

Council rejects seniors housing plan

Gosford Council has rejected a proposal for a seniors housing and aged care facility, with 126 units, at Empire Bay.

The council has resolved that the planning proposal was inconsistent with a number of Council policies and plans including the State Environment Planning Policy, Community Strategic Plan-Gosford 2025 and Biodiversity Strategy.

Council also decided to write to the Minister for Mental Health and Ageing Mr Mark Butler, parliamentary secretary for Health and Ageing Ms Catherine King and Minister for Ageing and Disability Services Mr Andrew Constance regarding the exceptionally high costs involving the provision of residential care for older people.

It will urge the government to create incentives to make it financially viable for developers to provide this form of housing in urban areas.

The matter was considered by Council at its meeting of Tuesday, February 14, only to be deferred to the meeting held Tuesday, April 3.

In a report prepared by the council's environment and planning directorate the planning proposal was described as inconsistent with the general and specific aims of State Environment Planning Policy No 19-Bushland in Urban Areas as the site, located at Lot 1 Empire Bay Dr, was covered by large, mature forest scale trees that exhibited an open forest structure.

"This vegetation provides habitat for a range of threatened and non threatened fauna species.

"Any proposed aged care facility would result in extensive tree and habitat loss.

"The value of the bushland has been weighed up against the social and economic values and it is considered that given the above environmental concerns, other locations that are more centrally located to town and village centres should be considered for this land use."

The planning proposal was also contrary, according to Council staff, to the intent of the State Environment Planning Policy as residents would need to have facilities to access shops, banks, community services, recreation facilities and general practitioners.

"Access' means being located not more than 400 metres from these services or from transport able to take residents to these services.

"Such access to these services or to the transport source is to be by a sealed footpath with a suitable grade.

"The nearest and only services in the immediate vicinity of the site are the general store-service station at Empire Bay which is 500 metres distant.

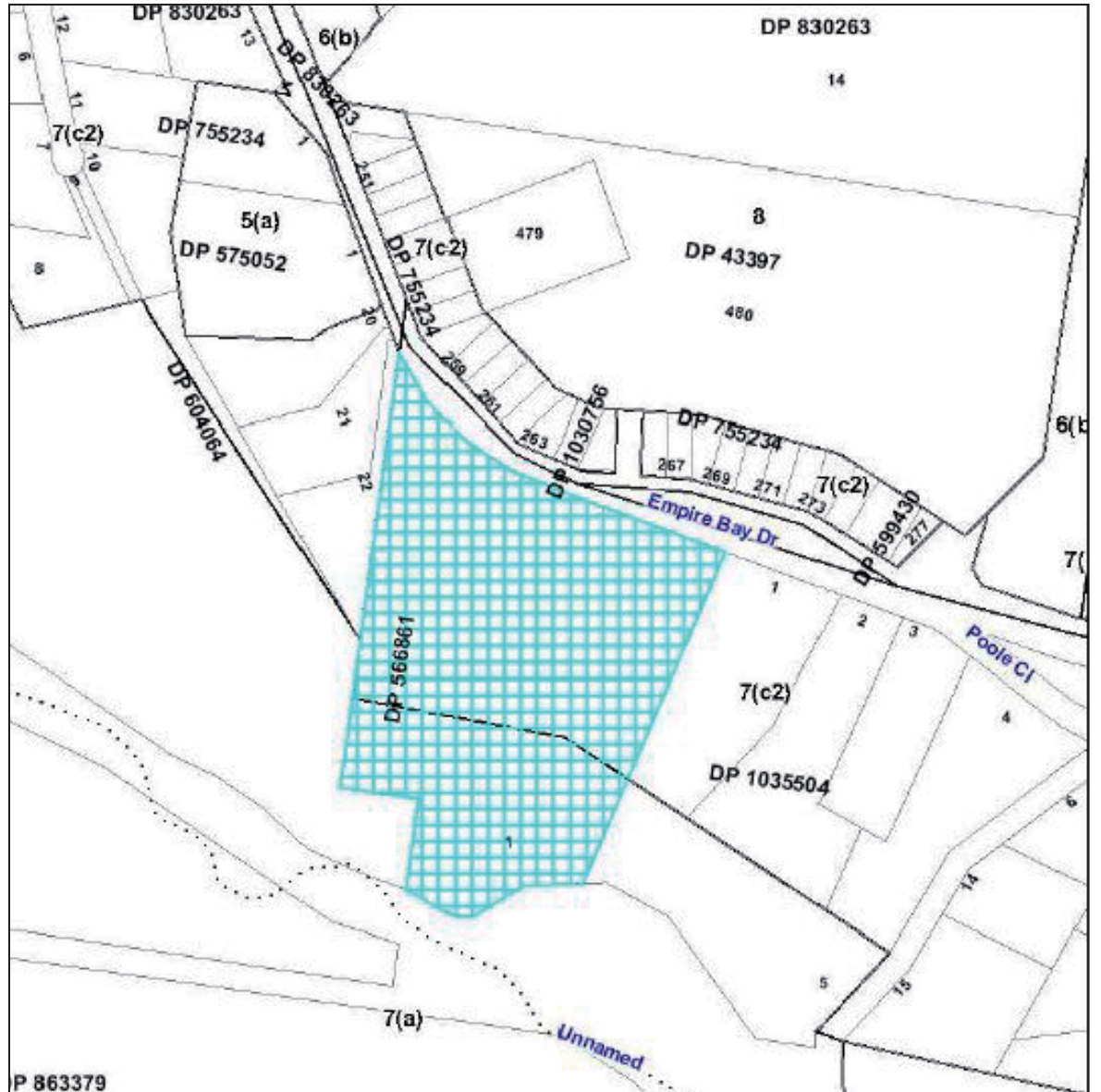
"There is no footpath to facilitate pedestrian access."

Mayor Cr Laurie Maher voted against his fellow councillors and in favour of the development, using the retirement village in South Kincumber as an example of how not all retirement villages were in walking distance to shops and other facilities.

Council staff, however, stated in the report that the land was "simply not the right place".

"The land is not even on the edge of the urban footprint as it does not adjoin an urban zone.

"In fact it is 560 metres from the urban zones of Empire Bay and 1.5 km from the urban zones of



P 863379

Bensville."

"The main reason the applicant has provided for justification of this planning proposal for seniors housing at Empire Bay is the current and future lack of seniors housing on the Woy Woy Peninsula.

"This alone is not a strategic planning justification for locating, what is essentially an urban use, on land that is zoned for Conservation and Scenic Protection purposes and acts as a 'green' buffer between settlements.

"The location of such a use

outside of the existing urban footprint is contrary to approved Council strategies such as the Community Strategic Plan and Biodiversity Strategy."

**Gosford Council Agenda
ENV.28, 3 Apr 2012
Photo: Gosford Council**

No NBN for three and a half years

National Broadband Network fibre optic services are not expected to be available on the Peninsula for at least three and a half years, with parts of the Peninsula not getting services before July 2016 - over four years away.

Despite our front page report last issue stating that the rollout on the Peninsula starts this month, work will not actually start on the Peninsula under the first three year rollout plan until September 2014 at the earliest, with work on some parts of the Peninsula not starting within three years at all, according to the NBN company website.

"We will commence work in

your area from September 2014 in phases with last work scheduled to commence in June 2015," the website stated.

"It is estimated that the average time from work beginning to NBN services being available is 12 months."

The Peninsula News report stated incorrectly that work in listed Peninsula areas would start between April 1 and June 30.

The report was based on a media release from the Member for Robertson Ms Deborah O'Neill, which included Gosford and other areas within her electorate where work is expected to start this month.

The media release stated that

work would start in all listed areas up to June 30, 2015.

The year was omitted from our report.

It also referred readers to the NBN website. This reference was also omitted from our report.

"We were wrong to omit these details from our report," said Peninsula News editor Mr Mark Snell.

"These details were not included in the item I was editing," he said.

"We ask that items submitted to Peninsula News are just about the Peninsula.

We do not cover areas beyond our own locality.

"All items submitted are vetted for relevance to our Peninsula

readers before they are forwarded to me.

"Any references to areas outside the Peninsula are removed and sections are rewritten in an attempt to ensure statements accurately reflect plans for the Peninsula.

"In this case, our process failed and relevant details were also removed."

Mr Snell said the media release from Ms O'Neill's office was, nevertheless, misleading in that services under the so-called "first three year rollout plan" were not actually expected to be available on the Peninsula for up to four and a quarter years, and work in some parts of the Peninsula would not start within three years.

Peninsula News put in a request with Ms O'Neill's for clarification of timing of the work on the Peninsula for this edition.

No response had been received before we went to press.

"The bottom line is that, in this case, I did not apply the maxim: If it sounds too good to be true, it probably is," said Mr Snell.

"A rollout of NBN on the Peninsula starting this month was just too good to be true.

"I did not double check the facts.

"I should have.

"I take full responsibility."

**Mark Snell, 13 Apr 2012
Website, 13 Apr 2012
National Broadband Network**

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Chairman, Equilibrium Community Ecology Inc
Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.
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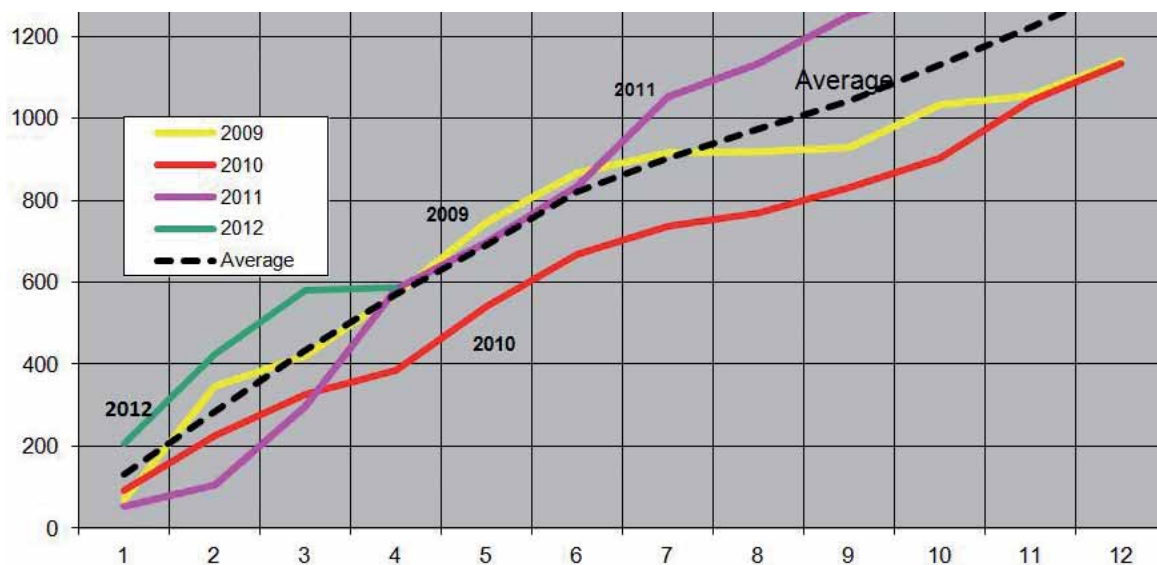
Woy Woy Community Media Assoc Inc 2012 Membership Application

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Dry start to April



After three months of above average rainfall, very little rain has fallen in the first two weeks of April.

A total of 6.8mm has fallen in a month where the average rainfall

is 137.7mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

Two falls of 3.4mm were recorded on April 9 and 13 to bring the cumulative total for the year to

588.2mm.

The cumulative total is above the average of 571.9mm at the end of April.

Spreadsheet, 13 Apr 2012
Jim Morrison, Woy Woy

Your Chance to Win

Peninsula News and FrogFest are giving three readers the chance to win a double pass to the festival to be held at Kantara House on May 6 from 1pm.

Frog is the amalgamation of folk and progressive styles, and FrogFest is a celebration of this genre.

With beginnings in 2011 as a single event

in Sydney, the festival returns this year as a seven-date tour through NSW, ACT and VIC.

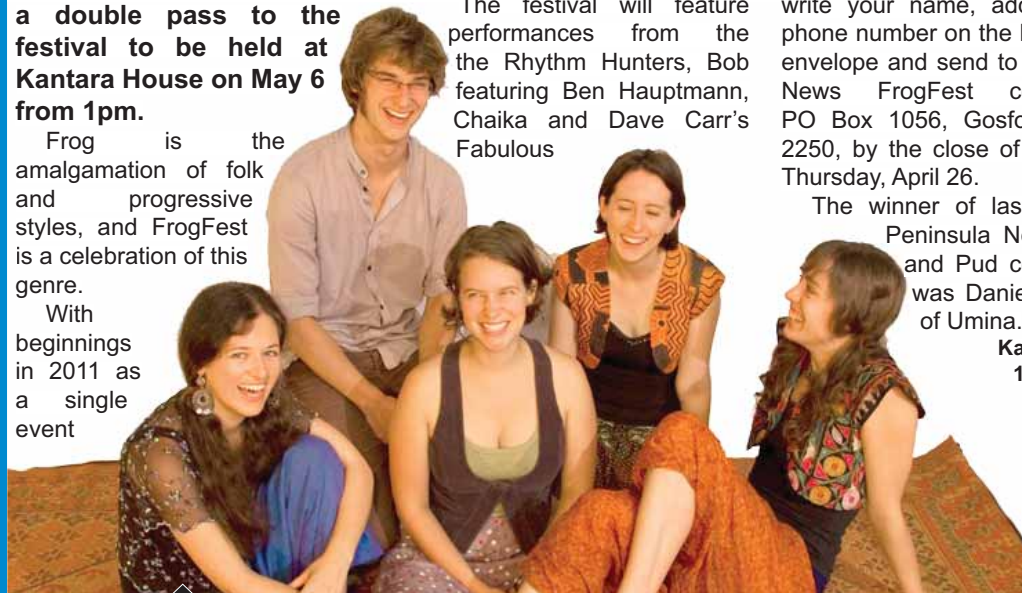
The festival will feature performances from the the Rhythm Hunters, Bob featuring Ben Hauptmann, Chaika and Dave Carr's Fabulous

Contraction.

