

Tourism plan has no place for Peninsula

The Peninsula will not have any significant place in the future of tourism on the Central Coast, according to a tourism opportunity plan released last month.

Instead, the Central Coast Tourism Opportunity Plan lists Gosford, Terrigal, Wyong and The Entrance as its major tourism nodes.

The Peninsula's potential was identified as its aquatic centre in Woy Woy, and whale watching and photo opportunities at Ettalong and Woy Woy.

A Brisbane Water Adventure Cluster has also been listed as a possible investment opportunity which would include the development of a series of water based activities such as cruise operations and jet boating activities on Brisbane Water.

Five opportunities were identified as catalyst projects which are expected to have a significant impact towards supporting sustainable tourism growth in the region.

These catalyst projects comprise a motorsport precinct under consideration for development in the Wyong LGA, the construction of a sporting hub at Tuggerah's Pioneer Dairy, a tourism hub at The Entrance, a tourism precinct at Mt Penang and the waterfront development at Gosford.

Central Coast Tourism chairman Mr Bob Diaz said that he was delighted to release the Plan.

"This document has identified new investment and development



Staples Lookout, one of the few areas identified as having tourism potential on the Peninsula

opportunities vital to meet future visitors' expectations and demands," said Mr Diaz.

"Without investment in these projects and experiences there is no doubt that the region will lag behind our competitors and visitor numbers will decline.

"Central Coast Tourism will work

together with the local councils, the State and Federal Governments and Regional Development Australia to encourage investment in the region to ensure that we maximise the growth opportunities of both visitor numbers and length of stay," he concluded.

Central Coast Tourism has

issued an open invitation to the local community and businesses who would like to provide input into the direction of tourism on the Central Coast to attend one of two workshops to be held at the Crowne Plaza, Terrigal, on Thursday, May 16, from 9:30am to 11:30am and 1:30pm to 3:30pm.

The workshops will be used to provide information for the development of a new Destination Management Plan, which will provide an agreed vision for the direction of the tourism industry during the period of 2013 to 2016.

The last decade saw a high point of 5.3 million visitors to the Central Coast in 2003.

However, the number declined to 4.8 million the following year and has reduced further since.

Last year's total visitor count was 4.3 million.

The Tourism Opportunity Plan attributed the decline to the global recession of 2008 through to 2012, a lack of new product to stimulate demand and repeat visitation, and low cost airlines which encouraged Australians to travel internationally.

The Tourism Opportunity Plan forecasted that if its recommendations were adopted, the region would see a year-on-year increase of roughly 150,000 visitors.

The Plan recommend the implementation of 44 investment and infrastructure opportunities for the purpose of improving the reduced visitor numbers the region has experienced across the past 10 years.

Media release, 18 Apr 2013, 7 May 2013
Leeanne Dyer, Central Coast Tourism
Central Coast Tourism Opportunity Plan, April 2013
The Stafford Group

Terrigal company to develop foreshore

Redevelopment of the Ettalong Foreshore will be undertaken by Terrigal company Scape Constructions Pty Ltd, Gosford Council has decided.

Redevelopment works include construction of a new beach facilities building with a kiosk and public toilets, a new sandstone seawall, a cycleway and footpath, a playground, stormwater drains, landscaping and beach

nourishment.

The construction period is 30 weeks with work scheduled to start later this month.

The Ettalong Foreshore Redevelopment has major funding contributions from council and the Federal Government, and some funding from the NSW State Government.

Gosford Council Agenda CIT.15, 7 May 2013



An artist's impression of part of the redevelopment of the foreshore

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA.

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Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

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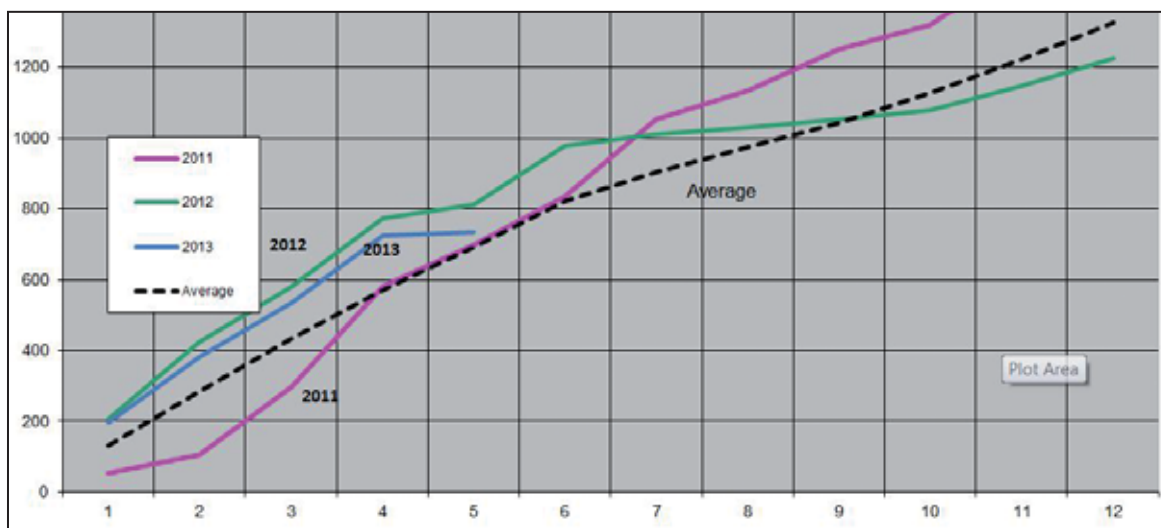
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Rainfall pattern follows last year's

Only 10.3mm of rain have fallen on the Peninsula in the first 10 days of May, according to figures supplied by Mr Jim Morrison of Woy Woy.

The figure compares to an average for the month of 118.3mm and an actual fall last year of 37.2mm.

The dry start to the month is in line with last year's rainfall pattern, when the first four months of the year had

rainfall well above average and the rest of the year, with the exception of June, was well below average.

The year-to-date rainfall at the end of April this year was 722.5mm, more than 25 per cent above to the average cumulative total at the end of April of 574mm.

Temperatures this month have ranged from a maximum of 24.2 degrees on May 1 to a minimum of

11.1 on May 3, according to figures from local weather website www.peninsulaweather.info.

Highest minimum was 15.2 degrees and lowest maximum was 18.7, both recorded on May 2.

Highest wind gust was 24.8 km/h recorded on May 4.

Spreadsheet, 10 May 2013
Jim Morrison, Woy Woy
www.peninsulaweather.info

Your Chance to Win

Peninsula News is giving one reader the chance to win a signed copy of Julie Goodwin's latest cookbook, Gather, and a signed apron.

Two runners up will also win a copy of Julie's second book, Heart of the Home.

First prize is valued at \$100 and each runner up prize is valued at \$49.95.

In her third cookbook, Gather, Julie focuses on cooking for gatherings of friends and family.

With more than 100 delicious recipes and stunning photography, Julie provides fast and fresh recipes for the perfect picnic, a warm and cosy dinner party, a bustling street party, a cake stall, pot luck, a family dinner around the pizza oven, a cocktail party and the perfect High Tea.

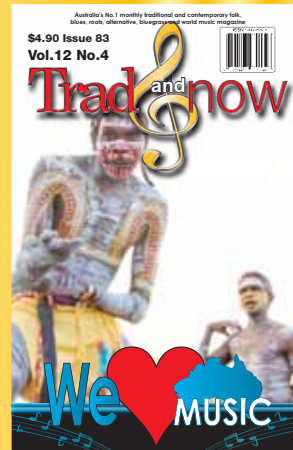
To win the Julie Goodwin pack, write your name, address and phone number on the back of an envelope and send to Peninsula News Julie Goodwin competition PO Box 1056, Gosford, NSW, 2250 by the close of business Friday, May 24.

The winner of last edition's Peninsula News Hidden Valley competition was Pat Taylor of Woy Woy.

Kaitlin Watts, 10 Apr 2013



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Patonga parking 'no solution' for Brooklyn

The Patonga Beach Progress Association has rejected a suggestion from the Brooklyn Community Association that more parking should be provided in Patonga for the Broken Bay Sport and Recreation Centre.

"We would happily discuss the problem with the Brooklyn Community Association and help them find solutions, but bumping their parking problems across the Hawkesbury is neither practical nor desirable," said Patonga Progress Association president Mr Dain Simpson.

Manager of the Broken Bay Sport and Recreation Centre at Little Patonga, Ms Christine Duff, has also rejected claims that its clients were causing parking problems in Brooklyn.

"We don't believe our clients are causing any problems with parking in Brooklyn – the majority are school children who arrive by bus," said Ms Duff.

"Broken Bay Sport and Recreation Centre has been hosting school and community groups, who also bring business to many local shops and cafes, for 75 years.

"The Centre is an asset to the village's tourism industry and we're happy to work together with the community to ensure everyone can enjoy this beautiful part of the Hawkesbury region.

"As part of our commitment to the local community, we will continue to monitor our clients' parking locations and if necessary implement changes," said Ms Duff.

Mr Simpson said people using the Broken Bay Sport and Recreation camp used Patonga as one of the pickup points and, during

the week, some cars were left on the waterfront or on nearby roads.

"There are also a number of staff who travel by boat from Patonga.

"Patonga is generally quiet during the week except for school holidays.

"To suggest there is adequate weekend space suggests little knowledge of parking issues in Patonga.

"The foreshore is active most of the day.

"At the moment, it is also a working fishing port.

"On any Sunday, the area is packed with vehicles and pedestrians.

"The boat ramp car park is often full and adding additional vehicles to use Patonga for parking would only exacerbate a problem we are striving to manage.

"We are seeking to avoid converting parklands and tennis courts to car parking.

"I would assume that a proportion of visitors to Little Patonga may come by public transport.

"Brooklyn has a railway station, the nearest to Patonga is Woy Woy with a bus service that is not based on frequency, but on peak period demand, and that means few services at weekends.

"Yes there is a ferry service from Palm Beach, twice a day, but the timetable is designed for brief day visits.

"By car it is approximately one hour from the Warringah entrance to the F3 and Patonga Dr leaves much to be desired."

**Email, 1 May 2013
Dain Simpson, Patonga Beach
Progress Association
Media Statement, 26 Apr 2013
Christine Duff, Broken Bay
Sport and Recreation Centre**



Volunteers welcome at community garden

Organisers of the Woy Woy Peninsula Community Garden are inviting community members to volunteer at the garden on a Thursday morning from 9am.

"For many months, volunteers have been picking up the kitchen veggie scraps from Mary Mac's kitchen," said Woy Woy Peninsula Community Garden coordinator Ms Jill Meredith.

"They are being taken to the Woy Woy Peninsula Community Garden and are being fed to the worms in the worm farms.

"The waste is then turned into wonderful compost for the garden beds to help the vegetables and plants grow strong and healthy.

"One of the good things to come of this, is that the excess produce, not shared by the community gardeners, is donated back to Mary Mac's kitchen so that they can benefit from the freshest and tastiest of home-grown vegetables.

"Some of our bean crop was recently shared as a way of saying thank you, on behalf of our worms," said Ms Meredith.

The community garden is on

land owned by Gosford Council and the group has been given a licence to develop a community garden.

It is a project under the auspices of Peninsula Environment Group.

If you are interested in finding out about the community garden or volunteering, come along to the garden at 85-87 Moana St, Woy Woy, on a Thursday morning about 9am.

With inquiries, contact Jill Meredith on 4344 2704.

**Email, 29 Apr 2013
Jill Meredith, Woy Woy
Peninsula Community Garden**

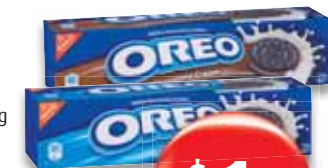
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Jobs Drive launched at Umina

A month-long Jobs Drive aiming to boost job opportunities for Central Coast locals began at the Umina Surf Lifesaving Club on Monday, April 29.

Member for Robertson Ms Deborah O'Neill and Parliamentary Secretary for School Education and Workplace Relations Senator Jacinta Collins launched the initiative.

