Edition 281 Phone 4325 7369 Fax 4339 2307 23 December 2011



Area to be rezoned in Ocean Beach Rd, Umina

# Council approves McDonalds rezoning application

Gosford Council has approved a rezoning application which paves the way for a McDonalds fast food store to be built in Umina.

The council has resolved to support the planning proposal to rezone 430-438 Ocean Beach Rd, Umina, from residential to general business.

Despite strong objection from the gallery at its meeting of Tuesday, November 13, Council decided to forward the planning proposal to the Department of Planning and Infrastructure and to request that a Local Environmental Plan be made.

A development application for the store is still required and this is expected to be considered by the Council in March next year.

Cr Peter Freewater spoke against the rezoning application and claimed it should be refused due to "overwhelming public concern".

"This is something the community doesn't want and we don't have to do this now.

"We should refuse it simply because we support our local community and we understand their desires and their needs.

"At the end of the day, we're here to serve the community and, when the overwhelming bulk of the community is saying no, it's our obligation to do as we were elected to do and represent the people we

were elected to represent," said Cr Freewater.

Cr Terri Latella backed up her fellow Greens councillor and said she thought it was "very important that we listen to the in excess of 1500 people that are against the proposal".

"I think the line has to be drawn now and we draw it based on community opposition," she said.

Community representative Mr John Bruning spoke at the meeting and said the community had collected over 2200 objection signatures in four weeks.

"The local community is not against development but we have issues with this." he said.

"You cannot simply draw a line on a map and say one side is residential and one side is commercial.

"The local community will fight every single commercial development across the road from residential.

"It is just inappropriate.

"I collected 200 signatures myself and 80 per cent of the people I spoke to happily signed the petition.

"Fifteen per cent were indifferent and five per cent were for the change," said Mr Bruning.

"While the decision was not what we wanted, we were heartened by a number of councillors raising serious concerns about McDonalds development application, especially in relation

to traffic, parking, litter and noise, and the wider community concern of obesity.

"We must thank councillors Freewater and Latella for supporting us and the local community, and we are optimistic that when the McDonald's development application comes up for discussion by Council in February or March 2012 that more councillors will represent our best interests and send McDonald's away.

"Umina is a beachside community and we have fantastic local businesses that have supported us for years, and we now need to support them against a real threat that will drive many of them out of business

"McDonald's just doesn't fit with our beachside lifestyle and community values." he said.

Cr Craig Doyle said that despite "some fairly passionate points of view put forward" regarding the opposition to a Umina McDonalds, the councillors were there to discuss the planning proposal and not a McDonalds development application.

He said he has seen "Umina blossom in the last few years with new applications and it's starting to attract some major players".

Gosford Council Agenda ENV.85, 13 Dec 2011 Media Release, 19 Dec 2011 John Bruning, Umina Kaitlin Watts, 13 Dec 2011

# Family centre to be wound down

Umina Beachside Family Centre is to be wound down and moved to Woy Woy.

The Department of Education will only operate the service three days a week next year and will move it to Woy Woy Public School from the start of 2013.

Centre facilitator Ms Debbie Notara said the planned changes had not been well received.

"A number of parents at Umina are very unhappy about this and want to do a petition and lobby to have it stay at Umina," she said.

However, Hunter Central Coast regional director of education Ms Robyn McKerihan justified the move, saying it was critically important that the resources went to the families that needed them most.

"As communities change, so do their needs, and the agencies supporting families in those communities must keep up to date and deliver their services accordingly," said Ms McKerihan.

"That's why the Department of Education and Communities, as the lead agency in the Schools as Community Centres projects, will be re-organising arrangements from the start of next year to better meet community needs."

The changes were a result of a reassessment of Central Coast school areas by senior officers from Education and Communities, Family and Community Services, Health, school principals, and Schools as Community Centres facilitators, she said.

The reassessment included investigation into the Central Coast's socio-economic status, children's health, public housing needs, and literacy and numeracy among children.

Media Release, 12 Dec 2011 Sven Wright, DET Email, 19 Dec 2011 Debbie Notara, Beachside Family Centre

## Council budgets \$306,000 for surf championships

Gosford Council has decided to budget \$306,000 to support a bid to host the 2013 and 2014 NSW Surf Life Saving Championships at Umina.

Umina has been shortlisted as one of three potential venues for the championships.

The council was told the event was expected to attract 8000 competitors, 600 officials and 12,000 spectators a day, across a seven day period with an estimated \$18 million value for the host region.

The event has previously been held at Umina in 2005.

Surf Life Saving NSW told the council that a minimum hosting fee of \$65,000, plus GST and CPI, would be required to fund the NSW Surf Life Saving Championships each year.

In addition to the hosting fee, Council would have to provide in kind support of \$100,000 per year including a number of vehicles, daily waste removal, message board, council barriers and signage and sufficient lighting for the area.

It would also include beach grading, electricity and plumbing upgrades, beach access upgrades, installation and removal of fencing, lighting of a compound area and the provision of a standby generator.

The services of vehicle drivers, an electrician, a plumber and a surveyor were also included.

Council's support is subject to a financial support of \$12,000 a year from Central Coast Tourism.

The remaining funding for the 2013 championships would be sourced through a budget review with 2014 funding requested as a project in the 2013-2014 Capital Works Program.

Gosford Council Agenda CIT.34, 13 Dec 2011 News

### Win Circus Family Pass

Peninsula News and Webers Circus are giving five readers the chance to win a family pass valued at \$88 to attend one of its shows from January 6 until January 22 at Gosford Waterfront.

The circus features the famous wheel of death, miniature ponies, performing dogs, Spanish web, lyra, hula hoops, clowns, silks, salsa dancing, and Russian swing.

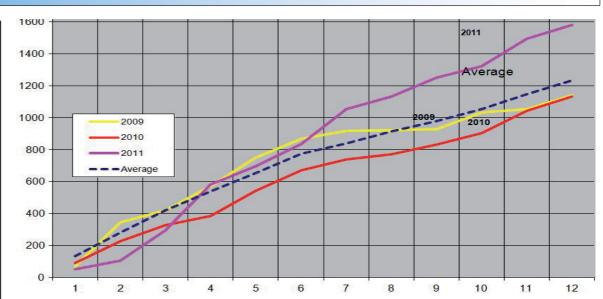
To win one of these five family passes write your name, address and phone number on the back of an envelope and send to Peninsula News Webers Circus competition PO Box 1056,

Gosford, NSW, 2250, by the close of business Thursday, January 5.

The winner of last edition's Peninsula News Earth Greetings competition was Mr Donald Makepeace of Booker Bay.

Kaitlin Watts, 2 Dec 2011





### Year's rainfall above average

In a year that had rainfall well above average, this month's average rainfall of 85.6mm had as good as fallen on the Peninsula by the morning of

December 21,

Figures from Mr Jim Morrison of Woy Woy showed a total 85mm, just 0.6mm short of the average, with over a week of the month still remaining.

While rain was recorded on 14 days this month, most rain fell on just three days.

Figures of 14.4mm, 33.8mm and 15.0mm were recorded on December 8, 12 and 20 respectively.

The rainfall has brought the year's total to 1578mm, 28 per cent above the annual average of 1231mm.

Temperatures recorded by www. peninsulaweather.info have been mild this month, with minimum daily temperatures averaging 16.0 and maximum temperatures averaging 21.6 degrees.

Minimum overnight temperature for the month was 12.7 degrees recorded on December 4 and maximum temperature was 26.6 on December 11.

Highest wind gust for the month was 30.2 km/h recorded on December 4.

Spreadsheet, 21 Dec 2011 Jim Morrison, Woy Woy www.peninsulaweather.info

# Peninsula directory of services, contacts and support groups

### Ambulance, Police, Fire 000

#### **Emergency**

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW Central Coast 4325 7929
SES - Storm and Flood

### Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515 Aboriginal Home Care 4352 1153 Drug & Alcohol rehab 4388 6360

#### Accommodation

Emergency 132 500

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4324 7239 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth Services 4351 1922

Youth Angle • Woy Woy 4341 8830

Woy Woy Youth Cottage 4341 9027

#### **Animal Rescue**

Wildlife Arc 4325 0666 Wires 8977 3333

#### **Community Centres**

Peninsula Community
Centre 4341 9333
Man's Shad Cluster Inc 0413 244 (

Men's Shed Cluster Inc 0413 244 484

#### Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

#### Family and Relationships

entacare

Gosford 4324 6403
Gosford Family Support
Service 4340 1099
Horizons (For men with children) 4333 5111
Uniting Care Burnside
Gosford 1800 067 967

#### Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

#### Legal & Financial Help

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy Service 4353 5515 Woy Woy Court 4344 0111

#### Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

#### Problems,

#### Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524

#### **Transport**

Taxi 131 008

Busways 4368 2277

City Rail 131 500

#### **Welfare Services**

**Gosford Family Support** 4340 1585 **Meals on Wheels** 

Woy Woy 4341 6699

Department of Community Services
Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency Relief 4393 2450

St Vincent De Paul Society HELPLINE 4323 6081

# Peninsula News

**Peninsula News** is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Commercial operator:

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Honorary editor: Mark Snell

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, yourname, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:

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## Woy Woy Community Media Assoc Inc 2011 Membership Application

**Peninsula News** is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name:	 	 
Address:	 	 
Suburb:	 	 
Phone:	 	 
Email:		

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256.

Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

#### 2WYS

### Holiday ferries

Central Coast Ferries has changed its timetable for the **Christmas-New Year break.** 

The Woy Woy to Empire Bay service will run as normal until Christmas.

There will be no Christmas and Boxing Day services and services will be restricted on New Years

The weekend timetable will then

operate until Sunday, January 8.

On the Cockatoo Ferry, the Woy Woy to Ettalong via Hardys Bay services will begin on Tuesday, December 27 until Friday, January

This ferry service will not operate on public holidays.

Newsletter, 19 Dec 2011 **Central Coast Ferries** 

### Coastal plan on exhibition

Gosford Council has placed its Draft Coastal Zone Management Plan for the **Brisbane Water Estuary Plan** on public exhibition and will accept submissions up until Friday, January 27.

The Draft Brisbane Water Estuary Plan focuses on the environmental health of Brisbane Water, its foreshores catchments.

The plan was previously placed on public exhibition in June-July and was amended following public comment.

It has been re-exhibited to allow summer residents, visitors and users of the estuary to provide input into the sustainability of future use.

Council's Gosford senior environment planning officer Mr Tim Macdonald said the plan included a series of actions to help improve the natural estuarine environment into the future.

"With such high use of the area from across the community, the plan will assist in governing activity

on Brisbane Water and minimising current and future pressures on the health of the estuary and surrounding areas.

"The main aims of the plan are to protect, rehabilitate and improve the natural estuarine environment, encourage ecologically sustainable development and to support appropriate recreational use of Brisbane Water.

We want the public to be able to utilise this valuable natural resource and this is a step in the direction of achieving that," said Mr Macdonald.

Council is expected to undertake a separate consultation in the New Year on its Brisbane Water Flood Plan which would will on the management of the estuary from the perspective of risk to human life and damage to property from flooding, including sea level rise.

The Draft Brisbane Water Estuary Plan is able to be viewed on Council's website at or at Council's Customer Service Centre in Woy Woy.

Media Release, 16 Dec 2011 **Tim Macdonald, Gosford Council** 



The Empire Bay substation

Photo: Naomi Bridges

### Substation work justified

Replacement of equipment at the Umina zone electricity substation and the construction of a new zone substation at Empire Bay have been justified in a new progress report on Ausgrid's five year capital works program.

According to the report, titled Supply and Demand, load growth areas surrounding Empire Bay warranted the establishment of a new 66/11kV zone substation and associated 66kV and 11 kV feeder works which is expected to be completed next year.

Ausgrid managing director Mr George Maltabarow said a major driver for the investment was the replacement of existing electrical infrastructure.

"There are about 16 zone substations and 60,000 power poles on the Central Coast with an average age of about 30 years," Mr Maltabrow said.

"It's now time to replace much of this infrastructure to ensure we continue to provide a safe and reliable supply of electricity."

Mr Maltabarow said investment was also being driven by a need to meet increasing peak demand for power.

"Residential and commercial developments across the Central Coast have made it one of the fastest growing regions across our electricity network," he said.

"The growth in population and commercial development is continuing to push up annual peak demand for electricity on the Central Coast by about 1.7 per

"Our specialist crews are focused on providing efficient network services that operate reliably during peak times.'

> Media Release, 19 Dec 2011 Gareth Trickey, Ausgrid

## Merry Christmas and a Happy New Year from everyone at IGA Ettalong

### Holiday **Opening Times**

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### Catamaran rescued after anchor dragged

A family of four onboard a 44-foot catamaran was from Paddy's rescued Channel Monday, on December 12.

The family phoned Marine Rescue Central Coast around 7am for assistance as the vessel's anchor had dragged overnight when the weather changed and they were stranded aground in Paddy's Channel.

The volunteers in the radio room contacted the call out crew Al Morris and Dennis Byrne and the rescue vessel, Gosford 10, was quickly at the scene.

It was determined that one rudder was damaged which made steering difficult, so once

the vessel was freed and back in deep water the rescue boat was asked to escort the catamaran back to its Ettalong mooring.

While en route one engine failed and progress against the wind and tide became

A tow line was again passed to the catamaran and the vessel was taken safely to the Ettalong mooring.

The rescue boat crew were back at the base to dry out by 10:20am when the catamaran's skipper rang to say thanks to the crew for their assistance.

Media Release, 12 Dec 2011 Ron Cole, Marine Rescue **Central Coast** 



### Residents donate gifts

Peninsula residents have donated 338 gifts to the Wishing Tree Appeal in its final week, bringing the total number of gifts donated at Woy Woy to 879.

Across the state there were 56,441 gifts donated and more than 175,000 donations across the

Appeal spokesperson Major Jeff Winterburn from The Salvation Army urged all Woy Woy residents to give what they could to those who would otherwise go without this Christmas.

"In the final week before

Christmas we asked all people to think about purchasing just one extra gift during their Christmas shopping, no matter how big or small, and donate it to the Kmart Wishing Tree Appeal.

"This simple gesture can make such a big difference to someone who would otherwise go without at Christmas.

"If everyone was able to purchase that one extra gift, imagine the difference it would make to those less fortunate."

Media Release, 19 Dec 2011 Rod Jago, Sefiani **Communications Group** 

### Donation

A total of \$152 has been 7.973kg. donated to International Community Advocates' Strong Women - Safe Children program following a guessing competition earlier this month.

Entrants guessed the weight of a Christmas cake, with estimates ranging from 1kg to 22.3kg.

In the end, the cake weighed in at 7.985kg and Rick Watterson of Green Point was the closest with

The winner was presented with his cake on Monday, December 19, by International Community Advocates representative Ms Fiona Crain.

The proceeds will be put towards services for women and children on the Central Coast over the Christmas period.

Media Release, 19 Dec 2011 Michelle Caldwell, Umina **Chiropractic Centre** 

### Arrested

An 18-year-old Umina man was arrested in Pyrmont on Saturday, December 17, after he was allegedly found in possession of several ecstasy pills.

He was taken to City Central Police Station where he was charged with possessing a

prohibited drug and possessing a prescribed restricted substance.

He was conditionally bailed to appear in Downing Centre Local Court on Tuesday, January 17. Media Release, 17 Dec 2011

**NSW Police Media** 





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### Alone for Christmas?

**Uturn Ministries is inviting** those who would be alone on Christmas Day to spend Christmas lunch with them in Umina.

The lunch will be held at 358 Ocean Beach Rd, Umina, from 11:30am until 2:30pm.

"We are new to the area and have been renovating a property at Umina Beach to share with the community," said Uturn Ministries representative Ms Suzanne Watters.

"We would like to start by inviting those who are alone this Christmas day to have lunch and fellowship with us.

"It doesn't matter how old or young you are.

"You may be a couple.

"You just need to come with friendship to share with others who find themselves alone this Christmas day.

"You can bring a plate to share if you would like but it is not necessary," said Ms Watters.

For more information phone Max on 0408 021 124.

Email, 11 Dec 2011 Max and Suzanne Watters, **Uturn Ministries** 

### Trailer winner

The Rotary Club of Woy Woy has announced the winners of its Christmas Trailer Raffle conducted in Deepwater Plaza, Wov Wov.

First prize went to Mr Craig McIlroy of Umina who won the trailer and its contents.

Second prize was two nights

accommodation at the Crowne Plaza, Terrigal, and was won by Ms Colleen Cameron of Woy Woy.

Third prize was a luncheon for two on Sydney Harbour and was won by Mr Tony Hanson of Gungahlin, Canberra.

> Email, 21 Dec 2011 Fiona Hunt, Woy Woy Rotary

### New president at Pearl Beach

The Pearl Beach Progress Association has elected a new executive committee and president.

New president Mr Roger Murray said he aimed to ensure that the objectives of the Progress Association's constitution were upheld to promote the best interests of the rate-payers and residents of Pearl Beach.

He also said he would support activities in other parts of Gosford that would be in the best interests of the community at large.

