



## Anglican parish decides to sell St Andrews church

**The Anglican Parish of Woy Woy has decided to sell St Andrews church in Ocean Beach Rd, Umina, with an auction date set for March 5.**

The property is described as a prime development site of 1422sqm, with a starting price of around \$1.2 million.

St Andrews Church is on land zoned R1 which may be used for a range of purposes, including multi-unit development.

Parish rector, the Reverend Michael Davies, said it made

practical sense to consolidate St Andrews and St Luke's at Woy Woy, given a combined congregation of about 150.

He said it was increasingly difficult to justify having two church buildings so close together, with two lots of ongoing maintenance costs.

He said that "40 percent of the sale of Umina will go towards the Redress Scheme to compensate the survivors of abuse."

"But also some money will come back into the parish so we can make the necessary improvements

to the Woy Woy site to make it more user friendly for children and families," Mr Davies said.

"In the wake of the Royal Commission into Institutional Response to Sexual Abuse of children and others, the Anglican Diocese of Newcastle of which this parish is a part, had its own case study done and there was a lot that came to light of an historical nature about abuse."

"So, as a result of that, the Diocese needed to find quite a few million dollars to put towards the Redress Scheme."

"All these reasons all came together and as a parish council we took ownership of the decision to close St Andrews and sell it."

"We've brought the Umina congregation across into the Woy Woy site and I'm delighted to say that we haven't lost a single person," he said.

"It's a fresh look, a new beginning, a fresh start for everyone."

The Bishop of the Diocese of Newcastle, Dr Peter Stuart, announced a new name for the church at Woy Woy during a

special service last week: Holy Apostles Anglican Church at Woy Woy and the parish will be renamed Peninsula Anglican Parish.

"We figured, as a parish council, that if the St Andrews building was to be no more, we probably needed to re-brand the parish and give the remaining church a new name," Mr Davies said.

**SOURCE:**  
Interview (Sue Murray) 12 Feb 2020  
Michael Davies, Peninsula Anglican Parish

## Tesch calls for more Return and Earn machines

**Member for Gosford Ms Liesl Tesch has called on the NSW Government to replace the Return and Earn machine destroyed in the Umina Mall fire over a year ago.**

She has also called on the Government to provide extra machines on the Peninsula to meet demand and to cover for breakdowns.

"The Umina Mall fire in January 2019 destroyed the former Return and Earn machine at that site but

the NSW Government has failed to replace this vital facility in another location," she said.

She said the remaining machine in Woy Woy was often over-filled and regularly broke down.

Ms Tesch was commenting on a statement by Member for Terrigal Mr Adam Crouch that Woy Woy and Umina Return and Earn stations have recycled a combined total 7,858,704 drink containers in the two years of their operation.

He said the volume through the Umina Return and Earn was

4,238,941 and at Woy Woy it was 3,619,763.

Ms Tesch said: "While there are four reverse vending machines in the Terrigal electorate, there is only one operating on the whole Peninsula."

"That isn't fair."

She said there were errors in the information supplied by Mr Crouch about the location of the Woy Woy machine.

"Mr Crouch is talking about a Return and Earn machine in Woy Woy Woolworths that doesn't

exist," she said.

"If Mr Crouch visited Woy Woy he would know that it probably refers to a machine in a completely unrelated carpark in Oval Ave."

"The government has failed to act and, after several weeks of trying, I've had no response to my attempts to speak with representatives from NSW Department of Environment, provided by the Parliamentary Secretary for the Environment, to try and fix the errors."

"Since the program started two

years ago, Return and Earn has now soared past 130 million drink containers across the 20 collection points on the Central Coast," Mr Crouch said.

"The growth of Return and Earn on the Coast has been phenomenal and it highlights a shift in our community's thinking and behavior around litter," he said.

**SOURCE:**  
Media release, 27 Feb 2020  
Liesl Tesch, Member for Gosford  
Media release, 25 Feb 2020  
Adam Crouch, Parliamentary Secretary for Central Coast



# Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See [www.peninsulanews.info](http://www.peninsulanews.info) for all editions published

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**Contributions**

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: [editorial@centralcoastnews.net](mailto:editorial@centralcoastnews.net), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

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## Source lines: Where do our articles come from?

Peninsula News includes "source lines" at the end of each article which aim to provide readers with information about where and how we came across the information, so that they might judge for themselves the veracity of what they are reading.

It should not be assumed that the article is a verbatim reproduction of the source. Similarly, it should not be assumed that any reporter listed is necessarily responsible for writing the whole news item. Source lines are not by-lines.

Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its

information in three ways: It is sent to us by someone wanting to promote their activities; it is sent to us in response to our inquiries; or it comes from a newsletter or other document to which we have access.

Sometimes we may interview a person or report what they said at a meeting.

The following descriptions are used:

**Media Release** - unsolicited contributions.

**Media Statement** - sent in response to our questions.

**Website or Social Media** - information published online.

**Newsletter or Report** - published in print or online.

**Interview or Meeting** - statements recorded by a reporter.

Forum contributions may be: **Email** if sent electronically and **Letter** if written on paper.

## Well above monthly average

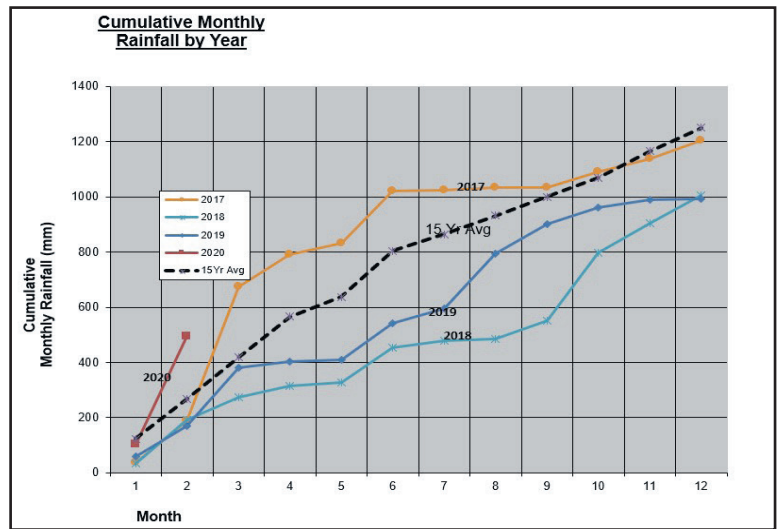
Rainfall of 390mm was recorded on the Peninsula for the month to February 28, according to figures provided by Mr Jim Morrison of Umina.

The monthly total was 2.7 times the average for February of 144mm.

Rainfall for the year to date totalled 493.4mm, which was 84.1 per cent above average for this time of year.

It is also almost 40 per cent of the average annual rainfall of 1250mm.

In the two weeks since the last report in Peninsula News, 53.5mm of has fallen, spread over eight days.



The highest fall was 19.5mm recorded on February 22.

SOURCE: Spreadsheet, 28 Feb 2020

## YOUR CHANCE TO WIN

The Peninsula News would like to offer three lucky readers the chance to win a \$50 voucher to spend on the Coast's homegrown surf, skate and street wear brand drøm.

Brand Founder, Gary Berman, is celebrating the reopening of drøm's Woy Woy store, which includes a new workroom space where he can print drøm's iconic branding onto his products.

Gary said drøm has always had a dedicated following on the Coast through its strong presence at local markets and events and he encourages all Coasties to get along to their new store on Chambers Place and checkout what's on offer at drøm.

For your chance to win write your full name, address, email and daytime telephone number on the back of an envelope and mail it to Peninsula News drøm Competition, PO Box 1056,



Gosford 2250, before 5pm on March 12.

The winner of the Marvel Live! Competition was Ann Watson of Umina.

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

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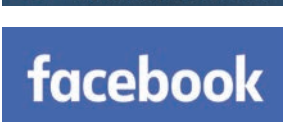
# NEWSPAPERS

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## Biddy turns 103

**Umina resident Ms Biddy Abrahams celebrated her 103rd birthday on February 24 with family and friends**

Joining her at Peninsula Village for her birthday were two nieces and their husbands.

Village chief executive Mr Shane Neaves said: "Biddy enjoyed being the centre of attention with a huge cake, flowers and lots of laughs."

**SOURCE:**  
Social media, 24 Feb 2020  
Shane Neaves, Peninsula Villages



## Beach sculptures 'pop up' after storms

**A series of sculptures have "popped up" along Umina and Ettalong Beaches, making use of driftwood washed ashore during the recent storms.**

Umina resident Ms Susie McCarthy took pictures of several of them during a stroll on the beach.

Ms McCarthy said the sculptures mostly resembled teepees and other shelter-like designs

"I really enjoyed seeing the different designs and they're well worth taking a walk down the beach for," Ms McCarthy said.

**SOURCE:**  
Social media, 17 Feb 2020  
Susie McCarthy, Umina

## Step Inside a Compact Elegance HOME LIFT



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## Work starts

**Work has started on a \$1.65M project to improve traffic flow at the foot of Blackwall Mountain on Memorial Ave, Blackwall, between Wyalong Rd and Warwick St.**

The work includes installing a central concrete median to restrict right turn movements at Warwick St, installing a right turn lane into Wallaby St, widening the road to accommodate the new turning lane and median, improving street lighting, and clearing and trimming vegetation to allow for the road widening.

Parliamentary Secretary for Central Coast Mr Adam Crouch said temporary traffic changes would be in place while the project

is in progress, including a 40km/h speed limit.

"Memorial Avenue is the main road connecting Ettalong Beach to Woy Woy and this project consists of safety improvements to help reduce the number and severity of crashes," Mr Crouch said.

"This 350m stretch of road will be made smoother and safer for motorists by this road widening and installation of a new raised median strip."

Mr Crouch said there would be another six weeks of day work followed by three weeks of night work to complete the work.

**SOURCE:**

**Media release, 19 Feb 2020  
Adam Crouch, Parliamentary  
Secretary for Central Coast.**

## Mattress recycle project may extend to Woy Woy tip

**Woy Woy tip could be the next site to fully recycle unwanted mattresses.**

Central Coast Council, in partnership with Mattress Recycling Australia, is trialling a new process at the Kincumber tip and is investigating extending the project to Woy Woy.

The trial aims to minimise the amount of waste sent to landfill, reduce methane gases being produced from decomposing mattresses and recycle end-of-life waste products by turning them into a resource, according to

Council unit manager Mr Andrew Pearce.

He said the Council received more than 20,000 mattresses annually across its three tips.

"Under this new trial we are collecting and bulk transporting, the mattresses to a dedicated resource recovery centre where they are processed into separate commodities for which there are end markets," Mr Pearce said.

"This ensures 100 percent of the mattress materials are reused and recycled with the stripped metals reused as railway wheels, foam

re-purposed into carpet underlay, material utilized in decorative wall panels and the remaining products, including floc, wood and plastic, processed as biofuel.

"An added benefit is that we have been working with a contractor who is creating employment opportunities and skills development, including those with a disability and the long-term unemployed," Mr Pearce said.

**SOURCE:**

**Media release, 25 Feb 2020  
Andrew Pearce, Central  
Coast Council**

ADVERTISEMENT



# Community Environment Network

### Imagine



The year is 2050 and our Central Coast Youth are now leading in their respective fields in our communities across the coast. The transition to renewable energy production is now complete, the local economies are interdependent

on sustainable industries, run and owned locally. Community gardens are a hive of activity and act as community meeting hubs. Eco-tourism is a thriving industry employing more than half of the workforce in our region as our wetlands, old growth forests, national parks and wildlife sanctuaries are world acclaimed.

Each decade, from 2020, our next generation of community members and leaders were involved in projects, events and programs supported by the elders in our community and leaders in their respective fields. This staged succession planning was strategically coordinated by the leaders in 2020, ensuring our youth were learning to proactively develop and manage the challenges of their generation.

This year, our CEN Youth will be working together with the elders (committee members) of our Community Environment Network (CEN), together on local community projects and events in generating positive action towards a sustainable future. CEN youth will be inspiring engagement of our wider community in connecting with our natural environment on the Central Coast. In 2019, our CEN Youth developed the 'Steps Towards a Sustainable Future', with the core themes of Protect, Reconnect and Regenerate. The steps focus areas included: Reduce Reuse Recycle; Transport; Renewable Energy; Native Trees, Plant Based Foods and Storytelling. These were developed to act as an easy guide for members of our Central Coast community to act in building a sustainable future. In which everyone with every action we take could have a positive impact.

The story we write and tell ourselves this year and in years coming will determine our future and that for our next generation. At CEN, we are playing our part, as we all have a role to play in building sustainable communities and future leaders. What role will you play?

For more information about the steps to take and to become involved with CEN Youth please visit our [www.cen.org.au](http://www.cen.org.au) website and contact us via our CEN Youth projects page.

**Hale Adasal CEN Chairperson**

### CLIMATE CHANGE, BUSHFIRE AND WILDLIFE

**CEN along with many members in NSW has been involved in bushfire. This is as landholders, farmers, conservationists and brigade members.**

Amongst the values that have been destroyed were huge numbers of wildlife and unique ancient forests. This is particularly disheartening to Land for Wildlife members who take great pride in their properties. Initial review of members properties, reveals property losses of only 2%.

In some areas, the temperature of the fires was estimated to exceed 1,000 degrees Centigrade. With wind speeds of over 100 Km/Hr and dry vegetation nothing could stop such fire intensity other than heavy rain. The situation with Climate Change is becoming so serious that it is sometimes hard to see the way forward.

However, there is one. We need to cool the planet and sustainability is the answer by:



- Reducing CO2 production,
- Restoring vegetation to enable native animals to come back, and;
- Building and managing for adaptation while a zero carbon economy develops.

The clock is ticking and we cannot waste another 30 years arguing

### CONNECTING AND CARING FOR ERINA CREEK CATCHMENT

**CEN was recently successful in receiving \$20,000 in funding through The Australian Government Communities Environment Program.**

The project Connecting and Caring for Erina Creek Catchment was nominated by our local federal Member of Parliament, Ms Emma McBride.

CEN will use the successful citizen science program Waterwatch to monitor water quality in the upper Erina Creek Catchment.

Volunteers, school students and landholders will collect and contribute information about their local environment as well as being involved in on-ground activities such as riparian planting and workshops on managing their riparian land.

The project runs until December 2020.

If you live in the Matcham/Holgate area and would like to be involved please contact Rachael on [waterwach@cen.org](mailto:waterwach@cen.org) or Ph: 4349 4757. The first training day on water quality monitoring will be held at the end of March date TBA.



### UPCOMING EVENTS

Register at: [www.cen.org.au/events](http://www.cen.org.au/events)  
**Wildplant Community Nursery**

**When:** Saturday March 7, 2020

**Time:** 9am to 12pm

**Where:** CEN Office, Ourimbah

We have a range of local native plants available including ground covers and herbs, shrubs and trees, bush food, bird attracting, native bee attracting, frog friendly and screen plants. Current specials on wetland plants. Cash or Credit Card.

**Location:** Brush road, Ourimbah

Best access is via Brush Road – Turn into Brush Road from Shirley Street and as you start to drive up the hill turn left into the laneway and follow it along to parking and our driveway - look for the Plant Sale signs.

**CEN Land for Wildlife Biennial Forum**

Coffs Harbour 27-28th March 2020

**When:** Friday 27 - Saturday 28th March at Coffs Harbour Aanuka Beach Resort, (Saturday 28 March is a field trip to look at LFW properties).

**Cost:** \$50 per person, Free for LFW Regional Providers, Partners and LFW Members. Morning tea, lunch and afternoon tea provided

**Theme:** "Land for Wildlife: After the Fires"

**Waterwatch Training Days and Upcoming Events**

- Waterwatch Training - Cockrone Lagoon at Copacabana Surf Club – Saturday 14th March
- Waterwatch Training - Terrigal Lagoon at Terrigal Scout Hall - Date TBA
- Kayaking in Avoca Lagoon – April – Date TBA
- Marine Debris at Terrigal with Sea Shepherd Central Coast- April – Date TBA

For more information phone: 4349 4757 or email: [waterwatch@cen.org.au](mailto:waterwatch@cen.org.au)

**COSS Connections and Rehabilitation Project - Information Sessions**

Do you have a property with at least half a hectare (1.2 acres) of native bushland and live in or near Gosford's COSS (Coastal Open Space System) and would like some help managing your patch of bush for conservation value?

Come along and find out how you can get FREE bushland management help on your property to conserve our native flora and fauna

Scout hall, Doyle St, Macmasters beach  
**When:** 20 March, 6.30pm-8.30pm  
Narara EcoVillage

**When:** 25 March, 6.30pm-8.30pm

\* Includes refreshments and guided spotlight walk in COSS

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

**Support CEN - Become a member - Volunteer - Make a donation**

**[www.cen.org.au](http://www.cen.org.au) Ph: 4349 4756**



## Future of Peninsula real estate given mixed assessment

**Woy Woy Rotarians have been given a mixed assessment of the future of real estate and property development on the Peninsula when they were addressed by a Woy Woy real estate agent.**

Wilson Real Estate partner Mr Ian Willis welcomed the recent multi-unit residential development approvals, but was less enthusiastic about the rise of granny flats, according to Rotary club publicity officer Mr Vic Deeble who reported the talk in the club newsletter.

Mr Willis said the rental market for granny flats was over-supplied and had moved away from the intention of providing affordable housing.

Granny flats were warping both the property and rental markets, according to Mr Deeble's report.

They had increased population density, leading to traffic congestion, parking difficulties and a change in demographics.

Mr Deeble said Mr Willis started his presentation by listing some developments currently in progress around the Peninsula.

"The first was the site in Ocean Beach Rd, that now has a service

station approval to replace the one that was there in the past," said Mr Deeble.

"The next he mentioned was the site at the corner of Farnell Rd and Blackwall Rd that has approval for some 36 three-storey units and townhouses.

"Another he mentioned was in West St, Umina, on the corner of Oscar St, which has approval for 20 residential units with commercial space underneath.

"Another in Ocean View Rd in Ettalong has approval for 25 units with commercial space underneath.

"In addition, the Atlantis building was approved and built last year.

"So clearly there is a big demand for this type of accommodation in our local area," Mr Deeble said.

"Behind the Everglades Club on Hillview St there is construction taking place of an aged care, or seniors living facility of 160 rooms.

"There are significant environmental controls imposed on this development and as a result it may be almost invisible from the street with bushes and trees retained at the front.

"This is another type of construction where there is a considerable demand," he added.



Mr Ian Willis

Mr Willis then spoke to the Rotarians about the rise of granny flats.

"Granny flats were in Ian's early view a good idea under the Affordable Housing Scheme.

"Now he is seeing them used as investment properties because the rents obtained make them a good investment opportunity.

"This application was not the one for which they were originally intended and the extra density

of habitation can cause traffic congestion and parking issues.

"People are buying houses now to rent out the house and the granny flat.

"This is changing the demographics of the area.

"The ongoing development of the area is resulting in extra traffic and intersections are being upgraded, such as the one at the junction of McMasters and Blackwall Rd, which is being changed to a divided road with restricted turning directions.

"Average prices are increasing due to demand and in the Woy Woy area the average price of a house is in the order of \$595,000 and for units is just over \$500,000.

"In Umina the corresponding figures are \$650,000 and \$550,000.

"For upmarket apartments people are paying upwards of \$1M and these may not be waterfront," Mr Deeble said.

"Demographics have changed over Ian's time in real estate.

"When he started, units were being sold to retirement couples but today there are a large number of sales to young couples who are unable to afford buying in Sydney.

"Ian forecasts that development

will continue with three-storey properties becoming more common in close proximity to the town centres.

"What has happened in Gosford over the past few years is now overflowing onto the Peninsula.

"The property cycle peaked in 2017 and then fell until the election last year but has been slowly recovering since then.

"People were very cautious about property purchase before the election, but since last May about two thirds of the fall has been recovered.

"People are attracted to the Peninsula area by the convenience of the train station for access to Sydney, for what's available for their money, plus the shops and of course the local environment.

"Jobs are another factor that has resulted from the movement of government departments to Gosford and the development of the teaching hospital.

"Questions were asked about the burnt-out shopping mall in Ocean Beach Rd and the development of the Woy Woy Town Centre."

**SOURCE:**

Newsletter, 18 Feb 2020

Vic Deeble, Rotary Club of Woy Woy

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# Discussion about Mt Ettalong reserve plan invited

Central Coast Council is asking residents to participate in the development of a masterplan for Mt Ettalong Reserve on the vegetated headland at the southern end of Umina Beach.

The Council-managed reserve is situated on the headland which separates Umina Beach and Pearl Beach and has access off Patonga Dr.

Council director Mr Scott Cox said the aim of the masterplan was to improve the enjoyment of Mt Ettalong's outstanding natural environment.

He said the masterplan would be an overall vision for the site and would identify future work need so Council can allocate funds and attract grants.

It would be the basis for upgrades to the lookouts with views north across the Peninsula and Brisbane Water, east to Bouddi National Park and south to Lion Island, Barrenjoey lighthouse and Pittwater.

At present, the lookout over Pearl Beach is open to the public.

However, the main lookout on the eastern side of the reserve which overlooks Umina is closed because it is unsafe.

Two viewing platforms would



remain on the headland and it is proposed to refurbish the viewing platform facing Pearl Beach and build a new viewing platform with views to Umina Beach.

Along the path there also would be opportunities for coastline views and well known landmarks.

The pathway would remain mostly in its present location, accommodating a new viewing platform facing Umina Beach.

An environmental and geotechnical assessment of the design would determine the best location.

Design of the path will consider disability access but because of the topography it was unlikely wheelchair access would be achieved across the whole reserve.

Safety improvements would include widening of the carpark entry and providing more signposting and more parking spaces.

Council staff were considering options to deter illegal rubbish dumping as well as anti-social behaviour, which might include closing the reserve at night.

Toilets were not currently

included in the masterplan with the nearest being at the southern end of Umina Beach.

An environmental assessment was completed in December 2019 and investigated the vegetation in the vicinity of the existing walkway, viewing platforms and around the driveway entry and carpark.

The assessment can be viewed at Council's offices.

