

Lucy Wicks wins Robertson

Liberal candidate Ms Lucy Wicks is set to be the new Member for Robertson having recorded 52.92 per cent of the two-party vote in the federal election held on Saturday, September 7.

After distribution of preferences, she had received 42,658 votes as of Friday, September 12.

Former Member for Robertson Ms Deborah O'Neill has conceded defeat.

At the time Peninsula News went to press, counting of postal and absentee votes for the Robertson electorate had not been finalized and the result of the poll had not been declared.

With just a 0.05 per cent increase in the Liberal party vote, Ms Wicks received 43.58 per cent of the first preference votes with a total of 35,133, which was 6574 more than Ms O'Neill received.

Ms O'Neill suffered a swing against her of 4.33 per cent and received 35.43 per cent of first preference votes or 36,578 after distribution of preferences.

Ms O'Neill, said it had "been a great honour to serve the people of Robertson for the last three years".

Ms Wicks said she was "humbled by the people of Robertson" for choosing her as their representative, and promised that the people of the electorate would no longer be taken for granted.

"That stops now and I promise to be the strong voice in parliament that the people of the Central Coast need.

"I'm proud that the first thing the Coalition government will do is scrap the carbon tax because it was the biggest issue residents raised with me.

"I'm also looking forward to working with my Liberal counterparts on delivering the Coalition's \$21 million growth plan for the Central Coast.

"I'd also like to thank everyone for their support.

"I couldn't have done it without the strong Liberal community and volunteers and my family," said Ms Wicks.

However, despite the strong vote for Ms Wicks, she was the preferred candidate at only six of 16 polling places around the Peninsula.

Ms O'Neill said she has been overwhelmed with good wishes from locals.

"I am proud of the work we have been able to accomplish in three years," said Ms O'Neill.

"Working to make a difference

for the people on the Coast whose voices were so often silenced under the previous Coalition Government.

"We have delivered \$55 million in health infrastructure for the Coast, \$7 million for the GP Superclinic, \$28.6 million for the Regional Cancer Centre, and \$19.55 million to bring the Woy Woy Rehab back to life.

"In the last term of the previous Liberal Government, Gosford Council received only \$1 million.

"Under Labor, in just three years, we have delivered \$58 million for local roads, services and infrastructure.

"Our local schools also received a much needed boost of \$80 million for new classrooms, libraries and vital refurbishments.

"The Labor Government of the 43rd Parliament delivered for the Central Coast.

"We as a community need to make sure that the Abbott Government deliver on the few commitments he made and deliver the promises already in the Budget.

"The F3-M2 Missing Link and the Kariong exit lane widening is already in the Budget and must be built.

"Kibbleplex is in the Budget, and must be built.

"And vague promises of a Regional Performing Arts Centre need to be clarified and fought for.

"However, John Singleton's influence is clear, by funding former Independent Lawrie McKinna, who delivered his preferences, secured the seat for the Liberal Party.

"Labor stands for a fair go for all, not just for some.

"I look forward to continuing to work for the people of the Central Coast, now and into the future.

"I once again thank everyone for their support over the last three years," said Ms O'Neill.

As of Friday, a total of 94.13 per cent of the 85,636 votes were formal with 5.87 per cent listed as informal.

About nine per cent of the votes were cast at the Woy Woy Pre-poll Voting Centre.

**Website, 12 Sep 2013
Australian Electoral Commission**

**Media statement, 9 Sep 2013
Mary Doherty, Office of Lucy Wicks**

**Media statement, 9 Sep 2013
Richard Mehrtens, Office of Deborah O'Neill**



Voters and campaigners at the Umina Uniting Church Community Centre

Deborah O'Neill remains more popular

Labor's Deborah O'Neill remained the more popular candidate on the Peninsula in the Federal election despite losing the seat of Robertson.

Ms O'Neill received 11,811 votes at the Peninsula's 13 polling booths, 51.87 per cent of the two-party vote of a total of 22,772 counted as of Friday.

Ms O'Neill was also the preferred candidate at nine of the 13 booths.

At Booker Bay Preschool, a total of 705 formal votes were received with Ms Wicks receiving 56.39 per cent with a total of 397 votes.

Ettalong Beach Primary School recorded a total of 2555 formal votes with Ms O'Neill receiving 53.35 per cent with a total of 1363 votes.

At Woy Woy South Primary School, Ms O'Neill received 1189 of the 2029 formal votes with 58.60 per cent.

Umina Beach Public School recorded a total of 2052 formal votes with 1073 going to Ms



*Former Member for Robertson
Ms Deborah O'Neill*

O'Neill and 979 awarded to Ms Wicks.

Patonga Progress Association saw one vote difference between Ms Wicks and Ms O'Neill with Ms Wicks recording 100 votes and Ms O'Neill 101.

At Pearl Beach Community

Centre 172 of the 339 votes went to Ms Wicks with Ms O'Neill recording 49.26 per cent.

Umina Community Hall recorded 1096 votes with 595 going to Ms O'Neill and 501 to Ms Wicks.

Brisbane Water Secondary College's Umina campus recorded 878 of the 1519 votes to Ms O'Neill and 641 to Ms Wicks.

At Umina Uniting Church Community Centre, 926 of 1749 formal votes went to Ms O'Neill and 823 to Ms Wicks.

Brisbane Water Secondary College's Woy Woy Campus saw 829 of the 1547 votes awarded to Ms O'Neill and 718 to Ms Wicks while the Bays Community Hall saw Ms Wicks awarded 146 of the 290 votes and Ms O'Neill 144.

Woy Woy Pre-poll Voting Centre saw Ms Wicks receive 4141 of the 7842 votes and Ms O'Neill 3701 while the Woy Woy South Progress Association saw Ms O'Neill receive 445 of the 848 votes and Ms Wicks receive 403.

**Website, 12 Sep 2013
Australian Electoral Commission**

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA.

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Woy Woy Community Media Assoc Inc 2013 Membership Application

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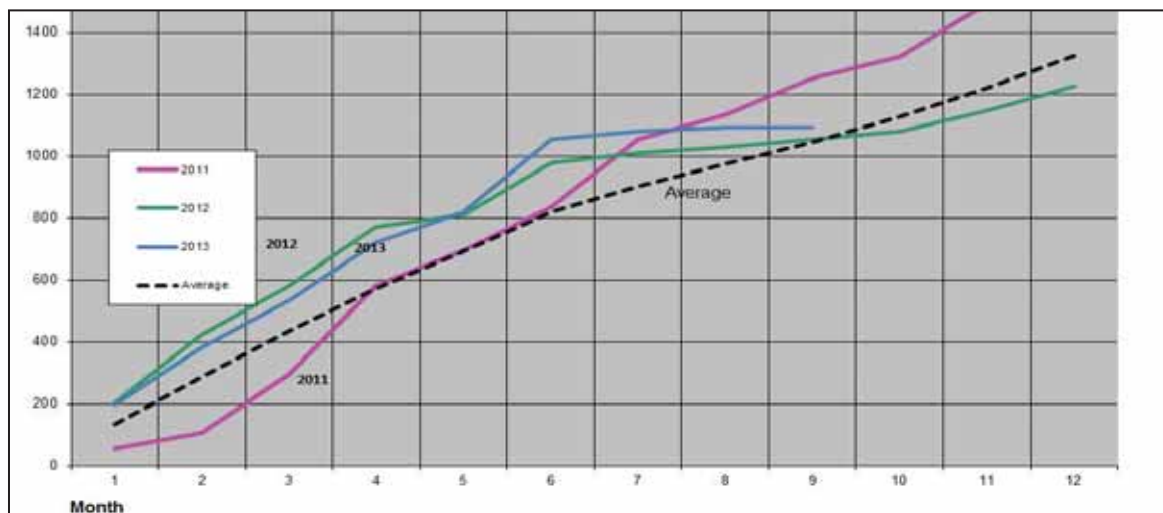
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Almost no rain recorded

The Peninsula has received almost no rain in the first half of September.

Only 1.3mm has fallen compared to a monthly average of 68.5mm, according to Mr Jim Morrison of Woy Woy.

Even without further rain this month, the cumulative total for

rain this year of 1093mm will remain above the average of 1044mm at the end of September.

Temperatures so far this month have ranged between an overnight low of 11 degrees on September 4 and a high of 32 degrees on September 10, according to local weather station www.peninsulaweather.info.

Highest minimum was 17.7 on September 8 and lowest maximum was 21.2 on September 9.

Highest wind gust was 28.1 km/h, recorded on September 12.

Spreadsheet, 13 Sep 2013
Jim Morrison, Woy Woy
www.peninsulaweather.info

Your Chance to Win

Peninsula News and Taronga Western Plains Zoo in Dubbo are giving one reader the chance to win a family pass valued at \$118.

The pass, which is valid until August 28, 2014, will permit free entry for two adults and two children.

During the school holidays, Taronga Western Plains Zoo in Dubbo is offering a new walking tour of the Wild Asia precinct with highlights to include Sumatran tigers, Siamang apes and otters.

To win the family pass to Taronga Western Plains Zoo in Dubbo, write your name, address and phone number on the back

of an envelope and send to Peninsula News Taronga Western Plains Zoo Dubbo competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, September 27.

The winner of last edition's Peninsula News Zakkia competition was Mr John Lind of Woy Woy.

Kaitlin Watts, 13 Sep 2013



Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

Peninsula News

Lucy Wicks wins Robertson



Deborah O'Neill remains more popular



COAST Community News

Deborah O'Neill concedes defeat



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Hazard reduction burn conducted in National Park

A hazard reduction burn was undertaken by the National Parks and Wildlife Service in Brisbane Water National Park near Umina on September 3 and 4.

National Parks and Wildlife Service acting regional manager Mr Alan Henderson said the burn was part of an ongoing fire management strategy which aims to protect lives, property and the biodiversity of the Park.

The 130 hectare burn took place to the west of Umina, east of Nagari Rd and the Woy Woy tip and south of the railway line.

"The burn provided a strategic fuel reduction zone in the Umina area and will assist in preventing wildfire moving through the Park", said Mr Henderson.

During the burn Van Dahls, Sani Depot and Waratah Patch Fire Trails were closed to walkers and smoke may have affected the area including any roads.

This hazard reduction burn was approved by the Gosford Bushfire Management Committee which is made up of local bushfire experts to identify and address local

bushfire risks.

National Parks and Wildlife Service were assisted by Rural Fire Service and NSW Fire and Rescue.

Ground crews were supported by a helicopter which undertook aerial incendiary work.

The burn was also part of the NSW Government's \$62 million package to boost bushfire preparedness and double hazard reduction in the State's national parks where conditions allow.

With the assistance of the Enhanced Bushfire Management Program, National Parks and Wildlife Service plans to burn an average of over 135,000 hectares per year, through more than 800 individual hazard reduction activities.

In the 2012-13 financial year the National Parks and Wildlife Service conducted over 80 per cent of the hazard reduction undertaken across the State with a record 208,000 hectares in 1300 separate fuel reduction activities in our national parks and reserves.

Media release, 2 Sep 2013
Susan Davis, National Parks and Wildlife Service



Pearl Beach Lagoon

Pearl Beach lagoon plan open for comment

The first comprehensive management plan for Pearl Beach Lagoon was placed on public exhibition on Monday, September 9.

It will remain available for comment until Sunday, October 13.

The plan was prepared with support from the NSW Government's Estuary Management Program and aims to create water quality which supports ecological function, improve condition of fringing vegetation, including the Melaleuca wetland (listed as an Endangered Ecological Community) and fringing sedgeland, which provide habitat for local species, improve diversity and abundance of native wetland fauna (including waterbirds), protect and enhance aesthetic beauty and maintain an appropriate level of public access.

The process of reviewing

the available information and consulting with interested stakeholders underpins this plan and assists in guiding the best use of the limited resources available.

The steps undertaken to prepare the management plan adopted a risk-based approach to the management of lagoon health.

They included the identification and discussion of the planning framework relevant to management of the estuary, prioritisation of management objectives based on a combination of issues that need attention and assessment and selection of potential management options to achieve the objectives.

It also encompassed detailing a schedule of activities for the implementation of the best management options, as well as indicating responsibilities and sources of funding for implementing the best options.

Council's senior environment

planning officer Mr Tim Macdonald said the plan had been developed in partnership with the local community.

"The draft Pearl Beach Lagoon Coastal Zone Management Plan (CZMP) was developed in response to community concerns regarding the overall health of the lagoon.

"Council has undertaken an assessment of the health of the lagoon and engaged the local community in contributing to the plan's development, while ensuring management options are based upon sound scientific research.

"The plan will provide direction and guidance on future actions which will help to achieve long term improvements in lagoon health," said Mr Macdonald.

Gosford Council Agenda
SF.17, 20 Aug 2013

Media release, 2 Sep 2013
Tim Macdonald, Gosford Council

Council seeks review of Woy Woy Rd

Gosford Council will write to the Minister for Roads asking to have Woy Woy Rd, between the Central Coast Highway and Rawson Rd, reclassified as a State road.

If the request is successful, the responsibility for the maintenance, upgrade and long-term planning of the road would shift from the council to the state government.

The Roads and Maritime Service has told the council that it may seek a review of the classification of the roads where an argument existed for such a review.

The council will present evidence that the road is now subject to significantly higher traffic volumes and therefore a review is warranted.