"The Pearl Beach community has a good track record as a strong supportive community," said Mr Murray.

"Understanding who we are and how we are changing supports building an even better place to live and enjoy.

"The community needs also to consider how to respond to and accommodate the needs of the non-permanent population.

"Their interests may be different as may be the way in which they engage with the Pearl Beach area.'

In a letter to the community, outgoing president Mr David Denton said it was a "pleasure to be involved within our fantastic community and village and I would strongly suggest to any new residents of our village that they involve themselves in the many activities and social events during the vear".

"A number of initiatives have been undertaken during the past



Roger Murray with David Denton

months, in particular an extension to the side and rear decks of the hall with greater disability access.

"These renovations were made possible with a grant from the Federal Government which I am sure will contribute to greater enjoyment and accessibility for all," said Mr Denton.

The Pearl Beach Progress

Association has also introduced a Friends of Pearl Beach membership category which would establish a connection with regular visitors to the community.

Media Release, 20 Dec 2011 Lynne Lillico, Pearl Beach **Progress Association** 



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### Witch way in Woy Woy

A woman who describes herself as "an internationally-respected spiritual practitioner, metaphysicist, witch and teacher from Sydney" has launched a diary in Woy Woy.

Australian author Ms Stacey Demarco visited Gnostic Forest in Woy Woy on Wednesday, December 7, to launch her 2012 Lunar and Seasonal Diary.

Ms Demarco has just finished filming her second season as one of the judges on the Channel Seven TV series The One.

She is the author of the books Witch in the Boardroom, Witch in the Bedroom, and The Coffee Oracle.

Ms Demarco said her passion was to make practical magic accessible to everyone.

Émail, 1 Dec 2011 Lisa Scelzi, Rockpool Publishing



### Soup kitchen aids Mary Macs Place

Children and staff at the Early Learning Centre in Terrigal held a soup kitchen on Friday, December 9, with all proceeds donated to Mary Macs Place at Woy Woy.

The day, which consisted of a formal luncheon and a stall in the afternoon, raised \$124.50.

"Our Soup Kitchen evolved as an extension of our garden project," said Early Learning Centre coordinator Ms Brownyn Maley.

"A keen interest in cooking the vegetables grown from our garden followed with the children conducting a survey of their peer's favourite vegetables.

"The children then brainstormed what we could cook using carrots.

"They decided on carrot soup and together we googled a recipe.

"Making the soup was a collaborative process of chopping, measuring, stirring, cooking and blending.

"The concept of a soup kitchen was introduced to the children, while ladling out the soup.

"We discussed with the children the important and valuable role charity volunteers play in our community.

"This seemed to strike a chord with Bella who suggested, running a soup kitchen and inviting the parents.

"Given the strong interest in our vegetable garden, cooking and with Christmas drawing nearer, we felt the soup kitchen presented a wonderful opportunity for the children to experience the gift of giving.

"Christmas is a time when family,

community, compassion, love and giving are thought about with more acuity.

"We believe we have a responsibility to broaden children's awareness of the world around them and assist them in recognising their role in supporting others in the community.

"The valuable role that Mary Mac's Place plays in providing homeless people with meals is one we have felt very proud in supporting.

"The children were encouraged and supported to be involved in all aspects of the soup kitchen, from helping to sew the aprons with one of our parent volunteers, making the centre piece vases out of clay, cooking the soup, writing the menus and order pads to serving and taking orders on the day.

"We felt strongly that the children should be entrusted with authentic equipment and resources, allowing them to see that we truly honour them as capable and resourceful individuals.

"When the big day arrived there was great excitement with the children eagerly anticipating the arrival of their invited guests.

"The children demonstrated their perseverance, commitment and capabilities as they took orders, served our three types of soup and reminded people to make a generous donation in our donation box," said Ms Malev.

Email, 19 Dec 2011 Bronwyn Maley, Early Learning Centre Terrigal



Dylan Tea serves Kathy Honor, Phil Bretheton and Father Mark

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### Roundabout made with gold?

I'm not an estimator, but I would like to be.

So let's start with a simple real life example.

How the heck does a roundabout and a bit of road and guttering (Peninsula News, December 12) cost \$3 million?

It's not a fancy roundabout or even a particularly attractive one.

It doesn't even have little garden on the inside to cheer us up.

There's nothing like a bit of urban landscaping, but heck

#### Forum

this is the Peninsula, we pay our exorbitant rates and then get what we're given ... or not.

And it's not a lot of road or a lot of guttering.

Yes it has taken about six months, but mostly there was nobody there doing anything and I drive past it about every second day.

I reckon that there were

workers there for about 10-15 days maximum.

I would really love to know how the money was spent because from where I sit this makes the BER scheme look like a well oiled machine and right now I reckon it would be a good investment to pop down to Campbell's for a pickaxe to dig up the gold reinforcing rods.

Email, 12 Dec 2011 Lizz Higgins, Phegans Bay

# Licence needed for pump

Recently I inquired about having a spear point pump installed to use bore water for our gardens and was surprised to be told by the tradesman that he could not work on my spear point without a licence.

Apparently it is illegal to have a spear point to access underground water without a licence.

Well, they don't really call it a licence. It is called an authorisation.

After speaking to quite a few residents on the Peninsula, I found that none of them were aware this even existed.

When inquiring with the NSW Department of Water, I was further surprised after speaking to staff in the department that they were very serious about applying fines to people who operated a spear point without the appropriate licence.

#### Forum

The staff person that I spoke to also advised me that the person who was constructing the bore needed a licence as well and that there were quite a few "rogue" tradesmen in the

Luckily I had chosen a licensed tradesman from your paper.

I now have my licence and I'm ready to put in my spear point – legally!!

I thought your readers might be interested in knowing about this licence as there is quite a hefty fine involved if you don't have a licence to have a spear point on your property.

How is the general public supposed to know about these things unless it is made public knowledge?

Email, 20 Dec 2011 Marilyn Russell, Umina

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#### More forum on Page 11

### Drive through to beach

Would Matthew Wales like to explain how a McDonald's at that site would give a boost to other businesses in the area?

Anyone looking at an aerial map of Umina Beach can see that a huge percentage of people will drive down Ocean Beach Rd, go to the McDonald's drive-through or sit

inside McDonald's and then head down to the beach, playground or sporting fields and never step foot in West St.

And they'll also see that school children will buy McDonald's on the way to and from school, as it's only a block away.

Online submission, 14 Dec 2011 M Taylor, Umina

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News

### Morning tea for volunteers

Member for Robertson Ms Deborah O'Neill has held a morning tea to thank 10 local volunteers for their dedication and commitment to the community.

"I put a call out for people to nominate someone in their own lives that plays an invaluable role on the Central Coast by getting involved and making a difference," she said.

"I'm proud that we received such a positive response and it's a testament to our locals that they are so willing to give back."

Jeannie Lawson of Umina was named Robertson Volunteer of the Year for her ongoing work with the Ocean and Coastal Care Initiative and her passion for environmental education.

"We enjoy a wonderful relationship with the environment here on the Coast and it's vital that we learn to appreciate and protect it.

"Jeannie's work ensures that current and future generations have the knowledge to live and enjoy our coastal surroundings," Ms O'Neill said.

Bradley Death of Umina was the Young Volunteer winner for his efforts in social justice.

"Bradley's commitment to helping the local indigenous community has already been acknowledged by Mingaletta Aboriginal and Torres Strait Islander Corporation and he is an enthusiastic member of the

Australian Youth Forum," Ms O'Neill said.

"Sport is a vital part of our life here on the Coast, and it's great that we can recognise Barbara McCarthy and Katie Dixon who give so much back to supporting our local sporting community.

"For over 40 years, Coastal Waters Netball Club has been supported by Barbara McCarthy who is still coaching and developing the next generation of players while Katie has been patrolling our beaches for over 15 years with the Ocean Beach SLSC."

Winners received an awards pack from Prime Minister Julia Gillard to commemorate their hard work and dedication.

"This year the Federal

43 – 45 Blackwall Rd

woy woy NSW 2256

Government celebrated the 10th anniversary of the International Year of the Volunteer and it is wonderful to be able to recognise the hard work of so many people on the Central Coast," said Ms O'Neill.

Media Release, 19 Dec 2011

Richard Mehrtens, Office

of Deborah O'Neill MP



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### Retractor bought after charity day

Gosford Hospital has purchased a Bookwalter Retractor with funds raised from a Charity Bowling Day held in June.

After the loss of Umina Beach Men's Bowling Club member Ron Pursehouse to prostate cancer a number of years ago, his club mates have held an annual charity day in his honour.

