Peninsula News

Edition 264 Phone 4325 7369 Fax 4339 2307 2 May 2011



Umina Child Care Centre

Rescuer goes to hospital too

A 24-year-old Empire Bay woman has been treated for shock at Gosford Hospital after she pulled an 81-year-old man from his car on Thursday, April 21, when she was travelling toward Ettalong.

Ms Jennifer Skehan was travelling along Maitland Bay Dr just before midday on the southern approach to the Rip Bridge when she saw a car run up an embankment, roll over and come back on the roadway inverted, taking out a light pole.

Ms Skehan parked her car and ran about 40 metres up the road before pulling open the driver's door and pulling the driver from the vehicle.

She was transported to Gosford Hospital with the driver and treated for post-traumatic stress.

"She ended up in hospital because, after her actions, it sunk in what she had done," said her father Mr Ray Skehan.

"It didn't really help with all the people around mentioning the car could have exploded - too many American movies," he said.

"I think she did the right thing.
"It's just people were saying to
her afterward that they wouldn't
have done it because of this and

"That's why she sort of fell over after the event when she realised what had happened.

"She was out that night and the fellow she pulled out of the car rang her in the morning to see how she was.

"So he was all right.

"It just looked pretty spectacular at the time," said Mr Skehan.

Kaitlin Watts, 28 Apr 2011 Interviewee: Ray Skehan

Council increases child care fees

Gosford Council has decided to increase fees by 19 per cent at its Umina Childcare Centre in an attempt to recover costs.

Council's community services director Mr Terry Thirlwell said that before the fee rise Council had been subsiding fees.

"In the past council has operated under community obligation.

"Now we have to look at sustainable local government and we have to look at the provision of services and the maintenance of the level of services," said Mr Thirlwell.

"We have to look at how we can maximise our income and we have to look at the financial sustainability of local government."

Families who sent their children to Umina Childcare Centre received letters from mayor Cr Laurie Maher about the planned fee rise, asking for comment.

"There have been a number of comments received already.

"People don't like the fees going up so that's what people generally write in and say," said Mr Thirlwell.

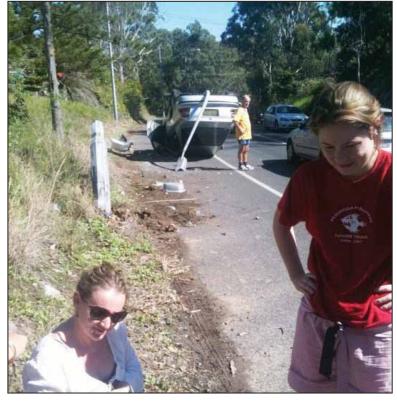
He said that, with rising costs in the industry, the fee rise was inevitable.

"The cost of provision of services is ever-increasing and council has a limited access to funds through rates and other grants.

"To be able to continue providing the services across council, we have to look at how we can financially sustain those services and where there are opportunities we take them," said Mr Thirlwell.

The council plans to increase fees at all of its nine childcare centres

Kaitlin Watts, 27 Apr 2011 Interviewee: Terry Thirlwell



The scene of the accident

CCTV for Umina oval

Seven closed circuit television cameras and lighting are to be installed at the Peninsula Recreation Precinct at Umina oval at a cost of \$122,500 from proceeds of the Crime Act fund.

A fence costing \$30,000 will also be built around the Pelican Park playground at Fisherman's Wharf, Woy Woy.

Member for Robertson Ms Deborah O'Neill said the Federal Government's Safer Suburbs initiative would help to improve public safety at hot spots and potential problem areas.

"We want local people and visitors to our area to not only be safe but feel safe when they are in our public spaces.

"This investment will help us achieve that," said Ms O'Neill.

"Our new \$4.5 million Peninsula Recreation Precinct has been phenomenally popular with local families since its opening last year, and we want to protect that investment," she said.

"We want to prevent antisocial behaviour and criminal acts wherever possible, rather than deal with the social, environmental and economic consequences of crime,.

"A simple measure such as a fence for a children's playground will make a huge difference to the parents who've been lobbying for this improvement.

"I took local parents' concerns

to Canberra and am glad that the Federal Labor team has been able to deliver a result for them and their kids," she said.

Mayor of Gosford Cr Laurie Maher said that it was fantastic to see the safety concerns of the community being recognised, after strong local support for the projects.

"These projects have been recognised as important for safety and meet the community's needs and expectations, as well as protecting residents and tourists from anti-social behaviour.

"Each project will only go to further improving the safety and aesthetic quality of some of Gosford's most valuable community assets while also giving greater protection to the wider community."

Media Release, 19 Apr 2011 Gosford Council Media Media Release, 17 Apr 2011 Matt Pulford, Office of Deborah O'Neill MP

Your chance to Win!

Peninsula News is giving one lucky mum the chance to win a Mother's Day gift voucher for Edge shoes, bags, accessories in Umina valued at \$100.

Edge is located in Berith St, Umina, and stocks a range of women's shoes, handbags and accessories, catering to women of varying tastes and ages.

To win the gift voucher, write your name, address and phone number on the back of an envelope and send to Peninsula Edge shoes, accessories competition PO Box 1056, Gosford, NSW, 2250, by

the close of business Thursday, May 12.

The winner of last edition's Peninsula News Western Plains Zoo Giveaway was Ms D. Gray from Woy Woy.

Kaitlin Watts, 29 Apr 2011



April makes up for dry months

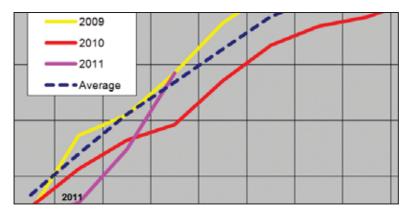
Year-to-date rainfall is above average for the first time in more than a year, with April receiving more than twice its monthly average and almost as much as the previous three months combined.

By last Friday, April 29, a total of 275.1mm had fallen for the month, according to figures supplied by Mr Jim Morrison of Woy Woy.

This was almost 2.4 times the monthly average of 116.8mm and just short of the combined total for the previous three months of 296.1mm.

Year-to-date rainfall was last above average in August 2009.

Only two months have been wetter in the last six years: April 2007 which had a fall of 292.9mm and June 2007 with a fall of



Average maximum temperature for the month was 23.3 degrees, while the average minimum was 14.8, according to figures from www.peninsulaweather.info.

Highest minimum of 17.1 degrees was recorded on April 7 and lowest maximum of 18 was recorded on April 23.

Highest and lowest temperature for the month were recorded within a day of each other, with 30.9 recorded on April 10 and 10.5 recorded on April 11.

Highest wind gust for the month was 24.1km/h recorded on April 4. Spreadsheet, 29 Apr 2011 Jim Morrison, Woy Woy www.peninsulaweather.info

Peninsula directory of services, contacts and support groups

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Emergancy

Ambulance, Police, Fire 000 Police Assistance Line 131 444 Crime Stoppers 1800 333 000 Woy Woy Police Station 4379 7399 Energy Australia 13 13 88 Gas Emergency 131 909 Gosford City Council 4325 8222 Marine Rescue NSW -Central Coast 4325 7929 SES - Storm and Flood

Aboriginal & Torres Strait **Islander Organisations**

Mingaletta 4342 7515 Aboriginal Home Care 4352 1153 Drug & Alcohol rehab 4388 6360

Accommodation

Emergency 132 500

Cassie4Youth 4322 3197 Coast Shelter 4324 7239 Pacific Link Com Housing 4324 7617

Dept. of Housing Gosford 4323 5211

Rumbalara Youth Refuge 4325 7555 Samaritans Youth

Services 4351 1922

Youth Angle • Woy Woy 4341 8830 Woy Woy Youth Cottage 4341 9027

Animal Rescue

Wildlife Arc 4325 0666 Wires 8977 3333

Community Centres

Peninsula Community Centre 4341 9333

Men's Shed Cluster Inc 0413 244 484

Counselling

Centacare: 4324 6403 Relationship Australia: 1300 364 277 Interrelate: 1800 449 118

Family and Relationships

Gosford 4324 6403

Gosford Family Support Service 4340 1099

Horizons (For men with children) 4333 5111

Uniting Care Burnside Gosford 4352 3222

Health

Poisons Information 131 126 **Ambulance Text Mobile 106 Ambulance GSM** 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Sexual Health @ Gosford Hospital 4320 2114

Legal & Financial Help

Financial Counselling Service 4334 2304 Tenants' Advice and Advocacy **Service** 4353 5515 Woy Woy Court 4344 0111

