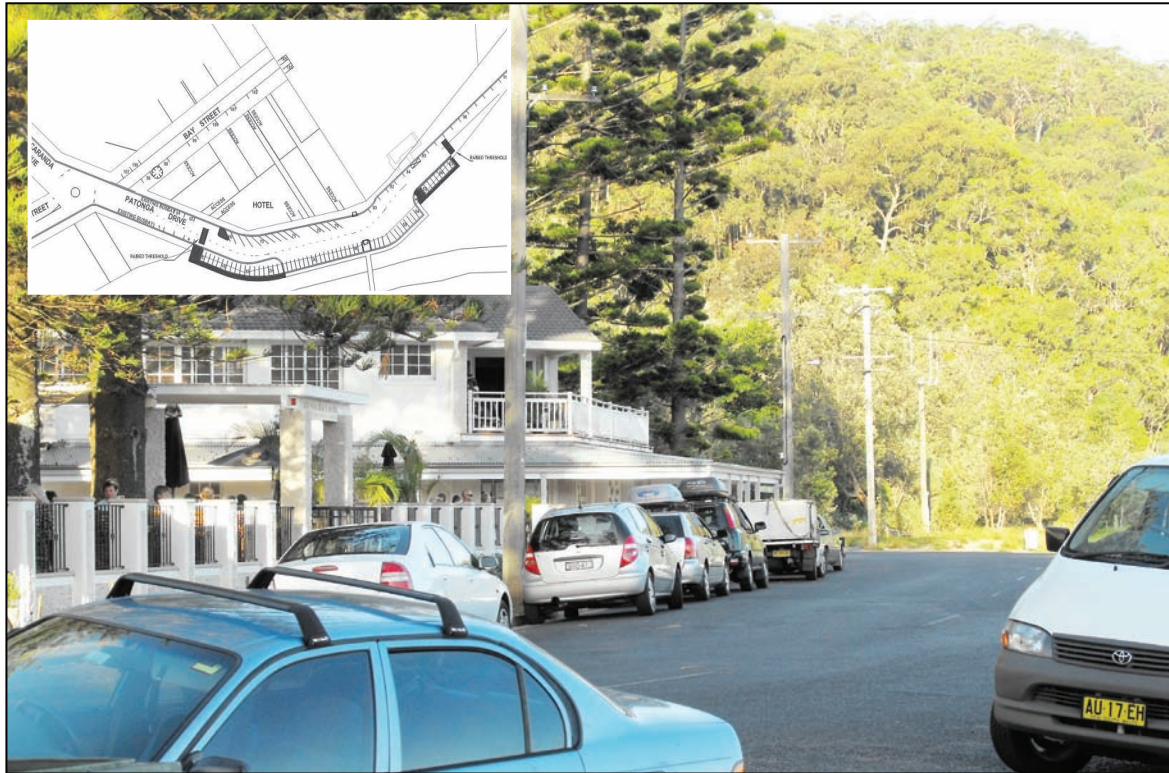


## Council agrees to remove car spaces



On street parking outside the Patonga Beach Hotel and (inset) one of Gosford Council's design options for additional car parking spaces at Patonga foreshore

**Gosford Council will accept a voluntary contribution of \$75,000 from the owners of the Patonga Beach Hotel to remove five car spaces and increase the outdoor dining amenity.**

According to hotel owner Mr Robert Osborne, the contribution will be tied to "much needed" Patonga infrastructure improvements.

"The resolution of this issue comes after a lengthy battle with councils' planners spanning some 10 years, to get the development right for the owners, community and patrons," Mr Osborne said.

"It's been a very long struggle with the planners, notwithstanding there was independent expert traffic engineer's advice and the Patonga Progress Association supporting the removal of the on-site car spaces to avoid the likelihood of pedestrian and vehicle conflict. "We are delighted that the council resolved nine to one in support of the proposal which is a win for both the council on behalf of the

community and the proponent."

According to a council staff report, the voluntary contribution "is conditional upon those monies being expended solely on car parking or foreshore works in and between Patonga town centre area and Dark Corner boat ramp".

"The estimate of cost of \$200,000 to undertake road works which will deliver an additional 18 on-road car parking spaces in the Patonga town centre and associated traffic calming is considered to remain an accurate estimate of cost for the specific design tabled," the report stated.

"Future car parking is to be considered in conjunction with overall plans being developed by the director of city services for car parking, infrastructure and general foreshore improvements in the Patonga area."

**Council agenda  
ENV.66, 6 Oct 2009  
Press release, 9 Oct 2009  
Robert Osborne,  
Patonga Beach Hotel**

## Chamber calls for investment results

**The Peninsula Chamber of Commerce has called on Gosford Council to reveal whether it will receive the face value of money invested in overseas CDO funds which are due to mature soon.**

Chamber president Mr Matthew Wales said the council

should confirm whether or not the investments "can be cashed in by council so that the monies can be re-invested in more secure financial products".

"It is in the public interest that we all know how our investment funds are faring and whether the \$55 million in capital has weathered the global financial crisis," Mr Wales

said.

"It is timely that it is confirmed now that these products are starting to mature.

"It is our understanding that the first of council's 33 controversial CDOs is due to mature soon.

"Our concern is that \$35 million of these funds are developer contributions and funds that

are meant to be spent of roads, drainage, community facilities and water and sewer utilities.

"It is understandable that the business community and building industry are concerned that these monies are not lost through poor investment strategies.

"This may affect the timing of future infrastructure works if council

has shortfalls in the developer funds.

"It may mean that works will be delayed or possibly result in the axing of some projects."

**Press release, 14 Oct 2009  
Matthew Wales, Peninsula  
Chamber of Commerce**

## Council should finish UCSW plan, says ACF branch

**Gosford Council should complete a preservation plan for rare bushland on the Woy Woy Peninsula, according to the Australian Conservation Foundation's Central Coast branch.**

This should be done before Council finalises plans for a regional playground at Umina oval, the branch has stated.

Branch president Mr Mark Snell said he was pleased to hear that Council staff had started work on a formal plan of management for reserves containing rare bushland, known as the Umina Coastal Sandplain Woodland (UCSW) endangered ecological community.

However, he was concerned that no date was set for the plan's completion.

He was also concerned that building could proceed on the regional recreation precinct at Umina oval without adequate measures to protect, restore and maintain the UCSW surrounding it.

"The predicted increase in patronage of the area can only be expected to put added pressure on bushland that is already struggling to survive."

Mr Snell said a formal plan of management would identify threats to the survival of the bushland, identify measures to address them and have the legal strength to enforce them.

"I understand that up to \$70,000 may be spent on bush regeneration at Umina oval, as part of the \$4.3 million recreation project.

"However, this bush regeneration may prove wasteful and ineffective, if threats to the bushland are not adequately addressed.

"It is now over two years since the council received a report from the Department of Environment and Climate Change, with a number of recommendations for council action to protect the rare bush.

"It is disappointing that the council is only now starting to address the issue, and that it does not have a plan in place ahead of the Umina oval development.

"It seems it has only just started

mapping the rare bushland into its computer system."

Mr Snell said that, with an extent of around 13 hectares - mostly in small fragments on council reserves, the bushland is thought to be the smallest of all endangered bushland communities in the State gazetted under the Threatened Species Conservation Act.

Without a plan in place, it was quite probable that this rare bushland could become extinct, he said.

"Gosford Council would then have the dubious distinction of being responsible for the State's first extinction of a gazetted endangered ecological community."

**Media release, 16 Oct 2009  
Mark Snell, ACF Central Coast**

## Boot sale

**The Lions Club of Woy Woy Peninsula will hold its next Car Boot Sale and Mini Market on Sunday, October 25.**

The sale will take place at Rogers Park, Woy Woy, between 8am and 1pm.

The profits will support local community groups.

Stalls cost \$10 per car.

Rogers Park is located on the corner of Ocean Beach Rd and Erina St, Woy Woy.

For more information, call 4341 4151.

**Press release, 16 Oct 2009  
Elmo Caust, Lions Club  
of Woy Woy Peninsula**



## News

# Competitions - Win Win Win Your chance to win big!



Peninsula News is giving readers the chance to win one of four double passes to the upcoming performance of **VulgarGrad** next month.

The "oompah swing ska punk style" Russian group will perform at The Rhythm Hut in Gosford on Saturday, November 7, from 7pm.

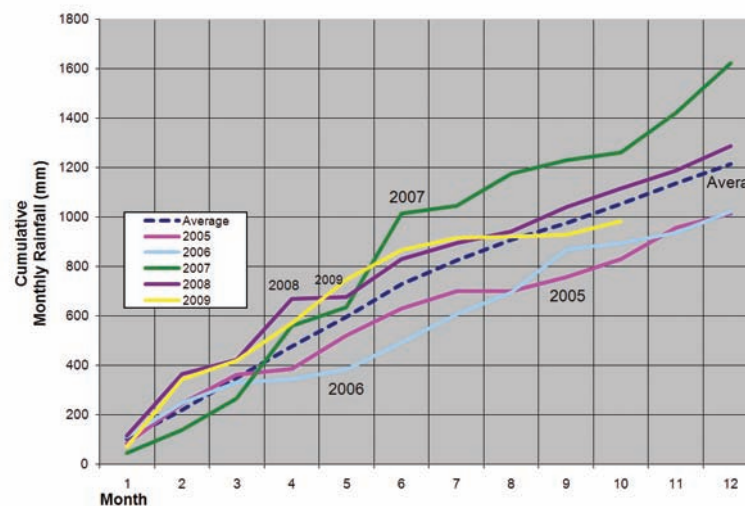
Each double pass is valued at \$50.

To enter, write your name, address and phone number on the back of an envelope and send to: Peninsula News VulgarGrad Competition, PO Box 532, Woy Woy, 2256.

Entries close at 5pm on Friday, October 30.

Clare Graham, 16 Oct 2009  
Press release, 16 Oct 2009  
Earth Central

Cumulative Monthly  
Rainfall by Year



## Two weeks of rain

The Peninsula has had nearly as much rain in the past two weeks as it had in the previous two months.

Figures provided by Mr Jim Morrison of Woy Woy show that 55.4mm of rain has fallen so far

this month.

This compares to a total of 61.2mm over the previous three months.

Rain was recorded on 11 of the first 15 days of the month.

On only three of these days was more than 4mm was recorded: October 11 (19.2mm), 13 (9.6mm) and 10 (7.7mm).

Halfway through the month, the rainfall is already more than two thirds that of the average rainfall for October – 76.9mm.

Spreadsheet, October 16  
Jim Morrison, Woy Woy

# Peninsula News Community Access

Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

**Association President and Editor:** Mark Snell

**Commercial operator:** Cec Bucello for Ducks Crossing Publications

**Journalist:** Clare Graham

**Graphic design:** Justin Stanley

### Declaration of interests

**Honorary editor:** Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd  
Convenor, Burrawang Bushland Reserve Committee  
President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-president, Brisbane Water Secondary College Umina Campus P&C

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### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: [mail@peninsulanews.asn.au](mailto:mail@peninsulanews.asn.au), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

### CONTACT US AT:

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**Mail:** PO Box 532, Woy Woy 2256

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<b>GSM</b>	112
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<b>Woy Woy Hospital</b>	4344 8444
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<b>Crime Stoppers</b>	1800 333 000
<b>RFS Fire Control Centre</b>	4340 2911
<b>SES - Storm and Flood Emergency</b>	132 500
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<b>Royal Volunteer Coastal Patrol</b>	4325 7929
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## Winners

Peninsula News has announced the winners of its **Don't Drink the Water** competition.

Winners were M McIlwrath of Empire Bay and Yvonne Potts of Umina who will each receive a double pass to the upcoming theatre performance of **Don't Drink the Water**.

Presented by Woy Woy Little Theatre, the show will be held at the Peninsula Theatre from October 30 to November 15.

Clare Graham, 15 Oct 2009

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## Plans for open day at Umina oval

**Gosford Council will host a meeting on October 21, to discuss plans for an open day as part of the proposed Peninsula Recreation Precinct.**

Council's project officer of open space and leisure services Ms Rebecca Windust said the open day aimed to provide local residents the opportunity to gain "a sense of community and ownership" over the Peninsula Recreation Precinct project.

"Council is organising an open day at the Umina site from 10am to 1pm on Sunday, November 29," Ms Windust said.

"This is an opportunity for the community and media to visit the site before works commence.

"The open day will provide the community with the opportunity to see how the Peninsula and the wider Central Coast community will benefit from the project.

"Plans and conceptual images of the cafe and amenities building and the playground area, along with models of play equipment that was selected by the community will be on display for public viewing.

"Additionally the community is able to view the plans for the cafe and amenities building, which also includes a concept of the surrounding landscape plan, when the development application is advertised by council." The community meeting will be held at Umina Surf Club from 6.30pm.

Ms Windust said other elements of the project would not be discussed at the meeting as it was "purely to develop community involvement opportunities for the open day".

Meanwhile, members of the Ettymalong Creek Landcare continue to raise its concerns over the size and location of the proposed cafe and amenities building for the site.

"I have had many phone calls from people wanting to know more about the proposals, who are being misled as they look at



council's website and find only the same 2008 master plan which shows a modest kiosk of around 10m square," group representative Ms Sue Ellis said.

"The 2009 draft proposals presented to the recent stakeholders meeting showed a restaurant and amenities building (62 metres times 10 metres) twice the length of the surf club and including 12 new toilets.

"We are very puzzled as to why council officers have apparently put in a funding submission which ignored this aspect of the master plan, when it had been the subject of much community consultation and was formally endorsed by the full council.

"Surely it would be more appropriate to refurbish and extend existing amenities blocks and to ensure that they are clean and open, rather than building more facilities which require cleaning and maintenance.

"Since submitting our comments after the last stakeholders meeting on September 10 we have not heard of any changes that have been made to the draft proposals.

"We remain concerned about the size and location of the proposed restaurant in the middle of this bushland and recreation area and about the proposal to build a shared pathway through the middle of the remnant endangered

ecological bushland next to Umina Public School."

Ms Ellis said the Landcare group would also like to see the remaining bushland protected and regenerated so that the banksia and other Umina Coastal Sandplain Woodland species were "naturally replaced as older trees gradually reach the end of their life".

