



(L to R) Cancer support group Candles representative Ms Lyn Smith, member for Gosford Mr Chris Holstein, NSW minister for health Ms Jillian Skinner, member for Wyong Mr Darren Webber, member for Robertson Ms Deborah O'Neill, member for The Entrance Mr Chris Spence, NSW Cancer Voices representative Ms Kathy Smith, minister for the Central Coast Mr Chris Hartcher and Central Coast Local Health District chair Mr Paul Tonkin at the federal funding announcement.

## Federal funding for rehab unit

**Woy Woy Hospital will receive Federal funding for 20 sub-acute beds which will be used to help revive the Woy Woy Rehab Centre.**

Member for Robertson Ms Deborah O'Neill announced the funding at a sod-turning ceremony for the Central Coast Regional Cancer Centre at Gosford Hospital on Wednesday, October 5.

"I'm delighted that the Gillard Government, through the Council of Australian Governments process, will commit funding for these 20 beds to this much-loved community hospital," Ms O'Neill said.

"This injection of federal funding will allow the long hoped-for

reinstatement of rehab facilities at Woy Woy.

"I pay tribute to those in the community who have campaigned long and hard for this result.

"This is a great victory for the Peninsula."

Central Coast Local Health District chair Mr Paul Tonkin said he immediately welcomed the Federal support.

"It is wonderful news for the people of the Woy Woy Peninsula," said Mr Tonkin.

Woy Woy Hospital Auxiliary president Ms Phyllis Thomas was also present at the announcement.

Ms Thomas said she was "surprised and delighted" at the

announcement which she described as "absolutely wonderful".

Auxiliary vice president Ms Pat Harding said she welcomed the better services for patients and the reduction in travel time that the funding would mean for people on the Peninsula.

Former member for Gosford Ms Marie Andrews said the news was "wonderful" and would be a "big boost for the Peninsula".

"Congratulations to our federal member for her persistence in pursuing these funds for Woy Woy Hospital," Ms Andrews said.

**Media Release, 5 Oct 2011  
Matt Pulford, Office of  
Deborah O'Neill MP**

## Chamber backs rehab moves

**Peninsula Chamber of Commerce president Mr Matthew Wales has welcomed the announcement made on Wednesday, October 5, that the Federal Government would provide funding for 20 sub-acute beds at Woy Woy Hospital.**

The sub-acute beds would be in a 30 bed unit with 10 rehab beds provided by the State Government.

"This is welcome news on top of the State Government's pre-election pledge to re-open the Woy

Woy Rehab Unit," said Mr Wales.

"Federal member for Robertson Deborah O'Neill should be congratulated on coming up with the extra funding that will make the upgrading of the Woy Woy Hospital possible.

"Whilst 10 rehab beds will be made available at the hospital, we understand that intensive rehab will still be conducted at Wyong."

Mr Wales said the outcome was good and would ensure that both the rehabilitation and sub-acute service needs of Peninsula residents would be met.

"More importantly, it is great to [see] both the State and Federal Governments working together for the long term interests of the Woy Woy Peninsula," Mr Wales said.

"The Woy Woy Hospital is very close to the hearts of local residents so the injection of funds and provision of hospital infrastructure is a real confidence booster."

**Media Release, 5 Oct 2011  
Matthew Wales, Peninsula  
Chamber of Commerce**

## Ettalong Club shows profit

**The Ettalong Beach War Memorial Club has reported an after tax profit of \$295,652 on the back of generous financial arrangements from its lender Suncorp Banking.**

The club's accounts at the end of June 2011 show borrowings of \$34.3 million and "financial costs and interest" payments of less than \$1.25 million – less than 3.7 per cent.

However, the club has yet to recover its financial position, with liabilities outstripping assets by more than \$14.8 million.

The club's auditors, Bracey and Associates, have reported that "whilst the company's bankers have provided financial support to date, they have indicated that the financial support will only continue whilst the company complies with certain conditions imposed by the bank after the restructure of the various bank facilities".

"These conditions ... indicate the existence of a material uncertainty which may cast significant doubt about the company's ability to continue as a going concern and, therefore, whether the company will realise its assets and extinguish its liabilities in the normal course of

business and the amounts stated in the financial report."

The club's annual report stated that the company's goals were to "maintain and grow profitability" and to "provide amenities" for members, the RSL, clubs and community groups.

The report stated: "To achieve these through diversification, the company has adopted the following strategies: Increase membership and grow the company's profitability; Provide high standard facilities to members and guests."

The club reported a 4.1 per cent decrease in bar sales for the year, with sales totalling \$2,222,679. Net profit decreased over last year by \$55,402 or 6.1 per cent.

Poker machine trading for the year totalled \$8,714,665, a decrease from 2010 of \$966,750 or 9.9 per cent.

The trading profit on poker machines showed a decrease of \$582,394, which was "due mainly to the decrease in net takings (\$966,750), Duty Tax (\$282,579) and Poker Machine Rentals (\$89,423)".

**Annual report, 14 Sep 2011  
Ettalong Beach War  
Memorial Club**

## Council meetings cancelled

**Gosford Council has cancelled two council meetings that were scheduled to be held on Tuesday, October 11 and Tuesday, October 24.**

Another council meeting will not be held until Tuesday, November 1.

The meeting of Tuesday, October 11, was scheduled as a reconvened council meeting but was cancelled as there were no development applications for inspection.

The meeting on Tuesday, October 25, was cancelled due to a number of councillors being unable to attend.

Crs Jeff Strickson, Chris Burke, Craig Doyle, Jim MacFadyen and general manager Mr Peter Wilson were granted a leave of absence to attend the Local Government Association Conference on this day.

**Media Release, 14 Oct 2011  
Peter Wilson, Gosford Council**



## Your chance to win!

**Peninsula News and Sleepy Wings are giving three people the chance to win a baby sleepwear garment and one person the chance to win a sleepy wings comforter doll.**

The Sleepy Wings garments are each valued at \$29.95 and the pistachio Sleepy Wings comforter doll is valued at \$14.95.

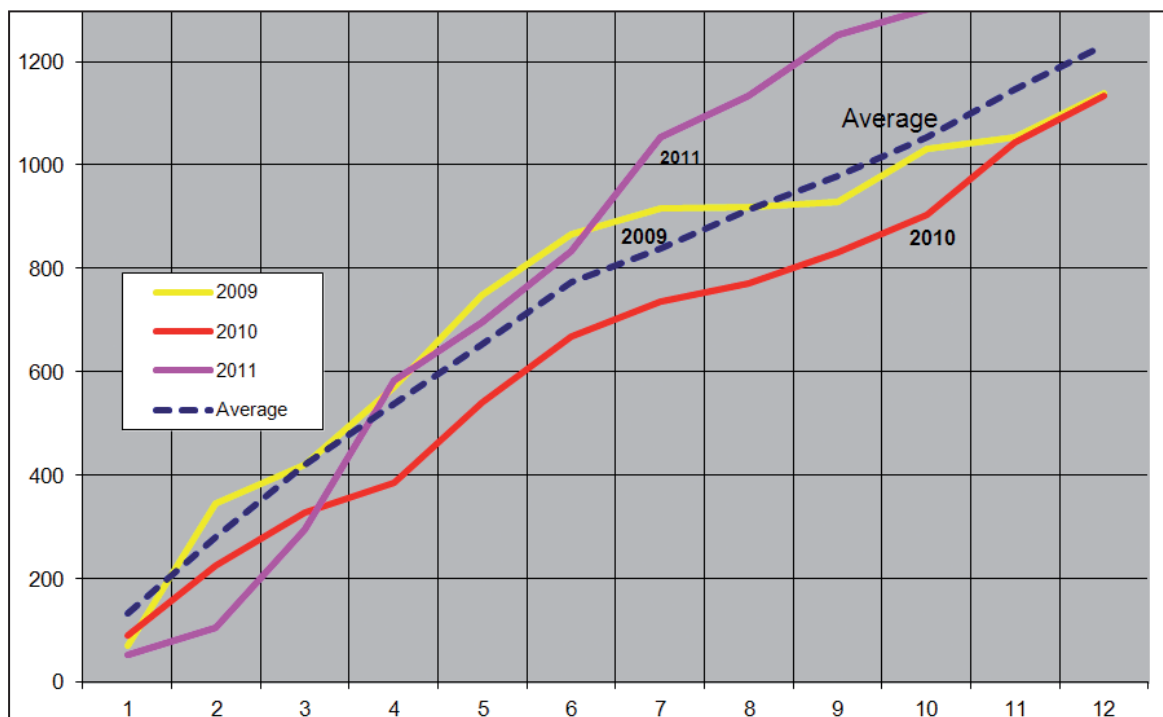
The Sleepy Wings swaddling jacket is designed for easy dummy retrieval, to stop babies from scratching themselves and to prevent wandering hands at feeding time.

To enter the competition, write your name, address and phone number on the back of an envelope and send to Peninsula News

Sleepy Wings competition PO Box 1056, Gosford, NSW, 2250, by the close of business Thursday, October 27.

The winners of last edition's Peninsula News BYO Coffee Cup competition were Margaret Milroy from Umina, Norma Cornwell from Wyoming, Allison Terrell from Woy Woy, Diane Davis from Patonga and Elizabeth Bennett from Woy Woy.

Kaitlin Watts, 14 Oct 2011



## Good rains continue

The Peninsula has received two thirds of the average rainfall for October in the first half of the month.

A total of 50.4mm was recorded in the first 14 days of the month, compared to the October average of 75.4mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

The rainfall brings the total to

date this year to 1301mm, almost 30 per cent above the average of 1053mm for the end of October.

The figure is also above the annual average rainfall of 1231.1mm.

Falls of more than 10mm were recorded on October 2 (13.5mm), 3 (17.7mm) and 8 (14.5mm).

