Peninsula 1 ews Community Access

Edition 331 Phone 4325 7369 Fax 4321 0940 26 November 2013

Remembrance Day service cancelled without notice

Numbers of people arrived at Memorial Park, Woy Woy, for the traditional Remembrance Day service on November 11, only to find it cancelled.

The service was to be conducted by the Ettalong RSL at 11am and approximately 40 people, including Member for Gosford Mr Chris Holstein, gathered at the park for the

Among those in attendance were members of the Malaya and Borneo Veterans Association and returned World War II servicemen.

Mr Geoff Turner, a 91-year-old World War II veteran from Umina, said he was, and still is, very upset at what had occurred.

"My wife and I picked up two friends who are widows of veterans of World War II to go to the service at Woy Woy Memorial park," Mr Turner said.

"We arrived at 10:30am and there was no one around; no set up at all.

"Ready for the service, people started to gather, veterans and relatives of veterans wearing their medals, at about 10:45am.

be told it had been cancelled at 9am and put on Radio 2GO that to say it had been cancelled.

"There was no rain during this time and there was no one from the RSL at the park to let people know about it.'

Mr Turner said that the vice president of the Malaya and Borneo Veterans Association Brisbane Water branch instead decided to conduct a service.

"I decided to help out," Mr Turner

About 40 or 50 people remained in attendance and three wreathes were laid.

"I thank the people for staying for a brief ceremony," Mr Turner said.

Mr Turner said he spoke to the president of the Woy Woy Ettalong Hardy's Bay RSL sub-branch, who was responsible for cancelling the ceremony, the following day.

"He said there was no way he was going to have electric cables laid out in the rain," Mr Turner said.

"Okay, but why not use a loud megaphone?

"He said they didn't have one and

"Someone rang the RSL, only to that there was no way he was going to stand out in the rain and conduct

> "I said it was just as well he wasn't in charge of the services at Martin Place and Canberra as it was pouring down in Canberra.

"I mentioned that no one was at Woy Woy to say the service was cancelled.

"He said people were there until 10am.

"Not good enough.

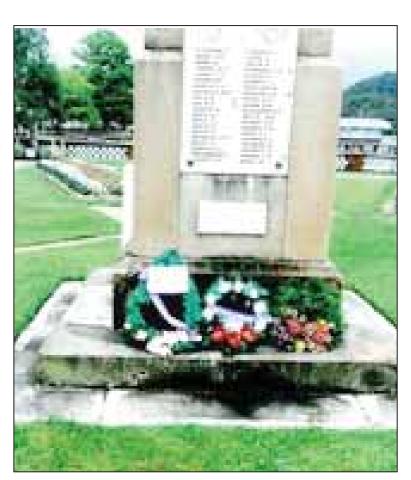
"By that time, I was very upset."

Ms Marie Lade was also part of the crowd gathered at Woy Woy Memorial Park and said she was disappointed with what had happened.

"I would like to point out there was not one drop of rain from when I got there at 10:30am and left at 11:15am." Ms Lade said.

"I'm sure the thanks of all that were there, go to those two gentlemen that filled in for all service people."

> Letter, 14 Nov 2013 **Geoff Turner, Umina** Email, 13 Nov 2013 Marie Lade, Umina





Lights planned for Ocean Beach Rd crossing

Pedestrian lights are being proposed to replace the current zebra crossing in Ocean Beach Rd, near Woy **Woy South Public School.**

Residents who frequent Ocean Beach Rd at Woy Woy are encouraged to have a say on a proposed upgrade to pedestrian safety at the existing marked crossing near Woy Woy South Public School.

Member for Gosford Mr Chris Holstein said Roads and Maritime Services was planning the upgrade to improve pedestrian safety along the busy road, particularly for school students.

"We are inviting comments from the community by December 6 to help finalise the proposal to install traffic lights to provide a higher level of safety at the pedestrian crossing," Mr Holstein said.

"The traffic lights will replace the existing marked pedestrian

crossing and the school crossing supervisor to provide a higher level of safety at the pedestrian

"Work proposed for the crossing also includes installing a concrete median along the centre of the road and carrying out minor adjustments to the entry of the Woy Woy South Public School's parking area.

"These improvements were identified through Roads and Maritime safety audits and consultation with stakeholders, including representatives of Woy Woy South Public School, following the decommissioning of the speed camera on Ocean Beach Rd.

"Roads and Maritime will consider feedback received by the community when finalising the proposed upgrade.

"The work is planned to be carried out in early 2014."

Media release, 20 Nov 2013 Office of Chris Holstein News

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

Editor: Mark Snell Commercial Operator:

Cec Bucello for Ducks Crossing Publications

Journalist: Lindsey Chu
Graphic Design: Justin Stanley

Sales: Val Bridge

<u>Declaration of interests</u>

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd Convenor, Burrawang Bushland Reserve Committee President, Australian Conservation Foundation Central Coast branch Chairman, Equilibrium Community Ecology Inc Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 332

Deadline: **December 5** Publication date: **December 9** Email: **editorial@duckscrossing.org** Ph: **4325 7369**

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA.

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

Ducks Crossing Publications is the commercial operator of Peninsula News

ISSN 1839-9029 - Print Post Approved - 100002922

Woy Woy Community Media Assoc Inc 2013 Membership Application

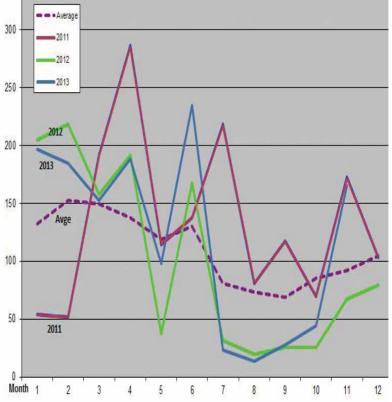
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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Rainfall is double average



The month of November has seen 165.4mm of rain fall on the Peninsula, which has ended a dry spell lasting almost six months which has ended a three-month dry spell.

This is close to double the average of 91.7mm for the month of November, according to figures provided by Mr Jim Morrison of Woy Woy.

The highest daily rainfall was 38.8mm and was recorded on Friday, November 16.

The cumulative total for rainfall this year stands at 1329.5mm which is above the average figure for this time of year of 1220.2mm.

Temperatures for the month of November have so far ranged from an overnight low of 10.5 degrees on November 6 to a high of 34 degrees on November 9, according to local weather website www. peninsulaweather.info.

The highest wind speed average of 28.1km/h was recorded on November 15.

Spreadsheet, 22 Nov 2013 Jim Morrison, Woy Woy www.peninsulaweather.info

Vour Chance to Win

Peninsula News and Vavoom are giving three readers the chance to win a set of two cushion covers valued at \$109 per set.

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To win one of the Vavoom prizes, write your name, address and phone number on the back of an envelope and send to Peninsula News Vavoom competition, PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, December 6.

The winners of last edition's Peninsula News and Battlefield Band competition are Marlene Donnelly of Umina (DVD), Muriel Cadman of Bensville (CD), Jacky Kelly of Umina (CD), C Turner of Ettalong, Michael Nagle of Ettalong and T Thomas of Ettalong (CD).

Lindsey Chu, 22 Nov 2013

Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes















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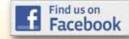


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Organisers estimate 20,000 attend festival



Participants in the oyster eating festival

Nearly 20,000 people turned out at the Ettalong foreshore area on Sunday, November 10, for the 13th Brisbane Water Oyster Festival, according to the organisers.

Peninsula Chamber of Commerce president Mr Matthew Wales said the Chamber never ceased to be amazed at the number of people who come to the Peninsula to experience the Oyster Festival.

"With nearly 20,000 visitors flooding into Ettalong, we are very grateful for the support that our sponsors provide and the backup from the local business community," Mr Wales said.

"This year's event was much more compact than previous events due to the foreshore works being undertaken by Gosford Council but this made for a busier and more robust festival.

"Of course, everyone was watching the weather but it held out for us, making conditions milder and less humid than previous years.

"We experienced a big jump in food and wine stalls with the wine growers having a big day in the new separate wine court area.

