



Internal yard area and office at the metal depot



Aerial view of the Australian Metal Refinery site

Photos: Statement of Environmental Effects, Cardno

Application for metal depot at old abattoir site

A development application has been lodged with Central Coast Council seeking consent for the establishment of use of the old Woy Woy abattoir site at 170 Woy Woy Rd as a metal depot.

The metal depot has been operating on the site without Council approval for 30 months, according to documents lodged with Central Coast Council.

Council had called on the land owner to take immediate steps to remedy the unlawful use of the premises and to remedy environmental issues raised.

The application for the establishment of use was lodged on Wednesday, January 4, by Cardno NSW-ACT Pty Ltd on behalf of Peninsula Industrial Park Pty Ltd.

If successful, the application will remedy the business' unlawful use of the land.

The environmental breaches were being addressed by the tenant under separate cover, according to the statement.

According to a Statement of Environmental Effects, the site is located within the Peninsula Industrial Park, on the western outskirts of Woy Woy, adjacent to the main northern railway line and was previously known as the Woy Woy Abattoir which closed in 2004.

"The site is now known as the Peninsula Industrial Park, which... occupies a space of approximately 12.5 hectare with a perimeter boundary of approximately

1.56km...enclosed by bushland to the north and west, a railway line to the south and Woy Woy Rd to the east...currently consists of industrial uses, cleared land and three dams.

"Woy Woy Creek traverses the site."

A letter from Council to the landowner dated November 3 stated that an inspection had resulted in Council forming the view that, in addition to operating without approval, the business was not operating in an environmentally-satisfactory manner.

"Batteries were not stored with adequate secondary containment to prevent fluids from entering the environment should a leak, spill or escape occur.

"Various leaks, spills and escapes of oil were located on the ground throughout the premises."

There was found to be "inadequate fencing to prevent waste from leaving the premises in the event of windy conditions".

"No protection exists on the stormwater inlet in close proximity to the premises.

"A portion of the premises was dirt and not hardstand allowing for air pollution and water pollution risks.

"Parts such as motors and radiators were stored without adequate bunding.

"Unconsolidated waste material was littered throughout the premises on the ground."

The letter from Council to the land owner said: "A search of Council records has failed to

identify the required development application to change the use of the premises."

The land is zoned IN1 General Industrial under the Gosford Local Environmental Plan 2014.

The area subject to the application is known as Australian Metal Refinery and is near the entrance to the industrial park.

The business is fenced on all sides with a lockable gate and occupies 1530 square metres of land.

The area contains an office, three parking spaces, truck loading, machinery, ferrous metal piles and bins containing non-ferrous metals.

Another 10 parking spaces are located within the industrial park for use by Australian Metal Refinery, according to a Statement of Environmental Effects.

According to the statement, no refining takes place at the site, which has operated from 7:30am to 4pm Monday to Friday and from 7:30am to 11:30am on Saturdays for the past 30 months.

The business proposes to store 600 tonnes per annum of non-ferrous metals and 1200 tonnes per annum of ferrous metals for recycling as well as 15 tonnes of batteries for reuse and another five tonnes of batteries for recycling.

The business employs four full-time staff and two part-time.

Ferrous metals are stacked in a pile at the site and collected by a third-party truck while non-ferrous metals are stored in bins and bought by a metal works.

The Statement of Environmental Effects concluded that:

"The proposed development is local development under the terms of the Environmental Planning and Assessment Act, 1979 (as amended) and has been assessed against the requirements of Section 79(c)(1) of the Act, Gosford LEP 2014, and Council's Development Control Plan 2013.

"The metal depot is permissible with consent within the IN1 General Industrial zone.

"In this regard, it is considered that the proposal satisfies the aims and objectives as well as the prescriptive requirements of the above controls.

"The metal depot has been in operation at this site for 30 months and is situated within an industrial park.

"Therefore, it is in keeping with surrounding uses.

"Accordingly, Council's favourable consideration for the 'Establishment of Use' is requested."

Website, 4 Jan 2017
Central Coast Council DA
tracker, DA00051323/2017

Planning breaches are investigated, says council chief

Allegations of businesses operating without approval are investigated when they are reported to Council, according to Central Coast Council chief Mr Rob Noble.

He was responding to questions about how a metal depot had allegedly been able to operate for 30 months at the old Woy Woy abattoir site without approval.

Mr Noble said it was "not appropriate" for the Council to comment further on the metal depot's operation "at this time".

"The business in question has now lodged a DA with Council and all matters relating to its operation will be considered in the assessment process."

Media statements, 5 Jan 2017
Rob Noble, Central Coast Council

THIS ISSUE contains 30 articles - Read more news items for this issue at www.peninsulanews.info

NEWSPAPERS

central coast

Office: 120c Erina Street, Gosford
Phone: 4325 7369
Mail: PO Box 1056, Gosford 2250
E-mail: editorial@centralcoastnews.net
Website: www.centralcoastnews.net



News

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

See www.peninsulanews.info for all editions published

Editor: Mark Snell

Commercial Operator:

Cec Bucello for Central Coast Newspapers

Journalists: Jackie Pearson, Dilon Luke

Assistant Journalists:

Satria Dyer-Darmawan

Graphic Design: Justin Stanley **Sales:** Val Bridge

Photo Journalist: Noel Fisher

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd

Vice-President, Australian Conservation Foundation Central Coast branch

NEXT EDITION: PENINSULA NEWS 411

Deadline: January 19 **Publication date:** January 23

Email: editorial@centralcoastnews.net **Ph:** 4325 7369

Peninsula News focusses on post codes 2256 and 2257

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: editorial@centralcoastnews.net, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form.

All accepted contributions also appear on our website.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc. Central Coast Newspapers is the commercial operator of Peninsula News. ISSN 1839-9029 - Print Post Approved - 100002922. Fairfax Media Print Newcastle

Woy Woy Community Media Assoc Inc 2017 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: _____

Address: _____

Suburb: _____

Phone: _____

Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Year's rainfall was 16.3 per cent above average

A total rainfall of 1487.7mm was recorded on the Peninsula in 2016.

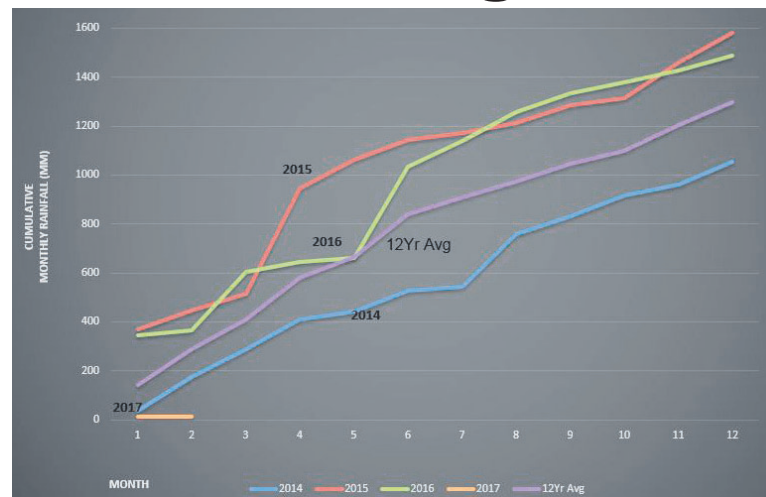
The annual total was 16.3 per cent more than the average annual rainfall figure of 1279mm.

Figures supplied by Mr Jim Morrison of Woy Woy show a December total of 62.7mm, which was one third less than the December average of 94mm.

Monthly rainfall figures during the year were evenly split between those greater than the monthly average and those that were less.

While only February and April recorded figures which were greater than 100mm less than average (134.9mm and 141.4mm less respectively), January, March and June all recorded figures more than 100mm above average and more than double their average figure.

January recorded 343.4mm, which was 218.4mm or 174.7 per cent above the average rainfall for



the month of 125mm.

March recorded 237.5mm, which was 124.5mm or 110.2 per cent above the average rainfall of 113mm for the month.

June recorded 369.9mm, which was 214.9mm or 138.6 per cent above the month's average figure of 155mm.

Taking into account last year's rainfall, the annual average has increased to 1296mm.

Just 10.9mm of rainfall had been recorded this year by 9am on Friday, compared to the new January average of 143mm.

Spreadsheet, 6 Jan 2017
Jim Morrison, Woy Woy

YOUR CHANCE TO WIN

The Peninsula News and Ettalong Diggers Memorial Club have four double passes to give away to see the INXS Show and Wild Thing The Australian Divinyls show at the club on Australia Day, January 26.

The show is direct from Melbourne and booked out last time it was performed at Ettalong Diggers.

Wild Thing The Australian Divinyls Show features Xen Halvales as Chrissy Amphlett: she sounds like her, looks like her and captures her renowned live stage antics.

The Australian INXS show, Never Tear Us Apart recreates the sound that made the band famous throughout the world.

This show has the sound, the swagger and the stage presence that brings to life what it was like to see INXS with Michael Hutchence as front man.

To be in the draw to win one of four double passes to see the show, write your full name, address and daytime phone number on the back of an envelope and mail it to Peninsula News Ettalong Diggers Competition, PO Box 1056, Gosford, NSW, 2250.

Entries close 5pm Thursday,



January 19.

The winners of the Peninsula News Fluff competition were Anita Yates of Woy Woy and Maree Sulter of Mount White.

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

Get the most out of your advertising dollar

NEWSPAPERS Central Coast

#thisisthelife

Advertise in a Central Coast Newspaper for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.

MARINERS IN BUSINESS
2016/17 OFFICIAL
CORPORATE PARTNER



www.centralcoastnews.net

facebook

Office: 120c Erina Street, Gosford - **Phone:** 4325 7369 - **Mail:** PO Box 1056, Gosford 2250
E-mail: editorial@centralcoastnews.net - **Website:** www.centralcoastnews.net

www.peninsulanews.info



Council to prepare plan for channel dredging

A dedicated team at Central Coast Council will prepare and implement a plan of management for the Brisbane Water Channel, according to Member for Terrigal Mr Adam Crouch.

Community groups have been lobbying the NSW Government and the Central Coast Council for the past 12 months to dredge the channel at Lobster Beach as it has been becoming dangerously narrow and shallow.

Central Coast Council chief Mr Rob Noble and administrator Mr Ian Reynolds have acknowledged on several occasions that the dredge previously owned by Wyong Council and located at The Entrance could be made available for dredging within the previous Gosford local government area.

Mr Crouch said: "I have met with

Mr Noble to discuss the Brisbane Water Channel to discuss a plan of management to keep the channel open for commercial and leisure craft.

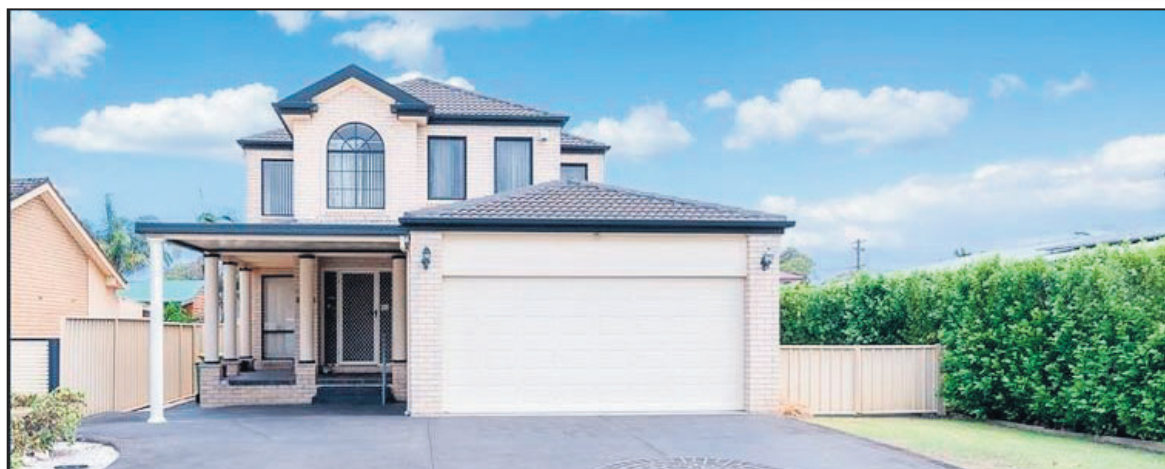
"Council's group leader for assets, infrastructure and business, Mr Mike Dowling, has put in place a dedicated team who will prepare a plan of management which we hope to see in place within coming months," Mr Crouch said.

"This channel is so important to ensure it is kept open for boating access to the Peninsula...the many villages on the Brisbane Water and feeder services to Gosford City," Mr Crouch said.

"It is also very important that passenger services can navigate through the channel safely and with good clearance," he said.

Newsletter, 5 Jan 2016

Adam Crouch, Member for Terrigal



Number 3 Pattie Place, Woy Woy, was expected to sell for around \$1 million

House prices increase on Sydney demand

The Peninsula is becoming increasingly popular with Sydney home buyers paying higher prices for local homes that are still within reach of the Sydney CBD, according to a Woy Woy real estate agent.

Raine and Horne sales consultant Mr Shane Johnson said he had seen the popularity of the Peninsula grow with Sydney buyers throughout 2016.

"I predict this trend, as well as the demand for properties on the Peninsula, will continue into 2017 with the Reserve Bank more than likely to keep rates on hold for the at least the first quarter of the year," Mr Johnson said.

The local real estate market usually slows down during December as businesses and families take a festive break but Mr Johnson said there were strong sales over the three major Peninsula suburbs in December.

Woy Woy saw 14 sales, Umina 35 and Ettalong seven.

"These sales saw us close the year with some fantastic sales growth and numbers across 2016," he said.

For 2016, agents reported 336 sales in Woy Woy with the average house sale price climbing 10.5 per cent for the year to \$580,000.

Unit sales prices also saw solid growth of 8.4 per cent reaching \$502,000.

Umina is definitely the Peninsula's suburb of the year, seeing 496 home sales and an average sale price for houses at \$605,000 up 11.1 per cent.

The average sale price for units in Umina also grew by almost 10 per cent in 2016 to \$500,000.

Around 230 homes changed owners in Ettalong during 2016 with its average house price achieving the highest of the three main Peninsula town centres, sitting at \$650,000 representing annual growth of 13.8 per cent.

The average sale price for units in Ettalong grew by around eight per cent to \$580,000.

Media release, 5 Jan 2017
Shane Johnson, Raine and Horne Woy Woy

GOSFORD CITY FARMERS' MARKET



SUNDAY - 8.00am till 1.00pm



Feast your eyes over these producers:
Garden Fresh, Vegetali Pty Ltd, La Tartine,
Over the Moon Milk, Egganig, Soda Bread

Bakery, Lincoln Red Beef, The Banana
Bread Man, Hawkesbury Fresh Produce,
Delightfully Fresh Organics, Tar 10, Bills

Organic Bakery, Pattie Moi Designs, Little
Creek Cheeses, Pokolbin Olives, Maxima
Coffee, Wotton Valley Beef, Wattle Creek

Preserves, Jacques Kitchen, Larry's Free
Range Eggs, Peats Rigde Produce, The
Apple Man, Meltic Beef plus many others.



VENUE: The Entertainment Grounds
(Gosford Racecourse)

WHEN: Every Sunday

TIME: 8.00am till 1.00pm

Rain, Hail or Shine



Enquiries:

finefoodmarket@bigpond.com

Mob: 0427 630 144



FACEBOOK
[www.facebook.com/
Gosfordcityfarmersmarket](http://www.facebook.com/Gosfordcityfarmersmarket)

Gosford City Farmers' Market will feature a wide range of fresh vegetables, fruits, primary produce including gourmet jams and preserves, olive oil products, pestos, macadamia nuts and fresh home made products. The market will include other food related items as well as high quality "food-to-eat" vendors. Flowers, plants and trees will also be available for sale. Additionally the market will also feature hand-made products other than food such as artists, designers and other quality artifacts.

The market will operate each Sunday from 8.00am till 1.00pm Rain, Hail or Shine.