Senator Collins said the Jobs Drive would be held during May and aimed to raise employer awareness of the benefits of utilising employment service providers to meet their recruitment needs.

"The initiative is a great example of how a community can work together to help local businesses and job seekers," Senator Collins said.

"It also highlights the programs and assistance available to job seekers from the Australian and state governments.

"I'm proud that the Australian Government is continuing to support job seekers in areas like the Central Coast," she said.

Ms O'Neill said when it came to jobs, the Central Coast faced challenges that the Jobs Drive

would help overcome.

"Nothing works quite like face-to-face contact when it comes to matching job seekers with employers who are looking for staff," Ms O'Neill said.

"Local employment coordinator Jack Ritchie has been working hard with stakeholders throughout the region to develop and tailor the initiative for local job seekers.

"It's also supported by employment service providers on the Central Coast who have extensive experience in assisting job seekers," said Ms O'Neill.

The Jobs Drive is funded through the Australian Government's Flexible Funding Pool, a \$20 million initiative announced in the 2011-12 Budget to support the work of the Local Employment Coordinators in the 20 Priority Employment Areas across Australia.

The Flexible Funding Pool is part of the \$45.2 million Priority Employment Area initiative that will deliver targeted employment programs for disadvantaged job seekers and employers in regions with challenging labour market conditions.

**Media Release, 29 Apr 2013
Richard Mehrrens, Office
of Deborah O'Neill MP**



Member for Robertson Ms Deborah O'Neill and Local Employment Coordinator Jack Ritchie watch on as Senator Jacinta Collins launches the Central Coast Jobs Drive

Fighting fund started for Patonga plan

The Patonga Progress Association has opened a bank account to allow the community to make donations towards the Plan of Management fighting

fund.

The fund was set up to pay for the services of various professional advisors willing to contribute towards the development of a submission to the Patonga Crown Reserves

and Dark Corner Cottages - Draft Plan of Management, which is expected to be finalised and sent to Crown Lands within the month.

Fund coordinator Mr Peter Henderson said the association

aimed to address a "draft plan that hasn't taken into account the precedents and needs of the people of Patonga".

The fund will also be used to pay any future expenses required to take further action to

implement changes to the Plan of Management for the better of the Patonga community.

**Letter, 24 Apr 2013
Peter Henderson, Patonga
Progress Association**

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Nine groups benefit from State funding

Nine organisations in the Peninsula area have received a total of \$144,897 in funding under the NSW Government's \$90 million Community Building Partnership program.

Centacare Catholic Family Services – Broken Bay received \$7418 in funding for essential equipment for Mary Mac's Place while the Central Coast Hospice Palliative Care Foundation was granted \$8000 to enhance the Bereavement Support Centre in Woy Woy.

Central Coast Meals on Wheels received \$12,000 for a freezer restoration in Woy Woy and the Ettalong Beach Arts and Craft

Community Centre was granted \$5000 to install lockable cupboards in its art room.

Ettalong Public School's Parents and Citizens Association received \$35,000 for the refurbishment of the school's basketball court area and Mingaletta Aboriginal Torres Strait Islander Corporation received \$15,620 to upgrade its community facilities.

Umina Beach PCYC received \$26,642 to cover its outdoor leisure activities and \$2673 to reinstall its CCTV system.

The Umina Tennis and Sporting Club was granted \$10,650 to resurface court five at Umina Tennis Courts and \$3894 to re-roof the

clubhouse while the Umina United Soccer Club received \$20,000 to re-level and turf the Umina Oval.

Minister for the Central Coast Mr Chris Hartcher said the NSW Government was delivering on the largest state infrastructure agenda in Australian history worth some \$61.8 billion.

"Local construction jobs and businesses will benefit from the activity of building and upgrading important community infrastructure," he said.

Media Release, 26 Apr 2013
Caroline Hutcherson, Office
of Chris Hartcher MP
Website, 7 Apr 2013
2012 Community Building Partnership



No stopping in Fyffe Lane

A number of parking and stopping restrictions will be installed in Fyffe Lane, Umina, following recommendations by Gosford Council's Local Traffic Committee.

A 10 metre No Stopping restriction will be placed along the eastern side of Fyffe Lane, southerly from West St, followed by a 10 metre No Parking restriction along the eastern side of Fyffe Lane.

A 16 metre No Stopping restriction will also be placed on the western side of Fyffe Lane, southerly from West St.

The recommendations were made after a local resident reported restricted access to Fyffe Lane from West St.

The resident stated that cars were being parked in Fyffe Lane close to the intersection between number 280 and 276 West St which restricted access to Fyffe Lane.

The resident said that access to the lane was entirely blocked when, in addition to parked vehicles along the eastern side, trucks servicing number 280 stopped on the western side to pick up or drop off goods.

Investigations by Council staff found the lane to be 6.6 metres wide between adjacent walls with a 12 metre No Parking restriction on the western side along the wall of number 280.

According to the Local Traffic Committee's report, motorists were frequently stopping in the area during the staff inspection, mostly on the eastern side of the lane.

The report stated that entering and exiting at West St was difficult due to cars being stopped on one side which restricted traffic to one lane as well as adding sight distance problems.

Gosford Council Agenda
TR/13/2, 7 May 2013

Gosford supportive of amalgamation plan

Gosford Council would consider a discussion paper released by the Independent Local Government Review Panel about the possible amalgamation of Gosford City and Wyong Shire.

Gosford Council general manager Mr Paul Anderson said: "We are supportive of any

move towards joint services or amalgamation if it can demonstrate a benefit to both councils, our residents and the Central Coast community as a whole.

"At this stage, Gosford and Wyong provide joint services in a number of areas such as waste services, environmental education, and arts and culture.

"Working together in these areas allows us to provide sustainable and cost effective services now and into the future and we are always looking at how we can build on this partnership.

"Council will be making a submission in relation to the report," said Mr Anderson.

Media Statement, 3 May 2013
Paul Anderson, Gosford Council

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Weekend of rescues and training

Marine Rescue Central Coast volunteers were busy with a number of rescues in the Peninsula area on the weekend of April 27 and 28.

A lone man on his four metre runabout radioed for help around 8:30am on Saturday morning.

His boat had run out of fuel in Paddys Channel and he requested

help to get back to Gosford Ramp. Skipper Al Morris and Karl Liepa were deployed in the rescue vessel Central Coast 20 to undertake the assist.

Around 2pm, the rescue boat with crew Al Morris, Karl Liepa and Paul Hanlon was despatched to Iron Ladder Beach to assist two men on a 5.2 metre half-Cabin

runabout without fuel.

The men requested a tow to Ettalong where they hoped to buy some petrol for their engine.

On Sunday, commencing at 10am, the Central Coast Unit joined with three other Marine Rescue Units from Broken Bay, Cottage Point and Hawkesbury for a joint training Search and Rescue

Exercise.

The group met at Patonga and the exercise and on-water search training was held between Patonga and Juno Point.

Following the exercise as Central Coast 20 and its crew, Al Howes, Al Morris, Karl Liepa and Mark Sheehan, were returning to the Point Clare base it was

diverted to Lobster Beach to assist a 4.3 metre open runabout with three people on board.

The boat's motor would not restart and the people asked for a tow to the ramp at Lion's Park Woy Woy.

Media Release, 28 Apr 2013
Ron Cole, Marine Rescue
Central Coast

Advertisement



The Shocking Truth About Roof Restoration

If you've ever been concerned about the condition of your roof, then this could be the most important article you read this year.

Unscrupulous roof restoration salespeople have been telling unsuspecting homeowners that they need a full roof restoration (clean, repair, re-point, seal, and paint) when in many cases all that they need is a simple repair.

This has been going on for years but in recent times has reached epidemic levels. Here's what typically happens...

A telemarketer or door-to-door canvasser offers you a free roof inspection. Sounds like a good idea right..?

It is a good idea unless the roof inspector (usually a salesperson) does what unfortunately happens in many of these instances: he or she will grossly exaggerate the problems and insist that you really need a full roof restoration when perhaps you don't.

Now there are many instances where a roof restoration is beneficial. But there are also many instances where all you may need is a simple roof repair.

Local company Reliance Roof Restoration offer a free roof safety inspection where you get the option of actually seeing your roof close up. Any problems are actually pointed out to you.

That way, you can be certain that any problems they advise you of are real and not made up or exaggerated. You can either accompany the inspector on the roof, or if you're unable to do that, you'll be shown photos taken on a high resolution digital camera.

If your roof is fine and needs no work at all, then Reliance will advise you of that. If all that you need is a small

repair, then Reliance will advise you of that. If you'd like to have your roof restored, that's fine...Reliance would be happy to provide a quote for this service.

If you would like a quote on having your roof restored, you'll get \$600 off the quote if you call before Friday. By the way, you'll be placed under absolutely no obligation whatsoever and this service is free for anyone with a home that's over 12 years in age.

Here's what one satisfied client said of their experience in dealing with Reliance Roof Restoration:

"A professional approach by all associated with the job. I was impressed with your attention to detail and advice on other (small) problems. Follow-up inspection and after job touch-up work was particularly impressive. The friendly nature of all the workers made them a pleasure to deal with. I would have no hesitation in recommending 'Reliance Roof Restoration' to anyone wanting their roof restored."
Ken Durham

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- ▶ A tunnel from the southern end of the F3 at Wahroonga to the M2 Motorway at Pennant Hills Road
- ▶ Improvements to the F3 at Wahroonga
- ▶ Improvements to the M2 Motorway between Pennant Hills Road and the North Rocks Road intersection

Lucy Wicks

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Authorised by Mark Neeham, Level 12, 100 William Street, East Sydney NSW 2011.

News



RSL man visits Korea

Woy Woy Ettalong RSL Sub Branch vice president Mr Merv Heath has returned from a trip to Korea which he attended with 22 other Australian veterans along with veterans from Canada, New Zealand and the United Kingdom.

The trip, which honoured the

veterans of the Korean War, was held from April 22 to 27.

Mr Heath said the trip was an amazing experience and the people of Korea were so welcoming.

Mr Heath, who served in Korea for six years, participated in a number of activities while on the trip.

The Australian group were

treated to a tour of Op Taepung, a Commonwealth Memorial Ceremony and an Australian and New Zealand Memorial Ceremony.

They also participated in an Anzac dawn service, War Memorial tour and an Ash ceremony and tour.

Kaitlin Watts, 8 May 2013
Interviewee: Merv Heath

Litter clean-up part of awareness project

A number of residents from the Killcare and Hardys Bay area have taken part in a Project Aware course held on the Central Coast.

The marine conservation program aimed to help address the problem of degradation of local rock platforms and coastal environments.

The focus of this year's course was marine debris and its effect on oceans.

The threats to marine life from litter in the oceans range from the death of millions of young sea birds from eating small man-made items fed to them by their foraging parents, to the death of huge whales caused by digestive systems blocked by ingesting plastic bags while feeding on plankton.

As part of the course, participants each took part in a marine debris survey.

The survey data is to be collated by Tangaroa Blue Foundation for use in a national database to help control marine debris problems.

A Hardys Bay clean-up and marine debris survey was done over four days, over a 500 metre section of the shoreline along Araluen Dr and Hardys Bay Pde.

The litter found was mainly plastic.

There were over 80 plastic bags such as shopping bags, many bait bags and plastic bag remnants collected.

The most common items, however, were hundreds of pieces of plastic food packaging and hundreds of small pieces of hard plastic.

Polystyrene food packaging and foam pieces were also common.

Newsletter, 24 Apr 2013
David Legge, Killcare Wagstaffe Trust

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(left to right) Julie, Jess, Brenda, Ashley, Kylie

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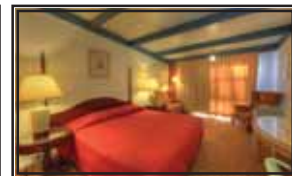
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Afternoon tea to say farewell

A farewell afternoon tea for Michael and Joyce Rasic was held at the Wagstaffe Community Hall on Sunday, May 5, from 2pm.

