Peninsula News Community Access

Edition 470

Nursing home receives visit from alpaca

A Woy Woy aged care provider has hosted a visit from an alpaca after the granddaughter of a resident asked to show her pet to her grandmother.

Ms Shandelle Palmer said she decided to drop in to Blue Wave Living to visit her grandmother with her alpaca, Strudel, on April 29.

"Nan has heard so much about Strudel but she's never had the chance to meet him and I felt it was time to change that," she said.

Ms Palmer said, after some initial hesitation, staff allowed her to take Strudel into her grandmother's room for their first meeting.

"It was really touching.

"Nan is a big knitter and she's always talked about Strudel and his coat and how she'd like to meet him so I'm glad we were allowed in," Ms Palmer said.

According to Ms Palmer, after her grandmother's witnessing response to Strudel and the alpaca's excellent behavior, staff asked Ms Palmer if she'd be comfortable taking Strudel to visit other residents' rooms.

Ms Palmer said their room visit quickly turned into a tour of the facility including BlueWave's dementia ward.

"They say music and animals always have a profound effect on people living with dementia and I got to see that firsthand," Ms Palmer said.

After the successful visit, Ms Palmer said she was now considering whether Strudel had a future as a therapy animal.

"It's definitely something I'm interested in pursuing.

"I'd taken Strudel to a local playgroup back in Cessnock prior to the visit but this was the first time we've ever gone to an aged care facility but the impact was huge.

"The residents just lit up.

"It was great to see," she said.

During her visit to the Peninsula, Ms Palmer also took Strudel on a trip to Ettalong Beach.

"It was a weekend of firsts for Strudel: his first visit to an aged care facility and his first ever trip to the beach

"He absolutely loved it and so many residents stopped us to say hello and to take a photo," Ms Palmer said.

Ms Palmer said Strudel could be returning to the Peninsula.

"My mum lives in the area and nan's at BlueWave so it's definitely possible, but my first consideration has to be Strudel's wellbeing," she said

SOURCE:

Interview (Dilon Luke), 17 May 2019 Shandelle Palmer, Cessnock



Ward councillors vote for Farnell Rd approval

All three Peninsula ward councillors have voted to approve the Farnell Rd development, disappointing nearby residents and members of the community group Save Our Woy Woy which had been fighting the proposal. Crs Chris Holstein, Richard Mehrtens and Troy Marquart voted for the development along with seven other councillors and mayor Cr Jane Smith.

Crs Kyle MacGregor and Jillian

Hogan abstained from voting and Cr Louise Greenaway was the sole councillor to vote against it.

Cr Rebecca Gale Collins declared a less than significant non-pecuniary interest in the matter saying she was in contact with the Peninsula Chambers of Commerce chamber and to participate in discussion and voting. However, she said nothing when the matter came up for debate.

grievances with three councillors and the mayor at an-site visit in the days before the council meeting.

Cr Holstein said the issues had been addressed in the conditions of consent and that consolidated development had a lot of potential. He thanked Mr Harvey McDougall She chose to remain in the of Save Our Woy, saying the development was better for the input from the residents and that their comments at the meeting on site had been sensible and rational. Cr Mehrtens said it was the third iteration of the proposal.

He said he knew there were variations to council guidelines but they had been minimised.

The residents complained about overshadowing from the three-storey development that included 27 units and seven townhouses to be built

Residents complained about garbage, parking, light pollution, loss of privacy and infrastructure issues such as stormwater and drainage.

Another development, this time a new house at 64 Fishermans Parade, Daleys Point, also received council approval at the same meeting. It too had been deferred for a site inspection. It went through with a unanimous vote.

27 May 2019

Residents had hoped for a different outcome after airing their

over five blocks consolidated along Blackwall Rd and Farnell Rd.

The development exceeds guidelines for height, floor space ratio and setbacks.

Some units and one communal area fail to get the minimum required solar access

SOURCE **Central Coast Council** agenda 2.1, 13 May 2019

THIS ISSUE contains 82 articles - Read more news items for this issue at www.peninsulanews.info



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Driest May on record

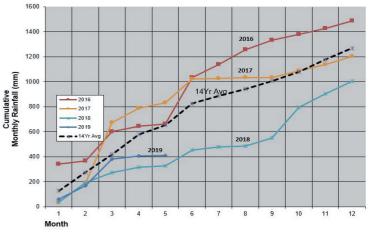
May is on track to be the driest month of 2019 with just 4mm of rainfall recorded over the first 24 days of the fifth month, according to data compiled by Umina's Mr Jim Morrison.

The abysmal total beats out April, the next worse total of the year so far, which recorded just 23.5mm in 30 days.

While May has always been one of the drier months for the Peninsula, on average the fifth month normally sees around 76mm of rainfall.

Indeed, the total for May 2019 has been so bad it is set to takeout the lowest rainfall record for the month in the 15 years that Mr Morrison has been recording the Peninsula's rainfall, a title it takes from May 2008 which saw just 6.5mm fall.

This year, the single heaviest rain event recorded in May occurred on May 4 with 3mm falling



remaining The 1mm was recorded over three days but were not classified as rainfall events by Mr Morrison as they produced less than 1mm of rainfall.

With seven days remaining in May at the time of writing, there is a chance of growing the fifth month's total rainfall figure but based off May's track record thus far. it seems doubtful any impactful rainfall will be recorded without a

freak weather event.

The figure brings the Peninsula's yearly total rainfall to 409.2mm, a mere 1mm up from last edition's report.

As the Peninsula prepares to move into June a further 858.8mm of rainfall will be needed over the remainder of the year to match last year's rainfall total for the region. SOURCE:

Spreadsheet, 10 May 2019 Jim Morrison, Umina

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The winners of the Aspen Competition were Libby Walker of Kincumber, Hilary Kelso of Terrigal and Anita Yates of Woy Woy.

MARINERS IN BUSINESS

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Deninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

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<u>News</u>



Sand artistry at Kiddies' Corner

Early morning runner Mrs Vickii Davison could not believe her eyes when she saw the beautiful sand artistry carved into the beach at Kiddies' Corner, at the southern end of Umina Beach, on Friday, May 10.

She raced home to Pearl Beach and grabbed her camera – and her husband Malcolm – and the two of them returned to take

N A DAVI

photos before the tide came in and washed away the work.

Mr Davison said some people on the beach did not realise they were walking over the artwork while others appreciated its beauty and precision.

He believed the artist would have used a rake and rope and a stake to make it so perfect.

SOURCE Email, 13 May 2019 Malcolm Davison, Pearl Beach

Five-storey hotel for Ettalong?

An application for a five-storey 83-room hotel in Memorial Ave, Ettalong, adjacent to the Atlantis building would feature a guests-only roof top bar, lounge and swimming pool.

The exclusive roof top area brings the height of the development over the 17 metres limit to 18.6 metres high.

The roof terrace has structures for a bar, bathrooms and lift overruns plus rooftop services and glass balustrade around the pool.

The applicant argues that the site maximum height limit is exceeded at the centre of the roof plane and has no effect on overshadowing, privacy or views.

"Where it is seen looking south from Memorial Ave, the structure will appear as an integrated visual extension of the lifts which will be seen through the open courtyard."

Squillance Architecture submitted the proposal for 216-220 Memorial Ave which includes two levels of basement parking for 77 cars with the hotel rooms across levels one to four.

The estimated cost is almost \$18.6 million

The application was lodged on May 13 and the public will be able to comment on the proposal until June 6.

The application states: "The inclusion of a roof terrace bar and pool supports tourism and the

local economy and will assist in improving the external perception and awareness of Ettalong Beach as a unique coastal experience for tourism.

"The building's roof has been designed to create a highly amenable space that does not result in any significant negative environmental impacts."

The summary states that the building is "in some regards" non-compliant with the Gosford Development Control Plan 2013 but has been designed to provide a unique addition to the evolving architecture of the Ettalong Beach Town Centre.

It argues that: "the noncompliances do not result in any significant negative environmental impacts and instead contribute to a distinctive contemporary design of exceptional quality in the Ettalong Beach Town Centre".

The new hotel would overshadow some of the units at the new Atlantis building, reducing the minimum three hours of mid-winter solar access from three units which is a reduction of 14.3 per cent.

The applicant argues the proposal "does not have an unacceptable shadow impact on the adjacent development".

The lane to the south will be permanently overshadowed and the proposal does not provide a three metre setback. A second lane does not provide the three metre setback where it provides back of house area and an existing substation.

The application argues that the proposal's non-compliance with built form controls does not result in a significantly greater shadow impact upon footpaths than would be permissible under a fully compliant scheme.

It says it is consistent with the aims of the Gosford Development Control Plan 2013 in that the proposal will enhance the built form of the Ettalong Beach Town Centre, create new jobs and establish a new high-quality hotel with associated facilities to increase the perception and awareness of Ettalong Beach as a tourist destination.

The hotel is proposed to operate 24 hours a day, seven days a week.

The roof terrace bar is proposed to operate from 8am to 9pm, seven days per week, with a maximum capacity of 60 patrons.

The ground floor restaurant and conference facilities are to operate 6:30am to 11pm, seven days per week, but with no external seating before 7am or after 10pm.

The parking report presumes 0.2 peak hour vehicle trips per accommodation room and adds up to about 17 vehicle trips per hour during the morning peak and 25 during the afternoon peak.

Continued P4

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Five-storey hotel?

Hotel proposal draws comment

From P3

That number is offset by the volume of traffic "which could reasonably be expected to be generated by the existing uses of the site" including parking for some 30 cars which "can be conservatively assumed to generate 15 peak hour vehicle trips during the morning and afternoon peak hour".

The traffic report claims: "It is likely the proposed development will not result in any appreciable change in the traffic generation potential of the site during peak periods".

SOURCE: DA Tracker, 20 May 2019 DA56500, Central Coast Council A proposal for a five-storey 83-room hotel in Ettalong has received two responses from the public before it even went on public exhibition.

The comment period started on May 23 and will end on June 6.

"Sharnie" has asked council: "Why would you build this right next door to a housing unit block?

"Secondly, why would you double up on what is already right across the road and start putting established business out of business.

"Thirdly, why would you put the other small businesses out of

rey business.

"I am all for progress, so why not put something there that the local community can access and enjoy.

"It is not all about the tourist dollar.

"It's about the community as well," she said, arguing that these developments drive up the prices for everything in the local community for the average family.

She called for repairing the roads and for more parking facilities.

"It is not the local community that benefits from these projects. "It's the developer and other large businesses," she said.

Another public submission, with the name redacted, said that while urban renewal can be good for an area, they questioned another "tourist accommodation" or pub opposite Diggers and around the corner from BWS and the Ettalong Hotel.

"I can imagine the Local Area Police Command will protest the licence as should the new residents of the luxury units next door despite the 83 rooms facing east and west," the submission stated.

"I read the rooftop bar was for guests only, so will the neighbours

want more privacy?

"Again, the setbacks and street scape are inadequate.

"Three water gums on the footpath should be least five as they are on the western side.

"The plants on the roof top need a rethink.

"Plants on the plans are understorey palms, but they are planted on the northern top wall, right in full sun and hot winds."

Details of the proposal can be found through the DA Tracker on Central Coast Council's website. SOURCE:

DA Tracker, 20 May 2019 DA56500, Central Coast Council

Council staff at odds over street tree planting

Cr Richard Mehrtens has asked Central Coast Council staff to explain how one department has knocked back a request to plant trees to a community group that received a council grant to plant them.

Cr Mehrtens told Peninsula News his question came from his increasing frustration at council officers blaming underground infrastructure or protecting road surfaces and footpaths for not allowing street trees to be planted." He said this had come to a head because staff had recently knocked back requests from a Peninsula community tree group which had secured a council grant to plant street trees.

"Another directorate of council is now standing in the way saying they can't do it," Cr Mehrtens said.

"Dozens of other councils seem able to manage this problem, yet we fall back on these old and tired excuses.

"I want to know why council staff seem to think we are so unique and different that we can't do these things that so many others are gr jumping at the opportunity to do." w Cr Mehrten's question has yet co

to be answered Grown Urban Shade Trees is the community group referred to by Cr Mehrtens.

Group member Ms Melissa Chandler said infrastructure barriers for street trees did exist but they were not impossible to overcome and should not create such significant issues to make street planting impossible.

"We are seeing trees being planted in urban settings throughout

greater Sydney, including in areas with a much better existing tree cover," she said.

"That's because most councils are now considering the risks to infrastructure in the context of wider health and social risks associated with lack of shade.

"We also have improved technical details for species selection and planting methods.

"It is not a case anymore of to plant or not to plant.

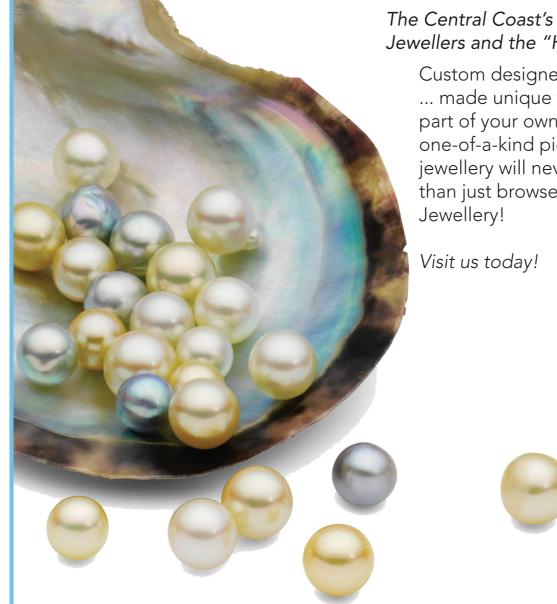
"It's a case of which tree, where and how to plant."

Ms Chandler said the grant to

the group for its Showcase Streets project was behind schedule but things had recently progressed.

A new street with less infrastructure had been chosen and doorknocking in that street would begin soon to enlist the support of residents

> SOURCE Central Coast Council agenda Q81/19, 29 April 2019 Media Statement, 8 May 2019 Richard Mehrtens, Central Coast Council Media Statement, 22 May 2019 Melissa Chandler, GUST



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Better shopping centre access to George St

Modifications costed at almost \$2.6 million are expected to provide better shopping centre access in George St, Woy Woy.

Deepwater Plaza is building a second entry point and public corridor from George St and will open new shop fronts onto George St.

The works will include a new pedestrian access for tenants from Railway St.

External pedestrian circulation space will be upgraded, including changes to road alignments and footpaths.

Three car spaces and an obsolete loading dock will be repurposed to create a new tenant entrance.

A continuous awning will be erected over the footpath.

Other internal adjustments involve the construction of internal partition walls to create four new tenancies in addition to a space for Service NSW which is already under way.

The internal adjustments are contained within the existing building envelope and do not increase floor space.

New stairs will be installed

for access to the existing mezzanine level, along with minor adjustments to the configuration of the mezzanine level.

The proposal has been approved by council under delegated authority.

Centre manager Ms Marcelle Proper said Deepwater Plaza continued to evolve and to cater to the growing needs of the local community.

"We're excited to introduce a new entrance located at the northern end of George St," she said.

"The new entrance will offer improved connectivity to Woy Woy train station, Railway St and the multi-deck carpark on George St, as well as providing easy access to the soon to open Service NSW and other stores at the northern end of the mall.

"A number of new retailer spaces will also be introduced along George St and we look forward to announcing the new retailers in due course."

SOURCE DA Tracker, 21 May 2019 DA 55564, Central Coast Council Media Statement, 21 May 2019 Marcelle Proper, Deepwater Plaza



Volunteers wanted to water street trees

Members of the Grow Urban Shade Trees group, part of the Umina Community Group, are seeking volunteers to help water newly planted trees across the Peninsula.

"With no rain expected for some time, our group is looking for willing community members who can adopt a tree or two to water," said group member Ms Debbie Sunartha.

"All is needed is a few bottles filled with water."

Since its inception in 2018, Grow Urban Shade Trees has planted a number of infant trees in streets and public areas across the Peninsula in an effort to combat the loss of green space on the Peninsula and to prevent the area from becoming an urban heat island.

"Simply advise us of your address and we will find you a nearby tree or two.

"We are determined to keep these trees alive," Ms Sunartha said.

SOURCE: Social media, 18 May 2019 Debbie Sunartha, GUST

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Two-storey 'boutique' boarding house proposed

A two-storey "boutique boarding house" has been proposed for 454 Ocean Beach Rd, Umina Beach, just 550 metres from the beach.

The site is about 100 metres south of the roundabout with West St and Sydney Ave and currently has two houses on it.

The rear house would be only partly demolished and altered to provide a manager's residence attached to the boarding house with 11 self-contained rooms.

The existing zoning allows for boarding houses.

The application, submitted by Mr Charles Dominec Raneri, says this is a new generation boarding house that would contribute to the much-needed affordable housing stock in the Umina area to help alleviate housing stress for low to moderate income households.

The application says "each boarding house room/suite will have its own bathroom, kitchen and laundry with sewerage service, water supply as well as connection to power, gas and other services as required.

"The developments as proposed will place minimal additional demand for existing infrastructure services.

are

"Accordingly, there

adequate services available," the report says.

"The proposed rooms differ from those of traditional boarding house rooms with shared facilities.

"The proposal is more akin to studio or one-bedroom apartments. "As such, it will not be offering

short term occupancies, but will only offer minimum terms of three months.

"The design and nature of these arrangements are likely to attract a more traditional long-term residential use rather than short term transient patrons."

Car parking would be available at the rear of the property while there is parking forward of the building line is proposed for three motorcycles.

"Examples of council approving parking forward of the building line are found in close vicinity of the site by three other examples," in Ocean Beach Rd, the report says.

Use of the common facilities is proposed to be restricted under the terms of occupation as provided in boarding house rules.

The rules would restrict the use of communal space and communal open space to the hours of 8am to10pm on any day.

Communal facilities are proposed with a kitchen facing the

southern boundary.

The kitchen is considered a low use area to be utilised by residents when holding functions or parties that are prohibited within their own rooms.

"This focusses the activity close to the on-site manager's residence and, as such, is easily and readily monitored and supervised.

"Periods of occupation and activity for these areas is mostly expected during weekends and mostly during daylight hours.

"Use of the common facilities is proposed to be restricted under the terms of occupation as provided in the boarding house rules.

"The rules restrict the use of communal space to the hours of 8am to 10pm on any day".

The proposal is fully compliant with council regulations and is below the maximum floor space ratio by 36 per cent.

However, the consultant's report foreshadowed the many objections that have already been sent to council since the proposal went on public exhibition mid-May.

"The boarding house use will most likely not be well received by local residents due to their preconception that a boarding house will attract undesirable patrons in terms of low socioeconomic background where such resentment is fuelled by prejudice against this demographic," the application acknowledges.

"The loss of more affordable caravan parks and manufactured housing estates, and relative undersupply of more affordable housing types is having a serious impact on low to moderate income renters and those more vulnerable in the local housing market.

"The provision of affordable housing and more recently, new generation boarding houses, has become a primary concern of Commonwealth, State and local governments.

"As a result and in response to local community resentment for such, various incentives have been applied to foster this kind of socially beneficial development.

"This type of new generation boarding house facility will attract members of the community that are self-sufficient and that desire to live independently rather than share facilities.

"This mode of lifestyle promotes self-respect and independence for their residents."

The report stated that was unfortunate that this type of accommodation fell under the label of "boarding house".

"The reality is that the type of new generation facilities are more akin to one bedroom apartments built to a limited size to ensure affordability.

"Perhaps if presented to the community as "boutique studio and one-bedroom apartments" instead of "boarding houses", the public recoil would not manifest.

The proposal is on public exhibition until June 6. and has already attracted dozens of comment after it appeared on a local Facebook site with a link to the online submission form.

The theme of the comments are objections due to parking and anti social behaviour.

"I oppose such a construction due to its nature and being in close proximity to the public school and surf club," reads one submission.

"I have a young family that I feel would not be safe living in such close proximity to a boarding house.

"Such residential models have very limited regulatory bodies overseeing their operations and I feel adamantly that such a proposal not be considered by council," it concluded.

DA Tracker, 20 May 2019 DA 56417, Central Coast Council



Our Coast, Our Waste

Central Coast Council is developing its first Waste Management Strategy to reassess current waste initiatives.

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yourvoiceourcoast.com/our-coast-our-waste

The first round of consultation closes Wednesday 5 June, with further consultation opportunities to follow.



yourvoiceourcoast.com

Chamber receives \$30,000 to promote local business

The Peninsula Chamber of Commerce has been given \$30,000 by Central Coast Council to promote local business and to increase foot traffic.

The grant is the result of a town centre review conducted by the Council of business development support for small businesses.

The funding and the ideas behind it have been welcomed by small business owner Ms Nadeane Fogg who fell foul of council regulations this month when she tried to improve visibility of her restaurant Link and Pin in Railway St.

"Someone complained to council about our flag and street furniture so our visible exposure is on hold until approval is sought," she said.

"It's funny, we got a call from council on the very same day an elderly gentleman tripped on the uneven footpath and banged his face badly.

"Lots of people would prefer people complained about uneven footpaths or holes in the road rather than our street furniture," she said.

The new policy might help small businesses like Link and Pin.

The council strategy will focus on street activation, streamlining red tape and improved night offerings

Chamber Peninsula of Commerce president Mr Matthew



Nadeane Fogg at Link & Pin

Wales said the funding would help to develop and deliver programs that increase retail awareness, improve foot traffic and patronage, access industry information and provide up-skilling opportunities.

"It is also aimed at strengthening advocacy by the local Chamber and improve communication between businesses and council."

He said street activation and retail centre promotion were important elements to ensuring that retail centres remained attractive and competitive.

The Chamber will have to sign

a funding agreement with council outlining specific and quantifiable outcomes that will be reported quarterly to council.

It was one of six Central Coast chambers of commerce to receive money after a council decision on May 13.

The program is required to be implemented from July 1 this year. Concepts to build on were identified during consultation sessions with representatives from business groups.

For Woy Woy, the area to capitalise on was in commercial and professional services.

For Umina, it was a vibrant street retail offering.

For Ettalong, it was tourism, cafes and restaurants.

For its part, the council will undertake to develop a night time economy strategy to assist business growth.

It will also pursue its "easy to do business approach" to streamline approvals and assessments for new businesses and changes to existing businesses.

It will develop a footpath activation policy to increase opportunities for activate and enliven town centre precincts.

And it will establish a program that assists businesses to promote and market themselves while improving communication and understanding with council.

A new committee will be formed soon.

At its February 11 meeting, council resolved to establish a town centres committee by June 2019. It will consist of interested councillors, relevant council staff and 10 community or business members

Its job will be to oversee the new town centre management model.

A review of the committee structure will be undertaken by the council within 12 months

Mr Wales said the new collaborative relationships were an important first step.

"Notwithstanding, there is also the need for Council to take

a longer-term review of its town centre infrastructure and make commitments to upgrading our retail centres at Woy Woy, Umina Beach and Ettalong Beach with improved footpath paving, street furniture and landscaping," he said.

"It is essential to the success of strip retail centres that they are pleasant, safe and inviting so that customers will keep returning to local businesses to do their shopping.

"It's been almost 20 years since Council upgraded the Peninsula town centres and the impact of time can be plainly seen with a clear need for a major revamp.

"This is not a cheap exercise but, nonetheless, it needs to be done lest the costs to do so escalate in the future.

"Such commitments are an essential investment in the future of our area and we have asked Council to take this on board in future budget discussions.

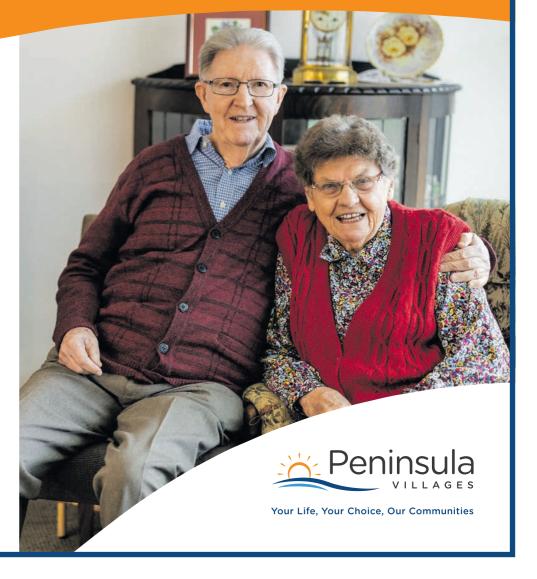
"However, the adoption of the Town Centres Development Support Program is a positive step, one which the Peninsula Chamber welcomes, and we look forward to working collaboratively with the Council."

> SOURCE **Central Coast Council** agenda 3.4, 13 May 2019 Media Statement, 21 May 2019 Matthew Wales, Peninsula **Chamber of Commerce** Media Statement, 20 May 2019 Nadeane Fogg, Link and Pin

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Matting installed to provide wheelchair beach access

Wheelchair access to Umina Beach is set to improve with the installation of special matting, according to surf club president Mr Stephen Scahill.

