# Peninsula News Community Access

Edition 475 5 August 2019

# Service NSW opens shop in Woy Woy



Member for Gosford Ms Liesl Tesch in front of new Service NSW Centre in Woy Woy

A new Service NSW shop opened its doors in Woy Woy on August 2, replacing a shopping centre kiosk.

The opening comes four years after the State Government closed the Woy Woy RMS office in the face of community protest.

Member for Gosford Ms Liesl Tesch has welcomed the opening of the Service NSW Centre.

"This is a major win for the community," Ms Tesch said.

"Fifteen thousand locals signed a petition.

"There were debates in the Parliament, and it was only the community commitment that made this happen.

"The RMS office should never have been removed in the first place and (its removal) was a serious betrayal to the local community."

Ms Tesch said the centre would be a step up for locals looking to complete vital State Government transactions with more than 1000 additional services available to Peninsula locals who have been forced to travel to Gosford or Erina for assistance.

She said she had been calling for a full service centre on the Peninsula since her election at the 2017 by-election.

It was important to keep a human face for government services when dealing with the community, she said.

"So much is going online these days, but we've got an older population here on the Peninsula.

"Making them rely on a fully digital service is just not fair, especially if things go wrong," she

"There is still more work to do as the hub doesn't accept cash at this stage.

"We will keep the pressure on and let the Minister know how important it is that we don't exclude parts of our community who rely on cash payments."

The centre in Deepwater Plaza will employ 10 full-time staff members and a Cost of Living Advisor, who will provide advice on how to save money and access additional government support and

Media release, 31 Jul 2019 Member for Gosford, Ms Liesl Tesch

# Patonga hotel sold for second time in two years

The Boathouse Hotel Patonga has been sold after operating for less than a year under new ownership.

The hotel was sold along with seven other Sydney restaurants owned by the Boathouse Group to "two family investment offices from within NSW".

In a statement to Peninsula News, The Boathouse Group said the rapid expansion in the previous year, particularly the opening of The Boathouse Hotel Patonga and Barrenjoey House, resulted in the need to rectify financial pressures and recapitalise.

"This purchase by new equity partners provides the investment the group requires to continue delivering the experience our guests know and statement said.

Group founders Pip and Andrew Goldsmith will continue to manage the day-to-day operation of the businesses and look forward to working with new majority owners.



"It is business as usual in all of our venues and The Boathouse Group looks forward to continuing to serve its quests at all of our

locations," the statement said.

Media statement, 1 Aug 2019 The Boathouse Group Reporter: Sue Murray

#### Pollutant trap installation delayed by asbestos find

The installation of a new stormwater gross pollutant trap in Trafalgar Ave, Umina Beach, has been delayed after the discovery of asbestos containing material at the site.

Central Coast Council has commenced asbestos remediation works and engaged licensed asbestos removal contractor, with work expected to be completed by August 9.

Council unit manager Mr Luke Sulkowski said work on the installation was stopped immediately after bonded pieces of asbestos were discovered during excavation.

"Expert advice was sought test the soil to determine the amount of contamination and if any small fibres were present," Mr Sulkowski said.

"Our licenced contractors are now removing the contaminated soil, as per legislative requirements, and have been conducting ongoing air monitoring throughout the removal process.

"The first two days of air quality monitoring reported that concentrations were consistent with normal background levels and normal construction processes will resume once the asbestos contaminated material is removed from site."

The installation of the new trap will reduce litter entering the beach and waterway downstream.

It will be cleaned by a large suction truck on a recurrent schedule.

Sulkowski said that Mr community members can play a role in reducing the impact of litter on local beaches and waterways.

"It's up to all of us to ensure less litter makes it to the stormwater in the first place - putting rubbish in the bin or taking it with you is the best way to keep our waterways clear." he said.

> SOURCE: Media release, 29 Jul 2019 Luke Sulkowski, Central **Coast Council**

THIS ISSUE contains 62 articles - Read more news items for this issue at www.peninsulanews.info



Office: Level 2, 86-88 Mann St, Gosford

Phone: 4325 7369

Mail: PO Box 1056, Gosford 2250 E-mail: editorial@centralcoastnews.net Website: www.centralcoastnews.net



eninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

**Editor:** Mark Snell

Commercial Operator: Cec Bucello, CEO for Central Coast Newspapers Pty Ltd Journalists: Merilyn Vale, Dilon Luke **Graphic Design:** Justin Stanley Coastal Diary: Lucillia Eljuga **Head of Distribution:** Anthony Wagstaff

#### **NEXT EDITION: PENINSULA NEWS 476**

Publication date: August 19 Deadline: August 15 Email: editorial@centralcoastnews.net Ph: 4325 7369 Peninsula News focusses on post codes 2256 and 2257 **Contributions** 

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published

All accepted contributions also appear on our website.

gal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

Central Coast Newspapers Pty Ltd is the commercial operator of Peninsula News ISSN 1839-9029 - Print Post Approved - 100002922 Printed by Spotpress Pty Ltd Marrickville

#### Source lines: Where do our articles come from?

information in three ways: It is sent to

us by someone wanting to promote

their activities; it is sent to us in

response to our inquiries; or it comes from a newsletter or other document to

Sometimes we may interview a

person or report what they said at a

The following descriptions are used:

contributions. Media Statement

sent in response to our questions.

Website or Social Media - information

published online. Newsletter or

Report - published in print or online.

Interview or Meeting - statements

Forum contributions may be: Email if

sent electronically and Letter if written

- unsolicited

which we have access.

Media Release

recorded by a reporter.

Peninsula News includes "source lines" at the end of each article which aim to provide readers with information about where and how we came across the information, so that they might judge for themselves the veracity of what they are reading.

It should not be assumed that the article is a verbatim reproduction of the source. Similarly, it should not be assumed that any reporter listed is necessarily responsible for writing the whole news item. Source lines are not by-lines

Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its

# **Dry July bleeds into August**

Water restrictions appear to be imminent as arid conditions continue to grip the Peninsula.

Since the last rainfall report a meagre 19.1mm of rain has fallen across the region since July 19.

All of that was recorded over a four day period from July 30 through to August 2.

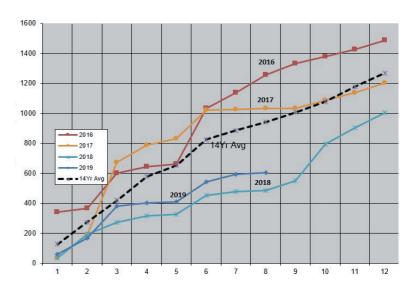
Of these, the heaviest falls were recorded on August 1, which saw 8.2mm of rainfall.

The result brings the Peninsula's monthly total rainfall for July up to 52.4mm and sees a total of 8.6mm of rain recorded for the month of August at the time of writing.

As the Peninsula welcomes the final month of winter drought like conditions are not forecasted to improve with the eighth month traditionally the driest month of the year according to rainfall data compiled by Umina's Mr Jim

Despite this, rainfall is actually

Cumulative Monthly Rainfall by Year



up from last year for July and and is surprisingly on track to reach August 2019, with July 2018 only recording 23.8mm and August 2018 6.3mm.

As of August 2, the Peninsula's yearly rainfall total sits at 603.4mm

the yearly total rainfall of 1268mm. SOURCE:

> Spreadsheet, 2 Aug 2019 Jim Morrison, Umina

# CHANCETO

The Peninsula News in partnership with the Woy Woy Little Theatre would like to offer three lucky readers the chance to win a double pass to their newest production, Four Flat Whites in Italy.

Directed by Terry Collins, the production is the WWLT's third for the year and will open at the Peninsula Theatre on August 16.

Based off of the comedy by Roger Hall, Four Flat Whites in Italy is a fast paced comedy that follows four retirees who become unlikely travel companions on a two week holiday in Italy.

They bicker their way through Venice, Rome and Tuscany as they encounter problems everyone will recognise; making themselves understood, negotiating process with the locals, should they do another museum or just relax with a cold drink - and the age old question of how will they split the dinner

The double passes are for the 8pm performance



on August 17 and are non-transferable.

For your chance to win write your full name, address, daytime telephone number and email on the back of an envelope and mail it to Peninsula News Flat Whites Competition, PO Box 1056, Gosford 2250, before 5pm on August 16.

The winners of the Graceland Competition were Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

Get the most out of your advertising dollar



Advertise in a Central Coast Newspaper for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.



www.centralcoastnews.net





#thisisthelife







NOW LOCATED AT - Office: Suite 2.01/86-88 Mann Street Gosford - Phone: 4325 7369 - Mail: PO Box 1056, Gosford 2250 E-mail: editorial@centralcoastnews.net - Website: www.centralcoastnews.net - Mobile Website: www.coastcommunitynews.com.au

## Environment groups call for ban on polystyrene filling

Environmental groups are calling for a complete ban on the sale of polystyrene filling following a catastrophic incident at Pearl Beach on July 24.

The contents spilled from a split beanbag which had apparently been left on the kerbside for a Council pick up, with the wind carrying many hundreds of polystyrene balls to the beachfront and into the water.

As word spread, Central Coast Council officers joined volunteers from Seabird Rescue and Wildlife ARC and Member for Gosford Ms Liesl Tesch in a mammoth clean up

Seabird Rescue Central Coast co-ordinator Ms Cathy Gilmore said it took a concerted effort by various organisations and individuals to collect as many of the balls as they could, with many others blowing out of reach.

"It was just about impossible for us to collect all of them," Ms Gilmore said.

"They are so light and fluffy they blow into all sorts of crevices- no matter how many people came to help we were never going to get them all.

"People might not realise how catastrophic it is when these balls blow into the water.

"They are the perfect food size for our fish and seabirds to ingest.

**Enter Lift** 

press up button

to start lift

through floor

"It was great to see how many



community members came down to help.

"But there must have been many hundreds of the balls.

"It takes a great many to fill a beanbag."

Ms Gilmore said the incident highlighted the dangers associated with the synthetic filling.

"There was a similar incident that same week in North Queensland on Magnetic Island," she said.

"I think there should be a total ban on the sale of these polystyrene balls.

"But it is also a matter of individual responsibility.

"In this case, someone had obviously put out a beanbag for Council pickup which was split.

"If people are looking to dispose

of beanbags they should make sure the entire bag is enclosed in a secondary bag so there are no splits

"And please, do not empty polystyrene balls direct into your rubbish bins.

"As the trucks collect the bins, the balls will come flying out of them."

Vanessa Heffernan, of Untrashy, which promotes alternatives to single-use plastics, seconded the call for a ban on polystyrene.

"We think it's crazy they haven't been banned," Ms Heffernan said. "But change shouldn't rely only

on things being banned.

"People need to be informed of the damage products like this can

"They are too cheap and accessible and the dangers aren't acknowledged.

"Our message would be, don't buy beanbags and if you have one you want to dispose of, do it responsibly and carefully.

"At the moment there is nowhere for this polystyrene to go but landfill. It's horrendous."

Community Environment Network chair Ms Hale Adasal said the way to prevent similar incidents in the future was to concentrate on community education.

"We need to re-educate people on the effect our waste has on the natural environment – especially non bio-degradables like polystyrene," Ms Adasal said.

"We need to be accountable

for the environment we share with birds and marine life.

"Everything made from now should be able to decompose in the natural environment.

"It was wonderful to see so many groups involved in the cleanup for this incident but we need to think long-term about being sustainable into the future."

SOURCE
Interviews (Terry Collins),
30 July 2019
Cathy Gilmore, Seabird
Rescue Central Coast
Vanessa Heffernan, Untrashy
Hale Adasal, Community
Environment Network
Photos: Michael Dahlstrom
and Augusta Miller



## A discreet and practical alternative to using the stairs

The Compact Elegance Home Lift range. Specially designed to fit easily into your home.

Designed to make your life easier, a Compact Home Lift simply plugs straight into a standard 10A power outlet and allows you to travel safely and effortlessly between floors. Its unique rail and concealed drive system allow you to fit the lift almost anywhere in your home.

Taking up minimal floor space with a small footprint of 0.62m2 for the Elegance & 1.5m2 for the Elegance Plus. The Elegance Plus range gives you the convenience of a larger lift car size if you need to travel in a wheelchair - either now or in the future.

#### Some of Compact Lifts standard features are:

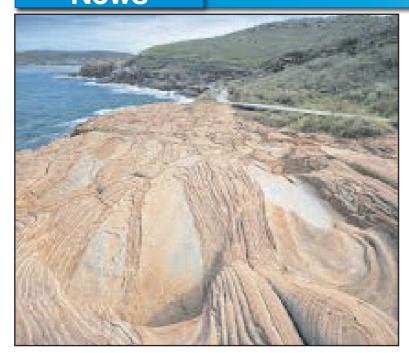
- Lifts installed in 1-2 Days
- Option to use our professional building services
- Battery back-up system, in case mains power ever fails
- Concealed mobile phone
- Half height gate with monitored electric lock for passenger safety when moving between floor levels
- Motion sensor light rays, protecting full lift entrance opening
- Showrooms in NSW & VIC with QLD coming soon

Call 1800 904 088 or email info@compactlifts.com.au or visit www.compactlifts.com.au for a FREE no obligation survey or for a FREE brochure.

Compact Home Lîfts

www.compactlifts.com.au

Sydney Showroom: 19/19 McCauley Street, Matraville, NSW 2036



# **Efforts to have Half Tide** Rocks walking track restored

Wagtsaffe-Killcare Community Association is continuing its efforts to have the walking track at Half Tide Rocks restored by NSW National Parks and Wildlife Service.

Association president Mr Mike Allsop said the association had contacted Member for Terrigal Mr Adam Crouch to pressure the National Parks and Wildlife Service directly.

The Service has released a draft of a new Plan of Management

**ADVERTISEMENT** 

for Bouddi National Park for public comment.

Mr Allsop said the Half Tide Rocks Track was mentioned but was not made a matter of significance.

"The track does rate a mention, but you have to look hard to find it." Mr Allsop said.

"The commentary does reflect the level of community support for this work, so we hope that plans will turn to actions without undue delay.

"Community feedback invited and we would encourage interested residents to review and engage in the process before it closes on September 30.

"The documents can be found on the NSW Office of Environment and Heritage's website, under the topics tab and by selecting Bouddi National Parks management documents.

"There is also hard copy available at the Maitland Bay Visitor Centre," Mr Allsop said.

SOURCE: Newsletter, 30 Jul 2019 Ian Bull, WTKCA



# **Community Environment Network**

#### **Challenging Times**



challenging times across globe global warming and climate change, these challenges bring opportunities develop

sustainable development, that is in balance with our basic needs of clean air, water and soil to grow our foods and plant our trees.

A balanced approach is needed to ensure the clean water we drink and clean air we breathe is never compromised in the name of development.

Recent State government approval of the Wallarah 2 coal mine and Federal Government's approval of Seismic testing off the Central Coast, does just that.

It risks polluting the air we breathe and the water we drink.

Our freshwater sources as lakes, estuaries, underground water tables and aquafers provide our community with the clean water needed to survive.

These challenging times provide an opportunity for members of our community in voicing their concerns by joining us in writing letters to local MP's over recently approved developments that impact on our precious water catchments and clean air.

Our letter drive will be held in conjunction with our monthly wild plant sales on Saturday's the 3rd August and 7th September.

Join us, in this opportunity to voice to our representatives in parliament of valuing clean air and water over any development that risks our precious human needs. One of the best legacies we can leave behind for future generations is a liveable planet and community.

> Hale Adasal **CEN Chairperson**

#### BECOME A LIFE MEMBER OF CEN

If you are a member of CEN and you would like to show your support as part of a group of Ambassadors who promote the Aims and Objectives of CEN. Life Membership is available to you for \$600 paid in one lump sum or by payments over 12 months. It covers membership for life.

Alternatively, if you would like to support CEN, but you have other roles or memberships which constrain

you, then you may prefer to become an Esteemed Life Member for the same fee and with the same aims, but without voting rights to avoid any conflict of interest. An annual catch up is planned with Life Members to share ideas and opinions with Executive members. more information send a note esd@cen.org.au

#### WINGS, WHALES AND WILDFLOWERS EXPERIENCE



A new experience in observing, learning and enjoying the coast by land or sea. The Central Coast has a dozen spectacular National Parks, numerous reserves and waterways and a great system of tracks, trails and lookouts. Suitable for families and groups of all ages.

The seasons for nature on the Central Coast are dynamic. Starting in April with large flocks of lorikeets and parrots

wildflowers are in abundance with Flannel Flowers and Waratahs to name just a few. Delicious, healthy food, magnificent scenery with interesting and informative talks and handouts to make your visit even more memorable. Take home memories and photos of the Central Coast better than you thought possible.

feeding on Swamp Mahogany trees, to May to July when Humpback Whales travel along the coast or August when

Basic Package for 5 hours involves: Activity (or Walk), Hot Lunch and Expert Talk with handout. Available April to September weekdays, other days and times by request. Private tours available for additional cost by application.

2019 Opening Specials - Nearly 30% Off (Adults = \$50, Children = \$35) Normally \$70 A and \$50 C).

• Friday 23rd August – Best for Wildflowers • Friday 4th October – Beginning of long weekend. Inquires to: esd@cen.org.au or Contact 0414 730 032 to discuss your group needs

#### WILDWATCH – CONNECTING KIDS WITH NATURE

Our Wildwatch Program is all about connecting kids with nature. Wildwatch is an opportunity for children (and families) to engage in a program that promotes a love of nature, opportunities to observe nature and grow in knowledge, skills and understanding.

By signing up to Wildwatch, your children will receive:

- A Wildwatch Pack including a certificate, badge, a Wildwatch family membership card, our current newsletter and a set of Wildwatch Fact Cards
- a Wildwatch Diary to record your nature observations
- a bi-monthly kid friendly newsletter
- cial invitations to family friendly events and activities (eg. tree planting events, bushwalks, citizen science events etc)
- invitations to participate in 4 Wildwatch "actions"each year eg. monitor the birds in your backyard

Please visit https://www.cen.org.au/projects/wild-watch to join

#### **VOLUNTEER NEEDED!**

We currently have a vacancy for an enthusiastic volunteer to assist in the office organising a series of exciting family friendly events over spring and summer for our Wildwatch families. Experience working with children or organising nature based activities an advantage. Please email sam.willis@cen.org.au or phone 4349 4756 for more information.

#### **UPCOMING EVENTS:**

#### **Wildplant Community Nursery**

Our next sale days are:

Saturday 3rd August 2019 - Saturday 7th Sept 2019 9am to 12pm

CEN Office, off Brush Road, Ourimbah

We have a range of local native plants available including ground covers and herbs, shrubs and trees, bush food, bird attracting, native bee attracting, frog friendly and screen plants. Current specials on wetland plants. Cash or Credit Card. No EFTPOS

Location: Brush road. Ourimbah

Best access is via Brush Road – Turn into Brush Road from Shirley Street and as you start to drive up the hill turn left into the laneway and follow it along to parking and our driveway - look for the Plant Sale signs.

#### **Wetland Plant Sale**

Carex appressa, Juncus usitatus, Juncus continuus Tubestock \$1 each if you buy a tray of 40 or more

- · Providing cover and food for animals, such as frogs and nesting sites for birds
- Yabbies eat the tender, young stems of Juncus species
- Butterfly attracting and caterpillar food.
- Wetland rehabilitation
- · Improving dam water quality
- Backyard frog habitat or bog garden

#### **Letter writing**

Saturday 3rd August 2019 - Saturday 7th Sept 2019 9am to 12pm

CEN Office, off Brush Road, Ourimbah

Join us in writing letters to local MP's over recently approved developments that impact on our precious water catchments and clean air.

#### **COSS Connections Guided Bird Walk**

Connect with birds of the Central Coast with bird expert Kaye Pointer from Birding NSW

When: August 24, Sat 8 - 11am

Where: Rumbalara Reserve

Cost: \$10 donation (Free to landholders engaged in COSS Connections Project) includes morning tea and lucky door

Bookings essential

For more information phone: 4349 4756 email: habitatforwildlife@cen.org.au

#### **Mountain Reserve**

Connect with our local flora and improve your plant identification skills

Saturday, September 14, 9am - 12pm

Kincumber Mountain Reserve

\$10 donation (Free to landholders engaged in COSS Connections Project)

• Includes Morning tea and lucky door prizes

For more information phone: 4349 4756 email: habitatforwildlife@cen.org.au

Register at: www.cen.org.au/events

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

# 'Planned retreat' not understood, says residents' group

Most people do not understand the implications "planned retreat" climate to response change, according to St **Huberts Island Residents** Association.

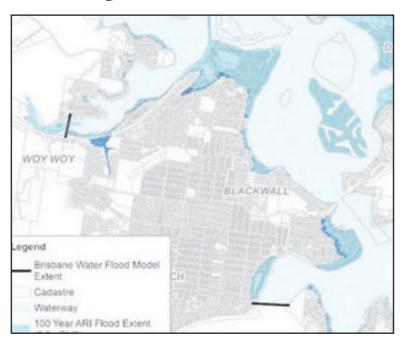
Association president Mr Rod Blake said the group was still concerned with Central Coast Council's recently adopted Climate Change Policy, despite the removal of clauses relating to planned retreat and sea level rise planning.

He said the group was not convinced that the relevant clauses were "completely off the table" and that they would not re-emerge as action plans are formulated under the policy.

"Planned retreat could mean they could basically take your property with no recompense- or walk away from your infrastructure concerns," Mr Blake said.

"The mayor says she is happy with how the draft Climate Change Policy was advertised but there were only about 500 people at the workshops and around 600 emails received.

"We believe that greater effort should have been made to reach out to us and are worried that



people don't really understand the implications of planned retreat.

"Our Council is trying to be a leader on Climate Change, but we expect it to look after residents first – and help us adapt to Climate Change as it occurs, particularly with regard to sea level rise.

"The majority of residents do not read through multitudes of pages and do not expect their councillors to try and adopt extreme measures

without allowing a significant interaction with those most affected."

Mayor Cr Jane Smith said the policy had been adopted following a "thorough consultation process" which resulted in changes being made to the original draft.

A report to Council said sea level rise planning levels and planned retreat were the two commitment statements least supported by

"Participants believe council needs to proactively prepare and focus on positive adaptation actions like protect, redesign, rebuild and elevate to avoid the need to consider options such as relocate and retreat," the report from Micromex Research said.

