## Peninsula News Community Access

**Edition 259** 

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21 February 2011



Jetties at Woy Woy Bay

# Bays group welcomes jetties review

The Bays Community Group has welcomed a review of rents charged to jetty owners, which will be undertaken by the Independent Pricing and Regulatory Tribunal.

Community Group president Mr Bob Puffett said owners of jetties in Woy Woy were currently being charged unfairly.

"Many residents in the bays have very long jetties because of the nature of our waterway.

"We welcome the review because at present they are paying outrageous amounts for access to deep water," said Mr Puffett. "Many of these residents are

on fixed incomes and have been living in The Bays for a long time," he said. The review is also supported by the Waterfront Action Group, a sub-group of the Boat Owners Association of New South Wales, a peak representative body for recreational boaters in NSW. Secretary Mr George Citer said: "The owners of long jetties in the Woy Woy area, where the water is shallow and they need long jetties to get to deep water, are disadvantaged because they are charged on the basis of the area of mud and water under their jetties," said Mr Citer.

in deep water pays a much lower rent," he said.

"The old formula included a 3.05 per cent rate of return which is substantially more than the actual rate of return, which is actually less than one per cent.

"So everyone on the Central Coast has been dramatically overcharged," he said.

"The Land and Property Management Authority has also failed to update the rate of return as used in the old formula since 2004, so that all licence holders in the Central Coast area have been overcharged by at least three times the market rent for the mud and water under their jetties because of the use of a rate of return that is now seven years out of date," said Mr Citer. cent as a result of an appeal to the local landlord.

"While this gives us hope it's very important that the review consider all the factors impacting on this living on the water," said Mr Puffett.

"Indeed the fee for jetties is outrageous given the massive increase we have had to endure over the last five or six years.

"The character of The Bays is partly due to our jetties and our waterways and people who live on the water actually contribute to maintaining clean water ways because they clean up floating rubbish and take pride in where they live."

To inform its decision-making, the tribunal will release an Issues Paper and call for public submissions, hold roundtables for discussion and release a draft report for stakeholder comment. The tribunal plans to provide a final report before the end of the year.

### Electricity growth is double average

Electricity demand of the 6000 electricity customers between Kincumber South and Hardys Bay has grown by more than six per cent a year in recent years, according Energy Australia.

"This is more than double the average increase on other parts of Energy Australia's network and we forecast this will continue for some time," said Energy Australia media advisor Mr Allyn Hamonet.

"This is being driven, in part, by increased use of air conditioning and the conversion of traditional holiday homes to more permanent dwellings.

"As a result of this increased energy usage, existing power lines supplying the area are now approaching maximum capacity," he said.

The Empire Bay substation was expected to address present and future demand in areas such as Empire Bay, Killcare Heights, Hardys Bay and Daleys Point as well as improve reliability in these areas, he said.

Mr Hamonet said Energy Australia was not expecting future developments as big as the current \$50 million substation upgrade at Empire Bay.

"We do not anticipate the need for further zone substation developments in the area in the near future unless an unexpected large development arises."

Mr Hamonet said the \$50 million project was expected to have an operational life span of 50 years and would be capable of meeting projected increases in demand for the foreseeable future.

Future network upgrades in the Peninsula area are expected to include a \$7 million project to replace the underground electricity network supplying St Huberts Island and a \$7 million upgrade to the street network serving customers in Wagstaffe, Booker Bay, Ettalong, Hardys Bay, Pretty Beach and Killcare.

"To continue to provide a safe and reliable supply of electricity, ongoing maintenance and upgrade work will continue to be carried out on the street network supplying customers across the Peninsula," said Mr Hamonet.

> Kaitlin Watts, 18 Feb 2011 Interviewee: Allyn Hamonet

### Greens would make Woy Woy a 'real hospital'

Greens candidate for Gosford Dr Peter Freewater would work to make Woy Woy Hospital "a real public hospital" if elected to Gosford all the time. "I'll stop Council from rezoning the hospital to residential and stop the State Government from selling it.

"Someone who has a short jetty

According to Mr Citer, the Waterfront Action Group, the Auditor-General of NSW and the NSW Valuer General have all been critical of either the formula or its application over the last five years.

The current rental formula was recommended by the tribunal in 2004 and is applied to around 8500 tenancies across NSW by the Land and Property Management Authority and NSW Maritime.

Mr Puffett said: "We are aware that a resident in Daleys Point last year had his fee reduced by 43 per Media Release, 19 Jan 2011 George Citer, WAG Media Release, 19 Jan 2011 Matthew Edgerton, IPART Interviewee: 17 Feb 2011 Bob Puffett, Bays Community Group

#### to State parliament.

He said the Greens would reopen the Woy Woy rehabilitation unit and inject funds into the hospital.

"We want to strengthen Woy Woy hospital services," said Dr Freewater.

"I won't just reopen the rehabilitation unit.

"I'll secure the money to turn Woy Woy into a real public hospital so elderly residents and mums don't have to journey "The Greens plan to increase investment in services and reverse the underinvestment under previous governments," he said.

Dr Freewater said the Greens wanted to keep services in public services to prevent them being stripped away from people who needed them most, as they would be if privatised.

Media Release, 16 Feb 2011 Peter Freewater, The Greens

#### THIS ISSUE contains 62 articles - Read more news items for this issue at www.peninsulanews.info

NQWS

### Your chance to win!



Peninsula News and Paws on the Coast are giving readers the chance to win a Dog Treat Pack valued at \$100.

The pack will be stocked with dog food, dog treats and toys.

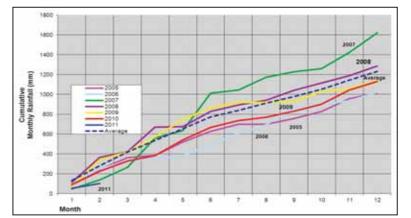
It is supplied by Paws on the Coast, of Umina, which offers a variety of dog treats, food and toys as well as offering puppy and adult dog training.

To win this Dog Treat Pack, write your name, address and phone number on the back of an envelope and send to Peninsula News Paws on the Coast competition PO Box 1056 Gosford, NSW, 2250 by the close of business on Thursday, March 3.

The winner of last edition's Goddess by the Sea Valentine's Day pack was Sue Rowles from East Gosford.

Sue has won an Ecoya Candle pack valued at \$90 including two Ecoya lotus flower candles, lotus flower hand lotion and lotus flower soap.

Kaitlin Watts, 17 Feb 2011



### **Rain below** one third

A total of only 46.7mm of rain as fallen so far in February, less than a third of the average rainfall for the month of 147.5mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

All the rain this month has fallen

in the fortnight ending last Friday, February 18.

A total of 101.2mm has fallen so far this year, well short of the year-to-dateaverage at the end of February of 279.9mm.

Spreadsheet, 18 Feb 2011 Jim Morrison, Woy Woy

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NQWS

### Footpath work 'low priority'

### Chamber re-elects long-serving president

Work to finish constructing a footpath in Flounder Rd, Ettalong, was low priority and not expected to be undertaken for a number of years, according to a letter from Gosford Council.

However, "medium term solutions" were being considered.

The letter was written to Ettalong resident Mr Jason Evans, who raised concerns that when the footpath was constructed there was a 90cm drop.

"There are several blind people living in my street and one of them fell down this drop-off," he said.

The drop had since been fenced.

Council capital works officer Mr Clint Jury told Mr Evans that the council did not have the money to construct the footpath.

However, he said he had brought the matter to the attention of the area overseer for maintenance in the Ettalong area in order to find a workable solution for the medium term.

"In the meantime, routine maintenance of Flounder Rd will continue as part of the Area Maintenance Scheme for Ettalong Beach," said Mr Jury. Mr Jury said: "The annual revenue raised by the general rate and loans with the addition of any Government funds which may be granted to Council is not substantial enough to undertake the backlog of Capital Works projects required throughout the City area inclusive of footpath and kerb and gutter construction in the immediate future".

"Individual projects identified on the Capital Works Program must be reviewed on merit each year and a priority given to those works in accordance with criteria guidelines," said Gosford.

"The current situation in Flounder Rd has arisen due to the discontinuous nature of urban redevelopment.

"The levels of the recentlycompleted portion of footpath is to Council's design levels.

"For Council to construct the adjoining footpath to the design levels prior to the redevelopment (and subsequent filling of the site), would cause localised flooding of the bordering properties and restrict access." he said.

> Email, 2 Feb 2011 Jason Evans, Ettalong Email, 17 Feb 2011 Clint Jury, Gosford Council

Trains travelling from Newcastle

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Website, 17 Feb 2011

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buses on these days.

visit the City rail website.

The Peninsula Chamber of Commerce elected its new executive committee for the year at its general meeting on Monday, February 7, and long-serving president Mr Matthew Wales was returned to the position unanimously.

"I am very mindful of the trust that the Peninsula Chamber members place in me to speak on their behalf on issues that affect the local business community," said Mr Wales.

"This is an important year for the Peninsula and our Chamber will be very proactive on a number of fronts including obtaining commitments from the major parties in the upcoming State election.

"Top of our list are commitments to the continued State funding of the Ettalong Beach Channel, advancing the reconstruction of the West Gosford intersection and increased funding for local roads," he said.

"We will also be seeking funding commitments for the upgrading of the intersection of Lone Pine Ave-Ocean Beach Rd, the upgrading



of the Rawson Rd roundabout and a commitment to the upgrading of the beachfront reserve at Umina Beach and Ocean Beach.

"At the Council level, the Chamber will be pursuing the Peninsula Planning Committee proposal that was presented to Gosford City Council last year and also following up the expenditure of the \$2 million of Federal funding for the Ettalong Beach Foreshore Masterplan.

"Federal Member for Robertson Deborah O'Neill came good with the \$2 million foreshore funding promise after seeking the Chamber's advice on its priorities prior to the last Federal Election.

"The continued upgrading of the foreshore is important for the long term survival and success of the Ettalong Beach town centre.

"The timing is important after the recent approval of the proposed Tesrol development on The Esplanade," said Mr Wales.

The Peninsula Chamber of Commerce executive members include vice president Mr Andrew Tregent, secretary Mr Adam Crouch, treasurer Mr Alan Gleeson, Mr Wayne Dowdle, Mr Josh Kerr, Mr Josh Collins, Ms Mary Rose Kapigeno, Ms Sue Fowler, Mr Tom Tregent and Mr Jim Bohle.

Media Release, 16 Feb 2011 Matthew Wales, Peninsula Chamber of Commerce

Track work

Commuters departing from Woy Woy railway station should allow additional travel time from 2am Saturday, February 26, to 2am Monday, February 28, due to track work on the Newcastle and Central Coast line.

# Labor won't sell hospital, says Smith

The Labor Party will not sell or close Woy Woy Hospital, according to Labor candidate for Gosford Ms Katie Smith.

She said Labor's main priority was to provide the best possible patient care in the most appropriate setting.

"There are no plans to sell or close the Woy Woy Hospital. "In fact, the 2010-11 NSW State Budget includes \$0.5 million to upgrade the accommodation for community health services at Woy Woy Hospital," said Ms Smith.

"The Area Health Service will continue to identify opportunities to strengthen and enhance services to the community on the Woy Woy Hospital site," said Ms Smith.

Media Release, 17 Feb 2011 Katie Smith, ALP





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### Specials available from Monday 21st February until Sunday 6th March



#### Eection

### Liberals promise \$133,000 for schools

Six schools in the Peninsula area would receive a total of \$133,100 for new teachers and school maintenance under a Liberal Government, according to the NSW opposition leader Mr Barry O'Farrell.

This would be part of a Local Schools, Local Decisions Action Plan that will be implemented if Liberal is elected in March, he said.

