

Ettalong Point recedes seven metres

The beach at Ettalong Point has receded by up to seven metres in the last two years, according to information provided by Gosford Council.

Council's natural open space coordinator Mr Larry Melican claimed last week that this information was unlikely to be useful for the long-term management of the beach.

However, he did concede that Ocean Beach was "much slower" to replenish than "open coastal beaches" because of its position and orientation.

The beach erosion information was collected as part of a study to update the Broken Bay and Open Coast Beaches Coastal Management Plans which will be amalgamated into one plan for all beaches in the Gosford local government area.

Mr Melican said: "While it is interesting to collect this information ... it essentially provides a snapshot of [just part of] a much longer-term beach erosion-accretion cycle."

While listing a range of influences, including swells, storms and the "southern oscillation" cycle, he avoided the mention of "climate change", which is expected to result in more frequent and intense storms and a rise in sea level.

The State Government contributed \$150,000 to the study in 2009 amid concerns about the impact of climate change on local beaches.

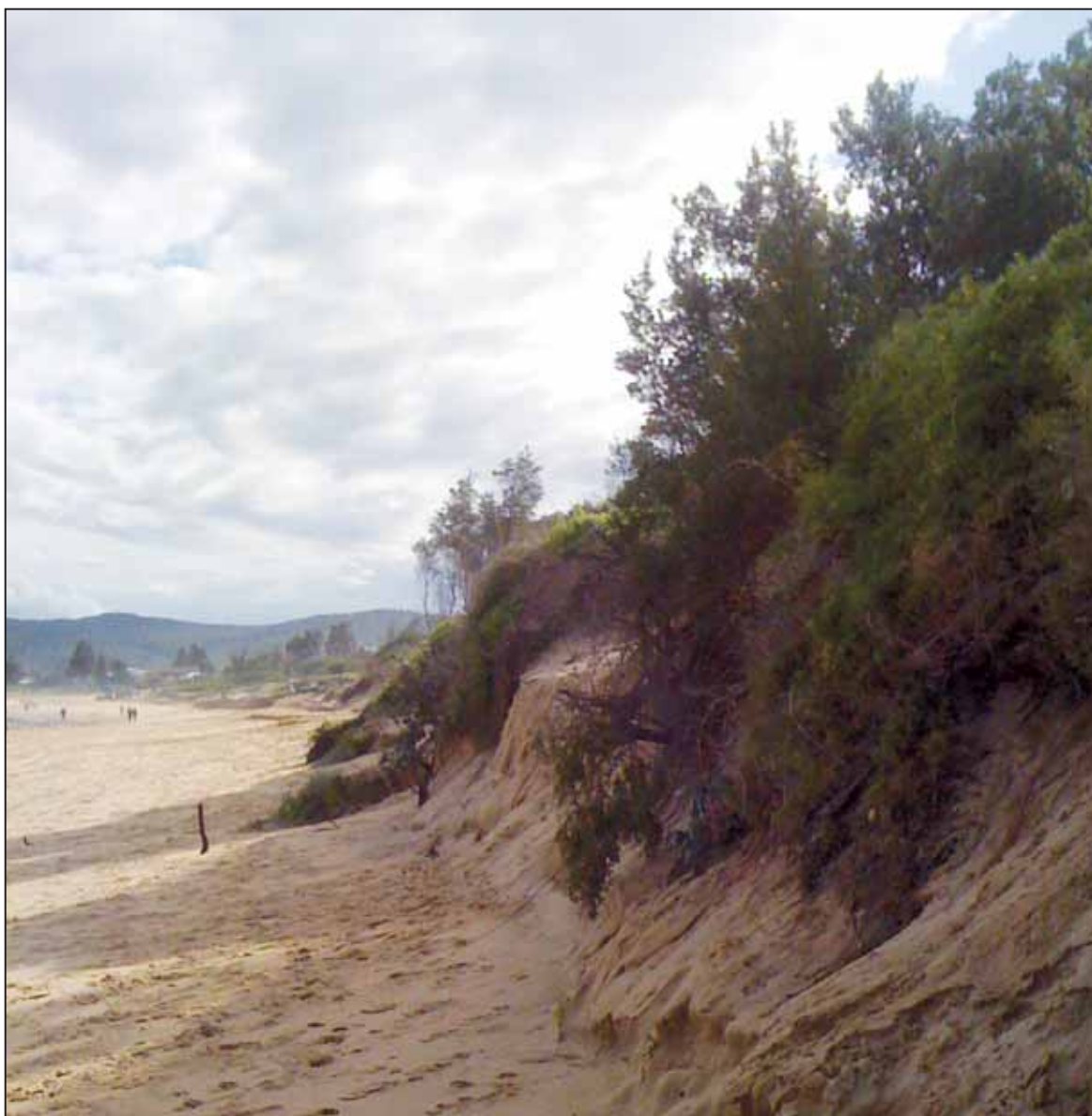
"Delays [in the preparation of coastal management plans] are no longer an option when storms are becoming more destructive and the CSIRO tells us sea levels will rise by up to 40cm by 2050," the then Minister for Climate Change and the Environment Mr John Robertson said at the time.

Mr Melican told Peninsula News last week: "Sandy beaches are dynamic sedimentary systems that naturally experience phases of erosion and accretion that operate over a range of time intervals."

"All of the Central Coast beaches have been very dynamic over the past two years with a number of significant erosion events observed across most beaches."

"This has been most pronounced on Wamberal and Ocean Beaches."

"Ocean Beach is exposed to a long southerly fetch and as such is subject to infrequent, but very



Erosion on Ocean Beach

high energy south swells which originate in the southern ocean and can cause significant erosion

as can be observed at Ettalong Point.

"Unlike the open coastal

beaches, Ocean Beach is less exposed to more frequent average swell waves from the east and

north east which deliver sediment back to the shoreline and as such the recovery of this beach from an erosion event is much slower than on the open coast.

"It should be noted that it can take several years for a beach to return to its pre-storm condition after one major storm or several smaller storms in quick succession."

"Longer erosional phases are linked to climatic cycles such as the Southern Oscillation."

"For example, erosional phases are correlated with La Nina events (as experienced over eastern Australia for the past two years), which are years when there is a higher frequency of storms along the east coast of Australia."

"Alternatively, phases of positive sediment budget, when there is a lower frequency of coastal storms, are linked to the El Nino events."

"Fluctuations in beach morphology, from erosional to accretional forms, also operate over longer time intervals because the frequency of El Nino and La Nina events fluctuates over decadal periods."

"Long term trends in beach morphology are also related to changes in sea level, which can induce phases of erosion (rising sea level) and accretion (falling sea level)," he said.

Mr Melican said the management plans were expected to provide holistic and long-term guidance to the management of the coast line.

In the meantime, the council would continue to work towards establishing and improving dune vegetation along Ocean and Umina Beaches, he said.

He said the erosion at Ettalong Point, Ocean Beach, had been monitored closely since June 2009 with three monitoring points established within the dune system.

An initial measurement was taken from each point to the active erosion scarp and subsequent measurements were taken fortnightly for the first three months and biannually thereafter.

"This monitoring provides an indication of the amount of dune being eroded across the beach," said Mr Melican.

"To date the dune has receded up to seven metres in some locations."

**Media Statement, 13 Apr 2012
Larry Melican, Gosford Council
Photos: Mark Ellis**

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

Editor: Mark Snell

Commercial operator:

Cec Bucello for Ducks Crossing Publications

Journalist: Kaitlin Watts, Samantha Parker

Graphic design: Justin Stanley

Photographer: Naomi Bridges - **Sales:** Val Bridge
Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd
Convenor, Burrawang Bushland Reserve Committee
President, Australian Conservation Foundation Central Coast branch
Chairman, Equilibrium Community Ecology Inc
Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 291

Deadline: **May 10** Publication date: **May 14**

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.
Material for publication may be left at LJ Hooker in Woy Woy, Peninsular Office Supplies in Umina or Ettalong IGA.

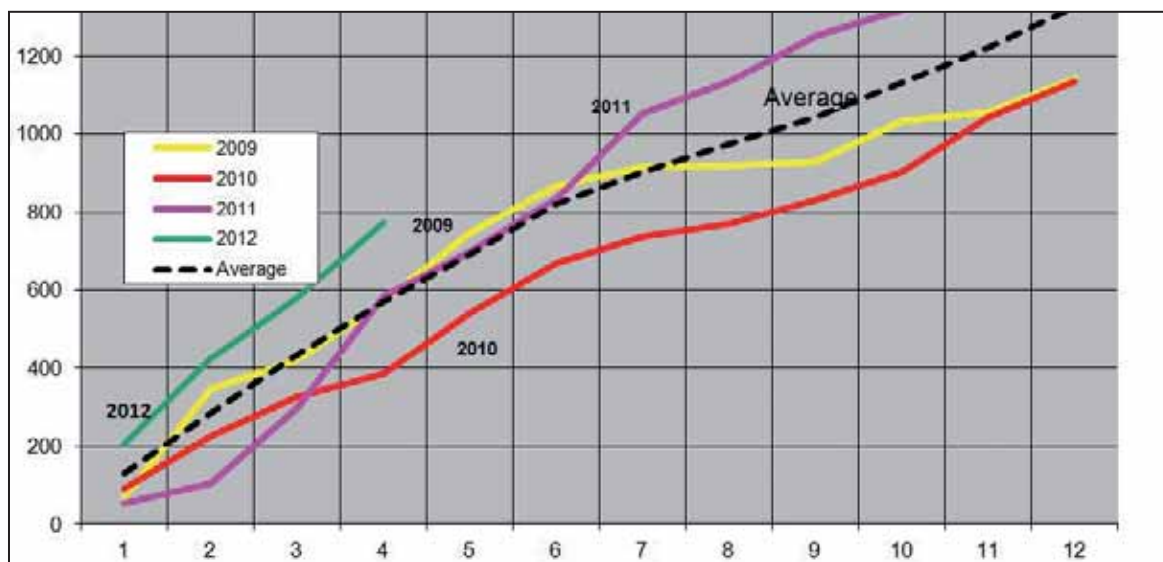
Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc
Ducks Crossing Publications is the commercial operator of Peninsula News
ISSN 1839-9029 - Print Post Approved - PP255003/09959
New Age Printing, Rydalmere

Woy Woy Community Media Assoc Inc 2012 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: _____
Address: _____
Suburb: _____
Phone: _____
Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542



Above average rain continues

Rainfall for April was about 40 per cent above average as of Friday, April 27, according to figures supplied by Mr Jim Morrison of Woy Woy.

A total of 190.3mm of rain had been recorded for the month compared to a monthly average of 137.7mm.

The year-to-date total was 771.7mm compared to the cumulative average at the end of April of 571.9mm.

This was about 35 per cent above average, the highest cumulative total at this time of year in the last seven years.

There were eight days this

month which recorded more than one millimetre rainfall, but the bulk of the rain was recorded over three days.

A total of 175.9mm was recorded between April 17 and 19, with falls of 12.9mm, 96.0mm and 67.0mm.

Spreadsheet, 27 Apr 2012
Jim Morrison, Woy Woy

Your Chance to Win

Peninsula News and Anjian are giving three readers the chance to win a set of three cat statues valued at \$41 per set.

The cat statues are made of ceramic and feature a stretched cat at a height of 160mm, a raised cat at a height of 65mm and a curled cat at a height of 55mm.

To win one of the three sets of cat statues, write your name, address and phone number on the back of an envelope and send to Peninsula News Anjian competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, May 10.

The winners of last edition's Peninsula News Frogfest competition were Michelle Candy

of Umina, Muriel Cadman of Bensville and Raquel Wyuberg Perez of Ettalong.

Kaitlin Watts, 27 Apr 2012



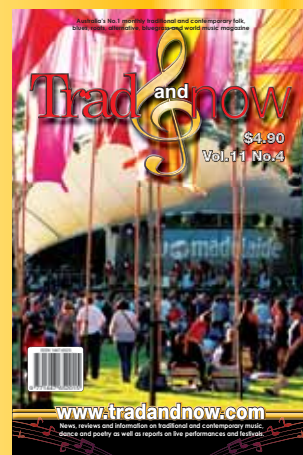
Ducks Crossing Publications

02 4325 7369

Get the most out of your advertising dollar.

Advertise in a Ducks Crossing publication for maximum exposure at a realistic price. Multiple booking and multiple publication discounts apply to all display advertisements. Enjoy the benefits of being in a well-read publication with relevant news content. Contact us now for more information or visit our website.

Office: 120c Erina Street, Gosford - Phone: 4325 7369 Fax: 4339 2307 - Mail: PO Box 1056, Gosford 2250 - E-mail: editorial@duckscrossing.org - Website: www.duckscrossing.org



www.duckscrossing.org



Rates from
less than
\$2 a day!



www.peninsulanews.info



Ettalong foreshore work to proceed

Gosford Council is finalising plans for the upgrade of the sandstone seawall and shared footpath in Ferry Park precinct on Ettalong foreshore, according to Gosford Council's open space manager Mr Phil Moore.

Construction works will commence once the required works permits have been issued.

Mr Moore said it was anticipated that permits would be issued in the near future so that works could commence in August.

He said the council would endeavour to minimise any negative impact that construction activity would have on local business and would continue to work closely with the community in the final planning and construction stages of the upgrade works.

The Peninsula Chamber of Commerce has welcomed



advice from Gosford Council that the next phase of the Ettalong Beach foreshore upgrade will start in August.

"Following a recent meeting with Gosford Council's project officer, Mr Derek Hill, the Chamber has been advised that the next stage of the Ettalong Foreshore upgrade will commence in August utilising the \$2M Federal grant money secured by Federal Member for Robertson, Deborah O'Neill at

the last election," said Chamber president Mr Matthew Wales.

"The Federal grant was a key election promise made by the Federal Member following representations by the Chamber of Commerce.

"Council has confirmed that environmental and engineering investigations are nearing completion with all the required permits from the State Government, including from Fisheries for minor reclamation

works, due to be issued shortly.

