



Member for Robertson, Ms Lucy Wicks with Ms Abigail Grimes, Ms Kylie Brown, Ryan Brown, Luke Brown, Mr Bob Walkley and Mr Taylor Martin at the official opening of the new McEvoy Oval amenities building

McEvoy oval amenities are officially opened

New amenities costing more than \$800,000 at McEvoy Oval in Umina have been officially opened.

The amenities were jointly funded by Federal, State and local governments, with small contributions being made by local sporting groups.

Despite the three levels of government issuing a joint media release, it was left to the Federal Member for Robertson, Ms Lucy Wicks, to officially open the amenities on Friday, September 8.

The facility currently supports training and competition for Woy Woy Little Athletics, Peninsula Touch Association and Southern Spirit Cricket Club.

The upgrade launch was timed to coincide with the 2017 registration day for the Woy Woy Little Athletics Club.

The Federal Government invested \$304,000 into the project.

The New South Wales Government contributed \$225,000 and Central Coast Council \$258,430.

Woy Woy Peninsula Little Athletics put in \$4000, Peninsula Touch Football Association \$6000

and Southern Spirit Cricket Club \$3000.

The joint media statement said the new building was an investment in grassroots sport for the region.

Ms Wicks, who said she was a long-term supporter of the project, joined the community for the opening and said the new building included a clubroom, canteen, storage rooms, and male and female amenities.

"I've been hearing from many local families and organisations on the Peninsula about how the previous amenities building was run-down and unsafe so it's great to be able to open this new facility for Umina," Ms Wicks said.

"Not only is McEvoy Oval home to over 1500 sporting participants per year, it's also used by local schools for carnivals and gala days," she said.

"I'm thrilled that this upgrade is now complete, and commend all levels of Government and the hard-working community advocates who've made it possible."

In the joint statement, Federal Minister for Regional Development Ms Fiona Nash said: "These great new facilities will benefit both local

sports and the greater community, promoting the growth of Umina and the surrounding areas."

New South Wales Minister for Sport Mr Stuart Ayres said in the statement that the significant joint investment would increase accessibility to the main athletics centre on the Peninsula and ensure it can cater for more teams and players from interstate.

"This major investment has also provided an economic boost for the region by creating 10 new jobs, five during construction alone," Mr Ayres said.

"A key component of the upgrade includes installation of a new irrigation system to encourage stronger turf establishment and growth," said Council administrator Mr Ian Reynolds.

"Improved growth results in faster rehabilitation of the playing surface, allowing greater useability of the oval," Mr Reynolds said.

SOURCE:

Joint media release, 7 Sep 2017
Tim Sowden, office of
Lucy Wicks MP

Les White, office of Fiona Nash MP
Anna Hindson, office of
Stuart Ayres MP
Ian Reynolds, Central Coast Council

Oyster Festival absorbed into larger Wyong festival

The 17-year-old Ettalong Oyster Festival is to be absorbed into Wyong's three-year-old Lakes Festival, which will be rebadged as Central Coast Lakes Festival.

Central Coast Council has taken over the event, and it will now become just one of 26 events in the regional festival.

"This year we have expanded the Festival to Ettalong and Gosford, giving us more opportunities to activate the waterfronts all over the Central Coast," said Council's group leader Ms Julie Vaughan.

The Lakes Festival, started by the former Wyong Council, is in its third year.

Ms Vaughan said the 2017 festival would include 20 free events from November 10 to 19.

She described the Oyster Festival as "a new event hub at

Ettalong".

"The Lakes Festival is just growing bigger each year and is now a true Coast-wide event," Ms Vaughan said.

"This year we have 26 events designed to activate, educate and celebrate our local waterways across 10 days at seven different locations so there's certainly something for everyone."

She said the Brisbane Water Oyster Festival had agreed to become part of the Lakes Festival.

She said the 10-day festival would feature a full program of sporting, family, cultural, educational and live music events on and surrounding the Central Coast's waterways including the Ettalong foreshore.

SOURCE:

Media release, 12 Sep 2017
Julie Vaughan, Central Coast Council



New Labor councillor for Gosford West, Mr Richard Mehrstens speaks with Peninsula News journalist, Ms Jackie Pearson

Election results and interviews available on video

For the first time, Central Coast Newspapers has published comprehensive video news on the results of the Central Coast Council election.

You can find it at coastcommunitynews.com.au.

The video news wrap-up includes a comprehensive interview with, Mr Richard Mehrstens, Labor's newly-elected Councillor for the Gosford West Ward.

Mr Mehrstens told Peninsula News that he will be one of the most accessible Central Coast

Councillors because he works in the Blackwall Road, Woy Woy, electoral office of the Member for Gosford, Ms Liesl Tesch.

Several other Councillors from other wards were also interviewed.

Pearl Beach resident and one of the founders of the Community Plan Central Coast movement, Dr Van Davy, also features on the video news wrap-up.

This is a first for Peninsula News, Central Coast Newspapers and the Central Coast.

SOURCE:

Website, 15 Sep 2017
Coastcommunitynews.com.au

THIS ISSUE contains 48 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

central coast

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News

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

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All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Still no meaningful rainfall

Spring has sprung with the dry end to winter continuing well into September.

The Peninsula has experienced only one day in September of rainfall of one millimetre or more, according to the rainfall data gathered by Mr Jim Morrison of Umina.

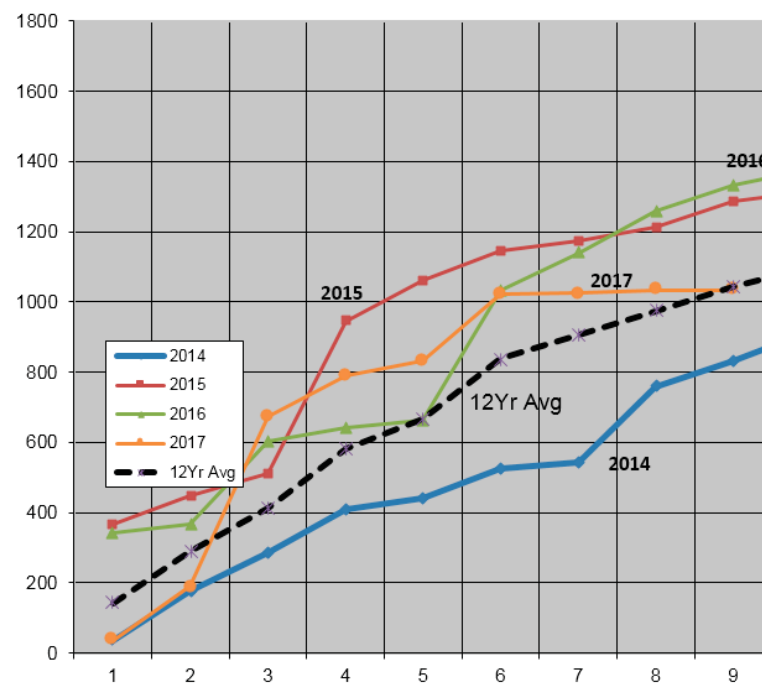
As of September 15, rainfall on the Peninsula for the month was significantly below average, in fact, it was 98.6 per cent below the September monthly average.

The average cumulative rainfall for August and September thus far is 9.8mm, compared to last year's 192.9mm.

Despite the Peninsula's dry Winter, 2017, it is still sitting on the 12-month rainfall average.

The need for substantial rainfall on the Peninsula becomes more evident with each passing day.

Cumulative Monthly Rainfall by Year



SOURCE:
Rainfall data, 15 Sep 2017
Jim Morrison, Umina

YOUR CHANCE TO WIN

Peninsula News and the Central Coast Mariners Football Club wish to offer one lucky reader a free Family Membership for the Central Coast Mariners' entire 2017-18 A-League Season.

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The winners of the Peninsula News Glenn Miller competition were John and Colleen Saich, residents of Woy Woy since 1955 and Ms Sue Webster of Ettalong.

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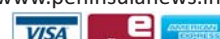


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Labor, Liberal and Holstein elected to council

The Gosford West ward, covering the Peninsula, will be represented by Labor's Mr Richard Mehrstens, Liberal's Mr Troy Marquart and independent Mr Chris Holstein on the new mega Central Coast Council.

The returning officer had declared the final outcome of the Gosford West ward election as Peninsula News went to press on Friday, September 15.

Mr Mehrstens was the only Gosford West ward candidate to win a first preference quota with 25.5 per cent of first preference votes.

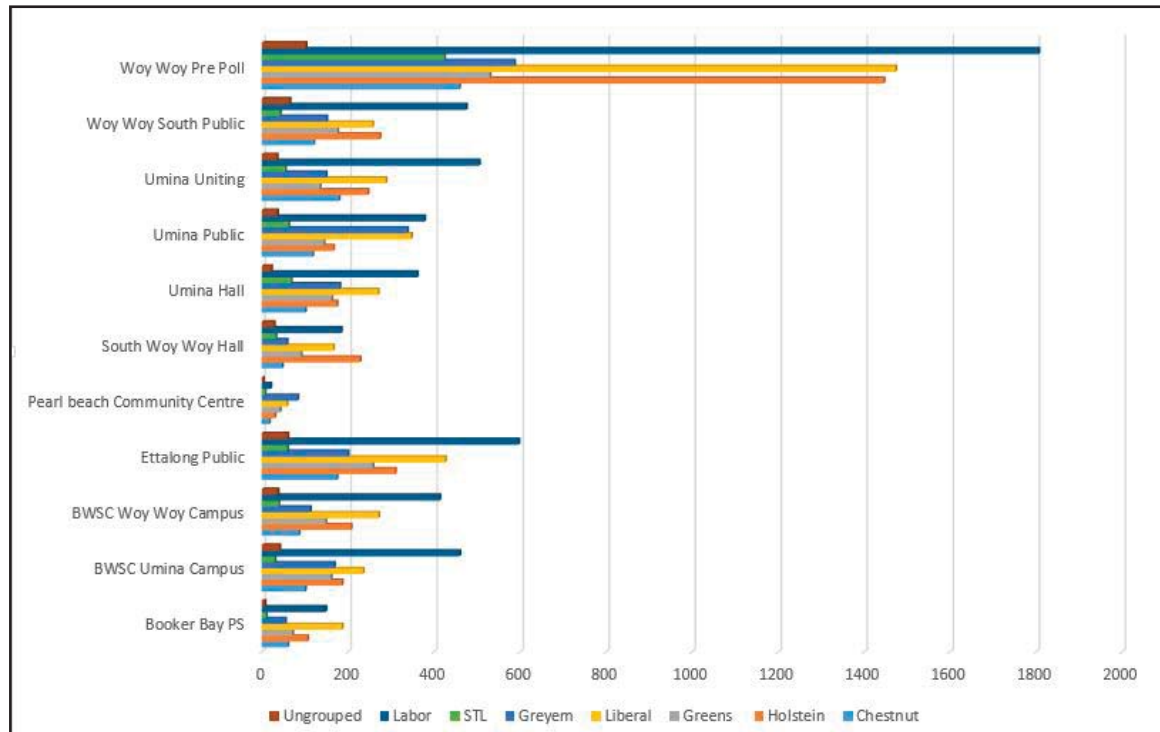
Liberal candidate Mr Troy Marquart was next most likely across the line as counting of pre-polls took place during the week after the September 9 election.

Former Gosford Mayor and former Member for Gosford Mr Chris Holstein successfully filled the third Gosford West position on the new Central Coast Council.

He received around 20 per cent per cent of first preference votes.

Ms Kate da Costa for The Greens secured the next highest number of first preference votes followed by Central Coast New Independents' candidate, Mr Gary Chestnut.

A preference swap between Mr Holstein and Mr Chestnut saw Mr Holstein over the line.



The other group of independents led by Ms Gabby Greyem won 7.9 per cent of the vote, followed by Save Tuggerah Lakes on 3.8 per cent and Ms Christine Keene, an ungrouped independent, and Ms Skyla Wagstaff for the Animal Justice Party winning the smallest percentage of votes in the ward.

An analysis of how Peninsula residents voted at booths across the Peninsula saw Labor significantly ahead of all other tickets in seven out of the Woy

Woy Peninsula's 11 booths.

Liberal Mr Troy Marquart won the first preference vote at one booth, Booker Bay preschool.

Mr Holstein was popular across the Peninsula and stood shoulder-to-shoulder with Mr Marquart in at least five booths.

Woy Woy, Umina and Ettalong voters remained Labor supporters.

In the Gosford East Ward, Ms Rebecca Gale Collins, representing the Liberal Party, was the only candidate to gain a quota

on first preference votes.

The Liberal Party ticket in Gosford East won 37.1 per cent of the vote.

Labor candidate, Mr Jeff Sundstrom, was expected to be the second across the line in Gosford East ward, with 21.8 per cent of first preference votes.

Hundreds of votes may end up separating the third Gosford East Ward candidates but New Independent, Ms Jane Smith, looked most likely to be elected.

In the north of the new Central Coast local government area, The Entrance Ward was the only one to see all three Councillors elected on the first preference count.

They are Liberal Ms Jilly Pilon, Labor Ms Lisa Matthews and ungrouped independent, Mr Bruce McLachlan.

Two Labor candidates were elected in Budgewoi, Mr Doug Vincent and Ms Jillian Hogan.

The race for third spot in Budgewoi remained close, between former Wyong Councillor and Mayor, Mr Greg Best, and Liberal candidate, Mr Garry Whittaker.