"The event clearly shows that good quality community-based festivals can attract and hold crowds.

"The entertainment component is crucial to the overall success.

"This year's entertainment was provided by the Jive Bombers and New Zealand band Akinga who both proved to be hugely popular.

"We of course had the famous How Many Oysters Can You Eat in 30 Seconds competition, which drew a big field of competitors.

"The winner consumed 20 oysters in 30 seconds flat.

"Oyster Alley was busy as were all the wonderful food outlets, with visitors taking advantage of the huge marquee provided for shelter.

"The other hugely popular visitors to the event were the NSW Police Service horses, who patrolled the area and excited all the young kids.

"The Chamber is looking forward to a bigger and better event next year once the Ettalong foreshore works are completed."

Media release, 11 Nov 2013 Matthew Wales, Peninsula Chamber of Commerce



Recycling monitored at festival

Members of the Central Coast Branch of the Australian Conversation Foundation and other supporters monitored the introduction of recycling at this year's Brisbane Water Oyster Festival.

The decision to introduce recycling to the festival came after the success of other public place recycling trials in the Peninsula area.

Mr Mark Ellis, who helped organise the monitoring, said that with more than 20,000 people in attendance the Oyster Festival provided a good test for recycling.

"With public place recycling at events becoming common place, the store holders and public

Members of the Central expect recycling facilities to be Coast Branch of the available," Mr Ellis said.

"And this year, they utilised the yellow recycling bins to full capacity."

Along with monitoring the recycling throughout the festival, branch members assisted Gosford Council staff in promoting recycling at the festival and across the Central Coast.

These activities have led residents across the Coast to recycle 39,909 tonnes, said Mr Ellis.

This saves over 108,000 cubic metres of landfill and reduces the impact of global warming by preventing 19,610 tonnes of greenhouse gases.

Media release, 21 Nov 2013 Mark Ellis, Woy Woy



Guests at the Vision for Patonga dinner

Patonga dinner raises \$35,000

The Patonga Beach Progress Association's Vision for Patonga community fundraising dinner saw over 250 guests turn out at Everglades Country Club on Saturday, November 16.

The evening saw world renowned neurosurgeon Dr Charlie Teo and former Australian Test Cricket Captain Steve Waugh speak to guests, and local bands The Rewbies and Driftwood entertain the crowd.

Secretary of the Patonga Beach Progress Association Ms Judy Singer said over \$35,000 was raised on the evening through ticket and raffle sales, donations and sponsorship.

All proceeds will go to the Patonga Progress Association Plan of Management Fighting Fund.

"The Fighting Fund has been set up to help the community pay for expert advice in its battle to preserve the simple, natural beauty of Patonga and put a stop to proposals in a draft plan of management for Crown land in Patonga that negatively impacts the town and its residents," Ms Singer said.

"A town planning expert has

been engaged by the Progress Association to act as one of its community representatives on the Plan of Management Review Panel convened by Crown Lands.

"His expert advice has helped the ordinary people of Patonga confidently stand up to Gosford Council and Crown Lands.

"We are fighting to stop both the local and state governments imposing a plan on us that seeks to exploit the tiny village of Patonga by proposing ideas that encourage greater numbers of tourists and visitors without any regard for the impact this may have on residents.

"Not one proposal in the plan is designed to benefit the ratepayers of Patonga.

"The whole plan is geared towards encouraging more visitors to the area without providing any additional infrastructure needed to cope with more people.

"Our hope is that the community representatives on the review panel will be able to convince the council and state government that the 238 people who made an overwhelming number of objections to the various proposals in the draft plan should

have their objections listened to and acted upon."

Email, 21 Nov 2013 Judy Singer, Patonga Beach Progress Association

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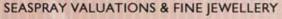
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Doubly lucky to win boat

Woy Woy resident Mr Matthew Lynch has taken home a brand new boat, motor and trailer after winning the Marine Rescue Coast annual boat raffle.

However, Mr Lynch was lucky to receive a boat at all.

The original prize was a different boat was stolen while on display inside Kincumber Shopping Village.

Marine Rescue NSW Headquarters were able to replace the boat, allowing Mr Lynch to collect a prize on the day.

The stolen boat was later recovered at a Kincumber property.

The raffle was drawn by member for Robertson Ms Lucy Wicks on Sunday, November 10, at the Oyster Festiva

Central Coast Marine Rescue Unit leader Ms Pat Fayers said the boat raffle was the Unit's major fundraising event for the year.

"For the first time, the Unit sold all of the 20,000 tickets printed," Ms Fayers said.

"This is indicative of local community and media support for volunteer Marine Rescue."

Mr Lynch collected his prize on Monday, November 11.

Pictured are the winners of the Marine Rescue annual boat raffle, Trudy and Matthew Lynch, collecting their prize from Unit Commander Ms Pat Fayers and Deputy Unit Commander Mr Gordon Kimpton

> Media release, 11 Nov 2013 Ron Cole, Marine Rescue NSW



The winners of the Marine Rescue annual boat raffle, Trudy and Matthew Lynch, collecting their prize from Unit Commander Ms Pat Fayers and Deputy Unit Commander Mr Gordon Kimpton

Complaint about granny flat

Gosford Council has received a petition from residents of Murray St, Booker Bay, complaining about a new granny flat in the area.

The petitioners stated the appearance of the granny flat was most unappealing and obtrusive in appearance.

The four petitioners requested that mature trees and shrubs be planted to soften the view and

that the granny flat is painted a natural colour.

They have also asked that the granny flat be suitably soundproofed.

The petitioners have further requested that a meeting with a council inspector be organised so they can explain their grievances.

Gosford Council has noted the petition.

Gosford Council Agenda 19 Nov 2013, P.34



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Dead shearwater birds

Dead mutton birds expected on beaches

Dead and dying mutton birds have been found washed up on Central Coast beaches and it is expected this will soon be the case at beaches on the Peninsula.

NSW National Parks and Wildlife Service acting regional manager Mr Alan Henderson said recent wild weather has meant the mutton birds, also known as shearwaters, have appeared at beaches along the coastline.

"Shearwaters migrate annually between nesting areas in the southern hemisphere and back to locations in the northern hemisphere, with some birds covering up to 15,000km," Mr

Henderson said

"If they encounter severe weather, the weakest or oldest may succumb and eventually wash up on beaches like they have recently.

"This event is a natural occurrence and every year along the east coast of Australia exhausted shearwaters succumb and wash ashore following their annual migration.

"Shearwaters are long-lived seabirds with individuals living up to 38 years old.

"But the long journey can take its toll and numbers of dead birds found dead on beaches can sometimes be well into the hundreds.

"The species found have mostly

been short tailed shearwaters, which are regarded as one of the most common species of bird in the world.

"The population is believed to be in excess of 18 million."

Senior ranger of the National Parks and Wildlife Service Central Coast-Hunter Region Ms Susan Davis said affected beaches include Shelly Beach, Avoca Beach, Terrigal Beach and Copacabana Beach.

"Any ocean surf beach is likely to have birds washed up," Ms Davis said.

> Media release, 21 Nov 2013 Susan Davis, NPWS Central **Coast-Hunter Region**

Police deliver cyber-safety presentation

School and youth liaison officers from Brisbane **Water Local Area Command** attended the Woy Woy campus of Brisbane Water College on Secondary Tuesday, November 12, to deliver a cyber-safety awareness presentation.

The school's year 10 students received information on the laws surrounding the improper use of social media and were given strategies to keep themselves safe online.

Police encouraged parents to research and keep up-todate in relation to the various social media and networking sites, as well as mobile phone applications being used by their children.

Police advised parents to monitor their child's use of the internet, help to keep them safe and put necessary controls in place to reduce the likelihood of their child becoming an offender or victim of cyber-crime.

Websites commonly used for improper purposes include Facebook, Instagram, Twitter, Snapchat and Kik.

Website, 11 Nov 2013 Brisbane Water LAC, NSW Police

Umina man dies

A Umina man has died after a motor vehicle collision on Woy Woy Rd, Kariong, on Tuesday, November 19.

