

## Council to fight rehabilitation unit closure

**Plans to move Woy Woy Hospital's 15-bed rehabilitation unit to Wyong Hospital have resulted in a public outcry, according to new Gosford councillor Jeff Strickson.**

The closure of the rehabilitation unit was announced on October 1.

Cr Jeff Strickson said he had received many complaints against the closure from concerned Peninsula residents.

"There is a great need on the Peninsula for the rehabilitation clinic at Woy Woy Hospital," Cr Strickson said.

"I have been completely taken aback by the number of residents who are against the closure.

"It is such an emotional issue for this community and I intend to help them fight it."

Cr Strickson successfully moved at council's October 7 meeting for the council to write to NSW Health Minister and Central Coast Minister Mr John Della Bosca to appeal against the closure of Woy Woy Hospital's rehabilitation unit and to maintain its service on the Peninsula.

Cr Strickson said the proposal to provide a courtesy bus would



The main entrance of Woy Woy Hospital in Ocean Beach Rd, Woy Woy

not work.

"It would be extremely crass of the State Government to expect people in their early 70s and into their late 90s, to travel in excess of one hour, wait, then be treated and then wait until a bus load was

ready for them to return.

"All have been diagnosed by doctors and only require the services provided by this rehab unit," Cr Strickson told the meeting.

"This, I believe, would be

extremely tiring and an emotionally draining experience for people of this age group.

"The flow-on effect also has to be taken into account - the loss of employment to people who live in the area; some of these occupations

are nurses, physiotherapists, administrative workers, cleaners and maintenance staff.

"The community on the Peninsula and the staff at Woy Woy Hospital have not been involved in any consultations, other than being informed that the rehab ward was closing.

"Northern Sydney Central Coast Health would have us believe that this to some extent is mitigated by the recent opening of the 20-bed transitional care unit at Woy Woy.

"What they don't tell you is that this unit was built and is funded by the Commonwealth and not State Government funds.

"Also the patients in this unit have to pay the equivalent of nursing home fees, that is, approximately 85 per cent of their pension for the privilege.

"This is beyond the means of most aged pensioners and makes it a commercially self-funded enterprise."

Gosford council resolved to write to NSW Health Minister and Central Coast Minister Mr John Della Bosca to appeal against the closure of Woy Woy Hospital's rehabilitation unit and to maintain its service on the Peninsula.

**Story continued on page 5**

## Groups to ride to Gosford CBD

**Gosford Council is organising chaperoned bike rides from the Peninsula to Gosford CBD on Wednesday, October 15, as part of National Ride to Work Day.**

Council's project officer of cycleways Mr Allan Brown said Peninsula residents had the opportunity of cycling to work and getting a free breakfast.

"We are encouraging residents from the Peninsula to ride their bikes to work as part of the national event," Mr Brown said.

Council would provide a free breakfast in Gosford for National Ride to Work Day participants.

"By cycling to work on National Ride to Work Day, people can join with thousands of others in discovering a healthier, happier way to get to work," council's director of city services Mr Stephen Glen said.

"As well as encouraging personal fitness through healthy exercise, National Ride to Work Day promotes the community benefits of cycling such as reducing traffic congestion and pollution problems.

"And by donating the amount participants save on petrol or public transport, they can help to raise funds for research into diabetes, heart disease and obesity."

Mr Glen said council was continuing to install more shared paths and introduced the Central Coast Cycling Guide in conjunction with Wyong Shire Council, to encourage cycling and walking as an alternative transport option.

Both individuals and workplace teams can pre-register online.

He said people should call council to express their interest in the group ride.

For more information visit [www.ride2work.com.au](http://www.ride2work.com.au) or phone Alan Brown on 4325 8929.

**Press release, 10 Oct 2008**

**Lisa-Maree Schell,  
Gosford Council**

## Bush care work at Pearl Beach

**Gosford Council bush care officers have worked with the Pearl Beach Bushcare Group in a joint effort with to remove weeds around the Pearl Beach Memorial Hall and encourage bush regeneration.**

Together with local residents, they undertook a "Bush Bash" bushcare day on October 11.

Participants were given a free barbecue lunch for their efforts.

Council bushcare officer Ms

Kate Consterdine said the event involved removing weeds and encouraging the regeneration of local native plants which would provide habitat for a range of small birds and mammals.

"This was a great way to get to know neighbours and make new friends in the local community, while at the same time enhancing the scenic beauty of the area."

**Press release, 8 Oct 2008**

**Lisa-Maree Schell,  
Gosford Council**

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## Annual spring fair

**Umina Uniting Church will hold its annual Spring Fair on October 25.**

Event coordinator Ms Mary Stewart said the fair was a wonderful day out for the family to enjoy while raising money for a good cause.

"There will be a promotion and information stand to acknowledge local Scouts," Ms Stewart said.

"Children and parents are

encouraged to come and talk to Scouting members.

"The Central Coast Children's Choir will entertain the crowd from 10am inside the building.

Devonshire morning teas will be served, with freshly-made hot scones which can be ordered on the day.

"All the usual well-stocked stalls will be available.

"Proceeds will assist the

work and programmes offered by the Youth and Family Team (Burnside)."

The Spring Fair will be held at the Umina Uniting Church from 8am to 1pm.

The Umina Uniting Church is located on the corner of Neptune St and Ocean Beach Rd, Umina.

**Press release, 7 Oct 2008  
Mary Stewart, Umina Uniting Church**

## Golden Oldies wanted

**Peninsula women who attended local schools before 1960 or worked locally are invited to attend The Peninsula Golden Oldies' informal get together at Ettalong Bowling Club on Wednesday, November 12.**

Peninsula Golden Oldies publicity officer Ms Marjory Cleere said the annual get together was a wonderful opportunity for local women to catch up and remember the "old times".

"We are looking for pre-1960 girls who attended local schools or who worked locally at the time," Ms

Cleere said.

"The get together is totally informal and the more to attend the merrier.

"New comers are most welcome but remember please register as soon as possible.

"Last year's get together saw 32 women attend but there has been as many as 50 in the past.

"For catering purposes please advise us of your attendance a week before the event."

For more information or to reserve a seat, phone 4344 7442.

**Press release, 20 Sep 2008  
Marjory Cleere, Golden Oldie Girls**

## Unremarkable rainfall

**Rainfall for the month to date is unremarkable, according to figures supplied by Woy Woy resident Mr Jim Morrison.**

Just 18.1mm fell in the first 10 days of the month, compared to a monthly average of 77mm.

Another 58.9mm is needed in

the remainder of the month to bring the rainfall to its monthly average.

Rainfall for the year-to-date was above average at 1041mm at the end of September, compared to an average of 980.5mm.

The year-to-date figure last Friday was 1059mm, just one millimetre more than the year-

to-date average at the end of October.

If no more rain falls this month, the Peninsula's rainfall at the end of the month would be right on average.

**Spreadsheet, 10 Oct 2008  
Jim Morrison, Woy Woy**

## More disruption with Bulls Hill works

**Gosford Council will commence rock wall hazard reduction works along Woy Woy Rd at Bulls Hill on October 13.**

Work will be carried out for four weeks between 8.30am and 3.30pm, Mondays to Fridays, and possibly Saturdays.

Council's director city services Mr Stephen Glen said the hazard reduction works were necessary to reduce the likelihood of rocks or boulders falling onto the roadway.

"Works are being carried out during off-peak times to minimise

disruption to motorists and traffic controllers will be regulating two-way traffic past the worksite," Mr Glen said.

"Any temporary road closures for falling trees or large boulders will not exceed 10 minutes.

"Residents and motorists who plan to use the road during these times should allow a few extra minutes for their journey."

**Press release, 9 Oct 2008  
Lisa-Maree Schell, Gosford Council**

# Peninsula News

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Convenor, Burrawang Bushland Reserve Committee  
President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
President, Central Coast Bush Dance & Music Association  
Vice-president, Brisbane Water Secondary College Umina Campus P&C*

### Next Edition: Peninsula News 202

**Deadline: October 22      Publication date: October 27**

### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: [mail@peninsulanews.asn.au](mailto:mail@peninsulanews.asn.au), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Printed by MPD, Maddox St, Alexandria

## Correction

**The September 29 edition of Peninsula News incorrectly stated that the Peninsula Environment Group film night was to be held on Tuesday, September 29.**

The correct date for the film screening was Tuesday, October 7.

Peninsula News would like to apologise for any inconvenience this may have caused.

**Clare Graham, 8 Oct 2008**



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## Chamber calls for loss details

**The Peninsula Chamber of Commerce has called on Gosford Council to fully explain its investment risks to ratepayers following the collapse of US investment bank Lehman Brothers.**

"The Peninsula Chamber is extremely concerned that both ratepayers and the business community are not being given full details on what investments are at risk and what investments have already been lost in the global credit crisis," Chamber president Mr Matthew Wales said.

"The level of information to date is not good enough.

"We are all entitled to know exactly what structured financial products have already been lost and what others are at risk.

"I'm sure this is very embarrassing for council staff and the councillors who approved the investment portfolio, but the time has come to be up front as to what the potential losses are."

Mr Wales said the chamber had written to council's general manager Mr Peter Wilson requesting details of the \$74 million of offshore structured financial products and an assessment of the level of risk these investments face.

According to the Cole Report commissioned by the Federal Government, Gosford Council has

a \$74 million portfolio of collateralised debt obligations (CDOs) and similar financial products.

"At a time when businesses and our commercial centres are under extreme pressure, we need council to improve street cleaning and security and upgrade infrastructure," Mr Wales said.

"The new council is all about saying that they need to focus on the basics but will this be hampered by the recent financial crisis?

"Lost investments and reduced earnings from those that have survived must surely have an impact: To what extent should be fully disclosed to the public."

Council's director of corporate services Mr Nic Pasternatsky told Peninsula News that a report would be made to council about its investment situation at a meeting on November 4.

Mr Pasternatsky said the report was to be made at the October 27 meeting.

However, it was delayed until November 4, due to the Local Government Association Conference from October 25 to 29.

He said the council was in a position to withstand the "financial turmoil" from the global credit crisis.

"Lehman Brothers Holdings in the US has sought Chapter 11 protection allowing a

bankruptcy court to supervise the reorganisation of its debt and contractual obligations," Mr Pasternatsky said.

"Gosford Council has used Lehman Brothers in the past as its investment advisors and council's only direct exposure is the \$3 million capital guaranteed Lehman Global Property Note which matures in mid-2009.

"Despite the volatility in the global markets over the past 14 months, council continues to receive attractive cash returns on its investments.

"In 2007-08, council earned \$10.3 million on an average principal of \$127 million obtaining a return of 8.11 per cent.

Mr Pasternatsky said council's \$22 million loan investment had a current market value of around \$17

million.

"If we were to sell our investments, what we would be getting is a capital loss," Mr Pasternatsky said.

"We intend to wait until the global property note matures, collect it and put it into term deposits with the banks."

He said council was currently negotiating a detailed independent analysis of its entire portfolio to measure the impact of events in the US and the global economic market on its portfolio.

