

Council to proceed with recycling at Bulls Hill

Gosford Council has revived a two-year-old proposal to build a recycling facility at the site of the Bulls Hill quarry.

The Council resolved to initiate the Local Environment Plan "gateway process" for a resource recovery facility in Woy Woy at its meeting of Tuesday, June 6,.

The site is 750m from Woy Woy Rd and was operated as a sandstone quarry until 1982.

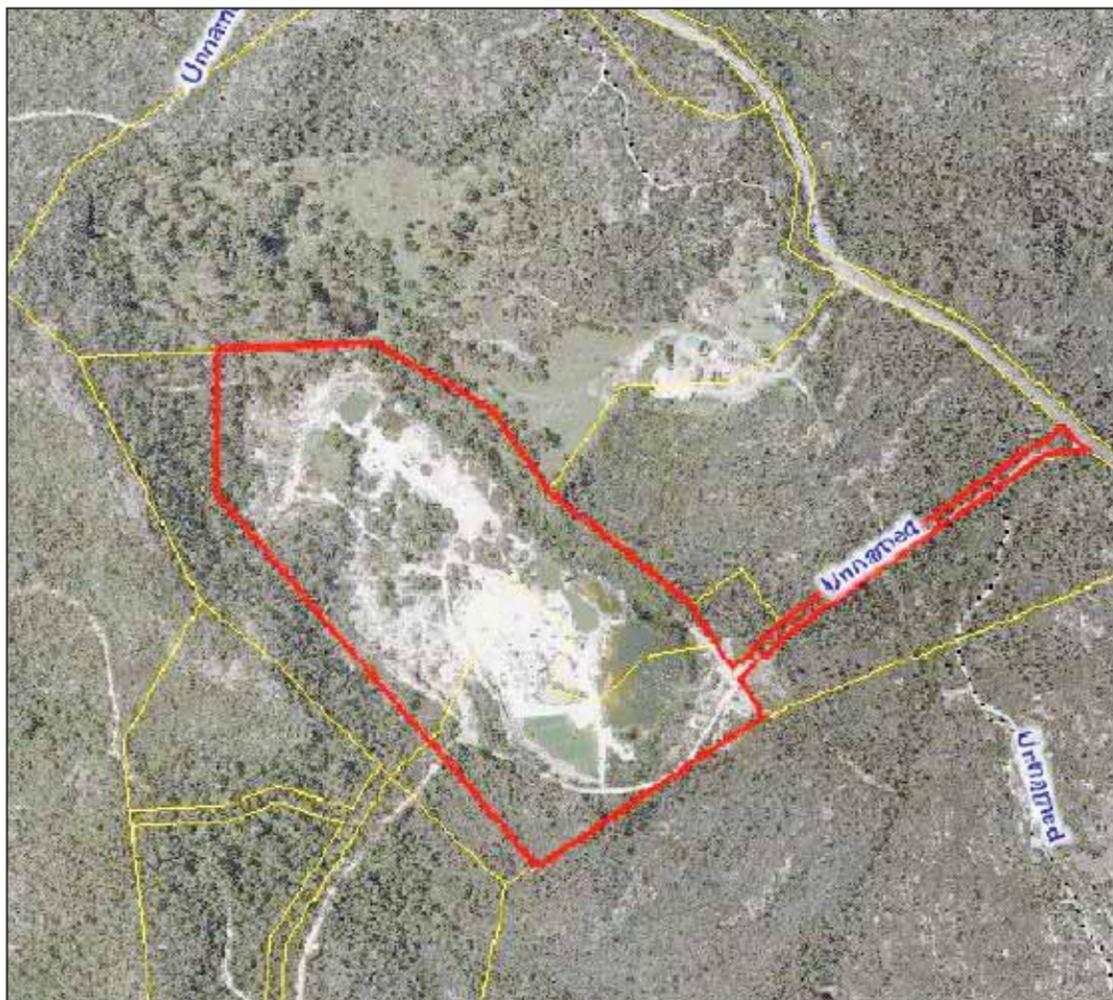
A licence for the extractive industry continued until the mid-1990s.

The land used for the quarry extraction area is now stripped of significant vegetation and accommodates several siltation dams, ballast stockpiles and dumped cars.

The matter was previously considered by Council on December 7, 2010, and a planning proposal was forwarded to the Department of Planning, which subsequently requested clarification regarding a number of operational issues.

However this was withdrawn when the Council's City Services Directorate advised that until a Regional Waste Strategy has been investigated it was unwise to proceed.

Council was told that the Regional Waste Strategy progressed and it was considered that the development of a resource recovery facility located at Bulls Hill was critical to the future waste management options for Gosford.



An aerial view of the old Bulls Hill quarry site

It was determined that the site be considered in the Regional Waste Strategy and formation of the Joint Central Coast Waste Initiative.

Council was told that in 1983

Sinclair Knight and Partners produced a report entitled Gosford-Wyong Regional Waste Disposal Study which identified four additional sites in Gosford LGA available for future waste disposal. Only the Bulls Hill Quarry site was considered suitable for a future solid waste disposal site. The study found that the main advantages of the site included a good location clear of residential

areas which was only 2.5km further from the centre of Woy Woy population area than the existing depot, economically controllable environmental impacts, a large volume over which to distribute development costs and a lack of other suitable alternatives.

A report from council staff stated that no action was taken at that point as the three existing landfill sites in Green Point, Kincumber and Woy Woy had sufficient capacity for immediate needs.

The report stated only the Woy Woy site now operated as landfill and recycling was a necessity.

The Woy Woy tip's life was limited to 2032, based on current usage, according to the report. "It is imperative that Council seeks to prolong its economic life by recycling all suitable material and thus reducing landfill."

"The planning proposal provides the capability to divert significant quantities of solid, construction and demolition waste and green waste from the existing landfill."

The site would include a soil processing facility, community re-use facility, an Alternate Waste Technology section for processing of 100,000 tonnes per annum of municipal solid waste, incorporating material from both Gosford and Wyong, and a composting facility for managing 60,000 tonnes per annum of source separated green waste and 15,000 tonnes per annum of biosolids.

Gosford Council Agenda ENV.48, 5 Jun 2012

Council supports horse riding school



The proposed site for the horse riding school in Empire Bay

Gosford Council has agreed to support an application for a new horse riding school on Empire Bay Dr, Empire Bay.

The proposal includes improvements to the existing agistment facilities on the property including the upgrade of an existing holding paddock, the formalisation of a holding paddock to a lesson arena, the formalisation of the view area, the upgrade of three existing spelling paddocks and use of the widened driveway for client parking.

The proposal provides

for a local "animal training establishment" that would service the greater Peninsula and Bouddi catchment and provide local part time employment and economic benefits for local families.

It would also provide a local recreational facility for young people and people with disabilities who wanted to learn horse riding skills.

In addition, the proposal sought to establish a valuable small scale tourist facility that would service the growing day trip and overnight market.

A staff assessment of the proposal presented to Gosford Council on Tuesday, June 7, stated that there was a strong demand for additional horse riding facilities in the area with only one other commercial operation which was already operating to capacity and had limited availability for additional students.

The council will initiate the Local Environmental Plan "gateway process" to enable the proposal to proceed.

Gosford Council Agenda ENV.49, 5 Jun 2012

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

Editor: Mark Snell

Commercial operator:

Cec Bucello for Ducks Crossing Publications

Journalist: Kaitlin Watts, Elyse Gunner

Graphic design: Justin Stanley

Photographer: Naomi Bridges - **Sales:** Val Bridge

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd
 Convenor, Burrawang Bushland Reserve Committee
 President, Australian Conservation Foundation Central Coast branch
 Chairman, Equilibrium Community Ecology Inc
 Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 294

Deadline: **June 21**

Publication date: **June 25**

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website. **Material for publication may be left at LJ Hooker in Woy Woy, Peninsular Office Supplies in Umina or Ettalong IGA.**

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc
Ducks Crossing Publications is the commercial operator of Peninsula News
 ISSN 1839-9029 - Print Post Approved - PP255003/09959
 New Age Printing, Rydalmere

**Woy Woy Community Media Assoc Inc
 2012 Membership Application**

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: _____
 Address: _____
 Suburb: _____
 Phone: _____
 Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Rainfall less than half average

May finished with less than half its average rainfall, with a total fall of just 37.2mm.

This is 82mm less than the monthly average of 119.2mm for May, according to figures supplied by Mr Jim Morrison of Woy Woy.

However, falls totalling 55mm were recorded in the first week of June, with only another 75mm required to make the June average of 129.9mm.

The largest fall was 28.5mm recorded on June 6.

Despite the low May rainfall, the cumulative total for the year to date remains above average.

At the end of May, the total was 810.4mm compared to an average of 691.1mm, 17 per cent above average.

The cumulative total currently stands at 865.7mm compared to an average of 821mm at the end of June.

Highest temperature so far this month was 20.3 degrees on June 4, according to figures from www.peninsulaweather.info.

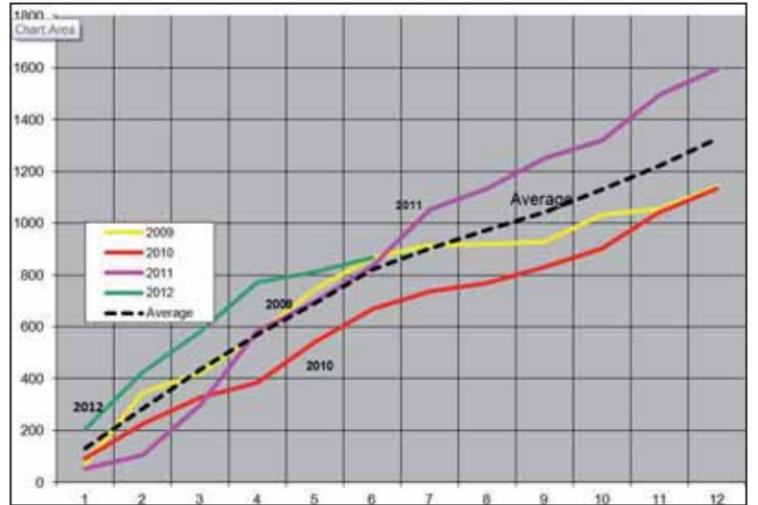
Lowest temperature was 8.0 degrees, recorded on June 8.

Highest minimum was 15.3

degrees on June 3 and lowest maximum was 16.0 degrees on June 6.

Highest wind gust was 42.8km/h recorded on June 5.

**Spreadsheet, 8 Jun 2012
 Jim Morrison, Woy Woy**



Your Chance to Win



MOTOREX

Peninsula News and MotorEx are giving five readers the chance to win a MotorEx event pass valued at \$60.

MotorEx is a display of custom vehicles held every year in July at Sydney Olympic Park, covering more than 22,000 square metres and with vehicles having a combined value of over \$50 million dollars.

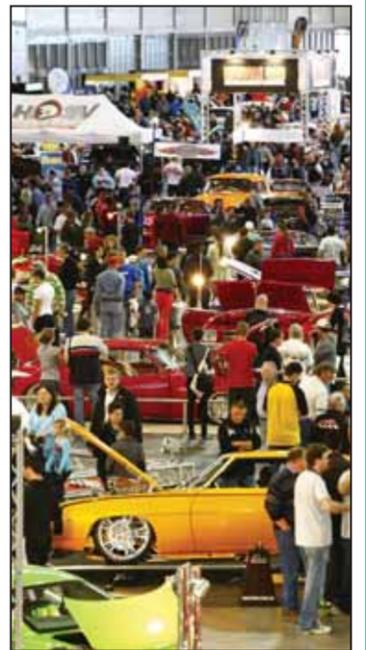
The event, which runs from July 21 to 22, and has Hot Rods, Street Machines, Hi-Tech Tuners, Custom Euros and wild

motorcycles, as well as examples of Australian and American muscle, high performance speed machines, sports racing vehicles and timeless classics.

To win one of these five passes write your name, address and phone number on the back of an envelope and send to Peninsula News MotorEx competition PO Box 1056, Gosford, by the close of business Thursday, June 21.

The winner of last edition's Peninsula News Earth Greetings competition was Pat Taylor of Woy Woy.

Kaitlin Watts, 7 Jun 2012



Ducks Crossing Publications

02 4325 7369

Get the most out of your advertising dollar.

Rates from less than **\$2 a day!**

Advertise in a Ducks Crossing publication for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.

Office: 120c Erina Street, Gosford - Phone: 4325 7369 Fax: 4339 2307 - Mail: PO Box 1056, Gosford 2250 - E-mail: editorial@duckscrossing.org - Website: www.duckscrossing.org



www.duckscrossing.org



www.peninsulanews.info



Another \$300,000 for foreshore reserve

The Ettalong Beach Foreshore Reserve project has been awarded \$300,000 in State Government funding under the latest round of the Metropolitan Greenspace Program.

Member for Gosford Cr Chris Holstein said: "The program allows state and local government to jointly improve regionally-significant open space for recreational purposes.

"Gosford Council will use the funding to implement the Plan

of Management by providing a playground, park furniture, landscaping and a 400m shared pathway linking Town Beach and South Beach."

Mr Holstein said the program was an important initiative which saw state and local government working together to jointly improve regionally-significant open space for recreational purposes, increasing links between bushland, parks, waterways and centres.

Media Release, 31 May 2012
Chris Holstein, Member for Gosford



Government finds patchy coverage at Killcare

A Federal Government review has found that Killcare and the Bouddi Peninsula have patchy mobile and broadband coverage.

Member for Robertson Ms Deborah O'Neill said: "Killcare and the Bouddi Peninsula perfectly typifies the Central Coast telco situation in that it shows we have patchy mobile and broadband coverage."

"The review committee found that the consultation venue at Killcare surf club had no broadband coverage and only occasional mobile reception.

"Clearly, this is totally unacceptable.

"Among the findings from the review was that there is a genuine desire across regional Australia for fast, affordable and reliable broadband services.

"This is a finding that validates the Government's National Broadband Network investment platform to ensure future growth and prosperity of rural and regional Australian communities," she said.

Central Coast Broadband Infrastructure Group co-chairman Mr David Abrahams said: "The fact that Killcare was included in a study of remote and regional areas naturally

validates the NBN investment on the NSW Central Coast."

"Despite only being one hour from the Sydney CBD, Killcare's communications standards are significantly lacking.

"However, with the rollout of the NBN and improved communications

services this has the potential to greatly improve services for the community and businesses in this seaside area," he said.

Media Release, 7 Jun 2012
Brooke Simmons, Pursuit Communications

Petitioners ask for footpath upgrade

A petition with 110 signatures has been submitted to Gosford Council asking for the footpath on the east side of Trafalgar Ave between West St and the beach to be upgraded.

The petitioners stated there was an existing path existed in sections where footpath construction had been a condition of recent development applications.

However, they believed the remaining properties were unlikely to become "new builds" for a long time.

The petition stated that although there was a footpath on the

opposite side of Trafalgar Ave, there was a growing number of people using the east side of the street to walk to Aldi, the podiatrist, the beach and to the shops in West St.

Also, there was street lighting on this side of the road for night time pedestrian use and petitioners said they believed a new path was definitely needed.

The petition stated that there had been numerous occasions when pedestrians had fallen over on the rough, uneven surface, or cut their bare feet on the sharp stones.

Gosford Council Agenda
P.25, 5 Jun 2012

CASH NOW!

We lend

\$300 - \$2000

Pensioners & Unemployed OK

We try to help everyone

4325 0444

www.cityfinance.com.au

Packaged loan & goods product. Conditions apply. Australian Credit Licence 390591.



Thin & Cocktail Frankfurts
\$5.99kg



Nescafé Coffee
150g \$6.99 each



Continental Cup a Soup
Varieties 99c each



Navel Oranges
\$1.77kg



Arnott's Choc Monte Biscuits
200g - \$1.99 each

Specials available from Monday 12th June until Sunday 24th of June

Gourmet Deli/Bakery

Specialty Meals & Salads
Prepared in Store

**Big Range Convenience Store
Quick Friendly Service**

Free home deliveries
Refrigerated Vehicle

FRESH fruit and Vegetables

Delivered 6 days a week

Support your favourite
charity/sport group with the
IGA Community Chest

\$26,000
raised since
February 2010

For every \$20 Purchase
10c is Donated

Ettalong Beach

Supporting our
community since 1987

• Open 7 Days 8am till 8pm • Free home delivery • Phone orders •
• Car service • Ample parking • Save 6c per litre on petrol

4341 1026

Conditions Apply

Forum

Father worked on radar station

During the Second World War, my father, who was an electrician with old Brisbane Water County Council was seconded to work on the construction of the top secret radar station at Bouddi.

Access was via a long bush track where he and his co-workers would be met by armed soldiers who would check their identities before allowing them to proceed.

Forum

All excavation work had to be done with pick and shovel as any explosions could alert the enemy.

During this time he and his mate were called off to an urgent problem with a power pole in Woy Woy.

Dad was several feet up the pole working on the lines when a couple of young boys came up.

"Are you blokes working on the secret radar station?" they asked. So much for security!

My understanding is that the radar station was never completed, although it was instrumental in the sinking of a Japanese ship off the Central Coast.

Perhaps some of your readers have more information?

Letter, 2 Jun 2012
Craig Spears, Blackwall

Storms will be more frequent and severe

Forum

The facts are that global warming isn't about nice balmy two to four degree warmer days.

The earth's weather is driven by the temperature.

The result will be that we will get more frequent and severe storms, with occurrences such as this week being more frequent.

