

Woy Woy Sporties plan resubmitted

A proposal to redevelop the Woy Woy Sporties bowling club on the corner of Brickwharf Road and North Burge Road has been amended and resubmitted to Central Coast Council.

The amended application, submitted by Woy Woy Holdings Pty Ltd, owners of the club, has already stimulated opposition from the club's residential neighbours who intend to mount a concerted campaign to stop it from going ahead.

Brick Wharf Rd resident Mr Ross Cochrane said he had already written to all 15 councillors to voice his concerns about the development.

The latest proposal has reduced the number of seniors' housing units from 87 to 63, spread over four storeys instead of five.

Mr Cochrane said he, and his neighbours, believed the proposal was "exactly the same but one level less so barely any difference".

"There are so many questions about the new application," Mr Cochrane said.

"The proposal released a couple of months ago showed the land as zoned RE2 but in the letter we received from Council on Monday, October 23, it has been rezoned R2 so I have asked for clarification of how that can happen," he said.

According to documents submitted in support of the proposal, the site is zoned RE2 Private Recreation and R2 Low Density Residential.

"It has also been my understanding that the front diagonal half of the bowling greens has always been Council-owned land leased to the club until 2027 but the developer has now put in an application that shows residential units on that land so how could it have been sold if it was community land?"

"I am not opposed to development but not four storeys and at least keep one bowling green for the community.

"We have so few community facilities left, I would hate to see another public facility gone



An artist's impression of the residential flat buildings

because it won't be rebuilt.

"The club was originally built on community land but then it got into financial trouble and the current owner purchased it for little more than land value," he said.

The latest proposal was submitted to Council on October 16 and given a value of just over \$30.3 million, down from \$37.2 million.

The redeveloped site would include seniors' housing independent living units, a new Woy Woy Sporties Club, retail tenancies and a basement car

park with 136 spaces.

The site would include two residential flat buildings and one mixed-use building with shared basement carparking and a basement bowling green.

The gross floor area of the existing building is 1235 square metres and the gross floor area of the proposed new building would be 9905 square metres, according to the application to Council.

A report lodged on behalf of the developer in support of their plans said: "The proposal is an opportunity to invest in and

upgrade the existing site and will complement recent growth and development in Woy Woy.

"The development responds to population growth and the need for additional, high quality accommodation for seniors in proximity to the town centre of Woy Woy," the report said.

"The proposal is compatible with recent infill development and the desired future character of the area."

The developer has also argued their proposal would stimulate the local economy, complement

nearby commercial developments and provide employment opportunities during and after construction.

The owner proposes to retain the Sporties Club as part of the new development, arguing that it has been trading at a loss.

"The proposed redevelopment will therefore enable retention of the club within a new building and ensure its long term financial viability through the co-location of compatible seniors housing and cafe tenancies," the report supporting the proposal said.

"The proposed Woy Woy Sporties will be orientated to the north east with views towards Brisbane Water and the Lions Park.

"The proposal will include a bistro, auditorium, entertaining areas, deck and 'all-weather' bowling green.

"The club will be accessed from North Burge Rd and will have facilities to accommodate 350 people.

"The proposal is setback from the waterfront and will not cause substantive view loss or privacy issues for nearby residential developments."

The proposal includes five retail tenancies and associated bathrooms which, according to the developer, were approved by Gosford Council in December 2014.

According to the report submitted in support of the development, the maximum building height will be 14.3 metres and the Council has not adopted a maximum building height for the site.

However, some of the land is located in a zone that has a maximum building height of 8.5 metres.

The developer held a Pre-DA meeting with Council officers prior to submitting their local application but the minutes from that meeting have not been made available to the public.

SOURCES:

Interview, 25 Oct 2017
Ross Cochrane, Woy Woy
Gosford DA Tracker
website, 25 Oct 2017
DA53119/2017

Reporter: Jackie Pearson



The existing bowling green looking north west

THIS ISSUE contains 52 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

Central Coast

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News

Peninsula News

Peninsula News is a fortnightly community newspaper owned by **Woy Woy Community Media Association Inc.**, an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

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2017/18 Membership Application

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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Back to near average rainfall

Almost 25mm of rain fell on the Peninsula on Friday, October 27, pushing the total rainfall for the month back towards average after a dry start.

The trend of three consecutive months with total rainfall of less than 10mm was broken on October 20 when the Peninsula received 4.3mm and 13.1mm on October 21, according to Mr Jim Morrison of Umina's rainfall data.

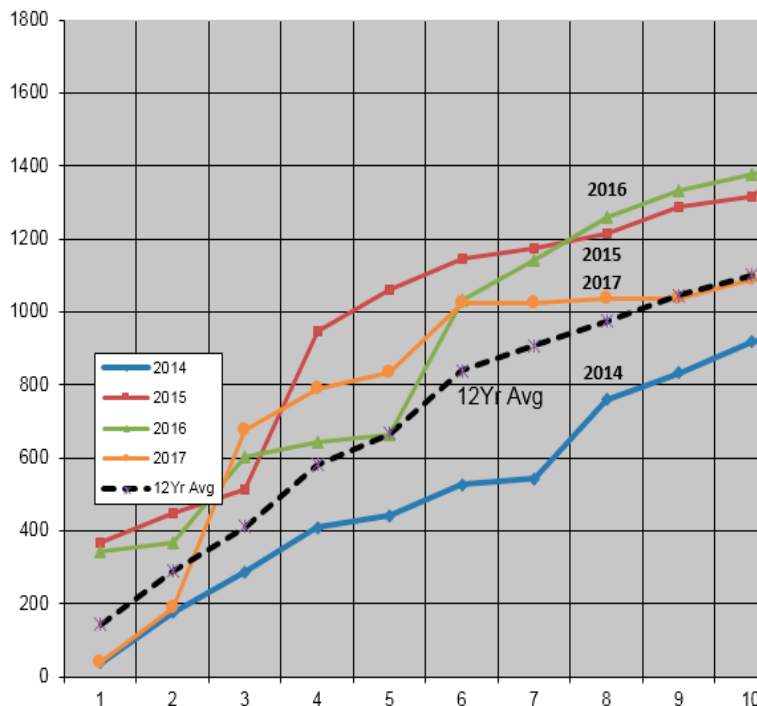
The intense storm that passed over most of NSW on October 26 reached the Peninsula in the early hours of October 27 and dumped 24.7mm accompanied by a stunning lightning display and even some hail.

Total rainfall for the month of October was back up to 52.7mm by October 27, just 3.3mm below the monthly average of 56mm, according to Mr Morrison.

SOURCE:

Rainfall data, 27 Oct 2017
Jim Morrison, Umina

Cumulative Monthly Rainfall by Year



YOUR CHANCE TO WIN

NC Images and Peninsula News would like to offer readers a chance to win a limited edition Noel Fisher photograph of their choice valued at \$320.

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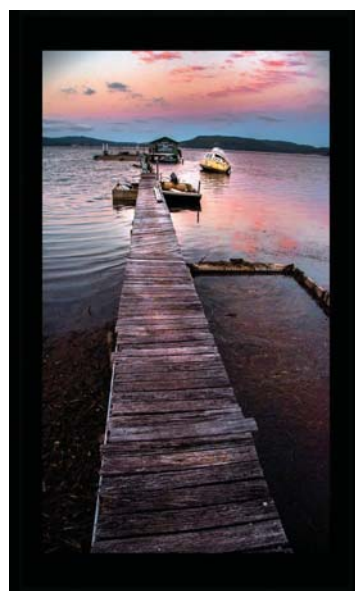
Mr Fisher said photography as art is also about recording

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For your chance to win a Noel Fisher limited edition original, write your name, address and daytime phone number on the back of an envelope and mail it to NCImages Peninsula News Competition, PO Box 1056, Gosford, NSW, 2250 before 5pm on Thursday, November 9.

The winners of the Peninsula News Allo Allo competition were John Addley of Point Frederick and Graham Parker of Terrigal.



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New timetable is 'bad news'

The new rail timetable is "bad news" for Woy Woy commuters, and more is still to come, according to Member for Gosford Ms Liesl Tesch.

No new services were added in the new timetable, but an extra stop – at Burwood – has been added to the trip.

This is before the North West Link will close the North Shore line to Central Coast trains, which is yet to be announced.

Ms Tesch said train commuters to Sydney would not see any new train services on the "bulging" Central Coast and Newcastle line.

"This is despite many services nearing 100 per cent capacity by the time they reach Woy Woy," Ms Tesch said.

"This is just more bad news from the Liberal Government that doesn't care about the Central Coast, and has left the regions commuters behind," she said.

"It seems no consideration was given to the Central Coast, and the increasing need for train services for our commuters.

"The Liberal Government has been working on this new timetable for close to five years, but obviously not long enough to make sure the Coast gets our fair share."

Ms Tesch said she had questioned the NSW Minister for Transport, Mr Andrew Constance,

about the fact no new services were added, "even to the packed 5:08am service from Woy Woy".

Ms Tesch said that adding Burwood to the stopping pattern of Central Coast Line trains showed just how out of touch the Government was.

"Including Burwood shows that Central Coast commuters are not even the priority on our own rail line.

"While it may only be a couple of minutes extra per trip, the bigger problem is that the Government is willing to pack more passengers onto trains that are already full when they get to Burwood because the Inner West Line is also at capacity.

"The Liberal Government is shuffling the deck chairs on the Titanic.

"Without proper attention and investment in additional trains and services, the whole system might just sink."

The unknown quantity in the new timetable discussion is when the North Shore Line will become a no-go zone for Central Coast commuters with the commencement of the North West Metro link, forcing local passengers to change at Hornsby for North Shore Line services, Ms Tesch said.

SOURCE:
Media release, 24 Oct 2017
Richard Mehrkens, Office
of Liesl Tesch MP



Liesl Tesch awarding Christine Burge her Community Service Award at Mary Mac's Place

Christine Burge wins award

Mary Mac's Place co-ordinator Ms Christine Burge has been recognised for her work supporting vulnerable local residents after receiving the NSW Government Community Service Award.

Member for Gosford Ms Liesl Tesch congratulated Ms Burge: "Words can't express how grateful our community is for the work done by this amazing woman.

"I couldn't think of anyone more deserving.

"Christine works tirelessly to support and care for those who are less fortunate in our community.

"Without Christine and Mary Mac's Place, more local people would be going without food or clothing, and more people would be sleeping rough each night.

"Mary Mac's Place would not survive without the hard work of Christine and her team of volunteers."

Ms Tesch said Mary Mac's offered food, assistance, advice, and access to services for disadvantaged and homeless people living on the Peninsula.

A team of volunteers serves up 100 meals per day, five days a week, using quality ingredients generously donated by the

community and local businesses from the Ethel Cox Centre in Woy Woy.

"Mary Mac's Place is a vital local service that wouldn't be possible without the tireless work of Christine," Ms Tesch said.

If you or anyone you know would like to nominate a hardworking community member, contact the office of Liesl Tesch MP, Member for Gosford on 4342 4122 or at Gosford@parliament.nsw.gov.au to find out how.

SOURCE:
Media release, 25 Oct 2017
Richard Mehrkens, Office
of Liesl Tesch MP

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Objectors believe they will be disadvantaged

A group of Booker Bay residents believe they will be significantly disadvantaged by a council policy that is likely to prevent them having a planning proposal dealt with at a public Council meeting.

The proposal is to demolish an existing waterfront house at 372 Booker Bay Rd and replace it with a flat building consisting of four, two-storey units each with three bedrooms.

The Booker Bay residents who believe the proposed flat building would be completely out of character in their neighbourhood have written to newly-elected Councillors and presented a 100-signature petition but they are still not certain their grievances will result in the approval of the project being referred to a Council meeting.

Following the amalgamation of Gosford and Wyong Councils, the administrator of Central Coast Council adopted a policy requiring 50 substantive objections to be lodged before a proposed development could be referred to an ordinary Council meeting for debate.

Mr David Hewitt, who lives in the cottage between the site of the proposed flat building and the road said the developer had changed the plans after surrounding neighbours



A photo montage of the flat building with cottage at the front

made seven submissions to Council.

"The drawings changed marginally but they are hardly any better and every landowner around the site is furious," Mr Hewitt said.

"None of us objects to something going on there but this is a little over the top," he said.

According to Mr Hewitt, residents heard about the proposal second-hand and not by council advising potentially-affected property owners.

He said he also had concerns about information he had received from Council officers over the phone, including the notion that setbacks in NSW Government

planning regulations were "guidelines only".

"I have waited three days for town planners to return my calls and I have spent \$800 on a computer-aided design drawing to fix an encroachment onto my property," he said.

Mr Alf Quinten, who purchased the house on the other side of the proposed flat building in December, said the proposal would "not be in keeping with what we have got here".

"It took us two and a half years to find what we have got, a waterfront home.

"Every other resident in the area is a retiree and this commercial

building will mean we do not have the serenity we have now.

"We have all put in submissions and so far we've just got an acknowledgement," he said.

Mr Quinten said he agreed with his neighbour that the revised plans did not improve the proposed building.

"We think it is worse.

"We have been told it is not going to be any bigger than a large house but there is no other house in this vicinity with 12 bedrooms," he said.

"The developer paid \$2.2 million for a knock-down house and proposes to spend \$958,000 on the flat building which is under

the \$1 million threshold where they would have to start making developer contributions to the Council," he said.

Mr Quinten said, as a result of writing to the newly-elected councillors, the residents had received several helpful responses, including from Cr Richard Mehrrens and deputy mayor Cr Chris Holstein.

"The deputy mayor said he agreed with all our concerns and the proposal exceeded what should be built in this area but they promised no action other than agreeing with our concerns," he said.

"When we delivered the petition to Council, we were given another set of revised drawings that we hadn't received before and the deadline for submissions was October 25.

"We also had difficulty making submissions online by the deadline and the Council finally agreed it was a fault with their link but we did not get a deadline extension," he said.

By October 25, 19 submissions had been registered with Council regarding the development.