Gosford Council Agenda
NM.14, 3 Sep 2013

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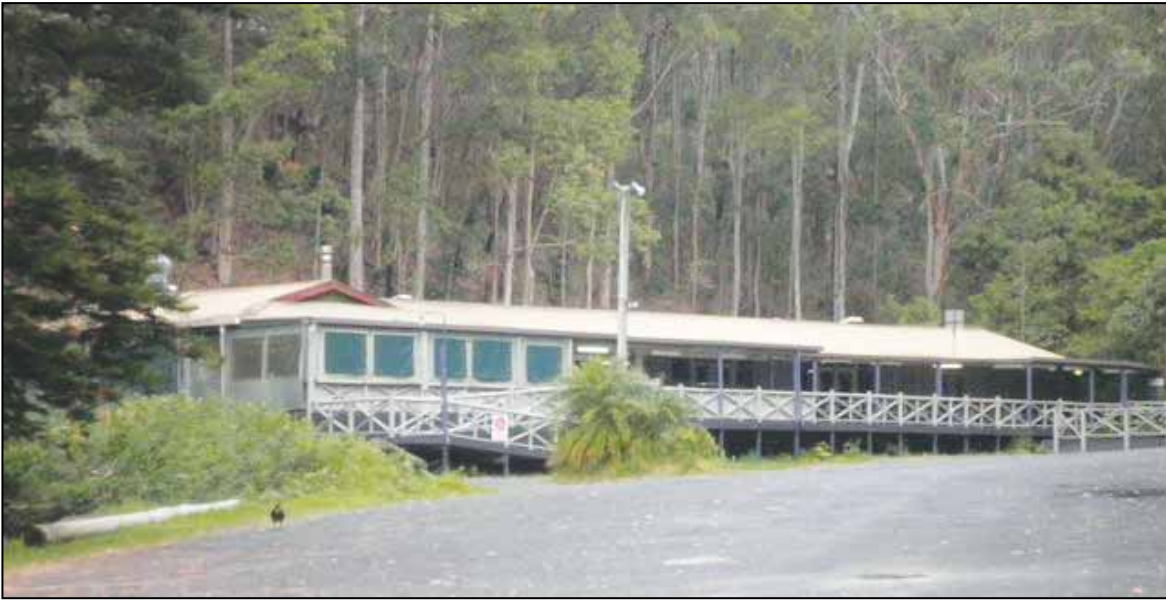
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Hardys Bay RSL

Hardys Bay RSL winds back

The Hardys Bay RSL and Citizen Club will wind back its operation, having failed to attract interest in its sale.

It had been placed on the market after owing more than \$700,000 to lenders within the community.

The club will no longer provide betting and poker machine facilities and instead intends to operate as a family-friendly bar offering facilities

for functions and parties.

A trial period for the club's restaurant, the Bayleaf Bistro, has been established by the club's Board and awaits judgement of community and member interest.

At this stage, the restaurant and the club bar will open on Friday and Saturdays from 3pm.

The premises will be available for the functions and parties with live music to be offered on

Saturday evenings.

The club's board has advised that the lenders have agreed to a revised marketing plan and to wait until Gosford Council's new planning scheme is gazetted.

This will change the zoning of the property from "club only" to a broader use including restaurants.

Email, 10th September 2013
Allan Wilson, Hardys Bay Residents Group

Community centre elects new board as president retires

Not-for-profit organisation Coast Community Connections will elect a new Board of Directors on Tuesday, September 17.

Long-time president Ms Katie Smith has announced she will not stand for re-election.

The organisation, which runs the Peninsula Community Centre as well as ageing, disability, youth, children's, counselling and support services, will hold its annual meeting on Tuesday, September 17, from 10am.

Appointments will include president, vice-president, treasurer and secretary as well as other board members.

Coast Community Connections acting president Mr Ron Thomsen said: "It is with considerable sadness that we advise of the resignation of Katie Smith as president and board member of our organisation."

"Katie, of course, is synonymous with the Peninsula Community Centre having been involved for many years, both as a volunteer and friend, and later as president

of the board, a position she has held for the last 12 years.

"During this time Katie presided over an era of substantial growth and development, moulding Peninsula Community Centre into the community organisation it is today.

"I think it is fair to say there is no other single person who has contributed more to the Centre than Katie."

He said her legacy was "a strong, financially sound and growing community organization".

"While it is with sadness that we lose a longstanding member such as Katie, we are pleased to be introducing two new faces to the board, Dr Brian Freeman and Dr Roger Hayward, who will join existing members Ron Thomsen, Mallory Dale, Sharryn Brownlee and Dr Jeanette Martin," said Coast Community Connections CEO Mr Andrew Tuck.

All members and associates are invited to attend the meeting to be held in the Seniors Room at the Peninsula Community Centre.

Media release, 12 Sep 2013
Katey Small, Brilliant Logic

Construction starts on pedestrian underpass

Night construction works within the rail corridor at Woy Woy were undertaken on Saturday, September 14, and Sunday, September 15.

The works were the start of construction of the pedestrian-cycleway underpass at Rawson Rd, Woy Woy.

This is the first stage of a project to remove the existing level crossing at Rawson Rd.

The construction works were undertaken during a rail shutdown period and involved the removal of a section of rail track and the excavation of materials and installation of sheet piling across

the track.

The work will allow the installation of the underpass during the next rail shutdown, which is scheduled for March next year.

Nearby residents may have experienced construction noise.

Media release, 11 Sep 2013
Gosford Council



Katie Smith



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A bingo game in progress

Catholic Parish to hold double session bingo marathon

Woy Woy Catholic Parish will hold a 100-game bingo marathon from 2:30pm to 10:30pm on Saturday, October 5, at the Peninsula Community Centre.

Woy Woy Catholic Parish operates Cash Bingo every Saturday night at 7:30pm all year round at the Peninsula Community

Centre and has been doing so since the 1950s in Ettalong and since February this year at Woy Woy.

Marathons have previously been held every Easter and October for the past eight years.

This is the first time a double session marathon will be held.

The day will include two normal Saturday night sessions all in one

afternoon-evening and a two hour half-time break with a free sausage sizzle.

Free tea and coffee will be available all day and all funds raised will go toward supporting Woy Woy Catholic Parish community projects.

Media release, 30 Aug 2013
Robert Graham, Woy Woy Catholic Parish Housie



Character parade

Umina Public School Kindergarten students participated in a Book Character Parade on Wednesday, August 28.

"They all looked magnificent and I know that the children enjoyed the day," said principal Ms Lyn Davis

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Herbert 'Bert' Loomes Washington

Long-time resident dies

Herbert Loomes Washington of Ettalong died on Saturday, July 27, aged 94.

Bert, as he was known, arrived in Ettalong after serving in World War II.

Over three generations, he and his wife worked for the RSL and Ladies Auxiliary and other organisations that approached them.

Bert was born on October 23, 1918.

Letter, 3 Sep 2013
Marj Cleere, Umina

Community groups receive club grants

A number of local charities and community groups were presented with cheques on Friday, August 23, at the Club Grants presentation held at Ettalong Beach Club.

A total of \$173,000 was distributed between the groups including Central Coast Outreach Services, Working Age Group Stroke, Hospital Art Australia, Umina Surf Life Saving Club Inc, St Vincent de Paul Ettalong, Concern Australia (Hand Brake Turn), Dizzyland Community Entertainment Foundation, Umina Beach Men's Shed Inc, Centacare Broken Bay (Mary Mac's Place), Central Coast Family Support Service Inc and Youth, Family Education Resources, Peninsula Community Centre and Community

Advocates Ltd.

The cheques were presented to the recipients by the Club's chairman Mr Don Young, CEO Mr Bill Jackson and club directors.

The recipients took the opportunity to present to the directors details of what the Club's support meant to their organisation.

Mr Jackson said: "The presentation of these funds back into the community continues to contribute to the economic and social well-being of the Peninsula community and such a presentation is the one of the most humbling and rewarding days for the Club and we look forward to looking after as many similar groups next year."

Media release, 5 Sep 2013
Joy Allan, Ettalong Beach Club

Children receive hero award for duck rescue

Three children from Umina will receive a Hero to Animals Award from People for the Ethical Treatment of Animals (PETA) Australia after they rushed an injured duck to a vet after finding it shot through the head with an arrow.

Matisse Lehmann, Jasmine Duxbury and Calum Lehmann, who range in age from 8 to 11, were playing at the creek off Neera and Cowper Rds when they found the arrow and then the injured bird.

They wrapped her in a towel and rushed her to a local vet, who expects her to make a full recovery.

For their quick thinking and kind efforts, Matisse, Jasmine and Calum will each receive a framed certificate and a letter of

appreciation from PETA.

"The compassion and heroism shown by these children are truly an inspiration," said PETA Australia director of campaigns Mr Jason Baker.

"These days, so many people don't want to get involved, or they pretend not to see what happens to animals.

"These children are heroes for animals because they did not hesitate to help when they saw an animal in trouble.

"Umina residents are very fortunate to have people like these kids who are ready to spring into action to care for animals," said Mr Baker.

Media release, 5 Sep 2013
Claire Fryer, PETA Australia

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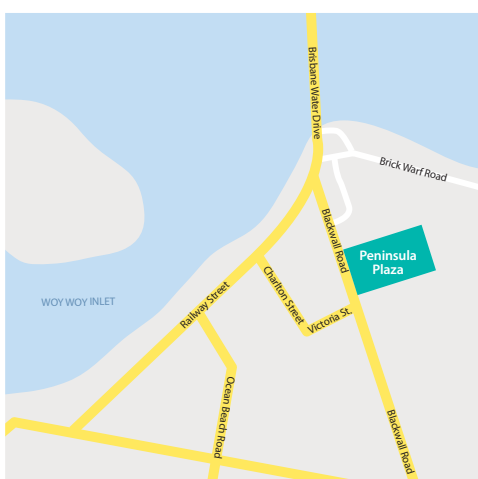
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Garage sale for hunger relief

A garage sale will be held on Saturday, September 21, at a Woy Woy fast food store to raise money for world hunger relief.

The event will be held at Woy Woy KFC from 9am with a number of events run by the

store throughout the month of September to raise money for world hunger relief.

All items are donated by staff and local families with the events run by staff who donate their time.

Email, 10 Sep 2013

Warren Law, KFC Woy Woy

Boom gates smashed

Officers from Brisbane Water Local Area Command are investigating damage to boom gates at the level crossing on Rawson Rd, Woy Woy.

A vehicle waiting on the western side of the level crossing on Monday, September 9, suddenly drove directly into the western boom gate, knocking the boom gate off, and then crossed onto the wrong side of the road, according to police.

The vehicle then drove into the

eastern boom gate and knocked it off as well.

The incident occurred before the train approached, and the vehicle left the scene immediately.

Police attended the scene shortly after the incident occurred and, due to safety concerns, stopped all vehicle traffic from crossing the tracks.

Trains were stopped for approximately 50 minutes while repairs were carried out.

Anyone who has any information on this incident should contact Crime Stoppers on 1800 333 000 or Gosford Police Station on 4323 5599.

Website, 10 Sep 2013

Brisbane Water LAC Facebook

The Senate vote in Robertson

A total of 78,509 Senate votes had been counted as of Friday, September 13, of the 100,761 people enrolled in the Robertson electorate.

Liberals and Nationals were leading with 36.76 per cent of total votes at 27,988, followed by Labor at 32.92 per cent with 25,064 votes.

Sitting on 8.13 per cent with 6190 votes was the Liberal Democrats followed by the Greens with 5283 votes at 6.94 per cent.

The Palmer United Party recorded 3.20 per cent at 2436 votes and the Christian Democratic Party (Fred Nile Group) received 1.41 per cent with 1074 votes while the Democratic Labour Party received a total of 1072 votes at 1.41 per cent.

The One Nation Party received 1.02 per cent of the votes with 777, the Sex Party received 0.93 per cent of votes with a total of 707 and the Wikileaks Party received 0.70 per cent of the vote with 534.

The Shooters and Fishers Party received 553 votes at 0.73 per cent, the Australian Independents recorded 417 votes at 0.55 per cent, the Animal Justice Party received 0.50 per cent with 378 and the Australian Fishing and Lifestyle Party received 0.41 per cent and a total of 311 votes.

The Voluntary Euthanasia Party received a total of 284 votes with 0.37 per cent, the Australian Motoring Enthusiast Party received 268 votes at 0.35 and the Pirate Party received 255 votes at 0.33 per cent.

Katter's Australian Party received 0.32 per cent with 243 votes, the Family First Party secured 243 votes with 0.32 per cent and the Bullet Train for Australia party recorded 0.28 per cent and 212 votes.

The Australian Democrats received only 0.21 per cent of the vote with 163, the Smokers' Rights Party received 0.20 per cent and recorded 156 votes, the Carers Alliance received a total

of 0.12 per cent with 90 votes and the Stop The Greens party received 0.12 per cent of the vote with 93.

The Drug Law Reform party had 0.09 per cent of the vote with 70 votes in their favour, the No Carbon Tax Climate Sceptics party received 85 votes with 0.11 per cent while the Future Party also received 0.08 per cent with 61 votes.

The Rise Up Australia Party received 58 votes with a total of 0.08 per cent, the Australian Protectionist Party and the Australia First Party each recorded 48 votes with 0.06 per cent of and the Australian Voice party also received 0.06 per cent of votes with a total of 46.

