



Beachgoer increase sees 52 rescues at Umina Beach

Umina Surf Lifesaving Club conducted 52 rescues over the weekend of March 21 and 22, when terrible surf, several rips, warm weather and Sydney beach closures saw an increase of beachgoers at the beach.

Club president Mr Stephen

Scahill said: "It was a very difficult weekend for members, particularly as beachgoers were spread out and not swimming between the flags.

"It got to the point where patrollers ended up taking up positions along the beach all the way to Kiddies Corner to ensure

we had the coverage we needed," Mr Scahill said.

He said so much strain was placed on patrollers that the club was forced to call in off-duty members to assist.

Both Surf Life Saving Central Coast and Central Coast Council opted to end their patrol season at

the end of last week.

Mr Scahill admitted the sudden cessation of patrols while the beach remained open had him worried, but he was hopeful that the beach would not see a crowd like that again as the temperature cooled and the public adopted more stringent social distancing

practices.

"It is a little concerning and I would definitely advise not to go swimming for the time being," he said.

SOURCE:

**Interview (Dillon Luke), 26 Mar 2020
Stephen Scahill, Umina SLSC**

SEE PAGE 3 - Early end to patrols



Fishing operators say they struggle to stay viable

Commercial fishing operators working in the waters off Patonga say they are struggling to stay viable in the wake of the State Government reforms to the industry.

They met in Woy Woy last week with Shadow Minister for Primary Industries Ms Jenny Aitchison and Member for Gosford Ms Liesl Tesch.

Wild Caught Fishers Coalition secretary Ms Mary Howard said mesh fishers were suffering through a restriction on the number of days they could work.

"They are trying to cope with working on limited days and they have to balance that with weather conditions and species movement," she said.

"It doesn't always work out comfortably and affects their ability to actually be viable.

"The ability to transfer quotas across the state for mud crab fishers was meant to make the industry more viable but has had the opposite effect.

"As a result of the reforms, mesh fishers can now keep crabs caught in their nets, whereas previously they couldn't and this is impacting

crab fishers.

"Changes to the shares system for prawn trawl fishers means they have had to buy more shares to keep their business going.

"These moves have forced many fishermen out of the industry and put others in additional debt.

"It has impacted many families on the Central Coast and elsewhere," Ms Howard said.

Mr Dane Van Der Neut has been fishing the waters off Patonga in Broken Bay and the Hawkesbury River for the past 12 years.

Continued Page 8

THIS ISSUE contains 48 articles - Read more news items for this issue at www.peninsulanews.info

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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CEO: Cec Bucello, for Central

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All accepted contributions also appear on our website.

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Editorial policy

The newspaper's editorial policy reflects a desire to reinforce the Peninsula's sense of community.

To qualify for publication, articles must have specific relevance to the Peninsula. For example, they must be about activities or events happening on the Peninsula or be organised by or involving Peninsula people.

The newspaper is not regional or national in nature, so regional or national issues will not be canvassed except as they affect the Peninsula.

Regional sports will only be covered from the perspective of Peninsula clubs. Regional plans will only be aired in the context of their ramifications for the Peninsula.

Peninsula News aims to be inclusive of as much of the Peninsula community as possible.

Readability

To ensure that the newspaper serves its purpose, it must be readable and represent the interests and activities of the community in its content.

Contributions to the paper are edited to consistent standards of readability. Guidelines are available for intending contributors.

All items will be dated. They must contain the name of the author to whom the contribution may be attributed, with their first name spelt out, along with their suburb or organisation. Anonymous contributions will not be accepted.

Forum letters

The Forum section provides the opportunity for readers to express their views on any aspect of Peninsula community life, with the aim of reflecting the community's diversity of opinion.

Nevertheless, letters may be edited for readability, including for length, spelling and grammar, and to avoid legal liability on the part of the newspaper, or they may be declined altogether.

Contributors are asked to keep their contributions to the matter at hand, and to focus on the issues and not abuse or insult others.

Other than in the case of holding public figures to account, criticism of others (as opposed to criticism of particular opinions) is unlikely to be published in the interests of facilitating the expression of a diversity of views.

All letter writers need to supply name, address and contact details. Only name and suburb will be published.

Contributors who do not wish the wording of their letter to be changed at all should make a note to this effect when submitting their letter. In some cases, this may result in the letter not being published.

Source lines

Peninsula News includes "source lines" at the end of each article which aim to provide readers with information about where and how we came across the information, so that they might judge for themselves the veracity of what they are reading.

It should not be assumed that the article is a verbatim reproduction of the source. Similarly, it should not be assumed that any reporter listed is necessarily responsible for writing the whole news item. Source lines are not by-lines.

Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its information in three ways: It is sent to us by someone wanting to promote their activities; it is sent to us in response to our inquiries; or it comes from a newsletter or other document to which we have access.

Sometimes we may interview a person or report what they said at a meeting.

The following descriptions are used:

Media Release - unsolicited contributions. **Media Statement** - sent in response to our questions. **Website** or **Social Media** - information published online. **Newsletter** or **Report** - published in print or online. **Interview** or **Meeting** - statements recorded by a reporter.

Forum contributions may be: **Email** if sent electronically and **Letter** if written on paper.

Above average rainfall for March

Rainfall on the Peninsula for the month to March 27 totalled 217.2mm of rain, according to data compiled by Mr Jim Morrison of Umina.

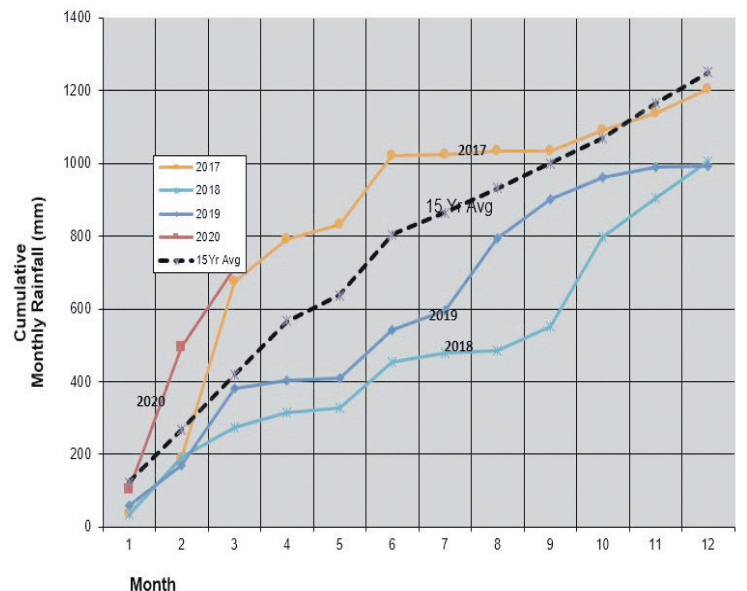
This brings the yearly total up to 710.6mm, which was 44.5 per cent above the average total at the end of March of 418mm.

In the last two weeks, the Peninsula received more than 15mm of rain on each of four days.

The heaviest of these was on March 16 with 35.8mm recorded. On March 17, 34mm was recorded. Falls of 29.9mm and 17.8mm were recorded on March 26 and 27 respectively.

SOURCE:

Spreadsheet, 27 Mar 2020
Jim Morrison, Umina



YOUR CHANCE TO WIN

The Peninsula News would like to offer one lucky reader the chance to win a \$150 Dulux voucher.

With Easter right around the corner and more people at home than ever before, there's no better time to get a jump on those weekend DIY projects.

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We're giving one lucky reader a chance to win a \$150 Dulux voucher to be redeemed on Dulux Wash&Wear paint and their very own copy of the colouring book.

For your chance to win, write your full name, address, email and daytime telephone number on the back of an envelope and mail it to Peninsula News Dulux Competition, PO Box 1056, Gosford NSW 2250, before 5pm on April 16.

The winners of the Red Rooster Competition were Diane Dunn of Wyoming, Michelle Kennedy of Ettalong and Pat Kelly of Woy Woy.



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Early end to patrols, but beaches remain open

Surf Life Saving Central Coast and Central Coast Council have decided to call an early end to beach patrols, effective immediately.

However, beaches on the Peninsula will remain open.

Council chief executive Mr Gary Murphy said the decision responded to Federal and State Government calls to do more to ensure compliance with the regulations around physical distancing and banning of outdoor gatherings of 500 or more people.

"Unfortunately, the swim between the flags message is encouraging people to congregate in close proximity," Mr Murphy said.

"Our job right now is ensuring we play our part in managing as best we can the spread of Coronavirus and protecting the health and wellbeing of our staff and community.

"Lifeguards and volunteer lifesavers' job is not crowd control and social group management.

"Their important roles of keeping children, families and all beachgoers safe at the patrolled beach areas is being compromised during these unprecedented times," he said.

Surf Life Saving Central Coast chief executive Mr Jon Harkness added that an early end to the usual beach patrol season did not mean the end of beach safety



education or the responsibility of everyone to be surf smart.

"We know that this decision may seem counter-intuitive as we approach the Easter long weekend break and potentially longer school holiday period, but these are not ordinary times and they require us to take all the precautions we can to keep our staff and the general public safe.

"We are asking everyone to be sensible and follow the regulations about public gatherings and physical distancing.

"We will be back in late September this year to raise the red and yellow flags for a new beach patrol season," said Mr Harkness.

However, Killcare Surf Club president Mr Craig Sheppard said

his members were hopeful they would still have a presence at the beach.

"We'll be on the PA with our usual focus on preventative measures and beg you to comply with any directions given by the lifesavers.

"This will also apply to social distancing.

"It sounds harsh, but the team

are under instructions that should they have large groups of people not complying with what needs to be done, they are to call for police backup."

SOURCE:
Press release, 25 Mar 2020
Gary Murphy, Central Coast Council
Social media, 25 Mar 2020
Craig Sheppard, Killcare SLSC

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Peninsula fuel 50 per cent higher with crude price drop

Fuel prices on the Peninsula were more than 50 per cent higher than prices at Tuggerah during a recent price drop in crude oil prices.

The Peninsula Unleaded 91 price dropped to 141.9 cents a litre, but prices at Tuggerah dropped as low as 88.9 cents.

Petrol prices on the Peninsula are consistently the highest on the Central Coast, often by more than 40 cents per litre.

Media manager Mr Murray Newton for Viva Energy Australia, which supplies the Coles Express service stations, was unable to give specific reasons for the price difference.

He said there were a variety of local factors that influenced the retail price of fuel including local competition and different pricing strategies.

"We endeavor to be competitive within our local markets and relative to our competitors," he said.

Mr Newton said fuel prices in regional areas tended to be more stable than in cities where prices moved in cycles, yet, lower population areas with lower demand resulted in fewer outlets, leading to less competition.

Meanwhile, the Australian Competition and Consumer Association was monitoring fuel prices all over Australia to make

sure recent falls in international crude oil and refined petrol prices were flowing through to consumers.

This followed a decline in the price of crude oil and refined petrol since early January and, in particular, sharp falls in crude oil prices last week, according to Commission chair Mr Rod Sims, in a media release on March 16.

"We will be looking at the market very closely to determine if further sustained reductions in international prices are being passed on to consumers, and we will be publicly identifying those retailers that are not passing on reductions.

"The Commission cannot control the petrol prices companies set but we can call out problematic price setting which can influence company behavior," Mr Sims said.

The National Roads and Motorists Association spokesman Mr Peter Khoury said the public was losing patience waiting for the oil companies to do the right thing.

Peninsula News had not been able to make contact with other Peninsula fuel suppliers.

SOURCE:

Media release, 19 Mar 2020

Peter Khoury, NRMA.

Interview (Sue Murray), 23 Mar 2020

Media statement, 23 Mar 2020

Murray Newton, Viva

Energy Australia.

Website, 26 Mar 2020

Rod Sims, ACCC

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'Resilience plan writes itself' as needs arise

The Community Resilience Plan for the Bouddi Peninsula area is virtually writing itself as the community has recently faced bushfires, storms, floods, extended power outages and now the coronavirus pandemic health crisis, according to Wagstaffe-Killcare Community Association president Mr Mike Allsop.

He said the plan would be an action plan to guide the community on what to do, how to support each other and where to get help in an emergency.

The plan is being established by community leaders from the association, the Rural Fire Service, the surf lifesaving club and the Killy Cares local charity.

"We're close to getting the structured plan together but we can't wait for that obviously.

"We've just to get on with it and provide the services as they are needed," Mr Allsop said.

Killy Cares was stepping up to the mark, offering help through the social isolation stages of the coronavirus health crisis, according to its president Mr Stephen Hinks.

Pastor at Hardys Bay Community Church, Mr Hinks, and local businesswoman, Ms Cathy Baker, started Killy Cares about five years ago.

"The idea was to pick up on anybody who might be falling through the cracks and basically we are here to look out for and look after each other," Mr Hinks said.

"We've got about 50 member volunteers who will drive the elderly or anyone vulnerable to medical appointments, do the shopping or gardening and various other things.

"We have a co-ordinator organising to provide meals for people, which are made by people at Hardys Bay Community Church.

"Our group has provided St John training in first aid, CPR and use of defibrillators and last year we managed to buy three for use in the community."

Mr Hinks said the focus now was on assisting the community through the coronavirus health situation.

"Killy Cares is here to help, especially elderly and vulnerable members of our community," he said.

"We've already put together some groceries and delivered about 20 boxes of those.

"We've got emergency meals for people and I've been talking to our local businesses about what they'll be offering with takeaway meals or delivery service.

