 experience
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 working with pride
 and honesty
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 or **4339 2317**

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 and small jobs
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 for a friendly reliable
 service
4342 5893
0413 485 286
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Joiner
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Experience
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 Lic#R92786

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 Windows etc
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4341 1346
 no labour & materials over \$1000

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Cleaning Services
 Domestic, end of lease,
 holiday & vacate cleans.
 Regular or one off.
 Fully insured, WWC &
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 From \$35 hour.
Maryanne
0403 505 812

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HUNGWELL
DOORS
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 Security : Entrance : Interior :
 Bifold : Wardrobe Doors :
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 Windows : Blinds : Awnings :
 Alluminium Quickslat Screening :
 Dog And Cat Doors : Fly Screens :
 Locks : Wheels And Tracks
ALL MAINTENANCE
AND REPAIRS
 Unit 1/14 Alma Avenue Woy Woy
4339 2424
0402 186 546
 POLICE MASTERS LIC 409982903
 SECURITY LIC 2E409965334
 CARPENTRY JOINER LIC 2568230C

ELECTRICIANS

BKW
 Electrical Services
 Lic No:248126C
 Lights - Fans -
 Power - Reno's
 Switchboards -
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4308 6771

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MUSIC CLUB
SAT FEB 25
AT 7PM
SANCHA AND
THE BLUE
GYPSIES
CWA HALL
WOY WOY
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 www.troubadour.org.au
4342 6716

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 blues/roots package,
 top to toe, and then
 some. Minnie the
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Plumbing
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 plumbing:
 Drainage and
 Gasfitting, Domestic
 and Maintenance
 Works
Installation of
Hot Water tanks
4344 3611
0402 682 812
 Lic No. 164237c

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 taps and toilets, Hot
 water and all aspects
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4346 4057

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Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See www.CentralCoastNewspapers.com or www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 500mm X 420mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

NEWSPAPERS
central coast
 To advertise here call
4325 7369

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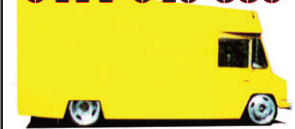
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0404 340 570
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& Floor
Property
Maintenance
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form of exercise which brings
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No experience or partner
necessary
All ages welcome
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TUITION - MUSIC

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For large collections
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The Entrance

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Australia Day celebrated
at Everglades

Australia Day was
celebrated with a
game of bowls at the
Everglades Country
Club.

Barefoot and social bowls
were both played on January
26 and a barbecue was also
enjoyed.

Everglades' board
member Mr Ray Benson
got into fun of the day with
an Aussie Flag T-shirt, pants
and a Mexican hat in Aussie
colours.

Mr Steve Guilmartin,
Ms Jeanette Jenkins and
Ms Maureen Jackson also
dressed for the occasion.

Everglades is hosting a
Barefoot Bowls Tournament
in February.

New bowlers will be
matched with an experienced
bowler and there will be two
games of six ends.

The event will run over
four Sunday afternoons and
the winner will receive \$100

cash.

Runners up receive a \$30
bistro voucher.

The competition will run
on February 12, 19, 26 and
March 5 from 3:30pm to
5pm.

Bookings are essential
on 4341 1866 and the cost
includes bowls, drink and a
barbecue.

Media release, 2 Feb 2017
Brian Dolan, Everglades
Men's Bowls

The Shame File

Central Coast Newspapers has a very liberal credit
policy for advertisers and realises that from time to
time, people, businesses and organisations get into
financial difficulty and may need assistance and time
to get things back on track.

However, some people, businesses and organisations
take advantage of this generosity they use advertising
but simply don't pay their account after several
months and need to be taken to court to do so.

From time to time, as necessary, we will name
these people, businesses or organisations as a
warning to our readers so that they will be
wary when dealing with them.

- | | |
|---|--|
| • Affordable Solutions - Brad Sedgewick Ettalong | • Tye King - Formerly The Fish Trap Ettalong Beach |
| • Sharon Martin - Devine Image | • Jessica Davis of Erina - Trading as A1 cleaning services |
| • Depp Studios - Formerly of Umina | • Simon and Samantha Hague , Trading as By the Bay Takeaway Empire Bay |
| • Stan Prytz of ASCO Bre Concreting | • Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens |
| • Andrew and Peter Compton | • Mountain Mutts - Monique Leon, Ettalong Beach |
| • Bruce Gilliard Roofing of Empire Bay | • Skippers Take away Seafood Marilyn Clarke, Umina |
| • Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy | • RJ's Diner - Ryan Tindell of Woy Woy |
| • William McCorriston of Complete Bathroom Renovations | • Thomas James Clinton , Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong |
| • First Premier Electrical Service of Umina Beach | • Greenultimate Solar PTY LTD |
| • High Thai-d Restaurant of Umina Beach | • Menhir Tapas & Bar PTY LTD |
| • Mal's Seafood & Charcoal Chicken of Ettalong Beach | • Singapore Zing Cafe , Umina |
| • Simon Jones - All external cleaning and sealing services | • Dean Lampard - Trading as Lampard Painting |
| • Erroll Baker , former barber, Ettalong | |
| • Tony Fitzpatrick , Trading as Futuretek Roof Constructions | |



Join scouts
For information call 1800 SCOUTS
(1800 726 887) or go to
www.scouts.com.au



NEWSPAPERS To advertise here call
central coast 4325 7369

Sport



Bianca Elmir (left) and Anja Stridsman (middle)

Boxers pursue Games selection at Umina

The Umina Beach PCYC has attracted two ambitious female boxers in pursuit of their Commonwealth Games aspirations.

