Peninsula Revise Reviser Revis

Edition 473 8 July 2019



Upgrade for Patonga boat ramp carpark

Patonga's Dark Corner boat ramp carpark is being upgraded.

The work includes an upgrade of the carpark pavement with formalised line marking for cars and boat trailers and an upgrade of park furniture within the reserve.

It is expected to be completed around the end of the month weather and tidal conditions permitting.

The boat ramp will be closed during the construction period and access to Dark Corner and Brisbane Water National Park will only be available along Patonga foreshore.

The NSW Roads and Maritime Service is undertaking the work in partnership with Central Coast Council.

SOURCE: Media release, 25 Jun 2019 Nathan Alexander, NSW RMS

Unemployment is worse on the Peninsula, says Tesch

Unemployment is significantly worse on the Peninsula than it is on the rest of the Central Coast, according to figures released by Member for Gosford Ms Liesl Tesch.

And the Coast's unemployment is worse than the State average.

MsTeschsaidtheunemployment rate for the Peninsula in 2016 was 8.0 per cent.

The average for the Coast was 6.7 per cent, and the State average 6.3 per cent.

This meant unemployment on the Peninsula was around 25 per cent worse than the State average and about 20 per cent worse than the Central Coast average. Ms Tesch said these figures were based on the latest Census information and came from ID The Population Experts, demographic consultants who break down information into local areas.

Ms Tesch said 4.9 per cent of the workforce on the Peninsula were looking for full-time work, where the average across the Coast was 3.9 per cent.

Those looking for part time work on the Peninsula amounted to 3.2 per cent of the workforce, while the Coast average was 2.9 per cent.

Ms Tesch said the figures showed the NSW Government's Sydney-centric vision hurt regions like the Central Coast.

SOURCE Press Release, 4 July 2019 Liesl Tesch. Member for Gosford

Council to consider urban shade and green space

A draft Greener Places Strategy which aims to enhance tree canopy cover and green space across urban areas will be considered by Central Coast Council tonight (July 9).

Peninsula Community action group Grow Urban Shade Trees has been campaigning for more tree planting along residential streets on the Peninsula and were consulted in the preparation of the strategy.

The strategy proposes that the Council develop a series of plans such as a green grid plan to promote and manage urban green spaces with a two for one replacement for every tree removed across the region.

It aims to identify opportunities for community partnerships to fund and resource landscaping and streetscape improvement projects.

It hopes to develop community and school programs and events to improve regional biodiversity and tree management, including backyard habitat and citizen science programs and support the establishment of native gardens on private lands.

It also aims to reduce urban heat island effects and increase

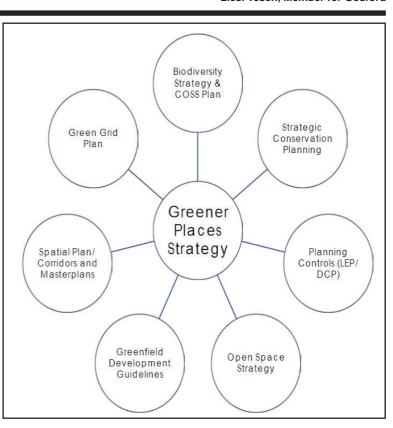
habitat for urban wildlife.

The strategy was presented to councillors at a briefing on June 3 where answers were provided to questions about how damage to infrastructure would be avoided and whether it would reduce graffiti.

As well as the Grow Urban Shade Trees group, the Trees of Bateau Bay group and Community Environment Network were also consulted.

If approved, the strategy will go on public exhibition for 28 days.

SOURCE: Central Coast Council agenda 4.4, 8 Jul 2019



THIS ISSUE contains 49 articles - Read more news items for this issue at www.peninsulanews.info



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News

eninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published

All accepted contributions also appear on our website.

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Often articles come from a number of sources. They are edited for readability and reader interest and given different headings, and consequently can be expressed quite differently from the source material.

Peninsula News usually receives its

When it rains, it pours

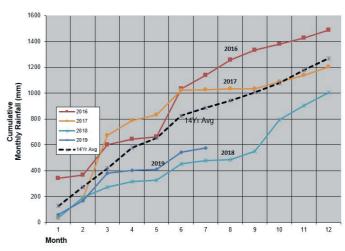
As if too spite last edition's rainfall report, the heavens have well and truly been open over the past fortnight, with the final days of June and first week of July copping a drenching.

In last edition it was reported that June's monthly rainfall figure was well below average, but according to rainfall data compiled by Umina's Mr Jim Morrison, June has seemingly ended on a high.

Since June 21 more than 80mm of rainfall has been recorded across the Peninsula in the sixth month with a further 33mm recorded in the first week of July.

The heaviest single fall recorded in June was on the 24th and saw 42mm fall, closely followed by the 25.2mm that fell on the 26th.

These results coupled with consistent rainfall from June 24-31, has raised June's monthly rainfall total up to 133mm, much closer to its yearly average total of 170mm



monthly total was sitting at as of June 21 and last edition.

As noted above, July has also been off to a wetter than average start with 32.6mm recorded in a single rainfall event on July 4.

results

and a far cry from the 43.2mm the Peninsula's yearly total rainfall up to 576.5mm as of July 5.

> SOURCE: Spreadsheet, 5 Jul 2019 Jim Morrison, Umina

The Peninsula News would like to offer one lucky reader the chance to win a Grit Fluxx Scooter.

Grit Pro Scooters is at the forefront of the extreme scooter riding scene in Australia, quickly becoming one of the fastest growing scooter brands in the world.

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For your chance to win write your full name, address, daytime telephone number and email on the back of an envelope and mail it to Peninsula News Fluxx Scooter Competition, PO Box 1056, Gosford 2250, before 5pm on July 18.

The winner of the Thermos Competition was Belinda Matwijow of Umina.

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

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News

Community group tackles abandoned boats

The Bays Community Group has resolved to do more to combat the large number of abandoned boats around the Phegans Bay foreshore.

Group president Ms Cathy Gleeson the resolution came during their June general meeting.

"The issue of the number of abandoned boats on the foreshore in the vicinity of Raymond Rd and Phegans Bay Rd was raised at the meeting and The Bays Community Group has resolved to contact relevant authorities to have these boats removed," Ms Gleeson said.

"Our Council bushcare officer will also look into the matter on our behalf.

"It is feared that these boats will deteriorate and break down causing safety issues for people using our waterways, as well as being unsightly on the foreshore landscape," she said.

SOURCE: Newsletter, 25 Jun 2019 Cathy Gleeson, The Bays **Community Group**



Bulk-billing medical practice opens in Umina

A new bulk-billing medical practice with 30 general practitioners has opened in Umina.

The new Reliance Medical practice opened in Ocean Beach Rd, on July 1.

"Reliance Health is the premier

family healthcare provider on the Central Coast, with our General Practitioners providing a variety of professional services from our practices in West Gosford, Wyong and Erina," said Reliance chief executive Ms Julie Abdilla.

Ms Abdilla said that more than

1200 people living on the Peninsula made the trip to Reliance West Gosford.

"Now they won't have to, thanks to the new bulk billing practice at Umina.

"Our goal is to make it easy for you to take care of your family's health by providing a friendly, efficient and professional experience close to your home with doctors you can trust."

SOURCE: Website, 3 Jul 2019 Julie Abdilla, Reliance **Medical Group**



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Film about Mingaletta Aunties premieres this week

Aboriginal Minagaletta and Torres Strait Islander Corporation will celebrate Naidoc Week this week with premiere screening of a film The Aunties of Mingaletta.

The two-hour film describes the struggles of women elders through the Stolen Generation,

domestic violence, rapes and other tragedies.

The film explains how these women from many homelands all ultimately ended up on the Central Coast, where they found and joined Mingaletta.

Mingaletta chief executive Ms Dianne O'Brien said the documentary was commissioned from a Central Coast Council grant.

She said it was conceived in last year's Naidoc Week as an attempt to preserve the stories, both personal and cultural, of the women known as "Aunties".

"The Aunties continue to give back their time and energy working to provide ongoing community services, particularly by educating our next generation," Ms O'Brien

"They believe in the sanctity of Aboriginal lore and culture, and are committed unconditionally through the wisdom and generosity of their thoughts, words and deeds."

The premiere is being introduced by Australia's first female Aboriginal federal MP Linda Burney and will be shown on Friday, July 12, to invited guests and the public is invited to join them at no cost.

The two hour film starts at 11am and is part of events at 6 Sydney Ave, Umina Beach, from 10am to 3pm, including dancing, facepainting, basket weaving, music and information stalls.

SOURCE: Media Release, 25 Jun 2019 Dianne O'Brien, Mingaletta ATSIC

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Community Environment Network

Chair's Report



My Christmas presents to family my friends year last wild were plants that I purchased CEN nursery,

monthly plant sale. 'The gifts that keep giving', I told them.

Wild/native plants attract bees and birds as a food source, enhancing their survival, and our eventual human survival. It is a gift that thinks generations ahead, a local act for peace, to our natural world and all the living creatures it supports.

The bigger picture and longer term benefits of investing in plants and trees, include, cooling the streets by providing shade to our home and streets. Helping to reduce the extreme heat that we have been experiencing.

Trees absorb pollutant gases trapping them in their leaves and bark, and help to clean the air we breathe. Trees save water by slowing down the evaporation from our thirsty lawns and plants.

I could go on and on about the benefits of trees, but the most selfish benefit is that of our human health. Studies show the calming effect of trees, helping to reduce our stress, similar to that of a walk in a peaceful park - filled with trees and wild plants- like a gift that keeps giving.

Hale Adasal

CEN Chairperson

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was recently successful in receiving a Community Development Grant from Central Coast Council for a Connecting and Caring for our Coastal Lagoons project.

Central Coast Waterwatch will focus on community and school water quality monitoring activities on the four ICOLLs in the former Gosford area of the Central Coast Council LGA - Cockrone, Avoca. Terrigal, Wamberal lagoons.

Activities will include a coastal lagoons catchment crawl, Phosphorus Awareness

Week activities, kayak tour of Avoca Lagoon, marine debris survey, community water quality training sessions and Waterwatch activities with local schools. Waterwatch groups will be set up to monitor water quality monthly at each lagoon.

If you are interested in getting involved and participating in waterwatch at your local lagoon please register you interest by emailing waterwatch@cen.org.au or phone Rachael on 4349 4757.

WE HAVE A FEW ODD JOBS AT CEN AND NEED YOUR HELP!

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When: Sat August 24, 8 - 11am

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in COSS Connections Project) includes morning tea and lucky door prizes

Bookings essential

For more information phone: 4349 4756 email:

habitatforwildlife@cen.org.au

Register at: www.cen.org.au/events

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

News

Mountain bike trails proposed for national park

Dedicated mountain bike trails could be developed under a new plan of management for Bouddi National Park.

The draft plan notes cycling would only be allowed in zone two, not the more coastal zone one.

The proposal comes in response to the construction of a network of illegal mountain bike tracks, which the report noted was a growing issue.

The draft report said the service would engage with the mountain biking community to develop sustainable mountain biking opportunities after investigating options for biking opportunities in the park.

The investigation is a priority one (to be achieved within three years) while the plan itself is a priority three (within 10 years).

"The development of mountain bike tracks will be subject to environmental impact assessment (under the Environmental Planning and Assessment Act 1979), compliance with NPWS policies and public consultation," according to the report.

"Mountain biking opportunities will not be considered within zone one (conservation).

"The conservation zone has been mapped to protect fragile vegetation communities, soils and cultural values."

The mountain bike actions are two of 76 actions in the draft plan's scheme of operation.

SOURCE: Website, 1 Jul 2019 Draft management plan, Environment NSW



Ms Joanne Hayes being transported to Royal North Shore

Real estate employee mauled by dogs during inspection

A real estate employee has been seriously mauled by two dogs while undertaking a property inspection in Umina.

Ms Joanne Hayes, a 49-yearold property manager at Wiseberry Peninsula in Umina, was attending a pre-booked inspection of a home on Australia Ave, at around 10am on June 20, when she was set upon by two bull mastiffs at the premises.

It is understood that the tenant was not present for the inspection.

Ms Hayes suffered injuries to both her legs and arms, before neighbours came to her aid after hearing her cries for help.

She was flown to Royal North Shore Hospital by CareFlight helicopter after initial treatment from NSW Ambulance paramedics.

Wiseberry Peninsula director Mr Troy Howe said Ms Hayes was recovering well in hospital.

"Jo has undergone several operations and is in good spirits," he said.

"We were deeply shocked when we learned what happened and we thank the community for their ongoing support.

"Jo in particular has been heartened to learn how many members of the community, some with no links to the business, have dropped into the real estate to ask after her recovery," Mr Howe said.

Wiseberry Peninsula has been operating for seven years without incident.

Mr Howe said safety was at the forefront of the agency's ethos and a full review of procedures had occurred since Ms Hayes was

The two dogs were euthanised after being surrendered to Central Coast Council rangers.

Media release, 21 Jun 2019 Andrew Refshauge, CareFlight Interview (Dilon Luke), 4 Jul 2019 Troy Howe, Wiseberry Peninsula



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Tourism group welcomes Council plan

Peninsula Tourism Partners has welcomed Central Coast Council's adoption of a draft Tourism Opportunity Plan, which aims to boost tourism in the region by \$70 million.

Partners president Ms Kim Cole said: "We absolutely love the direction the Council is taking with their Tourism Opportunity Plan to promote the Central Coast Region as a vibrant magnetically attractive place to live, work and visit."

The plan, which aims for the long-term viability and sustainability of tourism for the Central Coast, will soon be on exhibition for public comment.

Among the short term projects identified in the plan are a food and beverage exploration trail; art and

sculpture trail; twilight economy; heritage tourism; educational eco hub and indigenous experience; nature-based attractions and experiences such as bike paths, walkways, trails and pathway infrastructure highlighting arts, culture, heritage.

A staff report to the Council said the major challenge to grow the tourism market was to change

perceptions about what the Central Coast offered.

The core challenges, according to the report, were an "embedded negative perception problem, monetisation (many activities are low dollar spends such as walking or the beach), depth and range of accommodation, lack of wow factor, low pride-in-place, poorly supported arts, culture and music

scene and no night-time economy".

A marketing campaign was underway with a new comprehensive guide of activities, attractions, accommodation, restaurants and retail via a new website

The report also stated that the region needed a thread to pull the region together in a "brand" which is woven into all marketing and communications to the three target groups of visitors, businesses and residents.

New investment was needed to create new reasons for people to visit, the report says.

This could be achieved through collaborative industry marketing, packaging of products such as accommodation and activities, and building strategic partnerships, for instance tapping into the NSW Food and Wine Tourism Strategy and maximising funding options through The Destination Sydney Surrounds North Destination Management Plan.

Ms Cole said the Peninsula Tourism Partners group was keen to support the plan.

She said there was great incentive for businesses and member of the community to be involved in "1000 Little Things" - small projects that would improve the visitor experience.

"What excites our team the most is that the Council have identified what makes the Central Coast different to other regions," she said.

"Yes, we have beautiful beaches and national parks but what is our point of difference?

"The end result is that we are a region rich of makers and creators: Artists, sculptors, musicians, actors.

"We support these findings and are looking forward in helping Council promote the Central Coast with their new plans."

She said Peninsula Tourism Partners was looking for new and creative ideas to draw in tourists.

Member for Gosford Ms Liesl Tesch has encouraged local business owners to join the discussion.

"We're all trying to promote tourism to ensure our local businesses remain successful, and now we are coming together to pool our efforts," Ms Tesch said.

"To do this we need new innovative ideas which is why the Peninsula Tourism Partners and I are calling on business owners and tourism operators to come together so the whole area benefits from the growth."