Gosford City Farmers' Market
Gosford Racecourse,
4 Racecourse Rd, Gosford West



Police to investigate pelican

At least five infant pelicans were mauled to death by dogs at Blackwall on December 30.

"In relation to the recent attack, police are leading the investigation," according to a statement issued by the Council.

"Council is assisting the police with the investigation particularly in relation to whether the dogs are a restricted breed or not," the statement said.

"In any case, the owner will be issued with fines in relation to attack (under the Companion Animals Act) and further fines if the dog breed is in fact restricted," the statement said.

Council rangers and the water police were contacted for assistance when the attack was underway on December 30 but they did not attend.

Ms Wendy Gillespie from Pelican Rescue and Research said she believed the two unrestrained dogs were American staffordshire terriers.

Due to an unusually low tide, the dogs had open access to Pelican Island, a known local nesting area, for at least two hours before she and several Blackwall residents intervened.

"The sad thing is it may be the same dogs that were out there in November when the Water Police and Council Rangers did attend," Ms Gillespie said.

She said she was concerned that the public did not understand the extent of the injuries that dogs could cause.

"We need empathy and action.

"People need to know that dogs can inflict injuries that could take a small child out," she said.

According to Ms Gillespie, she



retrieved the carcasses of five pelicans that were between eight and 10 weeks old and would not have yet been able to fly to safety.

"The injured and dead pelicans were strewn around the island on arrival and the gross injuries indicated they were mauled by both dogs while swimming and either bled out or died later.

"It would have been an extremely horrific and cruel death.

"According to locals who helped, the dogs had been out there causing carnage for hours before being 'rescued from drowning' by other residents in their kayak and handed back to the nonchalant owner without consequence.

"I received a call between 1pm

and 2pm and asked the first caller if they could rally neighbours with kayaks to get the dogs off the island.

"I received a second call from the neighbours opposite who paddled out on my arrival.

"When I arrived, the dogs were still free-ranging with one bounding through the nesting area with newly-hatched chicks.

"As the parents could not return, most were likely to have died of exposure due to the heat wave.

"Other older chicks appeared to have died but there were no dead adults.

"One adult had been mauled around the neck but survived and returned to new nestlings.

"I contacted Council's after

hours number just after I received the first call and received a call back from a ranger at 5:30pm (four hours later) by which time most of the tragic drama was over.

"I also contacted Maritime Services without a response to date, as they have been supportive in the past.

"A neighbour also contacted the Water Police who said they would attend but they were at another location and they didn't attend as I was out collecting bodies and checking for other injuries until 7pm.

"No regulatory agency attended this event," she said.

"I contacted the RSPCA in Brisbane the following day and

spoke to an inspector who stated that without the name, address or rego number of the owner they couldn't respond.

"The rego number only surfaced on the weekend. I followed up with the ranger the next morning also and there was a change of shift so I was not contacted until Tuesday morning.

"I contacted Gosford Police on Monday who advised that the proper channels were through Council's ranger services.

"The dogs could have killed other wildlife, domestic pets or children in the interim.

"This has been a severe failure of the system.

Renovating? Need New Blinds, Awnings or Shutters?

Latest technology NOW AVAILABLE!!!

**Motorize your new roller blinds for \$175.
Control them from your mobile phone. #
Call now for a free in home
measure and quote.**

Some conditions apply. See website for details.

CHOOSE THE LOCAL EXPERTS AT

18/482 Pacific Highway, Wyoming. Ph : 02 4324 8800

www.premiershades.com.au

PREMIER
shades-awnings-blinds

deaths in dog attacks



"Sadly at the peak time of year when injuries and cruelty incidences are highest to our wildlife, there is almost no one there to contact for support or regulatory action.

"Thankfully residents opposite the island had my contact and also responded and courageously paddled around the lethal dogs as they were rescued.

"Her husband then thankfully bravely agreed to be interviewed by NBN News and took the pictures of the dogs and owner.

"This incident has to be answered with euthanasia of the lethal dogs and a major prosecution of the owner otherwise we know the system to protect innocent creatures and people is totally inept.

"I have to say it's the most devastating scenario that I've had to face and deal with in over 18 years of proactive rescue.

"However, I would like to add that Council's Rangers have been very supportive and helpful in relation to other dog issues but this event exposes the holes in the protective system during peak visitation time," Ms Gillespie said.

In a media statement, Central Coast Council said: "If a dog attack has occurred residents should contact Council and our rangers will investigate.

"The Companion Animals Act was introduced by the NSW Government in 1998 to protect pets, their owners and the broader community.

"Under the Act, owners of puppies and kittens must microchip and register their pet by 12 weeks of age or when they are first sold.

"This ensures the pet can be returned to the owner if lost, hurt or stolen and links pets directly to their owners.

"Dogs are required to be

restrained while in a public place at all times with the exception of prescribed dog off leash areas which are signposted.

"Shared pathways such as the one at Woy Woy are not dog off leash areas so dogs need to be on a lead at all times.

"Section 16 of the Companion Animals Act defines a dog attack as: 'If a dog rushes at, attacks, bites, harasses or chases any person or animal (other than vermin), whether or not any injury is caused to the person or animal'.

The only times when it doesn't apply are in the case of vermin, if the dog is in its own property or if the dog is provoked," the statement said.

Media statement, 5 Jan 2017

Interview, 5 Jan 2017

Wendy Gillespie, Pelican Rescue and Research

Media statement, 5 Jan 2017

Rob Noble, Central Coast Council

Reporter: Jackie Pearson



JANUARY

SALE

NOW ON AT

INSTEP FOOTWEAR

Good old fashioned service with a smile

Shop 136 - Imperial Shopping Centre - Gosford - 4324 2264

ADVERTISEMENT

I wish you all a prosperous
New Year for 2017 and a
happy Australia Day.

— **Adam Crouch MP**
Member for Terrigal

NSW
LIBERALS

Get in touch with Adam

(02) 4365 1906 Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250 @ Terrigal@parliament.nsw.gov.au f AdamCrouchMP

Authorised by Adam Crouch MP, Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250, using parliamentary entitlements.

Swimmers rescued from Ettalong sand bar

Ocean and Umina Beach Surf Life Savers were tasked with rescuing a group of swimmers at the Ettalong Point sand bar on December 27 after a jetski officer noticed the group was unaware of the changing tide.

From his jetski, Mr Peter Dell spotted the group of seven, who seemed unaware of the turning tide at around 4pm.

Mr Dell called Surf Life Saving NSW State Operations Network, with members of Ocean and Umina Beach clubs both launching their rescue boats to attend.

"It was an extremely busy afternoon for us as we were treating a number of people who had suffered bluebottle stings," said Central Coast duty officer Ms Katie Dixon from Ocean Beach.

"That sandbar is really enticing spot and it appears that the holidaymakers got caught out by not knowing the environment well.

Fortunately this happened in an area where there was a lot of activity.

"It seemed like they got taken by surprise by how quickly the tide turned.

"Conditions were quite good with only a little chop, so it was a

relatively straight forward rescue," she said.

The Surf Life Saving "unmanned aerial vehicle", Little Ripper 22, was also deployed to monitor the situation.

"The Little Ripper drone was being flown by Mr James Irwin out of Umina and it was really useful to have it.

"What it provided our lifesavers was a bird's eye view of the situation as it unfolded in real time.

"While fortunately we didn't require it yesterday, if someone had fallen into the water, it would have helped provide an ideal starting point to commence a search," Ms Dixon said.

Between the two club's boats and the support ski, the group of people were ferried to shore where the remaining lifesavers assessed them for injuries.

All were given a clean bill of health.

Media release, 28 Dec 2016
Surf Life Saving NSW Media



Navigation changes are under way on Brisbane Water

Channels, markers and speed limits change

Boating skippers need to be aware of new speed limits, new channels and markers in Brisbane Water, according to boating safety officer Mr Mark Raward at NSW Maritime.

Speed limits throughout Brisbane Water are currently under review.

Mr Raward said that, for now, boaters should follow existing speed signs, especially on the approach to the Rip Bridge.

The speed limit at Wagstaffe has changed from eight knots no wash to four knots.

New four knot signage has been located to improve visibility for boaters.

Additional yellow markers have been installed along the unofficial north western channel that will

direct the majority of traffic away from residents' properties on the southern foreshore.

The old north-south channel has been reopened so there are now two alternate channels allowing vessels to bypass Wagstaffe without using the main channel.

Deep draft vessels should continue using the main four knot channel along the southern foreshore.

This is lit between sunset and sunrise.

Hardy's Bay is currently eight knots but the Hardy's Bay Residents' Group has been working with Roads and Maritime Services to make the bay four knots and to install additional signage on both sides of the southern cardinal market at the entrance to the bay.

Newsletter, 5 Jan 2016
Mark Raward, NSW Roads and Maritime Services

孔子学院

CONFUCIUS INSTITUTE
THE UNIVERSITY OF NEWCASTLE
纽卡斯尔大学



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

chinesecourses.com.au
TERM 1 • ENROL ONLINE NOW!

CHINESE FOR BEGINNERS

Whether you want to travel to China, work in China, do business with China or are simply interested in the Chinese culture, learning Chinese is a great way to get started. It's easier than you might think, rewarding and whole lot of fun!

- Tue 6-8pm starting 31 Jan for 10 weeks
- Ourimbah Campus, University of Newcastle
- \$320 (incl gst) – free textbooks and CD included

TAI CHI FOR BEGINNERS

Enjoy the slow, controlled movements of Tai Chi to reduce stress, improve fitness, and enhance overall wellbeing. The course will teach you the 8 and 16 Form Yang Style Tai Chi, suitable for absolute beginners.

- Tuesday 6-7pm starting 31 Jan for 10 weeks
- Ourimbah Campus, University of Newcastle
- \$160 (incl gst)

CONTACT US

4985 4360

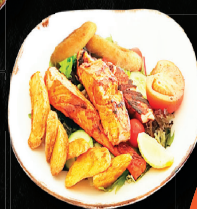
ci@newcastle.edu.au

THE GRAND PAVILION



MUM'S
PLATTER

SEAFOOD COMBO



LAMB & BEEF
COMBO



NOW
INTRODUCING
INDIAN

AUSSIE
BREAKFAST & LUNCH
IN TERRIGAL

NON VEG &
VEG THALI



CHICKEN /
LAMB & BEEF
WRAP



LAVISH COMBO OF
INDO-AUSSIE BIG BREKKIE



INDIAN
STYLE
FISH & CHIPS

BOOK YOUR TABLE NOW (02) 43858892, (02) 43851673

e: contactthegrandpavilion@gmail.com, www.thegrandpavilion.com.au

Breakfast timings: 10am to 2pm
Lunch timings: 11am to 2pm





Community Environment Network

Looking back - and looking forward....

2017 will mark 20 years since the Community Environment Network (CEN) was formed.

Our beginning was a forum held at the Central Coast Leagues Club in May, 1997. The forum brought together individuals and groups from across the region (including Lake Macquarie and the Hunter) to share their stories and vision for the future.

The forum was organised in part by the Brisbane Water & Gosford Lagoons Catchment Management Committee with support from the Department of Land & Water Conservation - both organisations have long since been absorbed into other entities.

The energy and enthusiasm at the Forum was inspiring. At the end of the day, there was a consensus that this kind of gathering needed to continue - that there needed to be an over-arching network for the region - and so the journey began. At that time, we were the "Central Coast Community Environment Network" however, as our activities broadened, we became the Community Environment Network.

2017 will be about celebrating our 20 years - but more importantly, it will be about bringing together individuals and groups that are working for the environment and their communities - renewing our efforts, both individually and together.

The vision of CEN is about working for ecologically sustainable development (ESD), a concept that exists in legislation and that we believe is a model that will take us towards a just and sustainable society. ESD is not "anti-development" - it is about encouraging development that complies with 4 key principles:

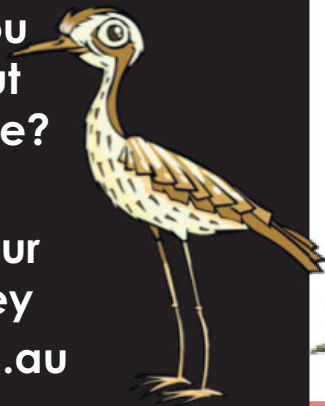
1. Intergenerational equity
2. Precautionary principle
3. Conservation of biological diversity and ecological integrity
4. Improved valuation and pricing of assets and services (eg. "the polluter pays" principle).

It would be nice if we could say that we were well on the path to achieving ESD, however, the challenges seem to be increasing. We invite you to join us, and many other Central Coast residents, to continue this work towards ESD. Let's work together to achieve real progress in 2017! There are many ways of doing this—become a member, volunteer, attend one of our events... or contact us to find out what works best for you.

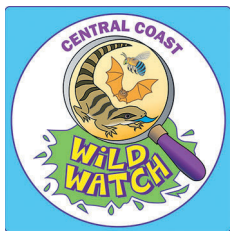
Jane Smith, CEO

What do you know about Urban Wildlife?

Complete our online survey
www.cen.org.au



Wildwatch - Connecting Kids with Nature!



Research over the past decade has built up an impressive body of evidence demonstrating the benefits of connecting children with nature. This includes an increase in environmental knowledge, a deeper, more personal, understanding of the way their world functions, academic gains, and higher social and emotional functioning, especially in self-esteem, calculated risk taking and confidence. (Australian Association for Environmental Education).

Wildwatch is an opportunity for children (and families) to engage in a program that promotes a love of nature, opportunities to observe nature and increase knowledge, skills and understanding.

By signing up to Wildwatch, your family will receive an Introduction pack, a Wildwatch diary, a bi-monthly kid friendly newsletter, special invitations to family friendly events and invitations to participate in a number of Wildwatch action each year (eg. Monitoring birds in your backyard). Joining Wildwatch is free!



Want to sign up to Wildwatch? ... It's Free!
visit www.cen.org.au

The Wildwatch program is supported by the NSW Government through its Environmental Trust

Join us for Breakfast with the Birds to celebrate World Wetlands Day 2017

Come along to The Central Coast Wetlands, Pioneer Dairy on **Saturday, 4 February** to celebrate **World Wetlands Day 2017**. As well as enjoying a delicious buffet breakfast, participants will take part in activities such as talks about wetlands, water quality monitoring, a bird spotting walk, dip-netting for water bugs, lucky door prizes and displays relating to local environmental projects.

World Wetlands Day is celebrated on the 2nd of February each year and marks the anniversary of the signing of the Convention on Wetlands (Ramsar Convention) in Ramsar, Iran, in 1971.

The theme for 2017 is **Wetlands for Disaster Risk Reduction**. This theme is selected to raise awareness and to highlight the vital roles of healthy wetlands in reducing the impacts of extreme events such as floods, droughts and cyclones on communities, and in helping to build resilience.

Breakfast with the Birds is organised by CEN's Waterwatch program and supported by the Tuggerah Lakes Reserve Trust and Birding NSW. The Central Coast Waterwatch Program is supported by Local Land Services through funding from the Australian Government.

Registrations start at 8.00am with activities and breakfast running through till 11:00am. The cost for the event is \$10 per adult and \$6 for children (4-16 years) and this includes breakfast and site entry.

Numbers are limited and bookings are essential. For more information and to book - visit www.cen.org.au/events

This event is supported by:



Local Land Services
Greater Sydney



CENTRAL COAST MARINE DISCOVERY CENTRE

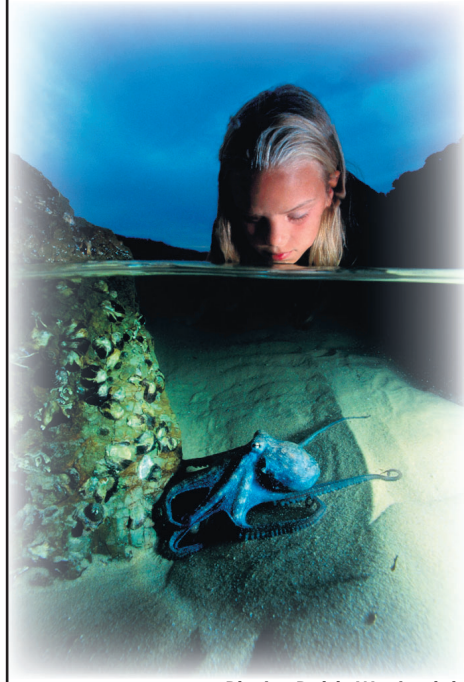


Photo: Robb Westerdyk

UPCOMING EVENTS

Rockpool Discovery Walks

Become a marine biologist by discovering our local rock platform animals. You'll be amazed at how special these creatures really are!