We can bury our heads in the sand like the Coastal Residents Action Group says or we can accept the challenges Woy Woy will face in the future and have a welcomed debate on it.

Email, 7 Jun 2012
Ross Cochrane, Woy Woy

I am just wondering where all the climate change sceptics are after the last few days of tides and storms?

Of course they will all say that it has nothing to do with climate change, Woy Woy has always flooded on a large spring tide etc etc.

Has it?

Are you telling me our forefathers who planned Woy Woy took no account into the tide levels at the time, they just plonked Woy Woy down at whatever level they felt?

Ever thought perhaps that over last 150 years the seas have risen and given us Venice by the sea?

Terrible decision by weak Premier

Now that the State Liberal Government has bowed to the extremist Shooters and Fishers Party to allow shooting in National Parks, can our member Chris Holstein please inform us as to whether this includes Brisbane Water National Park?

I have seen plenty of feral cats

there.

Should I now get a special bullet proof vest and Kevlar helmet for myself and daughter when we go for a bushwalk?

Will the Peninsula reverberate with the sounds of .303 rifle shots every weekend?

This is a terrible decision by a terribly weak Premier.

Email, 30 May 2012
Ross Cochrane, Woy Woy

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for contribution conditions

Shooting makes parks unsafe

The State Labor Government, to their credit, would not allow hunting in national parks.

Now, unfortunately, the Liberal Government has allowed the practice.

Shooting animals, like smoking tobacco, is legal, so little can be done unless the law is changed.

It is just another case of a minority group usurping the rights

Forum

of the majority.

No longer will it be safe for bushwalkers, sightseers, tourists and naturalists to visit national parks.

Naturalists will feel it particularly, as wild animals will become more scarce and more secretive.

Letter, 5 Jun 2012
Keith Whitfield, Woy Woy

Idealism and honesty hard to find

Corruption has been with us since biblical times so it is no surprise it is still firmly entrenched today, perhaps even more so.

The Labor movement is certainly not excluded.

It makes one's stomach turn to see it in the union movement, once

Forum

a proud one fighting for the rights and conditions of workers.

In the glorious 70s, we saw idealistic young unionists as Jack Munday and Bob Owens forge real democracy in the union, as well as give the Green movement some

teeth.

Of course idealists and nice guys run last so Munday and Owens were ousted by corrupt union officials.

Today, greed, corruption and expediency still rule and idealism and honesty is hard to find.

Letter, 4 May 2012
Keith Whitfield, Woy Woy

Hope of coverage

Why does the Sydney Morning Herald not cover such issues as the peril in Fukushima?

Why are we as a community not learning about them?

The alternate media is full of information.

Forum

One would hope the Sydney Morning Herald is evaluating it.

Email, 4 Jun 2012
Kay Williams, Pearl Beach



Seaspray VALUATIONS & FINE JEWELLERY

Shop 2 / 263 Oceanview Road **Ettalong** (next to Bendigo Bank) 4341 2223 www.seasprayjewellery.com.au

The Number 1 Independent Jewellery Manufacturer on the Peninsula
Premium Stockist of Eternity Finely Cut Diamonds & Eternity Hearts and Arrows Diamonds
Repairs, Remodelling, Bespoke Jewellery and Antique Jewellery Restoration
Make Seaspray YOUR Jeweller!

SALE - 30% off EVERYTHING*

*does not include watch batteries, repairs and hand made work

WE BUY GOLD! CASH PAID Registered National Council Jewellery Valuer

Government keeps four election promises

Four out of five election promises by the State Government have been kept, according to a staff report to Gosford Council.

The other promise is "ongoing", the report stated.

The \$5 million upgrade and reopening of the Woy Woy Rehabilitation Unit was classified as "kept" after the Joint Regional Planning Panel approved the \$9 million proposal for a 30-bed geriatric rehabilitation facility, a 24-space car park, as well as a new building with store rooms, staff room and morgue.

The promise of the replacement of the asbestos roof at the Umina PCYC was "kept" and is currently being replaced.

The promise to start the upgrade to Woy Woy Rd including an underpass before 2015 was classified as "kept" with \$1 million received for the planning, investigation, design and construction of the Rawson Rd level crossing replacement.

A \$200 million promise on capital works including \$30 million to upgrade 2km of Woy Woy Rd

was also classified as "kept".

The promise that the Peninsula was to receive \$133,100 for teachers and school maintenance was classified as "ongoing" in the report.

Brisbane Water Secondary College Umina was to receive \$11,200, Ettalong Public School \$21,600, Umina Public School \$29,000, Brisbane Water Secondary College Woy Woy \$9500, Empire Bay Public School \$16,800, Pretty Beach Public School \$5400, Woy Woy Public School \$18,000 and Woy Woy South \$21,500.

Member for Gosford and Gosford councillor Mr Chris Holstein said the promise was part of a \$20 million program to increase maintenance in the four year term.

Five million dollars was in the first budget with 31 of 300 schools receiving an increase.

"The \$15 million balance is to be allocated in the balance of the term," said Mr Holstein.

**Gosford Council Agenda
COR.55, 5 Jun 2012**



The unnamed laneway in Ettalong

Residents object to laneway closure

Property owners and residents in Ettalong have objected to the proposed closure of an unnamed laneway which runs between Bourke, Springwood and Karingi Sts.

Their objection was received by Gosford Council in a petition with 40 signatures.

The petition stated that

the closure would be an inconvenience and menace to access properties.

The owners and residents said their major concern was the lack of turning points within the lane, making it dangerous for vehicles, including emergency vehicles, to reverse down the lane from the barrier to exit from either end.

Petitioners said the height

of the gutter in Springwood St would also create a problem for vehicles, causing them to bottom out.

They also said that if there was a bus at the bus stop, vision would be impaired for the driver exiting the laneway.

**Gosford Council Agenda
P.22, 5 Jun 2012**

Tax Tips for 2012

With 2012 drawing to a close, it is worth considering ways to reduce your tax now, rather than later.

At Broadview we are constantly reviewing our clients' tax position; after all, it is not how much you earn that is important, it is how much you keep.

Tax planning should be a year-long exercise.

If the year looks good, consider contributing extra in super (a self-managed or industry fund) or purchasing income earning assets like rental property that will in time increase in value but in the short term provide tax relief.

A few of my year end tips are as follows:

- Bring forward repair bills before June 30;
- Defer any invoicing, if you can, until July;
- Pay extra super before June 30 (super must be paid to be claimed);
- Write off those bad debts or obsolete stock;
- If you have a sale resulting in a capital gain, defer settlement until July;
- If you have made a profit on shares, consider selling shares with losses to offset the profits;
- Make additional gifts to charity before June 30, rather than after; and
- Certain expenses can be prepaid by up to 12 months. If it must be paid anyway, may as well get the deduction now.



BROADVIEW
ACCOUNTING

You deserve the BROADVIEW Advantage?

Every day we help small business owners solve their accounting and tax issues.

Behind in your tax?... Let us help you bring your returns up to date.

You might be surprised to learn how easy it can be for a true professional.

It is our view that you are meant to live a life of abundance.

Your business should create life rather than take it away from you.

Generally it is not your dreams that fail you, but the knowledge and tools on how to turn those dreams into a reality.

We see it every day.

At Broadview we have those tools.

Give us a call, you will be surprised at the difference a good accountant can make to your business.



**Chartered
Accountant**

Suite 5, 203 Central Coast Highway, Erina - 4365 3838 - www.broadviewaccounting.com

winter warmers



No harsh chemicals

At ecodownunder, we are committed to minimising the use of harsh chemicals.

Quite often, chemical treatments are used on quilts. Not at ecodownunder!

All ecodownunder quilts are made in Australia using only natural materials.

You'll feel warm and toasty on the inside as well.

Compare our prices

	Winter Weight Wool Quilts	80% Duck Down Quilts	Flannelette Sheet Sets
Single	79	129	59
Double	99	149	69
Queen	109	179	79
King	129	209	89

ecodownunder

earth friendly bed & bath

Umina Beach

320 West St
www.ecodownunder.com

02 4342 6556

Sewerage project awaits Minister's response

Gosford Council has agreed to hold off on the finalisation of the servicing strategy for the Cockle Bay Towns Sewerage Project until a response is received from the Minister of Primary Industries about funding.

Council staff reported that

the level of state government funding would determine for some properties, whether it was more cost-effective to exclude them from the proposed sewerage scheme and instead continue to operate on-site systems, upgraded where necessary.

The council also resolved, at its meeting of Tuesday, June 5, to

consult Patonga Creek property owners on extending a reticulated water supply to Patonga Creek together with the sewerage scheme.

In the 1990s a number of towns in the Gosford Local Government Area were identified under the NSW Government's Small Towns Sewerage Program for funding under the Country Towns Water Supply and Sewerage Program and the Priority Sewerage Program, the council was told.

The programs aimed to improve sewerage services in unsewered towns where the operation of on-site sewage management systems were considered to pose significant risks to the environment and public health.

At a meeting on December 6, last year, Council resolved to proceed with the Cockle Bay Towns Sewerage Project with site investigation of larger properties within the service area to confirm the servicing strategy requirements

and proceed with the Patonga Creek Sewerage Project with an investigation of a reticulated water supply charged at full cost to the benefiting property owners.

Council was also seeking to increase project funding from State and Federal Governments to minimise the significant costs to property owners.

The extent of funding affects the way in which contribution charges are calculated will have a considerable impact on the cost to property owners of connecting to the sewer, the council was told.

Council engaged the services of Whitehead and Associates Environmental Consultants to undertake desktop and limited site investigations.

The investigation identified properties that would be expected to be able to maintain an on-site system and those that were unlikely to be able to.

The outcome of this investigation would assist in defining the

recommended servicing strategy for the 315 properties included in the service area adopted in May last year, the council was told.

The further investigation at Patonga Creek would consider extending a reticulated water supply to Patonga Creek properties as part of the installation of the sewerage scheme.

The investigation concluded that the existing Patonga water system was capable of accommodating the additional demand resulting from the connection of Patonga Creek to the water reticulation system, with velocity, pressure and storage parameters staying within acceptable limits.

Provision of water reticulation to Patonga Creek had not been identified for funding under the program and therefore the cost of installing this infrastructure would be borne wholly by the benefiting property owners.

Gosford Council Agenda
WAT.16, 5 Jun 2012

Residents call for community consultation

Patonga residents have called on Gosford Council to have full community consultation on plans for a water and sewerage scheme on the western side of Patonga Creek.

In a petition to Gosford Council, residents said they understood Council was investigating the possibility of town water supply to their side of the creek to coincide with proposed works to provide a sewerage system.

They requested that a full public

consultation with the usual notices and public forum be available to determine the wider community's view on the issue of a reticulated water supply.

Petitioners further requested simultaneous consultation on the sewerage project from last year be held again to ensure new figures were fully understood and duly considered by all residents.

They asked for details about the work that had been done to date for the possible water supply scheme.

Gosford Council agenda
P.26, 5 Jun 2012



“Bartercard has filled my downtime with quality jobs.”

Bartercard provides you with great referrals and an interest free line of credit...



Gain extra sales, introductions into new markets and a noticeable edge over your competitors by using Bartercard. Bartercard is a business tool offering unique advantages over the standard "cash world" environment.

1300 BARTER 1300 227 837
www.bartercard.com.au



Bartercard
Boost your Business

ROY LAMB

"THE SAND MAN"

- For all your landscaping supplies
 - Soils • Mulches • Decorative Pebbles and Lots More •

Open 5 ½ Days from 6am
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"






4344 1110



Gemma (8), Joe (10), Liam (8), and Shane (10)

Sea Scouts celebrate 90 years

The First Woy Woy Sea Scouts will hold an open day in celebration of its 90th birthday on Saturday, September 22.

Event coordinator Ms Tracey

Seal said she was "seeking the assistance from the community near and far for any memorabilia".

Ms Seal encouraged people to check their houses and garages for any items from past members to loan or donate to the group.

The day would be open to past and present members and their families as well as the wider community.

With inquiries, call Ms Seal on 0437 590 354.

Online Submission, 31 May 2012
Tracey Seal, First Woy Woy Sea Scouts

Constitution meeting at Mingaletta Hall

The Concerned Citizens for Constitutional Change Central Coast will meet at 6pm on Thursday, June 14, at the Mingaletta Hall in Umina.

Late last month, about 40 people attended a public meeting and unanimously supported the recommendation that existing racist references in the constitution be deleted.

The meeting also resolved that racial discrimination be prohibited and that the constitution be further amended to include the recognition of Aboriginal and Torres Strait Islander people as the first peoples of the country.

These propositions were presented to the Prime Minister last year by an expert panel which

was consulting with groups across the country encouraging support for change.

Main speaker at the meeting Mr Noel Olive said: "For these changes to come into effect, a decision must be made by the Australian people by the process of a referendum."

In the coming weeks, a petition will be circulated through community centres, libraries and local shops to enable local residents to show support for the proposed changes.

For further information about the meeting call 4344 5954.

Email, 31 May 2012
Barbara Kelly, Concerned Citizens for Constitutional Change

Request for tree removal

Residents have asked Gosford Council to urgently remove a damaged tree in Ryans Rd, Umina.

A petition with 10 signatures received by Gosford Council stated that the tree was infested with termites.

The petitioners said they feared walking under the tree because of falling branches.

Petitioners further stated that

damage had been caused to the roof of a nearby house, with adjacent properties also affected.

Council had approved the removal of the tree and reprioritised the works.

However, the petitioners said they felt the situation was dangerous for people walking under the tree.

Gosford Council Agenda
P.28, 5 Jun 2012

BRIAN HILTON
MOTOR GROUP

THE **BIG LOCAL**
Woy Woy Service Department
Servicing the Coast for over 40 years

Choose 1 of 3 amazing offers

- Double Seniors Discount!

or

- A Free Rego inspection

or

- Receive an additional 30 Drivers Club points

...when you have your vehicle serviced

Opening hours
Mon-Fri 7:30am - 5:30pm
Sat 8:00am - 12:00pm

1 Charlton Street
Woy Woy, NSW 2256
Phone: (02) 4344 1455

All offers are to be used in conjunction with a service only at Brian Hilton Woy Woy Service Centre. One offer per service only, expiration 1st February 2013.

INSTEP FOOTWEAR
New Winter Fashions
in store now!

Good old fashioned service with a smile

 **ZIERA** Beautiful inside, beautiful outside.

Shop 136 - Imperial Shopping Centre - Gosford - 4324 2264



Deborah O'Neill MP Member for Robertson

Working for the Peninsula

HELPING TO MAKE ENDS MEET

HOW THE GOVERNMENT IS SUPPORTING LOCAL HOUSEHOLDS

The Government understands many local households are feeling the pinch.

That's why Labor is delivering extra cash to families, pensioners and other local households to help them make ends meet.

In the coming weeks, more than 10,600 eligible local families will receive a cash payment – to help now and over the coming months.

And more than 28,200 local pensioners will receive a cash payment as well.

Other households – including students, carers and eligible retirees – will also get extra support. This money will go straight into bank accounts.

In July, Labor is also delivering a tax cut for more than 47,000 local people – so you can take home more in your regular pay.

And next year, usual family payments, pensions and other payments will go up.

I'm committed to making sure local residents are getting the support they need to help make ends meet.



Pensioners and Self Funded Retirees with Seniors Health Card	From May 2012 - \$250 one off lump sum. From March 2013 - \$338 pa for singles/\$510 pa for couples combined
Taxpayers up to \$80,000 pa	At least \$303 pa with the increase of the tax free threshold to \$18,200.
Low income supplement	\$300 for people who otherwise miss out
Family Payments	Up to \$110 per child receiving FTB-A Up to \$69 per family receiving FTB-B

Did you know that...

As of 1 July, 9 in 10 households on the Central Coast will receive assistance through tax cuts and/or payment increases.



Thank you!

This years Peninsula Links Day was a great success. Thank you to the Peninsula Interagency Group, Centrelink and the 78 exhibitors that made it possible.

More than 600 individuals and families were able to access vital assistance, from haircuts to food hampers, that they otherwise would have missed out on.

Special thanks to Hope Church Umina, Rotary, Mary Macs Place, St Vincent de Paul, and the Salvation Army for their great help on the day.



Deborah O'Neill

If I can assist you with any Federal Government matter, please don't hesitate to contact me.

Authorised by Deborah O'Neill 91 Mann Street, Gosford

91 Mann Street, Gosford NSW 2250 PO Box 577 Gosford NSW 2250
Phone: 4322 1922 Fax: 4322 2066 Email: Deborah.O'Neill.MP@aph.gov.au



Caitlin Allan and Lexi Owen

Jumble sale for religion teachers

A jumble sale will be held on Saturday, July 7, from 9:30am until 12:30pm at Hope Church Umina.

The sale will be held by Restore op shop, which pays for

two religion teachers at Brisbane Water Secondary College.

The shop opened in March 2010 and is staffed by volunteers who are mainly from local churches.

The churches are all

represented on the Religious Education Ministries Board (REM), first begun by the Ministers Association in 1988.

The first teacher was employed in 1989 and teachers have been provided by the REM Board for the 23 years since.

They not only teach religion but participate in other school activities, including sports, as well as being a comfort and support to troubled youth.

For jumble sale inquiries, contact Judy on 4339 2145.

Email, 3 Jun 2012
Merrie Allan, Blackwall

Acupuncturist starts in Woy Woy

An acupuncturist has started to practise in Woy Woy.

Mr Adam Goss has been employed by Woy Woy Osteopathic Centre.

Mr Goss graduated in acupuncture and Chinese herbal medicine in 2008 at the Sydney Institute of Traditional Chinese Medicine.