"The Federal grant of \$2M has been allocated by Council to undertake the detailed design and construction of the seawall and cycleway-footpath in Ferry Park precinct between the Lemon Grove outlet and Beach St outlet.

"The Ettalong Plan of Management identifies an area at the northern end of Ferry Park of approximately 1150m2 for reclamation and a 40m extension

of the stormwater outlet including a gross pollutant trap.

"It is these works that have taken Council some considerable time to detail and gain approval for.

"We understand that the works will take approximately six months to complete so we are obviously urging Council to commence work as soon as possible so that there is minimal disruption to the foreshore leading up to the Christmas period.

"The Chamber will continue to lobby the Council to make further funds available for other key foreshore projects including the restoration of the failing revetment walls along Lance Webb Reserve," said Mr Wales.

Media Statement, 27 Apr 2012
Phil Moore, Gosford Council
Media Release, 15 Apr 2012
Matthew Wales, Peninsula Chamber of Commerce

Two more petitions against fast food proposal

Gosford Council has acknowledged the submission of two more petitions objecting to the planning proposal for five properties on Ocean Beach Rd to establish a fast food outlet in Umina.

One petition, which had 562 signatures, was lodged with Council on January 24, was acknowledged in the quarterly petition report to Council released in Council's agenda of Tuesday, April 24.

Petitioners said they believed that the community supported the many local businesses in the area and were concerned that small

businesses would financially suffer as a consequence of the proposed McDonalds development.

They said they felt that the community would suffer by having less choice and variety of food available in the area.

They also objected to the increased traffic congestion, rubbish around the streets, health impacts and visual pollution.

Petitioners requested that Council support them in not approving the planning proposal for 430 Ocean Beach Rd, Umina.

The other petition was received by Council on February 28, and had 908 signatures.

Petitioners said they were concerned with local family

businesses closing down, more vacant shopfronts on West St, traffic and parking issues, rubbish and potential late night disturbances.

The petitioners requested that consideration be given to their concerns and said they looked forward to presenting their case when this matter came before Council.

Gosford Council staff reported that the issues raised in the petition would be included in the assessment of the proposal and that the matter would be placed before the Council for determination.

Gosford Council Agenda
COR.24, 24 Apr 2012

CASH NOW!

We lend

\$300 - \$2000

Pensioners & Unemployed OK

We try to help everyone

City Finance

Loans and Cash Solutions

4325 0444

www.cityfinance.com.au

Packaged loan & goods product. Conditions apply. ACL No. 390591.



Fresh Broccoli
\$2.99kg



Fresh Bacon Middle Rashers
\$9.99kg



Birds Eye Oven Bake Fish
\$4.99 each



Campells Soup Range
420g \$1.49 each



Kit Kat funpack chocolates
185g \$3.00 each

Specials available from Monday 30th April until Sunday 13th May



Gourmet Deli/Bakery
Specialty Meals & Salads
Prepared in Store



Big Range Convenience Store
Quick Friendly Service
Free home deliveries
Refrigerated Vehicle



FRESH fruit and Vegetables
Delivered 6 days a week



Support your favourite
charity/sport group with the
IGA Community Chest
For every \$20 Purchase
10c is Donated



Ettalong Beach

Supporting our
community since 1987

• Open 7 Days 8am till 8pm • Free home delivery • Phone orders •
• Car service • Ample parking • Save 6c per litre on petrol Conditions Apply

4341 1026

Umina – don't fix it, says Chamber

The Peninsula Chamber of Commerce has told Gosford Council consultants that the provision of a "civic focal point" for Umina should not be at the expense of car parking.

"The old adage is very true: If it ain't broke, don't fix it," said Chamber president Mr Matthew Wales.

"The success of the Umina Beach shopping precinct is due in part to the ready availability of kerb side parking in West St and the ease of access to the Bullion St car park and Oscar St carpark off Wellington St.

"The Chamber has made it clear to Council's consultants that these fundamentals must not change lest the successful balance between vehicle access and pedestrian movements is disrupted," said Mr Wales.

"Umina can be very busy at times where traffic flows through West St sometimes inch along.

"This is part of the character of Umina where everyone enjoys the activity and interaction.

"We are very fortunate that shoppers have the option to enter-exit the town through three different side streets linking West St and Wellington St each with its own overflow



West St, Umina

parking areas.

"The Bullion St car park is one of Umina's key assets and

we have concerns that the use of this area for a major civic space may come at the expense

of parking for shoppers and locals.

"Parking is the town's life

blood.

"We recognise the need for a civic focal point in the town but this must also be balanced against the fundamental need to provide easy access for the very customers that make business successful in town.

"So we are reluctant to endorse changes unless it can be firmly proven that the successful fundamentals of the town won't be compromised.

"There has been talk of one way traffic flows down West St and Wellington St which is not something that the Chamber supports.

"As a business community, we are mindful of the adverse effects that one way flows and street closures have had on other town centres and we need to learn from those mistakes.

"We have all seen the negative impacts that the restricted traffic movements in Blackwall Rd in Woy Woy have had and the race track affect of the one way movements in the Terrigal CBD.

"West St is doing just fine and the Chamber wants that to continue.

"The business community is happy to engage with the Council but full and transparent debate is essential so that the best outcome for the Umina Beach town centre is ensured", said Mr Wales.

"It was clearly apparent from the initial community consultation round in March that parking and traffic flow were key issues for the business community," he said.

Media Release, 15 Apr 2012
Matthew Wales, Peninsula Chamber of Commerce
Photo: Naomi Bridges

BOURKE ROAD GENERAL STORE

Lotto

\$20 MILLION Superdraw

SAT MAY 12

nswlotteries.com.au

Open from 6.30am to 7pm

Find us on Facebook

174 Bourke Road Umina NSW 2257 Phone/fax: 02 4341 7149

BRENDAN SCOTT CONSTRUCTIONS

www.brendanscottconstructions.com

Before After

Free Quotes!

Building and Carpentry

RENOVATIONS

GRANNY FLATS

EXTENSIONS

BATHROOMS

DECKS & PERGOLAS

0428 426 244

All Areas

Lic. 237848C

Seaspray

VALUATIONS & FINE JEWELLERY

Shop 2 / 263 Oceanview Road **Etahalong** (next to Bendigo Bank) 4341 2223 www.seasprayjewellery.com.au

The Number 1 Independent Jewellery Manufacturer on the Peninsular
Premium Stockist of Eternity Finely Cut Diamonds & Eternity Hearts and Arrows Diamonds
Repairs, Remodelling, and Antique Jewellery Restoration

REMEMBER MUM THIS MOTHER'S DAY

WE BUY GOLD! CASH PAID

Registered National Council Jewellery Valuer

Peninsula denied its own councillors

The Peninsula will not get the opportunity to elect its own councillors after Gosford Council decided not to consider adopting the ward system.

Gosford Council has resolved not to hold a referendum with the council elections in September which would give ratepayers the opportunity to vote for electing councillors to represent their own area.

A number of advantages and disadvantages of the ward system were listed in a staff report to Council's meeting of Tuesday, April 10.

According to the report, a

ward system would offer equal and local representation, would provide a greater opportunity for the representative to become more specialised in his or her knowledge of the area and would allow ratepayers to have greater communication with their local councillor.

Among the disadvantages outlined in Council's report were that that ward boundaries needed to be reviewed each term, the

system offered the opportunity of claims of gerrymander, could potentially cause parochialism in the allocation of funds by Council and councillors may not positively approach decisions that affected land or localities remote from their ward.

Throughout their discussion councillors mentioned the actions of a previous councillor, assumed to be Lynne Bockholt, who was an active and vocal advocate for the

Peninsula.

Prior to the 1977 council elections, the Gosford Local Government area was divided into three wards containing three councillors in each ward.

Wards were abolished for the 1977 election and the number of councillors increased from nine to 10.

At the June 1994 by-election, a referendum asked: "Do you approve of the Gosford City

Council area being divided into four wards?

The results were 32,129 yes and 35,865 no.

In 1995, Council held a referendum seeking approval to divide the area into electoral wards.

The results were 33,229 yes and 43,258 no.

**Gosford Council Agenda
SF.6, 10 Apr 2012**

Petition about drainage

Gosford Council has received a petition with six signatures from residents of Bowden Rd, Woy Woy about the failure of drainage in their road.

The petition stated the failure of the existing storm water drainage in Bowden Rd from Burge Rd to the foreshore had resulted in flooding of their properties.

The petitioners stated that on January 5 rain water cascading down Bowden Rd overshot the drain and went down the driveway and the path which resulted in water within one inch from the top doorstep at the front entrance of villa units in the street.

Petitioners have also submitted a proposed drainage plan with existing drainage photos.

The petition requested that Council urgently review and remedy the failure of the existing storm water drainage.

The request has been forwarded to the council's engineering investigation unit and petitioners have been told they will be advised of the outcome of the investigations.

**Gosford Council Agenda
P.21, COR.24, 24 Apr 2012**



**Animal Welfare
League - Central
Coast Branch**

AWL is a registered animal welfare charity offering subsidised desexing to assist eligible members of our community needing help with the costs of desexing their pets.

Some of the benefits of desexing your pet are:

- Prevent unwanted litters.
- Reduced risk of cancer of the reproductive organs.
- Cheaper Council life-time registration.
- Less likely to wonder or roam.

Call Helen 4342 2047 for details
Thrift Shop Enquiries: 4344 6650

The Gillard Labor Government

GIVING PENSIONERS A HELPING HAND

The Gillard Labor Government has delivered an increase to the pension – the sixth pension increase since September 2009.

More than 27,900 Central Coast pensioners have received a boost to their payments to help them keep up with living costs.

Since 2009, the maximum pension rate has increased by \$154 a fortnight for singles and \$156 a fortnight for couples combined.

We are doing this because we know pensioners on the Coast have the least room to move in their budgets. It's why we acted to increase the pension and reform the system, and it's why we are boosting the pension again from May.



More Money in Your Pocket

- ✓ Singles on the maximum pension rate will receive an **increase in their pension of \$6.70 a fortnight**. Couples will receive an **increase in their pension of \$10.00 a fortnight** combined.
- ✓ The new maximum rate including the base rate and pension supplement, are:
 - **\$755.50 a fortnight for singles, and**
 - **\$1,139.00 a fortnight for couples combined.**
- ✓ From May, Labor will deliver another pension boost. We'll give single pensioners about **\$338 extra per year**, and couple pensioners about **\$510 extra per year** combined.
- ✓ Since our reforms in September 2009, Labor has delivered increases to the maximum pension of about \$154 a fortnight for singles and about \$156 a fortnight for couples combined.



For more information please contact my office on **02 4322 1922**

Deborah O'Neill MP

Member for Robertson

Phone: 02 4322 1922 Fax: 02 4322 2066

Email: Deborah.O'Neill.MP@aph.gov.au Address: 91 Mann Street, Gosford 2250

Authorised by Deborah O'Neill, 91 Mann Street, Gosford 2250



Residents call for Murray St upgrade

A petition with 105 signatures has been lodged with Gosford Council by residents of Murray St, Booker Bay, requesting that Council raise the priority for an upgrade for the street.

It follows a similar petition with 33 signatures submitted earlier this year.

Petitioners stated that unsatisfactory drainage was the main trigger which had resulted in an unsafe street for vehicles, pedestrians and the general public.

They called for a reduction in rates due to a charge being made for "non-existent drainage" as part of the rates.

They said they believed that Gosford Council had a duty of care and were concerned that they had contributed as ratepayers but had not seen any improvements in Murray St for over 30 years.

In addition, petitioners estimated some \$76,000 had been collected by Council from developers in Murray St.

Petitioners' issues included parking due to the ferry, Ettalong



Murray St, Booker Bay

market's overspill and Catholic Housie spaces being lost, passing vehicles, no walking space except on the road, and potholes during

wet weather which restricted traffic.

Council staff reported they had investigated the state of Murray

St, Booker Bay, and stated that the kerb and was considered to be a low priority for funding.

They said, however, the work

would be listed for consideration for funding in future capital works programs.

The response was a result of a petition to Council lodged on January 24, with 33 signatures.

The petition was signed by residents of Murray St concerned with the condition of their street from Eastern St to Ocean View Rd-Booker Bay Rd.

Petitioners claimed that following heavy rain the section of road was unable to drain adequately and became waterlogged and dangerous for vehicles and pedestrians, long after rain had ceased.

Petitioners said they believed that with the high volume of vehicle and pedestrian traffic and significant development along this section, Murray St should have continuous kerb and guttering and bitumen sealing from kerb to kerb.

They requested that this road be included in next year's budget so that it could be upgraded and major improvements could commence as soon as possible.

Gosford Council Agenda P.17, COR 24, 24 Apr 2012
Photo:Naomi Bridges

Marine Rescue responds

The Marine Rescue radio base at Point Clare responded to a radio call for assistance from four men on a 7.5m motor cruiser off Bungan Heads on Sunday, April 22.

The men indicated they had a fuel problem at about 1pm and

needed help to get back to the boat's mooring at Ettalong.

The duty radio operator assigned the task to Marine Rescue vessel Centaco 20, and its volunteer crew, Norm Smith (skipper) and Ken Sharp and Peter Ashworth (crew).

After a prolonged search, the vessel was located and towed back to Ettalong.

The rescue boat was at sea for over three hours.

Media Release, 22 Apr 2012
Ron Cole, Marine Rescue Central Coast

Bay speed limit increases

The speed limit in Hardys Bay has increased from four knots to eight knots.

The Hardys Bay Residents Group has issued a warning to people who use dinghies, kayaks and paddleboards in the bay to use caution.

Hardys Bay has been marked with an eight knot No Wash zone on maritime charts which replaced the previous four knot sign, which for many years was attached to the starboard marker when entering the bay.

The switch had led to speeding through the Hardys Bay moorings and the bay in general, according to the group's newsletter editor Mr Adrian Williams.