Ms Tesch said that, despite being the new kids on the block, Peninsula Tourism Partners already had a strong track record in bringing increased tourism to the

"With many plans in the works, they have their sights set on making an impact."

> SOURCE: Central Coast Council agenda 4.6, 24 Jun 2019 Media Statement, 4 Jul 2019 Kim Cole, Peninsula Tourism Partners Media Release, 4 Jul 2019 Liesl Tesch, Member for Gosford

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Comments sought on Bouddi park management plan

National Parks and Wildlife Service is seeking public comments on a draft plan of management for Bouddi **National Park.**

Public exhibition of the draft plan provides an opportunity for the community to have a say in the future management of Bouddi National Park.

The national park is the only national park in NSW that includes marine ocean environments and takes in Maitland Bay, Rileys Bay and Tallow Beach, relatively natural catchments which the report notes are rare in the Sydney and Central Coast regions.

Significant landscape includes Box Head, Bombi Point and Mourawaring Point.

The draft plan was prepared as two separate documents: a background paper on "draft planning considerations" and the draft plan of management itself.

The draft states that Bouddi National Park is significant because of its natural and cultural values.

The park lies within the traditional Country of the Guringai and Darkinjung people. More than 70 Aboriginal sites containing more than 200 objects have been recorded in the park and nearby areas.

It includes diverse landscapes from beaches and steep cliffs through to rainforest and heathland. The coastline in Bouddi

Enter Lift

press up button

to start lift

through floor

National Park has spectacular rocky-cliff headlands, platforms, bays, beaches, barrier dunes and lagoons. It includes 287 hectares of ocean floor and overlying offshore waters known as the Bouddi Marine Extension.

There are significant naturebased tourism and recreational opportunities in Bouddi National Park including camping, fishing, beach activities, bushwalking including the Bouddi Coastal Walk, mountain bike riding, birdwatching, photography and nature study.

Over 600 plant species within 22 vegetation communities have been recorded within the park, including five threatened plant species and many others of regional conservation significance.

The diversity of habitats in the park supports populations of 275 native vertebrate species: 135 bird species, 49 mammals (including five marine mammals), 30 reptiles, 11 frogs and more than 50 fish. Of these, 34 species are listed as threatened under the Biodiversity Conservation Act 2016.

After the plan of management is adopted, all operations and activities in the park must be in line with the plan.

The report notes the current plan of management was approved in 1985.

The draft plan has been updated to take account of new information and plans guiding fire, pest, weed and threatened species

management. This new plan of management includes new areas gazetted as part of the park since the last plan.

The new plan proposes to deliver a mountain bike plan which may be implemented after environmental assessment and public exhibition.

It aims to investigate and protect important clay heathlands threatened ecological communities.

It expects to improve management of the Bouddi Marine Extension.

It seeks to add further management, protection and interpretation of Aboriginal values and sites in consultation with the Aboriginal community.

It proposes to protect shared historic sites including relic noninvasive exotic species.

It aims to monitor for the impacts of sea level rise and respond where possible.

volunteer lt supports involvement in the management of the park.

It proposes better use and enjoyment of park facilities including an iconic coastal walk.

The draft plan of management is on public exhibition until September 30 and anyone can review the plan of management and provide comments.

At the end of the public exhibition period, the Service will review submissions and may make changes to the draft plan before it goes to the Central Coast Regional Advisory Committee and the National Parks and Wildlife Advisory Council for finalisation.

The plan of management is finalised when the Minister formally adopts the plan under the National Parks and Wildlife Act

Hard copies are available for viewing at Maitland Bay Visitor Information Centre, The Scenic Road, Killcare Heights and Umina Beach Library, Corner West and Bullion Streets, Umina Beach.

SOURCE: Website, 1 Jul 2019 Draft management plan, **Environment NSW**



Picnic in schoolgrounds?

Public School principal Ms Lynn Balfour encouraging Ettalong community to take advantage of the school's play equipment over the July school holidays.

The school is taking part in the NSW Government's Share Our Space program which sees school grounds opened to the public over holiday periods so that communities can take advantage

of their facilities while not in use.

"Why not bring a picnic lunch and catch up with friends while the children play?

"A security guard will be on site but parents and local residents are our eyes and ears so we very much appreciate you visiting our school at these times," Ms Balfour

> SOURCE: Newsletter, 25 Jun 2019 Lynn Balfour, Ettalong **Public School**



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Mains cleaning at Umina Heights and Pearl Beach

Residents at Umina Heights Pearl Beach and may experience dirty water over the next week or so, as Central Coast Council continues its water mains cleaning program in the area between July 12 and 15.

Council acting director Mr Jamie Loader said new technology would be used to ensure water was not wasted and disruption to the community was minimal.

"Council undertakes regular maintenance of our water mains to ensure the continued high quality delivery of this essential service to the community," he said.

"We are using a new technology that treats and then recycles the treated water back into the mains, ensuring minimal water is wasted during the process - something that is essential as we head closer to the introduction of Level 1 water restrictions for the region."

Mr Loader said work would be conducted between 8am and 5pm at Umina Heights on July 12 and 13, and Pearl Beach on July 14

"We will implement a range of measures to reduce the impact on the community," he said.

Central Coast mayor Cr Jane Smith said Council balances the need to use water and maintain the system, with using the latest water saving technology.

"If we all practise short and long-term water conservation behaviours now, together we may be able to avoid reaching the very low dam levels which saw us on stringent Level 4 water restrictions during the Millennium Drought." Cr Smith said.

lf residents experience discoloured water, residents are advised to run the front garden tap into a bucket for 30 seconds to check if the water clears.

If it doesn't, they should wait one hour and repeat the process.

Once water from the front tap is clear, residents should run their back garden tap into a bucket for 30 seconds to ensure there is no discoloured water in their pipes.

This water can be used on the

If water is still discoloured after one hour, contact Council on 1300 463 954.

If water becomes discoloured

during a washing cycle, it is advised to leave clothes wet and rewash them after the water clears to minimise the risk of staining.

SOURCE: Media release, 1 Jul, 2019 Jamie Loader, Central **Coast Council**

Quarterly bills introduced with lower water rates

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Nicole French

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DEVELOPMENTS, MANAGEMENTS, COMMERCIALS, RESIDENTIAL, INVESTMENT, INDUSTRIAL, AUCTION, LEASING, SALES REAL ESTATE AGENTS, AUCTIONEERS, PROPERTY MANAGERS, STOCK AND STATION AGENTS

Central Coast Council will introduce quarterly water bills for the Peninsula, along with lower average water rates, from July 1.

The average annual water bill is expected to fall by around \$330 in the former Gosford local government area following a recent decision by the NSW Independent Pricing and Regulatory Tribunal.

well, residents customers in the former Gosford LGA will receive their water bills quarterly instead of bi-annually, in line with the same cycle already in place in the former Wyong LGA.

Central Coast Council will also move the stormwater drainage charge, which current appears on the rates account for Peninsula residents, to the water account again reflecting what is already in place in the former Wyong LGA.

Council chief financial officer Mr Craig Norman said while these changes would not impact the bottom line of the consumer, but was another example of how the Council was aligning some of its essential services and "moving forward as One Central Coast".

"Unifying our water billing across the region ensures consistency for our community," Mr Norman said.

He said spreading water charges across four instead of two, made bills "more manageable, helping to reduce bill shock and ease financial pressure for a number of residents and customers.

"A more frequent bill can also help residents budget better as well as identify leaks more readily to ensure we are all using our water responsibly."

While welcoming streamlining of services and lower water prices, mayor Cr Jane Smith has encouraged continued wise water use.

"We must remember that like most of NSW, the Central Coast is affected by drought and we encourage everyone to continue to use water wisely."

Cr Smith said the Tribunal's recent determination should see the annual water bill for a typical household in the former Gosford LGA fall by about \$330 in 2019-20, and a typical bill for a household in the former Wyong LGA fall by about \$150 per year, depending on water usage.

If residents or customers have any questions about their next water bill, she encouraged them to visit centralcoast.nsw.gov.au/ mywaterbill or to phone 1300 463

> SOURCE: Media release, 1 Jul 2019 Craig Norman, Central **Coast Council**

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Permission sought for underground tanks

allow this to occur.

consulted.

It also mentioned that water

would be extracted from an

approved bore to be drilled yet

no detail of this approval was

provided. The comment added

that Water NSW needed to be

DA 56341, Central Coast Council

SOURCE:

DA Tracker, 3 Jul 2019

The owner of a site where Central Coast Council has refused to permit a fence has now sought permission for two underground rainwater tanks.

The owner Mr Tony Denny has taken the fence refusal to the Land and Environment Court.

Permission for the underground tanks was originally sought in April.

The application initially included a request for an equestrian arena but an amended statement of environmental effects submitted in June only mentions the tanks.

The applicant CEO Architectural said the proposal would involve excavating and earthworks and concrete structures.

Public submissions on the council website DA Tracker show opposition to the development.

One submission said the amended statement still had insufficient information to permit a proper and adequate assessment.

It said the application described the proposal as including two water tanks while the plan only showed one

It provided for a depth of 2.4m for the tank yet it describes the necessary excavation as minimal and identifies the site as class 5 for acid sulphate soils, increasing the likelihood of intersection with those soils at such a depth.

The submission said the tanks were said to be for rainwater but there was no nearby structure to

Emily to use fun run to raise money for Clown Doctors Woy resident Ms Emily ell is getting ready ckle the 2019 Citysto-

Woy Woy resident Ms Emily Bowtell is getting ready to tackle the 2019 City-to-Surf fun run, in the process hoping to raise at least \$750 for the Clown Doctors.

"I've seen firsthand the difference the Clown Doctors make to children, their families and the entire hospital community.

"Clown Doctors are medical clowns, highly trained, professional performers who spread 'doses' of fun and laughter throughout hospitals.

"Whether it be providing distraction during infusions, giving encouragement during a physio session or simply making a child feel less alone the Clown Doctors are an integral part of patient-centered care.

"All money raised will go



towards ensuring that Clown Doctors can continue to spread joy and laughter to some of the most vulnerable members of our community, sick and injured kids," Ms Bowtell said.

Ms Bowtell, an active member of the Country Women's Association Woy Woy branch, will raise money in the lead-up to the fun run, which takes place in Sydney on August 11

Anybody interested in donating can find her sponsorship page on the Everyday Hero website.

SOURCE: Website, 28 Jun 2019 Emily Bowtell, Woy Woy





Council approves five applications

Central Coast Council has approved five recent development applications on the Peninsula.

Council has given consent to DA55579 for applicant S Sardi to build four townhouses at 6 Flounder Rd, Ettalong Beach.

The home on the property will be demolished.

The two-storey townhouses will include a total of six car spaces.

The proposal showed a non-complying ceiling height of 2.59m rather than complying 2.7m.

DA:56736 from Clarke Dowdle and Associates for a six lot strata subdivision at 143-145

CouncilSpringwoodSt, EttalongBeach,recenthas been approved by Centraltions onCoast Council.

The council assessment said the site was under construction. It received approval in April 2011 to build six units and the current proposal was to strata subdivide these six.

Under a separate application, a house at 41 Melbourne Ave, Umina Beach, is to be demolished.

Council gave consent on June 24 to DA56640 from Complete Demolition Pty Ltd.

Under DA56314, a house will be demolished and new dwelling built at 3 Osborne Ave, Umina Beach.

Council has given the applicant Knight Mapleton Design Partners, on behalf of owners P and F Stucken, permission to construct a new single storey home on the property. Consent was given on May 14.

Application DA56387 for a three lot subdivision strata at 50 Berith St, Umina Beach, has been approved.

Council gave approval on June 25 to applicant Clarke Dowdle and Associates.

SOURCE: DA Tracker, 4 Jul 2019 DA55579, DA56387, DA56640, DA56314, DA56387, Central Coast Council

Helen Ferguson succumbs to injuries

Long-time Pretty Beach resident Ms Helen Ferguson died on July 1 in Royal North Shore hospital after succumbing to injuries from a car accident on June 5.

Wagstaffe-Killcare Community Association announced the news to the community last week.

In a joint statement, outgoing president Ms Peta Colebatch and incoming president Mr Mike Allsop said: "It is sad but appropriate to recount Helen's long and various contributions to the community.

"Helen used to walk the Dog Track and Pretty Beach waterfront, picking up rubbish as she went, many years ago, and for over 20 years gave bridge lessons.

"She then turned this activity into the Bridge Club with its regulars every Friday, where she gave much helpful advice, including the encouraging comment 'and the penny will drop' to one beginner.

"She retained her keen mind and interest in bridge to the end of her life.

"She was also an avid golf

player and won awards, as well as keeping extremely fit.

"And then she stepped up to manage our community hall for us, running it extremely efficiently, and was always mindful of presenting the hall and its facilities in a positive light.

"She contributed to our many activities, and was a full participant in Committee discussions.

"While she could be acerbic in her comments at times, not being afraid to make her point, her view was always welcome.

"She will be sorely missed by all of us at WTKCA and by her golfing and bridge partners.

"She had been about to start a new chapter of her life, but sadly that was not to be.

"Our thoughts are with her family, friends, including Graeme Anderson, most of all, who is bereft.

"Thank you, Helen, for all your contribution to our community over the years you spent with us here."

Media Release, 3 Jul 2019 Peta Colebatch, Mike Allsop, WTKCA

New house subject to council approval

A new house will be built at 19 Killcare Rd, Killcare, and the old home demolished if council approves a development application from Fiona Brodie Design on behalf of applicant Joshua Canellis.

The proposal meets the council's guidelines except for

exceeding the building height by half a metre at the highest point. Less than four per cent of the roof exceeds the height.

The application says the proposed building height "appears to almost comply with what would have been the original ground line".

It argues that the height complies with the objectives set out

in Clause 3.1.2. of the development control plan as the proposal is compatible with the height, bulk and scale of the existing and desired character of the area and says the amenity of neighbouring properties is protected with no disturbance in terms of access to sunlight, privacy and views.

SOURCE: DA Tracker, 2 Jul 2019 DA 56671, Central Coast Council



NorthConnex

T 1800 997 057 (free call)
E enquiries@northconnex.com

PO Box 343 Pennant Hills NSW 1715 northconnex.com.au

NorthConnex Construction Update – June 2019

NorthConnex is a nine kilometre underground motorway that will link the M1 Pacific Motorway at Wahroonga to the Hills M2 Motorway at West Pennant Hills, removing up to 5,000 trucks off Pennant Hills Road daily.

In Tunnel

Paving

Paving in the NorthConnex tunnel is progressing well.

The pavement is being built in three layers including a base layer of concrete, a sealing layer of asphalt and a final layer of reinforced concrete pavement.

About 12,000m³ of concrete is being used across the project each week, supplied by NorthConnex's dedicated batching plant.



Safety panelling

Reflective panelling is being installed on frames along the tunnel walls. The panels will maximise light reflection, creating a feeling of spaciousness.

Mechanical and electrical fit out

The mechanical and electrical team is installing lighting, deluge systems, cabling, CCTV cameras, cable trays, ventilation and other in-tunnel systems. Most of the equipment is being fitted to the tunnel roof and in cross passages.

On the surface

At the southern compound, the Motorway Control Centre has reached its full height and the Southern Ventilation Facility is progressing. These building structures as well as the Northern Ventilation Facility will be completed in the coming months.

Questions or would like more information? Contact us:

Phone: 1800 997 057 (24 hours) Email: enquiries@northconnex.com.au Website: www.northconnex.com.au Visit livetraffic.com.au for the latest traffic information.







News

Draft park plan includes climate change responses

The draft plan of management for Bouddi National Park proposes responses probable effects of climate change.