About 7:50am, emergency services were called to the site of the accident, which was about 4km north of Woy Woy Bay Rd.

Police were told two sedans, travelling in opposite directions, collided head-on.

The drivers, a man travelling south and a woman travelling north, were the only occupants in the vehicles.

The 22-year-old man died at the scene and the 55-year-old Dural woman was airlifted to Royal North Shore Hospital with serious spinal

Woy Woy Rd was blocked in both directions.

Inquiries into the cause of the crash are continuing and a report will be prepared for the Coroner.

Media release, 19 Nov 2013 **NSW Police Media**



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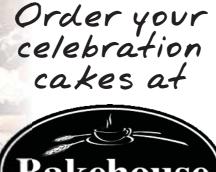
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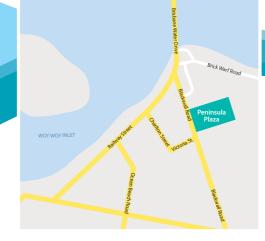














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Allowance intact after festival

I went to the Brisbane Waters Oyster Festival at Ettalong this year.

Now, I'm just an average customer when it comes to buying stuff.

But, on the other hand, I have been an owner of some retail stores and a manufacturing business and, from my experience, I have something to say to all the stall holders and organisers.

Forum

I walked past every stall in the festival with money in my purse, ready to buy something that attracted me at a reasonable price.

Note I say reasonable, not cheap. To further encourage me to spend, I was with family members who normally mean a walk past for me.

I was happy to be there celebrating our own seafood harvest time.

It's good for the local community to host events like the Oyster Festival.

But please, let's leave our visitors with a satisfied smile and a pleasant memory of the day.

Many stalls had very decent displays but some looked raggedy and old or just plain messy.

and old or just plain messy.

Big items hid the smaller treasures

at the back

Some stalls had so much stuff crammed along the table that it was a headache trying to find anything.

Then there were the minimalists. Give me a bit of variety.

If you are only selling one product, team up with someone who has something to complement it, or display all the different ways I can use your product.

I saw one coffee stall that was charging \$4 for a coffee – please!

I can sit comfortably at one of the cafes around Ettalong, pay less and get a pretty decent coffee too.

The Oyster Festival is about oysters, right?

So where were all the stalls to sell

me some oysters?

The few that were there had queues till kingdom come.

The festival spirit certainly got to the crowd through the entertainment, not a half bad job, but a little more polish please.

To those entertainers who did their practice and came up with a polished presentation — well done, you are a credit to us and I am proud to brag about you to others.

And to those stall holders who made the effort and took pride in their displays and kept prices sensible, a big thank you.

All in all, it was a pleasant day just simply looking, listening and wading through the crowd.

However, even though I saw many things of interest in the stalls, on the way home when I looked into my purse, my start out allowance was, perhaps unfortunately, still intact.

Email, 11 Nov 2013 Heather Tavitian, Woy Woy

Bright and motivated given a lift

Vic Jefferies' (November 11) remarks about the ALP leadership election are accurate, but considering the popular vote, you can be sure the politicians will be aware that the majority of ALP members want a leader that is straight forward and fair dinkum.

As for the hulabaloo about Deborah O'Neil going into the senate, so what?

All political parties have always ensured that the career of bright, motivated candidates have all

Forum

been given a lift.

After all, John Howard lost an election to Bob Hawke but that didn't stop him from eventually becoming Prime Minister did it?

It is also interesting to note that Liberal Minister Christopher Pyne has urged that the Liberal party adopt a members' vote to ensure greater democracy and participation.

Letter, 12 Nov 2013 Keith Whitfield, Woy Woy





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Naidoc Award winner

Umina Public School Year 1 student Emma Compton has been presented with the Prime Minister's Naidoc Award.

The award was presented to Emma at a special school assembly Wednesday, on November 13, by Gosford mayor Cr Lawrie McKinna and the executive director of Naidoc Week activities Mr Dylan Williams.

There are only 20 medals issued in each state.

"We are very proud of Emma for her efforts," Umina Public School principal Ms Janelle Brazier said.

The project aims to promote greater understanding of the importance of friendship and cultural diversity.

Emma Compton is pictured with Gosford mayor Cr Lawrie McKinna and Naidoc Week executive director Mr Dylan Williams

Newsletter, 19 Nov 2013 Janelle Brazier, Umina **Public School**



Emma Compton with Gosford mayor Cr Lawrie McKinna and NAIDOC week executive director Mr Dylan Williams

Central Coast priorities for new senator

Deborah O'Neill has highlighted her priorities for the Central Coast as she begins her term in the Senate.

Ms O'Neill said her focus would always be on making the Central Coast an even better place to live, work and raise a family.

"I am committed to fighting for the full rollout of the National Broadband Network, ensuring the government maintains their commitment to Kibbleplex and holding the Coalition to account for their promises for more jobs and skills opportunities on the Coast," she said.

"What people want is to be able to work on the Coast and that is only possible with investment, not cuts."

The future of the National Broadband Network is uncertain, with 16,900 premises already under construction removed from Coalition mapping, and the rest of the Central Coast cut entirely.

"It is unacceptable to talk about bringing more jobs to the Coast without continuing the NBN rollout," Ms O'Neill said.

"I will be working with locals to

make sure that our voices are heard, and a full rollout continues.

The Kibbleplex project is also under threat, with dispute within the new government as to whether the popular local investment will continue.

"We heard one thing during the election and another thing after," Ms O'Neill said.

"Tony Abbott promised this as part of the Liberal's Central Coast Growth Plan, but his Regional Development Minister is cutting the program.

"Partnerships have already been established with businesses and the University of Newcastle to bring jobs, skills and investment to the Coast.

"But with Kibbleplex on the chopping block, so are those opportunities."

Ms O'Neill is also focused on maintaining money for the F3-M2 Link, Woy Woy Oval, protection and maintenance of Tuggerah Lakes, and healthcare services like the Central Coast Medicare Local.

> Media release, 19 Nov 2013 Richard Mehrtens, Office of Deborah O'Neill





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We wish you all a safe and happy **Christmas and a healthy New Year**

There's a lot to be said for taking time off at least once a year.

It isn't only the fact that you're giving yourself a break from your normal work routine - this is important on its own - but there are other beneficial aspects to changing those scheduled habits you repeat day after

Einstein, who, by the way, didn't speak a word until he was five years old, finally said some quite interesting things - one of which was: "Insanity is doing the same thing over and over again and expecting different results".

Doing something...anything, different from the usual daily round of repetitive chores brings with it, at the very least, a relief from boredom - albeit sometimes only a short respite.

The effects, though, can be quite noticeable from the point of view of a brief relaxation and often a new perspective on things – particularly problems.

Holidays provide the ideal opportunity to look at just about everything in a different light.

The mere fact of having different scenery from the normal day to day sights tends to wash over the conscious mind and, as the seas' tides work their wonders on the

coastlines, cleanses the mind of rubbish.

So when is it time for a holiday?

Well, pretty well anytime is good if that's what you feel like doing; particularly if you've had a hard year-to-date.

But, in this day and age of tightened belts and reduced consumer indices, how can you afford a holiday anywhere?

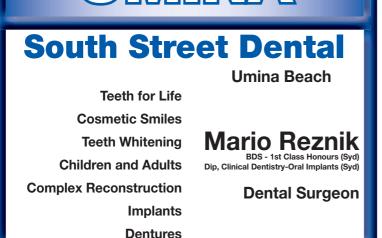
Of course, a holiday doesn't have to cost you a fortune – we're not necessarily talking ninety day world cruises here!

A holiday can be a few days' change of scenery on the Coast, in the mountains or, if you're a country dweller, a couple of days sightseeing in your own city.

And, of course, you can turn this around the other way and just chill in the country for a spell.

Whatever it is that recharges your battery refreshes your spirit and restores your soul. We will be doing just that over the festive

The clinic will be closed from 20th December and will re-open on 6th January, 2014.



