

## Third design for Liam's crossing

**A pedestrian crossing will be installed in Ocean Beach Rd, south of Rawson Rd, to allow wheelchair-bound Year 11 student Liam Sainty to make his own way to school.**

It is the council's third attempt to design a crossing that will allow the boy to travel independently to the Woy Woy campus of Brisbane Water Secondary College.

The council's first two designs for crossings in Rawson Rd were withdrawn after objections were received.

The new marked crossing will be at the site of an existing pedestrian refuge, and may include "carriageway narrowing" for "traffic calming" as well as new signage.

The conversion will include the extension of No Stopping zones and the relocation of a bus stop.

Gosford Council will also construct a footpath on the southern side of Rawson between Ocean Beach Rd and a pedestrian refuge near Greene St.

An existing pedestrian crossing in Ocean Beach Rd, north of the intersection, is likely to be removed.

A pedestrian survey found that 40 people used the refuge south of the intersection between 8.30am and 9.30am, while 34 people used it between 3pm and 4pm.

This compared to seven people using the existing crossing north of the intersection at the same time of morning and nine people using it between 2.30pm and 3.30pm.

A traffic survey found that 792 vehicles travelled in Ocean Beach Rd south of the intersection between 8am and 9am and 1003 between 3pm and 4pm.

Investigation for a new pedestrian crossing started after a "question without notice" by Cr Peter Freewater in March 2010.

Cr Freewater said at the time: "Liam Sainty was awarded Inspiring Young Person on the Year in 2007.

"He is wheelchair bound but wishes to maintain his independence and safety in his travel to Brisbane Water Secondary College.

"Therefore, can I ask if the Traffic Committee would consider the provision of a suitable pedestrian crossing along Rawson Rd, Woy Woy, to assist this outstanding young man in his pursuit of higher education and a dignified level of independence?"

The provision of a pedestrian crossing in Rawson Rd was investigated and considered in June 2010 by the traffic committee, where it was recommended that a concept plan and consultation be carried out.

Affected residents were provided with a copy of the concept plan for the proposed pedestrian refuge and



*The footpath on the south side of Rawson Rd will be constructed as far as the pedestrian refuge near Greene St.*

asked to provide comment.

Several objections were received from affected business owners and residents.

The matter was referred back to the committee in December 2010, with the concerns of adjacent residents.

The committee then recommended that a new concept plan at another location be developed and consultation be carried out.

Again, affected residents were provided with a copy of the new proposed location.

Nine objections were received from affected business owners and residents.

One of the objections received was from a resident whose son was disabled and got picked up by a special needs school bus to attend his school.

The location of the proposed refuge would not allow the bus to stop to pick the child up.

The matter was referred back to the committee in June last year, where it was recommended that Council investigate other locations for a pedestrian refuge.

Council officers were told that Liam's mother transported him to school each day.

A location for a pedestrian refuge was investigated on Rawson Rd directly west of its intersection with Moana St.

Adjacent residents and owners were provided a copy of the proposed concept plan in August and invited to provide comment.

Two objections were received from directly affected residents who attended an onsite meeting.

Following this, further investigations were undertaken to upgrade the existing pedestrian refuge on the southern side of the roundabout at Ocean Beach Rd and Rawson Rd to a marked pedestrian crossing.

This would allow Liam to travel down the footpath in Rawson Rd and cross Ocean Beach Rd at a marked pedestrian crossing and then use existing pedestrian refuges in Rawson Rd to access the school.

Relocating the pedestrian crossing to the southern side of the roundabout required the relocation of the existing bus stop and bus shelter on the eastern side of Ocean Beach Rd.

Busways advised Council it had no objection to the relocation of the bus shelter 60 metres to the south of its current location.

A No Stopping restriction would be provided on the eastern side of Ocean Beach Rd and would extend 35 metres south from the proposed marked pedestrian crossing to a 30-metre bus zone.

A No Stopping restriction would be installed on the western side of Ocean Beach Rd which would extend 20 metres south from the proposed marked pedestrian crossing.

Council also resolved that missing links in the footpath on the southern side of Rawson Rd from Ocean Beach Rd to pedestrian refuge east of Greene St be included in a future Capital Works Program.

**Gosford Council Agenda  
TR.11.78, 7 Feb 2012  
Photo: Naomi Bridges**

## Three tonnes of rubbish removed

**Almost three tonnes of rubbish has been removed from Rileys Island in just four weeks.**

The island has been the focus of foreshore cleanups by Kincumber Youth Centre on January 12 and 25 and February 10.

Participants were using inflatable boats to retrieve the debris and litter.

Coordinator Mr Graham Johnston described the waterways as being "infested with plastic" which comprised most of the litter removed.

Brisbane Water Secondary College students and teaching staff walked from their school to take part on Friday, February 10.

Following a brief induction at the boat ramp in Woy Woy channel, including safety requirements needed for the day, they were transported by barge and inflatable boat to the western side of Rileys Island.

"The vast volume of rubbish immediately greeted the students with disused oyster products, tyres, and loaded bags of litter quickly transported to the barges," said Mr Johnston.

The high tide allowed the barges to be positioned just

outside the mangroves and students made multiple trips from the foreshore carrying their collected litter.

By noon the vessels returned to the boat ramp and students were given some fun in the inflatable boats.

"The enthusiasm and willingness of the students to complete this tedious and difficult task in wet, uncomfortable conditions has to be applauded," said Mr Johnston.

"All adults present agreed that the success of the day was due to the smooth operations of the entire group.

"As coordinator, a fun and productive day was had with outstanding environmental outcomes achieved for the native plant and animal life on Rileys Island."

Mr Johnston has called for Brisbane Water foreshores to be monitored more closely for the illegal depositing of litter and recommended the placement of more bins adjacent to boat ramps with stickers promoting the policy of clean, litter-free waterways.

**Email, 15 Feb 2012  
Graham Johnston,  
MacMasters Beach Surf Club**



*Crews removing rubbish from the waterways*

## Your Chance to Win

Peninsula News and the Ettalong Beach Ball are giving one reader the chance to win a double pass to the ball on Friday, March 16.

The tickets are valued at \$55 and include entertainment and cocktail food.

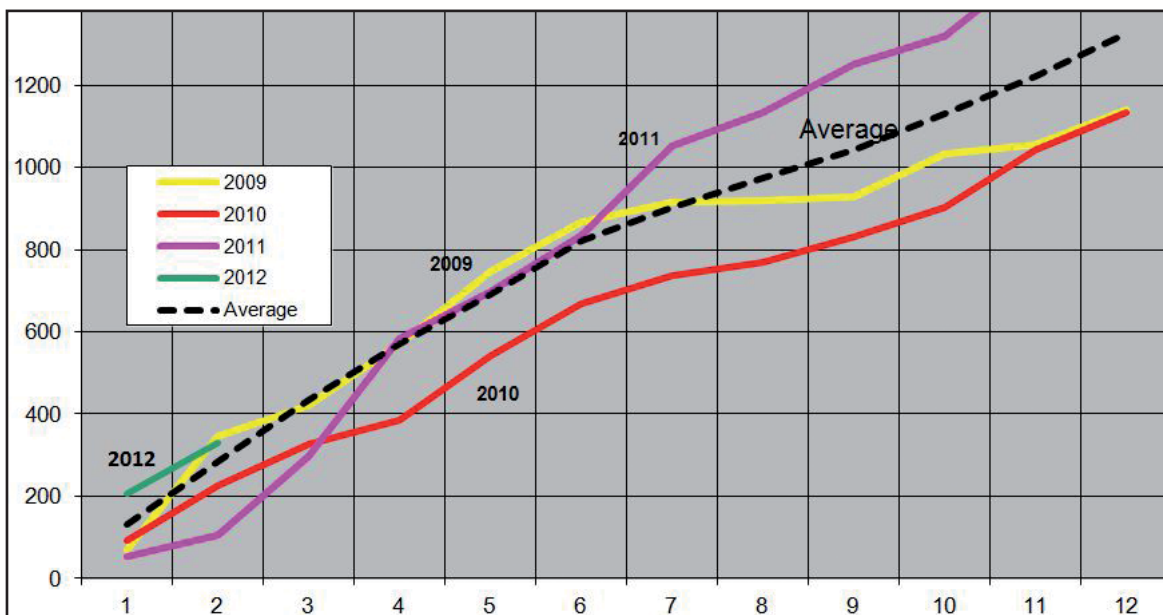


The evening will include entertainment from the Spooky Men's Chorale and a best dressed Shirley competition.

To win the double pass to the Ettalong Beach Ball, write your name, address and phone number on the back of an envelope and send to Peninsula News Ettalong Beach Ball competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, March 1.

The winner of last edition's Peninsula News My Fan competition was John and Jan Bonham of Woy Woy.

Kaitlin Watts, 17 Feb 2012



## Month's rain about average

A total of 124.6mm of rain has fallen on the Peninsula so far this month, according to figures from Mr Jim Morrison of Woy Woy.

With 10 days still remaining, the monthly average of 152.5mm is likely to be reached.

This month's rain brings the year-to-date total to 329.8mm, well above the cumulative average of 284.9mm at the end of February.

Maximum temperature so far this month was 28.9 degrees, recorded on February 17, according to www.peninsulaweather.info.

Minimum temperature was 15.1, recorded on February 11.

Lowest daily maximum was 19.6 degrees on February 2. Highest overnight minimum was 20.6 on February 9.

Average maximum temperature so far this month was 24.4 degrees.

Average minimum temperature was 18.5 degrees.

Highest wind gust was 26.3 km/h, recorded on February 6.

Spreadsheet, 17 Feb 2012  
Jim Morrison, Woy Woy  
www.peninsulaweather.info

## Peninsula directory of services, contacts and support groups

### Ambulance, Police, Fire 000

#### Emergency

Ambulance, Police, Fire 000  
Police Assistance Line 131 444  
Crime Stoppers 1800 333 000  
Woy Woy Police Station 4379 7399  
Energy Australia 13 13 88  
Gas Emergency 131 909  
Gosford City Council 4325 8222  
Marine Rescue NSW - Central Coast 4325 7929  
SES - Storm and Flood Emergency 132 500

#### Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515  
Aboriginal Home Care 4352 1153  
Drug & Alcohol rehab 4388 6360

#### Accommodation

Dept. of Housing Gosford 4323 5211  
Cassie4Youth 4322 3197  
Coast Shelter 4324 7239  
Pacific Link Com Housing 4324 7617  
Rumbalara Youth Refuge 4325 7555  
Samaritans Youth Services 4351 1922  
Youth Angle - Woy Woy 4341 8830  
Woy Woy Youth Cottage 4341 9027

#### Animal Rescue

Wildlife Arc 4325 0666  
Wires 8977 3333

#### Community Centres

Peninsula Community Centre 4341 9333  
Men's Shed Cluster Inc 0413 244 484

#### Counselling

Centacare: 4324 6403  
Relationship Australia: 1300 364 277  
Interrelate: 1800 449 118

#### Family and Relationships

Centacare Gosford 4324 6403  
Gosford Family Support Service 4340 1099  
Horizons (For men with children) 4333 5111  
Uniting Care Burnside Gosford 1800 067 967

#### Health

Poisons Information 131 126  
Ambulance Text Mobile 106  
Ambulance GSM 112  
Gosford Hospital 4320 2111  
Woy Woy Hospital 4344 8444  
Sexual Health @ Gosford Hospital 4320 2114  
After Hours GP Help Line 1800 022 222

#### Legal & Financial Help

Financial Counselling Service 4334 2304  
Tenants' Advice and Advocacy Service 4353 5515  
Woy Woy Court 4344 0111

#### Libraries

Gosford district:  
Umina Beach 4304 7333  
Woy Woy 4304 7555

#### Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890  
Narcotics Anonymous 4325 0524

#### Transport

Taxi 131 008  
Busways 4368 2277  
City Rail 131 500

#### Welfare Services

Gosford Family Support 4340 1585  
Meals on Wheels Woy Woy 4341 6699  
Department of Community Services Gosford 4336 2400  
The Salvation Army 4325 5733  
Samaritans Emergency Relief 4393 2450  
St Vincent De Paul Society HELPLINE 4323 6081

## Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-president, Brisbane Water Secondary College Umina Campus P&C

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#### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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## Woy Woy Community Media Assoc Inc 2012 Membership Application

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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542



Darkinjung and Mingaletta Women

## Mingaletta opposes sand mine extension

The Mingaletta Aboriginal and Torres Strait Islander Corporation in Umina has joined with the Darkinjung Local Aboriginal Land Council to protect sacred sites near a proposed extension to the Calga Sand Quarry.