Beveridge Williams, a land development and infrastructure design consultant, has been engaged to develop the masterplan and associated community

consultation to ensure the designs for the reserve reflect what the community wanted to see.

Mr Cox said it was important for residents to become involved in these preliminary discussions.

"We're inviting the community to participate to create a baseline for the community's preferences and expectations for the development of the Mt Ettalong Reserve Masterplan," he said.

"By holding community engagement sessions and inviting people to be part of the discussion from the beginning, we are ensuring that any plans for the area take into consideration the wishes of the community who will ultimately be the users of the space."

Residents can have their say by completing an online survey and registering their interest in attending a community workshop at [yourvoiceourcoast.com](http://yourvoiceourcoast.com)

The community workshop to present the results and outline the future direction of the project will be held at Umina Surf Life Saving Club on Thursday, April 2, from 5pm to 7pm.

All responses to the online survey must be received by Monday, March 16.

**SOURCE**  
Media release, 25 Feb 2020  
Scott Cox, Central Coast Council



**Liesl Tesch MP**  
Member for Gosford

## How can I help?



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\$5,400 "Top Blokes" Mentoring Program  
Year 6 Schools Program  
\$50,000 Seed Funding for Umina Skate Park Precinct Redevelopment  
\$50,000 Domestic Violence Assistance  
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\$25,000 Tertiary Education Scholarships  
Local year 12 Graduates Attending University  
\$25,000 PCYC Umina Beach  
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## News

## Council supports Coastal Twist festival with \$50,000

Central Coast Council has granted \$50,000 for a second Coastal Twist festival to be held on the Peninsula over the October long weekend.

Festival organiser Mr Juan Iocco said the inaugural three-day festival exceeded expectations with about three times the number of people attending he had hoped for.

Events at the inaugural festival which included cabaret, drag, film and live music, were all sold out, he said.

"Not only did Coastal Twist entertain with adventurous, unorthodox productions and pioneering artists, scholars, and game-changers but we offered audiences of every age, ability and gender, sexuality uncommon offerings that can, and often do,

reshape and expand world views," he said.

Mr Iocco said Coastal Twist was successful not just for having a festival but also successful for putting the Peninsula on the map.

"It shows the best side of the Central Coast – who we are as a people."

Council voted last Monday night to grant \$50,000 to Naughty Noodle Fun House to conduct Coastal Twist.

The grant was part of the 2019-20 Grants and Sponsorship Program which aims to support the community to deliver programs, projects or events that build connections and celebrate the local community.

SOURCE

Interview (Sue Murray), 24 Feb 2020

Juan Iocco, Naughty

Noodle Fun House.

Central Coast Council agenda 2.8, 24 Feb 2020

## All future council meetings to be held in Wyong

Central Coast Council has decided to hold all future meetings at the Wyong chambers for security reasons.

A staff report on the issue was discussed behind closed doors at the Council's February 24 meeting.

The decision was made to hold meetings at Wyong and to only hold councillor briefings at the Gosford offices.

Council will also introduce more stringent measures in managing the public gallery if safety concerns continue.

The council has held most of its meetings at Wyong chambers after more people turned up than could comfortably be accommodated to hear debate about dredging the Ettalong channel in the Gosford chambers in 2018.

At that meeting, Cr Chris Holstein said he wasn't sure how residents would accept all meetings being held at Wyong which would disadvantage those in the south.

He was not at the meeting on Monday night.

An upgrade to the security arrangements at Gosford chambers was undertaken after councillors felt unsafe at the 2018 meeting and it was late 2019 before meetings were again held at both Wyong and Gosford.

The issue flared after Councillors Greg Best and Bruce McLachlan put forward a Notice of Motion for the Council's February 12 meeting to

get immediate funding for designs for a breakwall at The Entrance Channel.

Residents from The Entrance attended the meeting at Gosford and were vocal in their condemnation of the lack of action on a solution to lake issues.

Councillors were heckled when they spoke and the gallery clapped loudly those they supported and groaned at or jeered the others.

Speakers on other topics at the public forum were heckled and interrupted.

New measures to handle public attendance saw about 20 people queue for the February 24 council meeting before the doors opened at 4pm for a 5pm public forum.

Council staff had said they would not open the overflow room but changed their mind and about 35 people used that room after the main chambers, which seats about 90, was close to full.

Social media posts had called on the public to turn up in droves to show their outrage at Council.

The Council resolved to ask Minister of Local Government Ms Shelley Hancock to look at the model code of conduct in relation to adverse social media use.

She will also be asked to look at the deliberate distribution of misinformation by councillors both inside and outside the chamber.

SOURCE

Central Coast Council meeting, 24 Feb 2020

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# W.A.R IS KILLING OUR CENTRAL COAST ECONOMY

Did you know that an outdated law called the W.A.R. Act (Warnervale Airport Restriction Act)

**is limiting our jobs, business and economic growth?**

NSW State legislation only allows enough capacity for the Aero Club's training aircraft to land at Warnervale Airport, preventing other aircraft from visiting the region. This community asset has the potential to significantly boost our local economy, however our State Government and Council must allow it to be utilised productively.

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### 1. Local Jobs Creation through Industry & Investment

137 aviation businesses have already expressed interest in moving their factories and facilities to a Warnervale General Aviation Hub, employing locals in high-paying skilled jobs. 17 businesses have committed.

### 2. Cutting our Unemployment Rate

7000 new jobs have been estimated for the region, serviced through aviation and other businesses e.g. apprenticeships, hospitality and skilled jobs.

### 3. Boosting Tourism - More Money into the Region

Our local retail and hospitality industries will receive more income, through additional visitors to the area. Local residents will benefit too through additional income, from job creation in these industries.

### 4. Keeping our Community and Families Together

With more jobs opportunities, locals can live and work on the Coast, instead of Sydney or Newcastle.

### 5. Having Access to Emergency Services Aircraft

Important community services and groups that utilise the airport include fire fighting aircraft, the bushfire brigade, Aero Club pilot training, Air Force Cadets and many charities.

**...and more!**

The W.A.R. Act is currently under review until **Friday 28th February** - it's time to act fast!

With **NO LARGE AIRLINE JETS ALLOWED** and **NO NEGATIVE IMPACT** to the community, help us tell the State Government to...



*The potential of an expanded Warnervale airport is staggering when it comes to employing people and bringing wealth to the area.*

- Dick Smith, Australian Entrepreneur

# REPEAL THE ACT & STOP THE W.A.R

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## Chair of Local Planning Panel announced

**A woman who has served for the last 17 months on a panel as a Code of Conduct reviewer for Central Coast Council has been appointed chair of the Central Coast Local Planning Panel.**

She is Ms Donna Rygate who spent four years until July 2018 as chief executive of the state's local government association, Local Government NSW.

She gained a Master of Land Use Planning in 1994 and served as the NSW Department of Planning and Infrastructure's executive director of corporate governance and policy for three years until June 2012.

Parliamentary Secretary for Central Coast Mr Adam Crouch announced the formation of the planning panel on February 19.

Mr Crouch said putting decision-making in the hands of the experts would allow councillors to focus their time and energy on the core business of local government.

The council will no longer be able to decide any planning matter with a value of more than \$5 million.

"The Panel will bring greater accountability and transparency

to our region's planning system by making decisions on sensitive, complex and high-value development applications," Mr Crouch said.

"Ms Rygate's expertise in governance and planning, particularly her track record as chief executive of Local Government NSW, makes her the ideal person for the job.

"She also understands the needs of local communities and she is committed to integrity and proper process.

"Her appointment will ensure the panel performs its work with accountability and transparency."

The two alternate chairs will be Mr Jason Perica and Ms Kara Krason.

Mr Crouch said Mr Perica and Ms Krason were town planning experts with a thorough understanding of local issues, having served on the Joint Regional Planning Panel and having decades of experience in the private and public sectors.

Central Coast Council will now choose the remaining panel members from a pool of 200 experts with a background in planning, architecture, heritage, the environment, urban design, economics, traffic and transport,

law, engineering, tourism or government and public administration.

Gosford West ward representative Cr Troy Marquart said the independent decision-making panel "is not only a good idea but is imperative for responsible growth over the next decade".

"Ms Rygate will provide the knowledge, know-how and prudent planning thought that the growing region demands," Cr Marquart said.

"The implementation of this expert planning panel will allow Councillors more time to concentrate on issues that pertain directly to local government."

Fellow ward representatives, Crs Chris Holstein and Richard Mehrtens were also invited to comment about the implications of the planning panel for the Peninsula. However, Cr Holstein was on leave and Cr Mehrtens did not respond.

**SOURCE:**

Media release, 19 Feb 2020  
Adam Crouch, Parliamentary Secretary Central Coast.  
Media statement, 25 Feb 2020  
Troy Marquart, Central Coast Council.



Cr Troy Marquart

## Two road projects approved

**Two new road safety projects are being rolled out on the Peninsula as part of the NSW Government's Safer Roads Program.**

Shoulder widening, a raised median strip and marked cycle lanes will be installed along Mt Ettalong Rd, Umina Beach, to a

cost of \$50,000.

About \$110,00 will be spent on Blackwall Rd, Woy Woy, to install a raised pedestrian threshold and crossing as well as electronic signage.

**SOURCE:**

Media release, 24 Feb 2020  
Adam Crouch, Parliamentary Secretary for Central Coast

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# TAKING ACTION ON CLIMATE CHANGE



## Lower emissions

### Australia's emissions are falling<sup>1</sup>

- Emissions are more than 12% lower than in 2005.
- Australia's emissions are lower than in 2013, when the Coalition came into Government.
- Emissions per capita are at their lowest level in 29 years, reduced by 41% since 1990.<sup>2</sup>

### Australia is lowering emissions

- Australia's 2030 target is for a 26 – 28% reduction (on 2005 levels).
- On a per capita basis, that's a reduction of 50 – 52%. This is more than the European Union, Germany, Canada, New Zealand or Japan have committed to over the same period.<sup>3</sup>

## Investing in renewables



### Australia is a world leader

- In 2019, Australia's investment (per capita) in renewable energy was greater than the USA, Japan and the UK, and more than triple the (per capita) investment of Germany, China, France and Denmark.<sup>4</sup>
- Australia has the world's highest (per capita) uptake of rooftop solar.<sup>5</sup> Nearly one in four Australian homes have solar on their roof.

### Snowy 2.0 and Battery of the Nation

- The Morrison Government is investing \$1.4 billion in the largest pumped hydro projects in the southern hemisphere – Snowy 2.0 and Tasmania's Battery of the Nation and an interconnector.
- These will generate enough storage to power around one million homes.



## Investing in technology

### Climate Solutions Fund

- The \$2 billion Climate Solutions Fund supports practical projects, like capturing methane from landfill and storing carbon in forests and soils.

### New Technology

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### Sources

<sup>1</sup> Department of Industry, Science, Energy and Resources, Quarterly update of Australia's National Greenhouse Gas Inventory: June 2019

<sup>2</sup> Department of Industry, Science, Energy and Resources, Australia's 2030 climate change target

<sup>3</sup> As above.

<sup>4</sup> Bloomberg New Energy Finance, Renewable Energy Investment Data

<sup>5</sup> Australian PV Institute





## Springwood St seniors housing project to start this year

Expansion of seniors accommodation on a site in Springwood St, Umina, is expected to start this year following Council approval in December.

Central Coast Council approved an application from Peninsula Village to convert the aged care site into a manufactured home park for seniors, by adding 16 manufactured homes to the existing 12 cottages on the site.

The project was a demonstration of Peninsula Village's "commitment to ensuring that senior citizens ... have access to affordable living options", according to chief executive Mr Shane Neaves.

"This project is another example of Peninsula Village delivering on its objective to provide value within the local community and be an inclusive community for all no matter their background, preference or circumstance," he said.

"Peninsula Villages is committed to ensuring we can meet the demands of our ageing community now and well into the future.

"We want to offer a range of care options for seniors that are all managed and operated by a not-for-profit organisation dedicated to our local community and the needs of residents."



However, Mr Neaves also described Peninsula Village as "a profit-for-purpose organisation".

"We are constantly channelling portions of our profit towards projects we believe have social, environmental and community benefits," he said.

"We have found that affordable housing for seniors is a real issue on the Central Coast, so we decided to fund this project entirely on our own without any local, state or national Government assistance.

"This development allows us to continue supporting the current residents while offering the opportunity to provide that support to others who are in need of support in the future," Mr Neaves said.

"The additional homes have been specifically designed to meet construction standards for seniors and they have been manufactured

locally and off-site in order to minimise the impact and disruption to existing residents living on the site.

"On-site parking and level access are key features of the approved development, with the plans aimed to accommodate the elderly who are looking to downsize or reside in a more affordable dwelling.

"We have ensured in the process of developing this project that independent living takes a high priority," Mr Neaves said.

"We understand there is a large portion of the population who still wish to live in a self-contained home but are less ambulant than they have been in the past and may not be in a position to buy into traditional independent living units," Mr Neaves said.

**SOURCE:**  
Media release, 25 Feb 2020  
Shane Neaves, Peninsula Villages

## Local author's story included among 100

A story by Ms Sheila Drakeley of Umina has been included in Volume 5 of Seniors' Stories.

"I was really delighted and quite surprised when they contacted me to tell me my story had been accepted," she said.

NSW Seniors Card introduced the Seniors' Stories writing competition in 2013 as a way of recognising and valuing the experiences of NSW seniors and building connections between the young and the old.

This latest collection of 100 stories is the fifth volume of Seniors' Stories and this year's theme was Love Your Life.

Mrs Drakeley's contribution was titled The Window of Time.

"The theme was about life so I went back over my life and wrote about looking through a window at glimpses of my life from childhood to now," she said.

"It's a lovely book.

"The stories in there are very good, and I think the libraries have copies to read."

Mrs Drakeley has been in Woy

Woy Writers Group since 1992 and has been writing since she was a child.

"It's just something I love to do and I like to share it with other people at writers' group when we get together every week on a Tuesday and read our stories.

"We meet in the hall behind St Luke's Church during the day on Tuesdays.

"The Fellowship of Australian Writers' Gosford branch closed, unfortunately, but a few of us still meet once a month to talk over what we're doing.

"I've just finished my memoirs which took me nearly three years and I've been doing that in between writing short stories.

"I'm working now on a 5000-word story for a competition which I first entered a couple of years ago and made a shortlist of nine, so I thought I'd have another go at that," Mrs Drakeley said.

**SOURCE**  
Interview (Sue Murray), 12 Feb 2020  
Sheila Drakeley, Umina  
Media release, 31 Jan 2020  
Adam Crouch, Parliamentary Secretary for Central Coast



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### Mount Ettalong Reserve Masterplan

Central Coast Council is in the process of developing a masterplan for Mount Ettalong.

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Have your say in our online survey at [yourvoiceourcoast.com](https://yourvoiceourcoast.com) by **16 March**. Or you can register your attendance at the community information session at **Umina Surf Life Saving Club** on **Thursday 2 April** from 5-7pm, where we present the results of the survey at the community information session.

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## Golden retriever starts fortnightly visits

A golden retriever named Lucy has visited residents of a Umina aged care home as the start of a program of fortnightly visits.

The visits have been organised by the Paws Pet Therapy charity for residents of Don Leggett House at Peninsula Village.

Paws Pet Therapy trains volunteers and their dogs to provide specialised pet therapy to people with special needs.

Village chief executive Mr Shane Neaves said Lucy was a welcome visitor.

"Relationships with pets can be particularly rewarding for older individuals with outcomes including alleviated symptoms of depression, decreased blood pressure, better communication and improved reminiscence."

**SOURCE:**

Social media, 10 Feb 2020  
Shane Neaves, Peninsula Villages



## Rotary club hosts 20 exchange students for weekend

The Rotary Club of Umina Beach held its Rotary District Youth Exchange Weekend from February 22 to 23.

The Rotarians welcomed 20 students on exchange from various countries to the Peninsula for two days of activities.

Their visit started with a ferry ride on the Brisbane Water, before they were treated to an Australian

wildlife experience with frogs, snakes, lizards and other natives not found anywhere else in the world.

The next day the group were welcomed to Umina Beach by the local surf club for a day of watersports and surf rescue training, including a surfing lesson and a ride on one of the club's inflatable rescue boats.

Club publicity officer Mr Simon Darwin said it was a highlight for many of the students, who came from countries with limited or no beach access.

The weekend ended with a dinner dance.

**SOURCE:**

Newsletter, 26 Feb 2020  
Simon Darwin, Rotary Club of Umina Beach

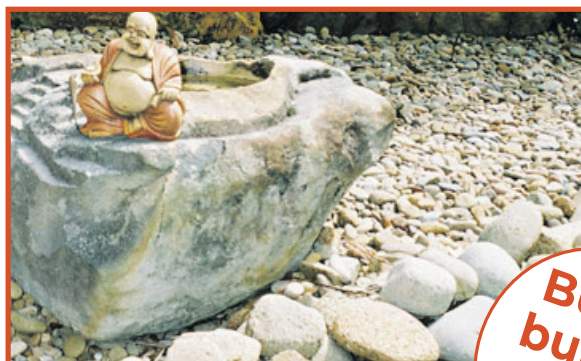


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## CWA branch receives donation for sock campaign

The Woy Woy branch of the Country Women's Association has received a \$600 donation from the Inner Wheel Club of Terrigal to put towards their Sock It To Me campaign.

The branch is one of four groups that came together earlier this year to launch the fundraiser which is aiming to raise \$20,000 to buy every volunteer firefighter on the Central Coast a pair of fire resistant socks.

Branch president Ms Jane Bowtell said the donation would go a long way to helping the groups'

involved reach their goal.

"Thank you to the Inner Wheel Club of Terrigal for their amazing donation to Sock It To Me," said Ms Bowtell.

"We've already purchased 225 pairs of socks and are just over a quarter of the way to our goal," she said.

Ms Bowtell said volunteer firefighters were not supplied with fire resistant socks as part of their uniforms and that they often had to purchase them from specialist retailers at their own expense.

**SOURCE:**  
Social media, 22 Feb 2020  
Jane Bowtell, Woy Woy CWA



## Evening patchwork class is held in Ettalong



**The Ettalong Beach Arts and Craft Centre is offering an evening patchwork class.**

Centre Committee president Mr Peter Mullholland said the new class started on February 4 after the success of the centre's morning class last year.

The new class runs from 6:30pm to 8:30pm on Tuesdays for those who could not attend the regular morning session.

The new class is being taught by Ms Carol Leitch who said students of all skill levels were welcome to attend.

"High level skills are not a

prerequisite for success," she said.

"Students only need to be able to thread a needle, use scissors and have an interest in learning the skills of patchwork and quilting."

Ms Leitch said students could explore traditional and modern patchwork techniques, including piecing and applique using hand or machine sewing in a friendly, non-judgemental environment.

Anyone interested should contact the centre for more information.

**SOURCE:**  
Social media, 28 Jan 2020  
Peter Mullholland, EBACC



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# Adam **CROUCH** MP

## Member for Terrigal

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## Company grows from Ettalong lounge room

A company started in 2007 by Mel and Jason Stenning in their Ettalong lounge room has grown to employ 27 people and has now appointed a Umina man as their general manager.

Jon Fleming of Umina has been appointed general manager of the Industree Group, designers and manufacturers of personal protection equipment.

Since 2007, the company has grown and the Stennings now have two buildings and two warehouses

in West Gosford, eight company-owned factories overseas.

The company and all products are Carbon Zero Certified and one of the first in Australia to be so certified, according to managing director Mr Stenning.

"Jon's appointment continues the company's focus on employing high quality locals for the business and adds significant business experience and expertise in growing and improving our business," Mr Stenning said.

SOURCE:

Media release, 14 Feb 2020  
Jason Stenning, Industree Group



Jon Fleming and Jason Stenning



June Ross handing the cheque to Lesley Newton

## Village residents raise \$1050 for bushfire appeal

Residents at a Woy Woy retirement village have raised \$1050 for the Salvation Army Bushfire Appeal.

Village resident Ms Thea Brayshaw said Deepwater Court was the "small village with a big heart," with residents raising the funds through their Australia Day barbecue.

"Being such a small village of 42 villas, it was surprising to all that the sum of \$1050 dollars was raised," Ms Brayshaw said.

"An invitation was sent to Umina's Salvation Army Captain Lesley Newton to attend our monthly dinner on February 19.

"One of our residents, Ms June Ross, was celebrating her 90th

birthday on that day, so we gave her the honour of presenting the cheque to Lesley on behalf of the residents.

"The residents of Deepwater Court are proud to have contributed to such a worthy cause," Ms Brayshaw said.

SOURCE:

Email, 20 Feb 2020

Thea Brayshaw, Deepwater Court

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A large tree down in the car park at Peninsula Theatre and Woy Woy community centre

# Union claims power delays due to job cuts

The Electrical Trades Union has claimed that length delays in the restoration of power following the recent storms were the direct result of massive job cuts in the energy sector.

Ausgrid announced through its website on February 20 that power had been restored on the

Peninsula following the storm on February 8 and 9.

Union secretary Mr Justin Page said there had been 5000 job losses since 2015 at electrical distributors Ausgrid, Endeavour Energy and Essential Energy.

“Our members have been working around the clock during and since the storms, desperately trying to restore power to homes and businesses but the fact is that with 5000 fewer workers there simply isn’t as many highly skilled people available to do the work,” Mr Page said.

“Despite the network growing in size and the risks posed by extreme weather and climate change increasing, staffing levels in the NSW electricity network have never been as low as they currently are.

“Power workers have been doing emergency restoration works for months straight, including throughout the recent bushfire crisis, repairing unprecedented amounts of damage to vital electricity infrastructure.

“While the bushfires may have been unprecedented, scientists have long warned that climate change would cause more frequent and extreme weather events, yet rather than increase resources to make our power network more resilient, we continue to see the loss of specialist distribution workers.”

**SOURCE:**  
Media release, 11 Feb 2020  
Justin Page, Electrical Trades Union

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# Rotary club provides shirts for Ugandan school teachers

**Teachers at Uganda's Divine Mercy Primary School have new shirts after a donation was made to the Rotary Club of Brisbane Water.**

When the club received a donation of brand new shirts from Ettalong Diggers, club members knew exactly where they wanted them to go.

