

Health Minister inspects rehab progress



Aurora Projects project director Mr Alan Thomas, Member for Gosford Mr Chris Holstein, Minister for Health Ms Jillian Skinner and Central Coast Local Health District Board chair Mr Paul Tonkin inspecting the plans for Woy Woy Rehabilitation Unit

Minister for Health Ms Jillian Skinner has visited Woy Woy Hospital to inspect progress on construction of its new rehabilitation ward.

Ms Skinner, who was joined on her tour of the facilities by Member for Gosford Mr Chris Holstein, inspected the progress of the new sub-acute care and rehabilitation ward, a \$14 million project that is jointly funded by the NSW and Commonwealth Governments.

"It is particularly pleasing to see the progress on this new ward at Woy Woy Hospital, as it was one of this Government's commitments to the local community to return rehabilitation services to Woy Woy," Ms Skinner said.

"It is important to recognise the crucial role that health staff and

community has played to ensure that essential frontline services are well supported and this ward will enhance services provided by Woy Woy Hospital to local residents."

Mr Holstein said the new ward would feature one and two-bed inpatient rooms, a therapy courtyard, gymnasium and improvements to back-of-house services, including kitchen areas, staff facilities and extra parking.

"The new sub-acute ward has been built with capacity for 30 beds to allow for expansion to meet future needs.

"The new ward is expected to be open in mid-2013," Mr Holstein said.

**Media Release, 25 Sep 2012
Samantha Day, Office of
Jillian Skinner MP**

Bulls Hill improvements 'not likely'

The Bays Community Group has been told by a council officer that funding for improvements to Bulls Hill is "not likely in my lifetime".

The officer, Mr David Medcalf, presented information at the Bays Community Hall in Woy Woy Bay on Wednesday, September 12, about the planned upgrades to Rawson Rd and Woy Woy Rd.

Bays Community Group president Mr Bob Puffett introduced Mr Medcalf as project manager.

Around 40 local residents attended the meeting.

Mr Puffett welcomed Council's support of local community input to the development.

The \$30 million allocation of funding to the project would allow work on a new roundabout and underpass which would link Railway St with Woy Woy Rd, as well as work on an under-road pedestrian

crossing at Rawson Rd and Railway St.

However, a number of projects remain unfunded including the improvement of Bulls Hill and Woy Woy Rd, the removal of the hairpin bend at the top of Bulls Hill and the proposed on ramp at Banyo Close.

Mr Medcalf said funding for these upgrades were "not likely in my lifetime".

The meeting was the first in a series of planned updates and community input on the upgrade project by the Council.

Mr Medcalf said that although initial planning included "four lanes with cycleway and footpath" and improvements to Woy Woy Rd, that the realistic scope of the project was "the roundabout, underpass and some remedial work along Rawson Rd" which would take at least a year.

The meeting was told the major work phase would take at least a

year which would mean primary access to the Peninsula would be along the Broadwater during part of the work.

Concerns were raised during the meeting about the concurrent upgrade to the West Gosford intersection but Mr Medcalf said this was unlikely as the intersection project was expected to begin next year while the Rawson Rd Project may not begin until much later.

Mr Medcalf advised that it would take 10 years to negotiate a route through the National Park and it would be unlikely succeed.

This meant plans for a road upgrade had to stay within the current road boundaries.

Mr Puffett said that without lobbying local politicians the project could be overshadowed by competing Council projects.

**Email, 20 Sep 2012
Jeffrey Cook, Woy Woy Bay**



An aerial view of Bulls Hill

THIS ISSUE contains 64 articles - Read more news items for this issue at www.peninsulanews.info

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Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Contributions

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Material for publication may be left at LJ Hooker in Woy Woy or Ettalong IGA.

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Woy Woy Community Media Assoc Inc 2012 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

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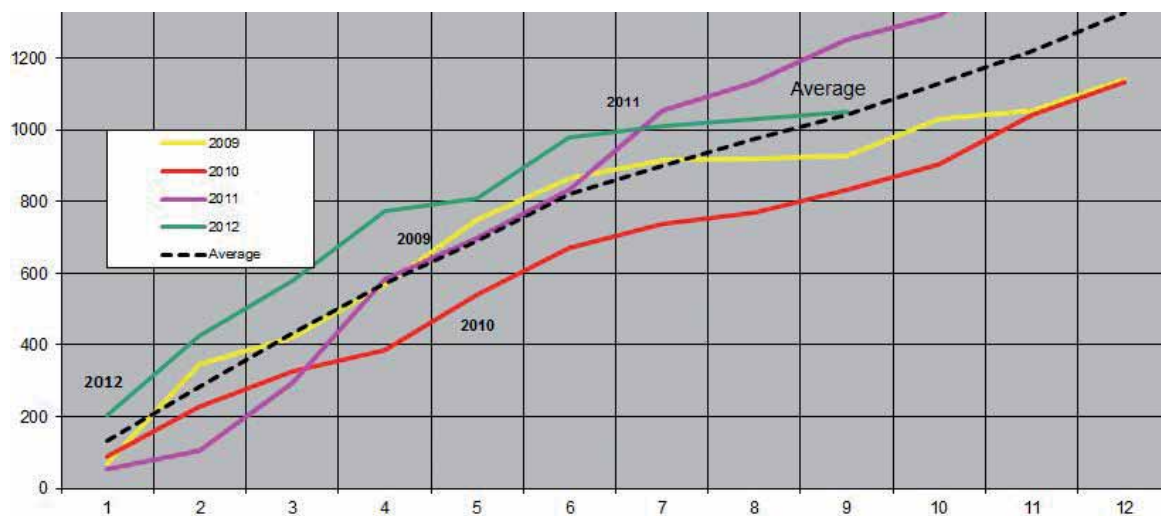
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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542



One third of average rain

Only 22.6mm has fallen for the month of September, about one third of the September average of 68.8mm.

This brings the cumulative total for the year to 1051.3mm, slightly above the average for this time of year of 1043.5mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

September is the third month in a row with rainfall of around one third normal.

Only a wet start to the year has meant that the year-to-date figures remain around average.

Highest temperature this month was 28.6 on September 6, according to the local weather website, www.peninsulaweather.info.

Lowest temperature was 7.4 on September 3.

Highest minimum was 19.1 on September 6 and lowest maximum was 16.5 on September 1.

Highest wind gust was 33.1 on September 1.

Spreadsheet, 28 Sep 2012
Jim Morrison, Woy Woy
www.peninsulaweather.info

Your Chance to Win

Peninsula News and Delaqua Hair and Beauty are giving one reader the chance to win a \$100 voucher to spend in-store.

Delaqua offers first class hair and beauty services while overlooking the iconic water of Sydney Harbour.

The salon is located in Walsh Bay, Sydney, a 10 minute walk from The Rocks.

For more information, visit delaqua.com.au.

To enter, write your name, address and phone number on the back of an envelope and send to Peninsula News Delaqua competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, October 11.

Winners will need to pick up their prize from our Gosford office.

The winners of last edition's Peninsula News Whileaway Guides competition are Pam

Larkins of Umina and Robert Beech of Woy Woy.

Kaitlin Watts, 28 Sep 2012



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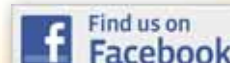
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First female fire captain

Killcare Wagstaffe Rural Fire Service's first female captain Ms Michelle Biddulph addressed the Hardys Bay Residents Group's annual meeting on Tuesday, September 25, at the Hardys Bay Community Church Hall.

Ms Biddulph, who was a recipient several years ago of Gosford Council's Australia Day Volunteer Award for her "service and contributions to the Rural Fire Service" has been a member of the local brigade for 14 years since she joined with her husband Steve following their arrival in the area.

Before being elected to take over the captaincy from Steve Farrell who stepped down from the role after six years, Ms Biddulph performed the role of training officer at the Brigade.

Mr Farrell will continue to be closely involved with fire service activities and will provide widespread support as fire mitigation officer.

Ms Biddulph praised his efforts over the years as "a great contributor in developing a family spirit within the members".

"It is important that we have a strong relationship with the community and enjoy its trust in providing as much protection as we can in times of need," said Ms Biddulph.

She strongly emphasised the Rural Fire Service message of "Prepare, Act, Survive" which she said meant "your life is the first priority during bush fires, prepare well, act decisively and survive".

"One of the most important decisions you need to make to protect yourself and family is

whether you will leave early or stay and defend a well prepared property.

"Regardless of your decision, preparation is the key to survival," said Ms Biddulph.

Ms Biddulph confirmed that in coming weeks, coinciding with the commencement of the bush fire season, the public would hear and see more current information on the Fire Danger Rating signs which are installed around the local area.

"The Fire Danger Rating is an early indicator of potential danger and should act as your first trigger for action," said Ms Biddulph.

"It is an assessment of the potential fire behaviour, the difficulty in suppressing a fire and the possible impact on our community should a bush fire occur.

"We regularly link up with our neighbouring brigades and exchange ideas and express any concerns which can be of mutual benefit.

"We love being involved with the community and conducting regular recruitment drives and always welcoming new members.

"Our community engagement officer is always on hand to provide advice.

"We hold a monthly cake stall at Killcare on a Saturday morning and donations, of course, are always greatly appreciated.

"The continued support we receive from the residents, various groups and local businesses is most heartening and emphasises to us just what a great community we have here," said Ms Biddulph.

**Media Release, 26 Sep 2012
Allan Wilson, Hardys Bay Residents Group**



An aerial view of Ocean Beach

Cleanliness of Ocean Beach assessed

Ocean Beach has been assessed as part of the Keep Australia Beautiful NSW's Clean Beaches Connecting Our Coast Awards 2012.

The Awards recognise communities who actively work for a cleaner, more sustainable coastal environment for NSW.

Awards are presented to local councils, volunteers, surf lifesaving clubs and other community groups that implement initiatives that care for dunes, protect habitats, educate the community, reduce litter and support tourism.

"Through the Clean Beaches Program we can support people who actively care about making our beaches cleaner and contributing to a more sustainable environment," said Sydney Water managing director Mr Kevin Young.

Assessor Ms Jen Stewart examined Ocean Beach and four other Central Coast beaches from September 24 to 28.

Ms Stewart looked at a range of best practice management initiatives including litter prevention methods, water conservation, environmental protection, resource recovery, visitor friendliness and

community action.

"There are many people who work to keep our beaches clean and sustainable and most never receive recognition for their contribution to our beaches," said Ms Stewart.

The Clean Beaches Awards raise the profile of the winning beaches, drawing tourism to the area and assist in the attraction of funding to further protect and improve the beach.

**Media release, 21 Sep 2012
Carolyn Oakley, Keep Australia Beautiful NSW**



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Graffiti removed by volunteers

Volunteers from Gosford North Rotary Club joined forces with other members of the community on Sunday, September 23, to remove graffiti from a number of sites across the Peninsula.

The work was part of Graffiti Removal Day 2012, which is a joint venture between the NSW

State Government and Rotary Down Under.

"The day was a great success with members from local Rotary Clubs joining forces with Gosford Council and other members of the community to paint over or remove graffiti from a number of sites throughout the Gosford and Woy Woy areas," said North Gosford Rotary Club coordinator Mr Ray Southern.

"I am particularly grateful to Fiona Morrison from Gosford Council and the many other volunteers who gave up their time on a Sunday to help remove graffiti from other people's property and community buildings.

"It shows a real sense of community spirit.

