Peninsula News Community Access

Edition 444



Woy Woy Library

Umina Library

Peninsula library could close

One of the Peninsula's libraries could be closed, discussion at the latest meeting of Central Coast Council has revealed.

Cr Troy Marquart raised the possibility of library closures on the Peninsula as part of Council's debate about the long-promised regional library proposed for Gosford.

Cr Greg Best said he recalled Council director Ms Julie Vaughan previously "outlining to this chamber that Umina and Woy Woy would merge".

Ms Vaughan said she had been referring to an independent

study commissioned by the former Gosford Council in 2015.

"The question was did that report recommend any closures, and I clarified certain recommendations within that report particularly in relation to Peninsula," she said.

According to Ms Vaughan, those recommendations were based on the perception that Woy Woy and Umina libraries did not adequately address the community's needs.

"One option was to explore rationalisation but further library service reviews would be needed to streamline services," she said.

"Are you saying no libraries will shut down?" Cr Marquart asked. Ms Vaughan failed to rule out the possibility of a library closure.

"As I have said to Cr Best earlier, the former report identified that there was an under-servicing at a base line level [on the Peninsula] so the expectation is services would not be reduced but we would just look at better ways to meet the community's needs."

"There is no contingency that says once the regional library up and running, it would accelerate closures?" Cr Marquart asked.

"They are two different questions," Ms Vaughan said.

"The development of the regional library is not dependent

on closures," she said. "There have been reviews done earlier, and it is something that would need to be done in consultation with the community," she said.

She pointed out that Council was "currently doing quite a lot of work at Woy Woy Library" which it was unlikely to be undertaking if the intention was to close the library.

Cr Lisa Matthews then asked Ms Vaughan to confirm that "any closure of any library would have to come through the chamber".

Ms Vaughan responded that was correct to which Cr Matthews said she was certain the majority of councillors would not be voting in favour of any library closures. Ms Vaughan said it was "misinformation" that either Woy Woy or Umina Library could close to make way for the building of a new regional library in Gosford.

"I do reiterate the regional library and development of that is not dependent on closure of any other libraries," she said.

"It gives me great pleasure to clarify the misinformation, and state that the development of the regional library is not dependent on the closure of any other libraries," Ms Vaughan said.

SOURCE: Item 6.2, 23 Apr 2018 Central Coast Council ordinary meeting Reporter: Jackie Pearson

Wicks told ACCC 'cannot act' on petrol prices

The Australian Consumer and Competition Commission has told the Member for Robertson Ms Lucy Wicks that it cannot act on the Peninsula's inflated petrol prices.

prices outlining the Commission's response.

"Your voice has seen the competition watchdog take a close look at the petrol price issues you've raised on the Central in March 2018 which was, on average, three cents per litre lower than Newcastle's average price for the same time period.

"They also did a spot check at Woy Woy and Gosford, which

and lowest E10 prices," Ms Wicks

been tracking fuel prices for over

12 months and has found price

The Peninsula News has

said

differences as high as 35 cents per litre.

Ms Wicks said it was disappointing that the Commission would only take action if presented with evidence of anti-competitive websites, like Fuel Check, which helps to find cheaper petrol and rewards retailers where the prices are lowest," she said.

Meanwhile, the State Member for Gosford, Ms Liesl Tesch, said she would continue to urge Peninsula residents to exercise their consumer rights and, where possible, purchase cheaper petrol in nearby West Gosford.

It would only be able to intervene where there was evidence of illegal anti-competitive behaviour.

Ms Wicks said she had written to over 1000 residents who had signed her petition on petrol Coast," Ms Wicks said in her letter to petition respondents. According to Ms Wicks, the

Commission found that the average cost of regular unleaded petrol across the Central Coast market was 136 cents per litre found as much as a 15 cents per behaviour. litre difference between the highest "While t

"While this may be disappointing, we can work together to take action now by using widely available information on where the cheapest prices are on the Coast.

"There are a few apps and

SOURCE:

Media release, 2 May 2018 Tim Sowden, Office of Lucy Wicks

THIS ISSUE contains 45 articles - Read more news items for this issue at www.peninsulanews.info



Office: 120c Erina Street, Gosford Phone: 4325 7369 Mail: PO Box 1056, Gosford 2250 E-mail: editorial@centralcoastnews.net Website: www.centralcoastnews.net



Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

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Woy Woy Community Media Assoc Inc 2018 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name:
Address:
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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256.

Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Half usual rainfall recorded so far this year

The usual April rains did not arrive in 2018 and May is off to a dry start so the Peninsula continues to be on track for another year of below-average rainfall.

According to rainfall data collected by Mr Jim Morrison of Umina, only 43.6mm were recorded for the whole of April, 73.7 per cent below the monthly average of 166mm for the past 13 years.

During the years that Mr Morrison has been collecting data, April is one of the Peninsula's wettest months, second behind June, which has an average rainfall of 174mm compared to Aprils 166mm.

January, February, March and November are the other months when Peninsula residents expect over 100mm of rain.

May's average is 81mm, making it, traditionally, one of the



Peninsula's drier months.

Thus far for 2018, the Peninsula has only received 47 per cent of its expected cumulative average for the first four months of the year.

The average rainfall for the first four months of the year, according to Mr Morrison's data, is 598mm. This year the Peninsula recorded only 316mm between January 1 and April 30.

SOURCE: Spreadsheet, 4 May 2018 Jim Morrison, Umina



The Peninsula News and the Michael Cassel Group would like to offer five lucky readers the chance to win double passes to, Australia's funniest and most successful homegrown musical, Priscilla Queen of the Desert.

After playing 135 cities in 29 different countries around the world, Priscilla is returning home with performances beginning at Sydney's Capitol Theatre from Sunday, May 13, for a strictly limited season.

Featuring a dazzling array of more than 500 costumes, 200

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes



headdresses and a non-stop hit parade of dance-floor classics. The show commences from 2pm at the Capitol Theatre on Saturday, June 2, and winners should arrive by no later than 1:30pm to collect their tickets from the Box Office.

For your chance to win a double pass, write your full

name, address and daytime phone number on the back of an envelope and mail it to Peninsula News Priscilla Competition, PO Box 1056, Gosford, NSW, 2250, before 5pm on Thursday, May 17.

The winners of the Sylvia competition were L. Holt of Woy Woy, Debbie Durman of Narara and Pat Kelly of Woy Woy.

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Subdivision proposed in Killcare Heights

Plans to subdivide five lots of land on Maitland Bay Dr, Killcare Heights, have been submitted to Central Coast Council.

Consultants working for the developer, SJH Planning and Design said that, if approved, the two-stage subdivision would "generate, via a Planning Agreement, additional cash contributions to the Coastal Open Space System, be neutral in terms of environmental impact, and optimise the rural small holdings potential of the land.

"The land is identified as a Deferred Matter under the Gosford Local Environmental Plan 2014," SJH Planning and Design wrote in its Statement of Environmental Effects submitted to Council in support of the proposal.

"The whole of the land is Zoned 7(c2) Conservation and Scenic Protection (Scenic Protection – Rural Small Holdings) under the terms of Interim Development Order No. 122," it said.

The proposed lot sizes represent a "minor departure of the one hectare minimum" lot size required under IDO122.

However, according to the consultant, that departure "can be accommodated by the appropriate application of State Environmental Planning Policy No. 1".

The lots that would be created if the subdivision goes ahead would



An aerial view of the land at Killcare Heights proposed for subdivision

be, for stage 1, 933 square metres and 1.9 hectares, and for stage 2, 933 square metres, 986 square metres and 943 square metres.

The applicants are the current owners of the land and have recently received consent for Development Application 53604/2018.

"That application relied on expert sub-consultant reports in relation to matters which remain relevant with respect to this application including Preliminary Site Investigation for contamination, bushfire assessment, on-site effluent disposal assessment, water cycle management plan, waste management plan and survey.

"We conclude that there is adequate and appropriate scope to create three opportunities for rural small holdings development," the consultant said.

"Physical inspection and a desktop audit of maps published by Central Coast Council of identified land constraints reveal that the land has subdivision potential, noting in particular the site's capacity to absorb additional building investments into the existing natural and built and environment without detriment and consistency of the proposal in terms of the desired local character.

The interim development order included "bonus" provisions resulting in a public benefit.

"The land's potential is able to be effected now and without delay, subject to the Council's employment of its necessary (delegated) authority and/or with the concurrence of the Department of Planning under State Environmental Planning Policy No. 1 to vary, where necessary, development standards to achieve the optimum, rational, orderly and economic use of land. Such action is consistent with the Urban Edge Investigations," the consultant said.

"An On-Site Effluent Disposal Assessment Report demonstrates that there is sufficient scope within the curtilage of each of the proposed three lots [in stage 1] to accommodate on-site sewer management." The site comprises an area of 2.861 hectare.

It has been used for intensive nursery operations.

"It is recognised and identified as part of the descriptor within the existing character of Killcare Heights a being part of a cluster of large residential lots (which is opposite on the northern side of Maitland Bay Drive) partially cleared with redevelopment potential for rural residential purposes.

"The Proponent's instructions to pursue this application in two (2) stages highlighted the overriding considerations to optimise the lands rural residential capacity and protect and preserve its integral landscape qualities.

Continued P4





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Subdivision proposed in Killcare Heights

From P3

"The current approval sought and obtained under Development Application No. 53604/2018 while offering certain protection of landscape did not achieve the optimum yield.

"Rural residential development as is proposed will result in better management of roadside vegetation resulting in improved sight distance from vehicles entering or exiting either or both of the driveways.

"Subdivision as is proposed

to create two (2) additional rural residential home sites does not compromise the function of the land as a buffer or transition between the conservation and urban areas.

"The subdivision arrangements adopted ensure that future housing sites will afford appropriate discrete separation enabling development on and within the proposed lots to be effected consistent with the management of the aesthetic and scenic values without compromising the scenically attractive setting, nor creating

uneconomic demand for services.

"We conclude that the benefit of additional housing sites executed in accordance with the statutory provisions which apply, together with monetary contribution generated by bonus lot "mechanics" results also in a public benefit.

"The proposed vacant lots will provide for future development consistent with the Rural Small Holdings 7(c2) Zone subject to appropriate merit assessment of future applications having regard to the well-established

and consistently applied planning controls including those associated with Gosford Development Control Plan 2013.

"The proposal has manageable impact with respect to vegetation removal; provides for development in the clearings within the proposed vacant lots and is effectively neutral in terms of scenic value and natural habitats given the absorption capacity of the site being screened from view from public places.

"The proposal is entirely consistent with the existing and

likely future rural residential development provided for and as expected in accordance with the published 7(c2) Zone Objectives and the long-established practice of Council in its execution of statutory and policy controls with respect to Rural Small Holdings development," the consultant concluded.

> SOURCE: DA54249/2018, 4 May 2018 Gosford DA Tracker, **Central Coast council**

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Community Environment Network

Bush Regeneration for Landholders

The latest planning challenge in Gosford

In 2017, the NSW government engaged the Government Architect to prepare documents regarding Gosford City Centre. The first two of these documents were recently released for comments - The Urban Design and Implementation Framework (UDIF) and Place Report 1 - The Civic Heart (www.gogosford.engagementhq.com/)

CEN recognises that these reports have many good elements - they recognize the importance of the landscape and natural setting - and the constraints. However, there are also concerns.

- Review of Planning Controls: the documents include a "need for updated planning controls". CEN believes that there is no need to further review planning controls. Gosford CBD has stalled over many years as a result of the continual changing of planning controls - this has not provided certainty for the community or developers.
- Who is best placed to make planning decisions for our community? The UDIF recommends building on the existing role of the Coordinator General. CEN is concerned that this is an attempt to take away planning powers from our Council and our community. Central Coast Council must be the decision making authority for development in our region.
- Developer Contributions CEN supports the need to prepare an updated schedule of infrastructure projects and a revised s.94 plan based on that schedule.
- Overshadowing of Kibble Park These documents may result in an increase in overshadowing of Kibble Park. This public space is proposed to be the civic heart of Gosford - it is critical that plans



The "Weed Management" workshop provides you with the information and skills required to carry out bush regeneration on your property to manage your bushland with Trainer Suzie German - Bush Regenerator

Sat 12th May, 2018 Scout Hall, Doyle St, Macmasters Beach 9.30am-1.30pm \$10 donation (free to COSS Connections Landholders) * Includes Lunch



Come along and learn about how to monitor your native bushland Monitoring is a great way to determine the health of your bush and to see who's living on your property.

Sat 19th May, 2018 Scout Hall, Doyle St, Macmasters Beach 9.30am - 1.30pm \$10 donation (free to COSS Connections Landholders) ' Includes Lunch

The COSS Connections & Rehabilitation project aims to assist landholders in or near the COSS (Coastal Open Space System) to maintain and improve bushland on their properties. Through this project we are able to offer interested landholders tools to manage the environmental values of their land.

COSS Connections and Rehabilitation Project - May workshops





Interested in volunteering for Waterwatch!!

Waterwatch is all about community volunteers monitoring water quality in their local creeks, rivers or lagoons.

If you are interested in learning new skills, making new friends and contributing real data to help manage our waterways and catchments - then we need you!Volunteers generally monitor each month - and once you have learnt the tests, monitoring takes between 1-2 hours each time.