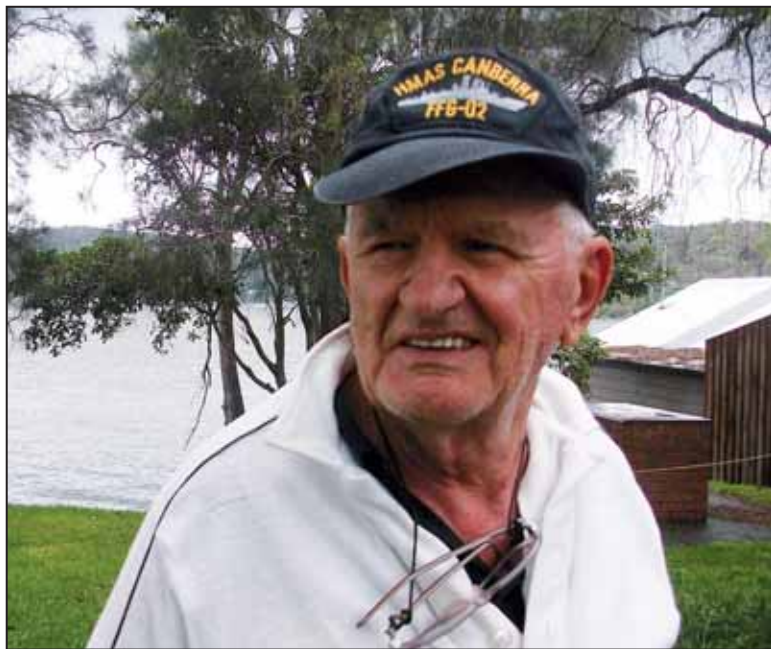
Mr and Mrs Rasic are leaving Wagstaffe after 30 years to move to their new home in Woy Woy.

"Michael and Joyce have been great neighbours and have helped the community enormously, bringing in rubbish bins for neighbours, keeping an eye on houses, carrying out endless maintenance to our Wagstaffe Community Hall and tennis court, and much more," said Wagstaffe-Killcare Community Association president Peta Colebatch.

"In the past, Michael also cleaned all the barbecues, mowed the lawns, brought in rubbish bins, and carried out all our electrical repairs.

"And, with our changing society, these are now matters which we will need to pay for (though luckily we have some long term members still doing this, who have worked with Michael).

"We will all be sorry to see them go, and will miss their unfailing support and assistance.



Michael Rasic

"In particular, Michael's support to hall maintenance, putting out and bringing in the Australian flag will be sorely missed.

"But their departure is more than this.

"It marks yet again the passage of time in our community, and we lose someone who knows about all the developments that have taken place, how the hall developed, which people were around 30 years ago, and how those who were present at that time worked

together to build what we have today.

"We are all in their debt for the many, many years of support they have provided, and indeed, Michael and Joyce pre-date all current members of the Wagstaffe-Killcare Community Association Committee, and we all know how much we owe them, and those who went before," said Ms Colebatch.

Email, 26 Apr 2013

Peta Colebatch, Wagstaffe-Killcare Community Association
Photo: Chris Dillon

Woman of the year

Killcare Wagstaffe Trust committee member Ms Deb Holloman has been awarded the Terrigal electorate Woman of the Year.

Ms Holloman received the award in recognition of her bush regeneration work and other activities aimed at the restoration of natural ecosystems.

She received the certificate at a ceremony held at Parliament House.

Newsletter, 24 Apr 2013
David Legge, Killcare Wagstaffe Trust



Deb Holloman receives her award from Member for Terrigal Chris Hartcher

Man charged after suspected shooting

Police have charged a man with reckless wounding after a suspected shooting in Ettalong on Friday, April 26.

Police and paramedics were called to a hotel on The Esplanade at Ettalong at around 3:30pm after reports a man had been shot.

The 28-year-old man was found with a wound to his face and was taken to Gosford Hospital before being airlifted to Royal North Shore Hospital for treatment.

He continues to recover from the injury, which is believed to have been caused by a firearm.

Detectives from Brisbane Water Local Area Command arrested a 26-year-old man on Wednesday,

May 1, alleged to have been inside the hotel room at the time of the incident.

At this stage, he has been charged with reckless wounding and granted bail to appear at Woy Woy Local Court on Tuesday, July 7.

Police said they believed the incident was unintentional and occurred solely within the hotel room, without any involvement of a third party.

The firearm involved has not been recovered.

Media Release, 2 May 2013
NSW Police Media

Breath test charge

A 39-year-old Ettalong male has been issued with a court attendance notice for failing to undertake a breath test and driving while disqualified.

Police were patrolling West St, Umina, at about 11:30pm on Tuesday, April 23, when they saw a vehicle travelling towards them.

The driver swerved onto the wrong side of the road which caused police to take evasive action to avoid being hit.

Police turned their vehicle around and chased after the man.

They saw him stop in Broken Bay Rd, Ettalong, fall out onto the ground before struggling to his feet and leaning against his vehicle.

Police identified themselves and said they could smell a strong scent of alcohol coming from the man

who was also hard to understand due to his slurred speech.

The man advised police that he did not have a driver's license and subsequent checks by police revealed his license had been suspended.

He was then subjected to a roadside breath test which proved positive.

He was placed under arrest and conveyed to Gosford Police Station where he was introduced to the breath analysis system operator.

After four failed attempts, the man was unable to provide a sample of breath and was duly issued with a court attendance notice.

Facebook page, 24 Apr 2013
Brisbane Water Local Area Command

Ferries diverted

The ferry services from Palm Beach to Ettalong via Wagstaffe were altered on Friday, April 19, and Saturday, April 20, due to heavy sea conditions and winds up to

25 to 30 knots.

The Palm Beach to Ettalong via Wagstaffe service was diverted to Patonga on Friday afternoon with services cancelled for the day on Saturday.

Text message alerts were sent to passengers regularly with updates on the situation.

Ferry services returned to normal on Sunday, April 21.

Email, 19 Apr 2013
Elisabeth Styler, Fantasea Palm Beach Ferries

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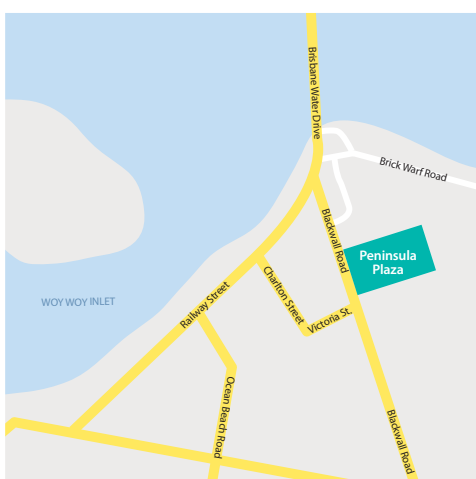
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Valuing jewellery or health?

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Some days earlier a free, well-advertised health presentation took place in Umina.

This highly educational and motivating session cost the attendees not much more than their time.

Guess how many of the community's well-dressed and good-looking but commonly health-lacking people attended that talk?

Is in fact our jewellery more important to us than our health?

How much does it cost to be sick in hospital?

Between 2010 and 2011 a staggering 8.9 million people were admitted to hospital.

For the Umina community, this

Forum

Letters to the editor should be sent to:
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See Page 2 for
contribution conditions

time it's too late as the free superb health presentation has already passed but books are still available at the book shop in Umina Beach and the health food shop in Woy Woy.

What is your health worth?

Email, 30 Apr 2013
Sandy Brocking, Woy Woy

Astonishing misrepresentation in anti-Labor rant

Forum

I support neither of the main two political parties but I am astonished at the anti-Labor rant from Colin Williams that you published in issue 316 ("Government should be sent packing").

There are many criticisms that can be made of the Government (and of the Opposition), but the almost hysterical exaggerations and misrepresentations that make up the letter in question seem to call for some rational appraisal.

I am sure that you will be hearing rebuttals from Labor supporters but might I make some neutral comments on some of the points raised in the letter.

I pass over the irrelevant opening references to the Stagirite, since the views attributed to him were presumably culled from Readers Digest or some similar authoritative publication.

Unfortunately, the laboured attempt to link Aristotle's moderation with Liberal Party principles of "avenues free from restriction...self-expression and enterprises" requires a level of double-think that Orwell would be proud of.

Any reading of Liberal Party policies will make it apparent that support for public enterprise is not "well entrenched in their policies" and that there is little or no "support for the admiral (*sic*) aspects of socialism".

The pursuit of enterprises free from restriction was what led us to the GFC, so that it might well be prudent only to rely on private enterprise when it is well regulated in the public interest.

The statement that "Labor... believes it is best equipped to cater for individuals and regulations which they foist on individuals...with very little consultation" could be simply amended by substituting The Coalition for Labor, without

having the least effect on the truth of the proposition.

Similarly, the statement that "Labor emanated from socialism" (assuming that is a bad thing) can be balanced by the statement that Liberals are the descendants of the robber barons, with both being equally true.

None of this seems to have much to do with the proposition that we need a change of government.

Similarly, we all have "desperate yearnings...for the installation of personnel who will deliver a safe, secure and flourishing Australia" just as we all approve of motherhood, world peace and the elimination of poverty, but where is the evidence that Labor or Liberal demonstrates the competence to ensure the achievement of these goals?

Is it a question of "throw the rascals out" or "out of the frying pan into the fire"?

Has any party spelt out a credible, long-term policy for a sustainable, harmonious society?

As for the claims that the present Government has "presided over massive debt and budget blowouts, the loss of control of our borders, the Pink Batts and the Building the Education Revolution fiascos and the declination (whatever that means: I think it is an astronomical term) of the cattle industry", I think this information must have come from Alan Jones.

Firstly, Australia does not have a massive debt, secondly, deficit budgeting is a rational response in the present economic climate, thirdly, the loss of control of our borders is a xenophobic fantasy, fourthly, the Building the Education

Revolution programme was highly successful in achieving its goals, and fifthly, the problems in our farming sector are a function of the appreciating Australian dollar which, on the other hand, all consumers benefit from, so what you lose on the swings you gain on the roundabouts.

If the pink-batts failure (an excellent programme that was badly executed) is the only negative that can be chalked up against the Government, it seems flimsy grounds for criticism.

Of course, the Government has been "guilty of lies" (shock, horror!).

All politicians lie.

However, some prefer to block out the memory of John Howard's "non-core promises" and like to overlook the Opposition Leader's frank admission that we cannot believe oral statements that he makes but only written commitments in official documents.

On this basis, how could anyone vote for either Labor or Liberal?

My objection to the Labor Government is its pusillanimous handling of the crucial fiscal, social and environmental issues that a real government would be tackling.

My objection to the Liberal Opposition is that it doesn't seem to have the faintest idea that these issues exist, in fact, it seems that the Opposition doesn't have the faintest idea of what an idea is.

However, as long as our alternatives are lunatics like Pauline Hanson, Andrew Forrest and Bob Katter, what are electors to do?

It's a pity that the only people who really know how to run the country are too busy writing letters to the Peninsula News.

Email, 29 Apr 2013
Bruce Hyland, Daleys Point

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Ad campaign no basis for election

When you want to determine the level of effectiveness of an ad campaign, you look for what's called market penetration, or more simply put "are they getting the message?"

That Adman Abbott's message has reached Ettalong is clearly demonstrated by Colin Williams' forum contribution (Peninsula News, 29 April).

He starts with a high-minded reference to Aristotle and then moves rapidly into the doctrine of

Forum

the good life according to Adman Abbott and his friends in the press.

It is clear that Abbott's message is getting through.

To quote Williams: "It is widely accepted that Julie (actually Julia) Gillard and her government has (sic) established itself as the worst government to befall Australia... massive debt, loss of control of our borders" and so on.

He then said: "they have been found guilty of lies and cannot be

trusted".

This message, however garbled, has now become a "widely accepted fact".

In conclusion, Colin Williams said, vote Gillard out and Abbott in.

That is: Gillard bad, Abbott

good.

All of these above points can be discussed, and are contestable, but that is not the point of my letter.

My question is, how can we elect a new government based solely on an advertising campaign?

Or to loosely quote George Orwell's pigs: "two legs bad, four legs good".