Mr Southern said that Graffiti Removal Day was only part of the solution in the fight against graffiti

and that ongoing support was needed if graffiti was going to be removed from the streets.

"To stop graffiti we need members of the community to report graffiti as soon as it appears, so it can be quickly removed to prevent these vandals getting any kind of exposure," said Mr Southern.

For people interested in helping to remove graffiti on an

ongoing basis, Rotary and the NSW Government have several volunteer programs which people can become involved in.

For further information about these programs please call 1300 665310 or email info@graffitiremovalday.org.au.

**Media Release, 24 Sep 2012
Ray Southern, North Gosford Rotary**



Volunteers removing graffiti from various sites on the Peninsula

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Mingaletta Friends launch petition

Friends of Mingaletta have launched a petition that calls on the Federal Government to take the necessary steps to put a referendum to the Australian people to change the Constitution.

The Government had already received a report from an expert panel which was set up to consult with the community across the country.

The panel recommended that the Constitution be changed so that Aboriginal and Torres Strait Islander people were recognised as the first people of the country, along with their languages, cultures and heritage.

It also recommended that existing racial discriminatory provisions be repealed and racial discrimination be

prohibited.

"These provisions are still part of the Constitution in the 21st century, and they must act to have them removed," said Friends of Mingaletta media officer Ms Barbara Kelly.

Ms Kelly said Friends of Mingaletta was disappointed with the Government's decision to not proceed with the referendum at the next election.

She said the group proceeded with its event because it was essential for a community awareness campaign get off the ground.

"Broad community support would be needed to ensure that any future referendum would be successful," said Ms Kelly.

**Email, 25 Sep 2012
Barbara Kelly, Friends of Mingaletta**



Mayor and deputy mayor of Gosford City Cr Lawrie McKinna and Cr Bob Ward

New councillor elected mayor

New councillor Lawrie McKinna has been elected as Gosford Council's mayor on Monday, September 24, and another new councillor Bob Ward has been elected deputy mayor.

Cr McKinna is a former Central Coast Mariners coach and current director of football.

He thanked his fellow councillors

for their support and said he was grateful for the opportunity to serve the people of Gosford City for the next 12 months as mayor.

"I am humbled by this opportunity and I look forward to working with my fellow councillors to move our City forward to achieve the best outcome for our community," said Cr McKinna.

Outgoing mayor Mr Laurie Maher congratulated the new

mayor and deputy mayor and wished them every success in continuing the good work of the previous Council.

Cr Ward said he was proud to have been elected to the position of deputy mayor and was looking forward to working with his fellow councillors over the next 12 months.

**Media Release, 24 Sep 2012
Lawrie McKinna, Gosford Council**

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Council asks for water rate rise

Peninsula residents may face an increase of 140 per cent in their water service fees if an application by Gosford Council to the NSW Independent Pricing and Regulatory Tribunal (IPART) is successful.

Council has applied for new water, sewerage and stormwater drainage prices which would be effective from July 1 next year.

If approved, the average resident's water service fee would increase by 59 per cent in the first year and 140 per cent in the four year period, increasing from \$99.28 to \$238.04 per annum.

The annual sewerage service charge would increase by 14 per cent in the first year and by a total of 53 per cent in the four year

period.

Storm water charges would also increase by 29 per cent in the first year and a total of 85 per cent over the four year period if approved.

The average total bill would increase by 22 per cent in the first year and 69 per cent over the four year period - from \$716 per annum to over \$1210 per annum.

Council's director of water and sewer Mr Rod Williams said new prices would help Council make multi-million dollar system improvements to its water and sewer networks, as well as maintaining and operating the existing system.

Improvements would include a major upgrade to the Woy Woy Wastewater Treatment Plant.

"We appreciate that any price increase can be a concern for

		Current 2012/13	2013/14	2014/15	2015/16	2016/17
Water	Service (\$/annum)	99.28	157.95	176.90	203.52	238.04
	% increase		59%	12%	15%	17%
	Usage (\$/kL)	2.12	2.35	2.50	2.60	2.70
	% increase		11%	6%	4%	4%
Sewerage	Service (\$/annum)	534.82	609.89	681.11	751.44	819.39
	% increase		14%	12%	10%	9%
Stormwater	Service (\$/annum)	82.52	106.56	122.60	137.93	152.74
	% increase		29%	15%	13%	11%

Council's calculated water, sewerage and stormwater drainage prices for residential customers this financial year. IPART will issue a draft price determination report in February 2013 and a final determination report in May 2013.

residents and we will always strive to deliver services that provide value for money," Mr Williams said.

The community has the opportunity to comment on Council's submission until October

12, by lodging a submission to IPART.

A public hearing will be held on November 12, before IPART releases its draft pricing determination in February 2013 for

further comment.

IPART's final price determination is expected in May 2013.

Media Release, 19 Sep 2012
Megan Low, Gosford Council

Gospel ministry holds workshop

A workshop will be held at the Gospel Garden Ministry in Umina on Saturday, October 6, from 1pm to 3pm, on Capoeira Aruanda.

Capoeira is a Brazilian cultural art form created during Brazil's slavery times and incorporates non-contact martial arts, acrobatics, chanting and percussion.

It is a folkloric spectacle and a way to involve anyone in need of belonging to a supportive and

constructive social environment and cohesive group.

A Roda workshop will also be held on the day which involves a demonstration of the students' social practice of Capoeira and acrobatics while chanting, percussion and clapping goes on to create supportive energy for two opponents in the circle.

With inquiries, phone Marilane on 0414 715 958.

Email, 27 Sep 2012
Marilane de Mello, Umina





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Get in touch with Lucy: **Phone** 0437 003 607 | **Mail** PO Box 60, Gosford NSW 2250
Email lucy.wicks@nsw.liberal.org.au | **Web** www.lucywicks.com.au

Authorised by Mark Neeham, Unit 8, 482 Pacific Highway, Wyoming NSW 2250.



Reminder of design impact

Your news item in the last issue about Enviroarch winning the Master Builders Association awards for sustainable building was a timely reminder of the environmental impact of design.

Like the Killcare house they designed, we could all be living and working in buildings that generate energy and harvest resources like water, wind and solar power.

Such buildings are naturally warm in winter and cool in summer.

Instead, most buildings are poorly oriented, badly designed, built of unsustainable materials and encourage us to guzzle non-renewable resources.

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for
contribution conditions

They're freezing in winter and boiling in summer.

Another way to reduce our environmental impact is by growing plant food.

This provides easy outdoor

exercise and cuts down on the energy used to get goods to and from the supermarket.

Home-grown produce is also freshly-picked and it looks, smells and tastes like real food.

Further, growing food can be a feature of energy-efficient buildings.

Planting deciduous vines or espaliered fruit trees such as grape or peach on the building's north side allows winter sun in, but keeps summer sun out.

This keeps the inside temperature more stable, and reduces the desire for artificial heating or cooling.

Cost savings all round.

Email, 26 Sep 2012
Shirley Hotchkiss, Umina

More forum on page 12

Kerb and gutter not a good idea

I agree that our roads are in a very bad condition, in some places even dangerous, but I am disappointed to see that many people still do not understand why kerbing and guttering is not the best option for a flat sand plain.

Drains go two ways, so they are the means by which sea water may enter right into the town centre, when there is a high tide combined with a bad storm.

This has already occurred in

Forum

Woy Woy.

With the increasing hard surfaces all over the Peninsula, water is unable to trickle down to refill the water table.

As the population grows, there are more and more people who use bore water.

Some of them may even be seen watering their grass in the middle of the hottest of days.

If the water table is not

replenished, sinking may occur.

This has happened in some parts of China and in Thailand.

You may remember the terrible floods experienced in Thailand last year.

Surely we are wiser now and have a lot more information easily available to help us make more sustainable decisions, instead of continuing to perpetrate the mistakes of the past.

Email, 26 Sep 2012
Margaret Lund, Woy Woy Bay

'Golden Days' not so golden

So, Vic Jefferies thinks the 1950s were "indeed the good days in Australia" (Peninsula News, 17 September).

In the 1950s, I was in my 20s and remember them very well.

At that time, Australia was an even more parochial, xenophobic, bigotted backwater than it is now, and the main characteristics of the population were smugness, self-regard and profound ignorance of the rest of the world.

Everyone was convinced (usually over a schooner in a men-only bar) that Australia was the best country in the world (most of them having never been to any other country), and women were treated as second-class human beings, often somewhat less kindly than family pets.

The notion that women might actually be capable of working at "real" jobs on an equal basis with men was regarded as laughable.

The world outside the British Empire was peopled by wogs, boongs, dagoes, niggers and

Forum

chinks who were only slightly more human than the abos who were utterly worthless for anything.

Let us not speak of the Australian cuisine of the day (meat and three veg.) or of the pathetic level of cultural life which required anybody of any talent to decamp to the other side of the world as quickly as possible.

If these traits reflect the "good old-fashioned moral principles" that Mr Jeffries espouses, he can keep his moral principles to himself.

Of course, comparing the present day with a rose-coloured view of the past has been the stock-in-trade of moralising wowsers since the world began.

Those of us who actually lived through the Golden Days of the 1950s would no more welcome them back than we would the Dark Ages.

Email, 21 Sep 2012
Bruce Hyland, Daleys Point

No help for 25 years

The article on page 6 of Peninsula News (July 23) shows an aerial view of tennis courts well maintained by a group of members at no cost to Council.

The car park has deteriorated badly since the sewer pumping station was built.

Heavy trucks belonging to Council are used to service the pumping station in the park.

Forum

I have approached Council on many occasions about the condition of the car park and the answer is always the same: "There is no money for the work".

The Empire Bay Tennis Association has not asked for financial help for 25 years.

Letter, 24 Sep 2012
Ron Lucre, St Huberts Island

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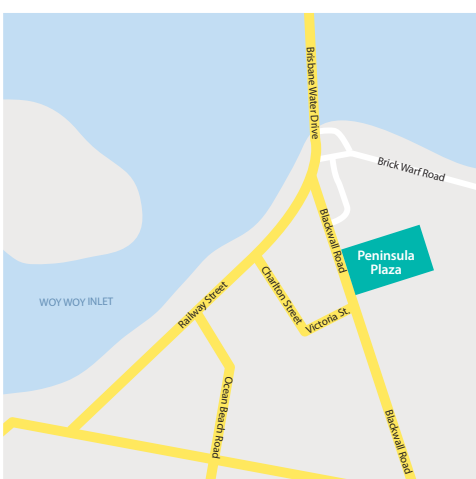
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Premier O'Farrell, John Robertson, Chris Holstein, Debra O'Neill.

**The list of politicians who fail to come out in public
against this state wide political abuse of
our due process which is endless.**

Where is your political integrity?

**How can politicians continue to ask for our
votes to be given in trust while ignoring so
many political sins against the peoples?**



Every time there is an election, Federal State or Local, so many of those campaigning let their campaign material encroach onto our public property with impunity.

Apart from the fact that what happens is illegal, those who benefit should be disqualified!

If not formally through the court process by those responsible for enforcing compliance with legislation, police, council among others, then at least by we peoples exercising our votes effectively at the ballot box.

Am I the only person to publicly challenge in our local papers the improper conduct of our local council election?

Many of our elected representatives, Federal, State and Local and their supporters who have had access to what I have documented in my local papers

in recent weeks and for years previous, should understand that the illegal and non complying use by too many of those campaigning for re-election has happened again!