Ettalong Memorial Bowling Club and Everglades Country Club joined Umina this year and were able to raise an impressive total sum of \$7600

The Bookwalter retractor is the most comprehensively designed surgical retractor available today and, according to Gosford Hospital's urologist Dr Rupert Guyang, the equipment provides improved access and visibility of the prostate.

It can also be used in many abdominal and chest operations such as prostate surgery, gall bladder, appendectomy and hernia repair.

Email, 19 Dec 2011 Bob Bourke, Bowls Central Coast



David Lilley of Everglades, Ian Jarratt of Umina Beach Bowling Club, Dr. Rupert Guang, Reg Richardson of Ettalong Memorial Bowling Club and Ross McIntyre of Umina Beach Bowling Club

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### Presenting a radio show

Ettalong resident Joey Grauner, 20, has completed training with community radio station Coast FM 96.3 and will present his own show in the New Year.

His show, Kart 'N' Yarns, will be a one hour program promoting indigenous musicians and local artists broadcast each Friday fortnight at 7pm. "I think radio is an important and significant medium for all people, but especially Aboriginal and Torres Strait Islander peoples," he

"Especially considering how diverse our peoples are here on the Central Coast.

"I never really thought about going into radio until I started at Youth Connections, but when I was given the chance, I jumped at the opportunity and glad I did.

"I feel that media can inspire, conserve and protect our people and our culture and would like to push for a career in the industry.

"I hope that Kart 'N' Yarns continues to run well into the future and becomes a weekly program, instead of fortnightly.

"Having any Aboriginal and Torres Strait Islander run media

programs is a big step towards sovereignty and keeping our identity.

"It is a way for us to keep records of our own history, our culture and to pass it on to our younger generations."

Kaitlin Watts, 20 Dec 2011 Interviewee: Joey Grauner

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one, some, or all of the classes.

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possible and a blanket

### Fatwah declared

I would like to congratulate Mr Whitman of Daleys Point for pointing out the similarities between McDonalds and Al-Qaeda (Peninsula News, December 12).

He is correct.

McDonalds have declared a mcFATwah against the children of Umina.

As in all holy wars, the children suffer.

Their minds are being poisoned by importing the worst elements of American culture and their health is jeopardised by unwholesome junk food.

I am proud to be a zealot opposing the USA's commercial imperialism.

#### Forum

Letters to the editor should be sent to: Peninsula News PO Box 1056. Gosford 2250 or mail@peninsulanews.asn.au See Page 2 for

Enjoy your free newspaper and cheap meal Mr Whitman.

contribution conditions

You are getting exactly what you pay for.

Email, 14 Dec 2011 Tim Haylor, Umina

### Growth potential

Mr Mussali says McDonalds is committed to the growth potential of the area.

One assumes he means the growth in waistlines delivered by his fat, sugar and salt-laden

#### Forum

Online submission, 15 Dec 2011 Lindsay Partridge, Pearl Beach

### Councillor's behaviour appalling

As a resident of Umina, my issue is the appalling way the meeting for Umina residents regarding the proposed building of McDonalds at Umina was conducted by a Gosford Council member on Tuesday, December 13.

To me, it's not a matter of whether or not McDonalds goes ahead, but the way the many residents present were spoken to and were howled down whenever they tried to ask a question.

They were told that if they thought they were being spoken to rudely they could leave.

Everyone except the Council member behaved in a quiet and dignified manner but were prevented from commenting or asking any relevant questions.

It was totally embarrassing to see people put down like that, especially from a representative of the community.

Online submission, 14 Dec 2011 Jenny Walder, Umina

#### Forum

#### **Central Coast** Case Management Services

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## Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

### No! No! No! It's Christmas

Let's hope it's a Ho! Ho! Ho! Christmas

Time to relax.

The hustle and bustle of Christmas life has a habit of catching up with us. Financial pressures, worries over continued employment, family responsibilities and relationship issues are just a few of the sometimes overwhelming emotions that build

It's a well-established fact that when stress builds, your body's overall health can b adversely affected. Fortunately, there are some actions you can take to reduce stress, that once put into

practice, can contribute to improvements in your overall wellbeing - and of those

- Plan ahead with as many things as possible to reduce the pressure work, shopping, finances, meal preparation and entertaining;
- · Recognise that you will become stressed unless you remain in control;
- Consciously think about enjoying yourself don't take things too seriously;
- Keep arrangements simple;
- Practice deep breathing it works very well to reduce stress;
- If you are on a budget, stick to it and avoid financial stress;
- Organise a long term saving routine throughout the year, say \$10 each week, to go toward spending up when you really need to; • Work in conjunction with a spouse, family member or friend – don't try to do
- everything alone;
- Expect little... then what you get will be a pleasant surprise;
- Smile if you want to and feel like smiling otherwise don't do it through gritted teeth, the only one you are fooling there is yourself; and,



If you don't want to go to attend a stressful situation... DON'T GO! Pleasing yourself just how you spend your time is all part of the reduction of stress - much of which is brought on by trying too hard to please others. If you haven't considered an adjustment with your chiropractor, maybe now is the perfect time. Chiropractic care can contribute to maintaining your

body's balance point when stress is affecting you.



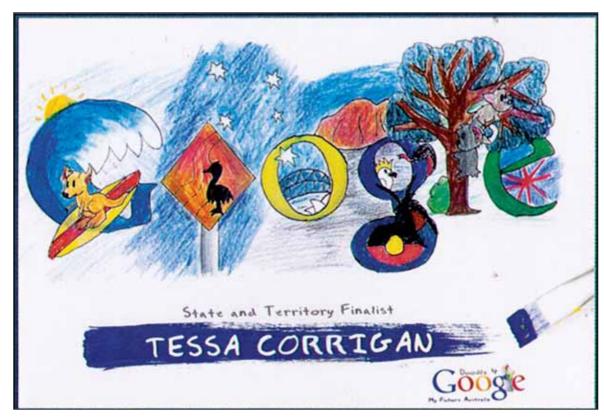
If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Buckham Umina Chiropractic Centre,

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Ph: 4341 6247

#### Education



### Tessa is State finalist

**Brisbane Water Secondary** College student Tessa Corrigan has been chosen as a State finalist in a graphic design competition.

She was part of a Year 9 Visual Design class which entered the Doodle for Google My Future Australia Competition earlier this

Marriages - Commitment Ceremonies Vow Renewals - Baby Naming - Funerals Maureen Catherine Crawley Celebrant for all occasions Ph: 4344-7572 or 0418 113 799 mcmarriagecelebrant@gmail.com www.MaureenCatherineCrawley.com

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## Deborah O'Neill MP

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#### Deborah O'Neill Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.

Tessa was chosen from among over 4000 schools and eight

entries per school.

Her "doodle" could be published on the web as Google's logo if Tessa's designs receives enough votes on the website.

Newsletter, 10 Dec 2011 ' Frank Gasper, BWSC Umina

### Crime day

Students from Brisbane Water Secondary College Umina campus took part in a Crime Scene Investigation day on Thursday, November

Students were called in to help solve a "murder" and were given numerous pieces of scientific evidence to do so.

Tyre marks, DNA, ballistics fingerprinting

digital evidence were used in the investigation.

Students also had hands-on experience and identified the killer out of a line up of suspects.

In the end, students came out with plenty of smiles, a new-found caution about SMS text messaging and a few handcuff bruises, according to campus principal Mr Frank Gasper.

Newsletter, 10 Dec 2011 ' Frank Gasper, BWSC Umina

### Principal pays tribute to retiring colleague

**Brisbane Water Secondary** College Umina campus principal Mr Frank Gasper has paid tribute to Ms Pamela McAlister on her retirement as senior campus principal.

"I have had the privilege of working with her in a variety of roles, both of us being classroom teachers at Berkley Vale High School," said Mr Gasper.

"Our paths crossed again when we became deputy principals at Wov Wov and Umina, before we both became principals of our schools.

"She has been an outstanding educator, whose driving focus has always been the development of teaching and learning that achieves the best outcomes for her students.

"I will miss her as a colleague and thank her on behalf of the school community for the enormous contribution she has made to public education and more specifically to students at the College," said Mr Gasper.

Newsletter, 10 Dec 2011 ' Frank Gasper, BWSC Umina

### Visit to Canberra sports' institute

Students from the Girls **Athletics** Academy **Brisbane Water Secondary** Umina College campus have visited the Australian Institute of Sport in Canberra.

They spent three days there, living and training in the same

environment as the athletes.

The girls took part in a volleyball session run by two members of the Institute's volleyball team and went on a tour of the Institute.

They also participated in a boxing class, played touch football and soccer and participated in

some track and field exercises.

The Academy was started at the college earlier this year to encourage girls to get involved in sport.

