

Southern Spirit fined \$1000 for Pink Day fundraiser

The Peninsula's cricket club, Southern Spirit, has been fined \$1000 after its women's team wore Hawaiian shirts in a game against Narara-Wyoming as part of a Pink Stumps Day in which the club raised more than \$5000 for the McGrath Foundation for breast care nurses.

The fine is believed to be among the largest ever imposed by the Central Coast Cricket Association.

The club was not willing to comment, and the Association was approached but did not respond.

However, both Cricket NSW and the McGrath Foundation have praised the effort of Southern Spirit in raising the money for the Foundation.

It appears the Association may have been embarrassed into donating the fine to the McGrath Foundation.

"Central Coast Cricket Association will donate the \$1000 fine, in the name of Southern Spirit Cricket Club, to the McGrath Foundation," said Cricket NSW chairman Mr John Knox.

McGrath Foundation media officer Ms Gemma Davies said: "We are extremely grateful for



The Southern Spirit Women's team in their Hawaiian shirts

the incredible support of all our fundraisers, including the Southern Spirit Cricket Club.

"The Southern Spirit Cricket Club registered to host a Pink Stumps Day to fundraise on behalf of the McGrath Foundation.

"Pink Stumps Day is the McGrath Foundation's largest community-led fundraising campaign where cricket clubs and teams and whole communities come together to turn their game pink and raise funds for McGrath Breast Care Nurses.

"It's only through the generous

support of these communities that we can do what we do," Ms Davies said.

Mr Knox echoed the sentiment: "Cricket NSW commends the efforts of Southern Spirit Cricket Club to raise \$5000 for the McGrath Foundation.

"Cricket NSW also acknowledges the right of the Central Coast Cricket Association to administer the sport in its region.

"In this case the Southern Spirit Cricket Club ignored the association's repeated requests that the players not wear Hawaiian shirts.

"The club was subsequently fined \$1000," he said.

However, Mr Knox would not confirm further details, including whether the team had also been stripped of competition points and its captain suspended for a number of games and whether a Narara-Wyoming player was also penalised for wearing "non-sanctioned" pink clothing.

The Spirit's Women's T20 team is the club's first to take part in the Association's competition which is now in its second year.

They were sitting in second place on the competition ladder at the end of round 13.

SOURCE:

Media statements, 30 Jan 2020

Gemma Davies, Jane

McGrath Foundation

John Knox, Cricket NSW

Photo: Nick Friend

Reporter: Dillon Luke

Community group calls for Umina Mall clean-up

The Umina Community Group has called for the Umina Mall site in Ocean Beach Rd to "be kept in a presentable state, up to, during, and at the conclusion of the redevelopment".

Group secretary Mr Peter Springett said the group supported the responsible development of Umina and believed that the redevelopment of Umina Mall should be a priority.

He said the group was "very concerned about the appalling state of the current derelict site, especially as this is the so-called gateway to Umina Beach".

Umina Mall was destroyed by fire a year ago, with the shell still standing apparently awaiting the outcome of negotiations over a redevelopment application.

In the meantime, graffiti has been painted on the walls, weeds have been left to grow and rubbish has been dumped around the site.

A sign has been put up on the temporary fencing around the site saying "Fix this mess".

Mr Springett said the group was also finding it difficult to find out



any information about the Umina Mall redevelopment.

"We're not getting anywhere.

"We're not getting any information," he said.

"I believe there are discussions going on between Central Coast

Council and the owners, Laundry Exhibition.

"They are supposed to be negotiating.

"Whether that's happening or not, I don't know," Mr Springett said.

A response from Mr Arthur Laundry of Laundry Exhibition simply said: "Still waiting, no new news."

Last October, former Federal Liberal MP Mr Craig Laundry said he was hoping work could start

almost immediately.

He said at that time he had been told that Central Coast Council would again begin negotiations to sell two lanes behind the current site.

He said plans to rebuild had been "shovel ready" since 2015.

At its October 8 meeting, the Council decided to seek an updated valuation of the market value of the land and offer to sell the land to the owner of the adjoining blocks in line with Council policies and procedures.

It seems the council may also be waiting, to be notified by the applicant of his planned action.

Previous negotiations for the sale of the lanes stalled, firstly with a disagreement over the price, and then again when the former Gosford and Wyong councils were merged into Central Coast Council.

SOURCE:

Central Coast Council

agenda 8.1, 8 Oct 2019

Media statement, 15 Jan 2020,

Arthur Laundry, Laundry Exhibition

Media statement, 16 Jan 2020

Interview (Sue Murray), 29 Jan 2020

Peter Springett, Umina

Community Group

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

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All accepted contributions also appear on our website.

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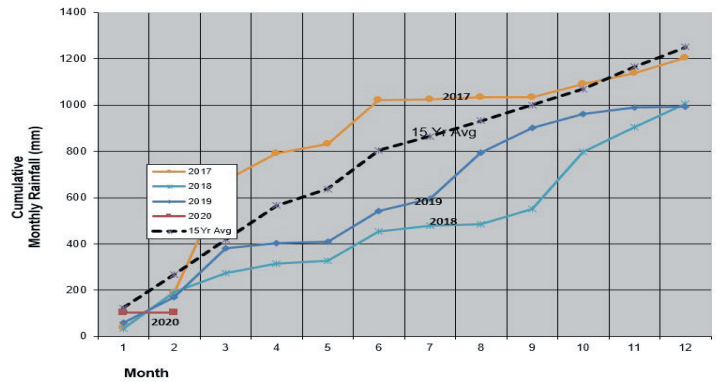
January showers come through

Two days of heavy showers has seen the Peninsula's monthly rainfall total for January more than triple since last edition's report.

According to data compiled by Umina's Mr Jim Morrison, over 70mm of rain fell over the weekend of February 18 to 19, putting the region on track for a better and wetter start to the year.

52mm fell on the Saturday alone, with 20mm falling on the Sunday, and while there's been meagre rain since the Peninsula will see out January with 103.4mm of rain under its belt.

Residents can now go into



February hopeful that 2019's arid grip on the region has been broken, or at the very least loosened.

Given that January 2019 only

saw 60mm of rain it's a very good start.

SOURCE:
Spreadsheet, 31 Jan 2020
Jim Morrison, Umina

YOUR CHANCE TO WIN

The Peninsula News would like to give three lucky readers the chance to win a double pass to Woy Woy Little Theatre's upcoming production, *The Final Test*.

The Final Test is WWLT's first production of the year and promises to be a laugh.

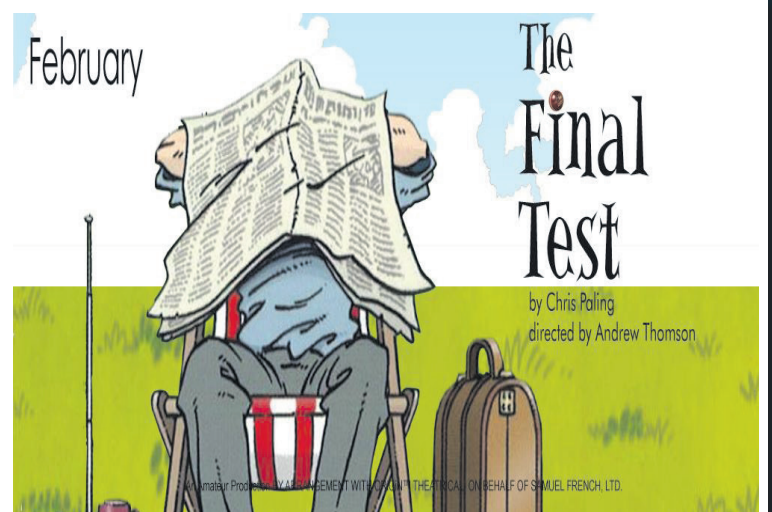
Written by Chris Paling, *The Final Test* tells the story of a young couple who move into their newly purchased house only to find the previous owner had left something behind: her husband.

Their new housemate Peter is your typical bloke, he loves his cricket, his backyard and his house and has no intention of going anywhere.

Starring a stable of established talents and newcomers to WWLT, *The Final Test* is a howzat way for the Peninsula's community driven theatre company to kick-off their 2020.

The Final Test opens at the Peninsula Theatre on February

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.



14 to a three week season.

Entrants are advised that these double passes are for the 8pm performance on February 22 only and are non-transferrable.

For your chance to win, write your full name, address, email and daytime telephone number on the back of an envelope and mail it to *The Final Test*

Competition Peninsula News, PO Box 1056, Gosford 2250, before 5pm on February 13.

The winners of the Mariners competition were Anne Gazzard, Jenny Bell, Michelle Webb, A Feillafe, Anita Yates, Max Trip, Ann Watson, Janet Goldsworthy, Frank Callesa and Tyne Spencer.

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High winds cause widespread damage

Wind gusts estimated to be close to 90km/h hit the Peninsula at around 9pm on January 23, causing widespread damage from fallen trees and rain.

State Emergency Services deputy zone commander Ms Robyn Barco said Umina was the hardest hit area in the storms.

She said there were also calls to Ettalong and Pearl Beach and 10 SES crews attended to 42 jobs on

the Peninsula after the storm and through the following weekend.

“There were a lot of tree jobs, down on houses, driveways, over power lines and one particular tree down in Umina literally split in half and fell on a caravan,” she said.

“We did not have any rescues, fortunately.

“Our work was clearing up the damage and making it safe again after the storms.”

Lightning strikes as well as

fallen trees contributed to power blackouts, with temperatures in the 30s into the evening, following daytime temperatures of up to 44 degrees.

Electricity supply was mostly restored by Saturday morning.

SOURCES

Website, 30 Jan 2020

Gosford Observations,

Bureau of Meteorology

Interview (Sue Murray), 30 Jan 2020

Robyn Barco, Central

Coast Hunter SES

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News

Supermarket fixes leaking stormwater pipe

A leaking stormwater pipe at a Umina supermarket has been repaired, according to the store manager.

Woolworths Umina manager Mr Darren Stanbury said heavy rain mid-month in January had caused the pipe to spring a leak.

"Following heavy rain in January we identified a small leak in a stormwater pipe located in our Umina Woolworths carpark.

"This leak has since been repaired.

"We apologise for the inconvenience to our customers during this time," Mr Stanbury said.

"At Woolworths, we are constantly reviewing our supermarkets to ensure we are delivering the best possible

experience for our customers."

He said odour in the carpark had been linked to the supermarket's grease traps.

Mr Stanbury said Woolworths' facilities management team had been informed of the issue and planning to improve ventilation in the carpark was underway.

However, Mr Stanbury denied social media reports that there was a sewage leak in the carpark.

He said there were no sewerage pipes in the carpark.

On January 17, David Harvey posted a comment on social media after an unknown liquid leaked onto him from an overhead pipe in the Woolworths Umina underground carpark.

Believing the liquid to be

sewage, Mr Harvey took photos of the pipe, which showed it leaking a brown liquid, and posted them to social media with a warning to shoppers about the carpark.

Mr Harvey's post has since been shared and commented on by more than 180 concerned shoppers.

Several people commented that the carpark often had a smell of sewage, while others suggested Mr Harvey report what happened to store management, Central Coast Council and the NSW Department of Health.

SOURCE:

Social media, 17 Jan 2020

David Harvey, Umina

Media statement, 29 Jan 2020

David Stanbury, Woolworths Umina

Photos: David Harvey



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Community Environment Network

Community Healing



If you think about our first response to emergencies and disasters we generally look out for our fellow community members. We offer them shelter, food and care for them. It's in our DNA, we just do it automatically without giving it much thought. Recently a

wider cross section of our community responded to the impacts of the bushfires, extreme heat and smoke on our wildlife. Leaving water out for our birds and wildlife and financially supporting the groups who physically care for them. But once the urgency has passed and life goes back to some form of normality we generally continue with our routines and business as usual. Not making time to reflect and ask questions leaves us vulnerable to experience the same tragedies over and over again.

Questions such as: What can we do to lessen the impact of this extreme weather? How can we work collaboratively with our community organisations? Who cares for vulnerable members of our community: homeless, elderly, young families and local wildlife; who don't have evacuation centres to seek refuge? What are we doing as a community to protect our native state forests and national parks, that create rain and protect us from droughts? Are we involved and supporting diverse native tree planting events in our yards and streets? Are we members of our local environment network (CEN), proactively seeking the informed knowledge and attending local events to reconnect with our nature on the Central Coast and beyond?

Are we involved in protecting our precious biodiverse wetlands, home to so much wildlife and birds, ensuring our local environments resilience to the extreme weather? Why aren't we working with our First Australians who have for more than 60,000 years, through cultural burning managed the land we now call home and community? I wonder what it must feel like to have this wealth of intergenerational knowledge as first peoples of Australia, yet not be acknowledged and allowed to lead in working the land and watch the land and wildlife burn unnecessarily. And sadly, watching native forests be treated as commodities even though they have been around for as long as your ancestors and are part of your heritage and your responsibility to protect. I imagine it would be like losing a loved one, over and over again.

Hale Adasal CEN Chairperson

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2019 CEN ACHIEVED:

- **130ha of bushland restored** on the Central Coast and over **5,500 plants** installed by CEN's bush regeneration team
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- **8 water quality monitoring training sessions** held by CEN Waterwatch staff
- **365 Central Coast residents trained in Waterwatch** including 42 community, 15 teachers and 323 students
- **10 awareness raising events** (including 1 catchment crawl) held by Waterwatch staff
- **5 awareness raising and training workshops** held through our COSS Connections project
- **24ha rehabilitated** as part of our COSS Connections project
- **30 Land for Wildlife assessments** completed by CEN's LFW project officer
- **161,582ha in total for CEN's NSW Land for Wildlife program** including **78,604ha of bushland** and **20,103ha under restoration**
- Supported members and groups undertaking important work to protect the Central Coast environment
- Was a regional voice for the environment of the Central Coast

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Wildwatch – connecting kids with nature – exploring our environment and monitoring our flora and fauna by providing family friendly events and activities, a wildwatch pack and diary for those registering.

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The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

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Kingsview Hill residents petition for maintenance work

Residents of Kingsview Hill have petitioned Central Coast Council to implement an ongoing maintenance program to reduce fire danger in the enclave and to ensure its only access road, Kingsview Dr, remains trafficable in the event of fire.

Mr Peter Springett from the Kingsview Hill Community Group said there were 220 properties in the estate, comprising Kingsview Dr, The Palisade, The Citadel, The Close and The Sanctuary, surrounded by bushland in council reserves and National Park.

He said the residents had petitioned Central Coast Council with 460 signatures requesting Council to correct the dangerous state of Kingsview Dr.

"We are in the middle of a disaster just waiting to happen.

"In the event of a bushfire evacuation emergency, there is only one road in and out, Kingsview Dr, which is bounded on both sides by bushland.

"If either side of the road caught fire, it is unlikely that our residents would be able to get off the Hill," Mr Springett said.

He said that to make matters worse there was significant buildup of dead trees, mainly casuarinas, branches, leaf litter and pine needles on the verge and a metre into the road.

"There are no paths either



The buffer zone around houses has overgrown

side of Kingsview Dr and school children and others are walking up down the very steep hill, because there are no buses, and have to walk well into the road to avoid the debris in the gutter.

"This is a very dangerous situation, especially with vehicles coming around the blind corner."

He said that in early January, a five-man council team came up with a bulldozer, a street sweeper and a truck to clear away some of the branches and pulled all the debris out of the gutters – "but there are still loads of dead branches and trees along the side of the road".

"We feel this was only a partial

short-term solution and doesn't address the other significant safety issues."

Mr Springett said the residents had offered to provide a residents' working bee with assistance from Council, if Council did not have the manpower to conduct the requested work.

Ideally they wanted Council to implement the necessary ongoing maintenance work to control and reduce all the bushfire fuel which seemed to have a stopped at least four years or more ago.

Central Coast ward representative, Cr Chris Holstein, said he was working with the group to identify the issues, evaluate the

situation and put the residents' concerns forward to Council staff.

"Some of these things are minor maintenance issues that can be fixed, and some are not for council to fix.

"Some matters have to be referred to other relevant authorities," he said.

"We have to go through the due process in order to have the matters resolved and it has been referred to Council staff."

A statement from National Parks and Wildlife Service said Parks staff proactively managed bushfire fuels associated with Brisbane Water National Park.

"There has been hazard

reduction work on two sections of Brisbane Water National Park in an area west of The Citadel," the statement said.

"One section of bushland was burnt via a prescribed burn in September 2013 and another section was burnt via prescribed burn in August 2015.

"An Asset Protection Zone beside The Sanctuary and The Citadel provides an area of reduced fuels up to 20m wide.

"This zone is inspected twice each year and maintained regularly, with the most recent work undertaken in October 2019.

"Van Dahls Fire Trail is one kilometer to the west of these houses and is maintained to a Category 1 firefighting standard – this is a high standard of fire trail, enabling passage of the largest firefighting appliances," the statement said.

A National Parks diagram showed bushland on either side of Kingsview Dr and The Palisade, and down the steep escarpment, was land managed by Central Coast Council.

SOURCE

Interviews (Sue Murray), 29 Jan 2020

Peter Springett, spokesman, Kingsview Hill Community Group and Secretary, Umina Community Group

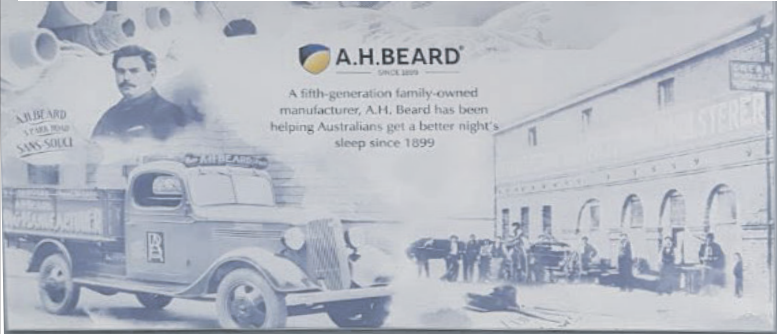
Chris Holstein, Councillor, Central Coast Council

Media statement, 30 Jan 2020 National Parks and Wildlife Service

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News

Residents' group says new plans are 'even worse'

The Residents for Responsible Ettalong Development group says new plans for a six-storey residential development at Ettalong are "even more non-compliant than the original proposal".

Group spokesman Mr Peter Gillis said the original development application (55896/2019) for the mixed use commercial and residential project at 227-233 Ocean View Rd was withdrawn by the applicant Jedaclew Pty Ltd on July 15 last year.

An article about the new DA (57779/2019), submitted to Central Coast Council, was reported in the January 20 edition of Peninsula News.

In the time between the original application being withdrawn and the new application being lodged, Jedaclew Pty Ltd purchased an extra property at 233 Ocean View Rd to expand the development.

"Now, the development is even more non-compliant than the original proposal," Mr Gillis said.

"Prior to the original application, a Council pre-development advice meeting made it clear to the developer that the proposal was not acceptable, specifically under the Gosford Development Control Plan 2013," he said.

Mr Gillis said it appeared that the same pre-development advice was being applied to the new development application.



Concept art of the development

The Council pre-development advice document states: "The height of the building is to be reduced to five storeys with the height of the building reduced to two storeys at the residential zone interface."

"The proposal is subject to the desired character area Ettalong Beach No. 9 Mainstreet Centre (and) this character statement will have to address the compatibility of the proposal with the desired character."

"In summary, planning controls include a maximum 8.75 metres

high and two-storey facade will apply to all frontages of properties that have an interface with a street or laneway or common boundary with a residential zone.

"Maximum height in storeys is five."

"Setback to side and rear boundary adjoining R1 zone where lower storeys are setback four metres; Upper storeys to be stepped to maintain adequate sunlight;

"Building separation to be compliant with Clause 4.2.5.4 (of the DCP);

"Privacy to be compliant with Clause 4.2.7.5 and 4.2.7.6 (of the DCP);

"Careful consideration on the location of car parking ventilation within the external walls so as to not impact on residential amenity."

Mr Gillis said that the Residents for Responsible Ettalong Development group does not believe these concerns have been addressed in the new development application (57779/2019).

He said building height was stated at 19.41m to the lift-overrun.

"The lift overrun is shown at about 0.4 metres and we believe this is understated by up to two metres."

"The building would then be four metres over the height limit."

"The building remains six storeys, with a five-storey street frontage."

