Edition 223 Phone 4344 1844 Fax 4344 1944 September 7, 2009

Ettalong Club 'back from brink'

The Ettalong Beach Club has reported a loss of \$2.3 million for the last financial year, after a \$2.9 million loss the previous year.

And the club now shows a net liability on its balance sheet of \$15.5 million, compared to net assets the previous year of almost \$3 million.

However, club general manager Ms Melissa Hamilton has hailed the result as a turnaround.

"The club has made it back from the brink," she said.

The club's Concise Financial Report indicated the club incurred a decline in value of more than \$15 million for its waterfront property.

This has left the club with a net liability of \$15.5 million on its balance sheet, which is attributed to Members' Funds – equivalent to a deficit of \$737.13 for each of its 21.031 members.

Assets were shown at \$22.5 million, while liabilities totalled almost \$38 million, with more than \$34.5 million in borrowings.

It also showed its gross revenue of \$16,097,112 was down 15.6 per cent on the previous year.

Wages have been slashed from

almost \$6 million to just over \$2.5 million, but "financial costs" have increased from \$2.6 million to \$3.7 million, a 40 per cent increase.

The report acknowledges "the existence of a material uncertainty which may cast significant doubt about the company's ability to continue as a going concern".

However, Ms Hamilton said the club was able to come to an agreement with Suncorp Metway at the end of the financial year that had allowed debt repayments to be consolidated and the club to project a budgeted profit for the coming year.

According to Ms Hamilton's end of financial year report, the past year has been a "great challenge" for the club due to an increase in gaming taxes, smoking bans, higher petrol prices and increased interest rates.

"As a result, these factors have had a significant detrimental effect on the club industry as a whole," Ms Hamilton said.

"The club has now completed the majority of the necessary restructure, with considerable progress being made financially.

"In the year end June 2008, the club made a loss of \$2,953,717,

this year the club made a loss of \$2,327,723 after deducting the impairment of property which was \$15,162,580.

"This is due to the valuation of the club's land and buildings being determined at \$18.6 million which resulted in this having to significantly written down (impairment of property).

"This is a one-off situation which needed to be addressed so as the club could move forward positively.'

"I think it is now safe to say that the first part of the challenge has officially been met, with the assistance of Campbell Advisory and Club consultant Kevin Harvey.

"We have restructured our team and pursued a renewed focus on internal procedures and policies, a lot of people have been a part of making this all happen and ensuring that Ettalong Beach War Memorial Club has a future."

Ms Hamilton said the club would hold an official re-launch from September 7 to 13, to celebrate a new beginning for the club.

> Report, 3 Sep 2009 Melissa Hamilton, **Ettalong Beach Club**



Median house prices increase slightly

Median house prices on the Peninsula have risen slightly over the past six months, according to Australian **Property Monitors.**

Woy Woy, Blackwall and Ettalong Beach have experienced a minor increase in value from January to July this year.

Woy Woy experienced the highest rise in value, with a three per cent increase since the start of

According to data obtained from Australian Property Monitors, the median house price in Woy Woy was set at \$310,000 in July compared to \$300,000 six months prior.

However, the average number of days Woy Woy properties were on the market for has risen by 20

Recent sales for the area reported to Australian Property

Monitors included a house in Dunalban Ave that sold for \$345,000 and one in Watkin Ave that went for \$367,000.

Similarly, the median house price in Ettalong Beach has risen two per cent since the beginning of

The median house price in Ettalong Beach was \$320,000 in January compared to \$325,000 in

The average number of days

houses in the suburb were on the market has risen slightly by only five days.

Sales reported in the area last month include Karingi St for \$470,000 and Burrawang St for \$380,000.

In contrast, the average price of housing in Umina has not changed and remains at \$330,000 over the past six months.

However, the average number of days a property has been on the market has risen by 38 days.

Blackwall has experienced a slight increase in the average price of housing from \$350,000 in January to \$355,000 in July.

Meanwhile, median house prices in the Central Coast region has risen by three per cent from \$325,000 in January to \$335,000

Website, 3 Sep 2009 **Australian Property Monitors**

THIS ISSUE contains 66 articles

Read more at www.peninsulanews.info



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Win souvenir stamps

To celebrate the recent release of Harry Potter and the Half-Blood Prince, Peninsula News in conjunction with Australia Post is giving readers the chance to win one of three souvenir stamp sheets.

Each sheet comes with 10 Australia and international stamps featuring favourite characters including Harry, Dumbledore, Ron, Hermione, Snape, Malfoy



and Bellatrix Lestrange on the selvedge.

Key elements of the Half-Blood Prince – the Horcrux in the Cave, Snape's Unbreakable Vow and the Death Eater's Mask – are also featured as design elements in this souvenir stamp sheet.

To enter the competition, simply write your name, address and phone number on the back of an envelope and send to: Peninsula News Harry Potter and the Half-Blood Prince Stamp Competition, PO Box 532, Woy Woy, 2256.

Entries close at close of business on Thursday, September 17.

Clare Graham, 1 Sep 2009 Press release, 31 Aug 2009 John Link, Australia Post

Peninsula in the News

Tuesday, September 1

Woy Woy Bay resident Mr John Della Bosca has stood down as State Minister for Health and Minister for the Central Coast following revelations of an affair with a 26-year-old woman.

News of the scandal broke after The Daily Telegraph reported comments from Mr Della Bosca's alleged mistress on September 1.

The woman told The Daily Telegraph she had been in a relationship with Mr Della Bosca since March this year.

The Daily Telegraph

Sunday, August 23

Two members of the Umina Bunnies Rugby League Club are alleged to be the ringleaders of a gang involved in recent ATM raids across the last nine months.

According to The Sunday Telegraph, Umina coach Mr Adam King and player Mr Jason Eldridge "spearheaded" a team of bank robbers responsible for blowing up at least 13 ATMs.

The Sunday Telegraph reported on August 23, court documents revealed that 35-year-old Mr Eldridge was the "boss of the group" involving five other men including 30-year-old Mr King.

The Sunday Telegraph

Peninsula Community Access Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalist: Clare Graham

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Contributers: Kevin Holloway

Declaration of interests

Honorary editor: Mark Snell

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Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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At bowling club

The article Koori-Oke raises \$5000 that appeared in the last edition of Peninsula News incorrectly stated that the Mingaletta fundraising event held last month was held at Everglades Country Club.

The event was, in fact, held at Ettalong Bowling Club who donated the hire of the room for use on the night.

Clare Graham, 1 Sep 2009



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An artist's impression of the proposed Lone Pine Plaza development.

Inset: The current Umina Mall building on the corner of Ocean Beach Rd and Lone Pine Ave, Umina.

Native fish found in local creek

A public workshop held at Umina Library recently has found native fish and good quality water in a local creek, according to Gosford Council's bushcare officer Ms Kate Consterdine.

"On a sunny but cold and windy day, Bushcare hosted a workshop at Umina to study local native fish," Ms Consterdine said.

"Hosted by Effie Howe of Scienza Viva, participants began the day with a theory session opening our eyes to the many species of freshwater fish we might expect to find in local creeks, their habitat needs and threats they are facing.

The widespread, exotic

predator gambusia holbrooki was examined before we went out in the field to sample three sites on Ettymalong Creek.

"Water quality testing was carried out and overall the quality was surprisingly good for such a built-up area.

"Nitrates, phosphates and carbonates were well within the acceptable range.

"Even fish don't like the cold so we were surprised when sampling resulted in a variety of native species such as young native mullet, freshwater shrimp, largemouth goby, flat-headed gudgeons and, above the weir, the unwelcome gambusia."

Newsletter, 1 Sep 2009 Kate Consterdine, Gosford Council

Umina Mall plans on display

Plans are underway to redevelop the Umina Mall site on the corner of Lone Pine Ave and Ocean Beach Rd, Umina.

A development application has been made by Laundy Exhibition Pty Ltd to develop the site into a mixed commercial, retail and residential facility.

The development application for the new Lone Pine Plaza will be on public exhibition at Woy Woy Library until September 16.

Umina Chamber presiden

Ms Sharon Martin welcomed the development application and said it looked "promising" as part of the future growth and development of the Umina district.

"The old Umina Mall has been an eye-sore for locals and visitors for a long time, doing nothing for the image of our district," Ms Martin said.

"We support a tasteful redevelopment that caters for the needs of local businesses and residents and improves the look of our local area, especially being positioned at the gateway to Umina

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on Ocean Beach Rd.

"The development application shows an attractive shopping plaza which aims to be accessible to both the broader population and the high numbers of elderly folk in the area, including residents of Peninsula Village.

"The proposed redevelopment includes a medical centre, chemist, fruit and vegetable store, butcher, bakery, hairdresser, newsagent, takeaway and pizza shops, real estate, general store and bottle shop.

"And importantly, it includes parking for over 100 cars, plus bicycle parking, residential management accommodation and provision for 24-hour surveillance of the complex.

"I encourage interested locals to view the development application on display at the Woy Woy Library and make public comment before it goes back to council."

Press release, 4 Sep 2009 Sharon Martin, Umina District Chamber of Commerce

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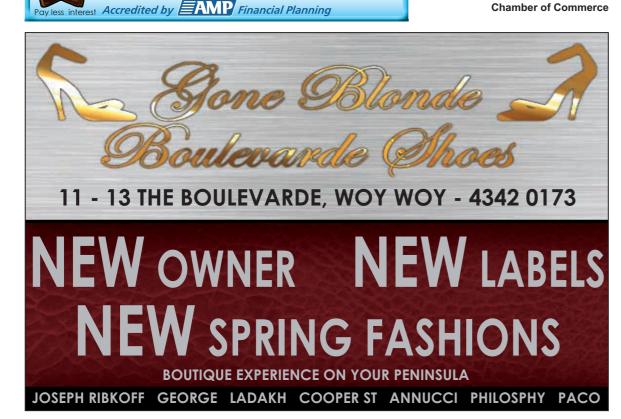
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Help needed to save hospital

As a resident of Umina for 36 years I would like to thank your paper, the Peninsula News, for being so supportive and publishing the many reports from disgruntled residents regarding the removal of our greatly needed Woy Woy Hospital rehab unit.

Now we need your assistance along with the support of people living in the area of the Peninsula and surrounds to congregate together to save not only the rehab but the whole Woy Woy Public Hospital and to make sure it is never closed or certain other facilities are not removed.

We already have the bricks and mortar.

We have been fobbed off too long with reasons it is better to keep everything at Gosford Hospital.

This was the story told to us

Forum

Letters to the editor

should be sent to:
Peninsula News
PO Box 532,
Woy Woy 2256 or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

over three decades ago when we tried to get a bigger public hospital here at Woy Woy.

We were told it would be better to spend the money keeping up Gosford Hospital.

Now it seems we are expected to travel as far as Kanwal for some

treatment.

We are being treated very unjustly and now we need to band together and not only ask but demand from the health services that we receive what other areas expect and are given their due rights.

That is, a fully equipped public hospital to cater for all the surrounds of Woy Woy Peninsula, over 36.000 of us.

Where are all the people or their relations who have had treatment at the hospital or rehab? We need all of you to join us in this conflict.

We need you to come along to the meetings of Woy Woy Hospital Alliance held at the Anglican Church Hall, Blackwall Rd, Woy Woy

We are determined to win this battle.