A number of vessels on the bay were also reported to have broken their moorings and Maritime Services has reminded owners that it was their responsibility to maintain their moorings in a serviceable manner.

Newsletter, 16 Apr 2012
Adrian Williams, Bay News

20% OFF ALL LEATHER LIFT CHAIRS - Starting from \$999



homemakers

Homemakers Furniture Store: Shop 7, Supa Centa, Bryant Drive, Tuggerah NSW 2259 Tel: 4353 4144 Fx: 4353 6144

LAZBOY
GALLERY

BRIAN HILTON
MOTOR GROUP

THE BIG LOCAL

Woy Woy Service Department

Servicing the Coast for over 40 years

Choose 1 of 3 amazing offers

• Double Seniors Discount!

or

• A Free Rego inspection

or

• Receive an additional 30 Drivers Club points

...when you have your vehicle serviced



Opening hours

Mon-Fri 7:30am - 5:30pm
Sat 8:00am - 12:00pm

1 Charlton Street

Woy Woy, NSW 2256
Phone: (02) 4344 1455

All offers are to be used in conjunction with a service only at Brian Hilton Woy Woy Service Centre
One offer per service only, expiration 1st February 2013

Silverhall - Cashflow Positive + Capital Growth Opportunities



FREE INFORMATION EVENING

An exclusive opportunity to secure a positive cashflow investment with capital growth

Price	From \$295,000 - \$525,000	Type	Apartments, Townhouses and House & Land
Cashflow	Positive cashflow \$50 - \$120 per week	Government Incentives	Up to \$117,000 for certain properties - NRAS, HAF, FHO, BB...
Location	NSW + North Qld		



In 60 minutes, you will learn:

- Learn about NRAS
- Detailed knowledge of the identified regions
- Research to support forecast capital growth for the regions
- Detailed information on the properties, floor plans and finishes
- Comparable sales of property in these areas
- Rental appraisals
- Generous government incentives up to \$117,000

CENTRAL COAST

Central Coast Leagues
20 Dane Drive
Gosford

TUES 8 MAY

7PM

Register Now

Call **1300 66 77 24**
Online **www.silverhall.com.au**

Check website for future seminars in your local area.





Family fun night farewells coordinator

A family fun night was held at the Umina Uniting Church on Friday, March 30. Children and Family Ministry coordinator Ms Teresa Read led worship for the last time. Ms Read joined the church in August 2009 and brought with her over 15 years of experience in similar roles in other churches. Taking an active role in the children's programs, she helped

the church to review what it was doing and to consider how it could be improved. Ms Read also taught scripture at Ettalong Public School to students in a number of different years. She said part of her philosophy for leadership in ministry was to empower the people she worked with to "own" the ministry programs they were involved with. Uniting Church minister

Reverend Mark Watt said: "Though Teresa moves to a new role, one outside of the church, she will continue to be an active member of Ku-ring-gai Presbytery and a trainer for the National Safe Church Program." "We wish her well and look forward to our new and exciting future," he said. Email, 23 Apr 2012 Mark Watt, Umina Uniting Church Photo: Naomi Bridges

Complaint about 'business'

A petition with four signatures has been received by Gosford Council from residents complaining about a sheet metal business operating in Ocean View Rd,

Ettalong. The petitioners said there was heavy banging and crashing going on seven days a week which was disrupting their once peaceful environment. The petition also stated that a

large shed had been erected on the site which they believed had no DA notices erected and no notification was given to residents. Gosford Council Agenda P.20, 24 Apr 2012

Opposition to bus location

Gosford Council has received a petition with 22 signatures from petitioners expressing their opposition to the proposed location of the bus zone in Ocean Beach Rd south of the new pedestrian crossing at Rawson Rd, Woy Woy. The petition requested the relocation of the bus zone north of Rawson Rd in front of 44 and 46 Ocean Beach Rd, leaving room for entry to the paint store. The petitioners said the initial location was a mistake and was not in the best interest for safety and traffic flow for people using Ocean Beach Rd. The petition stated that parents and staff of the pre-school at 58

Ocean Beach Rd experienced difficulties entering and leaving the premises by car and other parents drop off children after parking on Ocean Beach Rd. They said afternoon school traffic turning left at the roundabout towards Umina on Ocean Beach Rd would not be affected by a bus zone opposite an existing bus zone south of Rawson Rd and school children leaving high school would not have to use the service station as a thoroughfare to get to the bus stop. Sight lines for trucks and cars leaving 54 and 56 Ocean Beach Rd would also not be obstructed when turning right as would happen if navigating around parked buses. Gosford Council Agenda P.18, 24 Apr 2012

Innovation summit to be held at Ettalong

The Central Coast Innovation Summit will be held at Ettalong Beach Club on Wednesday, May 16, from 12:30pm until 5:30pm. The summit will host a number of keynote speakers who will present on how high speed broadband can be used to create new opportunities across the spectrum of business and enterprise and create new businesses, all of which adds to the growth of a region. The aim of the summit is to stimulate thinking on how to use

the NBN to drive a digital and knowledge economy. Keynote speakers include Central Coast Innovation Festival chairman Dr Anton Kriz, ARUP's Urban Informatics urbanist Ms Michelle Tabet, Fixed Network Technologies emerging technology manager Mr Frank Ruhl and Cisco's public sector business development manager Mr Ross Hampton. Along with the key note speakers will be a case study presented from a region that has undergone the NBN roll out to show practically what can be done. There will also be local speakers who will talk about the opportunities NBN can provide for their businesses. The event will conclude with the speakers forming a panel and question and answer style discussion with the audience. These questions and discussion outcomes will be submitted to the local NBN committee to form part of its strategy. Media Release, 27 Apr 2012 Samantha Babcock, Central Coast Innovation Project

ADVERTISEMENT

Deborah O'Neill MP

On our side

My office can assist you with queries about the following Federal Government services:

- Anniversary messages
- Centrelink
- Family support payments
- Veterans Affairs
- Medicare
- Aged pension
- Pharmaceutical Benefits Scheme
- Immigration

For help with these or any other Federal Government issue, please contact my Gosford Office on 4322 1922 or email me at Deborah.O'Neill.MP@aph.gov.au

Deborah O'Neill
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.



J&B MEATS

Crumbed Lamb Cutlets	\$21.99kg
Crumbed Chicken Schnitzel	\$8.99kg
Leg Pork Roast	\$7.99kg
A Grade Rump Steak	\$15.99kg
Chicken Wings	\$1.99kg
Chicken Breast Fillet	\$6.99kg

Sunday & Saturday open till 1pm
Monday to Friday open till 5.30pm
All meat cut to your requirements

4341 1861

Right in the middle of Umina
294 West St, Umina Beach



Access Consultants



www.arqua.com.au

Couple tackle endurance challenge

A Woy Woy couple will participate in the Wild Endurance Challenge on May 5 and 6 in the Blue Mountains to raise money for the Wilderness Society.

Sue Bradley competed in the event a few years ago in the 100km challenge but said this year she wanted to do the 50km challenge at a faster pace with her husband Matt.

"We do not often get the chance to do something together as we

have three young girls aged seven, five and three," said Mrs Bradley.

"We train separate but are looking forward to running this together.

"We both love to live life and take a few risks.

"It is what living is for.

"I love this event as it is set in the Blue Mountains, one of my favourite places and to see it this way is really inspiring.

"To complete a challenge like this is really uplifting, you truly believe in yourself that you can do

anything," she said.

Mrs Bradley has also organised a movie night to be held at Avoca Beach Picture Theatre on Tuesday, May 1, with the intent of raising the \$800 to enter in the event.

The French film *La Source de Femmes*, a poetic comedy-drama set in a village and centred on a battle of the sexes, will be screened.

Email, 26 Apr 2012
Sue Bradley, Woy Woy



Ettalong Club nominated

Skills for Life International held its second High Tea and Fashion Parade at St Huberts Island on Saturday, April 28.

Skills for Life International was formed last year to raise funds to assist children and adults in Kisii, Kenya.

The volunteers ran the event as a fundraiser towards supplying a troop carrier for the community.

"In this part of Kenya, the majority of people walk everywhere, so this vehicle will be invaluable for medical

transportation and general use by the community as a whole," said local president Mr Jon McIlveen.

Fudge's boutique at Woy Woy supplied the fashion for the parade and donated a percentage of the profits to the cause.

The first event raised over \$3500, from the entry fee, sale of plants, handmade bags from Kenya, calendars, diaries and Christmas.

Email, April 13
Jon McIlveen, Skills For Life International

High tea for Kenyan cause

Lighting petition

A petition with 119 signatures has been lodged with Gosford Council asking for lighting in the Leslie Knock Lane car parking area.

The petition from concerned residents and community groups at Umina stated that due to the lack of lighting in the Leslie Knock Lane car parking area, the lane had become a dangerous place to park and to access cars in the evening.

The petitioners said community members had been inappropriately approached, threatened and they now feared for their personal safety.

Gosford Council Agenda
P.19, 24 Apr 2012

Off-leash

Gosford Council has received a petition asking that Council maintain the existing dog off-leash areas at Umina and Ocean Beach.

The petition, with 308 signatures from residents of Umina and Ocean

Beach, was detailed in Council's agenda of Tuesday, April 24.

The petitioners also requested that no changes or additional restrictions be imposed on the dog off-leash areas.

Gosford Council Agenda
P.16, 24 Apr 2012

Ettalong Memorial Bowling Club has been nominated for both its gaming and its financial management in the 2012 ClubsNSW Awards.

It was one of five registered clubs on the Central Coast to receive a total of 18 nominations, a record for the region.

The annual competition sees NSW registered clubs compete in 21 categories, including the

prestigious club of the year award, and highlights those clubs that are leading in the industry in each category.

Ettalong Memorial Bowling Club will compete with almost 1500 clubs from across NSW for the title of best in the state.

Media Release, 18 Apr 2012
Anita Balalovski, ClubsNSW
Photo: Naomi Bridges

ROY LAMB "THE SAND MAN"

- For all your landscaping supplies
 - Soils • Mulches • Decorative Pebbles and Lots More •

Open 5 ½ Days from 6am
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"



4344 1110

Are you entitled to \$4000
worth of Government
funded dental treatment?

*You may be eligible for dental
treatment if you suffer from a
chronic illness such as cancer,
diabetes, arthritis, stroke etc.*



Woy Woy Dental Centre

Phone for more info

4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

This is a non means tested dental benefit



Tony Pettit with his guide dog Helen, Margaret Coutts, Robert Lillico, Phyllis Dutch (seated), Allan (seated) and his guide dog Sam, Lyn Lillico, and Angela Allen and her guide dog Hamish.

Stall for Guide Dogs

Central Coast Guide Dogs volunteer support group will hold a stall in Woy Woy, on Wednesday, June 6, from 9am until 2.30pm. Group president Ms Barbara

Craig said the group was always looking for new members to assist the enthusiastic efforts by the small group who regularly visited Central Coast shopping centres, including Deepwater Plaza, selling Guide Dogs merchandise and holding raffles. Guide Dogs clients attend the stalls with their guide dogs and answer questions from the local community about what it is like to live with impaired vision. Media Release, 18 Apr 2012 Lynne Lillico, Central Coast Guide Dogs volunteer support group

DENTURE CLINIC

Keith Boyd - Dental Prosthetist
No Referrals Required
For full and partial dentures, relines and repairs
PH: 4360 2755 - MOB: 0405 388 602
112 Blackwall Rd, Woy Woy (Woy Woy Osteopath Centre)

Quit smoking after seminar

A free "quit smoking" seminar will be held at the Peninsula Community Centre in Woy Woy on Wednesday, May 2, from 12pm. The seminar will be provided by psychologist Mr James McLennan and the Cancer Institute of NSW. Mr McLennan has helped hundreds of people to quit while working for seven years at St Vincent's Hospital in Sydney, according to community centre co-ordinator Ms Michelle Remy.

The seminar aims to give the facts about the habit, withdrawals and cravings, the medications available to help you quit, the effects of cutting down, the health benefits of quitting, myths and barriers. Following the seminar, those interested in quitting can choose to attend a subsequent six-week group course. With inquiries, phone 4341 9333. Email, 24 Apr 2012 Michelle Remy, Peninsula Community Centre

Why Worry, Woy Woy?
habits, anxiety, weight, health, motivation, creative fluency, Gestalt regression
hypnotherapy
Call Liz Macnamara
4341 0464
hypnosis helps let hypnosis help you

Let's get creative!.....

OPEN CALL
Acrylic, Oils, Digital Media, Illustration, Mixed Media, Sculpture, Photography, Watercolour, Poetry, Video/Film, Designers, Crafts People.... the list is only limited by your imagination because if you're game so are we!
Artists at any age or career stage welcome.
We want YOU to be part of the Art Takes project so.....register at arttakesgosford@bigpond.com and we'll send you further information.

WANTED.....
Spare wool or yarn you may have to be used for an exciting ART PROJECT we are working on in GOSFORD CITY.....
PLEASE DROP THEM OFF TO
THE BOWERBIRD PROJECT,
109a DONNISON STREET, GOSFORD
OR PHONE LEANNE ON 0423 262 979.

createinnovate
GOSFORD CITY PROJECT

gbid
Growing Gosford City

Supported by
Gosford City Council

See what's happening in Gosford City visit www.gosfordcity.com.au
tel: 4322 7726 • fax: 4322 9787 • e: info@gosfordcity.com.au
Sponsored by Peninsula News

Peninsula VILLAGE

THANK YOU TO ALL STAFF

From The Honorary Board Members
at Peninsula Village, Umina

FOR STAFFS' HARD WORK AND DEDICATION

Peninsula Village has recently undergone their full site audit for the purposes of attaining three years Accreditation for the services and care they provide. The Assessors have recommended all 44 areas assessed as compliant with the Aged Care Act. The following areas received special mention by the Assessors:

- Happy and caring staff
- Excellent staff training and education
- Very positive comments from Residents about care provided
- Fantastic initiatives i.e. Wellness Centre, Mosaic Programme
- Wonderful Pastoral Care Service
- Impressive Lifestyle, Events and Activities

Sponsored by Peninsula Community Access News

"Thank you to all staff at Peninsula Village in achieving a successful accreditation"

S Neaves (CEO)

Peninsula Village Limited - "Together we care"

Peninsula Village passes audit

A retirement village in Umina has received a successful compliance assessment in its standard three-yearly site audit undertaken by the Department of Health and Ageing this month.