**Press release, 3 Oct 2008**

**Matthew Wales, Peninsula**

**Chamber of Commerce**

**Clare Graham, 8 Oct 2008**

**Interviewee: Nic Pasternatsky,**

**Gosford Council**

## Council works

**Gosford Council is undertaking works in several locations around the Peninsula area from October 13 to 19.**

Council works will continue in Ettalong, Pearl Beach, Pretty Beach, Killcare and Woy Woy.

The construction of Killcare Surf Club continues, while road widening work also continues along Maitland Bay Dr in Ettalong.

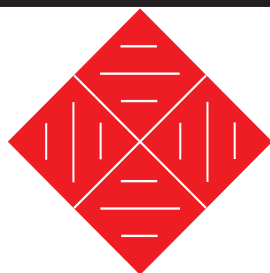
In Pearl Beach, drainage work will carry on along Pearl Beach Dr.

Drainage work will also continue in Pretty Beach.

The construction of a cycleway at Woy Woy will continue in the Woy Woy foreshore area.

**Press release, 8 Oct 2008**

**Lisa Beeke, Gosford Council**



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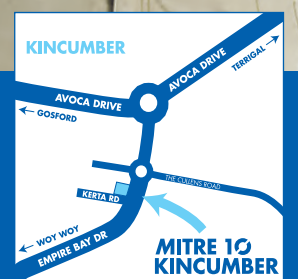
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Council works to reopen Woy Woy Rd at Bulls Hill back in August

## Lobbying for bypass study

**The Bays Community Group would continue to lobby all levels of government to support a feasibility study for a bypass of Bulls Hill in Woy Woy Rd, according to its president Mr Bob Puffett.**

"Woy Woy Rd at Bulls Hill is open to traffic in both directions again, thanks to Gosford Council staff and support from the NSW Roads and Traffic Authority," he said.

"But it seems, disappointingly, the State Government is not prepared to consider a feasibility study into a new by-pass road and the Federal Government is simply saying that this is a State Government matter.

"It seems to me that the State Government has failed to recognise and appreciate the significance of a by-pass road for the future of the Peninsula and the expected population growth anticipated for

the Central Coast.

"We will continue to lobby governments and Gosford Council for support to undertake at least the feasibility study.

"The study should be the basis on which a decision is made about

a by-pass road.

"It's not good enough to just wave it away and put it in the black hole."

Newsletter, 25 Sep 2008

Bob Puffett, The Bays Community Group

## Council to fight bed closure

(continued from page 1)

However, clinical director of rehabilitation and aged care services Dr Peter Lipski claimed the consolidation of rehabilitation services on the Central Coast would be a great benefit to patients.

"Having one centre for rehabilitation services at an acute hospital site will allow us to optimise the care we provide to our patients," Dr Lipski said.

He said rehabilitation services would be enhanced by improving access to emergency and specialist medical services by having them located in an acute-care hospital.

Dr Lipski also said the consolidated service would improve patient care through additional general and after-hour medical coverage available at Wyong Hospital and would improve teaching and supervision opportunities for staff.

Acting general manager of Central Coast Health Mr Greg Flint said a dedicated 30-bed centre would significantly improve efficiency.

Mr Flint said the move would also free up available space in Woy Woy Hospital to house community health services that have outgrown their current accommodation.

He said Central Coast Health were "looking at" providing a courtesy bus between Woy Woy, Gosford and Wyong to assist patients and relatives transport needs and to minimise inconvenience the move might cause.

"Central Coast Health is very aware that transport for visiting family members, friends and carers will in some cases be more difficult," Mr Flint said.

"We believe the main priority should be providing the best possible patient care in the most appropriate setting.

"By doing this, we expect to improve the recovery process and have these patients back in their homes as soon as possible."

According to Mr Flint, Central Coast Area Health expects to be able to complete the transfer from Woy Woy to Wyong during the next three months.

He said all staff affected by the move would be offered positions within the health service.

Press release, 7 Oct 2008

Cr Jeff Strickson, Gosford Council

Press release, 1 Oct 2008

Terry Hayes, Northern Sydney

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## Belinda Neal MP



## Federal Member for Robertson

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# Forum

## Praise for ferry captain

Is it appropriate to “dob in” a ferry driver who was giving surfers a lift (Forum, Peninsula News September 29)?

Having surfed Little Box Head in my younger days, I only wish that the ferry service was around then.

I say well done to the driver, even though he will probably lose his job now.

### Forum

I am sure the surfers were in no danger.

After all, they were going into the water with or without the ferry driver who saved them a lot more dangerous paddle.

No ferry driver would let a surfer jump out while the propeller was still going - that would be dangerous.

For every passenger who thought it was a dangerous act, there were probably 10 who were glad to see something that does not happen every day!

Now where is that board of mine?

It's time to catch the ferry.

Ross Cochrane,  
Woy Woy

## More Forum Page 19

## States needed as a check

Klaas Woldring is persistent with his campaign to abolish the State Governments.

Recently he has been joined by sour evacuees Bob Carr and Michael Costa in that mission.

But sad to say, history and the distrust of a powerful and remote central government will never see

the states disappear.

Despite often corrupt and incompetent governments at times, the good work is that throughout our history, visionary state leaders and civil servants have done great things.

And, the state is a check and balance against the megalomania

and totality of central power.

Also, the state, if it has the guts, can levy its own taxes without having to go the begging bowl of Canberra.

Keith Whitfield,  
Woy Woy

## Proud to be Australian

Gosford Council and its environmental officers are to be congratulated on the events last week which celebrated the Coastal Open Space System (COSS).

I was fortunate enough to be able to attend some of the functions and was impressed by the organisation of the events and the enthusiasm of the speakers.

I found it both enlightening and inspirational, and above all, an enjoyable experience to meet with very pleasant and interesting people.

We are so very lucky that people in the 1980s had the vision and foresight to try to preserve some of the natural beauty of the Gosford area, such as Rumbalara, Katandra

### Forum

and Kincumber Mountain.

That vision has been preserved and enlarged as it were by many people working hard behind the scenes until today we have over 3000 hectares of bushland in the COSS System.

It is this surely which makes this area a unique place to live.

I believe it would be wonderful if this vision could be extended so that people entering the Gosford area would immediately know that they had entered a very special place, not just because of the number of bushy reserves and ridges which they see, but by the vegetation they experience along the roadsides and around all

municipal buildings.

Surely we could celebrate the wonder of our many native plants, some of them threatened or endangered, by exhibiting them in public places instead of plants from the northern hemisphere.

Plants such as azaleas and petunias are beautiful in their own way, but they are not Australian and they need much water.

Exhibiting our own native plants would encourage people to use them in their gardens and show how it could be done.

It would also show that we are proud Australians in fact as well as sentiment.

Margaret Lund,  
Woy Woy Bay

## Distortion of the facts

### Forum

previous afternoon, October 2.

Even then, they were buried in a file named General Manager, with no indication it contained the inquest findings.

The council's home page link "Somersby Inquest Findings" did not link to the findings, but a media statement.

The impression given by council was that it had gone out of its way not to display its copy of the Coroners findings, disadvantaging ratepayers who wished to read it.

Edward James,  
Umina

It has taken almost a month for the public to get access to the full 25-page Coroner's Somersby Inquest findings, a public document since September 18.

People have come to me because they were looking for a copy.

The State Coroners website did not put the findings up until October 10 and the bleating by our Mayor on ABC Central Coast on Friday, October 3, that the findings were "out there" was a distortion of the facts.

Council had not, in fact, had the report on its website until the

## Peninsula will get share

I wish to thank the residents of the Peninsula for their support to improve our roads, footpaths, and drainage.

I assure all residents of the Peninsula that I have grown in my awareness in what the Peninsula desperately needs to improve basic infrastructure,

A big thank you goes to Ms Lulette Enriquez who ran with me on the Road Warrior ticket.

Lulette, a long time proud Umina resident, provided me with first hand knowledge of not just the problems but more importantly the solutions required to ensure the Peninsula receives the support it deserves.

The Gosford region is a fantastic area, and where else in the world would you want to live?

I refuse to be bogged down with the gloom and doom some people continually moan about.

Our area has fantastic attributes, particularly the Peninsula, and as deputy mayor I make a promise to work hard to deliver the Peninsula region its fair share of funding.

Our new council has the ability,

### Forum

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See Page 2 for  
contribution conditions

and I believe the motivation and drive, to get the job done, to ensure things start moving.

The Mayor and I are committed to a much better result to improve the basics of our city - our roads and footpaths.

We will deliver a plan of action and a schedule of delivery for our community, so stay tuned as we begin the drive "back to basics".

Craig Doyle  
Deputy Mayor

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Mary and Bill Hawthorne farewell Pearl Beach after 45 years residence

## Hawthornes are farewelled

**More than 100 friends and family gathered for morning tea to farewell Mary and Bill Hawthorne after their 45 years as Pearl Beach residents.**

Pearl Beach Progress Association Ms Lynne Lillico said the couple decided to move away from the area to live closer to their family in Sydney.

"Mary and Bill have always provided leadership within the community," Ms Lillico said.

She said their enthusiasm in participating in many local community activities endeared them to many people.

"Bill spent many years working with the volunteers for the environment and the ongoing maintenance and development of the Crommelin Native Arboretum.

"His dedication and hard work was acknowledged by Arboretum president Phil Westlake, who made a moving presentation to Bill."

Ms Lillico said the couple held executive roles within the Pearl Beach Progress Association during their residence.

"Mary was an important member of the steering committee in the development of the Pearl Beach Plan of Management," Ms Lillico said.

"In addition she acted as secretary for the association and, for many years, was editor of the local Gem newsletter.

"Mary was a founding member of the Central Coast Poet's Group and a number of her poet friends paid tribute to her qualities and conducted a short poetry reading recalling her special attributes and poetry expertise.

"Mary and Bill have always led by example and will be missed by their many friends."

**Press release, 7 Oct 2008  
Lynne Lillico, Pearl Beach  
Progress Association**

## Andrews warns on climate change

**Member for Gosford Ms Marie Andrews has warned Central Coast communities, including the Peninsula, will need to prepare for hotter daytime temperatures, changes in rainfall and increased risk of flooding.**

Ms Andrews said the information was revealed in climate change forum held in Gosford on October 9.

According to Ms Andrews, the forum was one of 11 forums being held by the NSW Government to help develop a climate change action plan for the state.

"We need to understand and prepare now for the economic, social and environmental consequences of climate change," Ms Andrews said.

"The earlier we start preparing for these impacts, the more orderly our transition to changing climate

change conditions will be.

"There are expected to be changes to temperature and rainfall patterns.

"Rising seas are also likely to have a significant impact on coastal settlements and all beaches, coastal rivers and estuaries in the region.

"Flow-on effects will mean we will need to make changes in flood protection, agricultural and aquaculture, health services, emergency services and local businesses, as well as how we care for the natural environment."

The forum outlined the projections developed by the Department of Environment and Climate Change in partnership with the University of New South Wales and the Department of Water and Energy to 2050.

According to the projections, sea level is projected to rise by up to 40cm above 1990 mean sea

level by 2050 and 90cm by 2100.

The projections also stated that towns next to estuaries and the coast are likely to be at additional risk of flooding as sea levels rise.