Under the plan, Brisbane Water Secondary College Umina Campus would receive \$11,200, Ettalong Public School would receive \$21,600, Umina Public School would receive \$29,000, Brisbane Water Secondary College Woy Woy Campus would receive \$9500, Empire Bay Public School would receive \$16,800, Pretty Beach Public School would receive \$5400, Woy Woy Public School would receive \$18,100 and

**Six schools in the Peninsula** area would receive a total of would receive \$21,500.

"Every child has the right to achieve in reading, writing and maths," Mr O'Farrell said.

"State Government has a responsibility to provide children with a solid education that equips them with the skills they need to succeed.

"That's why a NSW Liberals and Nationals Government will deliver approximately 40 additional teachers across the Central Coast to help improve children's literacy and numeracy skills through an expansion of the Reading Recovery Program and ensuring it also includes numeracy," said Mr O'Farrell.

Minister for Education and Training Ms Verity Firth said Mr O'Farrell is too late with his promise.

"Reading Recovery teachers are a great idea. That's why Labor introduced them in 1996 and we now have more than 1000 across NSW helping students with reading difficulties."

Mr O'Farrell said he planned to focus on early intervention and target students most in need.

"It provides the best chance to identify and address learning difficulties before it's too late.

"Under the program, children at risk of falling behind will have access to one-on-one intensive support to help them with basic literacy and numeracy skills.

"We will also deliver the funding needed to ensure children benefit from learning environments that are clean, safe and in good condition," Mr O'Farrell said.

Media Release, 31 Jan 2011 Jaymes Boland-Rudder, Office of Barry O'Farrell MP Email, 15 Feb 2011 Samantha Willis, Office of Verity Firth MP

### Report clears Holstein

Liberal candidate for Gosford Cr Chris Holstein has welcomed a Council report clearing him of allegations raised by Labor candidate Ms Katie Smith that he was using Council facilities to conduct his campaign for the state seat of Gosford.

Ms Smith sent a letter to the Gosford Council general manager Mr Peter Wilson stating that it had been brought to her attention by several members of the public that Cr Holstein may have been using Council facilities to benefit his campaign.

"Matters reported included holding meetings with relevant persons in the Mann St building and use of Council staff for campaign matters," said Ms Smith.

"I am now aware that he is holding meetings with members of the public to discuss campaign matters in Council-run buildings.

"It is not a case where he is meeting with community groups operating out of the building as an invited speaker but he is actually running his campaign on these occasions," said Ms Smith.

Cr Holstein said the unfounded allegations concerned the use of the Over 50s facilities and a recent meeting with the shadow minister for arts Mr Anthony Roberts.

"This just goes to show that this is nothing more than dirty politics from a candidate who represents a party that has nothing to say and nothing constructive to offer the people of Gosford," Mr Holstein said.

"Both matters were referred to Gosford City Council for a thorough investigation and the general manager Mr Peter Wilson has confirmed that absolutely no evidence of any misuse of Council facilities or staff could be found," Mr Holstein said.

In a letter from Mr Wilson to Cr Holstein, it was confirmed that there was no evidence Cr Holstein had used the facilities inappropriately.

"Investigations were also undertaken into the allegation of Council staff assisting you in your campaign," said Mr Wilson.

"A number of stuff were interviewed and there is no evidence to support this allegation," he said.

Cr Holstein said that he was calling on Ms Smith for an apology for the unfounded allegations and an apology to Gosford Council for "wasting their resources and time in a needless investigation".

"Let's get real, while the Labor candidate is wasting time on looking for any grubby issue to build her profile, I am focusing on the people of this electorate.

"I am fighting to ensure Gosford gets the investment in critical services and infrastructure denied by this do-nothing, deliver-nothing Labor Government," Mr Holstein said.

> Media Release, 17 Feb 2011 Chris Holstein, Liberal Party

Smith calls for police vehicle

Labor candidate for Gosford Ms Katie Smith has called for one of 25 new mobile police command vehicles to be deployed locally to increase high visibility policing on the Peninsula.

"I have listened to the local

community and agree with them that more high visibility policing in our community is what residents want," said Ms Smith.

Ms Smith said the NSW Government invested \$3.3 million in the 2010-11 police budget to rollout 25 new mobile police command units across NSW. "I will be campaigning hard to get one of those vans delivered to our local area," she said.

Mobile police command units are vehicles designed to function as an off-site headquarters for police officers, she said.

Media Release, 17 Feb 2011 Katie Smith, Labor





# ford community and agree with them "I will be campaignin

Ferry Road. We'll also refer the F3 to M2 missing link to Infrastructure NSW for urgent assessment.

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Phone: 0418 796 375 Mail: PO Box 249, Woy Woy 2256 Email: chris.holstein@nsw.liberal.org.au Website: www.chrisholstein.com.au Authorised by Mark Neeham, Level 9, 140 William St, East Sydney NSW 2011.



NQWS

### **Teenage support in** Labor campaign

The Labor Party is using a Booker Bay teenager in support of its Gosford election campaign.

Student Renee Gardner, 16, is supporting the party's decision to reduce the mandatory 120 logbook hours of driving for learners, according to Labor candidate for Gosford Ms Katie Smith.

"No one has the time to do 120 hours," said Ms Gardner.

"My parents don't either.

"Having some extra professional lessons and needing to do less hours will make a big difference," she said

According to Ms Smith, Labor is committed to providing \$4.8 million for lessons, access to cars and supervisors to help disadvantaged young people learn to drive, if reelected in March.

The "reform package" will include a reduction of hours from 120 to 100, a further 20-hour discount for those who get 10 hours of professional instruction, \$3.6 million of funding to provide 10 free lessons to 6000 disadvantaged learners and \$1.2 million to make supervisors available.

"Providing free and professional help and reducing the hours will make it easier on families and ensure learners know how to drive safely," said Ms Smith.

"Getting a driver's license is a big part of many people's lives. "But the reality is that learning

how to drive can be a big burden on families," she said.

> Media Release, 14 Feb 2011 Katie Smith, Labor



The neglected Palomino gelding

### Fined for animal cruelty

A Woy Woy woman has been fined for animal cruelty when she appeared at Gosford Local Court on Tuesday, February 8.

Ms Brook Marshal was fined \$900 and placed on a nine-month good behaviour bond.

She was also prohibited from owning any animal for 12 months and has been ordered to present to police for fingerprinting as well as to pay \$79 court costs and \$1231.75 veterinary and agistment costs.

Ms Marshall pleaded guilty to failing to provide proper and sufficient food and failure to provide veterinary treatment to her Palomino horse.

She also agreed to forfeit the horse to the custody of the RSPCA.

The Palomino gelding was seized by an RSPCA inspector on October 13, after Ms Marshall failed to comply

with his instructions concerning the care of the horse during the five weeks prior to seizure.

А veterinarv examination diagnosed the horse as underweight and suffering from a deteriorating eye condition.

Faecal samples also confirmed the horse had a strongyle worm burden.

Media Release, 9 Feb 2011 Marianna Zander, RSPCA

### Water grants available

Gosford Council's water directorate is encouraging local businesses and groups to apply for the fifth round of funding from the Central Coast Water Savings Fund.

The fifth round of funding will offer almost \$1.3 million for new projects to save water.

Gosford Council's director of water and sewer Mr Rod Williams said the Water Savings Fund allowed businesses, schools, aged care facilities, hospitals and other community groups to save water and money.

"Over the past five years, more than \$8.7 million has been allocated to 78 projects, saving 924 million litres of water a year," he said.

Previous businesses and facilities that have received funding from the Central Coast Water Savings Fund include \$41,500 to Woy Woy Community Aged Care Limited for reducing water consumption in aged care laundries, \$46,620 to St John the Baptist Catholic Primary School in Woy Woy for a Save Our Water at School project and \$178,500 for a tertiary upgrade and tanker filling station at Woy Woy Sewerage Treatment Plant.

Brisbane Water Secondary College Umina campus also received \$28,000 for the Our Water Wise School Community project. Email. 7 Feb 2011

Megan Lowe Gosford Council

### **Travelling to the Solomons**

Pearl Beach resident Ms Lucinda Wilson will shortly venture to a remote part of the Solomon Islands to undertake a monitoring and evaluating exercise for the Indigo Foundation.

The Indigo Foundation is a small Australian charity that works with communities around the world who have set up projects and need support.

The project, on the Weathercoast of the Solomon Islands, is a training centre for young people that was set up around seven years ago after the civil conflict ended

To get to the Weathercoast Ms Wilson has to fly to Honiara via Brisbane, catch a boat for eight to 12 hours and then walk to the project.

She plans to hike back to the capital over four days, as there are no roads to the Weathercoast.

Ms Wilson is on the management committee of the Indigo Foundation.

Fellow Pearl Beach resident Mr Philip Strickland recently ventured to the Democratic Republic of Congo to conduct a similar monitoring and evaluation trip as the management committee representative for the Congo project that the Indigo Foundation supports.

This project was featured on the ABC's Foreign Correspondent in September

> Online Submission, 14 Feb 2011 Lucinda Wilson, Pearl Beach







Advertisement

**On Monday March 7 Marie Andrews MP** will be at: The 50+ Leisure and Learning Centre, Ettalong from 1pm and at PCYC Umina Beach from 2.30pm Call Marie's office to book an appointment 20 Blackwall Road or PO Box 223 Woy Woy PH: 4342 4122 FAX: 4341 2368 Email: gosford@parliament.nsw.gov.au

News



Member for Robertson Ms Deborah O'Neill, Mr Bradley Martin-Death and Youth Minister Mr Peter Garrett

### Chosen for national youth committee

Bradley **Martin-Death** from Umina has been chosen as one of 11 young Australians to be a member of the steering committee for the Australian Youth Forum for 2011.

Federal Youth Minister Mr Peter Garrett announced the 2011 committee on Wednesday, February 10, as it met for the first time at Parliament House, Canberra.

"Bradley is an inspiration for all young people in NSW,"

said Member for Robertson Ms Deborah O'Neill.

"I am proud and delighted that this young man from Umina has been chosen to be part of the committee to drive this important national forum, which supports young people's engagement with Government.

"The forum allows young Australians from all over the country to have their voices heard on the most important issues and challenges that affect them," said Ms O'Neill.

The Australian Youth Forum

is the formal communication channel between the Australian Government, voung people aged between 15 and 24 and the youth sector.

"Bradley is 18 and studying in his first year a Diploma of Education in Aboriginal Studies and is a young Indigenous leader and advocate for his local community," Ms O'Neill said

"Bradley's passion for drama and the arts is expressed in his new advocacy service, Y-CAD (Youth Cultural and Arts Development), a youth Indigenous organisation that promotes the importance of education, cultural awareness and cultural arts."

Media Release, 10 Feb 2011 Matt Pulford, Office of Deborah O'Neill MP

### New restaurant

A new Thai restaurant has opened in Umina, claiming to offer authentic Thai food in a traditional Thai setting.

Rasama Thai has opened in Oscar St, with owner-manager Mr Rasama Choeikeewong using imported furniture in antique wood from Chiang Mai in northern Thailand.

Mr Choeikeewong came from Thailand eight years ago.

He said he is now using the experience he gained in restaurants in Sydney to create a fresh new menu.

"Thai food is the perfect cuisine

for our warm climate here on the Central Coast," he said.

"We like to use fresh ingredients, never over-cooked, with a subtle mix of spices," said Mr Choeikeewong.

Mr Choeikeewong has also cajoled some of his colleagues from leading Thai restaurants in Sydney to help in the kitchen each week.

"We make our unique moneybag entree on the premises, along with daily specials such as fresh rice-paper rolls," he said.

Email. 17 Jan 2011 Lindsay Partridge, Rasama Thai

### Carpark is 'on track'

The Woy Woy commuter car park is due to be completed in April with the remaining concrete pours set to be completed this month, according to Member for **Gosford Ms Marie Andrews.** 

"Over the next couple of months, construction will finish on the new curved traffic ramp, which is a major component of the work that has been underway since November last year.