He is also a qualified massage therapist and personal trainer.

"By combining these disciplines I endeavour to deliver overall health solutions and preventative treatments," said Mr Goss.

Mr Goss said he became interested in the study of acupuncture after his mother took him for treatment for his asthma.

The beneficial effects convinced Mr Goss that this method of treatment was worth pursuing.

"I am now looking forward to working with David Legge because he is at the top of his field and I can learn

a lot from him," said Mr Goss.

He said he had also developed a weight loss program by combining acupuncture with cupping.

"When I first left high school I was 23kg overweight.

"I combined acupuncture and cupping with a disciplined exercise program to lose that weight.

"The acupuncture speeds up the metabolism, promoting digestion and giving you more energy.

"The cups break down the fatty tissue into soft fatty tissue making it twice as easy to lose.

"This technique also works well on the reduction of cellulite," said Mr Goss.

Mr Goss also offers treatment for stress, asthma, anxiety, sleeping disorders, digestive complaints and cold and flu.

Email, 6 Jun 2012
Adam Goss, Woy Woy
Osteopathic Centre.



Debut novel

Romy Ash discussed her debut novel Floundering at Woy Woy library on Friday, June 1.

"It was a lovely crowd of writers and avid readers," she said.

"Thanks go to the library for hosting me, for Get Reading for including my debut novel as one of their 50 books you can't put down

and for making me their touring author for May."

Email, 7 Jun 2012
Romy Ash, Melbourne
Website, 7 Jun 2012
Romy Ash

J&B MEATS

Chicken Breast & Thigh Fillets

\$6.99kg



Preservative Free Best Mince

\$9.99kg



Lamb Short Loin & Chump Chops

\$14.99kg



Sliced Scotch Fillet Steak

\$25.99kg

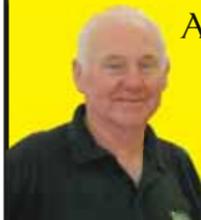


Sunday & Saturday open till 1pm
Monday to Friday open till 5.30pm

All meat cut to your requirements

4341 1861

Right in the middle of Umina
294 West St, Umina Beach



Fudge's Boutique

Winter Stock has arrived!

- Black Pepper and Breakaway Menswear
- Lady Lynn Nightwear
- Jillian Jumbers etc

Women's sizes 8 to 24 catered for

Alteration service available at an additional cost for garments purchased in store

Shop 10 - The Regional Arcade
7-9 The Boulevard - WOY WOY - Ph: 4341 1191



Animal Welfare League - Central Coast Branch

AWL is a registered animal welfare charity offering subsidised desexing to assist eligible members of our community needing help with the costs of desexing their pets.

Some of the benefits of desexing your pet are:

- Prevent unwanted litters.
- Reduced risk of cancer of the reproductive organs.
- Cheaper Council life-time registration.
- Less likely to wonder or roam.

Call Helen 4342 2047 for details
Thrift Shop Enquiries: 4344 6650

Working bee on community garden

The first working bee for the Woy Woy Peninsula Community Garden was held on Sunday, May 27.

Held at the Moana St site, the bee drew over 20 volunteers who gave a total of 40 hours to the project.

Families, gardeners, bush regeneration enthusiasts and those just keen to be a part of something special, came along to help out, according to organiser Ms Jill Meredith.

Volunteers came armed with stacks of newspapers, cardboard, buckets, spades, wheelbarrows and lawnmowers.

It was a case of many hands making light work as the site was cleared of rubbish, weeds and undergrowth with several beds prepared for planting with fruit trees.

While some participants learned new skills, the children said they had a fabulous time helping out, riding the mulch dirt-slide and painting calico garden flags.

The Peninsula Environment's Group garden was part-funded

by Gosford Council.

Ms Meredith said her vision was to provide the community with information and hands-on experience, growing and using organic vegetables and fruits in an ecologically sustainable way.

Over the next couple of weeks, Mr Adam McCall from Adams Garden will be onsite building the first of the raised garden beds which will eventually house the vegetables.

Planting will follow once water is available.

In the meantime, a storage shed has now been delivered to the gardens.

Ms Meredith is asking for donations of gardening tools such as spades, rakes, leaf rakes, secateurs, loppers, wheelbarrows and a garden hose.

With inquiries, phone Jill on 4344 2704.

**Media release, 31 May 2012
Caroline Cumming, Woy Woy Peninsula Community Garden
Photo: Jill Meredith**



20% OFF ALL LEATHER LIFT CHAIRS - Starting from \$999

homemakers
Homemakers Furniture Store: Shop 7, Supa Centa, Bryant Drive, Tuggerah NSW 2259 Tel: 4353 4144 Fx: 4353 6144

L A Z B O Y GALLERY

Pet Food & Accessories
FREE PRO PLAN
food storage tin

with purchase of 15kg pro plan bag or 3kg cat bag

UMINA BEACH NSW
237 West Street **Call 4341 4237**
www.pawsonthecoast.com.au



Michael Swanson from Bensville buying a milkshake and decided on the Mega Cookies and Cream on Tuesday 24th April

Guide dog puppy was a star

Guide dog puppy Willa was a star at the Central Coast Volunteer Support Group's fundraising stall on Wednesday, June 6, at Deepwater Plaza, Woy Woy.

Willa visited the stall, which ran from 9am to 2.30pm, to acknowledge the Central Coast Support Group's fundraising for Guide Dogs NSW-ACT.

The group has contributed to the \$30,000 it costs to raise and train Willa.

Guide Dogs Volunteer and Support Group coordinator Ms Helen Roche said that fundraising by the Central Coast Support Group has been invaluable.

"The Guide Dogs organisation relies on the generosity of the community to provide its services

free of charge to help people with impaired vision to remain independent.

"Vision loss is increasing as our population ages, so demand for our services is also increasing, and so the work of volunteers like the Central Coast Support Group is only going to grow in importance," she said.

As well as rubbing noses with some fully trained guide dogs, Willa helped the team to sell Father's Day raffle tickets and Guide Dog merchandise.

"Vision loss is a challenging disability but Guide Dogs' free services help people realise that it doesn't have to limit their independence," Central Coast president Ms Barbara Craig said

Guide Dogs' services include teaching people how to use long

canes, guide dogs and electronic navigation devices like talking GPS software for mobile phones, she said.

Most training was delivered locally, in a person's home or work environment.

The visit from Willa showed how individuals, organisations and companies could benefit from sponsoring a guide dog puppy, she said.

Sponsors were able to name their puppy and have the opportunity to watch the guide dog graduate.

People can also help out Guide Dogs NSW-ACT by becoming a Puppy Pal, making a monthly donation that supports the training of guide dog puppies.

Media Release, 30 May 2012
Sally Edgar, Guide Dogs NSW-ACT

BEACHSIDE FURNITURE

• New and Used •

Large range of factory seconds
Fridges - Washers - Dryers
Furniture and more!
Affordable bedding

2/48 Memorial Drive Blackwall - 7 days a week

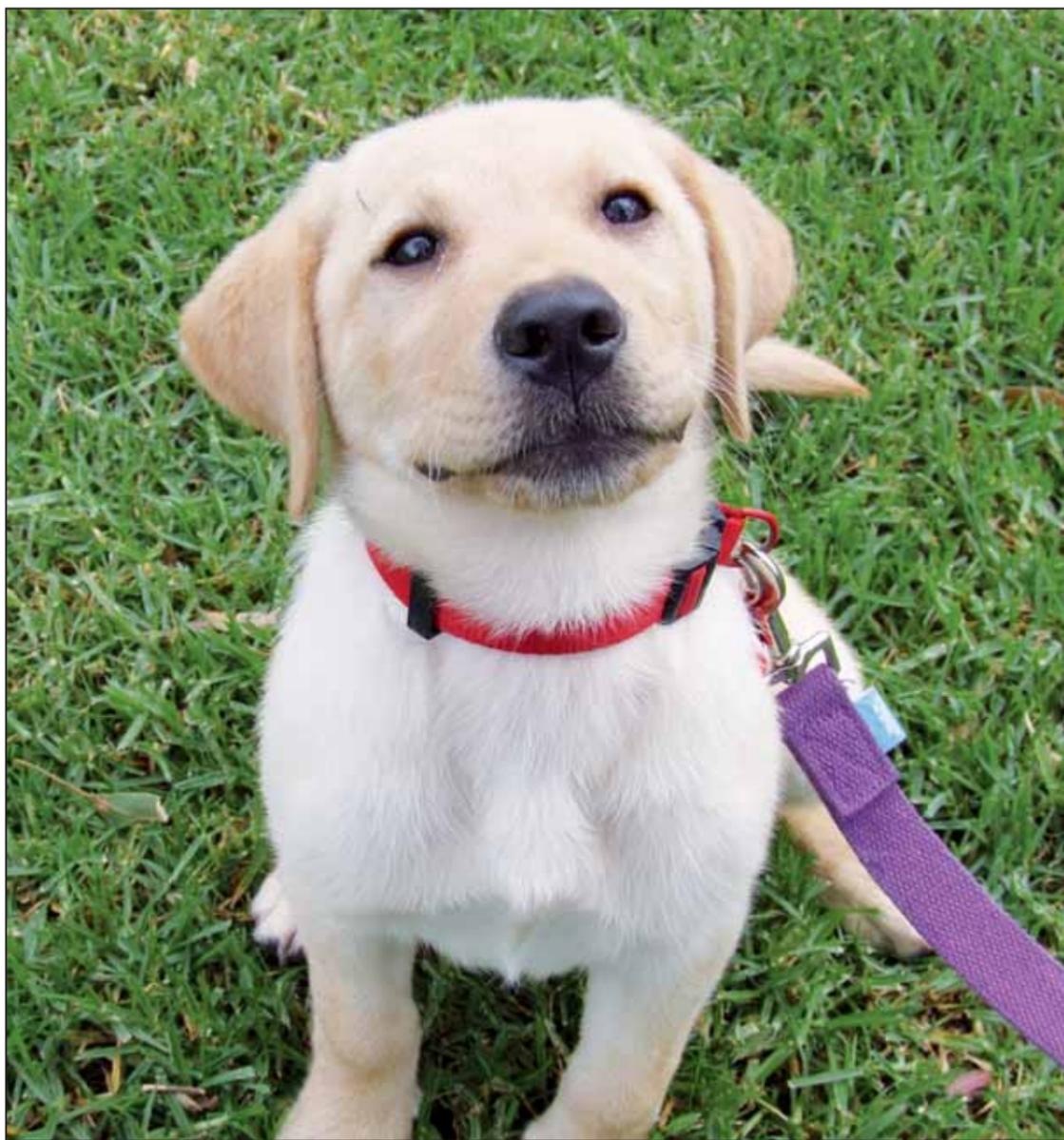
4342 2713 - 0419 413 548

Why do more Peninsula based businesses advertise in *Peninsula News* than in all the other mediums combined?

- ✓ *Peninsula News* only carries articles about the Peninsula, directly targetted at Peninsula residents
- ✓ *Peninsula News* only has a maximum average of 35% advertising making all advertisements more visible
- ✓ *Peninsula News* has a long shelf life (2 weeks) giving readers time to complete the paper and see all the advertisements before receiving another one
- ✓ *Peninsula News* is seen by the community as their newspaper and advertisers are seen as sponsors
- ✓ *Peninsula News* reaches all Peninsula families with school children, a very important target market
- ✓ All copies of *Peninsula News* are picked up by interested readers only, eliminating wastage and wet weather problems
- ✓ Newspapers are more effective as an advertising medium than radio, TV or cinema because people do not have to remember information. It is there for them to refer to in detail at their leisure
- ✓ *Peninsula News* advertising is far less costly than leaflets delivered in letter boxes, is more effective because it does not arrive with a myriad of other catalogues and is not subject to weather conditions

Why not get the most out of your advertising dollar?

Give us a call on 4325 7369



NEED NEW BLINDS?

PREMIER shades-awnings-blinds

\$100 OFF*

Call the local experts FIRST!

Proud local manufacturer of quality timber look venetians and verticals. Distributer of a huge range of blinds, awnings and shutters.

Visit our showroom to view our huge range
1/305 Manns Road, West Gosford, NSW, 2250

Phone NOW for a free measure & quote on 4324 8800
expires 31/12/2011 - *For every order over \$1000, you can take \$100 off

History of the Killcare Wagstaffe Bush Fire Bridgade

Like many small communities prior to the 1950s, the residents of the Killcare Peninsula knew that they had to be self reliant.

When it came to protecting life and property from fire, they had only themselves and helpful neighbours.

An older resident told how he was competing in a carnival at Killcare Surf Club when the alarm was raised.

There was a fire at the northern end of the beach.

Spectators and competitors rushed up the beach no doubt wearing their fire-fighting thongs.

Having extinguished the fire they returned to continue the carnival.

Around 1950, two groups were formed to raise funds to purchase a fire fighting vehicle.

They were the South Brisbane Water Voluntary Bush Fire Brigade Association and the South Brisbane Water Voluntary Bush Fire Brigade, which was established by Gosford Shire Council in 1951.

Although the two groups had not raised sufficient funds, in 1954 they took delivery of an ex-RAAF fire fighting truck.

The truck, a Blitz wagon, had a 600 gallon water tank and a Wisconsin A3/3Y4 inch pump.

It had a heavy duty filler hose and about 20 feet of 1Y2 inch canvas hose.

Both groups had been able to raise about one hundred pounds but the Shire Council assisted by loaning enough to pay the three hundred pounds required.

The truck was officially handed over to the Fire Brigade on Saturday, September 11, 1954.

It was originally kept in a waterfront garage, which regularly flooded.

By mid 1955 the Gosford Shire Council had officially appointed the members of the Fire Brigade.

The Captain was Mr John Stewart, storekeeper from Pretty Beach, while the Deputy Captain was Mr Arthur Cains, the schoolmaster at Pretty Beach School.

The senior driver was Mr Tom Hansen, retired.

The list of Fire Patrol Officers at that date showed the members coming from a variety of occupations.

Although quite a few were retired there was also a storeman, a baker, a fisherman, a taxi driver and the post master.

Unfortunately, there was also disagreement over these appointments.

In November, 1955, J. Parks, solicitor, wrote to the Brigade saying that some of the people who were listed as Patrol Officers had no knowledge of being appointed or endorsed "and in fact are not willing to act in the respective capacities".

If the notice of appointment was not withdrawn immediately "the appropriate action would be taken".

It appears there was also an argument over who actually owned the truck.

There was a complaint from the Fire Brigade that the Association kept removing the truck from the shed.

The Association had also written to the Brigade's senior driver, saying that he was not to drive the truck and if he did he risked serious consequences.

On Friday, November 4, 1955, the Fire Captain was called out to a fire in Hardys Bay.

He found that two locks had been placed on the truck, one on

the petrol tank and the other on the tool box which contained the hose nozzle.

The locks had been placed there by the Association.

The secretary of the Association turned up with the keys but when it was found the tanker was not required for the fire, he left the locks in place and went home with the keys.

The fire then reignited and the Fire Captain got permission from the Shire Clerk and the Fire Control Officer to saw off the locks so they could attend the outbreak.

The problems between the two groups were not quickly settled.

By March 1956 the Association and the Brigade had agreed to a request from the Chief Licensing Officer of the Chief Secretary's Department for the two bodies to meet and "iron out the differences of opinion".

Following the meeting in the RSL Memorial Hall on the March 25, the Association agreed to give a working fund to the Brigade and the Brigade would submit its books to the Association.

The Fire Brigade would also "give the Association its fullest support".

At a General Meeting on the December 7, 1956, it was agreed that "the Mobile Unit be turned over to the Fire Captain as Custodian for the people".

The two organisations then went on to unite as one.

CD-ROM, 2010

David Dufty, The Bouddi Peninsula



A fire in Beach Drive in 1946

Quit Smoking NOW
 This program can save you thousands \$\$\$
 Personal sessions — Lisarow
 Workshop East Gosford \$97 + FREE Hypnosis CD
 100% Natural 100% Safe A proven system that works
 Enquiries: julie@juliemac.com.au
www.juliemachypnosis.com.au Phone: Julie 8005 8445



Members of the South Brisbane Water Volunteer Bush Brigade pictured in front of the Brigade's Fire Tender.

Free Pick-Up and Delivery Service
For Vacuum cleaners and parts
on the Peninsula
JR's HAVE moved
Call for expert repairs of all your
whitegoods. Spare parts available
JR's Appliance Repairs and Services
4342 3538

Peninsula VILLAGE
Volunteers Wanted
 Peninsula Village Ltd (Umina)
 We are a not for profit organisation providing high quality care and support to 450+ Self Care, Hostel and Nursing Home Residents
"Helping those in need"
 ✓ Are you community minded?
 ✓ Do you want to give a helping hand?
 ✓ Are you able to assist with Reading, Nutritional Requirements or Beauty Care?
 Sponsored by Peninsula News Ring Paula Newman on 4344 9199
 Peninsula Village Limited
 "Promoting Care, Health, Wellbeing and Companionship"



(L to R) Hardys Bay Residents Group president Mr Adrian Williams pictured with guest speakers Mr Dave Abrahams and Mr Steve Farrell

Communications discussed at Hardys Bay residents meeting

Communications was the topic at the Hardys Bay Residents Group meeting on Tuesday, May 29, at the Araluen Dr Community Church Hall.

National Broadband Network program ambassador Mr Dave Abrahams and Killcare Wagstaffe Rural Fire Brigade captain Mr Steve Farrell were guest speakers.