Mingaletta Women's Group elder Ms Barbara Grew said: "This is a sacred birthing and ceremonial site and it's only 100 metres from the existing mine, so any extension would obviously put the site in danger," she said.

"This is very important to us. It's a place where we can go and see our history.

"It's a place where we feel we belong", said

"We're hoping that by joining forces with Darkinjung LALC we'll

finally gain the proper attention and respect of the State Government and stop the quarry extension," she said.

Darkinjung chairperson Ms Jenny Hayes said that the position of the Land Council was to object to the proposed southern extension.

"There are other significant sites in the area and due to the dense scrub there is every possibility of undiscovered sites.

"The Aboriginal Heritage Assessment commissioned by Rocla into the area states that large sections were unable to be surveyed due to thick undergrowth and other factors, so Rocla simply doesn't know what's there.

"We suggested a burn off to reveal any other sites, but that hasn't happened.

"In addition, there are other known sites of Aboriginal significance in the

area including rock engravings and a cave shelter with art.

"The most critical aspect here is that these sites cannot be assessed in isolation from their surroundings, there is a broader cultural landscape that must be considered", said Ms Hayes.

The site has been noted by cultural heritage expert Ms Jo McDonald as "a rare occasion for engraved sites" due to the association of the engraving of the woman with stone arrangements.

In total, the NSW National Parks and Wildlife Service has 180 Aboriginal objects and places recorded within or near the suggested project zone.

Media Release, 17 Feb 2012  
Sean Gordon, Darkinjung LALC

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# Thanks for fundraiser support

I would like to give my sincere and heartfelt thanks to Marc Matthews, the committee and players of Umina Bunnies football club for all the hard work, time and effort they gave to make Andrew Macintosh's fundraiser walk along the Woy Woy waterfront last Sunday, February 12, a huge success.

Without their devotion and dedication to a special cause, it would not have happened.

In 2010, at the age of 37, Andrew was diagnosed with motor neurone disease, a neurological disease that begins by disrupting the signals that are sent via the nervous system to the muscles and slowly renders the body paralysed.

Andrew, being the positive and determined person he is, set about looking into alternative treatments as the disease is fatal and not curable.

He found experimental stem cell treatment in China but this came at a cost.

It was a cost that now he was not able to work was impossible.

This is the second time Marc has come forward and offered his assistance to our worthy cause.

**Forum**

Letters to the editor should be sent to:  
 Peninsula News  
 PO Box 1056,  
 Gosford 2250 or  
 mail@peninsulanews.asn.au  
 See Page 2 for contribution conditions

Last year the Umina Bunnies held a fundraising football match in aid of the disease which assisted Andrew in a trip to China for experimental stem cell research.

Once again the monies raised are to aid a return trip to help research this amazing treatment.

Though it isn't a cure, it is a step in the right direction.

This disease affects many friends and family and seems to be coming more prevalent.

We would also like to give a huge thank you to the Woy Woy Ulysses Motor Cycle Club.

They were having a meeting at Lions Park, Woy Woy, on the morning of the walk.

They took up a collection for Andrew as well as allowing us to

use their barbecue as the council one wasn't working and we had lots of sausages, eggs and onions to be cooked for the many walkers that supported Andrew on the day.

A huge thank you to the Peninsula News too.

It's amazing what support is out there when you really need it.

And in an age where its only ever the negative that gets published about football players, it is teams like the Umina Bunnies that are not only a credit to themselves but their community.

The support that Andrew received from the community on the day was fantastic with about 100 people venturing from Blackwall boat ramp along the waterfront and down to the Lions Club Park at Woy Woy.

The weather was fantastic and we had a lovely stroll along the waterfront.

We can never thank Marc Matthews, the Umina Bunnies and the generous community enough for their support for Andrew and his family.

You will never know the difference you have made on our lives, especially Andrew's.

Online submission, 15 Feb 2012  
Julie Johnson, Woy Woy

# Shark attack was real

The letter "A 1950s holiday at Woy Woy Bay" in the January 23 edition of Peninsula News was most enjoyable.

The shark attack that was mentioned was real and was not an urban myth.

It occurred in 1935 at either Phegans Bay or Horsfield Bay, possibly on New Years Day.

A 14-year-old boy was taken and the details were much as

**Forum**

stated in the letter.

The attack was headline news in both Sydney and local newspapers.

This information may be useful to Margaret Vidler as research for her book.

Letter, 14 Feb 2012  
June Mitchell, Woy Woy

## More Forum pages 19 & 20

# Mean council wastes money

So let me get this right:

Council wastes millions of dollars on dodgy investments, spends thousands of dollars on "junkets" for councillors, then spends tens of thousands more trying to prosecute a councillor who

called them a junket but are now going to close kids playgrounds because they need a few dollars spent on maintaining them?

This council is disgusting.

Online submission, 9 Feb 2012  
Ross Cochrane, Woy Woy

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## Retirement leads to bin idea

**Daleys Point resident Mr Ralph Casey has devised an idea which provides control of a heavily-loaded wheelie bin on a steep or slippery driveway.**

Mr Casey had been a business owner on the Central Coast until he retired and, not wanting to be idle, he started putting his time into developing an effective bin brake for steep driveways such as his own.

"When taking your loaded bin to the kerb each week, it can weigh around 70kgs," said Mr Casey.

"The bin brake attaches to existing wheelie bins," he said.

He said the product was easily installed to a range of wheelie bin brands and models and was activated by pushing handles forward to trigger the brake to lock or slow down the bin.

Mr Casey said it was designed so that it would not interfere with the mechanised waste collection systems employed on council and commercial waste management vehicles.

**Media Release, 2 Feb 2012  
Ralph Casey, Daleys Point**



*Potholes on Phegans Bay Rd*

## Group calls for resurfacing

**The Bays Community Group has called for Phegans Bay Rd to be resurfaced in the next financial year and for potholes to be repaired as soon as possible.**

Group president Mr Bob Puffett said that road resurfacing should last between eight to 10 years depending on use.

"There are sections of Phegans Bay Rd that are ready for rehabilitation, that is, to be dug up, stabilised and resurfaced," he said.

Mr Puffett said that he had met with two senior Gosford Council officers in Phegans Bay late last year regarding the poor state of Phegans Bay Rd.

Mr Puffett said the council officers inspected the road and discussed what needed to be done.

"At this stage these works are a high priority for funding in the 2012-13 year.

"I requested yet again that our roads be placed on future major works program and that some urgent pothole rectification work be done as soon as possible."

The council officers advised that routine maintenance inspections were undertaken three times a year in accordance with Council's Area Maintenance Program.

This program ensured all roads in the Gosford LGA were regularly assessed and allowed maintenance action to be prioritized on a network wide risk basis, he said.

"It was noted that the most recent maintenance action on Phegans Bay Rd occurred in September last year and involved extensive pothole patching," Mr

Puffett said.

The council officers also advised that reactive maintenance was undertaken in response to issues raised by Council staff and local residents.

Mr Puffett said the inspection also revealed a number of new and recurrent potholes requiring maintenance attention in Phegans Bay Road.

He said that the road was "condition rated" every two years to assess rehabilitation and resurfacing needs.

The meeting occurred following a letter to mayor Cr Laurie Maher from the community group about the condition of the road.

**Newsletter, 23 Jan 2012  
Bob Puffett, Bays  
Community Group  
Photo: Naomi Bridges**




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# Seniors' housing proposal deferred twice

## Consideration of a proposal for a seniors' housing development at Empire Bay has been deferred for the second time this month.

Gosford Council has agreed to defer a planning proposal for a seniors housing facility in Empire Bay for the second time this month.

The matter was first deferred at the meeting of Tuesday, February 7, for inspection the following week.

It was deferred a second time after the inspection at the applicant's request.

Council staff had recommended that Council reject the preparation of a planning proposal for enabling clause to permit a seniors housing and aged care facility on Empire Bay Dr, Empire Bay.

Council's director of environment and planning Ms Colleen Worthy-Jennings recommended that the planning proposal be rejected as it was inconsistent with a number of policies including a State Environment Planning Policy, Environmental Protection Zone policies, the Community Strategic Plan Gosford 2025, the council's Biodiversity Strategy, its Draft Residential Strategy and policies for the East Brisbane Water Geographic Unit.

The report also stated that the proposal had no strategic basis ahead of the completion of the urban fringe zone review and the environmental zone review required by the Department of Planning and Infrastructure and the site was not serviced by a sewerage reticulation system.

The site has had two previous attempts for senior's housing development, the most recent, before the current planning proposal, was in 2010 when a submission was received by Council during the exhibition period requesting the lot be zoned to allow seniors housing and aged care facilities.

The submission was not supported as it was considered to be "ad hoc" and not based on any strategy.

In 1982, a development application was submitted for a retirement village which

would have comprised 95 self-contained units and a 15 room hostel.

Council approved the application in January 1983 but the DA was not acted upon and the consent lapsed in January 1986.

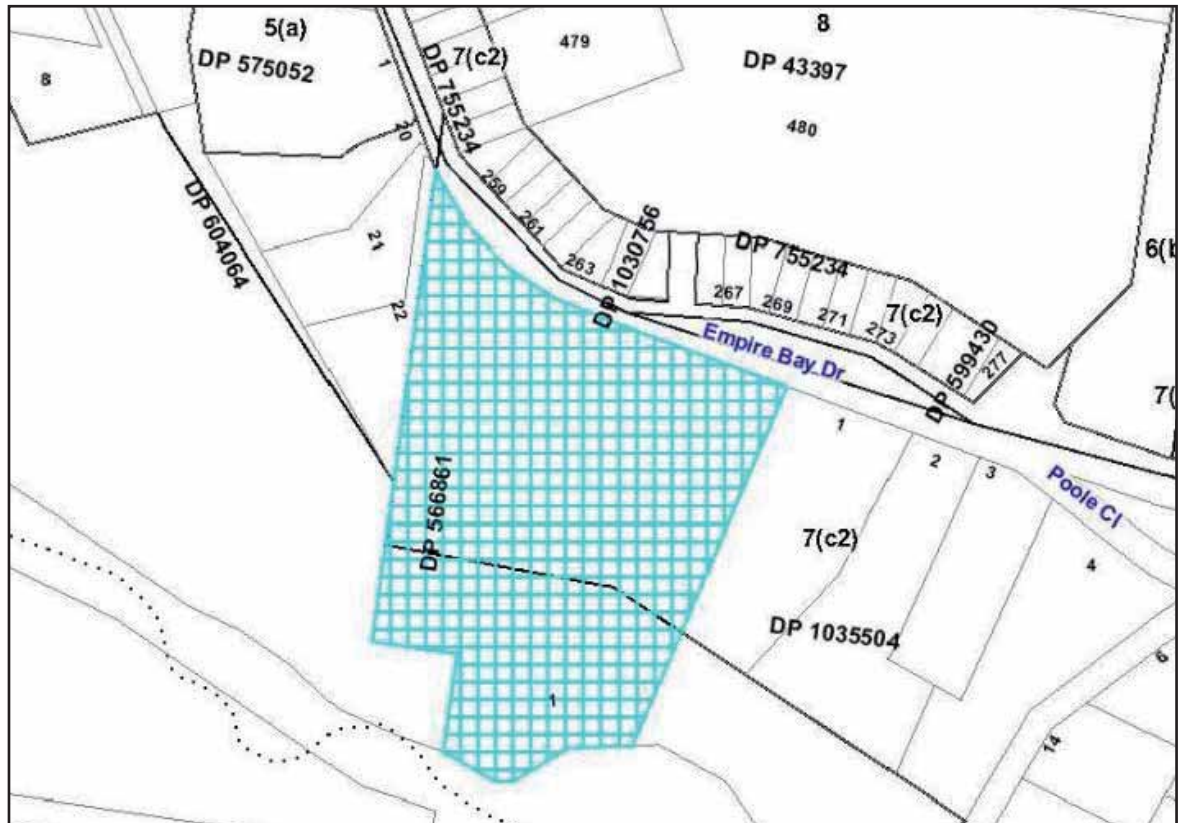
The site currently supports a single dwelling house and has been used for stock grazing.