The Stop CSG party and the Secular Party both recorded 38 votes at 0.05 per cent and the Uniting Australia Party received 0.05 per cent with 36 votes.

The Building Australia Party received 0.05 per cent with 35

votes, the Stable Population Party recorded 33 votes with 0.04 per cent, Group F, made up of Andrew Whalan and Peter Grant Cooper, received a total of 30 votes and 0.04 per cent and the Senator Online (Internet Voting Bills/Issues) party received a total of 28 votes with 0.04 per cent.

The Non-Custodial Parents Party (Equal Parenting) received 28 votes at 0.04 per cent, Group AG, made up of Tom Wang and Daniel O'Toole received 0.03 per cent of the Robertson vote with 24 and the Australian Republicans received 22 votes as 0.03 per cent.

The Socialist Alliance party received 21 votes at 0.03 per cent, Socialist Equality Party received 0.03 per cent with 20 votes and independent Ron Poulson received one vote.

Website, 12 Sep 2013

Australian Electoral Commission

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COAST Community News

Deborah O'Neill concedes defeat



Deborah O'Neill concedes defeat

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I am happy to see political change again.

Liberals can no longer claim they are unable to act on my often published allegations.

Gosford City Council misled the NSW State Coroner during his inquiry into the deaths of five people at Piles Creek, Somersby. What happens to the way you will be governed in the future is entirely up to you.



I know better than to get excited when our elected representatives blow their own trumpets while spending our money putting in place amenities we are entitled to have as taxpayers!

A great example is our 30 bed Woy Woy Public Hospital Rehabilitation Ward which was stolen from us by Labor in the first place.

My people are coming to me now with concerns.

Despite assurances that the new rehabilitation wing would be for everyone on the Peninsula, including

young people and not just geriatrics patients, I have a report that our rehabilitation wing is refusing admittance to people under sixty five years of age.

I have been allowed to understand that another of the local Woy Woy Public Hospital Alliance members is said to be languishing far away at Kanwal, twenty dollars by taxi from Wyong station.

This is a disgrace when we consider what she and many others fought for. The Woy Woy Public Hospital Alliance had to fight hard to have

the word "geriatric" removed from the proposed name of our medical amenity.

In fact, we made it quite clear it should be known as the Brian Neville, Woy Woy Public Hospital Alliance Memorial Wing, because Brian was chosen from amongst us as the public face of the alliance fight.

Right from the start, Brian was out in his mobility device gathering support for the return of an important medical amenity which should never have been stolen from us by labor in

the first place.

Hard core alliance members and many of my readers know I do not like cheats and liars.

It is now apparent to me that politicians and government officials who support them, in agreeing to remove "geriatric" from the name of our returned medical amenity, were simply intending to disarm these and other angry Alliance members, many of whom are seen here in this photograph outside NSW Parliament.



I am very happy to see political change because none of us will be well represented as long as the people whom we give our votes to, in trust, turn out, time and time again, to be so untrustworthy.

Consider the amount of political graffiti along the Central Coast Highway on Avoca Drive toward

Kincumber and elsewhere as a barometer of the level of disrespect our political candidates and their supporters have for us. Labor core flutes are still littering power poles.

These illegal placements are accommodated by a lazy Gosford City Council.

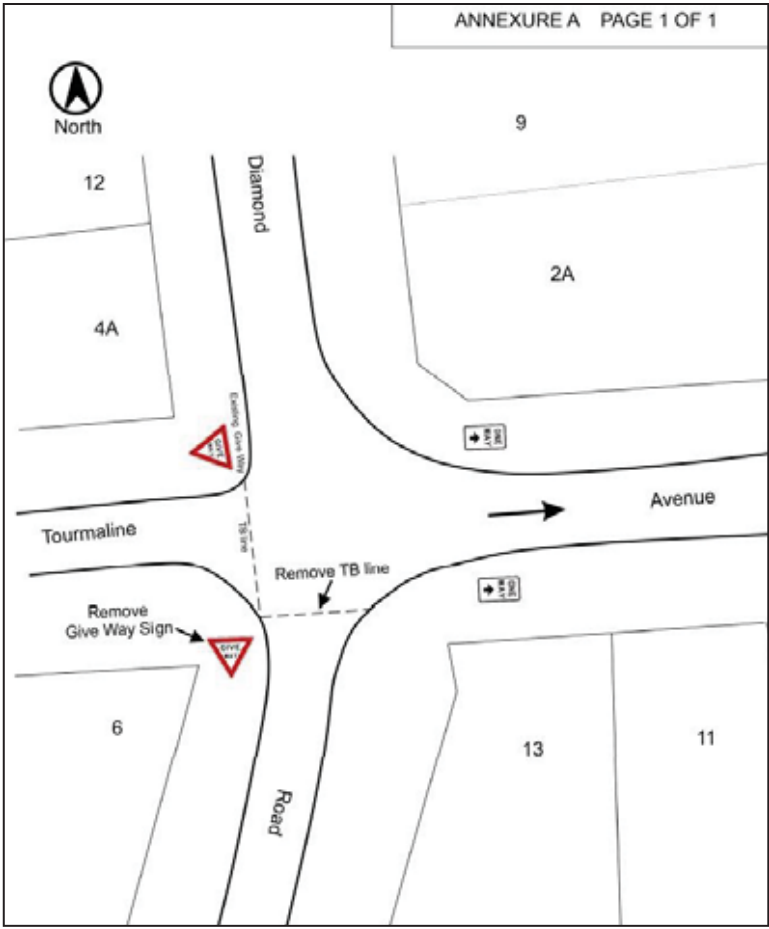
Those core flutes are, according to the law, Graffiti and have been since 2008.

Councils across NSW, pursuant to the Graffiti Control Act 2008, Section 6, refuse to act with all due diligence on matters of compliance.

It is all about the fact that

councillors, and even the Mayor in Gosford Council's case, have an interest in their political garbage remaining on display even though it means they are conducting their political campaigns outside the law.

Edward James



Give way sign removed

A Give Way restriction on Diamond Rd, Pearl Beach, on the southern side of Tourmaline Ave, will be removed following a request from a resident.

The resident wrote to council and requested that the sign be removed and, following investigations by council's Local Traffic Committee, it was found

that following the change in traffic flow in Tourmaline Ave to one way eastbound, the Give Way sign for northbound traffic was no longer required.

The decision was recommended by council's Local Traffic Committee at its meeting of August 5, and endorsed by Council on Tuesday, September 3.

Gosford Council Agenda TR.13.45, 3 Sep 2013

Margin's Mushrooms

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- + a freshly picked bag of mushrooms.

Charged with negligent driving

A man has been charged following an alleged hit and run collision in Woy Woy on Monday, September 2.

Police have been told a 37-year-old man, his wife, two children and the family dog were walking along Everglades Cr about 3:35pm when there was an exchange between him and the driver of a passing hatchback.

It was alleged that the driver of the car turned around and deliberately struck the man and then drove away.

The man was treated for head injuries before being taken to Gosford Hospital by NSW Ambulance Paramedics.

The following morning, a 21-year-old man attended Gosford Police Station, where he was arrested.

He was later charged with use of an offensive instrument with intent to commit indictable offence and negligent driving.

The man's vehicle was seized and will be examined by specialist forensic officers.

He was granted conditional bail to appear before Woy Woy Local Court on Tuesday, October 22.

Media release, 3 Sep 2013
NSW Police Media

Robbed of handbag

An 86-year-old woman was robbed of her handbag on Monday, September 1, in Woy Woy.

The woman told police she was walking through a laneway behind Woy Woy oval at about 11am when a man ran past and snatched her bag from her hands.

He continued running towards Camellia Circle.

A number of witnesses assisted the victim until police and emergency services arrived.

A canvass of the area was conducted and police are now appealing for help to locate a man they believe can assist with their investigation.

He has been described as being of caucasian appearance, about 183cm tall with a medium to large build.

At the time he was wearing a beige-coloured baseball cap, beige jumper and white running shoes.

Police are urging anyone with information about this incident to call Gosford Police or Crime Stoppers on 1800 333 000 or use the Crime Stoppers online reporting page: <https://www1.police.nsw.gov.au/>.

Media release, 3 Sep 2013
NSW Police Media

No stopping signs to be installed

A number of No Stopping signs will be installed in the vicinity of Bowden Rd

and Farnell Rd, Woy Woy, following requests from council's ranger services.

Council's rangers asked that the signs be provided at the intersections of Edward St with Bowden Rd and Farnell Rd following requests from local residents.

Council rangers inspected the area and observed that the statutory No Stopping restrictions at the intersections were not being adhered to.

The rangers asked that consideration be given to signposting the statutory restriction.

No Stopping signs will be installed on the north-eastern and south-eastern corners of Bowden Rd at its intersection with Edward St and on the north-eastern and south-eastern corners of Farnell Rd at its intersection with Edward St.

Gosford Council Agenda TR.13.54, 3 Sep 2013

Book fair at PCYC

A Book Bonanza Fair will be held at Umina Beach PCYC on the weekend of October 5 and 6 from 9am to 5pm.

The fair, which is being run by the Rotary Club of Woy Woy, will feature a selection of books across a range of categories including humour, cooking, children, entertainment, hobbies, business, travel, health and education.

Books, CDs, DVDs and children's games will be sold for \$2 each with all proceeds going to Umina Beach PCYC.

Email, 9 Sep 2013

Allison Carpenter, Umina Beach PCYC

Computer Guy



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Small business bus visits Woy Woy

Small businesses in Woy Woy were able to take advantage of business assistance when the Small Biz Bus visited The Boulevard on Wednesday, August 28.

Small business operators turned out on the day to meet with business experts for personalised, individual advice.

Key business sectors included retail, as well as finance, health and personal service operators.

The Small Biz Bus is a NSW Government initiative and services on the bus are available at no cost to small business operators.

"It's easy to get caught up in the day to day reality of running a business, but speaking to a business expert can help you

view your business from a new perspective, and can be an effective sounding board to help you think about problems in a new light," said NSW Small Business Commissioner Ms Yasmin King.

To book an appointment on the bus or to speak to your local Small Biz Connect advisor throughout the year, call Small Biz Connect on 1300 134 359

The Office of the NSW Small Business Commissioner helps small businesses by providing dispute resolution services, speaking up for small business within government and delivering business advice through Small Biz Connect.

Email, 3 Sep 2013
Natalie-Eve Gambell, Small Biz Connect Unit

Trivia evening raises \$2000

The Pearl Beach Progress Association hosted 100 people at a fundraising trivia evening on Saturday, August 24, in the Pearl Beach Memorial Hall.

The night raised \$2000 toward new equipment for the volunteer Pearl Beach Rural Fire Brigade.

The brigade recently acquired a new troop carrier but needed to replace a number of old and outdated pieces of equipment.

Pearl Beach Brigade president Mr Don McVean accepted the cheque from Pearl Beach Progress Association president Mr Roger Murray.

He said the brigade would use it to purchase a new nozzle for its troop carrier.

"Even though our table didn't collect any prizes, we certainly had fun trying to solve the trivia questions," said Mr McVean.

Mr Murray thanked the volunteer brigade for its dedication and, at times often dangerous work, protecting lives and property.

Media release, 3 Sep 2013
Lyne Lillico, Pearl Beach Progress Association
Photo: Bev Lapacek



Pearl Beach Progress Association president Mr Roger Murray presenting the cheque to Pearl Beach Brigade president Mr Don McVean

Local pies win national medals

A Umina patisserie has won several awards at the 2013 Official Great Aussie Pie competition held at Fine Food Australia and the Sydney Exhibition Centre from September 9 to 12.

Bremen Patisserie won gold medals for its seafood marinara pie, beef vindaloo pie and chicken veggie mornay pie.

It was awarded silver for its plain meat pie, mango curry chicken and peanut pie and its rabbit casserole pie.

Bremen Patisserie also won bronze medals for its chunky beef pie, vegetable cheese mornay pie, traditional apple pie and Italian

bolognese pie.

Mr Ron Bruns is famous for his Flaming Ron, the super-hot chilli

meat pie, and recently interviewed about it on national television.

Email, 10 Sep 2013
Ron Bruns, Bremen Patisserie

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Brisbane Water Secondary College student and Peninsula Village resident work on the scrapbook together

Retirement village receives better practice award

A local retirement village has received a national Better Practice award at the 2013 Better Practice Conference held in Sydney on Thursday, July 25.

Peninsula Village staff were presented with the award in the category of Resident Lifestyle for a scrapbooking project that was worked on by both Peninsula

Village residents and Brisbane Water Secondary College students.

The scrapbooking project involved residents working with the local students to scrapbook using photographs of their new home being built.

"The scrapbooking project provided a focal point for both the students and the residents, to commence their relationship,"

said Peninsula Village executive assistant Ms Lisa Dalton.

"This overcame the initial awkwardness and provided a path for communication.

"The purpose of the scrapbooking project was to provide a vehicle to assist residents to connect and feel at home in their new surroundings.

"Moving home is recognised as one of the most stressful events in anyone's life.

"Moving into care is not just about location change with all that that involves; it is also about a social change.

"By participating in the scrapbooking project residents were able to identify themselves to their new acquaintances and to learn something about them in return, thus giving a greater sensation of equal belonging," said Ms Dalton.

Media release, 8 Aug 2013
Lisa Dalton, Peninsula Village

Residents call for clean-up

Gosford Council has received a petition with seven signatures from residents expressing their concern regarding a house in Commonwealth Ave, Blackwall.

