



One of the dune signs installed along the Esplanade

Signs installed after seven years

Gosford Council has installed four interpretive signs on Ettalong and Ocean Beach dunes seven years after it provided the funds for the work.

The signs illustrate the role dune vegetation plays in the coastal eco-system including stabilisation of the dunes, provision of habitat for native flora and fauna and the provision of a natural break from prevailing southerly winds.

They have been installed along The Esplanade between Ettalong and Ocean Beach Surf Life Saving Clubs.

The council provided a grant for the installation of the signs in 2004.

The delay in installing the signage is believed to have been due to the reluctance of council staff to include wording on the signs that might be interpreted as prejudicial to the Ettalong Foreshore Plan of Management or to include reference to climate change.

However, Gosford Council's Natural Open Space coordinator Mr Larry Melican said he did not

know why it had taken so long to have the signs erected.

"I don't really know but my understanding was that the community group got a grant through council.

"I guess the text of the signage and the artwork was being run by the community group and Council has to ensure the text and graphics are of an acceptable standard," he said.

Mr Melican said delays may have been caused by changes to the signage.

"They have been back and forth a few times with changes and each time that happens there can be delays.

"If it were a council project, it would have happened smoother, but when you've got the community group running the artwork and text art of it there can be delays.

"I think the good thing is the signs are up and provide that information about the dunes.

"That was the intention.

"Any delays that have happened are unfortunate but the final product is really good."

Gosford Council's Coastal and Estuary officer Mr Warren Brown said dune vegetation helps to protect both public and private infrastructure from coastal processes such as beach erosion and recession.

"Members of Peninsula Dunecare have worked tirelessly to regenerate the dune vegetation which is under immense pressure from weed invasion and vandalism," he said.

"The signs were designed to reach out to the wider community and provide a strong, positive message about the importance of maintaining this fragile environment."

"It is to be hoped that the new signs along part of the Esplanade will help to make everyone's visit to the area that much more interesting and perhaps encourage them to find out more and more about the other species which share this part of the planet with us," said Dunecare member Ms Margaret Lund.

**Media Release, 17 Jun 2011
Warren Brown, Gosford Council**

Families paid \$7000 to move here

The State Government is promoting population growth on the Peninsula providing grants for Sydney people to move here.

Sydney families will be paid \$7000 from July 1 to move to the Peninsula and other locations on the Central Coast, according to State Member for Gosford Cr Chris Holstein.

Announcing the grants scheme, deputy premier Mr Andrew Stoner said: "By moving to places like Ettalong Beach and Woy Woy, families can escape the high cost of living and congestion of life in the big smoke."

"This is a practical plan that will help us persuade Sydney families to pack up and move to the Central Coast," Cr Holstein said.

"The \$7000 grants will encourage Sydney families who are sick of being stuck in traffic and struggling to pay their mortgage to join us here on the Coast.

"My message to people considering a move out of Sydney is simple – there is no better time to

move to the Central Coast.

"We will welcome you with open arms."

Mr Stoner said the Regional Relocation Grants would encourage population and economic growth on the Central Coast.

"The NSW Government is determined to kick-start regional NSW by supporting population growth, creating jobs and improving infrastructure.

"As everyone who lives in regional NSW knows, our communities offer a more affordable lifestyle in beautiful surrounds.

"The NSW Liberals and Nationals Government is proud to be supporting the Central Coast and regional NSW by encouraging Sydney families who are considering a tree change," Mr Stoner said.

"The Central Coast is a great place to live, work and raise a family and now these \$7000 grants give families considering a move out of Sydney extra motivation."

**Media Release, 24 Jun 2011
Wendy Masula, Office of
Chris Holstein MP**

Floodplain plan to start shortly

A floodplain risk management study and plan is expected to be prepared for the Peninsula in the coming months, according to a report to Gosford Council.

The study is expected to assess the impacts of flooding on the Peninsula from Brisbane Water foreshore flooding and also from overland flows from the Woy Woy Peninsula area.

A report was prepared by council staff as part of the council's consideration of its new planning scheme.

It stated that staff would review the Local Environment Plan once it had completed a number of investigations and had resolved its strategic direction in response to climate change.

The report stated that the Woy Woy Flood Study had just been completed and would be used in the preparation of the Woy Woy Peninsula Floodplain Risk Management Study and Plan.

This would start after the Brisbane Water Foreshore Floodplain Risk Management Study and Plan was completed.

Other investigations included the Brisbane Water Foreshore Flood Risk Management Study

and Plan and the Brisbane Water Estuary Management Plan, as well as the Woy Woy Peninsula Floodplain Risk Management Study and Plan.

The Brisbane Water Foreshore Floodplain Risk Management Study and Plan was anticipated to reach its final draft later this year.

Council said the date would depend on the outcomes of the public exhibition and workshops due to occur over the next six months.

A draft Estuary Management Study has also been developed, publically exhibited and subsequently revised over the past 12 months.

The draft study would be provided as a supporting document to the Brisbane Water Estuary Management Plan when it was publicly exhibited.

Since exhibition of the Estuary Management Study, the consultant had developed a preliminary Draft Brisbane Water Estuary Management Plan, according to council staff.

The draft Brisbane Water Estuary Management Plan is currently on exhibition until Friday, July 29.

**Council Agenda ENV.35,
31 May 2011**

Your chance to win!

Peninsula News and Russell Music are giving two readers the chance to win a School Holiday Beginner Music Workshop in guitar, violin or ukulele.

Each workshop is valued at \$40 each and instruments will be supplied.

The workshops consist of four 45 minute lessons in small groups over a two week period on Mondays and Wednesdays.

Russell Music teaches guitar and double bass for beginners to intermediate level for all ages and violin and ukulele for the young beginners from their home studio in Umina.

For your chance to win a free beginner music workshop, write your name address and phone number on the back of an envelope and send to Peninsula News Russell Music Studios competition PO Box 1056, Gosford, NSW, 2250, before the close of business Friday, July 1.

The winners of last editions Peninsula News Campbell's giveaway are Peter Hoare from Umina and M Brady from Woy Woy.



Rainfall already above average

Rainfall for June is already more than the monthly average, with a week still to go.

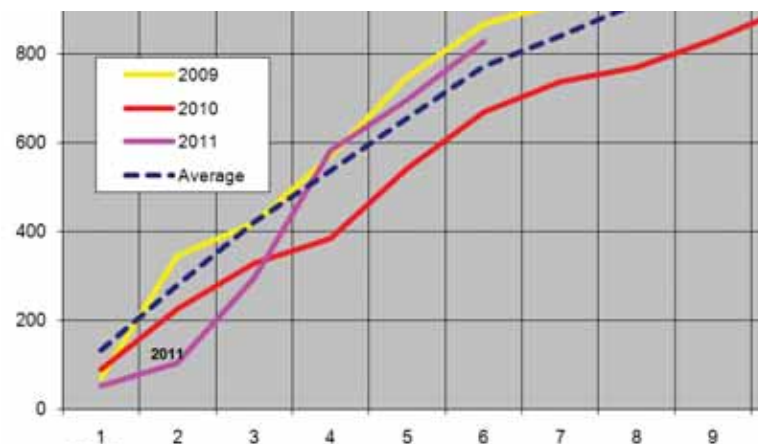
A total of 130.7mm has been recorded on the Peninsula up to June 24, compared to the June average of 118.5mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

The month's rain brings the cumulative total for the year to 827.5mm, 54mm above the average at the end of June of 772.8mm.

This is the third month in a row that the year-to-date total has been above average, after 19 months below average.

Heaviest falls this month were 44.9mm recorded on June 13, 25.5mm recorded on June 15 and 18.5mm recorded on June 12.

Maximum temperature



recorded so far this month by www.peninsulaweather.info was 22.1 degrees on June 4.

Minimum was 7.1 recorded on June 6.

Lowest maximum was 16.5 recorded on June 12 and highest minimum was 15.3 recorded on June 1.

Highest wind gust recorded was 31.7km/h recorded on June 14.

Atmospheric pressure ranged between 1001hPa, recorded on June 21, and 1030hPa on June 24.

Spreadsheet, 24 Jun 2011
Jim Morrison, Woy Woy
www.peninsulaweather.info

Peninsula directory of services, contacts and support groups

Ambulance, Police, Fire 000

Emergency

Ambulance, Police, Fire 000
Police Assistance Line 131 444
Crime Stoppers 1800 333 000
Woy Woy Police Station 4379 7399
Energy Australia 13 13 88
Gas Emergency 131 909
Gosford City Council 4325 8222
Marine Rescue NSW - Central Coast 4325 7929
SES - Storm and Flood Emergency 132 500

Aboriginal & Torres Strait Islander Organisations

Mingaletta 4342 7515
Aboriginal Home Care 4352 1153
Drug & Alcohol rehab 4388 6360

Accommodation

Dept. of Housing Gosford 4323 5211
Cassie4Youth 4322 3197
Coast Shelter 4324 7239
Pacific Link Com Housing 4324 7617
Rumbalara Youth Refuge 4325 7555
Samaritans Youth Services 4351 1922
Youth Angle - Woy Woy 4341 8830
Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666
Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333
Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403
Relationship Australia: 1300 364 277
Interrelate: 1800 449 118

Family and Relationships

Centacare Gosford 4324 6403

Gosford Family Support

Service 4340 1099
Horizons (For men with children) 4333 5111

Uniting Care Burnside

Gosford 1800 067 967

Health

Poisons Information 131 126
Ambulance Text Mobile 106
Ambulance GSM 112
Gosford Hospital 4320 2111
Woy Woy Hospital 4344 8444
Sexual Health @ Gosford Hospital 4320 2114

Legal & Financial Help

Financial Counselling Service 4334 2304
Tenants' Advice and Advocacy Service 4353 5515
Woy Woy Court 4344 0111

Libraries

Gosford district:
Umina Beach 4304 7333
Woy Woy 4304 7555

Problems, Habits & Addiction

Alcoholics Anonymous 4323 3890
Narcotics Anonymous 4325 0524

Transport

Taxi 131 008
Busways 4368 2277
City Rail 131 500

Welfare Services

Gosford Family Support 4340 1585
Meals on Wheels Gosford 4363 7111
Department of Community Services Gosford 4336 2400
The Salvation Army 4325 5733
Samaritans Emergency Relief 4393 2450
St Vincent De Paul Society HELPLINE 4323 6081

Woy Woy Community Media Assoc Inc 2011 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

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Email: _____

Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, Woy Woy 2256. Membership fees can be deposited to the association's Greater Building Society account BSB 637 000 Account 717 371 542

Peninsula News

Community Access

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. See www.peninsulanews.info for all editions published

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Convenor, Burrawang Bushland Reserve Committee
President, Australian Conservation Foundation Central Coast branch
Chairman, Equilibrium Community Ecology Inc
Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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- Trad&Now - www.tradandnow.com - email: info@tradandnow.com
- Central Coast Grandstand - www.ccggrandstand.org - mail@ccgrandstand.org

Marine rescues in rough weather

Marine Rescue Central Coast made a number of rescues around the Peninsula in rough weather on Sunday, June 12.