In response, references to planned retreat and RCP 8.5 (setting a strict pathway allowing for sea level rise) were removed and the focus on ongoing adaptation planning with the community was strengthened along with disaster management and coastal hazards planning.

The second statement to receive lukewarm support from respondents was that Council align its corporate greenhouse gas emissions reduction target with the Australian Government's Paris commitment to reduce emissions by 26-28 per cent below the 2005 levels by 2030 and the NSW Government's aspirational objective to achieve net-zero emissions by 2050.

The draft report has been amended to remove any reference to the Paris targets due to the likelihood of these targets being updated.

The draft policy commits to a place-based approach to adaptation planning in partnership with the community.

Community Environment Network deputy chair, Mr John Asquith said there had been a desperate need for the policy.

"Each year we see increasing heat waves, more powerful storms and increased flooding," Mr Asquith said.

"It is clear from the science and international concerns that climate change is real and accelerating.

"While there are strategies available to push back on climate change, there is little evidence that anything meaningful will happen either nationally or internationally to stop or slow climate change.

"Hence, we need our Council to be prepared to take action when all other levels of government fail."

SOURCE **Central Coast Council** agenda 4.5, 8 Jul 2019 Media statement, 8 July 2019 John Asquith, Community **Environment Network** Interview (Terry Collins), 9 July 2019 Jane Smith, Central Coast Council Interview (Terry Collins), 29 July 2019 Rod Blake. St Huberts Island

Residents Association

# Lifestyle MATTRESS&BEDDING

#### **SLEEP SURFACE SPECIALISTS**

**CAPRI RANGE Single \$149 King Single \$199 Double \$249 Queen \$299** 

**Upgrade to all new Easy Rest** 



#### **MORE THAN JUST A BED**



The AH Beard electric adjustable bed for all lifestyles! **KING SINGLE COMBO** 

FROM \$20 PER WEEK\*

Also available in Split King, Queen, Double

**AH BEARD VICTORIA RANGE** King, Queen, **Double, King Single** Plush - Medium - Firm **ALL ONE PRICE - \$899 10 YEAR GUARANTEE** 



TAKE HOME LAYBY (TAP)

103 BLACKWALL ROAD WOY WOY 4344 6969 **OPPOSITE THE LEAGUES CLUB - OPEN 7 DAYS** 

# Council adopts flying fox management strategy

A Flying Fox Management Strategy was adopted by Central Coast Council at its July 22 meeting.

The strategy will be applied to the management of the flying-fox camp at the Everglades wetland at Woy Woy.

Mayor Cr Jane Smith said features of the strategy were education and awareness, subsidies for property modification, incident management, supporting research, appropriate land use and the creation of vegetation buffers.

"Flying foxes are vital to the health and biodiversity of our bushlands and their survival is crucial to the long-term persistence of eucalypt forests, rainforests, woodlands and wetlands," Cr Smith said.

She said the council acknowledged the potential for conflict between residents and bat colonies and this specific camp management plan made land owners eligible for government subsidies.

Funding could include infrastructure to create visual, sound or smell barriers and other measures such as car and pool covers, cleaning services and double-glazed windows.

Cr Smith said the dispersal of bat colonies was not an option and was not supported by the latest scientific research or current best



The red outline of the flying fox camp at Woy Woy

practice management actions.

Threats to the species included habitat loss and degradation, conflict with humans and predators such as native and domestic animals, infrastructure (such as fencing, power lines and fruit netting) and the exposure to extreme heat and other natural

events.

The strategy acknowledged that there has been no "on ground" management activities specifically aimed at the everglades flying fox camp although the local bushcare group has aimed to improve the native vegetation and habitat in the area for the past 21 years.

Although the flying fox camp is mostly in the wetlands, the bats have also been seen roosting in melaleuca trees in Kerrawah Boulevard between the wetland and residences, as well as foraging along Kahibah Creek.

The flying foxes were described as roosting in two main groups  ${\mathord{\text{--}}}$ 

on the southern side of Boronia Rd and smaller group on the northern

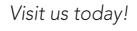
It was estimated that 2700 flying foxes used the camp in 2017.

The plan will operate from 2017 to 2027.

SOURCE: Media release, 22 Jul 2019 Jane Smith, Central Coast Council

The Central Coast's Premier, Award Winning Custom Design Jewellers and the "Home of Broken Bay Pearls" in Umina Beach.

Custom designed jewellery ... diamonds, gemstones, opals, pearls ... made unique to your taste, style and budget! Or become part of your own design experience, helping to create your own one-of-a-kind piece in our new Design Studio. Shopping for jewellery will never be the same again when you can do more than just browse for jewellery ... you can help create it at Seaspray Jewellery!











(02) 4341 2223 0422 635 439 (Julie) 314 West Street Umina, 2257 www.seasprayjewellery.com.au david@seasprayjewellery.com.au



HILLTOP PARK ON THE NSW CENTRAL COAST, OFFERS SO MUCH MORE WITH THE LONG AWAITED WARNERVALE TOWN CENTRE LOCATED RIGHT IN THE HEART OF THE ESTATE.









Hilltop Park is an exciting new residential estate set in the thriving suburb of Woongarrah. Limited allotments and house & land packages still remain in Stage 1. Don't miss this great opportunity to live, work and play in the most exciting development the central coast has to offer.

Hilltop Park - Sparks Road, Woongarrah NSW 2259

Vacant Land or House & Land packages available! For sales information phone 0403 440 977 www.hilltoppark.com.au





# Country club seeks permission to build covered area

The Everglades Country Club at Woy Woy has sought permission from Central Coast Council to build a new covered entertainment area.

The proposed works are mainly additions and alterations to existing out door areas.

These include the removal of an existing building shed, tensile roof and planters for the development of a new covered timber decking entertainment area with timber seatings and planters.

The project would also include alterations and refurbishment of the club's existing indoor areas.

The existing sports office and entry door would be removed to accommodate new bar, cafe and preparation areas as well as a new

A Statement of Environmental Effects lodged with the application states that the objective of the proposal is to provide an outdoor covered terrace to improve the amenity for patrons and "a more contemporary visual street presence".

The statement said the proposal would not create any significant impact on the local environment.

No negative impacts were anticipated in regard to view, overshadowing or privacy to neighbouring properties.

SOURCE: DA tracker, 29 Jul 2019 Central Coast Council

# Council defers consideration of draft consolidated plan

Central Coast Council has decided to defer consideration of a consolidated Local Environment Plan.

The council agreed with a request from mayor Cr Jane Smith to consider the matter further at a workshop, describing the consolidation as premature.

The decision has been applauded by the Killcare Wagstaffe Trust, which addressed the council about the proposed plan.

The Trust had feared that consolidating the Plans for the former Wyong and Gosford council areas could put Coastal Open Space System environmental lands on and around the Peninsula

at risk.

Trust spokesman Mr David Legge addressed councillors at Council's July 22 meeting, saying the process for consolidating planning controls had been rushed and stressing the importance of maintaining the R2 zoning as outlined in the current Gosford Plan.

"Coastal Open Space System lands are unique and worthy of emulation by other councils," Mr Legge said.

He also urged rezoning of some E3 lands to E2.

Since amalgamation, Council has been operating on the two Plans used by the two former council areas, which differ in various ways due to the requirements and topography of each area.

Mayor Cr Jane Smith said the move was premature.

She said she would like to see councillors concentrate on formulating a comprehensive LEP over the next few years which takes into account issues relating to every section of the region, rather than opting for an interim consolidation.

Councillors backed her Mayoral Minute on July 22 to consider the matter further at a workshop.

"There are some concerns within the community over the draft Consolidation Plan, particularly in the former Gosford local government area," Cr Smith said.

"Of special concern are items relating to development density and reductions to the R2 zoning, which is important in preserving our open spaces."

She said pushing through a consolidation plan would be "premature".

"Councillors have had only two very short briefings on this plan, which was formulated before they were elected in 2017," she said.

"Councillors need to understand the complicated matters involved and have opted to attend a workshop to get across the details, and to look at submissions already received on the matter and how they fit into the bigger planning picture.

"We need to work with the community in formulating a comprehensive plan."

Cr Smith said current planning controls were delivering development outcomes and

proposed changes had gone beyond the original scope and intent of a consolidated LEP.

"It seems to take a one size fits all approach and that is not how planning controls should work," Cr Smith said.

"Planning rules should provide consistency in what can be built but also reflect the unique character of areas, including the desired future character.

"Communities must have a stronger say in how their suburbs are developed."

SOURCE: Central Coast Council agenda 2.1, 22 Jul 2019 Interviews (Terry Collins), 9 and 23 July 2019 Jane Smith, Central Coast Council

Renovating? Need New Blinds, Awnings or Shutters?

Come Visit The Coast's Biggest

and Awnings, including motorization.

Or call for a Free in-home

**Showroom For Blinds, Plantation Shutters** 

Measure and Quote.

\$100 off when you mention this paper\*

**CHOOSE THE LOCAL EXPERTS AT** 

18/482 Pacific Highway, Wyoming. Ph: 02 4324 8800 www.premiershades.com.au

# conditions apply. Purchases over \$1000



# **Gabby Greyem** honoured with Paul **Harris Fellowship**

Umina business owner Ms Gabby Greyem has been honoured with a Paul Harris Fellowship award at the Rotary Club of Woy Woy.

Ms Greyem received her award during the club's Christmas in July meeting and was presented by past club president Mr Russell Grove.

"In introducing Gabby, Mr Grove said that she is an enormously important member of our community because she gives so much back," said club publicity officer Mr Vic Deeble.

"Gabby runs a business and cares for other people in the Umina Precinct where her business, Jasmine Greens Park Kiosk, is located.

"She takes in young people, trains the staff, cares about the environment and has taken on bureaucracies that have resulted in upgrades to the Umina Precinct that otherwise would not have

happened.

"She epitomises the Rotary motto of Service above Self.

"In recognition of contribution, she was presented her with a Paul Harris Fellowship, the highest award that can be made by a Rotary Club.

"Gabby thanked us both for the award and for supporting us in her campaign and for the work we do in the community," Mr Deeble said.

A special award was also given to club member Mr Barry Freeman, who received his quadruple sapphire pin.

"President Mr Don Tee said that sometimes it was a great delight to be president and that awarding Barry his quadruple sapphire pin was once such occasions."

Pictured are Mr Don Tee, Ms Gabby Greyem, Mr Russell Grove and Mr Barry Freeman.

SOURCE: Newsletter, 26 Jul 2019 Vic Deeble, Rotary Club of Woy Woy



Mr Don Tee, Ms Gabby Greyem, Mr Russell Grove and Mr Barry Freeman



Blackwall Rd, Woy Woy

# Government 'too slow' with roadworks, says Chamber

The State Government is moving too slowly to deliver \$35 million in promised roadworks on the Peninsula, according to the Peninsula Chamber of Commerce.

Chamber president Mr Matthew Wales said the chamber had identified numerous problem roads which desperately needed upgrades, but only one, the intersection of Maitland Bay Dr and Picnic Parade at Ettalong Beach, had started.

The Dunban Rd and Ocean Beach Rd intersection at Woy Woy was still waiting for action, he said.

Mr Wales said the \$470,000 design contract had been let for this project but it would still be six to 12 months before any physical work started on site.

"The promise by the NSW

State Government to upgrade the intersection came about after strong pressure from the Peninsula Chamber during the 2017 Gosford by-election," Mr Wales said.

"The commitment was made after the State Government pulled any further funding from the Woy Woy Rail Underpass after the project costs blew out to over \$100m," he said.

"The Chamber identified several key intersections which the State Government agreed to fund as part of a \$35 million Peninsula roads package.

"The package included the Dunban Rd-Ocean Beach Rd intersection and safety improvements to Blackwall Rd and Woy Woy Rd.

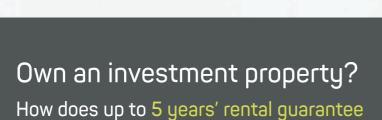
"However, the Chamber remains concerned that none of these projects are yet to be delivered, with only the Maitland Bay Rd intersection in design phase."

Mr Wales said traffic from Kincumber and MacMasters Beach and surrounding areas to Woy Woy railway station and the M1 Motorway had increased.

"This is placing enormous pressure on our local road systems and increasing the safety risk at key intersections," he said.

"The Chamber is calling on the State Government to ramp up its efforts to get these projects underway and shorten the designto-construction periods before these projects rollover into yet another election cycle," Mr Wales

> **SOURCE** Media release, 31 Jul 2019 Matthew Wales, Peninsula **Chamber of Commerce**



Now, that's peace of mind you deserve.



Up to 5 years rental guarantee\*



Property make good\*



Exceptional service



Fixed fee options

\* For eligibles properties. Conditions apply.



#### Take the worry out of property investment.

With Key 2 realty, you could have the certainty of up to 5 years' rental guarantee, together with low fixed fee options and property make good.\*

Now that's different.



Tel. 02 4326 5566 key2realty.com.au



Councillor Chris Holstein cutting the ribbon at the inagural Red Carpet Day

# Ettalong businesses asked to join in Red Carpet Day

**Peninsula Tourism Partners** is urging Ettalong businesses to be part of Ettalong's fourth Red Carpet Day which will take place on the morning of September 15.

"This is our town's day to celebrate and we want to promote the fact that Ettalong is a great place to live, work, eat, stay and play," said president Ms Kim Cole.

She is asking Ettalong businesses to band together to offer discounts, one offs and special deals, in an effort to drive tourism to the town.

Sporting clubs, community

groups and musicians are being asked to pitch in with a number of activities and attractions to compliment the event.

Member for Gosford Ms Liesl Tesch is expected to open the proceedings with a red ribbon cutting at the Ettalong Diggers carpark, Ms Cole said.

Among the activities, the Studebaker Car Club of NSW and the Central Coast Holden Car Club will be putting on a vintage Show and Shine display where visitors can vote for their favourite car.

Other attractions include a trike display from Trike Tours and Pitstop Arcade, DJ Glen Hunt, dance displays, flash mobs, buskers and street entertainers, information stands from local community services, an art exhibition trail from local artists and children's face painting.

Red Carpet Day was first held last year as a means to bolster the ailing Ettalong business community which was suffering from disrupted trade at the time due to the state of the Ettalong channel preventing the operation of the Palm Beach ferry service.

> SOURCE: Media release, 28 Jul 2019 Kim Cole, Peninsula **Tourism Partners**

# Peninsula to host Mardi Gras in October

The Peninsula could host the country, a youth area, drag the Coast's first Mardi Grasstyle event in October with the support of Central Coast Council.

Prospective organisers, from the Naughty Noodle Fun Haus, have presented their "social enterprise" idea at Central Coast Council's inaugural Launch Pad pitch night.

Launch Pad is a three-month training program run by the Council to support the development of social enterprises.

This year, 18 of the 25 graduates, including the Fun Haus, presented their pitches to more than 30 potential investors, community leaders and business owners, according to Council acting director Mr Phil Cantillon.

The Naughty Noodle Fun Haus has formed a Central Coast Pride Subcommittee to plan a Coastal Twist festival.

The three-day arts and culture festival would take place at various venues around the Peninsula over the October 4-6 long weekend.

With the Council as principal sponsor and support from local businesses, the event is expected to attract more than 2000 people.

It will include ticketed events such as a cabaret, dance party and film and dinner night as well as free activities including a beach picnic day with a Queer Surf Competition, volleyball and music and a photographic exhibition.

It will culminate in a Fair Day on October 6, with all-day entertainment, guest DJs, food and market stalls, representatives of LGBTIQ groups from across story time for the children and a Puparazzi Pooch Parade.

Fun Haus artistic director Ms Glitta Supernova said: "Inclusion doesn't require you to change who you are. It requires you to be who

"This time last year I had been living on the Coast for five years and didn't see myself reflected

"There was zero fringe, counterculture or LGBTIQ celebratory visibility and I very much saw it as my own personal responsibility to be the change I wanted to see."

Fun Haus acting chief executive Mr Juan locco said: "The one thing we knew for sure coming into Launch Pad was the value of diversity and inclusion as a key source of economic, social and community regeneration."

He said Launch Pad had been an "enabler" for the business.

Mr Cantillon said: "The pitch night brought the community together, with inspiration, ideas and people who care about the Coast."

Mayor Cr Jane Smith said Launch Pad built strong relationships within the community.

"Launch Pad connects people, builds capacity and creates local solutions and initiatives," she said.

"It also fosters innovation and partnership to develop local entrepreneurs and support start-

SOURCE: Media release, 17 July 2019 Jane Smith, Central Coast Council Media release, 30 July 2019 Glitta Supernova and Juan locco, **Naughty Noodles Fun Haus** 



# Community group opposes 5G proposal for Empire Bay

A community group opposed to the introduction of 5G mobile phone technology met last week at the Empire Bay Progress Hall.

The Stop 5G Central Coast group is critical of an Optus proposal to install five new mobile phone base station small cell panel antennae on Ausgrid telephone poles in the area.

"Although (these are) currently planned as 4G, the short distances between the proposed five small cells in the area indicates the likelihood of future 5G technology installations by Optus," group member Ms Mariette Blackmore said.

"Science shows harmful effects due to short-wave radiation on humans, animals, birds, trees and insects.

"Children are the most vulnerable as they can absorb up to 60 per cent more radiation than adults.

"The 5G technology will utilise high frequency millimetre-wave radiation, which could be outside homes, schools, workplaces and hospitals, everywhere 24/7, with no escape from constant exposure."

With more than 600 members, Stop 5G Central Coast is concerned about the 5G roll out all over the region and the impact it will have on human health and the environment.

Group member Ms Jodi Donovan said: "People don't realise that due to the short distance these high frequency radio waves travel, radio transmitting cells are going to be installed in every street, outside houses, outside children's bedrooms, inside schools and there will be no way to escape it.

"It is worth noting that Brussels has banned 5G, and many other areas worldwide are considering their positions as evidence mounts around the danger of this radiation."

A spokesperson for Optus said there were no plans to upgrade the Empire Bay towers to 5G.

SOURCE
Media release, 15 Jul 2019
Mariette Blackmore, Stop
5G Central Coast
Media release, 29 Jul 2019
Jodi Donovan, Stop
5G Central Coast

# Chamber seeks sponsors for Oyster Festival

The Peninsula Chamber of Commerce is seeking sponsors for its 20th Brisbane Water Oyster Festival to be held this year at Ettalong Beach Markets on November 10.

Organiser Ms Debra Wales said that sponsorship packages were still available and started from \$500 through to \$15,000 for naming rights for the festival.

"It's a great opportunity to promote your local business leading up to the event and on the day, where over 30,000 people enjoy food, wine, crafts and entertainment," she said.

"This is a special year being our 20th anniversary.

"It has been a great vehicle to promote the Peninsula and our beautiful location to the wider region.

"We have visitors from all over NSW and interstate who before the Oyster Festival, had never head of Ettalong or the Peninsula.

"Now they do, and they always come back," Ms Wales said.

Ms Wales said she and Ms Jenifer Green from G'Day Hollywood Productions initiated the event back in 2000, partnering with the local oyster farmers and introducing the Blessing of the Fleet.

"From those small beginnings,



Debra Wales and Jenifer Green

we never expected the festival to go on for another 20 years," Ms Wales said.

"The festival has always been about promoting the beautiful Brisbane Waters and celebrating our magnificent Sydney Rock oysters and the Patonga Creek beauties grown right here.

"We've had three moves in that time, beginning at the Woy Woy waterfront where we outgrew the area and then to Ettalong Beach beachfront.

"Last year saw our move to the Ettalong Markets which proved to be a huge success with over 30,000 visitors throughout the day," Ms Wales said.

"Our festival team, Daniel and Emily Batts of Empty Suitcase Events, are well into planning for this year's festival with food, wine and crafts stalls being snapped up

"Jenifer Green and Wayne Cornell from G'day Hollywood Productions have filled the whole day with live bands from Sydney and local jazz bands and street entertainers," Ms Wales said.

SOURCE: Media release, 28 Jul 2019 Debra Wales, Peninsula Chamber of Commerce



Community Grants and Sponsorship Program for 2019-20

Applications are now open for Council's first round of Community Grants and Sponsorship Funding for 2019-20.

If you're looking to make a real difference to the local community and our region through a community event, project or initiative, then apply now.

Visit **centralcoast.nsw.gov.au/funding** for details.

Applications close 30 August 2019





#### Playspaces Advisory Committee Expressions of Interest now open

Help create a positive difference in your community!

Central Coast Council is inviting Expressions of Interest (EOIs) for qualified and experienced individuals to be appointed as community stakeholder members of the new Playspaces Advisory Committee.

With up to six vacancies, this is your chance to provide input into strategic planning for playspaces across the region.

EOIs close Sunday 25 August 2019. For Advisory Committee Terms of Reference and application details go to **centralcoast.nsw.gov.au/eoi** 





# Volunteers help with planting on National Tree Day

**The Grow Urban Shade Trees** group's National Tree Day planting on July 28 attracted volunteers to Ocean Beach Rd in Umina.

Group members were joined by 15 volunteers who helped plant a mix of native species along the road including water gum, brushbox, blueberry ash and tuckeroo.

All up, six saplings were planted along the southern end of Ocean Beach Rd between 9:30am and midday.

Organiser Ms Jennifer Wilder said the day was successful.

"It was a wonderful day made all the better by our enthusiastic volunteers who were involved in every step of the planting from digging through to mulching," Ms Wilder said.

The project was funded by a Central Coast Council grant awarded to the Umina Community Group of which the tree group is part

Ms Wilder said donations had also been received from local businesses

Ms Wilder said the group was disappointed with Council's rejection of other sites on the street for additional planting.

According to Ms Wilder, 29 residents had indicated they were keen to have a tree planted on their verge, but the Council had rejected all but the six that went ahead, citing potential damage to underground infrastructure.

"Our goal is to establish an urban canopy on the Peninsula to ensure a greener, cooler, future for the area which is a known heat island.

"We were disappointed we weren't able to plant more trees but were encouraged by the number of residents who wanted trees planted," Ms Wilder said.

Ms Wilder said the group hoped Council would continue to support planting initiatives on the Peninsula in the future.

"It is no secret that Council has been slow to respond to the desperate need for an urban canopy on the Peninsula but we're hopeful that will change as the trend towards greening local government areas was catching on across Councils in the Greater Sydney Area," she said.