Spreadsheet, 14 Oct 2011  
Jim Morrison, Woy Woy

## Peninsula directory of services, contacts and support groups

### Ambulance, Police, Fire 000

#### Emergency

Ambulance, Police, Fire 000  
Police Assistance Line 131 444  
Crime Stoppers 1800 333 000  
Woy Woy Police Station 4379 7399  
Energy Australia 13 13 88  
Gas Emergency 131 909  
Gosford City Council 4325 8222  
Marine Rescue NSW -  
Central Coast 4325 7929  
SES - Storm and Flood  
Emergency 132 500

#### Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515  
Aboriginal Home Care 4352 1153  
Drug & Alcohol rehab 4388 6360

#### Accommodation

Dept. of Housing Gosford 4323 5211  
Cassie4Youth 4322 3197  
Coast Shelter 4324 7239  
Pacific Link Com Housing 4324 7617  
Rumbalara Youth Refuge 4325 7555  
Samaritans Youth  
Services 4351 1922  
Youth Angle • Woy Woy 4341 8830  
Woy Woy Youth Cottage 4341 9027

#### Animal Rescue

Wildlife Arc 4325 0666  
Wires 8977 3333

#### Community Centres

Peninsula Community  
Centre 4341 9333  
Men's Shed Cluster Inc 0413 244 484

#### Counselling

Centacare: 4324 6403  
Relationship Australia: 1300 364 277  
Interrelate: 1800 449 118

#### Family and Relationships

Centacare  
Gosford 4324 6403  
Gosford Family Support  
Service 4340 1099  
Horizons (For men with  
children) 4333 5111  
Uniting Care Burnside  
Gosford 1800 067 967

#### Health

Poisons Information 131 126  
Ambulance Text Mobile 106  
Ambulance GSM 112  
Gosford Hospital 4320 2111  
Woy Woy Hospital 4344 8444  
Sexual Health @ Gosford  
Hospital 4320 2114  
After Hours GP Help Line 1800 022 222

#### Legal & Financial Help

Financial Counselling  
Service 4334 2304  
Tenants' Advice and Advocacy  
Service 4353 5515  
Woy Woy Court 4344 0111

#### Libraries

Gosford district:  
Umina Beach 4304 7333  
Woy Woy 4304 7555

#### Problems,

#### Habits & Addiction

Alcoholics Anonymous 4323 3890  
Narcotics Anonymous 4325 0524

#### Transport

Taxi 131 008  
Busways 4368 2277  
City Rail 131 500

#### Welfare Services

Gosford Family Support 4340 1585  
Meals on Wheels

Woy Woy 4341 6699

#### Department of Community Services

Gosford 4336 2400  
The Salvation Army 4325 5733  
Samaritans Emergency  
Relief 4393 2450  
St Vincent De Paul Society  
HELPLINE 4323 6081

## Woy Woy Community Media Assoc Inc 2011 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

## Peninsula News

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See [www.peninsulanews.info](http://www.peninsulanews.info) for all editions published

Editor: Mark Snell

Commercial operator:

Cec Bucello for Ducks Crossing Publications

Journalist: Kaitlin Watts, Kristen Burke and Elyse Gunner

Graphic design: Justin Stanley

Photographer: Naomi Bridges

Sales: Val Bridge

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd  
Convenor, Burrawang Bushland Reserve Committee  
President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-president, Brisbane Water Secondary College Umina Campus P&C

## Next Edition: Peninsula News 277

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#### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: [mail@peninsulanews.asn.au](mailto:mail@peninsulanews.asn.au), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

#### CONTACT US AT:

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Website: [www.duckscrossing.org](http://www.duckscrossing.org)



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# Holed cruiser rescued

**Volunteers at Marine Rescue Central Coast responded to a mayday call on Saturday, October 1, after they received a call from Water Police Marine Area Command at 5:30am.**

The mayday call came from a 6.5 metre timber cruiser that had four people on board.

It had taken in water in Paddy's Channel on Brisbane Water.

Volunteers Terry Reynolds and Mark Sheen had the rescue boat, Gosford 20, out by 6am and the crew quickly found the cruiser.

The men on board had been

heading out early for a day of fishing when they hit something that holed the cruiser.

The rescue boat crew rafted up alongside the cruiser and deployed a high volume diesel-powered pump which reduced and controlled the water level.

The cruiser was towed slowly to Gosford boat ramp with the pump still running to keep it afloat.

The owner arranged for a boat trailer to be ready to take the boat from the water for repair.

**Media Release, 1 Oct 2011  
Ron Cole, Volunteer Marine Rescue NSW Central Coast Unit**



Umina Men's Shed

Photo by Naomi Bridges

## Men's shed to start

**A new Men's Shed and community garden will be established in Umina following a meeting on Monday, October 24.**

The new shed would be a meeting place where men could gather to enjoy the company and friendship of other men, share information on DIY projects, everyday life skills, health and well-being and other topics of interest, according to convenor Mr Darrell Pannowitz.

A variety of tools and equipment would be provided to work on projects for woodwork, metalwork, computers, cooking and gardening, he said.

Next to the Men's Shed, a community garden will be built and maintained by members and volunteers.

Some of the garden beds are to be built up to allow easy access for the not so agile to potter and tend to growing plants of their choice.

The organisation is looking for

donations of any unwanted tools or machinery which can be used and enjoyed by shedders and gardeners for years to come.

For more information, phone Mr Pannowitz on 4341 2355.

**Online Submission, 21 Sep 2011  
Darrell Pannowitz,  
Umina Men's Shed**

# Trains will run a minute earlier

**Changes to CityRail's train timetable will come into effect on Sunday, October 23, with some changes affecting commuters travelling to and from Woy Woy.**

Changes that will affect Woy Woy commuters include the 6:14am Wyong to Central train which will depart stations between Wyong and Berowra one minute earlier.

All services to the city that currently stop at Cowan will also depart one minute earlier.

RailCorp acting chief operating

officer Mr Tony Eid said the changes were aimed at better meeting passenger needs.

"The changes are focused on improving capacity to better match passenger demand as well as creating a more efficient CityRail network," Mr Eid said.

"Changes for the Central Coast region include some earlier arrival and departure times, as well as additional stops at Wickham station in the off-peak on weekdays and weekends for those heading to and from Newcastle."

**Media Release, 4 Oct 2011  
Ashley Jarquin, RailCorp**

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Alice Ransom House

## Council house to be demolished

### Alice Ransom House in Ettalong will be demolished due to its poor condition.

Ettalong Beach Tourist Park will be offered a lease of the land upon which the council facility stands together with the adjacent land previously occupied by the Ettalong Progress Hall, which was destroyed by fire earlier this year.

A council staff report stated that the land could be used by the park to provide additional permanent housing sites within the park.

This would allow the rearrangement of facilities and

provide space for the park to provide new community buildings.

The report also stated that the lessee of the park intended to reconfigure the park and make community facilities available to the general community through a booking system.

A building assessment undertaken by Council staff found that the Alice Ransom House should be demolished as it was "in very poor condition, with a high criticality, and a number of components with a high potential to fail".

The building is currently

occupied by Break Thru People Solutions as a facility to provide youth training.

Council resolved that the occupancy agreement be terminated on June 30, 2013.

Break Thru is currently seeking alternative accommodation for its service and, according to the report, would vacate the building when a suitable alternative was found.

Gosford Council Agenda COM.21, 4 Oct 2011

Email, 4 Oct 2011  
Peter Wilson, Gosford Council Media

## Holstein reaches 20 years on council

### Cr Chris Holstein reached 20 years' service as a Gosford councillor earlier this month.

Gosford mayor Cr Laurie Maher paid tribute to Cr Holstein at the Council meeting of Tuesday, October 4, and gave him a

clock on behalf of the council to acknowledge the milestone.

Cr Holstein said it was time he moved on and made room for "new blood".

"When I made my commitment and was successful in the state election, I decided I should step down.

"I've loved it and enjoyed it and, 20 years on, I'm still learning new things every week.

"I'll miss it. It will be a sad day," said Cr Holstein.

Mayor Cr Maher said Cr Holstein has made a significant contribution to the Coast as a councillor.

"He has seen the face of Gosford City change during his time in Council and has been a part of major infrastructure projects for our area including the development of Bluetongue Stadium and the Peninsula Leisure Centre and also the surf club redevelopment

program – something which he was a strong advocate for.

"His support and dedication to these projects, among numerous others has been integral to their success and completion," said mayor Cr Maher.

"He has the honour of being the longest serving mayor in our Council's history, something deserved of such a committed and dedicated public servant.

"Cr Holstein will leave a legacy at Council and across our community and I have no doubts he will continue to build on that in his role as Member for Gosford.

"He has a real passion for the Gosford community and the people who live here – which is why he is continually working to assist the growth and development of our City," said Cr Maher.

Kaitlin Watts, 4 Oct 2011  
Interviewees: Cr Chris Holstein, Mayor Cr Laurie Maher

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## Betty Kircher dies

**Patonga resident Ms Betty Kircher died on Tuesday, October 4, at the age of 87.**

Ms Kircher, originally from Drummoyne, was the secretary of the Combined Pensioners and Superannuants Association (CSPA) Patonga Branch and had been for 25 years.

She was awarded life membership last year in recognition of her dedication and at her funeral she was honoured with the Silver Bough Award.

For many years, she was president of the Drummoyne Branch of the Civilian Widows Association and, after retiring to the Central Coast, became an active member of the Ettalong Branch.

"Betty will be greatly missed," said CSPA Patonga branch secretary Ms Diana Perlowski.

Email, 13 Oct 2011  
Diana Perlowski, CSPA Patonga

## Hairdresser opens second shop

**A Umina hair dresser has opened a second salon in Ettalong.**

Cuts on the Run opened in Umina in 2006 and provided full salon hair services including cutting, perms, colours, streaks and foils.

The new Cuts on the Run salon in Ettalong is located in a former general store, and is open Mondays, Wednesdays and Thursdays by appointment only.

The current owners, Dave and

Barbara Cumming have rebuilt the interior of the old shop but retained its old world character.

"The new Ettalong salon is modern and homely and will make client's new and old feel special in a one on one personal environment," said Ms Cumming, a former Australian and NSW champion hairdresser with 36 years senior experience.

Media Release, 14 Oct 2011  
David Cumming, Ettalong

## NSW business woman of the year

**Ettalong resident Ms Michelle Allen has won the Business Woman of the Year award at the 2011 NSW Business Women's Awards held at the Hilton Hotel in Sydney on Friday, October 30.**

Ms Allen was presented with the award for her web design company Webstuff.biz which is located in a commercial office in Erina.

She collected the award after having won an award for business services earlier in the night.

Ms Allen credited her staff for their web design work and thanked her clients.

The business has now received five business awards over the last three years.

As part of her Business Woman of the Year responsibilities, Ms Allen will visit business groups on the Central Coast.

She will address the Ettalong Beach Business Group on Wednesday, September 19, from 6pm at Aqua Vista, Umina, to discuss social media and how it can benefit business.

Ms Allen, a fitness and health enthusiast, said: "Getting myself healthy and fit has been one of my key strategies in business.

"I can focus more, be more productive and think clearly about



Ms Michelle Allen with her award

decisions.

"Things that took me ages to do can now be done so much quicker."

She said she loved the lifestyle at Ettalong because "it's so peaceful here".

"I love walking on the Esplanade and especially like the organic health community here".

Val Bridge, 6 Oct 2011  
Interviewee: Michelle Allen  
Email, 12 Oct 2011  
Michelle Allen, Ettalong



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Photo by Naomi Bridges

Pretty Beach preschool

## Recognised in industry awards

**A Hardys Bay building company has been recognized for the quality of its construction of Pretty Beach Preschool.**

It was named as a finalist in the MBA Excellence in Building Awards held at West Leagues in Newcastle on Friday, September 19.

Eastcoast Constructions Pty Ltd is owned and operated by Mr Alan Orchard who has been a local builder and resident of Hardys Bay for over 26 years.

Pretty Beach Preschool was a finalist in the category of Commercial Under \$1 million for Extensions and Renovations.

The theme created by architect Mr Milos Obradovic was to recreate the forest in the children's book *Where the Wild Things Are*.

To construct the building and keep with the theme, Mr Orchard was required to maintain some of the

existing building, use recycled timber from the part-demolition and use logs inside the building.

Mr Orchard has been involved in a number of community projects including Avoca Primary School and Mardi Community Centre as well as many new residential homes, villas, extensions and renovations.

"The competition was extensive and varied and ultimately won by a private hospital," said Mr Orchard's wife Ms Linda Emery.

"It was an honour to take part in the event.