Joan Armstrong, Umina 10 Aug 2009

Destroyed in the name of progress

According to the dictionary the word "progress" means: moving forward, advancement.

For downtown Ettalong Beach I wonder if that is really so.

Everywhere you look houses are being pulled down to be replaced with three or four villas going down the block.

Streets seem to be losing their personality of individual houses to be replaced with the side of these villas which mostly all have a look of sameness to them.

Just this week the house that had been my mother's home until her death has been bull dozed down to nothing.

This was a brick triple fronted modern home that really only

Forum

needed a little TLC inside to bring it up to a very nice standard.

Of course the new owners had obviously purchased the property with the view to building units and they had every legal right to do exactly what they have done.

However, I find it sad that not just old run down houses are being removed, but modern houses with nothing wrong with them also have to be destroyed in the name of "progress".

I fear that if this trend continues we will have an Ettalong Beach with zero personality and nothing but rows and rows of villas.

Gay Binder, Umina Beach 29 Aug 2009

Equally amazed

In reply to LB Mance (Forum: August 24), I am equally amazed that anyone wants to shoot native animals in

Forum

National Parks because the Shooters Party does.

Umina's Finest Tobacconist & Darrell Lea Chocolates



Cnr South and West Street
(New entry from South Street)
Umina Beach - Open 7days

7am to 6pm

Just examine their proposed Bill for State Parliament.

The shooters are not telling the whole story about shooting animals in National Parks.

They want to shoot duck, quail, ibis, black swan, cockatoos, crested pigeons - a disgrace.

National Parks are for our native flora and fauna and for people to bushwalk, camp, photograph and generally enjoy nature.

National Parks are to enjoy and preserve nature - definitely not the plaything of shooters.

Anyone who wants to shoot black swans and the like are beyond redemption in my view.

Keith Whitfield, Woy Woy 28 Aug 2009

council meeting What is happening with our

Front door closed for

What is happening with our dysfunctional council?

I expect to be able to access Gosford Council meetings by using the front door of our council building in Mann Street, Gosford.

When I arrived, running a little late on September 2, well before 7pm, my progress was blocked by a locked front door and a half obscured and not very accurate sign which was extremely misleading.

I needed to go back to my vehicle and go around the back of the building in Henry Parry Dr to the level three access.

I was lucky not to be a disabled person – this would have been a disaster for someone in a wheelchair.

What possible reason could

Forum

there be for interfering by restricting with our right as ratepayers to access a scheduled public meetings in our council building?

Could it be a political activist was intent on revisiting council code of conduct issues identifying the long running three-way battle between Gosford Council, Coca Cola and the Azzopardi family made the council nervous?

Whatever the reason, politicians may be comfortable with back door arrangements, but ratepayers are entitled to much more that last minute restricted access.

What a bloody disgrace.

Edward James, Umina

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News

Phegan's Bay Road to open in November?

Works to stabilise the area near Phegan's Bay Rd are expected to be completed by late October, according to Gosford Council's manager of engineering services Mr John Cragg.

Mr Cragg said Council was still waiting on a final quote from geotechnical engineers for the works remaining at the site to be carried out.

The quote is expected to be approved by Council in two to three weeks.

Mr Cragg said this would involve rock bolting fallen material, ranging

from between one and two tonnes, into position to ensure it would remain stationary.

He said the program of works involving rock bolting and a controlled safety plan would take an estimated two weeks to complete.

Following the work, Mr Cragg said council would monitor the area to ensure safety to all motorists and pedestrians.

According to Mr Cragg, council would remove the one-way traffic light control at the end of the monitoring period.

Clare Graham, 3 Sep 2009 Interviewee: John Cragg, Gosford Council



Umina District Chamber of Commerce members and community volunteers joined together to clean-up the Umina sand dunes recently

Chamber cleans Umina dunes

The Umina District Chamber of Commerce took part in a clean-up of the Umina sand dunes on August 30.

Members of the chamber were assisted by Gosford Council, local bush regeneration staff and volunteers from Umina Beach Surf Life Saving Club.

Chamber president Ms Sharon Martin said members, staff and volunteers from the community joined together to clear rubbish and weeds from the sand dunes adjacent to the Umina surf club.

"Before commencing the clean up, bush regeneration staff conducted an induction training session to educate the volunteers on how to identify native plants from weeds," Ms Martin said.

"The morning was a great success and the area is now clean and tidy.

"Although all those involved agree there is more work to be

done to beautify the foreshore area.

"Umina District Chamber of Commerce would like to thank those volunteers who attended the clean-up and encourage the community who use the beach area to use the bins provided or where possible take rubbish away with them."

Press release, 2 Sep 2009 Sharon Martin, Umina District Chamber of Commerce

Median strip for Mutu St

Gosford Council will install a median strip at the intersection of Ocean Beach Rd and Mutu St, Woy Woy, to prevent right-hand turns into the side street.

According to a council report, NSW Police have reported motorists turning right into Mutu St from Ocean Beach Rd despite No Right Turn signs at the intersection.

"The Police report is that this has continued to occur despite Police enforcement operations at

this site," the report stated.

"The Police have indicated that they see the most effective solution to be the installation of a median across the length of the intersection.

"A median 29 metres in length will be installed in Ocean Beach Rd as soon as the work can be scheduled with the work to be funded through a Budget Review."

The work is expected to cost council \$3000.

Council agenda TR.09.60, 1 Sep 2009

Bus zone hours change

The hours of a bus zone in Patonga Dr, Patonga, have been changed to improve onstreet parking.

The bus zone adjacent to the Patonga Hotel in Patonga Dr will now operate between 7am and 5pm, seven days a week.

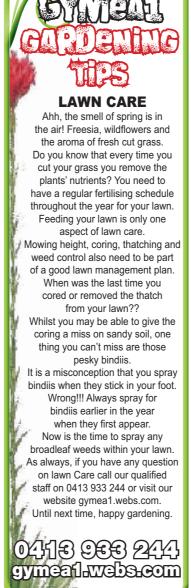
According to a council staff report, a suggestion was made that the current "shortfall" in Patonga Village on-street parking could be improved by the hours of operation being restricted to those hours in which the bus service operates.

"The spread of hours throughout the week are such that a restriction between 7am and 5pm would be necessary to cover all services," the report stated.

The matter will be revisited by council's traffic committee when the proposed Patonga Plan of Management and the Traffic Management Plan are prepared for the area.

Council agenda TR.09.54, 1 Sep 2009







"Don't let the bastards get away with it."



A very ill Phil James and Edward James being ignored by the two parties not much preferred outside of Parliament House, Sydney - 2003

I am beginning to understand why, when I succeed in having the Liberal Party member and Mayor Chris Holstein and the Independent Deputy Mayor Craig Doyle identified as lying at a Council meeting of Gosford City Council, nothing constructive happens.

The Gosford City Council's code of conduct is obviously a door mat.

They have not even been censured for their bad conduct.

I believe I have a civic duty to identify lying politicians as leaches, sucking the life blood from an ailing democracy.

The many others complaining to me about the lack of honest representation is pointless unless they are prepared to remove these leaches completely from the process of democratic government.

The opposition and back benches are no place for failed and do nothing politicians.

Consider failed long time Minister for the Central Coast and Minister for Health, MLA John Della Bosca, in what many perceive as a sheltered workshop for politicians who can't take the pressure of a ballot every four years.

He was inactive on Occupational Health and Safety issues and the safety of our school children, issues that have been ignored for years by Gosford City Council.

When business is conducted illegally on public is still in place after five people died in a ditch

property, there are insurance issues.

Anywhere vehicles are forced to park illegally, while loading and unloading, because council ignores proper planning, is an unsafe workplace.

Insurance is the big issue for Gosford Council and the public who come vicariously into those unsafe workplaces.

I understand a little better now why the failed Minister has been unwilling to sort out the many problems I and others have identified with his dysfunctional local council.

Gosford City Council's misleading actions and the way they bullied my father is no secret.

The public record shows that Gosford City Council accepted a DA 11923 / 2001 which was misleading in no small way.

Telling the public that there is no house on our property was not an oversight or a human error.

The way our elected representatives, mostly Labor and Liberal party members, ignore their responsibilities pursuant to section 232 of the Local Government act and due process, is and was never politically acceptable.

The fact that so many elected representatives accommodated what has long been identified as systemic corruption reflects badly on them as politicians and on their party affiliations till this day.

The reason the corrupt Gosford City Council is still in place after five people died in a ditch

at the bottom of Piles Creek is a Labor/Liberal Coalition political conundrum.

To apportion blame for these needless deaths and other obvious failings of the corrupt council needs the political will and the politicians are not willing to place any blame upon themselves.

It is more about the abuse of power and influence being hidden behind a smokescreen of incompetence and human error.

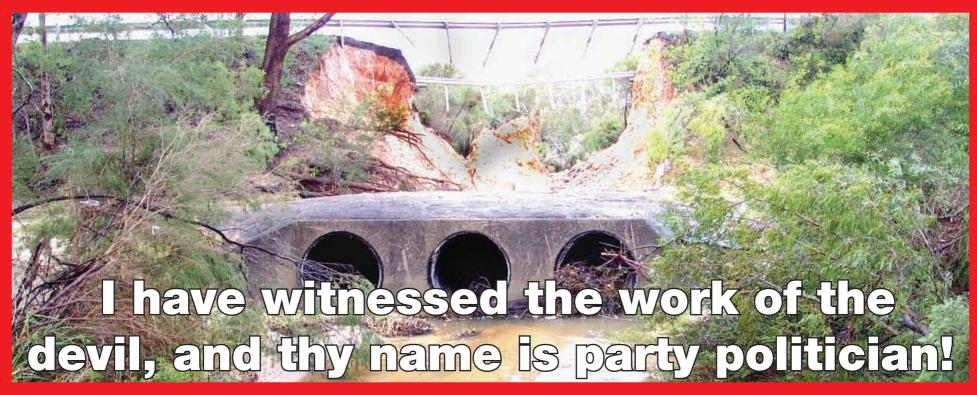
The NSW Ministerial Code of Conduct pursuant to the ICAC Act, Section 8.9, is meaningless to a State government inhabited by politicians who used their public office to cheat.

Politicians, like the growing number of party members in the public shame file and those who support them, Premier Rees, are a cancer eating away at our democratic process.

Representatives like these are the reason that complaints are ignored or buried and lies are accommodated.

Systemic corruption and abuse of power has become an addiction among those whom we give our votes to in trust, only to witness that trust betrayed, again and again.

http://gosfordcouncil.tripod.com/





The proposed site for the Woolworths petrol station on the corner of Ocean Beach Rd and West St, Umina.

Chamber listens to petrol plans

The Umina District Chamber of Commerce has invited a guest speaker from Woolworths Petrol to discuss plans for its new service station at the corner of Ocean Beach Rd and West St. Umina.

The Chamber will meet on Wednesday, September 9, from 7.30am at Ocean Beach Surf Club.

Chamber president Ms Sharon Martin invited anyone interested

to get involved to help make a positive contribution to how the Umina district develops and grows in the future.

"One of the guest speakers at the meeting will be Andrew Rodwell, the NSW Area Manager of Woolworths Petrol, who will be discussing the new service station opening later this year," Ms Martin said.