The draft mentions that projected increases in temperature, number of hot days and severe fire weather days are likely to influence bushfire frequency and intensity across the Hunter Central Coast.

"Coastal erosions and hazards

are also likely to increase," the draft says.

"Potential consequences Beach.

fragmented ecosystems and ecosystems are at highest risk.

"Programs to reduce the such as

within the park include damage to pressures arising from other infrastructure in low-lying areas at habitat Putty Beach and Little Beach, and fragmentation, invasive species, bushfires and pollution, will help erosion and slumping at Lobster reduce the severity of the effects of "Species most at risk are climate change." those unable to migrate or adapt, SOURCE: particularly those with small Website, 1 Jul 2019 population sizes or with slow Draft management plan, growth rates. Low-lying coastal **Environment NSW**



Woy Woy Rotary president Mr Don Tee. Ms Sue Tee and past president Mr Russell Grove

CLIMATE CHANGE & UNWANTED INHERITANCE

IT'S EXCITING! **COMMUNITY ACTION** ON CLIMATE CHANGE

STAY INFORMED

Join the climate future facebook page **Global March to take place** on the Coast September on 20

facebook.com/groups/149962155030538

Changeover at Woy Woy Rotary

The Rotary Club of Woy Woy held its 2019-2020 Changeover on June 28.

Mr Don Tee was elected as club president, with Mr John Hardin being newly-elected to the board.

Mr Tee thanked outgoing president Mr Russell Grove, for his efforts over the past year.

Three Rotarians were also honoured with awards for service on the night, with Ms Sue Tee receiving her Triple Sapphire Pin and Mr Grove and Mr Vic Brown their Double Sapphire Pins.

The Changeover ended with a brief outline of the club's plans for the new year from each committee chair as well as a commitment to continue popular community events organised by the club including its Anzac Day Dawn Service and Opera in the Arboretum.

SOURCE: Newsletter, 1 Jul 2019 Vic Deeble, Rotary Club of Woy Woy



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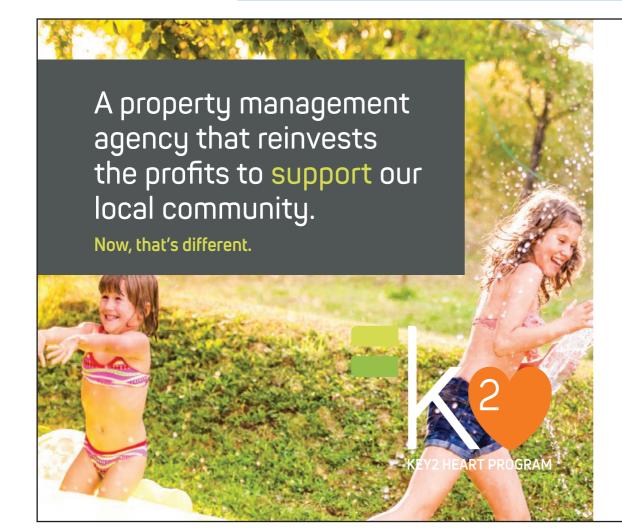
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Other Regional News - In brief

news specifically relating to post code areas 2256 and **2257.** Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

each of our sister Central Coast Copies publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

Peninsula News focuses on in the most recent edition of on www.centralcoastnews.net of publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

YOUR INDEPENDENT COMMUNITY NEWSPAPER

Gosford CBD developments update

Just a year ago the Gosford skyline was Regional centre.

Controversial Terrigal boardwalk approved with conditions

After months of discussion and community Central Coast Mayor, Jane Smith, put The NSW Budget, handed down on June at Terrigal, with several conditions.

Coastal Open Space System champions sought

System (COSS) Champion.

Regional Development Australia calls for collaborative approach

Development full of the sight of cranes at work on a Central Coast (RDACC), has welcomed has called for more public transparency variety of major projects which were announcements in the recent State Budget around planning for a Cultural Precinct in to kickstart the rejuvenation of the city regarding infrastructure funding across the heart of Gosford, and fears costs for the Coast, but say that we need to start the project could soar to well over \$200m. working as a region to attract critical,

All levels of government meet to discuss roads and shared pathways

input, Central Coast Council has finally Coast MPs in the hotseat regarding 18, has been met with a mixed reaction on voted to match State government election promises made prior to recent the Coast, with Member for Terrigal, Adam funding of \$2,938,600 and proceed with State and Federal elections, when she Crouch, welcoming a \$802m surplus and construction of a controversial boardwalk hosted the first in a series of forums on Labor MPs, Liesl Tesch (Gosford) and June 21.

Special unit to be established to deal Waste Management Strategy reaches with violent detainees

Central Coast Mayor, Jane Smith, is A special unit for small numbers of high- Central Coast Council is encouraging centre on June 9.

Cultural Precinct costs could soar to well over \$200m

Australia, Central Coast Councillor, Greg Best

No major announcements beyond election commitments in NSW budget

David Mehan (the Entrance), saying it is

public consultation stage

calling on residents to join Council in risk detainees is to be set up at Frank those interested in shaping the future protecting the Coast's natural environment Baxter Juvenile Justice Centre at Kariong of waste and resource recovery across by becoming a Coastal Open Space in the wake of a violent outbreak at the the region to register for a community workshon

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au

Issue 168

Your independent community newspaper - Ph: 4325 7369

Wallarah 2 Coal Project approval welcomed by mining union

The NSW Government's approval of mining Public art depicting the history and future One of the biggest industries on the that will boost regional jobs and business opportunities, according to Australia's main trade union for the mining industry.

Funds promised for roads at election unfairly skewed away from Dobell

funding promised to the electorate.

New ING call centre proposed for Wyong

leases to allow the Wallarah 2 Coal Project of Wyong is the building design feature of a Central Coast, tourism, brought about to proceed is a "common sense" decision proposed \$11.3 commercial development. \$910m to the region in 2018, but visitor

growth numbers still fall short of the NSW average.

Tourism Opportunity Plan released

Tuggerah Lakes Private Hospital officially opened

Federal Member for Dobell, Emma The newest health care facility on the Swansea MP, Yasmin Catley, will serve McBride, is calling on the Liberal Central Coast, Tuggerah Lakes Private as Deputy Labor Leader which marks Government to make good on roads Hospital Kanwal has created more than the first time since the 1960s a regional in facilities and equipment.

Yasmin Catley appointed Deputy Labor Leader

100 jobs so far and an investment of \$31m representative has served in the leadership team of the NSW Labor Party.

permanent northbound lanes

northbound approaching the service centre as work continues on the M1 upgrade between Tuggerah and Doyalson.

M1 motorists to move onto newly built The Entrance Waterfront Boardwalk is 57 percent of clients at The Glen had now the Tony Sheridan Walkway

Motorists are advised of changed traffic The Entrance Waterfront Boardwalk has Board members of Chittaway based conditions on the M1 Pacific Motorway been renamed in honour of Tony Sheridan, men's rehabilitation centre. The Glen

amphetamine addiction

have reflected on the last 12 months of operations during their latest strategic planning meeting.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

-orum

Need to remove dead tree

As long-term residents of Woy Woy, we recently sent emails to FACS and Spotless, who are the managers of community housing on the Central Coast.

The emails were regarding a dead tree on an affordable housing complex next to our property.

The offices of Lucy Wicks and Leisl Tesch were both sent copies, given they are the Federal and State Members respectively.

The dead tree is sizable and moves around disturbingly in blustery conditions.

The concern is that it will likely fall across the fence, crashing through our pergola, and possibly injuring people or worse.

When discussing any progress on the removal of the dead tree with FACS, it was clear that the

Forum

work had not been approved and it seemed nothing would be done.

My family offered help and support in removing the tree, as a means of resolving this issue.

The housing estate in question has a high elderly and disabled tenant demographic increases the need for action here.

The office of Liesl Tesch contacted the local affordable housing offices for a report on where the work was at and provided us with feedback that it has been approved to begin work

My family are grateful for the effort shown by Liesl Tesch's office.

> Email, 3 Jul 2019 Mike Harris, Woy Woy

NON EXECUTIVE DIRECTOR

Peninsula Village Ltd is a leading provider of retirement living and residential care services based in Umina on the Central Coast of NSW, with a reputation for providing high quality services. Peninsula Village is embarking on a Board renewal process to prepare the organisation for its innovative and exciting future.

We are seeking individuals with:

Knowledge of Directors' responsibilities - a general understanding of the governance and strategic role of a Board as well as individual Directors' legal, ethical, fiduciary and financially responsible, broad understanding of regulatory compliance issues;

Strategic Expertise - demonstrated ability to contribute to effective decision making by the Board through constructive analysis, problem solving and questioning at a strategic level;

Financial literacy - the ability to read and comprehend accounts and other financial material presented to the Board;

Risk Management - understanding of and the ability to analyse, assess and manage material, strategic and organisational risks;

Personal qualities- should align with Peninsula Villages' Core Values of Integrity, Community, Compassion, Accountability, Respect and Excellence;

Sector knowledge - it is not necessary for Directors to have direct personal or professional connection with Retirement Living and Aged Care. However, a broad understanding of Aged Care and its impact on individuals, families and carers would be an advantage; and

Previous board experience- highly desirable.

Peninsula Village has a well-established Governance structure. The existing Board is well-established, forward-thinking, providing strategic leadership to facilitate the future success, growth and competitiveness of the organisation. New Board members should have experience in at least one of the following areas:

- · Accounting / Finance CPA/CA
- Aged Care Sector Transformation
- . Business Transformation and Mergers / Acquisitions
- Strategic Leadership / Governance
- Customer Service
- Strategic Human Resources

As a not-for-profit organisation, Directors of Peninsula Village Ltd receive no financial compensation, except for specific expenses, for their involvement in the Board.

To obtain further information please contact Chris Westacott by email on chris@realiseperformance.com.au

> Applications close 5 pm 5 August. Peninsula Village Ltd 91 Pozieres Avenue, Umina, NSW 2257



Medium density plan will change local character forever

The Peninsula News edition 472 raises Central Coast Council's plan for a one kilometre radius around Woy Woy to be designated medium density residential.

The built form will be a low to medium rise development with a focus on town houses and villa development.

Under the Department of Planning's definition of medium density housing, this could mean dual occupancies, manor houses (buildings of between two to four dwellings) and multi dwellings houses (terraces, town houses and villas).

Under the code, certain types of medium density housing would be classified as "complying development", making it much easier for landowners and developers to gain development approval, but the code will apply only in areas where medium density housing is allowed under planning laws developed by councils.

The NSW Planning department imposed this medium density housing proposal on all councils with a July 1 deadline.

Both Save our Suburbs, a

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or editorial@centralcoastnews.net

See Page 2 for contribution conditions

Sydney based organization, and Chris Johnson, the chief executive of the Urban Taskforce, have come out in opposition to this planning approach, on the basis it will result in widespread change to the character of our suburbs and in our case on the Central Coast, of our towns and villages.

The NSW Government is advocating for a medium density of low-rise but bulky, multi-density housing inserted extensively.

I believe that the proliferation of medium-density, low-rise dwellings will generate more car congestion and will forever change the local character. It may be a one kilometre radius today, but it may be extended further in the future.

Woy Woy is at risk of being transformed by medium density housing, losing its village appeal and tourist attraction.

I am concerned about the potential loss of the distinctive and variable architectural character of our houses and our gardens.

The pause button needs to be pushed on Central Coast rezoning. Sydney is facing a glut of apartments.

According to the Sydney Morning Herald (June 11) about 54,000 apartments built between 2018 and 2019 are about to flood the market and this, combined with low buyer and tenant activity, will lead to an oversupply of units.

It also (June 22-23, 2019) reported that another 140,000 will be built in the next five years.

While Central Coast Council would like to see more working opportunities, providing key services to surrounding communities, the reality is that now and for the foreseeable future, most Woy Woy residents commute to Sydney for employment.

Email, 1 Jul 2019 Suraya Coorey, Woy Woy



National Parks and Wildlife Act 1974

Bouddi National Park Draft Plan of Management on exhibition until 30 September 2019: comments sought

The Bouddi National Park Draft Plan of Management is on exhibition until 30 September 2019.

The plan may be viewed at:

- National Parks and Wildlife Service (NPWS) Girrakool Office (59 Girrakool Road, Somersby)
- NPWS Lake Munmorah Office
 (Blue Wren Drive, Munmorah SCA, Wybung)
- Maitland Bay Visitor Information Centre (The Scenic Road, Killcare Heights)
- Umina Beach Library (Corner West and Bullion Streets, Umina Beach)
- Office of Environment and Heritage (OEH) Customer Centre (Level 14, 59-61 Goulburn Street, Sydney)
- OEH 'Have your say' website at https://engage.environment.nsw.gov.au/consult

Submissions on the plan must be received by 30 September 2019 by:

- $\bullet \ \ email to \ npws.parkplanning@environment.nsw.gov.au; or$
- mail to: Manager Planning Evaluation and Assessment, PO Box 95, Parramatta NSW 2124.; or
- using the online form on the OEH 'Have your say' website.

Your comments on the draft plan may include 'personal information'. See www.environment.nsw.gov.au/help/privacy.htm for information on how we will treat any personal information you provide.

For more information, contact npws.parkplanning@environment.nsw.gov.au.

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How do I remove graffiti from my property?

Free graffiti removal kits are available from all Central Coast libraries and the Gosford and Wyong customer service centres.

Find out more at centralcoast.nsw.gov.au/graffiti





TO PARTICIPATE IN SUBSIDISED DESEXING PROGRAM

Council is looking for local Vets across the Central Coast to help support responsible pet ownership through a subsidised desexing program.

The program aims to reduce the cost of desexing for our community through local Vets accepting a voucher from Council as a partial payment.

The 12 month program commences in July 2019.

We are encouraging Vets who meet our criteria to complete the application form for approval to be included in the program.

Find out more by calling Council on **4350 5377** or email **Sara.Blanchfield@centralcoast.nsw.gov.au**



Climate change policy is a winner

Central Coast Council's draft climate change policy is a winner.

There is no doubt that climate change is happening and the consequences of it are affecting our daily lives here on the Peninsula.

Record temperatures over the most recent summer bears witness this.

To deny climate change is folly in the extreme.

The time for opinion is over. The time to act is almost too late.

Thankfully, Central Coast Council's deliberation of its draft climate change policy on Monday, July 8, after many months of community consultation, ushers in a new phase in how we can work together to tackle the effect of climate change on the Peninsula.

I commend the climate change draft policy as a practical and valid document that will see Council join the vanguard of Australian local councils as they grapple with the reality of climate change and how they can best serve their ratepayers by making practical policy decisions to reduce their carbon emissions as well as sending a clear message that businesses and households can

Forum

LETTERS TO THE EDITOR should be sent to:

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Peninsul a News PO Box 1056, Gosford 2250 or editorial@centralcoastnews.net

See Page 2 for contribution conditions

follow suit.

The development of a climate change action plan, with relevant strategies that outline actions on climate change within the Central Coast community, and development, business and industry sectors, is essential.

Council should take advantage of the opportunities that the reality of a carbon-constrained future presents to us, particularly in the business and industry sectors where local firms will be able to participate in the exponential growth of the renewable energy sector.

Council support for the uptake

of renewable energy, particularly solar panel installations, which are now more affordable than ever, whether on rooftops, in solar farms or solar gardens, will deliver huge savings on electricity prices to its ratepayers, as well as drastically reduce carbon emissions.

This is an eminently sensible policy and will, ultimately, save Peninsula residents money and angst.

I would like to challenge Council to consider an even more ambitious target of achieving net zero emissions by 2030 rather than the modest goal of doing so by 2050.