Mr Abrahams reported that the impact of the NBN fibre optic communications on the Central Coast community would be significant, as the area was a major commuting centre.

He said it would be up to 100 times faster than current ADSL speeds and would allow people to work efficiently from home and, in turn, contribute to a reduction in both rail and road traffic.

According to Mr Abrahams, the roll out would be three years away for Killcare and Hardy's Bay residents and each home would be connected from the street to the residence free of charge, should the householder wish to take it up.

The roll out would use both underground and above ground existing infrastructure to reach all households.

He said he was confident

that the cost of these services would be competitive with current pricing and speeds.

He also outlined the many advantages offered in the scheme which would include medical, education, business and other specialty services.

Mr Farrell then spoke on Communication in the Community and emphasised the importance for a close liaison at all times with the local population and emergency services.

He said the communications commitment was of special significance in the cases of bushfire alerts and the extreme situation arising from the need to abandon the home.

He outlined a sequence of safety precautions to be adopted when the householder was confronted by a dangerous situation.

It was also decided at the meeting that Mr Farrell, Mr Abrahams and the Hardys Bay Residents group should meet to discuss the possibility of establishing a telephone tree in order to alert local residents of impending danger.

**Media Release, 5 Jun 2012
Allan Wilson, Hardys Bay Residents Group
Photo: Allan Wilson**

Are you entitled to \$4000 worth of Government funded dental treatment?

You may be eligible for dental treatment if you suffer from a chronic illness such as cancer, diabetes, arthritis, stroke etc.



Woy Woy Dental Centre

Phone for more info

4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

This is a non means tested dental benefit

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....



ALLIED HEARING

Improve hearing improve lifestyle



- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

ACCREDITED PROVIDER OF GOVERNMENT SERVICES
* CONDITIONS APPLY

CONTACT YOUR CLOSEST OFFICE NOW

WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST

PHONE 43442566

THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD

PHONE 43346233

Council GM retires

Gosford Council general manager Mr Peter Wilson has announced his retirement after 17 years in the job, and a total of 22 years with the council.

Director of City Services Mr Stephen Glen will take the role of acting general manager from Friday, June 22, until a new general manager is appointed through an open merit-based process.

As Gosford Council's general manager, Mr Wilson has led the Council through times of momentous change, according to mayor Cr Laurie Maher.

Cr Maher expressed his gratitude for Mr Wilson's leadership over the past two decades.

"With a career spanning 36 years in Local Government, including the last 22 years at Gosford Council, Peter's vision and experience has heralded a number of significant achievements during his time as general manager," said mayor Cr Maher.

"Peter's dedication and determination have seen many major projects come to fruition to benefit the local community; notably the construction of Gosford City Stadium and the Peninsula Leisure Centre, completion of the Gosford City Sewerage Scheme, the rebuilding of Gosford City Surf Clubs, new libraries at Kariong and Wyoming, upgrades to our parks and playgrounds,

development of the Peninsula Recreation Precinct, Peninsula Theatre, Gosford Regional Gallery and Edogawa Commemorative Gardens.

"During his tenure as general manager, Peter has guided the Central Coast through the worst drought in history including the development of major new infrastructure such as the Mardi-Mangrove pipeline link.

"He has fostered a closer working relationship with Wyong Shire Council and maintained a team approach to all areas of responsibility.

"Peter has been integral in the continued expansion of the Coastal Open Space System, the achievements of the Gosford Challenge, the development of the new planning scheme and the establishment of a Central Coast Water Corporation."

Mr Wilson said: "I have been extremely fortunate to have been so well supported through my life by my family, friends, mentors and colleagues.

"I believe now is the appropriate time to pursue my other passions and spend more time with my growing family.

"I leave local government thankful for the opportunity to work with very motivated and talented colleagues in serving such a diverse community.

"There is no doubt that the Central Coast is a very special place and one in which I will remain," he said.

Media Release, 1 Jun 2012
Laurie Maher,

Club wins problem gambling award

A Peninsula registered club has won the Best Club Gaming Management Award at the ClubsNSW Awards night on Friday, June 1, at Sydney Convention and Exhibition Centre.

Ettalong Memorial Bowling Club won the award in recognition of its efforts to support reducing problem gambling.

This year the club adopted ClubsNSW's new ClubSafe program, where members can elect to bar themselves from multiple clubs or just their gaming facilities.

The club has adopted its own code of conduct, and increased the size of clocks in gaming areas to help members better monitor the length of their play.

ClubsNSW CEO Mr Anthony Ball congratulated the Ettalong Club.

"I congratulate Ettalong Memorial Bowling Club for improving harm minimisation measures," he said.

"Problem gambling is an issue that clubs care strongly about.

"It's important that governments and industry work together to



(L to R) Award presenter David Wannell, Konami Australia sales executive, Club secretary manager Boris Belevski and Club president Robert Henderson

develop measures that are proven to work and aren't simply magic bullet solutions," said Mr Ball.

The annual competition sees NSW registered clubs compete in 21 categories, including the

prestigious club of the year award, and highlights those clubs that are leading in the industry.

Media Release, 2 Jun 2012
Anita Balalovski, ClubsNSW

Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

YOU ARE INDIVIDUALLY ADJUSTABLE

When you had your last chiropractic adjustment, did you think to yourself: "That felt exactly like the previous visit"?

Or, are you more observant than some and noticed that your chiropractor introduced slightly different procedures?

If you did, then you had proof that you are an individual and were treated as such.

Too many folk believe that when the vertebrae in their spine 'click out' and they visit the chiropractor, the way they are adjusted is the same as for the previous or the next patient in line.

This is not so.

Your adjustment is intended specifically for you as an individual.

If you watch a professional golfer, they have the ability to hit their ball straight, curl it left or right, hit it high or low and spin it to make it stop - all with what appears to be the same swing - at least to a non-golfer.

Delivering adjustments is similar, in that joints can be moved in many different ways, even though the gross appearance of what the chiropractor does may seem the same.



We have stated the obvious many times, that each of us is different in many ways - not least in the areas of the body and how the various joints, muscles and ligaments should be looked after according to their individual needs.

The fact that your

neighbour has a 'slipped disc' is no reason for your back to receive the same treatment, because your injury is, in all probability, completely different.

Your chiropractor will examine you as an individual, analyse your symptoms and then make any adjustments required accordingly.

So you see not all chiropractic care is the same.

Eight checks and tests that may be applied to your particular injury prior to any adjustment are:

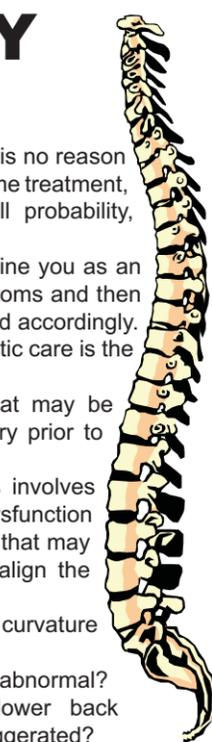
- Subluxation check - this involves establishing what type of dysfunction or misalignment has occurred that may warrant an adjustment to re-align the offending segment
- Is there an abnormal curvature (scoliosis) in the spine?
- Is the posture significantly abnormal?
- Is the curve of the lower back straightened or unusually exaggerated?
- Is the curve of the neck straightened or is it abnormally increased?

• What is the position of the head?

• Are the pelvic bones even, or is one hip significantly lower than the other?

• Is one shoulder dropped and does the head tilt to one side?

Excerpt from Chiropractic IQ



Chiropractic; safe, gentle and effective for all the family

If you have any questions contact us at office@uminachiropractic.com.au or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Renfrew
Umina Chiropractic Centre,
428 Ocean Beach Rd, Umina 2257
Ph: 4341 6247

UMINA

South Street Dental

Umina Beach

Teeth for Life

Cosmetic Smiles

Teeth Whitening

Children and Adults

Complex Reconstruction

Implants

Dentures

Mario Reznik

BDS - 1st Class Honours (Syd)

Dip, Clinical Dentistry-Oral Implants (Syd)

Dental Surgeon

52 South Street Umina Beach

4344 6699

Medicare Vouchers / Teen Vouchers welcome
Veterans' Affairs welcome
10% discount to Seniors Card Holders
HICAPS, EFTPOS and major
Credit Cards Accepted
Disabled ground floor access
with plenty of parking

Education



Ms Jody Deamer showing students some Aboriginal art work

Gallery director speaks of Aboriginal art

Pretty Beach Public School welcomed Bouddi Gallery director Ms Jody Deamer to the school in the week of Monday, May 28, to acknowledge Reconciliation Week.

Ms Deamer presented to the students a description of aboriginal people's connection to the land, the different art styles from the "mobs" and how aboriginal people were connecting back to the land

through their art.

"The students were thoroughly enriched by this experience and developed a deeper appreciation of our indigenous friends," said principal Ms Deborah Callender.

Students also participated in a range of classroom activities throughout the week which focused on reconciliation.

Newsletter, 31 May 2012
Deborah Callender, Pretty Beach Public School

Staff attend non-violence course

Ettalong Public School staff members completed training in the Nonviolent Crisis Intervention Course on Monday, May 28.

The course, a skill development program, taught teachers about behaviour management techniques.

Principal Mr Colin Wallis said staff were to be congratulated on their dedication to students and their commitment to lifelong learning, demonstrated by participating in this professional learning opportunity in their own time.

Newsletter, 29 May 2012
Colin Wallis, Ettalong Public School

Support for local decisions

Ettalong Public School has been selected for inclusion in the Empowering Local Schools National Partnership initiative.

The program is federally funded and will support the school financially in implementing the movement towards greater local decisions for schools.

"At this stage this will mainly impact upon the school in the administrative area," said principal Mr Colin Wallis.

"It will afford our school time and support to implement the impending administrative changes," he said.

Newsletter, 29 May 2012
Colin Wallis, Ettalong Public School

Money used for vegetable garden

Woy Woy South Public School has been presented with a cheque for \$1000 by a local supermarket.

The money will be used to establish a vegetable garden in the playground.

It will be situated outside the staffroom and will be divided into sections and maintained by students from each grade, according to principal Mr Terry Greedy.

The garden will grow a variety of vegetables that can be sold to the canteen.

Money raised will be used

to purchase new stock for the garden.

Activities related to the garden and sustainability will be integrated into classroom learning programs.

"The garden will provide a wonderful opportunity for students to learn about growth needs, develop gardening skills and extend their understanding of sustainable living practices and the role we each play in maintaining our environment," said Mr Greedy.

Newsletter, 6 Jun 2012
Terry Greedy, Woy Woy South Public School



The students selected to represent their school at the Multicultural Perspectives Public Speaking Competition

Students speak at Gosford

Students from Pretty Beach Public School spoke on multicultural issues on Wednesday, June 6, at Gosford Public School as part of the Multicultural Perspectives Public

Speaking Competition.

The teachers and students said they were impressed by the quality of the speeches and calibre of the student's presentation skills.

"Choosing two representatives from each stage was extremely difficult," said debating and public speaking coordinator Ms Michaela Bridgman.

Newsletter, 31 May 2012
Deborah Callender, Pretty Beach Public School

'FRIENDS FOR OLDER PEOPLE'

Would you like to make a difference in the life of an older person?

There are many lonely and isolated residents living in aged care homes in your local area who would benefit greatly by having a friend like you visit regularly on a one-on-one basis.

Just one hour of your time each fortnight to visit a resident will be rewarded with the satisfaction of enhancing their quality of life and perhaps yours too!

Would you like to know more about how to become a friend to an older person? Then contact Volunteering Central Coast on 43297122 or email cvs@volunteeringcentralcoast.org.au for more details about the Community Visitors Scheme, an Australian Government Initiative.



2217230g 13/4

Sunrise Counselling Services

Amber Peterson Dip.Couns. M.A.C.A M.A.I.P.C

"It is when we feel that we become aware of our inner strengths"

Effective Parenting and Child Development
Relationship Counselling and Conflict Resolution
Depression, Anxiety, Stress management, Anger management
Separation and Divorce, Family Dynamics & more

Mobile Counselling Available - Pensioner Discounts
Medibank Provider

Please Call Amber on (02) 4341 2179

COMPUTER FAIR

CHEAPEST FAIR IN TOWN

Sat 14 July 10am - 2.30pm

Gosford Showground
Showground Rd Gosford
www.computermarkets.com
0425 211 965 | Entry \$3.00
Children under 12yrs Free
EFTPOS available

NEW DEALERS
WELCOME

Your Local
Skin Cancer Centre

Vidler Ave Skin
Cancer Centre

7 Vidler Avenue, Woy Woy
Ph: 4341 9911

Woy Woy to have school chaplain

Woy Woy Public School has been successful in its application for the School Chaplaincy Program.

Acceptance into this program will allow the school to devote approximately 10 hours per week to chaplaincy.

Principal Ms Ona Buckley said

it would mean that "we can have someone present on our grounds to provide extra emotional support for our students."

A suitable chaplain will be chosen over the next few weeks.

Newsletter, 5 June 2012
Ona Buckley, Woy Woy Public School



Umina Public School students with their straw towers

First round debating win

Champion gymnasts

Empire Bay Public School's senior debating squad celebrated a first round win last month against Ettalong Public School.

Empire Bay took the negative position that school uniforms should be banned.

"[The students] utilised great teamwork to defeat the arguments put forward by the team from Ettalong," said principal Mr Brad Lewis.

Newsletter, 30 May 2-12
Brad Lewis, Empire Bay Public School

Two Pretty Beach Public School students competed as part of a Central Coast gymnastics team at an invitational gymnastics competition on Sunday, May 6.

"Amy Sneddon finished first overall in Level 2 Seniors while Tiana Barson-Wright came first overall in Level 3 Juniors," said principal Ms Deborah Callender.

"Who would have thought that such a tiny school would have two champion gymnasts?"

Newsletter, 17 May 2012
Deborah Callender, Pretty Beach Public School

Students build top towers

Umina Public School students proved that they were at the forefront of design and science when they came home with the top awards for the Straw Tower Building Competition in the week of Monday, May 28.

The competition was part of the Hunter Central Coast Innovations Festival and the students had to

design and build towers made from plastic drinking straws which were capable of carrying upwards of 2kg.

The designs were to be made to specific weight and height rules and were judged according to their strength and stability.

Students were asked to bring their completed designs to St Cecilia's Catholic School in Wyong to be tested using various weights,

in a day of science and engineering fun.

Umina Year 4 students achieved great results in the Coast-wide competition, with individual students placing first and second and winning a judges' design award.

Email, 6 Jun 2012
Jenni Darwin, Umina
Photo: Jenni Darwin

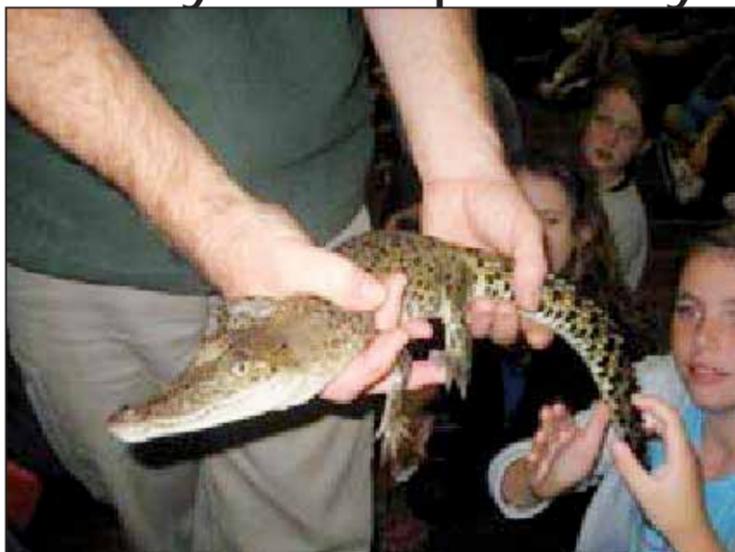
Environment day at Empire Bay

Students from Empire Bay Public School participated in an Environmental Day on Friday, June 1.

Students engaged in a variety of environmental learning opportunities presented by a variety of experts representing different fields of environmental education.

Representatives from Gosford Council, Ocean Bird Rescue Volunteers, Rumbalara Environmental Studies Centre and Taronga Zoomobile were on hand to interact with the students through the day.

Newsletter, 30 May 2012
Brad Lewis, Empire Bay Public School



School wins chaplaincy funding

Ettalong Public School has been selected into the National School Chaplaincy and Student Welfare Program.

The program is federally-funded and will provide the school with extra student welfare support which will assist

students, community members and staff.

Principal Mr Colin Wallis said: "The program will add to the support and learning of our students and is a great result for our school."

Newsletter, 29 May 2012
Colin Wallis, Ettalong Public School

Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

Ph: 4343 1888
Yaringaa Building
93 McMasters Road
Woy Woy (opposite Rogers Park)

"Act, Create, Communicate"

Boost your child's creativity, confidence and communication skills.
Self-development through drama.

Now enrolling on the Peninsula | NEW TERM STARTING SOON
STUDENTS AGED 3-17

4322 9011 | www.helenogrady.com.au

Helen Grady
DRAMA ACADEMY

www.kipmcgrath.com

Kip McGrath
EDUCATION CENTRES

Give your child a brighter future

Professional Tuition, Kinder - Year 10

- Specialists in basic skills
- Improve school results
- Raise self-esteem
- Individual education programs
- Qualified teachers
- MATHS**
- ENGLISH**
- READING**
- SPELLING**

Student of the month

TIA

David Hosford UMINA 4344 5042

Out and About



Pat Drummond

Pat Drummond at Troubadour

Australian singer-songwriter Pat Drummond will be the featured guest at the next Troubadour Folk Club meeting on Saturday, June 23, from 7pm at the Woy Woy CWA Hall.