"A new lift will be installed and locals will notice the car park's facades going up," she said.

"Finishing works, such as painting, lighting and CCTV surveillance will then be undertaken.

"Construction is on track for completion in April.

"Once completed, Woy Woy will have approximately 300 additional commuter parking spaces making it much more convenient for people to park and catch the train." she said.

Labor candidate for Gosford Ms Katie Smith said the new car park would incorporate accessible parking spaces, new lifts, and CCTV surveillance.

"We're looking forward to the day this car park opens, making it easier for commuters to find parking in the area," said Ms Smith. Media Release, 17 Feb 2011 Suzanne King, Office of Marie Andrews MP



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### Changes to the Residential Tenancy Act

New residential tenancy laws commenced on 31 January 2011 with over 100 changes made, affecting both tenants and landlords.

The new laws and over 100 amendments are in an effort to create greater clarity in the legislation and reduce the number of disputes, according to NSW Fair Trading Minister Virginia Judge.



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So what does this mean for you, as a tenant?

Some of the main changes that will affect tenants in NSW are an extension of notice periods for tenants to vacate from 14 days to 30 days at the end of a fixed term lease and from 60 days to 90 days where the fixed term lease has expired.

Tenants also have the option if they want to leave their property prior to the lease period ending where they can pay a break-free lease fee.

The new laws also state that landlords must disclose material facts, such as violent crime or fire, to prospective tenants.

To ensure you are aware of your rights and responsibilities as a tenant make sure you are given a copy of the new tenant checklist by your landlord or agent at the start of your tenancy agreement.

For more information on these and many more changes to the Residential Tenancy Act visit the Fair Trading website at www.fairtrading.nsw.gov.au.

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nobody does it better

NQWS

# New fitness business

#### A new business has opened in Ettalong that specialises in fitness training, massage and rehabilitation.

Branches Fitness and Health is being run as a mobile business and with a permanent massage facility in Broken Bay Rd, Ettalong.

The business has been operating for around two months after proprietor Ms Michelle Williams moved to the area from Alice Springs six months ago.

"I moved to Alice Springs to work as a primary school teacher," said Ms Williams.

"It was there that I began to work on my dream to become a fitness and well-being professional.

"I studied hard to complete my qualifications while teaching fulltime," she said.

"The true nature of my business is all about maintaining quality of life.

"Although the service offers fitness training, massage and rehabilitation, it is the combination of the three components that make

it distinctive.

"Having knowledge and skills in all three areas allows me to offer a service that emphasises the importance of a holistic approach of an all-round health and wellbeing service," said Ms Williams.

"I focus on core strength conditioning and training and I practise deep tissue and sports massage to assist those who overtrain and who suffer from muscle fatigue.

"Then there is more specific exercise rehabilitation for people suffering from post-operative or sports injury," she said.

Ms Williams said she was drawn to Ettalong by its relaxed, seaside atmosphere.

"I believe Ettalong has the potential to bring small businesses long-term success.

"For me, it is a lifestyle and the connection with the community.

"It feels right and I am determined to make a difference," said Ms Williams.

Email, 10 Feb 2011 Michelle Williams, Ettalong



### **Fly-bridge cruiser rescued**

A 32-foot fly-bridge cruiser was assisted in Broken Bay by volunteers from Marine Rescue Central Coast, when it struck trouble south east of Little Box Head at around 2pm on Saturday, February 5.

The vessel had two people on board and was disabled with a line wrapped around its propeller.

Around 4:30pm, after a long tow, the crew on the Central Coast Lifeboat had the vessel back to its mooring in Booker Bay.

By then the Point Clare radio base had two boats waiting for the volunteers, a 25 foot Searay cruiser between Lobster Beach and Half Tide Rocks and a 5.7m Bowrider, at the north end of Paddy's Channel heading to Iguanas.

Marine Rescue Cottage Point advised that it had a vessel in Broken Bay so the lifeboat was tasked to assist the 25 foot cruiser and it was towed to Hardys Bay.

The Bowrider was located about 5pm with three people on board who requested to be taken to Bayview after they were told Iguanas was undergoing renovations.

Central Coast Lifeboat towed the vessel out into Broken Bay and

rendezvoused with Marine Rescue Broken Bay.

The distressed vessel was then towed back to the Bayview ramp.

Around 6:15pm as the hot and weary crew were heading past Blackwall returning to the base they were flagged down by a 31 foot yacht aground near the channel.

The lifeboat crew passed a line to the two people on board and were able to tow the yacht back into the channel.

Media release, 6 Feb 2011 Ron Cole, Central Coast Marine Rescue

### Everglades raises \$8700

Everglades Country Club has raised \$8700 in a Queensland Flood Relief day held on Sunday, February 13.

The day featured fundraising activities including face painting, a jumping castle, barbecue, a homemade cake stall, book stall, putting competition, raffles and an auction.

"Money was also donated by many people, businesses, and sporting clubs within the Everglades Country Club, with the Everglades Country Club, the Ladies Bowling Club being the most generous with their \$1000 gift," said organiser Mr Peter Arnold.

"The Everglades Bowls Tournament Committee donated \$500, as did Bruce Jones and his wife Nina.

"Other donations were made by various members, including \$200 from the Roosters Golf Club," he said.

> Email, 17 Feb 2011 Peter Arnold, Everglades Country Club

### Benefit raises \$3200

A flood benefit held at a Killcare restaurant on Friday, January 28, raised \$3200 for flood victims in Queensland. An auction was conducted by

real estate agent Mr David Sanders with a number of items being

supplied by business sponsors.

Entertainment was provided by Silver Fox acapella group from Emu Plains who worked free of charge.

Staff at the restaurant also gave up their wages earnt on the night to

be donated to the cause.

The money raised will be donated to flood victims through Terrigal Rotary.

Email, 11 Feb 2011 Peter Hawkes, Hawkes Media



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#### Forum

### Net return \$54M, against \$9M principal loss

statement has been Α published in the Peninsula News forum section on Monday, January 24, that stated "Gosford Council's latest investment portfolio has matured bringing the losses to an incredible \$38 million dollars".

Gosford Council has an investment portfolio that has various maturity dates extending to March 2017.

The maturity dates are summarised in Council's

### Forum Investment Reports and listed

in the Investment Register on Council's web site. The net return on investments for this investment portfolio since

2002 is \$53.7 million. This represents a solid average

return of 5.4 per cent over this period. Council has realised principal

losses to December 2010 are \$9.6 million, not the \$38 million as stated in the Peninsula News

Forum section.

The global financial crisis has caused realised principal losses across a whole spectrum of entities, including superannuation funds, councils, commercial businesses and not-for-profit organisations.

All investments made by Council are in accordance with Ministerial Investment Orders, Division of Local Government Circulars and legislative and regulatory requirements.

Email, 7 Feb 2011 Nic Pasternatsky, Gosford Council

### **Correct procedures** were followed

Conroy (Peninsula Mike News, January 24) seems to be wholly obsessed with conspiracy theories regarding the Tesrol development at Ettalong and the involvement of the Minster for Planning during the assessment process.

The fact remains that Tesrol lodged the application under Part 3A of the EP and A Act and followed all the correct procedures resulting in the approval just before Christmas.

They were perfectly entitled to do this.

He also seems to be obsessed with my support for investment and jobs in Ettalong for which I make no apologies.

But for Mr Conroy to make a backhanded little comment that I have, in some obscure way, a conflict of interest due to the fact that Debra Wales received election funding from Tesrol some four years ago demonstrates how misguided such people are.

If Mr Conway cared to look more closely at the Electoral Funding Authority website, he would note that Debra Wales was more than transparent in her declarations.



Letters to the editor should be sent to: Peninsula News PO Box 1056, Gosford 2250 or mail@peninsulanews.asn.au See Page 2 for contribution conditions

He might also note the obscene amount of money that people like Chris Holstein spent on the 2007 election campaign (nearly \$90,000) and perhaps ask where those funds came from.

Bet you pounds to peanuts that there were plenty of developers tipping into that campaign.

Letter, 4 Feb 2011 Matthew Wales, Umina Beach

### Forum Sources not disclosed

I have to take further the comments of Vic Jefferies which appeared in the last edition of Peninsula News on Monday, February 7.

In his submission, he seemed to imply that a declaration of a donation raised questions about a development.

This distorts the real issue.

Ms Wales and Marie Andrews are the only ones who have itemised all donations.

A visit to the Electoral Office website will show that, on the other hand, Mr Hartcher received donations totalling \$201,403 and Mr Holstein \$89,768 but neither have disclosed the source. Why?

Email. 16 Feb 2011 Katie Smith, Umina

**BOOKS ALIVE** Bookkeeping

Don't be stressed out about your accounts

### **Disclosure shows transparency**

I'm really quite disgusted at the personal attacks on Debra Wales by Mike Conroy and Vic Jefferies in the edition of Peninsula News on Monday, February 7, in relation to the Tesrol development.

The so-called "uncovering' of campaign donations to Debra Wales' State Election Campaign back in 2007 carries the innuendo that something untoward had happened.

the Electoral went to

### Forum

Commission website and found the information was easily accessible and found that Debra Wales fully disclosed all of her campaign contributions as required by law.

So rather than a "cover up", as these two infer, Debra Wales has actually been fully transparent in her dealings.

However, it was very interesting to note that, on the other hand, Cr Chris Holstein in the same

election received nearly \$90,000 in campaign contributions and Chris Hartcher an obscene \$210,000 in campaign contributions, but neither of these two gentlemen have declared the source of their contributions.

where Cr Holstein and the Liberal member for Terrigal got their money from.

Developer contributions

Jack Galway, Woy Woy

I would be more concerned

Letter, 10 Feb 2011

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### Like all the other issues right across the State of NSW, the damage has been done.

like John Robertson, Kristine Keneally, Katie Smith, Marie Andrews, John Hatzistergos etc. are still out trolling for votes.

Struggling tax payers are still billed for an Office of Premier and Cabinet tucked away in Donnison Street Gosford, which has hidden within it, another office for the Minister for the Central Coast, John Robertson.

Do not make the mistake I did on a regular basis of fronting up and thinking you are speaking to the Minister for the Central Coast staff.

The Minister many expect to lead Labor in opposition is avoiding these difficult issues which I have asked him to deal with, while he is hoping he can suck up enough voter support from a decidedly antagonistic voter pool to slip into Paul Gibson's Seat of Blacktown.

I publicly question John Robertson's fitness to represent anyone never mind lead what is left of the ramshackle Labor Party after March 26, because he is guilty of adopting the same shonky methods which have resulted in Labor, as a party, being lined up for a resounding DCM (Don't Come Monday).

John Robertson, a Member of the Keneally Cabinet and John Hatzistergos, the Attorney General, are still refusing to do what is expected of any Minister exercising their influence in the best interest of their constituents.

What a shameful disgrace John.

You have refused to do anything overt to help Mr. Harold Marks, whose story has been exposed for everyone to read and understand in the monthly Gosford Central Community News and the fortnightly Peninsula News.

This apparent abuse of government power and your party's top to bottom accommodation of that abuse, is reason enough for people to put Katie Smith last in the seat of Gosford, simply because she has accommodated the same abuse of political power you and the Labor Party are.

Labor Party members like Katie Smith, who failed to get elected to that disgrace Gosford City Council last election, and Marie Andrews, Premier Keneally Tony Kelly, Barbara Perry, want the inconvenient truths of stories like the wrongful deaths of five people in a ditch at Piles Creek Somersby to go away.

Blindly optimistic Labor Party politicians work on private property, possibly without the formal approval of a DA and Edward James, whose father was stood over by Gosford City council in a failed attempt to facilitate the development aspirations of a developer, both experienced this bad politics.