"Local knowledge on climate change is vital," Ms Andrews said.

"We need to work with people on the ground to develop a comprehensive plan for dealing with the changes we know will occur.

"We already have many of the systems and local networks in place to help manage risks like drought, flood and fire.

"By working with local councils, businesses and communities we can come up with the NSW climate change action plan that sets out how we adjust these systems and develop new ones to prepare for climate change."

**Press release, 9 Oct 2008  
Marie Andrews, Member  
for Gosford**

## Community ideas wanted

**The Bays Community Group is seeking ideas to build on the community spirit that developed as a result of the Bulls Hill road closure.**

Vice-president Mr Greg McMullen said: "Over the next few weeks we are looking to talk to as many individuals as we can to gather ideas about the community group, its wonderful hall and how we can bring people together for good times, not just when there is a crisis or problem.

"These ideas could encompass

social, educational, practical and environmental ideas and appeal to any age groups and situations in the community – kids, adults and older folks alike.

"We are looking to create a shortlist of ideas and then put these out to the community as a whole to gauge which are the most popular.

"We are also trying to recruit new volunteers to join the community group and to help put the top ideas in to practice."

Mr McMullen said the executive committee had some ideas for

attracting more people to the area.

"So far, we've focused on the first of these events having run a social event to celebrate the road opening, pestered people over their monthly breakfast and relived our youth at the kids disco," Mr McMullen said.

"Let's see if we can all get involved to keep the spirit of the road closure alive."

For more information contact Greg McMullen on 4342 6967.

**Newsletter, 25 Sep 2008  
Greg McMullen, The Bays  
Community Group**

## Chamber supports network replacement

**Peninsula Chamber of Commerce has supported the introduction of Regional Development Australia, replacing the Area Consultative Committee network.**

Chamber president Mr Matthew Wales has said that he hoped the new brand would be implemented on the Central Coast and have a greater "grass roots" focus for small businesses on the Peninsula.

"The formation of Regional

Development Australia is seen as an opportunity by the Peninsula Chamber of Commerce for the Federal Government to ensure that such organisations have more relevance to small business," Mr Wales said.

"In the past, local businesses have struggled to connect with the old Central Coast Area Consultative Committee that was perceived as an out-of-touch Federal organisation that rarely funded business and community projects at a local level.

"Often the application criteria was too complicated to understand and beyond the capability and resources of local organisations to complete.

"It was seen to be too difficult to obtain funding for local projects and when funding was obtained, it was

poorly promoted."

In March this year, the Minister for Infrastructure, Transport, Regional Development and Local Government Mr Anthony Albanese announced that the Federal Government had agreed to the establishment of Regional Development Australia, based on the Area Consultative Committee network.

As a result, the vision, mission and role of the Central Coast committee were under review.

Mr Wales said the Central Coast committee had consulted widely in developing its submission to the Federal Government on the future role of the network.

"The Chamber provided input during the consultation process as part of the submission to the Federal

Government to continue its role on the Central Coast", Mr Wales said.

"Our main concern was that the new organisation eliminate duplication of services and consult closely with Local and State Government bodies so that there is a coordinated approach to the funding of local business and community

projects.

"Our local business people are pretty well fed up with all the talk about regional economic strategies when they see absolutely nothing for it at street level."

**Press release, 23 Sep 2008  
Matthew Wales, Peninsula  
Chamber of Commerce**

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## Health & Beauty

# Channel dredging a priority, says Freewater

**Cr Peter Freewater has named the Ettalong channel dredging as one of his main priorities as a Greens councillor and local resident.**

Cr Freewater said the Ettalong channel dredging was essential in maintaining safe navigation, tourism, fishing and boating access and the environment.

"My main priorities include pushing ahead with desperately needed maintenance dredging for the entrance channel," Cr Freewater said.

Cr Freewater said he was a former member of the council's Coastal Estuary Management Committee that initiated plans to dredge Ettalong channel last year.

"It seems that there are some surfers that think that the proposed

maintenance dredging of Brisbane Water entrance channel will damage the Box Head surf break," Cr Freewater said. "As a keen surfer and as Broken Bay Beaches representative for Surfrider Foundation, there is no way known that I would ever do anything to hurt Box Head.

"I surf there at least half a dozen times a year and if it worked more often I'd be there more often as well.

"The dredging will only remove clean sand from a very small section of the channel adjacent to the rocks at the southern end of Lobster Beach.

"This is far from the surfing sections of the shoal and will have absolutely no effect on the surf.

"I have had the best coastal

modellers in Australia investigate the sand removal and the placement of sand to determine how to improve the shoal for surfing.

Cr Freewater said there currently were gaps in the Box Head surf break.

"Those who know the break will tell you that it doesn't link up the way it used to," Cr Freewater said.

"The sand can be placed in the deeper sections towards the end of Ocean Beach and will be spread by natural wave action to fill those gaps.

"Some people have suggested that the sand should be placed on Ettalong Beach but it won't stay there and will be washed off during the next big storm – as has always happened and is why there have

always been navigation problems between Ettalong and Wagstaffe.

"If Council wants to put sand on Ettalong Beach, it must take it from the Wagstaffe shoals and not introduce more sand or the navigation in Brisbane Water will diminish further.

"My idea to place the dredged clean sand from the entrance channel onto the surfing side of the shoal is the most economically and ecologically sustainable way to deal with it and it will also improve the surf.

"I won't let any sand miners take the sand away because it belongs to the Box break and more to the point it belongs to the surfers of the Peninsula."

Cr Freewater said he also intends pushing hard for changes to the Local Environment Plan currently under review.

"In particular, I wish to see the

Coastal Open Space System lands given the conservation status that they need, rather than the recreational status being sought at present," Cr Freewater said.

"In this regard I will also push for additional resources to expand the Bushcare program so that our COSS reserves maintain their ecological integrity.

He said the community "must be sick and tired" of council crying poor.

"We have millions of ratepayers dollars tied up in investments that should be spent on improving local living conditions," Cr Freewater said.

"The community must be sick and tired of council crying poor all the time while at the same time they are playing the stock market and losing millions of dollars."

**Clare Graham, 25 Sep 2008**

**Interviewee: Cr Peter Freewater, Gosford Council**



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## Sustainable living day

**The Peninsula Environment Group will hold a Sustainable Living Day at the Woy Woy Environment Centre on Saturday, October 25.**

The event will feature a full day of talks and workshops about sustainable living including no-dig gardening, natural cleaning and body care, keeping chickens, worm farming, bicycle repairs and making your home more energy efficient.

Talks and workshops will run from 9am to 5pm and entry is by

gold coin donation.

Food, children's entertainment and information on local environmental activities and initiatives will be provided on the day.

Publicity officer Ms Zainem Ibrahim said the event was a great chance to meet other local people interested in the environment.

A full program of talks and workshops is available at [www.peg.org.au](http://www.peg.org.au)


**Press release, 5 Oct 2008**

**Zainem Ibrahim, Peninsula Environment Group**

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# Stroke awareness events held



Judy & John Shearman - WW SRA

**Woy Woy Stroke Recovery Club held a number of events across the Peninsula during Stroke Awareness Week last month.**

Club coordinator Ms Helen Anderson said: "Our local club held two hydrotherapy pool sessions at Woy Woy Hospital and a day-trip to Wangi Wangi Workers Club for its members," Ms Anderson said.

"We also held an information store at Deepwater Plaza Shopping Centre on September 18, to allow other community members to have their blood pressure and risk factors screened and learn more about the early warning signs of a stroke.

"We provided screenings to more than 80 residents, who had

the opportunity to take their results and show them to their local GP.

"Having stroke survivors and carers at the shopping centre was very important and provided the general public with the opportunity to gain a personal perspective on stroke recovery.

"To finish off our busy week, the club held a luncheon at Woy Woy Sporties."

Ms Anderson said the highlight of the week was selling tartan Stroke Awareness Week ribbons to raise money for the National Stroke Foundation.

She said the club also distributed free wallet sized "fast" cards to members of the public highlighting the warning signs and actions to take in the likelihood of a stroke.

Ms Anderson said FAST was an acronym for: Facial weakness, Arm weakness, Speech difficulties, Time to act fast and call 000.

"On average around 750 people experience a stroke on the Central Coast per year," Ms Anderson said.

"Stroke is the third leading cause of death in Australia and it can happen at any age and is the leading cause of disability.

"The activities throughout Stroke Awareness Week raised awareness about stroke causes and symptoms."

Stroke Awareness Week ran from September 15 to 22.

**Press release, 9 Oct 2008  
Helen Anderson, Woy Woy Stroke Recovery Club**

# Yoga aid for children

**The Peninsula Yoga Centre will take part in the Australian Yoga Aid Challenge at Umina Beach Surf Club on Wednesday, October 22.**

The Yoga Aid Challenge is an opportunity for local yoga enthusiasts to raise awareness for the benefits of yoga and to raise money for various charity projects by each participant fundraising prior to the event.

"Last year the event involved 700 participants at 21 venues around Australia and raised over \$150,000," publicity officer Ms Helen Macnair said.

"The Yoga Aid Challenge is a dual purpose event hoping to raise

awareness of the many benefits of yoga whilst also raising money for children in need.

"The Peninsula Yoga Aid team is meeting at the Umina Beach Surf Club at 6am on October 22.

"The aim is to do 108 sun salutes (surya namaskar), watch the sun rise over the ocean and raise money for charity in the process.

"It is free to join in and all are welcome."

For more information or to join our Peninsula Yoga Aid team, visit the website at [www.yogaaid.com.au](http://www.yogaaid.com.au) or contact the Peninsula Yoga Centre on 4342 5000.

**Press release, 2 Oct 2008  
Helen Macnair, Peninsula Yoga Centre**

# New therapy starts at Woy Woy

**Bioresonant craniosacral therapy has commenced in Woy Woy.**

Therapy practitioner Ms Dayasagar Saraswati said bioresonant craniosacral therapy is a non-manipulative, gentle, yet profound whole body therapy.

"It involves the practitioner making gentle hand contact with the client's body and listening to the body's intrinsic movement, rhythms, health and patterns of congestion and resistance," Ms Saraswati said.

"Craniosacral therapy aids in pain relief and encourages the nervous system, organs and

musculoskeletal system to balance and heal, making it a wonderful resource for many conditions.

"Craniosacral therapy may also assist in the recognition of our innate resources, increasing physical vitality and well-being."

Ms Saraswati's background includes training in osteopathy, naturopathy and many years of training in yoga practices, philosophy and lifestyle.

Bioresonant craniosacral therapy is available at Gnostic Healing Sanctuary, Woy Woy, on Wednesdays from 1pm to 5pm.

**Press release, 25 Sep 2008  
Stephen McNamara, Gnostic Healing Sanctuary**



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## Village construction to start next year

**Providence Projects managing director Mr John Zavolokin said the proposed retirement village for the corner of Veron Rd and Hillview St in Umina is expected to commence construction early next year.**

"Great places don't just happen because they are built," Mr Zavolokin said.

"They are the result of careful understanding of the cultural and social fabric of the place and the community that will live in it.

"All good things take time to create and we have been preparing all aspects of this facility to make sure we offer our clients receive the best value proposition that there is."