Upcoming training workshops: Tue, 15 May, 2018 - Narara Creek / Point Clare

Sat, 7 July, 2018- Ourimbah Creek



If you would like to become a Waterwatch volunteer come along to a free Waterwatch training workshop and learn how you can protect your local waterway - or to find out more - then email Rachael at waterwatch@cen.org.au



WILDLIFT

Wildplant Community Nursery Plant Sale Days

Saturday, 12th May & 9th June, 10am—2pm, CEN Office, Ourimbah

increase the amenity of this public space, not diminish it.

Although there are good elements - overall, we believe that this process has been poor. There has been selective consultation and a website that appears to be designed to confuse, rather than engage. Our community deserves better.

John Asquith, Chairman

(access CEN office from Brush Road) Ourimbah

Come along to our plant sale. We have a large range of local native plants available including ground covers and herbs, shrubs and trees, bush food, bird attracting, native bee attracting, frog friendly and screen plants. Cash Only. No EFTPOS

The Nursery promotes and grows "local provenance" plants (native plants from our local area) to protect and improve biodiversity on the Central Coast.

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development. Support CEN - Become a member - Volunteer - Make a donation Ph: 4349 4756 www.cen.org.au

Council seeks marine income figures

Central Coast Council will information from seek relevant NSW government determine agencies to the income to the NSW Government from the marine activities in Brisbane Waters. following the latest Council meeting.

The Council aims to use the information to establish a pool of funds to be available for dredging.

Council staff will urgently investigate the Rescue Our Waterways funding for dredging

works on the Ettalong Channel, noting that legal advice provided to Council confirms that it is the State Government's responsibility to maintain the navigation channel.

A Council delegation will seek a meeting with the Minister for Roads and Maritime to argue that the Dredging Strategy be amended so that Brisbane Water is recognised as a priority for the NSW Government.

A fact sheet will be produced for publication in local media and to be sent to marine users and local residents in the vicinity of Brisbane Water explaining the basis for Council's assertion that the dredging of Brisbane Water to maintain the navigation channel is a responsibility of the NSW government and what residents can do to request action.

A request for another round of emergency funding from the NSW Government will also be made to undertake urgent dredging of the navigable channel.

SOURCE **Central Coast Council** Item 7.1, 23 Apr 2018 **Reporter: Jackie Pearson**



Marine Rescue vessel towing the distressed boaters to safety in deeper water

HSC students miss out

The Peninsula will miss out on free workshops offered to HSC students through council libraries elsewhere on the Coast.

Seven workshops will be held in May, June and September at libraries at Toukley, Tuggerah and Erina, but not one will be held at Umina or Woy Woy libraries.

Council libraries manager Ms Beth Burgess said the events were "a fantastic opportunity for students to get hints and tips from professionals without the cost".

"We remain committed to providing learning and development opportunities for students on the Coast and encourage them and their parents

to take note of the free events and book now," she said.

However, Central Coast Council is not considering offering these

opportunities locally at this stage. Central Coast Council's media unit told Peninsula News that Umina and Woy Woy libraries had not been included due to a number of factors.

"The venues for the HSC events were selected based on the availability of spaces across all Council libraries as well as the availability/schedule of the guest presenter.

"The libraries the on Peninsula currently have limited programming space due to a significant enhancement occurring

at Woy Woy Library, which includes improved reading and study space. "This is due for completion by

the end of June. "We will be programing more HSC activities and workshops throughout the year.

"When planning these programs, we will be looking at all our available library spaces and where guest presenters can attend

"At this time, the Peninsula libraries will again be considered for HSC events," the media unit said.

> SOURCE: Media release, 1 May 2018 Beth Burgess, Central **Coast Council**

Cruiser rescued in channel

Marine Rescue Central Coast was called to the Brisbane Water Channel on Saturday, April 14, when a 12-metre cruiser ran aground.

At around 10:55am, the skipper of the vessel contacted Marine Rescue Central Coast via VHF radio

He advised that he had run aground on the sand at the second channel marker from the entry into Brisbane Water.

Rescue Vessel Central Coast 21 was tasked to assist.

The duty crew reached the distressed vessel and discovered they had only 0.9 metres of water.

A tow line was attached and CC21 slowly dragged the cruiser off the sand and towed it to deeper water, to the relief of the two people on board.

SOURCE Media release, 17 Apr 2018 Mitch Giles, Marine Rescue **NSW Central Coast**



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Forum

Parliamentary Secretary overhears conversation

An imaginary conversation:

Forum Tiesel: "Davo, whatcha doin'

right now? (sic)

Davo: "Not much.

"Sitting in my office playing solitaire on my computer." Tiesel: "Are you up for a stunt?"

Davo: "Too right, what's the plan?'

Tiesel: "I am gunna (sic) promise that Rail crossing again."

Davo: "Have you done your homework?

"Is the Council on board?

"You know they have to take the lead because you're talking about a Council road?

"Have you spoken to Transport for NSW?

"How much will it cost?"

Tiesel: "No; no idea, do they, who, not a clue."

Davo "Perfect.

"What time and where?"

Tiesel: "Soon as.

"Usual place.

"Bring your serious, arms crossed look."

Davo: "I've been practicing that look in front of the mirror. "Mate, do you think it matters this is exactly the way this has been

stuffed up before?"

Tiesel: "Not my problem.

- "I just need something to get me through to the next election." Davo: "I hear you.
- "Let me finish this game of solitaire and I'll be right down.
- "I am trying for a PB."

Tiesel: "Thanks Davo, you're a champ."

Another day in the life of some of the elected representatives on the Central Coast.

> Email, 26 Apr 2018 Scot MacDonald MLC

Heart-warming Anzac Day story

I write to share a heartwarming story for Anzac Day about my pop, Mr Ronald FitzGerald, who has had the same home at Empire Bay Central Coast for over 40 years.

He frequents the local Anzac celebrations, personally invited as a special guest each year.

War veterans Ronald Fitzgerald, 95, and Cecil Poole, 94, met a few months ago when they were serendipitously placed in same room together in hospital after both falling ill.

The two men introduced themselves in their shared hospital room and began chatting.

Ron FitzGerald, 'Fitzie', was an active sportsman in his lifetime who worked for over 40 years for the Registrar-General and is married to Dalice.

Cecil Poole, a former painter, is also an avid sportsman and married to Sheila.

Ronald has three children with Dalice and Cecil and Sheila have six children.

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News PO Box 1056, Gosford 2250 or editorial@centralcoastnews.net

See Page 2 for contribution conditions

Both families now have grandchildren and also great grandchildren.

"Cecil and I continued our conversation to discover more incredible similarities that day,' Ronald explained.

"We discovered we used to live 20 homes away from each other.

"Further chatter led us to find that Cecil's daughter and son-inlaw happen to be great friends with my daughter.

"What a small world." They were both laughing at these similarities in families and homes when a nurse entered.

She looked at their charts and made a statement that both men were veterans.

"I asked what branch of the forces he was in and Cecil replied 'Army, in the 55 Australian infantry battalion'.

"To which I replied in surprise that was the same battalion as me.

After discovering they had both been stationed in Papua New Guinea's Pacific War campaign they chatted more about the horrors of war and complete senselessness of it all.

Cecil went on to mention he had had several close calls and was "lucky to make it."

Ron probed further while confessing that he too had had some very frightening near misses during his time in the campaign.

Cecil went on to explain his lucky escape on one particular day when he was on a wharf awaiting to board a 4480 ton passenger and cargo vessel.

Continued P8



Liesl Tesch MP Member for Gosford

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7 May 2018 - Peninsula News - Page 7



THE TURNBULL LIBERAL GOVERNMENT

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Only the Liberals are delivering record levels of school funding to help Central Coast students reach the best academic outcomes.

Authorised by Senator Arthur Sinodinos, Liberal Party of Australia, Level 21, 1 Bligh Street, Sydney NSW 2000.

Heart-warming Anzac Day story

From P6

He remembered exactly where he was, standing two rows back, bustling amongst the crowds of young men.

Now thoroughly engrossed in Cecil's retelling of that fateful day Ron promptly interjected "At Port Moresby, what was the name of the ship?"

"Yes, Port Moresby, how did you know?" Cecil replied.

"The ship was called the Macdhui, it was June 17."

With shock, Ronald concurred that he knew that day all too well. Because he too was to board

that ship at that very port, on that very day in 1942 as the hordes of young men lined up.

As several began to board the Macdhui, they heard the piercing threat of the air raid alarm suddenly cut through the sky.

"I remember the air raid alarm sounding," said Ronald.

"We were ordered not to board.

"As we disbursed with haste, the ship pulled away from the wharf. "Moments later we heard a horrible explosion."

The men all turned to see the Macdhui receive its first in a series of crushing blows from a Japanese bomb.

More soon followed.

As fire broke out, Captain J

LOCAL HERO

AWARDS 2018

Forum

Campbell, the ship's commanding officer, ordered the men to abandon the Macdhui.

Aggressively bombed several times, she was sunk due to extensive damage from the Japanese air raid on Port Moresby. In hospital this year, both men

recounted the day and the terror and waste of war.

"A wicked waste of time in the prime of our lives," Ron stated.

The men were silent for a time in remembrance of friends and comrades lost.

The men returned home after

the war to families and futures so closely aligned it was almost as if they had planned it that way.

They have spoken since but unfortunately Cecil is currently quite ill, after another fall, in Lady Davidson Hospital.

Their families were overwhelmed at the similarities and amazing history the men shared.

The pride at their and other Australian soldiers and veterans was only more cemented.

"Three generations of children, grandchildren and great grandchildren may not be here today if either of us had been on that ship," they said.

liherti

"Yes, I survived and went on to

do something very special," joked Ron.

"I got a hole in one at 88 and even Greg Norman hasn't done that," he laughed.

Both avid golfers, yet another commonality for the two friends, Cecil even named golf as his "religion".

When asked what he will be doing on April 25, Ron said: "Anzac Day shows our respect for those who did not return so I will be paying my respects."

This Anzac day I know I will be thinking of these two gentlemen and the incredible twists of fate and luck that saw them formally meet for the very first time after so many near misses.

For the gallant, noble and brave that are sadly no longer with us this Anzac Day, Lest we forget.

Email, 20 Apr 2018 Virginia Brown, Empire Bay

Save Woy Woy Waterfront

STOP OVER-DEVELOPMENT ON THE WOY WOY WATERFRONT

JOIN US AT OUR Community meeting About the woy woy Sporties development Proposal:

CWA Hall, The Boulevarde, Opposite Woy Woy Wharf Sunday 27 May, 10am

How do you feel about the proposed four storey residential development on your waterfront recreation space?

Come along for an update on the campaign to protect our beautiful neighborhood against the proposed megadevelopment of Woy Woy Sporties Club.

We all have heroes living amongst us. We invite you to recognise the unsung people who keep our community growing and nominate someone you know who has impacted community in the last twelve months for a Local Hero Award.

National Day of Thanks

In 2018 we are looking for heroes in the education sector, police and emergency services and people who contribute in a positive way to the vibrant cultural tapestry of Australia.

This includes teachers, principals, teacher's aids, administration staff, volunteers, cleaners, maintenance workers, police officers, and support workers, SES, Paramedics and other emergency services. People in organisations that work with Aboriginal and Torres Strait Islanders. People who help newcomers to Australia connect into their local communities. People from different cultural backgrounds who make a meaningful contribution to cohesion in their communities.

Nominations can also include general members of the community who have gone above and beyond to make a difference in the lives of others.

Our 2018 Local Heroes will be awarded and

celebrated at the Thank you Festival in Kibble Park Gosford on **26th May commencing 10am**

TODAY

How to nominate:

Visit www.myliberty.info/localheroes and download a nomination form or submit online.

Nominations are open from 1/4/18 to 5.30pm on 18/5/18.

Central Coast Council



There will be information on what will happen when the matter is heard by the Joint Regional Planning Panel (the development consent authority).

Email: savewoywoywaterfront@gmail.com
@GaveWoyWoyWaterfront

When the Liberals win, you lose.

"There is not going to be a Banking Royal Commission"

Malcolm Turnbull, 22 November 2017





Lucy Wicks voted against a Banking Royal Commission 25 times. (Hansard)

Lucy Wicks and Malcolm Turnbull are SERIOUSLY out of touch.

www.facebook.com/SenatorDebONeill Email: senator.o'neill@aph.gov.au

Authorised by Senator Deborah O'Neill, 4 Ilya Avenue, Erina 2250



Reconstruction works have commenced at Koolewong Foreshore Reserve

Waterfront carpark closed

southern end The of Waterfront Koolewong Reserve Carpark has been closed for about six weeks for the undertaking of significant upgrades.

The upgrade is part of a \$1.4M Koolewong boating facilities upgrade project funded by the NSW Government and Central Coast Council.

During the work period, limited parking would remain available from the northern reserve entrance, according to the Council.

Access to the dinghy storage area and dinghy skid would remain open but users would be required to walk to the area via the Brisbane Water Dve cycleway.

Water access via the northern boat ramp would also be impacted with closure necessary to complete works in the area but would be reopened "as soon as possible". SOURCE:

Website, 16 Apr 2018 Facebook page, Central **Coast Council**

Morning tea for cancer research

A Daley's Point retirement have been successful and in village will host its annual **Biggest Morning Tea on May** 29.