The Point Clare base rescued a man in a dinghy who had blown ashore a few hundred metres south of Lions Park.

The base had responded to a call at around 11:30am that the man was lost and stranded.

He had set off from Woy Woy to retrieve a lost dinghy that had been located the day before by the NSW Maritime BSO at St Hubert's Island.

Once on the water conditions deteriorated with gale force winds and heavy rain, the dinghy capsized.

The man could make no headway; became disoriented and was blown ashore.

He told the operator he did not know where he was but thought he could be on St Hubert's Island.

Skipper Alan Howes and his crew on board Central Coast Lifeboat set out in the appalling conditions to see if they could assist.

The boat crew found the man and his dinghy on the shore and

towed him to safety at Woy Woy wharf.

The phone at the base was again busy from 3:15pm with reports of a seven metre motor cruiser which had lost its mooring failure and was floating free "up the channel", heading north from Pretty Beach.

The vessel was found safe on the mud flats north of the Rip Bridge.

Details of the vessel's registration were reported to NSW Maritime to enable the owner to be contacted.

Around 5:15pm, the base received yet another phone call for help.

A seven and a half metre yacht was unable to restart its motor.

While the yacht was safe on a public mooring, the two people on board said they were desperate to get back to the Woy Woy.

Once again Alan Howes and his crew took the lifeboat out in "white out" conditions.

The owner was unable to jump start his vessel so the boat was towed to safety at Woy Woy Public Wharf.

Media Release, 24 Jun 2011
Ron Cole, Marine Rescue NSW



The remains of Ettalong Progress Hall

Fire destroys progress hall

The Ettalong Beach Progress Hall has been destroyed by fire.

It was one of two fires lit in the early hours of Thursday, June 23.

Police says they received a number of calls about the fire at the hall at around 5am.

When police arrived the building was completely engulfed in flames.

The fire brigade managed to contain and extinguish the fire shortly after 5:30am.

Three hours earlier, police were notified of a vehicle on fire in Memorial Ave, Ettalong.

The vehicle was destroyed by the fire.

A link has not yet been established between the two fires, but police are treating both as suspicious.

Gosford Council's community services director Mr Terry Thirlwell said he was disappointed to see community assets being set alight.

"It's not something we condone or like to see," he said.

"If it had been deliberately set alight then that would be very disappointing," he said.

Mr Thirlwell said that the council was focused on getting the site safe and securing the building. He said it was too early to discuss rebuilding.

In February, Gosford Council decided to explore the possibility of giving the land on which the hall stood to the adjoining caravan park.

Under the proposal, the hall was to be replaced by a new "multi-use community facility" within the caravan park and the park's lease would be extended to include the land on which the hall stood.

Anyone with information on either of the fires should contact Brisbane Water police on 4323 5599.

Kaitlin Watts, 23 Jun 2011
Interviewee: Inspector Nigel Webber, Terry Thirlwell

Sandstone wall restored

The Rotary Club of Woy Woy has restored the sandstone wall at Staples Lookout on Woy Woy Rd, Kariong, with the help of Gosford Council, after the wall was damaged by a passing vehicle.

The project included the installation of additional bollards to prevent vehicles from hitting the wall as well as a directional signage plaque provided by Rotary, which provides visitors with an idea of

distances from the lookout.

Council's field superintendent Mr Glen Cole said that the main focus of the project was to "try to replicate the original wall as best as we could when making the repairs, including using sour cream and milk to attract algae to grow on the wall".

"The outcome of the project is excellent and demonstrates what can be achieved when Council and Rotary work together," he said.

Media Release, 17 June 2011
John Partridge, Gosford Council



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Deborah O'Neill



Nominations are invited in the following categories:

- Volunteer of the Year
- Junior Volunteer Award (17 and under)
- Young Volunteer Award (18-25)
- Environment Award
- Long-term Commitment to Community Service Award
- Education Award
- Business Volunteer Award
- Innovation in Volunteering Award (for an organisation or individual)
- New Organisation Award
- Emergency Management Volunteer Award

Nominations open on Thursday 30 June and close on Friday 19 August. They will be assessed by a panel of three local judges.

The Awards will be presented in a ceremony on Monday 5 December 2011, the 10th Anniversary of the United Nations International Year of Volunteers.

Winners will receive a special award pack that will include an official letter of recognition from the Prime Minister and the Minister for Social Inclusion.

If you would like to nominate someone, please fill out the nomination form and send it to: Robertson Volunteer Awards, PO Box 577, Gosford, 2250. You may also submit your nomination by email to Deborah.O'Neill.MP@aph.gov.au

Please note: Nominees must reside in the Robertson electorate.

Nomination Form



I,
nominate
of
for a Robertson Volunteer Award in the category

My contact details:

Phone:

Mobile:

Email:

Address:

Petition for Cogra Rd bus

A group of Woy Woy residents is calling on the new Liberal Government to reinstate a bus service in Dunban and Cogra Rds in peak period.

More than 200 residents have signed a petition calling for the number 56 and 57 bus services to revert to their original route using the two roads.

The service was cancelled by the Labor government in November 2010, in favour of a direct bus route along Hillview St

to Railway St, Woy Woy.

Petition organizer Mr Craig Fitzharris said: "It has now been over six months since bus services numbers 56 and 57 stopped running down Cogra Rd in peak hour," said Mr Fitzharris.

"Now there is a new Liberal Government, I request that the bus service be reinstated"

Mr Fitzharris said he had contacted Member for Gosford Cr Chris Holstein for a response.

Email, 17 June 2011
Craig Fitzharris, Woy Woy



Site foreman Mr Matthew McCoy, Woy Woy Community Aged Cares Maintenance officer Mr Graham Hoyle, CEO Ms Jennifer Eddy and Chairman of the Board Mr Charles Brock

Harris Fellowship for Pat Lewis

The Rotary Club of Umina celebrated its 35th Annual Changeover at a special dinner held at Everglades Country Club on Wednesday, June 22.

Outgoing president Mr Pat Lewis, former principal of Brisbane Water Secondary College, received Rotary's highest award when he was presented with a Paul Harris Fellowship.

Mr Lewis has guided the Rotary Club of Umina for the past 20

months.

During the last 12 months the Club raised in excess of \$70,000 for Rotary charities including a grant of \$42,000 set aside for play equipment at the Peninsular Recreation Precinct in conjunction with Gosford Council.

Leadership of the Club was passed to local chartered accountant Mr Ian Figtree who will take the reins for the third time.

Press Release, 24 Jun 2011
Geoff Melville, Rotary Club of Umina

Road resurfaced

Memorial Ave, Blackwall, has been resurfaced between Warrigal St and Blackwall Rd, with funding of \$240,000 from the RTA.

"This work will provide a smoother road surface, improve safety for motorists and reduce ongoing maintenance costs," said Member for Gosford Cr Chris Holstein.

Cr Holstein said the work was carried out at night to minimise the potential impact on motorists.

Work was undertaken on Sunday, June 19, at 6pm until 4:30am and Monday, June 20, from 8pm until 4:30am.

Media Release, 20 Jun 2011
Wendy Masula, Office of
Chris Holstein MP

New wing for aged care home

Construction has begun on the extensions and renovations to the Woy Woy Community Aged Care nursing home and is expected to be completed in February next year.

The renovations are expected to provide luxury accommodation for the frail aged with the new wing to consist of nine single rooms with ensuites, a sitting room and

additional office space.

The renovations will also convert four bedrooms to double rooms with ensuites for couples.

The project has been three years in the planning and is fully funded by Woy Woy Community Aged Care; through prudent management of funds and strong support from the community.

Sydney company Elsmore Constructions, which specialises in aged-care building, has been

appointed to undertake the project.

Local contractors will also be used on the project, said Woy Woy Community Aged Care CEO Ms Jennifer Eddy.

She said that both the board and management of the home were keen to promote employment of locals.

Media Release, 20 Jun 2011
Jennifer Eddy, Woy Woy
Community Aged Care

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Waterfront reserve is recreational asset

Gosford Council has agreed to regard the unformed part of Araluen Dr, Hardys Bay, known as the Dogtrack, and the waterfront reserves adjoining the formed parts of Araluen Dr as public recreation areas.

Council agreed to requests from a number of residents to zone the

area RE1 Public Recreation, to reflect its role as public foreshore area and to recognise its value as a community recreational asset.

The zoning was incorporated in the new planning scheme adopted by the council on May 31.

The council was told that Araluen Rd had been constructed to various degrees, and was unformed along the foreshore from Hardys Bay to

Pretty Beach.

For this part of Araluen Dr, a public reserve existed between the relatively informal road surface and the waterway.

All of the Araluen Dr road corridor was initially proposed to be zoned R2 as, in general, the roads were zoned to be consistent with adjoining properties.