Two paths will be formed with the mats, one giving access to the Umina Beach lookout directly in front of Umina Beach Surf Life Saving Club and the other along the southern beach access track located on the right side of the club.

Mr Scahill said the mats were a big win for Umina and would allow more people than ever before to enjoy the beach. "This is the first project of its kind for a beach in this area and is something our club has wanted to do for a long time but never been able to finance," Mr Scahill said.

The project has been made possible through funding from Central Coast Council and Ability Links NSW.

Mr Schahill said the matting would further complement the surf club's existing beach wheelchair facilities.

He said the club had been going from strength to strength.

"This year we reached the 1000 member milestone for the first time, have had fantastic results at local, state and international carnivals and have had plans approved for an extension of our clubhouse to take place later this year.

"This access matting will make our beach better for everyone and it was really pleasing to see when different groups work cooperatively what great outcomes can be achieved for the community," Mr Scahill said.

The matting installation is being carried out by council and commenced on May 17.

Mr Scahill said the works were expected to be completed by mid-June, weather permitting.

SOURCE: Interview (Dilon Luke), 22 May 2019 Stephen Scahill, Umina SLSC

Democracy has failed, says residents' group founder

Democracy on the Peninsula has failed.

That is the thrust of the response of Save Our Woy Woy residents group founder Mr Harvey McDougall to the Council approval of a townhouse complex in Farnell Rd, Woy Woy, on May 13.

He said that not one of the three ward councillors represented the residents' views.

Submissions from the local community were ignored and the group was denied the opportunity to speak with council planning staff.

Emails from the group were left unanswered.

"We were regarded as unqualified persons who had no idea of what we were talking about," Mr McDougall said.

If the community was to democratically govern its own affairs, Mr McDougall said "the culture needs to change in Council".

"They need to do it for their people, not the intruders.

"We are the residents."

The council should be servants of the community, which should be their main concern, and "not the developers", he said.

He said the best councillor representation for the Peninsula would be independent people with no affiliation to any political parties and who lived in the ward they choose to represent.

He said council planning staff should be "telling the applicants what is needed instead of the other way around".

They should not unquestioningly accept arguments that "it is only a minor change and it will improve the standard of the development".

Mr McDougall said sitting in council meetings had been an eye-

opening experience.

"You get to see similar things occur as what you see in our federal parliament," he said.

"Sometimes, there are timid discussions and then other times they are full-on like spoilt brats: A total disgrace."

He said group members were dumbfounded with the Farnell Rd application, when "one of our Ward councillors moved the motion to give consent, and the seconder was another Ward councillor".

"The argument they gave was that they did not want it to go to the Land and Environment Court because it costs too much money."

Mr McDougall said the council should not allow itself to be put in that position in the first place.

"Fix it first before it goes too far. Isn't that more practical?"

He feared that, without change, Woy Woy would turn into a miniature Sydney – just another overcrowded, chaotic town that wasn't prepared with enough infrastructure in roads, transport, parking.

Mr McDougall said the members of Save Our Woy Woy had worked "tirelessly throughout the last 11-plus months" and the work would not stop.

"Our plans are to amalgamate with Residents for Responsible Ettalong Development and the Save Woy Woy Waterfront groups.

"With all of us together we can cover more issues and create more ways of mounting pressure where it is needed," he said.

"We welcome new members who are committed to help us continue our fight against over-development before it's too out of control."

SOURCE

Media release, 21 May 2019 Harvey McDougall, Save Our Woy Woy

Donation to Men's Shed

The Woy Woy Lions Rugby Club has donated \$1555 to the Umina Beach Men's Shed.

Club president Mr John Hewett said club members were thrilled to

be able to support the Men's Shed. "We've always been on good terms with the Men's Shed and we think they do really good work," Mr Hewett said.

"It's great to be able to support

other community groups and we hope to continue to do so through future Sports Luncheons," he said. SOURCE:

Interview (Dilon Luke), 23 May 2019 John Hewett, Woy Woy Lions Rugby Club



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Tesch urges support for on-demand bus service

Member for Gosford Ms Liesl Tesch is encouraging locals to support the extended trial of the on-demand commuter bus servicing Woy Woy station.

"I would love to see fewer people in their cars and more people on public transport or using active transport such as cycling or walking to get to and from the station.

"On-demand services are a great first step to reducing dependence on private vehicles," Ms Tesch said.

"This is about encouraging locals to think about changing their behaviour in the first and last mile link – between home and the station – where car dependence is high."

Ms Tesch said that she has used the service on a number of occasions, but was often the only one on board.

"Right now the trial is experiencing low patronage which doesn't give a good idea of how effective it could be.

"The mini-buses arrive when and where you need them and take you door to door.

"There is no parking stress.

"I would encourage locals to at least give it a go while the trial is running to see if it works for them."

The Independent Pricing Regulator has found on-demand services are significantly more expensive to operate than fixedroute buses, and primarily work best in areas where demand for public transport was low, or the supply of traditional public transport was costly.

Similar trials in Sydney have been cut

"I'm not saying this is the best or only solution, but it is something we should give a go while we have the opportunity," Ms Tesch said.

Passengers book via the CoastConnect app and pay directly by a linked credit card.

SOURCE: Media release, 23 May 2019 Liesl Tesch, Member for Gosford The Country Women's Association Woy Woy branch president Ms Jane Bowtell has spoken on statewide radio on May 19 about the work of the Association.

Ms Bowtell was interviewed on the Weekend Mornings program with ABC Sydney Radio 702 presenter Mr Simon Marnie.

Se spoke about the branch's recent success at the Central Coast Alive Vegan Festival before talking about the power of the Country Women's Association as the single largest women's lobbying group in the country.

Ms Bowtell said that the Association was more than just "tea and scones" with each individual branch containing its own rich history as a mecca of women's advocacy, camaraderie



CWA branch president

speaks on radio

and skill-sharing.

"At its core the Association is about respecting the women that came before us and retaining the knowledge of those older generations.

"We owe it to them to keep these skills alive and all the things they taught people and all the things they did for their communities.

"Yes, we have to modernise and bring things into this century, but at the Association's core this is what we're about and that's what we try to achieve at Woy Woy," Ms Bowtell said.

Ms Bowtell said the Woy Woy branch had an 87-year history of service, including time as a baby health centre and currently hosting the BreastScreen van where women can have mammograms.

Other projects Ms Bowtell spoke about during the segment were the Woy Woy branch's kitchen chicken and their new bra garden planted at the Woy Woy CWA Hall known as the Hanging Garden of Brabylon.

SOURCE:

Social media, 19 May 2019 Jane Bowtell, Woy Woy CWA branch

Council staff recommend rate rise

Central Coast Council staff are recommending a 2.7 per cent rate rise for next financial year.

Councillors will consider the recommendation at tonight's Central Coast Council meeting (Monday, May 27).

The rates rise is the highest rate the council can charge under the rate peg set by the Independent Pricing and Regulatory Tribunal.

This year rates went up 2.3 per cent on the previous year but water and sewerage charges didn't rise. The maximum rate rise was set

last September.

At the time, tribunal chair Dr Peter Boxall said the rate peg was higher than it had been in recent years primarily due to increases in labour and energy costs and higher construction costs for roads, drains, footpaths, kerbing and bridges.

The council was also due to accept the tribunal recommendations for the prices the council could charge for its water, sewerage and drainage services for the coming financial year.

The tribunal's draft recommendations, which were open to public comment until the end of April, included the statement: "Under our draft prices, bills would fall for most residential and non-residential customers.

"Bills would increase for some non-residential customers in the former Wyong area." In May 2017, the Minister for Local Government directed Council to maintain the rate paths that were in place prior to the amalgamation of the former Gosford and Wyong Councils on 12 May 2016 and to do so until 30 June 2020.

As a result of that, residential rates are calculated differently depending on area.

In the old Gosford local government area, rates are based an "ad valorem" rate of 29 cents in the dollar with a minimum rate amount of \$540 while the former Wyong area is based on 46 cents in the dollar but the minimum rate amount is \$300.

SOURCE Central Coast Council agenda 4.8, 27 May 2019 Website, 22 May 2019 Central Coast Council prices, IPART

CWA celebrates Mothers' Day

Members of the Woy Woy branch of the Country Women's Association sold scones at a local hardware store to celebrate Mothers' Day.

Activities hosted by Bunnings in Umina on May 11 also included face painting, a hanging plant workshop and marshmallow toasting.

"It was lovely to see different members of the community come together to celebrate the women in their life," said Woy Woy branch president Ms Jane Bowtell.

SOURCE: Social media, 11 May 2019 Emily Bowtell, Woy Woy CWA branch

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Lucy Wicks on election night

Wicks returned for third term

Liberal Member for Robertson Ms Lucy Wicks has been returned for her third term with an increased majority in the federal election held May 18.

Out of 54 polling places in the electorate only one place was still to finish counting last Thursday afternoon, May 23.

On two party preferred votes, Mrs Wicks won 54.47 per cent of the count compared to Labor's Anne Charlton on 45.53 per cent.

Mrs Wicks had a 3.33 per cent swing to her compared to the previous election in 2016.

One first preference votes, the Liberal Party's Ms Wicks was polling 41,045 votes or 47.43 per cent of the votes compared to Labor's Mrs Charlton on 29,772 or 34 per cent of the votes.

The Greens' Ms Cath Connor received the next most support with 6388 votes or 7.38 per cent. Independent David Abrahams was fourth with 2627 votes or 3.04

per cent of the votes. Other results were United Australia Party (2.71 per cent), Animal Justice Party (1.99 per cent), Sustainable Australia (1.67 per cent) and Christian Democratic Party (1.38 per cent).

However, on the Peninsula, Labor won 50.94 per cent of the two-party preferred vote to Liberals' 49.06 per cent.

The numbers voting at the Woy Woy pre-poll booth were 12,636, outnumbering those voting at booths at Ettalong, Umina and

Join Our Team

Woy Woy on polling day (10,886). Of these, Liberals received 6601 (52.24 per cent) of the twoparty preferred pre-poll votes to Labor's 6035, while Labor received 5947 (54.63 per cent) of the twoparty preferred votes to Liberals' 4939 at booths on polling day.

The seat of Robertson takes in about 980 square kilometres from the Hawkesbury River includes the main towns Erina, Gosford, Gunderman, Kulnura, Mooney Mooney, Narara, Patonga, Somersby, Terrigal and Woy Woy. A total of 111,255 people were eligible to vote but the turn out was 83.60 per cent with an informal vote of 6.96 per cent.

SOURCE: Website, 23 May 2019 Tally room, Australian Electoral Commission

An honour to be returned, says Wicks

Member for Robertson Ms Lucy Wicks has said it was a tremendous honour to be returned for a third term in the Federal election.

"This is an honour and an outstanding endorsement of our plan for the Central Coast and an endorsement of what we have delivered over the last six years," she said.

Ms Wicks said she had held the seat of Robertson by a slim margin of 1.1 per cent and had now increased that to more than 4 per cent at current count.

"I am so grateful for the support I have received.

"I love being the Member for Robertson and cannot thank my supporters enough.

"I look forward to the next three years, working with the people of the Central Coast and seeing our commitments become a reality."

Labor candidate Ms Anne Charlton congratulated Ms Wicks: "I congratulate Lucy Wicks on retaining the seat and I wish her well for the next three years in supporting this community.

"It has been a great honour to represent the Labor Party and stand with a movement that has for more than 120 years fought for a better deal for working people.

"We ran a strong and united campaign against a government that only cared about itself and its mates at the big end of town."

She said she would continue to hold the Liberals to account for the promises they made during his election and from their last term.

Central Coast mayor Cr Jane Smith called for all levels of government to work together to deliver the funding and infrastructure commitments promised in both the recent State and Federal elections.

Cr Smith thanked all candidates for their commitment to the Central Coast and for prioritising funding commitments to the areas the community valued the most.

"My congratulations to all the sitting members who were reelected in both the recent State and Federal elections," Mayor Smith said.

"I also thank all those candidates that put up their hands to be considered for election.

"It is only through a robust democracy that we all prosper." SOURCE:

Media Release, 20 May 2019 Lucy Wicks, Member for Robertson Media Release, 23 May 2019 Anne Charlton, Labor candidate for Robertson Media Release, 22 May 2019 Mayor Jane Smith, Central Coast Council





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CWA branch shows second fastest growth in NSW

The Woy Woy branch of the Country Women's Association has received an award for being the second fastest growing branch in NSW.

The branch received the award at the NSW Country Women's Association State Conference, held in Albury from May 6 to 10.

It had the second highest membership growth in the state, with first place going to the Tamworth Evening branch.

"We were very proud to receive second place in the Australian Event Services Award for largest increase in membership for the year," said branch president Ms Jane Bowtell.

"We have worked hard to build our membership over the past few years and could not be happier with the amazing women we have at our branch.

"It is extremely heartening to see branches growing in numbers so significantly and making a real difference in their community, and further afield," Ms Bowtell said.

SOURCE: Social media, 13 May 2019 Emily Bowtell, Woy Woy CWA

Scouts donate to community garden

The caretakers of the Woy Woy Peninsula Community Garden received a donation of \$300 from Gosford District Scouts and the First Woy Woy Sea Scouts.

Broken Bay Scouts Joey leader Ms Kerrie Boxsell said the funds were raised during the Scouts celebration of Founders Dav in February, which coincides with the birthday of Baden Powell, who founded the Scouting movement.

The Scouts delivered a cheque for \$300 to the garden volunteers on May 20.

Ms Boxsell said both Scouting groups had undertaken outings to

the garden in the past and decided to donate the funding after hearing of the recent arson attacks which caused significant damage to garden facilities and disrupted its day-to-day operations.

SOURCE: Media release, 21 May 2019 Kerrie Boxsell, Broken Bay Scouts







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Ms Kathy Beverley with Ms Lisa Healey

Hospital supports employee cycling for cancer cure

A local hospital has donated \$500 to one of its employees who took part in the 2019 Tour de Cure.

Ms Lisa Healey rode 1400km from Sydney to Geelong to raise funds for cancer research, support services and awareness.

"I don't take my health for granted," she said.

"Having family members, friends and colleagues impacted by cancer, riding for Tour de Cure is my way of making a difference in the fight against this terrible disease," Ms Healye said.

As part of her campaign, Ms Healey, who works in the cafe at

Brisbane Waters Private Hospital, set herself a fundraising goal of \$12,000.

As of May 22, she had raised \$10,590 for Tour de Cure.

Brisbane Waters Private Hospital donated \$500.

Hospital chief executive Ms Kathy Beverley said the hospital was proud of Ms Healey and supported her in this worthy cause.

Ms Healey is still accepting donations through the Tour de Cure website.

SOURCE: Social media, 20 May 2019 Kathy Beverley, Brisbane Waters Private Hospital Website, 22 May 2019 Lisa Healey, Tour de Cure

De facto

Lions club holds tea cosy expo

The Lions Club of Woy Woy Peninsula will hold its 10th Annual Tea Cosy Expo over the June long weekend, June 8-10.

This year the expo will be held at a new venue, the first change of location for this event since its inception

It will take place at Umina Beach Surf Club from 9:30am to 4pm on the Saturday and Sunday and 9:30am to 3pm on the Monday. Club secretary Mr Greg Head said a large display of tea cosies and tea pots will include many

available for purchase. A bric-a-brac table and Devonshire teas will be available. Entry will be by gold coin donation.

> SOURCE: Media release, 15 May 2019 Greg Head, Lions Club Woy Woy



Strom Talk for World Environment Day

Central Coast mayor Cr Jane Smith will host the inaugural Strom Talk on World Environment Day.

The talk will celebrate the protection of the natural environment and Coastal Open Space System.

It was named in honour of former Killcare environmentalists Beryl and Allen Strom, who died in 2002 and 1997 respectively.

Among their achievements were the establishment of the Gosford District Historical Research and Heritage Association, Gosford District Environment Foundation and the Association for Environmental Education (Central Coast Branch). They were foundation members of the Killcare Wagstaffe Trust. Both regularly attended Gosford Council meetings.

Beryl worked on numerous Gosford Council committees and was actively involved in the Gosford Coastal Open Space System.

The Strom Talk will be held on Wednesday, June 5, at the Greenway Chapel, 460 Avoca Dr, Kincumber, from 6pm to 8pm.

The guest speaker will be Dr Glenn A Albrecht, a researcher into the positive and negative psychological, emotional and cultural relationships people have to place in the context of climate change.

SOURCE: Media release, 19 May 2019 Cr Jane Smith, Central Coast Council

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Council abandons attempts to trap foxes

Central Coast Council has abandoned attempts to trap foxes at Blackwall Mountain Reserve and Castle Circuit/ Homan Close Bush Reserve. Umina, after failing to catch any foxes in 2018.

The trapping component of the council's fox control program was suspended at all sites in December, with the exception of the habitat of the bush stonecurlew at Davistown and Saratoga.

The Council is reviewing its fox control program.

The program is focused on a 1080 baiting program but is supported by a trapping program.

A report to council says trapping is only conducted when foxes have been sighted in environmentally significant locations and where restrictions to baiting apply.

The review will consider all aspects of the program, including the existing procedures to ensure the humane treatment of both foxes and non-target species (including domestic pets) which may be inadvertently trapped.

Baiting of foxes is undertaken where the required distances from residences can be achieved. Fox baiting occurs in 19 Natural and

Environmental Asset reserves across the Central Coast local government area but no peninsula sites are listed as current baiting sites

Meanwhile, the NSW National Parks and Wildlife Service will continue wild dog and fox baiting in Bouddi National Park which commenced on April 30 and is expected to continue until June 25. The Service is undertaking

1080 ground baiting for fox control in the park.

This baiting program is being carried out as part of a broader coordinated control program to mitigate the impacts of foxes on stock and wildlife.

The Parks Service reminded residents that domestic pets were not permitted in national parks or reserves and neighbours and park users are reminded that 1080 baits are lethal to domestic pets.

All areas will have 1080 baiting signs erected at access points to where baiting is being undertaken. In the event of accidental poisoning seek immediate veterinary assistance.

> SOURCES: Newsletter, 3 May 2019 Peta Colebatch, WTKCA **Central Coast Council** agenda 4.2, 13 May 2019



Program for parents of teenagers at community centre

A five-session Tuning in to Teens parenting program will be held at the Peninsula Community Centre in Woy Woy every Tuesday from May 28 until June 25.

Presented Uniting's by Reconnecting Parents and Adolescent Team, the program is designed for parents of adolescents aged between 10 and 18 years.

The Tuning in to Teens program aims to equip parents with the skills to take a more emotionally intelligent approach to parenting, as well as giving parents the knowledge to help their teens develop emotional intelligence for themselves.

Coast Community Connections chief Mr Bruce Davis said the organisation was hosting the

program following requests from parents.

The program is free to attend but bookings are recommended as space is limited.

For further information and bookings, contact the Peninsula Community Centre on 02 4341 9333.

SOURCE: Media release, 15 May 2019 Alison Steele, Coast **Community Connections**

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Children learn to swim

A group of 55 children aged between five and 14 spent their April school holidays learning to swim at the Peninsula Leisure Centre.

The children spent the school holidays undertaking Royal Life Saving NSW Swim and Survive Program.

"Swimming is a valuable life skill and every child in Australia deserves the right to be able to learn how to swim," according to Royal Life Saving regional manager Ms Tanya Brunckhorst.

"Royal Life Saving NSW believes that the rapid increase in drowning in young adults aged 15 to 24 years of age is undeniably linked to a fall in the swimming and water safety skills of children in the 5 to 14 years' age group.

"Research has shown that many children are leaving primary school without being able to swim 50m or float for two minutes.

"For many of these children, this has been their very first introduction to learn to swim

classes.

"The children have come along each day of the holidays and have learnt swimming and survival skills in the water," Ms Brunckhorst said.

"Some of these skills include safe entry and exits from the water and what to do if you get yourself into trouble.

"Their improvement has been remarkable," she said.

The program was made possible by a grant from Central **Coast Council**

Mayor Cr Jane Smith said the council was pleased to be partnering with Royal Life Saving NSW.

"Nothing is more important than keeping our kids safe.

"The Central Coast is blessed wonderful with waterways, beaches and pools, but too many lives are lost because people don't have the right water skills.

SOURCE: Media release, 7 May 2019 Tanya Brunckhorst, Royal Life Saving NSW

Mehrtens concerned about short-term accommodation

matters.' Cr Richard Mehrtens says

he has been approached

by residents in villas on the

Peninsula about problems

with bed and breakfast

residents of villas in Woy Woy

that have an AirBnB next door," Cr

there is a new group of people

are complying developments and

only come to council attention

when two complaints are made,

enforce residential zoning, as

this is included in the residential

that we lose control of the problem

the modern era, the activity is

well ahead of the regulation,

and councils need guidance on

how this is supposed to work in

communities around the state, not

if this isn't regulated.

"It's not so easy as to just

"I think there is a serious risk

"As with so many things in

then a DA has to be submitted.

having parties and loud events.

"I've been approached by

"They say that every weekend

"The worrying part is that these

accommodation.

Mehrtens said.

zonina.

Cr Chris Holstein said he had more complaints from peninsula residents about strata title issues.

He said having a full time tenant in a house was much more attractive and consistent than the ups and downs of bed and breakfast accommodation.

Party houses were different to the idea of bed and breakfasts where the owners were on-site.

He said AirBnb issues would come up during the drafting of council's new Local Environment Plan but it was still up in the air as to which government body - State or local - would be in control of any new regulations.

Earlier this year, the councillors debated a development application for an AirBnB in Norah Head and knocked back the application citing residential amenity, visual and acoustic privacy and because it wasn't in the public interest.

Cr Troy Marguart and Cr Bruce McLachlan voted against refusal.

Cr Mehrtens said: "As I said during the debate when the DA for the AirBnB in Norah Head came up, that as we are a popular tourist location, home owners will see it as a great opportunity to make some extra money by renting out their homes or investment properties on AirBnB.

now making it easier for people to do this year-round with little consequence for them, but some dire issues for their neighbours and the local community spirit. "Similarly, we already have a housing affordability crisis on the

the holiday market in the beach

side suburbs, technology is

Coast, and if landlords can instead make twice as much money by only doing short term rental over summer or during school holidays, then long term renting will become even more unaffordable and precarious for local renters.

"We'll end up with suburbs becoming party house central, or being completely dead because no one actually lives there full time any more, and just comes for a few days or weeks then the house lies empty until the next people come in for their short stay.

"We are pulling out the rug from existing residents who chose to live in a residential suburb, not next to a club or hotel."

A quick search on AirBnB asking for a place in Woy Woy comes up with more than 300 options.

SOURCE Media statement, 8 May 2019 Cr Richard Mehrtens, **Central Coast Council** Media Statement, 9 May 2019 Cr Chris Holstein, Central **Coast Council**

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Morning tea at **Hardys Bay** Bay Community Hardys slices.

Church members will be part of the Cancer Council's Australia's Biggest Morning Tea from 10:30am to 12pm on June 8.

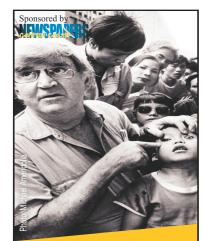
"Our members will be supplying all the food and drinks," organiser Ms Angela Glover said.

"We will be providing a variety of teas, plunger and instant coffee. iced water, mixed sandwiches, scones, jam and cream and a variety of homemade cakes and

"We have a hamper to raffle and a guessing competition," she said.

Entry is by donation and all proceeds go to the Cancer Council with church members hoping to raise more than \$1000 for the organisation.

Church members have been holding Biggest Morning Teas since 2009.





4 OUT OF 5 PEOPLE

just here. "Until then, I have major concerns about how this will affect our suburbs moving forward and will critically analyse every DA that we get to the chamber on these



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BATHS

Luxury freestanding bath

Freestanding spa bath

SOURCE: Media release, 14 Apr 2019 Angela Glover, Hardys Bay **Community Church**

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Country singer Kasey Chambers with Mr Phil Butler

Donations to children in Zambia

Rotary hears about

men's shed activities

its members.

their own projects.

Deeble said.

The Woy Woy Football Club has donated several kits and footballs to children in Zambia.

The kits and footballs were donated by club president Mr Phil Butler to the Our Rainbow House foundation.

The Rotary Club of Woy

Woy has had one of its own

members, Mr Vic Brown, as

of Umina Beach Men's Shed and

Vic Brown is the secretary of the

Men's Shed," said Rotary club

activities and projects undertaken

at the shed and the vast range of

knowledge and experience among

"Vic gave a talk about the

publicity officer Mr Vic Deeble.

"Our club is a proud supporter

its latest guest speaker.

Our Rainbow House is an accredited member of the Australian Council for International Development that focuses on children's welfare programs in Zambia.