Many of our councillors, Labor, Liberal, Independent and Greens, have supported campaigning outside the law by ignoring the obvious conflicts with the Local Government Act 1993 and Gosford City Council's code of conduct, by not making overt complaints to Gosford City Council identifying the conversion of council/public property to private use.

Premier Barry O'Farrell, Labor Leader John Robertson, and our state's first law officer, Greg Smith should be well aware, after all the campaigns they have been involved in, that pursuant to the Parliamentary Electorates and Elections Act 1912, it is illegal to campaign outside the law.

How cute of so many senior party members to keep silent when the lack of political integrity is there for all to see.

When I witnessed repeated shonky campaign activity being accommodated by Gosford City Council, my complaints to Labor and Liberal Party Offices were a waste of time.

The obvious and insistent apathy from so many politicians and party members would be why so many other issues of governance, such as the council misleading the State Coroner during his inquiry into the deaths of five people at Piles Creek, continue to be ignored at all three levels of government

Edward James,
P.O. Box 3024
Umina Beach NSW 2257
02 4341 9140
For information, on how and
where this started go to:
<http://gosfordcouncil.tripod.com>

Celebrating 70 years

Dennis and Claire Goddard of Ettalong celebrated their 70th wedding anniversary on Tuesday, October 2.

After leaving the Air Force at the end of the Second World War, they moved to Ettalong from Brighton-Le-Sands where they started a family and began a boat building business.

As an extracurricular activity, the couple built a tennis court in Broken Bay Rd and played for many years.

Claire helped start the P and C at Ettalong Public School where the

couple's three children attended.

Both were heavily involved in the RSL which was started in an old shed.

Dennis worked for Telecom for a number of years, which at the time was called the PMG.

They said they enjoyed learning and playing golf at Everglades and played well into their retirement.

The couple said that living at Ettalong and travelling extensively has given them a lot of memories to look back on.

Letter, 25 Sep 2012

Dennis and Claire Goddard, Ettalong



Local wins art prize

An Ettalong Beach Arts and Crafts member, Ms Chris Ireland, has won first prize in the Rotary Portrait and Art Exhibition.

Ms Ireland is a member of the

Centre's silk painting class and also attends the stitchery class.

Chris's winning portrait was titled Levi, the Little Dutch Boy.

There were 94 paintings in two sections, Portrait and Open, with a

highly commended and winner in both categories.

Newsletter, 26 Sep 012

Merril Stopps, Ettalong Beach Arts and Crafts Centre



Claire and Dennis Goddard

Students join in Gala Day

Students from Woy Woy South Public School participated in a Gala Day on Friday, August 31, and won the majority of the games they took part in.

"Students used the day as an opportunity to be active and enjoyed playing against students from other schools," said principal Mr Terry Greedy.

Teachers on the day said the

students showed sportsmanship as they learnt how to work as part of a team to represent the school.

Newsletter, 4 Sep 2012

Terry Greedy, Woy Woy South Public School

Grant for arts and crafts

Ettalong Beach Arts and Crafts Centre received a grant on Thursday, August 23, which will be used to buy two laptops, software and a printer.

The cheque was donated by the Ettalong Bach War Memorial Club committee and was received by representatives of the Centre at a presentation at Pretty Beach.

One of the laptops will be used

by the treasurer for the Centre's financials while the other will be for committee and tutor use.

Newsletter, 26 Sep 012

Merril Stopps, Ettalong Beach Arts and Crafts Centre

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Tribute to Mary Hawthorne

This is for Mary Hawthorne, poet and long-time resident of Pearl Beach, who died in September.

In 2005, she received Honorary Life Membership of Central Coast Poets Inc and the following poem was written as a tribute.

Woman of words

Always ready with her words,
To solve a problem, dry a tear,
Soothe the wounded sensibilities
And calm a troubled atmosphere.

Always ready with her words,
To formulate her point of view,
Hint at humour, give support
And praise whenever it is due.

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for contribution conditions

Always ready with her words,
Wise and witty, cliché-free,
To see dexterity and flair,
Look at Mary's poetry.

Email, 14 Sep 2012
Jill Neville, Woy Woy

Remove race clauses

Failure to pass the gay marriage legislation by the Federal Parliament and now the withdrawal of the proposed referendum on removal of race clauses in the Constitution suggests gross failure of governance systems at the national level.

The gay marriage legislation is clearly supported by a majority of Australians.

The Constitutional referendum is withdrawn because the Federal

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Government has failed to publicise this important proposal sufficiently.

The former failure is due to the fact that the national parliament is simply not representative of our diverse society.

This requires a major change to the electoral system to proportional representation which would end the two party tyranny and the negative, adversarial culture in which the unrepresentative major parties are caught.

In the case of the Constitutional referendum this can be rectified by the Gillard Government immediately, and it should do that.

If, as Reconciliation Australia has indicated, only 39 per cent of the population have heard about it, an advertising campaign is required.

I would think that over 80 per cent of voters would want to see the race clauses removed from the Constitution, as soon as possible.

Email, 20 Sep 2012
Klaas Woldring, Pearl Beach

More friends needed

You can understand academics, economists, political commentators and other such elites sneering at populism, but why on earth should politicians, such as

Forum

Malcolm Turnbull and many other party politicians?

Don't they know the first mantra

of being a politician?

Number one, you must have far, far more friends than enemies to be a successful politician.

Letter, 10 Sep 2012
Keith Whitfield, Woy Woy

Buying their way in

I feel sad that McDonalds will be coming to Umina Beach despite all the previous objections.

It will come regardless of the letters written to Peninsula News, or petitions signed.

They can buy their way in anyway.

Last week I picked up a McDonalds wrapper outside my

Forum

house and McDonalds isn't even built here yet! A sign of rubbish to come.

I love Umina Beach because there is no McDonalds, thus making the lovely beachside suburb unique.

Online submission, 23 Sep 2012
Wendy Creamer, Umina

Jackson wins video award

Jackson Redshaw of Empire Bay has come second in a national video competition to increase volunteering participation amongst young people.

The Australian Government ran the "Your Passion, Our Nation. Volunteer Now!" video competition which asked young people to create a video that promoted the benefits of volunteering to their peers.

The competition attracted 70 submissions.

Jackson Redshaw was second prize winner in Category B for 18- to 24-year-olds.

Jackson graduated from Ku-Ring-Gai Creative Arts High School in 2011, where he was school captain.

During his time at school, Jackson produced numerous

advertisements and fundraising videos for the Student Representative Council.

He was awarded the Fourteen Frames Media Prize, the Ku-Ring-Gai Council Award for Citizenship and the Australian Defence Force Long Tan Award for leadership and teamwork.

Jackson's video depictions of Anzac Day were applauded by members of the Returned Services League.

His film You, Me and My Enemy was a finalist at the annual Shoot It Film Competition and was an official selection at the Canberra Short Film Festival.

His film Green as Grass was the winner of the schools Shoot It Film Competition.

Jackson is now a keen volunteer.

He has produced three program

aide videos for the organisation Roadwhyz.

He is developing video workshops to run at Stewart House that aim to educate younger generations in film making and inspire them to pursue the rewarding hobby with the possibility of turning it into a career.

He also volunteers at his local primary school facilitating and contributing to reading groups, Jackson will commence University in 2013 to undertake a Double Degree, Bachelor of Teaching/ Bachelor of Arts (Technology).

More of Jackson's work, including this video, can be found at www.youtube.com/MITLRproductions or www.facebook.com/MITLRproductions.

Online submission, 25 Sep 2012
Susan Alan, Canberra



WILLS FOR LIFE

Everyone should have a Will. Do you?

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Still waiting for a phone call

I'm writing in the hope that other pensioners and vulnerable people don't fall into the trap I'm in.

In 2009, the ACCC took the Craftmatic adjustable bed company to court for acting in an unconscionable manner against senior citizens.

They were found to have misled consumers and used unfair pressure in their sales techniques.

As a result, the company made some changes, but it continues to trade unfairly.

Their sales practices still manipulate and mislead.

On May 9 this year, I signed up to extend myself financially for the next three years for a bed that's not comfortable and

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Letters to the editor should be sent to:

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PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for
contribution conditions

that I didn't need, after almost three hours of presentation.

I've been writing, emailing and phoning the company since June 12.

My emails have been ignored. Craftmatic's customer service and complaints line

phone numbers usually go to an automated message saying they'll ring back, and they don't.

My registered letter and cancellation of contract form, sent to the address given on their forms, is still awaiting collection from a nearby post office, as there was no-one at their address to accept it.

Twice in seven weeks I've managed to speak to someone from Craftmatic.

Each time I was told I'd be phoned back straight away.

I am still waiting.

My recent Googling revealed that a solar panel company and a drive through food shop share Craftmatic's official address.

Email, 31 Jul 2012
Diane Orton, Pearl Beach

Pen handout highlight of safari

Forum

I have just returned from a safari through southern Africa including Zimbabwe, Namibia and Botswana.

I saw amazing things including a leopard dragging its catch of the day 15 feet from my seat in an open jeep and a pride of lions feasting on their last kill.

Flying over Victoria Falls in a helicopter was also a buzz.

But one of the things that will stay in my memory is believe it or not is handing out pens from the NAB branch at Woy Woy.

They donated about 100 pens

before I left and when I handed them out to the children in the villages you would swear it was Christmas.

A German doctor who was part of my safari said maybe one day because of those pens that child may become a doctor or pilot or teacher.

Some times small things can produce great results.

Online submission, 17 Sep 2012
John Orme, Woy Woy

Sea level message was invalid

Gosford Council's original encoding of S149(5) was invalid.

In response to the question by a member of Coastal Residents group, the following answer was received from council: "There is no requirement under S149(5) of the Environmental Planning and Assessment Act 1979 to place messages on a planning certificate."

Clause 149 (5) of the EPA Act states the following: "a council may, in a planning certificate,

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include advice on such other relevant matters affecting the land of which it may be aware."

The most important words in the clause, as decided by the NSW Court of Appeal, is "affecting the land" and a matter must be affecting the land at the time of contract of sale not in the long-term future.

In addition, any message on a planning certificate must be factual and represent the true

status of the land at the time of sale.

Under the original encoding, if the 8000 affected residents decided on a course of class action at an average of \$50,000 per property, the damage bill for council would be \$400 million.

Council will not be at risk of litigation if they keep to the rule of law, which they are now.

Email, 22 Aug 2012
Trev Mitchell and Lynne Brown, St Huberts Island

Reliable information

The Peninsula News promoted best practice environmental education when it reported on the Deep Ocean exhibition at the Australian Museum (May 28).

For many years, the museum staff have prepared exhibits that are informative, interesting and entertaining.

The contemporary exhibition is not limited to marine science, it also includes information on

pollution, ocean acidification, trawling and mining.

The museum continues to be a reliable source of quality information and innovative environmental education.

The Deep Ocean exhibition is consistent with the Museum's high standards.

Thanks for the report.

Letter, 24 Aug 2012
Norman Harris, Umina

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Tool to help developers

Lend Lease have a long history of milking local councils for access to land held in trust for ratepayers.

The Central Coast Regional Development Corporation is a State government tool in place

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to help developers get what they want and move on.

Online submission, 7 Aug 2012
Edward James, Umina

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Health



Hospital Alliance celebrates

*Your Local
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7 Vidler Avenue, Woy Woy

Ph: 4341 9911

Woy Woy Hospital Alliance held a meeting on Saturday, September 15, to celebrate another milestone in the construction of the new Woy Woy Rehabilitation Unit.