Mr Drummond's highly original music crosses the genres of country, folk and rock and roll and his style is a cross between song writing and journalism, according to club publicity officer Ms Willy Timmerman..

His well-documented songs

about real people and places are drawn from interviews gathered on tours across Australia and present a composite picture of the country and her people, she said.

Email, 1 Jun 2012
Willy Timmerman,
Troubadour Folk Club

Annual bridge trophy event held

Brisbane Water Bridge Club held its annual trophy event on Monday, May 21, at the Peninsula Community Centre.

The winners were Susan McCall and Pamela Joseph.

Carolyn Molloy and Virginia Dressler placed second while third place went to Helen Ferguson and Judith Smyth.

During May, members were treated to a visit from David Beauchamp, a champion bridge

player who shared his knowledge of the game with a set of four lessons.

"The club room was packed with those eager to improve their game," said club president Ms Jenny Buckley.

Members also took part in Australia's Biggest Morning Tea and raised \$200 for the Cancer Council.

Media Release, 30 May 2012
Jenny Buckley, Brisbane
Water Bridge Club
Photo: Heather Tarrant



Pam Joseph and Susan McCall

Students help with another clean-up

Brisbane Water Secondary College bush craft and special education units assisted in a clean-up of the Woy Woy bay area on Friday, May 18.

The students and teaching staff, walked from their school to the starting point at the boat ramp, in

Woy Woy channel.

Students were then transported to the site by inflatable boats and oyster barges.

The pre-planned peak high tide allowed the groups to offload on the foreshore, with a target of 600m to be thoroughly cleaned.

"The rubbish was overwhelming,

with 80 bags quickly retrieved," said coordinator Mr Graham Johnston.

Thirty four previously identified oyster trays were dragged from the foreshore and mangroves and stacked on the oyster barges

Over 200 tennis balls were collected, with rusty train track plates also collected.

The small 40m section adjacent

to the train station previously cleaned was revisited with 10 bags quickly filled.

Mr Johnston said most volunteers felt crunching noises underfoot, indicating a second layer of plastic bottles under the sea grass on the foreshore.

Decking timber, chairs, sheet plastic, garbage bins, masses of plastic bottles, beer cans and

bottles were collected by the group.

"Enthusiasm was high for the students who realized the benefits of the task completed and the benefits for the mangroves, native fauna, fish and animal life," said Mr Johnston.

With two barges overloaded, the group proceeded to Pelican Island to unload and stack all rubbish for pick-up.

Email, 7 Jun 2012
Graham Johnston,
MacMasters Beach



have a
LET'Z PARTY
Party Shop
- Helium hire & kits available
- Costumes & Accessories
- Balloons
- Invitations, Party Favours & Tableware

Ph: 4344 5678

Email: letzhaveaparty@bigpond.com

Mon-Fri 9-5pm Sat 9-1pm

348 West St Umina Beach

CELEBRANT
Marriages - Commitment Ceremonies
Vow Renewals - Baby Naming - Funerals
Maureen Catherine Crawley
Celebrant for all occasions
Ph: 4344 7572 or 0418 113 799
mcmarrriagecelebrant@gmail.com
www.MaureenCatherineCrawley.com

Strata Lounges Re-Upholstery

Specialising in

- Lounge, Cane & Dining Suites.
- Full Furniture restoration service
- Cushion repairs – zippers etc.
- Recliner cables supplied & fitted
- Car Roof Linings

Fully Qualified Tradesmen

A huge range of quality fabrics available.

Mobile service we come to you
Free pickup and delivery.

You can now book your free no obligation quote by email/phone and we also have our free advice service by email

Visit our Showroom at
20 Dunalban Avenue Woy Woy
Ph: 4342 8188

www.homeimprovementpages.com.au/
connect/stratalounges/
stratalounges@live.com.au





Swells disrupt ferry service

Peninsula commuters were inconvenienced by a ferry cancellation and diversion on Wednesday, June 6, and Thursday, June 7.

The passage from Palm Beach to Ettalong via Wagstaffe was deemed unsafe on June 7, due to large swell and extreme wind

conditions.

The Wagstaffe and Ettalong ferry was diverted to Patonga.

On June 6, the ferry from Palm Beach to Wagstaffe and Ettalong was cancelled due to large swells and high winds.

Email, 6 Jun 2012
Lisa Styler, Palm Beach Ferry Service

Play at Mingaletta hall

A play morning for three to five year olds and their brothers and sisters will be held at Mingaletta hall, Umina, on Friday, June 29, from 10:30am until 12pm.

The Fun with Sounds morning aims to develop the reading skills of preschoolers through fun activities and play stations.

The free workshop will be focussing on the "e" and "f" sounds.

Bookings are essential. With inquiries, phone Rosemary on 4341 1832.

Email, 29 May 2012
Rosemary Ruthven, Active Learning Centre International



Just gets better

Monday Lunch and Dinner

Tuesday Lunch and Dinner



Three Course Meal

Entree

Mixed Entrée

Prawn Toast, Spring Roll, Calamari, Prawn Cutlet

Main

300gram Certified MSA Rump Steak OR Grilled Barramundi Fillet

All served with Crispy Chips & Salad or Baked Vegetables

Dessert

Deep Fried Ice Cream

\$12.90 Members

\$19.90 Guests



Three Course Meal

Entree

Garlic Bread

Main

250 gram Premium Black Angus Sirloin with Creamy Garlic Prawns Crispy Chips & Salad or Baked Vegetables

Dessert

Banana Fritters and Ice Cream with Caramel Toppings

\$12.90 Members

\$19.90 Guests

Sunday Night only - All you can eat smorgasbord!



Asian Dishes

Curry Prawns
Beef Black Bean Sauce
Special fried Rice
Sweet Sour Pork
Singapore Noodles
Satay Chicken
BBQ Pork Plum Sauce
Honey Chicken

Cold Seafood

Cooked King Prawns, NZ Mussels, Seafood Cocktail, Tossed Fresh Salad



Roast of the day

Roast of the Day - Carved and served to you fresh from the oven Roast Pork or Lamb or Beef with Seasonal Baked Vegetables

Entree & Italian

Pizza, Lasagna, Pasta, Crispy Chips, Chicken Nuggets, Spring Rolls, Prawn Cutlets, Seafood Toast, Dim Sim

\$14.90 Members

\$21.90 Guests

Children (2-12yrs)

\$1 per year old

Just gets better

Melbourne Avenue, Umina Beach

Telephone: 4341 2618



John Laidlaw from Woy Woy working in Fresh Produce at Woy Woy Coles on Tuesday, April 24

Photo: Naomi Bridges

Travel Australia at "SEE" level
Pick up at Woy Woy Station
Live Shows

All Incl:- Coach & Entry for Wed Matinees
Disney on Ice 12th July Chorus Line 8th Aug
Legally Blonde 10th Oct Chitty Chitty

Day Trips
Wed. 04th July Themed Xmas in July
Wed. 25th July Joan Sutherland Centre
MOTEL ACCOMMODATED

9 Day Tri State 3 Day Xmas in July
2 nights Innaminka 2 nights in Camden
Dep 06th July 12 Dep 24th July 12

OR go to our web site for more Trips
ROAD RUNNER OR) **4353 9050**
Laloraine NSW PO Box 370 Wyong 2259

For all Holiday, Charter & Excursions
Email: roadrunner@sctelco.net.au Lic'd T.A. 2TA 4764

FREE Home pick ups Central Coast, Newcastle, Lake Macquarie, extended tours only
www.roadrunnertours.com.au
Log in for FREE membership and special deals

Out and About



Exhibition at wine and cheese night

The Bays Community Group will hold its Wine, Cheese and Art night on Saturday, July 14, at the Woy Woy Bay Community Hall.

Last year's event attracted more than 130 people who enjoyed a selection of wines chosen by Rutherglen Estates, artwork by the Painters of the Peninsula and

a selection of cheeses, all set to a backdrop of creative art works.

Bays Community Group president Mr Bob Puffett said the tremendous turnout and positive feedback was evidence enough to hold another evening.

"It was a fantastic occasion and everybody really enjoyed it.

"In fact, so well was it received that, by popular demand, the

Community Group is running the event again this year with a theme of showcasing local talent," he said.

The Wine, Cheese and Art night will include an exhibition by painters Joseph Rolella and Greg Coates.

This year, wines will come from the Millbrook Estate Winery of the Hunter Valley.

Winemaker and viticulturist Mr John Lyons, a former resident of the Bays, will be on hand to educate palettes by providing tasting notes and answering questions on the finer points of making and drinking wine.

"Accompanied by a selection of fine cheeses from award winning Little Creek Cheeses and snacks from around the world, it promises

to be yet another sensory indulgence," said Mr Puffett.

"A courtesy bus with pick up and return within the Woy Woy-Ettalong-Kariong area will be available for a \$5 donation," said Mr Puffett.

**Email, 29 May 2012
Andrew Kophamil, Bays Community Group**



Previous Wine, Cheese and Art nights at the Bays Community Hall

WWW.GANDHIRESTAURANT.COM.AU
Mail us : info@gandhiresrestaurant.com.au
Call us : (02) 4341 1994, (02) 4341 1918

Everyday 10% Discount on All Pickup Takeaways!

*Excludes Specials

Special Movie Deal **everyday** for Dine in (Cinema Paradiso)

Every **Tuesday Night** 1/2 Price Main Meals *Dine in Only

*Excludes seafood and main size entrees

Every **Wednesday** All Seafood Mains \$12.95! *Dine in Only

Every **Thursday** Special :-

Buy First Drink; Get Another same first Drink Free for your Partner!

(First Drink Only) *Dine in Only

(Near Cinema, Ettalong markets) Schnapper Road, Ettalong Beach



Salvos hold annual fete

The Salvation Army on the Peninsula will hold its annual fete on Saturday, September 22, at the Peninsula Community Centre from 9am until 2pm.

All money raised from the event will help the Salvation Army to provide services for the Peninsula.

The NSW Ambulance Band will be the special guest at the fete along with Jake Cassar and his group.

A number of other rescue services will be on display such as Fire and Rescue NSW, NSW Police Force, NSW Rural Fire Services, Marine Rescue, the Salvation Army Emergency Services and NSW Ambulance Services.

Stall holders are wanted and inquiries can be made by contacting 0413 118 022.

**Email, 6 Jun 2012
Hans Schryver, the Salvation Army**

Check out these fresh deals from KFC Woy Woy...

Cheap as Chips

8 Pcs. Original Recipe Chicken, 6 Kentucky Nuggets, 2 Lge. Chips, 2 Lge. Potato & Gravy

\$19.95

Add 4 Chocolate Molten Cakes for just \$6.95!



Offer expires 1.7.2012. Limit of one offer per coupon, per customer. Set combinations apply. Only available at KFC Woy Woy.

Big Burger Box

Choose any 4 from: Original Fillet Burgers, Zinger Burgers or Twisters PLUS 4 pcs. Original Recipe Chicken, 6 Kentucky Nuggets, 1 reg Popcorn Chicken, 2 Lge Chips, 1 lge Potato & Gravy & 1.25L Drink

\$34.95



Offer expires 1.7.2012. Limit of one offer per coupon, per customer. Set combinations apply. Only available at KFC Woy Woy.

Under new management

By the Bay TAKEAWAY

Sam & the team are back

Free scoop of our freshly made chips with every burger purchased

Taste the Difference!

7 Sorrento Road, Empire Bay
4363 1545 Open Tues to Sun 9 till 8

BOURKE ROAD GENERAL STORE
Now Selling
"Mum's Favourites Cookies & Cakes"
A nice treat with a cuppa
174 Bourke Road Umina NSW 2257
Phone/fax: 02 4341 7149



KFC Woy Woy
91 Blackwall Rd 4341 4939



Fashion modelled by students

A Fashion Parade with a Twist will be held on Saturday, June 16, at St John the Baptist School hall, Woy Woy.

Fashions from local businesses including All Occasions Boutique, Agapi Mou Fashion 4 Kids, Just Jeans and Amour Fashions will be modelled by students aged between five and 16.

The parade will be followed by compositions by local singing artist Alyxanthe Hull and a play performed by the

high school group.

A huge mask cake will then be cut and shared with past and present students.

The day will celebrate the 10th birthday of local dance school Drama and Discovery.

"The children are very excited and it is wonderful to see so much enthusiasm and talent on the Peninsula," said Drama and Discovery facilitator Ms Amanda Benson.

**Email, 4 Jun 2012
Amanda Benson, Drama and Discovery**



Ettalong wins art prize

Ettalong Public School has won first prize in the schools section of the Reconciliation Art Competition at the Gosford Gallery.

Ettalong Public School principal Mr Colin Wallis said: "This is a fantastic result for our school and reflects our quality visual arts program."

Mr Wallis said the success of young artists such as Taylor Ross, Sampson Reid, who won an individual prize in the competition, can be attributed not only to the visual arts program but to the "great work" of the Aboriginal Support Worker at the school.

**Newsletter, 29 May 2012
Colin Wallis, Ettalong Public School**



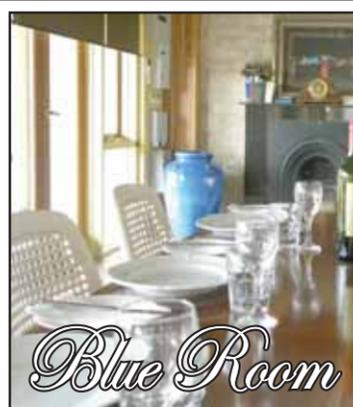
Piazza St Pano



Cosmos Courtyard



Terrazza Isidoro



Blue Room

Weddings & Functions in a stunning resort

Ettalong Beach Tourist Resort offers 10 stunning rooms and courtyards for

Accommodation available in our Boutique **MOTEL PARADISO**

**Weddings
Parties
Functions or
Conferences**

Private rooms seating from 20 to 200 people including the gorgeous Piazza St Pano with statues, fountains, intimate lighting, a stage and cinema screen

Talented Trevor D' Mello is available to sing and entertain at your function



Be unique, phone for a tour ...4341 1999

Ettalong Beach Tourist Resort

189 Ocean View Rd, Ettalong Beach, 2257

enquiries@ettalongbeachtouristresort.com.au

JHALU
Day Spa & Fitness

**Limited Numbers
"Wellness Membership"**

12 months \$690 upfront
Over \$4000 worth of Value!

What you get:

- Unlimited Gym
- Pool and outdoor Hot Spa
- 3 weekly Infra Red sauna Sessions (private sittings)
- 1 Spa jet Treatment per month
- 1x 30 minute :DoTerra Aroma touch Technique Massage - Per Month
- 1 personal training session Per Month

**Open 7 Days Mon - Fri 6.30am
Sat - Sun 8am**
Level 1, Mantra Resort
Ettalong Beach
**4341 3370 - www.jhalu.com.au
info@jhalu.com.au**

Out and About



Pat and Les Bennett from Hamlyne Terrace out shopping on Tuesday, April 24
Photo: Naomi Bridges

Featured on Gosford website

An interview with Ms Katie Dixon of Umina is currently featured on the My Gosford TV website as part of the Residents Story feature.

In the interview Ms Dixon discussed her experience in medical science, her love for her hometown and her passion for the beach and sun safety.

At 30-years-old, Ms Dixon has lived in Umina her whole life.

"I really enjoy the beach lifestyle and I have all of my family here,"

she said.

After completing her primary and secondary schooling in the Umina district, Ms Dixon went on to study medical science at university before gaining her PhD in medical research.

She has remained at the University of Sydney as a researcher and lecturer, mentoring research students and "influencing the next generation of medical researchers".

Website, 7 Jun 2012
Gosford Council, mygosford.tv



Why Worry, Woy Woy?
habits, anxiety, weight, health, motivation, creative fluency, Gestalt regression
hypnotherapy
 Call Liz Macnamara
 4341 0464
hypnosis helps let hypnosis help you

OVER 60?
 Show your Seniors Card at the counter to redeem these offers!

★ **NEW RELEASE DVD HIRES \$3 EA** ★

★ **WEEKLY DVD HIRES \$1 EA** ★

Normal membership conditions apply.

CIVIC VIDEO WOY WOY
 103 Blackwall Road
 4344 6969

C it at CIVIC





Roof work closes PCYC

Umina Beach PCYC close until Friday, June 15, to have its asbestos roofs removed from the main building and boxing fitness building.

"We apologise for any inconvenience this may cause," said club manager Ms Allison

Carpenter. "This will make our centre safer, free from internal rain damage and warmer and cooler in the winter and summer months."

Email, 30 May 2012
Allison Carpenter, Umina PCYC



1962 Woy Woy High Class

Woy Woy High 50 years on

Woy Woy High School, now the senior campus of Brisbane Water Secondary College, will celebrate its 50th anniversary with an open day on Saturday, August 4.

The P and C has formed a committee to invite the students and staff, both present and past, to acknowledge this achievement.

Among the festivities will be tours of the facilities conducted by executive staff, a barbecue put

on by members of the P and C, Devonshire Teas supplied by VET students and a mini fete put on by the SRC students.

Email, 20 May 2012
Julie Looney-Brown, Woy Woy High 50th Anniversary Committee



Susanne and Fiona from Ettalong and Sydney out for a fun day of shopping at Deepwater Plaza on Tuesday, April 24
Photo: Naomi Bridges

Second debating win

Pretty Beach Public School's debating team travelled to Wamberal Public School on Monday, May 21, for the second

round of the Premier's Debating Challenge.