SOURCE: Social media, 13 May 2019 Phil Butler, Woy Woy Football Club

"He said the shed is a place

where men can socialise, discuss

secret men's business over a

cuppa and work on community or

and a lawnmower motor) that the

Men's Shed use to show school

students how things work," Mr

Vic Deeble, Rotary Club of Woy Woy

SOURCE:

Newsletter, 30 Apr 2019

"Vic brought samples (a tape

Denise Pullen, Mary Bryant, Allan Cameron, Kathy Beverley, John and Sue Evans, and Judy Dover

Volunteering for 76 years

Between Pullen, Mary Bryant, Allan Cameron, John and Sue Evans, and Judy Dover have volunteered for 76 years.

Their efforts were recognised during National Volunteer Week, May 20-26, at a local award ceremony.

Brisbane Waters Private Hospital celebrated the work of these volunteers with a special morning tea and ceremony.

"We value our volunteers which is evident in the number of years our volunteers have remained with our hospital," said hospital chief Ms Kathy Beverley.

"Encouraging our volunteers to remain with the hospital is important, and providing recognition of their contribution is equally important."

She said that research showed that 96 per cent of those who donated their time for the greater good found more happiness in life.

"The benefits of volunteering are numerous, from improving one's health and happiness to promoting a sense of belonging, boosting

BEACHSIDE NEW & USED FURNITURE

mood and making friends," she said.

"Volunteering is a great way to promote strong social networks.

"Research also suggests volunteering is a beneficial way to connect with your community and build positive relationships through creating social capital, building bonds of trust, cooperation and respect for diversity."

SOURCE: Media release, 21 May 2019 Petrina Waddell, Brisbane Water Private Hospital



Denise



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Rotary club honours final wishes

Members of the Rotary Club of Woy Woy honoured the final wish of Rotarian Ms Fiona Hunt on April 29, when they scattered her ashes across the Brisbane Water.

"It now almost a year since we lost our lovely Fiona, and as per her will and wishes, she asked to have her ashes spread on Brisbane Water with her friends and family," said club president Mr Russell Grove.

"On Monday, April 29,12 of us were able to catch the 1:50pm ferry and make the round trip from Woy Woy to Davistown.

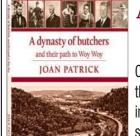
"It was a beautiful afternoon on the water, and Fiona was remembered by us all as she had her wish granted.

"Twelve pink roses were placed gently in Brisbane Water with her, and some of her favourite music was played as the short ceremony took place.

"There was a gathering at a cafe in Woy Woy afterwards, with some reminiscing and smiles," Mr Grove said.

SOURCE: Newsletter, 6 May 2019 Vic Deeble, Rotary Club of Woy Woy





A dynasty of butchers

and their path to Woy Woy Central Coast historian Joan Patrick traces the history of the Nichols family, from arrival in New South Wales in 1882, through work as slaughtermen and development of their family businesses

172 pages, RRP \$50.00

www.joanpatrick.net **ENQUIRIES AND ORDERS:**

Soup and bread night for Rotary

The Rotary Club of Woy Woy has held a Soup and Bread Night at Ettalong Beach Girl Guides Hall to mark the birthday of Rotary founder Mr Paul Harris.

"Members and partners gathered to celebrate the occasion on April 23 and to raise funds for the Rotary Foundation with \$696 raised through the event," said club president Mr Russell Groves.

"Who knew that the Rotary Club of Woy Woy had so many talented soup makers in its midst?

"From the worry that we would not have enough to eat, to the concern of what to do with the leftovers, it was quite a feast," Mr Grove said.

SOURCE: Newsletter, 30 Apr 2019 Vic Deeble, Rotary Club of Woy Woy

Trash and treasure raises \$5000

The Wagstaffe to Killcare Community Association's 2019 Trash and Treasure sale has raised \$5377 for the organisation, according to association president Ms Peta Colebatch.

A donation of a skip, worth around \$1000, was also received.

"Our marvellous community once again rose to the occasion by pitching in, rallying around and doing all the things required to bring our annual Trash and Treasure fund raising event to fruition," said Ms Colebatch.

"People were sifting and sorting goods at home and brought them to the Wagstaffe Hall.

"Our sturdy trailer drivers collected larger items, loaded and unloaded and then again after the event for the things that were unsold.

"Many volunteers worked long and hard to set up the hall.

"We had helpers of all ages, including some in their 80s, who served on the stalls and then helped stack and sort and sweep the floor afterwards.

"None of this can be done without tireless community effort, but I for one would have to say that we all seem to be getting older (for which we're grateful of course), but it can be also a very tiring event for those who are on duty for a number of days.

"So while we're delighted with the community spirit that rises to the occasion, perhaps we should be thinking too and getting your ideas on how we can make changes in the future to make it easier on us all," Ms Colebatch said.

"We always seem to have a lot left over, even books, and it's hard to have to put things in the skip.

"When the clean-up started, we sorted out some boxes of good quality items that were taken by volunteers to charity shops, to help reduce waste.

"It's a fun event - seeing what comes in and goes out - and it certainly brings us all together and gives time for a community catchup and chat." Ms Colebatch said. SOURCE:

Newsletter, 3 May 2019 Peta Colebatch, WTKCA

Rotary members attend dawn service

Members of the Rotary Club of Woy Woy attended the Woy Woy Anzac Day Dawn Service on April 25.

Club president Mr Russell Grove said it was a beautiful service and a fitting tribute to those who laid down their lives so that others may live in a land in peace.

"There was a very large crowd in attendance, who were very appreciative of the candles, tea, coffee and delicious Anzac biscuits made by Jenny Brock," Mr Grove said.

SOURCE: Newsletter, 30 Apr 2019 Vic Deeble, Rotary Club of Woy Woy





FREEMASONS NSW & ACT



Freemasonry is a large fraternal organisation that promotes moral and personal development amongst its members.

Its core values include caring for others, helping those in need and acting with honesty and integrity.

Freemasonry puts its principles into practice through its charitable activities.

We believe in interacting and working closely within our local communities to help all people in need and their communities as a whole.

In a world often dictated by hate and segregation, membership of an organisation capable of uniting men of all religions, colours and even accents is more relevant than ever





Forum

Universities drive up house and rent prices

Independent candidate for **Robertson David Abrahams** wants a university here and I say no way.

Many of us have moved from Sydney away from universities as they attract thousands of international students and their families.

They drive up house and rent

Forum

prices but there are also so many other issues associated with the influx of people.

We want the Central Coast to stay the way it is, please. Email, 16 May 2019

Astra Revson, Woy Woy

Stop outrageous boarding house development

There is currently development application for an 11 unit-room boarding house at 454 Ocean Beach Rd, Umina.

All Umina residents I know are vehemently opposed to the proposal.

A little known fact is when criminals are released from prison if they have nowhere to go they often are relocated to boarding houses because of the cheap accommodation.

Developers tried to build a similar boarding house at Ettalong strenuously where residents objected and successfully prevented it being built.

The homeless people gathering at Woy Woy are a sad blight on the area with drunkenness, fighting and foul language common.

The people of Umina don't want to see this beautiful beachside suburb turned into a slum area of the future.

This development is opposite the CWA Hall where senior citizens regularly congregate.

It is near Umina Beach Public School and numerous children walk to school, sometimes unsupervised.

It is a long way from Woy Woy railway station and is nowhere near a ready employment hub.

There is enough pressure on public transport now.

There are 11 units, selfcontained, with no apparent stipulation of the numbers of people allowed in each unit, as well as a minimum of one manager

Forum on duty at all times.

The boarding house will be operational 24 hours a day, seven days a week.

Smoking is strictly prohibited within the internal parts of the premises, including all rooms, bathrooms and common areas, meaning of course nicotineaddicted residents of the boarding house will gather outside on Ocean Beach Rd smoking.

In light of the sheer weight of numbers of Umina residents opposing this development, I look to our council officers and our elected council representatives to act responsibly and stop this outrageous development in a residential area.

Please do not destroy the natural ambience of Umina with inappropriate developments like this.

I caution if this development is allowed, other similar applications will follow.

Email, 18 May 2019 Kevin Woods, Umina

You know the common phrase "it takes a village to raise a child".

I would like to tell your readers that that sentiment extends throughout life to the elderly.

The village I want to praise is Umina and the person is my 90-year-old widowed father, Jack, who has lived there for the past 43 vears

At first, I wanted to send thanks to the kind person who found my father's lost wallet last Friday outside Aldi and returned it to him complete with all monies and cards intact

What a wonderful gesture that brightens the heart: to think that honesty and decency still exists!

the humanity However, extended to my father from the "village" Umina doesn't stop with a single act of decency, it is displayed 10-fold each week by members of the community.

I want to share some of the spirit of Umina and thank the people who care enough to be kind.

This is not an obituary as Jack is well alive and kicking (or talking) as many would know him from his friendly wave, greetings and small talk to familiar faces as he rides his scooter up and down West St

It is the selfless acts of kindness over and above the friendliness that impresses me.

Forum

It takes a village

LETTERS TO THE EDITOR should be sent to:

Peninsula News PO Box 1056, Gosford 2250

or editorial@centralcoastnews.

The Meals on Wheels delivery man who brings a "special" cake for Jack along with his meals weekly.

The friendly man who drops in for an hourly chat weekly and whose wife invites Jack over for lunch. The "unknown" woman who met Jack at the coffee shop and brought around home-made soup that afternoon on her way to her nursing shift.

The wonderful women at the chemist and post office who share a joke, a birthday card, a present, give a hug and even phone Jack if they haven't seen him for a few days.

The coffee shop worker who "slips' him a free biscuit from time to time but remembers how he likes his coffee so that he feels special.

The new coffee shop owner who has only met Jack recently but took the time to carry his basket and help him shop at Woolworths last week.

The friendly and patient staff at the doctor's surgery who share his jokes.

The current postie who stops to share a laugh.

The previous postie who used to bring him eggs from her chooks weekly.

These may all seem quite trite, small gestures but accumulatively they support and care for an individual who is also much loved by his family.

On behalf of Jack's family, I thank the "village" of Umina for raising and caring for our father also.

Maybe it is isn't an extraordinary tale.

My father led an ordinary life, youngest of nine children, too young for the war, worked for the Sydney Morning Herald for 45 years, raised four children, married for nearly 60 years, played competitive sport, coached etc.

He is a likeable "larrikin" (like Bob Hawke), a decent man, and honestly I think he deserves the love and support he gets from his family and his community.

> Email. 19 May 2019 Jenny Aitken, Queensland

Metres of plastic propaganda is unacceptable

I am a Labor supporter.

However, I was going to write this letter no matter who won.

Do we really think that metres and metres of plastic propaganda

is changing people's minds? As from 4 o'clock the previous

day, the schools were plastered.

Forum

In a time when we try to reduce plastic and try to teach our children to care for the environment, I think this is unacceptable.

Let's pressure the Australian Electoral Commission to reduce this crazy custom.

Maybe limit it to five metres each and five placards?

And please no lies on them. Just the candidate and the policy.

Email, 21 May 2019 Ina Fine, Woy Woy



almost daily.

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contribution conditions

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or visit www.noffs.org.au tedn@ffs FOUNDATION



Other Regional News - In brief

news specifically relating to post code areas 2256 and **2257.** Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

Peninsula News focuses on in the most recent edition of on www.centralcoastnews.net each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.



Robertson electorate to benefit regardless of who wins the election

ABC Friends call on voters to support

candidates who support the ABC

Election on May 18.

Multi-purpose Cultural Tourism Village proposed for former Old Sydney Town site

As the Federal Election looms on May 18, A new plan for the revitalisation of the Coast Community News spent time over poth Prime Minister, Scott Morrison, and former Old Sydney Town (OST) site could recent weeks interviewing candidates for Opposition Leader, Bill Shorten, have made see some of the original buildings retained the Federal Seat of Robertson, as well as visits to the Coast in recent days, wooing as the hub of a huge tourist destination, community groups and voters queueing at voters in the marginal seat of Robertson. incorporating a performing arts area, prepoll booths. entertainment and attractions, retail and

Robertson voters

Climate Change a major issue for

Hospital executives chosen

Rotary Club donates funds for equipment for cystic fibrosis patients

ABC Friends Central Coast has called Gosford Private Hospital Executives, Cystic fibrosis patients at Gosford Hospital on the region's voters to support those Matt Kelly and Jennifer McNamara, have are benefitting from new equipment candidates who pledge to support the been chosen from over 250 worldwide purchased via a donation from the Rotary national broadcaster in the Federal applicants to present at the prestigious Club of West Gosford. Cleveland Clinic Patient Experience:

Empathy and Innovation Summit in the

Hospital Emergency Departments receive \$25,000 from Bay to Bay **Running Festival**

School wins fourth round of Debating Tournament

Comedy for a Cause fundraiser at Erina

Gosford and Wyong Hospital's Emerge Central Coast Grammar School sent a Student leaders at Erina High School n c y Departments have once again been contingent of students to contest the fourth are coordinating a Comedy for a Cause named as major beneficiaries of the Bay to round of the HICES Debating Tournament. fundraiser to take place at the school. Bay Running Festival.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastco mmunitynews.com.au



Unchallenged Toukley development

approval seen as thin edge of the

wedge

Conroy and McBride returned to Parliament but with a reduced margin

Its business as usual on the northern part A final bid by Central Coast Councillor, A small group of residents on a side road and Dobell showed sizeable swings away St, Toukley. from the Australian Labor Party

\$17m self-care residential village

Double storey boarding house proposed for Kanwal

of the Central Coast with both Labor MPs Greg Best, has failed to convince Council in Kanwal are waiting to hear a decision being returned after the Federal election on to mount legal action against approval to from Central Coast Council about a Saturday May 18, although both Shortland build 34 residential flats at 6-10 Dunleigh proposed two-storey boarding house in their neighbourhood.

Parking blitz challenged because of Affordable housing project planned for

Page 18 - Peninsula News - 27 May 2019

-orum

Sandplain lends itself to different drainage solution

The Central Coast Council media release quoted in Peninsula News "Everglades catchment drain upgrade completed" 29 April, tells us the upgrade "focussed on the section of drain that stretched from Carpenter St. to Glenn St" - fully 60 metres.

There are two sediment pits on Carpenter St and one on Glenn St. From the Carpenter St. pit,

there is a short pipe of around 40 metres to the open channel I may be reading this wrongly,

but half a million dollars seems a bit of an overspend.

If this figure is correct, what will it cost to implement future stages that "are currently in the design phase." And this is just the Everglades precinct.

On the positive side, at least Council is pushing the water in the right direction to Correa Bay, not the beaches.

Helpfully, Council's director tells us that this part of Umina Beach is "very flat" and that "flooding is often caused by build up of sediment in the drainage system that causes blockages."

There is an alarming problem with Council's thinking here.

This great flat sandplain lends itself to a different solution.

Most recent council drainage works have focused on directing all water to the Ocean Beach main drain with disastrous erosion consequences at the beach.

Modern thinking is to see cities as sponges and return excess and stormwater to the ground water system.

This "sponge" system requires little maintainence and is simple to install, especially when you have a sand base to act as sponge as we do.

Plumbers on my street were installing an absorption system last week on a new building and they do it frequently.

During the recent attempt by Council to flog off vacant blocks of land (local parks) it was put by several objectors that some of these blocks could be used as infiltration ponds.

Council's own consultant also had design plans for "trench

Forum

coupled with structural lightweight void fill boxes to facilitate the transfer of stormwater to the groundwater system.

A company called Atlantis (atlantiscorp.com.au) supply these innovative systems. Look them up.

Umina and Ocean beaches had substantially rebuilt themselves before the storms in late May and early April.

The first storm took nearly a thousand cubic meters from just the Ocean Beach main drain outlet and the Ettymalong creek opening to Umina beach; and every small shower further eroded the beach until todav it is a total mess.

The mayor is quoted: "This project is a great example of council delivering an innovative solution that makes a real difference to the lives of our community."

To my knowledge this tiny system hasn't been tested yet.

The next big rain event will be a test. It will also further erode our beaches.

I also dispute that this system is in anyway innovative.

Sediment traps are as old as agriculture.

The ancient street drainage, which existed on the Peninsula before the destructive kerb and guttering, incorporated open drains and sediment pits with some piping.

These old systems still exist in some parts of Umina.

They are identified by concrete pads sitting on bricks to raise them above the pits.

The concrete lids are too heavy to be removed manually and the street water is absorbed into the sand with excess flowing into the opening on each side, simple, efficient and the lids can be removed for cleaning out the sediment.

Your article concludes "Future stages of the Everglades catchment drainage project are currently in the design phase."

Let's hope the city's drainage engineers try burying their heads in the sand.

They couldn't do worse, and they might learn something.



Forum

Declare property portfolios and conflicts of interest

Margaret Lund (Peninsula News edition 469) is quite right to expect those who regularly lobby for development applications (which ignore guidelines, whether it be for large, tall or inappropriate developments on the Peninsula) to declare their property portfolios and

Forum

conflicts of interest where they act for developers. Of course these declarations

should also include family connections. Perhaps membership of boards

should also be listed. Email, 18 May 2019

Marie Haastrup, Umina

Demerit points are gained, not lost

In Peninsula News edition 469 there was an article entitled "Woman loses 28 points in one incident".

While it is a common misconception, the facts are that you do not lose points for penalty infringement, but are awarded demerit points.

Thirteen points and you are gone.

Forum

If you haven't committed any offences, you have zero demerit points.

If you commit an offence that carries demerit points, the points are added to your driving record. Email, 11 May 2019

Brad Gary, St Huberts Island

Having spent three days on the pre-poll booth at Woy Woy, it was pretty clear that the outcome would not be a clear cut Labor victory as the pundits where expecting.

From previous experience, it was unusual that around 40 per cent of voters were not taking how-to-vote cards from any party.

Many were taking every card on offer.

It appeared about the same number of people were Labor and Liberal based off of the cards.

Another difference was that the Labor Party had 15 or more people handing out for them and they were very aggressive.

Some people were entering the polling booth with four or more cards.

Nasty mood at pre-poll booth

Forum

LETTERS TO THE EDITOR should be sent to: Peninsula News

PO Box 1056, Gosford 2250 or editorial@centralcoastnews. net See Page 2 for contribution conditions

When I questioned one Labor booth worker why the waste when it is plain to see that the person already had three of her how to vote cards she just got nasty, called in the electoral official to complain and the Labor Party campaign manager proceeded to offer me advice about where I could stand.

I thanked him for his help and continued on.

A Labor Party person who looked like Kojak, came and stood next to me.

People continued to be harassed by Labor Party people and the mood remained nasty: The first time in the 25 years that I have been handing out at polling places that Labor has raised its ugly head.

Working the pre-poll booth is usually tiring, but fun.

Election Day was better.

There were not so many red-shirts and everybody was respectful of each other.

Email, 22 May 2019 Bryan Ellis, Umina

Climate action does not have much council commitment

Discussion on council climate change policy began in March last year.

After attending the council meeting May 13, I now believe the policy, which has not been adopted, would have a maximum success rate of 20 per cent, drawn out to 2050.

Despite assurances by council staff at the community meeting held at Ettalong, climate change action does not have a whole lot of council commitment.

It will take many years for complete acceptance amongst the council's ranks.

Government climate change action may be a reality during the next term of Council.

This is many meetings into the future with no guarantees.

The council meeting on May 13 was highlighted by the many concessions allowed to

Forum

provide support and approval of development applications.

One of those approved was on the Peninsula.

Council staff and councillors are daft believing the community accept it is possible to completely answer a range of concerns within 24 hours when the same issues were not addressed in 12 months of assessment.

The good news is we can now expect the same speedy attention to environmental issues on the Peninsula.

Remember the site inspection by council staff and councillors

at 2pm on May 9 at Farnell Rd Woy Woy, and the approval by councillors on May 13 with all the public's grievances ignored without any details being provided at the council meeting/

How many years will it take to breakdown this entrenched corporate culture?

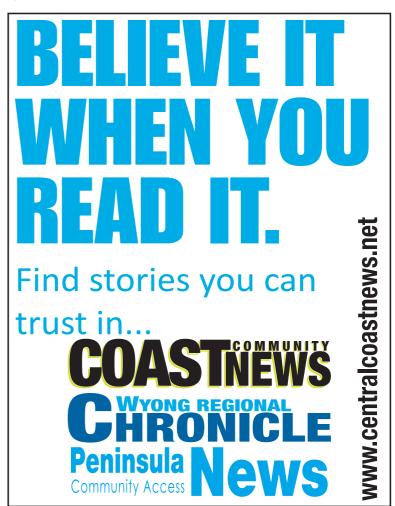
What is the increasing cost per day to continue with the "open to business" strategy?

Residents must expect rate and levy increases to address climate change actions.

It is inevitable.

Prepare in advance. Letter, 16 May 2019

Norman Harris, Umina







Smoking Dragon

Page 20 - Peninsula News - 27 May 2019 ABC (C20/21) **PRIME (C61/60)** NINE (C81/80) **TEN (C13) SBS (C30)**
 Have You Been Paying
 5:00
 CGTN English News

 Attention? (M) [s] – Hosted by
 5:15
 NHK World English

 5:30
 Today [s]

 9:00
 Today Extra [s]

 11:30
 NINE's News [s]
 9:00 Aretha! A Grammy Celebration For The Queen Of Soul (PG) [s] – Tyler Perry 6:00 News Breakfast (s 8:00 Australian Story: The 6:00 9:00 Sunrise [s] The Morning Show (PG) [s] Seven News At 4 is 6:00 Headline News is 8:40 ABC News [s] Antiques Roadshow [s The Chase Australia [s] 7Prime News [s] Home And Away (PG) [s] Studio 10 (PG) [s Dr Phil (PG) [s] /ronged Man [s] – The victim 8:30 NHK World English New 5:30 Letters And Number Seven Morning News (s Movie: "Jesse Stone: NINE's News [s] 12:00 Fom Gleisner, with guests 5:30 Worldwatch – Deutsche Welle Mastermind (PG) 11:00 Catalyst [s] 11:30 A Taste Of Landline (PG) [s ndrew Mallard spent twelv 12:00 Ellen (PG) [s] hosts a tribute to the singer's 1:00 Masterchef Australia (PG) Urzila Carlson, Glenn Robbins News 6:00 France 24 News 6:30 SBS World News 11:00 Catalyst (PG) [s] 11:30 A Taste Of Land Innocents Lost" (M v) ('11)-6:30 Al Jazeera Newshour 7:30 Worldwatch Continues years in jail for murder. His House Rules (PG) 1:00 Extra (PG) 2:40 Entertainment Tonight [s and Celia Pacquola 7:30 Great American Railroa ay 12:00 ABC News At Noon [s] conviction was quashed after former LAPD officer and 8:45 9-1-1: Bobby Begins Again 100% Footy (M) [s] - Phil Kinne Tonight (PG) [s] 1:30 The Voice: Blind Audition 4 10:30 Judge Judy (PG) [s] 9:40 Journeys: Philadelphia To 1:00 Landline [s] 2:00 Newton's Law (M v) [s uncovering a trail of deception recovering alcoholic 2:00 Rome: Empire Without Limit: Mr Black (M) [s] (PG) [s] Gould, Paul Gallen and James 3:30 My Market Kitchen [s 10:10 Gettvsbura (PG) 1:00 The Repair Shop [1:30 QI (PG) [s] 2:00 The Bletchley Circ God Friended Me: Two Guvs. d police misconduct. vestigates the suspicious 9:45 3:00 NINE News Now [s] Program To Be Advised WIN's All Australian News [s] Bracey debate the issues in 4:00 Good Chef Bad Chef is 10:40 Imperium (PG) 8:30 Medicine Or Myth? (PG) death of a young friend, while the local police force deals with the arrogant new police chief. Stars: Tom Selleck, Kathy Baker, Kohl Suddut 3:00 The Cook And The Chef [s] Four Corners is A Girl, And A Thai Food Place 8:30 4:00 4:30 The Bold And The Beautifu 11:40 3:00 Σ NINE's News [s] 24 Hours In Emergency:
 3:30
 Hard Quiz (PG) [s]

 4:00
 Think Tank [s]

 5:00
 Fake Or Fortune? [s]
 Media Watch (PG) [s] Rugby League. The Closer: Junk In The Trunk
 (PG) [s]

 10:45
 The Latest Seven News [s]

 11:15
 Me, Myself & I: New Job/ Field Trio (PG) [s]

 12:15
 Talking Footy (M) [s]

 1:30
 Home Shopping
 Q&A [s] ABC Late News [s] 11:30 Millionaire Hot Seat [s] (PG) [s] The Project [s] 3:30 Belkis Queen Of Sheba (In Forever Young (M)
 (M) [s]
 5:00
 10 News First [s]

 12:30
 Our Lives: Heaviest Boy (PG)
 6:00
 Celebrity Name Game (PG)

 1:30
 Home Shopping
 6:30
 The Project (PG) [s]