"To be a finalist was a huge achievement and very rewarding as Alan sees the building on a daily basis in the local area where he lives and works and his nine-year-old daughter attends the adjoining primary school," she said.

Online Submission, 19 Sep 2011  
Linda Emery, Hardys Bay

### LJ Hooker Woy Woy

#### Great buying conditions drive market confidence

This spring is set to provide good buying conditions with strong listings reported here in **Woy Woy** and with extra benefits from the LJ Hooker 'Make The Most Of It' campaign.

Deciding on the right property to buy whether it is to be your home or as an investment can be the most important decision Australians make.

"It is a buyer's market, with more choice available than we have seen for a couple of years said local real estate agent **Linda Donovan** from LJ Hooker **Woy Woy**.

"Spring is here with plenty of properties to choose from so 'Make The Most Of It' with the LJ Hooker campaign that will help get you sold," said **Linda**.

As an added bonus this spring, between 15 September - 15 November 2011, we are asking Australians to share their tips on how to increase your property

value and be in the running for a share of \$10,000 for home improvements from LJ Hooker. Go to [www.ljhooker.com.au](http://www.ljhooker.com.au) to register your tip at Make The Most of It - the winner will be announced in late November 2011.

**Linda** said sellers are able to show off properties in their best light during spring with home improvements generally made over the cooler months.

"Spring is one of the best selling periods of the year as most properties look their best - lush trees and gardens and plenty of sunshine.

"My job is to assist customers make the best decision for their individual needs and here are a couple of tips to set you on your way this spring whether buying or selling your property.

"Firstly, research is the most important element when buying or selling a property.

"By regularly searching property websites such as [www.ljhooker.com.au](http://www.ljhooker.com.au), buyers and sellers are just a click away to finding out what is on the market, types of properties, the various price ranges and they get an understanding of asking prices," **Linda** continued.

"Research gives you the insight into the current market price for properties selling in your local area.

"Secondly, local real estate agents are a great source of information on the local market, prices and types of property available and someone for you to be in contact with about your specific needs. A good agent will contact you when they have a listing that fits your criteria or prospect buyers for your property," concluded **Linda**.

Visit [ljhooker.com.au](http://ljhooker.com.au) or contact **Linda Donovan** at LJ Hooker Woy Woy for information and assistance.

**Linda Donovan, Sales Consultant, LJ Hooker Woy Woy - 4341 2001**

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## Funds raised for Kenyan village

**A high tea and fashion parade will be held in Woy Woy at 2pm on Saturday, October 29, to raise funds to assist children and adults in Kisii, Kenya.**

The event will be used as a public launch for new organisation Skills for Life International which was formed to support those in need in Kisii.

Skills for Life International president Mr Jon McIlveen said funds from this event would go toward supplying a Toyota Troop carrier to the community.

"In this part of Kenya, the majority of people walk everywhere, so this vehicle will be invaluable for medical transportation and general use by the community as a whole," said Mr McIlveen.

"The vehicle will be maintained by FSM Ministries who run a school, Mango Tree Academy.

"This school is run by volunteer

teachers and has over 300 primary age children whose families have been affected by AIDs.

"We are privileged to have the tea which has come from Kenya, donated by Kenteco.

"As with any high tea, there will be plenty of scones, tarts, cakes and savories to go with the cups of tea.

"There will be other activities on the day: a guessing competition, and a display of hand crafted jewellery and artifacts from Kenya."

Other areas that the funding would contribute to include health and hygiene, agricultural training, a chicken and cow sponsorship program, the supply of solar lighting to eliminate the use of kerosene lights and financial support for the volunteer teachers.

Email, 13 Oct 2011  
Jon McIlveen, Skills for Life International

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## Umina could be better than Terrigal

Fran Adams (Peninsula News, October 4) stated that she doesn't want to see Umina Beach become the new Dee Why.

Why ever not?

I remember Dee Why in the 70s.

It was an ugly, rundown dump of a place.

Now it is a vibrant area where people want to go to.

Umina Beach has the potential to be the best place on the whole Central Coast.

### Forum

Its position is enviable. It has a gorgeous beach with wonderful views and it has loads of space to build in the CBD.

It deserves better.

If someone could just get adventurous with their planning, the traffic could be taken out of the main part of West St between Ocean Beach Rd and Trafalgar St and diverted through Wellington St, and we could have a pedestrian

mall, properly planted out, with classy street furniture.

Successful big businesses like Woolworths, Coles, Aldi and Bunnings don't build without strategic planning.

They can see the potential.

And correct me if I'm wrong but Umina also has the largest population of any suburb on the Coast.

Why should all these people have to travel to get to any decent shops?

Every time I go into the two main supermarkets they seem well patronised.

Terrigal's CBD was awful when I lived up here in the late 80s but now look at it!

Umina could be even better than that.

There's always room for small business.

What you have to realise, is that like in other places, in Sydney for example, the big businesses pull in people for the small ones.

They just have to adapt to the new marketplace.

Some of us want these changes. Umina is unfortunately already the "unloved Cinderella of the Woy Woy Peninsula".

But there's a move to shake off the down-at-heel, poor suburb reputation it has everywhere, and grow into what it should be and what its inhabitants deserve.

Email, 7 Oct 2011

John Blackhawk, Umina Beach

## Protecting council junkets

In reference to the "Junket" article (Peninsula News, September 19), it would appear that Gosford Council's Code of Conduct is there to protect the junkets and councillor's feelings.

Is there anything in the code

### Forum

that protects ratepayers from the councillors?

Grow up children.

Online Submission, 23 Sep 2011

Michael Penn, Umina

## New alignment needed for Woy Woy Rd

The idea of a Woy Woy Rd underpass at the bottom of Bulls Hill is another example of short-sighted thinking typical of Gosford Council.

It is obvious that the engineering of the Bulls Hill road is totally unsatisfactory.

If anyone doubts this, let them examine the condition of the safety railing which looks like a patchwork quilt of replaced sections.

If traffic volumes to the Peninsula are going to increase, as seems to be the intention, the hill will only become more dangerous than it is today, and there is no possibility of improvement along the present alignment.

What is needed is a completely new alignment that will provide a safe gradient and allow for a

### Forum

railway crossing - underpass or overpass - at a better location than Bulls Hill.

If engineers could design a freeway through the kind of terrain traversed by the F3 and provide an adequate access route from Kariong to West Gosford, a road diversion of the difficulty presented by Woy Woy Rd should be child's play.

So why isn't this being given some attention?

Given how long it will certainly be before any construction action eventuates, "shovel-ready" plans would be a prudent preparation for the day they can be implemented.

Email, 6 Oct 2011

Bruce Hyland, Daleys Point

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## Two important letters to Peninsula News Readers from Edward James, Umina

### Upstanding citizen Kay Williams pilloried by Gosford City Council

An important heritage committee member is being publicly pilloried by Gosford Council.

In regard to the Mill Creek fiasco, the road was re-aligned and the concrete bridge built while the process of proper investigation of an important heritage site on Mill Creek was still being looked at.

The very important old heritage road around the point to Pearl Beach, never completely out of service for walkers and bike riders, was dug up along half its width so that the original neglected retaining wall could be increased 10 times in size.

This prevented any push by local activists to re-establish the road one way for all the obvious benefits to emergency vehicles.

The Ferry Masters Cottage is gone because Gosford Council had no idea how to protect it.

Many of us will have read the front page of the Express Advocate where Kay Williams tells readers the council's Code of Conduct is being used to muzzle critics, along with the lengthy follow up in our local Peninsula News on page 4 on September 19.

Because Kay has done what so many of our councillors will not do, inform ratepayers about what's being done on our behalf, with our rates money Kay is being pushed off our Heritage Committee.

I believe holding a confidential meeting

followed by a vote in open council is wrong.

This dodgy move has all the hallmarks of other abuse of due process and a denial of natural justice.

The reasons behind Council decisions such as this are supposed to be in writing in accordance with the council Code of Conduct.

Kay Williams has asked a number of times in emails to Mr Terry Thirlwell and to Council to provide her with that written information, which council is relying on to denigrate a hard working, spirited and very knowledgeable member of our community in open council while making its August 23 resolution.

I believe my 10 councillors should be concerned about the amount of our public business which is conducted in camera.

It does not serve us well for council to keep insisting on "discussing difficult matters", when the result of not using the written word is no public record of what public business was resolved.

This is the council which was exposed for leaving over 800 thousand items of information off the mandated public records.

I want to know what our councilors Doyle and MacFadyen have acted on, because Council's agenda and its resolution may have defamed an upstanding member of our community.

I am not impressed by what I have been reading (Peninsula News, 19 Sep 2011) and Express Advocate 7 October.

It is testimony to the sad lack of any real bankable progress on the return of our important medical amenity.

Being told weeks ago through a media spin release about \$500,000 set aside for planning (exactly the same amount set aside for planning Hornsby Public Hospital) and "other irons being in the fire", I am toey.

We all saw the \$5 million promise used to buy voters' support.

I told Chris Holstein I would lay off him on the understanding that the Woy Woy Public Hospital Alliance would see their rehabilitation wards put back where they belong.

I have not forgotten how chummy Chris Holstein and Chris Hartcher were with the Labor apparatchiks who turned up to the Woy Woy Community Hall all those years ago.

I expect to be impressed with the zeal demonstrated by these elected reps to get the promised job done and done early!

Minister for Health Jillian Skinner, our local Minister Chris Hartcher and the Member for Gosford Chris Holstein should be supplying the Woy Woy Public Hospital Alliance members with progress reports

### Revised promises on rehab unit

well ahead of their party spin machine doling information out to main stream media.

After all, for most of the years, even before the formal creation of the Alliance, our community was fighting hard for the return of our important medical amenity.

We were pleading for coverage from the people running the Express Advocate who were telling us the rehab was a lost cause, nothing worth publishing.

Our Peninsula News helped thousands of us with the hard work.

I have not forgotten the way Liberal, while in opposition, were sucking up to NSW Health management and spin doctors.

The return of our rehab wards to our local hospital should have commenced the moment Liberal National Coalition got in.

Now we are being fed revised promises like so many others across the State of NSW who voted for change.

Edward James,

P.O. Box 3024

Umina Beach NSW 2257

02 4341 9140

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<http://gosfordcouncil.tripod.com>



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Health

# Free First Aid course

Hunter TAFE Central Coast and Peninsula Pace Program are offering aboriginal people the chance to complete their First Aid certificate for free.

The workshop will be held at Woy Woy South Public School from

Tuesday, October 18, until Thursday, October 20, from 10am-2pm.

For more information, phone Bobbi Murray on 0459 074 392.

Newsletter, 11 Oct 2011  
Kim Whealey, Woy Woy South Public School

# Weight release

A free New Body Wisdom seminar will be held at Woy Woy, on Saturday, October 22.

The seminar, presented by the practitioners at the Gnostic Healing Centre and The Clearing on Gnostic Corner, is part of a new weight release program.

The seminar aims to introduce a new holistic program to those who wish to attain the "best body".

With inquiries, phone 0401 800 269.

Email, 13 Oct 2011  
Lisa Butler, New Body Wisdom



Brianna Shaw and her father Steve

# Raising money for Ryde rehab

Bensville local Ms Brianna Shaw has begun a hike of the Great North Walk to raise money for the Royal Rehabilitation Centre in Ryde.