Already we see communities across Australia, such as Monash University, the City of Sydney and the ACT, whose population is equivalent to that of the Central Coast LGA, aiming for that goal.

By implementing a strong climate change action plan, Council will become a leader in pragmatic and productive climate change policy that will shine as an example to other local councils.

The adage "Act local, think global" most certainly applies to the Peninsula.

Email, 1 Jul 2019 Gregory John Olsen, Empire Bay

Full recovery expected after surfing accident

I had an accident while surfing at Ettalong Beach on the afternoon of May 21 and I would like to thank the kind people who came to my aid.

Darren and Erin (if my memory is correct) helped me from the surf and insisted I lie down and not move.

This proved to be vital as I had no idea how badly I had been injured.

I had fractured three vertebrates and two ribs.

Darren told me he had done a first aid course recently and this

Forum

proved critical for my recovery.

Others, including John, who located my wife and the people who supplied towels to keep me warm were all very much appreciated.

To the ambulance crew and the firefighters who carried me from the beach, I also say thanks.

It appears I should make a full recovery due to the effort of those who came to my assistance.

Many sincere thanks to you all.

Email, 1 Jul 2019 Michael Kemmis, Glenorie

Developers have won hands down

Reading about development on the Peninsula exceeding many guidelines, it seems the developers have won hands down.

In my day, many developments met the guidelines and community approval, though some of

Forum

the delegated staff approved developments were abnormal, particularly at the poorer end of the scale.

Letter, 24 June 2019 Keith Whitfield, Woy Woy





Pets can't add. But they multiply.

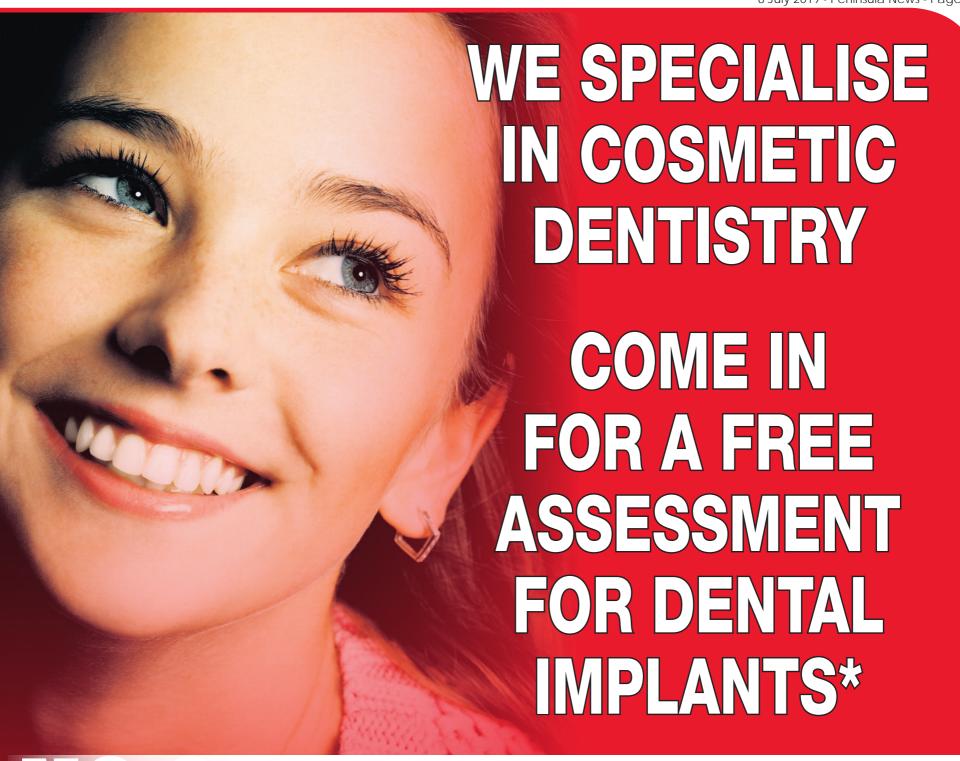
July is National Desexing Month

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6:20 Cycling: Tour De France Daily 2:00 Entertainment Tonight [s] 2:30 Neighbours (PG) 7:30 Wörldwatch 3:00 Judge Judy (PG) 12:00 Cycling: Tour De France: Stage 5 *Replay* 3:30 My Market Kitchen 2:00 Over The Black Dot 4:00 Everyday Gourmet With 3:00 NAIDOC Awards Justine Schofield [s] 4:30 The Bold And The Beautiful 5:00 Grand Tours Of Scotland's 5:30 Cycling: Tour De France Daily 5:00 10 News First [s 6:00 Celebrity Name Game (PG) [s 6:30 The Project (PG) [s] 6:30 SBS World News 7:30 Masterchef Australia (PG) [s] 7:30 The Great House Revival 9:30 Law And Order: SVU: 8:30 The Handmaid's Tale: Unfit (MA15+) Criminal Pathology (M) [s] 10:30 Blue Bloods: 9:30 Cycling: Tour De France: 11:30 WIN's All Australian News [s] 2:00 Outlander (M n,v) 2:30 The Project (PG) [s] 4:05 Great British Railway 1:30 The Laté Shòw With Stephen Journeys: Ashley To Altor Colbert (PG) [s] 4:50 Destinátion Flavour China 2:30 Home Shopping **Bitesize** 4:30 CBS - This Morning 6:00 Headline News 5:00 CGTN English News 8:30 Studio 10 (PG) [9 5:15 NHK World English News 12:00 Dr Phil (PG) 5:30 Worldwatch 6:20 Cycling: Tour De France Daily 1:00 The Living Room 2:00 Entertainment Tonight [s] Highlights 7:30 Worldwatch 2:30 Neighbours (PG) 3:00 Judge Judy (PG) 12:00 Cycling: Tour De France: Stage 6 *Replay* 3:30 My Market Kitchen 2:00 The Point 4:00 Everyday Gourmet With Justine Schofield [s] 3:00 NITV News: Nula 4:30 The Bold And The Beautiful 3:30 NAIDOC Small Business 4:00 Living Black Conversations 4:30 NAIDOC Award Winner 5:00 10 News First [s] 6:00 Celebrity Name Game (PG) [s] **6:30 The Project** (PG) [s] 5:00 Grand Tours Of Scotland's 7:30 The Living Room 8:30 The Graham Norton Lochs Show (M) [s 5:30 Cycling: Tour De France Daily 9:30 Have You Been Paying Attention? (M) 6:30 SBS World News 0:30 Kinne Tonight (PG) [s 7:30 Walt Disney (PG) 9:30 Cycling: Tour De France: Stage 7 *Live* 1:00 WIN's All Australian News [s] 12:00 The Project (PG) [s]
1:00 The Late Show With Stephen 1:30 The Feed: NAIDOC Colbert (PG) [s] **2:30 Magnifica 70** (M l,n,s) 2:00 Home Shopping (In Portuguese) 8:30 48 Hour Destination: Bangkok 5:00 CGTN English News 9:00 Good Chef Bad Chef [s] 9:30 Studio 10: Saturday (PG) [s] 5:15 NHK World English News 5:30 Worldwatch 6:20 Cycling: Tour De France Daily 12:00 My Market Kitchen 12:30 Everyday Gourmet [s] 1:00 The Renovation King [s] Highlights 7:30 Worldwatch -1:30 The Home Team is 1:00 PBS Newshour 2:00 Healthy Homes Australia [s] 2:00 Speedweek 2:30 The Cook's Pantry [3:00 Cycling: Tour De France: 3:00 Foodie Adventures Stage 7 *Replay 5:00 Superbikes: World 3:30 What's Up Down Under [s] 4:00 The Living Room [s] Championship United Kingdon 5:30 Cycling: Tour De France Daily **5:00 10 News First** [s] 6:00 Luxury Escapes [6:30 Jamie's 15 Minute Meals [s] 6:30 SBS World News 7:35 Inside Windsor Castle: Love **7:00 Bondi Rescue** (PG) [si 7:30 Bad Blood / New Blood: And War: 1936-1953 (PG) **8:30 Cycling:** Tour De France: Toppling Turnball / Morrison's Miracle (PG) 9:30 Ambulance UK (PG) [s] 1:45 Movie: "Tudawali" (M I,s,v) ('87 Stars: Ernie Ding (NAIDOC) 0:45 999: What's Your Emergency 3:20 Ride Upon The Storm (M I,s,v) He's Certainly Not Here To Loo At The Railway Museum (M) [s] 1:30 Todd Sampson's Body Hack 4:25 Great British Railway **Journeys:** Newhaven To 1:30 Home Shopping Worthing 6:00 Religious Programs 5:00 CGTN English News 5:15 NHK World English News 7:30 Fishing Austrălia [s 5:30 Worldwatch **8:00 The Living Room** (PG) [s] 6:20 Cycling: Tour De France Daily 9:00 Australia By Design [s 9:30 Studio 10: Sunday (PG) [s 7:30 Worldwatch **12:00 Photo Number 6:** 1celand (PG) 1:00 Good Chef Bad Chef [s] 1:00 Speedweek can take another step towards a top four finish with a win over 3:00 Rugby League: Tigers v Parramatta Eels *Live* From 1:30 Everyday Gourmet [s] 3:00 Cycling: Tour De France: Stage 8 *Replay* 2:00 Masterchef Australia (PG) [s] 1:30 Gardening Australia [s] Sydney Stadium, Parramatta [4:00 RPM [s] 5:00 The Bowls Shów the Tigers 6:00 NBN News - Sunday [s] 5:00 10 News First [s 2:30 The Divorce (PG) [s 2:30 Program To Be Advised 6:00 Cycling: Tour De France Daily 3:00 Don't Stop The Music [s] 4:00 Better Homes And Gardens is 7:00 Australian Ninja 6:00 Bondi Rescue (PG) [s 6:30 The Sunday Project (PG) [s] 7:30 Masterchef Australia (PG) [s] 6:30 SBS World News 4:00 The Mix [s 5:00 Seven News At 5 [s] Warrior (PG) [s 7:30 Chasing The Moon: A Place Beyond The Sky (PG) 4:30 Everyone's A Critic [s] 5:30 Sydney Weekender [s] 8:45 60 Minutes (PG) [s] 5:00 Back Roads: Burketown, QLD 6:00 7Primé News [s 9:45 Suburban Gangsters: Ray Each contestant has an 5:30 Anh's Brush With Fame (PG) ingredient chosen for them by a loved one, with the note 10:20 Cycling: Tour De France: Stage 9 *Live* – SBS's Michael 7:00 House Rules (PG) [s] Denning And Jockey Smith: The 6:00 The Repair Shop [s] 6:30 Compass: The Eyes Have It [s] Fugitives (MA15+) [s] 8:30 Sunday Night (PG) [s] 9:45 Manhunt: Predator Couples 10:45 Cops UK: Body Cam Squad (M v,I) [s] 11:45 Netball: Australia v Sri Lanka explaining their choice. Later, Tomalaris will lead the coverage 7:00 ABC News Sunday [s]
7:40 The Planets: The Two Sisters (MA15+) [s] **10:45 Tennis:** Wimbledon 2019: the judges select an ingredient team in France, while Matthew for each contestant to cook with Keenan and Robbie McEwen *Live* From Liverpool, England 9:10 FBI: Appearances (M) [s] 10:05 FBI: This Land Is Your Land (M) Earth And Mars [s] Gentlemen's Final *Live* [s] will be at the helm of SBS's 8:40 Harrow (M v) [s] 9:35 The Scribe (PG) [s] 1:30 Getaway (PG) [s] Live coverage of the oldest and commentary. 2:00 Home Shopping 2:30 Skippy The Bush Kangaroo [s 3:00 Home Shopping 4:00 The Baron (PG) [s] 11:00 NCIS: Sight Unseen (M v) [s] 12:00 The Sunday Project (PG) [s] 1:50 Spiral (M l,n,s) (In French) most prestigious tennis 10:35 Shetland (M v) [s] 11:35 Tanna (M v) [s] 1:15 rage (MA15+) [s] 3:50 Great British Railway tournament in the world, the 1:00 Home Shopping 4:30 CBS - This Morning Journeys (PG)
4:50 Destination Flavour Bitesize Championships, Wimbledon. 4:00 Home Shopping Also see: Also see: Also see: Also see: Also see: ABC COMEDY (Channel 22) **GEM (Channel 82)** 10 PEACH (Channel 11) SBS VICELAND (Channel 31/32) 7TWO (Channel 62) ABCME (Channel 23) 7MATE (Channel 63) GO! (Channel 83/88) 10 BOLD (Channel 12) SBS FOOD (Channel 33)

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5:15 NHK World English News

5:00 CGTN English News

SBS NITV (Channel 34)

5:30 Worldwatch

SBS (C30)

LIFE (Channel 84)

ABCNEWS (Channel 24)

7FLIX (Channel 66)

7FOOD (Channel 74)

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Health

Umina resident shaves her head

A Umina resident shaved her head on July 6 to raise funds for charity.

Ms Carolyn Glover shaved her head to raise funds for the Leukaemia Foundation through the World's Greatest Shave fundraiser.

Ms Glover said she was inspired to shave her head after losing two friends to cancer-related illness in the past 12 months.

"Shaving to raise money to help fight blood cancer is something that I've wanted to do for a long time.

"It will be a challenge over winter, but if it helps to raise awareness and money it will all be worth it

"It is a small challenge compared to living with blood cancer," Ms Glover said.

Ms Glover welcomed the public to her yoga studio to watch and donate as her head was shaved.

Media release, 24 Jun 2019 Carolyn Glover, Umina Beach Yoga Studio





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Defibrillators installed in supermarkets

Automated external defibrillators have been recently been installed in supermarkets on the Peninsula.

This devices are designed to be usable by anyone in the sudden event of a cardiac arrest, with the device providing voice instructions about its use.

Woolworths Woy Woy and Umina group manager Mr Martin Allison said: "We are pleased to have a defibrillator installed in our store which everyone can have access to.

"You never know when a sudden cardiac arrest might strike and in the unfortunate event that it does, having the local community able to access this treatment, could help to save lives."

Mr Allision quoted Professor Jamie Vandenberg from the Victor Chang Cardiac Research Institute as saying: "Sudden cardiac arrests are usually fatal if action isn't taken immediately.

"It's critical all Australians are equipped with the skills to act quickly in these circumstances; the first three to five minutes holds the key to survival.

"Access to a defibrillator can mean the difference between saving or losing a life

"A defibrillator delivers a therapeutic dose of electrical currents to the heart, giving a person their best chance of survival.

"Unfortunately, there are often no warning signs for

a cardiac arrest, and it can happen to young people as well as older people regardless of gender."

Mr Allison said Woolworths Woy Woy and Umina had both received

defibrillators as part of a regional rollout of the devices across all Woolworths locations.

SOURCE: Media release, 2 Jul 2019 Justine McGill, PPR

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Farm welcomes twin lambs

Brisbane Water Secondary College's farm has welcomed new twin lambs in late May.

The twins are being handled by Year 7 agriculture students who have been enjoying bottle feeding the pair.

appointed Newly principal Ms Kerrie O'Heir said the lambs were healthy and growing

She said their popularity was to be expected.

"You can never have enough cute lamb feeding photos," she said

> SOURCE: Social media, 25 Jun 2019 Kerrie O'Heir, BWSC Umina



Crossing supervisor leaves after 18 years

Umina Beach Public School has farewelled its long-time crossing supervisor Ms Sue

Ms Hickey has been supervising the school crossing on Hobart Ave for the past 18 years but donned her vest for the last time on July 5.

Principal Ms Lyn Davis said Ms Hickey had been a much loved member of the school community and would be missed.