 4:00
 Ellen (PG) [s]
 7:30
 Masterchef Australia (PG) (s]
 6:00 NBN News [s] 1:50 The Late Show With Stephen Arabic) 10:35 Tennis: French Open 2019 10:40 6:00 Celebrity Name Game (PG) 6:30 The Project (PG) [s] 7:30 Masterchef Australia (PG) [s] 4:30 CBS - This Morning 7:00 A Current Affair [s] 4:00 Rachel Khoo's Kitchen *Live* From Boland Garro 0 6:00 7:00 The Drum [s] 11:10 The Business [s] Tim's Vermeer (M I) [s] 7:30 The Voice: Blind Audition 5 Notebook Melbourne 4:00 Food Lovers Guide To ABC News (s 11:30 2:00 The Daily Edition [s] 3:00 The Chase UK [s] 4:30 Tennis: French Open 2019 7:30 7.30 [s] 12:45 Vera (M) [s] (PG) [s] Australia 0 6:00 The Drum [s] ABCCOMEDY (C22) ABCME (C23) ABCNEWS (C24) SBS VICE (C31/32) SBS FOOD (C33) SBS NITV (C34) 7TWO (C62) 7MATE (C63) 505 Bob The Builder 530 Nolly And Mack 600 Fine Builder 530 Nolly And Mack 600 Fine Big 6:00 News Breaktast 9:00 ABC News Breaktast 9:00 ABC News Breaktast 9:00 ABC News Attemports 12:00 3:00 PopAsia TV (PG) 4:05 Poorn 101 (PG) 5:05 if You 4:30 Sachie's Kitchen 5:00 Food Lab By Ben 3:54 Bushwhacked 4:19 Grounded 4:48 The 11:30 The Great Australian Doorstep (PG) 12:00 Ultimate 12:00 Ax Men (M) 1:00 Wicked Tuna (PG) 2:00 Swamp 6:20 Sector Fabric's Kitchen 5:00 Food Lab By Ben 3:54 Bushwhacked 4:19 Grounded 4:48 The 11:30 The Great Australian Doorstep (PG) 12:00 Ultimate 12:00 Ax Men (M) 1:00 Wicked Tuna (PG) 2:00 Swamp 6:20 Sector Fabric's Kitchen 5:00 Food Lab By Ben 3:54 Bushwhacked 4:19 Grounded 4:48 The 11:30 The Great Australian Doorstep (PG) 12:00 Ultimate 12:00 Ax Men (M) 1:00 Wicked Tuna (PG) 2:00 Swamp 6:20 Feter Rabbit 7:05 Andy's Dincsaur Adventures 7:30 Avesome 6:00 Dragons: Race To The Edge (PG) 6:30 Bows At Noon 3:00 ABC News At Noon 3:00 ABC News At The One (PG) (In Mandarin) 6:30 Dateline 6:40 Milbourne 5:30 The Cock And The Chef 6:30 Time Compass 5:00 Volumz 6:00 Surviving 6:30 Bows Championship 1:00 The Great Outdoors 2:00 People (PG) 3:30 Biokesworld (PG) 3:30 Storage Wars 5:05 Bob The Builder 5:30 Molk Spicks And Specks (PG) 8400 Blackadder (PG) 830 The Coperation Ouch 7:00 Hornible Histories 7:25 Attempon Briefing 5:00 ABC National News 6:00 ABC RockWire (PG) 7:30 Under the (PG) 7:30 The Urban The Cherel' Line 7:00 Our Stories 7:20 Young, Million Collar Human 8:00 Harry's Practice 3:30 Under The (PG) 7:30 ABC National News 6:00 ABC RockWire (PG) 7:30 ABC National News 6:00 ABC RockWire (PG) 7:30 The Urban The Cherel' Line 7:00 Our Stories 7:20 Young, Million Collar Human 8:00 Harry's Practice 3:30 Under The (PG) 7:30 ABC National News 6:00 ABC RockWire (PG) 7:30 The Urban The Cherel' Line 7:00 Our Stories 7:20 Young, Million Collar Human 8:00 Harry's Practice 3:30 Under The (PG) 7:30 ABC National News 6:00 ABC RockWire (PG) 7:30 This Several Harassment? (M I) 10:35 Vegetarian 8:30 Thai Street Food With David Strong And Proud 7:25 NITV News 7:30 Fair Hammer (PG) 4:00 The Real Seachange 4:30 Air Crash Connections (PG 6:00 American Pickers (PG) 7:30 Am Π 6:25 Peter Rabbit 7:05 Andy's Spicks And Specks (PG) 8:00 Barnov (Má15+) 11:00 30 Rock: What's Wrong? (PG) Teenage Mutant Ninja Turtles (PG) 9:10 SheZow 9:20 11:00 ABC Nightly News 12:00 ABC Late News 12:00 Samantha Bee (Má15+) 12:05 Murder, Mayhem And The Čhef 11:00 Hairy Bikers' Bakeation 12:00 News 9:50 AFL 2019: NT Thurde' 12:00 Volumz Bargain Hunt 7:30 The Vicar Of Dibley (PG) 8:30 Foyle's (PG) 9:40 Movie: 'We Were Soldiers' (MA15+) (V2) Stars: 11:20 Parks And Recreation: Sister City (PG) Barney's Barrier Reef 9:50 rage (PG) 7:30 With Leigh Sales 1:00 ABC Late News Meditation (M) 12:55 Game Loading (MA15+) Worst Cooks In America War (M v) 10:30 Autopsy USA (M d) Med Gibson O Pickering (M) 8:30 TBA 9:00 S (PG) 9:45 The Letdown (M I,s) ō 10:40 Schitt's Creek (PG) 11
 7FOOD (C74)
 7FLIX (C66)
 10 PEACH (C11)
 10 BOLD (C12)
 GEM (C82)
 GO! (C83/88)
 9LIFE (C84)
 Parks And Recreation (PG) 12: 4:00 House () Wellness (PG) 5:00 Cake Masters (PG) 2:30 Bewitched (PG) 4:00 Just Shoot Mel (PG) 5:00 3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 1:00 WIN's AI Australian News 2:00 Jake And The 12:00 Movie: "Home At Seven" (PG) (5:2) Stars: Ralph 4:00 The Tom And Jerry Show 4:30 We Bare Bears 5:00 2:30 Tiny House Hunters 3:00 The Block: Fars v Fav ADVERTISE 600 Ridiculous Cakes (PG) 630 Chopped (PG) 730 Scrubs (PG) 530 Dr Ken (PG) 630 Faineid (PG) 730 430 The King Of Queens (PG) 530 Faiser (PG) 630 Faineids (PG) 530 Faiser (PG) 630 Faineids (PG) 530 Star Treix: Richardson 145 Mad About You (PG) 245 Four In A Bed Charence (PG) 530 Regular Show (PG) 630 Faineids (PG) 730 Regular Show (PG) 730 Regular HERE 4:00 Giada At Home (PG) 4:30 Baking Charmoinshin 11:30 Chooned (PG) 12:30 Syndrey Philadelphia (PG) 12:30 Black-ish (PG) 1:30 Modern Mechanic (MA15+) (11) Stars: Jason Stattam 10:55 The (MI) 8:30 Law And Order: SVU (MI) 10:30 Formula 1 (M3) 8:40 Midsomer Murdes (M / 10:50 Lindoretable Stars: Jeremy Remore 12:15 Friends (PG) 1:15 Superial Real Housewives Of Beverley Hills (M) 10:30 (PG) 5:30 Restaurant Impos 43257369 Family (PG) 1:30 Make You Laud (PG) Flash (M v) 1:35 The Late Late Show With James Moraco Grand Prix 1:1:30 Super Rugby Wrap 12:30 (M) 1:50 Footy Classified (M) 12:50 9Honey Presents: (MA15+) 1:30 Squidbilles (MA15+) 2:00 Regular Show Vanderpump Rules (M Ls) 1:1:30 The Real Hous Corden (M) 1:00 Home Shopping 1:30 Frasier (PG) Home Shopping 2:00 Jake And The Fatman (PG) How To Cope Falling Off The Wagon (PG) (PG) 2:30 Power Rangers Super Ning Steel (PG) Of Orange County (M) Weekender (PG) 7:30 Ramsay's 24 Hours Ramsay's Kitchen Nightmares 24 Hours To Hell And Back (M ABC (C20/21) **PRIME (C61/60)** NINE (C81/80) **TEN (C13) SBS (C30)**
 7:30
 Masterchef Australia (PG) [s]
 5:00
 CGTN English News

 8:45
 Mr Black (M) [s]
 5:15
 NHK World English
 Sunrise [s] The Morning Show (PG) [s] Seven Morning News [s] Movie: "The Preacher's Sin" 5:30 Today [s] 9:00 Today Extra [s 8:45 The Big Bang Theory: The 6:00 Headline News [s 6:00 News Breakfast 6:00 6:00 7Prime News (s The Recording Studio: Ukestra, Kate Begbie, Adam Home And Away (PG) [s] House Rules (PG) [s] – Shayn 9:00 11:30 12:00 Studio 10 (PG) [s NHK World English News 5:30 Letters And Numbers 9:15 NCIS: Daughters (M v) [s] -11:30 NINE's Morning News (s 9:15 The Big Bang Theory: The 12:00 Dr Phil (PG) [s] 1:00 Masterchef Australia (PG) [s] 5:30 Worldwatch – Deutsche Welle 6:00 Mastermind (PG)
 11:00
 Catalyst [s]

 11:30
 A Taste Of Landline [s]

 12:00
 ABC News [s]

 1:00
 Four Corners [s]

 1:45
 Media Watch (PG) [s]
 and Carly hand over the keys 12:00 Ellen (PG) [s] Paintball Scattering (PG) [s] Fornell pleads with Gibbs to do News 6:00 France 24 News 6:30 SBS World News 1:00 Extra [s] 1:30 The Voice: Blind Audition 5 9:45 Timeless: The Alamo (M) [s] 10:45 Major Crimes: By Any Means 8:45 Joanna Ánd Jennife (M) ('15) - A preacher begins to their tiny double brick home. whatever is necessary to take 6:30 Al Jazeera Newshour 7:30 Who Do You Think You Are? Entertainment Tonight [s] Absolutely Champers (PG) [s] to lose control of his seeming Quickly outgrowing the 'small 7:00 Worldwatch Continues 2:30 Neighbours (PG) [s down drug dealers after his Casey Donovan (PG) 9:45 The Big Crash Diet ົ perfect life after he discovers rectangular box', the married 8:30 Insight: Transgender rectangular box, the married couple of six years are desperate to uograde. Andrew Denton (M) [s] God Friended Me (PG) [s] The Latest Seven News [s] The Goldbergs (PG) [s] Astronaut Wives Club (M s) Hang Shanping (PG) [s] 3:00 NINE News Now [s] Part 1) (M v) [s] 3:00 Judge Judy (PG) [s] daughter is hospitalised from a 1:00 PBS Newshour he has a son from ar 11:40 This Time Next Year UK [s] 3:30 My Market Kitchen 2:00 Rome: Empire Without Limit: The Unconquerables (PG) Σ Newton's Law (M) [s Poh's Kitchen [s] Hard Quiz (PG) [s]
 Experiment [s]

 10:35
 ABC Late News [s]

 11:05
 The Business [s]

 11:20
 Q&A [s]

 12:30
 Blown Away (M I) [s]

 4:05
 The MACD [s]
 extramarital affair. Stars: JR Bourn, Allie Gonino, Tara 4:00 Good Chef Bad Chef [s] 4:30 The Bold And The Beautiful 9:30 Dateline: Sweden's Crisis 12:35 Great Esca 1:30 Extra [s] NCIS: Los Angeles: False NINE's News [s] Great Escapers [s] 10:10 9:00 10:00 3:05 Who Do You Think You Are?: 5:00 Millionaire Hot Seat Flag (M v) [s] The Project [s] Preppers Spencer-Nair The Daily Edition [s] The Chase UK [s] (PG) [s] 5:00 10 News First [s] 6:00 Celebrity Name Game (PG) 6:30 The Project (PG) [s] 11:05 2:00 The Daily Edition [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 NBN News [s] 2:00 Home Shopping Delta Goodrem (PG) 10:00 Dr Michael Mosley's Reset 2 Think Tank [s 11:00 11:30 00 7:00 A Current Affair [s] 7:30 The Voice: Blind Audition 6 2:30 Extra [s] 3:00 Home Shopping 12:05 The Late Show (PG) [: 1:00 Home Shopping 4:30 CBS - This Morning The Late Show (PG) [s] 4:05 Rachel Khoo's Kitchen Better Minds 10:30 Tennis: French Open 2019 Stealing Van Gogh (PG) [s] The Drum [s] 5:00 rage (MA15+) [s] The Big Crash Diet Ω Notebook Melbourne 2:35 6:00 12:00 N 7:00 ABC News is 4:00 Ellen (PG) [s] 4:30 Tennis: French Open 2019 Experiment [s] 1:00 Home Shopping (PG) [s] *Live* From Roland Garros Σ
 ABCCOMEDY (C22)
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 SBS NITV (C34)
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 7MATE (C63)
 5/05 Bob The Builder 5/30 Moliv And Mack 6/00 Flocask 4:35 Odd Squad 5:00 Mustanos FC 5/25 Little Bio 6:00 News Breakfast 9:00 ABC News Morninos 12:00 3/25 Rise (PG) 4:15 PBS Newshow 5:15 if You Are The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 12:00 Procent Ladder UK (PG) 1:00 The Great Outdoors 12:00 3/25 Rise (PG) 4:15 PBS Newshow 5:15 if You Are The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 12:00 Procent Ladder UK (PG) 1:00 The Great Outdoors 12:00 3/25 Rise (PG) 4:15 PBS Newshow 5:15 if You Are The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 12:00 Proceed Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 1:00 The Great Outdoors 12:00 3:05 Rise (PG) 4:15 PBS Newshow 5:15 if You Are The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 1:00 The Great Outdoors 12:00 3:05 Rise (PG) 4:15 PBS Newshow 5:15 if You Are The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 1:00 The Great Outdoors 12:00 A:00 How The 4:30 Delia's How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 1:00 The Great Outdoors 12:00 A:00 How To Cook 5:00 Food Lab By Ben 5:00 Volumz 6:00 Around The Camotifier (PG) 1:00 The Great Outdoors 12:00 A:00 How To Cook 5:00 Food Lab By Ben 5:00 Food Lab By The boundary high match and provides 4.35 Good Openal 3.00 microards 17.05 And y Bionsairy Adventures 7.30 Auston microards 17.05 And y Bionsairy Adventures 7.30 Auston microards 17.05 And y Bionsairy Adventures 7.30 Auston 6.00 Dragons: Race To The Edge (PG) 6.30 ABC News At Noon 3.00 ABC News At Noon 3.00 ABC News At Noon 3.00 ABC News At Neurons 4.00 One (PG) (In Mandarin) 6.15 Adam Ruins Everything (PG) Millibourne 5.30 The Cook And The Chef 6.30 6.30 The Chef 5.1 Line 7.00 Our Stories 7.20 2.00 Million Dollar Minute 3.00 Harry's Practice 3.30 People (PG) 3.00 Mythousters (PG) 4.00 Restoration Spicis And Specia (PG) 800 Adam Hills: The Last Leg Operation Ouchit 7:30 Horother Las σ П АВССОМЕ Now (M L); 1122 30 Rock (PG) 1130 Parks And Gin, Clop, We Work Slop 855 Almic Puppel 9:10 1100 ABC Nightly News 12:00 ABC Late News 12:30 Franch 112426/ Novie: "Early Che Morning" (MA15+) (11) Hand 12:00 Worst Cooks In America Recreation (PG) 12:10 Workaholics (M d) SheZow 9:20 Barrey's Barrier Reef 9:50 rage (PG) 7:30 With Leigh Sales 1:00 ABC Late News Stars: Jean-Piere Daroussin (In French) 10:05 Coniston Muster (PG) 10:35 Get Your Fish 8:30 Frankie Drake Mysteries (M) 9:30 Murdoch Mysteries 10:30 Highway Thru Hell (PG) 11:30 Graveyard Carz (PG) 5:05 Bob The Builder 5:30 Mol **(**) 6:25 Peter Rabbit 7:05 Andy's (M v) 11:30 Air Crash Investigations (PG) 5 Spicks And Specks (PG) 8:00 |
 7FOOD (C74)
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 4.00 Giada At Home (PG) 4.30 Kid's Baking 2:30 Bevitched (PG) 4.00 Just Shoot Met (PG) 5:30 Dr 3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 1:00 WIN's All Australian News 2:00 Jake And The 12:00 Movie: "Carry On Cruising" (G) (62) Stars: Sidney 4:00 The Torm And Jerry Shoot Met (PG) 5:30 Dr 3:00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 1:00 WIN's All Australian News 2:00 Jake And The 12:00 Movie: "Carry On Cruising" (G) (62) Stars: Sidney 4:00 The Torm And Jerry Shoot Met (PG) 4:30 Becker (PG) 1:00 WIN's All Australian News 2:00 Jake And The 12:00 Movie: "Carry On Cruising" (G) (62) Stars: Sidney 4:00 The Torm And Jerry Shoot Met (PG) 4:30 Becker (PG) 1:00 WIN's All Australian News 2:00 Jake And The 12:00 Movie: "Carry On Cruising" (G) (62) Stars: Sidney 4:00 The Torm And Jerry Shoot Met (PG) 4:00 The Bords 3:00 The Block: Fi ADVERTISE τ Archer (M I.s.v) 10:50 Garv An Charmoinshio (PG) 5.30 Cake Wars (PG) 6.30 Charles (PG) 5.30 M / A'S'H (PG) 6.00 Seinfeld (PG) 7.00 4.30 The Kino Of Queens (PG) 5.30 Frasier (PG) 6.30 Fras HERE him point () 2000 control () 2 Workaholics (M I,s) 12:20 The Choosed (PG) 12:30 SA Weekender 1:00 Queensland (MA15-) 1:30 Bones (M) 2:30 Movie: Son Of Konoi (G) Moorman (MA15-) 1:30 The Late (M) 8:30 CSI: Miami (M) 10:30 The Mentalist (M v) 12:30 Sainsbury Centre Norwich 27:30 Death in Paradise (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain Hunt 10:30 Beachfront Banain (M) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (M) v/ (V3) Stars: Anoelina Joint 10:45 The Bio Bang Huntlers 9:30 Beachfront Banain (H) 10:30 The Mentalist (H) 43257369 Weekender 1:30 Creek To Coast Late Show With James Corden (M) 12:30 Home Shopping Home Shopping 2:00 Jake And The Fatman (PG) 3:00 8:40 Call The Midwile (M) 11:00 Law And Order: SVU (M) Theory (PG) 11:10 Young Sheldon (PG) 12:00 Borderline Hunters 11:30 House Hunters International 12:30 Hou 1:30 Frasier (PG) 2:30 Everybody Loves Raymond (PG) Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (M) 12:30 Friends (PG) 13:00 Star Trek: The Next Generation (PG) 4:00 Cheers (PG) 12:00 Airport Security Colombia (PG) (PG) (PG) 11:00 Cheers (PG) 13:00 Cheers ('33) Stars: Helen Mack 4:00 Giada At Home (PG) 4:30 5:30 Rachael Ray's Week In J ABC (C20/21) **PRIME (C61/60)** NINE (C81/80) **TEN (C13) SBS (C30)** (PG) 7:30 Bizarre Foods With A
 7Prime News [s]
 5:30
 100cey [s]

 4
 Home And Away (PG) [s]
 9:00
 Today Extra [s]

 30
 House Rules (PG) [s]
 11:30
 NINE's News [s]

 Toright on House Rules, fearm
 12:00
 Ellen (PG) [s]

 are battling the clock in the
 1:30
 Kevin Can W
 Mystery Diners (PG) 9:30 Cut 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Stealing Van Gogh (PG) [s] 11:00 Catalyst (PG) [s] 11:30 A Taste Of Landline [s]
 Masterchef Australia (PG) [s
 5:00
 CGTN English News

 Five Bedrooms (PG) [s]
 5:15
 NHK World English News
 Sunrise [s] The Morning Show [s] Seven Morning News [s] Movie: "Dark Desire (M s,v) 6:00 9:00 11:30 12:00 6:00 Headline News 6:30 SBS World News 7:30 Going Places Wit Mystery Diners (PG) 11:00 Biz Anh's Brush With Fame 8:40 20 To One: Viral Mega Hits (M) 8:30 Studio 10 (PG) [s] NHK World English News Going Places With Ernie Zimmern (PG) ay 9:40 New Amsterdam: Luna (M) [s] 12:00 Five Bedrooms (M) [s] 10:40 Rizzoli And Isles: In Plain 1:00 Masterchef Australia (PG) [s] 9:45 Bull: But For The Grace (M v) 5:30 Worldwatch Dannii Minogue (PG) [s] The Weekly (M) [s] Dingo 8:30 Sports Tonight [s] 1:00 Hawaii Five-0: Lele Pu Na 2:00 Manu Like (Birds Of A Feather) 8:00 Great British Railway 10:40 PBS Newshour The Letdown (M) [s] ('12) - An unhappily married 11:10 Dateline: Sweden's Crisis Journeys: Ealing Broadway T South Kensington (PG) Entertainment Tonight [s] 12:00 ABC News At Noon [s] 9:30 QI (PG) [s] woman suspects that her new Σ 1:30 Kevin Can Wait (PG) [s] 11:30 Mom: Martinis And A Sponge early reveal challenge of Shaym and Carly's renovation. Starring Johanna Griggs, Jamie Durie, Laurence Lievelyn-Bowen and Wendy Moore. 9:00 The Bay (M1) [s] 11:00 The Latest Seven News [s] 11:00 The Latest Seven News [s] 11:00 The Cuantico Affair MBI news [s] 7:00 A Current Affair [s] Neighbours (PG) [s] 2:30
 1:00
 Australian Story [s]

 1:30
 Compass (PG) [s]

 2:00
 Newton's Law (M v) [s]

 3:00
 The Cook And The Chef [s]

 3:00
 The Cook International Character (M v) [s]
 lover may be responsible for the death of her son. Stars: Kelly Lynch, Nic Robuck, Michael Nour, Brian Borello, Mike Decom, Anaia Abhatt 10:00 Adam Hills: The Last Leg (M) 2:30 Insight: Transgender Bath/ Black Mould And An Old 3:00 Judge Judy (PG) [s] 8:35 24 Hours In Emergency Addit Hills, Hie Last C ABC Late News [s] The Business [s] Four Corners [s] Media Watch (PG) [s] Hot Dog (M) [s] World's Funniest Videos Top WIN's All Australian News [s] Teenagers The Project (PG) [s] 3:30 The Truth About Fussy 3:30 My Market Kitchen 12:05 1:05 5:00 rage (PG) [s] 10:00 rage Guest [s] 11:00 Classic Countdov Good Chef Bad Chef [s 12:15 9:35 The Good Fight: The One 0 10 Countdown: Blue Skies 4:30 The Bold And The Beautifu 2:05 The Late Show With Stephen Eaters (PG) Where Kurt Saves Diane (M) lika Boorem, Annie Abbott Hard Quiz (PG) [s] (PG) [s] 5:00 10 News First [s] Colbert (PG) [s] (PG) [s] 4:30 Tennis: French Open 2019 10:30 Tennis: French Open 2019 N 2:00 3:00 4:00 4:00 5:00 Think Tank [s] 12:35 Girl Asleep (M I) [s] 1:50 How To Stay Young [s] The Daily Edition [s] 12:40 Harry (PG) [s] 1:30 Extra [s] 3:00 Home Shopping 4:30 CBS - This Morning Nolan (PG) [s] The Drum [s] The Chase UK [s] 12:30 Call The Midwife 0 6:00 Celebrity Name Game (PG) 6:30 The Project (PG) [s] 5:30 Letters And Numbers 4:00 2:50 rage (MA15+) [s] 3:45 Adam Hills: The Last Leg (M) Food Lovers Guide To Seven News At 4 (s) 7:00 A Current Affair [s] > 12:30 Home Shopping 5:00 The Chase Australia (s 7:30 Talkin Bout Your Generation 7:00 ABC News (s 2:00 Home Shopping 6:00 Mastermind (PG) Australia 3:00 Mary Berry's Abso Favourites: The H 3:30 Restoration Austra ω
 ABCCOMEDY (C22)
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 GO! (C83/88)
 9LIFE (C84)
 3:55 Bananas In Pyjamas 4:25 4:00 Giada At Home (PG) 4:30 Restaurant Impossible 1:00 I Dream Of Jearnie 2:30 Bewitched (PG) 4:00 Just ::00 Everybody Loves Raymond (PG) 3:30 Becker (PG) 1:00 WIN's All Australian News 2:00 Jake And The 12:00 Movie ::Please Turn Over" (PG) (59) Stars: Julia 4:00 The Tom And Jeny Show 4:30 We Bare Bears 5:00 2:30 Filo This House (PG) 3:00 The Block Fars v Fav ADVERTISE The Builder 5:45 Peppa Pig (PG) 530 Mystery Dires (PG) 630 Chopped (PG) 730 Shoot Net (PG) 530 M X'S'H (PG) 430 The King Of Queens (PG) 530 Frains (PG) 630 Frains (PG) 6 Rabbit 7:05 Andy's Dinosaur Ad HERE McIntyre's Comedy Roadshow Chocoed (PG) 12:30 SA Weekender 1:30 Queensland "The Peocle Vs.Larry Flwrt" (MA15+) (96) Stars: Countney Hassehoff" (MA15+) (17) Stars: David Hassehoff" (MA15+) (17) Stars: David Hassehoff" (MA15+) (12) Mr Black (M) 7:30 David Attentioncounts Blue Planet II (PG) 8:30 Serial Theory (PG) 12:30 Briderine (MA15+) (12) Bride 43257369 Love 2:00 Home Shopping Two And A Half Men (PG) 11:40 The Late Late Show With 10:50 NCIS (PG) 12:40 Home Shopping 2:10 Star Treic: Killer With Piers Morgan (M) 9:30 Westside (PG) 1:30 Squidbilles (MA15+) 2:00 Regular Show (PG) Dream Home Australia 11:30 House Hunte James Corden (M) 12:30 Home Shopping The Next Generation (PG) 3:05 Matlock (M v) Mary Portas: Secret Shopper (PG) 2:30 Power Rangers Super Ninja Steel (PG) (1)4:00 TBA 5:00 Bizarre Foods V 6:00 Mystery Diners (PG) 7:0 THE ART HOUS Manu (PG) 8:00 Iron Chef Am Drive-Ins And Dives (PG) 11: Anthony Bourdain: The Layove MUSIC | DANCE | CRAIC **BOBBY FO** 9:00 Insiders [s] 10:00 Offsiders [s] 10:30 The World [s]