> This and much other very bad politics that Labor party members have been indulging in for many years, is reason enough for worn out taxpayers to give Labor the arse by putting them last on any ballot paper.

> The aim now is to deny them getting any of our money which they would receive for any votes they attract over 4% of the vote pool.

> John Robertson and his political cronies should have focused on the Ministerial work that he and his Premier, among others, have ignored for years, right here on the Central Coast.

> Premier Keneally is responsible because she held continuing succession and responsibility to fix the problems Gosford City Council created when, as a consent authority, it committed so many political sins against the peoples, an activity which may be identified as illegal in another place.

> This the Member for Heffron who held the planning portfolio when the State accepted land bribes from a developer.

> I think Labor Party members have a damn hide to be out trolling for voter support after spending almost sixteen years running NSW into a fiscal ditch with almost systemic mismanagement.

> Public Private Partnerships were set up so that no matter what, the private sector investments have been guaranteed by public money and assets after destroying so many of the small families (I have identified at least four) who Keneally is now trying to buy votes from, while using more taxpayers money to do it.

It is time.

I believe many people are reading my efforts to communicate issues which concern us all.

Especially those people working to pay their mortgage, feed their families and keep their heads above that other water, which is creeping debt.

I have no respect for politicians who have not actually earned it from me.

I have exposed systemic corruption to so many politicians and political parties. I am not the only one to be ignored by politicians who are right now seeking voter

Every toke, snort or line is hypocrisy Miranda Devine blog

Wednesday, February 02, 2011 at 08:28p

#### So Miranda,

you swear you've never-ever consumed an illicit substances do you?

#### Debus (Reply)

Fri 04 Feb 11 (12:04pm) As our Members of Parliament replied to Debus

#### Mon 07 Feb 11 (05:16am)

The peoples representatives have different standards to the rest of us even journalist. Higher or lower is certainly open to debate. While there is a perception we are all equal under the law, politicians accept they are expected to set an example by not bringing the Parliament or the Party into disrepute. With so many Members of NSW Parliament exposed indulging in adultery, lying, drug taking, child abuse, rorting the public purse, influence peddling the list is endless the miscreants innumerable. It is way past time for voters to sweep the garbage and anyone associated with them out of our Parliament. March 26 is an opportunity for thinking voters to make a good start!

> Link http://bit.ly/EJ\_PNewsAds **Edward James**

#### To the Editor of Peninsula News.

I did notice the forum letter from Klaas Woldring in edition three of the new and very informative sister paper Gosford Central Community News on the 17 January, I have been so busy I almost forgot to put some sort of response together.

While Woldring has arrived at some ill informed conclusions and published his opinions, I am surprised he has not actually ever bothered to use my phone number to get answers to some of those questions which he poses in his forum letter.

As I have published well over fifty thousand words in more than thirty five ads, plus at least fifty forum letters perhaps more I am surprised a failed politician, and academic of some note with books to his credit would have so little accurate information about someone who is reshaping the face of politics in the Gosford Local Government Area.

They continue to be published because of your Labor Party's inaction on those often published allegations.

John Hatzistergos and John Robertson, you refuse to sort out the allegations that there are documents that you two have been photographed holding and perusing which showed my readers that Gosford City Council misled the Coroner.

Harold Marks, whose farm property was destroyed by Gosford City Council's careless

support.

We have a chance to use the Liberal Coalition as a broom to sweep Labor Party politicians from our parliament.

Doing that is not a commitment to vote Liberal for ever, it is just the first step in a long journey toward honest representative government.

This is an intentional attempt to combat the spin my taxes pay for each time a politician goes into print

Edward James, P.O. Box 3024 **Umina Beach NSW 2257** 02 4341 9140 For information, on how and where this started go to: http://gosfordcouncil.tripod.com espj@bigpond.net.au

#### FORUM

### Timetable is not about more buses

I quote from a media release by member for Gosford Ms Marie Andrews in the January 31, edition of Peninsula News, "It's never been easier to catch public transport in Gosford and the Central Coast with more buses on the road".

I do not possess a driver's license and am reliant on public transport

My in-laws reside in Patonga but both myself and my school aged

#### Forum

children are denied access for day visits to them from Woy Woy on Sundays and public holidays by bus

There is no morning bus service to Patonga on these days.

I fail to understand why Pearl Beach village which is sited just up the road from Patonga village and some 15 minutes travelling time by the bus timetable between the villages has a morning service on route 54 on Sundays and public holidays and Patonga does not.

The issue is clearly not about more buses, it is about the implementation of a more practical bus network.

The bus service provider, Busways, and Transport and Infrastructure of NSW should be summoned by the Minister to justify the new bus network and its timetables.

> Letter, 12 Feb 2011 Amanda Baker, Woy Woy

### New building won't stop boarded shopfronts

I cannot see how a sevenstorey development such as suggested will stop broken beer bottles from littering the beach or boarded up shop fronts with ugly graffiti, as suggested by Maya Koopman (Peninsula News,

February 7). If this theory was correct, the Ettalong Beach Club and the monolith built on the old Somersby fruit market site (in which all shops are still vacant) would have prevented this.

### Forum

Perhaps better policies would solve this problem.

As for Janice Kissane looking forward to seeing cranes in the air, go to Sydney and see cranes until your heart's content.

To me, they are visual vandalism.

Low level development of a high quality, fitting into the environment of the Ettalong village is what is needed, not a seven-storey tower. Letter, 9 Feb 2011

Michael Caut, Ettalong

### **Appalled at destruction**

I am appalled at the destruction of land and taking vegetation place on the Energy Australia substation site at Poole Close.

For its protection, this land was placed under a covenant in 2003 by the Land and Environment Court. with restriction on permissible uses of the site.

Energy Australia has totally ignored this ruling and the concerns raised by local residents. The site has provided a wildlife corridor for bird and bat species, the water course from Bouddi Ridge to Cockle Bay and is home to native animals and rare vegetation.

Communication by Energy

Forum Australia has been sparse and

often non-existent to affected local residents, businesses and schools. At brief meetings with the community, Energy Australia merely showed their plans for the site and ignored requests for the relocation of the substation to a more suitable site at Kincumber.

According to Energy Australia, problems raised by the community concerning the single road access, bushfire hazards, and the proximity of high voltage power lines to nearby schools, service station and homes have been covered by their planning.

Members of the community

have worked very hard to redress this situation, including a petition to the NSW Parliament and many hours of legal investigation and research into the environmental impacts on the site.

In a recent statement, Energy Australia state they will meet increasing demand for power, and reduce blackouts across the region.

Around Empire Bay and the lower part of the Peninsula, blackouts are rare and occur mainly with heavy winds and storms.

In effect, Energy Australia has stated that they intend to override laws and honest objections.

Email, 15 Feb 2011 **Charlotte Story, Empire Bay** 

### Continue bus to Patonga

Sydney resident enjoys occasional who bushwalks, I was surprised to note that there is only one bus service from Patonga on Sundays and public holidays and that this service is in the afternoon.

As

а

I imagine that many people desiring to access a section of the Great North Walk-Patonga track on Sundays would be disadvantaged

### Forum

by the lack of a morning service.

It seems odd that this situation has occurred as there continues to be a morning bus service into and out of Pearl Beach on Sundays and public holidays and it would be simple to continue this service to Patonga.

> Letter, 4 Feb 2011 Alan Anderson, Balmain

### **Getting things done**

No wonder Gosford Council has trouble getting things done on the Peninsula.

It appears that someone has no idea where the roads are if signposting on Empire Bay Drive is any indication.

On the southern approach to the Rip Bridge signs have been erected over the overpass of Booker Bay Rd.

These clearly show the road as Broken Bay Rd when in fact this road runs from Ettalong to West St as most of us know.

While on the subject of aetting

#### Forum things done, Gosford Council should get someone to go out and repair the potholes created by the garbage trucks as the edge of our

roads were not designed to carry such heavy loads. Then send the bill to the garbage

contractors. Once our road was quite nice

but now there is a lot of damage to the shoulders

Email, 8 Feb 2011 Vince Hayward, Woy Woy



Less carriages on some trains

Forum

I would like to say that I am

a commuter and that my train

coming home to Woy Woy used

to have eight carriages, but when

the new City Rail timetable came

was released it went down to six

getting two extra carriages.

I had to laugh at the big deal that Marie Andrews was making about two of **Central Coast trains** our receiving two extra train carriages in an article in the Peninsula News on Monday, February 7.

Two trains out of how many are

**O'Neill** MP

Morning

Tea



we are only receiving the two carriages back that were stolen from us previously.

of our Central Coast trains were affected.

We commuters deserve at least eight carriages on every train.

sometimes you get on to go to work at Woy Woy and have to stand up all the way to Hornsby.

Brenda O'Donoghue, Phegans Bay



carriages.

It seems that, in one case then,

Heaven knows how many other

Get real, Marie.

It is very disappointing when

Email, 9 Feb 2011

10.00am Saturday 26 February

On Our Side

Umina Public School Hall

Sydney Avenue, Umina

#### Always available to help

You can contact Deb by:

Phone: 4322 1922 Fax: 4322 2066 Mail: PO Box 577, Gosford NSW 2250 Email: Deborah.O'Neill.MP@aph.gov.au

Please RSVP for the Morning Tea by Thursday 24 February.

#### Deborah O'Neill Federal MP for Robertson

This material has been produced by Deborah O'Neill MP using her printing and communications entitlement.

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Health



### Long-term volunteer is recognised

A Riding for the Disabled Association volunteer Ms **Dianne Parks of Umina has** been presented with a pair of gold earrings for her continuing commitment to the Association for the past 30 years.

Ms Parks has volunteered at the association's property in Somersby since May 1981 after she answered a newspaper advert requesting volunteers.

Ms Parks took up the role of assistant coach trainer and treasurer a year after she began her volunteer work.

She also volunteered at Bouddi Pony Club to gain further experience in the industry before

becoming a coach in 1983 and a senior coach some vears later.

She was also employed as a youth worker at the then Mt Penang Boys Home coordinating the detainees and assisting them in Riding for the Disabled classes, a position she still holds today 26 years later with residents of the now Baxter Juvenile Justice Centre.

"Di gets a great kick out of seeing many of the Riding for the Disabled past riders go on to compete successfully in the Special Olympics overseas competitions," said association president and coach Mr Garry Kirkby, who presented the earrings.

Media Release, 6 Feb 2011 Garry Kirkby, Riding for the **Disabled Association** 

**Umina Beach** 

Mario Reznik

BDS - 1st Class Honours (Syd) cal Dentistry-Oral Implants (Syd)

**Dental Surgeon** 

**Community cooking class** 

A community cooking class will be held on Monday, March 7, at the Seventh Day Adventist Church hall in Woy Woy at 6:30pm.

Ms Dorothy Pansare will be conducting the cooking class using a Sanitarium recipe booklet with a focus on healthy eating.

"The point is to use fresh ingredients, not tinned stuff," said Ms Pansare.

Guests are invited to watch Ms Pansare cook healthy meals and are able to taste the food for a cost of \$5.

Email, 16 Feb 2011 **Dorothy Pansare, SDA Church** 



# **Chiropractic Plus**

by Peter Grieve of the Umina Chiropractic Centre



So the kids are getting back in the swing of the new school year, however, with heavy bags and long lessons spent seated, it can make school a real struggle.

A recent study published in the Australian Spine journal investigated the link between backpacks and back pain in school children.

Selected statistics include:

The weight of the average backpack is heavier, proportionally, than the legal load-bearing limit for adults;

- 79.1 per cent of children say their backpacks feel heavy;
- 65.7 per cent report feeling fatigued by the weight of their backpack; and,
- 46.1 per cent report back pain caused by their backpack.