"The side and rear setbacks are non-compliant - with five storeys, rather than two, on the north side, adjacent to the R1 residential zone."

"The isolation of 235 Ocean View Rd has not been addressed and the applicant uses a previous application (Umina Beach DA52563/2017) to excuse this, as well as the setbacks."

"Overshadowing of adjacent properties and the street is massive, and inevitable with a building of this bulk and size."

"Local traffic will increase significantly and parking problems will be a major issue."

Mr Gillis said the developer's supporting statement dismissed the height problem with the comment that "the departure is a necessary one to achieve a reasonable unit yield".

He said the residents' group was of the opinion that the development application (57779/2019) was far from compatible with the existing Ettalong Beach village centre character.

"It is non-compliant in height, bulk and size, and required setbacks," he said.

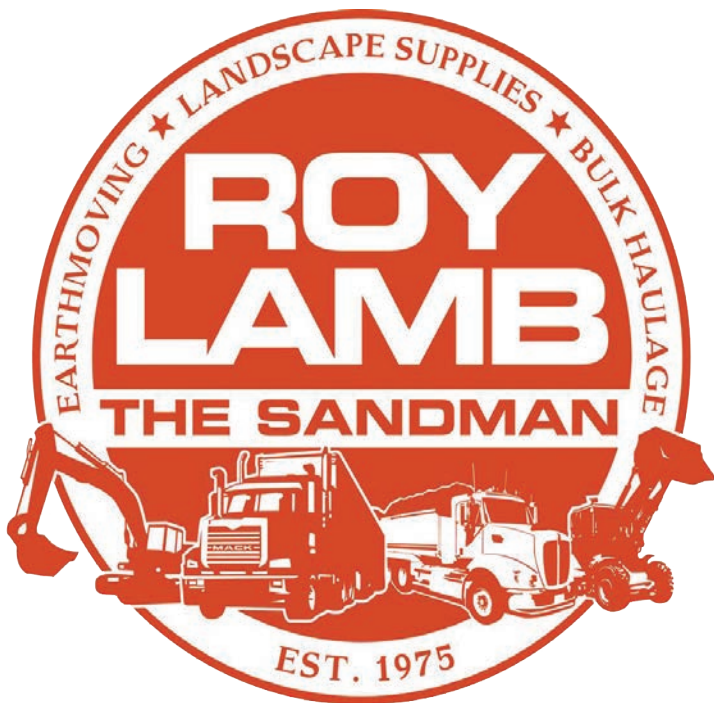
"The overall height of the building is about 21 metres, or more than 20 percent over the height limit, and will create massive overshadowing."

"On top of the 52 dwelling Centrelink development, this development will create unprecedented local traffic and parking problems."

"This application must be rejected due to non-compliance and incompatibility with the current and desired character of Ettalong Beach village centre."

"We are encouraging the Council to dismiss this application and are advising residents to lodge an objection with Central Coast Council."

SOURCE
DA Tracker, 13 Jan 2020
DA 57779/2019, Central Coast Council
Media release, 30 Jan 2020
Peter Gillis, RRED



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Association gives qualified support to mobile tower plan

The Wagstaffe-Killcare Community Association has given conditional support to plans by Optus, VHA and Telstra to build new mobile tower at Killcare Heights.

The mobile service providers propose to install a new telecommunications facility on land at 37 Wards Hill Rd, Killcare Heights, which is the site of a council-owned water reservoir.

A statement submitted in support of the development application said that of four potential sites, the Wards Hill Rd site was considered to have the least impact on surrounding environment and best met the coverage requirements.

Other potential sites in Killcare Heights were 223 Scenic Rd; National Park in Wards Hill Rd, and the other in Bouddi National Park, Hawke Head Dr, Box Head.

The statement said the proposal to erect a 33m monopole at 37 Wards Hill Rd would meet the coverage and capacity requirements and was considered most suitable.

"It is not located near community sensitive locations such as childcare facilities and schools.

"Carriers equipment would be co-located on a single facility.

"There is potential for Council or other carriers to co-locate on the new facility.

"Visual impact is considered reasonable; and the higher elevation of the location is well placed to provide coverage."

Wagstaffe-Killcare Community Association president Mr Mike Allsop said the association fully supported improved telecommunications coverage and capacity in all areas of the Bouddi Peninsula.

"We have pressed for several years to improve mobile reception in our hilly terrain, especially down towards the surf beach and in



the corners of Wagstaffe, Pretty Beach, Killcare and Hardy Bay," he said.

"The proposal seems to largely meet the objectives of expanded coverage and increased capacity but may still have some remaining black spots.

"As a smooth concrete tower with conformal antennae it is designed to survive a direct bushfire attack without the need to clear surrounding trees, however, it will be visible on the Wards Hill Rd frontage in front of the water tower," Mr Allsop said.

In an official submission commenting on the development application, the association stated that the facility was an essential utility for modern living but most especially in times of emergency.

"Current arrangements are unacceptable.

"We recognise that a facility needs to be able to provide signals into shielded hillside and valley areas such as Killcare Beach,

Putty Beach, Killcare, Hardy's Bay, Pretty Beach and Wagstaffe.

"Certain areas of Killcare Heights are currently able to receive signals from across Brisbane Water, so we would expect a solution which integrates these base stations to a certain extent.

"We also recognise that to service the hidden areas, a tower facility is required on accessible property if a multiple mini-tower solution is not feasible or practical.

"This proposal appears to largely meet the requirement, and we are in favour of it progressing subject to conditions.

"We note that nearby street canopy and roadway alignment will largely hide the tower itself to people driving by on Wards Hill Rd until they are within about 100m of the site.

"There is no disguising the tower at a distance, but if that is what the solution requires.

"We accept that as a modern

price to pay for an essential utility.

"We also note that all structures are planned to be built to flame-zone standards for survivability.

"However, we are concerned about the visual impact at ground level of having the equipment buildings being placed directly on the boundary line along Wards Hill Rd.

"This is a scenic area and a gateway to one of the most beautiful localities on the Central Coast.

"This affects both the residents opposite as well as providing an unwelcome surprise to visitors and others as they round the bend on Wards Hill Rd.

"We ask that a variation in location of these ground level buildings be considered so that low to medium height vegetation may be established on the site itself in the vicinity of the base of the tower.

"We ask that irrespective of the above, a condition of consent be included that requires the

proponent and Central Coast Council to work together to provide a vegetation screen along the length of the site along Wards Hill Rd on Council property, and this be maintained to a high standard.

"We respect that this development provokes strong reactions and expressions both of support and objection in our community.

"The vast majority of representations made to this association on the topic support the improvement in services above all else.

"We ask that the full council consider the matter in the community interest and ensure that all avenues for low level screening are incorporated into the consent," the submission concluded.

SOURCES

DA Tracker, 22 Jan 2020

DA 57736, Central Coast Council

Newsletter, Feb 2020

Mike Allsop, WTKCA

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The popular Dog Show is returning to the Bays Community Fair

Bays Community Group prepares for fair

The Bays Community Group is currently preparing for its annual Bays Community Fair in March.

The group's committee held its first planning meeting for the fair on January 19, with president Ms Cathy Gleeson confirming all the usual event favourites were set to return.

"This year's fair will take place on the Phegans Bay waterfront reserve (off Phegans Bay Rd) on March 8 with entertainment, live music, games, competitions, markets and dining making up the program," Ms Gleeson said.

The fair starts with kayak and board races on the bay from 9am

with the Bays Dog Show and Inter-Bays Tug-O-War also returning.

Ms Gleeson said traditional fair day games like sack races and egg and spoon races were also returning as was the cake stall and barbecue.

Bays resident musician Ms Molly Millington is set to perform throughout the day.

Ms Gleeson said anyone interested in volunteering or getting involved in anyway was welcome to reach out to The Bays Community Group.

SOURCE:
Newsletter, 22 Jan 2020
Brooke Hemphill, Bays Community Group

Tesch urges seniors to take up travel card

Member for Gosford Ms Liesl Tesch is urging eligible senior citizens to apply for the NSW Government's \$250 Regional Seniors Travel Card.

The card can be used to purchase fuel, use taxi services or travel on NSW TrainLink trains and coaches.

"We need to take this opportunity with both hands," she said.

"Let's show the Government that cost of living pressures are biting and pensioners deserve to be supported."

Eligible seniors must have a valid Pensioner Concession

Card or Commonwealth Seniors Health Card issued by either the Department of Human Services or Department of Veterans' Affairs.

The \$250 card is available for Central Coast residents as well as others who live in regional NSW.

Ms Tesch, said the card would be available for a two-year trial period.

Applications for the card may be made at the Service NSW office at Woy Woy, by phone on 13 77 88 or through the Service NSW website at www.service.nsw.gov.au/regionalseniorstravel.

SOURCE:
Media release, 29 Jan 2020
Liesl Tesch, Member for Gosford



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Energy company withdraws seismic testing application

Advent Energy has withdrawn its application to conduct 3D seismic testing in waters off the Central Coast.

Advent Energy managing director Mr David Breeze said on January 21, that the existing application for seismic testing in coastal waters from Manly to Newcastle had been withdrawn and no further applications would be sought.

Community group Save Our Coast has claimed a major win for the local community.

Group founder Dr Natasha Deen said the group still had major concerns as drilling for gas was still on the table and seismic testing was still allowable under legislation.

She feared it could resurface here or along other parts of the coastline.

The announcement followed the resolution of a long-running legal dispute in the Supreme Court of Western Australia, which saw Mr Breeze reappointed as managing director, having previously been deposed, and the termination of an agreement with RL Energy to fund the Environmental Plan for 3D seismic testing for PEP11.

“Advent Energy will revert to its pre-existing plan to undertake drilling in the Baleen and Fish Basins in the PEP11 permit zone,” Mr Breeze said.



“The current program requires drilling as the next step.”

Mr Breeze said the decision to abandon future 3D seismic testing was based largely on independent, technical, geological advice that indicated it was not necessary.

He would not comment on the extent or timeline of future drilling activity but said there would be public announcements in due course.

“The shortage of gas in NSW, including the Hunter and Central Coast, continues and the PEP11 resource may become a vital

asset for the future energy needs of households, businesses, industry and related employment,” he said.

Mr Breeze said he recognized the importance of community consultation in any future exploration and drilling activity.

Dr Deen hailed the announcement as a “reprieve for our marine animals” which she said the group’s supporters had helped achieve.

She said a 56,000 strong petition would be presented to Federal Parliament on February 4.

“This cancellation of seismic

testing demonstrates the power of community spirit, that what we are doing is having an impact but it is far from over,” she said.

“We will continue to oppose this offshore gas field, and possible further seismic testing, every step of the way.”

Meanwhile a public hearing of a Senate inquiry into the impact of seismic testing on fisheries and the marine environment is scheduled to be held in Gosford on March 17, at a venue yet to be announced.

It will be one of several public hearings to be held along

the eastern seaboard, and in Tasmania, during February and March.

Submissions from former Gosford councillor Mr Peter Freewater, the Peninsula Environment Group and Save Our Coast were among those received.

SOURCES

Media statement, 21 Jan 2020
Senate Environment Committee,
Parliament of Australia

Media statement, 22 Jan 2020
Natasha Deen, Save Our Coast
Interview (Terry Collins),
22 Jan 2020

David Breeze, Advent Energy



Liesl Tesch MP
Member for Gosford

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Honour for service to animal conservation

Umina's Dr Dedee Woodside has been named a Member of the Order of Australia in this year's Australia Day Honours List.

Dr Woodside received her AM for significant service to animal conservation and to zoological organisations.

Dr Woodside has travelled Australia and the globe to take up several leadership positions in government, zoos and private organisations and worked in the fields of wildlife conservation, natural resource management, environment policy planning, agriculture, community development, Indigenous land stewardship and scientific research.

Arriving from Canada as a young ecologist, Dr Woodside said she was first attracted to Australia to study the unique wildlife, specifically Australian bats which were widely undocumented at the time.

Her work eventually led to a career at Taronga and Western Planes Zoo, of which Dr Woodside would go on to become director and general manager of from 1985 to 2000.

During her time at Taronga, Dr Woodside became a founding

director of the Conservation Research Centre and a founding committee member of the Australian Zoos and Aquariums Association in 1986, before founding the Australian Conservation Training Institute in 1992, which she also ran until 2000.

In the late 90's, her interest in great ape conservation took her to Ngamba, Uganda, where she became a founding board member of the Chimpanzee Sanctuary and Wildlife Conservation Trust, with the likes of conservationist Dr Jane Goodall and Australian primatologist Ms Debby Cox.

Dr Woodside is also a board member of UNESCO's Great Ape Survival Program and has also been a long-time member of the Australian branch of the World Wide Fund for Nature, serving as the organisation's director from 2006 to 2016.

She remains a member of its Eminent Scientist Group, which informs the organisation on Australia's conservation issues.

Dr Woodside is currently the independent board director for the Blue Mountains World Heritage Institute that works to protect and enhance the Greater Blue Mountains World Heritage Area, which is facing several threats from bushfires and species extinction,



Dr Dedee Woodside

to climate change and encroaching development.

Dr Woodside said the true privilege of her work had been getting to see and experience things as an ecologist that simply can't be experienced in everyday life.

Dr Woodside describes her career highlights as her "chocolate moments," memories so sweet she's decided to start writing a book about them.

She counts her time with Taronga Zoo, her work in Uganda and her time in the Northern Territory among these moments.

"Getting to export the best

knowledge in environmental management and best practice to ecologists from around the world was a privilege.

"Helping them get ahead and then supporting them to do good work in their own communities was always the goal," Dr Woodside said.

Establishing the Conservation Trust at a time when great ape trafficking was at its darkest led to her receiving a Lifetime Honorary National Parks Warden Award from the Ugandan Government and presidential recognition for the Ngamba Chimpanzee Sanctuary.

Dr Woodside said it was thrilling to work with a contingent of female rangers, ecologists and indigenous elders in a landmark meeting in the Northern Territory's Central Arnhem Land, where these women came together to discuss environmental management in the country's north.

"These women are unsung heroes and are making up the frontline of environmental management across the NT.

"They're delivering on their promise to take care of the country," Dr Woodside said.

Looking to the future, Dr Woodside said she would be focusing her efforts on developing her conservation property, The

Dilgry.

Located in the Barrington Tops area of NSW, the property is part of the Gondwana World Heritage Area, the most extensive pocket of subtropical rainforest in the world.

Parts of the World Heritage Area were severely damaged in the state's bushfire crisis and Dr Woodside plans to protect this critical piece of Australia's biodiversity by establishing the Gondwana World Heritage Institute in the next six months.

Incorporating a visitor's centre, it is Dr Woodside's hope that this new facility will help protect and celebrate this remnant of the past.

When asked about her Australia Day Honour, Dr Woodside said it was a badge she would wear with pride.

"I'm completely thrilled and very surprised.

"My peers are some of the most heroic people, so for them to think I'm doing good work is very pleasing.

"It's quite the honour," Dr Woodside said.

SOURCE:

Media release, 20 Jan 2020

Kaye Browning, Australian

Honours Secretariat

Profile, 20 Jan 2020

Dr Dedee Woodside, 2020

Australia Day Honours List

Coastal Twist founder is Women of the Year finalist

Umina's Ms Glitta Supernova has been named a finalist in 2020 NSW Women of the Year Awards.

Ms Supernova was announced as one of four finalists in the Community Hero of the Year Award by Minister for Women Ms Bronnie Taylor on January 20.

Ms Supernova was nominated for her work in activating the Peninsula's arts, culture and entertainment scene and championing sexual and gender diversity and visibility in the region through her registered not-for-profit arts and cultural organisation, The Naughty Noodle Fun Haus, as well as for co-founding the Coastal Twist Festival, which ran across the Peninsula in October last year.

"I am passionate about a balanced society where everyone's difference is embraced, valued and celebrated.

"The power of the arts can shape culture and shift perceptions, expand and change views," Ms Supernova said.

Ms Supernova said Coastal Twist promoted the Central Coast as a diverse community open for business to all people regardless of gender, sexuality, culture and ability, and saw large corporate organisations investing in the region for the first time, as well as amplifying local businesses, large and small.

"This has been one of the most challenging yet rewarding years of my life.

"I feel privileged to have been in

a position to co-found a nationally recognised arts and culture charity which works directly in support of championing for visibility, equality and inclusion of all people.

"The response from the community, local council and business has been beyond everything I had hoped for."

Voting for the Community Hero of the Year Award opened on January 20 with the public able to vote on the four finalists until 11:59pm on February 14.

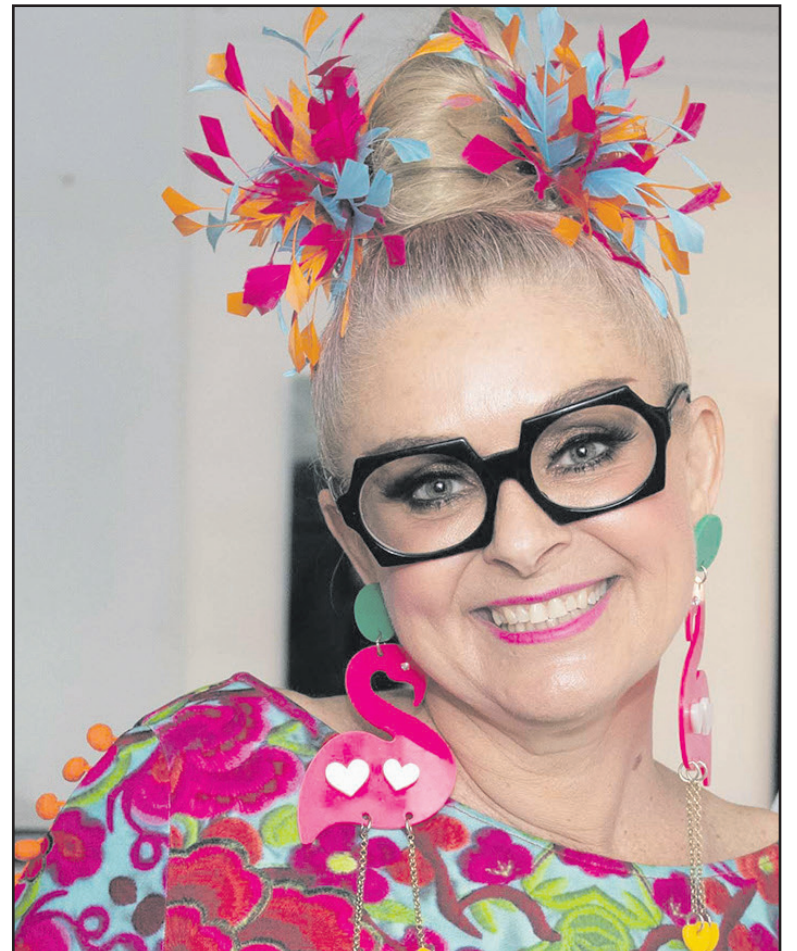
The winners will be announced at the Awards Ceremony on Thursday 5 March at Government house in Sydney.

SOURCE:

Media release, 22 Jan 2020

Juan Iocco, Naughty

Noodle Fun Haus



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Girls' lemonade stand raises \$152 for Wires

Each Australia Day, Ms Jenny Doak's daughters ask is if they can make a lemonade stand at their Pop's house in Woy Woy.

"This year was different though because they wanted to do their small part in supporting the injured

koalas affected by the bushfires," Ms Doak said.

"They had a great day and raised a total of \$152 which will be going to WIRES."

SOURCE: Media release, 30 Jan 2020
Liesl Tesch, Member for Gosford

Skate park work 'unlikely' before July

The redevelopment of Umina Skate Park is unlikely to start before the new financial year in July.

Council recreation manager Mr Brett Sherar said Council was awaiting the funding agreement for the upgrade at the Peninsula Recreation Precinct.

"We are currently waiting to receive the funding agreement from the Australian Government.

"Once this agreement has been finalised, Council can schedule the proposed works and confirm a start and completion date.

"It is anticipated that works will commence next financial year," Mr Sherar said.

Mr Sherar's statement comes after Council recently announced

its regional skate competition, Central Coast Series, would return to Umina Skate Park in March.

Council released its Umina Skate Park and Peninsula Recreation Precinct Redevelopment Phase Four Concept Design Report in September, which included finalised concept designs.