"For instance, Hornsby Council has been doing a fantastic job of planting and greening their streets and suburbs and we hope Central Coast Council will take note of their

"It's confusing and disheartening to see places with higher density and more established, complex infrastructure undertaking mass

"It's unclear why it's so much slower to get trees in the ground here, especially since the heat maps prove the Peninsula is in dire need of more trees," Ms Wilder

As the Peninsula enters the final month of winter, Ms Wilder said residents should start thinking about summer now.

"It's easy to forget how hot and dry the Peninsula gets with its lack of shade and trees in these colder months, but summer is just around the corner and the more trees we plant now means more shaded verges in the future," she said.

SOURCE: Social media, 28 Jul 2019 Interview (Dilon Luke), 30 Jul 2019 Jennifer Wilder, GUST



## **Contribution of** outgoing president acknowledged

Members of the Wagstaffe-**Killcare** Community **Association** acknowledged the eight-year contribution of outgoing president Ms Peta Colebatch.

Ms Colebatch recently stepped down, with Mr Mike Allsop taking on the role as president.

"Peta would be the first to acknowledge that the visible and not so visible symbols of achievement for the Association are always a team effort by the committee and volunteers," said member Ms Gaye Follington in the Association's newsletter.

"In the eight years that Peta was president community assets have grown and our community continues to value and protect our natural scenic assets of bush, beach and bay.

"With Peta at the wheel, some of the visible installations the Association has funded are the children's enclosure and dinosaur at the tennis court, the soccer net and the fitness equipment at Turo Park and on the green near the surf club, the two seats dedicated to Gwen Perrie and Richard Harper on the Dog Track and to Tom Jackson at the hall, the swing set at the Stanley St Park, and the carved poles positioned near the

"The wonderful whale tables

"Peta hosted the community

party put on by the Association following the fire at Pretty Beach in October 2012, to thank the local firemen who, with brigades from other places, controlled the fire before major damage was done.

"Peta liaised with the Killcare-Wagstaffe Fire Service, Killcare Surf Club and Pretty Beach Public School and these organisations benefited by collections on Australia Day at Wagstaffe which Peta helped organise for the last two years.

"The Wagstaffe Hall, originally built by volunteers, is managed by the hall convenor supported Association committee, overseeing regular and special event bookings.

"Big community events are the Australia Day Breakfast and Jazz Picnic, the Easter Trash and Treasure collection and an art

"Behind the scenes there is always a lot of work building bridges within and outside the community, lobbying Council, and government departments and Peta was tireless with her lobbying.

"She met with many Council officers and managed to make things happen.

"She persisted until the ferry made two return trips a day from Ettalong and she initiated the motion to bring community groups, Council and the NSW Government to the table to determine the best way forward to reinstate the ferry to Palm Beach when the channel became impassable.

"Mike Allsop, our new president, is now chair of that committee.

"There are still several ongoing projects on the table including obtaining better mobile phone coverage, liaising with Council and designers regarding Hardy's Bay Foreshore improvements, convincing National Parks we need restoration works at the Half Tides Rock track, and improving the Turo Park extension, all of which Peta has had a hand in."

Ms Follington thanked Ms Colebatch for her "tenacious and untiring efforts to keep a positive momentum to achieve what has been achieved, often against bureaucratic odds, and for simple things like starting meetings right on time and keeping them moving and for just being an excellent chairperson".

SOURCE: Newsletter, 30 Jul 2019 Ian Bull, WTKCA





# More than 200 people attend Naidoc celebration

More than 200 people attended a Naidoc Week celebration at the Peninsula **Community Centre on July 2.** 

A Welcome to Country was delivered by Aunty Colleen Starkey from Mingaletta, followed by a smoking ceremony and then a performance from the Dungala dancers of the Yorta Yorta Mob who invited children to join in.

Public Ettalong School's indigenous dance students also performed.

Visitors on the day included children from Booker

Preschool and Woy Woy Peninsula Community Childcare.

"Children then spent hours on indigenous-inspired art and craft activities while adults read the Australian Aboriginal History Timeline, viewed indigenous artworks by local artist Kylie Cassidy and shared some bush tea, tucker and a yarn," said Coast Community Connections chief executive Mr Bruce Davis who hosted the day.

SOURCE: Website, 19 Jul 2019 **Bruce Davis, Coast Community Connections** 

# Association pays respects to former member

Members of the Wagstaffe-**Killcare** Community Association gathered at the Wagstaffe Hall on July 21 to pay their respects to Ms Helen Ferguson, who died on July 1 after succumbing to injuries sustained in a car accident.

A resident of Pearl Beach, Ms Ferguson had been an active member and friend of the Association's for decades, according to Association vicepresident Ms Robyn Warburton

Ms Ferguson was known for her tireless efforts to clean up the Dog Track, Ms Warburton said.

Over the years Ms Ferguson had run bridge classes for the Association, managed Wagstaffe Hall, been editor of the Association's newsletter and been a member of the Association's

"As a committee member, Helen was an active participant in all matters and issues that concerned the Association and contributed to our many discussions and decisions," Ms Warburton said.

"We appreciate her commitment to the hall and all she did for us.

"She will be sorely missed by all

The gathering was attended by other community groups Ms Ferguson had been involved in over the years including the Bouddi Society, the Brisbane Water Bridge Club and the Garden Club who all came together to reflect on Ms Ferguson's life.

SOURCE: Newsletter, 30 Jul 2019 Ian Bull, WTKCA



Helen Ferguson

#### **Euchre club donates to school**

The Peninsula Euchre Club has donated \$300 to Gosford Public School.

Organiser Mr Ken Dixon said raising funds for community groups and projects was a passion project of the club, with local schools constant benefactors of

the fundraising efforts.

"The club also contributed to the cost of refreshments following the funeral of long-term member Rod McLaughlin," Mr Dixon said.

"Funds are raised through a weekly raffle which is supported by patrons at the Old Pub Woy Woy.

"The euchre club is open to

all and anyone wishing to have a game of cards in a friendly atmosphere needs only to turn up at the Old Pub each morning and you will be made most welcome," Mr Dixon said.

SOURCE: Media release, 25 Jul 2019 Ken Dixon, Peninsula Euchre Club

**NEW OFFICE NOW AT** 

**433 Ocean Beach Road** 

**Umina Beach 2257** 

4339 7644



#### Pick up your paintbrushes, **Grandma Moses is back!**

**Grandma Moses Art Competition and Exhibition** 

Aged 50 or over and live on the Coast?

Enter your painting or drawing by Friday 23 August for a chance to win more than \$3000 prize money.

Artworks will be exhibited at the Gosford 50+ Leisure and Learning Centre 10-12 September.

centralcoast.nsw.gov.au/grandmamoses



Our aim is to sell 14 properties in the next 4 months.

**CAN YOU HELP US??** - We have a buyer needing a 5 Bedroom home with a budget of \$1 mill to \$1.2 mill

Recommendation - Kiefer Bathroom Renovations Ph: 0432 000 663





0439 739 324

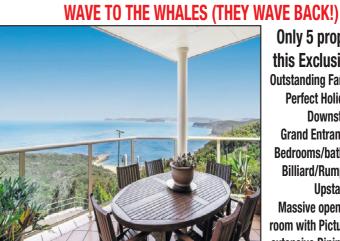
0401 712 454



Kierra Swift 0481 941 812

Central Coast

Council



Only 5 properties in this Exclusive Street. **Outstanding Family Home or Perfect Holiday Home** 

**Downstairs: Grand Entrance Foyer/2** Bedrooms/bathroom/huge Billiard/Rumpus Room. **Upstairs:** 

Massive open plan living room with Picture Windows/ extensive Dining Room with

more picture windows/Double size kitchen with all facilities/2 Bedrooms, ensuite, W.I.R/2 bathrooms - Potential 2 Apartments

**Fully manicured grounds with Sandstone features** Covered outdoor Patio and Pergola for hospitality and entertainment. 4 Car Garage - First to see WILL BUY!- Guaranteed!! **Appointment ONLY Inspections** 

DEVELOPMENTS, MANAGEMENTS, COMMERCIALS, RESIDENTIAL, INVESTMENT, INDUSTRIAL, AUCTION, LEASING, SALES REAL ESTATE AGENTS, AUCTIONEERS, PROPERTY MANAGERS, STOCK AND STATION AGENTS

# Collection bin installed for animal rescue

A collection bin has been installed at Woy Woy for **Central Coast Animal Rescue** Network

The new organisation's first act included installing a donation bin at Woy Woy's Fudge Monkey Cafe.

Network is seeking donations of collars, leads, harnesses, food, kitty litter, pet beds, towels, blankets and doonas, dog jumpers, 4XL shirts, buckets, laundry tubs, baby bottles, newspapers, straw, pillowcases, sheets, cans of corn, seed mix for chickens, scrubbing brushes, chicken wire and animal carriers, according to organiser Ms Jasmine Shaw.

"There is such little support for animal rescue groups on the Coast and these donation bins will help them to rescue and care for more animals.

"People have shown a lot of interest and support already and hopefully we can get people donating these items and helping our Central Coast animals."

Currently, the Network is supporting Claws 'n' Paws Rescue, Moo to Ewe farmed animal sanctuary and NSW Hen Rescue. SOURCE:

> Media release, 26 Jul 2019 Jasmine Shaw, CCARN



The collection bin at Fudge Monkey Woy Woy



## New exchange student for Rotary club

The Rotary Club of Umina Vergara encouraged all members Beach has welcomed a new Youth Rotary Exchange student.

The club welcomed 15-year-old Noelia Conopy of Austria at its July 24 meeting.

Noeila will be hosted by club members over the next year and will be attending Brisbane Water Secondary College during her time on the Central Coast.

Club president Mr Rouel

to make Noelia feel welcome as she embarked on her youth exchange experience.

Mr Vergara said the club was preparing a roster of events and outings for Noelia's visit and said members not involved in hosting this year were welcome to get involved with the roster.

SOURCE: Newsletter, 24 Jul 2019 Simon Darwin, Rotary Club of Umina Beach

## Pearl producer expands into Hawkesbury River



The new oyster lease site near Patonga

#### A local pearl producer has announced it will expand its operation to the Hawkesbury River.

Broken Bay Pearls managing director Mr James Brown said the organisation would be expanding into the Hawkesbury with a new site between Patonga and Brooklyn.

Broken Bay Pearls' akoya pearls are currently grown locally in the Brisbane Water and marketed internationally.

The pearls are sold to collectors and jewellery makers as they come in an array of unconventional colours and are known for their exceptional lustre.

Social media, 27 Jul 2019 James Brown, Broken Bay Pearls



#### **Every bequest brings** us closer to defeating cancer in her lifetime.

Thanks to medical research cancer survival rates have improved by 29% in the last 30 years.

Your bequest to Cancer Council NSW will help fund more research which could help us defeat cancer within this child's lifetime.

The power to save more lives is in your hands.



contact Mella Moore today. T: 1300 780 113 • W: cancercouncil.com.au

#### Specialising in:

#### **FAMILY LAW**

- Divorces
- De facto
- Children's Issues
- Property
- Binding Financial Agreements

#### **WILLS & ESTATES**

- Probate, Wills & Disputes
- Power of Attorney
- Enduring Guardianship

So much more than just law...



LAWYERS & CONVEYANCERS

Ground Floor, Suite 6, 22 Watt St Gosford

#### **COURT APPEARANCES**

- Criminal Law
  - AVO Matters
- Traffic Matters
   Drink Driving

CONVEYANCING

• Purchase & Sale of Property

• Purchase & Sale of Business

Leasing
 Retirement Villages

Refinancing Mortgages

4323 4766

Email: lemery@lindaemery.com.au Web: www.lindaemery.com.au



**Linda Emery** Lawyer **Since 1983** 

Hospital & **Home Visits By Appointment** 

SOURCE:

Media release, 30 Jul 2019

# **Charity bowlers** raise \$650

Peninsula charity bowlers have held their July Charity Bowls Day at Everglades Country Club on July 21.

The event raised \$650 for Central Coast Kids in Need and was attended by 24 bowlers.

The total amount raised this year is \$5100.

Event organiser Mr Ken Dixon said bowlers braved the cold to raise funds for the worthy cause.

"Central Coast Kids in Need raises money to assist families who have seriously ill children with prolonged illness,' Mr Dixon said.

Mr Dixon said the Charity Bowls Days were held on the third Sunday of every month with the next event scheduled to take place at the Country Club on August 11.

Mr Dixon encouraged bowls enthusiasts on the Peninsula to consider coming along to the August Charity Bowls Day.

"We need regular patronage to make these events successful, so please ask your friends and fellow bowlers to come along to our next Charity Bowls Day," Mr Dixon said.

SOURCE: Media release, 22 Jul 2019 Ken Dixon, Charity Bowls



Ms Marie Reibeld with her People's Choice Award and winning entry

# Art competition held this month

on September 10, with entries on

exhibition from September 10-12.

Central Coast Council's Grandma Moses Art Competition is being held this month.

Now in its 37th year, the competition is open to painters

Ms Marie Reibeld of Woy Woy won the People's Choice Award in

Council director Ms Julie Vaughan said the essence of the competition was that it was never

"The Grandma Moses program is more than just a popular art exhibition, it is a celebration of the contributions older people make to our community's cultural fabric,"

More than \$3000 in prize money is offered across a range of categories, including Open, Watercolour, Novice, Central Coast Inspired and for 50 Plus Leisure and Learning Centre and

on August 23.

Prize-winners will be announced

aged over 50 years.

last year's competition.

too late to learn new skills.

she said.

Senior Centre Art Group members.

Entries are open now and close

Mr Ken Blake and Mr Ted Gentle

# Ken wins first major singles title

Woy Woy Bowling Club's Ken Blake has won his first major singles event.

Club publicity officer Mr Patrick Croke said Blake had previously won every other title at the club. but the Singles title had always eluded him.

"Ken beat Ted Gentle in a highclass game of draw-shot bowling.

"The game was evenly matched

throughout with the only difference being Ken's ability to play control shots more effectively towards the

"Both these players are integral members of the club's pennant side currently attempting to win another State title," Mr Croke said. SOURCE:

Media release, 30 Jul 2019 Patrick Croke, Wov Woy Bowling Club

Rebecca lus, Central Coast Council ARMSTICE Good old fashloned service with a smile

**BEACHSIDE NEW & USED FURNITURE** 7DAYS

**QUALITY HOME & OFFICE FURNITURE** BEDDING/MATTRESSES & ANTIQUES 213 - 215 WEST ST - UMINA BEACH 2257

0419 413 548

beachside.f@optusnet.com.au

**Shop 136 - Imperial Shopping Centre** Gosford - 4324 2264



Thirtsy Thursday bowlers enjoying their Christmas in July feast

# **CENTRAL COAST**

FUEL CHECK

# FIND THE BEST FUEL PRICES

coastcommunitynews.com.au

COASTNEWS

Find stories you can trust in...

# Christmas in July for Thirsty Thursday bowlers

Everglades Men's Bowls Thirsty Thursday group has celebrated with its Christmas in July luncheon.

The lunch, which consisted of ham, seafood and a barbecue, attracted 60 group members on July 18

"Thirsty Thursday is open to all men and you don't need to be a member of a bowls club, but just want a social afternoon and have some fun on the bowling green," said bowling club publicity officer Mr Brian Dolan.

He said that every week the bowlers contributed to the cost of the lunch by buying raffle tickets.

An invitation to the luncheon was only available to those who had attended at least five Thirsty Thursday bowling sessions.

Anyone interested in joining the group should inquire at the bowls office at the Everglades Country Club, Mr Dolan said.

"We can supply the bowls and all you need is flat-soled shoes.

"Cost weekly is \$10 plus raffle tickets cost and drinks if you wish," Mr Dolan said.

SOURCE: Media release, 24 Jul 2019 Brian Dolan, Everglades Men's Bowls



The Women's 18A's celebrate their championship win

# League champion soccer teams

Both Umina United and Southern and Ettalong United Football Clubs have produced a league champion winning soccer team.

Umina United Men's 18Cs were declared their league champions after beating Wyoming 4-nil in their last fixture, while Southern and Ettalong's Women's 18As beat

Terrigal, also 4-nil, to take their division title.

With four games left in the season, both teams will play out the remainder of the season on a high

SOURCE: Website, 28 Jul 2019 Lachlan Herd, Central Coast Football



The Men's 18C's

# Save Our Drinking Water NSW Central Coast

**Mountain Districts Association** 

We are urgently seeking your help. Our meagre funds from membership fees have evaporated and some members have been subsidizing costs out of their own pockets to the tune of thousands of dollars. Can you help us?

https://chuffed.org/project/saveourdrinkingwaternswcentralcoast#/supporters

www.centralcoastnews.net

# BELIEVE IT COASTNEWS WYONG REGIONAL CHRONICLE READ IT. Peninsula News



### Teahouse upgraded

Umina's Peninsula Villages aged care facility has upgraded its tea house.

Village chief executive Mr Shane Neaves said the tea house was an extremely popular asset at the village and the new additions to it would ensure it continued to

be a favourite meeting place for

The upgrades include installing a deck around the tea house and adding a new garden to improve the spaces ambience.

SOURCE: Social media, 7 Jul 2019 Shane Neaves, Peninsula Villages



# Village residents celebrate moon landing

in Umina have celebrated the 50th anniversary of the moon landing.

A number of space themed activities have taken place with residents able to enjoy a paper rocket ship

throwing competition and a moon-walking dance class.

The day's festivities finished Peninsula Village residents with afternoon tea with a themed cake display and some songs such as Fly me to the Moon, Rocketman, and I Feel the Earth Move.

Residents also reminisced about where they were and what they were doing 50 years ago. SOURCE:

Social media, 22 Jul 2019 Shane Neaves, Peninsula Villages

# Basketball back at leisure centre

Basketball ball programs and competitions started again at the Peninsula Leisure Centre on August 1.

Program facilitator Mr Bill Mcmahon said the basketball program was aimed at social players and beginners who were looking to gain some on court experience and learn new skills while enjoying a friendly competition in a safe and professional environment.

and competition for children aged 6-11, an eight-week skills course and competition for 12-16 year olds and an eight-week mixed open competition for adults.

Registration is essential for all three programs with limited spaces

NSW Government Active Kids Vouchers can be used to register for either junior program

SOURCE: Social media, 25 Jul 2019 Bill Mcmahon, Peninsula Leisure Centre



#### **Board Director Recruitment**

Volunteering Central Coast (VCC) is an incorporated association and registered charity based on the NSW Central Coast.

Our central purpose is to enable community engagement, inclusion and growth through quality volunteering.

We are currently seeking to invite suitable applicants to apply to join the Board of this highly valued organisation.

lf interested please you are email board1@volcc.org.au or call our main office on 02 4329 7122 for a Board Recruitment Pack which includes an overview of the purpose and commitments of VCC, a brief history of the organisation, an outline of the current strategic plan as well as an application form.

> **CLOSING DATE FOR APPLICATIONS** 30 August 2019





Lifeline is in need of more Central Coast volunteers for our 13 11 14 service.

#### HELP US. TO HELP OTHERS!

Accredited Telephone Crisis Supporter Training is provided to volunteers. We are now accepting enquiries for the next course intake!

**INFORMATION:** 











TOP END VALERIA GROSSI,



The last independent shoe shop on the Peninsula

Free alterations on full

Make a booking with our stylist Marie for that special touch

**Shop 1A/189 Ocean View Rd Ettalong Beach** Ph: 0438 715 532

#### -orum

# Will councillors join our fight for our community?

#### I would like to thank Rob Burns for his advice about the Open Australia Foundation website (Peninsula News Forum edition 474), it was very helpful and most illuminating.

I have concluded that either our councillors don't read this esteemed paper and therefore don't know of our wishing to retain more of the status quo, or don't intend to join us in our fight to keep our community the way we want it.

I was trying to work out how to bring a bit more pressure to bear when, in the space of 12 hours, all was revealed.

In the Sydney Morning Herald on July 25 was an article concerning a monstrous development at St Leonards in Sydney.

The opponents of the proposal condemned the project as vastly

excessive and warned it would place an unacceptable strain on traffic infrastructure and existing public amenities.

Those objections sound very

think St Leonards is a good place to grow our population but if that plan isn't successful we'll take that

Certainly not a win yet for the

On that night, A Current Affair

Superman where are you when

Email, 30 Jul 2019

## Other Regional News - In brief

entray coast

Peninsula News focuses on in the most recent edition of on www.centralcoastnews.net news specifically relating to post code areas 2256 and **2257.** Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

Copies of publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

YOUR INDEPENDENT COMMUNITY NEWSPAPER

#### Detention centre riot sparks calls for a judicial review into the juvenile justice system

saw 21 detainees facing charges.

#### Non-toxic smoke is being used to identify possible leaks in the sewerage system

not on fire.

#### Heritage listing will not hinder Old **Sydney Town redevelopment**

nas called for a judicial review into the Town by the National Trust is unlikely to parents across the Coast wonder what juvenile justice system in NSW in the wake have any impact on plans to turn the site exactly Central Coast Council was thinking. of a violent two-day riot at Frank Baxter into a huge tourist destination, says the with this year's Winter in the Park branded Juvenile Justice Centre at Kariong which spokesperson for the new owners of the an epic fail by families that attended site, World Culture Tourism Village CEO, during the July school holidays.

#### Winter in the Park complaints to be a factor in future planning

The Public Service Association (PSA) The recent heritage listing of Old Sydney It's the winter wonderland that made

#### Wallarah2 coal mine protest march to take place at Erina

If you see smoke issuing from the ground Local environmental groups will bring A major residential development at Pl around Wamberal between now and the protest over approval of the Wallarah2 Frederick has been fast-tracked due to September 1, don't worry, the suburb is coal mine to Erina on July 26, marching increased market demand following the around Fountain Plaza, where the office recent Federal Election. of Member for Terrigal, Adam Crouch, is located.

#### **Developer responds to increasing** interest in the market

Stop 5G rally held

#### Terrigal traffic flow has exceeded expectations

#### **Deferral of Consolidated LEP decision** may put development "in limbo"

Traffic is flowing much more freely Central Coast councillors are to attend a Around 200 people attended a rally in through Terrigal these days, with the workshop in coming weeks to discuss the Kibble Park on July 20 hosted by the Stop completion of a \$2.2M Central Coast best way forward in establishing region 5G Central Coast action group. wide planning controls.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastc

# **Issue 170**

Your independent community newspaper - Ph: 4325 7369

#### **Council adopts Climate Change Policy**

omitted.