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If you have any questions, contact us at office@uminachiropractic.com.au or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Health



The Red Lime Cafe owners Rosy Landi and Chris Head

IEICHT I OCC



HYPNOSIS

Cafe raises money for mental health

A local cafe has raised \$1139 for mental health organisation Beyond Blue through a fundraising event held on Thursday, October 31.

Many community members and visitors helped raise funds by buying a coffee, buying raffle tickets or donating prizes at Woy Woy's Red Lime Cafe.

Woy Woy business Victoria Black also put together a fashion parade on the day.

Many attendees helped make the day a success by volunteering their own experiences with depression.

> Email, 7 Nov 2013 Rosy Landi, The Red Lime Café, Woy Woy

Tarot lessons at health centre

The Peninsula Women's Health Centre will hold a tarot workshop on Thursday, November 28, and Thursday, December 5, at Woy Woy.

The two-session workshop will run from 10am until noon on both days.

The sessions are for beginners and will explore the elements of the tarot deck.

Participants will look at the 22 major and 56 minor arcana cards and will discuss how they present

spiritual and practical guidance.

Peninsula Women's Health Centre co-ordinator Ms Kate Bradfield said the tarot is a centuries old tool of divination.

"As a tool, the tarot is as a valid today as it has ever been," Ms Bradfield said.

The sessions are free; however the group would appreciate a gold coin donation to the centre.

> Email, 20 Nov 2013 Kate Bradfield, Peninsula Women's Health Centre

Free morning about child behaviour

Central Coast Schools As Community Centres will host a free coffee and cheese morning for parents, carers and teachers on Wednesday, November 27, at Woy Woy Public School.

On the day, participants will have the opportunity to learn how to deal with their child's behaviour over the coming Christmas holidays and to hear from a 123 Magic Parenting Facilitator.

Those in attendance will also be able to meet with other participants who have completed the 123 program and hear their experiences.

The event will run from 11:15am until 12:30pm.

Email, 18 Nov 2013 Philippa Skipper, Schools As Community Centres

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Health

Ambassador opens 'Discobility'

Discobility event on Saturday, November 30, at the Peninsula Community Centre for people with a disability.

It will be opened by the newlyappointed "Living My Way" ambassador Ms Alanna Julian.

Discobility is organised once a year by Coast Community Connections.

"Discobility provides opportunity for family members and carers to enjoy some valuable time with other local people with disabilities and their families," centre manager Ms Michelle Remy said.

The free event will be held from 12 noon until 4pm and celebrates International Day of People with a Disability.

Discobility organisers will transform Woy Woy's Peninsula Community Centre into a daytime dance festival, featuring music, DJs and live entertainment by performers who themselves have a disability, she said.

The event is free to local people with a disability aged over 16 as well as their friends, family and carers.

There will be four rooms of entertainment including Acoustic Corner and Boogie

Central, as well as workshops in drumming, yoga, Zumba and Bollywood dancing.

Living My Way ambassador Ms Julian said she felt humbled to have been asked to open "Discobility".

"I am very much looking forward to it," she said.

Ms Julian has been selected for this role as part of the Living Life My Way Ambassador and Champions Program run by the Department of Family and Community Services NSW, Ageing Disability and Home

The ambassador is appointed

for one year and contributes to events across NSW, speaking at conferences, workshops and meetings for the purpose of sharing the ambassador's story.

Ms Julian said she was very excited and felt fortunate to have been given the opportunity to share her experiences.

"I am looking forward to raising awareness of disability issues to communities across the Central Coast." she said.

> Media release, 22 Nov 2013 Katey Small, Brilliant Logic Media release, 20 Nov 2013 Pip Wilson, Central Coast **Community College**







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Fishing workshop held at Lions Park

Students from Ettalong Public School are learning about fishing as part of the NSW government's new initiative "Get Hooked...It's Fun to Fish".

The students took part in a fishing workshop run by the state

government at Lions Park, Woy Woy, on Monday, November 12.

The workshop was funded using proceeds of recreational fishing licence fees.

Member for Gosford Mr Chris Holstein said each year \$40,000 from the NSW Recreational Fishing Trust is allocated to providing this program to schools as part of the NSW government's commitment to teaching the community about sustainable, recreational fishing.

He said students learnt a wide range of practical skills to help them fish, such as knots and rigs; bait selection and identification; casting skills; fish identification; fishing regulations; and catch and release techniques.

Mr Holstein also said students learnt to take an active role in the management of waterways and fish stocks.

"During the course of the program, primary school students are introduced to saltwater fishing; the significance of aquatic life and life cycles; catch and release skills;

the importance of sustaining a quality fish habitat, while practising safe and responsible fishing behaviours," Mr Holstein said.

"Fishcare volunteers are essential for the running of the day and they pass on their extensive knowledge and skills to the students."

Media release, 12 Nov 2013 Chris Holstein, Member for Gosford



School selected for PE trial

Woy Woy South Public School has been selected as one of 22 schools to trial a physical education program as part of the lead up to the 2015 Asian Football Cup.

Asian Cup Organising Committee CEO Mr Michael Brown and Gosford mayor Cr Lawrie McKinna visited Woy Woy South Public School to officially launch the Asia Cup countdown on Thursday, November 14.

Students in years 1 and 3 are participating in the program, which is designed to better develop the soccer skills of young students.

During the sessions, students learn dribbling, heading and

control skills.

This Asian Football Cup will take place in the major centres around Australia in 2015.

It will involve national teams from across Asia and will draw large numbers of overseas supporters.

Involving 20 countries from across Asia, qualification games are currently being played to determine the final make-up of the tournament.

A draw will be released once the successful countries are identified.

Newsletter, 19 Nov 2013 Terry Greedy, Woy Woy South Public School



Free Christmas craft activities

Project will offer free Christmas craft at Woy Woy South Public School from 1pm until 3pm on Saturday, November 30, and Saturday, December 7.

All equipment is supplied and the afternoons will provide an opportunity for participants to make friends or relatives Christmas gifts.

The events also create a chance for members of the

Peninsula Families Peninsula community to socialise and for families to spend some time together.

> The Peninsula Families Project offers free activities every Saturday afternoon during the school term.

> In the past few weeks, Woy Woy South Public School has played host to a number of activities such as a reptile show, a science fun day and a visit from the local fire brigade.

> > Email. 21 Nov 2013 Belinda Talbot, Peninsula **Families Project**



Musical staged about the First Fleet

Year 5 students from Umina Public School are set to commemorate the 225th anniversary of the landing of the First Fleet in Botany Bay.

They will stage a musical about the landing on Wednesday, November 27, and Thursday, November 28, with performances being held at 12:30pm and 7pm.

The school's teaching staff have scripted The First Fleet, composed the music, directed the actors and come up with the show's choreography.

The year 5 students participating in the performance have all been learning about Australia's colonial

The musical will enable them to bring their knowledge to life as they sing, dance and act.

It has also meant students have

had the opportunity to learn about production skills such as lighting, sound and backstage skills. Students and staff are currently

finalising preparation for the performances. Students

pictured rehearsing for their performance of "The First Fleet" musical

Email, 11 Nov 2013 Susannah Kerr, Umina **Public School**

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Club celebrates ninth birthday

Ettalong Beach Club will celebrate its ninth birthday at its current location on Sunday, December 1, from 10am until 2:30pm.

The day will feature displays from sub clubs, the Pearl Beach Rural Fire Service branch and a mobile museum.

For the children, there will be face painting, a balloonist and a craft and activity centre.

The day will also see

performances from the Brisbane Water Secondary College at 9:30am, Woy Woy South Public School at 10:45am and Umina Public School at 1:15pm.

Those in attendance can participate in the AFL Big Kick and receive entertainment from the Central Coast Physie and Dance School.