Ms Shaw said she decided to tackle the 250km trek from Sydney to Newcastle, starting on Saturday, October 15, after her father, of

Empire Bay, sustained a traumatic brain injury.

Mr Steve Shaw collapsed from his bicycle on December 11 last year as a result of the injury.

Ms Shaw said her father was moved to the Royal Rehabilitation Centre in January where, thanks to the efforts of Dr Clayton King and his team, he was able to regain his independence.

Ms Shaw said that before her father's injury she had not heard of the rehabilitation centre and had never considered what happened to patients once they left hospital.

"Due to this lack of awareness, I believe the Rehabilitation Centre Service is greatly undervalued, hence my reason for this walk," Ms Shaw said.

"Watching my dad start again from scratch has been the most incredible, heart-breaking and tough journey."

Ms Shaw said she cannot thank those at the Rehabilitation Centre enough for the time and effort they put into helping her father.

"The doctors and staff at the Rehabilitation Centre have given him life again," Ms Shaw said.

As well as undertaking the walk, Ms Shaw has organised a trivia night with all funds raised going to the Rehabilitation Centre.

The trivia night will be held on Friday, November 11, at Empire Bay School Hall and will begin at 7pm.

Letter, 29 Sep 2011  
Lorene Shaw, Empire Bay  
Email, 5 Oct 2011  
Brianna Shaw, Bensville

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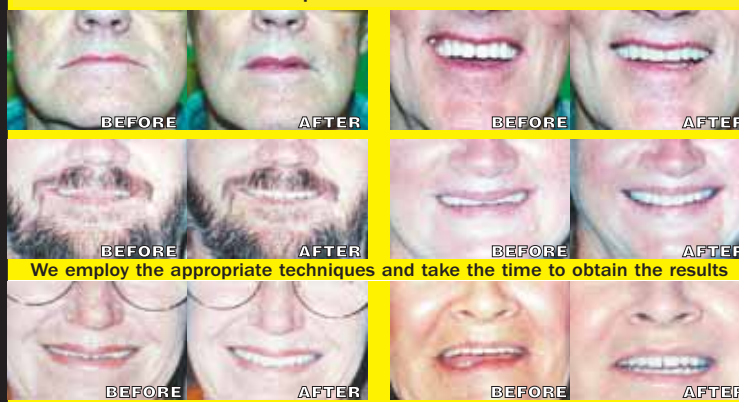


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October 2011



Kimberley Bates of CancerVoices Central Coast, Deborah O'Neill MP, Phyllis Thomas and Pat Harding – Committee Members from the Woy Woy Hospital Auxiliary, and Paul Tonkin, Chair Central Coast Local Health District.

## Deborah O'Neill MP • Health Update

### 20 sub-acute beds to revive Woy Woy Rehab



Woy Woy Hospital will receive 20 extra sub-acute care beds from the Federal Government to revive its Rehab facility.

"This is great news for the Peninsula," said Deborah O'Neill MP.

"I'm delighted that the Gillard Labor Government is providing \$9 million to establish the 20 beds and \$12.7 million to fund them through to 2012-2013.

"The reinstatement of rehab facilities at Woy Woy has been an

**"Absolutely wonderful."**

Phyllis Thomas, President, Woy Woy Hospital Auxiliary

issue I have pushed hard for at a federal level.

"I pay tribute to those in the community who have campaigned long and hard for this result

"These 20 beds will mean better local health care where we live and less time spent travelling for patients and family."

**"It's wonderful news for the people of the Woy Woy Peninsula."** Paul Tonkin Chair, Central Coast Local Health District

*Delivering better health care for the Coast*

### More money, more beds for the Coast

As part of its national health reforms the Gillard Government is delivering better health care for the people of the Central Coast.

- \$28.6 million for the Gosford Regional Cancer Centre
- \$7 million for a GP Super Clinic
- 16 new acute beds at Gosford Hospital
- 20 extra sub acute beds at Woy Woy Hospital

"People on the Peninsula deserve the best care possible and now they will be able to get it locally," said Deborah O'Neill MP.



If you need help with any Federal issue, please call Deborah's office on **4322 1922** or email **Deborah.O'Neill.MP@aph.gov.au**



**Education**



Noela Bell, Christine Teasall, Barbara Atkins, Maud Chrttenden and Amy Prick

**CWA donation**

**Members of Woy Woy Country Women's Association has presented a donation to Woy Woy Aged Care Centre as part of CWA Awareness Day.**

Woy Woy CWA branch president Ms Noela Bell said the money would be put towards purchasing an electric bed for the centre.

Following the presentation

of the donation on Wednesday, September 14, CWA members received a guided tour of the facilities and said they were impressed with what they saw.

The Woy Woy branch of the CWA will celebrate 80 years on the Peninsula in June next year.

**Letter, 3 Oct 2011**

**Noela Bell, Woy Woy CWA**

**sleep apnea & snoring**

**What is it?**

Basically, you stop breathing and stress the body. You don't get adequate sleep which can result in accidents, lack of concentration and lethargy. Snoring is a restriction of the throat and can indicate OSA.

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Chairman of St John (NSW) Peter Collins, Dr John Caska and Her Excellency Professor Marie Bashir

**St John awards medals**

**Two Peninsula residents were honoured at a ceremony held at Sydney University on Saturday, October 8.**

Ms Marty Van Der Wallen and Dr John Caska, both of Umina received a Medal for Services to St John Ambulance for 12 years of continued volunteer work.

Ms Van Der Wallen, 75, said she was "quite overwhelmed" by the award.

"It hadn't really sunk in until this week," she said.

Ms Van Der Wallen said she has been a member of the St John's Peninsula division for the last 10 years or more.

Dr Caska, also a member of the St John's Peninsula division, said his contribution was nothing

compared to the longest serving member who received a 47 year service medal at the ceremony.

"Mine pales in significance with that," said Dr Caska.

**Kaitlin Watts, 13 Oct 2011**

**Interviewees: Marty Van Der Wallen, John Caska**

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# In memory of Danielle

**Ettalong Public School held a fund-raising day for the Children's Cancer Institute Australia on Sunday, September 25.**

The day was held in memory of Danielle Joan Boothby who was born on February 12 and died on March 9 from a brain tumour.

Ms Brown said the staff at the Children's Cancer Institute Australia were "absolutely amazing to support me through this and I am happy knowing that the proceeds are going to this most worthy cause".

Ms Brown said this would not be her last fundraiser and she is currently planning an online auction and raffle.

"Without the bravery and strength Danielle showed in 11 days without food and fluids, I wouldn't be doing this today," said Ms Brown.

"I have her to thank for everything

"As a mother, I would do anything for my child.

"If Danielle was with us today, I would be doing everything I could to ensure she had a happy and secure life, great education, and anything else she needed.

"I would encourage her to do what makes her happy, and to follow her dreams.

"I would let her know that I was always there for her.

"But I can't take care of her like that, and never will be able to.

"Still, there is this overwhelming desire to look after her, to nurture her and the best possible way of doing that is to look after the future of other children," said Ms Brown.

Kaitlin Watts, 1 Oct 2011

Interviewee: Jennifer Brown

Email, 15 Sep 2011

Jennifer Brown, Ettalong



Overall Grand Champion and Supreme Exhibit on the Hoof led by Madison Guttridge with Breeder Mr Alwyn Kellehear

## Supreme exhibit in competition

**Brisbane Water Secondary College won the Supreme Exhibit at the Singleton Prime Stock Competition on Friday, September 16.**

Thirteen schools were represented by 117 head of cattle from 15 professional breeders and pastoralists.

The school took first place in both the lightweight and middleweight classes, led by Joshua Cottam and Luke Egan respectively.

Both of these prize winning

steers were bred by Mr and Mrs Peter McCredie of Umina.

First place in the heavyweight class also went to the college led by Madison Guttridge and bred by Mr and Mrs Alwyn Kellehear.

The heavyweight steer progressed to win Led Champion and then competed against the Unled Champion to win Overall Grand Champion and took out the Supreme Exhibit on the Hoof.

Students also competed successfully in the Parader's

Competition.

Allanah Norris placed second in the 14-year-old class and Madison Guttridge placed third in the 16 to 18-year-old class.

In the 15-year-old class, Joshua Cottam placed second and Rhiannon Laws placed sixth.

The college is now preparing for the Upper Hunter Beef Bonanza to be held at Scone at the end of October.

Email, 2 Oct 2011

Bruce Graf, BWSC P and C

## Credits in test

**Twenty-one students from Woy Woy South Public School from Years 3 to 6 participated in the University of NSW Mathematics test last term.**

According to relieving principal Ms Kim Whealey, they "have done themselves and the school proud".

Nine students were awarded credit certificates which put them in

the top 30 per cent of all students who sat the test.

These students were Claudio Lucini from Year 6, Zoe Sounness from Year 5, Nathan Munson, Holly Gaunt, Zackary Fowles and Jordan Caldwell from Year 4 and Massimo Lucini, Jack Jackson and Joshua Fisher from Year 3.

Newsletter, 11 Oct 2011

Kim Whealey, Woy Woy

South Public School

## Bric-a-brac

**Woy Woy South Public School will hold a bric-a-brac stall at Woytopia on Sunday, October 30.**

In keeping with the theme, the school will dell items that have

been handmade, recycled or naturally produced.

The school is requesting donations of items of this nature.

Newsletter, 11 Oct 2011

Kim Whealey, Woy Woy

South Public School

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# Out and About



## Sell-out season for Little Theatre

The world's longest running stage play, Agatha Christie's *The Mousetrap*, has sold out for every performance to be held at the Peninsula Theatre from October 28 to November 13.

The Woy Woy Little Theatre, however, has opened up its preview night on Thursday, October 27,

usually reserved for volunteers and will be selling tickets for \$10.

The tickets cannot be pre-booked and will be taken purely on a first come first served basis on the night.

The show will begin at 8pm with the box office open from 7pm.

Email, 14 Oct 2011  
Patrice Horne, WWLT



## Jazz in the arboretum

Jazz in the Arboretum will be held on Saturday, November 26, at the Pearl Beach Arboretum from 3pm to 5:30pm.

The event is the major fundraiser for the Rotary Club of Gosford City and was inspired by Opera in the Arboretum, another

Rotary fundraiser.

World class Australian jazz singer Grace Knight will perform with her band, as well as bi-lingual performer Emma Hamilton, who sings in English and French.

The Central Coast Grammar School Jazz band will also perform at the concert, to encourage local young people to attend.

Rotary Club member Ms Vicki de Carle said the club was trying to keep as much local involvement in the event as possible.

"The Rotary Club of Gosford City has been inspired to 'import' Grace and Emma, but all other aspects of the Jazz in the Arboretum are local," Ms de Carle said.

Ms de Carle also said the location of the outdoor concert offered the perfect opportunity for people to bring a picnic and enjoy nature and music at the same time.

"Combine the beauty of the Pearl Beach Arboretum, one of nature's hidden treasures, with world class music and you have the perfect Saturday afternoon," Ms de Carle said.