A stunning combination of Irish music, dancing, storytelling & song

THE IRISH BOY

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_				-	y 2019 - Peninsula News - Page 21
	ABC (C20/21) 6:00 News Breakfast [s] 6:55 Sammy J (PG) [s]	PRIME (C61/60) N 6:00 Sunrise (s) 5:00 The Chase Australia (s) 5:30 Today (s)	Time (C81/80) 7:30 Rugby League: Penrith 6:1	TEN (C13) 00 Headline News (s) 7:30 Masterchef Australia (PG) (s)	SBS (C30) 5:00 CGTN English News 4:00 Rachel Khoo's Kitchen
30 Mav	9:00 ABC News [s] 7:00 ABC News [s] 10:00 How To Stary Young [s] 7:30 7:30 [s] 11:00 Catalyst [PG] [s] 8:00 Escape From The City [s] 11:30 A Taste Of Landline [s] 9:00 Press: Pure (M Lv) [s] 12:00 ABC News [s] 10:00 Would Lie To You? (PG) [s] 13:00 The Repair Shop [s] 10:30 ABC Late Wess [s] 1:30 QI (PG) [s] 11:00 The Business [s] 2:00 The Bitechely Circle (M V) [s] 11:20 Wentworth: Smithen (M Ls) [s] 3:00 The Cook And The Chef [s] 12:25 How To Stary Young [s] 3:30 Hard Quir (PG) [s] 1:50 rage (MA15+) [s] 4:00 Think Tank [s] 1:50 rage (MA15+) [s]	9:00 The Morning Show (s) 6:00 7Prime News (s) 9:00 Today E 11:30 Seven Morning News (s) 7:00 Home And Away (PG) (s) 11:30 NINE 5 12:00 Moio:: Fingine At 17 (M) 8:30 British Got Talent (PG) (s) 11:30 Killer (PG) (s) 12:00 Moio:: Fingine At 17 (M) 8:30 British Got Talent (PG) (s) 12:00 Ellen (P) (12) - Suspected of murdering (rece on the run to clear her name and find the reak Niller. 9:45 The Latest Seven News (s) 1:30 Kevin C Stars: Marie Avgeropoulos, Christing Cox, Casper Van Dien, Damy Blaco Hal 11:15 Andrew Detroir's Interview: 3:00 NINE s J 2:00 The Daily Edition (s) Steve Matin And Matrin Short 3:00 NINE s J	thra [s] Panthers v Manly Sea Eagles 8:3 lews [s] "Live" From Panthers Stadium, 12:4 3) [s] Penrith 12:4 9:45 Golden Point (PG) [s] 2:7 an Wait: Fight Cr 10:45 Lethal Weapon: Gold Rush 2:5 [s] [s] (M15+) [s] 3:1 3:1 out Your Generation 11:45 Cold Case: State (M) [s] 3:1 vs Now [s] 12:40 World's Funniest Videos Top 4:3 ws Now [s] (PG) [s] 1:05 5:5	30 Studio 10 (PG) [s] 8:40 Ambulance Australia (M) [s] 00 Dr Phil (PG) [s] 9:40 Law And Order: SVU: Diss 00 Masterchef Australia [PG) [s] (M) [s] (M) [s] 10 Dr Basterchef Australia [PG) [s] 10:35 Blue Bloods: Something Blue 30 Neighbours (PG) [s] 10:35 Blue Bloods: Something Blue 30 Neighbours (PG) [s] 11:30 WIN's All Australia News [s] 30 My Martet Kitchen [s] 12:30 The Project (PG) [s] 00 Good Chef Bad Chef [s] 12:30 The Project (PG) [s] 30 The Bold And The Beautiful (PG) [s] Colbert (PG, [s] 01 New First [s] 4:30 CBS - This Morning 00 Celebrity Name Game (PG) 4:30 CBS - This Morning	530 Ochr Kuglish Hewis Neither Andos Nichten 515 NHK World English News Neither Andos Nichten 530 Worldwatch – Deutsche Welle 4:30 6:30 Al Jazeera Newshour 5:30 Letters And Numbers 7:00 BBC News 7:30 Italian 6:00 Masterminid (PG) News 8:10 Filipino News 8:40 6:30 SBS World News French News 9:30 Greek 7:35 Walking Britain's Lost News 10:30 German News Railways: Datmoor 11:00 Spanish News 12:00 8:30 11:00 Spanish News 12:00 8:30 Chimerica (M) Vorldwatch Contrues 10:00 PBS Newshour 12:04' From Roland Garcos 2:00 Over The Black Dot 4:00 3:00 Search For Atlantis (PG) Australia Australia
hursdav	8:25 Peter Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Awesome 6:00 Dragons: Race To Spicks And Specks (PG) 8:00 The Weekly With Charle Operation Ouch? 7:00 Homble His Pickering (M) 8:30 TBA 9:00 Sammy J 9:05 The Office birds Are Go 8:00 Cloudy With A (PG) 9:45 The Letdown (M Is) 10:15 Finding Juy (M Is) 8:10 Camp Lakebottom 8:20 Te 10:40 Schitt's Creek (PG) 11:25 30 Rock (PG) 11:50 Parks And Recreation (PG) 12:10 Workaholics (M) 7FOOD (C74)	s FC 5:25 Little Big 6:00 News Breakfast 9:00 ABC News Mornings 12:00 3:35 Great Minds With Dan Harm The Edge (FG) 6:30 ABC News At Noon 3:00 ABC News Aftemoons 4:00 (PG) 4:10 PBS Newshour 5:10 lif stories 7:25 Thunder- Afternoon Briefing 5:00 ABC National News 6:00 ABC (In Mandarin) 6:10 Vice News Tor Chance Of Meatballs News Hour 7:00 The Drum 8:00 ABC News Toroigh 9:45 7:20 Mythbusters (FG) 8:30 The Parenage Mutant Ninja The Business 10:00 The World With Beverley Ocorror Aftair (M) 10:25 Movie: "The Har Atomic Puppet 9:10 11:00 ABC Nightly News 12:00 ABC Late News 12:30 (90) Stars: Elisabeth Moss 12:23 #9:50 rage (FG) 7:30 1:00 ABC Late News 1:30 The Drum	on (PG) 345 Cyberwar 4:30 Delia's How To Cook 5:00 Food Lab By B You Are The One (PG) Milbourne 5:30 The Cook And The Chef 6 ight 640 RookWiz (PG) Hainy Bikers' Bakeation 7:30 The F Word U Feed 9:30 Me And Wp 8:30 Rick Sizen's Far Easterne Odyssey 9:33 A dmaid's Tale' (MA15+) Eric 10:00 The Cook And The Chef 11:00 H Darger 5 (MA15+) (In Bikers' Bakeation 12:00 Worst Cooks In Armetees) GEEM (C82)	Ber 5:00 Volumz 6:00 Our Footprint 6:30 The Chefs 12:00 Property Ladder (1:30 Line 7:00 Our Stories 7:20 Young, Strong And 2:00 Million Dollar Mir ISA Proud 7:25 NITV News 7:30 The Marngrook Udder The Hammer (P) were (1:4) Stars. Jeremiah Bitsui 10:40 Novie: (P) (6:10 Stars) Hinestigation IVM 51/9 (1:4) Stars. Jeremiah Bitsui 10:40 Novie: (P) (6:10 Stars) Heremiah Bitsui 10:40 Novie: (P) (1:30 Mighty Cruise Sh GO! (C83/88) 9LIF	ude 3:00 Harry's Practice 3:30 Family Guy (PG) 2:30 The Simpsons' (PG) 3:00)4:00 The Real Seachange 4:30 Mylthousters (PG) 4:00 Restoration Garage (PG) 5:00 (PG) 5:30 Property Ladder UK Engineering Connections (PG) 6:00 American Pickers 7:30 Faither Brown (M v) 8:30 A (PG) 7:00 Pawn Stars (PG) 8:30 Movie; "Painto Games' 30 Air Crash Investigations (PG) (M vJ) (92) Stars: Harrison Ford 11:00 Movie; "Black ps 12:30 The Real Seachange Mass" (MA15+) (15) Stars: Johnny Depp TE (C84)
	(PG) 7:30 Ramsay's 24 Hours To Heil And Back (MI) 8:30 (PG) 6:00 Seinfeld (PG) 7:00 M*A*S Ramsay's Kitchen Nightmares USA (MI) 10:30 Ramsay's Minds (M) 11:30 The Blacklist	d (PG) 4:15 M/A'S'H 4:30 The King Of Queens (PG) 5:30 Frasier (PG) 6:30 Fatman (PG) 3:00 Diagnosis Mun S'H (PG) 8:30 Criminal Neighbours (PG) 7:00 Everybody Loves Raymond (PG) The Next Generation (PG) 5:00 S (M) 12:30 Hamibal 7:30 two And A Half Men (PG) 9:00 The Graham Norton 6:00 Judge Judy (PG) 6:30 Bordi 15 Movie: "Badman's Show (M) 10:00 Funny Giris (M s.) 10:30 Two And A Half (M) 8:30 Hawaii Five-O (M) v) 9:30 h Scott Men (M s) 11:30 The Late Late Show (M) Rames Corden NDIS (M) 11:30 ND(S): Los Ang (M) 12:30 Home Shopping 1:30 Frasier (PG) Shopping 2:00 Star Trek: The Ne	star Treix: Voyager (PG) Embassy (PG) 2:45 Four In A Bed (PG) 3:15 D: Rescue (PG) 7:30 NCIS Attenborough's Blue Planet II (PG) 4:25 Hearbeat (I Seal Team (M v) 10:30 5:30 Vet On The Hill (PG) 6:30 Antiques Roadshow 7 eles (M v) 12:30 Home Cricket: ICC Cricket World Cup 2019: England v St	avid 7:00 The Big Bang Theory (PG) 7:30 Top Gear (PG) 9:00 Bargain Hunt 6:00 Ho (PG) Movie: "Money Train" (M415+) (95) Stars: Jennifer Lopez House Hunters USA 7: 7:00 11:15 Police Ten 7 (M1,v) 12:15 WWE Raw (MA15+) 1:00 8:30 Flip Or Flop Nash	With Me UK (PG) 5300 Beantront use Hunters International 7:00 30 Zombie House Flipping (PG) Wile 930 Filly Mar (PG) 10:30 Tyler Henry (PG) 11:30 Apre Ski 43257369
	ABC (C20/21)	. ,		TEN (C13)	SBS (C30)
31 Mav	11:30 A Taste Öt Ländline [s] emergerky code word, Eve 12:00 ABC New [s] bothes the mission and goes 1:00 One Plus One [s] in herself to save her partner. 1:30 Would Lie To You? (PG) [s] 9:15 2:00 Press [s] 10:15 3:00 Poh's Kitchen [s] 10:15 3:00 Poh's Kitchen [s] 10:15 3:00 Poh's Kitchen [s] 10:05 3:00 Poh's Kitchen [s] 11:05 3:00 Poh's Kitchen [s] 11:05 3:00 Poh's Kitchen [s] 11:00 4:00 Think Tank (PG) [s] 11:30 5:00 The Dum [s] 12:15 rage (Mhi's) [s]	11:30 Seven Morning News [s] charge history and prevent an event that results in doom for Movie: "Blue Lagorn: The event that results in doom for Movie: "Indiana Evans, Brenton 11:30 NINE's / Evans, Brenton 12:00 Mavie: "Blue Lagorn: The Auskening / Min / Evans, Brenton Stars: Hugh Jackman, Jennifer 1:00 Niovie: "Cital - A everyda, magoid 2:00 The Daily Edition Fassbender, James McAvoy, magoid 1:00 Niovie: "Cital - A everyda, magoid 3:00 The Chase UK [s] Patrick Slewart, Ian McKellen, him to be advised Nink B / Min / B / Min	ktra (PG) [s] 7:00 A Current Affair [s] 8:3 etws [s] 7:30 Rugby League: Paramata 124 [3] [s] Eels v South Sydney Rabbitohs 134 The Cobbier (PG) "Live" From Western Sydney 24 cobbler, bored of his Stadium, Paramatta [s] 25 iffe, stumbles upon a 9:45 Friday Night Knock Off [s] 33 scome other people 11:45 Behind The Blues [s] 33 scome other people 11:45 Talkin Bout Your Generation 44 rs: Adam Sandler 12:45 World's Funniest Videos Top 45 we Now [s] 10.0 Extra [s] 55 itternoon News [s] 1:30 Home Shopping 64	30 Studio 10 (PG) [s] 8.30 The Graham Norton Show (M) 00 Dr Phil (PG) [s] [s] - Join Jack Whitehall as he hosts on behalf of Graham 00 Entertainment Tonight [s] Notton. Cuests: Gwendoline 30 Neighbours (PG) [s] Christie, Luke Evans and Sam 30 Neighbours (PG) [s] Forder. 30 Nudge Judy (PG) [s] Forder. 30 Market Klichen [s] 9:30 9:30 The Bold Am The Beautiful 12:30 10:30 The Bold Am The Beautiful 12:30 10:30 The Bold Am The Beautiful 12:30 10:40 The Bold Am The Beautiful 12:30 10:40 Wins Klinst [s] Colbert [PG] [s] 10:00 Celebrity Name Game (PG) 2:30 10:01 The Project (PG) [s] 40m Shopping 30 The Project (PG) [s] 51	5.00 CGTN English News 6.30 SBS World News 5.15 NHK World English News 6.30 Great British Railway 5.30 Worldwatch - Deutsche Wele Journeys: Darlington To News 6:00 France 24 News Durneys: Darlington To 6:30 Worldwatch - Centuces 8:00 6:30 Worldwatch Continues 8:00 1:00 PBS Newshour 1:00 PB Newshour 2:00 The Point 3:30 NIV News: Nula 3:30 NIV Second Restaurant In India 4:30 Tennis: French Open 2019 Highights 10:35 5:30 Letters And Numbers 6:00 Mastermind (PG)
Fridav	5:05 Bob The Builder 5:30 Molly And Mack 6:00 Floogals 4:35 Odd Squad 5:00 Mustangs 6:25 Peter Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Awesome 6:00 Dragons: Race To Spick And Specks (PG) 6:00 Hard Ouiz (PG) 8:30 Gruen Operation Ouch 7:00 Hornble His (PG) 9:10 The Office (PG) 10:00 Detectorists (PG) 10:30 birds Are Go 8:00 Cloudy With A t Archer (M1,xy) 10:50 Gary And His Demons (M1, y) 11:15 8:20 Good Gane Spann Point 34	s FC 5:25 Little Bg 6:00 News Breakfast 9:00 ABC News Mornings 12:00 335 Tattoc Age (PC) 4:00 PBS N The Edge (PG) 6:30 ABC News At Noon 3:00 ABC News Afternoons 5:00 ABC The One (PG) (In Mandarin) 6:00 stories 7:25 Thunder- National News 6:00 ABC News 7:00 The Dum 8:00 ABC Raw In Rome (PG) (In Italian) 7:20 Chance Of Meatballs News Tonight 9:00 Plenet America 49:45 The Business Cricus (PG) 8:30 Plenet America 49:45 The Business Plenet 49:45	ewshour 5:00 If You Are 4:30 Delia's How To Cook 5:00 Food Lab By f Vice News Tonight 5:25 Milbourne 5:30 The Cook And The Chef 6 Monty Python's Flying Hairy Bikers' Bakeation 7:30 Richo's Bar Sna -Nine (PG) 800 Sex - 8:30 Bonacinis Italy 9:30 Avec Eric 10:00 by Union: Rapid Ruby: Cook And The Chef 11:00 Hairy Bikers' Bakea "From HBF Park, Perth 12:00 Worst Cooks In America 1:00 Food Lab Ben Milbourne	Ben 5:00 Volumz 6:00 Unearthed 6:30 The Chefs' 1:00 Ultimate Bowls C 3:30 Line 7:00 NITV News: Nula 7:30 Movie: "Frog Minute 3:30 Harry's Process Dreaming" (PG) (86) Stars: Henry Thomas 9:10 (PG) 4:00 The Real The Shark Bay Salt Water Stories (PG) 10:00 Movie: Investigations (PG) 5:30 tion "Klouthood" (MA15-) (76) Stars: Noel Clarke Bargain Hunt 7:30 Bork JB 11:30 NITV News: Nula 12:00 Volumz By 11:30 NITV News: Nula 12:00 Volumz TBA 9:30 Charle Luxt Building The Dream 11:30	hampionship 2:00 Million Dollar 12:00 Ax Men (M) 1:00 World'S Toughest Cops (M v) 2:00 Aarloe 3:30 Under The Hammer D.U.L (M d.) 2:30 Baggage Battles (PG) 3:00 Mythousters Seachange 4:30 Air Crash (PG) 4:00 Restoration Garage (PG) 5:00 Desert D Property Ladder UK (PG) 6:30 Collectors (PG) 6:00 Pawn Stars (PG) 7:00 Friday Night
	5:30 Rachael Ray's Week In A Day (PG) 6:30 Chopped Bewitched (PG) 4:20 Movie: "The I (PG) 7:30 Bizare Foods With Andrew Zimmern (PG) 8:30 (O4) Slars: Julia Silies 6:20 Movi Mystery Diners (PG) 9:30 Cutthroat Kitchen (PG) 10:30 Timothy Green" (G) (12) Slars: J Mystery Diners (PG) 11:30 Bizarre Foods With Andrew Movie: "Twilight" (M h.v) (08) Sla Zimmern (PG) 11:00 Movie: "CBGB" (MA15+) (13)	aam Of Jeanrie 2:45 3:00 Everybody Loves Raymond (PG) 3:00 Becker Imm- Prince And Me ² (PG) Oral Fixations' Cyrano De-Beckerac (PG) 4:30 The King Fatman (PG) 3:00 Diagnosis Mum rie: "The Odd Life Of Of Clueens: Foe: PAI Tank Heaven (PG) 5:30 Fasise (PG) The Nett Generation (PG) 5:30 Diagnosis Mum Jermifer Gamer 8:30 6:30 Highbours (PG) 7:00 Happy Together (PG) 8:30 6:00 Judge Judy (PG) 6:30 B ars: Robert Patitinson Strictly Come Dancing 11:30 The Late Late Show With Waker, Texas Ranger: Drain Patient (M) 12:30 Home Shopping 1:30 Fraser: End / Aloman's Pace (M v) 11: (PG) 2:30 Becker (PG) 3:30 The Late Late Show (M) 12:30 Home Shopping 2:00 Nast	Jer (PG) 4:00 Star Trek: 1:45 Who Do You Think You Åre? (PG) 2:45 Four 1 Jar Trek: Voyager (PG) Bed (PG) 3:15 Mary Queen Of Shoog (PG) 4 ndi Rescue (PG) 7:30 Heartbeat (PG) 5:30 Vet On The Hill (PG) 6:30 Antio Mir Justicel Rainbow's Roadshow 7:30 As Time Goes By (PG) 8:40 Movie: " 30 Hanaii Five- () (M) (Client') (MV) (J94) Stars: Susan Sarandon 11:10 Mc Bridges (M v) "Stand By Me" (MI) (86) Stars: Wil Wheaton	In A. Clarence (PG) 5:30 Regular Show (PG) 6:00 Friends (PG) Come Dine With Me U 4:25 6:30 Movie: "Frantasia" (0) (40) Stars: Leopold Stokowski 6:00 House Hunters In yees 9:00 Mickey's 90th Spectacular 10:45 Movie: "Airplane II: USA 7:30 Restorel 8:27 The The Sequel" (PG) (82) Stars: Robert Hays 12:25 WWE Cabin Masters (PG) 11	K (PG) 5:00 Texas Flip N Move ternational 7:00 House Hunters 00 Log Cabin Living 9:30 Maine 0:30 He Shed She Shed 11:30 onal 12:30 House Hunters USA 43257369
1 June	ABCC (C220/21) 5:00 rage (PG) [s] rage Guest [s] 7:30 Shakespeare And Hathaway: Outrageous Fortune (PG) [s]- When a pampered pet runs away from a life of lucury, Frank and Lu are tasked with tracking down the hound. 11:00 Classic Countidown: 1975 [s] 12:00 The Midwife (PG) [s] 13:00 Trank and Lu are tasked with tracking down the hound. 13:00 Midsomer Murder: Schooled In Murder (PG) [s] 3:00 8:15 Call The Midwife (M) [s] - The Cosing of a neacy materiny home brings an influx of vorage (SW): The Habris [s] 5:00 Escape From The City: Orange (SW): The Habris [s] 9:15 6:00 ABC News [s] 11:00	6:00 Home Shopping (02) – Jay and Kay are back 6:00 Ellen (P) 7:00 Weekend Sumrise [s] for a fight against a renegate 7:00 Weekend 10:00 The Morning Show - Kylothian monster that is 10:00 Today E 10:00 The Morning Show - Kylothian monster that is 10:00 Today E 12:00 Program To De Advised When she wipes Kay's 1:00 Our Stat 130 AFL: Round 11: GWS Giants v memory, they must race to 1:30 Australi Sydney Showground Stadium Stars: David Cross, Lara Flynn 2:30 Superfor 4:30 Crash Investigation Unit: Bolye, Johnny Knowlie, Rip 3:00 Netball: 5:00 Seven News At [s] 8:45 Movie: 'X-Mer: Apocalygee' Uptinting 5:30 Bodre Security - Australia's MU/U (16) Sist; Amer Davin [b Davin [b	d Today [s] Matthew McConsughey, Reese vtra (PG)[s] Witherspoon, Seth MacFarlane 6:3 vtra (PG)[s] Witherspoon, Seth MacFarlane 6:3 urf League [s] 9:15 The Voice: Blind Audition 4 7:4 0 h A Plate (PG) [s] (PG) [s] 7:3 7:4 a's Top Ten Of 10:45 The Voice: Blind Audition 5 8:4 ods: The Paal Story 12:00 Movie: "Patrick" (MA15+) ('18) 9:4 Tunderbrids v Stars: Ed Strein, Gemma 9:4 9:4 "Live' From NTNC Jones, Emily Atack, Jennifer 9:5 3:2 stars: First At Five [s] 2:00 Home Shopping 11:1 (PG) [s] 5:30 Wesley Impact [s] 2:1	00 RPM[s] 4:00 Bondi Vet (PG) [s] 00 Fishing Australia [s] 5:00 10 News First [s] 00 Fishing Australia [s] 6:00 Program To Be Advised 00 Fishing Australia [s] 6:00 Program To Be Advised 00 Eitertainment Tonight [s] 7:30 Ambulance UK (PG) [s] 01 Everyda Gournet With 8:45 One Born Every Minute (M) 1 Justine Schofield [s] 9:45 Ambulance Australia [M] [s] 00 Ther Living Hoom [s] 11:00 NCIS: New Ofenans: The River Grave (M) [s] 00 The Living Hoom [s] 12:00 Eimernatry: The Viroms Crawl Out (M) 00 Program To Be Advised In, The Worms Crawl Out (M)	SBS (C30) 5:00 CGTN English News 4:30 Tennis: French Open 2019 5:15 NHK World English News 5:30 Worldwatch – Dustche Welle 5:30 5:30 Worldwatch – Dustche Welle 5:30 River Cottage Australia (PG) 6:30 Alzeera Newsohur 7:30 Disney Nature: Monkey 7:40 BBC News 7:30 Italian News 8:10 Flipino News 8:40 9:20 8:0urd 11 Octs Does French News 9:30 Greek News 10:20 Destination Flavour China Bitesize 1:00 PBS Newshour 10:30 Tennis: French Open 2019 'Live' From Roland Garos 1:00 Gymnastics: International All Around World Cup Japan 10:30 Tennis: Schoth Open 2019 'Live' From Roland Garos 4:00 Cycling: Incycle 4:00 Australia Australia
aturdav	3:55 Bananas In Pyjamas 4:25 The Numtums 5:05 Bob 3:10 Salor Moon Crystal (PG) 4: The Builder 5:45 Peppa Pig 6:00 Floogals 6:25 Peter Ramsay Bunch 4:35 Odd Squad 3: Rabbit 7:05 Andy's Dinosaur Adventures 7:30 Spicks And Little Big Avesome 6:00 Dragons Specks (PG) 8:00 Would I Lie To You? 8:30 Michael (PG) 6:30 Operation Ouch! (PG) 7 Michtyre's Comedy Roadshow (M Ls) 9:15 TBA 9:50 Pole 7:25 Japanizi: Coing, Going Unexplored 5:01 M 10:05 Comedy Index Adventures 7:00 Pole 7:25 Japanizi: Coing, Going	C223) ABCNEWS (C24) SBS VICE (0.00 Matika And The 2:00 ABC News 2:30 Close Of Business 3:00 ABC News 4:00 Mastemind (PG) 6:30 Beat 00 Mustangs FC 5:25 3:30 The Breakfast Couch 4:00 ABC News 4:30 The Are The One (PG) (In Mandarin) Face To The Edge Dum Weakly 5:30 ABC News 5:30 One Plus One 6:00 (MI) (14) Stars: Julianne Noore Face To The Edge Dum Weakly 5:30 ABC News 5:30 One Plus One 6:00 (MI) (14) Stars: Julianne Noore From The Edge' (M I,s) (90) Stars Gas 1:30 One Plus One ABC News From The Edge' (M I,s) (90) Stars Gas 1:31 Storg 8:00 ABC News Vieweah Onphra Back (Ntars) 1:45 Lee 0.001 8:10 Camp Weekend 7:30 Australian Storg 8:00 ABC News Vieweah Onphra Back (Ntars) 1:45 Lee From The Edge' (M I,s) (90) Stars From The Edge' (M I,s) (90) Stars heZow 9:20 Barney's 8:15 Four Corners 9:05 Will Australia Ever Have A Black 1:15 Vice News Tonight 1:42 From Minister? 10:00 ABC News Netherlands v Australia "Live" From Netherlands v Australia	The Internet 7:30 If You 1:30 Hairy Bikers' Bakeation 2:30 Delia's How 8:30 Movie: "Still Alice" Cook 3:00 Dinner Date 4:00 Say It To My Fi 0:25 Movie: "Postcards 5:00 The Cook And The Chef 6:30 Lyndey J In: Meryl Streep 12:15 Blair's Taste Of Greece 7:30 Tom Kernidge's B Lin Chins Fashionista Ever Dishes 8:30 Bill's Tasty Weekends 9 15 Foottal: Women: Destination Flavour Scandinavia	7.0 3:00 Baseball 2019: Cavalry 5:00 The Point 6:00 12:30 The Great Outdo ace Music Voyager Series 8 6:30 Art + Soul (PG) 7:25 Great Australian Doorst And MTV News Weekend Edition 7:35 Marm Grook Hugby Union: Shite 30 sets 8:30 Movie: "Beneath Clouds" (M) ('02) Stars: Creek To Coast 5:30 30 Dannielle Hall 10:00 Movie: "Fruitvale Station" (M) String (PG) 7:30 Might	ep 2:30 Sydney Weekender 3:300 Dangerfield (PG) 2:00 Pro Bull Riding - Åustralia 2:30 ield: Round 9: "TBA v TBA 5:300 Restoration Garage (PG) 3:30 D.U., (PG) 4:300 Storage TBA 6:30 The Yorkshire Vet In Wars (PG) 4:30 AFL: Round 11: Geelong Cats v Sydney /Course Ships (PG) 8:30 Escape. Senae: "Unive "Fiond MHAR Badaum 7:30 Woire: "Butch The Yorkshire Vet In Spring (PG) Cassidy And The Sundanze Kid" (PG) (F6) Stars: Robert
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Bruce Davis with volunteers Irene Dunn, Sharyn Sainty and Jessie Manadavadi