#### Readers encouraged to vote for their favourite project help make it a reality

Community Project program.

#### **Department claims airport WAR Act** triggered over perceived extension of runway

Following some fairly heated debate, Central Coast Aero Club has been A Central Coast councillor called on her Central Coast Council adopted its first unwittingly caught in the middle of colleagues not to be narrow minded about Climate Change Policy on July 8, with some ongoing negotiations between the NSW affordable housing projects when a Wyong clauses relating to sea level rise planning Department of Environment and Planning boarding house was approved at the last and the process of "planned retreat" and Central Coast Council over the council meeting. perceived extension of the runway at

#### Wyong boarding house approved despite many objections

Shire LGA have been listed in the 2019 My upgrades at five railway stations across community to have their say on Council's the Central Coast will start as soon as Skate Strategy.

#### **High level Skate Strategy** action plan being formulated

Several projects across the former Wyong Construction work on the long overdue Central Coast Council are encouraging the

#### 1.400 Australians are on wait lists for a transplant

to speak to their loved ones about their decriminalise abortion care in NSW wishes as part of Donate Life Week 2019.

#### Women's Health Centre supports Bill to decriminalise abortion care

The Central Coast Local Health District Central Coast Community Women's Health CCLHD) is encouraging locals to register Centre (CCCWHC) has welcomed the news of Newcastle has partnered with global to be an organ and tissue donor, and that the NSW Parliament will table a Bill to infection control specialists, GAMA

#### Five-year professorship to research infection control in hospitals funded

The Ourimbah Campus of the University Healthcare, to help fund new research into preventing and controlling infections in

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

health and care settings.

# Forum

The local mayor said she was

"happy to take advice" and "We still on board".

locals, but at least a start.

featured a story of local citizens complaining that developments in their area would destroy their village and turn it into a metropolis.

we want you?

Laurie Powell, Woy Woy

## CENTRAL COAST ommunity ASSOCIATION LIMITED

## Volunteer **Board Director Aged Care Organisation**

We are seeking an experienced clinical or care administrator with a background in residential aged care, home care, retirement living or similar to join the existing Board of Directors of the Central Coast Community Care Association which operates residential aged care facilities at Charmhaven and Killarney Vale.

The Board meets every two months on Mondays at 1 pm and meetings rotate between the two facilities. The Directors participate on a volunteer basis that provides a sense of involvement and learning experiences for persons seeking to contribute in the governance of a not-for-profit aged care organisation.

A current or former senior care administrator with a nursing or other relevant clinical background will complement the existing Board member skill mix which includes governance and management in the health sector, local and semi government organisations, and in forpurpose organisations.

Please email your expression of interest including a brief resume to Greg Williams CEO at gwilliams@cccca.org.au

Phone enquiries may be made to Greg Williams 0412 691 538.

# Outdated Council engineering symptom of failed merger

What a great disappointment it is to read (Peninsula News edition 474) that Central Coast Council, on National Tree Day, is actively stopping residents from planting trees on streets where residents welcome this major enhancement of their ambience and enjoyment.

What a pathetic act by our Council and wrong-headed reasoning that underground infrastructure is a restraint to the growing of trees.

And then I read that it is Council engineers doing the blocking, that would be the same engineers that told us that we would have to turn our creeks into concrete spoon drains with turfed banks with no trees or vegetation, after they approved the filling by developers in what was once Lake Ettymalong.

When the residents pushed back, engineers with experience in environmental systems and sympathetic to a natural, cheaper and more effective solution were engaged, and the city's engineers were forced to concede that we could have both natural systems and efficient 'drains' that functioned much better than Council's ugly and expensive concrete.

So sad that Council's engineers are stuck in the past.

Underground infrastructure if constructed properly will not be unduly affected by big trees.

The sewer pipes, if they don't leak, will not be damaged by tree roots in most cases.

On the sandplain, the trees grow their roots down to the water table

The same is true for the water mains, only if the pipes leak (and they shouldn't), will tree roots bother the pipes.

Why would they, when ample water and nutrients are present in the sand?

Of course, there will be occasions when large tree roots bend and break a pipe, large trees occasionally are knocked about by wild weather and do drop branches big and small.

My information is that the cost of repair to underground pipes is cheaper than removing a big tree, which is Council's preferred option.

#### **Forum**

# LETTERS TO THE EDITOR

should be sent to:

#### **Peninsula News**

PO Box 1056, Gosford 2250 or editorial@centralcoastnews.

net See Page 2 for contribution conditions

The benefits accrued by avenues of trees are well documented, the shade and cooling are a small part of a bigger picture.

Fortunately, we have residents like the Grow Urban Street Trees group that are well informed and prepared to try to fix the problems of the past.

In contrast to this excellent community action, today I found that Council has destroyed yet another group of trees, one that was planted by Council, one fourmetre tall 10-year-old volunteer paperbark and others that have been grown, nurtured and tended by residents for three years.

These trees on Iluka Creek were planted to stabilize the creek bank.

They also provided shade on the water to stop weed growth in the creek, now we will be left with weeds and constant siltation, Council's preferred option it seems.

All this two days after National Tree Day and one day after Ettymalong Creek Landcare members planted another 30 trees in an area fenced by Council to stop Council workers mowing them down for a second time in an area where Council workers had begun to mow previous plantings and were only stopped by chance.

This merged Council is daily proving a failure.

In the hottest part of the Coast, this is the reality we are forced to confront regularly: an out-of-touch Council with no comprehension of environmental sustainability and a disengaged citizenry trodden down by this careless anti-democracy.

Email, 1 Aug 2019 Bryan Ellis, Umina

# Roads not keeping pace with population increase

It seems, everywhere you drive on the Peninsula, the roads are disintegrating in front of our very eyes with the token maintenance being done by our hardworking road crews being undone by the very next shower of rain.

One wonders if our Council has a long term plan to repair our roads to an acceptable standard.

This is not an easy task because our roads have been neglected for too long.

Adding to the problem is the haphazard approval of every Development Application of threestorey units, many not in line with the standard of building allowed, thus pouring more and more people living on the Peninsula.

How can any road maintenance program possibly catch up with such a dramatic population increase?

#### Forum

Council seem hellbent on cramming as many people as possible into our local area.

They do not care what the opinion of the local rate payer is.

The developer wins every time.
The Farnell Rd development is

a glaring example.

All three ward Councillors voted in favour.

Let's remember this at the next election.

Think about the vote.

It affects us all.

This brings me back to our roads: Does Council care about the state of our roads?

Where is the plan?

Not a token project to put in a glossy brochure in our rate notices, but a meaningful plan embracing the problem that is getting out of hand. I fear there is no plan, no desire to improve anything on the Peninsula.

We are only a rates cash cow. Roads are a fundamental task of Council.

Please do your job on the Peninsula.

Email, 24 Jul 2019 Brian Lewis, Umina

#### **Forum**

# The future

The clock hands tick, Halcyon days goodbye. Replaced with a future No one can describe.

Tick, Tick, Tick, Days and years roll bye. Another generation asks, Why, why, why?

The prospect is daunting, And for most exhausting. There will be few with skill To climb this hill.

> Letter, 29 Jul 2019 Norman Harris, Umina

# Where have ducklings gone?

When I came to Woy Woy about seven years ago, it was not unusual to see a mother duck and a number of ducklings in the main street or sometimes in the garden in front of the police station.

I surmised that pelicans may

#### **Forum**

be eating them and reference to Google confirmed that was most probably so.

Are there any other explanations?

Email, 28 Jul 2019 John Hale, Woy Woy

# Outraged and frustrated by global injustices? Join a community of passionate human rights change-makers in your local area. Connect. Take actions. Make a change. Email: amnesty.centralcoast@gmail.com Sponsored by Sponsored



2:00 The Daily Edition [s] 3:00 The Chase UK

4:00 Seven News At 4 [s 5:00 The Chase Australia [s] 7:00 Home And Away (PG) [s 7:30 Highway Patrol Special: Drivers Behaving Badly (PG) [s 0:40 Mom: Spaghetti Sauce And A Dumpster Fire (M) [s] 1:05 The Real Story Of...: 8:30 Movie: "The Martian" (M I) (15) Stars: Matt Damon, Jessica Chastain, Kate Mara, Chiwetel

Ejiofor, Jeff Daniels, Michael Peña, Kristen Wiig 1:30 The Latest Seven News [s] 2:00 Blindspot: Careless Whisper (M v) [s] 1:00 Home Shopping 12:20 Louis Theroux: Savile (M I) [s]

7TWO (Channel 62)

7MATE (Channel 63)

7FLIX (Channel 66)

7FOOD (Channel 74)

5:15 The Repair Shop [s]

8:30 Shaun Micallef's MAD AS

9:25 Insert Name Here: Jack (M s)

9:55 QI: Non-Sequiturs (M I,s) [s] 10:30 ABC Late News [s]

8:00 Hard Quiz (PG) [

HELL (M) [s] 9:00 Squinters (M I,s) [s]

1:00 The Business [

I**2:05 Media Watch** (PG) [s

ABC COMEDY (Channel 22)

ABC ME (Channel 23)

ABC NEWS (Channel 24)

GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)

Exodus (M) [s

12:45 Harry (PG) [s] 1:35 Extra [s]

4:00 Ellen (PG) [s]

2:00 Home Shopping

l:55 Law And Order: SVU:

10 PEACH (Channel 11) 10 BOLD (Channel 12)

5:00 10 News First is

**10:45 Sports Toniaht** (s

2:30 Home Shoppir

4:30 CBS - This Morning

6:30 The Project (PG) [s] 7:30 The Bachelor Australia (PG)

8:45 My Life Is Murder: Can't Stand

1:15 WIN's All Australian News [s]

12:15 The Project (PG) [s] 1:15 The Late Show With Stephen

9:45 Bull: Don't Say A Word (M v) [s] 11:00 The Son (M v)

SBS VICELAND (Channel 31/32) SBS FOOD (Channel 33) SBS NITV (Channel 34)

7FOOD (Channel 74)

6:30 SBS World News

8:30 Love Me As I Am:

(In Danish)

7:35 Tony Robinson: Egyptian Tomb Hunting

Untold Australia
9:30 Knightfall: Faith (MA15+)
10:25 SBS World News Late

11:55 Movie: "Across The Waters"

1:40 The Legacy (M) (In Danish) 2:50 Vikings (M s)

3:50 Ride Upon The Storm (M I,s)

Danica Curcic (In Danish)

(M v) ('16) Stars: David Dencik,

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over 15 Years, [s] Subtitle

Stars: Mila Kunis, Kathryn Hahr

Applegate, Jada Pinkett Smith

Kristen Bell, Christina



		ABC (C20/21)	PRIME (C61/60)	NINE (C81/80)	5 Augu <b>TEN (C13)</b>	st 2019 - Peninsula News - Page 21
ey —	S	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 The Repair Shop [s] 11:00 Gardening Australia [s] 12:00 ABC News At Noon [s] 1:00 The Repair Shop [s] 1:30 Insert Name Here (M s) [s] 2:00 Call The Midwife (M) [s] 3:05 The Cook And The Chef [s] 3:30 Julia Zemiro's Home Delivery 4:00 Think Tank [s] 5:15 The Repair Shop [s] 6:00 The Drum [s] 6:55 Sammy J (PG) [s] 7:00 ABC News [s] 7:30 7:30 [s] 8:00 Escape From The City [s] 9:00 No Offence (M I,v) [s] 9:45 Humans (M v) [s] 10:35 ABC Late News [s] 11:05 The Business [s] 11:25 Wentworth (MA15+) [s] 12:10 Father Brown (M v) [s] 1:00 National Press Club Address 2:00 rage (MA15+) [s] 3:40 Wentworth (MA15+) [s]	(*08) – A high-school teacher takes a close interest in one of her students, but he is encouraged by his crooked uncle to seduce her so they can carry out a blackmail plot. Stars: Ashley Jones, Erik Knudsen  2:00 The Daily Edition [s]  3:00 The Chase UK [s]  4:00 Seven News At 4 [s]  5:00 The Chase Australia [s]  6:00 7Prime News [s]  7:00 Home And Away (PG) [s]  8:30 Martin Clunes: Islands Of America (PG) [s]  9:30 The Latest Seven News [s]  10:00 The Front Bar (M) [s]  11:00 Mafia's Greatest Hits: Dutch Schultz '(M) [s]  12:00 Hannibal: And The Woman Clothed In Sun (MA15+) [s]  1:00 Home Shopping	5:00 Millionaire Hot Seat [s] 6:00 NBN News [s] 7:00 A Current Affair [s] 7:30 Rugby League: North Queensland Cowboys v Brisbane Broncos *Live* From 1300Smiles Stadium, Townsville [s] 9:45 Golden Point [s] 10:45 Lethal Weapon: Double Shot Of Baileys (MA15+) [s] 11:40 Cold Case: The Good-Bye Room (M) [s] 12:30 Westside (MA15+) [s] 1:30 Home Shopping 4:00 Ellen (PG) [s]	12:40 The Project (PG) [s] 1:40 The Late Show With Stephen Colbert (PG) [s] 2:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 Over The Black Dot 3:00 The Eighties:     Greed Is Good (PG) 4:00 Riding Britain's Railways:     War Revolution (PG) 5:00 The Supervet (PG) 6:00 Mastermind (PG) 6:30 SBS World News 7:30 Going Places With Ernie     Dingo: North Stradbroke Island 8:00 Gourmet Farmer – Its Autumn     and Matthew considers buying     some goats to tackle the farm's     blackberry problem. 8:30 The Hunting: Dtf? (M) 9:35 The Handmaid's Tale:     Sacrifice (MA15+) 10:35 SBS World News Late 11:05 The Son (MA15+) 12:00 Outlander: The Devil's Mark/     Lallybroch (MA15+) 2:15 Roots (MA15+)
G)	Friday 9 August	6:00 News Breakfast [s] 9:00 ABC News Mornings [s] 10:00 The Repair Shop [s] 10:45 Catalyst Bytes [s] 11:00 Gardening Australia [s] 12:00 ABC News At Noon [s] 1:00 One Plus One [s] 1:30 Foreign Correspondent [s] 2:00 Humans (M v) [s] 2:50 Poh's Kitchen [s] 3:20 Julia Zemiro's Home Delivery 4:00 Think Tank (PG) [s] 5:15 The Repair Shop [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Gardening Australia [s] – Jerry Coleby-Williams explores plants with taste for metal. 8:30 The Heights (PG) [s] 9:25 Loch Ness (M I, v) [s] 10:15 ABC Late News [s] 10:45 The Business [s] 11:00 Shaun Micaller's MAD AS HELL (M) [s] 11:35 Planet America [s] 12:20 rage (MA15+) [s]	7:00 Better Homes And Gardens [s]  - Homes and gardens come alive in this show packed full of home decorating tips, recipes, craft ideas and DIY projects.  8:30 Program To Be Advised 10:00 Program To Be Advised 11:15 Program To Be Advised 12:30 Home Shopping	Rick Yune, Russell Crowe, Lucy Liu, Dave Bautista 12:25 Surfing Australia TV [s] 1:00 Extra [s] 1:30 Home Shopping 4:30 The Avengers: The Living Dead (PG) [s] 5:30 A Current Affair [s]	9:30 Ross Noble - Brain Dump (M) 10:30 Man With A Plan:	12:00 Movie: "Eager Bodies" (MA15+) ('03) Stars: Laura Smet, Nicolas Duvauchelle, Marie Denarnaud, Catherine Salviat, (In French) 1:45 Magnifica 70 (M l,n,s) (In Portuguese) 3:40 Living With The Enemy (M l)
ς,	Saturday 10 August	5:00 rage (PG) [s] 10:00 rage Guest Programmer [s] 11:00 Classic Countdown: 1984 [s] 12:00 ABC News At Noon [s] 12:30 No Offence (M I,v) [s] 1:15 Shakespeare And Hathaway: Too Cold For Hell (PG) [s] 2:05 Loch Ness (M I,v) [s] 2:50 Simply Nigella [s] 3:35 The Planets: Into The Darkness: Ice Worlds (PG) [s] 4:35 Landline [s] 5:05 Escape From The City: Perth Hills WA: The Roberts [s] 6:05 The Heights (PG) [s] 7:00 ABC News [s] 7:30 Agatha Christie's And Then There Were None (M d,v) [s] 8:30 Father Brown: The Honourable Thief (M v) [s] 9:15 Les Norton: You Wouldn't Be Dead For Quids (M I,d,s,v) [s] 10:10 Pine Gap (M I) [s] 11:10 Poldark (M v) [s] 12:10 rage Guest Programmer (MA15+) [s]	wrong this round.  5:00 Seven News At 5 [s]  5:30 Border Security - Australia's  Front Line (PG) [s] - Officers  are determined to catch out a  passenger involved in the  importation of narcotics. A  Lithuanian refuses to divulge her	12:00 Cybershack (PG) [s] 12:30 Destination WA (PG) [s] 1:00 The Block (PG) [s] 2:00 Seachange (PG) [s] 3:00 Netball: Suncorp Super Netball: Giants v Lightning *Live* From QuayCentre, Sydney [s] 5:00 NINE News: First At Five [s] 5:30 Getaway (PG) [s] 6:00 NBN News Saturday [s] 7:00 Rugby League: Canterbury Bulldogs v Wests Tigers *Live* From ANZ Stadium, Sydney [s] 9:20 Rugby League: Post Match [s] 9:50 Movie: "Legend' (MA15+) ('15) Stars: Paul Anderson, Tom Hardy, Christopher Eccleston, Joshua Hill, Emily Browning 12:20 Cold Case: Shuffle, Ball Change (M) [s] 1:10 Harry (PG) [s]	6:00 Reel Action [s] 6:30 Escape Fishing With ET [s] 7:00 RPM [S] 8:00 Which Car? [s] 8:30 Seafood Escape [s] 9:00 What's Up Down Under [s] 9:30 Studio 10: Saturday (PG) [s] 1:00 Jamie's Super Food [s] 1:00 My Market Kitchen [s] 1:30 Everyday Gourmet With Justine Schofield [s] 2:00 Pooches At Play [s] 2:30 The Cook's Pantry With Matt Sinclair [s] 3:00 Places We Go [s] 3:30 What's Up Down Under [s] 4:00 The Living Room [s] 5:00 10 News First [s] 6:00 Jamie's 15 Minute Meals [s] 6:30 Bondi Rescue (PG) [s] 7:00 Rugby Union: Wallabies v All Blacks *Live* From Optus Stadium, Burswood [s] 10:00 Australian Survivor (PG) [s] 11:30 Elementary: Ill Tidings (M v) [s] 12:30 Home Shopping	5:00 CGTN English News 5:15 NHK World English News 5:30 Worldwatch 1:00 PBS Newshour 2:00 Speedweek 3:00 Gymnastics: International Gymnastics: Artistic World Challenge Cup (China) 4:00 Cycling: Incycle 4:30 Russia's Wild Sea 5:30 Reality River Cottage Australia (PG) 6:30 SBS World News 7:35 The Secret Life Of Al Capone 8:30 Movie: "Road To Perdition" (MA15+) ('02) Stars: Tyler Hoechlin, Rob Maxey 10:40 Disney Nature: Growing Up Wild (PG) 12:10 Movie: "The Iceman" (MA15+) ('14) Stars: Donnie Yen, Baoqiang Wang (In Cantonese) 2:05 Living With The Enemy (M I) 3:05 One Born Every Minute (PG) 4:05 Great British Railway Journeys
	Sunday 11 Aug	4:00 The Mix [s] 4:30 Everyone's A Critic (PG) [s] 5:00 Back Roads: Riverina, NSW [s] 5:30 Hard Quiz (PG) [s] 6:00 The Repair Shop [s] 6:30 Compass [s] 7:00 ABC News Sunday [s] 7:40 Climate Change: The Facts [s] 8:40 Les Norton (M l,d,s) [s] 9:40 Secrets Of Silicon Valley (PG)	Seggie was reported missing by his youngest son and ex-wife. When police knocked down the door at his home in Mackworth, Derbyshire, they discovered he had been brutally murdered.	From Brisbane Arena [s] 3:00 Rugby League: South Sydney Rabbitohs v Melbourne Storm *Live* From Central Coast Stadium, Gosford [s] 6:00 NBN News - Sunday [s] 7:00 The Block (PG) [s] 8:30 60 Minutes (PG) [s] 9:30 Manson: The Lost Tapes (MA15+) [s] 10:30 COPS UK: Body Cam Squad (M v) [s] 11:30 See No Evil: Christie Wilson (M v) [s] 12:30 Filthy Rich (M I,d,v,s) [s] 1:30 Getaway (PG) [s] 2:00 Home Shopping 2:30 Skippy - The Bush Kangaroo	6:00 Religious Programs 7:30 Fishing Australia [s] 8:00 The Living Room (PG) [s] 9:00 Places We Go [s] 9:30 Studio 10: Sunday (PG) [s] 12:00 Photo Number 6: Victoria (PG) 1:00 Good Chef Bad Chef [s] 1:30 Program To Be Advised 3:00 Australia By Design:	
		ABC COMEDY (Channel 22) ABC ME (Channel 23) ABC NEWS (Channel 24)	7TWO (Channel 62) 7MATE (Channel 63) 7FLIX (Channel 66)	GEM (Channel 82) GO! (Channel 83/88) LIFE (Channel 84)	10 PEACH (Channel 11) 10 BOLD (Channel 12)	SBS VICELAND (Channel 31/32) SBS FOOD (Channel 33) SBS NITV (Channel 34)

#### Health



#### Anniversaries celebrated



Umina's Peninsula Village has celebrated three staff anniversaries in July.

Ms Valerie Woods celebrated 15 years at the aged care facility, while Mr Graham Friend and Ms Ysolde Stewart celebrated five years.

Ms Woods received an anniversary cake to mark the celebration, which was shared by staff on duty.

"Congratulations to these team members who provide us with committed and loyal service to Peninsula Villages," said chief executive Mr Shane Neaves.

SOURCE: Social media, 28 Jul 2019 Shane Neaves, Peninsula Villages

# Pharmacy introduces medication packing robot

A Umina Beach pharmacy has introduced a robot to automate the packing of medications.

YouSave Chemist owner Mr Michael Cunico said the robot would allow improved overall customer service, increased productivity and reduce the chance of medication dispensing errors.

He said the packing robot was "the next move forward" to deliver the best possible service.