"We're asking for more volunteers. We have about 50 member volunteers but we need

more to be able to provide these important services at this time.

"It's great to see the younger people, especially the young ones from the surf club, offering their help.

"Also, we are trying to compile a list of people in the community, with their permission, who are in that vulnerable age group, who don't have family nearby, or live alone – the kind of people we can help with anything at all.

"The list will become part of the Community Resilience Plan so we know who to watch out for in these types of emergencies.

"The majority of people in this area are retirees and the elderly who require this type of assistance, which is our main target group, however, we do help families as well."

Mr Hinks said the Community Resilience Plan was all about adaptive leadership and the plan was being established by community organisations such as the Rural Fire Service, the surf club, Killy Cares and the Killcare-Wagstaffe Community Association.

"As a community we have to adapt to situations and rise to whatever is thrown at us," he said.

SOURCE:

Interviews (Sue Murray),
24 Mar 2020

Stephen Hinks, Killy Cares
Mike Allsop, WTKCA



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'Character statement' may be developed for Council ward

Central Coast Council will include "character statements" for each ward if it is successful in its request for a 12-month deferral of Central Coast Council's Draft Local Strategic Planning Statement.

Deputy mayor Cr Jane Smith called for both the deferral and the inclusion of the character statements.

Council decided to defer public exhibition of the statement due to the difficulty allowing the community to have it's say during the COVID-19 pandemic.

Council will write to the NSW Department of Planning, Industry and Environment seeking a 12-month extension for the public exhibition of the draft which outlines the basis for strategic planning on the Coast.

Cr Smith said it would be difficult to expect the community to engage in the process at present.

She said all councils in NSW outside of the metropolitan areas had a deadline of the end of June to adopt these statements and most would, like Central Coast Council, be ready to go on public exhibition but it was difficult to see

how this could happen under the circumstances.

"We need to do this well so on the advice of staff it is worth asking the question of the Department of Planning for a 12-month extension," she said.

Local ward representative Cr Troy Marquart asked what would happen if the request to the State Government was unsuccessful.

Director of Planning Mr Scott Cox said it was unknown but his department had a letter prepared for the State Government and would hope for an answer within two weeks.

He said the character statement work would take 12 months and there was to be community workshops which could not go ahead at present.

The statement takes into account economic, social and environmental matters, the planning priorities aligning with any strategic plans applying to areas; the actions required for achieving those planning priorities; and the basis on which the Council is to monitor and report on the implementation of those actions.

At its previous meeting, on March 9, the council had decided to defer its decisions on two

other draft documents - the Local Environment Plan and the Development Control Plan - until the Local Strategic Planning Statement had been adopted.

The council also recommended a raft of changes to those two drafts.

Councillors are to receive a further briefing on the draft plans.

Councillors and staff will meet with Department of Planning, Industry and Environment to discuss and outline a process to take these "key strategic planning processes forward".

The draft plans were developed following a period of public consultation, which generated over 700 written submissions.

The purpose of the plans is to consolidate and harmonise planning controls across the region and simplify planning processes and is the first stage in the Central Coast Comprehensive Local Environment Plan Review.

At the March 9 meeting, Cr Smith said it was doing things back to front to try to finalise the two plans before the Local Strategic Planning Statement was adopted.

SOURCE
Central Coast Council
agenda 2.1, 23 Mar 2020

Leisure centre and theatre close as council cuts services

The Peninsula Leisure Centre, Peninsula Community Centre, the Peninsula Theatre, and council libraries and halls have been closed as Central Coast Council winds up facilities it deems non-essential.

Council chief executive Mr Gary Murphy announced the new measures which came into effect on the March 23.

Mr Murphy said the decision was made in response to the rapidly evolving coronavirus situation and State Government directives.

Mr Murphy said the decision was made with the public's health in mind.

He said the move would allow council to focus on delivering essential services.

"Our job right now is ensuring we play our part in managing as best we can the spread of coronavirus, and to protect the health and wellbeing of our staff and community.

"A number of our services are not interrupted and these

include essential services such as water and sewer, collection and management of waste, development assessments, road repairs, child care centres and public toilets which will remain open.

"Maintenance of sports fields, parks and reserves, such as mowing and other services will be evaluated as the situation unfolds.

"Beaches remain open and we will continue to monitor public attendance to comply with the restrictions around outdoor gatherings.

"We will still attend to customer service queries by phone on 1300 463 954 and via council's website and keep the community updated through council's information channels including social media, e-news and advertising," Mr Murphy said.

Mr Murphy said that council would have to deliver services differently and that staff were evaluating all options and taking on the advice of health authorities.

SOURCE:
Media release, 22 Mar 2020
Gary Murphy, Central Coast Council

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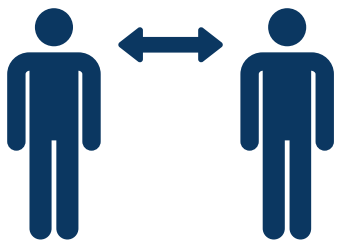
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4322 2400 lucy.wicks.mp@aph.gov.au

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Fishing operators say they struggle to stay viable

From Page 1

He and his father, Tom, of Woy Woy, who has been fishing those waters for 45 years, operate a family business with two trawlers.

They have been supplying fresh, locally caught seafood to local outlets as well as the Sydney market.

"The government has destroyed an industry that feeds a nation," he said.

"One example is, that before the reforms, a commercial fisherman was able to work 365 days but now its restricted to 63 days and if you want to work more days you have to buy back into the industry through the shares system – for a job you were already doing," Mr Van Der Neut said.

"The reforms did reduce businesses because some couldn't afford to buy shares at inflated prices, from people in the know, who bought shares before the reforms were introduced.

"Some of the shares were just ridiculous, for example, meshing was something like \$80,000 for just enough shares to go meshing for 60 days.

"Even though the government touted it as 'look how good we've made the industry' all it did was put quotas for certain species, like mud crabs and lobster, into single hands and create monopolies.

"I was squeezed into one fishery (species) which limits your



ability to create an income through different seasons.

"It made me go and get other employment because I couldn't diversify anymore, so we had to put all our eggs in one basket, which meant we just had the prawn trawling.

"The government wanted to change a multi species, multi method industry into a single species, single method industry which just doesn't work," Mr Van Der Neut said.

"The reforms, the government said, were to streamline the industry and to make it more valuable, more profitable and viable but it has done the opposite.

"The government is not listening when commercial fishers continually warn that this is a mistake and it has put the whole

industry in a very precarious economic situation", he said.

They wanted to address the "significant reduction in fishing vessels over the years which has led to a massive reduction of locally caught seafood", according to one fisherman.

Ms Aitchison said the local fishing industry was in chaos four years into the industry restructure.

"Recent announcements impacting commercial fishers are a slap in the face for the industry and show how out of touch the government is with its day-to-day challenges," she said.

"In the meeting with fishers, it emerged that they and many of their industry colleagues are struggling to stay afloat."

Ms Aitchison said the government announcement that it

would waive the second instalment of commercial fishing management fees came far too late.

"It came nearly a week after the payment deadline and without any provision for refunds to provide cashflow assistance for those who had paid," she said.

"The second announcement was for a review process to seek feedback on commercial fishing regulations with a view to imposing more changes on the industry, under the guise of removing redundant and inefficient regulations.

"Commercial fishers continue to be severely impacted by the NSW Government's disastrous Business Adjustment Program reforms implemented in May 2016.

"The long-promised review of the socio-economic impacts of the program – the Barclay Review – was due in December last year but still has not been released.

"They must release the Review before they embark on yet another round of change.

Ms Tesch said there had not been any community consultation and the concerns of local fishers had not been heard.

"Our people are hurting," she said, "and other people from other waterways are being allowed to come and fish in our waterways."

Parliamentary Secretary for the Central Coast Mr Adam Crouch said the NSW Government had implemented essential reform in

the commercial fishing industry to ensure fish resources could be effectively managed as well as having a viable and sustainable fishing industry into the future.

"By linking commercial fishery shares to catch or effort, these reforms have actually given meaning and value to the shares," he said.

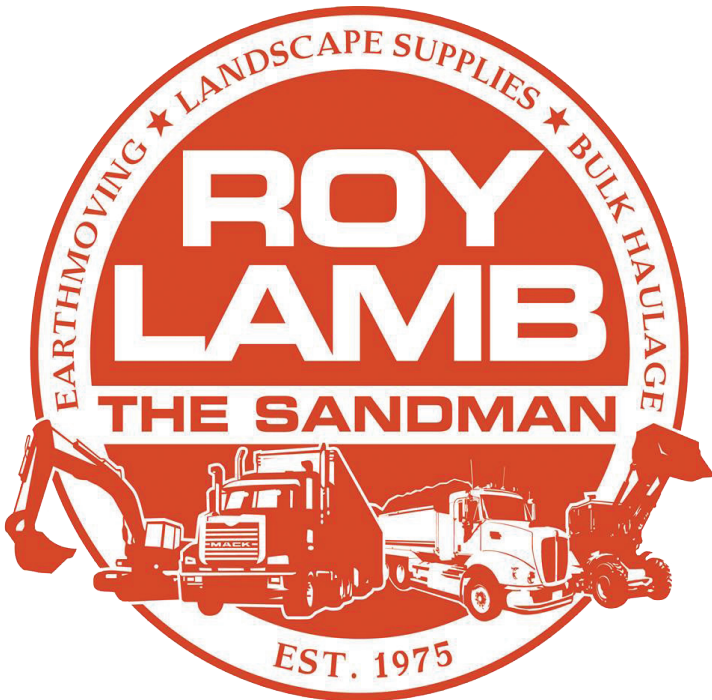
"During the course of reforms, fishers were given a number of choices, including to consolidate, sell or expand.

"If fishers wanted to sell their shares, they were able to do so and receive a \$20,000 payment," he said.

"For some this was their retirement fund after years of waiting for the reforms to come.

"The NSW Government is also providing over \$1 million in fee relief for fishers impacted by the recent drought, fires and flooding," Mr Crouch said.

SOURCE
Interviews (Sue Murray),
23 Mar 2020
Dan Van Der Neut, Wild
Caught Fishers Coalition,
Liesl Tesch, Member for Gosford
Interview (Terry Collins),
19 Mar 2020
Mary Howard, Wild Caught
Fishers Coalition
Media release, 13 Mar 2020
Jenny Aitchison, Shadow
Minister for Primary Industries
Media release, 25 Mar 2020
Adam Crouch, Parliamentary
Secretary for Central Coast



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Yet I have no doubt we can each do our part to get past this COVID-19 crisis.

It's our duty, each one of us, to follow the best emerging health advice.

Go to health.gov.au or call the COVID-19 hotline on **1800 020 080**.

Do not just rely on Facebook posts for information.

I was in Canberra on March 23rd to pass \$84 billion worth of support for our health services, for emergency living wage payments and for business support.

You need access to that money now to survive.

If you are not getting the response from the Government that you need, as your Labor Senator for the Coast my office is ready to assist you.

The government must still be held to account. Helping you face challenges of this time matters to me.

My office has gone digital - no face to face contact but please contact me if I can be of any assistance.

Senator Deborah O'Neill
Labor Senator for NSW

Suite 3.12
The Platinum Building
4 Ilya Avenue Erina, NSW, 2250

Phone: +61 2 4367 4565
Fax: +61 2 4367 3506
senator.o'neill@aph.gov.au

Authorised by Senator Deborah O'Neill, PO Box 3627 Fountain Plaza NSW 2250



New York trip turns into a nightmare

For Michelle Kinnane of Pearl Beach, a trip to visit her new grandson in New York turned into a nightmare.

“My son has been living in New York for six or seven years and runs a company in Manhattan,” Ms Kinnane said.

“With he and his wife expecting a baby, I booked ages ago to take a trip there at the beginning of March.

“When I flew out on March 9, the situation wasn’t too bad but the day after I landed things started to go haywire.

“New York quickly became a ghost town and my son had to close down his office and every day the news became more stressful.

“As it became clear I needed to return home, my son and his wife, both Australians, had to make the decision whether to stay in New York or come home with me.

“There was a lot to consider with a company and a dog to think about, but with the state of medical support in the States, they decided they needed to come back to Australia with me.

“I was glad I was there because without me to help with the baby

and meals, they couldn’t have organised all they needed to in three or four days.

“Then came news the borders would soon close.

“We didn’t know if it was real news or fake news, but I felt very panicked.

“As soon as the baby’s passport came through, we were on a plane on March 19.

“The flight home was full of Australians leaving everything behind like my son did.

“It was very distressing once we landed because not everyone had got the message that only Australian residents would be allowed back in and people were being forced to go back to the countries they had come from.

“When we arrived back in Australia on March 21, it looked like everything was going on as normal and that disturbed us, but of course, things have changed again since then.”

Mrs Kinnane is now in isolation at home, with son Adam, daughter in law Leilani, and grandson River in isolation at a separate Pearl Beach home.

“We keep in contact via video – I am just so thrilled they are here,”

Mrs Kinnane said.

“It’s strange to think that if things had been normal I would have been in Miami now and wouldn’t have been back for another week.”

For Steve Cummings and wife Penny Howard of Umina, a South American dream trip was cut short.

Leaving on March 4 for a month-long trip, the pair had “no second thoughts” about flying out.

“We knew there was a virus but at that stage it seemed like a bad flu which was largely restricted to China,” Mr Cummings said.

“We thought South America would be safe.”

The pair spent the first 10 days in Bolivia, enjoying the local sights and expecting to cross into Argentina and then go on to Buenos Aires, Rio, and Uruguay for a home stay.