Council Agenda ENV.34, 31 May 2011

Proposed zoning changed for bush blocks

Gosford Council made a number of changes to the proposed zoning of a number of bush blocks around the Peninsula when it adopted its new planning scheme last month.

The council resolved to zone parts of several lots in Woy Woy Rd, Woy Woy Bay, E1 as the land was now part of Brisbane Water National Park.

Previously, the council had proposed to zone the land E2.

Changes were also made to lots

in Palmers Lane, Kendall Rd, Sher Close and Empire Bay Dr, Empire Bay.

These sites were changed from RE1 to E1 as they were incorporated in an expansion of Cockle Bay Nature Reserve last year.

Nine lots on Woy Woy Rd, Horsfield Bay, on the bend near Culgoa Rd were rezoned from RE1 to SP2 as the lots formed part of a road reserve.

Two lots on Fraser Rd, Killcare, were changed from E2 to E5 as the lots were now included in COSS.

The Jacqueline Ave Bush Reserve in Killcare Heights, was changed from E1 to RE1.

Council staff said the lot was Council-owned and should not be included in E1 as it was classified as community land.

The Baden St Playground, Killcare, was also changed from E1 to RE1.

An access way to Putty Beach Reserve in Anthony Cres, Killcare, was rezoned from R2 to RE1 as the lot was classified community land.

Council Agenda ENV.34, 31 May 2011

Business zones retained and upgraded

Gosford Council has supported the retention or upgrading of business zones at neighbourhood centres around the Peninsula as part of its adoption of its new planning scheme.

A request to upgrade the zoning of four lots at the rear of Umina Mall to B1 was included in the Local Environment Plan, adopted on May 31.

The rezoning would facilitate the redevelopment of the site with a large general store, medical centre and refurbished shops, (which had previously been approved by the council?).

According to the Council staff report, the "dLEP 2009 proposed a restriction on neighbourhood shops of 100 square metres.

However, the "general store" supported by council was 10 times

larger than this.

A submission was also lodged by the Wagstaffe to Killcare Community Association, asking that existing 3(a) land that has not been developed for commercial or retail purposes in Hardys Bay-Killcare and Wagstaffe be rezoned to residential.

The submission also requested the reinstatement of Minor Business Centres Policy due to the scale of buildings, loss of amenity, inconsistency with character, and no further need for retail and business services in the locality.

Around 40 letters were received supporting the Association.

Council decided to retain the zone "to allow future opportunities for non-residential uses to serve the local community".

Council Agenda ENV.35, 31 May 2011

Council agrees to business zoning

Gosford Council has agreed to business zoning for a beachfront restaurant at Umina, after previously having proposed it be zoned residential.

The restaurant would have been able to continue operating in a residential zone under "existing use rights".

The council has agreed to zone the property, at 345 Trafalgar Ave, B1 Neighbourhood Centre after it received a submission from the owner.

The council was told a development application was refused for the site that proposed to have a height of 9.6 metres (three storeys with basement car park) and floor space ratio of 1.23:1.

The proposed rezoning to residential R2 was recommended in the draft Gosford Centres Strategy, based on its distance from the Umina town centre, and its smaller scale than other "local nodes".

A staff report to council stated that the draft LEP 2009 was now primarily being regarded as a "conversion" planning scheme.

The report stated that, as such, it

was reasonable to zone the land to B1 with an associated height of 8.5 metre and FSR of 0.75 consistent with other B1 zoned lands.

The report said that this was consistent with the approach taken to other pockets of business zoned land where proximate to centres.

Given the distance to Umina Centre and sensitive beach front location, a higher order B zone would not be appropriate, according to the report.

The new zoning was adopted as part of the adoption of Gosford's new Local Environment Plan on May 31.

Council Agenda ENV.34, 31 May 2011

All of the Everglades Golf course is expected to be zoned RE2 Private Recreation following the adoption of Gosford Council's new planning scheme on Tuesday, May 31.

Land that was to be zoned RE1 at the golf course will be zoned RE2 once the ownership of the land is transferred from the Crown to the golf course.

According to a council staff report, the RE1 zone was applied to the land on the basis of it being Crown land.

Privately owned recreational uses had been zoned RE2 under the draft LEP, and the majority of the golf course was exhibited as being in this zone.

The report stated that council records did not indicate that the transfer of land had taken place, but staff said they were happy to amend the zoning on receiving the documentation.

Council Agenda ENV.34, 31 May 2011

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Forum

Does Holstein believe we should continue polluting?

Our State local member Chris Holstein asked a question in parliament on May 30, seeking an answer as to how the people of NSW would be protected from a carbon tax.

My question to Mr Holstein is: Was this a Dorothy Dixier that he was forced to ask or is he a skeptic like Barry O'Farrell, believing that

Forum

climate change is rubbish and we should just continue on our polluting merry way?

Considering that the Woy Woy Peninsula sits on some of the lowest land in NSW and will be affected by rising sea levels

greater than nearly every other region in NSW I would be alarmed if he does follow this skeptic view.

Perhaps he believes in Tony Abbott's direct action plan, the plan that will cost taxpayers billions of dollars directly as opposed to Federal Labor's plan.

Although not perfect, at least it is a market-based approach that puts a real price on carbon and lets businesses find the best way to reduce their emissions and tax bill.

I am a big fan of Mr Holstein. I thank him for bringing the Peninsula Leisure Centre to our suburb.

It's great seeing his support for so many charities and organisations on the Peninsula, and of course his family members make the best coffee on the Central Coast at their Woy Woy cafe, but I believe the people of the Peninsula would like to know where he stands on the climate change issue.

Come on, Chris, don't leave us standing in a puddle of rising sea water waiting for your views.

Email, 15 Jun 2011
Ross Cochrane, Woy Woy

Your leading article (Peninsula News, 30 May 2011) regarding Ettalong Beach Community Bank provides an unbalanced and misleading representation of that branch's successes and achievements, and doesn't reflect the current position.

Following the annual meeting of November 2010, as you have reported, new directors have indeed been elected and appointed, and have made significant contributions in driving the business forward.

Your article recants from the Fairfax story "of a savage board dispute" and "disputes where donations would go".

To set the record straight, the only savage dispute has only been between Debra and Matthew Wales and myself, and almost anything I sought to achieve as chairman.

A lack of interest by some former directors in matters that didn't provide personal public profile has not helped in building the business.

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 1056,
Gosford 2250 or
mail@peninsulanews.asn.au
See Page 2 for contribution conditions

Directors of community banks are volunteer positions that require time and dedication, but most importantly cohesion among members who are working towards common goals.

Unfortunately that has not always been achieved in the past although I am reliably informed it is now the case.

Email, 9 Jun 2011
Don Leggett, Umina

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LJ Hooker Woy Woy

BUSINESS OWNERS WRITE BLUEPRINT FOR MAJOR GROWTH



Frank Pompeani, owner of LJ Hooker Tuggeranong in the Australian Capital Territory. Frank has more than 200 industry awards including Real Estate Institute Hall of Fame, holds LJ Hooker's most prestigious 'Sir Leslie Hooker Award' and since 1993 has grown a small agency to the real estate network's number one internationally.

The group of business leaders also took away valuable insight from Anthony Bell, CEO of Bell Partners, winner of BRW's Most Productive Accounting Firm (2003-2010) and renowned for its cutting edge service, Patrick Farrell from Caliper Australia, a leader in employee recruitment and development, and Deloitte, Australia's largest independent management consulting firm and world power in financial advisory services provision to business and government.

"The intensive course has given the blueprint for the business success we want to achieve, and is a must for anyone who is serious about taking quantum leaps in their business," Linda said.

"Being taken to the State of Origin was an extra surprise and a talking point given the group covered both states. It was also a serious reminder about the importance of commitment, leadership and teamwork.

"Whichever side you were with on the field, the three-day program was a winner," Betty and Linda agreed.

Betty Donovan said "We want to ensure we understand the latest trends and key areas to continually lift the level of service to our customers and exceed consumer expectation."

The Program covers many of the key areas that challenge business owners each day such as recruitment, training, technology, social media, building winning teams, recognition and retention of people, goal setting and business culture.

The intensive three-day workshop was also attended by LJ Hooker's CEO, L. Janusz Hooker who personally presented each LJ Hooker business leader with their course completion certificate.

"We had the opportunity through the Program to be guided by the best, staff, and technology.

A group of leading LJ Hooker franchise owners were privy to an acclaimed real estate business owner and industry award winner's successful formula at an intensive three days of instruction in Sydney this month, and received the bonus of attending the NRL State of Origin Game II.

Betty Donovan and Linda Donovan from LJ Hooker Woy Woy said the Advanced Business Leadership Program was designed for business owners wanting to take their operation to a higher level of productivity and profitability.

"There's no doubt we are being challenged like never before in this rapidly changing business environment to address key areas such as recruitment and retention of

LJ HOOKER WOY WOY - SALES, PROPERTY MANAGEMENT, STRATA MANAGEMENT- 4341 2001

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Cohesion required at community bank

Gnostic support for bank branch

The eight businesses trading as a co-op at Gnostic Corner in Woy Woy voted at their June meeting to send a letter of support to the Bendigo Bank at Ettalong.

Recently the bank has experienced negative press in regard to its performance.

Gnostic Corner has total confidence in the staff, management and the board of the Bendigo Community Bank.

We find their level of support to our business community to be above anything we have experienced in the past from other financial institutions.

Their personal and friendly

Forum

approach to business banking has assisted our business co-op to grow and we continue to recommend new businesses on the Gnostic Corner use the Bendigo Bank branch at Ettalong.

A strong community is built by local people supporting local businesses and a reliable community bank is an important asset.

We look forward to a bright future for us all.