According to the project page on the Your Voice Our Coast website, a detailed design plan should be released prior to construction but no release date has been specified.

SOURCE: Media statement, 24 Jan 2020
Brett Sherar, Central Coast Council Website, 24 Jan 2020
Umina Skate Park Redevelopment, Your Voice Our Coast

Fundraiser for firefighters' socks

The Woy Woy branch of the Country Women's Association is calling on Peninsula residents to donate to their new fundraiser to support Rural Fire Service volunteers from the Central Coast.

The branch is collaborating with Central Coast Disaster Relief to raise money to buy socks for volunteer fire fighters.

Branch president Ms Jane Bowtell said the Pulling Our Socks Up for the Fires campaign aimed to raise \$20,000.

She said the money would buy enough fire-resistant socks for every firefighter in the Coast's 52 brigades.

Ms Bowtell said RFS volunteers were not currently supplied socks as part of their uniform and usually purchased special fire-resistant socks out of their own pocket.

"That means there's



approximately 1000 volunteers in need of those socks right now," Ms Bowtell said.

"Our \$20,000 goal will enable us purchase at least one pair for each volunteer.

"The socks themselves are Australian made from 83 per cent Merino wool and provide

much-needed fire resistance for volunteers on the front line."

Donations can be made on the Go Fund Me website and in person every Wednesday at the Woy Woy CWA Hall between 8am and 1pm.

SOURCE: Media release, 24 Jan 2020
Jane Bowtell, Woy Woy CWA

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Council invites businesses to disability access forum

Business owners and operators have been invited to a Council-organised forum about improving access and inclusion for people with disability.

Council director Ms Julie Vaughan said the focus of the free Access and Inclusion Forum was to provide simple strategies that could make a big difference to people with a disability.

"People with disabilities are an important part of our community and it is vital that all businesses and services on the Coast are as accessible and inclusive as possible," Ms Vaughan said.

"Our new forums will provide key information and simple changes that can have a big impact.

"All event attendees will be given a new resource kit, Making Access

and Inclusion Your Business, and will be equipped with the knowledge and skills to welcome a range of new customers to their businesses."

Mayor Cr Lisa Matthews said removing barriers for people with disabilities would help to make the Central Coast a better place to live, work and visit.

"I'd encourage our local business owners and operators to attend one of our free forums to ensure your business or service is open to as many people as possible."

The forum at Woy Woy will be held on Thursday, February 13, from 5.30pm to 7.30pm at the CWA hall in The Boulevard, Woy Woy.

SOURCE
Media release, 22 Jan 2020
Julie Vaughan, Central Coast Council



Tree group learns about value of dead trees

Members of Umina Community Group's Grow Urban Shade Tree's sub-group recently took part in a Central Coast Council run Citizen Science event in Pearl Beach.

More than 20 residents were invited to take part in Council's Nature Citizen Science day which saw them explore the grounds

of the Pearl Beach Arboretum to learn about the importance of tree hollows to native wildlife.

"We were surprised to learn just how much of our wildlife reside in tree hollows and therefore how desperately we need to retain our precious older trees where possible," said group member Ms Melissa Chandler.

"A number of health problems

result for our wildlife when they are forced to compete for so few hollows.

"Even dead trees are a wildlife metropolis so please think twice before removing them and always consider adding extra man made nesting boxes to existing trees," Ms Chandler said.

SOURCE:
Social media, 10 Jan 2020
Melissa Chandler, GUST



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Presentation about staying safe online

A presentation about staying safe online for young people and their families will be held at Umina PCYC on February 11.

PCYC NSW and the NSW Police Youth and Crime Prevention Command will be hosting the free interactive presentations which coincide with Safer Internet Day. The presentations are based on the Australian Federal Police program ThinkUKnow, Australia's

only nationally-delivered crime prevention program. "The ThinkUKnow cyber safety program bridges the knowledge gap between adults and young people so that everyone has an understanding of the roles they play and what they can do if something goes wrong online," said PCYC NSW chief executive Mr Dominic Teakle. "Cyber safety is a growing issue for young people, parents and the

community. "For many young people online interactions are as important as face-to-face ones. "We want to empower them to manage their online relationships and develop safe and appropriate behaviour through open and honest discussions," Mr Teakle said. **SOURCE:** Media release, 30 Jan 2020 Lynne Hughes, PCYC NSW

Toastmasters to hold speaking course

The Ettalong Beach Toastmasters will hold a speaking course this month.

Facilitated by voluntary Toastmasters members, the course is designed for beginners to improve their speaking skills and gain confidence presenting in front of an audience. Participants will present a range of prepared and impromptu speeches, and use the feedback given by the volunteers to improve their speeches. The course will run over four consecutive Tuesday nights, starting at 7.15pm at Ettalong Beach Diggers, with the first session on February 18.

Toastmasters is a not-for-profit, educational organisation that focuses on broadening and developing the speaking skills and confidence of its members, enabling them to communicate and lead in a variety of settings. Established in 1986, the Ettalong Beach Toastmasters have endeavoured to maintain strong ties to the community. They host fortnightly meetings to help improve the confidence and speaking skills of their members and are always happy to welcome new members. **SOURCE:** Media release, 29 Jan 2020 Kye Felton, Ettalong Beach Toastmasters

Taking part in breakfast program

An aged care facility in Umina recently took part in a national television breakfast program. Peninsula Villages hosted breakfast show Sunrise on January 14, said village chief executive Mr Shane Neaves. "The morning crosses commenced with a hello with staff and the First Sea Scout's Woy

Woy," he said. "We had residents join weather presenter Sam Mac for some putt putt, a spot of gardening and our wonderful volunteer ukulele group also performed. "By 7:30am, we were pleased to have two of our resident centenarians, Biddy and Gordon, join Sam Mac for a little breakfast date and chat about their life in their 100s.

"Sam Mac wrote and shared a song about our Village and we were delighted to join him in the fun." Mr Neaves said the morning gave the opportunity "to show off all the wonderful and positive aspects of residential aged care with the rest of Australia". **SOURCE:** Media release, 15 Jan 2020 Shane Neaves, Peninsula Villages

Information about grants

An information session about community grants and sponsorship programs will be held by Central Coast Council in Woy Woy. It will be held on Monday, February 3, from 1pm to 3pm, in Woy Woy Library on the corner of Blackwell Rd and Oval Ave. Businesses, community groups and individuals with ideas for events, programs and initiatives

that make a difference to the community are eligible to apply. Applications close on Saturday, February 29. **SOURCE:** Media release, 20 Jan 2020 Central Coast Council



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Paddle board beach party for vision-impaired youth



Vision-impaired young people and their families held a stand-up paddle board beach party at Ettalong Beach on January 23.

The event was arranged by Guide Dogs NSW-ACT with support from local businesses and was open to young people and their siblings aged between five and 21.

The day started with basics lessons before moving into a paddle board yoga session, followed by a ball game and a water safety presentation from Surf Life Saving NSW.

The event was part of Guide Dogs NSW-ACT's youth program which was developed to give young people with vision impairment the chance to socialise and learn new skills.

Public relations officer Ms Casey Walton said the aim of the youth program was to develop confidence and the independent mobility skills of all participants in a fun and interactive way through challenging physical activities while developing self-efficacy, teamwork and communication skills.

"Along with being a great

learning experience, activities like 'What's SUP' also allow young participants to meet other people who are blind or have low vision.

"The activities give young people the opportunity to socialise and share experiences with each other about having vision impairment and what works best for them," Ms Walton said.

Ms Walton said while training guide dogs was an important part of Guide Dogs NSW-ACT's work, the organisation's most common program was showing people who were blind or had low vision how to safely move through different environments.

"Guide Dogs NSW-ACT provides a wide range of services to assist children and young adults who are blind or have low vision to participate freely in everyday activities at school, at home and in the local community.

"Last year, the organisation assisted close to 500 children and continues to rely heavily on the support of the community to fund its services," Ms Walton said.

SOURCE:

Media release, 23 Jan 2020
Casey Walton, Guide Dogs NSW-ACT



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Applications close **29 February 2020**

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Man charged over stabbing incident

A man has been charged after another man was allegedly stabbed at Woy Woy in a nighttime argument.

Just after midnight on Sunday, January 26, emergency services were called to a home in North Burge Rd, Woy Woy, following reports a man had been stabbed.

Police said they were told that a group of people were socialising in the Woy Woy area when an altercation began between two men, aged 33 and 35, on the corner of The Boulevard and Brick Wharf Rd.

The group had apparently moved down Brick Wharf Rd, towards North Burge Rd, where shortly afterwards, the 33-year-old man suffered a serious stab wound

to the abdomen, police reported.

Officers from Brisbane Water Police District attended and located the 33-year-old with serious injuries.

He was treated at the scene by NSW Ambulance paramedics before he was taken to Gosford Hospital in a critical condition.

The 35-year-old man was also treated at the scene for injuries to his hand and face before he was conveyed to Gosford Hospital in a stable condition.

Upon release from hospital, the 35-year-old was taken to Gosford Police Station where he was charged with wounding with intent to cause grievous bodily harm.

SOURCE;
Media release, 26 Jan 2020
Mick Fuller, NSW Police Media



Real estate agent wins three franchise awards

A Umina real estate agent has won three major awards in its real estate franchise competition.

Wiseberry Peninsula was nominated for several major awards and took out three of them at their organisation's night of nights.

On the night, the agency was represented by its co-director Mr Rod Dillon, who was named Leader of the Year for the third year running and Mr Josh Canellis

who took out Sales Manager of the Year for the second time.

The agency capped its night off by being crowned Office of the Year.

Co-director Mr Troy Howe said: "There was a huge cheer from the team and their supporting offices upon the announcement."

Between them Mr Dillon and Mr Howe have 47 years real estate experience on the Peninsula with Mr Dillon attributing their recent success to their dedicated team.

"We have built a strong team

of local sales agents and an experienced team of property management agents.

"Beyond the relationships we build with our clients and customers, it really was a highlight of the year to be recognised amongst our peers for the high standards we have achieved through our business practice," Mr Dillon said.

SOURCE:
Media release, 22 Jan 2020
Michelle Lewin, Wiseberry Peninsula

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That's right, in fact, over the past decade, extensive research has been done on the neuro mechanism behind acupuncture analgesia, according to the article published in 2008, by institute of neurobiology in China, it suggests that acupuncture stimulate the production of various signal molecule such as opioid peptide, glutamate, 5-hydroxytryptamine and cholecystokinin octapeptide. These are all body's natural pain relief substances.

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🌐 www.cleanout.com.au

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Lawyer returns from international cricket win

A Woy Woy lawyer has returned victorious as a member of the Australian team which won the seventh Lawyers Cricket World Cup.

Mr Dominic Tonkin has returned to Tonkin and Drysdale Partners from Hamilton, New Zealand, where he played in the two-week tournament.

The Australian team defeated Sri Lanka in the final at test match venue, Seddon Park, on January 9, chasing down a total of 219 for the loss of just one wicket.

The Lawyers Cricket World Cup is held every two years.

Countries like India and Pakistan have several former first-class players in their sides and go through a rigorous grading process to select their best 11.

But Mr Tonkin said, that in true Aussie style, the process was a little more laid back here.

"There's an Australian Lawyers Cricket Council that you have to be a member of, but beyond that

you just have to apply and the committee approves applications based on character and playing experience.

"There were a few training sessions before we left and so we had a bit of an idea of which new players could play," he said.

While Australia lost to India in the pool stage, the side upset the previously unbeaten Pakistan team in the semi-final to qualify for the final.

"We kept them to 148 runs, and we were able to chase it down losing only four wickets," Mr Tonkin said.

Mr Tonkin scored 43 not out from 35 balls that day, batting at number six.

"Batting in the middle order behind some quality batsman, I often wasn't required to contribute much with the bat during the tournament.

"It was nice to play a part when the team needed it to get into the final," he said.

Mr Tonkin said the non-cricket activities were just as important and were a factor in his hope to return in two years when the tournament will be held in Trinidad and Tobago.

"There's a serious side to the cricket but the tournament has a number of functions and a conference outside of the matches for networking, continuing education and building friendships," Mr Tonkin said.

"The motto of the tour is Cricket for Friendship and you can definitely feel that.

"Within the Australian squad, and among the other nations, there were national and international leaders in their practice areas, as well as members of the judiciary.

"It was fantastic to be able to learn from these leaders in our field in this sporting environment.

"I'm very interested in playing again in two years," Mr Tonkin said.

SOURCE:

Media release, 20 Jan 2020
Alison Stele, Brilliant Logic

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Work starts on five-storey apartment block

Construction work has started on a controversial Umina Beach five-storey residential development, which is expected to be ready for occupancy by March next year.

ORA Apartments, on the corner of West and Morris Sts, are now selling "off the plan".

The five-storey building will consist of 20 apartments above retail space.

Central Coast Council approved the project last February after 18 months' consideration.

Plans were amended four times in response to community consultation and discussions with

Council staff.

The development was approved with 21 variations to the planning codes and, at the time, neighbouring resident Mr Bruce Illfield said he feared it would open a "pandora's box" of other non-complying developments.

Described by selling agent Mr Stuart Gan, of Central Coast Realty, as a "landmark" and the "most iconic" residential development in Umina, he expects it to be the catalyst for "ongoing urban revitalisation" of the town centre.

SOURCE:

Media statement, 27 Jan 2020
Stuart Gan, Central Coast Realty
Media statement, 15 Feb 2019
Bruce Illfield, Umina



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NEWSPAPERS Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published in the most recent edition of

each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website and on www.centralcoastnews.net

Copies of these other publications

may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.



COAST NEWS

COMMUNITY

31 JANUARY 2020

YOUR REAL INDEPENDENT WEEKLY LOCAL NEWS

ISSUE 227

Six Order of Australia medal recipients

Six people from the Coast Community News circulation area have received Order of Australia medals (OAMs) in the 2020 Australia Day Honours List for everything from community work, to surf life saving, and even astronautics.

Mayor's vision to revamp Gosford pool

A completely revamped public swimming pool with uninterrupted views over Brisbane Water, that's the vision that Central Coast Mayor, Lisa Matthews, has for Gosford waterfront.

Religious Discrimination Bill gives licence to discriminate under the veil of religion

Submissions on the second draft of the Federal Government's Religious Discrimination Bill close on January 31, and Gosford Anglican Priest, Fr Rod Bower, is urging Central Coast residents to get in with a submission at the eleventh hour.

Copa water mains renewal set to begin

Copacabana residents can look forward to improved water supply in the future, with work on the next stage of Central Coast Council's Water Mains Renewal Program about to get underway.

Environmental group calls for complete cancellation of PEP11 permit

Environmental group Save Our Coast (SOC) is calling for complete cancellation of the PEP11 permit, in the wake of a decision by Advent Energy to withdraw its application for permission to conduct 3D seismic testing off the eastern coast from

\$250 Regional Seniors' Travel Card launched

Travel expenses are about to get a lot more manageable for the Central Coast's old age pensioners, with the launch of the State Government's \$250 Regional Seniors' Travel Card.

Vandals suspected of cutting down large mangrove tree

The Central Coast Fisheries Office is investigating the cutting down of a large mangrove tree at Green Point.

Quad bikes to capture video imaging of every pathway

A new assessment of the region's 1,000km network of footpaths, bike paths and shared pathways is being undertaken to improve connectivity, mobility and safety.

Weekend crime report reveals 29 incidents

Brisbane Water Police District has released its Property Crime Report for the recent extended Australia Day long weekend.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.



WYONG REGIONAL CHRONICLE

22 JANUARY 2020

YOUR REAL INDEPENDENT WEEKLY LOCAL NEWS

ISSUE 181

Charmhaven fire destroys property and closes highways and railway station

The fire which started at Charmhaven on New Year's Eve, and spread over 335ha, is officially out.

Scared possums saved

Some good news about a scared possum being saved spread across the community in the wake of the New Year's Eve fire at Charmhaven.

Public forum to be held on Central Coast Airport

The independent review into Central Coast Airport at Warnervale started on December 20 and a public forum will be held in February.

Legal action likely over Wyong Race Club evictions

Legal action against Wyong Race Club has commenced amid claims that it has breached obligations under the Trust, over Wyong Showground land.

Koala population discovered near proposed coal mine site

Local environmental group, Coast Environmental Alliance (CEA), is calling for an urgent halt to the Wallarah 2 coal mine because of the discovery of a koala population in the area.

Resident can't get any action taken over fire and flood hazards

A Berkeley Vale resident is "amazed" at Central Coast Council's inaction to remove six large piles of dead grass and one massive pile of dead branches.

\$387M committed to duplicate Central Coast Hwy between Wamberal and Bateau Bay

The long-awaited upgrade of Central Coast Hwy between Wamberal and Bateau Bay is a step closer with early planning work now underway on the heavily used stretch of road.

Continuation of Pacific Highway improvements to Lisarow progressing well

The continuation of Pacific Highway improvements through Ourimbah to Lisarow is powering ahead with piling work for the new rail bridge now underway.

Killarney Vale pedestrian safety improvements petition

Killarney Vale residents are being asked to support a petition for pedestrian safety improvements at South St.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

Forum

Doom and gloom prophecy or indisputable fact?

Famous biologist and environmental commentator **Dr David Suzuki has been described as Dr Doom and Gloom.**

There is no need for a second opinion now that the term accurately describes our actions and devastated natural environment.

We have experienced the hottest and driest year on record (2019) without any certainty regarding weather conditions in the future.

Air pollution has been deadly with cancellation of transport services and council services unprecedented on this scale.

Regular media warnings recommending deferment of activities to protect personal health and reduce hospital admissions continued throughout the fire season.

Forum

Millions of hectares of biodiversity have been lost with the total cost of the loss never to be known.

I wish I could report Dr Suzuki's response to this catastrophe.

Regrowth and re-establishment of six million hectares of flora and fauna is impossible.

Is this another doom and gloom prophecy or indisputable fact, scoffed at by the ignorant?

Who do you believe?

I expect there will be many who believe the current fire storm season is a 1:5000 year event.

How will the insurance industry respond to an enormous increase in claims and what precautions will the industry implement in the near future?

Letter, 30 Jan 2020
Norman Harris, Umina

Lucky streaks don't last forever

In response to Patrick Croke's letter in edition 486, I'd like to say that, whenever I speak, I always first remind audience members how lucky they are to live in such a fine country, with so many assets and so many virtues, so my view of Australia is not predominantly pessimistic.

For a start, Australia ranks second in the world for median wealth per capita, so that any complaints about our economic performance have to be measured against that global performance.

Admittedly, under the present government, we have slipped to sixth place on the Global Human Development index and to 12th place on both the Global Personal Safety index and Global Anti-Corruption index, but these are still respectable numbers, and it has to be remembered that the margins between rankings are very small at the top of these tables, so slight indicators can move a country a place or two.

However, this does not mean that we can take a Panglossian view of our situation or of our future, because there are many areas in which we could and should be doing better.

It is a disgrace that the second-wealthiest country in the world has such a poor standard of aged care and handicapped care, and that our transportation infrastructure struggles to meet our expectations.

It is equally disgraceful that we are slipping down the international

Forum

competitive ladder in education standards, when huge amounts of education funds are being squandered on fripperies for schools that are already the best-endowed in the country.

We, also, have an unemployment rate higher than that of other developed counties and an underemployment rate which is at crisis level and is not going to be solved by tax cuts to multinational companies and the top one per cent of incomes.

To paraphrase Donald Horne slightly, we live in a first-rate country run by second-rate people.

We live in a country that has no national population policy, no national climate policy, no national energy policy, no national environmental policy and barely the fig leaf of a national security policy, because our politicians are too pusillanimous to make us face up to reality.

In a rapidly shifting global context, we are in a policy drift, with no clear-cut priorities and no perceivable long-term goals for most of our actions.

"She'll be right, mate" might have served us well enough in the past, but lucky streaks don't last forever, so we shouldn't exaggerate our virtues or ignore our faults, if we want our grandchildren to enjoy the full benefits of the great opportunities Australia has to offer.

Email, 27 Jan 2020
Bruce Hyland, Woy Woy

APOLOGY

Central Coast Newspapers would like to apologise for an advertisement containing a derogatory and offensive term published in a recent edition of this newspaper about the Federal Member for Robertson, Lucy Wicks MP.

Central Coast Newspapers concedes the advertisement should not have gone to print, and any offence caused is sincerely regretted.