To win one of the three double passes valued at \$30 each write your name, address and phone number on the back of an envelope and send to Peninsula News FrogFest competition PO Box 1056, Gosford, NSW, 2250, by the close of business, Thursday, April 26.

The winner of last edition's Peninsula News Coco and Pud competition was Danielle Parodi of Umina.

Kaitlin Watts,
13 Apr 2012



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Woy Woy Bay is focus of clean-up efforts

Local clean-up activist Mr Graham Johnston of MacMasters Beach Surf Club has focused his ongoing efforts on Woy Woy Bay.

Based on a survey he had conducted two weeks earlier, the area was identified as potentially being the worst polluted foreshore his cleanup program had yet encountered.

Joined by participants from the MacMasters Beach Junior Surf Club and the Brisbane Water Oyster Growers on Wednesday, April 11, Mr Johnston's cleanup group removed a wheelie bin, 13 large oyster trays, 29 tyres, 50 full bags of plastic items, hundreds of tennis balls and many beer bottles and pieces of foam from the area.

Mr Johnston said that it appeared as if the bulk of the small litter had washed into the bay from storm water drains.

He went on to note that the weight and stress that this litter had placed on the shore bed had destroyed the root systems of the native plant life.

In total, a tonne of rubbish was collected from the 150 metres of foreshore, and Mr Johnston has said that there is plenty more to come from a second layer of litter uncovered from underneath washed up sea grass.

Eight hundred kilograms of the day's waste were deposited at Woy Woy tip, however, a Council policy of only accepting four tyres per load meant that the rest had to be stored at the National Parks' depot.

Junior participant Nichole Jackson recorded the day's events with a video camera, the footage of which will be distributed to relevant stakeholders.

Mr Johnston is seeking advice from State Fisheries regarding the damage that unwanted oyster trays and other plastic products are doing to Brisbane Waters' local mangroves.

Further funding is being requested to ensure that the task can be completed and the cleanliness of the area maintained.

Media Release, 12 Apr 2012
Graham Johnston, MacMasters Beach Surf Club
Photos: Sue Devetak



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Senator to speak in Woy Woy

ALP Senator Doug Cameron will be the guest speaker at a dinner in Woy Woy on Friday, April 20, hosted by Member for Robertson Ms Deborah O'Neill.

Senator Cameron will outline the Federal Government's most recent legislative program.

Senator Cameron took up his position in the Senate in 2008 to represent his NSW constituents.

Since arriving from Scotland in

1973, Senator Cameron said he has devoted his working life to building a more equitable society based on the fundamental rights of working people to collectively bargain with respect to their entitlements, health and safety, work and family life balance.

Ms O'Neill said he had played a key role in developing industrial and political strategies designed to improve employment security, wages and skill and industry development in the manufacturing industry.

Additionally, he has been a long-term patron of the Asbestos Diseases Foundation, a director of Australian Super and was formerly a member of the Australian Best Practice Committee.

Community members wishing to book seats for this event at the Everglades Country Club can email Anne Sullivan at donanneabc@optusnet.com.au.

Media Release, 4 Apr 2012
Anne Sullivan, Office of
Deborah O'Neill MP

Hazard reduction burns completed at Bouddi

The National Parks and Wildlife Service conducted two hazard reduction burns in Bouddi National Park earlier this month.

A 5.25 hectare burn took place on Wednesday, April 4, from 10am to 6pm between Rocky Point Trail and private properties in Hardys Bay Pde, Hardys Bay.

A second 12.5 hectare burn took place on Thursday, April 5, between Hawke Head Dr and the northern end of the Killcare beach area at Killcare.

The burn commenced at approximately 10am on Thursday with crews continuing into the evening, finishing up on Friday.

National Parks and Wildlife Service regional manager Mr Tom Bagnat said the low intensity burns were undertaken to reduce fuel loads in the area and consolidate earlier burns.

"After all of the wet weather we've had we were keen to take advantage of every available window of opportunity that we

could," Mr Bagnat said.

"Smoke from the burns may have impacted on the surrounding areas and we thank our neighbours for their understanding.

"Hawke Head Dr was closed for the duration of the burn and some surrounding streets in the Killcare area such as Grandview Pde, Patricia Place and Beach Dr, may have been affected by smoke," Mr Bagnat said.

During 2010-11, the National Parks and Wildlife Service completed 155 prescribed burns treating an area of more than 55976 hectares.

Hazard reduction burns are one of the many fire management tools used by fire-fighters.

Ongoing fire-fighter training, cyclical fire trial maintenance, equipment upgrades and community education are all elements of preparation for any fire season.

Media Releases, 3 and 4 Apr 2012
Emma Peterson, Office of
Environment and Heritage

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Marine Rescue active over Easter

The volunteers from Marine Rescue Central Coast were rostered for duties during the entire Easter long weekend.

On Good Friday, the duty crew assisted three vessels.

The rescue boat, Centaco 011, was flagged down at around 11.20am by two people on board a cabin runabout off Noonan's Point.

The vessel's engine had failed and the men requested a tow to Gosford boat ramp, which skipper Norm Smith and his crew provided.

Centaco 011 was again flagged down at midday when it reached the Blackwall Channel.

Two men and four children in a 5.5 metre bow-rider had a mechanical problem and needed help to get back to Lions Park at Woy Woy.

The Newcastle Police called upon the Central Coast unit at 3pm to assist a man in a cabin timber who had unsuccessfully launched on the Saratoga side of Paddy's Channel.

With skipper Bren Weston in charge, Centaco 011 located the vessel stuck in an oyster lease and towed it to the wharf at Koolewong.

The boat was equipped with a marine radio.

However, the owner said that he did not know how to use it and had therefore phoned emergency services for assistance instead.

On Easter Saturday, a radio request for assistance was received at around 11.30am, transmitted from a man who could not restart the engine on his five metre outboard runabout in Paddy's Channel.

Duty skipper Cameron Veacock on Centaco 011 towed the vessel to the Restella Ramp at Davistown.

Around midday, the crew received another radio call to assist an eight metre Bayliner cruiser with a mechanical failure near The Rip Bridge with six people onboard.

The crew assisted the boat in its return to Lions Park at Woy Woy.

Finally, on Easter Monday, just after 10.30am, skipper Ted Leeson on Centaco 011 responded to a marine radio call from a 4.9m vessel at East Reef which was in trouble with an overheating engine.

As the seas were quite lumpy, it was a long slow tow back to Lions Park at Woy Woy.

**Media Release, 12 Apr 2012
Ron Cole, Marine Rescue
Central Coast**

Guns stolen in house-breaking

Police are investigating a house-breaking after a number of firearms were stolen from a house at Umina.

A house on Ocean Beach Rd was broken into and four firearms were stolen from a gun safe earlier

this month, according to police.

The firearms consisted of a Hammerli SP20 pistol, a Smith and Wesson 1911 DK pistol, a Steyr LP10 pistol and an Uberti-Remington revolver.

Detectives from Brisbane

Water Local Area Command are investigating the theft and are appealing for anyone with information to contact Crime Stoppers on 1800 333 000.

**Media Release, 7 Apr 2012
NSW Police Media**

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- ✓ Since our reforms in September 2009, Labor has delivered increases to the maximum pension of about \$154 a fortnight for singles and about \$156 a fortnight for couples combined.



For more information please contact my office on **02 4322 1922**

Deborah O'Neill MP

Member for Robertson

Phone: 02 4322 1922 **Fax:** 02 4322 2066

Email: Deborah.O'Neill.MP@aph.gov.au **Address:** 91 Mann Street, Gosford 2250

Authorised by Deborah O'Neill, 91 Mann Street, Gosford 2250

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A previous service at Empire Bay

Anzac Day ceremonies planned

An Anzac Day ceremony will be held at the Ettalong Memorial Bowling Club on Wednesday, April 25, at 1:15am.

The day will begin at 8am with breakfast, followed by a free barbecue lunch at 11:30am.

Following the service, to be held at the flagpole, entertainment will commence in the lounge with Keri Lewis and Murray Ferguson.

The Woy Woy Ettalong Hardys Bay RSL Sub Branch will also hold ceremonies to commemorate Anzac Day.

The dawn service will begin at 5:30am in Memorial Park and the mid-morning service will begin at

10:30am.

The march will form at Deepwater Plaza at 10am.

Empire Bay will conduct an Anzac Day service at the cenotaph near the waterfront at Empire Bay, commencing at 11am.

The service is conducted annually and last year attracted around 400 people with over 20 wreaths laid by ex-serviceman and children representing their fathers and grandfathers and wearing their medals.

Member for Terrigal Mr Chris Hartcher Member for Robertson Ms Deborah O'Neill will be represented.

This year, speakers will be two students from Brisbane Water Secondary College, Cana Bell and Tony Brown.

They will also lay a wreath on behalf of the College.

Students from Empire Bay Public School and Coast Christian School will also lay wreaths.

Brisbane Waters Private Hospital will hold an Anzac Day ceremony in the Commemorative Garden at 8:45am.

An Anzac Day dawn service will also be held in Patonga on April 25, at 5:30am.

Mr John Twiner, who has been involved with the organisation of the service for 30 years, said he

was expecting 200-300 people to attend this year's service.

He said the service was once quite small but it has grown significantly over the years.

The service will run for around half an hour and will be followed by a breakfast at the Patonga Progress Hall.

Kaitlin Watts, 13 Apr 2012
Interviewee: John Twiner
Media Release, 13 Apr 2012
Geoff Melville, Empire Bay
Email, 13 Apr 2012
Denise Hamilton, Ettalong
Bowling Club
Email, 16 Mar 2012

Anne Morrison, Woy Woy Ettalong
Hardys Bay RSL Sub Branch

Church to hold garage sale

Umina Uniting Church will hold a garage sale from 8am to 11am on Saturday, April 21.

An assortment of trash and treasure, furniture and second hand books will be for sale.

Church members have been potting plants which will also be on sale.

Other activities held at the church include a Family Fun Night held earlier this year and entertainment for primary school children on Tuesday afternoons.

Games, crafts and snacks are provided for Kindergarten to Year 6 children on Tuesday afternoons from 3:30pm until 5pm.

All children are welcome at this activity which runs during the school term.

Email, 10 Apr 2012
Annette Strong, Umina Uniting Church

Train delays

Woy Woy travellers may experience some delays when travelling by train from Saturday, April 21, until Sunday, April 22.

Buses will replace the 1:45am Central to Newcastle service between Epping and Gosford with the connecting train from Gosford to Newcastle operating 30 minutes later than the normal timetable.

The 2:40am Wyong to Central service will also be replaced by buses.

Trains travelling toward Sydney from 7:50am until 2:30pm on Saturday, April 21, and Sunday, April 22, may experience an additional journey time of up to five minutes from Woy Woy.

Website, 12 Apr 2012
Cityrail



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English journalists visit Peninsula News

Two journalists from England visited Peninsula News last month and learnt about the success and challenges of running a not-for-profit newspaper.

Buckinghamshire-based Andrew Kay and Bedfordshire-based Steve Knowles met Peninsula News editor Mr Mark Snell as part of a month-long international exchange.

Sponsored by Rotary, the two newspaper reporters spent time with media organisations across Sydney and the Central Coast.

A team from NSW will travel to the UK to take part in the reverse leg of the exchange next month.

During their visit, the pair learnt about Peninsula News' aim of providing an independent voice for the area, how the paper was designed and compiled, and the unique way it was distributed to businesses and given away in

places like shopping centres and libraries.

Mr Kay, 31, who writes for Aylesbury-based newspaper The Bucks Herald, said: "It was fascinating to spend time with the team, which is made up of volunteers and a few paid staff members."

"I enjoyed finding out about the paper's aims and the team's genuine passion for local news."

"Being used to writing for a newspaper which is a business, it was interesting to see what is being achieved on a not-for-profit basis by Peninsula News both in print and online."

"I enjoyed learning about the history of the paper: how it started out and grew up to become an independent voice for the area."

"As a journalist, you are very privileged, because you come into contact with all sorts of amazing and inspiring people who are really making a difference."

"I felt the team at Peninsula News certainly fit that category."

"I would also like to say a big thank you to Rotary International for allowing me to take part in the Group Study Exchange."

"It is designed to show young professionals how their professions are practiced abroad and offer an insight into another culture."