Namaste.
Online Submission, 16 Jun 2011
Mary Holstein, Woy Woy

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Deborah O'Neill MP

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Deborah O'Neill
Federal MP for Robertson

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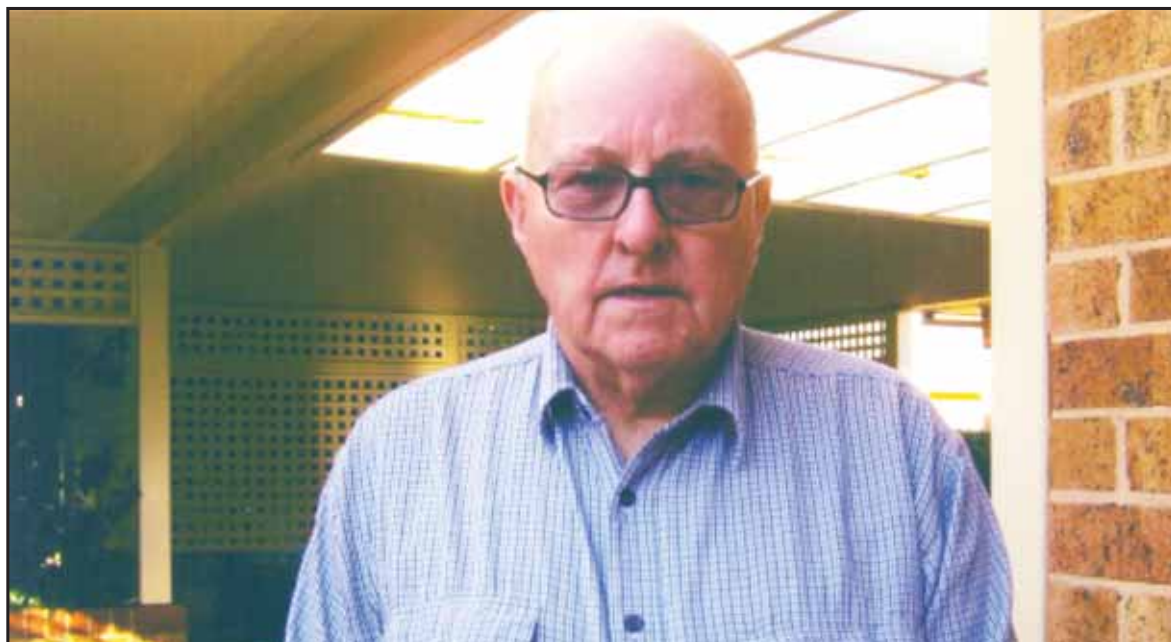
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Medal for community service

Woy Woy resident Mr James Murch has been awarded an Order of Australia medal in the general division for his service to the community through the Macquarie Branch of National Seniors Australia.

Mr Murch has been chairman of the Macquarie Branch, National Seniors Australia, since 2009, was president from 2003 to 2007, vice-president for four years and has undertaken various roles within the

organisation since 1992.

"I've been with the National Seniors group on the committee there for about 10 years.

"I was a member of the musical society at the Uniting Church for 20 plus years and we used to donate a lot of money to Christian Community Aid.

"It just sort of formed as an association with Christian Community Aid where we helped them out where we possibly could," said Mr Murch.

"I was a bit dumbstruck when I

found out I was nominated.

"It was something you don't expect.

"A lady from the National Seniors group in Sydney nominated me and I wasn't allowed to know anything about it until the decision was made."

Mr Murch said he will be retiring from the committee in July but will continue with his involvement with Deepwater Court retirement village.

**Kaitlin Watts, 20 Jun 2011
James Murch, Woy Woy**

Used spectacles donated to Lions

A Woy Woy business has presented more than 500 pairs of used spectacles to the Lions Club's Recycle for Sight project.

The Woy Woy branch of Simplicity Funerals made the presentation to Anne Ryan and Bede Long of the Lions Club Australia on Monday, June 20.

The presentation consisted of used glasses donated for recycling, that had been collected by Simplicity Funeral staff.

The Recycle for Sight program collects used glasses for disadvantaged adults and children in developing countries.

"Poor vision can have a huge impact on an individual's quality of life and wellbeing," said Simplicity

Funerals area manager Mr Alan McLean.

"Corrected vision can help children perform better in school and avoid developmental delays and learning disabilities.

"For adults, it could mean the difference between successfully supporting their family, instead of being unable to meet their basic needs," he said.

Donations of prescription glasses with either plastic or metal frames were welcome.

Collection boxes will be available at Simplicity Funerals Woy Woy and donations can be dropped off at any time during normal business hours.

**Media release, 17 Jun 2011
Rowena Fairclough, Senior
Agency Australia**

Careflight appeal

A total of \$2500 was raised on the Peninsula in the CareFlight Mayday appeal held on Friday, May 27.

The funds raised will help with the medical retrieval of the severely injured and ill, as well as with research and training in these lifesaving areas.

Coffee shops on the Peninsula assisted with the appeal, with local event coordinator Mr Andy Moses using Cafe 304 as a primary collection point.

**Website, 17 Jun 2011
CareFlight
Interviewee: John
Ebbott, CareFlight**

SRC acts on blood bank

Students from Brisbane Water Secondary College Woy Woy campus responded to an appeal for donations when the Red Cross Blood Bank visited the school on

Thursday, June 2.

With an initial slow uptake of appointments, the Student Representative Council took action.

"Connor and Jason, two Year 10 boys from the SRC, drummed up the courage of our staff and students and, soon enough, all appointments were taken," said Woy Woy campus SRC coordinator Brie Sharp.

Red Cross nurses said more preparation by donors allowed more blood to be safely taken than last time and students were well behaved.

**Newsletter, 23 Jun 2011
Pamela McAlister, BWSC Woy Woy**

Bill Clark dies

Ettalong resident Mr Bill Clark died on Friday, May 20, at the age of 79.

Mr Clark spent many years contributing to a number of voluntary organisations on the Peninsula.

He played as an organist for the Presbyterian Church in Woy Woy, where he was session clerk for 10 years, before moving on to the Uniting Church in Umina.

He also volunteered at Evensong at the Anglican Church in Woy Woy for several years and was a continuing contributor to the Scout movement.

He held down a number of roles including Scout leader at first Woy Woy Sea Scouts and was instrumental in getting the First

Woy Woy Sea Scout hall built.

Mr Clark was involved with the Scouting movement's annual Gang Show for 19 years as the accompanist and rehearsed for six months with them every Sunday for four hours.

"He lived his life to the full, participating in many endeavours that helped a large number of people and the community," said Mr Clark's wife, Lynne.

"Bill was a dedicated member of the community, a loving husband, father and grandfather, faithful servant of the Lord and a man who gave his all for the particular cause or task he was attempting at the time," she said.

**Email, 20 Jun 2011
Lynne Clark, Ettalong**

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Community Access

Mariners visit

The Central Coast Mariners' soccer skills development team visited Pretty Beach Public School on Friday, June 16.

modified soccer games and activities to promote soccer in the community and to develop new soccer skills.

skills, learn some new ones and have lots of fun," said relieving principal Ms Lee Baldock.

Newsletter, 16 Jun 2011
Lee Baldock, Pretty Beach Public School

Students participated in

"It was a fantastic opportunity for our students to show off their

Students visit hotel

Brisbane Water Secondary College senior hospitality students visited the Crown Plaza Hotel in Terrigal on Thursday, June 16, for a site

tour.

The students learnt about the various aspects of hospitality from the different departments.

The visit was organised through

the Beacon Foundation, whose aim is to encourage students to finish Year 12.

Email, 15 Jun 2011
Dyan Thais, Beacon Foundation



Students from Pretty Beach Public School taking part in Environment Day

Biodiversity activities

Pretty Beach Public School participated in Environment Day on Monday, June 6.

"Students participated in many excellent activities to promote and encourage biodiversity in our community, including the 2011 Biodiversity project," said relieving principal Ms Lee Baldock.

"Students visited the Snake Tails show to learn about the snakes and reptiles in our community," said Ms Baldock.

Students were told about

Gosford Council's biodiversity competition, which closes on Friday, September 23.

Information is available from the school's office or on the Gosford Council's website.

"With holidays coming up, now would be a great time to learn some more about Biodiversity and fill in the 'I'm bored' days, especially if the rain continues," Ms Baldock said.

Newsletter, 16 Jun 2011
Lee Baldock, Pretty Beach Public School

Raising money

Cash Housie sessions will be held on Mondays at 7.30pm at Ettalong Bowling Club, to raise money for Fairhaven Services.

The free events includes a raffle with cash rewards and prizes.

Fairhaven Services provides vocational and residential services for over 160 local people with disabilities.

It has been operating for 50 years.

Email, 14 Jun 2011
Sue Chidgey, Fairhaven Services

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Students participating in the athletics carnival

Athletics carnival

Pretty Beach Public School students participated in their athletics carnival on Wednesday, June 8.

"Finally the rain held off and students were able to show their expertise in the track and field events," said relieving principal Ms

Lee Baldock.

"Students showed their skills in having a go, had tremendous courage and displayed terrific sportsmanship throughout the day," she said.

"A special mention must be made to celebrate the parents who

put their speed and pride on the line in our three parent races.

"It was fantastic to see the community getting in and having a go."

Newsletter, 16 Jun 2011

Lee Baldock, Pretty Beach Public School

Development day

Ettalong Public School hosted its third school development day on Saturday, June 25, with the launch of the grammar component of the Australian curriculum.

Teachers from schools across NSW were also in attendance

for the launch of the English component by Dr Beverly Derewianka.

"It is a great professional learning opportunity for the enhancement of skills in the teaching of writing; one of our school targets for 2011," said principal Mr Colin Wallis.

Newsletter, 21 Jun 2011
Colin Wallis, Ettalong Public School

Laptops donated

Ettalong Public School has received a donation of computers and laptops from the NSW Lands Department.

The machines were provided courtesy of student's Adam and Jack Gowrie's grandfather Mr Phil Hooppell.

"This has been an amazing donation that has greatly increased

the number of computers available for our students' use in their classrooms," said principal Mr Colin Wallis.