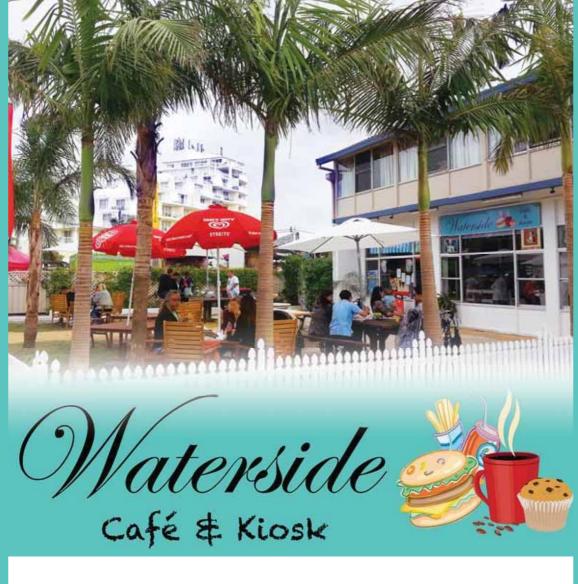
Email, 19 Nov 2013 Joy Allan, Ettalong Beach Club





Flowers by Marianne find this hidden oasis The Hidden Courtyard Cafe 18a Railway St Woy Woy





Ettalong's latest place to eat on the Esplanade

Enjoy a coffee, milkshake, hamburger, ice cream etc at milkbar prices

EAT IN OR TAKEAWAY

46 The Esplanade Ettalong Beach
Open Thursday to Monday 7.30am - 4.30pm

Frantastics present latest concert

The Frantastics choir will present their latest concert on Monday, December 19, at Easts Club, Woy Woy at 1.15pm.

Heading the program for the day is comedic melodrama "Rogue in Retirement", which attempts to bring Michael Jackson back to life.

Other items will include parodies, solos and choral arrangement of well-known songs.

The performances will be directed by Fran Kendall and, while admission to the event is free, Christmas hampers will be raffled off.

All proceeds raised will go to the Rural Fire Service.

Pictured is the Rogue in Retirement cast: Pam Brown, Vernon Wildy, Ann Wilden and Douglas Kent.

Email, 17 Nov 2013 Fran Kendall, Frantastics





All meat cut to your requirements 4341 1861

Right in the middle of Umina 294 West St, Umina Beach Sunday & Saturday open till 1pm Monday to Friday open till 5.30pm



Filmmaker is named as finalist

An Empire Bay filmmaker has been named one of 16 finalists in this year's Tropfest set to kick off on Sunday, December 8.

John Marsh has been recognised for his short film titled Darkness Comes which was shot in an abandoned, overgrown farmhouse in the country town of Binya, just outside of Griffith.

The film tells the story of a man who is racing desperately against the setting of the sun as if pursued by the devil.

The man sprints through a barren field, seeking the safe haven of a derelict farmhouse.

Mr Marsh's directorial debut



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Shop 2, The Boulevarde, Woy Woy "Happenstance" was an awardwinning finalist at Tropfest in 2010.

He recently co-founded the production company Idea Garage with long-time collaborator and friend Dane Hallett.

"Darkness Comes" is the first collaboration from the pair and also sees Manly winger Dave Williams make his acting debut.

Tropfest founder and director Mr John Polson said he was pleasantly surprised by the number and quality of submissions that the festival received.

"We are thrilled by the strength, creativity and originality of the films submitted," Mr Polson said.

"The ideas, influences and filmmaking approaches are never the same and that's been no different this time around.

"Considering that the festival was last held in February this year, it has been great to see that many filmmakers still have the same passion, hunger and interest in showcasing their work through our platform.

"It's so fantastic to see that short film is alive and kicking in Australia and around the world."

Tropfest is the world's largest short film festival and this year's signature item was "change".

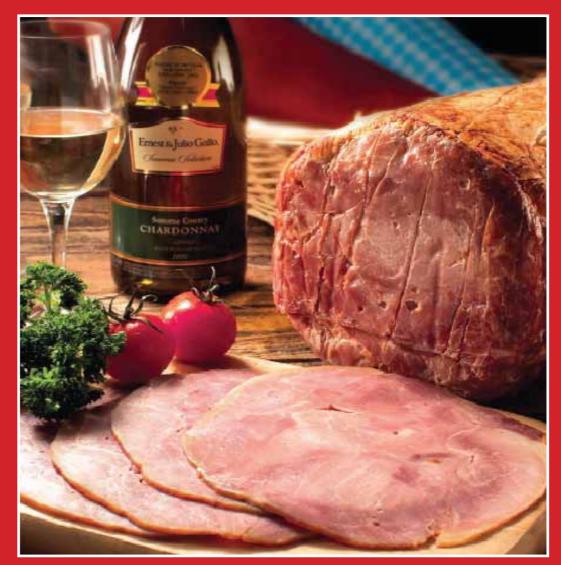
The finalists will be judged by a panel of celebrities and industry heavyweights, with past judges including Nicole Kidman, Ewan McGregor, Cate Blanchett and Will Smith.

> Media release, 19 Nov 2013 Cardinal Spin

CLUB UMINA

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Flautists and saxophonist perform

Flautists Alyse Faith and **Ellora** Srivastava saxophonist Charlotte Boyd performed at Wagstaffe Hall on Sunday, November 24.

The three were awarded Woodwind Scholarships by the

Gosford Conservatorium funded by the Bouddi Society.

The Bouddi Society encourages artists by giving them a chance to perform their talents in front of an audience or on stage.

The concert entitled "Fresh

Faces, Fresh Sounds: Celebrating our Emerging Musical Talents" included local teenage singers Ali Donnellan, Lilla Obradovic and Meg Richardson.

It also saw harpists Kaela Phillips and Kyana Chilston perform.

Two local vocal groups, Half Tides Rock Choir and the Loco Voco Acapella Group, were also showcased their talents at the concert.

Email, 12 Nov 2013 David Duffy, The Bouddi Society

State soccer quarter final

Umina Public School's boys' soccer team competed in the State quarter final knockout held in Tacking Point, Port Macquarie, on Wednesday, October 9.

The team started well and the

score was nil-all at half time but by the end of the second half they were down 1-0.

The boys played well but were defeated.

Newsletter, 15 Oct 2013 Paul Farrugia, Umina Public School







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Annual exhibition at arts and crafts centre

Ettalong Beach Arts and Craft Centre held its annual Saturday, exhibition on November 16, and Sunday, November 17.

The exhibition saw the works of tutors and students on display.

The Ettalong Beach and Craft Centre's Ms Sue Sullivan said the last term of the year was always exhilarating and vibrant as all members aimed to produce their best work of the year for exhibition.

"This year was very special for the pottery groups because the adult students have taken that first big step to have their own display," Ms Sullivan said.

"The young students from the children's class also had their work on display but not for sale at this stage.

"It's quite understandable that they may wish to keep their early works for themselves or as family gifts."

Sullivan also said the

demonstrated students chosen crafts during the exhibition.

"This may have encouraged some of our visitors to consider trying their hand at a new craft in the coming year," she said.

Ms Sullivan said Member for Gosford Mr Chris Holstein visited the exhibition as the patron of the centre and bought gifts for family

"Despite the inclement weather on Saturday, there were plenty of people coming through and looking to do some early Christmas shopping.

"It seems the reputation of Ettalong Beach Arts and Craft Centre manages to draw the people in among the local population, with familiar faces stopping to say hello.

"Sunday was the icing on the cake, with a steady stream in the morning and the very popular raffle being drawn late afternoon."