But on March 15 at 5am, they got the news that their tour was cancelling the Buenos Aires trip with border crossings an unknown and were given the choice to abandon the tour, which they decided to do.

“We were the only two to leave the tour but we knew there was an airport in Uyuni. It was a known quantity and we heard flights in

and out of Argentina were already being cancelled,” Mr Cummings said.

With difficulty getting on to airline Latam, the couple had their son book and pay for a flight for them to La Paz, where they stayed for four days before finally flying home.

“The first couple of days in La Paz were vibrant,” Mr Cummings said.

“On the Monday morning, we took the cable car to the airline office and they were great and were able to change our flights home to the Thursday.

“The streets were alive with colour and movement but on the Tuesday night we noticed everyone packing up early.

“When we got back to the hotel, it was blocked off with a grille and we had trouble getting back in - we hadn’t realised a curfew had been introduced that day.

“On Wednesday, the streets were quiet and we were sitting in our hotel room by 5pm, with the TV on to provide a bit of background noise.”

On Thursday, March 19, the couple flew out of La Paz for Santiago, where they had a 13-

hour layover before their flight to Australia left.

“We were tense the whole time we were laid over,” Mr Cummings said.

“Some flights were cancelled and we later heard that two flights after ours were also cancelled – we were so relieved to get on board.”

The couple finally got home to Sydney on March 21.

“We stayed in touch with others on our tour from various countries and discovered they were also affected by the lockdowns, but they have all managed to get home safely, thank goodness.”

Now in isolation at their Umina home, the couple is relieved to be back on Australian soil.

“We are grateful we had 10 days in Bolivia and managed to experience the Bolivian Salt Flats and the marvellous culture and it was just gorgeous but sitting at home is a great place to be,” Mr Cummings said.

SOURCE
Interviews (Terry Collins),
25 Mar 2020
Michelle Kinnane, Pearl Beach
Steve Cummings, Umina

COVID-19

How to protect yourself and our community



Self-isolate and practice social distancing



Clean and disinfect surfaces regularly



Use hand sanitiser



Wash your hands regularly

COVID-19 HOTLINE - 1800 020 080

Liesl Tesch MP | Member for Gosford



Rotary president returns to home confinement

After the adventurous freedom of 18 days travelling and trout fishing in New Zealand, Woy Woy Rotary Club president Mr Don Tee and wife Sue have returned to home soil and straight into lock down at home.

They are due to come out of 14-day social isolation at their Bensville home tomorrow (March 31) because of the coronavirus pandemic.

"We're probably safer in here than out there anyway at the moment," Don said.

The Tees say that at the time they left New Zealand, there were next to no cases of the coronavirus but at the time of this interview there were 155 confirmed cases, and rising, and New Zealand had closed its borders and were preparing for lock down to start on March 25.

They said they were lucky to holiday without restrictions, just as they have every year for the past 15 years and enjoy "the best trout fishing there is".

"The Saturday before we left New Zealand, we went to the county fair and there must have been about 10,000 people there and not a mask in sight," Don said.

"We knew what we were coming home to though and when our flight into Sydney landed, the hostesses told us all to stay in our seats because the Australian Government was coming on board," he said.

"A man and woman came on, all gowned up with protection gear like overalls and masks, and they gave us a foolscap page of rules and regulations of what we had to do and made sure none of us were feeling ill.

"When we came through customs there was a questionnaire to fill in and acknowledge that we understood that we must self-isolate when we got home.

"There was no excuse and you'd have to be pretty silly if you

didn't know what was happening.

"The customs people were wearing masks but other than that there were very few wearing masks in the airport and you wouldn't have known if things were anything else than normal.

"We always declare that we've got fishing rods and gear and they just asked us where we'd been and so on - that's fairly normal - they just checked our gear and then we're on our way.

"We hopped in the car and drove home and here we are.

"It doesn't worry us really - being in self-isolation - it's just the morally right thing to do."

The Tees said they were lucky to have good friends who had been helping them and their groceries had been delivered from online orders.

"We bought some toilet rolls back with us though because while we were over there we were talking to people back home who told us about the toilet roll situation so we bought half a dozen rolls back with us," Sue laughed.

They said when they were no longer grounded the first thing they would do would be to visit Don's 100-year-old mother because by that time it would be more than a month between visits.

"That was probably the only unfortunate restriction we had really - at 100 years old, every day is a bonus and she didn't like the idea much of not seeing us," Don said.

Sue said she was going to have a haircut.

Then it's back to work for them both - Sue as a medical receptionist and Don as a plumber.

As far as the Woy Woy Rotary Club goes, Don said face-to-face meetings had been postponed and they were investigating the possibility of having meetings through internet programs such as Zoom.

SOURCE:

Interview (Sue Murray), 24 Mar 2020
Don and Sue Tee, Bensville



Don and Sue Tee

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The sack race at last year's Bays Fair

Bays Fair won't be held until next year

The Bays Community Group will not hold its annual Bays Fair until next year.

Group president Ms Cathy Gleeson said the Fair's organising committee made the decision to postpone the event in line with current restrictions around public gatherings.

Ms Gleeson said the committee was looking at March 14 next year as the new date.

"After consultation with the organising committee, it has been decided to hold off until next year

as the logistics of securing another available date this year, combined with advice from authorities to not hold events attracting large crowds, next March looked like the safest option," Ms Gleeson said.

Ms Gleeson also called on the Bays community to be responsible and empathetic during these times.

"As this current health crisis changes rapidly, please take care and listen to what the authorities are encouraging us all to do.

"Check in and ask your elderly neighbours and anyone you know

who may need assistance during these trying times.

"You may be able to help out with shopping or other errands.

"In times like this, it is great to be a part of a community that rallies around and looks after each other.

"It was great to see a few people have already posted on the Bays Community Facebook page offering this kind of assistance," Ms Gleeson said.

SOURCE:
Newsletter, 24 Mar 2020
Cathy Gleeson, Bays Community Group

Council forecasts \$32.5 million deficit before virus costs

Central Coast Council has forecast a deficit of \$32.5 million next financial year in its operational plan for 2020-21 but has recognised significant adjustments may need to be paid in the wake of the coronavirus.

It has budgeted for a 2.6 percent rate rise.

The draft operational plan - or budget - for next year was presented to the extraordinary council meeting on March 23 where it was explained that it was developed prior to the "realisation of the impacts" of the virus.

It proposed that Council would receive operational revenue of \$551.6 million and spend \$584.1 million on essential services.

The plan lists every project and initiative that council plans to deliver in the 12 months from July.

It also includes all fees and charges such as those for playing

fields and community halls and childcare centres.

Staff had recommended that councillors vote to endorse the draft and put it out on public exhibition for residents to comment on.

Deputy mayor Cr Jane Smith added three amendments to recognise the impacts of the coronavirus.

"Staff are going to need to look at what those potential impacts are going to be on the situation next year and recognising that we may have to make some significant adjustments to our operational plan when it comes back to us," Cr Smith said.

"I think it's important to flag that with the community - that we put this out on exhibition, (and) in four weeks' time when it comes back to us we will have a clearer picture of what next year might look like."

SOURCE
Central Coast Council agenda 3.3, 23 Mar 2020

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Council elections postponed 12 months

The NSW Government has postponed the September Central Coast Council elections for 12 months in the face of the coronavirus pandemic.

Central Coast mayor Cr Lisa Matthews said: "The decision to postpone local government elections provides stability for our community in the face of adversity. "It is a sensible decision."

The amendment to the Local Government Act gives the Minister the power to call a possible further extension to December 31 next year.

It also allows councils to hold official meetings electronically instead of physically.

Local ward representative Cr Chris Holstein said: "At any election, the transition period and getting new councilors up to speed will be extensive for themselves and, in turn, the organisation.

"The current council's continuation in this current situation allows continuity for staff

and one less challenge for them in these challenging circumstances," he said.

"With four to five councillors indicating they are not standing at the next election would mean that challenge will be there.

"The extension still needs commitment from all current councillors, re-standing or not, to continue in fulfilling their duties to support the community and staff operations.

"The current crisis may also allow some to reflect on the priorities in this region and show a greater unity, rather than political or self-interest," Cr Holstein said.

The postponement of the September 2020 elections will not change the future schedule of council elections, and the subsequent elections will still proceed in September 2024.

SOURCE
Media statements, 27 Mar 2020
Lisa Matthews, Central Coast Council
Chris Holstein, Central Coast Council

Wicks urges residents to remain calm

Federal Member for Robertson Ms Lucy Wicks has urged residents to stay calm and use common sense as coronavirus restrictions are imposed.

"Prime Minister Scott Morrison has made a number of changes that will affect communities across Australia, including here on the Central Coast," Ms Wicks said.

"Several of these measures being enacted will ensure the safety of individuals and assist in slowing the spread of coronavirus within our communities.

"A common concern of many within my community is around schools.

"Schools are exempt from the



Lucy Wicks

new restrictions, with all schools remaining open.

"If your child is unwell, a common sense approach is encouraged to keep your children at home.

"Supermarkets will remain open and continue to receive and stock.

"It is important that people remain calm when doing their grocery shop and to not bulk purchase essential items," Ms Wicks said.

"Now is the time for us to be mindful that the advice from medical experts and the government is necessary to ensure that we protect ourselves, our loved ones and the wider community from the spread of coronavirus," she said.

"It is vital for those within the community to stay at home if feeling unwell.

"Our focus is on the health and wellbeing of Australians and their livelihoods."

SOURCE:
Media release, 19 Mar 2020
Lucy Wicks, Member for Robertson

Information on government website

The latest information about coronavirus, updated several times a day as changes evolve, is available on the website Australia.gov.au, according to Federal Member for Robertson Ms Lucy Wicks.

There is also a National Coronavirus Health Information Line on 1800 020 080 which was available at all hours.

Ms Wicks said the website was a central source of information, divided into several groups:

These included up-to-date essential information, a symptom checker, health and prevention, information for travelers, financial support, information for education suppliers, information for businesses and employees, and information to support the community.

"It is essential that we keep

informed as knowledge is the key and this website is the government's way of keeping communities as up-to-date as possible surrounding the coronavirus," Ms Wicks said.

"This website will provide key updates on the Government's response across all categories, linking readers to the relevant department websites."

SOURCE
Media release, 26 Mar 2020
Lucy Wicks, Member for Robertson

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Offers to share toilet paper

Today (Friday, March 13), I was shopping in my local supermarket at Umina and stopped to talk with a friend.

We had both walked past an empty toilet paper section and were having a bit of playful banter.

We were talking of telephone books and newspapers when a young woman with a large packet of toilet paper approached us and said she had purchased her paper from another store and could she give us some from her packet.

We thanked her but didn't take any because she had young kids

Forum

and we were sure she needed it more.

I left that store with a smile on my face and reassurance of the goodness of people.

Later when my son-in-law arrived home from work and I relayed my good news story to him he told me that he had handed over a packet to a lady the day before.

The good keeps on happening. May it never change.

Email, 13 Mar 2020
Genny Murphy, Woy Woy

Toilet condition appalling

Recently, my visitors needed use of a public toilet and we were appalled at the facilities near Lions Park, Woy Woy.

The urinal didn't flush. The stalls were filthy and the basin had water, but no soap and no dryer.

I am aware this is also the case in Umina shopping centre.

All the health authorities state hand washing will be critical to help limit the spread of coronavirus.

These toilets need replacing,

Forum

but please do not close them.

Our community and visitors needs them.

They could be steam cleaned and made workable including soap dispensers, dryers and signs requesting people wash their hands.

This could be done in 24 hours.

Email, 16 Mar 2020
John Taylor, Woy Woy



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NEWSPAPERS

Growing up in the 60s and 70s in Umina, I have vivid memories of the importance our bore water played in our everyday lives.

Most houses had vegetable gardens and a chook pen, no town water.

We all had tanks for drinking water and washing. Thunder box dunnies were the go.

If you had the septic on, you were classed as rich.

How many sprinklers you ran off your billabong pump was a measure of a man's masculinity.

Many a time I would hear the men joke over a long neck that Jack Stokes down the road ran five sprinklers at once.

He was our local spear pump guru. No wonder Jack had five children. The man was a legend, they all would laugh.

On Saturday mornings in autumn, the local men would

gather in the morning to pull up a neighbour's gal spear point, to clean and sink it again.

A very demanding job, everybody took it very seriously.

As a young fella, it was a rite of passage to be included and learn the ropes,

Not politically correct now, men were men back then.

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250
or editorial@centralcoastnews.net

See Page 2 for contribution conditions

The men would then all have just a couple of beers, until mum sent my sister to tell us, tea was ready.

During drought times (yes, we did have droughts then), mum would fill the tank with bore water.

It would rain for the next couple of days and the old man would say: "Told ya".

There were clay roads and lots of bush, and only one high school.

Picture shows were held at Ettalong, Umina and Patonga.

Woy Woy was the biggest one.

A shilling would get you the bus fare each way, entry, a chocy and a drink.

Just a thought of how it was.

Three storey units do not foster a great future for the next generation.

I suppose I am just lucky to have these golden memories of old Umina.

Email, 20 Mar 2020
Brian Lewis, Umina

The dire trend of planning approvals on the Peninsula

I sympathize with Luke Chell (Forum edition 490) about the dire trend in planning approvals on the Peninsula and so do Bryan Ellis, June Mitchell, Laurie Powell and Uncle Tom Cobley and all.

I am proud to say that not one candidate I voted for in local, state or federal election was elected, so I can afford to be critical.