SOURCES:

Interview, 26 Oct 2017

Alf Quinten, Booker Bay

Interview, 16 Oct 2017

David Hewitt, Booker Bay

Website, 26 Oct 2017

Gosford DA Tracker DA52610/2017

Reporter: Jackie Pearson

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4 Racecourse Rd, Gosford West



Community event to support family of Blair Dalton

A community event to support the family of domestic violence victim Blair Dalton and to protest against domestic violence will be held at Woy Woy Oval on Sunday, November 26.

The Blair Dalton Day: Domestic Violence needs to Stop was announced by Member for Robertson Ms Lucy Wicks in Federal Parliament.

"Last month, our community wept together as we heard about the sudden death of Ettalong resident Ms Blair Dalton," Ms Wicks said.

"Blair died after she was strangled by a former partner, who has also since died, in custody," she said.

"As the tragic and senseless news broke, hearts across the Coast also broke.

"Like everyone in our community, I was devastated, and my heart broke for Blair's family, her young son, her friends and her colleagues.

"Our community on the Central Coast is a tight-knit one, and so

many people feel like family, even if we don't know them personally.

"Blair's family are closely connected with the Woy Woy Roosters Rugby League Football Club.

"In the days after this tragedy, the club set up a committee very quickly to host a charity event designed to raise funds to help.

"Together they've been working with Central Coast Council on a significant community event, one that I'm honoured to be able to announce today."

The event will be open to all members of the public and will be a community picnic.

"I'd encourage families from across the Central Coast to come along and join with our community at Woy Woy Oval to say with determination that domestic violence must stop.

"With events like this, I see the Central Coast reaching out to a devastated family to let them know that they're not alone," Ms Wicks said.

SOURCE:
Media release, 19 Oct 2017
Tim Sowden, Office of
Lucy Wicks MP



A Clean4Shore excursion on Brisbane Water (inset) The Clean4Shore team with their award

Clean4Shore is chosen for National Landcare Awards

The volunteer program that clears rubbish from the Brisbane Water foreshore, Clean4Shore, has been chosen as the NSW Grand Champion and state representative at the National Landcare Awards.

Clean4Shore was one of the three NSW Champions chosen in the Coastcare category and will now be the NSW representative in that category at the National Landcare Awards in 2018.

Clean4Shore teaches children and adults how to keep the waterways and foreshores clean, according to co-ordinator Mr Graham Johnson.

"We have created a winning

formula for retaining taught knowledge in the community by enabling participants to receive practical, hands-on experience taking volunteer groups on excursions removing tonnes of garbage via inflatable rescue boats and oyster barges," Mr Johnson said.

"These excursions target specific problem areas for the region and provide much-sought-after relief for our marine environment to thrive again," he said.

"Clean4Shore is about educating while doing the clean up and clear out of pollution from our foreshores and mangroves.

"Local schools and businesses

can take part in our educational excursions that will impact themselves, their environment and their community," he said.

According to the notes from the Landcare Awards, Clean4Shore's history of successfully engaging with community groups including schools, youth, disability, disadvantaged and the corporate sector was one of its competitive strengths in the judging.

The awards were announced at the NSW Landcare and Local Land Services Conference in Albury on Thursday, October 26.

SOURCES:
Website, 26 Oct 2017
Graham Johnson, Clean4Shore
Media release, 26 Oct 2017
Chris McCulloch, Landcare

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News



Blue-ringed octopus found at Lions Park

A blue-ringed octopus has been found in Brisbane Water off Woy Woy's Lions Park.

Central Coast Outriggers Canoe Club president Ms Virginia Westerson said a club member had unknowingly picked up one during a recent paddle.

"After returning from a paddle off Lions Park, Woy Woy, one of our members noticed a small brown octopus swimming in the shallows near his canoe," Ms Westerson said.

"He picked it up and then proceeded to show the octopus to

other club members."

Ms Westerson said: "I looked at the octopus and immediately recognised the traits of a blue-ring, especially after it started to turn electric blue.

"I instructed our member to immediately get rid of the octopus, which he thankfully did," Ms Westerson said.

"It was only because of a recent radio program covering the high number of Blue Rings in the Brisbane Water area that I was able to recognise it.

"Please be aware that they are about and if you see any interesting fauna in our waterways

do not try and pick it up unless you have a good reason to do so," Ms Westerson said.

She said known Peninsula habitats for the blue-ringed octopus include weed beds in Ettalong Channel, Fishermen's Wharf and the boat ramps at Woy Woy, Umina Beach Rock Pool and Patonga Beach.

The blue-ringed octopus normally appears brownish-yellow or orange and will display its vivid blue rings when it feels threatened.

SOURCE:
Website, 25 Oct 2017
Virginia Westerson, Central Coast Outriggers Canoe Club

Trees groups meet with councillors

The mayor and deputy mayor have met with members from the Council for the Trees outside the Gosford Chamber of Central Coast Council on Monday, October 23.

The Council for the Trees brought together environmental campaigns from across the region to remind the recently-elected councillors that environmental protection was high on the community's list of priorities.

One of the rally's organisers, Ms Sue Chidgey, who headed up the successful Save Gosford's Reserves campaign in 2016, said

at least eight different groups were represented.

Grow Urban Shade Trees was one of the Peninsula groups that was represented along with local Greens Central Coast representative, Ms Kate da Costa, of Umina.

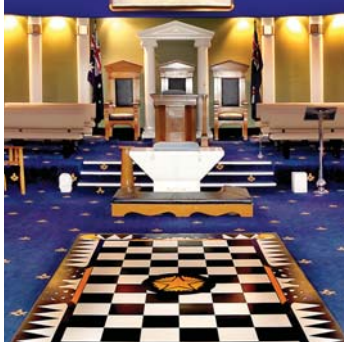
Mayor Cr Jane Smith and deputy mayor Cr Chris Holstein both spoke with event organisers.

"It was heartening seeing the different groups talk to each other and a sense of solidarity was evident," Ms Chidgey said.

SOURCE:
Media statement, 23 Oct 2017
Sue Chidgey, Council for the Trees



Cr Chris Holstein and Cr Jane Smith at the Council for Trees gathering



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Choice, 22 June 2017



Oyster Festival returns

The Ettalong foreshore will see the return of the Brisbane Water Oyster Festival on Sunday, November 12.

The festival's most popular event "How many oysters can you eat in 30 seconds" will also return.

Kids Zone this year will include horse riding and face painting.

The Brisbane Water Oyster Festival was established in 2000

by the Peninsula Chamber of Commerce to showcase the waterways of the Woy Woy Peninsula.

The annual Oyster Festival is on the second Sunday of November each year at Ettalong Beach.

The day features a variety of food, art and craft stalls, wines from the Hunter Valley and a newly-introduced art show at Ettalong Diggers Club.

The day commences with a full program of live entertainment from 9:30am, with Fabba and Akinga performing throughout the day.

The festival is now being promoted as "a part of the Wyong Lakes Festival presented by Central Coast Council".

SOURCE:
Media release, 24 Oct 2017
Rachele O'Reilly, Impact Exhibitions and Events

College students to be part of regional council meeting

Students from Brisbane Water Secondary College Umina Campus will be part of their own regional council meeting when Central Coast Council holds its annual Future Council meeting.

Run with the Rumbalara Environmental Education Centre, the meeting will be for Years 9 and 10 students from schools across the region.

It aims to provide experience of civics and citizenship and local government decision-making.

An agenda has been set which covers issues including development of a music festival site, coastal management, plastic bag ban, community resilience with extreme weather events, sustainable housing, companion animals, changes to residential waste services bicycle infrastructure and a bikeshare program partnership, development of a large youth centre and marine parks.

Council director Ms Julie Vaughan said: "We work closely with our local schools and make sure the topics relate to the curriculum and what they are studying in their classroom but also of interest to the broader community.

"This forum sees students explore environmental, social and economic issues in a format that is

engaging and colourful.

"Future Council gives students an understanding of civics and citizenships specific to their local community and gives our future leaders a taste of how local Government fits into a democratic process."

The meeting will be chaired by the Central Coast Council mayor Cr Jane Smith and deputy mayor Cr Chris Holstein.

"I think it will be just as challenging and interesting for me as chairing a real Council meeting," said Cr Smith.

"We want more young people to participate in civic life and their community and this program provides a forum where they can express views on issues they are passionate about, build self-confidence and encourage community connectedness.

"We are proud to host this program for our local students and I look forward seeing some of these students as leaders in our Council in the future.

"The students will actually be sitting in the Chambers with me, in the Councillors' chairs which will give them an authentic experience."

Future Council sessions will be held on Friday, November 3, in the Gosford Chamber with debate getting underway at 9:30am.

SOURCE:
Media release, 26 Oct 2017
Jane Smith, Central Coast Council

LEGACY WANTS TO THANK YOU

Brisbane Water (NSW) Legacy wishes to acknowledge the support given during it's annual Badge Week by the following organisations and a generous public.

2GO, Bateau Bay Square, Blue Wave Living Retirement Village, Breakers Country Club Brisbane Water Secondary College, Central Coast Leagues Club, Dan Murphys West Gosford, Deepwater Plaza, Diggers @ Ettalong, Doyalson Wyee RSL Club, East Gosford Shopping Centre, Erina Fair, Erina High School, Ettalong Bowling Club, Everglades Country Club, Gosford Rotary Club, Gosford RSL Club, Gosford Sailing Club, Kincumber Rotary Club, Kincumber Shopping Centre, Lake Haven Shopping Centre, Lakeside Plaza, Mr Jim O'Mara, National Serviceman Re-Enactment Unit, Naval Association Central Coast, Ourimbah RSL Club, Peninsula Plaza, Radio 93.3, Radio 96.3, St Edwards College, East Gosford, St Patricks Primary School, East Gosford, Terrigal Bowling Club, Terrigal Surf Lifesaving Club, Umina Bowling Club, Vietnam Veterans Peacekeepers and Peacemakers Association, Westfield Tuggerah, Woy Woy Rotary, Wyong Race Club

Your support is helping to make the lives of families whose husbands/fathers gave their all. This means 1600 people need our help on the Central Coast. To list just a few things - you are helping to educate their children, finance scholarships, make sure their kid's have pocket money and enjoy holidays and excursions. Provide home help for aging ladies, offer activities to combat social isolation and some specialist health care for example dental / optical / podiatry / transport.

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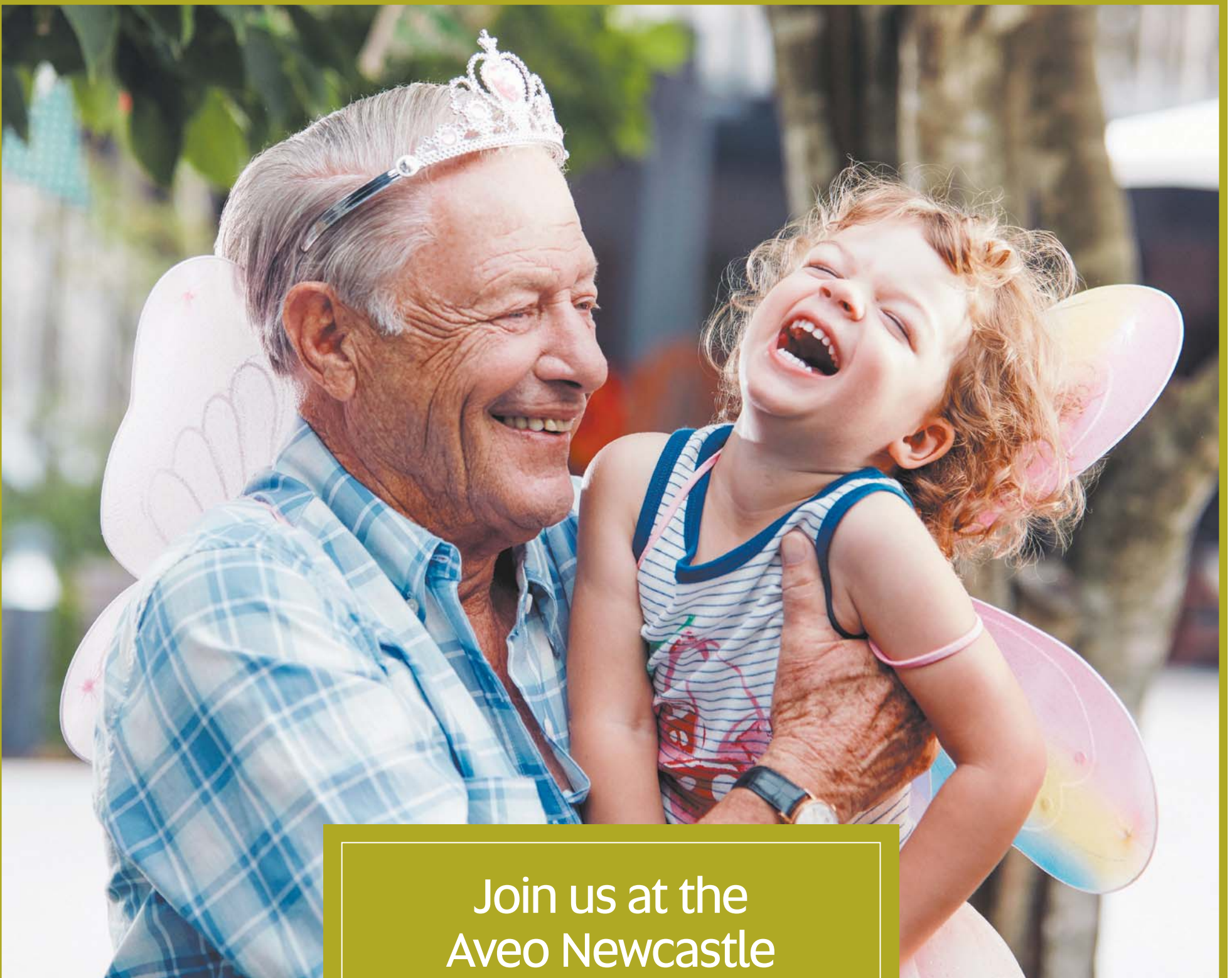


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Lobster Beach sand ‘renewed’

Lobster Beach in Bouddi National Park has a “renewed sand coverage”, despite emergency dredging conducted in the nearby navigational channel, according to the local community association.