Ms Sullivan thanked the community for their support of the

Pictured is some children's pottery on display at the exhibition. Email, 21 Nov 2013 Sue Sullivan, Ettalong Beach **Arts and Craft Centre**



Authentic taste restaurant



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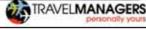
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lere's what Peninsula people are saying about Flicks: The team at Flicks are always friendly and flexible, always able to fit me in during my lunch break and make me look and feel fantastic, the best hairdressers on the Coast by far!" Miranda (Consultant)

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Debra 4344 4435 awlcentralcoast@ optusnet.com.au

RSPCA

Assist with desexing for cats, dogs & small animals. Veronica 0407 295 655

Art

Ettalong Beach Art & Crafts Centre

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Mon - Sat 10am - 3pm 4341 8344 info@ebacc.com.au

Central Coast Art Society

Weekly paint-outs Tues 4369 5860. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed for demonstrations publicity@ artcentralcoast.asn.au 4325 1420

Point Clare Art & Craft

Wed - Adult Art Class Wed & Fri - Adult Crafts Bunka Embroid, Cards, Crotchet, Cross Stitch \$3 Point Clare Community Hall 10am - 12noon 4325 5007

Hospital Art Australia

Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 4341 9920

Bushwalking

National Parks Association Central Coast

Twice weekly bushwalkers on the Central Coast and further afield, varying distances and grades of difficulty, explore, enjoy scenery, fauna, floral, history, keep fit and make friends. 4389 4423 4332 7378

Community Centres **Peninsula Community**

Centre Cnr Ocean Beach Rd & McMasters Rd Woy Woy

Activities, programs and support groups for children, teens, adults and seniors including occasional care, playgroups, dance classes, karate, fitness classes. youth services, gambling solutions, internet kiosk

and social groups. www.coastcommunityconnections com.au 4341 9333

Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

Community Groups

AACC Computer Club

www.aacc.asn.au Computing problems Program demos + Q&A sessions - Monthly meetings Feb to Nov 2nd Wed Windows 7-10pm Narara Valley H S Fountains Road

• 4th Thur Social + Windows

12.15 - 3.15pm East Gosford Progress Hall Cnr Webb Rd & Henry Parry Dve

Directory - Not for profit Community Organisations

4362 1918 - 4324 2740 secretary@aacc.asn.au

ABC "The Friends" Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers www.fabcnsw.org.au 4341 5170

Bridge

Tues 12.15pm Friendly game without pressure. **Duplicate Bridge Mon Thur** Fri Sat-12.15pm & Wed 9.15am and 6.45pm Brisbane Water Bridge Club Peninsula Community Centre 93 McMasters Rd.Woy Woy www.brisbane-water.bridge-club.org

Cash Housie

50 Games every Sat night Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild

Spinning, weaving, patchwork, quilting, felting & other fibre & fabric crafts Workshops & community quilting bees - Day & night groups - 4325 4743 www.centralcoasthsguild org.au

Central Coast Family History Society Inc.

Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford. www.centralcoastfhs.org.au 4324 5164

Central Coast Tenants' Advice and Advocacy Service

Do you have issues with your landlord or real estate agent? Free telephone advice and advocacy for all tenants and residents in residential parks.

4353 5515

cctaas@hotmail.com

Community Care Services - Central Coast

For people with memory loss & their carers. Enjoy a relaxing coffee morning Rocky Point Café - Ettalong Beach Memorial Club 3rd Wed 4324 4244

Central Coast Over 30s Social Group Inc We offer social contact,

entertainment events & new friendships for people in their 30's, 40's, 50's & 60's etc. Our events range from; Live Music, House Parties, Restaurant Nights, BBQ's/Picnics, Trips Away & lots more. For a FREE calendar call Sharon on 0432 760 272 or

I AM LOST

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Deep Conversations & systematic exercises for understanding my self & my place in life. - Gurdjieff Society - Ancient and modern knowledge. 6pm 2nd Thu 0425 296 783 www.gurdjieff.org.au

Peninsula School for Seniors

The Community Centre, McMasters Road, Woy Woy Discussions, Rumikin, Craft, History, Walkers, Coach trips Tues, Wed, Thur 4341 7785 4341 2142

Peninsula Village Playgroup

Carers, Grandparents, parents & children 'Intergenerational Playgroup' Every Tues 10-11.30am Paula Newman - 4344 9199

Probus Club of Umina

Friendship, fellowship and fun -Advancing intellectual, cultural and social interests for active retirees 55yrs+ Non Political and Non Sectarian - 2nd Wed 10am, Everglades Club uminabeach@probusclubs. com.au

Seniors Computer Club Central Coast

Beginners classes for PC or Mac Mon or Tues. Classes Mon to Fri for most programs - see website. 10am - 12md or 1pm - 3pm Kincumber Neighbourhood Centre. Monthly Meetings with Guest Speaker at Kincumber Hotel 1st Mon 43692530

The Krait Club

Community Centre - Cooinda Village, Neptune St, Umina 10.30am For senior members of community. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 2992

Umina Beach Men's Shed Inc.

Men share a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills Darrell 4341 2355

Volunteering Central Coast

Refers potential volunteers to community orgs. Support both volunteers and community orgs. Training for volunteers & their managers. 4329 7122 vrc@volunteeringcentralcoast.org.au

Wagstaffe to Killcare Community

Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds 2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945 info@wagstaffetokillcare.org.au

Disabled Services Riding for the Disabled Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers required. No Previous exp necessary -School hours only Mon to Sat 4340 0388

stateoffice@rdansw.org.au

Environment Peninsula Environment Group

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

Health Groups

Alcoholics Anonymous

If you want to drink, that's your business. If you want to stop, that's our business. Every Sat - Progress Hall Ronald Ave, Wyoming 8pm 4323 3890

Arthritis NSW

3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy 4341 5881

Gambling Solutions

Gambling help counsellors providing free confidential

professional service to gamblers, family and friends Available Woy Woy, Kincumber, Gosford and The Entrance 4344 7992

GROW - Free Weekly 12 Step Mental Health Self Help Group Helping thousands to recover from mental health challenges for more than 55 years to find a GROW group near you call 1800 558 268 or visit www.grow.net.au **GROW Groups meet** weekly all year round

Meals on Wheels

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marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

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Pink Butterfly Breast Cancer Support Group -

First Sunday 10.00am -12.00 Shop 71 Schnapper Road **Ettalong Markets** 0428 712 251

Peninsula Village

Wellness Centre Offering holistic and complementary therapies including aromatherapy, massage and music therapy 4344 9199

Peninsula Village Meals

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Peninsula Village **Carer's Support Group**

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

Peninsula Women's **Health Centre**

Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; 4342 5905 Wed & Thur 9.30am-3pm 20a McMasters Rd, Woy Woy www.ccwhc.com.au

Prostate Cancer Support Group (Gosford)

Meet last Friday Terrigal Uniting Church, 380 Terrigal Drive, Terrigal 9.30am to 12 noon 4367 9600 www.pcfa.org.au

Wellness Group

A small group of people with a serious illness to share and support unfolding journeys Free at The Clearing, 2/31 Chambers Place Woy Woy 2nd Mon 9:30am 4341 0464 lizmacnamara@bigpond.com

Woy Woy Public Hospital Alliance

To restore medical services previously available & upgrade to a standard that meets with local needs. 2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy 4344 4811

Woy Woy Stroke Recovery Club

Peninsula Community Centre

2nd Tues 11.30am Company, up-to-date info, hydrotherapy, bus trips 4341 7177

Marine

Central Coast Rescue Unit

Marine Education Courses Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.

4325 7929 www.vmrcc.org.au Music

Gosford Musical

Society Minstrels Entertain at various venues on the Coast seeking new members Thur Night Laycock St North Gosford 4341 4210

Soundwaves

Men's acapella 4 part harmony chorus - all ages 7pm Mon Central Coast Leagues Club Ray 0405 030 945 randtbale@bigpond.com

Troubadour Central Coast Inc

Folk, Traditional & Acoustic Music and Spoken Word Inc Ukulele meets, Concerts and Sessions 4th Sat 7pm CWA Hall Woy Woy 4341 4060 mail.info@troubadour.org.au

Political Group

Australian Labor Party Umina Ettalong Branch Political discussions, national, state and local government issues 2nd Mon Ūmina Beach Bowling Club 7.30 4342 3676

Central Coast Greens

Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & gettingGreens elected 3rd Thur, centralcoast.nsw.greens.org.au

centralcoastgreens@gmail.com Service Groups

Lions Club of Woy Woy 1st and 3rd Mon at Everglades Country Club 4326 1996 Make new friends and have fun while serving your community.