Members noted the new downpipes for the drainage system and the poured concrete for the floors of the three buildings that will house the unit.

The meeting concluded with refreshments, including the cutting and eating of a celebratory cake bearing four candles.

A fifth candle will adorn a cake to mark the next major step in the return Woy Woy Rehabilitation Unit.

**Media Release, Sep 2012
Ivan Kinny, Woy Woy
Hospital Alliance**




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Aged care resident dies

Woy Woy Community Aged Care resident Ms Kathleen Jane Alderson died on Monday, September 24, aged 96 and had her body donated to Armidale University for science.

Ms Alderson's daughter Judie Stephens said following her mother's death they were left with the decision on how to say goodbye to her the way she wanted.

"Our small family and friends celebrated with our FareWell KathLeen Tribute at Victoria House, Bexley, which was within three kilometres of where mum was born and also the venue of her parent's 60th Wedding Anniversary in 1964."

Ms Alderson was born in 1916 at Kogarah and, while she worked as a nursing sister, married a medical man from St George Hospital.

"Mum then decided way back in the 1940s that marriage was not for her and so progressed her life as a single lady," said Ms Stephens.

She had her first home built aged 79 at Marks Point and christened it Puddle Place.

"The neighbours were wonderful and their support allowed mum to live in her place a little longer as was her wish," said Ms Stephens.

"When we had finished that project mum and I continued to travel together and mum, at times, solo.

"Our last holiday together was a Pacific Cruise when Mum was 92-years-old.

"The time came for a second try at hostel life and mum and I were

drawn to Woy Woy Community Aged Care Hostel.

"On September 9, 2009, mum prepared for the move.

"Being a person of her own opinion and strong ideas she let the staff and residents know that she was one to be obeyed.

"The staff were amazing and allowed mum to be as independent as possible and provided a safety net when needed.

"Three months ago it was time to move down the hall.

"The same caring team and management ensured that the transition was as seamless as possible.

"Mum was a lady who did not ever accept boundaries or be told she could not do anything.

"The devoted Woy Woy Community Aged Care team worked with mum and gave her the best possible care and attention.

"Mum became confused and imaginary but the staff and support folks simply continued to do their personal best.

"Mum's last three months of life gave me the opportunity to be a core part of her care team and work intently with her doctors, nurses and care staff.

"As mum aged and evolved to another way of thinking, we all needed to stay strong and in gentle agreement.

"Thank you to all the team at Woy Woy Community Aged Care for making my Darling Duchess's three years with you special," said Ms Stephens.

**Email, 27 Sep 2012
Judie Stephens, Darlinghurst**



Judie with her mum Kathleen at Woy Woy Community Aged Care

Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

Regular exercise is the answer

Wow! what an incredible opportunity for our hard working commuter population of the Peninsula.

You're wondering what I'm about to suggest, aren't you?

If you're thinking daylight saving/setting sun at 8.00ish for the next several months, then you are correct.

Let's get active people, let's get those work shoes off and either get bare footed on the beach or joggers on, either way, let's walk and let's get excited about it.

Have you ever wondered what your body is actually for?

Let me inform you of a shared opinion.....you are right, again correct, it's for moving and for relocating that gelatinous tissue between your ears, the brain, to yet another place so it can get what it mostly needs to function, stimulation and food.

Please realise that you are not a mistake or a freak of nature.

You are a design.

You have the same DNA as any other human and your DNA is encoded to function highly, given the fuels that you are designed to have.

Our patients often ask us: "What is a simple way of eating right?" and I give them the 30 day challenge of only consuming foods that are not packaged or frozen, in other words, where there is no writing on the label.

You are stuck with meats, eggs, nuts, seeds, vegetables, fruits and water, not bad huh?



The next ask was that each day, they walk for 15 minutes and concentrate on 5 things: drink water before and after the walk; walk at a moderate pace with poise and dignity; concentrate on head position (chin slightly tucked in) with hands and arms dangling and

totally relaxed fingers; be only conscious of the 'now'; and concentrate on slow, deep breaths.

That's it!

Just do it and your health will improve, your blood pressure will normalise, your asthma will ease, your obesity will become a thing of the past, your Type 2 will be rendered someone else's issue.

This won't happen overnight, just as ill health takes some time to manifest.

However, to be well is within the realm of all people.

The degree of health depends upon the degree of excitement in knowing that this is not just likely, but absolutely the case, because YOU are programmed that way.

Please understand this if nothing else.

Your chiropractor is trained to interpret your spinal function and relate the changes to your environment.

He then accelerates the distorted frame, especially the spine, into a more normal position.

The brain loves this and so 'down regulates' the spinal muscle spasm.

Your chiropractor will then assist you in understanding the importance of managing your lifestyle factors that are causative.

Pain syndromes are basically symptomatic and do warrant attention.

However altered function is really what an astute chiropractor is addressing.

Someone asked: "Who needs a Chiro?"

I answered: "Anyone born with a spine".

See YOU soon.



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If you have any questions
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or make an appointment for a
preliminary consultation
(N.B Answers to select question may be
printed in the future articles)

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Education



Year 10 students with Mr Harwood

Students complete mentoring program

Brisbane Water Secondary College Year 10 students who successfully completed a 10-week Plan-it-Youth mentoring program celebrated with their mentors on Thursday, September 20.

This was the last program for the year and, during the celebration, students and mentors acknowledged careers advisor Mr Rob Harwood who will retire at the end of the year.

"Rob has terrific communications skills," said mentor Ms Eve Skulander.

"His enthusiasm and open door policy for the students enabled

them to access his experience and knowledge in the often confusing maze of career and further education opportunities.

"Rob has had a long and distinguished teaching career and we wish him well in his retirement, with many happy days undertaking his passion of fishing," said Ms Skulander.

Ms Skulander said Mr Harwood's professional attitude and dedication to the job had been of enormous benefit to the continuing success of the mentoring programme.

Following a small presentation to Mr Harwood, he said: "I am just doing my job, and have enjoyed

every minute of my teaching career, which has had its challenges, but many more happy experiences over the years."

During the 10 week program, mentors in association with school career officers planned and undertook educational visits to a variety of institutions including TAFE and university facilities.

Students underwent site visits, reviewed specialised courses, considered degree options and were encouraged to consider other career opportunities

Media Release, Sep 2012
Lynne Lillico, Plan-it-Youth
Photo: Ken Bate

Ag students show cattle

Brisbane Water Secondary College agriculture students competed at the Brisbane Royal Show and the Central Coast Prime Beef Competition, both of which were held in August.

Two purebred limousin cattle placed sixth in the lightweight class and eighth in the middle weight class at the Brisbane Royal Show.

The two limousins were provided to the school by Mr and Mrs Tomkins of Seaham.

Allana Norris represented the school and paraded the cattle for competition.

She won first place in the Best of the Best Paraders class.

The limousin team won the Ken McDonald Trophy, a competition exclusive to Brisbane Royal where three of the highest performing steers of each breed were selected to form a team which competes against other breeds for the trophy.

Thirty students of Brisbane Water Secondary College from Years 7-10 represented the

school at the Central Coast Prime Beef Competition at Gosford Showground.

Around 300 students entered the individual cattle judging competition which allowed every student on the day to compete.

Brisbane Water Secondary College had three of the top five students in the junior finals and one student in the senior finals.

Chloe Sutherland led Brisbane Water Secondary College on the Hoof Heifer to place first in the Middleweight class.

The heifer then went on to win Reserve Champion of the show.

Thirty schools from the Central Coast, Sydney and the Hunter regions attended with 70 cattle on the day.

Several other students entered their first ever Paraders Competition and reached the finals.

Newsletter, 12 Sep 2012
Frank Gasper, BWSC Umina

Students attend Biennale

Students from Brisbane Water Secondary College Umina Campus attended the 18th Biennale of Sydney at the Museum of Contemporary Art in early September.

The Sydney Biennale features contemporary visual art, architecture and design.

Students said they enjoyed the educational tour by museum staff and a visit to the Art Gallery of NSW, another Biennale venue.

The students said they were inspired by the contemporary nature of the works which were unconventional and often interactive.

They discussed various art works and took pictures which they showed their peers upon returning to the school.

Newsletter, Sep 2012
Frank Gasper, BWSC Umina



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Woy Woy Public School

A PRE SCHOOL TO YEAR 6 SCHOOL

"100 Years On Site Celebrations"

Come and celebrate with us as Woy Woy Public School is commemorating 100 Years on site.

The 23rd November will be a day of activities for students and adults and will include an assembly.

Students will have a chance to dress as the students in the past did.

On 24th November, the school will be holding an open day with photos of how the school used to be and how it has changed.

There will be a chance for past and present students and parents to catch up at a luncheon to be held at

Pelicans Restaurant (bookings essential).

Engraved Pavers are available for purchase from the school for \$25.00 (first round orders due 12th Oct) and will be set in the Centennial Garden on the school grounds.

For further information contact
Woy Woy Public School
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Artist to paint game boards

Woy Woy South Public School has arranged to have a local artist paint eight game boards on the concrete surface of the covered outdoor learning area.

The games will include snakes

and ladders, hopscotch and a number of counting games.

"The unfortunate thing is that these paintings are so popular that the artist responsible for the work has been inundated by schools wanting his services," said principal Mr Terry Greedy.

"This means that there is up to a five month waiting period so the paintings will not be completed until next year."

Newsletter, 11 Sep 2012
Terry Greedy, Woy Woy South Public School

Public speaking winners

Woy Woy Public School students took part in this year's public speaking competition.

The Kindergarten winner was Alec Williamson while Alissa Rutter was highly commended.

Ruby Archer was the winner in Year 1 and highly commended awards went to India Roewekamp and Grace Chen.

The Year 2 winner was Jade Leggett and Emma Tranter was highly commended.

The Year 3 category was won

by Cassandra Ulaiwi and highly commended went to Malakai Taylor.

Year 4 was won by Mitchel Bampton and highly commended to Aspen Henderson.

The Year 5 winner was Dylan Barrett and the Year 6 winner was Georgia Riley.

Highly commended for Year 6 was Alex Simpson and Ryan Sullivan.

Email, Sep 2012
Ona Buckley, Woy Woy Public School

Pupils visit Village

Kindergarten pupils from Umina Public School visited the Peninsula Village retirement home on Wednesday, September 12.

The students entertained residents with their singing.

They have been invited back to sing Christmas Carols.

Newsletter, 18 Sep 2012
Lyn Davis, Umina Public School

Woodchips purchased

Woy Woy South Public School will purchase woodchip soft fall material to place under the play equipment.

For a number of weeks, the school was gathering quotes to install recycled rubber soft fall under the fixed equipment but discovered this was beyond their finances.

The woodchip soft fall will be used instead which means that students will have the opportunity to play on the equipment when they are supervised by a teacher, rather than having the equipment sitting unused.

Newsletter, 11 Sep 2012
Terry Greedy, Woy Woy South Public School

Prizes for East Timor research

A number of Year 5 and 6 students from Umina Public School visited Club Umina

on Wednesday, September 12, where they were awarded with certificates and prizes for research they undertook on East Timor.

The school was also presented with a \$150 donation by the Umina Country Women's Association branch.

"Our students were outstanding ambassadors for our school," said

deputy principal Ms Mary Hunt.

"Their prepared speeches about East Timor were excellent.

"Their appearance and manners were exemplary.

"The CWA ladies treated the children with a lovely morning tea which was much appreciated," said Ms Hunt.