"Since being downunder, I have also witnessed firsthand the huge amount of work that Rotary clubs across the area have been doing such as fundraising for local charities and towards Rotary International's aim of trying to eradicate polio."

"It was great to spend time at Peninsula News and to see that the hard work taking place in the community, by groups such as Rotary, does not go unreported."

Email, 9 Apr 2012
Andrew Kay, Buckinghamshire



Bucks Herald newspaper reporter Andrew Kay, Peninsula News editor Mark Snell, Luton News reporter Steve Nolan

Rosalyn exhibits in Woy Woy

Rosalyn McMahon will have her artwork exhibited in a Woy Woy cafe this month.

Included in her exhibition are hand painted cards and small paintings with a natural history theme.

Pastels depicting the autumn and winter seasons as well as larger paintings in water colour and acrylic with scenes from local

landscapes, Sydney and Kent, UK, will also be on display.

"I recently finished a project at the Peninsula Women's Health Centre working with three other ladies on the rain water tank," said Ms McMahon.

"The art mural looks beautiful and we learned a lot from our teacher."

"However, when it finished I was keen to get involved with more art."

"It was fortunate Gnostic Manarang me letting me know it was my turn to exhibit."

"It's a lovely atmosphere in the cafe, good music, good visitors and good staff."

"In many ways it's more fun exhibiting in a cafe than a gallery."

Letter, 11 Apr 2012
Rosalyn McMahon, Woy Woy

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Get the facts right

I do wish these people would get their facts right (NBN Rollout, Peninsula News, Apr 2 2012).

If they went to the NBN Rollout page on the net they would find that the NBN is not being rolled out here progressively between April 1 and June 30.

Forum

This rollout will commence within three years.

That is not commencing between 1 April and June 30.

Online submission, 10 Apr 2012
Bess Sampson, Empire Bay

Information on NBN work

There is a link which I checked again on Thursday, April 5, from the Federal Government NBN advice site which permits access to information which seems to conflict with the information and dates supplied by the Federal Member for Robertson.

Work in Blackwall, Booker Bay, Daleys Point, Davistown, Empire Bay, Ettalong Beach, Green Point,

Forum

Horsfield Bay, Killcare, Killcare Heights, Koolewong, Pearl Beach, Phegans Bay, Pretty Beach, Saratoga, St Huberts Island, Umina Beach, Wagstaffe, Woy Woy and Yattalunga will commence within three years from September 2014 in phases with last work scheduled to commence in June 2015.

Online submission, 5 Apr 2012
Edward James, Umina

More forum on page 11

Grab for cash?

As much I dislike car parks, we all need somewhere to park and surely a development of this size will require even more parking spaces (High density plan to replace 170 car spaces,

Peninsula News, 2 Apr 2012).

I wonder if this is actually a cash grab by the council?

After all, it's a large prime piece of real estate.

Online submission, 7 Apr 2012
Ross Cochrane, Woy Woy

NBN is a waste of money

Forum

The NBN rollout (Peninsula News, 2 Apr 2012) is a senseless waste of taxpayers' money.

How many hospitals and

medical facilities would \$40 billion build?

There are easier and cheaper

ways to provide fast broadband internet to Australia rather than digging up most of the country.

Online submission, 11 Apr 2012
A J Schultz, Ettalong

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Peninsula Village resident dies

Peninsula Village resident Mr Charles Henry Flanders Pearce died on February 24, "surrounded by the things and people he loved and cherished," said his eldest daughter Ms Jayne Mote.

Mr Pearce was born on March 3, 1915, in Swindon Wiltshire, England.

Ms Mote said that the name Flanders came from the fact that his father was fighting there at the time of his birth.

"He did not meet his father until he was three years of age and was the youngest boy in a family of four children."

School years were not particularly happy or successful for him so he left at the age of 14 to work with a firm of electricians for the grand sum of five shillings a week.

In those days the wireless worked by an accumulator.

This was charged with electricity similar to a car battery.

The accumulators contained acid, which burnt his trousers and his first week's wages was spent on overalls, which cost four shillings and 11 pence.

His next job was with a company who made uniforms.

He was employed as a strap boy, repairing the leather straps, which operated the sewing machines and earned about eight shillings a week.

It was here that he met a young girl who was later to become his wife.

Charles fell for her immediately but it was not until they were both 18 some four years later they started walking out together.

Not long after this, Charles began working with the Great Western Railways.

Under union arrangements, all apprentices were automatically sacked upon reaching the age of 21

years.

During this period, the foreman and the shop clerk took notice of Charles, as his work ethics were great.

They suggested that he "could do better" and suggested he become a policeman.

This would take some years as he had a lot of study to do in order to pass the entrance examination. He was unemployed for a while but eventually managed to secure a series of short-term employment.

He then secured permanent work in another town with a motor firm as a plater improver.

The Second World War was already being talked about and he was transferred to the blacksmiths shop where he made Bren gun carriers.

By this time he had submitted his application to join the Wiltshire Constabulary.

The entrance examination was held over two days and he passed all subjects with flying colors, and so, he became a probationary constable in June 1939.

Initial training was for three months but he was required to remain on probation for two years.

By this time he was courting his beloved Margaret and after a courtship of six years they decided to get married.

Charles had to apply to the chief constable of Wiltshire for permission to marry Margaret.

Margaret in turn had to supply references to the chief constable as to her good character.

In addition, Charles had to provide evidence that he had sufficient savings in order to furnish a room.

Permission was eventually granted and they married in August 1941 aged 26.

As the wife of a police officer, Margaret had to give up her working

life once they were married.

However, she was allowed to participate in war work and became a fire watcher.

Charles applied to join the Royal Navy once the war looked set to last a while.

This was turned down, as the police force was a reserved occupation.

After the war a police house became available to them and so they moved to a tiny village called Keevil.

Charles became 'the village bobby'.

The house had no electricity but they were able to purchase calor gas for lighting, which was delivered weekly in cylinders.

Naturally, there was no washing machine either, only a brick copper with a metal lining, with the water being heated by an open fire underneath.

Their second daughter Carole was born in Keevil in 1947.

Charles had to cover his beat by bicycle, in a series of shifts 6am to 2pm, 2pm to 10pm and 10pm to 6am.

There were no mobile phones or any other form of communication other than public phone boxes.

In order to ensure the police were doing their job properly, head office would ring a series of different phone boxes each hour and of course they had to answer.

Charles remained a village constable all his career, a position he said he loved but life was very hard being on call 24-7.

Retirement from the force was compulsory after reaching 30 years service.

In 1970 Charles signed on for one round trip as Master at Arms with the Shaw Saville shipping line.

By this time his eldest daughter had taken up residence in Australia.

This gave Charles an opportunity to see a little of the country and to

meet his son-in-law of the time.

Upon his return to the UK he was so full of Sydney he and Margaret decided to come for a holiday.

Their visa allowed them to stay for 12 months.

Both gained employment, Charles as handyman for a private hospital in Ashfield and Margaret with Nock and Kirby's in the City.

They returned to England full of life in Australia.

They soon sold their home and immigrated to Australia arriving in July 1972.

It didn't take long before they had purchased a unit in Croydon Park and Charles returned to his old job as Handyman at Ashfield Private Hospital.

Over the years they embraced the Australian way of life, meeting friends who would become lifelong.

They played indoor bowls and enjoyed Saturday night dances at the local Club.

With friends they purchased a caravan and together spent six weeks every Christmas at Sussex Inlet.

Over the years they moved house a couple of times following their daughter and her husband and moved to Glenmore Park.

Jayne moved to the Central Coast in 1998 and at that time they didn't think they would move again.

In early 2001 Margaret's health started to decline, Charles cared for her as long as he could but eventually Margaret needed full time care and was placed in a home at St Mary's.

Charles visited every day but lost his driving license at the age of 90.

In 2004 Charles' own health started to decline and he could no longer care for himself.

He was spending more and more time with Jayne, but not ever with a desire to become a burden upon her family.

The hunt began for accommodation for Charles and he was introduced to Peninsula Village.

"I wish I could go in for a day to see what it's like before I make such a commitment," he said.

After a conversation with the

Village it was decided that Charles would spend a week in respite with them.

He was installed at the first availability and left to his own devices.

His family said in order for him to make his own mind up they would not contact him unless he asked for help.

After a couple of days he phoned his daughters saying "this is a wonderful place I wish Margaret and I had known about it earlier, we would have come in together".

His name was added to the waiting list and when Don Leggett House opened in August 2005 he entered as a hostel care resident.

Once more he embraced his changed circumstances with enthusiasm and joined in the entire activities offered.

After a few weeks a vacancy in the nursing home became available and Charles was asked if he would like to have Margaret transferred from St Mary's thereby he could see her daily.

He readily agreed to the suggestion.

Sadly, Margaret only lived about six weeks.

Charles had always wanted to take out Australian Citizenship but could never persuade Margaret to do so.

On January 26, 2006, Charles became an Australian Citizen at a ceremony held in Hyde Park, Sydney.

This was televised and, as Charles was the oldest participant, he was interviewed for television.

"He was so proud the next morning walking into the dining room at Don Leggett House," said Ms Mote.

"The cheer went up "Good on ya mate!"

Charles continued enjoying his life at Peninsula Village and made several Doll's Houses, one for his great granddaughter, with the others being raffled by Peninsula Village.

"The staff at the Peninsula Village were wonderful and gave him fabulous care," said Ms Mote.

Source: Email, 3 Apr 2012

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On our side

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- Immigration

For help with these or any other Federal Government issue, please contact my Gosford Office on 4322 1922 or email me at Deborah.O'Neill.MP@aph.gov.au

Deborah O'Neill
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.

A drop in the bucket

In her letter dated February 20, Colleen Boyd suggested that people who don't live in Umina should be excluded from debating the possibility of a Maccas franchise in Umina.

Does that mean that Mr Mussali, who does not live in Umina, should withdraw his DA?

Colleen and I agree on this point.

Alleged sponsorship from Maccas is a drop in the bucket compared to funds raised from

Forum

sideline activities.

Is saving Maccas more important than promoting local amateur sporting clubs?

I have tasted steak sandwiches, sausage sandwiches and egg and bacon rolls from Gwandalan to Mangrove Mountain and on to Umina and the worst meal I encountered is 10 times tastier than anything that Maccas offer.

Email, 11 Apr 2012
Tim Haylor, Umina

The coastline needs defences

The Australian Museum Sydney has an interpretive sign that states "in a world increasingly affected by climate change, sea level rise and ocean acidification, it is important that we get to know as much about marine areas as possible".

On January 3, the Newcastle Herald reported on beach erosion affecting six surf club's along the NSW coastline.

Two of the clubs mentioned, Killcare and Copacabana, are in our local area.

I have asked premier Barry O'Farrell how the government was preparing for the loss of these surf clubs and the danger to other club in the "zones of potential instability".

Twelve weeks have passed and the premier, Minister for Heritage and Minister for the Environment have failed to respond.

Does the government have an existing methodological planned retreat for the coast line?

The lack of interest from

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for
contribution conditions

the premier and his team is an indication that the answer is an emphatic no.

The coastline needs defences as strong as the government's.

My original letter was in early January, a reminder letter was sent in February.

Barry has given himself a B+ mark as premier.

Not in my book.

Letter, 5 Apr 2012
Norman Harris, Umina

Head of State should be Australian

Forum

Don Parkes somewhat misrepresents my views (Peninsula News, 2 April 2012) when he quotes me saying that "it would be hard to suggest there is a better existing (political) model ... that we could adopt".

In fact, I went on to say that, regardless of our good past performance, there were details of the system that could be drastically improved.

Probably, the most obvious example would be that we have a head of state who lives on the other side of the world, is not an Australian and takes not the slightest interest in us, except for an occasional condescending visit.

How we could select a better head of state is an open question, but the principle that the head of state should be Australian and have a primary focus on the well-being of this country would seem to be difficult for any sensible person to dispute.

The pitfalls of the American presidential system are so exposed that it's difficult to see a majority of Australians accepting it.

Dividing the legislative and executive functions of government is so irrational and inefficient that it is extraordinary to realize that a group of seriously committed political pragmatists once adopted it as the best template for a country.

As to Klaas Woldring's contention that extra-parliamentary department heads bring greater

expertise to the management of programs than parliamentary ministers, it would be interesting if he could point to some concrete examples of where this has happened.

The American experience suggests that most Cabinet Secretaries are little more than political hacks, and the operation of governmental programs in America does not indicate any notable superiority of performance resulting from direction by a non-elected head, rather the opposite in most cases.

As everyone knows, the real management of departments is undertaken by each one's permanent head, and the titular head (Minister or Cabinet Secretary) is almost entirely in the hands of his advisers for information, ideas and even the very words that he speaks in his office.

This is why the business of government is relatively unaffected by changes at the top (I don't say that Sir Humphrey is a real-life figure, but there is enough truth in his representation to make the situation recognizable to the general public), as any Minister for Defence soon finds out.

If anyone doubts this, it would be pertinent to ask how Belgium has managed to continue on almost unchanged, despite its not having had a Government for more than a year past.

A head of state who represents us but has limited political powers would seem to be acceptable to most Australians (after all, that's what we have now).

I doubt that anybody wants to fall into the American trap of having a head of state who is also the apex political figure of the country, the conflicts that thus arise are patent.