"A whole of site bushland management plan should be prepared so that this bushland and recreation area is managed and protected for the long term," Ms Ellis said.

"We think that it is imperative that the children of the future inherit the wonderful coastal woodland environment that previous generations have so much enjoyed.

"We urge local residents who are concerned about a building of this size in the middle of the recreation area to ring their local councillors to express their concern or to contact the Landcare group for further information on 4342 2251.

"Our crown land is after all a very precious resource."

According to Ms Windust, the original master plan for the project had been changed since it was submitted for funding assistance last year.

"The master plan that was developed for the funding application was prepared over a

very short time frame to enable council to submit an application for funding through the Federal Government's Regional and Local Community Infrastructure Program - Strategic Projects program," Ms Windust said.

"The master plan submitted with the application was therefore designed as a concept plan only.

"At that stage, council had not undertaken any of the necessary environmental or cultural assessments due to the tight time frames and limited funds to complete such assessments. "The location of the cafe and amenities building and the playground has been moved further south from the area identified in the master plan to avoid the imposition of adverse impacts on the vegetation pockets along the north eastern border of the site.

"The majority of development will occur within an area predominantly cleared of natural vegetation however a shared footpath/cycle path through the fragmented vegetation area will assist management of the area

by providing boundaries for management and community use, therefore encouraging regeneration of the vegetation pockets.

"There are also plans to extend the perimeters of the existing vegetation pockets, fence the vegetation pockets and provide interpretive signage to protect and increase community awareness of the Umina Coastal Sandplain Woodland community.

"Amendments to the master plan have occurred following feedback from the community and, as with all council developments, the appropriate environmental and cultural assessments have also been undertaken for the project area.

"Through the numerous stakeholder meetings that have already occurred, the community has had the opportunity to provide feedback on the proposed landscape plans.

"Meetings have and will continue to be staged with the relevant authorities to determine feasible options to address the anti-social element currently associated with the project area. "Although council is restricted by the terms of the funding agreement with the Federal Government to deliver the project within designated timeframes, council continues to work with all stakeholders to address the recreational, social and environmental needs of the community."

Ms Windust said the next meeting for key stakeholders was yet to be determined.

**Clare Graham, 16 Oct 2009**  
Interviewee: Rebecca Windust, Gosford Council  
Press release, 16 Oct 2009  
Sue Ellis, Ettymalong Creek Landcare



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## Forum

## Lower speed is unnecessary

### Is this not proof enough that the council is only interested in revenue raising?

There have been a few accidents on Woy Woy Rd over the past couple of years, I'm talking single digits, and yet this does not fall into an "acceptable" range?

While I of course want to minimise accidents on the roads, the fact is that there is such a thing as "human error" and on a road with poor shoulders such as Woy Woy Rd, human error has a greater margin for disaster regardless of a 20 km/h speed difference.

Not only that, but the difference between the amount of accidents to the previous figures to now is likely to increase due to an increase in road rage and other drivers attempting to overtake those doing 60 km/h and lower on Woy Woy Rd.

Add to that the added congestion and extra lengthy queues during peak hour which trail through to heading down Bulls Hill, it is a recipe for nothing less than stress, frustration and more trouble.

The RTA, our councils and governments thrive on misinformation when it comes to driving.

Speeding is not a leading cause of road accidents or deaths, but it is the easiest thing to police and make money from.

Speed is a factor in any driving situation and can determine the

### Forum

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Peninsula News

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See Page 2 for contribution conditions

outcome, but it is rarely speed itself which causes the accident.

Drivers who do not adjust their speed to poor weather conditions are simply making stupid choices.

Driving across a patch of oil is disastrous regardless of the speed you're travelling at.

While I understand that there is a limit to how fast one can safely travel on any given road, such speeds are much, much higher than our councils and governments limit our roads to.

Why do you think people are caught doing speeds at double the limit and higher?

They didn't get caught after they crashed,.

They were caught while they were driving at such speeds - and you can almost guarantee that they'd done it previously on other occasions without being caught.

The reduced speed limit is raising the ire of commuters.

I travel on the road every day and it is frustrating enough that I have to travel from Sydney in poor traffic on the F3, to also be stuck behind people whose driving skills I call into question doing much slower speeds than are necessary on Woy Woy Rd.

I know for a fact that every single corner on Woy Woy Rd can be taken at 80 km/h safely and easily, with the exception of two in the wet.

This restriction is unfair and unnecessary.

The guardrail at the site of the most recent accident, which occurred at least two months ago, has still not been repaired.

I suppose repairing the guardrail will cost money, and given how few accidents actually occur on Woy Woy Rd, there isn't actually any real need to repair it.

Bring an end to the misinformation about driving at high speeds.

Just teach people to drive safely and accidents will be limited to honest mistakes, environmental factors and people just plain being inconsiderate.

Hopefully, there will be fewer accidents caused by driver ignorance.

Letter, 13 Oct 2009

David Pardy, Ettalong Beach

## Not the right setting

### I am concerned about the proposal of a local bowling club at Woy Woy.

The proposed change is for a bowling green to become two soccer areas plus flood lighting surrounded by a high wire fence.

The zoning for this area is Residential 2(a) GPSSO.

Soccer has areas already in the district.

An all-weather indoor facility is available at the Peninsula Leisure Centre.

### Forum

In the right setting, soccer is an enjoyable game.

Games at night under flood lights with homes surrounding which will be affected by noise, inevitable disturbances is certainly not the right setting.

I doubt that this proposal structure would be welcome on any residential street corner.

Letter, 6 Oct 2009

June Mitchell, Woy Woy

## Intruder apprehended

### Early on Thursday morning, October 15, police were called to apprehend an intruder in the toilet block on the foreshore reserve at Ettalong Beach.

Two police officers arrived in their caged truck and went into the women's toilets.

The intruder was an echidna.

Where the echidna came from

### Forum

remains a mystery.

The echidna was placed in a box and taken to the Australian Reptile Park in Somersby.

You certainly would not want to share a toilet seat with an echidna.

Letter, 16 Oct 2009

David White, Ettalong Beach

## Good bike track

### I must compliment the Gosford Council on the magnificent job they have done in providing a cycle and pedestrian way in my area of Woy Woy from McMasters Rd to Woy Woy town centre.

Good design, good workmanship and a finished product that is equal to anything I have encountered around the world, not only in my area, but across a broad spectrum of our coastal fringe in our city has been transformed to something

### Forum

that we can only be proud of.

The pleasure on the faces of people using this facility can only justify its existence.

It's a pity that other areas - notably Hardy's Bay to Wagstaffe - can't be serviced by such a facility which not only adds to the beauty of the area, but must also increase the values of properties adjacent.

Letter, 9 Oct 2009

Bill Teasdale, Woy Woy

## Holstein should stand down

Now that it is public knowledge that Cr Chris

### Forum

Holstein is the only person who has nominated to the NSW Liberal Party to stand at the next State Election in 2011 for the seat of Gosford perhaps he should seriously consider standing down from the position of mayor.

That way he won't compromise Gosford Council.

I would hate to think that he is deliberately using my rates and taxes to promote himself for his next State Election campaign.

I recall in the past that former Cr Debra Wales stood down so as not to be seen as using her position or abusing ratepayer's funds.

So why not he?

I would certainly expect anyone with the slightest bit of integrity to do the same.

Letter, 12 Oct 2009

Jack Galway, Woy Woy

## Support Australian products

Fred Landman's article about the early department stores, coffee houses, confectionary and soft drink manufacturers brings to mind the point that nearly all these were Australian-owned.

Today, it is just the opposite.

Foreign corporations hold sway over all our food manufacturing.

How this benefits Australia is a

### Forum

mystery.

Decisions are made in foreign boardrooms not in our interest with profits going overseas. The products made and owned by Australians are few.

But if we love Australia we must support them.

Keith Whitfield, Woy Woy

24 Sep 2009

**Gymea1 Gardening Tips**

**Gardening by the Moon**

Plants, like all living things on this planet, revolve around cycles.

One of the most visible cycles is that of the moon.

The Synodic Cycle (the lunar cycle) not only controls tides but it is reputed to have a serious influence on the surface tension of liquids in plant growth.

The concept of planting by the moon is a long held concept used before the Roman lunar calendar was adopted.

It is said that by planting, cultivating, harvesting, weeding and the like in the appropriate moon phase, the flavour, yield and vigour of your edible crops can be significantly increased without the addition of fertilisers. Whilst this can be disputed, the best way to test any theory is to put in place trials to see for yourself.

There are many books and calendars with in depth information on this topic but if you have any questions or need any help with your garden maintenance, don't hesitate to contact the qualified staff at Gymea 1 Gardening.

Happy gardening

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A vandalism attack on Rogers Park Oval earlier this year where a stolen car was bogged, burnt out and abandoned creating extensive surface damage to the oval surface

## Police called in on sports ground vandals

**Gosford Council is working with police to apprehend vandals damaging sports grounds, according to Gosford mayor Cr Chris Holstein.**

A spate of vandalism attacks on sporting grounds across the Peninsula in the last few weeks is set to cost Gosford Council almost \$5000 in repairs.

The amenities block at Rogers Park in Woy Woy had cost up to \$1900 to repair damage to the building's gutters and vent pipes on October 11.

A vehicle also gained access to the playing surface causing extensive damage to the grass.

Prior to this attack, a stolen vehicle was driven onto James Browne Oval in Woy Woy on October 5, causing \$1500 worth of damage.

The vehicle was then dumped on the oval and burnt out.

Umina Oval's irrigation system was attacked by vandals on October 2 by removing and damaging the heads of the sprinklers at a cost of \$1200 to council.

Gosford mayor Cr Chris Holstein has said the culprits would be caught.

"Council is working with local police to investigate these disgraceful acts of vandalism and we are urging community members to come forward with any information they may have to assist us in these investigations," Cr Holstein said.

Cr Holstein said council had a policy to offer a reward to anyone who provides information regarding damage to public property that may assist investigations and lead to a conviction.

"Council is willing to offer up to \$5000 for anyone who comes forward with information that helps us find out who is responsible and put a stop to these malicious and cowardly acts of vandalism," Cr Holstein said.

"The incidences have peaked during the school holidays.

"I'm not saying that it is necessarily young people who are responsible.

"I don't care whether you are 15 or 50 - following the investment of so much time, effort and dollars,

it is very disappointing to think that there is anyone within our community that would deliberately attempt to destroy these facilities."

Council's director of community services and organisational development Mr Terry Thirlwell said that, since July 2002, convictions have been secured for four vandalism incidents, three of which were on the Peninsula.

Mr Thirlwell said that the rewards are paid from Council's "insurance reserve".

He said that, to claim a reward, people should contact the police first and then the council's risk management section.

He said he would authorise a reward where a conviction had been recorded and he was satisfied that the person had provided sufficient evidence to warrant the reward.

Council is urging anyone with information regarding the vandalism to contact Brisbane Water Police Station on 4323 5599 or Crime Stoppers on 1800 333 000.

**Press release, 13 Oct 2009**  
**Cr Chris Holstein, Gosford mayor**

## Uniting Church spring fair

**Umina Uniting Church's annual Spring Fair will be held at the church grounds on Saturday, October 24.**

According to church secretary Ms Annette Strong, the theme for this year's fair will be the Year of the Blood Donor.

The Brisbane Water Brass Band will perform from 10.30am.

Proceeds will support the work done by the religious education teachers from Brisbane Water Secondary College Woy Woy and Umina campuses as well as assist in paying the church debt.

The fair will be held from 8am to 1pm.

**Press release, 14 Oct 2009**  
**Annette Strong, Umina**  
**Uniting Church**

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**Australian Labor**





Umina Beach will be transformed on October 24, when local residents will gather to form a human sign in support of a greenhouse gas target of 350 parts per million

Photo : Rachel Lonie

## A sign of climate change

**Local residents supporting a greenhouse gas target of 350 parts per million will gather at Umina Beach on Saturday, October 24, to form a human sign.**

"The event – one of more than 2000 rallies in more than 140 nations – is coordinated by 350.org to urge world leaders to take fast and effective action on global warming," said event organiser Ms Rachel Lonie of Pearl Beach.

"This is the first global campaign ever organised around a scientific data point: 350 parts per million CO2 is the safe upper limit for the atmosphere according to the latest scientific data.

"Local residents are asked to gather at 8.30am on the beach south of the Umina Beach Surf Club where they will help spell out a giant human sign with the number 350."

Photographs of the sign will be placed on the internet with pictures of other events to demonstrate that there is widespread support for urgently addressing climate change.

"The photos will also form a global visual petition to be displayed on huge screens in Times Square, New York City."

Ms Lonie is urging participants to wear red or dark colours for maximum visual impact and to bring along towels and surfboards to help form the sign.

"We can all see how climate change is affecting us," Ms Lonie said.

"Increased and more severe storm events, less predictable

rainfall, more extremely hot days and nights, more frequent and intense bushfires, and increased coastal erosion are with us now.

"The predictions for the future are even more severe.

"Scientists tell us we need to limit temperature rises to a maximum of two degrees to stop more catastrophic change."

The global climate action event will come six weeks before the world's nations convene in Copenhagen for the United Nations Climate Change Conference to draw up a new climate treaty.

"Eighty-nine countries have already endorsed the 350 target, as well as the chairman of the Intergovernmental Panel on Climate Change Rajendra Pachauri, the world's foremost climate economist Sir Nicholas Stern and Nobel prize-winner Al Gore," Ms Lonie said.

"However, there is a real likelihood that these talks will stall and we will still have no adequate plan in place to address this most serious environmental issue.

"We need to convince them that they need to act now."

The Umina Beach 350.org event is supported by the Central Coast Branch of the Australian Conservation Foundation, Community Environment Network, Peninsula Environment Group and the Climate Action Group Central Coast.

More information about the 350.org movement can be found at [www.350.org/Umina350](http://www.350.org/Umina350) or contact Rachel Lonie on 0432 567 224.

**Press release, 9 Oct 2009**  
Rachel Lonie, Patonga Designs

THIS OCTOBER 24TH  
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**CLIMATE  
ACTION**

Join us to be part of the 350.org  
International Day of Climate  
Action at Umina Beach,  
Saturday 24 October 2009 8.30am

**What?:** A human sign to spell out '350'

**When?:** Assembly at **8:30 am** for the photo to be taken at 9.15am. The photograph will be sent around the world via the web through [www.350.org](http://www.350.org).