Developers know that the so-called planning standards are a joke and that it isn't even necessary to make a plausible case to get council approval for non-complying projects.

The latest manifestation of this

Forum

is the Blackwall-Burge townhouse application that exceeds the permissible density, does not meet setback requirements and falls below the required parking standard, all of which requirements are airily dismissed as "not appropriate for this project".

As I have said multiple times before, if the current standards are not appropriate, let us have new ones.

But new ones that have been properly arrived at by rational research and analysis, not arbitrary project-by-project variations by bureaucratic whimsy.

And certainly they should not be arrived at by the mess of unsupported and inconsistent requirements of the draft Development Plan which will only lead to more of the same.

What we need are property speculators and real-estate agents off councils, and more planning panels that can take development decisions out of the hands of incompetent councillors by establishing reliable protocols that reflect the best way forward for the community.

Oh, and world peace and the elimination of global poverty.

Email, 20 Mar 2020
Bruce Hyland, Woy Woy

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	ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	TEN (C13)	SBS (C30)
Monday 30 March	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Antiques Roadshow [s]</div> <div>11:00 Grand Designs NZ (PG) [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>1:00 Landline [s]</div> <div>2:00 Miss Fisher's Murder Mysteries (M v) [s]</div> <div>3:00 Antiques Roadshow [s]</div> <div>4:00 Think Tank (PG) [s]</div> <div>5:10 Grand Designs [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Australian Story [s]</div> <div>8:30 Four Corners [s]</div> <div>9:15 Media Watch (PG) [s]</div> <div>9:35 Q&A [s]</div> <div>10:40 ABC Late News [s]</div> <div>11:10 Revelation (MA15+) [s]</div> <div>12:45 Grantchester (M v) [s]</div> <div>2:25 Antiques Roadshow [s]</div> <div>3:25 Compass (PG) [s]</div> <div>3:55 Catalyst [s]</div> <div>4:30 The Drum [s]</div> <div>5:30 One Plus One [s]</div>	<div>6:00 Sunrise [s]</div> <div>9:00 The Morning Show (PG) [s]</div> <div>11:30 Seven Morning News [s]</div> <div>12:00 Movie: "Her Husband's Betrayal" (M v) ('13) Stars: Jacqueline MacInnes Wood, Shawn Roberts</div> <div>2:00 The Daily Edition [s]</div> <div>3:00 The Chase UK (PG) [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia [s]</div> <div>6:00 Seven News [s]</div> <div>7:00 Home And Away (PG) [s]</div> <div>7:30 Mrs Brown's Boys (PG) [s]</div> <div>9:00 9-1-1: Athena Begins (M v) [s] – When a murder weapon from a case close to Athena in the early '90s resurfaces, flash-backs to 1989 show how Athena joined the LAPD and became a police officer.</div> <div>10:00 The Latest Seven News [s]</div> <div>11:00 God Friended Me: The Atheist Papers (PG) [s]</div> <div>12:00 Talking Footy (M) [s]</div> <div>1:00 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:30 Ellen (PG) [s]</div> <div>1:30 Married At First Sight (M) [s]</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s]</div> <div>9:00 NINE News Special: COVID-19 Botched: Magical Mystery Breasts (M mp,n) [s]</div> <div>11:00 Lethal Weapon: Born To Run (MA15+) [s] – Murtaugh and Riggs investigate the mysterious death of famous singer Shaye's bodyguard; Murtaugh uses his daughter's knowledge of the singer to uncover possible suspects.</div> <div>11:50 In Defence Of: Jodi Arias (M)</div> <div>12:40 Straight Forward (M) [s]</div> <div>1:30 Home Shopping</div> <div>4:00 Ellen (PG) [s]</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Dr Phil (PG) [s]</div> <div>1:00 Australian Survivor - All Stars (PG) [s]</div> <div>2:10 Entertainment Tonight [s]</div> <div>2:30 Judge Judy (PG) [s]</div> <div>3:30 My Market Kitchen [s]</div> <div>4:00 Good Chef Bad Chef [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Australian Survivor: All Stars (M) [s] – Three become two in an epic showdown of endurance and strength in the final challenge.</div> <div>10:00 Hughesy, We Have A Problem (M) [s]</div> <div>11:00 WIN's All Australian News [s]</div> <div>12:00 The Project (PG) [s]</div> <div>1:00 The Late Show (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>2:00 Eight Days That Made Rome (M s)</div> <div>2:50 Alex Polizzi The Fixer</div> <div>4:00 Great British Railway Journeys (PG)</div> <div>4:30 The Supervet (PG)</div> <div>5:30 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:30 Planet Expedition: Bhutan White Water (PG)</div> <div>8:30 Michael Mosley: Addicted To Painkillers? (M)</div> <div>9:30 Michael Mosley: A History Of Surgery Into The Brain (M)</div> <div>10:30 SBS World News Late</div> <div>11:00 The Rivals - Aussie Rules (PG)</div> <div>11:30 The Last Wave (MA15+) (In French)</div> <div>12:35 Sunshine: Find Your Man (M I)</div> <div>1:35 Borgen (M) (In Danish)</div> <div>3:55 24 Hours In Emergency (M I)</div>
Tuesday 31 March	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Gardening Australia [s]</div> <div>11:00 Grand Designs (PG) [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>1:00 Four Corners [s]</div> <div>1:45 Media Watch (PG) [s]</div> <div>2:00 Miss Fisher's Murder Mysteries (M v) [s]</div> <div>3:00 Escape From The City [s]</div> <div>4:00 Think Tank (PG) [s]</div> <div>5:10 Grand Designs (PG) [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Foreign Correspondent [s]</div> <div>8:30 Revelation (M) [s]</div> <div>10:15 Fake Or Fortune? [s]</div> <div>11:15 ABC Late News [s]</div> <div>11:45 Q&A [s]</div> <div>12:50 Grantchester (M v) [s]</div> <div>2:25 rage (MA15+) [s]</div> <div>3:30 Compass [s]</div> <div>4:00 Catalyst [s]</div> <div>4:30 The Drum [s]</div> <div>5:30 One Plus One [s]</div>	<div>6:00 Sunrise [s]</div> <div>9:00 The Morning Show (PG) [s]</div> <div>11:30 Seven Morning News [s]</div> <div>12:00 Movie: "The Grim Sleeper" (M v) ('14) Stars: Macy Gray</div> <div>2:00 The Daily Edition (PG) [s]</div> <div>3:00 The Chase UK [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia [s]</div> <div>6:00 Seven News [s]</div> <div>7:00 Home And Away (PG) [s]</div> <div>7:30 Border Security - Australia's Front Line (PG) [s]</div> <div>8:30 Movie: "Jack Reacher: Never Go Back" (M v) ('16) – When Major Susan Turner is arrested for treason, ex-investigator Jack Reacher undertakes the challenging task to prove her innocence and ends up exposing a shocking conspiracy. Stars: Tom Cruise</div> <div>11:00 The Latest Seven News [s]</div> <div>11:30 Grey's Anatomy: Nothing Left To Cling To (M) [s]</div> <div>12:30 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:30 Ellen (PG) [s]</div> <div>1:30 Married At First Sight (M) [s]</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s] – The reunion dinner party. All the brides and grooms are back for a giant reunion dinner party. Who will stage a walk-out?</div> <div>9:00 NINE News Special: COVID-19</div> <div>10:00 Kings Cross ER (PG) [s]</div> <div>11:00 Chicago Med: Play By My Rules (MA15+) [s]</div> <div>11:50 The Bad Seed (M v,I,s) [s]</div> <div>12:40 Tipping Point [s]</div> <div>1:30 A Current Affair (PG) [s]</div> <div>2:00 Home Shopping</div> <div>2:30 Skippy - The Bush Kangaroo</div> <div>3:00 Home Shopping</div> <div>4:00 Ellen (PG) [s]</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Program To Be Advised</div> <div>1:30 Program To Be Advised</div> <div>2:30 Entertainment Tonight [s]</div> <div>3:00 Judge Judy (PG) [s]</div> <div>3:30 My Market Kitchen [s]</div> <div>4:00 Good Chef Bad Chef [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Coronavirus - How To Isolate Yourself</div> <div>8:30 NCIS: Schooled (M v) [s]</div> <div>9:30 NCIS: Los Angeles: Answers (M v) [s]</div> <div>10:30 NCIS: Los Angeles: Cac Tu Nhan (M v) [s]</div> <div>11:30 WIN's All Australian News [s]</div> <div>12:30 The Project (PG) [s]</div> <div>1:30 The Late Show With Stephen Colbert (PG) [s]</div> <div>2:30 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>1:00 PBS Newshour</div> <div>2:00 Eight Days That Made Rome: The Rebirth Of Rome (M s,v)</div> <div>2:55 Journey Through Armenia (PG) (In English/ Armenian)</div> <div>3:30 Who Do You Think You Are?: Peter Rowsthorn (PG)</div> <div>4:40 Great Continental Railway Journeys (PG)</div> <div>5:30 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:30 Great Canadian Railway Journeys (PG)</div> <div>8:35 Insight (PG)</div> <div>9:35 Dateline</div> <div>10:05 The Feed</div> <div>10:35 SBS World News Late</div> <div>11:05 The Twelve (M I,s,v) (In Flemish)</div> <div>12:05 The Son (MA15+)</div> <div>1:50 Knightfall (MA15+)</div> <div>3:30 24 Hours In Emergency (M)</div>
Wednesday 1 April	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Gardening Australia [s]</div> <div>11:00 Grand Designs [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>12:30 National Press Club Address</div> <div>1:30 The Breakfast Couch [s]</div> <div>2:00 Miss Fisher's Murder Mysteries (M v) [s]</div> <div>3:00 Escape From The City [s]</div> <div>4:00 Think Tank (PG) [s]</div> <div>5:10 Grand Designs [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Hard Quiz (PG) [s]</div> <div>8:30 Shaun Micallef's MAD AS HELL (M) [s]</div> <div>9:00 You Can't Ask That (M) [s]</div> <div>9:35 Planet America (PG) [s]</div> <div>10:05 Would I Lie To You? (PG) [s]</div> <div>10:35 ABC Late News [s]</div> <div>11:05 Four Corners [s]</div> <div>11:55 Media Watch (PG) [s]</div> <div>12:10 rage (MA15+) [s]</div> <div>3:30 Compass [s]</div>	<div>6:00 Sunrise [s]</div> <div>9:00 The Morning Show (PG) [s]</div> <div>11:30 Seven Morning News [s]</div> <div>12:00 Movie: "The Wrong Crush" (M d,v) ('17) – A high school track star with a troubled past meets a new admirer who has recently transferred to the school. Stars: Victoria Konefal</div> <div>2:00 The Daily Edition (PG) [s]</div> <div>3:00 The Chase UK [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia [s]</div> <div>6:00 Seven News [s]</div> <div>7:00 The Latest Seven News [s]</div> <div>8:00 Highway Patrol: The Cops Tell All (PG) [s]</div> <div>9:00 Police Code Zero: Officer Under Attack (PG) [s]</div> <div>10:00 The Front Bar (M) [s]</div> <div>11:00 Autopsy USA: Lou Reed (MA15+) [s]</div> <div>12:00 The Real O'Neals: The Real Third Wheel/ The Real Brother's Keeper (M) [s]</div> <div>1:30 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:30 Ellen (PG) [s]</div> <div>1:30 Married At First Sight (M) [s]</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s]</div> <div>9:00 NINE News Special: COVID-19</div> <div>10:00 New Amsterdam: The Island (M) [s] – When an inmate comes in with an entirely preventable illness, Max, Sharpe and Iggy head directly to the source, Rikers Island; Bloom struggles with her recovery.</div> <div>11:00 Don't Tell The Doctor (M) [s]</div> <div>11:50 Westside (MA15+) [s]</div> <div>12:40 Tipping Point (PG) [s]</div> <div>1:30 A Current Affair (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:00 Ellen (PG) [s]</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Dr Phil (PG) [s]</div> <div>1:00 Ambulance Australia (PG) [s]</div> <div>2:00 Entertainment Tonight [s]</div> <div>2:30 Judge Judy (PG) [s]</div> <div>3:30 My Market Kitchen [s]</div> <div>4:00 Good Chef Bad Chef [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Bondi Rescue (PG) [s] – Christmas and New Year means lifeguards are overwhelmed with crowds.</div> <div>8:30 Bull: Flesh And Blood (M v) [s]</div> <div>9:30 Bull: Survival Instincts (M v) [s]</div> <div>10:30 Elementary: The Further Adventures (M) [s]</div> <div>11:30 WIN's All Australian News [s]</div> <div>12:30 The Project (PG) [s]</div> <div>1:30 The Late Show (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>1:00 PBS Newshour</div> <div>2:00 Inside Westminster: The Houses Of Parliament (M)</div> <div>2:55 Dateline</div> <div>3:25 Insight (PG)</div> <div>4:25 Great Continental Railway Journeys (PG)</div> <div>5:30 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:30 Tony Robinson's History Of Britain: Georgians</div> <div>8:30 Dublin Murders (MA15+)</div> <div>9:35 Project Blue Book: Curse Of The Skinwalker (M)</div> <div>10:30 SBS World News Late</div> <div>11:00 Homeland: Threnody (MA15+)</div> <div>12:00 Movie: "Redoubtable" (MA15+) ('17) Stars: Louis Garrel, Stacy Martin, Bérénice Bejo (In French)</div> <div>2:00 Roots (MA15+)</div> <div>3:55 24 Hours In Emergency (M)</div>
	Also see: ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	Also see: 7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66) 7FOOD (Channel 74)	Also see: GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	Also see: 10 PEACH (Channel 11) 10 BOLD (Channel 12)	Also see: SBS VICELAND (Channel 31) SBS MOVIES (Channel 32) SBS FOOD (Channel 33) SBS NITV (Channel 34)