"Sue has ensured that our students and their parents have been safe while using the crossing rain, hail or shine.

"She always has a smile on her face and a warm word for people as they cross safely to and from our school," Ms Davis said.

SOURCE: Newsletter, 2 Jul 2019 Lyn Davis, Umina Beach **Public School**

Kindergarten students shown college farm

Agriculture students from Brisbane Water Secondary College Umina campus have welcomed kindergarten students from the Coast Christian School for a tour of

Newly-appointed campus principal Ms Kerrie O'Heir said the students were excellent guides and teachers to the visitors on June 27.

"Students Gabby Balsys, Blake Wild, Calum Lehman-Grant,

Ashleigh Causer, Cameron Pollack, Caitlin Fairbrother and Seth Page were hands on, teaching the kids all about the animals and showing them around."

> SOURCE: Social media, 27 Jun 2019

Knocked out of knockout competition

Umina Beach Public School's Girls and Boys Basketball teams have been knocked out of the PSSA Basketball **Knockout Competition.**

"Both teams went to Gosford City Sports Stadium in Terrigal to play in Rounds 1 to 4 of the competition on June 27," said

musicians.

"The teams played against schools from all over the Central Coast and played with great sportsmanship and teamwork.

"Unfortunately, they unsuccessful in moving on to

> SOURCE: Newsletter, 2 Jul 2019 Lyn Davis, Umina Beach

the College farm. Kerrie O'Heir, BWSC Umina principal Ms Lyn Davis. **Public School** Winter Blues Festival at Diggers @ The Entrance

Diggers @ The Entrance is proud to be a major part of the annual Winter Jazz and Blues Festival held at The Entrance on the weekend of July 12 to 14. The following high quality line-up of over 34 Blues artists has been booked to provide twelve hours of outstanding free blues entertainment for all to enjoy.

Friday, July 12



Blues Angels 7.30pm - 8.30pm

10pm - 11pm

Saturday, July 13 7.30pm - 8.30pm

Guitars and gobirons, mandos and banjos, swinging saxophone and creampuff clarinet, the Beatles bass and a thimbleful of washboard waling, spoons, kalimba and the iunkvard drumkit: it's trad east coast blues the way we don't often hear it. Pre-WW1 songcatchers matched with post-WW2 blues-bashers and

Born in 2010 BluesAngels the Central Coast's premier folk blues band has played fests from Goulburn blues to Dorrigo bluegrass, St Albans folk to The Entrance jazz, and many, many more

modern times' funkin' rootsabilly.



Mark 'N the Blues

8.45pm - 9.45pm Let Mark's passion for the blues take you on a journey to the deep south, where the Delta blues was born, and then through the ages and styles from past to present.

In his show, Mark incorporates instruments such as the resonator guitar with slide, cigar box guitar, and stomp box to keep the beat.

He uses a unique picking style he learnt from Brother John from the Blues Preachers.

Mark will be joined by, Eric K. Betts, on blues harp and vocals to create a versatile and dynamic sound, and, David Rowlands, on washboard to create a trio.

Eric and David have both had iderable experience with many blues bands and are masters of their

Saturday July 13



Blast From the Past Blues Band 2.30 pm - 3.30 pm

from the Past is a band made up of professional jazz and blues musicians that play in other bands. They get together occasionally to play some jazz and blues such as is the case for this year's Jazz and Blues Festival at the Diggers Club, The

The members of this great quintet are: lan Mason on guitar; Helena Brunner

OAM, lead vocals; Alfredo Zotti on piano and Hammond; Alan Nash on Drums; and, lan Hyden on bass



Traditional Graffiti 3.45pm - 4.45pm

'Traditional Graffiti' is the roots music experience that evolved out of Australia's ever-popular gang of English ex-pats, the Wheeze & Suck

lan 'The Pump' Macintosh (Melodeon, guitar, Harp), John 'Red Tips' Milce (Percussion, jokes) and Nigel 'Muddy' Waters (Mandolin, Cello Mandolin, Harp & Guitar), continue their unique adings of traditional, cerer and contemporary roots material.

After re-emerging in 2018 following the end of the Wheeze & Suck Band's successful 7 albums and 22 years of activity, Traditional Graffiti has appeared at many festivals and clubs around NSW, and released a new album, 'Traditional Graffiti 1', in May, 2019.



Jack Derwin Trio

On slide, resonator, unique vocals and

rack harp, add some progressions over amplified finger style and stomp box, you have Jack Derwin performing an eclectic blend of blues covers and originals.

He gives an audience the best in nu kool blues & roots with a dynamic

His recent album, 'Umina Blue', charted at no 8 on the Australian blues and roots charts.

With a slew of festivals right around Australia, NZ and Asia scattered behind him, 3 chain award nominations for best album, song and male vocalist, songs on global collections and Qantas playlists Jack's eclectic song list, pitches somewhere between non-purist old school blues, outback sunsets and urban lights and themes.

Jack brings his performance to the festival with two brilliant musicians, Warren Ambrose on 5 string bass guitar, and local resident, Mick Huxley on drums and percussion.



Two Buck Blues Band

6.15pm - 7.15pm The Two Buck Band mostly plays what some people describe as cool blues, an eclectic style that moves between jazz, county, zydeco and rockabilly, but with a story.

Frequently this "story" takes them unexpected places, both musically and narratively, which is part of the reason people follow them, and why they play together.

MC and vocalist, Paul Wilson, is mostly known around the Coast for running the Big Blues Jams that attract large numbers of outstanding

Paul is joined by Andrew Webster, a noted jazz guitarist, Warren Henry, a well known author with a drumming pedigree, and multi-instrumentalist Walter de Jong, who has the uncanny ability to provide a perfect harmony in any song, any genre, at the same time as he plays Hammond organ

And it's all anchored by, Mick Field, who's played bass for an extensive list of Melbourne blues bands.

Blues Angels

Saturday, July 13 7.30pm - 8.30pm



The Squeezers

8.45pm - 9.45pm Squeezers' music is best described as "swingin' rhythm and

blues, with a touch of soul" Several years ago, the Squeezers started performing in addition to the Lemon Squeezin' Daddies, with a similar but different repertoire, occasionally a bit bluesier and always a bit more relaxed, but with the same

focus on fun and entertainment. The core of the Squeezers repertoire

is "swing blues". Think of this as being at the crossroad where blues meets jazz and rock n

Because the music blends all these elements, it has a broad and immediate appeal to just about everyone.

Although every Squeezers' performance is a show in itself, the band is ideal with a crowd that likes to get up and dance



Blues Wranglers

10pm - 11pm

After jamming together at the Central Coast Blues Society in 2015, Les(Birdman)Blundell (harmonica) and Trent Taylor (guitar & vox) formed

In 2016, they were joined by, Dan Batton guitar) and, Belinda Taylor (keys), followed by bass and drums, and began playing numerous venues across the Central Coast.

In 2018, a lineup change brought in, Wayne Lawler(bass) and Al Smith (drums).

With a diverse range of Blues tunes from the classics to the early Blues tracks of ZZ Top and Fleetwood Mac, with moody melodies to foot stomping rhythm and more, you are sure to get your Blues fix.

Former student designs indigenous rugby jersey

Former Brisbane Water Secondary College student Mr Dylan Barnes has had his design featured on the **NSW** Waratahs inaugural indigenous rugby jersey.

Mr Barnes, from Empire Bay, is a self-taught Wiradjuri artist.

His design was chosen after a recommendation to NSW Rugby by the Australian Indigenous Mentoring Experience.

Mr Barne's design was worn by the Waratahs during their Super Rugby clash earlier this year.

Waratah's player Kurtley Beale praised Mr Barnes' design and said the jerseys provided some welcome visibility to the indigenous communities of NSW.

"I've always had a passion to be able to push forward my culture and raise awareness at such a platform," Kurtley Beale said.

"For the Waratahs to be able to recognise and acknowledge our culture is extremely powerful and hopefully we can continue this."

He said the design had "15 of these small circles that resemble the players on the field and the lines in between, linking them all together as one to tie in with Reconciliation Week which is a big part of our history.



Foundation.

SOURCE: Newsletter, 2 Jul 2019 Rebecca Cooper, BWSC Woy Woy Website, 2 Jul 2019 Roger Davis, NSW Waratahs

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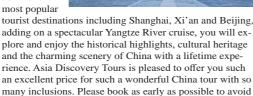
special week and take us in the

auctioned by the Waratahs to

raise funds for the Richard Tombs

The jerseys have since been

direction we all want to go."



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Discount applies to ADT club members. Please join now (Conditions apply). *Conditions apply to all our special offers. All prices include airfare, airport tax, fuel surcharge (subject to change), transfer & transport, most meals, 4 or 5 star hotels, 5 star cruise ship for China Yangtze, sightseeing with admission and English-speaking guide.

Free Call 1300 789 252

Out&About



Blues Across the Bay plans progress well

Planning for the 18th Patonga Blues Across the Bay music festival is progressing well, according to organisers.

The festival will start on November 2 and the artist line-up will include Russell Morris, Steve Weston and Minnie Marks.

The festival is organised by Patonga Blues Committee, a sub-committee of the Patonga Sport and Community Club.

The club coordinates several events around the Patonga area with Blues Across the Bay being one of their most enduring successes.

Patonga Blues committee member Mr Ray Laboyrie said the annual event was accessible only by water, with most patrons travelling by ferry.

It drew boat-owning blues lovers, who took advantage of the boat-friendly Patonga village to enjoy a day of jazz, roots and blues music, he said.

Prospective festival goers were encouraged to check the festival's website for information about travelling to and from the event, including boat access and anchoring locations.

Speaking about the performers, Mr Laboyrie said: "Fifty years ago, Russell Morris became the first Australian artist to score consecutive number one singles with his first two releases, The Real Thing, which is one of the classic psychedelic singles of the 60s, and

Part Three into Paper Walls.

"Both reached the top spot on the ARIA Chart, and what followed was one of the most prolific careers in contemporary Australian music," Mr Laboyrie said.

Mr Laboyrie said Steve "West" Weston had a solid claim to being London's top harmonica man.

"His tone is extraordinary, as is his taste and style, and within his chosen field, old style Chicago-West Coast harp playing.

"His work on the harp is at once deep in the tradition of harmonica masters Sonny Boy Williamson II and Little Walter, while at the same time pushing that tradition forward." Joining Weston as his touring band is Tomcat Playground.

Mr Laboyrie said Minnie Marks rounded out the line-up.

"Minnie is not just some blazingly electrified acoustic guitar playing freak of nature, but also a rare triple threat," he said.

"As a singer-songwriter and multi-instrumentalist, her set will take you on a dizzying, riff rock rollercoaster ride with songs written over the past years of her musical journey around the world."

Mr Laboyrie said tickets were available and were expected to sell out fast.

SOURCE: Media release, 27 Jun 2019 Ray Laboyrie, Patonga Blues





Out&About



Queen Porter Stomp

Free family-friendly jazz festival for Ettalong

A free, family friendly jazz festival will take place in Ettalong Jazz Festival from 11am on July 20.

It will be held at The Galleria at Ettalong and will feature 12 different acts.

Festival artistic director Ms Zoe Hauptmann said the festival's diverse line-up will bring together some of the best musicians in Australia and includes: The Red Hands, Queen Porter Stomp, I Vanish, Gerard Masters Aussie Jazz, The Fabulous Botting Flower, Jo Fabro's Home Cookin', Brianna

Cowlishaw and Gavin Ahearn, The Hauptmann Trio, Rodric White, Dorian Mode Trio, Donne Restom Trio and the Andrew Wilke Duo.

The festival is being coordinated by Ms Emily Batts from event planning company Empty Suitcase Events.

"Under the advice of Zoe Hauptmann, we are bringing a full line up of world class music to Ettalong for the first ever Ettalong Jazz Festival," Ms Batts said.

"We are very excited to showcase some fantastic Australian talent whilst putting on a family friendly event inside the iconic Mediterranean inspired walls of The Galleria.

"Within the quirky venue we are utilising balconies, courtyards and stages where you can sit and enjoy a drink or a meal as the festival unfolds," she said.

The festival will run until 5:30pm and will also feature a variety of guest wineries and food vendors, as well as a pop up bar from local brewery, Six String Brewery Company.

SOURCE: Media release, 3 Jul 2019 Emily Batts, Empty Suitcase Events

Weaving workshop

The Pearl Beach Art and Craft Group, together with the Aboriginal History Group, will hold a weaving workshop on July 16.

The workshop is a continuation of a popular workshop held last year featuring instruction from the Mingaletta Sisters.

The workshop will be held from 1:30pm at the Pearl Beach Memorial Hall.

Places are limited so bookings are essential.

SOURCE: Media release, 3 Jul 2019 Bev Lapacek, Pearl Beach Art and Craft Group



See our totally different range of shoes, clothing, hats and handbags



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Free alterations on full
price garments

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Shop 1A/189 Ocean View Rd Ettalong Beach
Ph: 0438 715 532

10am-4pm Wed-Fri
9am-4pm Sat-Sun





Melbourne Avenue - Umina Beach, New South Wales www.clubumina.com.au - 4343 9999



A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

MONDAY, JUL 8

Calling all Learner Drivers -Learn how to Service your Car with Hyundai, Booth's Hyundai -Tuggerah, 6pm - 7:30pm

TUESDAY, JUL 9

Elton John & Time Rice's Aida: A Timeless Love Story, Laycock Street Theatre, Ticketed, 09/07 - 13/07, 2pm & 7:30pm Sessions

THURSDAY, JUL 11



Robot Song, The Art House Wyong, Ticketed, 10am & 1pm, 4335 1485

www.thearthousewyong com.au

Aged Care - A New Alternative. Mingara events centre, Booking's required, \$100 mingara food voucher for all attendees 0416 258 041 www.bit.ly/agedcareinfo

FRIDAY, JUL 12

Winter Blues Festival, **Diggers at The** Entrance, Free, 12/07 - 14/07, Multiple acts and sessions

The Gosford Branch of Children's Medical Research Institute -Coffee Morning, The East Gosford Progress

Hall, Ticketed, 10am

Cinema under the Stars -How to train your Dragon 3, **Everglades Country Club** Woy Woy, Free event, 6:15pm

SATURDAY, JUL 13



Ettalong diggers, Ticketed, 8:30pm 4343 0111

www.ettalongdiggers.com

Christmas in July! Dinner & Show, Club Umina, Ticketed, 6:30pm 4343 9999

Come Celebrate Bastille Day with the Alliance Française Conversation Group,

Erina League Club, First attendance is free, 10am - 12pm

Central Coast Speech and Drama Eisteddfod, Gosford Uniting Church, 13 & 14/07, Registrations now open

Central Coast Mariners vs. Sutherland Sharks FC, **Pluim Park Lisarow,** Free entry, 10:30am

Luna & Co Resin Workshop, Alberts Line, Ticketed, 1pm - 3pm

Children's Mask Making Workshop, Wallarah Peace Park, Ticketed, 9am - 12pm

SUNDAY, JUL 14



Justice Crew, The Ettalong Diggers, Ticketed, 7:45pm 4343 0111

www.ettalongdiggers.com

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

Sydney Roosters v Nth QLD Cowboys, Central Coast Stadium, Ticketed, 2pm

MONDAY, JUL 15



West Ham United Player ID Camp 2019, James Browne Oval. 15 & 16/07, 10am -2pm, 0434 413 140

Register at www.georgecowiefootball.com

WEDNESDAY, JUL 17

Frank Ifield - Encore, The Art House Wyong, Ticketed, 1pm

THURSDAY, JUL 18

Possum Magic: Tour and Storytime School Holiday Program, Lavcock Street Theatre. Free - Booking's required, 10am