The Cove Village have been hosting the Biggest Morning Tea for Cancer Research since 2015.

"Through the efforts of our willing residents these events the three years we have raised close to \$10,000," said Village administrative assistant Ms Sharon Askildsen.

"The local business community who generously donate to us in Umina and Ettalong are to be commended for their support each year. "We would like to see more local

people attend and enjoy this day with us," she said.

A Devonshire tea will be served on the day from 10am. Entry is \$7.

Media release, 3 May 2018 Sharon Askildsen, The Cove Village

SOURCE:

Agencies attend information day

The Energy and Water Ombudsman NSW, NSW Fair Trading, the Department of Human Services, St Vincent de Paul, Ability Links and Services NSW were among agencies providing information at a Bring Your Bills Day held at the Peninsula Community Centre on May 3.

The day aimed to provide information and expert advice to local families and residents about their energy bills, as well as legal and financial services.

Local residentss brought their bills in on the day and were able to discuss solutions to issues they identified with their energy and water providers.

Residents who were eligible for energy rebates also received advice and instruction on how to claim them.

The Central Coast Region Financial Counselling Service also attended to offer Energy Accounts Payment System vouchers to those who qualified.

SOURCE: Media release, 3 May 2018 Katey Small, Brilliant Logic

Euchre school starts for charity

A euchre card school has been established to run weekly raffles to raise money for charity.

The Euchre School was started at the Woy Woy Hotel in January with prizes including a \$50 restaurant voucher as well as drinks vouchers and a meat tray.

Since its inception, the Euchre School has donated \$300 to Cystic Fibrosis Australia, \$325 to the Multiple Sclerosis Society and \$300 to Guide Dogs Australia.

Tickets are on sale in the raffle from 9am every Saturday at the Old Pub and winners are drawn at 11:30am on Sunday with all winners being notified by phone.

All budding euchre players are invited to join in each week.

SOURCE: Media release, 30 Apr 2018 Ken Dixon, Woy Woy

DLTEN ...reborn and now in Galleria Ettalong, the former Ettalong Markets at Ettalong Beach Jeweilers After retiring in June 2014, Henry Scholten has now opened a small

shop in the former Ettalong Markets, only trading on Saturdays, Sundays and Public Holidays.

The Ettalong market has been beautifully revamped to a luxury Galleria style tourist European attraction.

Established in 1988. Scholten Jewellers has been manufacturing fine jewellery on the Central Coast for 30 years, having had shops in Bateau Bay, Gosford, Erina and Tuggerah.

Scholten Jewellers is now in Ettalong, providing an excellent repair, design remodelling and manufacturing service.



The location is also an impressive showroom of unique, handmade rings, pendants, earrings, bangles, brooches, chains set with precious and semi-precious gems, and a huge selection of Australian Opal. All repairs and manufacturing is done on the premises in a fully equipped workshop.

Come and say hello to Nicola and Henry at their new Ettalong Beach store, or call them on 0431 670 033 or 0412 655 316.

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LUCY WICKS MP LOCAL ROAD PETITION

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If you agree that it's time for Central Coast Council to take a closer look at your street, please sign this petition and ask all your neighbours to do the same. **Send it back, and I'll fight for you!** Alternatively, fill in the survey online at **Ibr.al/Iwrs** or take a picture of the survey and email it to **Iucy.wicks.mp@aph.gov.au**

Why does your street need to be fixed?

Title

Name

	Address		
	Home ph		
	Mobile ph		
	Email		
Authorised by Lucy Wicks MP, Level 3, 69 Central Coast Highway, West Gosford NSW 2250.			



Local Bushcare volunteers gathered to farewell NPWS Bushcare coordinator, Ms Deb Holloman (third from right)

Bushcare group farewells National Parks coordinator

Community The Bays **Bushcare** Group has farewelled National Parks and Wildlife Service bushcare program coordinator Ms Deb Holloman who has retired.

Mr Jim Doe said the group had a very enthusiastic membership which had enjoyed working with Ms Holloman for many years.

"I know there is a little abandoned settlement in the bush area our group takes care of that was totally covered in lantana.

"When we started, it could not be seen," Mr Doe said.

"Deb organised for us to work on it and now there is not a piece of lantana there," he said.

"We have been able to do that kind of work all through our area of the National Park thanks to Deb's leadership.

"The native palms had almost died out but now you can walk through lush green areas of them.

"There are about eight members in our group and we go out once a month so enthusiastically.

"A barge takes us from the jetty in Woy Woy Bay to areas we can't get to by walking and a whole barge load of people attack the weeds."

The group held a luncheon for Ms Holloman on Saturday, April 21, and invited members of other bushcare groups that she

supervised

Mr Doe said some volunteers were concerned their groups might "fizzle out" if the NPWS replaced Ms Holloman with a supervisor who could not run weekend groups.

"We cannot do the work without supervision and many of us have other community responsibilities," Mr Doe said.

The National Parks and Wildlife Service has not announced a replacement for Ms Holloman or whether weekend bushcare groups would continue.

SOURCE: Interview, 17 Apr 2018 Jim Doe, Woy Woy Bay Bushcare Group **Reporter: Jackie Pearson**

Flying fox strategy open for comment

The first strategy to manage flying-foxes on the Central Coast, including the Everglades camp, is now on exhibition and Council has called for public comment.

The Central Coast Flying-Fox Management Strategy provides a framework for the management of all local flying-fox camps and their habitats, according to council director Mr Mike Dowling.

He said the strategy was developed in partnership with other regional councils to provide a consistent approach to flying-fox management.

"Flying-foxes are key to the biodiversity of our region and play an important role as pollinators and seed dispersers for many of our native trees," Mr Dowling said.

"It is about ensuring the protection of these species with a strategy that proactively addresses the lack of understanding and potential conflicts in our urban areas," he said.

The strategy considers the four known active flving-fox roosting or "camp" areas on the Central Coast at Watanobbi, Woy Woy, North Avoca and Wyoming along with dormant historic or new camps which may become active in the future.

Central Coast mayor Cr Jane Smith said that Council's exhibition of the strategy would provide an opportunity for input from the community.

"Community feedback is an important part of this process and we want the community to review the strategy and have your say," Cr Smith said.

"Once the strategy has been adopted, Council will be eligible to apply for funding to help manage issues that may arise from local flying fox populations.

Council will also undertake further education and engagement with the community as the Strategy is rolled out."

The draft strategy can be found at yourvoiceourcoast.com along with information about how to make a submission.

The deadline for comment is May 24.

SOURCE: Media release, 26 Apr 2018 Mike Dowling, Central **Coast Council**

Woman dies

An 85-year-old woman has between two parked cars. died after she was struck by a car in Woy Woy.

The woman was in her vehicle in the car park of a car dealership on Charlton St, Woy Woy, on Wednesday, May 2, when she got out of the car to allow a 72-year-old man to reverse it for her.

As the man got into the car, it suddenly reversed, knocking the woman to the ground.

It then came to a stop wedged

Ambulance paramedics attended and the woman was treated on scene before being airlifted to Royal North Shore Hospital where she died.

Police from Brisbane Water Police District are investigating the incident and a report will be prepared for the Coroner.

SOURCE: Media release, 2 May 2018 **NSW Police Media**





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Rotary Club project donations now tax-deductible



A Woy Woy Rotary Club project called Pure Joy Uganda has been registered as an Overseas Aid Fund project eligible to accept tax deductible donations through Rotary Australia World Community Service.

"This is a great step forward for this women's empowerment group that began operating 18 months ago," said project manager Ms Joan Redmond.

"With our club's support, they are thriving," Ms Redmond said.

"On my visit to the workshop in March, the women expressed repeatedly how their involvement with Pure Joy has transformed their lives," she said.

"They truly feel empowered by the new skills they've learned.

"They see a better future for themselves, and they spoke of the positive flow-on effect their new-found confidence has had on their families.

"The women were so excited to present the new batch of merchandise they had made, which is selling well.

"The next step is to establish a formal sewing course, over a set period, where women will receive accreditation on completion.

The Pure Joy Uganda project started in August 2016 when Woy Woy Rotary Club's volunteers visited Jinja in Uganda and introduced school girls to reusable sanitary products.

"This prompted a request by a group of women for seed funding to set up a workshop so products could be made locally for girls and women who could not afford, or did not have access to the commercial alternative "

By January last year, Pure Joy was up and running, with strong support from the community.

A workshop, run by founders Ms Grace Anyeno and Ms Okello Collins, began with two sewing machines, two over-lockers and 20 enthusiastic, dedicated volunteers.

"Many of these women had left school early or didn't receive an education.

"They appreciated learning a new skill and enjoyed getting together in a supportive environment to share ideas, make new friends and support the sisterhood.

"Numbers have swelled, with over 60 women attending a Pure Joy workshop."

In June last year, the workshop delivered the first batch of sanitary kits and taught teens about reproductive health, product care and menstrual hygiene.

machines Another two were purchased to increase production to meet demand and to train more women.

The workshop also began manufacturing a range of products including Kitinge bags, purses and aprons for sale to generate income for the group.

Last November, sewers at Pure Joy received training in tailoring so they could make uniforms for Divine Mercy Primary School, which opened in February.

The purchase of two electric machines and a cutter made their task a little easier.

In February, this multitalented group of women catered for over 2000 guests at the school opening and will cater for volunteers attending a medical outreach in Buwampa

SOURCE: Newsletter, 23 Apr 2018 Joan Redmond, Rotary **Club of Woy Woy**

Girl Guides hold Come and Try Night

Blackwall Girl Guide District Junior Guides. will have a free Come and Try Night for local girls aged six to 13 in the Ettalong Guides Hall from 5pm to 7:30pm on May 14.

The night aims to introduce girls to a range of fun activities the Blackwall Girl Guide District regularly offer.

Girl Guides are divided into four age groups or units to ensure activities are age-appropriate, according to leader Ms Belinda Player.

Girls aged five to seven are Pre-

Seven to 10 year olds are Junior Guides

Those 10 to 14 years old are Guides; and 14 to 18 year olds are Senior Guides.

They generally meet weekly during the school term.

"They play games, progress through challenges and earn badges, all of which are steered by the principles of the Australian Guide Program," said Ms Player.

"As girls progress through the program and become more independent and capable, they

provide more and more input into how their own Guide Unit is run. "By Senior Guides, the Guide

Leader has a facilitation role but allows the girls to direct their own Guide program.

"Throughout the year, there are loads of exciting events open to Girl Guides, including hiking trips, visual and performing arts camp, sailing school and an annual sleepover under the stars," she said.

> SOURCE: Media release, 1 May 2018 Belinda Player, Girl Guides **Blackwall District**











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Your Life, Your Choice, Our Communities

Candle tradition dates back 20 years

"Many of the candles were

"Next year we again handed out

returned so 'we could use them

candles at the service and again

they were handed back to us 'so

we could use them again next

"In 1997, while enjoying a

cuppa from the thermos out of

the plumber's morning tea esky,

someone asked where they could

"In 1998, we started serving tea,

coffee, orange juice and Anzac

bickies to those who attended free

of charge as a community service.

with many people knowing a coffee

"We now have a cult following

Woy Woy Rotary Club's practice of handing out around 800 candles and 400 cups of tea and coffee at the Anzac Day Woy Woy Dawn Service each year has a 20-year history, according to club community service director Mr Don Tee.

"In the early 1990s, the club was participating in Carols by Candlelight in Woy Woy," Mr Tee said.

"The Rotary Club purchased 4000 candles for this Christmas venture," he said.

"Unfortunately, the next year total fire bans were put in place and the Carols floundered and were cancelled altogether.

"This left the club with a large number of candles in stock.

"In 1995, with president Bob Baxter, the club decided to attend the Woy Woy Anzac Dawn Service and hand out candles to get rid of them as a one-off venture.

"The candles were so well received by those who attended the service and comments were made: 'What a great addition and spectacle it was to have the candles burning in the pre-dawn

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and a bickie is available provided by the Rotary Club of Woy Woy.

"About 10 years ago, we started with the breakfast for the workers of bacon and egg rolls.

"We have now purchased approximately 12,000 candles and over the past years we hand out around 800 each year and most of them are returned after the service. "We serve around 400 cups of

tea and coffee.

"This really is a great community service project of the Rotary Club and is well received by the public and the RSI

"We look forward to continuing the service." SOURCE:

Newsletter, 23 Apr 2018 Don Tee, Woy Woy Rotary Club

Remembrance service at **Everglades**

Everglades bowls club members held а remembrance service at 11am on Anzac Day led by servicemen Mr returned Barry Cross.

Men's bowling club publicity officer Mr Brian Dolan said: "Anzac Day at Everglades Bowls always starts with rum and prunes or sherry or port," he said.

"It is always a day for all male and female members to remember the service to our nation of our returned servicemen and women.

"It is followed by bowls and a post bowls lunch of meat stew and potato."

SOURCE:

Media release, 28 Apr 2018 Brian Dolan, Everglades Men's Bowls

Historic ferry makes special runs to Kincumber

Special runs of the historic ferry Codock II took Peninsula residents to the Four Villages Walk at Kincumber on May 6.