Email, 9 Oct 2011  
Vicki de Carle, Gosford Rotary

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## Choir seeks new members

**The Frantastics Choir is seeking new members.**

The choir meets each Monday from 1 pm to 3 pm at the Walter Baker Hall on the corner of Blackwall and Victoria Rds, Woy Woy.

Afternoon tea is served in the middle of each session.

No auditions are necessary and

the choir includes a number of men.

"If you enjoy singing and have favourite songs, then this is another group which would welcome you," said choir leader Ms Fran Kendall.

"Simple moves are set to some of the songs so there is physical as well as vocal exercise as well with lots of laughter and friendly faces.

"We perform on request for nursing homes, retirement villages and charities as well as Laycock St Theatre."

Members come from all over the Central Coast and transport is usually available for those without cars.

Email, 6 Oct 2011  
Fran Kendall, Woy Woy

## Woytopia celebrates green living

**Woytopia is scheduled for Sunday, October 30, at Woy Woy South Public School as a celebration of green living, music and arts.**

Gates will open at 9:30am with a breakfast which will include vegetarian foods, organic cakes, a barbecue and fair trade coffee.

An Indigenous smoke ceremony will be held with Gabby Duncan at 9.45am, followed by the local Indigenous Ganang Spirit Dancers.

The event will include a diverse line-up of music and dance, including Latin jazz with Ricky Vargas and Dimirtri Vouros, the ABC award winning Dr Goodvibe, Indian Dance workshops and performance with Jita, the Tangeloes choir from Ettalong,

and a Drumbala school and drum circle.

Children's activities will run all day and will include bush tucker and native animal shows, rides, face painting, soccer, henna and a creative Steiner-based playroom for children under five.

Visitors will have the chance to learn about solar cooking, organic gardening and growing your own vegetables, as well as about the work of local green organisations.

Woytopia will also include stalls with food, clothes, a fair trade coffee van and solar power.

A raffle will be held on the day with a double season pass and camping at the Peats Ridge Festival awarded as first prize.

Email, 30 Sep 2011  
Ylenna Zajec, Woytopia Committee



# Just gets better

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# Out and About



Sylvia Fullerton and Pam Bradwell selling raffle tickets

## Sale raises record amount

The ninth biennial Pearl Beach Craft Exhibition and Sale was held over the long weekend of October 1 and 2.

Large crowds visited the Pearl Beach Memorial Hall, despite heavy rain on the Sunday, with a record amount of \$6000 raised by

the Pearl Beach Craft Group.

Funds were shared between Medecins Sans Frontieres (\$3000), The National Stroke Foundation (\$1200) and Scleroderma Australia, as well as the local Rural Fire Service and the Pearl Beach Progress Association for its newly constructed hall deck.

A raffle was also held at the event as part of the fund raising with first prize, a handmade quilt, awarded to Phil Gordon, second place, an antique doll, to Sonia Redell, and third and fourth prizes, both two for one zoo entries, were won by Richard Bridel and Benjamin Haynes respectively.

The separate raffle of a doll's house was won by Ms Margaret Lynn of Coal Point.

Media Release, 10 Oct 2011  
Bev Lapacek, Pearl Beach Craft Group

## Centre promotes blood donation

The Peninsula Leisure Centre is taking part in the Red Cross Gyms Challenge which encourages gyms across Australia to promote blood donation.

Peninsula Leisure Centre health and fitness instructor Ms Nada Taylor said the centre had always been involved with the Red Cross. "I have been involved in organising Gosford Council staff members to donate on a regular basis," said Ms Taylor.

"We have a Red Cross courtesy bus pick up staff from our work centres and drive them to a relevant location for donations every 12 weeks.

"As our gymnasium is part of a

community-based leisure centre, we thought it would be good to get our members involved in the Gyms Challenge.

"All the members have to do is to fill out their details and put them in a ballot box within the gym and the Red Cross will contact them with an appointment time.

"The most donors from any one gym will win the challenge," said Ms Taylor.

The centre will also hold two walks to Woy Woy Hospital from the centre on Monday, November 14 and Tuesday, November 15, to promote the initiative.

Email, 13 Oct 2011  
Nada Taylor, PLC

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## Residents raise \$4000

Residents of St Huberts Island gathered for Rocktoberfest on Monday, October 3, and raised funds for the rescue helicopter service.

Hosted by Neville and Marilyn Smith, more than \$1000 was raised through donations and a raffle, with prizes donated by local businesses.

Entertainment on the day was donated by Dave Greville and The Jitterbuggers.

Media Release, 6 Oct 2011  
Ron Spratt, St Huberts Island Residents Association

Check out these great deals at **KFC Woy Woy**

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## Author talks on weight loss



Sandy Brocking

**Woy Woy library will host a talk by author Ms Sandy Brocking on Friday, October 28, at 10:30am.**

Ms Brocking is the author of *Think Smart and Lose Weight*, a book about how to make small changes that contribute to weight loss and an overall lifestyle change.

Ms Brocking said *Think Smart and Lose Weight* was not a diet

book but a guide for people with diet related issues who wanted to lose weight and were serious about keeping it off.

She has worked as a nurse in hospitals around the world for more than 17 years and has had experiences with patients suffering from illnesses caused by obesity and unhealthy lifestyles.

She said she had also had first-hand experience of weight loss

having been heavily overweight herself.

It is Ms Brocking's own story that is behind the health plan presented in the book.

Ms Brocking also publishes a blog with weight loss tips for her readers.

Email, 5 Oct 2011  
Sandy Brocking, *Think Smart and Lose Weight*

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She is recovering from this serious illness by following these health principles. Karen now seeks to impart knowledge of these health principles and shows how putting those into practice will enhance the recovery from many diseases.



**Information Day Sunday 23rd October 2:00pm - 4:00pm**

**Series commences 11:30am-2:30pm on:**

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- Sunday 6th November - "Sunshine" & "Rest"
- Sunday 13th November - "Air" & "Exercise"
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# Out and About



Umina Beach from Mt Ettymalong

## Paintings of local beaches

Paintings of Patonga, Pearl Beach, Killcare, Putty Beach and Umina will feature in an exhibition called **Coast to Coast** by Bateau Bay painter Mr Neale Joseph.

The paintings are set to appear in the exhibition from October 22-23 at the 460 Gallery in Green Point and from October 24 to November 14 at Neale Joseph Galleries in Kincumber.

The exhibition will include paintings from every beach on the Central Coast in a collection of 50 original works.

"I wanted to create an exhibition that pays homage to my beautiful home," said Mr Neale.

"Each painting aims to capture the essence of our unique coastal lifestyle."

Mr Joseph has dedicated the Coast to Coast exhibition to his late father Arthur Bowden Knight.

Media Release, 12 Oct 2011  
Daniel Drysdale, Brilliant Logic

## More glasses are wanted

**A business in Woy Woy which has collected over 500 pairs of prescription glasses for Lions Australia's Recycle for Sight program is asking for further donations.**

Simplicity Funerals in Woy Woy has asked residents to donate their old glasses as part of World Sight Day.

World Sight Day is an international day of awareness held by the World Health Organisation to focus attention on the issue of

avoidable blindness and visual impairment.

The organisation has estimated that 284 million people worldwide are visually impaired, of whom 19 million are children.

The donated glasses are sorted, cleaned and classified by prescription by volunteers in preparation for delivery to the areas where they are needed most.

Media Release, 6 Oct 2011  
Sara Elridge, Senior Agency Australia



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## Christmas boxes

**Woy Woy South Public School has delivered 49 filled Christmas Boxes to the Samaritan Warehouse in West Gosford.**

The boxes were accompanied by a cheque for \$474.90 which was raised at the school's mufti day in term two.

Project coordinator Ms Marijke Saunders said the cheque not only covered the postage for

each box to go overseas, but the manufacturing of the boxes themselves, as well as a small donation.

"A special commendation needs to go to some classes in Kindergarten to Year 2 who bought many extra things, which helped to fill the gaps in other boxes."

**Newsletter, 11 Oct 2011  
Kim Whealey, Woy Woy South Public School**



photo by Ken Grosse

## Ukelele group starts

**A ukulele group is now available for Peninsula residents as an extension of the Troubadour Folk Club with the next meeting to be held on Monday, October 31.**

The group meets once a month, usually on the fourth Monday, at Everglades Country Club to share a meal from 6pm with a 7pm start.

"It has been an exciting addition to our group to expand our genre of music to include the fast growing love of ukulele music," said

organiser Ms Marilyn Russell.

"The Troubadour is able to offer this group as a free service to the residents of the Peninsula with only a small charge to cover the cost of supplying the music," she said.

Ms Russell said beginners were more than welcome to come along and try their hand at playing the ukulele.

"It is reasonably easy to play this little instrument and very affordable," said Ms Russell.

"We even have some ukuleles

available if people want to come and try their hand at playing before they decide if they can do it.

"This is an activity that all the family can be involved in together.

"Some of the group has also started meeting twice a month at Umina and hope soon to be able to visit the local dementia care cottages at Woy Woy to put some music and enjoyment into the lives of its residents," said Ms Russell.

**Media Release, 14 Oct 2011  
Marilyn Russell, Umina**

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**Forum**

# Rehabilitation unit announcements welcome

I welcome the news that the State Government has committed some \$5 million to re-open Woy Woy rehab unit, honouring an election pledge.

It has been over three years since a committee was formed to fight the closure of the unit in which the community was given no say, even though it was an important Central Coast facility and had been partially funded over the years by the community.

The Woy Woy Public Hospital Alliance has met regularly once a month over that period and has

**Forum**

had between 20 to 50 attendees at each meeting which shows that the community was not going to let rehab close without a fight.

The Member for Gosford Chris Holstein and new Health Minister Jillian Skinner supported us strongly over those three years and urged us not to give up, despite being told at a public meeting by a local candidate that the unit would never re-open and get over it.

Those involved in the fight to keep the rehab unit open also believed that, rightly or wrongly,

there was an agenda to close Woy Woy Hospital and sell off the land.

This week's announcement that not only will the rehab unit be reopened but an extra \$9 million will be allocated to 20 subs acute beds for the Woy Woy Hospital by the Federal Government has allayed those fears and has provided much needed new sub-acute beds for the Peninsula.

I and the members of the Woy Woy Hospital Alliance look forward to seeing the new facilities reopened in the next 18 months.

Email, 14 Oct 2011  
Bob Mudge, North Gosford

# Job well done

**Forum**

On behalf of the members of the Endeavour View Club and family members of the Late Audrey Dominello, I would like to thank you for publishing the article about the death of Audrey in your latest publication (Peninsula News, October 4).

It was particularly good for me to send the paper to her family as they are scattered around the Central Coast and in Sydney

and would not have received the Peninsula News paper to see her tribute.

It was also good for former members to see the article as a lot of them would not have known about Audrey's passing.

Congratulations on a job well done.

Email, 6 Oct 2011  
Viv Donovan, Endeavour View Club.

# McDonald's is not wanted

I totally agree with Maree Smith's sentiment about McDonalds in Umina (Peninsula News, September 19).

It isn't wanted. It's a scar on the landscape.

**Forum**

It supports "fast food" habits and it will clash with the interesting and varied cafes and restaurants which have established themselves in the past few years.

By the way, I notice whenever I see rubbish thrown out of a car onto the road it is invariably a McDonalds bag!

