



Woy Woy Oval Grandstand

Defects lead to grandstand closure

Woy Woy Oval Grandstand has been closed for an indefinite period after it was found to have structural defects.

The grandstand has been fenced off, preventing access to Woy Woy Oval through the entry gates and to the grandstand seating.

Access to the playing field will not be affected, and games scheduled for the oval are expected to proceed.

Gosford Council's manager of open space and leisure services Mr Phil Moore said: "Access to the ground floor facilities of the building is acceptable.

"This will allow usage of the change rooms, kiosk, amenities and storage rooms to minimise disruption to the winter season

codes.

"It is understood that this will cause inconvenience to the clubs utilising this facility.

"However, in order to ensure no potential for injury to visitors to Woy Woy Oval, it is essential that the fencing is installed and that the associations and clubs ensure that no access is gained to these (fenced) areas under any circumstances."

Mr Moore said two structural engineers reports had been commissioned on the facility to provide Council with a thorough understanding on the integrity of the building structure.

Both structural engineer reports confirmed that the grandstand had severe structural defects that could only be remedied by major re-construction.

The reports also detailed the

potential for the building to fail in the short term.

"Further advice is being sought from the structural engineers as to whether the concrete reinforcing between the two storeys is sufficient that in the worst case scenario of a roof structure failure occurring, the ground floor storey will not be significantly compromised," said Mr Moore.

Mr Moore said the grandstand facility was 34 years old, very dated and was built before the knowledge of current corrosion proofing solutions.

"The building condition has deteriorated over the last few years to the point where the actual structure is now in distress," said Mr Moore.

Media Statement, 27 Feb 2012
Phil Moore, Gosford Council
Photo: Naomi Bridges

Umina plans to be discussed

"Civic place" and transport plans for the Umina commercial area will be discussed at workshop organised by Gosford Council at Umina Surf Life Saving Club from 6pm-8pm on Tuesday March 20.

The workshop aims to provide a forum for the community to discuss

the two planning studies for the "village centre" currently being undertaken by Gosford Council.

The Transport Management and Accessibility Plan aims to improve manage traffic, parking, public transport and pedestrian and bicycle movements within the shopping centre and surrounding area.

The Masterplan for the Civic

Place precinct aims to create modern community facilities and a civic focal point.

Residents, business operators and landowners are expected to be involved in preparing the plans.

Email, 29 Feb 2012
Brian McCourt,
Gosford Council

Libraries lend electronic books

Woy Woy and Umina libraries now have an electronic book collection available to customers with over 1000 titles including fiction, non-fiction and young adult.

The collection was launched by master story-teller, author and actress Judy Nunn on Friday, March 2, at the Erina Library.

Gosford Council's manager of library services Mr Alan Flores said that the e-book collection created an unparalleled level of convenience and greater access to the library service.

"Residents will be able to browse the many titles currently in the collection anytime, day or night.

"Library members will have the opportunity to start downloading e-books from our online library catalogue onto a compatible e-reader, tablet or smart phone.

"This is another arm to the wonderful service provided by our libraries.

"We are committed to continuing to develop new and innovative ways to make books accessible to our entire community in a range of print and electronic formats," said Mr Flores.

File types supported by the e-book collection include WMV, MVA, EPub, MP3 and MP4.

Media Release, 24 Feb 2012
Alan Flores, Gosford Council



McDonalds litter in Woy Woy

More oppose McDonalds

A petition with a further 908 signatures has been received by Gosford Council from the community of Umina opposing the McDonalds development application.

The petitioners said they were concerned with a number of issues

that may impact on the community.

Among their concerns were local family businesses closing down, an increase in vacant shop fronts on West St, traffic and parking issues, rubbish and potential late night disturbances.

Gosford Council Agenda
P.11, 28 Feb 2012

News

Your Chance to Win

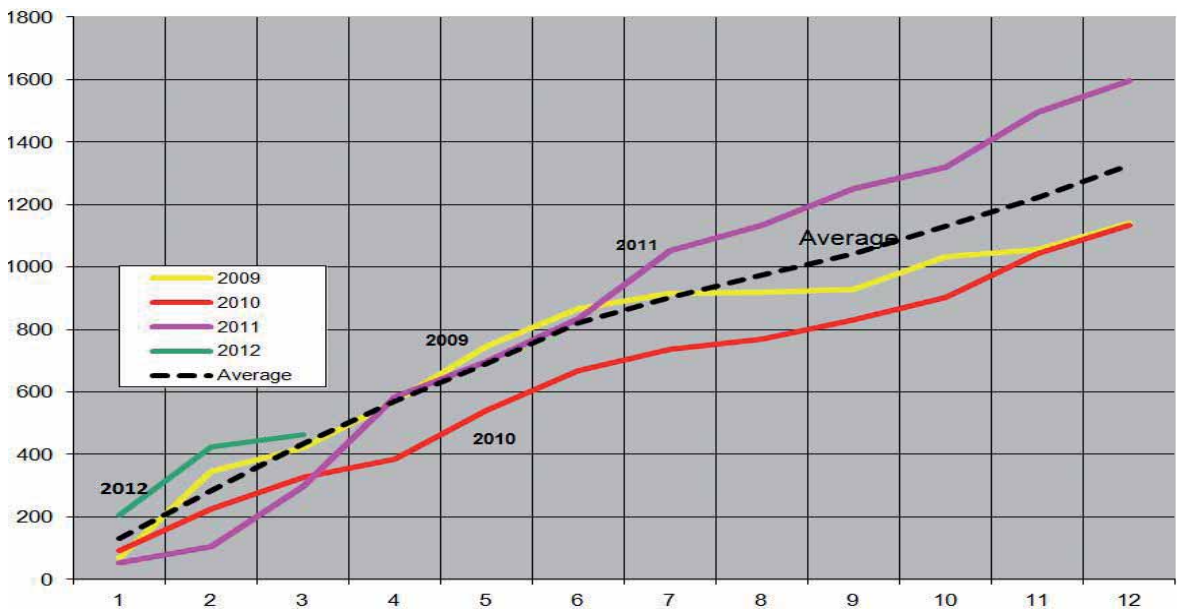
Peninsula News is giving two readers the chance to win a double pass to see the London Klezmer Quartet at Kantara House on Friday, March 23, valued at \$40 each.

The London Klezmer Quartet, which formed in 2009, is made up of Ilana Cravitz on fiddle, Susi Evans on clarinet, Carol Isaacs on accordion and Indra Buraczewska on double bass.

To win one of the double passes to see the London Klezmer Quartet, write your name, address and phone number on the back of an envelope and send to Peninsula News, London Klezmer Quartet competition PO Box 1056 Gosford, NSW, 2250, by the close of business Thursday, March 15.

The winner of last edition's Peninsula News Ettalong Beach Ball competition was M Steenson of Woy Woy.

Kaitlin Watts, 2 Mar 2012



Wet year continues

February has ended with rainfall figures well above average, continuing a very wet start to the year.

A total of 218.9mm fell for the month, compared to the monthly average of 152.5mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

The total for the year to date was 424.1mm, 139.2mm or almost 50 per cent above average for this time of year.

By Friday morning, another 40.7mm had fallen – almost a third of the March monthly average of 149.3mm in just two days.

Temperatures for February ranged from 15.1 degrees on February 11 to 33.6 on February

28, according to figures from www.peninsulaweather.info.

Highest minimum for the month was 22.5 degrees, recorded on February 27.

Lowest maximum was 19.6, recorded on February 2.

Average maximum was 25.5, while average overnight minimum was 19.2.

Highest wind gust was 26.3 km/h recorded on February 6.

Spreadsheet, 2 March 2012

Jim Morrison, Woy Woy
www.peninsulaweather.info

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW -
Central Coast 4325 7929
SES - Storm and Flood
Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth
Services 4351 1922
Youth Angle • Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community
Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare
Gosford 4324 6403
Gosford Family Support
Service 4340 1099
Horizons (For men with
children) 4333 5111
Uniting Care Burnside
Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford
Hospital 4320 2114
After Hours GP Help Line 1800 022 222

Legal & Financial Help

Financial Counselling
Service 4334 2304
Tenants' Advice and Advocacy
Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels
Woy Woy 4341 6699
Department of Community Services
Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency
Relief 4393 2450
St Vincent De Paul Society
HELPLINE 4323 6081

Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

Editor: Mark Snell

Commercial operator:

Cec Bucello for Ducks Crossing Publications

Journalist: Kaitlin Watts, Harley Cattini

Graphic design: Justin Stanley

Photographer: Naomi Bridges - **Sales:** Val Bridge

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd
Convenor, Burrawang Bushland Reserve Committee
President, Australian Conservation Foundation Central Coast branch
Chairman, Equilibrium Community Ecology Inc
Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 287

Deadline: **March 14** Publication date: **March 19**

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:

Office: 120c Erina Street, Gosford

Phone: 4325 7369 **Fax:** 4339 2307

Mail: PO Box 1056, Gosford 2250

E-mail: mail@peninsulanews.asn.au

Website: www.peninsulanews.info

Website: www.duckscrossing.org



Legal responsibility for editing, printing and publishing of editorial content in Peninsula News is taken by Mark Snell of Woy Woy, for Woy Woy Community Media Association Inc
Ducks Crossing Publications is the commercial operator of Peninsula News

ISSN 1839-9029

Print Post Approved - PP255003/09959

Ducks Crossing Publications also publishes

• Coast Community News - www.gosfordnews.org - mail@gosfordnews.org

• Trad&Now - www.tradandnow.com - email: info@tradandnow.com

• Central Coast Grandstand - www.ccgrandstand.org - mail@ccgrandstand.org

Printed by MPD, Meddow St, Alexandria

Woy Woy Community Media Assoc Inc 2012 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: _____

Address: _____

Suburb: _____

Phone: _____

Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Drainage work for The Bartizan

Gosford Council has accepted a tender for drainage improvement works in The Bartizan, Umina.

The works will involve the removal and disposal of the existing butt-jointed reinforced concrete pipes to be replaced with new rubber ring joined spigot and socket type pipes, pit construction, road reconstruction and associated works.

Tender applications for the works closed on Tuesday, January 31, and Delcare Constructions of Holgate was accepted at Council's meeting of Tuesday, February 28.

Tenders had also been received from C and D Constructions of Killarney Vale, Knock Contractors Pty Ltd of Buttaba, Scape Constructions of Erina and Statewide Civil Pty Ltd of Seven Hills.

The tenders were assessed against criteria including the tendered price, financial details, insurances, subcontractors, referees, previous experience, OH and S and environmental management.

Gosford Council's agenda of Tuesday, February 28, stated that it was considered that the tender from Delcare Constructions presented the

best value to Council.

The report stated that the tender comparison-assessment indicated that Delcare Constructions ranked highly against all stated criteria.

The company has completed numerous projects for Gosford Council including Glenworth Valley Rd, Wendoree Park Drainage and Gunya Rd, Kincumber, Drainage Stage One.

Council's report stated that the projects had been completed on time and to a satisfactory standard.

**Gosford Council Agenda
COR.15, 28 Feb 2012**



Workshop on dogs strategy

Gosford Council has held a workshop at Umina Surf Life Saving Club as part of its efforts to develop a Dogs in Open Spaces Strategy.

"The strategy aims to enhance the opportunities for exercising and enjoying dogs, while protecting natural environments and managing the impacts on users of open space areas such as beaches, parks, cycle ways and playgrounds," said Council's manager of open space and leisure services, Mr Phil Moore.

"It will involve extensive community engagement and Council has made online forums, surveys, workshops and consultations widely available to the community."

Mr Moore said that the strategy would provide equitable directions for dog management in open space areas in the future.

"We are encouraging all residents to get involved in our workshops and surveys to ensure the strategy is a balanced document that will meet the needs of our entire community."

"With community input, this strategy will assist Council in continuing to provide functional, multipurpose open space that can be utilised fairly by all residents," said Mr Moore.

The meeting at the surf club was held on Wednesday, February 29.

**Media Release, 24 Feb 2012
Phil Moore, Gosford Council**

Readers of Peninsula News can now contribute news items locally.

Three stores on the Peninsula have agreed to act as drop off points for news items submitted by the community.

Contributions are still preferred by email, through our website, by mail or through our

Gosford shopfront.

However, for those who would find it more convenient, contributions may now be submitted in Woy Woy, Umina or Ettalong.

The drop off points are at Ettalong IGA, Peninsula Office Supplies in Umina and Woy Woy LJ Hooker Real Estate Agency.

Simply drop off your news item

or letter to one of these stores and they will be collected on the Friday before each publication.

We rely on the community to let us know about what's happening on the Peninsula and we hope these drop off points assist our valued contributors to do so.

Kaitlin Watts, 2 Mar 2012



**Golden Circle 1L Fruit Drinks
\$0.99c**



**Bega Tasty Cheese Block
500g - \$4.99 each**



**Apple Bag 1kg
\$2.99 each**



**IGA Bakers Oven Rollettes
French, Choc, Swiss and
Assort \$2.99 each**



**Fresh Bacon Middle Rashers
\$8.99 kg**

Specials available from Monday 5th March until Sunday 18th March

Gourmet Deli/Bakery



**Specialty Meals & Salads
Prepared in Store**

**Big Range Convenience Store
Quick Friendly Service**



**Free home deliveries
Refrigerated Vehicle**

FRESH fruit and Vegetables



Delivered 6 days a week

**Support your favourite
charity/sport group with the
IGA Community Chest**



**For every \$20 Purchase
10c is Donated**



Ettalong Beach

**Supporting our
community since 1987**

**• Open 7 Days 8am till 8pm • Free home delivery • Phone orders •
• Car service • Ample parking • Save 6c per litre on petrol** Conditions Apply

4341 1026

Boats had mechanical problems

The volunteers at Marine Rescue Central Coast were called to several boats around the Peninsula for help with a variety of mechanical and fuel problems on Saturday, February 25.

Rescues began at 10am and continued through until 2pm and took place at Booker Bay, Horsfield Bay, Waterfall Bay, Paddy's Channel and Broken Bay.

At about 10am, two people on board a five metre vessel at Booker Bay with a failed outboard motor phoned for assistance.

Skipper Ted Leeson and his crew on Central Coast 11 located the boat and towed it to Davistown.

At about 12:15pm, another phone call was received from a six metre ski boat in Horsfield Bay, again with its motor no longer functioning.

The boat, with six adults and three children, was towed to Lions Park at Woy Woy by Central Coast 11 with Skipper Peter Alderton in command.

Just before 1pm, the base had a phone call from a six metre runabout in Waterfall Bay with three men on board.

They advised their motor had failed and sought help.

Alderton and his crew on Central Coast 11 towed the vessel to Davistown.

At about 2pm, the boat crew again responded to a phone request for help from a 5.5 metre



outboard runabout with a fuel problem in Paddy's Channel.

The boat and the three people on board were towed to Lions Park by Central Coast 11.

At the same time, an eight metre motor cruiser with a transmission problem which prevented the vessel from going backwards or forwards called Marine Rescue for help.

The vessel was east of Lion Island in Broken Bay and had two people on board.

The rescue was tasked to

Central Coast 20 and Skipper Norm Smith and his crew towed the vessel to its berth in Hardy's Bay.

Marine Rescue Central Coast public relations officer Mr Ron Cole said that a disturbing feature of that Saturday's calls was that they were all made by phone rather than marine radio and that none of the vessels were logged.

He said that the number of vessels with mechanical-fuel problems may have come as a result of older engines using E10

ULP fuel.

"Older engines and some fuel tanks are affected by the alcohol content of E10," he said.

"The impact can be engine failure.

"E10 also absorbs water if stored for longer than three weeks and this is not unusual for boats.

"A water filter should be fitted to improve reliability," he added.

Media Release, 27 Feb 2012
Ron Cole, Marine Rescue
Central Coast

Anti-social behaviour increasing

Anti-social behaviour has been on the rise in recent months on Woy Woy Bay Rd with the cars hit by eggs, letter boxes destroyed and cars spat upon, according to Bays Community Group publicity officer Mr David Cochrane.

Mr Cochrane said the acts were "mean spirited and cowardly".

"They seem to be targeted attacks and have been brought to the attention of the community at our last community meeting," he said.

"As a community, we have a zero tolerance to any anti-social behaviour and the victims have all our support.

"Egging of cars and any anti-social behaviour are criminal offences and all is being done to catch those responsible."

Newsletter, 23 Feb 2012
Greg McMullen, Bays
Community Group

DON'T PAY CASH, BBX IT!



BBX

Marketing Business Solutions

BBX has solutions for almost every business problem.

Since 1993, BBX has assisted thousands of businesses to survive and grow.

If you have issues in your business that need alternate solutions



BBX has the answers!
Call Troy Melville
on 02 4388 6664



Participants in last year's Anzac Day service at Empire Bay



Anzac service at Empire Bay

An Anzac Day service will be held at the cenotaph near the waterfront at Empire Bay at 11am on Wednesday, April 25.

The service is conducted

annually and last year attracted around 400 people with more than 20 wreaths laid by ex-servicemen and children who were representing their fathers and grandfathers.

The service will include a flag raising ceremony, a wreath laying ceremony and several speeches.

Media Release, 28 Feb 2012
Geoff Melville, Empire Bay and District Progress Association



MARCH SPECIALS

182 BLACKWALL RD WOYWOY PH:4341 1411



**PLEASE COME AND JOIN US FOR A
BBQ WITH STAR FM SATURDAY
10TH MARCH FROM 10.00AM
FOR A LIVE BROADCAST FROM
OUR STORE!**



SLEEPER SALE

**SLEEPERS STARTING
FROM \$8.95 HUGE STOCKS**

**TREATED PINE & HARDWOOD DECKING WIDE RANGE OF
SIZES & SPECIES AVAILABLE PLEASE PHONE AND
SPEAK TO ONE OF OUR TRADE EXPERTS FOR A QUOTE**



Gosford Council has arranged for the cleanup of waste and maintenance of vegetation in West St, Umina.

Shop owners in West St have complained that there were over 20 TVs dumped in this area and the grass was severely overgrown.

Council's acting manager of education and compliance

Ms Gillian Cullen said Council investigated the matter and observed that the waste has been dumped on the land identified as Council's road reserve.