> Newsletter, 10 Dec 2011 Frank Gasper, BWSC Umina

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### Year ends at Niagara Park

Woy Woy Public School Stage 2 students travelled by train to the Central Coast Youth Club in Niagara Park on Monday, December 5, for their end of year celebration.

"I am very proud to say that most students conducted themselves really well and enjoyed a huge day of sporting activities," said teacher Ms Louise Rayner.

"The students participated

in wheelchair basketball, trampolining, soccer, hockey, table games, volleyball, totem tennis and the very exciting foam pit.

"I was impressed by the way the students showed excellent manners, teamwork and cooperation to make the day successful."

Newsletter, 12 Dec 2011 Ona Buckley, Woy Woy Public School

### Debating at Umina campus

Two teams from Woy Woy South Public School travelled to Brisbane Water Secondary College Umina campus



### for the annual Peninsula Debating Challenge.

The teams competed in a four round knockout day of events starting with the topic "that all Australian children must have a pet".

The first team was down a member at the last minute and Ethan Dodds stepped up to take on the job.

In spite of a stirring argument from Ali Baker, Woy Woy South was defeated by Umina.

The next debate saw Ali again lead the charge with great confidence in her speaking ability.

However, they were defeated by Empire Bay.

The group then participated in workshops run by Year 8 students on the finer points of debating.

The group was finally wen by

The event was finally won by Empire Bay in a show down with Ettalong.

Newsletter, 6 Dec 2011 Terry Greedy, Woy Woy South Public School

### Spelling bee grand final

Brisbane Water Secondary
College Umina campus
hosted the Brisbane Water
Learning Community
spelling bee grand final on
Monday, November 21.

The grand final involved 15 Year 6 students from local primary schools along with 16 Year 7 students in four competitions.

There were also several staff members from the various primary schools and a handful of parents who came along to be in the audience.

All competitors said they were nervous at the commencement of the competitions but soon settled and were able to demonstrate their spelling potential.

The winners on the day were Logan Evans from Umina Public School in the Year 6 boys category with Daniel White from Ettalong Public School and Colin Beazley from Empire Bay Public School runners-up.



In the Year 6 girls category, Jessica Vandine from Woy Woy Public School was named the winner and Kritsana Patthamag from Ettalong Public School and Kimberley Thomas from Umina Public School were named runners

In the Year 7 boys Jayden

Purcell was the winner and Jake McDonagh was runner up.

Mille Quail-Gates was the winner in the Year 7 girls and Zara Zivko was runner up.

Newsletter, 10 Dec 2011 Frank Gasper, BWSC Umina

### Best growth in results

Brisbane Water Secondary College Year 9 students have achieved the best NAPLAN results growth ever at the campus.

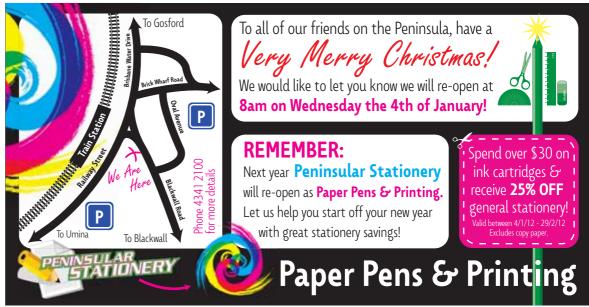
According to principal Mr Frank

Gasper, the rate of growth has surpassed that of nearly every school in the Hunter-Central Coast region and the state trend.

"I know that the social and academic foundation has been laid at Umina Campus for these pupils to achieve great things in the HSC in 2014.

"We wish them well at the senior campus in 2012 and beyond," said Mr Gasper.

Newsletter, 10 Dec 2011 ' Frank Gasper, BWSC Umina



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### Out and About







# Art market at Anderson Park

The next Woy Woy Art Market will be held on Sunday, January 8, in Anderson Park on the Woy Woy waterfront.

It will then be held every second Sunday or every month thereafter.

"We are growing bigger and better every month and we feature

local artisans selling their beautiful handmade arts and crafts," said organiser Mr Riyaz Pocketwala.

"We also have live music, are a minute's walk to many local food outlets and two minute's walk to rail and bus transport facilities.

"Genres include jewellery,

hand-made clothing, painting, photography, drawing, massage, palm reading, healers, glass and enamel, leather goods and many others.

"We are a community based not-for-profit organisation, are self-funded and donate 10 per cent of all takings to Mary Macs and Nepalese charities.

"Our aim is to raise the profile of the arts on the Central Coast and support it's extraordinarily talented artists and practitioners in being able to continue their wonderful work and create a more beautiful Peninsula while going a little way in helping those not as fortunate as ourselves.

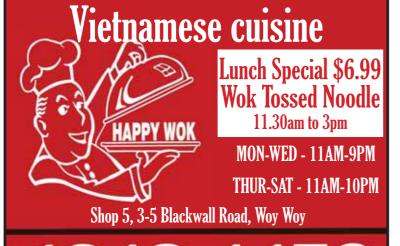
"We hope to build a great and permanent monthly market that will enhance the local community and tourism in Woy Woy and surrounds," he said.

Email, 21 Dec 2011 Riyaz Pocketwala, Woy Woy









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The New 4343 1044 on the beach at 345 Trafalgar Ave, Umina 4343 1044 Open Wed to Sun . Lunch & Dinner . Licensed & BYO bottled wine only HEAD CHEF: KEVIN KENDALL (Cottage Point Inn, Bilson's, Catalina) "That terrine of smoked salmon! Wonderful! Get a table together & do it in Style! Kathy - Point Clare Menu: 3-Course Gourmet a la carte \$80 NYE: Choose from our regular a la carte menu including.. Terrine of House-Smoked Salmon - w orange & squid salad Scallops - seared w seaweed salad & caramelised onion puff Beef Fillet - mushroom ragu, eschallots, wilted spinach & jus see website for full menu Blue Eye - panfried, yellow beans, walnut dressing www.acquavista.com.au Duck Confit - w cotechino & spicy plum chutney Pavlova Roulade - w mango & strawberry salad Weddings & Functions up to 120 Toffee Macadamia Parfait - w caramel sauce & rocky road



## Benefit concert for local actress

A benefit concert for local actress Imogen Sage Lindquist-Callow will be held on Sunday, January 22, at Wagstaffe Hall.

The proceeds of the concert will be used to help her take a place at a drama school in London.

"Imogen is a talented young local actress who has won a place at London's prestigious Central School of Speech and Drama," said Bell Shakespeare Company artistic director Mr John Bell, who will speak at the concert.

The benefit will consist of stories by John Bell and his wife Anna Volska, Graeme Blundell and Greig Pickhaver about their starts in show business, performances by saxophonist Phillip Johnston, the Half Tides Rock Choir, poet philosopher David Dufty and a film by Imogen's mum Bev Callow.

Ms Lindquist-Callow said she was over the moon that John Bell has offered his time.

"I can't believe it.

"It's quite special to me that he would be so generous, as some years back I read that when he was young he moved to England to act, and this was one of the reasons I was inspired to look into the possibility of studying acting in London."

Ms Lindquist-Callow attended Pretty Beach Public School and Barrenjoey High School before going to Newtown High School of the Performing Arts.

> Email, 13 Dec 2011 **David Dufty, Bouddi Society**

## **Umina** photographer wins competition

Umina resident Mr Nick on display until mid-January. Friend is the winner at the Coastal Open inaugural (COSS) Space System and Bushland Reserves **Photography Competition.** 

The win was announced at a ceremony held on Thursday, November 15, at Erina.

Mr Friend's winning images, along with a further 17 entries are

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The competition was judged by local professional wildlife photographer Esther Beaton and Gosford Regional Gallery education and public programs coordinator Mr John Lowrie.

Mr Friend had two winning entries, Shake and Looking for Lunch which were both taken at Mt Ettalong Reserve.

Gosford Council's co-ordinator of natural open space Mr Larry Melican said the competition was a success.

"We received a significant number of entries, with over 240 photos judged as part of this year's competition.

"Esther and John have both been wonderful judges and John Ralph's Camera House has provided some great prizes for this year's winners.

"This has been a great way to generate interest in our COSS and Bushland Reserves and the beauty of the natural environment in our own backyard.

"The winning entries have also been produced as a free poster series.

"We've had a great response from the community and are looking forward to the competition in 2012," said Mr Melican.

Media Release, 16 Dec 2011 Larry Melican, Gosford Council



Looking for Lunch by Nick Friend

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Variety Kids Show FREE Face painting from 10.30 Show starts at 11.30







Wednesday 11th January

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#### **PINK Get the Party Started** With an appearance by the

**Jim Beam Promo Girls** Saturday 14th January 7.30pm



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## Duf and About





Chris Holstein with EBACC members

### Politicians visit craft show

Local politicians were among those who visited the Peninsula Community Centre on November 26 and 27 for a display of artworks by the Ettalong Beach Arts and Craft Community Centre.