The petitioners stated that the premises posed health and safety issues and that there were two unregistered vehicles on council land.

It is also stated that the lawns had not been maintained for over

18 months, the laneway next to the property had rubbish everywhere and that plants, trees and bushes were overgrown.

The petitioners said there was also a large trampoline leaning against the fence adjoining the laneway and the balcony of the premises was full of rubbish bags.

It has been requested that council ask the tenants to clean up the premises.

Gosford Council Agenda
P.26, 20 Aug 2013

Ausgrid addresses slippage risk

Ausgrid has undertaken to rectify potential landslip and siltation problems arising from an easement created on a steep slope near Wards Hill Rd at Killcare.

The undertaking came after Cr Deanna Bocking brought the attention of council staff to the matter.

She said that the energy utility had removed mature trees and undergrowth which would have held the soil and rocks together.

Cr Bocking said the area could be at risk of slippage or runoff

siltation into Mudflat Creek should heavy rains continue to affect an already wet area.

Representatives of Ausgrid advised that the contract co-ordinator was aware of council's concerns and was taking the necessary steps to rectify any problems.

It was also said that members of the Ausgrid environmental team had investigated the matter and were co-ordinating additional rectification works where appropriate.

Gosford Council Agenda
COR.74, 20 Aug 2013

Petition requests tree removal

Gosford Council has noted a petition that was received from the local Member of Parliament on behalf of local residents, requesting the removal of a large gum tree in Woy Woy.

The petition had 71 signatures.

The tree is located in Edward St.

The petitioners stated that the old tree had roots impacting the footpath which caused much

distress to the disabled, elderly on motorised scooters, mothers with prams and the vision impaired.

It was requested that council investigate and consider the matters raised in the petition and provide an answer in due course.

Gosford Council Agenda
P.28, 20 Aug 2013

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Drug charge follows police station trespass

A 32-year-old Umina man was arrested for shoplifting and possessing drugs, after being found trespassing at Woy Woy police station.

Police found the man on Wednesday, August 14 in the rear compound area of Woy Woy Police Station where he was observed looking into police vehicles and stumbling around.

He was placed under arrest and questioned about trespassing on police property.

A check of the compound located a black wallet and a resealable plastic bag containing suspected cannabis and a bottle of alcohol, allegedly stolen from a nearby liquor outlet shortly beforehand.

Police found the man had apparently defecated between two

vehicles.

The man appeared to be affected by alcohol or drugs, was slurring his speech, struggling to walk unassisted and had difficulty responding to police.

He was taken to Gosford Police Station where it was discovered that some clothing worn by the man may also have been stolen.

Police also reviewed the Woy Woy Police Station CCTV.

He was subsequently charged with shoplifting, offensive behaviour, possession of a prohibited drug, and possession of stolen goods.

Two warrants for his arrest were also executed for assault and attempting to escape lawful custody.

Website, 15 Aug 2013
Brisbane Water LAC Facebook



Arborist Mark Boyes, assisted by Robert Payne and John Greenway, releases rope from the Big Shot into a large Flooded Gum prior to pruning

Petition about dogs is noted

Gosford Council has received a petition from concerned residents regarding noisy and dangerous dogs in Springwood St, Ettalong Beach.

The petition had 11 signatures and stated that the dogs in question barked day and night, disturbing the neighbourhood.

One of the petitioners claimed

to be unable to rent their property because of the problem.

The petition also stated that the dogs are unregistered and dangerous, with a tragedy waiting to happen.

The petitioners asked that council address the problem urgently.

Council has noted the petition.
Gosford Council Agenda
P.24, 20 Aug 2013

Big Shot for native arboretum

The Crommelin Native Arboretum at Pearl Beach has acquired equipment for getting ropes and equipment into the tall canopies of its towering trees.

The acquisition is known as the Big Shot and has made the job of pruning trees easier, according to committee member Dr Robert Payne.

Big Shot is a large slingshot on a long fibre glass pole which allows a rope to be shot over branches at the very tops of the tallest trees.

These trees can be up to 37 metres high.

Big Shot can be used by one person but its operation is much easier if two extra people aim it.

When a dead branch cannot be pulled down with the rope, the operator has to scale the trunk of the tree and the rope is used to pass up the chainsaw and other equipment.

The Arboretum of Pearl Beach is a "museum of living trees" and is made up of remnant bushland together with planted native trees, said Dr Payne.

Consulting arborist Mr Mark

Boyes is tasked with the job of operating the Big Shot and has emphasised the importance of pruning trees.

"If planted trees are not kept healthy, they won't serve their function of providing shade or protection and can even become a hazard," Mr Boyes said.

Dr Payne said the site looked better for having received the

treatment of Big Shot.

"You feel a lot easier when you walk through it," he said.

The arboretum is always open to the public and anyone wishing to enjoy a walk along its paths.

It is asked that visitors do not bring dogs to the site.

Media release, 14 Aug 2013,
Esther Beaton, Crommelin
Native Arboretum
Photo: Esther Beaton

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Chris Holstein MP MEMBER FOR GOSFORD

ON YOUR SIDE

Forum

Accurate information and facts are important

I write in response to an advertisement from Edward James printed in the Peninsula News on Monday, August 19, regarding the placement of election signage for mayor Lawrie McKinna as a candidate in the Federal election.

Claims that mayor McKinna's signs were erected in "places that were illegal to use" are false and misleading.

This advertisement displayed an image of a Lawrie McKinna sign placed on fences in front of council land, not on council land itself, which is, in effect a permitted use.

In relation to claims that Council changed its policy to legitimise any actions in the lead-up to the election, Council is currently in the process of further updating and amending its policy so this is not in fact the case.

Mr James is again reminded that, at the time, an independent

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 1056,
Gosford 2250 or
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See Page 2 for
contribution conditions

assessment was conducted for DA 11923/2001.

It was found that no anomaly existed within the assessment process and that the allegations Mr James made were not valid.

His advertisement alleges that Council is "bullish in its insistence in accommodating property developers who want control of our foreshore land at Gosford".

Development on the Gosford Waterfront is controlled by the State Government and is in accordance with the Masterplan 'My City, My Destiny' which is based on extensive community input and consultation.

The court case Mr James refers to as being in court on August 9 was brought to court by the defendant and not council as is alleged.

He claims that Gosford Council "misled the State Coroner during his inquiry into... Piles Creek, Somersby".

At the time of this incident, council publicly accepted the Coroner's recommendations and supported the independent review of its procedures.

I think it is important that people are provided with accurate information and facts in relation to the issues raised, so that biases and inaccuracies do not cloud people's judgement of these matters.

Email, 4 Sep 2013
Paul Anderson, Gosford

Congratulations Lucy on becoming our local member.

Your support for the re-development of the Woy Woy Oval was, I am sure, a determining factor in many peoples' mind.

The big question is whether you are going to support mayor Cr Lawrie McKinna and his masterplan or request a review before committing millions of dollars to the project.

When Council established the committee to make recommendations for the site I think most people expected to see plans for a replacement grandstand along the lines of the existing structure.

This would include ground entry and ticket booth, players' change rooms, referee's room, public toilets, canteen (kiosk) and elevated seating for about 800 to 1000 spectators.

The proposed masterplan includes all of these facilities, with the exception of the elevated seating, but in a number of separate buildings.

Each purpose-built structure would require the extension of existing electricity, water and sewerage services.

Each would also have individual maintenance requirements and security concerns.

This surely must greatly increase the cost.

Forum

The plan also calls for the actual playing field to be moved closer to the existing tennis courts and Peninsula Plaza car park.

Just moving the lighting towers would be an enormous task.

This also reduces the space available to the teams to warm-up prior to the game, not to mention the loss of 50 car parking spaces.

The construction of another coffee shop might be the start of a "vibrant and accessible community hub", it might also mark the end of any chance of having a stadium in the City of Gosford which could service many sporting events throughout the year.

I recently called for Cr McKinna to hold a public meeting to discuss the plan, but he refused.

You are our last hope.

Before committing to this enormous expenditure and saddling the township with this totally inadequate sporting facility let's at least have an open discussion to allow both council and the real stakeholders to have their say.

There is plenty of time before the first sod is turned and we might just avoid wasting millions on a facility which turns out to be a white elephant and pleases nobody.

Email, 11 Sep 2013
Fred Charles, Woy Woy

Aussie values in the Senate

We have a new government, a new broom that sweeps new.

But the real, wholesome achievement of Australian voters

Forum

is to get Aussie values candidates in the Senate, senators who represent sport, SUVs and guns.

Not to forget the brick with eyes.

Also, as a bonus, a new court jester gets into parliament.

It reminds me of the days of the humourist politicians, Fred Daly and Jim Killen.

Fred, as a joke, nominated East Sydney's firebrand, Eddie Ward, for the English House of Lords.

Later, Eddie Ward walked into parliament and was puzzled by the calls of Lord Ward.

Even prime minister Bob Menzies was amused.

Letter, 11 Sep 2013
Keith Whitfield, Woy Woy

No more fast food, thank goodness

Forum

United service station on Ocean Beach Rd but there is not going to be one, thank goodness.

Letter, 8 Sep 2013
Linda Moverley, Woy Woy

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Woy Woy campus holds celebratory assembly

Brisbane Water Secondary College's Woy Woy campus has held an assembly and awards ceremony to celebrate the college winning a regional CoastCare award.

The college won the Champions of the Catchment - Regional Coastcare Award for its clean-up efforts over the last eight months.

The clean-up project which involved the Hunter-Central Rivers Catchment Management Authority, local waste warrior Graham Johnston, the Community Environment Network, Gosford Council, the National Parks and Wildlife Service and the local oyster industry has seen the students work to remove over 17 tonnes of rubbish from Brisbane Water, including Pelican Island Nature Reserve.

Students from both the Umina and Woy Woy campuses were involved in the clean-up program, including those from the environment and bushcraft group, the support unit, Youth Connections and The Croft.

The removal of this marine

debris has helped to protect wildlife from the effects waste has on the local environment, while assisting in the health of local marine habitats such as mangroves and saltmarsh, according to Catchment Management Authority officer Ms Maree Whelan.

"The local students have worked hard to remove an unbelievable amount of rubbish from this precious waterway and deserve a big pat on the back for their efforts," said Woy Woy campus principal Mr David Allomes.

"Winning the Champions of the Catchments - Regional Coastcare Award is a great accolade for these students and getting the recognition for a job well done from their school mates is also a great opportunity to celebrate this achievement."

Brisbane Water Secondary College will now progress to the State Landcare People's Choice Awards which will take place in September.

Media Release, 7 August 2013
Maree Whelan, Hunter-Central Rivers CMA



Brisbane Water students with their certificates

'Inner city' school visits Woy Woy South

Woy Woy South Public School recently hosted students from Islington Public School in Newcastle, as part of the schools' efforts to learn more about inner city schools and students.

Islington Public School is a

small school of approximately 100 students situated in the centre of Newcastle.

A large number of the students from Islington Public are from Sudanese and Nigerian backgrounds, with their families having only recently arrived on Australian shores.

Students spent the day interacting with one another and sharing stories about each of the schools.

Woy Woy South Public's ukulele and Pacific Island groups also performed for students on the day.

A class visit to Islington Public is scheduled to occur later on in the year, which will give students the opportunity to see first-hand what the differences are between Woy Woy South Public School and an inner city school.

Newsletter, 3 September 2013
Terry Greedy, Woy Woy South Public School



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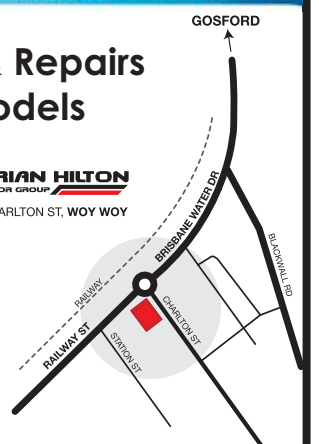


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Carol Leitch, Dorothy Mulholland and Anna Alvarez

Groups work together to help cancer unit

The Woy Woy Peninsula Lions Club has donated \$250 towards the purchase of materials needed to make cushions and drip bags for patients at the Breast Cancer Unit at Gosford Hospital.

The items are made by women in a stitchery group at the Ettalong Beach Arts and Craft Centre, through a project known as Boobs and Bags.

The members of the group make the comfort cushions, which are designed to fit up under the patient's arm pit, and as well as the drip bags.

The stitchery group has, however, been struggling to keep up with the cost of materials needed to supply the orders.

In the last six months, there have been 250 sets of cushions and bags provided, which is almost the projected annual supply.

The anticipated demand would

be to supply 300 sets per year but this number is steadily growing.

The Breast Cancer Unit relies upon the stitchery group to help provide additional, yet simple, comfort for both male and female breast cancer patients.

The Unit does not receive funding to provide patients with the cushions and drip bags and relies on community groups for support.

It is with the help of donations from individuals and clubs, such as the Woy Woy Peninsula Lions Club, that the work is able to continue.

Email, 5 Sep 2013

Dorothy Mulholland, Ettalong Beach Arts and Craft Centre

Medical images made available by phone

A Woy Woy medical imaging clinic has launched a new app to give GPs and specialists the ability to access and review patient MRI, CT, ultrasound and X-ray images on their phones and tablet computers.