The topic was "That the news is not suitable for primary children". Pretty Beach argued the

negative and secured its second victory.

Newsletter, 31 May 2012
Deborah Callender, Pretty Beach Public School

Blues Angels Roots & Blues Sessions

BARBS
Kantara House Green point
3rd Sunday of every Month 1pm \$5

COAST Community News

At last, a free newspaper with in-depth Gosford Local Government Area news!

COAST Community News
Coastal residents protest

COAST Community News
Council to seek advice on sea level rises

COAST Community News
Optic fibre map for Gosford

COAST Community News
Some WorkCover positions to leave Gosford

COAST Community News
Central Coast Highway upgrade to resume

COAST Community News
A landmark decision for Gosford



Music scholarships awarded at Pearl Beach



Performers with Chris Bearman

The Pearl Beach Memorial Hall has hosted the annual presentations of music scholarships to students from the Central Coast Conservatorium of Music.

The Years 9 to 12 students from local colleges and schools performed a varied program.

Pianist Allyne Brislan provided an accompaniment to the young instrumentalists and vocal performers.

The Irvine Family Piano Scholarship was awarded to Kimberly Gilbert who played from memory Notturmo by Grieg and, Poupee Valsante from Marionnettes by Poldini.

Alex Irvine, representing his brothers, presented the Irvine Piano Scholarship, worth \$500 to Kimberly, and complimented her on her playing.

"Kimberly played lovingly and sensitively the piano that was a gift to Pearl Beach in memory of their parents Alex and Helen Irvine, who were among the earliest Pearl Beach settlers," he said.

Adjudicator this year was Mr Chris Bearman who was, until recently, artistic director of the Central Coast Conservatorium of Music.

Six young performers competed for two scholarships \$500 and \$250 awarded by the Pearl Beach Progress Association.

This year's winner of the Pearl Beach Music Scholarship was flutist Alyse Faith.

Mr Bearman commented that her performance of Mozart's Allegro

from Sonata in F major, and the second and third movements from Sonata by Hindemith displayed beautiful phrasing and was a dynamic articulation of the flute.

The Pearl Beach Highly Commended award was presented to Olivia Bell on violin, who performed Sarabande and Gigue in D minor by JS Bach and the second movement of Mendelssohn's violin concerto demonstrating an understanding of the music and producing a wonderful tone.

Violinist Anastasia Milwain played pieces by Kreisler and de Falla.

Micah Blik's guitar performance included pieces by Giuliana and JS Bach.

Vocalist Eden Hook displayed her enormous voice with a diverse range of songs, concluding with a surprising choice of Gershwin's Blah Blah Blah.

Concluding the scholarship concert was Stephanie Kelly on saxophone, playing Concertante by Paladilhe and second and third movements from Scaramouche Suite.

"Learning the technique of getting the message across to the audience is very important," said Mr Bearman.

"Practice and play to an imaginary person to perfect your technique in projecting your music.

"The standard was extremely high making it difficult to choose a winner and runner-up," he said.

**Email, 7 Jun 2012
Lynne Lilloco, Pearl Beach Progress Association**

For the latest news on what's happening on the Peninsula see....

www.PeninsulaNews.info



- News • Education • Sport • Arts • Health
- Forum • Peninsula Diary • Web directory •

The Peninsula newspaper's website, a comprehensive collection of editions published to date

Where do you get it?

Following is a list of all good outlets where you can get a copy of Peninsula Community Access News

Blackwall
Caltex Service Station

Davistown
Davistown RSL

Empire Bay
Empire Bay Newsagency
Empire Bay Real Estate
Empire Bay Tavern
Empire Bay Public School
Liberty Service Station
Post Office
Bottle O Liquor Shop
By the Bay Takeaway

Ettalong
Centrelink
Cinema Paradiso
Cinema Hotel
Cooinda Retirement Village
Mantra Resort
Ettalong Beach Arts and Crafts Centre
Ettalong Beach Holiday Village
Ettalong Beach Motel
Ettalong Bowling Club
Ettalong Hotel
Ettalong Memorial Club
Ettalong Surgery

Ettalong Pizza and Pasta House
Ettalong Public School
IGA
Newsagency (near old Post Office)
Newsagency,
Oceanview Rd
Peridon Village
Senior Citizens Centre
Woolworths

Gosford
Central Coast Leagues Club
Ducks Crossing Publications
Gosford Council
Gosford Library
Gosford RSL
Imperial Centre

Hardys Bay
Hardys Bay Corner Store
Hardys Bay RSL

Killcare
Killcare Surf Club

Patonga
Patonga Bakehouse Gallery

Pearl Beach
Pearl Beach General Store

Pretty Beach
Pretty Beach Public School

Umina
Bourke Road General Store
ChemWorld
Don Leggett House
Eagle Boys Pizza
Mum's Seafood
Ocean Beach Holiday Park
PCYC
Peninsula Village
Shell Service Station
St George Bank
St John The Baptist School
The Fruit Shop, Umina Mall
The Hammond Group
Umina Bowling Club
Umina High School
Umina Mall Pharmacy
Umina Public School
Umina Library
Umina Newsagency
Westpac Bank
Woolworths Service Station
You Save Pharmacy

Wagstaffe
Wagstaffe General Store

Woy Woy
Amchal Chemist, Peninsula Plaza
Bay View Hotel
Bays Fire Station drum
Brisbane Waters Private Hospital
Broadwater Court
Campbell's Home Hardware
Centrelink
Chris Holstein's Office
Deepwater Newsagency,
Deepwater Plaza
Dominos Pizza
Drum at Horsfield Bay Rd
Everglades Country Club
Gnostic Corner and Gnostic Healing Sanctuary
KFC
Kuoch Chemist
Meals On Wheels
Newsagency
(opposite The Old Pub)
Peninsula Leisure Centre
Peninsula Music School
Peninsula Newsagency,
Peninsula Plaza

Peninsula Stationery
Priceline Pharmacy,
Deepwater Plaza
Rawson Rd Takeaway
Sandwich Shop,
Deepwater Plaza
Shell Service Station
St George Bank
The Old Pub
Train Station kiosk
Westpac Bank
Woy Woy Aged Care Centre
Woy Woy Bowling Club
Woy Woy Community Centre
Woy Woy High School
Woy Woy Hospital
Woy Woy Leagues Club
Woy Woy Library
Woy Woy Veterinary Clinic
Woy Woy Public School
Woy Woy South Public School
Uniting Church
Yummy Noodles

Call 4325 7369 if you would like to be added to this list.

Surfers make finals at Manly classic

Six surfers from the Ocean Beach Malibu Club competed in the 2012 Magoo Charity Classic held at Manly, over the weekend of May 5 and 6.

Due to large swell, the competition, which was held at Soldiers Beach on the Saturday, was moved to Cabbage Tree Bay on the Sunday.

All members progressed to the finals, except for Mark Williams, who was disqualified for wearing the wrong coloured rash vest after winning his over-50s semi-final.

Club president Mr Craig Coulton said Kai Ellice-Flint was a stand out surfer, winning both the Open Nine Foot, and Under-18s titles.

Bryce Williams was runner up to Kai in the final of the 18s with 14-year-old Tom Payne securing fourth.

Along with being awarded the "best tube ride of the contest", Richie McClelland came third in the Over-50s and Hayden Emery, despite snapping yet another



Kai Ellice-Flint

board, managed to place fifth in the Open Nine Foot.

Sunday was also competition day for the Ocean Beach club and, with six of the best surfers competing in the Magoo, Coulton said it gave a few of the others the opportunity to score maximum

points.

"The waves at Umina, and a slightly different format for this contest, saw Ben Scully-Hawkins and Shane Muldowney winning both of their heats while Chris Irwin, Daniel Ambler and Peter Wellington each scored one first

and one second place."

Big surf kept many on the beach with only 22 surfers competing.

The full results were:

Round 1, Heat 1: Peter Wellington, Garry Halliday, Darrell Young, Mick Day, Brian Cook and Hayden Wellington.

Heat 2: Daniel Ambler, Craig

Coulton, Cyndi Zoranovic, Dave Wirth, Craig Palmer and Daryl Anderson.

Heat 3: Ben Scully-Hawkins, Chris Irwin, Rob McCaughan, Ty Wilson and Tony Irwin.

Heat 4: Shane Muldowney, Dave Moulton, Liz Ambler, Matt Kirby, Grant Cassidy.

Round 2, Heat 1: Ben Scully-Hawkins, Garry Halliday, Dave Wirth, Liz Ambler and Craig Palmer.

Heat 2: Shane Muldowney, Daniel Ambler, Mick Day and Tony Irwin.

Heat 3: Brian Cook, Cyndi Zoranovic, Dave Moulton and Ty Wilson.

Heat 4: Darrell Young, Matt Kirby, Daryl Anderson and Hayden Wellington.

Heat 5: Chris Irwin, Peter Wellington, Craig Coulton and Grant Cassidy.

Email, 16 May 2012
Craig Coulton, Ocean Beach Malibu Club
Photo: Tony Kilbert

Six clubs receive sports grants

Gosford Council has agreed to allocate Recreation Assistance Program funding to six Peninsula based activities.

The Peninsula Floorball Club received \$1115 in funding for the purchase of protective equipment for junior training and competition.

Peninsula Junior Touch will

purchase a line marker with its \$816 in funding.

Umina Surf Life Saving Club received \$2805 to install two security cameras to the outside of the building and install a new door code pad.

Umina United Soccer Club was allocated \$5000 for the supply and installation of three new light units on existing poles and the repair of

a cable.

Woy Woy Peninsula Little Athletics Centre will purchase new hurdles to replace its old hurdles with the \$1760 in funding it was allocated and Woy Woy Rugby League Club will buy seven shade tents with the \$5000 it was allocated.

Gosford Council Agenda
CIT.23, 5 Jun 2012

The Peninsula Diary

For events in post code areas 2256 and 2257

Thursday June 14

Concerned Citizens for Constitutional Change Central Coast meeting, Mingaletta, Umina, 6pm

Saturday June 16

Charity Bowling Day, Everglades Country Club

Wednesday June 20

Bays Community Group general meeting, Woy Woy Bay Community Hall, 7:30pm

Thursday June 21

Charity Bowling Day, Ettalong Bowling Club

Saturday June 23

Troubadour Folk Club meeting, 7pm, Woy Woy CWA Hall

Sunday June 24

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am
Social Morning Coffee Ride, Gosford Waterfront to Woy Woy, 10am

Thursday June 28

Charity Bowling Day, Umina Bowling Club

Friday June 29

Play Morning for 3-5 year olds, Mingaletta, Umina, 10:30am-12pm

Wednesday July 4

Umina CWA branch meeting, 10am, Umina CWA Hall

Saturday July 7

Jumble Sale, Hope Church Umina, 9:30am-12:30pm

Saturday July 14

Bays Community Group Wine, Cheese and Art Night, Woy Woy Bay Community Hall, 7:30pm-10:30pm

Sunday July 29

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am

Wednesday August 1

Umina CWA branch meeting, 10am, Umina CWA Hall

Saturday August 4

Woy Woy High School 50th Anniversary open day

Friday August 10

Pearl Beach Glee Club concert, 7:30pm

Saturday August 11

Pearl Beach Glee Club concert, 3pm

Wednesday August 15

Bays Community Group general meeting, Woy Woy Bay Community Hall, 7:30pm

Sunday August 26

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am

Wednesday September 5

Umina CWA branch meeting, 10am, Umina CWA Hall

Saturday September 8

Bays Community Group Kid's Disco, Woy Woy Bay Community Hal

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait

Islander Organisations
Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle - Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare
Gosford 4324 6403
Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111

Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels
Woy Woy 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Classifieds

Classified ADVERTISEMENTS
cost only \$25 plus GST for 5 cms, and will be working for you in your local community for **TWO WEEKS**
Phone: 4325 7369
Fax: 4339 2307
E-mail: manager@ducksrossing.org
Ad a logo or photo only \$5 +GST
Ad full colour only \$5 + GST

Accounting



• Accounting & Bookkeeping
• Registered BAS & Tax Agents
• SME Specialists
• Over 20 years experience
• MYOB Professional Partner
02 4344 3717
2/94 Blackwall Rd
Woy Woy
info@mycpartners.com.au

Airconditioning

Aircoast
Installations from \$450
Supply and Install from \$1000
Fully Licensed & Guaranteed
PH: 0434 193 731
Lic 217615c

Antennas

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

Automotive



AUTO SCAN
MOBILE AUTOMOTIVE DIAGNOSTICS
INDEPENDENT VEHICLE INSPECTION REPORTS
• Light Vehicles
• Heavy Vehicles
• Motorcycles
• Trailers
• Boats
• OBD2 Diagnosis
RTA APPROVED VEHICLE INSPECTORS E13665
REPAIRERS LICENCE MVR48844/MVRL48845
IAME MEMBER 00715029
0409 008 999
www.autoscan.net.au - paul@autoscan.net.au

Blinds

NEED BLINDS IN A HURRY?
Express 1 week
Proud Local Manufacturer
@ West Gosford
PH: 4324 8800
PREMIER
www.premiershades.com.au

ABACA BLINDS & SHUTTERS
Woy Woy
Free Quotes
4342 4144
0418 640 336

Bore Water

Bores and Spears
Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.
Ph: Warren Greenway
Ph: 4341 7736 Mob: 0408 225 390
Lic No. DL1960

Builder

A&B Building Maintenance
Over 35yrs experience
Small Jobs, Decking
Repairs to renovations
Ring or text Mike
0418 439 287
Lic 17078

Carpentry

Carpentry - Building
over 30 years experience
Local know how - working with pride and honesty
Paul Skinner
Lic 62898c
0432 216 020
or **4339 2317**

RB Carpentry



Decks, Pergolas, Maintenance
and all aspects of carpentry - Call Rob on
0405 804 523
Free Quotes - Lic No. 239620C

Carpentry

PAUL'S CARPENTRY
(02) 4342 6640
Phone for a **Free Quote** on all your carpentry needs
'Small Jobs ok'
ABN No: 18368599569

Cleaning

Elite House Cleaning
Fully insured
Competitive rates
Move out/End of lease
Weekly/Fortnightly
General Cleaning top to bottom
All work Guaranteed
Call for a quote
Paul - 0433 899 044

Cleaner available for general house duties
Honest & Reliable
Based in Ettalong
\$25 per hour
4341 6492

Concreting

CONCRETING
All aspects of Concreting!!
Slabs - Driveways - Pathways - Plain - Colour - Decorative
NO JOB TOO BIG OR TOO SMALL!!!
Local Tradesman with over 25 yrs experience
For Free Quotes And Prompt Reliable Service
Phone Terry
0412 496 799 anytime.
LICENSE NO 218514c

Doors



Interior, Exterior and Security Doors
Bi-Fold, French & Wardrobe
Stainless Steel Security Door & Window Systems, Security Grilles, Fly Screen Doors and Fly Screens, Dog & Cat Doors, Timber Screen Doors, Screen Rooms, Locks, Handles & Hinges
ALL MAINTENANCE AND REPAIRS
Timber and Screen Door packages
Now stocking spare parts for the DIY Handy Person
Unit 1/14 Alma Avenue Woy Woy
9am to 5pm Monday to Friday
4339 2424
0402 186 546
Free Quotes
Police Masters Lic No. 409982903
Security Lic No. 2E409965334
Carpentry Joinery Lic No. 108056c

Entertainment

BLUES ANGELS
Your total acoustic blues/roots package, top to toe, and then some. Minnie the Mocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue. Hear and see them at:
June 17 - 1-5pm
BARBS Kantara House Green Point
tomflood@hotmail.com
4324 2801



Gypsy plunk
Want to have a lot of fun, unique music at your next event?
Call Leila at 0423147797 or find us on Facebook
www.facebook.com/SlightlyOffMusic

The Troubadour Acoustic Music Club
meets at the CWA Hall Woy Woy
Floor Spots available
June 24
Pat Drummond
7PM
Tickets \$11
Concession \$9
Members \$8
Tickets available at the door. see www.troubadour.org.au
4341 4060

Fencing

Craig Lack Fencing
All colorbond, lattice, pool and garden fencing. All gates No job too small
We will beat any written quote
Operating on the Coast for 10 years
Fully licenced and insured
"We work with the customer"
Call Craig 24/7 for all your fencing needs on
0405 620 888 or 4344 1363
Lic. 180056c

For Sale

Kia Carnival 2004
Registered June 2012
7 seats, 5 removable, Duel Air conditioning, Power Steering, Power Windows, Power Mirrors, Fog lights, V6 2.5 L Engine, Roof racks and Tow Bar
Central Locking, remote
New 6 speaker CD MP3 player
\$9,900 Neg
Frank 0417456929



For Sale



NEW Soprano Ukuleles
Sapele body and neck, rosewood fretboard
\$65 + PH
02 4325 7369
only one left!

