**Edition 332** Phone 4325 7369 Fax 4321 0940 9 December 2013

# Lucy Wicks makes maiden speech in Parliament

Member for Robertson Ms Lucy Wicks made her maiden speech to the House of Representatives in Canberra on Thursday, December 5.

Ms Wicks began her speech with a reflection on the "magnificent responsibility and privilege" she felt when she entered St Christopher's Cathedral in Canberra for the ecumenical service for the opening of the 44th Parliament of Australia.

"In that moment, and for just a moment, partisan politics was subsumed by tradition and the greater call on each of our lives, articulating our purpose, our history and our hopes for Australia," said Ms

She said that not only was Canberra the nation's capital, but also her family's capital.

"I remember listening to my relatives debating current affairs and politics in grandma's lounge room, while arguing as to whose turn it was to make the next cup of tea."

She spoke about being the greatgreat-granddaughter of a political rebel and missionary and how she hoped to "bring the best of both perspectives: concern for fairness and a desire for a principled approach to public policy debate, with perhaps just the odd, occasional verbal fireball thrown in for good measure".

Ms Wicks paid homage to her electorate and said no suburb was without its unique character and environment.

"Its beauty is breathtaking: Killcare Beach, the sunsets at Niagara Park going over the hill, sunrise on Brisbane Water when the first rays hit the Lady Kendall moored at Gosford; Lisarow's rural acreages, the waves and surf at Avoca Beach, the Peninsula's stunning waterways and its wildlife, and Terrigal's welcoming

"People in Robertson live in the best place in the world.

"But the heartbeat of the Central Coast is its people and their concerns, their hopes and their dreams.

"When you visit Ettalong Beach, or pick up a newspaper at the local newsagents in Kincumber, or shop in Erina, or do business in Umina or catch an early morning train from Gosford Station, you will hear and perhaps even join the conversations that happen every day around Robertson that articulate people's aspirations for our community.

"You will hear a passion to see our city grow and thrive.

"You will be inspired by a determination to tackle the current challenges that we face with the rising cost of living, the lack of local employment opportunitiesespecially with small businesses doing it tough on the Central Coast at the moment—with one in four young people who want to work unable find employment opportunities locally, and with 30,000 to 40,000 commuters who leave early in the morning to Sydney or Newcastle and return home late at night because their job opportunities take them away from their families.

"You will hear in these conversations that these challenges do not have to be permanent markers of life on the Central Coast.

"It is the dreams, the aspirations and the ambitions of people living in Robertson that have become my

"My commitment to them is to fight, with every fibre of my being, for a future where more choice and more opportunity abound.

"I look forward to the day when Coasties no longer have to leave for Sydney or Newcastle or anywhere else in the world to find the sort of economic, career, educational or other advancement opportunities they may want, because they will find them here: in Gosford, in Woy Woy, in West Gosford, in Erina and in Somersby," she said.

Ms Wicks said she was proud to join parliament as a representative of the Liberal Party, "a party that has always championed reward for hard work and effort, respect for individual enterprise, concern for families and a belief in a better future for all".

"After all, if a 15-year-old schoolgirl in Narara who aspired to represent her local community as the member for Robertson one day can achieve her dream, all of us can.

"So now, Madam Speaker, may my dream be to achieve my electorate's dreams."

Ms Wicks went on to thank her campaign manager, deputy campaign manager, the local Liberal Party conference, former Liberal member for Robertson Mr Jim Lloyd, the many volunteers that supported her throughout her campaign, the 150 people in the gallery, the team at Liberal Party CHQ and former Prime Minister Mr John Howard, among

> Website, 5 Dec 2013 **Parliament of Australia**



## **Gosford Local Environment Plan** to be gazetted

The Gosford **Environment** anticipated to be gazetted by the end of this year and, at that time, the Gosford **Development Control Plan** will come into effect.

Council has adopted Gosford Development Control Plan 2013 to include the Gosford Waterfront Control Plan, Development with further reports to come back to council on Water Cycle Management, outcomes of the Brown-Smart Consulting Car Parking Study and the Coastal Open Space System bonus provisions.

A report will be bought back

in mid-2014 after they have been in place for six months.

This report is to include a review of applications that have been lodged to ensure the Development Control Plan is achieving the intent of council and the new Local Environment Plan.

The Development Control Plan was amended in order to ensure consistency with amendments to the SI Local Environment Plan (Template) made by Department of Planning and Infrastructure in February 2011; amendments to the Draft Local Environment Plan 2013 proposed

Local to council to review the new to be made by Department of is Development Control Plan controls Planning and Infrastructure to date: amendment to other State Legislation; amendments made to the Local Environment Plan as a result of Council resolutions in particular Council's resolution of May 31, 2011, where these resolutions impact on controls in the Development Control Plan: incorporate Development Control Plans adopted by Council in relation to recently made LEPs; and the Waterfront State Significant Site.

> **Gosford Council Agenda** ENV.75, 3 Dec 2013

N QVVS

## Peninsula News

Peninsula News is a fortnightly community newspaper owned by Wov Wov Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

#### **Editor:** Mark Snell **Commercial Operator:**

**Cec Bucello for Ducks Crossing Publications** Journalists: Kaitlin Watts, Lindsev Chu & Ben Smith **Graphic Design:** Justin Stanley

> Sales: Val Bridge **Declaration of interests**

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd Convenor, Burrawana Bushland Reserve Committee President, Australian Conservation Foundation Central Coast branch Chairman, Equilibrium Community Ecology Inc Vice-president, Brisbane Water Secondary College Umina Campus P&C

#### **Next Edition: Peninsula News 333**

Deadline: December 19 Publication date: December 23 Email: editorial@duckscrossing.org Ph: 4325 7369

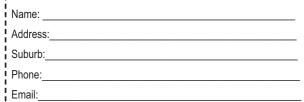
Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA. Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc **Ducks Crossing Publications is the commercial operator of Peninsula News** ISSN 1839-9029 - Print Post Approved - 100002922

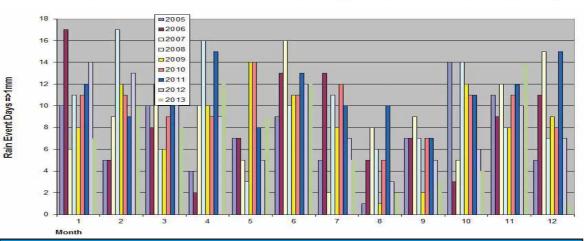
#### Woy Woy Community Media Assoc Inc 2013 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence



Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account

## 1400 1200 1000 800



## Chance to Win

Peninsula News is giving five readers the chance to win Sylvia Swan's latest book **Building Up-Building Bridges** from Baggage.

Five runners up will also receive an e-copy of the book.

Adopting the 15 healthy habits outlined in Building Up will help readers turn their lives around.

Instead of focusing on the past, this practical manual emphasises what can be done right now to start building a new future-one that is successful, peaceful and loving.

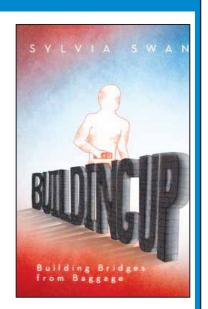
Building Up harnesses innate talents and skills and teaches how to use them to base concrete lifestyle strategies on.

It then proceeds to help readers reach into individual experience to base their own individual new paths to prosperity and happiness.

To win one of the five copies of Building Up-Building Bridges from Baggage, write your name, address and phone number on the back of an envelope and send to Peninsula News Building Up competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, December 19.

The winners of last edition's Peninsula News Vavoom competition were Wilma Bocking of Umina, Betty Cooper of Blackwall and Dianne Palmer of Kincumber.

Kaitlin Watts, 6 Dec 2013



Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes

## Peninsula News

Lucy Wicks makes maiden speech in Parliament

**Environment Plan** to be gazetted

#### **Community** Thousands attend

Christmas Parade

The Central Coast

#### Wyong Regional HRONICLE

The Entrance Channel sand movement



**Annual Christmas** 











www.duckscrossing.org

BBX BARTER C A R D

**Ducks** Crossing

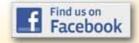
Phone 4325 7369

Publishers of newspapers, magazines and catalogues

Rates from less than **\$2** a day!



www.peninsulanews.info



Get the most out of your advertising dollar.

Advertise in a Ducks Crossing publication for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a wellread publication with relevant news content. Contact us now for more information or visit our website.

Office: 120c Erina Street, Gosford - Phone: 4325 7369 Fax: 4321 0940 - Mail: PO Box 1056, Gosford 2250 - **E-mail:** editorial@duckscrossing.org - **Website:** www.duckscrossing.org

# Chamber concerned over new development controls

The Peninsula Chamber of Commerce has welcomed Gosford Council's decision to conduct a review of applications received under the new Gosford Development Control Plan after six months following its adoption of the new development controls at the council meeting held on Tuesday, December 3.

"The building and development industry has had long running concerns over the new medium density development controls which will come into effect once the Gosford Local Environmental Plan is gazetted at the end of December," said Peninsula Chamber of Commerce president Mr Matthew Wales.

"Whilst Council has decided to adopt the new Development Control Plan, we were pleased that the resolution included provisions to review the applications lodged under those new controls after six months as a way of gauging their effectiveness.

"This was an important provision for the industry and provides a mechanism for council to make amendments that hopefully will address many of the concerns previously raised by the chamber in relation to development controls that we see may inhibit development outcomes.

"At a time when the building industry is clawing its way back from tough economic times, it is important to ensure that the new development controls facilitate new housing not inhibit it.

"The industry sees numerous problems with the new controls which we believe will make it harder to achieve site yields and render many medium density sites uneconomical.

"Whilst we recognise the need to lift the bar on development standards, it is important to remember that if design controls are too tough, developers will not buy and build, which may result in housing slowdowns and escalating prices as availability tightens.

"We are concerned that this may result in a slowdown in applications and a shortage in housing which could all effect affordability.

"Council's decision to review the number and type of applications is therefore extremely important so as to gauge whether the new controls are adversely affecting housing and development outcomes.

"Obviously council shares the chamber's concerns and we look forward to the close monitoring of new development applications over the coming months," said Mr Wales.

Media release, 3 Dec 2013 Matthew Wales, Peninsula Chamber of Commerce



Member for Gosford Mr Chris Holstein, Ettalong 50 Plus Leisure Centre representative Ms Anna Blythe and Minister for Citizenship and Communities Mr Victor Dominello

## Eight projects receive Community Building Partnership funding

Eight projects on the Peninsula will share in \$155,543 in funding, after Member for Gosford Mr Chris Holstein and Minister for Citizenship and Communities Victor Dominello made the announcement on Tuesday, December 3, at the Ettalong 50 Plus Leisure Centre.

The Anglican Parish of Woy Woy will receive funds for the installation of a safe outdoor children's play area at St Andrew's Anglican Church, Woy Woy.

Ettalong Baptist Church will receive monies for the extension of work area and upgrade of existing electric power supply at Peninsula Community Men's Shed.

Gosford Council will receive funds for the Woy Woy Oval grandstand redevelopment and the upgrade on the kitchen at Ettalong 50 Plus Leisure and Lifestyle Centre.

Pearl Beach Progress Association will also benefit from the funding and will be able to upgrade sound and light at the Pearl Beach Memorial Hall.

Umina Surf Life Saving Club will use monies to refurbish the club's refuse area; Woy Woy Community Aged Care Centre will upgrade the fit out and refurbishment of the Palliative Care Room; and Woy Woy Peninsula Netball Association will receive funds for the upgrade of its courts.

This grant funding has been provided under the state government's 2013 Community Building Partnership program.

Mr Holstein said he was pleased NSW premier Mr Barry O'Farrell announced the roll out of over 1315 community projects across the state as part of \$90 million allocated to the program over four vears.

"Building and restoring local infrastructure as well as supporting local construction jobs and businesses are a welcome boost in enhancing local investment in our community," Mr Holstein said.

"The NSW government is getting on with the job to rebuild NSW by investing almost \$60 billion for infrastructure across the state over the next four years.

"There was strong competition for the available funds and a high level of interest from the community with over 2,700 applications received across the state in total.

"I look forward to seeing the benefits to our communities as projects are undertaken and put into use across the Peninsula."

Media release, 4 Dec 2013 Chris Holstein, Member for Gosford



#### News



# Low tide and storms hinder clean-up

Volunteers from Umina PCYC undertook a clean-up activity at Merrits Wharf and Pretty Beach on Monday, November 25.

The group removed old oyster trays from the rotten timber barges near Merritts Wharf and commenced the Hardys Bay clean-up.

Peak low tide made tough work for the group, as the barge had to be pushed the last 40m to the site access at Merritts Wharf.

Forty old trays were loaded, some in pieces, out of the barges and from a pile stacked on the shore, into local oyster grower Simon Funnel's barge.

Two tyres were also retrieved

from the area.

Further work at the site was, however, unachievable due to the tidal influence.

The team diverted to Pretty Beach and cleaned the mangroves adjacent to the walking track from the jetty to Aurelan Dr.

Eight full bags were retrieved, as well as two tyres and three small oyster baskets.

All rubbish was loaded into the IRB trailer just as a large storm unleashed on the team.

Six hundred and sixty-six

kilograms was weighed in at Woy Woy Tip.

The four tyres were held for

The four tyres were held for delivery to Moxhams at Mooney Mooney for cleaning and recycling.

Brisbane Waters Foreshore Program co-ordinator Mr Graham Johnston recommended that the clean-up of Empire Bay mangroves from Merritts Wharf be continued in more favourable tides.

> Email, 25 Nov 2013 Graham Johnston, Brisbane Waters Foreshore Program

# Council has \$100 million invested

Gosford Council received its investment report for the month of October at its Ordinary Meeting of Tuesday, December 3.

As at October 31, council's investment portfolio had a current market valuation of \$96,639,310 or the hold to maturity value (face value) of \$103,165,992.

When compared to the previous month, of the eight structured securities held, 88 per cent showed an increase in their market value.

The net market value increase for the period was \$145,616.

Council's investment portfolio return outperformed the bank bill index benchmark during the month, 5.39 per cent versus 2.6 per cent.

Council's portfolio is expected to return above benchmark returns if there are no further credit events within its CDO portfolio, which is currently valued at low levels.