Libraries

Gosford district:

Umina Beach 4304 7333 Woy Woy 4304 7555

Problems,

Habits & Addiction

Alcoholics Anonymous 4323 3890 Narcotics Anonymous 4325 0524

Transport

Taxi 131 008 **Busways** 4368 2277

City Rail 131 500 **Welfare Services**

Gosford Family Support 4340 1585 Meals on Wheels

Gosford 4367 4333 **Department of Community Services** Gosford 4336 2400

The Salvation Army 4325 5733 **Samaritans Emergency**

Relief 4393 2450 St Vincent De Paul Society **HELPLINE** 4323 6081

Peninsula News is a fortnightly community newspaper owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula. see www.peninsulanews.info for all editions published

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Woy Woy Community Media Assoc Inc 2011 Membership Application

Peninsula News is unique in being owned by a voluntary community group. Being a member is a great way to show support for the newspaper and to help ensure its continued independence

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Please send this form together with \$5 to Woy Woy Community Media Assoc Inc, PO Box 585, V Membership fees can be deposited to the association's Greater Building Society account BSB 63	, ,

Changes needed in Ettalong, says Chamber

The Peninsula Chamber of Commerce has called for "extra incentives and a major overhaul of business conditions" in Ettalong so that the town can remain competitive with Umina and Woy Woy shopping centres.

"There are many excellent retailers in Ettalong but without extra incentives and a major over hall of business conditions in the town, it is very hard to draw additional customers into the village," said Chamber president Mr Matthew Wales.

Mr Wales said it was essential in a town such as Ettalong to provide convenient kerbside redevelop parking, poor commercial stock, introduce residential living in the town centre and form an economic strategic plan for its long-term future.

"This is largely in the hands Gosford Council which needs to maintain kerbside parking, introduce new planning guidelines, provide incentives for developers and champion an economic plan for the Peninsula as a whole.

"Regrettably we have been waiting six years for the introduction of the new Gosford Environmental Plan which has left property owners uncertain over the future of their commercial properties in the village."

Mr Wales said the Chamber was disappointed that Council still had not moved on the Chamber's suggested Peninsula Master Planning Committee which aimed address the flagging

fortunes of both Ettalong Beach and Woy Woy retail centres.

He said the joint Government funded \$100,000 Peninsula Vision document was still sitting on a shelf gathering dust nearly seven years after being completed.

"At the time, a Special Rate Levy to fund economic growth was rejected and the Chamber would not support a levy again."

Mr Wales said levies were not the answer, claiming that ratepayers were already taxed enough.

"Better directed and more effective use of existing funds should be encouraged," he said.

"However, many of programs developed Peninsula Vision could still be implemented with Council and State Government support.

"It is imperative that a economic Peninsula wide strategic plan be developed and implemented to co-ordinate and encourage business growth," said Mr Wales.

Mr Wales said: "Ettalong Beach is a great little tourist centre but is under enormous pressure from booming businesses in the Umina Beach retail precinct.

"Despite repeated efforts over the years to revitalise the village, you ultimately need more main street foot traffic for the town to be sustainable, you need customers.

"The Chamber can only do so much before you need major intervention from government," he said.

> Media Release, 25 Apr 2011 Matthew Wales, Peninsula **Chamber of Commerce**



The main street of Ettalong



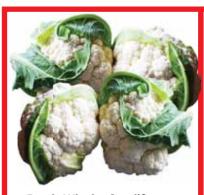
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Abolish two-tier planning law

I refer to the wonderful piece of spin-doctoring published under the heading "Bypass council on planning, says chamber" (Peninsula News, April 18).

"Council's don't always act in the State's interests," says Matthew Wales.

Is council elected to act in the State's interest?

"In the State's interest" is nothing but a loop hole in the planning process.

Who is to determine what is "in the State's interest" and how it is quantified?

A majority of NSW voters determined that more than 16 years of Labor government was not in the State's interest.

Was every planning decision signed off by Frank Sartor or the Keneally government in "the

Forum

State's interest"?

I say no.

How does a Planning Minister determine that a four-storey building was not in the State's interest but a taller building is?

Could the answer be "political donations" or is it bigger profits for developers?

Why do we need to by-pass council anyway?

There is a mechanism for holding council accountable.

If they perform poorly, we vote them out of office.

Elitist rich object to this process. It seems that cashed up developers, investors and the lobbyists they employ are a minority who claim to be disadvantaged when dealing with councils chosen by the local riff-raff.

Mr Wales' media release, after the spin has been removed, is a request for a two-tier system, one law for the rich and another law for the rest.

Those who can't afford lawyers and consultants can deal with council while corporations and cashed up individuals can deal with a higher authority.

This seems to me to be a form of democracy that is usually practiced exclusively by Third World governments.

The State Government should proceed with great haste to abolish Part 3A.

If developers, investors or their lobbyists don't like it they have two choices: Get elected to council or take their cash and their influence interstate, or better still, to the Third World.

Email, 29 Apr 2011 Tim Haylor, Umina

Council represents community

Matthew Wales (Peninsula News, April 18) is using his position as Chamber of Commerce president to further his own business interests.

We elect the council to make decisions in the interest of the local

Forum

community; they are not there in the interest of the state.

We don't want the state to over-ride the interests of the local community.

Online Submission, 17 Apr 2011 Ross Cochrane, Woy Woy

Councils act for locals

Matthew Wales states that "Councils don't always act in State interests" (Peninsula News, April 18).

This makes me wonder in whose interests he acts, given he operates the planning consultancy which supported the Tesrol

Forum

application.

Local councils represent and act in the interests of locals.

That is their charter.

Letter, 27 Apr 2011 Rie Lester, Umina

No planning, no money or simply no taste?

As a new resident of the beautiful Peninsula area, I am very disappointed with the state of the Esplanade along the beachfront in Ettalong.

I recently had a visitor from Melbourne and thought to show off our new environment, including a drive along The Esplanade.

I had not realised what an untidy

Forum

mess it was with stunted bushes, knee high weeds, lantana and all sorts of ugly growth.

Instead of being a breathtaking scenic drive, I spent my time apologising for the condition of the mess.

Then to top it off, there smack

in the middle of this rubbish was a Council notice threatening to fine any one daring to cut any of it down.

Please Council, wake up.

Instead of a world class scenic drive, you are advertising to all that you have no town planning, no money, or simply no taste.

Email, 19 Apr 2011 Peter Whiteman, Daleys Point

No exemptions

Obviously property owners or people with many fingers in the property pie will fight to retain Part 3A of the EP&A Act or something similar, but social and environmental standards must be considered as well as financial gain.

When it comes to developments which everyone has to live with,

there must be a set of building standards and no exemptions should be made.

Forum

It is certainly unusual for me to defend Council but for goodness sake let us have a semblance of democracy.

Email, 27 Apr 2011 Margaret Lund, Woy Woy Bay

More Forum page 17

Let's get a boardwalk

I am in full agreement that a boardwalk along the Umina-Ettalong foreshores is

Forum

exactly what we need.

ADVERTISEMENT

Deborah O'Neill мр



On our side

My office can assist you with queries about the following Federal Government services:

- Anniversary messages
- Medicare
- Centrelink
- Aged pension
- Family support
- Pharmaceutical
- payments
- Benefits Scheme
- Veterans Affairs
- Immigration

For help with these or any other Federal Government issue, please contact my Gosford Office on 4322 1922 or email me at Deborah.O'Neill.MP@aph.gov.au

Deborah O'Neill Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.

We have this beautiful view that cannot be seen because of bushes that have overgrown or been broken and left to die and accumulate.

It is shameful.

With visibility, more people would walk the walk, take visitors to see and therefore crimes of exposure would be less likely.

Come on, Council, clear this rubbish.

Let's get a boardwalk going.
Online Submission, 27 Apr 2011
Jean Heddo, Umina

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The \$64M question: Settling on a sale price in 2011 very owner has a price they First, you can choose a marketing can deliver your best outcome.

Every owner has a price they would like to see on their property. Every buyer wants to find a property at the right price for them. And the price a property actually sells for is the only price that really counts.

No arguments there. Now let's imagine this is the year you intend to sell a property you own. As a seller, you have price expectations and probably plans that depend on the price you achieve. You also have

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Residents brave the rain

Several hundred residents and visitors were at Woy Woy for a very wet Anzac Day on Monday, April 26.