Ms Cullen also said Council officers were unable to determine the owner of the items.

Media statement, 1 Mar 2012
Gillian Cullen, Gosford Council

Saturday 10th March... Kick up your heels this month at the...

Gosford City Markets

Second Saturday of each month
8am to 1pm in Kibble Park, Gosford

Something for everybody... Fresh produce, wines, a variety of meats, breads, plants, handmade jewellery, gifts, art and crafts and more!

Live music in Kibble Park from 8am & award winning 'Round Mountain Girls' performing live from 9am.

For all stall enquiries phoner: 43227726 or email: info@gosfordcity.com.au

Proudly brought to you by **gbid** and **Gosford City Rotary**

Proudly sponsored by **Imperial** FREE parking at Gosford Town Centre

A joint project between Gosford Business Improvement District and Gosford City Rotary
Sponsored by Peninsula News, a Ducks Crossing Publication.



**SOLAGARD 6 LT WHITE
ONLY 2 FOR \$ 124.00 OR
\$67.95 EA FREE TINTING**



**FEAST WATSON DECKING OIL.
10LT \$169.95 WITH FREE APPLICATOR
OR BUY TWO 4LT FOR \$71.95 EA
WITH FREE APPLICATOR. (Natural Only)**

CWA group history is wanted



Woy Woy CWA members on Scotland Day

The Woy Woy Country Women's Association is calling on community members who may have information or memorabilia pertinent to the Association's history to come forward and help celebrate the association's 80th birthday.

The group will hold a birthday luncheon at Woy Woy RSL on Wednesday, June 6.

The CWA already had sufficient information regarding the history prior to 1940 but was wanting information from this period onwards, said publicity officer Ms Robyn Smith.

Mrs CJ Staples sponsored

the inaugural meeting on June 8, 1932, at her home and was elected the first president.

Later meetings were held in the supper room of the Woy Woy Cinema and the Thistle Cafe on The Boulevard and raised money by balls, garden fetes, street stalls and jumble sales.

On December 10, 1940, land was leased in Wharf Rd and a cottage built which also housed the Baby Health Centre.

It employed a nursing sister for two and a half days a week and was a free service to mums until the 1980s.

Anyone with information about the group's history should phone Barbara on 4341 6576.

Email, 22 Feb 2012

Robyn Smith, Woy Woy CWA

Man faces court

A Woy Woy man is facing court after being found to be in possession of alleged child abuse material.

Acting on information received, police arrested the 53-year-old man at Killara Railway Station on Thursday, March 1.

His laptop computer and two USB drives were seized.

Police have alleged these were found to contain images of child abuse material downloaded from the internet.

The man was taken to Hornsby Police Station and subsequently

charged with possessing child pornography.

He was refused bail and appeared in Hornsby Local Court on Friday, March 2.

Media Release, 2 Mar 2012
NSW Police Media

VISIT
TELSTRA
STORE
WOY Woy

IT'S HOW
WE CONNECT



Telstra store Woy Woy
Shop 24 Deepwater Plaza
Call: 02 4341 0061
Email: manager1@woywoytelstrastore.com.au
Telstra store Licensee: Darren Smith

Book a personal shopping Tech Bar
appointment at telstra.com.au

™ and ® are trade marks and registered trade marks of Telstra Corporation Limited ABN 33 051 775 556.

Largest Range of Lazboy at The Best Prices Ever

PINNACLE Full Motion Suite - 3RR+R+R - Leather

Was \$4690 Now only \$3290

Also available in Poplin fabric - Was \$3250 Now \$2290



ASCOT LIFT CHAIR
Selected fabrics now only \$949

HARBOR TOWN RECLINER
fabric from \$699

RECLINERS & MORE

118 Pacific Highway, Tuggerah (Next door to John Cootes Furniture)

Ph: 4353 8447 Fax: 4353 8446

Sales prices end 21/11/11 or whilst stock lasts

L A Z B O Y
G A L L E R Y



Mai Wallis with her dog Will, and Barbara Craig, Central Coast Support Group President who will be present at the Woy Woy stall

Guide dog stall

A fundraising stall for the Central Coast Guide Dogs volunteer support group will be held in Deepwater Plaza in Woy Woy on Wednesday, March 7, from 9am-3pm.

Group president Ms Barbara Craig said she was very dedicated to volunteering for Guide Dogs and was always looking for new members to assist the enthusiastic

efforts by the small group who regularly visit Central Coast shopping centres selling Guide Dog merchandise.

Guide Dogs clients and their guide dogs also attend the stalls and answer questions from the community about what it is like to live with impaired vision.

Media Release, 17 Feb 2012
Lynne Lillico, Central Coast Guide Dogs Volunteer Support Group

Energy experts will be working in Woy Woy and Umina until Friday, March 9, to assist local families to save power and money.

Member for Gosford Mr Chris Holstein said trained energy experts would be working on the Peninsula as part of a region-by-region state-wide campaign.

Mr Holstein said energy experts from the Home Power Savings Program had already helped more than 4700 Central Coast households to reduce their energy costs.

"All eligible residents are invited to book an appointment with an energy expert to get a free in-home power assessment, power savings kit worth around \$200, and a tailored Power Savings Action Plan," Mr Holstein said.

"The kit contains practical items to help people start saving straight away, such as a standby saver power board, energy efficient light bulbs, draught proofing, a water efficient showerhead, tap aerators and a shower timer.

"It comes fully installed on the spot at no charge.

"By using the power savings

kit and by following the advice of the energy expert, households can expect to save an average of \$265 a year," Mr Holstein said.

NSW Environment Minister Ms Robyn Parker said the Home Power Savings Program was available to 220, Centrelink and Veterans' Affairs cardholders as well as social housing tenants and energy utility hardship customers.

To book an appointment, phone 1300 662 416.

Media Release, 17 Feb 2012
Chris Holstein, Member for Gosford

Healthy balance

The Bays Community Group released its financial report on Thursday, February 23.

The group recorded a surplus of \$578.65 for the year.

Income for the year was \$80,451.13 made up of grants totalling \$51,000, a private donation of \$10,000 and income from activities.

Expenditure was \$79,872.48 which included hall repairs and improvements of \$65,742, rates, insurances and utilities of \$3,019.30 leaving a carry forward balance of \$5 323.76.

The Bays group has a term deposit held on behalf of the History Group of \$5500 and has commenced a special building and maintenance fund which has a current balance of \$941.27 to provide for ongoing maintenance of the hall.

Newsletter, 23 Feb 2012
Greg McMullen, Bays Community Group

CASH NOW!

We lend

\$300 - \$2000

Pensioners & Unemployed OK

We try to help everyone

CityFinance
Loans and Cash Solutions

4325 0444

www.cityfinance.com.au

Packaged loan & goods product. Conditions apply. ACL No. 390591.

VALUATIONS & FINE JEWELLERY

Shop 2 / 263 Oceanview Road **Etahalong** (next to Bendigo Bank) 4341 2223 www.seasprayjewellery.com.au

The Number 1 Independent Jewellery Manufacturer on the Peninsula
Premium Stockist of Eternity Finely Cut Diamonds & Eternity Hearts and Arrows Diamonds
Repairs, Remodelling, Bespoke Jewellery and Antique Jewellery Restoration

Make Seaspray YOUR Jeweller!

We Buy GOLD in Any Condition
Best Prices Paid on the Peninsula
(based on the daily gold rate & aussie dollar)

Recycle Your Gold - Turn it into a New Piece of Jewellery or Cash!

Registered National Council Jewellery Valuer



Michael Crowhurst and Raelene Mara with Gemma Crow and Joe Crowhurst

Don Leggett remembered

Everglades Country Club will honour the memory of Don Leggett, who died in June last year, with a memorial bowls tournament.

A former Gosford mayor, Mr Leggett was described as a "golf and bowls stalwart" by the club's senior bowls vice-president Mr Peter Arnold.

The tournament is being held in recognition of Mr Leggett's service to the community in addition to his final action which saw the club provided with lighting for the two front grass greens, Mr Arnold said.

He said the club expected those attending to include many dignitaries from local government, Woy Woy Rugby League, the Ocean Beach Surf Club and other Peninsula community organisations who held high regard for Mr Leggett and his achievements.

"As well as being a benefactor to Everglades Country Club along with his wife Val, Don was a very competitive golfer and a club champion bowler in all categories of the game," said Mr Arnold.



Mr Leggett was Gosford's first mayor from 1980 to 1982, shire president from 1977 to 1980, deputy shire president from 1974 to 1977 and a councillor at Gosford Council from 1974 to 1983.

Media Release, 20 Feb 2012
Peter Arnold, Everglades Country Club

Money for Sea Scouts

Woy Woy Sea Scouts have been presented with a cheque for \$1500 which they will use to send the Scouts to a jamboree which only occurs once every three

years. The money was donated by Ettalong IGA. "Our token box has been extremely successful in that when customers spend more than \$20

they receive one token for every \$20 spent to support a local charity," said Ettalong IGA retail manager Ms Raelene Mara. "They are given the tokens from the checkout operator to put in the charity box of their choice.

"In the short time that the program has been running IGA Ettalong has donated over \$24,000 to local charities."

Email, 29 Feb 2012
Raelene Mara, IGA Ettalong
Photo: Naomi Bridges

Banking volunteer

Ettalong Public School is looking for a volunteer who can act as the school banking coordinator.

The school actively participates in the Commonwealth Bank School Banking Program which teaches students how to save regularly.

The position would take a volunteer's time for part of one day a week.

Principal Mr Colin Wallis said any help with the program would

greatly benefit students as they develop vital saving skills and would also help the school with fundraising.

Newsletter, 14 Feb 2012
Colin Wallis, Ettalong Public School

ROY LAMB

"THE SAND MAN"

- For all your landscaping supplies
- Soils • Mulches • Decorative Pebbles and Lots More •

Open 5 ½ Days from 6am
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"



4344 1110

BRIAN HILTON

MOTOR GROUP

THE BIG LOCAL

Woy Woy Service Department

Servicing the Coast for over 40 years

Choose 1 of 3 amazing offers

- Double Seniors Discount!

or

- A Free Rego inspection

or

- Receive an additional 30 Drivers Club points

...when you have your vehicle serviced



Opening hours
Mon-Fri 7:30am – 5:30pm
Sat 8:00am – 12:00pm

1 Charlton Street
Woy Woy, NSW 2256
Phone: (02) 4344 1455

All offers are to be used in conjunction with a service only at Brian Hilton Woy Woy Service Centre
One offer per service only, expiration 1st February 2013

Rick's Fly Screens

Ettalong Beach



This month's special
Crimguard
security door - \$450

All aspects of Security
Doors & Flyscreens
Made to measure -
Quality work assured
Free measure and quote
0438 677 357
Central Coast - Sydney
Northern Suburbs - Northern Beaches

Binless day

Ettalong Public School will participate in Binless Day on Thursday, March 7, to increase awareness of the impact waste can have on marine environments and landfill.

On this day, the school will have

no bins in the playground and students are encouraged to bring a waste free lunch and snacks for recess.

Students who bring wrappings will be asked to take them home with them.

Newsletter, 28 Feb 2012
Colin Wallis, Ettalong Public School

Annual meeting

Ettalong Public School P and C's annual meeting will be held on Wednesday, March 14, at 7pm in the school's library.

All executive positions have

been declared vacant.

All nominees must be members of the Ettalong Public School P and C Association prior to the meeting.

Newsletter, 14 Feb 2012
Colin Wallis, Ettalong Public School



Bowled heads?

A number of staff members from Ettalong Bowling Club will have their heads shaved on Friday, March 16, from 7pm as part of the World's Greatest Shave.

The club will also offer hair

colouring with coloured hairspray for a donation of \$5.

The alfresco restaurant will donate \$1 from every meal sold during their night trade to the cause.

Email, 24 Feb 2012
Glen Purse, Ettalong Bowling Club

Training kits donated

Brisbane Water Marine Watch has donated two training kits valued at \$698 and \$717 to Marine Rescue Central Coast.

One kit (red) contains realistic simulation material for wounds and broken bones.

The other kit (green) donated

earlier includes oxygen and other aids to enable advanced resuscitation.

The donated kits are expected to assist in ensuring reality for First Aid training and help satisfy the requirements of the new First Aid competencies required of Marine Rescue crews.

All the volunteer members of

Marine Rescue must have a current Advanced First Aid certificate.

The money is from funds that, in previous years, were used to host the Putt Putt Regatta.

Marine Watch is no longer directly involved with that event.

Media Release, 28 Feb 2012
Ron Cole, Marine Rescue Central Coast

Spirit Connections

Tibetan singing bowls

Crystal singing bowls



Come & hear the bowls sing

See our range of agate wind chimes, crystals, crystal wands, gems, jewellery, tarot cards, new age books and light catchers

Readings by the renowned psychic

Sandy Cee

Tarot, psychic, mediumship and past life regression

Open Every Weekend 9am - 3.30pm

Shop 71 Schnapper Road Entrance

Ettalong Beach Markets

0407 139 353



Gosford City Council - Public Notice Umina Beach Village Centre Community Planning Workshop

Gosford City Council in conjunction with consultants is presently undertaking two important planning studies for the Umina Beach Village Centre.

1. A **Transport Management and Accessibility Plan** that will help us better manage traffic, parking, public transport and pedestrian & bicycle movements within the Umina Village Centre and surrounding area.
2. A **Masterplan for the Civic Place precinct** that will look at opportunities for the creation of modern community facilities and a civic focal point for Umina Village Centre.

Council is keen to involve residents, business operators and landowners in preparing these plans. Interested members of the community are encouraged to participate in a workshop to have your say about traffic issues within the Umina Beach area and how the Civic Place project could best meet community needs now and into the future.

The details of the community workshop are:

Date: Tuesday 20th March 2012

Time: 6pm - 8pm

Venue: Umina Beach SLSC, 509 Ocean Beach Road, Umina Beach

To register, or to find out more information, contact Brian McCourt on 4325 8260 or Brian.McCourt@gosford.nsw.gov.au or Steve Green on 4325 8335 or Steve.Green@gosford.nsw.gov.au

We look forward to meeting you at the workshop.

You can also become involved by joining the online discussion at: www.haveyoursaygosford.com.au/uminatmapmasterplan

Peter Wilson - General Manager

Forum

When will the road be sealed? Ideas for a dog park

Thanks for an always interesting and entertaining local newspaper.

I was wondering what has happened to the Council's plan to seal the unsealed section of Maitland Bay Dr?

It was stated in last year's information pamphlet from the council as having funds of \$200,000 allocated, but as yet nothing has happened.

Forum

As we are getting to the end of the financial year I am wondering if anything is going to happen.

The road is used continuously by locals and considering the amount of traffic using it, the sealing of it is badly needed as are urgent repairs to the already sealed section.

The current use by many trucks servicing the development at The

Bells has also degraded the road to one full of potholes and disrupted surfaces.

Although it would be detrimental to me and my use of the road, it may be appropriate to make this a one way street (west to east) as the turn onto Wards Hill Rd is dangerous at best and there have been many near misses.

Email, 22 Feb 2012
Mike Barnard, Killcare

A meeting was held on Wednesday, February 29, at Umina Surf Club to discuss dogs in both on and off leash areas.

The community proved how passionate they are about their dogs with over 200 people attending, amongst them local businesses, residents, children and dogs.

Lots of ideas were shared that will all be taken into account by the council in their consideration for a fenced dog park and assist in how

Forum

to manage the existing off leash areas.

If you couldn't attend the meeting, a survey can be picked up from the Council, Paws On The Coast Umina or filled out online.

It is important for us all to work together so we can co-exist happily with our dogs as an important part of our community.

Email, 1 Mar 2012
Jody Mckinnon, Umina

Come clean on CDO loss

The Australian Financial Review reports that Gosford Council has suffered another multimillion dollar loss on its US CDO investments.

Some honesty with its

Forum

ratepayers may pay dividends.

The "we haven't lost a cent approach" is wearing thin.

I pay my rates 90 days late, as a sign of protest.

If we all do the same, they will suddenly be forthcoming with the truth in this tawdry episode.

Email, 1 Mar 2012
Warren Cross, Wagstaffe

Thanks for help

A huge thank you to Brad, Renay, Chris and Sandi who helped me when I fell in Woy Woy on Tuesday, January 17.

Also to the nurse who stopped, but didn't leave her name, and the lovely girl from the shop who gave

Forum

me a welcome bottle of water.

My family and I are very grateful for their help.

Letter, 9 Feb 2012
Fay McParlane, Tascott

More forum on page 23

Where's the proof?

I wish for proof that all signatures for "No McDonalds in Umina" are from Umina Beach residents.

If any have come from other areas they don't count and need to be crossed out.

Otherwise you need to increase your population base to Peninsula residents and that is 35,000 which makes 3000 or 1500 signatures (Peninsula News, February 20) that the Council has stated to have received to be a very small percentage indeed.

The lovely man collecting signatures from people leaving Umina Beach one day was asking holiday makers to sign as well.

Forum

Their names cannot stay on any list against McDonalds.

This whole McDonalds debate is way over the top.

It is a restaurant for goodness sake.

McDonalds will put back into the community, employ young teens in the area and anything that can supply extra jobs needs to be encouraged as the unemployment rate for teens is high in Umina.

McDonalds supports sporting groups, provides a place where teams can go after a game to have a meal together and all kids love a McDonalds birthday party.

It is a restaurant that can cater for large groups without a booking and it has good clean toilets for everyone to use.

Also, what about the great work Ronald McDonald House does for families with sick children?

Without the support from McDonalds restaurants, these people would have no accommodation near their sick children.

The debate about rubbish created is not a McDonalds' problem, it reflects on people who have no respect and pride in their own area.

That is not McDonald's fault.

For all the people out there against McDonalds, don't go to McDonalds when it arrives in Umina.

But stop trying to take away the choice of people who like McDonalds and would welcome it when it arrives.

Email, 20 Feb 2012
Colleen Boyd, Umina

Gosford City Neighbourhood Centres celebrate



Sunday 25th March 2012 is National Neighbour Day.