**Why?:** 2009 is the critical year for climate action. This December world leaders will meet in Copenhagen to discuss a new global emissions treaty. Current plans for the treaty are much too weak to halt dangerous climate change. We need a treaty that is fair, ambitious and binding.

**Where?:** On the beach southwest of the Umina Surf Club, Sydney Ave, Umina Beach.

**How to get there:** Walking or cycling to the event would be ideal. Buses travel down Ocean Beach Road and there is car parking nearby. See map overleaf.

**Please bring:** hat, towels and if you can surf boards. The towels and boards will help form the sign. Please wear dark colours or red and bring towels in those colours as these will work best against the sand.

Contact Rachel on 0432 567 224  
or go to the website at  
[www.350.org/Umina350](http://www.350.org/Umina350)

This Climate Action event is supported by the Central Coast Branch of the Australian Conservation Foundation (ACF), Community Environment Network (CEN), Peninsular Environment Group (PEG) and the Climate Action Group Central Coast (CAGCC).

**www.350.org/Umina350**

350 parts per million is the safe  
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An International Day  
of Climate Action

**oct. 24  
2009**

Join the  
movement!

## Golden Oldies

**The Woy Woy Peninsula Golden Oldies reunion will be held at the Ettalong Beach Bowling Club on November 11.**

Event coordinator Ms Marge Cleere said those interested in attending were welcome to bring along old photos and memorabilia to share.

"This is an informal day and

encompasses local schools, factories and telephone exchange pre-1960s," Ms Cleere said.

"With the passing of time our numbers are thinning and perhaps the pre-1970s would like to join us."

For catering purposes, phone Marge Cleere on 4344 7442 to reserve a place.

**Email, 10 Oct 2009**  
Marge Cleere, Umina

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The embankment below Mt Ettalong Rd near the hairpin bend at the eastern end of Patonga Dr where rocks and a tree debris have fallen down onto the dirt track below.

Photos: Edward James

## Mt Ettalong Rd stable, says council

**Mt Ettalong Rd is stable, but a full geotechnical report will be made to Gosford Council after concerns were raised about the deterioration of a section of the road.**

Council's manager of engineering services Mr John Cragg said council had been monitoring the road formation stability of Mt Ettalong Rd near the hairpin bend at the eastern end of Patonga Dr as part of regular inspections.

Mr Cragg said geotechnical engineers had assessed the area and would inform council if any ongoing major works were needed in the area.

He said a full report was expected to be made to council in a fortnight.

According to Mr Cragg, minor works would take place over the coming week including the sealing of cracked roadway to stop water penetrating over the roadway and

down the embankment.

Pearl Beach resident Ms Kay Williams said she informed council of the weakening embankment more than two weeks ago after becoming concerned about changes to the surface area below the roadway.

Ms Williams travels along Mt Ettalong Rd at least two times a day and said she was always cautious of any changes to the area, especially after periods of increased rainfall.

Ms Williams said she became increasingly concerned with the area in anticipation of increased traffic flow to the road as part of Pearl Beach Anniversary celebrations over the weekend of October 10 to 11.

She said she had been in contact with council on October 9, in regard to the section of Mt Ettalong Rd and was advised by council staff that the area was stable and would be assessed by geotechnical engineers on October 12.

"I asked several people in Pearl Beach, including engineers, to keep an eye on the area of slippage.

"A tree was dislodged down the steep slope as well as large rocks, and material was lost in the slip up to the edge of the road surface (on the road side of the safety railing)," Ms Williams said.

"I remained concerned over the weekend, given the ongoing soaking rains that further

subsidence could occur at any time, especially as large vehicles swing out onto the edge to make the right-hand bend turn.

"However, I am disappointed that no warnings or accident tape were erected to alert motorists, especially as the damage was on the road surface itself and the area is not well lit at night and hard to see in driving rain."

However, Ms Williams said she surrendered her concerns and accepted council's reassurance that the area would remain stable over the busy weekend period.

According to a memo issued by Mr Cragg, Ms Williams contacted council with her concerns after she received photographs of the area from Umina activist Mr Edward James.

"Mr James has indicated he has identified locations where the road pavement appears to be 'almost mud' and identifies white paint on the adjacent guardrail," Mr Cragg stated.

"These marked locations are sites where approximately 10 days ago council's geotechnical consultant arranged for auger sampling of the pavement and supporting formation as part of field testing of the road formation associated with the current stage of road stability improvements to Mt Ettalong Rd.

"At the location where the auger entered the pavement there is a localised area of disturbance

which is still to be restored, which may appear to be mud.

"The photographs, supplied by Mr James, illustrate areas of the batter supporting the road where there are isolated boulders and evidence of some localised slippage of material.

"This situation was present when the site was viewed by the geotechnical consultant and determined that there was no immediate risk.

"Discussion between myself and the geotechnical consultant today has confirmed that the inspection undertaken of the section of road formation in question approximately 10 days ago did not identify any issue of instability requiring immediate attention."

Mr Cragg stated the geotechnical consultant agreed to re-visit the site October 12, and review "all aspects of stability" at the site.

He said council's acting maintenance manager had inspected the site late on October 9, in the presence of a senior overseer and reported that there were no apparent signs of recent movement of either the "overall formation" or further "localised loss of material down the slope".

Mr Cragg stated that, based on the advice given, it was not considered necessary to take any "immediate action" in respect of the road formation of Mt Ettalong Rd and additional road traffic to the area over the Pearl Beach

anniversary weekend imposed no significant loading upon the road formation.

Clare Graham, 15 Oct 2009  
Interviewee: John Cragg,  
Gosford Council  
Email, 9 Oct 2009

Kay Williams, Pearl Beach  
Memo, 9 Oct 2009  
John Cragg, Gosford Council



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## Rotary raises \$2000 for Indonesian children

**More than 200 people attended a charity event hosted by the Rotary Club of Woy Woy on October 8 that raised \$2000 for Indonesian children.**

The local Rotary club's charity night was a joint initiative with Ettalong Cinema Paradiso and featured food, wine and a screening of the new film Mao's Last Dancer.

Club publicity officer Ms Vicki de Carle said the proceeds from the night would go towards helping children on the Indonesian island of Nusa Penida off the east coast of Bali.

"In the courtyard decorated with candles and fountains, we snacked on pizza, enjoyed a glass of wine and some wonderful fellowship," Ms de Carle said.

"The Rotary Club of Woy Woy supports the education of children

in the village of Batumadeg on the island of Nusa Penida.

"The club has been paying the education costs for over 50 children since last December. "Nusa Penida is not a tourist island and therefore misses out on support from visitors.

"A member of Woy Woy Rotary Club has visited the island and the schools and coordinates this program with the local villagers and schools.

"The children have been delighted in receiving pencil cases, pens and pencils, books and equipment sent from Woy Woy.

"Money raised from the opening night of Mao's Last Dancer will pay for uniforms, school fees and books for 50 children for up to six months."

Press release, 15 Oct 2009  
Vicki de Carle, Rotary  
Club of Woy Woy



Children and villagers of Batumadeg on the Indonesian island of Nusa Penida with happy faces after receiving gifts from Woy Woy Rotary

## Planning scheme on display in new year

**Gosford Council's Draft Gosford Local Environmental Plan is expected to be put on public exhibition early next year, according to manager of integrated planning Mr Eddie Love.**

The draft planning scheme has been returned to council recently around 18 months after it was sent off to the NSW Department of Planning for consideration.

Mr Love said council would need to respond to details of the plan addressed by the Department of Planning before public submissions were called.

He said council was "happy to have the plan back" after almost two years in waiting.

The Peninsula Chamber of Commerce has stated it would make a comprehensive submission to council once the draft plan went on public exhibition sometime next year.

"Finally, after nearly two years, the new City-wide planning guidelines are a step closer to being placed on public exhibition," Mr Matthew Wales said.

"The business community has been waiting for some considerable time for the new planning controls and we welcome the news that

the Department of Planning has now advised council that the draft document can be opened to public comment.

"However, we understand that council staff have yet to review the changes that the department has made and must still prepare a report to the council outlining the implications of those changes.

"From discussions with the department, there are a number of significant alterations that will need to be considered by the full council.

"Regrettably there are a number of planning issues which we now know were not addressed during the department's review of the plan and this has the building industry quite concerned.

"We understand that residential building heights across the Peninsula have been limited to eight metres and that some of the height controls and floor space ratios for commercial foreshore land in the Ettalong town centre have not been changed from the current controls.

"There is real concern that key catalyst sites in Ettalong Beach will not be provided with sufficient incentives to make them commercially viable."

Mr Wales said the Department

of Planning had also returned a Development Control Plan to council for exhibition with the Gosford LEP.

"The City Wide DCP is the document that sets the urban design controls for future development," Mr Wales said.

"It is imperative that the council ensures that these controls are forward thinking and provide encouragement to land owners, builders and developers to improve urban design outcomes especially in our medium density areas.

"This is the council's big chance to make a difference for the future of the Peninsula and the Peninsula Chamber will be ensuring that a comprehensive submission is made on the new plans when they finally go on public exhibition."

Clare Graham, 15 Oct 2009

Interviewee: Eddy Love,  
Gosford Council

Press release, 14 Oct 2009  
Matthew Wales, Peninsula  
Chamber of Commerce

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The newly refurbished Nambucca Dr playground in Woy Woy

## Refurbished playground is officially opened

The newly refurbished playground in Nambucca Dr, Woy Woy, was officially opened to the public on October 9.

The event followed the official opening of four other playgrounds in the Gosford Local Government Area this month as part of Gosford Council's Gosford City Playground Strategy.

Council's coordinator of parks, playgrounds and foreshores Ms Kim Radford said there was something for everyone to enjoy at the new playgrounds.

"Each playground has its own unique theme and equipment to cater for residents and visitors of

all ages," Ms Radford said.

"Community members can explore the sensory gardens at West Gosford or test out their bicycle skills at Woy Woy.

"The Woy Woy playground has special swing seats installed for disability access.

"We are encouraging all members of the community to come along and check out what the new playgrounds can offer them."

Chair of council's playground committee Cr Vicki Scott said the opening of five new playgrounds in the region was an exciting time.

"This group of playgrounds are all different and are designed with consultation with residents,

including local schools, and the active support from community groups," Cr Scott said.

"Playgrounds are an important part of our community and offer opportunities for play, exercise, socialisation and quality family time.

"Council is grateful to the Federal Government for the stimulus funding which provides most of the funds for these playgrounds.

"We want all playgrounds to be well-used and valued, and look forward to seeing residents joining in the fun at the openings."

Press release, 30 Sep 2009  
Cr Vicki Scott, Gosford Council  
Press release, 30 Sep 2009  
Kim Radford, Gosford Council

## Church starts playgroup and kids' club

The Umina Uniting Church is looking for Peninsula families to join its community playgroup and kids' club.

The community playgroup is held on Friday mornings throughout the school terms from 10am to 12pm while the kids club for children in Kindergarten to Year 6 meet on Tuesday afternoons from 4.45pm.

Project coordinator Ms Teresa Read said the two groups were a great way for parents and their children to meet and interact with other local families.

"We are a safe place that values children and family and shares God's love for all people," Ms Read said.

"We have developed a range of activities for children from fine and

gross motor activities to creative activities, music and reading.

"We encourage parents to be involved in this vibrant group of young families by sharing any gifts, talents and passions they have.

"All children attending are required to have a completed and signed indemnity and permission form to participate in the program.

"There is an annual joining fee of \$5 and a \$2 a week fee per family for the playgroup and \$2 each week to join the kids club.

"We also encourage families to bring a piece of fruit to share for morning tea in the playgroup."

For more information, contact Teresa Read on 43410793.

Press release, 14 Oct 2009  
Annette Strong, Umina Uniting Church



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Health

# Blood service has 66 donations

**The Australian Red Cross Blood Service has recorded 66 blood donations at its Woy Woy blood donor centre after calling for donations in the lead-up to the October long weekend.**

The blood donations were received from Peninsula residents between September 29 and October 6, according to Red Cross Blood Service community relations officer Ms Jacqui Bell.

Ms Bell said public holidays were always a crucial time for blood supply due to fewer collection dates and a higher demand for blood in

local hospitals.

She encouraged local residents to take advantage of Woy Woy blood donor centre's new appointment times on the third Wednesday of each month in addition to every Tuesday from 1pm to 7pm.

"This means we will be open Wednesday, October 21, and people can make an appointment now by calling 131 495," Ms Bell said.

"Our mobile donor centre will also be at Deepwater Plaza on Thursday, December 10, from 1pm to 6pm."

**Press release, 12 Oct 2009  
Jacqui Bell, Australian Red Cross Blood Service**



Joyce Allan, Ruth Collins and Joan Fenton celebrate 20 years' service at Woy Woy Community Aged Care

# Course supports young mothers

**A course to help and support youngmums on the Peninsula will be held by Uniting Care Burnside from October 26.**

The five-week Young Mum Brighter Future program will be held at the Umina Uniting Church community centre on Mondays from 11.30am to 1.30pm.

Creating a desirable life and balancing motherhood with a young woman's needs will be the themes of the course.

The Young Mum Bright Futures course will be run by Uniting Care Burnside.

"Christina McMahon will lead

this course for parents to learn to communicate in a positive manner and model conflict resolution skills to their children," said church secretary Ms Annette Strong.

"The course covers other topics such as learning to meet the needs of you and your children, building a child's self esteem, looking after the whole self and putting yourself in the driving seat."

For more information and to register, phone Christina McMahon on 4325 9639.

**Press release, 14 Oct 2009  
Annette Strong, Umina Uniting Church**



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**Woy Woy Community Aged Care celebrated 20 years service to the community at its annual meeting on October 1.**

More than 50 staff, residents and community members took part in the celebration including Member for Robertson Ms Belinda Neale, Member for Gosford Ms Marie Andrews and Gosford mayor Cr Chris Holstein.

Foundation board member Ms Joan Fenton addressed the meeting and told of the aged care facility's efforts to obtain building approval of the original centre in Kathleen St, Woy Woy, in the 1970s.