Northern Settlement Services

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Every Thur Peninsula Community Centre 93 McMasters Rd Woy Woy - 4334 3877

Rotary Club of Kariong/Somersby

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529 kersuebay@philliphouse. com.au

Rotary Club of Umina

International service organisation of business leaders improving lives of youth & those in need. Weds. **Everglades Country Club** curleys@ozemail.com.au 0409 245 861

Rotary Club of Woy Woy

International service club improve lives of communities in Aust. & o/seas. Tues 6pm Everglades Country Club. Don Tee 0428 438 535

special Interest

Central Coast Potters Society

Dedicated to increasing the ceramics knowlede, experience and skills of members and the general public.

Running classes, workshops. demonstrations, exhibitions and social events - Annual exhibitions in May and December - Open Day in Sept info@ccpotters.org 4324 5343

Sport

Woy Woy Judo Club

Classes for adults, juniors & seniors. Tues & Fri Ettalong 50+ Leisure and Learning Centre 0434 000 170 www.wwjc.org.au

Travel

Friendship Force Central Coast

Travel in small groups and stay with friends in 370 clubs around the world & host small groups. 4399 3625 www.friendshipforcecentralcoast.

Veterans

National Malaya Borneo **Veterans Association**

1st Sat (except Jan) 2pm Ettalong Beach War Memorial Club, 51-52 The Esplanade. 4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers'

Assist all Veterans & families with pension & welfare Mon & Wed 9am-1pm 4344 4760 Cnr Broken Bay Rd & Beach St Ettalong. vietvetsgosford@bigpond. com

Woy Woy Ettalong Hardy's Bay RSL

Provide help with pensions and welfare etc. Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Vomen's Groups

Country Women's Association Woy Woy

Opposite Fisherman's Wharf Friendship Mornings 1st and 2nd Wed 10am Meetings 4th Wed 10.30am 4324 2621

Country Women's

Association Umina Craft and Friendship: · Mon 6pm; Wed 9am; 1st Sun 12.30pm • Branch meeting: 1st Wed 10am CWA Hall, Cnr West and Sydney St, Umina 4341.5404

The Endeavour View Club, Woy Woy

Lunch 1st Mon Everglades Country Club 10.30am. Friendship days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong 10.30am 4342 2283

Gosford RSL Women's Auxiliary

For women over 18 years. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm 4323 7336

Inner Wheel club of Gosford North

nen making a difference with friendship, personal service and international understanding. Social activities combined with fund raising 2nd Wed 7pm Phillip House Kariong 4324 7176 gosfordnorthiw@live.com.au

Wowgirls Waves Of Wisdom Inc

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Rugby club makes presentations

Kane Burns has been named top point and try scorer. Woy Woy Senior Rugby Union Club's player of the year at a presentation night held at the end of September at the Empire Bay Tavern.

After a difficult year, the presentation night ensured the club ended its season on a more positive note and more than 80 people were in attendance.

Most of the club's life members were at the presentation which was hosted by Gerry Summerhayes, one of the club's first grade coaches.

Mr Burns, along with Josh Hirst, was also named players' player.

The second grade best and fairest award went to Jarryd Wise and the third grade accolade went to Paul Gooley.

Harry Woodbridge received the under-19 best and fairest award and the Brendan Dwyer Memorial Trophy was won by Jackson Dewar.

Mr Gooley was also the club's

Paul and Carole Garnett were named club persons of the year, with Mr Garnett earlier having been awarded the Central Coast Rugby Union Club Person of the Year.

One of the evening's highlights was the presentation of the Col Gooley Memorial Trophy by Mr Gooley's wife Joan to their son Paul and joint winner Stephen McNamara.

The club further recognised the outstanding commitment to the club from players such as Peter Wright and Grant McLellan, who recorded 200 grade games, and Darren May, Gerry Summerhayes and Christian Hobbs, who reached 150 grade games.

John Jay was acknowledged, too, for playing 100 grade games for Woy Woy.

Pictured is Kane Burns, who was named player of the year.

Email, 20 Nov 2013 **Carole Garnett, Woy Woy Rugby Union Club**

Skippers compete in State titles

Radio sailing yacht skippers from the Peninsula travelled with Central Coast club Northern Mariners Kogarah Bay in Sydney to compete in the State Titles for 10rater yachts on the weekend of November 9 and

There were over 20 skippers competing and the fleet was divided into two heats over the weekend.

Northern Mariners Three skippers placed in the top 10 with placings of third, fourth and sixth.

Umina's Phil Page came third with 68 points.

It was a well-contested event with varying wind conditions, giving the skippers a chance to change sails throughout the two days.

The strong winds on the Saturday saw skippers changing fairly quickly from A rigs down to B, C and then D rigs as the winds grew stronger.

Skippers from NSW,

Queensland, Victoria and the ACT competed and all agreed it was good sailing and a good lead up to the National titles.

The National Titles will be held in early January in Victoria.

Media release, 22 Nov 2013 Marilyn Russell, Northern **Mariners Radio Sailing Yachts**



Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Police Assistance Line 131 444 **Crime Stoppers** 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929

Ambulance, Police, Fire 000

Aboriginal & Torres Strait **Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4352 1153 Drug & Alcohol rehab 4388 6360

Accommodation

SES - Storm and Flood

Emergency 132 500

Dept. of Housing Gosford 4323 5211 Cassie4Youth 4322 3197 Coast Shelter 4324 7239 Pacific Link Com Housing 4324 7617 Rumbalara Youth Refuge 4325 7555 Samaritans Youth **Services** 4351 1922

Youth Angle • Woy Woy 4341 8830 Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666 Wires 8977 3333

Community Centres Peninsula Community

Centre 4341 9333 Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403 Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111 **Uniting Care Burnside**

Gosford 1800 067 967

Health

Poisons Information 131 126 **Ambulance Text Mobile 106 Ambulance GSM** 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114 After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy **Service** 4353 5515 Woy Woy Court 4344 0111

Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

Problems,

Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524

Transport

Taxi 131 008 Busways 4368 2277 **City Rail** 131 500

Welfare Services

Gosford Family Support 4340 1585 Meals on Wheels 4341 6699 **Department of Community Services** Gosford 4336 2400

The Salvation Army 4325 5733 Samaritans Emergency

Relief 4393 2450 St Vincent De Paul Society **HELPLINE** 4323 6081



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4342 1112 or 0423 548 540 - www.drumbala.com

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The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Wednesday November 27

Coffee and cheese morning, Woy Woy Public School, 11:15am-12:30pm The First Fleet musical, Umina

Public School, 12:30pm and 7pm Funded study information evening, Peninsula Community

Thursday November 28

Centre, 6pm

Tarot workshop, Peninsula's Women's Health Centre, 10am-2:30pm

The First Fleet musical, Umina Public School, 12:30pm and 7pm

Saturday November 30

Discobility, Peninsula Community Centre, 12pm-4pm

Sunday December 1

Ettalong Beach Club birthday celebrations, 10am-2:30pm

Thursday December 5

Tarot workshop, Peninsula Women's Health Centre, 10am-12pm

Friday December 6

Sydney Hotshots, Woy Woy Leagues Club,

Saturday December 7

Christmas gift craft, games and activities, Woy Woy South Public School, 1pm-3pm

Wednesday December 11

Central Coast Guides Dogs

Volunteer Support Group stall, Deepwater Plaza, Woy Woy, 9am-2:30pm

Wednesday December 18

Bays Community Group annual meeting, Woy Woy Bay Community Hall, 7:30pm

Thursday December 19

Frantastics choir concert, Easts Club Woy Woy, 1:15pm

Sunday February 2

Weet-Bix Kids TRYathlon, Peninsula Leisure Centre and James Browne Oval

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

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Dance with Pastrami

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Entertainment

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December 21

Christmas Party & Themed Concert Sun, Surf, Sand 7PM

Tickets \$12 Concession \$10 Members \$8 Tickets available at the door.

November 26

Battlefield Band Kantara House Enquiries 4342 6716 v.troubadour.org.au

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Cossiies

Carley selected for Asia-**Pacific Games**

Umina's Chapman has been held in Newcastle from selected to compete in Sunday, athletics at the inaugural 1, Special Olympics Asia December 7.

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Carley Pacific Games to be other December Saturday, until

> Aspiring to return home with a medal, Carley will represent her country for the first time and said she was both nervous and excited.

gather will Carley Newcastle with 13

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Central Coast representatives, contributing 2500 the athletes competing from over 32 different countries.