Mr Zavolokin said "a lot of work" has been undertaken at the Veron Rd site to date.

He said land has been cleared to allow construction to take place, a bush management plan developed and implemented to clear the land of rubbish and weed so that native vegetation and fauna can flourish.

Mr Zavolokin said work has commenced for growing a native reserve for planting in the bush care plan, created an area of native vegetation with the donation of biomass in collaboration with council and connected the site to water and sewerage.

"We have been doing a lot and the bush has certainly benefited from this," Mr Zavolokin said.

Mr Zavolokin said he hopes the final development will be completed by early to mid 2010.

The development application for the Veron Rd and Hillview St

development was submitted by Providence Projects in 2004.

The development application was deferred on a number of occasions by Gosford Council because the land on which the development was to be constructed on was classified as endangered Umina Coastal Sandplain Woodland.

Mr Zavolokin said he was looking forward to getting on with construction after a long and persistent process.

"It has taken a while to achieve our goal but great things take time to create and bring to life," Mr Zavolokin said.

"We are finally ready to offer this magnificent opportunity to our community in the Peninsula.

"I am very encouraged by the interest we have received so far and I have come to learn that our community does not want to go elsewhere to retire and it will be wonderful when they can retire right here, close to family, friend and the great places and facilities we enjoy here."

Council's director of environment and planning Mr Stephen Fairnham said development of the proposed retirement village on the corner of Veron Rd and Hillview St had been approved and it "was up to" the applicant to continue with its consent.

Mr Zavolokin said he was waiting for an authorised construction certificate to begin construction and had received Part 3A approval.

**Press release, 11 Oct 2008  
John Zavolokin,  
Providence Projects**

**Clare Graham, 7 Oct 2008  
Interviewee: Stephen  
Fairnham, Gosford Council**

## Violence workshop for health workers

**The Peninsula Community Centre will host a domestic violence workshop for health professionals on Friday, November 7.**

The workshop is aimed at counsellors, general practitioners, social workers, support workers and other health professionals in the field of domestic violence or intimate partner abuse.

The event will be conducted by author Ms Ricky Hunter.

Ms Hunter said domestic violence was a huge problem for all communities.

She said that domestic violence did not end when the victim left the abusive situation - the scars ran deep and the impact was long-lasting.

"Rarely, if ever, do we hear about how victims survive their traumatic experiences and cope with their day-to-day lives," Ms Hunter said.

Titled Project Plan to Empowerment, the workshop has been adapted from Ms Hunter's book Point Last Seen: A Road to Recovery from Childhood Sexual Abuse and Domestic Violence.

"Statistics reveal that 80 to 90 per cent of women in domestic violence situations stay in the relationship because the abuser has threatened to kill their pets," Ms Hunter said.

"A lot of people don't know that they can arrange through

the RSPCA for their pets to be fostered through their Pets in Crisis Project."

Publicity officer Mr Doug Rose said the workshop was a great opportunity for health professionals in and around the Peninsula to help their patients and clients recover from abuse.

"Ricky urges women who have suffered domestic violence to read her story and make a firm decision to escape from being a victim by means of education, information and empowerment," Mr Rose said.

"Ricky's book tells her personal story of surviving abduction and sexual abuse at age five, her violent marriage and her struggle and eventual triumph over mental illness.

"Ricky's late son was also physically abused, suffered brain damage and developed schizophrenia during adolescence.

"In her long and arduous journey to recovery, Ricky had to come out of denial to take back her life one day at a time."

The domestic violence workshop for local health professionals will begin from 8.30am to 3.30pm.

The Peninsula Community Centre is located on the Cnr of Ocean Beach Rd and McMasters Rd, Woy Woy.

Health professionals can phone 0404 918 582 if they would like to attend the workshop.

**Press release, 29 Sep 2008**

**Doug Rose, Peninsula  
Community Centre**

## Baby massage workshop

**Beachside Family Centre in Umina will hold a free baby massage workshop on Wednesday, November 19.**

"The workshop will show new mothers how massage can be used to help their baby with sleep, relieve colic, stimulate physical development and bond with baby," facilitator Ms Debbie Notara said.

"The workshop is for babies not yet crawling."

The workshop will begin from 10am to 11am.

Beachside Family Centre is located within the grounds of Umina Public School in Sydney Ave, Umina.

For bookings and further information, phone 4343 1929.

**Press release, 9 Oct 2008**

**Debbie Notara, Beachside  
Family Centre**

## Volunteering session

**Volunteering Central Coast will hold its next Bridge to Volunteering general information session in Woy Woy on October 13, followed by another session on November 17.**

"Community organisations on the Central Coast are always looking for volunteers," recruitment coordinator Ms Sharan Page said.

"Whether it's developing new skills or using existing skills, working in the community, lending a helping hand, many people state that volunteering is the best thing they have ever done with their time.

"This outreach service is to assist the people on the Peninsula

to access services with ease, saving travel time and money.

"We refer our clients to organisations with available positions, close to home, where possible.

"We have positions available from working outdoors to cooking, receptionist work and much more.

"There is something for everyone."

Volunteer interviews are also held at Woy Woy by appointment only.

For the full range of volunteering positions and more information, phone 4329 7122. Bookings are essential.

**Press release, 2 Oct 2008  
Sharan Page, Volunteering  
Central Coast**

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The Rocks Arcade - 4341 1434  
7A/216 Memorial Ave, Ettalong Beach

**YumYum Eatery**  
A Fusion of Flavours  
No Need to drive  
Arrive by Water Taxi  
0413 022 059  
**Modern a la carte cuisine dining on the waterfront**  
Sunday breakfast 9am-12pm  
**4360 2999**  
Trading Hours: Lunch Wed-Sun - Dinner Wed-Sun, Breakfast Sun  
www.yumyumeatery.com.au  
60 Araluen Drive, Hardys Bay  
**Wednesday nights**  
2 Course Curry Night - \$25  
Takeaway Curries Wed-Sun \$15

**4 SHORE CAFE & TAKE AWAY & DELI**  
FRESH, SIMPLE GOURMET DELIGHT  
DINE IN OR TAKEAWAY  
FRESH SALADS to order  
1/206 WEST ST UMINA - OPEN 7 DAYS - CATERING AVAILABLE  
OCEAN BEACH SURF CLUB - ON THE ESPLANADE UMINA  
• Drinks  
• Icecreams  
• Coffee  
• Chips  
• Burgers  
• All Day Breakfast  
• Undercover Seating  
**Now OPEN!**  
**Ocean Beach Kiosk**  
4342 2636

**The Old Killcare Store**  
On the bay water views with alfresco dining  
  
Open for breakfast and lunch 7 days  
Dinner Friday & Saturday  
Bookings preferred  
**4360 1667**



# Peninsula Food Guide

## Restaurant wins award

A Pearl Beach restaurant has been named the "best informal contemporary Australian restaurant in regional NSW" by the NSW Restaurant and Catering Association.

The Pearls on the Beach restaurant was presented with its award at an annual regional awards of excellence presentation dinner on September 22 in the Hunter Valley.

Pearls on the Beach was also nominated as a finalist for the

Restaurant of the Year award for regional NSW.

The recent award win follows the Peninsula restaurant's success at the Central Coast division of the NSW Restaurant and Catering Association's Awards of Excellence.

In June, proprietors Scott and Melissa Fox took home the Best Informal Contemporary Australian Restaurant and the Restaurant of the Year award for the Central Coast region.

Bells Restaurant and Bar at Killcare also received an award for

Best New Restaurant in regional NSW.

Both restaurants have now qualified as finalists for the National Awards dinner in Brisbane on October 27.

Press release, 26 Sep 2008  
Scott and Melissa Fox,  
Pearls on the Beach



### Acqua Vista



Beautiful ocean views  
with excellent food

All Bookings

**4343 1044**

345 Trafalgar Ave Umina 2257

## Surf Sun Sand

Cafe ~ General Store

175 Ocean View Road Ettalong Beach

Warm sunny alfresco courtyard with Australian cuisine



All day breakfast, lunch, afternoon tea,  
great coffee, yummy cakes

Hand made "Beach Art" & restored  
"Shabby Beach" furniture on sale

Bookings Welcome

**4341 1123**

Where only the best will do!

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Our pies have  
just been judged  
"2008 Best Pie  
in NSW".

Come and try one  
for yourself - you  
be the judge

302 West St Umina ~ Ph: 4341 4177  
[www.bremenpies.net.au](http://www.bremenpies.net.au)

### Attention Commuters

## SHORT BLACK



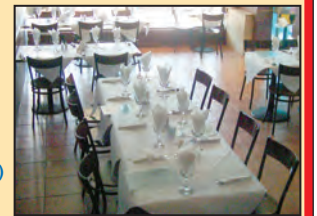
"The best  
coffee on the  
Peninsula"

Upstairs in the clock  
tower opposite  
Woy Woy station  
43441848  
6am - 4pm Mon-Fri



Come in for our dining  
experience or take it away  
Monday to Thursday  
main meals from \$12

Fri, Sat, Sun - Kids eat free (under 12)  
with every paying adult



Open 7 Days BYO - 232 West St. Umina  
Sun - Wed 11am-8pm - Thur - Sat 11am-9pm

**4343 1561**



### NOW OPEN TO THE PUBLIC

Sydney Avenue Umina Beach inside/next to the Ocean Beach Holiday Park

Umina's best kept secret on the beach,  
tranquil outdoor setting to enjoy your  
breakfast and hot coffee or try our home  
made gourmet burgers for lunch

Go for a stroll down the beach only metres away

**4344 2503**

School Holidays - Open 7 Days - 8am to 7pm  
Daylight savings - 8am to 8pm

**A SUPPLIER OF  
GLUTEN FREE ORGANIC PRODUCTS**

The *New* Bay View  
Brasserie

The Boulevard  
Woy Woy



Monday Nights \$10 Mixed Grill  
Tuesday Nights \$9 Chicken Schnitzel  
Thursday Nights \$8.50 Pasta & Bread

Enjoy a selection of the finest food at pub prices

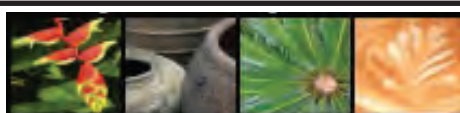
**Bookings 4344 1137**

Open 7 Days - Lunch and Dinner

Opening hours

Lunch - Monday to Sunday 12pm - 2.30pm

Dinner - Monday to Saturday 6pm till close



## Impact Plants

### Nursery and Café

The café is located within Impact plants nursery and features  
al fresco dining from a menu of contemporary Australian  
cuisine. The expansive deck area is surrounded by dense  
lush tropical gardens featuring many rare and unusual exotic  
foliage plants. This ambience coupled with exceptional  
coffee and fine food combine to create a truly unique and  
memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Poole Close Empire Bay NSW 2257