"We service a local nursing home and are always looking for better patient care and error reduction," Mr Cunico said.

Nicknamed Al by staff, the robot helps to pack medications into Webster-paks, a widely used tool which makes medication easy to manage by setting out all the tablets and capsules a person needs to take at each particular time of the day, for each day of the week.

"It is an amazing piece of technology – the way it can identify, dispense and track so many different medications, and the speed at which it works, is impressive," Mr Cunico said.

"The increase in productivity ensures we have medications packed on time every time, and importantly allows more time to spend face to face with our customers, checking packs and ensuring medication records are correct."

The MedsPro Robot was

developed by Australian company Webstercare.

The barcode-driven system double-checks every step of the packing process, keeping count of each patient's float of tablets and updating the system with accurate data.

"This is our 20th year servicing the local community.

"Our customers are like family to us and we want to make sure they are safe," Mr Cunico said.

"So many of our customers are elderly and can get anxious about their medications, particularly when they are taking several different types.

"I'm not surprised given around 40% of Australians over 50 years take five or more medications every day.

"Research shows that as many as one in two fail to take their medications properly.

"This can lead to many problems including increased likelihood of falls or visits to hospital.

"While the robot was a large financial investment, it puts us at the leading edge of the pharmacy industry and provides our nursing home and private patients the absolute highest level of care in Australia.

"It is worth every cent."

SOURCE Media release, 29 Jul 2019 Michael Cunico, Umina Beach You Save Chemist (via Lanham PR for Webstercare)

#### **Live Well at Home with Home Care Assistance**



#### **Approved Provider of Home Care Packages**

- Leading provider of in-home care services, including personal care, meal preparation, transportation and more!
- 24/7 Live-in, Post-Hospital, Respite and Hourly Care throughout Central Coast
- Experienced with advanced care needs, including Alzheimer's and Parkinson's.
- Providing service/assistance to self-managed NDIS clients
- Consistency of care with carefully matched Carers
- Cognitive Therapeutics Method<sup>™</sup> to boost brain health
- Zero exit fees, low case management fees more care hours available!

Call today! 4363 5090

HomeCareAssistanceCentralCoast.com.au - Changing the Way the World Ages



**Exam and Clean appointment for Private Dental Health Insurance patients. Not with a Health Fund?** 

Just pay \$179 Includes FREE Xrays worth \$160 Full Comprehensive Exam, Clean and Polish, OPG X-rays, Treatment Planning and Fluoride

A whiter brighter Smile in one hour PHILIPS Zoom White speed in chair teeth whitening special - only \$595 (normally \$950)

\* single tooth replacement • full mouth rehabilitation over 4-6 implants • implant supported dentures

# O INTEREST ON PAYMENT PLANS

**Gosford Dental Lifeline** We provide reasons to smile

**BOOK ONLINE** 

**PORCELAIN VENEERS** 

FREE CONSULTATION

**INVISALIGN** 



\$1,000 Free Dental Care for children age 2 to 17 -Ask us for the Details





medicare

⊕ HICAPS Fast claims... on the spot

**Saturday Appointments Available - We accept Veteran's Affairs patients Shop 1, 201 Mann Street, Opposite Gosford Train Station, Gosford 2250** 

gosford@dentallifeline.com.au | www.dentallifeline.com.au

GOSFORD - BONDI - HORNSBY - MAITLAND (OPENING SOON)

## Mental health program for Year 9 students

All Year 9 students at Brisbane Water Secondary College Umina campus will be able to take part in a mental health program this term.

The College has announced that Year 9 will be taking part in the Youth Aware of Mental Health program over three weeks in

August

The program was developed in a partnership with the NSW Department of Education and the non-profit mental health organisation, the Black Dog Institute.

Well-being head teacher Ms Ruth Brown said the program aimed to promote increased knowledge of mental health. It had an emphasis on equipping young people with the tools and skills to identify issues, to seek help if required and to be able to discuss and engage in the ongoing discourse surrounding the epidemic rise of mental health problems in Australian youth, she said.

Ms Brown said six themes would be explored by students during the program: Mental health, self-help advice, stress and crisis, depression and suicidal thoughts, helping a friend in need, and asking for advice.

During the program, students will be issued an information resource booklet about content covered in the course as well as Central Coast based support networks and mental health services.

Students would be able to freely attend the program with the Department of Education fielding all associated costs, Ms Brown said.

SOURCE: Letter, 26 Jul 2019 Ruth Brown, BWSC



# PENINSULA PODIATRY @ 107 BLACKWALL RD, WOY WOY

FOR GENERAL PODIATRY TREATMENTS - DIABETIC FOOT MANAGEMENT - NEUROLOGICAL / VASCULAR TESTING - ASSESSMENT DIAGNOSIS & TREATMENT OF TOENAILS, CORNS, CALLUS, AND WARTS - LOWER LIMB ASSESSMENTS - BIOMECHANICAL & GAIT ANALYSIS - PAEDIATRICS (CHILDREN) FOOTWEAR ASSESSMENT ORTHOTIC CONSULTATION and FALLS PREVENTION

WE ARE MEDICARE & DVA APPROVED -PRIVATE FUNDS WELCOME - HOME VISITS ON REQUEST

PLEASE PHONE THE CLINIC **4339 5501 / 0419 144 840**CAROLYN LENTHALL B.POD **0419 144 840**MARYANNE M°HUGH B.POD **0409 687 100** 

# Are your dentures looking worse for wear?

Do you have stains or plaque making your dentures look dirty?

Come in for a Check and clean of your dentures and have them looking like new again



# ALL DENTURE CLEANS \$50\*

LOCALLY OWNED AND LOCALLY MANUFACTURED



A. Wegner
DENTURE CLINIC
30 YEARS IN BUSINESS

MONTHS
INTEREST FREE

66 Ocean Beach Road, Woy Woy

43418888

VISA & HICAPS •

\*limited time only







Wanted: 15 people to trial the latest Signia hearing aid technology. Call (02) 4342 9736 to book your FREE trial!

Shop 6, 2 Berith Street, Umina Beach www.penninsulahearing.com.au

#### **Education**

# Kindergarten students celebrate 100 days

Umina Beach Public School's Kindergarten students celebrated 100 days of school on July 25.

To mark the milestone, the school's six Kindergarten classes participated in a number of activities to celebrate all they had learned and achieved in their first 100 days of schooling.

"It was a fantastic morning," said principal Ms Lyn Davis.

"Our families assisted the

students in dressing up as old people."

Ms Davis said that many parents and carers helped out in the classrooms.

"We are incredibly proud of all that our Kindergarten students have accomplished, and how well they have settled in to school life," Ms Davis said.

> SOURCE: Newsletter, 30 Jul 2019 Lyn Davis, Umina Beach Public School

# University students observe kitchen garden program

Woy Woy Public School hosted students from the University of Newcastle to observe its kitchen garden program in June.

"We are justifiably proud of our program here at Woy Woy Public School and it appears our program is highly regarded over at the University of Newcastle as well," said relieving principal Mr Dan Betts.

"We've hosted students who are undertaking the university's sustainability course for preservice teachers for three years now and have been voted the highlight of their Sustainability Visits Week for each of those three years," he said.

The university students visited the school from June 24 to 28 to observe the program in action, tour the program facilities and enjoy a meal prepared by students using produce largely grown and harvested on site.

"This ongoing relationship is an excellent example of the school garnering recognition for its progressive educational programs in the wider community, and we are very proud of the connection we have been able to establish with the University of Newcastle," Mr Betts said.

SOURCE: Newsletter, 21 Jun 2019 Dan Betts, Woy Woy Public School Year 12 student Sophie Allister of Woy Woy has been named a Australian National University Tuckwell Scholar.

Sophie was one of just 25 high school students from across the country to be issued with a Tuckwell scholarship enabling her to study at the university in Canberra next year.

Sophie will receive up to \$25,000 per year for five years to put towards her education.

Sophie said: "I was recommended for the program through one of my teachers and it was a bit of a last minute decision for me."

The three-stage process required her to send off her academic record and recommendations, to write a second application and to sit a final interview.

In the process, she was given a tour of the university's facilities.

"After getting a chance to talk to students and staff and really see the campus and the facilities, I was converted," Sophie said.

The day after returning from her final interview, Sophie received a call offering her the scholarship.

"It was so surprising.

"I thought I'd really messed up the interview, so I was shocked to get the call," Sophie said.

Sophie is now preparing for her trial Higher School Certificate and deciding on what she'd like to study as an undergraduate.

"I'm interested in doing a commerce degree, but the university has so many options for double majors so I'm still making my decision," Sophie said.

As a Tuckwell Scholar, Sophie must start studying in 2020.

She said her first year's funding would be dedicated to her move to Canberra and study expenses.

"The scholarships are designed so that you don't have to work so you can get the most out of your university experience and I'm really looking forward to getting started," Sophie said.

SOURCE: Media release, 23 Jul 2019 James Giggacher, ANU Interview (Dilon Luke), 30 Jul 2019 Sophie Allister, Woy Woy

# Sophie wins scholarship for ANU



# UMINA

#### **South Street Dental**

**Umina Beach** 

Teeth for Life
Cosmetic Smiles
Teeth Whitening
Children and Adults
Complex Reconstruction
Implants

BDS - 1st Class Honours (Syd) Dip, Clinical Dentistry-Oral Implants (Syd)

Mario Reznik

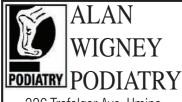
**Dental Surgeon** 

52 South Street Umina Beach

**Dentures** 

4344 6699

Medicare Vouchers / Teen Vouchers welcome
Veterans' Affairs welcome
HICAPS, EFTPOS and major
Credit Cards Accepted
Accessible ground floor access
with plenty of parking



336 Trafalgar Ave, Umina

Why pay for treatment? We offer 100% BULK BILLING

#### **For all EPC Plans**

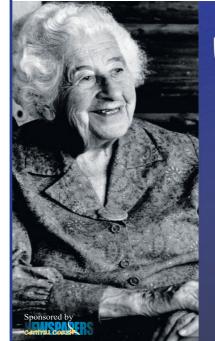
Remember to ask specifically for Alan Wigney when having your care plan

We also do DVA and Pensioner Discounts!

For all aspects of podiatry, call us on

4341 4704

#### Join Our Team



Be the reason someone smiles today!

Work in Aged Care

oin Bur Jeam



We are currently looking for Registered Nurses & Care Staff to join our team.

#### Why work for us?

Flexible Hours
Not For Profit Organisaiton
Salary Packaging Available
Career Opportunities
Friendly & Supportive Team
Subsidised Gym Membership

#### Want to Apply?

Application forms are available on our website. Please email jobs@bluewaveliving.org.au

4344 2599 | bluewaveliving.org.au

#### **Education**



# Selected for Central Coast school showcase

**Umina Beach Public School's** Stage 3 dance troupe has been selected to perform at the Central Coast School Showcase.

Their selection comes after their recent performance during the Central Coast Dance Festival

at the end of term two.

Principal Ms Lyn Davis said the troupe's dance, entitled Garden of Shadows, was well received.

"Our dancers skillfully executed the choreography and displayed confident performance skills," she

The Central Coast School Showcase is billed as featuring the best acts from public primary and high schools from across the region.

SOURCE: Newsletter, 23 Jul 2019 Lyn Davis, Umina Beach **Public School** 

**Help Ted Noffs Foundation** get addicted children clean

Please donate to buy beds for Ted. Call 1800 151 045 or visit www.noffs.org.au



# **Improvements** made over school holidays

Tradespeople have worked classrooms, said Mr Matt Barr. throughout the school holidays to make improvements at Woy Woy South Public School.

Works completed included the removal of dangerous trees, branches and shrubs; the clearing of overgrown gardens and the installation of four new touch screen televisions in Years 1 and 2

televisions outdated interactive whiteboards with eight more screens set to be rolled out across the school during the October holidays and even more in early 2020.

SOURCE: Newsletter, 24 Jul 2019 Matt Barr, Woy Woy South Public School

# **Students** graduate from Top Blokes program

The end of Term 2 saw students from schools across the Peninsula graduate from the Top Blokes Program.

Year 6 boys from Woy Woy Public School participated in the eight week primary school program, Stepping Up.

During the term the boys learned skills around peer pressure, anger management, mental health and how to build positive relationships.

Brisbane Waters Secondary College ran the six-month Junior Top Blokes Program.

mentoring program covered topics like masculinity, drugs, alcohol, domestic violence and sexual health.

The Top Blokes Foundation aimed to foster young men's social inclusion, emotional and social resilience and improve their mental health and well-being.

The Peninsula program is supported by the Rotary Club of Umina Beach.

> SOURCE: Newsletter, 24 Jul 2019 Simon Darwin, Rotary **Club of Umina Beach**

# If you're reading this, so could up to 150,000 other people Imagine if it was a message about your business.

What would it cost to get your message out to that many people using any other medium? Don't be fooled by the hype, advertising in this newspaper is by far much better value for money than any other medium.

Not only does it have the reach and readership within the area it covers, but readers can keep the advertisement and refer to it as often as they wish.

Call 4325 7369 to see how inexpensive it is.



# **ATTENTION BUILDERS LOOKING FOR TILERS?**

Homes to NV has a team of 4 licienced tilers, to tackle those big tiling jobs in a fraction of the time, keeping you ahead of schedule.

**CALL JUSTIN ON 0439 589 426** 







#### **Education**

# Staff learn about effects of video games

Ettalong Public School staff recently visited Brisbane Water Secondary College Woy Woy campus to attend a presentation on the effects of video games on children's brain development.

"All staff attended the presentation and listened to guest speaker Ms Jill Sweatman, who provided lots of interesting information on the effects of computer games on young children's brains," said principal Ms Lynn Balfour.

"Jill is a retired teacher who answered questions and shared

her experiences of possible side effects from these games.

"In the afternoon, our staff returned to our school to receive more interesting and useful information from Eva Brzozowska, from our district office in Tuggerah.

"Included in Eva's talk was information to assist students to gain maximum potential out of their education, including their involvement in extra-curricular activities and excursions," Ms Balfour said.

SOURCE: Newsletter, 23 Jul 2019 Lynn Balfour, Ettalong Public School



# Make-over for library garden

Empire Bay Public School has made over its library's garden, replanting it as a native garden and creating a new yarning circle.

Principal Ms Simone Champion

said the works were funded by the efforts of the school's Parents and Carers Group and completed by a local tradesman over the holidays.

"This garden makeover was the final link to our library refurbishment

and we look forward to using this new space as a learning area for our students," Ms Champion said.

> SOURCE: Social media, 23 Jul 2019 Simone Champion, Empire Bay Public School

## School competes for garden set



Ettalong Public School is taking part in a competition with a prize of a recycled community garden set.

The set contains equipment needed to install and maintain a vegetable garden on the school grounds, according to principal Ms Lyn Balfour.

As part of the competition, the school is seeking donations of oral care waste such as old toothbrushes, empty toothpaste tubes and empty dental floss packets for recycling.

A collection box has been installed at the school's front office.

The school will be accepting donations until the competition closes at the end of September.

The competition is run jointly by an oral care manufacturer, a pharmacy chain and an international recycling company and offers schools the chance to win a recycled community garden set by recycling oral care products.

SOURCE:

Newsletter, 23 Jul 2019 Lyn Balfour, Ettalong Public School

# Can't wait for the next edition of the Peninsula News to get the latest local news?

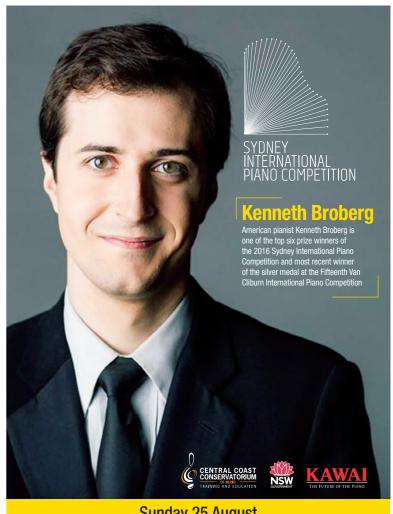
Then satisfy that need for free by listening to a podcast of our daily local news bulletin at www.centralcoastnews.net/podcast/bulletin/

Or, get it from our facebook page www.facebook.com/centralcoastnewspapers

Or, follow us on twitter

twitter.com/CoastNewspapers

**Daily local news as it happens from Central Coast Newspapers** 



Sunday 25 August

2.30pm Concert | Gosford Anglican Church, 3 Mann St, Gosford

11.00am Masterclass | Central Coast Conservatorium, 45 Mann St Gosford

Adult: \$35 | Con \$25 | CCC Student \$5 | Child U5 Free • BOOK: www.trybooking.com/BAVEA

#### Out&About



Rowan Cowley and Rosemary Parsons play a dozen characters between them in Four Flat Whites in Italy



How should we pay the bill? Judy (Yvonne Berry-Porter), Harry (Mark Austin), Alison (Michelle Wallace) and Adrian (Greg Buist) encounter one of their first problems in Italy

# Little Theatre opens third play for the year

**Woy Woy Little Theatre is set** to open its third play of the year, Roger Hall's poignant comedy Four Flat Whites in Italy, on August 16 for a three-week season.

Described as New Zealand's answer to David Williamson, Hall has written a fast-paced comedy which is sure to strike a chord

with every audience member, said director Ms Terry Collins.

"This delightful play is about four retirees who become unlikely travel companions on a two-week holiday in Italy," she said.

"They bicker their way through Venice, Rome and Tuscany as they encounter problems everyone will recognise; making themselves understood, negotiating prices with the locals, should they do another museum or just relax with a cold drink - and the age old question of how will they split the dinner bill?

"Right-wing retired businessman and ex-pat New Zealander Harry and his wife Judy want to eat well and relax a lot, but Aussie ex-librarians and staunch Labor supporters Adrian and Alison are on a budget and don't want to miss

one little bit of 'culture'.

"First stop is Venice, where the four arrive late, exhausted, lose their way several times and finally arrive at their pensione - only to find their original rooms have been re-allocated and they now have to share a bathroom with the whole

"It's just the first of many disasters as the travellers explore the various attractions of Italy.

"The witty, acerbic defined features sharply characters, sardonic asides, funny monologues and intense poignancy as the two couples suffer through misunderstandings, major and minor adjustments, gentle and not so gentle teasing and bickering.

"But at the end of the day, unlikely friendships form as the four reveal more about their lives."

The cast features Greg Buist, Michelle Wallace, Mark Austin and Yvonne-Berry-Porter as the hapless travellers, with Rowan Cowley and Rosemary Parsons playing more than a dozen characters between them.

"This play will have you laughing hysterically one minute and holding back tears the next as these fine actors take you on a journey through Italy you will never forget," Ms Collins said.

"I think audiences will enjoy our stunning lighting, and visual effects, as well as a peppering of favourite Italian songs from artists ranging from Dean Martin to Luciano Pavarotti."

Four Flat Whites in Italy opens on August 16 at the Peninsula Theatre Woy Woy for 10 performances.

Book at woywoylt.com or call 4344 4737.

> SOURCE: Media release, 29 Jul 2019 Terry Collins, Woy Woy Little Theatre

#### COACH TOURS

Day Trips

**Oakvale Farm** 

**\$76** pp

**Australian Pioneer Village** 

**Lunch at Doyles - Watsons Bay** 

**Mystery Day Trip** 

The Hawkesbury **Paddlewheeler Christmas Lunch** 

Live Shows

**BOOK TODAY** 

www.roadrunnertours.com.au

**ADVERTISING** Day | Dep 30 Sept 2019 <u> Janberra</u> **& Floriade** 

5 Day | Dep 14 Oct 2019

#### Cooma & Surrounds

Thredbo Chairlift Snowy Hydro Discovery Centre

The Corrective Services NSW Museum

\$1,390

7 Day | Dep 27 Oct 2019

#### Eden

Twofold Bay Cruise

Pioneers MuseumSapphire Coast Marine

**Discovery Centre** 

\$2,096



September is the time that all garden lovers look forward too. And this year **Road Runner Tours** will be going to Canberra in the Spring. It's that time when Canberra hosts the Annual Floriade Flower Festive, and the opportunity to visit the Tulip Top Gardens and the perfect time to join in on their 5 day **Canberra & Floriade Tour** and be spoilt for choice on what you will get to see in our National's Capital.

You'll get to discover our art, culture and history like our amazing War Memorial, National Film & Sound Archives, Cockington Green, Old and New Parliament Houses, National Museum of Australia, The Royal Australian Mint, the National Portrait Gallery and a boat cruise on Lake Burley Griffin. All of these great places you'll visit will be at a leisurely pace with enough time to enjoy and hear what's so wonderful about our Australian history and Capital.

By visiting the Road Runner Tours website a full itinerary is available for this tour. Or if you prefer, contact them today.

WWW.ROADRUNNERTOURS.COM.AU PHONE: 02 4353 9050

4353 9050

www.asiadiscoverytours.com.au





#### 10 Day Japan Autumn Leaves Tour (Excellent Value)

64,490, NOW \$3,990, dept. 02/11/19, incl. Osaka, Nara, Kyoto, Hakone and Tokyo

#### 15 Day Vietnam and Cambodia Tour (Special))

\$3,980, NOW \$3,480, dept. monthly from now till Nov. 2020 except Dec. & Jan, incl. 11 days in Vietnam & 4 days in Cambodia.

#### 23 Day Spain, Portugal & Morocco Vista (Special)

\*\$5,980, NOW fr \$5,580, dept. 11/10/19, 08/05 & 09/10/20, incl. many highlights in Spain, Portugal & Morocco.

#### 14 Day South Korea & Japan Tour (Superb Special)

**\*\$5,490, NOW fr. \$4,990, dept. 24/03/2020,** incl. highlights 6 days in South Korea and 8 days in Japan.

#### 11 Day China Harbin Ice Festival Tour (Special)

**\*\$3,880, NOW \$3,280, dept. 08/01/20,** attending the Ice and Snow Festival in Harbin w/ lots of highlights incl. the Sibe-

#### 13 Day China Tour with Majestic Yangtze (Special Value)

\*\$3,240, NOW \$2,390, dept. 08/10/19 & 14/05/20, incl. Shanghai, Wuhan, Yangtze River Cruise (balcony cabin on 5 star ship), Chongqing with Panda house visit, Xian & Bei-

#### 20 Day Best of Balkan Tour (Good Value)

**\*\$7,880, NOW \$7,580, dept. 26/05/20,** incl. Croatia, Slovenia, Bosnia and Herzegovina, Montenegro, Albania, Macedonia, Bulgaria & Serbia.