Walk organiser Mr Peter Rae said it was a special opportunity for Peninsula residents to relive the

days when roads were few and the Brisbane Water was the highway.

"Two trips departed Woy Woy at 9:40am and 10:55am," Mr Rae said

"The walk was an easy-paced, flat, 3.3km family walk through the four villages of Kincumber, Yattalunga, Saratoga and Davistown.

This area was the hub of major shipbuilding activity from the 1820s to the 1950s.

"At the four Border Points along the way were historic models and information."

The walk finished at Davistown Waterfront Reserve where entertainment and activities were staged including buskers, bands, dancers, trivia, an African drum circle, working vintage machinery and equipment until 3pm.

The trip back to the Peninsula on the normal ferry service was free to Walk participants on the day.

SOURCE: Media release, 16 Apr 2018 Peter Rea, History and Heritage Hunter to Hawkesbury

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Rotary construction project nears milestone

Woy Woy Rotary Club's Uganda Buwampa Community Project will reach a new milestone with the imminent completion of a new school block and teachers' housing.

"Construction work at Buwampa is ongoing at a rapid pace despite a very rainy wet season," said project manager Ms Sue O'Neill.

"The community has continued work (voluntarily) on both the classroom block and teachers' houses so they will be ready for use during our medical outreach in June.

"The classroom block is at its final stages for completion.

"This will provide the school with four additional classrooms, each with storeroom area.

"The eight teachers' houses are at roofing stage," she said.

"We now have our two new bore water pumps installed and working as well.

"This is a huge development that provides fresh clean water to all.

"While Buwampa is on a peninsula surrounded by the fresh waters of Lake Victoria, it is a difficult trek to the water's edge and then a tough uphill walk back carrying heavy water containers.

"The water from the pump has the added advantage of not being contaminated from animal faeces and mud, which is common on the banks of the lake." Ms O'Neill said.

"We have a small group of four travelling from Australia for the medical outreach.

"We will join around 100 Ugandan volunteers who have put up their hand to participate with the outreach.

"The Ugandan group includes medical personal, Rotarians. security, translators, educators and the women from Pure Joy organising all the catering.

"We anticipate we will see 1500 to 2000 patients each day for three days.

"We hope we have put in place strategies to manage these substantial numbers.

"This year we will have clean, private consultation space as well as classrooms we can use for dental, pharmacy, lab, ultra sound, family planning, optometry and health education.

"Our club has contributed to the supply of medications for the outreach and for the Pure Joy ladies' participation," Ms O'Neill said.

> SOURCE: Newsletter, 28 Apr 2018 Sue O'Neill, Woy Woy Rotary



news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

Peninsula News focuses on in the most recent edition of on www.centralcoastnews.net each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.



Regional Performing Arts and Conference Centre site confirmed once and for all

Draft plan that sets the vision for the

next 10 years on public exhibition

Reduced rebate for Home Doctor

Service visits to cost more elsewhere

consultation.

built in the Gosford CBD.

Coastal Residents' Association warns against going to Wamberal and Terrigal **Beaches**

Council reconfirmed, at its April 23 The NSW Environmental Protection Significant amounts of material, believed meeting, that a Regional Performing Arts Authority (EPA) and Central Coast Council to contain asbestos fibre, have been found and Conference Centre (RPACC) will be do not believe there is any need to close on both Wamberal and Terrigal Beach Wamberal or Terrigal Beaches, but, Mr Pat since Friday, April 13, causing community Aiken, from Coastal Residents' Association, alarm, and calls for action from all three said his message to the public is "don't go levels of government.

Northern exposure

been released for a 28- day public of the Gosford city centre.

- a special report

The draft of the first ever combined The waterfront and Kibble Park may grab The Lederer Group, owners of Gosford's Community Strategic Plan for the Central all the headlines, but a new, \$500m-plus Imperial Centre and the Kibbleplex Coast, called One - Central Coast, has precinct is emerging at the northern end building, withdrew their masterplan DA

volved in beach asbestos pollution

All three levels of government in

Lederer Group DA withdrawal

for the Kibbleplex site following the NSW Government's decision to terminate the planning proposal for bonus incentives in

Free introductory session for people suffering with depression and anxiety

Changes to Medicare funding will hit GP Cancer Council NSW has launched a The Nedley Depression and Anxiety

alreadv Gosford. Ms Liesl Tesch.

Face-to-face financial counselling service for people affected by cancer available

after-hours services and will see more new, face-to-face financial counselling Recovery Program will run from May 16 to patients presenting at Gosford Hospital's service for people affected by cancer in July 4 at the Erina Centre. over-stretched emergency the Central Coast region, with a dedicated department, according to Member for Financial Counsellor delivering support

exclusively designed for cancer patients

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au



Residents demand return of their promised park

Gwandalan

subdivision

700 ring neck pheasants die from botulism at Ourimbah

children, parents and The deaths of more than 700 ring neck Council has resolved to support the grandparents held a rally on Tuesday, pheasants from botulism, at an Ourimbah development of a robust Proactive Release May 1, to ask Central Coast Councillors property, have prompted a warning from Program over the next 12 months to give to help them fight for a promised park biosecurity experts to report unusual the community greater access to a range and playground in their new residential symptoms and behaviour in domestic of Council held information, including poultry

program adopted

Proactive release of information

documentation, that helps Council make

Traffi c-light controlled pedestrian

Legal challenge to coal mine approval



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crossing being installed	Approved key waterfront site for sale	to use an Australian fi rst argument
Traffic lights are to be installed at the Wallarah Rd and Walker Ave intersection at Kanwal, to provide safer pedestrian access.	waterfront site at 222 Main Rd Toukley,	The Australian Coal Alliance's Land and Environment Court challenge to the NSW Government's approval of the Wallarah II coal mine, will be an Australian first, according to the NSW Environmental Defenders' Office.
Under resourced Centrelink offi ces	Alexandra Travers to receive \$10,000	
result in many complaints	arts grant	Music industry conference held
result in many complaints	-	
result in many complaints	arts grant One of the brightest artistic talents	Central Coast Labor MPs were joined by
result in many complaints The Member for Dobell, Ms Emma	arts grant One of the brightest artistic talents from Woongarrah is to receive a boost to	Central Coast Labor MPs were joined by Member of the Legislative Council, Mr
result in many complaints The Member for Dobell, Ms Emma McBride, has called on the Turnbull Government to give permanent jobs to	arts grant One of the brightest artistic talents from Woongarrah is to receive a boost to their career with a grant announced by	Central Coast Labor MPs were joined by Member of the Legislative Council, Mr John Graham, and Music NSW, in hosting
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result in many complaints The Member for Dobell, Ms Emma McBride, has called on the Turnbull Government to give permanent jobs to Centrelink employees and to properly resource the service.	arts grant One of the brightest artistic talents from Woongarrah is to receive a boost to their career with a grant announced by Minister for the Arts, Mr Don Harwin, and Parliamentary Secretary for the Central	Central Coast Labor MPs were joined by Member of the Legislative Council, Mr John Graham, and Music NSW, in hosting a Roundtable for the local music industry.

Forum

Most objectors support bowling or fishing clubs

I sympathise with the Woy Woy Bowling Club director, who is dismayed at the club's financial decline (Residents could have made events viable, Peninsula News. Forum, April 9).

However it is unfair of the writer to single out the 80 people who objected to the Woy Woy Sporties DA as responsible for the club's decline

I am one of the 80, and I have

read all the submissions to Council. Of the 80, 29 objected on the grounds that the proposed development represents a threat to the survival of the bowling club, and 15 objected that it represents a threat to the fishing club.

What struck me was their strong, heart-felt personal commitment to the club with comments like: "This proposal would be the end of the club ... and would result in isolation among elderly club members who use the club regularly as a social

Forum

gathering place."

"The beautiful scenic bowling greens would be replaced with an underground bowling green."

"There is no possible way people would wish to use that." "The whole reason of twilight

bowling and barefoot bowling is to encourage future bowlers and provide a form of cheap outdoors entertainment for families."

"The loss of outdoor recreational pursuits will have a profound effect on elderly members in the area, as I believe an underground synthetic bowling green will not be utilised at all.'

"My father ... has been a member of Woy Woy Sporties for over 20 years and has been a regular bowler over those years ...'

There were many more. I can't account for the club's decline, but I know these people are not responsible for it.

My household has dined twice at the club this month - sadly the club was deserted.

Yet the Happy Buddha Bistro gets five stars from me for food, price and service.

So let's all dig in and give the club and the bistro our support.

respectfully suggest that 1 club directors should read the submissions to council, and take them on board.

Email, 20 Apr 2018 Ross McMurtrie, Woy Woy

mina Chiropractic Centre

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ring the trials of mother

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She's spent the rest of your life being your biggest champion, your taxi, your waitress, your maid, your coach, your banker, your protector, your healer, and Lord knows what else.

let's This Mothers' Day, celebrate all mums and give a hand to all brave new mums and mums to be.

In case you didn't know, birth is a traumatic event for the body (gentlemen, just ask your wives!), and can seriously impact a woman's spinal and pelvic biomechanics.

Lifting, holding, rocking and nursing a baby, carrying a car seat with an infant, etc. - these are taxing movements that can add stress to her fatigued, sleep deprived, body.

Mums can help restore their strength and function with adjustments, exercises and stretches.

We love teaching new mums healthier positions and lifting techniques that can make a world of difference for their comfort and well-being.

New mums can also benefit from nutrition recommendations for returning to a healthy, prebaby weight in the weeks and months after birth.

Remember, we are not just treating mum, but the heart of the family.

And ensuring that mum is feeling loved and supported is essential for her to endure the trials of motherhood.

That means occasionally biting the bullet, taking the kids, and

reassuring mum that she can go and have some time to herself to rest, recharge, exercise and look after herself.

Remember, we're all in this together.

Chiropractic can help alleviate both physical symptoms and stress.

As we know, chiropractic can help by improving spinal and muscular function, relieving back and neck pain, and helping to establish pelvic balance and alignment.

Chiropractic offers powerful, natural treatments for many of the health challenges unique to mothers and women at every stage of life.

So this Mothers' Day, ask yourself, aside from cards and flowers, what does mum really need?

We would all like a bum on a seat

I agree with Ms Liesl Tesch; it certainly is a waste of money and time to count the passengers on the Newcastle-Sydney line.

You only have to be there and watch at how many people are daily getting on and off the train.

This is not only on the early commuter trains but also on the weekends when the trains are always packed.

Unbelievable, but sometimes there are only four carriages provided.

The last two Saturdays, even with an eight-carriage train, I have been standing up all the way to Epping.

Forum

Not only standing up, but packed up close together with no room to move.

There is also no allowance for people travelling with luggage and that is to be expected on this long connection line to Central.

So I hope that Ms Tesch is standing up for us again and writing to the Minister and the Department of Transport about this ridiculous situation

We all would like a bum on a seat. It's a long ride. Email, 28 Apr 2018

Johanna Reygersberg, Woy Woy

Support needed

Thanks to Jill Nevile for her poetic take on the abandoned trolley problem on the Peninsula.

I have offered solutions to Woolworths, Coles and Kmart all to no avail.

A request to Council last year on this subject went unanswered.

A letter to Mayor Jane Smith in November last year, with solutions to mitigate the matter, was answered in January this year with the response she would get further advice.

No further communication from Council or the Mayor has been

Forum

forthcoming.

On a positive note, Cr Bruce McLachlan, who is committed to a clean and green Central Coast revolving around anti-litter measures and a greener tree policy, is responsive to tackling the abandoned trolley issue as part of that policy.

Perhaps Peninsula News can engender community support as well for tackling the issue.

Email, 25 Apr 2018 Suraya Coorey, Woy Woy

-

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HALL & PRIOF

Forum

Let's start a maritime users group

Dredging of the entry and navigational channel from Little Box Head to Ettalong Beach has been on the front pages of the local papers for several years.

There have been ongoing press releases by local politicians and articles by concerned commercial stakeholders such as ferry operators, charter vessel operators and other users of the Brisbane Water navigation channels.

The Minister for Lands and Forestry, Mr Paul Toole, and the Minister for Roads, Maritime and Freight, Ms Melinda Pavey, released the NSW Coastal Dredging Strategy on April 12, 2017, providing for the NSW Government to invest "An additional \$8M over four years to improve the accessibility and health of the State's waterways."

Mr Toole said amongst other things that: "The waterways are the lifeblood of many communities" and that the government would "Be working with councils to develop long term dredging plans for local waterways and enable councils to undertake their own dredging works to address the needs of their local communities."

A press release by Member for Terrigal, Mr Adam Couch, stated that: "A dedicated team at Central Coast Council will prepare and implement a plan of management for the Brisbane Water Channel."

Well, I have not seen any recent announcements by the Central Coast Council, or by any councillor or other local member representing our community, other than that the State Member for Gosford, Ms Liesl Tesch had "stormed" the office of the Minister responsible for Crown Lands, Mr Niall Blair, "encouraging the Minister to take responsibility for the dredging because it is a safety issue, but he referred me to the head of the RMS".

It would appear that nobody knows what is going on and who is responsible for the maintenance of the navigation channels.

In another media release dated March 27, the Central Coast Council through the mayor, Cr Jane Smith, maintained that the Council "Has no statutory obligation to dredge the Brisbane Water Entrance Channel (Peninsula News edition 442)."