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over 15 Years, [s] Subtitles
Consumer Advice: (d) drug references, (s) sexual references or sex scenes (h) horror, (l) language, (mp) medical procedures, (n) nudity, (v) violence

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	ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	TEN (C13)	SBS (C30)
Thursday 2 April	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Grand Designs [s] 12:00 ABC News At Noon [s] 1:00 How To Build A Time Machine [s] 2:00 Miss Fisher's Murder Mysteries (M v) [s] 3:00 Escape From The City [s] 4:00 Think Tank (PG) [s] 5:10 Grand Designs [s] 6:00 The Drum [s] 6:55 Sammy J [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 The Heights (PG) [s] 8:30 Grand Designs Australia (PG) 9:20 Whiteley (M) [s] 10:55 ABC Late News [s] 11:25 Informer (M l,v) [s] 12:25 Shetland (M d) [s] 1:25 rage (MA15+) [s] 3:30 Compass [s] 4:00 Catalyst [s] 4:30 The Drum [s] 5:25 Sammy J [s]	6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Movie: "The Wrong Roommate" (M v) ('16) Stars: Eric Roberts 2:00 The Daily Edition (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 The Latest Seven News [s] 8:00 Rebel Wilson's Pooch Perfect (PG) [s] 9:30 Movie: "Wrath Of The Titans" (M v) ('12) – After his defeat of the monstrous Kraken, Perseus is attempting to live a quieter life as a village fisherman and parent. Meanwhile, a struggle for supremacy rages between the gods and the Titans. Stars: Sam Worthington, Liam Neeson, Ralph Fiennes 11:45 Program To Be Advised 12:15 Scandal: Mercy (M) [s] 1:00 Home Shopping	5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:30 Ellen (PG) [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 RBT: Sparkly Face/ Child Seat (PG) [s] 8:30 NINE News Special: COVID-19 [s] – Join the NINE News team for the latest on the Coronavirus from Australia and around the world and how it will affect you. 9:15 Australian Crime Stories: Packer's Gold (PG) [s] 10:15 Suburban Gangsters: Stewart Regan And Dennis Allen - The Psychos (M v) [s] 11:15 Taken: Opsec (M v,d) [s] 12:05 Jury Speaks: George Zimmerman (MA15+) [s] 1:00 A Current Affair (PG) [s]	6:00 Headline News [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Jamie's Super Food Family Classics [s] 2:00 Entertainment Tonight (PG) [s] 2:30 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 Ambulance Australia (PG) [s] – Ambulance Australia follows people in the business of saving lives. 8:30 Gogglebox (M) [s] 9:30 Program To Be Advised 10:30 Blue Bloods: Bones To Pick (M v) [s] 11:30 WIN's All Australian News [s] 12:30 The Project (PG) [s] 1:30 The Late Show (PG) [s] 2:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 Over The Black Dot 3:00 Great British Railway Journeys (PG) 3:35 Super Tunnel: Building Giants 4:25 Great Continental Railway Journeys (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:30 Secrets Of The Tower Of London 8:30 Secrets Of Britain: Secrets Of Scotland Yard (PG) 9:30 24 Hours In Emergency: Shelter From The Storm (PG) 10:25 SBS World News Late 10:55 Deep State: A Dead Man's Machine (M l,v) 12:00 Fargo: The House Of Special Purpose (MA15+) 1:00 The Young Pope (M s) 3:10 Tin Star (MA15+)
Friday 3 April	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Gardening Australia [s] 11:00 Grand Designs [s] 12:00 ABC News At Noon [s] 1:00 Foreign Correspondent [s] 1:30 Australian Story (PG) [s] 2:00 Agatha Raisin (M) [s] 3:00 Fake Or Fortune? [s] 4:00 Think Tank (PG) [s] 5:10 Grand Designs [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Gardening Australia [s] – Costa Georgiadis discovers new life in a fire affected landscape, Jane Edmanson visits a garden celebrating perennial plants. 8:30 The Capture (M v) [s] 9:30 Silent Witness (M v) [s] 10:30 ABC Late News [s] 11:00 Shaun Micallef's MAD AS HELL (M) [s] 11:30 Would I Lie To You? (PG) [s] 12:05 rage (MA15+) [s]	6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Movie: "Runaway Millionaires" (M) ('19) Stars: Jess Sayer, George Zhao, Pip Hal 2:00 The Daily Edition (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 The Latest Seven News [s] 8:00 Better Homes And Gardens 8:30 Program To Be Advised 9:30 Movie: "Die Hard 4.0 (AKA Live Free Or Die Hard)" (M v,l) ('07) – John McClane and a young hacker join forces to take down master cyber-terrorist Thomas Gabriel in Washington D.C. Stars: Bruce Willis, Timothy Olyphant, Justin Long, Maggie Q, Cliff Curtis, Jonathan Sadowski, Andrew Friedman 11:30 Program To Be Advised 12:30 Home Shopping	5:30 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:30 Ellen (PG) [s] 1:30 Kevin Can Wait: The Owl (PG) 2:00 New Amsterdam: The Island (M) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Escape To The Chateau (PG) 8:30 NINE News Special: COVID-19 9:15 Movie: "Twister" (PG) ('96) Stars: Bill Paxton, Helen Hunt, Jami Gertz, Philip Seymour Hoffman, Cary Elwes 11:30 Movie: "The Infiltrator" (MA15+) ('16) Stars: Bryan Cranston, Leanne Best, Daniel Mays, Tom Vaughan-Lawlor, Niall Hayes 1:35 Home Shopping 4:30 The Avengers: Who's Who (PG) [s] 5:30 A Current Affair (PG) [s]	6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Program To Be Advised 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 Easter With The Australians Women's Weekly (PG) [s] 8:30 The Graham Norton Show (PG) [s] 10:30 Akmal Presents The Comedy Festival Sampler (M s,l) [s] – Akmal presents a sample of some of the best acts to appear at this year's comedy festivals around the country. 11:30 WIN's All Australian News [s] 12:30 The Project (PG) [s] 1:30 The Late Show (PG) [s] 2:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 The Point 3:00 NITV News: Nula 3:30 Great British Railway Journeys: Stirling To Invergowrie (PG) 4:10 Secret Life Of The Hospital (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:30 The Pharaoh In The Suburbs 8:30 Brooklyn Nine-Nine (M) 9:00 8 Out Of 10 Cats Does Countdown (M) 9:55 Faboriginal (PG) 10:25 SBS World News Late 10:55 Movie: "Pawn Sacrifice" (M) ('14) Stars: Toby Maguire 1:00 Home Ground: Fair Play/ No Comment (MA15+) (In Norwegian) 3:05 Junk Food Kids (M)
Saturday 4 April	6:00 rage Guest Programmer (PG) 7:00 Weekend Breakfast [s] 11:00 Q&A [s] 12:00 ABC News At Noon [s] 12:30 The Capture (M v) [s] 1:30 Vera: The Moth Catcher (M v) 3:00 Program To Be Advised 3:30 Grand Designs Australia (PG) 4:30 Landline [s] 5:00 Program To Be Advised 7:00 ABC News [s] 7:30 Death In Paradise (M v) [s] – When a passenger is stabbed on the express bus to Honore, Detective Jack Mooney and his team are baffled. No-one left their seat, so how on earth did they commit murder? 8:30 Van der Valk (M v) [s] 10:00 Stateless: Panis Angelicus (M l) [s] 11:00 Call The Midwife (M) [s] 12:00 Silent Witness: Lift Up Your Hearts (Part 1) (M) [s] 1:00 rage Guest Programmer (MA15+) [s]	6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show - Weekend (PG) [s] 12:00 Seven's Horse Racing: Randwick: The Championships, Caulfield Race Day [s] 5:00 Seven News At 5 [s] 5:30 Border Security - Australia's Front Line (PG) [s] 6:00 Seven News [s] 7:00 The Latest Seven News [s] 8:00 Movie: "Thor: The Dark World" (M v) ('13) – Thor battles to save Earth and all the Nine Realms from a shadowy enemy that predates the universe itself. Stars: Chris Hemsworth, Tom Hiddleston, Natalie Portman, Kat Dennings, Christopher Eccleston, Anthony Hopkins 10:15 Program To Be Advised 11:45 Surveillance Oz (PG) [s] 12:15 Movie: "Double Daddy" (M v,s) ('15) Stars: Cameron Palatas 2:00 Home Shopping	6:00 Ellen (PG) [s] 7:00 Weekend Today [s] 10:00 Today Extra - Saturday [s] 12:00 My Way [s] 12:30 Award Winning Tasmania: Queenstown (PG) [s] 1:00 Cybershack (PG) [s] 1:30 Movie: "Make It Happen" (PG) ('08) Stars: Tessa Thompson 3:20 David Attenborough's Life Story: Home (PG) [s] 4:30 The Garden Gurus [s] 5:00 NINE News: First At Five [s] 5:30 Getaway (PG) [s] 6:00 NINE News Saturday [s] 7:00 A Current Affair (PG) [s] 8:00 Movie: "Back To The Future III" (PG) ('90) Stars: Michael J Fox, Christopher Lloyd 10:20 NINE News Special: COVID-19 10:50 Movie: "The Game" (M v,s,l) ('97) Stars: Michael Douglas 1:00 Cybershack (PG) [s] 1:15 Award Winning Tasmania: Queenstown (PG) [s] 1:30 Mysteries And Scandals (M)	6:00 I Fish [s] 6:30 Entertainment Tonight [s] 7:00 Escape Fishing With ET [s] 7:30 What's Up Down Under? [s] 8:00 The Adventure Show 9:00 Luxury Escapes [s] 9:30 Studio 10 Saturday (PG) [s] 12:00 The Living Room (PG) [s] 1:00 Everyday Gourmet [s] 1:30 Good Chef Bad Chef [s] 2:00 Farm To Fork [s] 2:30 Fishing Australia [s] 3:00 Easter With The Australians Women's Weekly (PG) [s] 4:00 Taste Of Australia [s] 4:30 My Market Kitchen [s] 5:00 10 News First [s] 6:00 Bondi Rescue (PG) [s] 6:30 Program To Be Advised 7:30 Ambulance Australia (PG) [s] 8:30 Ambulance UK (M) [s] 9:30 999: What's Your Emergency? (MA15+) [s] 10:30 Blue Bloods (M s) [s] 11:30 Bull (M v) [s] 1:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 ISU Grand Prix Of Figure Skating: Torino, Italy 3:25 Travel Man: Seville (PG) 3:55 Great British Food Revival 5:00 Great British Railway Journeys (PG) 5:30 Great Indian Railway Journeys (PG) 6:30 SBS World News 7:30 Secrets Of The Cadbury Chocolate Factory 8:30 Country Music: Are You Sure Hank Done It This Way? (1973-1983) (PG) 9:30 I Am Johnny Cash (M) 11:10 Trevor McDonald On Martin Luther King (MA15+) 12:55 Charlottesville: Documenting Hate (M l,v) 2:00 The 250 Million Pound Cancer Cure 3:00 How To Get Fit Fast
Sunday 5 April	6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 9:00 Insiders [s] 10:00 Offsiders [s] 10:30 The World This Week [s] 11:00 Compass (PG) [s] 11:30 Songs Of Praise [s] 12:00 ABC News At Noon [s] 12:30 Landline [s] 1:30 Gardening Australia [s] 2:30 War On Waste (PG) [s] 3:25 Program To Be Advised 4:00 Everyone's A Critic (PG) [s] 4:30 The Mix [s] 5:00 Antiques Roadshow [s] 6:00 Hard Quiz (PG) [s] 6:30 Compass [s] 7:00 ABC News Sunday [s] 7:40 Grand Designs NZ (PG) [s] 8:30 Stateless (M l,v) [s] 9:25 Shetland (M v) [s] 10:25 Line Of Duty (M v) [s] 11:10 Van der Valk (M v) [s] 12:45 Call The Midwife (M) [s] 1:45 rage (MA15+) [s] 5:00 Insiders [s]	6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show (PG) [s] 12:00 House Of Wellness (PG) [s] 1:00 Program To Be Advised 3:00 Motorbike Cops (PG) [s] 3:30 Dog Patrol (PG) [s] 4:00 Better Homes And Gardens 5:00 Seven News At 5 [s] 5:30 Sydney Weekender [s] 6:00 Seven News [s] 7:00 Program To Be Advised 8:30 The Good Doctor (M) [s] 9:30 World's Most Shocking Emergency Calls (MA15+) [s] – This episode features the sole survivor of a helicopter crash in New Mexico, the terror attack outside a London mosque and a 5-year-old autistic boy who saves his mother's life. 10:30 The Resident: Whistleblower (M) [s] 11:30 The Resident: Free Fall (M) [s] 12:30 Home Shopping	6:00 World's Greatest Man Made Wonders: Timeless Cities And Towns [s] 7:00 Weekend Today [s] 10:00 Sports Sunday (PG) [s] 11:00 Sunday Footy Show (PG) [s] 12:00 Getaway (PG) [s] 12:30 The Truth About Stress (PG) [s] 1:40 Movie: "City Slickers" (PG) ('91) Stars: Billy Crystal 4:00 The Secret Life Of The Zoo [s] 5:00 NINE News: First At Five [s] 5:30 RBT: Sorry Mum (PG) [s] 6:00 NINE News Sunday [s] 7:00 60 Minutes (PG) [s] 8:00 Movie: "Casino Royale" (M v) ('06) Stars: Eva Green 11:00 See No Evil: Call Me Back, Chris (M) [s] 11:50 Killision Course: Halloween (M) [s]. 12:40 Australia's Top Ten Of Everything: Ronnies In Australia (M) 1:30 The Garden Gurus [s] 2:00 Home Shopping	6:00 Religious Programs [s] 7:30 Fishing Australia [s] 8:00 Good Chef Bad Chef [s] 8:30 Three Veg And Meat [s] 9:00 Taste Of Australia [s] 9:30 Studio 10 Sunday (PG) [s] 12:00 Program To Be Advised 1:00 Everyday Gourmet [s] 1:30 Good Chef Bad Chef [s] 2:00 My Market Kitchen [s] 3:00 All 4 Adventure (PG) [s] [s] 4:00 Which Car (PG) [s] 4:30 RPM [s] 5:00 10 News First [s] 6:00 Bondi Rescue (PG) [s] 6:30 The Sunday Project (PG) [s] 7:30 Jamie Oliver - Keep Cooking And Carry On (PG) [s] 8:30 The Montreal Comedy Festival (MA15+) [s] 9:30 The Graham Norton Show (M) 10:30 Hughesy, We Have A Problem (M) [s] 11:30 The Sunday Project (PG) [s] 12:30 Home Shopping 4:30 CBS - This Morning [s]	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 Speedweek 3:00 Motor Sport: Dakar Rally 2020 4:00 Sailing: SailGP Sydney 5:00 Cycling: InCycle 5:30 Hunting Nazi Treasure: Goering's Looted Art (PG) 6:30 SBS World News 7:30 Tutankhamun - Life, Death And Legacy (PG) 8:30 North America With Simon Reeve 9:40 Simon Reeve In Russia 10:45 White Right - Meeting The Enemy (MA15+) 11:55 Agatha Christie's Criminal Games: Murder Party (M s,v) (In French) 1:40 Great American Railroad Journeys: St Lawrence To Lamar, Colorado/ La Junta To Colorado Springs (PG) 3:55 Ride Upon The Storm (M l,v) (In Danish)
	Also see: ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	Also see: 7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66) 7FOOD (Channel 74)	Also see: GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	Also see: 10 PEACH (Channel 11) 10 BOLD (Channel 12)	Also see: SBS VICELAND (Channel 31) SBS MOVIES (Channel 32) SBS FOOD (Channel 33) SBS NITV (Channel 34)