The Scouts and Guides: Central Coast Gang Show. Laycock Street Theatre Auditorium, Ticketed, 18/07 - 20/07, Multiple Sessions

FRIDAY, JUL 19

Shaun Kirk, The Rhythm Hut, Ticketed, 6:30pm

The Bays Art Show -Opening Night Cocktail Function, 19 Woy Woy Bay Rd, 7:30pm - 10:30pm

Children's Medical Research Institute -Book Stall, William Street Plaza, Gosford, 8:30am - 3pm

SATURDAY, JUL 20



Buddy Holly & The Beatles Tribute Show. The Ettalong Diggers, Ticketed, 8pm 4343 0111

www.ettalongdiggers.com

The Bays Art Show, The Bays Community Hall Woy Woy, 20 & 21/07, 10am - 4pm

The Ettalong Jazz Festival, The Galleria - Ettalong Beach, Free entry, 11am - 5:30pm

SUNDAY, JUL 21



Camille and Co - A Carnival of Song St Patricks Catholic Church Gosford, Ticketed, 2:30pm

JazzLeague: Paul's Pizza Jazz - 5 piece led by Paul Furniss, Central Coast Leagues

Umina Beach Markets, Peninsula Recreational

Precinct, 9am - 2pm

Club, 2pm - 5pm

NXTGEN - Dimensions, The Art House Wyong, Ticketed, 6:30pm

THURSDAY, JUL 25

Council Pop Up, Wyong Village Central, 10am - 12pm yourvoiceourcoast.com



Roald Dahl's The Twits, The Art House Theatre, Ticketed, 25/07 - 27/07, **Multiple Screening's** 4335 1485

> www.thearthousewyong. com.au

FRIDAY, JUL 26

Strictly Ballroom The Musical, Laycock Street Community Theatre, Ticketed, 26/07 - 10/08

Metro Fest - All Ages Live Band Night, The Youth Art Warehouse, Ticketed, 6pm - 10pm

Christmas in July, The Makers Studio, Ticketed, 6 - 8pm

SATURDAY, JUL 27

Troubadour Folk Club -Witches Leap (Aust) Celtic Music, St. Lukes Hall, Ticketed, 7pm

Central Coast Asthma & Respiratory Management, Erina Leagues Club, Free, 9am - 4:30pm

Christmas in July Race Day, The Entertainment Grounds, Ticketed, 11am - 5:30pm

Glenworth Valley's Horses Birthday Festival, Glenworth Valley, Ticketed, 27/07 & 28/07, 9:30am

SUNDAY, JUL 28

Search For Land Seminar, Tuggerah Community Hall, Ticketed, 10am - 3:30pm

JazzLeague: Mike Hallam's Hot Six, Central Coast Leagues Club, Free, 2pm - 5pm

FRIDAY, AUG 2

Kiki Dee with Carmelo Luggeri, The Art House Wyong, Ticketed, 8pm

Night Fever - A Tribute



Gutsy Girls Adventure Film Tour 2019. Avoca Beach Picture Theatre, Ticketed, 7pm

Rugby League The Musical, The Art House Wyong, Ticketed, 8:30pm

Tuggerah Lakes U3A presents a Talk on 'Switzerland - Its Neutrality & role in WW2' The Entrance/Long Jetty RSL Hall, 10am - 12pm

SATURDAY, AUG 3

Free Chemical Cleanout Drop Off, **Charmhaven Council** Depot, 03 & 04//08, 9am 3:30pm www.cleanout.com.au

Carnevale 2019 Exhibition, The Art House Wyong, 03 - 29/08

SUNDAY, AUG 4

Fun! Fun! Fun! Concert, Toukley Presbyterian Church, Donation entry, 2pm

The Food and Wine Festival, Mt Penang Gardens and Event Park, Free entry, 11am - 5pm

Jazz Vocalist - Vince Jones, The Ettalong Diggers, Ticketed, 5pm

TUESDAY. AUG 6



Diplomacy, The Art House Wyong, Ticketed, 6/08 - 8pm. 7/08 - 2pm 4335 1485

www.thearthousewyong. com.au

THURSDAY, AUG 8

ThinkingBIG Central Coast Innovation Summit, The Showroom Mingara Recreation Club, Ticketed, 7:30pm

FRIDAY, AUG 9

Shannon Noll - The Singles Tour, The Ettalong Diggers, Ticketed, 8:30pm

SATURDAY, AUG 10



Steve Smillie & Friends, **Robert Knox Hall CC** Conservatorium Gosford, Ticketed, 7:30pm, 4324 7477 www.trybooking.com/BBHNX

Free Chemical Cleanout Drop Off, **Mount Penang Event** Park, 10 & 11/08, 9am - 3:30pm www.cleanout.com.au

2 Day Workshop -Charcoal & ink artwork on plywood. Yarramalong Store & Cafe, Ticketed, 9:30am

SUNDAY, AUG 11

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

Country Music Festival 2019, The Waterfront Plaza and Memorial Park, 10am - 4pm

TUESDAY, AUG 13



Grigoryan Brothers - Past, Present and Future, The Art House Wyong, Ticketed, 8pm 4335 1485

www.thearthousewyong. com.au

WEDNESDAY, AUG 14

Tenori - Timeless, Laycock Street Theatre Auditorium, Ticketed, 11am

Stepping Out - Tap-Dancing Comedy With Two Left Feet, Laycock Street Theatre Auditorium Gosford, Ticketed, 14 - 16/08, 2pm & 8pm

THURSDAY, AUG 15

Hitler's Daughter, The Art House Wyong, Ticketed, 16/08 - 16/08, Multiple Screening's

FRIDAY, AUG 16

Top Dog Film Festival Avoca, Avoca Beach Picture Theatre, Ticketed, 7pm - 9:30pm

Tuggerah Lakes U3A presents a Talk on 'The Call of the Outback -Daisy Bates & Ernestine Hill The Entrance/Long Jetty RSL Hall, 10am - 12pm

SUNDAY, AUG 18



Sydney International Piano Competition Of Australia. **Gosford Anglican** Church, Ticketed, 2:30pm, Masterclass 12pm, 4324 7477 www.trybooking.com/BBHNX

Kiki Dee with Carmelo Luggeri, Laycock Street Theatre Auditorium, Ticketed, 8pm

WEDNESDAY, AUG 21



Faulty Towers - The Dining Experience, Ocean Beach Hotel Umina, Ticketed, 7pm, 4341 2322 www.obhotel.com.au

FRIDAY, AUG 23

Peter Williams Medium Live, Laycock Street Theatre Don Craig Room, Ticketed, 7pm

Stepping Out - Tap-Dancing Comedy With Two Left Feet, The Art House Wyong, Ticketed, 23 - 24/08, 2pm & 8pm

Leaving Jackson: The Johnny Cash & June Carter Show, Laycock Street Theatre Auditorium, Ticketed, 7:30pm

SATURDAY, AUG 24



Songs of Paul Simon -Simon & Garfunkel to Graceland, **Laycock Street Theatre** Gosford, Ticketed, 8pm, 4323 3233

theatres/whats-on

COSS Connections Guided Bird Walk, Rumbalara Reserve, Ticketed, 8am - 11am

Blues on the Mountain featuring Karen Lee Andrews, Mangrove Mountain Hall,

The Rotary Club Of Wyong Tuggerah - Come Celebrate our 70th Birthday, Wyong Golf Club, Ticketed,

THURSDAY, AUG 29

Council Pop Up,

SATURDAY, AUG 31

The Swinging Sixties, Central Coast Leagues Club - Parkview Room, Ticketed,

Auditorium, Ticketed,

SUNDAY, SEP 8

Woy Woy Wharf,

TUESDAY, SEP 10

Night and Day - The Doris and Shirley Show. Laycock Street Theatre Auditorium, Ticketed

SATURDAY, SEP 14

The Entrance Food & Wine Festival, Ticketed, 11am - 9pm

www.centralcoast.nsw.gov.au/

4349 4756

Ticketed, 6pm

6pm

Lakehaven Shopping Centre, 10am - 12pm yourvoiceourcoast.com

8:30pm

SATURDAY, SEP 7

The Hits of the Crooner, Laycock Street Theatre 8pm

Handmade on the Coast, 9am - 2pm

11am

The Entrance Lake House,

Basic entries in the Coastal Diary are FREE. Send information to coastaldiary@centralcoastnews.net

ENHANCED entries using bold typeface with an address, phone number and a live link are available for a small fee. Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.



Comedy club to perform at eisteddfod

Umina Beach Public School's Comedy Club will perform at the Central Coast Eisteddfod during the July school holidays.

"Over the weekend of July 13 and 14, a group of students from the Comedy Club will be travelling to Gosford Uniting Church to perform in the Central Coast Eisteddfod," said club director Mr Greg Buist.

"They are entered in both the solo and group improvisation sections where the students are given a topic and two minutes of preparation before then they have

to perform for a maximum of three

"The purpose of entering the Eisteddfod is not to win trophies, but for it to be a positive experience for all the students.

"This is the third year that the Comedy Club has competed at the

"I will be accompanying the students who I am sure will represent our school admirably," Mr Buist said.

SOURCE: Newsletter, 2 Jul 2019 Lyn Davis, Umina Beach **Public School**



Three artists announced for art show

The Bays Community Group has announced three of the local artists who will exhibit at The Bay's Art Show.

The exhibition and art auction is The Bays Community Group's major annual fundraiser and will open at the Bays Community Hall from 7:30pm on July 19.

The latest artists to be unveiled are Malcolm and Luka Vockins, and Wayne Hutchins.

The Vockins are a husband and wife duo of South African artists who work in the medium of resin.

Ms Vockins is a jewellery designer and Mr Vockins is an artist who makes various pieces with resin.

Mr Hutchins is an established artist who has worked across multiple mediums in his career including painting, drawing, collage, graphic design and sculpture.

He has also dabbled in art furniture design and manufacturing, mural painting and has also been



Mr and Mrs Malcolm and Luka Vochkins

pieces and done illustrations for several publications.

For the last decade, Mr Hutchins has been primarily concerned with

a university lecturer and written digital imagery and printmaking. SOURCE: Newsletter, 25 Jun 2019 Cathy Gleeson, Bays **Community Group**

Jesse takes part in vocal program

Umina Beach Public School student Jesse Turner has taken part in the NSW Department of Education Performing Arts Unit's Boys **Vocal Program during Term**

The program took place over three days with participating students singing together to record a number of songs.

Participating students also got to a firsthand look at the operation of a recording studio, performed as a group at the Entertainment Quarter Markets and were visited by movie producer Mr Jomon Thomas (Hotel Mumbai, Damascus Cover) who spoke to students about the use



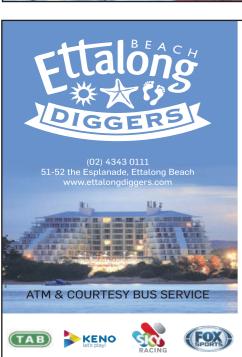
of sound and music in film and cinematography.

Umina principal Ms Lyn Davis said: "Jesse particularly enjoyed the experience of recording the song Memories and Dust, originally by Josh Pike as part of

the program."

The program included 100 students from 27 schools.

SOURCE: Newsletter, 2 Jul 2019 Lyn Davis, Umina Beach **Public School**



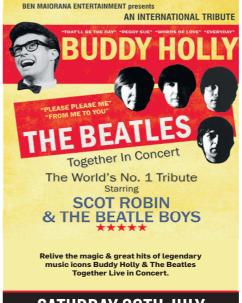


JUSTICE CREW

rose to fame the following year, as winners of the fourth season of Australia's Got Talent. Justice Crew subsequently signed a record deal with Sony Music Australia and became recording artists.

Boom", which was certified six times platinum by the Australian Recording Industry Association. Single "Que Sera" wuickly became

SUNDAY 14TH JULY TICKETS FROM \$40 | DOORS OPEN 6.30PM



















Directory - Not for profit Community Organisations

Art & Culture

Central Coast **Art Society** Weekly paint-outs Tues 0428 439 180.

Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1156. Social Meetings 1.30pm 4th Wed for demonstrations

4325 1420

Central Coast Handweavers, Spinners and **Textile Arts Guild**

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community quilting bees Day and Night Groups

4325 4743

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting 0412 155 391

Hospital Art Australia Inc.

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome

0431 363 347

Community Centres Peninsula Community

Centre Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children, teens, adults and seniors including occasional care. playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups 4341 9333

Empire Bay Probus Club

Friendship, fellowship, and fun in retirement. Very active club, outings excursions, dining - 3 times a month 1st Thur 1.30pm Empire Bay Progress Hall Visitors Welcome 0419 252 708

Ettalong 50+ Leisure & Learning Centre

Cards, Chess, Choir, Creative Folk Art. Dancing, Darts. Handicraft, Handicrafts, Indoor Bowls, Leatherwork, Line Dancing, Mahjong, Painting, Rummking, Scrabble, Table Tennis, Ukulele, Women's Shed 4304 7222

Central Coast Community Legal Centre

Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988

Point Clare Community Hall Community Garden -

Playgroup Craft and Exercise Groups Function or Meeting Hire Managed by Gosford

Services Enquiries regarding hire to 4323 7483

Community Groups

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers 4341 5170

Central Coast

Caravanners Inc 3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings, friendship with like minded senior folk - Details from Geoff 0447 882 150

Central Coast 50+

Singles Social Group Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas 0412 200 571 0437 699 366 0407 031 013

CCLC Indoor Bowls

Mon - Ladies Social Wed Night - Mixed Social Sat - Mixed Social New members welcome tuition given level 2 Central Coast Leagues Club 4334 3800

Freemasons

Who are thev? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community Gosford Masonic Centre 86 Mann St Gosford

Peninsula Village Playgroup

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Tues 10-11.30am 4344 9199

Peninsula School for Seniors

Community Centre McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

Seniors Computer Club

Central Coast A non-profit seniors club to help members master computers, tablets, phones and keep up with grand children Friendly Volunteer Helpers scccc@internode.on.net 4307 9421

Seniors Social and Friendship Club Inc

Meets 2nd Mon Regular monthly social activities as well as day outings and short breaks away, organised by individual members 4322 7588 or 0427 404 322

The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina

10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

The NSW Justices

Association Inc. Seeking JP volunteers for Community JP Desks in Central Coast Shire. Free training and insurance provided. 0418 493 388

Umina Beach Men's Shed

Men share a variety of tools pursue interests and hobbies spend time with other men and learn new skills Darrell 4342 9606

Volunteering **Central Coast**

Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122

Wagstaffe to Killcare Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall 4360 2945

Entertainment

Frantastics Choir Inc High quality variety entertainment available for matinee

bookings at your venue. New members welcome. 1pm Mondays during school Walter Baker Hall, Woy Woy

4343 1995 **Health Groups**

Al-Anon

If someone's drinking is causing you problems... Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

Arthritis NSW

Woy Woy support group Ettalong Bowling Club Springwood Road Woy Woy 3rd Tues 10.30am 1800 011 041

Better Hearing Australia - Central Coast

Hea ring loss management Support and educational groups providing practical experience and confidence Learn the benefits of hearing aids - 4321 0275

BlueWave Living

Woy Woy Community Aged Care facility providing residential aged care to the frail aged.