Fri, 20 Jan - 8:00-9:00am

Mon, 23 Jan - 11:00am- 12noon

Wildwatch Activities

Suitable for children between 5-14 years of age.

Wed, 11 Jan - Birdwatching for Kids! - 10-11am, Woy Woy

Wed, 18 Jan - Birdwatching for Kids! - 9-10am, The Entrance

Fri, 20 Jan - Dipnetting and Water Testing - 10-12noon, Holgate

Tue, 24 Jan - Dipnetting and Water Testing - 10-12noon, Ourimbah

Citizen Science - Rock Platform monitoring

Sat, 21 January - 9am-11am

Come along to help us monitor the diversity of life on Bateau Bay rock platform. You will receive a briefing on the methods (using transects and quadrats) - and then we will work in teams to collect data.

For many events there is a small charge. These charges vary so please check the website for details.

Bookings are essential

FOR MORE INFORMATION AND TO BOOK - VISIT

www.ccmdc.org.au

Our Central Coast - Worth Protecting

The Community Environment Network (CEN) is an alliance of individuals and groups that work for ecologically sustainable development.

Support CEN - Become a member - Volunteer - Make a donation

www.cen.org.au

Ph: 4349 4756

News

Garbage service interruption averted

A stop work meeting to be held by the Transport Workers' Union that may have interrupted the Peninsula's garbage collection services on January 10 has been averted.

The union has been campaigning for garbage workers employed by Remondis, the company contracted by the Central Coast Council to deliver its waste collection services.

The stop work meeting was to discuss stalled negotiations with Remondis about a new enterprise agreement.

The union wants the Central Coast Council to guarantee that any new waste collection contractor must retain the current pay and conditions of the Coast's waste collection workers.

It wants the Council to include a specific clause in its next set of tender documents when it calls



Garbage collections will go ahead

for new waste service tenders.

The Remondis contract expires on February 1 next year.

Union official Mr Grant Rodger said the union wants to have a new enterprise agreement put in place with Remondis because the old agreement had expired.

However, the union advised on January 5 that its stop work meetings had been cancelled,

for now.

"The company has now been given two weeks' notice to come up with a better current agreement to ensure that drivers' pay and conditions are protected as Remondis fulfils the waste contract to pick up residents' bins on behalf of Central Coast Council," Mr Rodger said.

"Central Coast Council still

needs to act," he said.

"Administrator Ian Reynolds and CEO Rob Noble can still make a difference to workers who live where they work.

"The Transport Workers Union is calling for the Central Coast Council to let the Remondis workers know when the next waste contract tender will be released and to ensure that protection of pay, work conditions and entitlements are included in the tender."

However, stop work meetings may still be held, according to the union.

The timing of stop work meetings would be designed to provide minimal impact on the residents of the Central Coast, but some bins may take longer to be collected on those days, according to union secretary Mr Richard Olsen.

"Drivers are concerned about possible losses of wages and conditions around any changes to the waste contract run by the Central Coast Council," Mr Olsen said.

"They are not asking for a pay rise or anything else," he said.

"Drivers just want what they already have to be maintained and are questioning Central Coast Council as to why they refuse to provide security for local workers and local jobs.

"This is a matter that is in the hands of Remondis.

"They can accept the value of their experienced drivers who are the means by which they fulfil the contract on the Central Coast.

"Remondis are attempting to cut drivers' wages by 25 percent," Mr Olsen said.

"Blame for this must also rest at the feet of the Central Coast Council administrator Mr Ian Reynolds and Council CEO Mr Rob Noble.

"These two have washed their hands of the issues faced by drivers working for Remondis.

"The waste contract is issued by Council and it appears that

the Council administrator is simply beyond caring about what happens to families on the Central Coast," Mr Olsen said.

Mr Rodger said the only path available to the employees was to take protected industrial action against Remondis but the ultimate goal would be to convince the Central Coast Council that any new competitive tender process should have workers' current conditions and wages as its base level.

He said workers had agreed to a wages freeze for the past two years in good faith.

The union was attempting to secure a two per cent pay rise plus two percent over the next two years.

Mr Rodger said workers would not accept Remondis' current condition that their employees retain a new enterprise agreement for the first four years of any new contract with the Council.

"The industrial action can go on for the next two years if Remondis and the Council like," Mr Rodger said.

He said it usually took 18 months for a Council to do the ground work for a competitive tender of waste service.

On that basis, the union and its members expected Remondis' current contract to be extended for 18 months, he said.

In a media statement, Central Coast Council said: "The current waste contract with Remondis runs until January 31, 2018.

"There are no plans to extend that contract at this time.

"Council is finalising the tender documents and they should be issued publicly in the next month."

Media release, 3 Jan 2017

Media release, 5 Jan 2017

Colin Henderson, Transport

Workers' Union NSW

Interview, 4 Jan 2017

Grant Rodger, Transport

Workers Union

Media statement, 5 Jan 2017

Ian Noble, Central Coast Council

Reporter: Jackie Pearson

**Feel better, sooner
with a bulk billed
home doctor visit.**

NOW IN THE CENTRAL COAST

MON - FRI: 6PM-8AM

(Call Centre opens 4pm)

SATURDAY: FROM 12PM

(Call Centre opens 10am)

SUN & PUBLIC HOLIDAYS: 24 HRS

(Call Centre open 24 hrs)

**Call
13 99 99**

www.myhomedoctor.com.au

[facebook.com/dahdcentralcoast](https://www.facebook.com/dahdcentralcoast)



ANDROID APP ON
Google play

Available on the
App Store

**BlueWave
LIVING**

Still Proudly Owned by Woy Woy Community Aged Care

**NOW
PROUD
OWNERS
OF THE
SHORES**

'Excellence in Residential Aged Care'

Providing both Hostel and Nursing Home

Accommodation including Respite

6 Kathleen Street, Woy Woy - Phone 4344 2599 - www.bluewaveliving.org.au

Sponsored by
Central Coast Council

**Green Planet
Electricity**



**Peak and Shoulder
Electricity**

17 cents per kw hour

WHY PAY MORE

Ring Steve

0406 122 892

Free advice about lifejackets at boat ramp

A mobile van will provide free advice about modern life jackets and will exchange old lifejackets for new at a discounted price in Woy Woy on Sunday, January 22.

State Member for Terrigal, Mr Adam Crouch, said the the Old4New van will be located at the Woy Woy boat ramp from 2pm to 5pm on the day.

Mr Crouch said trained staff would provide advice on choosing the right lifejacket for height, weight, ability and water activity, and tips on lifejacket care and service.

"This is Old4New's fourth season and the team is as keen as ever to get amongst our boating communities to spread the word about choosing the right lifejacket for your height, weight, ability and water activity," said Mr Crouch.

"It's important to take good care of your lifejacket and to care and

service them to ensure they can do their job effectively if they're needed," he said.

"In NSW, it's the law to service your inflatable lifejacket once a year or in accordance with the manufacturer's instructions, so this is an excellent opportunity to understand exactly what you need to do to make sure your lifejacket always keeps you safe."

The Old4New van's visit to the Central Coast coincides with the Royal Life Saving Society's latest regional drowning report, highlighting the importance of safety for all water enthusiasts, regardless of age and experience.

According to the report, 29 people drowned in the Central Coast and Hunter region waterways between 2005 and 2015, and more than half of these people were not wearing a lifejacket.

"These are not just numbers, each represents a parent, child, uncle, aunty or friend lost

participating in an activity that is meant to be enjoyable and that everyone should come home safely from doing" Mr Crouch said.

"This report is a timely reminder for us all to think about how we can protect ourselves out on the water so that we can have a great day out on the water and make it back home to the people we love.

"Wearing a lifejacket is by far the most effective way to prevent drowning while boating, and with new, modern designs, lifejackets are less bulky and more comfortable to wear so there's no good reason for not chucking one on."

The Old4New exchange is part of a wider Transport for NSW program which has helped support an increase in lifejacket wear rates and achieved a decrease in boating fatalities statewide.

Media release, 23 Dec 2016
Debra Wales, Office of
Adam Crouch



A hammerhead shark

Hammerhead shark closes beach on Boxing Day

The sighting of a hammerhead shark sighting off Umina Beach caused the closure of the beach for more than an hour on Boxing Day, traditionally one of the busiest days of the year.

Umina Beach was closed at around 11:30am following reports of a hammerhead shark sighting in the vicinity.

Upon being notified of the sighting, life guards on duty immediately sounded the shark alarm and cleared the water of swimmers and surfers.

Beach goers watched on as life guards entered the water in an inflatable rescue boat to perform a search for the hammerhead.

They were unable to find the shark and concluded that it left the beach of its own accord, saving them from having to shepherd the animal back out to sea.

According to Mr Liam Howitt of Surf Life Saving NSW, surf life savers from Ocean Beach were also notified of the shark sighting.

Mr Howitt said that, following a discussion between the two clubs, Ocean Beach life guards decided the beach could remain open with continuous monitoring.

Umina Beach was reopened just before 1pm when life guards were satisfied the immediate threat had passed.

Interview, 5 Jan 2016
Liam Howitt, Surf Life Saving NSW
Reporter: Dillon Luke

Drunk in charge of a boat?

A man will face court after being charged with having high range blood alcohol content while operating a vessel on Woy Woy Bay.

Officers attached to Brisbane Water Local Area Command were patrolling Woy Woy Bay, when they detected a boat travelling above the speed limit at about 12.30pm on Thursday, January 5, as part of Operation Fortitude.

Police stopped the vessel and spoke to the master, a 36-year-old man, and conducted a random breath test, which returned a positive result.

The 36-year-old man was arrested and taken to Woy Woy Police Station where he was charged with operate vessel with high range PCA.

He was issued a field court attendance notice to appear at Woy Woy Local Court on Tuesday, January 24.

Operation Fortitude is an ongoing operation focused on alcohol-related crime and anti-social behaviour during the holiday

period on the Central Coast.

Media release, 6 Jan 2016
NSW Police Media Unit



Linda Emery
Lawyer
Since 1983

Hospital &
Home Visits
By Appointment

Specialising in:

FAMILY LAW

- Divorces
- Children's Issues
- Binding Financial Agreements
- De facto
- Property

WILLS & ESTATES

- Probate, Wills & Disputes
- Power of Attorney
- Enduring Guardianship

So much more than just law...



LAWYERS & CONVEYANCERS

Ground Floor, Suite 6, 22 Watt St Gosford

CONVEYANCING

- Purchase & Sale of Property
- Refinancing Mortgages
- Purchase & Sale of Business
- Leasing
- Retirement Villages

COURT APPEARANCES

- Criminal Law
- Traffic Matters
- AVO Matters
- Drink Driving

4323 4766

Email: lemery@lindaemery.com.au

Web: www.lindaemery.com.au

Meet Shane Johnson, your local agent at Raine&Horne Woy Woy.

Shane is a well-known community figure, who approaches each of his clients with enthusiasm and dedication, and he's looking forward to doing the same for you.

- > Strong background in sales, marketing and finance
- > Activates dynamic and fresh ideas
- > Sharp negotiation skills
- > Lending and investment knowledge
- > Strong working knowledge of the Peninsula

Let's get social – share and hashtag
#fantasticcentralcoast

Call Shane in the Woy Woy Office

D: 02 43414288

M: 0416 808 524

E: shane.johnson@woywoy.rh.com.au

Raine&Horne

0416 808 524 | rh.com.au/woywoy

Service station may be redeveloped

A service station in Ocean Beach Rd, Umina, may soon be redeveloped, following the issue of conditional consent by Central Coast Council.

Deferred commencement and conditional consent has been given for the \$2 million construction of a service station-convenience store, two shops and an automated carwash at 303 to 313 Ocean Beach Rd, Umina.

The site includes the currently unmanned United Petroleum service station at 307 to 309 Ocean Beach Rd.

Consent was conditional on the applicant submitting a preliminary contamination investigation, detailed contamination investigation, remedial action plan and validation and monitoring report which Council's Environmental Officer must approve.

If necessary, Council may also request a site audit statement and summary report to be provided by a NSW EPA accredited site auditor.

Upon compliance with those conditions Council would issue an operative consent.

The current deferred consent is

valid for five years.

The subject site consists of six allotments with a total development area of 3092 square metres including a main frontage to Ocean Beach Rd and a secondary frontage to Ryans Rd.

Another frontage is to an unsealed, unnamed side lane and immediately across the lane is a public reserve.

United Petroleum submitted the proposal for the site's redevelopment, including the installation of new petroleum infrastructure, but an assessment report that recommended the conditional consent confirmed that the existing underground fuel storage tanks were to be retained.

A convenience store will operate 24 hours a day and the automatic car wash bay will be open during the day and evening periods only and proposed tenancies are envisaged to operate as small shops.

The site was owned by various private proprietors until around 1992 when the site was purchased by Midcoast Petroleum, a subsidiary of Mobil Oil Australia Pty Ltd.

It is believed to have operated as a service station since at least 1959.

The site was purchased by United Petroleum in 2006 and remained operational until around December 2010.

It was closed until late 2013 before it reopened as an unmanned facility.

It is currently zoned Business Development Zone 5(b) zone and a Statement of Environmental Effects submitted to the Council with the application concluded that a service station was permitted with consent in the B5 zone "as it falls under any other development not specified..."

The use of the two tenancies will be subject to future development approvals.

Pre-lodgement advice given to the applicant by the former Gosford Council in March 2016 highlighted that the lots at 307, 309, 311 and 313 Ocean beach Rd were potentially contaminated so a contamination summary report was prepared by United Petroleum.

The nearest surface water receptors are Brisbane Water 1.7km to the east and Broken Bay

1.7km to the south.

The nearest registered groundwater bores were 100 metres south west and 200 metres east of the site.

United has also conducted bi-annual testing of groundwater wells to comply with the NSW EPA POEO (UPSS) Regulations.

The latest round of groundwater monitoring was reported in November 2015 when five on-site wells were gauged and sampled.

Based on a review of environmental assessments commissioned between 2004 and 2015, with the exception of one shallow soil sample (MW04_0.5), soil samples reported petroleum hydrocarbon contaminant concentrations below the laboratory limit of reporting or below the adopted site assessment criteria.

In studies conducted in the early 2000s Benzene (2.8 µg/L) and ethyl benzene (380 µg/L) exceeding the adopted site assessment criteria was in the groundwater sample taken from MW04.

Naphthalene concentrations were reported above the adopted assessment criteria (70 µg/L) in the groundwater sample taken from MW04 (158 µg/L) and MW05 (100 µg/L).

Dissolved phase petroleum hydrocarbon contaminants were reported in groundwater wells in the south eastern portion of the site.

However, the groundwater contaminant concentrations in a November 2015 sampling round were reported below the laboratory reporting limit or the adopted site assessment criteria and did not pose a health risk to the site occupiers or off-site receptors, according to a report lodged in support of the development application.

"The investigations completed to-date conclude that the site is suitable for on-going use as a service station," the report said.

"The proposed redevelopment is likely to improve the soil and groundwater quality at the site," it said.

"Hydrocarbon soil and groundwater impacts identified are considered unlikely to pose human health risks to site users or workers, or to near-site parkland users or local residents via

dermal, ingestion and/or inhalation pathways."

However, two off-site groundwater monitoring wells (MW05 and MW06) appeared lost under resealing of the road and could not be located in the November 2015 round of testing.

The former Gosford Council informed the applicant that the site was not listed on the EPA record of contaminated sites and no notices under the Contaminated Lands Management Act 1997 had been recorded for it.

