

# Progress association opposes Patonga plan

**The Patonga Progress Association has decided to oppose the draft Plan of Management for Patonga Crown Reserves and Dark Corner Cottages and has called for an extension of the comment period.**

"There are recommendations in it that no-one wants, such as the removal of our tennis courts and their placement on Eve Williams Oval to provide more parking for the camping area," according to Association president Mr Dain Simpson.

"There are many controversial proposals in the plan relating to the camping area, creek foreshore, the beach, Patonga Central shops, the oval and Dark Corner.

"The whole thing boils down to a very basic issue in our democratic system: the rights of local residents to determine the land management of their community.

"Either we have a significant say, or we get trampled on."

Mr Simpson said more than 100 people attended a meeting at the Patonga Progress Hall on Saturday, April 6, to discuss the plan.

"One thing's for sure, these recommendations won't happen if the people of Patonga remain as solid and determined as they were today.

"It was a call to arms for locals, including celebrity residents and born and bred fishermen." Mr Simpson said that Gosford Council was proposing to totally change the essence and tranquillity of the sleepy village of Patonga.

He said residents attended the meeting to find out more information about the plan and receive guidance on the steps they should take to "nip this proposal in the bud and oppose the general thrust of the plan".

"There was a unanimous show of hands to seek legal advice, form a sub-committee and fight this with all the might of the passionate folk of Patonga.

"Without asking, \$5000 was donated from the Patonga Social and Recreational Club to kick start any action that is required, with residents seeking an extension of the comment deadline to allow full and democratic airing of their views.

"People are concerned and angry that they were never consulted in the formation of the plan."

A larger, public meeting has been scheduled for Saturday, April 20, in the Patonga Progress Hall.

All interested people are invited to attend.

**Media Release, 8 Apr 2013  
Vanessa Ashcroft, Patonga**



*Residents of Patonga at the meeting held on Saturday, April 6, at the Patonga Progress Hall*

# Beach off-leash to remain unchanged

**Gosford Council has adopted the Draft Dogs in Open Spaces Strategy with the Umina Beach off leash exercise area to remain in its current size and location after receiving a petition with 1032 signatories.**

The petition opposed the reduction in length of the off-leash area at Umina and was in support of the on-leash area.

A total of 411 written submissions and six petitions were received from individuals and organisations during the comment period.

Two submissions were received which supported the proposed changes.

Objections to the proposal were based on the commercial benefit to the caravan park, congestion due to the reduction in size, the beach having "plenty of beach available for everyone", inaccuracies of the

mapping, concerns for access for mobility impaired users and impact on the flagged area at the surf lifesaving club by the on-leash section.

Support was based on children's safety, impact on wildlife, a disregard for regulation by dog owners, people walking dogs off-leash for the length of Umina Beach, the amount of faeces left on the beach, children's balls being taken by dogs and a desire to go back to the timed use of Kiddie's Corner for dog off-leash exercise.

According to a report from the council's director city services Mr Stephen Glen, consideration was given to the comments and the reasons behind the proposals.

"It was determined that timed use would create confusion.

"The matter of guests of the adjacent NRMA Holiday Park not being aware they are entering a dog off-leash exercise area can be

addressed by other measures such as signage at each beach access entry point within the holiday park.

"The dog on-leash area will also impact on the patrolled section of the beach," stated Mr Glen's report.

Mr Glen said the Dogs in Open Spaces Strategy aimed to guide Gosford Council and interest groups on the management of dogs in open spaces and the provision of off-leash dog exercise areas.

The Strategy was based on research, site visits and consultations with the community including surveys, interviews in public places and meetings with interest groups undertaken from December 2011 through to April last year.

Mr Glen said the strategy confirmed that dogs were extremely important to the community and there was general community support for the provision of dog off-leash exercise areas in parks and

on beaches by dog owners and by people who did not own a dog.

"There is also a desire however, for increased management of dogs in open spaces (particularly in on-leash areas and dog exclusion areas) and a desire for dog owners to pick up after their dogs and control their dogs in general," stated the report.

"The strategy provides principles, strategies and specific recommendations relating to the provision for and management of dogs in open spaces.

"A particular focus is placed on assessing the suitability of and guiding improvements to existing off-leash dog exercise areas.

"In addition, consideration is given to establishing enclosed off-leash dog exercise areas and directions are provided for dog exclusion and on leash areas, as well as public awareness and enforcement," stated the report.

At the meeting, councillors spoke to a gallery full of concerned residents dressed in red.

Cr Gabby Bowles said the issue was a "highly emotive" one.

"It is difficult to find a balance and accommodate those in the community.

"If the community using the off-leash areas educate and encourage each other to do the right thing (and Council works towards improving its signage etc.) there is no reason why it would be necessary to make changes at annual review time.

"The strategy has been decided.

"We now have a clear approach and if we all work on setting a high standard, the continued use of these great spaces can be enjoyed for years to come," said Cr Bowles.

**Kaitlin Watts, 2 Apr 2013  
Gosford Council Agenda  
CIT.13, 2 Apr 2013**



# Peninsula News

Community Access

**Peninsula News** is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See [www.peninsulanews.info](http://www.peninsulanews.info) for all editions published

**Editor:** Mark Snell

**Commercial Operator:**

**Cec Bucello for Ducks Crossing Publications**

**Journalist:** Kaitlin Watts

**Graphic Design:** Justin Stanley - Debra Forest

**Sales:** Val Bridge

**Declaration of interests**

**Honorary editor:** Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd  
Convenor, Burrawang Bushland Reserve Committee  
President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-president, Brisbane Water Secondary College Umina Campus P&C

## Next Edition: Peninsula News 316

**Deadline:** April 26 **Publication date:** April 29

**Email:** [editorial@duckscrossing.org](mailto:editorial@duckscrossing.org) **Ph:** 4325 7369

### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: [mail@peninsulanews.asn.au](mailto:mail@peninsulanews.asn.au), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

**Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA.**

Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc

**Ducks Crossing Publications is the commercial operator of Peninsula News**

ISSN 1839-9029 - Print Post Approved - 100002922

New Age Printing, Rydalmere

## Woy Woy Community Media Assoc Inc 2013 Membership Application

**Peninsula News** is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

# More than 100mm falls in two weeks

**A total of 108.2mm of rain has fallen in the first two weeks of April.**

This is well on the way to the monthly average of 138.6mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

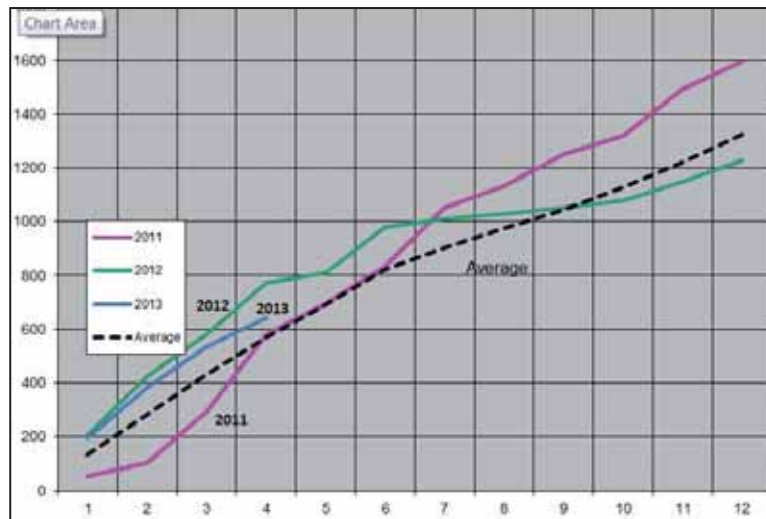
The rain brings the cumulative total for the year to 642.4mm, already well ahead of the end-of-April average of 574mm.

This is the fourth month in a row where year-to-date figures have been above average.

Temperatures so far this month have ranged from a low of 14.1 degrees on April 11 to a top of 26.2 on the same day.

The highest minimum and lowest maximum have also been recorded on the one day.

A minimum of 16.5 and a



maximum of 19.2 was recorded on April 3.

The highest wind gust of 24.1km/h was also recorded on

Spreadsheet, 12 Apr 2013  
Jim Morrison, Woy Woy  
[www.peninsulaweather.info](http://www.peninsulaweather.info)

# Your Chance to Win

**Peninsula News and Planinsek Art are giving one reader the chance to win two large art cushions valued at \$110.**

Chloe Planinsek of Planinsek Art is an abstract commercial artist who paints primarily large colourful yet peaceful paintings using acrylic on canvas or linen.

Having successfully exhibited throughout Melbourne and Sydney and had offers to exhibit in New York, Chloe started introducing other products using her art work.

Her range so far consists of her popular art cushions which you can find at many homewares - furniture stores, greeting cards, printed canvases, posters and placemats and coasters.

To win the Planinsek Art cushions, write your name, address and phone number on the back of an envelope and send to Peninsula News Planinsek competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, April 25.

The winner of the Peninsula News Datacom competition was Greg Farrell of Yattalunga.

Kaitlin Watts, 12 Apr 2013



Prize winners may be required to pick up their prize from our Gosford office. Entries may be passed on to prize providers for marketing purposes.

## Peninsula News

Progress association opposes Patonga plan



Beach off-leash to remain unchanged

Peninsula News 316

## COAST Community News

Gosford Council under new management



Open for business

We ♥ The Central Coast

## Wyong Regional CHRONICLE

Rural residential development to be established in Jillyby



We ♥ The Central Coast

## Central Coast GRANDSTAND

New regional sport and recreation facilities for Tuggerah

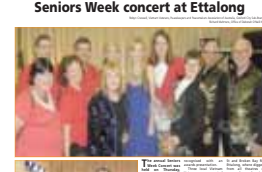


Athletes receive scholarships

We ♥ The Central Coast

## Out & About

Seniors Week concert at Ettalong



We ♥ The Central Coast

## Trad and now

Vol. 12 No. 4



We ♥ MUSIC



[www.duckscrossing.org](http://www.duckscrossing.org)



**Ducks Crossing**

Phone 4325 7369

**Publications**

Publishers of newspapers, magazines and catalogues

Rates from less than \$2 a day!

Get the most out of your advertising dollar.

Advertise in a Ducks Crossing publication for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.

**Office:** 120c Erina Street, Gosford - **Phone:** 4325 7369 Fax: 4321 0940 - **Mail:** PO Box 1056, Gosford 2250 - **E-mail:** [editorial@duckscrossing.org](mailto:editorial@duckscrossing.org) - **Website:** [www.duckscrossing.org](http://www.duckscrossing.org)



[www.ccgrandstand.org](http://www.ccgrandstand.org)







Gosford City councillors led by mayor Cr Lawrie McKinna and general manager Mr Paul Anderson

## Council starts campaign for business growth

Gosford Council's general manager Mr Paul Anderson has announced a Council campaign which will be "actively seeking out prospects for economic sustainability".

"We must seize the opportunities that exist to help our region thrive and prosper ... making ourselves an attractive area for investment and growth.

"We need to become a more accessible council to prospective investors," said Mr Anderson.

Mr Anderson made the statements with the launch of the campaign which would "change the way business is done in Gosford City".

He said the campaign was about increasing efficiency and accountability and making it easy to

do business in the city.

The council had adopted a new organisational structure, he said.

"We need to change the way we do business.

"At this point, we have relocated business units so that we are a whole heap easier to do business with.

"We need to align our economic outcomes to the development of our community.

"We need to change our culture and public perception.

"We need to deliver on the commitments we make and we need to let this be the indicator of our success," Mr Anderson said.

Gosford mayor Cr Lawrie McKinna said the community had a real opportunity to make a difference.

"It's really encouraging and satisfying to all be on the same page

moving forward and we really hope the community can get behind us.

"We know the community needs to see things changing to fully support the Open for Business initiative and we hope that they can see the changes this campaign brings.

"We want people to be proud to say they are from Gosford, because we do have a lot to be proud of.

"We live in a great location, we have a great community and this is a great opportunity to make a real difference for the future of our city.

"It's an easy thing to talk positively about where we live and that is the first step in the right direction," said mayor Cr McKinna.

Cr McKinna said all 10 councillors were behind the campaign.

Media Release, 8 Apr 2013  
Paul Anderson, Gosford Council

## Council plans on exhibition

Gosford Council has endorsed its draft Operational Plan 2013-14 and draft Delivery Program 2013-14 to 2016-17 which will be placed on public exhibition for 28 days.

The Integrated Planning and Reporting Legislation required these documents to replace the City Management Plan and Social Plan required previously.

Council now prepares a Community Strategic Plan, as well as a four-year Delivery Program, a one-year Operational Plan and a Resource Strategy.

The multi-year documents were first prepared and adopted by Council in 2011 and are required to be reviewed and adopted by each newly-elected Council by June 30 of the following year.

Gosford Council Agenda  
ENV.24, 2 Apr 2013

## Council co-operates with developers, says GM

Gosford Council general manager Mr Paul Anderson has cited two developments in Umina as examples of council planning staff productivity and "ability to co-operate".

He said council sought to find mutual solutions to ensure developments continue to grow and advance the Gosford City community.

"In many instances council officers work together with applicants to find alternate solutions to have difficult applications progressed to the satisfaction of the applicant and the broader community.

"Council has recently assisted in resolving parking and easement issues for the new

Bunnings store at Umina."

Mr Anderson said council staff determined 808 development applications worth over \$135 million in the past six months.

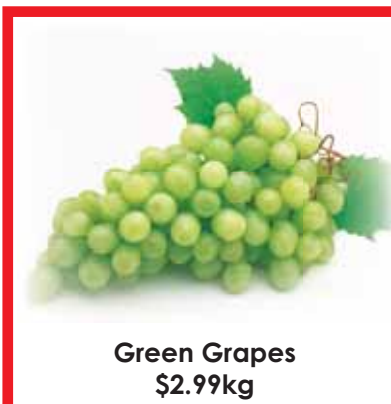
He said this was a positive sign of investor confidence in the region.

He said major developments to be approved had included a \$2.2 million dollar residential flat building in Morris St, Umina.

"Gosford City is open for business.

"Gosford Council will do everything in its power to support and encourage complying development across our region to the benefit of our city and its residents," Mr Anderson said.

Media Release, 8 Apr 2013  
Paul Anderson, Gosford Council



Green Grapes  
\$2.99kg



Golden Crumpets 6pk  
\$1.69 each



Fresh Chicken Wings  
\$2.99kg Pre Packed



Peters Drumsticks  
\$4.99 each pk



Continental Pasta & Sauce  
Varieties \$1.00 each

### Specials available from Wednesday 15 April until Sunday 28th of April



Specialty Meals & Salads  
Prepared in Store



Free home deliveries  
Refrigerated Vehicle



Delivered 6 days a week



For every \$20 Purchase  
10c is Donated



Ettalong Beach

Supporting our  
community since 1987

• Open 7 Days 8am till 8pm • Free home delivery • Phone orders •  
• Car service • Ample parking • Save 6c per litre on petrol Conditions Apply

4341 1026



# Clean-up on Killcare waterfront

**A clean up and removal of designated mangroves between the Killcare public wharf and the other side of Killcare Marina was undertaken in February by 42 volunteers.**

The clean-up, which was carried out with written support from Gosford Council and the relevant Fisheries Permit, was the first stage in the creation of a rubbish management area, a foot access area, a boat and small vessel access area and sediment control area for the two stormwater drains in the area.

The clean-up was part of a Residents Environmental Action Plan developed by the Hardys Bay Residents Group three years ago following the public

display of the Brisbane Water Estuary Management Plan by Gosford Council in June 2011.

"The reason why the Hardys Bay Residents Group developed a parallel plan to that of Council was that the recommended actions for implementation within the appendices to Council's Plan contained several references to Hardys Bay," said Bay News editor Mr Allan Wilson.

"These recommended actions impacting on Hardys Bay were not among the highest priority management actions contained within the implementation strategy of the Council's Plan.

"The first area which was considered most necessary for action was that between the public wharf and the Killcare Marina which, for a variety of

reasons, had become a virtual tip," said Mr Wilson.

The Hardys Bay Residents Group has scheduled further meetings with relevant government regulators and Council to discuss the range of options which may be available to enhance this area of Hardy's Bay in a manner which is consistent with the underlying principles within Council's Plan.

Gosford Cr Jim Macfadyen congratulated the volunteers for their efforts on the initial clean-up day and the Hardys Bay Residents Group for its initiative in seeking to improve the amenities of the Bay for the residents and its visitors.

**Newsletter, 4 Apr 2013**  
**Allan Wilson, Bay News**



*Volunteer Cliff Daniels with Gosford Cr Jim Macfadyen*

## Water testing reveals coliform contamination

**Hardys Bay Residents Group is continuing to test the water quality in the bays with the most recent test of Mudflat Creek, the drain and RSL Creek revealing heavy coliform contamination.**

Group member Mr Brent Walker said the campaign aimed at ridding the waters of bacterial contamination to ensure the health of the Bay and its community.

Mr Walker said that while there was no significant difference in the

level of contamination at Mudflat Creek between the latest two tests, the drain and RSL Creek showed considerably higher contamination in the second testing.

The most recent inspection was conducted after heavy rains while the earlier one was checked before Christmas when there had been very little rain for some time.

Mr Walker said that unfortunately the NSW Waterways website was unavailable for the posting of results and it was incredible that the site had been unavailable

during the majority of the summer periods of both this recent season and the previous.

He also said that consequently, nobody in Waterways had seemingly been able to monitor the issue of providing results of water testing by volunteers in NSW during a critical period when the usage of the waterways had been at its peak.

**Newsletter, 4 Apr 2013**  
**Allan Wilson, Bay News**

## Vessel towed to Woy Woy

**The radio room at Marine Rescue Central Coast received a phone call from a distressed boatie at Tascott on the afternoon of Thursday, April 4.**

The 6.4m half cabin runabout had an electrical fault and the engine would not start.

The owner said that it appeared to be taking on water.

The radio operator reassured

the man that help was available and called in the on-call rescue boat crew.

Before long, rescue vessel Central Coast 20 was launched and skipper Ted Leeson and his crew Norm Smith ventured out, located the man and his vessel and towed them safely to Lions Park at Woy Woy.