Driving rain fell as marchers and participants took their places at the Woy Woy Cenotaph for the 10.30am commemoration service.

Woy Woy Ettalong Hardys Bay RSL Sub-Branch secretary Mr Jack Carney led the service, which included speeches by Brisbane Water Secondary College students Maani Trui and Ashley Knight on what Anzac Day meant to them.

Prayers were led by Eighth Brigade chaplain, the Reverend Mark Watt, who is the minister for the Uniting Church's Ettalong and Umina congregations.

The rain lifted by the time it came to lay wreaths.

When the service was over a number of participants retreated to the cover of the Woy Woy Hotel.

About 20 people pushed on to the Vietnam Vets Memorial at Ettalong for another wreath-laying ceremony, led by the Vets' Gosford

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City Sub-Branch president Mr Richard Gray.

At both Woy Woy and Ettalong, there was a strong presence from local veterans.

TPI Association NSW president Mr Patrick Bright was one of several laying wreathes on behalf of totally and permanently incapacitated exservicemen and women.

For those who had been going since dawn, the Ettalong Beach War Memorial Club offered its traditional Anzac Day Smoko as an opportunity to dry out and catch up with old comrades.

Media Release, 28 Apr 2011 Matt Pulford, Office of Deborah O'Neill MP



Marchers had their umbrellas at the ready ahead of the Anzac Day morning service at Woy Woy



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Casual Dining at its Best!



Marie Andrews when she was elected as Member for Peats in 1995

Photo: Val Bridge

Dinner for Marie

A community dinner will be held on Thursday, May 5, at the Everglades Country Club in recognition of former Member for Gosford Ms Marie Andrews.

The community dinner will recognise the contribution Ms Andrews made to the electorate of Gosford and Peats.

"Marie's decision to retire from State Parliament, prior to the 2011 election, was accepted with much regret from a very appreciative Gosford and Central Coast community," said function

organiser Ms Anne Sullivan.

Ms Andrews was originally elected to the seat of Peats in 1995 and continued to serve her electorate until the boundaries changed in 2007, when she was elected for a further term to the newly-named seat of Gosford.

"During her 16 years in the NSW Legislative Assembly, Marie not only served on many parliamentary committees but prioritised advocacy for her constituents in Gosford," said Ms Sullivan.

Media Release, 26 Apr 2011 Anne Sullivan

looking for foster carers on the Peninsula for cats and dogs.

Coastal Paws Rescue is

"The Peninsula foster carers are overrun with cats and kittens at the moment," said carer Ms Christine

"There are so many cats and kittens being killed every week and the breeding season doesn't seem to be over yet with more kittens being born every week.

"We currently have two adult

Cat carers wanted

little kittens all requiring homes." A female cat and her kitten were rescued recently when they were abandoned after a family vacated a rental property in Palm St, Ettalong.

cats, four half-grown kittens and 10

The kitten and its mother were treated for fleas.

"Our organisation needs foster carers for cats and dogs," said Ms

"If you are an animal lover and have room in your family for an extra animal or two on a short or long-term basis, please get in touch with us so we can save more lives," said Ms Pirie.

"As a carer, all you have to provide is love and a home environment.

"We reimburse for any food or veterinary expenses."

With inquiries, phone Christine on 0414 868 185.

> Media Release, 19 Apr 2011 **Christine Pirie, Coastal** Paws Rescue

Church block sells for \$1M

A 4000 square metre block in Morris St, Umina, formerly owned by the Catholic Church, has sold at auction for \$1 million.

The property was bought from the Catholic Church by an investment syndicate in 2006 for \$2.77 million.

The property, in two lots, is zoned 2b medium density residential and is located about 2.5 kilometres from Umina shops.

The property was sold at auction by Ray White Gosford.

Newsletter, 22 Apr 2011 Edgar Adams, Central **Coast Business Review**



New call on substation

NSW Greens MP Dr John Kaye has called on the new Coalition government to halt the construction of the Empire Bay substation, according to Greens NSW MP Dr John Kaye.

"Local Member Chris Hartcher's appointment as the Minister

"While several power poles have already been erected along Empire Bay Dr, there is still time to respond to the community's concerns and call off the substation construction.

Dr Kaye said Mr Hartcher can no longer use the excuse of being in Opposition and is now able to change decisions on energy policy. Media Release, 29 Apr 2011 John Kaye, The Greens





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Scholarship offered

Bays residents are being invited to apply for the Bays Community Group Bays Scholarship Program 2011 to assist them in pursuing their goals.

Nominations and applications are due by September 30, when the Bays Scholarship Program Executive Committee will review the applications and announce the winner at the general Community Group meeting on October 15.

The winner of the Bays

Scholarship Program will receive a cheque for \$250 to be used as needed by them and a certificate from the Bays Community Group Inc.

The Bays Scholarship Program has no age limits.

However, the program is restricted to Bays residents

With inquiries, phone Greg on 4342 6967.

Newsletter, 19 Apr 2011 Greg McMullen, Bays Community Group Inc



John Keep on the Brisbane Water Challenge

Toastmasters' anniversary

Ettalong Toastmasters is calling past members and anyone interested to join them on Sunday, May 22, for the silver anniversary of the club.

The anniversary will run from 1:30pm to 3:30pm in the

auditorium of the Peninsula Community Centre.

Members are invited to dress in 1980s fashion.

For further information, phone Jan on 4341 6842.

Online Submission, 18 Apr 2011 Jan Cummings, Ettalong Toastmasters

Guide dogs walk to Woy Woy

Guide dog users on the Central Coast participated in a 14km walk from Gosford to Woy Woy on Monday, April 18, as part of the Brisbane Water Challenge.

The Brisbane Water Challenge was established to

coincide with International Guide Dog Day on April 27 to celebrate the independence of guide dog users in the community.

Guide Dogs Newcastle regional manager Mr John Payne said there was a need to reach out to the people who had deteriorating vision and were not

seeking help.

"By seeking help sooner rather than later we can help reduce the incidence of accidents, falls and depression as a direct result of vision loss," he said.

> Media Release, 29 Apr 2011 Sally Edgar, Guide Dogs NSW-ACT

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Nuclear medicine gamma camera at Woy Woy

A new medical scanner which combines x-ray computer tomography (CT) with a nuclear medicine gamma camera is being installed at Brisbane Waters Private Hospital in Woy Woy.

Known as a Spect-CT scanner, the scanner combines both single-photon emission computer tomography (SPECT) images with CT images, according to nuclear medicine physician Dr Sandeep Sharma from Central Coast Radiology and Nuclear Medicine.

The Spect images show how different parts of the body function, while the CT images highlight body structure.

Combined, they give a more accurate result than using either technique by itself, he said.

"Spect images are obtained following an injection of a radiopharmaceutical which highlights specific areas in the body depending on the type of scan being performed," he said.

"For example, it will outline over-active bone in the case of bone disease.

"The radiopharmaceutical is detected by the nuclear medicine gamma camera which is close to the patient, providing nuclear physicians with a 3D image.

"A CT scan, taken at the same time when patients lie on a bed that moves into a donut-shaped X-ray machine, will then follow to localise any areas of interest," he said.

"When we merge the two images together we can more accurately assess the problem, where it is, how it is functioning and its spread.

"This is especially important for detecting cancer, certain fractures and localising causes of nonspecific pain."

Dr Sharma said the technology would be particularly useful in areas of the body like the cervical spine, hands and feet, where it is sometimes hard to determine from nuclear medicine imaging alone

Discovery I-ME FORK

whether the problem lies in the bone or the adjacent joints.

It will also be useful in localising tumours in areas such as the liver and abdomen.

"Fusing a Spect with a CT image provides added information to confidently and accurately pinpoint and diagnose the problem," he said.

I-Med Network CEO Mr Mark Masterson said the radiology group was excited to be able to make such important technology available to residents on the Peninsula.

"We have invested significantly in this nuclear medicine equipment to help doctors improve the diagnosis of difficult healthcare issues and wish to ensure all our patients in Gosford and surrounding suburbs, Woy Woy and on the Southern Peninsula have access to vital Spect-CT scanning technology," he said.

He said the new acquisitions should mean faster, more accurate diagnoses of complex health issues.

With the new scanner at the local hospital, patients in Woy Woy and elsewhere on the Peninsula, particularly the elderly, should no longer have to travel to Gosford or Erina for important scans.

Media Release, 18 Apr 2011 Edwina Brook, Crossman Communications



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Hospital Art members wanted

Hospital Art Australia is looking for new members for its activity centre in Umina, The Cottage at Peninsula Village.