"The company became a registered charity in 1981 with 300 members; by 1982 there were more than 1000 members," Ms Fenton said.

"Approval was granted, delayed, withdrawn, promised, and reapplied over the next six years. "There were phone calls, disillusionment, disappointment and some high points.

"The community did not give up and finally the first 40 beds were built.

"The first resident was admitted on March 15, 1989."

Woy Woy Community Aged Care chief executive officer Ms Jennifer Eddy said the facility had grown to a 94-bed nursing home and hostel facility providing high care, low care, respite and dementia care to the Peninsula community over the past 20 years.

"We have been able to provide residential aged care and accommodation to so many of our local aged residents who would have otherwise been sent off the Peninsula and possibly as far away as Sydney or Newcastle," Ms Eddy said.

"I am enormously proud of staff, past and present, and the significant contribution made by the board of directors and the many volunteers.

"It is wonderful to still have such strong community support after 20 years.

"This 20-year milestone is

a celebration of what can be achieved when a community works together and does not give up on what it truly believes in."

Chairman Mr Charles Brock acknowledged the efforts made by "so many people" to make the facility what it is today.

Mr Brock presented Recognition of 20 Years Service Awards to registered nurse Ms Diana Villalanda and Ms Eddy who have both been with the organisation since its opening.

Rotary Club of Woy Woy member Mr Ross Pearce presented Woy Woy Aged Care with a Rotary wheel to celebrate the support provided by the club, while Community Care Services Central Coast chief executive officer Ms Carol Cutler presented a framed sketch drawn by one of its residents in recognition of the close relationship between the two organisations.

An honour board listing the chairmen over the 20 years was also unveiled by Ms Ellen McDonnell, wife of past chairman Dennis McDonnell who died earlier this year.

**Press release, 15 Oct 2009  
Jennifer Eddy, Woy Woy Community Aged Care**

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## Meditation continues

**The Peninsula Women's Health Centre has extended its meditation group until the end of the year.**

Meditation instructor Dayasagar Saraswati will continue to provide instruction in simple meditation techniques in the Satyananda tradition covering preliminary practices which assist participants to sit still and focus.

"The group is suitable for beginners and experienced students and aims to bring us into contact with our inner natures," community development worker

Ms Kate Bradfield said.

"Other benefits of meditation are that it can also strengthen our will power and help us to manage stress.

"The group meets Thursdays from 1.45pm for a 2pm start, finishing at 3pm.

"The group is free however a gold coin donation would be appreciated."

For more information, contact the centre on 4342 5905 or drop in to 20A McMasters Rd, Woy Woy.

**Press release, 14 Oct 2009**  
**Kate Bradfield, Peninsula Women's Health Centre**

## Pink ribbon sellers wanted

**Local volunteers are being called on to sell Pink Ribbon Day merchandise at Deepwater Plaza in Woy Woy on Thursday, October 22.**

Campaign organiser Ms Vicki White of Umina said any amount of time people could provide between 9am and 4.30pm would be greatly appreciated.

"The pink ribbon is the global symbol of support for the many people who have been affected by breast cancer," Ms White said.

"Funds raised are used to help the 12,000 women and men diagnosed with breast cancer each year in Australia alone.

"I believe the opportunity for local women to see and talk to other local women who have survived breast cancer, endured treatment and also lost loved ones, to share their very personal experience is priceless."

Ms White said she would be involved in another fundraising campaign on Monday, October 26, for Dragons Abreast Central Coast, a group of local breast cancer survivors who paddle dragon boats for fun, fitness and recovery.

"Breast cancer still affects one in 11 women by the age of 75, so there are a great many husbands, children, sisters, brothers, mothers and fathers across Australia who are very grateful for your support

to help their loved ones fight breast cancer," Ms White said.

According to Ms White, a number of local services have been established thanks to community fundraising efforts, including ongoing support for individual women with breast cancer, provision of a support and information pack for newly diagnosed patients and the Shirley Shuttle transport service for patients attending their cancer treatments.

To volunteer your time for breast cancer research and awareness, contact Vicki White on 4341 0041 or email mummooo@vtown.com.au

**Email, 7 Oct 2009**  
**Vicki White, Umina**

## Churches offer healthy eating courses

**Two Peninsula churches are offering separate healthy eating courses starting this month.**

A course promoting healthy eating will begin at the Woy Woy Seventh-Day Adventist Church hall on Thursday, October 29.

Facilitator Ms Dorothy Pansare of Umina said the course would include discussions on the importance of healthy eating and cooking demonstrations allowing participants to sample sweet and savoury foods.

"The course will take place every Thursday from 10am commencing on October 29," Ms Pansare said.

"Each session will cost \$5 per person."

Accredited dietician Ms Angela Saunders said: "Including more plant based foods in our diet provides a number of health benefits including protection from common lifestyle diseases such as heart disease, high blood pressure, diabetes and some cancers".

For more information, contact 4341 4400 or 4365 6981.

Meanwhile, an eight-week course encouraging participants to use "food as medicine" will be held at the Good News Church in Umina from October 20.

Passionate about seeing people regain their health, Peninsula residents Ms Jenny Taylor and Ms Sue Shaw will lead the Disease Proof Your Life course.

"There are a lot of sick people in the world today, and the truth is, it really doesn't have to be this way and the secret to health is really not all that complicated," Ms Taylor

said.

Since losing her father to cancer 15 years ago, Ms Taylor said she has discovered that "diseases don't just happen" and believes that "just about all" chronic diseases can be reversed and are preventable.

Ms Taylor said she would "love to share" with participants what she has learned over the years of studying "food as medicine, and the simple steps one can take to walk disease free".

The eight-week course includes a 40-minute DVD presentation each night, food demonstrations, taste testing, recipes and free CDs.

"Come along and hear this lifesaving message," Ms Taylor said.

"To really cure any illness, one must eliminate the cause, address

the deficiency and toxicity issue.

"If you alkalize your body, disease cannot occur.

"There are thousands of people all over the world who have cured the incurable.

"It's affordable to all and can be a very easy strategy to adopt to ensure maximum nutritional excellence on a daily basis."

The course will be held every Tuesday night from 7.30pm to 9pm, commencing October 20 through to December 8, at a cost of \$5 per session.

For bookings, contact Jenny Taylor on 0417 206 935 or Sue Shaw on 0434 018 836 or visit [www.thinkmoreraw.com](http://www.thinkmoreraw.com) for more information.

**Email, 9 Oct 2009**  
**Dorothy Pansare, Umina**  
**Press release, 30 Sep 2009**  
**Jenny Taylor, Think More Raw**

9.00am - 9.00pm 7 days

# Wanthana

## Thai Massage

Shop 1 / 23-27 The Boulevard, Woy woy 2256  
Tel: (02) 4342 5939

**Thai Massage** blends gentle rocking, rhythmic acupressure and assisted yoga postures to open and rebalance not only the physical body, but also the emotional, mental and spiritual components of the individual.

**Regular treatment of Thai Massage results in**

- Improved blood & lymph circulation
- Peace of mind
- Muscle tone preserved
- Stiffness & pain prevented
- Flexibility improved
- Healthy stimulation of internal organs
- More efficient immune system
- Cures headaches
- Insomnia
- Fatigue & muscular pain

PRICE LIST		PACKAGE 1 \$90	
<b>Traditional Thai Massage</b>		<b>Foot Reflexology</b>	
1/2 Hour	\$35	1/2 Hour	
1 Hour	\$60	<b>Thai Massage</b>	
1 1/2 Hour	\$90	1 Hour	
<b>Oil Massage</b>		<b>PACKAGE 2 \$110</b>	
1/2 Hour	\$45	<b>Foot Reflexology</b>	
1 Hour	\$80	1/2 Hour	
1 1/2 Hour	\$115	<b>Oil Massage</b>	
<b>Foot Reflexology</b>		1 Hour	
1/2 Hour	\$35	<b>PACKAGE 3 \$120</b>	
1 Hour	\$60	<b>Body Scrub</b>	
<b>Head / Shoulder</b>		1/2 Hour	
1/4 Hour	\$20	<b>Oil Massage</b>	
<b>Body Scrub</b>		1 Hour	
1/2 Hour	\$40		

# UMINA

## South Street Dental

Umina Beach

**Teeth for Life**

**Cosmetic Smiles**

**Teeth Whitening**

**Children and Adults**

**Complex Reconstruction**

**Implants**

**Dentures**

**Mario Reznik**  
BDS - 1st Class Honours (Syd)  
Dip, Clinical Dentistry-Oral Implants (Syd)  
**Dental Surgeon**

**52 South Street Umina Beach**

# 4344 6699

**Medicare Vouchers / Teen Vouchers welcome**

**Veterans' Affairs welcome**

**10% discount to Seniors Card Holders**

**HICAPS, EFTPOS and major Credit Cards Accepted**

**Disabled ground floor access with plenty of parking**

**Central Coast Case Management Services**

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

**Ph: 4343 1888**

**Yaringaa Building**

**93 McMasters Road**

**Woy Woy (opposite Rogers Park)**



## Volunteers wanted for wildlife rescue

**The Wildlife Animal Rescue and Care Society is looking for volunteers on the Peninsula to assist in rescuing and caring for sick and injured native animals.**

Volunteer Ms Leila Desborough of Umina said rescuing and caring for sick and injured wildlife can be one of the most rewarding things for local individuals and families to do.

"There is a tremendous need on the Peninsula for carers as there are only a couple at the moment and they are run off their feet," Ms Desborough said.

"Spring is the time babies need our help, along with the normal number of adult rescues, and these little ones need a lot of care.

"Some need to be fed through the night.

"When so few people are active, many animals have to wait a long time to get help.

"Everyone is doing their best but there are only so many hours in a day.

"Burn out is a big problem if the job isn't shared and we need help!"

Ms Desborough has been volunteering for Wildlife ARC for six years and was involved in similar organisations most of her life while living in the USA and Sydney.

Her husband Carl also helps out as a carer for Wildlife ARC, both sharing an interest in Australian wildlife and love of animals.

"I was formerly in Sydney Metropolitan Wildlife and when we moved to the Central Coast they told us about ARC," Ms Desborough said.

"We prefer all volunteer groups as their love and hearts are more involved.

"ARC cares for animals all over the Central Coast but a significant number of animals are on the Peninsula and we need help.

"ARC provides basic training courses that also include your basic rescue kit at various times of the year.

"If there isn't an upcoming course, a head trainer will take you under their wing and teach you one-on-one.

"Most people start with birds and then can take courses for possums, macropods, bats and reptiles.

"There is always someone available to help with your questions and for a guide.

"You can choose what you wish to do, and how many animals you wish to care for, so set your own limits.

"We need rescuers, carers and phone answering people in all areas.

"Also, we desperately need fundraisers as we now have to pay for all of our phone calls (this was donated previously at a low rate).

"Supplies are sometimes available at a reduced rate through ARC as well."

Ms Desborough is currently caring for a blind mother possum with a tiny baby in her pouch.

"She is in care for good but hopefully one day the little baby Chance will be living out in the wild," Ms Desborough said.

"She was doing her best to care for him but became too run down in her search for food without sight."

Ms Desborough said many vets in the area generously donated their services.

"The vets in the area, especially Leslie St Vet in Umina, are tireless in providing care for wildlife.

"They accept any animal that is



Carl Desborough cares for baby possum Merlin after his mother was killed

dropped off and provide all needed treatment generously. "They prevent so much suffering and we are very grateful to them."

Ms Desborough also encouraged cat owners to be mindful of the spring season where young animals would be venturing out into the new world.

"This time of year many young animals are venturing out of their nests both day and night and are very vulnerable to cat attacks which are almost always fatal due to toxins in the cats claws," Ms Desborough said.

"It really is upsetting to spend so much time and love on a young animal and have to release it where cats are roaming at will.

"Please keep your cats inside day and night, at least for the spring.

"It's far better for your pet as well.

"They risk injury from cars and other animals when allowed to wander.

"Cat attacks and car accidents are probably the biggest reason wildlife comes into care in our area."

The Wildlife Animal Rescue and Care Society can be contacted on 4325 0666 or call the ARC hotline on 0500 551 121 and leave your details.

Clare Graham, 15 Oct 2009  
Interviewee: Leila Desborough, Umina

## Infringement notices issued

**Gosford Police issued 52 infringement notices on the Peninsula across the October long weekend as part of Operation Slowdown from October 2 to 5.**

According to senior constable Dave O'Shea, six infringement notices related to speeding offences with the remaining 46 for licence, registration, seat belt and mobile phone offences. "Within the Peninsula area, there were eight crashes in total, none of these were on major roads and only two resulted in injuries to people involved," senior constable O'Shea said.

"Half of accidents on the Peninsula occurred on Friday, October 2, and most of those were on wet roadways where it could be presumed that the drivers were not travelling to the conditions that existed at the time.

"That would be either the speed was inappropriate for the condition or their manner of driving was inappropriate.

"Of the 14 people involved in these eight crashes, 11 lived on the Peninsula or within a short distance away so all should have been well aware of the road conditions.

"None appear to have alcohol involved.

"There were only two charged with traffic offences on the Peninsula and both of those related to licence issues.

"Both were residents on the Peninsula."