Newsletter, 18 Sep 2012
Lyn Davis, Umina Public School

Wipe-out is planned

Woy Woy South Public School P and C Association will hold its major fundraising event Woy Woy South Wipeout on Friday, November, 23.

There will be various water activities set out across the playground for students to participate in.

For the day to run successfully, the P and C is calling for volunteers to help with setting up and manning the activities during the day.

To volunteer, contact Woy Woy South Public School on 4241 1899.

Newsletter, Sep 2012
Terry Greedy, Woy Woy South Public School

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WHAT'S ON THE MENU

Pies win medals



A patisserie in Umina has won two gold medals, three silver medals and three bronze medals in the Great Aussie Meat Pie and Gourmet Pie Competition held from September 10 to 13 at the Melbourne Exhibition Centre.

Bremen Patisserie won gold for its beef vindaloo pie and mango curry, chicken and

peanut pie, silver for its seafood marinara pie, rabbit gumbo ya ya pie and traditional apple pie and bronze for its plain chunky steak, plain steak and breaky pies.

The competition, which allows for bakeries to showcase their talent and cuisine, was held in conjunction with Fine Food Australia.

Email, Sep 2012
Ron Bruns, Bremen Patisserie Umina

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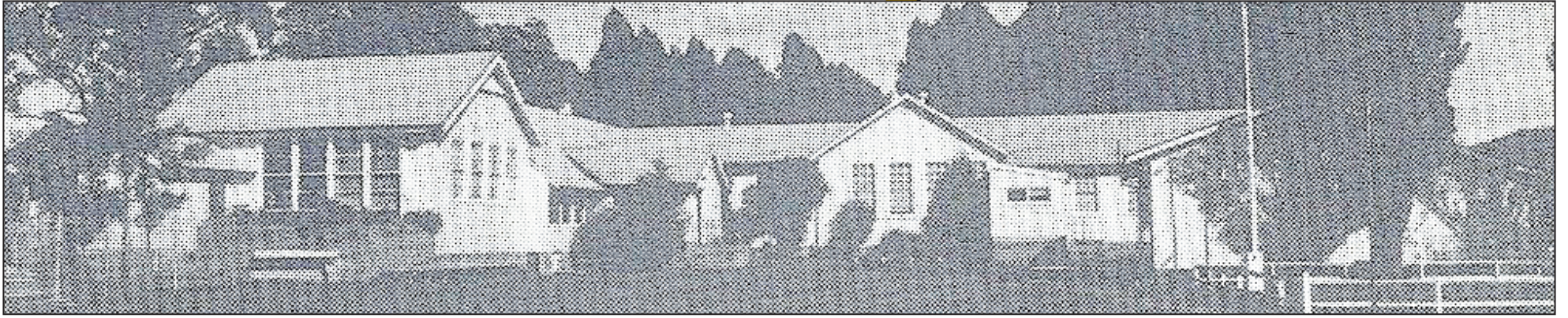
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Out and About



An old photo of Woy Woy Public School

Events to celebrate 100 years on site

Woy Woy Public School will hold events on Friday, November 23, and Saturday, November 24, to commemorate 100 years on its current site on the corner of Blackwall and Park Rds.

In its early days, the school was conducted out of a tent for the railway workers' children near the Woy Woy railway tunnel and moved a number of times before it settled in its current site.

On the Friday, a day of activities will be available for the students to experience how schools have changed.

As well as an assembly, students will dress in periodic costumes and participate in activities including sports and games expressive of earlier times.

There may even be some activities and challenges that the adults can participate in.

On the Saturday, Woy Woy Public

School will be open to the public including past students and families, where the community can see how the school has changed as well as view a collection of memorabilia.

The open morning will be followed by a luncheon at Pelicans Restaurant.

The school is calling on the community to participate in the preparations with any stories, photos or other memorabilia that could be included in the history of the school.

Families and individuals also have the opportunity to purchase Signature Pavers for the school's Centenary Garden.

These and Centenary history books can be ordered through the school office or on the school website.

For further information, to be part of the event or to submit historical information, contact Woy Woy Public School on 4341 3555.

Media Release, 25 Sep 2012

Lisa Bruchhauser, Woy Woy Public School



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Sunday 1.00pm–3.00pm.

Ben and Cheryl will present a selection of music from film, light opera and music theatre. Wines and savouries will be served at intermission.
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Ben and Cheryl Oxley each have over 20 years professional singing experience and have performed in Russia with the English National Opera company, sung with the Berlin Philharmonic, toured to the Salzburg Easter Festival and to Tokyo, to name just a few.

\$2500 members draw must be won next Thursday night, starts from 6pm 4th October

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Out and About



Christine Wheeler

Young and old to meet for film

Young people aged 12 to 20-years-old and seniors from the Peninsula have been invited to be part of a digital media art project to produce a short film.

Workshops will start on Saturday, October 13.

Stories of the past, present and future will become a visual exhibition and will bring the stories of the community to the public.

The intergenerational project called One Place, One Plan is aimed at telling the stories of the youth and seniors that live on the Peninsula and is run by Regional Youth Support Services, Youth Arts Warehouse in partnership with

Family and Community Services, Housing.

Expressions of interest are being sought for young people to learn the technical skills to record a short film by professional artist Sile Molloy.

Youth arts coordinator Ms Sharon Aldrick will mentor the young people in a series of workshops which will be held on the Peninsula.

The students will then record their interpretation of the stories.

To be involved, phone Sharon on 43 232374.

Limited spaces are available.

Media Release, 26 Sep 2012
Sharon Aldrick, Regional Youth Support Services

Number of events at folk club

Troubadour Folk Club has a number of events planned for next month beginning with an afternoon session at Patonga Tavern on Sunday, October 14.

Attendees are invited to bring

their instruments from 1:30pm for an afternoon full of music and song.

A house concert will be held in Umina from 7pm with Bruce Watson on Wednesday, October 17.

The night will be themed Our

Land, Our People with songs of Australian life, from the outback to the city, from the Dreaming to the 21st century.

The Troubalukers will then meet at the Everglades Country Club on Monday, October 22, for the ukulele group.

The Christine Wheeler Trio will perform at the Woy Woy CWA Hall from 7pm on Saturday, October 27.

Christine will present songs from her new CD, Rain in the Mountains, and will be accompanied by some of her friends.

With inquiries and bookings, phone Marilyn on 4341 4060.

Email, 20 Sep 2012
Marilyn Russell, Umina

College mentors primary students

Brisbane Water Secondary College students mentored Year 5 students from primary schools in a Gifted and Talented Students Day at Umina on Tuesday, September 21.

Primary school students worked with maths and PE teachers and Year 9 peer mentors from the Umina Campus.

Students gained a better understanding of mathematical concepts such as prediction and probability, centre of gravity, biomechanics and measures of

fitness including agility and speed.

The students compared their speed to that of Usain Bolt, took fitness tests, played Frisbee golf and judged a mini athletics competition of shot put, flags and relay.

Newsletter, Sep 2012

Frank Gasper, Brisbane Water Secondary College Umina Campus

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Seaside Fair at Pretty Beach

Pretty Beach Public School will host its Seaside Fair on Sunday, October 7, from 9am until 3pm.

The event is the school's main fundraising event for the year and relies heavily on the support of the local community.

Local artisan designers will offer homemade products while other stalls will provide face painting, sand art, home-made cakes, jams, plants, show bags, tombola, a white elephant stall and handmade cards, among other things.

The Seaside Fair will also

include amusement rides for kids such as the Base Zero climbing wall, a jumping castle and a haunted house.

Pre-ordered arm bands for unlimited rides are available for \$20 or \$12 for limited rides at Wagstaffe Store of Killcare Cellars

A range of entertainment acts including drum dancers, poetry, a dance troupe, local artists, a talent show, the school choir and Australian Idol performer Ashleigh Toole will also be on show.

**Media Release, 26 Sep 2012
Rose Mackay, Pretty Beach Public School**

Musical produced at Umina campus

Brisbane Water Secondary College Umina Campus's production of Bats the Musical will be held from October 23 to 25.

The Technical Education Production Academy crew, under the guidance of Mr John Maxwell, have been put to the test with extravagant sets, costumes, lighting, sound and special effects.

Musicians are "learning and altering" songs, and gaining a working understanding of the recording process in the school's new facilities.

There will be two evening shows on October 23 and 24 and three matinees from October 23 to 25.

Tickets can be purchased from the Brisbane Water Secondary College front office for \$10.

**Newsletter, Sep 2012
Frank Gasper, BWSC Umina**



Empire Bay has Village Fair

The Empire Bay Progress Association will hold its Village Fair on Saturday, October 20, from 9:30am until 4pm in the community hall, in conjunction with the Empire Bay-Bensville Rural Fire Service Open Day.

A wide variety of stalls will be available, including a cake, jam and pickle stall run by the Boronia Court Nursing Home Auxiliary.

Others will include handmade jewellery, watercolour paintings, handmade cards, homemade

sausages, knitted dolls, Christmas wares, fresh local oysters and a giant plant stall with Empire Bay Public School selling herbs grown from seeds.

There will also be pottery painting and face painting for

children.

Devonshire teas will be available all day and the Woy Woy Lions Club will hold a barbecue.

**Newsletter, 19 Sep 2012
Nathan Leadbeatter, Empire Bay Public School**

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Deborah O'Neill
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.

Education



Farm day for feeder schools

Brisbane Water Secondary College hosted a Gifted and Talented Workshop on Tuesday, August 28, for top students from the local feeder schools.

Around 20 students in total attended the day from Woy Woy Public School, Woy Woy South Public School, Empire Bay Public School, Ettalong Public School and Umina Public School.

Programs for the day were coordinated by head teacher Ms Sheree Gilchrist who took the students to the school's farm.

On the farm, students planted seedlings, sampled citrus fruits, met and cuddled the animals and learnt about the school's snake called Frog.

Email, 7 Sep 2012
Nerrida Lewis, Brisbane Water Secondary College



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Umina hosts spelling finals

Umina Public School was one of the 42 public schools in NSW to host the Hunter and Central Coast Regional Finals of the 2012 Premier's Spelling Bee.

Umina hosted one of the finals on Friday, September 14, which saw 76 students compete from 19 different schools.

Regional Finals for the 10 NSW public school regions began on Monday, September 10, and will continue up until Thursday, September 20.

The Finals involve 3241 students from 857 public schools, one of the largest turnouts in the

Bee's history.

Students who are successful at the Regional Finals will then proceed to the State Final in Sydney on Wednesday, November 7, where the State's best speller will be crowned.

The Premier's Spelling Bee encourages students from Government schools across NSW to focus on their spelling in a fun and competitive format.

It was first launched in 2004 and has attracted record numbers of participating students ever since, with 123,306 NSW public school students signing up this year.

Media Release, 5 Sep 2012
Sven Wright, DET

Principal consulted

Umina Public School principal Ms Lyn Davis attended a consultation on Tuesday, September 11, about the Australian Teacher Performance and Development Framework.

"Principals have a critical role in the implementation of performance and development and it is vital that

their thoughts are heard on these matters through the consultation," said Ms Davis.

The consultation provided an opportunity for Central Coast principals to understand the impact of the framework on the state processes.

Newsletter, 11 Sep 2012
Lyn Davis, Umina Public School

\$7600 raised in Olympathon

Empire Bay Public School has raised \$7603.35 so far from its Olympathon held last month.

Sponsorship is still being collected from the students.

The money will be used to purchase computer tablets to be used throughout the school.