Make your concerns known to Gosford Council to stop this.

Online Submission, 8 Oct 2011  
Sheelagh Noonan, Umina

The last time Bulls Hill was in the news in a big way was when the road collapsed due to undermining.

But sometime before September 2, there was another close call when almost 30 metres of the Arcco railing was destroyed by an out of control vehicle.

We can only be thankful no pedestrians were using the goat track outside this railing to access the Bays communities, as their lives would have been in peril.

It has been almost a month and the best the council has been able to do is put up some orange barrier mesh and wait, even though

residents of the Bays have quite a lot of political clout!

Email, 27 Sep 2011  
Edward James, Umina

**Forum**

Letters to the editor should be sent to:  
Peninsula News  
PO Box 1056,  
Gosford 2250 or  
mail@peninsulanews.asn.au  
See Page 2 for contribution conditions

# Macca's won't benefit anyone

I would be interested to know how a Macca's on the corner of West and Ocean Beach Rds will be a positive to anyone except McDonalds.

Who will fix the traffic congestion?

Who will clean up the discarded rubbish?

Who will benefit with permanent employment?

**Forum**

Last time a McDonalds came to town our Council changed the traffic route from Blackwall Rd to Charlton St, so if you wanted to leave Woy Woy you had to go past those magical golden arches.

It's a shame Council doesn't listen to the voters as they do to Macca's management.

Put it in Terrigal I say!  
Online Submission, 4 Oct 2011  
Mark Waters, Umina

# Where will the traffic go?

What traffic controls will be put in place if the proposal of a McDonalds in Umina goes ahead?

We have congestion problems already at the intersections of West St, Ocean Beach Rd and Wellington St.

West St is a bottle neck at peak times of the day.

Online Submission, 20 Sep 2011  
Vanessa Fordyce, Umna



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**DATE:** Wed 19th October 2011  
**COST:** \$35 - 2 Course meal  
**TIME:** 6.30pm for 7pm  
**PLACE:** Acquavista Restaurant 345 Trafalgar Ave Umina Beach  
**TICKETS:** RSVP and pay for tickets by Tuesday 18th October.

Bookings and payments taken at restaurant or phone ph:43431044 and at That Swimwear Place 261 Oceanview Rd Ettalong

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# Deborah O'Neill MP

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**Deborah O'Neill**  
Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.



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# Geology of the Bouddi Peninsula

**The Bouddi Peninsula has a long history of change: rock formation, rock breakdown, soil deposition and re-formation of new rock.**

While the Bouddi Peninsula is at present bordered by the ocean, this stretch of land was at one time 10-15 km inland.

About 200 to 290 million years ago, there were creeks and rivers carrying sediment and depositing it as they came closer to the sea, laying the basis of the present sedimentary rock.

There would have been lakes and lagoons, surrounded by vegetation and inhabited by animals and birds.

An uplift of the land on the east coast of Australia began and these sediments slowly became the rocks of the Bouddi Peninsula.

Sandstone formed from sand deposits, shale from mud and silt, conglomerate from mixtures of pebbles and sand and mud.

All of these had been deposited by the flow of water down creeks and rivers, having been broken from rocks higher up and further inland.

The rocks we see on an exposed cliff on our coast have been remade from earlier rocks, eroded and broken down and moved, sometimes from far away.

They are called sedimentary rocks, because they have been formed from sediment.

The sandstone, which is found at the tops of our hills, is known by geologists as Hawkesbury Sandstone and the other layers underneath together form the Gosford and Terrigal Formations: shale, softer sandstone, and ironstone, which is sandstone mixed with clay and some conglomerate.

The rocks that are now in existence here are in turn continually being broken down due

to the action of water and wind, heat and cold, and are the basis of our soils: sand, loam and iron rich laterite.

These soils, in their turn, influence the type of vegetation that is able to grow here.

The vegetation then supports animals, including the many insects that we rarely notice, unless they are attacking us like the mosquitoes do.

The vegetation and the animals, including those from the sea, were able to support the first humans who inhabited this area.

About 19,000 years ago earth's climate became warmer, causing the melting of the polar ice caps and a rise in sea level resulted.

As this happened, the sea flooded into the river mouths and valleys and further eroded their shores.

So inlets like Brisbane Water were formed.

The very thing that millions of people on earth are now fearing might happen in the future has indeed happened in the past.

The earth has warmed up, melted the icecaps and the sea level has risen.

As it rose the waves began their work again to break down the sedimentary rocks along the shore.

The formation of rock shelves here and all along the coast of NSW set up a wonderful habitat for many marine animals.

Special rock features like tessellated pavements, which can be seen on the coastal walk from Putty Beach to Bullimah Beach, are formed by the shrinking and swelling of clay.

When clay becomes wet it swells and it shrinks again when dry.

If you have a brick house built on clay soil with inadequate foundations, you will know all about this action, as cracks appear



*Tessellated pavements seen on the coastal walk from Putty Beach to Bullimah Beach formed by the shrinking and swelling of clay*

in your walls.

Geological time is very long compared to our short lifetimes and most of these geological happenings have been a long time in process.

When I look at the tessellated pavements, I am seeing "geology" in action.

Uplifting of the land has continued and we now have a quite spectacular coastline of headlands, rock platforms, bays, beaches, dunes and lagoons.

Because the underlying rocks are sometimes softer than the uppermost Hawkesbury Sandstone, caves have been formed and these provided shelter to animals and birds and earlier human inhabitants.

Laterite, the soil found at Killcare Heights, is another interesting feature of the area. It has been formed over the millennia as the surface sandstone has been weathered, decomposed and chemically leached of its silica (sand).

It is red, soft and crumbly, but it becomes extremely hard when exposed to the air, forming solid boulders.

Laterite is neither a mineral nor a complete soil.

It has been used locally for making bricks to build houses.

The Anstices House is one example of the use of laterite to build an attractive house.

The Landscape that is now such an attractive feature of the Bouddi Peninsula, is a result of all these past geological happenings and of human intervention into the geology.

**Bouddi Peninsula History Project 2010**

David Dufty, The Bouddi Society Inc

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LARGE RANGE OF FRESH, FROZEN OR DRIED MEAT PRODUCTS FOR YOUR DOGS AND CATS. VARIED RANGE OF CAGED AND WILD BIRD SEEDS, CHOOK FOOD, RABBIT, GUINEA PIG, REPTILES, RAT & MICE FOOD, KOI CARP, GOLDFISH & TROPICAL FISH FOODS. **RING FOR LIST**

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Dog Food (Fresh and Packaged)  
Treats and Toys  
Snooza Bedding (Free repair service)  
EzyDog Collars and Leads  
Flea, Worm and Tick Control (monthly packages) and so much more

**Free Delivery to the Peninsula Area**

(6 days a week)

Personalised Service

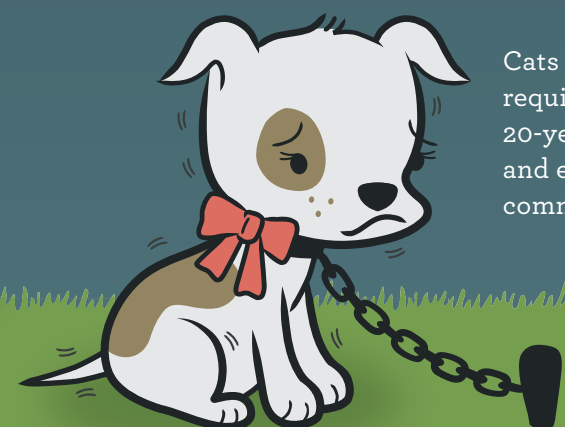
"...for the heartbeat at your feet..."



**4342 5755**

# WHAT DID I GET FOR CHRISTMAS?

**A CHAIN IN THE BACKYARD.**



Cats and dogs require a 10- to 20-year financial and emotional commitment.

Please, don't buy animals as presents.

**PETA**



# Directory - Not for profit Community Organisations

## Animal Care

### Animal Welfare League (ADS)

is a nfp org giving aid and financial assistance to sick and injured animals and finding homes for surrendered dogs.  
Meet 2nd Tues, Spike Milligan Room Woy Woy Library, 10am.  
Debra 4344 4435  
awcentralcoast@virginbroadband.com.au

## Art

### Ettalong Beach Art & Crafts Centre (287)

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes  
Mon - Sat  
10am - 3pm  
4341 8344  
info@ebacc.com.au

### Central Coast Art Society (284)

Meet for lectures, demonstrations and discussion. Weekly paint-outs ea Tues 4369 5860. Workshops 9.30am 1st & 3rd Wed Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed for demonstrations 4325 1420  
publicity@artcentralcoast.asn.au

### Hospital Art Australia (284)

Meet every Friday 9am 2pm - 109 Birdwood Ave, Umina - Painting and Canvas drawing  
Volunteers welcome  
4341 9920

## Community Centres

### Peninsula Community Centre (265c)

**Cnr Ocean Beach Rd & McMasters Rd Woy Woy**  
**Child Care** - Before & After School, Vacation, Family, Day & Occasional  
**Children, Teenagers & Adults** - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support  
**Children** - Little Kickers, Indian Dance, Playgroups, KindyGym,  
**Teenagers** - "The Web" Youth Support Services.  
**Adults** - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.  
**Counselling** - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.  
**Over 55's** - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc,

Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.

### Function & Meeting Rooms

for 2 to 500, catering facilities avail.  
www.pccinc.com.au  
4341 9333

### Ettalong 50+ Leisure & Learning Centre (287)

(formerly Ettalong Senior Citizens Centre)  
Mon - Fri  
Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts  
4341 3222

### Gosford 50+ Leisure and Learning Centre (287)

(formerly Senior Citizens) (287)  
Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class  
4324 4749

## Community Groups

### AACC COMPUTER CLUB Inc. (291)

www.aacc.asn.au  
Help with all Computing problems - Program demos + Q&A sessions 7pm to 10pm  
2nd & 4th Wed - Windows - 3rd Wed - Linux - Narara Valley High School - Supper provided  
Day 'meet & greet' - 12.15 - 3.15pm 3rd Tuesday of month - East Gosford Progress Hall 10 Henry Parry Drive - (cnr Wells St) - Afternoon tea provided  
secretary@aacc.asn.au  
4362 1918

### ABC (284c)

"The Friends"  
Support group for Public Broadcaster. Aims: safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons  
Well-known guest speakers  
Ph. 4341 5170

### Beachside Family Centre (287)

School-based community centre for families with children from birth to 8 years old. Offers a range of group programs and community activities  
4343 1929  
Umina Public School Sydney Ave

### Bridge (286c)

Tuesday 12.15pm is a friendly game without pressure. We play

Duplicate Bridge Mon Thur Fri Sat at 12.15pm and Wed 9.15am and 6.45pm  
Brisbane Water Bridge Club

Peninsula Community Centre  
93 McMasters Rd. Woy Woy  
www.brisbane-water.bridge-club.org

### Cash Housie (269c)

50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish.  
www.cashousie@hotmail.com

### Central Coast Handweavers, Spinners and Textile Arts Guild Inc (286c)

Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts  
Workshops and Community quilting bees  
Day and Night Groups  
4325 4743  
www.thecottage.org.au