Central Coast Radiology Woy Woy radiologist Dr Alison Hunt said the radiology group was thrilled to be pioneering the "next generation" in medical imaging technology on the Central Coast.

"We have invested significantly in this new technology to help provide increased flexibility to doctors and we believe the introduction of the I-Med Online IntelConnect app will help them better manage urgent patient cases and put treatment plans in place faster," said Dr Hunt.

When logged in, doctors will be able to access patient's images and reports along with a patient's imaging history.

The app will allow doctors who practice at a number of clinics or spend a lot of time away from their computers to view incoming scans from their phones and tablets and act on critical cases with speed.

The app can also be used for cases that require cross-consultation

as the technology will enable doctors, specialists and radiologists in multiple locations to view images simultaneously.

Central Coast Radiology radiologist Dr Brett Lyons said: "Prior to the introduction of this app, doctors had to be at their primary office or computer in order to receive and access patient's diagnostic scans," said Dr Lyons.

"If a doctor is on call, out of the office, or moving between facilities, they can now get instant access to new patient results and determine how and when action needs to be taken.

"In critical or urgent cases, this could help save lives.

"Working with top developers, we have ensured the app is extremely secure with patient privacy maintained at all times through the integration of high level technical safeguards," he added.

Launched locally by Central Coast Radiology, part of the I-Med Network, the app is free for pre-registered and approved medical professionals to download.

Media release, 12 Sep 2013
Edwina Brook, Crossman Communications

Prefects raise money for charities

Woy Woy South Public School prefects have raised money for a number of charities, as part of their Kidpreneurs Back Pack Challenge, which took place on Wednesday, August 28.

The Back Pack Challenge

involved participants selling products created from materials in their Kidpreneur backpacks.

Products included Keyrings 4 U which raised over \$102 for the Leukaemia Foundation, Bracelets Bonanza which raised over \$104 and Homemade Cardz which raised over \$53, both for the George Gregan Foundation, and StarFramez which raised over \$64 for the Alana and Madeline Foundation.

Newsletter, 3 September 2013
Terry Greedy, Woy Woy South Public School

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Students learn about electrical safety

Students in five primary schools from the Peninsula area learnt how to stay safe around electricity as part of Electricity Safety Week held from September 9 to 13.

Member for Gosford Mr Chris Holstein said the program was presented by the three State-owned electricity distributors, Ausgrid, Endeavour Energy and Essential Energy, to teach students about electricity.

"Electricity is an integral part of our daily lives but it is also invisible and has the potential to pose a number of dangerous hazards," Mr Holstein said.

"Early education is key to keeping children safe and preventing electrical accidents.

"From lessons on how electricity works to safety tips around the home, school and outdoors, the program educates children in a fun and interactive way on how to behave safely around electrical equipment.

"This includes teaching students about potential dangers posed by overloaded power points, fallen powerlines and electrical substations."

Students from Ettalong

Public School, Woy Woy South Public School, Woy Woy Public School, Umina Public School and St John the Baptist School participated in Electricity Safety Week activities.

More than 95 per cent of NSW primary schools registered for this year's interactive classroom lessons.

Participating schools received an Electricity Safety Week pack which included student prizes, safety message posters, activity booklets and quizzes.

Energy Minister Mr Chris Hartcher said while the program was aimed at primary schoolers, electricity safety was a message for people of all ages.

"Last year there were more than 1000 electric shocks in homes and businesses across NSW," Mr Hartcher said.

"Awareness is vital to recognising and responding to hazards.

"Always assume fallen powerlines are live – don't approach them, warn others to do the same, and immediately report the incident to your electricity network."

Media release, 5 Sep 2013
Chris Holstein, Member for Gosford

YWCA runs exercise program

Not-for-profit organisation YWCA NSW is running a free gentle exercise program, Encore, in Woy Woy from October to December.

The Encore program aims to support the physical and emotional well-being of women after the trauma of breast cancer surgery in a nurturing and supportive environment, whether that surgery was a few months ago or 20 years ago.

The program runs for eight weeks and incorporates gentle floor and hydrotherapy exercises.

The Encore program has

been updated to reflect the latest research on the benefits of exercise for women being treated for breast cancer, which shows that aerobic exercise is of particular benefit along with resistance exercises.

"Encore has always been based on the latest research about breast cancer recovery," YWCA NSW Encore coordinator Ms Kate Guthrey said.

"We've been working with leading experts in the field of exercise and cancer to help us review the research and update our program as necessary.

"Encore is such an important

program because it helps women stay well after a very difficult time in their lives, not only through the proven physical benefits of the program, but also through meeting others who've had similar experiences."

The YWCA NSW Encore Program will run on Thursdays from October 24 to December 12 in Woy Woy.

Participants are urged to register as soon as possible.

Medical clearance is required and classes are small.

Media release, 22 Aug 2013
Tambelin Mueck, Fifty Acres

School covers principal's absence

A number of staff changes will be in place at Woy Woy Public school over the coming weeks with principal Ms Ona Buckley on leave until the beginning of term four on Tuesday, October 8.

During Ms Buckley's absence, Mr Daniel Betts will take over the role of principal.

"The school will be in good hands," said Ms Buckley.

"Mr Sam Burke will continue the learning program for the 5-6B class.

"Mr Andrew Brady will relieve as assistant principal replacing Mr Betts during these last weeks and will manage and supervise Stage 3.

"Mr Robert Steller will be on leave

as well until the end of term three.

"Mr Matthew Bradbury will continue the learning program for the 2S class.

"Ms Kerrie Stewart will relieve as assistant principal managing and

supervising Stage 1 but will continue to teach in the Preschool," said Ms Buckley.

Newsletter, 3 Sep 2013
Ona Buckley, Woy Woy Public School

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Education



Head Teacher Martin Shevels with some worn out students, following the clean-up



Simon's oyster barge fully loaded returning to the boat ramp for offloading



Brooke with a plastic spade she found as part of the clean-up

Students clean up Pelican Island

Students from Brisbane Waters Secondary College volunteered their time on Friday, September 6, to help clean up Pelican Island.

The group visited the inner bay within Pelican Island and immediately sighted large amounts of oyster product, which was

quickly loaded into the barge.

Four hundred and ninety plastic drink bottles, including water, juice, milk and soft drink bottles, were picked up in the area.

A large number of beer bottles were also collected by members of the group, with the total number of bottles being in excess of 450.

Students found 320 plastic film remnants, such as bits of plastic bags and containers.

Foam insulation and packaging, aluminium cans, rubber remnants and cigarette lighters were among the other debris taken from the site.

A total of 840kg of waste was deposited at Woy Woy Landfill and a further seven car tyres were taken to a bulk storage facility.

Brisbane Waters Foreshore Program co-ordinator Mr Graham Johnston said the day, which saw the students clean 400m of beach, was a great success.

"It was a great effort by these students," Mr Johnston said.

Email, 9 Sep 2013
Graham Johnston, Brisbane Waters Foreshore Program

A number of students from Umina Public School performed in a recorder ensemble at the Opera House on Thursday, August 29.

"I was very proud to be the Umina Public School principal as I sat in the audience as our students performed in the recorder ensemble," said principal Ms Lyn Davis.

"The talent that was showcased from students across the state in the concert was amazing.

"Mr Geoff Bonnor informed me that not only were they extremely well behaved during the rehearsals and the concert, they have impressed him in the way they have undertaken participation in the recorder group.

"I remember that it was by playing the recorder that I learnt to read music and enjoy music as a child," said Ms Davis.

Newsletter, 3 Sep 2013
Lyn Davis, Umina Public School

for the valuable work that they do to help care and protect their local environment".

"In 2012, more than 130 Landcare groups, supported by the Hawkesbury-Nepean Catchment Management Authority contributed over \$3.6 million in in-kind volunteer hours towards improving the environment.

"There are also almost 900 Bushcare groups whose in-kind hours equal around \$6 million," said Mr Bugden.

Email, 12 Sep 2013
Joanna Woutersz, Hawkesbury-Nepean Catchment Management Authority

Recorder students perform at Opera House

Election barbecue raises \$800

Umina Public School's P and C Association raised around \$800 as a result of its election barbecue on Saturday, September 7.

The money will go toward the cost of installing the final interactive whiteboards in the school.

"The P and C have worked very hard over the past few weeks with the Art Show, Father's Day stall and now this barbecue," said principal Ms Lyn Davis.

Newsletter, 10 Sep 2013
Lyn Davis, Umina Public School

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Students attend concert at senior campus

A group of Stage Three students from Woy Woy South Public School were given the opportunity to attend a concert by former Australian Idol winner, Casey Donovan, at the Brisbane Water Secondary College Woy Woy campus on Monday, September 2.

The concert saw Casey Donovan perform a number of her songs and talk to the audience

about her life, how she dealt with winning Australian Idol and how she has coped with other changes in her life.

"From all reports it was a great experience for those who participated and we appreciate the Senior Campus inviting our students to share in this event," said principal Mr Terry Greedy.

Newsletter, 3 September 2013

Terry Greedy, Woy Woy South Public School



Students visit college farm

Twenty students from each of the primary schools in the Brisbane Water Learning Community participated in a day of activities at the Brisbane Water Secondary College Umina campus farm on Tuesday, August 27.

Students learnt about handling chickens and day-old piglets, how to round up sheep and feed goats and cattle.

"Students enjoyed a tractor ride around the farm to see all the animals, eat produce from our fruit trees, and laugh at the animal antics," said Brisbane Water Secondary College Umina campus Teaching and Learning head teacher Ms Sheree Gilchrist.

"Students got to hold Frog, our resident python snake, and the baby animals that are filling our paddocks this time of year.

"Students had a fantastic day

meeting new friends and learning about animal care.

"Many students can't wait to do KWAC (Kids Who are Animal Carers) when they come to high school at Brisbane Water Secondary College in 2015.

"Students planted a seedling, and left with big smiles and a certificate for participation," said Ms Gilchrist.

Newsletter, 3 Sep 2013

Lyn Davis, Umina Public School

Senior choir sings

Students from Woy Woy South Public School's senior choir performed as part of the Central Coast Combined Choir at the Annual Choral Festival held at Mingara Club on Thursday, September 5.

The senior choir's performance took place alongside numerous other schools to form a mass choir.

Woy Woy South Public students had been rehearsing for months at school and with other schools in preparation for the Annual Choral Festival event.

Newsletter, 3 September 2013

Terry Greedy, Woy Woy South Public School

Video defends rates charges

A new video outlining the range of activities undertaken by Gosford Council has been released following a revaluation of properties in the Gosford municipality.

Council general manager Mr Paul Anderson said there had been some recent variations in rates notices from the previous financial year.

"The rate price for an individual property is calculated based on the Valuer General's Unimproved Land Value, which is reviewed every four years.

"Depending on how a property valuation changes over that period, residents may see an increase or decrease in their rate cost," said Mr Anderson.

Mr Anderson said that this process caused a redistribution of

rates levied across all properties in a Local Government Area.

"In total, our rate income across Gosford City does not change through this process, as this is regulated by the Division of Local Government," Mr Anderson added.

Gosford mayor Cr Lawrie McKinna said the video would "help better inform the community about what they get for their rate dollar".

"I think within the community there are a few misconceptions about what rates money goes toward funding," said Cr McKinna.

"With being so involved in our community, my fellow councillors

and I felt that as an organisation we needed to make more of an effort to inform residents of all the services council provides.

"That being the case, we decided to put together a video outlining the range of activities we undertake within the local government area.

"I would encourage everyone to watch the Your Council video, which can be viewed on www.mygosford.tv - which you may notice features a few familiar faces," said Cr McKinna.

Media release, 30 Aug 2013
Paul Anderson, Gosford Council

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Talented students attend maths day



Twenty Year 5 students from each of the primary schools in the Brisbane Water Learning Community participated in Gifted and Talented Students Day at the Brisbane Water Secondary College Umina campus on Tuesday, August 20.

Through active group challenges, students gained a better understanding of mathematical concepts such as prediction and probability, centre of gravity, biomechanics and measures of fitness including agility and speed.

As an example, students compared their speed with that of Usain Bolt.

Activities through the day included two fitness tests (long jump and sprinting), frisbee golf, measuring out - judging a mini athletics competition including shot put, flags, and relay.

Newsletter, 3 Sep 2013
Lyn Davis, Umina Public School

Year 6 raises almost \$1000

Woy Woy Public School Year 6 students have raised \$994.31 for their school as part of their farewell fundraising efforts.

The money was raised through a Fathers' Day Breakfast held on Friday, August 30, which saw a

number of families attend.

The school has a number of fundraising activities planned for the future including Milkshake Day and Mufti Day.

Newsletter, 3 Sep 2013
Ona Buckley, Woy Woy Public School

Kindergarten orientation day held

Pretty Beach Public School welcomed next year's Kindergarten students at an orientation day on Tuesday, September 3.

"It was lovely to see so many happy little visitors eagerly checking out what big school has to offer," said relieving principal Ms Lee Simpson.

"Our current Kindergarten parents sent in morning tea for our

new families to share.

"Our very reliable and enthusiastic Year 5 students have been visiting the preschool as part of the Kindergarten transition program.

"Their willingness to help and involve themselves in a positive and mature manner has been most appreciated," said Ms Simpson.

Newsletter, 5 Sep 2013
Lee Simpson, Pretty Beach Public School

Maths priorities reviewed

Parents and students of Umina Public School will be interviewed later this year about the teaching of mathematics across the school.