According to a Statement of Environmental Effects lodged with the application, the development was not considered as potentially hazardous industry under SEPP 33 as the filling and dispensing point is 17 metres from the nearest boundary when the minimum requirement is 10 metres.

The service station is also expected, depending on demand to generate between three and seven tanker visits per week whereas daily visits are expected for service stations with highest demand.

The development required the removal of eight trees from the site.

Discussions with Council also resulted in amendments to mitigate road traffic safety issues particularly at the intersection of Ryans Rd and Ocean Beach Rd including a relocation of the exit-entry away from the Ryans Rd intersection and installation of a no parking area.

"Council will be carrying out works for kerb and guttering along the southern side of Ryans Rd in the near future," an assessment report from Council staff noted.

Only one public submission was received in relation to the DA.

Website, 23 Dec 2016
Central Coast Council DA
tracker/DA50046/2016

STRATFORD MUSIC

Offering quality tuition in:
**PIANO, GUITAR, VOCALS,
VIOLIN, DRUMS,
BASS, UKULELE,
PERFORMANCE,
THEORY, SONGWRITING
& ENSEMBLES.**

Located in the heart of
Woy Woy 81 Blackwall Road
stratfordmusic.com.au 4344 5809

Your local, independent hearing specialist



Penninsula Hearing

"We are hear for you"



Why choose Penninsula Hearing?

- Proudly local & **INDEPENDENT** hearing clinic
- **FREE** hearing screenings
- **SAVE THOUSANDS** on the latest hearing aid technology
- **FREE** services to eligible Pensioners and Workcover claimants (Government accredited)
- **NO OBLIGATION TRIALS**

Wanted: 15 people to trial the latest Signia hearing aid technology. Call (02) 4342 9736 to book your FREE trial!

Shop 6, 2 Berith Street, Umina Beach
www.penninsulahearing.com.au

1 IN 4 AUSTRALIAN WOMEN HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE*. WE ARE HERE TO HELP.

If you or someone you know is experiencing domestic violence call Coast Shelter for support.

Kara Women and Children's Program
Gosford - 4323 1709

Elandra Women and Children's Program
Toukley - 4396 4263

Neleh Women and Children's Program
Woy Woy - 4340 1052

Rondeley Domestic Violence Response Program
Wyong - 4340 7088



Marie Lowndes Charitable Foundation

Coast Shelter's Domestic Violence Prevention Programs are supported by the Marie Lowndes Charitable Foundation *ANROS Horizons 1 (2015)



Application for units in Ocean View Dr

A development application has been lodged with Central Coast Council to build four residential units with a car park over three storeys in Ocean View Dr, Ettalong.

The site is also the subject of a subdivision application.

The residential flat building will be erected predominantly over 306 Ocean View Rd but the building will extend across the boundary of 308.

Another DA is currently before Council for a dwelling over 308 Ocean View Dr.

The proposed residential flat building contains four units, and is part two-storey and part three-storey, with ground level parking for six cars.

The site is zoned R1 General Residential under Gosford LEP 2014, and the proposal is permissible with Council consent.

The assessment of the proposal against Gosford LEP 2014, DCP 2013 and Section 79C of the Environmental Planning and Assessment Act 1979 concluded that the proposal was permissible, met the intent of all relevant planning controls and standards and was of a design quality that should be supported by Council, according to a Statement of Environmental Effects submitted with the application.

"The site is located on the southern side of Ocean View Dr and also has frontage to a coastal reserve and the Ettalong foreshore at the rear," the statement said.

A subdivision application has been lodged with Central Coast Council to re-subdivide the land into two allotments (DA51024/2016).

The application proposes the creation of a new lot 2A with an area of 751.2 square metres fronting Ocean View Dve, and a new, 340 square metre Lot 2B at the rear with access to Ocean View Dr by way of a right of carriageway.

"The application for the proposed residential flat building relates to proposed Lot 2A in DA51024/2016, and it is understood that consent



Aerial view of the subject land

could not be issued until such time as the subdivision is approved," it said.

The proposal is for four three-bedroom units.

The proposed building presents as two-storey to Ocean View Dve, and the third storey comprising one unit is setback a considerable distance from the street frontage.

On the ground level is Unit 1 with a street front terrace and single rear garage, and behind that is covered parking for five cars.

On the first floor are Units 2 and 3 which have terraces to the north and south.

On the second floor is Unit 4 which has both a front and rear terrace, and is to be adaptable.

Vehicular access is provided along a driveway on the western side, with a width of three metres, and a passing-holding bay is provided in the front setback area.

The units are orientated north-south towards the Ettalong foreshore to the south, and Ocean View Dve to the north.

"The proposal is a permissible use for the land and will provide a quality development which will support the renewal of housing and additional housing choice in the Ettalong area," the statement said.

Website, 22 Dec 2016
Central Coast Council DA Tracker, 00051301/2016

NEWSPAPERS Central Coast

Other Regional News - In brief

Peninsula News focuses on news specifically relating to post code areas 2256 and 2257.

Given the advent of the new Central Coast Council, following is a summary of the first 9 news articles published in the most

recent edition of each of our sister Central Coast publications. The full articles and more, as well as all previously published editions, can be seen on line on our website www.penisulanews.info and

on www.centralcoastnews.net. Copies of these other publications may be obtained from our offices in Gosford, by subscription, or from a myriad of locations in the areas covered by each publication.

COAST Community News

December 15, 2016

Your independent local newspaper

Ph: 4325 7369

Issue 148

Bonython Tower looks like being first cab off the rank

Advertising, media and property entrepreneur, Mr John Singleton, has decided to kick-start the rebirth of the Gosford CBD with the development of the Bonython Tower at 155 to 163 Mann St...

Gosford makes national top 10 for NBN complaints

The Telecommunications Industry Ombudsman's annual report has revealed Gosford falls into the national top 10 for complaints about the national broadband network (NBN).

Minister sees 'black spots' first hand

A pre-Christmas road safety awareness blitz by Federal Infrastructure and Transport Minister, Darren Chester, has started with an inspection of local 'black spots' on NSW ...

Nine community organisations receive Community Building Partnership grants

Nine community organisations in the Gosford electorate have been successful applicants in the NSW Government's 2016 Community Building Partnership Program.

Hawkesbury River Bridge has freight train limitations imposed

A Sydney Trains report, leaked to the Sydney metropolitan media, detailed the extent of the damage suffered by the Hawkesbury River Rail Bridge.

Ice piggling procedure underway to clean water mains

Residents in Point Frederick, East Gosford, North Gosford and Springfield can expect cleaner water as Central Coast Council undertakes ice piggling works over a three week period from ...

Application made

An application has been received by Central Coast Council to modify the consent for a 180-unit retail and shop top housing development on the corner of Erina St and Henry Parry Dve...

70 unit Terrigal apartment building due for completion in March

The scaffolding is starting to come off the \$9.5 million Pine Tree Apartments building next to the Post Office in Pine Tree La, Terrigal.

Fairview Homestead finally wins first step after a 30 year campaign

A 30 year campaign to save Fairview Homestead at Mangrove Creek has won its battle to restore the colonial property.

The full articles and more can be seen on line on our website www.centralcoastnews.net Coast Community News focusses on news specifically related to post code areas 2250, 2251, 2260 and articles can also be read and shared on your mobile phone by going to www.coastcommunitynews.com.au.

WYONG Regional CHRONICLE

December 20, 2016

Your independent community newspaper - Ph: 4325 7369

Issue 107

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263.

Council's Kangy Angy land deal reported to ICAC

The former Wyong Council has been reported to the Independent Commission Against Corruption (ICAC) by the NSW Auditor General...

Ourimbah boarding house developer's appeal dismissed by Land and Environment Court

The NSW Land and Environment Court (LEC) has dismissed an appeal by K and P Gregory, the developers of the Glen Road boarding house at Ourimbah.

Glenning Valley Development objectors to get a public Council hearing

The Say No to Glenning Valley Development group has succeeded in garnering well in excess of the 50 public objections needed to have the amended development application for a 223-lot subdivision

Warrarah 2's response to submissions slammed by Aboriginal Land Council

Darkinjung Local Aboriginal Land Council (LALC) has slammed Warrarah 2's response to submissions made as part of the assessment of the Amended Development Application for the State Significant Development of

Application lodged for aircraft hangar at Central Coast Airport

Amphibian Aerospace Industries Pty Ltd (AAI) has lodged a Development Application (DA) for the first stage of a new aircraft facility at Central Coast Airport.

Greens call for Warrarah 2 to be cancelled

The Greens NSW Mining Spokesperson, Mr Jeremy Buckingham, has called on the NSW Government to cancel the Warrarah 2 coal mine near Wyong.

Two more houses handed over at Menindee Ridge

State Member for Wyong, David Harris, had the honour of handing over the keys to four delighted new home owners at Darkinjung Local Aboriginal Land Council's residential development..

Shots fired at The Entrance

Just after 3am on December 7, it is believed that a shot was fired at a silver Mitsubishi Lancer parked in Tuggerah Pde, The Entrance.

Man crashes stolen car

A man has been charged after crashing a stolen car at Charmhaven on December 13.

Wyong Regional Chronicle focuses on news specifically relating to post code areas 2258, 2259, 2261, 2262, & 2263. The full articles and more can be seen on our website www.centralcoastnews.net

COACH TOURS

10 Day | Dep 27 Mar

Melbourne Flower Show

\$2,485
ppt share

Melbourne Flower Show • National Rhododendron Garden
Mt Dandenong • Puffing Billy Railway • Royal Botanic Gardens
Ashcombe Maze & Lavender Gardens • Phillip Island Penguins

5 Day | Departs 6 Mar

Dorrigo Getaway

\$1,165
ppt share

10 Day | Departs 19 Apr

Shipwreck Coast

\$2,310
ppt share

Tours include motel accommodation, dinner, bed, hot brekky & entries.

Live Shows

All pickups from Doyalson to Woy Woy

Day Trips

Kinky Boots \$120 pp*
26 Apr 2017
*Concession prices

Vaucluse House \$67 pp
Departs 6 Feb 2017

The Bodyguard \$125 pp*
3 May 2017
*Concession prices

Sydney Tramway Museum \$78 pp
Departs 28 Feb 2017

My Fair Lady \$125 pp*
13 Sept 2017
*Concession prices

St. Patrick's Day Mystery \$90 pp
Departs 17 Mar 2017

'A' Reserve seats
Includes: coach & entry
All matinee shows

Nepean Belle Paddle Wheeler \$95 pp
Departs 4 Apr 2017

Gift certificates available

Free home pick-ups south of the Hunter River, east of M1 and all Central Coast - extended tours only. Conditions apply.

BOOK TODAY

4353 9050

www.roadrunnertours.com.au



Travel Australia at 'see' level!

Forum

Dire consequences of planning never emerge

Thank heavens, we have the Community Environment Network to offset the selfishness and short-sightedness of the Coastal Residents group with respect to the new Coastal Management Policy.

It is clear that the Coastal Residents have none but their own interests in mind and care nothing for the welfare of future generations who are going to face enormous costs and disastrous environmental degradation, unless some action is taken now to ameliorate the damage caused by past, thoughtless development patterns.

The concern that the policy will "stifle development and business activity", that is, limit profit-making and unearned income, says it all.

Forum

The fact is that this policy should have been introduced decades ago and that, if it had, the Peninsula would not now be facing the almost insuperable burden of remediating past errors.

Even with this policy in place, it is doubtful that more than Band-Aid measures can be achieved, because the worst mistakes are beyond curing, except at unacceptable expense.

It is, also, easy to suspect that the provisions of the policy sound better on paper than they will emerge in practice, unless there is a serious implementation process put in place.

Without this, "flexibility" will almost certainly prevail, and hard decisions will be avoided as

politically unpalatable.

As for the scaremongering about the dire consequences of the Policy, we have heard it all before over and over again, and the Coastal Residents really need a new songbook, if they want to sound plausible.

I well recall exactly this kind of objection going back, at least, to the first planning legislation of 60-odd years ago, but the dire consequences never emerge, and life goes on unimpeded and usually for the better.

In fact, it would be a reasonable wager that the Code of Hammurabi was met with predictions of the end of society as known, if not worse.

That certainly would have been the case, if there had been a Chamber of Commerce in Babylon.

Email, 23 Dec 2016

Bruce Hyland, Woy Woy

Lang brothers were spectacular duo

On the Peninsula, the Lang brothers, Bill and Jack, were a spectacular duo.

Bill was a master pastry cook and a master of balance.

He could balance schooners or jugs of beer on his head and waltz across the dance floor without spilling a drop.

Both worked for the post office.

Jack had been a seaman and Bill a cake shop proprietor.

Jack always needed a starter when working, a smoke and a beer to keep him functioning.

I remember times when he had not had his medicine he could be

Forum

quite mean.

He once shouted at an old chap wearing an ear trumpet: "What's the matter you deaf or something?"

Jack had plenty of stories from when he shipped with two seamen, nicknamed "Cat" and "Flea".

Spotting them in a waterside pub, he offered them a drink.

He said to the barman: "I'll have a schooner of old, a schooner of milk for the Cat and a schooner of Mortein for the Flea."

Another time, Jack's wife left the bathroom tap on.

He arrived home to find his house flooded and his poodle wearing a life jacket.

My brother and I were with Jack one day when he tackled a mountain man seven pick handles wide and seven pick handles tall (Jack was as thin as a broomstick).

He danced around the man like a whirling dervish and the fellow got so dizzy he crashed through the pub door taking the whole doorway with him.

Jack would always grin and with a schooner in hand he'd say: "Gee, I love drinking."

Letter, 5 Jan 2017

Keith Whitfield, Woy Woy

Mural to be ripped down in five years' time?

According to a respected retired teacher of art and art history, the representation of the pelican on the mural at Woy Woy Oval bears little semblance to reality.

This travesty of an ancient bird is nothing more than a Frankenstein-like creation assembled from the beak of a stork or kite with the head of an American vulture, whoops I meant eagle, that has then been turned into road kill by a steam roller or B Double.

The pelican beak developed more than one million years ago has obviously been re-bioengineered by the American poetic license of the artist.

Why was this undoubtedly outrageously expensive excuse for artistic endeavour not undertaken by one of the many excellent local artists who, from early childhood, know that pelican beaks are pink not red.

Perhaps colour confusion with red-legged flamingos is occurring or is it blood spatter from being turned into cosmetic colouring?

There also appears to be a problem with the feet that on the mural appear to be more suitable to the character used to promote a well-known Scottish sounding hamburger store.

Obviously the children have been inadequately taught in the physical functioning and observation of the distinctive features of the bird.

However since Disney commenced popularising animals through caricature, the ability of the eyes of children now fails to

Forum

LETTERS TO THE EDITOR

should be sent to:

Peninsula News

PO Box 1056, Gosford 2250 or
editorial@centralcoastnews.net

See Page 2 for
contribution conditions

distinguish reality and results in such abominations as the Woy Woy Oval Franken-pelican.

Thus do we now have no worthy role models or even a grasp of reality, instead preferring the stupor of psychiatric drugs, alcohol, political and fraudster spin-doctoring through television and newspapers and to deny us reality?

Like the Jesuits say "give us a child til seven and our indoctrination will last for life": A worthy symbolic artefact for future generations to look at and wonder why this generation got it so wrong when they had the magnificent live pelicans regularly flying by?

Or is there a plot, like the path to oblivion of the humble bee through insecticides, to send the pelican along the route of the dodo who it shares similarities of beak with?

Perhaps that is why this expensive mural will be ripped down in five years' time.