"The other main guest speaker Kim Radford, the Precinct Park Co-ordinator from Gosford City Council, will be giving a progress update on development of the Umina Precinct Recreation Park."

Cost for breakfast is \$20 per head.

Business and community membership of the Umina District Chamber of Commerce is available starting at \$20 per year.

For more information or to become a member, contact Sharon Martin on 0413 931 790 or via email at udcc@bigpond.com

Press release, 4 Sep 2009 Sharon Martin, Umina District Chamber of Commerce

Libraries lend power meters

Gosford Council is offering residents free access to power meters so they can calculate how much energy each appliance in their house actually consumes.

The meters may be borrowed from local libraries.

Gosford mayor Cr Chris Holstein said that being aware of your household energy needs can save residents money and help the environment.

"Australians are the biggest greenhouse gas emitters of the developed world," Cr Holstein said

"The average Australian household produces around 14 tonnes of greenhouse gases each year and nearly 70 per cent of these emissions are from electricity use.

"By better understanding energy consumption residents can learn to make simple changes potentially saving several hundred dollars a year and tonnes of greenhouse gas emissions.

"The Power Meter can even calculate the power used by appliances, like TVs, that use standby power.

"Standby power accounts for nearly 10 per cent of household energy consumption.

"Just by turning appliances off at the wall, households can save around \$100 per year."

Energy Reduction Kits are now available from Gosford council libraries for a loan period of three weeks and residents will need to be a library member.

Press release, 19 Aug 2009 Alison Hood, Gosford Council



Gosford Council multi-media librarian Micah McIntyre borrowing a power meter to Emma Willis at Erina library

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News



Ms Dorothy Perks joins local volunteers Mr John White and Ms Oliive McGhie to serve tea and coffee for Woy Woy
Courthouse patrons

Courthouse volunteers celebrate 25 years

A group of volunteers at Woy Woy Courthouse is celebrating 25 years of providing refreshments, conversation and a friendly face to those attending court.

The Coffee at the Courthouse Good Samaritan group has been running for 25 years.

Woy Woy resident Ms Dorothy Perks said she started the service after getting in touch with Rev George Browning of the Woy Woy Parish.

Ms Perks said she felt the need to take on a ministry that helped the community.

"Rev Browning accompanied me to Woy Woy police station where we were then directed to the Woy Woy Courthouse clerk who was delighted to accept my offer," Ms Perks said.

Ms Perks said what started out as serving coffee and tea to courthouse patrons outside the building soon progressed into friendship and fellowship.

The group now serve refreshments inside the courthouse every Monday, Tuesday and Friday mornings.

Ms Perks said she joins local residents Mr John White, Ms Margaret Ings and Ms Olive McGhie in taking turns to serve the patrons throughout the week.

"We feel we have been blessed with the response and know that we can only do unto others as they would do unto us.

"We hope to continue serving courthouse patrons well into the future."

Letter, 31 Aug 2009 Dorothy Perks, Woy Woy



Service station robbed

The United Service Station on Ocean Beach Rd, Umina, has been robbed by a man wielding a large knife.

The incident occurred around 7pm on Friday, August 21, and so far police have not been able to locate the man.

According to Gosford Police duty officer Inspector George Bradbury, the store attendant, a 21-year-old Auburn man, said the man had entered the store and held the knife above his head demanding cash.

Mr Bradbury said the attendant,

fearing for his life, handed over the money in the till and the robber left the store after rubbing the door with his t-shirt.

The man has been described as being 80 to 85 cm tall, aged 25 to 30, thin build, dark hair and yellow teeth, a sign which police say may indicate illicit drug use.

Brisbane Water Police detective Mr Gerry Ivins is investigating the incident

Kevin Holloway, 4 Sep 2009 Interviewee: George Bradbury, Gosford Police

Quest entry still open

The Brisbane Water Oyster Festival committee is still looking for more entrants in this year's Queen of the Oyster Festival fundraiser campaign.

Festival chairperson Ms Debra Wales said the campaign had already received a number of entrants looking to take out the Queen of the Oyster Festival and Miss Charity Queen titles.

"We have had a wonderful response from local businesses so far who are sponsoring entrants in the Queen of the Oyster Festival Competition to help raise funds for NSW Cancer Council Pink Ribbon Events." Ms Wales said.

"Club Umina is sponsoring Remmi Grainger who is their promotions assistant and LJ Hooker of Woy Woy is sponsoring Megan Sai Louie of Woy Woy.

"The staff from Centrelink have got together to support Teneille Reeson of Empire Bay to help her raise funds for breast cancer research.

"Lisa Sturgiss of Texas Hold 'em Poker Australia said she has had a personal loss and wants to raise funds to one day find a cure for breast cancer.

"We are so fortunate to have such wonderful women who are willing to give up their time to be a part of this special event.

"We hope to be able to make it a memorable time for them and to express our appreciation for their hard work."

The winners of the Queen of the Oyster Festival and Miss Charity Queen will win a holiday for two to the Gold Coast plus a \$500 gift voucher.

Ms Wales said the Woodchopping Spectacular event would return this year by popular

demand.

Ms Wales who has coordinated the festival for the past nine years said stall sites were being booked out quickly.

"We have had a terrific response from our website with a number of new and varied food stalls already booked in for the day," Ms Wales said.

"There are very interesting art and craft stalls booked already, food and wine stalls, promotions and lots of amusement rides for the little ones to make the day a great day out for the whole family.

"There is still time for anyone wanting to sponsor an entrant or anyone wanting to enter the Queen of the Oyster Festival to fundraise for Cancer Council Pink Ribbon Events and can contact Kat or Justine on 4342 7510 or download an application on www. oysterfestival.com.au.

Press release, 4 Sep 2009 Debra Wales, Brisbane Water Oyster Festival







Tender let for playground gear

GosfordCouncilhasaccepted the tender for the design, supply and installation of a new rope play structure for the Peninsula Recreation Precinct.

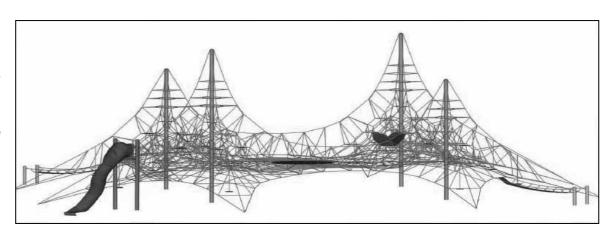
Council accepted the tender from Viva Recreation Pty Ltd in Brookvale who will provide a 30 metre by 30 metre rope play structure planned for the Umina recreation development.

According to a council report, the play structure meets current Australian Safety Standards and features nests, trampoline, pendulum swings, hammocks and burma bridges.

The construction period for the structure is nine weeks and is expected to commence in November.

The total estimated cost of the project is \$357,478 and is funding through the Regional and Local Community Infrastructure Program.

Council agenda CIT.43, 1 Sep 2009



Help for capsized boat

The Royal Volunteer Coastal Patrol attended to an incident near Lion Island on August 29, involving a capsized boat.

According to public relations officer Mr Richard Manning, four people were retrieved from the water near Lion Island after their boat capsized in strong winds.

"Although things were quiet that day, the Bureau of Meteorology was forecasting gale force winds for later in the day," Mr Manning

"At 2pm our base received a call from a vessel that had four on board and had retrieved four more people from the water just to the east of Lion Island in Broken Bay.

"They were standing by the overturned runabout fishing boat.

"On duty was Gordon Ellis who was struck by the fact that there were now eight adults in a 5.1 metre runabout and no certainty about how long before the predicted winds would strike.'

Mr Manning said the Water Police were notified immediately and two coastal patrol lifeboats dispatched shortly after to assist.

"A vessel from Broken Bay Coastal Patrol also attended and all remained on the scene until two Water Police vessels arrived," Mr Manning said.

"It is understood that the motor on the overturned boat had been reversed to help pull the anchor

"The bow was simply pulled under water.

Mr Manning said the incident had a "happy outcome" with the rescued persons and their upturned boat being taken to Brooklyn by the Water Police vessel.

"It is hard to overstate the importance of having effective radio communications on board," Mr Manning said.

"Mobile phones have their place but radio reaches out to neighbouring vessels as well as multiple marine rescue organisations.

"In this case, the quick action of Mark and his friends was backed up by the Coastal Patrol units that heard the call for help."

Press release, 30 Aug 2009 Richard Manning, Royal **Volunteer Coastal Patrol**

Old photos sought

The Pearl Beach Progress Association is looking for photographs by John Hearder to be used in its photographic exhibition to celebrate 80 years of progress in Pearl Beach next month.

The Pearl Beach Community will celebrate the milestone event across the weekend of October 9 to 11, with a special exhibition featuring photographs taken by photographer Mr John Hearder.

Association communications officer Ms Lynne Lillico said she was looking for family photographs taken during the 50s through to the 70s by social photographer John Hearder.

"We are looking for that special family portrait or wedding photograph of Central Coast residents, or their family members, for inclusion in the exhibition.

"Photographs on loan will be scanned for exhibiting and returned to the owners.

"Among his famous clientele were Jack Davey, Chips Rafferty, Margo Lee, Anne Ferguson, June-Dally Watkins and Lorrae Desmond.

"Many of these, as well as a number of war images will be included in the exhibition."

The exhibition will take place in the Pearl Beach Memorial Hall across the weekend celebration starting with an exhibition launch on Friday, October 9, from 5pm.

Entry to the exhibition is free however a gold coin donation is welcomed to go towards the Pearl Beach Rock Pool Fund.

For more information, contact 4344 2319.

Press release, 31 Aug 2009 Lynne Lillico, Pearl Beach **Progress Association**



Model, Anne Ferguson

Tours of National Parks

Discovery Walks, Talks and held on Sunday, October 18. Tours will host bush walks in the Brisbane Water National Park and the Bouddi National Park during October.

There will be a walk from Warrah Trig to Patonga in the Brisbane Water National Park on Monday, October 12.

A Putty Beach Coastal Walk at Bouddi National Park will also be

For bookings contact 4320

Bookings must be made before 12noon on the Friday prior to the

Sunscreen, comfortable shoes, water, snacks and a hat are essential.

Program, 4 Sep 2009 **National Parks and Wildlife Service**

Are you entitled to \$4000 worth of Government funded free dental treatment?

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Contact: Raelene Coad or Kerrianne McNamara at Gnostic Healing Sanctuary Woy Woy - 4342 0434
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Bowling club helps with Shirley Shuttle

Woy Woy Women's Bowling Club has donated \$1250 towards the Shirley Shuttle transport project to assist local cancer patients travelling to their oncology treatments.

Project fundraiser Ms Barb Galvin said the donation would see the establishment of a second shuttle bus for cancer patients.

Named in memory of Ms Galvin's late mother Shirley, the first Shirley Shuttle Bus operates five days a week.

Ms Galvin said in its first year of operation, the Shirley Shuttle has transported 81 individual clients more than 30,000 km on 1652 individual trips.

"During March last year we

reported the launch of the Shirley Shuttle mini bus for the transport of Gosford cancer patients to oncology treatment centres at Gosford and Woy Woy," Ms Galvin said.