The Council may not have any statutory responsibilities to dredge the channel, but they have clear responsibilities to the people they represent and who pay the cost of running the council.

Has the Council applied for a share of the \$8M offered to local councils 12 months ago; probably not, or Cr Jane Smith would have announced it.

This whole situation is bordering on a farce.

It seems it is not the



LETTERS TO THE EDITOR should be sent to: Peninsula News PO Box 1056, Gosford 2250 or editorial@centralcoastnews. net See Page 2 for contribution conditions

responsibility of the Council, the RMS, the Departments of Crown Lands, or the Lands and Forestry Department to fix the problem with the navigation channels.

I worked for the Public Works Department of NSW when they were responsible for all waterways in the tidal range of rivers and estuaries.

I was at Clarence Harbour Works a long time ago and was responsible for all dredging operation and hydrographical surveys in the Clarence River and the entrance to the river at Yamba and Iluka.

We had four dredges including an ocean going bottom dump, cutter suction dredge and we also covered the Richmond River and Ballina channel.

There is more to dredging and

maintaining navigation channels than just sending a barge out to dig a hole in the sand.

Mr Kevin Woods of Umina Beach (Peninsula News ed.442) explained many of the issues to be addressed and referred to the 1977 Ettalong Beach Erosion Study and Management Programme which was carried out by the Public Works department.

This study, in the absence of up to date reliable survey information, should be the starting point for both short term and long term work to get the channel operating safely and ferry services restored, and for maintaining navigable and safe depths in the channels, and for beach erosion control at Ettalong and Ocean Beaches.

I have used the channel regularly for over 25 years and have observed the problems first hand.

Central Coast Council should have co-ordinated the dredging and associated works when funding was announced last year, but they have failed to do so.

In my opinion, a plan or agenda for dredging and erosion control works is essential to get the show on the road.

The establishment of a Brisbane Water Maritime Users organisation should be a priority for all of us to get stakeholders involved.

There are a large number of commercial operators as well

as non-commercial users that should be represented including Chambers of Commerce, marinas, rescue services and of course the RMS and Water Police.

Such a group would have more clout than any individual and should be able to encourage local politicians and local government to be more proactive.

My suggestion is to call a meeting of interested and affected parties and to establish a small Steering Committee of four to eight persons who are capable of understanding the organisation and planning of the various aspects of the work to be carried out.

I would expect the Council to be involved, as should other government departments, and progress should be monitored by the new group, perhaps by also issuing regular news updates.

Funding for dredging appears to be available, but someone has to prepare a submission and apply for the funds, not just on a oneoff basis, but also for long term maintenance of the channels and beaches.

I am happy to receive emails from interested parties to the following address: peer@dalland. com.au with subject heading Brisbane Water Channel Works.

Email, 4 May 2018 Peer Dalland, Hardys Bay





health. Many people have been able to completely eliminate depression and/or anxiety by following the proven principles outlined in this program.

Location: Erina Centre, Meeting Place 3 (next to the library at Erina Fair) Time: Wednesdays from 7–9pm

Introductory Session: May 9 (Free overview of program) Actual Program: May 16–July 4 (8 sessions)

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Forresters Beach Seventh-day Adventist Church

Health

Author to speak at morning tea

Author Ms Lisa Venables will be quest speaker at the fifth Australia's Biggest Morning Tea to be held at the Peninsula Community Centre on May 24.

The fundraising event will be

Biggest Morning

At the Cove

Tuesday May 29th from 10am

Please join us for our annual fund raiser, bring a

friend & enjoy a Devonshire Tea, enter a raffle

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held from 10am to 12:30pm and will raise funds for the Cancer Council to help those impacted by cancer.

Ms Venables is the author of Saving Zali, a memoir recounting her daughter Zali's diagnosis and recovery from a rare form of

lea

She will be sharing her story with attendees and talking about the ups and downs that she experienced through a tough period of her life.

Cancer Council NSW regional manager Ms Shayne Connell will also speak at the event.

The event will be hosted by Coast Community Connections.

President Ms Sharryn Brownlee said: "As well as guest speakers, the morning will be filled with food, entertainment and a cupcake challenge dedicated to the late Sandra McCartney, a Coast **Community Connections volunteer** who lost her battle with cancer.

"Sandra's Cupcake Challenge is a contest open to all ages and cupcakes including packet and handmade.

"There are lots of great prizes to be handed out for the best cupcakes on offer and the judges can't wait to see what's in store for them this year.

"We welcome all locals to come enjoy a delicious morning tea for a great cause this May," Ms Brownlee said.

SOURCE: Media release, 3 May 2018 Caitlin Vine, Brilliant Logic



The Venables family's story will feature prominently at Coast Community Connections' next Biggest Morning Tea

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7 May 2018 - Peninsula News - Page 19

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Health

Brenda is Stroke Awards finalist

A Woy Woy resident is a finalist in the Stroke Foundation's Stroke Awards.

Ms Brenda Booth has been recognised for her work to reduce strokes' impact on the community and improved life for stroke survivors.

Ms Booth was nominated for her voluntary service to the Stroke Foundation on the charity's Consumer Council and more recently the Research Advisory Committee.

The Stroke Foundation's Stroke Awards celebrate outstanding Australian's who are dedicated to treating, supporting and advocating for stroke survivors and the broader stroke community.

A health professional, Ms Booth, began volunteering for Stroke Foundation after suffering a stroke in 2011.

"For me, it is so important to support the Stroke Foundation and their core aims to prevent, treat and beat stroke," Ms Booth said.

"My aim as a stroke survivor is to promote the importance of community awareness."

This included recognition of



Ms Brenda Booth

the First Aid acronym FAST (face, arms, speech, time) to identify and respond to stroke symptoms, the need for targeted stroke research and awareness of best practice care for stroke survivors, she said. Stroke Foundation NSW manager Ms Teresa Howarth

Brenda Booth

congratulated Ms Booth on being named a finalist.

"Ms Booth has contributed countless hours and experience to Stroke Foundation, helping shape our work and influence change within government and the health system to better the state of stroke," Ms Howarth said.

"She is an inspiration."

The Volunteer of the Year Award is one of six categories in the 2018 Stroke Awards. SOURCE:

Media release, 30 Apr 2018 Stephanie Hobbs, Stroke Foundation

GP shortage spending details not provided

The Government and Department of Health have failed to provide details of spending of "the \$100,000 commitment to fix the Peninsula GP shortage", according to NSW's Labor Senator Deborah O'Neill.

Senator O'Neill said she had asked the Department of Health at the Senate Estimates Committee in March how the money was used, about the terms of reference for the working group given the money and its outcomes.

She said that, despite a deadline of April 20, the information had not been provided.

Senator O'Neill said that, last May, Member for Roberston Ms Lucy Wicks and Assistant Health Minister Mr David Gillespie announced a \$100,000 commitment to begin a working group comprised of local health professionals.

"At the time, Ms Wicks and Mr Gillespie claimed it was a 'new approach to overcoming GP recruitment issues on the Peninsula' and the working group would 'identify both short term solutions and longer term strategies to recruit and retain GPs'.

"Since Ms Wicks' announcement, we haven't heard anything about the \$100,000 and how this public money has been spent," said Sen O'Neill.

"We don't know how many meetings this working group has undertaken, what the terms of reference are or if this group still exists.

"Peninsula residents deserve to know the outcomes of this public expenditure and they still have no access to local GPs," she said.

"I urge Ms Wicks and the Turnbull Government to come clean and answer these basic questions because the community has the right to know how their public money is spent," she said.

SOURCE: Media release, 3 May 2018 Rhys Zorro, Office of Senator Deborah O'Neill

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Health

New surgeons set up rooms at Woy Woy

Two new surgeons with specialities in breast surgery and gastro-intestinal surgery have set up rooms at Woy Woy.

Dr Mary Ling and Dr Simon Ghosh began operating and consulting at Brisbane Waters Private Hospital in late April.

Dr Ling will provide breast surgery for benign breast disease and breast cancer; melanoma and skin cancer surgery; general and laparoscopic surgery; and gastroscopy and colonoscopy, including rapid access endoscopy.

Dr Ghosh will provide weight loss surgery, including laparoscopic sleeve gastrectomy, laparoscopic gastric bypass (Roux-y and single loop, mini-gastric bypass/singleanastomosis gastric bypass) and laparoscopic adjustable gastric band, as well as complex revisional surgery such as band to bypass and sleeve to bypass.

His other interests include skin lesions, lumps and bumps, herniae, appendix, bowel surgery, gall bladder, benign anorectal disease and circumcision and endoscopy including gastroscopy and colonoscopy.

Dr Mary Ling obtained her medical degree from the University of New South Wales in 2005.

After completing her internship and residency at St George Hospital, she commenced her general surgical training through the Royal Prince Alfred Hospital network.

Dr Ling gained comprehensive experience in all aspects of general surgery through subspecialty rotations in breast surgery, melanoma and surgical oncology, colorectal surgery and upper gastro-intestinal surgery at leading surgical units.

Dr Ling was admitted as a Fellow of the Royal Australasian College of Surgeons in 2014.

She underwent postgraduate fellowship training in breast and general surgery at Gosford



Hospital.

She has also completed further training in oncoplastic breast surgery through BreastSurgANZ and the Royal College of Surgeons of England.

Dr Simon Ghosh obtained a Bachelor of Science in biochemistry and physiology at King's College London in 1995.

He obtained his medical degree at Royal Free Hospital, University College London in 2002.

After completing his basic surgical training at South Devon Healthcare NHS Trust, Dr Ghosh completed his advanced surgical training in general surgery through the Newcastle and Gosford network in 2014 and was admitted as a Fellow of the Royal Australasian College of Surgeons in 2015.

Dr Ghosh has current membership with the Royal Australasian College of Surgeons, General Surgeons Australia and Obesity Surgery Society of Australia and New Zealand.

In 2015, Dr Ghosh was appointed as the postgraduate surgical fellow in emergency surgery at Gosford Hospital.

In 2016, he completed a 12 month subspecialty fellowship in bariatric surgery (surgery for the treatment of weight loss and metabolic disease) at the Holy Spirit Northside and the Royal Brisbane and Women's Hospital.

The fellowship included more than 500 bariatric procedures including primary, revisional and complex cases from metropolitan and interstate referrals.

SOURCE: Website, 23 Apr 2018 Facebook page, Brisbane Waters Private Hospital



Market run by children for children

Bouddi Kids Create Market, the first local market run by children for children, was held at Killcare Surf Life Saving Club on April 29.

The market offered hand-made goods and services, arts and crafts, musical talents, baking goods and workshops.

"The market was a huge success and really showcased the youth of our community and their unique gifts and talents," said Killcare Community Connect member Ms Anna Trigg.

"We want this to become a biannual event.

"Everyone had a great day enjoying the young stallholder's

offerings and got to enjoy a variety of goods and services," Ms Trigg said.

Fifteen per cent of the takings on the day were donated to a community green project.

SOURCE: Media release, Apr 30 Anna Trigg, Killcare Community Connections



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Education



member Mr Warren Bateman who retired in April

Menopause The Musical

on

WOMEN

Warren Bateman farewelled

Brisbane Water Secondary College Umina Campus staff and students have farewelled long-serving deputy principal Mr Warren Bateman.

"On behalf of the staff and students of the Umina Campus, we would like to thank Warwick Bateman for his commitment to the school and community over the last 12 years," said principal Mr Brent Walker..

"Initially as a Head Teacher CAPA and later as a long-serving deputy principal, Warwick has worked tirelessly to support students and staff at the school.

"No matter how busy his day,

he always found time for each and every one of the students with his compassionate, kind nature and dedication to making a difference in their lives.

> "He will be very sorely missed." SOURCE: Website, 30 Apr 2018 Brent Walker, BWSC Umina

School takes part in early childhood census

Beach Public Umina School will be taking part in the Australian Early Development Census between May and August this year.

The nationwide census of early childhood development aims to help schools and communities understand how children are developing before they start school: what is being done well, and what can be improved.

The census will be run by the Department of Education and Training, said Umina Beach principal Ms Lyn Davis.

"Children do not need to do anything to be included in the census and will attend class as usual," she said.

"During the census, teachers will record information (including children's names and dates of birth) based on their knowledge and observations of each child in their class.

"Once all schools participating have provided their information, some of the data collected is compiled and made available publicly as de-identified data."

Ms Davis said: "This data can be very useful for a wide variety of

policy, analysis, and statistical and research purposes, so it is provided to a number of bodies, including government and non-government education departments and organisations, independent school systems and researchers.

"Some of these organisations may also link the data with information from other organisations (such as health departments) to improve programs and policies for young children."

> SOURCE: Email, 1 May 2018 Lyn Davis, Umina Beach Public School



SUNDAY 13TH MAY

SATURDAY 2ND JUNE



Kindergarten visits preschool

Woy Woy South Public School Kindergarten students visited a local

Mulla Villa

Vollombi

preschool in March.

Kindergarten students visited Goodstart Early Learning Centre to show off their Easter Hat creations.

An Evening at 'The Cow Shed' 12th May @ 5:00pm

Come and feel the rustic charm and elegance of our award winning venue, *'The Cow Shed'* at Mulla Villa, in the Wollombi Valley. For the very first time we are hosting our own FOOD and MUSICAL event.