Without marked-to-market influences, council's investment portfolio yielded 4.07 per cent per annum during the month.

Gosford Council Agenda COR.107, 3 Dec 2013

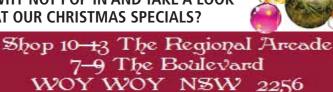




## Fudge's Boutique

Jill and staff wish to thank all of our customers for your support throughout the year.

Wishing you a Merry Christmas
WHY NOT POP IN AND TAKE A LOOK
AT OUR CHRISTMAS SPECIALS?



PH 4341 1191

Peninsula News

#### **Independent Living | Quality Apartments**

#### **Priced from \$225,000**

- Air conditioned 1 and 2 bedroom apartments
- Beautifully maintained grounds and gardens
- Convenient location handy to bus and shops
- Built-In wardrobe, quality window and floor coverings
- Distress alarm system
- Indoor recreational hall and sunroom
- Social Club with plenty of activities available
- In-house meal, cleaning and hairdressing services
- LCD TV, dishwasher, wall oven, hot plates & clothes dryer
- Catering to over 55's









TOGETHER WE CARE

peninsulavillage.com.au



#### Navve

## Lengthy 7.5m motor cruiser rescue

Around 12:30pm on Tuesday, December 3, the volunteers on radio watch at the Marine Rescue Point Clare Base received a call from the owner of a 7.5m motor cruiser anchored at Lobster Beach.

He reported that his near-new 225HP engine would not start and sought help to return to the boat ramp in Gosford.

The duty crew, Roger Palmer and Ian Radford, was called in and rescue vessel Central Coast 20 was despatched to assist.

The vessel was located and taken in tow.

An inquiry determined that the vessel was taking water rapidly through a broken cock fitting on the vessel's toilet.

The owner indicated that he could not stem the incoming flow.

The Marine Rescue crew said that they would tow the vessel quickly to a sandy beach near Lions Park at Woy Woy.

By the time the vessel was beached, there was water ankle deep in the cockpit.

The owner and his wife were, by this stage, at Woy Woy but their car and boat trailer were at Gosford.

The rescue crew transported the owner to the wharf at Gosford so that he could drive to Woy Woy to retrieve his stricken vessel.

The crew returned to base at 3:10pm for a late lunch.

Media release, 3 Dec 2013 Ron Cole, Marine Rescue NSW Central Coast



The old oyster trays laying in the mangroves and in the sunken boats near Merritts Wharf

# Large amount of litter found in Killcare foreshores



# Who owns this boat?

Brisbane Water Police are seeking assistance from members of the public to identify a boat found in Victory Rd, Tascott, on Wednesday, November 20.

The trailer has interstate registration and there are no

identifying marks or registration on the boat.

Police would like to speak with any person who claims to own the boat or has knowledge of its owner.

Website, 21 Nov 2013 Brisbane Water LAC, NSW Police Members of Macmasters Beach Surf Club have volunteered their time to survey the foreshores from Killcare Public Jetty to Empire Bay Public Jetty, noting issues that could be addressed by the foreshore team.

The group, along with local oyster grower Mr Simon Funnel, undertook the activity on Wednesday, November 20, and reported that the mangroves and foreshores in and around the Killcare Public Jetty had plenty of small litter present.

This continued to the mangroves near Noble Rd.

It was recommended that subsequent clean-up activities be undertaken.

The group also observed that the mangroves in Rileys Bay

required urgent attention due to abundant small litter and many oyster products in the area.

It was found that the best way to clean-up this area, along with Hardys Bay, would be to use the assistance of local residents.

Mangroves near Merritts Wharf were further found to have a stack of old oyster trays placed on the foreshore and in two old partially sunken timber barges.

These were wedged in the

mangroves.

The Empire Bay wetlands also had scattered oyster product, approximately 20 car tyres and associated larger items.

The wetlands and saltmarsh near Sorrento Rd presented large amounts of litter, car tyres and oyster product.

Email, 21 Nov 2013 Graham Johnston, Brisbane Waters Foreshore Program





SEASONS VALUATIONS & FINE JEWELLERY

O2 4341 2223 www.seasprayjewellery.com.au david@seasprayjewellery.com.au

314 West Street Umina Beach NSW 2257

# Important elements of being Australian threatened

Since Tony Abbott and his bunch of precocious ministers were elected, Australia, as a nation, has told the world a number of things.

We have said we are against all data, scientific advice and reason, and that global warming has been abolished.

We have also said that science and women do not need a Minister of government and that, against all diplomatic evidence and Indonesian warnings, Indonesia will agree to Mr Abbott's simplistic "turn back the boats" squawking.

The NBN, as we breathe, is being massacred.

There are 16,000 poor people who have benefits and who have had these benefits stripped away to pay for the rich's benefits.

Australia has further said that its people not should benefit from superannuation profits when they occur in the mining sector and that big polluters who poison our atmosphere and acidify our life supporting oceans should pay no price on their carbon crimes.

And, soon after Mr Abbott's hand-picked neo-conservative "reviews" bring down their already known recommendations, we will be subject to a massive attack on the public sector.

#### Forum

Letters to the editor should be sent to: Peninsula News PO Box 1056, Gosford 2250 or mail@peninsulanews.asn.au See Page 2 for contribution conditions

We will also see the social wage paralleled by a wave of privatisation designed to loosen government influence over matters of health, hospitals, schooling, universities, power supply and industrial relations.

As Australia's commitment to the common good and community goes down the toilet, flushed away with satisfaction by the neo-conservatives, my feelings of shame return.

I am proud to be Australian but am ashamed to see the most important elements of being Australian diluted and ultimately replaced with "values" of individuality.

Between them, the neoconservatives and ALP attempts to grab the middle ground have gone well down the track of destroying our public schools and eroding our public hospitals, so much so that we now spend billions every year to ensure Australia divides its young'uns, from age four to 18, along religious and socio-economic divides.

The question of social cohesion is now in the frame.

How can we expect our adult population to show respect, understanding, tolerance and empathy to other groups when their community is divided up from the earliest of ages?

The Baby Boomers get a lot of criticism for being Leftish and radical

What I see as our legacy is an Australia becoming less and less committed to the common good, and more and more divided.

Tony Abbott and his crew of exclusionary school born-to-rule neo-conservatives are wilfully ignorant of the science of climate change.

They used the powerful daily lesson delivered by the super neo-con of all (Murdoch) and his power-elite pack to disingenuously confuse the public.

They say there is no evidence that smoking kills, no evidence that carbon strangles the earth, humidifies the atmosphere, or kills the oceans.

I remember a sign painted on the fence of the Balmain Power Station in the 1960s.

It said: "If you don't fight - you lose!"

Email, 10 Nov 2013 Vanlyn Davy, Pearl Beach

# Money the winner, not democracy

Electoral funding from the taxpayers was originally designed to provide the opportunity for individuals and organisations to compete equally in the democratic process.

But, it is obvious that in the recent federal election, this ideal has been subverted by millionaires.

In the debate on the Central Coast about who won the seats, it is obvious that Mr Singleton used his money to bankroll two independents and to direct their preferences to the two Liberal candidates away from the Labor candidates.

Money was the winner, not

democracy

Mr Murdoch has used his media influence in many parts of the country to do all in his power to bring about a Liberal party victory.

Mr Palmer used his money to get himself elected to the House of Representatives and to have a member of his party elected to the Senate.

The trend towards financial advantage in our democracy is of significant concern and is symptomatic of United States politics, where millionaires or those backed by millionaires determine the futures of the less fortunate in society.

Email, 19 Nov 2013 John Hale, Woy Woy

#### Moreforum on page 8

# Remembrance ceremony should have proceeded

I read the front page of Peninsula News, edition 331 (November 26), with great disgust.

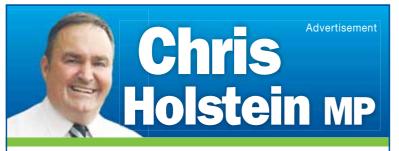
Someone should remind the president of the Woy Woy Ettalong Hardys Bay branch that the Diggers fought in the bloody rain

and died in the bloody rain.

If he can't stand in the rain for a Remembrance Ceremony, he should be sacked immediately.

I wouldn't want him on my side.

Letter, 3 Dec 2013 Peter Smidt, Kincumber



## We can assist you with queries about the following STATE GOVERNMENT SERVICES:

- Anniversary/Birthday messages
- HealthEducationTransportFair Trading
  - Ageing and DisabilityCommunity Services
    - Police and Emergency Services
    - Public HousingMain Roads

For help with these or any other State Government issue, please contact me on **4342 4122** 

Or e-mail me at Gosford@parliament.nsw.gov.au

Chris Holstein MP MEMBER FOR GOSFORD

ON YOUR SIDE



Animal Welfare League - Central Coast Branch

AWL is a registered animal welfare charity offering subsidised desexing to assist eligible members of our community needing help with the costs of desexing their pets.

Some of the benefits of desexing your pet are:

- Prevent unwanted litters.
- Reduced risk of cancer of
- the reproductive organs.

   Cheaper Council life-time
- registration.

   Less likely to wander or roam.

Call Helen 4342 2047 for details Thrift Shop Enquiries: 4344 6650



Got a Business! Got MYOB!
Got Questions!
Bring Your Books &
Bring Your Laptop!

#### \$25 per hour – 7.00 – 9.00pm Every Monday Evening

20 Years' Experience with Small Business Management Friendly Environment – Coffee Included!

The Entrance Business Centre 217 The Entrance Road The Entrance NSW 2261 TF: 1300 881 435

Computers available if required - Enquire as to how to bring your file on USB...

Email your expression of interest to joy@booksinamess.com.au



For your chance to win, simply spend \$20 or more in any store at Peninsula Plaza between 1 December 2013 and 31 January 2014, write your contact details on the back of your receipt and place it in the entry barrel. Winner drawn 3pm 31/1/14. Terms and conditions apply. See instore for details. Authorised under NSW Permit No. LTPS/13/09436

## Live local, shop local

Woolworths & the best local specialty stores with convenient parking















## Ed wants more feedback

Ed James is known to most persons on the Peninsula through the Peninsula Newspaper and talkback radio.

He has decided time's up and he's leaving town.

It shouldn't happen without a mention of his good deeds.

# Peninsula Chiropractic Centre UNDER NEW MANAGEMENT

#### Dr. Brett M. Mutton

(BA Comm, B Chiro Sc, M Chiro)

Chiropractor
& Specialist in
Musculo-Skeletal
Medicine

- Spinal Diagnostic Specialist
- Paediatric Specialist
- Neurological Assessment
- Scoliosis Treatment
- Ante Natal & Post Natal Care
- Aging Spine Care
- Injury Rehabilitation
- Sport Conditioning
- Orthotics Individually Tailored

## Peninsula Chiropractic Centre

Open: Monday – Saturday 12 Alfred Street, Umina

Contact: 4343 1275

#### **Specialising in Expert Diagnosis**

Identifying the Problem is the First Step in Treating It



DR BRETT MUTTON
EXPERIENCE THE DIFFERENCE

#### **Forum**

Ed set aside his own agenda to support the Hospital Alliance Group by investing time and money towards the return of the Woy Woy Rehab.

It is well known this happened with vengeance.

His disappointment is that the facility has yet to be named after the Alliance mascot, but it is assured it will happen.

It should be remembered that Ed tried to right many injustices,

to his disappointment, he didn't incite much feedback, but still he plodded on.

To all those persons who were going to write for and perhaps against, it is well known that the Peninsula is known (including the writer) for housing a lot of 'gonners'.

Let's hope the next edition will give him some final feedback.

Email, 5 Dec 2013 Marge Cleere, Woy Woy South

# Abbott Liberal Government in chaos

When the great Paul Keating was prime minister of this country, our relationship with Indonesia was cordial.

Under the Abbott Liberal Government we have a diplomatic crisis; the liberal policy of stopping the boats is not working nor is the idea of buying boats in Indonesia.

On the domestic front, retail is very slow and this federal government has done nothing to alleviate the situation.

Commercial rents are outrageously high particularly in shopping centres and should be forced down so retailers can make a fair profit.

Something needs to be done urgently to lower the GST threshold for online purchases.

This is seriously damaging retailers, a lot of which have closed down as business has become too difficult.

Action also needs to be taken to lower electricity prices.

As Abbott is being mentored by his "hero", the former liberal leader John Howard, I am not expecting him to do anything to help anyone except the rich.

When Howard was leader of this country he wanted people to be "relaxed and comfortable".

I was nervous and uncomfortable until he lost the election and he also had the embarrassment of his own electorate sacking him.

#### Forum

In the interim, we will be exposing all the liberal hypocrisy and broken promises by kicking this government all the way to the next election.

Email, 27 Nov 2013 John Stagg, Woy Woy

## We are appalled at the Federal Liberal Government's decision to

Schools worse off

under coalition

scheme.
We are the grandparents of a child with a mild disability who we have care of, and will be starting her first year at the local

renege on the promise to

fund NSW schools for four

years through the Gonski

high school next year.

We have fought hard for her to be allocated to the appropriate class that she will be able to thrive and succeed in; this is a class that may very well lose their funding if this scheme is

dropped.

Both Abbott and Pyne promised before the election that they would provide four years of funding of the Gonski Scheme.

They said "No school would be worst off under a Liberal Government".

Well our child's school will be

#### Forum

Letters to the editor should be sent to: Peninsula News PO Box 1056, Gosford 2250 or mail@peninsulanews.asn.au See Page 2 for contribution conditions

worse off as well as all the other public schools in NSW if we go back to the failed Howard model.

Ms Wicks, it is about time that you stood up for all the students of the Robertson Electorate and stated your views on this very important issue, just not repeat the press releases issued by your Liberal party head office.

Email, 2 Dec 2013 Joy Conroy, Booker Bay





Lawyer Since 1983

Hospital & Home Visits By Appointment

#### Specialising in:

#### **FAMILY LAW**

- Divorces
- De facto
- Children's Issues
- Property
- Binding Financial Agreements

#### **WILLS & ESTATES**

- Probate, Wills & Disputes
- Power of Attorney
- Enduring Guardianship

So much more than just law...