Peninsula Village was assessed against standards detailed in the Quality of Care Principles 1997, which cover management systems, staffing and organisational development, health and personal care, resident lifestyle, physical environment and safe systems.

Each standard consists of a principle and a number of expected outcomes.

There are 44 expected outcomes across the standards and homes must comply with all 44 expected outcomes at all times.

The accreditors, during their closing meeting, said they were "very impressed and happy about the

caring and friendly staff" at Peninsula Village.

They also mentioned they received positive feedback from residents and representatives about care provided in the village and were impressed with the education of staff and the revised emergency plan.

Comment was made that there were so many continuous improvement projects to choose from that it was overwhelming to choose just two and that the Wellness Centre and Pastoral Carer were wonderful initiatives.

Peninsula Village is a not for profit organisation that provides care and support to over 450 residents.

The Village provides both low and high care services, with self-care units also a part of the Umina premises.

Media Release, 27 Apr 2012
Linda Grant, Peninsula Village



New yoga studio opens

A new yoga studio in Umina opened on Monday, April 23, with a welcome ceremony and family yoga class.

Umina Beach Yoga classes are held at the Umina Surf Club and were founded by two local yoga teachers, Carolyn Glover and Helen Macnair.

The pair said their aim was to offer the community affordable, convenient yoga classes in a beautiful, peaceful space.

They said they were busy local mothers with young children who understood the importance of taking time out for relaxation and rejuvenation.

"The studio offers a sanctuary, with beautiful views of the ocean, fresh sea air and the sound of the waves to soothe the soul," said Ms Macnair.

Classes cater for all ages and abilities from birth to childhood, pregnancy, postnatal, therapeutic, gentle and dynamic classes.

Both Helen and Carolyn have taught on the Peninsula for a number of years and aim to be approachable, professional yoga teachers who care deeply about their community.

They said they are passionate about the benefits yoga can

bring and are keen to make this experience available to everyone.

They teach voluntarily at Umina Public School and regularly run fund raising events such as Yoga

Aid and Team Ruby, donating their time, energy and income.

Email, 19 Apr 2012
Helen Macnair, Umina Beach Yoga

Candlelight meditation

A candlelight Meditation for Busy Minds class will be run on Friday, May 4, at 6.30pm at the Empire Bay Progress Hall.

"For this special night class we meditate by candlelight so the beautiful Empire Bay Progress Hall beams like a sparkling jewel," said organiser Ms Alison Jose.

"It is so peaceful, as I like to encourage students to not only relax but to leave feeling re-charged and motivated."

Ms Jose created the Meditation for Busy Minds classes to teach people how to de-stress and greatly improve their wellbeing through meditation, and then put it into practice by using guided meditation recordings during the week.

"My meditation classes are non-religious so I can focus on the scientific evidence that once you experience stress and have your fight or flight response triggered, then the fastest way to switch on your relaxation response is through meditation, which acts as an antidote to stress," she said.

"Switching on the body's relaxation response is essential to avoiding

the detrimental effects of stress, especially prolonged stress, which can create major short and long term physiological problems.

"I think it's the most important health insurance you can get," she said.

"Not only does meditation significantly reduce the effects of stress but it also creates a greater sense of calm and peacefulness, more clarity of thought, greater self confidence and improved self esteem.

"It gives an increased sense of physical, mental and emotional wellbeing, plus it enables better sleep, and more energy and motivation," said Ms Jose.

During her weekly meditation class, Ms Jose teaches five different styles of non-religious based meditation.

Media Release, 26 Apr 2012
Alison Jose, Birghtlife.me

Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

Ph: 4343 1888

Yaringaa Building
93 McMasters Road
Woy Woy (opposite Rogers Park)

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....

ALLIED HEARING
Improve hearing improve lifestyle

- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

ACCREDITED PROVIDER OF GOVERNMENT SERVICES
* CONDITIONS APPLY

CONTACT YOUR CLOSEST OFFICE NOW

WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST
PHONE 43442566

THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD
PHONE 43346233

OCEAN BEACH RD

PHYSIOTHERAPY,
SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

- Back, Neck & Knee Pain • Sports & Work Injuries • Joint & Muscle Pain
- Exercise Programs • Wheelchair Access • Rehabilitation
- Massage • Home Visits • Veterans Affairs • On-site Parking

JOSHUA JUNG B.App.Sc. (Phy) MAPA • **STEVE ROW** B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066
BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE

UMINA

South Street Dental
Umina Beach

Teeth for Life
Cosmetic Smiles
Teeth Whitening
Children and Adults
Complex Reconstruction
Implants
Dentures

Mario Reznik
BDS - 1st Class Honours (Syd)
Dip, Clinical Dentistry-Oral Implants (Syd)
Dental Surgeon

52 South Street Umina Beach

4344 6699

Medicare Vouchers / Teen Vouchers welcome
Veterans' Affairs welcome
10% discount to Seniors Card Holders
HICAPS, EFTPOS and major
Credit Cards Accepted
Disabled ground floor access
with plenty of parking

Forum

Community-owned space is needed

Gosford Council must be kidding!

Selling off Umina carpark for multi-storey apartments and commercial premises, and “a number of small 20 by 20 metre courtyards”?

Umina needs every car space they presently have for the customers of the shops and business premises in West St.

Don't forget, also, that we are a holiday centre.

Of course there are off-peak times when there are empty spaces, but you could say the same about Woy Woy multi-park building.

Forced parking at Woolworths,

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for contribution conditions

Coles and Aldi would make life extremely difficult for our more elderly and infirm who want

and need to access West St businesses, and it wouldn't be long before people parking at the supermarkets would have to submit a shopping docket for parking or pay a fee.

This is social engineering at its worst.

Don't do it!

Don't close off precious, community-owned space forever.

The next bright idea will be clearing parking from West St and where will we be then?

Then there's the proposed “Civic Place” in the same car park.

Don't ask me, I have no idea what that means either.

Email, 15 Apr 2012
Fran Adams, Umina Beach

Readers have right to ask

Forum

residents?

I would also like to know how many have signed these petitions more than once, as people who feel strongly about issues will often sign every petition they see.

If you wish to tell readers about all the petitions and signatures against McDonalds then readers have a right to ask what percentage live in the affected area and who are the ones just signing because they dislike McDonalds but reside out of the area.

Email, 17 Apr 2012
Colleen Boyd, Umina

I feel compelled to comment on some of the interesting points raised by Bruce Hyland (Peninsula News, April 16) on the issue of Australian Head of State.

During the last decade of the 19th century, our present system of governance was compiled by our founding fathers (Sir Henry Parkes, Samuel Griffiths and many others) and then put to the people of the then six colonial governments for perusal and discussion and eventual ratification for inclusion into the formation of our present constitution.

Knowing that sometime in the future some sections of this constitution would be challenged or become out of date, section 128 was added in the conclusion for people (and the people only, not politicians as in most other countries) to make amendments as was agreed by the majority of the electorate in referenda.

So since federation in 1901, eight such amendments have been achieved.

So this is a system of governance that has worked and worked well.

Other suggested amendments have failed, as the people saw that they represented more power to politicians as in the case of the republic referendum in 1999.

The expression “head of state” does not appear in our constitution.

Now that this term has become common usage, we can say yes, the

Forum

current monarch is in a sense our head of state, but only has the authority to appoint or dismiss our governor general, but then only on the advice of the Australian Prime Minister.

Therefore, the queen is our titular or nominal head of state, the active head of state is the governor general, who is Australian.

In the queen's incorporation speech on 2 June 1953, her majesty stated: “I have, in sincerity, pledged myself to your service, as so many are pledged to mine.”

As monarch of the United Kingdom, sovereign of 15 other constitutional monarchies in the Commonwealth of nations and head of 38 other member states, the queen has fulfilled her commitment to her coronation vows us to in spades.

Her majesty has in fact made 16 visits to Australia during her 60-year reign and now, at the age of 86, will probably slow down a bit and send the next in line of succession (Prince Charles and also Prince William) in her stead.

There will be no kowtowing or forelock tugging by Australians in this proudly independent sovereign nation of ours.

Those antics belong to the Middle Ages.

Letter, 26 Apr 2012
Don Parkes, Woy Woy

The earth ruined in the blink of an eye

Forum

What about all the people who have lived here and those yet to come?

That a person today can simply buy a prospector's licence and then say that he owns all that ore and simply dig it up and ship it out to another country, giving him-her undue influence in our society, hardly seems to be just.

The whole process puts a tremendous strain on our society.

There is pollution causing health problems; more and more land covered in asphalt or concrete, more coastal areas affected by jetties, social problems due to fragmented

families, more extreme inequality in our society, quite apart from the fact that all that we are leaving for future generations is more and more enormous holes in the ground.

In addition, there are frightful environmental impacts, which spell doom for many of the other species which share this continent.

I therefore find it incredible that Australians can be so easily swayed by these miners, to accept that the mining tax is in any way unjust.

I believe that the original mining tax was the correct one.

Email, 19 Apr 2012
Margaret Lund, Woy Woy Bay

Anyone who watched the ABC series, Australia: The Time Traveller's Guide, cannot but have been amazed by the incredible continent on which we live.

In the first episode, we saw this land billions of years ago when the ores, which we value so much today, were laid down with no help whatsoever from the human animal.

Man didn't in fact appear until the end of the last episode, about 50,000 years ago; a mere blink of an eye in geological terms.

One wonders therefore just who does own these ores?

Is it the state?
Is it the country?

Help with wonderful job

Forum

What a wonderful job Graham Johnston of MacMasters Beach Surf Club and his group are doing to clean up Woy Woy Bay.

Thank you.

It is shocking to see the amount of rubbish that is in our beautiful

bay.

Oyster trays and even more rubbish can be seen in the mangroves from Woy Woy railway station.

Is there any way in which we locals could assist with the clean up?

Letter, 26 Apr 2012
Lesley Sheppard, Woy Woy

BEACHSIDE FURNITURE

• New and Used •

Large range of factory seconds
Fridges - Washers - Dryers
Furniture and more!
Affordable bedding

2/48 Memorial Drive Blackwall - 7 days a week
4342 2713 - 0419 413 548

COMPUTER FAIR

CHEAPEST FAIR IN TOWN

Sat 12 May 10am - 2.30pm

Gosford Showground
Showground Rd Gosford
www.computermarkets.com
0425 211 965 | Entry \$3.00
Children under 12yrs Free
EFTPOS available

NEW DEALERS
WELCOME

Your Local
Skin Cancer Centre

**Vidler Ave Skin
Cancer Centre**

7 Vidler Avenue, Woy Woy
Ph: 4341 9911

Tales from a dilly bag

Tales from a Dilly Bag will be held at the Mingaletta Aboriginal and Torres Strait Islander Corporation in Umina on Thursdays, May 24, May 31, and June 7, from 10:30am until 12pm.

Tales from a Dilly Bag is a literacy program designed to provide enhanced literacy learning for young Aboriginal children.

It aims to support the young as they learn to read and to provide enjoyable experiences with children's literature.

This program will see the elders acting as reading mentors with lots of books and activities for the children.

**Media Release, 24 Apr 2012
Megan Cain Bugeia, The Benevolent Society**

Office replacement named

Ms Tracey Forbes has been named the permanent replacement for Ms Gayenor Worboys in the office at Ettalong Public School.

Ms Forbes transferred from Erina High School and brought with her much experience and enthusiasm, according to principal Mr Colin Wallis.

"Rachel Caller has acted in this position since last year," said Mr Wallis.

"Rachel did a fantastic job and we are all indebted to her.

"Hopefully we will still see more of Rachel in our office in the near future," he said.

**Newsletter, 24 Apr 2012
Colin Wallis, Ettalong Public School**

Anzac ceremony

Ettalong Public School held an Anzac ceremony on Tuesday, April 24, to commemorate the day in Australia's history and remembers those who had died in wars of any form.

"It was a very moving ceremony and I thank Jodie Campbell for her

expert organisation once again and our fantastic student leadership team on their leadership through the assembly," said principal Mr Colin Wallis.

The school was also represented at local ceremonies on Wednesday, April 25.

**Newsletter, 24 Apr 2012
Colin Wallis, Ettalong Public School**

Medal winner returns

Woy Woy South Public School student Jack Jackson has returned from the state titles for swimming with a distinction.

Jack achieved a bronze medal in both the 50 metre freestyle and the 50 metre back stroke.

"What a performance and what a future Jack has ahead of him if he chooses to continue swimming competitively," said principal Mr Terry Greedy.

**Newsletter, 24 Apr 2012
Terry Greedy, Woy Woy South Public School**



Art and fashion boundaries tested

Students at Ettalong Public School have tested the boundaries between art and fashion at the annual Easter Hat Parade held on Thursday, April 5.

While possibly not the kind of hats you'd see at the Melbourne Cup, they each had their own unique style incorporating

colouring in, pasting and some even included real Easter Eggs in their designs, according to principal Mr Colin Wallis.

He said: "The children, with the help of their teachers, made a fantastic effort.

"They all looked great."

The Easter Bunny left footprints around the school and had its own

collection of weird and wonderful hats.

The children entertained the crowd with a rap song as well as Here Comes Peter Cottontail.

**Email, 27 Apr 2012
Rowena Newton, Ettalong Public School
Photo: Rowena Newton**

Assistant principal appointed

Mr Peter Hardy has commenced duties permanently in the position of assistant principal at Ettalong Public School.

He was selected after success in the interview process.