**Media Release, 5 Apr 2013**  
**Central Coast Marine Rescue**

VALUATIONS & FINE JEWELLERY

**NOW AT... 314 WEST STREET UMINA!**

**4341 2223 - [www.seasprayjewellery.com.au](http://www.seasprayjewellery.com.au) - [david@seasprayjewellery.com.au](mailto:david@seasprayjewellery.com.au)**

The Number 1 Independent Jewellery Manufacturer on the Peninsular, **Premium Stockist of Eternity**  
**Finely Cut Diamonds & Eternity Hearts and Arrows Diamonds** - Engagement & Wedding Rings, Hand Made Jewellery, Remodelling, Repairs, Antique Jewellery Restoration & so much more... all at affordable prices - **Make David Your Jeweller - Contact David for an After Hours Appointment !**

**Opening at 314 West Street Umina Tuesday 2 April**  
**Relocation Specials 10% to 50% discount - Grab a bargain!**

**We buy GOLD! CASH PAID!**

**Registered National Council Jewellery Valuer**

Proud Sponsors of



## New equipment for fire brigade

**Killcare-Wagstaffe Rural Fire Brigade has received new equipment, including a new fire truck.**

Brigade captain Ms Michelle Biddulph said the fire-fighters now had more safety gear to assist them on the fire ground, such as specialised fire fighting head torches.

"Our training room has been upgraded which has been beneficial in the training of the new members we gained following the recent fires," said Ms Biddulph.

"In January, our category seven fire truck was replaced and upgraded to a more modern variant.

"The new truck has an increase in water capacity, a better pump and a much better emergency spray system.

"The emergency system would be activated if the crew happened to be overrun by a bushfire.

"Now that we are heading out of the fire season, things will not slow down for our brigade.

"We now enter the hazard reduction season so, over the next six months or so, you should expect to see some smoke in the air due to hazard reductions.

"These reductions are strategically planned to reduce the

intensity of any potential wildfires while still protecting our local environment.

"It is recommended that the local community also uses this period of time to reduce or maintain the bushfire hazard in their properties ready for the next fire season.

"The winter season is typically the season for house fires.

"Over summer, the Rural Fire Service encouraged everyone to create a Bushfire Survival Bushfire Plan.

"Every home and workplace should have a fire escape plan.

"Accidental home fires by their very nature can catch people unaware.

"Without an escape plan you are placing your life and those of your families in jeopardy.

"To keep up to date with what is going on at the Killcare Fires, then look no further than our new Facebook page.

"Keep up to date with local information including fundraising, happenings at the fire station and local news," said Ms Biddulph.

The Killcare-Wagstaffe Rural Fire Brigade Facebook page is <http://www.facebook.com/killcare>.

Newsletter, 4 Apr 2013  
Allan Wilson, Bay News



## Tender closes for Hardys Bay RSL Club

**Tenders for the sale of the Hardys Bay RSL Club will close on Tuesday, April 30.**

However, members are doing everything they can to save the club, according to Bay News editor Mr Allan Wilson.

The decision to sell the Club was made following the club's extraordinary general meeting in February which outlined the need to refinance \$700,000 worth of debt.

Following the meeting, commercial real estate agent Chapman and Frazer was

appointed for the sale of the club which went to public tender soon after.

Board and club members have said they were hopeful that another club would submit a tender so the community asset would not be lost.

Mr Wilson said that in a last ditch effort to avert the sale of the club's land and building, some members had proposed the possibility of raising the funds by way of donation.

"A letter has been sent out to all members informing them that they can pledge a donation

amount," said Mr Wilson.

"What this means is that the future of the Hardys Bay RSL Club remains uncertain.

"There is a strong possibility that the club's doors will close for the last time in late April.

"However, a small chance exists that proceeds from the sale of the land and building will be enough to repay the debt and a potential buyer might wish the club to remain in its present location," said Mr Wilson.

Newsletter, 4 Apr 2013  
Allan Wilson, Bay News

## Easter hats judged by men

**The Krait Club, which meets at the Cooina Village Hall in Umina every Friday, held its Easter day on Friday, March 22.**

"Most of the women had made their Easter hats and the men did the judging," said Krait Club coordinator Mr Lillian Ayling.

"We also had our gentle exercises for both our brain and body, and were surprised how quick the time had gone.

"If you are getting on in years and would like somewhere to go, we meet at 10am each Friday."

Email, 25 Mar 2013  
Lillian Ayling, Krait Club

## Empire Bay SUPER SPECIALS!

**OPEN: 24HRS**

 <p><b>\$4.50</b> EA</p>	 <p><b>\$2.99</b> EA</p>	 <p><b>\$3.50</b> EA</p>	 <p><b>\$5.50</b> EA</p>	 <p><b>ANY 10 FOR \$10.50</b> EA</p>	 <p><b>\$4</b> EA</p>
 <p><b>\$1.50</b> EA</p>	 <p><b>\$3</b> EA</p>	 <p><b>4 FOR \$3.50</b></p>	 <p><b>\$1</b> EA</p>	 <p><b>\$1</b> EA</p>	

Offers available from Monday 15th to Sunday 21st April 2013, unless sold out prior. Limit rights reserved. Offers exclusive to FoodWorks Empire Bay.

Proudly Australian owned and truly independent

**FoodWorks at BP Empire Bay**  
308 Empire Bay Drive, Empire Bay Ph: 4369 8760

**FOODWORKS**



# Name change for school?

Umina Public School may apply to have its name changed to Umina Beach Public School.

Principal Ms Lyn Davis said a

new name was being considered. "This reflects the name of the suburb in which the school is located," said Ms Davis.

The school is seeking

feedback from parents and community members.

Newsletter, 12 Mar 2013

Lyn Davis, Umina Public School

Advertisement



## The Shocking Truth About Roof Restoration

If you've ever been concerned about the condition of your roof, then this could be the most important article you read this year.

Unscrupulous roof restoration salespeople have been telling unsuspecting homeowners that they need a full roof restoration (clean, repair, re-point, seal, and paint) when in many cases all that they need is a simple repair.

This has been going on for years but in recent times has reached epidemic levels. Here's what typically happens...

A telemarketer or door-to-door canvasser offers you a free roof inspection. Sounds like a good idea right..?

It is a good idea unless the roof inspector (usually a salesperson) does what unfortunately happens in many of these instances: he or she will grossly exaggerate the problems and insist that you really need a full roof restoration when perhaps you don't.

Now there are many instances where a roof restoration is beneficial. But there are also many instances where all you may need is a simple roof repair.

Local company Reliance Roof Restoration offer a free roof safety inspection where you get the option of actually seeing your roof close up. Any problems are actually pointed out to you.

That way, you can be certain that any problems they advise you of are real and not made up or exaggerated. You can either accompany the inspector on the roof, or if you're unable to do that, you'll be shown photos taken on a high resolution digital camera.

If your roof is fine and needs no work at all, then Reliance will advise you of that. If all that you need is a small

repair, then Reliance will advise you of that. If you'd like to have your roof restored, that's fine...Reliance would be happy to provide a quote for this service.

If you would like a quote on having your roof restored, you'll get \$600 off the quote if you call before Friday. By the way, you'll be placed under absolutely no obligation whatsoever and this service is free for anyone with a home that's over 12 years in age.

Here's what one satisfied client said of their experience in dealing with Reliance Roof Restoration:

"A professional approach by all associated with the job. I was impressed with your attention to detail and advice on other (small) problems. Follow-up inspection and after job touch-up work was particularly impressive. The friendly nature of all the workers made them a pleasure to deal with. I would have no hesitation in recommending 'Reliance Roof Restoration' to anyone wanting their roof restored."  
Ken Durham

So if you are concerned about the condition of your roof and you'd like a free safety inspection, or if you'd like a free quote on having your roof restored, then call Reliance on 1300 300 748 or visit their website at [www.reliancerooft.com](http://www.reliancerooft.com). Remember, if you call by this Friday you get \$600 off the quote of a roof restoration. **Call 1300 300 748 NOW!**

**FREE QUOTE WITH NO OBLIGATION**  
CALL RELIANCE ROOF RESTORATION ON 1300 300 748 FOR A QUOTE. YOU'LL BE PLACED UNDER ABSOLUTELY NO OBLIGATION AND IT'S FREE.



# 1300 300 748

N.J.E Enterprises Pty Ltd ABN 90153695240 BSA 1214303



## Quick rescue for runabout

A volunteer boat crew from Marine Rescue Central Coast assisted a five-metre half cabin runabout on Sunday, April 7, despite being midway through an offshore training exercise.

Skipper Ken Sharp along with Peter Ashworth, Robert Smith, Graham Davies and Chris Sagadevan responded to the 27Mhz marine radio call at around 10:50am.

The caller, one of three people

aboard the vessel, advised that they were near the wreck of the Valiant, about one nautical mile east of Barrenjoey, and needed help as they had engine failure.

They said they were most surprised when the rescue vessel Central Coast 20 arrived seven minutes later.

The runabout was towed, as requested, to the boat ramp at Pretty Beach.

Media Release, 7 Apr 2013  
Ron Cole, Marine Rescue Central Coast

## Brisbane Water Residents

Are you experiencing excessive home insurance increases?  
Has Flood Cover been declined for your home?

Coastal Resident is an advocate for the rights of residents living in Coastal NSW. We are investigating these home insurance issues.

For more information:

- leave a message on 4369 2852
- send an email to [homeinsurance@bigpond.com](mailto:homeinsurance@bigpond.com)
- contact us through our website

[www.coastalresidents.asn.au](http://www.coastalresidents.asn.au)

New Members Welcome

Coastal Residents Incorporated



ADVERTISEMENT



# Our Plan Real Solutions for all Australians

The direction, values and policy priorities of the next Coalition Government.

Download Our Plan at [realsolutions.org.au](http://realsolutions.org.au)



**We will deliver a strong, prosperous economy and a safe, secure Australia.**

Our plan will build a stronger, more productive and prosperous Australia – a truly 21st Century Australia – so that all Australians can get ahead in the global economy, live in a better country and get a better future.



1. We will build a stronger, more productive and diverse economy with lower taxes, more efficient government and more productive businesses that will deliver more jobs, higher real incomes and better services for you and your family.



2. We will get the Budget back under control, cut waste and start reducing debt – to keep interest rates as low as possible; and to protect the Australian economy from future economic shocks.



3. We will help families get ahead by freeing them from the burdens of the carbon tax – to protect Australian jobs and reduce cost-of-living pressures, especially rising electricity and gas prices.



4. We will help small businesses grow and create more jobs – by reducing business costs and cutting taxes as well as cutting red and green tape costs by \$1 billion every year.



5. We will create stronger jobs growth by building a diverse, world-class 5-Pillar economy – by building on our strengths in Manufacturing Innovation, Advanced Services, Agriculture Exports, world-class Education and Research, as well as boosting Mining Exports.



6. We will generate one million new jobs over the next five years and two million new jobs within a decade by growing a bigger, more productive and prosperous economy.



7. We will build more modern infrastructure to get things moving – with an emphasis on reducing the bottlenecks on our gridlocked roads and highways.



8. We will deliver better services including health services – by putting local communities in charge of hospitals and improving co-operation with the States and Territories.



9. We will deliver better education – by putting local communities in charge of improving the performance of local schools.



10. We will take direct action to reduce carbon emissions inside Australia, not overseas – and also establish a 15,000-strong Green Army to clean-up the environment.



11. We will deliver stronger borders – where the boats are stopped – with tough and proven measures.



12. We will deliver strong and stable government that restores accountability – to deliver a better future for all Australians.



## Lucy Wicks

LIBERAL FOR ROBERTSON

Get in touch with Lucy: Phone 0437 003 607

Mail PO Box 60, Gosford NSW 2250 | Email [lucy.wicks@nsw.liberal.org.au](mailto:lucy.wicks@nsw.liberal.org.au)

Web [www.lucywicks.com.au](http://www.lucywicks.com.au) | Facebook [Lucywicks4robertson](https://www.facebook.com/Lucywicks4robertson)

Authorised by Mark Neeham, Level 12, 100 William Street, East Sydney NSW 2011.





# Vintage store has anniversary

A vintage store in Woy Woy celebrated its anniversary on Saturday, March 23, under the ownership of Ms Laura Kewley.

Ms Kewley, 25, who attended Gosford High School, travels from Sydney to Woy Woy in a reverse commute to operate The Lovely Shop on Blackwall Rd.

"Vintage furniture and nic-nacs, once the domain of our grandmothers, are now being embraced by people from all walks of life," said Ms Kewley.

"The current 'old is new again' trend is gaining more and more momentum, mainly because of the unique nature of a vintage product.

Media Release, 18 Mar 2013  
Heidi McCourt, Kirribilli



Guests at The Lovely Shop anniversary

# Community group releases financial report

The Bays Community Group has released its financial report for the last year at its annual meeting on Wednesday, February 20.

The group's opening balance was \$5326.76 which included around \$3000 in grants for minor works on the Bays Community Hall in Woy Woy Bay.

Income for the year was \$18,894.43 made up of grants which totalled \$4989.79 and income from activities.

Expenditure was \$17,344.08 which included hall repairs and

improvements at a cost of \$5528, rates insurances and utilities at a cost of \$4945.19 which left a carry forward balance of \$6874.11.

The Bays Community Group has a term deposit of \$5500 held on behalf of the History Group and has also commenced a Building and Maintenance Fund which has a current balance of \$1155 to provide for ongoing maintenance of the hall.

The Group also received grants from Gosford Council for the Neighbour in Need program and a contribution towards its Council rates.

The Group has a current membership of 101 with 54 of those life members and 47 ordinary members.

The annual membership fee is \$10 per household or \$120 for life membership.

Newsletter, 6 Mar 2013  
Bob Puffett, The Bays Community Group

# Money borrowed for roadworks

Gosford Council will borrow \$51.9 million for local roadworks.

Projects included in the

scheduled works include Maitland Bay Dr at Killcare Heights and North Burge Rd at Woy Woy.

Maitland Bay Dr will undergo

pavement rehabilitation and bitumen resurfacing while North Burge Rd will have an asphalt heavy patch and bitumen reseal treatment.

Both projects will be undertaken in the 2013-14 financial year.

Funds will also cover upgrades to the region's water and sewer treatment plants.

Part of the loan relating to road and building renewals is subsidised under the NSW Local Infrastructure Renewal Scheme, which aims to provide a four per cent interest subsidy to assist councils with infrastructure backlogs to cover the cost of borrowing.

Email, 2 and 11 Apr 2013  
Andrew Vermey, Gosford Council

# School holiday tennis camp

A school holiday tennis camp will be held at Umina Tennis Courts from Monday, April 15, to Friday, April 19.

The camp is predominately tennis with other activities to keep the children occupied.

Racquets are provided if needed.

The camp is \$75 for the week with days running from 9am to 3pm, or \$40 for half days from 9am to 12:30pm.

A weekly discount will apply for additional family members.

A barbecue lunch will be provided on Thursday and prizes on the Friday.

The camps are held wet or fine.

Newsletter, 2 Apr 2013  
Colin Wallis, Ettalong Public School



**Animal Welfare League - Central Coast Branch**

AWL is a registered animal welfare charity offering subsidised desexing to assist eligible members of our community needing help with the costs of desexing their pets.

Some of the benefits of desexing your pet are:

- Prevent unwanted litters.
- Reduced risk of cancer of the reproductive organs.
- Cheaper Council life-time registration.
- Less likely to wander or roam.

Call Helen 4342 2047 for details  
Thrift Shop Enquiries: 4344 6650



- Haggis
- Black Pudding
- Tattie Scones
- Square Sausages
- Scottish Pies
- White Pudding

*Scottish Fare is Back Again!*

**Peter Hutton & Son**  
**Family Butchers**  
3/46 Picnic Parade  
Ettalong Beach  
**4341 2293**

# INSTEP FOOTWEAR

WINTER ARRIVALS NOW IN STOCK!



Good old fashioned service with a smile

 **ZIERA** *Beautiful inside, beautiful outside.*

Shop 136 - Imperial Shopping Centre - Gosford - 4324 2264



# Live local, shop local



**Michel's**  
patisserie



**Try our fresh cut  
sandwiches and coffee**

**EDWARDS**  
SINCE 1925  
**FAMILY BUTCHERY**

Come in and try our award winning Honey Chicken and Sweet Corn Sausage, judged best in NSW by the Australian Meat Industry Council

Shop 9, Peninsula Plaza - Blackwall Road Woy Woy  
**Ph: 4342 2372 - Fax: 4342 2750**

**PEARL'S**  
**HAIR SALON**

**Men's Hair Cut \$15 - Women's Hair Cut \$20**  
**Blow Dry from \$25 - Colour from \$60**

*Come and talk to us about your hairstyle*

Monday to Friday - 9am to 6pm  
Sat - 9am to 4pm - Sun 9am to 2pm **4341 5009**

**Amcal**  
Expert advice for every Australian.



**You** **rewards**  
enjoy the benefits

- ▶ FREE to join
- ▶ VIP events
- ▶ Exclusive offers
- ▶ Competitions



**Honeymoon home loan special**

**4.99%** p.a.\* **6.29%** p.a.\*\*

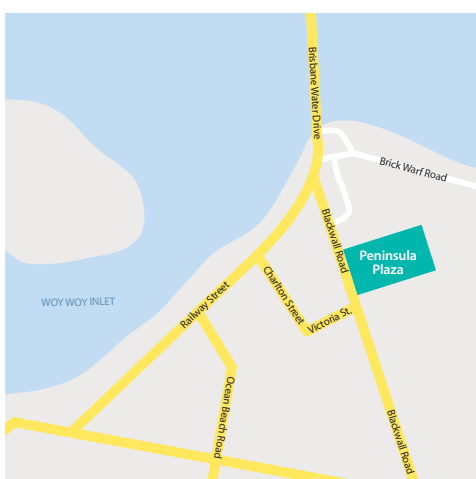
12 month fixed rate

Comparison rate

New home loan applications only. Offer ends 16 March 2013.

1300 13 22 77 [www.communityfirst.com.au](http://www.communityfirst.com.au)

\*Terms and conditions, fees and charges apply - details available on application. All loans are subject to lending guidelines. For full terms and conditions visit [www.communityfirst.com.au](http://www.communityfirst.com.au), call 1300 13 22 77 or drop into your nearest Financial Services Store.



**Blackwall Road, Woy Woy**

Woolworths & the best local specialty stores with convenient parking for all your shopping needs





# Witnesses sought for train incident

**A man has been arrested and charged after he threatened three men and demanded they hand over money while travelling on a northbound train on Wednesday, April 3.**

A 20-year-old man boarded the train at Woy Woy about 5:40am.

He was later joined by two other male friends who boarded the train at Wyong and Warnervale.

The three friends sat in the rear carriage on the lower level where they were allegedly approached by a man who began to argue with them.

The friends decided to move to the upper level of the carriage, however, the man followed and continued to argue.