Email, 8 Oct 2009  
Dave O'Shea, Gosford Police



**Monday Nights \$10 Mixed Grill** **Tuesday Nights \$9 Chicken Schnitzel** **Thursday Nights \$10 Beer Battered Fish & Chips + Salad**

**Enjoy a selection of meals for seniors for only \$9**

Live music every Sunday afternoon in our beer garden  
**Open 7 Days - Lunch and Dinner**

**Bookings 4344 1137**

**Lunch - Monday to Sunday 12pm - 2.30pm**

**Dinner - Monday to Saturday 6pm till close**

## Aussie Born & Bread

**Present this ad to receive 4 free Traditional Rolls when you purchase any Traditional Loaf**

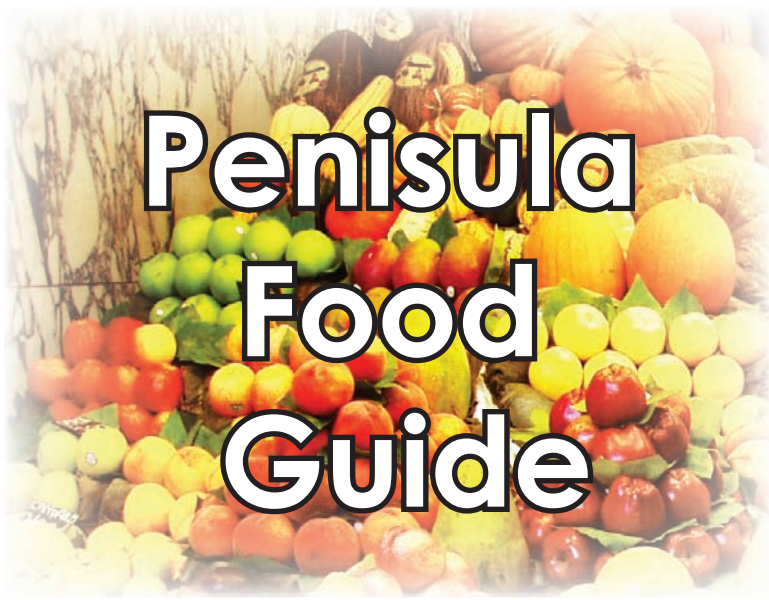


- Only valid at Woy Woy & Umina
- Must present ad to redeem offer
- Not valid with any other offer
- Valid until 30/11/09

**Deepwater Plaza, Woy Woy**  
**295 West Street, Umina Beach**

*Bakers Delight*





# Peninsula Food Guide

253 Oceanview Road, Ettalong Beach  
(Next to McPhee Chemist)

Ice Creams • Gelatos  
Slushies • Milk Shakes  
Smoothies • Pancakes  
Sundaes • Hot Drinks  
Banana Splits

4343 1943  
Open 7 days • 10am - 5pm



To advertise  
your business  
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on  
Wheels**



**Gosford City  
Food Services**

can assist you with

- Meals on Wheels
- Community Restaurant
- Cooking Classes
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Available to the frail aged,  
younger disabled and carers

**HACC funded**

GREEN POINT WOY WOY  
**4367 4333 | 4341 6699**  
Sponsored by Peninsula News



at **KFC Woy Woy**



**K.B. THAI**



Experience  
a little bit  
of Thailand  
on the  
Peninsula

**Eat In or Takeaway  
Open 7 Days**

Lunch: 11.30am to 3pm  
Dinner 5pm to 10pm

**4341 0441  
4343 1392**

Shop 1, 115 Blackwall Rd Woy Woy

**See Lion Cafe**

Enjoy lunch and dinner on the beach!  
Fresh steaks 'n' seafood  
Friday and Saturday till 9pm  
7 days a week - 7.30am to 5.00pm

At the carpark of Umina  
Beach Surf Life Saving Club **4 3 4 1 6 4 3 5**

**Now also at Ocean Beach Surf Life  
Saving Club Open 7 Days from 6.30am**

Where only the best will do!

**Bremen Patisserie**

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PIES AND PASTIES

Winner of 5 medals in  
the 2009 great Aussie  
meat pie competition -  
try one for yourself!  
Also, give our oyster  
pie a go - Specially  
developed for  
November's Brisbane  
Water Oyster Festival

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Café on the  
Central Coast

**Pearl Beach**  
General Store & Cafe

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1 Pearl Parade, Pearl Beach

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Authentic Taste  
RESTAURANT

Up stairs - 19-21 Broken Bay Road, Ettalong Beach

Authentic food • Take away & Home Delivery • 4343 1851

**Tuesday - Sunday & Public Holidays 5pm to 10pm**

**Impact Plants**

Nursery and Café

The café is located within Impact plants nursery and features  
al fresco dining from a menu of contemporary Australian  
cuisine. The expansive deck area is surrounded by dense  
lush tropical gardens featuring many rare and unusual exotic  
foliage plants. This ambience coupled with exceptional  
coffee and fine food combine to create a truly unique and  
memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Poole Close Empire Bay NSW 2257  
Phone: 4369 1422 Fax: 4369 1485



## Arts & Entertainment



## Making candles

**Ettalong Beach Arts and Crafts Centre will hold a candle-making workshop on Saturday, December 5.**

The session will be held from 9am with tutor Ms Maxine Wass using soy wax.

"You can expect to take home four or more container candles in your choice of fragrance and colour," vice president Ms Dorothy Mulholland said.

Participants will need to bring along an old ice-cream container to carry candles home and an old hand towel.

"Old clothes and an apron are also encouraged."

The workshop costs \$55 for members and \$65 for non members which includes wax, containers, coloured chips, fragrances or essential oils, wicks, labels, notes and tuition.

"This workshop is for a limited number of people and you need to book," Ms Mulholland said.

For further information, phone 4341 8344.

**Newsletter, 12 Oct 2009  
Dorothy Mulholland, Ettalong  
Beach Arts and Crafts Centre**

## Church opens Art Space

**The Anglican parish of Woy Woy opened its doors to the local community over the October long weekend with the opening of St Luke's Art Space.**

Publicity officer Ms Susie O'Donnell said the first exhibition Where Earth Meets Sky to kick off St Luke's Art Space was a huge success with more than 150 people in attendance on October 3.

"The parish council has worked to provide well-lit hanging space along one of the long walls in St Luke's Church to allow for regular exhibitions of work by local artists and school children," Ms O'Donnell said.

"To much applause from the 150 people gathered, the ribbon was cut by the mayor of Gosford Cr Chris Holstein, accompanied

by our local state member Marie Andrews.

"The opening event included a Welcome to Country by local Aboriginal elder Gabi Duncan and the first performance of the Gandana Rainbow Dancers.

"These dancers range in age from under two up to 13 years, both boys and girls, and the group has been using the other centre in the parish, St Andrew's in Umina to rehearse.

"The Peninsula Choir, a local ecumenical choir which also rehearses in the premises, also performed and we had an enchanting presentation of local animals and bush tucker from the Australian Walkabout Wildlife Park.

"The children especially enjoyed holding the snakes."

According to Ms O'Donnell, the event was designed to tie in with the conclusion of the Season of Creation on St Francis Day.

"That afternoon at our Sunday Night Live gathering, the children enjoyed making animal masks and face-painting as we all climbed aboard Planet Ark to take our message to Prime Minister Kevin Rudd about our longing for a low emissions target to be set at Copenhagen," Ms O'Donnell said.

"All in all, the weekend expressed our aims of care for creation, reconciliation and engagement with the local community."

The exhibition will run for around three months and is open 10am to 4pm Monday to Friday and by appointment on weekends.

**Press release, 9 Oct 2009  
Susie O'Donnell, St Luke's  
Anglican Church**

## Interested in new workshops?

**Ettalong Beach Arts and Crafts Centre are looking for expressions of interest to take part in a number of new workshops next year.**

Workshop ideas include garden design, crochet, card making and scrapbooking as well as ceramics.

"Ettalong Beach Arts and Crafts Centre is looking to introduce four one-off workshops in 2010," according to vice president Ms Dorothy Mulholland.

"Expressions of interest are sought and if enough people are interested then we can organise a workshop.

"If you are interested in doing a workshop or joining a class let us know by phoning 4341 8344."

Ms Mulholland said a ceramics workshop has already been confirmed for April next with tutor Petra Svoboda.

"The workshop will cover

monoprinting with slips and lino block printing.

"Petra holds many fine arts degrees and has held numerous selected exhibitions in Australia and overseas.

"In 2004, she developed a workshop focusing specifically on various printing techniques for ceramics and has run these workshops at Gympie, West Wollongong and Brookvale TAFE's as well as Willoughby Art Centre, Hazelhurst Art Gallery and Sturt Craft Centre.

"Positions in this workshop are limited and all enquiries and bookings should be made by phoning Annis on 4342 3642."

The ceramics workshop costs \$70 for members and \$80 for non members including some materials.

**Newsletter, 12 Oct 2009  
Dorothy Mulholland, Ettalong  
Beach Arts and Crafts Centre**

**TERRIFIC TUESDAYS**

**All Hires**

**\$2** each

Tell 'em you had a

**"BIG WEDNESDAY"**

**All Weeklies**

**\$1** each

**SUPER SUNDAYS Games \$3 ea.**

Standard membership conditions apply. All prices include GST

**Blackwall Road Woy Woy**

**Opposite Leagues Club 4344 6969**

**Woy Woy Little Theatre Inc.**

*A comedy*

**DRIPPING**

**WOODY ALLEN's with LAUGHS**

**Don't Drink The Water**

Directed by Christine Vale

October 30 - November 15, 2009

**THE PENINSULA THEATRE**

Cnr. Ocean Beach Rd. & McMasters Rd. Woy Woy

Sponsored by Peninsula Community Access

**News**

**BOOKINGS: 4344 4737**

10am-2pm Mon.- Fri. from 19th Oct.

Tickets: Adults \$20, Concessions \$17, Child <15 \$6

Community Theatre on the Central Coast  
www.woywoylt.com.au



## Folk club hosts annual favourite

The Troubadour Central Coast folk club will meet at the CWA Hall opposite Fisherman's Wharf in Woy Woy on Saturday, October 31.

Club president Mr Bill Bekric said the monthly meeting would feature a performance from the group, the New York Public Library, from 7pm.

"One of our favourite annual visitors, this group has it all," Mr Bekric said.

"Excellent musicians and entertainers, they have an infectious love of fun and enjoyment that comes across with everything they do.

"Together for 25 years, they still generate a spontaneity that is fresh

and new.

"Having seen them a few times, I still look forward eagerly to every concert.

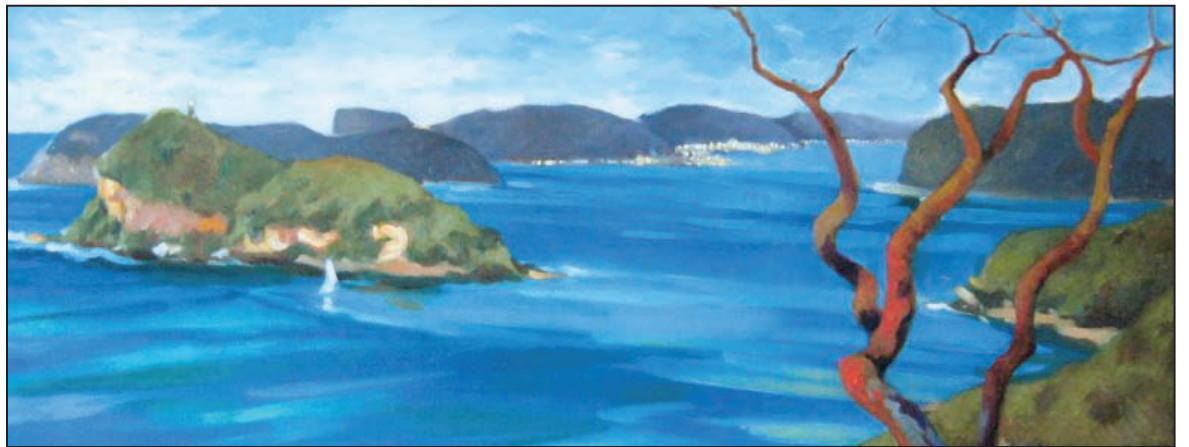
"Floor spots will also be available on the night."

Mr Bekric said the club's variety concert held last month was a great hit.

"Our very own floor spot regulars outdid themselves with a variety concert to equal anything I have seen in that format.

Mr Bekric said he was so impressed with the quality of our floor spots he was negotiating with Newcastle Folk Club to visit them one night next year to show off the talent.

**Press release, 8 Oct 2009**  
**Bill Bekric, Troubadour**  
**Central Coast Inc**



## Exhibition at the Botanic Gardens

**An exhibition featuring Pearl Beach artist Ms Marijke Greenway will be held at the Sydney Royal Botanic Gardens from October 23 to November 5.**

The exhibition will be held in the Palm House and showcase 150 paintings of Ms Greenway's journey along the waterways, bush and beaches of the Central Coast.

According to Ms Greenway, the Peninsula landscape has provided a huge amount of inspiration for her artworks.

"How can I not be inspired with the sea in front, the bush behind, creeks and lagoons, wetlands and forests with magnificent gums, the beautiful mangroves, and tidal lines on mud and beaches," Ms Greenway said.

"Then there is the evidence of habitation, especially early settler's cottages and jetties with moored

boats or anchored boats that urge you to hurry before the wind pulls them around and the water gets too ruffled to see their reflections, as the reflections themselves are a good enough reason to paint boats.

"There are the many boat sheds that change their coats of paint as the years go by, as do several of the old boats that have been around for years.

"Each time you return to a painting spot, something has changed and sometimes you are glad that you recorded it in paint before it changed too radically."

Ms Greenway and her husband John moved to Pearl Beach to retire in 1999, where they continue to make themselves busy in the local community.

She said the Peninsula was such a wonderful place to live and paint because of accessibility and

variety of subject matter.

"I am sure that Sydney and surrounds offer as much beauty as our Peninsula, but can you get there easily, park your car close enough to the chosen painting spot and feel safe enough to stand there, even alone?" Ms Greenway asked.

"Ninety per cent of my work is done in front of the subject.

"I much prefer being outside, on site.

"My personal heaven is brush in hand, bush in front and the song of magpies overhead."

**Clare Graham, 15 Oct 2009**  
**Interviewee: Marijke**  
**Greenway, Pearl Beach**



Elana (inset) very proudly shows her magic dragon

## Pottery proves popular

**Classes for children's pottery at the Ettalong Beach Arts and Crafts Centre are proving popular with three classes per week being offered by local tutor Ms Annis Seymour.**

Children's Pottery Classes are now being offered every Wednesday from 2.30pm and two Saturday sessions from 9am and 11am.

Term four classes commenced on October 12, at the centre.

"The children's pottery class is going from strength to strength with three classes a week being held to accommodate the demand," Ms

Seymour said.

"Some of the students are home-schooled and it is good to know that we can play a role in the education of these children.

"The children have made an array of items in term three including goblets, candle holders and wonderful elephant sculptures.

"Seven-year-old Elana was very proud to show her magic dragon, Firey.

"Elana described how she made her dragon and the delight on her face was wonderful to see."