You will be delighted with a gourmet dining experience, feasting on grazing tables and a six course Tapas Menu created by D'Vine Catering. Sit by the fire brazier toasting marshmallows, sipping wines and breathing in the Wollombi Valley night air or find a place at one of the tables to savour the atmosphere and listen to the music.

The ambience of The Cow Shed, the Food, great Wine and some outstanding will make this a night to remember! Don't miss out, limited Tickets !



"We joined in with the preschoolers and babies to celebrate the Easter holiday," said principal Mr Matt Barr.

> SOURCE: Website, 1 Apr 2018 Facebook page, Woy Woy South Public School

Students in Anzac service

Students from Umina Beach Public School participated in the Pearl Beach Anzac Day service on April 25.

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A large number of students marched with the school banner on April 25, some bearing the medals of relatives who served their country.

The school also held their own Anzac Day service shortly before the April break.

Students laid wreaths and reflected on the sacrifices of their forefathers.

SOURCE:

Newsletter, May 1 Lyn Davis, Umina Beach **Public School**

Anzac Day



Attendees of the Ettalong service gather on Ettalong Beach



Ettalong Public School students also marched at Woy Woy



The service at Hardys Bay

commemoration

Anzac

College held an Anzac Day commemorative assembly at

Guest speaker was seaman Josh Corcoran from the Royal Australian Navy, who attended the assembly and spoke to students about Australia's war history and the significance of Anzac Day.

Performing Arts performed the New Zealand and Australian National Anthems and a rendition of I still call Australia home.



Woy Woy South Public School students marched at Woy Woy



Woy Woy South Student leaders ran the school's commemorative assembly



Cr Rebecca Gale-Collins with Adam Crouch with local scouts at the Empire Bay service



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Out&About

Mother's Day flower sale

Broken Bay Scout Group will be holding its annual Mother's Day flower sale on May 12, at the Ettalong Scout Hall in Picnic Pde.

The group members hold this event every year to raise funds to attend Scouting activities, said Broken Bay Scout Group treasurer Ms Doris Shearman.

"A portion of these funds help the group maintain the Scout Halls at Ettalong and Umina."

The stall will be open from 8am until all the flowers are sold.

SOURCE Media release, Apr 23 Doris Shearman, Broken **Bay Scouts**



23 The Boulevarde - Woy Woy 4342 0075

Dear valued clients of Basically Hair,

I wish to apologise to our clients for not being able to contact you all personally in regards to the change of staff at your salon. I would like to let you know that we have 2 new and talented hairdressers on the team now who are trained in all services including perming, SETS and colour technique and both are excellent with haircuts! The feedback has been very positive.

I invite you all into the salon to meet Tayla and Shannon and discuss face to face with me the changes that have occurred and maybe enjoy a cup of tea or coffee. I encourage you to try our new hairstylists who are very advanced and will not let you down.

My plan for your salon is to have a pleasant and warm environment and deliver you a positive experience. As you may know I have been busy renovating and feel the salon is once again a beautiful environment, a place I hope you will enjoy having your hair done and catching up with old friends.

Once again, I am sorry for not reaching out to each one of you and I thank you for your understanding and support during these changes.

Yours sincerely, Angie.





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Many a standing ovation was received by the singers at the Arboretum recently Photos: Bill Forsyth

All Killcare Beach visitors 'went home again'

Killcare Surf Life Saving Club president Mr Peter Bagnall has proudly announced that "everyone who came to Killcare Beach went home again" this season.

"Some were a little worse for wear, but they all went home," he said.

Providing a season summary to club members, Mr Bagnall said: "The official statistics so far are 31 rescues

"That's 31 people who otherwise may not have gone home without you.

"There were 671 preventative actions and who knows how many of these would have turned into

rescues or worse. "Our first aiders treated 82

"Every time the tent is up you've all done something to make everyone's day at the beach brighter.

"Be proud of a great season where, once again, everyone who came to Killcare Beach went home again

"When it seems people can be so completely unaware and

1 IN 4 AUSTRALIAN WOMEN HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE*. WE ARE HERE TO HELP.

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Kara Women and	Elandra Women and
Children's Program	Children's Program
Gosford - 4323 1709	Toukley - 4396 4263

Marie

uninterested in what's going on around them, we can be proud we choose to not take that path.

"We choose to get involved, sometimes at our peril, and choose to be part of something bigger than just us."

SOURCE: Newsletter, 27 Apr 2018 Peter Bagnall, Killcare SLSC





(02) 4357 8444 www.ccmow.com.au



injuries ranging from fractures to bluey stings.

"When the flags came down for the last time this season, Killcare had clocked up about 4700 hours of patrol.

"That's about two and a half working years," Mr Bagnall said.

Neleh Women and Rondeley Domestic Children's Program Violence Response Program Woy Woy - 4340 1052 Wyong - 4340 7088



Coast Shelter's Domestic Violence Prevention Programs are supported by Lowndes the Marie Lowndes Charitable Foundation *ANROS Horizons 1 (2015)

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Out&About



Ms Liesl Tesch with Mr Terry Matthews



Peninsula artists make Archibald submissions

Ms Jocelyn Maughan

Exhibition covers span of artistic career

Two Peninsula artists have submitted works to this year's coveted Archibald Portrait Prize.

A portrait of actor Mr David Wenham by Mr Jordan Richardson of Killcare Heights has made it to the finals and will have his work hung for the second consecutive year.

A portrait of Member for Gosford Ms Liesl Tesch, a former teacher at Brisbane Water Secondary College, was also submitted for the Archibald Prize by Umina artist Mr Terry Matthews.

SOURCE: Finalists list, 2 May 2018 Archibald Prize website Media statement, 2 May 2018 Liesl Tesch, Member for Gosford

A Patonga artist has mounted an exhibition that represents the span of her artistic career.

Ms Jocelyn Maughan, who works from a historic bakery building in Patonga, offers an insight into her past in the exhibition that opened at Meadowbank TAFE's See Street Gallery in Sydney on May 3.

"This exhibition captures her history as profoundly as the burnt charcoal that stains the pages of her voluminous sketchbooks," said teacher Mr Nick Vickers.

Regarded as the foundation stone of the Fine Arts School of Meadowbank TAFE Campus, in the role of senior head teacher, Ms Maughan inspired a distinguished alumni over a period of 40 years from the age of 21.

Current head teacher Mr Tony McDonald said: "Jocelvn was the driving force in establishing Meadowbank TAFE as a key centre for fine arts education in the greater Sydney region.

"She personally instructed hundreds of students over her career, imparting very high standards in the art of drawing and painting.'

The "expansive survev exhibition ... in recognition of her extraordinary contribution to art education ... places her amongst Sydney's most respected artists," said Mr Vickers.

The exhibition was opened by Ms Victoria Kitanov, a former student of Ms Maughan's.

The exhibition will run until May 25 with a special artist talk with Ms Maughan and gallery curator Mr Johnathan Cooper scheduled for May 12.

SOURCE: Media release, 2 May 2018 Nick Vickers, See Street Gallerv

Trivia night raises \$8000

More than \$8000 and a food chest have been donated to Coast Shelter as a result of a Charity Trivia Night at **Everglades Country Club.**

"The Club donated the room hire fee, staff assistance, and financial contribution for the purchase of grocery items for the food chest." said fellow Club employee, Ms Shelley Norris.

"There were over 30 tables of





the North

OTTORCK



eager contestants, who enjoyed a very successful evening of trivia, fun and laughter.

"Long-time Country Club employee Troy came up with the format for the evening and contacted participants, donations and items for the food chest.

"The staff donated their tips for the evening as well as their time, the members and the public, over \$8000, plus the food chest."

SOURCE: Media release, 26 Apr 2018 **Shelley Norris, Everglades Country Club** **Madame Tussauds** Wednesday 8 August 2018 • Get up close & personal with your **\$69**pp

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Central Coast Handweavers. **Spinners and**

Textile Arts Guild Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts, community quilting bees Day and Night Groups 4325 4743

Ettalong Beach Art & Crafts Centre Adult classes in Pottery

Watercolours, Oils, Acrylics, Pastels, Silvercraft, Patchwork & Quilting 0412 155 391 ebacc.email@gmail.com

Hospital Art

Australia Inc. Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing, Volunteers welcome

hospitalartaustralia com au 0431 363 347

Bushwalking

National Parks Association **Central Coast**

Twice weekly bush walks varying distances and grades of difficulty. Explore, enjoy scenery, fauna, floral, history Keep fit and make friends

4389 4423 & 4332 7378 **Community Centres**

Peninsula Community

Centre Cnr Ocean Beach Rd & McMasters Rd Woy Woy Activities, programs and support groups for children, teens. adults and seniors including occasional care. playgroups, dance classes karate, fitness classes, youth services, gambling solutions, internet kiosk and social groups. ins com au

4341 9333 **Ettalong 50+ Leisure**

& Learning Centre Mon - Fri - Cards, Computer

Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, I eatherwork, Line Dancing Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4304 7222

Central Coast Community Legal Centre Not for profit service providing free legal advice. Monday to Friday 9am to 5pm 4353 4988

Point Clare Community Hall Community Garden -Playgroup Craft and Exercise Groups Function or Meeting Hire Managed by Gosford Regional Community Services Enquiries regarding hire to 4323 7483 accounts@gosfordcommunity.org.au www.gosfordcommunity.org.au

Community Groups

ABC "The Friends' Support group for Public Broadcaster Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year social afternoons Well-known guest speakers 4341 5170

Central Coast Caravanners Inc

3rd Sun Monthly Visitors - New Members welcome, Trips Away, Social Outings. friendship with like minded senior folk - Details from Geoff 0447 882 150

Central Coast

Social Group Social contact, entertainment events, new friendships, for 30's-60's Live music, house parties, dinners, BBQs, picnics, trips away etc. Monthly Meet & Chat 0422 243 101 cco30s@live.com.au

Central Coast 50+ Singles Social Group Ladies & gents dinner, dancing - BBQs & socialising each w/end. Monthly programme for all areas 0412 200 571 0437 699 366

Freemasons Who are they? What do they do? Find out about the wolrd's oldest fraternal organisation and how we help our community Gosford Masonic Centre

86 Mann St Gosford ccl2001.org

Mingaletta Aboriginal **Torres Strait Islander** Provides members and other groups a meeting place and referral hub for education. health, well-being and cultural programs. Mon-Fri 9am - 4pm 6 Sydney Ave Umina 4342 7515

Peninsula School for Seniors Community Centre, McMasters Road, Woy Woy Discussions, rumikin, craft,

history, walks, & coach trips Tues, Wed, Thur 4341 5984 or 4341 0800

Peninsula Village Playgroup

Carers, Grandparents parents & children Intergenerational Playgroup Tues 10-11.30am 4344 9199

Seniors Computer Club Central Coast

Classes held Monday to Friday for everyone over 50 Basics: Mon . Tues and Thurs 10am to 12noon Different programs every day, 10am to 12noon or 1pm to 3pm - Apple-Mac: Mon, Tues, at our club r

The NSW Justices

Association Inc Seeking volunteers for added community desks Wednesday Umina Library 10am-1pm Thursday Woy Woy Library 10am-1pm Free Insurance and training

provided 0418 203 671 marketing@nswja.org

Umina Beach Men's Shed

Men share a variety of tools pursue interests and hobbies spend time with other men and learn new skills Darrell 4342 9606

Volunteering

Central Coast Refers potential volunteers

to community orgs. Supports both volunteers and community orgs. Training for volunteers & their managers.

4329 7122 c.org.au Wagstaffe to Killcare

Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon. 7.30pm Wagstaffe Hall 4360 2945

Entertainment

Frantastics Choir Inc High quality variety entertainment available for matinee bookings at your venue. New members welcome. 1pm Mondays during school terms

Walter Baker Hall, Woy Woy 4343 1995 **Health Groups**

Al-Anon

If someone's drinking is causing you problems.. Al-Anon can help 4344 6939 1300 252 666 Meetings Sat 2pm

Woy Woy Hospital Ocean Beach Road

Arthritis NSW Woy Woy support group Woy Woy Bowling Club North Burge Road Woy Woy 3rd Tues 10.30am 1800 011 041

Better Hearing Australia -

Central Coast Hearing loss management Support and educational groups providing practical

experience and confidence Learn the benefits of hearing aids 4321 0275

BlueWave Living Woy Woy Community

Aged Care facility providing residential aged care to the frail aged. Permanent and respite care accommodation available. Information 2nd and 4th Tues - 11am

4344 2599 reception(c iving.org.au

Gambling Solutions Gambling help counsellors

providing free confidential professional service to gamblers, family and friends. Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

anxiety, depression and

loneliness and to improve

mental health and well-being

Anonymous, free and open

to all. Bring a support person if you like. Weekly meetings

at Woy Woy, Bateau Bay and

Wyong

1800 558 268

Meals on Wheels

Delicious meals delivered

free

Join us for a midday meal

Help with shopping and

cooking classes

4341 6699

Mary Mac's Place

Providing hot, freshly cooked

meals - Mon to Fri 11am-1pm

with support, info & referrals 4341 0584

Overeaters

Anonymous (OA)

12-step fellowship for those

with eating disorders. No

dues, fees, or weigh-ins.