"This will have major impacts upon our students' learning and well being and is gratefully received."

Newsletter, 21 Jun 2011
Colin Wallis, Ettalong Public School

Art show in Education Week

Empire Bay Public School is holding its Biennial Art Show from Friday, August 5, to

Sunday, August 7.

The art show will be held in the school's hall with the opening night

from 7 to 9pm on the Friday with live entertainment and refreshments available.

"The students have been working hard in visual arts lessons to produce amazing art works that will be displayed alongside local artists' works in the school hall," said principal Ms Sharon McEvoy.

"All artworks will be for sale at the art show.

"This is a fundraising event that will be held in Education Week," said Ms McEvoy.

Newsletter, 15 Jun 2011

Sharon McEvoy, Empire Bay Public School

Students attend enrichment days

Ettalong Public School Year 5 students have taken part in the Gifted and Talented Enrichment Days held at Brisbane Water Secondary College's Umina campus.

Students experienced what it is like to work in a number of fields including journalism and visual arts over a week, starting Monday, June 13.

"Mrs Martin and Year 9 peer mentors led 25 rookie-reporters in

a simulated newsroom to respond to scenarios and compile reports including sport and entertainment articles," said instructor Ms Sheree Gilchrist.

"Students were busy on computers to meet deadlines and earned their pizza lunch break as well as a musical performance from our Year 9 elective music group," she said.

Newsletter, 21 Jun 2011
Colin Wallis, Ettalong Public School

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Ashleigh Knight and Torigh-May Mortimer

College holds variety night

Brisbane Water Secondary College Woy Woy Campus held its variety night last month with performances from both the junior and senior campuses.

Forty acts over two nights were performed by the school's dancers, musicians and thespians.

"Equally matching in talent were our technical crew from both

campuses, ensuring our audience were impressed with spectacular lighting displays and video screen displays," said relieving head teacher of creative and performing arts Ms Kristy Garner

"It was a busy week for our performing arts students as many were selected to perform at the Central Coast Dance Festival and also the Youth In Performing

Arts Showcase and were quite successful in their performance endeavours," she said

"It is always wonderful to watch our juniors develop into exceptionally talented seniors."

Newsletter, 23 Jun 2011
 Pamela McAlister, BWSC Woy Woy

Grand opening

Ettalong Public School will hold the grand opening of its BER project on Thursday, July 28, and will display the school's new buildings and refurbishments.

The grand opening follows the installation of three interactive white boards in the last three of the school's new classrooms.

The school is also expecting the installation of two new kindergarten boards by the time of the grand opening.

Newsletter, 21 Jun 2011
 Colin Wallis, Ettalong Public School



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Out and About



The Tangeloes

First concert for new choir

The newly-formed Ettalong Choir, The Tangeloes, hosted its first acapella concert at the Empire Bay Progress Hall on Sunday, June 26, with all proceeds going to Mary Mac's Place.

Sydney choir Isingonthe cake also performed, along with local quartet The Bedroom Band and

female trio She's With Me.

The choirs sang without musical accompaniment in a four-part harmony.

The concert featured a varied repertoire, including African gospel and pop songs from the '60s to the present.

Local singer Kerryn Cooper, who has been performing with Isingonthe cake since 1997,

headed up The Tangeloes.

While The Tangeloes made their debut performance after a mere nine rehearsals, Isingonthe cake is a seasoned choir led by Sydney community choir director Mr Stuart Davis.

Email, 12 Jun 2011

Kerryn Cooper, Ettalong Choir

Energetic crowds at music festival

The Pearl Beach music festival attracted energetic crowds and rave reviews from guests on the long weekend of June 11 and 12, according to Pearl Beach Progress Association organisers.

The festival opened to a packed house, with a performance by the Orava String Quartet kicking off the festivities, said organiser Ms Lynne Lillico.

Other performers included pianist Kathryn Selby, singer Taryn Fiebig and former Pearl Beach resident, operatic performer Mr Ross Edwards.



"The weekend was a marvelous success" said Pearl Beach Progress Association president Mr

David Denton.

"Congratulations to Ms Lynne Lillico and the production team, and members of the Progress Association events committee for putting on such a successful and enjoyable festival," he said.

Media release, 21 Jun 2011
Lynne Lillico, Pearl Beach

Mo award winner two years running

Peninsula singer Ms Jenifer Green has won three Australian Entertainment Mo awards for the second year in a row.

Ms Green received three awards this year for Best Female Vocalist, Performer of the Year and Best Tribute Show, at a ceremony held at Bankstown Sports Club on Tuesday, May 24.

Ms Green won the same three awards at last year's award season, a first in the 35 year history of the Australian Entertainment Mo honours.

Ms Green said she has enjoyed many seasons working main rooms in Las Vegas, Lake Tahoe and Atlantic City.

Her show business experiences while living and performing songs in America for 15 years were what dreams are made of for a girl who hails from the Peninsula.

Touring America with super stars such as Bob Hope, George Burns, Mickey Rooney and Donald O'Connor were just some of her career highlights.

Ms Green is currently preparing to launch her Shirley Bassey tribute show entitled Strictly Bassey.

The show includes an eight-piece band under the direction of Joe Macri and support act Keith Scott, impressionist and "Man of a Thousand Faces".

Ms Green performs such



Bassey classics as Big Spender, I Who Have Nothing, Never Never Never, Something and This is My Life,

Ms Green said that, of late, she has spent her time performing on international cruise lines and clubs around Australia in preparation of launching Strictly Bassey in the United States.

Email, 20 June 2011

Wayne Cornell, G'Day Hollywood Productions

Two groups for writers

Two new groups for local writers are starting in Woy Woy.

The Friday Night Poets meet at 6.30pm on the last Friday of the month to workshop their poems with opportunities for readings and local publication planned, said organiser Ms Liz Macnamara, founder of The Clearing on Gnostic Corner, Woy Woy.

The Half-Written Book Club meets on the first Friday of the month and targets prose writers who have a project underway and have become stuck with it.

Their first meeting will be held on Friday, July 1, and will provide writers with the chance to meet and discuss their needs.

"You would not think you could write poetry to a deadline, but you can," said Ms Macnamara.

"It is a great help to have the support of other writers who give a damn about your poems.

"Reading and discussing them

with others can really sharpen your lines and clarify what you are trying to say.

"The same goes for prose writers too.

"Lots of people have a book stuck on their hard drive going nowhere.

"Now they have a place to bring it to completion with other writers who understand how difficult that can be," said Ms Macnamara.

For further information, contact Ms Macnamara on 4341 0464.

Online Submission, 16 Jun 2011
Liz Macnamara, Woy Woy

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We sell quality second-hand home furniture, clothing, books, toys and Bric-a-Brac at reasonable prices. Donations gratefully accepted and we can pick-up locally.

Enquiries: 4344 6650 or 4344 4435.

Shop 2, The Boulevarde, Woy Woy



Student holds event to break the barriers



Abigail Dixon

A free event featuring live entertainment, dance lessons and lawn bowls will be held at Woy Woy Everglades Country Club on Sunday, July 10.

The event will be held from 1pm to 4pm and is part of Retrospective, a project by Kincumber High Year 11 student Abigail Dixon.

Abigail said Retrospective was aimed at breaking the barrier between generations and removing stereotypes of young people and older generations.

"It is a non-profit and no-cost event purely to benefit the community," she said.

The event will feature "older-style music and bands, dance classes, fashion swap and perhaps lawn bowls-shared between people of all ages to escape stereotypes". "It is beneficial for both generations."

Abigail is undertaking the project as part of a youth leadership development program, Max Potential, offered by the Country Club through ClubsNSW.

The program aims to connect community leaders with emerging young leaders, providing personal leadership coaching to young people aged 16 to 25.

"This will be the perfect opportunity for me to prove to myself my progress and the influence Max Potential has had on me," said Abigail.

"With the help of my amazing coach, I'm sure that my community service project will be a success

and emotional journey, which will lead to more success and happiness in my future.

"Max Potential is a truly brilliant program that all youth should encounter.

"Not only is it a free program, it provides life-long lessons to be carried off into the future and helps us to combat any issues that need resolving," she said.

"I get a personal coach, all to myself, who I can trust and who guides me towards success in my life.

"It is really comforting; knowing that I have the support to fulfill my

dreams and help myself become the best person that I can be.

"Our lessons are based on values and focuses on personal weaknesses and strengths."

Abigail said the program used the word maximisers as an acronym of the principles of leadership.

"They help mark out my perspectives and encourage optimism, rather than having self-doubt and pessimism."

Email, 13 Jun 2011
Abigail Dixon, Kincumber

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4343 1392

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Vietnamese & Thai cuisine

Lunch Special \$6.99
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MON-WED - 11AM-9PM
THUR-SAT - 11AM-10PM

Shop 5, 3-5 Blackwall Road, Woy Woy

4342 4476

The New **ACQUAVISTA** Restaurant www.acquavista.com.au

on the beach at 345 Trafalgar Ave, Umina

Open Wed to Sun • Lunch & Dinner • Licensed & BYO bottled wine only

Special menu \$35 for 2 courses (not available Sat. night) **NEW HEAD CHEF: KEVIN KENDALL**
(Cottage Point Inn, Bilson's, Catalina)

Just a few of Kevin's dishes...
(entrees \$19.50, mains \$27 - \$35)

Jerusalem artichoke soup w flaked salt cod, crème fraiche
Panfried Scallops w seaweed salad, caramelised onion tart, parsley mayonnaise
Goat Cheese & Mustard Tart w leeks, green olive puree
Duck Confit w raisins, pinenuts, parsnip puree, port wine jus
Seared Tuna w tomato/cardamon sauce, pickled cucumber
Grilled Sole w burnt caper & caramelised butter

Weddings & Functions up to 120

check out these deals from **KFC Woy Woy**

Double Combo \$10.95
2 Original Fillet Burgers,
2 Reg. Chips &
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Cheap as Chips \$19.95
8 Pcs. Original Recipe
Chicken, 8 Kentucky Nuggets,
2 Lge. Chips, 2 Lge. Potato &
Gravy.