### Hardys Bay Residents Group (271c)

Working for a positive & Healthy Environment in our Community  
allanbw@bigpond.com

### The Krait Club (270c)

Community Centre - Cooina Village, Neptune St, Umina  
10.30am Open to senior members of Woy Woy/ Umina Community  
Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips  
4341 0698

### Mary Mac's Place (287)

Providing hot, freshly cooked meals  
Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.  
marymacs@woywoycatholic.org.au  
4341 0584

### Northern Settlement Services (282)

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre  
93 McMasters Road Woy Woy - 4334 3877

### Probus Club of Umina Beach (81/298)

Friendship, Fellowship and Fun  
Advancing intellectual, cultural and social interests among active retirees (Men and Women) 55yrs plus  
Non Political and Non

Sectarian  
2nd Wed every month, 10am, Everglades Country Club  
uminabeach@probusclubs.com.au  
P.O. Box 443 Woy Woy

### Umina Beach Scrabble Club (277)

For all levels and ages  
Every Wed  
9am - 12pm, relax and enjoy a cuppa while you play Scrabble  
322 West St (Rubys)  
Umina Beach NSW 2257  
4341 4859

### Volunteering Central Coast (270c)

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. Offer regular general info sessions at Woy Woy.  
sharanpage@volunteeringcentralcoast.org.au  
4329 7122

### Wagstaffe to Killcare Community (285)

Work to protect and preserve the environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds  
2nd Mon, 7.30pm at Wagstaffe Hall  
4360 2945  
info@wagstaffetokillcare.org.au

## Disabled Services

### Riding for the Disabled (282c)

Horse Riding as a therapy for those with intellectual or physical disabilities  
Volunteers always required  
No Previous experience Necessary - School hours only - Mon to Sat  
4340 0388  
stateoffice@rdansw.org.au

## Environment

### Peninsula Environment Group (287)

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group  
www.peg.org.au

## Health Group

### Arthritis NSW (267c)

Meeting 3rd Tues  
Community Centre, Corner McMasters Rd and Ocean Beach Road,  
Woy Woy - 4341 5881

### Overeaters Anonymous (OA) (247c)

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins.  
Peninsula Corn. Cntr, cnr,

Mc Masters Rd & Ocean Beach Rd. Woy Woy, MTG Room 5  
Fridays 7:30- 8:30pm  
www.oa.org  
0412 756 446

### Woy Woy Stroke Recovery Club (67/278)

Peninsula Community Centre  
2nd Tuesday monthly 11.30am  
Light lunch avail  
Company, up-to-date information  
Hydrotherapy, bus trips  
4342 1316

## Marine Rescue

### Central Coast Unit (287)

Marine Education Courses:  
Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology.  
Boat Licence Testing on one Sat ea month  
4325 7929  
www.coastalpatrol.org.au  
pr.centralcoast@marinerescuensw.com.au

## Music

### Central Coast Concert Band (288)

Meets every Tuesday 7:15pm till 9:30pm  
new members welcome. Community playouts with four concerts a year at Laycock St Theatre.  
0407 894 560

## Service Clubs

### Rotary Club of Umina (269c)

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad.  
Everglades Country Club  
Weds 0409 245 861.  
curleys@ozemail.com.au

## Sport

### Woy Woy Judo Club (287)

The most fun you can have indoors  
Kids Classes - \$5  
Fri 5.30 6.30pm  
6 14yrs  
Adult Classes  
Tue & Fri 6 8pm  
15yrs+ - First Lesson Free  
4 Week Trial  
Ettalong 50+ Leisure and Learning Centre  
0434 000 170  
www.wwic.org.au

## Political Group

### Australian Labor Party

Umina Ettalong Branch (293)  
Political Discussions concerning National, State and local government issues  
2nd Mon at Umina Beach Bowling Club 7.30pm  
4341 7323

## Veterans

### N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia (277)

Meet 1st Sat (except January).  
2pm Ettalong Beach War Memorial Club  
51-52 The Esplanade.  
Looking for more veterans, all welcome - 4342 1107

### Vietnam Veterans', Peacekeepers' and Peacemakers' (284)

Assist all Veterans and their families with pension & welfare matters.  
Drop in.  
Cnr Broken Bay Road & Beach Street Ettalong.  
Mon & Wed 9am-1pm  
4344 4760  
vietvetsgosford@bigpond.com

### Woy Woy Ettalong Hardy's Bay RSL Sub Branch (79/297)

New members required, help with pensions and welfare etc.  
Shop 5/382 Oceanview Road Ettalong  
Open Tuesdays & Thursdays 9am to 1pm  
4341 2594

## Women's Groups

### Country Women's Association Woy Woy (284)

Friendship Mornings  
1st and 2nd Wed 10am  
Meetings 4th Wed 10.30am - 4324 2621

### The Endeavour View Club, Woy Woy (287)

Luncheon, 1st Mon at Everglades Country Club, commencing 10.30am. New members welcome. Friendship Social days, 3rd Wed Uniting Church Hall, Picnic Pde Ettalong, 10.30am. Coach trips avail, (men welcome to travel).  
4341 2559

### Gosford RSL Sub-Branch

**Women's Auxiliary (272)**  
Invitation to women over 18 years to join our organisation  
We raise money for the welfare of veterans and their families in our district  
RSL Club West Gosford  
4th Mon 2pm  
4323 7336

### Peninsula Women's Health Centre (285c)

A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy  
4342 5905  
Wed and Thur 9.30am 3pm - 20a McMasters Rd, Woy Woy www.ccwhc.com.au





## Artist wins cricket prize

**Woy Woy artist Joseph Rolella is \$20,000 richer after he won the 2011 Cricket Art Prize with his painting Cricket at Kandahar.**

Just over 200 artists submitted a painting for the Cricket Art Prize competition, in which 40 finalists were selected.

Artists were asked to depict life in and around the game and sport of cricket, in settings of beach, backyard, street and local club cricket.

The painting, Cricket at Kandahar, a 120cm x 180cm oil painting of Australian soldiers playing cricket in front of a Black Hawk helicopter, was selected from 40 finalists as the winner of the third annual prize at the Sydney Cricket Ground on Thursday, October 6.

Mr Rolella, 39, has been a

finalist in the competition each year since the prize's inception in 2009.

Prize organiser Mr Derek Zilich said the judges chose his work for its themes of universality.

"Joseph's work was selected because it shows that whatever is happening in the world – war, peace – there's always a game of cricket going on somewhere... it represents something that transcends politics; something over and above the machinations of war.

"It's also a damn good painting," said Mr Zilich.

Rolella, who studied at the University of Western Sydney and has been painting professionally since the mid-90s, said he created the work with a big moment in mind.

"(Australia's involvement in)

war-torn Afghanistan is very topical, and I wanted to use cricket as a way of representing that sense of unity," said Mr Rolella.

"I wanted to create something really dramatic.

"Cricket is a sport that brings people together.

"And I have a lot of respect for soldiers out there."

The award was Rolella's first big win as an artist, and he said it couldn't have come at a better time.

"Living off your art when you have a young family is not easy, especially in these times," he said.

"Winning just gives that little kick along; the feeling that, yes, you're on the right track."

Mr Rolella's works can be purchased at Aeon Arts in Sydney.

**Press Release, 7 Oct 2011 Website, Cricket Art Prize**

# Charity Barometer 2011

**The Peninsula community is renowned for its generosity.**

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every year.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current calendar year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

# \$165,477

\$1000  
\$107  
\$20,000  
\$2000  
\$3000  
\$500  
\$1262  
\$4000  
\$4400  
\$2000  
\$5000  
\$1000  
\$635  
\$2500  
\$43,305  
\$270  
\$810  
\$500  
\$3812  
\$1407  
\$162  
\$3000  
\$5000  
\$12,888  
\$739  
\$777  
\$571  
\$3200  
\$4000  
\$3514  
\$8700  
\$3000  
\$1160  
\$1160

**Rocktoberfest** raised \$1000 for the Westpac Rescue Helicopter Service

**Woy Woy Stroke Recovery Club** raised \$107.50 for Stroke Awareness Week

**Danielle's Difference Fun Day** in Ettalong raised \$20,000 for the Children's Cancer Institute Australia

**Brisbane Water Secondary College** donated \$2000 to Legacy Day

**Umina Beach Women's Bowling Cub** raised \$3000 for the ICA Strong Women Safe Children organisation

**Everglades Men's Bowling Club** donated \$500 to Woy Woy Hospital

**IGA Ettalong** \$1262 to charities on Central Coast

**Umian Beach Mens Bowling Club** donated \$4000 for Prostate Cancer

**Woy Woy community** members raised \$4400 for Prisoners Assistance Nepal

**Woy Woy Junior Rugby Union** raised \$2000 for the McGrath Foundation

**Freemasons Lodge Morning Star** raised \$5000 for Peninsula Community Centre

**The Bourke Rd Store** raised \$1000 for breast cancer

**IGA Ettalong** \$635 to charities on Central Coast

**Peninsula** raised \$2500 for careflight

**Salvation Army Red Shield Appeal** raised \$43,305 on Peninsula

**Kmart Woy Woy** raised \$270 for Ocean Beach and Umina SLSC

**IGA Ettalong** \$810 to charities on Central Coast

**Full Life International Church** donated \$500 to Mad Monday Cooking and Craft

**IGA Ettalong** \$3812 to charities on Central Coast

**Woy Woy Public School** raised \$1407 from Mothers Day stall

**Woy Woy Public School** raised \$162 from Easter raffle

**IGA Ettalong** donated \$3000 to Woy Woy Community Aged Care

**Everglades Country club** raised \$5000, split by Glenvale School for Children with a Disability and Camp Breakaway

**IGA Ettalong** \$12888 to charities on Central Coast

**Woy Woy Public School** raised \$739 for Queensland Floods

**Umina Public School** raised \$777 for Queensland floods

**Empire Bay Public School** raised \$571 for Flood appeal

**Randalls on the Beach** raised \$3200 for flood appeal

**Empire Bay Tavern** raised \$4000 for the flood appeal

**Rotary Club of Woy Woy** donated \$3514 to the Rotary District 9680 Flood Appeal.

**Everglades Country Club** \$8700 to Flood Relief

**Brisbane Water Bridge Club** donated \$3000 to the Web Youth Services

**Rotary Club of Woy Woy** donated \$1160 to First Woy Woy Sea Scouts

**Rotary Club of Woy Woy** donated \$1160 to Blackwall District Girl Guides

**Rotary Club of Woy Woy** donated \$1160 to The Web Youth Support Group

*Funds donated earlier in the year have been removed to allow space for more recent donations*

## The Peninsula Diary

For events in post code areas 2256 and 2257

### Monday October 17

Woytopia Planning Meeting, Woy Woy Environment Centre, 7:30pm

Strategic Plan for Open Space and Leisure services workshop, Peninsula Recreation precinct, 6pm-7pm

### Tuesday October 18

Sock-It-To-Suicide week

### Wednesday October 19

Bays Community Group General Meeting

Morning Melodies, Peninsula Theatre, 2:30pm

Literary dinner with Alex Miller, Boathouse at Koolewong, 7pm

### Thursday October 20

World Osteoporosis Day Peninsula Women's Health Centre first mural meeting, 10am-12pm