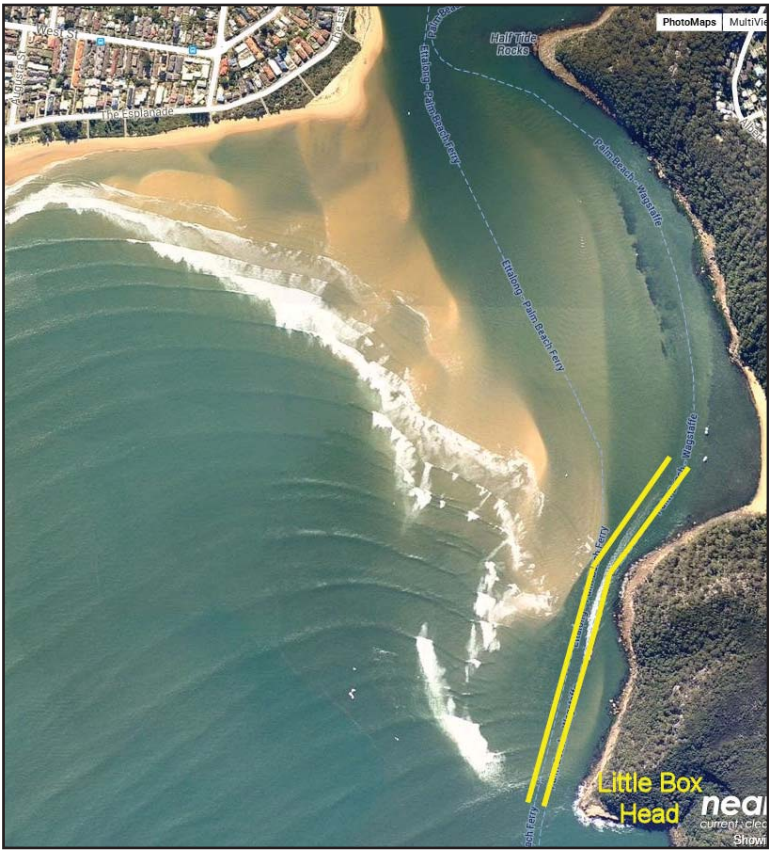
Wagstaffe-Killcare Community Association secretary Mr Ian Bull said he had walked down to Lobster Beach recently to find the western end of the beach, which had been significantly depleted months ago, was looking “beautiful”.

He said he did not believe the renewed sand coverage at Lobster Beach was a by-product of the dredging process and probably related more to the natural movement of sand in the estuary but it was good news for the community.

Mr Bull had taken a series of photographs from the top of the escarpment overlooking Lobster Beach during the latest two-week period of emergency dredging.

“No doubt many are interested in the disruption caused to the Palm Beach Ferry service by the condition of the Little Box Head to Lobster Beach channel, commonly referred to in the press as the Ettalong Channel,” Mr Bull said.

He said his photographs showed the dredging of sand from the protected end of the channel off Lobster Beach and depositing



An aerial view of the channel off Oyster Beach in 2011

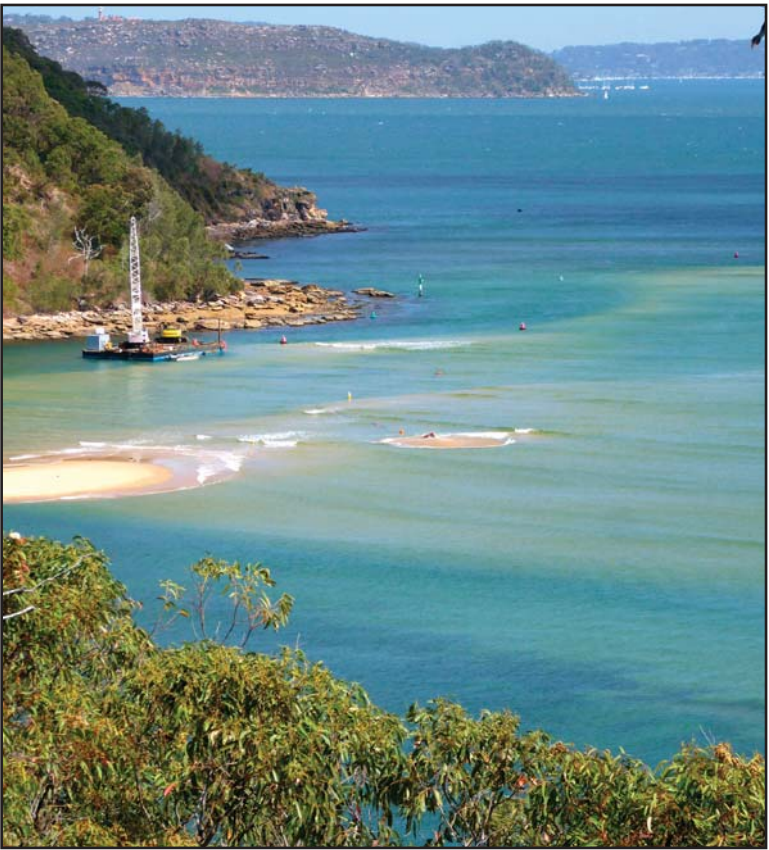
Photos Ian Bull

it 60 metres away, creating a new sand shoal.

“The dangerous shallow entrance to the channel, over 500 metres south-south-west at Little Box Head, exposed to south-east seas, has not been dredged,” he said.

“It’s a cheap job that they are doing, basically pumping out sand along the restricted narrow part of the channel that is not necessarily the shallowest part.

“They have started at the corner of the sand shoal on the west end of Lobster Beach and worked to



The dredge has made its way towards Little Box Head

widen the channel.

“From my perspective, they are simply widening it and not making it deeper.”

Mr Bull said his series of photographs showed the newly-created sand shoal had grown throughout the latest fortnight of

dredging, but he did not believe it posed a new navigational risk.

“Once you go west from the channel towards Ettalong and Umina, there are many other shoals,” he said.

According to Mr Bull, the emergency dredging has stopped between 300 and 400 metres short of Little Box Head.

“That is the opening of the channel and there has been nothing done out there.

“I would like to know if that is the location where the ferry ran aground.”

Mr Bull said the community association supported the ongoing dredging of the Little Box Head channel and the continuation of the ferry service.

“We also believe this is ultimately a State Government responsibility and we are preparing some correspondence about that,” he said.

SOURCE:

Newsletter, 8 Oct 2017

Interview, 26 Oct 2017

Ian Bull, WTKCA

Reporter: Jackie Pearson



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Authorised by Lucy Wicks MP, Level 3, 69 Central Coast Highway, West Gosford NSW 2250.

Issues raised with Local Member

The Rawson Rd crossing, Woy Woy Rd becoming a State Road, and a smaller bus service for the Bays are among the issues that the Bays Community Group has raised with Member for Gosford Ms Liesl Tesch.

"We recently met with our local state member, Ms Liesl Tesch, to discuss assistance with issues raised by residents via our recent survey," said committee president Ms Cathy Gleeson.

The group also raised the possibility of a foreshore access between the Bays.

"I have since written to Ms Tesch following up on this and am

waiting on her response so we can continue working towards some positive outcomes," she said.

Ms Gleeson said she had also written to Central Coast Council on other Bays matters raised by residents including the replacement of a missing safety guard rail on Woy Woy Bay Rd, repairs to Woy Woy Bay public jetty and a possible upgrade of the play equipment in Gurdon Reserve at Woy Woy Bay.

"I am waiting on their response," she said.

The committee also met with Council officers onsite to discuss the clearing of unwanted weeds within the bushland reserve at the

bottom of Raymond Rd, Phegans Bay, and the poor condition of the walking track in Roma Place, Horsfield Bay.

"Council will respond to us shortly on what action we can take within these areas," she said.

"We are also looking to organise a Day on the Village Green in Phegan's Bay early next year at the end of February or early March.

"We will require quite a few volunteers to help with the various activities planned and will advertise via the Bays Bulletin and our new website shortly," she said.

SOURCE:

Newsletter, 19 Oct 2017

Cathy Gleeson, The Bays Community Group Inc

Greens call for fire station tests

The Central Coast Greens have called for the NSW Environmental Protection Authority to test all local fire stations for contamination from fire-fighting foam containing perfluorooctan sulfonic acid.

Firefighting foam containing the acid was used between 1995 and 2007 and is no longer in use, according to the NSW Rural Fire Service.

They were the chemicals found in soil, surface water and ground water at the Williamtown airforce base and have more recently been detected at the Munmorah and Colongra power stations in the north of the Central Coast, said former Greens council candidate Ms Kate da Costa of Umina.

"While the Federal and State Governments have reluctantly been forced to acknowledge the extensive contamination at Williamtown, and at power stations such as Munmorah, little work seems to have been done to monitor RFS and Fire and Rescue

stations across the Coast.

"Given that safe exposure levels of PFOS and PFAS were dramatically reduced as recently as April 2017, and that residents around Williamtown were not notified of the potential risks to their health until years after the government knew of dangers, Central Coast Greens do not believe Coast residents should be expected to wait for site monitoring," she said.

Operations officer for the Rural Fire Service on the Central Coast, Mr Frank Overton, said to the best of his knowledge contamination would only occur in locations where the foams were used for training on a regular basis and that had not been the case at any local RFS facilities.

SOURCES:

Media release, 25 Oct 2017

Kate da Costa, The

Greens Central Coast

Interview, 25 Oct 2017

Frank Overton, Gosford

RFS Fire Control Centre

Website, 25 Oct 2017

NSW Rural Fire Service

Reporter: Jackie Pearson

Maintenance work on Empire Bay Dr

Roads and Maritime Services NSW has advised motorists of changed traffic conditions on Empire Bay Dr, directly north of Yugari Cr at Daleys Point, for essential maintenance work.

Work involving clearing vegetation and removing loose

rocks to stabilise the embankment, will be carried out on the southbound road shoulder from Tuesday, October 31.

To minimise the impact to motorists, work will be carried out at night between 7pm and 5am from Sunday to Thursday.

It is expected to take three weeks to complete, weather

permitting.

Traffic control and a reduced speed limit of 40 km/h will be in place for the safety of workers and motorists and may affect travel times.

SOURCE:

Media release, 25 Oct 2017

Roads and Maritime Services NSW



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State services cut in regional towns, says Tesch

Government documents have revealed service improvements to regional towns such as Woy Woy have been cut or delayed to plug a \$104 million budget black hole at Service NSW, according to Member for Gosford Ms Liesl Tesch.

She said cuts by Premier Gladys Berejiklian's razor gang showed the Government's ongoing neglect of areas like the Woy Woy Peninsula.

"The NSW Government's refusal to give the Peninsula its own Services NSW centre, show just how little the Liberal Government cares about regions like the Central Coast," she said.

"The Minister for Finance and Services spends his time in Parliament preaching about the number of Service NSW centres he is opening, conveniently in Liberal-held city based seats, but forgets that there is a whole state out there crying out for investment and services," Ms Tesch said.

"This decision comes only a month after the Government's backflip on shutting down the Service NSW Digital Pop-up Kiosk in Woy Woy," Ms Tesch said.

"The revelations are contained in documents obtained by the Labor Opposition under Freedom of Information laws, until now never released to the public."

Ms Tesch said that it was only through community pressure that the Woy Woy pop-up kiosk was saved from closure in September.

"I was proud to stand with the community to save what was left of the Service NSW kiosk in Woy Woy just last month.

"Anything is better than nothing, even if the kiosk is limited in what services it can provide to customers, locals deserve to access these services on the Peninsula," Ms Tesch said.

"I spoke about this again in parliament last week, and I continue to encourage customers to use our local pop-up office whenever they can.

"You are always letting me know the service is inadequate, yet we must constantly remind to the government that the people of the Peninsula want the full Service NSW office re-opened in Woy Woy."

SOURCE:
Media release, 25 Oct 2017
Richard Mehrtens, Office
of Liesl Tesch MP

Local produce sold through major department store

A Umina couple is selling local produce throughout Australia and New Zealand through a major department store.

Owners of the Ettalong's Adri's Gingerbread, Chris and Adrianna Parncutt, were approached by a David Jones buyer after they sampled one of Ms Parncutt's gingerbread biscuits.

Adri's Christmas-themed gingerbread and gift boxes have since lined the shelves of the department store across both countries.

Ms Parncutt said it had been a successful collaboration with David Jones.

The pair are now working on an exclusive gingerbread ice cream for the retailer that will launch in time for Christmas, as well as entering into discussions about product ranges for Valentine's Day and Easter.

"It's been such a fun and positive experience," Ms Parncutt said.

"I never expected Adri's to take off like it has.

"We do our best create delicious gingerbread," Ms Parncutt said.

"With European heritage, our gingerbread is the real thing.

"I used to spend days playing around with the mixture until I was



Adrianna and Chris Parncutt of Adri's Gingerbread

Photo: Janine Crawford

happy with the flavour and now we're focusing on delivering high-quality products that are allergy friendly.

"All our gingerbread is made and decorated by hand, allowing us the flexibility to create a variety of designs in a range of colours.

"We take pride in offering options

to suit varying dietary requirements including gluten and dairy free, all without compromising on the taste or texture."

SOURCE:
Interview, 25 Oct 2017
Adrianna Parncutt, Adri's
Gingerbread Shop
Reporter: Dillon Luke

SCHOLTEN JEWELLERS

...reborn and now in Galleria Ettalong, the former Ettalong Markets at Ettalong Beach



After retiring in June 2014, Henry Scholten has now opened a small shop in the former Ettalong Markets, only trading on Saturdays, Sundays and Public Holidays.

The Ettalong market has been beautifully revamped to a luxury European Galleria style tourist attraction.

Established in 1988, Scholten Jewellers has been manufacturing fine jewellery on the Central Coast for 30 years, having had shops in Bateau Bay, Gosford, Erina and Tuggerah.