Gosford neighbourhood and community centres are being involved by offering neighbours the opportunity to get a FREE food voucher to make up a hamper to celebrate Neighbourhood Day on Sunday 25th March.

All you have to do is have an activity with your neighbours eg morning tea, BBQ, cricket game, and invite a neighbour you don't know. .

Neighbour Day is about getting to know the neighbours around you who may be isolated, building better relationships with people who live around us and creating a safer and healthier place to live.

You do need to apply and meet certain conditions. Number of vouchers are limited so get in early.

Cut off point is Friday 16th March

Contact your nearest neighbourhood or community centre for more information.

Peninsula Community Centre 4341 9333
Chertsey Community Centre 43237158
Gosford/Narara Community Centre 4329 4477
Green Point Community Centre 4367 7591
Kariong Neighbourhood Centre 4340 1724
Kincumber Neighbourhood Centre 4363 1044
Wyoming community Centre 4323 7483

Supported by Gosford Council
Community Grant and Peninsula News

Peninsula News
Community Access



ADVERTISEMENT

Deborah O'Neill MP

On our side

My office can assist you with queries about the following
Federal Government services:

- Anniversary messages
- Centrelink
- Family support payments
- Veterans Affairs
- Medicare
- Aged pension
- Pharmaceutical Benefits Scheme
- Immigration

For help with these or any other Federal Government issue, please contact my Gosford Office on 4322 1922 or email me at Deborah.O'Neill.MP@aph.gov.au

Deborah O'Neill
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.



Animal Welfare League - Central Coast Branch

AWL is an animal welfare charity, caring for animals on the Central Coast

We sell quality second-hand home furniture, clothing, books, toys and Bric-a-Brac at reasonable prices. Donations gratefully accepted and we can pick-up locally.

Enquiries: 4344 6650 or 4344 4435.

Shop 2, The Boulevarde, Woy Woy

We can't ignore her gender

I missed the crucifixion of Jesus of Nazareth but I was there for Billy McMahon's.

It was awful in its cruelty and I prayed I'd never have to witness another.

But now we are at it again, attacking Julia Gillard's personal integrity, denying her obvious leadership abilities, her loyalty and vision for a better and fairer Australia.

Some of the media are scurrilous in their reporting of her story adding innuendo to gossip.

Seeking to entertain us, they exaggerate life's trivia into major catastrophes.

They heap insult upon insult linking her with horrible comparisons from history.

They don't bother with details about the Labor caucus forcing Rudd's resignation.

There were no knives, no plots but the simple fact is that he was a poor leader and lost the support of important allies.

Forum

How dumb he was.

At the Lobby Restaurant on Australia Day, the federal police, rather than wrestle with a small group of protesters, children among them, took an easier way and removed the Prime Minister instead.

The indignity inflicted on Gillard was unforgivable and the photo of her being so violently removed that she lost a shoe should never have been published.

But it was and doubtless flew round the world in minutes.

Had it been a male Prime Minister would that have happened?

Certainly not.

They'd have formed a phalanx around him and calmly escorted him to his car.

The visual message in that photo is of a heroic minder dragging a poor defenceless woman to safety.

It says that it takes a man to

govern Australia and women aren't up to the job.

Not so.

Gillard's background in industrial law and national student union politics plus many years of service in Labor makes her well qualified.

Australia does not have a tradition of women Prime Ministers.

Gillard is the first to have made her way to the top so let's stop pretending we can ignore the fact of her gender.

She is not the presidential style leader we are accustomed to.

She is a negotiator, a mediator.

She is so different from the men who have gone before her and it makes no sense to expect otherwise.

We may be proud of our economic achievements but we should hang our heads in shame for the way we treat our first woman prime minister.

Email, 24 Feb 2012
Joan Patrick, Ettalong

Lunch alternatives

Lunch in Umina?

There are some great restaurants offering lunch specials for under \$8.

Freshly cooked noodles, curries, stir-fries and a drink included.

All of which are tastier, healthier and far less fattening than a

Forum

cheeseburger.

What's more, these businesses are locally owned.

Email, 20 Feb 2012
Lindsay Partridge, Pearl Beach

Sharks

Further to June Mitchell's letter about the shark attack at Horsfield Bay in 1935, I recall reading a report that a 12-year-old boy dived into the bay and disappeared.

It was assumed he was taken by a shark, though his body was never recovered.

In the early 1960s, a man, John

Forum

Orr, swam from South Woy Woy to Phegans Bay to test the waters so to speak.

We all breathed a sigh of relief when he returned unscathed.

Letter, 20 Feb 2012
Keith Whitfield, Woy Woy

One party system is inferior

Klaas Woldring (Peninsula News, 20 Feb 2012) is once again advocating some sort of revolution when he states that "we need a maximalist republic that would develop a new political system" and that "the two-party tyranny (of the Westminster system) must go"

Well Mr Woldring is free, in this country where we enjoy the benefits of our constitutional monarchy, to express his viewpoints but I don't think there would be many people who would agree with him.

To advocate a one-party-only government in Australia is asking us to take a massive backwards step that would lead to disaster for us.

One needs only look around

Forum

the world to observe the wretched republics in which the people would suffer as a consequence of this inferior system of government.

An extreme example would be the so-called "People's Republic" of China, in which an unelected one-party government has ruled the country for over 60 years without ever allowing an election for the people to vote them out.

This is not to say that the system here is perfect. Of course not.

But how many people do we see cramming on to leaky boats to escape persecution in Australia to flee to one of those republics?

Only a ratbag would even contemplate it.

In the year in which we are rejoicing with our Sovereign Queen of Australia in Her Majesty's 60-year Diamond Jubilee reign, we should be happy to be enjoying the citizenship of this great nation.

Long live our most loyal queen. Advance Australia fair.

Don Parkes, Woy Woy
Letter, 24 Feb 2012

J&B MEATS

John's back!

Specialising in convivial servility

Chicken Breast Fillets	\$6.99kg
'A' Grade rump	\$21 - 1.5kg min
Sliced leg ham off the bone	\$5.99 per 1/4kg
Legs of lamb	\$8.99kg

Sunday & Saturday open till 1pm
Monday to Friday open till 5.30pm

All meat cut to your requirements

4341 1861

Right in the middle of Umina
294 West St, Umina Beach



Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
 - Assisting carers in their role
- Contact us to discuss if you are eligible

Ph: 4343 1888

Yaringaa Building

93 McMahons Road

Woy Woy (opposite Rogers Park)



Fudge's Boutique

SUMMER SALE EXTENDED!
40 to 50% off till the end of March
Summer garments in stock

Winter Stock has started to arrive - Come on in and take a look around!

Shop 10 - The Regional Arcade
7-9 The Boulevard - WOY WOY - Ph: 4341 1191

"Fast Free Delivery to your Home or Office"

- Cartridge refills for inkjet and lasers using specialty inks to guarantee quality printing
- New inkjet and laser cartridges
- Best range and price for compatible inkjet and lasers
- New printer installations

Bring in this ad to receive **10% off** when you **refill** your empty cartridges.

The Ink Shop

Shop 5, 470 Pacific Hwy (Opposite Laycock Theatre)
WYOMING NSW 2250 - Ph 4322 2857 Fax 4322 1649

Convenient, Reliable, Affordable
The eco friendly approach to printing
We  love to save you money

Baby caps presented to hospital



A presentation of baby caps for premature babies will be made from the Ettalong Beach Arts and Craft Centre to the Gosford Hospital Auxiliary on Thursday, March 15.

The idea was born 13 years ago following the birth of a premature grandchildren to one of the members of the centre. "During this time, the families of premature babies soon learn all about the needs of these fragile little people and one such need is to ensure their heads stay warm," said centre publicity officer Ms Sue Sullivan.

"The babies can lose an enormous amount of heat through their heads and the neonatal ward at the hospital provided some little caps for this purpose.

"This grandmother perceived a need for a good supply of these little caps for all the new premature babies being born during a period where there was quite a baby boom in our area.

"The suggestion was taken back to the quilting group at the arts and craft centre and the idea was embraced by the members.

"All this happened 13 years ago and the craft centre stitchery group continues to focus on the needs of the community by looking at new projects as an outlet for their skills.

"Gosford Hospital Neonatal ward can now confidently look forward to their supply of caps being maintained for the future," said Ms Sullivan

Media Release, 29 Feb 2012
Sue Sullivan, EBACC



Peninsula Village seminar venue

Planning for their older age

A free seminar will be held at Peninsula Village in Umina on Wednesday, March 7, for those who wish to gain a further understanding of planning for their older age.

Peninsula Village executive assistant Ms Linda Grant said the seminar was about considering your values and beliefs and discussing them with those closest to you.

"It does not have to be an onerous and complicated process," said Ms Grant.

"Planning ahead is important to all of us.

"We just don't know what is around the corner.

"Everyone needs to plan ahead and have discussions about their preferences with family members well in advance of a healthcare crisis."

Peninsula Medical Centre local

GP Dr Michael Crookes said he was a strong advocate for patients taking more control and planning ahead.

"It is so important for everyone to discuss their preferences with their GP and their family and friends.

"We just don't know what lies ahead.

"It is never too early to start the conversations."

Dr Crookes will address seminar attendees about the importance of gaining health literacy and forging discussions with family and carers.

Amanda Martin from DonateLife will also provide an update on organ and tissue donation and highlight the need to inform your family of your wishes.

Participants will learn more about the tools and resources available and receive a free workbook developed by the carer support unit of Central Coast Local Health District.

The legal issues of consent for healthcare and lifestyle choices will be detailed by the NSW Public Guardian.

Life Circle will lead a session on mentor support for carers embarking on end of life care at home.

In addition, the event will host range of local service providers with free resources and information to support future planning.

To secure a place, phone 4344 9199.

Media Release, 28 Feb 2012
Linda Grant, Peninsula Village

DENTURE CLINIC



Keith Boyd - Dental Prosthetist

No Refferals Required

For full and partial dentures, relines and repairs

PH: 4360 2755 - MOB: 0405 388 602

112 Blackwall Rd, Woy Woy (Woy Woy Osteopath Centre)

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....



Improve hearing improve lifestyle



- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

ACCREDITED PROVIDER OF GOVERNMENT SERVICES
* CONDITIONS APPLY

CONTACT YOUR CLOSEST OFFICE NOW

WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST
PHONE 43442566

THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD
PHONE 43346233

DO NOT MAKE NEW DENTURES BEFORE SPEAKING TO US



- We make the effort to improve the appearance of your dentures.
- We have a special interest in difficult/ problem cases .
- No referral is necessary. We also accept Medicare referrals (even if made out to other practitioners) as well as DVA Gold Card holders.
- We make implant retained overdentures.



We employ the appropriate techniques and take the time to obtain the results

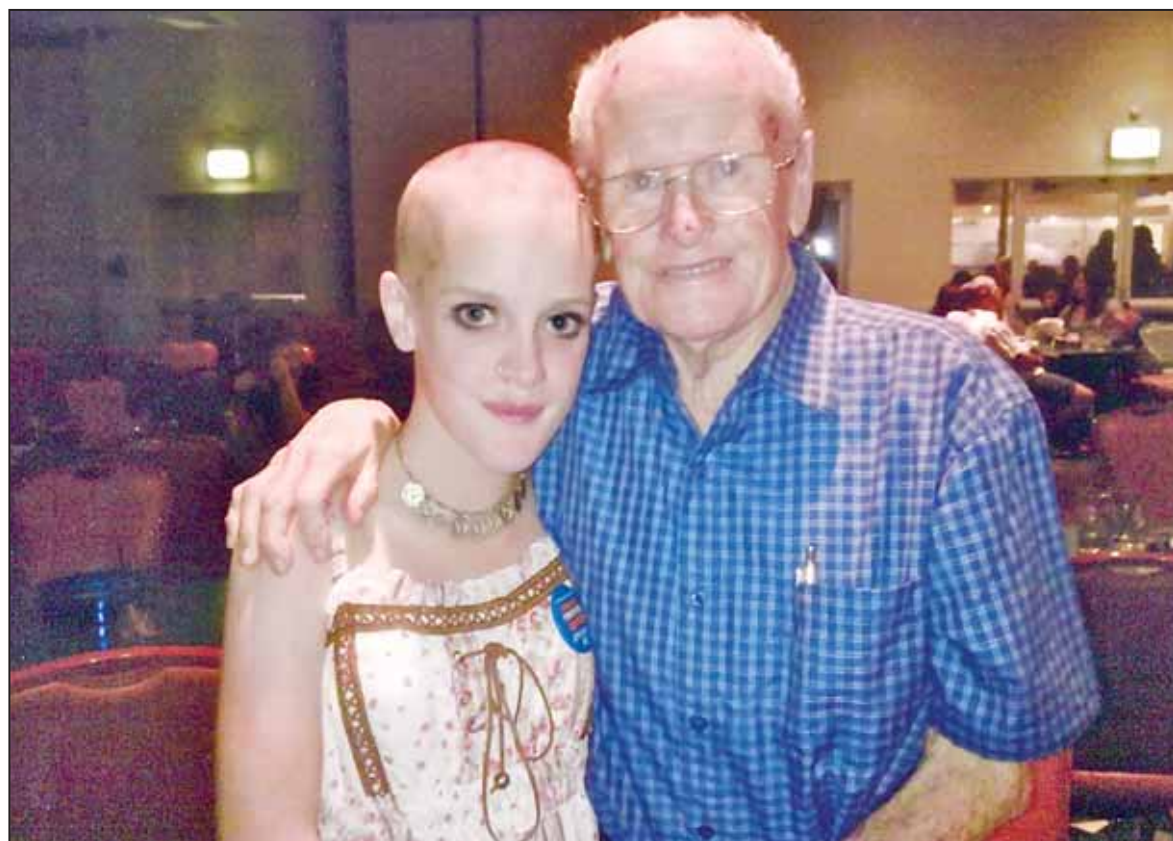
52 South Street, Umina Beach
Ph: 4344 6699 or 0414 415 417 (by appointment only)

Your Local
Skin Cancer Centre

**Vidler Ave Skin
Cancer Centre**

7 Vidler Avenue, Woy Woy
Ph: 4341 9911

Johannah to shave her head again



Brisbane Water Secondary College student Johannah Kemp, 15, will shave her head on Saturday, March 17, in Umina Park as part of the World's Greatest Shave.

This is the second year she will participate in the shave.

Johannah said her goal was to raise \$500 but has raised \$1200.

She said she was inspired by her grandfather Brian Crawley of Umina who was diagnosed with Hodgkin's lymphoma in 2009 and died on September 29 last year.

He joined the Everglades Country Club in 1978 and made lifelong friends which saw him elected as president in 1993.

He held this honour from 1993 to 2008 and is still the longest serving president to date.

Mr Crawley had to stand down

because of his health and, after many doctors appointments and countless tests, it was discovered in 2009 he had cancer of the blood.

"The event held at the Everglades Country Club on the 12 July, 2011, was a great success," said Johannah's mother Ms Lee Kemp.

"There was not a dry eye in the place.

"She managed to raise \$1200."

Johanna said she chose March 17 to shave her head as it was her grandfather's birthday.

To donate to her cause, visit her Facebook page: Jo's Brave Shave.

Email, 1 Mar 2012
Lee Kemp, Tascott

Stroke club president turns 90

Woy Woy Stroke Recovery Club president Mr Ernie Williams turned 90 on Wednesday, January 11.

His milestone was celebrated with a birthday party at Lizotte's restaurant in Kincumber on Saturday, January 14.

The party was hosted by his son Geoff and grandson Ben and attended by friends and relatives from WA, SA and NSW.

The Point Clare local also received seven letters of congratulations from federal and state politicians, along with the NSW governor.

Mr Williams joined Woy Woy Stroke Recovery Club in 1997 after his wife Grace had a stroke.

He was appointed president in 2002, a position which he still holds today.

Prior to taking up residence at

Woodport Retirement Village in Point Clare, Mr Williams lived in Umina.

In 1985, he began an 18 year service to Woy Woy Meals on Wheels, an organisation of which he is now a life member.

E-mail, 21 Feb 2012
Helen Anderson, Woy Woy
Stroke Recovery Club

OCEAN BEACH RD PHYSIOTHERAPY, SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

• Back, Neck & Knee Pain • Sports & Work Injuries • Joint & Muscle Pain

• Exercise Programs • Wheelchair Access • Rehabilitation

• Massage • Home Visits • Veterans Affairs • On-site Parking

JOSHUA JUNG B.App.Sc. (Phy) MAPA - STEVE ROW B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066

BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE

UMINA

South Street Dental

Umina Beach

Teeth for Life

Cosmetic Smiles

Teeth Whitening

Children and Adults

Complex Reconstruction

Implants

Dentures

Mario Reznik

BDS - 1st Class Honours (Syd)
Dip, Clinical Dentistry-Oral Implants (Syd)

Dental Surgeon

52 South Street Umina Beach

4344 6699

Medicare Vouchers / Teen Vouchers welcome
Veterans' Affairs welcome

10% discount to Seniors Card Holders

HICAPS, EFTPOS and major

Credit Cards Accepted

Disabled ground floor access
with plenty of parking

Are you entitled to \$4000
worth of Government
funded dental treatment?

*You may be eligible for dental
treatment if you suffer from a
chronic illness such as cancer,
diabetes, arthritis, stroke etc.*



Woy Woy Dental Centre

Phone for more info

4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

This is a non means tested dental benefit

College hosts 'taster lessons '

Brisbane Water Secondary College Umina campus hosted "taster lessons" for primary school students on Thursday, February 23.

Nearly 80 students experienced high school maths, English, technology and woodwork and "had a fantastic day", said Umina campus teacher Ms Sheree Gilchrist.

"In maths, students were taught about fractions and angles by constructing moving three-dimensional shapes using coloured paper and elements of origami as well as mathematical concepts.

"In English, students worked in groups to analyse poetry through images and music.

"Featuring Man from Snowy

River read by Jack Thompson, students also discussed and compiled a storyboard and gained a better understanding and appreciation of poetry as an art form.

"Up-and-coming tech-heads used three different computer programs (including Prezi, Cooltext, and Publisher) to create their own product advertising

campaign.

"Mrs Martin was impressed with the computer skills of students," said Ms Gilchrist.