The question is how to achieve this goal?

In a popular election, there is the horrendous prospect that Alan Jones or, even, Clive "Living Treasure" Palmer would sweep Marie Bashir away.

There is also the question of whether the head of state should be a lifetime appointment, the monarchists would have us believe that there is no use-by date for a royal incumbent, so why should it be any different for anyone else?

Don Parkes is correct in saying that republicans have divided views on these matters, and what is needed is a serious debate about them not glib referendum questions designed to be divisive.

As a final suggestion, in case Australians opt to continue with the monarchy, I'd suggest that we offer the post to King Vincent I.

He probably doesn't have much better to look forward to and, at least, he can claim to be a dinkum Aussie, while still providing a blue-blooded figure that the forelock-tuggers can kowtow to.

Email, 4 Apr 2012
Bruce Hyland, Daleys Point

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8 Principles of Health in the Recovery for the Sick

NOT TO BE MISSED!

The medical profession cannot always cure disease, but the human body has the amazing ability to recover in the right environment. Restorative power is not in drugs, but in nature's remedies. Unhealthful conditions can be changed, wrong habits corrected and right conditions in the body system re-established.

Nature's process of restoration and up-building is gradual, and the surrender of hurtful indulgences requires sacrifice. But the rewards are well worth the effort of turning your life around.

Karen Hodge, a registered nurse, who was diagnosed as having Multiple Sclerosis, is recovering from this serious illness by following these same health principles. Karen now seeks to impart the knowledge of these health principles and their application to a lifestyle of recovery from disease in its many forms.



Free To All Time: 11.30 - 2.30

Sunday 22nd April - "My Story" & "Lifestyle"

Sunday 29th April - "Sunshine" & "Rest"

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Mothers Day Break

Sunday 20th May - "Diet"

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Sunday 3rd June - "Water" & "Trust"
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Phone: Dorothea on 1300 486 683
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Bookings required for catering purposes.

Seminars offer principles for health

A series of seminars on the eight principles of health outlined in Ellen G White's book *The Ministry of Healing* will be held in the Woy Woy Adventist Community Centre, from Sunday, April 22.

Presenter Ms Karen Hodge said that she began to experience symptoms associated with multiple sclerosis in late 2009.

Her symptoms included widespread numbness, fingers locking at the joints, jerky eye movements, muscle twitches, inexplicable pain, lack of balance, fatigue, a variety of memory problems and occasional

incontinence.

Ms Hodge said that, as a registered nurse, she was aware that there was no known cure for multiple sclerosis, and therefore she chose to study Ellen G. White's eight principles of health instead.

Ms Hodge said that she had consistently refused all medication, and yet had seen her condition continue to improve in spite of this due to her practice of the book's eight principles, now only experiencing numbness in her hands.

"Everyone wants to enjoy good health but we are confused about where to get good sound advice," said Ms Hodge.

"Unfortunately we look in all the wrong places and end up spending a small fortune in the process.

"One of the main reasons for the world's crippling health crisis is the unhealthy lifestyle practices which invite an assortment of degenerative lifestyle diseases.

"It is time to take responsibility for your own health.

"It is time to do what I did and get an education," she concluded.

The seminars are free and run from 11.30am to 2.30pm every



Karen Hodge

Sunday through to June 3, with the exception of a Mothers' Day break on May 13.

Bookings are required for catering purposes.

Phone 0431 298451

E-mail, 12 Apr 2012

Eddie Mackie, Woy Woy Adventist Community Centre
Photo: Dorothy Pansare

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Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

LOST IN TRANSLATION

In order to understand more about Chiropractic, firstly you must get to know more about your body. Your nervous system is the communication system between your brain and your body's muscles, organs, tissues and glands.

For your body to remain healthy, your nervous system must function well. For your nervous system to function well, it must be free of interference.

This system relays information to tell your heart how slow or fast to pump, your stomach when to digest, your limbs how or when to move etc. In fact most of these processes occur every second of every day without you even being aware of it.

So where do chiropractors fit in to all of this? The body, when it's moving, is continually adjusting to information from its surroundings and ever changing environment. Your nervous system must be free of interference in order to allow efficient and effective movement to occur.

Spinal subluxations/joint dysfunctions, tight or fatigued muscles, weak ligaments, arthritic joints, flat feet, rigid joints, all can send altered information to the brain. The brain in turn processes this false information and as a result can send the incorrect message out to the body, leading to consistently inappropriate or potentially damaging movements.

Dr. Seth Sharpless at the University of Colorado demonstrated that as little as the weight of a 5 cent piece on a nerve has the potential to decrease the nerve impulse by as much as 60%. Could you imagine how poorly functioning or unhealthy your body would be if various organs or muscles were only getting 40% of the information?



Regular Chiropractic care can help remove this interference before you get pain or symptoms so your body can do what its suppose to do... BE HEALTHY !!!

by Dr Ursula Renfrew (Chiropractor)



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(N.B Answers to select question may be
printed in the future articles)

Umina Chiropractic Centre,
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Ph: 4341 6247

Survivors share experiences of life after cancer

Cancer survivors will front a special Cancer Council group session in Woy Woy on Sunday, May 12, where they will share their experiences on coping with life after cancer with local survivors.

On the Central Coast, around 2014 people are diagnosed with cancer each year.

More than 60 per cent of people treated for the disease survive and many face challenges adapting to life afterwards, which can also affect their families and loved ones.

Sandra Shorrock from Cancer Council's Central Coast Region Office said that cancer survivors often viewed the world differently after treatment, due to emotional and social impacts of the disease, coupled with the changes in their appearance and body function.

"Life after cancer can be a confronting and challenging time," she said.

"Many survivors feel as though others don't understand what they have gone through, and others suffer from problems

like depression and fatigue.

"But, it's important to realise you're not alone.

"We're encouraging anyone who's affected by cancer to book their place in this free session to connect with others who have been through a similar experience.

"Attendees will benefit from tips, ideas, and activities which may help them to live their life well after cancer."

The session is also open to carers, family, friends and work colleagues of those who have been affected by cancer.

"They too can feel very deep impact from their loved one's diagnosis and the effects of diagnosis and treatment," said Ms Shorrock.

To date, almost 1400 people have attended Living Well after Cancer workshops across NSW.

The Living Well After Cancer program is held throughout the state and run by Cancer Council NSW with specially trained cancer survivors.

Bookings are free but essential, phone 1300 200 558.

Media Release, 12 Apr 2012
Sandra Shorrock, Cancer Council

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Raising funds for umbilical cord blood research

Members of the Inner Wheel Club of Gosford North will be raising money for Coin for a Cord day at Woy Woy train station on Friday, May 14, from 6am.

They will be out in their yellow aprons, selling grandma and grandpa teddy bears, pens, yoyos, shopping bags and key charms to raise funds for the project.

Coins for a Cord raises funds for umbilical cord blood research within Australia and since starting in 2000 has generated funds of over \$1.5 million supporting 27

research projects to date.

Cord blood research focuses on how cord blood stem cell transplants can help critically ill children such as those with leukaemia.

The umbilical cord is the lifeline between mother and baby during pregnancy and cord blood is the blood left behind in the umbilical cord and is usually discarded after childbirth.

It now can be donated at specific hospitals.

Media Release, 2 Apr 2012
Fay Strachan, Point Clare



District chairman Margaret Unwin, a member of Wyong Inner Wheel Club at a Cord Blood display at the recent Rotary District 9680 Conference held in Wollongong

Indigenous health expo held at Umina

The Guri Wagir Central Coast Division of General Practice organised an expo for indigenous health which was held at the Mingaletta Aboriginal and Torres Strait Islander Corporation's premises at Umina on Friday, March 23.

The event was held as part of National Close The Gap Day, an initiative intended to eliminate the 10 to 17 year gap between the life expectancy of indigenous and non-indigenous Australians.

Attendees enjoyed a barbecue lunch and access to stalls staffed by representatives from Nunyara Wellbeing Centre, Eleanor Duncan Aboriginal Medical Services and other area health providers who were able to supply information regarding the availability of local health services and the ways in which they can be accessed.

Member for Robertson Ms Deborah O'Neill was present at the event.

Mingaletta provided a range of services to the local Aboriginal community, including early childhood daycare, literacy and numeracy groups for youth and adults, family support for child-rearing, cultural awareness

training, immunisation for infants and care for the elderly, arts and craft groups and surfing and fishing workshops.

Mingaletta has 270 members, 21 of whom are non-Aboriginal volunteers who assist with the

running of community days.

Mingaletta is the only Aboriginal Corporation on the Peninsula.

Email, 30 Mar 2012

Mingaletta Aboriginal and Torres Strait Islander Corporation



Member for Robertson Ms Deborah O'Neill with members of Mingaletta

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Information on Anzac Day commemorations: www.dva.gov.au/anzac



Healthscope

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70th anniversary of the bombing of Darwin

ANZAC DAY 2012

Beau wins encouragement award



Beau with his father Dean Mason and Paula Darwin

Ettalong student Beau Mason has received an encouragement award at the sixth annual Nanga Mai Awards held at the NSW State Library recently.

A student at Youth Connections-Ettalong, Beau completed his School Certificate last year, and has recently obtained a Certificate I in Aboriginal Tourism and has also completed a Scuba Diving course.

"The Nanga Mai Awards are an opportunity for students and staff, aboriginal and non-aboriginal, schools and communities to shine," said NSW Department of Education and Communities director Ms Michelle Hall.

"The Awards showcase those who are among the best and brightest in public education," she

said.

"The Awards can lay the foundations for the ignition and fulfillment of one's dreams or aspirations for a life nurtured by many learnings and achievements.

Nanga Mai is an Eora word for "dream".

The awards celebrate and recognise innovation, excellence and achievement in Aboriginal education in NSW public schools, school communities and Department of Education and Communities regional and state offices.

They are presented to students, teachers, school staff, community members, schools and community organisations.

Media Release, 3 Apr 2012
Sven Wright, DET

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Enrolment day at St Johns

An enrolment evening for St John the Baptist Catholic Primary School will be held on Tuesday, May 1, in the school hall from 7:30pm.

Those who attend will be able to meet the principal Mr Frank Cohen as well as the executive team.

A presentation about the curriculum will cover key learning areas, religious education and extracurricular activities such as Japanese, sport, robotics, drama

and the integration model.

An activities morning for the 2013 Kindergarten class will be held at the school from 9:30am until 11am on Wednesday, May 2.

This will provide parents and

carers with an opportunity to be given a guided tour of the school and its facilities.

Email, 5 Apr 2012
Cathie Moreau, St John the Baptist Catholic Primary School



St John the Baptist Catholic School students

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Regional principals conference

Ettalong principal Mr Colin Wallis joined other primary school principals from the Peninsula and the Hunter-Central Coast region for the annual Regional Principals' Conference late last month.

"It was a most informative and thought-provoking conference, giving me much to think about and to re-energise myself to keep forging ahead," said Mr Wallis.

"One of the interesting speakers was Professor Barry Carpenter, who spoke to us about the growing incidence of foetal alcohol spectrum disorders and the impact it is having upon schools and on

children's learning and behaviour. "It is a very concerning but real issue across all sectors both here and overseas.

"Deputy director-general of schools Mr Greg Prior also presented some information about the directions of public education in NSW and of course the Local Schools Local Decisions program that is set to impact upon all schools in the very near future.

"This initiative is aiming to put greater decision-making about schools at the local level so as to better meet local needs," he said.

Newsletter, 3 Apr 2012
Colin Wallis, Ettalong Public School

School to join Anzac march

Woy Woy Public School will join the public in an Anzac march at Woy Woy on Wednesday, April 25.

The march will begin at 10am and will end with a service at the Woy Woy cenotaph.

Principal Ms Ona Buckley said she was encouraging as many students as possible to get involved.

She urged students to "be proud to march with your school as a thank you for our free, democratic country and those that gave the service and their lives to make it so," she said.

Students from other schools on the Peninsula have also been invited to participate.

Newsletter, 3 Apr 2012
Ona Buckley, Woy Woy Public School

Crazy hair day

Umina Public School's Crazy Hair Day last month raised over \$750 for Stewart House.

Students and teachers were able to wear mufti and crazy hair styles such as mohawks, coloured

hair, bows and wigs.

The students said they had a fabulous day and couldn't wait to do it again next year.

Email, 4 Apr 2012
Aleena Long and Blake Cox, Umina Public School

Medals at swimming carnival

Brisbane Water Secondary College student Rachael Wood has won four medals at the Combined High Schools Swimming Carnival, which were held from April 1 to 3.

The 13-year-old was given gold medals for her performances in the 100m and 200m freestyle, a silver for the 100m back-stroke and a bronze in the 400m freestyle.

Rachael was the runner-up age champion at the Carnival, and has been selected to compete in three events at the NSW All Schools Championship.

Another successful athlete from the school was 15-year-old Indigo Verhoeven, who came fifth in the 100m breast-stroke with a personal best and was the age champion at the Carnival.

She will be competing in the 50m backstroke at the NSW championship.

E-mail, 11 Apr 2012
Nerrida Lewis, Brisbane Water Secondary College
Photo: Lisa Spencer



Rachael Wood

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Out and About



Disco to raise funds for taekwon-do



Extreme Martial Arts Club Woy Woy will host a “kids disco” at Woy Woy Leagues Club on Thursday, April 19, to raise funds for the forthcoming National Titles Taekwon-Do Tournament to be held in Maroochydore QLD.