#### 19 Day Central Asia (Five Stans) Tour (Special)

**\*\$6,590, NOW \$5,890, dept. 18/10/19,** an amazing travel itinerary through five stan countries: Kazakhstan, Kyrgyzstan, Tajikistan, Uzbekistan & Turkmenistan.

#### 12 Day Japan Cherry Blossoms Tour (Superb Special)

\*\$5,990, NOW fr. \$5,490, dept. 27/03/2020, incl. Tokyo, Mt. Fuji, Takayama, Nara, Kyoto, Hiroshima, Okayama, Kobe & Osaka.

#### 13 Day Vietnam Holiday Special Tour (Superb Special)

\$3,180, NOW fr. \$2,380, dept. monthly from now to Nov. 2020 except Dec. & Jan. incl. highlights of Vietnam from North to South.

(02) 9267 7699

Discount applies to ADT club members. Please join now (Conditions apply). \*Conditions apply to all our special offers.

All prices include airfare, airport tax, fuel surcharge (subject to change), transfer & transport, most meals, 4 or 5 star hotels, 5 star cruise ship for China Yangtze, sightseeing with admission and English-speaking guide

Free Call 1300 789 252



Sirius Plaque - Norfolk Island





Sirius Museum



Emily & Slaughter Bay Norfolk Island Photo Kyle Bowman

# Seriously Sirius 230th Anniversary on Norfolk Island

**The 19th of March 2020 will be the** this devastating event in the Nation's history. **1** 230th anniversary of the wrecking of HMS Sirius on the reef at Norfolk Island. She was the flagship of the First Fleet and her wrecking was undoubtedly the most serious event to occur during the early life of both the Port Jackson and Norfolk Island settlements. This important anniversary in Australian history is one that the Norfolk Island Travel Centre is intending to mark and to do so they have organised an exceptional week of events with special guest presenter Graham Seal, author of Great Convict Stories and Professor of Folklore at Curtin University.

Graham will spotlight many extraordinary happenings and convicts, including those who lived through this tumultuous event. Other honorary guests are history and folklore specialists Don and Sue Brian, who have uniquely collected the stories, songs and poems of convicts, whalers and others from this period. This event offers the opportunity to honour a convict, marine and free settler ancestor heritage; delve deeper into the writing of convict lives and stories; plus increase understandings of the importance of

At the time of her wrecking the Sirius was on a desperate mission sailing to Canton, China to purchase supplies as the Port Jackson population was on the verge of starvation,

existing on half rations. It was while both ships were unloading supplies at Kingston that the wrecking occurred. As NSW Governor Arthur Phillip said when news of the wrecking reached him in Port Jackson: "You never saw such dismay as the news of the wreck occasioned amongst us all; for, to use a sea term, we looked upon her as our sheet anchor".

It is highly recommended to take out the Optional 230th Anniversary Package that includes presentations and workshops by Graham, Don and Sue as well as a waterfront event under a marquee opposite the wreck site at Kingston, with a sumptuous luncheon, presentations, folk music and entertainment. Special tours of the Sirius artefacts and Norfolk Island Museum, together with special dinners are also part of the Package.

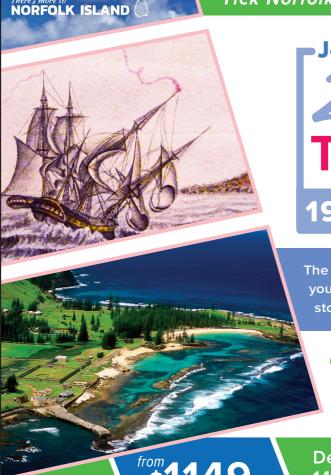
This week will be of interest to those with a maritime or folklore interest, or any with an ancestry from the First Fleet, as well as

those who simply dream of a Pacific Island holiday – with added interest! You may not have realised it, but over recent years Norfolk Island has begun to be appreciated for features it has always naturally possessed, yet remained largely hidden. Today, Norfolk is being appreciated as a fresh, seasonal foodie haven where food miles are counted in metres; as an unspoiled environmental playground with lush rainforests and coral filled waters; and an intriguing multi- faceted convict and historical importance.

Whether you visit Norfolk by yourself, with family or friends, or as part of an organised (or your own) group trip, make sure to use the knowledge available from local travel agents, tour operators and visitor information services all located on the island. 'Meeting the locals' really is part of a Norfolk Island experience, so make sure to do so even before you travel. You'll surely find much more than you expected on a Norfolk Island holiday!

For further details email Maria Massev at maria@travelcentre.nf or call 1800 1400 66 or visit the website at www.norfolkislandmuseum.com

Tick Norfolk Island off your bucket list and holiday during this significant event



Join Graham Seal author of GREAT CONVICT STORIES • 230th anniversary The wrecking of HMS Sirius

19 March 2020 on Norfolk Island

The 1790 wrecking of the flag ship of the First Fleet, HMS Sirius was a devastating event for the young colony. Join Author and Professor of Folklore Graham Seal plus folk musician, historian and storytellers Don & Sue Brian for a special week on Norfolk Island.

OPTIONAL 230TH ANNIVERSARY PACKAGE: Presentations • Waterfront luncheon, guest speakers & folk music • Museum tours incl. HMS Sirius Museum • Welcome & farewell dinners with entertainment • Workshops

Depart BRISBANE 14 - 21 March 2020 seven nights - twin share

Depart SYDNEY 15 - 22 OR 16 - 23 March 2020

HOLIDAY PACKAGES ARE PER PERSON AND INCLUDE: Return 'seat + bag' airfares · Meet&Greet at Norfolk Island airport · 7 nights twin share accommodation · 7 days car hire · Half Day Tour · Complimentary 'Mini Golf' & 'A Walk in the Wild' & free bonus gift · Bonus NI discount shopping card

Conditions apply - Prices current at time of publication, based on airfares that are subject to availability & change without notice - Travel insurance is strongly recommended



**Email**: maria@travelcentre.nf

Free Call: 1800 1400 66 (AUS) / Phone: (int) +6723 22502

PO Box 172 Norfolk Island 2899 / www.norfolkislandtravelcentre.com

#### Out&About



# Choir to raise funds for brain cancer

A local singing group will hold a concert to raise funds for brain cancer on August 21.

The Frantastics Choir will present its annual Friends and

Family Concert from 1pm at the Peninsula Community Centre at Woy Woy.

Doors open 12pm and tickets are essential.

Ticket holders will also be able to enjoy an afternoon tea provided

by choir members.

All proceeds will go to the Charlie Teo Foundation for brain cancer research.

SOURCE: Media release, 29 Jul 2019 Fran Kendall, Frantastics Choir

# Interest sought in folk music group

A Pearl Beach couple are seeking interested locals to establish a folk music group in the area.

New residents Mr and Mrs Phillip and Lynette Rich are former members of the Coachwood Bush Band and say they are keen to establish a regular meeting at their home covering all things folk, with a particular focus on Celtic music and songs

Between them the couple can play the fiddle, flute, guitar and sing and say they would be willing to host a regular meeting if the interest is there.

Anyone interested can contact Mr Rich on 0422 515 365.

Newsletter, 11 Jul 2019 Robyn Northwood, Central Coast Bush Dance and Music Association



Phil and Lynette Rich





# **WED 21 AUG**

DOORS OPEN 7PM - SHOW STARTS 7:30PM

This 2-hour interactive performance revolves around a bubbly recaption, a three-course meel and 2 hr beverage package in our function room. Tickets are strictly limited.



TICKETS

\$65PP

\$55PP

\$550

259 WEST STREET, UMINA BEACH NSW 2257 • P 02 4341 2323



#### **Out&About**

# Contribution to folk music recognised with award



Ken Grose with his achievement award

Ken Grose's contribution to folk and acoustic music has been recognised with the presentation of a NSW Seniors Local Achievement Award for 2019.

It was presented by Member for Gosford Ms Leisl Tesch at a concert and ceremony at St Luke's Hall, Woy Woy, on Saturday, July 27.

She said his award was truly deserved and long-overdue recognition.

Ken is a member of Woy Woy's Troubadour Folk and Acoustic Music Club.

"He has made a long-standing and lasting impact on the quality of the sound provided at our monthly concerts since he retired to Woy Woy from Balmain seven years ago," said club president Mr Michael Fine.

"He works in a voluntary capacity to set up the sound for our concerts, microphones, amplifiers and concert equipment.

"He records concerts and

then makes the sound and audio recordings available to our local audience members on the Central Coast, and to interested viewers and listeners elsewhere in NSW, Australia and internationally.

"Ken's work literally takes the Troubadour's program on the Central Coast to the world through YouTube and Facebook."

Mr Fine said this had significantly increased the reach and impact of the club's concerts far beyond the local members and guests to those not able to attend the concerts.

Ken said it was an honour to receive the award and a complete surprise

SOURCE: Media release, 31 Jul 2019



# Umina artist featured

A Umina artist has been featured in a new arts video posted on an internet channel.

Ms Judith Hoste appeared on the program Colour in Your Life on July 26.

Ms Hoste said she was approached in June to appear in the segment.

"I connected with the team from Colour in Your Life who filmed me working through a painting from beginning to end," Ms Hoste said.

"I painted the view of Umina Beach to Lion Island and beyond.

"I worked on a special water colour canvas, using water colours.

"Not many artists are familiar with the water colour canvas, as it is much finer than the canvases for oils or acrylics," she said.

Ms Hoste's episode aired on the Colour in Your Life YouTube channel.

It is also set to appear on the Colour in Your Life television program which airs in 14 different countries

Ms Hoste said it was a thoroughly enjoyable experience.

"It was an amazing day, meeting Colour In Your Life chief executive Graeme Stevenson and camerawoman Sophia Stacey," Ms Hoste said.

Ms Judith Hoste has been painting and teaching visual arts since the 1980s.

She holds classes at her home studio and at the Ettalong Beach Arts and Crafts Centre.

Ms Hoste has had a long and celebrated career in the arts, having most recently won the 25th Margaret Smith Memorial Art Prize at the 2019 Central Coast Regional Show.

SOURCE: Media release, 23 Jul 2019 Judith Hoste, Umina



www.clubumina.com.au - 4343 9999

#### A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

#### **TUESDAY, AUG 6**



Diplomacy, The Art House Wyong, Ticketed, 6/08 - 8pm, 7/08 - 2pm, 4335 1485 www.thearthousewyong

com.au

Central Coast Council **Grants and Sponorship** Information Sessions, Erina Centre Meeting Space,

Free - Booking's required, 5:30pm - 7pm

#### **WEDNESDAY, AUG 7**

Open Day! **Living Choice Broadwater Court, Meet at Treeview** Estate, 10am - 12pm RSVP 1800 064 344 or email sales@livingchoice.

com.au Informing your Consumers on Wellness & Reablement: Informative presentation for older people and their

carers, The Entrance Community Centre, Ticketed, 1pm - 3:30pm

Live a Good Life -Maintaining your Wellbeing in Later Life, The Entrance Community Centre, Free - Booking's required, 10am - 12:30pm

#### **THURSDAY, AUG 8**

ThinkingBIG Central Coast Innovation Summit, The Showroom Mingara Recreation Club, Ticketed, 7:30pm

Central Coast Council **Grants and Sponorship** Information Sessions, Council Wyong Administration Building Free, 6pm - 8pm

#### FRIDAY, AUG 9



Shannon Noll -The Singles Tour, **Ettalong Diggers,** Ticketed, 8:30pm

4343 0111 www.ettalongdiggers.com **Greedy Guts Street Food** Market. Crowne Plaza Terrigal

Pacific, 5:30pm - 11:30pm

#### **SATURDAY, AUG 10**



Steve Smillie & Friends, **Robert Knox Hall CC** Conservatorium Gosford, Ticketed, 7:30pm, 4324 7477 www.trybooking.com/BBHNX

Free Chemical Cleanout Drop Off, **Mount Penang Event** Park, 10 & 11/08, 9am - 3:30pm

Point Clare Car Boot Market, Fairhaven Central Coast, 9am - 2pm

www.cleanout.com.au

Wine, Cheese and Chat, Narara Ecovillage. 5pm - 6:30pm

2 Day Workshop -Charcoal & ink artwork on plywood, Yarramalong Store & Cafe, Ticketed, 9:30am

Saturday Night Spectacular: Cash Up Front - The Johnny Cash Show, The Royal Hotel Wyong,

Ticketed, 8:30pm Alliance Française Conversation Group,

Erina League Club, 10am - 12pm NSW & QLD Health and

Wellness Expo, Wyong Golf Club. 10am - 4pm

**Bush Dance & Music** Association Inc: Colonial Theme Bush Dance with "Southern Cross", East Gosford Progress Hall, Ticketed, 7:30pm - 11pm

#### **SUNDAY, AUG 11**

**Country Music Festival** 2019, The Waterfront Plaza and Memorial Park,

10am - 4pm

Santa Maria Festa 2019, Mary Mckillop Church, Mass - 3pm, Santa Maria Procession - 4pm, Fireworks Display - 6pm

Pollution & Health, Anglican Church Gosford, Free - Booking's essential,

A Taste Of Ireland, The Art House Wyong, Ticketed, 7:30pm

1:30pm - 3pm

South Sydney Rabbitohs v Melbourn Storm, Central Coast Stadium, Ticketed, 12pm - 5pm

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

#### **MONDAY, AUG 12**

Top Tech Tips For Seniors, Wyong Neighbourhood Centre - Computer room, Mon - 12, 19, & 26th, Wed - 14, 21, 28th, 9:30am - 12pm

#### **TUESDAY, AUG 13**



**Grigoryan Brothers** - Past. Present and Future, The Art House Wyong, Ticketed, 8pm 4335 1485

www.thearthousewyong. com.au

Homelessness Services Interagency, Green Central Kariong, 9:30am - 11:30am

A Taste of Ireland - The Irish Music & Dance Sensation, Laycock Street Community Theatre, Ticketed, 7:30pm

#### **WEDNESDAY, AUG 14**

**Free Information Session and Morning** Tea - Going Online for Over 50's.

Kariong Neighbourhood Australasian Native Orchid Centre, Booking's required, 10am - 12pm

4340 1724 admin@knc.net.au

Tenori - Timeless, Laycock Street Theatre Auditorium, Ticketed, 11am

Stepping Out - Tap-Dancing Comedy With Two Left Feet, Laycock Street Theatre Auditorium Gosford, Ticketed, 14 - 16/08, 2pm & 8pm

Climate Crisis Series: Heat, Men's Interagency Meeting, The Glen Centre, 1:30pm

> **GEC Chamber August** Lunch Event, The Entertainment Grounds Gosford, Ticketed, 12:15pm - 1pm

#### **THURSDAY, AUG 15**

Hitler's Daughter, The Art House Wyong, Ticketed, 16/08 - 16/08, Multiple Screening's

Soweto Gospel Choir: Freedom, The Art House Wyong, Ticketed, 7:30pm

#### FRIDAY, AUG 16



**Four Flat Whites in** Italy, Woy Woy Little Theatre, Ticketed, 16/08 - 01/09, **Multiple Sessions**, 4344 4737

www.woywoylt.com Sydney Comedy Festival

Showcase, The Art House Wyong, Ticketed, 8pm Top Dog Film Festival Avoca. Avoca Beach Picture Theatre, Ticketed, 7pm - 9:30pm

Tuggerah Lakes U3A presents a Talk on: The Call of the Outback -Daisy Bates & Ernestine Hill. The Entrance/Long Jetty RSL Hall, 10am - 12pm

Glenn McKimmin's Art Exhibition: Shadow & Light,

Ken Duncan Gallery, Free, 16/08 - 25/08, 10am - 5pm

Society: Spring Show, Narara Valley Nursery, 16/08 - 18/08

Halekulani View Club Supports The Smith Family Meeting, Lunch & Guest Speaker, All Welcome,

11am

#### **SATURDAY, AUG 17**

The Donnica Clarke Foundation: 12th Annual Charity Masquerade Ball, Mingara Recreation Club, Ticketed, 7pm

Woy Woy Football Club Fundraiser, **Everglades Country Club** Woy Woy, 5pm

Grace Springs Farm -Morning Chores Tour, Grace Springs Farm, Ticketed, 8:30am

Central Coast Crystal Festival. Gosford Showground, Ticketed, 17/08 - 9am -5pm, 18/08 - 9am - 4pm

#### **SUNDAY, AUG 18**



**Sydney International Piano Competition Of** Australia. **Gosford Anglican** Church, Ticketed, 2:30pm, Masterclass 12pm, 4324 7477 www.trybooking.com/BBHNX

Kiki Dee with Carmelo Luggeri, Laycock Street Theatre Auditorium, Ticketed, 8pm

Vietnam Veterans' Memorial Day. The March on Ettalong waterfront - 11:15am. Memorial Lunch & Show at the Ettalong Diggers Ballroom, ticketed -12:30pm

Toukley Torch Bearers Fete, Memorial Hall Toukley, 8am - 1pm

Grace Springs Farm - Farm Tour & Morning Tea, Grace Springs Farm, Ticketed, 9am

#### **TUESDAY, AUG 20**



My Urrwai by Genoa Gela. The Art House Wyong, Ticketed, 11am & 8pm,

4335 1485 www.thearthousewyong. com.au

#### **WEDNESDAY, AUG 21**



**Faulty Towers - The** 

**Dining Experience**, **Ocean Beach Hotel** Umina, Ticketed. 7pm, 4341 2322 www.obhotel.com.au

Central Coast Schools' Showcase 2019, Laycock Street Community Theatre, Ticketed, 21 & 22/08, 7pm

#### FRIDAY, AUG 23

Peter Williams Medium Live, Laycock Street Theatre Don Craig Room, Ticketed, 7pm

Stepping Out - Tap-Dancing Comedy With Two Left Feet, The Art House Wyong, Ticketed, 23 - 24/08, 2pm & 8pm

Leaving Jackson: The Johnny Cash & June Carter Show,

Laycock Street Theatre Auditorium, Ticketed, 7:30pm

Central Coast Ukulele And Folk Festival, The Diggers at the Entrance, 23/08 - 25/08, Varying times each day

#### **SATURDAY, AUG 24**



Songs of Paul Simon -Simon & Garfunkel to Graceland, **Laycock Street Theatre** 

Gosford, Ticketed, 8pm, 4323 3233 www.centralcoast.nsw.gov.au/

theatres/whats-on

Blues on the Mountain - A Great Night of Blues, Soul & Rock n roll, **Mangrove Mountain** Hall, Ticketed, 6pm www.trybooking.com/ZUVE

COSS Connections **Guided Bird Walk,** Rumbalara Reserve, Ticketed, 8am - 11am 4349 4756

Central Coast Kids in Need Trivia Night -Inspired by Lyzer, Mingara Recreation Club, Ticketed, 6:30pm

The Rotary Club Of Wyong MONDAY, SEP 2 Tuggerah - Come Celebrate our 70th Birthday.

Wyong Golf Club, Ticketed, 6pm

Troubadour Folk Club -Kejaffi, Scottish and Irish Fiddle and guitar trio, St. Lukes Hall Woy Woy, Ticketed, 7pm

#### **SUNDAY, AUG 25**

The Sydney Welsh Choir. Auditorium of Wyong **Christian Community** School, Ticketed, 2:30pm

#### **MONDAY, AUG 26**

RunNation Film Festival 2019. **Event Cinema Westfield** Tuggerah, Ticketed, 28/08 & 01/09

#### **TUESDAY, AUG 27**

The Lost Bird Found project - Bird Making Workshop, Peninsula Community Centre, Free - Register Online, 10:30am - 4pm

Wyong Regional Chamber of Commerce - Annual General Meeting, Wyong Race Club, 6:30pm

#### **THURSDAY, AUG 29**

Council Pop Up, Lakehaven Shopping Centre, 10am - 12pm yourvoiceourcoast.com

#### FRIDAY, AUG 30

Tuggerah Lakes U3A: A Play Readers' Presentation by our Play Readers' Group & Morning tea, The Entrance/Long Jetty RSL Hall, 10am - 12pm

Possum Magic, Laycock Street Community Theatre, Ticketed, 30 & 31/08, 10am & 12pm Sessions

#### **SATURDAY, AUG 31**

The Swinging Sixties, Central Coast Leagues Club Parkview Room, Ticketed, 8:30pm

Central Coast Cross Country: Fun Run & Presentation, Pioneer Dairy Wetlands, 2:30pm

4 Week Communication Course, Erina Leagues Club, 6pm - 8pm

#### FRIDAY, SEP 6

Tuggerah Lakes U3A presents a Talk on 'The Wyong Estate (Alison Homestead), The Entrance/Long Jetty RSL Hall, 10am - 12pm

#### **SATURDAY, SEP 7**



**Bellbirds Charity - Glitz** & Glam Dinner Dance, Avoca Beach Surf Club. Ticketed, 7pm -

11:30pm

www.bellbirds.org.au

**Wildplant Community Nursery Sale, CEN Office Ourimbah**,

The Hits of the Crooner. Laycock Street Theatre Auditorium, Ticketed, 8pm

9am - 12pm

Saturday Night Spectacular: Marina Prior, The Royal Hotel Wyong, Ticketed, 8pm

School Spring Fair, Central Coast Grammar School, Free entry, 9am

Bonsai Open: A Premier Bonsai Event, Mingara Recreation Club, 9am - 5pm

- 4pm

Acting Masterclass for Actors & Singers with John Bell Ao Obe, Central Coast Leagues Club, Ticketed, 1pm - 3:30pm

#### **SUNDAY, SEP 8**

Handmade on the Coast. Woy Woy Wharf, 9am - 2pm

Linton Gardens Premier Bridal Fair 2019, Linton Gardens, Free entry, 10am - 2pm

Night and Day - The Doris and Shirley Show, Laycock Street Theatre Auditorium, Ticketed, 11am

Basic entries in the Coastal Diary are FREE. Send information to coastaldiary@centralcoastnews.net

ENHANCED entries using bold typeface with an address, phone number and a live link are available for a small fee. Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.



# Trio brings Scottish music to Woy Woy

The Troubadour Folk Club's next concert will feature the Kefaii trio.

It will take place from 7:30pm at Woy Woy's St Luke's Church Hall on August 24.