#### **CONVEYANCING**

- Purchase & Sale of Property
- Refinancing Mortgages
- Purchase & Sale of Business
- Leasing Retirement Villages

#### **COURT APPEARANCES**

- Criminal Law
- AVO Matters
- Traffic Matters Drink Driving
  - 4=00

4525 4/00

Email: lemery@lindaemery.com.au Web: www.lindaemery.com.au

## Woy Woy Hospital age restrictions removing much of the promised medical amenity

On August 4th, 2013, our son to take his meals to him because James Lemon 41, whom we adopted and who suffers from a rare metabolic disorder as well as epilepsy, fell on the front **steps of our home and he broke** to a rehabilitation hospital. his femur (thigh bone), due to osteoporosis.

He was taken to Gosford Hospital and was operated on to inquired, they said he would have insert a steel rod in his leg.

The hospital staff and doctors were really great, although we had of his special diet.

He had some physiotherapy in hospital but we were told by the doctors that he would have to go

We thought that would be OK because he would be at Woy Woy.

However, after the doctors to go to Wyong because they were told by Woy Woy hospital that he had to be over sixty to go there.

We were very distressed.

intellectually handicapped, he can't talk very well and needed his special diet.

Kanwal where Wyong hospital is located one and a half hours away for his meals etc and liaise with staff for him?

The only thing we could do is to have him at home and pay for a private physiotherapist to help him, a cost we could not afford.

As a result, he still cannot walk properly and is in pain and needs more physiotherapy.

He has a steel plate in his head How could we keep going to as a result of an earlier convulsion in 2003.

> Would it not be good for everyone if he could have gone to Woy Woy for rehabilitation, which is only five minutes away?

> > Alan Lemon, Umina



## All Woy Woy Public Hospital Alliance supporters

political sleight of hand which really been returned. our elected representatives and NSW Health are perpetrating.

A minimum age limit of sixty is being applied.

There were warnings when official advice informed the alliance and supporters that the new wing would include "geriatric" in its name.

the return of our stolen medical amenity need to rise up.

is possible that you are not while being supported by family, Alliance during our fight, to yet aware of the despicable, life partners and friends has not name two

Not everyone who was involved in the five year fight to make politicians see reason was over sixty!

There was one family involved in the protest bus trip to the NSW State Parliament. (see photo)

Several alliance members have passed away during our All those who campaigned for community's struggle for natural justice.

Zoe Russell, well known as a The place we had at our "Public long-time activist, and Mr Brian Hospital" for children, parents Neville, who was the public face

If you are not angry, then it and grandparents to rehabilitate of the Woy Woy Public Hospital

delay in placing the memorial naming plaque Neville and the Woy Woy Public Hospital Alliance in the reception area garden inside the new rehabilitation wing.

When I was asked to help have our stolen rehabilitation ward, I resolved to put aside my own political issues for the time being and spend what little political currency I had helping my community fight for something we all need, seeing

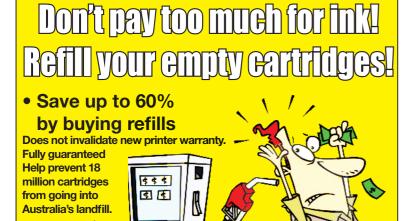
as how we have so many people who have moved here because of the wonderful medical amenities I am angry at the unreasoned which hundreds of locals have worked very hard to put in place Mr Brian over many decades.

The heartfelt letter above from Mr Lemon reveals the hardship which happens when taxpayers are duped by those very people they have trusted to act in their best interest.

> **Edward James**, Life member **Woy Woy Public Hospital Alliance**



## People with Disability Day celebrated



**Full range of genuine and compatible** inkjet and toner cartridges available



Free pickup & delivery. No minimum order. Shop 5 - 470 Pacific **Highway - Wyoming** 

Phone: 4322 2857 - Fax: 4322 1649 E: info@centralcoastinkco.com.au - W: centralcoastinkco.com.au Woy Woy Public School celebrated the International for People **Disability** on Monday, November 25, with a special assembly and some follow up classroom activities throughout the school.

Special guests included Ms Amanda Price who explained to students what it is like to have a physical disability and the students were spoken to by Carley Chapman who will compete in the Asia Pacific Games.

"Our children in our Support classes entertained us with a number of songs," said principal Ms Ona Buckley.

"They put their heart and soul into their performance and enjoyed showing everyone just how confident and proud they are of who they are.

"We know just how big an effort it is for these children just to get up in front of others and how much practice and organisation goes on behind the

scenes to get them ready," said

Ms Buckley.

"How proud are we of them?

Newsletter, 26 Nov 2013 Ona Buckley, Woy Woy **Public School** 

## Aftercare personal helpers and mentors service at **Woy Woy**

An aftercare personal helpers and mentors service opened at Woy Woy on Tuesday, December 3, and is set to provide help and support to those living with a mental illness.

With one in five Australians living with a mental illness, most people in the Peninsula community would know a friend, neighbour or loved one who is affected by some form of mental illness.

The personal helpers and mentors service is a program which takes a strength-based, recovery approach to working with people living with a mental illness.

It aims to foster a sense of hope and dignity while developing a capacity for resilience as people move through the stages of recovery.

Aftercare, which was founded in 1907, is the largest provider of personal helpers' and mentors' services in Australia.

Its services are currently located in NSW and Queensland.

Aftercare personal helpers' and mentors' service offers a range of services to assist participants in reclaiming their lives.

They particularly emphasise building independence, confidence, and strengthening family and friendship networks.

They also focus on enabling participants to access social and recreational activities

the community; gain support in educational and work experiences; and work with the community to promote a better understanding of mental illness and intellectual disability.

Every person supported receives an individual service plan tailored specifically to their goals.

> Media release, 27 Nov 2013 Kath Tierney, Aftercare Personal **Helpers and Mentors service**



336 Trafalgar Ave, Umina

#### Why pay for treatment? We offer **100% BULK BILLING**

#### **For all EPC Plans**

Remember to ask specifically for Alan Wigney when having your care plan done. We also do DVA and Pensioner Discounts! For all aspects of podiatry, call us on

4341 4704





On Saturday 14th December come along to the ..... **Sostord City** 

Santa's workshop,

roving carollers, Christmas music

and more!

Second Saturday of each month - 8am to 1pm

in Kibble Park, Gosford - Rain, hail or shine!

something for everyone!

For all stall enquiries phone: 43227726 or email: info@gosfordcity.com.au









# Live local, shop local peninsula

Ask for a ties back ot breadrolls with any Gingerbread house purchased While Stocks Last

Order your celebration cakes at



## Peninsula LOWSECHEY

For all your stationery and reading needs. Ask us for the latest magazines and newspapers



range of unusual giftware





Receive a FREE Coffee when you purchase a **Xmas Pudding** 



Come in and try our award winning Honey Chicken and Sweet Corn Sausage, judged best in NSW by the Australian Meat Industry Council

Shop 9, Peninsula Plaza - Blackwall Road Woy Woy Ph: 4342 2372 - Fax: 4342 2750

# EARL'S

Men's Cut Just \$15 - Womens' Cut Just \$20 Blow Dry from \$25 - Regrowth Colour \$60 Colour from \$60 - Half Foil from \$60

Full Foil from \$110 - Japanese Straightening from \$100

Come and talk to us about your hairstyle Monday to Friday - 9am to 6pm

Sat - 9am to 4pm - Sun 9am to 2pm

4341 5009































Blackwall Road, Woy Woy

Woolworths & the best local specialty stores with convenient parking for all your shopping needs

Health

## Hardys Bay Pink Day raises \$25,000











- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

#### ACCREDITED PROVIDER OF GOVERNMENT SERVICES

CONTACT YOUR CLOSEST OFFICE NOW

WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST

**PHONE 43442566** 

**PHONE 43346233** 



Family and Sports Podiatry

**10% OFF NEW CLIENTS ONLY** 

VALID UNTIL 28/02/14 - MUST PRESENT VOUCHER

Diabetic Footcare

• EPC Care Plans

Veterans' Affairs

Kids Assessments

- General Footcare

  - Orthotics
  - Sports Injuries

After hours appointments available on request.

2/19-21 Broken Bay Road **Ettalong Beach NSW 2257** 

www.ettalongpodiatry.com.au

The 12th Hardys Bay Pink Fundraising Lunch held on Monday, October 25, in Killcare, raised nearly \$25,000 for the National **Breast Cancer Foundation.** 

Two hundred and fifty ladies took to the lawns of Bells at Killcare to raise the much needed funds for breast cancer.

For the first time this year, the Silent Auction was also run online, via the Pink Garden Party Day Facebook page.

Along with many of guests who are Facebook followers of the Pink Day page, many people who did not attend on the day, were also able to place bids.

> Newsletter, 5 Dec 2013 Peta Colebatch, Wagstaffe to Killcare Community Association



## li's Christmas



Can you hear the reindeer on the roof?

Don't worry if you can't we offer free hearing tests!\*

\* Terms and conditions apply

### "We will beat any written quote"

Free screening test No obligation trials Children's testing available Workcover Independently owned and operated Government accredited

Being independently owned means you will have a true choice of manufacturers! Sennheiser assistive listening devices also available Don't delay, speak with our friendly staff today. Call us on;

(02) 4342 9736

penninsulahearing@gmail.com

www.penninsulahearing.com.au

Shop 6, Berith Street Umina Beach Ph: 4342 9736

Penninsula Hearing "We are hear for you"



## McHappy Day raises nearly \$7,000

Peninsula residents have items to be raffled for fundraising. raised \$6786 as part of this year's McHappy Day held on Saturday, November 9, at the **Umina and Woy Woy stores.** 

The funds will be donated to Ronald McDonald House Charities and will provide much needed support for the charities to expand their programs and help seriously ill children and their families.

In addition to raising funds, volunteers from the community played a big role on the day with fire brigades, police and local businesses giving up time to help collect donations or providing

> Stop smoking! **Control** weight! Release anxiety! Lose your pain!

Liz Macnamara Clinical Hypnotherapist losevourpain.net

4341 0464

McDonald's Umina McDonald's Woy Woy licensee Mr Ron Mussali said he wanted to thank the Woy Woy Peninsula community for all their efforts and for getting behind McHappy Day to help raise valuable funds for Ronald McDonald House Charities.

"The funds will allow us not only to continue offering our current range of programs, but will also allow us to expand our programs and services," Mr Mussali said.

In total, Australians raised over \$3 million on this year's McHappy

This equates to funding over 23,000 tuition sessions through the Ronald McDonald Learning Program, which helps children recovering from serious illness catch up on missed schooling.

To date, McHappy Day has raised over \$23 million for Ronald McDonald House Charities.

In order to meet the growing need from families, over the next few years Ronald McDonald House Charities is aiming to build or extend five Ronald McDonald Houses, open eight more Ronald McDonald Family Rooms, as well as extend and develop other programs such as the Ronald McDonald Learning program.

Ronald McDonald House Charities programs and services help families right throughout the often long journey to recovery.

This includes providing a "home away from home" in a Ronald McDonald House for a night,

or even a year, so that families can stay together in a friendly environment.

> Media release, 2 Dec 2013 Fiona McGill, Professional **Public Relations**

## **DENTURE CLINIC**

Keith Boyd - Dental Prosthetist No Refferals Required For full and partial dentures, relines and repairs

PH: 4360 2755 - MOB: 0405 388 602

112 Blackwall Rd, Woy Woy (Woy Woy Osteopath Centre)



"You can't help getting older, but you don't have to get old"

- George Burns.

At Juel Occupational Therapy our clients are our jewels and our warm, unique and client-centred approach to providing Occupational Therapy (OT) services keeps us at the forefront of professional health care on the central coast.

#### What is Occupational Therapy?

OT is aimed at promoting health and wellbeing through occupations of everyday life. The primary goals are to provide the necessary tools, therapy and assistance for clients to improve their wellbeing and increase the longevity of independence and safe living in their

Occupational therapists (OTs) are health professionals trained in the medical and behavioural sciences including neurology, anatomy, psychiatry and psychology. OTs help people across the lifespan, participate in the things they want and need to do through the therapeutic use of daily activities.

#### The Recon program

As part of our zest for improving the lives of others, we have created a specialised program focused on senior members of the community.

Recon is a reconditioning program addressing functional deterioration in the elderly. The community based program, which runs in 10 week blocks, utilises everyday occupations and tasks of daily living as the foundation to set and achieve individualised goals in relation to physical, mental & social aspects of health. The program also aims to equip participants with the skills, ability and confidence to advance their independence in everyday living and improve their state of health and wellbeing.

Each session is uniquely designed for the needs of each participant and runs for two hours under the support and guidance of an Occupational Therapist and their aid. Groups currently are conducted in East Gosford, Kincumber, Umina and Bateau Bay.

The Recon program strengthens our participants' confidence in daily activities, improves mental health and provides practical education on health and nutrition. In order to achieve maximum independence in everyday living, Recon helps to improve our clients' physical skills leading to a reduction in falls in the home and in the community. Recon challenges and maintains optimal cognitive functioning, aiding in the prevention of dementia and fosters close relationships, lessening the effects of social isolation.

#### Why choose Juel OT?

Much more than your average day centre, our specialised OT Recon program is changing the lives of senior citizens living on the coast. We're empowering our clients to live the best life they can by providing the skills to gain back confidence and connecting them with other people in similar situations. All our staff at Juel OT, from the OTs and assistants, to our friendly support staff, are passionate about their work and genuinely care about their clients. Juel OT is a place where clients can feel safe, supported and important — and we believe that such an environment provides the best results for our wonderful clients.

Speak to your GP today about referring you to Juel Occupational Therapy or contact Janelle or Kim, in our office on 4333 6100 for more information







### **South Street Dental**

#### **Umina Beach**

**Teeth for Life Cosmetic Smiles Teeth Whitening Children and Adults Complex Reconstruction** 

## **Mario Reznik**

BDS - 1st Class Honours (Syd) Dip, Clinical Dentistry-Oral Implants (Syd)

**Dental Surgeon** 

**Dentures** 

**Implants** 

**52 South Street Umina Beach** 

**Medicare Vouchers / Teen Vouchers welcome** Veterans' Affairs welcome **HICAPS, EFTPOS and major Credit Cards Accepted** Accessible ground floor access with plenty of parking

## Mini fete raises over \$3,000

#### Umina Public School's Year 6 Mini Fete held on Thursday, November 21, raised \$3320.

"The effort and enthusiasm which all of our Year 6 students displayed in organising and running their stalls was brilliant to see," said Umina Public School principal Ms Lyn Davis.