Health

Health District ‘as prepared as humanly possible’

Central Coast Local Health District chief executive Dr Andrew Montague says the District is as “prepared as humanly possible” for a potential coronavirus outbreak.

“I want to assure the community that the District is well prepared,” he said.

“We have a clear pandemic plan in place that outlines all the measures that we need to take.

“That includes staffing requirements and supply of medical stock and equipment and I believe we are really well placed at the moment.

“Staff have been working hard to ensure the district is as prepared as humanly possible,” Dr Montague said.

In wake of the region’s 38 confirmed cases of coronavirus (as of March 26), Dr Montague said the District was urging the community to remain calm and to be stringent with their social distancing, self isolation and hygiene.

“The District’s response to coronavirus is that it is here on the Coast and that anyone at risk of infection will be contacted by the District Public Health Unit,” Dr Montague said.



Central Coast Health District chief executive Dr Andrew Montague

Dr Montague said anyone concerned that they might have Coronavirus should consult their doctor or Health Direct for assessment but should take note of the following symptoms and risk factors.

“The things people should look out for are respiratory symptoms such as a sore throat, cough, runny nose and a fever above 37.5 degrees.

“Anyone who has travelled overseas in the past fortnight or come into contact with someone who has been diagnosed as positive for coronavirus should be looking at coming to one of our testing clinics at either Gosford or Wyong Hospitals.

SOURCE:
Interview, 16 Mar 2020
Dr Andrew Montague,
Central Coast Health
Reporter: Dillon Luke

Public health service cancels non-urgent surgery

Non-urgent surgery over the coming months has been cancelled as the health sector gears up for the coronavirus pandemic.

Central Coast Local Health District chief executive Dr Andrew Montague said the District was in the process of doubling its intensive care capacity.

Dr Montague said a key component of these plans was ensuring that patients with the highest clinical urgency were prioritised.

The District had implemented changes to non-urgent surgery and outpatient clinics as part of its response.

This included working with clinicians to prioritise surgery cases including rescheduling some cases to enhance intensive care capacity; and conducting outpatient clinic appointments over the phone or video where possible to reduce close contact.

Dr Montague said there would be no impact to emergency and trauma patients, or on urgent surgery cases.

“Emergency, trauma and urgent surgery cases will occur with our

clinicians assessing each patient’s clinical need as to the urgency of care needed,” he said.

“This move will free up staff working in or supporting our operating theatres to immediately undertake more specialised training so they can be redeployed to work in intensive care or other critical care areas.

Dr Montague said District staff would communicate directly with affected patients to advise them of any changes to their upcoming surgery or outpatient clinic appointment.

“As has been foreshadowed from the outset of this crisis, it is anticipated that significant adjustments will be required as we prepare our facilities for the coming weeks and months,” he said.

“As part of the pandemic plans in place, we are also working with local private providers to outsource some of our non-urgent elective surgeries, helping to minimise the impact on those currently waiting for a procedure,” he said.

SOURCE:
Media release, 25 Mar 2020
Lauren Rollason, Central Coast Health

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* World Health Organisation

Health

Private hospital offers surgery to 'relieve load'

While the public health system is suspending elective surgery to expand its intensive care capacity to meet the challenge of the coronavirus, a local private hospital is continuing to offer surgical, rehabilitation and medical services.

Healthe Care Group, which owns Brisbane Waters Private Hospital in Woy Woy as well as Gosford Private and Tuggerah Lakes Private, aimed to relieve patient load, according to its regional manager Mr Matt Kelly.

"We continue to treat privately-insured patients as our priority, but we're also supporting our doctors and public hospital to meet community needs in these

unprecedented times," he said.

"We're actively working with the Central Coast Local Health District.

"We're committed to overcoming the challenges of coronavirus.

"Everyone at our three hospitals is actively doing all we can to look after our local community.

"We know it's a challenging time, but we're still here and available to ensure patients can access our hospitals' surgical, rehabilitation, medical, and mental health services when they need it."

Mr Kelly said Brisbane Waters Private Hospital was underpinned by an experienced team of trained staff, leading doctors and specialists.

SOURCE:

Press release, 23 Mar 2020
Haydn Murray, Healthe Care Australia



Woy Woy Hospital changes visiting hours

Woy Woy Hospital has changed its visiting hours, as part of precautions against coronavirus.

Central Coast Local Health District chief executive Dr Andrew Montague said visiting hours had been reduced and new restrictions imposed on the number of visitors a patient could receive.

"Visiting hours at Woy Woy Hospital are now 6pm to 8pm," Dr Montague said.

"We ask that patients are only visited by one visitor who is either

their partner, carer, guardian or nominated significant other during these visiting hours.

"In certain areas including maternity, mental health and children's services, we have different arrangements in place.

"If you are visiting a patient in one of these services or coming in for an antenatal clinic, please refer to our website before you come to check what arrangements we have in place," Dr Montague said.

"There are special circumstances where additional support may be needed, such as

for patients receiving end of life care, palliative care and dementia patients requiring extra support.

"If anyone wants to discuss specific circumstances, we are asking they speak to the inpatient unit's nurse unit manager."

Dr Montague said people must be feeling well if they planned to visit someone in hospital.

"Visitors must not enter any of our hospitals or healthcare facilities if they have a fever or a cold and flu-like illness or if they have been overseas in the last 14 days," Dr Montague said.

"People who have been in contact with anyone who has Covid-19 in the last 14 days must also not visit loved ones in our hospitals or healthcare centres," he said.

SOURCE:

Press release, 18 Mar 2020
Sharna Ryan, Central Coast Health

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Education



School adopts Batlow as ‘bushfire buddy’

Umina Beach Public School will raise funds to support a bushfire-affected school in the South West Slopes region of the State.

Principal Ms Lyn Davis said the school had made Batlow Technology School its “Bushfire Buddy School” and had agreed to fundraise to support Batlow’s

“student wellbeing day”, which ensured all students were provided with lunch.

Ms Davis said fundraising would help cover the costs of providing lunch.

“Our student leaders have already given some thought to the matter and are quite excited at the prospect of conducting some

fundraising events.

“Our Parents and Citizens Association has also agreed to make a contribution toward the fundraising efforts of our students,” Ms Davis said.

SOURCE:
Newsletter, 17 Mar 2020
Lyn Davis, Umina Beach Public School

College campuses transition to online learning

Both campuses of Brisbane Water Secondary College have transitioned to online learning.

Umina campus principal Ms Kerrie O’Heir said Umina students now had access to a range of online learning resources and support via Google Classrooms.

Hard copy resources are also available to students but Ms O’Heir said that due to demand these were only available to students who did not have internet access at home.

Ms O’Heir said the campus would continue to update the community about what was going at the school and with the most up to date advice from the NSW Department of Education and other relevant authorities via email and its social media.

Ms O’Heir said there had been issues and delays with accessing online resources but she said these were temporary and were

mainly caused by the volume of resources being uploaded and user error.

Woy Woy campus principal Ms Rebecca Cooper said the campus’ Facebook page would be the primary source of information to the community along with direct emails.


She had taken to making daily principal’s updates about how the situation has impacted students.

Students were also using Google Classrooms to access their resources.

Other options such as video chats with teachers were also available.

Both campuses have also made information about their resources available through their websites under the Learning from Home tab under the Learning at our School tab.

SOURCE:
Websites, 24-26 Mar 2020
Kerrie O’Heir, BWSC Umina
Rebecca Cooper, BWSC Woy Woy



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WEEK 1 - Mon 13th to 17th Apr 2020	Week 2 - Mon 20th to 24th Apr 2020
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Tues 14 - EXCURSION - Cinemas Paradiso Movies “Trolls” & Umina Park	Tues 21 - INHOUSE - Exploring Asia
Wed 15 - INHOUSE - BYO Scooters Day & Canvas Art & Craft & Rubbish Free Lunchbox Challenge!!	Wed 22 - EXCURSION - Inflatable World, Charmhaven & “Earth Day”
Thurs 16 - INCURSION - “Holiday Rockstars” Music Bus	Thurs 23 - INHOUSE - Technology Day
Fri 17 - EXCURSION - Eco Garden & Tennis Courts With Sausage Sizzle Lunch	Fri 24 - INHOUSE - Anzac Day
Mon 27th Apr 2020 - Pupil Free Day - INCURSION - “Dinosaur Prehistoric Puzzle” Show	

P: 4340 4561 | E: oosh@knc.net.au | www.knc.net.au
10 Langford Drive, Kariong NSW, 2250



Events cancelled, postponed and proceeding

Several events have been cancelled or postponed at Umina Beach Public School.

Events cancelled are the Splash-A-Thon, Year 3 Cultural Day, Year 2 Swim School, Kindergarten Fun Day and this year’s Cross Country.

The Year 4 Sydney excursion has been postponed.

Picture Day, Harmony Day and the Stage 1 Teddy Bears Picnic will all proceed as planned, with the latter two modified to

accommodate current restrictions around social distancing.

Principal Ms Lyn Davis said the school would remain fully operational and would be providing regular updates to the community via the school’s social media and through take home notes as the situation develops.

SOURCE:
Newsletter, 17 Mar 2020
Lyn Davis, Umina Beach Public School



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Teachers are designing activities for home learning

Teachers at Pretty Beach Public School are designing student learning activities that can be accessed at home, according to principal Ms Karen Wardlaw.

"Work activities are being suggested for each class on a weekly basis," she said.

"These are designed to offer learning tasks for each of the Key Learning Areas that your child would normally experience in the classroom.

"These are part of a planned learning sequence and should be familiar."

The activities can be accessed via the school's website.

Activities are listed via year group with information about how to contact relevant teachers also available under each activity tab.

Ms Wardlaw said this was a challenging time for the community and that the staff would be there to assist as families settled in to this new way of learning and living.

"As we cannot replicate the learning experiences that would normally happen in a classroom within a weekly activity overview,

our teachers have worked hard to select tasks that students should be able to attempt independently.

"However, for many of our students, particularly those in younger grades, this may prove a challenge as they transition to a more individual style of learning.

"So much of our rich learning experiences in the classroom are activity and group based.

"We learn by thinking out loud with others, questioning, explaining, wondering, building on the ideas of others, challenging ideas and creating new ones.

"Our teachers are working on creative ways to provide online spaces for students to still engage in these tasks and this will be provided when we have these systems of delivery up and running.

"Teachers are particularly wonderful creatures who have an amazing ability to engage children in learning and they have the professional experience to do this in ways that seem natural or easy."

SOURCE:
Website, 23 Mar 2020
Karen Wardlaw, Pretty Beach Public School



Ettalong Public School principal Ms Lynn Balfour has prepared schoolwork for online learning.

"Schoolwork has been prepared for all students and will be available online for those with internet access or in hardcopy for those who do not," she said.

"Hardcopies are available for collection from the office.

"The work packs are available via the school's website.

"Simply click on Learning at our School, then click Work at Home pack.

"All students, whether attending school or not, will complete the same schoolwork," Ms Balfour said.