“We are looking for sponsors to help with this expense so all kids regardless of financial circumstances have a chance to attend,” said fundraising assistant Ms Clare Fenwick.

“We have started fundraising for this event and our goal is \$10,000 to fund this trip.

“We are organising a coach

to leave on the Friday prior to the tournament from Woy Woy, travelling to Maroochydore and return on the Monday afterwards.

“Sponsors will receive positive exposure through their names being printed on the back of team t-shirts that will be worn during our trip.

“They will also receive a result report on return and an appreciation certificate and will be mentioned in any media and social events we host,” added Ms Fenwick.

Email, 6 Apr 2012
Clare Fenwick, Extreme Martial Arts Club Woy Woy



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The character Shen (神) is a general term for “divine” or “divine being.” Chinese cosmology, in fact, is replete with hundreds of deities, Buddhas, and Taoist immortals who play different roles and color the canon of Chinese history with thousands of rich stories.

This feeling of the divine plays into the second character of our name: Yun (韻). Its meaning is far greater than what literal translation can capture. “Yun” refers to the overall manner of a dancer, a dancer’s style, and the meaning behind his or her movements.

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— **Chi Cao**, Principal Dancer of Birmingham Royal Ballet and lead actor in Mao’s Last Dancer

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— **Christine Walevska**, master cellist

“A beautiful show... fantastic!”

— **Joy Behar**, Co-host of ABC’s *The View*

“I don’t know how many hundreds of performers are involved in this. But between the musicians, the performers, the number of costume changes, the extent of the lighting, the writing, the effects, there’s almost no show like this anywhere.”

— **J.B. Miller**, CEO of Empire Entertainment & Emmy Award-winning producer

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— **Stephen L. Norris**, co-founder of The Carlyle Group

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Out and About



Throat singing features at Troubadour folk club

The Troubadour Folk Club will hold its next concert on Saturday, April 28, at the Woy Woy CWA Hall with tuition from Christina and Chris

Sainsbury and a performance from Bukhchuluun Ganburged (Bukhu).

The singing workshop will kick off the night from 5pm until

6:15pm and will consist of singing techniques and singing warm ups as well as instruction on singing two or three songs in three or four part harmony which will be performed at the following concert from 7pm.

Ms Sainsbury has been running choirs and singing workshops on the Central Coast for a number of years, including the Bouddi Voice Choir and Shakti Women's Choir.

She is well known for her kirtan (yogic singing of mantras) and has also sung in jazz, world music and art music ensembles.

She studied singing at the University of New England Northern Rivers where she completed her Bachelor of Arts in 1991 and then later completed a Graduate Diploma in Music Therapy at the University of Technology Sydney.

She is now working as a music therapist on the Central Coast.

Bukhu, a masters student of the Music and Dance Conservatory of Ulaanbaatar, will kick off the 7pm concert with his folk music of Mongolia.

He said that, in his music, he explores the aural dimensions of sounds generated by traditional instruments and harmonic overtone vocal techniques.

He aimed to present a contemporary take on the tradition of Mongolian bards of the middle ages and those of ancient times, acting as a national memory bank by working mythologies, historic figures and events into traditional verse form.

A cultural ambassador of his country, Bukhu combines Morin Khurr (horse head fiddle) and Khuumii (harmonic overtone throat singing) skills to transmit the harmony of Mongolian shamanic culture through time and space, said folk club publicity office Ms Willy Timmerman.

"He embodies the spirit of reinterpreted narratives through verse which is key to the enchanting powers of folk traditions, combined with influences from contemporary music woven into the fabric of these arrangements," she said.

"An accomplished composer of contemporary music in his own right, Bukhu's songs incorporate elements of genres as diverse as overtone throat singing, harmonic



chant, folk, classical, blues, metal and, more recently, electronic and hip-hop."

He has played for audiences in France, Germany, Belgium, Switzerland, Denmark, Czech, Luxemburg, Japan, Korea, Taiwan,

Austria and Australia, with the Morin Khuur Ensemble, Khangal Quartet and Domog folk band.

Email, 10 Apr 2012
Willy Timmerman, Troubadour
Photo: Bukhchuluun Ganburged



Peninsula Food Guide

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Out and About

Peter is bush poet of the year

Member of the Gosford Bush Poets Society, Mr Peter Mace of Empire Bay, has received critical acclaim amongst the folk community for his most recent compilation of bush poetry, earning the artist the coveted title of "bush poet of the year", awarded at the 2012 Man from Snowy River Bush Festival held in

Corryong, Victoria on March 29.

"My album Australian Made was released in mid 2011, and I like to go and perform at folk and country music festivals as well as various competitions," Mr Mace said when asked about his desire to share and perform the album.

The album features 12 song covers, with several original tracks.

"Half of the poems are mine.

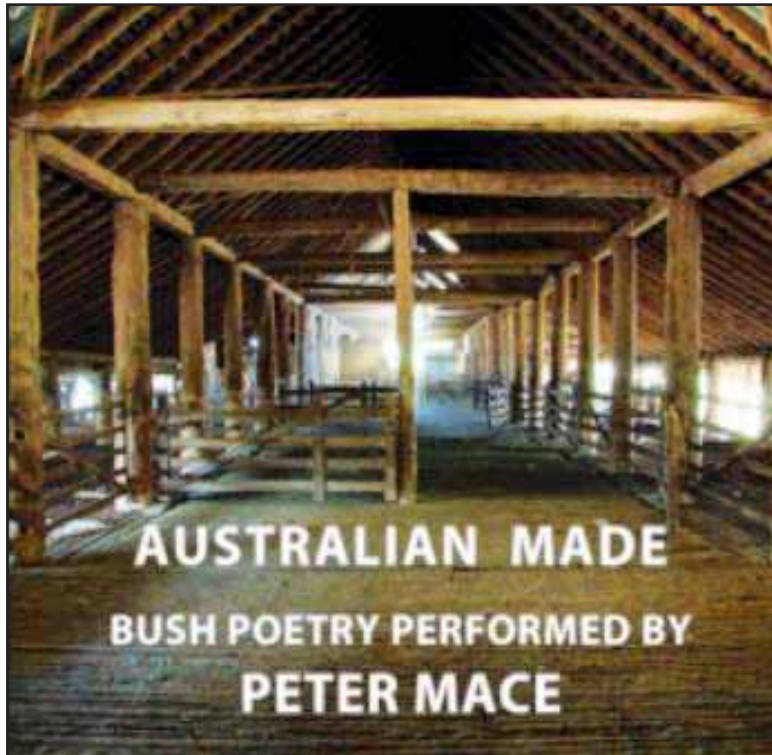
"However, the title track Australian Made is written by my good friend John Dengate," Mr Mace said.

"It is written about his father and he was kind enough to let me record it.

"I'm now the Australian Bush Poetry champion and it's an honour," Mr Mace added.

Elyse Gunner, 12 Apr 2012

Interviewee: Peter Mace



Peter Mace's new album

Cartoonist interviewed at Wagstaffe

Greg Pickhaver, also known as HG Nelson, will interview cartoonist Bill Leak at Wagstaffe Hall on Saturday, April 21, at 2pm.

The afternoon will open with a performance by jazz pianist and member of the Central Coast Conservatorium, Rodric White.

The interview will follow and conclude with a question and answer session in which both Mr

Pickhaver and Mr Leak will field the audience's questions.

Promoter Ms Dianne Lewis said that the event "promises to be memorable, affectionate, humorous and irreverent".

Places are limited and bookings must be made with the Bouddi Society on 4360 1276.

E-mail, 1 Apr 2012

David Dufty,
the Bouddi Society



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Out and About



Pearl Beach book fair was biggest ever



The raffle draw with President Roger Murray and Progress Association member Heather Brown.

The Pearl Beach Annual Book Fair was held over Easter.

In what was the biggest event in the Fair's 36-year history, raised over \$11,000 for the community's memorial hall upkeep and maintenance.

Organised by the Pearl Beach Progress Association, the event is claimed to be the largest Pearl Beach fundraising activity each year.

"This year was no exception with thousands of books on sale," said association communications officer Ms Lynne Lillico.

"Children gathered at Kids Corner to find their favourite story, or even someone to read to them.

"The raffle had two Central Coast winners, Jennifer Cowan and Lucy Roberts, collecting a large hamper each."

Association president Mr Roger Murray said: "Many community members gave of their time to set-up and dismantle the event, cooking for the cake stall, and importantly unpacking, collating and sorting thousands of books, that are generously donated throughout the year."

Media Release, 1 Apr 2012
Lynne Lillico, Pearl Beach Progress Association

Foul bottoms on display at Patonga

Patonga artist Alan Williams will have his work, **Foul Bottoms**, on display at the Patonga Bakehouse Gallery until May 25.

Mr Williams has been drawing cartoons and boats for over 65 years.

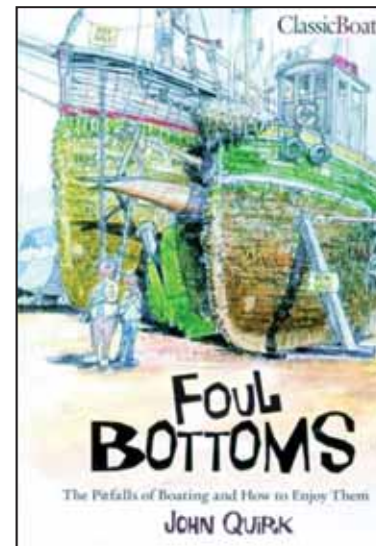
He was born in an air raid shelter in the UK during the blitz and later left to work as an architect in East Africa and New York before he arrived in Australia 30 years ago.

He has written and illustrated books on boating, military history and making kid's toys from junk, plus a series of humours articles for boating magazines.

These led to the publishing of *Foul Bottoms*, an autobiographical account of some of his nautical encounters and disasters.

He hides behind the pen name of John Quirk so that his architectural clients do not think they are entrusting their work to a sea going Mr Bean.

After years on the drawing board, Alan's style of humorous drawings have become more detailed with pen works and loose



watercolour washes.

He is currently illustrating humorous books for a UK publisher and has a regular illustrated piece in *Afloat* magazine.

He is an "extreme creekie" and shares a weekend house across the creek at Patonga with his wife Joanne.

Letter, 10 Apr 2012
Joeelyn Maughan, Patonga Bakehouse Gallery

Tahnee competes in quest

Tahnee Nicol of Umina will compete in the 2012 Miss Country Girl Australia Pageant at Tuggerah on the weekend of May 26 and 27.

"I am excited about meeting other girls in Miss Country Girl Australia and being photographed," said the 10-year-old.

"I have modelled a fair bit.

"Currently reigning Little Miss Photogenic Worldwide and have been selected for the Face of Europe pageant at Euro Disneyland, Paris.

"I've trained with Polished by Donna and done model workshops with Melissa Stone Photography," added Tahnee.

She has participated in modelling courses and currently

has Skype lessons with Brisbane Beauties.

She has won most beautiful, best dressed and first place for red carpet events in the past.

Miss Country Girl Australia is a national search focused in rural-regional areas across Australia with contestants given the opportunity to transform themselves from a country town girl to a superstar.

The event aims to connect with a regional audience by giving young local talent an opportunity to pursue their dreams.

Each event is an opportunity for the community to congregate and support their local youth.

Media Release, 12 Apr 2012
Jessica Ho, Miss Country Girl Australia

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Karise competes in reality show

Umina resident Karise Higgins, 19, will appear on Channel Nine television show The Voice on Sunday, April 15.

Karise completed an online audition for the reality TV show and was then selected for the blind auditions held in Fox Studios Sydney.

It is not yet known whether the blues singer will join Team Delta, Team Seal, Team Joel or Team Keith.

On The Voice, four superstar musician coaches begin to select teams of 12 based solely on an artist's voice.

Seal, Joel Madden, Delta Goodrem and Keith Urban are competing as coaches, each one hoping to discover, and nurture Australia's next great voice.

During the blind auditions, if a coach is impressed, they push a button to select the artist for their team of competitors.

They select 12 acts in total.

At this point, the coach's chair will swivel so that they can face the artists they have selected.

If more than one coach selects the artist, the power shifts to the artist who may choose which coach they want to work with throughout the competition.

An artist is eliminated when they have not been chosen by one of the coaches.

Once the teams are set, the battle is on.

Coaches will dedicate themselves to developing their singers, giving them advice, and sharing the secrets of their success.

During the battle rounds, the coaches will pit two of their own team members against each other to sing the same song together in front of a studio audience.

After the vocal face-off, the coach must choose which of his/her singers will advance.

At the end of the battle episodes, only the strongest members of each coach's roster remain and proceed to the live stage shows.

In this final performance phase of the competition, the top artists from each team will compete against each other during a live broadcast.

The television audience will

vote to save their favourite talent, leaving the coach to decide live who they want to save and who will not move on.

In the end, each coach will have one star artist left ready to compete against the other teams' finalists to be named The Voice of Australia.

The winner will receive the grand prize of a recording contract with Universal Music Australia and \$100,000.