Mr Hardy has taught at Ettalong for several years.

Principal Mr Colin Wallis said Mr Hardy had worked well beyond the call of duty in a number of significant areas, most noticeably in sport and as acting assistant principal last term.

"Peter very well deserves this long overdue promotion," said Mr Wallis.

"We welcome Peter to our strong executive team in the sure knowledge that he will make an even more valuable contribution to the life and work of our school.

"It was an outstanding field of candidates and I thank the panel for

their deliberation and decision," said Mr Wallis.

**Newsletter, 24 Apr 2012
Colin Wallis, Ettalong Public School**

Meditation for Busy Minds

Classes every Saturday
9.45am - \$15/10 conc
Special evening class Friday
4th May 6.30pm
Empire Bay Progress Hall
Cnr Sorento & Gordon Roads
Alison: 0414 289 778
Or alison@brightlife.me
www.brightlife.me

Fudge's Boutique

Wishing all Mother's a Happy Day

Special Offer

Bring this coupon with you
Purchase 2 Black Pepper Skivvies
Normally \$49.90 for \$40

Expires 31 May 2012

Shop 10 - The Regional Arcade
7-9 The Boulevard - WOY WOY - Ph: 4341 1191

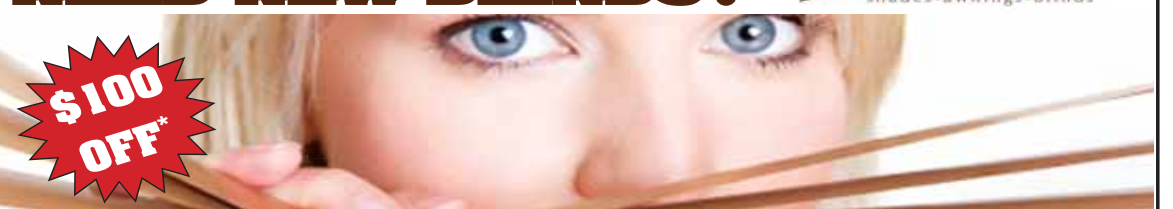
Has your electrical appliance broken down?

Before you replace it or throw it out, let us try and fix it. Save money & the Environment

JR's Appliance
Repairs and
Services
4342 3538

NEED NEW BLINDS?

PREMIER
shades-awnings-blinds



Call the local experts FIRST!

Proud local manufacturer of quality timber look venetians and verticals.
Distributor of a huge range of blinds, awnings and shutters.

Visit our showroom to view our huge range
1/305 Manns Road, West Gosford, NSW, 2250

Phone NOW for a free measure & quote on 4324 8800
expires 31/12/2011 - *For every order over \$1000, you can take \$100 off

Out and About



Enigma String Quartet

Festival held for 19th time

The Pearl Beach Music Festival will be held for the 19th year on the June long weekend.

Some of Australia's, and the world's, top artists will present a variety of choral and orchestral music at the Pearl Beach Memorial Hall, according to organisers.

Performances will be at 2.30pm and 7.30pm daily.

The Enigma String Quartet will open the festival on Saturday afternoon at 2.30pm and will perform their Outback Adventure featuring works by Mozart, Sculthorpe and Janacek.

On Saturday evening, pianist

Simon Tedeschi will collaborate with virtuoso violinist, Ian Cooper.

Flautist Jane Rutter will also return to the festival to combine with Peter Cousins, who starred in Phantom of the Opera and Les Miserables.

Website, 26 April 2012
Pearl Beach Progress Association

Monthly event starts

A new monthly community event, Awake and Unite, will commence on Sunday, May 13, alongside the Woy Woy Art Markets.

The Awake and Unite days will have a different theme each month and will feature in three different locations, the Clearing on Gnostic Corner, the Gnostic Forest School for Higher Learning and the Woy Woy Art Markets.

The inaugural Awake and Unite will have the theme of Unity Consciousness.

Participants will be able to try a 20-minute sample of a variety of healing modalities with a focus on unity in the wellbeing circle at the Clearing on Gnostic Corner.

A Presenters Nook at the Gnostic School for Higher Learning at the back of Gnostic Forest will provide participants with experiential presentations about a variety of topics all things Unity.

An activities tent at the Woy Woy Art Markets will feature body movement, music, meditation and art and craft activities for families and kids.

The Awake and Unite event was devised by Tracy Robbins of Spiritual Connections, Savitri Sampson of Earheart and Susan Gibson of Mojo Mosaics to expand on the concept of the wellbeing circle facilitated by Spiritual Connections at the Avoca Markets last year and early this year.

"We realized that working together and with other community organisations and businesses that we could do more for our community and everyone in it," said Ms Gisbon.

"In recent months the Woy Woy Art Markets have sprung up and taken root and we are happy to be supporting this new venture too.

"It gives Awake and Unite great pleasure to bring the community more of all that is good and through unity and service we can create the next level of grounded, practical and experiential work in the wellbeing and spiritual arena."

With inquiries, phone Tracey on 0410 498 373 or Susan on 0403 839 507.

Media Release, 23 Apr 2012
Susan Gibson, Mojo Mosaics



Vic Jefferies holding his trophy with other members fo the Gosford Bush Poets

Bush poet wins reciter's award

St Huberts Island resident Vic Jefferies has won the National Folk Festival's Reciter's Award over the Easter long weekend.

The award is presented for the best performance of a poem during the first three poet's breakfasts held during the National Folk festival in Canberra each year.

"The breakfasts are very popular and always draw audiences of at least two to three hundred people

each day with between 25-30 poets performing every morning," said Mr Jefferies.

"Competition for the award is strong with a great many very talented writers and reciters competing.

"The award can only be won once (by the same person) and the winner has their name inscribed upon the perpetual trophy and also becomes the judge for the following year's competition.

"This year marks the 30th

anniversary of the commencement of the award and I am extremely pleased to have been chosen as winner this year.

"My motivation to write poetry comes from a strong love of traditional Australian poetry as written by Henry Lawson, Banjo Paterson, CJ Dennis and their contemporaries and I enjoy writing poetry that I think people will enjoy reading and hearing.

"It was especially pleasing to win the award with 10 other members of the Gosford Bush Poets in attendance at the National Folk Festival this year," he said.

Email, 27 Apr 2012

Vic Jefferies, St Huberts Island

check out these fresh deals at

KFC
WOY WOY

Chicken Combo 2 pcs. Original Recipe Chicken, reg. Chips & reg. Drink \$5.95	Classic Dinner 9 pcs. Original Recipe Chicken, 9 Kentucky Nuggets, 2 lge. Chips, 4 Dinner Rolls & reg. Gravy \$24.95
---	--

No coupon required. Standard menu price. Set combinations apply. Available at KFC Woy Woy.

EXP 01.05.2012. Limit of one coupon per customer. Set combinations apply. Available at KFC Woy Woy.

KFC Woy Woy
91 Blackwall Rd 4341 4939

Under new management

By the Bay
TAKEAWAY
Sam & the team are back

Free scoop of our
freshly made chips with
every burger purchased
Taste the Difference!

7 Sorrento Road, Empire Bay
4363 1545 Open Tues to Sun 9 till 8

**50,000 HUNGRY PEOPLE
THANK GOD FOR THE SALVOS EVERY WEEK.**

WE THANK GOD FOR YOU.

 **RED SHIELD APPEAL**
THANK GOD FOR THE SALVOS

DONATE NOW
13 SALVOS (13 72 58)
salvationarmy.org.au



Woy Woy teenager dazzles judges

Woy Woy teenager Karise Eden dazzled coaches on the premiere of a new reality TV show on Sunday, April 15.

The 19-year-old sang James Brown's song It's a Man's World and had barely got through the first few bars of her song when all four judges hit their buzzer and spun around, hoping to secure her for

their team on the Channel Nine show, The Voice.

After some deliberation the soul-blues singer settled on Seal.

She said she went with her gut instinct and believed Seal would mentor her in the right direction.

The judges said they were blown away by her performance with Joel Madden claiming she was "from outer space".

"You are exactly what this show is about, unbelievable" said Joel.

Seal said he was "completely lost for words" for the first time and she was "incredible".

In the days following her performance, she was rated number 16 on Itunes and was featured at number 41 in the Aria Top 50 Singles Chart.

In an interview with 1233 ABC's

Paul Bevan, Karise said life had been "amazing" since the premiere of the show only a few weeks ago.

"A lot of people have shown their support by saying they love that I'm from Woy Woy and a Central Coast girl and they can't wait to have me back home," said Karise.

Karise has now made it into the battle rounds which will see her go

head to head with other members of her team.

After the vocal face-off, the coach must choose which of his or her singers will advance.

Website, 27 Apr 2012

The Voice

Website, 20 Apr 2012

Paul Bevan interview, ABC



Just gets better



Mothers Day Raffle

**SUNDAY 6TH MAY
OVER 40 PRIZES
TO BE WON**

Mothers Day Lunch

SUNDAY 13TH MAY

Come into the club and have lunch and go into the draw for your chance to win.

One of two hampers there is also one hamper to be given away to our most Mature Age Mum. Bookings essential.

For bookings contact reception on 4341 2618, menu can be viewed on our website
www.clubumina.com.au

FROGS ON TOAST CHICKEN & PRAWN BUFFET

SATURDAY 5TH MAY

Show starts at 8pm

Doors open 5.30pm | Dinner 6pm

Members \$35 | Non Members \$40



Melbourne Avenue, Umina Beach

Telephone: 4341 2618

Just gets better!

KEEN2TOUR



Are you Keen2Tour? We Are!
DAY TOURS

Suitable for Singles, Couples, Anyone who wants to Enjoy a day out!
We offer Professional, Reliable, Value for Money Day Tours
Door to Door Pick up/Return & Morning Tea

Part of a Group? Our Staff can Tailor a Tour for You!

MAY - Lake Macquarie Tour - Friday 18th \$35pp

Driving Tour of Lake Macquarie, visiting Belmont, Swansea, Warners Bay & Cooranbong with a few surprises along the way!

Inc. Morning Tea - Lunch Own Expense - Minimal Walking

JUNE - Newcastle Museum - Thursday 7th \$35pp

This recently re-opened facility explores Newcastle's History and has various exhibits. Lots to see and do here!

Includes Return bus and Entry - Lunch Own Expense

Ronald McDonald House - Wednesday 27th \$35pp

Hear how this wonderful facility helps families with sick children.

Guided tour of facility

Includes Entry, Morning Tea - Lunch Own Expense - Minimal Walking



MINIMUM NUMBERS REQUIRED FOR ALL TOURS

BOOK NOW! - 0466 632 088

keen2tour@bigpond.com - www.keen2tour.webs.com

Out and About



Salvos start dance and development program

A new dance and mentoring program designed to inspire young people to come together and reach their full potential is about to launch across five areas on the Central Coast including Umina.

Street Dreams is an innovative partnership between the Salvation Army and Musicians Making A Difference, and will give young people an opportunity to learn at

free weekly hip hop dance and character building classes.

Inspired to reflect the hip hop dance culture combined with an environment in which all young people can follow their dreams, the program will be an exciting new approach to engaging, inspiring and educating young people.

The classes will take place at the Salvation Army venue in Umina.

Each class begins with the chance to connect and share about

the week, and then the fun begins with music, inspiring dance and the teaching of new techniques.

Young people have the opportunity to take their new skills further and to enter dance competitions or be trained as facilitators.

After the dance session finishes, the young people engage in positive games and tackle personal and social issues in a group environment.

The classes are offered free of charge so that the program is available to all who wish to attend.

Young participants will be encouraged to join community performances, competitions and leadership programs throughout the year as part of the curriculum.

Two classes, one for primary-aged students and one for secondary school students will start from May 14.

All young people aged between eight and 21 can register as participants for the Street Dreams Dance classes by emailing info@streetdreams.info.

Media Release, 23 Apr 2012
Dominic Brook, Musicians
Making a Difference
Photo: Johnny Dexter



Sunrise Counselling Services

Amber Peterson Dip.Couns. M.A.C.A M.A.I.P.C
"It is when we feel that we become aware of our inner strenghts"

Effective Parenting and Child Development
Relationship Counselling and Conflict Resolution
Depression, Anxiety, Stress management, Anger management
Separation and Divorce, Family Dynamics & more

Mobile Counselling Available - Pensioner Discounts
Medibank Provider

Please Call Amber on (02) 4341 2179

CELEBRANT

Marriages - Commitment Ceremonies
Vow Renewals - Baby Naming - Funerals

Maureen Catherine Crawley

Celebrant for all occasions

Ph: 4344 7572 or
0418 113 799

mcmarrriagecelebrant@gmail.com
www.MaureenCatherineCrawley.com

Ducks Crossing

Phone 4325 7369

Publications

Publishers of newspapers, magazines and catalogues

presents

FROGFEST
A CELEBRATION OF PROGRESSIVE FOLK MUSIC



6 May - Kantara House

The Rhythm Hunters, BOB (featuring Ben Hauptmann),

Chaika, Dave Carr's Fabulous Contraption

1pm, \$12 presale, \$15 at the door

Bookings: www.moshtix.com.au

Frog is the amalgamation of folk and progressive (prog) styles, and FrogFest is a celebration of this genre. With beginnings in 2011 as a single event in Sydney, the festival returns in 2012 as a seven-date tour through NSW, ACT and VIC. Organiser Dave Carr explains his reasons for running a festival based on this style: "There are many great Australian bands that fit nicely into this genre - some underground, some more widely accepted.

FrogFest presents a perfect opportunity to get them together, and to let the country know about what they're creating. People need to hear this music."

Dave is himself a Frog musician and his band, Dave Carr's Fabulous Contraption, will be performing at many of the festival dates. When asked what it is that he loves so much about this music he responds: "It's so inspiring to see bands doing new things and experimenting artistically and nowhere is this more evident musically than in the prog genre.

"Then consider a style as tried and true as folk, with its inherent accessibility. "When you combine these two concepts and end up with a result that is both groundbreaking and harkens to something quite ancient, it's pretty exciting."