The athletes, all of whom suffer from an intellectual disability, will be joined by 600 coaches and officials and over 5,000 volunteers.

An estimated 200,000 spectators are expected to turn out for the event.

The games will feature nine sports, which range from football to tenpin bowling and basketball to bocce.

Pictured is Jo Shepherd, Marilyn Caruana, Carley Chapman and Mike Caruana at IGA Ettalong Beach

Email, 16 Nov 2013 Jenni Chapman, Special **Olympics Central Coast**

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Laughter as women learn to surf



Umina **Beach** was filled with the sound of laughter as a group of women took to the waves for a surf lesson on Saturday, November

The morning was hosted by WOWGirls Wave of Wisdom, a not-for-profit group aimed at promoting friendships, fun and healthy lifestyles.

women, The aged between 21 and 55, braved the chilly conditions and

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4341 7332

were coached by Central Coast Surf School.

Ettalong's Ms Ally Grace said the women were all keen to give surfing another

Email. 19 Nov 2013 Ally Grace, WOWGirls Wave of Wisdom

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Lachlan is junior ironman

Umina Surf Club's Lachlan Braddish has won the Kracka

Junior Ironman title in the

under-12 boys' division held at Blacksmiths Beach.

9, this is the third time Lachlan

has won the junior title which is

recognised as one of the toughest

Other Umina competitors were Mackenzie Perry, who placed seventh in the under-9 girls' competition, and Riley Wilson, who came 16th in the under-11 girls'

Umina's Lilly Perry also placed 10th in the under-12 girls'

Pictured in the red cap is Lachlan Braddish, who won the

Peter Talty, Umina Surf Club

Email, 18 Nov 2013

of all ironmen events.

division.

competition.

under-12 boys' event

Held on Saturday, November

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0755 - 0.73	0904 - 0.70
1402 - 1.37	1506 - 1.35
2044 - 0.51	2135 - 0.49
FRI - 29	SAT - 30
0453 - 1.50	0539 - 1.62
1111 - 0.55	1204 - 0.44
1705 - 1.37	1759 - 1.41
2309 - 0.41	2354 - 0.37
MON - 2	TUE - 3
0040 - 0.33	0127 - 0.31
0711 - 1.86	0759 - 1.94
1345 - 0.22	1435 - 0.15
1942 - 1.46	2033 - 1.47
THU - 5	FRI - 6
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SUN - 8	MON - 9
0015 - 1.42	0115 - 1.41
0600 - 0.48	0704 - 0.54
1220 - 1.73	1319 - 1.59
1903 - 0.28	1959 - 0.35
	Time - Height(m) TUE - 26 0212 - 1.25 0755 - 0.73 1402 - 1.37 2044 - 0.51 FRI - 29 0453 - 1.50 1111 - 0.55 1705 - 1.37 2309 - 0.41 MON - 2 0040 - 0.33 0711 - 1.86 1345 - 0.22 1942 - 1.46 THU - 5 0308 - 0.33 0938 - 1.99 1619 - 0.11 2221 - 1.45 SUN - 8 0015 - 1.42 0600 - 0.48 1220 - 1.73

APPROX. TIME LAG AFTER FORT DENISON Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and nust be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation Actual times of High and Low Water may occur before or after the times indicated

Malibu surfers in State event

Surfers from Ocean Beach Malibu Club battled it out with surfers from all over the state at Palm Beach on Saturday. November 9, and Sunday, November 10, for the annual Palmly Old Mal Rally.

Four of the six competitors in the final of the Old Mal division were from the Ocean Beach Malibu Club.

While the Peninsula locals were unable to take out first or second place, Kai Ellice-Flint managed to claim third spot.

Ocean Beach Malibu Club's Hayden Emery finished fourth, John Gill placed fifth and Tom

Payne came sixth.

In the Mystery Old Mal division final, Ocean Beach's Bryce Williams came in third place.

The Mystery Logger division final saw more Ocean Beach surfers doing well, with John O'Malley coming second, his son Gus finishing third and 12 year-old Wylie Gill claiming sixth position.

Pictured is 12-year Wylie Gill who came sixth in the Mystery Logger division. (Photo by Tony Gilbert.)

> Email, 18 Nov 2013 Craig Coulton, Ocean **Beach Malibu Club**





Charity day raises \$500

Despite inclement weather, Woy Woy Bowling Club held its regular charity day for Central Coast Kids in Need on Sunday, November 17.

The constant rain meant the greens were too wet for bowling but those in attendance participated in fundraising activities.

Although the turn-out was smaller than usual for the mufti bowls day, the club was still able to raise \$500 towards its total of \$15,600 so far.

Woy Woy Bowling Club's Mr John Hughes said the cheque would be presented as a Christmas present for the needy children.

"The local member Lucy Wicks will be there, as well as a representative of Central Coast Kids In Need," Mr Hughes said.

"As normal, our small friendly club through our many volunteers comes to the fore in helping our community."

The next charity bowls morning will be held at Woy Woy Bowling Club on Sunday, December 13.

Email, 21 Nov 2013 John Hughes, Woy Woy **Bowling Club**



Surfers compete at **Crowdy Head**

Four surfers from Ocean **Beach Malibu Club competed** at the 2013 Invitational Mal Masters held at Crowdy Head over the weekend of November 2 and 3.

The event, hosted by the Saltwater Malibu Club, saw mostly glassy, off-shore conditions producing three to four foot waves on the Saturday.

The waves dropped slightly for the finals on the Sunday, with the change in swell direction overnight.

Despite a less than perfect start, Ocean Beach Malibu Club president Craig Coulton claimed

the second place trophy in the Masters division.

Darrell Young was the only Ocean Beach surfer to reach the semi-finals of the Champions division and placed fourth overall.

Mick Day and Craig Palmer also represented Ocean Beach in the Champions division but were both unfortunately eliminated after the Saturday repechage heats.

Pictured is Craig Coulton, who placed second in the Masters division. (Photo by Tony Gilbert.)

Email, 13 Nov 2013 Craig Coulton, Ocean **Beach Malibu Club**

Surf club competes at Coolangatta

After training throughout winter, five Umina Surf Club members competed in the 2013 Coolangatta Gold held on Sunday, October 20.

Christine and Dave Bishop, Gary Wilson, Jenny Darwin and Rick Boylan all represented the Peninsula at the event.

Dave Bishop competed in the 50 and over competition and Christine Bishop contested the

female masters course.

They both had the worse conditions of both days, with the wind blowing hard especially in the board leg.

Both competitors, however, managed to complete the course, with Dave finishing in four hours 49 minutes and Christine finishing in five hours 34 minutes.

Rick Boylan competed in the deep water ski and then Team Stingray contested its event.

Dave Bishop was on the ski; Garry Wilson ran from Miami to Burleigh; and Jenni Darwin completed the swim, board and

Team Stringray fininshed in six hours and nine minutes.

Pictured are Gary Wilson, Rick Boylan, Dave Bishop, Jenny Darwin and Christine Bishop.

Media release, 18 Nov 2013 Peter Talty, Umina Surf Club

Sporties hold triples final

Woy Woy Sporties Bowling Club held the final of its Triples competition over the long weekend.

The final of the Triples competition was held on Saturday, October 5, with Cliff Crawford, Nigel Daniel and skip John Fisher defeating Terry Hughes, Peter Hughes and skip David Bevan 20-

In the Handicap Pairs, which started a week earlier, Grant Bovis and Kevin Thorpe beat Graeme Kenney and Andrew Kenney 2518, Mick McMahon and Geoff McMahon beat Jarod Bates and David Bates 19-15 and Peter O'Sullivan and Mark Fenton beat Wayne Cassidy and Danny Bjedov 26-22.

In the major upset so far, Ken Dixon and Steve Malyon beat Kenny Poole and Graham (Whippet) Penny 34-25 and John Hughes and Bob Knight beat Bob Irvine and Bill Sonter 31-22.

Email, 9 Oct 2013 **Sporties Bowling Club**



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