Email, 30 Apr 2013
Chris Moe, Bensville

Anzac Day success

On behalf of the president and members of Woy Woy Ettalong Hardys Bay RSL Sub Branch I would sincerely like to thank you for your help and coverage of the Anzac Day services in Woy Woy.

It was a very successful day

Forum

and we are so happy with the attendance of so many people.

Thanks again for all your help.

Email, 2 May 2013
Merv Heath, Woy Woy Ettalong
Hardys Bay RSL Sub Branch

New path attracts speeding bikes

Gosford Council has finally put a pathway in at Ettalong Beach.

It is a terrific thing as the sandy path was very hard for families with small children and prams.

But now the path has been discovered by the Sunday lycra clad bike set who now think it's their personal speed track.

Forum

I hope someone can put a speed limit on it as with the lycra set there will be an accident as they ride two and three abreast.

Email, 28 Apr 2013
Rod Munson, Ettalong

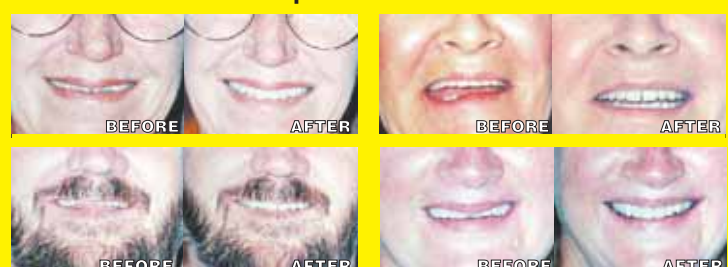
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Health

Morning tea

A "Biggest Morning Tea" will be held with a quilting and craft display by residents of The Cove Village in Daleys Point on Tuesday, May 28, from 10:30am.

The morning tea will include

raffles, a white elephant stall and cakes and plants for sale.

Entry is \$5, which includes Devonshire tea and coffee, with all proceeds going to the Cancer Council.

Email, 8 May 2013

Wendy Whiteman, The Cove Village

Cafe holds Morning Tea

A cafe in Woy Woy will hold a "Biggest Morning Tea" from 7:30am on Thursday, May 23, to raise money for the Cancer Council.

The Red Lime Cafe will help to celebrate 20 years of Australia's Biggest Morning Teas by holding a fashion show and raffles on the day.

Red Lime Cafe owner Ms Rosy Landi said she aimed to raise \$5000.

"I come from Sardinia in Italy and I lost both my grandfathers to lung cancer.

"I know this a large amount but I also know how generous Australian people are.

"We'll donate 50 cents per coffee sold on the day starting at our usual opening time of 7am and will continue until closing at 4pm.

"We are selling raffle tickets which are \$1 each.

"This will give you the chance to

win great prizes including a lunch for two, a coffee machine, clothing vouchers from Victoria Black, or gifts of stationary from Paper Pens and Printing.

"Simplicity Funerals at Woy Woy will be assisting as joint sponsors on the day too.

"At 11am Victoria Black is organising a fashion parade."

Email, 9 May 2013

Rosy Landi, The Red Lime Cafe

Morning Tea at Hardys Bay

Hardys Bay Community Church will hold one of the Cancer Council's Biggest Morning Tea events on Friday, May 17, from 10am to 12pm.

Members will supply all food and drinks including a variety of teas, coffee, sandwiches, scones and a selection of homemade cakes and slices.

Entry is by donation.

Cancer Council aprons (\$7) and mugs (\$10) will also be for sale with all proceeds of the morning going to the Cancer Council

Those planning to attend should contact Ms Sharyn Teasdale on 4360 1375.

Newsletter, 7 May 2013
Ian Bull, Wagstaffe-Killcare Community Association



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Bridge challenge raises research funds

Forty-eight bridge players from Brisbane Water Bridge Club in Woy Woy participated in the Bridge for Brain Research Challenge on Thursday, May 2, to raise funds for Alzheimer's and dementia research.

The Bridge for Brain Research Challenge is a national event, celebrating its 10th year, in support of research at Neuroscience Research Australia, one of the nation's leading medical research institutes.

Funds raised will support Neuroscience Research Australia

researchers working on improving early diagnosis of dementia and developing treatments to prevent the disease altogether.

Email, 2 May 2013
Jacqui Hayes, Neuroscience Research Australia

St Patrick's Day celebrations

Residents of St Huberts Island celebrated St Patrick's Day on Sunday, March 17, at the home of Neville and Marilyn Smith.

They raised more than \$1700 dollars for the Westpac Rescue Helicopter Service.

"The entertainer, Keri Lewis, donated the music for the day," said St Huberts Island Residents Association president Mr Ron Spratt.

"She is a great entertainer and residents enjoyed the great mix of music she supplied.

"The Irish Olympics also provided some fun for residents during the day.

"The St Patrick's Day fundraiser has become an annual event on the calendar of the St Huberts Island Residents Association Inc."

Email, 29 Apr 2013
Ron Spratt, St Huberts Island Residents Association

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The Developing Nervous System

It's been a busy few weeks here at the Umina Chiropractic Centre once again.

Our chiropractors, Dr Pete, Dr Ursula and Dr Mike, have been once again spending their weekends at seminars geeking it up and filling their minds with the latest research and information.

The last two weekends were spent at seminars addressing neurology and how the developing bodies and minds of babies and children are effected by environmental influences.

This is a very interesting area of study for our chiropractors as the human nervous system is the system of the body that chiropractors assess every day.

Seeing children grow and develop in response to the world around them is an amazing thing, as I'm sure every parent

would agree.

One of our greatest privileges as chiropractors is when a parent entrusts their child to us and allows us to check their developing nervous system and assist them in providing the best environment for their development.

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Education



Anzac service at Pretty Beach school

Pretty Beach Public School held its Anzac Day service on Friday May 3.
“The service emphasised a strong student team capacity which is evident at our school,” said principal Ms Deborah Callender.

“The leaders for the service were supported by their peers, with Year 6 and Mr Podmore presenting a musical item, Lest we Forget, reflecting our Aussie spirit.
“We were all inspired by an informative talk about the defence forces involved in war delivered by

war veteran Mr Darryl Ford.
“Mr Ford also acknowledged the school captains, who represented the school on Anzac Day at Hardy Bay RSL,” said Ms Callender.
**Newsletter, 9 May 2013
Deborah Callender, Pretty Beach Public School**

Pyjama day raises \$425

Empire Bay Public School has raised \$425 through a Pyjama Day on Thursday, April 4.
Students were asked to wear their pyjamas and donate a gold coin with all donations going to the

Give Up Your Bed charity.
“Everyone who participated did a great job in helping raise the money,” said student Chloe.
“It was not only a great cause, but I’m sure everyone would agree that it was pretty fun wearing

pyjamas to school.
“The pyjama day was a great success and hopefully we can do it again next year,” she said.
**Newsletter, 8 May 2013
Brad Lewis, Empire Bay Public School**

Walking safely at Empire Bay

Empire Bay Public School has registered to be involved in the Walk Safely to School Day which will be held on

Friday, May 24.
The objective Walk Safely to School Day, which is in its 14th year, is to encourage each

Australian child to incorporate exercise into each day to help prevent obesity and other health problems.
The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets and road safety to primary school children throughout Australia.
**Email, 29 Apr 2013
Liza McNally, Walk Safely to School Day**

Over 60 students from Umina Public School participated in the Woy Woy Anzac Day march on Thursday, April 25.
Some students wore medals that had belonged to family members.
“School captains Lily and Darcy placed books on the cenotaph on behalf of the school,” said organising teacher Ms Laura Vella.
**Newsletter, 30 Apr 2013
Lyn Davis, Umina Public School**

Students attend Anzac march

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Deborah O'Neill
Federal MP for Robertson

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Families' day held each Saturday

Woy Woy South Public School opened its doors on **Saturday, May 4, for its first Peninsula Families' Day.**

The Peninsula Families' Days will be held each Saturday until July 6 and provide a range of free family activities.

The program is a Peninsula community of schools project hosted by Woy Woy South Public School for Ettalong, Umina, Woy Woy and Empire Bay Public Schools, St John the Baptist Catholic School and Brisbane Water Secondary College.

Families with children of all ages from bubs to teens are welcome to come along and enjoy the activities.

"The idea is parents participate in the activities with their children and all children must be accompanied," said Department of Education and Communities Priority Schools Program partnership officer Mr Liz McMinn.

"It will be good old fashioned fun with storytelling and ball games and other activities every Saturday," she said.

Activities include drumming sessions, storytelling, ball games and bush dancing.

"These activities will be great for all families, especially single parents who may find it helpful to build networks with other families while playing or dancing with their children," said Ms McMinn.

"It will also particularly support parents who have fortnightly access to children who are unable to participate in organised sport due to family arrangements.

"Families don't have to commit to any number of weeks, they just turn up for any or all activity sessions they wish to attend.

"All activities are fantastic for child development with storytelling helping talking and listening skills while growing the imagination, games, dance and drumming all impact on gross motor skills, instructional and cognitive learning and they are also all just good old fashioned fun.

"Parenting tip sessions will also be offered during the 10 weeks, one especially for dads, and one for couples who may not be able to attend parenting sessions on weekdays due to work commitments or commuting, she said.

**Media Release, 7 May 2013
Liz McMinn, Department of Education and Communities**



Cross country carnival held

Pretty Beach Public School held its annual cross country carnival recently.

Sports coordinator Ms Amanda White said the determination and sportsmanship demonstrated by the students was admirable.

"The day began with our Kindergarten and Year 1 and 2 students competing in a mini cross country around the school's oval.

"This was then followed by Years 3 to 6 running their cross country course along the dog track

and waterfront to Hardys Bay and back."

**Newsletter, 9 May 2013
Deborah Callender, Pretty Beach Public School**

Development day held at museum

Ettalong Public School principal Mr Colin Wallis said the school's development days held on **April 29 and 30** were full of "rigorous and professional quality learning".

"On Monday, April 29, we travelled to Newcastle for workshops at the Newcastle Museum and on April 30 the day was spent learning about and

planning for the new English syllabus to be fully implemented in 2014," said Mr Wallis.

"Both days were very successful and valuable and will ultimately enhance students' learning," he said.

**Newsletter, 1 May 2013
Colin Wallis, Ettalong Public School**

Open day at fire station

The Umina Fire and Rescue Station in Trafalgar Ave, Woy Woy, will open its doors on Saturday, May 18, from 10am to 2pm to celebrate the Fire and Rescue NSW Open Day.

The day will have a number of activities planned for children including fire demonstrations, with children also able to hop on board

a working fire truck and hold a fire hose.

The open day gives children and their parents the opportunity to meet local fire fighters and learn about fire safety in the home.

**Newsletter, 7 May 2013
Lyn Davis, Umina Public School**

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Inspirational message from motor neurone sufferer

Woy Woy resident Ms Pam Curley had used Motor Neurone Disease Week, held from May 1 to 7, to inspire fellow sufferers to live in the present.

Ms Curley was referred to a neurologist in October 2010 who told her she had to close her Umina business straight away.

"This pronouncement from a medical specialist, despite being a shock, came as something of a relief," said Ms Curley.

"I had noticed struggling with low energy levels and a deteriorating physical condition for at least a year.

"Despite noticing these changes, I kept my business going to this point because I had invested so much into it, and closing the doors meant a big financial loss.

"The neurologist did not diagnose motor neurone disease at this time.

"That diagnosis came a year later, as my health continued to deteriorate," she said.

Ms Curley said up until October 2010 she had experience problems with swallowing and digestion, a change in her voice and the slowing of her speech.

"My energy levels were going down and down, my knees were weak and my balance seemed to give way at times, and then recover.

"I had less dexterity and strength.

"The thought that I was dying came into my consciousness at times, although I never discussed this with anyone.

"I was in denial about the energy and that thought.

"When I sought medical advice the reply was always along the same lines: 'you are over 60 so you have to expect these changes'.

"I intuitively knew there was more to consider than age," she said.

When Ms Curley closed her business, she began writing her first book, *Daydreams for Wellbeing*, along with some children's books which also had a

focus on wellbeing.

"In retrospect, I think I was looking for answers for myself.

"I wanted to cope constructively with all these setbacks and the gut feeling that I was physically deteriorating.