The information gathered will be used along with Naplan analysis

data to determine the school's strategic priorities for next year.

The school self-evaluation team is comprised of parents with School Council parent representative Ms Lisa Butler to assist with the process.

Newsletter, 10 Sep 2013
Lyn Davis, Umina Public School

Spellers went to regional final

Woy Woy Public School held four stage finals of the Woy Woy School Spelling Bee recently with all finalists challenged with difficult words.

Winners of the competition were Kindergarten's Laura Huber, Lucia Keating of Year 1, Brittany Kuch of Year 2, Natalie Cochrane of Year 3, Mason Freewater of

Year 4, Emily Sauv of Year 5 and Dylan Barrett of Year 6./

Dylan, Emily Sauv, Mason and Blayze Keller all went on to represent the school at the regional final of the Premier's Spelling Bee at Umina Public School on Thursday, September 12.

Newsletter, 3 Sep 2013
Ona Buckley, Woy Woy Public School

PEARL BEACH Food and Wine Fare

Saturday 28th September 2013 - 10am - 5pm
Pearl Beach Memorial Hall

If you love gourmet food and boutique wines why not head off to the annual Pearl Beach Food & Wine Fare, to taste and purchase.

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Stitchers exhibit in CWA hall

The Lateral Stitchers Group will hold an exhibition in the Woy Woy CWA Hall on the weekend of October 5 and 6 from 9am to 5pm.

The group is part of the Embroiders Guild of New South Wales and hopes to create textile art and creative embroidery to display at the exhibition.

The theme of the exhibition is face, figures and masks but also encourages viewers to make up

their own mind, hence the title of the exhibition, Figure it Out.

The fundraising will go toward the renovations to the Guild's headquarters in Concord West.

The exhibition aims to raise awareness of the diversity of stitching to create interest in the Guild and the tuition and variety of classes it offers, and to add to the Headquarters Building Fund.

Email, 9 Sep 2013
Diana Perowski, Embroiders
Guild of NSW





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Bestselling author visits Umina

Bestselling author Ms Fiona McIntosh visited Umina on Thursday, September 12, for An Evening with Fiona McIntosh at the Gospel Garden Sanctuary.

Ms McIntosh is touring NSW and Queensland to celebrate the selection of her book *The Lavender Keeper* on the 2013 Top 50 Australian Books List.

The Lavender Keeper is a tale of romance, intrigue and adventure set during the Nazi occupation of France.

The visit was part of the "Get Reading!" promotion, an Australian

Government initiative developed through the Australia Council for the Arts.

Ms McIntosh has lived in Australia for the past three decades.

She worked for many years in the travel industry but after her shift to full-time writing she now roams the world researching and drawing inspiration for her novels.

To date she has written 26 novels, including a number of bestselling fantasy series and crime fiction.

**Media release, 30 Aug 2013
Bethany Clark, Get Reading!**

Food and wine fair at Pearl Beach

The Pearl Beach Progress Association will host its sixth Food and Wine Fair at Pearl Beach Memorial Hall on Saturday, September 28, from 10am to 5pm.

The community fundraising activity has drawn large crowds in previous years.

"We will be showcasing three Hunter based boutique wineries with regulars Wollombi Wines, and Finch Lane Wines returning and Catherine Vale Wines new this year," said Association communications officer Ms Lynne Lillico.

"If you love food, choose from the Central Coast's very own Little Creek Cheeses or Hunter Olives and Processing products, Simon's Wollombi Pantry and a favourite each year, Maggie's Farm, selling wood-fired bread, fresh organic vegetables, homemade chutney, jams and delicious pickles.

"Margin's Mushroom, a Central Coast identity, is always an early sell-out, and Crooked Creek's savoury and sweet biscuits with their homemade Christmas puddings return once again adding flavour to the food mix.

"New this year is Marc's

Patisserie, a homemade array of chocolate, pastry and cakes.

"Acorn Garden Centre will be selling edible plants and herbs to entice the gardener in us all.

"In addition, a range products will be provided by Laguna Lavender.

Two gourmet hampers filled with food and wine, donated by the exhibitors, will be raffled with proceeds going toward maintenance of the Pearl Beach Memorial Hall.

**Media release, 10 Sep 2013
Lynne Lillico, Pearl Beach Progress Association**

Duo to perform at folk club

The October Troubadour Folk Club concert will feature the Cap in Hand duo at the Woy Woy CWA Hall from 7pm on Saturday, October 19.

Cap in Hand is a folk duo comprising Nigel Walters from the Wheeze and Suck band and Dave Spira.

Dave plays finger-style acoustic guitar in a range of open tunings while Nigel sings, plays finger-style guitar, mandolin and cello

mandolin.

The pair have played music together for several years, appearing at a number of folk festivals and are regular performers at Hornsby Folk Club.

With influences including Nic Jones, Martin Simpson, Simon Fox and Bill Mize, their music ranges from traditional to contemporary.

In addition, they both write many of the songs and tunes that they perform.

Their newly-released first album,

Harlequin, highlights Dave's guitar playing and song writing skills as well as Nigel's vocals and musical accompaniment on guitar and cello mandolin.

The album has a mix of traditional and contemporary songs and tunes, including four tracks written by Dave and Nigel.

**Email, 3 Sep 2013
Willy Timmerman,
Troubadour Folk Club**

Book pleads for system change

Pearl Beach resident Mr Klaas Woldring has published an electronic book entitled Australia Reconstructed: Bold steps to improve voter representation and the political landscape.

The book is a plea for system change in Australia, referring to the various systems that underpin and shape governance.

The main thesis of the book is that the need for much greater diversity, democracy, fairness and

cooperation between parties in the Parliament is not served by a continuation of the current two-party system.

"In the recent federal election, none of the issues I raise in my book have received any attention by the major parties," said Mr Woldring.

"This by itself throws up a big problem.

"These parties clearly steer away from them although they are very real.

"In particular, the Senate

election, based on the Hare-Clark version of proportional representation, while reflecting massive disenchantment with the major parties, also presents a messy outcome in combination with the rest of the Westminster political system as well as with the federal system.

"Australia should start a debate of these system problems," said Mr Woldring.

**Email, 9 Sep 2013
Klaas Woldring, Pearl Beach**

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Tickets sold through new theatre website

Woy Woy Little Theatre patrons may now book their tickets online.

"Now theatre goers can now book their Peninsula Theatre tickets through Woy Woy Little Theatre's own website," said president Ms Barbara Hickey.

"Previously, bookings were made through Laycock St Theatre, either on-line or in person which had led to some confusion between Laycock St Theatre shows and Woy Woy Little Theatre shows, not to mention the long drive to book in person.

"From now on our audience can go straight to our own website, click on the Buy Tickets page and choose the show, date and times without any confusion.

"We've spent a considerable amount of time rebuilding our website during the past four months with an emphasis on information and navigation.

"Regular visitors appreciate how easy our website is to explore and interesting to read.

"The website also offers a healthy dose of nostalgia for those who like to reflect and ticket purchases are simpler than ever before, as those booking for Woy Woy Little Theatre's next production, *Competitive Tenderness*, are finding out.

"However, if anyone is still nervous about computer navigation and on-line transactions, they can phone our Woy Woy Little Theatre hotline on 4344 4737, leave a message and someone will call back," said Ms Hickey.

The Peninsula Theatre Box Office will continue to open between 10 am and 12pm each Monday, Wednesday and Friday mornings a fortnight before opening night and during the run of each production.

The website can be found at www.woywoylt.com.au.

Media release, 10 Sep 2013
David Wicks, Woy Woy Little Theatre



School holiday pottery workshops

The Ettalong Beach Arts and Craft Centre will hold school holiday pottery workshops for children on Monday, September 23, Tuesday, September 24, and Wednesday, September 25.

The classes will run from 1pm until 4pm, with Monday, September 30, marked for glazing the students' creations.

The workshops will be taught by Annette Poole, a tutor with the

Ettalong Beach Arts and Craft Centre.

Students will learn hand building and, for participants over the age of 14, instructions in wheel work will be available.

For those who are new to pottery, the workshops will provide an opportunity to create a personal piece of artwork that can be a special gift or kept as a reminder of happy holiday activities.

Pottery will be bisque fired and ready for students to glaze

on the last day of the course and arrangements for collection can be made with Ms Poole.

The fee for each workshop is \$100 payable on the first day.

There is also a small fee to cover glazing costs when the completed artworks are collected.

This fee is based on the weight of each item at \$1.80 per kg.

Email, 7 Sep 2013

Sue Sullivan, Ettalong Beach Arts and Craft Centre

The Peninsula's Finest & Best Hair & Beauty Salon
Pledge of Quality & Service - "If you are not delighted with your hair & beauty treatment, tell us within 7 days and we'll gladly re-do it FREE! No questions asked"
Yes, you CAN look and feel amazing without it costing the earth!!

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Normally \$78 NOW ONLY \$55
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offer available
Wed & Fri only



(left to right) Julie, Jess, Brenda, Ashley, Kylie

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With Ashley**
• 10 Highlights
• Shampoo
• Amazing Head Massage
• Styled Blowdry
ONLY \$45

**Hurry book
now**
Expires 30th Sept 2013

Here's what Peninsula people are saying about Flicks:

"The team at Flicks are always friendly and flexible, always able to fit me in during my lunch break and make me look and feel fantastic, the best hairdressers on the Coast by far!" Miranda (Consultant)



us on Facebook

Log in for weekly specials

Flicks Hair Design Ph: 4341 2818
201a Memorial Ave - Ettalong Beach

ETTALONG BEACH CLUB ...your Destination

THE RECALL ROOM
Every Saturday Night
FREE in Chica's Bar
9pm till late

half tide brasserie

A choice of Four Main Meals
+ Garlic Bread
+ Jug of Soft Drink
Select from 9 dishes

Available During September
Friday Lunch & Dinner
Saturday Lunch

BINGO Voucher
Bingo Thursday fr 10am

Fishing Club Raffles
Friday from 4.30pm

Chess Club
Saturday fr 1pm

Choose from our many social activities!

Meat Raffles
Sunday from 3.45pm

Card Club
Mon & Thurs fr 1pm

Euchre Club
Tuesday from 7pm

Indoor Bowls Tuesday's fr 9am

ESPRESSIVO ENSEMBLE
Performing Live
They have performed all over the world as well as back home in Oz at The Sydney Opera House.
7.30pm Fri 4th & Sun 6th October
8.30pm Sat 5th October

Fri 4th & Sat 5th October
SALLY MAER, cellist & JP FLEURY saxophonist/flautist

Sun 6th October
JP FLEURY & MARK JOHNS Guitarist

Bringing elegance & sophistication






ATM & COURTESY BUS SERVICE

51 - 52 The Esplanade, ETTALONG BEACH
Ph (02) 4343 0111 ~ www.ettalongbeachclub.com.au

ETTALONG BEACH CLUB

Animal Care

Animal Welfare League
Aid to sick or injured animals & subsidises dog desexing.
Meet 2nd Tues, Spike Milligan Room, Woy Woy Library, 10am.
Debra 4344 4435
awlcentralcoast@optusnet.com.au

RSPCA
Assist with desexing for cats, dogs & small animals.
Veronica 0407 295 655

Art

Ettalong Beach Art & Crafts Centre
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings
1.30pm 4th Wed for demonstrations publicity@artcentralcoast.asn.au
4325 1420

Point Clare Art & Craft
Wed - Adult Art Class
Wed & Fri - Adult Crafts
Bunka Embroid, Cards, Crotchet, Cross Stitch \$3
Point Clare Community Hall
10am - 12noon 4325 5007

Hospital Art Australia
Meet every Tue and Fri 9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome 4341 9920

Community Centres

Peninsula Community Centre
Cnr Ocean Beach Rd & McMasters Rd Woy Woy
A wide range of activities for children and people of all ages as well as counselling
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre
Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Community Groups

AACC Computer Club
www.aacc.asn.au
Computing problems
- Program demos + Q&A sessions - Monthly meetings Feb to Nov
• 2nd Wed Windows 7-10pm
Narara Valley H S Fountains Road
• 4th Thur Social + Windows 12.15 – 3.15pm
East Gosford Progress Hall
Cnr Webb Rd & Henry Parry Dve
4362 1918 - 4324 2740
secretary@aacc.asn.au

ABC “The Friends” Support group for Public Broadcaster.
Aims: Safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
www.fabcnsw.org.au
4341 5170

Directory - Not for profit Community Organisations

Bridge
Tues 12.15pm Friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat-12.15pm
& Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd.Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie
50 Games every Sat night
Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.
wwcphousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild
Spinning, weaving, patchwork, quilting, felting & other fibre & fabric crafts
Workshops & community quilting bees - Day & night groups - 4325 4743
www.centralcoasthsguild.org.au

Central Coast Family History Society Inc.
Resources, information & advice to study your family's history. 1st Sat 1pm Lions Community Hall, 8 Russell Drysdale St, E. Gosford.
www.centralcoastfhs.org.au
4324 5164

Central Coast Tenants' Advice and Advocacy Service
Do you have issues with your landlord or real estate agent? Free telephone advice and advocacy for all tenants and residents in residential parks.
4353 5515
cctaas@hotmail.com

Community Care Services - Central Coast
For people with memory loss & their carers. Enjoy a relaxing coffee morning
Rocky Point Café - Ettalong Beach Memorial Club
3rd Wed 4324 4244