Publicity officer Ms Sue Sullivan said both the Member for Gosford Cr Chris Holstein and former Member Ms Marie Andrews attended the display.

Ms Sullivan said: "Chris told our members that he depended on finding some unique Christmas gifts each year for his family and showed us his first purchase of a beautiful table runner that will grace his meal table on Christmas

"He told us that in his capacity as a councillor, former mayor and patron of the craft centre he had been proud of his involvement with this community group.

"He regarded this exhibition as 'a place of hidden treasures' and said it was evident the crafts come from the heart.

"Chris especially noted that he appreciated the hours of dedication that went into making the beautiful quilts on display.

"Marie Andrews was also another welcome guest who never fails to pay a visit to this annual

"Our political leaders for Gosford City clearly show a strong sense of community by supporting the arts and several other volunteer groups," said Ms Sullivan.

Media Release, 14 Dec 2011 Sue Sullivan, EBACC

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Or visit us in Gosford

Cnr South and West Street (New entry from South Street) Umina Beach - Open 7days

7am to 6pm

### Exercise program after breast surgery

Registration is currently open for a free exercise program for women recovering from

Guiding Central Coast Residents around Australia and the world for over 20 years

4324 8801

Day Tours

Wednesday 11th January - \$68.00 pp

Illawarra Fly – Tree Top Walk – Southern Highlands Includes coach travel, entry & morning tea & lunch

Wednesday 18th January - \$68.00 pp

Bare Island & Museum Includes coach travel, entry, morning tea & lunch

Thursday 19th January - \$53.00 pp

Grand Pacific Drive to Wollongong Includes coach travel, morning tea and lunch

Tuesday 24th January - \$50.00 pp

Nan Tien Temple - Includes coach travel, guided tour, morning tea and lunch

Get off the Beaten Track - \$3565.00 per person twin share

14 Day Corner Country - 22nd April 2012 Tibooburra, Cameron Corner, Innamincka, Maree, Lake Eyre, Strzelecki Track, Birdsville Track, Thargomindah & More.

For further information on these or any It's Easy Tours holiday or coach charter contact us on 4324 8801 or visit our Gosford Office -**Shop 5 Gosford Central Plaza** 

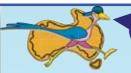
breast cancer surgery in Woy Woy from Thursday, February 9, until Thursday, March 29.

The eight week program incorporates gentle floor and hydrotherapy exercises and provides the opportunity for relaxation and information sharing among women with similar experiences.

A study published this month in the Journal of Cancer Survivorship by University of Missouri's Sinclair School of Nursing researchers highlighted the benefits of exercise for women who have experienced breast cancer, including those who developed lymphoedema.

The Encore Program was created to improve movement, flexibility and strength after breast cancer surgery and can help to reduce the potential risk of lymphoedema and assist in the management of lymphoedema.

Phone 02 9285 6264 to register. Email, 12 Dec 2011 Melanie King, YWCA NSW



#### Travel Australia at "SEE" level

1 Day Tamworth Music Festival 28th Jan \$ 70 pp 2 tickets for Annie Wed 18th Jan Pens \$ 97.00 pp

1 Day Mystery Tour 7th Feb \$ 50 pp

**Christmas greetings from Malcolm** and Road Runner Leisure Tours. Malcolm will see you at Ettalong **Bowling Club in the New Year** OR go to our web site for more info

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# 23 December 2011 - Peninsula Ne





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### Folk club holds final concert

The Troubadour Central Coast folk club met on Saturday, December 17, for its final concert for the year.

The theme of the concert was Christmas and a number of mystery Christmas songs were presented.

The winning group performed a very amusing version of Aussie 12 days of Christmas, complete with an energetic "emu in a gum tree".

In a close second was the group who decorated themselves to form a human Christmas tree and lead the room with German Christmas carol, O Christmas Tree.

Everyone in attendance had the chance to be involved in the mystery Christmas song contest.

The audience was also treated to choirs and local musicians in an evening filled with song while they supped on Christmas goodies and joined in song

song.
The Troubadour's
Troubalukers ukulele group then
met on Monday, December 19,
for an evening of ukulele songs
and continued celebrating the
end of a year of music at the
folk club.

The folk club is now in recess and will return again on February 19 with their first concert for 2012 featuring visiting American folk musician George Mann.

Media Release, 20 Dec 2011 Marilyn Russell, Umina

UMINA BEACH BOWLING CLUB

Melbourne Ave, Umina Beach

www.clubumina.com.au

Phone:

4341 2618



#### Not for profit Community Organisations D)Ĭľ@ŒĬOľV -

#### **Animal Care**

#### **Animal Welfare** League (ADS) provides assistance to sick and injured animals and finds homes for surrendered dogs. Meet 2nd Tues, Spike Milligan Room Woy Woy

Library, 10am. Debra 4344 4435 awlcentralcoast@

virginbroadband.com.au

#### Art

#### **Ettalong Beach Art &** Crafts Centre (287)

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & **Pottery Classes** Mon - Sat 10am - 3pm 4341 8344 info@ebacc.com.au

**Central Coast** Art Society (284) Weekly paint-outs Tues 4369 5860. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420

#### **Hospital Art Australia**

publicity@artcentralcoast.asn.au

Meet every Friday 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing Volunteers welcome 4341 9920

#### **Community Centres**

#### **Peninsula Community**

**Centre** (39/290) Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and muliticultural support **Children** - Little Kickers, Indian Dance, Playgroups, KindyGym, **Teenagers** - "The Web" Youth Support Services. Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post

Outings, Oil Painting, Multicraft, Needlework,

& Pre Natal Exercises.

Counselling - Drug,

Alcohol, Relationship,

Financial, Gambling,

Weight Control.

Over 55's - Social

If you would like your Community Organisation listed here, call us on 4325 7369

Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups. www.pccinc.com.au 4341 9333

#### **Ettalong 50+ Leisure** & Learning Centre (287)

Mon - Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

#### **Gosford 50+ Leisure** and Learning Centre

Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class 4324 4749

#### **Community Groups**

#### **AACC COMPUTER**

**CLUB Inc.** (291) www.aacc.asn.au Help with all Computing problems Program demos + Q&A sessions

**Narara Valley High School** Fountains Road, Narara 2nd Wed of Month (Feb-Nov) Windows 7pm to 10pm

Supper provided **East Gosford Progress Hall** 10 Henry Parry Drive

(cnr Webb Rd) 3rd Wed of month (Feb-Nov) Linux 9.30am-12.30pm 4th Thu of month Social Meeting + Windows

12.15pm - 3.15pm Afternoon tea provided 4362 1918

**ABC** (284c) "The Friends" Support group for Public Broadcaster. Aims: safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known

#### **Beachside Family** Centre (287)

quest speakers

Ph. 4341 5170

School-based community centre for families with children from birth to 8 vears old. Group programs and community activities 4343 1929 Umina Public School Sydney Ave

Bridge (286c) Tues 12.15pm is a friendly game without pressure. **Duplicate Bridge Mon Thur** Fri Sat at 12.15pm and

Wed 9.15am and 6.45pm **Brisbane Water** Bridge Club Peninsula Community Centre 93 McMasters Rd.Woy Woy www.brisbane-water.bridge-club.org

Cash Housie (56/294) 50 Games every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

#### **Central Coast** Handweavers, **Spinners and Textile**

**Arts Guild Inc** (286c) Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts Workshops and community

quilting bees Day and night groups 4325 4743 www.thecottage.org.au

#### **Central Coast Family History Society Inc.** (301)

the ΑII resources. information and advice needed to study your family's history are available through the Society.