Scholten Jewellers is now in Ettalong, providing an excellent repair, design remodelling and manufacturing service.

The location is also an impressive showroom of unique, handmade rings, pendants, earrings, bangles, brooches, chains set with precious and semi-precious gems, and a huge selection of Australian Opal. All repairs and manufacturing is done on the premises in a fully equipped workshop.



Come and say hello to Nicola and Henry at their new Ettalong Beach store, or call them on 0431 670 033 or 0412 655 316.

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Brisbane Water Dr option is constrained

Matthew Wales is absolutely right that we need to look at new options, in lieu of the ill-fated Bulls Hill underpass, to improve future traffic access to the Peninsula (Look at alternatives to rail crossing, says chamber, Peninsula News, October 16).

I have long advocated that widening the Shoalhaven Dr underpass to allow two car-only lanes would provide some immediate relief at minimal cost, but this could clearly be only a stop-gap measure.

Eventually, there has to be a proper vehicular access way to and through the Peninsula that will accommodate all classes of traffic and that will provide for separate bus lanes, at least during the hours of heaviest traffic use.

The disadvantage of the Bulls Hill project, apart from its \$150 million cost, was that, after spending all that money, we'd have still been left with the second-class and dangerous Woy Woy Rd, as the link from Kariong to the underpass, and a bad access way along Nagari Rd to reach the Peninsula.

The suggestion for widening Brisbane Water Dr looks obvious on the face of it, but much of the road's length is constrained by abutting development, so that a properly designed new road would

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
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See Page 2 for
contribution conditions

call for considerable property acquisition and/or land reclamation from Brisbane Water, neither of which courses would be likely to go unchallenged.

Furthermore, this would still only give access to the West Gosford intersection from where there is a very poor connection to Kariong along a badly engineered and restricted highway, incidentally one of the reasons why Gosford is an inferior choice to Wyong/Tuggerah as the regional capital.

It is pretty obvious that the spine-road access to the Peninsula has to be along Ocean Beach Rd which would require substantial upgrading and extensive traffic-management measures to continue to carry the traffic volumes we can anticipate with population growth.

Finance wise, this could easily be achieved by resuming the

frontage properties and selling the replotted remainders of the sites for high-rise residential development.

In fact, the Council could probably turn a handsome profit out of this transaction, if it had the political will to bear the opprobrium that such a venture would inevitably attract.

It is difficult to understand why a realignment notice was not put on Ocean Beach Rd many years ago when its impact would have been minimal.

The crux of the problem is how to get from the M1 to Ocean Beach Rd, and it has to be said that the idea of a Mt White interchange, with all its disadvantages of damage to the national park, looks an attractive possibility.

Linked through to Brisbane Water Dr, it would even provide a decent entryway to Gosford, if the authorities are determined to pursue the nonsense that Gosford is the best location from which to serve the regional population.

The obvious way to get the State Government onside for this proposal would be to make the link road a tollway: our state politicians love tollways and let nothing stand in their way when a good tollway is in the offing, so this might be the strategy to pursue by Matthew Wales and his associates.

I offer it for what it's worth.

Email, 17 Oct 2017
Bruce Hyland, Woy Woy

Hat events raise \$1000 for mental health

Forum

raised just over \$1000.

This money will be sent to Australian Rotary Health Mental Health Research Program.

This is one of the largest non-government funders of mental health research in Australia.

Email, 16 Oct 2017
Jayne Mote, Rotary
Club of Woy Woy

Many thanks for publishing the event hosted by the Rotary Club of Woy Woy, "Lift the Lid on Mental Health" in your September 18 edition and again in your diary of events in the following edition.

Both Hat events together with a raffle held at our club meeting that evening and the fines session

Why not a flyover?

Forum

planned if the Holstein underpass had gone ahead.

The NSW Government and Council have already spent the monies on remediation of the utilities at the entrance to the old abattoirs on Woy Woy Rd.

Can we just get the job done?

It's not rocket science.

SOURCE:
Email, 23 Oct 2017
Helen Orchard, Koolewong
and Point Clare-Tascott
Progress Association

Following on from Peninsula Chamber of Commerce article on October 16, the Koolewong and Point Clare Tascott Progress Association acknowledge the problem of access to the Peninsula.

But putting more traffic onto Brisbane Water Dr, four lanes or not, will only transfer the vehicle traffic problem to the centre of Woy Woy.

Why not a flyover over the railway line at Bulls Hill where the traffic will still disperse as was

Underpass is only sensible and effective solution

It is with alarm that I read that the Peninsula Chamber of Commerce takes its usual big infrastructure approach in suggesting the solution to this problem would be to

Forum

build a four-lane highway from West Gosford to Woy Woy, instead of revisiting the

Bulls Hill proposal.

Such a highway would absolutely despoil the attractive Brisbane Water foreshore, (not to mention the number of homes that would need to be resumed for the work).

It also overlooks the strategic necessity of more than one way in and out of the Peninsula.

A new underpass at the base of Bulls Hill is the only sensible and effective solution to replace the level crossing, especially considering the natural separation of grade and minimal environmental impact if existing roads were used.

Keeping the level crossing on the main northern line is equivalent to having a crossroad on the M3: Ludicrous and unsafe.

But the only obstacle seems to be the inability of State MPs (Constance and Crouch), Council, RMS, Asset Standards Authority and Sydney Trains to work together to come up with a value-managed, cost-effective design.

All we have seen so far is buck-passing and gold-plating.

Perhaps Lucy Wicks could pull all these parties together and bring back some sense to the matter.

Email, 22 Oct 2017
Kevin Chaloner, Empire Bay

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BREAKING NEWS

COAST^{COMMUNITY} NEWS

to be home delivered - Inserts welcome

Following seven years of publishing a separate newspaper focusing on postcode areas 2250, 2251 and 2260, Central Coast Newspapers has decided to take Coast Community News to its next natural stage, and set up a home delivery arrangement.

To commence on November 16, the print run for Coast Community News will increase by 300 per cent to 44,000 copies, 42,000 of which will be hand delivered to letterboxes in 26 suburbs in those postcode areas.

This will make it possible to have brochures and catalogues included within the newspaper to help pay for the increased print run and high distribution costs.

Despite the 300 per cent increase in the print run and associated distribution costs, advertising rates will remain unchanged, making advertising better value than ever.

Additionally, advertisers that take advantage of the new insert offer will receive a free advertisement in the paper to support their insert.

A full distribution will entitle the advertiser to a full colour, half page advertisement at no additional cost.

A part distribution will entitle the relevant business to a proportionally reduced size advertisement.

Papers will not be thrown into gutters or on driveways or lawns, but will be placed in letterboxes.

There should be no wet weather issues unless letterboxes are not waterproof.

As the newspaper is highly regarded, after having built a loyal following on the Coast over seven years, it should not be seen as junk mail and will therefore reach more homes than other catalogue distributions in those same areas.

Inserts will benefit from being included in such a highly respected publication.

In another novel move, the cost of inserts will reduce for each other insert that is also included in the same distribution.

This discount can be up to 33% off the single insert price.

At least 40 walkers are being employed to complete the distribution, as well as drivers to deliver bulk quantities to selected locations.

Well over 120,000 readers will now be better informed than ever by having this highly respected newspaper delivered to their home.

If you would like further information or wish to take advantage of this vast home delivery, feel free to contact Cec Bucello on 4325 7369.

Forum

It makes a difference if everyone does the right thing

It is good to see that the Tourism Committee of the Peninsula Chamber of Commerce is making a renewed effort to attract visitors to the Peninsula. ('Committee calls for marketing for the Peninsula', Peninsula News, October 16).

As they have a very healthy \$800,000 annual budget to spend, can I suggest to the chair of the new tourism marketing and industry services agency, Affinity, that he puts on the agenda paper of his first meeting with the Peninsula Tourism Committee later this month, that they discuss ways of improving the civic and natural beauty of many of the localities in the area.

They need to lobby Council for regular roadside clean ups of the rubbish that gives otherwise wonderfully scenic roads such as Woy Woy Rd the appearance of a crystal, aluminium and plastic lined highway.

How about making it a rule that household Council clean ups are on a particular day every

Forum

six months instead of the ad hoc collections we see now with old junk left outside houses most days of the year (some people like to put out their rubbish just before a long weekend or public holiday; lovely for tourists)?

Lobby the Council to amend their rules so that wheelie bins must be removed from the roadside within 24 hours of clearance and placed inside properties (and preferably out of sight of passing visitors) and not just left permanently on footpaths and roadsides.

Some areas look as if they are permanently lined with yellow, red and green plastic soldiers standing to attention.

How about a renewed horticultural effort with more shrubs and flower beds in parks and civic areas?

As Kermit the Frog said, "It's not easy being green", but it sure makes a difference if everyone does the right thing.

Email, 19 Oct 2017
Lance Dover, Pretty Beach

Mass of purple flowers spread across sand bags

A really beautiful sight will greet you if you go to Ocean Beach and either look over the railing or look up from the beach to see a mass of purple flowers, *carpobrotus glaucescens* or Pigface.

The bright yellow stamens seem to beam at you.

This prostrate plant has successfully spread across the enormous sand bags which were put in place after the dreadful erosion caused by storms and tides in 2015.

This whole wall of sandbags is still very fragile, not to be climbed on or raced over by man or dog.

It is after all only a temporary answer to the problem.

Nobody really knows how to overcome the stress on this part of the Coast.

You will notice that the erosion is continuing either side of the wall.

Forum

This is what happens to walls; they just move the problem elsewhere.

Barrenjoey Rd directly faces the ocean and forms a wind tunnel.

It is possible that with the right weather conditions and king tides the whole bank of sandbags could be swept out to sea.

Volunteers spend a lot of time trying to strengthen the dunes, by planting natives which will survive in the hostile environment and might be able to hold the sand in place.

It is unfortunate that they have to waste time picking up rubbish thoughtlessly tossed onto the dunes by passers-by.

Remember plastic which gets to the sea, eventually is eaten by humans when we eat our fish.

Email, 13 Oct 2017
Margaret Lund, Woy Woy

NEWSPAPERS Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

OCTOBER 19, 2017

YOUR INDEPENDENT COMMUNITY NEWSPAPER - PH: 4325 7369

ISSUE 169

Concerned residents gather to save Davistown Wetlands

Hundreds of concerned residents packed out the Davistown Progress Hall on October 11, when a public meeting was held to discuss the sale of Tidal Shoals.

Davistown Wetlands has a long and complex history

The fate of the Davistown Wetlands has a long and complex history and involves money set aside by the former Gosford Council in its Protection of the Environment Trust.

Environmentally sensitive Davistown Wetlands should become part of COSS

Mr Pat Aiken, from Coastal Residents NSW, said the imminent sale of the 48 acres of environmentally sensitive wetland at Davistown, was an opportunity for the Central Coast Council and NSW Government to work together to put the

Davistown Wetlands have Aboriginal cultural significance

Local Aboriginal Elder, Mr Phil Pulbrook, has been a resident of Davistown for the past 53 years, and he is worried that an unscrupulous, unsympathetic developer will buy the 48 acres of land described as Tidal Shoals.

Luxury 64-apartment Terrigal development to proceed

Local developer, Central Real, have revealed their vision for a new \$15.2 million residential development in Terrigal called Elysium.

Over 6,000 firearms are registered in the 2250 postcode

There are currently over 6,000 firearms registered in the 2250 postcode, according to data obtained from the NSW Police by the NSW Greens.

Old Sydney Town could be revived if adjacent land can be rezoned

A Central Coast Council spokesperson said Council staff were happy to meet with Mr Richard Chiu to discuss his plans for the revitalisation of Old Sydney Town, after about the \$500,000 to be invested to address a dangerous stretch of Willoughby Road.

Willoughby Road upgrade details released

A listening post and barbecue held in Wamberal on Saturday, October 14, enabled the community to learn more about the \$500,000 to be invested to address a dangerous stretch of Willoughby Road.

Community group calls for Urban Forest Strategy for the Central Coast

The Kariang Eco Garden is calling on community members to sign a petition calling on Central Coast Council to Establish an Urban Forest Strategy for the Central Coast.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 128
October 24, 2017

Your independent community newspaper - Ph: 4325 7369

Protest rally planned for coal mine assessment hearing

The community is gearing up, for the third time, to give evidence to the NSW Planning Assessment Commission (PAC) that the proposed Wallarah 2 coal mine will have an unacceptable impact on human health and the Central Coast's major water catchment

Environmentally-sensitive land cleared by council without consent

Council CEO, Mr Brian Bell, has been asked to explain why land, at 140 Sparks Rd, Warnervale, was cleared in May for installation of a road, when the Council knew it contained the threatened Melaleuca Biconvexa and formed part of

Aged care workers are not able to provide the level of care that residents deserve

Local aged care workers have launched a new campaign highlighting the effect that budget cuts are having on their industry.

Several residential subdivision proposals could spell doom

The Say No to Glenning Valley Development Group has called on the newly-elected Central Coast Council to reject six current residential subdivision proposals in the area.

Land rezoning proposal awaiting final approval

A planning proposal to rezone land at 137 Johns Rd, Wadalba, from RU6 Transition to R2 Low Density Residential, E2 Environmental Conservation and SP2 Infrastructure, has been considered by Central Coast Council.

Mayoral minute calls for all airport works to cease pending a review

All works at Central Coast Airport could cease until November 27, pending the delivery of a briefing on the proposed Wyong Economic Development Zone (WEZ) to Council by CEO, Mr Brian Bell, prior to that date.

Local NBN office called for to solve local problems

A local IT industry group is calling on the NBN Company to set up a Central Coast office to field issues and help solve systemic problems experienced by many locals.

MacGregor calls for reaffirmation of opposition to coal mine

Opposition to the proposed Wallarah 2 Coal Project should continue under the new Central Coast Council, according to Cllr Kyle MacGregor.