Divine Mercy is a Rotary Australia World Community Service project that Rotarians from the Brisbane Water Club have been part of for several years.

"Ettalong Diggers generously donated some of their superseded

staff shirts which we were able to deliver to staff at Divine Mercy before the start of the school year," said club project manager Ms Sue O'Neill.

"We gave out the shirts for the teachers to wear for the first day of school.

"The teachers were thrilled with the shirts and loved the little logos.

"We explained that it is a beachy logo reflective of the Ettalong area and the teachers reported that they felt very smart in their new shirts."

**SOURCE:**

**Newsletter, 20 Feb 2020**

**Sue O'Neill, Rotary Club of Brisbane Water**



# Praise for settling in quickly

**Students at Woy Woy Public School have been praised by joint principals Ms Ona Buckley and Mr Dan Betts for settling into the new school year quickly.**

"Over the last few weeks our students have been settling into their new classes, new routines and new teachers for 2020," the principals wrote in a jointly-signed article in the school newsletter.

"It is fantastic to see how positive our school is and how engaged and happy our students are.

"Our new little pre-schoolers have adjusted to their new environment and are happily engrossed in the interest play based world of our preschool.

"They love to play, explore, design, make, experience, interact and discuss what they are doing with each other and their educators.

"Our Kindergarten students are loving big school and are already doing their Language, Learning and Literacy lessons on their way to starting to read.

"It is most definitely a fun way to learn to read.

"Teachers on Kindergarten and Stage 1 classes are excited to be starting down the road to introducing more play-based learning into the school day for our students.

"Plans for purchasing more

equipment, furniture and learning activities are well on the way.

"Professional learning is being scheduled for teachers to visit other schools trialling this new approach and to have experts come in and work with them.

"Over the next two weeks, you will have had the chance to attend information sessions on what is happening for your child in 2020.

"We are very excited about all the innovative changes we have implemented across our school for 2020.

"Feedback so far from parents, students and teachers has been extremely positive.

"Our new four break times spread across the school learning day are working well.

"Over the last few years we were registering a lot of playground incidents during the longer lunch break.

"In the first two weeks of Term 1 in 2019 a total of 79 playground incidents were recorded.

"In the same period this year, only one very minor incident occurred and that makes for happy students, teachers and parents.

"We have also noticed students are more engaged during lesson sessions.

"All very welcome, positive outcomes."

**SOURCE:**

**Newsletter, 21 Feb 2020**

**Ona Buckley and Dan Betts, Woy Woy Public School**



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# NEWSPAPERS

## Central Coast

### Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published in the most recent edition of

each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website and on [www.centralcoastnews.net](http://www.centralcoastnews.net) Copies of these other publications

may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.



## COAST NEWS

COMMUNITY

28 FEBRUARY 2020

YOUR REAL INDEPENDENT WEEKLY LOCAL NEWS

ISSUE 231

#### "Beerhall politics"

State Member for The Entrance, David Mehan, was ordered to leave the NSW Parliament Chamber on Tuesday, February 25, because of his use of foul language during a debate between he and Parliamentary Secretary for the Central

#### Mayor derides dismissal motion as "hateful campaign"

Central Coast Mayor, Lisa Matthews, has described an unsuccessful motion at the Council meeting on February 24 to force her to resign, as prompted by a "hateful campaign" fuelled by politically motivated social media groups.

#### Massive weed infestation in privately owned portion puts entire wetland at risk

One of the Coast's iconic wetlands is in peril and could put other waterways at risk, Springfield residents maintain.

#### 17 community workshops in relation to Climate Change Policy

A series of community workshops is to be held throughout 2020 in relation to Central Coast Council's Climate Change Policy, which was adopted late in 2019.

#### Kariong Fire Station revamped

The newly revamped Kariong Fire Station will be officially opened in early April following a \$2.75M facelift.

#### Million dollar road safety boost

A dozen new road safety projects are set to be rolled out through the State Government's Safer Roads Program.

#### Major upgrade of Del Monte PI, Copacabana, planned

Residents are invited to have their say on a major upgrade of Del Monte PI, Copacabana, that is being planned by Central Coast Council.

#### SES workers have finally cleared the backlog of calls

Central Coast SES workers have finally cleared the backlog of calls resulting from the Coast's major storm event on February 7-9 and another snap storm on February 18.

#### New security arrangements for council meetings

Central Coast Council is cracking down on security, with all future meetings to be held at the Wyong chambers.

The full articles and more can be seen on line on our website [www.centralcoastnews.net](http://www.centralcoastnews.net) Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to [www.coastcommunitynews.com.au](http://www.coastcommunitynews.com.au).



## WYONG REGIONAL CHRONICLE

19 FEBRUARY 2020

YOUR REAL INDEPENDENT LOCAL NEWS

ISSUE 183

#### Collapse in community confidence results in calls for mayor's resignation - Notice of Motion

Central Coast Mayor, Lisa Matthews, is weathering a storm of her own with calls for her to resign.

#### The management of the channel must change - Mehan

The Entrance MP, David Mehan, has accused Central Coast Council of mismanagement of The Entrance Channel and directly contributing to the current flooding around Tuggerah lakes.

#### Mayor defends accusations of Council inaction

The State Government will provide \$600,000 for dredging of The Entrance Channel.

#### NSW Premier invited to visit the Central Coast to see the devastation

NSW Premier, Gladys Berejiklian, will be invited to visit the coast to see for herself the devastation that the rain has caused.

#### Heated debate over what to do about The Entrance Channel

Following a rigorous tender process, Central Coast Council has awarded the contract for construction of the Mardi Wallarah Pipeline to joint venture partners, Spiecapag and Seymour Whyte.

#### Industrial development proposal is an "environmental disaster waiting to happen" - CEA

Coast Environmental Alliance (CEA) says an industrial development proposal at Mardi Wallarah is an "environmental disaster waiting to happen".

#### Storm has a wide ranging effect

A state of natural disaster on the Central Coast was declared on February 12, after a week of rain and wind caused widespread flooding across the Coast.

#### Emergency relief and financial counselling funding cuts affect those most in need

Neighbourhood Centres at Wyong and San Remo are feeling the squeeze since the Federal Government cut funding by \$9M a year from emergency relief and financial counselling.

#### What about the forgotten north? - Hogan

Budgewoi Ward Councillor, Jillian Hogan, is appalled at the response from the State Government to the recent bush fires and now the floods.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website [www.centralcoastnews.net](http://www.centralcoastnews.net)

## Forum

### Council has always been opposed to Wallarah 2

I write in response to Cr Troy Marquart's comments on the Wallarah 2 Coal Mine, published in edition 488, calling the Council's opposition to the coal mine "environment crap".

The Wallarah 2 project has been on the Council's agenda for over a decade.

While I was on Wyong Council, we debated, had briefings, received reports and got community feedback regarding this project.

From the start, Council has always been opposed to this project. The community doesn't want it either.

The major issues which were of concern was the real threat that the mine would endanger our water supply, the coal dust at the mine head, mine subsidence and the number of workers that could be possibility employed through the 457 Visa scheme, (workers from overseas) not our own locals.

During briefings to the Estuary Management Committee, a question was asked about mining under the Wyong River to which the company representative stated, to the best of my recollection, that the mine would stop 500m from the river.

When questioned about the zone of influence in relation to mine subsidence, stopping the cut 500m short of the river's edge gave no

## Forum

### LETTERS TO THE EDITOR

should be sent to:

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See Page 2 for contribution conditions

guarantees that if this section was to subsidise it would not affect the riverbed.

This means that if the river bed was to subsidise, it could potentially severely effect the Central Coast's main water source.

This was just one of the reasons Council never favored the mine. There was never any guarantees from the mines parent company Kores (Korean-based) that if the riverbed was to subsidise and effect our water that they would fix the problem.

Also, there were never any offers of royalties to be paid to the Council for taking this resource from under us and shipping it off to Korea.

There are other issues and concerns about this mine.

Email, 20 Feb 2020  
Carl Veugen, Umina

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# Pacific Link proposal reduces social housing

**Luke Chell (Forum, edition 487) expresses commendable sentiments.**

There is a real need for social housing.

However, exactly what is provider Pacific Link proposing for its site near the busy industrial area, locale of the Ocean Beach Rd-Rawson Rd roundabout?

The address of the site is 1 Waratah Ave, Woy Woy, but its long side is in Ocean Beach Rd and the development it proposes would face into Ocean Beach Rd with all resident traffic entering and exiting from there.

A three-story structure with 12 one- and two-bedroom units is proposed.

This large, high building would

cover the long, narrow land almost completely, with all resident parking underneath it at ground level and all washing and drying indoors.

Currently, Pacific Link's proposed site is occupied by two neat brick cottages each with a back and front yard and single brick garage and each built to accommodate a typical family of two adults and two children, a total of eight people being comfortably housed.

These cottages are owned by Pacific Link and are social housing.

Pacific Link's new proposal is very different from the current two neat brick cottages.

Occupancy planned averages 1.5 persons per unit for each of 12

## Forum

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units, totaling 18 occupants in all.

Only three of the units are to be for social housing.

The other nine are to be for private sale.

Pacific Link has told me each of the three social housing units would be occupied by one person only, total of three persons accommodated in social housing as compared with the current two neat brick cottages providing for eight.

Thus, what is planned would result in a net decrease in social housing of five persons.

Meanwhile, the rear (western) wall of Pacific Link's proposed three-storey structure would present the residents of the pleasant four-villa complex behind it at 3 Waratah Avenue with a high, blank concrete wall, blocking summer breezes, reflecting massive summer heat onto them and overshadowing.

Paradoxically, these four villas are all social housing properties being provided by Housing NSW.

Thus, the proposed Pacific Link development will not only reduce their own social housing from eight persons to five but will also destroy the amenity enjoyed by the social housing residents next door to it.

The Peninsula has a long history of embracing social housing and NSW housing residents are found in Railway St, Farnell Rd, and Camellia Circle, Woy Woy, as well as the large development for the most seriously disadvantaged, just

to the east of Woy Woy's Blackwall Rd shopping area.

The Peninsula has become expansive, over-developed and over-trafficked to the point of discomfort.

Cheaper, less restricted land is available further to the north and to the west.

Presumably that is where Pacific Link is proposing to invest the millions of profits it is seeking to reap at 1 Waratah Ave.

Unfortunately, the site is very unsuitable for the development Pacific Link proposes, much too large for the long, narrow land it has, destroys the amenity at 3 Waratah Ave and creates a major traffic hazard with its residents' cars having to enter and exit via Ocean Beach Rd.

And don't mention the weekly prospect of pedestrians having to negotiate 24 large garbage bins clogging the footpath on their way to the bus stop.

Letter, 11 Feb 2020  
Eunice Warden, Woy Woy

## Rubbish spoils thoroughfare to beach

**I also agree with recent Forum letters pertaining to areas of the Central Coast becoming garbage dumps.**

I refer to another area between West St and Ocean Beach Surf Club which is a disgrace.

This area is a main thoroughfare for both residents and visitors to access the Surf Club and the beach.

Food and food wrappers from nearby shops, cigarette butts, dog excreta, collected rubbish thrown in gutters from parked cars, intact and broken beer bottles and glasses, vomit and a dead water rat, are just some of the items I have had to dispose of or clean up from the front of my property.

In addition, there are seeded weeds a metre high growing in the nature strips and a plethora of other weeds growing among

## Forum

the native gazanias which some residents try, against the odds, to preserve and maintain as they hold the sandy soil together.

The street gutters are blocked by weeds and sand.

It would appear that residents who pay rates are also expected to attend to Council's cleaning, weeding, safety and health issues.

Trees planted by Umina Community Group are frequently attacked by hoodlums as are the supporting tree stakes.

Rev heads burn up the road on bikes or in souped-up cars.

I have seen two cars racing side by side on the wrong side of the road from the beach to West St.

My family has lived here for 55 years.

The area used to be pristine until development and Council's greed took over.

Email, 23 Feb 2020  
Helen Cahill, Umina Beach

**Many moons ago, someone, much cleverer than I, told me that to repeat an action and expect a different result was a sign of silliness.**

I have only just realised I am guilty of that very thing.

Every few months I write to the Peninsula News complaining about the method of repairing potholes used by Central Coast Council and expect that something will be done.

Silly boy.

In my latest Council Bulletin, which arrived with my water rates notice, is an article telling me what they are doing to fix potholes, both great and small.

The answer: the same thing that didn't fix it last time.

## Forum

Or the time before that, or the time before that, ad infinitum.

Late last year I travelled to Junee, on to Hillston, and returned via Bathurst.

Not the entire state but a pretty representative cross-section.

I studied the roads as I went and can safely say we have the worst roads in NSW bar none.

Council's bulletin poses the question 'Why do potholes form?' and posits that the main cause is water getting through the road surface.

The reason water lays there waiting to be pushed through the surface is because the road, when built, has no proper camber.

That is, the road should slope toward the gutter, so the rain runs off.

If the road had been built properly in the first place most of our potholes wouldn't have formed at all.

Unfortunately, it is too late to rebuild all the roads on the Peninsula, but surely they can do better than the bloke observed a fortnight ago stamping down cold mix with his foot at the intersection of Victoria St and Ocean Beach Rd.

Could the Council at least test-drive one pothole-filling truck for a couple of weeks?

Go to Google and you will find this wonderful machine completing a seamless repair in minutes.

Email, 13 Feb 2020  
Laurie Powell, Woy Woy



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|                | ABC (C20/21)   | PRIME (C61/60)  | NINE (C81/80)   | TEN (C13)  | SBS (C30)   |
|----------------|--|---|---|--|---|
| Monday 2 March | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 The Cook And The Chef [s]<br>10:30 Back Roads (PG) [s]<br>11:00 Griff's Great Australian Rail Trip [s]<br>12:00 ABC News At Noon [s]<br>1:00 Landline [s]<br>2:00 Parliament Question Time [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br>6:00 The Drum [s]<br>7:00 ABC News [s]<br>7:30 7.30 [s]<br>8:00 Australian Story [s]<br>8:30 Four Corners [s]<br>9:15 Media Watch (PG) [s]<br>9:35 Q&A [s]<br>10:40 ABC Late News [s]<br>11:10 Louis Theroux - America's Most Dangerous Pets (M I) [s]<br>12:10 rage (MA15+) [s]<br>3:30 Compass (PG) [s]                          | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "The Stepchild" (M v,s) ('16) – Ashley suspects her father's partner was behind a brutal home invasion. Stars: Sarah Fisher, Lauren Holly<br>2:00 The Daily Edition [s]<br>3:00 The Chase UK (PG) [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Home And Away (PG) [s]<br>7:30 My Kitchen Rules: All Rivals (PG) [s]<br>9:00 9-1-1: Rage (M) [s] – The 118 races to help protesters at a slaughter house, and a wife finds herself trapped in a "rage room" with her husband's mistress.<br>10:00 S.W.A.T.: S.O.S. (M d) [s]<br>11:00 The Latest Seven News [s]<br>11:30 Proven Innocent: Shaken (M)<br>12:30 Home Shopping             | 5:30 Today [s]<br>9:00 Today Extra [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s]<br>1:00 Mom: Crazy Snakes And A Clog To The Head (M) [s]<br>1:30 Married At First Sight (M) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 Married At First Sight (M) [s]<br>9:15 Movie: "Trainwreck" (MA15+) ('15) – Having thought that monogamy was never possible, a commitment-phobic career woman may have to face her fears when she finally meets a good guy. Stars: Colin Quinn<br>11:40 Chicago Med: Crisis Of Confidence (M) [s]<br>12:35 Harry (PG) [s]<br>1:00 A Current Affair (PG) [s]<br>1:30 Home Shopping<br>4:00 Ellen (PG) [s]                     | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Australian Survivor - All Stars (PG) [s]<br>2:10 Entertainment Tonight [s]<br>2:30 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 Australian Survivor - All Stars (PG) [s]<br>9:00 Hughesy, We Have A Problem (M) [s]<br>10:00 The Montreal Comedy Festival (M) [s]<br>11:00 WIN's All Australian News [s]<br>12:00 The Project (PG) [s]<br>1:00 The Late Show With Stephen Colbert (PG) [s]<br>2:00 Home Shopping<br>4:30 CBS - This Morning [s]                                 | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>2:00 Nazi Megastructures: Pacific Megaships (PG)<br>3:00 Great British Railway Journeys: Berwick-Upon-Tweed To Morpeth (PG)<br>3:30 Russia 1917: Countdown To Revolution (PG)<br>4:30 The Supervet: Noel Fitzpatrick (PG)<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:30 Planet Expedition: Mexico Flooded Caves (PG)<br>8:30 Trust Me, I'm A Doctor (PG)<br>9:30 Medical Mavericks - Anaesthesia (M)<br>10:30 SBS World News Late<br>11:05 Football: The World Game 2020<br>11:40 The Last Wave (MA15+) (In French)<br>12:40 Borgen (M s) (In Danish)         |
|                | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 Poh's Kitchen [s]<br>10:30 Back Roads [s]<br>11:00 Grand Designs [s]<br>12:00 ABC News At Noon [s]<br>12:55 Four Corners [s]<br>1:40 Media Watch (PG) [s]<br>2:00 Parliament Question Time [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br>6:00 The Drum [s]<br>7:00 ABC News [s]<br>7:30 7.30 [s]<br>8:00 Foreign Correspondent [s]<br>8:30 Program To Be Advised.<br>9:20 Rick Stein's Road To Mexico (PG) [s]<br>10:20 Program To Be Advised<br>10:55 ABC Late News [s]<br>11:25 Q&A [s]<br>12:35 Humans (M v) [s]<br>1:20 Grand Designs NZ (PG) [s]                       | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "Happy Face Killer" (M) ('14) Stars: Gloria Reuben<br>2:00 The Daily Edition (PG) [s]<br>3:00 The Chase UK [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Home And Away (PG) [s]<br>7:30 My Kitchen Rules: All Rivals (PG) [s]<br>9:00 The Good Doctor: Influence (M) [s] – When Shaun treats a patient who is a social influencer, he deals with unwanted attention. Meanwhile, the team treats a woman who is in abdominal distress after an at-home fecal transplant.<br>10:00 Gold Digger (M s,I) [s]<br>11:10 The Latest Seven News [s]<br>11:40 Proven Innocent: In Defense Of Madeline Scott (Part 1) (M v)<br>1:00 Home Shopping | 5:30 Today [s]<br>9:00 Today Extra [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s]<br>1:00 Mom: Spaghetti Sauce And A Dumpster Fire (M) [s]<br>1:30 Married At First Sight (M) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 Married At First Sight (M) [s] – Some couples are thriving while others are struggling as the pressure of the experiment starts to hit home.<br>9:00 Paramedics (M mp,I) [s]<br>10:00 Botched (M mp,n,I) [s]<br>11:00 Chicago Med: (M mp) [s]<br>11:50 Cold Case: Two Weddings (M)<br>12:40 Harry (PG) [s]<br>1:30 A Current Affair (PG) [s]<br>2:00 Home Shopping<br>2:30 Skippy - The Bush Kangaroo<br>3:00 Home Shopping | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Australian Survivor - All Stars (PG) [s]<br>2:40 Entertainment Tonight [s]<br>3:00 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 Australian Survivor - All Stars (PG) [s] – It's day 29 in Savusavu and the vibe is crazy amongst both tribes as merge is imminent.<br>9:00 NCIS: Mona Lisa (M v) [s]<br>10:00 NCIS: Los Angeles: Human Resources (M v) [s]<br>11:00 WIN's All Australian News [s]<br>12:00 The Project [s]<br>1:00 The Late Show (PG) [s]<br>2:00 Home Shopping | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>2:00 Billy Connolly's Big Send Off (M I)<br>2:50 Great British Railway Journeys: Bardon Mill To Wigton (PG)<br>3:25 Who Do You Think You Are?: Geoffrey Rush (PG)<br>4:25 Italy Unpacked: From The Stones To The Stars<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:30 Great Australian Railway Journey (PG)<br>8:30 Insight (M)<br>9:35 Dateline<br>10:05 The Feed<br>10:35 SBS World News Late<br>11:05 The Twelve (M I,s) (In Flemish)<br>12:00 The Good Fight (MA15+)<br>2:05 Counterpart: (M I,s,v)<br>4:05 24 Hours In Emergency (M) |
|                | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 Mary Berry's Foolproof Cooking [s]<br>10:35 Back Roads (PG) [s]<br>11:05 Grand Designs NZ [s]<br>12:00 ABC News At Noon [s]<br>12:30 National Press Club Address<br>1:30 The Breakfast Couch [s]<br>2:00 Parliament Question Time [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br>6:00 The Drum [s]<br>7:00 ABC News [s]<br>7:30 7.30 [s]<br>8:00 Hard Quiz (PG) [s]<br>8:30 Shaun Micallef's MAD AS HELL (M) [s]<br>9:00 Black Comedy (M I,s) [s]<br>9:30 Adam Hills: The Last Leg (M)<br>10:15 Planet America (PG) [s]<br>10:45 ABC Late News [s]<br>11:15 Four Corners [s] | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "The Secret Sex Life Of A Single Mom" (M s,n,I) ('14) – A divorced woman finds sexual liberation through the world of online dating. Stars: Ashley Jones, Alex Carter, Cynthia Preston, Wesley Morgan<br>2:00 The Daily Edition (PG) [s]<br>3:00 The Chase UK [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Home And Away (PG) [s]<br>7:30 My Kitchen Rules: All Rivals (PG) [s]<br>9:00 First Dates Australia (PG) [s]<br>11:20 The Latest Seven News [s]<br>11:50 Temptation Island USA: Mixed Messages (MA15+) [s] – The couples have an opportunity to communicate with their significant others.<br>12:30 Home Shopping            | 5:30 Today [s]<br>9:00 Today Extra [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s]<br>1:00 Mom: Taco Bowl And A Tubby Seamstress (M) [s]<br>1:30 Married At First Sight (M) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 Married At First Sight (M) [s]<br>9:00 Doctor Doctor (M d,s) [s] – Hugh and Tara's wild night out ends in disaster. Penny makes a shocking confession to her new husband Jarrod.<br>10:00 New Amsterdam: The Karman Line (M mp) [s]<br>11:00 Lethal Weapon: The Roger And Me (MA15+) [s]<br>11:50 Westside (MA15+) [s]<br>12:40 Harry (PG) [s]<br>1:30 A Current Affair (PG) [s]<br>2:00 Home Shopping                         | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Australian Survivor - All Stars (PG) [s]<br>2:40 Entertainment Tonight [s]<br>3:00 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 Australian Survivor - All Stars (PG) [s] – Still on a high from blindsiding another big player, some players are walking on air.<br>8:30 Bull: The Flying Carpet/ Thanksgiving (M v) [s]<br>10:30 The Project [s]<br>11:30 WIN's All Australian News [s]<br>12:30 The Late Show (PG) [s]<br>1:30 Home Shopping<br>4:30 CBS - This Morning [s]   | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>2:00 Billy Connolly's Big Send Off (M I)<br>2:50 Dateline<br>3:25 Insight (M)<br>4:25 Italy Unpacked<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:30 Tony Robinson's Hidden Britain By Drone<br>8:30 Dublin Murders (M)<br>9:35 Project Blue Book: Area 51 (M)<br>10:30 SBS World News Late<br>11:00 Homeland: Chalk One Up (MA15+)<br>12:00 Movie: "Homesick" (MA15+) (MA15+) ('15) Stars: Esther Maria Pietsch (In Norwegian)<br>1:50 Movie: "Anchor And Hope" (M) ('17) Stars: Oona Chaplin (In English/ Spanish)                       |
|                | Also see:<br>ABC COMEDY (Channel 22)<br>ABC ME (Channel 23)<br>ABC NEWS (Channel 24)   | Also see:<br>7TWO (Channel 62)<br>7MATE (Channel 63)<br>7FLIX (Channel 66)<br>7FOOD (Channel 74)  | Also see:<br>GEM (Channel 82)<br>GO! (Channel 83/88)<br>LIFE (Channel 84)   | Also see:<br>10 PEACH (Channel 11)<br>10 BOLD (Channel 12)   | Also see:<br>SBS VICELAND (Channel 31)<br>SBS MOVIES (Channel 32)<br>SBS FOOD (Channel 33)<br>SBS NITV (Channel 34)   |