What is Y. I. P. A. ?

- Fabulous value packed entertainment
- 28 variety acts each night
- Celebrates 20 great years of Coast talent
- Starts Saturday 26th May
- Six different shows
- More details at www.laycockstreettheatre.com



central coast
LEAGUES CLUB
Jazzleague





Out and About



Sylvia Foster and Patricia Kull

Bridge results

Brisbane Water Bridge Club commemorated Anzac Day with its annual trophy event on Wednesday, April 25, at the Peninsula Community Centre.

The special red point event was contested by 34 club members and visitors.

The winners were Christine

Hadaway and Karen Ody with a result of 66.6 per cent closely followed by Sylvia Foster and Patricia Kull with 66.1 per cent.

In third place were Helen Ferguson and June Ball.

Media Release, 25 Apr 2012

Heather Tarrant, Brisbane

Water Bridge Club

Photo: Heather Tarrant



Gym offer \$12 weekly sliver

12 months Direct debit only

2 months hold time

Includes resort pool / hot tub

Active over 50's welcome

Friendly staff.

Assessments with Highly

Qualified instructors.

Contract Minimum one month - With 1 months cancellation notice
Conditions apply

Level 1, Mantra Ettalong Beach Resort

Ph 4341 3370 - info@jhalu.com.au

Males wanted

The Half Tides Rock Community Choir has issued an invitation to male singers to help bolster the ranks at its weekly evenings at the Church Hall on Araluen Dr, Hardys Bay.

The choir meets on Tuesday evenings from 7:30pm until 9pm.

No auditions are required to join and on the job training is provided, Women are also welcome.

With inquiries, phone Meg on 4360 2124.

**Newsletter, 16 Apr 2012
Adrian Williams, Bay News**

Songs on stage

The Songs on Stage Songwriters and Performers show is now being held at the Ettalong Beach Hotel every Saturday night from 8pm until 11pm.

The show is hosted by Darren Bennett and Kel Marshall who together make up the Black Diamond duo.

They play a wide range of well known covers as well as original songs.

Every week they are joined by special guest stars including local songwriters Kerrie Garside, Owen Platt, Ash Johnson and Matt Savelberg, plus Sydney-siders Pauly Vella, Starr Witness, Sinclair Barry, Alexis Sellies and Carolyn Woodorth.

**Email, 24 Apr 2012
Russell Neal, Songs on Stage
Songwriters and Performers**



Piazza St Pano



Cosmos Courtyard



Terrazza Isidoro



Blue Room

Weddings & Functions in a stunning resort

Ettalong Beach Tourist Resort offers 10 stunning rooms and courtyards for

Weddings

Parties

Functions or

Conferences

Private rooms seating from 20 to 200 people including the gorgeous Piazza St Pano with statues, fountains, intimate lighting, a stage and cinema screen

Talented Trevor D' Mello is available to sing and entertain at your function

**Accommodation available in our
Boutique MOTEL PARADISO**



Be unique, phone for a tour ...4341 1999

Ettalong Beach Tourist Resort

189 Ocean View Rd, Ettalong Beach, 2257

enquiries@ettalongbeachtouristresort.com.au

Directory - Not for profit Community Organisations

Animal Care

Animal Welfare League (ADS)
provides aid to sick or injured animals and subsidised assistance in the desexing of dogs.
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.
Debra 4344 4435
awlcentralcoast@virginbroadband.com.au

Art

Ettalong Beach Art & Crafts Centre ⁽²⁸⁷⁾
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society ⁽³⁰⁹⁾
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings 1.30pm
4th Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Point Clare Arts & Crafts ⁽³⁰⁹⁾
Wed - Adult Art Class
Approaches to Visual Arts, supported by History of Art, to develop your own style
Wed & Frid - Adults
Bunka Embroid, Cards, Crotchet, Cross Stitch or bring your own \$3/session
Point Clare Community Hall
10am - 12noon
4325 5007

Hospital Art Australia ⁽³⁰⁹⁾
Meet every Friday
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing
Volunteers welcome
4341 9920

Community Centres

Peninsula Community Centre ^(39/290)
Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.
Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre ⁽²⁸⁷⁾
(formerly Ettalong Senior Citizens Centre)
Mon - Fri
Cards, Computer Lessons,

Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Gosford 50+ Leisure and Learning Centre ^{(formerly Senior Citizens) (287)}
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class
4324 4749

Community Groups

AACC Computer Club Inc. ⁽³³⁾
www.aacc.asn.au
Help with all Computing problems, Program demos + Q&A sessions
• 2nd Wed night of Month Windows 7pm to 10pm
Narara Valley High School Fountains Road, Narara
Supper provided
• 3rd Wednesday of month - Linux 9.30am-12.30pm
East Gosford Progress Hall - Cnr Webb Rd & Henry Parry Drive
• 4th Thursday of month
Social + Windows 12.15 – 3.15pm - East Gosford Progress Hall - Cnr Webb Rd & Henry Parry Drive
Afternoon tea provided
secretary@aacc.asn.au
4362 1918
4324 2740

ABC ⁽³⁰⁹⁾
"The Friends"
Support group for Public Broadcaster.
Aims: safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
4341 5170

Beachside Family Centre ⁽²⁸⁷⁾
School-based community centre for families with children from birth to 8 years old. Group programs and community activities
4343 1929
Umina Public School
Sydney Ave

Bridge ^(286c)
Tues 12.15pm is a friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd.Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie ^(56/294)
50 Games every Sat night
St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm.
Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild Inc ^(286c)
Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts
Workshops and community quilting bees
Day and night groups

4325 4743
www.centralcoastshgild.org.au

Central Coast Family History Society Inc. ⁽³⁰¹⁾
All the resources, information and advice needed to study your family's history are available through the Society.
Meetings 1st Sat ea mth 1pm
Lions Community Hall, behind the Society's Research Centre 8 Russell Drysdale St, East Gosford.
www.centralcoastfhfs.org.au
Visitors welcome
4324 5164

Hardys Bay Residents Group ^(60/296)
Working for a positive & Healthy Environment in our Community
allanbw@bigpond.com

The Krait Club ^(58/295)
Community Centre - Cooinda Village, Neptune St, Umina
10.30am Open to senior members of Woy Woy/Umina Community
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips
4341 0698

Northern Settlement Services ⁽²⁸²⁾
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Peninsula Village Peninsula Village Carer's Support Group ⁽²⁸⁷⁻³¹¹⁾
Invitation to carers of Loved ones with dementia
All welcome
Meet 1st Wednesday of the month
10.00am to 11.30am
Contact: Paula Newman
4344 9199

Peninsula Village Playgroup ⁽²⁸⁷⁻³¹¹⁾
Carers, Grandparents, parents & children
Come & join our 'Intergenerational Playgroup'
Meet every Tuesday 10.00am to 11.30am
Contact: Paula Newman
4344 9199

Probus Club of Umina Beach ^(61/298)
Friendship, Fellowship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+
Non Political and Non Sectarian
- 2nd Wed every mth, 10am, Everglades Country Club
uminabeach@probusclubs.com.au
P.O. Box 443 Woy Woy

Rotary Club of Kariong/Somersby ⁽³⁰⁹⁾
This international service club exists to improve lives of communities in Australia and other countries. Why not join us for fun-filled activities, fellowship and friendship.
We meet for breakfast at Phillip House 21 old Mount Penang Road (opp Shell)
Fridays 7:15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina ^(6/294)

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad.
Everglades Country Club
Weds
curleys@ozemail.com.au
0409 245 861

Seniors Computer Club Central Coast Inc. ^(83/301)
Beginners' classes held Mon or Tues. Also classes Mon - Fri as published on the Club Website. 10am to 12md or 1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac - Meetings also held at Avoca Beach Bowling Club 1st Mon with a Guest Speaker
4369 2530

Umina Beach Men's Shed Inc. ⁽²⁸⁷⁻³¹¹⁾
Men can come and share Variety of tools, pursue interests and hobbies,
Spend time with other men and Learn new skills
Contact: Darrell 4341 2355

Umina Beach Scrabble Club ^(65/302)
For all levels and ages
Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play
Scrabble
322 West St (Rubys) Umina
4344 2808

Volunteering Central Coast ^(57/295)
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers.
Regular general info sessions at Woy Woy.
vrc@volunteeringcentralcoast.org.au
4329 7122

Wagstaffe to Killcare Community ⁽²⁸⁵⁾
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall
4360 2945
info@wagstaffetokillcare.org.au

Disabled Services Riding for the Disabled ^(282c)
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers always required
No Previous experience
Necessary - School hours only
Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Environment Peninsula Environment Group ⁽²⁸⁷⁾
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peg.org.au
Health Group Arthritis NSW ^(9/292)
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,
Woy Woy - 4341 5881

Meals on Wheels ^(81/298)
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place ⁽²⁸⁷⁾
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.
marymacs@woywoycatholic.org.au
4341 0584

Overeaters Anonymous (OA) ^(64/278)
12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins.
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy,
Every Fri 8 - 9pm
www.oa.org
0412 756 446

Pink Butterfly Breast Cancer Support Group - Ettalong
First Sunday every month 10.00am -12.00
Shop 71 Schnapper Road Ettalong Markets
0428 712 251

Peninsula Women's Health Centre ^(285c)
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy
4342 5905 Wed and Thur 9.30am-3pm
20a McMasters Rd,
Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance ⁽³⁰⁸⁾
Formed to restore medical services previously available at this hospital - upgrade to a standard commensurate with the needs of the Peninsula and the Gosford City area
2pm 2nd Sat each month St Lukes Church hall, Blackwall Rd Woy Woy 4344 4811

Woy Woy Stroke Recovery Club ^(67/278)
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine Rescue Central Coast Unit ⁽²⁸⁷⁾
Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au
pr.centralcoast@marinerescuensw.com.au

Central Coast Concert Band ⁽²⁸⁸⁾
Every Tues 7:15 - 9:30pm
Community playouts with four concerts a year at Laycock St Theatre.
0407 894 560

Soundwaves ^(87/308)
Men's acapella 4 part harmony chorus - for men of all ages, all welcome
7:00pm Monday Nights at Central Coast Leagues Club
Contact Ray
0405 003 945
randtbale@bigpond.com

Political Group Australian Labor Party
Umina Ettalong Branch ⁽²⁹³⁾
Political Discussions National, State and local government issues

2nd Mon Umina Beach Bowling Club 7.30pm
4341 7323

Sport

Woy Woy Judo Club ⁽²⁸⁷⁾
Kids Classes - \$5 Fri 5.30 - 6.30pm 6 14yrs
Adult Classes
Tue & Fri 6-8pm
15yrs+ - 1st Lesson Free
4 Week Trial
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Veterans

N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia ^(66/302)
1st Sat (except Jan) 2pm
Ettalong Beach War Memorial Club
51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers' ⁽³⁰⁹⁾
Assist all Veterans and their families with pension & welfare matters.
Cnr Broken Bay Rd & Beach St Ettalong.
Mon & Wed 9am-1pm
4344 4760
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch ^(79/297)
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm
4341 2594

Women's Groups Country Women's Association Woy Woy ⁽³⁰⁹⁾
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am - 4324 2621

Country Women's Association Umina
Branch meeting 1st Wed of the Month, 9.30am
Day craft and friendship all other Wed 9.00am
Evening craft and friendship: Enquire
CWA Hall Umina - 2 Sydney Ave Umina - All Welcome
4369 5353 or 4341 5404

The Endeavour View Club, Woy Woy ⁽²⁸⁷⁾
Luncheon, 1st Mon Everglades Country Club, 10.30am.
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.
Coach trips
4342 2283

Gosford RSL Sub-Branch Women's Auxiliary ^(61/296)
Invitation to women over 18 years to join. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm
4323 7336

Inner Wheel club of Gosford North ^(92/309)
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects
New members very welcome
2nd Wed each month
7pm Phillip House Kariong
gosfordnorthiw@live.com.au
4324 7176



Ukelele record attempt

The Troubadour Folk Club's ukulele group, The Troubalukers from Woy Woy, took part in a Guinness Book of Records attempt for the most number of ukuleles performing together.

Twelve players represented the Troubalukers at Moore Park EQ precinct on Saturday, April 14.

More than 500 players performed a medley of tunes including Mambo No5, I Dream of

Jeannie, Michael Finnegan, Rock My Soul and Deep in the Heart of Texas (Sydney).

"It was a wonderful opportunity to meet other ukulele players from around Sydney and even though there were insufficient numbers to break the Swedish record, everyone had a great time," said Troubaluker Mr Ken Grose.

Email, 24 Apr 2012

Ken Grose, Troubalukers

Photo: Biman Bhattacharjee





OVER 60?

Show your Seniors Card at the counter to redeem these offers!

NEW RELEASE DVD HIRES

\$3^{EA}

WEEKLY DVD HIRES

\$1^{EA}

Normal membership conditions apply.