**Newsletter, 12 Oct 2009**  
**Annis Seymour, Ettalong Beach**  
**Arts and Crafts Centre**

## Blues for Black Friday

**A group of the "best blues artists from Australia" are set to perform at Black Friday Blues in Woy Woy on Friday, November 13.**

"Whenever there is a Friday the 13th, a Black Friday, Earl is going to gather together the best blues artists from Australia that he can find," according to publicity officer Ms Lisa Kelly.

According to Ms Kelly, the show at the Everglades Country Club will feature performances from Robert Susz and the Continental Blues

Party.

"Susz is best known as front man of the 1980s hit band The Dynamic Hepnotics and later went on to form The Mighty Reapers," Ms Kelly said.

"He now heads up The Continental Blues Party, a five-piece band of blues, soul and funk musicians.

"Also appearing on the bill is Glenn Cardier and Earlwood Greg."

**Press release, 1 Oct 2009**  
**Lisa Kelly, Black Friday Blues**

## Spring fair

**Umina Uniting Church**  
**346 Ocean Beach Road**

**SATURDAY**  
**24th October**  
**8am - 1pm**

**Featuring Brisbane Water Brass**  
**Band at 10am.**

**Wide variety of stalls**  
**cakes, jams, craft, plants,**  
**2nd hand books, cards, sweets,**  
**Trash & Treasure, Avon, hot**  
**scones, morning teas, BBQ,**  
**drinks, Natural soaps. Alpha**  
**Candles, silver jewellery,**  
**porcelain painting etc**  
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Your choice of a Lamb Roast, Lambs Fry and Bacon or Lamb shank
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Your choice of pasta and delicious sauce with a free glass of Gum Greek Wine
- Wednesday Toohey's  
300g Steak Special  
A mouth watering 300g T-Bone Steak with a free schooner of Toohey's

\* Conditions apply



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**Saturday**  
**7th November**

**the 3Bs show**

**Prawn and Chicken**  
**Night \$26.90**

**Show tickets \$10.00**  
**Doors open at 7.30pm**

**Enjoy the sounds of the**  
**Beach Boys, Bee Gees**  
**and the Beatles**



# What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

**BFC**, Beachside Family Centre, Umina Public School

**CWA**, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

**EBACC**, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

**EBWMC**, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

**ECC**, Everglades Country Club, Dunbar Rd, Woy Woy, enq: 4341 1866

**EMBC**, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

**EPH**, Ettalong Progress Hall, Memorial Ave, Ettalong

**ESCC**, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

**CLOSED TEMPORARILY**, Call 4325 8292 for relocation details

**MOW**, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd **CLOSED TEMPORARILY**

**PBPH**, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

**PCC**, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

**PCYC**, Osborne Ave, Umina Beach, enq: 4344 7851

**PWHC**, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

**RBG**, 207 West Street Umina - 0409774467

**UCH**, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

**WH**, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

**WWAC**, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

**WWEC**, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

**WWLC**, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

**WWPH**, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

## DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf.

**Playtime** Mon-Fri 9am, Little Gym **PCYC**

**Better Hearing Class** Mon-Fri 1.45pm, **ESCC**

## TUESDAY

**First Tuesday of every month**

**Buffalo Primo Lodge** No 9, 7pm, **UCH**.

**The Peninsula Environment Group (PEG)**, 6.30pm, more info @ www.peg.org.au **WWEC**

**Second Tuesday of every month**

**True Blue Meeting**, 1.30pm; **Toastmasters**, 7pm, **EBWMC**

**Get Together** afternoon tea, **ESCC**

**Pearl Beach Craft group**, 1.30pm, **PBPH**

**Stroke recovery** group, 11am,

PCC .

**Diabetics Support Group**, 10am, **ECC**

**Animal Welfare League**, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

**Third Tuesday of every month**

Burrawang Bushland reserve **bushcare**, Nambucca Dr playgrnd, 9am, enq: 4341 9301

**Buffalo Lodge** Knights Chp9, 7pm, **UCH**

**Woy Woy Peninsula Arthritis Branch**, 10am, enq: 4342 1790, **PCC**

**ACF meeting**, 7.30pm, **WWEC**

**Fourth Tuesday of every month**

**Toastmasters**, 7.15pm, **EBWMC**

**Combined Pensioners** assoc afternoon tea, enq: 4341 3222, **ESCC**

**Every Tuesday**

**Free herbal clinic**, enq: 0437 401 810 **PWHC**

**Woy Woy Blood BankA @ Hospital** Ocean Beach Rd, Woy Woy, 1-7pm

**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**

**Silk craft** 10am

**Mums & bubs playgroup** 1pm

**Pastel classes for kids** 4pm **RBG**

**Scrabble** 9am, Empire Bay Progress Hall, enq: 4369 2034

**Free Tax Help** by appt; **School for Seniors** Have a Chat, 10am; **U3ADiscussion Groups**, 11am;

**Cards**, 1pm-3pm; **Over 55s Learn to Play Bridge**, 1pm; **Playgroup**, 9am; **Occasional Care**, 9am-3pm; **The Web**, From 2pm;

**Dance & Theatre School**, 3.45pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Motivation & Empowerment classes**; **Craft**, 9am, **PCC**

**Rotary Club of Woy Woy**, 6pm, **ECC**

**Handicraft**, 9am; **Latin Dancing**, 9.15am; **Cards**, 12.30pm **ESCC**

**Alcoholics Anonymous**, 6pm, John the Baptist Church Hall, enq: 4379 1132

**Carpet Bowls**; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, **EBWMC**

**Tai-Chi** classes, 9.30am (ex sch hols), enq: 4360 2705, **WH**

**Folk Art**, 9.30am; **Silk Dyeing**, 1pm, **EBACC**

**Children's story time**, Umina library, 10.30am (Except Jan).

**Sahaja yoga meditation**, 10.30am only, enq: 4368 2847, **CWA**

**Playgroup**, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH**

**Woy Woy Blood Bank**, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

**Tap Dancing**, 6pm, enq: 0438 033 039, **EPH**

**Supported Playgroup** for first time and single parents, 12.30pm-2pm, enq: 4340 1111, **BFC**

**WEDNESDAY**

**First Wednesday of every month**

**CWA** 10am, handicrafts, enq: 4372 2069

**Coffee Morning**, social get-together, 10am, **PWHC**

**Second Wednesday of every Month**

**Red Cross**, Umina branch meeting, Umina Uniting Church Hall, 1.30pm.

**Woy Woy Auxiliary**, 10am, enq: 4344 2599

**Probus Club** Umina Beach, 9.30am, **ECC**

**CWA** 10am, handicrafts, enq: 4372 2069

**Third Wednesday of every Month**

**Wrap With Love** knitting group 10am, **PWHC**

**Fourth Wednesday of every month**

**Woy Woy CWA** 10am craft, 1pm business meeting, enq: 4372 2069 **CWA**

**Everglades Probus Club**, 10am, **ECC**, enq: 4341 0664

**Drumballa Drum Circle** 7.30 **RBG**

**Every Wednesday**

**Women's Health Clinic**, three times a month, enq: 4320 3741; Counselling by Donation

**PWHC**

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

**St John's Ambulance**, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 **PCC**

**Craft for love & Garden club** 10am **RBG**

**Free Tax Help** by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12; **Multicraft Needlework**, 10am-12; **Playgroup**, 10am - 12;

**Bridge Club**, 9.30am & 7.30pm, **The Web**, 2pm;

**Physical Culture Club**, 3.30pm; **Coast Care Counselling**; **Weight Watchers**, 6pm; **Belly Dancing**, 7pm and 8pm;

**Dance & Theatre School**, 3.30pm; **Motivation & Empowerment** classes; **Brisbane Water Scrabble Group**, 6pm; **St John Ambulance Service Peninsula Division meeting** 7.30pm

**PCC**

**Peninsula Choir rehearsal**, 7.30pm, St Andrews Hall, Umina.

**Seniors fitness**, 9am, enq: 4332 8550; **Woy Woy Judo Club**, 5.30pm, enq 0434000170 **EPH**

**Oils & Acrylics**, 9am; **Pastels & Drawing**, 11.30am, **EBACC**

**Children's story time**, Woy Woy library, 10.30 (Exc Jan)

**Alcoholics Anonymous**, 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

**Handicraft**, 9am, enq: 4341 1073, **CWA**

**CWA Umina Beach craft day**, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

**Rotary Club of Umina**, 6pm, enq: 4369 2275 **ECC**

**Dance Club**, 1pm, **EBWMC**

**Empire Bay Tennis**, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

**Leatherwork**, 9am; **Table Tennis**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm; **Group Fitness**, 1pm; **Yoga**, 2.30pm **ESCC**

## THURSDAY

**First Thursday of every month**

**Brisbane Water Senior Citizens**, 1pm, **EBWMC**

**Second Thursday of every month**

**Women's Health Clinic**, enq: 4320 3741, **PWHC**

**Australiana Bus Trips**, **PCC**

**Third Thursday of every month**

**Brisbane Water Senior Citizens**, 1pm; **EBWMC**

**Fourth Thursday of every month**

**Free immunization** clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am **BFC**

**Umina Peninsula Mixed Probus Club**, 10am, new members welcome, enq: 4343 1039 **ECC**

**Women's Friendship Group**, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

**Every Thursday**

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

**Creative Writing**, enq: 4369 1187, **CWA**

**Occasional Care**, 9am; **Yoga**, 10am; **School for Seniors**, **Australiana**, 10.30am; **Bridge**, 12pm; **The Web**, 2pm; **Yoga**, 9.30am; **Coast Care Counselling**, **Dance & Theatre School**, 3.30pm; **Motivation & Empowerment** Classes; **Drumbala Kids Drumming** 4.30pm; **Adore Music Tuition** 4.30pm; **Community College courses** inc. painting, drawing, beading, languages and meditation; **Ballroom Dancing**, 9am, **PCC**

**Free entertainment**, 6.30 pm; **Ballroom Dancing**, 10am; **Trivia**, 7pm; **Indoor Bowls**, **Fishing Club Raffle**, 5.15pm, **EMBC**

**Bouddi Women's Drumming**, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

**Scrabble**, 12.30pm, **WWPH**

**Children's art classes**, 4.30pm, **EBACC**

**Card Club**, 1pm; **Chess Club**, 7.30pm, **EBWMC**

**Tai Chi** 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm; **Cards** noon, **ESCC**

**Social Tennis**, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

**Adult tap dancing**, 10am, enq: 4342 3925, **EPH**

**Fairhaven Services Cash Housie**, Ettalong Bowling Club 7.30pm

**Dance**, 9am; **Cards**, 12pm; **Tai Chi**, 1pm; **Table Tennis**, 1pm, **ESCC**

**Pilates**, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH**

**St John the Baptist Craft Group**, 9am to 12pm, \$3 for morning tea, all welcome, enq: 4344 2064, meet at

Walter Baker Hall (opp church)

## FRIDAY

**First Friday of every month**

**Legacy Ladies**, 9am, **EBWMC**

**Second Friday of every month**

**month**

**Book Bazaar**, book Club, 10:30am, enq.42422482

**RSL Sub Branch** meeting, 2.30pm, **EBWMC**

**Third Friday of every month**

**Legacy Ladies**, 9am, enq: 4343 3492, **EBWMC**

**Fourth Friday of every month**

**South Bouddi Peninsula Community Assoc**, 1.30pm, enq: 4360 1002, **WH**

**School for Seniors Bushwalking**; **Civilian widows**, 1pm, **ESCC**

**School for Seniors Bushwalking**, **PCC**

**Every Friday**

**Kids entertainment**, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

**Bingo**, 11.30am, enq: 4343 1664, **UCH**

**Lollipop Music Playgroup** (0-4 years), enq: 4343 1929, **BFC**

**Old Wags Bridge Club**, (except 4th Fri) 1:30pm, enq: 4360 1820, **WH**

**Active Over 50's Exercise Class**, 9.15am, enq: 4342 9252, **EPH**

**Watercolour Painting**, 10am, **EBACC**

**Painting**, 9am; **Line Dancing**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm **ESCC**

**Gym Sessions**, 8am; **Gym Circuit**, 9am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

**Peninsula Pastimes**, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), **Primary Kids Club**, 4.30pm, enq: 4343 1237 **Alcoholics Anonymous**, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

**Hardys Bay Community Church**, **indoor bowls**, **canasta**, **scrabble**, **morning tea** 10am, enq: 4363 1968

**Occasional Care**, 9am; **Kindy Gym**, 0-3s, 9.15am, 3-5s, 10.20am; **Weight Watchers**, 9.30am; **Smart Recovery**, 10am; **Bridge Club**, 12pm; **The Web**, 2.30pm; **Kempo Karate**, 5.30pm; **Dance & Theatre School 4pm U3A Courses**; Free financial counselling, alcoholics anonymous, 6pm; Pilates, 8.15am; Overeaters Anonymous 7.30pm; Painting, 9.30am, **PCC**

**Women's walking** group, 9am-11am, **PWHC**

**Fishing Club**, **EBWM**

**Krait RSL Day Club**, 10:30am, Kooinda Village, enq: 4341 8151

**Fairhaven Services**

**Cash Housie**, East Gosford Progress Hall, 7.30pm

**Old Wags Bridge Club** (except 4th Friday of month), 1:30pm, enq: 4360 1820, **WH**

**Friendship for Seniors**, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

**Woy Woy Judo Club**, 5.30pm, enq 0434000170 **EPH**

**Tai Chi** for blind or vision impaired, 2pm, enq: 4324 064 **Umina Uniting Church**

**SATURDAY**

**First Saturday of every month**

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, **EBWMC**



## What's On in and around the Peninsula

### Second Saturday of every month

**Book Club**, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq: 0412 252 709

**Melaleuca Wetland Regeneration** Group, Boronia Ave, Woy Woy, 8am

**Bushcare group**, Pretty Beach, end Araluen Track, 8am

**Ex-Navalmen's** Assoc, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712; Chatterbox Group, **PCC**

### Third Saturday of every month

**Umina P&C Bushcare**, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Peninsula Residents Association (PRA)**, 3PM **WVEC Market Day**, 9am, Sydney 2000 Park, **UCH**