Not just looking at pain and poor concentration at school, but structurally, when adding an extra uneven load to a growing spine, it can have a great impact on your child's health and wellbeing in the future.

Therefore, for an item that is worn 5 days a week for the majority of the year, it's important to make sure it is properly suited for your child.

To avoid the back to school backache, the Chiropractors' Association of Australia recommends:

- 1. Backpacks should be no heavier than 10 per cent of a student's weight when packed;
- 2. Make sure the backpack is sturdy and appropriately sized no wider than the student's chest;
- 3. Put comfort and fit at the top of the priority list, rather than good looks;
- Choose a backpack with broad, padded shoulder straps;
- 5. Use both shoulder straps never sling the pack over one shoulder;
- 6. Use waist straps attached they are there for a good reason;

Dentures

Implants

Teeth for Life

**Cosmetic Smiles** 

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**Complex Reconstruction** 

### **52 South Street Umina Beach**

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7. Don't wear the backpack any lower than the hollow of the lower back;

8. Don't overload the backpack – use school lockers and plan homework well in advance; and,

9. Place all heavy items at the base of the pack, close to the spine, for a better distribution of the weight.

On top of these recommendations and to really help your child get back into the school year and enhance their potential to reach and maintain their optimum health, have your child checked by a Chiropractor, like many other parents have.



Chiropractic; safe, gentle and effective for all the family If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Buckham **Umina Chiropractic Centre**, 428 Ocean Beach Rd, Umina 2257 h: 4341 6247

#### - Coltin

### Film about raw food and diabetes

A documentary about the effects of eating raw food on diabetes will be screened on Monday, February 28, at Cinema Paradiso in Ettalong from 7:30pm.

It is part of a series of Disease Proof Your Life movie seminars held on the last Monday of each month by organiser Ms Jenny Taylor.

This month's movie Simply Raw is a documentary film that chronicles six diabetics who switch to a diet consisting of organic, vegan and uncooked food to reverse the disease without prescription drugs, she said.

The culturally diverse participants are challenged to give up meat, dairy, sugar, processed and packaged food, and cooked food for 30 days.

The film was released in the United States in 2008 by documentary director Mr Morgan Spurlock.

"Morgan is an American independent documentary film director, TV producer, and screenwriter, known for the documentary film Super-Size Me, in which he attempted to demonstrate the negative health effects of McDonald's food by eating nothing but McDonalds three times a day, every day, for one month," said Ms Taylor.

"Diabetes is such a massive



Organiser of the Disease Proof Your Life movie seminars Ms Jenny Taylor

problem today and it's getting worse.

"Type two diabetes used to be known as adult-onset diabetes as it was only adults that got it.

"Today we have children with type two diabetes as well as adults and the numbers are getting higher," said Ms Taylor.

"The medical approach to this disease is a lifetime of drugs, insulin injections and a band aid approach at best that, for most, does not stop the ravages of this disease which can lead to blindness, limb amputations, cardiovascular disease, Alzheimers and more," she said. Ms Taylor said the film showed that diabetes and other illnesses can be reversed by a raw food diet.

"These are by far not the only people that have done this.

"This truth has been evidenced by individuals all over the world who have taken their health into their own hands and reversed not only diabetes, but cancer, heart disease and almost any other chronic disease you can think of.

"It's simple and it works," she said.

Media Release, 13 Feb 2011 Jenny Taylor, Umina

### Witnesses wanted

Police are appealing for witnesses to a man reportedly approaching school children around Umina and Woy Woy on Friday, February 11.

Police have been informed of a number of incidents in which a man driving a white-coloured vehicle allegedly offered to drive children to school.

He was reported at Cowper Rd, Umina, and at Melba Rd and on Edward St, Woy Woy,

Police attended the locations and conducted patrols for the man and vehicle.

The man has been described as about 20 years old, with caucasian appearance, of a medium build with blue eyes and short blond hair with a side fringe. The vehicle is described as a small, white, two-door sedan, possibly a Hyundai Excel, with black and yellow number plates.

Police are also seeking witnesses after a teenage schoolgirl was approached in Woy Woy on Wednesday, February 16, by a 50-year-old man.

The man was described as caucasian in appearance, about 183cm tall with grey hair.

He was wearing a blue hat, red shirt and baggy pants.

Anyone with information in relation to the incidents or the identity of the man or vehicle is urged to contact Brisbane Water Local Area Command via Crime Stoppers on 1800 333 000.

Media Release, 12 Feb 2011 NSW Police Media

### Flood event raises \$4000

A local tavern has raised over \$4000 in a fundraiser for Queensland flood victims held on Sunday, February 6.

Around 200 people flocked to Empire Bay Tavern to support the cause and participated in the raffle, purchased from the barbecue and had their faces painted.

"We had donations from over 20 different local businesses and we held a great raffle with 40 plus prizes," said licensee Mr Andrew Mathers.

"A few of the fathers and locals jumped on the barbecue and the teachers and mothers from Empire Bay Public School did face painting," he said.

"An interesting twist to the day that started at 2:30pm was that at 3:30pm we had a blackout.

"The power wasn't restored until after 6pm but we battled through with a small generator for the musician and a lot of hard work from staff and the army of helpers on the day.

"Everyone had a great day and considering the blackout raised a substantial amount of money for Queensland," he said.

Email, 15 Feb 2011 Andrew Mathers, Empire Bay Tavern

### Are you entitled to \$4000 worth of Government funded dental treatment?

You may be eligible for dental treatment if you suffer from a chronic illness such as cancer,



We make the effort to improve the appearance of your dentures.
We have a special interest in difficult/ problem cases .
No referral is necessary. We also accept Medicare referrals (even if made out to other practitioners) as well as DVA Gold Card holders.



diabetes, arthritis, stroke etc.



### Woy Woy Dental Centre Phone for more info

### 4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station) This is a non means tested dental benefit • We make implant retained overdentures.

Education

### Internet safety taught

Students at Umina Public School were among 1500 students nationwide who participated in Safer Internet Day 2011 on Tuesday, February 8.

Students worked as Cybersmart detectives in an online interactive activity that teaches children key internet safety messages in a protected environment.

During the hour-long activity, students worked online and liaised

with community professionals to solve internet-themed problems.

The focus for the day was on digital reputation, protecting privacy, and online behaviour.

The international Safer Internet Day was supported in Australia by the Australian Communications and Media Authority, as part of its Cybersmart program.

Safer Internet Day is observed in over 60 countries.

Umina Public School was one of five Central Coast schools registered for the event this year, with a total of 500 students participating from the district.

Cybersafety experts and NSW Police also attended the school to guide the students through the activity.

Further support for all schools was provided by state and federal police officers, who were online to respond to student messages.

> Media Release, 7 Feb 2011 Emma Rossi, ACMA



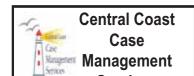
### Sydney Swans at Ettalong

Two Sydney Swans players Craig Bolton and Brett Meredith visited Ettalong Public School on Wednesday, February 9, to address students at an assembly and to hold an informal training session with year 6 students.

The players encouraged students to have a healthy lifestyle and eat a good breakfast and shared their passion for AFL, demonstrating a few hand passes and kicks.

They also encouraged students to sign up with local AFL team, the Woy Woy Peninsula Swans and promoted the Swans' Red Rookie Program, which provides kids with the latest team news, training tips, competitions and the opportunity to attend three Sydney Swans home games this year.

Two of the players' greatest fans attended the assembly with their Swans shirts on.



Mathew Walkerden in Year 1 is a Member of the Swans and a regular at games.

Jonathon Newton in Year 2 plays AFL with the Woy Woy Peninsula Swans and has represented the Central Coast with other local Auskick players playing at both ANZ Stadium and the Sydney Cricket Ground.

The Sydney Swans also conducted a coaching clinic at Rogers Park on Monday, February 7.

Team co-captain Jarrad McVeigh, Andrejs Everitt, Paul Bevan and Luke Parker helped players with their passing skills, kicking and were available for signing.

"I was really touched with the way the players interacted with the kids," said Ettalong Public School publicity officer Ms Rowena

Newton.

"They were so down to earth and very approachable.

"In one session, Andrejs Everitt noticed my four year old daughter Amelia sitting by herself picking daisies, while the older kids had a go.

"Everitt coaxed Amelia out of her shell and gently tossed the ball to her," she said.

"They were a striking pair.

"Amelia looked tiny next to the other kids and at 193 centimetres Everitt was almost a metre taller than her and must have appeared like a giant.

"It was incredibly moving to see such a skilled, professional player put himself at a child's level and be such an encouragement," said Ms Newton.

> Media Release, 19 Feb 2011 Rowena Newton, Ettalong Public School

### Improvements at college

A number of improvements were made to Brisbane Water Secondary College Woy Woy campus over the holidays and will continue until the end of March.

"The English and Industrial Arts block corridors have been painted as well as the canteen," said campus principal Ms Pamela McAlister.

Work was continuing on the construction of the commercial kitchen including the outdoor cafe and was expected to be completed

by the end of March, she said.

"We have also built two new bungalows and provided extra outdoor seating for students," said Ms McAlister.

"We thank the P and C for their generous funding of these outdoor improvements.

"Two more interactive whiteboards have been ordered for our classrooms making a total of 19, these will be placed in English and HSIE," she said.

Newsletter, 18 Feb 2011 Pamela McAlister, BWSC Woy Woy

**Volunteers wanted** 

Empire Bay Public School is calling for volunteers for its Easter Festival on Saturday, April 2, at the school.

The festival is being organised by the parents' auxiliary and will commence at 1pm with fireworks scheduled for 7pm.

"As the event is fast approaching, we now need lots of help organizing the event," said Empire Bay Public School principal Ms Sharon McEvoy

"These events can only be made possible and successful with the wonderful help of parents and staff," she said. Anyone able to help out should contact Rachel on 0410 356 279. Newsletter, 9 Feb 2011 Sharon McEvoy, Empire Bay Public School





Give your child a brighter future

painted as well as the ca said campus principal Ms I McAlister. Work was continuing construction of the com

Services You should contact Central Coast **Case Management Services** when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks. We can help you by linking you to services you need. Coordinating a variety of services • Assisting carers in their role Contact us to discuss if you are eligible Ph: 4343 1888 Yaringaa Building 93 McMasters Road Woy Woy (opposite Rogers Park)

### Classes resume soon!

Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils & Acrylics, Pastels & Drawing, Watercolour, Childrens' Pottery & Art. There will also be night classes in Pottery and Acrylic sea/landscape painting.

Adult classes 9 week term \$100 plus \$10 membership Childrens' Classes 8 week term Pottery \$60 and Art \$50

For enrolments and all enquiries phone 4341 8344 or visit our website at www.ebacc.com.au

**KITCHENER PARK, ETTALONG** Corner Picnic Parade and Maitland Bay Drive

**Community Access** 

Sponsored by Peninsula





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www.acquavista.com.au

### 4343 1044 on the beach at 345 Trafalgar Ave, Umina 4343 1044 Open Wed to Sun • Lunch & Dinner Licensed & BYO bottled wine only

The

LUNCH SPECIAL Wed to Sat • 2 courses \$35 incl. fresh seafood





Monday Nights Tuesday Nights Thursday Nights \$10 \$9 \$12 Roasts Mixed Grill Chicken Schnitzel \$10-BeerBattered Fish & Chips+Saled

Enjoy a selection of meals for seniors for only \$9 Live music every Sunday afternoon in our beer garden Open 7 Days - Lunch and Dinner

### **Bookings 4344 1137** Lunch - Monday to Sunday 12pm - 2.30pm Dinner - Monday to Saturday 6pm till close

### Ecopella to start local branch

environmental choir The Ecopella has announced its plan to opening a new branch of the choir in Woy Woy with the first workshop held at the Woy Woy Environment Centre on Sunday, February 20.