I AM LOST
Deep Conversations & systematic exercises for understanding my self & my place in life. - Gurdjieff Society - Ancient and modern knowledge. 6pm 2nd Thu
0425 296 783
www.gurdjieff.org.au

Hardys Bay Residents' Group
Working for a positive & Healthy Environment
allanbw@bigpond.com

Peninsula School for Seniors
The Community Centre, McMasters Road, Woy Woy
Discussions, Rumikin, Craft, History, Walkers, Coach trips
Tues, Wed, Thur
4341 7785 4341 2142

Peninsula Village Playgroup
Carers, Grandparents, parents & children
'Intergenerational Playgroup'
Every Tues 10-11.30am
Paula Newman - 4344 9199

Probus Club of Umina
Friendship, fellowship and fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+ Non Political and Non Sectarian - 2nd Wed 10am, Everglades Club

uminabeach@probusclubs.com.au

Seniors Computer Club Central Coast
Beginners classes for PC or Mac Mon or Tues. Classes Mon to Fri for most programs - see website.
10am – 12md or 1pm - 3pm
Kincumber Neighbourhood Centre. Monthly Meetings with Guest Speaker at Kincumber Hotel 1st Mon
43692530

The Krait Club
Community Centre - Cooinda Village, Neptune St, Umina
10.30am For senior members of community. Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4344 2992

Umina Beach Men's Shed Inc.
Men share a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills
Darrell 4341 2355

Umina Beach Scrabble Club
For all levels and ages Every Wed, 9.30-12.30pm, relax, enjoy a cuppa & play Scrabble
4344 4481
Ettalong Beach Memorial Club

Volunteering Central Coast
Refers potential volunteers to community orgs. Support both volunteers and community orgs. Training for volunteers & their managers. 4329 7122
vrc@volunteeringcentralcoast.org.au

Wagstaffe to Killcare Community
Protect and preserve the environment & residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945
info@wagstaffetokillcare.org.au

Disabled Services

Riding for the Disabled
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers required. No Previous exp necessary - School hours only Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Environment

Peninsula Environment Group
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peq.org.au

Health Groups

Alcoholics Anonymous
If you want to drink, that's your business. If you want to stop, that's our business. Every Sat - Progress Hall
Ronald Ave, Wyoming 8pm
4323 3890

Arthritis NSW
3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy
4341 5881

Gambling Solutions
Gambling help counsellors providing free confidential professional service to gamblers, family and friends

Available Woy Woy, Kincumber, Gosford and The Entrance
4344 7992

Meals on Wheels
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm with support, info & referrals
4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)
12-step fellowship for those with eating disorders. No dues, fees, or weigh-ins.
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Fri 8pm
www.oa.org - 0412 756 446

Pink Butterfly Breast Cancer Support Group -
First Sunday 10.00am -12.00 Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Village Wellness Centre
Offering holistic and complementary therapies including aromatherapy, massage and music therapy
4344 9199

Peninsula Village Meals
Delivered daily to your door
Nutritious, great for the elderly
4344 9199

Peninsula Village Carer's Support Group
For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula 4344 9199

Peninsula Women's Health Centre
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; 4342 5905 Wed & Thur 9.30am-3pm
20a McMasters Rd, Woy Woy
www.ccwhc.com.au

Prostate Cancer Support Group (Gosford)
Meet last Friday Terrigal Uniting Church, 380 Terrigal Drive, Terrigal
9.30am to 12 noon 4367 9600
www.pcfa.org.au

Wellness Group
A small group of people with a serious illness to share and support unfolding journeys
Free at The Clearing, 2/31 Chambers Place Woy Woy
2nd Mon 9:30am 4341 0464
lizmacnamara@bigpond.com

Woy Woy Public Hospital Alliance
To restore medical services previously available & upgrade to a standard that meets with local needs.
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4341 7177

Marine

Central Coast Rescue Unit
Marine Education Courses.
Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929 www.vmrcc.org.au

Music

Central Coast Concert Band
Every Tues 7.15 - 9.30pm
Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

Gosford Musical Society Minstrels
Entertain at various venues on the Coast seeking new members
Thur Night Laycock St North Gosford 4341 4210

Soundwaves
Men's acapella 4 part harmony chorus - all ages 7pm Mon Central Coast Leagues Club
Ray 0405 030 945
randtbale@bigpond.com

Troubadour Central Coast Inc
Folk, Traditional & Acoustic Music and Spoken Word
Inc Ukulele meets, Concerts and Sessions
4th Sat 7pm CWA Hall
Woy Woy 4341 4060
mail.info@troubadour.org.au

Political Group

Australian Labor Party
Umina Ettalong Branch
Political discussions, national, state and local government issues
2nd Mon Umina Beach Bowling Club 7.30 4342 3676

Central Coast Greens
Active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected
3rd Thur, centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy
1st and 3rd Mon at Everglades Country Club 4326 1996
Make new friends and have fun while serving your community.

Northern Settlement Services
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Every Thur
Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Rotary Club of Kariong/Somersby
International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Phillip House, 21 Old Mount Penang Rd, Fri 7.15am 4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina
International service organisation of business leaders improving lives of youth & those in need. Weds. Everglades Country Club
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy
International service club

improve lives of communities in Aust. & o/seas. Tues 6pm
Everglades Country Club.
Don Tee 0428 438 535

Sport

Woy Woy Judo Club
Classes for adults, juniors & seniors. Tues & Fri Ettalong 50+ Leisure and Learning Centre 0434 000 170
www.wwjc.org.au

Travel

Friendship Force Central Coast
Travel in small groups and stay with friends in 370 clubs around the world & host small groups. 4399 3625
www.friendshipforcecentralcoast.asn.au

Veterans

National Malaya Borneo Veterans Association
1st Sat (except Jan) 2pm
Ettalong Beach War Memorial Club, 51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers'
Assist all Veterans & families with pension & welfare Mon & Wed 9am-1pm 4344 4760
Cnr Broken Bay Rd & Beach St Ettalong.
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

Country Women's Association Woy Woy
Opposite Fisherman's Wharf
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina
Craft and Friendship:
• Mon 6pm; Wed 9am; 1st Sun 12.30pm • Branch meeting: 1st Wed 10am
CWA Hall, Cnr West and Sydney St, Umina 4341.5404

The Endeavour View Club, Woy Woy
Lunch 1st Mon Everglades Country Club 10.30am.
Friendship days, 3rd Wed
Uniting Church Hall, Picnic Pde Ettalong 10.30am
4342 2283

Gosford RSL Women's Auxiliary
For women over 18 years. Raise money for welfare of veterans and their families
RSL Club West Gosford
4th Mon 2pm 4323 7336

Inner Wheel club of Gosford North
Women making a difference with friendship, personal service and international understanding. Social activities combined with fund raising
2nd Wed 7pm Phillip House Kariong 4324 7176
gosfordnorthiw@live.com.au

If you would like your Community Organisation listed here, call us on 4325 7369

GUY STRAZZ

Conservatorium presents performance at theatre



The Central Coast Conservatorium will present **Passionfruit** at the Peninsula Theatre on Saturday, October 12.

The electro-acoustic guitar-piano-percussion trio combines jazz and Afro-Brazilian music and includes multi-award winning guitar player and composer Guy Strazz, pianist-composer Matt McMahon and percussionist-composer Fabian Hevia.

The performance will begin at 8pm with ticket prices ranging from \$15 to \$30 dollars.

Email, 2 Sep 2013

Lisa Kelly, Central Coast Conservatorium

No increase proposed

Gosford Council is considering keeping hire fees for Peninsula Theatre at last year's rates, even though the income is not expected to meet expenses.

The council is seeking public comment on its charges for the Peninsula Theatre for the 2013-14 financial year.

Council's director of economic and community development Ms Colleen Worthy-Jennings recommended that the hire fees not increase on the basis that an increase would be "an unreasonable burden on the community".

A fee increase of seven per cent had been advertised in April.

While no objections were received at the time, the council has decided to readvertise the fees without the increase in venue hire.

If no substantial objections are received, the revised fees and charges will be adopted and apply from 28 days after publication of the public notice superseding all current fees and charges for the Peninsula Theatre.

The proposed fee structure will mean the Peninsula Theatre will not achieve its projected income required to offset its expenses, resulting in the Arts and Entertainment Unit not being able to meet its budget.

Gosford Council Agenda
ECO.25, 3 Sep 2013

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait

Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111

Uniting Care Burnside

Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems,

Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Saturday September 21

Art Show, Mary Mac's Place, Woy Woy, 10am-2pm
Movie themed party, Civic Video, Woy Woy
Trivia night, Ettalong Beach War Memorial Club
Wildseed performance, The Bayview Hotel, Woy Woy, 8pm

Sunday September 22

Art Show, Mary Mac's Place, Woy Woy, 2pm-7pm

Monday September 23

School holiday pottery workshop, Ettalong Beach Arts and Crafts Centre, 1pm-4pm

Tuesday September 24

School holiday pottery workshop, Ettalong Beach Arts and Crafts Centre, 1pm-4pm

Wednesday September 25

School holiday pottery workshop, Ettalong Beach Arts and Crafts Centre, 1pm-4pm

Thursday September 26

Food and Wine Fair, Pearl Beach Memorial Hall, 10am-5pm

Sunday September 29

Breakfast in the Bays, Woy Woy Bay Community Hall

Ocean Beach Surf Life Saving Club open day, 9am-12pm

Monday September 30

School holiday pottery workshop, Ettalong Beach Arts and Crafts Centre, 1pm-4pm

Saturday October 5

Wagstaffe to Killcare Community Association art and craft event, Wagstaffe Hall
Book Bonanza Fair, Umina PCYC, 9am-5pm
100 game bingo marathon, Peninsula Community Centre
Lateral Stitchers Group exhibition, Woy Woy CWA Hall, 9am-5pm

Sunday October 6

Book Bonanza Fair, Umina PCYC, 9am-5pm
Introduction to Netball clinic, Lemongrove Netball Courts, Ettalong, 5:30pm-6:30pm
Lateral Stitchers Group exhibition, Woy Woy CWA Hall, 9am-5pm

Saturday October 12

Passionfruit, Peninsula Theatre, 8pm

Sunday October 13

Carolyn Watson fundraiser, Empire Bay Tavern, 12pm-6pm

Wednesday October 16

Bays Community Group annual meeting, Woy Woy Bay Community Hall, 7:30pm

Saturday October 19

Troubadour Folk Club concert, Woy Woy CWA Hall, 7pm

Friday October 25

Hardys Bay Annual Pink Day luncheon, Bells at Killcare, 12pm

Sunday October 27

Breakfast in the Bays, Woy Woy Bay Community Hall

Sunday November 3

Bouddi at Bells, Bells at Killcare

Sunday November 10

Brisbane Water Oyster Festival, Ettalong foreshore

Sunday November 24

Breakfast in the Bays, Woy Woy Bay Community Hall

Wednesday December 18

Bays Community Group annual meeting, Woy Woy Bay Community Hall, 7:30pm

Sunday February 2

Weet-Bix Kids TRYathlon, Peninsula Leisure Centre and James Browne Oval

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

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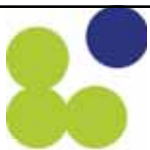
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Kindergarten students given tablets for literacy

Woy Woy South Public School Kindergarten and Year 1 students have received electronic tablets to use in classrooms in a bid to support the teaching of literacy to junior classes and to expose students to technology.

Woy Woy South Principal Mr Terry Greedy said he believed that access to a number of reading related activities through these tablets would enhance the quality of the instruction students received during daily literacy sessions.

"The introduction of this form of technology has been enthusiastically received by students in all classes and it is amazing how skilled at using these devices they have become, considering how short a period they have been using them in their classrooms," Mr Greedy said.

Wireless technology has been installed in all classrooms to allow student's access to the internet, with plans to distribute more tablets to other classes in the near future.

"So effective have the original 24 tablets been, we have purchased a further 15

to extend access into our Year 2 classes," Mr Greedy said.

"The plan will be to continue purchasing these devices to increase the level

of access students have in the early years at school," he said.