Peninsula Com. Cntr, cnr. Mc

Masters Rd & Ocean Beach

Rd. Woy Woy, Fri 8pm

0412 756 446

www.oa.org

Peninsula Village

Wellness Centre

Offering holistic and

complementary therapies

including aromatherapy,

massage and music therapy

4344 9199

Peninsula Village

Meals

Delivered daily to your door

Nutritious, great for the

elderlv

4344 9199

Peninsula Village

Carer's Support Group

For carers of loved ones with

dementia - 1st Wed - 10 to

11.30am

Paula 4344 9199

Prostate Cancer

Support Group

(Gosford)

Last Fri, Terrigal Uniting

Church, 380 Terrigal Drive,

Terrigal

9.30am to 12 noon 4367

9600

www.pcfa.org.au

Riding for the Disabled

Horse Riding as a therapy

for those with intellectual or

physical disabilities

Volunteers required. No

previous exp. necessary -

School hours only. Mon to Sat 4340 0388

Schizophrenia and

Bipolar Fellowship

For Schizophrenia/Bipolar/

Mental Health sufferers.

family, carers and friends.

GROW Support Groups Small friendly groups formed to learn how to overcome

Brisbane Water Brass Brass Band entertainment for the community playing all types of popular music Rehearsal every Tues 7.30pm-10pm 0419 274 012

Woy Woy Stroke

Recovery Club

Everglades Country Club

2nd Tues 11am

Company, up-to-date info,

hydrotherapy, bus trips

4341 7177

Music

Coastal a Cappella

Dynamic award winning women's a cappella chorus new members always welcome. Music eduction provided Lots of Performance

opportunities, or hire us for your next event. 0412 948 450 coastalacappella@gmail.com

Gosford Musical

Society Minstrels Entertain at various venues on the Coast seeking new members Thur Night Laycock St North

Gosford 4341 4210

Soundwaves

Men's a-capella 4 part harmonv chorus - all ages 7pm Mon. Central Coast Leagues Club John 0413 276 698

Troubadour

Central Coast Folk, Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions 4th Sat 7pm CWA Hall Woy Woy 4342 6716

Political Groups

Australian Labor Party Political discussions, national, state and local government issues

Umina Ettalong Branch 2nd Mon Umina Beach Bowling Club 7.30pm 4342 3676

Ourimbah/ Narara Branch Niagara Park Primary School

7.30pm 1st Mon 0410 309 494 **Woy Woy Branch** Everglades Country Club

7.30pm 2nd Mon 0412 517 520 **Peninsula Day Branch** 1pm 2nd Mon CWA Hall Woy Woy 4341 9946

Central Coast Greens

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected 3rd Thur,

Service Groups

Lions Club of Woy Woy 1st and 3rd Mon. Woy Woy Leagues Club 0478 959 895

coast.nsw.greens.org.au

kersuehav@nhillinhouse.com.au **Rotary Club of Umina** Beach Wednesdays 6.30pm Everglades Country Club **Central Coast**

Goju-Kai Karate

Traditional Karate & Self

Defence for Teens & Adults

No Contracts, Cheap Rates Wamberal - Mon 630pm

Kincumber - Thurs 715pm

0417 697 096

ww.centralcoastgoju kaikarate.com.au

Woy Woy Judo Club

Mon & Fri -Beainners

From 4:30pm

Tue & Thur - graded classes

4:30pm - 8:30pm

27 Bowden Road Woy Woy

Min Age 3 years old 0434 000 170

Veterans

National Malaya

Borneo Veterans

Association

1st Sat (except Jan) 10am

Úmina Club

Melbourne Avenue

Umina Beach

4342 1107

Veterans' Help Centre

Assist all veterans &

families with pension &

welfare issues.

Mon & Wed 9am-1pm

4344 4760 Cnr Broken Bay

Rd & Beach St Ettalong.

Woy Woy Ettalong

Hardy's Bay RSL

Provide help with pensions

and welfare etc.

Shop 5/382 Oceanview Rd

Ettalong, Tues & Thurs 9am

to 1pm 4341 2594

Women's Groups

BPW Central Coast

Empowering women of all

ages in the areas of work.

education, well-being and

friendship.

All women welcome to attend

monthly dinner meetings.

Be enlightened. \$40 covers

two course meal and

speaker.

0438 989 199

ww.bpw.com.au/central-coas

Country Women's

Association Umina

2 Svdnev Ave

Branch Meetings

2nd Wednesday 10am

Craft & Friends

Wednesdays 9.30am

2nd and 4th Sundays

12.15pm 0416 193 070 - 4340 1746

Country Women's

Association Woy Woy

30 The Boulevarde, Woy

Woy

Craft & Friendship: 1st, 2nd

and 3rd Wed 10AM.

Meetings: 4th Wed 10AM.

Ph: 0411 434 785

woywoycwa@gmail.com

Gosford RSL

Women's Auxiliary

For women over 18 years. Raise money for welfare of

veterans and their families

RSL Club, West Gosford

4th Mon 2pm 4323 7336

Peninsula Women's

Health Centre

Counselling, therapeutic and

social groups, workshops,

domestic violence and

entralcoast@hotmail.com

eterans@bigpond.co

0409 245 861 **Rotary Club of**

Woy Woy

Tues 6pm Everglades

Country Club. Don Tee 0428 438 535 **Special Interest**

Bridge

Duplicate Bridge Mon Tue Thur Fri Sat-12.15pm & Wed 9.15am Brisbane Water Bridge Club, Peninsula Community Centre 93 McMasters Rd. Woy Woy -club.org

Cash Housie

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.

Central Coast Family History Society Inc. Resources, information & advice to study your family's history. 1st Sat 1pm Lions

Community Hall, 8 Russell Drysdale St, E. Gosford. 4324 5164

Central Coast

Tenants' Advice and Advocacy Service Help with issues with landiords & real estate agents? Free telephone advice and advocacy for all tenants and residents in residential parks. 4353 5515

Central Coast

Rescue Unit

Marine Education Courses.

Radio Licenses, Boat

Safety & Boat License

& PWC License Tests,

Navigation, Seamanship and

Meteorology.

4325 7929

www.vmrcc.org.au

Central Coast

Soaring Club Inc

Gliding Club, Learn to

fly, Instruction FREE to

members

Come and have an Air

Experience Flight

All Welcome

14 and up for Training

Flying at Bloodtree Road

Mangrove Mountain Thur,

Sat, Sun (weather permitting)

0412 164 082

0414 635 047

www.ccsoaring.com.au

Ettalong Toastmasters

We provide a supportive and

positive learning experience

in which members are

empowered to develop

communication and

leadership skills, resulting in

greater

self-confidence and

personal growth

2nd & 4th Tue, 7:30PM,

Ettalong Diggers

0408 416 356

Kincumber Neighbourhood Centre Bookings or inquiries 4307 9421

The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For seniors. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 3277

Parkinson's Support Group We aim to help individuals and their families better manage living with Parkinson's Disease Guest speakers are a regular feature of our meetings 2nd Tue - 1.30pm

1800 644 189

1st Thur - 1pm Room 3 Uniting Church Donnison St Gosford

4344 7989 or 4368 2214

Woy Woy Public Hospital Alliance To restore medical services previously available & upgrade to a standard that meets with local needs. 2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy 4344 4811

Make new friends and have fun while serving your community.

Rotary Clubs International service club improves lives of communities in Aust. & o/ seas. Fun-filled activities, fellowship and friendship. **Rotary Club of Kariong** Phillip House, 21 Old Mount Penang Rd, Fri 7.15am

4340 4529

Peninsula **Environment Group** Environmental projects (incl. Wovtopia). Woy Woy community garden, social events, workshops, organic food

buying group

abuse issues. All services by women for women 4342 5905

If you would like your Community Organisation listed here, see www.duckscrossing.org or www.centralcoastnewspapers.com for the forms or contact Central Coast Newspapers on - 4325 7369

Entries in the Not For Profit Community Organisations Directory are free. However, we require each organisation to subscribe to each newspaper to ensure that someone from that organisation keeps their entry up to date. Subscription rates are \$75 for 25 editions.

Out&About

Senior coach wins Major Singles Community association

Everglades Men's Bowling Club Major Singles competition has been won by Steve Guilmartin in a competitive game against previous winner Andrew McDonald.

Guilmartin has won the Major Singles at Everglades in 2016 and has also been having success in zone championships over the last

few years.

"Steve is our senior bowls coach and selector for our pennant teams," said club publicity officer Mr Brian Dolan.

The other championship completed was the Minor Pairs event, won by Gary Clarke and John Gibbon who had a comfortable win over Kane Guilmartin and Don McFarlane.

"In the next few weeks, the

NSW bowls Pennants competition commences and Everglades men bowlers will field two sides in this competition.

"Both sides have tough draws against teams from Gosford City, Ettalong, Davistown RSL, Woy Woy, Mooney and Umina Beach,' Mr Dolan said.

SOURCE: Media release, 21 Apr 2018 Brian Dolan, Everglades Men's Bowling Club

to hold annual meeting

The annual meeting of Killcare-Wagstaffe the **Community Association will** be held from 7:30pm in the Wagstaffe Hall on May 14.

The meeting will provide residents and association members the opportunity to discuss key issues of concern and plan for the future of the association and its vision, goals and activities.

Association president Ms Peta Colebatch said of interest to the meeting would be the recent inclusion of Killcare in the Mobile Black Spot Program.

"Killcare is receiving funding for a Telstra macro base station to provide improved coverage to areas of Killcare, Killcare Heights, Hardys Bay and Wagstaffe," Ms Colebatch said.

"Minister Regional Communications Ms Bridget McKenzie said construction of the new mobile phone towers will get underway soon.

"We welcome progress with this important issue, tempered however by our concern that the proposed single macro tower not be obtrusive in our special natural landscape.

"As many of you will know we had made strong representation calling for a number of unobtrusive micro towers rather than a single large tower.

"The proof will be in the execution and we hope against hope that our fears will prove groundless," Ms Colebatch said.

SOURCE: Media release, 20 Apr 2018 Peta Colebatch, WTKCA

Girl Guides annual meeting

The Girl Guides Blackwall Unit held its annual meeting on Monday, April 6.

The meeting was attended by Woy Woy Rotary Club members Mr Don Tee and Ms Susan Tee.

Blackwall Girl Guides district manager Ms Belinda Player

presented Mr Tee with a certificate of appreciation for Woy Woy Rotary's support for the Girl Guides throughout the year.

This included donating funds to enable the girls to attend the annual Jamboree.

Three Senior Guides gave an

overview of the year and an outline of activities.

A group of Junior Guides presented a skit demonstrating some of the pursuits they had participated in.

SOURCE: Newsletter, 23 Apr 2018 Don Tee, Rotary Club of Woy Woy



Monday, May 7

Embedding a Culture of Improvement QIP Quality more presented by and Engaging Curriculum Solutions, Everglades Country Club, 9:00am to 3:00pm, ticketed event

Wednesday, May 9

Toddler Yoga, Umina Beach Yoga, 234 West St Umina Beach, 9:30am to 10:15am, ticketed event

A Night with Hope Estate, Sounds on West Umina, 6:30pm to 9;30pm, bookings essential

Thursday, May 10

Alcoholics Anonymous Open Meeting, Uniting Church Hall Ettalong, 12:30pm

Saturday, May 12

Broken Bay Scout Group's Annual Mother's Day Flower Stall, Ettalong Scout Hall, 8:00am

Ettalong Diggers, 3:30pm, ticketed event

Monday, May 14

Blackwall Girl Guides Come and Try Night, Ettalong Guides Hall, 5:00pm to 7:30pm

Friday, May 18

Live music: Big Way Out, Ettalong Bowling Club, 8:00pm to 11:45pm

Saturday, May 19

Woy Woy Hot Sauce Fiesta presented by the House of Chilli Sauces, Scoville Hot Tropicana Pizza Pizza Restaurant Woy Woy, 1:00pm to 5:00pm

Health Gut Kickstarter Workshop Umina Beach, 11:30am to 4:00pm, tickets essential

Sunday, May 20

Woy Woy Workshops DIY Monogram décor hosted by

Peninsula Recreational Precinct,

Live music: Andrew G, Club

Thursday, May 24

Community Coast Connections Australia's Biggest Morning Tea, 93 McMasters Rd Woy Woy, 10:00am to 12:30pm

Friday, May 25

24 Hour Treadmill Challenge, Anvtime Fitness Woy Woy, 3:00pm to 3:00pm Saturday, May 26, ticketed event

Saturday, May 26

Ettalong Masters Swimming BPS Meet, Peninsula Leisure Centre, 9:00am to 4:00pm, ticketed event

The Three B's concert, Country Everglades Club. 8:00pm to 11:00pm, ticketed event

Thursday, May 27

Live music: Sarah Paton, Club Umina, 2:30pm to 5:30pm

Wednesday, Jun 6 Ettalong Public School 90th

Peninsula directory of services, contacts and support groups Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000 Police Assistance Line 131 444 Crime Stoppers 1800 333 000 Woy Woy Police Station 4379 7399 Gosford City Council 4325 8222 Marine Rescue NSW -SES - Storm and Flood **Aboriginal & Torres Strait Islander Organisations**