Newsletter, 5 Sep 2012
Nathan Leadbeatter, Empire Bay Public School



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Out and About

Food and wine fair

The fifth annual Pearl Beach Food and Wine Fair will be held on Saturday, October 6, from 10am to 5pm at the Pearl Beach Memorial Hall.

The event will present produce from Wollombi Wines and Finch Lane Wines, from the Hunter region, and by Short Sheep Wines, a family run business from Mudgee, which will be involved in the event for the first time.

A small selection of European wines will also be available for tasting and purchase.

A number of culinary stalls will be on offer from Little Creek Cheeses, Hunter Olives and Products, Simon's Spicy Sausages and Maggie's Farm wood fired

bread, fresh organic vegetables, homemade chutney, jams and pickles.

Margin's Mushrooms and Crooked Creek's Cookies with their homemade Christmas puddings will return for another year while Frudgles Fudge and Wollombi Honey will also have stalls.

There will also be a raffle of two hampers filled with food and wine donated by the exhibitors with proceeds going to the maintenance of the Memorial Hall.

With inquiries, phone Lynne on 4344 2319

Media Release, 24 Sep 2012
Lynne Lillico, Pearl Beach
Progress Association
Photo: Bev Lapacek



Movie night raises \$1000

A Kath and Kimderella Movie Night on Thursday, September 20, has raised close to \$1000 for Oscars Law and Doggie Rescue.

"Every year in Australia approximately 250,000 healthy dogs and cats are euthanised," said organiser Ms Jody McKinnon. "Oscars Law is a law to stop

puppy farms and mass breeding of pets for profit.

"Pets are a life time commitment and deserve to be a part of the family.

"It was a fun night with lots of laughs and great support from the community."

Ms McKinnon said her pet food and accessories business

did not sell animals, but instead encouraged people to adopt from shelters.

"Paws on the Coast collects donations of money or pet food, accessories and flea products for our charities," said Ms McKinnon.

Email, 21 Sep 2012
Jody McKinnon, Paws on the Coast

Hardys Bay weekend held

A Back to Hardys Bay weekend was held on August 25 and 26 with demonstrations and displays from a number of organisations in the area.

The weekend featured the re-opening of some of Pretty Beach Public School's original buildings, a recruitment drive for the Killcare Wagstaffe Fire Brigade, competition swims by the Frigid Digits Winter Swimmers and the christening of a new boat at Killcare Surf Club as well

as surf live saving demonstrations and the viewing of old photographic memorabilia.

Gosford mayor Cr Laurie Maher offered his congratulations to the organisers of the "wonderful local event".

"Although relatively small, Hardys Bay has long been recognised as one of Gosford City's most vibrant, dynamic and diverse communities," said Cr Maher.

"This event is a fantastic way to showcase the close knit community

that encompasses the local areas of Hardys Bay, Killcare, Pretty Beach and Wagstaffe and highlight all that this picturesque part of our City has to offer.

"It gives me great pleasure to see that all local residents were included in this weekend, bringing the history and the future of the region together at one event.

Newsletter, 22 Sep 2012
Adrian Williams, Bays
Community Group



Woy Woy Little Theatre Inc.
ACTORS WANTED!
Breaking Legs
by Tom Dulack

By arrangement with Hal Leonard Australia Pty Ltd, on behalf of Dramatists Play Service, Inc New York.

The action occurs in an Italian restaurant owned by a successful mobster and managed by his beautiful unmarried daughter.

When the daughter's former college professor arrives to ask for financial backing for a play he's written about a murder, the fun begins.

The three main Mafiosi are intrigued with the idea of producing a play and the daughter becomes enamoured of the playwright, who is delighted to have the family's support.

In this madcap situation, murder and menace are served up with plenty of pasta and laughter!

Auditions: will be held at The Peninsula Theatre, Cnr Ocean View Rd and McMasters Rd, Woy Woy on October 2nd, 4th & 9th at 7:30pm.

Performances: February 22nd—March 10, 2013

Roles: 1 female 25-35, 1 male 40 + and 3 men 55+

Please contact Co-director Shea Wicks on 0414 757 089 for audition information

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Animal Welfare League
provides aid to sick or injured animals & subsidised assistance in the desexing of dogs.
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.
Debra 4344 4435
awicentralcoast@virginbroadband.com.au

Art

Ettalong Beach Art & Crafts Centre ⁽²⁸⁷⁾
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society ⁽³⁰⁹⁾
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings 1.30pm 4th Wed for demonstrations publicity@artcentralcoast.asn.au
4325 1420

Point Clare Arts & Crafts ⁽³⁰⁹⁾
Wed - Adult Art Class
Approaches to Visual Arts, supported by History of Art, to develop your own style
Wed & Frid - Adults
Bunka Embroid, Cards, Crotchet, Cross Stitch or bring your own - \$3/session
Point Clare Community Hall
10am - 12noon
4325 5007

Hospital Art Australia ⁽³⁰⁹⁾
Meet every Friday
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing
Volunteers welcome
4341 9920

Church

Good News Church
Meets every Sun - 10am
Woy Woy Public School
Park St Woy Woy
Modern Service
Children Catered for
Youth Fridays 7pm during School term
www.goodnewschurch.org.au
PO Box 1009 Woy Woy 2256
Pastor Sam Collins
4344 3000

Community Centres

Peninsula Community Centre ^(39/290)
Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.
Over 55's - Social Outings, Oil Painting, Multi craft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk,

Discussion Groups.
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre ⁽²⁸⁷⁾
Mon - Fri - Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Gosford 50+ Leisure and Learning Centre
^(formerly Senior Citizens) ⁽²⁸⁷⁾
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class
4324 4749

Community Groups

AACC Computer Club Inc. ⁽³³⁾
www.aacc.asn.au
Help with all Computing problems, Program demos + Q&A sessions
• 2nd Wed Windows 7 - 10pm
Narara Valley HS
Fountains Rd, Narara
• 3rd Wed - Linux
9.30am-12.30pm
East Gosford Progress Hall - Cnr Webb Rd & Henry Parry Drive
• 4th Thurs **Social + Windows 12.15 - 3.15pm** - East Gosford Progress Hall
secretary@aacc.asn.au
4362 1918 or 4324 2740

ABC ⁽³⁰⁹⁾
"The Friends"
Support group for Public Broadcaster.
Aims. safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
4341 5170

Beachside Family Centre ⁽²⁸⁷⁾
School-based community centre for families with children from birth to 8 years old. Group programs and community activities - Umina Public School
Sydney Ave
4343 1929

Bridge ^(286c)
Tues 12.15pm A friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd.Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie ^(56/294)
50 Games every Sat night
St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm.
Proceeds to Woy Woy Catholic Parish.
wwwcphousie@hotmail.com

Central Coast Amateur Radio Club (CCARC) ^(97/317)
Do you wish to join the world wide hobby of Amateur Radio?
Dandaloo St, Kariong open Saturday from 11am to 4pm
ccarc@ccarc.org.au
4340 2500

Central Coast Handweavers, Spinners and Textile Arts Guild Inc ^(286c)
Spinning and weaving, patchwork and quilting, felting and other fibre and fabric crafts

Workshops and community quilting bees
Day and night groups
4325 4743
www.centralcoasthsguild.org.au

Central Coast Family History Society Inc. ⁽³⁰¹⁾
All the resources, information and advice needed to study your family's history are available.
Meet 1st Sat 1pm
Lions Community Hall, behind 8 Russell Drysdale St, E. Gosford. www.centralcoastfhs.org.au
Visits welcome 4324 5164

Hardys Bay Residents Group ^(60/296)
Working for a positive & Healthy Environment in our Community
allanbw@bigpond.com

The Krait Club ^(58/295)
Community Centre - Cooina Village, Neptune St, Umina
10.30am For senior members of Woy Woy/Umina Community
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and bus trips - 4341 0698

Lions Club of Woy Woy Peninsula
meet on the 1st and 3rd Mondays at the Everglades Country Club.
4326 1996
Make new friends and have fun while you serve your community.

Northern Settlement Services ⁽²⁸²⁾
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Peninsula Village Carer's Support Group ⁽²⁸⁷⁻³¹¹⁾
Invitation to carers of loved ones with dementia
Meet 1st Wed - 10 to 11.30am
Paula Newman 4344 9199

Peninsula Village Playgroup ⁽²⁸⁷⁻³¹¹⁾
Carers, Grandparents, parents & children - Come & join our 'Intergenerational Playgroup'
Every Tues 10 to 11.30am
Paula Newman - 4344 9199

Probus Club of Umina Beach ^(81/298)
Friendship, Followship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+
Non Political and Non Sectarian
- 2nd Wed every mth, 10am, Everglades Country Club
uminabeach@probusclubs.com.au
P.O. Box 443 Woy Woy

Central Coast Prostate Cancer Support Group (Gosford)
Meet last Friday Month Terrigal Uniting Church
9.30am to 12 noon
Affiliated with PCFA
4367 9600

Rotary Club of Kariong/ Somersby ⁽³⁰⁹⁾
International service club exists to improve lives of communities in Australia and overseas.
Join us for fun-filled activities, fellowship and friendship.
Meet breakfast at Phillip House
21 Old Mount Penang Rd (opp Shell), Fridays 7.15am
4340 4529

kersuebay@philliphouse.com.au

Rotary Club of Umina ^(6/294)
International service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. Weds.
Everglades Country Club
curleys@ozemail.com.au
0409 245 861

Rotary Club of Woy Woy
Rotary is a great organisation in which to be involved in community, international and social activities. It is a fantastic way to discover and fulfill your true potential. To become a part of this, we meet every Tues 6pm, at the Everglades Country Club.
Contact Don Tee
4369 7496
0428 438 535

Seniors Computer Club Central Coast Inc. ^(83/301)
Beginners' classes Mon or Tues. Also classes Mon - Fri as published on Club Website. 10am -12md or 1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac - Also at Avoca Beach Bowling Club 1st Mon with a Guest Speaker - 4369 2530

Umina Beach Men's Shed Inc. ⁽²⁸⁷⁻³¹¹⁾
Men come and share, a variety of tools, pursue interests and hobbies, Spend time with other men and Learn new skills
Darrell 4341 2355

Umina Beach Scrabble Club ^(65/302)
For all levels and ages
Every Wed, 9.30-12.30md, relax, enjoy a cuppa while you play
Scrabble
Mingaletta, 6 Sydney Ave, Umina
4344 2808

Volunteering Central Coast ^(67/295)
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. Regular general info sessions at Woy Woy.
vrc@volunteeringcentralcoast.org.au
4329 7122

Wagstaffe to Killcare Community ⁽²⁸⁵⁾
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm Wagstaffe Hall - 4360 2945
info@wagstaffetokillcare.org.au

Disabled Services Riding for the Disabled ^(282c)
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers always required
No Previous experience necessary - School hours only
Mon to Sat - 4340 0388
stateoffice@rdansw.org.au

Environment Peninsula Environment Group ⁽²⁸⁷⁾
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peg.org.au
Health Group
Arthritis NSW ^(9/292)
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,
Woy Woy - 4341 5881

Meals on Wheels ^(81/298)
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place ⁽²⁸⁷⁾
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services
- 4341 0584
marymacs@woywoycatholic.org.au

Overeaters Anonymous (OA) ^(64/278)
12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Every Fri 8 - 9pm
www.oa.org - 0412 756 446