The development would consist of 64 two bedroom villas, 88 hostel suites, a 2700 sqm communal dining, lounge, recreation, reception, office, storage, maintenance area, 80

parking spaces, a GP surgery and a village green, cinema, craft room, men's shed and hydrotherapy pool.

The applicant stated that the land would be eminently suited to the proposal in terms of its cleared and gentle slopes, its orientation, accessibility, existing urban services and its ability to blend into the natural landscape, buildings in a manner site responsive and recognising potential hazards.

Gosford Council Agenda ENV.11, 7 Feb 2012



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Umina Beach Surf Life Saving Club

## Fees waived for surf club deck

**Gosford Council will waive \$3384 in council fees for the extension of the Umina Surf Life Saving Clubhouse deck.**

The club was successful in receiving funding from the government through the Infrastructure Grants Program for the construction of an extension to the first floor covered balcony.

It was proposed to erect a five metre extension to the existing balcony on the southern elevation of the clubhouse building.

The extension will be supported by concrete columns and will be covered with a roof in the same design, material and colour as the existing building.

Glass and steel balustrades

will be installed, consistent with existing materials.

The clubhouse sits on Umina Beach Recreation Reserve which is Crown land of which Council is trust manager.

Umina Surf Life Saving Club leases the building and its immediate surrounds from the council.

Gosford Council Agenda  
CIT.8, 7 Feb 2012  
Photo: Naomi Bridges

## Sign to be erected

**Gosford Council has decided to erect a sign for truck drivers in South St, Umina, stating that there is no access to The Esplanade.**

The decision ensued from its consideration in November of a development application for a Bunnings store at the corner of West St and South St.

The council's traffic committee was requested to consider

installing "signage advising articulated vehicles that no egress be available from the southern end of South St".

At its February 7 meeting, the council adopted the Local Traffic Committee's recommendation to install a warning sign in South St, Umina, advising that there be "no articulated vehicle access to the Esplanade beyond this point".

Gosford Council Agenda  
TR.11.82, 7 Feb 2012



## Runabout rescued

**A five metre runabout was towed to the boat ramp at Lions Park, Woy Woy, on the night of Wednesday, February 15.**

Marine Rescue Central Coast were tasked to assist the

runabout by Water Police at 9:30pm, after the three men on board phoned for help as the boat was out of fuel.

Marine Rescue skipper Phil Page and his crew Mark Sheahan and Ian Leafe on board Brisbane Water Lifeboat located the men and the vessel adjacent to the starboard navigation mark at Lobster Beach.

Media Release, 16Feb 2012  
Ron Cole, Marine Rescue  
Central Coast

## Kids club

**Ettalong Baptist Kids Club will be held every Friday afternoon from 4:30pm until 6:30pm in the Ettalong Baptist Church hall.**

The club offers a range of activities including games, stories, singing and craft.

The cost is \$2.50 per child or \$2 per child for children from the same family.

Afternoon tea is also provided.

Newsletter, 8 Feb 2012  
Empire Bay Public School,  
Sharon McEvoy

### Spirit Connections

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## No stopping at intersection

### No Stopping signs will be installed at the corner of Augusta and West Sts, Umina.

Gosford Council has resolved to install signage and line marking at the intersection on the recommendation of Council's Local Traffic Committee.

Council resolved to implement a No Stopping restriction on both sides of Augusta St, Umina, which would extend 10 metres south from West St.

A No Stopping restriction will also be implemented on the southern side of West St which would extend 10 metres both east and west from Augusta St.

The resolution was made after

Council received a request for a parking restriction at the intersection.

The council was told that vehicles parked too close to the intersection, reducing sight distance for vehicles exiting Augusta St.

Council rangers visited the location on several occasions and advised that during week days vehicles were parking within the statutory 10 metres from an intersection which restricted sight distance and caused obstruction.

The traffic committee advised council that the installation of parking restrictions would keep the intersection clear of parked vehicles and improve sight distance for motorists.



The intersection of Augusta St and West St, Umina

Gosford Council Agenda  
TR.11.76, 7 Feb 2012  
Photo: Naomi Bridges



## No mirror for Killcare

### Gosford Council's traffic committee has rejected a request for a convex mirror at the intersection of the Scenic Rd, Killcare Rd, Beach Dr and Nukara Ave, Killcare.

The council has accepted the committee's recommendation that it would be "inappropriate" to install the mirror.

The council had asked the traffic committee last year to investigate the provision of a mirror on the bends on the Scenic Rd, Killcare, to assist traffic negotiate the corners without the need to cross the centre lines.

A report from the committee stated that the extreme vertical and horizontal alignment of this intersection reduced sight distance for vehicles travelling between the Scenic Rd and Killcare Rd.

"Major improvements were carried out at this intersection in 1998 and due to this extreme topography, further engineering improvements are not feasible at this location.

"A convex mirror is not appropriate at this location as it will not offer any additional sight distance due to the steep approach and departure grades.

"The provision of a convex

mirror at this location may have a negative impact on lane discipline as drivers rely on the mirror to view approaching traffic, diverting their attention from that traffic."

Gosford Council Agenda  
TR.11.88, 7 Feb 2012  
Photo: Naomi Bridges

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Health



John Orme

## Having his head shaved

Woy Woy resident John Orme will have his head and goatee shaved on Saturday, March 17, in the main street of Ettalong as part of the World's Greatest Shave.

Mr Orme said his goal is to raise \$2000 and is asking everyone to "dig deep".

"The good ladies of Flicks Hair Design in Ettalong will be doing the shaving and I will be calling on all the good shop keepers of Ettalong to get behind me," he said.

"As a member of both the Ettalong hotel and War Memorial Beach Club fishing club, I am asking all the fishing clubs on the

Peninsula to dig deep and support me in my endeavour.

"Donations will be accepted and can be given to me directly or online at Worlds Greatest Shave/Rabbitoh."

Online submission, 17 Feb 2012  
John Orme, Woy Woy  
Photo: Naomi Bridges

## Nurses for rehab

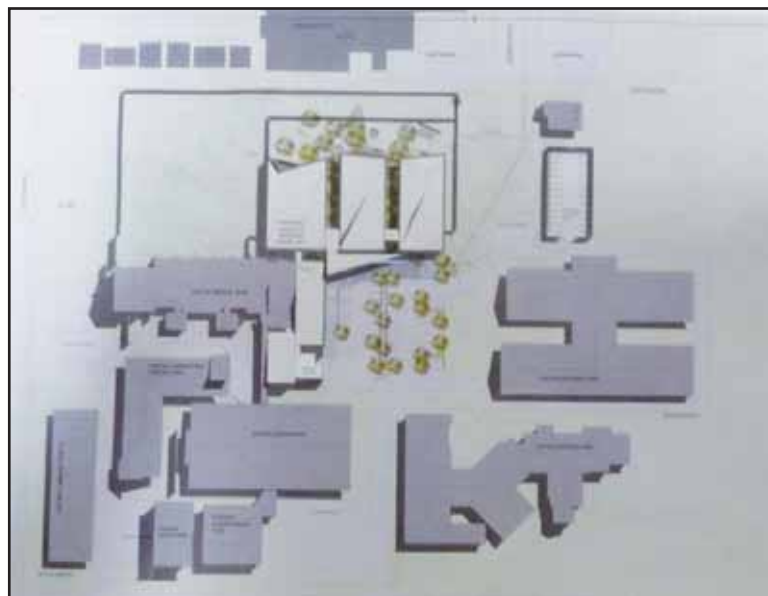
The new Woy Woy Rehab Centre will get three recently-graduated nurses, according to a media release from Northern Sydney Central Coast Health.

They were part of an allocation of 2163 new graduate nurse positions, announced by Minister

for Health Ms Jillian Skinner on Monday, January 30.

Member for Gosford Cr Chris Holstein welcomed the announcement as a boost for the Peninsula community and hardworking local hospital staff.

Media Release, 30 Jan 2012  
Jill Warwicker, Northern Sydney Central Coast Health



Plans for the new Woy Woy Rehab Centre

## Thank you day

A Community Thank You day will be held on Friday, March 2, at the Umina Uniting Church Community Centre from 10:30am.

The day is to celebrate community connections and to thank the Woy Woy Peninsula community for their support of the children and family programs run at the Umina Uniting Church Community Centre.

Umina Uniting Church will celebrate the Thank You day with community partners Uniting Care Ageing, Uniting Care Burnside, Yarran Early Intervention, Umina Primary School as Community

Centre, Educational Experience, Dr John Irvine and local members of parliament.

Email, 7 Feb 2012  
Teresa Read, Broken Bay Parish

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Vidler Ave Skin  
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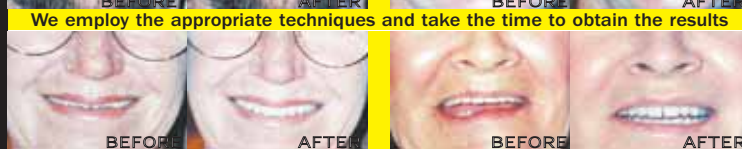
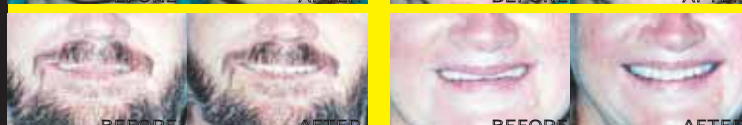
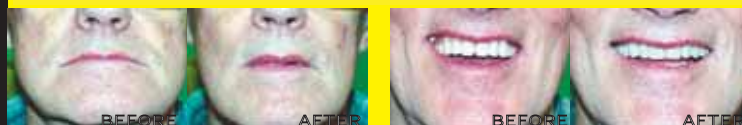
This lecture is sponsored by the Christian Science Church, Gosford  
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# Leg severed in boat accident

**Police are appealing for public assistance following a boating collision recently at Woy Woy where a man's leg was severed.**

Police say a 23ft speed boat was towing a wakeboarder in Woy Woy Bay at about 5.20pm on Friday, January 20.

The boat turned sharply causing the 23-year-old wakeboarder to fall into the water.

The propeller of the vessel came into contact with the man causing severe lacerations.

The man was rescued from the

water and the vessel was driven to the public wharf at Woy Woy, where first aid was administered by members of the public until ambulance officers arrived.

The local man was airlifted to Royal North Shore Hospital where he underwent surgery including the amputation of his right leg.

The New South Wales Marine Area Command is urging anyone who witnessed the incident to contact then on 93207499 or Crime Stoppers on 1800 333 000.

**Media Release, 17 Feb 2012  
NSW Police Media**



Photo: Naomi Bridges

Ann Price, Vicky Benham, Maureen Franklin, Carolyn Robinson, Lyn Rae, Dorothy Sanders, Yon Dokgo at their jumble sale for the Salvation Army. The barbecue and jumble sale is held Wednesday (weather permitting) from 10am-3pm to raise money for the church.

# Ways to happiness

**A six session group called Ways to Happiness will commence on Thursday, March 1, at the Peninsula Women's Health Centre.**

The group will be held every Thursday morning from 10am until 12pm until Thursday, April 5.

Throughout the sessions, facilitator Ms Honor McGill said she would invite participants to look at the concept of happiness and how decisions can affect health, wellbeing and happiness.

"Happiness is a concept that eludes many of us at times," said Ms McGill.

"However, the good news is

with a bit of guidance, a positive attitude and some new strategies we all have the power to create our own way to happiness.

"Together we will explore ideas such as gratitude, mindfulness, nutrition and exercise, altruism, strengths and values and goals while of course having some fun," she said.

Entry to the group is by donation. However, bookings are necessary.

With inquiries, phone 4342 5905 or visit the centre.

**Media Release, 6 Feb 2012  
Kate Bradfield, Peninsula Women's Health Centre**

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# Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

## Happiness Through Exercise

Have you ever noticed how those people who get regular exercise are so bouncy?

Just take a look the next time you're in a gymnasium; observe how the instructors move and speak.