Wyong Ward will be represented by New Independent, Ms Louise Greenaway, Mr Kyle MacGregor for Labor and it looked most likely that former Liberal Gosford Councillor, Mr Chris Burke, would take third place.

Across the whole Central Coast, independent candidates gained 31.6 per cent of the vote, Labor 29.8 per cent and a swing of 6.7 per cent across the board towards Labor.

The Liberal Party won 39,525 votes but the overall swing away from the Liberal Party was 6.9 per cent.

SOURCE:
Website, 15 Sep 2017
Election results, State
Electoral Commission

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Marquart second councillor elected in Gosford West

Liberal Party candidate Mr Troy Marquart was the second councillor elected to represent Gosford West ward.

The returning officer declared that the Liberal Party's number 1 Gosford West candidate had secured a seat on the new Council at 3pm on Friday, September 15.

Earlier in the week Mr Marquart said he was quietly confident he would be elected.

Mr Marquart said he would see through his campaign commitment to address the urgent need to fix the Ettalong channel.

He said during the campaign he had identified the need to work closely with the community, ferry operators and the NSW Government to deliver dredging works at Ettalong.

"The lack of dredging has also impacted locals in suburbs such as Killcare, Wagstaffe and Booker Bay in addition to local transport operators, sailing clubs and businesses from elsewhere on the Central Coast and other areas in NSW who rely on the channel to be open, healthy and operational," Mr Marquart said.

"The State Liberal Government and Council have made major progress in recent months, including \$150,000 from the

NSW Government to accelerate emergency dredging works at Ettalong and keep the channel open," he said.

"Locals need Council representatives who are determined to see this project happen, and ensure the necessary works are approved as soon as possible."

"Dredging needs to continue but it is only part of the remedy.

"We cannot have ferries lodged in sand banks."

Mr Marquart said he would begin to address roads and drainage issues on the Peninsula by allocating a "large chunk" of the Central Coast Council's current capital works program to Peninsula projects.

"There has always been a massive issue with roads and drainage on the Peninsula," he said.

"I drove over the Rawson Rd level crossing yesterday afternoon," he said.

"It is one of those road issues that exists that is going to need to lean upon the capital works funding package."

He said he understood that Woy Woy Peninsula was earmarked for a significant amount of infill medium-to-high density residential development and said he would

advocate that the infrastructure needs to come first.

"We need to develop the infrastructure first or have a fail-safe plan for the infrastructure to go in at the same time as the development," he said.

Mr Marquart said: "In Gosford West ward, the voters have preferred Labor, Liberal and Chris Holstein.

"I personally believe those three individuals didn't go in with just a one issue strategy.

We now need to work collaboratively and get the grants for the Central Coast from State and Federal Government that it has been missing out on.

I think the first challenge for the new Council, after the counting is finished, is making sure we all forge relationships that will allow this council to move forward in a positive direction.

"It will be nothing more than disastrous if we get stuck in infighting and in things that do not relate to local government," he said.

SOURCE:

Media release, 5 Sep 2017
Interviews, 13 and 14 Sep 2017
Troy Marquart, Liberal Party
Reporter: Jackie Pearson

Asbestos exposure raised in parliament

The exposure of the Peninsula's public housing tenants to asbestos has been raised in State Parliament.

Member for Gosford Ms Liesl Tesch has asked Minister for Housing Mr Anthony Roberts about the exposure of public housing tenants on the Peninsula to asbestos.

Ms Tesch placed questions on notice following ABC Central Coast radio reports that a woman and her children had been exposed to asbestos dust during kitchen renovations in a public housing property in Woy Woy.

"Has the Government done a stock take of its aging property portfolio on the Woy Woy Peninsula to check for asbestos?" Ms Tesch asked.

She also asked the Minister to report to parliament on the number of public housing properties on the Peninsula that could possibly see tenants exposed to asbestos dust or fibre.

"What is the Government's plan

for ensuring the safety of tenants?"

Ms Tesch said she had contacted the Minister for Social Housing and Family and Community Services, Ms Pru Goward, with similar questions.

"I spoke with Ms Goward and she said she would make inquiries, so I will follow that up with a letter in addition to asking questions in parliament," Ms Tesch said.

Ms Tesch said she was also seeking details of money to be spent on the Peninsula following the Government's announcement of funding for social and affordable housing.

"Of the 2400 new social and affordable dwellings announced through the Social and Affordable Housing Fund, how many will be delivered in the Gosford electorate and how many of these are single bedroom facilities in the Pacific Link development in Chambers Pl, Woy Woy?" Ms Tesch asked.

SOURCE:

Media statement, 14 Sep 2017
Liesl Tesch, Member for Gosford



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Wagstaffe store parking may be resolved

A resolution appears to have been negotiated with Central Coast Council after parking officers recently attempted to impose parallel parking at the Wagstaffe Store.

The new instructions were "despite a 2010 Gosford Council map that clearly confirms the area for 90-degree parking, a practice dating back at least 20 years", according to local residents.

An on-site meeting held on September 4 at the request of the Wagstaffe-Killcare Community Association, resulted in ranger action being put on hold until a meeting of the Council's Traffic Committee early in November.

"In recent weeks, Council officers have been advising residents and visitors to Wagstaffe Store that it is necessary to parallel

park at the shop," said association president Ms Peta Colebatch.

"It is clear that parallel parking would have a detrimental effect on Wagstaffe Store, and would significantly limit the number of people who could use the store, given that the rest of the square is largely taken up by hall and ferry users, and there are often no parking spaces on nearby streets.

"We spent two weeks attempting to reason with Council, initially without success, but have had a breakthrough late in August, just after our print edition arrived, gaining an onsite meeting of all concerned in the first week of September.

"We are confident the issue was resolved," Ms Colebatch said.

SOURCE:
Newsletter, 2 Sep 2017
Peta Colebatch, WTKCA



Ms Elkins explaining the inner workings of a bee hive to members of Umina Rotary

Beekeeper speaks at Rotary

Ms Barbara Elkins from the Central Coast Amateur Bee Keepers' Association was the guest speaker at the Umina Beach Rotary Club recently.

Ms Elkin's presentation covered European and native bees.

She displayed the different types of hives and pulled them apart to explain the panels and

working parts.

"The average hive has about six to eight frames and can produce 60 to 100kg of honey each year," Ms Elkins said.

"Bees are very clever and the female foragers can find the best nectar and pollen," she said.

Ms Elkins advised Rotary members that, if stung by a bee, they should flick the bee off or

scrape it off with a credit card because squeezing the bee would result in the venom being forced into the wound.

She said the Bee Keepers' Association met on the third Wednesday of every month at the Gosford Showground.

SOURCE:
Newsletter, 11 Sep 2017
Geoff Melville, Rotary Club of Umina Beach Inc

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What is the Low FODMAP diet?

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Commitment to put railway crossing on council agenda

The man who has taken the third seat in the Gosford West ward has said he is committed to putting the railway crossing back at the top of the Council agenda.

Former Member for Gosford and one-time Gosford mayor Mr Chris Holstein said last Wednesday he was confident he would be the "last man standing" in the battle for the third position on Council from Gosford West ward.

At 3pm on Friday, September 15, Mr Holstein's win as third candidate in Gosford West ward was confirmed by the returning officer.

"The level crossing will be one of the top items on my agenda but I have got a litany of things I have to bring to Council and I have to bear in mind there will be something like 11 new councillors and they have to go through the process of being brought up to speed," Mr Holstein said.

He said he believed it was likely the extraordinary meeting to elect the Mayor would take place on Friday, September 22, followed by the first official ordinary meeting on Wednesday, September 27.

Mr Holstein would not state whether or not he was interested in the position of mayor.

"Those matters that I have on my agenda from my ward will be

my priority but I still need to know everything about the issues that have been highlighted from the other wards," he said.

He said he was surprised to learn that Transport for NSW, while backing out of its commitment to replace the level crossing at Woy Woy, was going ahead with a \$50 million-plus access bridge as part of its plans to put a new rail maintenance facility at Kangy Angy.

"It will be the role of the mayor to make representations to the government.

"For anyone to do that as an individual councillor is a bit presumptuous but the Council needs to get an assessment here of what they are doing and where their priorities lie," Mr Holstein said.

He said the new Council needed to "go straight to the Minister and the Premier" to address NSW Government's poor decision-making that had resulted in a \$50 million overpass being planned in the middle of a semi-rural community at Kangy Angy whilst the level crossing remained on a major arterial road on the Woy Woy Peninsula.

Mr Holstein said the level crossing replacement was a matter of public safety and would be even more important with projected population growth.

"It's not just people from the

Peninsula who use that road.

"All you have to do is sit near the Rip Bridge and count how many cars are coming across from Kincumber to go up to the freeway that way.

"That was well acknowledged by the NSW Government," he said.

He said those who had blamed him for under-estimating the cost of the level crossing replacement project during his campaign to become, and then during his time as, Member for Gosford, were playing political games.

"What was happening before Holstein opened his mouth about it?" he said.

"Who had done anything about it and yet I get blamed for taking the issue on," he said.

"The costings of it initially were subject to further investigation and certain factors came out," he said.

He said the reassessments of the project's costs and final cost blow-out were a NSW Government "excuse for not spending money in an electorate that was held by the Opposition".

"The level crossing replacement is needed.

"It is crucial to the transport network and for public safety.

"What a lot of people don't know is that underpass was subject to a range of traffic measures that would have to flow into the Peninsula.

"It wasn't only the underpass but a range of other traffic projects that were canned.

"I will leave it alone if people can convince me it is not needed.

"But you might as well make it snow in Woy Woy because you've got a better chance of that than of convincing me that this is not an important roads project.

"I am not over the line yet and not prepared to make too much comment until we know we are there.

"Council has got to form.

"It is very important to find out who my colleagues are, what are their issues, what is their common ground but, whoever they are, I am going to be telling them about a certain underpass down at Woy Woy.

"The new Council should be packing the mayor off to Gladys to say you've got this one wrong.

"Even the opposition would support that and, I would hope, so would the Liberal councillors.

"When I parted ways with the Liberals, one of the reasons was their failure to keep their commitments on the Peninsula."

The NSW Government originally committed \$52 million in funding for the removal of the road level crossing at Rawson Rd and to provide a new road underpass at the base of Bulls Hill, connecting Woy Woy Rd to Nagari Road

in addition to the construction of a pedestrian underpass from Railway St to Waterview Cr.

The pedestrian underpass, stage one of the project, was completed.

The original design for the underpass was rejected by Transport NSW, due to the impact the works would have on the northern rail line as intermittent closures were required for critical construction works scheduled over several weekends.

An alternate design for the level crossing road underpass was developed by Transport NSW and costed at \$115 million.

The NSW Government subsequently stated that it would not be going ahead with the project and that it believed Council did not have the funding to match anything contributed by the State.

Central Coast Council undertook to continue to work with Transport NSW and the RMS in an endeavour to achieve a positive outcome for the community but no public statements have been made about the issue since May.

SOURCE:

Interview, 13 Sep 2017

Chris Holstein, Narara

Media statement, 15 May 2017

Ian Reynolds, Central Coast Council
Reporter: Jackie Pearson

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**The market will operate each Sunday from
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Shadow Minister for Families
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Mark Butler MP

Shadow Minister for
Climate Change and Energy

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When: Tuesday 19th September
6.30pm to 9.00pm

Location: Killcare SLSC, 81 Beach Dr, Killcare
Join us for some refreshments.

RSVP: alison.small@aph.gov.au or 4367 4565

News

Changes to crossing and parking at Umina school

Changes to the pedestrian crossing in Sydney Ave are expected to affect students and parents at Umina Beach Public School.

Deputy principal, Mr Chad Tsakissiris said the changes included an upgrade of the pedestrian crossing to a combined pedestrian-children's crossing.

This meant parents and carers must stop at the line during the school zone times and wait until the crossing is completely empty before moving through the crossing, he said.

Parents and carers were also

asked not to wait for their child to exit the school at the crossing.

"This is extremely unsafe for your child who has to then navigate the moving and parked traffic to get to you," he said.

"It also blocks traffic flow, causing increased safety concerns to other children."

Mr Tsakissiris said the No Parking kiss and ride zone and the bus zones would be swapped.

"The Kiss and Ride area will allow you to drop off and collect your child directly in front of the school gate," he said.

"Please ensure you arrive five

to 10 minutes after the bell to allow time for your child to get to the Kiss and Ride area.

"Remember you can only stop here for two minutes and you cannot sit here waiting for your child to exit the school.

"Do not turn up in this space and wait for the bell to go," he added.

"The Bus Zone is for buses only.

"It is illegal for you to park, drop off, or pick up in this space," Mr Tsakissiris said.

SOURCE:

Newsletter, 12 Sep 2017
Chad Tsakissiris, Umina Beach Public School

Energy presentation at Hardys Bay

The next meeting of the Hardys Bay Residents Group will include a presentation by guest speaker Mr Norman Koslowski on the topic of energy.

Mr Koslowski is a Sydney energy consultant who has a keen interest in the political and technological developments that impact Australia's energy generation and distribution.

Federal Shadow Minister for Energy Mr David Butler will

also be attending the meeting, accompanied by Labor's candidate for Robertson, Ms Anne Charlton.

The residents' group hopes the meeting will be an opportunity to learn about sustainable energy options and future energy plans.

The meeting will take place at Killcare Surf Club on Tuesday, September 19, from 6:30pm to 9pm.

SOURCE:

Website, 14 Sep 2017
Adrian Williams, Hardys Bay Residents Group



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Rotary club to hold book fair

The Rotary Club of Woy Woy is holding a book fair to raise money for the Umina PCYC.