Pink Butterfly Breast Cancer Support Group -
First Sunday 10.00am -12.00
Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Women's Health Centre ^(285c)
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy
4342 5905 Wed and Thur 9.30am-3pm
20a McMasters Rd,
Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance ⁽³⁰⁸⁾
Formed to restore medical services previously available at this hospital - upgrade to a standard commensurate with the needs of the Peninsula and the Gosford City area
2pm 2nd Sat St Lukes Church Hall, Blackwall Rd Woy Woy
4344 4811

Woy Woy Stroke Recovery Club ^(67/278)
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine Rescue Central Coast Unit ⁽²⁸⁷⁾
Marine Education Courses. Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929 www.vmrcc.org.au
pr.centralcoast@marinerescuensw.com.au

Music Central Coast Concert Band ⁽²⁸⁸⁾
Every Tues 7.15 - 9.30pm
Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560

Soundwaves ^(87/308)
Men's acapella 4 part harmony chorus - all ages welcome
7.00pm Monday Nights
Central Coast Leagues Club
Ray 0405 030 945
randtbale@bigpond.com
Political Group Australian Labor Party
Umina Ettalong Branch ⁽²⁹³⁾
Political Discussions National, State and local government issues
2nd Mon Umina Beach Bowling Club 7.30pm
4341 7323

Central Coast Greens
Central Coast branch of Geens NSW, active regarding ecological sustainability, social and economic justice, peace

and non-violence, grassroots democracy and getting Greens elected
3rd Thur, centrally on the Coast
centralcoast.nsw.greens.org.au
centralcoastgreens@gmail.com

Sport

Woy Woy Judo Club ⁽²⁸⁷⁾
Classes 6 14yrs- \$5
Fri 5.30 - 6.30pm
Adult Classes Tue & Fri 6-8pm
15yrs+ - 1st Lesson Free
4 Week Trial
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Veterans

National Malaya Borneo Veterans Association Australia Inc ^(66/302)
1st Sat (except Jan) 2pm
Ettalong Beach War Memorial Club, 51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers' ⁽³⁰⁹⁾
Assist all Veterans and their families with pension & welfare matters. Mon & Wed 9am-1pm
4344 4760 Cnr Broken Bay Rd & Beach St Ettalong.
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch ^(79/297)
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to 1pm 4341 2594

Women's Groups

Country Women's Association Woy Woy ⁽³⁰⁹⁾
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am
4324 2621

Country Women's Association Umina
Craft and Friendship:
• Monday: 6pm
• Wednesday: 9am
• Sunday: 1st Sun of month 12.30pm
• Branch meeting: 1st Wednesday of the month 10am
CWA Hall, Cnr West and Sydney St, Umina.
4341.5404 or 4369.5353

The Endeavour View Club, Woy Woy ⁽²⁸⁷⁾
Luncheon, 1st Mon Everglades Country Club, 10.30am.
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.
4342 2283

Gosford RSL Sub-Branch Women's Auxiliary ^(61/296)
For women over 18 years. Raise money for welfare of veterans and their families
RSL Club West Gosford
4th Mon 2pm
4323 7336

Inner Wheel club of Gosford North ^(82/309)
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects
2nd Wed 7pm
Phillip House Kariong
4324 7176
gosfordnorthiw@live.com.au

Women's soccer team takes premiership

Umina Women's Premier League soccer team defeated Gosford with a penalty shootout on the weekend of September 16 and 17 to be named the winner of this year's grand final 4-3.

League champions Gosford were tipped to take out the grand final for the third consecutive year but the game was open with end to end football.

Umina dominated the first 20 minutes and came close to taking an early lead through the efforts of Umina leading goal scorer Shana Jones and striker Chelsea Campbell.

Gosford looked the more dangerous side as Umina backed off their intensity 30 minutes into the game and missed an opportunity to take the lead when a penalty was awarded to them that flew over the crossbar.

Scoreless at the break, Gosford took control of the game and Umina's keeper, Emily Dixon, was called on many times to thwart the Dragons' onslaught.

The defence of Umina was tested continually and Umina sweeper, Danielle Harris, was constantly in demand to blunt any Gosford attack from Dragons' striker Angela Beattie.

At the final whistle the score remained at nil-all and extra time was awarded.

With both teams locked



together it was looking likely for a penalty shootout, although Gosford was dominating play, but unable to capitalise on their opportunities.

The conclusion of extra time could not separate the two squads and the ensuing penalty shootout ended with Umina taking the grand final after Umina keeper Emily Dixon saved the final three penalties.

"What a fantastic end to a history making season for

Umina," said Umina coach Trevor Bleakley.

"With ladies gathered from past and present teams, some have been with me since they were 10-years-old and half of them never playing premier league before.

"Most never experiencing a single win in Women's Premier League before, if not all, it is a little unbelievable," he said.

Email, 19 Sep 2012
Val Bridge, Narara

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle - Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

The Peninsula Diary

For events in post code areas 2256 and 2257

Tuesday October 2

Bridge lessons, Brisbane Water Bridge Club, Woy Woy, 9:30am

Wednesday October 3

Umina CWA branch meeting, 10am, Umina CWA Hall

Friday October 5

Alison Lester reading, Umina Library, 10am

Saturday October 6

Pearl Beach Food and Wine Fair, Pearl Beach Memorial Hall, 10am-5pm

Capoeira Aruanda workshop, Gospel Garden Ministry, Umina, 1-3pm

Sunday October 7

Pretty Beach Public School Seaside Fair, 9am-3pm

Tuesday October 9

Gosford Council reconvened meeting, Gosford Council Chambers, 6:45pm

Thursday October 11

Breast cancer surgery exercise program, Woy Woy, 10am-2pm, free

Saturday October 13

Blake Saban 3, Woy Woy Leagues Club

Sunday October 14

Troubadour Folk Club afternoon session, Patonga Tavern, 1:30pm

Wednesday October 17

Bays Community Group general meeting, Woy Woy Bay Community Hall, 7:30pm

Troubadour Folk Club house concert, 7pm, Umina

Saturday October 20

Empire Bay Progress association's Village Fair, 9:30am-4pm, Empire Bay Community Hall

Monday October 22

Colour Me Clever, Beachside Family Centre, Umina, 10am-12pm

Troubalukers, Everglades Country Club

Tuesday October 23

Senior First Aid Course, Beachside Family Centre, 9:15am-12:15pm

Brisbane Water Secondary College's Bats musical

Friday October 26

The 39 Steps, Peninsula Theatre

Saturday October 27

Troubadour Folk Club meeting, Woy Woy CWA Hall, 7pm

Sunday October 28

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am
Woytopia, Woy Woy South public school, 9:30am-3pm

Monday October 29

Colour Me Clever, Beachside Family Centre, Umina, 10am-12pm

Saturday November 3

Salvation Army Annual Fair, Umina, 8am-2pm

Monday November 5

Colour Me Clever, Beachside Family Centre, Umina, 10am-12pm

Wednesday November 7

Umina CWA branch meeting, 10am, Umina CWA Hall

Sunday November 11

Bouddi Foundation of the Arts interview with David Williamson, Wagstaffe Hall

Friday November 23

Woy Woy Public School 100 year celebration day

Saturday November 24

Woy Woy Public School 100 year open day

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

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Classified

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0412 685 555

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or **4339 2317**

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0418 113 799

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bluegrass and prog folk.
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band negotiable for your
party, event or venue.
Hear and see them at:

October 21 - 1-5pm
BARBS Kantara House
Green Point
tomflood@hotmail.com

4324 2801

The Troubadour Acoustic Music Club

meets at the
CWA Hall Woy Woy
Floor Spots available

Oct 27
Christine
Wheeler Trio
7PM

Tickets \$12

Concession \$10

Members \$8

Tickets available
at the door. see

www.troubadour.org.au

4341 4060

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From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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Netball premiers

Teams from the Umina Beach Netball Club went into battle for this year's premiership in their respective divisions on Saturday, September 8.

Four of the five teams were premiers with the other runner-up.

Clownfish and Bunnies became back to back premiers with Lightning winning and Stingrays crowned runners-up.

The Joeys played undefeated throughout the 2011 learn to play season and this year, being their first year in sub-junior division competition, became dual premiers in their grand final clash.

Seven of the 10 Joeys' players attend Umina Public School; the youngest was seven-years-old.

Online submission,
10 Sep 2012
Shari Crooks, Umina Beach Netball Club

Bridge lessons

Brisbane Water Bridge Club will hold lessons from Tuesday, October 2, for people interested in learning the game of bridge.

The first lesson will be held at 9:30am at Brisbane Water Bridge Club in Woy Woy.

The club held its Novice Pairs Championship for the year last month which saw Denise Collister and Robyn Henwood named winners, followed by Tom Tomlinson and Geoff Maltby in second and Mike and Judy Rodger in third place.

For more information on bridge lessons, phone Caroline on 4360 2806.

Email, 18 Sep 2012
Jenny Buckley, Brisbane Water Bridge Club

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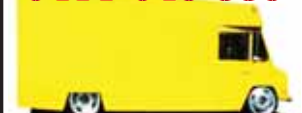
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Junior Roosters receive awards

Two Woy Woy Junior Roosters players received awards at the Central Coast Division Junior Rugby League 2012 Presentation Night held at Mingara Recreation Club on Thursday, September 20.

Max Bovis was announced the Under-13 Representative-Best Forward for 2012 and later received the Mrs M Titchen Trophy for Best Player on Grand Final Day-International.

This trophy is judged by the Division Management Committee with the player selected from all players who played in International Grand Finals this year.

"For Max to receive both awards is a credit to him for all the hard work he has put in over the last couple of years," said Roosters' junior club president Mr Tim McParlane.

"Max's continued commitment and dedication along with a positive attitude has resulted in these well-deserved accolades.

"Both Mick and Jo, Max's mum and dad were as proud as could be, and rightly so, as were all the

Roosters at the table," said Mr McParlane.

The night hadn't finished for the Woy Woy boys with the third last award of the night, the Grahame Wilkin Trophy for Best and Fairest Division Two Under-16 award, going to Kurt Burrell.

Kurt joined the club from Gosford after that team folded earlier in the year.

"Kurt was an instant spark to the Woy Woy team and was a consistent standout all year," said Mr McParlane.

"To be acknowledged as the Best and Fairest for the age group is just rewards for a top year of footy from Kurt.

"He is an outstanding attacking player with displays of absolute brilliance shown in every game.

"His chip and chase game being top class, Kurt is a young man with a ton of potential.

"I hope that he chooses to stay a Rooster and move into our senior Under-18s team in 2013 where he will once again be a valuable member of the squad."

**Media Release, 27 Sep 2012
Tim McParlane, Woy Woy JRLFC**



Kurt Burrell 16-2's and Max Bovis 13-1's

Hockey players selected for squad

Three players from the Peninsula Hockey Club have been selected in the Hunter Sports Academy Squad and will have their skills and fitness fine-tuned throughout the off season.

Brinley Gallagher, Jake Wigham and Hayden Boyd were part of the Under-15 Peninsula team that won 20 games straight in their first

season and were subsequently named Minor Premiers.

"This was a great achievement as the whole team stays in Under-15 team next season," said Peninsula Hockey Club president Mr John Boyd.

"However, sickness and injury hit the team hard leading into the semi-final and final with the team unable to play to their full potential.

"They were the youngest side in

the Under-15 competition with four team members playing hockey for the first time," said Mr Boyd.

Peninsula Hockey Club will be fielding two sides next season, an Under-15 side and an Under-17 side.