"The Umina Cottage will be central to Hospital Art's activities where volunteers will prepare paints and canvases for painting at the nursing homes and care facilities which use the Hospital Art programs," said Hospital Art president Ms Pat de Carle.

"Hospital Art artists then review the finished paintings before returning them to the establishment for hanging."

Hospital Art meets every Friday morning from 9:30am and is always looking for new members.

With inquiries, phone Pat on 4341 9920.

Media Release, 27 Apr 2011 Pat de Carle, Hospital Art Australia



Film for health centre

The Central Coast Community Women's Health Centre is holding a charity screening to raise funds to extend its children's services program at the Peninsula Women's Health Centre in Woy Woy.

The movie Desert Flower will be

shown at the Avoca Beach Picture Theatre on Thursday, May 19.

The theatre will open at 6:30pm for a 7:30pm start.

Tickets will cost \$20 per person and are available at Avoca Beach Picture theatre or through Box Office

> Media Release, 21 Apr 2011 Trish Griffin, CCCWHC

Upgrade starts on mental health unit

Brisbane Waters Private Hospital has started an upgrade to its Central Coast Clinic mental health unit.

The new \$3.2 million single level wing will comprise 14 patient rooms, nursing stations, dining rooms, activity rooms, an office and a landscaped courtyard.

Central Coast Clinic was opened in November 2008 with eight private rooms and two twin-share rooms that provided accommodation for 12 patients at a cost of \$1 million.

The hospital claimed it was the first dedicated private mental health facility on the Central Coast to provide comprehensive specialist service to both inpatients and outpatients.

Founded by a group of local

doctors 30 years ago, Brisbane par Waters Private Hospital is now me owned by Healthscope Group clir which operates 44 private

hospitals throughout Australia as

well as in Asia, along with over 500

pathology collections centres, 73 medical centres and skin cancer clinics nationwide.

Newsletter, 22 April 2011 Edgar Adams, Central Coast Business Review

Market day for Cancer Council

A market will be held at Woy Woy South Public School on Sunday, July 10, from 10am to 3pm to raise money for the Cancer Council.

The event will be run by Goddess Connections and will feature stalls "to pamper the goddess within".

"We chose to put together this event and call it, Goddess Connections, as we are aiming to interest girls and women in our community," said event organiser Ms Ruza Santos.

"There will be jewellery, make-up, mini facials, fashions, bags, accessories, massage, scented candles, aromatherapy, clairvoyants-tarot card reader, chocolate wheel, lucky door prizes, entertainment by local artists and groups, and a variety of foods."

The market will be held undercover.



With inquiries, phone Ruza on 0425 206 781.

Online Submission, 27 Apr 2011 Ruza Santos, Goddess Connections

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Desks and chairs for sale

St John the Baptist Catholic Primary School has a number of student desks and chairs available for purchase along with old steel shelving, after the school installed new desks and chairs over the Easter break.

A number of the school's classrooms received new student chairs to compliment the new student desks that were purchased by the school.

"This means that every class

ETTATIONG BEACH/ARTS

in the school now has near new desks and chairs to bring it up to the standard expected of 21st century education," said principal Mr Frank Cohen.

New shelving was also built in the school's library and in the staffroom in an attempt to strengthen teaching and learning resources.

With inquiries, phone the school on 4341 0884.

Newsletter, 28 Apr 2011 Frank Cohen, St John the Baptist Catholic Primary School



Gardens and chickens for mini farm

St John the Baptist Catholic Primary School has completed the construction of garden beds and chicken coops over the Easter break.

They will be included as part of the school's mini farm.

"The concept of the mini farm is to model for children where food comes from," said principal Mr Frank Cohen.

"It is also our intention to sell the produce back to the community and hence illustrate for children some basic commerce principles.

"We have never done this before."

Mr Cohen said fathers of students had volunteered their time for the project.

Newsletter, 28 Apr 2011 Frank Cohen, St John the Baptist Catholic Primary School







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Peninsula Community Access News

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Ocean swell warning

NSW Maritime has issued an alert to surfers, swimmers, boat skippers and rock fishermen with large swells forecast to impact the Peninsula over coming days.

The large waves and strong winds may create dangerous conditions for swimmers and novice surfers and numerous rips currents are expected to form.

"People need to take extreme care, particularly as beach patrols have now wrapped up until September," said Surf Life Saving NSW Lifesaving manager Mr Dean Storey.

People were advised to swim only at beaches which are still patrolled by council lifeguards, he

Rock fishermen were also being warned to be particularly cautious and avoid fishing on exposed rock

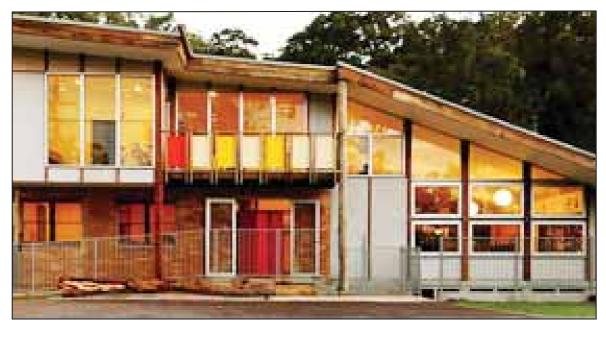
NSW Maritime chief executive Mr Steve Dunn said the Bureau of Meteorology was forecasting swells reaching three metres for many coastal areas.

"These conditions should concern anyone boating in coastal areas, particularly where skippers are planning to head out to sea," said Mr Dunn.

"Every skipper is responsible for the safety of their vessel and all on board and they should routinely check official forecasts before

"Log on with Marine Rescue before every trip offshore, wear a lifejacket because if you're not wearing it, it can't save your life, and if in doubt, don't go out."

Media Release, 27 Apr 2011 **Neil Patchett, NSW Maritime** Media Release, 28 Apr 2011 Arielle Bird, Surf Lifesaving NSW



Morning tea for pre-school

A Mother's Day morning tea will be held for Pretty Beach Community Preschool on Friday, May 6, at a cafe in Hardys Bay from 10am to

One Million Women Campaign CEO Ms Natalie Isaacs will speak at the Mother's Day morning tea at The Fat Goose Cafe in Hardys Bay about taking practical action on climate change.

All funds raised from the day will go directly to the Pretty Beach Community Preschool to assist with environmental initiatives.

The event is open to all

interested community.

Tickets must be pre-purchased Pretty Beach from either Community Preschool or The Fat Goose Cafe.

Media Release, 28 Apr 2011 Helen Tinson, Pretty Beach **Community Preschool**

Real estate agency opens

A real estate agency that has operated out of Kincumber for the past seven years has opened an office in Umina.

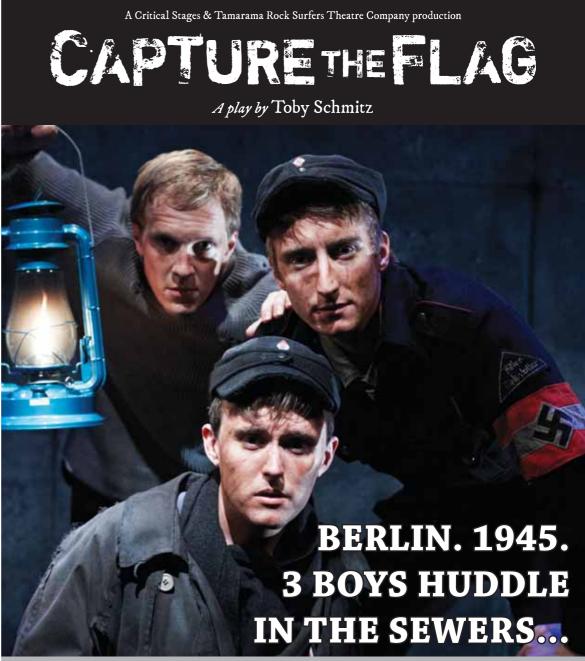
Mr Chad Knight and Mr Paul Kemp have expanded their Wiseberry Coastal real estate agency to an office in West St, Umina, after 15 years of real estate experience elsewhere on the Central Coast.

They became a Wiseberry

franchise in April 2010 and the new office will be in partnership with Peninsula agents Mr Rod Dillon and Mr Troy Howe.

Mr Knight said the Umina business would be known as Wiseberry Peninsula and would extend to Pearl Beach and Empire

> Newsletter, 22 Apr 2011 Edgar Adams, Central **Coast Business Review**



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Time with family is

Peninsula mothers looking forward to spending quality time with the family this Mother's Day, according to survey of 50 local women.