The man then allegedly threatened the friends and demanded they hand over cash.

The trio disembarked the train at Morisset where they informed police of the incident.

The police located the 29-year-old Bateau Bay man at Awaba.

He was arrested and taken to Toronto Police Station where he was charged with demand property with menaces with intent to steal.

He appeared at Toronto Local Court later on the same day where he was granted conditional bail.

He will reappear in June.

Police believe there may have been a number of commuters in the carriage at the time of the incident and are appealing for those witnesses to contact police by calling Crime Stoppers on 1800 333 000.

All information will be treated with the strictest of confidence.

**Media Release, 3 Apr 2013  
NSW Police Media**

## Trivia night for Mary Macs Place

More than 200 people attended a fundraising trivia night held at Woy Woy Leagues Club on Friday, March 15, to raise funds for Mary Macs Place.

"The night was very successful

both socially for those who attended and for Mary Macs Place for the support and awareness it received," said Mary Macs Place project officer Ms Christine Burge.

"Much of the success of the night was due to the generosity

of the many local businesses who very donated goods and vouchers for prizes.

"Prizes were awarded for the teams who came first and second and wooden spoons were available for the last placed team.

"There were spot quizzes during the night and competitions were very keenly contested.

"The items available for silent auction were very popular with those who attended and there were no items unsold," said Ms Burge.

Email, 11 Apr 2013  
Christine Burge, Mary Macs Place

# Jeweller moves to Umina

**A jewellery store in Ettalong has moved to a larger premises in West St, Umina, and reopened on**

**Tuesday, April 2.**

Seaspray Jewellery owner Mr David Mitcheson said the new store would allow customers to have confidential and private sittings with the jewellers and be treated to the high quality personal service that they have come to expect from Seaspray Jewellery.

"The relocation of Seaspray Jewellery to West St, Umina, gives more customers easy access to our large new shop where you, our customers, are our number one priority," said Mr Mitcheson.

Seaspray Jewellery joined Nationwide Jewellers in December last year.

"Joining the Nationwide Jewellers buying group means Seaspray Jewellery retains its local identity while also gaining access to Nationwide's massive buying power, allowing Seaspray Jewellery to pass on significant price savings to our customers," said Mr Mitcheson.

**Media Release, 26 Mar 2013  
David Mitcheson,  
Seaspray Jewellery**

# ROY LAMB

## "THE SAND MAN"

- For all your landscaping supplies
- Soils • Mulches • Decorative Pebbles and Lots More •

Open 5 ½ Days from 6am  
25-27 Alma Avenue, Woy Woy

*"Bring Your Trailer, Bring Your Ute"*

# 4344 1110

ADVERTISEMENT

# Deborah O'Neill MP

## On our side

My office can assist you with queries about the following Federal Government services:

• Anniversary messages	• Medicare
• Centrelink	• Aged pension
• Family support payments	• Pharmaceutical Benefits Scheme
• Veterans Affairs	• Immigration

For help with these or any other Federal Government issue, please contact my Gosford Office on 4322 1922 or email me at Deborah.O'Neill.MP@aph.gov.au

**Deborah O'Neill**  
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.



# Water flushing starts at Woy Woy

Flushing of the Central Coast's water supply system began in Woy Woy on Wednesday, April 10, in an attempt to improve the quality of drinking water currently being distributed to residents.

Gosford Council's water and sewer operations manager Mr Michael Redrup said residents may be experiencing discoloured water due to higher than normal levels of manganese in the system.

"The high levels of the naturally occurring mineral, manganese, has changed the colour of raw water in Mangrove Creek and Wyong River and is therefore causing issues with the colour of treated water entering the system.

"Council staff are working hard to improve the water quality to residents by adjusting the treatment process at Somersby Water Treatment Plant and starting system wide flushing to remove any discoloured water from the network," he said.

"Flushing and cleaning works will be completed overnight, between 9pm and 5:30am, to minimise any impacts on local residents.

"The flushing will continue until the discoloured water issues have been resolved," he said.

Mr Redrup said a systematic approach to the flushing was being taken with crews moving south from Woy Woy through the water supply system in the Peninsula area through to Umina before continuing on to West Gosford, Point Clare, Tascott and Koolewong.

"This systematic approach moving through the system

from the source reservoirs to customers' homes is the most effective way to clean the pipe network," said Mr Redrup.

"Residents may continue to experience incidences of discoloured water over the next few weeks until the flushing begins to take effect in council's water mains and storage reservoirs.

"In the coming months, council will also be undertaking an advanced mains cleaning program employing the latest technology designed to provide a comprehensive internal pipe clean in targeted areas.

"Residents can also be assured that council frequently tests water quality throughout the system and the water remains safe to drink and meets Australian Drinking Water Guidelines," said Mr Redrup.

Council is asking residents to check their water quality before washing clothes during this period.

If washing is affected, residents should keep the clothing wet and contact council on 4325 8222 to obtain a cleaning solution.

If discoloured tap water is experienced, residents are advised to run the tap nearest the water meter for 30 seconds every half an hour to check if the water has cleared.

If the water does not clear after an hour please advise council on 4325 8222 (24 hours a day).

"Council apologises for any inconvenience caused during this period and thanks the community for their patience and co-operation while these water cleaning works are completed," said Mr Redrup.

Media Release, 10 Apr 2013  
Michael Redrup, Gosford Council



A previous eco tour with Jeannie Lawson

## Eco tours planned

**A rock pool ramble at Pearl Beach and an "eco walk" at Woy Woy are being offered by a local eco tourism business on Sunday, April 21**

Harmony Visions Eco Tours tour guide Ms Jeannie Lawson will facilitate the tours and said there were a variety of things to

see including coral growing in Woy Woy.

"As a naturalist I have found that to really understand an environment you have to know its history and that has led me to discover a treasure trove of people's stories too," said Ms Lawson.

"My eco-tours are designed to

share knowledge and to inspire people to appreciate the amazing natural world we live in.

"The more you learn, the more fascinating it all becomes," said Ms Lawson.

Email, 9 Apr 2013  
Jeannie Lawson, Harmony Visions Eco Tours

## Garden club plans year ahead

**The Killcare Heights Garden Club has reported a near break-even financial result for 2012 during which a donation of \$500 was made to the Killcare-Wagstaffe Rural Fire Brigade in appreciation of its service in protecting many of the club members' gardens during October's bushfires.**

In a broad program planned for this year, during which meetings will be generally held on the second

Monday of the month, the agenda will include visits to gardens in the area with gardening identities addressing gatherings.

There will also be travels to interesting gardens further afield, with the May meeting to be staged at the Auburn Botanical Gardens, the August meeting to be held at the Cumberland State Forest and, in October when wildflowers are at their peak, the club will visit the St Ives Wildflower Gardens.

September will feature a three day trip to Maitland Flower Festival

and other gardens of historical significance in the Hunter region.

Any person interested in joining the Killcare Heights Garden Club is invited to contact Brent Walker on 0412 411 496.

Newsletter, 4 Apr 2013  
Allan Wilson, Bay News

**BOURKE ROAD GENERAL STORE**

Free phone APP! Download it for exclusive offers & savings!

OPEN 7 DAYS 6.30am-7pm

174 Bourke Road Umina Call 4341 7149

www.thebourkeroadstore.com.au



Linda Emery  
Lawyer  
Since 1983

Hospital &  
Home Visits  
By Appointment

Specialising in:

### FAMILY LAW

- Divorces
- Children's Issues
- Binding Financial Agreements
- De facto
- Property

### WILLS & ESTATES

- Probate, Wills & Disputes
- Power of Attorney
- Enduring Guardianship

**Linda Emery & ASSOCIATES**  
LAWYERS & CONVEYANCERS

### CONVEYANCING

- Purchase & Sale of Property
- Refinancing Mortgages
- Purchase & Sale of Business
- Leasing • Retirement Villages

### COURT APPEARANCES

- Criminal Law
- Traffic Matters
- AVO Matters
- Drink Driving

**4323 4766**

Ground Floor, Suite 6, 22 Watt St Gosford

Email: lemery@lindaemery.com.au

## Strata Lounges Re-Upholstery

Specialising in

- Lounge, Cane & Dining Suites.
- Full Furniture restoration service
- Cushion repairs – zippers etc.
- Recliner cables supplied & fitted
- Car Roof Linings

Fully Qualified Tradesmen  
A huge range of quality fabrics available.

### Mobile service

We come to you  
Free pickup and delivery.

You can now book your free no obligation quote by email/phone and we also have our free advice service by email

**4342 8188 or 0408 120 124**

www.homeimprovementpages.com.au/  
connect/stratalounges/  
stratalounges@live.com.au





Forum

# What are the actual costs?

Forum

Letters to the editor should be sent to:  
 Peninsula News  
 PO Box 1056,  
 Gosford 2250 or  
 mail@peninsulanews.asn.au  
 See Page 2 for  
 contribution conditions

Initially I was excited to read a heading which suggested we might be about to receive a summary of Gosford Council's losses of both capital and interest from CDOs (Peninsula News, 3 Apr 2013).

Is it asking too much that residents finally be provided an easily understood summary of the situation?

While they're at it, Council might also provide a summary of all gifts in cash or kind relating to the Mariners Football Club.

We've heard repeatedly about the supposed benefits, so what about the actual costs now?

Email, 9 Apr 2013  
 Norman Hanscombe, Ourimbah

Gosford Council has been brought to heel at Umina-Ocean Beach.

It's the Wild West of Dogland, with not a sheriff in sight.

While dog obsessives fumed over the now rejected minor adjustment at Umina, they ignored the off-leash extension at Ocean Beach.

Total off-leash area is now double that of the dogs prohibited

Forum

area.

The no dogs area has simply become a transit zone.

Dogs can be seen there every day, frequently going about their business, ignored by their owners.

This behaviour has led to most beaches in Australia becoming dog free (or heavily restricted) for basic

health and safety reasons.

I'm interested to see how Cr Craig Doyle proposes to educate the irresponsible.

My efforts ended recently when I had my head almost ripped off by a 20 something with more brawn than brain.

Dogs aren't the problem, just their owners.

Email, 10 Apr 2013  
 Anthony Shannon, Umina

# Abbott clearly set out carbon tax policy

Honesty about Carbon Tax – Coalition Policy as clearly set out by Tony Abbott in a speech on April 20, 2012, is as follows:

"Should the Coalition win the next election, the carbon tax repeal process will be the first thing I do.

Forum

"There is no mystery to this.

"Essentially, all that it requires is the passage of the repeal bill through the parliament.

"After all, what is done by

legislation can be undone by legislation.

"I don't expect the Greens to support repealing the carbon tax.

"On the other hand, it's hard to imagine the Labor Party, beaten in an election that's a referendum on the carbon tax, committing suicide twice by resisting the new Government's mandate.

"If they do, there is a constitutional procedure designed for just this eventuality.

"It's called a double dissolution.

"I would not hesitate to seek a second mandate to repeal this toxic tax.

"Indeed, it would be my duty to do so.

"I won't reduce the tax, change the tax, or redesign the tax.

"I will repeal the tax.

"The next Coalition Government will repeal the carbon tax as quickly as possible and, because the electorate would double-punish the Labor Party for wilful obstruction, I expect that the repeal arrangements would be in place within six months."

The clear plan and promise is repeal and, if blocked by the Greens, double dissolution, which is what I hope for so that we can get the dead arm of the Greens' blocking tactics off our future and progress.

Email, 4 Apr 2013  
 Godfrey Franz, Killcare

## DO NOT MAKE NEW DENTURES BEFORE SPEAKING TO US



- We make the effort to improve the appearance of your dentures.
- We have a special interest in difficult / problem cases.
- No referral is necessary • Medical Funds Rebates
- DVA Gold Card Holders Welcome
- We make implant retained overdentures.



We employ the appropriate techniques and take the time to obtain the results

52 South Street, Umina Beach  
 Ph: 4344 6699 or 0414 415 417  
 (by appointment only)



- Kids' Assessments
- General Footcare
- Orthotics
- Sports Injuries
- Diabetic Footcare
- EPC Care Plans
- Veterans' Affairs



Mark Mular  
 Principal Podiatrist

4344 4340

After hours appointments available on request.

2/19-21 Broken Bay Road  
 Ettalong Beach NSW 2257

www.ettalongpodiatry.com.au

## MOBILITY HIRE AND SALES

Specialising in SALES & SERVICE for all types of Mobility Aids

Portable Electric Scooters and Wheelchairs

Largest Range of Scooters on Display on the Central Coast

Scooters for Golf!

BUY WITH CONFIDENCE

Authorised Pride Dealer  
 Sunrise Medical Dealer  
 Heartway Dealer  
 Days Medical Dealer  
 Elite Scooters  
 We will not be beat any written quote\*

Electric Lift & Recline Chairs

Scooter Accessories

Rear Bags, Canopies, Flags, Walking Stick Holders, Oxygen Bottle Holders, Rollator Holders, plus more!!!

Quality demonstration stock ,trade in stock ex hire stock- for sale at huge discounts



Wheelchairs from \$299.00



Rollators from \$98.00



Over Toilet Aids from \$69.90



Shower Chairs from \$69.90



Hi-Back Chairs from \$399.00



Lift Chairs from \$799

215 WEST STREET UMINA BEACH - PH 43425308 - www.mobilityhireandsales.com.au

## Brief Therapy with Hypnosis

It takes 21-28 days to make or break neural pathways.

Clearing the path: In our first (extended) session we will discuss the history of your problem and refine goals which are instilled into the subconscious mind.

Tracing tracks: In following sessions we will use imagery and dialogue to heal the wounds underlying your old patterns.

Sealing the road: In our final session we direct your future while allowing for creative change.

Four sessions for change: \$400

CALL Liz Macnamara MH, HT

4341 0464

lizmacnamara.com





# Penninsula Hearing

"We are hear for you"

**WE ARE EXPANDING WITH A NEW CLINIC  
OPENING IN UMINA BEACH  
ON THE 22nd APRIL 2013**

**Free screening test  
No obligation trials  
Children's testing available  
Workcover**

**Independently owned and operated  
Government accredited**

Being independently owned means  
you will have a full choice of manufacturers!

Sennheiser assistive listening devices also available

Don't delay, speak with our friendly staff today.

Call us on;

**(02) 4342 9736**

**[www.penninsulahearing.com.au](http://www.penninsulahearing.com.au)**

Shop 6, Ground Floor  
322-326 West Street  
Umina Beach  
NSW 2257



Shop 4  
263 Ocean View Rd  
Ettalong Beach  
NSW 2257





# NEW IN ETTALONG: 6S Health

*for your health success*



**TYPE 2 DIABETES?**  
Get 8 sessions of Medicare-funded exercise instruction.  
*Call us now for more information*

**FREE, NO OBLIGATION 15-MIN PRE-ASSESSMENT**  
To introduce our physios and exercise physiologists we are offering free 15-minute pre-assessments.  
**BOOK TODAY**

PHYSIOTHERAPY • EXERCISE PHYSIOLOGY  
PSYCHOLOGY • CLINICAL HYPNOTHERAPY  
CHIROPRACTIC • REMEDIAL MASSAGE  
DIETETICS • PERSONAL FITNESS

**402 OCEAN VIEW RD, ETTALONG BEACH**  
**4342 1590** [www.6s.com.au](http://www.6s.com.au)



## School purchases literacy program

Pretty Beach Public School is currently in the process of purchasing a year's subscription to Ziptales. Ziptales is a literacy and vocabulary program aimed at primary school students.

The program has independent learner activities at all stages and students will be able to access it from home for extra activities.  
Newsletter, 4 Apr 2013  
Lee Simpson (relieving principal),  
Pretty Beach Public School


## Learning to live with loss

Umina Public School Year 5 and 6 students have been invited to attend a Seasons for Growth program which will begin next term. The program is aimed at students who may have

experienced grief of loss through divorce, separation or death. The program aims to help students learn to live with change and loss.  
Newsletter, 9 Apr 2013  
Lyn Davis, Umina Public School

## Purple day

Students and staff at Woy Woy South Public School participated in Purple Day on Tuesday, March 26, in an effort to raise funds for awareness of epilepsy. The school raised \$457 which will be donated to Epilepsy Action Australia. Epilepsy Action Australia is the largest provider of specialist epilepsy services in the community for those suffering with the disease, other seizure disorders and their carers, families and wider community.  
Newsletter, 2 Apr 2013  
Ted Greedy, Woy Woy South Public School,



**ALAN  
WIGNEY  
PODIATRY**

336 Trafalgar Ave, Umina

**Why pay for treatment?**  
**We offer  
100% BULK BILLING**

**For all EPC Plans**  
Remember to ask specifically for Alan Wigney when having your care plan done.  
We also do DVA and Pensioner Discounts!  
**For all aspects of podiatry, call us on**  
**4341 4704**





**A. Wegner  
DENTURE CLINIC**

**Mention this ad and get a free consultation!**

- New Dentures
- Same Day Relines and Repairs
- Off Street Parking & Wheelchair Access

- DVA Patients & Health Fund Accredited
- No Referral Needed
- After Hours & Weekend Appointments Available

66 Ocean Beach Road, Woy Woy NSW 2256

**4341 8888**







Deborah van Breugel, Pat Harding and Phyllis Thomas

## Staff receive training in anaphylaxis

**Woy Woy Public School staff underwent mandatory anaphylaxis training on Tuesday, April 2.**

"Our staff were updated on causes, symptoms and procedures when a person is having an anaphylaxis attack," said principal Ms Ona Buckley.

"Staff refined their skills in using and administering epipens and anapens.

"In our school we do have a number of students who do have allergies and can have reactions to foods, insects or grasses.

"Health plans for these students are in a safe and visible spot for all staff to identify and act on if needed," said Ms Buckley.

**Newsletter, 8 Apr 2013**  
**Ona Buckley, Woy Woy Public School**

## Certificates presented at auxiliary

Three certificates of recognition were presented to members of the Woy Woy United Hospital Auxiliary at the auxiliary's April meeting.

Treasurer Ms Deborah van Breugel received a certificate from

Member for Gosford Mr Chris Holstein and thanks for the items donated in the past year to Woy Woy Hospital.

Secretary Ms Pat Harding was presented a certificate for her dedication and many years of service to Woy Woy Hospital by Member for Robertson Ms Deborah O'Neill.

President Ms Phyllis Thomas was presented with a certificate from the United Hospital Auxiliary which acknowledged the \$20,000 raised by the Woy Woy United Hospital Auxiliary in the past 12 months.