Newsletter, 6 August 2013
Terry Greedy, Woy Woy South Public School

The Shame File

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Choir participated

Umina Public School choir participated in the Central Coast Choral Festival on Friday, September 5. The event saw 10 primary schools from across the Central Coast combine as a massed choir to perform 12 songs. The students rehearsed all year and have been commended by teachers for their participation and commitment. Rhiannon Cox was selected to be Master of Ceremonies and also performed a solo in the program. Newsletter, 10 Sep 2013 Lyn Davis, Umina Public School

Literacy programs implemented

Woy Woy South Public School is implementing two literacy programs. One program, which is called, Language, Literacy and Learning, is being introduced to Kindergarten and Year 1. "The program focuses on providing rich literacy experiences to assist all children to become successful readers and writers," said principal Mr Terry Greedy. "It occurs as part of the daily literacy session within the classroom. "For the past two years, Kindergarten teachers have been attending regular professional development courses to ensure effective implementation of the program. "These teachers are now assisting Year One teachers to introduce elements of the L3 program into their classroom literacy sessions. "The program is based on children working in small groups. "While each group is given short, explicit lessons in reading and writing, the rest of the class complete carefully selected activities to extend their literacy learning. The other program is called Focus on Reading. "Focus on Reading is an intensive professional learning program for teachers to support the explicit teaching of the key aspects of reading in Years 2 to 6. "The focus is on developing comprehension, vocabulary and reading text fluency. "This implementation process will cover a three year period. "Throughout this time teachers will be undertaking professional development and working with colleagues to ensure the program is implemented consistently across all grades," said Mr Greedy. Newsletter, 13 Aug 2013 Terry Greedy, Woy Woy South Public School



Jumping Jesse James shoots for \$2500 in six weeks

Ettalong Public School Year 1 student Jesse James Lowe has raised \$680 for Jump Rope for Heart but doesn't plan to stop there. Jesse is calling for sponsors to donate to his Jumping Jesse James Jump Rope for Heart campaign in the hope that he can raise \$2500 in six weeks. Jesse has so far used online methods such as Facebook to raise the \$680 and has door knocked local homes and businesses. "In a quest to reach my goal faster, I decided to ask some local businesses to help me reach my target," said Jesse. A local pizza outlet has offered to give Jesse some pizza coupons so he can have a pizza party once he reaches his target. Ettalong Beach Bowling Club has also offered to accommodate Jesse's whole class for a game of lawn bowls with Aron Sherriff on Wednesday, September 18, where Jesse will also be presented with a cheque from the club. To donate to Jumping Jesse James, visit <http://www.facebook.com/jumpingjessejames>. Email, 12 Sep 2013 Kieren Lowe, Ettalong

TIDE CHART

(Fort Denison)

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Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 16	TUE - 17	WED - 18
0310 - 1.22	0013 - 0.22	0100 - 0.17
0902 - 0.50	0616 - 1.45	0704 - 1.54
1545 - 1.61	1208 - 0.32	1302 - 0.26
2233 - 0.44	1831 - 1.76	1920 - 1.7
THU - 19	FRI - 20	SAT - 21
0142 - 0.15	0222 - 0.18	0301 - 0.23
0749 - 1.62	0833 - 1.66	0915 - 1.67
1352 - 0.22	1441 - 0.23	1528 - 0.26
2007 - 1.73	2052 - 1.65	2135 - 1.55
SUN - 22	MON - 23	TUE - 24
0338 - 0.30	0415 - 0.38	0451 - 0.47
0957 - 1.66	1037 - 1.62	1117 - 1.56
1614 - 0.32	1700 - 0.39	1746 - 0.47
2217 - 1.44	2300 - 1.33	2344 - 1.23
WED - 25	THU - 26	FRI - 27
0530 - 0.55	0031 - 1.15	0130 - 1.10
1200 - 1.50	0615 - 0.62	0711 - 0.67
1837 - 0.54	1248 - 1.43	1345 - 1.39
	1935 - 0.59	2041 - 0.60
SAT - 28	SUN - 29	MON - 30
0240 - 1.09	0351 - 1.13	0450 - 1.20
0819 - 0.69	0930 - 0.67	1032 - 0.62
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Boxer scores first round knock out in world champs

Umina Beach PCYC boxer Satali Tevi-Fuimaono's campaign to win the AIBA Junior World Championships hit the ground running, with a round one knock out in his first bout.

With a record 351 boxers from 52 nations hosted in Kiev, Ukraine, the young Umina boxer said he was determined to stand out from the crowd.

After being given the captaincy of his country, Tevi-Fuimaono was drawn against an experienced Slovakian boxer, Marian Dzupka in what shaped up as a real test for the three-time Australian Champion.

However, it did not take long for Tevi-Fuimaono to show his dominance, able to answer all of his opponent's challenges and land powerful shots of his own.

"Dzupka slowed up immediately and it was early in the round when the referee gave an eight count after a heavy combination from Tevi-Fuimaono landed perfectly," said Umina PCYC boxing coach Mr Joel Keegan.

"The power punching Brisbane Water Secondary Collage student

was not going to let his opponent off the hook that easy when the bout resumed, and landed a perfect right hand on the button and the Slovakian would not have made a count of 50 this time."

Tevi-Fuimaono then moved into the quarter finals on Thursday, September 12, against Winlang Dong from China but, at the time Peninsula News went to press, results were unavailable.

Dong is the only fighter from Team China to win the Asian Games Tournament that brings the best fighters from Thailand, Korea, Japan, India, Mongolia and Vietnam into competition.

Mr Keegan said: "Satali's preparation for these World Titles has been spot on

"He has given himself every chance against the world's best.

"People would be amazed at what he will do in training to ensure victory.

"The team of coaches who prepare the boxers at PCYC Umina have done a remarkable job in helping this great kid with his dream of winning a gold medal."

Media release, 12 Sep 2013
Joel Keegan, Umina Beach PCYC



Umina Joeys take netball premiership

The Umina Beach Netball Club Joeys took out the premiership for the sub-junior one division held at Lemon Grove Netball Courts on Saturday, September 7.

The girls have played together for four years and were undefeated in their learn-to-play division.

They were dual premiers with

Brisbane Water Eels last year and, as a result of this win, progressed to a higher division this year.

Seven of the nine team members attend Umina Public School with the remaining two players attending Pretty Beach and Empire Bay Public Schools.

The team comprises Scarlett Crooks, Piper Riddell-Gilsenan,

Elyse Charles, Jorgi Bradford, Tahliah Marks, Claudia Jordan, Amber Stewart, Mia Biddulph and Rachael Cornish with Sandie Gleeson as coach for the 2012-13 season.

Email, 10 Sep 2013
Shari Crooks, Umina Beach Netball Club



Bridge club pairs contest

Brisbane Water Bridge Club contested the Eric Gibson Pairs on Saturday, August 24.

The winners were Sylvia Foster and Jaan Oitmaa with 67.50 per cent.

In second place were Robyn Lang and David Adams with 61.60

per cent.

In third position were John and Kathy Mitchell with 58.20 per cent.

Email, 3 Sep 2013
Jenny Buckley, Brisbane Water Bridge Club
Photo: Barry Foster



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Greg Bourne, John Bourne, Geoff Graves, Barney Reeves, Clarrie Reeves and Ron Malcolm

Frigid Digits celebrate 40th anniversary

The Hardys Bay Frigid Digits Winter Swimming Club celebrated its 40th anniversary on Sunday, September 1, with a gala function at Putty Beach.

Over 100 competitors and supporters attended the event, gathering to signify the founding of the club, which was on Fathers' Day in 1973.

The club also celebrated the 98th birthday of its instigator and founding member Mr Barney Reeves.

Forty years ago Mr Reeves led a following of seven individuals who introduced Sunday morning winter swimming competitions to an area widely renowned for its summer pleasures.

Reports from those times suggested competitors engaged in a "20-metre outward swim in the Killcare surf, then a return to the beach before an adjournment to the sanctuary of the surf club for a bowl of soup and nips of rum and Bonox".

Since the original eight took to the April waters, the Hardys Bay Frigid Digits have become part of community life.

Local identities such as Brad Berry, Lex Cameron, Ron Malcom, Freddy Reeves, John Annand, Nev Hazard, and Greg and John Bourne, were among the swimmers.

The club became affiliated with the Australian Winter Swimming Association in 1976, and with

increasing membership by 1990 it was decided to transfer the clubs headquarters to the northern end of Putty Beach which provided a more suited setting for the competitions.

Winter swimming season lasts from the last Sunday in April until the first Sunday in September.

In this time, the club sends representatives to the Australian and Northern Districts Championship.

The Hardys Bay Frigid Digits are one of four clubs in Australia which have competed in every national championship, maintaining a 100 per cent record.

Email, 5 Sep 2013
Allan Wilson, Hardys Bay Residents Group

Gold struck again

Reigning International Bowler of the Year Aron Sherriff, of Ettalong Memorial Bowling Club, has once again struck gold and led the Australian men's team to overall victory in the Eight Nations Challenge played in Glasgow as a lead up to the Commonwealth Games in 2014.

Aron's gold in the men's singles was the culmination of a strong week by the Aussie Jackaroos of Mark Casey, Brett Wilkie, Nathan Rice, Wayne Ruediger, Barrie Lester and Matthew Flapper who

claimed the overall gold medal across all four disciplines.

Sherriff, Rice and Lester won gold medal in the men's triples, silver medal in the fours on the penultimate day's play and in the pairs earlier in the tournament.

Prior to this event the Aussie team played a familiarisation quadrangular event against New Zealand and two Wales sides in Wales and made all four finals.

Upon his return to home soil Aron said: "The three week tour had been a great learning curve and exceeded all expectations."

Media release, 13 Sep 2013
Kevin Dring, Bowls Central Coast

Registration for surf club

Ocean Beach Surf Lifesaving Club will hold a registration day on Sunday, September 22, from 9am until noon.

New members will require proof of age in the form of a passport or birth certificate.

The club will also hold an open day on Sunday, September 29, with the club house open for tours from 9am until midday.

There will be demonstrations of surf boats, nippers, surf sports displays, a healthy lifestyle team and a sausage sizzle.

For more information, contact director of administration Ms Lynn Smith at ad-dir-obsisc@hotmail.com or on 0428 410 696.

Email, 6 Sep 2013
Marieclaire Pigott, Ocean Beach Surf Lifesaving Club

Introduction to netball

Woy Woy Peninsula Netball Association will hold a free Introduction to Netball Clinic commencing on Tuesday, October 6, from 5:30pm to 6:30pm.

The Clinic will run each Tuesday for six weeks.

Each session will be supervised by qualified coaches who will teach the participants the basics

of netball and improve their gross motor skills in a fun and non-threatening environment.

The clinic is open to girls and boys 12 years and under.

Registration will be from 4:30pm on Tuesday, October 6, at Lemongrove Netball Courts, Ettalong.

Newsletter, 3 Sep 2013
Ona Buckley, Woy Woy Public School

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Academy signs five year sponsorship deal

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Umina oval playing fields to be resurfaced

Umina Oval playing fields two and three will be regraded and resurfaced.

Gosford Council has accepted a tender from Turspec Pty Ltd for the work at its meeting on Tuesday, September 3.

The value of the tender is \$131,180 and according to council's director of economic and community development Ms Colleen Worthy-Jennings, Turspec Pty Ltd ranked highly against all stated criteria.

Assessment criteria included price, financial details, insurances, tender rates, contract program, referees, previous experience, environment management and Work Health and Safety.

Ms Worthy-Jennings' report to council noted that the company

had successfully undertaken regrading and returfing works at Adcock Park One and Two.

Based on this and previous relevant experience, council determined that it had the capabilities to carry out the works at Umina Oval.

The tender price is within the recurrent budget allocations, council grant and grant funding contributions from Umina Football Club.

In accepting the tender from Turspec Pty Ltd, council did not apply the Local Preference Policy because a local firm did not receive the same or better point score in the evaluation matrix for non-price criteria.

**Gosford Council Agenda
ECO.24, 3 Sep 2013**



Students win 15 world championship medals

The First Grade Central Coast Rugby Union Preliminary Final was played at Woy Woy Oval on Saturday, September 7, and saw Terrigal defeat Gosford by 34 points to three.

Both teams each kicked an early penalty goal and, with the scores locked at three points apiece, there was nothing in the match for the opening 20 minutes.

Terrigal took the lead at the 30th minute mark when they kicked a second penalty goal to fullback Rob Richardson and led the match 6-3.

The first half was even, however, Terrigal gained the ascendancy right on halftime when winger Braeden Clack scored under the posts.

Terrigal centre Mitch Hirst made a run before passing to Clack who raced 25 metres to score just prior to the break.

The conversion of this try took Terrigal to a handy lead after a half in which both teams had their chances to take control, but it was Terrigal who went to the break leading by 13 points to three.

The second half had barely started when centre Terrigal Dylan Calabria made a break on halfway.

He raced 50 metres to score and fullback Rob Richardson converted which saw Terrigal lead 20-3.

"The next 20 minutes of the second half saw both teams go

back and forwards but with no result.

"Terrigal went close to scoring to cement the match on occasions while Gosford were held up on also on a couple of occasions.

"The match developed into a real stalemate with the occasional long run by several players.

"It was typical Finals rugby," said Mr Thomson.

It was in the 22nd minute of the second half that Terrigal secured the win.

Replacement flanker Dave Crawford crossed for a try and with the conversion of this try Terrigal had gone to a 27 points to three lead.

Fullback Rob Richardson made a 50 metre run in the dying stages of the match and flanker Sam Kenny crossed after the resultant maul to further increase the lead to 34 points to three.

"Gosford gave it their all, but with certain players missing they were never in the hunt," said Thomson.

"Adam Carlisle was still on the go forward at the 80th minute but Terrigal simply did not allow them to get too far over the advantage line."

Terrigal continue onto the 2013 Grand Final and will play Avoca Beach on Saturday, September 14.

**Media release, 7 Sep 2013
Larry Thomson, Central
Coast Rugby Union**

Four taekwon-do students from Woy Woy have returned from London where they competed in the ITF Taekwon-Do World Championships in August bringing home seven gold medals, three silver medals and five bronze

medals between them.

Around 800 competitors participated in the three days of competition.

Gary King, Penny Childs King, Heather Greig and Matthew Greig were selected to join the Australian Taekwon-Do team after placing in the top three in many State and

National competitions.

This was followed by almost a year of rigorous training with the other team members from all over Australia.

**Email, 11 Sep 2013
Penny Childs King, Authentic
Taekwon-Do Dojang**

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