### Fourth Saturday of every month

**Troubadour Acoustic Music** Club, 7pm, enq: 4341 406, **CWA**

### Last Saturday every month

**Bushcare** Wagstaffe group, meet Half Tide Rocks sign, 8am

**Melaleuca Wetland Regeneration** Group, Boronia Ave, Woy Woy 8am

### Every Saturday

**Vision Impaired Woy Walkers** Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**

**Children's Pottery**, 9am; **Silvercraft Class**, 1pm **EBACC**

**Weight Watchers**, 8.30am; **Dance & Theatre School**, 9.30am;

**Bridge Club**, 12pm; **Photography course (monthly)**; **The Web** 5pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**

**Cash Housie**, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

**Chess Club**, 1pm, **EBWMC**

**Gym Sessions**, 9am; **Drama & Discovery**, 9am, **PCYC**

**Brisbane Water Bridge Club**, 12.30pm, enq: 4341 0721, **WWLC**

**Al-anon/Alateen** family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

**Social Dance**, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

## SUNDAY

### First Sunday of every month

**Umina Boardriders** meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

### Second Sunday of every month

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

### Third Sunday of every month

**Bushcare** Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 **Ettymalong Creek Landcare**, Ettalong Rd, Umina, 8am, enq: 4342 2251

**EBWM Fishing Club** competition, Club House in Beach St, Ettalong.

**Peninsula Environment Group**, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www.peg.org.au

### Fourth Sunday of every month

**Old Time/New Vogue Dancing**, 1pm-4pm **ESCC**

### Last Sunday of every month

**Alliance Française** "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

**Lions Club** Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

**The Bays Community Group** **Monthly Aussie Hot Breakfast** \$8.50 adults, \$4 kids Bays Community Hall, Woy Woy Bay

### Every Sunday

**Fijian Cultural Group**, 11am-4pm; **Coast Community Church Services**, 9am & 5pm, enq: 4360 1448; **Full Life International Church**, 10am-3pm, **PCC**

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm

**Patonga Bakehouse Gallery**, 11am, enq: 4379 1102

**Umina Blue Swimmers Mens Winter Swimming Club**. swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

## MONDAY

### First Monday of every month

**RSL Womens' Aux**, 9:30am, **EBWMC**

**Endeavour View Club** Luncheon, enq: 4344 3825, **ECC**

**Pretty Beach PS P&C**, Resource

Centre, 7:30pm, enq: 4360 1587

**Grandparents Parenting Support Group**, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

**Country Women's Association meeting**, 10am, CWA Hall, Umina, enq: 4341 5627

### Second Monday of every month

**Book Club**, 7pm, enq: Mandy 4342 2482

**Women 50+ Group Chat**, **PWHC RSL Women's Auxiliary**, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**

**Kilcare Heights Garden Club**, 10:30am, enq: 43601595

**Coastal Crones (over 50's)**, Friendship group **PWHC**

**Labor Party** Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

### Third Monday of every month

**War Widows**, 1pm, 43410286, **EBWMC**

**Wagstaffe to Killcare Community Association**, 7:30pm, enq: 4360 2945, **WH**

### Fourth Monday of every month

**Toastmasters Speechcraft** **Classes**, 6pm, **EBWMC**

**Labor Party** Peninsula Day Branch, 1pm, **CWA**

**Carers support group**, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

### Last Monday of every Month

**WWLT Playreading**, Woy Woy PS, 7.30pm, enq: 4341 2931

### Every Monday

**Umina Cash Housie**, 7:30pm, enq: 4323 3566, **EMBC**

**Walking with other Mums** enq: Liz Poole 4320 3741

**Early Childhood Clinic and Koori Cuppa for Aboriginal families**, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **BFC**

**Yoga**, 9.30am, Ph.4360 1854, **WH**

**Mums Meditation** 10am, Drummimg classes 4pm **RBG**

**Dancing**, 9am; **Mahjong**, 12.30pm; **Fitness**, 1pm, **ESCC**

**Gym Sessions**, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

# Final photo workshop

**Umina photographer Ms Esther Beaton will conduct the final day safari photography tour for the year on Saturday, November 7.**

The final tour will take place at the Wamberal Lagoon and Avoca Beach giving participants the chance to take photos of various waterbirds, rock platforms and tidal pools.

The day tour will also explore the "shaping light" technique of controlling light in high noon, dawn or midnight light.

Other day safari tours throughout the year have taken Ms Beaton and her participants to various locations around the Central Coast including Warrah Trig, Ettalong Point, Bouddi National Park and the Crommelin Native Arboretum in Pearl Beach.

Ms Beaton's work has been published in Time Magazine and National Geographic as well as numerous other magazines around the world.

She frequently carries out assignments for Australian Geographic and was acknowledged as their Photographer of the Year in 1996.

According to Ms Beaton, the

springtime workshops share her skills with other photo-enthusiasts.

"It's not necessary to put yourself in danger to get good photos," Ms Beaton said.

"Although you can sometimes find yourself in scary situations, most of the time it just requires researching the right place, plus a pinch of patience, to photograph nature's beauty. "Here on the Central Coast and especially the Peninsula we have marvellous opportunities for dramatic photography, like our coastal scenery, stunning wildflower displays, fantastic birdlife, and most of it is very safe."

Ms Beaton said during the workshops she will teach participants to see nature in new ways. "Using a camera is more than just the technical controls," Ms Beaton said.

"They are essential, but you also have to have a strong purpose, a real desire to communicate your vision."

"You can find and photograph the beauties of nature in not just the obvious and dramatic but also in its more hidden and subtle aspects."

**Press release, 2 Oct 2009**  
**Esther Beaton, Esther Beaton Wild Pictures**

**Carpet Bowls**, 9am; **Card Club**, 1pm, **EBWMC**

**Fairhaven Cash Housie**, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**

**Arts and Crafts** for people with a disability, 11am, enq: 4341 9333

**Patchwork & Quilting**, 10am; **Pottery**, 10am & 1pm, **EBACC**

**Children's Story Time**, Woy Woy Library, 10.30am, **Occasional**

**Childcare**, 9am; **Central Coast Volunteering**, 9am; **Over 55's**

**Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm;

**Yoga**, 9.30am; **Mad Monday Craft & Cooking**, 11am; **Bridge Club**, 12pm;

**Physical Culture Club**, 4pm; **Coast Care Counselling**, 3.45pm; **Dance & Theatre School**,

3.45pm; **U3A Courses; Ballroom Dancing**, 9am, **PCC**

**Craft group**, 1pm, **BFC** **Fairhaven Services Cash Housie**, 7.30pm, **EMBC**

**Yoga**, 9:30am, enq: 4360 2705, **WH**

**Pilates**, (except 2<sup>nd</sup> Monday of month) 6pm-7pm & 7pm-8pm, **WH**

**Sea scouts**, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

**Girl Guides**, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

**Indian Dancing for Kids**, 3.30pm, enq: 4342 4395, **WVEC**

**Woy Woy Judo Club**. 5.30pm, enq 0434000170 **EPH**

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## Education



Young girl at 2008 Health screening day

## Aboriginal transition to school program

**Local Aboriginal families with children starting school next year are being encouraged to take advantage of a transition to school program being offered on the Peninsula.**

The Benevolent Society's Young Black and Ready for School program supports Aboriginal and Torres Strait Islander families by providing information about what to expect at school as well as ensuring children are healthy and ready for school.

The Benevolent Society's manager of community programs Ms Deb Tipper said two Aboriginal community worker Cassa Hinton had been employed to deliver the program into the local community.

"As part of the project, workers organise community health screening days where all the Aboriginal and Torres Strait Islander families and their children about to start kindy come together for a health screening day and barbecue.

"The children are assessed

for their general health including hearing, dental, vision, speech and immunisation.

"This ensures that all the children are ready and healthy to start their educational journey.

"They also receive a Ready for School pack which includes back pack, drink bottle, lunch box and school hat.

"Parents also get an information pack containing helpful hints on their little ones starting school."

Ms Tipper said the community health days were a wonderful way of bringing together the local Aboriginal and Torres Strait Islander families.

"This makes the transition into kindy a little less stressful and brings awareness about education and how important it is for families to be involved with the school community," Ms Tipper said.

"The community day is supported by a wider range of services and members of the aboriginal community.

"The project is funded through the NSW Department of Community Services.

"As one parent commented last year, 'I loved meeting other Koori families on the day - I didn't think there were any on the Peninsula'."

Families interested in accessing the program should ring The Benevolent Society on 4353 4688.

All children who participate in the program need to be registered.

**Press release, 1 Oct 2009**  
Deb Tipper, The Benevolent Society

## Woy Woy becomes centre of excellence

**Brisbane Water Secondary College Woy Woy Campus will become one of six Centres for Industry Training Excellence on the Central Coast.**

Minister for Education and Training Ms Verity Firth said the Centres for Excellence aimed to develop high quality teaching and improve teacher training.

"This initiative reflects the commitment of Central Coast schools and industry to meeting the training needs of local 15 to 19 year olds, especially as the rise in the school leaving age takes effect," Ms Firth said.

"They will respond flexibly to students' needs and develop excellent employment credential through strong ties with local business and industry."

"NSW is locating Centres for Excellence in 13 primary and secondary schools around the state from next year," Ms Firth said.

"By 2011, 50 Centres for Excellence will be located in every region.

"Each centre will form the hub for a cluster of schools which will extend the benefits to a further 200 schools across the state through Connected Classroom technology."

Ms Firth said the centres would be similar to teaching hospitals and would allow the next generation of teachers to observe high quality teaching firsthand.

"Established staff at the school will also have their skills refreshed through the increased university presence and focus on teacher professional development.

"The schools that have been selected are consistently achieving strong results which are an indication of high quality teaching.

"We want to ensure our teachers receive the best training possible."

**Press release, 30 Sep 2009**  
Verity Firth, Minister for Education and Training

## Naidoc Week prize

**A student from Ettalong Public School was awarded a prize in this year's Naidoc Week School Initiative Competition.**

Tom Stewart received the prize in a ceremony at the school attended by special guest Gosford mayor Cr Chris Holstein.

School principal Mr Colin Wallis said: "There were 202,965

entries from 1093 schools in the competition.

"Chris was particularly impressed by the standard and range of entries received and congratulated and praised the school on our involvement and innovative and effective Aboriginal Education Program."

**Newsletter, 29 Sep 2009**  
Colin Wallis, Ettalong Public School

## Public speaking at Woy Woy

**Woy Woy Public School has hosted the finals of the Central Coast schools' public speaking competition.**

School principal Ms Ona Buckley said the quality of the speeches from students was "amazing".

"Fancy our little kindergarteners being so confident and getting up on the stage and giving their speeches in front of that large audience and a table of judges," Ms Buckley said.

The students included Brayth Cromer, Kaia Verheyen, Madalyn Macleod and Amy Robinson (joint winners) as well as Alex Simpson, Amelia Williamson, Larissa Anthony and Brianna Kelly.

Event coordinator Mr Lee Simpson said students from Kindergarten, Year One and Year Two took part in the competition.

**Newsletter, 1 Oct 2009**  
Ona Buckley, Woy Woy Public School



### WOY WOY JRLFC NOTICE OF ANNUAL GENERAL MEETING

**The 2009 Annual General Meeting of Woy Woy JRLFC will be held Monday 26th October 2009 at Woy Woy Leagues Club commencing - 7.00pm. Nomination forms can be found at [www.woywoyjrlfc.leaguenet.com.au](http://www.woywoyjrlfc.leaguenet.com.au)**

**The Secretary, Russell Downey  
Woy Woy JRLFC,  
PO Box 818, Woy Woy 2256.**

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For all enquiries and registrations, contact Sarina on **0403 879 772** or email **kellybellydancer@hotmail.com**





## Call to audition

**Woy Woy Public School will hold its annual Talent Show on Thursday, October 29.**

School principal Ms Ona Buckley said all students were welcome to audition on October 26, with students expected to be rehearsed and ready to perform on the day.

"It is a formal audition and all

acts need to be rehearsed and ready to perform," Ms Buckley said.

"For example, if you are singing a song, know the words; and if you are going to dance, know the steps.

**Newsletter, 22 Sep 2009  
Ona Buckley, Woy Woy  
Public School**

## Springtime fete at Empire Bay

**Empire Bay Public School will hold its annual Springtime Fete on Saturday, November 7, from 11am to 3pm.**

Activities on offer will include pony rides, jumping castle, mini jeeps and The Storm ride.

Tickets are available for unlimited access to rides for \$25 on the day and \$20 pre-purchased from the school.

Craft, cake, white elephant and plant stalls will also be held on school grounds.

Local emergency service

workers from the ambulance, police and fire brigade will pay a visit to the event.

Participants will have the chance to win some prizes in the fete raffle including accommodation at Ocean Beach Holiday Park in Umina, a dinner and show at Lizotte's restaurant in Kincumber and a gym membership for Curves Woy Woy.

Tickets are available for \$1 each and winners will be drawn on the day.

**Website, 13 Oct 2009  
Empire Bay Public School**

## Trent finishes third

**Trent Buhagiar of Year 5 at Umina Public School has finished third in long jump in the Sydney North Athletics Carnival in Homebush on September 16.**

He was among 22 students from Umina Public School competed.

Trent will now compete at the NSW State Athletics Championships early next term.

The Umina students competed against hundreds of student

athletes, according to the school's event coordinator Mr Michael Murphy.

"The team manager on the day contacted the school after the carnival and expressed his gratitude at the behaviour and effort that students from Umina showed," Mr Murphy said.

"We had some fantastic individual and team performances.

**Newsletter, 22 Sep 2009  
Michael Murphy, Umina  
Public School**



## In spelling final

**Four students from Woy Woy Public School participated in the regional final of the Premier Spelling Bee Challenge at Ettalong Public**

**School recently.**

The four were Alex Simpson, Astrid Carney, Summer Dawson and Nora Holmes.

"All four conducted themselves with maturity and true

sportsmanship and our school is very proud of you all," said principal Ms Ona Buckley.

**Newsletter, 1 Oct 2009  
Ona Buckley, Woy Woy  
Public School**

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## Folk music at The Bays

**The Bays Community Group will host a Troubadour Concert and Jam Session at the Bays Community Hall on Saturday, November 7, supported by the organisers of the Troubadour Central Coast folk club.**

Event coordinator Ms Marilyn Russell said the "young, young at heart and not so young" would be welcome.