"A recent study completed by the Central Coast Cancer Transport Action Group revealed that at least two station wagons would be required to extend the present service to Wyong residents, and to further extend the service to all Central Coast public radiotherapy patients requiring transport to Newcastle and Sydney.

"We now have sufficient funds to purchase Shirley Two and are well on the way to getting 'Shirley Three'

"Our ongoing challenge will be to sustain the shuttle service at a cost

of about \$15,000 per vehicle per year, and to manage changeover costs."

Woy Woy Women's Bowling Club president Ms Miriam Cotton said the club was more than pleased with helping out the local transport project.

"It is amazing how the vision and generosity of one person can capture hearts within the community to adopt such a wonderful cause," Ms Cotton said.

"We applaud Barb's work in making this project a success for local cancer patients and their families."

For transport training, bookings and donation inquiries, contact 4323 4028.

Press release, 27 Aug 2009 Barb Galvin, Cancer Council NSW

Therapy for mental health

A therapy to help maintain long-term mental health is being offered in Woy Woy.

Ms Nessie Shaw has started a Strategies for Health program as a modern approach to helping people overcome anxiety, depression, fears and addictions.

Ms Shaw said that, prior to moving to the Central Coast, she was involved in developing and running programs for patients suffering from depression, anxiety and addictions in a hospital setting.

While the programs were helpful, Ms Shaw said she realised that many people found it difficult to maintain the improvements made in the hospital setting and that it was not uncommon for clients to relapse.

"I became interested in understanding why people were unable to continue with improvements in their mental health and over a number of years I undertook research to find alternative treatments that could help people permanently eliminate patterns of emotional distress and unhappiness," Ms Shaw said.

"This search led me to develop Strategies for Health which incorporates a number of new generation treatment modalities including Structural Therapy, Thought Field Therapy, Neuro-Linguistic Programming and Ericksonian Hypnosis."

Although Ms Shaw developed Strategies for Health through her work in the hospital setting, she said that the treatments are suitable and effective for anyone who wants to improve the quality of their emotional and psychological life.

She is now offering them at Gnostic Healing Sanctuary in Woy Woy.

"Many people are unaware of the underlying patterns that cause their low mood, anxiety, panic or addiction," Ms Shaw said.

"Many people are highly motivated to lose weight, for example, yet are unable to resist overeating.

"When underlying emotional triggers to overeating are addressed the client will much more easily be able to make lifestyle changes in diet and exercise that will lead to weight loss."

While each individual will require a different type of treatment, Thought Field Therapy is a particularly exciting strategy because it is able to eliminate emotional problems and cravings for addictive substances, often quite rapidly, according to Ms Shaw.

"Thought Field Therapy involves the tapping of various energy meridian points with the fingertips while focusing on the specific problem."

Ms Shawis currently undertaking a pilot study using Thought Field Therapy and hypnosis to treat cigarette addiction.

Press release, 1 Sep 2009 Janice Wells, Milestone-BellaNova

Call for blood donations

Peninsula residents are being called on to donate blood at the Woy Woy Blood Donor Centre as part of National Blood Donor Week from September 7 to 14.

Australian Red Cross Blood Service chief executive officers Ms Jennifer Williams said the special week was all about saying thank you to volunteer supporters and donors whose commitment and dedication help ensure a secure blood supply for all Australians.

"One in three of us will need blood in our life, however only one in 30 of us donate blood," Ms Williams said. "For trauma cases, cancer treatments, surgeries, burn victims, complications in pregnancy and childbirth and other medical problems, there is a blood donor behind the scenes helping to save lives every day.

Ms Williams said demand for blood and blood products were set to double in the next 10 years with advances in medical treatments.

"We can't keep replying on a small percentage of the population to support the health of all Australians, and you never know when it could be you or a loved one in need of an emergency blood transfusion," Ms Williams said.

"If you are healthy and aged

16 to 70, you may be eligible to donate blood."

To find out more or make an appointment, call 131 495, visit donateblood.com.au or drop into the Woy Woy Blood Donor Centre located at Woy Woy Hospital.

Press release, 4 Sep 2009 Jacqui Bell, Australian Red Cross Blood Service

Meditation at health centre

A weekly meditation group has started at the Peninsula Women's Health Centre.

The group meets every Thursday afternoon from 2pm to 3pm and provides instruction in simple yoga techniques in the Satyananda tradition.

Community development worker Ms Kate Bradfield said the group was suitable for beginners and experienced women.

The group is free however a gold coin donation would be appreciated.

For more information, contact the Peninsula Women's Health Centre on 4342 5905 or call in to 20A McMasters Rd, Woy Woy.

Press release, 2 Sep 2009 Kate Bradfield, Peninsula Women's Health Centre

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PHONE 43346233

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Member for Gosford Ms Marie Andrews with a Woy Woy hairdresser

MP works in local hairdresser

Member for Gosford Ms Marie Andrews visited a local hairdresser on August 27, as part of the NSW Business Chamber's annual Pollies for Small Business program.

Ms Andrews said the program was a great way of supporting the local small business community.

"The experience gives me the opportunity to spend valuable time seeing the workings of a local business and allows the owners to discuss any State Government issues impacting on them," Ms Andrews said.

Ms Andrews has previously worked at a number of small

businesses for the program including a cafe in Gosford and a cut flower business at Peats Ridge.

NSW Business Chamber Central Coast regional manager Ms Mary Doherty said with much of the focus often on the big picture issues, some politicians can at times lose sight of the concerns of small business.

"This is a great program. It helps businesspeople and MPs understand one another better and we should encourage and support any measures that can help achieve that."

Press release, 28 Aug 2009 Marie Andrews, Member for Gosford



Chosen as patron

Pearl Beach resident Ms Margaret Pomeranz has been chosen as the patron of the Coasties Film Festival.

Festival coordinator Ms Beth Hunter said it was great to have the support of Ms Pomeranz in promoting the festival.

"Margaret has been extremely encouraging throughout the embryonic stage of the festival."

Ms Hunter said the festival would be held at Avoca Beach Picture Theatre from November 12 to 15 and encouraged filmmakers to submit their work by September 30.

Press release, 1 Sep 2009 Beth Hunter, Avoca Beach Picture Theatre

Cycle to Avoca

Residents are being encouraged to take part in the Central Coast Bicycle Film Festival by riding from Ettalong to Avoca Beach.

The Beach-to-Beach 18 km ride is one of the suggested routes for festival participants interested in attending the festival at Avoca Beach Picture Theatre on September 25.

The festival will screen eight short films and includes highlights such as Off the Rails about two Australians and their journey cycling across Siberia, Kazakhstan and China.

Gosford mayor Cr Chris Holstein said the event aims to encourage cycling on the Central Coast.

"Cycling is well recognised as

being beneficial to the community as a means to reduce traffic congestion, encourage health and fitness and help the environment," Cr Holstein said.

"Gosford Council continues to develop cycleways in Gosford as a means to encourage active transport.

"Additionally, we have installed a series of Cycleway Network Directional Signs to assist cyclists navigate the cycle network.

"Gosford Council sees this event as a means of responding to the needs identified for Vision 2025 and another great way council can encourage cycling on the Central Coast."

Press release, 1 Sep 2009 Cr Chris Holstein, Gosford Council



Chiropractic Plus

Real clinical cases and your questions answered each month by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre

Welcome to springtime on the sunny Central Coast.

What a privilege to be living in this beautiful region.

We must have one of the most amazing places on earth in which to invest our energy and time checking it all out.

The issue is, do we have the motivation and enthusiasm to bother?

I would suggest that with obesity, sugar diabetes, cardiovascular disease, osteoarthritis and depression, all predominantly lifestyle based diseases, then there is every reason to get out there and have a go at living in stead of merely existing.

My personal philosophy and one I like to share with all those under chiropractic care is, mediocrity belongs to the mediocre.

The mere fact that you draw breath and have inherited this planet as your home states loud and clear that you are privileged and gifted.

Walter Scott-Peck, a psychiatrist and author, stated that when the going gets tough the tough get going, or words to that effect.

Life is going to continually challenge you, so why resist it?

You might as well go with the flow and use your energy to make the most out of all things, both good and bad.

What has this to do with chiropractic and your spine?

The expression of existence is noted in the structure and function of the nervous system and this system dictates to our bodies their action or reaction plan.

The spine carries the hard wiring that informs the brain as to what is happening in our environment.

Spinal adjustments equals a movement toward better health.

So... seeing that it is springtime, then spring into action and ensure that you are regularly adjusted by your chiro!

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If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Simon Morgan Umina Chiropractic Centre, 428 Ocean Beach Rd, Umina 2257

Ph: 4341 6247



Restaurant gets chef's hat

A local restaurant has been awarded its first Good Food Guide Chef's Hat.

Bells at Killcare won the coveted award at a special ceremony in Sydney recently.

It was among 17 other regional restaurants to take out one Chef's

Hat at this year's awards.

Head chef Mr Stefano Manfredi has more than 30 years in the industry and specialises in Italian cuisine.

The Good Food Guide Awards showcases the best restaurants in Sydney and surrounding regions.

Each year a Good Food Guide is published following the awards featuring the Chef Hat winners and includes details of each restaurant and a review.

Clare Graham, 3 Sep 2009 Website, 3 Sep 2009 Bells at Killcare

Volunteering information

A free information session for Peninsula residents interested in volunteering for a community organisation will be held in Woy Woy on Monday, September 28.

Volunteering Central Coast recruitment coordinator Ms Sharon Page said community groups were always looking for people to help out

"Community organisations on the Central Coast are always looking for volunteers," Ms Page said.

"Whether it's developing new skills or using your existing skills, working in the community, lending a helping hand, volunteering is for you.

"Many people state that volunteering is the best thing they have ever done with their time.

"Volunteering Central Coast

continue to present our Bridge to Volunteering General Information session at Woy Woy."

Ms Page said the next session at the end of the month was a great introduction to finding out more about giving back to the community.

"Also volunteer interviews are held at Woy Woy by appointment only," Ms Page said.

"This outreach service is to assist the people on the Peninsula to access services with ease, saving travel time and money.

"We have positions available from working outdoors to cooking, receptionist work and much more, there is something for everyone.

"For the full range of volunteering positions, contact us now, to make a booking on 4329 7122."

Press release, 2 Sep 2009 Sharon Page, Volunteering Central Coast



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- BBQ Chicken, any small salad, Medium Chips
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 - 4 Chicken Schnitzel Rolls + Medium Chips
 - 4 Hamburgers + Medium Chips
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\$10 BBQ Chickens with any salad purchase

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Must mention this add for these fantastic specials

Security review after scooter theft

Woy Woy South Public School will reassess its security measures after the theft of a number of scooters at the start of the month.

School principal Mr Terry Greedy said this was not the first incident

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of theft to occur in recent times.

"Last week we had some intruders enter the school grounds during the day and steal scooters from the bike compound," Mr Greedy said.

"To guard against the loss of a bike or scooter, students have been advised to lock these items when they are left in the compound.

"Unfortunately the items taken last week were not padlocked, making them an easy target for the intruders.

"We have contacted school security and renewed our efforts to have a security fence installed to make the school less accessible to lawbreakers.