"The look on the faces of our students as they got scared in the haunted house, danced in the disco, had crazy hair and nails painted and got to eat delicious cakes, biscuits and popcorn amongst many other activities was a delight to witness.

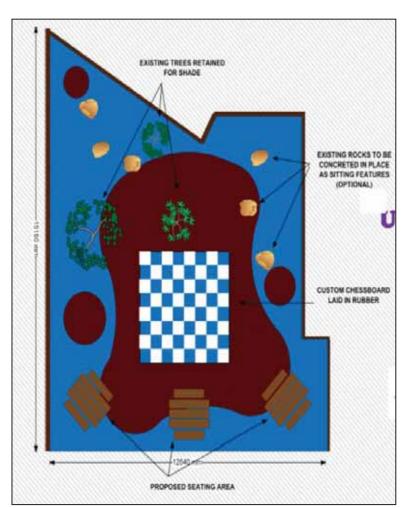
"The mini fete's success rests solely with the Year 6 students and their families who put in time and resources to make it a resounding success.

"We thank all the families for their hard work to help their children and others.

"Also to the families of the rest of the school who bought tickets for their children to have a great day – thank you.

"The Year 6 Mini Fete is a fundraising event which Year 6 students put on each year to raise money to purchase the school a gift.

"This year our senior students embarked on a very ambitious plan of raising money to help pay for the refurbishment of part of our playground with synthetic grass and rubber matting in between the senior bubblers and library.



The proposed refurbishment of part of the playground

"This is a fundraising project that next year's Year 6 students will continue - to ensure we have a

suitable and enjoyable area of our playground for future generations to enjoy.

"Once again thank you to the Year 6 students and teachers for putting on a memorable Mini Fete and we all look forward to next year's," said Ms Davis.

Newsletter, 3 Dec 2013 Lyn Davis, Umina Public School

# More parking spaces for Empire Bay

Empire Bay Public School has been allocated a number of parking spaces on the opposite side of the road by Roads and Maritime Services.

The current No Parking site on the far side of the lighted crossing will also be changed to unrestricted parking.

This will allow more parents to park closer to the school and use the crossing safely.

Roads and Maritime Services

will also be adding a 'Kiss and Drop' sign to its No Parking space out the front of the school to help everyone better understand the conditions.

The No Parking restrictions still apply to this space.

These changes will be implemented over the Christmas vacation period in readiness for the 2014 school year.

Newsletter, 4 Dec 2013 Brad Lewis, Empire Bay Public School

# Stop work meeting held to update teachers

Woy Woy South Public School held a stop work meeting on Tuesday, December 3, to enable an update by the NSW Teachers Federation about the state of new salary negotiations currently taking place with the state government.

"They are also apprising teachers of the new programs that will be introduced from the beginning of 2014," said Woy Woy South Public School principal Mr Terry Greedy.

"These include teaching standards and the NSW Institute for Teachers, new funding models and new administration procedures, and these are just a few of the changes being introduced.

"These programs, along with the implementation of the National Curriculum in English, will ensure 2014 is a very busy year for teachers and administration staff," said Mr Greedy.

> Newsletter, 3 Dec 2013 Terry Greedy, Woy Woy South Public School







# Movember team raises funds

The Movember team at Empire Bay Public School has raised \$795 for the cause and is ranked number 3673 nationally.

"Empire Bay would like to thank our families, friends, colleagues and community members who have supported us and made a donation to our team," said Empire Bay Public School principal Mr Brad Lewis.

The Movember initiative directs all donations to research into prostate cancer, testicular cancer and mental health challenges.

Newsletter, 27 Nov 2013 Brad Lewis, Empire Bay Public School

# O COMP AN

Joyful and triumphant, O come ye, O come ye to Bethlehem! Come and behold Him, Born the King of angels!

O come, let us adore Him, O come let us adore Him, O come let us adore Him, Christ the Lord!

sing Choirs of angels, Sing, all ye citizens of heaven above! Glory in the highest!

O come, let us adore Him, O come let us adore Him, O come let us adore Him, Christ the Lord!

Yea, Lord, we greet Thee, Born this happy morning; Jesus, to Thee be all glory given; Word of the Father now in flesh appearing!

O come, let us adore Him, O come let us adore Him, O come let us adore Him, Christ the Lord!

English words by F. Oakeley, Music by J. Reading (Public Domain)

## ETTALONG

BOWLING CLUB 'where everyone knows your name'

> Alfresco Brasserie with children's play centre & Harry's Restaurant.

Ham Raffles 11th and 18th December.

Gala Day 20th December. Check website for details or call reception on 4341 0087.

# Ettalong Baptist Church and Ettalong Public School - Community Carols

6.50pm to 8.45pm, Sunday 15 December 2013 Entertainment and BBQ from 6pm (5.30pm for Church People)

# TON TO THE WORLD

Joy to the world! The Lord is come; Let earth receive her king. Let every heart prepare him room, And Heaven and nature sing, And Heaven and nature sing, And Heaven and Heaven and nature sing.

Joy to the earth! The saviour reigns; Let men their songs employ. While fields and floods, rocks, hills and plains, Repeat the sounding joy, Repeat the sounding joy, Repeat, repeat the sounding joy.

He rules the world with truth and grace; And makes the nations prove, The glories of His righteousness, And wonders of His love, And wonders of His love, And wonders, wonders of His love.

Words by I. Watts; Music by L. Mason (Public Domain)

## Stant Wight

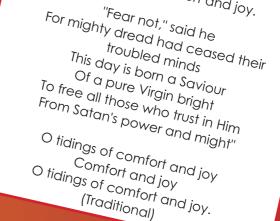
Silent night! Holy night All is calm, all is bright, 'Round yon Virgin Mother and Child, Holy Infant so tender and mild, Sleep in heavenly peace, Sleep in heavenly peace.

Silent night, Holy night, Shepherds quake at the sight. Glories stream from heaven afar, Heavenly hosts sing Alleluia; Christ the Saviour is born, Christ the Saviour is born.

Silent night, Holy night, Son of God, love's pure light Radiant beams from Thy holy face, With the dawn of redeeming grace Jesus, Lord, at Thy birth, Jesus, Lord, at Thy birth.

Words by J. Mohr; Music by

F. Gruber (Public Domain)





1/14 Alma Ave Woy Woy 4339 2424

Cot Rest va Merry

God rest ye merry, gentlemen Let nothing you dismay

Remember, Christ, our Saviour Was born on Christmas day

To save us all from Satan's power

When we were gone astray

O tidings of comfort and joy

Comfort and joy O tidings of comfort and joy.

From God our Heavenly Father

A blessed Angel came And unto Certain Shepherds Brought tidings of the same

How that in Bethlehem was born The Son of God by name

O tidings of comfort and joy Comfort and joy

O tidings of comfort and joy.

## **All Hungwell Doors**

Interior Exterior and Security, Security Industry Masters Licence, Bifold, French, Timber and Aluminium, Glass Sliding Doors & Stackers, Wardrobe Doors, Stainless Steel & Aluminium Security Doors, Fly Screens & Retractable Screens, Dog Doors, Blinds & Awnings, All Repairs & Services Wheels, Tracks, Locks & Handles Remeshes



Phone 0487 752 157

Crossroads Counselling offers help with life issues.

These may include: personal problems, family and relationship issues, grief and loss, trauma and abuse, mental health, disability.

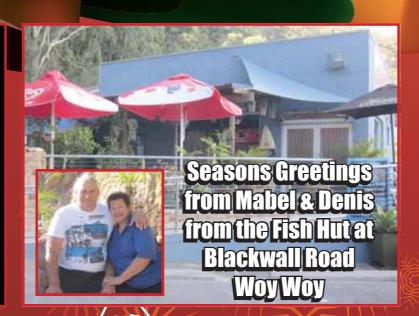
We also offer specialised music therapy which can be helpful for children with learning difficulties such as autism, aspbergers

Fees charged are based on family income.

Ettalong Baptist Church, 8 Barrenjoey Rd Ettalong NSW 2257 ph. 4343 1237



Do you love to DANCE? If yes, come give BWU BJP PHYSIE a go!



VALUATIONS &

FINE JEWELLERY

Love GIVING 2013

This Christmas, our shop is full to the brim with all

the latest gift ideas to fill your Christmas stockings.

We invite you in-store to let us help you choose the

perfect Christmas gifts.

CATALOGUE OUT NOW! 314 West Street Umina | 4341 2223 | OPEN 7 DAYS

Umina Beach Plumbing. Phone: 4344 3611

"WISHING YOU A VERY **MERRY CHRISTMAS"** 

Servicing the

Peninsula since 1980

Mob: 0402 682 812



Peninsula News

Dashing through the snow, in a one-horse open sleigh Through the fields we go, laughing all the way. Bells on bob-tail ring, making spirits bright What fun it is to ride and sing a sleighing song tonight.

Jingle bells, jingle bells, jingle all the way, Oh what fun it is to ride in a one-horse open sleigh, Jingle bells, jingle bells jingle all the way, Oh what fun it is to ride in a one-horse open

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Words and Music by J. Pierpont (Public Domain)

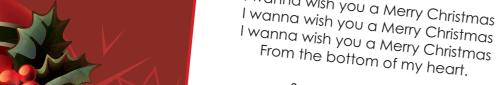
(Sing once as Santa arrives. Welcome Santa, then as he and his helpers hand out Iollies sing it a couple more times.)

#### THE TWIG AT TERRIGAL



Discover a unique selection bath tulips, bath creamers and

and nautically fruity shower butters and gels. themed homewares, Holiday The Twig is full of perfect ideas brand clothing, jewellery, for a delightful evening in quality candles from Ecoya, or lovely gifts to take home! Tel: (02) 4385 5402 Shop Elume and Paddywax. There is triple milled superbly 3/18 Church St, Terrigal E: packaged soaps from London, twigaterrigal@iinet.net.au fun and luxurious bath bombs, www.ezigifts.com.au



Spanish (Traditional)

# Ciers The Gerelli Cingels Stag

"Glory to the new born King. Peace on earth and mercy mild, God and sinners reconciled". Joyful all ye nations rise. Join the triumph of the skies. With angelic host proclaim, Christ is born in Bethlehem. Hark the Herald angels sing "Glory to the New Born King".

Hail the heaven born Prince of Peace! Hail the Son of Righteousness! Light and life to all He brings, Risen with healing in His wings. Mild He lays His glory by, Born that man no more may die. Born to raise the sons of earth, Born to give them second birth. Hark the Herald angels sing Hark the Herala anyers sing".

Feliz Novided

Wenny Christing

Feliz Navidad, Feliz Navidad, Feliz Navidad

Prospero año y felicidad.

Feliz Navidad, Feliz Navidad, Feliz Navidad

Prospero año y felicidad.

l wanna wish you a Merry Christmas

Words by C. Wesley; Music by Felix Mendelssohn (Public Domain)

# Resputed escap

Rudolf the red-nose reindeer (reindeer) Had a very shiny nose (like a light bulb) And if you ever saw it (saw it) You would even say it glows (like a light bulb)

All of the other reindeer (reindeer) Used to laugh and call him names (like Pinocchio)

They wouldn't let poor Rudolf (Rudolf) Join in any reindeer games (like Monopoly)

Then one foggy Christmas eve Santa came to say (Ho, Ho, Ho) Rudolf with your nose so bright Won't you guide my sleigh tonight

Then all the other reindeer (reindeer) Cheered and shouted out with glee (yippee) Rudolf the red-nose reindeer (reindeer) You'll go down in history (page 133)

Marks (Warner Chappell)

## Deels The Kells

Deck the halls with boughs of holly, Fa la la la la, la la la la. Tis the season to be jolly, Fa la la la la, la la la la. Don we now our gay apparel, Fa la la, la la la, la la la. Troll the ancient Yule tide carol, Fa la la la la, la la la la.

> Fast away the old year passes, Fa la la la la, la la la la. Hail the new, ye lads and lasses, Fa la la la la, la la la la. Sing we joyous, all together, Fa la la la la, la la la la. Heedless of the wind and weather, Fa la la la la, la la la la.

> > Welsh (Traditional)

### *smilesettalong* 4341 9722

4368 1551 1 Oberton Street Kincumber

mileskincu

They In a manger

"er, no crib for a bed,
"laid down
hright sky,
"\*\*

#### 7/382 Ocean View Road Ettalong

The cattle are lowing, the baby awakes,

But little Lord Jesus no crying he makes;

I love Thee Lord Jesus, Look down from the sky,

And stay by my cradle, till morning is nigh.

Be near me Lord Jesus, I ask Thee to stay,

Close by me forever, and love me, I pray;

Bless all the dear children in Thy tender care,

And take us to heaven, To live with Thee there.

#### **ALL ABOUT smiles** TW Aulsebrook & Associates

Specialising in all aspects of general dentistry, cosmetic dentistry & orthodontics

ESTABLISHED OVER 30 YEARS

#### **OPEN MON-FRI & SAT MORNINGS**

www.allaboutsmiles.com.au

## **Geoff Smith Automotive**

SERVICE

**56 Memorial Avenue Woy Woy** 



**Geoff Smith** P>4341 3700

E > gs.automotive@bigpond.com

 Rego Inspections • Log Book Servicing • All Automotive Repairs

YOU CAN RELY ON REPCO AUTHORISED SERVICE

## A wor atth ow Marry Christings

We wish you a Merry Christmas, We wish you a Merry Christmas, We wish you a Merry Christmas, And a Happy New Year. Good tidings we bring To you and your Kin, We wish you a Merry Christmas And a Happy New Year.