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over 15 Years, [s] Subtitles  
Consumer Advice: (d) drug references, (s) sexual references or sex scenes (h) horror, (I) language, (mp) medical procedures, (n) nudity, (v) violence



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|                  | ABC (C20/21)   | PRIME (C61/60)   | NINE (C81/80)   | TEN (C13)   | SBS (C30)   |
|------------------|--|--|---|---|---|
| Thursday 5 March | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 The Cook And The Chef [s]<br>10:35 Back Roads [s]<br>11:00 Grand Designs NZ [s]<br>12:00 ABC News At Noon [s]<br>1:00 Adam Hills: The Last Leg (M)<br>2:00 Parliament Question Time [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br><br>6:00 The Drum [s]<br>6:55 Sammy J [s]<br>7:00 ABC News [s]<br>7:30 7.30 [s]<br>8:00 Doctor Who (PG) [s]<br>9:10 Would I Lie To You? (PG) [s]<br>9:40 QI: Odds And Ends (M s) [s]<br>10:10 Program To Be Advised<br>10:40 ABC Late News [s]<br>11:15 Informer (M l,d,v) [s]<br>12:15 Louis Theroux - America's Most Dangerous Pets (M l) [s]<br><br>1:15 Grand Designs NZ (PG) [s]       | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "The Trainer" (M v) ('13) Stars: Adam Killian<br>2:00 The Daily Edition (PG) [s]<br>3:00 The Chase UK [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Home And Away (PG) [s]<br>7:30 Rebel Wilson's Pooch Perfect (PG) [s]<br><br>9:00 Modern Family: The Last Christmas/ The Prescott/ Legacy (PG) [s]<br>10:30 The Latest Seven News [s]<br>11:00 Celebrity Obsessed: John Lennon (M v) [s] – This is the story of Mark David Chapman, the man who killed John Lennon, which changed the world of celebrity culture forever.<br>12:00 Scandal (M) [s]<br>1:00 Home Shopping  | 5:30 Today [s]<br>9:00 Today Extra [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s]<br>1:00 Mom: Ocular Fluid And Fighting Robots (M s) [s]<br>1:30 Married At First Sight (M) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 RBT: Fireworks/ P Plate Over (PG) [s]<br>8:30 Movie: "The Fate Of The Furious" (M v,l) ('17) Stars: Vin Diesel, Jason Statham, Dwayne Johnson, Michelle Rodriguez, Tyrese Gibson, Ludacris, Charlize Theron, Kurt Russell<br>11:10 World's Wildest Flights (M) [s]<br>12:05 Armed And Deadly: In The Line Of Fire (M v,l) [s]<br>1:00 A Current Affair (PG) [s]<br>1:30 Home Shopping<br>4:00 Ellen (PG) [s]                                       | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Program To Be Advised<br>2:00 Entertainment Tonight [s]<br>2:30 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 Ambulance Australia (PG) [s]<br>8:30 Gogglebox (M) [s] – Australia's Goggleboxers are back to sort through the best TV shows.<br>9:30 Law And Order: SVU: Murdered At A Bad Address (M)<br>10:30 Blue Bloods: Glass House (M)<br>11:30 WIN's All Australian News [s]<br>12:30 The Project (PG) [s]<br>1:30 The Late Show (PG) [s]<br>2:30 Home Shopping<br>4:30 CBS - This Morning [s]                                | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>1:55 Marie Antoinette's Secret Versailles (M n,s) (In English/ French)<br>2:55 Great British Railway Journeys: Cockermouth To Eskdale (PG)<br>3:25 Hitler And Paris: The Untold Story (PG) (In French)<br>4:30 Italy Unpacked: The Merchants Of Venice (PG)<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:30 Britain's Most Historic Towns: Regency Cheltenham (PG)<br>8:30 Secrets Of Britain: Secrets Of Scotland Yard<br>9:35 Drummer Girl (MA15+)<br>10:25 SBS World News Late<br>10:55 Deep State (MA15+)<br>11:50 Fargo (M l,s)   |
|                  | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 Poh's Kitchen [s]<br>10:30 Back Roads [s]<br>11:00 Grand Designs NZ [s]<br>12:00 ABC News At Noon [s]<br>1:00 Foreign Correspondent [s]<br>1:30 Australian Story (PG) [s]<br>2:00 Agatha Raisin (PG) [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br><br>6:00 The Drum [s]<br>7:00 ABC News [s]<br>7:30 Gardening Australia [s]<br>8:30 Endeavour: Raga (M) [s] – It is the 1970 general election, and as racial tensions escalate in the city, tragedy strikes.<br><br>10:00 Program To Be Advised<br>10:35 ABC Late News [s]<br>11:05 Shaun Micallef's MAD AS HELL (M) [s]<br>11:35 rage (MA15+) [s]                          | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "Bringing Ashley Home" (M d) ('11) – When her wild younger sister Ashley, who suffers from bipolar disorder and drug addiction, goes missing, Libba Phillips pours all her time and energy into finding Ashley. Stars: A.J. Cook, Jennifer Morrison, Patricia Richardson, Timothy Webber<br>2:00 The Daily Edition (PG) [s]<br>3:00 The Chase UK [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Better Homes And Gardens<br>8:30 Program To Be Advised<br>11:00 Program To Be Advised<br>12:30 Movie: "Project ALF" (G) ('96) Stars: Miguel Ferrer, William O'Leary, Jensen Daggett, Scott Michael Campbell<br>2:30 Home Shopping | 5:30 Today [s]<br>9:00 Today Extra (PG) [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s] –<br>1:00 Doctor Doctor (M d,s) [s]<br>2:00 New Amsterdam: The Karman Line (M mp) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 Escape To The Chateau: A Boat In The Moat (PG) [s]<br>8:30 Movie: "San Andreas" (PG) ('15) Stars: Dwayne Johnson, Carla Gugino, Ioan Gruffudd<br>10:45 Movie: "Into The Storm"(M) ('14) Stars: Richard Armitage, Sarah Wayne Callies<br>12:30 Cold Case: One Fall (M) [s]<br>1:20 Making Of Bad Boys 3 (M v,l)<br>1:30 Home Shopping<br>4:30 The Avengers: Superlative Seven (PG) [s]<br>5:30 A Current Affair (PG) [s]                                | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Jamie's Super Food Family Classics [s]<br>2:00 Entertainment Tonight [s]<br>2:30 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 The Graham Norton Show (PG) [s]<br>8:30 Hughesy, We Have A Problem (M) [s] – Hughesy, Julia Morris, Hamish Blake, Anne Edmonds, Meshel Laurie tackle the first world problems we just can't seem to solve.<br>9:30 Arj Barker: Organic (M s,l) [s]<br>11:00 WIN's All Australian News [s]<br>12:00 The Project (PG) [s]<br>1:00 The Late Show (PG) [s]   | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>2:00 The Point<br>3:00 NITV News: Nula<br>3:30 Great British Railway Journeys (PG)<br>4:05 Diana And The Paparazzi (PG)<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:35 The Crucifixion Mystery (M)<br>8:30 Brooklyn Nine-Nine: Trying (M)<br>9:00 8 Out Of 10 Cats Does Countdown (M l,s)<br>10:00 SBS World News Late<br>10:30 Movie: "Silence" (MA15+) ('16) Stars: Andrew Garfield, Adam Driver (In English/ Japanese)<br>2:25 8 Days (MA15+) (In German/ Turkish)<br>3:15 24 Hours In Emergency (M)<br>4:15 Great British Railway Journeys (PG)                           |
| Friday 6 March   | 6:00 News Breakfast [s]<br>9:00 ABC News Mornings [s]<br>10:00 Poh's Kitchen [s]<br>10:30 Back Roads [s]<br>11:00 Grand Designs NZ [s]<br>12:00 ABC News At Noon [s]<br>1:00 Foreign Correspondent [s]<br>1:30 Australian Story (PG) [s]<br>2:00 Agatha Raisin (PG) [s]<br>3:00 Escape From The City [s]<br>4:00 Think Tank (PG) [s]<br>5:00 The Repair Shop [s]<br>5:30 Julia Zemiro's Home Delivery (PG) [s]<br><br>6:00 The Drum [s]<br>7:00 ABC News [s]<br>7:30 Gardening Australia [s]<br>8:30 Endeavour: Raga (M) [s] – It is the 1970 general election, and as racial tensions escalate in the city, tragedy strikes.<br><br>10:00 Program To Be Advised<br>10:35 ABC Late News [s]<br>11:05 Shaun Micallef's MAD AS HELL (M) [s]<br>11:35 rage (MA15+) [s]                          | 6:00 Sunrise [s]<br>9:00 The Morning Show (PG) [s]<br>11:30 Seven Morning News [s]<br>12:00 Movie: "Bringing Ashley Home" (M d) ('11) – When her wild younger sister Ashley, who suffers from bipolar disorder and drug addiction, goes missing, Libba Phillips pours all her time and energy into finding Ashley. Stars: A.J. Cook, Jennifer Morrison, Patricia Richardson, Timothy Webber<br>2:00 The Daily Edition (PG) [s]<br>3:00 The Chase UK [s]<br>4:00 Seven News At 4 [s]<br>5:00 The Chase Australia [s]<br>6:00 Seven News [s]<br>7:00 Better Homes And Gardens<br>8:30 Program To Be Advised<br>11:00 Program To Be Advised<br>12:30 Movie: "Project ALF" (G) ('96) Stars: Miguel Ferrer, William O'Leary, Jensen Daggett, Scott Michael Campbell<br>2:30 Home Shopping | 5:30 Today [s]<br>9:00 Today Extra (PG) [s]<br>11:30 NINE's Morning News [s]<br>12:00 Ellen (PG) [s] –<br>1:00 Doctor Doctor (M d,s) [s]<br>2:00 New Amsterdam: The Karman Line (M mp) [s]<br>3:00 Tipping Point (PG) [s]<br>4:00 NINE's Afternoon News [s]<br>5:00 Millionaire Hot Seat [s]<br>6:00 NINE News [s]<br>7:00 A Current Affair (PG) [s]<br>7:30 Escape To The Chateau: A Boat In The Moat (PG) [s]<br>8:30 Movie: "San Andreas" (PG) ('15) Stars: Dwayne Johnson, Carla Gugino, Ioan Gruffudd<br>10:45 Movie: "Into The Storm"(M) ('14) Stars: Richard Armitage, Sarah Wayne Callies<br>12:30 Cold Case: One Fall (M) [s]<br>1:20 Making Of Bad Boys 3 (M v,l)<br>1:30 Home Shopping<br>4:30 The Avengers: Superlative Seven (PG) [s]<br>5:30 A Current Affair (PG) [s]                                | 6:00 Headline News [s]<br>8:30 Studio 10 (PG) [s]<br>12:00 Dr Phil (PG) [s]<br>1:00 Jamie's Super Food Family Classics [s]<br>2:00 Entertainment Tonight [s]<br>2:30 Judge Judy (PG) [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Farm To Fork [s]<br>4:30 The Bold And The Beautiful (PG) [s]<br>5:00 10 News First [s]<br>6:00 WIN News [s]<br>6:30 The Project (PG) [s]<br>7:30 The Graham Norton Show (PG) [s]<br>8:30 Hughesy, We Have A Problem (M) [s] – Hughesy, Julia Morris, Hamish Blake, Anne Edmonds, Meshel Laurie tackle the first world problems we just can't seem to solve.<br>9:30 Arj Barker: Organic (M s,l) [s]<br>11:00 WIN's All Australian News [s]<br>12:00 The Project (PG) [s]<br>1:00 The Late Show (PG) [s]   | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>2:00 The Point<br>3:00 NITV News: Nula<br>3:30 Great British Railway Journeys (PG)<br>4:05 Diana And The Paparazzi (PG)<br>5:30 Letters And Numbers<br>6:00 Mastermind Australia<br>6:30 SBS World News<br>7:35 The Crucifixion Mystery (M)<br>8:30 Brooklyn Nine-Nine: Trying (M)<br>9:00 8 Out Of 10 Cats Does Countdown (M l,s)<br>10:00 SBS World News Late<br>10:30 Movie: "Silence" (MA15+) ('16) Stars: Andrew Garfield, Adam Driver (In English/ Japanese)<br>2:25 8 Days (MA15+) (In German/ Turkish)<br>3:15 24 Hours In Emergency (M)<br>4:15 Great British Railway Journeys (PG)                           |
|                  | 6:00 rage (PG) [s]<br>10:00 rage Guest Programmer (PG)<br>11:00 Classic Countdown: 1983 [s]<br>12:00 ABC News At Noon [s]<br>12:30 Endeavour: Raga (M) [s]<br>2:00 Program To Be Advised<br>2:30 Rick Stein's Road to Mexico: Mexico City to Puebla (PG) [s]<br>3:30 Fake Or Fortune?: Lautrec [s]<br>4:30 Landline [s]<br>5:00 Football: A-League: Round 22 – Adelaide United v Western United *Live* From Coopers Stadium [s]<br><br>7:00 ABC News [s]<br>7:30 Doc Martin (PG) [s]<br>8:20 Agatha Raisin: Love From Hell (Part 1) (PG) [s] – When James vanishes after a blazing row with Agatha, everyone is left fearing the worst.<br><br>9:15 Stateless (M l) [s]<br>10:10 Call The Midwife (M) [s]<br>11:10 Tea With The Dames (M) [s]<br>12:35 rage Guest Programmer (MA15+) [s]     | 6:00 Home Shopping<br>7:00 Weekend Sunrise [s]<br>10:00 The Morning Show - Weekend (PG) [s]<br>12:00 Seven's Horse Racing: Flemington - Australian Cup, Royal Randwick Guineas [s]<br>5:00 Seven News At 5 [s]<br>5:30 Border Security - Australia's Front Line (PG) [s]<br>6:00 Seven News [s]<br>7:00 Movie: "2012" (PG) ('09) – An academic researcher leads a group of people in a fight to counteract the apocalyptic events that were predicted by the ancient Mayan calendar. Stars: Amanda Peet, John Cusack, Morgan Lily, Woody Harrelson, Philippe Haussmann<br>10:00 Movie: "Taken 2" (M v) ('12) Stars: Liam Neeson, Maggie Grace, Famke Janssen, Leland Orser, Jon Gries, D.B. Sweeney, Luke Grimes<br>1:00 Home Shopping   | 6:00 Ellen (PG) [s]<br>7:00 Weekend Today [s]<br>10:00 Your Domain [s]<br>11:00 Today Extra - Saturday [s]<br>12:00 My Way [s]<br>12:30 It's All Greek To Me [s]<br>1:00 Destination WA [s]<br>1:30 Movie: "The Pink Panther" (PG) ('06) Stars: Steve Martin<br>3:30 Big Pacific: Passionate (PG)<br>4:30 The Garden Gurus [s]<br>5:00 NINE News: First At Five [s]<br>5:30 Getaway (PG) [s]<br>6:00 NINE News Saturday [s]<br>7:00 Taronga - Who's Who In The Zoo: Lemur (PG) [s]<br>8:00 Movie: "Forrest Gump" (PG) ('94) Stars: Tom Hanks, Robin Wright, Gary Sinise<br>10:50 Movie: "Selma" (M v,l) ('14) Stars: David Oyelowo, Carmen Ejogo, Jim France<br>1:20 Getaway (PG) [s]<br>1:50 Making Of Bad Boys 3 (M v,l)<br>2:00 Home Shopping<br>5:30 Wesley Impact [s]  | 6:00 I Fish [s]<br>6:30 Entertainment Tonight [s]<br>7:00 Escape Fishing With ET [s]<br>7:30 What's Up Down Under? [s]<br>8:00 The Offroad Adventure Show<br>9:00 Everyday Gourmet s<br>9:30 Studio 10 Saturday (PG) [s]<br>12:00 Pooches At Play [s]<br>12:30 The Living Room [s]<br>1:30 Buy To Build [s]<br>2:00 Australia By Design: Interiors<br>2:30 Fishing Australia [s]<br>3:00 What's Up Down Under [s]<br>3:30 Three Veg And Meat [s]<br>4:00 Taste Of Australia With Hayden Quinn [s]<br>4:30 Farm To Fork [s]<br>5:00 10 News First [s]<br>6:00 Bondi Rescue [s]<br>7:30 Ambulance Australia (PG) [s]<br>8:30 Ambulance UK (M) [s]<br>9:45 999: What's Your Emergency? (MA15+) [s]<br>10:45 Blue Bloods: Glass Houses (M s) [s]<br>11:40 Bull: The Flying Carpet (M) [s] | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 PBS Newshour<br>2:00 ISU Grand Prix Of Figure Skating: Four Continents (Seoul, South Korea)<br>3:30 Great British Railway Journeys (PG)<br>4:00 The Crystal Maze (PG)<br>4:55 Travel Man: Vienna (PG)<br>5:30 Great Continental Railway Journeys (PG)<br>6:30 SBS World News<br>7:30 Celebrity Mastermind (PG)<br>8:30 Country Music: The Hillbilly Shakespeare (1945-1953) (PG)<br>9:35 Movie: "Downfall" (MA15+) ('04) Stars: Bruno Ganz (In German/ Russian/ Hungarian)<br>12:25 Raw Comedy Festival 2019 (M)<br>2:10 Movie: "Madame Bovary" (M s) ('15) Stars: Mia Wasikowska, Rhys Ifans, Ezra Miller (In Latin/ English/ French) |
| Saturday 7 March | 6:00 rage (PG) [s]<br>7:00 Weekend Breakfast [s]<br>9:00 Insiders [s]<br>10:00 Offsiders [s]<br>10:30 The World This Week [s]<br>11:00 Compass (PG) [s]<br>11:30 Songs Of Praise (PG) [s]<br>12:00 ABC News At Noon [s]<br>12:30 Landline [s]<br>1:30 Gardening Australia [s]<br>2:30 How To Stay Young (PG) [s]<br>3:00 Keith Haring Uncovered (PG)<br>4:00 Everyone's A Critic (PG) [s]<br>4:30 The Mix [s]<br>5:00 Program To Be Advised<br>6:00 Hard Quiz (PG) [s]<br>6:30 Compass: Champion Girls [s]<br>7:00 ABC News Sunday [s]<br>7:40 Grand Designs (PG) [s]<br>8:30 Stateless: Incognita (M l) [s]<br>9:25 A Very English Scandal (M)<br>10:20 Line Of Duty (M v) [s]<br>11:25 Doc Martin (PG) [s]<br>12:10 Call The Midwife (M) [s]<br>1:10 rage (MA15+) [s]<br>5:00 Insiders [s] | 6:00 Home Shopping<br>7:00 Weekend Sunrise [s]<br>10:00 The Morning Show (PG) [s]<br>12:00 House Of Wellness (PG) [s]<br>1:00 Helloworld (PG) [s]<br>1:30 Habitus House Of The Year<br>2:00 My Road To Adventure (PG)<br>2:30 Program To Be Advised<br>3:30 Motorbike Cops (PG) [s]<br>4:00 Better Homes And Gardens<br>5:00 Seven News At 5 [s]<br>5:30 Border Security - Australia's Front Line (PG) [s]<br>6:00 Seven News [s]<br>7:00 Program To Be Advised<br>8:30 The Good Doctor: Unsaid (M) [s] – Despite everyone else's doubts, Shaun is hopeful that Carly is truly fine with his friendship with Lea.<br>9:30 God Friended Me: The Princess And The Hacker (PG)<br>10:30 The Resident (M) [s]<br>11:30 Autopsy USA: Andy Kaufman (M d) [s]<br>12:30 Home Shopping        | 6:00 Harry (PG) [s]<br>7:00 Weekend Today [s]<br>10:00 Sports Sundy (PG) [s]<br>11:00 Surfing Australia TV [s]<br>11:30 AFL: Women's Footy (PG) [s]<br>12:30 Giving Life (PG) [s]<br>1:00 Movie: "Lovewrecked" (PG) ('05) Stars: Amanda Bynes<br>2:45 Movie: "Mermaids" (PG) ('90) Stars: Cher, Winona Ryder<br>5:00 NINE News: First At Five [s]<br>5:30 Customs (PG) [s]<br>6:00 NINE News Sunday [s]<br>7:00 Married At First Sight (M) [s] –<br>8:30 60 Minutes (PG) [s]<br>9:30 Murder For Hire: An Ex-Wife's Revenge (M) [s]<br>10:30 See No Evil: I'd Kill To Be You (M) [s]<br>11:30 Manifest: Hard Landing (M v)<br>12:20 Cold Case: Flashover (M) [s]<br>1:10 Surfing Australia TV [s]<br>1:35 South Aussie With Cosi (PG)<br>2:00 Home Shopping<br>2:30 Skippy - The Bush Kangaroo<br>3:00 Home Shopping | 6:00 Religious Programs [s]<br>7:30 Fishing Australia [s]<br>8:00 Farm To Fork [s]<br>8:30 Three Veg And Meat [s]<br>9:00 Taste Of Australia With Hayden Quinn [s]<br>9:30 Studio 10 Sunday (PG) [s]<br>12:00 Everyday Gourmet [s]<br>12:30 The Living Room (PG) [s]<br>1:30 Program To Be Advised<br>3:30 Which Car (PG) [s]<br>4:00 RPM [s]<br>5:00 10 News First [s]<br>6:00 Bondi Rescue (PG) [s]<br>6:30 The Sunday Project (PG) [s]<br>7:30 Dancing With The Stars (PG) [s] – Strap on your dancing shoes and shine your sequins because Dancing With The Stars is back.<br>9:30 The Graham Norton Show (M)<br>10:30 Hughesy, We Have A Problem (M) [s]<br>11:30 The Sunday Project (PG) [s]<br>12:30 Home Shopping<br>4:30 CBS - This Morning [s]                              | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 Speedweek<br>3:05 Superbike World Championship Round 1<br>4:00 George Clarke's Shed Of The Year (PG)<br>5:00 Great British Railway Journeys: Bray To Dublin (PG)<br>5:35 Nazi Megastructures: D-Day (PG)<br>6:30 SBS World News<br>7:30 Secrets Of Our Cities: Kalgoorlie (PG)<br>8:30 North America With Simon Reeve<br>9:40 Is Australia Sexist? (M l,s)<br>10:40 Stacey Dooley - Russia's War On Women (M l,s) (In English/ Russian)<br>11:40 Cycling: Paris-Nice: Stage 1 - Plaisir To Plaisir<br>1:10 Agatha Christie's Criminal Games: Crime Does Not Pay (M l,v)  |
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| Sunday 8 March   | 6:00 rage (PG) [s]<br>7:00 Weekend Breakfast [s]<br>9:00 Insiders [s]<br>10:00 Offsiders [s]<br>10:30 The World This Week [s]<br>11:00 Compass (PG) [s]<br>11:30 Songs Of Praise (PG) [s]<br>12:00 ABC News At Noon [s]<br>12:30 Landline [s]<br>1:30 Gardening Australia [s]<br>2:30 How To Stay Young (PG) [s]<br>3:00 Keith Haring Uncovered (PG)<br>4:00 Everyone's A Critic (PG) [s]<br>4:30 The Mix [s]<br>5:00 Program To Be Advised<br>6:00 Hard Quiz (PG) [s]<br>6:30 Compass: Champion Girls [s]<br>7:00 ABC News Sunday [s]<br>7:40 Grand Designs (PG) [s]<br>8:30 Stateless: Incognita (M l) [s]<br>9:25 A Very English Scandal (M)<br>10:20 Line Of Duty (M v) [s]<br>11:25 Doc Martin (PG) [s]<br>12:10 Call The Midwife (M) [s]<br>1:10 rage (MA15+) [s]<br>5:00 Insiders [s] | 6:00 Home Shopping<br>7:00 Weekend Sunrise [s]<br>10:00 The Morning Show (PG) [s]<br>12:00 House Of Wellness (PG) [s]<br>1:00 Helloworld (PG) [s]<br>1:30 Habitus House Of The Year<br>2:00 My Road To Adventure (PG)<br>2:30 Program To Be Advised<br>3:30 Motorbike Cops (PG) [s]<br>4:00 Better Homes And Gardens<br>5:00 Seven News At 5 [s]<br>5:30 Border Security - Australia's Front Line (PG) [s]<br>6:00 Seven News [s]<br>7:00 Program To Be Advised<br>8:30 The Good Doctor: Unsaid (M) [s] – Despite everyone else's doubts, Shaun is hopeful that Carly is truly fine with his friendship with Lea.<br>9:30 God Friended Me: The Princess And The Hacker (PG)<br>10:30 The Resident (M) [s]<br>11:30 Autopsy USA: Andy Kaufman (M d) [s]<br>12:30 Home Shopping        | 6:00 Harry (PG) [s]<br>7:00 Weekend Today [s]<br>10:00 Sports Sundy (PG) [s]<br>11:00 Surfing Australia TV [s]<br>11:30 AFL: Women's Footy (PG) [s]<br>12:30 Giving Life (PG) [s]<br>1:00 Movie: "Lovewrecked" (PG) ('05) Stars: Amanda Bynes<br>2:45 Movie: "Mermaids" (PG) ('90) Stars: Cher, Winona Ryder<br>5:00 NINE News: First At Five [s]<br>5:30 Customs (PG) [s]<br>6:00 NINE News Sunday [s]<br>7:00 Married At First Sight (M) [s] –<br>8:30 60 Minutes (PG) [s]<br>9:30 Murder For Hire: An Ex-Wife's Revenge (M) [s]<br>10:30 See No Evil: I'd Kill To Be You (M) [s]<br>11:30 Manifest: Hard Landing (M v)<br>12:20 Cold Case: Flashover (M) [s]<br>1:10 Surfing Australia TV [s]<br>1:35 South Aussie With Cosi (PG)<br>2:00 Home Shopping<br>2:30 Skippy - The Bush Kangaroo<br>3:00 Home Shopping | 6:00 Religious Programs [s]<br>7:30 Fishing Australia [s]<br>8:00 Farm To Fork [s]<br>8:30 Three Veg And Meat [s]<br>9:00 Taste Of Australia With Hayden Quinn [s]<br>9:30 Studio 10 Sunday (PG) [s]<br>12:00 Everyday Gourmet [s]<br>12:30 The Living Room (PG) [s]<br>1:30 Program To Be Advised<br>3:30 Which Car (PG) [s]<br>4:00 RPM [s]<br>5:00 10 News First [s]<br>6:00 Bondi Rescue (PG) [s]<br>6:30 The Sunday Project (PG) [s]<br>7:30 Dancing With The Stars (PG) [s] – Strap on your dancing shoes and shine your sequins because Dancing With The Stars is back.<br>9:30 The Graham Norton Show (M)<br>10:30 Hughesy, We Have A Problem (M) [s]<br>11:30 The Sunday Project (PG) [s]<br>12:30 Home Shopping<br>4:30 CBS - This Morning [s]                              | 5:00 CGTN English News<br>5:15 NHK World English News<br>5:30 Worldwatch<br>1:00 Speedweek<br>3:05 Superbike World Championship Round 1<br>4:00 George Clarke's Shed Of The Year (PG)<br>5:00 Great British Railway Journeys: Bray To Dublin (PG)<br>5:35 Nazi Megastructures: D-Day (PG)<br>6:30 SBS World News<br>7:30 Secrets Of Our Cities: Kalgoorlie (PG)<br>8:30 North America With Simon Reeve<br>9:40 Is Australia Sexist? (M l,s)<br>10:40 Stacey Dooley - Russia's War On Women (M l,s) (In English/ Russian)<br>11:40 Cycling: Paris-Nice: Stage 1 - Plaisir To Plaisir<br>1:10 Agatha Christie's Criminal Games: Crime Does Not Pay (M l,v)  |
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| Also see:        | Also see:<br>ABC COMEDY (Channel 22)<br>ABC ME (Channel 23)<br>ABC NEWS (Channel 24)   | Also see:<br>7TWO (Channel 62)<br>7MATE (Channel 63)<br>7FLIX (  |   |   |   |