In an interview on A Current Affair on Thursday, April 12, Karise said she had a mixture of emotions.

"I'm a mixture of everything, cold feet yet excited and nervous, happy, sad, everything," she said.

Website, 13 Apr 2012
The Voice
A Current Affair, 12 Apr 2012



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Bridge results

The Brisbane Water Bridge Club celebrated Easter Monday with a red point trophy event, held at the Peninsula Community Centre.

The annual event was contested by 48 club members and visitors. The winners were Christine

Hadaway and Karen Ody with a result of 67.00 per cent.

Frances Lyons and Janet Clarke came in second with 60.10 per cent.

In third place with 59.20 per cent were Noel and Shirley Crockett.

Media Release, 10 Apr 2012
Heather Tarrant, Brisbane Water Bridge Club

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Don and George

Benefit concert for Don Andrews

A benefit cocktail evening to commemorate the life of Central Coast guitarist Don Andrews will be held at the Peninsula Theatre on Saturday, May 12, from 5:30pm.

A Concert for Don will celebrate Don's life and music and feature a tribute concert with performances by noteworthy musicians including George Golla who often performed with Andrews, ex-students and tutors from the Central Coast Conservatorium's guitar department.

Loved and revered by many, the 82-year old was best known to local musicians and students as a performer, guitar tutor extraordinaire, head of the conservatorium's guitar department, and the organisation's former artistic director.

Don passed away with wife Monica by his side on March 5 after failing to recover from injuries sustained from a fall earlier in the year.

A kind, gentle man and a quiet achiever, Don was an inspiration to many and helped develop and mentor talented new guitarists

across generations. He continued to work as a tutor right up until his final days. Some of the notable musicians Don worked with in Australia and overseas included Rex Stewart, William Clauson, Fred Hartley, Jay Wilbur, the Le Garde Twins, Burl Ives, Mel Torme and Larry Adler. He also composed the background sound tracks to a number of films and wrote several published and well-known guitar tuition books.
Media Release, 13 Apr 2012
Phaedra Pym, A Way with Words
Photos: Don and George Golla

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View club holds fete for Smith Family

As part of Back to School Day, Endeavour View Club members will hold a fete on Wednesday, April 18, at the Uniting Church Hall, Ettalong, from 10:30am until 1pm.

A variety of home-made arts, crafts, baked goods and gardening items will be available for purchase, in addition to lucky dips and face-painting for children.

The event is being held to raise funds for the Smith Family charity.

"It's hard to believe that so many children are struggling right here in the lucky country of ours,"

said View national president Ms Lorraine Montgomery.

"Through our Back to School Day events, we're encouraging members of the public to recreate a day at school in a fun way, while raising some funds to help create a better future for kids in need.

"This is our chance to celebrate our past to change a child's future," she added.

More than 117,000 disadvantaged children were supported nationally through the Smith Family, but with one in 10 Australian children currently living in disadvantage, there were many

more to reach, she said. The charity was aiming to make sure that more children had access to the essential support required to help them make the most of their education. Anyone can get involved in Back to School Day, staging their own activity on any day in April, with ideas including a retro trivia quiz, bake sale, sporting carnival or school dance, she said.
Media Release, 29 Mar 2012
Viv Donovan, Endeavour View Club

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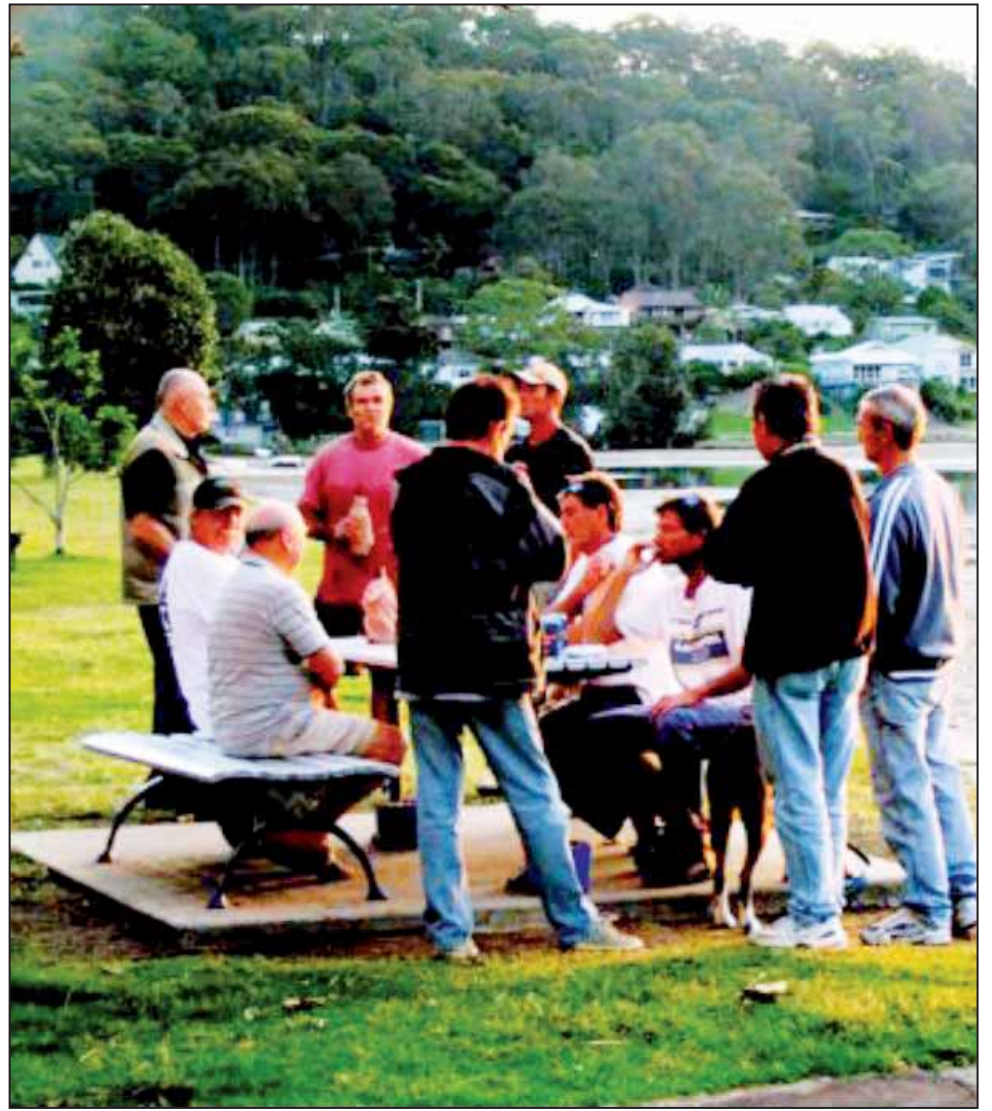
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Photo: Barbara Morgan



Famous gathering place at Hardys Bay

The most famous and regular gathering place on the Bouddi Peninsula is under the Yum Yum Tree in Hardys Bay in the late afternoon sun.

It originated around at the Wagstaffe store when it was run by Harry Kinson.

Harry sold liquor out of part of the shop and customers would often gather together around the front of the shop where the coffee tables are now.

The site and the gatherings were popularly known as Harry's Place.

When Harry moved from the Wagstaffe store and built the shop now known as Killcare Cellars around 1980, he took the liquor licence with him and his customers followed to the new gathering

spot under the Yum Yum trees, although there was a stage when it was commonly referred to as the Defaulters Club, since many of its members had been barred from the RSL club.

In the early days the people who gathered there did their drinking in the car-park outside the shop.

Deb Holloman met her husband Steve Teasdell in the car-park of the bottle shop.

Later on, the drinkers moved across the road, to the small area

on the waterfront, where the coral trees provided shade.

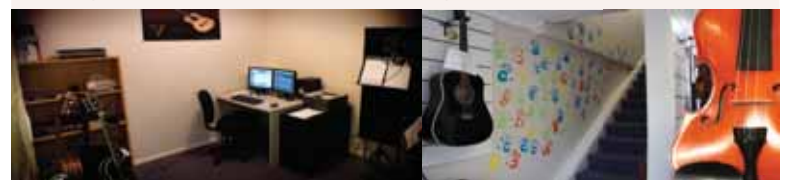
Many local identities have participated in the conviviality of the Yum Yum group.

Prominent among these in the 1980s and 90s were Brian Burrows and Jack Morrow, who would establish themselves regularly at 3pm every afternoon to open the proceedings.

CD-ROM, 2010

David Dufty, The Bouddi Peninsula

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Everglades appoints national bowler

Beth Quinlan has been appointed the bowls coordinator at Everglades Country Club.

General manager Mr Greg Hornby said: "Beth is passionate about her bowls and still competing at national level," said Mr Hornby.

"She is keen to develop bowlers of all ages at club level and to promote junior bowls on the Peninsula.

"We are very excited about the future of bowls at Everglades," Mr Hornby said.

During her 20 year bowling career, Ms Quinlan has represented the Northern Territory and NSW and had won state titles, club championships and Bowler of the Year at St Johns Park Bowling Club.

She was nominated for the Northern Territory Sportsperson of the Year and was awarded the Steve Abala Role Model, Administrator's Medal in 1994 while living in Darwin.

She was selected to skip a side in the Australian Sides Championships and also in the Super Six Series last year where her good form earned her a gold medal.

She has been reselected for both in April at Broadbeach



Beth Quinlan, Margaret Smith and Karin Wilkinson holding the Australian Open Triples trophy 2007

Queensland.

She represented Australia in India in 2010 to play in an eight-nations tournament and came home with a silver medal.

She has been reselected for the

Australian Bowls squad and said she was hoping for selection in the Australian team to play World Bowls in Adelaide in December.

"Beth has brought to Everglades a wealth of experience in the organisation and planning of future tournaments that will put Everglades on the map," said Mr Hornby.

"At the same time, she is taking on the added role of chairperson of the Joint Bowls Committee which should result in a more cohesive approach to bowls at Everglades." Email, 28 Mar 2012

Lynnley Capell, Everglades Country Club
Photo: Bowls Australia

Boxing battle bound for Umina PCYC

Umina PCYC will host boxing tournament, Battle for the Coast, on Saturday, May 12, from 7pm.

Umina PCYC boxing director Joel Keegan said the club was looking forward to seeing the best fighters on the Central Coast take on two-time Australian champion Satali Tevi-Fuimoano, NSW Champions Luke and Jordan Bunder and Brady Robinson, World Series Boxer representative Troy O'Meley and sons of Hall of Fame Champion Kostya Tim and Nikita Tszyu.

This will be Satali's final bout in preparation for his tilt at the Ringside World Championships in Kansas, USA, in early August.

"No Australian has ever won these titles, and Satali's preparation has been spot on," said Keegan.

"Satali has only ever lost two fights, one boy won't fight us and

the other boy we lost to was in a very controversial decision in Queensland, so we are hoping to get him down.

"He is also an Australian champion, bigger and older, and is a great test of where we are for the worlds in Kansas.

"Nikita and Tim Tszyu are two of the hottest prospects in boxing and will bring a great style of fighting to the night.

"This will just be a great night of fighting, with the opportunity for all fighters on the coast to challenge each other, that's ABA v ABL.

"For too long we have had boxers running around in two separate associations, with two sets of champions.

"We have an opportunity now for both associations to compete against each other, so they should."

Email, 13 Apr 2012

Joel Keegan, Umina PCYC

Damien is one of the best

Woy Woy Lions rugby union junior Damien Fleming has been recognised by the Australian Junior Wallabies selectors and has been voted April's Inspirational Athlete by the Central Coast Academy of Sport.

At the 2011 ClubsNSW Academy Games, held in Armidale, Northern NSW, Fleming was voted

to be one of the best players at the tournament and also had the opportunity to meet and train under the Australian Wallabies head coach, Robbie Deans.

He is now looking ahead to the prospect of becoming a professional rugby union player.

Media Release, 11 Apr 2012
Warwick Whitmore, CCAS

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Davistown RSL

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Empire Bay Real Estate
Empire Bay Tavern
Empire Bay Public School
Liberty Service Station
Post Office
Bottle O Liquor Shop
By the Bay Takeaway

Ettalong
Centrelink
Cinema Paradiso
Cinema Hotel
Cooinda Retirement Village
Mantra Resort
Ettalong Beach Arts and Crafts Centre
Ettalong Beach Holiday Village
Ettalong Beach Motel
Ettalong Bowling Club
Ettalong Hotel

Ettalong Memorial Club
Ettalong Surgery
Ettalong Pizza and Pasta House
Ettalong Public School
IGA
Newsagency (near old Post Office)
Newsagency,
Oceanview Rd
Peridon Village
Senior Citizens Centre
Woolworths

Gosford
Central Coast Leagues Club
Ducks Crossing Publications
Gosford Council
Gosford Library
Gosford RSL
Imperial Centre

Hardys Bay
Hardys Bay Corner Store
Hardys Bay RSL

Killcare
Killcare Surf Club

Patonga
Patonga Bakehouse Gallery

Pearl Beach
Pearl Beach General Store

Pretty Beach
Pretty Beach Public School

Umina
Bourke Road General Store
ChemWorld
Don Leggett House
Eagle Boys Pizza
Mum's Seafood
Ocean Beach Holiday Park
PCYC
Peninsula Village
Shell Service Station
St George Bank
St John The Baptist School
The Ink Shop, Umina Mall
The Hammond Group
Umina Bowling Club
Umina High School
Umina Mall Pharmacy
Umina Public School
Umina Library

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Woy Woy
Amchal Chemist, Peninsula Plaza
Bay View Hotel
Bays Fire Station drum
Brisbane Waters Private Hospital
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Deepwater Plaza
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Woy Woy Aged Care Centre
Woy Woy Bowling Club
Woy Woy Community Centre
Woy Woy High School
Woy Woy Hospital
Woy Woy Leagues Club
Woy Woy Library
Woy Woy Veterinary Clinic
Woy Woy Public School
Woy Woy South Public School



Jane and Mark Davis being presented with a cheque by Noelene Sylvester on behalf of The Sydney and Missoula Friendship Force Clubs

Life saving club hosts overseas visitors

Ocean Beach Surf Life Saving Club hosted overseas visitors from Missoula, United States, on Thursday, March 22, as part of the Sydney Friendship Force Club's international travel program, which promotes cultural friendships worldwide.