Meetings 1st Sat ea mth 1pm Lions Community Hall, behind the Society's Research Centre 8 Russell Drysdale St, East Gosford. www.centralcoastfhs.org.au Visitors welcome

### **Hardys Bay**

4324 5164

Residents Group (60/296) Working for a positive & Healthy Environment in our Community allanbw@bigpond.com

#### The Krait Club (58/295) Community Centre -

Cooinda Village, Neptune St, Umina 10.30am Open to senior members of Woy Woy/ **Umina Community** Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips 4341 0698

#### **Northern Settlement** Services (282)

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre

93 McMasters Rd Woy Woy - 4334 3877

#### **Probus Club of** Umina Beach (81/298) Friendship, Followship

and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+ Non Political and Non Sectarian - 2nd Wed every mth, 10am, Everglades

Country Club uminabeach@probusclubs.com.au P.O. Box 443 Woy Woy

#### **Rotary Club of Umina**

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. **Everglades Country Club** Weds 0409 245 861. curleys@ozemail.com.au

#### **Seniors Computer Club Central Coast Inc.** (83/301)

Beginners' classes held Mon or Tues. Also classes Mon - Fri as published on the Club Website. 10am to 12md or 1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac Meetings also held at Avoca Beach Bowling Club 1st Mon with a Guest Speaker 4369 2530

#### **Umina Beach** Scrabble Club (65/302)

For all levels and ages Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play Scrabble 322 West St (Rubys) Umina 4341 4859

#### **Volunteering** Central Coast (57/295)

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. Regular general info sessions at Woy Woy. sharanpage@ volunteeringcentralcoast.org.au 4329 7122

#### **Wagstaffe to Killcare Community** (285) Work to protect and

preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall 4360 2945 info@wagstaffetokillcare.org.au

#### **Disabled Services**

### Riding for the

Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388

stateoffice@rdansw.org.au

#### **Environment**

#### **Peninsula Environment Group (287)**

Talks, films, social events, workshops, renewable energy and recycling projects, organic food

buying group www.peg.org.au

#### **Health Group**

Arthritis NSW (9/292) Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy - 4341 5881

#### Meals on

Wheels (81/298) Delivered meals and flexible food options for people with a functional disability 4382 9401

Mary Mac's Place (287) Providing hot, freshly cooked meals Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community

services. marymacs@woywoycatholic.org.au 4341 0584

#### **Overeaters** Anonymous (OA) (64/278)

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Rm 5 Every Fri 7:30- 8:30pm www.oa.org 0412 756 446

#### **Peninsula Women's**

Health Centre (285c) Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy 4342 5905 Wed and Thur 9.30am-3pm 20a McMasters Rd, Woy Woy www.ccwhc.com.au

#### **Woy Woy Stroke** Recovery Club (67/278) Peninsula Community

Centre 2nd Tues 11.30am Company, up-to-date info, hydrotherapy, bus trips 4342 1316

#### **Marine Rescue**

#### **Central Coast Unit (287)**

Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. 4325 7929 www.vmrcc.org.au pr.centralcoast@ marinerescuensw.corn.au

#### Music

#### **Central Coast Concert Band**(288)

Every Tues 7:15 - 9:30pm Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

#### Sport

#### **Woy Woy Judo Club**

Kids Classes - \$5 Fri 5.30 -6.30pm 6 14yrs Adult Classes Tue & Fri 6-8pm 15yrs+ - 1st Lesson Free 4 Week Trial Ettalong 50+ Leisure and Learning Centre 0434 000 170 www.wwjc.org.au

#### **Political Group**

#### **Australian Labor Party**

Umina Ettalong Branch (293) Political Discussions National, State and local government issues 2nd Mon Umina Beach Bowling Club 7.30pm 4341 7323

#### **Veterans**

#### N.M.B.V.A.A Inc **National Malaya Borneo Veterans Association Australia**

1st Sat (except Jan) 2pm **Ettalong Beach** War Memorial Club 51-52 The Esplanade. 4342 1107

#### Vietnam Veterans', Peacekeepers' and Peacemakers' (284)

Assist all Veterans and their families with pension & welfare matters. Cnr Broken Bay Rd & Beach St Ettalong. Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com

#### **Woy Woy Ettalong** Hardy's Bay

RSL Sub Branch (79/297) Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

#### **Women's Groups**

#### **Country Women's Association Woy Woy**

Friendship Mornings 1st and 2nd Wed 10am Meetings 4th Wed 10.30am - 4324 2621

#### **The Endeavour View** Club, Woy Woy (287)

Luncheon, 1st Mon Everglades Country Club, 10.30am. Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am. Coach trips 4341 2559

#### **Gosford RSL Sub-Branch Women's Auxiliary**

(61/296)

Invitation to women over 18 years to join. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm 4323 7336

## The Peninsula Diary

For events in post code areas 2256 and 2257

#### Saturday December 24

Santa to visit West St, Umina, 10am

Christmas Carols, Neptune St, Umina, 7pm

Christmas Carols, Hardys Bay waterfront, 7:30pm

#### **Sunday December 25**

Christmas Day

Umina and Ettalong Uniting Church services, 9am

Christmas lunch, Uturn Ministries, Umina

#### Wednesday December 28

Trivia, Hardys Bay RSL, Free

#### Friday December 30

Sounds of Summer Discovery Tours walk, Bouddi National Park, 6-7:30pm

#### Saturday January 7

Sounds of Summer walk, Bouddi National Park, 6-7:30pm

#### **Sunday January 8**

Woy Woy Art Market, Anderson reserve

#### **Monday January 9**

Umina PCYC Musical Drama workshop, 10:30am-12:30pm Umina PCYC Indoor Scooter and Skate session, 10:30am-12:30pm and 1pm-3pm

#### **Tuesday January 10**

Umina PCYC gymnastic workshop, 10:30am-12:30pm and 1pm-3pm

### Wednesday January 11

Umina PCYC gymnastic workshop, 10:30am-12:30pm and 1pm-3pm

#### **Thursday January 12**

Umina PCYC gymnastic workshop, 10:30am-12:30pm and 1pm-3pm

#### Friday January 13

Umina PCYC Indoor Scooter and Skate session, 10:30am-12:30pm and 1pm-3pm

#### **Monday January 16**

Umina PCYC Musical Drama workshop, 10:30am-12:30pm

Umina PCYC Indoor Scooter and Skate session, 10:30am-12:30pm and 1pm-3pm

#### **Tuesday January 17**

Citizens for Constitutional Change Central Coast meeting, Blackwall

#### Wednesday January 18

Umina PCYC gymnastic workshop, 10:30am-12:30pm and 1pm-3pm

#### **Thursday January 19**

Umina PCYC gymnastic workshop, 10:30am-12:30pm and 1pm-3pm

#### Friday January 20

Umina PCYC Indoor Scooter and Skate session, 10:30am-12:30pm and 1pm-3pm

If you've got something happening on the Peninsula over the next few weeks, let us know

#### **Sunday January 22**

Weet Bix Kids TRYathalon, Peninsula Leisure Centre and James Browne Oval

Benefit concert for Imogen Sage Lindquist-Callow, Wagstaffe

#### **Thursday January 26**

Australia Day fun and beach games, Pearl Beach beachfront, 8am-12pm

celebrations, Australia Day Wagstaffe Woy and Woy Waterfront

#### **Sunday February 5**

Beginners Paddle our Parks Discovery Tour, Brisbane Water National Park, 9am-4:30pm

#### Thursday February 9

YWCA NSW Encore exercise program, Woy Woy, free

#### Saturday February 18

Discovery Tours walk, Flower Track to Box head, 9am-1pm

#### **Sunday February 19**

Troubadour Folk Concert, Woy Woy CWA Hall

#### Friday February 24

Woy Woy Little Theatre's "Natural Causes" begins Peninsula Theatre

#### Saturday March 24

Opera in the Arboretum,

## Charity Barometer 2011

#### The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current calendar year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$3200

\$12500

\$603

\$1895

\$3500

\$26,000

20,000

\$1000

\$107

\$20,000

\$2000

## **\$217,475**

St John the Baptist Catholic Public School raised

\$3200 from a Scholastic Book Fair Brisbane Water Oyster Festival raised \$12,500

toward breast cancer Ettalong Beach Public School raised \$603 for the

Juvenile Diabetes Foundation St John the Baptist Catholic Primary School has

raised \$1895 for the Candela Mission. Woy Woy high tea and fashion parade raised \$3500

for the people of Kisii, Kenya National Breast Cancer Foundation at Hardys Bay RSL raised \$26,000

**St John the Baptist** raised \$20,000 from its school fete Rocktoberfest raised \$1000 for the Westpac Rescue Helicopter Service

Woy Woy Stroke Recovery Club raised \$107.50 for Stroke Awareness Week

Danielle's Difference Fun Day in Ettalong raised \$20,000 for the Children's Cancer Institute Australia Brisbane Water Secondary College donated \$2000

Funds donated earlier in the year have been removed

to allow space for more recent donations

about it and we'll list it here for you, for free. Contact details are on page 2.