The online survey found that 47 per cent were looking forward to spending quality time with their loved ones on Mother's Day, 35 per cent wanted to do absolutely nothing around the house, 13 per cent wanted some pampering, and just five per cent hoped to be treated to breakfast in bed.

According to the survey, conducted by Emit Fitness in Ettalong, 98 per cent loved having kids, with 43 per cent saying it was the most rewarding thing they had ever done.

"I love that no matter how hard things may seem at times, all it takes is a hug from my kids and I remember what's really important," said one respondent.

"They bring me so much joy and laughter every day."

However, the survey also found that 80 per cent of the women still felt that they needed more time for themselves.

As many as 30 per cent said that they had no time during the week to take time out, with 33 per cent of those surveyed saying that they were not getting enough support from their partners when it comes to raising the kids.

The majority of the women said they did not have enough time during the week to exercise and eat healthilv.

Emit Fitness exercise and wellness coach Ms Rhiannon Lovell said: "Mother's Day is the one day of the year where mums



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Mothers' Day wish

should get the recognition they deserve and it's great to see that spending quality time with family is top of the list in terms of priorities,

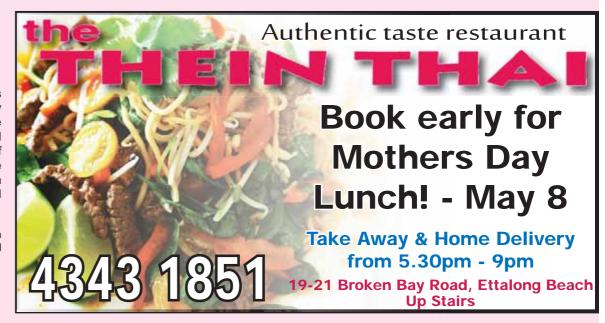
"Being a mum is one of the most satisfying things a woman can do, but like with anything in life, there has to be a balance," says Rhiannon.

"Not only that, mums have a really important role to play in setting a good example for their kids so that healthy behaviours are passed down through the

generations.

"No matter how busy our lives are, mums need to make sure they dedicate enough time during the week to invest in themselves and that includes decent amounts of exercise, great nutrition and some quiet time out from being a mum to reflect and help focus," said Rhiannon.

Email, 29 Apr 2011 Hedgie Gundry, Llewellyn Communications Pty Ltd







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Out and About





Tap dancers wanted

A tap dancing group is wanting more members to help raise funds for the Fred Hollows Foundation.

The Gals are seeking new female recruits of any age who love to dance.

in Woy Woy on Friday mornings from 10:30am with concerts generally held mid-week.

Gals have been entertaining around the Central Coast for nearly 20 years, performing at venues including the Ettalong Beach Resort, Kariong Flora Festival, Gosford Senior Citizens, RSL Clubs, retirement villages and aged care homes across the Central Coast.

Media Release, 20 Apr 2011 Chris Dillon, The Gals

The group holds rehearsals at the Peninsula Community Centre



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Wine club wants members

A wine appreciation club is looking for new members from all walks of life who appreciate fine food and wine.

Everglades Wine Appreciation Club vice-president Mr Stephen Fry said the club would hold its next meeting in July and new memberships were welcome.

"The club provides opportunities for members to enjoy fine food with accompanying wines selected to complement the meal," said Mr Fry.

"The menu generally consists

of entree, main and dessert with accompanying wines.

The club holds its meetings three times a year at the Everglades Country Club in Woy Woy.

"At the last meeting on March 9, members enjoyed a French theme with an excellent Chateaubriand for the main (thick tenderloin steak served for two), accompanying entree and dessert with French and Australian wines," said Mr Fry.

Media Release, 20 Apr 2011 Stephen Fry, Everglades Wine Appreciation Club.





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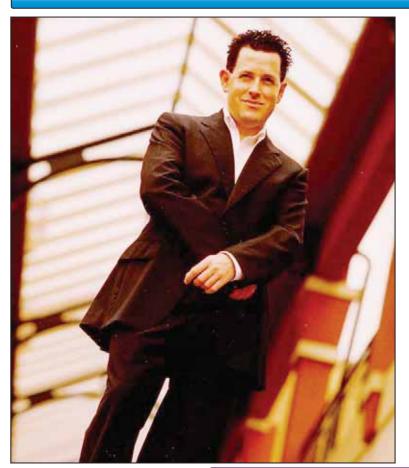
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Music teacher plays at restaurant

A Umina restaurant has secured the services of a teacher of big band and jazz ensemble at the Central Coast Conservatorium as its featured artist.

Pianist. vocalist and composer Mr Rodric White started at Acqua Vista in Trafalgar Ave last Thursday, April 27, and will continue to feature on Wednesday to Saturday evenings.

Mr White has recorded several albums and has travelled the world performing as a featured many international renowned vocalists.

His repertoire ranges widely

pianist and accompanist to from classical to jazz to modern. Email, 28 Apr 2011 Doug Edwards, Triffique **Productions Pty Ltd**



performances of timeless classics and amazing originals Dinner Show \$69 per head 3 course meal and a bottle of wine. Doors open 6.30 for 7pm start. Bookings essential

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Glugs Gosh

The Prospero Players from Newcastle will stage their production of The Glugs of Gosh at the Peninsula Theatre in Woy Woy on May 28 and 29.

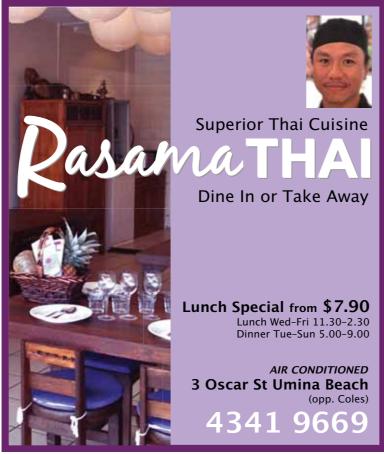
This dramatisation of The Glugs of Gosh is based on C.J. Dennis' Australian Classic which was first published in 1917.

The Glugs of Gosh is a story of Sym and the dwellers of Gosh and portrays reckless corruption and decadence, blind acceptance, treachery and the triumph of individuality. according to publicist Ms Lenora Newcombe.

Prospero Players developed a production with sensitivity to the original work that could be enjoyed by all the family, she claimed.

"This company is highly regarded for their attempts to create productions that are a synthesis of all the arts and The Glugs of Gosh combines an attention to Dennis' magical verse with music by Peter Muddle, set design by Sophia Montefiore and costumes and make-up by Vija Docherty and Lee Zaunders.

Media Release, 14 Mar 2011 Lenora Newcombe, **Prospero Players**







Out and About





Matthew Edwards leads a child on the pony rides at last year's fete

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Children enjoying craft at last year's fete

Church holds animal fete

Ettalong Baptist Church is holding its annual fete on Saturday, May 7, from 8am to 1pm to raise money for local and overseas missions.

The fete will feature traditional wares including homemade cakes, fancy goods, morning teas, hamburgers, clothing, local entertainment, children's toys, a bouncing castle, pony rides, and local

Ms Sue McConaghey, who helps out with pre-loved clothing, said she saw regulars who came up from Western Sydney each year, to grab a bargain, eat a hamburger and enjoy the atmosphere of a fete where the stall-holders are having as much fun as the patrons.

Ettalong Baptist Church supported charitable work and local churches all over the world.

The fete gave the church the

Senior pastor Rev Phil Brown said

opportunity to join with the local community and make a difference.

"This fete is a special event for the



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Woy Woy

whole community.

"We hope that people enjoy our fete and that it gives an opportunity for them to meet us and discover some of our other activities as well," he said. Media Release, 28 Apr 2011 David Gilchrist, Ettalong Baptist Church



Promote marijuana and heroin?

Smokers are a danger to the community at large as well as to themselves and a cost to every taxpayer for the medical expenses they impose on the publichealth system, so there is a perfectly valid reason for the community to protect itself against their haplessness.

Of course, Keith Whitfield (Peninsula News Forum, April 18) is correct to point out that alcohol is a much more dangerous drug

Forum

than nicotine and also leads to enormous social costs, and it is to be hoped that a vigorous campaign against drinking will be the next step in a rational publichealth program.

However, his suggestion that smoking (and, by extension, alcohol) should be banned is too absurd to be considered, as we have the irrefutable evidence of the futility of this kind of exercise in the growing problem with the use of banned drugs.