"Mr Charles also bravely opened up the wood work rooms and allowed students to use wood working tools and machinery to create a decorative door stop.

"Students were able to take home their projects.

"The weather was beautiful and during the lunch break, students enjoyed a sausage sizzle while they chatted with new friends and our peer mentors," said Ms Gilchrist.

All received a certificate for participating in the day.

Newsletter, 29 Feb 2012
Brad Lewis, Empire Bay Public School

Seeking animal lovers on the Peninsula!
Do you have spare time to volunteer helping injured or orphaned native wildlife?

COME JOIN
OUR TEAM!



Central Coast is holding a
RESCUE & IMMEDIATE CARE
Training Course
Date: March 17 & 18



Location: GOSFORD - Cost: \$75

To Register / Inquiries:
natvergara@yahoo.com

You must be over 18 years of age
and hold a driver's licence

WIRES Central Coast needs
rescuers and carers in the
Peninsula area.

If you would like to be a volunteer
with our organisation,
register your interest today!

Help to Rescue & Care for Native
Wildlife on the Central Coast
Sponsored by

Peninsula
Community Access **News**



Students in clean sweep

Two groups of students from Brisbane Water Secondary College's Special Education Unit completed a sweep of the Pearl Beach foreshore on Friday, February 17, as

part of an ongoing program to keep the Central Coast's foreshores clean.

The students retrieved only small items of litter from the foreshore but three trips to Lion

Island and Middle Head beach also gleaned two bags of small plastic items and a large anchor rope which was cut and removed.

All litter was deposited in the council's bins adjacent to the beach.

Additional tasks were abandoned when the propeller came off their boat's motor.

Coordinator Mr Grahame Johnston said the day allowed the students to have positive networking with the locals and have plenty of recreational fun.

Mr Johnston said he intended to return to Pearl Beach with the group before the end of autumn.

Media Release, 21 Feb 2012
Grahame Johnston, MacMasters Beach Surf Club

ETTALONG BEACH ARTS AND CRAFTS CENTRE

TERM 1 CLASSES ARE NOW IN PROGRESS!

This is an exciting year for us with some new classes for 2012. Firstly the ever popular jewellery class and secondly the Thursday Art classes are all back due to popular demand.

Monday	Patchwork, quilting & pottery
Tuesday	Folk art, Silk Dyeing & evening pottery
Wednesday	Oils & Acrylics, Pastels & Drawing
Thursday	Art Classes for adults & children and Silvercraft classes
Friday	Watercolour painting
Saturday	Children's pottery

For more information phone: 4341 8344 or visit www.ebacc.com.au

KITCHENER PARK, ETTALONG
Corner Picnic Parade and Maitland Bay Drive
Sponsored by **Peninsula Community Access News**

Access Consultants

www.arqua.com.au



Dane wins art prize

Year 7 Brisbane Water Secondary College student Dane Allen has been awarded the Junior Art Prize in the Gosford Regional Gallery's annual exhibition A Central Vision.

The exhibition, which will be on display until Wednesday, March 14, allows local secondary public schools to select the best works from students and have them displayed in a professional exhibition.

Gosford Regional Gallery curator Mr Tim Braham said that this year saw 80 students selected from over 300 entries from 14 local schools.

"We've had a fantastic response from local schools with some terrific works entered.

"It's really great to see students excelling in the visual arts.

"This exhibition provides a professional platform for young people to display their talent and I'm sure visitors to the gallery will be very impressed with the standard of works in the show," said Mr Braham.

Mr Braham said that A Central Vision was just one of the opportunities provided to local school students to exhibit

at the gallery.

"We are very committed to providing exhibiting opportunities for local school students.

"Other annual projects, which include Sculpture by the Bay and the Indigenous Mural Project, are always extremely successful in helping develop young aspiring artists."

A Central Vision is organised in partnership with The Department of Education and Communities NSW and was opened by Education for Hunter and Central Coast deputy director Mr Frank Potter.

Media Release, 28 Feb 2012

**Tim Braham,
Gosford Council
Photo: Naomi Bridges**



Tennis trials

Two Ettalong Public School students have been selected for the next level in the local tennis trials.

Ningali Forrest Freeman of Year 4 and Isabella de Vivo of Year 4-5

tried out at the local tennis selection trials on Friday, February 10.

Principal Mr Colin Wallis said "both girls played extremely well" and showed a "great effort and result".

Newsletter, 14 Feb 2012

Colin Wallis, Ettalong
Public School

Photo: Naomi Bridges

**Help Ted Noffs
Foundation
get addicted
children clean**



Please donate to buy beds
for Ted. Call 1800 151 045
or visit www.noffs.org.au

tednoffs™
FOUNDATION

Sunrise Counselling Services

Amber Peterson Dip.Couns. M.A.C.A M.A.I.P.C
Bachelor of Social Science (current)

"It is when we feel that we become aware of our inner strengths"

**Effective Parenting and Child Development
Relationship Counselling and Conflict Resolution
Depression, Anxiety, Stress management, Anger management
Separation and Divorce, Family Dynamics & more**

**Mobile Counselling Available - Pensioner Discounts
Medibank Provider**

Please Call Amber on (02) 4341 2179

Something for Everyone at your Conservatorium

ONE to ONE LESSONS

Strings: Violin | Viola | Cello | Double Bass

Guitar: Modern | Classical | Bass

Brass: Trumpet/Cornet | French Horn | Trombone | Euphonium | Tuba

Woodwind: Recorder | Flute | Oboe | Clarinet | Saxophone | Bassoon

Keyboard: Piano | Keyboard

Percussion: Drum Kit | Orchestral Percussion

Vocal: Classical | Contemporary

GROUPS: Strings | Guitar | Flute Choir | Jazz | Little Big Band |
Woodwind | Brass | Orchestra

CHILDRENS' MUSIC PROGRAM

Pre-School Course: for children aged 2 to 5

School Age Course: for children from Years K to 5

Preliminary Instrumental (beginners)

CONTEMPORARY MUSIC STUDIES

Jazz, Rock, Blues, Pop, Funk and Latin

ACCREDITED COURSES: Diploma | Certificate IV in Music

THEORY: Music Craft Grades 1 to 4 | Musicianship Grades 4 to 7
Composition | Music for HSC

LAKES OUTREACH PROGRAMS: Delivered at Kanwal

SCHOOLS PROGRAM: Brass, Guitar, Piano, Violin

www.centralcoastconservatorium.com.au

Central Coast Conservatorium
45 Mann Street
GOSFORD NSW 2250
Phone: 4324 7477

Enrolments: 10am to 2pm
Monday to Friday



TERM ONE COMMENCED 30 JANUARY
CELEBRATING 30 YEARS in 2012
NOW ENROLLING FOR 2012

**BOURKE ROAD
GENERAL STORE**

**We are Open
Good Friday
8.00am-5.00pm**

174 Bourke Road Umina NSW 2257
Phone/fax: 02 4341 7149

Education



New books for home reading

The Woy Woy Public School P and C has donated \$1000 worth of new books to the school's home reading program.

"Not only have they given this very generous donation of funds to purchase books, but they have also given of their time to cover these books to keep them in good condition," said principal Ms Ona Buckley.

"The school purchased more books from their funds at the end of last year as well, giving us an up to date supply of books.

"Enthusiasm is on a high with our students reading every night.

"As every new program implemented into the school takes a little time to get running smoothly so will our new home reading program.

"We are grateful to the parents coming each day to help our teachers in classrooms with updating student books ready for the night's reading.

"Reading is the means to gain knowledge and opens a world of imagination.

"Together we can develop a love of reading for all our students," she said.

Newsletter, 28 Feb 2012
Ona Buckley, Woy Woy Public School
Photo: Naomi Bridges

Animal carers learn about horses

The Brisbane Water Secondary College student group Kids who are Animal Carers

attended an AAA horse riding excursion at Coorombong on Wednesday, February 29.

The students went on a one hour trail ride and had the opportunity to groom the horses, crack a whip and learn basic care principles when around a horse.

Students were then taught about what feed was appropriate for what horse as protein plays a key role in the horses temperament and management.

They learnt about colic, a disease which can occur swiftly and maim a horse.

They were also told about the dangers of keeping a halter on a horse when it was in a paddock.

"Some of these students have never been on a horse before.

"They had a great time while other more experienced students enjoyed the outlook and challenges of the ride," said teacher Ms Nerrida Lewis.

Email, 29 Feb 2012
Nerrida Lewis,
Brisbane Water Secondary College

Vietnamese cuisine

 **HAPPY WOK**

Lunch Special \$6.99
Wok Tossed Noodle
11.30am to 3pm

MON-WED - 11AM-9PM
THUR-SAT - 11AM-10PM

Shop 5, 3-5 Blackwall Road, Woy Woy

4342 4476

Live music every Sunday from 12 noon

Fresh locally
Ettalong's Finest Seafood

Garlic Balmain Bugs,
BBQ Baby Octopus,
Grilled Fish,
Garlic Prawns

The Fish Trap
0432 698 053
Rocks Arcade Memorial Ave
Ettalong Beach





Menhir is a brand new & vibrant Spanish Tapas Bar

located within the Ettalong Beach Tourist Resort we wish to bring and share with you the food & passion of my home & the Fiesta Espanola!!!

TUESDAY: CHURRASCO NIGHTS \$20PP
OPEN 7 NIGHTS A WEEK 5PM TILL LATE
B/FAST, LUNCH & DINNER SAT & SUN
BOOK YOUR XMAST FUNCTION WITH US

VISIT OUR WEBSITE WWW.MENHIR.COM.AU
LIKE US ON FACEBOOK
02 4341 4063 INFO@MENHIR.COM.AU

menhir
spanish tapas



Superior Thai Cuisine

Rasama THAI

Dine In or Take Away

Lunch Special Wed-Fri \$7.90
Dinner Mon-Sun 5.00-9.00

AIR CONDITIONED
3 Oscar St UMINA
(opp. Coles)

4341 9669

Double Crunch Combo



it's just **\$4.95** between 12-2!

*Offer expires 6th March 2012.

 **Quality and a great price together at last!**

KFC Woy Woy
91 Blackwall Rd 4341 4939


SHOPPING WITH A CONSCIENCE

Salvos Stores offer great finds like one-off vintage pieces and incredible fabrics - and it's satisfying to know that every purchase helps your community by providing:

- Meals for the hungry
- Beds for the homeless
- Assistance in finding employment
- Refuge to victims of abuse

 Visit www.salvos.org.au/stores for more information or call 13 SALVOS (13 72 58)

AN UNMATCHED THEATRICAL EXPERIENCE...

"A mesmerizing performance..."

— Donna Karan, Creator of DKNY



The Five Millennia Begin, 2009.

MASTERFUL MOVING EXQUISITE

WORLD'S TOP CLASSICAL
CHINESE DANCERS

LARGE-SCALE ORCHESTRA

STUNNING ANIMATED
BACKDROPS

EXQUISITE COSTUMES

AN ALL-ORIGINAL
PRODUCTION

SHEN YUN. For Chinese, the words evoke a sense of wonder, magic, and the divine. To audiences who have seen it, they recall the experience of a lifetime—a moment so powerfully beautiful it touches the soul.

Discover the grandeur of a fantastically rich culture, that of classical China, brought to life through brilliantly choreographed dance and mesmerizing, all-original orchestral compositions. Magnificently costumed dancers—the world's elite—move in poetic arrangements that evoke pastoral beauty, imperial drama, and the glory of an ancient civilization.

This season, discover what art was meant to be.
Discover Shen Yun.

"A visually dazzling tour of 5,000 years of Chinese history and culture."

— *San Francisco Chronicle*

"The ancient Chinese wisdom it conveyed will not only benefit the Chinese people, but also the whole world."

— *Ted Kavanau, founding Senior Producer of CNN Headline News*

"Brilliant choreography..." extravagantly beautiful."

— *Broadway World*

TICKETS ON SALE NOW
BOOK EARLY FOR BEST SEATS!

27 APRIL - 6 MAY
SYDNEY - CAPITOL THEATRE

Ticketmaster.com.au 1300 723 038
Shen Yun Ticketing Office:
02-9146 4929

WebTicketCenter.com/sydney

Presented by Falun Dafa Association of NSW Inc.

神
韻

WHAT DOES "SHEN YUN" MEAN?

CHINESE IS AN IMMENSELY rich language. Many characters contain deep inner meanings and nuances that are difficult to translate into English, such as those in our very name: Shen Yun.

The character Shen (神) is a general term for "divine" or "divine being." Chinese cosmology, in fact, is replete with hundreds of deities, Buddhas, and Taoist immortals who play different roles and color the canon of Chinese history with thousands of rich stories.

This feeling of the divine plays into the second character of our name: Yun (韻). Its meaning is far greater than what literal translation can capture. "Yun" refers to the overall manner of a dancer, a dancer's style, and the meaning behind his or her movements.

So, when we put "Shen" and "Yun" together: it's about the grace, compassion, and sublime beauty of heavenly realms that are shown through the subtlest expressions and gestures of our dancers. That is the essence of the name "Shen Yun."



ShenYun2012.com

Out and About



Handicraft judging

Umina Country Women's Association held its annual handicraft judging day on Wednesday, February 29.

A large variety of articles made by members were displayed.

"The standard was high and the branch should win some prizes at the CWA Northumberland Group judging," said handicraft officer Ms Jill Colwell.

Following the judging, members learnt to make a simple four patch

coaster.

Secretary Helen Parkinson reminded members that the next general meeting would be on Wednesday, March 7, at 9.30am in the Umina rooms.

Craft days are held all other Wednesdays.

An evening craft group will also begin on Monday, March 12, anytime from 6-9pm.

Media Release, 29 Feb 2012
Jill Colwell, Umina CWA



Gwen Brinckley, Jill Colwell, Olga Speechley, Diana Moon (president), Helen Parkinson (secretary), Beryl Finch, Una Bemrose, Jean Bedford, Olive Burrows, Lorraine Denning

Weddings & Functions in a stunning resort

Ettalong Beach Tourist Resort offers 10 stunning rooms and courtyards for

Weddings
Parties
Functions or
Conferences

Private rooms seating from 20 to 200 people including the gorgeous Piazza St Pano with statues, fountains, intimate lighting, a stage and cinema screen

Talented Trevor D' Mello is available to sing and entertain at your function

Accommodation available in our Boutique
MOTEL PARADISO

Enjoy our

ITALIAN FESTIVAL

Sat & Sun April 14+15, 2012

Celebrate all things Italian

food, wine, music, song, dance, cars, fashion

Be unique, phone for a tour ...4341 1999

Ettalong Beach Tourist Resort

189 Ocean View Rd, Ettalong Beach, 2257

enquiries@ettalongbeachtouristresort.com.au



Music school open day

The new owners of a local music school will hold an open day on Saturday, March 17.

Led by two instructors from 9am until 11am, parents and toddlers will explore new instruments, sounds, dancing and musical activities.

From 12pm onwards the program will cater for all ages by offering free lessons in piano, guitar, bass, ukulele, violin, drums, flute and vocals.

Attendees will have the option of taking the guitar lessons individually or in a group.

Lucky door prizes will be drawn throughout the day.

"We want to give everyone a chance to try the instruments especially the less common ones like the violin which they might not have tried before," said Woy Woy School of Music co-owner and organiser Ms Madeline van DerMast.

"Because we're the new owners we just want to let the community know that we're still here and we are in it for the long haul," she said.

"We want to create an opportunity for the community to come together and enjoy music, to socialise and to learn new things and introduce ourselves and the newly renovated school to everyone.

"We want to strengthen the musical community, to create awareness of the joys of music and to host a free, fun, social and musical day for all ages."

Media Release, 16 Feb 2012

Madeline van DerMast, Woy

Woy School of Music

Harley Cattini, 27 Feb 2012

Interviewee: Madeline van DerMast



Piazza St Pano



Cosmos Courtyard



Terrazza Isidoro



Blue Room



Out and About

Reward for stone pot

A reward is being offered for the return of a unique hand carved stone pot that was stolen on Tuesday, February 21, from a home in Woy Woy.

A \$500 reward for the return of the pot and conviction of the thieves is being offered or \$300 for the return of the pot and no

conviction.

The pot was stolen from Mr Warren Greenway's front yard in Railway St and weighs around 350kg.

"It's awkward to move," said Mr Greenway.

"When I got them (the pot is part of a pair) it took four tradies to drag it up a ramp onto a low trailer.

"I am tired of the crime in my area and this is not the first time I have had stuff stolen."

If you know the whereabouts of the pot please phone Warren on 4341 7736.

Email, 28 Feb 2012
Warren Greenway, Woy Woy



Just gets better

CASH HOUSIE

Supporting Umina Public School
Thursdays from 7:30PM



\$5000

Members
Draw
must be
won this
Thursday
from 8th
March.

*LTPS/10/11980

Monday Night



Pizza and Pasta

Create your own Pizza and Pasta and we will cook it for you on the spot.

A selection of meat lovers, seafood, or vegetarian with a choice of pasta, cheeses, sauces or crispy pizza bases.

\$10.90 Members
\$15.90 Guests

Tuesday Night



Two Course Meal Main

250 gram Premium Black Angus
Sirloin with Creamy Garlic Prawns
Crispy Chips and Salad

Desserts

Pineapple Fritters and Ice Cream

\$12.90 Members
\$19.90 Guests



Melbourne Avenue, Umina Beach
Telephone: 4341 2618

just gets better



David Lecky of Umina with his dogs Sierra and Jimbo
on their walk down West St, Umina

KEEN2TOUR



Are you Keen2Tour? We Are!

DAY TOURS

Suitable for Singles, Couples, Anyone who wants to Enjoy a day out!
We offer Professional, Reliable, Value for Money Day Tours
Door to Door Pick up/Return & Morning Tea

Part of a Group? Our Staff can Tailor a Tour for You!

MARCH - Morpeth - Friday 9th \$55pp

Explore Morpeth! Spend the day in this lovely town Historical Tour included

Inc. Morning Tea, Historical Tour - Lunch Own Expense

Quarantine Station - Manly - Wednesday 21st \$80pp

Explore the history of the Quarantine Station, its historical buildings and stunning grounds. Hear the personal stories of passengers quarantined here prior to arrival in Sydney Cove.