The book fair will be held at the PCYC clubhouse at 101 Osborne Ave on Sunday, October 1, from 9am to 5pm.

The sale will include a collection of books across a range of categories including novels, humour, cooking, hobbies, business, travel, health and education, as well as CDs, DVDs and children's books.

All books will be sold for \$2.50.

SOURCE:

Media release, 14 Sep 2017
Vic Brown, Rotary Club of Woy Woy

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Proposal to build four dwellings

Central Coast Council has received a proposal to build four dwellings in Bourke Rd near the Ocean Beach Rd, Umina.

The applicant, SJH Planning and Design, has told Council that the dwellings would each be two storeys and have three bedrooms.

The developer stated that, as the Gosford LEP minimum subdivision lot size for the area was 550 square metres, the subject lot area of 827 square metres complied with the minimum lot size requirement.

According to the developer's statement, the proposed development was consistent with the R1 General Residential Zone and there was strong demand for such units from a broad demographic, including early retirees.

The statement said their preference was for "lock it and leave" apartment style accommodation providing low maintenance units and in particular those with small landscaped courtyards which facilitated extended travel.

"The proposed multi-dwelling development is designed to facilitate the economic development and to maximise the potential of the subject land," the developer stated.

"The proposed development is generally consistent with the requirements of the Gosford Local Environmental Plan 2014 and Gosford Development Control Plan 2013.

"Where variation is sought, justification is provided and demonstrates the variations to be sound planning and of no particular significance," the developer claimed.

The developer claimed that the proposed development was compatible with the site and locality and would provide a quality addition to the housing stock in the area.

"We look forward to Council's favourable consideration and approval of the application," the statement said.

SOURCE:
Gosford DA tracker, 13 Sep 2017
DA/52581/2017, Central Coast Council

Mehrtens was only one to gain quota on first preference

Labor's Mr Richard Mehrstens was the only candidate to make it across the line on first preference votes in the Gosford West ward of Central Coast Council.

Mr Mehrstens lives in Gosford and works for the Member for Gosford Mr Liesl Tesch.

Both the Labor and Liberal Party were criticised for preselecting staff members to run as local government candidates.

"I think I can wear both hats," Mr Mehrstens said.

"I am in politics because I see it as a really good opportunity to do work for my community.

"I work for the local Member because I see that as another opportunity to work for my community," he said.

Mr Mehrstens works in Ms Tesch's electorate office located in Blackwall Rd, Woy Woy.

"We see local government issues coming through the electorate office every day," he said.

"We are very accessible people and our workplace has been very public through this campaign so when community members are looking for local government representation they know where to find us," he said.

Mr Mehrstens said the fact that each councillor would be required to represent around 22,000 people

was a major challenge, along with protecting the identity and interests of unique communities like the Woy Woy Peninsula.

"I think that is going to be a real challenge and something I am very conscious of and I will be focused on assuring the loss of those communities' identities doesn't happen.

"The proof will be in the doing. "Once we receive briefings and find out what the lay of the land is, I will be fighting every day to make sure every person who speaks with me has their voice heard."

The Labor Party enjoyed an overall swing of 6.7 per cent in the Central Coast Council election, not nearly as strong as the swing to Ms Tesch in the recent by-election.

"The major parties always do worse in local government than in state or federal elections," he said.

"What made the difference this time was the Labor Party had a strong campaign.

"We knocked on 6000 doors in Gosford West and called 3000 people," he said.

Mr Mehrstens acknowledged the Labor Party's preselection process had been marred and delayed by internal party disputes.

Candidates were registered with the NSW Electoral Commission on the morning of the cut-off for registrations resulting in a short campaign.

"I think longer campaigns give you more chance to talk to more people and I think that is always a beneficial thing," he said.

Mr Mehrstens said he considered roads to be the biggest issue for the Peninsula.

"A lot of the population has promise fatigue in that regard.

"I think at every election major parties promise to improve roads.

"We need to be prioritising basic roads infrastructure," he said.

Mr Mehrstens said the "blame game" over the maintenance of the Ettalong channel also needed to be resolved.

"For as long as the NSW and local governments push it back and forward nothing is going to be done.

"The \$150,000 spent by the State Government was a stop gap measure to get it out of the media.

Another key issues for Mr Mehrstens in his new role as Gosford West Ward councillor will be "transparency and consultation in DAs".

"A lot of people on the Peninsula have felt let down by developments going ahead when individual people sell off their homes and the land is turned into larger developments," he said.

SOURCE:
Interview, 14 Sep 2017
Richard Mehrstens, Labor Party
Reporter: Jackie Pearson

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Arboretum's 41 years is celebrated

The Crommelin Native Arboretum association at Pearl Beach celebrated its 41st Anniversary on August 20.

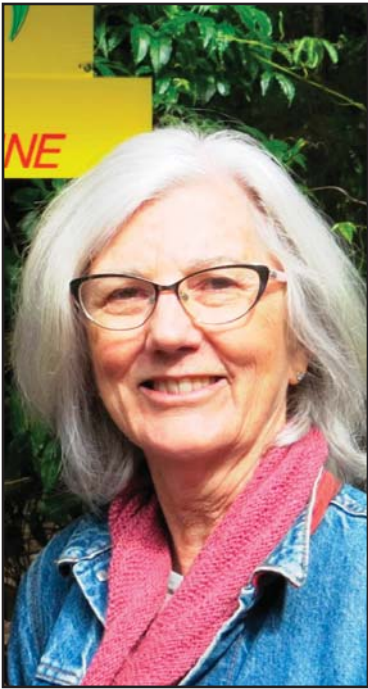
About 60 volunteers and guests attended as well as Member for Robertson Ms Lucy Wicks.

The Arboretum was a popular local attraction and was visited

by many regular and occasional walkers, according to association publicity officer Ms Ann Parsons.

It is the venue for the annual Rotary Opera in the Arboretum in March and Jazz in the Arboretum on the October long weekend.

SOURCE:
Media release, 5 Sep 2017
Ann Parsons, Crommelin Native Arboretum



Ms Ros Sumner, President of the Crommelin Arboretum at Pearl Beach

Mingaletta forms agreement with engineering company

Mingaletta, the Aboriginal and Torres Strait Islander Community Centre based in Umina, has come to an agreement with a Somersby civil engineering company to support young people to gain employment and apprenticeships.

Now in its 15th year, Mingaletta's main focus is to enhance the quality of life for Aboriginal and Torres Strait Islander families by creating life opportunities, according to chairperson Ms Dianne O'Brien.

Ms O'Brien said she and her team had been successful in forging a relationship with Robson Civil Projects at Somersby, where people from the Mingaletta community can be supported to pursue a career at Robson.

Over two years ago, Tom Dwyer, now 26, was struggling to find work, so sought support from Mingaletta, where he received assistance to write his resume and apply for a job with Robson.

Ms O'Brien said the company was impressed with the young man's commitment to finding work, and employed him as a labourer.

"If it wasn't for the help I received from Mingaletta to find a job, I don't know what I'd be doing right now," Mr Dwyer said.

"At the time, I felt really lost, and I'm so grateful for Mingaletta supporting me to find my dream job where I work with awesome people, get loads of training and I've now been promoted to plant and machinery operator."

Robson is a 50-year-old family-owned business that now has over 200 employees who work on civil projects around the east coast of Australia.

Robson human resources manager Ms Cindy Short said: "Tom is a really hard worker and has gained extensive training, increased responsibilities and has become a valuable member of the Robson team."

"Since Tom started with us, we have also provided apprenticeships to a number of other young people from Mingaletta who are doing really well," Ms Short said.

"Robson have been impressed with the hard work and determination of Dianne O'Brien, and the team at Mingaletta, who genuinely care about the wellbeing of people in their community, and it has been a privilege to develop such a successful bond."

Robson has indicated it is willing to consider recruiting new apprentices from Mingaletta early in 2018.

Although Robson, so far, have employed only male employees, "we are keen to employ female apprentices also," Ms Short said.

"As long as they have the right attitude to work, we are willing to give suitable candidates an opportunity to pursue a career with us."

For more information, contact Linda Hillmann at Mingaletta on 4342 7515.

SOURCE:
Media release, 4 Sep 2017
Jodi Storey, Mingaletta Advisory Committee



Photo: Michael Amendolia

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Authorised by Adam Crouch MP, Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250.

Guided walk to Wondabyne

The National Parks and Wildlife Service will be conducting a guided bush walk to the Wondabyne Quarry and Culvert on Saturday, September 23.

Participants will be able to explore the quarry and Barge Kissing Point at the Wondabyne entry of the Woy Woy Rail Tunnel.

They will have the chance to follow their guide down underneath the railway tracks to see the crafted culvert made from the quarried stone.

The walk commences at 8:15am and concludes at 1pm.

It has been graded as a hard walk that cover eight kilometres over 4.5 hours and includes steep ascents and descents and creek crossings.

The cost is \$7 for adults and \$5 for children and seniors.

For bookings and more information, phone 4320 4240 or email discoverycentralcoast@environment.nsw.gov.au.

SOURCE:

Media release, 13 Sep 2017
Tim Porter, National Parks and Wildlife Service

Risk to reserves and national parks

The weed polygala, also known as myrtle-leaved milkwort, represents a risk to natural reserves and national parks around the Peninsula, according to the co-ordinator of a project aimed at tackling the weed.

Wagstaffe Ridge weeding project coordinator Ms Helen Monks said eight Wagstaffe Ridge properties had grant funding from Local Land Services.

Under the grant, the recipients will provide public information about local weeds and what to do with them.

According to Ms Monk, polygala myrtifolia is a South African shrub that grows to two metres and has become invasive in coastal areas.

"These shrubs are most readily recognised by their mauve-purple, pea-shaped flowers produced throughout most of the year but predominantly during spring," Ms Monks said.

They are now in flower locally.

"The flowers develop two-celled flattened seed capsules that ripen from green to papery brown.

"While the plainer form with greenish lower petals is frequently observed as weedy, the showier grandiflora, with large flowers and purple lower petals has also been observed readily spreading from



Polygala myrtifolia

plantings.

"Seeds are spread by water, birds, ants, dumped garden waste and even equipment used at the beach such as surfboards and towels.

"The seeds are long lived and can germinate in heavy shade.

"Germination usually takes place in autumn but it can happen

at any time if sufficient moisture is available."

Smaller plants can be pulled out by hand, Ms Monks said.

"It is easier to get all roots out when the soil is moist after rain.

"Larger plants can have the stem cut close to the ground followed within 20 seconds with a smear of poison (glyphosate) on

the cut surface."

She said the focus should be on removal prior to flowering to prevent pollination and seed set, with a follow-up in the months after the initial treatment to ensure no new seedlings appear.

SOURCE:

Media release, 6 Sep 2017
Helen Monks, Wagstaffe Ridge Weed Project

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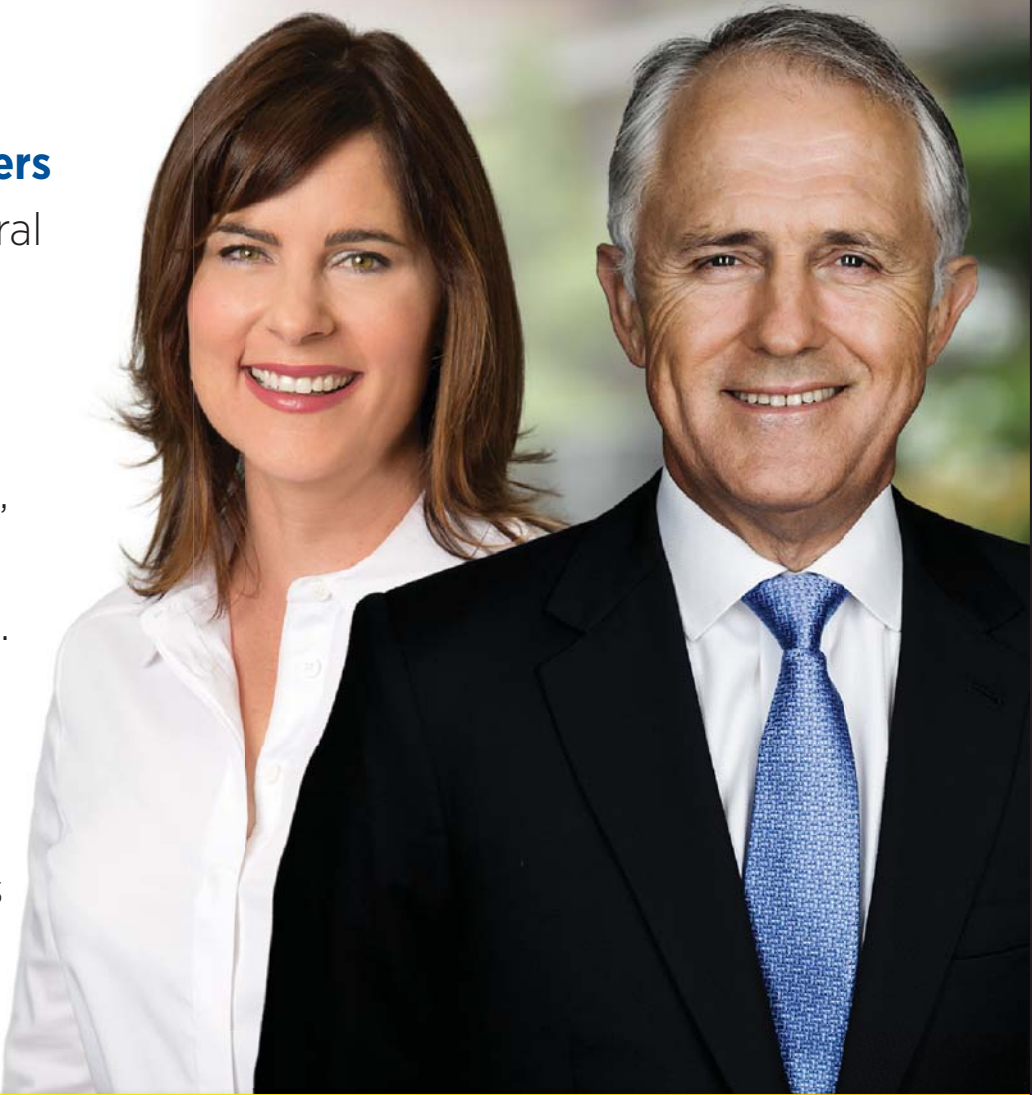
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Authorised by Lucy Wicks MP, Level 3, 69 Central Coast Highway, West Gosford NSW 2250.