#### **OPTOMETRISTS**

Terry Izzard BOptom GradCertOcTher Greg Izzard BOptom GradCertOcTher

0 OPTOMETRISTS

PENINSULA EYECARE

P **4341 2083** | F 4344 2539 23 Charlton Street Woy Woy 316 West Street Umina P **4342 1088** | F 4344 2539

Peninsula News

## **Ettalong Podiatry**

• Kids Assessments General Footcare

Orthotics

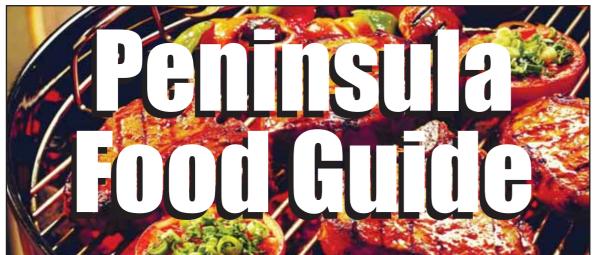
After hours appointments available on request,

Ettalong Beach NSW 2257 www.ettalongpodiatry.com.au



2/19-21 Broken Bay Road





## Singapore Zing Café Organic Coffee

Best Laksa on the Coast

BREAKFAST DEAL
Bacon & Egg Roll + Coffee

\$8.50

LUNCH DEAL
Burger, Chips & Can of Drink
\$9.90

OPEN TUESDAY TO SUNDAY 8AM - 3PM 315 Trafalgar Avenue - **Unina** 

4344 1161

## J&B MEATS

## Order NOW for Christmas

1st Prize Easter Show Leg Ham \$9.99/kg Cut to your size

CHECK OUT OUR DAILY SPECIALS All your leg pork and rolled pork joints cut to size



SEASONS GREETINGS TO ALL



All meat cut to your requirements 4341 1861

Right in the middle of Umina 294 West St, Umina Beach Sunday & Saturday open till 1pm Monday to Friday open till 5.30pm



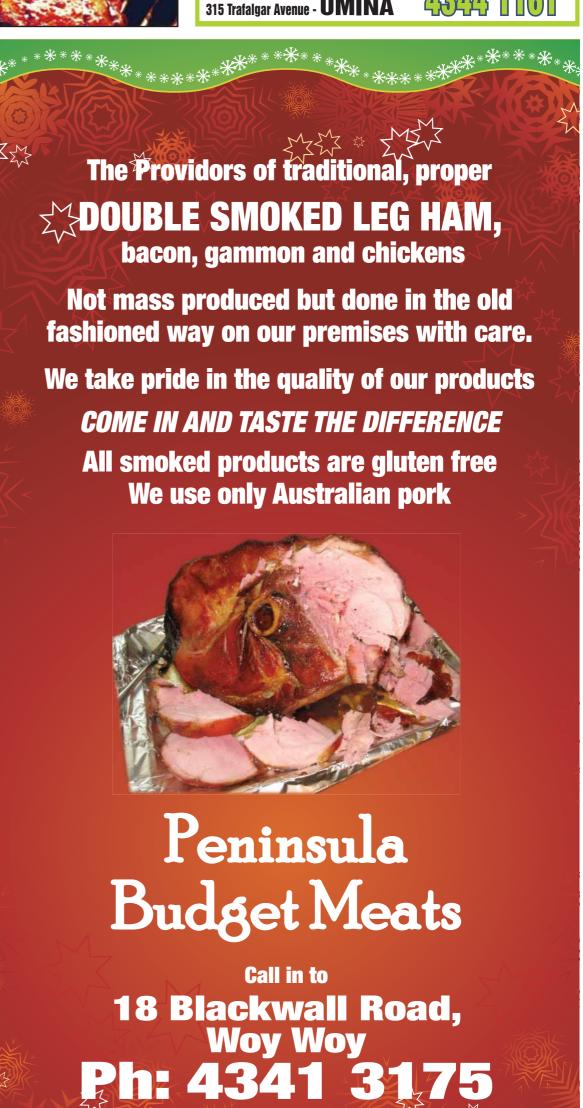


Order your old style Hams, Turkeys, Ducks, Chickens, Pork and Pork Rolls today for your festive season!

Peter Hutton & Son Family Butchers

3/46 Picnic Parade | Ettalong Beach

4341 2293





## Donations needed for special Christmas lunch

Mary Mac's Place in Woy Woy is seeking community donations of Christmas food and party goods to bring their Christmas celebration together for those in need.

Mary Mac's Place provides support to homeless, transient and

socially disadvantaged men, women and children, with a fresh lunch served on week days.

Last year, 150 people attended the Christmas lunch as many of these people had no-one to spend Christmas with or the income to do something special.

Mary Mac's Place project officer

Ms Christine Burge said she would like the Christmas meal to stand out from the usual lunches.

"We are looking for donations to make the event stand out, so that it is a celebration," Ms Burge said.

Mary Mac's Place is specifically requesting donations of food or items usually associated with Christmas.

"Hams, barbeque chickens, salads, salad supplies, speciality sauces, puddings, Christmas cake and bon bons would be really appreciated and would make it a special celebration for those in need," Ms Burge said.

Small donations can be dropped off at Mary Mac's Place at 100

Blackwall Rd between 7am and 1pm up until Monday, December 16.

For perishable items or large donations, please contact Christine Burge on 0415 411 869 to organise delivery or pick-up.

Media release, 27 Nov 2013 Monica Wright, Mary Mac's Place



### HUNGRY? FOR SOMETHING DIFFERENT? WOY WOY ALL YOU CAN EAT BBQ & BUFFET RESTAURANT

Choose from a variety of foods on skewers on you own automated charcoal BBQ and a large range of chinese Buffet food.

More than 50 types of delicacies made from the very freshest vegetables & the highest quality meats, garnished with our own special sauces.

- \* BBQ Buffet available after 5pm \* Normal Chinese food lunch times
- \* Dine in & takeaway available during opening hours

**Opening Hours:** Dine in & takeaway

All you can eat BBQ & Buffet dinner

Tues Wed Thurs & Sun 5pm to 9pm Fri & Sat 5pm to 9.30pm Chinese food lunch

Tues to Sun 11.30am to 2.30pm

**CLOSED MONDAYS** 

**BOOKING HOTLINE 4344 6788** 

**Shop 1-5, 57 Victoria Road Woy Woy** (5min walk from Woy Woy Station, near Deepwater plaza)



19-21 Broken Bay Rd, Ettalong

(Behind Mantra Resort)





The Woy Woy Peninsula Branch of the Ulysses Club started about 18 months ago. The Ulysses club is the largest club of its kind in the southern hemisphere. It also has many branches in numerous countries around the world.

In Australia alone, memberships renewals now being issued are around 64.000.

The Club has a motto of "Growing Old Disgracefully" and is a social club for motorcycle riders and enthusiasts. The Ulysses club raises money for its preferred charity "Arthritis research". The Woy Woy Peninsula Branch (WWPB) has been very active since its beginning, raising funds for the local PCYC and other local charities including: "Arthritis research", the clubs preferred charity. Ulysses hold various BBQs around the local area, with their highly visible red BBQ trailer, and shiny motorbikes of all makes and models.

Members go for rides on the first & third Sunday of the month leaving from McDonalds Woy Woy at 9 am.

They also have a social meeting night on the third Friday of the month starting at 7.30pm at the Everglades Country Club Woy Woy.

For more information or membership enquiries call the Secretary, Phil on 0439 021 847 or Malcolm, Public relations 0423 731 723

## Marathon runner and bushfire survivor speaks to students

Marathon runner and bushfire survivor Turia Pitt spoke to primary students at Ettalong Public School on Monday, November 25.

Ms Pitt, a 23-year-old mining engineer, entered the Racing the Planet 100km ultra marathon on September 2, 2011, held in Western Australia's remote Kimberly region.

This journey, inspired by her passion for running and her determined and competitive spirit, turned into a battle for survival as she was engulfed by flames with nowhere to turn.

Turia suffered catastrophic burns to 65 per cent of her body and defied odds to survive.

Having survived the worst of it, another journey began, working out how to live this new life and conquer its hurdles.

Turia is now back running and is rebuilding her life and conquering fresh challenges.

This includes sharing her experiences in a book, Everything To Live For, written with Libby Harkness.

As much as any motivational talk deals with the speaker's story and what they have been through, it is also about the audience, each and every person sitting on a seat and their own story of struggle, courage, determination and travelling life's ups and downs.

"Just because you're a school kid, it doesn't mean that life hasn't thrown you a few curve balls and left you wondering what, why and how", said parent Ms Rowena Newton.

"Though young in years, so many children are also inspirational survivors

"The same goes for the parents and teachers who also heard Turia Pitt's inspiration story.

"Turia Pitt was at Ettalong Public School to talk to the kids, but I was also there among a group of parents who also sought a bit of inspiration and encouragement.

"Personally, I wanted to know how she gets through the hard times.

"She explained that when she has a bad day, she tells herself that tomorrow will be a good day.

"It was very simple advice but as I went through last week and seemed to run into quite a few people struggling with something fairly major, I found myself sharing her story and this piece of advice.

"I also used it myself.

"Tomorrow will be better and the funny thing was, it was true.

"Turia also shared the good luck

bad.

"She feels lucky that she had her accident in Australia which is the world leader in burns research.

"She was quite clear that if she had been anywhere else in the world, she would have died.

"Above all else, however, Turia stressed that her partner Michael has been her greatest strength and

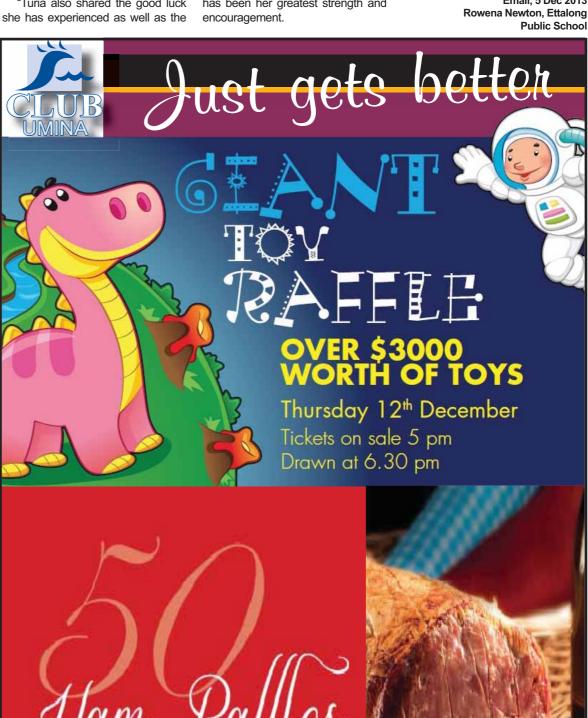
"He also attended the talk; an inspiration himself.

"It was very encouraging to see that life goes on after a personal tragedy and, that like Turia, we can all go on not just to survive but also to thrive and conquer fresh and exciting challenges," Ms Newton said.

Email, 5 Dec 2013

**UMINA** 









- 10 blocks of mushroom compost - Free delivery Peninsula - Gosford

+ a freshly picked bag of mushrooms.



Melbourne Avenue, Umina Beach Telephone: 4341 2618



## Champion magician to perform at Ettalong

Joel Howlett, full time magician, juggler and speaker, will perform two shows in Ettalong on Wednesday, January 8, at 10:30am and 4:30pm.

Mr Howlett, who performs all over Australia at both private and corporate events, said his love of performing began when he was six-years-old.

He has entertained audiences of all ages at live events, on TV and on stage at the Rivera Casino, Las Vegas as part of the Stars of Tomorrow Show.

Mr Howlett has received numerous awards in the entertainment industry including Champion-Magic Stage Excellence in Manipulation at the New Zealand Magic Convention, Stage and Close-up first place awards at the Adelaide Magic Convention, named Performer of the Year at the National Music and Arts Talent Search and Millenium Dreamers Award-Australian Representative at Disney World Florida

Mr Howlett will perform at Ettalong Beach Club for children aged between one and 12-years-old and costs \$3 for

club members' children and \$5 for non members' children.

Entry is free for parents and guardians.

Media release, 3 Dec 2013 Joy Allan, Ettalong **Beach Club** 



## Spike Milligan's family history on display, but in Erina not Woy Woy

Erina Library will play host to a new display photographs memorabilia looking at the lives of the Milligan family and their time at Woy Woy from the 1950s onwards.

The Milligan family immigrated to Australia, first settling in Sydney before calling Woy Woy

The display charts the lives of Leo, Flo, Desmond and Spike, and showcases rare items from their home.

It also features Spike's jazz cornet, signed books and Wild West memorabilia from Leo's study and many books and records donated by Goons' fans. Gosford Council's Library Services manager Mr Alan Flores said that the Milligan family history takes in wartime London and post-war Australia among many other things.

"This display provides insights into the entire Milligan family throughout their travels and it becomes apparent just how much a part of Spike's success they truly were," Mr Flores said.

"This display is a must see for Spike Milligan fans and provides further insight into the local history of our area."

The display is now available to view at the Erina Library until the end of February next year.

> Media release, 3 Dec 2013 **Gosford Council Media**



The Peninsula's Finest & Best Hair & Beauty Salon Pledge of Quality & Service - "If you are not delighted with your hair & beauty treatment, tell us within 7 days and we'll gladly re-do it FREE! No questions asked" Yes, you CAN look and feel amazing without it costing the earth!!

Are you looking for a new hairstylist to break you out of that boring cycle of going to the salon and coming out with the exact same style over and over again?

## **NEW YOU PACKAGE....**

- Your choice of ½ head of foils or semi / permanent colour or Balayage colour
- Toner if needed
- Intensive hair treatment
- Relaxing head massage
- Expert cut with a creative senior stylist
- Beautiful styled blowdry
- Rebook your next appointment before leaving the salon and receive the same offer on your 2nd visit

**ONLY \$140** (valued at over \$180)

Here's what Peninsula people are saying about Flicks:

The team at Flicks are always friendly and flexible, always able to fit me in during my lunch break and make me look and feel fantastic, the best hairdressers on the Coast by far!" Miranda (Consultant)

us on Facebook

Log in for weekly specials

Flicks Hair Design Ph: 4341 2818 201a Memorial Ave - Ettalong Beach

## HG Nelson to open art show fundraiser

## Lots to do at Hardys Bay

Hardys Bay RSL Club will lollies for the kids. host a number of events in the lead-up to Christmas and the New Year.