"A representative from the School Security Directorate will be visiting the school to carry out an assessment of school security needs

"One of the initiatives we are presently working on is tightening up the procedures for volunteers and visitors to the school so that we have a clear understanding of who is onsite and the purpose of their visit."

Newsletter, 11 Aug 2009 Terry Greedy, Woy Woy South Public School







Mixed Grill

Thursday Nights

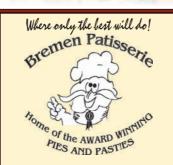
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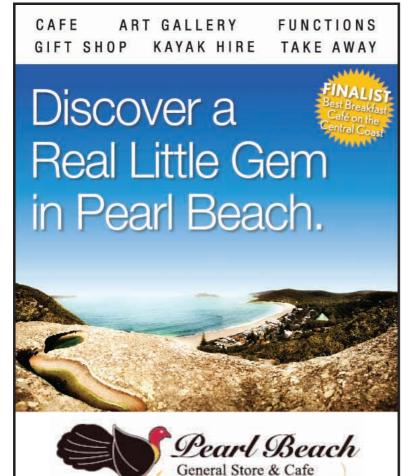
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History & News



On the beach in the 50s

It was a typical summer day - the temperature around 27 degrees with a light nor'easter, which arrived just after lunch, gently massaging the people on the beach.

There was decent surf at the Umina end whipped up by a southerly a few days earlier.

Every so often, a set of five or six footers would come through much to the delight of the hardy surfers waiting beyond the break.

A dozen or so lifesavers were earlier observed walking towards the south end with a few carrying flippers.

"Yabba" Hughes was Paul leading the pack, followed by Ron Callingham, the Dowling brothers, Tim Stewart, Stan Rogerson and a

Once past the break, you would wait until you could see the swells breaking on the point at Mt Ettalong.

There would be shouts of "out the back" and "all on" and then, with a few strokes, you could feel the surge and power of the wave taking control.

Once the lip started to curl, you were off on another exciting, lungbusting and adrenalin-pumping ride to the beach.

Competing for the waves were a number of board riders from the club.

Not those short light balsa wood boards which later revolutionised surfing, but long narrow timber boards 16 foot long and perhaps 18 inches wide.

Most were made by club members using plywood over a timber frame.

A chrome grab handle was attached to the rear.

Numerous coats of marine varnish highlighted the grain and provided a highly polished and shiny surface.

The beach of course was a way of life for many families.

Many would spend their entire day there, either in the surf, sunbaking, or simply catching up on the Women's Weekly.

By the time you were ready to go home, you would have turned a nice shade of red, with a scolding from parents doing very little to ease the pain

No-one knew about melanomas, and peeling skin was considered a natural consequence of a day in the sun.

Surf carnivals drew huge crowds.

Hessian would be put up along the perimeter of the carnival and a small admission charge went towards club funds.

Who can forget the spectacle of the march-past with lifesavers from all along the east coast competing.

Stirring music, colourful flags and costumes, combined with the precision and discipline of the teams, was a wonderful sight.

Competition was fierce between the clubs and if the surf was up, which didn't happen very often at Ocean Beach, there would be thrills and spills galore to add to the excitement.

Probably because of my perverse sense of humour, the highlight for me was the last event on the program - the pillowfight.

The sight of two grown men belting each other with stuffed pillows until one hit the ground in a most undignified manner was great fun.

Alan "Bully" Cross was one of the crowd's favourites.

Nuggetty and barrel-chested, he could usually dislodge his opponent with his first powerful and well-aimed swing.

The audience would go berserk with all sorts of homicidal and politically-incorrect threats being made to anyone else foolish enough to face him.

Occasionally the club would stage concerts on the beach.

Hundreds of people sitting on the embankment would be entertained by local artists.

I have used the term artists somewhat loosely as a few would not have survived an audition for Red Faces.

Stan would daub black shoe polish on his face and then regale us with his rendition of the Al Johnson hit Mammy.

On one such occasion, my schoolmate Noel Purdon and I sang April Showers freshly taught by the nuns.

Noel later became a highlyregarded don at Cambridge and Florence Universities.

There was one memorable occasion midweek when the shark alarm was sounded. There was a bell in the old clubhouse.

A full boat crew was not available and I volunteered to fill the vacant

The boat was launched and with much shouting from the sweep, we caught up with the shark down the south end.

With a carefully aimed harpoon, we brought an end to the perceived

We towed the monster to the beach where a huge crowd had gathered.

We were thanked profusely which was an opportune moment to take up a collection for the club.

I found out afterwards that the "killer shark" was in fact a gummy shark, a shovelnose, which was as harmless as a kitten.

This knowledge subsequently gained did not detract from the fact that we were heroes for at least 10 minutes.

When dusk finally fell on that summer day, there were only a few dogs roaming the beach and a couple of enterprising youngsters' looking for empty drink bottles to cash in the following day.

Letter, 28 Aug 2009 Fred Landman, Daley's Point

Directory records hits

APeninsulanetworkcompany claims to have recorded more than 100,000 hits on its online local business directory.

Peninsula resident and owner of the Qwert Network Mr Simon Younger said the company reached the milestone in just one month.

"The thing that we are excited about is that we only have about 2200 businesses on our directory, so it equates to a ratio of about 45 hits to every listing in one month," Mr Younger said.

Mr Younger said the Qwert Network has established an

arrangement with Rotary Down Under allowing some of the advertising revenue to be distributed back to the local community

"Thanks to Qwert and the local businesses that advertise through them, over \$1500 has been donated back to local not-forprofit organisations and recently \$500 was donated to St John's Ambulance Peninsula division to help continue with their community work," Rotary Down Under representative Mr Lex Laidlaw said.

Press release, 20 Aug 2009 Simon Younger, Qwert Network

Picnic planned

The Peninsula Environment event is for members and non-Group will host its regular Picnic in the Park event on Sunday, September 20.

The picnic will begin from 11am to 2.30pm at the Lions Park at the end of Brickwharf Rd, Woy Woy.

child-friendly

members interested about local environmental issues.

Participants are encouraged to bring their own food.

Email, 1 Sep 2009 Zainem Ibrahim, Peninsula **Environment Group**

Veterans win grants

Woy Woy Ettalong Hardy's Bay RSL Sub-branch has been awarded a \$7785 grant to assist local veterans' access their entitlements and connect with community and government services.

As part of the grant, \$6600 will go towards the position of a parttime administrative assistant and \$1185 for travel expenses and consumables

The Vietnam Veterans Association of Australia Gosford City Sub-branch also received a funding of \$8000 for travel and consumable items.

Member for Robertson Ms Belinda Neal said the grants were provided through the Department of Veterans' Affairs Building **Excellence in Support and Training** program.

"These grants to local ex-service organisations provide ongoing support for Central Coast veterans' groups so they can deliver muchneeded services to veterans, war widows and widowers in our community," Ms Neal said.

Press release, 24 Aug 2009 Belinda Neal, Member for Roberston

Book award selection

A Umina bookstore has taken part in the process of selecting this year's winner for the Indie Book Award.

Now in its second year, the Indie Book Award involves Australia's independent booksellers.

Each bookseller is given the opportunity to choose and reward their favourite Australian books from the last 12 months.

"We're delighted to be playing a part in choosing the winner," Book Bazaar owner Ms Mandi McIntosh

A panel of bookseller judges chooses winners in four categories - Fiction, Debut Fiction, Non-Fiction and Children's.

Ms McIntosh was a panel judge to shortlist the children's category.

These four category winners will then form the shortlist and independent booksellers from across the country then vote to select the best of the best.

> Press release, 17 Aug 2009 Mandi McIntosh, Umina



Learn to Belly Dance

with Behind The Veil Awaken your feminine spirit and release stress with

this beautiful, ancient dance. Enquire now for Term 3 courses

Beginner, Intermediate and Children

At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain

and liven up your next function. Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on **0403 879 772** or email kellybellydancer@hotmail.com

Variety night at folk club

Troubadour Central Coast folk club will host a variety night at the CWA Hall in Woy Woy on Saturday, September 26.

Club president Mr Bill Bekric said floor spots were filling up quick to perform on the night.

"We will have all our popular regulars and I have almost filled the night with acts who have contacted me so please don't be disappointed if there is no room for extra floor spots on the night," Mr Bekric said.

"Of course, there may be some no shows and some who won't use the whole 20 minutes, so a night like this has to be flexible.

"The variety night is becoming a firm favourite and we guarantee a wonderful mix of song and music."

The concert will start from 7pm and entry starts from \$7 for members, including supper.

Mr Bekric said the club would also be holding its annual campout weekend from October 9 to 11 at

For more information contact billbekric@optusnet.com.au.

Press release, 2 Sep 2009 Bill Bekric, Troubadour **Central Coast**



First performance warmly received



Wagstaffe The Bouddi Society Classic Meillon), his hapless son Larry Film Night will screen The Picture Show Man at the Wagstaffe Hall on Tuesday, September 22.

"Wagstaffe Hall has been the site of many movies over the years," vice president Mr David Dufty said.

"The original hall had a projection box especially built for this purpose.

"What could be more appropriate than to show the classic Australian movie The Picture Show Man in this hall.

The movie is based on the life of E Lyle Penn, an old time showman who travelled New South Wales during the 1920s showing silent movies in country towns.

"The Picture Show Man is a lively and warm comedy chronicling the adventures of Maurice Pym (John (Harold Hopkins) and Freddie the amorous piano tuner (John Ewart) as they clash with rival showman Palmer (Rod Taylor) unreeling silent films to country townsfolk.

"Pop Pym also doubles as an entertainer, whenever the projector (hand-cranked by Larry) breaks down.

"Gary McDonald also has a role in the film."

The Bouddi Society will present the family movie from 7:30pm.

Entry to the film starts from \$5 for students, \$12 for members and \$15 for non-member.

"Drinks and nibbles are included in the entry price and there will be an introduction to the film and discussion afterwards," Mr Dufty

Press release, 2 Sep 2009 David Dufty, The Bouddi Society The Association for Music Performance has received "a great response" to its first performance at **Pearl Beach Community Hall** on August 28.

Association member Albertina Viegas said the night was an interesting and expressive beginning for the group.

"People came from Newcastle, Sydney, but mostly from the Central Coast, especially Pearl Beach and found it an interesting evening ranging from thought-provoking to visceral performances," Ms Viegas

"One response likened some of the performances to be like that of the historic Beat Poetry.

"Poetry had 'rhythms and non rhythms', was another comment.

"Welcome Song: in The Manner of A Sonata by John von Sturmer with Slawek Janicki on contrabass set a very strong beginning to the night including the serving of food which became part of the performance, following a Lighting Ceremony with kids from Pearl Beach community with 34 origami paper boats.

"Installation of long, upturned boat with video of fire and other sculptural elements by Daniel Wallace and John von Sturmer resonated in the space which is fitting and echoing the Pearl Beach Memorial Community Hall as a

"A poem about art by Dadaist Tristan Tzara read eloquently by Djon Mundine as part of a video presentation also with jazz performers and other short films by members of the Association for Contemporary Music and Performance who were unable to attend the night - from Venice, Cairns and other places.

"The highlight end of the evening with improvised music performance by Wanders-Janicki-Janicki Trio (sax-contrabassdrums) with Melbourne-based European Kris Wanders on high octane sax cleared the room or gripped the remaining audience.