Police join for memorial sports day

The fifth annual Paddle for NSW Police Legacy day started at Ettalong on the morning of Thursday, September 7.

Paddlers travelled 15km to the Gosford Sailing Club.

Craft taking part included surf boats, surf skis, kayaks, stand-up paddleboards and surfboards.

The Brisbane Water LAC joined with Tuggerah Lakes for the memorial sports day to remember

local police officers Sergeant Dick Whittaker, Senior Constable Gordy Wilson and Senior Constable Chris Thornton who died in the course of the duties.

The two local area commands went head to head in soccer, netball, rugby union and golf to raise money for Police Legacy.

SOURCE:
Media release, 7 Sep 2017
Danny Sullivan, Brisbane Water LAC

The Peninsula Interagency Group will hold a day to publicise its members' services on Wednesday, September 27, at the Peninsula Community Centre.

The Interagency Group represents more than 50 community and charitable organisations and government agencies in the area.

Peninsula Link Day is designed to connect Peninsula residents with community and local support services.

Community centre operator Coast Community Connections has welcomed the day.

General manager Ms Emma Gilby said: "Peninsula Link Day has become a hugely valuable event on the our calendar and we are again holding the event during the school holidays with free family entertainment including a jumping castle, face painting, balloon sculpting, the Big Yellow Bus, Rugby League fun and local entertainment."

"Peninsula Link Day offers locals and families the opportunity to gain resources and information about a

range of services including youth, ageing and disability, health and wellbeing, education, employment and training, government, housing, families, carers and support services."

Services available on the day will also include free health and dental checks, birth certificates, clothing giveaways and bills advice from the Energy and Water Ombudsman NSW and St Vincent de Paul Society.

Entry and all activities on the day are free.

SOURCE:
Media release, 12 Sep 2017
Katey Small, Brilliant Logic

Liberals to 'uphold Australian values'

Liberal candidates for the Central Coast Council will "uphold Australian values", according to Gosford West candidate Mr Troy Marquart.

Australia Day is a day of celebration for people across the Central Coast, he said.

"Aussie flags are flying high across our region on January 26 every year, as locals flock to our beautiful local parks, beaches and waterways with family and friends.

"It's a day when we can celebrate what unites us as people, and Australians.

"We recognise and honour our first Australians and our newest migrant citizens.

"We are united in our Australian values.

"We celebrate those on Australia Day.

"A vote for the Liberal Party on September 9 at the Central Coast Council election will ensure these values are protected.

"A vote for any other Party will potentially endanger these values.

"Labor and The Greens confirmed that they want to change the date of Australia Day.

"As we have seen with the likes of Yarra and Darebin Councils in Victoria, this move would hijack and politicise Australia Day and could put at risk the power of Central Coast Council to host citizenship ceremonies.

"This attack on Australia Day is an attack on our Australian values and gives local voters a snapshot of what to expect from Labor and The Greens on the Central Coast."

SOURCE:
Media release, 24 Aug 2017
Troy Marquart, Liberal Party

New members wanted in food network

The Peninsula Environment Group is seeking new members for its food network.

The food network orders fresh organic produce, fruits and vegetables and dry foods.

It also sources and purchases ecofriendly non-food items such as recycled toilet paper, organic seedlings, bamboo toothbrushes and more.

Set up in 2008, the food network buys organic and chemical-free produce from Mangrove Mountain and Somersby, supplemented by a Sydney organic wholesaler.

The Food Network is a non-profit group run as a co-operative.

All members must contribute two hours a fortnight to help divide up the food orders during the day every second Monday.

This means members can buy food at wholesale prices with no mark-up, and also allows them to meet other members of the food group and make new friends.

The network also differs from many other food-buying groups in that it is not a box system, members order only what they want.

"Buying direct from farmers and wholesalers means the

food is fresher, and because it is chemical-free it is healthier and better for the environment, and because we buy in bulk there is less packaging," said organiser Ms Michelle Caldwell.

"It is also an opportunity to support local farmers and the local economy," she added.

SOURCE:
Media release, 22 Aug 2017
Michelle Caldwell, Peninsula Environment Group

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JOBS & WAGES

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- Central Coast unemployment rate is at a high of 6%.
- Youth unemployment is at a high of 17.7%.
- The Liberals cut penalty rates while giving millionaires a \$16,400 tax cut.



ENERGY PRICES

- Wholesale energy prices have doubled.
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HEALTH

- Over \$50 billion cut from public hospitals.
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EDUCATION

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Forum

Authors congratulated for thought- provoking plan

May I congratulate Peninsula News on its sponsorship and publication of the Central Coast Community Plan.

It is a thought-provoking document, and the authors are to be commended for their initiative and energy in putting together such an exercise in public-policy formulation.

If only we could feel some confidence that the future operations of the Central Coast Council would be guided by the principles set out in the Plan, but one wonders whether any of the current crop of candidates has made a serious study of the contents.

When one reads the lists of items considered to be the "most important issue" in their respective policy statements, it doesn't sound as though many have more than a very myopic view of the Council's role in shaping our future.

Of course, there are many points of detail over which one may quibble.

I find the division into the 18 topics rather arbitrary, with great variation in importance and scope between the elements.

The ordering is also a little perplexing: is Youth really more important than Housing and does Social Cohesion and Democracy really only rank 15th in our minds?

I'd have preferred a more compact structure for the Plan - say, Governance (items one and two), Social Structure (items 15, 5, 6, 4, 7, 12, 16 and 17), Built Environment (items 13, 9 and 18), Natural Environment (item 3), Economic Structure (items 14 and 11) and Support Elements (items 8 and 10).

At present, Governance seems to be over-focussed on corruption, and there is no mention of the fundamental need for coordination between the various agencies of government (our famous Coordinator-General doesn't even get a mention).

I think, also, that drainage,

Forum

sewerage and waste management deserve a separate item under Built Environment: at the moment, they are very short-changed, compared to Transport.

In addition, it is possible that Natural Resources (land, water, vegetation, minerals etc.) need separate treatment, given the wide range of issues related to them and the many conflicts within the region arising in connection with them.

However, broadly speaking, there are many good points in the presentation, and, no doubt, it can be fleshed out with more detail.

On one point, I am in complete disagreement with the Plan, and this relates to the elusive Performing Arts Centre which, the Plan recommends, should be on the Gosford waterfront.

I have argued, on many occasions, that this is a bad location, with poor access for most of the Central Coast population, parking difficulties and uncertain structural problems.

It is a little inconsistent that the Plan argues, in one place, that Council should "maintain or increase the amount of open space", while, in another, suggesting that part of Gosford's scarce, existing, waterfront recreation area should be built on.

The proper place for a PAC is near the population centre of gravity which is somewhere east of Tuggerah.

In this location, it could be integrated with a new regional capital.

Finally, I am totally baffled to imagine what is meant by a "Housing: Projected Demand and Salt and Pepper Supply" report.

In 40 years of planning practice, I never encountered such a term.

Is it somehow related to a "Stick and Carrot" or "Honey and Vinegar" or "Meat and Veg." concept: I only use salt and pepper in the kitchen.

Email, 8 Sep 2017
Bruce Hyland, Woy Woy

NEWSPAPERS Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257. Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published

in the most recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.peninsulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST COMMUNITY NEWS

SEPTEMBER 7, 2017

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ISSUE 166

Residents to vote in historic first election

On Saturday, September 9, the residents of the former Gosford Local Government Area will have their opportunity to vote in the historic first election of the combined Central Coast Council.

Community Plan aims to set the scene for new council

A group of around 100 Central Coast residents have been working, since November 2016, to put together a Community Plan for the Central Coast Central Coast Council.

Voters confused about which Ward they should vote in

Central Coast New Independents' candidate for Wyong Ward, Ms Louise Greenaway, said she believed many voters remained confused about which Ward they should vote in on September 9.

Administrator reports on achievements under administration

Central Coast Council has set a solid foundation for the new Council to build on, according to a report presented by the Administrator to the final Council meeting before the Local Government election.

Vale Bob Ward

Flags were flown at half-mast on Central Coast Council buildings on Wednesday, September 6, to honour the late Gosford Councillor, Mr Bob Ward

Voting arrangements

Northern Central Coast residents are reminded that early voting for the NSW Local Council Election is now open for those who cannot vote on election day, which is September 9.

Discussing Dementia seminar at Terrigal

On Saturday, September 16, from 9:30am- 12pm, Terrigal Uniting Church will be holding a Discussing Dementia seminar.

Expansion of free flu vaccination program called for

NSW Shadow Health Minister, Mr Walt Secord, has called on the State and Federal Government to consider expanding their free flu vaccination programs

Narara is reviewing its school uniform

Narara Public School has sent home a note regarding a survey about the school uniform.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG REGIONAL CHRONICLE

Issue 125
September 12, 2017

Your independent community newspaper - Ph: 4325 7369

Seven new Councillors decided on in the three Northern wards

The newly-elected Central Coast Council was progressively taking shape as the Wyong Regional Chronicle went to press on Monday, September 11.

Federal Shadow Minister calls on Audit Office to look into Central Coast Group Training Ltd

The Australian National Audit Office (ANAO) has been asked to undertake an independent assessment of the funding of the Central Coast Youth Skills and Employment Centres, provided to Central Coast Group Training Ltd (CCGT).

Water around two power stations is contaminated

PFAS, the chemicals found in ground and surface water around the Williamtown RAAF base, have been detected in soil, surface water and ground water at and around the Colongra and Munmorah power stations.

Seven per cent swing against the Liberal Party

Shadow Minister for the Central Coast and Member for the NSW electorate of Wyong, Mr David Harris, said the swing to Labor and against the Liberal Party in the Central Coast Council election would wipe out the Berejiklian and Turnbull Governments if

Nexus Business Hub now open

The Henry Kendall Group is launching their latest Nexus offering in the Golflinks Commercial Campus at North Wyong.

Auditor General to look into Kangy Angy site selection process

The newly-elected Central Coast Council must, as a matter of urgency, write to Transport for NSW, asking for a stay of execution on the environmentally sensitive land at Kangy Angy, where it intends to start construction of its inter-city rail

Secret report recommended refusal of Buddhist Temple development

An independent 2017 planning assessment report, obtained under Government Information Public Access (GIPA) laws, recommended that Central Coast Council refused the DA to build a Buddhist Temple and associated buildings

'Micro-nodes' solution to NBN problems has failed

Warnervale residents, and business owners of Wyreema Rd, met with Shadow Minister for Communications, Ms Michelle Rowland, on Monday, August 21, regarding their slow connection to the NBN.

In-house Council project won the National Best Public Works award

The Wyong CBD Drainage Upgrade Project has won the Best Public Works award at the 2017 Institute of Public Works Engineering Australia (IPWEA) Australasia Excellence Awards, in Perth, on Wednesday, August 24.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

1 IN 4 AUSTRALIAN WOMEN HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE*. WE ARE HERE TO HELP.

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Marie Lowndes Charitable Foundation

Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation *ANROS Horizons 1 (2015)

Forum

My mother has died



Forum

Yesterday morning, September 8, Louise Irene Rennie died, aged 96.

This was my mother, Irenie. Now she has gone, everything feels empty.

This lady was more than a mother.

This lady was a woman of substance and courage.

She taught kids all her life and she was very good at it.

In her retirement she just naturally taught adults, everybody and anybody, right through to the attentive taxi-drivers of the Coast.

She was a relentless enemy of injustice in all its forms.

She understood the importance of intellectual honesty, being honest with oneself.

She fought campaigns throughout her life.

She fought for Ban the Bomb, anti-nuclear, anti-Vietnam War, anti-conscription, free university education, pro-public schools, TAFE and universities, anti-privatisation, anti-corruption, across-the-board gender equity, pro-equal pay, pro-lower school class sizes.

She learned from environmentalists, gays, progressive-thinking democrats.

She despised greed and obsession with money.

She celebrated thinking, reason, educated intelligence, the push-back on ignorance and medieval thinking.

My mother was a strong unionist and a relentless teacher until she died.

She was a feminist, and these will be the colours at her farewell.

Her funeral will be managed by White Lady Funerals and will take place at 12 noon on Thursday, September 21, at Greenway Chapel, 460 Avoca Drive, Green Point.

SOURCE:

Email, 9 Sep 2017
Van Davy, Pearl Beach

Excuse needed for pre-poll voting

In regards to the front page of your edition 427, nothing in this item referred to who was eligible to vote at the pre-polling day.