Central Coast members Carol and John Farthing of Ocean Beach invited the international visitors for morning tea at their home.

"One of the highlights of the day was an insight into the surf lifesaving movement provided by Mark and Jane Davis from the Ocean Beach Surf Club," said

Friendship Force member Ms Carolyn Rogers.

"The visitors were in awe of what the members of surf clubs provide on a voluntary basis to keep our beaches safe."

"Staples and Marie Byles lookouts provided a great overview of the area.

"The pelican feeding was a hit as well.

"Our visitors came away with very good memories," Ms Rogers added.

Email, 11 Apr 2012
Carolyn Rogers, Sydney
Friendship Force Club
Photo: Pam Slater and
Noelene Sylvester

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Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
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Services 4351 1922
Youth Angle • Woy Woy 4341 8830
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Wildlife Arc 4325 0666
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Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
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Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

The Peninsula Diary

For events in post code areas 2256 and 2257

Tuesday April 17

Aged Care-fees and charges,
Woy Woy Library, 10:30am-
12pm
Bush Detective – Mini
beasts, Brisbane Water National
Park, 9am-11am

Wednesday April 18

Bays Community Group
general meeting, Woy Woy Bay
Community Hall, 7:30pm
Back to School day fete,
Endeavour View Club, 10:30am-
1pm

Thursday April 19

Kid's Disco, Woy Woy Leagues
Club

Friday April 20

Wild Wild World in the
Darkness, Bouddi National Park,
5:30pm-7:30pm

Saturday April 21

Bays Nostalgia Night, 7:30-
10:30pm, Bays Community Hall
Time 4 Kids, Deepwater Plaza
Uminafied, 10am-3pm, Umina
skatepark
Sea Creature Treasure Hunt,
Bouddi National Park, 1-3pm

Garage Sale, Umina Uniting
Church, 8am-11am
Interview with Bill Leak,
Wagstaffe Hall, 2pm
Pro Wrestling Australia
competition, Woy Woy Leagues
Club

Sunday April 22

Eight Principles of Health
Seminar, Woy Woy Adventist
Community Centre

Wednesday April 25

Anzac Day ceremony, Empire
Bay Cenotaph, 11am
Anzac Day ceremony,
Brisbane Waters Private
Hospital, 8:45am
Anzac Day ceremony,
Ettalong memorial Bowling Club,
1:15am
Anzac Day ceremony,
Memorial park, 5:30am
Anzac Day ceremony,
Patonga, 5:30am

Saturday April 28

Heritage Festival - Shipwrecks
and Seafarers Discovery Tour,
Bouddi National Park
Troubadour Folk Club
concert, Woy Woy CWA Hall

Sunday April 29

Bays Community Group
Breakfast in the Bays, Woy
Woy Bay Community Hall, 8:30-
10:30am
Heritage Festival - Stories
of War Discovery Tour, Bouddi
National Park

Tuesday May 1

Central Coast Community
Legal Centre's Domestic
Violence Legal Outreach Project
legal advice, Peninsula Women's
Health Centre, 9:30am -11:30pm
St John the Baptist Catholic
Primary School enrolment
evening, 7:30pm

Wednesday May 2

Umina CWA branch meeting,
10am, Umina CWA Hall

Thursday May 3

Geology of Little Tallow Beach
Discovery Tour, Bouddi National
Park

Saturday May 5

Native Bees Workshop, Pearl
Beach Progress Hall
Card making workshop,
Ettalong Beach Arts and Craft
Centre, 9:30am-1pm

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Runner-up, Mingara's Chad Williams holds up Ettalong's Zach Robertson's arm
in victory on becoming the Bowls Central Coast Under 18 Singles champion for 2012

Zach dominates under-18 singles

Ettalong's Zach Robertson turned on a precision display of draw bowling to dominate the final of the Bowls Central Coast Under-18 Singles title to beat Mingara's Chad Williams 31-5.

Zach was fully tested by

Everglades' Luke McBeatty in a quarter final (25-22) who had won the Fours and Pairs earlier in the week and then overpowered Ettalong's Cody McDonald 25-4 in a semi-final to go into the final as hot favourite.

In the other half of the draw, Chad Williams finished strongly to beat Jayden Moody 25-8 in a quarter final and steamed home over Caileb Peck 25-14 in the semi-final for a well deserved berth in the blue ribbon final.

Zach Robertson, 17, who has been playing bowls since nine years of age and has represented Ettalong in the Grade 1 Pennant competition for the past two years was just too experienced for Chad Williams who only took up

the game some 18 months ago.

The Singles title was the culmination of three big days of bowls for the up and coming Under-18 bowlers with Caileb Peck, Jayden Moody, Chad Williams and Luke McBeatty taking out the Fours title and Jacob Caswell and Luke McBeatty beating Chad Williams and Jayden Moody in an entertaining Pairs final.

All these winners will be invited to contest the NSW State under-18 championships to be played at Warilla in July.

Email, 13 Apr 2012

Kevin Dring, Bowls

Central Coast

Photo: Kevin Dring

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Woy Woy Peninsula Lions Club

Sunday, April 29, 9am to 1pm

Great variety of stalls ~

BBQ, Tea & Coffee.

Vendors Welcome ~

Car Boot Sale - \$15 per car

Now at Dunbar

Road Car Park

NB stall sites not open until 6.30am

Cnr. Ocean Beach Road Woy Woy

Always Last Sunday

(Except December)

More Details...

Enq: 0428 418 535

Widow and Widower social group

Meet at Central Coast

Leagues Club

1st and 3rd Thursday evenings

at the Bistro 6.30pm

Anyone who has lost a partner

is welcome to come along to

meet others who understand.

We can help each other

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0418 439 287

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jrh.unitedonlinebusiness.com

Directory - Not for profit Community Organisations

Animal Care

Animal Welfare League (ADS)
provides aid to sick or injured animals and subsidised assistance in the desexing of dogs.
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.
Debra 4344 4435
awlcentralcoast@virginbroadband.com.au

Art

Ettalong Beach Art & Crafts Centre ⁽²⁸⁷⁾
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society ⁽³⁰⁹⁾
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings 1.30pm
4th Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Point Clare Arts & Crafts ⁽³⁰⁹⁾
Wed - Adult Class
Approaches to Visual Arts, supported by History of Art, to develop your own style
Wed & Frid - Adults
Bunka Embroid, Cards, Scotchet, Cross Stitch or bring your own \$3/session
Point Clare Community Hall
10am - 12noon
4325 5007

Hospital Art Australia ⁽³⁰⁹⁾
Meet every Friday
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing
Volunteers welcome
4341 9920

Community Centres

Peninsula Community Centre ^(39/290)
Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.
Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre ⁽²⁸⁷⁾
(formerly Ettalong Senior Citizens Centre)
Mon - Fri
Cards, Computer Lessons,

Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Gosford 50+ Leisure and Learning Centre ^{(formerly Senior Citizens) (287)}
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class
4324 4749

Community Groups

AACC COMPUTER CLUB Inc. ⁽²⁹¹⁾
www.aacc.asn.au
Help with all Computing problems
Program demos + Q&A sessions
Narara Valley High School
Fountains Road, Narara
2nd Wed of month (Feb-Nov)
Windows 7pm to 10pm
Supper provided
East Gosford Progress Hall
10 Henry Parry Drive (cnr Webb Rd)
3rd Wed of month (Feb-Nov)
Linux 9.30am-12.30pm
4th Thu of month
Social Meeting + Windows
12.15pm – 3.15pm
Afternoon tea provided
4362 1918

ABC ⁽³⁰⁹⁾
"The Friends"
Support group for Public Broadcaster.
Aims: safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
4341 5170

Beachside Family Centre ⁽²⁸⁷⁾
School-based community centre for families with children from birth to 8 years old. Group programs and community activities
4343 1929
Umina Public School
Sydney Ave

Bridge ^(286c)
Tues 12.15pm is a friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd.Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie ^(56/294)
50 Games every Sat night
St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm.
Proceeds to Woy Woy Catholic Parish. www.cashousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild Inc ^(286c)
Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts
Workshops and community quilting bees
Day and night groups
4325 4743
www.centralcoasthsguild.org.au

Central Coast Family History Society Inc. ⁽³⁰¹⁾
All the resources, information and advice needed to study your family's history are available through the Society.
Meetings 1st Sat ea mth 1pm Lions Community Hall, behind the Society's Research Centre 8 Russell Drysdale St, East Gosford.
www.centralcoastfhs.org.au
Visitors welcome
4324 5164

Hardys Bay Residents Group ^(60/296)
Working for a positive & Healthy Environment in our Community
allanbw@bigpond.com

The Krait Club ^(58/295)
Community Centre - Cooinda Village, Neptune St, Umina
10.30am Open to senior members of Woy Woy/Umina Community
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips
4341 0698

Northern Settlement Services ⁽²⁸²⁾
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Peninsula Village Peninsula Village Carer's Support Group ⁽²⁸⁷⁻³¹¹⁾
Invitation to carers of Loved ones with dementia
All welcome
Meet 1st Wednesday of the month
10.00am to 11.30am
Contact: Paula Newman
4344 9199

Peninsula Village Playgroup ⁽²⁸⁷⁻³¹¹⁾
Carers, Grandparents, parents & children
Come & join our 'Intergenerational Playgroup'
Meet every Tuesday 10.00am to 11.30am
Contact: Paula Newman
4344 9199

Probus Club of Umina Beach ^(81/298)
Friendship, Fellowship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+
Non Political and Non Sectarian
- 2nd Wed every mth, 10am, Everglades Country Club
uminabeach@probusclubs.com.au
P.O. Box 443 Woy Woy

Rotary Club of Kariong/Somersby ⁽³⁰⁹⁾
This international service club exists to improve lives of communities in Australia and other countries. Why not join us for fun-filled activities, fellowship and friendship.
We meet for breakfast at Phillip House 21 old Mount Penang Road (opp Shell)
Fridays 7:15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina ^(6/294)
An international service organisation of business leaders seeking to improve

the lives of young people and those in need in our community and abroad.
Everglades Country Club
Weds
curleys@ozemail.com.au
0409 245 861

Seniors Computer Club Central Coast Inc. ^(83/301)
Beginners' classes held Mon or Tues. Also classes Mon - Fri as published on the Club Website. 10am to 12md or 1-3pm Kincumber & District Neighbourhood Centre. PC and Mac - Meetings also held at Avoca Beach Bowling Club 1st Mon with a Guest Speaker
4369 2530

Umina Beach Men's Shed Inc. ⁽²⁸⁷⁻³¹¹⁾
Men can come and share Variety of tools, pursue interests and hobbies,
Spend time with other men and Learn new skills
Contact: Darrell 4341 2355

Umina Beach Scrabble Club ^(65/302)
For all levels and ages
Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play
Scrabble
322 West St (Rubys) Umina
4341 4859

Volunteering Central Coast ^(57/295)
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers.
Regular general info sessions at Woy Woy.
vrc@volunteeringcentralcoast.org.au
4329 7122

Wagstaffe to Killcare Community ⁽²⁸⁵⁾
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall
4360 2945
info@wagstaffetokillcare.org.au

Disabled Services Riding for the Disabled ^(282c)
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers always required
No Previous experience
Necessary - School hours only
Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Environment Peninsula Environment Group ⁽²⁸⁷⁾
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peg.org.au

Health Group Arthritis NSW ^(9/292)
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,
Woy Woy - 4341 5881

Meals on Wheels ^(81/298)
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place ⁽²⁸⁷⁾
Providing hot, freshly cooked meals - Mon to Fri 11am-

1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.
marymacs@woywoycatholic.org.au
4341 0584

Overeaters Anonymous (OA) ^(64/278)
12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins.
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Rm 5
Every Fri 7:30- 8:30pm
www.oa.org
0412 756 446

Pink Butterfly Breast Cancer Support Group - Ettalong
First Sunday every month
10.00am -12.00
Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Women's Health Centre ^(285c)
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy
4342 5905 Wed and Thur 9.30am-3pm
20a McMasters Rd,
Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance ⁽³⁰⁸⁾
Political Lobby - Restore medical services previously available at this hospital - upgrade to a standard commensurate to the needs of the Peninsula and adjacent communities
2pm second Sat each month
St Lukes Church, Blackwall Rd
Woy Woy
4341 7864