They appear more 'alive' than the average person you speak with during the day.

Talk to an athlete and you will very soon detect that their general uptake on a topic is more rapid than most, their response is faster and their pace of conversation is also pretty high-speed.

If you've noticed this phenomenon, have you asked yourself why this is so?

Why it is that there are seemingly such great biological differences between more and less-fit individuals?

The answer appears to be directly related to the fact that these 'bouncies' subject themselves to a regular routine of exercise and sport whilst others do not.

OK, but what causes this reaction?

As you might expect, the reason lies within the body's chemistry.

Recent research has demonstrated the correlation between exercise and the metabolites - the small chemicals involved in the body's metabolism.

After exercise, researchers found an increase in certain metabolites in their subjects.



These are items such as glycerol, that are involved in the breakdown of fatty tissue as well as a decrease in allantoin, which is linked to oxidative stress (a life of tension may hasten the onset of Alzheimer's).

Glycerol levels increased much more in fitter people indicating that they are more likely to shed weight and keep it off than the less-fit.

For unfit adults, even a little exercise helps re-calibrate the blood chemistry to start burning fat and sugar.

For average people, say, in their late 50s, even 10 minutes of exercise a day changes basic metabolism.

It seems that the fitter you are, the better able you are to deal with everyday events and stresses due to the level of metabolites in the system, encouraged by regular exercise.

The results are that you tend to think faster, respond (react) to situations more rapidly and are also better able to speak faster and get your point across more lucidly.

These individuals also appear happier and more relaxed both at work and at home - families too appreciate the well-being that's produced from a programme of 'group activity'.

It looks as if the old saying that 'the family that plays together, stays together' is true!

For someone planning on making their way in the world and climbing to 'the top', it seems that their objectives are more likely to be achieved if they have a regular, planned regimen of exercise.

Taken from Chiropractic IQ



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If you have any questions contact us at  
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(N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Buckham

Umina Chiropractic Centre,

428 Ocean Beach Rd, Umina 2257

Ph: 4341 6247



# Assembly for Apology Day

**Ettalong Public School held a special school assembly on Friday, February 10, to commemorate and honour Apology Day.**

The school invited members of the local Aboriginal community to attend and Ms Kylie Cassidy opened the assembly with a Welcome to Country address.

Wiradjuri woman Aunty Anita who is also an Aboriginal elder of Mingaletta spoke about her experience of attending Apology Day on the February 13, 2008, when Prime Minister Kevin Rudd said sorry to the Aboriginal people of Australia.

Aunty Anita repeated the words of Kevin Rudd's historic apology and shared the emotional atmosphere she experienced down in Canberra.

She said that as Kevin Rudd said sorry tears started streaming down her face.

She said she remembered looking around and feeling embarrassed but much to her surprise, much of the crowd was also crying quite openly.

"It was a very emotional day," she said.

Following Aunty Anita's talk, the children created a sea of hands.

Each child had traced around their own hand and many had

painted their hand in Aboriginal colours and designs.

Each hand was mounted on a paddle pop stick.

"It was quite a moving experience to see all the children involved," said principal Mr Colin Wallis.

"The children may not fully understand what it's all about yet.

"However, all our children are learning about our indigenous history and culture and we are working towards creating mutual understanding and respect."

**Media Release, 15 Feb 2012  
Rowena Newton,  
Ettalong Public School  
Photo: Rowena Newton**



Ettalong Public School students creating a sea of hands



Kauri Langley

## Scholarship winner

**Ettalong Public School Year 6 student Kauri Langley has been awarded the Galuwa Scholarship for her "outstanding academic performance" in Year 5.**

This year was the first occasion a student from Ettalong had earned this award.

The funds that come with the scholarship will go toward ensuring future academic

success for Kauri in her school years ahead.

**Newsletter, 7 Feb 2012  
Colin Wallis, Ettalong  
Public School  
Photo: Naomi Bridges**

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## Swimming carnival

**Woy Woy Public School held its swimming carnival.**

The new age champions for the year are Luke Brown and Tasha Oberlander in the juniors, Steven Collins and Chelsea White in the 11 years and Tom Wilson and Georgia Riley in the seniors.

"It was so wonderful to see so many parents and grandparents sitting with their children and getting involved in the carnival," said teacher Ms Kath Taylor.

"So many parents helped out and haven't we got a wonderful bunch of teachers, all pitching in and making the event run so smoothly.

"Webb house were the winners on the day.

"We saw some emerging champions from our younger students and some wonderful efforts from our older students," she said.

**Newsletter, 14 Feb 2012  
Ona Buckley, Woy Woy Public School**

## Students hear about guide dogs

A representative of the Australian Guide Dog Society has told students from Brisbane Water Secondary College Umina campus that it was important to wear sunglasses

Ms Angela Allen spoke to the students on Tuesday, February 7, about different conditions that affect vision, the need to wear sunglasses and what her life was like being visually impaired.

Ms Allen said she lost her sight progressively from a young age and now has only about 10 per cent vision in one eye.

She moved to Australia from Ireland over four years ago with her guide dog Hamish to be closer to her family.

Ms Allen said Australian guide dogs were trained from a young age and were basically fostered out until they were about 12 months old.

Every two months they return

for basic training.

When they were 12 months old, they undergo intense training that could take up to nine months.

When the dog finds a home, training continues so that the dog and new owner can get used to the immediate surrounds.

The dogs work until they are 10-years-old and then retire.

They can be kept on as pets, passed on to other family members or moved to aged care facilities where they get pampered by the residents.

Angela also told students how to assist a visually impaired person if they were in need of assistance and brought in a number of glasses allowed students experience what it was like to be visually impaired.

"The students gained a lot of knowledge from Angela and had plenty of pats for Hamish," said teacher Ms Nerrida Lewis.

Email, 7 Feb 2012  
Nerrida Lewis, BWSC Umina



Brisbane Water Secondary College students with Ms Angela Allen and her guide dog Hamish

## Well wishes for retirement

Woy Woy Public School teacher Ms Narelle Birrell has been wished well in her retirement by the school community.

Ms Birrell said her career at Woy Woy Public School spanned 32 years and she would like to thank the school community for the support shows to her over those years.

"I was overwhelmed with the

many expressions from people from all areas of the school community who wished me well in my coming retirement," said Ms Birrell.

"I have worked with very professional and dedicated principals, teachers, office staff and all other staff that make a school tick over those years to make Woy Woy the fine school it is.

"Then there are the fantastic

children that I have taught or had contact with in some way and of course the many parents.

"It has been the lovely families that have gone through Woy Woy Public school that have made my 32 year career so rewarding and enjoyable," she said.

Newsletter, 7 Feb 2012  
Ona Buckley, Woy Woy Public School

## High enrolments at St Johns

St John the Baptist Catholic School has made a number of improvements to the school grounds over the holidays following the highest enrolment numbers in over a decade.

New roofs were placed on to two of the school's learning blocks and

new sport, archives and cleaning storage areas are almost complete.

A new chapel will also be built and the old converted into a classroom to accommodate the extra students.

"Added to this, our desire to improve and upgrade the school oval our school is well on the way to becoming a modern learning establishment for all," said principal

Mr Frank Cohen.

"Over the break, Telstra rolled out a very fast optic fibre network for our digital learning and further purchases were made to our hardware allowing all students access to the latest 21st century learning tools," he said.

Newsletter, 1 Feb 2012  
Frank Cohen, St John the Baptist

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Students of the month

**KIARA**



David Hosford UMINA 4344 5042

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# Out and About



## Stallholders wanted for festival

Old photos from the Peninsula that complement the film night theme, Then and Now



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### Ettalong Beach Festival is looking for stallholders for its Street Festival Day on Sunday, March 18.

Interested artisans and food vendors are encouraged to apply, said co-ordinator Ms Ylenna Zajec.

The free festival will be held in Ocean View Rd, Ettalong, and will include a main stage featuring Australian festival circuit performers, Holden Classic cars, a children's zone, market stalls, and free percussion and dance workshops.

An inaugural film night will be held on Saturday, March 17, and will explore the theme of Then and Now.

The evening will begin with the black and white film Woy Woy the Venice of Australia along with original documented stories from local seniors to youth.

Media Release, 16 Feb 2012  
Ylenna Zajec, Ettalong Beach Festival

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# Golden Dampier award for Empire Bay poet

Empire Bay poet Mr Peter Mace has been awarded the Golden Dampier Award in the Tamworth Poetry Group competition held at the Tamworth Country Music Festival in January for his poem *Oppression*.

Mr Mace has been entering the Tamworth Poetry Groups competition since 2005 and said it was the first major competition he had entered.

"It is an opportunity to perform poems that would not fit into the Poets Breakfast format which are predominantly humorous.

"It is also an opportunity to compete against your fellow poets before a large audience that may only attend a bush poetry function because it is part of the Tamworth Country Music Festival," he said.

This year was Mr Mace's third win of the award.

He has won the award once before for a traditional poem and

now twice for original works.

"The fact that the poem was an original work means a lot, especially when you can see the effect the piece has on the audience and judges, especially as the poem was a bit controversial," he said.

Mr Mace said the poem's genesis occurred when he was performing at a folk festival and

was billeted with a local historian who related the story.

"The treatment of the Aboriginal population by the early settlers got me thinking about the oppression that the settlers and convicts themselves had endured in England and Ireland and how they did exactly the same when they 'gained the upper hand' so to speak.

"The poem probably took a year from the start to its final draft.

"The process was starting with what I had been told of the massacre and researching it further, then reading about life in general as it was for the first 50 years of settlement," said Mr Mace.

Kaitlin watts, 16 Feb 2012

Interviewee: Peter Mace

Photo: Naomi Bridges




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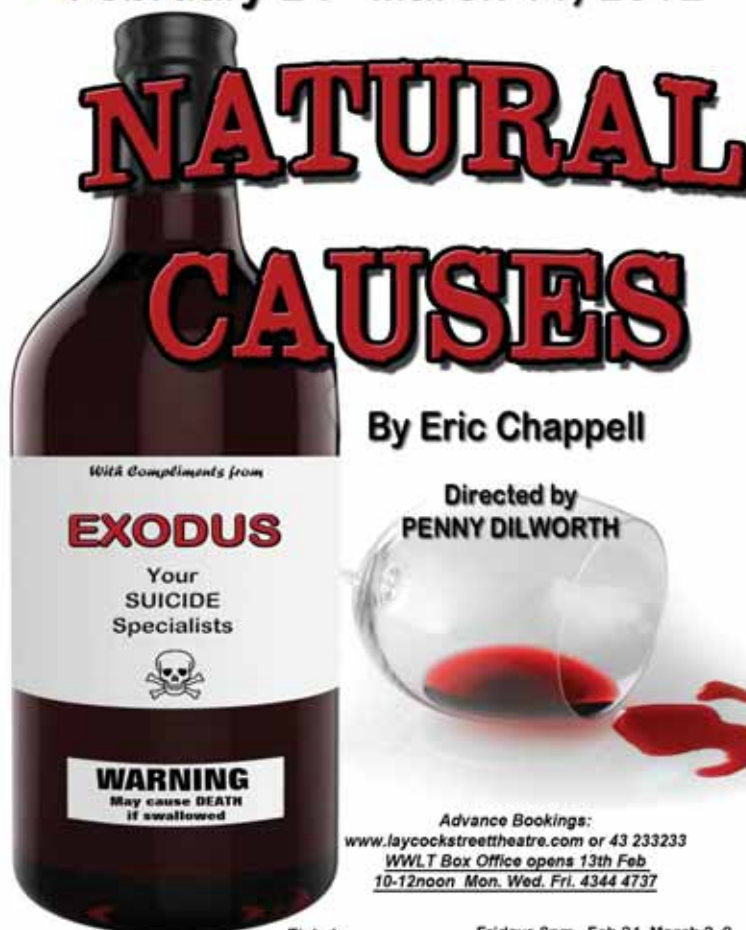
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# Out and About



## On show at Patonga

MacMasters Beach resident Ms Sherry McCourt will show a selection of new artworks, titled Sun, Sand and Caravan, in the Patonga Bakehouse Gallery next month.

The exhibition will be on display every Sunday in March from 11am until 3pm.

Ms McCourt said her new oils on canvas were inspired by her memories of camping and the lazy days of summer.