The majority of the money was raised from sales at the hospital's kiosk where volunteers serve lunches and sell items donated or made by the members.

Now that the new rehabilitation building is nearing completion, the

women have been making items to be used by the patients when they arrive.

Anyone wishing to volunteer at the kiosk can contact Phyllis Thomas on 4341 2264 for more information.

**Media Release, 8 Apr 2013**  
**Linda Thomas, Woy Woy United Hospital Auxiliary**

**HERBALIFE** Since 1980

- Weight Loss • Weight Gain
- Health & Fitness • Personal Care • Doctor Formulated
- Full Money Back Guarantee

**Call Stuart on 0438 162 074 or 4344 2826**  
**email: stuartlbetts@gmail.com**

**EARLY SKIN CANCER DETECTION COULD SAVE YOUR LIFE**

**VIDLER AVE SKIN CANCER CENTRE**

Dr JP Caska & Associates  
located in WOY WOY  
**BULK BILLING 4341 9911**  
**APPOINTMENTS AVAILABLE**

# UMINA

## South Street Dental

Umina Beach

Teeth for Life

Cosmetic Smiles

Teeth Whitening

Children and Adults

Complex Reconstruction

Implants

Dentures

**Mario Reznik**

BDS - 1st Class Honours (Syd)  
Dip, Clinical Dentistry-Oral Implants (Syd)

**Dental Surgeon**

52 South Street Umina Beach

# 4344 6699

Medicare Vouchers / Teen Vouchers welcome

Veterans' Affairs welcome

HICAPS, EFTPOS and major

Credit Cards Accepted

Accessible ground floor access

with plenty of parking

## Chiropractic Plus

**Your chiropractors Pete Grieve, Ursula Renfrew and Michael Grieve**  
**Umina Chiropractic Centre, 428 Ocean Beach Rd, Umina 2257 - Ph: 4341 6247**

**Why do chiropractors talk about your overall HEALTH rather than just focusing on your PAIN?**

Everyday stressors (physical, emotional and chemical) cause interference in the communication pathways between the brain and the body (nervous system), leading to inappropriate messages being sent to and received by the body's organs and muscular skeletal system.

Joint dysfunction/subluxation of spinal joints occurs from this interference which initiates a stress response in the body – due to the physical strain on the surrounding structures of the spine and inflammation around the joint accumulated.

Put simply, two regulation centres are then activated and the body produces special stress chemicals and hormones to supply energy to the muscles and heart to prepare for a fight or flight response.

Although to get this energy, it must be taken from somewhere else in the body.

This is usually from the immune system, the digestive system and the reproductive organs.

This is a normal response if the interference or stress on the structures is removed quickly.

If this stressor is not removed quickly, this

chronic release of hormones and chemicals into the body alters the immune system, reproductive system and digestive system making it more susceptible to illness or dysfunction.

As Chiropractors, we aim to remove this interference and stressors on the body to stop the stress response and allow the energy taken to be relocated back into the centres of the body that promote growth, expansion and health.

(Dr John Minardi, from the Australian Spinal Research Foundation.)

Think of your spine and nervous system as a central control centre for every thought and function of your body.

You don't have to be in PAIN for this type of dysfunction to be present... that's why we want to care for your overall health and function prior to the warning signals and keep your body functioning at its BEST, not just getting by!

Your spine is a window into your health!



*Chiropractic; safe, gentle and effective for all the family*

If you have any questions, contact us at [office@uminachiropractic.com.au](mailto:office@uminachiropractic.com.au) or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)



Education



Peninsula Village's Shane Neaves and Melinda Dempsey, Brisbane Water Secondary College's Warren McGuire and Valerie Frances and YC Industry Link's Marcus Watson

# Village, training company and college form partnership

A partnership agreement has been signed by Peninsula Village, Brisbane Water Secondary College and Youth Connections to support local youth and endeavour to address the

youth unemployment rate within the local area. Peninsula Village executive assistant Ms Linda Grant said the agreement would see 10 school-based trainees employed, supported from a funding pool gained by group training company,

YC Industry Link. "This partnership has been developed over many years in conjunction with Brisbane Water Secondary College with formal training provided at the trade school," said Ms Grant. "The key principle is a spirit of collaboration where parties acknowledge and honour our different agendas with the underlying goal to seek meaningful employment for the youth of the Peninsula. "The school-based traineeship is a key partnership for all parties," said Ms Grant. Peninsula Village CEO Mr Shane Neaves said the agreement was "a great opportunity and acknowledges our commitment to our community to assist, where possible, the wider community and enhance the youth's awareness of the opportunities the aged care sector has for employment options".

Media Release, 4 Apr 2013  
Linda Grant, Peninsula Village

**Woy Woy School of Music**

	GUITAR		DRUMS
	VOCALS		CLARINET
	PIANO		VIOLIN
	FLUTE		SAX
	BASS		UKULELE

Enrol Now 4344 5809

**ROCK POOL RAMBLE**  
Meet the residents of the rock pools!  
**Pearl Beach, 21st Jan 9.45am**

**WOY WOY ECO-WALK**  
History and nature of Woy Woy waterfront  
**21st Jan - 1.00pm**  
Bookings required  
**0414 414 291**



Advertisement

# Chris Holstein MP

**We can assist you with queries about the following STATE GOVERNMENT SERVICES:**

- Anniversary/Birthday messages
- Health ■ Education ■ Transport ■ Fair Trading
- Ageing and Disability ■ Community Services
- Police and Emergency Services
- Public Housing ■ Main Roads

For help with these or any other State Government issue, please contact me on **4342 4122**  
Or e-mail me at **Gosford@parliament.nsw.gov.au**

**Chris Holstein MP MEMBER FOR GOSFORD**

**ON YOUR SIDE**

# Woy Woy South to pilot new programs

**Woy Woy South Public School is one of two schools in the Hunter-Central Coast region to be involved in a pilot program next term as part of the Priority Schools Program.**

Two new programs will be trialled over a 10-week period. The first program, Parent Cafe, aims to strengthen and support connections for families from culturally and linguistically diverse communities residing in the Peninsula region. The program provides an opportunity for people new to the area to meet with other families who are in a similar situation to foster friendships. Woy Woy South Public School principal Mr Terry Greedy said the second program "is all

about family and community engagement", as it would provide the chance for families to attend school on Saturdays to enjoy family time while participating in a range of activities. Mr Greedy said the activities would be suitable for all family members and age groups and encourage people to learn new skills while developing friendships. Two coordinator positions are currently being advertised for each of the two programs. "The successful candidates will need to already have extensive networks on the Peninsula and experience working with the community," Mr Greedy said. **Newsletter, 2 Apr 2013 Terry Greedy, Woy Woy South Public School**

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....

 **ALLIED HEARING**  
Improve hearing improve lifestyle



- **FREE HEARING TESTS FOR SENIORS**
- **FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS**
- **FREE HEARING AID TRIALS**
- **SHOP AROUND OUR PRICES WONT BE BEATEN**

**ACCREDITED PROVIDER OF GOVERNMENT SERVICES**  
\* CONDITIONS APPLY

**CONTACT YOUR CLOSEST OFFICE NOW**

**WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST**  
**PHONE 43442566**

**THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD**  
**PHONE 43346233**



# Tonkin Drysdale Partners

LAWYERS Est. 1958

**One of the Coast's largest & most experienced legal teams**



Family Law | Commercial Law | Conveyancing | Contract Law | Industrial Law  
Estate Planning | Criminal Law | Litigation | Insurance Claims | Trusts & Companies

**T 02 4341 2355 E info@tdplegal.com.au 79 Blackwall Road, Woy Woy**  
**tdplegal.com.au**



# Ettalong mother starts bullying web page

**Ettalong mother Ms Melanie Williams has started a social media page in an attempt to raise awareness and combat bullying in schools.**

Ms Williams said she had been "overwhelmed with the response" to the Facebook page.

"There are a lot of bullying issues in schools all over and sadly we, as parents, feel powerless," said Ms Williams.

"I have battled with the school my kids go to for four years now with little satisfaction.

"I'm tired of my concerns being disregarded and made to feel as if my opinions and concerns are not of value and easily brushed aside.

"I feel it is time to stand up and let the schools know that they are there for us, not we for them.

"We as parents will be heard.

"Our children must be allowed to feel safe and happy when in the care of the people we entrust them to for their education and wellbeing.

"I have been to my children's school numerous times about bullying and have tried to work with them, but nothing changes.

"It came to the point where I just wanted someone to hear me because, honestly, it is heart breaking for a parent, not to mention the kids.

"The principal simply brushes it aside," she said.

Ms Williams also said that when people thought of bullying they automatically thought about kids

bullying other kids.

"But it is not only the kids," said Ms Williams.

"There are teachers that are talking down to students as well, and they are supposed to be leading by example.

"I also made the principal aware of this and asked him to speak to my son's teacher, only for her to say the same thing in front of the whole class the very next day, which happened to be the national day of Action Against Bullying and Violence.

"That was the straw that broke the camel's back, so to speak.

"The next day I voiced my opinion strongly, but still was not heard, so the Facebook page is a result.

"This problem is not going anywhere. It's only getting bigger and that is my concern.

"I call on the Education Department and the Government of NSW to start sorting this mess out that they have brushed under the carpet for so long.

"These kids are our future.

"They are the next generation and if we don't act we are going to have a society of very angry adults.

"The Government is all about workplace bullying. What about the children?

"As parents, we want to show them that positive changes can be made in a proactive way, where all involved get the care and understanding we all deserve as human beings," said Ms Williams.

Ms Williams' Facebook page, Central Coast Parents Against Bullying, had a total of almost 700 followers.

Kaitlin Watts, 1 Apr 2013  
Interviewee: Melanie Williams

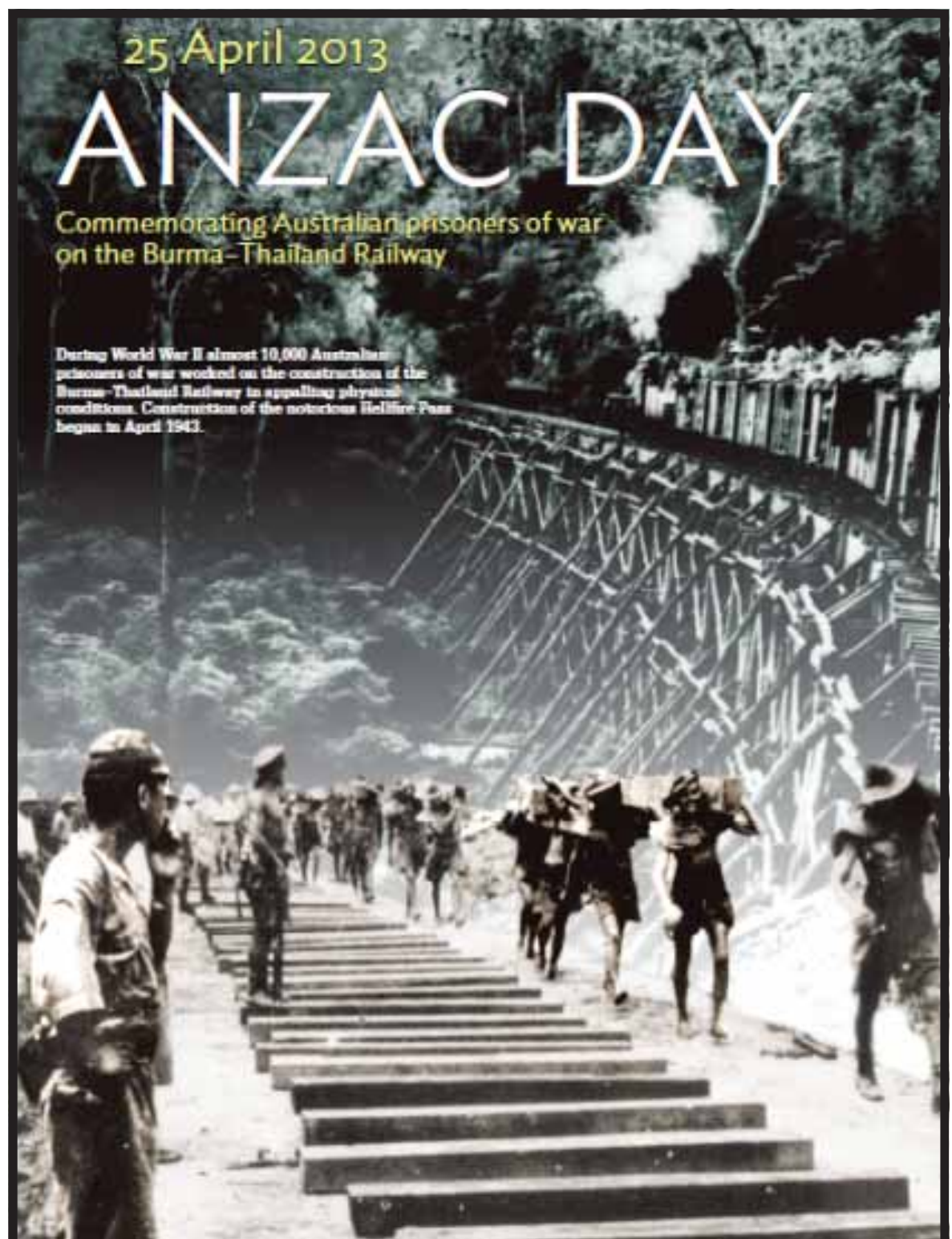


**HOLIDAY FUN 2013  
KIDZ DRUMMING  
PLAYSHOP!**

CWA Hall, 30 The Boulevard  
Woy Woy

**TUESDAY 23rd APRIL 2013**  
10.30am to 11.30am  
Drums Supplied

For info & Bookings call - KATY & WARREN  
4342 1112 or 0423 548 540 -  
[www.drumbala.com](http://www.drumbala.com)



The annual ANZAC Day Service will be held in the Commemorative Garden at Brisbane Waters Private Hospital, 21 Vidler Avenue, Woy Woy, at 8:45am on Thursday 25 April 2013.

An open invitation is extended and morning tea will be provided after the ceremony.



**WOY WOY  
JRLFC  
SEEKING  
PLAYERS:**

**Woy Woy JRLFC are seeking players to fill teams in the following age groups**

**Under 8's, Under 10's,  
Under 11's, Under 12's,  
Under 13's and Under 14's.**

All new players are required to bring Birth Certificate and 2 x Passport photos to register. Cost of registration covers all insurances and fees.

Each registered player receives a club polo dress shirt, playing socks and shorts as well as a participation trophy at the end of season presentation.

For all information on registering please contact Registrar Melissa Moore on **0425 324 956** or at [melissamoore@optusnet.com.au](mailto:melissamoore@optusnet.com.au).

Any other information please contact President Tim McParlane on **0423 079 100** or at [tjmcp@bigpond.com](mailto:tjmcp@bigpond.com).

Sponsored by

**Peninsula News**  
Community Access



# Imposition to play at leagues club

**Imposition, a band made up of four Brisbane Water Secondary School students, will perform at Woy Woy Leagues Club on Anzac Day from 4pm to 8pm.**

With Ashley Knight on vocals, guitar, keyboard and synthesiser, Jeffery Henderson on bass, Dane Richter on guitar and Daniel Harding on drums, Imposition performs covers and originals in classic rock, pop and rock blues.

"They are quickly building a great following and are being invited to play at various

locations and festivals all over the Coast," said Daniel's father Kevan Harding.

Imposition has performed at a number of venues and events, including Gosford's Summer in the City Festival, Umina PCYC, Hardys Bay RSL, Lizottes, Youth in Performing Arts, Battle of the Bands, Woy Woy Leagues Club and Jack's Bar and Grill.

The band also recently performed at the Goats Family Festival after being selected to play out of hundreds of bands who applied.

**Email, 8 Apr 2013  
Kevan Harding, Woy Woy**



Imposition performing on Australia Day



We specialise in:

- Establishment of Setting Up New Developments
- Management of Existing Schemes
- Pre-Purchase Strata Inspection Reports

**LJ HOOKER STRATA MANAGEMENT  
WOY WOY  
Ph 4341 1719  
strata.woywoy@ljh.com.au**

## LOOKING FOR A HOLIDAY WITH A DIFFERENCE?

**Choose one of these unique themed music cruises and sail from Sydney to the South Pacific on board the fabulous Rhapsody of the Seas!**



### CRUISE GROOVE

**FEATURING  
THE VILLAGE PEOPLE  
THE TEMPTATIONS  
(GLENN LEONARD'S)  
THE SUPREMES  
(THE FORMER LADIES OF)  
MARCIA HINES,  
LEO SAYER  
AND MORE!**

**5 OCT 2013  
From \$2,019pp\***

### CRUISIN COUNTRY No 3

**FEATURING  
LEE KERNAGHAN  
GINA JEFFREYS  
TROY CASSAR-DALEY  
AND MANY MORE**

**12 OCT 2013  
From \$2,181pp\***

### CRUISIN COUNTRY No 4

**FEATURING  
THE BELLAMY BROTHERS  
KASEY CHAMBERS  
JOHN WILLIAMSON  
GRAEME CONNORS  
BECCY COLE  
SHANE NICHOLSON**

**5 OCT 2014  
From \$2,019pp\***

### Rock the Boat 4

**MOLLY MELDRUM  
PRESENTS  
SWEET (UK)  
DARYL BRAITHWAITE  
THE ANGELS  
RICHARD CLAPTON  
AND MORE!**

**12 OCT 2014  
From \$2,551pp\***



**CALL ROBYN SIMMONDS - PERSONAL TRAVEL & CRUISE MANAGER  
& ASK ABOUT OUR EARLYBIRD SAVINGS!**

**T: 1300 461 359 M: 0419 436 803 E: ROBYNS@TRAVELMANAGERS.COM.AU**



\*Prices are per person, cruise only, in AUD, based on lowest available twin share accommodation, inclusive of port & government charges. Prices are valid for a limited time only, are subject to change and can be withdrawn from sale at any time without notice. Agents may charge service fees and/or fees for card payments which vary. Cruise N Groove, Cruisin Country 3, Cruisin Country 4 and Rock the Boat 4 are all brand names of Cruising Country Pty Ltd and are operated for Cruising Country Pty Ltd by Discovery Travel Centre Pty Ltd trading as CruiseCo. Qantas Frequent Flyer points do not apply to this cruise. Lic: 2TA5758





# Your invitation to the 4<sup>th</sup> Annual CENTRAL COAST ITALIAN FESTIVAL Sat 20 & Sun 21 April, 2013



Enjoy the Italian Festival in our  
stunning Mediterranean Resort

**6 screen CINEMA PARADISO**  
**38 room MOTEL PARADISO**  
**80 stall VILLAGE MARKET**  
**10 RESTAURANTS + 4 CAFES**

*Celebrate the Italian way with*

- \*Vino - Wines    \*Birra - Italian Beers
- \*Gourmet Italian Food    \*Accordianist
- \*Dancers    \*Singers    \*Musicians
- \*Kids Amusements & Rides
- \*Piccolo the Wandering Clown
- \*Pasta Eat Competition    \*Cars
- \*Italian Maremma Dogs    \*Donkey
- \*Clara's Venetian Fashion Parade
- \*Hidden Italy Travel Presentation
- \*CC Community College - Language
- \*Italian Films in Cinema Paradiso
- \*Italian Cooking Demonstrations
- \* Barista/Coffee Demonstrations

*Thank you to our sponsors:*



**ETTALONG BEACH TOURIST RESORT**  
**Cnr Ocean View Rd & Schnapper Rd, Ettalong Beach**  
**P 4341 1999**

[www.ettalongbeachtouristresort.com.au](http://www.ettalongbeachtouristresort.com.au)



## The Odd Couple read at Little Theatre

The Neil Simon play, *The Odd Couple*, will be the subject of Woy Woy Little Theatre's April play reading.