Inc. Guided Tour, Morning Tea & Lunch - Walking Involved

APRIL - Avoca Beach Theatre & Tea House - Saturday 21st \$35pp

Guided tour of this lovely 60year old Movie Theatre in the heart of Avoca! After lunch we will make our way to Terrigal Beach for a drive thru town

Inc. Morning Tea - Lunch Own Expense

MAY - Lake Macquarie Tour - Friday 18th \$35pp

Driving Tour of Lake Macquarie, visiting Belmont, Swansea, Warners Bay & Cooranbong with a few surprise's along the way!

Inc. Morning Tea Lunch Own Expense - Minimal Walking

MINIMUM NUMBERS REQUIRED FOR ALL TOURS

BOOK NOW! - 0466 632 088
keen2tour@bigpond.com - www.keen2tour.webs.com

Out and About



Italian festival in April

The Central Coast Italian festival will be held on April 14 and 15 at the Ettalong Beach Tourist Resort.

The resort will be filled with classical and modern Italian tunes throughout both days and well into Saturday night, where the festival will give way to the Viva Nightclub.

A plethora of Italian vendors from all over the coast and Sydney will set-up for the event and, together with the permanent Ettalong Markets stallholders, provide attendees with a truly European shopping experience.

"Those looking for a quick bite and a cup of coffee could treat themselves to an Italian crepe or piadina," said organiser Mr Chris Farnon.

"Those looking to uncover the secrets of true Italian cooking will be treated to intimate cooking classes.

"There will be something for everyone at the Central Coast Italian Festival.

"Italian language classes, coffee courses and cooking demonstrations run all day, while the kids are kept busy with carnival rides and a permanent play-centre built into the markets.

"Now in its third year the Italian Festival is shaping up to be a landmark event that takes its visitors on a wonderful journey every year, right into the heart of Italy."

Media Release, 1 Mar 2012
Chris Farnon, Central Coast Italian Festival

LJ Hooker

Did You Know?

LJ Hooker currently manages more than 250,000 properties with a combined total value of more than \$60 billion and investors know they can count on LJ Hooker to get the job done correctly.

Whether you are overseas or based in Australia, you'll want to make the most out of your real estate investment.

Having put the property in the hands of LJ Hooker, you can be confident of doing so with a team working for you, helping you maximise your returns by offering a mix of investment and property management to address every possible circumstance on your behalf.

LJ HOOKER WOY WOY - 4341 2001

nobody does it better

ljhooker.com



Every bequest brings us closer to a cure for cancer.



For more information contact Mella Moore today.
T: 1300 780 113
W: cancercouncil.com.au

BEACHSIDE FURNITURE

• New and Used •

Large range of factory seconds

Fridges - Washers - Dryers

Furniture and more!

Affordable bedding

2/48 Memorial Drive Blackwall - 7 days a week

4342 2713 - 0419 413 548



YOU'RE INVITED!

"Life matters...Seminar"

an informative look at living life and taking more control

Wednesday 7th March, 2012 at 9.00 AM

Peninsula Village at

91 Pozieres Avenue, Umina

LIGHT LUNCH WILL BE SERVED

This seminar provides information to enable you to take charge of your life, share what is important to you with family and health professionals.

Life Matters is about maintaining control of your life if you become too unwell to speak for yourself.

No cost - free entry

To reserve your seat - see Peninsula Village reception or email reception@penvill.com.au or telephone 43 44 9199

Peninsula Community Access **News**



OVER 60?



Show your Seniors Card at the counter to redeem these offers!

NEW RELEASE DVD HIRES

\$3 EA

WEEKLY DVD HIRES

\$1 EA

Normal membership conditions apply.



CIVIC VIDEO WOY WOY

103 Blackwall Road

☎ 4344 6969

C it at CIVIC



Bowen and Clare at folk club

Bowen and Clare will perform at the next Troubadour meeting to be held on Saturday, March 17, at the Woy Woy CWA Hall.

Darryl Bowen, an Australian of Irish descent, has been performing Irish and Australian music for well over a decade, starting as front man for Sydney bush band Barbwire.

He penned some of the tracks on Barbwire's album *Come to Dinner* and, in 2003, he produced a solo album of both originals and covers titled *Just a Sniff*.

Bowen's musical partner Lydia Clare came from a musical background with her father Norm and her brother Gary working as brass and woodwind technicians.

Clare began performing in the late 90s as an original member and songwriter for Sydney folk band *Wild Honey*.

Bowen and Clare came together in 2007 and produced their 14-track debut album *Hillbilly Hippy* in 2011 with Bill Chambers.

They said this was inspired

by the peace of the bush and the pioneer spirit that permeates their home in Wheeny Creek, NSW.

The duo won the mountain-bluegrass section at the 2011 Canberra Country Music Awards for the album's title track.

"They're down to earth singer-songwriters of what they call Croak Music," said Troubadour publicity officer Ms Willy Timmerman.

"They're like sugar and spice.

"She's soft and sweet and he's bold and earthy.

"If they're not singing songs you know and love, they're singing songs you'll grow to love.

"Their music is catchy and energetic with an authentic sound and a raw edge that conjures up who they are, simple folk, simply living.

"They've been engaging and moving audiences with toe tapping guitar, mandolin and harmonica in a fusion of country, folk, bluegrass and more."

Media Release, 19 Feb 2012
Willy Timmerman, Troubadour
Central Coast Inc.



Bowen and Clare



Left to Right - Gail Cumming, Sue Norton and Dawn Diversi
They were shopping on West St Umina - They are all from Umina.



**Handmade Handcrafted
CREATIONS
MARCH 11**

Gosford Showgrounds - Dwyer Pavilion.

All weather handmade crafts market - Easter Theme
Quality handmade goods to purchase for any occasion.
Foods available, Gozmele's, cup-cakes, coffee & cold drinks
plus we are supporting Gosford Lions Club for a sausage sizzle.

Times: 10am - 2 30pm - 0403 934 842

CELEBRANT
Marriages - Commitment Ceremonies
Vow Renewals - Baby Naming - Funerals
Maureen Catherine Crawley
Celebrant for all occasions

Ph: 4344 7572 or
0418 113 799

mcmarrriagecelebrant@gmail.com
www.MaureenCatherineCrawley.com

ALTRO **Now Open**
A NEW DINING EXPERIENCE
Where the fruit of the earth, sea & vine combine

DIRTY DEEDS
The AC/DC SHOW
\$20
**AC/DC
Dirty Deeds**
Saturday 10th March 7.30pm
After Show Entertainment in front Lounge
Appearance by the Jim Beam Promo Girls

**We have you covered
this Easter with over
100 eggs to WIN**

Thursday 29th March Tickets on sale
5.30pm, Drawn 6.30pm
Sunday 1st April Tickets on sale
6.30pm, Drawn 7.30pm



EVERGLADES
COUNTRY CLUB WOY WOY

Who voted to CUT community support?
wontworkwillhurt.com.au **VOTE NO!**

Find us on:
facebook

4341 1866

Dunbar Road, Woy Woy

info@evergladescc.com.au

www.everglades.net.au

Out and About



Dave Harris, Pam Gray and Alan Ball from Vietnam Veterans Peacekeepers and Peacemakers from Ettalong selling raffle tickets in West St, Umina



Joanne Smith, Ambah Noonberger and Tammy Toth shopping on Ocean View Rd, Ettalong

Festival program announced

The Ettalong Beach Business Group has announced the program for the Ettalong Beach Festival to be held from Friday, March 16, to Sunday, March 18.

The festival will include the Ettalong Beach Ball, workshops with eminent Australian percussionists, a film festival night and an all-day street festival.

The Ettalong Beach Ball will be held on the night of Friday, March 16, and will feature a performance from the Spooky Men's Chorale.

Their repertoire ranges from Georgian drinking songs to whisper perfect ballads and a string of improbable original hits.

For those who like a twirl on the dance floor, 60s and 70s surfie band The Shallows will also perform on the night.

The Big Sing workshop will be held the following day from 10:30am until 3:30pm.

The workshop will be run by Kavisha Mazzella who will lead the

group in "vibrant explorations of songs and roof raising harmonies".

The workshop is open to singers of all ages and experience.

All enthusiastic participants will be invited to perform the next day at the Ettalong Beach Street Festival.

The festival will continue into the night with the Festival Film Night at Cinema Paradiso.

Doors open at 5pm for a 5:30pm screening.

The film will be an original documentary by Bob Fitzgerald which will explore the theme of Then and Now.

It has original stories from local residents including a mix of interviews spliced with historical film footage and scenes of Ettalong over the last century.

True stories about the town's past characters, the shops, the waterslide, the connection with Sydney's underbelly and the fire that wiped out the Ettalong Beach town are among the themes visited

in the film.

The festival will conclude on Sunday, March 18, with the Ettalong Beach Street Festival Day from 10am until 4pm on Ocean View Rd.

Holden classic cars and a mix of artisan and food market stalls will line the street on the day.

The flags that will be on display along Ocean View Rd have been made especially for the festival in workshops by local community artist Nina Angelo with the help of local school and community groups.

The main stage will feature Australian festival circuit performers along with indigenous and local talent.

A kid's zone with art, crafts and rides will also be available for children to enjoy.

**Flyer, 20 Feb 2012
Jeanette Polley, Ettalong Beach Business Group**

Easter fete at Patonga

The Patonga Progress Association will hold its annual fundraising Easter Fete on Saturday, April 7, from 9am until 1pm at the Patonga Progress Hall.

Patonga Easter Fete organiser Ms Judy Singer said the fete was a much-loved village tradition and has been held in the Patonga Progress Hall for as far back as Patongans can remember.

Held on Easter Saturday, the Patonga Fete is on the same day as the ever popular Pearl Beach Book Fair.

"Visitors and locals have a great opportunity to enjoy the hospitality and beauty of both little villages by making a day of it and supporting both events," said Ms Singer.

This year the Patonga Fete will feature arts, crafts, antiques and collectibles, jewellery and market stalls from local Central Coast traders.

Also on sale will be a selection of homemade cakes, preserves, plants, books, bric-a-brac and gifts.

"The barbecue will be fired up to sell sausage and egg sandwiches and a morning tea with homemade scones and jam will also be on sale," said Ms Singer.

"We will be spinning the giant chocolate wheel all morning for a

chance to win some Easter egg prizes and an Easter egg hamper will be raffled at the end of the fete," she said.

All money raised this year will go towards community projects such

as improvements to the Progress Hall which has been the focal point for community events in Patonga for over 50 years."

**Media release, 29 Feb 2012
Judy Singer, Patonga Easter Fete**

JHALU
Day Spa & Fitness



Essential Express Facial
now only \$99 - (Valued at \$175)

Designed for maximum results in minimum time!

This high end treatment is a perfect pick me up to stimulate cell turnover and brighten, soothe and smooth the skin! Includes ASAP Essential 6 Pack + Express Facial

**Level 1, Mantra Ettalong Beach Resort
Ph 4341 3370 - info@jhalu.com.au**

BARBS

Blues Angels Acoustic Roots'n'Blues Sessions

3 hours of open mic, 1 hour unplugged

Join the house band or do your own thing
Just about every kind of acoustic blues to sweet Coast indy and impromptu ensembles; guitars, harmonicas, bass fiddle, drum kit, percussion, mandolin, banjos, saw, washboard, merlinton and songs, songs, songs; great sound c/o Blues Angels rhythm men and the greenest venue on the Coast

All for only \$5.

<http://www.reverbnation.com/venue/kantarahouse>

3rd Sunday, March 18, 1-5 pm. Kantara House

431 Avoca Drive, Green Pt, Central Coast. \$5.

Children Free Licensed Cafe open. Book to play 4324 2801

<http://www.facebook.com/BARBS.roots>



Virtual Gastric Band

is NOW on the Central Coast as seen on TV

Personal Sessions \$680

Workshops \$299

East Gosford

100% natural non invasive 95% success rate

**Enquiries email: VGB@mindslim.com.au
ph: Julie 8005 8445**

**Free Pick-Up and Delivery Service
For Vacuum cleaners and parts
on the Peninsula**

JR's HAVE moved
**Call for expert repairs of all your
whitegoods. Spare parts available**

JR's Appliance
Repairs and
Services
4342 3538

Broaden the options

Let's hope the Prime Minister can find a new senator who can turn the party upside down.

Section 15 of the Constitution (casual vacancies) limits her chances first off in that this person has to be a member of the ALP and hail from NSW.

In general, the Westminster system already severely restricts the potential for recruiting quality politicians.

Ministers have to be in and of the Parliament meaning they must be elected.

Others cannot be drafted, most unintelligent.

The national membership of the ALP is down to 32,000 or 0.16 per cent of the population, not a wide choice either.

Such severe restrictions suggest that it is sheer luck if any government has adequate

Forum

competence in its ranks.

Of course, there are those who say it doesn't matter that the Ministers are functional amateurs.

The senior public servants are there to provide professional and impartial expertise.

Really?

That may have been the case in the past but the public services have been politicised, many senior public servants are on contracts thus lacking tenure and many are very highly paid.

Not surprisingly the people are disenchanted with parliamentary politics.

Can Australians start considering alternatives, other than the American Presidential system?

Email, 1 Mar 2012

Klaas Woldring, Pearl Beach

Council should not sponsor company advertising

More than 600 children aged between seven and 15 took part in the Kids Tryathlon at Woy Woy in January last year.

The marketers of the event, Weet-Bix (Sanitarium), claimed it planned and managed this event, but Gosford Council approved the application by X-Tri Australia P/L to hold the event on Council's roads, parks and the Peninsula Leisure Centre.

X-Tri Australia claimed it was a non-profit organisation and Council subsidised the event by waiving thousands of dollars worth of charges and fees payable for the use of its public properties.

As an 86-year-old former veteran athlete, I have done my share of swimming, cycling and running marathons.

I am still associated with the group of amateur athletes who have been running at Parramatta

Forum

Park for 40 years.

They don't have sponsors or public subsidies and they have even donated thousands of dollars to real charities.

I can appreciate that young people get this opportunity to test their endurance in this well organised sporting event, but Gosford Council should recognise that Sanitarium is in this to advertise its product and defend its share of the breakfast cereal market.

The user-pays principle should apply and Council should collect for the public revenue fair rent when public assets are used for private commercial profit.

Letter, 6 Jan 2011

John Collins, Woy Woy

Why Worry, Woy Woy?

habits, anxiety, weight, health, motivation, creative fluency, Gestalt regression

hypnotherapy

Call Liz Macnamara

4341 0464

hypnosis helps let hypnosis help you

System serves well

Our present system may not suit everybody but it has lasted some 200 years.

The last revolt was some time ago called the Eureka Stockade.

Since then the changes have been slow and minimal.

Forum

People come to this country because it is peaceful and, with hard work, you can live a good life.

If or when the monarchy goes, it would cost the people more money

to run the country and it could cost the people a lot of the freedom we now enjoy.

Be careful of what you wish for. It could cost more than you can imagine.

Email, 23 Feb 2012

Les Walker, Killcare

Support is unnecessary

Ron Mussali's offer to support our community is unnecessary.

We'll be just fine without him.

The McDonald's fast food outlet at Woy Woy adequately caters for the needs of the people of the Peninsula.

It would be appreciated if

Forum

you cease demeaning my son's sporting efforts by awarding him a cheeseburger every year.

The paltry prize is a pitiful reward for his efforts.

My daughter attends dance classes.

I sincerely thank you for not polluting the arts environment with your insidious marketing campaigns.

One more thing: I don't want fries with that.

Have a nice day!

Email, 14 Feb 2012

Tim Haylor, Umina

NEED NEW BLINDS? 

\$100 OFF*

Call the local experts FIRST!

Proud local manufacturer of quality timber look venetians and verticals.
Distributor of a huge range of blinds, awnings and shutters.

Visit our showroom to view our huge range
1/305 Manns Road, West Gosford, NSW, 2250

Phone NOW for a free measure & quote on 4324 8800
expires 31/12/2011 - *For every order over \$1000, you can take \$100 off

ETTALONG BEACH BALL

Fri 16th March 7pm

Signature event - Ettalong Beach Festival
March 16-18

Where: At 'Wadhay' Leisure & Lifestyle Centre,
cnr Broken Bay Rd., & Karingi St.
Ettalong Beach

A NIGHT OF RAUCOUS FUN & FRIVOLITY!


Sponsored by Peninsula News

THE SHALLOWS

Spooky Men's Chorus

"Hello Possums! Come & kick off the Ettalong Beach Festival at our Beach Ball. Dress up Retro for our 'Shirley' Competition. Dance your socks off to the 60/70's 'Shallows' band. Listen to the cheeky award winning 'Spooky Men's' chorus. You'll never be the same again! - and it's not repeatable!"
Book Now!

Tickets: \$55 - Entertainment + Cocktail Food - BYO - www.trybooking.com
'That Swimwear Place' or 'Fabulous on Ferry' Ettalong Beach

 Find us on Facebook

A history of Woy Woy Chamber of Commerce

The Woy Woy and Districts' Chamber of Commerce was established in 1946.

The initial meeting to form a Chamber was held at the Masonic Hall, Woy Woy, on May 29, 1946, and a provisional Council was elected with Mr R L Colman as

chairman, to draw up a constitution. A draft constitution and set of rules was submitted to a largely attended meeting held at the Woy Woy Bowling Club on June 25 and unanimously adopted. The first properly constituted Council was then formed. Mr R L Colman was elected

president and Mr W A C Murdoch was elected treasurer. Some weeks later Mr J Candrick was appointed secretary. The constitution sets out the objects of the Chamber and this in general terms is to improve business and engage in efforts to promote the welfare of the

community. Any businessman or woman carrying on legitimate business in Woy Woy or surrounding districts was eligible for membership. Since its inception, the Chamber has compiled a long list of achievements; some of the most important are arranging the continuation of the Kincumber ferry, increasing car parking facilities, better street lighting, increase in local police strength, Ocean Beach improvements scheme and Esplanade Rd, No. 2 Woy Woy Oval, Woy Woy direction sign at Piles Creek, establishment of housing commission homes in the area, support for local building societies, Olympic pool, representations for Rip Bridge, reconstruction of Ocean Beach Rd, District Tourist Leaflet, representations for filling of Dunban Rd swamp, resulting in recreation field of Rogers Park and the installation of two flashing pedestrian crossing symbols in Woy Woy.