#### **MEMBERS BADGE DRAWS**

**TUESDAY JACKPOT \$3,400** 7.00pm, 7.15pm, 7.30pm, 7.45pm **WEDNESDAY JACKPOT \$2,600** 2 draws. 7.30pm & 7.45pm THURSDAY JACKPOT \$7,000 7.30pm

#### BINGO

Mondays 11.00am. Wednesdays 10.00am Now on Monday and



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January 22 **BARBS Kantara House** 1-5pm

**Green Point** 

tomflood@hotmail.com

4324 2801



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> www.facebook.com/ SlightlyOffMusic

#### **Entertainment**

#### The **Troubadour** Acoustic **Music Club**

meets at the **CWA Hall** Woy Woy Floor Spots available

#### 4th Saturday of every month 7pm

Tickets \$11 Concession \$9 Members \$8 Tickets available

at the door, see www.troubadour.org.au

4341 4060

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www.dreamtimealphabet.com

Woy Woy Peninsula Lions Club Sunday, January 29, 9am to 1pm Great variety of stalls ~ BBQ. Tea & Coffee. Vendors Welcome ~ Car Boot Sale - \$15 per car

#### **Now at Dunban Road Car Park**

NB stall sites not open until 6.30am Cnr. Ocean Beach Road Woy Woy Always Last Sunday

More Details... Eng: 0428 418 535 or 4369 8707

Digi Now of Kincumber

Sharon Martin - Devine Image

Depp Studios formerly of Umina

Andrew and Peter Compton

Take away of Umina Beach

Renotek, Tascott

ASCO BRE Concreting

• Erroll Baker, former barber, Ettalong

Michelle Umback - 2 Funky, Terrigal

Marks Pump Service, Woy Woy

Stan Prytz of ASCO Bre Concreting

Bruce Gilliard Roofing of Empire Bay

Jamie's Lawn Mowing of Woy Woy

**The Shame File** 

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### Kevin makes qualifying time

St Huberts Island resident Kevin Moore is one step closer to representing Australia in the Olympics after a strong performance in Bankstown over the weekend of December 10 and 11.

The Crest Athletics Centre, Bankstown, hosted Round Six of the Athletics NSW Club Premiership, where several Central Coast Academy of Sport athletes were in action.

Kevin ran a National Qualifier and also an Olympic Trial Qualifying time in the 400 metres as he outlasted James Grimm



from Wollongong (47.37s) to post a solid time of 46.82 seconds.

Media Release, 14 Dec 11 Warwick Whitmore, Central **Coast Academy of Sport** 

### **Umina skippers** feature

Umina skippers featured prominently when the Northern Mariners Radio Yacht Club finished the year's sailing on Saturday, December 10, at Mount Penang Gardens.

The final places were challenged right up to the last day of sailing.

Skippers enjoyed some Christmas nibbles and a social gathering at the completion of sailing while the scores for the year were finalised.

The scratch racing series for the year was won by Phil Page of Umina with Owen Jarvis from Kogarah coming second and Frank Russell from Umina coming third.

The handicap series was won by Maurice Fletcher, with Frank Russell coming second and Owen Jarvis a close third.

As well as sailing the scratch and handicap series at club level, competitors also participated in a grand prix series throughout the year and travelled to Foster, Kogarah, Wollongong, Maitland and Central Coast.

Three skippers from the Northern Mariners club will travel to Tasmania for the National Titles on January 5 and 6.

Media Release, 20 Dec 2011 Marilyn Russell, Umina

### Junior chosen for golf event

Peninsula junior golfer Jack Steed travelled to the Sunshine Coast on Tuesday, November 22, to participate in a three-day golf event at Twin Waters.

The Everglades Country Club golfer was one of 80 juniors chosen from Australia and New Zealand to take part in the event.

He was selected after he won the Pump Golf Shootout earlier this year.

Jack participated in clinics taught by golfing stars including American Bubba Watson and Australia's Adam Scott, Stuart Appleby, Nick O'Hern and Marc Lieshman.

He also went to the PGA Championship at Coolum.

He came third in the nett competition over two days of shooting eight and six under his

Jack said his main highlight was watching Stuart Appleby hitting his driver 210 metres on his knees and

Email, 12 Dec 2011 Rebecca Cartwright,

## New rescue boat at Ocean Beach

Ocean Beach Surf Life Saving Club has received a new inflatable rescue boat and outboard motor from **Gosford Council through the** Water Safety Levy scheme.

"The Council has put a lot of money into the movement locally, with all the new clubhouses and gear and it's great to know that they're still on our side," said Ocean Beach director of lifesaving Mr Nigel Fitzgibbon.

"It's been calculated that for every \$1 that is invested in surf lifesaving, \$29 comes back to the community.

"This extra equipment will come

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in very handy when we host the National IRB championships in July 2012," he said.

Earlier this year Woy Woy Leagues Club also presented Ocean Beach SLSC with a cheque for \$3000 to make vital upgrades to its outboard motors through the CDSE grants scheme.

Ocean Beach was the only sporting club in the Gosford Council area to receive a grant of this nature.

The improvements included ergonomic spinners, reinforced leg brackets and user-friendly kill switches designed to make operating the rescue craft easier and improve the lifespan of equipment.

"These upgrades will not only make us compliant with new Surf Life Saving protocols, but they'll improve the longevity of our motors and also make it easier to train new duckie drivers," said Mr Fitzgibbon.

"Surf lifesavers on the Central Coast pledge to remain rescueready 24-7 and this CDSE money will guarantee our commitment to the Peninsula in the coming years.

"I'm very pleased with the support that Council has provided to SLSA over recent years."

Ocean Beach IRB driver Cr Peter Freewater said: "This new motor for Ocean Beach is very welcome and we really appreciate

"I am an active surf life saver with the club and I drive the rescue handicap.

watching Bubba Watson's drive.

old and it's a fabulous, healthy

lifestyle that the whole family can

I've been involved in surf life

saving all my life and I've made

to be on Sunday morning than at

Ocean Beach-Umina, one of the

world's most beautiful beaches,

we're there religiously," he said.

"Like many in our community,

"I can think of no better place

Media Release, 14 Dec 2011

Peter Freewater, Horsfield Bay

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**Everglades Country Club** 



Frank Russell, Phil Page and Maurice Fletcher

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#### THOON ?

### Sherriff leads team to victory

**Ettalong bowler Aron Sherriff** helped his team to victory in the fours competition at the Asia Pacific Bowls Championships in Adelaide held from Wednesday, November 30, until Sunday, December 11.

The Australian men's team, who took bronze at the 2009 Asia Pacific Championships, proved too strong for the New Zealanders and took the game 23-16 to win the gold medal.

Australia's fours side of Mark Berghofer, Commonwealth Games gold Medallist Mark Casey, Commonwealth Games Medallist Rice and world number eight Aron Sherriff took a strong position from end six where they led 8-6.

That two-shot margin was the closest the Black Jacks side of Tony Grantham, Dan Delaney, Ali Forsyth and Richard Girvan got to the host nation for the rest of the

Australia opened strongly with a four, which the Kiwis replicated in the second end.

A two for Australia then a one for NZ followed by a repeat performance by both countries saw the game 8-6 after six ends.

Two threes for the host nation and a three for the Kiwis followed but a four by the Aussies in the 10th ends saw them double the Kiwis score, 18-9.

By end 13, the Australians were up by 11 shots and led 21-10.

New Zealand tried valiantly to make a comeback with a three, one and two in ends 14, 15 and 16 but it was not enough.

Australia took the final end with a two to win gold.

"We're stoked," said elated Aussie skipper Sherriff said after the victory.

"We played really well in the fours, we gelled right from the start and I thought we were a real strong chance to win that one probably at the start of the tournament.

"We obviously had to play really well because there are some quality teams but I think it was a pretty flawless performance for our fours, we had one little hiccup against Singapore, but we got out of that one and we pretty much dominated from the on.

"It was a really aood performance.

"There's that much talent in Australia that when you get opportunities like this you have to make them count, there are some fantastic bowlers waiting to take our spot.

"It's good to get a gold and a silver medal out of these championships though we're still definitely going to have perform next year in trials and things to get a spot in the World Bowls team, but fingers crossed, and I can't wait to get back here, "said Sherriff.

New Zealand coach Dave Edwards was full of praise for Australia's Aron Sherriff in his summary of the men's fours.

"Aron Sherriff was the difference in the men's game.

"I felt we matched the Australians player for player, however, Aron



played some amazing conversion shots and was hard to stop, he was sensational," Edwards said.

Media Release, 12 Dec 2011 Sue Hill, Foster Hill PR and Marketing

Singles final

The bowls committee has decided to apply to the Zone to have teams in grades four, six and seven in next year's pennant season.

> Newsletter, 1 Dec 2011 Peter Arnold, Everglades **Country Club Bulletin**

#### The final of the Everglades Country Club Men's **Novice Singles** lawn bowls competition was contested by good mates lan Richardson and John Hall. The final was close most of

the way with lan making a break towards the end to defeat John 31-









nina Beach

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