SOURCE:
Newsletter and website, 26 Mar 2020
Lynn Balfour, Ettalong Public School



Umina launches Learning at Home portal

Umina Beach Public School has launched a dedicated Learning at Home portal on the school's website.

The school will primarily be using Google Classroom for its online learning, with the portal also including dedicated information about how to set up a Google Classroom account, a basic introduction to the program and other information for parents and guardians about setting up an effective home learning environment.

Principal Ms Lyn Davis said: "Parents are encouraged to keep their children at home to learn.

"The school will be open to

those parents who work in our health system, education system, emergency services and other essential services required in our society at this time.

"A number of staff with health conditions have chosen to work from home.

"This means that Umina Beach Public School will have reduced supervision and class options.

"The school will run but using a flexible timetable, with units coinciding with home schooling units available on the Home Learning portal.

"To assist with learning from home, our staff are putting together learning tasks and we are looking into the best way to share these

with our community," Ms Davis said.

Ms Davis also urged parents and guardians to be stringent with how they protected their children over the coming weeks.

"It is important to note that this is not a time for students to be at shopping centres, riding bikes and scooters, surfing and playing with their friends in local parks.

"This is not a holiday.

"Coronavirus is serious and limiting contact by social distance is advised by the Department of Health," she said.

SOURCE:
Newsletter, 24 Mar 2020
Lyn Davis, Umina Beach Public School

Students take part in photography workshop

Year 6 students at Umina Beach Public School took part in a photography workshop on March 11.

Several students took part in the Five Lands Photography workshop which saw them visit Umina Beach to experiment with digital photography.

Principal Ms Lyn Davis said the workshop was led by an experienced photographer who taught students about different image capturing techniques before setting them loose on the beach with cameras.

Students were able to print five of their photos to take home and the school planned to display some of the works in an exhibition later in the year.

SOURCE:
Newsletter, 17 Mar 2020
Lyn Davis, Umina Beach Public School



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School subscribes to online learning programs

Woy Woy South Public School has taken out paid subscriptions to five online learning programs that students are encouraged to take advantage of while they are at home: Mathsonline, Reading Eggs, Prodigy Maths, Worldbook Online and Typing Tournament.

The school rolled out its hard copy work booklet earlier in March, according to principal Mr Matt Barr.

Mr Barr said the school would also be making use of Google

Classrooms.

"All classes are connected to Google Classroom.

"This is a platform where teachers can upload suggested activities and will be useful in the event of a long-term closure.

"Teachers have provided students and families with passwords and instructions on how to access this resource along with the five other platforms.

"A video on how to access Google Classroom will also be uploaded to the school Facebook page," Mr Barr said.

Mr Barr advised that the school

will not be producing updated workbooks, with online learning being the preferred method instead.

He advised parents: "For further information from your classroom teacher, please call the school office and the teacher will return your call as soon as possible.

"As a staff we really appreciate the support, we are receiving from our school community," Mr Barr said.

SOURCE:

Social media, 23 Mar 2020
Matt Barr, Woy Woy South Public School

School attendance drops to 15 per cent

Woy Woy Public School principals Ms Ona Buckley and Mr Dan Betts have said the school was complying with directives from the NSW Government as well as NSW Health and the Department of Education.

They encouraged parents and guardians not in the essential services workforce to keep children at home and to help them settle into online learning.

They said attendance at the school had dropped to 15 per cent

by March 25.

"Our staff have been working hard to develop a suite of learning resources and options for students to undertake from home.

"The Department has developed and will continue to develop resources and offer professional learning to help teachers with this task.

"Whether your child is at school or at home, the aim is for all students to access the consistent learning content provided by our school.

"This may mean sending

work home, either with physical materials or by email, or by making use of one of our online platforms at our school.

"The Learning from Home resource (available on the Department of Education's website) provides practical advice to parents and carers on how to best create and support a productive learning environment in the home."

SOURCE:

Emails, 24-25 Mar 2020
Ona Buckley and Dan Betts, Woy Woy Public School

Education department officials visit school

Woy Woy Public School was visited by NSW Department of Education officials on February 20.

School performance director Mr Tim McCallum and educational leadership director Mr Chris Bice were welcomed by joint principals Ms Ona Buckley and Mr Dan Betts, along with aboriginal elders and

student leaders for a tour of the school.

The visitors were shown the Kindergarten and Stage 1 flexible learning spaces, the Aboriginal Bush Tucker Garden, the Preschool, and then the six Special Needs and the Stage 2 and Stage 3 classrooms.

This was followed by The School as Community Centre

unit, the kitchen gardens and the cooking kitchen for a morning tea prepared by the students.

Assistant principals and teachers explained how each of the different and unique settings was used.

SOURCE:

Newsletter, 21 Feb 2020
Ona Buckley and Dan Betts, Woy Woy Public School

Council to tender for after hours call service

Central Coast Council will tender for an After Hours Call Centre Service, deciding it was a cheaper option than to bring the service in-house.

The decision was made at the March 9 meeting where councillors heard the current arrangement costs about \$350,000 a year with the after-hours service provided by one supplier on a month-to-month basis.

The cost of bringing that service in-house was estimated at \$1.34 million.

Cr Kyle MacGregor said he didn't believe it would cost that much and pushed for council to

start the process to bring it in-house.

But he did not get the support of other councillors.

The Liberal and independent councillors voted instead to take the cheaper option as recommended in the report from staff.

They won the vote nine against the six Labor councillors.

The report stated that the service received a small number of calls - 6,300 per year or 17 calls per day. Of the 17, an average of 12 were escalated to council staff on after hours duty.

SOURCE:

Central Coast Council agenda 3.1, 9 Mar 2020

Chamber joins in buy-local campaign

Peninsula Chamber of Commerce has joined with three other Chambers on the Central Coast to launch a buy-local campaign to boost small to medium business.

To be called Bigger Backyard, the buy-local campaign aims to be a regional economic recovery program.

The four Chambers of

Commerce - Peninsula, The Entrance, Wyong and Gosford/Erina, together with NSW Business Chamber, aim to help businesses on the Coast to do business within the Coast.

The program is set to be launched in early May.

SOURCE:

Media statement, 26 Mar 2020
Matt Lusted, Wyong Chamber of Commerce.



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4323 4766

Email: lemery@lindaemery.com.au

Web: www.lindaemery.com.au

Photographers and artists wanted by arboretum group

The Crommelin Native Arboretum at Pearl Beach is seeking the help of photographers and artists to establish a new website and brochure.

Previously, the Pearl Beach Progress Association had hosted a webpage for the arboretum.

Arboretum secretary Ms Mary Knaggs and the management committee were inviting professional and amateur photographers to contribute their images of the arboretum or events held there, such as weddings or the opera.

"We would be grateful for permission to use images or artwork inspired by the Arboretum," she said.

"If anyone wants some inspiration, at the moment there's lots of wallabies and lyrebirds to be seen early and late in the day.

"We are very lucky to have local volunteer professional media consultants, Pip White and Whitney Edwards, working on our new website and brochure.

"If you send a contribution, the images should be at high resolution

- at least one, and preferably more than two, megabytes.

"We need the name of the photographer to be acknowledged if the image is used, or the artist's name if you send an image of an artwork.

"A statement is needed giving permission to the Crommelin Native Arboretum to use the image on its website or in other publications free of charge.

"Even though your images might not necessarily be used for the website or brochure immediately, we would be grateful to retain them in our archives for future publications," Ms Knaggs said.

The arboretum in Crystal Ave, Pearl Beach, covers a 5.5ha area of native bushland, open to the public, with established pathways and parking for a small number of cars.

Those who would like to contribute can email images to pearlbeacharboretum@gmail.com.

SOURCE
Email, 23 Mar 2020
Interview (Sue Murray), 26 Mar 2020
Mary Knaggs, Crommelin Native Arboretum



Victoria Bilger with 2D winner Janni Jones

Art prize winners announced

Ettalong's Art Studio Co-operative has announced the winners of its inaugural Jocelyn Smith Philosophy Art Prize.

The competition was open to two-dimensional and three-dimensional works.

The winner of the 2D category

was Ms Janni Jones for her piece, *The Inevitable Finite Changing of Depth*.

Mr Michael Vaynman won the 3D category with his work, *The Depth of a Dog Bowl*.

Ms Indiana Vaynman won the highly commended award in the 2D category and Ms Rachel Bunney

the award for the 3D category.

Judges were artist Mr Paul Macklin and patron Ms Victoria Bilger.

The Cooperative plans to make the Prize an annual event.

SOURCE:
Website, 22 Mar 2020
Karen Bloomfield, Art Studios Co-operative



Amber Lynch

Benefit concert postponed

The Bouddi Foundation for the Arts has postponed its benefit concert for St Huberts Island resident Ms Amber Lynch.

Organiser Mr Peter Park said the decision had been made in line with new restrictions on public gatherings due to the coronavirus.

The concert was to take place on March 29 at Wagstaffe Hall and was to feature performances

from Amber and other Foundation artists.

The concert was to raise money to help cover Amber's study costs at Germany's Iwanson International School of Contemporary Dance.

The Foundation has set up a Go Fund Me page named the Amber Lynch tuition campaign.

SOURCE:
Media release, 15 Mar 2020
Peter Park, Bouddi Foundation for the Arts



Draft Facilities Leasing and Licencing Policy

Central Coast Council has developed a Draft Facilities Leasing and Licencing Policy to enable a consistent and transparent approach to the lease and asset management of Council's community facilities and land across the region.

The draft Policy has been placed on public exhibition and recommends rental charges, property and land tenure, tenant responsibilities and processes for leasing new and existing sites.

To have your say or view the Draft Facilities Leasing and Licencing Policy, visit

yourvoiceourcoast.com/community-facilities-review

Submissions close at **5pm Thursday 14 May 2020.**





NOT FOR PROFIT ORGANISATIONS

Art & Culture

Central Coast Art Society
Weekly paint-outs
Tues 0428 439 180.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

Central Coast Handweavers, Spinners and Textile Arts Guild
Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art & Crafts Centre
Adult classes in Pottery Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting
0412 155 391
www.ebacc.com.au
ebacc_email@gmail.com

Hospital Art Australia Inc.
Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome
0431 363 347
hospitalartaustalia.com.au

Community Centres
Peninsula Community Centre
Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children, teens, adults and seniors including occasional care, playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups.
4341 9333
www.coastcommunityconnections.com.au

Empire Bay Probus Club
Friendship, fellowship, and fun in retirement. Very active club, outings, excursions, dining - 3 times a month
1st Thur 1.30pm
Empire Bay Progress Hall
Visitors Welcome.
0419 252 708

Ettalong 50+ Leisure & Learning Centre
Cards, Chess, Choir, Creative Folk Art, Dancing, Darts, Handicraft, Handicrafts, Indoor Bowls, Leatherwork, Line Dancing, Mahjong, Painting, Rummikg, Scrabble, Table Tennis, Ukulele, Women's Shed,
4304 7222

Brisbane Water Caravan Club
Caravans Wanted to join and have fun Gosford NSW
Your owners are most welcome too
https://bwcaravclub.wixsite.com/bwcc
Contact Joe
4344 4363

Central Coast Community Legal Centre
Not for profit service providing free legal advice.
Monday to Friday
9am to 5pm
4353 4988
contact@centralcoastclc.org.au

Point Clare Community Hall
Community Garden - Playgroup
Craft and Exercise Groups
Function or Meeting Hire
Managed by Gosford Regional Community Services
Enquiries regarding hire to 4323 7483
accounts@gosfordcommunity.org.au
www.gosfordcommunity.org.au

Community Groups
ABC "The Friends"
Support group for Public Broadcaster.
Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social mornings
Well-known guest speakers
0400 213 514
www.fabcnsw.org.au

Central Coast Caravanners Inc
3rd Sun - Jan to Nov
Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded folk -
Details from Geoff
0447 882 150

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0407 003 214

CCLC Indoor Bowls
Mon - Ladies Social
Wed Night - Mixed Social
Sat - Mixed Social
New members welcome - tuition given
level 2 Central Coast Leagues Club
4334 3800

Peninsula Village Playgroup
Carers, Grandparents, parents & children
'Intergenerational Playgroup'
Tues 10-11.30am
4344 9199

Peninsula School for Seniors
Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft, history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Seniors Computer Club Central Coast
A non-profit seniors club to help members master computers, tablets, phones and keep up with grand children
Friendly Volunteer Helpers
sccc@internode.on.net
Google scccincumber
4307 9421

The Krait Club
Community Centre - Cooinda Village, Neptune St, Umina
10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

Umina Beach Men's Shed
Men share a variety of tools, pursue interests and hobbies, spend time with other men and learn new skills
Darrell 4342 9606

Volunteering Central Coast
Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers.
4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare Community
Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Wine appreciation club
Central Coast Leagues Club
2nd Wed
Taste and be educated on wine by various wineries.
Purchases not mandatory
Keith - 0420 722 529
Fraser - 0416 831 088

Entertainment
Frantastics Choir Inc
High quality variety entertainment available for matinee bookings at your venue. New members welcome.
1pm Mondays during school terms
Walter Baker Hall, Woy Woy
4343 1995
www.frantastics.org

LEARN TO DANCE
Social ballroom dancing for all ages, all you need is a desire to learn and dance, no partner required.
meet every Tues - St Luke's Anglican Church, 7pm & 15 Lorraine Ave Berkeley Vale, 2:30pm
Anne - 0409 938 345
anneglazier@7mail.com