New water play area and facilities approved for tourist park

Councillors have been chosen as members of the Grants and Sponsorship Review Panel and the Audit, Risk and Improvement Committee of the Central Coast Council.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

1 IN 4 AUSTRALIAN WOMEN HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE*. WE ARE HERE TO HELP.

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Rondeley Domestic Violence Response Program
Wyong - 4340 7088



Marie Lowndes Charitable Foundation

Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation *ANROS Horizons 1 (2015)



Forum

We live here for a different way of life

So, the Central Coast Council has decided to rip up the timber wharf at Pretty Beach and install a new plastic replacement.

This follows a similar desecration to the wharf at Araluen Dr earlier this year.

Who are these arrogant people who make such decisions without reference to the local community or to the character of the neighbourhood?

Forum

Over the past 20 years I have watched as the Council has approved buildings that blatantly destroy the ambience of our streetscapes, stand idly by as people erect fences and use our taxes to pave, macadam and kerb every lane and alleyway.

Surely there is better use of our money.

How about using it to enhance

the community, to provide more actual services, such as public transport or better attention to sensitive planning, rather than just more concrete?

We who live in and love the Central Coast do not live and return here because it resembles a metropolitan suburb of Sydney, but because it offers a different way of life and a set of values that is fast disappearing.

Email, 25 Oct 2017
Mark Ellis, Wagstaffe

The Peninsula is full

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

Infrastructure must come first

I agree with the Central Coast Mayor Cr Jane Smith that infrastructure must come first, well before excessive development benefiting only a few.

The Woy Woy cycleway has two major parking areas at the beginning and end with a reduced size dust bowl at the McMasters Rd entrance and a brilliant car park

Forum

at the Lions Park boat ramp exit.

At the McMasters Rd car park, there is a major drain that is very successful at picking up silt from Rodgers Park and the golf club and dumping it into the ever-decreasing waterway.

It would be great if the drain

had a gross pollution trap that could contain the silt, cans, bottles, mattresses and so and it could be cleaned out on a regular basis to keep our waterway clean.

State Government grants have been available in the past for projects like this and should be available now.

Email, 17 Oct 2017
Rob Clarsen, Woy Woy

We don't want our reserves sold off.

We don't want every house block razed and rebuilt for two or three units.

We want Council to start thinking about the current residents of the Peninsula, not accommodating more.

Like the great 20th Century philosopher Kevin Costner said, "Build it and they will come".

Well, how about we don't build it, and then maybe no one else will come?

Email, 24 Oct 2017
Ross Cochrane, Woy Woy

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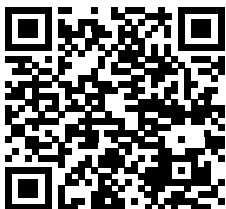
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NEWS



Central Coast Council Expression of Interest

Central
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Council

Expression of Interest called for Community Members Mangrove Mountain and Spencer Advisory Committee

Central Coast Council is inviting expressions of interest from suitably qualified and experienced people to be appointed as community stakeholder members of Council's Mangrove Mountain and Spencer Advisory Committee for a period of up to three years.

The Committee will comprise of the Mayor; at least three other Councillors; Council's Chief Executive Officer, General Counsel and other appropriate staff; community stakeholders; and independent experts (as required). The Committee will meet at least four times each year at locations determined by Council with the purpose of providing advice to the Council concerning the Mangrove Mountain Landfill and alleged waste matters at Spencer.

Membership will be on a volunteer basis and no fee or costs will be paid to Community Stakeholder members of the Committee. Members must declare all conflicts of interest.

Details of the selection criteria and how to submit an application can be found on **yourvoiceourcoast.com** by emailing ask@centralcoast.nsw.gov.au or calling 4325 8222.

Closing date for applications is 5pm on Friday 10 November 2017.

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Health



The Pink Day cheque presentation

Pink Day raises \$25,000

A Pink Day held at Empire Bay on Friday, October 13, has raised more than \$25,000 to support the treatment of breast cancer.

Over 200 women attended the function at Empire Bay Tavern with

the guest speaker being Ms Jane McGrath's best friend, Ms Tracey Bevan.

Ms McGrath was the late wife of Australian cricketer Glen McGrath.

The event was organised by Ms Heidi Holt and Ms Tammy Jackett.

The clear message to all the women in the room was to check your breasts regularly to ensure early detection.

SOURCE:
Media release, 17 Oct 2017
Ken Dixon, Ettalong Community Bank

Total stands at \$11,000

The October Charity Bowling Day held at Sporties in Woy Woy brought the bowlers' total funds raised for the year to \$11,000.

"We had 54 bowlers at our October event and plenty of first time bowlers from the Brisbane Water Bridge Club as well as our regulars from the Woy Woy Leagues Social Club," said Mr Ken Dixon from Woy Woy Bowling Club.

"We raised \$1100 for Central Coast Kids in Need which brings us up to the \$11,000 mark for the year," Mr Dixon said.

"The food was great as usual with John Halling doing the dips and pate.

"There were heaps of prizes on the table, big winners being nearly everyone from the Social Club and the Bridge Club."

Central Coast Kids in Need raises money to assist families who have seriously ill children with prolonged illness.

The money is used to defray the costs of accommodation for the families while the kids are receiving their treatment.

The funds raised are also used to cover travel costs, equipment requirements and pharmacy accounts for these Central Coast Kids in Need.

SOURCE:
Media release, 16 Oct 2017
Ken Dixon, Woy Woy Bowling Club

Shopping centre raises \$5000

More than \$5000 was raised for the Central Coast Children's Fund through a shopping centre campaign last month.

Held on Thursday, September 21, Deepwater Plaza hosted the Big Change for Small Change event to make a difference to the lives of local children.

Deepwater Plaza was one of 10 shopping centres nationally to hold the charity event to directly support children's health care in each local area.

Due to the generosity of the local community, Deepwater Plaza raised \$5515 in donations on the day.

"We were overwhelmed by the community's generosity and thank our volunteers and partners

who came together to make a difference," said centre manager Ms Deborah McKilligan.

The funds raised on the day will be used to purchase two wireless electronic weight and height measuring stations for the Gosford Hospital Children's Ward.

The accurate measurement of a child's height and weight is vital as it determines medication doses and equipment sizes and types for their care and treatment.

The measuring stations allow for easy and efficient measuring of sick and injured children who are often anxious or in a distressed state.

SOURCE:
Media release, 25 Oct 2017
Jodie Elkin, Deepwater Plaza Woy Woy

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Information about aged care phone service

A aged care information session will be held at the Peninsula Community Centre on Monday, November 13.

It will provide information about My Aged Care, a phone service and website set up by the Commonwealth Government that is designed to assist the elderly to access aged care services such as in-home help, after-hospital care, respite care, residential aged care homes and short-term restorative care.

The information session is intended to assist those who are confused about how to access My Aged Care.

The session will be held at the Peninsula Community Centre in McMasters Road from 10am to 12pm and more information is available from Coast Community Connections on 4343 1888.

SOURCE:
Media release, 26 Oct 2017
Bruce Davis, Coast Community Connections



Brisbane Waters Private Hospital hosted a conference about mental health

Hospital hosts mental health conference

A local hospital has hosted a successful mental health conference called Sex, Drugs and Other Stimulants.

The Brisbane Waters Private Hospital conference was attended by general practitioners, psychiatrists and registered psychologists from the Central Coast and Sydney.

The hospital also launched two new day programs at the conference, a dialectical behaviour therapy skills program and a post traumatic stress disorder program.

The hospital is the first on the Central Coast to offer the behaviour therapy program.

"Currently patients have to travel off the Coast to access these types of services, and we know the new day programs will cater to a large number of locals that currently don't have access to those resources on the Coast," said hospital chief Ms Kathy Beverley.

"One in five Australians are affected by mental illness, yet many don't seek help because of stigma," Ms Beverley said.

"The team at Brisbane Waters Private are dedicated to doing more for the community and helping to shed a more positive light on mental health," she said.

"It was a unique opportunity

to have such a large group of dedicated mental health professionals together to hear selected key topics from renowned psychiatrists from across NSW, addressing current and emerging mental health issues."

Topics covered at the conference included The Ice Age, The Methamphetamine Epidemic.

Sexual health and depression was also discussed, along with understanding the difference between adjustment disorder and post traumatic stress disorder.

SOURCE:
Media release, 23 Oct 2017
Petrina Waddell, Brisbane Waters Private Hospital

Leukaemia program launched at surf club

The Leukaemia Foundation's Young Bloods program was launched at Umina Beach Surf Life Saving Club on October 18.

Young Bloods gives children, adolescents and young adults who are affected by a blood cancer diagnosis access to support.

The program provides physical, psychosocial and educational

support to people aged 25 and younger, helping them overcome life-changing circumstances caused by blood cancer.

Until now, it was only available in Sydney.

It is supported by a \$65,000 grant from Newcastle Permanent Charitable Foundation.

SOURCE:
Media release, 17 Oct 2017
Eilish Fitzgibbon, Enigma PR

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Students learn surf safety

Reporter: Jackie Pearson

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Lynn Balfour, Ettalong
Public School

Students produce short movie

Nine students from Pretty Beach Public School have made a short movie about environmental studies they have undertaken as part of their school work.

The students worked together to produce a short film in the style of a news report.

The students filmed each other

and interviewed others about events that have taken place.

The film has been submitted to Central Coast Council by the students to show the positive work and attitude they have about looking after the environment.

SOURCE:
Newsletter, Oct 19
Deborah Callender, Pretty Beach Public School



The Umina Beach Public School training band

Band recruitment night at Umina

A band recruitment night will be held at Umina Beach Public School on Monday, October 30.

The evening is designed to inform parents and students about the school's band program.

"This program offers incredible opportunities for students to learn a musical instrument at a cheaper rate than most private centres," said relieving principal Ms Sharlene Percival.

The meeting will be held in the school library from 6pm.

Examples of some of the instruments, and information about how the program runs and the benefits to students will be outlined.

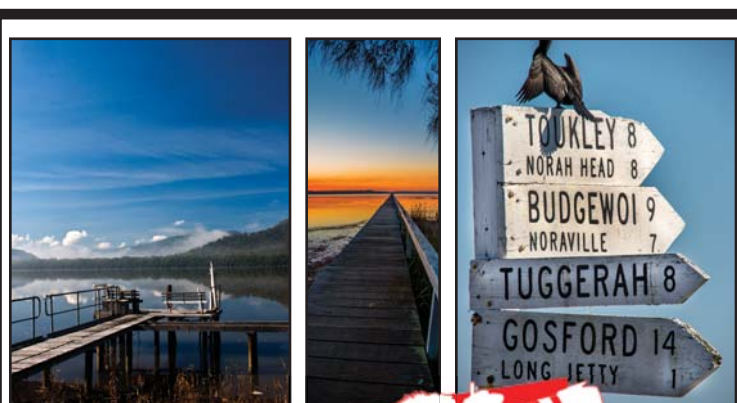
Students who will be in Years 3 to 6 are eligible to join.

Parents have also been invited to attend the training band on the morning of Monday, October 30.

"The training band will be showcasing a sample of what they have been learning during band tutorials this year," Ms Percival said.

It will take place in the hall from 9:30am to 9:45am.

SOURCE:
Newsletter, 24 Oct 2017
Sharlene Percival, Umina Beach Public School



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TIMES?

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WHAT?

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WHO?

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Out&About



The Five Lands exhibition

Collective exhibits at Wagstaffe

Artists from the Five Lands Artists' Collective exhibited in Art@Wagstaffe at the Wagstaffe Hall over the October long weekend.

"Visitors enjoyed a wonderful display of works by Gosford Art Prize winner Ms Janet Hoyer Cobb, Ms Bronwyn van de Graaff, Ms Willemina Villari, Mr Andy Collis and many other professional local artists," said Collective spokesperson Ms Cathryn McEwen.

"The public were further treated to a wonderful opening reception

on Saturday afternoon with guest speaker Patonga Bakehouse Gallery owner Ms Jocelyn Maughan, and classical pianist Ms Mary Ellen Wallace, who provided music on the hall's piano.

"A raffle of artworks donated by the 16 artists involved was drawn on the Sunday afternoon while the crowd was entertained by the music of 17-piece jazz ensemble Big Band Obsession on the waterfront.

"This group of Central Coast artists have been opening their home studios to the public three times a year since 2012 and exhibit

regularly on the Central Coast," Ms McEwen said.

SOURCE: Media release, 22 Sep 2017 Cathryn McEwen, Five Lands Art Studio

Grandparents invited

Umina Beach Public School will celebrate its grandparents and "grandfriends" with a special event on November 2.

All students in Kindergarten through to Year 2 have been invited to ask their grandparents or an elderly neighbour or friend to visit the school on Thursday, November 2, for a special morning with the students.

The visitors will be able to attend an assembly in the school hall, open classrooms and share a picnic lunch with students in the playground.

SOURCE: Newsletter, 24 Oct 2017 Sharlene Percival, Umina Beach Public School

Girls' night out cinema screening

Woy Woy Public School P and C's upcoming fundraising evening will be a Girl's Night Out cinema screening.

Bad Moms 2 is the feature film which will be screened at the Cinema Paradiso, Ettalong.

The evening will take place on November 3, with arrival at

7:30pm.

Tickets are available for purchase in front of the school canteen and there will be raffles and a lucky door prize.

SOURCE: Email, 20 Oct 2017 Sandra Tuthill, Woy Woy Public School

Bandannas

Umina Beach Public School has sold 600 bandannas to raise money for CanTeen.

As part of National Bandanna Week, the school also held a cake stall on Wednesday, October 25, with all proceeds going to

CanTeen.

Year 3 and 4 families provided the cakes and slices that were sold at the stall.

SOURCE: Newsletter, 24 Oct 2017 Sharlene Percival, Umina Beach Public School

Kindergarten has cultural excursion

A group of Kindergarten students from Umina Beach Public School recently attended an Aboriginal Cultural Excursion, travelling to Empire Bay Public School.

They had the opportunity to take part in a number of traditional activities, which included listening, making things, eating, dancing and playing.