# Do you have stains or plaque making your dentures look dirty?

Come in for a Check and clean of your dentures and have them looking like new again

# Before

## After



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\*limited time only

# Woy Woy Hospital to receive four new nurses

Mr Crouch said: "Being the very proud husband of a nurse gives me

**Media release, 25 Feb 2020**  
**Ben Sheath, Office of**  
**Adam Crouch MP**

# Golf club donates pumps for 'chemo at home'

"The pumps are worn by patients, similar to how a bumbag

Media release, 25 Feb 2020  
Nikkie Beltran, Central Coast Health

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BULK BILLING  
FOR MEDICARE REFERRALS.**



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**4344 1045**



# DONT TURN YOUR BACK ON HEARING LOSS

The most common workplace injury in the world\*

*Whilst occupational noise induced hearing loss is entirely preventable, once acquired it is irreversible. Occupational hearing loss can occur gradually over time, or it can be instantaneous if you are exposed to a one-off, very loud noise like a shotgun going off next to your ear.*

Workers in industries, such as construction, use a variety of tools and machinery in the course of their work. If you are exposed to noisy tools or machinery at work, you are at an increased risk of occupational hearing loss.

It is difficult to control noise levels in workplaces. As a rule of thumb: If you are on a construction site and cannot hear the person next to you speaking unless they raise their voice, you should be wearing hearing protection.

The damage that noise induced hearing loss causes is irreversible. Two main indicators of occupational hearing loss are:

## Tinnitus

Tinnitus is a condition described as the perception of sound (often buzzing, ringing, or hissing) in the absence of any external sound (there is no sound others hear but you do). This essentially takes away the opportunity for the you to experience quiet, and can be very distressing.

**Penninsula Hearing**  
“We are hear for you”



## High-Pitched Hearing Loss:

Occupational hearing loss happens so gradually that you can lose a significant amount of hearing before becoming aware it has occurred. During the early stages, you will begin turning up the volume on the TV or experience difficulty understanding speech in groups or in the presence of background noise. As the hearing loss worsens, it becomes difficult to understand normal conversation even in quiet, one-on-one situations.

Occupational hearing loss can be detected with a hearing test. In fact, early identification is important in order to recognise the presence of noise induced hearing loss and then take steps to prevent further hearing loss.

**(02) 4342 9736**

Call today to find out more about occupational hearing loss or book an appointment for a **FREE** hearing screening.

Penninsula Hearing is a family owned, independent audiology provider offering a completely transparent and individualised approach to your hearing care.

As a registered provider of SIRA and iCare NSW hearing services, our trained clinicians are equipped to offer the highest standards in hearing health care and rehabilitative services to workers who sustain hearing injuries during the course of their employment.

iCare NSW can provide fair and appropriate compensation to workers with work-related injuries or illnesses.

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\* World Health Organisation



# Clowns entertain aged care residents

Two staff members at a Woy Woy care facility have dressed as clowns to entertain the residents, embracing the notion that laughter is the best medicine.

BlueWave Living marketing manager Ms Kylie Scott said recreational activity officers Ms Wendy Bowen and Ms Merrilyn Tanswell at BlueWave were inspired by the Clown Doctors who visited patients in hospitals around NSW.

“A good sense of humour may not cure all ailments, but there is mounting evidence around the benefits of laughter,” Ms Scott said.

“Along with enhancing your mental state, laughter induces physical changes in your body and has been clinically proven to strengthen your immune system, activate and relieve your stress response and stimulate many organs.

“The Clown Doctors are well known for their dedication to bringing laughter into the world of those who need it most,” Ms Scott said.

“Merrilyn was lucky enough to undertake a workshop with the Clown Doctors called Laughter Boss.

“The purpose of the training is to bring humour into the daily care of our elderly residents.



Ms Wendy Bowen loves making her charges laugh

“As a result, Merrilyn took on the role of Nurse Spot.

“Nurse Spot visits our residents to share quality time, enjoy a laugh or simply hold their hand.

“Merrilyn has many other characters including Beach Babe, Fairy Godmother, Clever Heather and the Chook Whisperer.

“Each character has their own unique sense of humour, all of which are designed to bring enjoyment and fun into BlueWave Living.

“Wendy delivers laughter to our residents by dressing up as a clown and sharing jokes.

“You will often hear her coming down the halls with a ring of a bell or a squeak of the horn.

“We’ve also had sightings of her riding a one wheeled bike and trying to join in on a game of bowls,” Ms Scott said.

She said that, while the act might seem silly to some, it was having a positive effect on residents.

“Through these activities, we not



Ms Merrilyn Tanswell, aka Nurse Spot, serving some tiny tea to a resident

only improve our residents’ lives, but also the morale, engagement and happiness of our staff.

“You can honestly see the room come alive when we receive a visit from our funny friends.

“It changes the dynamics and offers a chance to let your guard down and just live in the moment.”

Ms Bowen said she would happily continue clowning around if it meant residents continued to feel engaged and joyful.


“I love bringing joy and laughter

to the residents.

“It makes my day to see them smile and watch their eyes light up when they see me all dressed up in the clown costume.

“It’s a wonderful chance to really engage, one on one, with our dementia residents and I can see they are uplifted after my visit,” Ms Bowen said.

SOURCE:  
Media release, 17 Feb 2020  
Kylie Scott, BlueWave Living



## Defeat your pain today!

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Our body produces own pain relief substances? With appropriate technique, we can stimulate the production of these substances to enhance pain relief, and this technique already practiced for **OVER TWO THOUSAND YEARS**, this technique called acupuncture.

That's right, in fact, over the past decade, extensive research has been done on the neuro mechanism behind acupuncture analgesia, according to the article published in 2008, by institute of neurobiology in China, it suggests that acupuncture stimulate the production of various signal molecule such as opioid peptide, glutamate, 5-hydroxytryptamine and cholecystokinin octapeptide. These are all body's natural pain relief substances.

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Xin Gu graduated as bachelor of health science: traditional Chinese medicine, he is now a national registered Acupuncturist and herbalist. After graduated, he also trained under Dr Xiao (master of acupuncture analgesia) in China to learn five element acupuncture, which is an ancient technique to stimulate the natural pain relief substance, since your body naturally produce it, therefore it is **NONE ADDICTIVE, LESS SIDE EFFECT** and **EFFECTIVE PAIN RELIEF**. No wonder why his patients like to call him "pain terminators"

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Dr. Dolly Soni



Education



## Annabelle returns with medals

Brisbane Water Secondary College student Annabelle Rodgers has returned from Athletics NSW's Junior-Open Championships with some new medals for her trophy cabinet.

Annabelle competed with the Gosford Senior Athletics Club in the Women's Para events, taking out the gold medals in the Under 20 Shotput and Javelin and a bronze in the Discus.

Annabelle's results in both the Shot Put and Javelin mean she is automatically qualified to compete at the nationals in March.

**SOURCE:**  
Website, 23 Feb 2020  
Annabelle Rodgers, Woy Woy

## Charlotte receives scholarship for further education

Umina resident Ms Charlotte Te Puia has received a \$5000 scholarship to pursue a higher education.

Ms Te Puia graduated from Niagara Park High School last year and was recently accepted into Macquarie University to study a double degree in law and arts.

The scholarship was awarded by the Ettalong Beach Bendigo Community Bank

Branch manager Mr Peter McKeon said Ms Te Puia was a worthwhile recipient.

"Charlotte is a worthy grant scholar, having been accepted into Macquarie University under its Leaders and Achievers Program."

Ms Te Puia said she planned to major in international affairs and politics and that this grant would help make it easier for her to get

the most out of studies.

"I'm thrilled to have been selected and look forward to continue to achieve strong results," Ms Te Puia said.

Board chairman Mr Mick Gage said this most recent scholarship brought the bank's scholarship commitments to Peninsula students up to \$30,000.

"Our scholarships have been awarded to local students who have received strong academic results and been active members of the community.

"We are pleased to be able to help ease their financial burden as they take up their studies," Mr Gage said.

**SOURCE:**  
Media release, 21 Feb 2020  
Peter McKeon, Ettalong Beach Bendigo Community Bank

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## Students asked to leave precious items at home

Parents of Woy Woy South Public School students are being asked to speak to their children to discourage them from bringing precious or valuable items to school.

"From time to time, students bring precious and sometimes expensive items to school," said principal Mr Matt Barr.

"Usually, this is because they are keen to show their friends or teachers, and on most occasions parents are aware.

"Recently, we've encountered distress for some students with items lost or misplaced.

"Apart from retracing steps, asking other students and searching, there is very little we can do to solve the problem.

"If you suspect that your child may be bringing such an item to school, please take the time to have the conversation with them about leaving it at home," Mr Barr said.

**SOURCE:**  
Newsletter, 19 Feb 2020  
Matt Barr, Woy Woy South Public School

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## Learning to make sushi

Ettalong Public School's Parents and Citizens Association has held a workshop to teach canteen volunteers how to make sushi, so the canteen can offer sushi on its menu.

According to principal Ms Lynn Balfour, the association had wanted to introduce sushi to the menu for some time, but not many canteen volunteers knew how to make it.

To address this, the Association hosted a sushi-making workshop at the canteen on February 21.

The workshop was open to all parents and carers at the school.

**SOURCE:**  
Newsletter, 18 Feb 2020  
Lynn Balfour, Ettalong Public School



# School adopts web software for administrative efficiency

**Pretty Beach Public School has adopted web-based software to streamline the school's administration, starting this term.**

Principal Ms Karen Wardlaw said: "There will be changes to the way we do simple things such as mark rolls and respond to attendance issues.

"It will have a significant effect on how we centrally store, access and evaluate student data and the way we monitor student well-being.

"There will be changes to assessment and reporting processes as well as how we communicate with parents.

"As each of these individual changes to processes are implemented, we will be letting our parents know so that we all feel comfortable and confident with new, streamlined practices," Ms Wardlaw said.

"Another big change, linked to the introduction of the Sentral software, relates to our school Learning Support Team and related systems of support for meeting the individual needs of all our learners.

"Strong learning support

processes need to start with early and systematic collection of relevant student data so that we can identify and support individual student needs as early as possible.

"Of course, strong Learning Support Team processes will also support our 'at stage' and 'high potential' learners so that they, too, are meeting or exceeding expected growth.

"This year we will be also developing new systems of support across the school to make it easier to collect and evaluate student wellbeing data.

"Our goal is to ensure that students who are at risk of social or intellectual disengagement from school are identified as soon as possible and supported with individualised plans to increase engagement at school.

"As we embed these new systems, there will be increased communication with parents.

"We also endeavour to have parents more effectively contributing to the development of individual student learning plans or wellbeing plans," Ms Wardlaw said.

"Along with these new systems

of support, our teaching team are currently working on a process of shifting from using classroom peg charts to visual support strategies associated with the Zones of Regulation.

"The Zones of Regulation allow students to use a shared language to categorise complex feelings in a simple and non-judgemental way and allows teachers to support students to recognise not only how they are feeling but how they can 'get back in the zone'.

"As our students learn about the learning zone and how they can use simple strategies to self regulate their own behaviour, our parents will be hopefully learning with us, too.

"We will be sharing our Zones of Regulation lessons online so that parents can be involved, learn with us and use the associated language.

"We hope that families, too, will benefit from these positive strategies at home as well as at school," Ms Wardlaw said.

**SOURCE:**

Newsletter, 24 Feb 2020  
Karen Wardlaw, Pretty Beach Public School



## Canteen manager celebrates 25 years

**The Ettalong Public School community has celebrated Ms Cheryl Lynch's 25 years in the role of the school's canteen manager.**

"Congratulations must go to our wonderful Cheryl Lynch who this week celebrated 25 years as our canteen manager.

Principal Ms Lynn Balfour said: "Some of you probably remember Cheryl from when you attended the

school and now she is still here to serve your own children.

"If you can assist Cheryl in the canteen, she is looking for volunteers," Ms Balfour said.

"Why not pop in, congratulate her and add your name to her band of merry helpers?"

**SOURCE:**

Newsletter, 18 Feb 2020  
Lynn Balfour, Ettalong Public School

## Laptops and smartboards usher in new era

**An order of extra laptop computers and the installation of 11 smartboards will provide technology-assisted learning at Ettalong Public School.**

Principal Ms Lynn Balfour said they would help usher in a new era of technology-assisted learning at the school.

"New smartboards were installed in classrooms this week and I'm not sure who is most excited, the students or the teachers," she said.

"My plan is to replace all old boards with the latest technology, as soon as possible.

"We have also ordered extra laptops for classroom use.

"Most children can swipe a screen but keyboarding skills are important and need practice.

"Laptops provide word processing skills which become more important as the child progresses through each school year," Ms Balfour said.

**SOURCE:**

Newsletter, 18 Feb 2020  
Lynn Balfour, Ettalong Public School



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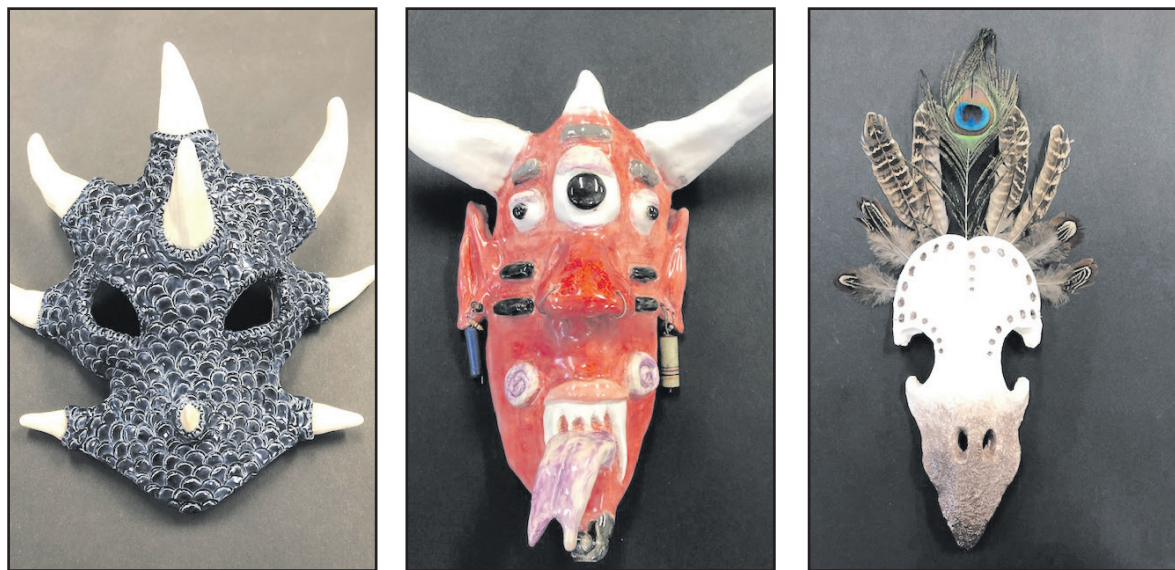
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Education



# Student artworks chosen for regional exhibition

Several artworks by students from Brisbane Water Secondary College Umina campus have been chosen for the Central Vision exhibition sponsored by Central Coast Council.