Social housing: What is the alternative?

Recently I have noticed an understandable degree of concern at recent social housing developments, specifically at Pacific Link near Rawson Rd and Ocean Beach Rd.

Full disclosure: I live a few hundred metres from this proposed development, own my own home and have a young family.

I am no Nimby and let me explain why.

For work, I travel quite a bit, particularly though the United States.

In the United States, the social welfare system support payments, free healthcare, free education and social housing are markedly less resourced than here in Australia.

The result of under-resourced welfare is 20 per cent of the population is homeless, starving,

Forum

affected with Middle Age diseases like tuberculosis, and aggressively begging from anyone who looks like they might have spare change.

The streets feel very unsafe to walk down, beautifully manicured public spaces are now partly camping sites, outdoor tips and bush toilets.

The scale is incredible, think tent cities everywhere, even small grassed spaces near train lines and main roads.

The next time you go for a stroll along the Ettalong or Woy Woy foreshore, consider how lucky we are that it's safe and beautiful and recognise our social welfare systems ensure it remains so.

This is why the Peninsula must embrace social housing.

Email, 26 Jan 2020
Luke Chell, Woy Woy

Laurie Powell is distressing himself to no good purpose when he laments Council's repeated approval of non-conforming developments on the Peninsula ("Councillors need to say no to destruction of our lifestyle", edition 486).

It seems as though everybody on the Peninsula (including myself) has written with this same complaint, but it is obvious that Council has no concern for these objections and no intention of reviewing the development standards to set stable and rational controls that we can rely on into the future.

As it is, the current plan is taken by developers to be no more than a general suggestion of the level that they can aim to get below, with the connivance of our elected representatives.

As they say, you get the government you deserve, and these councillors are plainly what we deserve.

Forum

As he points out, two of our three ward members don't even live in the ward, so how can they be interested in representing us, when their re-election depends on being affiliated with the right party and not on responding to our concerns.

I have previously suggested that residency in the ward should be a condition for a candidate, but, as it stands, a candidate doesn't even have to live on the Central Coast and can still be elected by the above-the-line donkey vote.

On top of this, the ward boundaries are so drawn that there is no community of interest across the whole area, which means that, with the best will in the world, councillors are going to have a problem in reconciling different demands from different parts of the electorate.

The mayor has suggested that we could change to a three-ward

system which would seem likely to exacerbate the problem.

As it stands, we could hope for a 5-5-5 distribution on the Council, but a three-ward system is likely to lead to a 6-6-3 distribution which is the last thing we want.

As I have said before, my preference is for a 15-ward system, in hopes that having a small number of electors in each ward will lead to a demand for candidates to give specific assurances to voters about policies and intentions.

At the very least, voters might learn the name of the candidate they are electing, which is, many times, not the case now.

It also gives an unmistakable identity to the person responsible who can be approached as a channel of communication with Council.

Alternatively, what about a proportional-representation system that would give fair dibs for everybody?

Email, 22 Jan 2020
Bruce Hyland, Woy Woy

Unnecessary watering is a waste

I would like to concur wholeheartedly with Carl Veugen's letter about water waste in edition 486.

He pointed out that the grass verges and footpaths don't need watering.

I agree and strongly support his protest.

For instance, many residents along Ryans Rd, Umina, have no qualms wasting water it would seem.

Sometimes there are as many as five hoses watering one front yard, the verge, footpath, gutter and road.

Running two or three hoses at one place is very common.

Come on people, one for the front garden is more than enough.

Forum

Sometimes walkers have to move off the footpath at these addresses to avoid getting wet.

Council staff are not worried yet because, as they claim, we still have 51 per cent water in our supply.

But that's absolutely no reason why they should not notify residents that this unnecessary watering is wasting water.

My solution for the verges is native grasses or bushes that require very little water.

Council might even donate these for planting, perhaps. Or trees.

Email, 27 Jan 2020
Maggie Bartlett, Umina

Recently, I had need to see my local GP, but to my frustration, I could not see my doctor for 10 days.

By the time my appointment came, my symptoms had eased and I cancelled.

A few weeks later my problem reappeared, and I made another appointment, 11 days wait this time.

In my opinion, this is totally unacceptable. A person could be dead in 10 days.

This raises several questions. Has the doctor taken on too many patients?

Does council have any consideration of the lack of GPs when they jam as many people as possible on to the Peninsula?

How many deaths have occurred due to the time it takes to

Doctor is harder to see than the Queen

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

see your local GP?

Is this issue being conveniently overlooked by both council and State Government to pursue their agenda on population growth?

Again, the residents' quality of

life is not being considered.

We are being railroaded into a future where the developers rule.

Questions must be asked about who cares for the needs of local ratepayers.

In Australia, a visit to see your local GP should be classified as a human right.

Three days wait was bad enough, but 10 days is not acceptable.

Our quality of life is being eroded by questionable decisions made by people with an obvious agenda and that agenda has no consideration for us ratepayers.

Meanwhile I will keep on going to work, limp around on my bad leg and wait to see my GP, who is harder to see than the Queen.

Email, 21 Jan 2020
Brian Lewis, Umina

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	ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	TEN (C13)	SBS (C30)
Monday 3 February	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Foreign Correspondent [s]</div> <div>10:30 Making Child Prodigies [s]</div> <div>11:00 Griff's Great Australian Road Trip [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>1:00 Program To Be Advised</div> <div>2:00 Unforgotten (M I,v) [s]</div> <div>3:05 The Cook And The Chef [s]</div> <div>3:30 Hard Quiz (PG) [s]</div> <div>4:00 Think Tank (PG) [s]</div> <div>5:00 Anh's Brush With Fame (PG)</div> <div>5:30 Julia Zemiro's Home Delivery (PG) [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Back Roads (PG) [s]</div> <div>8:30 Four Corners: Black Summer</div> <div>9:15 Media Watch (PG) [s]</div> <div>9:35 Q&A: Bushfire Special From Bega [s]</div> <div>10:40 ABC Late News [s]</div> <div>11:10 Louis Theroux - Law And Disorder In Lagos (M I,v) [s]</div>	<div>6:00 Sunrise [s]</div> <div>10:00 NFL: Super Bowl: San Francisco 49ers v Kansas City Chiefs *Live* From Hard Rock Stadium, Miami [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia (PG) [s]</div> <div>6:00 Seven News [s] – Seven News live coverage of breaking news and local and international top stories.</div> <div>7:00 Home And Away (PG) [s]</div> <div>7:30 Program To Be Advised</div> <div>9:00 Program To Be Advised</div> <div>10:00 Program To Be Advised</div> <div>11:00 The Latest Seven News [s] – Latest news, sport and weather from around the world.</div> <div>11:30 Proven Innocent: A Minor Confession (M v,s) [s] – Easy's church recruits the team to retry the case of William Hurston, a man convicted of murder at the age of fourteen due to a coerced confession.</div> <div>12:30 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:00 Ellen (PG) [s]</div> <div>1:00 Movie: "Hope Springs" (M s) ('12) Stars: Tommy Lee Jones</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s]</div> <div>9:20 Harry And Meghan - A Royal Crisis (PG) [s] – Since the shocking announcement from Meghan and Harry of their intent to step down as senior members of the royal family, we look deeper into the meaning behind this decision.</div> <div>10:15 Diana The Day The World Cried (PG) [s]</div> <div>11:15 Unforgettable: Shelter From The Storm (M v,d,s) [s]</div> <div>12:05 Harry (PG) [s]</div> <div>1:00 A Current Affair (PG) [s]</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Dr Phil (PG) [s]</div> <div>1:00 Program To Be Advised</div> <div>2:30 Judge Judy (PG) [s]</div> <div>3:30 Everyday Gourmet With Justine Schofield [s]</div> <div>4:00 Farm To Fork [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Australian Survivor - All Stars (PG) [s]</div> <div>9:15 Hughesy, We Have A Problem (M) [s]</div> <div>10:15 Celeste Barber - Challenger Accepted (MA15+) [s]</div> <div>11:15 WIN's All Australian News [s]</div> <div>12:15 The Project (PG) [s]</div> <div>1:15 The Late Show With Stephen Colbert (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>2:00 Destination Flavour China Bitesize</div> <div>2:10 North To South: NZ's Wildest Journey</div> <div>5:25 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:35 The Royal Family Affairs And Infidelities (M)</div> <div>8:35 Michael Mosley: Trust Me, I'm A Doctor (PG)</div> <div>9:30 24 Hours In Police Custody: Sudden Death: Think Murder (M I,v)</div> <div>10:30 SBS World News Late</div> <div>11:00 Football: The World Game 2020</div> <div>11:30 Wisting (MA15+) (In Norwegian)</div> <div>12:25 Witnesses (M I,v) (In French)</div> <div>1:35 Borgen (M I,s) (In Danish)</div> <div>3:50 Exodus: Our Journey (M I)</div>
Tuesday 4 February	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Foreign Correspondent [s]</div> <div>10:30 Making Child Prodigies (PG)</div> <div>11:00 Singapore's Secret Forests With David Attenborough [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>1:00 Four Corners [s]</div> <div>2:00 Parliament Question Time [s]</div> <div>3:05 Poh's Kitchen [s]</div> <div>3:30 Hard Quiz (PG) [s]</div> <div>4:00 Think Tank (PG) [s]</div> <div>5:00 Anh's Brush With Fame (PG)</div> <div>5:30 Julia Zemiro's Home Delivery (PG) [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Nigella At My Table [s]</div> <div>8:30 Griff's Great Australian Rail Trip [s]</div> <div>9:20 Rick Stein's Road To Mexico: San Francisco To Monterey (PG) [s]</div> <div>10:25 ABC Late News [s]</div> <div>10:55 The Business [s]</div>	<div>6:00 Sunrise [s]</div> <div>9:00 The Morning Show (PG) [s]</div> <div>11:30 Seven Morning News [s]</div> <div>12:00 Program To Be Advised</div> <div>1:30 Surf Patrol [s]</div> <div>2:00 The Daily Edition (PG) [s]</div> <div>3:00 The Chase UK [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia [s]</div> <div>6:00 Seven News [s]</div> <div>7:00 Home And Away (PG) [s]</div> <div>7:30 Program To Be Advised</div> <div>9:00 Program To Be Advised</div> <div>10:00 The Latest Seven News [s]</div> <div>10:30 An Hour To Catch A Killer (M v) [s]</div> <div>11:30 Proven Innocent: The Shame Game (M s) [s] – When Madeline takes on the case of Sarah Bukhari, a woman sentenced to 25 years in prison for murdering her newborn child, Easy has a dilemma deciding between his faith and doing the right thing.</div> <div>12:30 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:00 Ellen (PG) [s]</div> <div>1:00 Married At First Sight (M) [s]</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s]</div> <div>9:10 Thomas Markle - My Story (PG) [s] – Thomas Markle exclusively reveals the story of the breakdown of his relationship with the Duchess of Sussex and his reaction to the news of the royal split.</div> <div>10:49 Chicago Med: Devil In Disguise (M mp) [s]</div> <div>11:35 Program To Be Advised</div> <div>12:05 Harry (PG) [s]</div> <div>1:00 Adelady [s]</div> <div>1:30 A Current Affair (PG) [s]</div> <div>2:00 Home Shopping</div> <div>2:30 Skippy - The Bush Kangaroo</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Dr Phil (PG) [s]</div> <div>1:00 Program To Be Advised</div> <div>2:50 Entertainment Tonight [s]</div> <div>3:00 Judge Judy (PG) [s]</div> <div>3:30 Everyday Gourmet [s]</div> <div>4:00 Farm To Fork [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Australian Survivor - All Stars (PG) [s]</div> <div>9:00 NCIS: Sound Off (M v) [s]</div> <div>10:00 NCIS: Los Angeles: Yellow Jack (M v) [s] – The murder of a Naval lieutenant leads the team to investigate a potential ebola outbreak.</div> <div>11:00 WIN's All Australian News [s]</div> <div>12:00 The Project [s]</div> <div>1:00 The Late Show (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>1:00 PBS Newshour</div> <div>2:00 Destination Flavour China</div> <div>2:10 World's Most Dangerous Border (PG) (In English/ Hindi/ Urdu)</div> <div>3:20 Who Do You Think You Are?: Fearnie Cotton (PG)</div> <div>4:30 Secrets Of The Kitchen (PG)</div> <div>5:30 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:30 Great Australian Railway Journeys: Port Augusta To Darwin (PG)</div> <div>8:35 Insight: Matchmakers (M)</div> <div>9:35 Stacey Dooley Sleeps Over: Mormons (M)</div> <div>10:30 SBS World News Late</div> <div>11:00 The Twelve (MA15+) (In Flemish)</div> <div>11:55 Deep State: White Noise (MA15+) (In English/ Arabic)</div> <div>12:55 The State (MA15+)</div>
Wednesday 5 February	<div>6:00 News Breakfast [s]</div> <div>9:00 ABC News Mornings [s]</div> <div>10:00 Foreign Correspondent [s]</div> <div>10:30 Back Roads (PG) [s]</div> <div>11:00 Dream Gardens [s]</div> <div>11:30 Ask The Doctor (PG) [s]</div> <div>12:00 ABC News At Noon [s]</div> <div>12:30 National Press Club Address</div> <div>1:30 Compass (PG) [s]</div> <div>2:00 Parliament Question Time [s]</div> <div>3:15 Nigella At My Table [s]</div> <div>3:50 Think Tank (PG) [s]</div> <div>4:45 Anh's Brush With Fame (PG)</div> <div>5:20 Julia Zemiro's Home Delivery (PG) [s]</div> <div>6:00 The Drum [s]</div> <div>7:00 ABC News [s]</div> <div>7:30 7.30 [s]</div> <div>8:00 Hard Quiz (PG) [s]</div> <div>8:30 Shaun Micallef's MAD AS HELL (M) [s]</div> <div>9:00 Black Comedy (M I) [s]</div> <div>9:30 Adam Hills: The Last Leg (M)</div> <div>10:15 Planet America (PG) [s]</div> <div>10:45 ABC Late News [s]</div> <div>11:15 Four Corners [s]</div>	<div>6:00 Sunrise [s]</div> <div>9:00 The Morning Show (PG) [s]</div> <div>11:30 Seven Morning News [s]</div> <div>12:00 Program To Be Advised</div> <div>1:30 Surf Patrol [s] – At notorious Gunnamatta Beach in Victoria, a beautiful summer's day turns to disaster for an entire family who get caught in a rip.</div> <div>2:00 The Daily Edition (PG) [s]</div> <div>3:00 The Chase UK [s]</div> <div>4:00 Seven News At 4 [s]</div> <div>5:00 The Chase Australia [s]</div> <div>6:00 Seven News [s]</div> <div>7:00 Home And Away (PG) [s]</div> <div>7:30 Program To Be Advised</div> <div>9:00 Program To Be Advised</div> <div>10:10 Program To Be Advised</div> <div>11:10 The Latest Seven News [s]</div> <div>11:40 Women Who Kill (M v) [s] – This documentary secures incredible access to bring you behind the bars and into the cells to learn what drove these women to kill.</div> <div>1:00 Home Shopping</div>	<div>5:30 Today [s]</div> <div>9:00 Today Extra [s]</div> <div>11:30 NINE's Morning News [s]</div> <div>12:00 Ellen (PG) [s]</div> <div>1:00 Mom: Twinkle Lights And Grandma Shoes (M s) [s]</div> <div>1:30 Married At First Sight (M) [s]</div> <div>3:00 Tipping Point (PG) [s]</div> <div>4:00 NINE's Afternoon News [s]</div> <div>5:00 Millionaire Hot Seat [s]</div> <div>6:00 NINE News [s]</div> <div>7:00 A Current Affair (PG) [s]</div> <div>7:30 Married At First Sight (M) [s]</div> <div>9:00 Doctor Doctor (M d,s) [s]</div> <div>10:00 New Amsterdam: Your Turn (M mp) [s] – Max works to find a new normal three months after the accident and the birth of his daughter; Kapoor grapples with the stigma of aging.</div> <div>11:00 Lethal Weapon: Bad Santas (MA15+) [s]</div> <div>12:00 The Embassy (PG) [s]</div> <div>1:00 Harry (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:00 Ellen (PG) [s]</div>	<div>6:00 Headline News [s]</div> <div>8:30 Studio 10 (PG) [s]</div> <div>12:00 Dr Phil (PG) [s]</div> <div>1:00 Program To Be Advised</div> <div>2:45 Entertainment Tonight [s]</div> <div>3:00 Judge Judy (PG) [s]</div> <div>3:30 Everyday Gourmet [s]</div> <div>4:00 Farm To Fork [s]</div> <div>4:30 The Bold And The Beautiful (PG) [s]</div> <div>5:00 10 News First [s]</div> <div>6:00 WIN News [s]</div> <div>6:30 The Project (PG) [s]</div> <div>7:30 Australian Survivor - All Stars (PG) [s] – They don't call it All Stars for nothing, and this episode proves just how cut-throat Survivor royalty can be.</div> <div>9:00 Bull: Billboard Justice (M v) [s]</div> <div>10:00 Bull: Play The Hand You're Dealt (M v) [s]</div> <div>11:00 WIN's All Australian News [s]</div> <div>12:00 The Project (PG) [s]</div> <div>1:00 The Late Show (PG) [s]</div> <div>2:00 Home Shopping</div> <div>4:30 CBS - This Morning [s]</div>	<div>5:00 CGTN English News</div> <div>5:15 NHK World English News</div> <div>5:30 Worldwatch</div> <div>1:00 PBS Newshour</div> <div>2:00 World's Most Dangerous Border (PG)</div> <div>3:00 Tough Justice: Texas Style (PG)</div> <div>3:30 Insight: Matchmakers (M)</div> <div>4:30 Secrets Of The Kitchen (PG)</div> <div>5:30 Letters And Numbers</div> <div>6:00 Mastermind Australia</div> <div>6:30 SBS World News</div> <div>7:30 Tony Robinson Down Under: Still Stropky Beggars (PG)</div> <div>8:30 Diana Vs Elizabeth (PG)</div> <div>9:35 Vikings: Resurrection (M)</div> <div>10:30 SBS World News Late</div> <div>11:05 The Red Line (M)</div> <div>11:55 Movie: "A Little Chaos" (M n,s) ('14) Stars: Thomas Allam</div> <div>2:00 Versailles: The Book Of Revelations/ Of Gods And Men (MA15+)</div> <div>4:05 The President Vs The Pirates (M) (In English/ Somali)</div>
	Also see: ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	Also see: 7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66) 7FOOD (Channel 74)	Also see: GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	Also see: 10 PEACH (Channel 11) 10 BOLD (Channel 12)	Also see: SBS VICELAND (Channel 31) SBS MOVIES (Channel 32) SBS FOOD (Channel 33) SBS NITV (Channel 34)

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over 15 Years, [s] Subtitles
Consumer Advice: (d) drug references, (s) sexual references or sex scenes (h) horror, (l) language, (mp) medical procedures, (n) nudity, (v) violence