The reading will be held from 7:30pm on Monday, April 29, at the Peninsula Theatre.

"This classic comedy opens as a group of six men assemble for cards in the apartment of divorced Oscar Madison," said marketing manager Mr David Wicks.

"And, if the mess is any indication, it is no wonder that his wife left him.

"Late to arrive is Felix Ungar who has just separated from his wife.

"Fastidious, depressed and none too tense, Felix seems suicidal, but as the action unfolds Oscar becomes the one with murder on his mind when the clean-freak and the slob ultimately decide to room together with hilarious results.

"The Odd Couple is the play that catapulted Neil Simon to artistic fame as a writer in the mid-1960s," said Mr Wicks.

Woy Woy Little Theatre presents monthly play readings as a barometer to see if the subject matter should be considered for future staging by the group.

Email, 9 Apr 2013

David Wicks, Woy Woy Little Theatre



Neil Simon

## Craft centre participates at festival

The Ettalong Beach Arts and Craft Centre held a stall at the Karing Community Fun Festival on Sunday, March 17, at the Karing-Mountains High School.

Arts and Craft Centre member Mr Jim O'Mara demonstrated pastel painting while vice-president Ms Helen Robinson and newsletter editor Ms Merrill Stopps distributed brochures and responded to public queries about the Centre's classes and activities.

Members worked at a range of locations throughout the Festival.

Ms Carol Leitch ran the handmade craft stall, Ms Sue McCabe assisted with the Art Society exhibition and Ms Dorothy Mulholland told of the history of the Karing Project.

The Centre also displayed work from the drawing and pastel class, the Stitchery's hospital projects, as well as pottery samples from Ms Sue Sullivan and samples from new patchwork and quilting tutor Ms Penny Howard.

A number of art students also entered the Art Society's exhibition and sale.

Newsletter, 2 Apr 2013

Thel Browne, Ettalong Beach Arts and Crafts Centre

## Folk club to feature new songs

The Troubadour Folk Club will hold its next concert on Saturday, April 20, at the Woy Woy CWA Hall.

The concert will commence at 7pm and will feature Paddy O'Connor and Ben Scott, who return to the folk circuit with a collection of new songs written over the last few years.

Scott's music relates to the experiences of Australian life, and his album, *The Sydney Cove Project*, questions Sydney's

foundations.

His new material, much of which was composed in Dublin, canvasses a broad range of issues including colonial women, drought, transportation and emigration to Western Australia.

Scott and O'Connor have collaborated under various guises for six years, and have performed at a number of venues and events across NSW.

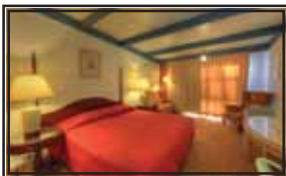
Newsletter, 1 Apr 2013

Margaret Hardy, Multi Arts Confederation



Marlborough Motor Inn

The Marlborough Motor Inn sits on a ridge at the entrance to the Cooma Town with views of the distant mountains. Located on 3.5 acres of grounds with swimming pool, Spa and Sauna. The Marlborough Motor Inn welcomes visitors with 60 well-appointed units and suites



Call and book today for your winter holidays.  
\$160 from Sunday to Thursday - \$180 Friday & Saturday Double. Rate includes full breakfast in restaurant.

**Mention the code when booking: DUCKSCORE**  
Phone: (02) 6452 1133 - [www.marlboroughmotel.com](http://www.marlboroughmotel.com)

Coachman's Rest

EDEN, GATEWAY TO THE SAPPHIRE COAST

[enquiry@coachmansresteden.com.au](mailto:enquiry@coachmansresteden.com.au)

The family owned and operated **BEST WESTERN Coachman's Rest Motor Inn**, Eden is located on the beautiful Sapphire Coast, half way between Sydney and Melbourne and just two and a half hours drive from Canberra.



Call and book today for your winter holidays.  
\$110.00 for a double including full breakfast delivered to your room free of charge.

**Mention the code when booking: DUCKSCORE**  
Phone: (02) 6496 1900 - [www.coachmansresteden.com.au](http://www.coachmansresteden.com.au)

## A New Year .... A New You!

### Flicks Hair Design

Ph: 4341 2818

201a Memorial Ave - Ettalong Beach

## News Flash ... News Flash ... News Flash

Each Tuesday is now going to be an extra special day for our lovely senior ladies 65 years and over.

*Appointments are necessary as our book will fill fast!!!*

**Look & Feel fabulous with our fantastic hair & beauty specials!**

Foil Frenzy - Full Head foils (any length) - Shampoo & Condition Treatment (with amazing head massage) - Beautiful Styled Blowdry or Straighten  
**All this for only \$99**

This special is for "New Clients Only" and there are only 15 available - Don't miss out hurry & Book Now!

Classic Beauty - Classic Facial - 'Great for a pick me up'  
(Double Cleanse, Exfoliation, Mask, Tone, Moisturizer, Eyecream)  
Receive FREE - Eyebrow Wax - Bioline Skincare Pack (valued at \$45)

**All this for only \$99**

This special is for "New Clients Only" and there are only 10 available, Wed & Fri only. Hurry "Book Now"

*"Tell your friends as these prices are fantastic"*

- These prices apply for 65 years and over and are only available Tuesdays
- Normal Senior's prices apply Wednesday - Saturday



us on Facebook

Log in for weekly specials



## Shawl displayed at Easter show

**A night shawl knitted by Woy Woy local Ms Patricia Davis has been "showcased" at the Royal Easter Show's Arts and Crafts competition.**

While she didn't win, Ms Davis said she was happy with the result.

"Being showcased is a great achievement in itself, considering the amount of entries there were this year," Ms Davis said.

After a two-year break from competitions due to illness in the family, Ms Davis said she was currently knitting with the intention of getting her "mojo"

back.

Ms Davis attends a craft class every Friday at the Ettalong Baptist Church and a knitters guild once a month.

Ms Davis said that it was through the support of her knitting community that she was able to complete her entry for the Easter

Show.

"It was dear friends from my knitting class who encouraged me to knit again.

"I was so relieved when I finished my shawl for the Easter Show," she said.

Ms Davis said she also intended to enter in the Hawkesbury Show

for the sixth time which will be held this month.

She said she had also set her sights on the Penrith Show, which will be held in August.

**Annabelle Williams, 22 Mar 2013**  
Interviewee: Patricia Davis



Barry Foster and John Duncan

## Annual red point event

**Brisbane Water Bridge Club celebrated Easter Monday with its annual red point event.**

The pairs event was contested by 48 club members.

John Duncan and Barry Foster were named winners with a result of 62.80 per cent while Virginia

Dressler and Carolyn Molloy placed second with 57.60 per cent and, in third place with 56.90 per cent, were Susan McCall and Pamela Joseph.

**Email, 2 Apr 2013**  
**Jenny Buckley, Brisbane**  
**Water Bridge Club**  
**Photo: Jenny Buckley**



# Just gets better

## ANZAC DAY

### THURSDAY 25TH APRIL

- ▶ Two-Up 11am-1pm
- ▶ Free Entertainment 1pm - 4pm 'The Crofts' .....



## SCHOOL HOLIDAY ENTERTAINMENT

# Kid's DISCO

Wednesday 17th April @ 6.30

Wednesday 24th April @ 6.30

Prizes to be WON!

Free Entry



# BINGO

NEW THURSDAY BINGO WITH A TWIST. 7PM - 9PM

MONDAY	11AM - 1PM
WEDNESDAY	12PM - 2PM
FRIDAY	2PM - 4PM

Earn Golden Points when purchasing bingo books and dabbers. Use your Golden Points to purchase bingo books and dabbers (tired discounts do not apply)



# Just gets better

Melbourne Avenue, Umina Beach

Telephone: 4341 2618



## AN Obsession FOR Hair N Beauty LOUNGE

**A Brand New Experience at**  
An Obsession for Hair & Beauty Lounge

<b>Deal 1</b> Beautiful Blowdry Short to Medium \$40.00 <small>Limit 1 deal per client, per visit, not to be used in conjunction with any other offer.</small>	<b>Deal 2</b> Global Colour \$75.00 <small>Regrowth for any length of hair, in &amp; out in 1.5 hours</small>	<b>Deal 3</b> Express Trim \$25.00 <small>Restyles not included. No appointment necessary</small>
<b>Deal 4</b> Full Head of Foils \$99.00 <small>Regrowth any length (10cm max) includes a toner &amp; dry</small>	<b>Deal 5</b> Shellac Nails Gel Colour \$35.00	<b>Deal 6</b> Eye & Lip Package \$30.00 <small>Eyebrow Wax &amp; Shaping Lip Wax &amp; Eyelash Tint</small>

\* CONDITIONS APPLY

Shop 293B West Street Umina Beach **4344 3013**





# Bay clean-up removes two tonnes of rubbish

**Twenty-one Brisbane Water Secondary College Woy Woy and Umina campus students removed 2260kg of rubbish in a clean-up of the eastern foreshore of Woy Woy Bay on Wednesday, March 27.**

The students were also filmed as they cleaned up the litter by Tangaroa Blue and the Australian Marine Institute for a documentary film.

"This area has had three prior field trips removing litter," said coordinator Mr Graham Johnston.

"Previous flooding rain deposited large amounts of residential litter, washed into the Bay from sites including the storm water drain at Correa Bay.

"Large amounts of small items were uncovered from beneath dead sea grass including plastic lids and wrappings.

"There was an abundance of plastic bottles found consistently along this foreshore with a total of 1250 collected and 300 beer

bottles found stacked south of the train station.

"Furniture was also removed from near the jetty.

"Metal railway line plates were removed along with a railway signal metre.

"The saltmarsh area on Pelican Island revealed plenty of small litter on the tide marks and the northern foreshore mangroves, surveyed the day prior, revealed plenty of oyster products, a total of 176 baskets and trays, as well as a television and bulk rubber products.

A total of 95 full bags were retrieved by the boats with 5273 individual items collected.

"It was an amazing task completed by the volunteer students, teaching staff, oyster growers and boat drivers," said Mr Johnston.

**Email, 2 Apr 2013  
Graham Johnston,  
MacMasters Beach**



**TOGETHER WE CARE**

**COOINDA VILLAGE**  
**Neptune Street, Umina Beach**

**Independent Living | Quality Apartments**

**Priced from \$225,000**

- Air conditioned 1 and 2 bedroom apartments
- Beautifully maintained grounds and gardens
- Convenient location - handy to bus and shops
- Built-In wardrobe, quality window and floor coverings
- Distress alarm system
- Indoor recreational hall and sunroom
- Social Club with plenty of activities available
- In-house meal, cleaning and hairdressing services
- LCD TV, dishwasher, wall oven, hot plates & clothes dryer
- Catering to over 55's



Sponsored by  
**Peninsula News**  
Community Access

**Inquiries to our Independent Living Specialist**  
**Freecall 1800 650 070 or visit [www.peninsulavillage.com.au](http://www.peninsulavillage.com.au)**



## J&B MEATS

<b>Rump Steak</b> <b>\$14.99 kg</b> 	<b>Corned Roll and Corned Silverside</b> <b>\$8.99 kg</b> 
<b>Homemade Thick Sausages</b> <b>2kg for \$15</b> 	<b>Chicken Breast Fillets</b> <b>\$8.99 kg</b> 



All meat cut to your requirements  
**4341 1861**  
Right in the middle of Umina  
294 West St, Umina Beach  
Sunday & Saturday open till 1pm  
Monday to Friday open till 5.30pm





## Restaurant opens in Woy Woy

A new Chinese restaurant opened on Saturday, March 16, in Victoria Rd, Woy Woy.

The BBQ Buffet restaurant offers diners the choice of a Chinese food buffet along with a hot coal roasting barbecue facility at their table where they can cook their own shish kebabs.

Owner Mr Michael Zhong said the restaurant had been well

received so far.

"Everyone is happy and everyone likes it," said Mr Zhong.

"Weekends have been very busy along with Friday nights."

BBQ Buffet is open Tuesday to Sunday for lunch from 11:30am to 12:30pm (buffet only) and dinner from 5pm to 9pm.

Kaitlin watts, 10 Apr 2013  
Interviewee: Michael Zhong

Gosford Council will hold a free composting and worm farming workshop at the Peninsula Leisure Centre on Thursday, May 9, from 1pm to 1:30pm.

The workshops are part of Council's Green Living theme with other workshops across the Gosford LGA covering topics such as backyard permaculture, energy efficiency in the home, cooking with leftovers and keeping backyard chickens.

The Green Living Workshops were launched on Saturday, March 23, to coincide with Earth Hour.

Gosford Council's environmental education officer Ms Anni Griffiths said that holding the workshops with the backdrop of Earth Hour would help turn awareness into real change.

"We hope that through these workshops residents will be able to recognise actions that contribute to their carbon footprint and simple initiatives that can be put in place to reduce it.

"Each workshop will also feature a relevant give away to all participants to kick start their environmental efforts," said Ms Griffiths.

A composting and worm farming workshop and a detox your home workshop were also held at Ocean Beach Surf Club on Wednesday, March 27."

Ms Griffiths said the workshops were "very successful" with over 40 people attending the composting and work farming workshop while the detox your home workshop was attended by 17 people.

"All received thorough instruction and demonstration on how to build and successfully run a worm farm or compost bin, comprehensive take home notes and a free worm farm or compost bin," said Ms Griffiths.

"Feedback from all participants



was very positive.

"At the cleaning with less chemicals workshop, attendees received expert instruction and notes as well as a little bag of goodies aimed at getting them onto the road of detoxing their house of household chemical cleaners.

"Using non-toxic products for cleaning rather than stronger chemical based cleaners has many benefits.

"It reduces the amount of toxins you and your family are exposed to, is generally cheaper than commercially produced cleaners, can result in less packaging waste and is less harmful to the environment," said Ms Griffiths.

Booking for the workshops are essential.

Phone 4325 8912 to register.

Email, 15 Mar 2013

Anni Griffiths, Gosford Council



**GRILLED CHICKEN TWISTERS**  
GOOD TIMES  
2,775kJ | \$6.95  
TWISTER MAX  
chorizo, cheese, hash brown, 100% grilled chicken breast fillet, bbq sauce and mayo

The average adult daily energy intake is 8,700kJ

**KFC Woy Woy**  
91 Blackwall Rd 4341 4939

Find us on Facebook



**The most modern & popular elements of Chinese charcoal grille food experience!**

Choose from more than 50 types of delicacies made from the freshest & highest quality of meats & vegetables with our very own special sauces

Automated charcoal BBQ on your very own table

Ask us about our Special Birthday party offer

**WOY WOI BBQ Buffet Restaurant**

**OPENING HOURS**  
**BUFFET DINNER**  
Tue, Wed, Thur & Sun 5pm - 9pm  
Fri & Sat 5pm - 9:30pm  
**LUNCH**  
Tue to Sun 11:30am - 2:30pm  
Closed Monday

**DINE-IN OR TAKE-AWAY**

**Booking Hotline 02 4344 6788**  
1-5, 39 George St Woy Woy, NSW (5min walk from Woy Woy Station, near Deepwater Plaza)

Entry Via Victoria St



**Margin's Mushrooms**  
**Come visit us!**  
**Freshly picked mushrooms \$10 a bag**  
Open: Monday - Saturday 9am - 11 am  
**Farm: 4341 3003**  
**Lot 151 - 171, Woy Woy Rd, Woy Woy**  
(The bottom of Bulls' Hill)

**Gardeners!**  
**Premium Mushroom Compost**  
Pick up 167 Blackwall Road  
Free delivery on 20 blocks!  
**(Home) 4344 2468**  
[www.marginsmushrooms.com.au](http://www.marginsmushrooms.com.au)



# Directory - Not for profit Community Organisations

## Animal Care

**Animal Welfare League**  
provides aid to sick or injured animals & subsidised assistance in the desexing of dogs.  
Meet 2nd Tues, Spike Milligan Room, Woy Woy Library, 10am.  
Debra 4344 4435  
awlcentralcoast@virginbroadband.com.au

## RSPCA

**DESEXING PROGRAM**  
Assist with desexing for cats, dogs & small animals.  
Veronica 0407 295 655

## Art

**Ettalong Beach Art & Crafts Centre**  
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes  
Mon - Sat 10am - 3pm  
4341 8344  
info@ebacc.com.au

**Central Coast Art Society**  
Weekly paint-outs  
Tues 4369 5860.  
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.  
Social Meetings 1.30pm 4th Wed for demonstrations publicity@artcentralcoast.asn.au  
4325 1420

**Point Clare Arts & Crafts**  
Wed - Adult Art Class  
Wed & Fri - Adult Crafts  
Bunka Embroid, Cards, Crotchet, Cross Stitch or bring your own - \$3/session  
Point Clare Community Hall  
10am - 12noon  
4325 5007

**Hospital Art Australia**  
Meet every Tue and Fri  
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing. Volunteers welcome  
4341 9920

## Community Centres

**The Krait Club**  
Community Centre - Cooinda Village, Neptune St, Umina  
10.30am For senior members of Woy Woy/Umina Community  
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4341 0698

**Peninsula Community Centre**  
**Cnr Ocean Beach Rd & McMasters Rd Woy Woy**  
**Child Care** - Before & After School, Vacation, Family, Day & Occasional  
**Children, Teenagers & Adults** - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support

**Children** - Little Kickers, Indian Dance, Playgroups, KindyGym,  
**Teenagers** - "The Web" Youth Support Services.  
**Adults** - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.