Ecopella director Mr Miguel Heatwole said that in the choir's 12-year history it has established branches in Sydney, the Blue Mountains, the Illawarra and Canberra.

It is now seeking to locate

singers in the Central Coast who are concerned about the crisis threatening Earth's future, and who would like to make a contribution to the musical culture of the environment movement.

"We are very keen to make our voices heard for the planet, and our voices are very musical" said Mr Heatwole.

"Although each piece the choir performs relates to the environment we do our best not to have too much doom and gloom in our repertoire, many of our songs are optimistic, or at least satirically

"We sound awesome on stage, in the streets, and around our campfires.

amusing

"We find ourselves singing in places where we'd not perhaps thought of going, and feel privileged to hear people speaking about the most important things in the world," he said.

"In short, we love what we do and hope that people on the Central Coast will also," said Mr Heatwole.

> Media Release, 18 Feb 2011 Miguel Heatwole, Ecopella



### Show is postponed

Woy Woy Little Theatre has postponed the opening of its first show of the year, the Underpants, to Friday, February 25, after the lead actor Mr Shaun Tinkler suffered a heart attack just days before the scheduled opening on Friday, February

Mr Tinkler is recovering in Gosford Hospital after having a stent put in following his heart attack on Tuesday, February 15.

The lead role will now be played by Mr Steve Killeen who will spend the week learning lines.

The season will be extended for one week to include Friday, March 11, at 8pm and Saturday, March 12, at 2pm and 8pm.

Patrons who booked tickets for the initial opening will be offered alternate performances and should have received a phone call from the box office staff.

Media Release, 17 Feb 2011 Patrice Horne, WWLT

### First solo exhibition

Woy Woy painter Allan Moore will hold his first solo exhibition entitled Favourites from Thursday, February 26, at a Killcare restaurant.

The official opening will be held at Artspace at Randalls on the Beach on Saturday, February 26, from 3pm to 5pm and will be open to the public until Sunday, March 26

Mr Moore began painting in 2006 concentrating on flowers, animals, portraits and local waterscapes in oils and soft pastels.

Mr Moore said his paintings were inspired by nature and beauty and are "a beautiful view of moments captured in time and imagination".

Media Release, 15 Feb 2011 Zoe Fletcher, Springfield



### Dut and About



### Rachael returns from choral school

#### Umina singer Rachael McMahon has returned after attending the Gondwana National Choral School in Sydney in January.

Ms McMahon joined over 280 young people from across the country for two weeks where she learnt from some of Australia's leading conductors, composers and musicians under the direction of artistic director and founder Ms Lyn Williams.

After a schedule that included rehearsals of new music, dance

workshops, music composition sessions and a Sydney sightseeing trip, the school culminated in two concerts at the Sydney Conservatorium of Music.

Ms McMahon said she was thrilled to be able to meet so many of her musical peers in one place.

"Gondwana National Choral School was an amazing experience, not only because we got to learn from inspiring conductors and sing the most amazing variety of music, but also because we made so many new friends from all over Australia who love singing as much as we do," she said.

Ms McMahon auditioned for the school in August last year.

The school aims to equip young musicians with the skills, inspiration and confidence to perform at the highest level, allowing them to perform with some of the world's best musicians and ensembles and represent Australia on the national and international stage.

Media Release, 15 Feb 2011 Rachel Whealy, Gondwana National Choral Program

# Awards for Kel-Anne

Umina country music singer Kel-Anne Brandt was named Most Popular Independent Female Artist 2011 at the Tamworth Meet 'n' Greet Fans Choice Awards on Thursday, January 20.

Now she has won two Mo awards at a ceremony Petersham RSL Club on Wednesday, February 16, for Best Female Vocal Performer and Best Country Performer.

"It was an amazing feeling!" said Ms Brandt.

"I have been in the Country Music Industry since 1997 and went to my first Tamworth Festival in January 1998.

"So it took 13 years to receive my first Award and to get it in Tamworth was special and even more special was that it was voted on by the fans," she said.

Ms Brandt is currently releasing singles from her album I'm A Big Girl Now and said she is looking forward to her tour of the UK in the next year.

"Singing has always made me feel good.

"Even as a child I would skip around and sing because it brought me such joy.



"I love sharing that joy with others and love it when I am standing on that stage and I see people's faces beaming with happiness.

"It is the best job in the world!" said Ms Brandt.

Ms Brandt has been nominated for nine Mo Awards and five Australian Club Entertainers Awards.

Email, 16 Feb 2011 Kel-Anne Brandt, Umina

### Music studio opens in Umina

A Umina resident has opened a music studio in Umina where he teaches singing, piano, acting and music theory.

Mr Robert McDonough will also run a singer's workshop at the Umina CWA Hall on the weekend of March 12 and 13 from 2pm to 3pm.

Mr McDonough will coach singers in warm ups and technical tips as well as presentation and performance of songs.

He was brought up in a performing arts family and studied music and drama from early childhood.

Upon graduating from high school, he began his serious studies at the Queensland Conservatorium of Music and later

at the Sydney Conservatorium of Music.

Throughout his music study years, he also steeped himself in further training in drama and dance.

When Mr McDonough was offered a role in a professional musical production opening at Her Majesty's Theatre in Melbourne, he jumped at the opportunity.

After a career as a performing artist on stage, radio and TV as well as a teacher in both music and drama in Australia, Mr McDonough moved to China to perform and teach.

Now back in Australia, he said he was happy teaching in his studio.

> Email, 8 Feb 2011 Robert McDonough, Umina

### **Three Left Feet perform**

Goodtime blues band Three with humour and harmony Left Feet is set to perform at Woy Woy Everglades on



Saturday, February 26, from 8pm. Organiser of the event and

band member Earlwood Greg will perform on vocals and guitar with fellow band members Jim "Fingers" Jarvis on guitar, Al Meadows on blues harp and mandolin, ex Cockroach Pete Mackie on bass and Johnny "Tom Tom" Jacobs on vocals and drums.

Also performing on the night will be Glenn Cardier who will appear for the first time with young guitarist Dean Haitani.

Email, 10 Feb 2011 Earlwood Greg, Three Left Feet



Your Independent Local Newspaper now online!

### www.gosfordnews.org

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### Art and craft lessons

Peninsula Pastimes Art and Craft Group has started the year with lessons held every Friday during school terms from 9:30am to 12pm at Ettalong Baptist Church hall.

The group offers lessons in scrapbooking, knitting, crocheting, glass painting, bead jewellery and quilting and has around 35 members.

Peninsula Pastimes Art and Craft Group commenced 25 years ago as a voluntary, self-help group, "At that time, it was a new concept and had 50 to 60 members," said

Peninsula Pastimes media adviser Ms Thelma Minto. "Popularity of crafts comes and

goes. "Today we have about 35

members and still enjoy the relaxed atmosphere, sharing our skills and supporting one another," she said. Peninsula Pastimes also has

a trading table with all proceeds going to India with the aim of educating young girls who would otherwise be caught in poverty.

"We also support our local charities, Mary Mac's Place and The Women's Refuge," said Ms Minto.

"We are generally interested in helping women and children and. to this end, we have commenced in a small way to create some micro finance to women in Kenya," she said.

Email, 16 Feb 2011 Thelma Minto, Peninsula Pastimes

### Open days at crafts centre

Ettalong Beach Arts and Centre will hold Crafts a number of open days between February 14 and 25. Classes will be run by the Crafts Centre for free to show members working on their individual crafts.

"We are opening our doors wide with a warm invitation for members of the community to visit our centre during class times to meet our tutors and students," said publicity officer Ms Sue Sullivan.

"This is an opportunity not to be missed as you will see firsthand the members working on their individual craft," she said.

"The classes provide a relaxed and friendly environment for our students who always manage to have fun while learning new skills or enhancing those they already

"An end of year exhibition provides an ideal platform for all our members to display their arts and crafts and the opportunity to sell their own work," she said.

have.

With inquiries, call Sue Sullivan on 4341 8344.

Email, 3 Feb 2011 Sue Sullivan, EBACC

Acoustic

11pm.

blues

The Blues Angels will be

headlining at the Troubadour

# Frank Russell, Cec Bucello and Tom Flood

### Patchwork donation to hospital

Ettalong Beach Arts and Crafts Centre patchwork guilt class has made two small quilts to be donated to the Gosford Hospital Auxiliary.

"The patchwork class has a long history of quiet generosity, having made and donated two quilts to the Gosford Hospital Auxiliary to be raffled in the past," said newsletter editor Ms Dorothy Mulholland.

"The first was a teddy bear quilt which was organised by the late Margaret Hannaford.

"The second was a double country quilt, much of which was designed by Yvonne Robinson," she said.

The patchwork class had also donated several dozen small hats for premature babies to the neonatal ward of Gosford District Hospital.

"When my grandson Tyran was born, it was found that the neonatal ward of Gosford District Hospital was short of very small hats for premature babies, so the patchwork classes made several dozen little hats in all sorts of bright colours and donated them to the premature ward in Tyran's name,' she said.

> Newsletter, 1 Feb 2011 **Dorothy Mulholland, EBACC**



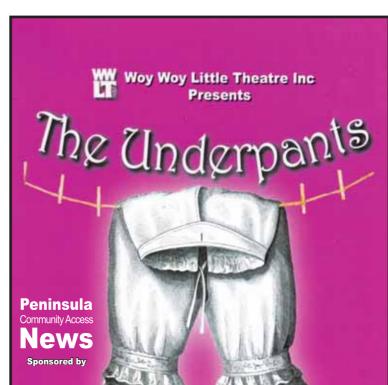




band

Band members Tom Flood. Frank Russell and Cec Bucello will play lonesome backhills harmonies, bluegrass, love ballads and late night blues.

Willy Timmerman, Troubadour **Central Coast** 



### **Opera** in the arboretum

Opera in the Arboretum will be held at Pearl Beach on Saturday, March 12.

Sponsored by the Rotary Club of Woy Woy, it will be held in the Crommelin Native Arboretum in Pearl Beach to raise money for charity.

The performance will feature Australian Opera partnership Nicole Youl and Michael Lewis, joined by Annabelle Chaffey and Jason Wasley.

The program will include a Madame Butterfly duet performed by Ms Youl and Mr Wasley and guest artist soprano Anita Maree de Lisen, pianist Jem Harding and Central Coast Conservatorium String Orchestra.

Email, 27 Jan 2011 John Greenway, Woy Woy Rotary

Wed 9th - The First Emperor - China's Entombed Warriors \$50pp Come face to face with the guardian warriors of China's First Emperor, entombed for over 2000 years! - Art Gallery NSW -Includes Museum Entry & Morn Tea

March

Wed 2nd Port Stephens & Tea Gardens - BOOKED OUT!