Two Kindergarten classes and a Year 5 class also recently got together to experiment with coding.

They used Blue Bots, We Wahs and XO's to share what they had been learning during technology time.

SOURCE: Newsletter, 19 Sep 2017 Krystle Ragen, Umina Beach Public School

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THE BRISBANE WATER OYSTER FESTIVAL

The Brisbane Water Oyster Festival was established in 2000 by the Peninsula Chamber of Commerce to showcase the beautiful waterways of the Woy Woy Peninsula. Matthew Wales, the President of the Peninsula Chamber of Commerce has been instrumental in keeping this Festival a vital part of the community calendar for many years. The annual Oyster Festival is on the second Sunday of November each year at Ettalong Beach right on the recently upgraded beach and waterfront. It is a superb day out for the whole family and includes fine wine from our neighbours in the Hunter Valley and food from

www.monthlyimag.com.au

around the world. It also offers diverse art and craft stalls and a newly introduced art show inside the Ettalong Diggers Club showcasing the local creative talent.

The day commences with a full program of live, on stage entertainment so you can dance the day away. Fabba will entertain you 9.30am - 12.30pm and Akinga 1 - 4pm.

This iconic community festival is made possible by the excellent partnership provided by Ettalong Diggers Club and the other generous sponsors. The Brisbane Waters Oyster Festival is now also part of the Wyong Lakes Festival presented by Central Coast Council.



'How Many Oysters Can You Eat in 30 Seconds' sponsored by Radio 2GO /SeaFM & The Entertainment Grounds

Central Coast - is the highlight of the day with many competing for the famous trophy and prize. Each year the Oyster Festival gains strength and is evolving into a community festival to be proud of!

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Personal trainer brings love of fitness to new gym

A Umina personal trainer is bringing her love of fitness to the Peninsula through a new gym.

Ms Laura Witchard has been operating her boutique studio gym, FitLife AU The Strength and Fitness Studio, for just over two months from a warehouse in Woy Woy.

"I come from a long line of Patonga fishermen and oyster farmers and I grew up between Umina and Patonga," Ms Witchard said.

"I grew up dancing.

"I was always on the beach and in my late teens I discovered a love for all things dirt bike, but it wasn't until I signed up for the old Gosford Council's fitness passport that I found my love for weights and strength training.

"That love stuck with me all throughout my career and after five years of a council job I decided it was time for a change, so I completed my certificates III and IV in fitness and began personal training," Ms Witchard said.

"I worked through a gym at Erina for a while and even began a mobile personal training and



Ms Laura Witchard

group fitness course, but in August I found the warehouse and knew it was time to start my own business," she said.

Ms Witchard has already built a steady client base for her studio space which caters to all ages and levels of fitness.

Ms Witchard also runs fitness classes out of the Patonga Progress Hall.

"I grew up in Patonga and I am therefore very connected to the town and the people," Ms Witchard said.

"When I became a qualified

personal trainer and group fitness instructor, I wanted to provide a service for the town that was not currently available.

"I put some feelers out and discovered that there were many people who were interested in participating in some type of exercise program and having something offered in town made it much more convenient and easier to commit to."

Ms Witchard said the appeal of a smaller boutique style gym was that clients had a better chance of receiving expert advice and guidance, to make stronger bonds with their fitness mates and most importantly achieve their goals faster.

"The fact that my gym is a small studio is what sets me apart from the larger chains.

"I only offer personal training and group fitness classes.

"Clients cannot come in and use the equipment to train themselves.

"This means that all of my clients are learning how to perform all exercises safely and correctly so that they are working effectively and are not putting themselves at risk of injury.

"My clients are also educated about how different types of exercise can affect their goals which, in turn, teaches them how to construct an effective exercise program so that their goals are achieved.

"I believe that this is far more effective and empowering for individuals then turning up to a gym feeling unsure, walking on a treadmill, doing some bicep curls and hoping for the best," Ms Witchard said.

"A private studio also guarantees that my personal training sessions are truly personal as clients are not sharing the space, equipment and my attention with other gym-goers.

"Each of my personal training clients receive an individually tailored exercise program which takes into account their age, fitness level, exercise experience, health status and goals.

"They also receive nutrition guidelines and recipes, home exercise plans, and have access to 24/7 trainer support via phone call, text or email.

SOURCE:

Interview, 16 Oct 2017

Laura Witchard, FitLife AU
Reporter: Dillon Luke

Man dies at Ocean Beach

A man has died after being pulled unconscious from the water at Ocean Beach, Umina, on Sunday, October 22.

The 45-year-old was participating in a weekly social swim when he got into difficulty at around 8:30am, according to Ocean Beach Director of Lifesaving, Ms Katie Dixon.

After the man was pulled unconscious from the water, volunteer surf lifesavers treated the patient who was not breathing.

Club members were present in the vicinity as they were preparing for their morning patrol so CPR treatment was able to commence

within minutes, she said.

The State Operations Centre was also advised of the incident and alerted police and paramedics who were also attended.

Paramedics took over treatment and the man was transported to hospital but he was unable to be revived.

Ms Dixon said the lifesavers involved did a fantastic job under extremely difficult circumstances.

"This medical situation was an extremely challenging incident for our members who never gave up and reacted exactly the way their training prepared them to.

"Unfortunately, it wasn't the outcome we wanted but the

paramedics and staff at the hospital also praised the efforts of the lifesavers involved and they can take pride in the fact that their professionalism and dedication meant he was at least given a chance," she said.

The Ocean Beach members involved will participate in a critical incident debrief as part of the standard operating procedures following a serious incident.

Investigations into the circumstances surrounding the incident are continuing with a report to be prepared for the coroner.

SOURCE:

Media release, 22 Oct 2017
Katie Dixon, SLS NSW



Friends of the ABC

invite you to come and meet the person who programs what your children are watching!

Meet Michael Carrington, Head of Children's and Education, ABC-TV.

The two main television brands ABC KIDS (for preschoolers) and ABC ME (6 to 14) years are also distributed via iView and dedicated Apps.

Michael is a multi award-winning media executive with more than 20 years' experience in the children's television industry and previously Channel Controller, CBeebies at the BBC.

Michael will talk about Children's programming on the ABC today and where it is heading in the future, both in the normal broadcast sense and in the new platforms of the future.

He will discuss interactivity with younger views and how younger

viewers can create

their own programs. He will be happy to take questions.

Michael Carrington will be speaking on Saturday morning at 10:30 AM on 11 November 2017 at the Kincumber Neighbourhood Centre, 1/20 Kincumber Street, Kincumber.

Morning tea for \$1 gold coin donation will be served at 10.00 am.

Tickets are \$5- kids are free - to be paid at the door.

Please contact Chris Moe further information 0418 431 097 - csmoe@bigpond.com

Josh Watkins
photo Earth Sea and Sound Photography

Connecting Community
through music, performance and drumming.

Perform, Volunteer or get along and enjoy

Brackets and Jam Nights are monthly gatherings featuring "brackets" of local music and performance interspersed with drum "jams" and open mic opportunities.

The events take place at two unique locations on the Central Coast - on the shores of Lake Munmorah in the north and on top of Kincumba Mountain in the south.

Brackets and Jam is a volunteer run affordable family night out, with great vegetarian food, cakes, Chai and soft drinks available. \$10 admission children under 16 FREE. BYOA

Next Event: **Kincumba Mountain Fri 3 Nov** | **Colongra Bay Hall Sat 11 Nov**

To perform, volunteer or to check out the lineup and find out more visit...

www.bracketsandjam.com

FREE CHAI - bring this advert along and get a free cup of chai!

Historical beach study recommended dune construction

A beach erosion study from the early 1970s indicated that the ongoing erosion issues at Ettalong, Ocean Beach and Umina had a long history.

It recommended the curtailment of the development of a nearshore channel against the Ettalong shoreline and argued that soft management techniques such as dredging, beach nourishment and dune construction were more suited to achieving better beach amenity at Ettalong.

The 126-page report from the Coastal Engineering Branch of the NSW Department of Public Works started with the statement in its foreword: "Ettalong Beach has suffered various erosion problems since the 1940s which have resulted in the construction of piecemeal protection works.

"The erosion has worsened since the construction of a groyne field in 1972.

"In 1973, in response to a request from Gosford Shire Council, the Minister for Public Works formally recognised the need for a detailed study of the erosion problem in the Ettalong region as a whole."

The Minister may have



Aerial Photograph - 23 September 1965

recognised the importance of the study but it was not commenced until September 1976.

The study included a geological survey to define the boundaries of sediment movement within the Ettalong estuary.

A conceptual model was developed to describe the sediment dynamics within the natural boundaries which was then verified using historical data, aerial photos and the examination of the impact of human intervention.

Data on currents, tides, waves,

shoal mobility was collected in the field and used to evaluate time scales of erosion processes and rates of sand movement.

"From this investigation, a number of significant conclusions were reached," the report said.

The first conclusion was that erosion events in the Ettalong region were inter-related and not soluble in the long-term by means of isolated remedial work.

"Erosion is not primarily caused by the natural loss of sand from the estuary as the quantity of sand



Aerial Photograph - 19 June 1974

contained between the Rip Bridge and the outer edge of the Ettalong Point shoal in Broken Bay remains essentially constant," the report concluded.

"Sand contained within this estuary system is quite mobile, moving from the outer shoal to the beach and thence back to the outer shoal via the tidal channels.

"Erosion is attributable to the fact that this circulatory pattern is variable in time, rate and location, resulting in beach fluctuations.

"These fluctuations can be

increased by variation in channel alignment within the estuary," it said.

The NSW Government report set out a Beach Management Program and stressed that there should be "continuing management of this fragile beach in the future".

Strategies recommended in the report, over 40 years ago, included beach nourishment and dredging.

SOURCE:

Document, 1976

Ettalong Beach Erosion Study, NSW Department of Public Works
Reporter: Jackie Pearson

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Good Morning Ettalong Show 31 Oct

ELTON JOHN & ROD STEWART SHOW—Magical tribute show, Rod & Elton together with the GME Band. Dave "Rodney" Patten and Shannon G Brown become Sir's Rod Stewart and Elton John with amazing vocal and visual performances of ALL THE BIG HITS.

Doors open: 10.30 for 11am Show
Tickets: \$8 Members / \$13 Guests

Ettalong BEACH DIGGERS ...your Destination

51 - 52 The Esplanade, ETTALONG BEACH
Ph (02) 4343 0111 ~ www.ettalongdiggers.com

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Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society

Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre 4363
1156.
Social Meetings 1.30pm 4th Wed
for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning and weaving, patchwork
and quilting, felting and other
fibre and fabric crafts, community
quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery
Watercolours, Oils, Acrylics,
Pastels, Silvercraft,
Patchwork & Quilting
0412 155 391
www.ebacc.com.au
ebacc.email@gmail.com

Hospital Art Australia Inc.

Meet every Tue and Fri
9am-2pm - 109 Birdwood Ave,
Umina - Painting and Canvas
drawing. Volunteers welcome
hospitalartaustalia.com.au
0431 363 347

Bushwalking

National Parks Association Central Coast

Twice weekly bush walks, varying
distances and grades of difficulty.
Explore, enjoy scenery, fauna,
floral, history. Keep fit and make
friends.

4389 4423 & 4332 7378

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd &
McMasters Rd Woy Woy
Activities, programs and support
groups for children, teens, adults
and seniors including occasional
care, playgroups, dance classes,
karate, fitness classes, youth
services, gambling solutions,
internet kiosk and social groups.
www.coastcommunityconnections.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer
Lessons, Dancing, Indoor Bowls,
Fitness, Handicrafts, Leatherwork,
Line Dancing, Painting, Scrabble,
Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Central Coast Community Legal Centre

Not for profit service providing free
legal advice.
Monday to Friday
9am to 5pm
4353 4988
centralcoast@clc.net.au

Community Groups

ABC "The Friends" Support group for Public Broadcaster.

Aims: Safeguard ABC's
independence, adequate funding,
high standards.
Meetings through the year + social
afternoons
Well-known guest speakers
www.fabcns.org.au
4341 5170

Central Coast Social Group

Social contact, entertainment
events, new friendships, for
30's-60's
Live music, house parties, dinners,
BBQs, picnics, trips away etc.
Monthly Meet & Chat
0422 243 101
email cco30s@live.com.au

Central Coast 50+ Singles Social Group

Ladies & gents dinner, dancing -
BBQs & socialising each w/end.
Monthly programme for all areas
0412 200 571
0437 699 366
50pssg@gmail.com

Mingaletta Aboriginal Torres Strait Islander

Provides members and other
groups a meeting place and
referral hub for education, health,
well-being and cultural programs.
Mon-Fri 9am - 4pm
6 Sydney Ave Umina
4342 7515
admin@mingaletta.com.au

Peninsula School for Seniors

Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft, history,
walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup

Carers, Grandparents, parents
& children 'Intergenerational
Playgroup'
Tues 10-11.30am
4344 9199

Seniors Computer Club Central Coast

Classes held Monday to
Friday for everyone over 50
Basics: Mon, Tues and
Thurs 10am to 12noon
Different programs every day,
10am to 12noon or 1pm to 3pm
Apple-Mac: Mon, Tues, Wed
All at our club rooms, Kincumber
Neighbourhood Centre
Bookings or inquiries
4307 9421

The Krait Club

Community Centre - Cooinda
Village, Neptune St, Umina
10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest speakers,
entertainment and bus trips
4344 3277

The NSW Justices Association Inc

Seeking volunteers for 8
community JP Desks
Tuesday Deep Water Plaza
9.30am-1pm
Wednesday Umina Library
10am-1pm
Thursday Woy Woy Library
10am-1pm
Free Insurance and training
provided
0418 493 388
benefits@nswja.org.au

Umina Beach Men's Shed

Men share a variety of tools,
pursue interests and hobbies,
spend time with other men and
learn new skills
Darell 4342 9606

Volunteering Central Coast

Refers potential volunteers to
community orgs. Supports both
volunteers and community orgs.
Training for volunteers & their
managers. 4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare Community