CIVIC VIDEO WOY WOY

103 Blackwall Road

☎ 4344 6969

**Help Ted Noffs Foundation
get addicted
children clean**

Help

Please donate to buy beds for Ted. Call 1800 151 045 or visit www.noffs.org.au

tednoffs™
FOUNDATION

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360
Accommodation
Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403
Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111
Uniting Care Burnside Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels Woy Woy 4341 6699
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

The Peninsula Diary

For events in post code areas 2256 and 2257

Tuesday May 1

Central Coast Community Legal Centre's Domestic Violence Legal Outreach Project legal advice, Peninsula Women's Health Centre, 9:30am -11:30pm

St John the Baptist Catholic Primary School enrolment evening, 7:30pm

Wednesday May 2

Umina CWA branch meeting, 10am, Umina CWA Hall

Quit smoking seminar, Peninsula Community Centre, 12pm, free

Thursday May 3

Geology of Little Tallow Beach Discovery Tour, Bouddi National Park

Friday May 4

Meditation for Busy Minds, Empire Bay Progress Hall, 6:30pm

Saturday May 5

Native Bees Workshop, Pearl Beach Progress Hall

Card making workshop, Ettalong Beach Arts and Craft Centre, 9:30am-1pm

Ettalong Baptist Church fete, 8am-1pm

Monday May 7

Monday Meanderers 17th Birthday celebrations Discovery tour, Brisbane Water National Park

Saturday May 12

Benefit cocktail evening, Peninsula Theatre, 5:30pm
Boxing tournament, Umina PCYC, 7pm

Cancer Council group session, Woy Woy

Sunday May 13

Awake and Unite, Woy Woy Woy Woy Art Markets

Monday May 14

Coin for a Cord fundraising stall, Woy Woy train station, 6am

Wednesday, May 16

Central Coast Innovation Summit, Ettalong Beach Club, 12:30pm-5:30pm

Thursday May 24

Tales from a Dilly Bag, Mingaletta Aboriginal and Torres Strait Islander Corporation, Umina, 10:30am-12pm

Sunday May 27

Bays Community Group

Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am

Thursday May 31

Tales from a Dilly Bag, Mingaletta Aboriginal and Torres Strait Islander Corporation, Umina, 10:30am-12pm

Sunday June 3

The Irvine Family Piano and Pearl Beach Music Scholarship concert, memorial Hall, 2:30pm

Tuesday June 5

Central Coast Community Legal Centre's Domestic Violence Legal Outreach Project legal advice, Peninsula Women's Health Centre, 9:30am -11:30pm

Wednesday June 6

Umina CWA branch meeting, 10am, Umina CWA Hall
Woy Woy CWA 80th birthday luncheon

Central Coast Guide Dogs NSW-ACT stall, Deepwater Plaza, 9am-2:30pm

Saturday June 9

Pearl Beach Long Weekend Classical Music Festival with a twist, 2:30pm and 7:30pm

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Classifieds

Classified

ADVERTISEMENTS
cost only \$25 plus GST
for 5 cms, and will be
working for you in your
local community for
TWO WEEKS

Phone: 4325 7369
Fax: 4339 2307

E-mail: manager@ducksrossing.org

Ad a logo or photo
only \$5 +GST
Ad full colour
only \$5 + GST

Accounting



- Accounting & Bookkeeping
- Registered BAS & Tax Agents
- SME Specialists
- Over 20 years experience
- MYOB Professional Partner

02 4344 3717

2/94 Blackwall Rd

Woy Woy

info@mycpartners.com.au

Airconditioning

Aircoast

Installations
from \$450
Supply and
Install from
\$1000

Fully Licensed &
Guaranteed
PH: 0434 193 731

Lic 217615c

Antennas

A Better Picture
Antenna & Digital
Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

Automotive



INDEPENDENT VEHICLE
INSPECTION REPORTS

- Light Vehicles
- Heavy Vehicles
- Motorcycles
- Trailers
- Boats

• OBD2 Diagnosis

RTA APPROVED VEHICLE INSPECTORS E13665.

REPAIRERS LICENCE MVR48844/MVRL48845.

(AME MEMBER 00715029)

0409 008 999

www.autoscan.net.au - paul@autoscan.net.au

Blinds

NEED BLINDS IN A HURRY?

Express 1 week

Proud Local

Manufacturer

@ West Gosford

PH: 4324 8800

PREMIER

www.premiershades.com.au

ABACA BLINDS & SHUTTERS

Woy Woy

Free Quotes

4342 4144

0418 640 336

Bore Water

Bores and Spears

Install high quality pumps and
maintenance free spears,
existing systems reconditioned,
all work guaranteed.

Ph: Warren Greenway

Ph: 4341 7736 Mob: 0408 225 390

Lic No. DL1960

Builder

A&B Building Maintenance

Over 35yrs experience

Small Jobs, Decking

Repairs to renovations

Ring or text Mike

0418 439 287

Lic 17078

Carpentry

Carpentry - Building

over 30 years
experience

Local know how -
working with pride
and honesty

Paul Skinner

Lic 62898c

0432 216 020

or 4339 2317



Decks, Pergolas,
Maintenance

and all aspects of
carpentry - Call Rob on

0405 804 523

Free Quotes - Lic No. 239620C

Cleaning

Elite House Cleaning

Fully insured

Competitive rates

Move out/End of lease

Weekly/Fortnightly

General Cleaning

top to bottom

All work Guaranteed

Call for a quote

Paul - 0433 899 044

Pauls High Pressure Water Cleaning

Driveways, patios,
paths, houses.

You name it,
we clean it

Small jobs ok

Phone Paul:

4342 6640 (home)

0487 265 064 (mobile)

ABN No. 18368599564

Concreting

CONCRETING

All aspects of Concreting!!

Slabs - Driveways -

Pathways - Plain -

Colour - Decorative

NO JOB TOO BIG

OR TOO SMALL!!!

Local Tradesman with over

25 yrs experience

For Free Quotes And

Prompt Reliable Service

Phone Terry

0412 496 799 anytime.

LICENSE NO 218514c

Doors



Interior, Exterior

and Security Doors

Bi-Fold, French & Wardrobe

Stainless Steel Security Door &

Window Systems, Security Grilles,

Fly Screen Doors and Fly Screens,

Dog & Cat Doors, Timber Screen

Doors, Screen Rooms, Locks,

Handles & Hinges

ALL MAINTENANCE

AND REPAIRS

Timber and Screen

Door packages

Now stocking spare parts for the

DIY Handy Person

Unit 1/14 Alma Avenue Woy Woy

9am to 5pm Monday to Friday

4339 2424

0402 186 546

Free Quotes

Police Masters Lic No. 409982903

Security Lic No. 2E409965334

Carpentry Joinery Lic No. 108056c

Entertainment

PARTY SHOP

- Helium Hire
- Costumes
- Confectionary
- Tableware
- plus much more

LET'S HAVE A PARTY

348 WEST ST

UMINA BEACH

PH: 4344 5678

M-F : 9-5PM - SAT: 9-3PM

Entertainment

BLUES ANGELS

Your total acoustic
blues/roots package,
top to toe, and then
some. Minnie the
Moocher to Eagle Rock
and on into indie roots,
beatnik jazz, backhills
bluegrass and prog folk.
Available as duo, trio or
band negotiable for your
party, event or venue.
Hear and see them at:

May 20 - 1-5pm

BARBS Kantara House
Green Point

tomflood@hotmail.com

4324 2801



Gypsy plunk

Want to have a lot of fun,
unique music at your next event?

Call Leila at 0423147797
or find us on Facebook

www.facebook.com/
SlightlyOffMusic

The Troubadour Acoustic Music Club

meets at the
CWA Hall
Woy Woy
Floor Spots
available
May 26

Roaring Forties 7PM

Tickets \$11

Concession \$9

Members \$8

Tickets available
at the door. see

www.troubadour.org.au

4341 4060

Fencing

Craig Lack Fencing

All colorbond, lattice, pool and garden
fencing. All gates No job too small

We will beat any written quote

Operating on the Coast for 10 years

Fully licenced and insured

"We work with the customer"

Call Craig 24/7 for all your fencing

needs on

0405 620 888 or 4344 1363

Lic. 180056c

Gardening

LANTANA Management Solutions

Free your trees!

Reclaim your garden
& bushland

Greg Burch

'on time every time'

Specialist - Residential & Acreage

Fully insured

Call now 4328 5885

or 0402 830 770

Handyman

Residential/Commercial/Industrial



FRIENDLY
PROFESSIONAL SERVICE
Free Quotes

Lawn & Garden

Painting

Paving

Pergolas

Rubbish Removal

Tree Trimming

General Carpentry

Tiling

Furniture/Shed

Assembly

Stump Removal

Fully insured - Discounts for seniors

Call Justin on:

0414 382 212 - 0413 587 701

ABN: 87179898230

Hot Water

Dark & Daylight Plumbing & Gas

- No Hot Water?
- Leaking Tank?
- Need to replace your
Hot water system
- Gas, Solar, Electric
- Same day Service

4341 8863

www.darkanddaylight.com.au

Lic 68562c

Massage

RING MAX AND RELAX

Quality massage service
by friendly, experienced,
trained guy.
Remedial, Sports,
Relaxation or Reflexology
Discounts — students,
unemployed, pensioners.
So why not ...
Ring Max & Relax.

0402 232 711

Mobile Mechanic

D.T. Central Coast Mobile Mechanic

*All mechanical

repairs & servicing

*Rego inspections -

All makes & models

*Very reasonable rates

*Pensioner discounts

Tim Howell Lic.No. 44 033038

4341 2897

or

0418 603 667



Painting

PAINTING FIX SOLUTIONS

Residential &
Commercial
Interior & Exterior
New Work & Repaints
Free Quotes
All work guaranteed
Quality's my game
and Ryan's my name
0410 404 664



Master Painter

Quality Tradesman
Extra discounted prices
more work required
Seniors start at \$15/hr
Coast Wide

0466 966 547

Paving

I'm
Paving
for all your paving
requirements
Phone Martin
4344 4614
0412 360 195
Lic No R94683

Pets



Dog Grooming
All Breeds
Clipped and Styled
Council Approved
Located at Umina Beach
For Info Phone Vickie
on 0400996110

Photography



Professional Freelance
Photography

Sessions on location of your choice

- Portraits
- Lifestyle
- Modelling Portfolios
- Commercial
- Newborns
- Corporate
- Sports
- Pets

Call 0423 958 914

naomi.bridges@hotmail.com

Plumbing

Umina Beach Plumbing

All aspects of plumbing:
Drainage and Gasfitting,
Domestic and
Maintenance Works
Installation of
rainwater tanks

4344 3611

0402 682 812

Lic 164237c

Classifieds

Plumbing

All Flushed Out Plumbing

Plumbing & gasfitting



- all maintenance & blocked drains
- new homes & reno's
- all hot water
- roofing&guttering
- seniors discounts

We turn up!

Call Brendon Mares
0420 315 964

Lic no. 244930c

Public Notices

Work From Home

Established Mail
Order Company

30 years experience
60 million customers
worldwide

\$500 - \$4500+ per month

Full/Part Time

Full Training Provided

Go to

jrh.unitedonlinebusiness.com

Troubadour CC

Ukulele for Fun
with the



next meet - 7pm
May 28

Everglades Country Club - Dunbar Road Woy Woy
4341 4060 AH

Roofing



Quality Roofing at a
Ridgee Didge price

Reroofing - tiles to metal

Repairs & restorations

Fascia, guttering and downpipes
Call Dane for a free inspection
& quote

0468 345 671

over 12 years experience

Lic 238847c Fully Insured

Security Doors

Rick's Fly Screens

Ettalong Beach

All aspects of Security

Doors & Flyscreens

Made to measure -

Quality work assured

Free measure and quote

0438 677 357

Central Coast - Sydney

Northern Suburbs - Northern Beaches

Tuition - Music

Private Guitar Lessons

- Affordable
 - Suit beginners
 - All ages
- Phone Lachlan
0434 798 534

Woy Woy School of Music

Professional tuition for all ages.

Guitar, Drums, Piano,
Vocal, Flute, Clarinet,
Saxophone, Violin,
Bass & Ukulele

4344 5809woywoymusic.com

Cash paid for good
quality swords & knives.
War & movie
memorabilia
also shop display units

For large collections
home visit available

Smoking dragon

shop 12 Ebbtide Mall
155 The Entrance Rd
The Entrance

4 3 3 3 8 5 5 5**Subscribe now and don't miss an edition**

Peninsula Community Access **News**

☐ 1 Year (25 editions) to Peninsula News \$50

COAST Community News

☐ 1 Year (25 editions) to Gosford Central News \$50

Central Coast **GRANDSTAND**

☐ 1 Year (25 editions) to Central Coast Grandstand \$50
Phone: 4325 7369 - Fax: 4339 2307

120c Erina Street, Gosford

To order online

www.duckscrossing.org/shop

Name: _____

Ph: _____

Email: _____

Address: _____

Credit Card Number: _____

Exp: ____/____/____

Please complete credit card details or send a cheque or money order payable to

Ducks Crossing Publications,**PO Box 1056, Gosford NSW 2250**

Public Notices

Central Coast Bush Dance & Music Association

Experience Folk

Music at its best at

East Gosford

Progress Hall @

7.30pm Henry Parry

Drive

May 12

**Theme: You can
leave your hat on
with the new**

Currawong Band

Enq: 4344 6484

Admission \$18

incl. supper

Folk Fed Affiliates &

Pensioners \$15,

Students 13 to 18 \$8

www.ccbdma.org

for more information

02 4381 0457**FREE**

You can help

'set the truth free'

and close the gap in

Australia's Indigenous Spiritual

Culture by downloading your

free copy of...

Closing The Gap in Indigenous

Thinking: The story of Australia's

Dreamtime Alphabet.

Download your free

eBook from

www.dreamtimealphabet.com

Removals

KEYVINS REMOVALS & DELIVERIES

Deliveries & Removals, Local

Sydney, Newcastle & Country.

Single items or a house full.

Competitive rates.