The club will hold a Children's Christmas Party from 12:30pm on Saturday, December 14.

There will be a sausage sizzle, Santa on the fire truck and free

From 7pm that evening, there will be live music from Luv Bucket.

Big Yellow Moon will take the stage from 7pm on Saturday, December 21.

A New Year's Eve party will also be held from 8pm on Tuesday, December 31.

Fancy dress is optional but encouraged and there will be a prize for the best dressed attendee.

There will be a free photo booth, live music from Big Yellow Moon and a buffet dinner will be available in the Bay Leaf Bistro.

Email, 2 Dec 2013 Hardy's Bay RSL Club

The fifth Annual Killcare Surf Life Saving Club Art Show Fundraiser will be held from December 27 to January 12 from 10am to 7pm.

Over 25 renowned artists will exhibit, including sculptors, photographers and Desert painters.

Visitors to the Art Show will also be able to purchase Killcare merchandise, including

swimmers, t-shirts and caps, tea-towels, books and cards and tickets for the Pleasure and Pamper and Killy Kids raffles.

Attendees on the opening night can look forward to a special guest appearance by legendary Australian comedian, HG Nelson.

Newsletter, 5 Dec 2013 Peta Colebatch, Wagstaffe to **Killcare Community Association** 

## **WHATEVER TEAM** YOU'RE BATTING FOR



AN ACTIVIST IS SOMEONE THAT IS NOT MOTIVATED BY MONEY, THE NEED FOR POWER OR FAME, BUT IN FACT IS DRIVEN BY A DESIRE TO ACT AGAINST INJUSTICE, CORRUPTION OF THE PROCESS AND UNFAIRNESS FOR THE BETTERMENT OF THEIR COMMUNITY.

Mr Ed James is such a person. Over the years, many have enjoyed his rants, seen his signs, have been enlightened by his information and have been inspired by his dedication TO THE COMMUNITY.

#### this we say thank you

- Thank you for helping the community get back the rehabilitation unit at Woy Woy.
- Thank you for raising concerns over the safety of local, state and federal roads.
- Thank you for your help in protecting our heritage and the hinterland's groundwater.
- Thank you for your help in fighting for a pure water supply in Gosford City, free from Fluoride.
- Thank you for alerting us to the processes of council.
- Thank you for bringing passion to politics and your special brand of activism to the Coast.

#### Thank you for standing up for your community.

Whilst many may or may not know his story and many have not seen eye to eye with Ed, he has been a true fighter for democracy, campaigning against corruptions, illegalities, unfairness and fiscal improprieties whether perceived or real. This is but a small list of ED's activities, as his discussions and activities on political life across the sphere of local, state and federal have been voluminous.

Thanks Edward for reminding us that Governments are elected to serve the best interests of the Community.

"Anyone who pays their rates and elects councillors has a right to demand their representatives exercise their duties honestly or be kicked out."

**Edward James 25th May 2009** 

"We the peoples will continue to shake the base"

## **USE PROTECTION!**

**EVERY HOUR OF EVERY DAY** SOMEONE IN NSW CATCHES A SEXUALLY TRANSMITTED INFECTION!

**GET TESTED, PLAY SAFE & STAY WELL.** SEE YOUR GP OR LOCAL SEXUAL HEALTH CLINIC.

> **HOLDEN ST. SEXUAL HEALTH CLINIC 4320 2114** Free & Confidential.

#### **Animal Care**

**Animal Welfare League** Aid to sick or injured animals & subsidises dog desexing. Meet 2nd Tues, Spike Milligan Room, Woy Woy Library, 10am.

Debra 4344 4435 awlcentralcoast@ optusnet.com.au

#### **RSPCA**

Assist with desexing for cats, dogs & small animals. Veronica 0407 295 655

#### Art

#### **Ettalong Beach Art & Crafts Centre**

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Mon - Sat 10am - 3pm 4341 8344 info@ebacc.com.au

#### **Central Coast Art Society**

Weekly paint-outs Tues 4369 5860. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed for demonstrations publicity@ artcentralcoast.asn.au 4325 1420

#### **Point Clare Art & Craft**

Wed - Adult Art Class Wed & Fri - Adult Crafts Bunka Embroid, Cards, Crotchet, Cross Stitch \$3 Point Clare Community Hall 10am - 12noon 4325 5007

#### **Hospital Art Australia**

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 4341 9920

#### Bushwalking

#### **National Parks Association Central Coast**

Twice weekly bush walks on the Central Coast and further afield, varying distances and grades of difficulty. Explore, enjoy scenery, fauna, floral, history. Keep fit and make friends 4389 4423 & 4332 7378

#### Community Centres **Peninsula Community**

#### Centre Cnr Ocean Beach Rd & McMasters Rd Woy Woy

Activities, programs and support groups for children, teens, adults and seniors including occasional care, playgroups, dance classes, karate, fitness classes.

youth services, gambling solutions, internet kiosk and social groups. www.coastcommunityconnections com.au 4341 9333

#### **Ettalong 50+ Leisure & Learning Centre**

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

#### Community Groups

#### **AACC Computer Club**

www.aacc.asn.au Computing problems Program demos + Q&A sessions - Monthly meetings Feb to Nov 2nd Wed Windows 7-10pm Narara Valley H S Fountains Road

• 4th Thur Social + Windows

12.15 - 3.15pm East Gosford Progress Hall Cnr Webb Rd & Henry Parry Dve

#### Directory - Not for profit Community Organisations

4362 1918 - 4324 2740 secretary@aacc.asn.au

**ABC** "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers www.fabcnsw.org.au 4341 5170

#### **Bridge**

Tues 12.15pm Friendly game without pressure. **Duplicate Bridge Mon Thur** Fri Sat-12.15pm & Wed 9.15am and 6.45pm Brisbane Water Bridge Club Peninsula Community Centre 93 McMasters Rd.Woy Woy www.brisbane-water.bridge-club.org

#### **Cash Housie**

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

#### **Central Coast Handweavers, Spinners** and Textile Arts Guild

Spinning, weaving, patchwork, quilting, felting & other fibre & fabric crafts Workshops & community quilting bees - Day & night groups - 4325 4743 www.centralcoasthsguild org.au

#### **Central Coast Family History Society Inc.**

Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. www.centralcoastfhs.org.au 4324 5164

#### **Central Coast Tenants' Advice and Advocacy** Service

Do you have issues with your landlord or real estate agent? Free telephone advice and advocacy for all tenants and residents in residential parks.

4353 5515

cctaas@hotmail.com

#### **Community Care Services - Central Coast**

For people with memory loss & their carers. Enjoy a relaxing coffee morning Rocky Point Café - Ettalong Beach Memorial Club 3rd Wed 4324 4244

#### **Central Coast Over 30s Social Group Inc**

We offer social contact, entertainment events & new friendships for people in their 30's, 40's, 50's & 60's etc. Our events range from; Live Music, House Parties, Restaurant Nights, BBQ's/Picnics, Trips Away & lots more. For a FREE calendar call Sharon on 0432 760 272 or

#### I AM LOST

email cco30s@live.com.au

Deep Conversations & systematic exercises for understanding my self & my place in life. - Gurdjieff Society - Ancient and modern knowledge. 6pm 2nd Thu 0425 296 783 www.gurdjieff.org.au

#### **Peninsula School for Seniors**

The Community Centre, McMasters Road, Woy Woy Discussions, Rumikin, Craft, History, Walkers, Coach trips Tues, Wed, Thur 4341 7785 4341 2142

#### **Peninsula Village** Playgroup

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Every Tues 10-11.30am Paula Newman - 4344 9199

#### **Probus Club of Umina**

Friendship, fellowship and fun -Advancing intellectual, cultural and social interests for active retirees 55yrs+ Non Political and Non Sectarian - 2nd Wed 10am, Everglades Club uminabeach@probusclubs. com.au

#### **Seniors Computer** Club Central Coast

Beginners classes for PC or Mac Mon or Tues. Classes Mon to Fri for most programs - see website. 10am - 12md or 1pm - 3pm Kincumber Neighbourhood Centre. Monthly Meetings with Guest Speaker at Kincumber Hotel 1st Mon 43692530

#### **The Krait Club**

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For senior members of community. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 2992

#### **Umina Beach Men's** Shed Inc.

Men share a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills Darrell 4341 2355

#### **Volunteering Central** Coast

Refers potential volunteers to community orgs. Support both volunteers and community orgs. Training for volunteers & their managers. 4329 7122 vrc@volunteeringcentralcoast.org.au

#### **Wagstaffe to Killcare** Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945 info@wagstaffetokillcare.org.au

#### **Disabled Services**

**Riding for the Disabled** Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers required. No Previous exp necessary -School hours only Mon to Sat 4340 0388

stateoffice@rdansw.org.au

#### **Environment Peninsula Environment** Group

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

#### Health Groups

#### **Alcoholics Anonymous**

If you want to drink, that's your business. If you want to stop, that's our business. Every Sat - Progress Hall Ronald Ave, Wyoming 8pm 4323 3890

#### **Arthritis NSW**

3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy 4341 5881

#### **Gambling Solutions**

Gambling help counsellors providing free confidential

professional service to gamblers, family and friends Available Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW - Free Weekly 12 Step Mental Health Self Help Group Helping thousands to recover from mental health challenges for more than 55 years to find a GROW group near you call 1800 558 268 or visit www.grow.net.au **GROW Groups meet** weekly all year round

#### **Meals on Wheels**

Delivered meals and flexible food options for people with a functional disability 4382 9401

#### **Mary Mac's Place**

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals 4341 0584

marymacs@woywoycatholic.org.au

#### **Overeaters Anonymous (OA)**

12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm www.oa.org - 0412 756 446

#### **Pink Butterfly Breast Cancer Support Group -**First Sunday 10.00am -12.00

Shop 71 Schnapper Road **Ettalong Markets** 0428 712 251

#### Peninsula Village

**Wellness Centre** Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

#### **Peninsula Village Meals**

Delivered daily to your door Nutritious, great for the elderly 4344 9199

#### Peninsula Village **Carer's Support Group**

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

#### Peninsula Women's **Health Centre**

Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; 4342 5905 Wed & Thur 9.30am-3pm 20a McMasters Rd, Woy Woy www.ccwhc.com.au

#### **Prostate Cancer Support Group** (Gosford)

Meet last Friday Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600 www.pcfa.org.au

#### **Wellness Group**

A small group of people with a serious illness to share and support unfolding journeys Free at The Clearing, 2/31 Chambers Place Woy Woy 2nd Mon 9:30am 4341 0464 lizmacnamara@bigpond.com

#### **Woy Woy Public Hospital Alliance**

To restore medical services previously available & upgrade to a standard that meets with local needs. 2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy 4344 4811

#### **Woy Woy Stroke Recovery Club**

Peninsula Community Centre

2nd Tues 11.30am Company, up-to-date info, hydrotherapy, bus trips 4341 7177

#### Marine

#### **Central Coast Rescue Unit**

Marine Education Courses Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.

4325 7929 www.vmrcc.org.au Music

#### **Gosford Musical**

**Society Minstrels** Entertain at various venues on the Coast seeking new members Thur Night Laycock St North Gosford 4341 4210

#### **Soundwaves**

Men's acapella 4 part harmony chorus - all ages 7pm Mon Central Coast Leagues Club Ray 0405 030 945 randtbale@bigpond.com

#### **Troubadour Central** Coast Inc

Folk, Traditional & Acoustic Music and Spoken Word Inc Ukulele meets, Concerts and Sessions 4th Sat 7pm CWA Hall Woy Woy 4341 4060 mail.info@troubadour.org.au

#### **Political Group**

**Australian Labor Party** Umina Ettalong Branch Political discussions, national, state and local government issues 2nd Mon Ūmina Beach Bowling Club 7.30 4342 3676

#### **Central Coast Greens**

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & gettingGreens elected 3rd Thur, centralcoast.nsw.greens.org.au

#### centralcoastgreens@gmail.com Service Groups

**Lions Club of Woy Woy** 1st and 3rd Mon at Everglades Country Club 4326 1996 Make new friends and have fun while serving your community.

#### **Northern Settlement Services**

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Every Thur Peninsula Community Centre 93 McMasters Rd Woy Woy - 4334 3877

#### **Rotary Club of** Kariong/Somersby

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529 kersuebay@philliphouse. com.au

#### Rotary Club of Umina

International service organisation of business leaders improving lives of youth & those in need. Weds. **Everglades Country Club** curleys@ozemail.com.au 0409 245 861

#### **Rotary Club of Woy Woy**

International service club improve lives of communities in Aust. & o/seas. Tues 6pm Everglades Country Club. Don Tee 0428 438 535

#### special Interest

#### **Central Coast Potters Society**

Dedicated to increasing the ceramics knowlede, experience and skills of members and the general public.

Running classes, workshops. demonstrations, exhibitions and social events - Annual exhibitions in May and December - Open Day in Sept info@ccpotters.org 4324 5343

#### Sport

#### Woy Woy Judo Club

Classes for adults, juniors & seniors. Tues & Fri Ettalong 50+ Leisure and Learning Centre 0434 000 170 www.wwjc.org.au

#### **Travel**

#### **Friendship Force Central Coast**

Travel in small groups and stay with friends in 370 clubs around the world & host small groups. 4399 3625 www.friendshipforcecentralcoast.

#### Veterans

#### National Malaya Borneo **Veterans Association**

1st Sat (except Jan) 2pm Ettalong Beach War Memorial Club, 51-52 The Esplanade. 4342 1107

#### Vietnam Veterans', Peacekeepers' and Peacemakers'

Assist all Veterans & families with pension & welfare Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong centralcoastveterans@ bigpond.com.