Ms McCourt has recently retired from a successful teaching career both in Canada and in Australia and has spent the past three years working on building up her art practice.

She has had some formal TAFE training in her field but said she is largely self-taught.

"Being mentored by such talented local artists as Jocelyn Maughn and Robin Norling has been an important part of my learning curve," she said.

Ms McCourt was an invited artist for the 2011 Art by the Sea exhibition in Killcare and has won a number of awards in previous years.

She was named the winner of the Ettalong Paradiso Most Inspirational Artist last year and was runner up People's Choice Margaret Smith award.

She was selected for the Gosford Art Prize, the Peninsula Village Art Show and selected in the Royal Sydney Show for three paintings.



Ms McCourt said her love of draughtsmanship and figure drawing is translated into much of her work.

"My brush finds its way into

negative spaces, searching for colour and looking for the music in a piece.

"Mostly a studio artist, I prefer to work in oils and consider myself very lucky indeed if I can coerce a live model to sit for me.

"Painting outdoors at MacMasters Beach, Killcare, Wagstaffe and other local areas where I live, happens regularly."

Email, 15 Feb 2012

Sherry McCourt, MacMasters Beach Website, 17 Feb 2012

Sherry McCourt

Photo: Sherry McCourt

## Parenting course

Beachside Family Centre is offering a free Triple P Positive Parenting course for families with children aged 2-8 years.

There will be four sessions on Wednesday mornings from 10am until 12pm from March 7 until March 28.

The Triple P Positive Parenting Program is designed to help parents and carers to understand children's behaviours and provide a wide range of strategies to use in different circumstances.

Triple P is a parenting program that provides practical answers to everyday concerns, according to Ms Nicole Mottlee from Beachside

Family Centre.

With inquiries, phone Central Coast Family Support on 4340 1585.

Media Release, 6 Feb 2012  
Nicole Mottlee, Beachside Family Centre

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# Out and About

## Didgeridoos sourced for rock band



**A local gallery director claims to have sourced 12 "authentic" didgeridoos for a high profile American alternative rock band.**

Bouddi Gallery director Ms Jody Deamer has said she has sourced 12 yidakis (didgeridoos) from master yidaki maker and player Djalu Gurruwiw for the Foo Fighters' next album.

Djalu, thought to be in his 80s, is a Yolgnu tribal elder and one of

a number of Yolgnu men with a worldwide music reputation, said Ms Deamer.

Djalu's international reputation has risen to cult status prompting him to travel to Germany, the USA, Japan and Dubai to provide yidaki performances and tuition.

Ms Deamer said the Foo Fighters appreciated the story behind Australia's most recognised traditional musical instrument.

Email, 3 Feb 2012

Jody Deamer, Bouddi Gallery

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## Staff change at Woy Woy South

**A number of staffing changes have been made at Woy Woy South Public School for the 2012 school year.**

Deputy principal Mrs Whealey has temporarily transferred to Ourimbah Public School where she will act as relieving principal while Mr Broadhead will fill the role of deputy principal at Woy Woy South.

Filling Mr Broadhead's

position will be Mrs Boyd who will teach release from face-to-face sessions for Kindergarten, Year 1 and Year 2 classes.

Mrs Vale, who began working at the school in the second semester of last year, will continue sharing teaching duties for Year 3 Mrs Beaton.

New staff member Mrs Fullagar will work two days a week teaching a Year 5 class with Miss King while Mr Pareaux will continue to fill the vacancy

created by Mrs Collier's extended leave.

Newsletter, 31 Jan 2012  
Terry Greedy, Woy Woy South Public School



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# Out and About



Photo: Naomi Bridges

Daniel Keith, Margaret Murphy, Robyn Donnelly and Cathy Wilson having a barbecue lunch at Ettalong waterfront.

## Activity program for CWA

**Umina Country Women's Association has decided on a program of activities for the year ahead.**

Following a suggestion by past president Ms Beryl Finch, the branch decided to knit squares to be made into a blanket to be donated to charity.

International officer Ms Jill Colwell said that she would attend the Association's study school on Timor Leste (East Timor) in Armidale.

The branch decided to invite a number of local primary schools to join the state Association's Country of Study competition on Timor Leste with entries to be judged in early August.

Umina CWA will continue to hold craft and friendship mornings from 9.30am every Wednesday, except the first Wednesday of the month when the general meeting is held.

The branch has also decided to start craft and friendship evenings every Monday night, from Monday, March 12, at 6pm in the branch's Umina rooms.

The first craft to be taught will be beginners' crochet at a cost of \$20 for four lessons for non-members and for a gold coin donation from members.

The March meeting will be held on Wednesday, March 7, from 10am in the Umina rooms.

Media Release, 16 Feb 2012  
Jill Colwell, CWA Umina

## SUN, SAND AND CARAVAN



a selection of new work by

### SHERRY MCCOURT

Memories of camping and the lazy days of summer inspired the series of new works which will be on exhibit in the 24/7 gallery.

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## Course for public speaking

**Ettalong Toastmasters will hold a five-week speechcraft course from Wednesday, March 7, at Ettalong Beach War Memorial Club.**

This course is intended to teach participants all the elements needed for speechmaking and confidence building.

"Ettalong Toastmasters is a strong club with members dedicated to helping anyone seeking support in becoming a better communicator," said Ettalong Toastmasters president Ms Jan Cummings.

"Toastmasters can help members build their speaking skills and overcome their nerves when having to speak in front of groups.

"The members are friendly and sociable and welcome visitors into their club," she said.

The club celebrated its 25th Anniversary in late October where past and present members came together.

"Many past members spoke of

how Toastmasters helped them in their careers and within the community," said Ms Cummings.

"It was through their participation in Toastmasters

that they found confidence to accept new challenges."

Email, 14 Feb 2012  
Jan Cummings, Ettalong Toastmasters

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## Will 3000 signatures translate to votes?

The vocal minority are alleging that 3000 signatures on a petition are not significant.

Two correspondents simultaneously quote similar statistics and presumptuously arrive at the same illogical conclusion.

The two correspondents naively imply that 3000 signatures do not reflect the community's sentiment.

I believe that 3000 signatures is only the tip of a very big iceberg.

Are they calling for a referendum? It could coincide with the next Council election.

Fortunately, it is not important what these two correspondents think.

On the other hand, the opinions of the local branches of the two main political parties become very relevant.

The votes of four Liberal and two Labour councillors will receive plenty of scrutiny when this matter comes before Council.

Both parties have the opportunity to demonstrate that they are capable and trustworthy representatives of

### Forum

the community.

If the major parties choose to ignore the grass roots objections to a second McDonalds outlet on the Peninsula, they risk being punished at future local, state and federal elections for betraying their constituents.

The electorate will be reminded of any acts of treachery through forums like this publication.

One can only wonder if Cr Chris Holstein, the man with two hats and one head, considers that 3000 signatures on a petition is a significant number.

Will 3000 signatures translate to sufficient votes to make him a one term wonder on Macquarie St if he happens to misread the mood of the electorate?

There is a genuine people powered protest in progress and I trust that it will prevail.

Email, 14 Feb 2012  
Tim Haylor, Umina

The Queen has just indicated that she will continue to be in office until she passes away.

The leaders of the major parties in Australia have adopted the view that the republic can wait until the Queen either abdicates or dies.

The republic has been relegated to an unimportant issue which is the result of the minimalist approach meaning that a republic would just mean the replacement of the Queen by an Australian Head of State.

What we do need is a maximalist republic, a republic that would

### Forum

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Peninsula News

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See Page 2 for

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develop a new political system rather than a "new economy" that,

incredibly, the Prime Minister has now been told to promote.

The two-party tyranny based on trivial adversarial invective, on which the media seems to thrive, must go.

It is most uninspiring, un-Australian and totally counter-productive.

We could do without the political amateurism inherent in the Westminster system.

Is there a political leader who will pick up the ball and run with it?

Email, 9 Feb 2012  
Klaas Woldring, Pearl Beach

## Mayor was out of order

Gosford mayor Laurie Maher in his official capacity was seen on NBN 3 actively impugning the reputation of members of the community who are going about their legitimate civic business.

This was raised on Monday night at the Gosford Waterfront Action Group meeting.

Many people were not happy that our mayor would conduct

### Forum

himself so badly on our behalf, while presiding over a council which was calling publicly for Peter Freewater to be disciplined for stating what so many ratepayers understand to be obvious, wasting our rate money on expensive junkets.

There is a problem with promotion of massive over-

development of the Gosford foreshores.

The mayor, as an elected representative, was certainly out of order attacking members of his community who are legitimately engaged going about their rightful activities as ratepayers.

Our mayor asserted that his constituents were in fact "naysayers" and misleading others.

Email, 7 Feb 2012  
Edward James, Umina

## Most indifferent?

Peter Whiteman's argument is flawed (Peninsula News, 6 Feb).

Unless he, or other McDonalds' supporters, can submit a petition of local folk with more signatures supporting the franchise in Umina than the approximate 1500 that do not, any assertion that the majority of people are in support of this

### Forum

enterprise, is pure speculation.

If by some chance, the number of supporters and detractors were not significantly different, this would mean that most people are indifferent about the issue.

Email, 11 Feb 2012  
Marcel Thompson, Umina

## Sense needed with sea level rise

Thanks to the Peninsula News for publishing the article title Mayor criticised on sea level rise (February 6).

This is an ongoing and growing issue.

In opposition, the NSW Liberals promised they would repeal the legislation that enabled Gosford Council to implement these double standards.

Sea Level Rise is a risk that cannot be ignored but commonsense must prevail when planning.

It makes sense to focus on flood prone areas now rather than make the risk seem to be far greater than

### Forum

it is.

The Express will not report on this issue now, as if it does not exist.

A commonsense approach will appease both sides of the debate

but scaremongering will divide communities when everyone must be involved at all stages of planning for sea level rise to ensure that such planning is successful.

Online submission, 8 Feb 2012  
Pat Aiken, Saratoga

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# More concerned than ever

**As a resident of Umina Beach, I was aware of the re-zoning application of land on Ocean Beach Rd where a McDonalds site may be built.**

After reading the comments of letter writers in the Peninsula News February 6 edition, I am more concerned than ever that the voice of our community will not be heard.

Umina Beach is not the only small town in Australia to have a multinational fast food company wish to set up shop in its town, regardless of community objections.

Noting Mr Peter Whiteman's comment that "so far" there has been 1500 signatures on a petition submitted in a population of 16,000 only means that many residents

**Forum**

have not walked past a petition to sign one, are busy working or have not had a "formal" opportunity to voice their objection.

There is doubt that the majority of people in Umina would not welcome a McDonalds, so please do not speak on my behalf or on behalf of many residents of the area.

So how can we clearly voice our objections to McDonalds Australia and Gosford Council?

Write to the local council regarding traffic (congestion, parking, pollution and safety) and environment (litter, noise and smells).

The apparent "litter program" and "clean streets" that

McDonalds has had to develop has been a reactive response to litter generated by McDonalds' packaging.

Does this mean that litter will be a problem?

Yes.  
Will this impact of the local environment?

Yes.  
What happens when rubbish is found three blocks away from the apparent store, who will take responsibility for that?

Or will it be the local resident picking it up and sucking it up?

I don't think so.  
Umina Beach, it is time to stand together, for the sake of future generations of our beautiful village like community area.

Online submission, 11 Feb 2012  
Jay-Marie Blue, Umina

# Different rules?

**Forum**

**I recently sought Council approval to trim a gum tree overhanging from the lot next door.**

I was granted a permit allowing branches to be cut back to the fence line with no top weight to be pruned.

The tree concerned was unhealthy with the possibility of falling limbs and the Strata Insurance said our property was not covered against such an event.

Down the road a developer

purchased a large block and had removed all trees including a magnificent gum in prime health.

Even the tree loppers themselves expressed disbelief at what was happening.

It is obvious different sets of rules are applied depending on who is seeking permission to have trees trimmed or removed.

Email, 6 Feb 2012  
Brian Noble, Woy Woy

# Unsafe plan reflects system failure

**Forum**

**The comments made by Mr Mussali of McDonalds Australia in the previous edition are more about social character and litter, and less about the economy and employment.**

How many businesses in Umina Beach have a detailed litter reduction plan?