Phone: 4369 1422 Fax: 4369 1485



# What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

**BFC**, Beachside Family Centre, Umina Public School

**CWA**, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

**EBACC**, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

**EBWMC**, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

**ECC**, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

**EMBC**, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

**EPH**, Ettalong Progress Hall, Memorial Ave, Ettalong

**ESCC**, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

**MOW**, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

**PBPCC**, Pearl Beach-Patonga Chamber Of Commerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach

**PBPH**, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

**PCC**, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

**PCYC**, Osborne Ave, Umina Beach, enq: 4344 7851

**PWHC**, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

**RBG**, 207 West Street Umina - 0409774467

**UCH**, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

**WH**, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

**WWAC**, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

**WVEC**, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

**WWLC**, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

**WWPH**, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

## DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf.

**Playtime** Mon-Fri 9am, Little Gym **PCYC**

## TUESDAY

### First Tuesday of every month

**Buffalo Primo Lodge** No 9, 7pm, **UCH**.

**The Peninsula Environment Group (PEG)**, 6.30pm, **WVEC**

### Second Tuesday of every month

**True Blue Meeting**, 1.30pm; **Toastmasters**, 7pm, **EBWMC**

**Get Together** afternoon tea, **ESCC**

**Pearl Beach Craft group**, 1.30pm, **PBPH**

**Stroke recovery** group, 11.30am, **MOW**.

**Diabetics Support Group**, 10am, **ECC**

### Third Tuesday of every month

**Burrawang Bushland reserve bushcare**, Nambucca Dr playgrnd, 9am, enq: 4341 9301

**Buffalo Lodge** Knights Chp9, 7pm, **UCH**

**Woy Woy Peninsula Arthritis Branch**, 10am, enq: 4342 1790, **MOW**

**ACF meeting**, 7.30pm, **WVEC**

### Fourth Tuesday of every month

**Playgroup** for Aboriginal & Torres Strait Island families, **BFC**

**Toastmasters**, 7.15pm, **EBWMC**  
**Combined Pensioners** assoc afternoon tea, enq: 4341 3222, **ESCC**

### Every Tuesday

**Living with Teens course** 10am runs until 26th August **PWHC**,

**Woy Woy Blood BankA @ Hospital** Ocean Beach Rd, Woy Woy, 1-7pm

**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**

**Silk craft** 10am  
**Mums & bubs playgroup** 1pm

**Pastel classes for kids** 4pm **RBG**

**Scrabble** 9am, Empire Bay Progress Hall, enq: 4369 2034

**Free Tax Help** by appt; **School for Seniors** Have a Chat, 10am;

**U3ADiscussion Groups**, 11am; **Cards**, 1pm-3pm; **Over 55s Learn to Play Bridge**, 1pm; **Stroke Recovery**, 2pm; **Playgroup**, 9am;

**Occasional Care**, 9am-3pm; **The Web**, From 2pm;

**Dance & Theatre School**, 3.45pm; **Brophy Circus Academy**, beginners 5pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Pre/PostNatal Yoga**, 9.30am;

**Motivation & Empowerment classes**, **PCC**,

**Rotary Club of Woy Woy**, 6pm, **ECC**

**Handicraft**, 9am; **Cards**, 12.30pm; **Computers**, 9am, **ESCC**

**Alcoholics Anonymous**, 6pm, John the Baptist Church Hall, enq: 4379 1132

**Carpet Bowls**; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, **EBWMC**

**Tai-Chi** classes, 9.30am (ex sch hols), enq: 4360 2705, **WH**

**Folk Art**, 9.30am; **Silk Dyeing**, 1pm, **EBACC**

**Children's story time**, Umina library, 10.30am (Except Jan).

**Sahaja yoga meditation**, 10.30am only, enq: 4368 2847, **CWA**

**Playgroup**, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH**

**Woy Woy Blood Bank**, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

**Tap Dancing**, 6pm, enq: 0438 033 039, **EPH**

**Tai Chi**, 9:30 am, enq: 4360 2705, **WH**

**Supported Playgroup** for first time and single parents, enq: 4340 1111, **BFC**

## WEDNESDAY

### First Wednesday of every month

**CWA social day**, 10am, handicrafts, 1pm, enq: 4344 5192

**CWA** Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

**Coffee Morning**, social get-

together, 10am, **PWHC**

### Second Wednesday of every Month

**Red Cross**, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

**Woy Woy Auxiliary**, 10am, enq: 4344 2599

**Probus Club** Umina Beach, 9.30am, **ECC**

### Fourth Wednesday of every month

Everglades **Probus Club**, 10am, **ECC**, enq: 4341 0664

Drumballa Drum circle 7.30 **RBG**

### Every Wednesday

**Al-anon/Alateen** family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

**Woy Woy Women & Children's** domestic violence group runs until 24th September **PWHC**,

**St John's Ambulance**, 7pm, - **St John's Ambulance**; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 **MOW**

**Craft for love & Garden club** 10am **RBG**

**Free Tax Help** by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12;

**Multicraft Needlework**, 10am-12; **Playgroup**, 10am - 12;

**Bridge Club**, 9.30am & 7.30pm, **The Web**, 2pm;

**Physical Culture Club**, 4pm; **Coast Care Counselling**; **Judo**, 5pm; **Weight Watchers**, 6pm;

**Belly Dancing**, 7.30pm; **Dance & Theatre School**, 3.30pm; **Motivation & Empowerment** classes, **PCC**

**Peninsula Choir rehearsal**, 7.30pm, St Andrews Hall, Umina.

Brisbane Waters **Scrabble Club**, 6pm, enq: 4341 9929,

**MOW -Seniors fitness**, 9am, enq: 4332 8550, **EPH**

**Oils & Acrylics**, 9am; **Pastels & Drawing**, 11.30am, **EBACC**

**Children's story time**, Woy Woy library, 10.30 (Exc Jan)

**Alcoholics Anonymous**, 12.15pm & 6.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

**Handicraft**, 9am, enq: 4341 1073, **CWA**

**CWA Umina Beach craft day**, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

**Rotary Club of Umina**, 6pm, **ECC**

**Dance Club**, 1pm, **EBWMC**

**Empire Bay Tennis**, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

**THURSDAY**

### First Thursday of every month

**Brisbane Water Senior Citizens**, 1pm, **EBWMC**

### Second Thursday of every month

**Women's Health Clinic**, enq: 4320 3741, **PWHC**

**Australiana Bus Trips**, **PCC**

### Third Thursday of every month

**Brisbane Water Senior Citizens**, 1pm; **EBWMC**

### Fourth Thursday of every month

**Free immunization** clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am **BFC**

**Umina Probus**, 10am, **ECC**

**Women's Health Clinic**, enq:

4320 3741, **Craft and creativity group** - women in stiches 1pm **PWHC**

**Women's Friendship Group**, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

### Every Thursday

**Al-anon/Alateen** family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

**Creative Writing**, enq: 4369 1187, **CWA**

**Occasional Care**, 9am; **Yoga**, 10am; **School for Seniors**,

**Australiana**, 10.30am; **Tai Chi**, 11.30am & 7.30pm; **Bridge**, 12pm; **The Web**, 2pm; **Brophy Circus Academy**, 4pm; **Yoga**, 10am; **Belly Dancing**, 7.30pm;

**Coast Care Counselling**, **Dance & Theatre School**, 3.30pm;

**Motivation & Empowerment** Classes, **PCC**

**Free entertainment**, 6.30 pm;

**Senior Snooker**, 8.30am;

**Ballroom Dancing**, 10am; **Trivia**, 7pm; **Indoor Bowls**, **Fishing Club**

**Raffle**, 5.15pm, **EMBC**

Bouddi Women's **Drumming**, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

**Scrabble**, 12.30pm, **WWPH**

**Children's art classes**, 4.30pm, **EBACC**

**Card Club**, 1pm; **Chess Club**, 7.30pm, **EBWMC**

**Tai Chi** 11.30am & 3.45pm;

**Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm;

**Cards** noon, **ESCC**

**Social Tennis**, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

**Adult tap dancing**, 10am, enq: 4342 3925, **EPH**

Fairhaven Services **Cash Housie**, Ettalong Bowling Club 7.30pm

**Dance**, 9am-11:30am, enq: 4344 3131, **ESCC**

**Pilates**, 9:30am, enq: 4384 5005;

**Mah-jong**, 2pm, enq: 4360 2178;

**Yoga**, 5:30pm, enq: 4323 1859, **WH**

## FRIDAY

### First Friday of every month

**Legacy Ladies**, 9am, **EBWMC**

### Second Friday of every month

**Book Bazaar**, **book Club**, 10:30am, enq.42422482

**RSL Sub Branch** meeting, 2.30pm, **EBWMC**

**Third Friday of every month**

**Legacy Ladies**, 9am, enq: 4343 3492, **EBWMC**

### Fourth Friday of every month

South Bouddi Peninsula **Community Assoc**, 1.30pm, enq: 4360 1002, **WH**

**Civilian widows**, 1pm, **ESCC**

**School for Seniors** Bushwalking, **PCC**

### Every Friday

**Kids entertainment**, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

**Bingo**, 11.30am, enq:4343 1664, **UCH**

**Lollipop Music Playgroup**, 9.15am, enq: 4343 1929, **BFC**

**Old Wags Bridge Club**, (except 4th Fri) 1:30pm, enq: 4360 1820, **WH**

**Aqua-fitness**, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

**Active Over 50's Exercise Class**, 9.15am, enq: 4342 9252, **EPH**

**Watercolour Painting**, 10am, **EBACC**

**Painting**, 9am; **Computers**, 1pm; **Scrabble**, 1pm; **ESCC**

**Gym Sessions**, 8am; **Gym Circuit**, 9am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

**Peninsula Pastimes**, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), **Primary Kids Club**, 4.30pm, enq: 4343 1237

**Alcoholics Anonymous**, 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, **indoor bowls, canasta, scrabble, morning tea** 10am, enq: 4363 1968

**Occasional Care**, 9am;

**Kindy Gym**, 0-3s, 9.15am, 3-5s, 10.20am; **Weight Watchers**, 9.30am; **Smart Recovery**, 10am;

**Samaritans Support Group**, 10.30am; **Bridge Club**, 12pm;

**The Web**, 2pm; **Brophy Circus Academy**, 5pm; **Kempo Karate**, 5.30pm; **Judo**, 7.15pm; **Dance & Theatre School 4pm U3A Courses**, **PCC**

**Women's walking** group, 9am-11am, **PWHC**

**Fishing Club**, **EBWM**

**Krait RSL Day Club**, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services

**Cash Housie**, East Gosford Progress Hall, 7.30pm

**Old Wags Bridge Club** (except 4th Friday of month), 1:30pm, enq: 4360 1820, **WH**

**Friendship for Seniors**, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

**SATURDAY**

### First Saturday of every month

The National Malaya & Borneo **Veterans Assoc.** meet, 2pm, enq: 4340 4160, **EBWMC**

### Second Saturday of every month

**Book Club**, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq:0412 252 709

**Melaleuca Wetland Regeneration** Group, Boronia Ave, Woy Woy, 8am

**Bushcare** group, Pretty Beach, end Araluen Track, 8am

**Save our Suburbs**, 1pm, enq: 4342 2251, **WWPH**

**Ex-Navalmen's Assoc**, Central Coast Sub-Section, 10am, **WWLC**

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## What's On in and around the Peninsula