Offer expires 1.7.2011. Limit of one offer per coupon per customer. Only available at KFC Woy Woy.

Authentic taste restaurant

the THEIN THAI

Enjoy that special traditional Thai taste at realistic prices

Take Away & Home Delivery from 5.30pm - 9pm

4343 1851

19-21 Broken Bay Road, Ettalong Beach
Up Stairs

Swim club finishes 18th

Woy Woy Swim Club competed at the NSW State Open Swim Championships held over the weekend of June 3 and 4 at the Homebush Sydney Olympic Park Aquatic Centre.

The club finished 18th in the state and first of the Central Coast clubs.

Woy Woy Swim Club recruited four swimmers to race.

Three of those swimmers, Dean Mackay, Claire Nicholls and Sam McKeown-Paterson, collated 116 points between them for their club, with many top 10 finishes along with a number of personal bests achieved by all.

Sam McKeown-Paterson broke the NSW State 15 years male 800

metre freestyle short course record by 7.5 seconds in his 1500 metre race on the Saturday.

Twelve year old Rachel Wood also participated by qualifying for the 13 years 400 metre freestyle event, swimming a six second personal best.

Email, 9 Jun 2011

Sandra Wood, Woy Woy Swim Club

Two rugby losses to Woy Woy

Woy Woy Rugby Union first grade team has been defeated in their last two matches played.

Woy Woy lost to Avoca in round 10 on Saturday, June 18, at Heazlett Park by 50 points to 10, after having been defeated by Terrigal in the deferred round three match on Saturday, June 11, by 22 points to three at Joseph Banks Oval.

Central Coast Rugby Union president Mr Larry Thomson said that, in the game against Avoca, "Woy Woy got away to a great start with a try to Daniel Campbell but Avoca Beach were soon to gain the ascendancy with some good rugby".

Avoca went to the halftime break leading by 22 points to 10.

The game was an even battle in the first 40 minutes, however, Avoca showed considerable pace out wide.

"Avoca Beach did score eight tries in what was a dominant performance," said Mr Thomson.

"Best for Woy Woy were Gavin Hewitt, Paul Gooley and Mitch Hyde, while Avoca Beach were best served by Brad Sheridan, Adam Winter and Matt Hipwell," he said.

In the game against Terrigal, Terrigal was always in control but only led by seven points to three at the half time break.

At that stage both teams could

have won but the further the game went on, the more confident Terrigal became.

"They were able to score four tries to nil and that was a fair indication of the flow of the match over the full 80 minutes," said Mr Thomson.

"Best for Terrigal were lock Phil Heard and back Dennis Raft, while Woy Woy's Andrew McNamara had a good game and kicked their only points," he said.

Emails, 13 and 19 Jun 2011

Larry Thomson, Central Coast Rugby Union

Bowls win

Umina Women's Bowling Club held its Women's Major Singles on Friday, June 17, with six time winner Ms Dawn Burrows coming up trumps.

Ms Burrows' experience shone through with a 31 to 29 win against new member Ms Robin Davis.

Club publicity officer Ms Eve Phillips said Ms Davis had not had an easy path getting to the final.

Email, 20 June 2011

Eve Phillips, Umina Women's Bowling Club



Just gets better


Coming entertainment
Saturday 2nd July
Fallen Stars
DINNER SHOW \$35
2 course dinner served alternately

Entrée - Seafood platter
 Fresh Oysters, King Prawns, NZ Mussels, with lemon wedges and thousand island sauce
 or
 Thai Beef Salad - Thai infused tender beef strips served on a bed of crispy noodles.

Main - Stuffed Chicken with garlic butter tiger prawns
 Breast chicken stuffed with king prawns drizzled over with creamy garlic sauce, mashed potatoes and seasonal vegetables
 Black Angus Scotch Fillet - Prim Angus fillet cooked medium to med-well served with mash and seasonal vegetables

Membership draw
Thursday 30th June
\$5000
MUST BE WON!
first draw at 6pm.

Melbourne Avenue, Umina Beach
 Telephone : 4341 2618



Woy Woy Little Theatre Inc.
presents

General enquiries: Barbara Hickey (President) 4341 2931
 Secretary email: secretary@woywoylt.com.au
 Marketing enquiries: Patrice Horne 0405 350073 or
 email: patrice.horne@gmail.com
 Bookings: laycockstreettheatre.com or 4323 3233

Rebecca Gilman's
AWARD WINNING THRILLER
Boy Gets
GIRL
Directed by BARBARA HICKEY

July 15 - 31

A New York reporter goes on an blind date. After the second date, she feels awkward and decides not to continue with the relationship.


Will he give up?
 Is she being paranoid?
 Is he following her?
 Should she be worried?

15th July - 31st July, 2011 **The Peninsula Theatre Woy Woy**

A New York reporter goes on an blind date. After the second date, she feels awkward and decides not to continue with the relationship but will he give up? Is she being paranoid? Is he following her? Should she be worried?

*Originally produced by the Goodman Theatre, Chicago, Illinois, on March 13, 2000, Robert Falls, Artistic Director, Boche Schuller, Executive Director
 Originally produced in New York City by the Manhattan Theatre Club, Lytne Meadow, Artistic Director, Barry O'Connell, Executive Producer, in association with the Goodman Theatre on February 20, 2001.

Woy Woy Little Theatre
 Celebrating 50 years in 2012



Tickets are ON SALE NOW at
 Laycock Street Theatre box office
 or 4323 3233 or online at
 www.laycockstreettheatre.com
BOOKING FEES APPLY

TICKETS: Adults \$24, Concessions \$21,
 Children under 16yrs \$7.
(Not suitable for young children- contains
 some strong language)
 More information www.woywoylt.com.au
 Also on Facebook

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 Community Access
News



The Hidden Jewel of the Central Coast!

Imagine a resort styled to reflect the ambience of a Mediterranean village, with beautifully appointed accommodation, a choice of fine dining experiences, the casual atmosphere of cafes & alfresco eateries, and the joie de vivre of a village markets.

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2nd Sunday of Every Month!

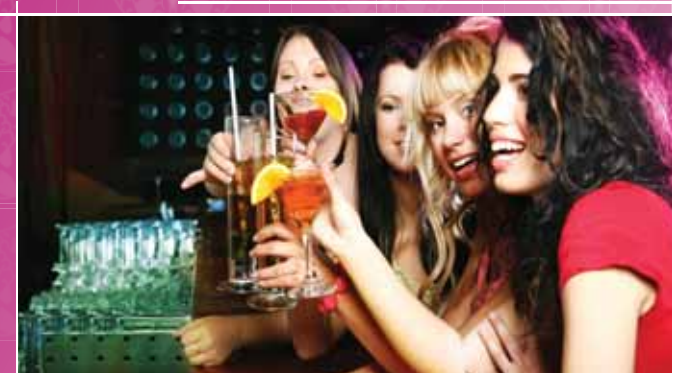
Ladies Night Wednesday's



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Directory - Not for profit Community Organisations

Animal Care

Animal Welfare League (ADS)

is a not-for-profit organisation giving aid and financial assistance to sick and injured animals and finding homes for surrendered dogs. Meetings 2nd Tues ea month, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435 awlcentralcoast@virginbroadband.com.au

P.O. Box 376, WOY WOY

Art

Ettalong Beach Art & Crafts Centre (287)

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes. Classes Mon - Sat 10am - 3pm 4341 8344 info@ebacc.com.au

Central Coast Art Society (284)

Meets for lectures, demonstrations and discussion. Weekly paint-outs ea Tues at varying locations 4369 5860.

Workshops 9.30am 1st & 3rd Wed ea month Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed ea month, for demonstrations 4325 1420 publicity@artcentralcoast.asn.au PO Box 4168 - East Gosford

Hospital Art Australia (284)

Meets every Friday 9am til 2pm 109 Birdwood Ave, Umina Painting and Canvas drawing. Volunteers welcome 4341 9920

Community Centres

Peninsula Community Centre (265c)

Cnr Ocean Beach Rd & McMasters Rd Woy Woy
Child Care - Before & After School, Vacation, Family, Day & Occasional
Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural support
Children - Little Kickers, Indian Dance, Playgroups, KindyGym,
Teenagers - "The Web" Youth Support Services.
Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.
Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control.

Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk, Discussion Groups.

Function & Meeting Rooms for 2 to 500, catering facilities avail. www.pccinc.com.au 4341 9333

Ettalong 50+ Leisure & Learning Centre (287)

(formerly Ettalong Senior Citizens Centre) Mon to Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

Gosford 50+ Leisure and Learning Centre (287)

(formerly Senior Citizens) (287) Handicraft, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Variety Social, Womens Group, Zumba, Crochet, Computer Class 4324 4749

Community Groups

AACC COMPUTER CLUB Inc. (33)

www.aacc.asn.au Help with all Computing problems - Program demos + Q&A sessions 7pm to 10pm 2nd & 4th Wed - Windows - 3rd Wed - Linux - Narara Valley High School - Supper provided Day 'meet & greet' - 12.15 - 3.15pm 3rd Tuesday of month - East Gosford Progress Hall 10 Henry Parry Drive - (cnr Webb Rd) - Afternoon tea provided secretary@aacc.asn.au 4362 1818 - 4324 2740

ABC (284c)

"The Friends" support group for Public Broadcaster. Aims: safeguard ABC's independence, adequate funding, high standards. Meetings through the year + social afternoons Well-known guest speakers Ph. 4341 5170

Beachside Family Centre (287)

School-based community centre for families with children from birth to 8 years old. Offers a range of group programs and community activities 4343 1929 Umina Public School Sydney Ave

Bridge (286c)