Students Annalilly Daniel, Lily Barkley Graham, Chelsea Stacey, Alex O'Neill, Kaelah Jeffs, Kiera

Howell and Zoe Ryan all had pieces chosen for this year's exhibition which will run at Gosford Regional Gallery from March 4 to April 5.

The exhibition aims to be a celebration of the creativity and artistry of Central Coast high school students and an opportunity for students to gain valuable

exposure through being exhibited at a professional venue.

The exhibition is open to all students from Years 7 to 12 with the only entry pre-requisite being they attend a high school in the Central Coast local government area.

SOURCE:  
Social media, 21 Feb 2020  
Kerrie O'Heir, BWSC Umina

# Students selected for mentoring program

Ten Year 10 students at Brisbane Water Secondary College Woy Woy campus have been selected to take part in a mentoring program which aims to connect them with someone whose own life experiences allow them to provide advice, insights and opportunities that the students might not otherwise have access to.

Run for an hour a week over three months, the pairs are matched for mutual interests, past experience and initial connections.

Central Coast Secondary Schools Mentoring program coordinator Ms Cassi White said the goal was to help students as they faced one of their first big life decisions: continuing on with their Higher School Certificate or leaving at the end of Year 10 to join the workforce.

Ms White said the aim of the program was not to sway students either way, but to show them that they had options and to help them make an informed choice.

"The program is all about engaging kids who might be wrestling with the decision to stay on or leave and connecting them with someone with real world experience who isn't a parent, carer or teacher."

Ms White said the benefits of the program had been palpable,

with teachers reporting increased school attendance, better communication skills and more engagement in the classroom.

"At the end of the day the students gain a new sense of what it means to be connected to the community and have a friend and confidante they know is there because they want to help them succeed, no matter what they decide," Ms White said.

Central Coast Mentoring Network president Mr Richard Kennedy said: "Our mentors are often older people with a wealth of life experience, knowledge and expertise, but they're often people who feel disconnected from the community.

"Through the program, mentors get to engage with young people, foster a new sense of community and generally report a sense of improved wellbeing after being involved," he said.

Mr Kennedy said both organisations were always on the lookout for new mentors and encouraged any interested locals to visit the Central Coast Mentoring Network website for more information about basic requirements and how to get involved.

SOURCE:  
Interview (Dilon Luke), 18 Feb 2020  
Richard Kennedy, Central Coast Mentoring Network  
Cassi White, Central Coast Secondary Schools Mentoring

# A taste of rugby league

Students from three schools on the Peninsula had a taste of the National Rugby League on February 21 when the regional development team visited the area.

The Central Coast Hunter team brought along some Sydney Roosters players who helped them introduce the League Stars Inspire Respect message and the Play

NRL program at Ettalong and Woy Woy Public Schools and St John's the Baptist School at Woy Woy.

Team member Mr Skip Lawrence said the aim of the program was to provide interactive learning experiences that inspired young people.

"It also aims to inspire primary school-aged children to develop and apply the knowledge and

understandings, skills, attitudes and values that are central to respect, health and wellbeing, as well as inclusion and diversity, using our great game as both a background to and the vehicle for engaging learning experiences," he said.

SOURCE:  
Media release, 21 Feb 2020  
Skip Lawrence, Play NRL



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## Parents reminded about cycling helmets

**Ettalong Public School principal Ms Lynn Balfour reminded parents and carers to ensure children cycling to school wear helmets after a student was involved in a bike accident.**

"After a nasty bike accident earlier this term, it is a timely reminder that it is mandatory for all students, if riding a bike

or a scooter to school, to wear a properly fitting helmet.

"Only students in Years 3 to 6 may ride to school unaccompanied for safety reasons but all students, whether accompanied or not, must wear a helmet if riding a scooter or a bike," Ms Balfour said.

**SOURCE:**  
Newsletter, 25 Feb 2020  
Lynn Balfour, Ettalong Public School



## School library transformed to match book fair theme

**Woy Woy South Public School's Book Fair theme this year is the Enchanted Forest and the school library has been transformed to match.**

Book Fair ran from February 17 to 28 with students able to browse a collection of new books before school, during lunch and on selected afternoons.

The school's teacher librarian

Ms Rebekah Nelson said reading helped children discover the power of information and imagination.

The Book Fair was instrumental in helping to instil a love of reading at a young age, she said.

"We hope students will let their imagination grow.

"It's a fun reading event that brings the books kids want to read right into our school.

"It's a wonderful selection of

engaging and affordable books for every reading level," Ms Nelson said.

Several other fun activities were also scheduled in the library to coincide with Book Fair including fairy tale themed guessing competitions and colouring-in competitions.

**SOURCE:**  
Newsletter, 19 Feb 2020  
Matt Barr, Woy Woy South Public School

## WEEKLY Specials

\$12 MEMBERS  
\$15 NON-MEMBERS

### MONDAY

**LAMB SHANK, MASH & VEGETABLES** Red Wine Jus

### TUESDAY

**BARRAMUNDI FILLET** Chips & Salad

### WEDNESDAY

**MIXED GRILL**  
Chicken Breast, MSA rump, bacon, tomato and chips

### THURSDAY

**25% OFF ASIAN MENU**  
Voted best regional Asian restaurant finalist 2019

### FRIDAY, SATURDAY, SUNDAY

**SIRLOIN STEAK (400G)** Chips and Salad  
or  
**CHICKEN PARMAGIANA** Chips and Salad

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**WOY WOY LEAGUES**  
Saturday 21 March 7:30pm





# COASTAL DIARY

## A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

### MONDAY, MAR 2

Ministry of Leftovers:  
Market Monday and  
free cuppa,  
Ettalong Baptist church,  
9am - 4pm

Contenance Foundation Talk,  
Bateau Bay Library,  
bookings essential,  
1:30pm - 2:30pm

### TUESDAY, MAR 3

**Festival of Women:  
Creative Expression  
IWD Workshop  
with lunch,  
37 Maidens Brush  
Road Wyoming,  
Free - Booking  
required, 10am - 2pm**  
[www.women.nsw.gov.au](http://www.women.nsw.gov.au)

### WEDNESDAY, MAR 4

**Festival of Women:  
IWD Community  
Celebration -  
speakers, musician,  
light lunch, social,  
Peninsula Women's  
Health Centre,  
Free - Booking  
required, 10am - 1pm**  
[www.women.nsw.gov.au](http://www.women.nsw.gov.au)

### THURSDAY, MAR 5

**Festival of Women:  
Because We Care  
Boutique Turns 1 -  
Morning Tea,  
Wyong Neighbourhood  
Centre, Free - Booking  
required, 10:30am.  
IWD Community  
Celebration- speakers,  
entertainment, morning  
tea, Northern Women's  
Health Centre,  
10am - 12pm**  
[www.women.nsw.gov.au](http://www.women.nsw.gov.au)

### FRIDAY, MAR 6

Newcastle Permanent  
Cinema under the stars-  
Lion King (2019 version),  
Central Coast Stadium,  
Free entry, 8pm

Aussie Nightmarkets,  
The Entertainment  
Grounds Gosford,  
5pm - 10pm

Girrakool Blues Festival  
and Barbecue,  
Mt Penang Event Park,  
Ticketed, 06/03 - 8/03

Beginning your Family  
History - 4 Week Course,  
Wyong Family History  
Group Cottage,  
06/03 - 27/03,  
Booking's required,  
9:30am - 2:30pm

Gosford Musical Society:  
Mamma Mia!  
Laycock Street Community  
Theatre, Ticketed,  
6 - 21/03,  
2pm & 8pm sessions

Tuggerah Lakes U3A  
presents a Talk on:  
'Inspiring Speeches',  
The Entrance/Long Jetty  
RSL Hall, 10am - 12pm

### SATURDAY, MAR 7



**International Women's  
Day Cabaret:  
Rayon Riot 2,  
5 Broken Bay Rd  
Ettalong, Ticketed,  
8pm - 10pm**  
[naughtynoodle.com.au/whaston](http://naughtynoodle.com.au/whaston)

The Central Coast branch of  
the Disabled Surfers  
Association: 'Smiles on  
Dials' Surf Event,  
Umina Beach, 9:30am

**6th International  
Women's Day Expo,  
Westfield Tuggerah  
Shopping centre,  
9am**

Central Coast Cactus &  
Succulent Club INC:  
Autumn Sales Day,  
Charmhaven Community  
Hall, 9am - 1pm

**CEN: Wildplant  
Community Nursery,  
CEN Office, Ourimbah,  
9am - 12pm**

Head and Neck Cancer  
Charity Ball,  
Avoca Surf House,  
Ticketed, 6pm

Climate: What it means for  
our Jobs and our Future  
with guest speakers,  
Point Clare Community Hall,  
1:30pm - 4:30pm

The Central Coast Series  
skate, scooter and BMX  
competition 2020,  
Umina Skate Park,  
Entry is free and open to  
riders aged 5-24

Green Living Workshop:  
Pests, Predators and  
Companion Planting,  
Central Coast Life Time  
Learning Centre Palmdale,  
bookings essential,  
12:30pm - 3pm

International DJ's -  
Slumberjack,  
Florida Beach Bar,  
Ticketed 7pm

### SUNDAY, MAR 8



**Songs in the Key  
of Motown,  
The Ettalong Diggers  
Ballroom, Ticketed,  
8pm, 4343 0111**  
[www.ettalongdiggers.com](http://www.ettalongdiggers.com)

**Central Coast  
Mariners vs  
Wellington Phoenix  
PINK ROUND,  
Central Coast Stadium,  
Ticketed, 4pm**  
[www.a-league.com.au](http://www.a-league.com.au)

Dogs in the Park NSW  
- Free dog events, dog  
market stalls, Dog comps  
and Dog demos,  
Norah heads Sports Club,  
10am - 12pm

**Central Coast Festival  
of Women:  
Soroptimists Breakfast,  
Reef Restaurant  
Terrigal. Live Streaming  
Of The "All About  
Women" Event From  
The Sydney Opera  
House, University of  
Newcastle, Ourimbah  
Campus, Free-  
Bookings required, 1pm**

### TUESDAY, MAR 10

**Hg Nelson & Digit Dave  
Sellout 2020 -  
Comedy Tour,  
Hardy's Bay Club,  
Ticketed, 7pm**

**Central Coast Festival  
of Women:  
Women of Worth,  
Wyoming Community  
Centre, Free -  
Booking's required,  
kathy@gosfordcommunity.  
org.au**

### WEDNESDAY, MAR 11

**Central Coast Festival  
of Women:  
Community Forum:  
Empowering Women  
and Equality with Trish  
Doyle MP,  
The Grange Hotel,  
Pacific Highway,  
Donation entry,  
RSVP 7 March, 7pm  
045 0272 798  
melgould@hotmail.com**

**Climate Action Plan  
Community Workshops,  
Doyalson RSL,  
6pm - 8pm,  
have you say online or  
register your interest  
yourvoiceourcoast.com**

Gosford - Erina Business  
Chamber March  
Luncheon Event,  
Gosford Golf Club  
Racecourse Road,  
Ticketed, 12:15pm

**Seniors Extreme  
Weather Resilience,  
Erina Library,  
10am - 12:30pm  
4304 7650**

Carole King's Tapestry  
the Concert,  
Laycock Street Community  
Theatre, Ticketed, 11am

**Hg Nelson & Digit Dave  
Sellout 2020 -  
Comedy Tour,  
Link and Pin,  
Ticketed, 7pm**

### THURSDAY, MAR 12

**Securing your  
water supply: Mardi To  
Warnervale Pipeline -  
Drop-In Session,  
Tuggerah Library  
Westfield, 3pm - 5pm  
yourvoiceourcoast.com/  
M2WP**

Ultimate Gamer Tournament  
(12-24yrs),  
Westfield Tuggerah,  
Entry is free,  
4:30pm - 7:30pm

### FRIDAY, MAR 13

**Kariong Social Dance:  
Workshops To Resume,  
Kariong Progress Hall  
Ticketed, 7pm - 10pm**

The Australian Plants  
Society: Saving Our  
Precious Native Plants,  
Phillip House Kariong,  
gold coin entry, 7:30pm

### SATURDAY, MAR 14



**Bands for the Brigades,  
Mangrove Mountain  
Memorial Club  
and Golf Course,  
Ticketed, 2pm**

**Central Coast  
Festival of Women:  
Women in Art Whole  
Day Workshop 2 -  
Serendipity,  
The Entrance  
Community Centre,  
Ticketed, 9:30am - 3pm  
0411 062 895  
corinne@tlas.org.au**

Humungus Plant Sale &  
Market stalls,  
Anglican Church The  
Entrance, 8am - 1pm

Provincial Championships  
Race Day,  
The Entertainment Grounds,  
Ticketed, 12pm

**Securing your  
water supply: Mardi To  
Warnervale Pipeline -  
Drop-In Session,  
Watanobbi Community  
Centre, 2pm - 4pm  
yourvoiceourcoast.com/  
M2WP**

The Central Coast Volunteer  
Support Group: Raising  
money for Guide Dogs  
fundraising stalls,  
Bunnings, West Gosford

Alliance Française  
Central Coast:  
Conversation Group  
- Come and practice  
your French at any level,  
Erina League Club,  
First attendance is free,  
10am - 12pm

### SATURDAY, MAR 15

**Central Coast Festival  
of Women:  
Zonta Birthing Kits  
Packing Day,  
Central Coast Grammar  
School Erina,  
Free - booking's  
required,  
8am - 12:30pm  
zontatickets.com.au/  
event/11009**

### WEDNESDAY, MAR 18

The Central Coast  
Collective: In Conversation  
Series with Ash Pollard,  
The Bon Pavilion Gosford,  
Ticketed, 6:30pm

### THURSDAY, MAR 19

The Central Coast Volunteer  
Support Group: Raising  
money for Guide Dogs  
Fundraising stalls,  
Deepwater Plaza, Woy Woy

### FRIDAY, MAR 20



**Evergreen Lifecare:  
cheese & wine  
open day,  
9 Yallambee Avenue  
West Gosford,  
3pm - 6pm  
To register call  
4329 2300 or email  
info@evergreenlifecare.  
org.au**

**Central Coast Mariners  
vs Melbourne City FC,  
Central Coast Stadium,  
Ticketed, 7.30pm**  
[www.a-league.com.au](http://www.a-league.com.au)

Tuggerah Lakes U3A  
presents a Talk on:  
'Historical Political  
Assassinations',  
The Entrance/Long Jetty  
RSL Hall, 10am - 12pm

**Community  
Environment Network:  
Information Sessions  
& Nocturnal  
Bushwalks, - see if  
you're eligible for FREE  
property management,  
Scout hall Mcmasters  
beach, 6:30pm -  
8:30pm  
4349 4756  
[www.cen.org.au/events](http://www.cen.org.au/events)**

### SATURDAY, MAR 21



**Flavours by the Sea  
- food, entertainment  
and stalls,  
Memorial Park  
The Entrance,  
3:30pm - 8:30pm  
[centralcoast.nsw.gov.au/  
flavoursbythesea](http://centralcoast.nsw.gov.au/flavoursbythesea)**



**The Endangered  
Species Pub  
Rock Show,  
Woy Woy Leagues,  
Ticketed, 7:30pm  
4342 3366  
[www.eastsgroup.com.au](http://www.eastsgroup.com.au)**

### SUNDAY, MAR 22



**Gatsby High Tea,  
86-88 Mann  
Street Gosford,  
Tickets to be  
purchased prior, 2pm  
0468 408 455**

### TUESDAY, MAR 24

**Road Safety -  
On the Road 65Plus,  
Mingara Recreation  
Club, Free - Bookings  
essential, 10:15am  
4350 5387**

**Climate Action Plan  
Community Workshops,  
Hamlyn Terrace  
Community Centre,  
6pm - 8pm,  
have you say online or  
register your interest  
yourvoiceourcoast.com**

### WEDNESDAY, MAR 25

**Central Coast Centre of  
Riding for the Disabled:  
Annual general  
meeting, At the Centre,  
Kangoo Rd. Somersby,  
7pm**

**Community  
Environment Network:  
Information Sessions  
& Nocturnal  
Bushwalks,  
see if you're eligible for  
FREE property  
management,  
Narara Ecovillage,  
6:30pm - 8:30pm  
4349 4756  
[www.cen.org.au/events](http://www.cen.org.au/events)**

### THURSDAY, MAR 26

Monty Python's  
SPAMALOT -  
A One Eyed Man Theatre  
production,  
The Art House Wyong,  
Ticketed, 26/03 - 28/03,  
7:30pm sessions

The Central Coast Volunteer  
Support Group:  
Raising money for  
Guide Dogs  
fundraising stalls,  
Wyoming Shopping Centre

Ultimate Gamer Tournament  
(12-24yrs),  
Umina SLSC,  
Entry is free,  
4:30pm - 7:30pm

### SATURDAY, MAR 28

**Central Coast  
Mariners vs  
Newcastle Jets,  
Central Coast Stadium,  
Ticketed, 5pm  
[www.a-league.com.au](http://www.a-league.com.au)**

Central Coast Bushfire  
Relief Concert,  
Laycock Street Community  
Theatre, Ticketed,  
7:30pm

Troubadour Folk Club:  
Hallett-Flood (Blue Mts)  
Peppercorns (WA),  
St Lukes Hall Woy Woy,  
Tickets at door, 7pm

Opera in the Arboretum  
celebrates its 15th year,  
Crommelin Native  
Arboretum Pearl Beach,  
Ticketed, 3pm - 5:30pm

### SUNDAY, MAR 29



**The Italian Tenors,  
The Ettalong Diggers  
Ballroom, Ticketed,  
3:30pm, 4343 0111  
[www.ettalongdiggers.com](http://www.ettalongdiggers.com)**

Basic entries in the Coastal Diary are **FREE**. Send information to [coastaldiary@centralcoastnews.net](mailto:coastaldiary@centralcoastnews.net)  
**ENHANCED** entries using bold typeface with an address, phone number and a live link are available for a small fee.  
Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.



## Two contribute to award-winning film

**Two Peninsula residents have contributed to an award-winning feature film.**

Umina's Ms Sophia Stratton was lead actress and St Hubert's Island's Ms Vivien Sale producer for the film *Equivocal Redemption*, which has screened on the international film festival circuit over the summer.

The film took out Best Feature Film at CKF International Film Festival, Best Fiction at the American Golden Picture International Film Awards, Best Director at the Florence Film

Awards and Best Original Screen Play at the New York Movie Awards.

The film was made locally by Kincumber's Salt House Creative to which Ms Stratton and Ms Sale belong.

A preview of the film was screened at Ettalong's Cinema Paradiso on February 28, with the full-length film scheduled for full release once the film festival season concludes in November.

**SOURCE:**  
Newsletter, 25 Feb 2020  
Russell Mills, Tourism Central Coast



Sophia Stratton

Photo: Kathryn Jolly

ROY ORTUSO PRESENTS / DIRECT FROM THE USA

**SONGS IN THE KEY OF MOTOWN**

SUNDAY 8 MARCH  
TIX FR \$45 | DOORS OPEN 7.30PM

ROY ORTUSO PRESENTS / DIRECT FROM ITALY

**THE ITALIAN TENORS**

SUNDAY 29 MARCH  
TIX FR \$50 | DOORS OPEN 3PM

## The Eagles Show

"The heart of the matter"

**SATURDAY 11 APRIL**

TIX FR \$25 | DOORS OPEN 8PM



**ETTALONG DIGGERS**  
ETTALONG BEACH WAR MEMORIAL CLUB LIMITED  
ABN 99 001 011 392  
51-52 THE ESPLANADE, ETTALONG BEACH NSW 2257  
(02) 4343 0111

FOLLOW US



★★★★★

**'Fantastic!'**  
*What's on stage*

★★★★★

**'Delicious fun'**  
*GlamAdelaide*

**FAULTY TOWERS**  
the Dining Experience

**WED 28 OCT**

**DOORS OPEN 7PM • SHOW STARTS 7:30PM**

This 2-hour interactive performance revolves around a bubbly reception, a three-course meal in our function room. Tickets are strictly limited.



**TICKETS**

ADULTS  
**\$70PP**

SENIORS  
**\$60PP**

259 WEST STREET, UMINA BEACH NSW 2257 • P 02 4341 2322

obhotel.com.au We promote the responsible service of gaming and alcohol. All our advertising and promotions are not implicitly or explicitly directed at minors, excluded persons, or vulnerable or disadvantaged groups.