#### **Woy Woy Ettalong** Hardy's Bay RSL

Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

#### Vomen's Groups

#### **Country Women's Association Woy Woy**

Opposite Fisherman's Wharf Friendship Mornings 1st and 2nd Wed 10am Meetings 4th Wed 10.30am 4324 2621

#### **Country Women's Association Umina**

Craft and Friendship: · Mon 6pm; Wed 9am; 1st Sun 12.30pm • Branch meeting: 1st Wed 10am CWA Hall, Cnr West and Sydney St, Umina 4341.5404

#### The Endeavour View Club, Woy Woy

Lunch 1st Mon Everglades Country Club 10.30am. Friendship days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong 10.30am 4342 2283

#### **Gosford RSL Women's Auxiliary**

For women over 18 years. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm 4323 7336

#### **Inner Wheel club of Gosford North**

nen making a difference with friendship, personal service and international understanding. Social activities combined with fund raising 2nd Wed 7pm Phillip House Kariong 4324 7176 gosfordnorthiw@live.com.au

#### **Wowgirls Waves** Of Wisdom Inc

Wowgirls Waves of Wisdom connects women and local businesses around a common theme of wellbeing, to share wisdom and explore lifes potential.

Regular Powwows, WOW Wisdom gatherings, WOW days and WOW courses check our website for activities. www.wowgirls.com.au info@wowgirls.com.au



Ron Meaney and Peter Wheatley

#### **ETTALONG BEACH ARTS & CRAFT CENTRE Inc.**



Peninsula News

### WANTED

Experienced Folk Art tutor to join this friendly team with a passion for arts and crafts.

Classes commencing in 2014 will be held on Tuesday mornings 10am to 12noon at Kitchener Park Ettalong.

If this is the very thing you have been waiting for, please call

Thel Brown on: 43418344 for more information

## Market Day & Car Boot Sale

Green Point Baptist Church invites you to a Market Day and Car Boot Sale

to be held in the Green Point Baptist Church carpark, along Avoca Drive in Green Point

#### Saturday 21 December 9am to 2pm

Come and enjoy a morning out and you may even find yourself a bargain. There will be fresh produce, tea, coffee and cold drinks available as well as a BBQ sausage sizzle. If you would like more information please contact

Sponsored by

Peninsula Community Access News

Here every 3rd Saturday Tel: 4322 0284

## The Peninsula Diary of Events

For events in post code areas 2256 and 2257

#### **Monday December 9**

Australian Red Cross Mobile Blood Service, Woy Woy Hospital, 10am-3:30pm

#### **Tuesday December 10**

Australian Red Cross Mobile Blood Service, Woy Woy Hospital, 10am-3:30pm

#### Wednesday December 11

Central Coast Guides Dogs Volunteer Support Group stall, Deepwater Plaza, Woy Woy, 9am-

#### **Saturday December 14**

Christmas Carols and Carnival, Brisbane Water Secondary College Woy Woy Campus, 6pm Christmas party for kids, Hardys

Bay RSL, 1:30pm

Christmas drinks with live music from Luv Bucket, Hardys Bay RSL,

#### Wednesday December 18

Bays Community Group annual meeting, Woy Woy Bay Community Hall, 7:30pm

#### **Thursday December 19**

Frantastics choir concert, Easts Club Woy Woy, 1:15pm

#### **Saturday December 21**

Big Yellow Moon Band Gig, Hardys Bay RSL, 7pm-10pm

#### **Sunday December 22**

Christmas Carols, Hardys Bay RSL, 7:30pm-9:30pm Lessons and Carols service,

Hardys Bay Community Church, 9:30am

Christmas Barbecue Carols, Hardys Bay Community Church, 6:30pm

#### Wednesday December 25

Peninsula Evangelical Church Christmas Day Service, 9am Christmas Day Family Service,

Hardys Bay Community Church,

#### Friday December 27

Annual Killcare Surf Life Saving Club Art Sow Fundraiser opening night, 6pm-8pm, Killcare Surf Club

#### **Tuesday December 31**

New Years' Eve Party, Hardys

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

## **Future Champions** Pairs held

Brisbane Water Bridge Club held a Future **Champions Pairs event for** the first time on Tuesday, November 19.

The competition was a first for many of the 13 pairs with eligibility being less than 5MPs.

Winners were Peter Wheatley and Ron Meaney on 62.60 per cent, followed by Janette Norrie

and Tracey Dillon in second place on 62.40 per cent and Jennifer Dempsey and Fiona Atkinson in third place on 55.10

> Email, 26 Nov 2013 Jenny Buckley, Brisbane Water Bridge Club **Photo: Barry Foster**

## **Peninsula directory** of services, contacts and support groups

## Ambulance, Police, Fire 000

#### **Emergency**

Police Assistance Line 131 444 **Crime Stoppers** 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929 SES - Storm and Flood

Ambulance, Police, Fire 000

#### Aboriginal & Torres Strait **Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4352 1153 Drug & Alcohol rehab 4388 6360

#### Accommodation

Emergency 132 500

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4324 7239 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth **Services** 4351 1922 Youth Angle • Woy Woy 4341 8830

Woy Woy Youth Cottage 4341 9027

#### **Animal Rescue**

Wildlife Arc 4325 0666 Wires 8977 3333

#### **Community Centres**

Peninsula Community Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484

#### **Counselling**

Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

#### Family and Relationships

Centacare Gosford 4324 6403 Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111 **Uniting Care Burnside** 

Gosford 1800 067 967

#### Health

Poisons Information 131 126 **Ambulance Text Mobile 106 Ambulance GSM** 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114 After Hours GP Help Line 1800 022 222

#### **Legal & Financial Help**

**Financial Counselling Service** 4334 2304 Tenants' Advice and Advocacy **Service** 4353 5515 Woy Woy Court 4344 0111

#### Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

#### Problems.

#### **Habits & Addiction**

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524

#### **Transport**

Taxi 131 008 **Busways** 4368 2277 **City Rail** 131 500

#### **Welfare Services**

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 **Department of Community Services** 

Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency Relief 4393 2450 St Vincent De Paul Society **HELPLINE** 4323 6081

#### Cassiieas

#### Classified **ADVERTISEMENTS**

cost only \$30 plus GST for 5 cms, and will be working for you in your local community for

#### TWO WEEKS

Phone: 4325 7369 4321 0940 Fax:

E-mail: manager@duckscrossing.org or Download a form from www.duckscrossing.org

Ad a logo or photo only \$6 +GST Ad full colour only \$6 + GST

#### Accounting



- · Accounting & Bookkeeping Registered BAS & Tax Agents
- **SME Specialists**
- Over 20 years experience **MYOB Professional Partner**

02 4344 3717

2/94 Blackwall Rd info@mycpartners.com.au

#### **Adult Services**

#### Secrets at Gosford

Now Open International Ladies New Management Special Rates Escorts Available 29 Wollong Street Gosford

4322 2030 0405 823 066

#### **Antennas**

A Better Picture **Antenna & Digital** Installations & Tuning New home specialist Credit cards OK

#### **HAYWARD VIDEO**

All areas Gosford 4323 6367 Woy Woy 4344 4414 Warnervale 1800 244 456 0412 685 555

#### **Bathrooms**

#### Absolute Style Supplies =

Bathroom showroom open to the public offering 'supply and/or install of tiles, bathroom products and flooring' at trade prices **Designer Homewares** 

We help you turn your home into your oasis

5/14 Paton St, Woy Woy absolutealltrades.vpweb.com.au

0410 270 641 0498 056 819

#### Blinds

### **NEED BLINDS IN A HURRY?**

**Express 1 week** 

Proud Local Manufacturer @ West Gosford

PH: 4324 8800

**PREMIER** www.premiershades.com.au

#### **ABACA BLINDS** & SHUTTERS **Woy Woy Free Quotes** 4342 4144 0418 640 336

#### **Bore Water**

#### **Bores and Spears**

Install high quality pumps and maintenance free spears,

existing systems reconditioned,

all work quaranteed.

Ph: Warren Greenway

Ph: 4341 7736 Mob: 0408 225 390

#### **Builder**

#### Carpentry - Building

over 30 years experience Local know how working with pride and honesty Paul Skinner

0432 216 020 or 4339 2317

#### **Building Design**

#### NEED **PLANS FOR COUNCIL?**

3D concepts, drawings, BASIX New homes, additions and alterations No job too small Expert advice

**Call today** 

1300 698 /5/ **FREE QUOTES** 

www.treicis.com.au

#### Carpentry

#### Carpenter

(Semi Retired) Lic 1355c - Fully Insured For all your home maintenance

repairs and small jobs contact Max Hull for a friendly reliable service

4342 5893 - 0413 485 286 All quotes obligation free

#### Dance

#### CENTRAL COAST BUSH DANCE & Music Association

Experience Folk Music at its best at **East Gosford** Progress Hall @ 7.30pm **Henry Parry Drive** DECEMBER 14

#### **Christmas Contra Dance with Pastrami**

#### on Ryebuck

Admission \$18 incl. supper Folk Fed Affiliates & Pensioners \$15, Students 13 to 18 \$8 www.ccbdma.org
for more information

Eng: 4344 6484

Doors

Interior, Exterior

and Security Doors

Bi-Fold, French & Wardrobe

Stainless Steel Security Door &

Window Systems, Security Grilles,

Fly Screen Doors and Fly Screens,

Dog & Cat Doors

ALL MAINTENANCE

**AND REPAIRS** 

Unit 1/14 Alma Avenue Woy Woy

9am to 5pm Monday to Friday

4339 2424

0402 186 546

**Free Quotes** 

Police Masters Lic No. 409982903 Security Lic No. 2E409965334

Carpentry Joinery Lic No. 108056c

classified

advertisements

start from only \$30 + gst

#### **Electricians**

#### **BKW Electrical Services**

Lic No:248126C Lights - Fans -Power - Reno's Switchboards -Security lights No job too small Call Ben on

0404 093 299

#### **Entertainment**

#### The Troubadour Acoustic **Music Club**

meets at the CWA Hall, Woy Woy Floor Spots available

#### December 21

Christmas Party & Themed Concert Sun, Surf, Sand 7PM

Tickets \$12 Concession \$10 Members \$8 Tickets available

at the door. 4341 4060

#### **Fencing**

#### **Craig Lack** Fencing

All colorbond, lattice, pool and garden fencing. All gates No job too small We will beat any written quote Operating on the Coast for 10 years Fully licenced and insured "We work with the customer" Call Craig 24/7 for all your fencing needs on

0405 620 888 or 4344 1363

#### **Gardening**

#### **WFFD WXRRIOR**

All Coast Weed Removal Commercial And Residential

 Carparks •Driveways Paths

'First Impressions Count'

**Greg Burch** 0402 830 770

Trade Qualified And Fully Insured

'On Time Every Time'

#### Gardening

#### A Reliable Service.

All aspects of Lawn & Garden Maintenance

**Johno Watts** 0466 267 311

#### Handyman



Tree Trimming Lawn & Garden General Carpentry Painting Paving Furniture/Shed

Fully insured - Discounts for seniors Call Justin on: 0414 382 212 - 0413 587 701

ABN: 87179898230

#### Contact the House Doctors

For your professional Handyman Service Rendering Repairs Plastering Repairs Painting & Decorating Roof Repairs **Partition Walls** Carpentry Repairs - Locks

The List goes on, you name it, we will fix it! 0401880406

#### **Hot Water**

#### **HOT WATER HELP?**

Service, repair or replace your hot water system & general plumbing

4341 8863 Don't be left out in the cold!

#### **Mobile Mechanic**

D.T. Central Coast Mobile Mechanic

\*All mechanical repairs & servicing \*Rego inspections -All makes & models \*Very reasonable rates

\*Pensioner discounts Tim Howell Lic.No. 44 033038 4341 2897 or 0418 603 667

 STRATA Fully Insured

**Painting** 

15yrs experience in decorating Services coastwide Prompt - Free consulting and Quotes

#### **All Interior** & Exterior Paint work

Senior's rates start at

#### **S25 Per hr**

Dulux Accredited

Quality guaranteed Dulux paints

### **CALL JONATHAN**



#### **Pets**



Dog Grooming All Breeds Clipped and Styled Council Approved Located at Umina Beach For Info Phone Vickie on 0400996110

#### **Photography**

#### **IMAGE** is **EVERYTHING**

corprorate/web site/ sporting/retail/modelling the window to your world is your portrait Give me your face and I will Give you the image Use a photographer that cares how the end product

looks But manages to keep your bank account looking good Call ValsPix 0418 600 436

#### **Painting**

## **SHANE FOREST**

 DOMESTIC COMMERCIAL

<u>0418 477 891</u>

Your

classified advertisement

here from only \$30+gst

4325 7369

#### Classifieds

## Forty five blood donors needed

The Australian Red service Cross Mobile Blood 1:30pm Service will Woy Woy Hospital on Monday, December Tuesday, and December 10.

The service will run donate blood. from 10am until 3:30pm on donors required.

On the Tuesday, the

will run from until 7:30pm visit and 15 more donors are needed for this session.

While one in three Australians will need blood sometime in their lifetime, only one in 30 people

Donated blood helps the Monday, with 30 more cancer patients, people blood disorders, with mothers-to-be newborn babies.

It also assists trauma and surgical patients.

Removals

Deliveries & Removals, Local

Sydney, Newcastle & Country.

Competitive rates. 02 4342 1479

0411 049 559

Single items or a house full.

Email, 29 Nov 2013 **Australian Red Cross Mobile Blood Service** 



# The First Fleet musical

Umina Public School 25 5 Year participated in The First Fleet musical throughout the week of November

**Tuition - Music** 

and brilliantly", according to visitors during the two evening principal Ms Lyn Davis.

"Many staff supported the children in learning their lines, singing the songs, acting their roles and costuming.

"It was fabulous to see the children enjoying themselves up there on the stage," said Ms Davis.