7.15am, enq: 4325 3686

**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**

**Silvercraft Classe's 1pm EBACC Weight Watchers**, 8.30am; **Dance & Theatre School**, 9.30am; **Bridge Club**, 12pm; **Soft Stone Sculpture** (monthly); **The Web** 4.30pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC Cash Housie**, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

**Chess Club**, 1pm, **EBWMC**

**Gym Sessions**, 9am; **Drama & Discovery**, 9am, **PCYC**

**Brisbane Water Bridge Club**, 12.30pm, enq: 4341 0721, **WWLC Al-anon/Alateen** family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

**Woy Woy Environment Centre**, 10am, enq: 4342 6589, **WVEC**

**Community Dance**, 1pm, \$2, enq: 4344 3131, **ESCC**

**Social Dance**, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

**Rainbow Gate Market Day**, 8am-2pm, 207 West St, Umina, enq: 0409 774 467

### SUNDAY

First Sunday of every month

**Blackwall Mountain Bushcare**, 9am, cnr Blackwall Rd & Memorial Ave, enq: 4342 6995

Second Sunday of every month

**Ladies Auxiliary of Vietnam Vets**, 10 am; **Vietnam Vets**, 11am, **EBWMC**

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

**Bushcare Group**, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 **Ettymalong Creek Landcare**, Ettalong Rd, Umina, 8am, enq: 4342 2251

**EBWM Fishing Club** competition, Club House in Beach St, Ettalong. **EBWM Vietnam Veterans Peacekeepers, Peacemakers** meeting, enq: 4344 4760

Last Sunday of every month

**Alliance Française "La Petanque"** (the game of boules), 11am-5pm, enq: 0415 309 074

**Lions Club** Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

**Fijian Cultural Group**, 11am-4pm, **PCC Coast Community Church Services**, 9am & 5pm, enq: 4360 1448

**Al-anon/Alateen** family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm

**Patonga Bakehouse Gallery**, 11am, enq: 4379 1102

### MONDAY

First Monday of every month

**RSL Womens' Aux**, 9:30am, **EBWMC**

**Endeavour View Club Luncheon**, enq: 4342 1722, **ECC**

**Pretty Beach PS P&C**, Resource Centre, 7:30pm, enq: 4360 1587 **Grandparents Parenting Support Group**, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

**Country Women's Association**

meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

**Book Club**, 7pm, enq: Mandy 4342 2482

**Women 50+ Group Chat**, **PWHC RSL Women's Auxiliary**, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**

**Wagstaffe to Killcare Community Association**, 7:30pm, enq: 4360 1546, **WH**

**Killcare Heights Garden Club**, 10:30am, enq: 43601595

**Coastal Crones (over 50's)**, Friendship group **PWHC**

**Labor Party** Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month

**War Widows**, 1pm, 43410286, **EBWMC**

Fourth Monday of every month

**Toastmasters Speachcraft Classes**, 6pm, **EBWMC**

**Labor Party** Peninsula Day Branch, 1pm, **CWA**

**Carers support group**, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

**WWLT Playreading**, Woy Woy **PS**, 7.30pm, enq: 4341 2931

Every Monday

**Kidz Drumming**, 4-5pm, **Rainbow Gate**, 207 West St,

**Umina Cash Housie**, 7:30pm, enq: 4323 3566, **EMBC**

**Walking with other Mums** enq: Liz Poole 4320 3741

**3Cs**—Craft, Coffee & Conversation, 12.30pm, enq: 43 431929, **BFC**

**Yoga**, 9.30am, Ph.4360 1854, **WH**

**Mums Meditation** 10am, **Drumming classes** 4pm **RBG**

**Computers**, 1pm; **Dancing**, 9am; **Indoor Bowls**, 9am; **Mahjong**, 1pm; **Fitness**, 1pm; **Yoga** for

beginners, 2.30pm, **ESCC**

**Gym Sessions**, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

**Carpet Bowls**, 9am; **Card Club**, 1pm, **EBWMC**

**Fairhaven Cash Housie**, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**

**Arts and Crafts** for people with a disability, 11am, enq: 4341 9333

**Patchwork & Quilting**, 10am; **Pottery**, 10am & 1pm, **EBACC**

**Children's Story Time**, Woy Woy Library, 10.30am

**Occasional Childcare**, 9am; **Central Coast Volunteering**, 9am;

**Over 55's Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 10am; **Mad**

**Monday Craft & Cooking**, 11am; **Bridge Club**, 12pm;

**Hysical Culture Club**, 4pm; **Coast Care Counselling**, 3.45pm;

**Dance & Theatre School**, 3.45pm; **Judo**, 5pm; **U3A Courses**, **PCC**

**Craft group**, 1pm, **BFC**

**Fairhaven Services Cash Housie**, 7.30pm, **EMBC**

**Yoga**, 9:30am, enq: 4360 2705, **WH**

**Pilates**, (except 2<sup>nd</sup> Monday of month) 6pm-7pm & 7pm-8pm, **WH**

**Tai Chi**, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075

**Sea scouts**, 6pm, Nth Burge Rd,

Woy Woy, enq: 0437 590 354

**Girl Guides**, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

**Indian Dancing for Kids**, 3.30pm, enq: 4342 4395, **WVEC**

### UPCOMING EVENTS

**SPRING FAIR - SAT 25th OCT**

Umina Uniting Church

346 Ocean Beach Rd 8am-1pm

## Wayne Cornell sings at festival

**Peninsula swing-jazz singer Wayne Cornell will feature at this year's Brisbane Water Oyster Festival for a third year.**

"With only six weeks to go, the Brisbane Water Oyster Festival is shaping up to be another great day of entertainment for the whole family to enjoy," festival chairperson Ms Debra Wales said.

"The morning will come alive with the sounds of Wayne Cornell and his All Star Big Band.

"Wayne Cornell, formerly of the Delltones, has been in the entertainment business for years and has become recognised as one of Australia's great singer performers.

"He was twice been presented with MO Awards for best singer performer.

"He has received 14 MO Awards and ACE Award nominations for Best Male Singer Variety Performer, as well as nomination for Entertainer of The Year.

"Wayne has to his credit more than 30 performances at the Sydney Opera House, singing with the Sydney Symphony Orchestra, the Australian Pops Orchestra, The

Daly Wilson Big Band and the Billy Burton Big Band.

Ms Wales said theatre has also played a major part in Mr Cornell's career.

"He has enjoyed seasons at The Playhouse Theatre, The Sydney Opera House, The Australian Theatre and The Sun Alliance Theatre," Ms Wales said.

"He has played major roles in shows such as 'Crusade', 'Me and My Girl' and the Col Porter life story musical 'A Swell Party'.

"Wayne performed at the prestigious Bing Crosby Celebrity Concert in North Carolina for nine years sharing the stage with Bob Hope, Vince Gill, Johnny Mathis, Glen Campbell and Charley Pride.

"Wayne has enhanced his reputation in the music industry as a producer-director for major awards and other high profile corporate events."

Wayne Cornell will be performing on Sunday, November 9, from 9.30am to 12.30pm at the festival's main stage.

**Press release, 26 Sep 2008**  
**Debra Wales, Brisbane Water Oyster Festival**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News

### Peninsula News

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**Great day with Entertainment and Raffles**



## Arts & Entertainment

# Mother and son exhibit

The Pearl Beach General Store and Cafe will hold an art exhibition "Kinnane x 2" until Friday, October 17.

The exhibition showcases the work of two local artists, Pearl Beach resident Michelle Kinnane and her 31-year-old son Aaron Kinnane.

"The common themes that seem to be emerging in both our works are the exploration of the feminine which is the nurturing and creative parts of us," Ms Kinnane said.

"It's the strong, passionate, creative, earthy qualities and I think that's what Aaron celebrates as well.

"I think we're both looking at what that word 'feminine' means."

Marketing coordinator Ms Bridget Ninness said the community was able to come and enjoy the artwork of two local artists while enjoying the relaxed and laid-back atmosphere of Pearl Beach.

"The exhibition will feature a collection of Aaron's expressive and dynamic colourful oil paintings, conceived from the rise and fall of circadian rhythms," Ms Ninness said.

"This is juxtaposed with ethereal, enigmatic watercoloured dreamscapes that conjure energised, palpable images of mermaids who appear through the pools of colour - fantastical, whimsical creatures Aaron has brought to life over the years visiting his mother in Pearl Beach."



Ms Ninness said Ms Kinnane's work continues an ongoing fascination with themes from the collective and personal unconscious.

"Her works for this exhibition are evocative, densely textured mixed media works on found objects, paper, board and wood referencing and representing images of a pagan earth mother giving birth, the feminine sculptural form of the local angophoras and the transformative effects of the high priestess," Ms Ninness said.

Ms Kinnane said Pearl Beach was the perfect place to have the first exhibition of mother and son together.

"There is an obvious parallel between the feminine energy which is fluid and that of the sea and the mother pearl," Ms Kinnane said.

"The exhibition has brought to my awareness that we've both been working on the same theme without even realising it and it's just lovely to be working alongside my son in the studio and exhibiting together."

The cafe and exhibition are open Sunday to Friday from 8am to 4pm and Saturdays from 8am to 9pm.

**Press release, 17 Sep 2008**  
Bridget Ninness, Pearl Beach General Store and Cafe

**Woy Woy Little Theatre Inc**  
Presents  
John Patrick Shanley's

# Doubt

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October 17 to November 2 2008

Friday 8.00pm  
Oct 17, 24, 31  
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Oct 18, 25, Nov 1  
Saturday 2.00pm  
Nov 1  
Sunday 2.00pm  
Oct 19, 26, Nov 2

**The Peninsula Theatre**  
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# Author speaks at literary event

An afternoon tea with author Susan Duncan will be held in Umina on October 27.

Susan Duncan will talk about the writing of her award-winning autobiography *Salvation Creek*.

Host of the literary event, Ms Mandi McIntosh of Book Bazaar, said: "At 44, Susan Duncan had it all, with a successful career as a journalist.

"Within three days of each other her husband and brother die and her life is shattered.

"She continues to work for a further 18 months until one day everything caves in and she can't get out of bed.

"She quits her job, falls passionately for a man that breaks

her heart and through all of this finds a new beginning and meaning to her life.

"*Salvation Creek* documents Susan's struggles as she copes with grief and a subsequent bout of breast cancer."

Ms McIntosh said by joining forces, her store and another local independent bookstore, All Good Bookstore in Gosford, were able to co-host the event.

The afternoon tea with Susan Duncan will be held from 3pm and will cost \$30 per person.

Bookings are essential and can be made by calling 4342 2482.

**Press release, 3 Oct 2008**  
Mandi McIntosh, Book Bazaar Umina

# Patonga memories are inspiration

Childhood memories of family holidays in Patonga are the basis for a new song by award-winning singer-songwriter Josh Pyke.

Mr Pyke has told national music magazine *JMag* that Patonga was the inspiration from one of his latest songs "The Summer".

Remembering his childhood, Pyke said: "You can never tell when those moments in life will come.

"Patonga was the best.

"That's what I think about whenever I am gauging happiness against my life now.

"Ever since I was a baby, until I was about 17, we would spend our holidays there.

"You'd go to the caravan park to see if there was any cute girls, play pinball up at the fish and chip shop."