"I needed to find a productive way of dealing my situation.

"I had just lost my life plan and I had to find a new one.

"With the books, I was exploring what I could do to help myself.

"In January 2012, I had another appointment with the neurologist.

"During the year since my last visit, my speech had deteriorated markedly.

"My ability to control my emotions, emotional lability, had become more pronounced.

"The neurologists ordered all sorts of tests.

"My husband and I spent the next two months organising all these tests and appointments.

"Other illnesses were eliminated as a result of this process and then the specialist told me I had motor neurone disease.

"He said I had two to three years to live.

"He also told me I would be severely disabled before I died of this disease, for which there is no cure.

"Having had this door slammed in my face, I immediately went home to get more information.

"Fortunately the motor neurone disease associations in each state post valuable material on the internet.

"As I read through the symptoms of motor neurone disease, the pieces of the puzzling symptoms I had experienced came neatly together.

"I did have motor neurone disease and the symptoms had been clearly noticeable for some years, when we knew where to look.

"Everyone who has motor neurone disease, or creeping paralysis, to use the old descriptive terminology, has their own story.

"This disease affects people in different ways but we all have some common experiences.

"Emotions run amuck, strength seems to abandon ship, courage takes time out when you need it most and grace is in short supply.

"These are all signs of fear and panic.

"Over time, I gradually regained my balance again.

"By turning to the practice of using guided imagery exercises, like the ones discussed in my book, my perspective broadened and the panic went on hold.

"A body of scientific studies attest to the benefits of relaxation, meditation, guided imagery on the human body and its wellbeing.

"As the stress hormones turn off, the body's capacity to find peace and heal turns on and I want to help others do the same, if they have the intention to energize their wellbeing.

"When we are kind to ourselves, allowing ourselves to be nurtured and receive pleasure, we live a better life, and we live longer.

"This also applies to the quality of life for people who will eventually pass away from motor neurone disease.

"I take about an hour a day to listen to something relaxing, and practise some kind of guided imagery along the lines of the exercises in my book.

"Motor neurone disease is heavy duty so I have found some good meditation CDs in my local library as well as ones I have purchased.

"I can feel the panic return when I do not follow this self-help plan.

"I have no delusions that this enhanced sense of wellbeing will cure me of motor neurone disease but I am able to see some meaning in my half full glass, my current circumstance, accept that life has changed, and explore the possibilities of life as it is now.

"Life is not completely empty.

"I could just look at what I had lost.

"I lost my business and income and savings for retirement.

"I lost my role in life, which brought meaning and fulfilment, for which I had worked so hard.

"My husband and I had to

renovate a property to make it disabled friendly and get our existing house sold.

"This extended process was stressful and we were financially challenged.

"Moving house is a challenge for everybody but add to that my inability to cope with stairs in a house full of stairs and low energy.

"I have no speech so making a phone call to contact friends or using Skype to talk to family overseas is not possible.

"People often told me I had a warm, friendly smile, now I have no facial expression, other than a rather startled look because the muscles in my face do not work.

"I use an iPad with a text to speech program to communicate, but real communication uses the warmth of vocal tone, intonation and body language to express meaning.

"The iPad program often distorts my intended message because of the pre-programmed intonation patterns.

"Heather, my iPad voice, does her best and I am grateful for all her efforts.

"Because I can no longer effectively communicate other than rather routine messages, socialisation is increasingly frustrating and exhausting so I tend to avoid social contact other than when it is necessary.

"Although I am fortunate in that I am still eating food, I find eating difficult.

"All food is now blended and I spill food and drinks on my clothes, no matter how careful I am.

"This is another embarrassing feature of motor neurone disease that leads me to avoid socialising, and the saliva that pours from my mouth, another embarrassment.

"Fortunately I can still walk around the house.

"I attend to a range of domestic duties, not all, by doing most things differently, using the parts of my body that still have some strength, such as the palms of my hands and arms.

"Illustration was a feature in my books but now I can't hold a pencil.

"My abilities diminish by the day and there is nothing more I can do.

"I keep a positive attitude and count the blessings of each day.

"I take all the medication available which slows me down, hopefully also slowing the progression of the motor neurone disease down as well.

"I try not to focus on the bleakness of the future and rob today of its blessings.

"When my family came to visit from overseas last Christmas, I was very limited in how I could interact.

"Apart from not being able to speak, smile, eat a meal without making a mess, I knew my adult children could put my present situation into a context of the person I used to be.

"I particularly missed being able to connect with my two year old granddaughter.

"I hadn't seen her since she was newborn.

"She was wary of her strange nanny who couldn't speak, smile or pick her up, comfort her and cuddle her.

"As she left, I blew her a kiss, and then another one.

"She was able to recognize my gesture of love and with her loving heart she blew me back a kiss.

"So I have the memory of that air kiss to treasure.

"I try to be the best wife I can be, but my husband misses the emotional support, practical help and conversations that we had before."

"I wish for myself, and others who have this disease, there was a cure for motor neurone disease, the disease for which the only certainty is the loss of human abilities and death.

"I have lost my life plan.

"All people who have motor neurone disease experience the same fate.

"I try as much as possible to live in present time and count my blessings in each moment of each day," said Ms Curley.

Email, 1 May 2013

Rachel Rizk, Motor Neurone Disease Australia

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Wonderland art at hatter's house



An exhibition of assembled sculptures and paintings by Pearl Beach artist Mr Peter Baka opened at the Hatter's Tea House in Ettalong from Saturday, April 27.

Mr Baka said his exhibition, Recycled Wonderland, was inspired by Lewis Carroll's Alice in Wonderland and is a series of constructed figurative sculptures, and hollow text bearing dolls, devised from orphaned furniture, wooden boxes, household objects, fabric, bric-a-brac and small ornaments complemented by paintings referencing some of the original illustrations.

Mr Baka's work is housed in the collections of the National Art Gallery of Australia, the Art Gallery of South Australia, the regional galleries of Bathurst and Newcastle and the private collection of Elton John.

Email, 23 Apr 2013
Candeda Wickham-Hurd, Pearl Beach

Yacht business goes onto market

A family-run yacht charter business in Hardys Bay has been listed for sale after 13 years of operation.

The business's 38ft Bavaria Lasal is also for sale.

Hardys Bay Yacht Charters

currently offers skippered charters through the village of Hardys Bay along with three commercial moorings.

Email, 6 May 2013
Anna McCall, Hardys Bay Yacht Charters

Last Anzac Day for RSL club?

An Anzac Day service was held at Hardys Bay RSL Club on Thursday, April 25, for possibly the last time.

"It was a glorious sunny day and the service was well attended, including by a veteran from

Afghanistan," said Wagstaffe-Killcare Community Association co-president Mr Ian Bull.

"A wreath was laid by the association and also by the surf club, the fires, school and pre-school, Hardys Bay Residents Group, The Bouddi Society, and

the Killcare Wagstaffe Trust.

"Anzac Day was a great success for the club and the two-up was, as usual, very popular," he said.

Newsletter, 7 May 2013
Ian Bull, Wagstaffe-Killcare Community Association

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Wednesday 15th May @ 7pm
Wednesday 22nd May @ 7pm
Wednesday 29th May @ 7pm
Wednesday 5th June @ 7PM
Monday 10th June @ 5pm
(30 names will be drawn)

MAJOR DRAW WILL BE Monday 10th June @ 6pm
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Heritage award for Daleys Point man

Daleys Point resident Mr Bob Fitzgerald was awarded an Excellence in Interpretation Projects award at Gosford Council's inaugural Gosford City Heritage Awards held on Thursday, May 2.

Mr Fitzgerald won the award for the writing, direction and production of the documentary film Ettalong Beach, Then and Now which was shown for the first time at the Ettalong Festival last year.

The Gosford City Heritage Awards were designed to acknowledge the efforts of those who actively conserve heritage as well as educate and promote heritage and history within the Gosford LGA.

The awards also formed part of celebrations for Australian Heritage Week and the National Trust Heritage Festival 2013.

Gosford mayor Cr Lawrie McKinna said the Heritage Awards showed the number of dedicated individuals focused on the preservation of local history.

"These awards give us a chance to publicly thank the individuals and organisations that invest their time and skills into caring for and preserving our heritage.

"We were blown away by the number and quality of entries, especially as this is the Heritage Awards' inaugural year.

"Some of the award recipients



Gosford Council's heritage consultant Mr David Scobie presenting the award to filmmaker Mr Bob Fitzgerald

have made movies, written books and even established museums all devoted to documenting and educating people about our heritage.

"Congratulations to all of the deserving award winners for your outstanding contribution to our city," mayor Cr McKinna said.

Ettalong Beach, Then and Now came about after Mr Fitzgerald, a local corporate video director and television commercial producer, was asked by the Ettalong Beach Festival organisers if he would make a film about Ettalong for the

2012 Ettalong Festival.

"While I've lived in the area for over 18 years, I had little knowledge about the area's rich history," said Mr Fitzgerald.

"It was a fascinating journey in making the film as we uncovered so many interesting stories about the town and the area.

"We interviewed over 50 people on camera from age eight to 95, each having a story to tell and we wove that into the film," said Mr Fitzgerald.

The film tells the story about the 1927 fire that all but wiped out the

town, the connection of the town in the 1930s with Sydney's underbelly, the sea planes reputedly smuggling cocaine that landed at Half Tide Rocks, the time that the Bee Gees played at the pub, the car that drove on water making deliveries for a pharmacy and the WWII airstrip that later became Trafalgar Ave.

"In making the film, I tried to get an understanding of what the economic basis of the town was in the past," said Mr Fitzgerald.

"I learned that 70 years ago businesses and people in Ettalong Beach and Woy Woy were a tough

enterprising lot.

"They had to be to survive.

"I think in those days business really worked well together for their common good, much more so than they do today," said Mr Fitzgerald.

Ettalong Beach Business Group president Ms Jeanette Polley has also congratulated Mr Fitzgerald on his award.

"The award for Excellence in Interpretation Projects recognises the fine work Bob did on writing, directing and producing the Ettalong Beach, Then and Now film.

The film was an initiative of the Business Group designed to ensure that the history of Ettalong Beach is preserved for future generations.

"We would like to thank everyone who contributed to the success of the film including those who offered vivid memories and volunteers from the Group who assisted Bob in the making of the film," said Ms Polley.

Copies of the film can be ordered at That Swimwear Place, Ettalong Beach, or by phoning Lyn on 0419 226 385.

Media Release, 3 May 2013
Gosford Council Media
Email, 3 May 2013
Bob Fitzgerald, Daleys Point
Email, 9 May 2013
Jeanette Polley, Ettalong
Beach Business Group

New book about Wagstaffe history

A launch of Robyn Warburton's book, **People, Place and Progress: A history of the Association at Wagstaffe and Pretty Beach**, will be held on Sunday, May 26, from 3pm at Wagstaffe Hall.

Ms Warburton compiled the book after sorting through the records of the association.

She said the book reflected not only long standing concerns of the residents of the area, but also the changing social attitudes and the ways in which things have been achieved.

Wagstaffe-Killcare Community Association president Peta Colebatch said the book underlined the important role community volunteers had in the development of amenities in local areas and the

time and effort involved.

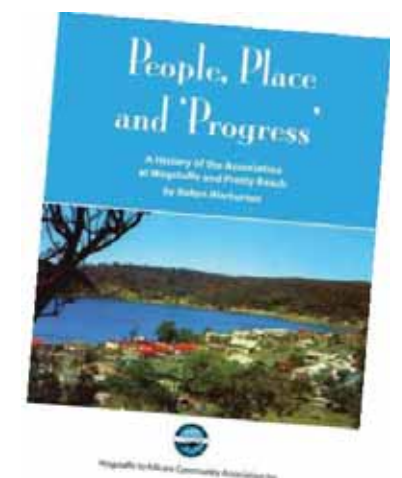
"It promises to be an interesting day of shared memories and we hope, the opportunity to meet up with past residents of the area, and to hear about how things were done in past times," said Peta.

"We have seen so much change in the last 10 years, so just imagine how much has happened in the last 60 years, how we have

managed to retain key elements of the local character, and tried to safeguard the things that we value most about this area," said Peta.