Perhaps, smokers could be weaned away from nicotine by promoting the use of marijuana and heroin which are much less dangerous and antisocial drugs than either nicotine or alcohol.

This would allow anti-drug efforts to concentrate on alcohol, amphetamines and cocaine which are a serious social and medical concern.

> Email, 21 Apr 2011 **Bruce Hyland, Daleys Points**

Anzac Day at Patonga

There were no flash officials, no pomp and circumstance, No clash of drums and cymbals; politicians to vainly prance. There was just the villagers standing beneath the light, Shining from the monument in the last hour of the night. Then as the sun arose from the waters across the bay A kookaburra chose to send his greetings to the day. As his song combined with the sound of gentle waves We quietly prayed for those asleep in distant graves And in the glimmering dawn, in a true Australian way. Perhaps for the briefest moment we shared their Anzac Day.

> Email, 20 Apr 2011 Vic Jefferies, St Huberts Island

Train him up

The dismissal of Labor from the seat of Gosford was long overdue.

It would have occurred last election except for the spoiler vote. Now it is time to train up our new

Forum

MP to represent us constituents in a way we have not enjoyed for almost two decades.

I expect we will be impressed

with the speed our rehabilitation amenity is returned to Woy Woy Public Hospital.

Online Submission, 20 Apr 2011 **Edward James, Umina**

A question of levels

About high rise, Chinese philosopher Lao Tse would have said "High rise: money flows in, spirit flies out".

The energy of raw capitalism has built the skyscraper cities of New York, Shanghai and Hong Kong, whereas low rise cities such as Paris and other old noble cities

Forum

represent civilisation.

Also, about high rise, there is the true Australian attitude of egalitarianism.

We like to be on the same level playing field.

But even the truest, bluest Aussie would admit there are some differences.

I mean, you must admit politicians, celebrities and actors operate at a much lower level.

Letter, 8 Feb 2011 Keith Whitfield, Woy Woy



Woy Woy Community Aged Care Chairman Mr Charles Brock and IGA Ettalong manager Ms Raelene Mara

Supermarket sponsors lifter

An Ettalong supermarket from bed to chair allowing her has donated \$3000 to Woy Community Care for the purchase of a special purpose lifter for a young mother who suffered a stroke.

The lifter, funded by IGA in Ettalong, will enable staff to more easily move the young woman to spend quality time with her

Woy Woy Community Aged Care not only cares for the frail aged, but also for younger people with acute care need that cannot be provided at home.

Letter, 28 Apr 2011 Jim Bohle, IGA Ettalong

Shonky face of capitalism

Debra Wales is lashing the Council and former mayor Cr Chris Holstein for the inept investments of ratepayers' money.

That is all very well, but I reckon she should be lashing the shonky face of capitalism for this fiasco.

Greed is the driving force of

Forum

capitalism, and while it benefits few, it causes many to live in misery and poverty.

Not to mention the rape of the earth, forest and water.

The scandals of corruption in China show the scary scene of a totalitarian state encouraging raw and aggressive capitalism.

It's a case of anything goes. And it does, and not for the better.

Letter, 21 Apr 2011 Keith Whitfield, Woy Woy





Directionv

Animal Care

Animal Welfare

League (ADS) is a not-for-profit organisation giving aid and financial assistance to sick and injured animals andfinding homes for surrendered dogs. Meetings 2nd Tues ea month, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435 awlcentralcoast@virginbroadband. com.au

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Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & **Pottery Classes** Classes Mon - Sat 10am - 3pm 4341 8344 info@ebacc.com.au

Central Coast Art Society (284)

Meets for lectures, demonstrations and discussion. Weekly paint-outs ea Tues at varying locations 4369 5860. Workshops 9.30am 1st & 3rd Wed ea month Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed ea month, for demonstrations 4325 1420 publicity@artcentralcoast.asn.au PO Box 4168 - East Gosford

Hospital Art Australia

Meets every Friday 9am til 2pm 109 Birdwood Ave, Umina Painting and Canvas drawing Volunteers welcome 4341 9920

Community Centres

Peninsula Community Centre (265c)

Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional **Children, Teenagers** & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and muliticultural support Children - Little Kickers, Indian Dance, Playgroups, KindyGym,

Teenagers - "The Web" Youth Support Services. Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises.

Not for profit community organisations

Counselling - Drug, Alcohol, Relationship, Financial, Gambling. Weight Control.

Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise. Free Seniors Internet Kiosk, Discussion Groups.

Function & Meeting Rooms for 2 to 500. catering facilities avail. www.pccinc.com.au 4341 9333

Ettalong 50+ Leisure & Learning Centre (287)

(formerly Ettalong Senior Citizens Centre) Mon to Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness, Handicrafts, Leatherwork Line Dancing, Painting, Scrabble, Table Tennis, Tai Chi, Yoga, Darts 4341 3222

Gosford 50+ Leisure and Learning Centre

Handicraft, Leatherwork, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Dancing, CPA, Womens Group, Crochet, Computer Class 4324 4749

Community Groups

ABC (284c) "The Friends" support group for Public Broadcaster. Aims: safeguard ABC's independence, adequate funding high standards. Meetings through the year + social afternoons Well-known guest speakers Ph. 4341 5170

Beachside Family Centre (287)

School-based community centre for families with children from birth to 8 vears old. Offers a range of group programs and ommunity activitie 4343 1929 Umina Public School Sydney Ave

Bridge (286c)

Played before but need to refresh your game? Tuesday at 12.15 is a friendly game without pressure. Or are you ready to jump straight back in? We play Duplicate Bridge Mon. Thur. Fri. Sat. at 12.15 and Wed. 9.15 and 6.45 **BRISBANE WATER**

BRIDGE CLUB Peninsula Community Centre

93 McMasters Rd.Woy Woy www.brisbane-water.bridge-club.org

Cash Housie (269c) 50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

Central Coast Handweavers, **Spinners and Textile** Arts Guild Inc (286c)

Spinning and weaving, patchwork and quilting felting and other fibre and fabric crafts Workshops and Community quiting bees Day and Night Groups 4325 4743 www.thecottage.org.au

Fellowship of First

Fleeters (259c) Create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet. Meet 2nd Sat ea month Wyong RSL 10am roy.kable@bigpond.com 4344 3876

Hardys Bay Residents Group (271c)

Working for a positive & Healthy Environment in our Community allanbw@bigpond.com

The Krait Club (270c) Community Centre -Cooinda Village, Neptune St, Umina

10.30am Open to senior members of Woy Woy/ **Umina Community** Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips 4341 0698

Mary Mac's Place (287) Providing hot, freshly

cooked meals Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.

marymacs@woywoycatholic.org.au PO Box 264 Woy Woy 4341 0584

Northern Settlement Services (282)

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre 93 McMasters Road

Woy Woy - 4334 3877

Umina Beach Scrabble Club (277)

For all levels and ages **Every Wednesday** 9am-12pm, come along relax and enjoy a cuppa while you play Scrabble 322 West St (Rubvs) Umina Beach NSW 2257 4341 4859

Volunteering Central Coast (270c)

or 0410 438 525

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. We interview potential volunteers and refer them to their choice of volunteer roles. Offer regular general info sessions at Wov Wov. sharanpage@ volunteeringcentralcoast.org.au

Wagstaffe to Killcare Community (285)

4329 7122

Works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds Monthly Meeting -2nd Mon, 7.30pm at Wagstaffe Hall PO Box 4069, Wagstaffe 4360 2945 info@wagstaffetokillcare.org.au

Disabled Services

Riding for the Disabled (282c)

Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388 stateoffice@rdansw.org.au

Health Group

Arthritis NSW (267c)

Meetings 3rd Tues ea month Community Centre, Corner McMasters Rd and Ocean Beach Road, Woy Woy - 4341 5881

Overeaters Anonymous (OA) (247c)

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, MTG Room 5 Fridays 7:30- 8:30pm www.oa.org Ph: 0412 756 446

Woy Woy Stroke

Recovery Club (67/278) Peninsula Community Centre

2nd Tuesday monthly at 11.30 Light lunch available

Company, up-to-date

information Hydrotherapy, bus trips Phone 4342 1316 or

4341 7177

Service Clubs

Rotary Club of Umina

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. **Everglades Country Club** ea Wed 0409 245 861. curleys@ozemail.com.au

Environment

Peninsula Environment Group (287)

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

Marine Rescue

Central Coast Unit (287)

Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. 4325 7929 Boat Licence Testing on one Sat ea month 4325 7929 www.coastalpatrol.org.au

www.coastalpatrol.org.au pr.centralcoast@ marinerescuensw.corn.au

PO Box 6058, West Gosford

Music

Central Coast Concert Band(288)

Meets every Tuesday 7:15pm till 9:30pm new members always welcome.