First Aid Certificate workshop, Woy Woy South Public School, 10am-2pm

### Saturday October 22

New Body Wisdom seminar, The Clearing Woy Woy

Sewerage services community drop in session, Patonga Beach Public Hall,

### Sunday October 23

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

The eight principles of health in the recovery for the sick information day, Woy Woy Seventh Day Adventist Church, 2-4pm

### Monday October 24

Woytopia Planning Meeting, Woy Woy Environment Centre, 7:30pm

Umina Men's Shed meeting

### Thursday October 27

Peninsula Women's Health Centre second mural meeting, 10am-12pm

### Friday October 28

The Mousetrap, Woy Woy Little Theatre

Author talk by Sandy Brocking, Woy Woy Library, 10:30am

### Saturday October 29

High Tea and fashion parade, Woy Woy, 2pm

### Sunday October 30

Breakfast in the Bays Woytopia Festival

### Tuesday November 1

Melbourne Cup Picnic, Pearl Beach Memorial Hall, 12:30pm

### Thursday November 3

Peninsula Women's Health Centre third mural meeting, 10am-12pm

### Sunday November 20

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

### Thursday November 24

Business and Finance seminar, Pearl Beach, 7:30-8:45pm, Free

### Saturday November 26

Jazz in the Arboretum, Pearl Beach Arboretum, 3-5:30pm

*If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.*



# Classifieds

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 cost only \$25 plus GST for 5 cms, and will be working for you in your local community for **TWO WEEKS**  
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 E-mail: manager@ducksrossing.org  
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 2/94 Blackwall Rd  
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 Woy Woy 4344 4414  
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 0412 685 555

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 Free Quotes  
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 Security Lic No. 2E409965334  
 Carpentry Joinery Lic No. 108056c

## Entertainment

**BLUES ANGELS**  
 Your total acoustic blues/roots package, top to toe, and then some. Minnie the Mocher to Eagle Rock and on into indie roots, beatnik jazz, backhills bluegrass and prog folk. Available as duo, trio or band negotiable for your party, event or venue. Hear and see them at:  
**October 23**  
**Scandals 2-5pm**  
**Avoca Markets**  
**11am- 1pm**  
 tomflood@hotmail.com  
**4324 2801**



**Slightly Off**

**Gypsy plunk**  
*Want to have a lot of fun, unique music at your next event?*  
 Call Leila on 0423147797 or find us on Facebook  
*See them at the Rise Up 2*  
 October 16 - Midday  
 www.facebook.com/SlightlyOffMusic

## Entertainment

**The Troubadour Acoustic Music Club**  
 meets at the CWA Hall  
 Woy Woy  
 Floor Spots available  
**November 26**  
**The Fagans**  
**7pm**  
 Tickets \$11  
 Concession \$9  
 Members \$8  
 Tickets available at the door. see [www.troubadour.org.au](http://www.troubadour.org.au)  
**4341 4060**

## Fencing

**Craig Lack Fencing**  
 All colorbond, lattice, pool and garden fencing. All gates No job too small  
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 Operating on the Coast for 10 years  
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 woywoyfencing@bigpond.com  
 Shayne Hastie Lic 37839c

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**4339 2566**

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 Glass cut to size  
 Free Quotes  
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 M-F 8am-4pm Sat 8am-12noon  
**0431 222 030**

## Handyman

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Simon Cusack, Katie Dixon and Angie Coleman at the launch of the SLSA report

## Life saver attends report launch

**Ocean Beach Surf Life Saver of the Year Katie Dixon attended Parliament House on Wednesday, October 12, for the launch of Surf Life Saving Australia's report on the economic value of surf life saving to Australia.**

Member for Robertson Ms Deborah O'Neill joined Katie and a group of surf life savers from MacMasters Beach at the launch.

"Human life is so precious," said Ms O'Neill.

"I pay tribute to all our Central Coast life savers for the work they do keeping locals and visitors safe on our beaches."

The report by Price Waterhouse Coopers found the total estimated value of surf life saving's coastal drowning and injury prevention efforts to Australia at \$3.6 billion.

Surf Life Saving Australia

CEO Mr Brett Williamson said the report would provide a better understanding of the enormous contribution of our surf life savers every year.

Media Release, 13 Oct 2011  
Matt Pulford, Office of Deborah O'Neill MP

## Surf talent improved

**Umina Surf Life Saving Club member Rachel Wood has competed at the NSW Talented Athletes Program on the Sydney Northern Beaches in the final days of the school holidays.**

The program aims to expose leading athletes aged 12 to 14 to the Surf Life Saving NSW High Performance pathway.

Athletes who have been previously involved in this program have gone on to be selected in the NSW team and win Australian Gold medals.

Reigning under-13 NSW Ironwoman Champion Rachel Wood said she found the program very beneficial.

"I really enjoyed the program. I learnt a lot about competition preparation like nutrition and

stretching, and got to work on my transitions and surf skills which I think will really help my racing this season" said Rachel.

Surf Life Saving NSW surf sports manager Mr Chris Parker said the program was important to ensure the future of surf sports in NSW.

"By educating these gifted junior athletes in best practice sports science and training techniques it will assist them in achieving their full potential as athletes.

"The quality of the junior athletes involved in this year's program is the strongest to date."

All 11 branches from NSW were represented in this year's program.

Athletes travelled from as far north as Byron Bay and as far south as Tathra.

Media Release, 13 Oct 2011  
Arielle Bird, SLS NSW

## Waterview carnival

**The annual Waterview Carnival was held at Woy Woy Women's Bowling Club on September 14 and 15.**

Woy Woy Women's Bowling Club publicity officer Ms Miriam Cotton said the carnival was well supported by bowlers from Umina, Terrigal, Avoca, Gosford, The Entrance and Lidcombe.

Prize money of \$1400 was given to the top five teams that

competed.

The overall winners were J Silvia, J O'Reilly, D Fernance and P Colbran (skip) from Terrigal.

The second place team was A Tucker's team from Everglades, with W Klein's team from Umina awarded third place.

"These three teams all won the four games and were very close in ends and score," said Ms Cotton.

Email, 2 Oct 2011  
Miriam Cotton, Woy Woy WBC

## Swimming and gym at 90

**The Peninsula Leisure Centre staff have celebrated the birthday of its oldest member Mr Jack Woods who turned 90-years-old.**

Mr Woods has visited the Centre almost 1000 times since he joined in 2008.

Born in 1921, Mr Woods who was originally from Sydney, has called the Central Coast home for 50 years.

In his youth, Mr Woods played rugby league, rugby union and Australian rules football and said he continues to maintain an active lifestyle even in his senior years.

The Woy Woy resident, who cycles to the centre every time he works out, said he would rather wear out than rust out.

"I like to keep a balanced lifestyle by eating healthily, staying active, getting a good night's sleep and most importantly having a positive attitude towards life," Mr Woods said.

"I come here to the gym at the Peninsula Leisure Centre four days a week and use the gym and pool, I also cycle around 30km a week."

Mr Woods said he has been lifting weights since he was around 16-years-old, which he believes has contributed to his longevity.

"I've always loved coming to the gym.

"It's a lot of fun and it's great to feel fit and healthy," Mr Woods said.

Media Release, 6 Oct 2011  
Peter Wilson, Gosford Council Media





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# Roosters receive recognition

**The Woy Woy Roosters took out a number of awards at the Central Coast Rugby League end of season awards dinner held on Wednesday, September 14, at the Central Coast Leagues Club**

Hooker Chris Hyde became the eighth Roosters player to win the Central Coast medal for First Grade Player of the Year.

He was the first Roosters player to win the award since Jade Mason in 2006.

First grade coach Mr Les Lowe was named Coach of the Year for taking the Roosters nearly all the way to the Grand Final with one of the youngest teams it has had for many years.

In his two years as first grade coach, Mr Lowe guided the

Roosters back into the finals after an absence of two years.

Fullback Mitch Manson, 18, was named Rookie of the Year after his debut season in first grade.

Manson scored six tries in 16 first grade matches and represented the Central Hunter Power under-18s side.

Rooster's under-19 centre Zane Rickit was named the Central Hunter Power under-18 Player of the Year, despite missing a major part of the season due to a motor vehicle accident.

The Woy Woy club was also awarded the Bob Taber Trophy for the Best Administered Club in Central Coast Rugby League for the year.

Media Release, 9 Oct 2011  
Peter Read, Woy Woy RLFC



# Swimming club holds qualifiers

**Woy Woy Swim Club held its annual qualifying long course meet on October 7 and 8.**

The qualifying meet is the club's major fundraising event each year.

Woy Woy Swim Club publicity officer Ms Sandra Wood said: "Members from swimming clubs from all over NSW attended and gained qualifying times for various

championships throughout the season," said Ms Wood.

"New swimmers Freddie Burraston, Josie Burraston, Aria Chapman, Jade Oakes and Taylah Press who all competed at their first carnival and did well.

"Many of our swimmers gained qualifications for the Coast and Valley Championships which will be held at the Peninsula Leisure Centre over the weekend

of November 26 and 27, and also for Country and State LC Championships which are held in Sydney early next year," said Ms Wood.

For the first time, Woy Woy Swim Club will hold an Open Water Qualifying Event at Umina on Saturday, November 19.

Email, 11 Oct 2011  
Sandra Wood, Woy Woy Swim Club

# Ettalong plays in State championships

**The NSW Bowls Championships will be played at Soldiers Point Bowling Club from Saturday, October 22, through to Saturday, October 29, with Ettalong Memorial Bowling Club representing the Central Coast.**

Spearheaded by Australia's champion Aron Sherriff, Ettalong players won all four disciplines in the local Zone with Sherriff being the first player in Central Coast history to capture the grand slam of events.

Fresh from his triumph in

the Singles at the Asia Pacific Championship in Malaysia, Sherriff will commence his pursuit of State titles in the fours on Saturday and Sunday teaming up with John Roberts at third, Lee Trethowan second and Harley McDonald lead.

McDonald and Roberts will double up with Sherriff in the Triples which follows on Monday and Tuesday while Tony Laguzza makes up the Pairs combination on Wednesday and Thursday.

The titles will conclude with the blue ribbon Singles event on the final Friday and Saturday.

Media Release, 14 Oct 2011  
John Roberts, Ettalong Memorial Bowling Club

# Roosters appoint coaches

**The Woy Woy Roosters Rugby League Football Club has appointed its first grade coaches for the 2012 season.**

Aaron Hardman and Adam Tippett will be joint coaches of the side for next year's competition.

Coach of the Year Mr Les Lowe said he had decided to step down from the position for personal reasons.

The decision followed two successful seasons with the Roosters in which Mr Lowe returned the club to the semi-finals last year and came one game short of the grand final this year.

Woy Woy Roosters marketing and promotions manager Mr Peter Read said the club hoped Mr Lowe would remain with the club in an unofficial capacity.

Mr Hardman is a Woy Woy junior who returned to the club last year.

Mr Tippett joined the Roosters last year and is a former NRL player with the West Tigers and a decorated player in NSW Rugby League competitions with the Sydney Bulls.

Media Release, 9 Oct 2011  
Peter Read, Woy Woy RLFC

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