Email, 31 Dec 2016

Richard Newby, Horsham

NOW OPEN IN UMINA BEACH

General Dentistry - Cosmetic Dentistry - Implant Dentistry - Children's Dentistry



Woy Woy Dental & Implant Centre



PATIENT OFFER FOR PRIVATE DENTAL HEALTH INSURANCE PATIENTS

No gap full comprehensive examination, clean, polish, x-ray, oral hygiene instruction and fluoride treatment

Dental Implants Consultation and 3D Xray

- Single tooth replacement • Full mouth rehabilitation over 4-6 implants
- Implant supported dentures • Improve your quality of life

Ask about Invisalign, braces, orthodontic services

Try our range of affordable options for implants and denture stabilization



BULK BILLING FOR CHILDREN UNDER MEDICARE CHILD DENTAL BENEFITS SCHEME. NO OUT OF POCKET EXPENSE

(\$1,000 Free Dental Care for children age 2 to 17)

Call us for a Consultation - Proudly servicing the Peninsula for 16 years
Saturday Appointments available

Across from Woy Woy Train Station

**14 Railway St, Woy Woy - 4342 1080
& 289 West St Umina - 4339 8020**

woywoydc@gmail.com - www.woywoydental.com.au



Meals on Wheels
Central Coast

More than just a meal

Proudly catering to the Central Coast community for almost 50 years.



**Delicious Meals • Free Delivery
Social Support**



(02) 4357 8444

www.ccmow.com.au

Sponsored by
NEWS ON THE COAST

Are you looking for a smile makeover?

NEW YEAR SPECIALS

PACKAGES ON
DENTAL IMPLANTS
& PORCELAIN
VENEERS

FREE CONSULTATION

Smile with more confidence
with invisible braces!

We Bulk Bill Under the Medicare
Child Dental Benefit Scheme.

NO OUT OF POCKET EXPENSE

(\$1,000 Free Dental Care for children
age 2 to 17 - Ask us for the Details)

medicare

Bulk Billing

NEW PATIENT OFFER

NO GAP

Exam and Clean
appointment for Private Dental
Health Insurance patients.

Not with a Health Fund? Just pay \$179

Includes **FREE** Xrays worth \$160

The 60 minute appointment includes:

Full Comprehensive Exam, Clean and Polish, OPG
X-rays, Treatment Planning and Fluoride

Interest FREE Payment Plans Available



Gosford
Bondi

Gosford Dental Lifeline

We provide reasons to smile

Ph: 4323 7007

A whiter brighter smile in one hour PHILIPS Zoom White speed
in chair teeth whitening special only \$595 (normally \$950)



Dr. Meena Gambhir



Dr. Namita Mehta



Dr. Aditi Khamar



Dr. Jash Dhillon

Saturday Appointments Available - We accept Veteran's Affairs patients

Shop 1, 201 Mann Street, Opposite Gosford Train Station, Gosford 2250

HICAPS
Fast claims... on the spot

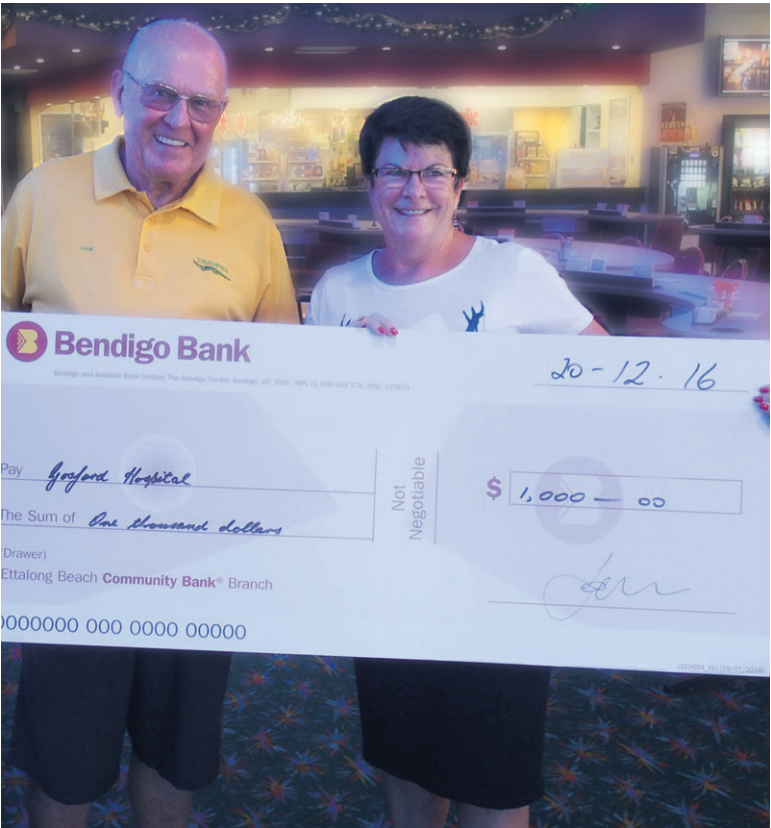
gosford@dentallifeline.com.au | www.dentallifeline.com.au

medicare

Health



Swampies Golf Club members with the cheque



Swampies Golf Club president Mr John Lewis presents the cheque to Central Coast Local Health District fundraising and donations manager Ms Jan Richens



DENTURE CLINIC

Keith Boyd - Dental Prosthetist
No Referrals Required
For full and partial dentures, relines and repairs
PH: 4360 2755 - MOB: 0405 388 602
112 Blackwall Rd, Woy Woy (Woy Woy Osteopath Centre)

Getting off drugs is torture.
Three months in one of our beds gets kids clean.


Please donate to buy more beds in our special residences to treat addicted kids.
Call 1800 151 045 or visit www.noffs.org.au

Sponsored by
NEWSPAPERS
CENTRAL COAST

tednoffs
FOUNDATION

Golf club donates to children's fund

The Swampies Golf Club, which plays at the Everglades Country Club, Woy Woy, has donated \$1000 to the Gosford Hospital Childrens' Fund.



ALAN WIGNEY
PODIATRY

336 Trafalgar Ave, Umina

Why pay for treatment?
We offer
100% BULK BILLING

For all EPC Plans
Remember to ask specifically for Alan Wigney when having your care plan done.
We also do DVA and Pensioner Discounts!
For all aspects of podiatry, call us on
4341 4704

President Mr John Lewis presented the cheque to Ms Jan Richens, fundraising and donations manager for Central Coast Local Health District, at a ceremony on December 20.

Ms Richens thanked the golfers from Swampies Golf Club for their continued support of the paediatric services.

"Donations to our children's fund enable us to support areas such as the children's ward, physiotherapy and occupational therapy, outpatient clinics and Kid's Corner in Wyong and Gosford Emergency Departments," she said.

"All donations received by Central Coast Local Health District for any of our services and facilities remain on the Coast and go directly towards patient treatment and care."

The Swampies club committee decided to make the donation after club treasurer Mr Warwick Ford announced that the club, with a membership of 40 players, ended the 2016 season in a strong position.

Media release, 28 Dec 2016
Ken Martin, Swampies Golf Club

Umina Chiropractic Centre

Your chiropractors Pete Grieve, Prue Storey and Michael Grieve
Umina Chiropractic Centre, 428 Ocean Beach Rd, Umina 2257 - Ph: 4341 6247

If you always do what you have always done, you will always get what you always got

It is that time of year again when your inbox overflows with emails suggesting that 2017 is the year to: lose weight; learn a new language; get organised; spend more time with family and friends; get on top of debts; quit smoking; and/or, get fit and healthy.

Sound familiar? These are actually the top New Year's resolutions people make and most likely never accomplish.

It has been estimated that only 8% of us ever actually achieve our resolutions.

Doesn't sound too promising, does it?

So, why do we fail achieving those goals?

For most of us, resolutions are a form of 'social procrastination' and an attempt to motivate us to change a behaviour.

But unless we actually want to change a behaviour or habits, we are doomed to fail.

Another reason for the high failure rate is that most resolutions are unrealistic and unspecific expectations, something that

psychologists have identified as 'false hope syndrome'.

This describes a resolution that is significantly unrealistic and out of alignment with someone's internal view of themselves.

Lastly, failed resolutions come down to a cause and effect relationship.

You may think that by losing weight, reducing your debts or spending more time with your family, your whole life will change in a good way.

When this doesn't happen, you may get discouraged and revert back to old habits.

So, this year, try a different approach, as making resolutions work is essentially changing behaviours, and in order to do that, you have to change the way you think.

This is called rewiring the brain.

Focus on one resolution only – everything else is too much.

Set realistic and specific goals – losing weight is unspecific; to

drink 2 extra glasses of water per day is specific and realistic.

The practitioners at this centre commonly see clients with pain or functional conditions that relate directly to poor lifestyle choices.

Remember, muscles and joints require large amounts of available oxygen and food.

If they don't get it, they complain, that means it hurts.

Take small steps – don't start the New Year with a marathon, commit to walking 10 minutes more than what you do now, every day for a week or a month.

Slowly increase the intensity and amount.

Be accountable – be it by having a partner with similar goals or someone close.

Others commit on social media.

Celebrate little milestones – buy yourself flowers or have a relaxing bath.

We wish all our clients a happy new year and look forward to being part of your wellness journey in 2017



Chiropractic; safe, gentle and effective for all the family

If you have any questions, contact us at office@uminachiropractic.com.au or make an appointment for a preliminary consultation

PENINSULA PODIATRY

@ 7 VIDLER AVENUE, WOY WOY

FOR GENERAL PODIATRY TREATMENTS - DIABETIC FOOT MANAGEMENT - NEUROLOGICAL / VASCULAR TESTING - ASSESSMENT DIAGNOSIS & TREATMENT OF TOENAILS, CORNS, CALLUS & WARTS - LOWER LIMB ASSESSMENTS - BIOMECHANICAL & GAIT ANALYSIS - PAEDIATRICS (CHILDREN) FOOTWEAR ASSESSMENT ORTHOTIC CONSULTATION and FALLS PREVENTION

WE ARE MEDICARE & DVA APPROVED - PRIVATE FUNDS WELCOME - PENSIONER DISCOUNT - HOME VISITS ON REQUEST

PLEASE PHONE THE CLINIC **4339 5501 / 0419 144 840**
CAROLYN LENTHALL B.POD **0419 144 840**
MARYANNE MCHUGH B.POD **0409 687 100**

Council approves 24-bed medical ward

Central Coast Council has approved a 24-bed medical ward at Brisbane Waters Private Hospital, in a modification of its original consent for alterations and additions at the hospital.

A section 96 application was made in relation to the Joint Regional Planning Panel's earlier approval for the hospital's redevelopment at 9 Vidler Ave, Woy Woy.

The purpose of the changes was to convert the originally-approved single-storey medical consultant suites and gym building to a 24-bed medical ward, according to the Statement of Environmental Effects submitted with the application.

Council agreed to the amendments which would involve internal alterations and minor modification to the footprint of the originally-approved hospital additions.

The cost of the modified development, according to the statement, is \$6.76 million, an increase of \$594,000 over the original development.

Brisbane Waters Private Hospital currently accommodates 56 general hospital beds and 33 mental health beds; provides a spectrum of geriatric services backed by the support of an allied health team comprising dietitians, occupational therapists and physiotherapists.

It is also the only private mental health facility in the Central Coast region.

Additional hospital car parking is provided in both Vidler Ave and Dwyer Ave.

The original development consent was granted by the Central Coast Joint Regional Planning Panel in April 2016.

According to an assessment report prepared by the Council's Department of Environment and Planning: "It is proposed to change the ... consulting suites-gym within the extension to the hospital to a 24-bed medical ward.

"The change results in a decrease in floor area by five square metres, and an increase in staff at any time by three.

"Car parking provided does not



change and there is excess car parking spaces serving the hospital," the Council assessment report said.

The original consent made way for the demolition of various existing single storey structures, driveways and hardstand within the area of the proposed hospital additions and minor internal demolition of part of the existing fit-out within the main hospital to provide additional ward beds.

The Panel also approved construction of a new single storey building at the northern end of the site to consolidate existing administrative offices and consulting suites already located within the hospital precinct.

The original proposal incorporated ancillary facilities such as gym; diagnostic medical imaging; kiosk cafe; staff and patient amenities; and illuminated hospital signage.

Internal alterations to the fit-out of the existing hospital were also approved to provide 18 additional general hospital and eight mental health beds.

The car parking layout was reconfigured for greater efficiency and to provide one additional disability space.

A new hospital set down-pick up and pedestrian areas fronting Vidler Ave was planned; and site landscaping works.

The approved proposal resulted in an increase in the hospital's gross floor area by 1315 square metres, an

screen (2100mm height).

An external stairway located at the southwest corner of the hospital remains as approved in the original consent and the bin store located adjacent to the northern site boundary remains unchanged.

According to a Statement of Environmental Effects submitted with the Section 96 application: "The proposed modified development as detailed ... is substantially the same development for which consent ... was originally granted.

"The internal refurbishment of the existing hospital approved under Consent 48744/2015 remains unchanged.

"The approved reception area, cafe and vehicle entry-exit arrangements associated with the new hospital addition remains as approved.

"The approved car parking arrangement and waste store located along the northern hospital boundary remains unchanged.

"The proposed modification to the physical form of the hospital addition approved ... is minor and actually results in a slight reduction of the gross floor area from that of the approved additions.

"The proposed change of the predominant use of the approved hospital addition from consulting

suites to a hospital medical ward are both included in the definition of 'health services facility' contained in the dictionary to Gosford Local Environmental Plan 2014, that is they are the same category of use for the purposes of LEP 2014," the statement said.

Consequently, the council considered it appropriate to approve the application for modification of development consent.

According to the Central Coast Council, no submissions were received to the proposed modifications.

"The proposed modifications will not result in adverse amenity impacts on the adjoining properties and the streetscape.

"The proposed development is substantially the same as the development that was originally granted consent.

"As such, in accordance with Section 80(1)(a) of the Environmental Planning and Assessment Act 1979, the Section 96(1A) for modification is recommended for approval," the Council's assessment report concluded.

Website, 20 Dec 2016
Central Coast Council DA
Tracker, DA48744/2015

HAVING DIFFICULTIES WITH YOUR DENTURES?

- All Dentures, Repairs & Relines
- After Hours & Weekend Appointments Available
- DVA Patients & Health Fund Accredited
- Off Street Parking & Wheelchair Access
- No Referral Needed

Mention this Ad
for your FREE
consultation!

LOCALLY OWNED AND LOCALLY MANUFACTURED



A. Wegner
DENTURE CLINIC
30 YEARS IN BUSINESS

66 Ocean Beach Road, Woy Woy

4341 8888



www.wegnerdentureclinic.com.au

Pruksra Thai Massage
Shop 1/23-27 - The Boulevard, Woy Woy

OPEN 7 DAYS
10AM TO 8PM

Full body oil massage - Thai massage
60min \$65 - 45min \$55 - 30min \$45

0431 739 428

Out&About



Mitchell brings extra bit of Christmas cheer

Mitchell Sneddon has dipped into his own pocket to bring a bit of extra cheer to children on the Peninsula.

Three years ago last September, Mr Sneddon lost his best friend in a motorcycle accident in Woy Woy. "He left behind three little girls who didn't care much about Christmas that year so I decided to dress up as Santa Claus and ride my bike to them with presents and it has grown from there," he said.

For the 2016 Christmas bike run, Mitchell was joined by friends Peter Tindale, Glen and Sandra Aquilina, Scooter Farrugia, Paul Crawford and Warren Parry.

"We started in Woy Woy as we do every year and we go down to Umina and across to Empire Bay," he said.

The bike run has expanded each year and now the group of friends dress up and hand out presents to hundreds of children from Woy Woy to the northern reaches of the Central Coast.

The group hands out gifts and lolly bags to children and children can get their photos taken with Santa and his helpers.

Central Coast Harley Davidson came to the party this year along with Ms Donna Prince by donating gifts, a gift voucher and t-shirts.

Mr Sneddon said the Christmas bike run would always start in Woy Woy and said he hoped it would get bigger and better every year.

Interview, 5 Jan 2017

Mitchell Sneddon, Berkeley Vale
Reporter: Jackie Pearson



Dirty Tiles & Grout?

Dirty Tiles & Grout? ...Forget Pointless Scrubbing!

GroutPro®

We Clean, Seal & Re-colour Tile & Grout

tile & grout restoration specialists

Call now for your nearest GroutPro Specialist!