Played before but need to refresh your game? Tuesday at 12.15 is a friendly game without pressure. Or are you ready to jump straight back in? We play Duplicate Bridge Mon. Thur. Fri. Sat. at 12.15 and Wed. 9.15 and 6.45 Brisbane Water Bridge Club Peninsula Community Centre 93 McMasters Rd. Woy Woy www.brisbane-water.bridge-club.org

Cash Housie (269c)

50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish. www.cashousie@hotmail.com

Central Coast Handweavers, Spinners and Textile Arts Guild Inc (286c)

Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts Workshops and Community quilting bees Day and Night Groups 4325 4743 www.thecottage.org.au

Fellowship of First Fleeters (259c)

Create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet. Meet 2nd Sat ea month Wyong RSL 10am roy.kable@bigpond.com 4344 3876

Hardys Bay Residents Group (271c)

Working for a positive & Healthy Environment in our Community allanbw@bigpond.com

The Krait Club (270c)

Community Centre - Cooina Village, Neptune St, Umina 10.30am Open to senior members of Woy Woy/ Umina Community Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips 4341 0698

Mary Mac's Place (287)

Providing hot, freshly cooked meals Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services. marymacs@woywoycatholic.org.au PO Box 264 Woy Woy 4341 0584

Northern Settlement Services (282)

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre 93 McMasters Road Woy Woy - 4334 3877

Umina Beach Scrabble Club (277)

For all levels and ages Every Wednesday 9am-12pm, come along relax and enjoy a cuppa while you play Scrabble 322 West St (Rubys) Umina Beach NSW 2257 4341 4859 or 0410 438 525

Volunteering Central Coast (270c)

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. We interview potential volunteers and refer them to their choice of volunteer roles. Offer regular general info sessions at Woy Woy. sharanpage@volunteeringcentralcoast.org.au 4329 7122

Wagstaffe to Killcare Community (285)

Works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds Monthly Meeting - 2nd Mon, 7.30pm at Wagstaffe Hall PO Box 4069, Wagstaffe 4360 2945 info@wagstaffetokillcare.org.au

Disabled Services

Riding for the Disabled (282c)

Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388 stateoffice@rdansw.org.au

Health Group

Arthritis NSW (267c)

Meetings 3rd Tues ea month Community Centre, Corner McMasters Rd and Ocean Beach Road, Woy Woy - 4341 5881

Overeaters Anonymous (OA) (247c)

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating,

bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, MTG Room 5 Fridays 7:30- 8:30pm www.oa.org Ph: 0412 756 446

Woy Woy Stroke Recovery Club (67/278)

Peninsula Community Centre 2nd Tuesday monthly at 11.30 Light lunch available Company, up-to-date information Hydrotherapy, bus trips Phone 4342 1316 or 4341 7177

Service Clubs

Rotary Club of Umina (269c)

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. Everglades Country Club ea Wed 0409 245 861. curleys@ozemail.com.au

Environment

Peninsula Environment Group (287)

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

Marine Rescue

Central Coast Unit (287)

Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. 4325 7929 Boat Licence Testing on one Sat ea month 4325 7929 www.coastalpatrol.org.au www.coastalpatrol.org.au pr.centralcoast@marinerescuensw.com.au PO Box 6058, West Gosford

Music

Central Coast Concert Band (288)

Meets every Tuesday 7:15pm till 9:30pm new members always welcome.

Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560 or 0411 272 640

Sport

Woy Woy Judo Club (287)

The most fun you can have indoors Kids Classes - \$5 Fri 5.30 to 6.30pm 6 to 14yrs Adult Classes Tue & Fri 6 to 8pm

15yrs+ - First Lesson Free 4 Week Trial Ettalong 50+ Leisure and Learning Centre 0434 000 170 www.wwjc.org.au

Veterans

N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia (277)

Meet on 1st Sat each month except January. 2pm at Ettalong Beach War Memorial Club 51-52 The Esplanade. Looking for more veterans, all welcome - 4342 1107 P.O. Box 7284 Kariang

Vietnam Veterans', Peacekeepers' and Peacemakers' (284)

Assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong. Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong

Women's Groups

Country Women's Association Woy Woy (284)

Friendship Mornings 1st and 2nd Wed 10am Monthly Meetings 4th Wed 10.30am - 4324 2621

The Endeavour View Club, Woy Woy (287)

Luncheon, 1st Monday of the month at the Everglades Country Club, Woy Woy, commencing 10.30am. New members welcome. Friendship Social days, 3rd Wednesday of the month at the Uniting Church Hall, Picnic Pde Ettalong, commencing 10.30am. Coach trips available, men welcome to travel. 4341 2559 or 4344 3824

Gosford RSL Sub-Branch

Women's Auxiliary (272)

Invitation to women over 18 years to join our organisation We raise money for the welfare of veterans and their families in our district RSL Club West Gosford 4th Mon of the month 2pm 4323 7336

Peninsula Women's Health Centre (285c)

A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy 4342 5905 Wed and Thur 9.30am to 3pm - 20a McMasters Rd, Woy Woy www.cowhc.com.au

Gala day held



President Barbara, Carol Bryant (skip) Dawn Haworth and Irene Varley

The Woy Woy Women's Bowling Club held its Gala Day held on Thursday, May 26, with a team from Woy Woy going home winners.

The winning team comprised Irene Varley, Dawn Haworth and Carol Bryant as skip followed by two teams from the Terrigal Women's Bowling Club in second and third place.

"Again, there was a great tombola and many thanks go to all the ladies who donated such fabulous prizes and a special thank you to Patricia Toohey for organising it so capably," said publicity officer Ms Miriam Cotton.

The club's charity day will be held on Thursday, July 14, with all female bowlers welcome to attend.

Email, 20 June 2011

Miriam Cotton, Woy Woy WBC

Outing to the football

Umina Beach Rugby League Football Club hosted several residents from the Peninsula Retirement Village at their clubhouse on Sunday, June 5, to watch some senior football.

The outing was organized by St Edwards College student Finian Neaves as a community service project as part of a youth leadership program.

The outing took six weeks to organise.

Finian is sponsored by Gosford RSL in the ClubsNSW Max Potential Program, which aims to help develop young leaders within the community.

"Being a part of the program, I am supplied with a mentor who helps me achieve personal success," Finian said.

"I am required to complete a community service project and thought this to be a great way to do so.

"I met the residents at Peninsula Village in the morning, where they were all ready and excited to go, dressed in club shirts and hats that the club provided.

"After an exciting bus trip down the road to Umina's home ground, the residents made their way to the clubhouse where they were supplied with an excellent view of the football match," he said.

The day proved a special occasion for the football club as it marked the return of first grade coach Mr Marc Matthews after spending a number of years in retirement.

"Talking to the residents, I discovered that many of them are from the local area and they really enjoyed spending a day at the football," said Mr Neaves.

"Every one of the residents was very thankful for the generosity shown by the Umina RLFC and was hopeful that an outing like this would be organised again," he said.

Online submission, 11 Jun 2011
Finian Neaves, St Edwards College

The Peninsula Diary

For events in post code areas 2256 and 2257

Monday June 27

Woy Woy Little Thetare Reading, Foyer Peninsula Theatre

Tuesday June 28

Central Coast Art Society Paint Out, Correa Bay, South Woy Woy

Young Parent Storytime group, 12pm, Beachside Family Centre

Ettalong Public School BER project Grand Opening

Wednesday June 29

Auditions for The Mousetrap, Peninsula Theatre

Saturday July 2

Fallen Stars, Club Umina

Sunday July 10

Goddess Connections, Woy Woy South Public School 10am-3pm

Retrospective, Everglades Country Club, 1pm-4pm

Thursday July 14

Cancer council information session, Woy Woy Library, 10am -11:30am

Friday July 15

Boy Gets Girl, Peninsula Theatre

Saturday July 16

Bays community Group, Wine, Cheese and Art night

Sunday July 17

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

Sunday July 31

Breakfast in the Bays

Friday August 5

Empire Bay Public School Biennial Art Show, Empire Bay Public School hall, 7pm

Sunday August 21

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

Sunday August 28

Breakfast in the Bays

Saturday September 10

Bays Community Group, Kids Disco

Monday September 12

Sexual health week

Sunday September 18

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

Sunday September 25

Breakfast in the Bays

Sunday October 23

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

Friday October 28

The Mousetrap, Woy Woy Little Theatre

Sunday October 30

Breakfast in the Bays

Sunday November 20

Arboretum working bee, Crommelin Native Arboretum, 9am-12pm

Sunday December 16

Arboretum Christmas Party

Charity Barometer 2010/2011

The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every year.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$462,792

\$2500

\$43305

\$270

\$810

\$500

\$3812

\$1407

\$162

\$3000

\$5000

\$12888

\$739

\$777

\$571

\$3200

\$4000

\$3514

\$8700

\$3000

\$1160

\$1160

\$1160

\$1160

\$920

\$750

\$3187

\$6000

\$2121

\$200

\$100

\$1000

\$1500

\$1000

\$20,000

Peninsula raised \$2500 for careflight

Salvation Army Red Shield Appeal raised \$43,305 on Peninsula

Kmart Woy Woy raised \$270 for Ocean Beach and Umina SLSC

IGA Ettalong \$810 to charities on Central Coast

Full Life International Church donated \$500 to Mad Monday Cooking and Craft

IGA Ettalong \$3812 to charities on Central Coast

Woy Woy Public School raised \$1407 from Mothers Day stall

Woy Woy Public School raised \$162 from Easter raffle

IGA Ettalong donated \$3000 to Woy Woy Community Aged Care

Everglades Country club raised \$5000, split by Glenvale School for Children with a Disability and Camp Breakaway

IGA Ettalong \$12888 to charities on Central Coast

Woy Woy Public School raised \$739 for Queensland Floods

Umina Public School raised \$777 for Queensland floods

Empire Bay Public School raised \$571 for Flood appeal

Randalls on the Beach raised \$3200 for flood appeal

Empire Bay Tavern raised \$4000 for the flood appeal

Rotary Club of Woy Woy donated \$3514 to the Rotary District 9680 Flood Appeal.