As of 1970 the business of the Chamber was conducted by an annually elected Council of Management of eleven members which met once a month. A quarterly general meeting of all financial members took place at which the president made a periodical report and invited suggestions or requests from members, and these were dealt with by the Council of Management at the next meeting. The annual general meeting was held in July when the election of officers was conducted and the financial statement presented. Meeting notices were circulated to all members by letter. The President for 1970-71 was Mr. P D Tonkin and the Honorary secretary-treasurer was Mr W T Hoskin.

Courtesy Woy Woy-Umina-Ettalong and District Town, 1970

The Peninsula Diary

For events in post code areas 2256 and 2257

Wednesday March 7 Guide Dogs NSW/ACT Central Coast Support Group fundraising stall, Deepwater Plaza, Woy Woy, 9am-3pm Umina CWA branch meeting, 10am, Umina CWA Hall Triple P Positive Parenting Program, Beachside Family Centre, Umina, 10am-12pm	Greatest Shave, 7pm	Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am
Sunday March 11 Woy Woy Little Theatre's "Natural Causes" ends, Peninsula Theatre	Saturday March 17 Ettalong Beach Festival Johannah Kemp World's Greatest Shave, Umina Park	Saturday March 31 4WD Explorer Series: Tunnels, Tanks & Sugarloaf Tag-along Discovery Tour, Brisbane Water National Park
Monday March 12 Umina CWABeginners' crochet lesson, 9-9pm, Umina CWA Hall	Sunday March 18 Ettalong Beach Festival	Wednesday April 4 Umina CWA branch meeting, 10am, Umina CWA Hall
Tuesday March 13 Don Leggett Memorial Bowls Tournament, Everglades Country Club, 6pm	Monday March 19 4WD Tagalong Discovery Tour, Brisbane Water national Park	Saturday April 7 Pearl Beach Easter Saturday Book Fair, Memorial Hall, 9am-5pm
Friday March 16 Ettalong Beach Festival Ettalong Bowling Club World's	Tuesday March 20 Mt Ettalong Panoramic Lookout Discover Tour, Brisbane Water National Park	Saturday April 14 Central Coast Italian Festival, Ettalong Beach Tourist Resort
	Saturday March 24 Opera in the Arboretum, Crommelin Native Arboretum, Pearl Beach Senior's Positive Living Gala Day, 9am-3pm, Peninsula Village	Wednesday April 18 Bays Community Group general meeting, Woy Woy Bay Community Hall, 7:30pm
	Sunday March 25 Bays Community Group	

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.



WWW.GANDHIRESTAURANT.COM.AU
Mail us : info@gandhirestaurant.com.au
Call us : (02) 4341 1994, (02) 4341 1918

Everyday 10% Discount on All Pickup Takeaways!
*Excludes Specials
Special Movie Deal everyday for Dine in (Cinema Paradiso)
Every Tuesday Night ½ Price Main Meals *Dine in Only
*Excludes seafood and main size entrees
Every Wednesday All Seafood Mains \$12.95! *Dine in Only
Every Thursday Special :-
Buy First Drink; Get Another same first Drink Free for your Partner!
(First Drink Only) *Dine in Only
(Near Cinema, Ettalong markets) Schnapper Road, Ettalong Beach, 2257

Where do you get it?

Following is a list of all good outlets on the Peninsula where you can get a copy of Peninsula Community Access News

Blackwall Caltex Service Station	Oceanview Rd Peridon Village Senior Citizens Centre Woolworths	Pearl Beach Pearl Beach General Store	Wagstaffe Wagstaffe General Store	Peninsula Plaza Peninsula Stationery Priceline Pharmacy, Deepwater Plaza Rawson Rd Takeaway Sandwich Shop, Deepwater Plaza Shell Service Station St George Bank The Old Pub Train Station kiosk Westpac Bank Woy Woy Aged Care Centre Woy Woy Bowling Club Woy Woy Community Centre Woy Woy High School Woy Woy Hospital Woy Woy Leagues Club Woy Woy Library Woy Woy Veterinary Clinic Woy Woy Public School Woy Woy South Public School Uniting Church Yummy Noodles
Davistown Davistown RSL		Pretty Beach Pretty Beach Public School	Woy Woy Amchal Chemist, Peninsula Plaza Bay View Hotel Bays Fire Station drum Brisbane Waters Private Hospital Broadwater Court Campbell's Home Hardware Centrelink Chris Holstein's Office Deepwater Newsagency, Deepwater Plaza Dominos Pizza Drum at Horsfield Bay Rd Everglades Country Club Gnostic Corner and Gnostic Healing Sanctuary KFC Kuoach Chemist Meals On Wheels Newsagency (opposite The Old Pub) Peninsula Leisure Centre Peninsula Music School Peninsula Newsagency,	
Ettalong Bourke Road General Store Centrelink Cinema Paradiso Cinema Hotel Cooinda Retirement Village Mantra Resort Ettalong Beach Arts and Crafts Centre Ettalong Beach Holiday Village Ettalong Beach Motel Ettalong Bowling Club Ettalong Hotel Ettalong Memorial Club Ettalong Surgery Ettalong Pizza and Pasta House Ettalong Public School IGA Newsagency (near old Post Office) Newsagency,	Empire Bay Empire Bay Newsagency Empire Bay Real Estate Empire Bay Tavern Empire Bay Public School Liberty Service Station	Umina ChemWorld Don Leggett House Eagle Boys Pizza Mum's Seafood Ocean Beach Holiday Park PCYC Peninsula Village Shell Service Station St George Bank St John The Baptist School The Ink Shop, Umina Mall The Hammond Group Umina Bowling Club Umina High School Umina Mall Pharmacy Umina Public School Umina Library Umina Newsagency Westpac Bank Woolworths Service Station You Save Pharmacy		
	Gosford Central Coast Leagues Club Ducks Crossing Publications Gosford Council Gosford Library Gosford RSL Imperial Centre			
	Hardys Bay Hardys Bay Corner Store Hardys Bay RSL			
	Killcare Killcare Surf Club			
	Patonga Patonga Bakehouse Gallery			

The life of Essie Wilson

A second edition of "Significant Women of the Central Coast 2007" was published as an International Women's Day project.

The first edition was published in 2006.

It was collated in 2007 by Ms Margaret Hardy, Gosford Council's Citizen of the Year,

on behalf of the Multi Arts Confederation and Friends of Caroline Bay Inc and printed by Gosford Council in March.

Women included in the publication were nominated by their friends and admirers of their work, according to Ms Hardy.

"Most have a social conscience which drives them

to make a difference, correct injustices, create works of art, or are creative in their approach to people and life," Ms Hardy said.

Peninsula News has been given permission to feature the profiles of women of the Peninsula in further recognition of their contribution to the community.

Cec Bucello

Essie Wilson was born in Richmond on the October 5, 1899, the daughter of Arthur Thomas and Ada Melvina Wilson, the eldest of five children.

Essie grew up at Richmond and Kurrajong and at the age of 11 years developed cancer of the neck glands.

She was treated by Sir Alexander McCormack, a top surgeon of the day, had several operations and Essie said she remembered having quite a few massive hemorrhages.

At one time she had one at Parramatta Station and had to lay in the waiting room for hours until an ambulance arrived.

It was only after Essie's death, that her daughter Margaret found her Grandma's diary in which she had written that Essie was admitted to Carisbrook Private Hospital on November 26, 1910, for radium treatment.

Margaret did not know her mother had received radium treatment until she found it in the note book.

Essie was 11 at this stage.

She had several operations at St Vincent's Hospital which were not successful and, at the age of 15, she overheard the surgeon tell her parents there was nothing further to be done and that they should take her home to die.

At this stage, a friend (who was not a doctor), asked if he could treat her as he had a cure for cancer and had been trying for years to get the medical profession to test it.

Of course they would not have anything to do with a quack, but her parents were desperate and agreed to let him try.

Essie was cured but always maintained 'the cure was worse than the disease', but she did live till her 90th year.

Essie wanted to be a nurse but her parents were not happy about this due to her ill health.

At 22 Essie commenced Midwifery Training at St Margaret's Hospital, one of the first to do formal training (1921).

Her training included district nursing which allowed two nurses to deliver babies in their homes.

Many a weird experience did these

nurses have, as the district was the poorer areas of Sydney, such as Surry Hills etc, where many criminals lived.

The nurses were given one penny for tram fares and had to carry the placenta back to the hospital wrapped in newspaper to be inspected by the senior staff.

Essie lost her penny once, and was driven back to the hospital by a man the matron recognised as a well known criminal of the time.

After completing her training, Essie worked at West Wyalong for a few years and then was asked by Sir Charles Mawson to take charge of his maternity hospital "Milby" at Campbelltown.

Sir Charles was the brother of Sir Douglas Mawson, the explorer, who Essie was privileged to meet on several occasions.

She worked at "Milby" for about five years.

One night the husband of a woman who had given birth, brought his friend Tom Davin to see the new babe.

She was introduced to this big, quiet Irishman and told a friend, "That's the man I'm going to marry", which she did in October 1929 at the age of 30

Her son was born in December 1930, followed by Margaret in 1932 and another daughter in 1938.

In 1940 Tom, who was a Lands Department Inspector, was sent to Sydney to learn about the 'gas producers', a coke burning attachment for cars used during war time to save petrol. Twelve men and an instructor were in a room at Ultimo Technical College with all windows closed, when the gas producer was lit and all the men were affected by carbon monoxide.

Tom developed chronic renal failure and was retired from the public service.

Not a penny was paid in compensation and the doctors gave Tom less than 12 months to live.

Essie rose to the occasion and said "I won't let him die, we have three children to raise".

They came to Woy Woy to live as Tom loved the area and it was close to Sydney doctors and hospitals, where he spent some time.

Essie became the bread winner of the family, hung up her brass shingle with 'ESSIE WILSON, A.T.N.A.' a gift from her father when she graduated.

Her working life was a mixture of great variety.

She delivered babies privately.

When the aged doctor would not go out at night, he would ring Gordon' Bain's Taxi and direct him to pick up Essie and take her where she was needed, maybe a death, maybe an injection for pain or some wound requiring stitches or some other problem.

She gave insulin injections to diabetics, sometimes once a day or occasionally four hourly, these were



much fewer than today.

The Emergency Room was the kitchen table.

Often the dinner would be cooking away on the wood stove with all those lovely cooking smells pervading the air, the table would be set and her three children waiting to eat, when occasionally a knock on the door would herald a disaster.

The table would be stripped, a green baize cover would be put over it and it became the emergency room table.

Fishhooks were a common problem and secondly young babies brought in pale, blue, cold and nearly dead from gastro-enteritis.

In those days the water was mostly pump water and it was loaded with minerals, particularly iron.

Young babies arriving for holidays who had bottles made with this mineral laden water, often developed very severe gastro-enteritis.

Essie would wrap the baby up, give it to one of the children to nurse while she ran glucose and saline into its bottom.

She never lost a baby.

The deed performed, mother and baby would go home, the table re-set, and a belated meal enjoyed.

Essie did not believe in expectant mothers going past their expected date of confinement and occasionally a woman would turn up for Essie's induction of labour.

This consisted of a large dose of castor oil, followed by a hot bath.

Her children would light the chip heater for hot water and Margaret was allowed to help make the castor oil mixture, a squeezed orange, half the juice in a glass, then the castor oil with more juice on top.

This would be put on a plate with a spoon containing a teaspoon of sodium-bicarb, which was put in the mixture just before the lady drank it, to make a fizzy orange drink to take the castor oil taste away.

This led to the children believing the concoction followed by a hot bath, in a day or two, you would get a baby.

**Significant Women of the Central Coast, 2007
Margaret Hardy**

The Shame File

Ducks Crossing Publications has a very liberal credit policy for advertisers and realises that from time to time, people, businesses and organisations get into financial difficulty and may need assistance and time to get things back on track.

However, some people, businesses and organisations take advantage of this generosity they use advertising but simply don't pay their account after several months and need to be taken to court to do so.

From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

- Digi Now of Kincumber
- Sharon Martin - Devine Image
- Marilyn Clarke - Formerly of Skippers Take Away Seafoods
- Steven Rutter - Blockbuster Rubbish Removal Narara
- Depp Studios formerly of Umina
- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton
- Bruce Gilliard Roofing of Empire Bay
- Jamie's Lawn Mowing of Woy Woy
- William McCorriston Complete Bathroom Renovations
- First Premier Electrical Service of Umina Beach
- JCs Renovations & Landscape Building Services of Point Clare
- High Thai-d Restaurant of Umina Beach
- Sue Swadling formerly trading as Four Shore Café & Take away of Umina Beach
- Bob Murray of Vetob P/L trading as Browse About of Woy Woy
- Mal's Seafood & Charcoal Chicken of Ettalong Beach
- Simon Jones, All external cleaning and sealing services
- Renotek, Tascott
- ASCO BRE Concreting
- Erroll Baker, former barber, Ettalong
- Marks Pump Service, Woy Woy
- Michelle Umback - 2 Funky, Terrigal

**Umina's Finest Tobacconist
& Darrell Lea Chocolates**

Darrell Lea Cnr South and West Street
(New entry from South Street)
Umina Beach - Open 7days
7am to 6pm

Smoking Dragon

**CASH PAID FOR GOOD
QUALITY SWORDS,
KNIVES [not kitchen]
WAR & MOVIE
MEMORABILIA**

Shop 12 Ebti Mall - 155 The Entrance Road - The Entrance

4333 8555

Classifieds

Classified

ADVERTISEMENTS
cost only \$25 plus GST
for 5 cms, and will be
working for you in your
local community for
TWO WEEKS

Phone: 4325 7369
Fax: 4339 2307

E-mail:manager@ducksrossing.org

Ad a logo or photo
only \$5 +GST
Ad full colour
only \$5 + GST

Accounting



MYC
PARTNERS

- Accounting & Bookkeeping
- Registered BAS & Tax Agents
- SME Specialists
- Over 20 years experience
- MYOB Professional Partner

02 4344 3717

2/94 Blackwall Rd

Woy Woy

info@mycpartners.com.au

Airconditioning

Aircoast

Installations
from \$450
Supply and
Install from
\$1000

Fully Licensed &
Guaranteed
PH: 0434 193 731
Lic 217615c

Antennas

A Better Picture
Antenna & Digital
Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

Automotive



INDEPENDENT VEHICLE
INSPECTION REPORTS

- Light Vehicles
- Heavy Vehicles
- Motorcycles
- Trailers
- Boats
- OBD2 Diagnosis

RTA APPROVED VEHICLE INSPECTORS E13665.
REPAIRERS LICENCE MVRL48844/MVRL48845.
IAME MEMBER 00715029.

0409 008 999

www.autoscan.net.au - paul@autoscan.net.au

Blinds

NEED BLINDS IN A HURRY?

Express 1 week

Proud Local

Manufacturer

@ West Gosford

PH: 4324 8800



www.premiershades.com.au

ABACA BLINDS & SHUTTERS

Woy Woy

Free Quotes

4342 4144

0418 640 336

Bore Water

Bores and Spears

Install high quality pumps and
maintenance free spears,
existing systems reconditioned,
all work guaranteed.

Ph: Warren Greenway

Ph: 4341 7736 Mob: 0408 225 390

Lic No. DL1960

Builders



Absolute
All Trades
Building Pty Ltd

All building/maint work,
Reno's specialist
Presale building inspect.
Fully Lic & Ins
Featured on Foxtel
Reasonable rates
All Areas - Lic 224407C
Ph: 0410 270 641
or 4363 2796

A&B Building Maintenance

Over 35yrs experience

Small Jobs, Decking

Repairs to renovations

Ring or text Mike

0418 439 287

lic 17078

Computers

COMPUTER FAIR

CHEAPEST FAIR IN TOWN

Saturday 17 March 10am - 2.30pm

Gosford Showground

Showground Rd Gosford

www.computermarkets.com

0425 211 965 | Entry \$3.00

Children under 12yrs Free

EFTPOS available

Carpentry

Carpentry

- Building

over 30 years

experience

Local know how -

working with pride

and honesty

Paul Skinner

Lic 62898c

0432 216 020

or 4339 2317

Concreting

CONCRETING

All aspects of Concreting!!

Slabs - Driveways -

Pathways - Plain -

Colour - Decorative

NO JOB TOO BIG

OR TOO SMALL!!!

Local Tradesman with over

25 yrs experience

For Free Quotes And

Prompt Reliable Service

Phone Terry

0412 496 799 anytime.

LICENSE NO 218514c

Doors



Interior, Exterior

and Security Doors

Bi-Fold, French & Wardrobe

Stainless Steel Security Door &

Window Systems, Security Grilles,

Fly Screen Doors and Fly Screens,

Dog & Cat Doors, Timber Screen

Doors, Screen Rooms, Locks,

Handles & Hinges

ALL MAINTENANCE

AND REPAIRS

Timber and Screen

Door packages

Now stocking spare parts for the

DIY Handy Person

Unit 1/14 Alma Avenue Woy Woy

9am to 5pm Monday to Friday

4339 2424

0402 186 546

Free Quotes

Police Masters Lic No. 409982903

Security Lic No. 2E409965334

Carpentry Joinery Lic No. 108056c

Entertainment

BLUES ANGELS

Your total acoustic
blues/roots package,
top to toe, and then
some. Minnie the
Moocher to Eagle Rock
and on into indie roots,
beatnik jazz, backhills
bluegrass and prog folk.
Available as duo, trio or
band negotiable for your
party, event or venue.
Hear and see them at:

March 18 - 1-5pm

BARBS Kantara House

Green Point

tomflood@hotmail.com

4324 2801

Entertainment



SLIGHTLY OFF

Gypsy plunk

*Want to have a lot of fun,
unique music at your next event?*

BARBS Kantara House

Green Point - March 18

1-5pm

Call Leila at 0423147797

or find us on Facebook

www.facebook.com/
SlightlyOffMusic

The Troubadour Acoustic Music Club

meets at the
CWA Hall
Woy Woy
Floor Spots
available

17th March
Bowen & Clare
7PM

Tickets \$11

Concession \$9

Members \$8

Tickets available

at the door. see

www.troubadour.org.au

4341 4060

Fencing

Craig Lack Fencing

All colorbond, lattice, pool and garden
fencing. All gates No job too small
We will beat any written quote

Operating on the Coast for 10 years

Fully licenced and insured

"We work with the customer"

Call Craig 24/7 for all your fencing

needs on

0405 620 888 or 4344 1363

Lic. 180056c

Gardening

*A Reliable
Service*

All aspects of Lawn &
Garden Maintenance,
Pruning, Chainsaw,
Rubbish Removal
and Window
Cleaning
John Watts

0432 214 980

Gardening

LANTANA

Management

Solutions

Free your trees!