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	ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	TEN (C13)	SBS (C30)
Thursday 6 February	<p>6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Foreign Correspondent [s] 10:30 Back Roads [s] 11:00 Dream Gardens [s] 11:30 Ask The Doctor (PG) [s] 12:00 ABC News At Noon [s] 1:00 Agatha Raisin (M v) [s] 2:00 Parliament Question Time [s] 3:00 Golf: Victoria Open *Live* From Barwon Heads [s] 6:00 The Drum [s] 6:55 Sammy J [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Doctor Who: Praxeus (PG) [s] 9:00 Would I Lie To You? (PG) [s] 9:30 QI: Organisms (M s) [s] 10:00 Killing Eve: Smell Ya Later (MA15+) [s] 10:45 ABC Late News [s] 11:15 The Split (M s) [s] 12:20 Parliament Question Time [s] 1:20 Unforgotten (M I) [s] 2:05 Killing Eve: Smell Ya Later (MA15+) [s]</p>	<p>6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Program To Be Advised 1:30 Surf Patrol [s] 2:00 The Daily Edition (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 Home And Away (PG) [s] 7:30 Cricket: Big Bash League: The Challenger: TBA vs TBA *Live* From TBC [s] 9:10 Cricket: Big Bash League: The Challenger: TBA vs TBA *Live* From TBC [s] 11:00 The Latest Seven News [s] 11:30 Dumped: Revenge Extremes (M I) [s] – Meet some of the UK’s most infuriated jilted lovers and take a look at the lengths they went to in order to get revenge on their ex partners. 12:30 Home Shopping</p>	<p>5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE’s Morning News [s] 12:00 Ellen (PG) [s] 1:00 Mom: Fish Town And Too Many Thank You’s (M s) [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE’s Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Married At First Sight (M) [s] – Movie: “Pitch Perfect 2” (PG) (‘15) Stars: Anna Kendrick, Rebel Wilson, Hailee Steinfeld, Brittany Snow, Elizabeth Banks, Anna Camp, Adam DeVine 11:15 Mom: A Seafaring Ancestor And A Bloomin’ Onion (M) [s] 11:40 Cold Case: Jurisprudence (PG) [s] 12:30 It’s All Greek To Me (PG) [s] 1:00 A Current Affair (PG) [s] 1:30 Home Shopping 4:00 Ellen (PG) [s]</p>	<p>6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Program To Be Advised 2:40 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 Everyday Gourmet With Justine Schofield [s] 4:00 Farm To Fork [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 Ambulance Australia (PG) [s] 8:30 Law And Order: SVU: Down Low In Hell’s Kitchen (M s,v) [s] 9:30 Law And Order: SVU: Plastic (M s,v) [s] 10:30 Blue Bloods: Naughty Or Nice (M v) [s] 11:30 WIN’s All Australian News [s] 12:30 The Project (PG) [s] 1:30 The Late Show (PG) [s] 2:30 Home Shopping 4:30 CBS - This Morning [s]</p>	<p>5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 World’s Most Dangerous Border (PG) (In English/ Urdu/ Hindi/ Tibetan/ Wakhi) 3:00 Inside North Korea (PG) (In English/ Korean) 3:30 The Rise Of Irish Australia (PG) 4:25 Secrets Of The Kitchen (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:35 Britain’s Most Historic Towns: Roman Chester 8:35 Little Drummer Girl (M) 10:20 SBS World News Late 10:50 Outlander (MA15+) 12:00 Project Blue Book: Abduction/ The Washington Merry-Go-Round (M v) 1:40 Modus (M I,v) (In English/ Swedish/ Danish) 3:20 The Shadow World (M I,v)</p>
Friday 7 February	<p>6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 Foreign Correspondent [s] 10:30 Back Roads [s] 11:00 Program To Be Advised 12:00 ABC News At Noon [s] 1:00 Death In Paradise (PG) [s] 2:00 Unforgotten (M s) [s] 3:00 Golf: Victoria Open *Live* From Barwon Heads [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Gardening Australia [s] 8:30 Endeavour: Pylon (M v) [s] – The death of a schoolgirl brings Endeavour back to Oxford. When he refuses to accept that the main suspect is guilty, Endeavour must uncover the truth and rescue a victim before it is too late. 10:00 QI: Night (PG) [s] 10:35 ABC Late News [s] 11:05 Shaun Micallef’s MAD AS HELL (M) [s] 11:50 rage (MA15+) [s]</p>	<p>6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Movie: “The Killing Field” (M) (‘14) Stars: Sam Waterston, Haing S. Ngor, John Malkovich, Julian Sands, Craig T. Nelson 2:00 The Daily Edition (PG) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News [s] 7:00 Better Homes And Gardens 8:30 Program To Be Advised 10:30 Movie: “The Last Boy Scout” (MA15+) (‘91) – An ex-secret service agent and a former pro-football star uncover a web of intrigue and corruption in professional sports when they team up to investigate the murder of the football player’s stripper girlfriend. Stars: Bruce Willis, Damon Wayans, Halle Berry, Chelsea Field 12:30 Home Shopping</p>	<p>5:30 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE’s Morning News [s] 12:00 Ellen (PG) [s] 1:00 Mom: Fancy Crackers And Giant Women (M s) [s] 1:30 Married At First Sight (M) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE’s Afternoon News [s] 5:00 Millionaire Hot Seat [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 RBT: Gentle Giant/ Parole Buster (PG) [s] 8:30 Movie: “Baywatch” (MA15+) (‘17) Stars: Dwayne Johnson, Zac Efron, Priyanka Chopra 10:50 Movie: “Semi Pro” (M s,I) (‘08) Stars: Will Ferrell, Woody Harrelson, André Benjamin, Maura Tierney, Andrew Daly 12:35 Harry (PG) [s] 1:30 Home Shopping 4:30 The Avengers: The Hidden Tiger (PG) [s] 5:30 A Current Affair (PG) [s]</p>	<p>6:00 Headline News [s] 8:30 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 The Living Room (PG) [s] 2:00 Entertainment Tonight [s] 2:30 Judge Judy (PG) [s] 3:30 Everyday Gourmet With Justine Schofield [s] 4:00 Farm To Fork [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 The Graham Norton Show (PG) [s] – Tonight’s guests: Robert Downey Jr, Emma Thompson, Hugh Laurie, Terry Gilliam and Sara Bareilles. 8:30 Program To Be Advised 9:30 Program To Be Advised 10:30 The Project (PG) [s] 11:30 WIN’s All Australian News [s] 12:30 The Late Show (PG) [s] 1:30 Home Shopping 4:30 CBS - This Morning [s]</p>	<p>5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 World From Above 3:00 NITV News: Nula 3:25 How To Get Fit Fast: What’s The Right Exercise For You? 4:20 Rick Stein’s Taste Of Italian Opera 5:30 Letters And Numbers 6:00 Mastermind Australia 6:30 SBS World News 7:35 Hunting Egypt’s Lost Treasures (PG) 8:30 Brooklyn Nine-Nine (M) 9:25 8 Out Of 10 Cats Does Countdown (M) 10:20 SBS World News Late 10:55 Movie: “Mongol: The Rise Of Genghis Khan” (MA15+) (‘07) Stars: Tadanobu Asano (In Mongolian/ Mandarin) 1:10 The Night Manager (M s) 2:05 Ride Upon The Storm (M I) (In Danish)</p>
Saturday 8 February	<p>6:00 rage (PG) [s] 10:00 rage Guest Programmer (PG) 11:00 Classic Countdown: 1979 [s] 12:00 ABC News At Noon [s] 12:30 QI: Night (M I) [s] 1:00 One Plus One [s] 1:30 Golf: Victoria Open *Live* From Barwon Heads [s] 7:00 ABC News [s] 7:30 Doc Martin (PG) [s] 8:20 Agatha Raisin: The Haunted House (Part 1) (PG) [s] 9:10 The Cry (M I) [s] 10:10 Football: A-League: Round 18 - Sydney FC v Western Sydney Wanderers [s] – Runaway league leaders Sydney FC host cross-town rivals the Western Sydney Wanderers in a Round 18 Sydney Derby. The Wanderers sacked coach Markus Babel after falling to ninth with only one win from their last eleven games. 12:10 rage Guest Programmer (MA15+) [s]</p>	<p>6:00 Home Shopping 7:00 Weekend Sunrise [s] – Wake up to a better breakfast with Matt Doran and Monique Wright. 10:00 The Morning Show (PG) [s] 12:00 Cricket: T20 International Women: Australia v India *Live* From Junction Oval, St Kilda, Victoria [s] 3:30 Cricket: Bushfire Bash: Ponting XI v Warne XI *Live* Venue TBC 6:00 Seven News [s] 7:00 Cricket: Big Bash League: The Final: Teams TBC *Live* From TBC [s] 10:30 Program To Be Advised 11:30 Program To Be Advised 12:30 The Catch: The New Deal (M) [s] – Ben is forced to reckon with his criminal past, while the team must come to terms with getting into bed with the bad guys. 1:30 Home Shopping</p>	<p>6:00 Ellen (PG) [s] 7:00 Weekend Today [s] 10:00 Your Domain [s] 11:00 Today Extra - Saturday [s] 12:00 It’s All Greek To Me [s] 12:30 Our State On A Plate [s] 1:00 Giving Life [s] 1:30 Making Of Little Women [s] 1:40 Movie: “Mr Holland’s Opus” (PG) (‘96) Stars: Richard Dreyfuss, Glenne Headly 4:30 Delish Destinations: Dunedin, New Zealand [s] 5:00 NINE News: First At Five [s] 5:30 RBT: Elliot’s Brother (PG) [s] 6:00 NINE News [s] 7:00 Taronga: Who’s Who In The Zoo (PG) [s] 8:00 Movie: “Crocodile Dundee” (M) (‘86) Stars: Paul Hogan, Linda Kozlowski, John Meillon, David Gulpilil, Ritchie Singer 10:00 Program To Be Advised 12:00 Program To Be Advised 2:00 Home Shopping 5:30 Wesley Impact [s]</p>	<p>6:00 I Fish [s] 6:30 Entertainment Tonight [s] 7:00 What’s Up Down Under? [s] 7:30 All 4 Adventure (PG) [s] 8:30 4X4 Adventures (PG) [s] 9:30 Studio 10 Saturday (PG) [s] 12:00 Pooches At Play: Goldfields [s] 12:30 The Living Room (PG) [s] 1:30 10Travlr New Zealand [s] 2:00 Australia By Design: Interiors 2:30 Discover Japan [s] 3:00 What’s Up Down Under? [s] 3:30 This Is Mexico (PG) [s] 4:00 Taste Of Australia With Hayden Quinn [s] 4:30 Farm To Fork [s] 5:00 10 News First [s] 6:00 Jamie And The Nonnas: Naples [s] 7:00 Bondi Rescue (PG) [s] 7:30 Program To Be Advised 8:30 Ambulance UK (M) [s] 9:45 999: What’s Your Emergency: (M) [s] 10:45 Program To Be Advised 1:30 Home Shopping</p>	<p>5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 Small Business Secrets 2:30 ISU Grand Prix Of Figure Skating: China 3:35 Basketball 2020: WNBL Highlights 4:05 The Crystal Maze: Midwives 5:05 Travel Man: Barcelona (PG) 5:35 Cruising With Jane McDonald: Iceland (PG) 6:30 SBS World News 7:30 Kylie Minogue’s Secret Night 8:30 Eurovision - Australia Decides 2020 11:10 RockWiz Salutes The Decades: The ‘000s (M I) 12:10 Travel Man: Paris (PG) 12:40 Movie: “Young And Beautiful” (MA15+) (‘13) Stars: Marine Vacth In French/ German) 2:25 Movie: “Yvonne’s Perfume” (MA15+) (‘93) Stars: Sandra Majani (In French)</p>
Sunday 9 February	<p>6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 9:00 ABC News Update [s] 9:02 Insiders [s] 10:00 Offsiders [s] 10:30 The World This Week [s] 11:00 Compass: Oneland (PG) [s] 11:30 Songs Of Praise (PG) [s] 12:00 ABC News At Noon [s] 12:30 Program To Be Advised 6:00 Hard Quiz (PG) [s] 6:30 Back Roads [s] 7:00 ABC News Sunday [s] 7:40 Grand Designs: Aylesbury Vale (PG) [s] 8:30 Midsomer Murders: The Point Of Balance (M v) [s] 10:00 Catching A Killer: The Wind In The Willows Murder (M I) [s] 11:00 Doc Martin (PG) [s] 11:50 Silent Witness: Awakening (Part 2) (M v) [s] 12:50 Call The Midwife (M) [s] 1:50 rage (MA15+) [s] 2:55 Catching A Killer: The Wind In The Willows Murder (M I) [s]</p>	<p>6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show (PG) [s] 12:00 House Of Wellness (PG) [s] 1:00 Helloworld (PG) [s] 1:30 Surf Patrol [s] 2:00 RSPCA Animal Rescue [s] 2:30 Program To Be Advised 4:00 Better Homes And Gardens 5:00 Seven News At 5 [s] 5:30 Border Security - Australia’s Front Line (PG) [s] – A man claims he has just had a black magic curse lifted and an officer is surprised to find the evidence that proves it. A Pacific Island high chief has a big problem with some nuts. 6:00 Seven News [s] 7:00 Program To Be Advised 8:30 Program To Be Advised 10:45 Program To Be Advised 12:00 The Cosmetic Surgery Show (MA15+) [s] 12:30 Home Shopping</p>	<p>6:00 Harry (PG) [s] 7:00 Weekend Today [s] 10:00 The Hold Down (PG) [s] 10:30 World Surf League [s] 11:30 Surfing Australia [s] 12:00 AFL: Women’s Footy (PG) [s] 1:00 Program To Be Advised 3:00 My Way [s] 3:30 Endangered: South Africa (PG) 4:30 Explore TV-Viking [s] 5:00 NINE News: First At Five [s] 5:30 Customs (PG) [s] 6:00 NINE News Sunday [s] 7:00 Married At First Sight (M) [s] – 8:30 60 Minutes (PG) [s] 9:30 Program To Be Advised 10:30 Doctor Doctor (M d,s) [s] – Hugh falls back into his bad-boy lifestyle when he learns Penny is getting married. 11:30 Manifest: Contrails (M v) [s] 12:30 Cold Case: Soul (M) [s] 1:30 The Hold Down (PG) [s] 2:00 Home Shopping 2:30 Skippy - The Bush Kangaroo 3:00 Home Shopping</p>	<p>6:00 Religious Programs [s] 7:30 Fishing Australia [s] 8:00 Snap Happy [s] 8:30 This Is Mexico (PG) [s] 9:00 Taste Of Australia With Hayden Quinn [s] 9:30 Studio 10 Sunday (PG) [s] 12:00 The Offroad Adventure Show 1:00 The Living Room (PG) [s] 2:00 Everyday Gourmet With Justine Schofield [s] 3:10 Program To Be Advised 4:00 Which Car? (PG) [s] 4:30 RPM Summer Series [s] 5:00 10 News First [s] 6:00 Bondi Rescue (PG) [s] 6:30 The Sunday Project (PG) [s] 7:30 Dancing With The Stars (PG) [s] – Strap on your dancing shoes and shine your sequins! 9:30 The Graham Norton Show (M I,s) [s] 10:30 Program To Be Advised 11:30 The Sunday Project (PG) [s] 12:30 Home Shopping 4:30 CBS - This Morning [s]</p>	<p>5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 Speedweek 3:00 Bad Breath With Xand Van Tulleken: Fighting For Air 4:05 George Clarke’s Shed Of The Year 5:00 Cycling: L’etape Australia 2019 5:35 Nazi Megastructures 6:30 SBS World News 7:30 Australia In Colour: Populate Or Perish (PG) 8:30 The Great Escape With Guy Martin 10:20 Simon Reeve In Burma (In English/ Burmese/ Rohingya) 11:25 Simon Reeve’s Big Life Fix (M) 12:35 Teenagers Vs. Cancer: A Users’s Guide 1:35 The Bomb (PG) 3:50 24 Hours In Emergency: Flesh And Blood (M) 4:50 Rachel Khoo’s Kitchen Notebook Bitesize</p>
	Also see: ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	Also see: 7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66) 7FOOD (Channel 74)	Also see: GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	Also see: 10 PEACH (Channel 11) 10 BOLD (Channel 12)	Also see: SBS VICELAND (Channel 31) SBS MOVIES (Channel 32) SBS FOOD (Channel 33) SBS NITV (Channel 34)



Village resident Jack Dieryx with Village team member Leisa Waters

Aged care provider adopts new model

A Umina aged care provider has adopted a new “consumer-directed care” model to help it meet new industry standards.

Peninsula Village chief executive Mr Shane Neaves said:

Mr Neaves said: “The model gives the consumer full autonomy in all decision-making related to their lifestyle and care.

“Consumer Directed Care or CDC is based on five key principles – choice and control, respectful and balanced partnerships, wellness and re-ablement, consumer rights and transparency.

“These are principles that Peninsula Villages has always seen as crucial to the service we provide, so it wasn’t too much of a change for us to implement this model of care,” Mr Neaves said.

“CDC aims to improve the consumers’ understanding of

health and lifestyle issues so they can play an active role in matters pertaining to their needs and wants.

“It is the most recent and important change to the Federal Government’s road map of reforms introduced in 2014.

“Peninsula Village has made changes immediately to ensure it remains a pioneer in the industry.”

Mr Neaves said the non-profit organisation highly valued the health and wellbeing of their residents.

“We engaged a consultant to assist with implementing the model and driving a positive culture towards change in the village and staff have received training, and a trial involving 13 residents has been undertaken, with positive results,” he said.

“CDC has since undergone a village-wide rollout.

“The concept will even be offered at pre-admission so that potential residents can begin to think about what living in an aged care facility might look like for them.”

Mr Neaves said: “It is proven that people who can take control and make decisions concerning their own welfare are happier, healthier and function better than those who feel they are limited in their choices.

“This model promotes choice, control, dignity, respect and transparency – implementing this so soon after the new standards were introduced in July last year is a huge drawcard for the village and we’re excited to see how it benefits our staff and residents alike,” Mr Neaves said.

SOURCE

Media release, 29 Jan 2020
Shane Neaves, Peninsula Villages

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Dr. Dolly Soni

Luncheon to raise money for clown doctors

A celebrity luncheon, with Australian actress, scriptwriter and novelist Ms Judy Nunn, will be held to raise money for the Humour Foundation Clown Doctors service at The Bayview Hotel on February 10.

It is being organised by Ms Toni McLean of Aunty Molly's Seniors Entertainment.

Ms McLean said Clown Doctors had historically been deployed in hospital children's wards but had also recently taken the plunge into entertaining seniors in aged care facilities.

"They say laughter is the best medicine and Clown Doctors certainly provide plenty of it wherever they go.

"That's why Aunty Molly's is delighted to support this great cause," Ms McLean said.

Ms McLean said Ms Nunn would be the luncheon's guest speaker and would be discussing her multifaceted career.

"Judy Nunn's career has been long and illustrious.

"After combining her internationally successful acting

career with scriptwriting for television and radio, Judy decided in the 90s to turn her hand to prose," Ms McLean said.

"Her first three novels, The Glitter Game, Centre Stage and Araluen, set respectively in the worlds of television, theatre and film, became instant bestsellers."

She has since developed a love of writing Australian historically-based fiction and her fame as a novelist has spread rapidly throughout Europe where she is published in English, German, French, Dutch, Czech and Spanish.

"She is currently one of Australia's leading fiction writers, her most recent novel, Khaki Town.

"In 2015 Judy was made a Member of the Order of Australia for her 'significant service to the performing arts as a scriptwriter and actor of stage and screen and to literature, as an author," Ms McLean said.

Bookings for the luncheon are essential.

SOURCE:

Media release, 20 Jan 2020

Toni McLean, Aunty Molly's Seniors Entertainment



Hairdressers can help in cancer detection, says surgeon



A trip to your local hairdresser could help save your life, according to a Woy Woy surgeon.

The surgeon recently removed a skin cancer from a woman head, which was identified by her hairdresser.

Brisbane Waters Private Hospital surgeon Dr Mary Ling said it was the vigilance of Ms Roslyn Raison's hairdressers that led to the removal of a basal cell carcinoma from her scalp.

"Roslyn had gone in for her regular cut, colour and coif, but got more than she bargained for when her hairdresser discovered a worrying spot on her scalp," Dr Ling said.

"I didn't feel or see anything because I have very thick hair and always wear hats," said Ms Raison of Macmasters Beach.

"I was very grateful because I don't think I would have noticed myself," she added.

Dr Ling said the Central Coast was one of the worst regions for skin cancers in the state, with hairdressers uniquely positioned to detect them.

"The Central Coast is one of the top five skin cancer hotspots in NSW.

"Although skin cancer on the scalp is less common, it can be harder to treat as patients present at a more advanced stage because they don't notice anything different," Dr Ling said.

Dr Ling said skin cancer was generally on the rise, with ozone depletion and climate change contributing to the increase, along with poor skincare habits.

"The World Health Organisation is predicting a 10 per cent increase in skin cancers by 2050 and, in Australia, the age standardised rate of melanoma has increased from 27 per 100,000 to 49 per 100,000 in 2016.

"On the upside, more than 90 per cent of skin cancers can be prevented and, when melanoma is diagnosed early, it is highly treatable," Dr Ling said.

SOURCE:

Media release, 22 Jan 2020

Jane Worthington, Digimedia Australia

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It is difficult to control noise levels in workplaces. As a rule of thumb: If you are on a construction site and cannot hear the person next to you speaking unless they raise their voice, you should be wearing hearing protection.