I am 77 years old and have an Allied Health Services under Medicare for Patients with a chronic medical condition and complex care needs.

I was in Woy Woy at the time and thought it would be a good time to vote, so did probably 100 plus others standing in the wind.

I approached the desk with the person and computer, gave her my name and then I was asked for my street in Umina which I supplied.

She picked up the form initialled it and said "Why can't you vote tomorrow?" in a not so pleasant and aggressive voice.

I did say I had not seen anywhere, anything, printed out that you could not vote without an

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

excuse for not voting on Saturday.

I have no way of checking that the person checked off my name as having voted.

I am just grateful that my wife of 50 years with lung cancer for the last 14 plus months was not there.

Email, 9 Sep 2017
Alan Bacon, Umina

What's happening to the weather?

What is happening to the weather?

Climate change?

Jim Morrison's rainfall data for 2017 shows three months without rainfall sufficient to flow into rain water tanks.

August's rainfall was 87 per cent below average.

This is the first time since January 2014 the Peninsula has experienced a flat line rainfall trend.

What is the significance of this changing weather pattern?

The bore field that was used to supplement water supply has not been "topped up" in three months.

What's ahead for 2017, umbrellas or sunscreen?

Daily water consumption and water resources could soon be an issue for the Council and councillors.

Forum

Will there be a difference of opinion between the southern and northern councillors?

Jim Morrison's rainfall data is now of greater interest.

Letter, 6 Sep 2017
Norman Harris, Umina

Forum

Don't forget the Peninsula

I would like to congratulate the successful candidates who won a seat on the new Central Coast Council for the Gosford West ward.

Please don't forget the forgotten south of the Peninsula.

The people of the Peninsula need your help more than ever now that the new Council is as large as it is.

I hope the election commitments you made were not just statements.

I hope that you will carry through with these pledges.

Email, 12 Sep 2017
Carl Veugen, Umina

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Hat Day parties for mental health

Woy Woy Rotary Club will be holding two, simultaneous Hat Day Parties in Umina and Ettalong as part of Australian Rotary Health's Lift the Lid on Mental Health initiative.

The Hat Day parties will be held at Jasmine Green's Kiosk, Umina and Café Republik at Ettalong.

The two local businesses were asked to participate and wholeheartedly agreed, according to Woy Woy Rotary Club President-

elect Ms Jayne Mote.

In addition to a special morning tea menu for \$12 a head, the Jasmine Green's Hat Day party will cater for young mothers and children with craft activities.

Ms Mote said there would be special prizes for the best made hat.

"Children will be able to make a hat or decorate an existing hat," she said.

"Down at Café Republik we will

have guest speaker, Dr Dorian Mode who will speak about his experiences with mental health.

"Both cafes have given us a wonderful menu for the morning tea from which a proportion will come back to mental health as the proceeds will go to Rotary Australian Mental health for research.

Hat Day is an Australian-wide Rotary initiative.

The Rotary Club of Woy Woy's Lift the Lid on Mental Health events will take place on Tuesday, October 10.

The events will commence at 10am.

Bookings are essential and can be made at the cafes or by calling Ms Mote on 0405 714 289.

Tickets are also available at Priceline Pharmacy in Woy Woy and Seaspray Jewellers in Umina.

SOURCE:

Media release, 7 Sep 2017
Jayne Mote, Woy Woy Rotary Club

Memory Lane program recognised

The Memory Lane program of Woy Woy has been recognised for its outstanding contribution to the community at a Volunteer of the Year Awards ceremony held at Gosford Golf Club on Monday, September 11.

The Memory Lane Program consisted of a range of social activities designed to keep people living with dementia and their

families and carers active within their community, according to Centre for Volunteering executive director Ms Jilea Morrad.

The program had three cafes, support support groups, social outings and two restaurants each month that specifically catered for people with dementia and their carers and family.

SOURCE:

Media Release, Sep 11
Jilea Morrad, Centre for Volunteering

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Day of craft and food for mental health

The Rotary Club of Woy Woy is organising a day of craft and food stalls in Ettalong from 10am on Tuesday, October 10, to "Lift the Lid on Mental Health".

The day is promoted as a celebration of mental health awareness and Mental Health Hat Day.

Participants will be invited to make or decorate a hat.

The day will be centred at Cafe Republik in Ettalong.

Bookings are essential and can be made by calling the cafe on 4511 9842, or Ms Jayne Mote of Woy Woy Rotary on 0405 714 289.

They are also available at Priceline Pharmacy in Woy Woy and Seaspray Jewellers in Umina.

SOURCE:

Media release, 7 Sep 2017
Jayne Mote, Woy Woy Rotary Club

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Fletcher Moore and Levi Young are Woy Woy Public School's public speaking stars

A winning public speaker

A Woy Woy Public School student has won the regional finals of the Central Coast Public Schools Speaking Competition.

Year 6 student Fletcher Moore won the Stage 3 section at Woy Woy Public School before going on to compete at the Gosford District competition where he was highly commended.

Fletcher then went on to compete at the regional finals in

Warnervale which he won.

One of the Kindergarten students also found success with the public speaking competition.

Levi Young won Woy Woy's Early Stage 1 section and also went on to compete at the Gosford District competition.

Levi was also highly commended.

SOURCE:
Newsletter, 24 Aug 2017
Ona Buckley, Woy Woy Public School

School conducts voluntary parent survey

Umina Beach Public School will be conducting a voluntary Partners in Learning parent survey this term.

The survey is part of the Tell Them from Me suite of surveys (student, teacher and parent surveys) on student engagement.

The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help the school understand parents' and carers' perspectives on their child's experience at school, according to principal Ms Lyn Davies.

This includes communication between parents and carers and

staff, activities and practices at home and parent and carer views on the school's support of learning and behaviour.

This valuable feedback will help the school make practical improvements.

The survey is conducted entirely online on smartphones, ipads, tablets, laptops or computers.

The survey will typically take 15 minutes or less to complete and is totally confidential.

The parent survey will be conducted between August 21 and October 13, and participation is voluntary.

SOURCE:
Newsletter, 22 Aug 2017
Lyn Davies, Umina Beach Public School

PENINSULA PODIATRY @ 7 VIDLER AVENUE, WOY WOY

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Speech pathology screening at Umina

Umina Beach Public School has provided all Kindergarten students with a speech pathology screening assessment during term 3.

Information obtained from the screening assessments is being used by the Kindergarten teachers to provide classroom-based and small group programs for speech and language skills.

Some students have also been recommended as needing follow-up by a speech pathologist for individual or group speech therapy.

This screening process has also begun with students from Years 1 to 6.

The assessments have been conducted by a team of speech pathologists and university level speech pathology students from All Areas Speech Pathology.

The screening was an initiative of the school, funded at no cost to

parents.

According to school principal Ms Lyn Davis, the benefits of testing included determining whether a child's speech and language skills were developing within the expected range for the child's age.

Areas of difficulty or concern could also be detected and strategies provided to teachers and parents to assist with speech and language skills.

Those skills include speaking clearly by pronouncing speech sounds so that others could understand what the child was saying, using correct grammar, retelling stories and events and hearing sounds in words in order to develop reading, spelling and writing skills.

SOURCE:
Newsletter, 29 Aug 2017
Lyn Davis, Umina Beach Public School



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We have all heard that sitting is the new smoking

There will always be some new threat to our health, but let's look at how to stay on top of our health.

Please consider joining us for our health workshop on Tuesday, September 19, at 7.30pm, for 1 hour.

Simply phone us to register your attendance.

Subluxations or distortion patterns of the spine occur when our body is unable to manage the physical, mental and chemical stresses that our nervous system is placed under.

Right from birth, our body is placed under physical strain.

Think of a baby in the birth canal, as its head is pulled and twisted during the birth process.

Infants learning to walk, tumble over a hundred times a day, toddlers exploring are

always bumping into things, children slip over while playing sport, and teenagers, these days, often spend far too much time leaning over some type of electronic device for many hours a day.

Adults drive too far without breaks or simply put their body under physical strain, keeping up with the demands of adult and family life.

In fact, if you think carefully about it, life is going fast, and the pace of life is getting faster.

There seems to be more demand on our lives living now than there ever has been in human history.

Much is demanded of us on a daily basis and there are many distractions.

Chemically, we often drink too much coffee and alcohol, ingest pollution, food

chemicals and overload on sugar and junk food.

There are many causes of subluxations.

As the season changes to spring, it is a good time to remember to slow down, pay attention to what is happening around us, and learn to say no to some demands on our time.

Eat good food and drink plenty of water, practice deep breathing and get plenty of sleep and exercise.

An increasing number of people choose to seek help through professionals trained in the diagnosis and appropriate management of the distortion patterns that occur and ultimately lead to pathological joint changes, known commonly as 'arthritis'.

Well, see you soon, no need to wait until pain arrives. Take care.



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Education

Wins in regional spelling bee final

Schools on the Peninsula have come out on top at the 2017 Central Coast regional finals of the Premier's Spelling Bee.

The competition was won by Umina Beach Public School's Neeve Davies.

Neeve secured the win in Round 7 of the competition when she successfully spelt the word 'familial'.

She will now compete in the state finals of the spelling bee held in Sydney.

Her win also secured Umina Beach Public School a free subscription to Macquarie Dictionary online.

Ettalong Public School also had an excellent showing at the regional finals, taking out second place.

Year 4 student Maria Niewiadomski placed second out of 42 students in the competition.

SOURCE:
Newsletters, 12 Sep 2017
Chad Tsakissiris, Umina Beach Public School
Tracy Forbes, Ettalong Public School
Interview, 13 Sep 2017
Alison Davies, Umina Reporter: Dilon Luke



Neeve Davies took out the Central Coast finals of the Premier's Spelling Bee

Shoe boxes wanted

Woy Woy Public School is seeking donations of intact shoe boxes for Operation Christmas Child.

Operation Christmas Child involves the school putting together gift boxes for children in countries such as Papua New

Guinea, Thailand and Cambodia.

The shoe boxes are the first step in getting the project running.

Each box is filled with everyday items that the recipients can use.

SOURCE:
Newsletter, 7 Sep 2017
Ona Buckley, Woy Woy Public School

Children's mass to be held in Woy Woy

The Annual Parish Children's Mass will be held at St John the Baptist Peninsula Church in Woy Woy, from 6pm on Sunday, September 24.

Children attending Catholic SRE-scripture lessons at the four State Primary Schools in the Parish and the children from St John the Baptist School have been invited to bring their families to join them in a special celebration of the youth in

the Peninsula's community.

Children will be actively taking part in the Mass, including in the readings, in the songs, and in the ceremony itself.

Families being there with them will make it even more special to them.

SOURCE:
Newsletter, 12 Sep 2017
Susie Simmons, St John the Baptist Catholic Church

Debating team makes it to the top

The Umina Beach Public School senior debating team made it to the top 16 schools in the Hunter-Central Coast region for the Year 5-6 Premier's Debating Challenge.

"This team did so well in their local debates that they were selected to compete in the knockout rounds," said deputy principal Mr Chad Tsakissiris.

"Their first knockout competition was against Dudley Public School and Umina Beach won the debate.

"When they competed in the next round of the competition against Adamstown Public School, the topic was that 'Students in primary school should only receive feedback instead of grades and marks'.

"The Umina Beach team were the affirmative and had to agree with this statement.

"Some of their arguments included: that receiving grades and scores did not tell a student how they can improve, that verbal and written feedback was more

important and useful to students and parents, that grades and marks were unnecessary in primary school and also that receiving marks and grades could cause stress, anxiety and disappointment and it allowed students to compare their progress to others in a negative way.

"Both teams conveyed very convincing arguments and it was a very close debate," Mr Tsakissiris said.

"Unfortunately we lost this round.

"However, we are very proud of these hardworking students and their progress in the competition," Mr Tsakissiris concluded.

SOURCE:
Newsletter, 12 Sep 2017
Chad Tsakissiris, Umina Beach Public School

Money for landscaping

A local registered club has donated \$6000, under the State poker tax scheme, to Umina Beach Public School.

Principal Ms Lyn Davis said the money from Club Umina would add to the landscaping project taking place behind the Year 4 rooms.

It would pay for screens to

protect the literacy-yarning circle from stray soccer balls and the like.

The money would also be used to help fund student-designed sculpture which will be a feature of the space.

SOURCE:
Newsletter, 5 Sep 2017
Lyn Davis, Umina Beach Public School



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Kindergarten students visit reptile park

Kindergarten students from Pretty Beach Public School have visited the Somersby reptile park.

Students got to a close view of native wildlife during the reptile show with one lucky student having a close encounter with a frilled necked lizard.

Students also got to have their lunch with some of the roaming resident kangaroos and enjoyed exploring the park and its many attractions and exhibitions.

SOURCE:
Newsletter, 7 Sep 2017
Deborah Callender, Pretty Beach Public School

Success at zone athletics

Ettalong Public School enjoyed success at the recent Zone Athletics Carnival at Mingara.

Ellie Brett gained first place in the eight-years' 100 metre race.

Lincoln Moane came first in the 11-years' high jump.

Ellie Towill came second in the 11-years' high jump.

Another Ettalong student, Alissa Rutter, gained multiclass first place in the 100 metre, 200 metre, 800 metre, shot put and long jump.

Place-getters will now represent the Zone at the Sydney North carnival.