The 30-year-old songwriter from Sydney made his musical debut with his ARIA Award winning album "Memories and Dust".

On his latest album *Chimney's Afire*, released October 4, Pyke pursues a "nautical theme" as well as reliving childhood memories.

"I went back to Patonga not too long ago and I felt very emotional," Pyke said.

"I remember very vivid snapshots

— like playing hide-and-seek in the dark out on the sand dunes.

"There was all this tall grass and I remember a storm coming in through the headlands."

On his website, Pyke reflects on his holidays in Patonga: "Every day I'd jump in a canoe and paddle up the river and set crab traps or jig for squid from the wharf of get my dad to drive me to the next town [Umina] to go surfing.

"I always think of those simple pleasures as the ultimate happiness and so I think I relate solid, seafaring adventuring tales as the romantic, alternative universe that I'd want to live in if I was ever to throw it all away and disappear."

**Publication, 24 Sep 2008**  
Samantha Clode, jmag

**Patonga Bakehouse Gallery**

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## Springsong attracts 80

**Peninsula Choir and the Gosford City Brass Band performed Springsong in Ettalong for more than 80 guests on September 28.**

"A winning combination of great music (ancient, modern and in-between) was presented by the Peninsula Choir of Woy Woy with the Gosford City Brass Band," publicity officer Ms Barbara Firth said.

"We attracted a full house at the Ettalong Baptist Church."

Ms Firth said proceeds from the event were donated to the religious education ministries in public schools in the Peninsula area.

"Choir conductor Ivan Kinny conceived the title of this unique concert four years ago," Ms Firth said.

"Leader of the band Mark Downy and Ivan introduced the musical items and the concert ended with the audience participating in some well-known songs including I Still Call Australia Home and Auld Lang Syne.

"This has proved to be very popular and inspirational entertainment for the Peninsula community."

**Press release, 30 Sep 2008  
Barbara Firth, Peninsula Choir**



*Patonga Blues Across the Bay festival in full swing last year*

## Blues Festival in seventh year

**The Patonga Sports and Community Club is set to present its seventh annual Patonga Blues Across the Bay festival on Saturday, November 15.**

Event organiser Ms Jill Tweedie said the local festival was planned as a day-out for the whole family.

The blues festival will be held at the Broken Bay Sport and Recreation Centre located at the

mouth of the Hawkesbury River.

The line-up includes Phil Manning, Wizard and Oz, Beachhead, and Alison Penny and the Money Makers.

Ferries will be departing Patonga and Brooklyn to take participants to the festival.

"We don't claim to be the biggest, but we can claim to be the only 'water access only' blues music festival in Australia," Ms Tweedie said.

She said the festival was a sell-out last year and was expected to sell out again this year.

Tickets are \$40 per adult and \$25 for children under 14-years-old.

**Press release, 25 Sep 2008  
Jill Tweedie, Patonga Blues Across the Bay**



*Bradley Death and Courtney McDonald*

## PCYC performs

**Two students from Umina PCYC's Drama and Discovery group performed at the Mayoral Review at the Laycock Street Theatre on September 13.**

Peninsula residents Bradley Death and Courtney McDonald performed a comedy, A Modern Romeo and Juliet.

"The piece consisted of boy playing girl and girl playing boy in an all rhyme comedy skit, where

costumes, make-up, funky hair-do's, reversed vocals all added up to a fantastic skit," Bradley said.

They were prepared by Amanda Benson, the director of the student's drama school at the Umina PCYC which has been running since 2002.

For further information on the drama school, contact the Umina PCYC on 4344 7851.

**Email, 10 Oct 2008  
Bradley Death, Drama and Discovery School**

## Musical delight

**Troubadour Central Coast folk club hosted local band Earthbound at its last meeting at the CWA Hall in Woy Woy on September 27.**

"Earthbound were a true delight and everyone went home feeling wonderful," club president Mr Bill Bekric said.

"Once again we had a dazzling array of floor spots, including Slightly Off, The Usual Suspects, Warren Taggart, Linda Campbell with a great new song she's written, Frank and Marilyn Russell's Reggae Ensemble and newcomer Michael Fine, with a great couple of songs.

"The guitar work on Paul McCartney's Blackbird was awesome."

**Press release, 10 Oct 2008  
Bill Bekric, Troubadour Central Coast**

David Williamson's

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## Mayor plays down economic crisis

**Newly-elected Gosford mayor Cr Chris Holstein has played down the impact of the world economic crisis on Gosford Council.**

Cr Holstein said the global credit crisis would affect "everyone in some way", including the Federal and State Governments.

"We have a challenging time ahead of us, economically," Cr Holstein said.

"But it is important for us not to get caught up in all the negatives of the current economic situation.

"We can be negative or we can look to the future and get on with the job."

"Over 60 per cent of council's revenue comes from higher government funding," Cr Holstein said.

"We are going to have a hard

time getting the funding we need when all councils will be facing the same challenge."

Cr Holstein said Gosford had a "very good pool" of councillors and council officers ready to face the challenge and get back to basics.

"We have a good team of people on board with the community in mind," Cr Holstein said.

"We want to get back to the basics of kerbs, gutters, roads and drainage to ensure the community's basic needs is satisfied.

"I understand the Peninsula community has varying concerns including these basic roads and infrastructure needs and we will aim to address them over the next four years."

**Clare Graham, 8 Oct 2008  
Interviewee: Chris Holstein,  
Gosford mayor**

## Finance seminars for retirees

**Centrelink has announced it will hold two financial information service seminars for retirees and people nearing retirement.**

The free seminars will be held in Woy Woy and Ettalong Beach.

The purpose of the seminars are to assist people nearing retirement who want to know how to prepare for it and retirees who want to understand their pension and the options they have.

The "Aged Care - Fees and Charges" seminar will be held at Ettalong Beach on October 21.

The information session will discuss entry into different levels of care, fees and charges, options for an individual's former home and pension issues.

The "Understanding Retirement Income Streams" seminar will be held at Woy Woy on December 2, and will discuss how income streams work, options available, tax and Centrelink assessment and the consequences of individual choice.

For bookings and more information, phone 136 357 or email [fis.seminar.bookings@centrelink.gov.au](mailto:fis.seminar.bookings@centrelink.gov.au)

Minister for Human Services Mr Joe Ludwig has also recommended self-funded retirees, whose investments have been affected by the global stock market crisis, to contact Centrelink and discuss their options.

Mr Ludwig said Centrelink has a number of free services available to both customers and the general

community to help those affected make informed decisions about their finances.

"The Australian Government appreciates the current stock market volatility is putting a great deal of stress on many self-funded retirees who were relying on share dividends and other investments to fund their retirement," Mr Ludwig said.

"In addition, those planning to retire in the coming months may also be very concerned about the impact of falling share prices on their superannuation.

"Centrelink has a free financial information service, which provides financial information and options.

"You don't have to be a Centrelink customer to access this service.

"The financial information service doesn't sell advice or investment products - it's a Government service that simply offers unbiased financial information."

**Press release, 9 Oct 2008  
Sarah Cosson, Department of  
Human Services**

**St Hubert's Island resident Mr Stephen Clarke has won two awards at this year's Australian Town Crier Championships in Parkes on September 14.**

Mr Clarke placed third in Australia and achieved second in the Best Cry category at the national championships.

Sixteen town criers from four states represented their regions at the championships which tested "the willpower, physical stamina, voice projection and clarity of the town criers competing."

Gosford mayor Cr Chris Holstein congratulated Mr Clarke for his "excellent result" in the championships.

"Stephen is a great ambassador for the Central Coast region and Gosford City and we are very proud of him," Cr Holstein said.

"Stephen has always represented our city in a professional manner and we are

## Town crier wins two awards



*St Hubert's Island resident Mr Stephen Clarke at the Australian Town Crier Championships in Parkes*

honoured to call him our very own official town crier.

Mr Clarke has been Gosford City's official town crier for the past 18 years and since then has represented the City of Gosford at the Australian Town Crier Championships at various locations around the country.

In 2005, Mr Clarke competed at the championships against 65 of

the world's best town criers from New Zealand, France, Poland, Netherlands, America, England, Canada, Belgium and Australia.

He was successfully placed as the third best town crier in the world and still holds that title.

**Press release, 3 Oct 2008  
Lisa-Maree Schell, Gosford  
Council**

## Scouts celebrate with promotion day

**More than 75 year of Scouting on the Peninsula will be celebrated at a Scout Promotion Day held as part of the Umina Uniting Church annual Spring Fair on Saturday, October 25.**

The day will be held to advise parents and children about Scouting.

Leaders and youth members will be at the promotion.

"The Scout group has Joey-Scouts six to seven years, Cub-Scouts seven to 10 years and Scouts 10 to 14 years," said leader Mr Alan Ford.

"Next year the group will have Venturers 14 to 17 years.

"Adults are welcome as leaders."

Mr Ford said this year marked a significant milestone for local Scouting.

"It is the centenary year for Scouting in Australia, more than 75

years since Scouting commenced on the Woy Woy Peninsula.

"And 40 years ago, in 1968, the Woy Woy Presbyterian Church sponsored second Woy Woy (St Davids) Scout Group," Mr Ford said.

"Second Woy Woy met in the Dave Campbell Hall behind Woy Woy Presbyterian Church for nine years.

"In that period, the Scout troop awarded the highest number of first class badges in the district.

"In 1977, the Uniting Church was formed and continued sponsorship of the Scout group.

"The youth sections moved to Umina Uniting Church and the group name was changed to First Broken Bay.

"This matched the name of the Broken Bay Uniting Church Parish.

"First Broken Bay Venturer unit was registered in the 1980s.

Mr Ford said the group

celebrated 25 years of sponsorship in 1993.

"At the dinner there were three leaders who joined the group in 1968 and, for the 25 years, had continuous service," Mr Ford said.

"The Scout group was fortunate because the sponsoring churches provided a meeting hall and equipment storage without cost."

Mr Ford said the first Broken Bay group amalgamated with Ettalong in 1998 and with Umina in 2006.

"Broken Bay Scout Group is one of the larger groups in Gosford District," Mr Ford said.

"The group meets in Scout halls at Ettalong and Umina.

"The Uniting Church, although no longer sponsoring scouts, has continued a relationship with Broken Bay Scout Group."

For more information, contact Alan Ford on 4342 1515.

**Press release, 7 Oct 2008  
Alan Ford, Broken Bay Scout  
Group**

## Ettalong Beach Arts and Crafts Centre



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## Education

# Ambulance service to run course

**The St John Ambulance Service is seeking participants for its Early Literacy Course.**

The course, which is a prerequisite for people wanting to volunteer to help with literacy programs at local primary schools, costs \$25.

St John NSW operates a Program to Aid Literacy at Woy Woy South Public School, Ettalong Public School and Woy Woy Public School, and 100 other primary schools across NSW.

The program is designed to help primary school students who are experiencing problems with reading and writing.

Volunteers spend an hour a week during school time, assisting

children in small groups or individually.

"Volunteers have contributed to the literacy programs at Woy Woy Public School for many years," said Woy Woy school coordinator Ms Jenise Kelly.