Health Groups
Al-Anon
If someone's drinking is causing you problems...
Al-Anon can help
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW
Woy Woy support group
Ettalong Bowling Club
Springwood Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing Australia - Central Coast
Hearing loss management
Support and educational groups providing practical experience and confidence
Learn the benefits of hearing aids - 4321 0275

BlueWave Living
Woy Woy Community
Aged Care facility providing residential aged care to the frail aged.
Permanent and respite care accommodation available.
Information 2nd and 4th Wed - 10am - 4344 2599
reception@bluewaveliving.org.au

Central Coast Parkinson's Support Group
We aim to help individuals and their families better manage living with Parkinson's Disease
Guest speakers are a regular feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

GROW Support Groups
Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being. Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and Wyong
1800 558 268
www.grow.org.au

Meals on Wheels
Delicious meals delivered free - Join us for a midday meal - Help with shopping and cooking classes
4341 6699

Mary Mac's Place
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)
12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm
0412 756 446
www.oa.org

Peninsula Village Wellness Centre
Offering holistic and complementary therapies including aromatherapy, massage and music therapy
4344 9199

Peninsula Village Meals
Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group
For carers of loved ones with dementia - 1st Wed - 10 to 11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)
Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal
9.30am to 12 noon
4367 9600
www.pcfa.org.au

Peninsula Lighthouse
Guiding you through the storm - Your only local mobile counselling service
Supporting ALL people suffering from Domestic

Violence offering a holistic program making our community safer.
Counselling services available
Monday @ Ettalong Baptist Church Barrenjoey Room ,
book an appointment:
0417 472 374
penlighthouse@gmail.com
www.peninsulalighthouse.info/

Schizophrenia and Bipolar Fellowship
For Schizophrenia/Bipolar/ Mental Health sufferers, family, carers and friends. .
1st Thur - 1pm Room 3
Uniting Church Donnison St Gosford
4344 7989 or 4368 2214

Woy Woy Stroke Recovery Club
Everglades Country Club
2nd Tues 11am
Company, up-to-date info, hydrotherapy, bus trips
1300 650 594

Music
Brisbane Water Brass
Brass Band entertainment for the community playing all types of popular music. Rehearsal every Wed 8pm -10pm
0419 274 012

Coastal a Cappella
Vibrant women's a cappella chorus. New members welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities
Hire us for your event
0412 948 450
coastalacappella@gmail.com

Soundwaves
A cappella harmony for Men - new members welcome. Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford
Ring Max on 4324 3631 or Kieran 4324 1977

Troubadour Central Coast Folk, Traditional & Acoustic
Music and Spoken Word Concerts, Ukulele meets, and Sessions
4th Sat 7pm CWA Hall Woy Woy 4342 6716
mail.info@troubadour.org.au

Political Groups
Australian Labor Party
Political discussions, national, state and local government issues

Umina Ettalong Branch
2nd Mon Umina Beach
Bowling Club 7.30pm 4342 3676

Ourimbah/ Narara Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch
Everglades Country Club
7.30pm 2nd Mon
Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Liberal Party of Australia Woy Woy Branch
4th Thur 6.30pm
Club Umina, Melbourne Ave, Umina Beach
woywoyliberals@gmail.com

Central Coast Greens
Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected
3rd Thur
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups
Lions Club of Woy Woy
3rd Mon.
Woy Woy Leagues Club
Make new friends and have fun while serving your community.
0478 959 895

Rotary Clubs
International service club improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship.

Rotary Club of Kariong
Phillip House, 21 Old Mount Penang Rd, Fri 7.15am
4340 4529
kersuebay@philphouse.com.au
Rotary Club of Umina Beach
Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy
Tues 6pm Everglades Country Club.
Don Tee 0428 438 535

Special Interest
Bridge
Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am
Brisbane Water Bridge Club, Peninsula Community Centre
93 McMasters Rd.
Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie
50 Games every Sat night
Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family History Society Inc.
Resources, information & advice to study your family's history.
1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service
Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Rescue Unit
Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc
Gliding Club. Learn to fly, Instruction FREE to members
Come and have an Air Experience Flight
All Welcome
14 and up for Training
Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Ettalong Toastmasters
We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth
2nd & 4th Tue, 7:30PM,
Ettalong Diggers
0408 416 356

Peninsula Environment Group
Environmental projects, (incl. Woytopia),
Woy Woy community garden, social events, workshops, organic food buying group
www.peg.org.au

Veterans
National Malaya Borneo Veterans Association
1st Sat (except Jan) 10.30am
Umina Club
Melbourne Avenue
Umina Beach
4342 1107

Veterans' Help Centre'
Assist all veterans & families with pension & welfare issues.
Mon & Wed 9am-1pm
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centralcoastveterans@bigpond.com.

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Theatre group reschedules plays to next year

The Woy Woy Little Theatre group has rescheduled two of its upcoming plays at the Peninsula Theatre to take place in a year's time.

President Ms Christine Vale said the group had come to the difficult decision to postpone both its *Ladies in Lavender* and *Appointment with Death* productions in compliance with the latest restrictions around public gatherings.

Ladies in Lavender was due to launch in May with *Appointment with Death* to hit the stage in August.

Both shows will be performed at

the same time next year.

The group's popular Flash Festival, which provides a platform for grassroots playwrights and aspiring actors, has also been postponed to next year.

It was due to take place in July.

Ms Vale said the group was also considering postponing its production of *Ben Hur* slotted for late October and early November.

"We made this decision last night to focus on the health and safety of our patrons, members, families and friends, and now the government has announced limits to gatherings over 100 people.

"Based on bookings, both productions were already popular, so we've decided to reschedule them for the same time next year.

"At this stage, we have not made a decision about *Ben Hur* but we will be monitoring the situation over the next few months, and keep everyone updated," Ms Vale said.

She confirmed all current ticketholders were entitled to a refund and will be contacted over the next few weeks.

SOURCE:
Media release, 18 Mar 2020
Christine Vale, Woy Woy Little Theatre

Rotary club cancels Opera in the Arboretum

The Rotary Club of Woy Woy's Opera in the Arboretum has been cancelled.

Club publicity officer Mr Vic Deeble said the event had been cancelled in compliance with new government restrictions on public gatherings.

"In consideration of the welfare of patrons, performers and volunteers, the Opera in the Arboretum 2020 event is cancelled.

"Ticket holders will receive communication via email regarding refunds soon," Mr Deeble said.

The event was meant to take place at the Pearl Beach Arboretum on March 28 and was to be the 15th year for the event.

SOURCE:
Website, 23 Mar 2020
Vic Deeble, Rotary Club of Woy Woy



Tom Flood and Michael Hallett

Folk club cancels March concert

The Troubadour Folk Club's March concert has been cancelled.

Club president Mr Michael Fine said the concert was to take place in Woy Woy on March 28 and feature blues duos Hallett and Flood and The Peppercorns.

Mr Fine said, while it was

a tough decision to make, the Troubadour wanted to protect its patrons from potential infection and minimise temptations against self-isolation and social distancing.

"We had planned a wonderful night of acoustic but sadly, due to the pandemic, we have made the decision to cancel.

"The world has become

unpredictable and dangerous and we recognise the need to be responsible in these times," Mr Fine said.

Mr Fine said the club planned on rescheduling the concert for a later date.

SOURCE:
Press release, 17 Mar 2020
Michael Fine, Troubadour Folk Club

Italian festival postponed

The Central Coast Italian Festival has been postponed.

Event organiser Ms Alex Quinn said that the festival, which was due to take place at The Galleria in Ettalong from April 4 to 5, would not be going ahead.

She said that hopefully the festival would return later in the year.

The annual festival features Italian cuisine, arts and culture with regular events including pasta-eating and gelato-licking contests.

SOURCE:
Media statement, 16 Mar 2020
Alex Quinn, Ettalong Beach Tourist Resort



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Boxers defeated

Umina PCYC boxers Anja Stridsman and Kaye Scott have had defeats in the Asian-Oceanian Olympic Qualification Tournament.

Both boxers successfully made it through to their weight classes quarter finals but failed to progress to the semi-finals.

They needed to win the semi-finals to qualify for the Australian boxing team.

Kaye Scott was defeated in the Welterweight quarterfinal by Thailand's Baison Manikon, while Anja Stridsman went down to South Korea's Yeonji Oh in the Lightweight quarterfinal.

Kaye said her fight came down to a referee decision, but she said she was not

giving up on her Olympic dreams.

"I'm shattered right now and will need some time to regroup, but the Olympic dream isn't over yet, with a last chance qualifier tournament scheduled in May," Scott said.

The last chance Olympic qualifier will take place in Paris from May 13 to 24.

Several scheduled qualification events were postponed or moved at the last minute due to the coronavirus.

SOURCE:
Website, 10 Mar 2020
Tournament results, Olympic Channel
Social media, 10 Mar 2020
Kaye Scott, Umina PCYC

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Sport

Netball association may face tough decisions

Woy Woy Peninsula Netball Association is unsure how it will recoup financial losses due to the suspension of competition until at least May 2, according to association president Ms Lisa Coakley.

From the cost of uniforms that might not be worn to travel expenses for representative teams that were paid in advance, Ms Coakley said the Association's executive committee would be likely to face some tough decisions.

"Our Association is not as

fortunate as neighbouring Gosford and Wyong and we do not have the financial sponsorship backing that they do.

"We are extremely appreciative to Ettalong Diggers who have continued to support our representative teams for the past six years which helps with the fees, but I honestly don't know what is ahead," she said.

Netball NSW confirmed in a statement on March 16 that competitions would not proceed until at least the first week of May.

Netball NSW chief executive Ms

Carolyn Campbell said: "Netball NSW will continue to monitor the situation daily, with a formal update (on April 15) to include the latest information on competition start dates plus advice on recommencing training and so on.

"If the situation is to change significantly, an update will be provided earlier," Ms Campbell said.

SOURCE:
Media statement, 16 Mar 2020
Carolyn Campbell, Netball NSW
Interview (Dillon Luke), 20 Mar 2020
Lisa Coakley, Woy Woy Peninsula Netball Association



Woy Woy Lions activities postponed at least until May

The Woy Woy Lions Rugby Club will not be back at Rogers Park until at least the first week of May.

Central Coast Rugby Union has announced that all rugby activities on the Coast have been postponed following directives from Rugby Australia.

Administrator Ms Kate Thomson said the board had discussed the implications of the postponement and would be doing everything in its power to assure that senior and junior competitions went ahead at a later date.

"The shape that the competition takes is to be confirmed and the board will be in regular contact with stakeholders over the coming weeks to devise fair and equitable competitions for all.

"We will look at starting the competition from May 16 to give all clubs two weeks to train in the lead up.

"The format is to be confirmed, but we intend to include at least one full round of competition and finals," Ms Thomson said.

Lions president Mr John Hewett said the club was complying in full with the directives it had received from Central Coast Rugby Union and was doing its best to prepare members for an uncertain year ahead.

"At the moment we're monitoring the situation and while I'm hopeful we'll be back on the field come May 16, I personally don't think that's going to happen," Mr Hewett said.

Mr Hewett said the biggest

issues the Lions would face would be player retention and sponsorship when rugby gets the greenlight to return.

"It really is impossible to know where the Lions will be come three or four months time," Mr Hewett said.

Ms Thomson said the board was already assessing ways it could ease the financial burden on its member clubs and will be looking at affiliation fees and contacting Central Coast Council regarding council ground fees to see if these can be reduced this season.

SOURCE:
Press release, 17 Mar 2020
Kate Thomson, Central Coast Rugby Union
Interview (Dillon Luke), 26 Mar 2020
John Hewett, Woy Woy Lions Rugby Club

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Women's sevens final played at Woy Woy

Newcastle Hunter Women's sevens rugby union team has defeated Central North 12-nil in the NSW Country Women's 7's Championships in a replay of last year's final at Woy Woy Oval over March 14 and 15.

The Central Coast side finished in third place after two narrow losses put them into the third-fourth play-off, in which they defeated Western Plains.

However, a shock loss to Central North denied the Central Coast a finals berth and the team had to settle for third.

Central Coast rugby Union publicity officer Mr Larry Thomson said all competing zones had clearly worked hard leading up to

this tournament and the standard was much higher than last year, with all games being tightly contested.

Coaches Mr Michael Burgess and Mr Luke Mack, while disappointed not to make the final, said they were proud of the level of improvement from the team.

Mr Thomson said the stand-out performer for the Central Coast side was Elise Conolly, whose strong runs all weekend and multiple tries saw her named in the NSW Country Dream Team.

Elise Conolly was well supported by Taylah Welsh, Prue Bright and Holly Johnstone.

SOURCE:
Press release, 16 Mar 2020
Larry Thomson, Central Coast Rugby Union



Southern Spirit declared runners-up after washout

Southern Spirit Cricket Club were declared runners-up in Central Coast Cricket Association's Women's T20 competition after rain washed out the grand final on March 14.

The Association had rescheduled it for the following day, but continuing wet conditions caused the game to be abandoned. Because their opponents

Northern Power Orange finished the season at the top of the ladder, they were awarded the Premiership.

Spirit club secretary Mr Jack Wilson said it was an unfortunate end to a season filled with top notch cricket.

"It was a sad way to end the season, but our girls gave it their all and at the end of the day Northern Power Orange are deserving winners.

"They have been on fire all year and only lost one of their matches," he said.

In the junior competition, the Spirit's Under-16s won their grand final against Warnervale.

SOURCE:
Media release, 16 Mar 2020
David Winiata, Central Coast Cricket Association
Interview (Dillon Luke), 23 Mar 2020
Jack Wilson, Southern Spirit Cricket Club



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