SOURCE:
Newsletter, 29 Aug 2017
Lynn Balfour, Ettalong Public School

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Week 1

Mon 25 Sept	Inflatable World/Long Jetty Park
Tue 26 Sept	Lego In House Day
Wed 27 Sept	Monkey Mania
Thu 28 Sept	Terrigal Marine Centre/Wamberal Park
Fri 29 Sept	Time Zone/Long Jetty Park

Week 2

Mon 2 Oct	Public holiday (closed)
Tue 3 Oct	Power House Museum
Wed 4 Oct	Ettalong Movies/Umina Park
Thu 5 Oct	Clip n Climb/Gosford School
Fri 6 Oct	Gosford Fair



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Out&About

Four local artists received Bouddi Foundation grants

Four young artists from the Peninsula have received grants from the Bouddi Foundation for the Arts.

Foundation chairman Mr John Bell announced the \$22,500 in grants for 17 talented young artists on the Central Coast in early September.

Disciplines addressed by the 2017 grants include contemporary and classical music, photography, dance, ceramics, musical theatre and drama.

The Peninsula's Shana O'Brien, Madeline Bell, Tiana Young and Molly Millington are recipients.

Shana O'Brien of Umina received a \$2000 grant to help her pursue a future in dance.

She has been at NAISDA full time for the last four years and said she hoped the grant would help her explore the line between visuals and movement in art and dance.

"I have always been drawn to the creative arts in many forms and I want to explore and learn as



Indigenous dancer, Shana O'Brien, is one of four Peninsula residents to receive a grant from the Bouddi Foundation

much as possible from all different people," she said.

"I want to be inspired by the world around me and, as I grow,

start creating my own works of art.

"I'm really interested in interdisciplinary art right now and where the line between visual and movement art can be pushed," she added.

Shana said she would be using her grant to take part in a 200-hour intensive yoga teacher training camp.

Mr Bell paid tribute to those who played the important role in supporting the young.

"It would be difficult to imagine how these young people could achieve their potential without the mums, dads and others who support them emotionally, financially and through the many hours behind steering wheels and waiting at draughty halls where tuition takes place."

The awards presentation will take place from 2pm on Sunday, November 19, at the Wagstaffe Hall.

SOURCE:

Media release, 11 Sep 2017
Joy Park, Bouddi Foundation

Expo to publicise assistance available

A free expo, publicising assistance available through the Peninsula Interagency Group, will take place at the Peninsula Community Centre on Wednesday, September 27.

Organisers of the event are calling for donations of quality, clean second-hand clothing, blankets or Manchester, non-perishable food items like tinned salmon, meat, soup, fruit and vegetables or pantry essentials like rice and pasta, long-life milk, biscuits and breakfast cereals.

Donations can be dropped to the Community Centre at 93 McMasters Rd, Woy Woy, Monday to Friday from 10am to 4pm.

Peninsula Link Day aims to connect individuals and families with important services and to increase the community's awareness about sources of assistance.

In its seventh year, the day aims to link community members with information and services available on the Peninsula while providing an opportunity to meet with others in a family-friendly environment.

Services present on the day include children's and family services, ageing and disability services, carers, youth; health and wellbeing, employment, education and training, support services and government services.

Entertainment for families will include a jumping castle, face painting, music, entertainment, lunch, health and dental checks, giveaways of food, clothing, books, Manchester and personal care items.

Organisers are also looking for young people who wish to provide entertainment on the day.

SOURCE:

Newsletter, 29 Aug 2017
Lyn Davis, Umina Beach Public School

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12:00 – 2:30pm (Sat – Sunday)

Dinner starts at 5:00pm – till late



Wine fair to be held at Memorial Hall

The Pearl Beach Food and Wine Fair will be held at the Pearl Beach Memorial Hall on Saturday, September 23.

The fund-raising event, hosted by the Pearl Beach Progress Association, will be celebrating 10 years with its usual range of boutique wines and gourmet foods.

Association publicity officer Ms Lynne Lillico said "We will be showcasing Hunter-based boutique wineries and an eclectic selection of food producers.

Wollombi Wines, Catherine Vale Wines and Old Inn Rd Vineyard will be offering a variety of wines to sample and purchase.

Central Coast food producers will include Little Creek Cheeses, Crooked Creek, Laguna Olives, Wollombi Honey and Margin's Mushrooms.

Catering by The Two Turkeys and Eva Patisserie will return, along with Hunter Heritage.

New to the Fair, Chilliicious Gourment Foods will have a range of artisan jams, chutneys, relishes and chocolates.

Handmade hemp and skin care product manufacturer OR Natural and Edens Edibles will also be attending the Fair for the first time.

Two gourmet hampers filled with produce and wine donated by exhibitors will be raffled at the Fair with proceeds going towards the Memorial Hall maintenance and upkeep.

The Fair commences from 10am and will conclude at 5pm.

SOURCE:
Media release, 12 Sep 2017
Lynne Lillico, Pearl Beach Progress Association



Indigenous artist Madeline Anderson with Pearl Beach Craft member Bev Lapacek with the painting being raffled

Art fair to be held at Pearl Beach

The Pearl Beach Art Fair will be held over the October long weekend.

Celebrating its 12th anniversary, the fair's opening will be held from 6pm on Friday, September 29.

It will run from 10am to 5pm on Saturday, September 30, and 10am to 3pm on Sunday, October 1.

The fair will include hand-crafted items for sale including art, ceramics, jewellery, hand crafts, cards, and prints.

Refreshments will be available.

The Pearl Beach Craft Group spokesperson Ms Bev Lapacek said: "Multiple Sclerosis Research will benefit with proceeds from our art fair raffle.

"Decades of research into multiple sclerosis and the basic workings of the immune and nervous systems have built a critical platform of knowledge now serving as a springboard for progress."

Ms Lapacek said: "A beautiful painting by Madeline Anderson,

a local Indigenous artist of some renown, will be raffled and the winner announced on the Sunday.

"The painting, titled Flood Plains on the Moyal River, Northern Territory, tells the most beautiful story in vibrant colours," Ms Lapacek said.

Pearl Beach Memorial Hall is the venue.

Entry is free.

SOURCE:
Media release, 12 Sep 2017
Lynne Lillico, Pearl Beach Progress Association

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Out&About



Three of the four generations of Edwards Family Butchery

Artisans’ trail to be held in Patonga

An Artisans’ Trail will be held in Patonga this October long weekend.

Local artists will be exhibiting and selling their works at two locations on Bay St.

The Patonga Progress Hall will be a gallery for painters Ms Armstrong, Ms Julia Tuke, Ms Karen McPhee and Ms Pim Sarti.

Avoca artist Mr Mike Rubbo will be showing drawings from his Cornish coast walk earlier this year in his book, Travels with My Art.

Ceramicists Ms Annette Heidrich and Ms Lisa Sanasi will show a large variety of works, both practical and aesthetically beautiful; and Ms Sheelagh Noonan has a new collection of

handcrafted sterling silver, pearl and gem jewellery, with original designs.

Also exhibiting in the 24/7 Gallery on Bay St is Ms Naomi Veitch of envyartworkz.

“The beautiful fishing village of Patonga, at the entrance to the Hawkesbury River, has long been a hub for artists and creatives,” said local painter Ms Chrissy Armstrong.

“Jocelyn Maughan and the late Robin Norling’s Gallery attracts admirers from far and near,” she added.

SOURCE:
Media release, 12 Sep 2017
Sheelagh Noonan, Patonga
Artisans Trail

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Butcher makes top three in 11 categories

A Woy Woy butcher has had a top three placing in 11 categories of the NSW/ACT Sausage King and Best Butcher’s Burger Competitions this year.

Edwards Family Butchery took out first place for their Nuremberg Bratwurst and for their Thai chicken burger.

The business will compete in the state finals for both the Sausage King and Best Burger titles in Tamworth this September.

A fourth generation business, Edwards Family Butchery has operated since 1925 and has been a standout entrant for the Peninsula at past competitions.

SOURCE:
Media release, 31 Jul 2017
Leonie Migachov, Australian
Meat Industry Council

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ACF branch supports marine park proposal

A Greens proposal for a new marine park, which would include an area adjacent Bouddi National Park has been supported by the Central Coast branch of the Australian Conservation Foundation.

ACF Central Coast president Mr Mark Ellis said: "This branch supports the proposal by the NSW Greens to implement a marine park from the north end of Bouddi National Park.

"We would, in fact, support the park being extended from the Munmorah State Recreation Park at the top of the Coast to connect to the southern end of the Royal National Park," Mr Ellis said.

"With previous pushes to mine the sea floor off the Coast and with the continued impact of recreational use on the Coast's beautiful beaches, intertidal and ocean areas, a Central Coast Marine Park would seek to protect our marine environment.

"It would fulfil the State objective to provide for the management of the marine estate of New South Wales consistent with the principles of ecologically sustainable development and promote a biologically diverse, healthy and productive marine estate, whilst facilitating sustainable and environmentally aware economic activities," Mr Ellis said.

Greens marine and fisheries spokesperson, Mr Justin Field, said the most effective form of protection for biodiversity and other challenges facing marine habitats would be the new Marine Park.

"Our precious Sydney Harbour and surrounding coastal areas, clean waters and coastal lifestyle are under growing pressure from pollution, climate change, stormwater and sewage runoff and other human impacts," Mr Field said.

"If the Environment Minister, Ms Gabrielle Upton, is serious about her commitment to 'breathe life into what is already a really healthy harbour' then she must urgently create a marine park," he said.

"Marine Parks and dedicated and fully protected Sanctuary Zones are essential to build resilience in our marine environment to respond to pressures and help ensure fish for the future," Mr Field said.

"Over a decade of scientific assessment shows these protected areas are effective.

"The NSW Government's own independent review of marine parks in 2011 recommended extending protections to the Sydney region."

SOURCE:

Media release, 22 Aug 2017
Jane Garcia, Office of
Justin Field MP

Media statement, 31 Aug 2017
Mark Ellis, ACF Central Coast



Jazz ensemble Feel The Manouche

Jazz to be played in the arboretum

The Pearl Beach Crommelin Native Arboretum will host Jazz in the Arboretum, featuring Simon Tedeschi, from 2:30pm on Sunday, October 1.

He will perform pieces by jazz greats including Fats Waller, Cole Porter, Gershwin and Duke Ellington.

Also appearing will be George Washingmachine, a multi-

instrumentalist proficient on double bass, guitar and other stringed instruments.

Another multi-instrumentalist Ms Clare O'Meara will perform, as will Stan Valacos, who plays bass and the seven string guitar, and drummer Tim Bradley.

Feel the Manouche will perform a selection of well-known jazz items including You'd Be So Nice To Come Home To, I'll See You In

My Dreams, Dinah, and Caravan.

This is a ticketed event and bookings should be made through the Pearl Beach Progress Association.

During the event a raffle to raise funds for the Pearl Beach Volunteers Rural Fire Brigade will take place.

SOURCE:

Media release, 12 Sep 2017
Lynne Lillico, Pearl Beach
Progress Association



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Tues 4369 5860.
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Wed Gosford City Art Centre 4363
1156.
Social Meetings 1.30pm 4th Wed
for demonstrations
4325 1420
publicity@artcentralcoast.asn.au

**Central Coast
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Spinning and weaving, patchwork
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4325 4743
www.cottagecrafts.net.au

**Ettalong Beach Art
& Crafts Centre**
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4341 8344
www.ebacc.com.au
ebacc.email@gmail.com

Hospital Art Australia Inc.
Meet every Tue and Fri
9am-2pm - 109 Birdwood Ave,
Umina - Painting and Canvas
drawing. Volunteers welcome
hospitalartaustralia.com.au
0431 363 347

Bushwalking

**National Parks Association
Central Coast**
Twice weekly bush walks, varying
distances and grades of difficulty.
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4389 4423 & 4332 7378

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www.coastcommunityconnections.com.au
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4341 3222

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centralcoast@clc.net.au

Community Groups

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0437 699 366
50pssg@gmail.com

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6 Sydney Ave Umina
4342 7515
admin@mingaletta.com.au

**Peninsula School
for Seniors**
Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft, history,
walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup
Carers, Grandparents, parents
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Tues 10-11.30am
4344 9199

**Seniors Computer
Club Central Coast**
Classes held Monday to
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Apple-Mac: Mon, Tues, Wed
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02 4307 9421

The Krait Club
Community Centre - Cooinda
Village, Neptune St, Umina
10.30am For seniors. Gentle
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3277

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Health Groups

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1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW
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3rd Tues 10.30am
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www.centralcoast.betterhearingaustralia.org.au

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4th Tues - 11am
4344 2599
reception@bluewaveliving.org.au

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1800 644 189

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Political Groups

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Umina Ettalong Branch
2nd Mon Umina Beach Bowling
Club 7.30pm 4342 3676

Ourimbah/ Narara Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494
kyle.macgregor@hotmail.com

Woy Woy Branch
Everglades Country Club
7.30pm 2nd Mon
0412 517 520
belindaneal@bigpond.com

Peninsula Day Branch
1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

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centralcoast.nsw.greens.org.au
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0409 245 861
curleys@ozemail.com.au
0409 245 861

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Tues 6pm Everglades
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Don Tee 0428 438 535

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Woy Woy
www.brisbane-water.bridge-club.org

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www.centralcoastfhs.org.au
4324 5164

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0414 635 047
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www.woywoyjudoclub.com

Veterans

**National Malaya Borneo
Veterans Association**
1st Sat F(except Jan) 1pm
Ettalong Beach
War Memorial Club,
51-52 The Esplanade.
4342 1107

**Vietnam Veterans',
Peacekeepers' and
Peacemakers'**
Assist all veterans & families with
pension & welfare issues.
Mon & Wed 9am-1pm 4344 4760
Cnr Broken Bay Rd & Beach St
Ettalong.
centralcoastveterans@bigpond.com.