Gosford Council has recently reported the following on pedestrian safety: "According to the RTA Guide to Traffic Generating Developments, a road carrying 300 vehicles per hour is the maximum limit required for 'aged pedestrians' to safely cross."

There is no traffic management engineer in Australia capable of formulating a road management plan that appeases pedestrians, cyclists and motorists in this section of Ocean Beach Rd.

The key word here is "fast".  
"Fast" is not a term I would use when discussing pedestrian, cyclist and motorist safety.

There is more to discuss than free newspapers and clean facilities for a development fronting Ocean Beach Rd.

Development on main roads was successful in the past.

Now it is questionable.  
Every customer has the potential to disrupt and create

havoc when accessing premises located on main roads.

What are the vehicles-hour numbers for Ocean Beach Rd, Umina?

The fact that "McDonalds believes in the growth potential of the area" is a comment on a failed planning system.

Letter, 9 Feb 2012  
Norman Harris, Umina

# Additional traffic would result

**I am against the opening of a McDonalds outlet in Umina.**

I live in a street which is in close proximity to the proposed development and am acutely aware of the significant additional traffic problems that would result if this development was approved.

I am also very conscious of the impact it would have on Umina food outlets and the anticipated increase in litter in the area also

concerns me.

I note that Peter Whiteman in his letter to the editor dated February 6 chose to highlight a statistic that only 1500 people out of a possible 16,000 have signed a petition objecting to the proposed development.

Statistically this is around nine per cent of the total population he quoted.

He then made a sweeping

statement that the majority of people therefore must be in favour of the development.

Where is his tangible statistical support base to quantify such a statement?

He cannot have his statistical cake and eat it too.

Email, 13 Feb 2012  
Tony Fraley, Umina

**Forum**

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**Forum**

# Umina or Woy Woy?

**A correspondent has written that a McDonalds should be opened at good ole Daleys Point.**

Sigh!  
If only.  
No, seriously, it gave us all a good chuckle but only emphasises the lack of intelligent arguments put up by the fortunately small anti-McDonalds lobby.

Further to the reasoning put forward by a member of the Chamber of Commerce for Umina who recently pointed out how certain businesses "anchor" people to a shopping centre, I started shopping in Umina because of Aldi, particularly when they had something special on sale.

I walked across the road to Woolworths if Aldi could not supply everything I needed and then often round the corner to a very good greengrocer.

I also discovered some nice coffee shops in West St which we frequent, but unfortunately only one public dunny which you can't miss as one can smell it a block away.

Currently there is no McDonalds or KFC which can offer poor ole pensioners like us a cheap meal so if I want to shop around lunchtime, where do I go?

Umina or Woy Woy?  
Email, 10 Feb 2012  
Peter Whiteman, Daleys Point

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# Stolen cars set alight

**Two stolen cars were set on fire at Ettalong netball courts on Tuesday, February 14.**

The cars were located by police and fire brigade when they were well alight at about 5:45am with extensive damage already sustained.

The cars were stolen from Pearl

Beach and Wamberal.

Anyone with information should contact crime stoppers on 1800 333 000 or Gosford Police on 4323 5599.

**Kaitlin Watts, 14 Feb 2012**

**Interviewee: Inspector**

**Kath Hawkins**

**Photo: Naomi Bridges**



The group on the Mystery Tour



# Anniversary of rail opening

**It was 52 years ago on Monday, January 23, that my father Louis George Dillon and his brother George David Dillon were guests of the then NSW Premier Mr Heffron and Railway Commissioner Mr McCusker on the first electric train to pull in to Woy Woy station.**

They, both as young men, helped build Woy Woy tunnel and saw the first steam train to come through the tunnel.

If someone got injured or needed a doctor, my father had to row a boat to Gosford pick up the doctor, row him down to the tunnel then row the doctor back to Gosford and then row himself back home.

Not a bad effort for a 15-year-old.

That was back in 1883 when there was no road to Gosford.

My father, at this time in 1960, was 91-years-old and thought the train was that good he didn't want to get out of it.

His brother George was 86.

When Lou was a younger man, he was commissioned by Andrew Murphy, a botanist who owned a lot of houses at Koolewong, to go to Western Australia to bag seeds of karri, jarrah, spearwood, gimlet

wood, and red and white flowering gums.

He went most of the way on horseback and paid Aboriginal men to climb the trees and cut off the branches with the most seed.

He worked as a shipwright for Rock Davis Shipyard at Blackwall and owned Dillon's farm out beyond the Woy Woy tip.

It was resumed about 10 years ago and went back to National Park.

My uncle George's property on the other side of the creek is still in his family, owned by his grandson Kevin Dillon.

Louis died aged 93 and his brother George passed away at 95 years.

**Email, 27 Jan 2012**

**Les Dillon, Umina**

# Tour of local attractions

**Woy Woy Endeavour View Club program officer Ms Viv Donovan attended a mystery tour on Tuesday, February 7, after she accepted an invitation from a local bus company.**

"After living on the Central Coast for the past 21 years, I thought that I had been to just about every venue and attraction here on the Central Coast. How wrong I was," said Ms Donovan.

"My assistant and I were taken to some very different places and introduced to some wonderful, hard working, generous, local businesses right here on the

Central Coast.

"We were joined by other tour organisers from various seniors clubs located on the Central Coast and we all agreed that it was a real eye-opener as to what we have been missing out on in our own backyard."

Ms Donovan said the tour highlighted the various attractions and places of interest around the Coast and focussed on how important it was to support the families and their staff.

"Our hosts for the day did an incredible job and the staff from Coastal Liner Coaches impressed us so much.

"Our club is a small club that enjoys coach travel.

"However, due to the lack of numbers, we have trouble filling the larger coaches and on many occasions we have had to resort to a smaller coach, which is a lot more expensive, or have to cancel altogether.

"We are inviting other clubs on the Woy Woy Peninsula, who have the same problem to join us on some of these day tours," said Ms Donovan.

For further information, phone her on 4342 8304.

**Media Release, 16 Feb 2012**

**Viv Donovan, Endeavour View Club**



Photo: Naomi Bridges

Tom O'Brien, Annete George and Alick George at their weekly barbecue on Sydney St, Umina, supporting the Salvation Army

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## Entertainment



SLIGHTLY OFF  
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*Want to have a lot of fun, unique music at your next event?*

BARBS Kantara House  
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Call Leila at 0423147797  
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[tomflood@hotmail.com](mailto:tomflood@hotmail.com)  
**4324 2801**

## Entertainment

### The Troubadour Acoustic Music Club

meets at the CWA Hall  
Woy Woy  
Floor Spots available  
**17th March**  
**Bowen & Claire**  
**7PM**  
Tickets \$11  
Concession \$9  
Members \$8  
Tickets available at the door. see [www.troubadour.org.au](http://www.troubadour.org.au)  
**4341 4060**

## Fencing

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**Classifieds**

**Public Notices**

**Central Coast Bush Dance & Music Association**  
 Experience Folk Music at its best at East Gosford Progress Hall @ 7.30pm Henry Parry Drive  
**2nd Saturday of the Month**  
 Enq: 4344 6484 Admission \$17 incl. supper  
 Folk Fed Affiliates & Pensioners \$14, Children 12 to 18 \$8  
 www.ccbdma.org for more information

Woy Woy Peninsula Lions Club  
 Sunday, February 26, 9am to 1pm  
 Great variety of stalls ~ BBQ, Tea & Coffee.  
 Vendors Welcome ~ Car Boot Sale - \$15 per car  
**Now at Dunban Road Car Park**  
 NB stall sites not open until 6.30am  
 Cnr. Ocean Beach Road Woy Woy  
 Always Last Sunday (Except December)  
 More Details...  
 Enq: 0428 418 535 or 4369 8707

Any person who witnessed a motor cycle accident at approximately 5:30 pm on 5 February 2012 on Old Pacific Highway, Gosford, where a motor cycle registered number QXA-37 swerved to avoid hitting an unidentified Mitsubishi van that had decorations on its sides and back before hitting a guard rail should contact Mr Omar Shehabi C/- Carroll & O'Dea Lawyers, Level 18, 111 Elizabeth Street, Sydney NSW 2000  
 Ph (02) 8226 7308.

**Ettalong Beach Festival**

is looking for stall holders for its Street Festival - Sunday 18th March 2012.  
 Interesting Artisan and Food vendors are encouraged to apply.  
 This is the main Festival Day held in Ocean View Rd. Ettalong A day free for - the Public with a main stage featuring some of the best Australian Festival circuit performers, Holden Classic cars, Kids Zone, Market stalls, free - percussion & dance workshops and more.  
 Please contact Lyn for application forms:  
 0419 226 385

**Public Notices**

**Ukuleles on the Peninsula!!**  
 Woy Woy Leagues Club  
 82 Blackwall Road,  
 Woy Woy Weekly  
 Tuesday 7 pm - 9 pm  
 Email - centralcoastukuleleclub@gmail.com  
 Facebook - centralcoastukuleleclub  
 For all information email us or call on  
**0412 837 008**  
 or **0423 147 797**

**Troubadour CC**  
 Ukulele for Fun with the Troubadour CC  
  
 next meet - 7pm  
 February 27  
 Everglades Country Club - Dunbar Road Woy Woy  
 4341 4060 AH

**LOST!**  
 Near Woy Woy Train Station  
**Bi Focal Glasses**  
**REWARD!**  
**0417 456 929**

**MOVING SALE!!!**  
 Saturday Feb 25  
 Everything must go!  
 Full house of Furniture  
 239 Trafalgar Ave Umina  
**0414 582 060**

**CWA Umina**  
 Evening craft and friendship group  
 Beginners' crochet lessons starting Monday 12 March  
 6.00 - 9.00pm  
 \$20 for 4 weeks (gold coin donation if a CWA member)  
 Kits available  
 CWA Hall - 2 Sydney Ave (cnr Ocean Beach Rd, opposite Shell Service station)  
 Umina - All welcome  
 Bookings to Jill Colwell  
**4344 1070 or 0427 968 326**

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 Closing The Gap in Indigenous Thinking: The story of Australia's Dreamtime Alphabet.  
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 www.dreamtimealphabet.com

**Public Notices**

**Widow and Widower social group**  
 Meet at Central Coast Leagues Club  
 Wednesday evenings at the lounge bar.  
 Anyone who has lost a partner is welcome to come along to meet others who understand. We can help each other  
**Ring Mike**  
**0418 439 287**

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**Contact Jim on 4384 5185**

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[woywoymusic.com](http://woywoymusic.com)

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**The Shame File**

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 From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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- Stan Prytz of ASCO Bre Concreting
- Andrew and Peter Compton
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- William McCorriston Complete Bathroom Renovations
- First Premier Electrical Service of Umina Beach
- JCs Renovations & Landscape Building Services of Point Clare
- High Thai-d Restaurant of Umina Beach
- Sue Swadling formerly trading as Four Shore Café & Take away of Umina Beach

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**4325 7369**

# Directory - Not for profit Community Organisations

## Animal Care

**Animal Welfare League (ADS)**  
provides assistance to sick and injured animals and finds homes for surrendered dogs. Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435 awlcentralcoast@virginbroadband.com.au

## Art

**Ettalong Beach Art & Crafts Centre (287)**  
Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes  
Mon - Sat 10am - 3pm  
4341 8344  
info@ebacc.com.au

**Central Coast Art Society (309)**  
Weekly paint-outs  
Tues 4369 5860.  
Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820.  
Social Meetings 1.30pm  
4th Wed for demonstrations  
publicity@artcentralcoast.asn.au  
4325 1420

**Point Clare Arts & Crafts (309)**  
Wed - Adult Class  
Approaches to Visual Arts, supported by History of Art, to develop your own style  
Wed & Fri - Adults  
Bunka Embroid, Cards, Scotchet, Cross Stitch or bring your own \$3/session  
Point Clare Community Hall  
10am - 12noon  
4325 5007

**Hospital Art Australia (309)**  
Meet every Friday  
9am-2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing  
Volunteers welcome  
4341 9920

## Community Centres

**Peninsula Community Centre (39/290)**  
Cnr Ocean Beach Rd & McMasters Rd Woy Woy  
**Child Care** - Before & After School, Vacation, Family, Day & Occasional  
**Children, Teenagers & Adults** - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support