Fresh from releasing their first album, Coast, Kejafi are bringing their Scottish sound to Woy Woy.

Inspired by the music, dance and piping of the Scottish Highlands and islands, plus their connections to Australia, Kejafi play traditional and original tunes and songs on duelling fiddles and octave mandolin, said Troubadour president Mr Michael Fine.

The trio formed in early 2018 after establishing a monthly Scottish music session in Sydney.

YOU CAN GIVE WHERE IT'S **NEEDED MOST Please** donate now salvos.org.au

He said the trio had performed at numerous festivals, including the 2018 St Albans Folk Festival and the 2019 Australian Celtic Festival in Glen Innes.

players Fiona McVicar and James Gastineau-Hills, and guitar and Irish bouzouki player Ken O'Neill.

"Fiddle player Fiona McVicar is a well-respected and soughtafter musician and teacher, with many years' experience in playing traditional Irish and Scottish music in both Australia and Ireland.

"James Gastineau-Hills is a fiddle player who fell in love with Scottish dance music and has spent over 20 years playing it in Scotland and Australia.

Rounding out the Kefaji is Ken O'Neill, who grew up in Ireland and started his musical life in rock

The trio comprises fiddle

SOURCE: Social media, 31 Jul 2019

## Support wanted for charity ball

The Rotary Club of Umina Beach is seeking further support for its Central Coast Youth Charity Gala Ball.

The ball is being organised with the Top Blokes Foundation and is being promoted as one of the region's largest black tie fundraisers.

"We invite you to join us for a fun evening with fantastic food and wine and a band that is sure to keep you dancing all night long," said club president Mr Rouel Vergara.

"The goal is to raise funds to expand the Top Blokes' mentoring programs for young males, to improve their mental wellbeing and support them to make healthy life

"The evening will be full of colorful performances, magical entertainment and much fun," he said.

This year's theme will be Fire meets Ice.

"We hope this theme will ignite guest passion to raise some muchneeded funds for Top Blokes Foundation and their work on the Central Coast," he said.

The theme is also reminiscent of the emotions that can come into play when young men engage in the Top Blokes Foundation program, with ice reflecting feelings of sadness, loneliness and isolation with fire representing feelings of hope, warmth and power.

Mr Vergara also said the club members had thought up several activities to help raise funds on the night.

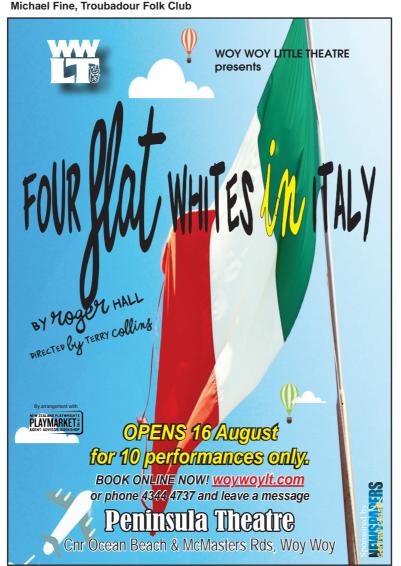
"The night will be filled with roving performers.

"There will be plenty of live music for dancing," Mr Vergara said.

The club is currently seeking sponsors for the event.

The ball will be held on November 9 at the Gosford RSL Club.

SOURCE: Newsletter, 24 Jul 2019 Simon Darwin, Rotary Club of Umina Beach







#### **Directory - Not for profit Community Organisations**

#### **Art & Culture**

Central Coast **Art Society** Weekly paint-outs Tues 0428 439 180. Workshops 9.30am 1st & 3rd

4363 1156. Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420

Wed Gosford City Art Centre

#### Central Coast Handweavers, Spinners and **Textile Arts Guild**

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting bees Day and Night Groups 4325 4743

#### **Ettalong Beach Art** & Crafts Centre

Adult classes in Pottery Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting 0412 155 391

#### **Hospital Art** Australia Inc.

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome

0431 363 347

#### **Community Centres** Peninsula Community

#### Centre Cnr Ocean Beach Rd &

McMasters Rd Woy Woy Activities, programs and support groups for children, teens, adults and seniors including occasional care. playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups 4341 9333

#### **Empire Bay Probus Club** Friendship, fellowship,

and fun in retirement. Very active club, outings excursions, dining - 3 times a month 1st Thur 1.30pm Empire Bay Progress Hall Visitors Welcome 0419 252 708

#### Ettalong 50+ Leisure & Learning Centre

Cards, Chess, Choir, Creative Folk Art. Dancing, Darts. Handicraft, Handicrafts, Indoor Bowls, Leatherwork, Line Dancing, Mahjong, Painting, Rummking, Scrabble, Table Tennis, Ukulele, Women's Shed 4304 7222

#### **Central Coast** Community Legal Centre

Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988

#### **Point Clare Community Hall** Community Garden -

Playgroup Craft and Exercise Groups Function or Meeting Hire Managed by Gosford

Services Enquiries regarding hire to 4323 7483

#### **Community Groups**

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers 4341 5170

#### **Central Coast**

Caravanners Inc 3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded senior folk - Details from Geoff 0447 882 150

#### Central Coast 50+

**Singles Social Group** Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas 0412 200 571 0437 699 366 0407 031 013

#### **CCLC Indoor Bowls**

Mon - Ladies Social Wed Night - Mixed Social Sat - Mixed Social New members welcome tuition given level 2 Central Coast Leagues Club 4334 3800

#### **Freemasons**

Who are thev? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community Gosford Masonic Centre 86 Mann St Gosford

#### Peninsula Village **Playgroup**

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Tues 10-11.30am 4344 9199

#### Peninsula School for Seniors

Community Centre McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

#### **Seniors Computer Club Central Coast**

A non-profit seniors club to help members master computers, tablets, phones and keep up with grand children Friendly Volunteer Helpers scccc@internode.on.net 4307 9421

#### Seniors Social and Friendship Club Inc

Meets 2nd Mon Regular monthly social activities as well as day outings and short breaks away, organised by individual members 4322 7588 or 0427 404 322

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For seniors. Gentle exercises, quizzes, games, social activities, quest speakers, entertainment and bus trips - 4344 3277

#### The NSW Justices

**Association Inc** Seeking JP volunteers for Community JP Desks in Central Coast Shire. Free training and insurance provided 0418 493 388

#### **Umina Beach** Men's Shed

Men share a variety of tools, pursue interests and hobbies spend time with other men and learn new skills Darrell 4342 9606

#### Volunteering **Central Coast**

Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122

#### Wagstaffe to Killcare

Community Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall 4360 2945

#### **Entertainment**

#### **Frantastics Choir Inc** High quality variety entertainment available for

matinee bookings at your venue. New members welcome. 1pm Mondays during school terms

Walter Baker Hall, Woy Woy 4343 1995

#### **Health Groups**

Al-Anon

If someone's drinking is causing you problems.. Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

#### **Arthritis NSW**

Woy Woy support group Ettalong Bowling Club Springwood Road Woy Woy 3rd Tues 10.30am 1800 011 041

#### **Better Hearing** Australia - Central Coast

Hea ring loss management Support and educational groups providing practical experience and confidence Learn the benefits of hearing aids - 4321 0275

#### **BlueWave Living**

Woy Woy Community Aged Care facility providing residential aged care to the frail aged. Permanent and respite care accommodation available.

Information 2nd and 4th Wed - 10am - 4344 2599

#### **Central Coast** Parkinson's **Support Group**

We aim to help individuals and their families better manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings 2nd Tue - 1.30pm 1800 644 189

#### **Gambling Solutions**

Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

#### **GROW Support Groups**

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and

Wyong 1800 558 268

#### Meals on Wheels Delicious meals delivered

free - Join us for a midday meal - Help with shopping and cooking classes 4341 6699

Mary Mac's Place Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals

#### 4341 0584

#### **Overeaters** Anonymous (OA)

12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins. Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm 0412 756 446 www.oa.org

#### Peninsula Village **Wellness Centre**

Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

#### Peninsula Village Meals Delivered daily to your door Nutritious, great for the elderly 4344 9199

#### Peninsula Village **Carer's Support Group**

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

#### **Prostate Cancer Support Group** (Gosford)

Last Fri, Terrigal Uniting Church, 380 Terrigal Drive. Terrigal 9.30am to 12 noon 4367 9600

#### Schizophrenia and **Bipolar Fellowship**

For Schizophrenia/Bipolar/ Mental Health sufferers. family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford

989 or 436

#### **Recovery Club**

**Everglades Country Club** 2nd Tues 11am Company, up-to-date info, hydrotherapy, bus trips 1300 650 594

#### Music

**Brisbane Water Brass** Brass Band entertainment for the community playing all types of popular music Rehearsal every Tues 7.30pm-10pm 0419 274 012

#### Coastal a Cappella Vibrant women's a cappella chorus. New members

welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities Hire us for your event 0412 948 450 coastalacappella@gmail.com

#### Soundwaves

A cappella harmony for Men new members welcome Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford Ring Max on 4324 3631

#### or Kieran 4324 1977 **Troubadour Central**

Coast Folk, Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions 4th Sat 7pm CWA Hall Woy

#### Woy 4342 6716 **Political Groups**

**Australian Labor Party** Political discussions, national state and local government issues

#### **Umina Ettalong Branch** 2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676

#### Ourimbah/ Narara **Branch** Niagara Park Primary School

7.30pm 1st Mon 0410 309 494 **Woy Woy Branch** 

#### Everglades Country Club 7.30pm 2nd Mon

Peninsula Day Branch 1pm 2nd Mon CWA Hall Wov Wov 4341 9946

#### **Liberal Party of Australia Woy Woy Branch**

4th Thur 6.30pm Everglades Country Club

#### **Central Coast Greens**

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur

#### entralcoast.nsw.greens.org.au entralcoastgreens@gmail.con **Service Groups**

#### **Lions Club of Woy Woy** 3rd Mon.

Woy Woy Leagues Club Make new friends and have fun while serving your community. 0478 959 895

#### **Rotary Clubs** International service club

improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and

#### **Rotary Club of Kariong** Phillip House, 21 Old Mount

Penang Rd, Fri 7.15am 4340 4529

#### **Rotary Club of Umina**

**Beach** Wednesdays 6.30pm Everglades Country Club 0409 245 861 0409 245 861

#### **Rotary Club of Woy Woy** Tues 6pm Everglades

Country Club. Don Tee 0428 438 535

#### **Special Interest**

**Bridge** 

Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd. Woy Woy hane-water.bridge-club.org

#### Cash Housie

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy,t 7.30pm. Proceeds to Woy Woy Catholic Parish.

#### **Central Coast Family** History Society Inc.

Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

#### **Central Coast** Tenants' Advice and **Advocacy Service**

Help with issues with landiords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

#### **Central Coast Rescue Unit**

Marine Education Courses. Radio Licenses, Boat Safety & Boat License & PWC License Tests. Navigation, Seamanship and Meteorology. 4325 7929

#### **Central Coast**

**Soaring Club Inc** Gliding Club, Learn to fly, Instruction FREE to members Come and have an Air **Experience Flight** All Welcome 14 and up for Training Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047

#### **Ettalong Toastmasters** We provide a supportive and positive learning experience in

which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth 2nd & 4th Tue, 7:30PM, **Ettalong Diggers** 0408 416 356

#### Peninsula **Environment Group** Environmental projects,

(incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group

#### **Central Coast** Goju-Kai Karate

Traditional Karate & Self Defence for Teens & Adults No Contracts. Cheap Rates Wamberal - Mon 630pm Kincumber - Thurs 715pm 0417 697 096 ww.centraicoastgoji kaikarate.com.au

#### Woy Woy Judo Club Mon & Fri -Beginners

From 4:30pm Tue & Thur - graded classes 4:30pm - 8:30pm 27 Bowden Road Woy Woy Min Age 3 years old 0434 000 170

#### **Veterans**

**National Malaya Borneo Veterans Association** 1st Sat (except Jan) 10.30am Umina Club Melbourne Avenue Umina Beach 4342 1107

#### The Partners of **Veterans Association** of Australia Inc Central Coast Sub Branch

4th Tues - 10am-1pm Kincumber Neighbourhood Centre, 1/20 Kincumber St Kincumber Support Network for Partners of Past and present Australian Defence Forces

#### 0403 499 905 Veterans' Help Centre' Assist all veterans &

families with pension & welfare issues. Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.

#### **Woy Woy Ettalong** Hardy's Bay RSL

Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong, Tues & Thurs 9am to 1pm 4341 2594

#### Women's Groups

#### Country Women's **Association Umina**

2 Sydney Ave Branch Meetings 2nd Wednesday 10am Craft & Friends Wednesdays 9.30am 2nd and 4th Sundays 12.15pm 0416 193 070 - 4340 1746

#### Country Women's **Association Woy Woy**

30 The Boulevarde, Woy Woy Craft & Friendship: 1st, 2nd and 3rd Wed 10AM. Meetings: 4th Wed 10AM Ph: 0411 434 785

woywoycwa@gmail.com

#### Peninsula Women's **Health Centre**

Counselling, therapeutic and social groups, workshops. domestic violence and abuse issues. All services by women for women 4342 5905

# If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369 Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.

#### Sport

# Soccer club raises money for new clubhouse

The Woy Woy Football Club will hold a children's disco and fundraiser at Everglades Country Club at Woy Woy from 5pm on August 17.

The evening will be the soccer club's major fundraiser this year for a new \$80,000 clubhouse and associated facilities at Austin Butler Oval.

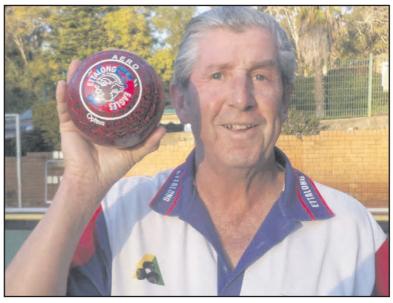
A major aspect of the fundraiser is a club raffle and in a bid to increase ticket sales club officials have announced the major prizes. First prize is

The club's raffle will be drawn on the day and will include prizes of a week's accommodation in a waterfront cabin at Port Macquarie and shopping vouchers.

Supporters have until August 16 to purchase tickets from the club

> SOURCE: Media release, 10 Jul 2019 Kristy Harper, Woy Woy

# Roberts wins third consecutive bowls singles title



**Ettalong Memorial Bowling** Club's John Roberts has won his third consecutive **Bowls Central Coast Singles** Championship.

Bowls Central Coast secretary Mr Doug Rose said Mr Roberts' achievement was a remarkable

"The final was a seesawing affair against his fellow club member Phil Westcott.

"Phil played brilliantly in the early ends, but John knuckled down to gain control of the game.

"Phil lifted his game in the final ends refusing to give in, but John would not be denied winning 31 to 27," Mr Rose said.

> SOURCE: Website, 21 Jul 2019 **Doug Rose, Bowls Central Coast**

# Goodman retains record in super bantamweight

Umina PCYC professional boxer Sam Goodman has kept his unbeaten record after winning his Super Bantamweight bout in the Tasman Fighter Series on **July 27.** 

Goodman stepped into the ring with four-nil record and quickly found success after just three rounds

winner with a technical knockout Sese.

It was the biggest fight of Goodman's career to date and his first televised bout, with Fox Sports airing the Tasman Series on the night.

"I moved to 5-0 after the Tasman," Sam said after the fight. "Thanks to my team for an

amazing camp and to everyone who came along and supported

He will now take some time out to weigh his options for his next career move: either to head to Europe for a training and development camp or to stick around for another fight on the pro

#### The referee declared him the over the Philippines' Claudevan me on the night."

Football Club

#### SOURCE: Social media, 28 Jul 2019 Sam Goodman, Umina PCYC

# THE SHAME

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Affordable Roof Solutions
- Brad Sedgewick Ettalong
- Depp Studios -

Formerly of Umina

- Tony Fitzpatrick trading as Futurtek Roofing
- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton
- Bruce Gilliard Roofing of Empire Bay
- Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy
- William McCorriston of Complete Bathroom Renovations
- First Premier Electrical **Service** of Umina Beach
- High Thai-d Restaurant of Umina Beach
- Mal's Seafood & Charcoal Chicken of Ettalong Beach

- Simon Jones All external cleaning and sealing services
- Erroll Baker, former barber, Ettalong
- Tye King Formerly The Fish Trap Ettalong Beach
- Jessica Davis of Erina Trading as A1 cleaning services
- Simon and Samantha Hague, Trading as By the Bay Takeaway Empire Bay
- Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens
- Mountain Mutts Monique Leon, Ettalong Beach
- RJ's Diner Ryan Tindell of Woy Woy
- Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

- Greenultimate Solar PTY LTD
- Decorative Fabrics & Furnishings - Steve

McGinty, Wyoming

- Menhir Tapas & Bar PTY LTD
- Dean Lampard Trading as Lampard Painting
- Callum McDonald Trading as Sunset Decks
- Linda Smith, Bookkeeper Horsfield Bay
- Emma Knowles -Blacksmith NSW
- Mulla Villa PTY Ltd
- Jessica Wheatcroft trading as Wheatcroft Advertising
- Peter Zing, Singapore Zing Cafe
- Pruksra Thai Massage, Woy
- Dale Arurlilac, Woy Woy
- Craig Lack Fencing

# Peninsula directory of services, contacts and support groups

# Ambulance, Police, Fire 000

Ambulance, Police, Fire 000 Police Assistance Line 131 444 Crime Stoppers 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88

Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -

Central Coast 4325 7929 SES - Storm and Flood

#### Emergency 132 500 Aboriginal & Torres Strait **Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4321 7215

Drug & Alcohol rehab 4388 6360 Accommodation

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197

Coast Shelter 4325 3540 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth

**Services** 4351 1922

Youth Angle • Woy Woy 4341 8830 Woy Woy Youth Cottage 4341 9027 **Animal Rescue** 

Wildlife Arc 4325 0666

#### Wires 1300 094 737 **Community Centres**

**Peninsula Community** 

Centre 4341 9333

Men's Shed Cluster Inc 0413 244 484 Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277

#### Interrelate: 1800 449 118 **Family and Relationships**

Centacare Gosford 4324 6403 **Central Coast Family Support Service** 4340 1099

Horizons (For men with children) 4351 5008 **Uniting Care Burnside** 

Gosford 1800 067 967

Poisons Information 131 126 **Ambulance Text Mobile 106 Ambulance GSM** 112

Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114

After Hours GP Help Line 1800 022 222

**Legal & Financial Help Financial Counselling** 

Tenants' Advice and Advocacy **Service** 4353 5515 Woy Woy Court 4344 0111

Libraries Gosford district:

**Service** 4334 2304

Umina Beach 4304 7333 Woy Woy 4304 7555

#### Problems, **Habits & Addiction**

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional** support

phone services: Mental Health Line 1800 011 511 Beyondblue 1300 224 636

Domestic Violence Line 1800 656 463 Lifeline 13 11 14

Kids Help Line 1800 551 800 Griefline 1300 845 745

Suicide Call Back Service 1300 659 467

#### **Transport**

Taxi 131 008 **Busways** 4368 2277

#### City Rail 131 500 **Welfare Services**

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699

**Department of Community Services** Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency

Relief 4393 2450 St Vincent De Paul Society

**HELPLINE** 4323 6081

#### Classifieds

#### **ANTENNAS**

A Better Picture **Antenna & Digital** Installations & Tuning New home specialist Credit cards OK

#### **HAYWARD VIDEO**

All areas Gosford 4323 6367 Woy Woy 4344 4414 Warnervale 1800 244 456 0412 685 555

**ASBESTOS REMOVAL** 

or 4393 9890

Safe Work NSW Lic. AD212564

**BOREWATER** 

**Bores** and

Spears

Install high quality

pumps and maintenance

free spears, existing

systems reconditioned,

all work guaranteed.

Warren Greenway

Ph: 4341 7736

Mob: 0408 225 390

#### CABINETMAKER

#### CABINETMAKER

Special picture frames Window frames Wooden Boxes for Art - Storage - Display **Smaller Cupboards** and Furniture

**Call Jens** 

0418 993 994

#### **CLEANING**

#### **Weston & Wilson** Cleaning Services

Domestic, end of lease, holiday & vacate cleans.

Regular or one off.

Fully insured, WWC & Police check avail. From \$35 hour.

Maryanne 0403 505 812

COUNSELLING

**ACT Now!** 

Counselling

Feeling Stuck? Let's move forward ... "Get out of your head and into your life"

(Hayes). ACT therapy has 30 years of

effectiveness evidence.

Over 30 years in the community sector

Insured and Registered with the Australian Counselling Association.

Discounts available – up to 2 hour sessions for the same price.

Hugh Worrall - mob 0402 529 474

act.now.counselling@gmail.com vw.act-now-counselling.blogspot.com

Meeting at the Peninsula Comr Centre, Woy Woy.

#### **ENTERTAINMENT**



## The Troubadour

**Folk and Acoustic Music Club** 

#### **KEJAFFI**

**Scottish and** Irish fiddle **AUG 24** St Lukes Hall **Woy Woy** 7pm \$10, 13, 15

www.troubadour.org.au

4342 6716

**FENCING** 

**BLUEPRINT** 

FENCING

All types of

fencing, gates and

retaining walls

**Call Luke** 

Free quotes

0401 347 247

**OLD MAN EMU** 

#### **PLASTERING**

#### **PHIL BOURKE PLASTERING**

0418 452 474

#### LOCAL PLASTERER **WALLS, CEILINGS &**

**CORNICES SMALL JOBS & PATCHING NO JOBS OVER \$1000 FREE QUOTES** 

PH: NEVILLE

#### **PLUMBING**

#### **PLUMBER**

No call out fee No job too small 40 year's experience

**Fully insured** Lic. L11565

Ph: 0416 875 598

**REMOVALS** 

EVINEMOVAL

Deliveries & Removals, Local

Sydney, Newcastle & Country.

Single items or a house full.

Competitive rates.

02 4342 1479

0411 049 559

**PAINTERS** 

**BUCELLO'S** 

Painting Services
• Residential and

• New Work and Repaints

**Free Quotes** 

All work guaranteed

0410 404 664

• Interior and Exterior

Commercial

Over 36 yrs exp Gyprock, Renovations Small Jobs, Free Quotes

#### **Allways Moving** Removals

House, office units too small Affordable rates

Call for free quote 0497 800 074 0421 084 650

wattyl

Reliable Service

0417 426 254

**PLUMBING** 

**YOUR LOCAL** 

PLUMBER

Same day service

Guaranteed

Blocked drains, Leaking

taps and toilets, Hot

water and all aspects

Of pluming drainage

and gas fitting.