Reclaim your garden

& bushland

Greg Burch

'on time every time'

Specialist - Residential & Acreage

Fully insured

Call now 4328 5885

or 0402 830 770

Handyman



FRIENDLY

PROFESSIONAL SERVICE

Free Quotes

Lawn & Garden

Painting

Paving

Pergolas

Rubbish Removal

Tree Trimming

General Carpentry

Tiling

Furniture/Shed

Assembly

Stump Removal

Fully insured - Discounts for seniors

Call Justin on:

0414 382 212 - 0413 587 701

ABN: 87179898230

Hot Water

Dark & Daylight Plumbing & Gas

- No Hot Water?
- Leaking Tank?
- Need to replace your
Hot water system
- Gas, Solar, Electric
- Same day Service

4341 8863

www.darkanddaylight.com.au

Lic 68862c

Mobile Mechanic

D.T. Central Coast
Mobile Mechanic

*All mechanical

repairs & servicing

*Rego inspections -All makes &

models *Very reasonable rates

*Pensioner discounts

Tim Howell Lic.No. 44 033038

4341 2897 or

0418 603 667



Painting

Bucello's Coastal Painting Services

Residential &

Commercial

Interior & Exterior

New Work & Repaints

Free Quotes

All work guaranteed

Quality's my game

and Ryan's my name

0410 404 664

Paving

**I'm
Paving**
for all your paving
requirements

Phone Martin

4344 4614

0412 360 195

Lic No R94683

Pets

Peninsula Pampered Pooches



Dog Grooming

All Breeds

Clipped and Styled

Council Approved

Located at Umina Beach

For Info Phone Vickie

on 0400996110

Photography

*Naomi Bridges
Photography*

Professional Freelance
Photography

Sessions on location of your choice

- Portraits
- Lifestyle
- Modelling Portfolios
- Commercial
- Newborns
- Corporate
- Sports
- Pets

Call 0423 958 914

naomi.bridges@hotmail.com

Plumbing

Umina Beach Plumbing

All aspects of plumbing:
Drainage and Gasfitting,
Domestic and
Maintenance Works
Installation of
rainwater tanks

4344 3611

0402 682 812

Lic 164237c

All Flushed Out Plumbing

Plumbing &
gasfitting



- all maintenance
& blocked drains
- new homes & reno's
- all hot water
- roofing&guttering
- seniors discounts

We turn up!

Call Brendon Mares

0420 315 964

Lic no. 244930c

Classifieds

Public Notices

Central Coast Bush Dance & Music Association

Experience Folk Music at its best at East Gosford Progress Hall @ 7.30pm Henry Parry Drive

Jane Austen Theme Night March 10

Enq: 4344 6484
Admission \$18 incl. supper
Folk Fed Affiliates & Pensioners \$15,
Students 13 to 18 \$8
www.ccbdma.org
for more information
02 4381 0457

Woy Woy Peninsula Lions Club
Sunday, March 25, 9am to 1pm
Great variety of stalls ~
BBQ, Tea & Coffee.
Vendors Welcome ~
Car Boot Sale - \$15 per car

Now at Dunban Road Car Park

NB stall sites not open until 6.30am
Cnr. Ocean Beach Road Woy Woy
Always Last Sunday
(Except December)
More Details...
Enq: 0428 418 535 or 4369 8707

CWA Umina

Evening craft and friendship group
Beginners' crochet lessons starting Monday 12 March
6.00 - 9.00pm
\$20 for 4 weeks
(gold coin donation if a CWA member)

Kits available
CWA Hall - 2 Sydney Ave (cnr Ocean Beach Rd, opposite Shell Service station)
Umina - All welcome
Bookings to Jill Colwell
4344 1070 or 0427 968 326



CWA Woy Woy will be celebrating its 80th Birthday June 6th

All former members or anyone previously associated with the club is invited
Also looking for memorabilia
Ph: Barbara Atkins
4341 6575

Public Notices

Widow and Widower social group

Meet at Central Coast Leagues Club
Wednesday evenings at the lounge bar.
Anyone who has lost a partner is welcome to come along to meet others who understand.
We can help each other
Ring Mike
0418 439 287

Work From Home

Established Mail Order Company
30 years experience
60 million customers worldwide
\$500 - \$4500+ per month
Full/Part Time
Full Training Provided
Go to
jrh.unitedonlinebusiness.com



Handmade Handcrafted CREATIONS MARCH 11

Gosford Showgrounds Dwyer Pavilion.
All weather handmade crafts market - Easter Theme
Quality handmade goods to purchase for any occasion.
Foods available, Gozmele's, cup-cakes, coffee & cold drinks plus we are supporting Gosford Lions Club for a sausage sizzle.
Times: 10am - 2 30pm
0403 934 842

Troubadour CC
Ukulele for Fun
with the
Troubadour CC
next meet - 7pm
February 27
Everglades Country Club - Dunban Road Woy Woy
4341 4060 AH

FREE

You can help
'set the truth free'
and close the gap in Australia's Indigenous Spiritual Culture by downloading your free copy of...
Closing The Gap in Indigenous Thinking: The story of Australia's Dreamtime Alphabet.
Download your free eBook from
www.dreamtimealphabet.com

Refrigeration

Maintenance, repairs and service to all coolroom refrigeration and air conditioning equipment
Also repairs and service to hot water services, stoves, washing machines and dryer services

Electrical Contractors

Earley's
4362 7100
FREE Consultation

Removals

KEYVINS REMOVALS & DELIVERIES
Deliveries & Removals, Local Sydney, Newcastle & Country.
Single items or a house full.
Competitive rates.
02 4342 1479
0411 049 559

Roofing

FUTURE TEK ROOFING & CLADDING
All Types of Roof Repairs
Re-Roofing
New and Old
Fully insured
Free inspections and quotes
Tony Fitzpatrick
0401 354 283
Lic. 115103c

Affordable Roof Solutions
Gutters cleaned and screened
Gutter Maintenance
Gutter Protection
Solar Tubes
Whirly Birds
Fully insured
15yrs experience
Quality at an affordable price
0410 939 057

BRIDGEE DIDGE ROOFING
Quality Roofing at a Ridgee Didge price
Reroofing - tiles to metal
Repairs & restorations
Fascia, guttering and downpipes
Call Dane for a free inspection & quote
0468 345 671
over 12 years experience
Lic 238847c Fully Insured

Security Doors

Rick's Fly Screens Ettalong Beach

All aspects of Security Doors & Flyscreens
Made to measure - Quality work assured
Free measure and quote
0438 677 357
Central Coast - Sydney
Northern Suburbs - Northern Beaches

Tuition - Art

ART FOR FUN (Mainly Watercolour)

Beginners and advanced students
5 x 2 hour lessons for \$150
Umina Scout Hall from 19 March
Register/Brochure: call
0422 001 055

Tuition - Dance

Gosford Scottish Country Dancers

Hold a regular class every Wednesday from 7 to 10 pm at the Church of Christ Hall, Henry Parry Drive Wyoming
No experience or partner necessary All ages welcome
Cost \$5.00 per week
Contact Jim on 4384 5185

Tuition - Music

Frank Russell
Double Bass & Guitar Lessons
All ages - Beginners To Intermediate
Umina
Ph 0417 456 929
Or 4341 4060

Neville Cousins GUITAR TUITION
0414 454 776
Repair Service: String replacement, clean up, set up, accessories
neville@earlysrefrigeration.com.au



Allanah Norris parading the overall champion of the show

Students win at Ag Show

Brisbane Secondary College agriculture department sent 24 students to the Maitland Agricultural Show on Friday, February 17, with four show cattle.

The school's record was maintained, achieving first, second and third in the lightweight class and first in the heavyweight class.

The cattle proceeded to win champion lightweight steer, champion heavyweight steer and the overall champion steer of the show.

Other achievements on the day included several students placing in a

strong field in the Paraders competition.

Clint McAnally placed third and Cana Bell placed fourth in the 15-year-old class while Eryn Smith placed fourth in the 14-year-old class.

Allanah Norris qualified to represent the school at the Sydney Royal Easter Show and Katherine Charles of Year 8 achieved a Highly Commended in Junior Judging.

Students and staff were preparing for the Canberra Royal Agricultural Show in late February, followed by Gresford Agricultural Show and Sydney Royal Easter Show.

Media Release,
21 Feb 2012

Nerrida Lewis, BWSC

Tuition - Music

Private Guitar Lessons

- Affordable
- Suit beginners
- All ages

Phone Lachlan
0434 798 534

Woy Woy School of Music

Professional tuition for all ages.

Guitar, Drums, Piano, Vocal, Flute, Clarinet, Saxophone, Violin, Bass & Ukulele

4344 5809
woywoymusic.com

Wanted to Buy

Cash paid for good quality swords & knives.
War & movie memorabilia also shop display units
For large collections home visit available

Smoking dragon
shop 12 Ebbtide Mall
155 The Entrance Rd
The Entrance

4 3 3 3 8 5 5 5

Wanted to Rent

Wanted to rent

4 Bedroom House
Dog Friendly
2 car lock up garage
Gosford area
Call Justin
0412 894 082

Advertise in this space
Ring us now to find out how cheap it is
4325 7369

Directory - Not for profit Community Organisations

Animal Care

Animal Welfare League (ADS)
provides assistance to sick and injured animals and finds homes for surrendered dogs.
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.
Debra 4344 4435
awlcentralcoast@virginbroadband.com.au

Art

Ettalong Beach Art & Crafts Centre (287)
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes
Mon - Sat 10am - 3pm
4341 8344
info@ebacc.com.au

Central Coast Art Society (309)
Weekly paint-outs
Tues 4369 5860.
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.
Social Meetings 1.30pm
4th Wed for demonstrations
publicity@artcentralcoast.asn.au
4325 1420

Point Clare Arts & Crafts (309)
Wed - Adult Class
Approaches to Visual Arts, supported by History of Art, to develop your own style
Wed & Frid - Adults
Bunka Embroid, Cards, Scotchet, Cross Stitch or bring your own \$3/session
Point Clare Community Hall
10am - 12noon
4325 5007

Hospital Art Australia (309)
Meet every Friday
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing
Volunteers welcome
4341 9920

Community Centres

Peninsula Community Centre (39/290)
Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.
Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.
www.pccinc.com.au
4341 9333

Ettalong 50+ Leisure & Learning Centre (287)
(formerly Ettalong Senior Citizens Centre)
Mon - Fri
Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts
4341 3222

Gosford 50+ Leisure and Learning Centre (formerly Senior Citizens) (287)
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class
4324 4749

Community Groups

AACC COMPUTER CLUB Inc. (291)
www.aacc.asn.au
Help with all Computing problems
Program demos + Q&A sessions
Narara Valley High School
Fountains Road, Narara
2nd Wed of Month (Feb-Nov)
Windows 7pm to 10pm
Supper provided
East Gosford Progress Hall
10 Henry Parry Drive (cnr Webb Rd)
3rd Wed of month (Feb-Nov)
Linux 9.30am-12.30pm
4th Thu of month
Social Meeting + Windows
12.15pm – 3.15pm
Afternoon tea provided
4362 1918

ABC (309)
"The Friends"
Support group for Public Broadcaster.
Aims: safeguard ABC's independence, adequate funding, high standards.
Meetings through the year + social afternoons
Well-known guest speakers
4341 5170

Beachside Family Centre (287)
School-based community centre for families with children from birth to 8 years old. Group programs and community activities
4343 1929
Umina Public School
Sydney Ave

Bridge (286c)
Tues 12.15pm is a friendly game without pressure.
Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm
Brisbane Water Bridge Club
Peninsula Community Centre
93 McMasters Rd. Woy Woy
www.brisbane-water.bridge-club.org

Cash Housie (56/294)
50 Games every Sat night
St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm.
Proceeds to Woy Woy Catholic Parish.
wwcphousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild Inc (286c)
Spinning and weaving,

patchwork and quilting felting and other fibre and fabric crafts
Workshops and community quilting bees
Day and night groups
4325 4743
www.centralcoastsguild.org.au

Central Coast Family History Society Inc. (301)
All the resources, information and advice needed to study your family's history are available through the Society.
Meetings 1st Sat ea mth 1pm Lions Community Hall, behind the Society's Research Centre 8 Russell Drysdale St, East Gosford.
www.centralcoastfhs.org.au
Visitors welcome
4324 5164

Hardys Bay Residents Group (60/296)
Working for a positive & Healthy Environment in our Community
allanbw@bigpond.com

The Krait Club (58/295)
Community Centre - Cooinda Village, Neptune St, Umina
10.30am Open to senior members of Woy Woy/Umina Community
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips
4341 0698

Northern Settlement Services (282)
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre
93 McMasters Rd
Woy Woy - 4334 3877

Probus Club of Umina Beach (81/298)
Friendship, Followship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+
Non Political and Non Sectarian
- 2nd Wed every mth, 10am, Everglades Country Club
uminabeach@probusclubs.com.au
P.O. Box 443 Woy Woy

Rotary Club of Kariong/ Somersby (309)
This international service club exists to improve lives of communities in Australia and other countries. Why not join us for fun-filled activities, fellowship and friendship.
We meet for breakfast at Phillip House 21 old Mount Penang Road (opp Shell)
Fridays 7:15am
4340 4529
kersuebay@philliphouse.com.au

Rotary Club of Umina (6/294)
An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad.
Everglades Country Club
Weds
curleys@ozemail.com.au
0409 245 861

Seniors Computer Club Central Coast Inc. (83/301)
Beginners' classes held Mon or Tues. Also classes Mon - Fri as published on the Club Website. 10am to 12md or

1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac - Meetings also held at Avoca Beach Bowling Club 1st Mon with a Guest Speaker
4369 2530

Umina Beach Scrabble Club (65/302)
For all levels and ages
Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play
Scrabble
322 West St (Rubys) Umina
4341 4859

Volunteering Central Coast (57/295)
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers.
Regular general info sessions at Woy Woy.
vrc@volunteeringcentralcoast.org.au
4329 7122

Wagstaffe to Killcare Community (285)
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds
2nd Mon, 7.30pm
Wagstaffe Hall
4360 2945
info@wagstaffetokillcare.org.au

Disabled Services

Riding for the Disabled (282c)
Horse Riding as a therapy for those with intellectual or physical disabilities
Volunteers always required
No Previous experience
Necessary - School hours only
- Mon to Sat
4340 0388
stateoffice@rdansw.org.au

Environment

Peninsula Environment Group (287)
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group
www.peg.org.au

Health Group

Arthritis NSW (9/292)
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,
Woy Woy - 4341 5881

Meals on Wheels (81/298)
Delivered meals and flexible food options for people with a functional disability
4382 9401

Mary Mac's Place (287)
Providing hot, freshly cooked meals - Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.
marymacs@woywoycatholic.org.au
4341 0584

Overeaters Anonymous (OA) (64/278)
12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Rm 5
Every Fri 7:30- 8:30pm
www.oa.org
0412 756 446

Pink Butterfly Breast Cancer Support Group - Ettalong
First Sunday every month 10.00am -12.00
Shop 71 Schnapper Road
Ettalong Markets
0428 712 251

Peninsula Women's Health Centre (285c)
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy
4342 5905 Wed and Thur 9.30am-3pm
20a McMasters Rd,
Woy Woy www.ccwhc.com.au

Woy Woy Public Hospital Alliance (308)
Political Lobby - Restore medical services previously available at this hospital - upgrade to a standard commensurate to the needs of the Peninsula and adjacent communities
2pm second Sat each month
St Lukes Church, Blackwall Rd
Woy Woy
4341 7864

Woy Woy Stroke Recovery Club (67/278)
Peninsula Community Centre
2nd Tues 11.30am
Company, up-to-date info, hydrotherapy, bus trips
4342 1316

Marine Rescue

Central Coast Unit (287)
Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.
4325 7929
www.vmrcc.org.au
pr.centralcoast@marinerescuensw.com.au

Music

Central Coast Concert Band (288)
Every Tues 7:15 - 9:30pm
Community playouts with four concerts a year at Laycock St Theatre.
0407 894 560

Soundwaves (87/308)
Men's acapella 4 part harmony chorus - for men of all ages, all welcome
7:30pm Monday Nights at Central Coast Leagues Club
Contact Ray
0405 003 945
randtbale@bigpond.com

Sport

Woy Woy Judo Club (287)
Kids Classes - \$5 Fri 5.30 - 6.30pm 6 14yrs
Adult Classes
Tue & Fri 6-8pm
15yrs+ - 1st Lesson Free
4 Week Trial
Ettalong 50+ Leisure and Learning Centre
0434 000 170
www.wwjc.org.au

Political Group

Australian Labor Party
Umina Ettalong Branch (293)
Political Discussions National, State and local government issues
2nd Mon Umina Beach Bowling Club 7.30pm
4341 7323

Veterans

N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia (66/302)
1st Sat (except Jan) 2pm
Ettalong Beach
War Memorial Club
51-52 The Esplanade.
4342 1107

Vietnam Veterans', Peacekeepers' and Peacemakers' (309)
Assist all Veterans and their families with pension & welfare matters.
Cnr Broken Bay Rd & Beach St Ettalong.
Mon & Wed 9am-1pm
4344 4760
vietvetsgosford@bigpond.com

Woy Woy Ettalong Hardy's Bay RSL Sub Branch (79/297)
Provide help with pensions and welfare etc.
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm
4341 2594

Women's Groups

Country Women's Association Woy Woy (309)
Friendship Mornings
1st and 2nd Wed 10am
Meetings 4th Wed 10.30am - 4324 2621

Country Women's Association Umina
Branch meeting 1st Wed of the Month, 10am
Day craft and friendship all other Wed 9.30
Evening craft and friendship enquire
CWA Hall Umina - 2 Sydney Ave Umina - All Welcome
4369 5353

The Endeavour View Club, Woy Woy (287)
Luncheon, 1st Mon Everglades Country Club, 10.30am.
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.
Coach trips
4342 2283

Gosford RSL Sub-Branch Women's Auxiliary (61/296)
Invitation to women over 18 years to join. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm
4323 7336

Inner Wheel club of Gosford North (92/309)
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects
2nd Wed each month (ex Jan) 7pm Phillip House Kariong
gosfordnorthiw@live.com.au
4324 7176

If you would like your Community Organisation listed here, call us on 4325 7369

Calendar raises \$1340 for cancer

The Ocean Beach Malibu Club has raised \$1370 for the Prostate Cancer Foundation of Australia through sales of its 2012 nude calendar.