Protect and preserve the
environment & residential nature
of the Bouddi Peninsula and to
strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall 4360 2945
info@wagstaffetokillcare.org.au

Health Groups

Al-Anon

If someone's drinking is
causing you problems...
Al-Anon can help
4344 6939
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW

Woy Woy support group
Woy Woy Bowling Club
North Burge Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing Australia - Central Coast

Hearing loss management
support and education.
7 groups across the Coast
Providing practical experience
and confidence
4321 0275
www.centralcoast.betterhearingaustralia.org.au

BlueWave Living

Woy Woy Community Aged
Care facility providing residential
aged care to the frail aged.
Permanent and respite care
accommodation available.
Information 2nd and
4th Tues - 11am
4344 2599
reception@bluewaveliving.org.au

Central Coast Parkinson's Support Group

We aim to help individuals and
their families better manage
living with Parkinson's Disease
Guest speakers are a regular
feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions

Gambling help counsellors
providing free confidential
professional service to
gamblers, family and friends.
Woy Woy, Kincumber,
Gosford and The Entrance
4344 7992

GROW Support Groups

Small friendly groups formed to
learn how to overcome anxiety,
depression and loneliness and to
improve mental health and well-
being. Anonymous, free and open
to all. Bring a support person if
you like. Weekly meetings at Woy
Woy, Bateau Bay and Wyong
1800 558 268
www.grow.org.au

Meals on Wheels

Delicious meals delivered free
Join us for a midday meal
Help with shopping and
cooking classes
4341 6699

Mary Mac's Place

Providing hot, freshly cooked
meals - Mon to Fri 11am-1pm with
support, info & referrals 4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

12-step fellowship for those
with eating disorders. No
dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
www.oa.org
0412 756 446

Peninsula Village Wellness Centre

Offering holistic and
complementary therapies
including aromatherapy,
massage and music therapy
4344 9199

Peninsula Village Meals

Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group

For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church,
380 Terrigal Drive, Terrigal
9.30am to 12 noon 4367 9600
www.pcfa.org.au

Riding for the Disabled

Horse Riding as a therapy for
those with intellectual or physical
disabilities.
Volunteers required. No previous
exp. necessary - School hours

only. Mon to Sat 4340 0388
stateoffice@rdansw.org.au

Schizophrenia and Bipolar Fellowship

For Schizophrenia/Bipolar/
Mental Health sufferers,
family, carers and friends. .
1st Thur - 1pm Room 3 Uniting
Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Public Hospital Alliance

To restore medical services
previously available & upgrade to
a standard that meets with local
needs.
2pm 2nd Sat St Lukes Church
Hall, Blackwall Rd Woy Woy 4344
4811

Woy Woy Stroke Recovery Club

Everglades Country Club
2nd Tues 11am
Company, up-to-date info,
hydrotherapy, bus trips
4341 7177

Music

Brisbane Water Brass

Brass Band entertainment
for the community playing all
types of popular music.
Rehearsal every Tues
7.30pm-10pm
0419 274 012

Coastal a Cappella

Dynamic award winning
women's a cappella chorus
new members always welcome.
Music education provided
Lots of Performance opportunities,
or hire us for your next event.
0412 948 450
coastalacappella@gmail.com

Gosford Musical Society Minstrels

Entertain at various venues on
the Coast seeking new members
Thur Night Laycock St North
Gosford 4341 4210

Soundwaves

Men's a-cappella 4 part harmony
chorus - all ages 7pm Mon.
Central Coast Leagues Club
John 0413 276 698
jbthomson51@gmail.com

Troubadour Central Coast Folk, Traditional & Acoustic Music and Spoken Word Concerts, Ukulele meets, and Sessions

4th Sat 7pm CWA Hall
Woy Woy 4342 6716
mailinfo@troubadour.org.au

Political Groups

Australian Labor Party

Political discussions, national,
state and local government issues

Umina Ettalong Branch

2nd Mon Umina Beach Bowling
Club 7.30pm 4342 3676

Ourimbah/ Narara Branch

Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch

Everglades Country Club
7.30pm 2nd Mon
0412 517 520
belindaneal@bigpond.com

Peninsula Day Branch

1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens

Active regarding ecological
sustainability, social & economic
justice, peace & non-violence,
grassroots democracy & getting
Greens elected
3rd Thur,
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy

1st and 3rd Mon. Woy Woy
Leagues Club

0478 959 895

Make new friends and have fun
while serving your community.

Rotary Clubs

International service club improves
lives of communities in Aust.
& o/seas. Fun-filled activities,
fellowship and friendship.

Rotary Club of Kariong

Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am 4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm

Everglades Country Club

0409 245 861

curleys@ozemail.com.au

0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades

Country Club.

Don Tee 0428 438 535

Special Interest

Bridge

Duplicate Bridge Mon Tue Thur Fri
Sat-12.15pm
& Wed 9.15am

Brisbane Water Bridge Club,

Peninsula Community Centre

93 McMasters Rd.

Woy Woy

www.brisbane-water-bridge-club.org

Cash Housie

50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy, 7.30pm.
Proceeds to Woy Woy Catholic
Parish.
www.cashousie@hotmail.com

Central Coast Family History Society Inc.

Resources, information
& advice to study your
family's history.
1st Sat 1pm Lions
Community Hall, 8 Russell
Drysedale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service

Help with issues with landlords
& real estate agents? Free
telephone advice and advocacy
for all tenants and residents in
residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Lapidary Club, Minerals & Gems

Learn silverwork, cabochons,
faceting, enamelling, stone
fieldtrips & fossicking.
Weekly Workshops
Tues and Thurs 8.30am-2.30pm
Thurs evening 6-10pm
10 Ourimbah Creek Rd Ourimbah
4362 2246

Central Coast Rescue Unit

Marine Education Courses. Radio
Licenses, Boat Safety & Boat
License & PWC License Tests,
Navigation, Seamanship and
Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc

Gliding Club, Learn to fly,
Instruction FREE to members
Come and have an Air
Experience Flight
All Welcome
14 and up for Training
Flying at Bloodtree Road
Mangrove Mountain Thur, Sat,
Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Ettalong Toastmasters

We provide a supportive and
positive learning experience
in which members are
empowered to develop
communication and leadership
skills, resulting in greater
self-confidence and

personal growth
2nd & 4th Tue, 7:30PM,
Ettalong Diggers
0408 416 356

Peninsula Environment Group

Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops, organic
food buying group
www.peg.org.au

Central Coast Goju-Kai Karate

Traditional Karate & Self
Defence for Teens & Adults
No Contracts, Cheap Rates
Wamboral - Mon 630pm
Kincumber - Thurs 715pm
0417 697 096
www.centralcoastgoju-
kai karate.com.au

Woy Woy Judo Club

3 Classes every
Tue, Thur & Fri
5.00pm to 8pm
Ettalong Leisure &
Learning Centre
Min age 5 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malay Borneo Veterans Association

1st Sat F(except Jan) 1pm
Ettalong Beach
War Memorial Club,
51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers'

Assist all veterans & families with
pension & welfare issues.
Mon & Wed 9am-1pm 4344 4760
Cnr Broken Bay Rd & Beach St
Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and
welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to
1pm 4341 2594

Women's Groups

BPW Central Coast

Empowering women of all ages
in the areas of work, education,
well-being and friendship.
All women welcome to attend
monthly dinner meetings.
Be enlightened. \$40 covers two
course meal and speaker.
0438 989 199
bpwcentralcoast@hotmail.com
www.bpw.com.au/central-coast

Country Women's Association Umina

2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays 12.15pm
0416 193 070 - 4340 1746

Country Women's Association Woy Woy

Opposite Fisherman's Wharf
Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am 4324
2621

Gosford RSL Women's Auxiliary

For women over 18 years.
Raise money for welfare of
veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

Peninsula Women's Health Centre

Counselling, therapeutic and social
groups, workshops, domestic
violence and abuse issues. All
services by women for women
4342 5905
www.ccowhc.com.au

Young lifesaver to be honoured with award

Killcare Surf Club lifesaver Jennifer Webb is to be given a Meritorious Award at the Surf Life Saving Australia Awards of Excellence on November 4, at a function at the Art Gallery of NSW.

"Killcare has fewer rescues but when we do, they're serious," according to club publicity officer Mr Craig Sheppard.

"Easter Monday was a day 16-year-old Webb displayed bravery and acted without hesitation.

"She demonstrated a degree of athleticism and decisiveness that truly saved a life.

"For the preceding six hours of the patrol, conditions had required consistent vigilance of the flagged area.

"Swell height was moderate; however intermittent sets would come in causing flash rips outside the flagged area.

"Swimming not advised' signs had been posted to ensure parents remained vigilant of their children.

"Seventeen preventative actions were made during the day," he said.

"A group of boisterous friendly lads, aged 18-22, had been playing soccer north of the flagged area.

"Just before 3pm, a 22-year-old male, who later advised he had no swimming ability, dashed into the water to retrieve their soccer ball.

"He had unwittingly entered a flash rip.

"Another from the group with some swimming ability had gone in after him and soon became our second rescuer.

"Our primary swimmer, Jennifer Webb, on her fourth straight day of patrol on two beaches over Easter, used the rip to her advantage and was past the break in a manner that a member of the public later described as lightning speed.

"The victim had been howling with terror between waves and had used the last of his energy, in fact he later said he had given up, when another set arrived sending him under.

"Webb retrieved the man from

under water by his hair and with the assistance of a nearby surfer, secured the tube around the conscious yet rag-doll like patient.

"More waves arrived. The patient endured."

The victim was now around 80m from shore.

"Thanks to assistance from an off-duty lifesaver, Webb was able to expedite the rescue by grabbing his board and riding the first set in with the patient, returning him rapidly to shore where oxygen therapy was rendered promptly.

"It is certain that without Webb's actions, the patient would have drowned," Mr Sheppard said.

"Having started at Killcare as an Under 6 Nipper, Webb is a highly-valued member of the Killcare club and actively contributes to other clubs on the Coast as well as competing in Inflatable Rescue Boat racing.

"She is a true exemplar of the Surf Life Saving movement," Mr Sheppard concluded.

SOURCE:

Media release, 27 Sep 2017
Craig Sheppard, Killcare SLSC



Killcare's Jennifer Webb to receive a prestigious Meritorious Award

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Monday, Oct 30

Good Morning Ettalong featuring the Elton John and Rod Stewart tribute show, Ettalong Diggers Memorial Club, doors open 10:30am for 11am show

Peninsula Villages annual general meeting, 91 Pozieres Avenue, Umina, from 10:30am

Ashleigh Chapman, Woy Woy Leagues Club, 5:30pm

Melissa James author talk at Woy Woy Library, Blackwall Rd, Woy Woy, 2:30pm

Friday, Nov 3

Olli Brown, Hardys Bay Club, 7:45pm, bookings required

Saturday, Nov 4

Ettalong Beach Arts and Crafts Centre Exhibition, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, 9am to 4pm and Sunday, Nov 5, 10am to 3pm

Central Coast Disabled Surfers Association Hands On Surf Day at Umina Beach, 9am to 1:30pm

Sunday, Nov 5

Nippers Carnival, Umina Beach

Blues Jam, Hardys Bay Club, 2pm

Tuesday, Nov 7

Melbourne Cup Lunch at Harry Hardys restaurant, Hardys Bay Club, 12pm, bookings essential

Friday, Nov 10

The Bays Community Group Happy Hour, Bays Community Hall, Woy Woy Bay Rd, Woy Woy Bay from 6:30pm

Saturday, Nov 11

Ben Woodham, Hardys Bay Club, 7:30pm

CASS Art Direct Open Studio Art Trail featuring Studio 106 Judith Hoste and Lorraine Best and the late Rudy Van der Water, 15 Glenhaven Close, Umina, 10am to 4pm and Nov 18 and 19

Sunday, Nov 12

Brisbane Water Oyster Festival, Ettalong Foreshore,

9:30am to 4pm

Jam with Top Cat, Hardys Bay Club, 2pm to 9pm

Thursday, Nov 16

Ben Woodham, Sounds on West, Umina, 6:30pm

Friday, Nov 17

A Coupla Numbers featuring Phil Hewett, The Old Pub, Woy Woy, 8pm

Saturday, Nov 18

Rotary Club of Umina presents inaugural Central Coast Youth Chairty Gala Ball, Gosford RSL, from 6pm with proceeds to YC Group, bookings essential

2 Bucks Blues Band, Hardys Bay Club, 7:30pm

CASS Art Direct Open Studio Art Trail featuring Studio 117 Belinda Lindhardt, 69 McEvoy Ave, Umina, and Nov 19, 10am to 4pm

Sunday, Nov 19

Patchwork and Quilting workshop, Ettalong Beach Arts and Crafts centre

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW -
Central Coast 4325 7929
SES - Storm and Flood
Emergency 132 500
Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community
Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support
Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling
Service 4334 2304
Tenants' Advice and Advocacy
Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524
Professional support phone services:

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service
1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

ANTENNAS

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

ASBESTOS REMOVAL

Asbestos Removal
Fully licensed and insured asbestos removals from houses, garages, sheds, bathrooms etc.
Ph: Tom 0422 653 794 or 4393 9890
Safe Work NSW Lic. AD212564

BOREWATER

Bore Water Pumps
Spear pump installations, repairs & maintenance for all types of pumps est 1978
John Woolley
4342 2024

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Mob: 0408 225 390
Lic No. DL1960

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• Cupboards
• Shelving
• Furniture
• Kitchen Updates and Robes
Call Jens
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Carpentry - Building
over 30 years experience
Local know how - working with pride and honesty
Paul Skinner
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0432 216 020 or 4339 2317

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For all your home maintenance repairs and small jobs
contact Max Hull for a friendly reliable service
4342 5893
0413 485 286
All quotes obligation free

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Carpenter & Joiner
40yrs Experience
Decks, Pergolas, Doors, Windows etc
Fully Insured - Call Gary
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4341 1346
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Regular or one off.
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From \$35 hour.
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• Polished Concrete
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• Epoxy floor coatings
• Glue & tile removal
• Concrete cleaning
0481 119 365

ELECTRICIANS

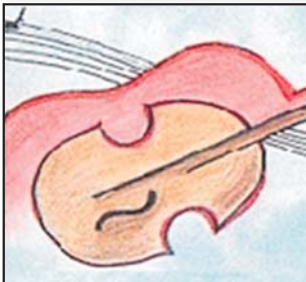
BKW

Electrical Services
Lic No:248126C
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Switchboards - Security lights
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Call Ben on
0404 093 299

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Same day service
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No job too small.
Seniors Discount.
Lic number 265652C
4308 6771

ENTERTAINMENT



The Troubadour

Folk and Acoustic Music Club

Nov 25 at 7pm

YOUNG FOLKIES

CWA Hall - Woy Woy
Price \$10, \$13 and \$15

www.troubadour.org.au

4342 6716

BluesAngels

Your total acoustic blues/roots package, top to toe, and then some. Minnie the Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue.
tomflood@hotmail.com

4324 2801

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Peter Vilder

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All aspects of plumbing:
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Domestic and Maintenance Works

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0402 682 812

Lic 164237c

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Guaranteed

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4346 4057

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Hot Water Systems
Appliances

Portable Heater

Servicing

Drainage and all

aspects of plumbing

Senior's discount

Call Brent 0422 080 936

Lic 286937c

POSITIONS VACANT

The Grand Pavilion Indian Restaurant

Looking for Restaurant Manager, Office Manager, Cook, Wait Staff and delivery drivers

452 The Esplanade

St, Warners Bay

& 17 Church Street, Terrigal

tgp.aarthi@gmail.com

Staff wanted to manage retail outlet in Long Jetty

Also required to sort recycled clothing and manage a market stall.