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Occupational hearing loss can be detected with a hearing test. In fact, early identification is important in order to recognise the presence of noise induced hearing loss and then take steps to prevent further hearing loss.

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* World Health Organisation

Police seek help to explain Umina death

Police are seeking the help of the public to explain the death of 50-year-old Umina woman Ms Joanne Rodgers on January 10.

Brisbane Water Police District commander, Superintendent Tony Joice, said Ms Rodgers' body was found at her Trafalgar Ave home by a friend.

He said Strike Force Steffanoni had been established to investigate her death.

At a media conference on January 17, Supt Joice urged anyone with information about Ms Rodgers' recent movements to come forward.

"A post-mortem examination has been conducted and, while inquiries continue, detectives are appealing to members of the community to help piece together Joanne's movements in the days

leading up to her death.

"We know Joanne was widely known to the community and would visit Woy Woy and Umina on a daily basis.

"We are very interested in speaking with anyone who may have seen or had contact with Joanne since the start of 2020.

"Any information can hopefully help establish Joanne's movements and who she was associating with in the days before her body was located," Supt Joice said.

During the conference, Supt Joice confirmed Ms Rodgers' post-mortem had been inconclusive in determining the cause of death and that investigators were awaiting further test results.

Supt Joice said Ms Rodgers was found with injuries to her head and body and that police were working to determine whether

these injuries played a part in her death.

"It is unknown at this point if those injuries were life-threatening, so it is crucial that anybody with information about Joanne or her movements come forward to fill in the gaps in our timeline.

"As it stands Joanne's death is currently being treated as unexplained and has been reported as such to the Coroner" Supt Joice said.

Anyone with information that may assist Strike Force Steffanoni detectives should call Crime Stoppers on 1800 333 000 or use the Crime Stoppers online reporting page.

SOURCE:
Media conference, 17 Jan 2020
Tony Joice, Brisbane
Water Police District
Reporter: Dillon Luke



Ms Joanne Rodgers

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Welcoming to non-heterosexuals

An aged care facility in Umina has become a member of a network of businesses working to create and promote visible and welcoming environments for non-heterosexuals.

Peninsula Villages chief executive Mr Shane Neaves

announced the organisation had joined the Aids Council of NSW's Welcome Here project on November 24.

"The Welcome Here project focuses on supporting local business owners and organisations to create and promote environments that are visibly welcoming and inclusive of

LGBTIQ people.

"By becoming a registered Welcoming Place, we are working to help create positive social change throughout Australia," Mr Neaves said.

SOURCE:
Social media, 24 Nov 2019
Shane Neaves, Peninsula Villages

APOLOGY

Central Coast Newspapers recently loaded a story to our website www.coastcommunitynews.com.au which featured a news story about the outstanding efforts of the Lesa Valpy Craft/Sew for Wildlife Carers Central Coast Group in raising funds for local wildlife carers.

A technical error occurred during our upload which led to two images being superimposed on each other and distorting the main image.

Central Coast Newspapers apologises unreservedly to Ms Lesa Valpy and all members of the craft group for the error and for any embarrassment or inconvenience this may have caused.

Ross Barry, Publisher


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Or see our end of week video news, 5@5 – NEWS
coastcommunitynews.com.au/news/video-news/

Daily local news as it happens from Central Coast Newspapers

Wide-ranging report in first newsletter of the year

Ettalong Public School principal Ms Lynn Balfour has given a wide-ranging report in the first newsletter of the new school year.

"Our 2020 kindergarten children will participate in the NSW BestStart assessment program this week then commence lessons on February 3.

"Kindergarten children will finish at 2:30pm for two weeks then they will finish at 2.55pm, along with all other students, from February 17.

"Our school day starts at 8:55am and punctuality is very much appreciated.

"Playground supervision starts at 8:30am so no children are to arrive before this time.

"A number of maintenance and repair jobs were completed here during the holidays but the large shelter for K-2 children to assemble under was not built, as planned.

"I am quite disappointed, but I hope to see it erected in the next few weeks.

"It is often very warm when we return to school, so this is a timely reminder that we have a No Hat, No Play policy at our school.

"Hats are available for sale from school or similar blue, broad brimmed hats can be purchased elsewhere," Ms Balfour continued.

"Rules about mobile phones at school were in the news over the holidays.

"Here at Ettalong, we allow

children to bring a phone to school but it must be kept in the owner's school bag.

"Students cannot use their phones on school property and no responsibility is taken by the school if a phone is lost or broken.

"Mr Cardy received news on the very last school day of last year, advising that he was successful in gaining a position with the Schools Sport Unit for NSW in the role of organising sport for students with a disability.

"Sport is Mr Cardy's passion so we are all very pleased that he is able to pursue what he excels at.

"He has 'right of return' to our school when his contract ends but, in the meantime, Mrs Dempsey (Corbett-Jones) will join the stage

three team and teach Year 6.

"She is extremely popular with staff and students, so we welcome her back with open arms," Ms Balfour said.

"I am expecting a delivery of maths text books this week.

"Payment details will be available as soon as I receive them.

"To those of you who have been directly or indirectly affected by the recent dreadful bushfires, my thoughts go out to you.

"I cannot begin to imagine the devastation felt by those who have lost loved ones, property and/or businesses.

"With the very small number of students who compete in the annual swimming carnival, we

will trial this year what many other schools do and conduct the carnival with swimmers only in Years 2 through to 6.

"Reward Days were a huge success last year so will be continued again this year.

"Principal's Awards are also very popular so make sure your child keeps their 3R's awards and when they have two, bring them in to the office for a Principal's Award to be printed and presented at a whole school assembly," Ms Balfour said.

SOURCE:
Newsletter, 29 Jan 2020
Lynn Balfour, Ettalong Public School

Program to provide information about eating well

Woy Woy Public School will host a Go4Fun program for aboriginal children this term.

Go4Fun is a free program for NSW children aged seven to 13 who are above a healthy weight and for their families.

Run by trained health and community professionals, the program aims to build self esteem and to provide information about eating well, staying active and living a healthy life.

Starting February 4, the 10-

week program is being run in partnership between Yerin Eleanor Duncan Aboriginal Health Services and Central Coast Local Health District.

It will feature: practical, interactive healthy eating sessions; group activities and games for kids; and, sessions for parents and carers to share ideas.

SOURCE:
Website, 14 Jan 2020
Belinda Field, Yerin Eleanor Duncan Aboriginal Health Centre



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Environment group seeks volunteers for festival

The Peninsula Environment Group is seeking volunteers to help with its Woytopia sustainable living festival to be held in September.

Event manager Mr Julian Bowker said the group was looking for volunteers to help plan and organise the festival.

The festival, to be held on September 6, aimed to provide an opportunity for residents to find out about local environment groups and initiatives in a festival atmosphere, with live music, presentations, food and market stalls and children's entertainment and activities.

"We have opportunities for volunteers to help organise different aspects of the festival, such as our eco-markets, children's activities or our music program,"

Mr Bowker said. Woytopia was first held in 2010 and has been held every two years since.

The 2019 festival had to be cancelled due to flooding of the site but a special Woytopia at the Market day was organised in conjunction with Umina Markets.

"Woytopia has previously been held in October but we have brought the date forward slightly to September this year because the Coastal Twist Festival will take place in October," Mr Bowker said.

"With the Oyster Festival in November, it should be an exciting spring for the Peninsula," he said.

Mr Bowker said venue details were still to be confirmed.

SOURCE:
Media release, 28 Jan 2020
Mark Mann, Peninsula Environment Group

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The Final Test opens new season at Little Theatre

Woy Woy Little Theatre is set to open its first play of the 2020 season at Peninsula Theatre on February 14.

Little Theatre publicity officer Ms Terry Collins said The Final Test by Chris Paling is a touching and funny play about a young couple who move in to their newly-purchased house only to find the previous owner had left something behind: her husband.

"Peter is your typical bloke - loves his cricket, loves his backyard and he has no intention of moving out," Ms Collins said.

Dave Kerslake will take the role originally played by Colin Baker, the sixth Dr Who.

"It is said that the average bloke only knows his wife has left him when he can't find a clean shirt - or clean plate and the washing up has piled up in the sink.

"In Peter's case, it was when the removal men had left with all the furniture and the new owners of arrived to move in.

"He's so tied up listening to a

radio commentary of the latest Test match, sprawled on a comfy chair in the back garden of his suburban home, that he simply refuses to leave when new owners, Ray and Susan, turn up.

"What will the couple do with Peter firmly planted in their garden?

"What would you do?

"How is everything finally resolved - or is it?" Ms Collins said.

Ms Collins said the play was skilfully written and beautifully acted.

Joining Dave Kerslake on stage are Clayton Williamson and Kellie Martin as the young couple and newcomer Diane Warman as Peter's wife Ruth.

With direction by Andrew Thomson and a set from Steve Pembroke, The Final Test opens on February 14 for a three-week season of 10 performances.

Tickets are essential.

SOURCE:

Media release, 20 Jan 2020
Terry Collins, Woy Woy
Little Theatre



Ms Kellie Martin and Mr Dave Kerslake will star in The Final Test



Ms Kellie Martin with Mr Clayton Williamson


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COASTAL DIARY

A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

MONDAY, FEB 3

Grants and Sponsorship Information Sessions, Woy Woy Library, Registrations required, 1pm - 3pm

Market Monday and a free cuppa, Ettalong Baptist Church, 9am - 4pm

Registration Day for the Frantastics Choir - All welcome, Walter Baker hall woy woy, 12:30pm

TUESDAY, FEB 4

Community grants and Sponsorship Funding Information Session, Blue Haven Community Centre, 1pm - 3pm

Seniors Extreme Weather Resilience, Kincumber Library, 10am - 12:30pm 4304 7641

WEDNESDAY, FEB 5



Seniors Festival 2020: Be Connected - Digital Connect, Free for over 50's, 5/02 - 26/02, 10am - 2pm sessions, contact or visit the link below to find out the dates for your local library

www.centralcoast.nsw.gov.au/libraries/whats-on/be-connected-digital-connect

Toddler time - New to Gosford Library in 2020, Gosford Library, 9:45am - 10:15am

Grants and Sponsorship Information Sessions, Erina Centre Meeting Space, Erina Fair, Registrations required, 1pm - 3pm & 5pm - 7pm

THURSDAY, FEB 6

Community grants and Sponsorship Funding Information Session, Wyong Administration Building, 3pm - 5pm & 6pm - 8pm

Harry Potter Book Night, Erina Library, 4pm - 6pm
Green Living - Saving on your Power Bills - Energy Efficiency, solar and energy options, Erina Library, Bookings required, 6pm - 7:30pm

FRIDAY, FEB 7

AMIC National Competitions Weekend, Crowne Plaza Terrigal, Ticketed, 7 & 8/02

Tuggerah Lakes U3A presents a Talk on: 'From Jesus to Christianity - the first 400 years Part 1', The Entrance/Long Jetty RSL Hall, 10am - 12pm

SATURDAY, FEB 8



Doyalson Wyee Soccer Clubs Registration Days!

The Doylo, either Youth Hall or in the Club, 8 & 15/02, 10am - 4pm, 16/02, 10am - 2pm 0410045981

Alliance Française Conversation Group: Come and practice your French at any level, Erina League Club, First attendance is free 10am - 12pm

Community Environment Network: Native Bee Workshop, Rumbalara Environmental Education Centre, Ticketed, 9am - 12pm www.cen.org.au/events

Fur Festival Fundraiser with Live Music for The National Animal Disaster Relief, The Beachcomber's Hotel Boatshed, 12pm - 9pm



Love Lanes Festival 2020, Wyong Town Centre - Alison Road, 4pm - 9pm

Green Living Workshop: Compost and Worm Farming at Kincumber, Kincumber Community Garden and Neighbourhood Centre, Free - Bookings required, 9:30am - 12pm

The Foundry: 'paint and sip' - Make-A-Wish Australia Fundraiser, The Foundry Cowork, Ticketed, 6pm

SUNDAY, FEB 9

Play AFL with the Central Coast Bombers! Register now for 2020, Adelaide Street Oval Tumby Umbi, 9/02 & 16/02, 10am - 2pm 0438 153 328 www.ccbombers.com

MONDAY, FEB 10

Seniors Extreme Weather Resilience, Tuggerah Library, 10am - 12:30pm 4350 1560

Diabetes Management in Primary Care - A practical approach, Top Point Cafe East Gosford, Free - Registration required at 6pm, 6:30pm - 8:30pm

Celebrity Charity Luncheon Fundraiser for 'The Humour Foundation' with Judy Nunn, The Bayview Hotel, Ticketed

TUESDAY, FEB 11

Cardiology update- RACC, Research and Revascularisation - To update GP's on invasive coronary angiography/ intervention within the health district, Ken Duncan Gallery Erina, Free, 6pm - 8:30pm

WEDNESDAY, FEB 12

GEC Chamber February Luncheon Event with guest speaker Grant Mizens, The Entertainment Grounds Gosford, Ticketed, 12:15pm - 2pm

FRIDAY, FEB 14

Seniors Festival 2020: Department of Human Services: Information Sessions - Accommodation Options, Free - No Booking required, Woy Woy Library, 10am - 11:30am, Understanding Your Pension, 12pm - 1:30pm, Centrelink Payments For Carers, 2pm - 3:30pm 4304 7555

Heart of Stories Tour - Author Event with Adele Parks, Fiona Lowe, Alexandra Joel and Vanessa McCausland, Woy Woy Library, Free - Bookings required, 6pm - 8pm



The Final Test - A Poignant Comedy Traversing All The Issues That Marriages Face, Woy Woy Little Theatre, Ticketed, 14/02 - 1/03, Multiple Screenings 4344 4737 www.woywoylt.com

The Australian Plants Society Central Coast: What Pea Flower Is That? Phillip House Kariang, Donation entry, 7:30pm

SATURDAY, FEB 15

Seniors Festival 2020: Department of Human Services: Information Sessions - Accommodation Options, Erina Library, Free - No Booking required, 10am - 11:30am,

Understanding Aged Care Fees And Charges, 12pm - 2pm, Estate Planning For Older Australians, 2:15pm - 3:30pm 4304 7650

Terrigal Antique & Vintage Fair, Terrigal Scouts Hall & Surrounds, 15 & 16/02, 8am - 4pm

How to Meditate: Made Easy, Bamboo Buddha Cafe, Ticketed, 1pm - 4pm

Busby Marou - The Great Divide Tour, Central Coast Leagues Club Gosford, Ticketed, 8pm

MONDAY, FEB 17

Seniors Festival 2020: Department of Human Services: Information Sessions - Accommodation Options, Tuggerah Library, Free - No Booking required, 10am - 11:30am, Understanding Your Pension, 12:30pm - 2pm 4350 1560

Seniors Week - Theatre Tours at Laycock Street Theatre, Free - Bookings required, 10am, 11am & 12pm

'Gut' Back to Basics with Carin Clegg - gut health Seminar, The Entrance Library, Bookings essential, 10am - 11am 4350 1550

Diabetes Management in Primary Care - A practical approach, Top Point Cafe East Gosford, Free - Registration required at 6pm, 6:30pm - 8:30pm

TUESDAY, FEB 18

Seniors Festival 2020: Department of Human Services: Information Sessions - Estate Planning For Older Australians, Lake Haven Library, Free - no bookings

required, 10:30am - 12pm, Understanding Retirement Income Streams, 12:30pm - 2pm 4350 1570

Celebrate Grandparents Storytime, no bookings required, 18 & 20/02 - Erina & Umina Library - 10:30am, 18/02 - Toukley Library - 11am

WEDNESDAY, FEB 19

Seniors Festival 2020: Seniors Fair, Umina Beach Library, No bookings required, 10am - 3pm 4304 7333

Seniors Festival 2020: Department of Human Services Information Sessions - Accommodation Options, Toukley Library, Free - No Booking required, 10:30am - 12pm, Understanding Aged Care Fees And Charges, 12:30pm - 2pm 4350 1540

Stephanie Parkyn Author Event: 'Josephine's Garden', Erina Library, Free, 1:45pm - 3:15pm

Retirees Meet and Greet: Silver Storytime, Erina Library, no bookings required, 10am - 12pm 4304 7650

THURSDAY, FEB 20

Seniors Extreme Weather Resilience, Toukley Library, 10am - 12:30pm 4350 1540

FRIDAY, FEB 21

Seniors Festival 2020: Department of Human Services: Information Sessions - Understanding Retirement Income Streams, The Entrance Library,

Free, 1pm - 2:30pm, Understanding Superannuation, 10:30am - 12pm 4350 1550

A Celebration of 'The Superstars of Country: Then & Now, Laycock Street Theatre Auditorium, Ticketed, 8pm

Lunch, Guest Speakers, Raffles, Friendship Days And Fun, Halekulani View Club, 11am

Tuggerah Lakes U3A presents a Talk on: 'From Jesus to Christianity - the first 400 years Part 2', The Entrance/Long Jetty RSL Hall, 10am - 12pm

SATURDAY, FEB 22

CCC: Free Chemical CleanOut, Mount Penang Event Park Kariang, 22 & 23/02, 9am - 3:30pm www.cleanout.com.au

The AC/DC Story, Laycock Street Theatre Auditorium, Ticketed, 7:30pm



Celebrity Psychic Medium - Mitchell Coombes: Messages from Spirit, Ettalong Diggers, Ticketed, 6:45pm 4343 0111 www.ettalongdiggers.com

Batik - Hot Wax Resist Workshop, The Makers Studio Central Coast Inc. Gosford, Ticketed, 22 & 23/02, 10am - 4pm

SUNDAY, FEB 23

Central Coast Mariners vs Sydney FC, Central Coast Stadium, Ticketed, 6pm www.a-league.com.au

Conrad Sewell 'Big World' Tour, Central Coast Leagues Club, Ticketed, 7pm

The Australian Seekers Show, The Ettalong Diggers, Ticketed, 3:30pm 4343 0111 www.ettalongdiggers.com

Lions Club of Woy Woy: Car Boot Sale and BBQ, Car Park Dundan Road Woy Woy, 6am - 1pm

TUESDAY, FEB 25



Life on the Spectrum, The Ettalong Diggers, Ticketed, 6:30pm 4343 0111 www.ettalongdiggers.com

FRIDAY, FEB 28

Woy Woy Rugby Club Sports Luncheon, Ettalong Diggers, Ticketed, 12pm - 4pm

SATURDAY, FEB 29

CCC: Free Chemical CleanOut, Council's Long Jetty Depot Bateau Bay, 29/02 & 01/03, 9am - 3:30pm www.cleanout.com.au

Clean Up Australia Day 2020, Hardys Bay Community Church, 8am



Coastie Mardi Gras Dance Party, Woy Woy Leagues Club, Ticketed, 6pm - 12pm naughtynoodle.com.au/whaston

SUNDAY, MAR 1

Women in Art Expo and Artisan's Market, The Entrance Gallery And Complex, 1/03 - 22/03, 10am - 3pm

Basic entries in the Coastal Diary are **FREE**. Send information to coastaldiary@centralcoastnews.net
ENHANCED entries using bold typeface with an address, phone number and a live link are available for a small fee.
Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.

Opera conductor chosen for summer school

Opera in the Arboretum conductor Mr Patrick Brennan has been named one of eight conductors chosen to attend the Australian Conducting Academy's Summer School.

Through the program Mr Brennan, who is creative director of Central Coast Conservatorium, will train under the leadership of

Tasmanian Symphony Orchestra principal guest conductor Mr Johannes Fritzsche.

Mr Brennan has been a champion of the Rotary Club of Woy Woy's Opera in the Arboretum program with members extending their congratulations to their long-time associate.

"Patrick will be speaking to our

members on February 18 and can then give us more details of this achievement.

"We look forward to having our Opera orchestra under the competent hands of an accomplished conductor," said club publicity officer Mr Vic Deeble.

SOURCE:

**Newsletter, 28 Jan 2020
Vic Deeble, Rotary Club of Woy Woy**



Patrick Brennan

Family orchestra at Troubadour

The second concert in the Troubadour Folk Club's Fabulous February series will feature the Highly Strung Rock and Roll Orchestra.

Troubadour president Mr Michael Fine said the family orchestra was a popular cruise ship band.

"Despite their extensive touring throughout South East Asia, the islands of the South Pacific, Australia and New Zealand, this is their first appearance in the Port of Woy Woy," Mr Fine said.

Mr Fine said Highly Strung's line-up of musicians was enough to excite any music lover.