The book will be on sale at the launch for \$25.

Email, 1 May 2013
Peta Colebatch, Wagstaffe-Killcare Community Association





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First reading for local playwright

Woy Woy Little Theatre will hold its first public reading of local playwright Annie Bilton's play, *Elizabeth and Grace*, at the Peninsula Theatre on Monday, May 27, from 7:30pm.

Set during the Elizabethan era amid religious upheavals through Europe, the story centres on two strong-willed women, Queen Elizabeth the First and Grace O'Malley.

Grace was a heroine of the resistance movement against England's colonisation of Ireland in the 16th Century, according to Ms Bilton.

"She was a successful pirate, a leader of men, a brilliant strategist, and wore trousers," said Ms Bilton.

"When Grace's son Theobald is taken captive by the English, she is given a choice, submit to English rule, or lose her son.

"Instead Grace, at 63, brazenly sails up the Thames to Elizabeth's own doorstep.

"Grace demands a face-to-face meeting with her greatest enemy, the most powerful woman in the world, to request the release of her son."

The play requires the strength of two powerful female actors aged 50 to 65, and four males.



Annie Bilton has lived on the Coast for several years and has extensive writing, acting and directing experience.

Email, 8 May 2013
David Wicks, Woy Woy Little Theatre



Little Theatre's season ends

Woy Woy Little Theatre's Season of One Act Plays will finish its two week run on Sunday, May 19.

Woy Woy Little Theatre president Ms Barbara Hickey said there had been a strong, positive reaction to the plays.

"The final Sunday matinee sold out over a week ago," said Ms Hickey.

"There's been a huge demand for tickets for the final weekend,

with heavy interest in Friday night's performance.

"Best available seats as we go to press are for Saturday night May 18.

"This is the true definition of community theatre presented on a shoestring budget and, by offering tickets at a cheaper price, we're encouraging younger people to attend," said Ms Hickey.

The three one act plays are *Writer's Block*, written and directed

by Penny Dilworth featuring Jessica Alex, Richard Goodwin and Joe Matheson, *The Craft*, with Gerard Dunning and Helen Herridge with direction by Gavin Critchley and *The Oldest Profession*, directed by Stephen Cummings with Joan Dalgleish, Denise Main, Rhondra Pearce, Marie Sellers and Shea Wicks.

Email, 8 May 2013
David Wicks, Woy Woy Little Theatre

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Rose Tattoo guitarist teaches

Rose Tattoo guitarist Dai Pritchard has made himself available for guitar lessons at Woy Woy School of Music.

"The guitar lessons will provide the opportunity for skilled and learner guitarists of all ages to learn guitar techniques, performance tips, what it takes to become a pro and much more," said Woy Woy School of Music owner Ms Madeline Van Der Mast.

"Dai is one of Australia's most versatile all-round guitarists and is willing to share some of his extensive insider knowledge.

"Enrolments for Dai's Guitar Lessons are now open for all ages," said Ms Van Der Mast.

Email, 9 May 2013

Madeline Van Der Mast, Woy Woy School of Music



Fashion parade at Uniting Church

A fashion parade will be held in the hall of Ettalong Uniting Church on Tuesday, May 28, from 10:30am.

"The clothes are from Sarong's shop which is opposite, and the church ladies are the models," said Ettalong Uniting Church publicity officer Ms Annette Strong.

"After the parade, a light lunch will be served for an entry fee of \$10.

"All are invited to come along, and purchases can be made from the shop immediately after the parade or at a convenient time if you so desire.

"The Ladies Fellowship also

recently held a Mothers' Day social afternoon and guests were warmly entertained by some members of the local Singing Hands Choir; a very happy and enjoyable 'sing along' musical afternoon."

Email, 8 May 2013

Annette Strong, Ettalong Uniting Church

Cafe will host exhibitions

A cafe in Woy Woy will host a number of exhibitions from the Central Coast's premier artists throughout April to June.

This month at Gnostic Mana Cafe is Peter Baka's collection of works comprised from recycled materials that convey aspects of his modern world and that of past

eras.

The cafe will later showcase the works of Nat Fergolia, a specialist in photography, digital collage, film and animation, whose images are based on the retro homes, cars and random beauty that Woy Woy has to offer.

Frieda Broderick, an artist since the age of eight who will have her work on-show at the cafe in June,

said: "In art, I have no boundaries except my own personal one, of only creating beautiful art."

Gnostic Mana Cafe is open to the public seven days a week from 8am to 5pm.

Magazine, 1 Apr 2013

Emily Holstein, Gnostic Magazine

Author will speak about Francis Birtles

The Gospel Garden Ministry in Umina will host an author event at 6:30pm on Tuesday, May 14, featuring Mr Warren Brown.

Mr Brown will talk about his book, Francis Birtles, which is a narrative account of the life and times of the Australian adventurer.

Frances Birtles crossed Australia more than 70 times in the early part of the 20th century by bicycle and car.

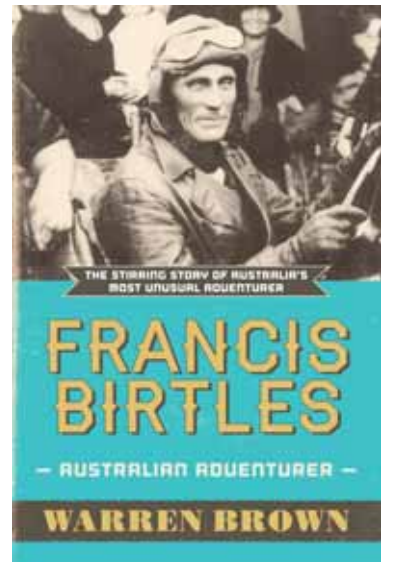
In 1927, he achieved the greatest motoring feat of that time and drove a car from London to Melbourne.

The story follows his exploits across Arab deserts, through Indian jungles and mountain snowstorms.

In between these journeys, he made a collection of documentaries and films of his encounters with the outback.

Email, 29 Apr 2013

Mandi McIntosh, Book Bazaar



Surfboard showroom opens

A local surfboard business has opened a showroom in Ettalong with a full range of short boards, fish boards and mals.

The showroom also stocks grips, leg ropes and wax and offers a ding repair service.

"To begin with, we specialised solely in custom-made boards, but have now recognised an opportunity to extend this and offer off-the-rack boards and accessories," said Boxhead Surfboards owner Mr Peter Barnes.

"We believe our products are as good as anything on the market

and extremely competitively priced.

"It definitely helped having high profile Umina surfers Drew Courtney (former Australian Amateur Champion) and Glenn 'Micro' Hall (current world tour surfer) testing our boards and giving them a thumbs-up," said Mr Barnes.

Email, 7 May 2013

Peter Barnes, Boxhead Surfboards

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How Patonga was affected by the war

When Japan entered the 1939-1945 war, defence planners realised some areas of Broken Bay were urgently in need of protection.

The Hawkesbury River railway bridge was a prime target and, if knocked out, the effect on the transportation of men and materials to the north of the country would have been enormous.

A second area of concern was Pittwater.

Australia, at the time, had a much reduced defence capacity due to the fact the bulk of their forces were engaged in battle in the European sector.

The enemy, being well aware of our capacity, could consider an attack on Sydney.

The ideal place to land such an attacking force would be Pittwater, a calm waterway only 24 miles from the city.

The planned defences were: the fortification of West Head with two four inch cannons, two heavy machine guns and a search light, a four-inch cannon on Juno Point, a gun emplacement on Flat Rock Point at Brooklyn and anti-aircraft guns placed on the bridge.

Anti-submarine nets were to be built from Barrenjoey to West Head and from Flat Rock Point to Wobby.

The fortifications at West Head proved a very difficult task, since there was no road access to the area and large amounts of concrete, reinforcing steel, guns and searchlights had to be deposited by sea.

This was accomplished by anchoring a ship offshore and building a flying fox to swing the goods ashore.

While this was going on, a road

was constructed from coal from Candle Creek to Commodore Heights where a military base was built to house the personnel who would man the guns and searchlight.

The only troops available to carry out these tasks were drawn from the militia units which, at that time, could not be sent overseas.

This led to some old shellbacks giving them some insulting labels such as "Chockos" (short for chocolate soldiers).

When a Japanese submarine shelled Sydney and Newcastle it caused a rapid increase in activity.

Engineers had blasted a track down the face of West Head, which allowed ammunition and goods to be lowered by winch to the troops below.

A rail line was laid across the bottom so these items could go directly to the guns.

When the shelling occurred, it was suddenly clear that the scar down the face of the mountain would provide an ideal vantage point for attack, so the entire area was hastily shrouded in camouflage netting.

At the same time, all privately owned boats, with a few exceptions, were towed away and stowed in Berowra.

The exceptions were a few boats that were left behind so Creek residents could get to their homes and for professional fishermen who provided an invaluable source of food.

They could also be relied upon for the reportage of any unusual activity in the area.

The plan was, in the event of an invasion, all boats could be destroyed which would prevent the enemy from gaining any transport

assistance from them.

Unfortunately, Mother Nature decided to play a part and as the arrival of a large flood washed the vessels away, with dozens reduced to pieces in the process.

The completion of the submarine net from Flat Rock Point to Wobby had a profound effect on the residents of Patonga because it meant the termination of the ferry service from Brooklyn.

Prior to this, nearly all passenger traffic and a lot of goods were delivered to the village by these ferries.

When they stopped, Patonga became isolated.

Strict petrol rationing was in effect, with a private vehicle allocated to provide four gallons a month.

This meant only essential trips and no joy riding became common practice.

It was then that the government asked the Riley brothers to provide a bus service from Woy Woy.

This was warmly welcomed by the residents as it provided transport in and out of the town.

The pack of submarines which were to attack Sydney was comprised of five of the largest submarines in the world.

They assembled off Maitland Bay to launch the attack.

Three of the submarines carried midgets as deck cargo.

After releasing their charges, the fleet proceeded down to Wollongong to wait to retrieve the midgets after the attack.

It is well documented that only two of the midgets managed to enter the harbour and, when detected, fired their torpedoes indiscriminately, missing the American cruiser USS Chicago. Unfortunately, the Cuttabel, a ferry being used by the navy to billet off-duty seamen, was struck and 16 sailors were killed.

The third submarine had not entered the harbour and, due to the fact a large hunt would result, a false trail was made leading away from the pack waiting off Wollongong.

This information was obtained from Japanese records.

It's almost certain that this sub entered Broken Bay because, soon after, there were three sightings on July 14 off West Head.

There were further sightings on July 18, midway to Lion Island and on the 21 near Challenger Head.

Patrol boats rushed to the scene but as they were requisitioned private cruisers and were not equipped with ASDIC or sonar, they failed to make contact.

After this, a Corvette was stationed in the area.

The wreck of the third midget was found only a couple of years ago, off Mona Vale.

Following these sightings, defence was upgraded by laying a minefield which covered an area from Juno to the south head of Brisk Bay across to Hungry Head and most of the way to Cowan Creek.

These were not floating mines but were laid on the bottom in a grid pattern and connected electronically to the naval headquarters at Hungry Beach from where they could be detonated manually.

To aid detection, a magnetic loop was laid from West Head to behind Lion Island, along the shore to Dark Corner and back across the river to naval headquarters at

Hungry Beach.

Power to operate this cable was drawn from the electricity supply in Patonga.

Any vessel crossing this cable would show up on a plotting table at Hungry Beach and be destroyed if it crossed the minefield.

Another historically important event which occurred in this area was the training of the crew of Krait for the commando raid on Singapore.

This was carried out in Refuge Bay which was a remote and secluded area.

The only sign of this area's involvement is a small plaque set in a rock at the bottom of the waterfall in Refuge Bay.

Retired judge Jim Macken has carried out a great deal of investigation into the events which happened during the war and has written a book called *The Pittwater War*.

It is very informative and we are indebted to Jim for ensuring the cataloguing of events which locally will now not be lost in the sands of time.

Lest we forget.

Letter, 1 May 2013

Chas Sproul, Patonga Beach

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*AIHW, 2008-2009.