FREE QUOTE

10% OFF
Expiry 1/2/17

Call Paul at GroutPro Gosford on 0452 540 054 • Franchises Available • www.groutpro.com.au

WINNER 2016
HIA Hunter Region
Industry Innovation

Award Winning Thermal Imaging Termite Detection Specialists

- Pre Purchase Property Inspections
- Termite Management Plans
- Termite Baiting & Barriers
- General Pest inspections
- General Pest Control

10% Senior & Pensioner Discount
15% Online Booking Discount

ISO Certified Thermographers . EPA Licensed Pest Technicians

1300 837 642 www.termicam.com

Central Coast . Lake Macquarie . Newcastle . Hunter Valley

Computer Guy

WE FIX COMPUTERS!

4320 6148

Short and sweet registrations open



The Peninsula Theatre will host Short and Sweet Central Coast from January 22 to 29.

It will feature the best Central Coast performers in all areas of theatre performance.

Short and Sweet Central Coast is now calling for submissions from performers aged 16 and over who are Central Coast or NSW residents who are looking for a platform to launch their professional careers or those who are already seasoned professionals.

The top acts, solo and ensemble, will be selected after an audition process, presented over three nights and climaxing with a gala finale and awards evening complete with a panel of industry

judges where generous cash and industry prizes are presented.

According to organisers, Short and Sweet Central Coast is a proven vibrant, socially inclusive and innovative festival that allows local artists on the cusp of their professional careers, the ability to gain professional industry exposure without leaving Woy Woy.

Registrations for actors, dancers, voice, cabaret, musical theatre and all areas of stage performance are currently being accepted by email to chenoa@shortandsweet.org.

Website, 5 Jan 2017
Central Coast Council,
events calendar

Frigid Digits club celebrates 40 years

The Frigid Digits Swimming Club celebrated its 40th anniversary in 2016 with another successful competitive season.

In April, the group voted to change its name from the Hardy's Bay Frigid Digits to the Killcare Frigid Digits in recognition of the number of members who live in Killcare.

The club boasts of many foundation members still swimming at its meetings every Sunday.

Four members competed at

the Australian Winter Swimming Championships in Newcastle in September.

Mr Bob Cochrane won a well-deserved bronze medal in the 80 to 84 years 50 metre freestyle championship.

The club's over 70s men's relay team of Ron Malcolm, Bob Cochrane, Dave Stevenson and Norm Little swam well but just missed out qualifying for the final.

Ron Malcolm and Norm Little qualified for the final of the 70 to 74 year men's freestyle.

A team of six travelled to Coogee during the year for the annual four way swim with South Maroubra, Coogee and Bulli.

Greg Bourne and Bob Cochrane were awarded life membership at the club's 2016 presentation day.

Geoff Brown was voted clubman of the year and Brent Malcolm won club champion.

The Frigid Digits made donations to both the Asthma Foundation and the Killy Cares local charity.

Newsletter, 6 Jan 2016
Sue Purcell, Frigid Digits

School Holiday Fun

ZUMBA for Kids!

with Tunya
(licensed Zumba Instructor)

Tues 10, 17 & 24 Jan

TICKETS: \$2 Starfish Kids Club Members & \$5 Non-Members per class. 4 to 6yrs—10.30am & 7 to 12yrs—11.15am

JD'S WORLD OF MAGIC SHOW

Mon 16 January

Magical World of CRAZY SCIENCE

Mon 23 January

TICKETS for each show listed above are:
\$5 Starfish Kids Members & Club Members—\$8 Non-Members
(Children 12mths and under free with paying adult)
Doors open 10.30am. Show starts 11am for both shows.
Everyone must hold a ticket!

THE AUSTRALIAN AXS SHOW

Two brilliant Shows in one night

Thur 26 Jan

NEVER TEAR US APART
WILD THING
THE AUSTRALIAN DIVINYLS SHOW
AUSSIE ROCK AT ITS BEST!

Doors open 8pm
Tix: \$20 Members/\$25 Guests

51 - 52 The Esplanade, ETTALONG BEACH
Ph (02) 4343 0111 ~ www.ettalongdiggers.com

HOTEL GOSFORD

BLUES AND ROOTS

FIRST SATURDAY OF THE MONTH

RESIDENT BAND

BLUESANGELS

WITH MONTHLY

GUEST ARTISTS

FEB 4 - 7pm till 11pm

www.hotelgosford.com.au
Cnr Mann & Erina St Gosford
4324 1634

Directory - Not for profit Community Organisations

Art & Culture

Central Coast Art Society
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd
Wed Gosford City Art Centre
4363 1156.
Social Meetings 1.30pm 4th
Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning and weaving,
patchwork and quilting, felting
and other fibre and fabric
crafts, community quilting bees
Day and Night Groups
4325 4743
www.cottagecrafts.net.au

Central Coast Potters Society

Running classes, workshops,
demonstrations, exhibitions
and social events - Annual
exhibitions in May and
December
info@ccpotters.org
4324 5343

Ettalong Beach Art & Crafts Centre

Adult classes in Pottery
Watercolours, Oils, Acrylics,
Pastels, Silvercraft,
Patchwork & Quilting
Children's Art & Pottery
Mon - Sat 10am - 3pm
4341 8344
madogis@hotmail.com

Point Clare Art & Craft

Wed - Adult Art Class
Wed & Fri - Adult Crafts
Bunka Embroid, Cards,
Crotchet, Cross Stitch \$3
Point Clare Hall
10am - 12noon 4325 5007

Hospital Art Australia Inc.

Meet every Tue and Fri
9am-2pm - 109 Birdwood Ave,
Umina - Painting and Canvas
drawing. Volunteers welcome
hospitalartaustalia.com.au
0431 363 347

Bushwalking

National Parks Association Central Coast

Twice weekly bush walks,
varying distances and grades
of difficulty. Explore, enjoy
scenery, fauna, floral, history.
Keep fit and make friends.
4389 4423 & 4332 7378

Community Centres

Peninsula Community Centre

Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Activities, programs and
support groups for children,
teens, adults and seniors
including occasional care,
playgroups, dance classes,
karate, fitness classes,
youth services, gambling
solutions, internet kiosk
and social groups.
www.coastcommunityconnections.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer
Lessons, Dancing, Indoor
Bowls, Fitness, Handicrafts,
Leatherwork, Line Dancing,
Painting, Scrabble, Table
Tennis, Tai Chi, Yoga, Darts
4341 3222

Central Coast Community Legal Centre

Not for profit org in Wyong
providing free legal advice.
Intake times for legal advice
Monday to Friday 9am-5pm
4353 4988
centralcoast@clc.net.au

Community Groups

ABC "The Friends" Support
group for Public Broadcaster.
Aims: Safeguard ABC's
independence, adequate
funding, high standards.
Meetings through the year +
social afternoons

Well-known guest speakers
www.fabcsnw.org.au
4341 5170

Central Coast Social Group

Social contact, entertainment
events, new friendships, for
30's-60's
Live music, house parties,
dinners, BBQs, picnics, trips
away etc.
Monthly Meet & Chat
0422 243 101
email cco30s@live.com.au

Central Coast 50+ Singles Social Group

Ladies & gents dinner, dancing -
BBQs & socialising each w/end.
Monthly programme for all areas
0412 200 571
0437 699 366
50pssg@gmail.com

Mingaletta Aboriginal Torres Strait Islander

Provides members and other
groups a meeting place and
referral hub for education,
health, well-being and cultural
programs.
Mon-Fri 9am - 4pm
6 Sydney Ave Umina
4342 7515
admin@mingaletta.com.au

Peninsula School for Seniors

Community Centre,
McMasters Road, Woy Woy
Discussions, rumikin, craft,
history, walks, & coach trips
Tues, Wed, Thur
4341 5984 or 4341 0800

Peninsula Village Playgroup

Carers, Grandparents, parents
& children 'Intergenerational
Playgroup'
Tues 10-11.30am
4344 9199

Probus Club of Woy Woy

Friendship, Fellowship,
and social functions
for active retirees.
1st Wed - 10am
Everglades Country Club
4344 7070

Seniors Computer Club Central Coast

Classes held Monday to
Friday for everyone over 50
Basics: Mon , Tues and
Thurs 10am to 12noon
Different programs every day,
10am to 12noon or 1pm to 3pm
Apple-Mac: Mon, Tues, Wed
All at our club rooms, Kincumber
Neighbourhood Centre
Bookings or inquiries
02 4307 9421

The Krait Club

Community Centre - Cooinda
Village, Neptune St, Umina
10.30am For seniors. Gentle
exercises, quizzes, games,
social activities, guest
speakers, entertainment and
bus trips - 4344 3277

Umina Beach Men's Shed

Men share a variety of tools,
pursue interests and hobbies,
spend time with other men and
learn new skills
Darrell 4342 9606

Volunteering Central Coast

Refers potential volunteers
to community orgs. Supports
both volunteers and community
orgs. Training for volunteers &
their managers. 4329 7122
recruit@volcc.org.au

Wagstaffe to Killcare Community

Protect and preserve the
environment & residential
nature of the Bouddi Peninsula
and to strengthen community
bonds
2nd Mon, 7.30pm Wagstaffe
Hall 4360 2945
info@wagstaffetokillcare.org.au

Health Groups

Al-Anon

If someone's drinking is
causing you problems...
Al-Anon can help

4344 6939
1300 252 666
Meetings Sat 2pm
Woy Woy Hospital
Ocean Beach Road

Arthritis NSW

Woy Woy support group
Woy Woy Bowling Club
North Burge Road Woy Woy
3rd Tues 10.30am
1800 011 041

Better Hearing Australia - Central Coast

Hearing loss management
support and education.
7 groups across the Coast
Providing practical experience
and confidence
4321 0275
www.centralcoast.betterhearingaustralia.org.au

BlueWave Living

Woy Woy Community Aged
Care facility providing residential
aged care to the frail aged.
Permanent and respite care
accommodation available.
Information 2nd and
4th Tues - 11am
4344 2599
reception@bluewaveliving.org.au

Central Coast Parkinson's Support Group

We aim to help individuals and
their families better manage living
with Parkinson's Disease
Guest speakers are a regular
feature of our meetings.
2nd Tue - 1.30pm
1800 644 189

Gambling Solutions

Gambling help counsellors
providing free confidential
professional service to
gamblers, family and friends.
Woy Woy, Kincumber,
Gosford and The Entrance
4344 7992

GROW Support Groups

Small friendly groups formed to learn
how to overcome anxiety, depression
and loneliness and to improve mental
health and well-being. Anonymous,
free and open to all. Bring a support
person if you like. Weekly meetings at
Woy Woy, Bateau Bay and Wyong
1800 558 268
www.grow.org.au

Meals on Wheels

Delicious meals delivered free
Join us for a midday meal
Help with shopping and
cooking classes
4341 6699

Mary Mac's Place

Providing hot, freshly cooked
meals - Mon to Fri 11am-1pm
with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

12-step fellowship for those
with eating disorders. No
dues, fees, or weigh-ins.
Peninsula Com. Cntr, cnr. Mc
Masters Rd & Ocean Beach
Rd. Woy Woy, Fri 8pm
www.oa.org
0412 756 446

Peninsula Village Wellness Centre

Offering holistic and
complementary therapies
including aromatherapy,
massage and music therapy
4344 9199

Peninsula Village Meals

Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group

For carers of loved ones with
dementia - 1st Wed - 10 to
11.30am
Paula 4344 9199

Prostate Cancer Support Group (Gosford)

Last Fri, Terrigal Uniting Church,
380 Terrigal Drive, Terrigal
9.30am to 12 noon 4367 9600
www.pcfa.org.au

Riding for the Disabled

Horse Riding as a therapy
for those with intellectual or
physical disabilities.
Volunteers required. No
previous exp. necessary -
School hours only. Mon to Sat
4340 0388

stateoffice@rdansw.org.au

Schizophrenia and Bipolar Fellowship

For Schizophrenia/Bipolar/
Mental Health sufferers,
family, carers and friends. .
1st Thur - 1pm Room 3
Uniting Church Donnison St
Gosford
4344 7989 or 4368 2214

Woy Woy Public Hospital Alliance

To restore medical services
previously available & upgrade
to a standard that meets with
local needs.
2pm 2nd Sat St Lukes Church
Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club

Everglades Country Club
2nd Tues 11am
Company, up-to-date info,
hydrotherapy, bus trips
4341 7177

Music

Brisbane Water Brass
Brass Band entertainment
for the community playing
all types of popular music.
Rehearsal every Tues
7.30pm-10pm
0419 274 012

Gosford Musical Society Minstrels

Entertain at various
venues on the Coast
seeking new members
Thur Night Laycock St
North Gosford 4341 4210

Soundwaves

Men's a-capella 4 part harmony
chorus - all ages 7pm Mon.
Central Coast Leagues Club
John 0413 276 698
jthomson51@gmail.com

Troubadour Central Coast Folk, Traditional & Acoustic

Music and Spoken Word
Concerts, Ukulele
meets, and Sessions
4th Sat 7pm CWA Hall
Woy Woy 4342 6716
mail.info@troubadour.org.au

Political Groups

Australian Labor Party
Political discussions, national,
state and local government
issues

Umina Ettalong Branch

2nd Mon Umina Beach Bowling
Club 7.30pm 4342 3676
Ourimbah/ Narara Branch
Niagara Park Primary School
7.30pm 1st Mon
0410 309 494

kyle.macgregor@hotmail.com

Woy Woy Branch

Everglades Country Club
7.30pm 2nd Mon
0412 517 520

belindaneal@bigpond.com

Peninsula Day Branch

1pm 2nd Mon
CWA Hall Woy Woy
4341 9946

Central Coast Greens

Active regarding ecological
sustainability, social &
economic justice, peace &
non-violence, grassroots
democracy & getting Greens
elected
3rd Thur,
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Politics in the Pub Central Coast

Discussion of important political,
social, economic, education, land
philosophy issues in a non partisan
manner - The Grange Hotel 4th
Thur every month besides Dec

Service Groups

Lions Club of Woy Woy

1st and 3rd Mon. Woy Woy
Leagues Club
0478 959 895

Make new friends and have fun
while serving your community.

Northern Settlement Services - Volunteers

Volunteers needed for friendly
visits to the elderly in nursing
homes.
People with a second language
encouraged.
Training support provided
4334 3877
cvscoc@nssservices.com.au

Rotary Clubs

International service club
improves lives of communities
in Aust. & o/seas. Fun-filled
activities, fellowship and
friendship.

Rotary Club of Kariong

Phillip House, 21 Old Mount
Penang Rd, Fri 7.15am 4340
4529

kersuebay@philliphouse.com.au

Rotary Club of Umina Beach

Wednesdays 6.30pm
Everglades Country Club
0409 245 861
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy

Tues 6pm Everglades
Country Club.
Don Tee 0428 438 535

Special Interest

Brisbane Water Caravan Club

located on the Central Coast
and looking for new members
www.bwcaravanclub.wix.com/bwcc
4344 4363

Biz Plus Networking Association

Business owners
networking group.
Biz Networking breakfast
every Thur 7:15am - 9am
Erina Leagues Club
Geoff Neilson
network@bizplus.com.au

Bridge

Duplicate Bridge Mon Tue Thur
Fri Sat-12.15pm
& Wed 9.15am
Brisbane Water Bridge Club,
Peninsula Community Centre
93 McMasters Rd.
Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie

50 Games every Sat night
Peninsula Community Centre,
McMasters Rd, Woy Woy,
7.30pm. Proceeds to Woy Woy
Catholic Parish.
www.cashousie@hotmail.com

Central Coast Family History Society Inc.