Permanent and respite care accommodation available. Information 2nd and 4th Tues - 11am - 4344 2599

Central Coast Parkinson's **Support Group**

We aim to help individuals and their families better

Parkinson's Disease Guest speakers are a regular feature of our meetings. 2nd Tue - 1.30pm 1800 644 189

Gambling Solutions

Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW Support Groups

Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being. Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and Wyong

1800 558 268

Meals on Wheels

Delicious meals delivered free - Join us for a midday meal - Help with shopping and cooking classes 4341 6699

Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584

Overeaters Anonymous (OA)

12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins, Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm 0412 756 446 www.oa.org

Peninsula Village **Wellness Centre**

Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

Peninsula Village Meals Delivered daily to your door Nutritious, great for the elderly 4344 9199

Peninsula Village Carer's Support Group For carers of loved ones with

dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600

Schizophrenia and **Bipolar Fellowship**

For Schizophrenia/Bipolar/ Mental Health sufferers, family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford 4344 7989 or 4368 2214

Woy Woy Stroke Recovery Club **Everglades Country Club**

Company, up-to-date info, hydrotherapy, bus trips 1300 650 594

Music

Brisbane Water Brass Brass Band entertainment for the community playing all types of popular music Rehearsal every Tues 7.30pm-10pm 0419 274 012

Coastal a Cappella

Vibrant women's a cappella chorus. New members welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities Hire us for your event 0412 948 450 coastalacappella@gmail.com

Soundwaves

A cappella harmony for Men new members welcome Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford Ring Max on 4324 3631 or Kieran 4324 1977

Troubadour Central Coast Folk, Traditional

& Acoustic Music and Spoken Word Concerts, Ukulele meets, and

4th Sat 7pm CWA Hall Woy Woy 4342 6716

Political Groups

Australian Labor Party Political discussions, national state and local government issues

Umina Ettalong Branch 2nd Mon Umina Beach Bowling Club 7.30pm 4342

3676 **Ourimbah/ Narara** Branch Niagara Park Primary School

7.30pm 1st Mon 0410 309 494 **Woy Woy Branch**

Everglades Country Club 7.30pm 2nd Mon Peninsula Day Branch 1pm 2nd Mon

CWA Hall Woy Woy

4341 9946

Liberal Party of Australia

Woy Woy Branch 4th Thur 6.30pm **Everglades Country Club**

Central Coast Greens Active regarding ecological

sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting 3rd Thur

Service Groups

Lions Club of Woy Woy 3rd Mon.

Woy Woy Leagues Club Make new friends and have fun while serving your community 0478 959 895

Rotary Clubs

International service club improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship.

Rotary Club of Kariong Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529

Beach

Wednesdays 6.30pm Everglades Country Club 0409 245 861 0409 245 861

Rotary Club of Woy Woy Tues 6pm Everglades Country Club Don Tee 0428 438 535

Special Interest

BridgeDuplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd. Woy Woy
shane-water.bridge-club.org

Cash Housie

50 Games every Sat night Peninsula Community Centre McMasters Rd, Woy Woy,t 7.30pm. Proceeds to Woy Woy Catholic Parish.

Central Coast Family History Society Inc.

Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St. E. Gosford. 4324 5164

Central Coast Tenants' Advice and **Advocacy Service**

Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

Central Coast Rescue Unit

Marine Education Courses. Radio Licenses. Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology. 4325 7929

Central Coast Soaring Club Inc

Gliding Club, Learn to fly, Instruction FREE to members Come and have an Air Experience Flight All Welcome 14 and up for Training Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047

Ettalong Toastmasters We provide a supportive and

www.ccsoaring.com.au

positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth 2nd & 4th Tue, 7:30PM. **Ettalong Diggers** 0408 416 356

Peninsula

Environment Group Environmental projects, (incl. Woytopia), Woy Woy community garden, social events, workshops, organic food buying group

Central Coast Goju-Kai Karate

Traditional Karate & Self Defence for Teens & Adults No Contracts, Cheap Rates Wamberal - Mon 630pm Kincumber - Thurs 715pm 0417 697 096 kaikarate com au

Woy Woy Judo Club Mon & Fri -Beginners

From 4:30pm Tue & Thur - graded classes 4:30pm - 8:30pm 27 Bowden Road Woy Woy Min Age 3 years old 0434 000 170

Veterans

National Malaya Borneo **Veterans Association**

1st Sat (except Jan) 10.30am Umina Club Melbourne Avenue Umina Beach 4342 1107

The Partners of **Veterans Association** of Australia Inc Central Coast Sub Branch

4th Tues - 10am-1pm Kincumber Neighbourhood Centre, 1/20 Kincumber St Kincumber Support Network for Partners of Past and present Australian Defence Forces

0403 499 905 Veterans' Help Centre

Assist all veterans & families with pension & welfare issues. Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

Country Women's **Association Umina**

2 Sydney Ave **Branch Meetings** 2nd Wednesday 10am Craft & Friends Wednesdays 9.30am 2nd and 4th Sundays 12.15pm 0416 193 070 - 4340 1746

Country Women's

Association Woy Woy 30 The Boulevarde, Woy Woy Craft & Friendship: 1st, 2nd and 3rd Wed 10AM. Meetings: 4th Wed 10AM. Ph: 0411 434 785

woywoycwa@gmail.com

Peninsula Women's **Health Centre**

Counselling, therapeutic and social groups, workshops, domestic violence and abuse issues. All services by women for women 4342 5905



see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369 Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.

Sport



Umina Beach Public School dancers

Peninsula students attend dance festival

Students from Umina Beach Public School performed in the 30th annual Central Coast Dance Festival.

The festival ran from June 24 through to July 4 and saw hundreds of dancers from public schools across the Central Coast take to the Laycock Theatre's stage over eight performances.

The 2019 festival marked the 30th anniversary of the event and celebrated three decades of dance, creativity and community amongst the region's public primary and high schools.

Other schools on the Peninsula that took part in this year's festival were Woy Woy South Public School, Pretty Beach Public School, Woy Woy Public School and both campuses of Brisbane Water Secondary College.

Umina Beach Public School principal Ms Lyn Davis said the Umina dancers dazzled the audience with their vibrant costumes and energetic performance.

SOURCE: Newsletter, 2 Jul 2019 Lyn Davis, Umina Beach Public School



BWSC Woy Woy dancers

Major Pairs champions

Umina Beach Men's Bowling Club have decided their 2019 Major Pairs Champions in an exciting final.

"Glen Simington and Shane Starkey defeated Brendon Knight and Tony Potter to claim the coveted Major Pairs Championship with the bonus of getting an eight pin on the third end," said Club publicity officer Mr Colin Mew.

Glen Simington and Shane Starkey will go onto Champion of Champions Pairs competition.

SOURCE: Media release, 3 Jul 2019 Colin Mew, Umina Beach Men's Bowling Club

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW Central Coast 4325 7929
SES - Storm and Flood

Emergency 132 500 **Aboriginal & Torres Strait Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4321 7215 Drug & Alcohol rehab 4388 6360 **Accommodation**

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4325 3540 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth Services 4351 1922

Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027
Animal Rescue

Wildlife Arc 4325 0666 Wires 1300 094 737

Formularity Gentres Peninsula Community

Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484
Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277

Interrelate: 1800 449 118 **Family and Relationships**

Centacare Gosford 4324 6403

Central Coast Family Support Service 4340 1099 Horizons (For men with children) 4351 5008 Uniting Care Burnside

Gosford 1800 067 967

HealthPoisons

Poisons Information 131 126 Ambulance Text Mobile 106 Ambulance GSM 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114

After Hours GP Help Line 1800 022 222 **Legal & Financial Help**

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy Service 4353 5515 Woy Woy Court 4344 0111 **Libraries**

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional support**

phone services:

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745

Suicide Call Back Service 1300 659 467 **Transport**

Taxi 131 008 Busways 4368 2277

City Rail 131 500 **Welfare Services**

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 Department of Community Services Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency Relief 4393 2450 St Vincent De Paul Society HELPLINE 4323 6081

THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Affordable Roof Solutions
- Brad Sedgewick Ettalong
- Depp Studios -Formerly of Umina
- Tony Fitzpatrick trading as Futurtek Roofing
- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton
- Bruce Gilliard Roofing of Empire Bay
- Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy
- William McCorriston of Complete Bathroom Renovations
- First Premier Electrical Service of Umina Beach
- High Thai-d Restaurant of Umina Beach
- Mal's Seafood & Charcoal
 Chicken of Ettalong Beach

- Simon Jones All external cleaning and sealing services
- Erroll Baker, former barber, Ettalong
- Tye King Formerly The Fish Trap Ettalong Beach
- Jessica Davis of Erina Trading as A1 cleaning services
- Simon and Samantha Hague, Trading as By the Bay Takeaway Empire Bay
- Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens
- Mountain Mutts Monique Leon, Ettalong Beach
- RJ's Diner Ryan Tindell of Woy Woy
- Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

- Greenultimate Solar PTY LTD
- Decorative Fabrics & Furnishings - Steve McGinty, Wyoming
- Menhir Tapas & Bar PTY LTD
- **Dean Lampard** Trading as Lampard Painting
- Callum McDonald Trading as Sunset Decks
- Linda Smith, Bookkeeper Horsfield Bay
- Emma Knowles -Blacksmith NSW
- Mulla Villa PTY Ltd
- Jessica Wheatcroft trading as Wheatcroft Advertising
- Peter Zing, Singapore Zing Cafe
- Pruksra Thai Massage, Woy Woy
- Dale Arurlilac, Woy Woy
- Craig Lack Fencing

Classifieds

ANTENNAS

A Better Picture **Antenna & Digital Installations & Tuning** New home specialist Credit cards OK

HAYWARD VIDEO

All areas Gosford 4323 6367 Woy Woy 4344 4414 Warnervale 1800 244 456 0412 685 555

CABINETMAKER

CABINETMAKER

Special picture frames Window frames Wooden Boxes for Art - Storage - Display **Smaller Cupboards** and Furniture

Call Jens

0418 993 994

CLEANING

Weston & Wilson Cleaning Services

Domestic, end of lease, holiday & vacate cleans.

Regular or one off. Fully insured, WWC & Police check avail.

From \$35 hour. Maryanne 0403 505 812

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ENTERTAINMENT

BluesAngels

Your total acoustic blues/roots package, top to toe, and then Minnie some. Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue.

tomflood@hotmail.com

4787 5689

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BUCELLO'S

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• New Work and Repaints **Free Quotes** All work guaranteed

0410 404 664 wattyl

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PLUMBER

No call out fee No job too small 40 year's experience

Fully insured Lic. L11565

Ph: 0416 875 598

ASBESTOS REMOVAL

Asbestos Removal

Fully licensed and insured asbestos removals from houses, garages, sheds, bathrooms etc.

Ph: Tom 0422 653 794 or 4393 9890 Safe Work NSW Lic. AD212564

BOREWATER

Bores and Spears

Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed. Warren Greenway

Ph: 4341 7736 Mob: 0408 225 390

CARPENTERS

Carpentry - Building

over 30 years experience and honesty Paul Skinner

or 4339 2317

BKW

Electrical Services

Lic No:248126C Lights - Fans -Power - Reno's Switchboards -Security lights No job too small Call Ben on

0404 093 299

YOUR LOCAL

ELECTRICIAN

Same day service

Guaranteed

Lighting, Power Points,

Phone & Data,

Fault Finding,

No job too small.

Seniors Discount.

Electrical & Data

TIM BULLOCK

ALL ELECTRICAL

AND DATA

RESIDENTIAL AND

COMMERCIAL

0427707080

ENTERTAINMENT

Troubadour

Folk and Acoustic

Music Club

WITCHES

LEAP

Celtic Music

July 27

St Lukes Hall

Woy Woy

7pm \$10, 13, 15

www.troubadour.org.au

Lic number 2656520

FENCING

BLUEPRINT FENCING

All types of fencing, gates and retaining walls **Call Luke** Free quotes

0401 347 247

PLASTERING

PHIL BOURKE PLASTERING

Over 36 yrs exp **Gyprock, Renovations**

Small Jobs, Free Quotes

0418 452 474

HANDYMAN



Covering all your internal and external handyman jobs

FREE QUOTES

Pensioner discount Call David: 0413 396 167

Reliable Service

LOCAL PLASTERER **WALLS, CEILINGS &**

CORNICES SMALL JOBS & PATCHING

NO JOBS OVER \$1000 FREE QUOTES

PH: NEVILLE 0417 426 254

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AND VAL

Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.

02 4342 1479 **0411 049 559**



Allways Moving

House, office units No job too big or too small Affordable rates

Removals

Call for free quote 0497 800 074 0421 084 650

TILING

MGL CARPENTRY

Carpenter & Joiner 40vrs Experience Windows etc Fully Insured - Call Gary

4341 1346

Matt Bell's Locksmith

All lock repairs **Lock installations**

Service

Pensioner discount

Ph: 0404 879 863

Calming Souls

Infant Massage Instructor Paediatric Massage Consultant 0423 150 561

To advertise here call 4325 7369 This size starts from

YOUR LOCAL PLUMBER

PLUMBING

Same day service Guaranteed

Blocked drains, Leaking taps and toilets, Hot water and all aspects Of pluming drainage and gas fitting.

46 4057

UMINA BEACH All aspects of

Plumbing, Drainage & Gasfitting Domestic & Maintenance Works

Hot Water Installation **~ 4344 3611** 0412 132 729

Home Tiling Wall & **Floor Property Maintenance**

0439 589 426

To advertise here call 4325 7369 This size starts from

\$20pw

PLUMBING

MAINTENANCE & PLUMBING SERVICES

REPAIRS - REPLACEMENT - SERVICE FREE QUOTE - CREDIT CARDS ACCEPTED MENTION THIS AD TO RECEIVE A DISCOUNT!

(02) 4328 2253

newspaper advertising. This newspaper is published on as an additional benefit for free

See or www.centralcoastnews.Net

relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in

Having an advertisement run for 3 months only costs

Artwork is free and advertisers are encouraged to change their advertisements frequently

Local know how working with pride

0432 216 020

Decks, Pergolas, Doors,

0458 130 829

Classifieds advertising rates in print and on-line

Classified advertising is the cheapest form of line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line

Central Coast Newspapers' advertising rates are

Personal and Not For Profit

paid for at the time of booking.

Business rates

\$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST -Approximately \$14 per week.

4342 6716

LOCKSMITH

24 hour lockout service

ML 000103741

MASSAGE

Remedial Massage Therapist

\$20pw

Woy Woy was beaten by **Avoca Beach**

Woy Woy was beaten by Avoca Beach in their Round 11 clash in the Central Coast Rugby Union competition.

Central Coast Rugby Union publicity officer Mr Larry Thomson said the match was an even affair throughout but a late resurgence by Avoca Beach propelled them to the win.

"Woy Woy went to the halftime break leading in this match by 13 points to 10 so it was anybody's match at that stage," Mr Thomson said.

"Avoca Beach did score three tries to two in the encounter so that fact alone probably shows that Avoca Beach deserved to win on the day, but also showed the closeness of the struggle.

"There were missed opportunities for both teams and they will both take a lot away from this result.

"Woy Woy played well and may consider themselves a little unlucky, but it seems that is how their season is unfolding," Mr Thomson

SOURCE: Media release, 1 Jul 2019 Larry Thomson, **Central Coast Rugby Union**

Elected to regional cricket board

Southern Spirit Cricket Club member Mr John Jewiss has been elected as a Central Coast Cricket **Association** director for the next two seasons.

Mr Jewiss' election was announced at the association's annual meeting on June 25, with his election being the only new appointment to the board of directors for the coming

Mr Jewiss has held an executive role with the association in the past and joins with Bob Archer, Glenn Rowlands, Marion Williams, Paul Deaves, Gary



Kavanagh and Stuart Owen to form the association's executive board.