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Darrell 4341 2355

Umina Beach Scrabble Club

For all levels and ages Every Wed, 9.30-12.30pm, relax, enjoy a cuppa while you play Scrabble
Ruby 2, Broken Bay Rd, opp Ettalong Beach Memorial Club
4344 2808

Volunteering Central Coast

Refers potential volunteers to community orgs. Support both volunteers and community orgs. Training for volunteers and managers of volunteers. Regular general info sessions at Woy Woy. 4329 7122
vrc@volunteeringcentralcoast.org.au

Wagstaffe to Killcare Community

Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945
info@wagstaffetokillcare.org.au

Disabled Services

Riding for the Disabled

Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers required. No Previous exp necessary - School hours only Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Environment

Peninsula Environment Group

Talks, films, social events, workshops, renewable energy

and recycling projects, organic food buying group
www.peq.org.au

Health Group

Alcoholics Anonymous

If you want to drink, that's your business.
If you want to stop, that's our business.
Meets every Saturday - Progress Hall Ronald Ave, Wyoming 8pm
4323 3890

Arthritis NSW

3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy - 4341 5881

Central Coast Prostate Cancer Support Group (Gosford)

Last Friday Terrigal Uniting Church 9.30am to 12 noon
Affiliated with PCFA 4367 9600

Meals on Wheels

Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in welcoming, friendly environment with support, info & referrals to appropriate services - 4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA)

12-step fellowship helping those suffering from eating disorders
No dues, fees, or weigh-ins.
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Every Fri 8 - 9pm
www.oa.org - 0412 756 446

Pink Butterfly Breast Cancer Support Group -

First Sunday 10.00am -12.00
Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Village Carer's Support Group

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula Newman
4344 9199

Peninsula Women's Health Centre

Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; 4342 5905 Wed & Thur 9.30am-3pm 20a McMasters Rd, Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance

Formed to restore medical services previously available at this hospital - upgrade to a standard commensurate with the needs of the Peninsula and the Gosford City area
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club

Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine

Central Coast Rescue Unit

Marine Education Courses. Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship

and Meteorology.
4325 7929 www.vmrcc.org.au
pr.centralcoast@marinerescuensw.com.au

Music

Central Coast Concert Band

Every Tues 7.15 - 9.30pm
Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

Gosford Musical Society Minstrels

GMS Minstrels is a group which entertains at various venues on the Central Coast
Seeking new members
Thur Night Laycock St Noth Gosford
4341 4210

Soundwaves

Men's acapella 4 part harmony chorus - all ages welcome
7.00pm Mondays Central Coast Leagues Club
Ray 0405 030 945
randtbale@bigpond.com

Troubadour Central Coast Inc

Folk, Traditional & Acoustic Music and Spoken Word Inc Ukulele meets, Concerts and Sessions
Usually 4th Sat each Month
7pm CWA Hall Opposite Fishermans Wharf Woy WOy
mail.info@troubadour.org.au
4341 4060

Political Group

Australian Labor Party

Umina Ettalong Branch
Political discussions, national, state and local government issues
2nd Mon Umina Beach Bowling Club 7.30 4341 7323

Central Coast Greens

Branch of Geens NSW, active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected
3rd Thur, centrally on the Coast
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Service Groups

Lions Club of Woy Woy Peninsula

1st and 3rd Mon at Everglades Country Club 4326 1996
Make new friends and have fun while serving your community.

Northern Settlement Services

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Every Thur
Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Rotary Club of Kariong/Somersby

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Phillip House 21 Old Mount Penang Rd (opp Shell), Fridays 7.15am 4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina

International service organisation of business leaders improving lives of youth & those in need in our community and abroad. Weds. Everglades Country Club
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Every Tues 6pm Everglades Country Club.

Don Tee 4369 7496
0428 438 535

Sport

Woy Woy Judo Club

Classes for adults, juniors & seniors. Tues & Fri Evenings
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Travel

Friendship Force Central Coast A travel club with a difference!

Travel in small groups and stay with friends in 370 clubs around the world.

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We in turn host small groups from other Friendship Force clubs in our home.

Contact: Rae 4399 3625
Deidre 4388 9435

www.friendshipforcecentralcoast.asn.au

Veterans

National Malaya Borneo Veterans Association Australia Inc

1st Sat (except Jan) 2pm
Ettalong Beach War Memorial Club, 51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers'

Assist all Veterans & families with pension & welfare matters.

Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch

Provide help with pensions and welfare etc.

Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

Country Women's Association Woy Woy

Opposite Fisherman's Wharf
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina

Craft and Friendship:
• Mon 6pm; Wed 9am; 1st Sun 12.30pm • Branch meeting: 1st Wed 10am CWA Hall, Cnr West and Sydney St, Umina.
4341.5404 or 4369.5353

The Endeavour View Club, Woy Woy

Lunch 1st Mon Everglades Country Club 10.30am.
Friendship days, 3rd Wed
Uniting Church Hall, Picnic Pde
Ettalong, 10.30am. 4342 2283

Gosford RSL Sub-Branch Women's Auxiliary

For women over 18 years. Raise money for welfare of veterans and their families
RSL Club West Gosford
4th Mon 2pm 4323 7336

Inner Wheel club of Gosford North

Women making a difference with friendship, personal service and international understanding. Social activities combined with fund raising
2nd Wed 7pm Phillip House
Kariong 4324 7176
gosfordnorthwi@live.com.au

Woy Woy hosts tennis tournament



Orange ball players



Red ball players with Louise Andrews (far right) and NSW CTO Maurice Murphy (far left)

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The first Open Tennis Hot Shots tournament on the Central Coast was held at Woy Woy Tennis Club on Sunday, April 7.

Woy Woy tennis coach Ms Louise Andrews invited red, orange and green ball hot shot players from around Northumberland to compete.

A strong contingent from Topspin Tennis Newcastle travelled down to the event and took home the red and orange stage winner's trophies.

"These tournaments are a great way to introduce fun competition to young tennis players who are just beginning to play the sport (red stage) and for those transitioning up to full court tennis (orange and green stages)," said Ms Andrews.

Newsletter, 24 Apr 2013

Maurice Murphy,
Northumberland Tennis NSW

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW -
Central Coast 4325 7929
SES - Storm and Flood
Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community
Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Gosford Family Support
Service 4340 1099

Horizons (For men with
children) 4333 5111
Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling
Service 4334 2304
Tenants' Advice and Advocacy
Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems,

Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

The Peninsula Diary of Events

For events in post code areas 2256 and 2257

Tuesday May 14

Warren Brown author event,
Gospel Garden Ministry, Umina,
6:30pm

Friday May 17

Biggest Morning Tea, Hardys Bay
Community Church, 10am-12pm

Saturday May 18

Umina Fire and Rescue station
open day, 10am-2pm

Wednesday May 22

Brisbane Water Secondary
College variety Night, Woy Woy
Campus, 6:30pm

Thursday May 23

Brisbane Water Secondary
College variety Night, Woy Woy
Campus, 6:30pm
Biggest Morning Tea, Red Lime
Cafe, Woy Woy, 7:30pm

Saturday May 25

Central Coast Troubadour Folk
Club concert, Woy Woy CWA Hall,
7pm

Sunday May 26

Breakfast in the Bays, Woy Woy
Bay Community Hall
People, Place and Progress:
A history of the Association at
Wagstaffe and Pretty Beach book
launch, Wagstaffe Hall, 3pm

Monday May 27

Annie Bilton public reading,
Peninsula Theatre, 7:30pm

Tuesday May 28

Central Coast Art Society Paint
Out, Brisk St, Patonga
Biggest Morning Tea, The Cove
Village, Daleys Point, 10:30am
Fashion Parade, Ettalong Uniting
Church, 10:30am

Friday June 7

Umina Bunnies 50th Year reunion,
Col Gooley Field clubrooms, 5pm

Saturday June 8

Umina Bunnies 50th Year reunion
semi-formal event, Woy Woy
Bowling Club, 6:30pm

Wednesday June 19

Bays Community Group annual
meeting, Woy Woy Bay Community
Hall, 7:30pm

Sunday June 30

Breakfast in the Bays, Woy Woy
Bay Community Hall

Saturday July 13

Bays Community Group Wine,
Cheese and Art Night, Woy Woy Bay
Community Hall, 7:30pm-10:30pm

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263

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Classified

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Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

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Students 13 to 18 \$8

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for more information

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**Northern Beaches
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May 18**

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4324 2801

The Troubadour Acoustic Music Club

meets at the
CWA Hall, Woy Woy
Floor Spots available

May 25

**Wheeze and
Suck Band**

7PM

Tickets \$12

Concession \$10

Members \$8

Tickets available

at the door. See
www.troubadour.org.au

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4 years "Griffen"
Maltese x, Male,
7 years "Max"

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Public Notices

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May 26, 9am to 1pm
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BBQ, Tea & Coffee.
Vendors Welcome ~
Car Boot Sale - \$15 per car
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NB stall sites not open until 6.30am
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**Multicultural cafe at
Woy Woy South**

Peninsula families from a culturally and linguistically diverse background are invited to attend a free Multicultural Parents Cafe at Woy Woy South Public School which began on Friday, May 10, and will be held

from 10am to 12pm
each Friday until July 5.

"The Parents cafe is a facilitated group conversation, a fun flexible and easy process that fosters dialogue, sharing knowledge and new opportunities," said Hunter Central Coast Multicultural Programs community information officer Mr Herbert Gatamah.

"The Cafe is a way to create and respond to meaningful conversation around questions that matter.

"This is an opportunity for parents to meet other members of the community, learn about resources and services within the community and meet teachers and school staff.

"This is open to all families from a culturally and linguistically diverse

background on the Peninsula.

"Parents are invited to come and share a cup of tea or coffee with other community members and discuss issues of concern to them in an informal setting," said Mr Gatamah.

Department of Education and Communities staff will be on hand to facilitate group conversations and discussions, answer school-related questions, or refer participants to other services in the area.

The group will be facilitated by a local Department of Education and Communities staff member with experience in accessing local community services.

**Media Release,
9 May 2013**

**Herbert Gatamah,
Multicultural Programs,
Hunter Central Coast**

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**Activities
for
Stewart
House**

Ettalong Public School will hold a number of fundraising activities this year to raise money for Stewart House, a children's charity in South Curl Curl.

Stewart House provides short term respite care for children in need of a break from their everyday life.

Each year 1800 public school children are provided with optometric, dental and medical treatment as well as emotional support during their stay.

Newsletter, 1 May 2013
Colin Wallis, Ettalong Public School

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John Fogarty

Test cricket for over-70s

Former Peninsula cricket players Gordon Ives and John Fogarty will travel to England in August as part of the Australian Over-70s cricket side.

The two men had previously featured in the Central Coast Over-60s cricket side's eight wicket win over the Southern Highlands.

Gordon, 70, and John, 71, said they loved their cricket and, while both Sydney born, have played and lived on the Central Coast since 1972.

Gordon played with Umina Cricket Club and John with Woy Woy Cricket Club.

They have both been involved with over-60s cricket since it started up in 2005 and said they

would be proud to represent the area and the country, especially as this was something of a historic encounter.

It is the first ever Over-70s Test Series between England and Australia.

**Email, 18 Apr 2013
Andy Martin, North Gosford
Photo: Jaiden Oliver**

Lachlan wins in Shark Island swim

Umina Surf Life Saving Club nipper Lachlan Braddish competed in the 1km Shark

Island swim at Cronulla on Sunday, April 28, and placed eighth out of nearly 300

competitors and won the under-12 category.

"At 11 years old, he is showing potential to become an open water champion," said Lachlan's dad, Richard.

"Lachlan's coach at the Peninsula Leisure Centre, Graeme Carroll, has coached world open water champions such as Shelley Taylor Smith and can see real potential in Lachlan," he said.

Later this year Lachlan will be eligible to compete in the 5km State titles at Penrith.

**Email, 29 Apr 2013
Richard Braddish, Umina**

Bunnies to celebrate 50 years

The Umina Bunnies will hold its 50th Year Reunion on the June long weekend.

The event will commence at around 5pm on Friday, June 7, at the Col Gooley Field clubrooms for a get together of former players, coaches, committee and supporters.