# Classifieds

## ANTENNAS

A Better Picture  
**Antenna & Digital**  
Installations & Tuning  
New home specialist  
Credit cards OK  
**HAYWARD VIDEO**  
All areas  
Gosford 4323 6367  
Woy Woy 4344 4414  
Warnervale 1800 244 456  
0412 685 555

## ASBESTOS REMOVAL

**Asbestos Removal**  
Fully licensed and insured asbestos removals from houses, garages, sheds, bathrooms etc.  
Ph: Tom 0422 653 794 or 4393 9890  
Safe Work NSW Lic. AD212564

## BOREWATER

**Bores and Spears**  
Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.  
Warren Greenway  
Ph: 4341 7736  
Mob: 0408 225 390  
Lic No. DL1960

## CARPENTERS

**Carpentry - Building**  
over 30 years experience  
Local know how - working with pride and honesty  
Paul Skinner  
Lic 62898c  
0432 216 020 or 4339 2317

**MGL CARPENTRY**  
Carpenter & Joiner  
40yrs Experience  
Decks, Pergolas, Doors, Windows etc  
Fully Insured - Call Gary  
0458 130 829  
4341 1346  
no labour & materials over \$1000

**ALL GENERAL CARPENTRY**  
Stairs, pergolas, verandas, decks etc.  
Available now  
Call Michael Bennett  
Ph: 0407 281 046  
Lic. 28352c

## CLEANING

**Weston & Wilson Cleaning Services**  
Domestic, end of lease, holiday & vacate cleans.  
Regular or one off.  
Fully insured, WWC & Police check avail.  
From \$35 hour.  
**Maryanne**  
0403 505 812

## ELECTRICIANS

**BKW**  
Electrical Services  
Lic No:248126C  
Lights - Fans - Power - Reno's - Switchboards - Security lights - No job too small  
Call Ben on  
0404 093 299

**YOUR LOCAL ELECTRICIAN**  
Same day service  
Guaranteed Lighting, Power Points, Phone & Data, Fault Finding, No job too small. Seniors Discount.  
Lic number 265652C  
4308 6771

**Electrical & Data TIM BULLOCK**  
ALL ELECTRICAL AND DATA RESIDENTIAL AND COMMERCIAL  
0427707080  
Lic: 236223C

## ENTERTAINMENT

**The Troubadour Folk and Acoustic Music Club**  
**HALLETT-FLOOD (BLUE MTS) PEPPERCORNS (WA)**  
March 28  
St Lukes Hall  
Woy Woy  
7pm \$12, 15, 20  
www.troubadour.org.au  
4342 6716

## ENTERTAINMENT

**BluesAngels**  
Your total acoustic blues/roots package, top to toe, and then some. Minnie the Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue.  
tomflood@hotmail.com  
4787 5689

## HAIR DRESSER

**H.B.S Hair by Sammy**  
Specialising in Balayage and Hair Extensions  
Balayage starting from \$150\*  
/hairbysammy  
find us on instagram  
sammybaillie1301@hotmail.com  
\*terms and conditions apply

## HANDYMAN

**OLD MAN EMU HANDYMAN SERVICES**  
Covering all your internal and external handyman jobs  
**FREE QUOTES**  
Pensioner discount  
Call David: 0413 396 167

**HANDYMAN CARPENTER**  
40yrs experience  
all work considered  
small jobs welcome  
**FREE quotes and pensioner discounts**  
Use a tradesman who knows what he's doing  
Phone Ian  
0414 698 097  
4341 3113

## LOCKSMITH

**Matt Bell's Locksmith Service**  
All lock repairs  
Lock installations  
24 hour lockout service  
Pensioner discount  
ML 000103741  
Ph: 0404 879 863

## PAINTERS

**BUCELLO'S Painting Services**  
• Residential and Commercial  
• Interior and Exterior  
• New Work and Repaints  
**Free Quotes**  
All work guaranteed  
Lic346302C  
0410 404 664  
**wattyl**

## PLASTERING

**PHIL BOURKE PLASTERING**  
Over 36 yrs exp  
Gyprock, Renovations  
Small Jobs, Free Quotes  
Reliable Service  
0418 452 474  
Licence No 2107c

**LOCAL PLASTERER WALLS, CEILINGS & CORNICES**  
**SMALL JOBS & PATCHING**  
**NO JOBS OVER \$1000**  
**FREE QUOTES**  
**PH: NEVILLE**  
0417 426 254

## PLUMBING

**UMINA BEACH PLUMBING**  
All aspects of Plumbing, Drainage & Gasfitting  
Domestic & Maintenance Works  
Hot Water Installation & Repairs  
4344 3611  
0412 132 729  
Lic no 25650C

## REMOVALS

**KEVIN'S REMOVALS & DELIVERIES**  
Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.  
02 4342 1479  
0411 049 559

## PUBLIC NOTICE

Too many of our loved ones are taken by cancer.

Help us work towards a world without cancer by donating to innovative research.

The Australian Cancer Research Foundation can provide envelopes and memorial ribbons for funeral services.

For more information, please contact Liviana on 1300 884 988 or email [inmemoriam@acrfl.com.au](mailto:inmemoriam@acrfl.com.au)

AUSTRALIAN CANCER RESEARCH FOUNDATION

**Car Boot Sale**  
Woy Woy Peninsula Lions Club

**MAR 29**

6am to 1pm

Great variety of stalls ~ BBQ, Tea & Coffee.  
Vendors Welcome ~ \$15 per car  
Now at Dunbar Road Car Park  
NB stall sites not open until 6.30am  
Cnr. Ocean Beach Road Woy Woy

Always Last Sunday (no events in December)  
Enq: 0478 959 895

## REMOVALS

**Allways Moving Removals**

House, office units  
No job too big or too small  
Affordable rates

Call for free quote  
0497 800 074  
0421 084 650

## TILING

**Homes2NV**  
**Tiling Wall & Floor Property Maintenance**  
0439 589 426  
[homes2nv@gmail.com](mailto:homes2nv@gmail.com)

**Help Ted Noffs Foundation get addicted children clean**

Please donate to support our live-in programs, giving addicted children their lives back. Buy beds for Ted. Call 1800 151 045 or visit [noffs.org.au](http://noffs.org.au)

Help

tednoffs FOUNDATION

## Classifieds advertising rates - in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See or [www.centralcoastnews.net](http://www.centralcoastnews.net)

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

## Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

## Business rates

The minimum size of 5cm X a single column only costs \$50 + GST in mono and an extra \$10 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having a prepaid classified advertisement run for 6 editions only costs \$250 + GST and \$50 + GST more for colour. For 12 editions, it is \$495 + GST and \$100+ GST more for colour. For 24 editions, it is only \$950 + GST and \$200 + GST for colour, a saving of \$290 + GST.

Artwork is free and advertisers are encouraged to change their advertisements frequently

**IT'S A NO BRAINER!**  
An advertisement in 20,000 newspapers for only \$25 + GST per week  
Call now before the price goes up  
Ph: 4325 7369









# NOT FOR PROFIT ORGANISATIONS

## Art & Culture

Central Coast  
Art Society  
Weekly paint-outs  
Tues 0428 439 180.  
Workshops 9.30am 1st & 3rd  
Wed Gosford City Art Centre  
4363 1156.  
Social Meetings 1.30pm 4th  
Wed for demonstrations  
4325 1420  
publicity@artcentralcoast.asn.au

Central Coast  
Handweavers,  
Spinners and  
Textile Arts Guild  
Spinning and weaving,  
patchwork and quilting, felting  
and other fibre and fabric  
crafts, community quilting  
bees  
Day and Night Groups  
4325 4743  
www.cottagecrafts.net.au

Ettalong Beach Art  
& Crafts Centre  
Adult classes in Pottery  
Watercolours, Oils, Acrylics,  
Pastels, Silvercraft,  
Patchwork & Quilting  
0412 155 391  
www.ebacc.com.au  
ebacc.email@gmail.com

Hospital Art  
Australia Inc.  
Meet every Tue and Fri  
9am-2pm - 109 Birdwood  
Ave, Umina - Painting and  
Canvas drawing. Volunteers  
welcome  
0431 363 347  
hospitalartaustralia.com.au

## Community Centres

Peninsula Community  
Centre  
Cnr Ocean Beach Rd &  
McMasters Rd Woy Woy  
Activities, programs and  
support groups for children,  
teens, adults and seniors  
including occasional care,  
playgroups, dance classes,  
karate, fitness classes, youth  
services, gambling solutions,  
internet kiosk and social  
groups.  
4341 9333  
www.coastcommunityconnections.com.au

Empire Bay Probus Club  
Friendship, fellowship,  
and fun in retirement.  
Very active club, outings,  
excursions, dining - 3  
times a month  
1st Thur 1.30pm  
Empire Bay Progress Hall  
Visitors Welcome.  
0419 252 708

Ettalong 50+ Leisure  
& Learning Centre  
Cards, Chess, Choir, Creative  
Folk Art, Dancing, Darts,  
Handicraft, Handicrafts,  
Indoor Bowls, Leatherwork,  
Line Dancing, Mahjong,  
Painting, Rummking,  
Scrabble, Table Tennis,  
Ukulele, Women's Shed,  
4304 7222

Brisbane Water  
Caravan Club  
Caravans Wanted to  
join and have fun  
Gosford NSW  
Your owners are most  
welcome too  
https://bwcaravanclub.  
wixsite.com/bwcc  
Contact Joe  
4344 4363

Central Coast  
Community  
Legal Centre  
Not for profit service providing  
free legal advice.  
Monday to Friday  
9am to 5pm  
4353 4988  
contact@centralcoastclc.org.au

Point Clare  
Community Hall  
Community Garden -  
Playgroup  
Craft and Exercise Groups  
Function or Meeting Hire  
Managed by Gosford  
Regional Community  
Services  
Enquiries regarding hire to  
4323 7483  
accounts@gosfordcommunity.org.au  
www.gosfordcommunity.org.au

## Community Groups

ABC "The Friends"  
Support group for Public  
Broadcaster.  
Aims: Safeguard ABC's  
independence, adequate  
funding, high standards.  
Meetings through the year +  
social afternoons  
Well-known guest speakers  
4341 5170  
www.fabcnsw.org.au

Central Coast  
Caravanners Inc  
3rd Sun - Jan to Nov  
Visitors - New Members  
welcome, Trips Away, Social  
Outings, friendship with like  
minded folk -  
Details from Geoff  
0447 882 150

CENTRAL COAST  
50+ SINGLE &  
SOCIAL GROUP  
Fun And Friendship With an  
Excellent Monthly Program of  
Dinner, Dancing, Scrabble,  
Cards, And Tenpin Etc.  
So Call -  
0437 699 366  
0412 200 571

CCLC Indoor Bowls  
Mon - Ladies Social  
Wed Night - Mixed Social  
Sat - Mixed Social  
New members welcome -  
tuition given  
level 2 Central Coast  
Leagues Club  
4334 3800

Peninsula Village  
Playgroup  
Carers, Grandparents,  
parents & children  
'Intergenerational Playgroup'  
Tues 10-11.30am  
4344 9199

Peninsula School  
for Seniors  
Community Centre,  
McMasters Road, Woy Woy  
Discussions, rumikin, craft,  
history, walks, & coach trips  
Tues, Wed, Thur  
4341 5984 or 4341 0800

Seniors Computer Club  
Central Coast  
A non-profit seniors club  
to help members master  
computers, tablets,  
phones and keep up  
with grand children  
Friendly Volunteer Helpers  
sccc@internode.on.net  
Google scccincumber  
4307 9421

The Krait Club  
Community Centre - Cooinda  
Village, Neptune St, Umina  
10.30am For seniors. Gentle  
exercises, quizzes, games,  
social activities, guest

speakers, entertainment and  
bus trips - 4344 3277

Umina Beach  
Men's Shed  
Men share a variety of tools,  
pursue interests and hobbies,  
spend time with other men  
and learn new skills  
Darrell 4342 9606

Volunteering  
Central Coast  
Refers potential volunteers  
to community orgs. Supports  
both volunteers and  
community orgs. Training for  
volunteers & their managers.  
4329 7122  
recruit@volcc.org.au

Wagstaffe to Killcare  
Community  
Protect and preserve the  
environment & residential  
nature of the Bouddi  
Peninsula and to strengthen  
community bonds  
2nd Mon, 7.30pm  
Wagstaffe Hall 4360 2945  
info@wagstaffetokillcare.org.au

Wine appreciation club  
Central Coast Leagues Club  
2nd Wed

Taste and be educated on  
wine by various wineries.  
Purchases not mandatory  
Keith - 0420 722 529  
Fraser - 0416 831 088

## Entertainment

Frantastics Choir Inc  
High quality variety  
entertainment available for  
matinee  
bookings at your venue.  
New members welcome.  
1pm Mondays during school  
terms  
Walter Baker Hall, Woy Woy  
4343 1995  
www.frantastics.org

LEARN TO DANCE  
Social ballroom dancing for all  
ages, all you need is a desire  
to learn and dance,  
no partner required.  
meet every Tues - St Luke's  
Anglican Church, 7pm  
& 15 Lorraine Ave  
Berkeley Vale, 2:30pm  
Anne - 0409 938 345  
anneglazier@yahoo.com

## Health Groups

Al-Anon  
If someone's drinking is  
causing you problems...  
Al-Anon can help  
1300 252 666  
Meetings Sat 2pm  
Woy Woy Hospital  
Ocean Beach Road

Arthritis NSW  
Woy Woy support group  
Ettalong Bowling Club  
Springwood Road Woy Woy  
3rd Tues 10.30am  
1800 011 041

Better Hearing  
Australia - Central  
Coast  
Hearing loss management  
Support and educational  
groups providing practical  
experience and confidence  
Learn the benefits of hearing  
aids - 4321 0275

BlueWave Living  
Woy Woy Community  
Aged Care facility providing  
residential aged care to the  
frail aged.  
Permanent and respite care  
accommodation available.  
Information 2nd and 4th Wed  
- 10am - 4344 2599  
reception@bluewavelliving.org.au

Central Coast  
Parkinson's  
Support Group  
We aim to help individuals  
and their families better  
manage living with  
Parkinson's Disease  
Guest speakers are a regular  
feature of our meetings.  
2nd Tue - 1.30pm  
1800 644 189

Gambling Solutions  
Gambling help counsellors  
providing free confidential  
professional service to  
gamblers, family and friends.  
Woy Woy, Kincumber,  
Gosford and The Entrance  
4344 7992

GROW Support Groups  
Small friendly groups formed  
to learn how to overcome  
anxiety, depression and  
loneliness and to improve  
mental health and well-being.  
Anonymous, free and open  
to all. Bring a support person  
if you like. Weekly meetings  
at Woy Woy, Bateau Bay and  
Wyong  
1800 558 268  
www.grow.org.au

Meals on Wheels  
Delicious meals delivered  
free - Join us for a midday  
meal - Help with shopping  
and cooking classes  
4341 6699

Mary Mac's Place  
Providing hot, freshly cooked  
meals - Mon to Fri 11am-1pm  
with support, info & referrals  
4341 0584  
marymacs@woywoycatholic.org.au

Overeaters  
Anonymous (OA)  
12-step fellowship for those  
with eating disorders. No  
dues, fees, or weigh-ins.  
Peninsula Com. Cntr, cnr. Mc  
Masters Rd & Ocean Beach  
Rd. Woy Woy, Fri 8pm  
0412 756 446  
www.oa.org

Peninsula Village  
Wellness Centre  
Offering holistic and  
complementary therapies  
including aromatherapy,  
massage and music therapy  
4344 9199

Peninsula Village Meals  
Delivered daily to your door  
Nutritious, great for the elderly  
4344 9199

Peninsula Village  
Carer's Support Group  
For carers of loved ones with  
dementia - 1st Wed - 10 to  
11.30am  
Paula 4344 9199

Prostate Cancer  
Support Group  
(Gosford)  
Last Fri, Terrigal Uniting  
Church, 380 Terrigal Drive,  
Terrigal  
9.30am to 12 noon  
4367 9600  
www.pcfa.org.au

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suffering from Domestic  
Violence offering a holistic  
program making our  
community safer.  
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Monday @ Ettalong Baptist  
Church Barrenjoey Room ,

book an appointment:  
0417 472 374  
penlighthouse@gmail.com  
www.peninsulalighthouse.info/

Schizophrenia and  
Bipolar Fellowship  
For Schizophrenia/Bipolar/  
Mental Health sufferers,  
family, carers and friends. .  
1st Thur - 1pm Room 3  
Uniting Church Donnison St  
Gosford  
4344 7989 or 4368 2214

Woy Woy Stroke  
Recovery Club  
Everglades Country Club  
2nd Tues 11am  
Company, up-to-date info,  
hydrotherapy, bus trips  
1300 650 594

## Music

Brisbane Water Brass  
Brass Band entertainment for  
the community playing all  
types of popular music.  
Rehearsal every Wed  
8pm -10pm  
0419 274 012

Coastal a Cappella  
Vibrant women's a cappella  
chorus. New members  
welcome - music education  
provided. Rehearsals.  
Tues 7pm Gosford Tafe  
Performance opportunities  
Hire us for your event  
0412 948 450  
coastalacappella@gmail.com

Soundwaves  
A cappella harmony for Men  
- new members welcome.  
Rehearsals Mondays 7.00pm  
to 9.30pm Central Coast  
Leagues Club, Dane Drive,  
Gosford  
Ring Max on 4324 3631  
or Kieran 4324 1977

Troubadour Central  
Coast Folk, Traditional  
& Acoustic  
Music and Spoken Word  
Concerts, Ukulele meets, and  
Sessions  
4th Sat 7pm CWA Hall Woy  
Woy 4342 6716  
mail.info@troubadour.org.au

## Political Groups

Australian Labor Party  
Political discussions, national,  
state and local government  
issues

Umina Ettalong Branch  
2nd Mon Umina Beach  
Bowling Club 7.30pm 4342  
3676

Ourimbah/ Narara  
Branch  
Niagara Park Primary School  
7.30pm 1st Mon  
0410 309 494  
kyle.magregor@hotmail.com  
Woy Woy Branch  
Everglades Country Club  
7.30pm 2nd Mon  
Peninsula Day Branch  
1pm 2nd Mon  
CWA Hall Woy Woy  
4341 9946

Liberal Party of  
Australia  
Woy Woy Branch  
4th Thur 6.30pm  
Club Umina, Melbourne Ave,  
Umina Beach  
woywoyliberals@gmail.com

Central Coast Greens  
Active regarding ecological  
sustainability, social &  
economic justice, peace &  
non-violence, grassroots  
democracy & getting  
Greens elected  
3rd Thur  
centralcoast.nsw.greens.org.au  
centralcoastgreens@gmail.com

## Service Groups

Lions Club of Woy Woy  
3rd Mon.  
Woy Woy Leagues Club  
Make new friends and  
have fun while serving your  
community.  
0478 959 895

Rotary Clubs  
International service club  
improves lives of communities  
in Aust. & o/seas. Fun-filled  
activities, fellowship and  
friendship.

Rotary Club of Kariong  
Phillip House, 21 Old Mount  
Penang Rd, Fri 7.15am  
4340 4529  
kersuebay@philiphouse.com.au

## Rotary Club of Umina Beach

Wednesdays 6.30pm  
Everglades Country Club  
0409 245 861  
curleys@ozemail.com.au  
0409 245 861  
Rotary Club of Woy Woy  
Tues 6pm Everglades  
Country Club.  
Don Tee 0428 438 535

## Special Interest

Bridge  
Duplicate Bridge Mon Tue  
Thur Fri Sat-12.15pm  
& Wed 9.15am  
Brisbane Water Bridge Club,  
Peninsula Community Centre  
93 McMasters Rd.  
Woy Woy  
www.brisbane-water.bridge-club.org

Cash Housie  
50 Games every Sat night  
Peninsula Community Centre,  
McMasters Rd, Woy Woy,t  
7.30pm. Proceeds to Woy  
Woy Catholic Parish.  
www.cashousie@hotmail.com

Central Coast Family  
History Society Inc.  
Resources, information  
& advice to study your  
family's history.  
1st Sat 1pm Lions  
Community Hall, 8 Russell  
Drysdale St, E. Gosford.  
www.centralcoastfhs.org.au  
4324 5164

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Tenants' Advice and  
Advocacy Service  
Help with issues with  
landlords & real estate  
agents? Free telephone  
advice and advocacy for  
all tenants and residents in  
residential parks.  
4353 5515  
cctaas@hotmail.com

Central Coast  
Rescue Unit  
Marine Education Courses.  
Radio Licenses, Boat  
Safety & Boat License  
& PWC License Tests,  
Navigation, Seamanship and  
Meteorology.  
4325 7929  
www.vmrcc.org.au

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Come and have an Air  
Experience Flight  
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14 and up for Training  
Flying at Bloodtree Road  
Mangrove Mountain Thur,  
Sat, Sun (weather permitting)  
0412 164 082  
0414 635 047  
www.ccsoaring.com.au

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which members are  
empowered to develop  
communication and  
leadership skills, resulting in  
greater self-confidence and  
personal growth  
2nd & 4th Tue, 7:30PM,  
Ettalong Diggers  
0408 416 356

Peninsula  
Environment Group  
Environmental projects,  
(incl. Woytopia),  
Woy Woy community garden,  
social events, workshops,  
organic food buying group  
www.peg.org.au

Central Coast  
Goju-Kai Karate  
Traditional Karate & Self  
Defence for Teens & Adults  
No Contracts, Cheap Rates  
Wamberal - Mon 630pm  
Kincumber - Thurs 715pm  
0417 697 096  
www.centralcoastgoju-  
kaikarate.com.au

## Veterans

National Malaya Borneo  
Veterans Association  
1st Sat (except Jan) 10.30am  
Umina Club  
Melbourne Avenue  
Umina Beach  
4342 1107

Veterans' Help Centre'  
Assist all veterans &  
families with pension &  
welfare issues.  
Mon & Wed 9am-1pm  
4344 4760 Cnr Broken Bay  
Rd & Beach St Ettalong.  
centralcoastveterans@bigpond.com.