**Email, 26 Sep 2012
John Boyd, Peninsula Hockey Club
Photo: Leanne Gallagher**



Brinley Gallagher, Jake Wigham and Hayden Boyd

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Junior judo members compete in Sydney

Woy Woy Judo junior club members competed in two competitions last month which saw them collect a number of gold, silver and bronze medals.

Ranging from eight to 12-years-old, competitors travelled to Blacktown PCYC and Castle Hill showground to contest the competitions.

Finley Mertens experienced his first taste of competition at the Castle Hill venue in the Novice section.

Finley, weighed in the Under-42kg, took one and a half minutes to conquer his first opponent with a Seo-i-Nage (shoulder throw).

In his second bout, he attacked his opponent with an Ouchi-Gari (inner leg reap).

Nicholas Smith had no opponents in his weight division but said he was happy to go up into two other groups in order to compete.

After battling the higher grades, Nicholas received two silver trophies.

Sean Keogh, Steven Lill and Stirling Young had their work cut out for them in the graded divisions.

Sean was 600 grams over his usual weight of 34kg, which put him at the bottom end of the Under-38kg.

He took all his fights to full time but was held down by his heavier weighted opponents.

Stirling and Steven had four bouts each with Stirling winning three of his four to take the silver trophy and Steven the bronze.

Senior competitors entered the Kyu Grades Competition held at Sydney Olympic Park.

Kyu grades are all grades below black that compete in divisions of orange v green and blue v brown with weights determined on the day.

Julian Della Bosca competed in the orange [fourth Kyu] v green [third Kyu] division Under-100kg.

This was Julian's second competition as an orange belt as a month earlier he attained the bronze medal, also in the Kyu Grades.

He had two bouts, the first against a green belt that was finished by Julian in the first two minutes when he executed a hold down (Kesa-Gatame) that pinned his opponent firmly to the ground.

Julian's second bout was against another orange belt which saw him attack (Ko-Soto-Gake) moving forward, half stepping past his opponent and hooking his right leg, throwing him to the mat for 10 points.

Team mate Paul Sheean, a green belt in the Under-66kg, fought two bouts against orange belts from Sydney University.

Paul wasted no time in finishing off his opponents both with Ippon (10 point throws).

Having both won their individual weight categories Sensei Danny suggested Paul and Julian enter into the other divisions on offer.

Julian accepted the challenge of an Open Division (no weights or grade limitation) and was drawn to fight against two green belts, one blue and a brown belt.

Julian defeated both the green and blue belts with throws and hold downs but was defeated in the gold medal bout by Sydney University Brown belt Andrew Roberts.

Paul entered the Masters division (Over-30) and won both bouts.

Inter State competition was held in Geelong, Victoria, with club member Daniel Simmons (Sho Dan) entering in the Southern Cross Open, Under-73kg division.

Daniel went through his first two fights with easy wins by initiating a hold down in the first and winning the second after gaining points by rocking his opponent off balance with foot sweeps followed closely with a minor throw to accumulate a points win.

His next two fights for medal contention brought him up against his Victorian opponents from the Australian National Titles in June.

Daniel went to full time on both bouts but was surpassed by a half point on the bell.

Daniel won the bronze medal in this instance but said he was happy with his judo.

Daniel has represented Australia on several occasions in the last 12 months along



Winners of the Under-73kg division Ben Donegan [Vic] Jake Bensted [Vic] Daniel Simmons [NSW] Regan Peart [Vic] presented by Olympian Mark Anthony



Junior Competitors at Monsters Competition Castle Hill Show ground

with coach Mike Griffiths in Wales at the Commonwealth Championships.

Mike won the silver medal in the Masters and will attend the World Masters in Miami Florida in November.

Daniel's next competition, the World Cup, is in Samoa this November and, all going well, the Tokyo Grand Slam in December.

Email, 18 Sep 2012
Lindy Simmons, Woy Woy Judo

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Malibu results

The Ocean Beach Malibu Club held last month's contest at Umina Beach on Sunday, September 9, which saw a solid swell for competitors.

Waves increased in size with the incoming tide throughout the morning which made it difficult for competitors to paddle back out.

Hayden Emery took out the honours of the day and won both

of his heats while in the firsts, Paul Brandham earned second place from Kai Ellice-Flint, Garry Halliday and Craig Coulton.

Tom Payne won against some experienced surfers and took out the second heat while a guest appearance from the Umina Grubs co-ordinator Glen Alston saw him win the third heat.

Hayden Wellington, 14, charged the big waves to win the fourth heat and John Payne won the fifth heat.

The next Ocean Beach Malibu Club contest is scheduled for Sunday, October 14, at Umina Beach.

Round One: Heat 1: Hayden Emery, Tom Payne, Richie McClelland, Cyndi Zoranovic, Matt Kirby, Tony Irwin.

Heat 2: Paul Brandham, Bryce Williams, Chris Irwin, Angela Goodwin, Mark Shaw, John Payne.

Heat 3: Kai Ellice-Flint, Mark Williams, Glen Alston, Rob McCaughan, Liz Ambler.

Heat 4: Garry Halliday, Darrell Young, Peter Wellington, Lachlan Mackay, Kevin Dewar, Craig Palmer.

Heat 5: Craig Coulton, Daniel Ambler, Daniel Summers, Daryl Anderson, Hayden Wellington, Angus O'Malley.

Round Two: Heat 1: Hayden Emery, Paul Brandham, Kai Ellice-Flint, Garry Halliday, Craig Coulton.

Heat 2: Tom Payne, Bryce Williams, Daniel Ambler, Darrell Young.

Heat 3: Glen Alston, Chris Irwin, Richie McClelland, Peter Wellington, Daniel Summers, Rob McCaughan.

Heat 4: Hayden Wellington, Angela Goodwin, Daryl Anderson, Lachlan Mackay, Cyndi Zoranovic, Liz Ambler.

Heat 5: John Payne, Matt Kirby, Angus O'Malley, Tony Irwin, Craig Palmer.

Email, Sep 2012
Craig Coulton, Ocean Beach Malibu Club
Photo: Tony Gilbert

TIDE CHART		
(Fort Denison)		
LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000		
Times and Heights(m) of high and low waters		
Time - Height(m)	Time - Height(m)	Time - Height(m)
TUE - 02	WED - 03	THU - 04
0256 0.36	0327 0.41	0359 0.47
0915 1.61	0949 1.60	1025 1.58
1533 0.36	1612 0.39	1652 0.44
2134 1.39	2212 1.32	2250 1.25
FRI - 05	SAT - 06	SUN - 07
0433 0.52	0514 0.58	0024 1.14
1102 1.54	1145 1.48	0601 0.64
1736 0.49	1827 0.54	1236 1.43
2333 1.19		1926 0.57
MON - 08	TUE - 09	WED - 10
0125 1.10	0235 1.10	0344 1.16
0701 0.68	0812 0.69	0923 0.66
1335 1.39	1442 1.39	1547 1.42
2032 0.57	2135 0.53	2229 0.47
THU - 11	FRI - 12	SAT - 13
0440 1.25	0527 1.36	0609 1.49
1027 0.58	1121 0.48	1212 0.37
1644 1.48	1733 1.55	1820 1.60
2315 0.39	2356 0.31	
SUN - 14	MON - 15	TUE - 16
0035 0.24	0115 0.20	0158 0.19
0651 1.62	0733 1.74	0818 1.83
1300 0.27	1350 0.18	1441 0.13
1907 1.63	1955 1.63	2045 1.59
APPROX. TIME LAG AFTER FORT DENISON		
Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min		
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation. Actual times of High and Low Water may occur before or after the times indicated		



Pot of Gold tournament

Ettalong Bowling Club held its annual Pot of Gold Tournament on August 20 and 21.

Forty teams played for the money on offer with the winners being Lesley Aarsen and her team

from Avoca.

Second place went to Pat Thornton's team from The Entrance, third was Tracey Ward (Ettalong-Everglades composite team) and fourth was Lorraine Hodder's team from Umina.

The major raffle, which was a TV

with built in DVD player was won by Vickie Needs from Ettalong.

The club's next event will be the Rainbow Carnival September 24 to 25.

Email, 3 Sep 2012
Suzanne Foster, Ettalong Memorial Women's Bowling Club

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Sherriff plays with Jackaroos

Ettalong Bowling Club's Aron Sherriff was part of the Australian Jackaroos lawn bowls team that won the overall trophy at the Trans-Tasman held in Adelaide from Tuesday, September 18, to Thursday, September 20.

The 34th edition of the annual encounter went right down to the wire,

with the Jackaroos and Black Jack contingents locked at two tests a piece going into the final day's play.

A victory to Australia's world number two Leif Selby in the blue-ribbon singles and a draw in men's fours, of which Sherriff played, all but assured the home team of the title.

Media Release, 24 Sep 2012
Andrew Holmes, Bowls Australia



Booths Motor Group representative Mr David Booth, President Barbara Champion, and Bendigo Bank director Mr Paul Thomas

College students have been active

Brisbane Water Secondary College Umina Campus representative teams have been active on the sporting fields lately.

The Under-16 rugby union girls are the NSW Country Rugby Union Champions following a 30-0 semi-final win and 25-10 grand final victory.

The Under-16 boys also played in the NSW Country Rugby Union Champions and finished at the top of their pool and qualified for the final.

The grand final game was close but the boys managed a win.

The girls' Under-14 rugby league team travelled to Macquarie University as Central coast Champions to participate in the annual State Championships.

The girls finished fifth overall and met NRL stars Nathan Hindmarsh

and Luke Burt.

In the Central Coast Oztag Championships, Year 7 and 8 girls won their quarter final 5-0 and their semi-final 3-1.

They played against a strong team from McKillop in the grand final and went down 4-1.

The year 7 and 8 Oztag boys had two teams on the day and finished at the top of their pool but went down 4-3 in the quarter finals.

The Year 7 and 8 Sydney North Netball Gala day was held at Adcock Park which saw the girls go through undefeated in the pool rounds before being eliminated in a close semi-final battle.

The girls finished fourth out of the 24 teams that competed on the day.

Newsletter, 25 Sep 2012
Frank Gasper, BWSC Umina

Bowling club holds carnival

Woy Woy Women's Bowling Club held its annual Waterview Carnival on Wednesday, September 12, and Thursday, September 13.

The winners of the carnival were Beverley Harvey, Fay Loftus, Lyn Morton and Elaine Vincent (skip), followed by Sharyn Teasdale,

Janice Jones, Patricia Walsh and Jeannine Vigar (skip) in second place and Kay Welsh, Ruby Leon, Gwen Hewson and Audrey Tucker (skip) in third place.

A prize pool of \$1200 was divided between the three winning teams, all of which were from Everglades Country Club.

Two games of 15 ends were played each day by players from clubs across the district.

A variety of activities were also held including a tombola run and money tree.

Email, 14 Sep 2012
Miriam Cotton, Woy Woy Women's Bowling Club



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\$9.99 each

Bioflan Super Foods Chia Seeds 250g[†]



\$12.99 each

Bioflan Super Foods Acai Powder 50g[†]

315 West St

Umina Beach

Ph: 4341 1488

YOU SAVE

CHEMIST

be rewarded!

JOIN TODAY

Monday to Friday - 8.30am - 5.30pm

Saturday - 8.30am - 12.30pm

Sunday - 9.00am to 12.30pm



the right price + professional advice + rewards card + yousave CHEMIST