**Woy Woy Ettalong
Hardy's Bay RSL**
Provide help with pensions and
welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to
1pm 4341 2594

Women's Groups

BPW Central Coast
Empowering women of all ages
in the areas of work, education,
well-being and friendship.
All women welcome to attend
monthly dinner meetings.
Be enlightened. \$40 covers two
course meal and speaker.
0438 989 199
bpwcentralcoast@hotmail.com
www.bpw.com.au/central-coast

**Country Women's
Association Umina**
2 Sydney Ave
Branch Meetings
2nd Wednesday 10am
Craft & Friends
Wednesdays 9.30am
2nd and 4th Sundays 12.15pm
0416 193 070 - 4340 1746

**Country Women's
Association Woy Woy**
Opposite Fisherman's Wharf
Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am 4324
2621

**Gosford RSL Women's
Auxiliary**
For women over 18 years.
Raise money for welfare of
veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

**Peninsula Women's
Health Centre**
Counselling, therapeutic and social
groups, workshops, domestic
violence and abuse issues. All
services by women for women
4342 5905
www.ccowhc.com.au

Linda Burney speaks at Mingaletta

Around 100 community members gathered at the Mingaletta Local Aboriginal Corporation in Umina on Monday, August 21, to listen to Ms Linda Burney speak about constitutional recognition for Aboriginal and Torres Strait Islanders.

Mr Burney is the first Aboriginal woman to be elected to the House of Representatives.

She said the Labor Opposition had written to the Prime Minister, Mr Malcolm Turnbull, requesting that he form a joint parliamentary committee to look at the timing and wording of the referendum question on constitutional recognition for Aboriginal and Torres Strait Islanders.

"The Prime Minister has written back not agreeing," she said.

"Labor is committed to a referendum, a Makarrata Commission and truth telling as well as constitutional recognition and amending the race powers," she said.

"The race powers mean the Federal Government can make laws pertaining to any race of people and it doesn't say those laws should be advantageous to those people," she said.

The gathering was also addressed by Mr David Harris, NSW Shadow Minister for Aboriginal Affairs and Shadow Minister for the Central Coast, and by Mr Zachary Warren and Ms Joelleen Doyle from Labor for Treaty.

Mr Harris said he was developing the policy that Labor would take to the 2019 state election and that the Victorian state government had demonstrated that there was a pathway for non-indigenous Australia to form treaties with the first nations.

"Constitutional recognition is important but there is a long-held need for treaty," he said.

Mr Zachary Warren from Labor for Treaty said the new organisation marked the first time that treaty had been on the Labor Party's agenda since 1988.

The event was organised by Mingaletta and Member for Gosford Ms Liesl Tesch.

SOURCE:
Meeting, 21 Aug 2017
Reporter: Jackie Pearson



The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Wednesday, Sep 20

Scrabble, Peninsula Ciomunity Centre, McMasters Road, Woy Woy, 6:30pm to 9:30pm

Thursday, Sep 21

Ben Woodham, Sounds on West, Umina, 6:30pm

Big Change for Small Change, Deepwater Plaza, Woy Woy, 9am to 8pm, gold coin donation

Saturday, Sep 23

Tracey McNeil and the Good Life, Hardys Bay Club, 7:30pm

Troubadour Folk Club exchange visit with Newcastle and Hunter Folk, Woy Woy CWA Hall

Pearl Beach Food and Wine Fair, Pearl Beach Memorial Hall, 9 Diamond Road, Pearl Beach, 10am to 3pm

Sunday, Sep 24

Deck Sessions, Charlie and Jensen, Hardys Bay Club, 2pm

Tuesday, Sep 26

Good Morning Ettalong, the Old Bull and Bush starring Toni Stevens, Ettalong Diggers, 10:30am for 11am show Memorial Club,

Wednesday, Sep 27

Peninsula Link Day,

Peninsula Community Centre, McMasters Rd, 10am to 2pm

Spring Painting, Umina Library, 10am to 11:30am

Woy Woy Library Lego Club, 3:30pm to 4:30pm

Friday, Sep 29

Archer, Hardys Bay Club, 7:45pm

Pearl Beach Art Fair, Pearl Beach Memorial Hall, grand opening 6pm and also September 30 from 10am to 5pm and October 1 from 10am to 3pm

Saturday, Sep 30

The Weeping Willows, Hardys Bay Club, 7:30pm

Woy Woy Rotary Club Book Fair to raise money for Umina PCYC, at Umina PCYC Clubhouse, 101 Osborne Ave, Umina, 9am to 5pm

Patonga Artisan Trail, Bakehouse Gallery and Patonga Progress Hall, 10am to 4pm, and October 1

Sunday, Oct 1

Blues Jam, Hardys Bay Club, 2pm

Jazz in the Arboretum, Pearl Beach, Aint Misbehavin with Simon Tedeschi, George Washingmachine and Feel the Manouche ensemble, 2pm

Saturday, Oct 7

Back to the 80s, Ettalong Diggers Memorial Club, 8pm

Tuesday, Oct 10

Woy Woy Rotary Club presents Hat Parties in aid of Lifting the Lid on Mental Health, Café Reepublic, 271 Ocean View Rd, Ettalong and Jasmine Green's Kiosk, Umina Recreation Area, 10am

Saturday, Oct 21

Rick Price, Hardys Bay Club, 14 Heath Road, Hardys Bay, 8pm

Sunday, Oct 22

Z-Star Delta, Hardys Bay Club, 14 Heath Road, Hardys Bay, 7pm.

Friday, Oct 27

The Anniversary by Bill MacIworth, by Woy Woy Little Theatre, Peninsula Theatre until Nov 12

Saturday, Nov 4

Ettalong Beach Arts and Crafts Centre Exhibition and Sunday, Nov 5

Sunday, Nov 18

Patchwork and Quilting workshop, Ettalong Beach Arts and Crafts centre, and November 19

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Professional support phone services:

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service 1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

Classifieds

ANTENNAS

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

BOREWATER

Bores and Spears

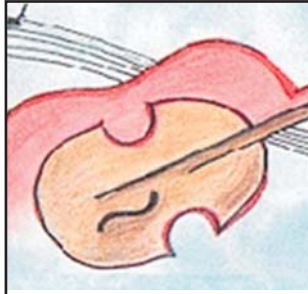
Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.
Warren Greenway
Ph: 4341 7736
Mob: 0408 225 390
lic No. DL1960

CABINETMAKER

CABINETMAKER

- Cupboards
 - Shelving
 - Furniture
 - Kitchen Updates and Robes
- Call Jens
0418 993 994

ENTERTAINMENT



The Troubadour

Folk and Acoustic Music Club

Sep 23 at 7pm
EXCHANGE VISIT WITH NEWCASTLE AND HUNTER FOLK

CWA Hall - Woy Woy
Price \$10

www.troubadour.org.au

4342 6716

KITCHENS

Quality Laminate Benchtops
supplied and seconds for sale
R&J Benchtops
Gosford
0456 884 545

PLUMBING

DEEPWATER Plumbing & Gas Solutions

Gas installations
Hot Water Systems
Appliances
Portable Heater
Servicing
Drainage and all aspects of plumbing
Senior's discount
Call Brent 0422 080 936
lic 286937c

ASBESTOS REMOVAL

Asbestos Removal

Fully licensed and insured asbestos removals from houses, garages, sheds, bathrooms etc.
Ph: Tom 0422 653 794 or 4393 9890
Safe Work NSW Lic. AD212564

BUILDER

Carpentry - Building

over 30 years experience
Local know how - working with pride and honesty
Paul Skinner
Lic 62898c
0432 216 020 or 4339 2317

CLEANING

Weston & Wilson Cleaning Services

Domestic, end of lease, holiday & vacate cleans.

Regular or one off.

Fully insured, WWC & Police check avail.
From \$35 hour.

Maryanne
0403 505 812

MOBILE MECHANIC

D.T. Central Coast Mobile Mechanic

*All mechanical repairs & servicing

*Rego inspections -All makes & models *Very reasonable rates

*Pensioner discounts
Tim Howell Lic.No. 44 033038
4341 2897 or 0418 603 667

POSITIONS VACANT

The Grand Pavilion Indian Restaurant

Looking for Restaurant Manager, Office Manager, Cook, Wait Staff and delivery drivers
452 The Esplanade St, Warners Bay
17 Church Street, Terrigal
tgp.aarth@gmail.com

BOREWATER

Bore Water Pumps

Spear pump installations, repairs & maintenance for all types of pumps
est 1978
John Woolley
4342 2024

Carpenter

(Semi Retired)
Lic 1355c - Fully Insured

For all your home maintenance repairs and small jobs
contact Max Hull for a friendly reliable service

4342 5893

0413 485 286

All quotes obligation free

CONCRETE

MRD

POLISHING

- Specialising in
 - Polished Concrete
 - Concrete grinding
 - Architectural Topping
 - Epoxy floor coatings
 - Glue & tile removal
 - Concrete cleaning
- 0481 119 365**

FENCING

BLUEPRINT FENCING

All types of fencing, gates and retaining walls
Call Luke
Free quotes

0401 347 247

PAINTERS

BUCELLO'S

Painting Services

- Residential and Commercial
- Interior and Exterior
- New Work and Repaints

Free Quotes

All work guaranteed

0410 404 664

wattyl

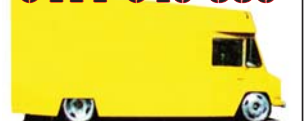
REMOVALS

KEVIN'S REMOVALS & DELIVERIES

Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.

02 4342 1479

0411 049 559



Classifieds advertising rates - in print and on-line

Classified advertising is the cheapest form of newspaper advertising. This newspaper is published on line on the night before publication date, and is read that way by hundreds of people. All advertisements, including these classified advertising pages, appear in full on-line as an additional benefit for free.

See www.CentralCoastNewspapers.com or www.CentralCoastNews.net

Central Coast Newspapers' advertising rates are relatively much lower than in other newspapers and at the same time much larger than in other newspapers, with the minimum size being 50mm X 42mm. Approximately 16,000 copies of each newspaper are printed and distributed every fortnight.

Personal and Not For Profit Organisations

As Central Coast Newspapers are community newspapers, the cost of advertising not for profit organisations' events is subsidised. This makes them the same rate as non business advertisements.

A mono 5cm advertisement only costs \$33. Each additional cm costs \$6.60 as does colour, and/or a photograph or a logo. Private advertisements need to be paid for at the time of booking.

Business rates

The minimum size of 5cm X a single column only costs \$40 + GST in mono and an extra \$8 + GST for colour, a logo or a photograph, every two weeks. Most businesses choose to advertise on an ongoing basis and discounts apply for multiple bookings, if they are paid for in full, in advance.

Having an advertisement run for 3 months only costs \$215 + GST, for 6 months it is \$385 + GST, and for 12 months advertising, the total cost is only \$700 + GST - Approximately \$14 per week.

Artwork is free and advertisers are encouraged to change their advertisements frequently

ELECTRICIANS

BKW

Electrical Services

Lic No:248126C

Lights - Fans - Power - Reno's Switchboards - Security lights
No job too small
Call Ben on

0404 093 299

YOUR LOCAL ELECTRICIAN

Same day service
Guaranteed
Lighting, Power Points, Phone & Data, Fault Finding,
No job too small.
Seniors Discount.
Lic number 265652C

4308 6771

ENTERTAINMENT

BluesAngels

Your total acoustic blues/roots package, top to toe, and then some. Minnie the Moocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue.
tomflood@hotmail.com

4324 2801

GUTTERING

GUTTER GUARD

Supply and Install or DIY

Gutter Guard for Metal & Tile Roofs.

Use what the tradies use.

Professional Installer

Fully Insured

Contact John for more info



0431 553 835

john@guttermesh.info

www.guttermesh.info

GUTTER CLEANING

Central Coast Roof Care

Peter Vilder

0484 642 457

INSURED RELIABLE EFFICIENT

www.centralcoastroofcare.com.au

centralcoastroofcare@gmail.com

HANDY MAN

Handyman Gardening

Weeding & Yards Clean Ups
Odd Jobs around the home
Fully Insured
Ph: William
0478 672 079

PLUMBING

Umina Beach Plumbing

All aspects of plumbing: Drainage and Gasfitting, Domestic and Maintenance Works

Installation of

Hot Water tanks

4344 3611

0402 682 812

Lic 164237c

YOUR LOCAL PLUMBER

Same day service
Guaranteed

Blocked drains, Leaking taps and toilets, Hot water and all aspects Of plumbing drainage and gas fitting.

Lic number 265652C

4346 4057

TILING

Homes2NV

Tiling Wall & Floor
Property Maintenance

0439 589 426

homes2nv@gmail.com

TREE SERVICES

Eyecare

Tree and Stump Grinding Services
Mulching Available

Fully Insured
Call Jamie

0413 088 128

www.eyecarelawnmowing.com.au

To advertise here call

NEWSPAPERS
central coast

4325 7369

TUITION - MUSIC

Learn to play
harmonica at your
own pace at my
place or

Skype at yours

www.harmonicatom.com.au
phone 02 4324 2801
email tom@tomflood.com.au
\$40 hr or \$25 1/2 hr
Skyperharp: pay by PayPal
SPRINGFIELD, NSW

TUITION - SCHOOL

NEED TUTORING?