**Counselling** - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.  
**Over 55's** - Social Outings, Oil Painting, Multi craft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk,

Discussion Groups.  
www.pccinc.com.au  
4341 9333

## Ettalong 50+ Leisure & Learning Centre

Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts  
4341 3222

## Gosford 50+ Leisure and Learning Centre

Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class  
4324 4749

## Community Groups

**AACC Computer Club Inc.**  
www.aacc.asn.au  
Help with all Computing problems - Program demos + Q&A sessions - Monthly meetings held from Feb to Nov  
• 2nd Wed Windows 7pm to 10pm  
Narara Valley High School Fountains Road, Narara  
• 4th Thur Social + Windows 12.15 - 3.15pm  
East Gosford Progress Hall Cnr Webb Rd & Henry Parry Drive  
4362 1918 - 4324 2740  
secretary@aacc.asn.au

**ABC "The Friends"** Support group for Public Broadcaster. Aims: Safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons  
Well-known guest speakers  
www.fabcnsw.org.au  
4341 5170

## Bridge

Tues 12.15pm A friendly game without pressure.  
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm  
Brisbane Water Bridge Club  
Peninsula Community Centre  
93 McMasters Rd. Woy Woy  
www.brisbane-water.bridge-club.org

## Cash Housie

50 Games every Sat night  
Peninsula Community Centre, McMasters Rd, Woy Woy, 7.30pm. Proceeds to Woy Woy Catholic Parish.  
www.cashhousie@hotmail.com

## Central Coast Amateur Radio Club (CCARC)

World wide hobby of Amateur Radio? Dandaloo St, Kariong  
Sat 11am to 4pm  
ccarc@ccarc.org.au 4340 2500

## Central Coast Handweavers, Spinners and Textile Arts Guild Inc

Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts  
Workshops and community quilting bees - Day and night groups - 4325 4743  
www.centralcoasthsguild.org.au

## Central Coast Family History Society Inc.

All the resources, information and advice needed to study your family's history available.  
1st Sat 1pm Lions Community Hall, behind 8 Russell Drysdale St, E. Gosford. www.

centralcoastfhs.org.au  
Visits welcome 4324 5164

## Hardys Bay Residents' Group

Working for a positive & Healthy Environment in our Community  
allanbw@bigpond.com

## Peninsula School for Seniors

The Community Centre, McMasters Road, Woy Woy  
Discussions, Rumikin, Craft, History, Walkers, Coach trips  
Tues, Wed, Thur  
4341 7785  
4341 2142

## Peninsula Village Playgroup

Carers, Grandparents, parents & children - join our 'Intergenerational Playgroup'  
Every Tues 10 to 11.30am  
Paula Newman - 4344 9199

## Probus Club of Umina

Friendship, Followship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+ Non Political and Non Sectarian - 2nd Wed 10am, Everglades Country Club  
uminabeach@probusclubs.com.au

## Seniors Computer Club Central Coast Inc.

Beginners classes for PC or Mac Mon or Tues. Classes Mon to Fri for most programs - see website. 10am - 12md or 1pm - 3pm Kincumber & District Neighbourhood Centre. Monthly Meetings with Guest Speaker held at Kincumber Hotel 1st Mon 43692530

**Umina Beach Men's Shed Inc.** Men come and share, a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills  
Darrell 4341 2355

## Umina Beach Scrabble Club

For all levels and ages Every Wed, 9.30-12.30pm, relax, enjoy a cuppa while you play Scrabble  
Mingaletta, 6 Sydney Ave, Umina  
4344 2808

## Volunteering Central Coast

Refers potential volunteers to community orgs. Support both volunteers and community orgs. Training for volunteers and managers of volunteers. Regular general info sessions at Woy Woy. 4329 7122  
vrc@volunteeringcentralcoast.org.au

## Wagstaffe to Killcare Community

Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds  
2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945  
info@wagstaffetokillcare.org.au

## Disabled Services

**Riding for the Disabled**  
Horse Riding as a therapy for those with intellectual or physical disabilities  
Volunteers required. No Previous exp necessary - School hours only Mon to Sat 4340 0388  
stateoffice@rdansw.org.au

## Environment

**Peninsula Environment Group**  
Talks, films, social events, workshops, renewable energy and recycling projects, organic

food buying group  
www.peq.org.au

## Health Group

**Alcoholics Anonymous**  
If you want to drink, that's your business. If you want to stop, that's our business.

Meets every Saturday - Progress Hall Ronald Ave, Wyoming 8pm  
4323 3890

## Arthritis NSW

3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd, Woy Woy - 4341 5881

## Central Coast Prostate Cancer Support Group (Gosford)

Last Friday Terrigal Uniting Church 9.30am to 12 noon  
Affiliated with PCFA 4367 9600

## Meals on Wheels

Delivered meals and flexible food options for people with a functional disability  
4382 9401

## Mary Mac's Place

Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in welcoming, friendly environment with support, info & referrals to appropriate services - 4341 0584  
marymacs@woywoycatholic.org.au

## Overeaters Anonymous (OA)

12-step fellowship helping those suffering from eating disorders  
No dues, fees, or weigh-ins.  
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Every Fri 8 - 9pm  
www.oa.org - 0412 756 446

**Pink Butterfly Breast Cancer Support Group** - First Sunday 10.00am -12.00  
Shop 71 Schnapper Road Ettalong Markets  
0428 712 251

## Peninsula Village Carer's Support Group

For carers of loved ones with dementia - 1st Wed - 10 to 11.30am Paula Newman  
4344 9199

## Peninsula Women's Health Centre

Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; 4342 5905 Wed & Thur 9.30am-3pm 20a McMasters Rd, Woy Woy www.cowhc.com.au

## Woy Woy Public Hospital Alliance

Formed to restore medical services previously available at this hospital - upgrade to a standard commensurate with the needs of the Peninsula and the Gosford City area  
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy  
4344 4811

## Woy Woy Stroke Recovery Club

Peninsula Community Centre  
2nd Tues 11.30am  
Company, up-to-date info, hydrotherapy, bus trips  
4342 1316

## Marine

## Central Coast Rescue Unit

Marine Education Courses. Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.

4325 7929 www.vmrcc.org.au  
pr.centralcoast@marinerescuensw.com.au

## Music

**Central Coast Concert Band**  
Every Tues 7.15 - 9.30pm  
Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

## Gosford Musical Society Minstrels

GMS Minstrels is a group which entertains at various venues on the Central Coast  
Seeking new members  
Thur Night Laycock St Noth Gosford  
4341 4210

## Soundwaves

Men's acapella 4 part harmony chorus - all ages welcome  
7.00pm Mondays Central Coast Leagues Club  
Ray 0405 030 945  
randtbale@bigpond.com

## Troubadour Central Coast Inc

Folk, Traditional & Acoustic Music and Spoken Word  
Inc Ukulele meets, Concerts and Sessions  
Usually 4th Sat each Month  
7pm CWA Hall Opposite Fishermans Wharf Woy Woy  
mail.info@troubadour.org.au  
4341 4060

## Political Group

**Australian Labor Party**  
Umina Ettalong Branch  
Political discussions, national, state and local government issues  
2nd Mon Umina Beach Bowling Club 7.30 4341 7323

## Central Coast Greens

Branch of Geens NSW, active regarding ecological sustainability, social & economic justice, peace & non-violence, grassroots democracy & getting Greens elected  
3rd Thur, centrally on the Coast  
centralcoast.nsw.greens.org.au  
centralcoastgreens@gmail.com

## Service Groups

**Lions Club of Woy Woy Peninsula**  
1st and 3rd Mon at Everglades Country Club 4326 1996  
Make new friends and have fun while serving your community.

## Northern Settlement Services

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Every Thur  
Peninsula Community Centre  
93 McMasters Rd  
Woy Woy - 4334 3877

## Rotary Club of Kariong/Somersby

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Phillip House 21 Old Mount Penang Rd (opp Shell), Fridays 7.15am 4340 4529  
kersuebay@philliphouse.com.au

## Rotary Club of Umina

International service organisation of business leaders improving lives of youth & those in need in our community and abroad. Weds. Everglades Country Club  
curleys@ozemail.com.au  
0409 245 861

## Rotary Club of Woy Woy

International service club improve lives of communities in Aust. & o/seas. Fun-filled activities, fellowship and friendship. Every Tues 6pm  
Everglades Country Club.  
Don Tee 4369 7496

0428 438 535

## Sport

**Woy Woy Judo Club**  
Classes for adults, juniors & seniors. Tues & Fri Evenings  
Ettalong 50+ Leisure and Learning Centre  
0434 000 170  
www.wwjc.org.au

## Travel

## A travel club with a difference!

Travel in small groups and stay with friends in 370 clubs around the world.

See a country from the inside and change the way you see the world.

We in turn host small groups from other Friendship Force clubs in our home.  
Contact: Rae 4399 3625  
Deidre 4388 9435

www.friendshipforcecentralcoast.asn.au

## Veterans

## National Malaya Borneo Veterans Association

**Australia Inc**  
1st Sat (except Jan) 2pm  
Ettalong Beach War Memorial Club, 51-52 The Esplanade.  
4342 1107

## Vietnam Veterans', Peacekeepers' and Peacemakers'

Assist all Veterans & families with pension & welfare matters.  
Mon & Wed 9am-1pm  
4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.  
vietvetsgosford@bigpond.com

## Woy Woy Ettalong Hardy's Bay RSL Sub Branch

Provide help with pensions and welfare etc.  
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm 4341 2594

## Women's Groups

## Country Women's Association Woy Woy

Opposite Fisherman's Wharf  
Friendship Mornings  
1st and 2nd Wed 10am  
Meetings 4th Wed 10.30am  
4324 2621

## Country Women's Association Umina

Craft and Friendship:  
• Mon 6pm; Wed 9am; 1st Sun 12.30pm • Branch meeting: 1st Wed 10am  
CWA Hall, Cnr West and Sydney St, Umina.  
4341.5404 or 4369.5353

## The Endeavour View Club, Woy Woy

Lunch 1st Mon Everglades Country Club 10.30am.  
Friendship days, 3rd Wed  
Uniting Church Hall, Picnic Pde Ettalong, 10.30am. 4342 2283

## Gosford RSL Sub-Branch Women's Auxiliary

For women over 18 years. Raise money for welfare of veterans and their families  
RSL Club West Gosford  
4th Mon 2pm 4323 7336

## Inner Wheel club of Gosford North

Women making a difference with friendship, personal service and international understanding. Social activities combined with fund raising  
2nd Wed 7pm Phillip House  
Kariong 4324 7176  
gosfordnorthiw@live.com.au

**If you would like your Community Organisation listed here, call us on 4325 7369**



## Principal joins Cessnock conference

Ettalong Public School principal Mr Colin Wallis joined principals from the Hunter-Central Coast region at the Regional Principals' Conference in Cessnock on April 4 and 5.

Mr Wallis said the conference provided a "wonderful opportunity" to engage in professional learning and leadership developments.

"It was a most valuable time with presentations from our director general of education Michelle Bruniges and the deputy director of education Greg Prior.

"They discussed in length the changes and innovations in public education in NSW and the inherent benefits, emphasising the importance of quality professional learning for teachers and educational leaders.

"Dr Wendy Lawson spoke on the Autism Spectrum Disability and the impact it has on learning and how best schools can accommodate and enrich the education of the students involved.

"On the second day, Michael McQueen enlightened the audience on the impact of the different generations and how best we can accommodate our next generational thinking.

"Hugh MacKay spoke about dealing with change as leaders and the importance of listening.

"The conference was concluded with an inspirational speech by Olympic swimmer Geoff Huegill.

"All in all a most invigorating and refreshing two days of learning," said Mr Wallis.

**Newsletter, 9 Apr 2013**  
Colin Wallis, Ettalong Public School

## Women's store relocates and expands

**A women's accessories store in Umina has relocated from Berith St to West St and has expanded its range.**

As well as shoes, handbags and accessories, Edge 4 Her, previously known as Edge Shoes Bags Accessories, now also stocks a range of women's clothing.

"We will continue to introduce fresh new affordable labels including a funky women's nightwear range," said owner Ms Linden Golledge.

"Our extensive range is not for any one particular style of woman but for any woman who just loves that feeling of knowing when you look fabulous, you feel fabulous," said Ms Golledge.

Edge 4 Her is open seven days a week and is located at 340 West St, Umina.

**Email, 3 Apr 2013**  
Linden Golledge, Umina



Linden Golledge

## Fun with sounds

**A Fun with Sounds program will begin on Friday, April 19, at the Mingaletta Community Hall and will be held once a month from 10:30am until 12pm.**

Fun with Sounds, run by Schools as Community Centres, Mingaletta and the Start Reading Group, is for children aged three to

five with activities and play stations to help develop reading skills.

The activity is free and led by Ms Rosemary Ruthven.

Booking are essential with a maximum of 24 children.

To register, phone Rosemary on 4342 1932.

**Email, 9 Apr 2013**  
Philippa Skipper, Schools as Community Centres



**1300 885 820**  
ABN 13 025 997 788

[www.johnslittlegadgetstore.com.au](http://www.johnslittlegadgetstore.com.au)

**Mobile Phone Repairs  
Mobile Phone Accessories  
Mobile Phone Batteries  
iPad Accessories  
Gaming Accessories  
Mobile Phone Patch Leads  
Mobile Phone Antennas**

# The Peninsula Diary of Events

**For events in post code areas 2256 and 2257**

### Monday April 15

School holiday pottery workshops begin, Ettalong Beach Arts and Crafts Centre, 9am-12pm and 1pm-4pm

### Tuesday April 16

CC Art Society Paint Out, The T intersection of Araluen Drive and Heath Rd, Hardys Bay

### Wednesday April 17

Bays Community Group annual meeting, Woy Woy Bay Community Hall, 7:30pm

### Friday April 19

Fun with Sounds program, Mingaletta Community Hall, 10:30am-12pm

### Saturday April 20

Central Coast Italian Festival,

Ettalong Beach Tourist Resort

Friends of the ABC meeting featuring Karen Barlow, Peninsula Community Centre, 2pm

Bays Arts and Crafts Day, Bays Community Hall, 9am-4pm, free

Troubadours Folk Club concert 7pm, CWA Hall, Woy Woy

Friends of the ABC C.C. 2 pm, Peninsular Community Centre

### Sunday April 21

Central Coast Vocal Academy launch, Peninsula Community Centre, 4pm

Rock Pool Ramble, pearl Beach, 9:45am

Woy Woy Eco-Walk, Woy Woy waterfront, 1pm

### Thursday April 25

Anzac Day  
Anzac Day dawn service, Woy

Woy Memorial Park, 5:30am

Anzac Day main service, Woy

Woy Memorial Park, 10:30am

Anzac Day service, Empire Bay

Cenotaph, 11am

Anzac Day service, Pearl Beach

Memorial Hall, 9am-12pm

Imposition performance, Woy

Woy Leagues Club, 4pm-8pm

### Sunday April 28

Breakfast in the Bays, Woy Woy Bay Community Hall

### Monday April 29

The Odd Couple play reading, Peninsula Theatre, 7:30pm

### Thursday May 9

Central Coast Gurdjieff Group meeting, Woy Woy  
Composting and worm farming workshop, Peninsula Leisure Centre,

*If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2. See the Coast Community News for events in post code areas 2250, 2251 & 2260 and the Wyong Regional Chronicle for events in post code areas 2258, 2259, 2261, 2262 & 2263*

## Peninsula directory of services, contacts and support groups

# Ambulance, Police, Fire 000

### Emergency

**Ambulance, Police, Fire 000**  
**Police Assistance Line** 131 444  
**Crime Stoppers** 1800 333 000  
**Woy Woy Police Station** 4379 7399  
**Energy Australia** 13 13 88  
**Gas Emergency** 131 909  
**Gosford City Council** 4325 8222  
**Marine Rescue NSW - Central Coast** 4325 7929  
**SES - Storm and Flood Emergency** 132 500

### Aboriginal & Torres Strait Islander Organisations

**Mingaletta** 4342 7515  
**Aboriginal Home Care** 4352 1153  
**Drug & Alcohol rehab** 4388 6360

### Accommodation

**Dept. of Housing Gosford** 4323 5211  
**Cassie4Youth** 4322 3197  
**Coast Shelter** 4324 7239  
**Pacific Link Com Housing** 4324 7617  
**Rumbalara Youth Refuge** 4325 7555  
**Samaritans Youth Services** 4351 1922  
**Youth Angle • Woy Woy** 4341 8830  
**Woy Woy Youth Cottage** 4341 9027

### Animal Rescue

**Wildlife Arc** 4325 0666  
**Wires** 8977 3333

### Community Centres

**Peninsula Community Centre** 4341 9333  
**Men's Shed Cluster Inc** 0413 244 484

### Counselling

**Centacare:** 4324 6403  
**Relationship Australia:** 1300 364 277  
**Interrelate:** 1800 449 118

### Family and Relationships

**Centacare Gosford** 4324 6403  
**Gosford Family Support Service** 4340 1099

**Horizons** (For men with children) 4333 5111  
**Uniting Care Burnside**  
Gosford 1800 067 967

### Health

**Poisons Information** 131 126  
**Ambulance Text Mobile** 106  
**Ambulance GSM** 112  
**Gosford Hospital** 4320 2111  
**Woy Woy Hospital** 4344 8444  
**Sexual Health @ Gosford Hospital** 4320 2114  
**After Hours GP Help Line** 1800 022 222

### Legal & Financial Help

**Financial Counselling Service** 4334 2304  
**Tenants' Advice and Advocacy Service** 4353 5515  
**Woy Woy Court** 4344 0111

### Libraries

**Gosford district:**  
Umina Beach 4304 7333  
Woy Woy 4304 7555

### Problems, Habits & Addiction

**Alcoholics Anonymous** 4323 3890  
**Narcotics Anonymous** 4325 0524

### Transport

**Taxi** 131 008  
**Busways** 4368 2277  
**City Rail** 131 500

### Welfare Services

**Gosford Family Support** 4340 1585  
**Meals on Wheels** 4341 6699  
**Department of Community Services**  
Gosford 4336 2400  
**The Salvation Army** 4325 5733  
**Samaritans Emergency Relief** 4393 2450  
**St Vincent De Paul Society HELPLINE** 4323 6081



## Classifieds

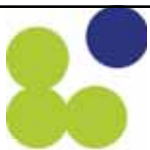
### Classified

**ADVERTISEMENTS**  
cost only \$30 plus GST  
for 5 cms, and will be  
working for you in your  
local community for  
**TWO WEEKS**  
Phone: 4325 7369  
Fax: 4321 0940

E-mail: manager@duckscrossing.org

Ad a logo or photo  
only \$6 +GST  
Ad full colour  
only \$6 + GST

### Accounting



**MYC  
PARTNERS**

- Accounting & Bookkeeping
- Registered BAS & Tax Agents
- SME Specialists
- Over 20 years experience
- MYOB Professional Partner

02 4344 3717

2/94 Blackwall Rd

Woy Woy

info@mycpartners.com.au

### Antennas

A Better Picture  
**Antenna & Digital  
Installations & Tuning**  
New home specialist  
Credit cards OK  
**HAYWARD VIDEO**  
All areas  
Gosford 4323 6367  
Woy Woy 4344 4414  
Warnervale 1800 244 456  
0412 685 555

### Appliance Repairs

Repairs and Service  
to vacuum cleaners,  
washing machines &  
fridges. Large range of  
vacuum cleaner bags.  
Spare parts available

**JR's  
APPLIANCE  
SERVICE**

4342 3538 Approved Service  
Centre for over 15 Companies

### Bathrooms

**Absolute Style  
Supplies**

Bathroom showroom open to the  
public offering 'supply and/or install  
of tiles, bathroom products and  
flooring' at trade prices  
**Designer Homewares**  
We help you turn your home into  
your oasis

5/14 Paton St, Woy Woy  
absolutealltrades.vpweb.com.au

0410 270 641

0498 056 819

### Blinds

**NEED BLINDS  
IN A HURRY?**

**Express 1 week**

Proud Local

Manufacturer

@ West Gosford

PH: 4324 8800



www.premiershades.com.au

**ABACA BLINDS  
& SHUTTERS  
Woy Woy  
Free Quotes  
4342 4144  
0418 640 336**

### Bore Water

**Bores and Spears**

Install high quality pumps and  
maintenance free spears,  
existing systems reconditioned,

all work guaranteed.