Woy Woy Stroke Recovery Club ^(67/278)
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine Rescue Central Coast Unit ⁽²⁸⁷⁾
Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au
pr.centralcoast@marinerescuensw.corn.au

Music Central Coast Concert Band ⁽²⁸⁸⁾
Every Tues 7:15 - 9:30pm
Community playouts with four concerts a year at Laycock St Theatre.
0407 894 560

Soundwaves ^(87/308)
Men's acapella 4 part harmony chorus - for men of all ages, all welcome
7:00pm Monday Nights at Central Coast Leagues Club
Contact Ray
0405 003 945
randtbale@bigpond.com

Political Group Australian Labor Party
Umina Ettalong Branch ⁽²⁹³⁾
Political Discussions National, State and local government issues
2nd Mon Umina Beach

Bowling Club 7.30pm
4341 7323

Sport Woy Woy Judo Club ⁽²⁸⁷⁾
Kids Classes - \$5 Fri 5.30 - 6.30pm 6 14yrs
Adult Classes
Tue & Fri 6-8pm
15yrs+ - 1st Lesson Free
4 Week Trial
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Veterans N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia ^(66/302)
1st Sat (except Jan) 2pm
Ettalong Beach
War Memorial Club
51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers' ⁽³⁰⁹⁾
Assist all Veterans and their families with pension & welfare matters.
Cnr Broken Bay Rd & Beach St Ettalong.
Mon & Wed 9am-1pm
4344 4760
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch ^(79/297)
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd
Ettalong. Tues & Thurs 9am to 1pm
4341 2594

Women's Groups Country Women's Association Woy Woy ⁽³⁰⁹⁾
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am - 4324 2621

Country Women's Association Umina
Branch meeting 1st Wed of the Month, 9.30am
Day craft and friendship all other Wed 9.00am
Evening craft and friendship: Enquire
CWA Hall Umina - 2 Sydney Ave Umina - All Welcome
4369 5353 or 4341 5404

The Endeavour View Club, Woy Woy ⁽²⁸⁷⁾
Luncheon, 1st Mon Everglades Country Club, 10.30am.
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.
Coach trips
4342 2283

Gosford RSL Sub-Branch Women's Auxiliary ^(61/296)
Invitation to women over 18 years to join. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm
4323 7336

Inner Wheel club of Gosford North ^(92/309)
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects
New members very welcome
2nd Wed each month
7pm Phillip House Kariong
gosfordnorthw@live.com.au
4324 7176

Woy Woy rugby union season starts

The 2012 Rugby Union seasonal competition commenced on Saturday, April 14, with Woy Woy teamed up against Avoca.

"The Woy Woy team has trained well in the last few months and has high expectations for the season," said Central Coast Rugby Union president Larry Thomson.

"Woy Woy are mentored by the same coach as last season, Ross Hopkins.

"Woy Woy are at home and appear to be better prepared at this stage of the season this year," Mr Thomson said.

Email, 10 Apr 2012
Larry Thomson, Central Coast Rugby Union

Woy Woy will host the Pro Wrestling Australian competition on Saturday, April 21..

Heavyweight champion Mark Davis will team up with Robbie Eagles and recent local boy Craig Cole to take on top contender Mick Moretti and tag team champions Ryan Eagles and Rick Sterling.

This star studded affair featuring the very best in Australian pro wrestling will occur under street fight rules, according to organiser Mr Doug Ryan.

"This means that at Woy Woy Leagues for this bout, the rule book will be thrown out and anything goes", he said.

Born and bred Wyong boy Dane Sinclair is one of the top up-and-coming prospects in the country. He will compete on the under card.

Dane will compete against one of the most aggressive competitors and fierce rival over the past year, Brian Seeker.

"It's so great to be in front of my friends and family on April 21," said Dane.

"I've been training really hard to hopefully wear PWA gold very soon.

"PWA really is the cream of the crop in Australian Pro Wrestling and I want to be on top.

"I have respect for Seeker but me bringing home the win in front of my home crowd, my friends, my family is very important to me and will mark a step closer to my ultimate goal."

"As the guys come from all around the country to show their wares, the ladies are just as important to PWA," said PWA organiser Mr Doug Ryan.

"Boasting some of the best female wrestlers in the world, Woy

Pro wrestling comes to Woy Woy

Woy will be treated to two PWWA matches (women's division of PWA).

Woy Woy Leagues will host Bracket A of the tournament to crown the new PWWA champion with world number one Madison Eagles having to forfeit the prize due to a serious knee injury she sustained while wrestling in America last October.

Competing in Bracket A is PWA stalwart and favourite to become the new champion Jessie McKay who is former champion Madison's protege.

Newcastle girl Harley Wonderland will compete against McKay.

Recently returned from an extended tour of Japan, training and competing will be Victoria's Kellie Skater and she will be faced with former WWE contracted "Diva" Alex Lee from Queensland.

All four girls have a legitimate claim to become the new PWWA champion.

April 21 will be the first time

PWA has been represented their form of Sport's Entertainment on the Central Coast.

The Woy Woy leagues club event is named "uncivil war" and is the 94th event hosted by the Pro Wrestling Alliance in NSW.

Mr Ryan said: "PWA events are always well received by those who attend as spectators, being an equal mix of athleticism and drama with a few laughs thrown in."

"These two heavyweights have proved themselves to be two of the very best on Australia and both of them are looking to compete in Japan later this year and it would be a coup for PWA to have its championship taken over there and defended.

"The event is not a one match card, however, and all of the guys and girls of the PWA have been working extremely hard in training to put on an incredible night and hopefully further stake their own claims to the championship."

Online submission, 12 Apr 2012
Doug Ryan, Woy Woy



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Central Coast GRANDSTAND

Satali is Australian boxing champion again



Efforts to improve Bluetongue Stadium

Central Coast GRANDSTAND

Olyroos' scoreless qualification campaign



Judo club secures international medals

Central Coast GRANDSTAND

Marlins win Sydney Major League



See inside for:

- All the latest Mariners News;
- Football and League Seasons kick off;
- Athletes win medals;
- Union Championships Results;
- Surf competition results; And lots more.....



Surf club provides exchange student activities

A group of young people from Umina Surf Life Saving Club have assisted with the annual Rotary Exchange Program session at Umina recently.

This was the second year the club had conducted the activity for Umina Rotary.

The day kicked off at 2pm with over 20 foreign exchange students eager to hit the water.

A variety of activities awaited them after they received an introductory beach safety and skills talk presented by Umina Surf

Life Saving Club president Mr Bill Cook.

Beach flags and water flags, board rescues, skills development and rescue tube scenarios were among the activities as well as the beach volleyball and educational IRB demonstrations.

A "water activity centre" - which includes an inflatable trampoline, slide and mat - was deployed some distance off shore for the students to enjoy.

"It was a successful day with friendships and networking complimenting the educational

and enjoyable time by all teaching, learning and supporting one another to make a noteworthy experience," said the club's diversity officer Ms Gaby Krucler.

"It is expected many participants will keep in touch through social networking and will perhaps make contact in the future when travelling overseas."

Umina Surf Life Saving Club youth development officer Mr Carl Krucler said: "Such programs allow youth members of the surf club to have a broader experience than usual sporting and community service situations would normally provide."

"Participants are unanimous in the enthusiasm and willingness to continue to be involved in future years, which benefits their personal development, the overseas visitors, and the profile of surf lifesaving in the community."

Email, 11 Apr 2012
Gaby Krucler, Umina SLSC
Photo: Michelle Krucler

Registrations open for skate park competition

Registrations are now open for Uminafied, a youth skate, BMX and scooter competition to be held at Umina Skate Park on Saturday, April 21, to help celebrate the 2012 National Youth Week.

Uminafied is hosted by Gosford Council's Youth Services team and is promoted as an action-packed day of activities for all youths aged between 12 and 24 years.

Categories for the skate and BMX competitions are 12-15 years and 16-24 years, and for the scooter competitions, 12-17 years.

Competitors can register on the day from 9am with competition starting from 10am and going until 3pm.

Gosford Council's Youth and Senior Services team leader Ms Fiona Morrison said that Youth

Week was a great opportunity to celebrate the contribution young people make to the local community.

"As part of our commitment to Youth Week, Council in conjunction with the NSW Children's and Young Peoples Commission, have provided over \$6000 in funding for activities across the week.

"This will go towards a small grants program, event promotion and a range of great events.

"We are hoping to make this year's event the best yet.

"The theme Imagine, Create and Inspire really has something for everyone from art exhibitions to skateboarding competitions and a Battle of the Bands music event," said Ms Morrison.

Media Release, 12 Apr 2012
Fiona Morrison, Gosford Council

Joe Marston is nominated as greatest footballer

Umina resident Joe Marston is amongst a few nominees to be selected by a panel of ex-players, commentators and administrators for the coveted title of 2012's Greatest Australian Footballer.

Nominees were primarily selected on the basis of their positive imprint on the profile and growth of football in Australia, in addition to their consistent demonstration of excellence on the national or international stage, but were also required to either be an Australian citizen or to have played for an Australian team.

The award is supported by the Football Federation of Australia and is used to assist the Johnny Warren Football Foundation by donating all funds raised through sponsorship, ticket sales, and event auctions.

Earlier this year, Mr Marston

was one of eight Australian sportspeople to have their portrait included on a stamp as part of Australia Post's Australian Legends series.

Mr Marston is notable for being the first Australian to not only play for, but also reach the FA Cup finals with a British football club (Preston North End, 1954).

Upon his return to Australia after five years in Britain, Mr Marston continued to prove himself as a pioneer by becoming the first man to both captain and coach the Australian team, playing for the squad on 37 occasions in total.

Other accolades received by Mr Marston included the Order of the British Empire, the Alex Tobin Medal, inductions into the Sport Australia Hall of Fame, the Football Federation Australia Hall of Fame and the NSW Hall of Champions.

Mr Marston's achievements are acknowledged by the A-League annually, when the Joe Marston Medal is awarded to the player of the match in that year's grand final.

The public can vote for their favourite player on the Greatest Australian Footballer website and the outcome will be decided with an equal weighting between the votes of the panellists and those of the public.

Media release, 12 Apr 2012
Football Australia
Website, 12 Apr 2012
FIFA.com
Website, 12 Apr 2012
Sport Australia, sahof.org.au

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Local rivals in Easter Cup clash



Photos: www.10dollarphotos.blogspot.com.au



The 2012 Central Coast Cup kicked off over the Easter long weekend with all 10 rugby league clubs “primed to hurtle down the players’ race in hot pursuit of September glory,” according to Central Coast Rugby League representative Andrew Stark.

“Arch-rivals Umina and Woy Woy clashed just in behind the sand dunes at Col Gooley Oval on Saturday, in what was a tremendous struggle,” said Mr Stark.

“Both teams were looking to build on their respective top five placing of last winter and a first up win was keenly sought.

“Woy Woy added former

South’s NRL three quarter Matt Riddle, along with Manly Sea Eagles backrower Beau Bovis, to their roster.

However, these gains were offset somewhat by the loss of Chris Hyde who’s huge contribution in 2011 enabled the hooker to share the competitions Player of the Year Award with Warriors half Pat Murphy.

“Umina have shown good form during the pre season trials, accounting for Kincumber four tries to two before overrunning an undermanned Toukley nine tries to nil,” Mr Stark said.

Email, 1 Apr 2012
Andrew Stark, Central Coast Rugby League
Photo: Andrew Stark

TIDE CHART (Fort Denison)

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000
Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 16	TUE - 17	WED - 18
0439 - 1.53	0531 - 1.52	0014 - 0.57
1109 - 0.49	1152 - 0.48	0616 - 1.51
1724 - 1.42	1808 - 1.50	1230 - 0.47
2321 - 0.63		1846 - 1.57
THU - 19	FRI - 20	SAT - 21
0058 - 0.53	0137 - 0.49	0215 - 0.46
0658 - 1.50	0735 - 1.48	0813 - 1.45
1302 - 0.47	1334 - 0.48	1404 - 0.50
1921 - 1.63	1955 - 1.68	2027 - 1.71
SUN - 22	MON - 23	TUE - 24
0250 - 0.45	0327 - 0.45	0405 - 0.47
0849 - 1.42	0926 - 1.39	1004 - 1.35
1435 - 0.52	1507 - 0.55	1541 - 0.59
2100 - 1.73	2132 - 1.73	2208 - 1.71
WED - 25	THU - 26	FRI - 27
0445 - 0.50	0529 - 0.54	0616 - 0.57
1044 - 1.30	1127 - 1.26	1215 - 1.23
1617 - 0.63	1659 - 0.68	1745 - 0.72
2246 - 1.67	2329 - 1.62	
SAT - 28	SUN - 29	MON - 30
0017 - 1.57	0113 - 1.53	0216 - 1.52
0711 - 0.59	0808 - 0.58	0906 - 0.55
1312 - 1.22	1415 - 1.24	1521 - 1.31
1842 - 0.76	1950 - 0.77	2104 - 0.73

APPROX. TIME LAG AFTER FORT DENISON

Ettaalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min
In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.
Actual times of High and Low Water may occur before or after the times indicated

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