Anja Stridsman, 29, and Bianca

Elmir, 33, have recently made the move to the Peninsula to train with boxing coach Joel Keegan. Originally from Sweden, Stridsman met Keegan while living in Sydney, and commuted to the

Peninsula for two years before making the move.

Since the inclusion of women's boxing at the Summer Olympics in London 2012, Stridsman has had the Games in her sight.

"I set my bar really high from the start.

"I've been working towards that since the beginning," Stridsman said.

Having limited opportunities to train and fight with opponents of the same gender and weight class in her home town of Canberra, Elmir also decided to pack up and make the move.

"Joel has got a reputation for being a very thorough coach. He's produced many good boxers," Elmir said.

"Boxing asks a lot out of its athletes, so if I'm going to do it, I'm going to do it properly," she said.

Both women are currently training for Commonwealth Games selection, which includes training six days a week, twice a day, sometimes more.

As amateur fighters, both Stridsman and Elmir maintain jobs outside their rigorous training.

Interviews, 2 Feb 2017
Anja Stridsman, Umina Beach PCYC
Bianca Elmir, Umina Beach PCYC
Reporter: Jasmine Gearie

Success at national pool championships

Umina Surf Life Saving Club's Jemma Smith, Rachel Wood, Bronte Smith, Kaylah Holmes and Lachlan Braddish attended the National Pool Lifesaving Championships held at the Melbourne Aquatic Centre on January 11-13.

The Championships were a gruelling three days of events that

saw clubs from across the country clash with one another for a spot on the Australian Junior/Senior Barras teams.

All five participants from Umina were successful in making their respective teams.

Lachlan Braddish was also named the athlete of the meet.

Email, 1 Feb 2017

Richard Braddish, Umina SLSC

TIDE CHART

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

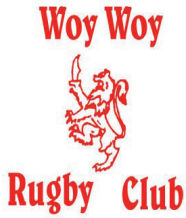
Time - Height(m)

Add one hour to the times below when Daylight Saving is in force

6	0306 1.45	7	0407 1.52	8	0509 1.62
MON	0902 0.62	TUE	1017 0.59	WED	1134 0.52
	1509 1.46		1620 1.40		1732 1.39
	2138 0.43		2237 0.43		2336 0.41
9	0609 1.73	10	0033 0.39	11	0129 0.36
THU	1244 0.41	FRI	0705 1.84	SAT	0800 1.93
	1841 1.40		1345 0.30		1441 0.22
			1942 1.43		2038 1.46
12	0221 0.35	13	0313 0.34	14	0402 0.36
SUN	0852 1.98	MON	0942 1.99	TUE	1030 1.96
	1531 0.16		1620 0.16		1706 0.19
	2130 1.47		2220 1.48		2309 1.47
15	0452 0.41	16	0540 0.47	17	0041 1.42
WED	1115 1.87	THU	1159 1.76	FRI	0628 0.55
	1749 0.25		1831 0.33		1241 1.63
	2355 1.44				1912 0.42
18	0127 1.39	19	0215 1.37	20	0307 1.37
SAT	0717 0.62	SUN	0811 0.69	MON	0913 0.73
	1323 1.49		1409 1.37		1503 1.27
	1952 0.50		2035 0.56		2123 0.60

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated.



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Brian Macauley 0438 203 152

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Lachlan Braddish receiving his award after the pool championships



Lachlan Braddish is Lifesaver of the Year

The title of Male Lifesaver of the Year has been awarded to a young Umina competitor at the Australian Pool Life Saving Championships.

Royal Life Saving announced that Lachlan Braddish from Umina had won the Male Lifesaver of the Year at the prestigious Australian Pool Life Saving Championships, held in Melbourne at the Melbourne Sports and Aquatic Centre from January 11 to 13.

Braddish was also selected in the Under-16 Junior Barras Representative Team.

Braddish won three relay gold medals, five individual golds, and

was also awarded the Men's Junior Australia Cup, and Men's Under-16 Individual Championship.

Over 160 champion lifesavers from across the nation took part in what Robert Reid, national sports advisor of Royal Life Saving Society Australia said was a tough competition amongst elite athletes.

The team from New South Wales took back their title from Queensland as the Interstate Overall Championship with Queensland a close second.

"This is a major event on our calendar every year," Mr Reid said.

"It's incredible seeing the skills of lifesavers across the country put to the test," he said.

"With competitors ranging in age from 11 to 76, it shows that you're never too young or old to learn how to save a life.

"Drowning is still a major issue for Australia."

Competitors at the championships took part in real life rescue scenarios.

This included the mannequin carry, obstacle swim and the simulated emergency response competition.

During this event lifesavers were tested on knowledge, skills and initiative.

Media release, 20 Jan 2017
Robert Reid, Royal Life Saving Australia



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