Ideal for a family.

Experience helpful

but not essential.

Call Robert 0403 414 667

10am - 3pm

Classifieds advertising rates - in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See www.CentralCoastNewspapers.com or www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

To advertise here call

NEWSPAPERS
central coast

4325 7369

Classifieds

REMOVALS

KEYVINS REMOVALS & DELIVERIES

Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.

02 4342 1479
0411 049 559



TILING



Tiling Wall & Floor Property Maintenance
0439 589 426
homes2nv@gmail.com

TREE SERVICES

Eyecare

Tree and Stump

Grinding Services

Mulching Available

Fully Insured
Call Jamie

0413 088 128

www.eyecarelawnmowing.com.au

POSITIONS VACANT

Walkers wanted for home delivery of Coast Community News

Earn decent money while keeping fit. Bonuses paid for inserts. Must be put in letter boxes and not thrown onto driveways, gutters or front lawns. Need to be available Thursdays, rain hail or shine.

Email contact details to: manager@centralcoastnews.net or call 4325 7369

CCA

community connections australia

Support Worker / AIN for Disability Support shifts in Kangy Angy, Central Coast

Community Connections Australia (CCA) is a not for profit organisation providing a wide range of support services to people requiring support to continue living in their own homes.

We are looking for caring and reliable Support Workers/Assistant in Nursing to support a lady living in her own home in Kangy Angy. We can offer a variety of shifts available between 8:30 am – 3:30 pm and 3:30 pm – 9:00 pm daily, 7 days per week.

- The Role:
- Domestic Assistance
 - Personal Care
 - Stoma Care
 - Catheter Care
 - Medical Appointments
 - Community Access

- Essential Criteria:
- National Criminal History Record Check (or willing to apply)
 - Working with Children Check (or willing to apply)
 - Driver's Licence
 - Have a minimum of 6 months paid experience as a Health Support Worker, Assistant in Nursing or similar role
 - Have a Certificate III in Aged Care, Community Care or similar, or Bachelor of Nursing students

- Benefits:
- Rewarding work opportunities in your local community
 - Flexibility in hours and shifts to suit your individual needs
 - Competitive rate of pay
 - Work close to home

To apply for this position, please email your resume and cover letter to alopez@cco.org.au.

TUITION - MUSIC

Learn to play harmonica at your own pace at my place or Skype at yours

www.harmonicatom.com.au
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email tom@tomflood.com.au
\$40 hr or \$25 1/2 hr
Skypeharp: pay by PayPal
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CASH PAID for good quality Swords, Knives and War memorabilia.

For large collections home visit available

Shop 12 - Ebbtide Mall
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The Entrance

4333 8555

THE SHAME FILE

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track. However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so. From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

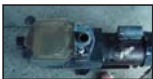
- Affordable Roof Solutions - Brad Sedgewick Ettalong
- Sharon Martin - Devine Image
- Depp Studios - Formerly of Umina
- Tony Fitzpatrick trading as Futurtek Roofing
- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton
- Bruce Gilliard Roofing of Empire Bay
- Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy
- William McCorriston of Complete Bathroom Renovations
- First Premier Electrical Service of Umina Beach
- High Thai-d Restaurant of Umina Beach
- Mal's Seafood & Charcoal Chicken of Ettalong Beach
- Simon Jones - All external cleaning and sealing services
- Erroll Baker, former barber, Ettalong
- Tye King - Formerly The Fish Trap Ettalong Beach
- Jessica Davis of Erina - Trading as A1 cleaning services
- Simon and Samantha Hague, Trading as By the Bay Takeaway Empire Bay
- Rick Supplice of Ettalong Beach, Trading as Rick's
- Flyscreens
- Mountain Mutts - Monique Leon, Ettalong Beach
- Skippers Take away Seafood Marilyn Clarke, Umina
- RJ's Diner - Ryan Tindell of Woy Woy
- Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong
- Greenultimate Solar PTY LTD
- Menhir Tapas & Bar PTY LTD
- Singapore Zing Cafe, Umina
- Dean Lampard - Trading as Lampard Painting
- Sharon Upton - Pretty Paws Pets and Skaterinas
- Callum McDonald - Trading as Sunset Decks
- Linda Smith, Bookkeeper Horsfield Bay
- Robcass Furniture Removals, Mannering Park
- Jeff Eather trading as OZWAY Realty, Woy Woy

PUBLIC NOTICES

Psychologist Mark Baddeley Hypnotherapy, Counselling, Biofeedback.

For all stress issues
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Ettalong Beach
www.markbaddeley.com

RUN IT 'TIL YOU SELL IT



Poolrite PM60 pool pump in good working order. \$150
Ph: 0410 522 070



Antique colonial dining chairs set of 3 \$270
Ph 0410 522 070



Antique colonial dining chairs 2 individual chairs \$150 each
Ph: 0410 522 070



Pair of column speakers 116cm tall X 33cms wide four speakers in each column \$190 for the pair.
Ph: 0410 522 070



Pool cartridge filter holder Titan CL 160 \$90 Ph 0410 522 070



McCulloch MT265 Petrol brush cutter. Hasn't been used for two years. \$170
Ph: 0410 522 070

Aquaone - tropical fishtank 200L tank and cupboard - 150Cm tall complete - In very good condition - Including all equipment!
\$170 0410 511 694

White Oak - High back dining chairs - Highest quality workmanship, Leather seats all in great condition
\$250 The lot 0410 511 694



Hansa Chipper C7 - Honda GX200 engine, retail \$2700 - Very little use
\$1000 - 4367 6071



Savage 4mtr Alum, fwd control, 125hp mercury, swivel seats, bimnj cover, boat trailer with covers, Excellent condition \$7000 ono
4358 3288 - 044302750

Dolls for sale

Celluloid, Porcelain, Accessories, Cots, Prams, Dolls, Dressed Authentically. 4342 1862
matkins274@optusnet.com.au

Fisher Paykel Upright Freezer, Six slide out draws - Good Condition. \$130
4390 0475



Foldable Motor Treadmill Good Cond \$120
4390 0475

Run it 'til you sell it*

*To run in all three papers and on line for a maximum of 3 months if not sold before

Client Name: _____

Phone: _____ Email: _____

20 words \$22 ☐ Photo \$5.50 yes ☐ no ☐

_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Extra words at \$1.10 per word

_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Card: _____

Expiry: ____/____/____



TIDE CHART

Club
Final
held
at
Umina

Mixed results for junior rugby union

Club bowls finals held at Woy Woy

Media release, 11 Sep 2017
Ken Dixon, Woy Woy Bowling Club

Bureau of Meteorology

[illegible]

Bridge club adopts new constitution

The Brisbane Water Bridge Club has decided to adopt a new constitution.

A new template was recommended by the State Government and endorsed by the Australian Bridge Foundation.

The decision was made at an extraordinary general meeting of members held on October 14.

Approval of the constitution means members will now be able to nominate other members for committee positions, vote prior to an annual meeting and many other

activities using the new online facilities of the website.

The recently conducted Labor Day Pairs were won by Ms Pam Gowthorp and Mr Alfred Loomis with a very creditable 57.6 per cent just pipping Ms Heather Cox and Ms Pamela Lumby with 56.1 per cent and Mr David Snow and Mr Martin Johnson with 55.9 per cent.

New members and visitors from other clubs are made welcome.

SOURCE:

Media release, 19 Oct 2017
Laurie Powell, Brisbane Water Bridge Club



The Under 18 Pool Rescue Development Team features Umina's own Bronte Smith

Bronte Smith returns with medals

Umina Surf Life Saving Club's Bronte Smith has returned with medals as an under-18s competitor representing NSW at the 2017 New Zealand Pool Rescue Championships in Auckland held on October 13 to 15.

Smith, with teammates Emily Doyle, Chantal Luxton and Phillipa Emery, had a successful competition as they secured gold in the Under-19 Women's

Manikin Relay and a further two silver medals in the Obstacle and Medley Relays.

Smith and Doyle again teamed up in the Line Throw Event where they again got to stand on the podium with a well-deserved silver medal for the fourth time of the weekend.

The nine-strong-team NSW Under-18 Pool Rescue development team competed as part of an annual tour.

The team returned home with

seven medals, including two gold, three silver and two bronze, from the three-day competition.

"The young team did really well participating in, what was for most of them, their first international competition and I am sure that having this race practice will hopefully lead to further success in the future," said team manager Mr Blake McCrindle.

SOURCE:

Media release, 19 Oct 2017
Rachelle King, SLS NSW

Surf club members attend development program

Umina Surf Life Saving Club's Thomas Rodham and Kiara Jack have attended Surf Life Saving NSW's development program at Sydney's Northern Beaches Academy of Sport.

Throughout the three-day program, 43 young athletes participated in training sessions under the eagle eye of some of the best surf sports coaches, attended discussions on nutrition, had their skills and techniques analysed and were introduced to high performance and recovery techniques.

Additionally, some of the

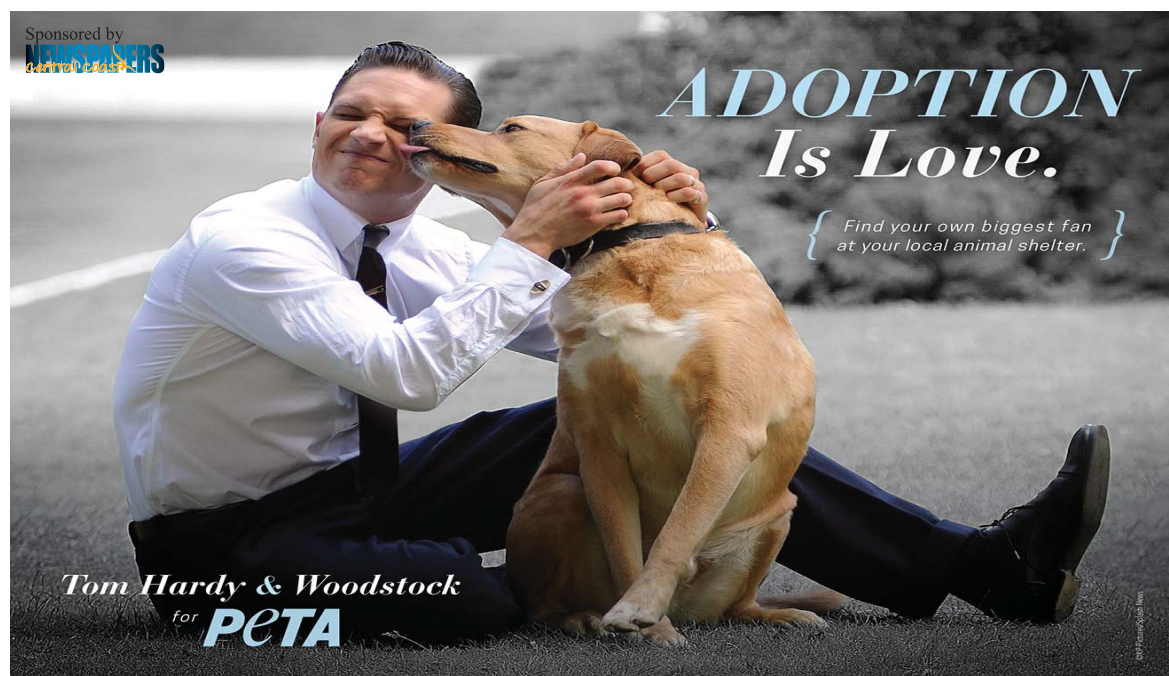
lectures were delivered by guest speakers with their own background in competitive sport providing an intriguing backdrop.

Among the speakers were sports psychologist Mr Mark Webster and London Olympian kayaker Jo Brigden-Jones.

Surf Life Saving NSW development officer Mr Tim Piper said: "One of our plans in recent seasons has been to streamline the development path from junior prospect to the state team and it's great that we had our senior coach, Mr Jim Walker, conduct a session."

SOURCE:

Media release, 12 Oct 2017
Tim Piper, SLS NSW







FRI 10 NOV | KO: 7.50PM

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ea

Nasonex Allergy Spray Twin Pack
2 x 140 Metered Sprays*



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ea

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Flo Sinus Care Starter Kit
1 x Flo Wash Bottle, 12x 1.9g Pre-mixed Sachets*

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Sunday & Public Holidays: 9am - 3pm

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