"With individual literacy sessions, they follow up and support the programs that have been developed and implemented by the Support Teachers Learning Assistance in small group lessons.

"This gives the students with learning difficulties the opportunity to consolidate their programs in a kind and friendly atmosphere where they can develop confidence in literacy by working with a one-to-one volunteer."

St John NSW marketing officer Ms Ellen Ward said

program volunteers who had been participating in the program for a number of years found it rewarding.

"Eligibility for membership includes a reference and criminal record check and successful completion of the St John NSW early literacy course; and participants must be 18 years or older," Ms Ward said.

Ms Ward said courses, run over four days, would be available from later this month at Surry Hills and Newcastle and by distance education.

For more information email [ccb@stjohnnsw.com.au](mailto:ccb@stjohnnsw.com.au) or phone 1300 360 455.

Press release, 1 Oct 2008  
Ellen Ward, St John NSW



## Japanese students visit college

**Brisbane Water Secondary College Umina campus has hosted 20 Japanese exchange students.**

Trip organiser Mr Larry Thomson said staff and students from both schools had a wonderful cultural and social experience.

"Fujimi Junior High School visited our school recently and it was a great week of cultural, educational and social interaction between our students and the visitors from Japan," Mr Thomson said.

He said the Japanese students really enjoyed the stay during August and appreciated the efforts of the host students and their families in looking after them.

"It was a full week of activities, with the Japanese students doing special English lessons, but also visiting our school farm and other facilities."

A welcoming and farewell ceremony was attended by district superintendent Mr Frank Potter and Mr Ray McDonald from the P&C.

Mr Thomson said the students and host families visited many places during their eight-day stay.

"These included the Australian Reptile Park, Terrigal Beach, the Skillion, pelican feeding at Woy Woy Fisherman's Wharf, Erina Fair, Crackneck Lookout (we even saw a whale) and a bushwalk to the top of Blackwall Mountain where views could be seen all the way to Sydney," Mr Thomson said.

"The students also experienced Aboriginal culture, when local Aboriginal painter Kylie Cassidy and dancer Stuart McMinn came into the school to speak and work with the students.

"The visiting Japanese students also visited Woy Woy Senior Campus where a cultural day was held with the Year 10 Japanese and Year 11 Society and Culture classes.

"It was a great time and there were many sad and tearful faces when the students departed the school on Saturday morning."

Newsletter, 30 Sep 2008  
Larry Thomson, BWSC Umina

# Outstanding participation

**Woy Woy Public School has been recognised for its outstanding participation in this year's NSW Premier's Reading Challenge.**

The Peninsula school joined

more than 50 primary schools from around the state which were awarded for outstanding participation.

Next year, Woy Woy Public School will be given the chance to

make the Outstanding Participation Gold Honour Roll.

Only nine other NSW primary schools will have the opportunity to join the gold honour role in next year's challenge.

Woy Woy Public School received a certificate from the Premier for display in the school acknowledging their outstanding participation and a book pack for the school library.

The NSW Premier Reading Challenge is available to all NSW students from Kindergarten to Year 9 and participation is voluntary.

The challenge aims to encourage students to read for pleasure and to enable them to experience quality literature.

The challenge runs from February to September every year.

Website, 11 Oct 2008  
NSW Premier's Reading Challenge

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**Spanish Level 4**

Thu 23 Oct; 7:00pm - 9:00pm  
8 Weeks \$105 > Woy Woy

**Japanese for Travel - Part 2**

Mon 20 Oct; 7:00pm - 9:00pm

**Japanese Level 1**

Tue 21 Oct; 7:00pm - 9:00pm  
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**Mandarin Level 3**

Sat 25 Oct; 10:00am - 12:00pm  
8 Weeks \$105 > Woy Woy

**BAS - Preparation and Lodgement**

Thu 16 Oct; 6:30pm - 9:30pm  
1 Session \$55 > Woy Woy

**Management (Small Business)**

Thu 6 Nov 6:30pm - 9:30pm  
2 Weeks \$110 > Woy Woy

**Improve your Maths**

Sat 25 Oct; 12:30pm - 2:30pm  
8 Weeks \$25 > Woy Woy

**Cooking and Handcrafts**

**Beading - advanced**

Mon 20 Oct; 7:00pm - 9:30pm  
5 Weeks \$95 > Woy Woy

**Christmas Feast on the Coast \*New\***

Sat 13 Dec; 9:30am - 3:30pm  
1 Session \$90 > Woy Woy

**Lifestyle and Fitness**

**Indian Folk Dancing Workshop**

Sat 22 Nov; 12:30pm - 2:30pm  
1 Session \$35 > Woy Woy

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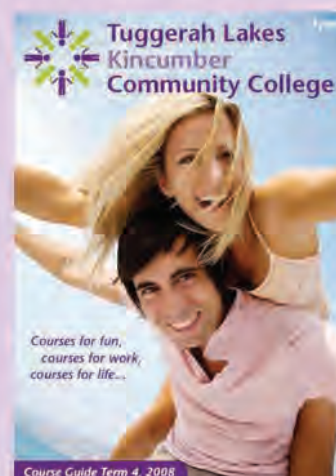
Sun 2 Nov; 10:00am - 4:00pm  
1 Session \$75 > Woy Woy

**Traditional Indian Dance \*New\***

Wed 22 Oct; 10:00am - 11:30am  
8 Weeks \$90 > Woy Woy

**Yogalates**

Mon 20 Oct; 6:30pm - 8:00pm or  
Wed 22 Oct; 6:30pm - 8:00pm  
8 Weeks \$110 > Ettalong



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# Girls are rugby champions

**The Brisbane Water Secondary College Woy Woy campus girls' rugby union team has successfully won their campaign to become Central Coast schools champions.**

The Woy Woy campus team defeated Gorokan High School at the Umina campus, 40-5.

The final score placed them in the top four teams in the state.

The game was tough on the college forward pack with both sides providing equal push at the ruck, according to campus principal Ms Pam McAlister.

"Our forwards each had a hard game, providing support at the breakdown and making some well-earned metres in attack.

"The Brisbane Water backline, with their speed and agility, outclassed the smaller Gorokan team and established a hefty lead early on.

"Coach's points went to Chelsea Campbell, Hayley Jones and Stacey Markham."

The team consisted of Carla Alexander, Samantha Bainbridge, Chelsea Campbell, Stevie Cummins Amanda Dingle, Megan Ely, Toni Gassman, Melissa Halstead, Sarah Hewson,

Molly Jeffries, Hayley Jones, Nicola Kay, Megan Langford, Kayla Lewis, Britney Logan, Stacey Markham, Kimberly Moseley, Jade O'Grady, Sally Oman and Caty Walker.

Newsletter, Sep 15 2008  
Pam McAlister, RBWSC Woy Woy



## Rugby league win to boys

**Brisbane Water Secondary College Woy Woy campus defeated Tuggerah Lakes Secondary College to take out the Central Coast Under-16 Rugby League Competition recently.**

The Woy Woy campus team came out on top with a 20-6 win.

"It was in windy conditions that the team were set to play the Central Coast final of the All Schools Under 16 Rugby League Competition," said campus principal Ms Pam McAlister.

"On arrival at Berkeley Vale the team found out that the Under-13s from the junior campus had won their division, so it was up to the

senior campus to keep the ball rolling."

The team consisted of Aiden Avery, Jason Hayward, James Murphy, Frank Verevekabau, Ben Gould,

Justin McDermott, Callum McGillicuddy, Chris Norman,

Ben Johnson, James Coote, Tom Austine, Ryan Arber, Steve Billington, Daniel Bluff, Nathan McManus, Luke Grant, Chad Walsh and Matt Cama.

Newsletter, 15 Sep 2008  
Brisbane Water Secondary College Woy Woy Campus

## Netball club wins \$2500

**Umina Beach Netball Club has received \$2500 from a Umina bakery.**

The club's winning entry, submitted at Bakers Delight in Umina, was drawn at random from a national pool of more than 31,000 entries.

The local sports club is one of 60 clubs nationally to receive the grant.

Umina Beach Netball Club president Ms Lisa Coakley said she was overjoyed when told the club had won the money.

"We are incredibly excited about the possibilities it represents for

our members," Ms Coakley said.

Ms Coakley said the club plans to use the money to provide training and game day equipment for young children on the Peninsula.

Proprietor of Bakers Delight Umina Mr Joseph Mondal said he had presented a cheque for \$2500 to the club and was delighted to have collected the winning nomination.

"We are thrilled that the winning nomination was placed in our bakery," Mr Mondal said.

Press release, 9 Oct 2008  
Carrie Morgan, Keep Left Public Relations

## Recognised

**Two members of Woy Woy Lions Junior Rugby Union Club have been recognised after being nominated for a NSW Rugby Union Gala Award.**

Peninsula residents John and Denise Stokie were nominated for The Spirit of Rugby award at the black and white ball event in Sydney on September 14, for their commitment and dedication to rugby union on the Peninsula.

"John and Denise Stokie were recognized for their supreme effort in growing the number of teams in junior rugby union on the Peninsula," said club publicity officer Ms Edwina Nikora.

Email, 3 Oct 2008  
Edwina Nikora, Woy Woy Junior Rugby Club

## Sand Slog success

**The Umina Surf Life Saving Club's inaugural Sand Slog was a "great success", according to event organiser Mr Greg Brown.**

"It was an unseasonably hot day on Sunday with all the competitors feeling the heat, yet they all enjoyed the first Umina Beach Sand Slog," Mr Brown said.

"First place for the female five kilometre run went to Suzy Woodbury, second place to Helen Krucler and third place to Lydia McKay.

"In the five kilometre male event,

Jordan Krucler took out the gold, Greg Morley silver and bronze went to Adam Spender.

"In the female 10km run, Kelly Yule came first, Juliette Cassidy came second and Annette Parker finished in third place.

"The male 10km run saw Judd McBurney win first place, Mark Wilson in second and Paul Gibson in third.

"Most competitors left with either a medal or a lucky draw prize."

Press release, 28 Sep 2008  
Greg Brown, Umina Beach Surf Life Saving Club

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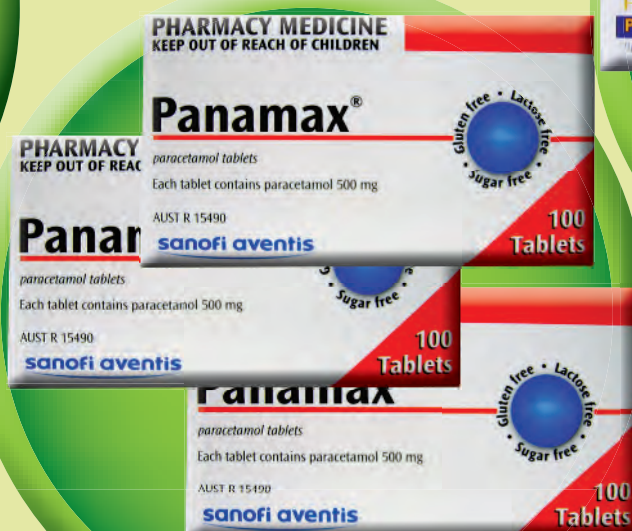
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