Wed 16th - Rathmines \$50pp Secret WWII Base on the shores of Lake Macquarie, Includes - Lunch & Morn Tea

Tues 29th - Maitland Gaol - Ghost Tour \$55pp Are you brave enough to join us? Dinner Own Expense - Afternoon Departure

#### **APRIL**

Tues 5th - Catherine Hill Bay, Norah Head Lighthouse & The Entrance - \$45pp Includes Lunch & Morn Tea

#### Newcastle Entertainment Centre

ANDRE RIEU - 16th MAY \$235pp - A Reserve, \$185pp B Reserve CIRQUE DU SOLEIL - 22nd July Adult \$144pp, Senior \$120pp, Child under 12 \$120pp

BOOK NOW! - 0466 632 088 keen2tour@bigpond.com - www.keen2tour.webs.com

### By Carl Sternheim adapted by Steve Martin **Directed by John Hickey**

#### 25<sup>TH</sup> FEBRUARY - 12<sup>TH</sup> MARCH 2011 The Peninsula Theatre Woy Woy

Tickets: Adults \$24 Concessions \$21 Child under 16 yrs \$7

Saturdays 8pm ...... Feb 26, Mar 5, 12 Saturday 2pm.....Mar 5, 12 Sundays 2pm......Feb 27, Mar 6

Bookings www.laycockstreettheatre.com Ph 4323 3233

**Community Theatre on the Central Coast** www.woywoylt.com.au ALSO ON FACEBOOK

### Directory

### Not for profit community organisations

### Animal Care

#### **Animal Welfare**

League (ADS) is a not-for-profit organisation giving aid and financial assistance to sick and injured animals andfinding homes for surrendered dogs. Meetings 2nd Tues ea month, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435. awlcentralcoast@ virginbroadband.com.au P.O. Box 376, WOY WOY

#### Wildlife Animal Rescue and Care Society (ARC) (258) Rescues and cares for native wildlife in distress. www.wildlife-arc.org.au Free training. Meetings 3rd Sat ea month 1pm Wyoming Community Centre, Maidens Brush Rd

arc@wildlife-arc.org.au
Community Activities

4325 0666

**Cash Housie** (269c) 50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.com

#### **Community Centres**

Peninsula Community Centre (256c) Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before &

#### After School, Vacation, Family, Day & Occasional **Children, Teenagers**

& Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and

muliticultural support Children - Little Kickers, Indian Dance, Playgroups, KindyGym, Teenagers - "The Web"

Youth Support Services. Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises. Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control. Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise. Free Seniors Internet Kiosk,

Discussion Groups. **Function & Meeting Rooms** for 2 to 500, catering facilities avail. See www.pccinc.com.au 4341 9333

#### Ettalong 50+ Leisure & Learning Centre (262) (formerly Ettalong Senior Citizens Centre) Mon to Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness Handicrafts, Leatherwork Line Dancing, Painting Scrabble, Table Tennis

Tai Chi, Yoga, Darts 4341 3222

#### **Gosford 50+ Leisure and Learning Centre**

(formerly Senior Citizens) (262) Handicraft, Leatherwork, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Dancing, CPA, Womens Group, Crochet, Computer Class 4324 4749

#### **Community Groups**

Fellowship of First Fleeters (259c) Create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet. Meet 2nd Sat ea month Wyong RSL 10am roy.kable@bigpond.com 4344 3876

#### Hardys Bay Residents Group (271c) Working for a positive & Healthy Environment in our

Community allanbw@bigpond.com

#### The Krait Club (270c) Community Centre -Cooinda Village, Neptune St, Umina 10.30am Open to senior members of Woy Woy/ Umina Community Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment



and occasional bus trips 4341 0698

Northern Settlement Services (282) Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre 93 McMasters Road Woy Woy - 4334 3877

#### N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia

(277) Meet on 1st Sat each month except January. 2pm at Ettalong Beach War Memorial Club 51-52 The Esplanade. Looking for more veterans, all welcome - 4342 1107 P.O. Box 7284 Kariong

#### Umina Beach Scrabble Club (277) For all levels and ages Every Wednesday 9am-12pm, come along relax and enjoy a cuppa while you play Scrabble 322 West St (Rubys)

Umina Beach NSW 2257 4341 4859 or 0410 438 525

#### Vietnam Veterans', Peacekeepers' and Peacemakers' (259) Assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong. Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong

Volunteering Central Coast (270c)

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers.

We interview potential volunteers and refer them to their choice of volunteer

roles. Offer regular general info sessions at Woy Woy. sharanpage@ volunteeringcentralcoast.org.au 4329 7122

### Community Restaurant

Mary Mac's Place (262) Providing hot, freshly cooked meals

Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services.

marymacs@woywoycatholic. org.au PO Box 264 Woy Woy 4341 0584

#### **Disabled Services**

Riding for the Disabled (282c) Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388 stateoffice@rdansw.org.au

#### Environment

#### Peninsula Environment Group

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

#### Health Group

Arthritis NSW (267c) Meetings 3rd Tues ea month Community Centre, Corner McMasters Rd and Ocean Beach Road, Woy Woy - 4341 5881

#### Woy Woy Stroke Recovery Club (67/278) Peninsula Community

Centre 2nd Tues Jay monthly at 11.30 Light lunch available Company, up-to-date information Hydrotherapy, bus trips Phone 4342 1316 or 4341 7177

#### Service Clubs

**Rotary Club of Woy Woy** (259) A fellowship of business, professional and community leaders through which the club provides service to others, promotes integrity and advances world understanding, goodwill and peace. **Everglades Country Club** Woy Woy, ea Tues 0412 065 098 secretary@woywoyrotary.org.au PO Box 175, Woy Woy NSW 2256

### Rotary Club of Umina

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. Everglades Country Club ea Wed 0409 245 861. curleys@ozemail.com.au

#### Sport

#### Woy Woy Judo Club

Great for fun, fitness, female self defense or the competitive CLASSES min age 7 Tue & Fri - 5.30 to 7.30pm try a free session! E.S.C.C. Cnr Broken Bay Rd & Karingi St, Ettalong 0434 000 170 www.wwjc.org.au

#### Women's Groups

Gosford RSL Women's Auxiliary (272) 0412 773 441

#### **Peninsula Women's**

Health Centre (260c) A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy; printed information and resources 4342 5905 Wed and Thur 9.30am to 3pm - 20a McMasters Rd, Woy Woy www.ccwhc.com.au

For the latest news on what's happening on the Peninsula see....

• News • Education • Sport • Arts • Health • Forum • Peninsula Diary • Web directory •

The Peninsula newspaper's website, a comprehensive collection of editions published to date

If you would like your Community Organisation listed here, see www.duckscrossing.org or contact Peninsula News on

523/3

#### 200



### Marie hosts her final concert

Member for Gosford Ms Marie Andrews will host her final Seniors Week Concert in the senior citizens' centre at Ettalong on Wednesday, March 23.

After that, she is handing over the running of the concerts to Member for Robertson Ms Deborah O'Neill.

"In my past 16 years as a local member, the Seniors Week Concerts have become a real highlight in our community calendar," said Ms Andrews.

"They've grown to the point that they are now the single biggest Seniors Week event on the Central Coast.

"I want to leave the organisation of this event with someone who I know will bring the same caring spirit to the concerts, and I think Deb is the perfect person for that job," she said.

Ms O'Neill said she was humbled to be asked.

"It's an honour and a privilege for Marie to entrust me with the future

organisation of these concerts," said Ms O'Neill.

"Marie has been a wonderful role model for me as a new member of parliament - in the care and compassion she shows for her constituents, particularly our seniors.

"I will do my very best to maintain her legacy by continuing this tradition," said Ms O'Neill. Media release, 17 Feb 2011 Matt Pulford, Office of Deborah O'Neill MP

### The Peninsula For events in post code areas 2256 and 2257

#### Friday February 25

The Usual Suspects, Tuesday March 1 Randalls on the Beach Killcare, 6:30pm

Pastimes Art and Craft group, Ettalong Baptist Church Hall, 9:30am to and Hardware Big Dog 12pm

Opening of Woy Woy Little Theatre's The Underpants

#### Saturday February 26

Troubadour folk club, Woy Woy CWA Hall, 7pm

Three Left Feet and Glenn Cardier performance, Woy Woy Everglades, 8pm

Business Clean up Day

#### Wednesday March 2

Campbell's Home Timber House competition opens Guide Dog Fundraising Stall, Woy Woy Deepwater Plaza, 9:30am-3pm

#### Friday March 4

Schools Clean up day Central Coast Roller Derby Band and Auction Night, Ettalong Bowling Club, 7:30pm

Umina CWA Hall, 2pm-3pm

#### **Tuesday March 15**

A Season of One Act Plays auditions, Woy Woy Little Theatre, 7:30pm

#### Wednesday March 23

Marie Andrews Final seniors week concert, Ettalong 50 Leisure and learning Centre.

March 26 Election

Saturday April 2 Empire Bay Public School

### Charity **Barometer** 2010/2011

The Peninsula community is renowned for its generosity. Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every vear.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$571

\$32(

\$400

\$351

\$870

\$300

\$116

\$116

\$116

\$116

\$92

\$75

\$318

\$600

\$212

\$20

\$10

\$100

\$150

\$100

\$20,0

\$250

\$620

\$80.

\$10.0

\$4000

\$11,000

\$4500

\$90,000

\$700

\$42,000

\$4000

\$2000

\$10,172

### 92,1 Empire Bay Public School raised \$571 for Flood

	annoal	
00	appeal Randalls on the Beach raised \$3200 for flood appeal	
)0 )0	Empire Bay Tavern raised \$4000 for the flood appeal	
14	Rotary Club of Woy Woy donated \$3514 to the Rotary	
	District 9680 Flood Appeal.	
	Everglades Country Club \$8700 to Flood Relief	
)0	Brisbane Water Bridge Club donated \$3000 to the	
)0		
	Rotary Club of Woy Woy donated \$1160 to First Woy	
60	Woy Sea Scouts	
	Rotary Club of Woy Woy donated \$1160 to Blackwall	
60	District Girl Guides	
	Rotary Club of Woy Woy donated \$1160 to The We	
60	Youth Support Group	
	Rotary Club of Woy Woy donated \$1160 to Riding for	
60	the Disabled	
0	Rotary Club of Woy Woy donated \$920 to Brisbane	
U	Water Secondary College Woy Woy campus	
0	Deepwater Court retirement Village in Woy Woy	
Ŭ	raised \$750 for the Queensland Flood Appeal	
37	Randalls on the Beach donated \$3187 to the	
	Queensland Flood Appeal	
00	Rotary Club of Umina raised \$6000 for Queensland	
	Rotary Clubs Woy Woy Men and Women's Bowling Club raised	
21	\$2121 for the Queensland Premier's flood appeal	
	Woy Woy Women's Club also raised \$200 for the	
0	NSW Bowling Association Red Cross Flood Appeal	
	Wallaby Street Preschool \$100 for the Queensland	
0	floods	
00	Ettalong Bowling Fishing Club \$1000 for the Gosford	
00	Hospital burns Unit and \$1500 for the Oueensland	
50	flood appeal	
00	Lodge Morning Star \$1000 to the Woy Woy Stroke	
0	Recovery Club and Working Age Group	
000	Woy Woy Public School P and C \$20,000 to Woy	
	Woy Public School	
00	Woy Woy Aged Care \$2500 Woy Woy Womens	
	refuge and Men's Prison Ministries	
05	Peninsula law team \$6205 for the 2010 MS Sydney to	
	the Gong bike ride	
00	Pearl Beach Progress Association \$80,000 toward	
	rock pool costs	
000	Pearl Beach Progress Association \$10,000	

Official opening of Allan Moore's Favourites Sunday March 6 exhibition, ArtSpace at Randalls on the Beach Killcare,3-5pm

Sunday February 27

Blues Angels, Randalls on the Beach Killcare, 1pm

Monday February 28

Simply Raw documentary, Cinema Paradiso Ettalong, 7:30pm

Clean up Australia Day

Tuesday, March 8 Boy Meets Girl auditions, Woy Woy Little theatre, 7:30pm

Saturday March 12 Opera in the arboretum, Crommelin Native Arboretum in Pearl Beach Singers workshop, Easter Festival, 1pm

Friday May 6 Season of One Act Plays, Woy Woy Little Theatre

Friday July 15 Boy Gets Girl, Woy Woy Little Theatre

Friday October 28 Woy The Mousetrap, Woy Little Theatre

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Community Hall upgrades Ettalong Beach Club \$4000 to Movember Woy Woy South PS \$11,000 for the school Ocean Beach Surfclub \$4,500 Careflight Charity Queens - Oyster Festival \$90,000 Cancer Council

Woy Woy Rotary Club \$700 to 1st Woy Woy Sea Scouts CUB PACK

Umina Public school P&C \$42,000 to Umina Public School (2010)

Rotory Club of Umina Beach \$4,000 to Coast Shelter Woy Woy South Public School \$2,000 for School Equipment

Ettalong Public School P&C \$10,172 for Ettalong Public School

Funds donated earlier in the year have been removed to allow space for more recent donations



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History

board, he was responsible for

the good order and discipline

disaster, the aircraft carrier

HMAS Melbourne and the

destroyer HMAS Voyager

were conducting exercises

south-east of Jervis Bay,

HMAS Voyager crossed in

front of HMAS Melbourne

and collided, cutting HMAS

chief petty officer Rogers

was in the forward cafeteria

presiding over a game of

tombola, which is similar to

bingo, with around 60 other

On impact, there was

The ship rolled violently

on its side and about five

minutes later turned upside

down. Jonathan Rogers was

one of more than 50 sailors

trapped in the sinking forward

section. Survivors told of the

courage of chief petty officer

calming terrified shipmates

and attempting to control the

flooding. He tried to free a

jammed escape hatch, and

organised men to move into

other compartments. Rogers

was a big man and probably

knew that he was too big to fit

through a small escape hatch

sank about 10 minutes after

Rogers was heard leading his

remaining doomed comrades

in prayer and a hymn during

awarded the George Cross,

the highest bravery award

then available in peacetime,

"for organising the escape

of as many as possible and

encouraging those few who

could not escape to meet

death alongside himself with

dignity and honour". All of

chief petty officer Rogers'

medals are on display at the

Australian War Memorial in

disaster resulted in the loss of

The HMAS Voyager

Canberra.