"Qba Janicki's high technical skills on drums and percussion while Slawek Janicki was sustaining and resounding on double bass."

Press release, 4 Sep 2009 Albertina Viegas, Association for Music and Performance

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What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

Country CWA, Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, eng: 4341 3222 CLOSED TEMPORARILY, Call 4325 8292 for relocation details

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd CLOSED TEMPORARILY

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina -0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WWEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy **DAILY EVENTS**

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf. Playtime Mon-Fri 9am, Little Gym

Better Hearing Class Mon-Fri 1.45pm, **ESCC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au **WWEC**

Second Tuesday of every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC Get Together afternoon tea,

Pearl Beach Craft group, 1.30pm, **PBPH**

Stroke recovery group, 11am,

PCC.

Diabeties Support Group, 10am,

Animal Welfare League, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, UCH

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790,

ACF meeting, 7.30pm, WWEC

Fourth Tuesday of every month

Toastmasters, 7.15pm, EBWMC Combined Pensioners assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday Free herbal clinic, enq: 0437 401

810 PWHC Woy Woy Blood BankA @

Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silk craft 10am

Mums &bubs playgroup 1pm Pastel classes for kids 4pm

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034 Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm;Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Motivation & Empowerment classes; Craft, 9am, PCC

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Latin Dancing, 9.15am; Cards, 12.30pm ESCC Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), eng: 4360 2705, WH Folk Art, 9.30am; Silk Dyeing, 1pm, **EBACC**

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10:30am only, enq: 4368 2847, CWA Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH** Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, **EPH** Supported Playgroup for first

time and single parents, 12.30pm-2pm, enq: 4340 1111, BFC

WEDNESDAY

First Wednesday of every month

CWA 10am, handicrafts, enq: 4372 2069

Coffee Morning, social gettogether, 10am, PWHC

Second Wednesday of every Month

Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, **ECC**

CWA 10am, handicrafts, enq: 4372 2069

Third Wednesday of every Month

Wrap With Love knitting group 10am, PWHC

Fourth Wednesday of every month

Woy Woy CWA 10am craft, 1pm business meeting, enq: 4372 2069 **CWA**

Everalades Probus Club. 10am. ECC, enq: 4341 0664

Drumballa Drum Circle 7.30 RBG

Every Wednesday

Women's Health Clinic, three times a month, enq: 4320 3741; Counselling by Donation **PWHC**

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

St John's Ambulance, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 **PCC**

Craft for love & Garden club 10am RBG

Tax Help by appt; Free Occasional Care, 9am; School for Seniors Oil Painting, 9am-12; Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 3.30pm; Coast Care Counselling; Weight Watchers, 6pm; Belly Dancing, 7pm and 8pm;

Dance & Theatre School, 3.30pm; Motivation & Empowerment classes: Brisbane Water Scrabble Group, 6pm; St John Ambulance Service Peninsula Division meeting 7.30pm

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina. Seniors fitness, 9am, enq: 4332 8550; Woy Woy Judo Club, 5.30pm, enq 0434000170 **EPH**

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC Children's story time, Woy Woy library, 10.30 (Exc Jan)

Anonymous, Alcoholics 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy

Handicraft, 9am, enq: 4341 1073,

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, enq:4369 2275 ECC

Dance Club, 1pm, EBWMC Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay,

enq: 4341 4125 Leatherwork, 9am; Table Tennis, 9am; Bridge, 12.15pm; Scrabble, 12.45pm; Group Fitness, 1pm; Yoga, 2.30pm ESCC

THURSDAY

First Thursday of

every month **Brisbane Water Senior Citizens** 1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC Australiana Bus Trips, PCC

Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; EBWMC

Fourth Thursday of every month

immunization clinic, Aboriginal & Torres Strait Island

children 0 - 5 years, 9am BFC **Umina Peninsula Mixed Probus** Club, 10am, new members welcome, enq: 4343 1039 ECC Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy

Every Thursday

Woy

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

Creative Writing, enq: 4369 1187,

CWA Occasional Care. 9am: Youa. 10am; School for Seniors, Australiana, 10.30am; Bridge, 12pm; The Web, 2pm; Yoga, 9.30am; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Drumbala Classes: Kids Drumming 4.30pm; Adore Music Tuition 4.30pm; Community College courses inc. painting, drawing, beading, languages and meditation; Ballroom Dancing,

9am, PCC Free entertainment, 6.30 pm; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club

Raffle, 5.15pm, EMBC Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, eng: 0425 229 651

Scrabble, 12.30pm, WWPH Children's art classes, 4.30pm, **EBACC**

Card Club, 1pm; Chess Club, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; **Table Tennis**, 1.45pm; Cards noon, ESCC

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195 Adult tap dancing, 10am, enq:

4342 3925, **EPH** Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am; Cards, 12pm; Tai Chi, 1pm; Table Tennis, 1pm, **ESCC**

Pilates, 9:30am, enq: 4384 5005; Mah-jong, 2pm, enq: 4360 2178; Yoga, 5:30pm, enq: 4323 1859.

St John the Baptist Craft Group, 9am to 12pm, \$3 for morning tea, all welcome, enq: 4344 2064, meet at

Walter Baker Hall (opp church)

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC Second Friday of every

month month

Book Bazaar, book Club, 10:30am, enq.42422482 RSL Sub Branch meeting,

2.30pm, **EBWMC** Third Friday of every month Legacy Ladies, 9am, enq: 4343

3492, **EBWM**C Fourth Friday of every

<u>month</u> Peninsula South Bouddi Community Assoc, 1.30pm, enq:

4360 1002, **WH** SchoolforSeniorsBushwalking; Civilian widows, 1pm, ESSC School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina **Uniting Church**

Bingo, 11.30am, enq:4343 1664, UCH

Lollipop Music Playgroup (0-4 years), enq: 4343 1929, BFC Old Wags Bridge Club,

(except 4th Fri) 1:30pm, enq: 4360 1820, **WH** Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, **EPH**

Watercolour Painting, 10am, **EBACC** Painting, 9am; Line Dancing, 9am; Bridge, 12.15pm; Scrabble,

12.45pm **ESCC** Gym Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm

(Senior), PCYC Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), Primary **Kids Club**, 4.30pm, enq: 4343 1237 Alcoholics Anonymous, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq:

4342 7303 Hardys Bay Community Church, indoor bowls, canasta, scrabble, morning tea 10am, enq: 4363

1968 Occasional Care, 9am; Kindy 3-5s, **Gym**, 0-3s, 9.15am, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Bridge Club, 12pm; The Web, 2.30pm; Kempo Karate, 5.30pm; Dance & Theatre School 4pm U3A Courses; Free financial counselling, alcoholics anonymous, 6pm; Pilates, 8.15am; Overeaters Anonymous 7.30pm:

Painting, 9.30am, **PCC** Women's walking group, 9am-

11am, PWHC Fishing Club, **EBWM**

Krait RSL Day Club, 10:30am, Kooinda Village, eng: 4341 8151 Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, WH Friendship for Seniors, Hardys Bay Community Church, 10am-

12pm, enq: 4360 1598 Woy Woy Judo Club, 5.30pm, enq 0434000170 **EPH**

Tai Chi for blind or vision impaired, 2pm, enq: 4324 064 Umina **Uniting Church**

SATURDAY

First Saturday of every month

The National Malava & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, **EBWMC**

What's On in and around the Peninsula

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 Alliance Française, French conversation, 11am, enq:0412 252 709

MelaleucaWetlandRegenerationGroup,BoroniaAve, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am

Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712; Chatterbox Group, **PCC**

Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 Peninsula Residents Asociation (PRA), 3PM WWEC

Market Day, 9am, Sydney 2000 Park, **UCH**

Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, CWA

<u>Last Saturday every month</u> Bushcare Wagstaffe group, meet

Half Tide Rocks sign, 8am

Melaleuca

Regeneration

Ave, Woy Woy 8am

Wetland

Boronia

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Children's Pottery, 9am; Silvercraft Class, 1pm EBACC Weight Watchers, 8.30am; Dance & Theatre School, 9.30am; Bridge Club, 12pm; Photography course (monthly); The Web 5pm-9.30pm; School for Seniors social outings arranged throughout year, PCC

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, EBWMC
Gym Sessions, 9am; Drama &
Discovery, 9am, PCYC
Brisbane Water Bridge Club,

12.30pm, enq: 4341 0721, WWLC

Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

SUNDAY

First Sunday of every month

Umina Boardriders meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

Second Sunday of

every month

Ladies Auxiliary of Vietnam Vets, 10 am; Vietnam Vets, 11am, EBWMC

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of

every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong.

EBWM Vietnam Veterans Peacekeapers, Peacemakers meeting, eng: 4344 4760

Peninsula Environment Group, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www. peg.org.au

Fourth Sunday of every month

Old Time/New Vogue Dancing, 1pm-4pm ESCC

Last Sunday of every month Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, eng: 4341 4151

The Bays Community Group Monthly Aussie Hot Breakfast \$8.50 adults, \$4 kids Bays Community Hall, Woy Woy Bay

Every Sunday

Fijian Cultural Group, 11am-4pm; Coast Community Church Services, 9am & 5pm, enq: 4360 1448; Full Life International Church, 10am-3pm, PCC

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

UminaBlueSwimmersMensWinterSwimmingClub.swim at the Pearl Beach RockPool at 9.00am. All ages. Newmembers welcome. until October.0417655182.

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, EBWMC

Endeavour View Club Luncheon, eng: 4344 3825, ECC

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587 Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of

every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; RSL Sub Branch, 2.30pm; Card Club, 1pm, EBWMC

Killcare Heights Garden Club, 10:30am, eng: 43601595

Coastal Crones (over 50's), Friendship group PWHC

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month War Widows, 1pm, 43410286, FRWMC

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 2945, WH

Fourth Monday of every month

Toastmasters Speachcraft Classes, 6pm, EBWMC

Labor Party Peninsula Day Branch, 1pm, **CWA**

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

<u>Last Monday of</u> <u>every Month</u>

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Umina Cash Housie, 7:30pm, enq: 4323 3566, EMBC
Walking with other Mums enq:

Liz Poole 4320 3741

Early Childhood Clinic and Koori

Cuppa for Aboriginal families,
(0-5 years) inc. immunisation, 9am-

10.30am, enq: 4343 1929;**BFC Yoga**, 9.30am, Ph.4360 1854, **WH Mums Meditation**10am,

Open studio weekend

The Gosford Regional Gallery has organised an artist open studio weekend which includes artists from Wagstaffe on October 17 and 18.

The gallery will also hold an exhibition of group work in Wamberal and Wagstaffe halls as part of the weekend tour.

A group of local artists involved in the Wagstaffe Hall exhibition include acrylic painter Mr Dayle

McCredie from Empire Bay, Susie Ross from Killcare Heights, John Biggart from Wagstaffe and Killcare artists Pierce Jones and Jeanie Atkinson.

The studio locations can be visited as a self-drive tour or by booking a place on one of the tour buses leaving from Gosford from 9am.