SOURCE: Website, 28 Jun 2019 Garry Burkinshaw, **Cricket NSW**

TO LET

Affordable office space in **Gosford CBD**

Partitioned, air conditioned space with natural light. includes 2 secure car parks Disabled access. Size approximately 153 sqm

Contact Chapman & Frazer Real Estate 02 4325 0208

WANTED

CASH PAI

for good quality Swords, Knives and War memorabilia. For large collections home visit available

Shop 12 - Ebbtide Mall - 155 The Entrance Rd The Entrance - 4333 8555

Raising money for amenities block

Woy Woy **Football** annual Club's fundraiser will be held at Everglades Country Club from 4pm on August 17.

The club holds one major fundraiser each year, with funds from this year's event going towards the cost of the new amenities block and club facilities at Austin Butler Oval.

This year, the event will include a kids' disco, live entertainment, sweeps and giveaways.

> SOURCE: Website, 4 Jul 2019 Pete Chippindale, **Woy Woy Football Club**

RUN IT 'TIL YOU SELL IT

USED FLOURECENT LIGHTS X 26

120cm long, as is, \$50 **BARGAIN PRIDE MOBILITY**

SCOOTER with rear bag and mirrors \$600, goes well Ph: 4332 0254

CARAVAN, WINDSOR **WINDCHEATER 1996** Poptop 16 ft L shape: Single beds, dinette and kitchen -New: Seals, rollout awning, tyres and rims - All extras included, ready to go. \$14,000 ono, Ph: 4341 6172 VIDEO RECORDER

comes with Tripod, Charger and Cassettes, \$30

SIMPSON MINIMAX DRYER each. Ph: 0418 679 964 **LASER** Good condition

BREVILLE 7 LITRE SLOW COOKER \$80 **MOBILITY SCOOTER**

Panasonic VHS VWG1A, Ph: 4341 0698

Dimplex oil filled heater, both working, ring after 1pm, \$30 **REAR SHOCKS SUIT - KN** \$175 pair, will deliver Ph: 0418 663 255

\$1000 Ph: 0449 894 132 LADIES LAWN BALLS, Greenmaster, Maroon, "size one" as new with extras \$250. Ph: 0402 757 363 KING SINGLE ELECTRIC BED as new, cost \$4,000 sell \$ 1,900 includes oudtres, Ph: 4354 2143

PINE KITCHEN TABLE 1520 x 905 plus 5 pine chairs Good condition some wear marks Ph: 0420 690 461

WORK ZONE 2200W PRESSURE WASHER \$75, 110bar, Flow 450L/10m high pressure hose with intergrated hose reel, large wheels for easy transport Ph: 0411 226 998

CONTENTS OF SIDEBOARD Royal Doulton dinner set, teaset, cutlery, cutglass sweets dishes, table and supper cloths etc. Erina



CARAVAN COMPASS POPTOP

4.9m x 2.15m purchased new 2001, single beds insulated coolabah removable rollout awning complete annex dometic roof aircon, winegard antenai front kitchen L shaped lounge hayman reese towing setup low kilometres on bitumen, always stored under cover, excellent condition many extra's. \$15,250

Ph: 0414 400 942 **DRILL PRESS**

Ryobi, laser centering, wind up, adjustable table, good condition, additional table with slididng fence, \$200

Ph: 0405 669707 **TABLES ROUND EXTENSION DINING**

Coffee, laminated, tiled, solid timber, hot water systems. solid fridges, one large top freezer, one smaller, dish

washer suit flat. Ph: 4399 2757 PRIDE MOBILITY SCOOTER

Basket, mirrors and rear bag. Good condition, offers of over



1988 MILLARD 3.5M double bed, one single, instant hot water, 3 way fridge front and rear, annex, microwave gas stove and oven, outside shower and toilet lots of extras rego july 2019 \$5,500

> Ph: 0419 972 565 **TRACTOR MF135**

goes well with slasher grader blade hook carrier ops manual \$6000 ono



ON SITE HOLIDAY VAN

Smugglers Cover Forster NSW, Van with annex, shower. toilet, carport, space for two cars & boat, lots of items included in sale, sleeps 4. family & pet friendly, pools, kayaking, putt putt, games room and more, close to shops and local clubs, minutes to beaches and lake system ideal holiday location, \$26,000



Blaxland Motor, 7HP Motor sound unit in good condition trailer if needed \$7.500 Ph: 0428 479 133

OUTDOOR BLOCKOUT WINDOW BLINDS cream colour, retractable, excellen condition all all fittings \$150 each to fit windows 1500 x 1650 and 2x - 1500 x 1890 Ph: 0411 274 809

PRIDE MOBILITY **SCOOTER** Good condition, hardly used,

new batteries, charger, mirror rear bag and front basket \$1100 Ph: 43424480

2013 JAYCO STARCRAFT POPTOP CARAVAN 13.42-1, rego 3/20, rear kitchen, 4 burner hob/grill r/hood, microwave, 90L fridge, s/

beds, aircon, rollout awning, TV arm bracket, aerial tunnel boot, purpleline caravan movel stored under cover, excellent condition \$19,500



COLLECTABLE DINNER SET Mikasa Silk Flowers F300F, 36 Pieces entree dinner side soup cups sauces, never used \$450 Ph: 0407 387 414

HOUSE FOR SALE 54 Tumbi Road, 2 Bedrooms 2 Sunrooms \$475,000 Ph: 0406 713 073 PIANOLA BEALE

Stool and rolls has just been restrored, can help with some cartage \$2000



17FT poptop, 2 s/beds, front kitchen 4 burner cooktop m. wave 3 way fridge, 12/240 power, large boot, r/o awning, full annex (unused) always garaged, excellent condition, lots of extras \$16750 ono

Ph: 0437 385 595 **FULL SET OF GOLF CLUBS** \$70, Golf buggy never used \$60 ext. ladder as new "lofty \$80 Ph: 0449 095 003



Annex tarp 3 way fridge table chairs beds, many more, extras ready to go camping, reg - sept, \$3,000 ono Ph: 0402 052 906

STACER 519 SEA RUNNER half cabin 2007 suzuki 90HP 4 stroke engine, trailer CB radio fish finder, plus other acc, plus safety gear \$16000 Ph: 0413 574 737

TOYOTA AVALON GX1 2004 V6, one senior owner, 149500 kms, well maintained

in good condition, towbar \$2900 Ph: 0408 202 481 TWO TONE BURGUNDY elour 5 seater corner lounge excellent condition, \$700 ono

Ph: 0403 991 136 TABLE AND CHAIRS, Terrigal 6 seater tasmanian light narwood with 6 chairs cost \$2500 sell \$600, matching low side cabinet cost \$1800 sell \$450, also matching coffee table cost \$500 sell \$150,

uality furniture, the lot \$1000 possible to deliver SOFA BED TERRIGAL metal action, fold out double,

like new condition, blue fabric cost \$700 sell \$350, and another in tan mix modern colour \$270, possible to deliver.

Ph: 0410 486 483 PRIVATE SALE 2009 FORD FOCUS 5 door hatchback, fully serviced, 10 months rego, log books and receipts, 75000km

\$5800 ono Ph: 0418 664 386 PRO SOUP MAKER Cooks and chops \$50, coat 60% wool, 10% cashmere, 30% polyester size 14 black \$80.

3/4 wollen coat size 16 fawn \$50, Ph: 0418 600 846 LATHE METAL old electric. suit handyman or restorer, needs TLC. 3 jaw individual

chuck, \$175 ono Ph: 4396 4304 **BUSH ROCKS** large quantity,

including large, medium and small sized stones, take the lot \$250 ono, Ph: 4341 7567

LG+ 303LT FRIDGE no frost \$375, Simpson eziset 5.5kg washing machine \$375 good condition both in working order Ph: 0490 381 343

Run it 'til you sell it'

Client Name:			
Phone:	Email:		
20 words \$22 Ph	oto \$5.50 yes	no	
<u> </u>	<u> </u>		
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LL		I	
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Expiry: /			

Sport



Sherriff takes out third singles title

Former Ettalong Bowling Club member Aron Sherriff has made history by being the first person to ever win three Australian Bowls Open singles titles.

It was the cherry on top of an outstanding 2019 campaign for Sherriff, who beat out Gus Templeton with a convincing 21-6 win to claim his third singles title.

He also took out the Men's Pairs

title with Ray Pearse earlier in the Open, which was held on the Gold Coast.

The win saw Sherriff, who now plays for Queensland club Helensvale, awarded Player of the Tournament and pocket \$17,500 for his efforts across the Open (\$10,000 Singles, \$5000 Pairs, and \$2500 Player of the Tournament).

Sherriff's results also propelled him to the top of the Australian

Men's Overall Player Rankings for the 2018-19, with more than 55 points between him (462) and second placed Corey Wedlock (404).

This ranking saw Sherriff named the Male Bowler of the Year by Bowls Australia.

SOURCE: Media release, 1 Jul 2019 Domenic Favata, Bowls Australia Website, 2 Jul 2019 Results portal, Bowls Australia

Umina boxer to make television debut

Umina Beach PCYC professional boxer Sam Goodman is set to make his television debut with the broadcast of a fight at Luna Park in Sydney on July 27.

Since going professional, the 20-year-old Super Bantamweight Goodman has appeared in four

professional bouts and is currently undefeated.

He will be up against Claudevan Sese of the Philippines in the the Tasman Fighter series bout which will broadcast by Fox Sports.

SOURCE: Media release, 27 Jun 2019 Joel Keegan, Umina Beach PCYC



TIDE CHART

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000 Times and Heights(m) of high and low waters Times are in local standard time (UTC +10:00) or daylight savings time (UTC +11:00) when in effect.

Time - Height(m)

8	0011 1.82	9	0109 1.69	10	0212 1.56
	0654 0.34	_	0747 0.40		0841 0.45
MON	1308 1.48	TUE	1408 1.51	WED	1508 1.55
	1854 0.59		2004 0.63		2119 0.64
11	0318 1.45	12	0425 1.37	13	0527 1.34
	0934 0.49		1026 0.52		1115 0.53
THU	1607 1.61	FRI	1703 1.68	SAT	1755 1.74
	2233 0.61		2340 0.55		
14	0037 0.49	15	0125 0.44	16	0207 0.41
	0623 1.32		0713 1.32		0757 1.33
SUN	1202 0.54	MON	1247 0.55	TUE	1329 0.55
	1842 1.78		1925 1.81		2005 1.82
17	0245 0.39	18	0322 0.40	19	0358 0.41
	0838 1.33		0917 1.34		0955 1.34
WED	1408 0.56	THU	1446 0.57	FRI	1525 0.58
	2043 1.81		2119 1.79		2154 1.75
20	0433 0.43	21	0509 0.46	22	0545 0.49
	1033 1.33		1113 1.33		1154 1.33
SAT	1603 0.61	SUN	1645 0.64	MON	1730 0.68
	2230 1.69		2306 1.62		2345 1.54

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated



Kaye Scott and Anja Stridsman with their Umina Beach PCYC support crew at the Australian Titles

Qualified for world boxing championships

Umina PCYC boxers Anja Stridsman and Kaye Scott have both qualified for the Australian Women's Boxing team that will contest the AIBA World Boxing Championships after wins at the Australian Titles in June.

Anja Stridsman was contesting the Women's Light (60kgs) division and Kaye Scott the Women's Welter (69kgs) in the Titles held in Melbourne on June 22 and 23.

Both boxers went on to claim the

gold medals in their divisions with Scott Kaye beating Queensland's Reesha Lewis and Anja Stridsman beating Victoria's Ellie Fry to claim top spot.

SOURCE: Website, 3 Jul 2019 Results portal, Boxing Australia

BEACHSIDE NEW & USED FURNITURE

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QUALITY HOME & OFFICE FURNITURE BEDDING/MATTRESSES & ANTIQUES 213 - 215 WEST ST - UMINA BEACH 2257 0419 413 548

beachside.f@optusnet.com.au

Sport

Women's soccer clubs both win

Round 12 of Central Coast her side the lead after 55 minutes. Football's Women's Premier League Competition saw wins to both Southern and **Ettalong United and Umina** United soccer teams.

Ettalong was up against the East Gosford Rams in their Round 12 fixture.

Ettalong hosted the Rams with the match being shifted from James Browne Oval to Pat Morley Oval after a pitch inspection found the field to be unplayable.

"Level on points with Kanwal, Southern were looking to keep pace with the leaders and started the match well as they forged a number of good opportunities within the opening 15 minutes, with the final touch often the only thing stopping them finding an early lead,' said Central Coast Football's digital content coordinator Mr Lachlan Herd.

"East Gosford began to gradually grow into the match after weathering the early storm and found themselves with a number of opportunities to open the scoring.

"Southern keeper Bec Arnfield thwarted the Rams attackers on more than one occasion to ensure the sides remained locked at 0-0 at the half.

"Similar to the first half, Southern emerged from half-time looking the more likely to open the scoring.

"Intent not to let another period of dominance pass them by, Southern did find the breakthrough after Bianca Mason finished smartly into the side netting to give

"Mason was to be on hand again just eight minutes later, taking control of an angled pass before taking a touch and finishing well to double the Lions lead.

"As the second half progressed it became apparent that the Rams side were beginning to tire, and Southern were to take full advantage.

"After a 50-50 winning challenge, the ball was played into Kiara Kelly who made no mistake, ensuring her side would take home all three points from the fixture," Mr Herd said.

Umina slaughtered Kariong in their Round 12 fixture, taking away an easy 8-3 win.

"Third placed Umina have been desperate to continue closing the gap between themselves and the top two, so their performance in Round 12 was no surprise, scoring two early goals to effectively put the match on ice in the early exchanges," Mr Herd said.

"The Umina side ultimately ran out 8-3 winners on the day, with Amber Mangan managing a hattrick, Sally Oman a brace, and one each to Kate Styles, Bianca Meiklejohn, and Tarni Black."

Round 12 result sees Umina hold onto third with Ettalong in second behind Kanwal.

Round 13 will be a neighbour versus neighbour thriller with the Peninsula clubs set to meet at Umina Oval.

SOURCE: Website, 4 Jul 2019 Lachlan Herd, Central **Coast Football**



Women's bowling club unfurls flags

Members of Women's Bowling Club held a flag unfurling event at the club on June 25.

Club communications officer Ms Maureen Kerr said members from women's bowling clubs from around the Central Coast attended the unfurling ceremony of the Grade 1 and Grade 2 District Flags.

"District president Jenny Cook and secretary Robyne Cosgrove were in attendance, as were the runners up Grade 1 Terrigal and Grade 2 Lake Munmorah.

"After the flag ceremony, badges were handed out, and photos taken," Ms Kerr said.

Outgoing Ettalong Women's Bowling Club president Ms Elaine Mellross was also honoured on the day for her three years of presidency by Ettalong Bowling

president Mr Henderson and chief executive Mr Tim McGavin.

> SOURCE: Media release, 27 Jun 2019 Maureen Kerr, Ettalong Women's Bowling Club

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Peninsula Community Access

Tom Payne takes out longboard title

Empire Bay resident Tom Payne has been crowned one of the best longboarders in the state.

He took out the Open Men's Logger Title at the recent NSW Longboard Titles.

The titles were held at Port Stephens Long Mile Beach from

Surfing NSW media officer Mr Ethan Smith said Tom Payne was able to take advantage of the three to four foot wave conditions to pull ahead of his fellow competitors.

"Tom's ability to perform a handful of exciting traditional turns worked in his favour as he

executed a multitude of decent turns and nose rides in the final to finish with a respectable 10.27 two-wave heat total to claim the title," Mr Smith said.

SOURCE: Media release, 25 Jun 2019 Ethan Smith, Surfing NSW **Photo: Ethan Smith**









FREEMASONS

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Lodge Saratoga No. 937 4th Thursday @ 7pm even months only

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The Central Coast Lodge No. 2001

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