Morning tea attracts 250 people

to be raised from the day, which

Sandra's Cupcake

An event held to support the Cancer Council's Biggest Morning Tea attracted 250 people and 57 volunteers to the Peninsula Community Centre on Thursday, May 23. More than \$7500 is expected

Challenge with three age categories for hand-made or packet-based cakes.
 The annual challenge is held

included

in honour of volunteer Ms Sandra McArtney, who had a passion for baking and died of cancer in October 2014.

This year, Ms Donna Stratford from Lisarow won both the adult homemade cake and the people's choice category.

Ms Kimberley Dunshea from Umina won the adult packet mix category.

Coast Community Connections has supported the Cancer Council's Biggest Morning Tea for six years now.

Chief executive Mr Bruce Davis said: "We were absolutely thrilled with the support received from the local community for this years' event.

"We had an exceptionally strong turnout, the quality of cupcakes entered in Sandra's Cupcake Challenge was nothing short of impressive and having Mark Ferguson and Mel McLaughlin from Seven News in attendance on the day added even more excitement."

> SOURCE Media Release, 23 May 2019 Alison Steele, Brilliant Logic

Aged care facility receives accreditation

A Woy Woy aged care facility has been "fully accredited" by the Aged Care Quality and Safety Commission for the next three years.

"BlueWave Living is delighted to announce we have met all accreditation outcomes and have been made accredited for the next three years from June 2019," BlueWave chief executive Mr Matt Downie.

"To make sure you're receiving the best care possible, all aged

care homes receiving government subsidies need to meet quality standards.

"They cover areas such as management, staffing, health and personal care, resident lifestyle, living environment, catering, cleaning, continuous improvement and safety and security."

Mr Downie said BlueWave had successfully met all 44 standards. SOURCE:

Website, 20 May 2019 Matt Downie, BlueWave Living



New barbecue and dining area opened

Staff and residents of a Umina retirement village have celebrated International Nurse's Day on May 10 with the opening of a new barbecue and dining area.

The new dining area is a part of a series of development works currently taking place at Peninsula Villages.

As part of the opening staff and residents were treated to a barbecue lunch cooked with the new kitchen facilities in the dining area.

Village chief executive Mr Shane Neaves said the facility continued with the construction of its new site on Pozieres Avenue and with the refurbishment of the existing Pam Palmer House.

SOURCE: Social media, 10 May 2019 Shane Neaves, Peninsula Villages

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Women urged to take advantage of BreastScreen van

The Central Coast Local Health District is encouraging women living on the Peninsula to take advantage of the BreastScreen NSW van while it is in Woy Woy.

The van is parked on the grounds of the Woy Woy CWA Hall and will remain there until July 5.

"As many as 52 women on the Peninsula have breast cancer but

don't know it because they haven't had a mammogram in the past two years," according to Health District communication officer Ms Lauren Nichols.

"More than 10,000 women aged 50 to 74 on the Peninsula are either overdue for a mammogram or have never had one.

"It's a free, 20-minute appointment every two years that

could save your life," she said. Women wanting to make an appointment can simply visit the van, book online through BreastScreen NSW's website or phone 13 20 50.

Appointments are free for all women aged 40 and over.

SOURCE: Social media, 23 May 2019 Lauren Nichols, Central **Coast Health**

Chinese dance treat

retirement village he said. Local residents were treated to a performance by the Central Coast Chinese Regal Dance Group earlier this month.

"The performance was a hit with the residents, as was the colour of the authentic and unique costumes which were mesmerising," said Peninsula Village chief executive Mr Shane Neaves.

"The cultural dancing was elegant and the singing beautiful,"

The Dance Group was formed in 2009, with the objective of preserving and encouraging Chinese dance and culture.

It regularly performed classical and contemporary Chinese dance at a wide range of community events and special celebrations, including Chinese New Year.

SOURCE: Social media, 16 May 2019 Shane Neaves, Peninsula Villages



Exemplary staff receive awards

Awards have been made to three exemplary employees of a local hospital.

Ms Tina Giles was named Nurse of the Year at Brisbane Waters Private Hospital.

Ms Haruko Eton was named Clinical Person of the Year and Ms Kerry Howie, Non-Clinical Person

of the Year. The awards celebrated "the hard work and dedication of staff ... who go above and beyond in their roles".

Each winner received a framed certificate, an orchid and a voucher. The awards were followed by a

team barbecue and the cutting of a celebratory cake. SOURCE:

Social media, 13 May 2019 Kathy Beverley, Brisbane Waters Private Hospital

Sponsored by



We are pleased to welcome **Dr Cherie Castaing**

Dr Castaing is highly experienced in all areas of general practice, with special interests in diabetes and chronic disease management, mental health, paediatrics and women's health.



An interest meeting will be held on Thursday 30 May at Ettalong Diggers Club 7.00pm for the formation of The Rotary Club of Brisbane Water A new concept in Rotary Clubs

Help the world while having fun and networking with like-minded professionals on interesting and vital Charity projects both local and overseas.

To attend please phone Jayne Mote on 0405 714 289 Or email Jayne - jayne mote@bigpond.com



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Health

New nurse educator starts

A new clinical nurse educator has started at a local hospital.

"Our hospital has always worked collaboratively with registered training organisations and universities to offer work placement to assist develop the careers of our future nurses," said Brisbane Waters Private Hospital chief executive Ms Kathy Beverley.

"Student feedback is positive and we receive wonderful compliments about their experience.

"Our clinical nurse educator Sussan Siller has recently commenced in this role and one of her jobs is to oversee the student placements.

"Staff have embraced Sussan's new role, with an increase in staff in-services and education sessions.

"Sussan is also facilitating educational sessions for our current crop of nursing students in collaboration with our specialists," Ms Beverley said.

SOURCE: Social media, 14 May 2019 Kathy Beverley, Brisbane Waters Private Hospital



Ms Sussan Siller with nursing students

Umina Chiropractic Centre

Your chiropractors Pete Grieve, Prue Storey, Michael Grieve and Dean Roods Umina Chiropractic Centre, 428 Ocean Beach Rd, Umina 2257 - Ph: 4341 6247

THE WIND IN THE TREES

There is an old saying that goes like this: "As the wind blows, so grows the tree".

Even though we target the symptoms associated with poor posturing in both the young and the old, the greatest difference is made during our formative years of growth.

The forces of gravity act upon the developing structure, so it makes sense that if we put stress into a body in a positive way, we will be rewarded with a marked improvement in health outcomes.

The most likely source of poor posturing relates to the current trend to slump over ipads, computers and in lounge chairs.

What can be done?

Make an agreement within your household, or with a friend, to a sign language such as a bent finger, to inform the other that their posture is poor and to straighten up.

Vocalising this is very annoying and can be embarrassing, so the above method may very effective.

A healthy posture is all about healthy movement by both your spine and body.

It does take discipline to correct a poor posture, but the benefits are well worth the effort.

A Straighten Up app developed by and available from the Australian Chiropractors Association (ACA) was designed by everyday Australians like you to improve your spinal health.

Use the app to set yourself reminders and to receive notifications about sitting right, stretching, improving posture and even staying hydrated.

Download the free app at your spinalhealthweek.com.au/posture and get your posture ready for life today.

Good posture and exercising regularly are important factors in maintaining spinal health.

Visiting a chiropractor as part of your spinal healthcare regime can assist with ensuring that these practices are maintained.

At Umina Chiropractic Centre we are offering a free booklet called 'Are you ready for Life', which targets how to improve posture for young and old.

Please feel free to call in and collect your copy from reception.

Looking forward to seeing you.

From the team at Umina Chiropractic Centre.





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Request to not visit skate park before school

Umina Beach Public School principal Ms Lyn Davis has asked students to come directly to school and not visit the Umina skate park before school.

Ms Davis made the request after an accident involving a student at the skate park before school on May 14 required four staff to support the student while an ambulance was called.

She said students who visited the skate park were often late for school.

"I know that the children like to use the skate park before school. "However, there have been

However, there have bee

many times when the students are late for school because of this.

"If children could ride straight to school and not play at the park before school, it may avoid injury and late arrival."

> SOURCE: Newsletter, 14 May 2019 Lyn Davis, Umina Beach Public School



Rugby 7s gala

ARTISAN SHOW @ WAGSTAFFE

JUNE LONG WEEKEND Saturday 8th : 9.00am - 4.00pm Sunday 9th : 9.00am - 3.30pm

WAGSTAFFE HALL

Empire Bay Public School participated in the annual Central Coast Rugby 7s Gala for the first time since the competition's inception.

"Our Stage 3 Rugby 7s team represented Empire Bay Public School on May 9 for the first time at NSW Rugby's Central Coast 7s Gala day," said principal Ms Simone Champion.

"The 10-player squad did our school proud, with a record of 2-1-2 (wins-losses-draws).

"They also displayed great sportsmanship and camaraderie within the team and towards other sides."



Ag students attend Beef Week at Wingham

Students from both campuses of Brisbane Water Secondary College's Cattle Club have attended the Wingham Beef Week.

Acting Umina campus principal Mr Adam Montgomery said it was a successful excursion for the school's Agriculture course students.

The event gave students and producers an opportunity to participate in live assessment, carcass assessment and evaluation, meat judging, beef appreciation workshops, parading and other competitions, he said.

The event aimed to educate at ground level the next generation of future beef enthusiasts in a handson environment to increase their knowledge and exposure to the Australian beef industry through education and competition.

The week was coordinated by the Wingham Regional Show Society and runs annually from May 13 to 17.

SOURCE: Social media, 17 May 2019 Adam Montgomery, BWSC Umina



Nathan wins \$50 for remembering pi

Brisbane Water Secondary College Umina campus student Nathan Mirasol constant pi.

As part of the day, schools across the world took part in a Pi



SOURCE: Social media, 17 May 2019 Simone Champion, Empire Bay Public School received a cheque for \$50 in a special presentation ceremony held on May 10. He also had his name engraved on a Pi Day Shield

The campus participated in international Pi Day, an annual celebration of the mathematical

Day Challenge where students competed to recall as many digits of Pi as they could.

Nathan won setting a new school record with 102 digits.

SOURCE:

Social media, 10 May 2019 Adam Montgomery, BWSC Umina campus



Education

'Inconsiderate' parents endanger school children

"Inconsiderate, lazy and arrogant" parents who use the Kiss and Drop Zone at **Umina Beach Public School** as a "gossip-chat station" have been criticised by other parents of students at the school.

"Children are being deliberately placed in a dangerous position," one parent has told school principal Ms Lyn Davis.

"Our School Council has raised the matter several times and reminders have been placed in the school newsletter regarding the use of the Kiss and Drop Zone," said Ms Davis.

Ms Davis said she recently received a letter from a frustrated parent regarding the issue.

She said she felt compelled to publish the letter in the school newsletter after a student was almost hit by a car at the Kiss and Drop Zone on May 20.

The letter-writer suggested that parents use "the large council car park at the end of Sydney Ave".

Ms Davis said: "Please keep our children safe and do not drop them off or call them to your car in the middle of the road.

"It is a very short walk from the surf club to the school.

"Parents are reminded that they cannot park in the Kiss and Drop Zone between 8am and 9:30am and between 2:30pm and 4pm and drivers should remain in their vehicle.

"Council rangers have been in attendance and will continue to attend in an attempt to ensure that parents drive and act responsibly at drop off and pick up time," Ms Davis said.

The letter-writer stated: "On several occasions I have witnessed parents (children long departed) standing on the roadside of vehicles engaged in conversation oblivious to the surrounding environment and the cars, one to two tonnes of heavy metal, jockeying for a position within a 100m space allocation.

"At times, cars are two abreast.

"This space is set up by the council and public school system for parents to utilise and to deliver our children in a safe and orderly manner," the letter stated.

SOURCE: Newsletter, 21 May 2019 Lyn Davis, Umina Beach Public School



Drama students perform Harry Potter

Year 7 drama students at Brisbane Water Secondary College Umina campus have performed scenes from the Harry Potter films as part of a group assignment.

The assignment theme was "bullying" with students challenged to create an entire act, from script to set, while working in groups.

to the stage with awesome results," said acting campus principal Mr Adam Montgomery.

"There was no disappointment as they put their creative concepts

SOURCE: Social media, 9 May 2019

Adam Montgomery, BWSC Umina



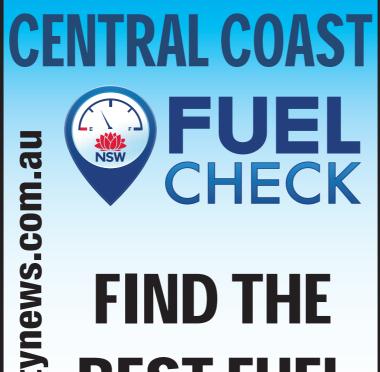




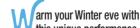
Empire Bay Public School's Boys Rugby League team placed third in the annual Woy Woy Cup Gala.

"Eighteen of our very talented Stage 2 students performed with pride at the Woy Woy Cup Rugby League Gala," said principal Ms Simone Champion.

"We had a red-hot team,







Michaele Archer Vocal

Gosford Regional Gallery

but faced some equally strong opposition and narrowly missed out on a place in the finals, finishing third in Pool A.

"The boys' sportsmanship, ability to follow the game plan instructions and all-round efforts on the field were terrific.

"It was also great to see so many students who had never played before, try something new. "Andrew Skidmore expertly coached the team on the day." SOURCE:

> Social media, 17 May 2019 Simone Champion, Empire **Bay Public School**







this unique performance experience and a glass of mead...

With readings from Hannah Kent's best selling novel Burial Rites and original music inspired by the landscape of Iceland from Apsara.

A collection of popular favourites on the theme of nature will follow in the second half including Vivaldi Four Seasons Winter Villa-Lobos Bachianas Brasileiras No 5, The Swan and Tango en Skai.

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Education



The Student Representative Council with the pizzas

Campus contributes to Adopt a Farmer

Brisbane Students from Water Secondary College Umina campus took part in the national Adopt a Farmer appeal on May 8.

Schools across the country were encouraged to raise money on May 8 as part of the appeal.

The Student Representative Council decided to offer students pizza for a gold coin donation.

"Our campus raised \$1057.10 which will be sent to registered families," said acting campus principal Mr Adam Montgomery.

The money will be distributed

through the registered charity Rural Aid, which will put the funds on \$100 Visa gift cards and distribute them to farming communities.

SOURCE: Social media, 15 May 2019 Adam Montgomery, BWSC Umina campus



Peninsula students dominate touch football selection

Peninsula students have the selection dominated for the Combined Brisbane Water and Southern Central **Coast Boys and Girls Touch** Football teams.

Trials for the team were open to all schools in the former Gosford

Local Government Area and were held at Bill Sohier Park at Ourimbah on May 10.

Ten of the 13 students selected for the teams are from Peninsula schools with Woy Woy, Umina, Pretty Beach and Empire Bay Public students all making the cut. The selected students will now

represent the Southern Central Coast Primary School Sports Association in the Sydney North Zone touch football trials in the coming weeks.

SOURCE: Social media, 14 May 2019 Simone Champion, Empire **Bav Public School**

Woy Woy South to get new roofing

Woy Woy South Public School is expected to have roofing of all its buildings receive a major upgrade this year.

"Due extensive to communication with NSW Department of Education Assets Management and the ongoing collection of maintenance data relating to our school buildings, I have been advised that our school will soon be undertaking major roof reconstruction to all buildings," said principal Mr Matt Barr.

"This will mean that all of our old tiled roofs will be replaced, giving our school a new fresh look throughout.

"It is expected that this work will take place at some stage during 2019 and while there will be major construction taking place, a careful plan will be implemented so that class time is not effected.

"This is very exciting and a big win for our school."

SOURCE: Newsletter, 15 May 2019 Matt Barr, Woy Woy South Public School

Sensory garden benefits from planting

Pretty Beach Public School's Sensory Garden has benefited from a recent planting of \$700 worth of plants.

The planting was done at the start of Term 2 by students in Years 3 and 4 and volunteering parents and saw a number of Australian bushfood varieties and other edible species planted.

According to principal Ms

now looking at installing a water pump and self-irrigating system to ensure the garden thrives.

"If you are knowledgeable and willing to assist in the purchase school funds) and (using installation of a water tank pump and irrigation system, please contact the school," Ms Callendar said.

> SOURCE: Newsletter, 9 May 2019 Deborah Callendar, Pretty **Beach Public School**



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13 Day Japan Autumn Leaves Tour <mark>(Great Value)</mark>

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Out&About

Artisan show planned for Wagstaffe Hall

Author talk at

Woy Woy library

The Bouddi Society is hosting an Artisan Show at Wagstaffe Hall over the June long weekend (June 8-9).

Craftwork will include ceramics, jewellery, wood turning and sculpture, canvas goods, basketry and textiles by more than 20 artisans from the Peninsula and surrounds.

The exhibition will be officially opened by local painter Mr Jordan Richardson at 3pm on June 8.

"Jordan is a young artist who was a past recipient of Bouddi

South Australian author Ms

Victoria Purman will visit

Woy Woy Library on June

3 as part of her latest book

promoting her latest book, The

a moving story of love, loss and

survival against the odds, set

against the backdrop of World War

She said The Land Girls was

Purman is currently

tour.

Ms

I and Girls

Foundation for the Arts grants.

"He has been a finalist in the Archibald Prize for the last three years.

"Wine and nibbles will be provided at the opening," said organiser Ms Margaret Crane.

The Society will also hold a closing ceremony at 3pm on June 9 with a surprise performance.

Over the two days, a fundraising raffle will also be held.

SOURCE: Media release, 22 May 2019 Margaret Crane, Bouddi Society for the Arts

The story follows the lives

the

Ms Purman will be at Woy Woy

Places are limited and bookings

can be made through the library.

Australian

SOURCE:

Website, 22 May 2019

Victoria Purman, Author

of Flora, Betty and Lilian, three

members of

Women's Land Army.

Library from 2pm to 3:30pm.

ng," said ane. b hold a on June ance. d finalist in the 2019 Archibald Prize for the third time. The portrait prize, which is coordinated by the NSW Art Gallery, is open to all artists in the Australasian region.

Bouddi

The guiding principle is to depict a man or woman distinguished in the arts, sciences or politics.

Foundation

the Arts painter Mr Jordan

Richardson has been named

for

Mr Richardson was among 50 artists named as 2019 finalists

This is the third time he has been a finalist in the prestigious competition.

Mr Richardson's 2019 entry depicts political journalist, commentator and Australian television host, Ms Annabel Crabb.

"I met Annabel by chance at a Foundation event I was attending where she happened to be doing an interview," Mr Richardson said.

"She talked about her career, her experiences and her life in general, and I sat there completely enthralled, knowing she'd make an excellent subject.

"Annabel was more than happy to play around with ideas and work with my desire to create something formal yet bizarre.

"I wanted to strip her of her

Jordan Richardson named as Archibald finalist



'Annabel', Mr Jordan Richardson's 2019 Archibald Prize entry

iconic artefacts like her glasses and rings, and just show her powerful gaze in a strangely serious way.

"I think what I love so much about Annabel is that she is a living example of how femininity and strength are not mutually exclusive. "Painting her portrait was a real pleasure," Mr Richardson said. SOURCE:

Website, 21 May 2019 Archibald Prize Profile, NSW Art Gallery



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Out&About



Literary lunch attracts 120





A literary lunch with artist Ben Quilty and film critic Margaret Pomeranz attracted 120 guests to Pearl Beach Memorial Hall on May 18.

The lunch was promoted as an afternoon of Ben Quilty in conversation with Margaret Pomeranz, to discuss his latest self-titled book published in February.

The event was organised by Pearl Beach company Two Turkeys Catering together with Penguin Random House Australia. SOURCE:

Media release, 20 May 2019 Karen Ferguson, Two Turkeys Catering

Bush poet speaks at Rotary club

The Rotary Club of Woy Woy's latest guest speaker was Gosford bush poet Peter Mace.

"Peter received a large round of applause before he even started his presentation and said he thought he might quit while he was ahead.

"Luckily for us he didn't," said club publicity officer Mr Vic Deeble.

Mr Mace spoke to the club about his early life and how he discovered his talent for bush poetry.

"Peter told us how he had always appreciated bush poetry and how he used to attend the Tamworth Country Music Festival," Mr Deeble said.

"The Festival had a poetry competition and, at his first attempt, he made the final.

"His second attempt was no good at all, but on his third attempt he came away a winner, and won three times in all.

"He also won Reciter of the Year at the National Folk Fest and Champion of the Year.

"The National Folk Festival has a new award to commemorate 'Blue the Shearer'. "Peter won the trophy for the best original poem," Mr Deeble said.

After speaking about his achievements, Mr Mace recited some bush poems.