Resources, information &
advice to study your family's
history.
1st Sat 1pm Lions Community
Hall, 8 Russell Drysdale St, E.
Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service

Help with issues with landlords
& real estate agents? Free
telephone advice and advocacy
for all tenants and residents in
residential parks.
4353 5515
cctaas@hotmail.com

Central Coast Lapidary Club, Minerals & Gems

Learn silverwork, cabochons,
faceting, enamelling, stone
fieldtrips & fossicking.
Weekly Workshops
Tues and Thurs 8.30am-2.30pm
Thurs evening 6-10pm
10 Ourimbah Creek
Rd Ourimbah
4362 2246

Central Coast Rescue Unit

Marine Education Courses.
Radio Licenses, Boat Safety &
Boat License & PWC License
Tests, Navigation, Seamanship
and Meteorology.
4325 7929
www.vmrcc.org.au

Central Coast Soaring Club Inc

Gliding Club, Learn to fly,
Instruction FREE to members

Come and have an Air
Experience Flight
All Welcome

14 and up for Training
Flying at Bloodtree Road
Mangrove Mountain Thur, Sat,
Sun (weather permitting)
0412 164 082
0414 635 047
www.ccssoaring.com.au

Peninsula

Environment Group

Environmental projects,
(incl. Woytopia),
Woy Woy community garden,
social events, workshops,
organic food buying group
www.peg.org.au

Woy Woy Judo Club

3 Classes every Tue & Fri
5.00pm to 8pm
Ettalong Leisure &
Learning Centre
Min age 5 years old
0434 000 170
www.woywoyjudoclub.com

Veterans

National Malaya Borneo Veterans Association

1st Sat F(except Jan) 1pm
Ettalong Beach
War Memorial Club,
51-52 The Esplanade.
4342 1107

Vietnam Veterans' Peacekeepers' and Peacemakers'

Assist all veterans & families
with pension & welfare issues.
Mon & Wed 9am-1pm 4344
4760 Cnr Broken Bay Rd &
Beach St Ettalong.
centralcoastveterans@bigpond.com.

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and
welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to
1pm 4341 2594

Women's Groups

BPW Central Coast

Empowering women of all ages
in the areas of work, education,
well-being and friendship.
All women welcome to attend
monthly dinner meetings.
Be enlightened. \$40 covers
two course meal and speaker.
0438 989 199
bpwcentralcoast@hotmail.com
www.bpw.com.au/central-coast

Country Women's Association Woy Woy

Opposite Fisherman's Wharf
Craft & Friendship
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina

Branch meeting
1st Wed 10am
Craft and Friendship
Other Weds 9am
1st and 3rd Sun 12.30pm
0416 193 070 - 4340 1746

Gosford RSL Women's Auxiliary

For women over 18 years.
Raise money for welfare of
veterans and their families
RSL Club, West Gosford
4th Mon 2pm 4323 7336

Peninsula Women's Health Centre

Counselling, therapeutic and
social groups, workshops,
domestic violence and abuse
issues. All services by women
for women
4342 5905
www.cccwhc.com.au

WOWGIRLS Wave of Wisdom

WOWGIRLS Wave of Wisdom
connects women and local
businesses around a common
theme of wellbeing to share
wisdom and explore life's
potential.
Regular PowWows, WOW
Wisdom gatherings, WOW days
and WOW courses.
www.wowgirls.com.au
info@wowgirls.com.au

NEWSPAPERS

central coast

If you would like your Community Organisation
listed here, see www.duckscrossing.org or
www.centralcoastnewspapers.com for the forms or
contact Central Coast Newspapers on - 4325 7369



Singer-songwriter releases first EP

Singer-songwriter Ms Dee Farrow of Phegans Bay has just released her first EP.

Low Tidings includes four original tracks written and performed by Ms Farrow.

The EP was played, recorded,

mixed and produced by Christian Pyle at his SS Prawn and Spanner Studios near Byron Bay.

Ms Farrow has fronted various bands over the years, including Carbuncle Shack (ex Wet Taxis) and added vocals to recordings for

David Lane, Even As We Speak and Ian Shadwell.

Low Tidings is distributed through Half A Cow Records and is available on iTunes.

**Website, 5 Jan 2016
Dee Farrow, Phegans Bay**

KB THAI

**Traditional Thai, affordable
Dine in Takeaway**

Everything cooked fresh to order.

Online order -
download our App



Open 7 Days, BYO

Lunch - 11.30am to 3.00pm

Dinner - 5.00pm to 10.00pm

www.kbthai.com.au - 4341 0441 - 4343 1392

Opposite Catholic Church at Woy Woy

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW -
Central Coast 4325 7929
SES - Storm and Flood
Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4321 7215
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4325 3540
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle - Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 1300 094 737

Community Centres

Peninsula Community
Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Central Coast Family Support
Service 4340 1099
Horizons (For men with children) 4351 5008
Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling
Service 4334 2304
Tenants' Advice and Advocacy
Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Professional support phone services:

Mental Health Line 1800 011 511
Beyondblue 1300 224 636
Domestic Violence Line 1800 656 463
Lifeline 13 11 14
Kids Help Line 1800 551 800
Griefline 1300 845 745
Suicide Call Back Service
1300 659 467

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Tuesday, Jan 10

Aussie Heroes and Villains Craft at Umina Library, 2:30pm to 4pm

Wednesday, Jan 11

Magic with Mr Sparkles, Pearl Beach Kids' Club, memorial Hall, 10am

Family Bingo, Pearl Beach Memorial Hall, 5pm

Super Villain Science, Woy Woy Library, 10am to 11:30am, bookings essential

Friday, Jan 13

Rock Pool Ramble at Umina Beach with OCCI guides, from 3:20pm, wear covered footwear, bookings essential

Saturday, Jan 14

Saturday Bingo, fund raising for Mary Mac's, Peninsula Community Centre, 1:30pm to 4:30pm

Killcare Surf Life Saving Club Mega Carnival, Killcare Beach

Monday, Jan 16

Animal Heroes, Woy Woy Library, 10:30am to 11:30am

Wednesday, Jan 18

Art Class with Marijke, Pearl Beach Kids Club, Memorial Hall, ages eight plus, from 10am, bookings essential

Story Time with Pim, Pearl beach Kids' Club, back deck of Memorial Hall, 10am

Family Bingo, Pearl Beach Memorial Hall, from 5pm

Thursday, Jan 19

Lego heroes, Umina Library, 10am to 11:30am

Saturday, Jan 21

Saturday Bingo, fund raising for Mary Mac's, Peninsula Community Centre, 1:30pm to 4:30pm

Sunday, Jan 22

Short and Sweet Central Coast Semi Finals, Peninsula Theatre until Jan 29

Monday, Jan 23

Superhero craft, Umina Library, 2:30pm to 4pm

Tuesday, Jan 24

Supersized Creations, Woy Woy Library, 10am to 11:30am

Thursday, Jan 26

Australia Day celebrations at Wagstaffe Hall from 8am

Australia Day celebrations at Pearl Beach beachfront reserve, beach races, sausage sizzles, speeches, fun fair, refreshments, brass band, 8am to 12pm

INXS/Divinyls Tribute Show, Ettalong Diggers Memorial Club, 8pm

Friday, Jan 27

The Jazz Picnic with the U-Bouddi Big Band, Wagstaffe Hall on the lawn by the bay, 6pm to 9pm

The Rewbies, Patonga Beach Hotel, 8pm

Saturday, Jan 28

Saturday Bingo, fund raising for Mary Mac's, Peninsula Community Centre, 1:30pm

Saturday, Feb 4

Troubadour Folk and Acoustic Music Club, feat. Michael Fix (Aust) and Christine Collister (UK), CWA Hall Woy Woy 8pm

Smiles on Dials Surf Event, Disabled Surfers' Association, Umina Beach, sign in from 9am

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

Classifieds

ANTENNAS

A Better Picture
Antenna & Digital
 Installations & Tuning
 New home specialist
 Credit cards OK
HAYWARD VIDEO
 All areas
 Gosford 4323 6367
 Woy Woy 4344 4414
 Warnervale 1800 244 456
 0412 685 555

Hawkins
C.V. Service
 Antenna sales
 and installations
 TV and Audio
 Repairs
4341 8860 - 4341 7332
0473 468272
 23 Wallaby Street, BLACKWALL

BATHROOM

TJM Bathroom
Renovations
 Quality
 Workmanship at
 affordable prices
 Call Tony
0411 678 203
 tjmbathrooms.com.au
 lic15642c

BOOKKEEPING

GOSFORD
BOOKKEEPING
 Registered BAS Agent
 Member of Institute of Certified
 Bookkeepers
 Accredited and experienced
 with various accounting
 packages
 Contact Ken
 www.gosfordbookkeeping.com.au
 0417 657 414

BOREWATER

Bores and
Spears
 Install high quality
 pumps and maintenance
 free spears, existing
 systems reconditioned,
 all work guaranteed.
 Warren Greenway
Ph: 4341 7736
Mob: 0408 225 390
 lic No. DL1960

Bore Water
Pumps
 Spear pump installations,
 repairs & maintenance for
 all types of pumps
 est 1978
John Woolley
4342 2024

BUILDER

Carpentry
- Building
 over 30 years
 experience
 Local know how -
 working with pride
 and honesty
 Paul Skinner
 Lic 62898c
0432 216 020
 or **4339 2317**

Carpenter
 (Semi Retired)
 Lic 1355c - Fully Insured
 For all your home
 maintenance repairs
 and small jobs
 contact Max Hull
 for a friendly reliable
 service
4342 5893
0413 485 286
 All quotes obligation free

AJ Donnellan
Carpenter &
Joiner
 For all your carpentry needs
 Specialising in Joinery
30 Years
Experience
 Call Anthony
0419 611 637
 Lic#R92786

MGL
CARPENTRY
 Carpenter & Joiner
 40yrs Experience
 Decks, Pergolas, Doors,
 Windows etc
 Fully Insured - Call Gary
0458 130 829
4341 1346
 no labour & materials over \$1000

CLEANING

Weston & Wilson
Cleaning Services
 Domestic, end of lease,
 holiday & vacate cleans.
 Regular or one off.
 Fully insured, WWC &
 Police check avail.
 From \$35 hour.
Maryanne
0403 505 812

Unique cleaning and
floor restoration
 Carpet and upholstery
 cleaning.
 Window cleaning.
 High pressure cleaning.
 Tile cleaning, indoor and
 outdoor.
 External house wash.
 House cleaning.
 Affordable prices.
0421 493 447

To advertise
here call
4325 7369

DANCE

PENINSULA
SOCIAL DANCE
 50+ learning centre
 Cnr Karingi St & Broken
 Bay Rd - Ettalong Beach
 Sat January 21st 5-8pm &
COMMENCING February
 1st Sunday 2 to 5pm
 3rd Saturday 5 to 8pm
 \$5pp
enq 4342 7078

DOORS&WINDOWS

HUNGWELL
DOORS
 Mobile Service
 Security : Entrance : Interior :
 Bifold : Wardrobe Doors :
 Alluminium Glass Sliding Doors and
 Windows : Blinds : Awnings :
 Alluminium Quickslat Screening :
 Dog And Cat Doors : Fly Screens :
 Locks : Wheels And Tracks
ALL MAINTENANCE
AND REPAIRS
 Unit 1/14 Alma Avenue Woy Woy
4339 2424
0402 186 546
 POLICE MASTERS LIC 409982903
 SECURITY LIC 2E409965334
 CARPENTRY JOINER LIC 256823C

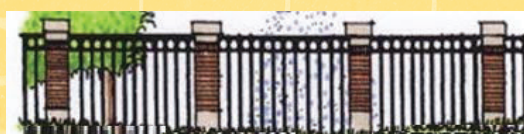
ELECTRICIANS

BKW
Electrical Services
 Lic No:248126C
 Lights - Fans -
 Power - Reno's
 Switchboards -
 Security lights
 No job too small
 Call Ben on
0404 093 299

YOUR LOCAL
ELECTRICIAN
Same day service
Guaranteed
 Lighting, Power Points,
 Phone & Data,
 Fault Finding,
No job too small.
 Seniors Discount.
 Lic number 265652C
4308 6771

FENCING

Best F Fences



Timber Metal Brick Stone

We specialise in Quality Front Fencing.

FREE QUOTES—Call Jeff 0431 180 400

ENTERTAINMENT


The
Troubadour
FOLK AND ACOUSTIC
MUSIC CLUB
SAT FEB 4
AT 7PM
MICHAEL FIX
AND CHRISTINE
COLLISTER
CWA HALL
WOY Woy
TICKETS
\$10/13/15
 www.troubadour.org.au
4342 6716

BLUESANGELS
 Your total acoustic
 blues/roots package,
 top to toe, and then
 some. Minnie the
 Moocher to Eagle
 Rock and on into indie
 roots, beatnik jazz,
 backhills bluegrass
 and prog folk.
 Available as duo, trio
 or band negotiable
 for your party, event
 or venue.
 tomflood@hotmail.com
4324 2801

FENCING

BLUEPRINT
FENCING
 All types of
 fencing, gates and
 retaining walls
 Call Luke
 Free quotes
0401 347 247

FOR SALE



2001 Hyundai Accent GL
 3 door sedan, 5 speed manual
 10 months rego
 Only 130,000 ks, log books,
 full service history
 Air conditioned, power steering
 Very clean, economical, reliable,
 small car. Only \$2,200
Ph: 0410 522 070

HANDY MAN

Handyman
Gardening
 Weeding & Yards
 Clean Ups
 Odd Jobs around
 the home
 Fully Insured
 Ph: William
0478 672 079

KITCHENS

Quality Laminate
 Benchtops
 supplied and
 seconds for sale
R&J Benchtops
 Gosford
0456 884 545

LAWNMOWING

Eyecare
Lawnmowing
and Stump
Grinding
Services
 Call Jamie
0413 088 128
 www.eyecarelawnmowing.com.au

KEN WARREN
HOME
MAINTENANCE
 Lawn Mowing &
 Garden Maintenance
 High Pressure Cleaning
 Handyman Service
 Insured Free Quotes
0402 610 142

MOBILE MECHANIC

D.T. Central Coast
Mobile Mechanic
 *All mechanical
 repairs & servicing
 *Rego inspections -All makes &
 models *Very reasonable rates
 *Pensioner discounts
 Tim Howell Lic.No. 44 033038
4341 2897 or 0418 603 667

PAINTER

BUCELLO'S
Painting Services
 • Residential and
 Commercial
 • Interior and Exterior
 • New Work and Repaints
Free Quotes
 All work guaranteed
0410 404 664
wattyl®

Prices for classified
advertisements in these pages
come in three categories

Not For Profit Organisations

Not for profit organisations' events
 advertisements are subsidised.

A mono 5cm advertisement only costs \$20 + GST.

Each additional cm is only an additional \$4 + GST,
 colour is \$6 + GST and a photograph or logo is an
 additional \$6 + GST.

Private advertisements

Private advertisements only cost \$33.

Each additional cm costs \$6.60 as does colour, and a
 photograph or a logo.

Private advertisements need to be paid for at the time
 of booking.

Business rates

A one off advertisement only costs \$40 + GST in
mono and an extra \$8 + GST for colour, a logo or
a photograph.

Advertising on an ongoing basis attracts discounts if
 paid for in full in advance.

3 months \$215 + GST, 6 months \$385 + GST, 12
 months \$700 + GST – Approximately \$14 per week.

Having the same advertisement in one of the other
 Central Coast Newspapers as well attracts an additional
 10% discount for those advertisements.

If in the third paper as well, it will attract a 15% discount
 which drops to \$11.50 + GST per week in that paper.

Artwork is free and advertisers are encouraged to
 change their advertisements frequently.

All classified advertisements
appear on line for free
see www.centralcoastnews.net

PCYC becomes 'national boxing hub'

The Umina PCYC is becoming a national hub for the sport of boxing due to the dedication and ambition of its coaching staff.

PCYC Boxing Match Maker Mr Joel Keegan said 2017 was set to be an exciting year for Umina PCYC's burgeoning boxing program, starting with an intensive training camp this month before two local

boxers take a training trip to England.

The training camp will be conducted by internationally-renowned coach Mr Bodo Andreass who has been the national coach for Australia, Nigeria, South Africa and East Germany.

Following the camp, 16-year old Jason Fawcett from Brisbane Water Secondary College and Thomas Deakin, 14, from Kincumber High, both of whom train at Umina PCYC, will be travelling to England from January 19 to February 5.

The two-week development tour will be based out of England's own boxing hot spot, Manchester, and will take in as many training and development sessions throughout the north of England as possible.

"We did the trip two years ago and it was a big part of the development we have seen from our boxers since then," Keegan said.