**Children** - Little Kickers, Indian Dance, Playgroups, KindyGym,  
**Teenagers** - "The Web" Youth Support Services.  
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**Counselling** - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.  
**Over 55's** - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.  
www.pccinc.com.au

4341 9333  
**Ettalong 50+ Leisure & Learning Centre (287)**  
(formerly Ettalong Senior Citizens Centre)  
Mon - Fri  
Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork, Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts  
4341 3222

**Gosford 50+ Leisure and Learning Centre**  
(formerly Senior Citizens) (287)  
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class  
4324 4749

## Community Groups

**AACC COMPUTER CLUB Inc. (291)**  
www.aacc.asn.au  
Help with all Computing problems  
Program demos + Q&A sessions  
**Narara Valley High School**  
Fountains Road, Narara  
2nd Wed of Month (Feb-Nov)  
Windows 7pm to 10pm  
Supper provided  
**East Gosford Progress Hall**  
10 Henry Parry Drive (cnr Webb Rd)  
3rd Wed of month (Feb-Nov)  
**Linux** 9.30am-12.30pm  
4th Thu of month  
**Social Meeting + Windows**  
12.15pm - 3.15pm  
Afternoon tea provided  
4362 1918

**ABC (309)**  
"The Friends"  
Support group for Public Broadcaster.  
Aims: safeguard ABC's independence, adequate funding, high standards.  
Meetings through the year + social afternoons  
Well-known guest speakers  
4341 5170

**Beachside Family Centre (287)**  
School-based community centre for families with children from birth to 8 years old. Group programs and community activities  
4343 1929  
Umina Public School  
Sydney Ave

**Bridge (286c)**  
Tues 12.15pm is a friendly game without pressure. Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm  
Brisbane Water Bridge Club  
Peninsula Community Centre  
93 McMasters Rd. Woy Woy  
www.brisbane-water.bridge-club.org

**Cash Housie (56/294)**  
50 Games every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 - 10.30pm. Proceeds to Woy Woy Catholic Parish. wwcpousie@hotmail.com

## Central Coast

**Handweavers, Spinners and Textile Arts Guild Inc (286c)**  
Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts  
Workshops and community quilting bees  
Day and night groups  
4325 4743  
www.centralcoastsguild.org.au

**Central Coast Family History Society Inc. (301)**  
All the resources, information and advice needed to study your family's history are available through the Society.  
Meetings 1st Sat ea mth 1pm Lions Community Hall, behind the Society's Research Centre 8 Russell Drysdale St, East Gosford. www.centralcoastfhs.org.au  
Visitors welcome  
4324 5164

**Hardys Bay Residents Group (60/296)**  
Working for a positive & Healthy Environment in our Community  
allanbw@bigpond.com

**The Krait Club (58/295)**  
Community Centre - Cooina Village, Neptune St, Umina  
10.30am Open to senior members of Woy Woy/Umina Community  
Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips  
4341 0698

**Northern Settlement Services (282)**  
Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre  
93 McMasters Rd  
Woy Woy - 4334 3877

**Probus Club of Umina Beach (81/298)**  
Friendship, Fellowship and Fun - Advancing intellectual, cultural and social interests for active retirees 55yrs+  
Non Political and Non Sectarian - 2nd Wed every mth, 10am, Everglades Country Club  
uminabeach@probusclubs.com.au  
P.O. Box 443 Woy Woy

**Rotary Club of Kariong/Somersby (309)**  
This international service club exists to improve lives of communities in Australia and other countries. Why not join us for fun-filled activities, fellowship and friendship. We meet for breakfast at Phillip House 21 old Mount Penang Road (opp Shell)  
Fridays 7:15am  
4340 4529  
kersuebay@philliphouse.com.au

**Rotary Club of Umina (6/294)**  
An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad.  
Everglades Country Club  
Weds  
curleys@ozemail.com.au  
0409 245 861

## Seniors Computer

**Club Central Coast Inc. (83/301)**  
Beginners' classes held Mon or Tues. Also classes Mon - Fri as published on the Club Website. 10am to 12md or 1- 3pm Kincumber & District Neighbourhood Centre. PC and Mac  
Meetings also held at Avoca Beach Bowling Club 1st Mon with a Guest Speaker  
4369 2530

**Umina Beach Scrabble Club (65/302)**  
For all levels and ages  
Every Wed, 9am - 12pm, relax, enjoy a cuppa while you play  
Scrabble  
322 West St (Rubys) Umina  
4341 4859

**Volunteering Central Coast (57/295)**  
Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers.  
Regular general info sessions at Woy Woy.  
vrc@volunteeringcentralcoast.org.au  
4329 7122

**Wagstaffe to Killcare Community (285)**  
Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds  
2nd Mon, 7.30pm  
Wagstaffe Hall  
4360 2945  
info@wagstaffetokillcare.org.au

## Disabled Services

**Riding for the Disabled (282c)**  
Horse Riding as a therapy for those with intellectual or physical disabilities  
Volunteers always required  
No Previous experience Necessary - School hours only - Mon to Sat  
4340 0388  
stateoffice@rdansw.org.au

## Environment

**Peninsula Environment Group (287)**  
Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group  
www.peg.org.au

## Health Group

**Arthritis NSW (9/292)**  
Meet 3rd Tues Peninsula Community Centre, Cnr McMasters Rd and Ocean Beach Rd,  
Woy Woy - 4341 5881

**Meals on Wheels (81/298)**  
Delivered meals and flexible food options for people with a functional disability  
4382 9401

**Mary Mac's Place (287)**  
Providing hot, freshly cooked meals  
Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.  
marymacs@woywoycatholic.org.au  
4341 0584

**Overeaters Anonymous (OA) (64/278)**

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins.  
Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, Rm 5  
Every Fri 7:30- 8:30pm  
www.oa.org  
0412 756 446

**Pink Butterfly Breast Cancer Support Group - Ettalong**  
First Sunday every month 10.00am -12.00  
Shop 71 Schnapper Road Ettalong Markets  
0428 712 251

**Peninsula Women's Health Centre (285c)**  
Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy  
4342 5905 Wed and Thur 9.30am-3pm  
20a McMasters Rd, Woy Woy www.cowhc.com.au

**Woy Woy Public Hospital Alliance (308)**  
Political Lobby - Restore medical services previously available at this hospital - upgrade to a standard commensurate to the needs of the Peninsula and adjacent communities  
2pm second Sat each month  
St Lukes Church, Blackwall Rd  
Woy Woy  
4341 7864

**Woy Woy Stroke Recovery Club (67/278)**  
Peninsula Community Centre  
2nd Tues 11.30am  
Company, up-to-date info, hydrotherapy, bus trips  
4342 1316

## Marine Rescue

**Central Coast Unit (287)**  
Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.  
4325 7929  
www.vmrcc.org.au  
pr.centralcoast@marinerescuensw.com.au

## Music

**Central Coast Concert Band(288)**  
Every Tues 7:15 - 9:30pm  
Community playouts with four concerts a year at Laycock St Theatre.  
0407 894 560

**Soundwaves(87/308)**  
Men's acapella 4 part harmony chorus - for men of all ages, all welcome  
7:30pm Monday Nights at Central Coast Leagues Club  
Contact Ray  
0405 003 945  
randtbale@bigpond.com

## Sport

**Woy Woy Judo Club (287)**  
Kids Classes - \$5 Fri 5.30 - 6.30pm 6 14yrs  
Adult Classes  
Tue & Fri 6-8pm  
15yrs+ - 1st Lesson Free  
4 Week Trial  
Ettalong 50+ Leisure and Learning Centre  
0434 000 170  
www.wwjc.org.au

## Political Group

**Australian Labor Party Umina Ettalong Branch (293)**  
Political Discussions National, State and local government issues  
2nd Mon Umina Beach Bowling Club 7.30pm  
4341 7323

## Veterans

**N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia (66/302)**  
1st Sat (except Jan) 2pm  
Ettalong Beach War Memorial Club  
51-52 The Esplanade.  
4342 1107

**Vietnam Veterans', Peacekeepers' and Peacemakers' (309)**  
Assist all Veterans and their families with pension & welfare matters.  
Cnr Broken Bay Rd & Beach St Ettalong.  
Mon & Wed 9am-1pm  
4344 4760  
vietvetsgosford@bigpond.com

**Woy Woy Ettalong Hardy's Bay RSL Sub Branch (79/297)**  
Provide help with pensions and welfare etc.  
Shop 5/382 Oceanview Rd Ettalong. Tues & Thurs 9am to 1pm  
4341 2594

## Women's Groups

**Country Women's Association Woy Woy (309)**  
Friendship Mornings  
1st and 2nd Wed 10am  
Meetings 4th Wed 10.30am - 4324 2621

**Country Women's Association Umina**  
Branch meeting 1st Wed of the Month, 10am  
Day craft and friendship all other Wed 9.30  
Evening craft and friendship enquire  
CWA Hall Umina - 2 Sydney Ave Umina - All Welcome  
4369 5353

**The Endeavour View Club, Woy Woy (287)**  
Luncheon, 1st Mon Everglades Country Club, 10.30am.  
Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am.  
Coach trips  
4342 2283

**Gosford RSL Sub-Branch Women's Auxiliary (61/296)**  
Invitation to women over 18 years to join. Raise money for welfare of veterans and their families RSL Club West Gosford 4th Mon 2pm  
4323 7336

**Inner Wheel club of Gosford North (92/309)**  
Women making a difference with friendship, personal service and international understanding. Many social activities combined with fund raising for local, national and international projects  
2nd Wed each month (ex Jan) 7pm Phillip House Kariong  
gosfordnorthiw@live.com.au  
4324 7176



# Teams make touch finals

Five of nine teams from Peninsula Junior Touch Football have made it through to the grand finals in their age divisions.

The representative teams travelled to Nelson Bay on Saturday, February 4 and 5, to play in the Peter Wilson Memorial Championships.

The under-14 boys won their grand final against Beresfield 2-1 and Jack Steed was named best player.

The 18 boys and girls played Newcastle in their grand finals with the girls named runners-up after a drop-off

The 18 boys were runners-up with only seven players all weekend playing in the heat.

The 16 boys were named runners-up after they went down to Nelson Bay 4-1

The 12 boys were undefeated leading-up to the grand final but lost to Newcastle.

The 16 girls, 12 girls and 10 boys all made the semis, however, the 14 girls narrowly missed out.

Email, 6 Feb 2012  
Nicole Steed, Peninsula Junior Touch

# Bridge trophy

Brisbane Water Bridge Club held a special trophy event for teams on Monday, February 13, at the Peninsula Community Centre.

The event was contested by 10 teams.

The outright winners were Robin and Ed Vaughan, Jacqueline Wilson and Patricia Kull.

Email, 13 Feb 2012  
Heather Tarrant, Brisbane Water Bridge Club

Joe Marston of Umina is among eight football players of various codes to have his face on Australia Post's latest series of commemorative stamps, naming him an Australian Legend.

Upon receiving the phone call informing him that he had been selected for the honour, Mr Marston said he did not know what to say.

"I thought I must have done something right and thought it was a great honour to be selected in that category."

As the first Australian to play for and reach the FA Cup finals with British football club Preston North End, in 1954, FIFA considered Mr Marston to be a pioneer and standard-bearer of Australian soccer.

Seeking to revitalise Preston North End FC after their relegation to the second division of English football in 1949, a talent scout for the club had seen Mr Marston playing for Leichhardt-Annandale in Division 1 of the NSW State League.

He was impressed enough to fly both Mr Marston and his wife Edith to England to trial for the team.