"Bring your friends, family, instruments, voices, and join us for a concert and jam session with the Troubadour Folk and Acoustic Music group," Ms Russell said.

Ms Russell said floor spots were

still available for local musicians to join in the fun and perform on the night.

"After the concert, you are invited to a jam session."

The evening will begin from 6pm with a barbecue followed by the concert at 7pm and jam session from 8pm to 10pm.

Entry to the performance night is by gold coin donation.

The Bays Community Hall is located at 19 Woy Woy Bay Rd, Woy Woy Bay.

For details, contact Michael Magro on 4341 2719.

**Press release, 6 Oct 2009  
Marilyn Russell, The Bays  
Community Group**



## Tutor leaves for overseas

**Silvercraft tutor Ms Marcelle Clelland is to leave Ettalong Beach Arts and Crafts Centre for an overseas tour, according to vice president Ms Dorothy Mulholland.**

"Marcelle, who has been teaching at Ettalong Beach Arts and Crafts Centre for many years now, will be heading overseas for two years with her husband John," Ms Mulholland said.

"They plan on buying a Winnebago and travelling around

the UK and Europe enjoying the art and history along the way.

"Marcelle, a talented jewellery designer, has been responsible for teaching many students the joy of designing and making their own jewellery."

The centre is currently looking for a tutor to replace Ms Clelland for her weekly silvercraft classes on Saturdays from 1pm.

**Newsletter, 9 Oct 2009  
Dorothy Mulholland, Ettalong  
Beach Arts and Crafts Centre**



## Rock pool benefits from weekend

## Malibu results

**Ocean Beach Malibu held its monthly contest at Umina Beach on Sunday, October 11.**

Club publicity officer Mr Craig Coulton said conditions improved throughout the day for local surfers.

"With three to four foot waves left over from the big swell earlier in the week, along with an 8am low tide, things weren't looking too promising at sunrise," Mr Coulton said.

"But as the tide rolled in there was a vast improvement in shape with both a left and right hand break developing either side of the rip.

"Unbeaten before his departure to the USA several months ago, Matty Sing made his return determined to keep his perfect record intact.

"Successful in his round one heat in a very tight battle with Mark Williams, Matty then earned a round two showdown with Hayden Emery in the firsts.

"With much verbal stouthing going on between the pair in the lead-up to the heat, Hayden was the surfer to end up receiving maximum points for the day, finishing two points clear of Matty, with Richie McClelland surfing very well to take out third by 0.2 points

from Kai Ellice-Flint and Mitch Bolton, which required a first wave count back to separate them."

According to Mr Coulton, "great surfing" was seen by all surfers throughout the competition.

"In the seconds, Calyn Wilkinson led the way over Mark Williams and Brett Wakelin with only half a point between each," Mr Coulton said.

"The thirds had Luke Cousins victorious over Garry Halliday and Len Wilkinson while in the fourths, Mick Magurren beat Craig Coulton, with Mark Rylands taking third spot.

"After several late withdrawals, only two surfers competed in the fifths with Billy Burke scoring a first from Neville Gough."

**Press release, 11 Oct 2009  
Craig Coulton, Ocean  
Beach Malibu Club**

**The Pearl Beach Rock Pool Fund stands at \$55,000 after a weekend of activities to celebrate 80 years at Pearl Beach.**

President of the Pearl Beach Progress Association Mr Rod Craig said the weekend was a great success especially in launching the history book Pearl Beach and Progress, the Story of a Community and an Ideal 1929 to 2009.

"I am delighted that this much anticipated book, written by local resident and renowned historian Beverley Kingston, is now available during our 80th anniversary celebrations," Mr Craig said.

The weekend activities also featured local artists Ms Jocelyn Maughan and Mr Robin Norling who created portrait sketches with proceeds going to the Pearl Beach Rock Pool Fund.

The Central Coast Conservatorium of Music Jazz Quartet played smooth jazz to

entertain the visitors while the John Hearder Retrospective Photographic Exhibition was held in the Pearl Beach Memorial Hall.

Held over the three days, more than 500 visitors attended the exhibition coming from as far away as Cooma, Bathurst, Leura and Northern NSW.

Musical entertainment throughout the weekend was provided by local performers Giuseppe Zangari, Kim Cannon

and Diane Orton.

An exhibition was staged by the Pearl Beach Rural Fire Service, with a display of vintage fire trucks.

A photographic display showed local activities including Bush Care, the Pearl Beach Plodders, Craft Group and the Crommelin Native Arboretum.

**Press release, 14 Oct 2009  
Lynne Lillico, Pearl Beach  
Progress Association**

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## Sport



## Fun run held in strong winds

**Umina Beach Surf Life Saving Club held its second annual fun run in "difficult conditions" on September 27.**

The Umina Beach Sand Slog coincided with the same week as the dust storms that brought strong winds and a thick red haze to many towns along the Queensland and NSW coastline.

Event coordinator Mr Greg Brown said the difficult conditions did not affect the good times recorded by

race category winners.

"The event held three race categories including a 10 km, five km and two kilometer race for the 11 years and under participants," said Mr Brown.

"With strong winds predicted, we were worried that a further dust storm would destroy the event and significantly reduce the number of entrants.

"Fortunately the dust held off but the winds persisted, not the best conditions for a run.

"The runners faced a combination

of both hard and soft sand terrains with the added influence of a strong headwind wearing on the legs of all participants, challenging even the top runners.

"Even with the difficult conditions there were good times recorded by the winners."

Charlie Brookes recorded a time of 20.07 minutes in the five km event while the winner of the women's five km race was Suzy Woodburn with a time of 22.42 minutes.

The 10 km section was won by Mark Wilson in 41.16 minutes and in the women's Katherine McMurkrie clocked up 51.19 minutes to win the event.

**Press release, 5 Oct 2009**  
Greg Brown, Umina Beach Sand Slog

## Umina Beach wins Weekend of Surf

**Umina Surf Life Saving Club has won the Weekend of Surf Carnival in Forster at the start of the month.**

The surf club had more than 20 competitors competing in the Iron Man on Saturday and 50 competitors lining up for carnival competition on the Sunday.

Age category winners for the carnival from Umina included Rachel Wood for the Under-11s girl's division and Teigan Miller in the Under-14 girl's.

Holly Spender won the 30s women's division and Kerry Armstrong Smith took out the 40s category.

The Nippers March Past team came first and the Masters March Past team who came fifth.

After two days of the carnival the points were tallied and Umina were

announced as the winning club, regaining the trophy from Swansea Belmont.

The Umina club has already enrolled 290 Nippers and more than 120 seniors for the start of the new season.

To celebrate 50 years on the Peninsula, Umina Beach Surf Life Saving Club will also be hosting a weekend of festivities across the weekend of October 30 and 31.

"Many past members are travelling from interstate and afar to attend this momentous occasion," said secretary Ms Christine Lavers.

"We are expecting the majority of our foundation and life members as well."

**Press release, 14 Oct 2009**  
Christine Lavers, Umina Beach Surf Life Saving Club

## Nominations

**Woy Woy Junior Rugby League Football Club is calling for nominations for its committee at its annual general meeting on Monday, October 26.**

The meeting will be held at Woy Woy Leagues Club from 7pm. Club secretary Mr Russell

Downey is encouraging local rugby league supporters to get involved in the local club by nominating for positions for next season.

Nomination forms can be found at [www.woywoyrflfc.leaguenet.com.au](http://www.woywoyrflfc.leaguenet.com.au)

**Email, 7 Oct 2009**  
Russell Downey, Woy Woy Junior Rugby League Football Club

## Cricket knock-out

**Woy Woy South Public School boy's cricket team bowed out of its Cricket Knock Out Competition with a round three loss against Kariong on September 21.**

"The boys batted first and accumulated 81 runs in their innings, a sizeable total with Trae George-Caisley (19) and Hayden Paine (24) making great contributions," team coordinator

Mr Brian O'Dea said.

"Kariong then came out blazing runs and, despite some great bowling from Jordan Priestly (2/8) and Khaleb Tyson (3/10), overtook the Woy Woy South total with plenty of time and spare overs left.

**Newsletter, 22 Sep 2009**  
Brian O'Dea, Woy Woy South Public School

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## WOY WOY RLFC INC. 2009 ANNUAL GENERAL MEETING

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Expressions of interest to PO Box 818 or to [readpg@bigpond.com.au](mailto:readpg@bigpond.com.au).

Enquiries to Football Club Secretary Peter Read 0417 237 882

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Community Access



## Exercise campaign at leisure centre

The Peninsula Leisure Centre will launch a Get Fit For Summer exercise campaign to celebrate its fourth anniversary this month.

The campaign will begin with an open day at the Woy Woy centre on Saturday, October 24.

The event will include "fun and exciting" fitness classes, diabetes (blood glucose) and cholesterol checks, body composition analysis, prizes and giveaways.

Gosford Council's coordinator of leisure and lifestyle Mr Simon Clarke said the event was a great opportunity for community members to test drive the Peninsula Leisure Centre's new facilities.

"The PLC has had more than 1.5 million visits to the centre since it was opened four years ago," Mr Clarke said.

"To celebrate this achievement we have recently invested \$175,000 in new cardiovascular equipment which is now available to members and guests.

"All the activities on the day are free, guests can choose from body pump, cycle, fit ball, body balance, boxing fitness and a beep test to see what best suits their level of ability and personal preference."

The health club will be open free to the public from 7am to 12pm while classes will kick off from 7.15am with a cycle class followed by body pump at 8.30am, hot cycle class at 8.45am, body combat at 9.30am and a fit ball session at 9.45am.

A body balance class will commence at the centre from 10.30am, fitness boxing session at 10.45am and finally a beep test at 11.30am.

"This is a great time to join the centre, as people who become members will save up to \$100 on their membership.

"Benefits for members include; goal setting, two-week check ups, monthly program reviews and personalised care."

Prizes and giveaways on the day include accommodation packages at the Ettalong Beach Mantra Resort, MP3 players, water bottles, Rebel Sport gift vouchers, Musashi gift packs and You Save Chemist giveaways.

The open day will run from 7am to 12pm.

For more information please contact the Peninsula Leisure Centre on 4325 8123.

Press release, 14 Oct 2009  
Andrew Stuart, Gosford Council



Sporties at Woy Woy

## Mini soccer fields for bowls club?

**Gosford Council is currently considering a development application to transform a bowling green into two miniature soccer fields at Woy Woy Bowling Club.**

Council's acting manager of development Mr Jim Mahoney said the two soccer fields would each measure 35 by 35 metres to fit within the existing bowling green on the site.

He said council had received a number of submissions from community members concerned with the proposal.

"Council will be taking all

submissions it receives as part of the public exhibition process into consideration," Mr Mahoney said.

"The miniature soccer fields will be surrounded by a two metre high fence and netting to ensure no balls go outside the area.

"Existing lighting at the site will also be utilised."

Mr Mahoney said the development was a joint venture of Kick Off Soccer and Woy Woy Bowling Club.

Club proprietor Mr Tony Altavilla said the proposed miniature soccer fields would prove to be a good facility for the community.

He said he understood there were concerns over noise, lighting and parking for the new facility but assured the community and local residents that all matters would be addressed.

"There are almost 200 car parking spaces at the club now, existing lighting will be used and as for noise concerns, the club already holds functions and bowls on a regular basis which doesn't seem to affect surrounding residents."

Clare Graham, 14 Oct 2009

Interviewee:

Jim Mahoney, Gosford Council  
Tony Altavilla, Woy Woy Bowling Club

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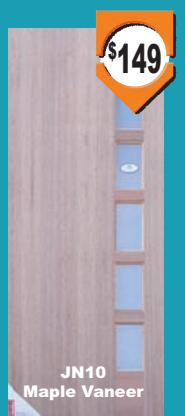
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FLOMAXTRA 30 TABS	\$48.50	RHINOCORT AQ 64MCG 240	\$48.45
FOSAMAX 70MG ONCE WEEKLY	\$47.00	ROZEX GEL 0.75% 30GM	\$17.95
FOSAMAX PLUS 70MG ONCE WEEKLY	\$46.30	SERC TABLETS 16MG 25	\$20.55
HAVRIX*HEPATIT A 1440 SYR	\$62.53	STIEVA A CRM 0.05% 25GM	\$21.05
HYDROZOLE CRM 50GM	\$15.80	STIEVA A CRM 0.1% FTE 25G	\$25.25
IMIGRAN TABS 50MG X4	\$23.00	TRIFEME TAB 4X28	\$13.99
IMOVA NE TABS 7.5MG 30	\$23.95	TRYZAN 2.5MG X30 TAB	\$8.99
IPOL POLIO VACCINE CSL	\$40.50	TRYZAN 5MG X 30 TAB	\$9.99
JULIET ED 3X28	Generic - Brenda	TRYZAN 10MG x 30 CAPS	\$15.99
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KARVEA TAB 150MG 30	\$18.99	VARILRIX CHICKEN POX 1	\$57.95
KARVEA TAB 300MG 30	\$22.99	VIAGRA TABLETS 50MG 4	\$61.95
KARVEZIDE 150/12.5 X 30 TAB	\$21.99	VIAGRA TABLETS 100MG 4	\$63.95
KARVEZIDE 300/12.5 X 30 TAB	\$25.99	VIVAXIM 1ML SYRINGE	\$104.35
KENACOMB OINT 15GM	\$14.55	VIVOTIF ORAL TYPHOID CAPS 3	\$38.85
LARIAM TAB 250MG 8	\$42.45	VOLTAREN RAPID 50MG 20	\$12.85
LEVLEN ED 4X28	\$13.99	XYVION TAB 2.5MG 28	\$32.45
LEXAPRO	Generic - Loxalate	YASMIN 3X28	\$59.95
LISODUR TAB 5MG 30	\$10.99	YAZ 3*28	\$74.95
LISODUR TAB 10MG 30	\$12.99	ZESTRIL	Generic - Lisodur
LISODUR TAB 20MG 30	\$14.99	ZOLOFT	Generic - Eleva
LIVIAL 2.5MG 28 TABLET	\$38.99		

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