Pamphlet, 2 Sep 2009 Terri Graham, Gosford Regional Gallery

Drumming classes 4pm RBG Dancing, 9am; Mahjong, 12.30pm; Fitness, 1pm, ESCC

Gym Sessions, 8am; Tiny Tots, 9:15am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), PCYC

Carpet Bowls, 9am; Card Club, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; Bingo, 11am, enq: 4323 3566, EMBC

Arts and Crafts for people with a disability, 11am, enq: 4341 9333 Patchwork & Quilting, 10am; Pottery, 10am & 1pm, EBACC Children's Story Time, Woy Woy Library, 10.30am, Occasional Childcare, 9am; Central Coast Volunteering, 9am; Over 55's Gentle Fitness, 9am; Supported Playgroup, 9.30am & 12.30pm;

Yoga, 9.30am; Mad Monday Craft & Cooking, 11am; Bridge Club, 12pm; Physical Culture Club, 4pm; Coast Care Counselling, 3.45pm; Dance & Theatre School, 3.45pm; U3A Courses; Ballroom Dancing, 9am, PCC

Craft group, 1pm, BFC

Fairhaven Services Cash Housie, 7.30pm, EMBC

Yoga, 9:30am, enq: 4360 2705, **WH**

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH Sea scouts**, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, WWEC

Woy Woy Judo Club. 5.30pm, eng 0434000170 **EPH**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News

Details Page 2



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Education



Schools receive \$7 million

Three local primary schools will receive almost \$7 million in Federal funding.

The funding announcement will see Ettalong, Pretty Beach and Woy Woy public schools obtain a total of \$6.9 million to upgrade and build new classroom facilities.

Member for Robertson Ms Belinda Neal said: "This investment in our local primary schools is long overdue and will go a long way to supporting local jobs during the global recession.

"Teachers and students in our local schools should be teaching and learning in 21st Century facilities.

"I am delighted that Ettalong Beach Primary received a total of \$3.029 million, with more than \$2.6 million of this going towards new classrooms."

Ettalong Public School has been granted \$350,000 towards classroom upgrades and \$2.6 million for a new classroom facility.

Pretty Beach Public School will obtain \$850,000 towards classroom upgrades, while Woy Woy Public School will gain just over \$3 million for a new classroom and special education facilities.

Ettalong Public School principal Mr Colin Wallis said the school was delighted at the announcement of

more than \$3 million for the school community.

"This is a very exciting initiative for the school and one that will have long term benefits for the school and our students' learning," Mr Wallis said.

"It will greatly enhance our learning and teaching environment by constructing a new classroom block of six classrooms, at this stage to be located where G block presently stands and to refurbish some existing classrooms."

Press release, 2 Sep 2009 Belinda Neal, Member for Robertson Newsletter, 2 Sep 2009 Colin Wallis, Ettalong Public School

Distinctions in science and writing

Several students from Woy Woy South Public School have achieved "outstanding results" in University of NSW writing and science tests recently.

Students took part in the University of NSW International Science Test and also the International Competitions and Assessment for Schools test.

According to school principal Mr Terry Greedy, more than 45 per cent of students who took part in the science test gained a credit result or higher.

"The standard of performance from the students was very pleasing," Mr Greedy said.

"Our Year 4 entrants as a cohort achieved results well above the

state average in science.

"Francesca Welham, Nicole Dallis, Marina Noorbergen and Zachary Dingwell were awarded a high distinction for their efforts."

A large number of students from across all grades also received good results in the writing component.

High distinction achievers were Year 4 students Anita Gibson and Alison Baker while distinctions went to Nicole Dallis, Nathan Chapman, Lauren Hayes and Arden Hechenberger.

Aleesha Caldwell, Luke Besley, Emily Hogg and Olivia McParlane achieved credits in the test.

Newsletter, 25 Aug 2009 Terry Greedy, Woy Woy South Public School

Kids and speech workshop

Peninsula parents concerned about their child's speech will have the opportunity to attend a special workshop at Beachside Family Centre on Wednesday, September 9.

The Kids and Speech Workshop will be led by local speech pathologist Ms Lisa Raufauore.

Beachside Family Centre facilitator Ms Debbie Notara said parents asking questions about their child's speech should join in the workshop.

Ms Notara said common questions included: "I can understand my child but others can't. Is this normal?

"What age should the K sound be said correctly?

"How can I help my child to talk better?

"When should I see a speech pathologist?

"I think my daughter's lisp is cute, why change it? "When should I be able to

understand my child?

"Where can Last more help?"

"Where can I get more help?"

Ms Notara said: "If you have ever asked yourself any of these questions, come along and hear a speech pathologist discuss articulation development, how to determine if there is a problem and ways that a parent may help to correct it."

Ms Notara said Beachside Family Centre was offering a "wonderful opportunity" for parents to learn about speech and language and ways to help their child.

"There will be a trained speech pathologist Lisa Raufauore, who will run the Kids and Speech Workshop.

"Many parents on the Peninsula have concerns about their child's speech and are unsure what help is available.

"We have onsite child care available so as many parents and carers as possible can attend."

The Kids and Speech Workshop will be held from 10am to 11.30am at the Beachside Family Centre in the grounds of Umina Public School in Sydney Ave, Umina.

Cost for the workshop is free and child care is available for a gold coin donation.

For more information, contact Debbie Notara on 4343 1929.

Press Release, 28 Aug 2009 Debbie Notara, Beachside Family Centre

College holds variety night

Brisbane Water Secondary College will host a variety night of music, drama and dance on September 16 and 17.

The evening will showcase performances from this year's HSC group as well as performances by other students.

Dance students Taylor Ritchie Hunter, Keira North, Kyanne Nash and several other girls have been involved in the Hunter Schools Dance Festival, Central Coast Dance Festival and StarStruck.

Also in the dance category is Amanda Bruce who is completing an accelerated HSC dance course and the schools group of C-walkers whose videos are prominent on YouTube.

The event will also feature not only several student bands but a teacher's band led by music teacher Ms Leanne Bradley.

Other singing acts include Eden Hook and Jessica Beazley who are both starring in this year's musical, soloist Shahntrell Tevi, classic guitarist James Haldezos and Mr Vojkovic's drum band.

Juggler Cody Harrington who holds the record for being the youngest juggler to juggle seven balls and six clubs will be performing at the show.

Dance coordinator Ms Nerrida Lewis said it was a great opportunity for the students and the community.

"It is good to see the community get behind these events as it gives them a chance to see what is on offer these days at school," Ms Lewis said.

"It is so different now with so many choices of subjects. Also it gives them an opportunity to see how much young talent is on the Peninsula."

Press Release, 4 Sep 2009 Nerrida Lewis, Brisbane Water Secondary College



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New deputy

Ettalong Public School has been appointed a new deputy principal Ms Lynn Balfour.

School principal Mr Colin Wallis said: "Lynn has relieved or acted in this position since late January 2008.

"This is a well deserved permanent promotion for Lynn.

"I know she will continue to maintain her strong dedication, commitment and outstanding work ethic in this role."

Newsletter, 2 Sep 2009 Colin Wallis, Ettalong Public School

Old glasses wanted

Students from Ettalong Public School have been asked to take part in a program which provides secondhand spectacles to people in Third World countries.

The program aims to assist people who cannot afford basic eye care.

After students donate old glasses to the school, they are

cleaned, repaired, classified by prescription, catalogued in a computer system and handdelivered to disadvantaged communities in countries such as Thailand, Mexico and South Africa.

Students have until the end of the month to contribute to the program.

Newsletter, 2 Sep 2009 Ettalong Public School

Tennis clinics

Umina Tennis Courts will conduct free clinics from September 14 to 18.

The clinic is open to children not currently learning tennis aged six and up.

Racquets are supplied if necessary.

Bookings are essential on 4341 0970.

Newsletter, 1 Sep 2009 Woy Woy South Public School

Breakfast club celebrated

Ettalong Public School celebrated the first anniversary of its Breakfast Club program on August 19.

As part of celebrations, staff and students received a visit from the Star FM breakfast show Rob and The Flack

The morning show was broadcast live from the school while students enjoyed their morning breakfast.

School principal Mr Colin Wallis said the morning was a great success.

"There was a great response from the school community and Rob and The Flack commented on the great school community spirit that was so well evidenced during

Morning," Mr Wallis said.

"During the morning we also celebrated the first anniversary of our Breakfast Club that has supplied breakfast to our students for the past 12 months."

Newsletter, 25 Aug 2009 Colin Wallis, Ettalong Public School

Parish celebrates Mary MacKillop

The St John the Baptist Parish, Woy Woy, recently celebrated the centenary of the "entry into eternal life" of Mary MacKillop.

More than 150 parishioners joined to mark the special occasion on August 9 and to honour the work of Mary Mac's Place volunteers in helping the less fortunate.

"Mary MacKillop is the inspiration behind a notable work of charity in which many parishioners have been engaged over 17 years," parish office coordinator Ms Libby McManus said.

"The work, known by many people on the Central Coast as Mary Mac's Place, is a parish mission supported by many local organisations and community members, but especially by Centacare, Broken Bay, the staffs of Centrelink Ettalong and Woy Woy, the Newcastle Permanent Building Society, the Reuben F Scarf Foundation and the St Vincent de Paul Society."

Ms McManus said members of the parish joined together for



morning tea following Sunday morning mass to also pay tribute to the work of the Sisters of St Joseph of the Sacred Heart in the parish over many decades.

"The parish community acknowledges that Mary Mac's Place brings many blessings to the community and that we, as a

community, are privileged to have the opportunity to serve, daily, our companions in need," Ms McManus

> Press release, 21 Aug 2009 Libby McManus, Woy Woy Catholic Parish

Girls win touch game

The Woy Woy South Public School girl's touch football team played against Empire Bay at Ettalong Oval on August 24.

"Woy Woy South scored first with Sarah Walker finishing an impressive attacking raid," said school principal Mr Terry Greedy.

"Empire Bay soon fought back and an outstanding game ended in

a one-all draw at fulltime.

"The drop-off rule was used in extra time resulting in a three versus three situation.

"Finally, Brittney Gow broke the deadlock with a great try.

"The final minutes were nervewracking and everyone was exhausted when the final whistle was blown.

"Sarah Walker was captain for the day and proved a very capable leader.

"Abbey Casey and Jasmine Mandy made strong raids up the middle and Emma Brady, Amy Corda and Imogen Thomas were champion defenders.

"Jazmine Jones, Phoebe Joseph and Hayley Telfer never gave up and saved some close calls.

Newsletter, 25 Aug 2009 Terry Greedy, Woy Woy South Public School

Finals played at Woy Woy

The minor semi-finals of the Central Coast Rugby Union competition were played out at Woy Woy Oval on August

The event attracted more than 800 players and spectators as first grade competitors Kariong and

Terrigal battled it out for a spot in the preliminary final.

"The minor semi-final saw Kariong defeat Terrigal by 14 points to seven in a typically hard fought semi-final clash," Central Coast Rugby Union president Mr Larry Thomson said.

"It was a closely fought match

from start to finish.

In other grades, Terrigal defeated Gosford 17 to 12 in second grade while Kariong just missed out on a win against Avoca with a 15 to 14 finish in third grade.

Press release, 30 Aug 2009 Larry Thomson, Central Coast Rugby Union

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Public Notices

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au 4341 4060

Fete held at centre

Woy Woy Peninsula Community Child Care will host a fete on Saturday, September 26.