"Peter recited The Road to Gundagai and Waiting for a Train.

"This was followed by a humorous poem, Garden Waste, written by English poet Les Barker," Mr Deeble said.

He also recited John Dengate's Catastrophe in South London before reciting a piece of original poetry dedicated to veteran Chad Elliot.

"Chad signed up to the armed forces at age 20, and was medically discharged at aged 25, after joining the Special Forces as a commando and serving three tours of Afghanistan.

"Five-thousand applied, and Chad was one of eight who got through.

"The poem was entitled A Veteran at 25 and there was not a movement in the house as Peter recited."

SOURCE:

Newsletter, 14 May 2019 Vic Deeble, Rotary Club of Woy Woy



FISH È CHIPS CHICKEN SCHNITZEL È CHIPS CALAMARI È CHIPS BRAISED CHICKEN È RICE CURRY CHICKEN È RICE

CLUB



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UMINA just gets better

Sport







Woy Woy in action against Terrigal **Photos: Nick Friend**

Woy Woy's best performance despite defeat

Woy Woy were defeated by Terrigal in their Round 6 clash of the Central Coast **Rugby Union Competition.**

Central Coast Rugby Union publicity officer Mr Larry Thomson said it was an exceptional game of rugby with Terrigal simply outlasting Woy Woy to a 38 to 22 point win.

"It was Woy Woy's best performance of the year despite their loss, but the undefeated Terrigal were able to stave them off.

"However, for much of the first half, and well into the second half, it was Woy Woy who were doing most of the attacking, having received a steady flow of good ball.

"However, some dropped passes at vital times did prove costly for Woy Woy during this period," Mr Thomson said.

"Woy Woy led at the halftime break by 15 points to 12 and an upset seemed possible but as the

game progressed Terrigal steadily gained control, taking the lead and the win.

"Woy Woy played well and will take a lot from this match.

"Their best players included five-eight Wade Hannell, fullback Fokolulu Taumalolo, who crossed for two tries, and halfback Damon Boxsell," Mr Thomson said.

SOURCE: Media release, 20 May 2019 Larry Thomson, Central **Coast Rugby Union**





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COASTAL DIARY

A COMPREHENSIVE LISTING OF EVENTS OVER THE NEXT FEW WEEKS ON THE CENTRAL COAST

MONDAY, MAY 27

Tech Time One-on-One Sessions, Kincumber Library, Booking's Required

TUESDAY, MAY 28

Learn how to teach a Learner Driver Wadalba Community School, Free, 6:30pm - 8:30pm 4350 5387 roadsafetv@centralcoast.nsw. gov.au

Dinner Event - Working with #Millennials. Pullman Magenta Shores Resort, Ticketed, 6:30pm

How to Win Friends and Influence People, L'isle de France Restaurant, Free - Booking's required, 8am - 10am

WEDNESDAY, MAY 29

2019 Central Coast **Mariners Members** Information Night. **Ettalong Diggers**, 7pm

Post-Election Business and Superannuation Free Workshop, **Robson Partners** Boardroom, Level 1, 207, 5:30pm - 7pm

THURSDAY, MAY 30

Formation of The **Rotary Club of** Brisbane Water - A new concept in Rotary Clubs, Ettalong Diggers, 7pm to attend contact 0405 714 289 or jayne_mote@bigpond.com

Council Pop Up, **Deepwater Plaza Woy** Woy, 10am - 12pm yourvoiceourcoast.com

Learn how to teach a Learner Driver, Kariong Mountains High School, Free, 6:30 - 8:30pm 4350 5387 roadsafety@centralcoast.nsw.qov.au

Entrance, 10am - 11am FRIDAY, MAY 31



Diesel: Give me Saturday Night Solo Tour, Ettalong Diggers, Ticketed, 9:30pm 4343 0111

Celebrating John Farnham, Olivia Newton-John & Anthony Warlow, Laycock Street Community Theatre, Ticketed, 8pm

2019 Central Coast Volunteer Expo, The Art House Wyong, 10am - 2pm 4329 7122

WEDNESDAY, JUN 5 Adssi In-home Support -

Free Tea & Technology Lifeline needs more for Seniors' Workshop, volunteers! Information Wyoming Community & Recruitment Night, Centre, Registrations 15 Cary St Wyoming, 7pm - 8:30pm

FRIDAY, JUN 7

Advanced Family History

Course,

The Cottage Wyong Family

History Group, Ticketed,

7/06 - 5/07

Tuggerah Lakes U3A

presents a Talk on

'Our Local Coastline Part 1'

The Entrance/Long Jetty

RSL Hall, 10am - 12pm

Jimeoin - Result,

Central Coast Leagues

Club, Ticketed,

8pm - 10pm

Aussie NightMarkets,

5pm

Beatles Magic,

Club Umina,

Ticketed, 8pm

SATURDAY, JUN 8

Felicity Urguhart and Brad Butcher New Harmony Tour 2019, Hardy's Bay Community Club, Ticketed

Required,

9:30am - 12:30pm

Tuggerah Lakes U3A presents a Talk on 'Healthy Brain Aging' The Entrance/Long Jetty RSL Hall, 10am - 12pm\

The Clapton Unplugged Show,

The Art House Theatre, Ticketed, 8pm

Living Timbre Twilight Market, 370 Pacific Hwy Wyong, Free, 4pm - 9pm

SATURDAY, JUN 1

Councillor Listening Post: Budgewoi Ward, Lake Haven Shopping Centre, 10am - 12pm

Rain or Shine: The Judy Garland Story, Laycock Street Community Theatre, Ticketed,

SUNDAY, JUN 2 The Bouddi Society -Artisan Show. The CEN Environment

10am - 3pm

4349 4756

www.cen.org.au/events

Annual Meeting of the

Community

Environment Network,

Lecture Theatre 1,

Central Coast Campus,

8:30am - 9:30am

JazzLeague - Geoff Power's

Hoodlums,

Central Coast Leagues

Club, Free, 2pm - 5pm

The Celtic Tenors - The Irish

Songbook,

The Art House Wyong,

Ticketed, 7:30pm

TUESDAY, JUN 4

Wagstaffe Hall, Forum 2019, 08/06 - 9/06. **Central Coast Campus** 9am - 4pm Ourimbah, Ticketed,

> Church on the Hill Markets All Saints Anglican Church

The Entrance 8am - 1pm

Alliance Française **Conversation Group - Come** and practice your French at any level, Erina League Club, First attendance is free.10am - 12pm

Goat presents The Sea Gypsies ft. Deadshowws, The Terrace, Ticketed, 4pm - 12am

The Crown Jewels DRAGstravaganza, **Everglades Country Club** Woy Woy, Ticketed, 7:30pm

Festival of the Devil. Australian Reptile Park, Ticketed, 9am - 5pm

Point Clare Car Boot Market, Fairhaven Point Clare,

SUNDAY, JUN 9



9am - 2pm

Ladies Night, **Ettalong Diggers**, Ticketed, 8pm 4343 0111

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

Day on the Farm, 993 George Downes Dr, Free event, 10am - 4pm

The Entertainment Grounds, JazzLeague : Lawrie Bennett All Stars with vocalist Anne Doyle, Central Coast Leagues Club, Free, 2pm - 5pm

WEDNESDAY, JUN 12



Gosford Golf Club, Ticketed, 12:15pm

> **THURSDAY, JUN 13** Art of Ageing Exhibition,

> > Gosford Hospital, 13/06 - 30/10

FRIDAY, JUN 14



Made to Measure - By Alana Valentine. The Art House Wyong, Ticketed, 11am &

7:30pm, 4335 1485 www.thearthousewyong. com.au **SATURDAY, JUN 15**

COSS Connections Field Day - Manage and Monitor Your Bushland, Narara EcoVillage, Ticketed, 9am - 2pm 4349 4756

Coasties in Colour - An Exhibition by well known Central Coast Artist's, The Entrance Art Gallery, 15/06 - 7/08, Tues - Sat 9:30am - 2:30pm

Troubadour folk club - Trippy Hippy Band USA/Aust, Everglades Club Woy Woy, Ticketed, 7pm

Charcoal & Ink Workshop - how to 'see' eyes & then apply the skill, Yarramalong Store & Cafe,

Ticketed, 9:30am The Wine Bluffs, Laycock Street Theatre Auditorium, Ticketed,

7:30pm

SUNDAY, JUN 16

Lions Club of Wyoming -East Gosford Centennial Getting Hitched Twilight Expo, Mingara Recreation Club

10am - 3pm Bay to Bay Running Festival,

Adcock Park to Central Coast Stadium, 9:15am

WEDNESDAY, JUN 19

'Our Local Coastline Part 2' SATURDAY, JUN 29

The Entrance/Long Jetty

RSL Hall, 10am - 12pm

Bobby Fox - The Irish

Boy,

The Art House Wyong,

Ticketed, 8pm

4335 1485

www.thearthousewvong

com.au

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org.au

The Rod & Elton Show,

Ettalong Diggers,

Ticketed, 8:30pm

4343 0111

www.ettalongdiggers.com

Wyong Neighbourhood

Centre Inc - Trivia Night,

Wyong Rugby Leagues

Club, Ticketed,

6pm - 10pm

Troubadour folk club: The

Water Runners.

Australian Bluegrass,

St. Lukes Hall, Ticketed,

7pm

SONGS

SOLSTICE

Songs of the Solstice,

Gosford Regional

The Sapphires,

Laycock Street Community

SATURDAY, JUN 22

Black, White & You - Full Day Charcoal & Ink Workshop, Hardys Bay Community

Church Hall, Ticketed, 10am **SUNDAY, JUN 30**

Symphony Central Coast-Concert 2 From Russia with Love, Performing Arts Centre -CCGS, 2:30pm

SATURDAY, JUL 6

FRIDAY, AUG 16 NAIDOC Nylon - presented by Naughty Noodle Fun The Sydney Folk Festival Haus, Pitt St in Sydney's CBD, Laycock Street Theatre, Ticketed, 8pm

MONDAY, JUL 8

Stepping Out - Tap-Dancing Calling all Learner Drivers Learn how to Service your Car with Hyundai, Booth's Hyundai -Tuggerah, 6pm - 7:30pm

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

SATURDAY, JUL 20

SUNDAY, JUL 14

The Bays Art Show, The Bays Community Hall Woy Woy, 20 & 21/07, 10am - 4pm

THURSDAY, JUL 25

Council Pop Up, Wyong Village Central, SUNDAY, SEP 8 10am - 12pm yourvoiceourcoast.com

Roald Dahl's The Twits, The Art House Theatre, Ticketed, 25/07 - 27/07, Multiple Screening's

FRIDAY, JUL 26

Strictly Ballroom The Musical, Gallery, Ticketed, 7pm Laycock Street Community www.trybooking.com/BBKVC Theatre, Ticketed, 26/07 - 10/08

SATURDAY, JUL 27 Central Coast Asthma &

Respiratory Management,

Erina Leagues Club,

Free, 9am - 4:30pm

Theatre, Ticketed, 22/06 - 7:30pm, 23/06 - 2pm

THURSDAY, JUN 27

Comedy With Two Left Feet, The Art House Wyong, Ticketed, 23 - 24/08, 2pm & 8pm **SATURDAY, AUG 24** Blues on the Mountain

Yarramalong Store & Cafe,

Ticketed, 9:30am

Handmade on the Coast,

Woy Woy Wharf,

9am - 2pm

WEDNESDAY, AUG 14

Stepping Out - Tap-Dancing

Comedy With Two Left Feet,

Laycock Street Theatre

Auditorium Gosford,

Ticketed, 14 - 16/08,

2pm & 8pm

16 - 18/08

FRIDAY, AUG 23

SUNDAY, AUG 11

featuring Karen Lee Andrews, Mangrove Mountain Hall, Ticketed, 6pm

THURSDAY, AUG 29

Council Pop Up, Lakehaven Shopping Centre, 10am - 12pm yourvoiceourcoast.com

Handmade on the Coast, Woy Woy Wharf, 9am - 2pm

THURSDAY, SEP 19

Hair: The Original Tribal **Rock Musical**, The Art House Wyong, Ticketed, **Multiple Screening's** 4335 1485 thearthousewyong.com.au/ whats-on/hair

THURSDAY, SEP 26

Council Pop Up, Westfield Tuggerah, 5pm - 7pm



The Fagan's Run Exhibition,	7:30pm	4343 9999	A Night of Gripping	Adssi In-home Support -	Council Pop Up, Erina Fair, 5pm - 7pm	SATURDAY, AUG 3	yourvoiceourcoast.com	
Henry Kendall Coattge and Historical Museum,	Local Author Book Signing: Elizabeth Geyson - Good	Sydney Comedy Festival Showcase.	Contemporary Dance - The Dinner Party,	Free Tea & Technology	yourvoiceourcoast.com	Carnevale 2019 Exhibition,	FRIDAY, OCT 4	
Ticketed, 01/03 - 30/05	Mourning, Book face erina fair	Laycock Street Community	The Art House Wyong, Ticketed, 8pm	for Seniors' Workshop, Erina Centre Erina Fair,	FRIDAY, JUN 28	The Art House Wyong, 03 - 29/08	Coastal Twist LGBTIQA +	
Retirees Meet and Greet at Bateau Bay,	11am - 12pm	Theatre, Ticketed, 5pm & 8pm	4335 1485	Registrations Required, 10am - 1pm	Gregg Arthur with Quartet	SATURDAY, AUG 10	Arts & Culture Festival,	
Bateau Bay Library, 10:30am - 11:30am	Aussie act - Mental As Anything,	Annual Tea Cosy Expo, Umina Beach Surf Club,	www.thearthousewyong. com.au	FRIDAY, JUN 21	Quartet, Laycock Street Theatre Auditorium, Ticketed,	2 Day Workshop -	Umina Beach Surrounds, 4 - 6/10, 10am - 6pm	
Free Weekly Tai Chi Lesson, Memorial Park The	Florida Beach Bar, Free, 7pm	Donation Entry, 08/06 - 10/06, 9:30am - 4pm	GEC Chamber June Lunch Event,	Tuggerah Lakes U3A presents a Talk on	8pm	Charcoal & ink artwork on plywood,		

Basic entries in the Coastal Diary are **FREE**. Send information to **coastaldiary@centralcoastnews.net** ENHANCED entries using bold typeface with an address, phone number and a live link are available for a small fee. Photographs can also be added for a small fee. All display advertisers are entitled to a free enhanced entry.

Sport

Umina United to celebrate 40th birthday

Umina United Soccer Club is preparing to celebrate its 40th birthday.

"Umina United Soccer Club was incepted into the Central Coast Football Premier League Competition in 1979 and has since gone on to become, statistically, the most successful club on the Coast," said club vice-president Mr Paul Edwards.

"Umina United acquired pretty much immediate success and went on to become a dominant force on the Central Coast by winning the Men's Premier League First Grade Premiership in 1981, 82, 84, 86, 88, 2000, 2006, 2008, and 2011.

"The Umina United Women's First Grade team have also won their Premier League, taking out the title in 2012 and 2017," Mr Edwards said

The club has also won the Central Coast Club Championship numerous times, taking out the honour 81, 83, 84, 86, 87, 94, 95, 97, 99, 2000, 2001 and 2002.

According to Mr Edwards, club members are now busily preparing for the milestone anniversary and are planning a historic celebration which will take place at Ettalong Diggers on August 3.

The club committee has invited former and current players, coaches, managers, committee members, canteen and barbecue volunteers specialists. and supporters to join in the festivities. "Please hurry as tickets are

limited," Mr Edwards said. For more information, contact committee member Ms Terese Fulwood on 0407 538 221 or email uu40birthday@gmail.com.

SOURCE: Media release, 23 May 2019 Paul Edwards, Umina **United Soccer Club**



1980 Umina United First Grade team

Back Row L/R: Ian Scott (Manager), Bill Vrolyks (Coach), Phil Stickley, Ken Kemp, Tom Dickson, Ken Rand, Shaun Ellwood, Eddie Van Tilburg, Keith Edmonds, Brett Holt, Noel Gribble (Medic). Front Row L/R: Geoff Bishell, Alan Mason, Kent Brewer, John Steel, Ray Lamb, Len Dodds, Damien Verschoor, Brian Pattison.

DIESE

Umina bowling club champion

Peter Springett is the Umina Beach Men's Bowling Club's Champion for 2019.

After beating Shane Starkey, the 2018 Club and Central Coast Singles Champion, in the semifinal 31-28, Peter Springett went on to beat an in-form Mark Hogden in the final 31-13.

Despite the final interrupted by a storm, both players performed well.

> Media release, 22 May 2019 Jim Phillips, Umina Beach Men's Bowling Club





And for travellers wanting to see this amazing place you can - in all it's glory as it's been reported as the lake being at it's fullest in over 45 years. Due to this amazing phenomenon Road Runner Tours has organised a trip that will include the great lake. The Coober Pedy & Flinders Ranges Tour leaves in August this year, so you would need to book soon. On tour you would also get to wander into the Pink Roadhouse from the Oodnadatta Track, have a beer at The Great Aussie Beer Shed which are places not normally visited by other coach tours that take you comfortably up close into our

open any Australian's eyes to what we have at our doorstep that other world travellers only dream of visiting. It's a 15 day tour that includes many great attractions with an optional flight over Lake Eyre that should definitely be on your must-see list of places to visit with this years seasonal water and wildlife on display. This will definitely be a story to share with friends and your grandchildren.

To find out all the details of this trip and what other activities are included call Road Runner Tours today on 02 4353 9050 and ask for a full itinerary, or go to their site:









ETTALONG DIGGERS



ELTON JACK

Special Guest Sta

Lance Straus as Elton John

ETTALONG BEACH WAR MEMORIAL CLUB LIMITED ABN 99 001 011 392 51-52 THE ESPLANADE, ETTALONG BEACH NSW 2257 (02) 4343 0111

Directory - Not for profit Community Organisations

Art & Culture **Central Coast** Art Society Weekly paint-outs Tues 0428 439 180. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1156.

Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420

Central Coast Handweavers, Spinners and **Textile Arts Guild** Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts, community guilting bees Day and Night Groups 4325 4743

Ettalong Beach Art & Crafts Centre Adult classes in Potterv Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting 0412 155 391 ebacc.email@gmail.com

Hospital Art Australia Inc. Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 0431 363 347

Community Centres

Peninsula Community

Centre Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children, teens, adults and seniors including occasional care. playgroups, dance classes, karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups 4341 9333

tions.com.au

Empire Bay Probus Club Friendship, fellowship, and fun in retirement. Very active club, outings excursions, dining - 3 times a month 1st Thur 1.30pm Empire Bay Progress Hall Visitors Welcome 0419 252 708

Ettalong 50+ Leisure & Learning Centre Cards, Chess, Choir, Creative Folk Art. Dancing. Darts. Handicraft, Handicrafts, Indoor Bowls, Leatherwork, Line Dancing, Mahjong, Painting, Rummking, Scrabble, Table Tennis, Ukulele, Women's Shed 4304 7222

Central Coast Community Legal Centre Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988 contact@centralcoastclc.org.au

> **Point Clare Community Hall** Community Garden ·

Regional Community Services Enquiries regarding hire to 4323 7483 y.org.a

Community Groups

ABC "The Friends' Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers 4341 5170

Central Coast Caravanners Inc 3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social

Outings, friendship with like minded senior folk - Details from Geoff 0447 882 150

Central Coast 50+ **Singles Social Group** Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas 0412 200 571 0437 699 366 0407 031 013

CCLC Indoor Bowls Mon - Ladies Social Wed Night - Mixed Social Sat - Mixed Social New members welcome tuition given level 2 Central Coast Leagues Club 4334 3800

Freemasons Who are they? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community Gosford Masonic Centre 86 Mann St Gosford www.tccl2001.org

Peninsula Village Playgroup Carers, Grandparents, parents & children

'Intergenerational Playgroup' Tues 10-11.30am 4344 9199

Peninsula School for Seniors Community Centre McMasters Road, Woy Woy Discussions, rumikin, craft, history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

Seniors Computer Club **Central Coast** A non-profit seniors club to help members master computers, tablets, phones and keep up with grand children Friendly Volunteer Helpers scccc@internode.on.net 4307 9421

Seniors Social and Friendship Club Inc Meets 2nd Mon Regular monthly social activities as well as day outings and short breaks away, organised by individual members 4322 7588 or 0427 404 322 10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

The NSW Justices

Association Inc Operate a community desk at Umina Library each Mon & Wed from 10.00 to 1.00pm each week. If other parties are interested in a desk please contact marketing@nswja.org.au 0418 203 671

Umina Beach Men's Shed

Men share a variety of tools pursue interests and hobbies spend time with other men and learn new skills Darrell 4342 9606

Volunteering

Central Coast Refers potential volunteers to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers. 4329 7122 cc.org.au

Wagstaffe to Killcare

Community Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds

2nd Mon. 7.30pm Wagstaffe Hall 4360 2945 Entertainment

Frantastics Choir Inc High quality variety

entertainment available for matinee bookings at your venue. New members welcome. 1pm Mondays during school terms Walter Baker Hall, Woy Woy

4343 1995

Health Groups Al-Anon If someone's drinking is causing you problems...

Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm Woy Woy Hospital Ocean Beach Road

Arthritis NSW Woy Woy support group Ettalong Bowling Club Springwood Road Woy Woy 3rd Tues 10.30am

1800 011 041 **Better Hearing** Australia - Central

Coast Hea ring loss management Support and educational groups providing practical experience and confidence Learn the benefits of hearing aids - 4321 0275

BlueWave Living Wov Wov Community Aged Care facility providing residential aged care to the

frail aged. Permanent and respite care accommodation available. Information 2nd and 4th Tues - 11am - 4344 2599

> ving.org.au **Central Coast** Parkins

manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings. 2nd Tue - 1.30pm 1800 644 189

Gambling Solutions Gambling help counsellors providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW Support Groups Small friendly groups formed to learn how to overcome anxiety, depression and loneliness and to improve mental health and well-being Anonymous, free and open to all. Bring a support person if you like. Weekly meetings at Woy Woy, Bateau Bay and

Wyong 1800 558 268 Meals on Wheels

Delicious meals delivered free - Join us for a midday meal - Help with shopping and cooking classes 4341 6699

Mary Mac's Place Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584 man/macs@w catholic.org.au

Overeaters Anonymous (OA) 12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins, Peninsula Com. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm 0412 756 446 www.oa.org

Peninsula Village Wellness Centre Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

Peninsula Village Meals Delivered daily to your door Nutritious, great for the elderly 4344 9199

Peninsula Village Carer's Support Group For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

Prostate Cancer Support Group (Gosford) Last Fri, Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600 www.pcfa.org.au

Schizophrenia and **Bipolar Fellowship** For Schizophrenia/Bipolar/ Mental Health sufferers, family, carers and friends. 1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford

4344 7989 or 4368 2214

Woy Woy Stroke Recovery Club Everglades Country Club

Music

Brisbane Water Brass Brass Band entertainment for the community playing all types of popular music Rehearsal every Tues 7.30pm-10pm 0419 274 012

Coastal a Cappella Vibrant women's a cappella chorus. New members welcome - music education provided. Rehearsals. Tues 7pm Gosford Tafe Performance opportunities Hire us for your event 0412 948 450 coastalacappella@gmail.com

Soundwaves

A cappella harmony for Men new members welcome. Rehearsals Mondays 7.00pm to 9.30pm Central Coast Leagues Club, Dane Drive, Gosford Ring Max on 4324 3631 or Kieran 4324 1977

Troubadour Central

Coast Folk, Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions

4th Sat 7pm CWA Hall Woy Woy 4342 6716

Political Groups

Australian Labor Party Political discussions, national state and local government issues

Umina Ettalong Branch 2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676

Ourimbah/ Narara Branch Niagara Park Primary School

7.30pm 1st Mon 0410 309 494 Woy Woy Branch Everglades Country Club 7.30pm 2nd Mon Peninsula Dav Branch 1pm 2nd Mon

CWA Hall Woy Woy 4341 9946

Liberal Party of Australia Woy Woy Branch 4th Thur 6.30pm Everglades Country Club

Central Coast Greens Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur

Service Groups

Lions Club of Woy Woy 3rd Mon. Woy Woy Leagues Club Make new friends and have fun while serving your community 0478 959 895

Rotary Clubs International service club

improves lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship.

Rotary Club of Kariong Phillip House, 21 Old Mount

Beach Wednesdays 6.30pm Everglades Country Club 0409 245 861 0409 245 861

Rotary Club of Umina

Central Coast

Goju-Kai Karate

Traditional Karate & Self

Defence for Teens & Adults

No Contracts, Cheap Rates

Wamberal - Mon 630pm

Kincumber - Thurs 715pm

0417 697 096

kaikarate.com.au

Woy Woy Judo Club Mon & Fri -Beginners

From 4:30pm

Tue & Thur - graded classes

4:30pm - 8:30pm

27 Bowden Road Woy Woy

Min Age 3 years old

0434 000 170

Veterans

National Malaya Borneo

Veterans Association

Umina Club

Melbourne Avenue

Umina Beach

4342 1107

The Partners of

Veterans Association

of Australia Inc Central

Coast Sub Branch

4th Tues - 10am-1pm

Kincumber Neighbourhood

Centre, 1/20 Kincumber St

Kincumber

Support Network for Partners

of Past and present Australian

Defence Forces

0403 499 905

Veterans' Help Centre'

Assist all veterans &

families with pension &

welfare issues.