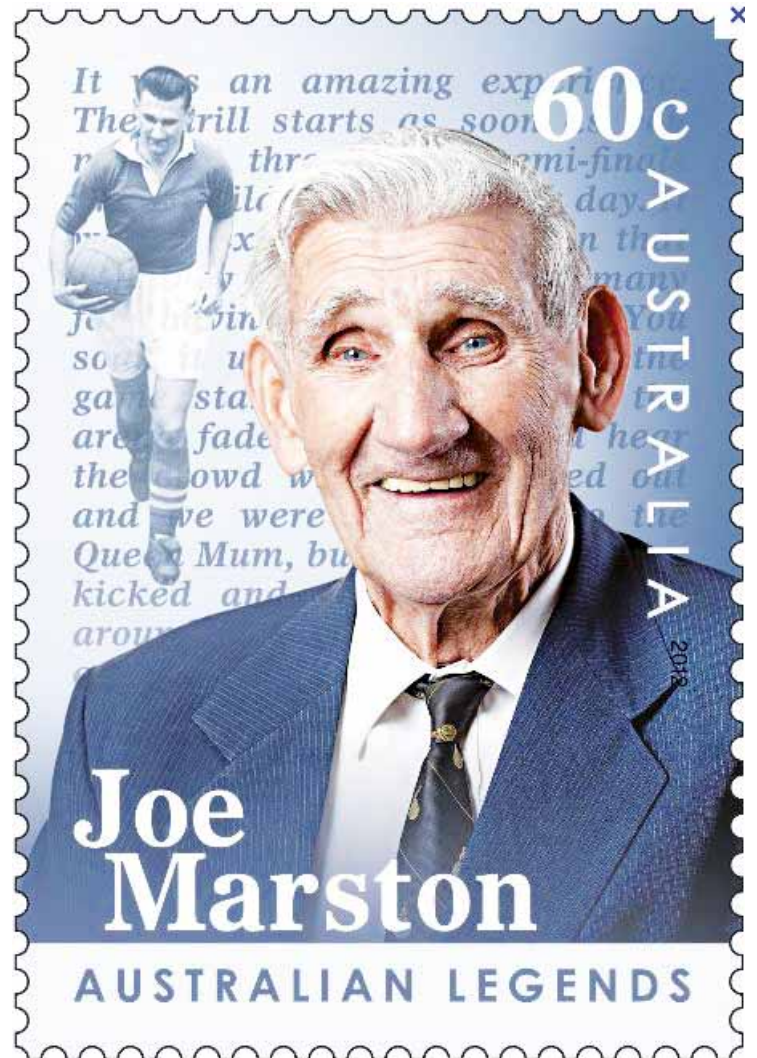
The club's fortunes began to change in 1951 when Mr Marston was moved from the reserves into their starting lineup, eventually reclaiming their spot in the first division in 1952 when they finished behind Arsenal.

After 196 consecutive matches and five years with Preston North End, despite an offer of £80,000 to transfer to Arsenal, Mr Marston returned to Australia in 1956.

Here he continued his pioneering streak as the first man to both captain and coach the Australian team, playing for the squad on 37 occasions in total.

Mr Marston was presented with

# Face on postage stamp



a 24-carat gold replica of the 60 cent stamp on which he appears at the official Australia Day lunch in Sydney.

Other accolades Mr Marston has received in his lifetime include the Order of the British Empire, the Alex Tobin Medal, inductions into the Sport Australia Hall of Fame, the Football Federation Australia Hall of Fame and the NSW Hall of Champions.

Mr Marston's achievements are acknowledged by the A-League

annually, when the Joe Marston Medal is awarded to the player of the match in that year's grand final.

Australia Post CEO Mr Ahmed Fahour said the 2012 Legends were chosen for their contribution to Australian sporting culture and for playing a vital role in shaping Australia as a great sporting nation.

Websites, 16 Feb 2012  
FIFA.com

Sport Australia, sahof.org.au  
Media Release, 20 Jan 2012  
Julia Balderstone, Australia Post

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# The Peninsula Diary

For events in post code areas 2256 and 2257

## Friday February 24

Woy Woy Little Theatre's "Natural Causes" begins, Peninsula Theatre, 8pm

## Saturday February 25

Woy Woy Little Theatre's "Natural Causes", Peninsula Theatre, 8pm

## Sunday February 26

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall 8:30-10:30am

Woy Woy Little Theatre's "Natural Causes", Peninsula Theatre, 2pm

## Tuesday February 28

Business Clean Up Day

## Thursday March 1

Ways To Happiness group begins, Peninsula Women's Health Centre, 10am-12pm

## Friday March 2

Schools Clean Up Day  
Community Thank You Day,  
Umina Uniting Church Community Centre, 10:30am

## Sunday March 4

Clean Up Australia Day clean up, Empire Bay Community Hall, 9am-11:30am

Clean Up Australia Day clean up, Pearl Beach Memorial Hall, 9am-11am

## Wednesday March 7

Guide Dogs NSW/ACT Central Coast Support Group fundraising stall, Deepwater Plaza, Woy Woy, 9am-3pm

Umina CWA branch meeting, 10am, Umina CWA Hall

Triple P Positive Parenting Program, Beachside Family Centre, Umina, 10am-12pm

## Sunday March 11

Woy Woy Little Theatre's "Natural Causes" ends, Peninsula Theatre

## Monday March 12

Umina CWA Beginners' crochet lesson, 9-9pm, Umina CWA Hall

## Friday March 16

Ettalong Beach Festival

## Saturday March 17

Ettalong Beach Festival

## Sunday March 18

Ettalong Beach Festival

## Saturday March 24

Opera in the Arboretum, Crommelin Native Arboretum, Pearl Beach

Senior's Positive Living Gala Day, 9am-3pm, Peninsula Village

## Sunday March 25

Bays Community Group Breakfast in the Bays, Woy Woy Bay Community Hall, 8:30-10:30am

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.



Aron Sherriff and Tony Laguzza

## Sherriff on track to win

Ettalong Memorial's Aron Sherriff is on track to win another Central Coast-Zone 15 Grand Slam with a win in the Zone Pairs partnered by Tony Laguzza at Avoca Beach Bowling Club on Sunday, February 12.

Winning the pairs, however, was not plain sailing for the champion bowler.

The pair were lucky to win their section finding three shots on the last end to draw the match against Tony Scott and Grant Spurway of The Greens, then winning the match on an extra end tie-breaker.

The semi final on the morning of Saturday, February 11, against Avoca Beach's Garry Macfayden and Tony Shoebridge was the closest of matches, 20-all on the 20th end.

On the last end, with considerable local support, Garry drew a toucher with his first bowl and it remained the shot until Aron's last bowl.

Aron played the bowl of the day with his last bowl disturbing the jack to be one up.

Tony, who had played brilliantly all throughout the match could not retrieve the situation with his last bowl.

The finals were started on the Saturday afternoon but, after five ends, the heavens opened and play was postponed to the Sunday.

Sunday morning's final of the Major Pairs saw Aron Sherriff and Tony Laguzza trailing early 2 to 8 against the Halekulani duo of Carl Collins and Paul Villata.

Tony Laguzza began to play immaculate draw bowls and he and Aron closed out the match only giving Carl and Paul one more shot.

Media Release, 17 Feb 2012  
Doug Rose, Bowls Central Coast

## Fours championships held at Ettalong

The 2012 Bowls Central Coast-Zone 15 Major Fours and President's Reserve Fours Championships at Ettalong on Saturday, January 28, attracted a large field of teams.

With 196 players in the Major Fours divided into four sections, the sectional rounds winners were Avoca Beach in section one, Terrigal in section two and Ettalong in sections three and four.

Run in parallel with the Majors, the 140 players in the President's Reserves fought out their sectional rounds with Halekulani winning section one, Woy Woy section two, Umina section three and another Ettalong team winning section four.

This set the scene for a feast of bowls on offer for the spectators at Ettalong Beach Memorial Bowling Club for the semi-finals in the morning and the finals after lunch.

The morning semis saw big wins in the Majors for Terrigal over Avoca 26-5 and for Aron Sherriff's Ettalong team over their fellow club mates led by Danny McNeilly 24-4.

The President's Reserves semis were closer with Bruce Raynor's Ettalong team victorious over Umina 22-12 but Herby Lach's Halekulani team had to come from behind over the closing stages to snatch a one shot win 17-16 from Woy Woy.

With the spectator crowd building for the finals in the afternoon, they were not disappointed as Sherriff skipped his Ettalong team to an early lead against David Neilsen's Terrigal team until end seven when Terrigal started to fire and hit the lead by one shot at end 17.

Ettalong scored four shots to two over the last four ends to take the Major Fours Championship by one shot.

In the President's Reserve Fours final Herby Lach's Halekulani team had another nail-biter, this time trailing Woy Woy until the 20th end when they levelled the score-line at 18-18 then took the last end to win 20-18.

Media Release, 5 Feb 2012  
Bob Bourke, Bowls Central Coast-Zone 15

Umina's Finest Tobacconist & Darrell Lea Chocolates

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## Children attend tournament

A group of 30 children from the Umina Tennis Courts attended the Sydney International Tennis Tournament at Homebush on Monday, January 9.

Tennis Australia Club professional coach Ms Kristy Packer said the children enjoyed a fun day that involved a wide range of tennis activities.

Students timed the speed of their serves, met international tennis players and obtained

autographs.

"The day, put on free by Tennis NSW, was a great initiative and an incentive for aspiring tennis players of all levels," she said.

Email, 17 Jan 2012

Kristy Packer, Peninsula School of Tennis  
Photo: Kristy Packer

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- Assisting carers in their role

Contact us to discuss if you are eligible

**Ph: 4343 1888**  
**Yaringaa Building**  
**93 McMasters Road**  
**Woy Woy (opposite Rogers Park)**

# Triathlon attracts 900 children

**Nine hundred children took part in the first leg of an annual triathlon at Woy Woy on Tuesday, January 22.**

Sporting stars Kurt Gidely, Nicole Hackett, Kristina Hagberg and Benn Harradine along with Central Coast Mainers players awarded medals to all the participants aged between seven and 15 as they crossed the finish line after completing the specially-designed swimming, cycling and running course.

The distances varied depending on age and no placings or times were kept.

Newcastle Knights 2011 Player of the Year Kurt Gidley said the event enabled children of all sporting abilities and fitness levels to participate in an encouraging and supportive environment without the pressure of competition.

"Everybody had a fantastic time and it was great to see so many kids getting involved and enjoying a fun day out with family and friends," said Gidley.

"This isn't about getting the fastest time or winning the race,

but is about taking part, having fun and being healthy.

"Everyone who participates gets a medal and goes home a winner," added Gidley.

He said the triathlon helped with the two major problems facing children: obesity and mental health issues.

It ran as a not-for-profit community event aimed at improving fitness and nutrition habits in children and families.

Now in its 14th year in Australia, the triathlon includes 10 events held across the country from January to May and will involve an estimated 16,000 Australian children this year.

According to post event surveys conducted by the organisers with parents over the years, children who participated got a major boost to their self esteem because of the "everyone's a winner" event philosophy and were more likely to continue doing physical activity after the event.

**Media Release, 24 Jan 2012  
Sandy Gersbach, Sanitarium  
Weet-Bix Kids Tryathlon  
Photos: Andy Hatton**



Killcare Ramonas 180 Masters crew at the Navy Australian Open at Stockton

## Four crews compete in Navy open

**Four surf boat crews from the Peninsula area competed in the biggest surf boat carnival in Australia, the 2012 Navy Australian Open, from Friday, February 10, until Sunday, February 12, at Stockton Beach.**

The Ocean Beach Pygmies competed in the Open Men event

while the Ocean Beach Phoenix contested the Under-23 Women's event, the Ocean Beach Secret Mens Business in the Under 19 event and the Killcare Ramonas in the Masters 180 women event.

The first day of the 2012 Navy Australian Open saw a nice morning quickly deteriorate after a cold front came through at around 2.30pm.

The change in weather delayed racing with minimal visibility after the front.

A 30 to 40 knot north easterly wind and rough surf conditions challenged rowers and many crews took a pounding from the seas, according to organisers.

**Email, 10 Feb 2012  
Darren Saffin, Progressive PR  
Photo: Dale Cumming photography**



**Umina Surf Life Saving Club nipper Lachlan Braddish has performed well in recent surf life saving events.**

He won the Under-10s Cole Classic Swim at Manly on Sunday, February 5.

The Cole Classic Swim is Australia's largest ocean swim and attracts over 3000 people.

Lachlan swam a record time of 14 minutes and 13 seconds for the 1km race.

He also came runner-up in the Under-10s Australia Day Ironman

at North Cronulla Beach on January 26.

**Email, 6 Feb 2012  
Richard Braddish, Umina  
Photo: Richard Braddish**

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