Gardening

THE LANTANA MAN
LANTANA Management Solutions
Free your trees!
Reclaim your garden & bushland
Greg Burch
'on time every time'
Specialist - Residential & Acreage
Fully insured
Call now 4328 5885 or 0402 830 770

Handyman

Residential/Commercial/Industrial



FRIENDLY PROFESSIONAL SERVICE
Free Quotes
Lawn & Garden Painting
Paving
Pergolas
Rubbish Removal
Tree Trimming
General Carpentry
Tiling
Furniture/Shed Assembly
Stump Removal
Fully insured - Discounts for seniors
Call Justin on:
0414 382 212 - 0413 587 701
ABN: 87179898230

Hot Water

Dark & Daylight Plumbing & Gas
• No Hot Water?
• Leaking Tank?
• Need to replace your Hot water system
• Gas, Solar, Electric
• Same day Service
4341 8863
www.darkanddaylight.com.au
Lic 68562c

Massage

RING MAX AND RELAX
Quality massage service by friendly, experienced, trained guy.
Remedial, Sports, Relaxation or Reflexology
Discounts — students, unemployed, pensioners.
So why not ...
Ring Max & Relax.
0402 232 711

Mobile Mechanic

D.T. Central Coast Mobile Mechanic
*All mechanical repairs & servicing
*Rego inspections - All makes & models
*Very reasonable rates
*Pensioner discounts
Tim Howell Lic.No. 44 033038
4341 2897
or
0418 603 667



Painting

PAINTING SOLUTIONS
Restorations and Fixits!
Residential & Commercial
Interior & Exterior
New Work & Repaints
Free Quotes
All work guaranteed
0410 404 664

MASTERPAINTER QUALITY TRADESMAN
15yrs experience in decorating and certificate in **drywall plastering**
Services coastwide
Prompt - Free consulting and Quotes
All Interior & Exterior Paint work
Senior's rates start at \$20 per hr
Quality guaranteed
Dulux paints
CALL JONATHAN
0466 966 547
Fully Licenced and Insured



Paving

I'm Paving
for all your paving requirements
Phone Martin
4344 4614
0412 360 195
Lic No R94683

Plumbing

Umina Beach Plumbing

All aspects of plumbing:
Drainage and Gasfitting,
Domestic and
Maintenance Works
**Installation of
rainwater tanks**
4344 3611
0402 682 812
Lic 164237c

Public Notices

Troubadour CC
Ukulele for Fun
with the
Troubadour Ukulelers
next meet - 7pm
June 25
Everglades Country Club - Dunban Road Woy Woy
4341 4060 AH

Singles finals

Woy Woy Women's Bowling Club held the finals of its singles championship recently.

Publicity officer Ms Miriam Cotton said: "The whole club stopped to watch the concluding games as it was neck to neck all the way."

The final was between Jeanette Perry and Linda Pointing with Linda being the ultimate winner.

"It was one of the best games played for some time."

Email, 7 Jun 2012
Miriam Cotton,
Woy Woy WBC

Major pairs

Very close games were played in the Major Pairs at Woy Woy Women's Bowling Club, according to publicity officer Ms Miriam Cotton.

In the finals game the

winners were Linda Pointing and Patricia Bellamy (skip).

The runners up were Mary Henderson and Jeanette Perry.

Email, 7 Jun 2012
Miriam Cotton,
Woy Woy WBC

SPECIFIC PAVING

A reliable professional finish

- Entertaining areas
- Driveways and paths
- Pool surrounds
- Retaining wall systems
- Turf

Call Ian for a free quote
0417 803 709 or
4344 2873
Lic No. 168403c

Public Notices

Central Coast Bush Dance & Music Association

Experience Folk Music at its best at East Gosford Progress Hall @ 7.30pm Henry Parry Drive

July 14 Colonial Theme with Southern Cross

Enq: 4344 6484
Admission \$18
incl. supper

Folk Fed Affiliates & Pensioners \$15,
Students 13 to 18 \$8

www.ccbdma.org
for more information
02 4381 0457

Removals

KEYVINS REMOVALS & DELIVERIES
Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.
02 4342 1479
0411 049 559

Roofing

FUTURE TEK ROOFING & CLADDING
All Types of Roof Repairs
Re-Roofing
New and Old
Fully insured
Free inspections and quotes
Tony Fitzpatrick
0401 354 283
Lic. 115103c

ANDERS ROOFING

PTY LTD
ACN 089 942 834 ABN 089 942 834 Licence No 198648C
Professional Roof Repair
21 years serving the Peninsula and Surrounds
For a Prompt & Reliable Tradesman
Phone 0418 664 492

Telecommunications

TELSTRA STORE Woy Woy
SHOP 24 DEEPWATER PLAZA
IT'S HOW WE CONNECT
Licensee: Darren Smith
Call: 02 4341 0061
Email: manager1@woywoytelstrastore.com.au

Pets

Peninsula Pampered Pooches

Dog Grooming
All Breeds
Clipped and Styled
Council Approved
Located at Umina Beach
For Info Phone Vickie on 0400996110

Photography

Naomi Bridges Photography
Professional Freelance Photography
Sessions on location of your choice

- Portraits
- Lifestyle
- Modelling Portfolios
- Commercial
- Newborns
- Corporate
- Sports
- Pets

Call **0423 958 914**
naomi.bridges@hotmail.com

Plumbing

All Flushed Out Plumbing
Plumbing & gasfitting

• all maintenance & blocked drains
• new homes & reno's
• all hot water
• roofing & guttering
• seniors discounts
We turn up!
Call **Brendon Mares**
0420 315 964
Lic no. 244930c

Woy Woy Peninsula Lions Club
Sunday, June 24, 9am to 1pm
Great variety of stalls ~
BBQ, Tea & Coffee.
Vendors Welcome ~
Car Boot Sale - \$15 per car
Now at Dunban Road Car Park
NB stall sites not open until 6.30am
Cnr. Ocean Beach Road Woy Woy
Always Last Sunday
(Except December)
More Details...
Enq: 0428 418 535

Work From Home
Established Mail Order Company
30 years experience
60 million customers worldwide
\$500 - \$4500+ per month
Full/Part Time
Full Training Provided
Go to jrh.unitedonlinebusiness.com

Tuition - Music

Private Guitar Lessons

- Affordable
- Suit beginners
- All ages

Phone Lachlan
0434 798 534

Frank Russell

Double Bass & Guitar Lessons
All ages - Beginners To Intermediate
Umina
Ph 0417 456 929
Or 4341 4060

Wanted to buy

Cash paid for good quality swords & knives.
War & movie memorabilia also shop display units
For large collections home visit available



Smoking dragon shop 12 Ebbtide Mall
155 The Entrance Rd
The Entrance
4333 8555

Tuition - Dance

Gosford Scottish Country Dancers
Hold a regular class every Wednesday from 7 to 10 pm at the Church of Christ Hall, Henry Parry Drive Wyoming
No experience or partner necessary
All ages welcome
Cost \$5.00 per week
Contact Marcia - 4369 1497

Advertise in this space
Ring us now to find out how cheap it is
4325 7369

The Shame File

Ducks Crossing Publications has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.
However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.
From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

Robert Longney - Ya	of Empire Bay	About of Woy Woy
Local Bait 'n Boats	• Jamie's Lawn Mowing	• Mal's Seafood & Charcoal
• Digi Now of Kincumber	of Woy Woy	Chicken of Ettalong Beach
• Sharon Martin -	• William McCorriston	• Simon Jones - All external
Devine Image	- Complete Bathroom	cleaning and sealing services
• Marilyn Clarke - Formerly of	Renovations	• Renotek, Tascott
Skippers Take Away Seafoods	• First Premier Electrical	• ASCO BRE Concreting
• Steven Rutter - Blockbuster	Service of Umina Beach	• Erroll Baker, former barber,
Rubbish Removal - Narara	• JCs Renovations &	Ettalong
• Depp Studios	Landscape Building	• Marks Pump Service,
formerly of Umina	Services of Point Clare	Woy Woy
• Stan Prytz of ASCO	• High Thai-d Restaurant	• Michelle Umback - 2 Funky,
Bre Concreting	of Umina Beach	Terrigal
• Andrew and Peter Compton	Bob Murray of Vetob	
• Bruce Gilliard Roofing	P/L trading as Browse	

Directory - Not for profit Community Organisations

Animal Care

Animal Welfare League
provides aid to sick or injured animals & subsidised assistance in the desexing of dogs.
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.
Debra 4344 4435
awlcentralcoast@virginbroadband.com.au

Art

Ettalong Beach Art & Crafts Centre (287)
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society (309)
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings
1.30pm 4th Wed for demonstrations publicity@artcentralcoast.asn.au
4325 1420

Point Clare Arts & Crafts (309)
Wed - Adult Art Class
Approaches to Visual Arts, supported by History of Art, to develop your own style
Wed & Frid - Adults
Bunka Embroid, Cards, Crotchet, Cross Stitch or bring your own - \$3/session
Point Clare Community Hall
10am - 12noon
4325 5007

Hospital Art Australia (309)
Meet every Friday
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing
Volunteers welcome
4341 9920

Community Centres

Peninsula Community Centre (39/290)
Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physio, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.
Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre (287)
Mon - Fri - Cards, Computer Lessons, Dancing, Indoor

Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Gosford 50+ Leisure and Learning Centre (formerly Senior Citizens) (287)
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class
4324 4749

Community Groups

AACC Computer Club Inc. (33)
www.aacc.asn.au
Help with all Computing problems, Program demos + Q&A sessions
• 2nd Wed Windows 7 - 10pm Narara Valley HS Fountains Rd, Narara
• 3rd Wed - Linux 9.30am-12.30pm East Gosford Progress Hall - Cnr Webb Rd & Henry Parry Drive
• 4th Thurs Social + Windows 12.15 - 3.15pm - East Gosford Progress Hall secretary@aacc.asn.au
4362 1918 or 4324 2740

ABC (309)
"The Friends"
Support group for Public Broadcaster.
Aims: safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
4341 5170

Beachside Family Centre (287)
School-based community centre for families with children from birth to 8 years old. Group programs and community activities - Umina Public School
Sydney Ave
4343 1929

Bridge (286c)
Tues 12.15pm A friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd. Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie (56/294)
50 Games every Sat night
St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm.
Proceeds to Woy Woy Catholic Parish.
www.cashousie@hotmail.com

Central Coast Amateur Radio Club (CCARC) (97/317)
Do you wish to join the world wide hobby of Amateur Radio?
First Friday and Third Friday Dandaloo St, Kariong open from 11am to 4pm
ccarc@ccarc.org.au
4340 2500

Central Coast Handweavers, Spinners and Textile Arts Guild Inc (286c)
Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts
Workshops and community quilting bees
Day and night groups
4325 4743

www.centralcoastsguild.org.au
Central Coast Family History Society Inc. (301)
All the resources, information and advice needed to study your family's history are available.
Meet 1st Sat 1pm
Lions Community Hall, behind 8 Russell Drysdale St, E. Gosford. www.centralcoastfhs.org.au
Visits welcome 4324 5164

Hardys Bay Residents Group (60/296)
Working for a positive & Healthy Environment in our Community
allanbw@bigpond.com

The Krait Club (58/295)
Community Centre - Cooina Village, Neptune St, Umina
10.30am For senior members of Woy Woy/Umina Community
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4341 0698

Northern Settlement Services (282)
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Peninsula Village Carer's Support Group (287-311)
Invitation to carers of loved ones with dementia
Meet 1st Wed - 10 to 11.30am
Paula Newman 4344 9199

Peninsula Village Playgroup (287-311)
Carers, Grandparents, parents & children - Come & join our 'Intergenerational Playgroup'
Every Tues 10 to 11.30am
Paula Newman - 4344 9199

Probus Club of Umina Beach (81/298)
Friendship, Followship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+
Non Political and Non Sectarian
- 2nd Wed every mth, 10am, Everglades Country Club
uminabeach@probusclubs.com.au
P.O. Box 443 Woy Woy

Prostate Cancer Foundation of Australia Central Coast Group
Meetings held last Fri
Terrigal Uniting Church Hall
Terrigal Drive, Terrigal
930am to 12noon
4376 9600

Rotary Club of Kariong/Somersby (309)
International service club exists to improve lives of communities in Australia and overseas.
Join us for fun-filled activities, fellowship and friendship.
Meet breakfast at Phillip House 21 Old Mount Penang Rd (opp Shell), Fridays 7:15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina (6/294)
International service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. Weds.

Everglades Country Club
curleys@ozemail.com.au
0409 245 861

Seniors Computer Club Central Coast Inc. (83/301)
Beginners' classes Mon or Tues. Also classes Mon - Fri as published on Club Website. 10am - 12md or 1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac - Also at Avoca Beach Bowling Club 1st Mon with a Guest Speaker - 4369 2530

Umina Beach Men's Shed Inc. (287-311)
Men come and share, a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills
Darrell 4341 2355

Umina Beach Scrabble Club (65/302)
For all levels and ages
Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play
Scrabble
322 West St (Rubys) Umina
4344 2808

Volunteering Central Coast (57/295)
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. Regular general info sessions at Woy Woy.
vrc@volunteeringcentralcoast.org.au
4329 7122

Wagstaffe to Killcare Community (285)
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945
info@wagstaffetokillcare.org.au

Disabled Services Riding for the Disabled (282c)
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers always required
No Previous experience necessary - School hours only
Mon to Sat - 4340 0388
stateoffice@rdansw.org.au

Environment Peninsula Environment Group (287)
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peg.org.au

Health Group Arthritis NSW (9/292)
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,
Woy Woy - 4341 5881

Meals on Wheels (81/298)
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place (287)
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services - 4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA) (64/278)
12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Every Fri 8 - 9pm
www.oa.org - 0412 756 446

Pink Butterfly Breast Cancer Support Group -
First Sunday 10.00am - 12.00
Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Women's Health Centre (285c)
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy
4342 5905 Wed and Thur 9.30am-3pm
20a McMasters Rd,
Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance (308)
Formed to restore medical services previously available at this hospital - upgrade to a standard commensurate with the needs of the Peninsula and the Gosford City area
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club (67/278)
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine Rescue Central Coast Unit (287)
Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929 www.vmrc.org.au
pr.centralcoast@marinerescuensw.com.au

Music Central Coast Concert Band (288)
Every Tues 7:15 - 9:30pm
Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

Soundwaves (87/308)
Men's acapella 4 part harmony chorus - all ages welcome
7:00pm Monday Nights
Central Coast Leagues Club
Ray 0405 030 945
randtbale@bigpond.com

Political Group Australian Labor Party Umina Ettalong Branch (293)
Political Discussions National, State and local government issues 2nd Mon Umina Beach Bowling Club 7.30pm
4341 7323

Woy Woy Judo Club (287)
Classes 6 14yrs- \$5
Fri 5.30 - 6.30pm
Adult Classes Tue & Fri 6-8pm
15yrs+ - 1st Lesson Free
4 Week Trial
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Veterans National Malaya Borneo Veterans Association Australia Inc (66/302)
1st Sat (except Jan) 2pm
Ettalong Beach War Memorial Club, 51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers' (309)
Assist all Veterans and their families with pension & welfare matters. Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch (79/297)
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm
4341 2594

Women's Groups Country Women's Association Woy Woy (309)
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina
Branch meeting 1st Wed 9.30am, Day craft and friendship all other Wed 9.00am
Evening craft and friendship: Enquire CWA Hall Umina
2 Sydney Ave Umina
4369 5353 or 4341 5404

The Endeavour View Club, Woy Woy (287)
Luncheon, 1st Mon Everglades Country Club, 10.30am.
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.
4342 2283

Gosford RSL Sub-Branch Women's Auxiliary (61/296)
For women over 18 years. Raise money for welfare of veterans and their families
RSL Club West Gosford
4th Mon 2pm
4323 7336

Inner Wheel club of Gosford North (92/309)
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects
2nd Wed 7pm
Phillip House Kariong
4324 7176
gosfordnorthw@live.com.au

If you would like your Community Organisation listed here, call us on 4325 7369

Soccer team represents school

Pretty Beach Public School's boy's soccer team represented their school against Erina Heights in the Boys Soccer Knockout last month.

"They boys had some fantastic chances early on in the game, and with some desperate and clever defence, we went into half time being down 1-0," said coach Andy

Podmore.

"Erina Heights showed their quality in the second half and ran away with the game 5-0, although the score line did not truly represent how competitive the game was.

"Many of our players had never played a game before, so this was a truly remarkable result."

**Newsletter, 31 May 2012
Deborah Callender, Pretty Beach Public School**

Gala day for women bowlers

Woy Woy Women's Bowling Club held its Gala Day earlier this month with many teams from the Peninsula and from the Central Coast District competing.

"Unfortunately during the end of the first game, the weather turned cold and rain started falling," said publicity officer Ms Miriam Cotton.

"The second game was called off but there was time for fellowship before lunch.

"Also again a great tombola was presented under the guidance

of Patricia Toohey and the winners were very pleased with the gifts won.

"Many thanks to the Woy Woy members for their generosity," said Ms Cotton.

Prizes were given to the third place-getters from Ourimbah-Lisarow Club, the team from Woy Woy who came second and to the winners from Terrigal Club.

This team comprised Julia Silvia, Dianne Fernance and Pamela Colbran (skip).

**Email, 7 Jun 2012
Miriam Cotton, Woy Woy WBC**

Team plays for Classic Shield

Empire Bay Public School Senior Boy's rugby league team participated in the Classic Shield on Thursday, May 24.

The boys played against Woy Woy South in the first game and won 10-4.

They played Umina in the next round but went down 10-4.

The team was coached by Darren Shaw, with Rod Jack being the trainer on the day.

**Newsletter, 6 Jun 2012
Nichole Dempsey, Empire Bay Public School**

International failure

Ettalong Bowling Club's Aron Sherriff was part of the Australian team that failed to clinch its first gold medal of the SA International Series in Adelaide during a tussle with its trans-Tasman rival.