Mon & Wed 9am-1pm

4344 4760 Cnr Broken Bay

Rd & Beach St Ettalong.

Woy Woy Ettalong

Hardy's Bay RSL

Provide help with pensions

and welfare etc. Shop 5/382 Oceanview Rd

Ettalong. Tues & Thurs 9am

to 1pm 4341 2594

Women's Groups

Country Women's

Association Umina

2 Sydney Ave

Branch Meetings

2nd Wednesday 10am

Craft & Friends

Wednesdays 9.30am

2nd and 4th Sundays

12.15pm 0416 193 070 - 4340 1746

Country Women's

Association Woy Woy

30 The Boulevarde, Woy Woy

Craft & Friendship: 1st, 2nd

and 3rd Wed 10AM.

Meetings: 4th Wed 10AM.

Ph: 0411 434 785

woywoycwa@gmail.com

Peninsula Women's

Health Centre

Counselling, therapeutic and

social groups, workshops,

domestic violence and abuse

issues. All services by women

for women

4342 5905

Rotary Club of Woy Woy Tues 6pm Everglades Country Club Don Tee 0428 438 535

Special Interest

Bridge Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd. Woy Woy shane-water.bridge-club.org

Cash Housie

1st Sat (except Jan) 10.30am 50 Games every Sat night Peninsula Community Centre McMasters Rd, Woy Woy,t 7.30pm. Proceeds to Woy Woy Catholic Parish.

Central Coast Family

History Society Inc. Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

Central Coast Tenants' Advice and **Advocacy Service** Help with issues with landlords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

Central Coast Rescue Unit Marine Education Courses. Radio Licenses. Boat Safety & Boat License & PWC License Tests, Navigation, Seamanship and Meteorology.

Central Coast

4325 7929

Soaring Club Inc Gliding Club, Learn to fly, Instruction FREE to members Come and have an Air Experience Flight All Welcome 14 and up for Training Flying at Bloodtree Road Mangrove Mountain Thur, Sat, Sun (weather permitting) 0412 164 082 0414 635 047 www.ccsoaring.com.au

Ettalong Toastmasters We provide a supportive and

positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth 2nd & 4th Tue, 7:30PM Ettalong Diggers 0408 416 356

Playgroup Craft and Exercise Groups Function or Meeting Hire Managed by Gosford

The Krait Club Community Centre - Cooinda Village, Neptune St, Umina

Support Group We aim to help individuals and their families better

2nd Tues 11am Company, up-to-date info, hydrotherapy, bus trips 1300 650 594

Penang Rd, Fri 7.15am 4340 4529

social events, workshops, organic food buying group www.peg.org.au

Peninsula

Environment Group

Environmental projects,

(incl. Woytopia),

Woy Woy community garden,

If you would like your Community Organisation listed here

see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.

port

Woy Woy does well in pennant competition

Members of Woy Woy Bowling Club have done well in recent Grade 5 and Grade 7 State Pennant competition.

"The Grade 5s finished second in their section," said club publicity officer Mr Robert Landow.

"The Grade 7s are through to the Zone Finals Rounds.

"All the players and reserves stepped up to the challenges to show their courage and determination," he said.

SOURCE: Media release, 15 May 2019 Robert Landow, Woy **Woy Bowling Club**

Margaret Smith narrowly defeated in grand final

Ettalong Memorial Women's semi-final

> In the semi-final Ms Smith again emerged victorious, taking out The Entrance's Ms Denise Ellison to make the grand final.

Women's Bowls Central Coast website editor Ms Lesley Swales said both Ms Smith and Ms McColl played some phenomenal bowls in their grand final match.

"Once again, as throughout the week, great bowls were played.

"It was lovely to see the support for both the players.

"The game was played in good sportsmanship," Ms Swales said. SOURCE:

Website, 22 May 2019 Heather Swales, Women's **Bowls Central Coast**

GREE WBC

Ms Margaret Smith

Peninsula directory of services, contacts and support groups Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000 Police Assistance Line 131 444 Crime Stoppers 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929 SES - Storm and Flood Emergency 132 500 **Islander Organisations**

Aboriginal Home Care 4321 7215

Dept. of Housing Gosford 4323 5211 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555

Youth Angle • Woy Woy 4341 8830 Woy Woy Youth Cottage 4341 9027 Animal Rescue

Poisons Information 131 126 Ambulance Text Mobile 106 Ambulance GSM 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114 After Hours GP Help Line 1800 022 222 **Legal & Financial Help**

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy Service 4353 5515 Woy Woy Court 4344 0111 Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555 **Problems**.

Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional support** phone services:

Mental Health Line 1800 011 511 Beyondblue 1300 224 636 Domestic Violence Line 1800 656 463 Liteline 13 11 14 Kids Help Line 1800 551 800 Griefline 1300 845 745 Suicide Call Back Service 1300 659 467 Taxi 131 008 Busways 4368 2277 City Rail 131 500 Welfare Services Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 Department of Community Services Gosford 4336 2400 The Salvation Army 4325 5733

Former Bunnies player signs with Melbourne Storm

Bowling Club member Ms

Margaret Smith was narrowly

defeated by Gosford City

Women's Bowling Club's Ms

Heather McColl in the grand

final of the 2019 Central

Coast District State Singles

The competition was played out

at bowling clubs across the Central

Coast between May 13 and 16 with

Everglades Woy Woy hosting the

players to make the quarterfinals. She defeated Bateau Bay

Women's Bowling Club's Ms

Dianne Chalkin to progress to the

Ms Smith was one of eight

competition.

finals.

Former Umina Bunnies Rugby League Club player Nicho Hynes has been signed to National Rugby League team Melbourne Storm.

The Storm announced Nicho's signing on May 10, with the former Bunnies player putting pen to paper on a contract that will see him through until the end of the

2020 season.

Currently playing for the unbeaten Sunshine Coast Falcons, the 22-year-old had his first official training run as a Storm player at Gosch's Paddock on May 7.

After completing his junior career with the Bunnies, Nicho played for the Manly NYC team before spending two seasons with the Mackay Cutters where he played 42 ISC matches.

He joined the Falcons for the 2019 season and has played in all eight matches so far this year, filling roles at fullback, five-eighth

and in the centres He has crossed for 17 tries.

SOURCE: Media release, 7 May 2019

Brittany Denton, Melbourne Storm

SHAME

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Affordable Roof Solutions - Brad Sedgewick Ettalong
- Depp Studios -Formerly of Umina
- Tony Fitzpatrick trading as Futurtek Roofing
- Stan Prytz of ASCO
- Simon Jones All external cleaning and sealing services
- Erroll Baker, former barber, Ettalong
- Tye King Formerly The Fish Trap Ettalong Beach
- Jessica Davis of Erina Trading
- Greenultimate Solar PTY LTD • Decorative Fabrics &
- Furnishings Steve McGinty, Wyoming
- Menhir Tapas & Bar PTY LTD • Dean Lampard - Trading
- as Lampard Painting

Aboriginal & Torres Strait

Mingaletta 4342 7515 Drug & Alcohol rehab 4388 6360

Accommodation Cassie4Youth 4322 3197 Coast Shelter 4325 3540

Samaritans Youth

Services 4351 1922

Wildlife Arc 4325 066 Wires 1300 094 737 **Community Centres** Peninsula Community Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484 Transport Counselling Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118 Family and Relationships Centacare Gosford 4324 6403 **Central Coast Family Support** Service 4340 1099 Horizons (For men with children) 4351 5008 **Uniting Care Burnside** Samaritans Emergency Gosford 1800 067 967 Relief 4393 2450 St Vincent De Paul Society HELPLINE 4323 6081



Bre Concreting

 Andrew and Peter Compton Bruce Gilliard Roofing of Empire Bay

 Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy • William McCorriston of **Complete Bathroom Renovations** First Premier Electrical Service of Umina Beach • High Thai-d Restaurant of Umina Beach Mal's Seafood & Charcoal Chicken of Ettalong Beach

as A1 cleaning services • Simon and Samantha Haque, Trading as By the Bay Takeaway Empire Bay • Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens • Mountain Mutts - Monique Leon, Ettalong Beach • RJ's Diner - Ryan Tindell of Woy Woy • Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong

 Callum McDonald - Trading as Sunset Decks • Linda Smith, Bookkeeper Horsfield Bay • Emma Knowles -Blacksmith NSW Mulla Villa PTY Ltd • Jessica Wheatcroft trading as Wheatcroft Advertising • Peter Zing, Singapore Zing Cafe • Pruksra Thai Massage, Woy Woy • Dale Arurlilac, Woy Woy Craig Lack Fencing

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mono 5cm advertisement only costs \$33. Each

additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

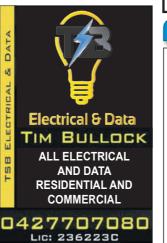
The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST -Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently



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Pensioner discount Call David: 0413 396 167 LOCKSMITH Matt Bell's Locksmith Service **All lock repairs** Lock installations 24 hour lockout service Pensioner discount ML 000103741 Ph: 0404 879 863

FREE QUOTES



0413 088 128 www.eyecarelawnmowing.com.au Central Coast

To advertise here call 4325 7369 from \$20pw

Sport

POSITIONS VACANT

Jemma Smith part of medal-winning contingent

Umina's Jemma Smith was a part of the contingent of Paddle Australia athletes that took out the 2019 Asia Pacific Sprint Cup after a gruelling threeday campaign on New Zealand's Lake Karapiro over May 10-12.

The Asia Pacific Cup is a regatta for junior and developing canoe sprint athletes in the Under-16, Under-18 and Under-21 age aroups

It is the result of an international collaboration between Paddle Australia, Canoe Racing New Zealand the Japan Canoe and

MOBILITY SCOOTER

Very good condition,

fold up, will fit in car, electric,

\$1250, Ph: 0410 039 086

WESTINGHOUSE 600mm

Electric Oven, \$275 - 5 Burner

Gas Cooktop 750mm (fits

600mm cavity) \$275 - Both as

new condition (3yrs old)

Ph: 0409 649 536

USED FLOURECENT

LIGHTS X 26

120cm long, as is, \$50

Ph: 4325 7369

LIGHT OAK MEDIAL

106cm x 62cm x 50cm

Federation, aimng to create an event for developing athletes in the Asia Pacific region.

Australia won Team 30 gold, 26 silver and 17 bronze medals to win the Asia Pacific Cup ahead of New Zealand's canoe sprint team in second and Japan following in third.

Jemma, who is a member of the Avoca Kayak Club, went into the competition on a high after being elected regatta captain team along with fellow Avoca club Fletcher member Cunningham.

the She contested Women's Under-21 Division for team Australia and earned several medals

during her campaign.

Jemma's first medal came on day one in the Under-21 WK4 500 where she combined her talents with Alicia Fay, Lucinda Kelly and Kailey Harlen to take the gold.

Jemma then took the bronze in the Under-21 WK1 500 and ended day one with another team-up with Lucinda Kelly to take out the silver in the Under-21 WK2 500

Day two saw Jemma again join Lucinda Kelly and team Australia's Reece Bacchus and Ethan Neville to claim the bronze in the Under-21 Mixed WK4 200.

Jemma then placed seventh in the Under-21

PUBLIC NOTICE

MASIVE

GARAGE

SALE

MK4 200 final before another team up with Lucinda Kelly saw the pair take out fourth in the Under-21 WK2 200 to wrap up her dav two.

The third and final day of competition saw Jemma, Kelly, Lucinda Jenaya Massie and Charli Smyth, open the scoreboard for team Australia with a silver in the Under-21 WK4 500.

She then teamed up with Fletcher, Ethan Neville, l ucinda Kelly, Jakob Yasemin Hammond and Ray to end her run in the Cup and take the gold in the Under-21 Mixed Relay 200.

All 34 members of team Australia medalled at the event which saw them take out this year's Cup, retaining

PUBLIC NOTICE

Lions Club of Woy Woy

Peninsula Inc Annual

Tea Cosy Expo

Long Weekend June 2019

Saturday 8th, Sunday 9th 9.30am

to 4.00pm and Monday 10th June

9.30am to 3.00pm

Location: Umina Beach Surf Club

it for the second year running

Jemma's event next for Paddle Australia will be the Under-23 World Championships which Pitesti, commence in Romania, in August.

SOURCE: Media release, 15 May 2019 Phil Jones, Paddle Australia



POSITIONS VACANT



SUEZ is looking for fully qualified Light Vehicle Mechanics, keen to upskill to Heavy Vehicle Diesel Mechanics, to work in Gosford.

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WANTED



32 Patonga St 509 Ocean Beach Rd Umina Beach Patonga Lift Access and Jun 1 from 9am stair access is available **Entry Gold Coin Donation RUN IT 'TIL YOU SELL IT** Good condition some wea beds, dinette and kitchen -\$175 pair, will deliver Ph: 0418 663 255 New: Seals, rollout awning, marks tyres and rims - All extras **BREVILLE 7 LITRE SLOW** Ph: 0420 690 461 WORK ZONE 2200W included, ready to go. \$14,000 **COOKER \$80** ono, Ph: 4341 6172 MOBILITY SCOOTER PRESSURE WASHER VIDEO RECORDER \$1000 Ph: 0449 894 132 \$75, 110bar, Flow 450L/10m LADIES LAWN BALLS, Panasonic VHS VWG1A high pressure hose with

Greenmaster, Maroon, "size one" as new with extras \$250 Ph: 0402 757 363 KING SINGLE ELECTRIC BED as new, cost \$4,000 sell

Ph: 0411 226 998

cloths etc. Erina



toilet, carport, space for two cars & boat, lots of items included in sale, sleeps 4, POPTOP family & pet friendly, pools, 4.9m x 2.15m purchased new kayaking, putt putt, games 2001, single beds insulated room and more. close to shops coolabah removable rollout and local clubs, minutes to awning complete annex beaches and lake system. dometic roof aircon, winegard ideal holiday location, antenai front kitchen L shaped

lounge hayman reese towing setup low kilometres on bitumen, always stored under cover, excellent condition many extra's, \$15,250 Ph: 0414 400 942 DRILL PRESS Ryobi, laser centering, windup, adjustable table, good condition, additional table with slididng fence, \$200 Ph: 0405 669707 TABLES ROUND

EXTENSION DINING Coffee, laminated, tiled, solid timber, hot water systems, solid fridges, one large top freezer one smaller dish washer suit flat. Ph: 4399 2757 PRIDE MOBILITY SCOOTER Basket, mirrors and rear bag.

microwave, 90L fridge, s/ beds, aircon, rollout awning, TV arm bracket, aerial tunnel boot, purpleline caravan mover stored under cover, excellent condition \$19,500 Ph: 0439 144 417 RECORD CABINET PLUS RECORDS

Organ with stool and music

single bed base and mattress

\$30 for each ono

\$26,000 Ph: 0419 971 104



Mazda T4000 Diesel Great Condition Spacious Layout Comfortably sleeps 4, well equipped kitchen, bathroom, 3-way fridge near new external roof annex, TV solar panels 80 watts each tyres good condition, registered \$42,000 ono Ph: 0478 499 765



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SCOOTER

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POPTOP CARAVAN 13.42-

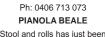
1, rego 3/20, rear kitchen,

4 burner hob/grill r/hood,





Pieces entree dinner side soup cups sauces, never used \$450 Ph: 0407 387 414 HOUSE FOR SALE 54 Tumbi Road, 2 Bedrooms 2 Sunrooms \$475,000 Ph: 0406 713 073



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CARAVAN, WINDSOR WINDCHEATER 1996

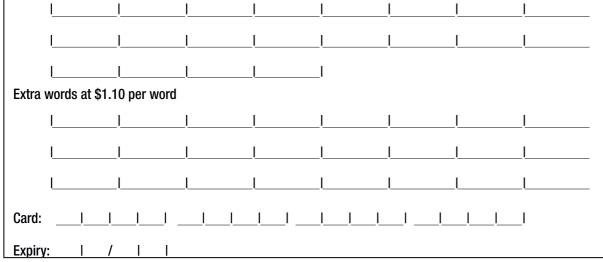
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CONTENTS OF SIDEBOARD teaset, cutlery, cutglass sweets



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port



Anja Stridsman receiving her medal

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000 Times and Heights(m) of high and low waters Times are in local standard time (UTC +10:00) or daylight savings time (UTC +11:00) when in effect.

Time - Height(m)

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APPROX. IIME LAG AFIER FORI DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated

Anja returns from Spain with silver medal

Umina PCYC boxer Anja Stridsman, has won а silver medal in the 2019 International Boxam Elite, the three-day European Union boxing championships held in Castellon, Spain, from May 16-19.

Anja was joined by fellow Umina PCYC boxer Kaye Scott contesting the in women's competition for Boxing Australia.

Kaye got off to the rough start in the competition, finding herself matched against Commonwealth Games gold medallist representing England, Sandy Ryan.

Despite a solid attempt from Kaye, she went down to Ryan in a split point decision and was eliminated from the competition.

Kaye said she knew she was in for a challenge going into the bout.

"I boxed well, but unfortunately

fell short in a split decision loss. "It was a competitive match that I probably threw away in the last round.

"I was a little impatient and didn't prepare my attacks well enough.

"Lots of positives to take away though," Kaye said.

Anja fared better in her quarterfinal qualifier, overcoming Belgium's Bianca Ciccarelli who threw in the towel.

Anja qualified for the semi-finals after beating New Zealand's Troy Grant and then the finals after toppling France's Amina Zidani.

In the final of the Women's 60kg division, Anja was up against Finland's Mira Potkonen.

Despite Anja's best efforts, Potkonen took the match on points, leaving Anja in second place with a silver medal.

Anja said she had thoroughly

enjoyed her time on the European Boxing Circuit and said she was proud of team Australia's performance in the Boxam Elite.

"I end my Spanish conquest with a silver medal after losing a good fight to Mira Potkonen.

"It's been a journey of learning and development, trying to wade my way through expectations and disappointment, but I feel like I'm finally finding my way back to the boxer that I need to be, moving forward.

"It was a super successful tournament overall for team Australia with three golds and my silver, so overall great performances," she said.

SOURCE: Website, 19 May 2019 Alex Jones, Boxing Australia Social media, 19 May 2019 Kaye Scott, Umina PCYC Anja Stridsman, Umina PCYC



Umina in 11th place

Umina Surf Life Saving Club has finished round two of the **NSW Inflatable Rescue Boat** Premiership Series in 11th place.

Umina had two podium finishes during the round, taking out the

bronze in both the Under-23 Mixed Rescue Tube and the Rookie Mass Rescue.

Umina will have its work cut out to climb the competition ladder with just two rounds left in the series, according to Ms Sally Mac

from Surf Life Saving NSW.

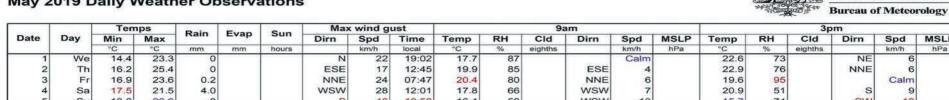
Round three will be held over June 1 and 2 at Cape Hawke Surf Life Saving Club.

SOURCE: Media release, 21 May 2019 Sally Mac, SLS NSW

Australian Government

MSLP

Gosford, New South Wales May 2019 Daily Weather Observations



	Ja	17.0	21.0	4.0	140	20	12.01	11.0	00	00000		20.5	51	3	3
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6	Mo	13.8	20.4	4.6	SI	N 31	01:05	16.3	63	WSW	13	19.7	45	S	6
7	Tu	6.6	23.5	0	N	N 26	20:31	14.9	63	W	7	23.1	33	NNW	7
8	We	8.9	21.4	0	WNY	N 43	13:01	17.5	52	WNW	17	20.6	35	VV	19
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10	Fr	7.9	20.7	0	WNY	N 39	23:23	18.0	48	NNE	7	18.2	61	NNW	9
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16	Th	9.3	22.0	0	EN	E 24	12:08	14.8	86	S	2	21.3	48	NE	7
17	Fr	9.0	23.2	0	EN	E 17	15:38	14.9	85	WSW	6	20.9	68	E	6
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20	Mo	9.9	22.4	0.2	EN	E 13	14:38	14.5	100		Calm	21.3	71	E	6
21	Tu	10.2	26.1	0		N 15	10:22	19.1	75	WNW	4	25.7	47		Calm
22	We	10.8	24.1	0	S	E 15	14:36	18.7	76		Calm	21.9	65	SE	6
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Sport

Lions women retain top spot on soccer ladder



Southern and Ettalong United Football Club has retained its spot at the top of the Central Coast Women's Premier League ladder after defeating Toukley Football Club in their Round 5 fixture.

Toukley welcomed the soccer league leaders to Harry Moore Oval on May 12 as they looked to pick up their first victory of the new campaign.

After four draws to start the season, Toukley headed into the match as one of only two undefeated sides in the WPL.

Southern and Ettalong United headed into the match after back-to-back wins.

"It was a frantic start to the match, with some good football played by both sides," said Central Coast Football's digital content coordinator Mr Lachlan Herd.

"However, neither could find the quality required to break through for the opening.

"The frantic nature and overall physicality of the match appeared to take its toll on some players as the first half wore on, and an accidental hand-ball in the Southern penalty area gave Toukley the opportunity to take the lead.

"Lions keeper Bec Arnfield produced a full length save to deny the spot kick and see the teams head to the sheds locked at 0-0.

"The penalty save at the end of the first half had obviously sparked the Southern side into life, and they came out for the second half with the bit between their teeth.

"Tahlor Thackray managed to latch onto a cross to give the Lions the lead, before she then despatched two penalties to complete her hat-trick and send her into outright second on the WPL Golden Boot standings with eight for the season.

"Elaine Delaney then completed the Lions scoring, chipping the onrushing Toukley keeper to see her side into a 4-0 lead," Mr Herd said. Toukley managed a goal late in

the contest, but Ettalong won he day 4-1.

Umina United faced Terrigal United at Umina Oval in their Round 5 fixture.

"Terrigal started the match brightly.

"However, the Umina defensive line answered well," Mr Herd said.

"After absorbing significant early pressure from Terrigal, Umina managed to score three quick-fire goals to see them head to the sheds with a three-goal advantage.

"It was a clinical display from the Umina outfit, and they pressed on in the second half adding one more to the tally to see them out to a 4-0 lead," he said.

Umina was able to hold this lead and keep Terrigal scoreless to take the round.

The win sees Umina move into fourth on the ladder.

SOURCE: Media release, 15 May 2019 Lachlan Herd, Central Coast Football

Ettalong venue for Senior Sides championships

Ettalong Memorial Bowling Club will be the venue for this year's Australian Senior Sides Championships.

Ettalong, which recently hosted the Australian Sides Championships, is among only a handful of NSW clubs that have the four grass greens required to stage the seniors event from October 21 to 24.

The Australian Senior Sides Championships involves 192 elite senior bowlers, both male and female, from all eight state and territories.

"On the back of April's highly successful Australian Sides

Championships at Ettalong, to see another prestigious national bowling event return to the venue is a testament to the running and hospitality of the club," said Bowls Australia chief executive officer Mr Neil Dalrymple.

SOURCE: Media release, 16 May 2019 Domenica Favata, Bowls Australia

Fight night raises funds for PCYC programs

Umina Beach PCYC ran a fight night at Woy Woy Leagues Club on May 11 which has raised \$14,000 for its youth programs.

There were 22 bouts of amateur boxing on the program, featuring top boxers from all over the Central Coast and Sydney, with some visiting internationals from Fiji that also fought on the card.

Boxing clubs from the Coast included G-6, Team Business, Central Coast Boxing and Impact. "All Coast boxers were very impressive on one of the best cards of boxing delivered for many years," said PCYC club manager Mr Matt Cooper.

"The highlight of the night and crowd favourite was an incredible bout between locals Steve Hunt from Central Coast Boxing and Impact's Daniel Sumners.

"Hunt went down to Sumners in a close fought battle.

"All the bouts were very even and well matched and the crowd was supportive of the action on display," Mr Cooper said.

The fight night was followed by

a Super Sparring Day at the PCYC on May 12 where boxers from all over NSW used the club's 10 rings to get quality sparring with a variety of opponents.

Mr Cooper said the club planned on making Super Sparing Days a regular occurrence at the PCYC with the next event scheduled to take place on June 16.

The club also planned on holding another fight night at Woy Woy Leagues Club on October 19. SOURCE:

Media release, 21 May 2019 Matt Cooper, Umina Beach PCYC



11 Mutu Street, Woy Woy - crystalclearpoolshop.com.au - PH: 43 422 422



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