(2)

No job too big or

**TILING** 

#### **CARPENTERS**

#### **Asbestos Carpentry** Removal - Building

Fully licensed and over 30 years insured asbestos experience removals from Local know how houses, garages, working with pride sheds, bathrooms etc. and honesty Ph: Tom 0422 653 794 Paul Skinner

> 0432 216 020 or 4339 2317

> > MGL

**CARPENTRY** 

Carpenter & Joiner

40yrs Experience

Decks, Pergolas, Doors,

Windows etc

Fully Insured - Call Gary

0458 130 829

4341 1346

#### **Electrical Services**

Lights - Fans -Power - Reno's Switchboards -Security lights No job too small Call Ben on

#### **ELECTRICIANS**

#### **BKW**

Lic No:248126C

0404 093 299

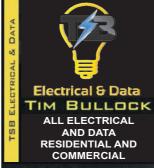
#### **HANDYMAN**

# **YOUR LOCAL**

Guaranteed Phone & Data, Fault Finding,

Seniors Discount.

#### **HANDYMAN SERVICES** Covering all your internal and external handyman jobs **FREE QUOTES Pensioner discount** Call David: 0413 396 167



0427707080

#### **LOCKSMITH**

# Service

All lock repairs **Lock installations Pensioner discount** 

Ph: 0404 879 863

#### Matt Bell's

# Locksmith

24 hour lockout service ML 000103741

#### **MASSAGE**

# **Calming Souls**

0423 150 561

## **UMINA** BEACH

All aspects of Plumbing, Drainage & Gasfitting Domestic & **Maintenance Works** 

Hot Water Installation **☎ 4344 3611** 

#### Home NV **Tiling Wall & Floor Property Maintenance** 0439 589 426 homes2nv@gmail.com

It's a no brainer! An advertisement this size in 20.000 newspapers for only \$25 + GST per week **Call now before** the price goes up Ph: 4325 7369

#### **PLUMBING**

# MAINTENANCE & PLUMBING SERVICES

REPAIRS - REPLACEMENT - SERVICE FREE QUOTE - CREDIT CARDS ACCEPTED MENTION THIS AD TO RECEIVE A DISCOUNT!

(02) 4328 2253

#### Classifieds advertising rates in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free

See or www.centralcoastnews.Net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

#### **Personal and Not For Profit Organisations**

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

#### **Business rates**

The minimum size of 5cm X a single column only costs \$50 + GST in mono and an extra \$10 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST -Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

# ELECTRICIAN

Same day service Lighting, Power Points,

No job too small.

#### ENTERTAINMENT

#### BluesAngels

Your total acoustic blues/roots package, top to toe, and then some. Minnie Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or

Massage Remedial Massage Therapist Infant Massage Instructor Paediatric Massage Consultant Call Kate

# tomflood@hotmail.com 4787 5689

#### Sport

## IRB competition completed

**Umina Surf Life Saving** Club has completed its Inflatable Rescue Boat competition season.

Club president Stephen Scahill praised the crew on their successful season.

The team which was only formed last year, won a

**DEATH NOTICE** 

**GLOVER** 

**LAUREL ALICE** 

(NEE FOY)

PASSED AWAY PEACEFULLY

31.07.2019

**AGED 92 YEARS** 

LATE OF CESSNOCK

FORMERLY OF WOY WOY

BELOVED WIFE OF LESLIE JAMES

GLOVER (DEC'D). LOVING MOTHER TO

JENNIFER, TREVOR AND GRAHAM (DEC'D)

MOTHER-IN-LAW TO CHRISTINE. MUCH

LOVED GRANNY TO JONATHON, ANDREW

MELISSA, JESSICA AND GREAT GRANNY TO

JAI, GEORGE, OLIVER, THOMAS, JAMES AND

WILLIAM. A DEAR SISTER TO EDNA.

FAMILY AND FRIENDS OF LAUREL ARE WARMLY INVITED TO ATTEND HER

GRAVESIDE FLINERAL SERVICE IN THE

ABERDARE LAWN CEMETERY, GRETA ST.,

ABERDARE THIS TUESDAY.

06.08.2019 AT 10:30AM.

**C.R.SMYTH & SON** 

**INDEPENDENT & FAMILY** 

**OWNED SINCE 1925** 

4990 1425

WWW.CRSMYTH.COM.AA

number of medals during the season.

"This team keeps on growing and getting better and better," said Mr Scahill.

"This year, our top results were two state premiership medals and two state championship medals.

"The skills this team

displayed at the NSW translate Championships directly to our life saving responses on the beach and it's good to know we have some of NSW's best rescue drivers and crew on patrol with us," Mr Scahill said.

SOURCE: Social media, 2 Jul 2019 Stephen Scahill, Umina SLSC



#### WANTED

# **CASH PAID**

for good quality Swords, Knives and War memorabilia. For large collections home visit available

Shop 12 - Ebbtide Mall - 155 The Entrance Rd The Entrance - 4333 8555

# Annabelle sells sweets to compete in Global Games

**Brisbane** Secondary College para-athlete Annabelle Rodgers is selling sweets to raise the money she needs to be able to compete at the INAS Global Games in Brisbane in October.

Annabelle and her family have been selling fudge and honeycomb to cover competition and travel costs.

Annabelle's mother Ms Jodie Ewen-Rodgers said \$2000 was still needed to get Annabelle to Brisbane.

**Ewen-Rodgers** said anyone interested in purchasing some fudge or honeycomb could contact Annabelle via the Rodgers Para Athlete Facebook page.

**Athletics** Australia announced in April that Annabelle had been selected to represent the country in discus, shot put and javelin.

The Games are the largest sporting event in the world for athletes with intellectual impairment with more than 1000 athletes set to take part this year.

Annabelle is one of the Central Coast's most successful junior athletes.



holds two state records in discus and this year she broke the Australian under-18 record in the shot put at the Australian Athletics Championships and set two new Australian under-18

and under-20 records in javelin at the same event.

SOURCE: Social media, 31 Jul 2019 Jodie Ewen-Rodgers, **Woy Woy** 

#### **RUN IT 'TIL** YOU SELL IT

#### **USED FLOURECENT** LIGHTS X 26 120cm long, as is, \$50

Ph: 4325 7369 **VIDEO RECORDER** PANASONIC VHS VWG1A.

comes with Tripod, Charger and Cassettes, \$30 Ph: 4341 0698 SIMPSON MINIMAX

**DRYER** Dimplex oil filled heater, both working, ring after OUTDOOR BLOCKOUT CARAVAN CRUSADER used \$60 ext. ladder as 1pm, \$30 each. Ph: 0418 679 964

#### **REAR SHOCKS SUIT-KN LASER** Good condition,

\$175 pair, will deliver Ph: 0418 663 255 **BREVILLE 7 LITRE** SLOW COOKER \$80, MOBILITY **SCOOTER**, \$1000 Ph: 0449 894 132 LADIES LAWN BALLS,

Greenmaster, Maroon, "size one" as new with extras \$250, Ph: 0402 757 363 KING SINGLE

**ELECTRIC BED** 900 includes oudtres, Ph: 4359 2143 **DRILL PRESS** 

Ryobi, laser centering, wind-up, adjustable table, good condition, additional table with slididng fence, \$200 Ph: 0405 669707 **TABLES ROUND** 

**EXTENSION DINING** Coffee, laminated, tiled, solid timber, hot water systems, solid fridges, one large top freezer, one smaller, dish washer

suit flat. Ph: 4399 2757



**BOAT PUTT PUTT** Blaxland Motor, 7HP Motor sound unit in good condition, trailer if needed \$7.500 Ph: 0428 479 133

WINDOW BLINDS

cream colour. retractable, excellent condition all fittings \$150 each to fit windows 1500 x 1650 and 2x - 1500 x 1890

Ph: 0411 274 809 PRIDE MOBILITY SCOOTER

Good condition, hardly used, new batteries. charger, mirror, rear bag and front basket \$1100 Ph: 4342 4480

**2013 JAYCO** STARCRAFT POPTOP CARAVAN

13.42-1, rego 3/20, rear kitchen, 4 burner hob/ arill r/hood, microwave 90L fridge, s/beds, aircon, rollout awning. TV arm bracket, aerial tunnel boot, purpleline caravan mover stored under cover, excellent condition \$19,500 Ph: 0439 144 417



**DINNER SET** Mikasa Silk Flowers F300F, 36 Pieces entree dinner side soup cups sauces, never used \$450

Ph: 0407 387 414

**HOUSE FOR SALE** 54 Tumbi Road, 2 Bedrooms 2 Sunrooms \$475,000 Ph: 0406 713 073

**PIANOLA BEALE** Stool and rolls has just with some cartage \$2000



poptop, 2 s/beds, front kitchen 4 burner cooktop m/wave 3 way fridge, 12/240 power, large boot, r/o awning, full annex (unused) always garaged, excellent

been restrored, can help condition, lots of extras \$16750 ono

XL 17FT

Ph: 0437 385 595 **FULL SET OF GOLF CLUBS** 

> \$70, Golf buggy never new "lofty" \$80 Ph: 0449 095 003



TRAILER CAMPER **FULL** 

Annex tarp 3 way fridge table chairs beds, many more, extras ready to go camping, reg - sept, \$3.000 ono

Ph: 0402 052 906 **STACER 519 SEA** RUNNER

half cabin 2007 suzuki 90HP 4 stroke engine,

trailer CB radio fish finder, plus other acc. plus safety gear \$16000 Ph: 0413 574 737

TWO TONE BURGUNDY,

velour 5 seater corner lounge, excellent condition, \$700 ono Ph: 0403 991 136 TABLE AND CHAIRS,

Terrigal 6 seater tasmanian light narwood with 6 chairs cost \$2500 sell \$600, matching low

sell \$450, also matching 5 door hatchback, fully coffee table cost \$500 sell \$150, quality furniture, the lot \$1000,

possible to deliver **SOFA BED TTERRIGAL** metal action, fold

out double, like new condition, blue fabric, cost \$700 sell \$350, and another in tan mix modern colour \$270, possible to deliver, Ph: 0410 486 483 **PRIVATE SALE 2009 FORD FOCUS** 

serviced, 10 months rego, log books and receipts, 75000km \$5800 ono

Ph: 0418 664 386 PRO SOUP MAKER

Cooks and chops \$50, coat 60% wool, 10% cashmere, 30% polyester size 14 black \$80, 3/4 wollen coat size 16 fawn \$50,

Ph: 0418 600 846 LATHE METAL

handyman or restorer, needs TLC, 3 jaw individual chuck, \$175 ono Ph: 4396 4304 **BUSH ROCKS** 

large quantity, including large, medium and small sized stones, take the lot \$250 ono,

Ph: 4341 7567 LG+ 303LT FRIDGE

no frost \$375, Simpson eziset 5.5kg washing machine \$375 good condition both in working order,

Ph: 0490 381 343 **MANAFACTURED** HOME

or sale in over 55's park, Carport, budgewoi area, 2 beds plus study/dog friendly, \$190,000 ono, Ph 0417 480 377 or 4399 1303

**ALTEN DORF PANEL** with scriber blade 1200

sliding table with dust extra 3 phase power, price \$3000



#### **ERIN POPTOP**

6.6, double island bed, rollout awnings, annex front, kitchen, microwave, in excellent condition, many extras, \$19.200

Ph: 0427 438 439 TINNY REGISTERED 15HP

Yamaha, oars, 2 anchors, 2 full tanks, on a registered trailer with new tyres and spring bearings \$3500 ono Ph: 0412 467 468

# Run it 'til you sel

Phone:	Email:	Email:				
20 words \$44 Photo \$11	yes	no				
<u> </u>	<u> </u>	<u> </u>	<u>l</u>	<u> </u>	<u> </u>	
<u> </u>	<u> </u>	_l	I	l	<u> </u>	
<u> </u>		_1				
Extra words at \$2.20 per word						
<u> </u>	<u> </u>	_!	<u> </u>	<u> </u>	<u> </u>	
lll	<u> </u>	<u> </u>	I	<u> </u>	<u> </u>	
<u> </u>	l	I	I	<u> </u>	<u> </u>	
Card:IIII					I	
Expiry:						
Office use only: Commence with edition:		End with (if	not sold) e	dition:		
Reference Number		_				
Renewing: yes no	If yes, new endi	ng edition if	not sold			
Fill in, cut out and send i	n to Central Coa	ist Newsn	aners PO	) Box 1056	Gosford NS	

# Peninsula Ducks seek softball players



The Peninsula Ducks Softball Club is seeking players for 2019-20 season.

The Ducks were formed in April last year by Central Coast Softball Association member Ms Di Barrymore.

Based at Woy Woy, Ms Barrymore said the Ducks were a family friendly club, seeking to establish a dedicated player base while helping to develop softball in the area.

In their inaugural season, the juniors placed third in the Central Coast Softball Association's junior competition and both the Duck's Women's Division 4 teams made the top five, with the Whites placing second and the Purples fifth.

Ms Barrymore said it was a fantastic result for the Ducks for their first season, having gone toe-to-toe with some clubs that had decade-long legacies, more resources and more players.

The 2019-20 softball season starts in October.

The Ducks will be hold fundraising events to help purchase new equipment and cover expenses.

The Ducks' latest registration day was held at Jasmine Greens Park Kiosk at Umina on August 3 but information about the club as well as how to get involved is also available on their website.

The club is particularly keen to hear from any interested men as they weren't able to field a men's team last season and Ms Barrymore said it was a goal of the clubs to get a men's team up and running in the future.

SOURCE:
Social media, 22 Jul 2019
Di Barrymore, Peninsula
Ducks Softball Club
Websites, 1 Aug 2019
Di Barrymore, Peninsula
Ducks Softball Club
Results, Central Coast
Softball Association

# **TIDE CHART**

**FORT DENISON** 

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Times are in local standard time (UTC +10:00) or daylight savings time (UTC +11:00) when in effect.

#### Time - Height(m)

			<u> </u>		
5	0532 0.22	4	0621 0.31	7	0048 1.56
	1145 1.55	6 TUE	1239 1.55	WED	0712 0.40
MON	1738 0.43		1841 0.50		1337 1.55
	2352 1.73				1950 0.56
8	0150 1.40	9	0259 1.28	10	0412 1.22
	0804 0.49	<b>7</b> FRI	0900 0.55	SAT	0958 0.59
THU	1438 1.56		1541 1.57		1642 1.61
	2107 0.59		2224 0.58		2331 0.53
11	0518 1.21	12	0025 0.48	13	0109 0.43
	1054 0.59	MON	0614 1.24	TUE	0700 1.27
SUN	1736 1.65		1145 0.57		1232 0.55
			1824 1.68		1906 1.71
14	0146 0.39	15	0221 0.37	16	0253 0.36
	0739 1.31	UHT	0815 1.34	FRI	0850 1.36
WED	1314 0.52		1351 0.50		1428 0.49
	1945 1.73		2020 1.74		2054 1.72
17	0325 0.36	18	0357 0.37	19	0429 0.40
• •	0924 1.38		0959 1.39		1035 1.40
SAT	1504 0.49	SUN	1542 0.50	MON	1621 0.53

#### APPROX. TIME LAG AFTER FORT DENISON

2128 1.69

2201 1.64

2236 1.57

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated

# Stridsman wins women's Thailand Open

Umina PCYC boxer Anja Stridsman has won the Women's Thailand Open.

Stridsman made it through to the quarterfinals in the Women's Light where she defeated her North Korean opponent.

She defeated her Vietnamese opponent in the semi-finals to compete with the host nation in the final

After an intense few rounds, Stridsman took the bout, winning the gold medal.

She was also named Female Boxer of the Tournament.

The win caps off a successful few months for Stridsman, who qualified for the World Boxing Championships after taking the gold at the Australian Women's Titles at the start of July and scoring herself two sponsorship deals.

Fellow Umina PCYC boxer Kaye Scott also contested the Open but was eliminated in a preliminary bout against Russia.

Despite the surprising loss, Scott said she was still working hard towards her goal of making the Australian Women's Boxing team for the Tokyo 2020 Olympics.

"Losing often forces you to analyse training regimes, fight preparations, technical and tactical choices, recovery and weight management areas," Scott said.

"This training year has been jam-packed with the coming 12 months even more intense with major benchmark events that I need to be at my peak for.



"From here it's light general training for me a few weeks to reset my engine physically and mentally," Scott said.

Scott has also won her division at the Australian Titles and has also picked up a sponsorship deals.

SOURCE:
Social media, 22 Jul 2019
Kaye Scott, Umina PCYC
Social media, 28 Jul 2019
Anja Stridsman, Umina PCYC
Website, 31 Jul 2019
Thailand Open results, Asian
Boxing Confederation

# WWW.CENTRALCOASTNEWS.NET

#### Sport

# Southern and Ettalong United pull further ahead

Round 15 of Central Coast Football's women's soccer league saw Southern and Ettalong United pull further ahead from the top four.

Meanwhile, Umina United suffered a defeat against Woongarrah.

Ettalong obliterated Kariong United in their fixture, trampling them to a 10-1 victory.

After taking over the lead in the Women's League with their Round 14 win over Toukley, Ettalong looked to extend their lead when they headed to Kariong to face wooden spooners Kariong United.

Determined to start the match on the front foot, the visitors found the net in the second minute after Tahlor Thackray buried a free-kick to give her side an early lead.

Within 15 minutes Southern had added another two, with both coming from the boot of Elaine Delaney, her fifth and sixth goals of the season.

Kariong responded to the early onslaught as Sophie Trengrove capitalised on a defensive error to open the scoring for the home side

However, Ettalong quickly added to their tally, with Emma Woodger and Alana Currie finding the net within two minutes of each other to extend the lead to 5-1.

After opening the first-half scoring, Thackray scored the last goal of the first half to see the visitors into the break with a commanding 6-1 lead.

The visitors struggled to find the net in the early exchanges of the second half, wasting a number of good goal scoring opportunities.

However, Emma Woodger was able to find the net for a second time, before Thackray added another two just after the hour mark to put the result well and truly beyond doubt.

Thackray's four goals were enough to see her return to the top of the Golden Boot standings as she moved to 18 for the season.

Letisha Waddell then rounded off an emphatic performance with the 10th and final goal for the visitors in the74th minute as her side opened up a six-point gap between themselves and Gosford City in second position of the ladder.

The opportunity to move into second place on the Women's League table awaited Umina as they made the trip north to face Woongarrah at Hamlyn Terrace.

One loss in their last seven matches saw the visitors enter the match confident of securing a result.

A significantly depleted squad meant that a majority of the starting 11 in first grade had already seen game time in the preceding reserve grade fixture.

Umina managed to take the lead in the first half after striker Kate Styles scored her 13th of the season, a 1-0 lead that they carried through to the halftime break.

It became evident in the second half that Umina were struggling to keep up with the demands of two premier league level matches of football.

However, they continued to hold

Midway through the second half, Lucy Pratt scored for Woongarrah to bring the sides level and set up an intriguing final 20 minutes to the

Sadly for Umina they eventually ran out of legs and Emma Hurley scored the winner for the home side in the dying minutes to wrap up Woongarrah's fourth victory of the season.

Umina coach Mr Steve Donaldson felt his side deserved something from the match, especially given the circumstances.

"To lead for a large part of the game and to lose the game in the final minutes, having played the same 16 players in reserve grade, is so unrewarding.

"We had just run out of legs by the 170th minute and it was evident due to the goal," he said.

The loss sees Umina slip into fourth position ahead of their big clash with third placed Kanwal in Round 16.

Ettalong will face fifth placed Terrigal United in their Round 16 clash

SOURCE: Media release, 31 Jul 2019 Lachlan Herd, Central Coast Football



# Woy Woy suffers 133-nil rugby union defeat

Woy Woy suffered another major defeat during Round 15 of the Central Coast Rugby Union competition when they lost to Terrigal 133 points to nil.

Central Coast Rugby Union publicity officer Mr Larry Thomson said the win was the biggest point

difference of the season, with Terrigal completely outplaying Woy Wov.

"Terrigal crossed for 21 tries in the match and Woy Woy simply had no answer.

"Jayden Woolley posted 27 personal points in the match, while winger Brent Merritt also crossed

for four tries.

"It was a totally controlled performance and Terrigal are striking great form at the right time of the season," Mr Thomson said.

SOURCE: Media release, 27 Jul 2019 Larry Thomson, Central Coast Rugby Union Photo: Nick Friend









# **FREEMASONS**

TOA & W?V

Freemasonry is a large fraternal organisation that promotes moral and personal development amongst its members.

Its core values include caring for others, helping those in need and acting with honesty and integrity.

Freemasonry puts its principles into practice through its charitable activities.

We believe in interacting and working closely within our local communities to help all people in need and their communities as a whole.

In a world often dictated by hate and segregation, membership of an organisation capable of uniting men of all religions, colours and even accents is more relevant than ever

**Gosford Masonic Centre** 86-88 Mann St, Gosford

Lodge Morning Star No. 410 4th Monday @ 7pm

Lodge Saratoga No. 937 4th Thursday @ 7pm even months only

**Lodge James Kibble** (Daylight) No. 985 2nd Monday @ 10am

The Central Coast Lodge No. 2001

4th Wednesday @ 7.30pm except December - No meeting

ENQ: 0481 765 337









Follow the directions for use. This product may not be right for you, always read the label before purchase. If symptoms persist, worsen or change unexpectedly, talk to your health professional. Vitamin and mineral supplements should not replace a balanced diet.



\*HYDRALYTE Orange and Apple Blackcurrant Flavour 10pk





UMINA BEACH 315 West St, Umina Beach, NSW 2257

Ph: 4341 1488

on - Fri: 8:30am - 5:30pm aturday: 8:30am - 3pm Sunday & Public Holidays: 9am - 3pm \*No rainchecks. Free Gifts are subject to availability and while stocks last. Free gift is an in-store promotion only and not available online. †RRP - the save prices listed and % off are calculated from supplier RRP at time of preparation. We reserve the right to correct pricing and printing errors. You Save Chemist may not have previously sold the product at the RRP due to our discount policy. Other savings shown are from our everyday low prices. Limited quantities apply. Not all products and services are available in all stores. Promotional Period Starts on 6/8/2019 and Finishes 2/9/2019. YS082019C.