02 4342 1479**0411 049 559**

Roofing

FUTURE TEK**ROOFING & CLADDING**

All Types of Roof Repairs

Re-Roofing

New and Old

Fully insured

Free inspections

and quotes

Tony Fitzpatrick**0401 354 283**

Lic. 115103c

Affordable Roof Solutions

Gutters cleaned

and screened

Gutter Maintenance

Gutter Protection

Solar Tubes

Whirly Birds

Fully insured

15yrs experience

Quality at an

affordable price

0410 939 057

Tuition

Coaching Maths and Physics

Years 2 to 12

Maths to Extension 2

In your home

David White

BSC (Hons.) Grad Dip Ed

0434 987 065

Tuition - Dance

Gosford Scottish Country Dancers

Hold a regular class

every Wednesday

from 7 to 10 pm

at the Church of

Christ Hall, Henry

Parry Drive Wyoming

No experience or

partner necessary All

ages welcome

Cost \$5.00 per week

Contact Marcia -**4369 1497**

Tuition - Music



**Double Bass &
Guitar Lessons**
All ages - Beginners
To Intermediate

Umina

Ph 0417 456 929

Or 4341 4060

Advertise in this space
Ring us now to find out how cheap it is
4325 7369

The Shame File

Ducks Crossing Publications has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

• Digi Now of Kincumber	of Woy Woy	P/L trading as Browse
• Sharon Martin -	• William McCorriston	About of Woy Woy
Devine Image	Complete Bathroom	• Mal's Seafood & Charcoal
• Marilyn Clarke - Formerly of	Renovations	Chicken of Ettalong Beach
Skippers Take Away Seafoods	• First Premier Electrical	• Simon Jones, All external
• Steven Rutter - Blockbuster	Service of Umina Beach	cleaning and sealing services
Rubbish Removal Narara	• JCs Renovations &	• Renotek, Tascott
• Depp Studios	Landscape Building	• ASCO BRE Concreting
formerly of Umina	Services of Point Clare	• Erroll Baker, former
• Stan Prytz of ASCO	• High Thai-d Restaurant	barber, Ettalong
Bre Concreting	of Umina Beach	• Marks Pump Service,
• Andrew and Peter Compton	• Sue Swadling formerly	Woy Woy
• Bruce Gilliard Roofing	trading as Four Shore Café &	• Michelle Umback - 2
of Empire Bay	Take away of Umina Beach	Funky, Terrigal
• Jamie's Lawn Mowing	• Bob Murray of Vetob	

Woy Woy Peninsula Lions Club
Sunday, May 27, 9am to 1pm

Great variety of stalls ~

BBQ, Tea & Coffee.

Vendors Welcome ~

Car Boot Sale - \$15 per car

Now at Dunbar**Road Car Park**

NB stall sites not open until 6.30am

Cnr. Ocean Beach Road Woy Woy

Always Last Sunday

(Except December)

More Details...

Enq: 0428 418 535

Widow and Widower social group

Meet at Central Coast

Leagues Club

1st and 3rd Thursday evenings

at the Bistro 6.30pm

Anyone who has lost a partner

is welcome to come along to

meet others who understand.

We can help each other

Ring Mike**0418 439 287**



Umina soccer win

Umina won over Doyalson 5-0 at the Doyalson RSL field in round two of the men's premier league soccer competition on Sunday, April 15.

It was 1-0 at half-time before the southerners scored four second-half goals to run out comfortable 5-0 winners.

The highlight was a goal to Grant Brisbin in his second game back after suffering a broken leg in last year's First Grade grand final.

David Brewer, Matt Goodwin, Todd Beckman and Ben Scully were Umina's other goal scorers.

Email, 15 Apr 2012
Alistair Kennedy, Central Coast Football

Scrabble players wanted

Brisbane Water Scrabble Club in Woy Woy is calling for new members to enable the club to keep running following a recent drop in membership.

The club is not for profit and run purely for the enjoyment of members.

New members, including beginners, are welcome to join the

club which meets on Wednesday evenings at the Peninsula Community centre from 6pm until 10pm.

There are also daytime scrabble clubs at Empire Bay, Umina and Woy Woy.

With inquiries, phone Trish on 4341 9929.

Media Release, 18 Apr 2012
Patricia Windhurst, Woy Woy

Judo player returns with gold

A Woy Woy judo competitor has returned from Indonesia with a gold and silver medal after he competed in the fourth So Nice Genesa Games.

Jordan Smith won the gold medal in the Under-81kg Young Men's division and the silver medal

in the Under-81kg Men's division.

Jordan was in Indonesia from April 5 to 12 where he competed and trained with judoka from around the world.

Jordan then travelled to Cairns on Saturday, April 21, for the Oceania Championships.

The championships were held on April 18 and 29, but Jordan underwent a week of intensive training before he competed.

Email, 16 Apr 2012
Alexandra Irving, Ettalong

Boardriders

Umina Boardriders held a competition on Sunday, April 22.

Due to a lack of swell, only cadets were able to compete.

Josh Wilson placed first followed by Sian Chapman, Shannon Adams, Jez Kimber, Will Bishop

and Harry Braddish.

The opens comp was expected to go ahead on Sunday, April 29, but at the time Peninsula News went to press there was no confirmation of this

Email, 26 Apr 2012
Verity Roser, Umina Boardriders

TIDE CHART

(Fort Denison)

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000
Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 30	TUE - 1	WED - 2
0216 - 1.52	0322 - 1.53	0424 - 1.57
0906 - 0.55	1000 - 0.49	1049 - 0.42
1521 - 1.31	1619 - 1.42	1711 - 1.56
2104 - 0.73	2214 - 0.65	2315 - 0.54
THU - 3	FRI - 4	SAT - 5
0521 - 1.61	0014 - 0.42	0109 - 0.31
1136 - 0.37	0615 - 1.63	0710 - 1.63
1800 - 1.70	1222 - 0.33	1309 - 0.32
	1847 - 1.84	1935 - 1.95
SUN - 6	MON - 7	TUE - 8
0204 - 0.23	0259 - 0.19	0355 - 0.19
0804 - 1.61	0900 - 1.56	0957 - 1.51
1357 - 0.33	1445 - 0.37	1537 - 0.43
2025 - 2.03	2115 - 2.05	2207 - 2.02
WED - 9	THU - 10	FRI - 11
0451 - 0.23	0550 - 0.30	0649 - 0.38
1054 - 1.44	1152 - 1.39	1252 - 1.35
1630 - 0.50	1727 - 0.58	1827 - 0.65
2300 - 1.95	2356 - 1.83	
SAT - 12	SUN - 13	MON - 14
0054 - 1.71	0155 - 1.59	0259 - 1.50
0747 - 0.45	0843 - 0.51	0934 - 0.54
1355 - 1.34	1457 - 1.36	1554 - 1.41
1932 - 0.71	2043 - 0.74	2152 - 0.74

APPROX. TIME LAG AFTER FORT DENISON
Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.
Actual times of High and Low Water may occur before or after the times indicated



CASH PAID FOR GOOD
QUALITY SWORDS,
KNIVES [not kitchen]
WAR & MOVIE
MEMORABILIA

Shop 12 Ebtlide Mall - 155 The Entrance Road - The Entrance

4333 8555

Toukley victory

Toukley RSL Grade 7 bowls team ventured south to Ettalong earlier this month to compete in the round seven pennant match.

Toukley RSL proved to be too strong on the day and were convincing victors with a score of 6-nil.

"This win no doubt managed to make the long drive home much more enjoyable," said Toukley RSL publicity officer Mr Barry Middleton.

Media Release, 26 Apr 2012
Barry Middleton, Toukley RSL
Photo: Barry Middleton

Woy Woy goes down in round two

Woy Woy Rugby Union Club was unsuccessful in round two of the Central Coast Rugby Union competition held on Saturday, April 21.

Woy Woy went down to Warnervale 40-10 at Woongarra Oval.

Warnervale was always in charge during the game, according Central Coast Rugby Union president Mr Larry Thomson.

"They led by 23 points to 10 at the halftime break and continued on their winning way," he said.

"Best for Warnervale were half back Josh Holman, who crossed for two tries, and he was well

assisted by lock Pat Baker and flanker Timmie Makaafi.

"Flanker Kane Byrne, who scored a try for the visitors, was the most effective player for Woy Woy and was always in the forefront of their attack.

"Another to play well for Woy Woy was prop Kevin Pike.

"It has been a good start to the season for Warnervale, but on the other hand not a successful one for Woy Woy."

**Email, 21 Apr 2012
Larry Thomson, Central Coast Rugby Union**



Hayden Wellington

Uminafied is on this week

The youth skate, BMX and scooter competition, Uminafied, has been postponed until Saturday, May 5.

The competition was scheduled to run on Saturday, April 21, at Umina Skate Park but due to wet weather Gosford Council chose to delay it.

Uminafied was initially scheduled as an event to help celebrate National Youth Week 2012.

The competition is hosted by Gosford Council's Youth Services Team and is a day of competitions

for young people aged between 12 and 24 years.

It will be held from 10am until 3pm with registrations from 9am on the day.

Categories for the competition are Skate Competitions: 12-15 years and 16-24 years, BMX Competitions: 12-15 years and 16-24 years and Scooter Competition: 12-17 years.

**My Gosford Facebook page, 19 Apr 2012
Media Statement, 12 Apr 2012
Fiona Morrison, Gosford Council**

Despite falling on Easter Sunday, 27 surfers contested the Ocean Beach Malibu Club's April competition in clean two to three foot waves.

Kai Ellice-Flint continued his domination in front of Hayden Emery and Garry Halliday while Cyndi Zoranovic showed most of the boys how it's done and placed fourth followed by Kevin Dewar in fifth place.

Round one heat one was won by Kai Ellice-Flint followed by Chris Irwin, Rob McCaughan, Tony Irwin and Dave Moulton.

Heat two was won by Cyndi Zoranovic followed by Peter Wellington, Dave Wirth, Scott Palmer and Hayden Wellington.

Heat three was taken out by Garry Halliday before Darrell Young, John Payne, Craig Palmer and Bill Burke.

Heat four was won by Hayden Emery followed by Tom Payne, Shane Muldowney, Richie McClelland and Liz Ambler.

Kevin Dewar won heat five in front of Craig Coulton, Brian Cook, Maddie Cook, Grant Pride, Daryl Anderson and Ben Scully-Hawkins.

In round two it was Kai Ellice-Flint who came first followed by Hayden Emery, Garry Halliday, Cyndi Zoranovic and Kevin Dewar.

In seconds Peter Wellington

won, in front of Tom Payne, Chris Irwin, Craig Coulton and Darrell Young.

Brian Cook came first in thirds followed by Shane Muldowney, Rob McCaughan, John Payne and Dave Wirth.

In fourths Richie McClelland was the winner before Tony Irwin, Maddie Cook, Scott Palmer and Craig Palmer.

In fifths it was Ben Scully-Hawkins, Grant Pride, Hayden Wellington, Liz Ambler, Bill Burke, Dave Moulton and Daryl Anderson.

The next Ocean Beach Malibu Club contest is scheduled for Sunday, May 6.

**Email, 25 Apr 2012
Craig Coulton, OBMC
Photo: Tony Gilbert**

Malibu results

Geoff's Boat Shed

Boat Building and Maintenance

Chandlery

- Hempel Paints and Antifouling,
- Stainless Steel nuts, bolts and screws
- Bote Cote epoxy resins, fillers, fibreglass cloth, Purbond polyurethane adhesives, Aquacote 2-pack clear finish and other Bote Cote products.
- Copper and silicon bronze boat nails

- Oakum and Caulking Cotton
- Anglomol marine and automotive oils
- Anchoring, chain and cordage
- Electrical fitout, navigation lights, bilge pumps
- Nautical Gifts
- Marine Art Gallery
- Fishing Tackle
- Bait



www.leetecmarine.com.au
geoff@leetecmarine.com.au

4342 9018 - 0432 598 270
210 Memorial Avenue - Ettalong Beach

Umina's Finest Tobacconist & Darrell Lea Chocolates

Darrell Lea

Cnr South and West Street
(New entry from South Street)
**Umina Beach - Open 7days
7am to 6pm**

UMINA BAIT & TACKLE

**Large Range of BAIT
Excellent Range
of TACKLE**

Open 7 Days
From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA (02) 4341 1686



Just for Mum Sale

WIN
1 OF 2
Wii Fits
with Blackmores



Just purchase any 2
Blackmores products
to go in the draw!

See in store for details.NSW Permit Number:LTPM/12/00138

BLACKMORES
THE BEST OF HEALTH

Cetaphil Cetaphil 1L Range **\$1789** each

Model Co Glass Gloss Trio 3pk & Luxe Lips & Lashes pack **\$1599** each

Cadbury Roses 150g **\$499** each

BLACKMORES LYPRINOL **\$2199** each

Bioglan Hair, Skin & Nails 60s **\$1499** each

RED KRILL OIL DOUBLE STRENGTH 1000mg **\$2699** each

Panadol 1-5 YRS **\$919** each

Codral Day & Night **\$1599** each

Codral Cold & Flu **\$1299** each

NUROFEN ZAVANCE **\$1299** each

NUROFEN **\$1299** each

Codral Day & Night, Cold & Flu + Cough and Cold & Flu 48s* **\$1599** each

Bisolvon Chastly Forte 200ml* **\$1299** each

20% Off

Sambucol Range†

Benadryl Dry, Tickly Cough & Dry Cough & Nasal Congestion 200ml* **\$999** each

NUROFEN COLD & FLU PE **\$999** each

NUROFEN for Children 5 - 12yrs 200ml* **\$1899** each

Panadol COLD & FLU **\$899** each

Chemists' Own Cold & Flu Day/Night **\$899** each

Chemists' Own Cold & Flu Relief PE **\$899** each

Chemists' Own 1-5yrs & 5-12yrs Children's Paracetamol 200ml* **\$799** each

GastroHealth 30s† **\$1799** each

Dulcolax 50s **\$499** each

Coloxyl with senna 90s **\$899** each

Hydravite Effervescent Tablets 20s **\$949** each

Ural 28s **\$899** each

Vicks Vaporizer Unit **\$4769** each

Vicks VapoDrops 24s **\$299** each

Vicks Sinex 15ml* **\$899** each

Vicks VapoRub 50g **\$649** each

FREE BOOST JUICE WHEN YOU BUY ANY DIFFLAM PRODUCT! Conditions apply. See in store for details.

Diffiam Lozenges 16s Range* **\$599** each

315 West St
Umina Beach
Ph: 4341 1488

YOU SAVE
CHEMIST

be rewarded!
JOIN TODAY
Monday to Friday - 8.30am - 5.30pm
Saturday - 8.30am - 12.30pm
Sunday - 9.00am to 12.30pm