The New Zealand contingent of Tony Grantham, Andrew Kelly, Richard Girvan and Ali Forsyth got off to a flying start, picking up four shots on the second and fourth ends to establish a commanding 8-2 lead.

The host nation's star-studded outfit of Asia Pacific Championships gold medallist Mark Berghofer, world number two Leif Selby, Australian Open pairs champion Nathan Rice and world number four Aron Sherriff were valiant in their attack, squaring the lead at 11-all with two ends remaining, but were unable to attain more than one shot on eight of their nine winning ends.

**Media Release, 30 May 2012
Bowls Australia**

Surf club holds annual presentations

Umina Surf Life Saving Club has held its annual senior and junior presentations.

The hard work of junior competitors was rewarded at a presentation that was held in the Recreation Precinct Park, Umina.

Darcy Coleman was awarded Senior Boy, Bronte Smith was awarded Senior Girl, Jaden Beard was awarded Junior Boy and Kirsten Miller received Junior Girl.

Club Rookie of the Year went to James Johnson, Best Carnival Competitor went to Rachel Wood, Team Manager of the Year was awarded to Harold Marshall and Junior Club Person went to Maddison McLeod.

The senior presentation had the largest attendance for a number of years.

Club secretary Ms Christine Lavers said: "This just shows the unity and respect that our members have for this club."

"Our masters and seniors had won many medals this year starting with the NSW State Pool Rescue Challenge, Central Coast Pool Challenge, NSW Endurance Championships, NSW State Titles and Australian Titles."

Senior Club Person went to Rob McLeod, Under-19 Club Person was awarded to Oliver Shepherd, Richard Knight received the Patrol Member award and Patrol 10 received the Patrol Team award.

Traditional Lifesaving Competition went to Christine Bishop, Senior Competitor was awarded to Teigan Miller and the Master's Competitor award went to Bill Cook.

Bill and Wendy Cook were officially presented with their Life Member Jackets on the night.

The club's 52nd general meeting will take place on Sunday, June 24.

**Email, 29 May 2012
Christine Lavers, Umina SLSC
Photo: Jeff Pratt**



Senior Club person Rob McLeod

Central Coast GRANDSTAND

Don't miss the latest copy of Grandstand for all sports news on the Central Coast, published fortnightly and available FREE from all good outlets, sports retailers, service stations, hotels, RSL and sporting clubs.

Central Coast GRANDSTAND
Mariners destroy Tianjin Teda

Central Coast GRANDSTAND
Minister for Sport launches youth club strategy

Central Coast GRANDSTAND
Saratoga sport association opposes oval floodlighting

Central Coast GRANDSTAND
New Hamlyn Terrace sporting facility

Umina's Finest Tobacconist & Darrell Lea Chocolates



Cnr South and West Street
(New entry from South Street)
Umina Beach - Open 7days
7am to 6pm



The equipment that was purchased from the 2011 donation

Charity bowls for prostate cancer

A number of Charity Bowls Days will be held across the Peninsula this month in memory of Umina Beach Men's Bowling Club life member Ron Pursehouse.

Everglades Country Club will hold its event on Saturday, June

16, while Ettalong will hold its event on Thursday, June 21, and Umina on Thursday, June 28.

Umina Beach Men's Bowling Club publicity officer Mr Ian Jarratt said that members first decided money raised from the event would support local prostate cancer services.

"That was some years ago now with the event helping to purchase a bladder scanner for prostate cancer patients on the Central Coast," said Mr Jarratt.

"In 2012 we were joined by the Everglades and Ettalong Men's Bowling Clubs for the inaugural Peninsula Charity Bowling Days, three separate events that combined, raised \$7600 for prostate surgery equipment for Gosford Hospital," he said.

Australia has one of the highest rates of prostate cancer prevalence in the world with one in five men receiving treatment for prostate cancer in their lifetime.

With early diagnosis and treatment, many patients are able to maintain good quality of life after treatment.

"It's been a pleasure to be able to support prostate cancer care services on the Central Coast over the years in memory of Ron and we are delighted to once again be able to hold a combined Peninsula event," said Mr Jarratt.

**Media Release, 7 Jun 2012
Jan Richens, Central Coast
Local Health District**

Woy Woy Roosters join Roosters group

The Woy Woy Roosters Leagues Club has become one of the Sydney Roosters group of registered clubs.

Woy Woy Leagues Club merged with the Easts Group on Wednesday, May 23, following a unanimous vote by Woy Woy members.

The decision was a result of the Woy Woy board's review of the sustainability of the business, according to Woy Woy CEO Mr Josh Collins.

"Having significantly reduced debt, funds are still required for the much needed renovations and capital expenditure to ensure competitiveness in the local hospitality market," he said.

He said that the synergies with the Easts Group and the "Rooster"

brand further complemented the decision.

"The mutual commitment to local senior and junior football clubs, and assured investment in capital expenditure and security of Woy Woy Leagues Club's future solidified the decision to join forces."

Mr Collins said the staff, members and board looked forward to a bright future under the Easts Group.

He said the amalgamation would ensure Woy Woy Leagues Club's prosperity and legacy.

Describing the amalgamation as "a timely process", changes to the club and its activities would soon be noticed.

**Media Release, 29 May 2012
Josh Collins, Woy Woy
Leagues Club**

Young surfer competes at Manly

Ocean Beach Malibu Club member Tom Payne has competed in the Macalister Malibu Classic in Manly.

At 14 years old, Tom is one of the youngest members in the club and is currently sitting in third place.

Tom's talent has brought him to the attention of former World Tour Surfer, now professional surf

coach, Ameer Donohoe.

Ameer has been working closely with the young surfer who said he hopes to turn professional.

Last month, Payne was the youngest surfer to enter the Magoo Classic and placed fourth in the finals.

**Email, 28 May 2012
Roslyn Sinclair, SurfLife Style
Professional Surf Coaching**

Umina gymnast in championships

Umina gymnast Michael Thorpe competed in the 2012 Australian Gymnastics Championships in Homebush from Tuesday, May 22, to Saturday, June 2, and placed eighth with a score of 46.131.

Michael competed in the Level 7 Mixed Pair event with Killarney Vale gymnast Tahlia Eaton.

The championships saw the culmination of five national championships, Olympic selection trials and an international competition.

The Australian Championships included more than 1400 athletes, 600 officials, 35 sessions and 6000 routines.

Participants and spectators

were treated to entertainment, interactive activities, educational workshops, as well as a "kid's zone" for interactive gymnastics.

**Email, 31 May 2012
Verity Clough, Professional
Public Relations**

TIDE CHART (Fort Denison)

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000
Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 11	TUE - 12	WED - 13
0115 - 1.54	0211 - 1.42	0310 - 1.33
0756 - 0.52	0841 - 0.56	0927 - 0.59
1414 - 1.40	1507 - 1.43	1600 - 1.48
2006 - 0.75	2114 - 0.76	2222 - 0.74
THU - 14	FRI - 15	SAT - 16
0408 - 1.29	0504 - 1.27	0013 - 0.62
1012 - 0.60	1056 - 0.60	0555 - 1.28
1649 - 1.54	1734 - 1.60	1138 - 0.59
2322 - 0.69		1816 - 1.66
SUN - 17	MON - 18	TUE - 19
0056 - 0.56	0135 - 0.50	0213 - 0.46
0641 - 1.29	0723 - 1.31	0803 - 1.32
1219 - 0.58	1258 - 0.57	1336 - 0.56
1856 - 1.72	1933 - 1.76	2011 - 1.79
WED - 20	THU - 21	FRI - 22
0249 - 0.43	0327 - 0.41	0404 - 0.40
0922 - 1.34	0922 - 1.34	1002 - 1.34
1455 - 0.55	1455 - 0.55	1536 - 0.56
2125 - 1.81	2125 - 1.81	2204 - 1.79
SAT - 23	SUN - 24	MON - 25
0443 - 0.40	0524 - 0.41	0607 - 0.42
1045 - 1.35	1131 - 1.37	1220 - 1.39
1621 - 0.58	1709 - 0.60	1802 - 0.63
2245 - 1.74	2328 - 1.68	

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated

OCEAN BEACH RD PHYSIOTHERAPY, SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

- Back, Neck & Knee Pain • Sports & Work Injuries • Joint & Muscle Pain
- Exercise Programs • Wheelchair Access • Rehabilitation
- Massage • Home Visits • Veterans Affairs • On-site Parking

JOSHUA JUNG B.App.Sc. (Phy) MAPA - **STEVE ROW** B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066
BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE

Fight night had 15 bouts

The Umina Police and Community Youth Club (PCYC) hosted a fight night on Saturday, May 12, with over 15 bouts performed in front of a capacity crowd.

The night featured the cream of Central Coast boxing talent and the atmosphere was electric, according to Umina PCYC boxing coach Joel Keegan.

Coming up against three-time New Zealand Champion Sheldon Whalley, Umina PCYC's Satali Tevi-Fuimaono faced a disadvantage of over 65 fights and two years experience.

But the young Umina dynamo put in an exhilarating performance and dominated the contest from start to finish.

The Kiwi champion had no chance to adjust as he was hit by Tevi-Fuimaono's clean scoring counter punches and heavy handed combinations.

The referee had to stop the contest midway through the third round.

Keegan said he was elated with Satali's effort.

"It was outstanding.

"Satali's first fight in front of a home crowd, against a real tough opponent and he does that: Absolutely brilliant.

"It was a real credit to Satali, his family, and all the coaches here at Umina PCYC," Keegan said.

The second main event saw Jasper Scannell from Umina PCYC against Dillon Barger, son of five-time Australian Champion Marco.

Both boys had periods of dominance, with Barger's strong punching and walk forward style posing problems for the sharp



Nikita Tszyu in the red v Taran Bensley in the blue

boxing and counter punching style of Scannell.

Spectators were on the edge of their seats for the bout most would have considered the fight of the night.

Scannell's punches found their mark consistently as the fight wore on, opening up the defences of the Wyong fighter.

It was a bruising affair and set the tone for all other fights to match.

"It was a great fight to watch and Barger was a tough opponent for Jasper in his first fight back after almost three years off.

"I couldn't be happier with his performance or the test that Dillon gave him," said Keegan.

Copacabana's Shaun Wills was another standout with a classy boxing performance against Blacktown PCYC's Derrick Brinzi.

Wills, trained by former Irish international Terry Mahoney, showed great maturity and skill to overcome Brinzi's strength and reputation for power punching.

Josh English, unlucky not to be in preparations for the London Olympics, showed everyone his recent form was no fluke with a dominant display against the dangerous David Vo from Cabramatta.

Overcoming a sluggish first round, the "Little Rocket" from "Littleroc" gym scored a clear points win with his trademark body shots and tricky head movement.

Central Coast Youth Centre's Shawn Bevan repeatedly avoided his strong opponent's heavy handed hooks and uppercuts, to reply with two and three punch combinations flush on the chin.

His Penrith opponent was not to

be deterred, and pressed forward throughout the fight, which made for a great clash of styles, but it was a clear victory to Bevan, the Geoff Bushnell trained heavyweight.

Chris Nixon from Umina PCYC looked a certain winner, well up on points in the third round, but a haymaker from Ben Newton, from Barger's Boxing Gym, left Nixon unable to beat the count.

Isabel Fry and Ahren Ross,

both from Umina PCYC, had competition spars after they failed to attract opponents.

Isabel fought Michelle Muchabato from Sydney, and looked the better boxer against a heavier and more experienced opponent.

Ahren put in a great effort against the current NSW Champion Mark Glew, showing plenty of skill and fitness in a tough bout.

In other performances on the night, Joey Birket from Barger's Boxing Gym, and Matt Cunningham (CCYC), both gave away a bit of weight and experiences in their bouts and were unlucky in the decision on the night

Keegan said the success of the fights were due to the fantastic support from coaches and boxers all over the Central Coast.

"We think we have a great venue and great support from locals who want to see quality boxing bouts.

"All money raised will go back to the boxing program and our boxers, including Satali's efforts to compete at the World Title's in Kansas in August.

"These nights are here to stay," he said.

Email, 29 May 2012

Joel Keegan, Umina PCYC

Photo: Tomas Vysokai

Union side loses to Terrigal

Woy Woy Rugby Union Club has lost its round eight Central Coast Rugby Union match against Terrigal by 11 points to eight

Woy Woy nearly caused a huge upset at its home ground on Saturday, June 2, in what Central Coast Rugby Union president Larry Thompson, termed "a dour encounter for all involved".

"Both teams only scored the one try apiece so there was absolutely nothing in this match," he said.

Terrigal led by three points to nil at the halftime break so the result was "up for grabs", he said.

"Both teams scored a five pointer in the second half but the two penalty goals by Terrigal's

Damien Woods was the difference.

"Woy Woy had a chance to square the game in the final minute with a penalty goal attempt but attempted to go for the win but with no luck.

"Best for Terrigal was half back Doug Angus who was outstanding all game.

"Best for Woy Woy was lock Matthew Hopkins who gave it everything all day and scored his team's sole try.

"The narrow win keeps Terrigal near the top of the ladder while Woy Woy get their second bonus point of the season."

Email, 2 June 2012

Larry Thompson, Central

Coast Rugby Union

Nominations received ahead of cricket AGM

Nominations have been received for all positions at the Umina Cricket Club, ahead of its annual meeting on Monday, July 2.

The meeting will be held at Woy Woy South School hall and club members and interested new players are welcome to attend.

Club president Mr David Frazer said the nominations placed the

club in a favourable administrative position as it entered the new season.

He said that Umina would revert to division one in 2012-2013 having failed to retain its premier league status last season.

He said that all the club's junior strength would remain, ensuring the club would start favourite to claim the first division title.

Mr Frazer said that junior

cricket on the Central Coast had suffered a 30 per cent reduction in registrations last season and he was hopeful he could reverse that trend on the southern Peninsula.

All persons looking to play cricket at any level are welcome at Umina in 2012-1013.

Age is no barrier nor is ability, he said.

Email, 6 Jun 2012

Warwick Egan, Umina Cricket Club

UMINA

BAIT & TACKLE

CHEAP BAIT

Large Range of BAIT

Excellent Range of TACKLE

FRESH GREEN WEED

Open 7 Days

From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA (02) 4341 1686

Smoking Dragon

CASH PAID FOR GOOD QUALITY SWORDS, KNIVES [not kitchen] WAR & MOVIE MEMORABILIA

Shop 12 Ebide Mall - 155 The Entrance Road - The Entrance

4333 8555



Feel better this
Winter!

Receive a
FREE
Lip Gloss
When you
spend \$40 or
more in store.
Excludes prescriptions
Valid at
\$9.95

\$8.49 each

Clairnice - n-easy Range

nice n-easy
root flash
touch-up

\$22.99 each

Ego QV Cream 1050g

\$5.99 each

Nivea Lip trio and Wipes triple pack

BONUS LIP
BUY 2 GET 1 FREE

\$9.99 each

TRIPLE VALUE

\$6.99 each

Strepsils Orange

\$10.89 each

Duro-Tuss Dry Forte 200ml[†]

\$9.89 each

Codal Cold & Flu

Codal Cold & Flu

Codal Day & Night

Flu + Cough and Cold & Flu 24s[†]

\$8.499 each

Braun ThermoScan Ear Thermometer with Bonus Protective Case

\$21.99 each

\$5.89 each

\$31.99 each

\$22.49 each

\$31.99 each

\$21.99 each

BLACKMORES
BIO C 1000mg[†]

BLACKMORES
BIO C CHEWABLE

BLACKMORES
GLUCOSAMINE SULFATE 1500

BLACKMORES
ODOURLESS FISH OIL 1000

BLACKMORES
OMEGA TRIPLE

BLACKMORES
LYPRINOL

\$27.99 each

Wagner Kyolic 120s with Bonus Vit C Plus Echinacea 60s[†]

FREE VITAMIN C DRINK

Kyolic

Wagner Vit C Plus Echinacea

\$17.89 each

Bioglan Odourless Fish Oil 1500 400s[†]

100% ODORLESS

BIOGLAN

ODOURLESS FISH OIL 1500

\$23.89 each

BIO ORGANICS Cranberry Max 20,000

\$9.99 each

Ostevit-D 90s[†]

Ostevit-D

Vitamin D

\$16.99 each

\$17.99 each

NIO Odourless Fish Oil 1000mg 400s & Men's and Women's Multi 50s[†]

Nature's Own

Nature's Own

\$24.99 each

\$24.99 each

NIO Glucosamine 1500 with Chond 120s & Joint Enhance 100s[†]

Nature's Own

Nature's Own

\$11.49 each

NIO Liquid Olive Leaf 300ml & Odourless Fish Oil 2000mg 200s[†]

Nature's Own

Nature's Own

\$19.99 each

Nature's Own Odourless Fish Oil 2000mg 200s[†]

50% OFF RRP

All *Swisse*

SWISSE

WILD SALMON OIL

CHLOROPHYLL

MEN'S IRON

WILD KILLIL OIL

20% OFF

Ease a Cold Range[†]

EASEaCOLD

EASEaCOLD Kids

\$16.99 each

\$17.49 each

NW Vitagummies 120s & 110s[†]

Nature's Way

Nature's Way

\$17.49 each

NW Super Krill Oil 30s[†]

ADVANCED OMEGA

SUPER KRILL OIL

\$18.99 each

Insomin-X 30s[†]

INSOMIN-X

315 West St
Umina Beach
Ph: 4341 1488

YOU save
CHEMIST

be rewarded!
JOIN TODAY



Monday to Friday - 8.30am - 5.30pm
Saturday - 8.30am - 12.30pm
Sunday - 9.00am to 12.30pm