Ph: Warren Greenway

Ph: 4341 7736 Mob: 0408 225 390

Lic No. DL1960

### Builder

**Carpentry  
- Building**  
over 30 years  
experience  
Local know how -  
working with pride  
and honesty  
Paul Skinner  
Lic 62898c  
**0432 216 020  
or 4339 2317**

**ALAN KEMP  
BUILDER/CARPENTER**  
L/N 106870C

Additions & Renovations  
Decks, Stairs & Handrails  
Metal Roofing & Guttering  
Doors, Locks & Internal Fitouts  
Property Maintenance & Repairs  
Project Management  
Owner Builders

For all your project needs call me  
**0412 080 625 or 4343 1596**

**CORDA  
CONSTRUCTIONS**

Specialising in new and  
old home extensions.

All types of carpentry,  
concreting and  
landscaping services.

Lic # 216060C

**0413 248 513**

### Carpentry



**Decks, Pergolas,  
Maintenance**

and all aspects of  
carpentry - Call Rob on

**0405 804 523**

Free Quotes

Lic No. 250292c

**PENINSULA  
DECKS, PATIOS  
& PERGOLAS**

All aspects of carpentry  
and concreting  
25 years experience

CALL LEN  
0424 997 480

Lic 258282C

### Dance

**CENTRAL COAST  
BUSH DANCE &  
MUSIC ASSOCIATION**  
Experience Folk  
Music at its best at  
**East Gosford**  
Progress Hall @ 7.30pm  
Henry Parry Drive  
**MAY 11**

**Bush Dance  
with Sydney  
Coves**

Enq: 4344 6484

Admission \$18

incl. supper

Folk Fed Affiliates &

Pensioners \$15,

Students 13 to 18 \$8

www.ccbdma.org

for more information

02 4381 0457

### Doors



Mobile Service

**Interior, Exterior  
and Security Doors**

Bi-Fold, French & Wardrobe

Stainless Steel Security Door &

Window Systems, Security Grilles,

Fly Screen Doors and Fly Screens,

Dog & Cat Doors

**ALL MAINTENANCE  
AND REPAIRS**

Unit 1/14 Alma Avenue Woy Woy

9am to 5pm Monday to Friday

**4339 2424**

**0402 186 546**

**Free Quotes**

Police Masters Lic No. 409982903

Security Lic No. 2E409985334

Carpentry Joinery Lic No. 108056c

### Electricians

**BKW**

**Electrical Services**

Lic No:248126C

Lights - Fans -

Power - Reno's

Switchboards -

Security lights

No job too small

Call Ben on

**0404 093 299**

### Entertainment

**BLUES ANGELS**

Available as duo, trio or band  
negotiable for your party,  
event or venue.

**BARBS Kantara House**

Kincumber

Sunday April 21 1pm

St Albans Folk Festival

April 27-28

tomflood@hotmail.com

**4324 2801**

**The  
Troubadour  
Acoustic  
Music Club**

meets at the  
CWA Hall, Woy Woy  
Floor Spots available

**April 20**

**Ben Scott &**

**Paddy Connor**

**7PM**

Tickets \$12

Concession \$10

Members \$8

Tickets available

at the door. see

www.troubadour.org.au

**4341 4060**

### Fencing

**Craig Lack  
Fencing**

All colorbond, lattice, pool and garden  
fencing. All gates No job too small

We will beat any written quote

Operating on the Coast for 10 years

Fully licenced and insured

"We work with the customer"

Call Craig 24/7 for all your fencing

needs on

**0405 620 888 or 4344 1363**

Lic. 180056c

### Gardening

**LANTANA  
Management  
Solutions**

**Free your trees!**

Reclaim your garden  
& bushland

**Greg Burch**

'on time every time'

Specialist - Residential & Acreage

Fully insured

Call now 4328 5885

or 0402 830 770

### Handyman

Residential/Commercial/Industrial  
**J&L**  
**FRIENDLY  
PROFESSIONAL SERVICE**  
**Free Quotes**  
Lawn & Garden Tree Trimming  
Painting General Carpentry  
Paving Tiling  
Pergolas Furniture/Shed  
Rubbish Removal Assembly  
Fully insured - Stump Removal  
Discounts for seniors  
Call Justin on:  
**0414 382 212 - 0413 587 701**  
ABN: 87179898230

**Contact  
the House Doctors**

For your professional

Handyman Service

Rendering Repairs

Plastering Repairs

Painting & Decorating

Roof Repairs

Partition Walls

Carpentry Repairs - Locks

The List goes on, you

name it, we will fix it!

**0401 880 406**

**ALL PROPERTY  
MAINTENANCE**

High Pressure  
Cleaning, Gardens,  
Lawns, Gutters,  
Concreting,  
Concrete Seals &  
Retaining Walls  
**0418 160 590**

### Painting

**MASTERPAINTER  
QUALITY  
TRADESMAN**

15yrs experience in  
decorating

Services coastwide  
Prompt - Free consulting  
and Quotes

**All Interior  
& Exterior  
Paint work**

Senior's rates start at

\$25 per hr

Quality guaranteed

Dulux paints

**CALL JONATHAN**

**0466 966 547**



### Paving

**SPECIFIC PAVING**

**A reliable professional finish**

- Entertaining areas
- Driveways and paths
- Pool surrounds
- Retaining wall systems
- Turf

Call Ian for a free quote

**0417 803 709 or**

**4344 2873**

Lic No. 168403c

### Pets

**Peninsula Pampered Pooches**



**Dog Grooming**

All Breeds

Clipped and Styled

Council Approved

Located at Umina Beach

For Info Phone Vickie

on 0400996110

### Photography

**IMAGE is  
EVERYTHING**  
corporate/web site/  
sporting/retail/modelling  
the window to your world  
is your portrait  
Give me your face and I will  
Give you the image  
Use a photographer that  
cares how the end product  
looks  
But manages to keep your  
bank account looking good  
**Call ValsPix**  
**0418 600 436**

**SPORTS PHOTOGRAPHY  
PROFESSIONALS  
NOW ON THE COAST**

- Team, portrait and action shots
- Competitive prices
- Fast turnaround of prints
- Digital downloads options

Call Paul on 0402 082 082

or visit [www.lookpro.com.au](http://www.lookpro.com.au)

for more information

**LOOKPRO**

### Plumbing

**Umina Beach  
Plumbing**

All aspects of plumbing:  
Drainage and Gasfitting,  
Domestic and  
Maintenance Works  
**Installation of  
rainwater tanks**

**4344 3611**

**0402 682 812**

Lic 164237c

**FW  
PLUMBING  
WISE**

Plumbing & Gas fitting  
Reliable, Prompt & Quality  
service. LOCAL

• Leaky Taps • Blocked Drains

• No Hot water

After hours service

**Matt: 0420 590 893**

**Ryan: 0401 858 832**

Lic 252187c



## Public Notices

**Woy Woy Peninsula Lions Club**

April 28, 9am to 1pm  
Great variety of stalls ~  
BBQ, Tea & Coffee.  
Vendors Welcome ~  
Car Boot Sale - \$15 per car

**Now at Dunban Road Car Park**

NB stall sites not open until 6.30am  
Cnr. Ocean Beach Road Woy Woy  
Always Last Sunday  
(Except December)  
More Details...  
Enq: 0439 514 723

**Ladies ring found  
near Woy Woy  
station on Tuesday  
9th of April  
0428 120 813**

**Friends of the ABC Central Coast**

Our Guest Speaker

**Karen  
Barlow**

Saturday 20th April, 2 PM

Peninsula Community Centre - Woy Woy

Cnr McMasters &amp; Ocean Beach Rd

Afternoon Tea served  
Entry \$5.00 at door

Bookings:

**Ph. 4393 6967  
or 4341 5170**

## Removals

**KEYVINS REMOVALS & DELIVERIES**

Deliveries & Removals, Local  
Sydney, Newcastle & Country.  
Single items or a house full.  
Competitive rates.

**02 4342 1479  
0411 049 559**



## Roofing

**FUTURE TEK ROOFING & CLADDING**

All Types of Roof Repairs  
Re-Roofing  
New and Old  
Fully insured  
Free inspections  
and quotes

**Tony Fitzpatrick  
0401 354 283**

Lic. 115103c

## Public Notices

**Notice of Public Exhibition  
Draft Plan of Management – Patonga Crown Reserves  
& Dark Corner Cottages**

Comments are invited from the community on a draft Plan of Management for the Crown Reserves in Patonga Village, including the Patonga Caravan and Camping Area and the Dark Corner Cottages.

The Plan has been prepared in partnership between NSW Trade & Investment – Crown Lands and Gosford City Council. It includes a heritage assessment and conservation management plan for the cottages situated at Dark Corner. It also revises a former draft plan for the Caravan and Camping Area together with a Landscape Masterplan for the Caravan and Camping Area.

The remainder of the Crown reserves also included in the Plan form a foreshore linkage from the cottage precinct along the foreshore fronting the village centre, past the Caravan and Camping Area and along Patonga Creek. The Plan once adopted will provide a basis for the future planning and direction of Crown lands at Patonga for trust managers and decision makers and help to guide the conservation of the Dark Corner cottages.

The draft Plan of Management can be downloaded from the link below:

**www.gosford.nsw.gov.au**

Copies of the draft plan may also be viewed at the following Council Offices:

- Gosford City Council Administration Building - 49 Mann St, Gosford
- Patonga Caravan & Camping Area - Bay St, Patonga
- Erina Centre - Erina Library, Erina Fair
- Kincumber Library - 3 Bungoona Rd, Kincumber
- Woy Woy Library - Cnr Blackwall Rd & Oval Ave, Woy Woy

**Community feedback is now invited** on the draft plan and written submissions should be received via email or post between 16 March - 28 April 2013.

Please address submissions to:

Senior Manager, Hunter  
NSW Trade and Investment – Crown Lands  
PO Box 2215, DANGAR, 2309  
E: MaitlandCrownLands@lands.nsw.gov.au

## Tuition

**Gosford Scottish Country Dancers**

hold a regular class every Wednesday from 7 to 10 pm at the  
Church of Christ Hall, Henry Parry Drive - Wyoming

It's an excellent for of exercise which brings men, women  
and young people together socially, learning new and old  
dances in a very friendly relaxed atmosphere

No experience or partner necessary All ages welcome  
Cost \$5.00 per week - **Contact Janice on 4388 2253**

**Private  
Guitar  
Lessons**

- Affordable
  - Suit beginners
  - All ages
- Phone Lachlan  
0434 798 534**

**Guitar  
Lessons  
Umina**

Beginner to Intermediate  
Also  
Bass & Mandolin  
Ph: Frank

**4341 4060  
0417 456929**



Want to  
play  
UKULELE?

But don't know how?  
**BEGINNER UKULELE  
WORKSHOP**

by Marilyn Russell  
Wednesday Day Classes  
at Umina - 4341 4060  
marilyn russell55@gmail.com

**Classified  
advertisements  
start from only \$30  
+ GST  
4325 7369**

# School leaders visit Leaders' Day

## Woy Woy Public School's eight school leaders visited the Sydney Entertainment Centre on Monday, March 25, for Young Leaders Day.

"Our school leaders had the opportunity to listen to a number of inspiring speakers who gave an account of leadership from their perspective," said principal Ms Ona Buckley.

"Speakers included

entrepreneur Creel Price, internet safety and cyber bullying specialist Brett Lee, London Olympics silver medallist Jessica Watson, and former NRL player Nathan Hindmarsh.

"All of the leaders had a fantastic day and said that they were very inspired by all that they heard.

"One of our leaders wrote me a lovely letter of thanks for allowing them to attend

and having Mr Betts go with them.

"He said it was the best school day of his life.

"Our school is glad that we can make a difference to our students' lives and in some way inspire them to go for it, whatever it may be they aspire to do," said Ms Buckley.

**Newsletter, 8 Apr 2013  
Ona Buckley, Woy  
Woy Public School**

## TV Repair

**Hawkins  
T.V.  
Service**

TV and Audio Repairs  
Antenna Sales & Install  
23 Wallaby Street, BLACKWALL

**4341 8860  
4341 7332**

# Stage planning days for Ettalong

**Ettalong Public school  
teachers participated in  
"stage planning" days  
in the week of Monday,  
March 25.**

"These are invaluable

days designed to provide stage based professional learning and facilitate forward planning of students' learning programs," said principal Mr Colin Wallis.

"They are possible through the collapse of the normal release from face to face programs and are virtually at no cost to the school.

"Our Stage 1 teachers also attended training in the Best Start Program that has proven so valuable to kindergarten.

"Professional learning for teachers is vital if the school is to continue to provide quality education," said Mr Wallis.

**Newsletter, 2 Apr 2013  
Colin Wallis, Ettalong  
Public School**



**Sales staff required for expanding Gosford newspaper.**

Ongoing growth has meant that we can't cover the territory effectively and need help. We have a small, friendly team working as a group and independently with a community spirit aimed at benefiting not just ourselves, but everyone on the Coast.

Must have experience in advertising sales and own vehicle. You can choose your own working hours and will have an unlimited potential to earn as much as you want based on your own enthusiasm and success.

If this sounds like you and you're ready to take on a new challenge from the ground floor in the Gosford LGA, please send a brief resume with contact details to PO Box 1056 Gosford NSW 2250 or by email to: sales@ducks-crossing.org

## Telecommunications

**HAVE A FREE Gloria Jeans  
COFFEE and CAKE  
COMPLIMENTS of Telstra  
Store WOY WOY**

Simply bring in your Phone Bill along with this coupon  
For a no obligation bill analysis.  
Our specialist staff will review your bill and offer a value solution.

**To make an appointment**

Email – manager1@woywoytelstrastore.com.au  
Phone – 0243410061

**We are looking forward to seeing you!**

IT'S HOW  
WE CONNECT



# Little School House re-opens

**The Little School House  
at Ettalong Public  
School will reopen  
in term two for two  
mornings a week.**

The program has been scheduled for reopening following the acquisition of a new coordinator.

The Little School House offers child minding for mothers who are helping out in the classroom and would like to leave their younger children in care.

**Newsletter, 2 Apr 2013  
Colin Wallis, Ettalong  
Public School**





Mitchell Hayter, Yvonne Hayter, Lachlan Mackay, Cr Jim Macfadyen and Chloe Penn

# Presentations made to Nippers

**Killcare Surf Club held its presentation day for Nippers on Sunday, March 17.**

The carnival trophy was won by Chloe Penn and the overall top point score award was jointly taken out by Mitchell Hayter and Lachlan Mackay.

A special trophy, which was awarded for the first time, was for the JM Macfadyen Most Active Rookie and was presented by former president and life member Mr Jim Macfadyen.

It was another major prize for Mitchell Hayter for his contribution to the Rookie program.

Junior activities coordinator Ms Yvonne Hayter said she had

derived much satisfaction from the youngsters' progress.

"Each Sunday morning, Nippers take part in surf education as well as active surf awareness," said Ms Hayter.

"Killcare's surf conditions are forever changing which means that the young ones learn to negotiate the surf safely which, in turn, brings respect.

"They also have the opportunity to take part in board and beach training during the week.

"This is provided by the club.

"We have had approximately 25 Nippers entering various carnivals during the season and also had 10 entered in the recent Junior State

Championships held locally at Umina and Ocean Beaches.

"Unfortunately, the weather and surf conditions meant that the carnival was modified due to these conditions.

"It was the first time a number of Killcare youngsters have been entered in a State Championship and, notably, Chloe Penn finished a brave fourth in the under-13 beach flags.

"This was a phenomenal performance as they are competing against the best in the State," said Ms Hayter.

**Newsletter, 4 Apr 2013**  
**Allan Wilson, Bay News**

# Sporting successes

**A number of students from Ettalong Public School have performed well recently in their sport of choice.**

Sophie Murray competed at the State Swimming Carnival on Tuesday, April 2.

"Daniel Hughes is now in the next round of the soccer trials,"

said principal Mr Colin Wallis.

Mr Wallis said the school's tennis team had a "pleasing victory" over Woy Woy South in the first round of the state tennis knockout.

"It is a talented and enthusiastic team," said Mr Wallis.

**Newsletter, 2 Apr 2013**  
**Colin Wallis, Ettalong Public School**

# Boys' softball

**Umina Public School's boys' softball team competed in a knockout competition at Ettalong Oval on Saturday, March 20, against Ettalong Public School.**

Umina won 42-8.

Coordinator Ms Hauraki said the boys had a great time and displayed good teamwork and sportsmanship.