Aboriginal Home Care 4321 7215 Drug & Alcohol rehab 4388 6360 Accommodation

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4325 3540

Rumbalara Youth Refuge 4325 7555 Samaritans Youth

Services 4351 1922

Woy Woy Youth Cottage 4341 9027 Animal Rescue

Health Poisons Information 131 126

Ambulance Text Mobile 106 Ambulance GSM 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114 After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy Service 4353 5515 Woy Woy Court 4344 0111 Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

Problems, **Habits & Addiction**

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524 **Professional support** phone services:

Mental Health Line 1800 011 511 Beyondblue 1300 224 636 Domestic Violence Line 1800 656 463 Lifeline 13 11 14 Kids Help Line 1800 551 800 Griefline 1300 845 745 Suicide Call Back Service 1300 659 467 Taxi 131 008 Busways 4368 2277 City Rail 131 500 Welfare Services Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 Department of Community Services Gosford 4336 2400 The Salvation Army 4325 5733 Samaritans Emergency Relief 4393 2450 St Vincent De Paul Society HELPLINE 4323 6081

Energy Australia 13 13 88 Gas Emergency 131 909 Central Coast 4325 7929

Emergency 132 500

Mingaletta 4342 7515

Pacific Link Com Housing 4324 7617

Youth Angle • Woy Woy 4341 8830

Wildlife Arc 4325 0666

Australian Comedy Festival, Ettalong Diggers, 8:00pm, tickets essential

Sunday, May 13

Live Music: Jamie Lindsay, Club Umina, 2:30pm to 5;30pm Mother's Day Lunch Buffet, Club Umina, 11:15am, bookings essential

Menopause the Musical,

Close To My Heart Independent Consultant Debbie Krantz, Everglades Country Club. 10:00am to 4:00pm Umina Beach Markets,

Umina, 2:30pm to 5:30pm

9:00am to 2:00pm

Birthday Celebrations, Ettalong Public School, 9:00am

Saturday, Jun 9

Exploring Early Childhood Theory and Approach presented workshop by Engaging Curriculum Solutions, Club, Everglades Country 10:00am to 4:00pm, tickets essential

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Wires 1300 094 737 **Community Centres** Peninsula Community Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484 Transport Counselling Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118 Family and Relationships Centacare Gosford 4324 6403 Central Coast Family Support Service 4340 1099 Horizons (For men with children) 4351 5008 **Uniting Care Burnside** Gosford 1800 067 967

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A mono 5cm advertisement only costs \$33. Each

From \$35 hour.

venue.

additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST – Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently



0410 404 664

Classifieds



Affordable Roof Renovations Solutions - Brad First Premier Sedgewick Ettalong

Samantha Hague, Trading as By the Electrical Service Bay Takeaway

& Furnishings - Steve McGinty, Wyoming Menhir Tapas & Bar PTY LTD Dean Lampard - Trading as Lampard Painting Sharon Upton -Pretty Paws Pets and Skaterinas Callum McDonald - Trading as Sunset Decks · Linda Smith, Bookkeeper Horsfield Bay Robcass Furniture Removals, Mannering Park Emma Knowles -Blacksmith NSW

Ph: 0421 011 622

ELEGANT DINING SUITE.

200 series GXI Petrol Silver Tasmanian Oak Timber Four

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Depp Studios -Formerly of Umina • High Thai-d Tony Fitzpatrick Restaurant of trading as Futurtek Umina Beach Roofing Stan Prytz of ASCO Bre Concreting Andrew and **Peter Compton** Bruce Gilliard Roofing of Empire Bay **Jamie McNeilly** formerly of Jamie's The Fish Trap Lawn Mowing, Woy Woy William McCorriston of Complete Bathroom Simon and

of Umina Beach **Empire Bay** Rick Supplice of Ettalong Beach, Trading as Rick's Mal's Seafood & Flyscreens **Charcoal Chicken** Mountain Mutts of Ettalong Beach - Monique Leon, Simon Jones - All Ettalong Beach external cleaning • RJ's Diner - Ryan and sealing services Tindell of Woy Woy • Erroll Baker, former Thomas James barber, Ettalong Clinton, Trading as TMA Products • Tye King - Formerly & AthroBalm & Ettalong Beach Effective Business Jessica Davis of Solutions of Ettalong Erina - Trading as Greenultimate A1 cleaning services Solar PTY LTD Decorative Fabrics

Sport



Frigid Digit Alumni Garry Catlett, John McKell, Tony Hester and Julian Hofer

Frigid Digits to host winter championships

The Killcare Frigid Digits Winter Swimming Club has been chosen to host year's this Northern **Districts Winter Swimming** Championships.

The swimming carnival will be held at the Peninsula Leisure Centre Woy Woy on July 1.

There are nine clubs involved with more than 200 competitors.

The clubs are Port Macquarie Forster-Tuncurry Walruses, Mudcrabs, Stockton Jellyblubbers, Newcastle Pirates, Merewether Mackerels, Dixon Park Coldies, Tuggerah Tuffs, Umina Blue Swimmers and the Killcare Frigid Digits.

The events are in age groups from over 85 years down to over 18 years in open 50 metre races.

Age related relay events are also contested

These Championships are an all-male competition which have been contested annually for over 45 years.

Killcare has successfully hosted these Championships on previous occasions.

The Frigid Digits were formed and affiliated with the Winter Swimming Association in 1976.

"Since inception we have always been a family club having senior active male, female, kids

0153 0.38

and associate members." said club president Mr Ron Malcolm.

"Our season runs from April to the last Sunday in August.

"We swim every Sunday during the season at Putty Beach, Killcare, in the ocean over 30 and 50 meter distances on handicap times.

"New members are most welcome to join in the fun and competition," Mr Malcolm said.

This year, as in the past, members who are not competing assist with officiating at the carnival.

All clubs that are competing are not-for-profit organisations and only exist through membership fees and raffles.

"It's a fine line in breaking even after meeting the various costs involved in conducting these Championships.

"Should any business wishing to become a sponsor by way of a cash donation or give a voucher for raffle purposes we would be very appreciative," Mr Malcolm said.

SOURCE: Media release, Apr 30 Ron Malcolm, Frigid Digits Winter Swimming Club

Rugby players represent **Coast in** championships

A number of Woy Woy rugby players represented the Central Coast during the NSW Country Rugby Championships held in Warren over the last weekend of April.

The highlight of the championships was the performance of the Senior 1st XV who won both their matches over the weekend to become NSW Country Champions.

On the first day, Central Coast played Far North Coast and were convincing winners by 36 points 21.

Although Far North Coast came back at the Central Coast team in the second half, the lead of 33 points to seven at halftime had all but secured the win.

The big win sent the Central Coast into the final of the Richardson Shield on the Sunday. They were to meet the local

team Western Plains. In front of a big crowd, the match saw Central Coast take control from the opening whistle.

The team led by 33 points to nil at halftime and the team had silenced the home crowd.

Central Coast went on to win by 47 points to 19.

It was an exceptional win on the scoreboard but it was at the same time a hard physical match.

Ethan Church, Sione Fauna,

Mitch Leonard and Nick Moors all represented Woy Woy in the Colts team

The Central Coast Colts had a tough couple of days.

They improved greatly as the weekend progressed but were unable to trouble either of their opposition teams.

They lost easily to Central West on the Saturday by 44 points to 7.

It was a far more concerted effort on Sunday, and although the score against Illawarra was locked at 17 points all at halftime, they went on to lose by 38 to 22.

In the Women's 7's, Woy Woy was represented by Madelaine Thomsen, Megan Stokie, Holly Johnstone and Aliyah Rodominski.

The Women 7's had a wonderful campaign.

The team played five matches over the weekend, winning three.

They were the unlucky team at the Championships but did play very good rugby.

The team finished fifth at the Championships and performed very well.

Two very close losses on the first day prevented them from reaching the semi-finals on day

Woy Woy did not field any players in the Seniors team.

SOURCE: Media release, 1 May 2018 Larry Thomson, Central **Coast Rugby Union**





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SUN	1232 0.43	MON	1311 0.40	TUE	1352 0.39
	1853 1.73		1933 1.84		2016 1.93
16	0242 0.32	17	0333 0.29	18	0427 0.29
	0844 1.60		0936 1.55		1031 1.50
WED	1436 0.41	THU	1522 0.45	FRI	1613 0.51
	2101 1.99		2149 2.00		2240 1.98
19	0524 0.32	20	0625 0.37	21	0033 1.83
	1130 1.44		1231 1.40		0729 0.41
SAT	1706 0.58	SUN	1806 0.65	MON	1338 1.39
	2334 1.91				1914 0.70
APPROX. TIME LAG AFTER FORT DENISON					

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15

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Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min In view of the variations caused by local conditions and meteorological effects, these times are approximate and nust be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation Actual times of High and Low Water may occur before or after the times indicated

Sport



Umina's Under 17 Male Surf Team



Jemma Smith has dominated the 2018 Aussie Opens

Umina sends 28 athletes to life saving championships

Umina Surf Life Saving Club sent 28 athletes to compete at the 2018 Aussie Surf Life Saving Championships held at Scarborough Beach WA in April.

The team consisted of 14 Seniors, four Youth and 10 Masters competitors who battled it out in a variety of events.

Overall, Umina managed 10th place in the final pointscore in a competition that pitted 6000 competitors from across 311 surf clubs against each other over nine action packed days that saw over 450 events.

There were some impressive performances across the board by local clubbies, but no could come close to Umina's surf sport superstar, Jemma Smith, who dominated the Under 19 Female Open category, even being named the Female Competitor of the Carnival, one of the Aussies highest honours, for the second time.

Smith's surf lifesaving star has been on the rise for years and the young athlete is showing no signs of slowing down, having won nine medals during the Open.

Smith secured two gold medals the Under 19 Champion

Single Ski, Under 19 Board Race and the Board Relay; and earned three bronzes in the Under 19 Taplin Relay, the Rescue Tube Rescue and Surf Race events.

Smith shares one silver and two bronze medals with long time teammates, friends and fellow Umina clubbies, Mimosa Henderson, Jazmyn Rodwell and sister Bronte Smith.

In all of her solo events Smith shined, never placing outside of the top seven positions in any of her heats or finals.

Other Umina Clubbies who medalled at the Aussies included: Kirsten Miller who returned home with a gold in the Under 17 Champion Lifesaver and Mollie Murphy who returned with a bronzer in the Under 19 version of the same event.

Blake Hessell secured a silver in the Under 17 Ironman.

Bronte Smith and Hannah Murphy took out silver in the Under 17 Mixed First Aid and Jack Sloane and Bethwyn Caller claimed a bronze in the Under 15 Mixed First Aid

Caller and Sloane are the Club's first ever members to medal in the Under 15 Mixed First Aid event. Hessel, Lachlan Braddish,

with husband and wife duo, Jason and Allison Tucker bringing home four medals.

Jason won gold in the 44-49 Years 2km Beach Run and Allison won gold in the 40-44 Years Flags.

She also took out bronze in the Beach Sprint and joined fellow competitors Debbie Braddish, Richelle Ingram and Julie Jowett to claim bronze in the 200 Years Beach Relay.

The 40 Plus Champion Lifesaver event saw gold go to Kerry Armstrong Smith and silver to Christine Bishop.

Some near podium finishes from Umina also prove the Club's roster is one to look out for in upcoming events, with Lachlan Braddish finishing fourth in both the Under 17 Male Surf Race and Under 17 Male 2km Ocean Swim grand finals.

Tom Rodham also got close to the podium with a fifth place finish in the Under 15 Male Champion Lifesaver and a sixth place in the Under 14 Male Beach Flags.

Some of the Masters also got agonisingly close with Ingram and Jowett recording fourth place finishes in the 45-49 Female Beach Flags and 55-59 Beach Flags respectively.

Umina may have been the Peninsula's biggest success story at the Aussies but Killcare and Ocean Beach Clubs' also gave the championships a red hot go.

The best result for Killcare went to Mitchell Hayter who placed sixth in the Under 19 Male 2km Beach Run.

Ocean Beach competitors made it to the grand finals in five events and medalled in four of them, with Phillip Tubby taking out gold in the 55-59 Years Beach Flags.

Tubby also secured a bronze medal in the 55-59 Beach Sprint and a silver in the 230 Years Male Beach Relay, where he was joined on the podium by fellow Ocean Beach clubbies and relay partners Peter Quick, Warren Peters and Darren Peters.

Britney Van Aalderen, Jaclyn Ross, Indigo Verhoeven and Lara Reineker also brought home a gold medal in the Reserve Grade Female Surf Boat event.

SOURCE: Website, 2 May 2018 SLS AUS 2018 Aussies **Results page Reporter: Dilon Luke**



Lifesaver and Under 19 Single Ski events

Smith locked down four silvers in the Under 19 Ironwoman, Open Brock Ray and Lachlan McLeod also brought home a bronze in the Under 17 Male Surf Team event. The Masters also performed exceptionally well at the Aussies,

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 May 21st to 25th June 2018

 Tuesdays
 10.30am - 11.30am
 June 26th to 31st July 2018

 Thursdays
 12.30pm - 1.30pm
 June 28th to 2nd August 2018

 Saturdays
 09.00am - 10.00am
 May 19th to 23rd June 2018

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