The students put on four performances which entertained Umina Public School students during the matinee shows and

TV Repair

## Hawkins Ū.V. Service

TV and Audio Repairs Antenna Sales & Install

23 Wallaby Street, BLACKWALL

4341 7332

# performed at Umina

students

www.ukecentral.info ccukecentral@gmail.com

> TOM FLOOD Harmonica Tuition -

all popular styles

4324 2801 tomflood@hotmail.com

Springfield One on One

\$25 half hr \$40hr

"performed entertained parents and

Newsletter, 3 Dec 2013 Lyn Davis, Umina **Public School** 

#### Wanted to buy

Cash paid for good quality swords & knives. War & movie memorabilia also shop display For large collections home visit available



**Smoking dragon** shop 12 Ebbtide Mall

155 The Entrance Rd The Entrance

4333 8555

#### Plumbing

### Jmina Beach Plumbing

All aspects of plumbing: Drainage and Gasfitting, Domestic and Maintenance Works Installation of rainwater tanks 4344 3611 0402 682 812

### **PHEGANS BAY PLUMBING**

A GOOD PLUMBER

AT A GOOD PRICE

0415 498 319

#### **Public Notices**

#### **Car Boot Sale Woy Woy Peninsula Lions Club**

December 15, 9am to 1pm Great variety of stalls BBQ, Tea & Coffee. Vendors Welcome · \$15 per car

#### **Now at Dunban Road Car Park**

NB stall sites not open until 6.30am Cnr. Ocean Beach Road Woy Woy Always Last Sunday More Details... Enq: 0439 514 723

#### **Positions Vacant**

#### **Adult Work Opportunities** \$Call Today\$ **Get Paid Today!**

Ladies 1 or 2 shifts can earn you a full weeks wages Training, Accommodation & Transport Assistance

available Gosford 0405 823 066

#### Services

#### **MOBILE HAIRDRESSING**

Flexible Hours

Competitive Rates

Julie 0423 220 673

#### Tuition - Dance

#### **Gosford Scottish Country Dancers**

hold a regular class every Wednesday from 7 to 10 pm at the Church of Christ Hall, **Henry Parry Drive - Wyoming** 

It's an excellent for of excersice which brings men, women and young people together socially, learning new and old dances in a very friendly relaxed atmosphere

No experience or partner necessary All ages welcome Cost \$5.00 per week

**Contact Janice on** 4388 2253

### The Shame

**Ducks Crossing Publications** has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Affordable Roof Solutions • First Brad Sedgewick Ettalong
- Marilyn Clarke Formerly of Skippers Take Away Seafoods • Bob Murray of Vetob P/L
- Depp Studios Formerly of Umina
- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton Bruce Gilliard Roofing of
- Jamie's Lawn Mowing of Woy
- William McCorriston Complete **Bathroom Renovations**

- Premier Electrical Service of Umina Beach
- Sharon Martin Devine Image High Thai-d Restaurant of Umina Beach
  - trading as Browse About of Woy Woy
  - · Mal's Seafood & Charcoal Chicken of Ettalong Beach · Simon Jones - All external
  - cleaning and sealing services • Erroll Baker, former barber,
  - Ettalong · Marks Pump Service, Woy Woy
  - Tony Fitzpatrick, Trading as **Futuretek Roof Constructions**

#### Subscribe now and don't miss an edition

#### **Peninsula** Community Access

1 Year (25 editions) to Peninsula News \$50

## 1 Year (25 editions) to Gosford Central News \$50



1 Year (25 editions) to Wyong Regional Chronicle \$50



1 Year (25 editions) to Out&About/Central Coast Grandstand \$50

**Phone:** 4325 7369 - **Fax:** 4321 0940 120c Erina Street, Gosford To order online

#### www.duckscrossing.org/shop

Name:	
Ph:	
Email:	
Address:	
Credit Card Number:	
Exp: /	/

Please complete credit card details or send a cheque or money order payable to

**Ducks Crossing** Publications, PO Box 1056. Gosford NSW 2250

Sport





Lachlan Braddish being presented with the trophy as 2013 Under-12 Boys Champion

# Braddish and Henderson win junior ironpersons' events

The third and final round of the junior Ironman competition was held at Terrigal on Saturday, November 30.

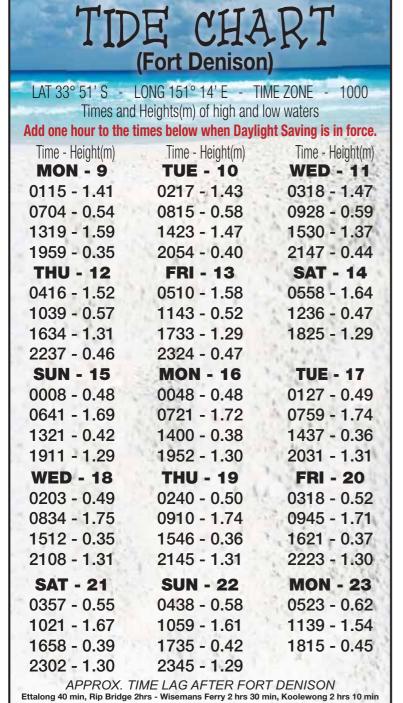
Umina had a large group of nippers compete throughout the series with some great results.

Lachlan Braddish won his age group, the under-12 boys, for the third year in a row and Mimi Henderson also won the under-13 girls age group with a close finish edging out three fast finishing contenders.

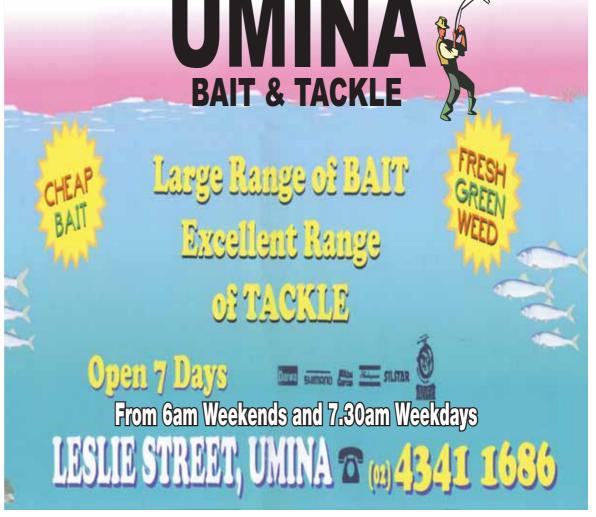
Kiara Jack was runner-up in the under-10 girls, Bethwyn

Caller placed sixth in the under-10 girls, Leilani Healey placed fifth in the under-12 girls and Harry Braddish placed fourth in the under-14 boys.

Email, 5 Oct 2013 Peter Talty, Umina Surf Life Saving Club



In view of the variations caused by local conditions and meteorological effects, these times are approximate and nust be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation Actual times of High and Low Water may occur before or after the times indicated



# Athletes, officials and volunteers recognised at awards night

Athletes. officials and volunteers from the Peninsula have been recognised for their achievements at this year's Central Coast **Sports** Federation Awards held on Saturday, November 16, at Mingara Recreation Club.

Ettalong's Aron Sheriff was named the runner-up 2GO Central Coast Sports Star of the Year.

Mr Sheriff represented Australia in bowls at the World Championships, where he won a gold medal.

He also won the Trans-Tasman series and was undefeated at the Commonwealth eight nations championships in Scotland.

Mr Sherriff represented NSW at the inter-state team competition which NSW won and last year was named the Bowls Australia International Bowler of the Year.

The NSW State Surf Life Saving Titles held at Umina/Ocean Beach was named the NBN Central Coast Sports Event of the Year.

The NSW State Surf Life Saving Club Titles were held at Umina and Ocean Beach over a two week period.

During the event, there were 9,000 competitors, 2,000 spectators and 500 volunteers present.

Umina Surf Life Saving Club and Peninsula Swans AFL were named finalists in the Goodgear Club/Association of the Year category.

Umina Surf Life Saving Club has 832 members and has recently achieved 10th place in the Australian Pool Rescue competition, 3rd place in Branch Titles and 4th place in NSW Pool Rescue.

The club has also hosted events such as the Newcastle Permanent Iron Person Event, Peters Boats Carnival and Central Coast Junior Branch Championships.

The Peninsula Swans AFL Club have a number of players who are in the Swans Academy and many who have been part of the Central Coast representative sides.

This year, the club fielded teams in all grades and is the largest AFL club on the Central Coast.

Woy Woy's Anthony McVicker was named a finalist for the Communities NSW Volunteer of the Year award.

Mr McVicker fulfils many volunteer roles in touch football and is a representative coach.

He referees in the local competition and has introduced a variety of initiatives to ease the workload of volunteers such as online registration and member databases.

Kay McVicker and Mark Wilson also received the Mooney Mooney Workers Club Outstanding Service to Central Coast Sport awards.

Ms McVicker was recognised for 25 years of service to junior rugby league on the Central Coast, with highlights including being president of Woy Woy Juniors from 1993 to 2004 and the current vice-president of the Central Coast Division of Junior Rugby League.

She is a life member of both Woy Woy Juniors and the Central Coast Division.

Mr Wilson was also acknowledged for 25 years of service to rugby league and touch football.

He was a founding member of the Peninsula Touch Association in 1979 and has fulfilled many roles such as coach, volunteer administrator and referee in this time.

He has further put in numerous volunteer hours in setting up and running seasonal competitions and he has been a volunteer in Woy Woy Rugby League as a coach and trainer.

Media release, 25 Nov 2013 Mardi Love, NSW Office of Communities, Sport and Recreation



Competitors at the NSW State Surf Life Saving Titles held at Umina Beach and Ocean Beach



Jarrad Hayes



Aron Sherriff







## Arena and McShane take out minor placings at **Beach Fest**

Ettalong's Scott Arena and Luke McShane have placed third and fourth respectively in the open bodyboard division of the Drom Beach

The Drom Beach Fest was held at Avoca and North Avoca beaches on the weekend of November 30 and December 1.

Bensville's Grea Arnold took out

the open bodyboard division, with Mitch Samways, of Newcastle, placing second.

Plans are already under way for the next Drom Beach Fest, with this year's inaugural event drawing competitors from all over NSW.

> Email. 4 Dec. 2013 Sheldon Kidd. Drom Beach Fest

## Satali to go for his second World Championship

Umina Beach PCYC's Satali **Tevi-Fuimaono returned from** the National Youth Boxing Championships in Brisbane last month with his fourth National Title and the right to contest the World Youth Championships in Sofia, Bulgaria, next April.

The win in Brisbane provides him with the chance to go back to back and win his second World Championship, a rare feat in boxing, according to Satali's coach Joel Keegan.

Satali's first bout in Brisbane was a semi against a South Australia boxer who was unable to contain the heavy barrage from the Umina heavy handed middleweight.

"Satali was able to land of a bout," said Keegan. many bruising jabs that lifted his opponent's head almost off his

shoulders at certain times," said Keegan.

The bout was stopped in the first round after Satali earned three clear eight counts, a total knockout.

"It may be the first time a bout has been stopped with only jabs being landed," said Keegan.

The final brought Satali face to face with Clay Waterman.

Waterman was the 2011 Junior World Champion in Astana, Kazakstan and had gone undefeated for seven years and over 70 bouts.

"With Waterman acknowledged as the best performed Amateur boxer in Australia for more than 10 years, and 18 months older than Satali, this was always going to be a tough assignment and a cracker

"It didn't disappoint anyone. "In a bout of great quality, the parochial Brisbane crowd had plenty to cheer as Waterman looked to take it to Satali, but he was consistently thwarted by the Umina boy's sound defence and heavy jab.

"Waterman, maybe the quickest boxer on the circuit for many years, threw everything at Satali, the former Woy Woy Rooster.

"Satali was able to counter effectively, clearly showing his agility and power at times, landing a few telling uppercuts at crucial stages.

"When the judges handed in their verdict it was a split points decision to Satali, with the attitude and conduct of both boys a great shot in the arm for the sport," said Keegan.

Email, 5 Dec 2013

## **Woy Woy Oval** redevelopment still has funding shortfall

Minister for Sport and Recreation Ms Gabrielle Upton joined Member for Gosford Mr Chris Holstein on Monday, December 2, to inspect the plans for the upgrade of the Woy Woy Oval master plan.

Gosford mayor Cr Lawrie McKinna and Gosford Council's general manager Mr Paul Anderson also updated Ms Upton on the funding of the redevelopment.

Mr Holstein advised Ms Upton Joel Keegan, Umina PCYC that federal and council funding was already in place to progress the redevelopment, but there was a shortfall that needed to be found.

"I will be fighting for further funding for the Woy Woy Oval, which will benefit not only the sporting community, but also the general community, with the upgraded facility able to host a wide range of events," Mr Holstein said.

> Media release, 2 Dec 2013 for Gosford

•••••••

BULK BILLING 4341 9911

Dr JP Caska

for information visit our new website @

www.theskincancercentre.com.au

7 Vidler Ave, Woy Woy

We are conveniently located next to Brisbane Waters Private Hospital







**Canadian** Show your 2014 Gosford RSL Members Badge at the main entrance at the following meetings for FREE ENTRY



**Christmas Party Picnic Raceday** 

Gates Open 11.00am - Saturday 14 December 2013

**Todayscountry94one Country Music Raceday - Twilight** 

Special Guest Performer - Melinda Schneider Gates open 1.00pm - Friday 27 December 2013

**Gosford City Council New Years Eve Raceday** 

Gates open 11.00am - Tuesday 31 December 2013

**Gosford Quarries Gosford Cup Twilight Meeting** 

**Special Guest - Johnny Ruffo** 

Gates open 1.00pm - Friday 10 January 2014

Go to www.gosfordracing.com.au for further details

Phone: 02 4325 0461 Twitter: @gossytrack







on sale until 31/12/13 or until sold out

4341 1488

\$1999 each BLACKMORES Nails Hair & Skin 120s<sup>†</sup> trave BLACKMORES \$3999 900 HWOS Probiotic BIOGLAN SOWHEY \$2899
BLACKMORES Lyprinol
Double Strength 30s<sup>†</sup> LYPRINOL DOU BLACKMORES BIOGLAN Probiotic \$1999 each **BLACKMORES**Macu-Vision Plus 60s<sup>†</sup> TRAVACALM Range BLACKMORES WOMEN'S \$1499 Swisse NEW 20% OFF **SWISSE** Women's & Men's Ultivite Tabs 60s<sup>†</sup> Swisse **BLACKMORES** Omega Daily 90s<sup>†</sup> \$**18**99 OMEGA BLACKMORES LULU AUSTRALIA Range \$1699 1000mg 30s<sup>†</sup> NATURE'S OWN Ultra Krill Oil \$1499 **BLACKMORES** Sleep Sound 30s<sup>†</sup> SLEEP SOUND FORMULA" BLACKMORES Nature's Own ULTRA KRILL OIL LULU 20% OFF







MEN'S



with the IBS Diet by visiting



Monday Sund rday - 8.30am - 12.30pm lay - 9.00am to 12.30pm to Friday - 8.30am - 5.30pm