Offering private High
School tutoring for
English, Geography
and Business Studies.
PRIVATE TUTORING
OFFERED: •Private
tuition for English
students from
years 7 - 12

PRICING

Private Tuition \$30/h

0478 980 724

annikaberana@outlook.com

WANTED



CASH PAID

for good quality
Swords, Knives and
War memorabilia.

For large collections
home visit available

Shop 12 - Ebbtide Mall
155 The Entrance Rd
The Entrance

4333 8555

PUBLIC NOTICES

CHAMBER MUSIC

Local Area
Clarinet Player looking
to meet like minded
people on occasional
basis to play Chamber
Music (Mostly Classical)
Woodwinds - Strings -
Keyboard
Phone: 4344 2018

PUBLIC NOTICES

Car Boot Sale

Woy Woy Peninsula Lions Club

Sept 24
7am to 1pm

Great variety of stalls ~
BBQ, Tea & Coffee.
Vendors Welcome ~ \$15 per car
Now at Dunbar Road Car Park
NB stall sites not open until 6.30am
Cnr. Ocean Beach Road Woy Woy
Always Last Sunday
(Except December)
Enq: 0478 959 895

HOPE
where it's needed most



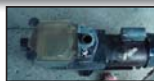
Please donate now

13 SALVOS
SALVOS.ORG.AU



Girls and boys from Umina Beach Public school's touch football teams

RUN IT 'TIL YOU SELL IT



Poolrite PM60 pool pump in
good working order. \$150
Ph: 0410 522 070
BUC4301



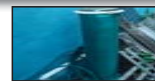
Antique colonial dining
chairs set of 3 \$270
Ph 0410 522 070
BUC4302



Antique colonial dining chairs 2
individual chairs \$150 each
Ph: 0410 522 070
BUC4303



Pair of column speakers 116cm tall
X 33cms wide four speakers in each
column \$190 for the pair. Ph: 0410
522 070
BUC4304



Pool cartridge filter holder Titan CL
160 \$90 Ph 0410 522 070
BUC4305



McCulloch MT265 Petrol brush
cutter. Hasn't been used for two
years. \$170
Ph: 0410 522 070
BUC4306

Aquaone - tropical fishtank
200L tank and cupboard - 150Cm tall
complete - In very good condition -
Including all equipment!
\$170 0410 511 694
BAT1291

White Oak - High back dining
chairs - Highest quality workmanship.
Leather seats all in great condition
\$250 The lot 0410 511 694
BAT1291



Hansa Chipper C7 - Honda GX200
engine, retail \$2700 - Very little use
\$1000 - 4367 6071
GEG129

Wins in touch football

The Umina Beach
Public School's Boy's
Touch Football Team
and Senior Girl's Touch
Football Team travelled
to Austin Butler
Oval on Wednesday,
August 9, to play two
knockout rounds in the
PSSA Touch Football
Competition.

The boys' team achieved
wins in both rounds.

In the first round, Umina
Beach beat Pretty Beach
Primary School 13-2.

After advancing to the
next round, the boys then

defeated Ettalong Beach
Public School 8-1.

The girls were victorious
in their first game, beating
out Pretty Beach Public
School with a final score of
10-2.

The girls then faced Woy
Woy Public.

Umina Beach started off
strong, locking down a solid
4-1 lead by halftime.

The girls went on to win
their second game with a
final score of 5-3.

SOURCE:
Newsletter, 15 Aug 2017
Lynn Balfour, Umina
Beach Public School

THE SHAME FILE

Central Coast Newspapers has a very liberal credit
policy for advertisers and realises that from time
to time, people, businesses and organisations get
into financial difficulty and may need assistance
and time to get things back on track.

However, some people, businesses and
organisations take advantage of this generosity
they use advertising but simply don't pay their
account after several months and need to be
taken to court to do so.

From time to time, as necessary, we will name
these people, businesses or organisations as a
warning to our readers so that they will be wary
when dealing with them.

- **Affordable Solutions** - Brad Sedgewick Ettalong
- **Sharon Martin** - Devine Image
- **Depp Studios** - Formerly of Umina
- **Tony Fitzpatrick** trading as Futurtek Roofing
- **Stan Prytz** of ASCO Bre Concreting
- **Andrew and Peter Compton**
- **Bruce Gilliard Roofing** of Empire Bay
- **Jamie McNeilly** formerly of Jamie's Lawn Mowing, Woy Woy
- **William McCorriston** of Complete Bathroom Renovations
- **First Premier Electrical Service** of Umina Beach
- **High Thai-d** Restaurant of Umina Beach
- **Mal's Seafood & Charcoal Chicken** of Ettalong Beach
- **Simon Jones** - All external cleaning and sealing services
- **Erroll Baker**, former barber, Ettalong
- **Tye King** - Formerly The Fish Trap Ettalong Beach
- **Jessica Davis** of Erina - Trading as A1 cleaning services
- **Simon and Samantha Hague**, Trading as By the Bay Takeaway Empire Bay
- **Rick Supplice** of Ettalong Beach, Trading as Rick's Flyscreens
- **Mountain Mutts** - Monique Leon, Ettalong Beach
- **Skippers Take away Seafood Marilyn Clarke**, Umina
- **RJ's Diner** - Ryan Tindell of Woy Woy
- **Thomas James Clinton**, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong
- **Greenultimate Solar PTY LTD**
- **Menhir Tapas & Bar PTY LTD**
- **Singapore Zing Cafe**, Umina
- **Dean Lampard** - Trading as Lampard Painting
- **Sharon Upton** - Pretty Paws Pets and Skaterinas
- **Callum McDonald** - Trading as Sunset Decks
- **Linda Smith**, Bookkeeper Horsfield Bay

Run it 'til you sell it*

*To run in all three papers and on line for a maximum of 3 months if not sold before

Client Name: _____

Phone: _____ Email: _____

20 words \$22 ☐ Photo \$5.50 yes ☐ no ☐

Extra words at \$1.10 per word

Card: _____

Expiry: ____/____/____

Office use only:

Commence with edition: _____ End with (if not sold) edition: _____

Reference Number _____

Renewing: yes ☐ no ☐ If yes, new ending edition if not sold _____



Aron Sherriff and Shane Starkey

Students participate in indigenous sports

Personalised learning pathway

SOURCE:
Newsletter, 27 Jul 2017
Ona Buckley, Woy Woy
Public School

Locals win zone singles bowls titles

SOURCE:

Media release, Sep 4
Kevin Dring, Bowls Central Coast



Spring pair champions

The special tournaments

SOURCE:

Media release, Sep 11
Laurie Powell, Brisbane
Water Bridge Club

TIDE CHART

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Time - Height(m)

Add one hour to the times below when Daylight Saving is in force

18 MON 0041 0.24 0645 1.45 1235 0.36 1855 1.78	19 TUE 0125 0.21 0730 1.52 1324 0.31 1941 1.78	20 WED 0205 0.21 0813 1.57 1411 0.30 2025 1.73
21 THU 0243 0.24 0853 1.59 1455 0.31 2106 1.66	22 FRI 0318 0.29 0931 1.60 1538 0.35 2145 1.56	23 SAT 0352 0.36 1009 1.58 1620 0.40 2224 1.46
24 SUN 0425 0.43 1046 1.55 1703 0.46 2303 1.36	25 MON 0458 0.50 1124 1.52 1749 0.53 2345 1.27	26 TUE 0535 0.58 1206 1.47 1841 0.58
27 WED 0034 1.19 0619 0.64 1255 1.43 1942 0.62	28 THU 0134 1.13 0715 0.69 1354 1.39 2051 0.62	29 FRI 0247 1.12 0825 0.71 1501 1.39 2158 0.59
30 SAT 0400 1.15 0936 0.69 1608 1.43 2255 0.52	1 SUN 0559 1.22 1138 0.64 1803 1.49	2 MON 0041 0.45 0645 1.30 1230 0.56 1849 1.56

APPROX. TIME LAG AFTER FORT DENISON

Etalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Kooloewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.

Actual times of High and Low Water may occur before or after the times indicated

WOY WOY, NEW SOUTH WALES

September 2017 Daily Weather Observations



Australian Government
Bureau of Meteorology

[illegible]

Mixed results in junior rugby union

Woy Woy teams had mixed results at the Central Coast Junior Rugby Union grand finals, held at Central Coast Stadium on Saturday, September 9.

Woy Woy's first team of the day, the Under-12's, faced off against Terrigal.

Things looked grim for Woy Woy in the beginning.

They were behind 5-7 at half time but found their form in the second half and, proving why they were the minor premiers, finished with a resounding 24-7 victory.

Woy Woy's Under-15's faced off with long-time rivals Warnervale in their grand final clash.

The two teams had been evenly matched throughout the season, but much to Woy Woy's dismay, Warnervale were able to repeat their major semi-final victory over them and came away with the win 29-19.

The overall day was won by Avoca Beach who took out the Club Championship for the season.

SOURCE:
Media release, 9 Sep 2017
Larry Thomson, Central Coast Rugby Union



Bunnies U14s back rower Codi Smith struggles to break free

Photos- Andrew Stark

Club bowls finals held at Woy Woy

The Woy Woy Bowling Club held its annual club finals day at the club on Saturday, September 9.

The day was deemed a success with close to 80 bowlers in attendance.

The winners on the day were Dave Weige, Rob Landow and

Danny Bjedov.

Runners up were the team of Ian McGilchrist, Dean Gerber and Joel Simpson while the third placegetter was the team of Kerry Watkins, Warren King and Ken Dixon.

SOURCE:
Media release, 11 Sep 2017
Ken Dixon, Woy Woy Bowling Club

Junior Bunnies snare three premierships

The Umina Bunnies Rugby League Club has snared three premierships in the Central Coast Junior Rugby League Competition played at Kanwal.

The Junior Bunnies fielded only six competition teams during 2017 and the club's under-12(2)s, under-13(3)s and under-14(2)s all won their respective titles.

The under 12s edged out The Entrance 22-16, the under 13s recorded a 28-22 win over Toukley, while the all-conquering under-14s ran to a 16-0 half time lead against Budgewoi, before closing out the grand final with a 22-6 advantage.

The team, coached by Ken Dyer, capped a remarkable year in which they won all of 17 games played; scoring 623 points and only conceding 28 in the process,

according to publicity officer Mr Andrew Stark.

All three Umina teams finished the home and away rounds as minor premiers and yet on a day that produced a host of grand final upsets, the Bunnies were able to buck the trend, he said.

SOURCE:
Media release, 13 Sep 2017
Andrew Stark, Gosford Kariong Storm RLFC

IT'S TIME TO EARN OUR STRIPES

2017/18 MEMBERSHIPS ON SALE NOW!

HYUNDAI A-LEAGUE MasterFoods dyldan NEWCASTLE PERMANENT



Vicks Sinex Nasal Decongestant 15ml*
Vicks Sinex Extra Fresh Nasal Decongestant 15ml*

\$8⁹⁹
ea



Dimetapp 12 Hour Nasal Spray
20ml*

\$8⁹⁹
ea



Flo Saline + Plus Nasal Spray
30ml*

**Selected
products
on sale in-store**

\$8⁹⁹
ea

SAVE \$2.96
OFF RRP †



Fess Seawater Spray Sensitive Noses
30ml*

**Selected
products
on sale in-store**

\$8⁹⁹
ea

SAVE \$3.96
OFF RRP †



Fess Little Noses Saline Nasal Spray
15ml and Aspirator*

**Selected
products
on sale in-store**

\$8⁴⁹
ea

SAVE \$2.46
OFF RRP †

SAVE 40% OFF RRP †



\$21⁵⁹
ea

SAVE \$14.36
OFF RRP †



\$33⁵⁹
ea

SAVE \$22.40
OFF RRP †



\$14³⁹
ea

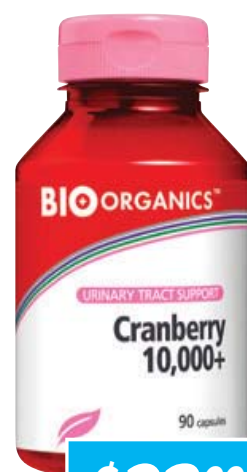
SAVE \$9.56
OFF RRP †



\$11⁹⁹
ea

SAVE \$7.96
OFF RRP †

Nature's Own, Cenovis and Bio Organics*



\$23⁹⁹
ea

SAVE \$15.96
OFF RRP †



\$34¹⁹
ea

SAVE \$22.80
OFF RRP †

**Selected
products
on sale in-store**

UMINA BEACH 315 West St, Umina Beach, NSW 2257

Ph: 4341 1488

Mon - Fri: 8:30am - 5:30pm

Saturday: 8:30am - 3pm

Sunday & Public Holidays: 9am - 3pm

you save
CHEMIST

On sale until 02/10/17 or until sold out. % off is on everyday store prices and may vary at each store and online. †RRP – the save prices listed are calculated from supplier RRP at time of preparation. YouSave Chemist may not have previously sold the product at the RRP due to our discount policy. * We reserve the right to limit quantities, and correct pricing and print errors. Ask our Pharmacist or healthcare professional whether this preparation is suitable for your condition. Always read the label and use as directed, if symptoms persist see your health care professional. Incorrect use could be harmful. Vitamin supplements are not a substitute for good nutrition or balanced diet. Weight loss products are only beneficial when taken in conjunction with sensible lifestyle factors. ^ Breastfeeding is best for babies. Please consult your health care professional for advice before using this product.