Community playouts with four concerts a year at Laycock St Theatre. 0407 894 560 or 0411 272 640

Sport

Woy Woy Judo Club

Great for fun, fitness, female self defense or the competitive **CLASSES** min age 7 Tue & Fri - 5.30 to 7.30pm try a free session! E.S.C.C. Cnr Broken Bay Rd & Karingi St, Ettalong 0434 000 170 www.wwjc.org.au

Veterans

N.M.B.V.A.A Inc **National Malaya Borneo Veterans Association Australia**

Meet on 1st Sat each month except January. 2pm at Ettalong Beach War Memorial Club 51-52 The Esplanade. Looking for more veterans, all welcome - 4342 1107 P.O. Box 7284 Kariong

Vietnam Veterans', Peacekeepers' and Peacemakers' (284)

Assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong. Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong

Women's Groups

Country Women's Association Woy Woy

Friendship Mornings 1st and 2nd Wed 10am Monthly Meetings 4th Wed 10.30am - 4324 2621

The Endeavour View Club, Woy Woy (287)

Luncheon, 1st Monday of the month at the Everglades Country Club, Woy Woy, commencing 10.30am. New members welcome. Friendship Social days, 3rd Wednesday of the month at the Uniting Church Hall, Picnic Pde Ettalong, commencing 10.30am. Coach trips available, men welcome to travel. 4341 2559 or 4344 3824

Gosford RSL Sub-Branch

Women's Auxiliary (272) Invitation to women

over 18 years to join our organisation We raise money for the welfare of veterans and their families in our district RSL Club West Gosford 4th Mon of the month 2pm 4323 7336

Peninsula Women's **Health Centre** (285c)

A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy 4342 5905 Wed and Thur 9.30am to

3pm - 20a McMasters Rd, Woy Woy

www.ccwhc.com.au



Tennis club celebrates 30 years

Pearl Beach Tennis Club will celebrate its 30th anniversary with an open day on Friday, May 20, at the Pearl Beach Recreation Reserve.

The day will feature tournaments, prizes and games with a barbecue and drinks supplied.

The club was formed in 1979 with approval to construct a recreation reserve in Pearl Beach given by Council after several attempts were knocked back in the 1960s to 1970s, according to club president Mr Brian Worrall.

Approval for stage one of three was given in 1980, which saw the completion of court one, the picnic area, car park, children's playground and toilet block later that year.

Council requested the formation of a tennis club to manage the facilities, he said.

This was formed during construction, holding its first meeting on April 13, 1981.

"Of the original 15 committee members, Ruth Ridges and Paul Barclaire are still very much an active part of the club, which now consists of well over 100 regular players.

"The courts are used every day of the week by 10 groups plus coaching," Mr Worrall said.

Over the past three decades, other parts of the original plan were added including the second tennis court, a lawn bowling rink and an extra covered pavilion.

Regular resurfacing of all playing surfaces and repairs to fencing are also undertaken.

"This has kept the area in excellent condition, helping to entice continuous and growing use," said Mr Worrall.

"The healthy finances of the club, aided by the occasional grant from the State Government Sport and Recreation Department, Gosford Council, temporary loans from members and the large number of casual hiring from weekenders and holiday visitors have allowed us not to have to increase fees over the majority of this time, while keeping the maintenance up to the high standard expected," he said.

Media Release, 23 Apr 2011 Brian Worrall, Pearl **Beach Tennis Club**

The Peninsula Diary

For events in post code areas 2256 and 2257

Monday May 2

Classes at Ettalong Beach Arts and Crafts Centre resume

Wagstaffe Killcare Community Association Inc, monthly meeting

Mother's Day Raffle, Club Umina, 7:30pm

Tuesday May 3

Super Kids Club, Peninsula Leisure Centre, 9:30am - 10:15 and 10:30am to 11:15

Wednesday May 4

High Tea, Randalls on the Beach, 11am

Thursday May 5

Marie Andrews Community dinner, Everglades Country Club

Friday May 6

Season of One Act Plays, Woy Woy Little Theatre

Coffee, cake and spirit night, bays Community Hall, 7pm

The Gals tap dancing rehearsal, Peninsula Community centre, 10:30am

Mothers Day morning tea fundraiser, The Fat Goose café, Hardys Bay, 10am to 11:30pm

This n Thats That, Randalls on

the Beach

Saturday May 7

Ettalong Baptist Church Fete, 8am to 1pm

Sunday May 8

Mother's Day Luncheon, Randalls on the Beach

Wednesday May 11

Rodric White, Pianist Acquavista Restaurant, 7pm

Thursday May 12

Bays Community Group, **Devonshire Teas**

Pianist Rodric White, Acquavista Restaurant, 7pm

Friday May 13

Rebel Rousers, Woy Woy Leagues Club, 6-8pm

Dexter Morph's One Man Sci-Fi Funk Opara, The Visor Guy, Randalls on the Beach, 7pm

Singer Guitarist Oliver Thorpe and Saxophonist Chris Higgins. Acquavista Restaurant, 7pm

Saturday May 14

Rodric White, Pianist Acquavista Restaurant, 7pm

Sunday May 15

Fashion parade, Dolphin Cove Cottage

Wednesday May 18

Morning Melodies, Peninsula Theatre

Thursday May 19

Desert Flower screening at Avoca Picture Theatre, 7:30pm

Friday May 20

Pearl Beach Tennis Club open day, pearl Beach Recreation Reserve

Sunday May 22

Silver Anniversary Ettalong Toastmasters Club, Peninsula Community Centre,1pm-3:30pm

Saturday May 28

Car boot sale, cnr. Ocean Beach Road and Erina St. Woy

Breakfast in the Bays

The Glugs of Gosh, Peninsula Theatre

Thursday June 9

Bays Community Group, **Devonshire Teas**

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Charity Barometer 2010/2011

The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$3000

\$5000

\$12888

\$739

\$4000

\$3514

\$1160

\$1160

\$920

\$750

\$3187

\$6000

\$2121

\$200

\$100

\$1000

\$1500

\$1000

\$2500

\$6205

\$80,000

\$10,000

\$4000

\$11,000

\$4500

\$90,000

413,026

IGA Ettalong donated \$3000 to Woy Woy Community

Everglades Country club raised \$5000, split by Glenvale School for Children with a Disability and Camp Breakaway

IGA Ettalong \$12888 to charities on Central Coast Woy Woy Public School raised \$739 for Queensland Floods

Umina Public School raised \$777 for Queensland \$777 floods

\$571 Empire Bay Public School raised \$571 for Flood appeal \$3200

Randalls on the Beach raised \$3200 for flood appeal Empire Bay Tavern raised \$4000 for the flood appeal Rotary Club of Woy Woy donated \$3514 to the Rotary District 9680 Flood Appeal.

Everglades Country Club \$8700 to Flood Relief \$8700 Brisbane Water Bridge Club donated \$3000 to the \$3000

Web Youth Services Rotary Club of Woy Woy donated \$1160 to First Woy \$1160 Woy Sea Scouts

Rotary Club of Woy Woy donated \$1160 to Blackwall \$1160 District Girl Guides

> Rotary Club of Woy Woy donated \$1160 to The Web Youth Support Group

> Rotary Club of Woy Woy donated \$1160 to Riding for the Disabled

Rotary Club of Woy Woy donated \$920 to Brisbane Water Secondary College Woy Woy campus Deepwater Court retirement Village in Woy Woy

raised \$750 for the Queensland Flood Appeal Randalls on the Beach donated \$3187 to the

Queensland Flood Appeal Rotary Club of Umina raised \$6000 for Queensland

Rotary Clubs Woy Woy Men and Women's Bowling Club raised

\$2121 for the Queensland Premier's flood appeal Woy Woy Women's Club also raised \$200 for the

NSW Bowling Association Red Cross Flood Appeal

Wallaby Street Preschool \$100 for the Queensland floods

Ettalong Bowling Fishing Club \$1000 for the Gosford Hospital burns Unit and \$1500 for the Queensland flood appeal

Lodge Morning Star \$1000 to the Woy Woy Stroke Recovery Club and Working Age Group