The fete day will be held at the centre located in John Hoare CI in Woy Woy from 8.30am to 12.30pm.

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Child care supervisor Ms

Amy Carson said the fete

would feature a jumping

barbecue,

cakes, trash and treasure

Email, 10 Aug 2009 Amy Carson, Woy Woy Peninsula Community **Child Care**

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Sand slog will be held again

The Umina Beach Sand Slog will be held on September 27 following the success of last year's event.

Event coordinator Mr Greg Brown said Umina Beach Surf Life Saving Club would once again host

Mr Brown said: "We will be welcoming the new surf season in with a bit of exercise on beautiful Umina Beach.

"We have a 10k race for the fit and energetic and a five kilometre run for the others.

"We also have a two kilometre for the Under-12s.

"The two kilometre is a noncompetitive run.

"Any child that can complete the two kilometre run is a winner and will be given a T-shirt stating that."

Mr Brown said the run will start from 8am and will be on both hard and soft sand over a measured

"There will be medals for all age groups except for the kids run and a heap of lucky door prizes for those that attend presentation at 10am," Mr Brown said.

"Entry forms are available on our website at www.umina-slsc. com."

Press release, 28 Aug 2009 Greg Brown, Umina Surf Life Saving Club



Cricket club holds reunion

Woy Woy Cricket Club is calling all current and former members to celebrate its 80 years of involvement in cricket on the Central Coast.

Club member Mr John Ridley said the reunion would be a night to catch up on old times.

"All ex-players and partners,

officials, helpers and supporters are invited to attend the reunion," Mr Ridley said.

"The club has enjoyed 80 vears of competition in Central Coast cricket and is hoping to attract as many people who have been involved with the club as possible."

The event will be held from on

Saturday, September 19, at the Everglades Country Club.

Anyone interested in attending or anyone who knows an ex-player is asked to contact John Ridley on 4342 1546 or by email johnridley@ netspace.net.au

Press release, 4 Sep 2009 John Ridley, Woy Woy Cricket Club

Rugby team finishes sixth

Woy Woy Rugby Union Club putting Terrigal to the test. played out its final round of the season at the Haven Oval in Terrigal on August 22.

Despite defeat in all grades for the club, Woy Woy first grade finished sixth on the competition ladder.

Central Coast Rugby Union president Mr Larry Thomson said Woy Woy played a hard fought match against Terrigal in spite of its 22 to seven loss.

'Terrigal took control in the first half and went to the half time break leading by 10 points to nil," Mr Thomson said.

"But they were certainly not having it all their own way.

"Woy Woy were playing some good rugby and were certainly

"In fact Woy Woy scored early in the second half to make the score 10 points to seven and the game was definitely up for grabs.

"This remained the score for quite a while and both teams had their chances of getting the ascendancy.

"However, it was Terrigal who were to finish the stronger and ran out winners by a margin of 15 points.

"Best players for Woy Woy were number eight Luke Serevi, second rower Paul Gooley and half back Gavin Hewitt."

Press release, 23 Aug 2009 Larry Thomson, Central **Coast Rugby Union**

Zac **Australia**

One-time Woy Woy junior Zac Fell will be pulling on the green and gold after being chosen to represent Australia A in rugby union.

The St Edwards student has come a long way since his first season for the Woy Woy Lions Junior Rugby Club under-9s and is the first St Edwards' student to play for Australia in rugby union.

Zac currently plays flanker for Gordon Rugby Club in the first grade Colts side and trains two nights a week in Sydney.

His selection in the Australia A squad came through his performances for the NSW team where, despite playing the third game injured and sick still managed to impress selectors.

The team will play in September against Tonga and New Zealand after which a team will be selected to tour England.

Zac's mother Dina said Zac was "very dedicated" and had already talked to the ACT Brumbies about a training camp next year.

> Kevin Holloway, 7 August 2009 Interviewee: Dina Fell, Tascott

plays for

Rugby League Football Club was defeated in all grades for the semi-finals of the Central Coast Rugby League competition across the weekend of August 29 and 30.

Umina

In an elimination semi-final, Umina first grade were defeated by Northern Lakes 40 to 18, ruining its premiership finish.

Umina were also defeated by Northern Lakes in the reserve grade

grades elimination semi-final finishing with a 44 to 16 defeat.

> Despite a 30 to 28 defeat against Erina, Umina Under-20s will have another opportunity to secure a spot in the finals when they play Woy Woy on September 5.

> Umina Under-18s also saw disappointment with its 20 to 14 finish against Berkeley Vale in the elimination semi-final.

Website, 2 Sep 2009 **Central Coast Rugby League**

Eighth place

Woy Woy Rugby League Club's first grade side remain in eighth position on the competition ladder following a defeat by Ourimbah on August 16.

The final score saw a 52 to 14 win for Ourimbah at the conclusion of round 17 of competition.

Reserve grade for Woy Woy also saw defeat, with a 24 to 16 loss against Ourimbah, while the under-20s team managed a 54 to 12 victory for Woy Woy.

six at the full time bell.

Woy Woy under-18s lost 10 to

Website, 18 Aug 2009 Central Coast Sports

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Calyn Wilkinson (yellow) & Hayden Emery (white) before the final of the open 9ft final of the 2009 Mal de Mer

Malibu results

Ocean Beach Malibu Club held its monthly contest in mixed surfing conditions on August 9.

"Low tide and four foot straight handers greeted us as dawn broke, but with the tide on the rise, it was decided to position the contest in the middle of the rip and hope for the best," contest director Mr Craig Coulton said.

"With just a little bit more water, an occasional right hander developed which received every surfer's attention for the first two heats.

"By heat three, Garry Halliday and Craig Coulton were the first to notice a hollow left break developing into the rip, with both surfers making the most of it, getting three times as many waves as the other competitors surfing the right hand break.

"From there on it was the fast improving left hand break that was the major drawcard which saw some excellent surfing.

"Round one heat winners were Hayden Emery, Calyn Wikinson, Craig Coulton, Mark Williams and Richie McClelland.

"Round two, in the firsts, again saw the battle for supremacy between Calvn Wilkinson and Hayden Emery, this time with

"In the seconds, Garry Halliday had a convincing win, with Luke Cousins and Adam Hillard taking out the minor placings.

"The thirds saw Len Wilkinson take the honours from Barrie Salmon and Kai Ellice-Flint, while in the fourths, young Nick Somogyi outpointed the vastly more experienced Mark Rylands and Bill Burke.

"Dave Moulton continued his winning run in the fifths, with Tony Irwin and Neville Gough placing second and third respectively."

The club's next contest will be held on September 12.

Press release, 25 Aug 2009 Craig Coulton, Ocean

Surfers gear up

Umina Boardriding Club is competitive surfers begin their gearing up to compete in this seasons' Surftag Series.

Umina will join other board riding clubs including Macmasters, Avoca, North Shelley, Wamberal, Norah Head, Catherine Hill Bay and Merewether in the NSW North qualifier event.

Umina Boardriding Club member Drew Courtney, currently in Europe competing on the Association of Surfing Professionals World Tour events is looking forward to the new season's series.

"We all love getting back to our local board riders' club to team up and put back into the club," Mr Courtney said.

where all Australian careers and it always feels good to give back to the club in these team events that are full of passion.

"I can't wait."

The top four teams from the NSW North event will qualify for next year's Surftag National Final at North Narrabeen in February.

"With the introduction of the NSW North event, the series continues to grow and attract new teams," said Global Surftag representative Mr Steve Harrison.

"The big thing this season will be the increased teams at the national final which will result in the biggest and best line-up of Australian surfers this summer."

> Press release, 3 Sep 2009 **Global Surf News**

Hayden scoring maximum points for the day, with Mark Williams Beach Malibu Club

Pool activities for vision-impaired

Pool-based recreational activities for people with blindness or low vision are now available at the Peninsula Leisure Centre.

Activities including learn-toswim classes, swimming laps and hydrotherapy have been specifically adapted and designed to meet the needs of people living with a vision impairment.

"Taking part in recreational activities is a wonderful way to connect with like-minded people." Vision Australia team manager Ms Amanda Hancock said.

"These groups give people who

are blind or have low vision the confidence to get out and about in their local communities.

"It has made a huge difference in the lives of some of our clients, particularly those who have lost their vision in later life.

"The change in their levels of confidence is staggering, not to mention the physical benefits of increased fitness and balance.

"Social engagement is significant for everyone's mental and physical wellbeing.

"Vision Australia works in partnership with people who are blind or have low vision and their local communities to offer them

support and to encourage them to take up hobbies and recreational pursuits.

"The new swimming groups are a great example of this partnership in action.

Ms Hancock said the swimming groups would involve four to five participants at both Gosford and Woy Woy swimming facilities.

She said volunteers would also be on hand to provide support with sighted guide and anything else that may be required.

For more information, contact Nathalie on 0415 639 122.

> Press release, 27 Aug 2009 Megan Denyer, Vision Australia

Longboarders travel north

Fifteen surfers represented the Ocean Beach Malibu Club at the 20th annual Mal Muster surf competition at Bonny Hills last month.

The local surfers travelled to the north coast of NSW to compete at the Mal De Mer Longrider Club's annual contest at Rainbow Beach on August 14 to 16.

There they joined more than 100 surfers from across Australia to compete for the title.

Ocean Beach Malibu Club publicity officer Mr Craig Coulton said six local surfers managed to progress into the final stage of the competition.

"Two of the state's best up and coming longboarders Kai Ellice-Flint and Bryce Williams took out first and second places respectively in the cadets division, while Angela Smith placed fourth in the women's

final," Mr Coulton said.

"Bryce Williams then backed up in the Under-18s to take fifth place, even though he is only 13 years

"In the open nine foot division, Hayden Emery appeared to be harshly judged to claim fifth place, with Calyn Wilkinson finishing in sixth spot, while Craig Coulton managed sixth position in the final of the Over-50s division.

"Mark Williams and Hayden Emery then drove the 15 minutes north to Port Macquarie to compete at the Australian Longboard Titles.

"Unfortunately Hayden was eliminated in his second heat, while Mark Williams progressed to the semi-final of the Over-45s, placing fourth."

Press release, 23 Aug 2009 Craig Coulton, Ocean Beach Malibu Club

Rugby team finishes sixth

Woy Woy Rugby Union Club good rugby and were certainly played out its final round of putting Terrigal to the test. the season at the Haven Oval in Terrigal on August 22.

Despite defeat in all grades for the club, Woy Woy first grade finished sixth on the competition

Central Coast Rugby Union president Mr Larry Thomson said Woy Woy played a hard fought match against Terrigal in spite of its 22 to seven loss.

"Terrigal took control in the first half and went to the half time break leading by 10 points to nil," Mr Thomson said.

"But they were certainly not having it all their own way.

"Woy Woy were playing some

"In fact Woy Woy scored early in the second half to make the score 10 points to seven and the game was definitely up for grabs.

"This remained the score for quite a while and both teams had their chances of getting the ascendancy.

"However, it was Terrigal who were to finish the stronger and ran out winners by a margin of 15 points.

"Best players for Woy Woy were number eight Luke Serevi, second rower Paul Gooley and half back Gavin Hewitt."

> Press release, 23 Aug 2009 Larry Thomson, Central Coast Rugby Union



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