"Local virtuoso Mary O'Mahony and Bernadette McCoy (sisters-in-law) each play electrifying violins, while Stella McCoy is lead vocalist and the woodwind section.

"Bernadette's husband Justin McCoy, who is Stella's dad and Mary's brother, supplies the rest of the band's sound through his acoustic guitar playing.

"With strong male and female vocals and four part harmonies, this is a powerful and very popular orchestra," Mr Fine said.

According to Mr Fine, the band



began in the 80s as Hat Trick.

"It was as Hat Trick that they established their signature sound that draws together contemporary rock with Irish and Classical music.

"Throughout that decade music lovers pursued the band from venues to nationwide television performances on Ray Martin's Midday Show, Kerri-Anne Kennerley's Morning Show and Clive Robertson's Newsworld.

"These days, it usually costs

thousands of dollars to get a ticket to their cruising shows, but after so many of their fans have pleaded for a local performance, they've finally agreed to a special appearance at the Troubadour.

Highly Strung will perform at Woy Woy's St Luke's Church Hall from 7pm on February 15.

Doors open from 6:30pm for the ticketed event.

SOURCE:

**Media release, 28 Jan 2020
Michael Fine, Troubadour Folk Club**



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PLUMBING

UMINA BEACH PLUMBING
 All aspects of Plumbing, Drainage & Gasfitting
 Domestic & Maintenance Works
 Hot Water Installation & Repairs
 4344 3611
 0412 132 729
Lic no 25650C

PUBLIC NOTICE

Car Boot Sale
 Woy Woy Peninsula Lions Club
FEB 23
 6am to 1pm
 Great variety of stalls ~ BBQ, Tea & Coffee.
 Vendors Welcome ~ \$15 per car
 Now at Dunban Road Car Park
 NB stall sites not open until 6.30am
 Cnr. Ocean Beach Road Woy Woy
 Always Last Sunday (no events in December)
 Enq: 0478 959 895

REMOVALS

KEVIN'S REMOVALS & DELIVERIES
 Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.
02 4342 1479
0411 049 559

Allways Moving Removals
 House, office units
 No job too big or too small
 Affordable rates
 Call for free quote
 0497 800 074
 0421 084 650

TILING

Homes2NV
Tiling Wall & Floor Property Maintenance
0439 589 426
homes2nv@gmail.com

Classifieds advertising rates - in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See or www.centralcoastnews.Net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$50 + GST in mono and an extra \$10 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having a prepaid classified advertisement run for 6 editions only costs \$250 + GST and \$50 + GST more for colour. For 12 editions, it is \$495 + GST and \$100+ GST more for colour. For 24 editions, it is only \$950 + GST and \$200 + GST for colour, a saving of \$290 + GST.

Artwork is free and advertisers are encouraged to change their advertisements frequently

GET A HIGH SCORE FROM YOUR DOGS.

Walk and play with them. Don't ever chain them.

TODD MCKENNEY FOR PETA AUSTRALIA

Umina craft group supports wildlife carers

Seamstresses, crafters and makers from across the region have united in a new Umina group which supports wildlife carers on the Central Coast.

The Lesa Valpy Craft-Sew for Wildlife Carers Central Coast NSW 2257 group was formed in November.

In just two months, they have produced hundreds of handmade items to support the work of local carers.

Founder Ms Lesa Valpy said the group was made up of 63 dedicated women wanting to make a difference.

The Umina group held two sewing bees in Woy Woy in January.

According to Ms Valpy, sewing is the tip of the iceberg.

Aside from sewing, knitting

and crocheting everything from pouches, nests and wraps to custom made glider mittens, the group has been supporting locals who have cared for injured wildlife this summer.

"Our wildlife carers have been stretched to breaking point and without them our wildlife wouldn't stand a chance, so we decided early on that whatever they needed we're going to get."

A longtime member of the Central Coast Women's Friendship Group, Ms Valpy formed her group with a handful of women with sewing skills and has since watched it flourish.

Ms Valpy said her group was unique in that its focus as a crafting group was solely on supporting the Central Coast region.

"While we do take guidance from the Animal Rescue Craft Guild

(an Australia-wide community of crafters) we're different in the fact that everything we do is directly to the benefit of locals.

"We're 100 per cent dedicated to the Central Coast," Ms Valpy said.

Ms Valpy has partnered with Wires Central Coast and Wildlife ARC Central Coast to ensure that every item members of her group sew, knit and crochet are contributed directly to carers on the Coast.

Anybody wanting to donate to the Lesa Valpy Craft/Sew for Wildlife Carers Central Coast NSW 2257 or get involved with the group can email Ms Valpy at Lesavalpycraft.sew@gmail.com.

SOURCE:

**Interview (Ross Barry), 22 Jan 2020
Lesavalpycraft.sew@gmail.com
Sew for Wildlife Carers
Central Coast NSW 2257**



Charity bowls returns to Woy Woy

Charity bowls has officially returned to Woy Woy.

Coordinated by Mr Ken Dixon, the monthly charity bowls event in aid of Central Coast Kids in Need takes place weather permitting at Everglades Country Club on the third Sunday of each month.

Heavy rain threatened to disrupt the January event.

"After days of heavy rain, we managed to get our bowls in at Everglades with 28 bowlers in attendance," Mr Dixon said.

"We raised a further \$625 for Central Coast Kids in Need.

"This brings the year to date total to around \$1400.

"It was a great effort bolstered by our regulars from the Woy Woy

Leagues Social Club.

"We also had good support from the Everglades bowlers who supported our raffle," Mr Dixon said.

The February Charity Bowls will take place February 16.

SOURCE:

**Media release, 27 Jan 2020
Ken Dixon, Charity Bowls**



ENZED

TOTAL HOSE & FITTING SERVICE
POWER STEERING HOSE MADE IN UNDER 2 HRS*
CALL 4355 4908
24HR SERVICE AVAILABLE
SERVICE CENTRE LOCATED AT WYONG
SERVICING ALL AREAS OF THE CENTRAL COAST
* SUBJECT TO PARTS AVAILABILITY



RUN IT 'TIL YOU SELL IT

SPEAR POINT PIPE
driver, tripod with monkey pulleys, electrical geared motor and extras, makes installing metal spear points easier, \$350
Ph: 4341 7567

SEXTANT
perfect condition + case davis USA \$250
Ph: 0429 934 152

LAWN MOWER NEW
4 stroke petrol, 530 mm width grass catcher, button start, self propelled, 8 height positions, side discharge, cost \$400 sell \$350
Ph: 0409 155 418

LOUNGE
soft black leather, 1x4 seater, 2 singles, 3.6m kayak sundancer, building materials all cheap.
Ph: 0438 511 585

BOAT TRAILER 14'
\$650, tinny boat 13' \$450, trailer HSS new axle hubs bearings, long reg, boat has 2 swivel seats.
Ph: 4312 6474

SPEEDY MAG WHEELS
4 x 20", 6 stud near new reneagde ATS, 265/50 R20 tyres, 95%: off colorado 4x4 ute, \$1250 ono.
Ph: 4365 4960

REGENCY PRESURE CHAIR RECLINER
Good condition and suitable for aged care, location in Kariong, \$1500
Ph: 0404 012 283

PAJERO '07 EXCEED
second owner, log books, excellent condition, 202,000 km, 7 seats leather upholstery, bluetooth dvd player etc, \$12,900
Ph: 0425 312 510

CUSTOMLINE DELUXE CAMPER TRAILER
sleeps 6, extra tarp roof, queen bed, kitchen, awning, single axle, year 2010, reg. W27657, EXP. 7/7/18, \$4,000.
Ph: 0400 115 329

MAVERICK ELECTRIC WHEELCHAIR
as new, used for 2 days, includes warranty manual, latest model suitable up to 204kg, \$4000.
Ph: 0407 535 351

BED QUEEN
double miracoil mattress & base near new, \$400 ono
Ph: 0432 260 111

MULTIPLE ITEMS
Triton workcentre mk3-extension table - \$300, Triton saw table - \$100, Air compressor, ingersoll rand belt drive - \$120, oxyset, comet sprint gauges - \$80, jumpstarter 1900 a.m.p - \$50, Alfie home spa - \$70, steel picket postdriver - \$60, wire strainer chain tension - \$70, large garden umbrella - \$30
Ph: 4344 4702

TWO FUNERAL CERTIFICATES
at Palmdale for cremation or burial, basic cost covered \$2,500

Ph: 0428 432 149


DOCTORS 100 YEAR OLD CEDAR DESK
with 9 drawers, 2 desk extensions and glass top. \$1000 ono
Ph: 4333 3040


TIMBER TRAWLER
11 mtrs, 130HP, mercedes diesel twin, 700 hr fuel tanks, 200 hr water tank, gas stove fridge toilet, sleeps four, \$39,000
Ph: 0409 821 216

AWNINGS 2
Ph: 0409 821 216

EXTENSION
M/home 4 metre, reasonable offer, Ph: 4392 3900

KENWOOD FOOD PROCESSOR FPM90
Brand New, Never Used Cost \$700 Sell \$350
Ph: 4325 7868

2004 JAYCO HERITAGE TREATED PINE POLES

POP TOP
Awning, Full annex,

fridge, gas, electrical stove, microwave, single beds, air con, rego 4/20, electrical brakes, extras \$15,000ono
Ph: 0407 392 872

BUSHROCK
Large Quantity take the lot \$250
Ph: 0409 721280

2004 SPACELAND

Ph: 0416 589 543


KING TREK CAMPER
rego 8/20, queen bed, full annex over swing out kitchen, full floor, built in steps, gas or 240, \$5500,
Ph: 0409 721280

2004 SPACELAND

CARAVAN 22FT
seperate shower, toilet, queenbed, awning, lots of extras, good condition \$27,000 ono
0427 852 819

5 SEATER VELOUR CORNER LOUNGE
excellent condition, \$200. Ph: 0403991136 or 43533158

1997 TOYOTA HILUX

GRINNER
130kms, 9mths rego, good running order, \$3000 ono
Ph: 4382 1482



CARAVAN WINDSOR STREAMLINE
18ft full van, double axle, garaged, r/out annex + mesh walls, island, bed, gas, oven + cooktop \$17,500
Ph: 4323 6812

RHINO ROOF
pod large \$250, rhino roof rack large \$150, with fittings
Ph: 0438 449 651

WANTED TO BUY
small car, less than 100km, less than \$7,500, less than 2010(year) petrol automatic
Ph: 0408 010 644

EB FALCON
good tyres, good appearance, looked after by one owner for 25 years, head gasket problems suit mechanic \$1000,
Ph: 0408 010 644



2006 16.52 FEET JAYCO STERLING POPTOP CARAVAN
Full Annex & Extension, Rollout Awning, New Tyres Galvanized Frame, Air Con. Reg. August 2020 good condition \$19,000 ono
Ph: 4352 1748

Run it 'til you sell it*

*To run in all three papers and on line for a maximum of 3 months if not sold before

Client Name: _____

Phone: _____ **Email:** _____

20 words \$44 ☐ **Photo \$11** ☐ **yes** ☐ **no** ☐

Extra words at \$2.20 per word

Card: _____

Expiry: ____/____/____

Office use only:
Commence with edition: _____ **End with (if not sold) edition:** _____

Reference Number _____

Renewing: **yes** ☐ **no** ☐ **If yes, new ending edition if not sold** _____

Fill in, cut out and send in to Central Coast Newspapers PO Box 1056 Gosford NSW 2250



NOT FOR PROFIT ORGANISATIONS

Art & Culture

Central Coast
Art Society
Weekly paint-outs
Tues 0428 439 180.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

Central Coast
Handweavers,
Spinners and
Textile Arts Guild
Spinning and weaving,
patchwork and quilting, felting
and other fibre and fabric
crafts, community quilting
bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art
& Crafts Centre
Adult classes in Pottery
Watercolours, Oils, Acrylics,
Pastels, Silvercraft,
Patchwork & Quilting
0412 155 391
www.ebacc.com.au
ebacc.email@gmail.com

Hospital Art
Australia Inc.
Meet every Tue and Fri
9am-2pm - 109 Birdwood
Ave, Umina - Painting and
Canvas drawing. Volunteers
welcome
0431 363 347
hospitalartaustalia.com.au

Community Centres

Peninsula Community
Centre
Cnr Ocean Beach Rd &
McMasters Rd Woy Woy
Activities, programs and
support groups for children,
teens, adults and seniors
including occasional care,
playgroups, dance classes,
karate, fitness classes, youth
services, gambling solutions,
internet kiosk and social
groups.
4341 9333
www.coastcommunityconnections.com.au

Empire Bay Probus Club
Friendship, fellowship,
and fun in retirement.
Very active club, outings,
excursions, dining - 3
times a month
1st Thur 1.30pm
Empire Bay Progress Hall
Visitors Welcome.
0419 252 708

Ettalong 50+ Leisure
& Learning Centre
Cards, Chess, Choir, Creative
Folk Art, Dancing, Darts,
Handicraft, Handicrafts,
Indoor Bowls, Leatherwork,
Line Dancing, Mahjong,
Painting, Rummikg,
Scrabble, Table Tennis,
Ukulele, Women's Shed,
4304 7222

Brisbane Water
Caravan Club
Caravans Wanted to
join and have fun
Gosford NSW
Your owners are most
welcome too
https://bwcaravanclub.
wixsite.com/bwcc
Contact Joe
4344 4363

Central Coast
Community
Legal Centre
Not for profit service providing
free legal advice.
Monday to Friday
9am to 5pm

4353 4988
contact@centralcoastclc.org.au

Point Clare
Community Hall
Community Garden -
Playgroup
Craft and Exercise Groups
Function or Meeting Hire
Managed by Gosford
Regional Community
Services
Enquiries regarding hire to
4323 7483
accounts@gosfordcommunity.org.au
www.gosfordcommunity.org.au

Community Groups

ABC "The Friends"
Support group for Public
Broadcaster.
Aims: Safeguard ABC's
independence, adequate
funding, high standards.
Meetings through the year +
social afternoons
Well-known guest speakers
4341 5170
www.fabcnsw.org.au

Central Coast
Caravanners Inc
3rd Sun - Jan to Nov
Visitors - New Members
welcome, Trips Away, Social
Outings, friendship with like
minded folk -
Details from Geoff
0447 882 150

**CENTRAL COAST 50+
SINGLE & SOCIAL GROUP**
Fun And Friendship With an
Excellent Monthly Program of
Dinner, Dancing, Scrabble,
Cards, And Tenpin Etc.
So Call -
0437 699 366
0412 200 571

CCLC Indoor Bowls
Mon - Ladies Social
Wed Night - Mixed Social
Sat - Mixed Social
New members welcome -
tuition given
level 2 Central Coast
Leagues Club
4334 3800

Freemasons
Who are they?
What do they do?
Find out about the world's
oldest fraternal organisation
and how we help our
community.
Gosford Masonic Centre
86 Mann St Gosford
www.tcd2001.org

Peninsula Village
Playgroup
Carers, Grandparents,
parents & children
'Intergenerational Playgroup'
Tues 10-11.30am
4344 9199

Peninsula School
for Seniors
Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft,
history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Seniors Computer Club
Central Coast
A non-profit seniors club
to help members master
computers, tablets,
phones and keep up
with grand children
Friendly Volunteer Helpers
scccc@internode.on.net
Google sccccincumber
4307 9421

Seniors Social and
Friendship Club Inc
Meets 2nd Mon
Regular monthly social
activities as well as day

outings and short breaks
away, organised by
individual members.
4322 7588 or 0427 404 322

The Krait Club
Community Centre - Coinda
Village, Neptune St, Umina
10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest
speakers, entertainment and
bus trips - 4344 3277

Umina Beach
Men's Shed
Men share a variety of tools,
pursue interests and hobbies,
spend time with other men
and learn new skills
Darrell 4342 9606

Volunteering
Central Coast
Refers potential volunteers
to community orgs. Supports
both volunteers and
community orgs. Training for
volunteers & their managers.
4329 7122
recruit@volccc.org.au

Wagstaffe to Killcare
Community
Protect and preserve the
environment & residential
nature of the Bouddi
Peninsula and to strengthen
community bonds
2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Entertainment

Frantastics Choir Inc
High quality variety
entertainment available for
matinee
bookings at your venue.
New members welcome.
1pm Mondays during school
terms
Walter Baker Hall, Woy Woy
4343 1995
www.frantastics.org

Health Groups

Al-Anon
If someone's drinking is
causing you problems...
Al-Anon can help
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW
Woy Woy support group
Ettalong Bowling Club
Springwood Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing
Australia - Central
Coast
Hearing loss management
Support and educational
groups providing practical
experience and confidence
Learn the benefits of hearing
aids - 4321 0275

BlueWave Living
Woy Woy Community
Aged Care facility providing
residential aged care to the
frail aged.
Permanent and respite care
accommodation available.
Information 2nd and 4th Wed
- 10am - 4344 2599
reception@bluewaveliving.org.au

Central Coast
Parkinson's
Support Group
We aim to help individuals
and their families better
manage living with
Parkinson's Disease
Guest speakers are a regular
feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions
Gambling help counsellors
providing free confidential
professional service to
gamblers, family and friends.
Woy Woy, Kincumber,
Gosford and The Entrance
4344 7992

GROW Support Groups
Small friendly groups formed
to learn how to overcome
anxiety, depression and
loneliness and to improve
mental health and well-being.
Anonymous, free and open
to all. Bring a support person
if you like. Weekly meetings
at Woy Woy, Bateau Bay and
Wyong

1800 558 268
www.grow.org.au

Meals on Wheels
Delicious meals delivered
free - Join us for a midday
meal - Help with shopping
and cooking classes
4341 6699

Mary Mac's Place
Providing hot, freshly cooked
meals - Mon to Fri 11am-1pm
with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters
Anonymous (OA)
12-step fellowship for those
with eating disorders. No
dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
0412 756 446
www.oa.org

Peninsula Village
Wellness Centre
Offering holistic and
complementary therapies
including aromatherapy,
massage and music therapy
4344 9199

Peninsula Village Meals
Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village
Carer's Support Group
For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer
Support Group
(Gosford)
Last Fri, Terrigal Uniting
Church, 380 Terrigal Drive,
Terrigal
9.30am to 12 noon
4367 9600
www.pcfa.org.au

Peninsula Lighthouse
Guiding you through the
storm - Your only local mobile
counselling service
Supporting ALL people
suffering from Domestic
Violence offering a holistic
program making our
community safer.

Counselling services available
Monday @ Ettalong Baptist
Church Barrenjoey Room ,
book an appointment:
0417 472 374
penlighthouse@gmail.com
www.peninsulalighthouse.info/

Schizophrenia and
Bipolar Fellowship
For Schizophrenia/Bipolar/
Mental Health sufferers,
family, carers and friends. .
1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Stroke
Recovery Club
Everglades Country Club
2nd Tues 11am
Company, up-to-date info,
hydrotherapy, bus trips
1300 650 594

Music

Brisbane Water Brass
Brass Band entertainment
for the community playing all
types of popular music.
Rehearsal every Wed
8pm -10pm
0419 274 012

Coastal a Cappella
Vibrant women's a cappella
chorus. New members
welcome - music education
provided. Rehearsals.
Tues 7pm Gosford Tafe
Performance opportunities
Hire us for your event
0412 948 450
coastalacappella@gmail.com

Soundwaves
A cappella harmony for Men
- new members welcome.
Rehearsals Mondays 7.00pm
to 9.30pm Central Coast
Leagues Club, Dane Drive,
Gosford
Ring Max on 4324 3631
or Kieran 4324 1977

Troubadour Central
Coast Folk, Traditional
& Acoustic
Music and Spoken Word
Concerts, Ukulele meets, and
Sessions
4th Sat 7pm CWA Hall Woy
Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party
Political discussions, national,
state and local government
issues

Umina Ettalong Branch
2nd Mon Umina Beach
Bowling Club 7.30pm 4342
3676

Ourimbah/ Narara
Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.magregor@hotmail.com
Woy Woy Branch
Everglades Country Club
7.30pm 2nd Mon
Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Liberal Party of
Australia
Woy Woy Branch
4th Thur 6.30pm
Club Umina, Melbourne Ave,
Umina Beach
woywoyliberals@gmail.com

Central Coast Greens
Active regarding ecological
sustainability, social &
economic justice, peace &
non-violence, grassroots
democracy & getting
Greens elected
3rd Thur
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy
3rd Mon.
Woy Woy Leagues Club
Make new friends and
have fun while serving your
community.
0478 959 895

Rotary Clubs
International service club
improves lives of communities
in Aust. & o/seas. Fun-filled
activities, fellowship and
friendship.