A semi-formal event will be held

from 6:30pm on Saturday, June 8, at the Woy Woy Bowling Club to acknowledge the services and achievements by all those who have donned the red and green for the Umina Bunnies in the past.

Anyone with memorabilia is also encouraged to bring it along for display on the night.

**Email, 30 Apr 2013
Ian Sonter, Umina Bunnies**

Bowls club holds Anzac service

Woy Woy Bowling Club members joined together for a game of bowls and an Anzac Day service on Thursday, April 25.

"We remembered those who have fought in wars in the past and to the present day in Afghanistan and those who made the ultimate sacrifice," said women's club publicity officer Ms Miriam Cotton.

"Wreaths were laid by president Barbara Champion of the women's club and president Jim Cassidy of

the men's club.

"The Last Post was played before Mr John Gardner led the Service sharing a message entitled Mateship and then led us in Reciting of the Ode followed by a minute's silence and the Reveille was played.

"Many people joined together for this service, people wearing service medals and many young people were present."

**Email, 26 Apr 2013
Miriam Cotton, Woy Woy Women's Bowling Club**



President Jim Cassidy (Men's Club) and President Barbara Champion (Women's Club)



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Ocean Beach at championships

The 2013 Australian Surf Lifesaving Championships were held on the Gold Coast from April 15 to 21 with 55 Ocean Beach Surf Life Saving members participating.

Ocean Beach began strongly and led the national point score on the first day.

Mark Davis, Shelley Smith, Warren Peters and Allison Tucker all placed in individual events.

Ocean Beach placed second

in the 140 years minimum Male Beach Sprint Relay and third in the 200 years minimum Male Beach Sprint Relay.

By the end of the Championships, Ocean Beach Surf Life Saving Club placed 22nd out of 100 clubs in the Masters Carnival and 50th out of 150 clubs in the Open Championships.

Media Release, 26 Apr 2013

Nigel Fitzgibbon, Ocean Beach Surf Life Saving Club



Zone final played at Ettalong

The Bowls Central Coast Zone 15 under-18 Championships were held at Ettalong Memorial Bowling Club over three days from Monday, April 15, to Wednesday, April 17.

Mitchell McDonell from Halekulani Bowling Club emerged the 2013 Singles Champion on the Wednesday after a neck and neck race with Brad McIntyre from Avoca Beach Bowling Club as they both strove to be the first to score the required 31 shots resulting in a close finish at 31-28.

Ettalong's World Champion Aron Sherriff took on the duty of marker for their match.

"We've seen some great bowls worthy of a Zone final," said Zone

15 State councillor Kevin Dring.

Another neck and neck race was in the Pairs Final on the Tuesday when the Ettalong team of Jacob Casswell (lead) and Luke McBeatty (skip) had to battle against Jayden Moody from Terrigal Bowling Club leading for newcomer Maddisson Fennel, late of Gwandalan, but now playing for Munmorah United Bowling Club.

The final could have gone either way until the last few ends when Jacob and Luke found a little extra which just got them over the line.

"It was a good game of bowls with nothing in it all the way," said bowls co-ordinator Mr John Roberts.

Media Release, 27 Apr 2013

Bob Bourke, Bowls Central Coast

Uminafied, a skate, scooter and BMX competition, was held on Saturday, April 6, at Umina Skate Park.

Gosford Council youth development worker Ms Haley Burgess said the event, which is in its 10th year, attracted plenty of participants and spectators, and included a barbecue and live performances from local hip hop artist Savilian.

"The competition saw some

new competitors put on a great show, as well as some favourites, sponsored riders, and young people competing to keep their title," said Ms Burgess.

Jake Wright, a young BMX rider from the Umina area, took out first place in the BMX division for the sixth year running.

The under-16s scooter competition saw sponsored rider Tirawa Storm take out first place while local rider Tyson Jacobs took

out first place in the open scooter event.

The open skate division was won by local Isaac Hobson who also took out second place at the Kariong Sessions' skate competition the following week.

"The event is growing and continues to get bigger every year," said Ms Burgess.

Email, 26 Apr 2013

Haley Burgess, Gosford Council



Malibu function

Ocean Beach Malibu Club will hold its mid-year function on Saturday, July 20, from 7pm at the Ocean Beach Hotel.

Musicians Peter Howe and Tim Gaze will entertain with songs of

surf adventures throughout the 1960s and beyond.

Numbers are limited to 150.

Email, 27 Apr 2013

Verity Roser, Ocean Beach Malibu Club



UMINA BUNNIES 50TH YEAR REUNION

sponsored by Peninsula News Community Access

The Umina Bunnies are having their 50th Year Reunion on the Queen's Birthday long weekend in June 2013. The occasion will commence on Friday 7th June at 5pm for a get together of former Players, Coaches, Committee and Supporters at the Col Gooley Field (Umina Oval) Clubrooms.

Saturday the 8th June will be a Night to Remember with wives, partners in attendance, by way of acknowledging the services and achievements by all those who have donned the Red and Green for the Umina Bunnies in the past.

The night will be semi-formal with Entertainment, Light Snacks, etc etc.

There will be a few surprises on the night so make sure you come along and see first hand.

Anyone with any memorabilia are welcome to bring it along for display on the night.

This occasion marks Umina Bunnies having been established in 1964 and we are hoping that all of those Proud Bunnies Rally round the Banner.

Once again to make this occasion most memorable and successful the venue for Saturday June 8th is at Woy Woy Bowling Club at 6.30pm. A cover charge of \$25 per person for the night, to cover costs will apply.

So we hope to see the numbers, just like those down at the oval on Sundays, turn up and celebrate this Night to Remember.

"Up The Bunnies"

Contact; Mick 0422 623 587, Olly 0412 496 799, Phil 0434 546 747

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Pictured are (back row) Sarah Dimech, Meg Pich, Caitlin Sims, Dylan Abbott, Andrew Peachey and Dale Mealing-Holland and (front row) Emily-Kate Watts, Darnell Wisham, Lachlan Player and Jack Harkness.

Three sports volunteers reach program mid-point

Three young sport volunteers from the Peninsula are halfway through their Youth Inspired sport volunteer program. Participants have completed two of four education modules including volunteer management and club management (governance, legal and risk management) and are already contributing knowledge

and skills to the running of their local clubs, according to program coordinator Mr Matt Sawyer. Participants from the Peninsula are Andrew Peachey from Woy Woy Football Club and Darnell Wisham and Lachlan Player, both from Peninsula Junior Touch. In addition to attending the interactive education modules, participants are also continuing to

volunteer at their local clubs, and support their committees and local communities by assisting in the delivery of grass-roots sport. Mr Sawyer said: "This year Youth Inspired has once again attracted a fantastic group of young people who are keen and enthusiastic, not just about their volunteering, but also about learning what it takes to run a grass-roots, local sporting club."

"The feedback from program mentors is that all the young people are gaining new skills and knowledge and are fantastic contributors to their clubs. "They have real potential as the next generation of leaders of local sport," said Mr Sawyer.

The Youth Inspired participants will return to the Ourimbah Campus to undertake their next education module at the end of May and will explore the roles of committee members and how to run effective club meetings. Youth Inspired is a program funded by the NSW Government and aims to engage and inspire young people to volunteer and become the new wave of committee members and administrators of local sport.

Media Release, 9 May 2013
Matthew Sawyer, Youth Inspired

Bridge lessons

Brisbane Water Bridge Club held its Swiss Pairs Championship at the Peninsula Community Centre on April 22 and 29 with 18 pairs competing. Hope Tomlinson and Barry Foster emerged the winners with Carolyn Molloy and Virginia Dressler in second place and

Maureen Cows and Marie Tucker in third. Brisbane Water Bridge Club is currently holding lessons for people interested in learning the game. Email, 1 May 2013
Jenny Buckley, Brisbane Water Bridge Club
Photo: Martin Johnson

Rugby union defeat for Woy Woy

Woy Woy has been defeated 61-3 by Avoca at Woy Woy Oval in round five of Central Coast Rugby Union competition under grey skies on Saturday, May 4,. The first half was a relatively even affair with the visitors leading by 17 points to three at the halftime break. However, in the second half the floodgates opened and Avoca was able to run in a total of 11 tries in the match. "Avoca has certainly started the season in tremendous form

and have jumped to the top of the competition ladder as a result of this win," said Central Coast Rugby Union president Mr Larry Thomson. "Best players for Avoca Beach were winger Peter Mitchell, who crossed for three individual tries, flanker Pat Jenkins and prop Luke Sheridan. "Woy Woy's best player was half back Damon Boxsell who continues to play well each match," he said. Email, 5 May 2013
Larry Thomson, Central Coast Rugby Union

Roosters hold Old Boys' Day

The Woy Woy Roosters Rugby League Football Club held an Old Boys' Day at its first home game on the weekend of May 4 and 5 to celebrate the history of the club. "The 2013 season marks the first year of the official relationship between the Roosters and the Sydney Roosters NRL organisation," said Woy Woy's administration manager Mr Peter Read. "While this is an exciting new era for the Woy Woy Club, we strongly believe in honouring and keeping ties with the players who

have helped build this into the most successful club in Central Coast Rugby League," he said. Email, 26 Apr 2013
Peter Read, Woy Woy Rugby League Football Club

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Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 13	TUE - 14	WED - 15
0423 0.48	0503 0.52	0545 0.55
1022 1.33	1103 1.30	1148 1.28
1553 0.64	1632 0.68	1716 0.72
2222 1.72	2300 1.67	2344 1.61
THU - 16	FRI - 17	SAT - 18
0632 0.58	0031 1.55	0126 1.50
1237 1.26	0723 0.59	0815 0.59
1807 0.76	1332 1.27	1432 1.31
	1906 0.79	2014 0.79
SUN - 19	MON - 20	TUE - 21
0227 1.47	0329 1.46	0428 1.48
0907 0.57	0956 0.53	1043 0.48
1530 1.38	1623 1.48	1712 1.61
2124 0.76	2229 0.68	2328 0.57
WED - 22	THU - 23	FRI - 24
0523 1.51	0022 0.46	0115 0.35
1129 0.44	0617 1.53	0711 1.55
1759 1.74	1215 0.40	1302 0.38
	1845 1.86	1933 1.97
SAT - 25	SUN - 26	MON - 27
0207 0.26	0345 0.46	0354 0.19
0805 1.55	0943 1.36	0956 1.51
1351 0.37	1516 0.60	1536 0.43
2023 2.04	2145 1.76	2206 2.04

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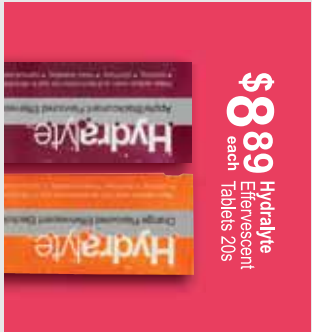
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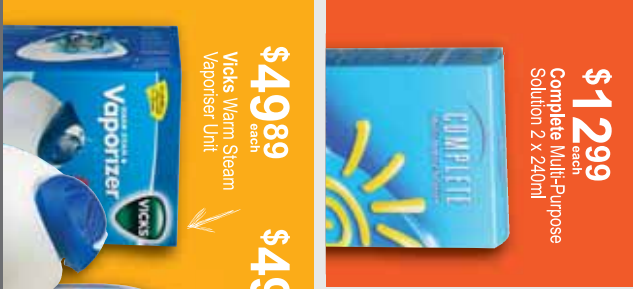
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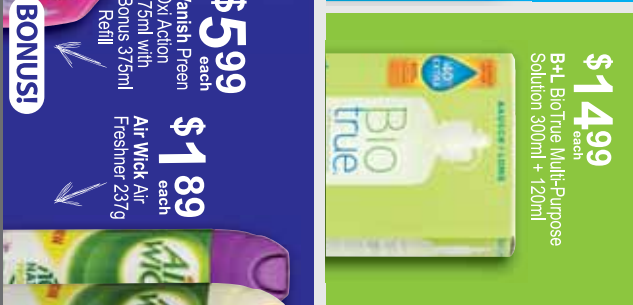


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