Woy Woy Ettalong  
Hardy's Bay RSL  
Provide help with pensions  
and welfare etc.  
Shop 5/382 Oceanview Rd  
Ettalong. Tues & Thurs 9am  
to 1pm 4341 2594

## Women's Groups

CWA-Umina Beach  
Cnr Ocean Beach Rd and  
Sydney Rd  
Craft & Friendship: 1st, 3rd,  
4th Wednesday at 9.30  
Branch Meeting: 2nd  
Wednesday at 10am  
Phone: 0410324282  
cwaofnswumina@bigpond.com

Country Women's  
Association Woy Woy  
30 The Boulevard, Woy Woy  
Craft & Friendship: 1st, 2nd  
and 3rd Wed 10AM.  
Meetings: 4th Wed 10AM.  
Ph: 0411 434 785  
woywoyowa@gmail.com

Peninsula Women's  
Health Centre  
Counselling, therapeutic and  
social groups, workshops,  
domestic violence and abuse  
issues. All services by women  
for women  
4342 5905  
www.cccwhc.com.au

# NEWSPAPERS

Central Coast

If you would like your Community Organisation listed here call  
us on 4325 7369 or see [www.coastcommunitynews.com.au](http://www.coastcommunitynews.com.au)



## Surf club member to provide livestream coverage

**Umina Surf Life Saving Club's Mr Harold Marshall has been given the role of providing livestream coverage of Surf Life Saving NSW's State Championships as well as hosting a highlights show which will be aired on Fox Sports.**

The role will see him cover the Champion Lifesaver Patrol Competition and Age, Open and Masters Championships from February 22 to March 8 for the livestream.

A long-time member of the club Mr Marshall said being a part of the surf lifesaving movement had helped everyone in his family find their place within the community and contribute in a way that meant giving back and becoming happy, healthy individuals.

"The best part is being able to spend so much time with my wife and kids while teaching the real values that will get them far in life," he said.

"Ayya, my eldest daughter was really enjoying her time in Under-8s back in 2010 and I wanted to get involved too."

"I wasn't a great swimmer, never paddled a board and had no tangible first aid skills."

"My wife knew my limited capabilities and encouraged me to try."

"I did and have never looked back, always looking for more opportunities to help out in any capacity," he said.

Mr Marshall said he had always measured his children by how much fun they were having, how many new friends they had made, what they had learnt and how they had made a positive contribution back to the club and community.

He had no idea that walking through the doors of Umina Surf Club 10 years ago would have such a profound effect on their family and their lives.

"Family is everything to us at Umina."

"It's not your own bloodline but everyone dons the black, blue and white cap."

"It's a special bond that isn't akin to many other sports."

"There just aren't many other sports or activities where a family does everything together," he said.

In 2011 Mr Marshall gained his official's accreditation and has been religiously on the beach at surf events since.

He said being an official had been great for him.

"You always have the best seat in the house, first up," he said.

"Also, you're actually helping. You get to be part of the fabric of the event."

"You learn so many technical aspects of sport from watching the best athletes right down to the fine details of the surf sports manual," he said.

**SOURCE:**

Media release, 10 Feb 2020  
Donna Wishart, SLS NSW



## Staff win first round of volleyball tournament

**Brisbane Water Secondary College Woy Woy campus held the first round of its Staff versus Students Volleyball Tournament on February 14.**

There was no love lost on that Valentine's Day, with the teachers emerging victors, winning all six of the games played.

Campus principal Ms Rebecca Cooper said there was plenty of

passion, precision and power out on the court in round one, along with some great sportsmanship.

"As they predicted, the teachers won all their rounds."

"Students will need to up their game for round two," Ms Cooper said.

**SOURCE:**

Social media, 14 Feb 2020  
Rebecca Cooper, BWSC Woy Woy

**Umina Beach Markets**

99 STALLS  
9AM-2PM

**UMINA SYDNEY AVE**

**THIRD SUNDAY MONTHLY**

**2020 DATES**

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|--------|--------|
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| APR 19 | SEP 20 |
| MAY 17 | OCT 18 |
| JUN 21 | NOV 15 |
| JUL 19 | DEC 20 |

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WOY WOY

**WOY WOY WHARF**  
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|  |  |   |   |  |  |
|--|--|---|---|--|--|
| <b>BOOKER BAY</b><br><br>Booker Bay General Store<br>72 Booker Bay Rd  | Ettalong Diggers<br>51-52 The Esplanade<br><br>Atlantis Apartments<br>The Esplanade                          | <b>POINT CLARE</b><br><br>ALDI<br>53-59 Brisbane Water Dr   | Club<br>509 Ocean Beach Rd<br><br>Umina Beach Café<br>509 Ocean Beach Rd                        | Kuoch Chemist<br>43/45 Blackwall Rd<br><br>Ms Liesl Tesch MP<br>20 Blackwall Rd  | Caltex<br>66 Memorial Ave                            |
| <b>DALEY'S POINT</b><br><br>The Cove Retirement Village<br>36 Empire Bay Dr  | The Box on the Water<br>Ettalong Beach Waterfront Reserve<br><br>Ettalong Beach Motel<br>46 The Esplanade    | <b>PRETTY BEACH</b><br><br>Pretty Beach Public School<br>Pretty Beach Rd  | Ocean Beach Surf Life Saving Club<br>176 The Esplanade<br><br>Club Umina<br>Melbourne Ave       | Peninsula Plaza<br>Woy Woy<br><br>Michel's Patisserie<br>Peninsula Plaza   | Woy Woy Public Hospital<br>7 Kathleen St             |
| <b>EMPIRE BAY</b><br><br>Bayside Gardens Lifestyle Village<br>437 Wards Hill Rd<br><br>Empire Bay Tavern<br>1 Poole Cl | 50+ Leisure and Learning Centre<br>Broken Bay Rd & Karingi St<br><br>Ettalong Public School<br>23 Karingi St | <b>UMINA</b><br><br>Ettalong Bowling club<br>103 Springwood St<br><br>Cooinda Village<br>12/2-18 Neptune St                 | Peninsula Village<br>91 Pozieres Ave<br><br>Umina Library<br>Cnr West Street and Bullion Street | Woy Woy Library<br>Cnr Blackwall Rd &, Oval Ave<br><br>The Bayview Hotel<br>2-16 The Boulevarde  | Boronia Court Hostel<br>Kathleen St                  |
| Impact Plants Café<br>9 Poole Cl<br><br>United<br>306 Empire Bay Dr  | <b>GOSFORD</b><br><br>Imperial Centre<br>171 Mann St<br><br>Masonic Centre<br>86 Mann St                     | Broken Bay Parish Uniting Church<br>346 Ocean Beach Rd<br><br>The Bourke Road Store<br>174 Bourke Rd                        | Peninsula Office Supplies<br>296 West St<br><br>Umina Beach Newsagency<br>310 West St           | Woy Woy Hotel<br>33 The Boulevarde<br><br>Gnostic Mana Café<br>31 The Boulevard  | BlueWave Living-<br>5/6 Kathleen St                  |
| <b>ERINA FAIR</b><br><br>Service desk<br>Terrigal Dr   | Central Coast Leagues Club<br>1 Dane Dr<br><br>Gosford RSL Club<br>26 Central Coast Hwy                      | McDonald's<br>430/438 Ocean Beach Rd<br><br>Caltex Woolworths<br>337 West St  | Chemsave Chemist<br>299 West St<br><br>Blooms The Chemist<br>Shop 6/286 West St                 | Woy Woy Organics<br>8/23-27 Chambers Pl<br><br>Fishermen's Wharf<br>The Boulevarde   | Peninsula Community Centre<br>93 McMasters Rd        |
| Woolworths<br>620-658 Terrigal Dr  | <b>HARDY'S BAY</b><br><br>Hardy's Bay Club<br>14 Heath Rd  | Coles Express<br>1-3 Sydney Ave<br><br>Woolworths<br>261-275 Trafalgar Street Corner, West St                               | Umina Surgery<br>297 West St<br><br>Yousave Chemist<br>315 West St                              | Woy Woy Bowling Club<br>186 Brick Wharf Rd<br><br>Woy Woy Rugby League Club<br>82 Blackwall Rd   | Meals On Wheels<br>Ocean Beach Rd                    |
| <b>ETTALONG</b><br><br>Ingenia Lifestyle<br>1 Fassifern St   | <b>KINCUMBER</b><br><br>Kincumber Nautical Village<br>57 Empire Bay Dr                                       | ALDI<br>310 Trafalgar Ave<br><br>Coles<br>4 Oscar St  | Umina Beach Public School<br>Sydney Ave<br><br>Lois Jones Real Estate<br>226 West St            | St Vincent De Paul Society<br>43 The Boulevarde<br><br>Woy Woy Public School<br>Blackwall & Park Rds   | Coles Express<br>50-52 Ocean Beach Road &, Rawson St |
| Ettalong Beach Tourist Resort<br>189 Ocean View Rd<br><br>Cinema Paradiso<br>189 Ocean View Rd                         | <b>PEARL BEACH</b><br><br>Pearl Beach Cafe and General Store<br>1 Pearl Parade                               | NRMA Ocean Beach Holiday Resort<br>Sydney Ave<br><br>Jasmine Greens Park Kiosk<br>Peninsula Recreation Precinct, Sydney Ave | <b>WAGSTAFFE</b><br><br>Wagstaff Newsagency & General Store<br>46 Wagstaffe Ave                 | Woy Woy Organics<br>8/23-27 Chambers Pl<br><br>Fishermen's Wharf<br>The Boulevarde   | Brisbane Waters Private Hospital<br>21 Vidler Ave    |
| IGA<br>396 Ocean View Rd<br><br>Ettalong Beach Newsagency<br>257 Ocean View Rd   | <b>PHEGANS BAY</b><br><br>Box outside RFS<br>Wattle Crescent   | Umina Surf Life Saving  | <b>WOY WOY</b><br><br>Link and Pin<br>18A Railway St  | Woy Woy Organics<br>8/23-27 Chambers Pl<br><br>Fishermen's Wharf<br>The Boulevarde   | KFC<br>91 Blackwall Rd                               |
| Mantra Ettalong Beach<br>53/54 The Esplanade   |  |   |   | Deepwater Plaza<br>Railway St<br><br>Living Choice<br>Deepwater Court Retirement Village<br>25 Park Rd<br><br>Home Timber & Hardware<br>182 Blackwall Rd | Woy Woy Public School<br>Blackwall & Park Rds        |
|  |  |   |   |  | Peninsula Leisure Centre<br>243 Blackwall Rd         |
|  |  |   |   |  | Woy Woy South Public School<br>The School Mall       |
|  |  |   |   |  | Kitchener Park<br>Maitland Bay Dr                    |
|  |  |   |   |  | HammondCare<br>286 Railway St                        |
|  |  |   |   |  | Everglades Country Club<br>Dunban Rd                 |

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## Social cup celebrates 40 years of touch football

**Peninsula Touch Association held its Piranha Social Cup at McEvoy Oval in Umina on February 19.**

The social knockout event was played with some older rules reintroduced to commemorate 40 years of touch football on the Peninsula.

Players were allowed to kick on the last touch, which along with some other minor rule changes, provided the platform for a night of fun with almost 40 teams taking part.

Commencing as Woy Woy Touch Football in late 1979 with only a handful of teams and volunteers, the Association has grown to a membership of around 800 players, volunteers, referees, coaches, managers and supporters.

Association president Mr Rod

Dillon addressed the crowd and reflected on the history and sense of friendship and community that Peninsula had embraced over the years.

Mr Dillon said many volunteers had contributed countless hours over many years that had been the lifeblood of the organisation.

"The contribution of referees, coaches, managers, players, supporters and sponsors is so crucial in the success and longevity of Peninsula Touch," said Mr Dillon.

Mr Dillon also spoke of the importance of more volunteers sharing the load so that Peninsula Touch Association continues to prosper.

"The role of Central Coast Council, not just as a provider of facilities, but as a valuable partner in making Touch Football accessible to the Peninsula

community, also deserves special mention," he said.

Life member and former president, player, coach and referee Mr Mark Wilson paid tribute to founders and Life Members, Mr Ray Mason (deceased) and Mr Wally Markham.

"For many of the formative years and beyond, they were the backbone of both local and representative touch football and their contribution provided the foundation for the club that still thrives today," said Mr Wilson.

Peninsula Touch runs all year round with the winter competition commencing in May.

Team registrations are now open on the Peninsula Touch Association website.

**SOURCE:**

Media release, 26 Feb 2020  
Rod Dillon, Peninsula Touch Association



## Narrowly beaten for bronze

**Umina's Jemma Smith has returned from the 2020 Oceania Canoe Sprint Championships, having narrowly been beaten for bronze medals in two events.**

Held from February 12 to 16 at the Sydney International Regatta Centre, Jemma competed for

Avoca Kayak Club in the Women's Open and 23-and-Under divisions.

Jemma's first event was the Women's Open K1 500.

She made it to the semi-finals where she placed seventh but did not qualify for the final.

She then competed in the direct final of the Women's 23-and-Under K2 500 event with clubmate

Georgia Sinclair, where they were narrowly beaten to the bronze medal by the South Australian pair of Caitlin Webber and Francesca Kidd by less than two seconds.

The pair then competed in the Women's Open K2 500 together and looked to be contenders throughout the heats, never falling outside of a top four position and

even placing second in their semi-final but were outclassed in the final by a strong international field and placed eighth.

The Jemma-Georgia duo then teamed up with the South Australians that bested them in the Women's 23-and-Under K2 500 for the Women's Open K4 500 and were again narrowly beaten to the

bronze by a combined NSW-QLD team.

Jemma ended her run through the championships with an eight in the Women's Open K1 200.

**SOURCE:**

Website, 21 Feb 2020  
Results Portal, Paddle Australia 2020 Oceania Canoe Championships

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**Media releases, 24 Feb 2020**  
**Garry Burkinshaw, Central**  
**Coast Cricket Association**

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated.

| Date | Day | Temps |      | Rain  | Evap | Sun | Max wind gust |      |       | 9am  |     |         |      |      |      | 3pm  |     |         |      |      |      |
|------|-----|-------|------|-------|------|-----|---------------|------|-------|------|-----|---------|------|------|------|------|-----|---------|------|------|------|
|      |     | Min   | Max  |       |      |     | Dirn          | Spd  | Time  | Temp | RH  | Cld     | Dirn | Spd  | MSLP | Temp | RH  | Cld     | Dirn | Spd  | MSLP |
|      |     | °C    | °C   |       |      |     | mm            | mm/h | local | °C   | %   | eighths |      | km/h | hPa  | °C   | %   | eighths |      | km/h | hPa  |
| 1    | Sa  | 22.6  | 37.0 | 0     |      |     | ENE           | 33   | 15:58 | 29.3 | 71  |         | E    | 6    |      | 34.4 | 50  |         | E    | 19   |      |
| 2    | Su  | 24.1  | 30.2 | 0     |      |     | S             | 41   | 16:51 | 27.4 | 73  |         | SSW  | 4    |      | 27.7 | 77  |         | SE   | 13   |      |
| 3    | Mo  | 23.0  | 31.2 | 0.2   |      |     | S             | 56   | 18:54 | 24.4 | 96  |         |      | Calm |      | 29.4 | 70  |         | SSW  | 6    |      |
| 4    | Tu  | 19.4  | 22.8 | 0.2   |      |     | SSE           | 39   | 02:14 | 19.9 | 60  |         | S    | 17   |      | 21.4 | 60  |         | SSE  | 11   |      |
| 5    | We  | 15.5  | 24.9 | 0     |      |     | ESE           | 35   | 14:39 | 21.7 | 67  |         |      | Calm |      | 24.4 | 61  |         | E    | 17   |      |
| 6    | Th  | 19.4  | 23.9 | 0     |      |     | E             | 30   | 17:45 | 20.0 | 96  |         | E    | 7    |      | 23.1 | 84  |         | SE   | 6    |      |
| 7    | Fr  | 18.7  | 21.4 | 0     |      |     | ESE           | 48   | 14:13 | 19.3 | 99  |         | SE   | 4    |      | 19.7 | 100 |         | ESE  | 22   |      |
| 8    | Sa  | 18.8  | 22.7 | 2.0   |      |     | ENE           | 46   | 15:57 | 20.6 | 100 |         | NE   | 7    |      | 20.9 | 93  |         | ENE  | 17   |      |
| 9    | Su  | 20.0  | 22.1 | 57.8  |      |     | SE            | 67   | 07:52 | 20.8 | 100 |         | SE   | 31   |      | 21.3 | 100 |         | E    | 13   |      |
| 10   | Mo  | 20.6  | 27.8 | 117.4 |      |     | E             | 33   | 23:31 | 21.5 | 100 |         | NE   | 4    |      | 27.1 | 77  |         | E    | 6    |      |
| 11   | Tu  | 19.6  | 29.6 | 0     |      |     | NE            | 31   | 15:41 | 22.9 | 92  |         | W    | 6    |      | 26.9 | 66  |         | ENE  | 17   |      |
| 12   | We  | 20.7  | 25.4 | 0.2   |      |     | ESE           | 22   | 15:15 | 22.9 | 97  |         | SSW  | 6    |      | 24.2 | 93  |         | ENE  | 9    |      |
| 13   | Th  | 22.0  | 25.0 | 4.6   |      |     | E             | 28   | 12:56 | 23.4 | 100 |         | S    | 6    |      | 23.8 | 100 |         | ENE  | 9    |      |
| 14   | Fr  | 20.2  | 25.7 | 3.2   |      |     | S             | 33   | 14:34 | 22.5 | 88  |         | S    | 11   |      | 25.0 | 66  |         | SSE  | 13   |      |
| 15   | Sa  | 16.5  | 26.4 | 0.2   |      |     | SSW           | 19   | 12:09 | 22.5 | 81  |         |      | Calm |      | 24.8 | 68  |         | S    | 9    |      |
| 16   | Su  | 19.6  | 25.6 | 6.4   |      |     | SE            | 24   | 13:06 | 22.8 | 82  |         | SSW  | 7    |      | 24.9 | 70  |         | SSE  | 11   |      |
| 17   | Mo  | 20.8  | 23.9 | 10.2  |      |     | W             | 20   | 07:38 | 21.0 | 99  |         | NNE  | 4    |      | 23.0 | 94  |         | SSW  | 6    |      |
| 18   | Tu  | 18.8  | 31.8 | 3.0   |      |     | SW            | 67   | 22:08 | 23.1 | 94  |         | S    | 2    |      | 30.9 | 60  |         | ENE  | 20   |      |
| 19   | We  | 19.9  | 29.3 | 12.2  |      |     | W             | 39   | 14:28 | 23.6 | 52  |         | WNW  | 9    |      | 28.7 | 35  |         | WSW  | 17   |      |
| 20   | Th  | 15.3  | 23.8 | 0.2   |      |     | S             | 28   | 11:18 | 21.9 | 68  |         | SW   | 6    |      | 22.8 | 62  |         | SSE  | 11   |      |
| 21   | Fr  | 19.0  | 24.8 | 0     |      |     | ESE           | 20   | 17:33 | 21.5 | 74  |         |      | Calm |      | 23.8 | 68  |         | ENE  | 11   |      |
| 22   | Sa  | 18.4  | 21.9 | 29.6  |      |     | SSW           | 19   | 07:07 | 19.0 | 94  |         | SW   | 11   |      | 21.0 | 82  |         | SSE  | 4    |      |
| 23   | Su  | 18.5  | 25.3 | 5.0   |      |     | ENE           | 26   | 10:31 | 21.5 | 89  |         | S    | 2    |      | 24.3 | 60  |         | ENE  | 13   |      |
| 24   | Mo  | 17.8  | 27.1 | 0     |      |     | NE            | 30   | 14:53 | 21.4 | 85  |         |      | Calm |      | 25.6 | 61  |         | ENE  | 17   |      |
| 25   | Tu  | 18.2  | 28.8 | 0     |      |     | NE            | 33   | 16:51 | 22.6 | 82  |         |      | Calm |      | 27.5 | 61  |         | ENE  | 19   |      |
| 26   | We  | 19.7  | 32.9 | 0     |      |     | S             | 50   | 20:29 | 26.8 | 63  |         | NNW  | 4    |      | 23.7 | 78  |         | NW   | 33   |      |
|      |     |       |      |       |      |     |               |      |       |      |     |         |      |      |      |      |     |         |      |      |      |



## Pirates win medals in country championships

The Woy Woy Pirates Swim Club have returned from the NSW Country Championships with several medals.

The championships were held from February 21 to 23 at Sydney Olympic Park Aquatic Centre with the Pirates fronting up in several events.

Cassandra Van Breugel was the club's most successful athlete of the championships, taking out the gold in the Women's 17 and Over 100m Breaststroke, 200m Breaststroke and 200m IM; silver in the 50m Freestyle and 50m Breaststroke and bronze in the 100m Butterfly.

Cassandra also picked up bronze in the Women's Open 50m Butterfly.

Joshua Smith was the club's second highest achiever in the

Men's 15 and Over Multiclass, picking up bronze in the 100m Backstroke and 200m IM and just missing out on his third bronze after finishing fourth in the 50m Freestyle.

William Slater was the club's only other individual competitor to win a medal, taking bronze in the Men's 13 and Under 400m Freestyle, before he teamed up with clubmates Johnathan Hall, Ronnie Jordan and Kobe Linnert to take out the silver in the Men's 12 and Under 200m Freestyle Relay.

The club also had several competitors finish within the top 10 of their races in both individual and team events which helped the club reach a total point finish of 385.

**SOURCE:**

Website, 26 Feb 2020  
Mike Shervington, Woy Woy Swim Club



Anja Stridsman

Photo: Marceau Photography

## Umina boxers in Olympic qualifying round

Umina PCYC boxers Kaye Scott and Anja Stridsman are taking part in a tournament in Amman, Jordan, from March 3 to 11, which could qualify them for the Olympic Games.

They need a top four place in their weight divisions to be considered for the Australian team.

The tournament is the final qualifying event for Oceania boxers for the Tokyo Olympics.

The athletes departed for Amman on February 26.

Speaking before her departure, Anja said she and Kaye had been training hard in Umina and had every intention of donning the green and gold.

"This has been a tough prep but a great prep and Kaye and I are ready to fly out to Jordan tonight to compete at the Asian Olympic Trials to earn our spots at the Tokyo 2020 Olympics," she said.

Kaye said she was excited at the prospect of seeing her Olympic aspirations realised.

"I'm so excited and grateful that I get the opportunity to make my dream come true," she said.

Anja will be competing in the Women's Light Weight and Kaye in the Welter Weight.

**SOURCE:**

Social media, 26 Feb  
Anja Stridsman and Kaye Scott, Umina PCYC



The Pirates Under 12's Relay Team with their silver medals

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