Woy Woy Public School P and C \$20,000 to Woy Woy Public School

Woy Woy Aged Care \$2500 Woy Woy Womens refuge and Men's Prison Ministries

Peninsula law team \$6205 for the 2010 MS Sydney to the Gong bike ride

Pearl Beach Progress Association \$80,000 toward rock pool costs

Pearl Beach Progress Association \$10,000

Community Hall upgrades

Ettalong Beach Club \$4000 to Movember Woy Woy South PS \$11,000 for the school

Ocean Beach Surfclub \$4,500 Careflight Charity Queens - Oyster Festival \$90,000 Cancer

Funds donated earlier in the year have been removed

to allow space for more recent donations

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The Troubadour Acoustic **Music Club**

meets at the **CWA Hall** Woy Woy Floor Spots available

28th May Jason & Chloe 7pm

Tickets \$11 Concession \$9 Members \$8 Tickets available at the door, see www.troubadour.org.au

4341 4060

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Public Notices

Woy Woy Peninsula Lions Club Sunday, May 29, 9am to 1pm Great variety of stalls

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Please note: No Car

Boot Sale in April NB stall sites not open until 6.30am Cnr. Ocean Beach Road and Erina St. Woy Woy Always Last Sunday

More Details... Elmo 4341 4151 - Hope 4369 8707

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Cossiies

Public Notices

Gosford RSL Sub-Branch Women's **Auxiliary Holding a Stall** on 5th May

William Street Plaza 7.30am to 1pm

4323 7336

Central Coast Handweavers. **Spinners and Textile Arts Guild Inc**

Exhibition and sale of members works Saturday 21 and Sunday 22, May 2011 9.30am to 3.30pm Gosford Lions Hall 8 Russell Drysdale St, East Gosford

4325 4743

Pearl Beach Presents

An afternoon of fine music performed by young musicians. In association with the Central Coast Conservatorium of Music Two Scholarships will be awarded

Sunday 15th May at 2.30pm Entry by donation Memorial Hall, 9 Diamond Road

4344 2319

Public Notices

Pearl Beach Music Festival

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Friends of ABC

Prof. Julianne Schultz **ABC** and Media Concentration Sunday 29th May, 11.00 am. **Park View Room Central Coast** Leagues Club. \$12.00 light lunch included No tickets at door Send stamped envelope to: 1/26 Brickenden Ave,

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From time to time, as necessary, we will name these people, businesses or organisations as a warning to our readers so that they will be wary when dealing with them.

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Business woman lays Anzac wreath

Local businesswoman Ms Jan Thompson participated in the annual Woy Woy-Ettalong-Hardy's Bay RSL sub-Branch Anzac Day Dawn Service on Monday, April 25.

Ms Thompson formed part of the official party which placed wreaths at the memorial in Memorial Park on Brick Wharf Rd, Woy Woy.

"I consider it a great honour to play a part in the Woy Woy service which publically commemorates Anzac Day, the officially-recognised day of national remembrance and an opportunity for all Australians to honour veterans from past wars and those currently serving in Australia's armed forces," she said.

Ms Thompson said she was no stranger to the tradition of service, having spent 22 years serving with the RAF in the United Kingdom.

Ending her service with the rank

of warrant officer, she was also awarded the British Empire Medal for meritorious military service.

The traditional Anzac Day wreath which Ms Thompson placed at the war memorial was made of laurel leaves and red poppies.

Ancient emperors and the first Olympians were honoured with laurel wreaths, which have come to represent bravery and victory, while the horseshoe or round shape of the wreath symbolises eternity and the circle of life, she said.

Poppies have traditionally been associated with Remembrance Day, but were also used in Anzac Day wreaths.

Ms Thomson is a funeral director at Simplicity Funerals in Woy Woy.

Media Release, 19 Apr 2011 Rowena Fairclough, Senior Agency Australia



Men's toilets at Umina Beach Rugby League Club

Holstein looks for amenities funding

Member for Gosford Cr Chris Holstein has said he will look into government grants to assist Gosford Council upgrade the downstairs amenities at the Umina

Club treasurer Mr Kevin Hulls said the amenities were in very poor condition.

Beach Rugby League Club.

They were supposed to be upgraded as part of the funding for the \$4.3 million Peninsula Recreation Precinct, he said.

"The council has spent hundreds of thousands of Federal dollars on a facility that is not available to the community who paid for it, have spent thousands on the cricket nets that won't be used for six months but cannot change a seat in the Ladies toilet for use by the

football community," said Mr Hulls.

"I would be interested if any of our elected Members would use or expect their families to use the toilets or are happy that after the millions of taxpayers' dollars spent on the area, that this is the best we can offer our supporters and our community," he said.

Cr Holstein said the original application was for the upgrade of the upstairs clubhouse but the application was submitted quickly and there wasn't a great deal of detail.

"It was for the upgrading of upstairs.

"It cost more than expected but it also didn't include aspects of some of the needs downstairs as there were certain criteria for the Federal funding," he said. "I don't think anyone can argue that overall the facilities down there at Umina have not been a great asset to the community.

"There are aspects around there that need to be upgraded, including the amenities and my intent is to find funding from the respective State Government agencies to assist council in completing the works," said Cr Holstein.

"We are working our way through a litany of issues at the moment and I can assure you I'm giving everything as high a priority as possible as we try and tick things off."

Kaitlin Watts, 28 Apr 2011 Interviewee: Chris Holstein Email, 23 Apr 2011 Kevin Hulls, Umina RLFC









Roosters feature in Country victory

Woy Woy Roosters players Mitch Manson and Zane Rickett both scored two tries for Central Hunter in the 26-8 victory against the Southern Stingrays in the **Under-18s Regional Country** Championships on Sunday, April 17.

The Central Hunter team defeated the Bidgee Bulls 22-20 on Saturday, April 16, before taking on the Southern Stingrays at Mittagong the following day.

Eight teams competed over the two days with their chance to make it through to the semi-finals for the Tom Nelson Shield.

Retired professional Rugby League player Trent Barrett addressed each side before they took to the field.

The wins saw Central Hunter move to the next round up against the 2010 Country Champions, Newcastle on April 30, in Singleton, along with the Western Rams, Southern Redbacks and Newcastle Rebels.

> Media Release, 18 Apr 2011 Lauren Sparke, Country Rugby League



Two wins to Bunnies

The under-19s and first grade Umina Bunnies sides have had success in their second game of the year when they took on Terrigal Sharks and Bluehaven at Umina Oval earlier this month.

"Umina Beach first grade knew after Terrigal's great win over The Entrance last week they were in for a hard hit out and the Sharks certainly provided one," said Bunnies secretary Mr Ian Sonter.

"This game seemed to be played in quarters rather than halves as the Bunnies skipped away on the scoreboard only to have the Sharks fight back late in

both halves," he said

"The pressure mounted in the final 15 minutes with the Sharks running in three tries to close the score 28-22 with five minutes to

"After the defensive effort against Woy Woy, the Bunnies seemed to be wilting fast, however the team held on to the six-point gap at the siren to start the season with two solid wins.

"Terry O'Sullivan, Matt Paulsen, Todd Maloney, Blake Mattei and Jimmy Fawcett were in the thick of the action all day," said Mr Sonter.

Website, 7 Apr 2011 Ian Sonter, UBRLC

Dragon boat club at Woy Woy

A new dragon boat club has been established on the Peninsula in support of breast cancer survivors.

A public meeting held at Woy Woy Bowling Club on Wednesday, April 27, resulted in the formation of the Deepwater Dragon Boat

"It has taken over a year of hard work and planning to get to this point, but with 55 enthusiastic people in attendance the wait has been well worth it," said club publicity officer Ms Judi Gurzinski.

President Mr Brian Leedham introduced the sport of dragon boating to the meeting, covering all aspects of the new club.

The club will cater for all types of teams including cancer survivors, supporters and social paddlers.

NSW Dragon Boat Club business manager Ms Melanie Cantwell spoke on the rules and regulations of Dragon Boat Clubs and answered questions from those present at the meeting.

Ms Gurzinski spoke on the

benefits of dragon boating for breast cancer survivors including the camaraderie, the beneficial exercise and the enduring friendships.

The club will be based at the Woy Woy Bowling Club with the boat stored at the northern end of

The Deepwater Dragon Boat Club will be the 50th dragon boat club in NSW.

> Media Release, 28 Apr 2011 Judi Gurzinski, Deepwater **Dragon Boat Club**



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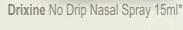








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