**Newsletter, 2 Apr 2013**  
**Mary Hunt (deputy principal), Umina Public School**



Mick Braham, Allan Quinn and Luke Mc Beatty

# Year 2 students learn to swim

**Umina Public School Year 2 students are currently participating in the annual Learn to Swim Program.**

"It has been of concern to all teachers involved in the increasing number of children who cannot

swim confidently," said Umina Public School Year 2 Learn to Swim coordinator Ms Bird.

"In 2011-2012, about 284 people drowned at beaches, in swimming pools, inland waterways, bathtubs and spa baths.

"In 2010-2011, this figure was an alarming 310.

"It is for these reasons that we encourage all children to participate in learn to swim programs offered by the wider community.

"During the school holidays, the Peninsula Leisure Centre offers an intensive Learn to Swim program.

"This is a fantastic opportunity for all students, and particularly for Year 2 students to reinforce their recent learning," she said.

**Newsletter, 9 Apr 2013**  
**Lyn Davis, Umina Public School**

# Monthly triples

**Twenty teams participated in the Monthly Triples at Umina Beach Bowling Club on Wednesday, March 27.**

Winners on the day were Luke

McBeatty, Mick Braham and Skip Allan Quinn with 3 wins plus 32.

**Email, 2 Apr 2013**  
**Ian Jarratt, Umina Beach Bowling Club**



# OVER 60?



## Show your Seniors Card at the counter to redeem these offers!



### NEW RELEASE DVD HIRES

# \$3<sub>EA</sub>



### WEEKLY DVD HIRES

# \$1<sub>EA</sub>

Normal membership conditions apply.

## CIVIC VIDEO WOY WOY

103 Blackwall Road  
4344 6969

**C it at CIVIC**

# NEED NEW BLINDS?





## Call the local experts FIRST!

Proud local manufacturer of quality timber look venetians and verticals.  
Distributor of a huge range of blinds, awnings and shutters.

## Visit our showroom to view our huge range

1/305 Manns Road, West Gosford, NSW, 2250

**Phone NOW for a free measure & quote on 4324 8800**  
\*For every order over \$1000, you can take \$100 off



## Woy Woy suffers 52-14 rugby defeat

The 2013 Central Coast Rugby Union season opened with a match between Woy Woy and Gosford on Saturday, April 13, which saw Woy Woy defeated by 52-14 at Gosford Showground.

"Gosford always seemed to have control of the game and went on to record a good win," said Central Coast Rugby Union president Mr Larry Thomson.

"Gosford opened up the game strongly and dominated most phases of play.

"They led by 31-7 at halftime and went on with the same form to win the game.

"Gosford played their best rugby in the first half and dominated most of the set phases.

"The Gosford scrum was strong while they were able to win many of the crucial lineouts.

"Gosford were on attack from

the opening whistle and took control of play.

"They had crossed for their first try in the fifth minute and, by the 20 minute mark, led by 19-0.

"Woy Woy then scored a good try when centre Orisi Ranavue crossed wide out.

"The conversion made the score 19-7.

"Gosford scored a further two tries to make the score at the break 31-7.

"Best for Gosford were props Petalaiga Lokeni and Simote Lauti while lock Luke Hennig totally controlled the lineouts.

"Captain Andrew Moseley was everywhere in attack and defence and was rewarded with a try. Adam Carlisle also had one of his very best games in what was his 250th First Grade match for the club.

"Gosford continued to control the match in the second half and

went to a lead by 45-7 before Woy Woy crossed for a good late try.

"Gosford scored their eighth try right on fulltime to make the final score 52-14.

"Woy Woy never gave in and had periods of attack but things broke down at vital times and they were unable to post points.

"Their best player was half Damon Boxsell who never stopped all day.

"He cleaned up loose balls and then was also in the forefront of attack for the visitors.

"He was well supported by Nick Garnett and Luke Serevi.

"A good win to Gosford to start the season but also a game where Woy Woy can improve and make a real impact on this competition," said Thomson.

Email, 7 Apr 2013  
Larry Thomson, Central Coast Rugby Union



Kevin Moore with Donnica Clarke Foundation chairman Mr Michael Buettner

## Kevin receives sporting scholarship

St Huberts Island resident Kevin Moore has been selected as one of 18 recipients of the Donnica Clarke Foundation sporting scholarship which were announced at a function in Mingara on Wednesday, March 27.

Kevin was selected for athletics, specifically sprint and middle distance.

This year's scholarships took

the total to 74 annual scholarships awarded over the past five years.

This totalled \$115,500 in payments to 41 Central Coast athletes from 22 different sports during the period since the Foundation commenced.

The Foundation's major gala dinner fundraiser will be held on Saturday, August 3, at Mingara.

Email, 3 Apr 2013

Garry Mensforth, Donnica Clarke Foundation

## Sponsor support continues

Umina Surf Club president Mr Bill Cook has announced it has received continued support from its major sponsor.

"The generous support of Bendigo Bank means that the club is able to purchase much-needed equipment to ensure that we can continue to provide a safe beach for the local community," said Mr Cook.

"This sponsorship demonstrates that Bendigo Bank not only talks about being a community bank, but can also walk the walk when it comes to supporting local community organisations," said Mr Cook.

Bendigo Bank Ettalong branch manager Mr Peter McKeon said surf clubs were an integral part of the local community.

"Not only protecting lives

on the beach but also playing an important role in the development of our youth.

"We believe that this is something that a community

bank needs to support," said Mr McKeon.

Media Release, 4 Apr 2013  
Peter Talty, Umina Surf Club



### Travel Australia at "SEE" level

Pick up at Woy Woy Station  
**Live Shows**

All Incl:- Coach & Entry for Wed Matinees  
Hot Shoe Shuffle 10th July 13 Conc \$109 pp

**Day Trips**

Thur 02nd May New Riverboat Postman **\$75 pp**  
Tue 21st May Mystery Tour **\$55 pp**

**MOTEL ACCOMMODATED TOURS**

**6 Days to Beechworth & the Autumn Leaves**

Visit Tumut, Kiawa Valley, Mount Beauty, Yackandandah, Bright, Glenrowan, Cowra

Dep 14th May 13 **\$1,099 ppts**

**50 Day around Australia via Alice**

Dep 17th Sept **\$13,685**

Do not want to go for 50 days then tell us what part you want to see or where you would like to start & end.

OR go to our web site for more Trips

**ROAD RUNNER** OR **4353 9050**

For all Holiday, Charter & Excursions

Email: [roadrunner@sctelco.net.au](mailto:roadrunner@sctelco.net.au) Lic'd T. A. 2TA 4764

**FREE** Home pick ups Central Coast, Newcastle, Lake Macquarie, extended tours only

[www.roadrunnertours.com.au](http://www.roadrunnertours.com.au)

**Log in for FREE membership and special deals**

## BRIAN HILTON

MOTOR GROUP **THE BIG LOCAL**

### Woy Woy Service Department

Servicing the Coast for over 40 years



**BRIAN HILTON CUSTOMER ADVANTAGE**  
driving you forward

**Ask about our new loyalty program**

### Specialised Servicing & Repairs

## Most makes and models

Genuine Toyota, Kia & Ssangyong Spare Parts






**Opening hours**

Mon-Fri 7:30am - 5:30pm  
Sat 8:00am - 12:00pm

1 Charlton Street  
Woy Woy  
Phone: 4344 1455

Computer Guy



**WE FIX COMPUTERS!**

**4320 6148**



# Centurions win at Woy Woy

The Central Coast Centurions SG Ball Cup rugby league team recorded its first win of the season on Saturday, March 23, scoring a 30-10 win over Western Suburbs at Woy Woy Oval.

The game began with the Magpies scoring during the opening set of the game.

The Centurions steadied and scored four unanswered tries before half time.

Hooker Jacob Liddle dove through the ruck in the fifth minute for Central Coast's first touchdown.

This was followed by an in and away with a fend from

winger Corey Drew that enabled the flying three quarter to shake his minder and plunge into the left corner, an effort embellished moments later by a sideline conversion from scrum half Daniel Langbridge.

Two late tries to fullback Luke Sharpe buoyed the local crowd, the second of which was laid on by an offload from Erina prop Noah Easton.

Leading 20-6 at halftime, the second period was highlighted by a series of charges down the left edge from giant forward Shaq Mitchell who, as the game wore on, found himself featured in a running battle with Wests' big man Liam Cavana.

Mitchell claimed game, set and match when, in the shadows of fulltime, he tore through the Wests' defence.

Upon meeting resistance he delivered an Artie Beetson-like right arm pass to his centre Jesse Bogle for a final try of the afternoon.

Media Release, 30 Mar 2013  
Andrew Stark, Point Clare  
Photo: Andrew Stark



SG Ball Cup winger Corey Drew on his way to the line during Round 7

XPL

XTREME POKER LEAGUE

"Ahead of the game"

Big Cash Prizes

Sporties @WoyWoy

The Old Pub Woy Woy

Phone Shane 0419 016 166

www.xplpoker.com

TIDE CHART

(Fort Denison)

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000

Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
<b>MON - 15</b>	<b>TUE - 16</b>	<b>WED - 17</b>
0530 0.54	0615 0.58	0017 1.54
1128 1.28	1214 1.23	0708 0.62
1701 0.66	1745 0.72	1308 1.20
2331 1.60		1840 0.77
<b>THU - 18</b>	<b>FRI - 19</b>	<b>SAT - 20</b>
0112 1.48	0214 1.45	0320 1.45
0807 0.64	0908 0.63	1003 0.59
1412 1.19	1521 1.23	1621 1.30
1946 0.80	2100 0.79	2208 0.74
<b>SUN - 21</b>	<b>MON - 22</b>	<b>TUE - 23</b>
0420 1.48	0512 1.53	0600 1.57
1051 0.53	1134 0.47	1214 0.41
1710 1.40	1753 1.52	1833 1.65
2305 0.65	2357 0.55	
<b>WED - 24</b>	<b>THU - 25</b>	<b>FRI - 26</b>
0045 0.45	0132 0.35	0220 0.28
0646 1.61	0733 1.62	0822 1.61
1253 0.37	1334 0.34	1417 0.34
1915 1.77	1958 1.87	2043 1.94
<b>SAT - 27</b>	<b>SUN - 28</b>	<b>MON - 29</b>
0312 0.24	0404 0.24	0500 0.27
0914 1.57	1007 1.52	1103 1.46
1503 0.37	1552 0.42	1644 0.49
2130 1.97	2220 1.96	2313 1.90

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated

UMINA

BAIT & TACKLE

CHEAP BAIT

Large Range of BAIT

Excellent Range of TACKLE

FRESH GREEN WEED

Open 7 Days

From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA

(02) 4341 1686



# Ettalong Markets



*The largest undercover market on the Central Coast!*

**OPEN EVERY SATURDAY & SUNDAY 8.30AM TO 4PM**

Spend the day discovering clothes, shoes, baby & children's wear, jewellery, kitchenware, hardware, arts & crafts, antiques, rugs, luggage, plaster fun, fruit & veg, massage and much more with freshly baked breads, cakes and all manner of delectable delights made here on the day!



## Bavarian Bakehouse

German & Continental Style Bread, Cakes & Pastries. Gluten-free, Egg free, Casein-free, Wheat-free Preservative-free, Lactose-free. Wholesale or Retail  
For orders: Holger 0414 407 739



## Coast Luggage

Bowling Gear, Belts, Ladies Handbags, Luggage Shop 72-73.  
Dick & June - 4344 3899



## Spirit Connections

Astrological Charts, Tarot & Psychic Readings, Tibetan Singing Bowls, Essential Oils, CD's, Books and much more. We also do workshops.  
Sandy 0428 712 251 Greg 0407 139 353  
[www.spiritconnections.com.au](http://www.spiritconnections.com.au)

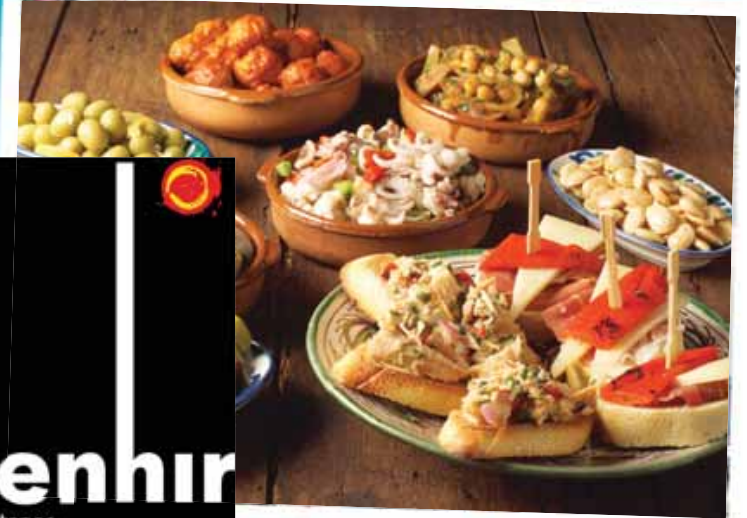
## Casa Mystique

New Age Décor  
Shop 2A



## Village Kidz

Specialising in Babies and children's wear. Good quality at affordable prices.  
Shop 4A. Beryl - 0408 955 54



## menhir

spanish tapas

Menhir Spanish Tapas is a Modern Restaurant specialized in Spanish Cuisine. Our kitchen delivers the best and freshest food with top quality local and imported ingredients all made & baked in house from the scratch. Our menu is constantly evolving to ensure that only the best and seasonal produce is used. You can choose to enjoy a traditional entree, main course and dessert dinner or indulge in our sharing platters between friends or family. Our bar area features over 100 different wines from all over the world starting from just \$25 a bottle as well holding one of the biggest and more rare collection of spirits that focuses on premium gins, vodkas, single malts, whiskies and unique spirits.

We also deliver the best breakfast in town so don't miss out on our Flamenco Eggs cook to order on our Spanish Oven Bake Clay Dishes and Lavazza Coffee, freshly baked goodies & deliciously nutritious fresh squeezed juices. Open For breakfast every Saturday & Sunday Morning.

Our unique decor and location is perfect for corporate functions, weddings, birthday parties and romantic dinners.

Take advantage of our Specials:

**Tuesday & Thursday \$20:** Choose between our "Paella of the Day" Or our Fresh Hot & Cold Seafood Special  
Thursday it's Cocktail Night. Enjoy any Classic Cocktail for just \$10.

Friday & Saturday Night at the Bar choose from a range of tapas & cocktails just for \$9.

Like US on Facebook to keep up to date with events & specials.

Up Coming Events: \* Big Paella Cook Live at the Central Coast Italian Festival \* Jazz & Wine Dinner \* Spanish Film Festival \* Cigar, Bubbles, Cognac & Art

## Menhir Spanish Tapas

54/189 Ocean View Rd (Cnr Schnapper Rd)  
Ettalong Beach NSW - 4341 4063

[menhir.com.au](http://menhir.com.au) - [www.facebook.com/tapasandwine](http://www.facebook.com/tapasandwine) - [info@menhir.com.au](mailto:info@menhir.com.au)

189 Ocean View Rd, Ettalong Beach, 2257 Phone 4341 1999  
[enquiries@ettalongbeachtouristresort.com.au](mailto:enquiries@ettalongbeachtouristresort.com.au)  
[www.ettalongmarkets.com.au](http://www.ettalongmarkets.com.au)



**\$1469**  
each  
Nurofen Tabs 90s\*  
Nurofen for Children  
1-5 years  
1-5 years

**\$1189**  
each  
Nurofen for Children  
1-5 yrs 200ml

**\$1049**  
each  
Codral PE Day & Night 24s\*  
NEW FORMULA

**\$1099**  
each  
Demazin 200ml  
Syrups Range\*

**\$1089**  
each  
Ego Aqium Hand  
Sanitiser 1L Pump

**FREE**  
70ml with 1L  
purchase!

**\$399**  
each  
Oral B Complete 155g

**NEW!**

**\$689**  
each  
Parodontax Toothpaste 90g

**\$1349**  
each  
Advil Liquid Caps 90s\*

**\$679**  
each  
Strepsils Lozenges 36s

**\$899**  
each  
Benefiber 155g

**\$519**  
each  
Dulcolax Tablets 5mg 50s

**FREE**  
NEXCARE UNDERWRAP  
with strapping tape purchase

**\$799**  
each  
Nexcare Sports Strapping  
Tape 36mm x 13.7m

**20% OFF**

**BAND-AID®**

BRAND ADHESIVE BANDAGES

**\$2699**  
each  
Skylla Electric Hot Pack &  
Novelty Electric Hot Packs  
15 minute re-charge No water required  
Stays warm for up to 5hrs Cordless

**HOT PRICE!**  
**\$399**  
each  
Carefree Tampons ProComfort  
Regular & Super 16s and  
Standard Super 16s &  
Regular 20s (Excludes Flexia  
and Mixed Packs)

**\$849**  
each

Chemists' Own Chesty Mucus Cough, Dry  
Cough & Dry Cough Forte 200ml\*

**SCAN ME**

**buy 2 for**

**\$5**

Chemists' Own Antibacterial  
Hand Sanitiser 75ml

**\$2599**  
each  
Chemists' Own  
Fexo 180 70s\*

**\$749**  
each  
Chemists' Own  
Decongestant  
Nasal Spray 18ml\*

**\$799**  
each  
Schick Hydro 5  
Power Select Razor

**\$489**  
each  
Dove Soap 4 Pack

**\$1689**  
each  
Tena Super  
Pads 30s

**\$469**  
each  
Libra Goodnights  
10s Range

**\$1499**  
each  
Revitalens  
Ocular Solution  
300ml + 120ml

**\$1389**  
each  
Bausch + Lomb  
re-nu Duo  
Pack 475ml

**\$789**  
each  
Systane Ultra  
Eye Drops 10ml

**\$699**  
each  
Visine Eye Drops  
15ml Range

**\$6989**  
each  
Loceryl Anti-Fungal  
Nail Treatment Kit

**BONUS**  
Cetaphil  
Gentle Cleanser 55g with purchase!

**\$5**

**Buy 2 for**

Detol Hand  
Sanitizer  
50ml

**\$2899**  
each  
Nicorette Gum 2mg & 4mg 105s

315 West St  
Umina Beach  
Ph: 4341 1488

**YOU SAVE**

**CHEMIST**

be rewarded!  
**JOIN TODAY**

Monday to Friday - 8.30am - 5.30pm  
Saturday - 8.30am - 12.30pm  
Sunday - 9.00am to 12.30pm