This was reported after the club held its first surfing contest for 2012 at Umina Beach on Sunday, February 5.

Four times women's club champion Maddie Cook made a return after a two year absence, along with her friend Sally Oman who managed to defeat the current women's champion Cyndi Zoranovic in their round two heat.

Men's club champion Kai Ellice-Flint continued his good form from last year to win the day from Hayden Emery and Bryce Williams.

Rob McCaughan put the wind up a few of the more fancied surfers by winning his first round heat in fine style but found the going a lot tougher in round two when he surfed against all other first round winners.

Another surfer to return to the club after many years away was Paul Brandon who also won his first round heat.

The most improved surfer for the month went to the club's major sponsor Tony Irwin who won the heat of the thirds.

The club's next contest is scheduled for Sunday, March 11, at Umina.

Media Release, 21 Feb 2012
Craig Coulton, OBMC



Nic 'Blocker' garnett on the charge at the recent darwin Hottest 7's

New season for Woy Woy rugby

Woy Woy Rugby Union has started training for the coming season.

The club has had an influx of new players as well as a number who have returned after a year or two away.

The club has retained Ross Hopkins as the first grade coach and he will again be assisted by Grant Brooks.

"After being away from the club for five years coaching in Sydney, last year was a learning experience for me to come back to country rugby," said Hopkins.

"I hope this year that with some of the cultural and structural

changes we achieved last year on and off the field, we can improve on this year.

"If we can keep players injury free, then the club should do well.

"Off the field, the club is powering with a huge junior base and the junior-senior committee are doing a great job attracting new sponsors and interest in the club.

"The time is now for the seniors to embrace the challenge of becoming one of the powers of Central Coast Rugby," Hopkins said.

Second grade will be coached by Grant McLellan who has played

at the club for over a decade and has experienced premiership success at the club.

Third grade will be coached by Paul Gooley who, after a decade of playing first grade rugby, has decided to enjoy what third grade rugby has to offer.

The club will field a Colts side and, after coaching the Under-17s to a premiership last year, John Stokie will be in charge of the side and will be assisted by Rob Boxsell.

Email, 21 Feb 2012
George Simpkins, Woy Woy Rugby Union

Subscribe now and don't miss an edition

Peninsula Community Access News

☐ 1 Year (25 editions) to Peninsula News \$50

COAST Community News

☐ 1 Year (25 editions) to Gosford Central News \$50

Central Coast GRANDSTAND

☐ 1 Year (25 editions) to Central Coast Grandstand \$50

Phone: 4325 7369 - Fax: 4339 2307
120c Erina Street, Gosford
To order online
www.duckscrossing.org/shop

Name: _____

Ph: _____

Email: _____

Address: _____

Credit Card Number: _____ / _____

Exp: ____ / ____

Please complete credit card details or send a cheque or money order payable to

Ducks Crossing Publications,
PO Box 1056, Gosford NSW 2250

Central Coast GRANDSTAND

Don't miss the latest copy of Grandstand for all sports news on the Central Coast, now published fortnightly and available FREE from all good outlets, sports retailers, service stations, hotels, RSL and sporting clubs.

Fitch is Australia's first Winter Youth Olympics medallist

Nick Fitch has won a silver medal in the boys' 1500m speed skating event at the Winter Youth Olympics in Russia. Fitch, 17, is the first Australian to win a medal at the event.

World record and 4 national records broken at swim meet

A record-breaking performance was seen at the Gosford Swimming Club's annual meet, with four national records and a world record broken.

Ray Sandell awarded OAM

Ray Sandell has been awarded the Order of Australia Medal (OAM) for his services to the community and sport.

Lynch in Olympic contention

Local athlete Lynch is in contention for a spot in the Olympic team, having shown strong performance in recent competitions.

Joe Marston an Australian Legend

Joe Marston is being honored as an Australian Legend for his contributions to the community and sport.

Marlins win eight in a row

The local marlin fishing team has achieved a remarkable feat by winning eight consecutive tournaments.



Cricket success for Tristen

Pretty Beach resident Tristen McDonald, 19, currently sits among the top run scorers in all of Sydney first grade cricket.

Tristen played junior cricket at Woy Woy and graduated to first grade for Woy Woy in the 2009-10 season.

At the beginning of the 2011-12 season, he moved to play cricket for Northern Districts in Sydney, and soon found himself playing in first grade.

An opening batsman, Tristen has represented the Central Coast

at all levels from Under-10s up to Under-21s before he moved to Sydney.

Tristen was selected to play for NSW in the Futures League match against the ACT held in Canberra.

"This is another success story for Central Coast Cricket and an example of what dedicated, hard-working young cricketers can achieve," said Central Coast Cricket Association executive officer Mr Aiden Cuddington.

**Media Release, Feb 17 2012
Aidan Cuddington, Central Coast Cricket Association**

Rugby 7s for Year 7s

The Rugby 7s for Year 7s competition was held on Friday, February 24, at Brisbane Water Secondary College Woy Woy Campus.

Around 180 13-year-old Central Coast boys from 13 high schools each played at least six games of Rugby 7s in contest of the inaugural Jesse Parahi Cup.

Jesse, an Avoca Beach Junior

and former Kincumber High student, is a current member of the Australia 7s squad.

Jesse was present on the day and presented trophies and signed autographs.

"It so good to see so many students playing rugby on the Coast and to think not too long ago that was me," said Jesse.

"Fulfilling my dream of representing my country in rugby

will hopefully inspire the next batch of Central Coast rugby players to maybe strive to be future Olympians in our Rugby 7s program," he said.

St Edward's College were the eventual winners of the Cup with the winning try scored in the last seconds of the match against Brisbane Water Umina Campus.

**Email, 27 Feb 2012
Michael Magriplis,
Australian Rugby Union**

Trophy event

Brisbane Water Bridge Club held a trophy event, Umina Pairs, on Friday, February 24, at the Peninsula Community Centre.

The winners were Virginia Dressler and Ian McKinnon with 60.3 per cent closely followed

by Louis Koolen and Edward Mallinson on 59.9 per cent.

In third place were Jacqueline Wilson and Murrell Jarvis.

Sixteen pairs competed for the trophy.

**Email, 24 Feb 2012
Heather Tarrant, Brisbane Water Bridge Club**

TIDE CHART (Fort Denison)

LAT 33° 51' S - LONG 151° 14' E - TIME ZONE - 1000
Times and Heights(m) of high and low waters

Time - Height(m)	Time - Height(m)	Time - Height(m)
MON - 5	TUE - 6	WED - 7
0543 - 1.61	0006 - 0.50	0053 - 0.40
1223 - 0.42	0629 - 1.70	0714 - 1.77
1824 - 1.33	1302 - 0.32	1341 - 0.25
	1905 - 1.44	1945 - 1.55
THU - 8	FRI - 9	SAT - 10
0141 - 0.31	0229 - 0.25	0319 - 0.22
0758 - 1.81	0844 - 1.80	0930 - 1.75
1419 - 0.20	1500 - 0.18	1540 - 0.21
2028 - 1.66	2111 - 1.74	2156 - 1.78
SUN - 11	MON - 12	TUE - 13
0412 - 0.23	0507 - 0.28	0608 - 0.35
1020 - 1.65	1112 - 1.53	1208 - 1.39
1623 - 0.27	1708 - 0.37	1758 - 0.47
2244 - 1.79	2335 - 1.76	
WED - 14	THU - 15	FRI - 16
0031 - 1.71	0135 - 1.64	0247 - 1.60
0715 - 0.42	0830 - 0.47	0945 - 0.49
1311 - 1.28	1426 - 1.21	1547 - 1.21
1856 - 0.57	2005 - 0.63	2123 - 0.65
SAT - 17	SUN - 18	MON - 19
0401 - 1.59	0506 - 1.61	0600 - 1.63
1052 - 0.47	1147 - 0.43	1232 - 0.40
1657 - 1.26	1751 - 1.34	1837 - 1.43
2235 - 0.61	2337 - 0.55	

APPROX. TIME LAG AFTER FORT DENISON

Ettalong 40 min, Rip Bridge 2hrs - Wisemans Ferry 2 hrs 30 min, Koolewong 2 hrs 10 min

In view of the variations caused by local conditions and meteorological effects, these times are approximate and must be considered as a guide only. They are not to be relied on for critical depth calculations for safe navigation.

Actual times of High and Low Water may occur before or after the times indicated

Sherriff rewarded for good year

Ettalong Memorial Bowling Club's Aron Sherriff has been rewarded for an outstanding year during the Bowls Australia's Awards Night in Melbourne on Monday, February 20.

The Australian superstar captured two of the night's major accolades while state and national teammate Natasha Van Eldik secured the third.

After Van Eldik edged out Cabramatta's Karen Murphy to be crowned Female Bowler of the Year, Sherriff claimed the first of his trophies when he was announced as the Male Bowler of the Year.

Moments later the 26-year-old was back on stage after securing the International Bowler of the

Year award over Van Eldik and last year's inaugural winner Mark Casey.

Having ended 2010 by claiming the World Champion of Champions title, the world number five continued his rich vein of form on the international stage in 2011 with a dominate display against New Zealand at the Trans Tasman.

This was followed by a performance at the Moama International series that assisted the home nation secure an overall victory against England and Scotland.

The performances assured Sherriff of a position in the Australia v South Africa test series, with the Australian contingent producing a whitewash of the series.

The team dropped only four

of the 24 games played against one of its fiercest rivals, after the Springboks ended Australia's gold medal hopes twice at the Delhi Commonwealth Games.

The defining moment in Sherriff's year came at the 15 nation biennial Asia Pacific Championships where a powerful showing on the international stage saw him skip his fours team to gold and his triples to silver medals, in the process ensuring Australia of the overall winners' and overall men's trophies.

In a testament to his outstanding year, Sherriff secured 44 votes to finish 27 clear of his nearest rival, as voted by his peers.

**Media Release, 20 Feb 2012
Aidan Davis, Bowls Australia**

UMINA

BAIT & TACKLE



CHEAP BAIT

**Large Range of BAIT
Excellent Range
of TACKLE**

FRESH GREEN WEED

Open 7 Days

From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA  **(02) 4341 1686**



Haydn Paine, James Johnson, Jack Steed, Zac South and Brandon William



Taylah Press, Indigo Verhoeven, Priya Johnson, Rachel Woo

New Zealand hopefuls swim here

The Peninsula Leisure Centre played host to some of New Zealand's Olympic hopefuls over the week of Monday, February 20.

The squad, currently in Australia following the NSW Open Swimming Championships held earlier this month, were based on the Central Coast until Friday, February 24.

In preparations for their London 2012 campaign, the squad worked hard in the gym and pool facilities of the centre.

The New Zealand squad boasts past Olympians including Corney Swanepoel, who is currently preparing for what will

be his third Olympics and Melissa Ingram, a bronze medalist at the 2006 Commonwealth Games in Melbourne.

Gosford Council's manager of open space and leisure services Mr Phil Moore said that hosting the squad was a real recognition of the aquatic facilities available to the community.

"It was a pleasure to host the New Zealand Swimming Squad at the centre.

"Having Olympic and Commonwealth medallists training here is testimony to the quality of the facilities we have here.

"The squad made use of our 50m Olympic pool, recovery pool, gym and hard court area while also

being five minutes from Umina and Ocean Beach for outdoor training," said Mr Moore.

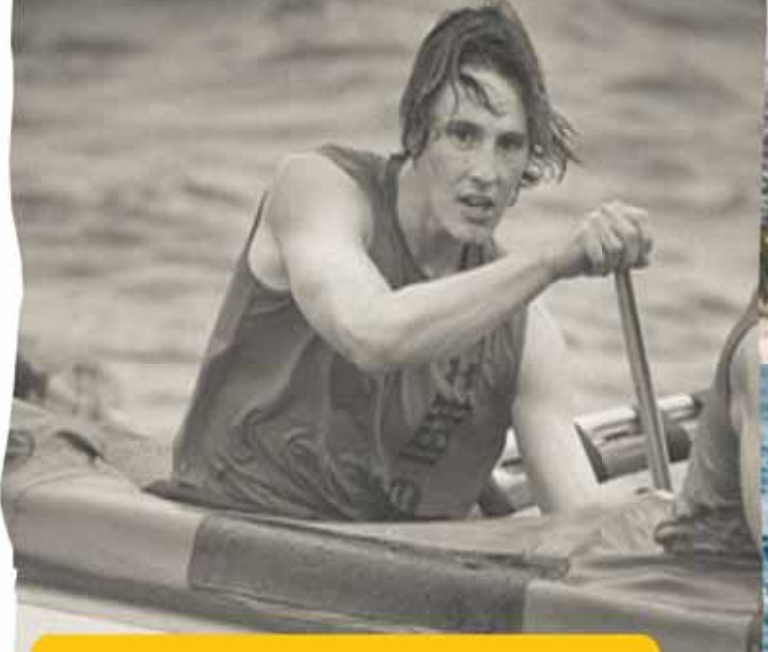
Mr Moore said it was great to be able to play a small role in each

athlete's preparation for London 2012.

"We hope that the squad's time here on the Central Coast can in some way assist them in achieving


their best and winning medals in London," said Mr Moore.

**Media Release, 20 Feb 2012
Phil Moore, Gosford Council**




**11-18 YRS?
COME AND TRY
OUTRIGGER
CANOES!**

**SUN 18TH
MARCH 2012
9:30-2PM
GOSFORD FORESHORE
MASONS PARADE
(ADJACENT TO GOSFORD SAILING
CLUB)**



**MORE INFO?
DROP AN EMAIL TO:
bri23522@yahoo.com.au
Telephone contact:
0426195727**

Sponsored by
Peninsula
Community Access

News

Geoff's Boat Shed



Boat Building and Maintenance

Chandlery

- Hempel Paints and Antifouling,
- Stainless Steel nuts, bolts and screws
- Bote Cote epoxy resins, fillers, fibreglass cloth, Purbond polyurethane adhesives, Aquacote 2-pack clear finish and other Bote Cote products.
- Copper and silicon bronze boat nails

- Oakum and Caulking Cotton
- Anglomoil marine and automotive oils
- Anchoring, chain and cordage
- Electrical fitout, navigation lights, bilge pumps
- Nautical Gifts
- Marine Art Gallery
- Fishing Tackle
- Bait




www.leetecmarine.com.au
geoff@leetecmarine.com.au

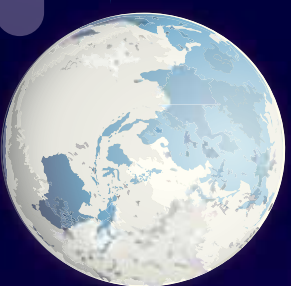
4342 9018 - 0432 598 270

210 Memorial Avenue - Ettalong Beach

Think Green Savings



Join us March 31 & turn off the lights for Earth Hour!



Ego Aquum Hand Sanitiser 70ml

\$5 each

Buy 2 for



Ego QV 1L Range

\$1689 each

FREE QV Hand Cream 50g with any QV 1L purchase While Stocks Last



Nivea Hand Cream 75ml

\$299 each



Colgate Toothpaste 110/120g & Toothbrush Twister and Zigzag

\$199 each



BM Omega Daily 200s†

\$2999 each



Clairol Nice 'N Easy Range

\$999 each



Codral Day & Night, Cold & Flu-Cough and Cold & Flu 48s†

\$1599 each



Omron Hem-711 Blood Pressure Monitor

FREE ELECTRIC TOOTHBRUSH

\$12999 each



BM Glucosamine 1500 180s & Joint Formula Adv 120s†

\$3199 each



\$3999 each



Blackmores Pregnancy & Breast-feeding Gold 180s†

\$3499 each



BM Luten-Vision Adv 60s & Macu-Vision 130s†

\$2999 each



\$3199 each



Wagner Total Calcium Complete 150s + 30s†

\$1599 each



Centrum Advance 100s Range†

\$1799 each



BIOORGANICS Glucosamine 750 + Chondroitin 400 150s†

\$3999 each



Cenovis Men's & Women's Multi 62s†

\$999 each



Osteim Vitamin D 130s†

\$1999 each



Nature's Own Liquid Fish Oil 330ml†

\$1299 each



Bioglan Red Krill Oil 30s†

\$2299 each



Bioglan Hair, Skin & Nails 60s†

\$1899 each



Bioglan Kids Gummies 60s & Kids Probiotic Choco Balls 60s†

\$999 each



Bioglan Odless Fish Oil 1000 400s†

\$1299 each



TNP Cramps Away 60s†

\$2499 each

WIN a \$10000

SHOPPING SPREE

AT YOUSAVE CHEMIST

with any rewards purchase

Just purchase any product in store & present your rewards card for your chance to WIN!



Excludes Prescriptions. See in store for details - NSW Permit Number LTPM/10/01049

315 West St
Umina Beach
Ph: 4341 1488

YOU SAVE

JOIN TODAY



Monday to Friday - 8.30am - 5.30pm
Saturday - 8.30am - 12.30pm
Sunday - 9.00am to 12.30pm