Umina PCYC is one of six clubs that Keegan looks after and he said the program in place at the Umina club "is working".

"What we have done at

Umina is working and it is based around a dedicated set of coaching staff who set up the framework to achieve huge goals, including at an international level such as the Commonwealth Games, Olympics and World Championships," he said.

"And when I say commitment and dedication, it is not just time and not just from the coaches.

"The boxers all give up work to attend the England trip and they are all putting their hands in their pocket for every development activity."

Later in the year, Mr Keegan said he hoped to hold a King of the Ring event at Umina PCYC.

Juniors from the club will have the opportunity to compete in national titles in Adelaide in April and the Elite national titles will be held in NSW in June.

Commonwealth Games qualifiers take place in October.

Australian champion female boxer Ms Bianca Elmir has moved to the Peninsula from Canberra in order to complete her Commonwealth Games qualification preparation at Umina PCYC.

Email, 4 Jan 2017
Interview, 4 Jan 2017
Joel Keegan, Umina PCYC
Reporter: Jackie Pearson



The Umina Beach Bowling Club Mixed Fours Champions

Bowls final comes down to last bowls

The final of the Umina Beach Bowling Club's mixed fours was a gripping game that came down to the final bowls of the two team skippers.

The finals took place on Saturday, December 24, between: Elaine Finlayson (substitute) for Bev Bartle who injured her shoulder at the start; Leanne Chenoweth, Shane Starkey; and Mal Dodds (skip), against Lee Morley; Corinne Morley; Jeff Dixon; and Guy (Jock) Young.

The match turned out to be a gripping game with Mal's more experienced team winning the first four ends.

To their credit Jock's side

hung in there and were able to draw level on the eighth end.

It took until the 14th end for Jock's team to hit the front and they held the lead until the 20th end when Mal's side scored a three-to-level the game at 16-all.

With both sides showing signs of nerves and the spectators on the edges of their seats, the head changed after each bowl

until it came down to the two skips final bowls.

Mal had first bowl with his side holding two shots.

Jock bowled into the head and cleaned out Mal's team's two bowls and claimed two shots.

Mal's last bowl missed the mark giving victory to Jock's team by 18 to 16.

Media release, 27 Dec 2016
Ian Jarratt, Umina Beach Bowling Club

The Shame File

Central Coast Newspapers has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- | | |
|---|---|
| <ul style="list-style-type: none"> • Affordable Solutions - Brad • Sharon Martin - Devine Image • Depp Studios - Formerly of Umina • Stan Prytz of ASCO Bre Concreting • Andrew and Peter Compton • Bruce Gilliard Roofing of Empire Bay • Jamie McNeilly formerly of Jamie's Lawn Mowing, Woy Woy • William McCorriston of Complete Bathroom Renovations • First Premier Electrical Service of Umina Beach • High Thai-d Restaurant of Umina Beach • Mal's Seafood & Charcoal Chicken of Ettalong Beach • Simon Jones - All external cleaning and sealing services • Erroll Baker, former barber, Ettalong • Tony Fitzpatrick, Trading as Futuretek Roof | <ul style="list-style-type: none"> • Roof Brad • Tye King - Formerly The Sedgewick Ettalong Fish Trap Ettalong Beach • Jessica Davis of Erina - Trading as A1 cleaning services • Simon and Samantha Hague, Trading as By the Bay Takeaway Empire Bay • Rick Supplice of Ettalong Beach, Trading as Rick's Flyscreens • Mountain Mutts - Monique Leon, Ettalong Beach • Skippers Take away Seafood Marilyn Clarke, Umina • RJ's Diner - Woy Woy • Thomas James Clinton, Trading as TMA Products & AthroBalm & Effective Business Solutions of Ettalong • Greenultimate Solar PTY LTD • Menhir Tapas & Bar PTY LTD • Singapore Zing Cafe, Umina • Dean Lampard - Trading as Lampard Painting • Grania Howard aka Sam - Trading as Laserclear P/L |
|---|---|

PLUMBING

Umina Beach Plumbing

All aspects of plumbing:
Drainage and Gasfitting, Domestic and Maintenance Works
Installation of Hot Water tanks
4344 3611
0402 682 812

YOUR LOCAL PLUMBER

Same day service Guaranteed

Blocked drains, Leaking taps and toilets, Hot water and all aspects Of plumbing drainage and gas fitting.
Lic number 265652C

4346 4057

DEEPWATER

Plumbing & Gas Solutions

Gas installations
Hot Water Systems
Appliances
Portable Heater Servicing
Drainage and all aspects of plumbing

Senior's discount
Call Brent 0422 080 936
Lic 286937c

PUBLIC NOTICES

Pensioner Accommodation

Aubrey Downer Memorial Orange Homes

Point Clare Retirement Village
Suit Single Pensioner over 55yrs old

Self Care Unit available
\$200/week
Conditions Apply

Ph: 4324 2068
Business Hours

PUBLIC NOTICES

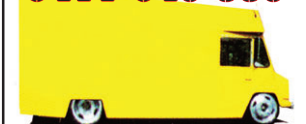
FREE
6 Laying Hens
4342 2630
0419 424 700

REMOVALS

KEVIN'S REMOVALS & DELIVERIES

Deliveries & Removals, Local Sydney, Newcastle & Country. Single items or a house full. Competitive rates.

02 4342 1479
0411 049 559



ROOFING

Metal roofing
All aspects
Gutters, Downpipes
Skylights
Custom flashings
Grove Installations P/L
0431 136 092
0404 340 570
Lic 282094c

TILING



Tiling Wall & Floor Property Maintenance
0439 589 426
homes2nv@gmail.com

TUITION - DANCE

Gosford Scottish Country Dancers

hold an intermediate class on Wednesdays from 7 to 10 pm at Wyoming - It's an excellent form of exercise which brings men, women and young people together socially, learning new and old dances in a very friendly relaxed atmosphere
No experience or partner necessary
All ages welcome
Cost \$7.00 per week -
Contact Janice on
4388 2253

TUITION - MUSIC

Learn to play harmonica at your own pace at my place or Skype at yours

www.harmonicatom.com.au
phone 02 4324 2801
email tom@tomflood.com.au
\$40 hr or \$25 1/2 hr
Skypeharp: pay by PayPal
SPRINGFIELD, NSW

WANTED TO BUY



CASH PAID
for good quality
Swords, Knives and War memorabilia.
For large collections home visit available
Shop 12 - Ebbtide Mall
155 The Entrance Rd
The Entrance
4333 8555

Sport



Killcare Surf Lifesaving Club members at the Central Coast Mariners' half-time relay



Killcare Surf Lifesaving Club was one of six invited to participate in the Central Coast Mariners' Surf Lifesaving round of the A-League recently

TIDE CHART

FORT DENISON

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Time - Height(m)

Add one hour to the times below when Daylight Saving is in force

9 MON	0609 1.73 1244 0.41 1841 1.40	10 TUE	0033 0.39 0705 1.84 1345 0.30 1942 1.43	11 WED	0129 0.36 0800 1.93 1441 0.22 2038 1.46
12 THU	0221 0.35 0852 1.98 1531 0.16 2130 1.47	13 FRI	0313 0.34 0942 1.99 1620 0.16 2220 1.48	14 SAT	0402 0.36 1030 1.96 1706 0.19 2309 1.47
15 SUN	0452 0.41 1115 1.87 1749 0.25 2355 1.44	16 MON	0540 0.47 1159 1.76 1831 0.33	17 TUE	0041 1.42 0628 0.55 1241 1.63 1912 0.42
18 WED	0127 1.39 0717 0.62 1323 1.49 1952 0.50	19 THU	0215 1.37 0811 0.69 1409 1.37 2035 0.56	20 FRI	0307 1.37 0913 0.73 1503 1.27 2123 0.60
21 SAT	0402 1.39 1022 0.73 1608 1.21 2217 0.62	22 SUN	0500 1.43 1133 0.70 1716 1.19 2313 0.62	23 MON	0555 1.49 1235 0.63 1820 1.21

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.

Actual times of High and Low Water may occur before or after the times indicated

Surf clubs do battle on soccer field

The Ocean Beach and Killcare Surf Lifesaving Clubs did battle on the soccer field recently to support the Central Coast Mariners' Football Club's traditional lifesaving round.

Killcare and Ocean Beach Surf Life Saving Clubs were chosen to be among six clubs to form an honour guard as the Central Coast Mariners entered the field for their A-League match.

The surf lifesaving clubs also participated in a light-hearted relay during half time.

Killcare was represented in the relay by Blake Leivesley, Zane Foulis, Clarie Pate, Jennifer Webb and Emily Buckley.

Ocean Beach was victorious.

Newsletter, 22 Dec 2016
Craig Sheppard, Killcare Surf Life Saving Club

PENINSULA CAR REPAIRS PTY LTD

Owned & Operated since 1989

Including

TOPP'S TYRES

@Woy Woy 4344 4422

26-28 Alma Ave Woy Woy 2256

Courtesy shuttle service in local area

Tyre & Wheel Alignments

Purigen98 – Tyre Nitrogen now available

Car computer scanning

Manufacturers' Book Servicing available

www.peninsulacarrepairs.com.au

Disabled surfers call for volunteers

The Central Coast branch of the Disabled Surfers Association has called for volunteers for its next Smiles on Dials event at Umina Beach on Saturday, February 4.

The association is a volunteer organisation that enables people of all ages and abilities to take part in beach surfing.

Volunteers provide a unique and safe surfing experience to a wide range of people with various disabilities who would otherwise be unable to access the beach.

To ensure safety, the association has a high volunteer to participant ratio, with a minimum of six to one up to as high as 30 to one for more challenging participants.

The association only surfs in

broken waves in waist depth water.

Volunteers help participants to and from the beach, assisting them in and out of the water and helping set up and clean up.

They do not need to know how to surf, just to be willing to get wet and have some fun.

A rash shirt will be provided, but volunteers are encouraged to bring their own wetsuits.

Sign in on the day is at 9am with surfing starting at 9.30am.

A free barbecue is provided from noon.

To register as a volunteer, contact: Pauline Maniskas on 0416 332 166, email pmaniskas@hotmail.com, or visit <https://www.facebook.com/events/1618817568440662/>.

Media release, 5 Jan 2017
Rae Fiechter, Disabled Surfers Association Central Coast



Umina United's Women's League players with coaching staff

Soccer club offers session for women and girls

Umina United soccer club will host free session for women and girls who want to give the sport of soccer a go on January 22.

The session will be held at Umina Tennis Courts from 9am.

Club president Mr Nigel Mainland said the session was about tapping into the fitness culture of the young and offering them "a chance to experience the great game".

"It's a great time to get women and girls interested in soccer," Mr Mainland said.

"We see women and girls exercising, going to the gym to maintain their fitness and we want to offer them the opportunity to do that in a fun and social setting through soccer.

"We have 120 female players right through from the under-fives to the over-40s and we want the session to be an exciting and energetic introduction to soccer for interested locals," Mr Mainland said.

The session will be run by the club's Women's League squad players and is open to girls and women of all ages.

Mr Mainland said, other than

inspiring a love of soccer in more girls and women, he hoped the session would encourage more people to join the girls and women's club teams and would

generate more interest in the Women's League in general.

Interview, 5 Jan 2017
Nigel Mainland, Umina United Soccer Club
Reporter: Dillon Luke

Three carnivals in one

A local surf life saving club will host three carnivals in one on Saturday, January 14.

The Killcare Mega Carnival will include Round Five of the Surfboat Series.

This event involves five people trying to push through waves in a seven metre, 200kg vessel made of timber and fibreglass.

Killcare does not have any rowing teams this season but local surf club members are competing for other clubs, including Pete

Bagnall, Sarah Doak Stride and Megan Sheppard in various Terrigal crews and Lisa Mount in the MacMasters' crew.

Competitors will be involved in swim, board, board rescue, double and single ski and ironperson events.

On the sand, under-14s through to Opens and Masters will be doing battle in two kilometre beach runs, flags, sprint and relay events.

Newsletter, 6 Jan 2016
Peter Bagnall, Killcare Surf Life Saving Club



Are you retired or looking to get involved with a warm, fun family soccer club on the Peninsula.

Southern & Ettalong United Football Club operates out of James Browne Oval, Woy Woy. We are looking for a person or persons to assist in our weekend operations at James Browne Oval. Come and join our friendly family club. We have simple various tasks that are in need of fulfilling. Remuneration applicable pending successful applicants. If you would like to find out more about the tasks required please contact SEUFC secretary on 0433 117 280.

NEXT HOME MATCH

HYUNDAI A-LEAGUE ROUND 17



SATURDAY 28 JANUARY | 5.35PM

TICKETS AVAILABLE AT CCMARINERS.COM.AU





BANANA BOAT
Sunscreen Selected Range*

REEF
Oil Coconut Selected Range*

LE TAN
Selected Range *



SUNCARE FOR SENSITIVE SKIN
FROM \$11.99 each
GREAT SKIN FEELING
Cetaphil
Suntivity™ Always read the label, use only as directed.
Swiss engineered sun care
SUNTIVITY
Selected SPF50+ Range*



INVISIBLE ZINC
Selected Range*



NEUTROGENA
Beach Defence Lotion 198ml & Spray 184g*



HAMILTON
SPF50+ Everyday Face Cream 75g*



CANCER COUNCIL
Selected Sunscreen Range*

WIN

A MYSTERY BREAK HOLIDAY*

BUY ANY NIVEA SUN TO ENTER ONLINE

Excludes NIVEA Lip Care Sun

NIVEA
Selected Sun Care Range* Always read the label. Use only as directed.

Entry open to Australian residents aged 18 years and over only. Purchase any NIVEA SUN product (excluding NIVEA Lip Care Sun) from any participating pharmacy group and visit www.NIVEA.com.au/MYSTERYBREAK to complete online entry form. Retain original itemized receipt to verify entry. Promotion commences at 8.00am AEDT on 1.12.16 and closes at 11.59pm AEDT on 28.02.17. Drawn at 161/30 Pacific Hwy, St Leonards NSW 2055 at 12pm AEDT on 7.3.17. Winners notified in writing and by phone. The promoter is Beiersdorf Australia Ltd (ABN 98 000 025 623) 4 Khartoum Road, North Ryde, NSW 2113. Authorised under NSW Permit No. LTPS/16/08669, ACT Permit No. TP 16/02164, SA Licence No. T16/1970.

* Your chance to WIN a 4 night Mystery Break holidays for 2 people flying with Virgin Australia to a mystery destination within Australia, valued at \$1470 each!

Visit: www.NIVEA.com.au/MYSTERYBREAK for full Terms & Conditions.

Purchase any **SunSense** product and visit sunsense.com.au to enter!

1000'S OF SUMMER PRIZES

EGO SENSENSE
Selected Sunscreen Range*

T&C's apply, see www.sunsense.com.au. AU 16+ only. Starts 3/10/16. Ends 11:59pm AEDST 29/1/17 or when 100,000 entries received (whichever first). Max 5 entries per person/day. Retain barcode/s & original receipt/s. NSW LTPS/16/04143, ACT TP16/01015, SA T16/904. Always read the label, use only as directed.

ego the science of healthy skin™

UMINA BEACH 315 West St, Umina Beach, NSW 2257
Ph: 4241 1488
Mon - Fri: 8:30am - 5:30pm
Saturday: 8:30am - 3pm
Sunday & Public Holidays: 9am - 3pm

you save
CHEMIST

On sale until 31.1.17 or until sold out. % off is on everyday store prices and may vary at each store and online. ° RRP – the save prices listed are calculated from supplier RRP at time of preparation. YouSave Chemist may not have previously sold the product at the RPP due to our discount policy. * We reserve the right to limit quantities, and correct pricing and print errors. Ask our Pharmacist or healthcare professional whether this preparation is suitable for your condition. Always read the label and use as directed, if symptoms persist see your health care professional. Incorrect use could be harmful. Vitamin supplements are not a substitute for good nutrition or balanced diet. Weight loss products are only beneficial when taken in conjunction with sensible lifestyle factors. ^ Breastfeeding is best for babies. Please consult your health care professional for advice before using this product.