Everglades Country Club \$8700 to Flood Relief

Brisbane Water Bridge Club donated \$3000 to the Web Youth Services

Rotary Club of Woy Woy donated \$1160 to First Woy Woy Sea Scouts

Rotary Club of Woy Woy donated \$1160 to Blackwall District Girl Guides

Rotary Club of Woy Woy donated \$1160 to The Web Youth Support Group

Rotary Club of Woy Woy donated \$1160 to Riding for the Disabled

Rotary Club of Woy Woy donated \$920 to Brisbane Water Secondary College Woy Woy campus

Deepwater Court retirement Village in Woy Woy raised \$750 for the Queensland Flood Appeal

Randalls on the Beach donated \$3187 to the Queensland Flood Appeal

Rotary Club of Umina raised \$6000 for Queensland Rotary Clubs

Woy Woy Men and Women's Bowling Club raised \$2121 for the Queensland Premier's flood appeal

Woy Woy Women's Club also raised \$200 for the NSW Bowling Association Red Cross Flood Appeal

Wallaby Street Preschool \$100 for the Queensland floods

Ettalong Bowling Fishing Club \$1000 for the Gosford Hospital burns Unit and \$1500 for the Queensland flood appeal

Lodge Morning Star \$1000 to the Woy Woy Stroke Recovery Club and Working Age Group

Woy Woy Public School P and C \$20,000 to Woy Woy Public School

Funds donated earlier in the year have been removed to allow space for more recent donations

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Classifieds

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From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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Success at judo nationals



Woy Woy Judo Club competitors have had success in the Australia National Judo Titles in Joondalup, Perth, from June 10 to 12, bringing home one gold medal, two silver medals and one fifth place.

Jordan Smith was awarded the Junior Men's Under-81kg title when he took on Australia's best on Saturday, June 11.

He is now looking to attend the Junior World Championships in Cape Town, South Africa in November.

Kayla Wells was entered in the Senior Women's Under-63kg, Mike Griffiths in the Nage no Kata, Jordan Smith in the Senior Men Under-81kg and Daniel Simmons in the Senior Men Under-73kg on Sunday, June 12.

Daniel was unplaced in the senior Men's Under-73kg as one of his opponents failed to carry through which eliminated him.

However, he sets off to Miami, USA, on Wednesday, June 29, to represent Australia in the World

Cup events from July 1.

Kayla Wells produced the adjudged throw of the day (Ouchi gari) on her way to a creditable fifth place.

"Kayla was focused and ready, taking her success through to the fight-off for the bronze medal," said club administrator Ms Lindy Simmons.

Mike Griffiths produced a commanding performance to walk away with a silver medal along with his Nage no Kata partner Rodney Moulder from Western Warriors Judo Club, Penrith.

The two have been preening their kata performance for months and said they were proud to be able to attend the Nationals.

Jordan Smith rose to the occasion in the Senior Men's Under-81kg category.

Not satisfied with gold the day before, Jordan pulled out all the stops and went unbeaten through to the final where he took out silver in a credible account of himself against the experienced Brent Iverson.

Jordan has also been selected to represent Australia at the Pacific Rim Tournaments in Noumea on July 10.

Email, 23 Jun 2011
Lindy Simmons, Woy Woy Judo

CareFlight to benefit

CareFlight will benefit from a number of fundraising events organised by Umina Rugby League Football Club in the coming months including a poker night and auction.

The club will hold its annual Ocean Beach Championship Poker Night on Sunday, July 17, with a perpetual trophy, winner's trophy and \$500 in prize money up for grabs.

A 150 club and NRL signed jumper auction will also be held by the club on Sunday, August 14, with signed NRL jumpers, Bunnies

jumpers, shirts and other items to be auctioned off on the night.

The club will also hold a fundraiser for CareFlight at the club's last home game on Sunday, August 21, against Woy Woy to acknowledge the efforts of CareFlight when reserve grade coach Mr Shannon Sharpe was in an accident.

"We will raise both funds and awareness for CareFlight at our last home game of the year against Woy Woy," said club treasurer Mr Kevin Hulls.

Email, 23 Jun 2011
Kevin Hulls, Umina RLFC

Jumpers worn for disease awareness

The Umina Beach Rugby League Club first grade side wore commemorative jumpers onto the field on June 25 and 26 to raise awareness and much needed funds for motor neurone disease treatment.

The money raised will go to supporting ongoing stem cell replacement therapy for local resident Mr Andrew Macintosh,

who was diagnosed with the disease last year.

It will also help provide the specialised equipment needed for him to partake in everyday activities.

The club has so far handed a cheque to Andrew for \$1500.

The club still have a number of jumpers available for purchase.

Email, 21 June 2011
Kevin Hulls, Umina Beach RLFC

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Multiple suspensions after all-in brawl

A total of 11 under-17 rugby league players from Umina and Kincumber have been suspended for between five weeks to three and a half years after an all-in brawl broke out between the teams at MacKillop Oval, Kincumber, on Sunday, May 29.

Eight of the players are believed to be from Umina and there doubts whether the club will be able to continue to field an under-17 side.

Players faced the judiciary last week with one player failing to attend. He has been suspended indefinitely.

Both Central Coast Rugby League and the Umina Rugby League Football Club have been tightlipped about the incident.

Central Hunter regional manager with Country Rugby League Mr Geoff Todd was reluctant to give details of the suspensions and was unwilling to confirm the number of Umina players suspended.

Umina secretary Mr Ian Sontor refused to comment until an inquiry has been completed.

Club treasurer Mr Kevin Hulls said: "The incident on Sunday is under investigation by the Umina Beach Rugby League Football Club and Central Coast Division

of Rugby League and no comment will be made until that investigation is complete.

"No Under-17s player in 2011, prior to last weekend has been sent off or cited to appear before the Central Coast Division of Rugby League Judiciary," he said.

"No player at Umina Beach RLFC in 2011 has been suspended or found guilty of any striking, fighting or foul play charges.

"No senior player from Umina Beach RLFC has been suspended for any reason in almost three years.

"These statistics are fact and furthermore are testament to the character of our club and our players.

"For any club on the Central Coast, NSW or in fact Australia, in any football code to field three senior sides, over 50 senior players every week for almost three years and not have a player suspended for any reason is a credit to that club," he said.

"The Umina Beach RLFC, its players, supporters and sponsors are extremely proud of these facts, facts that would be the envy of most clubs around the country."

Kaitlin Watts, 23 Jun 2011
Interviewee: Geoff Todd
Media Release, 5 Jun 2011
Kevin Hulls, Umina Beach RLFC

Two pennants for Woy Woy

Woy Woy Bowling Club has won two out of the three games contested in the pennant finals held at Bateau Bay Bowling Club on the weekend of June 4 and 5.

Grade seven was competitive throughout their match against Ettalong and held their opponent out with a comfortable margin of 69-48.

Grade four, also in a local derby with Ettalong, trailed for most of the game.

"The last end was a thriller with a huge crowd in attendance," said Woy Woy Men's Bowling Club publicity officer Mr Ken Poole.

The teams went into this end with Woy Woy leading by three.

Although Ettalong won the end, Woy Woy triumphed 56-54.

Grade four was courageous in defeat after closing the gap to five in the late stages going down to Halekulani 57-42.

Email, 9 Jun 2011
Ken Poole, Woy Woy Men's Bowling Club



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Tony Ferguson Weightloss program promises results for locals at Umina Beach Yousave Chemist

The Tony Ferguson Weightloss Program is now available at Umina Beach Yousave Chemist, where locals can join over 700,000 other Australians who have successfully lost weight on the pharmacy-based program.

The program, developed by pharmacist Tony Ferguson, gives members a nutritious, safe, affordable and delicious way to lose weight and improve their health and wellbeing.

According to Tony Ferguson, founder and managing director of the Tony Ferguson Weightloss Program, the program is all about helping members set achievable goals and providing them with weight loss practitioners to help monitor and support their progress on what is often a daunting journey.

"We understand that making the decision to lose weight is often one of the hardest things

for many people to do and most people have tried many times," said Tony Ferguson.

"Losing weight is more than just about shedding kilos, it is often a life-changing experience giving people the opportunity to reclaim a happy, healthy lifestyle.

I have worked with nutritionists and other healthcare professionals to develop a holistic weight loss program with an emphasis on providing one-on-one support to our members combined of course with a nutritionally balanced diet."

As a pharmacist Tony Ferguson recognised that the local pharmacy provided the ideal clinical environment for people to seek professional healthcare advice about weight loss.

Michael Cunico and the team at Umina Beach Yousave Chemist are very excited to make such an effective weight loss program available to locals.

Local Pharmacy Umina Beach Yousave Chemist outlines

how their local weight loss practitioners have been trained in three prerequisite modules on medical conditions, the fundamental principles of nutrition and the Tony Ferguson Weightloss Program.

"Our weight loss practitioners have been trained to develop personal eating plans that can include some of your favourite foods for members and offer one-on-one support through goal-setting, motivation and rewards to help them achieve their weight loss goals," Umina Beach Yousave Chemist

"We can now offer our customers a weight loss program that really works in a friendly, professional healthcare environment where they can discuss their weight loss goals with our trained staff.

We want to make the decision to lose weight as easy and non-confronting as possible."

The Tony Ferguson Weightloss Program focuses on providing a convenient way of helping

members stick to their eating plan while providing personal support and advice on nutrition.

It combines Tony Ferguson products such as shakes, soups and bars with a healthy diet of fruit, vegetables and protein, which are essential components to a healthy diet.

In the initial Weightloss phase two meals per day are replaced with a delicious range of bars, soups or shakes and the third meal of the day is a member's choice of protein and vegetables from a wide list of selected food.

Other foods are then gradually introduced back into the diet during the Progress and Maintenance phases of the program once basic healthy eating habits have been mastered.

More information about the Tony Ferguson Weightloss Program is available at Umina Beach Yousave Chemist.



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