Rotary Club of Kariang
Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861
Rotary Club of Woy Woy
Tues 6pm Everglades
Country Club.
Don Tee 0428 438 535

Special Interest

Bridge
Duplicate Bridge Mon Tue
Thur Fri Sat-12.15pm
& Wed 9.15am
Brisbane Water Bridge Club,
Peninsula Community Centre
93 McMasters Rd.
Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie
50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy,t
7.30pm. Proceeds to Woy
Woy Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family
History Society Inc.
Resources, information
& advice to study your
family's history.
1st Sat 1pm Lions
Community Hall, 8 Russell
Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast
Tenants' Advice and
Advocacy Service
Help with issues with
landlords & real estate
agents? Free telephone
advice and advocacy for
all tenants and residents in
residential parks.
4353 5515
cctaas@hotmail.com

Central Coast
Rescue Unit
Marine Education Courses.
Radio Licenses, Boat
Safety & Boat License
& PWC License Tests,
Navigation, Seamanship and
Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast
Soaring Club Inc
Gliding Club, Learn to fly,
Instruction FREE to members
Come and have an Air
Experience Flight
All Welcome
14 and up for Training
Flying at Bloodtree Road
Mangrove Mountain Thur,
Sat, Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Ettalong Toastmasters
We provide a supportive and
positive learning experience in
which members are
empowered to develop
communication and
leadership skills, resulting in
greater self-confidence and
personal growth
2nd & 4th Tue, 7:30PM,
Ettalong Diggers
0408 416 356

Peninsula
Environment Group
Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops,
organic food buying group
www.peg.org.au

Central Coast
Goju-Kai Karate
Traditional Karate & Self
Defence for Teens & Adults
No Contracts, Cheap Rates
Wamberal - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-
kaikarate.com.au

Woy Woy Judo Club
Mon & Fri -Beginners
From 4:30pm
Tue & Thur - graded classes
4:30pm - 8:30pm
27 Bowden Road Woy Woy
Min Age 3 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo
Veterans Association
1st Sat (except Jan) 10.30am
Umina Club
Melbourne Avenue
Umina Beach
4342 1107

The Partners of
Veterans Association
of Australia Inc Central
Coast Sub Branch
4th Tues - 10am-1pm
Kincumber Neighbourhood
Centre, 1/20 Kincumber St
Kincumber
Support Network for Partners
of Past and present Australian
Defence Forces
0403 499 905

Veterans' Help Centre'
Assist all veterans &
families with pension &
welfare issues.
Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay
Rd & Beach St Ettalong.
centralcoastveterans@bigpond.com

Woy Woy Ettalong
Hardy's Bay RSL
Provide help with pensions
and welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am
to 1pm 4341 2594

Women's Groups

CWA-Umina Beach
Cnr Ocean Beach Rd and
Sydney Rd
Craft & Friendship: 1st, 3rd,
4th Wednesday at 9.30
Branch Meeting: 2nd
Wednesday at 10am
Phone: 0410324282
cwaofnswumina@gmail.com

Country Women's
Association Woy Woy
30 The Boulevard, Woy Woy
Craft & Friendship: 1st, 2nd
and 3rd Wed 10AM.
Meetings: 4th Wed 10AM.
Ph: 0411 434 785
woywoyowa@gmail.com

Peninsula Women's
Health Centre
Counselling, therapeutic and
social groups, workshops,
domestic violence and abuse
issues. All services by women
for women
4342 5905
www.cccwhc.com.au

NEWSPAPERS

Central Coast

If you would like your Community Organisation listed here call
us on 4325 7369 or see www.coastcommunitynews.com.au



Central Coast Series will bring some of the country's best riders to Umina

Skate, scooter and BMX competition heat at Umina

The Central Coast Series skate, scooter and BMX competition will return to Umina this March.

The competition run by Central Coast Council has a prize pool valued at more than \$10,000.

It will run in three heats with Umina Skate Park set to host heat two on March 7.

Competitors from across the Central Coast and beyond are expected to enter.

Champion and division winners will be decided on their points tally across the three heats.

Council director Ms Julie Vaughan said the competition for riders aged five to 24 had grown in popularity each year.

"Originally, the Series was held during Youth Week to activate our skate parks and now it is held across the Coast over three months, giving more opportunities

to our young riders.

"As the competition grows, so does the prize money and the number of competitors," Ms Vaughan said.

The event was allowed for beginner, intermediate and sponsored riders.

A Wheelchair MX competition will be held in heat.

Mayor Cr Lisa Matthews said the Series showcased the talent of the Coast's young riders and highlighted the quality of our outdoor spaces.

"We have an incredibly strong local skate scene and competitions such as these provide opportunities not only for the riders but for residents to go outdoors, support our young people and celebrate community life."

SOURCE:

Media release, 23 Jan 2020
Lisa Matthews, Central Coast Council

Basketball at leisure centre

The Peninsula Leisure Centre's basketball program returned on January 30 with three competitions.

Learn-to-play will be held for six to 10year-olds, game skills for ages 10 and over, and open mixed for adults.

The Learn-to-play program runs for 10 weeks and will focus on teaching players basic skills, teamwork and developing their gross motor neuron skills and

coordination.

The game skills program also runs for 10 weeks and will focus on building up to play full court five on five.

The adults mixed open program is a full court competition for interested adults looking for new ways to socialise and keep active.

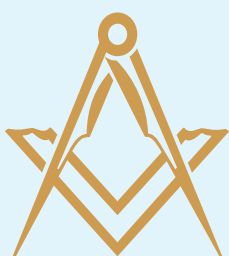
SOURCE:

Social media, 23 Jan 2020
Bill McMahon, Peninsula Leisure Centre



Basketball's back at Peninsula Leisure Centre

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Freemasonry is a worldwide fraternal organisation that promotes moral and personal development amongst its members.

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Freemasonry puts its principles into practice through extensive charitable activities, working closely with our local communities to identify and assist both individuals and the wider community.

In a world too often divided by difference, conflict and alienation, Freemasonry strives to unite men of ALL origins, religions and backgrounds.

The Central Coast is home to a number of lodges meeting at the Gosford or Wyong Masonic Centres on various days and at various times, if you are interested in joining or would like to know more, contact us.



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Ettalong Beach Tourist Resort 189 Ocean View Rd	KINCUMBER Kincumber Nautical Village 57 Empire Bay Dr	Woolworths 261-275 Trafalgar Street Corner, West St	Umina Beach Public School Sydney Ave	Woy Woy Rugby League Club 82 Blackwall Rd	Peninsula Leisure Centre 243 Blackwall Rd
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coastcommunitynews.com.au/news/video-news/

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Two speakers at Lions' luncheon

Woy Woy Lions Rugby Club's annual sports luncheon will be held in Ettalong this month.

As is club tradition, the luncheon will feature two guest speakers: Australian Rugby Union director Mr Scott Johnson and entrepreneur Mr John Singleton.

Club patron Mr Peter "Fab" Fenton will host the event.

Held each year to ring in the new

rugby season, the luncheon is a highlight of the club's calendar, with club members reuniting after the off season break to get reacquainted and begin planning for the season ahead.

The luncheon will take place at Ettalong Diggers from 12pm on February 28.

SOURCE:

Email, 24 Jan 2020

Adrian Williams, Woy Woy Lions Rugby Club



Southern and Ettalong continues to stack its coaching staff in the lead up to the new season

Ollier appointed junior soccer technical director

Southern and Ettalong United Football Club have appointed Mr Andrew Ollier to the new position of junior technical director.

Soccer club president Mr Glen Balneaves said Mr Ollier would bring over 45 years of experience into the role.

"Andrew brings over 45 years in football, having a distinguished playing career which included NSL - FNSW State League 1 and 2, CCSA Premier League, winning many titles along the way," Mr Balneaves said.

"Andrew has also won many

individual awards such as Player of Year and Golden Boot in all levels of competitions.

"After an extremely successful playing career, Andrew shifted his love of the game to coaching and player development.

"With 27 years of experience, Andrew has coached and fulfilled many roles with Central Coast Coasties, Central Coast Football, Central Coast Lightning, Central Coast Mariners Academy and the Northern Tigers and has held roles such as CCFC youth technical director, CCF coach education and development manager and Mariners Academy BPL head

coach.

"Currently, Andrew is working with the Barker College Football program and recently coached at the West Ham International Academy Identification national camp.

"Andrew is looking forward to working closely with Dale Eggleton and is passionate about junior player development.

"He is excited about working with our young Lions to take their game to their highest levels," Mr Balneaves said.

SOURCE:

Social media, 20 Jan 2020
Glen Balneaves, SEUFC



Mr Scott Johnson



Mr John Singleton

SATURDAY NIGHT FOOTBALL

CENTRAL COAST



V



SAT 22 FEB | 7.30PM









Sport

Umina has two candidates for Junior Lifesaver award

Umina Surf Life Saving Club has two candidates for the Central Coast Junior Lifesaver of the Year.

Club juniors Davara Marshall and Jed Hoyland have been nominated for the award which is made to one male and one female junior each year.

Held by Surf Life Saving Central Coast, the award is one of the most

prestigious an aspiring lifesaver can achieve, with all Central Coast surf clubs able to submit a male and female junior for consideration.

Both Davara and Jed have been through the awards process, which includes a panel interview with the judges, a surf lifesaving theory paper and a live patient and CPR assessment.

They're now preparing for the Junior Branch Carnival, to be held

at Copacabana Beach on February 2, upon completion of which this year's winners will be announced.

If successful, the pair will move a step closer to being NSW Junior Lifesaver of the Year and be eligible to attend Surf Life Saving NSW's Junior Lifesaver Development Camp.

Source:
Social media, 17 Jan 2020
Stephen Scahill, Umina SLSC



Jemma excels in interstate championships

Umina Surf Lifesaving Club's Jemma Smith has excelled in Surf Lifesaving Australia's Interstate Championships over the Australia Day weekend (January 25 to 27).

Held on the Sunshine Coast's Alexander Headland, Jemma was a part of the successful NSW squad that won the title for the third year in row.

The squad edged out home side Queensland by just six points.

The tournament saw over 180 competitors from all over Australia thrashing it out on the sand and in the sea.

Jemma was in scintillating form early on the ski, taking out the Open Women's event.

She cleared the breakers effortlessly to establish an early lead and then powered home through uneven waves to win the

event from her nearest rival from Queensland.

"It's always nice when you're chasing those runs and it forms into a nice little wave to bring you home," Jemma said.

Jemma said she had had a break over the Christmas period and went into the competition fresh and ready to go.

Backing up from the win in the ski, she played a key role in NSW's winning Open Mixed Ski Relay team.

Jemma also found success in the Open Women's Tube and Board Rescue events, but it was her fifth place in the Open Ironwoman event that was perhaps the most impressive performance of all.

In her favourite leg, the Ocean Ski, Jemma was wiped out in the first minute by a chest wave, her


signature pink ski seen hurtling backward on the whitewash.

The spill gave her competitors a 30 metre lead, but Jemma fought hard to get back in contention and had almost closed the gap by the end of the first leg.

She even took the lead during the swim leg, but the effort told in the final stages of the board leg where she faded slightly to finish a close fifth.

The next major event on the national surf lifesaving calendar is the Australian Surf Life Saving Championships, which will see members from Australia's 314 Surf Clubs compete in more than 400 beach and ocean events in Broadbeach North Burleigh in April.

SOURCE:
Media release, 24 Jan 2020
Chris Smyth, SLS NSW
Photo credit: HarvPix/SLS NSW

FORT DENISON				TIDE CHART								LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000			
Times are in local standard time (UTC +10:00) or daylight savings time (UTC +11:00) when in effect.												Times and Heights(m) of high and low waters			
APPROX. TIME LAG AFTER FORT DENISON															
Ettaalong 40 min, Rip Bridge 2hrs															
Wisemans Ferry 2 hrs 30 min,															
Koolewong 2 hrs 10 min															
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated															
															

Gosford, New South Wales
January 2020 Daily Weather Observations



Date	Day	Temps		Rain	Evap	Sun	Max wind gust			9am						3pm					
		Min	Max				Dirn	Spd	Time	Temp	RH	Cld	Dirn	Spd	MSLP	Temp	RH	Cld	Dirn	Spd	MSLP
		°C	°C					km/h	local	°C	%	eighths		km/h	hPa	°C	%	eighths		km/h	hPa
15	We	16.7	27.0	0			ESE	28	13:25	22.5	79			Calm		25.4	65		E	13	
16	Th	21.0	29.3	0			NNW	31	13:59	24.6	79		WSW	4		26.6	58		NW	20	
17	Fr	21.6	23.3	29.8			S	33	16:58	23.2	85		SE	9		20.5	95		SSW	15	
18	Sa	19.3	22.2	39.4			SSW	28	04:08	20.7	94		WSW	11		20.2	93		SW	15	
19	Su	18.9	25.1	20.2			S	24	13:57	21.6	86		SSW	9		24.1	76		S	15	
20	Mo	19.2	31.4	0.2			SSW	35	17:33	23.8	81			Calm		25.8	86		NE	13	
21	Tu	16.6	30.3	2.4			ESE	30	13:02	25.4	55		N	6		27.2	45		SE	17	
22	We	18.5	32.6	0			ENE	33	18:19	24.3	79		SSW	4		29.0	67		ENE	17	
23	Th	19.1	41.6	0			WNW	87	21:04	32.5	44		NE	9		40.2	17		NW	22	
24	Fr	22.9	27.8	12.4			W	43	23:17	25.6	71		SSW	17		26.9	59		S	9	
25	Sa	23.7	28.0	0			E	20	07:19	24.9	79		E	9		24.9	91		E	7	
26	Su	23.4	34.4	0			NE	35	16:46	27.5	77		NNE	4		31.1	60		ENE	17	
27	Mo	23.9	28.6	0			NE	26	18:26	24.3	83		S	7		26.9	76		SE	7	
28	Tu	21.2	30.5	0			NNE	37	16:41	25.8	83		SSW	4		29.2	68		E	13	
29	We	23.5	26.8	0			SSW	31	23:18	24.6	72		SSW	15		25.4	75		SE	9	
30	Th	18.7		0						23.0	85			Calm		27.0	68		E	19	
Statistics for the first 30 days of January 2020																					
Mean		20.3	28.4							23.8	75			7		26.3	66			15	
Lowest		16.6	22.2							19.8	44			Calm		20.2	17		#	7	
Highest		23.9	44.4	39.4			WNW	87		32.5	94		S	19		40.2	95		#	22	
Total				125.6																	

Pink Stumps Day final tally was \$5108

The Southern Spirit Cricket Club has finished its inaugural Pink Stumps Ladies Day with an official fundraising total of \$5108 for the McGrath Foundation.

About 130 people took part in a day of community, fundraising and cricket at Umina Oval on January 11, with the Spirit's inaugural Women's T20 team hosting Narara-Wyoming for the match.

Throughout the day, fundraising activities took place including a women-only raffle, a club raffle and a silent auction, which featured prizes donated by local businesses and community members.

All up, the club raised \$5108 which was donated to the Jane McGrath Foundation, which supports the rollout of regional breast care nurses for cancer patients.

Club secretary Mr Jack Wilson said the auction was highly successful with a cricket ball signed by former Australian player Shane Warne selling for \$300.

Mr Wilson said the club has held several Pink Stumps Day events in the past, but this year's was their most ambitious undertaking yet.

"Rod Cooper, Mark McGown and Matt Lane have been long time pioneers of Pink Stumps Day for the Spirit but, with our women's team coming on board this year, we wanted to do something bigger than previous years," Mr Wilson said.

As part of the festivities, the club



arranged a VIP women's marquee and several other activities to involve community members who turned up to support the club on the day.

"It was just a great day and both Spirit teams won their matches which was pleasing for the home crowd," Mr Wilson said.

Mr Wilson confirmed the club was keen to emulate the success of this year's Pink Stumps Day at future events and attributed its success to the rise of women's cricket across the region.

"It's great to see women's cricket growing on the Coast and events like this prove great things are happening with the sport," Mr Wilson said.

SOURCE:

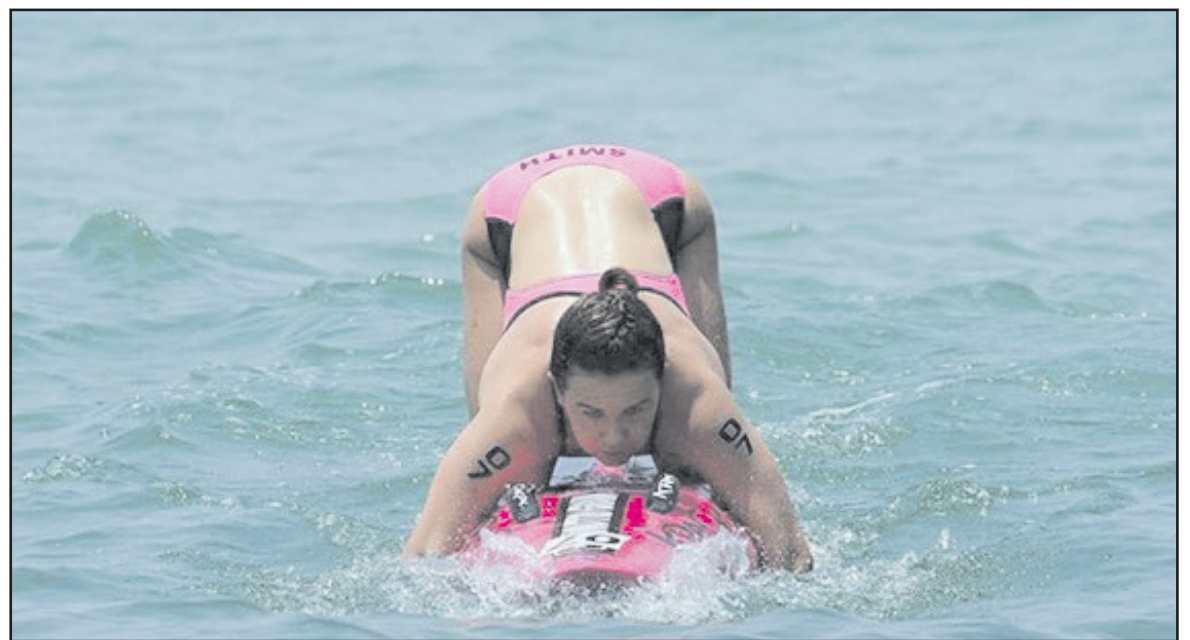
Email, 23 Jan 2020

Interview (Dillon Luke), 30 Jan 2020

Jack Wilson, Southern

Spirit Cricket Club

Photo: Nick Friend



Jemma finishes seventh in Ironwoman Series

Umina's Jemma Smith has finished in seventh place in 2019-20 Ironwoman Series.

The annual ironwoman competition saw 27 of the country's elite female surf athletes take to beaches across Queensland and NSW from October last year to the final event at NSW's North Cronulla Beach on January 19.

Jemma concluded her campaign with a 12-point posting in round five, placing her in ninth for the round.

The result brought her total points up to 58, putting her in seventh place overall, just a point

behind Surfers Paradise athlete Courtney Hancock and just a point ahead of Alexandra Headland's Tiarn Raymond.

It was also her highest scoring appearance in the competition.

Combining the disciplines of swimming, board paddling, ski paddling and running, the Iron Series is considered the pinnacle of Surf Life Saving Australia's elite sports program.

Club president Mr Stephen Scahill said members of Umina Surf Life Saving Club were "incredibly proud" of Jemma.

He said: "Congratulations Jemma Smith on your outstanding

seventh place overall in the IronWoman Series.

"You give us all so much pride in being able to call you ours, a Umina Nipper from the very start.

"Please know that we as a club love everything you encompass about the life saving movement.

"Thanks for being the role model that our nippers aspire to be," Mr Scahill said.

SOURCE:

Media release, 21 Jan 2020

Donna Wishart, SLS Australia

Social media, 23 Jan 2020

Stephen Scahill, Umina SLSC

Website, 23 Jan 2020

Ironwoman Series 2020 results page

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