Rogers was posthumously

their final moments.

The forward section finally

It was later reported that

himself.

the impact.

Rogers had taken charge,

Rogers amidst the turmoil.

Just before the collision,

Voyager in half.

off-duty crew.

instant darkness.

He served on 13 ships,

mostly through the war

years, and was awarded the

**Distinguished Service Medal** 

for coolness and leadership

under enemy fire while

serving as coxswain in 1944.

officer Rogers came to

Australia and joined the

Royal Australian Navy in

1950, moving with his young

family to Ettalong Beach in

Chief petty officer Rogers,

known to friends as Buck

Rogers, served on several

vessels before joining HMAS

Voyager in January 1963 as

As the senior sailor on

1955.

coxswain.

After the war, chief petty

At 8.56 pm, 37 kilometres

off the NSW South Coast.

On the night of the

of the ship's company.



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doing something illegal or improper to take advantage of our readers, we will also name them in our shame file in the interest of warning readers to be warey when dealing with them.

Andrew Miller of Hurstville NSW

82 lives, including 14 officers the commanding officer DH Stevens, 67 sailors and one civilian dockvard employee. Email, 11 Feb 2011 Tony Bambury, Bensville

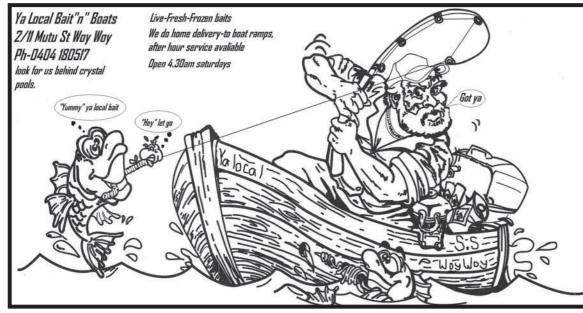
### **Umina's Finest Tobacconist** & Darrell Lea Chocolates

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#### Page 22 - Peninsula News - 21 February 2011







#### At last, a Sports newspaper covering the entire Central Coast!

Following on from the successes of publishing the ever popular Peninsula News since 1999, Bowls News Central Coast since 2005 and recently, Gosford Central News, Ducks Crossing Publications has extended that same style and formula to publish a monthly sport newspaper for the entire Central Coast.

This new publication, Central Coast Grandstand, will only carry news relating to sport, at all levels, across the Central Coast and in this way, is able to provide a wealth of information for readers interested in sport. This includes federal, state and local government sport news, academy and association news, club news, events, registration days, scoreboard, tides, school sport, letters and anything relevant to sport on the Coast. It is a true newspaper and advertising content is restricted to a maximum of 40% of content.

The first edition of Central Coast Grandstand will be published and distributed on February 24, 2011. It is published monthly and distributed to all clubs, taverns, shopping centres, libraries, service stations, sporting venues, newsagents, sport related retail outlets and anywhere else, from Morisset to Mooney Mooney, where large numbers of people are likely to be.

14,000 copies are printed and it is published and distributed on a Thursday. In this way it can carry the previous weekend's sport news as well as news about the coming weekend's activities.

Central Coast Grandstand is also a public forum for sport on the Coast. All residents,

### Gliders return with silver

Australian Women's Wheelchair Basketball team the Gliders have returned from the Osaka Cup in Japan with a silver medal, failing narrowly to emulate their success of the previous two years.

The Gliders fielded three new players in the tournament including Woy Woy player Ms Stephanie Van Leeuwen.

"It was a great opportunity to learn new skills and experience playing at such a high level," said Ms Van Leeuwen.

"Unfortunately we lost the grand final to Japan by two points in the last 1.3 seconds of the game.

"All the girls on the team were very supportive, along with the

coaching staff and the Japanese were very welcoming," she said.

"We also visited a school to teach the teenagers there how to play and also a rehab centre where we taught the children how to play.

"It was an amazing experience and to be able to share your skills with others was very special," said Ms Van Leeuwen.

Australian Women's Wheelchair Basketball head coach Mr John Triscari said "I am extremely proud of the players who kept to our game plan and didn't stop fighting until the very end of the game."

Media Release, 12 Feb 2011 Noel Rowsell, Parramatta Basketball Association Email, 8 Feb 2011

Stephanie Van Leeuwen, Woy Woy

# Water polo selections

Two water polo players from the Woy Woy Wombats have been selected for the NSW Under-14 team to attend a Talented Athletic Program camp at Narrabeen in May.

Jessica McCarthy and Georgia Perkins were selected for the program following their participation in the water polo Coasties team when they played three games on Friday, February 11, at Tamworth.

The team finished fourth in the state out of 15 teams.

"This was an amazing result from a team who would normally play against each other, rather than play with each other as a team," said Woy Woy Wombats publicity officer Ms Jan Sillato.

Also selected for an Under-13 development squad from the Coasties team was Ebony Millgate from Woy Woy Wombats.

"These girls truly deserve the opportunity to improve on their already amazing water polo skills," said Ms Sillato.

Email, 16 Feb 2011 Jan Sillato, Woy Woy Wombats

# Strong support for junior Roosters

Woy Woy Junior Rugby League Roosters football club has had a strong response to player registration days held over the last two weekends.

"It's great to see old players back and to see so many new faces," said juniors president Mr Tim McParlane.

"The Roosters will be fielding sides in all age groups from sixes to 16s with a number of age groups having enough players to enter two teams," he said. with coaching coordinator Wayne Hayward," said Mr McParlane.

Woy Woy Roosters have three trials pencilled in against Cessnock, St Eddies and North Lakes with the first to be held in early March.

The competition will begin on Saturday, April 2.

"The club has a number of fundraising and social events planned for the year as well as continuing with the Woy Woy Cup and the Woy Woy Development Day, which are both successful and enjoyable for all concerned," said Mr McParlane.

participants, relevant community groups, government and non-government organisations, businesses, employees and visitors to the area are encouraged to send in contributions, letters, notices on forthcoming activities or anything else that they feel readers will want to know about.

Central Coast Grandstand is of great benefit to all sport on the Coast as well as to the health and welfare of all involved residents on the Coast. Major and minor sports all have a voice and junior, school and senior sport also has an opportunity for exposure and promotion to like-minded people.

Businesses and other organisation in the area can also be some of the greatest beneficiaries of Central Coast Grandstand because they are now able to promote their products and services directly to their target groups and to young audiences that do not normally read other more general publications.

If you are involved in a sport, or a business or organisation that has an involvement with sport, feel free to send us news or contact us for more information.

A Ducks Crossing Publication - See page 2 for contact information

"All teams have coaches appointed and all the coaches are keen to start training with their teams after a number of pre-season coaches workshops

Media Release, 16 Feb 2011 Tim McParlane, WWJRLFC



stoon?

### Roller derby night at Ettalong

The Central Coast Roller Derby league is holding a band night and auction on Friday, March 4, at Ettalong Bowling Club from 7:30pm to raise funds for the new league.

fundraising night is The expected to attract 150 to 200 people who will bid on eight Derby Girls who will be auctioned off to the highest bidders.

"They will get all your food and drinks for you and they make excellent conversation," said Central Coast Roller Derby League media advisor Ms Linda Wales.

A raffle will also be held with items including T-shirts, jewellery and a photo shoot from Linda Wales Photography.

Ms Wales said roller derby was a women's sport.

"Bouts involve two opposing teams each with blockers and jammers and the aim of the game is to score more points than the opposing team's jammer by lapping the other team on the track, in a very exciting spectator

sport," she said.

She described the sport as a mix of women's liberation, tough sport, visual costumes and "out there Derby Girl personalities".

"This is a not for profit team. "Everything is done by enthusiastic volunteers, mostly by us Derby Girls, coaches and referees," she said.

Ms Wales said the Central Coast Roller Derby team planned to hold competition bouts, fundraising events and social skates in the future.

"We have 50 girls registered in our league.

"All are at different levels.

"Some are ready to start bouting, and some are just learning to skate.

"We are a relatively new league so we are just finalising our first registration and planning our first bout," said Ms Wales.

With inquiries, contact Linda on 0410 595 319

Media Release, 14 Feb 2011 Linda Wales, Central **Coast Roller Derby** 



### Rachel takes medals

### **Kevin comes** second in 400m

Island finished second in the men's 400 metre event of the **Brisbane Athletics Classic** with a time of 46.81 seconds on Friday, February 11, in this year's Australian Athletics Tour.

Moore placed second to current national champion and fellow Commonwealth Games relay teammate Ben Offereins who clocked in at 46.25 seconds.

Moore's athletics coach Mr Larry Spencer said he was pleased with Kevin's performance.

'This was an outstanding start to the season and it reflects the invaluable experience of Kevin's international competitions," he said.

"We didn't come back into until November due work Commonwealth Games to commitments, so we are still in heavy work and in my opinion

Kevin Moore from St Huberts about three weeks away from being ready to race.

> "This next three week block is critical to Kevin's season.

"He will then have a further three to four races to polish his skills prior to nationals in April.

"Kevin's next race is the Melbourne Track Classic on March 3," said Mr Spencer.

Media Release, 14 Feb 2011 Luke Tucker, Central Coast Academy of Sport



Umina Surf Lifesaving Club member 11-vear-old Rachel Wood has taken out a number of medals in the Central Coast **Branch Championships held** at Avoca on the weekend of February 12 and 13.

These included gold medals in the individual surf swim, surf team, board relay, board rescue and a silver medal in the ironperson.

Rachel also placed first in the Under-12s Newcastle Permanent Iron Person Series held on Saturday, February 5, after winning the same event last year in the

Under-11 division.

Umina Surf Lifesaving Club secretary Ms Christine Lavers said Rachel was aiming to peak her performance for the NSW Surf Lifesaving Championships to be held at Cudgen Beach in early March

She said Rachel's coaches Ms Kerry Armstrong Smith and Mr Mick Magurren believe she could do just as well this year at the State Surf Titles.

"She has been putting in a lot of effort and focus towards her goals," said Ms Lavers.

"Rachel is just as good a

competitor in the pool and trains at Peninsula Leisure Centre under head coach John Young.

"Rachel has already competed in NSW State Swimming this year and is looking forward to doing well also at the NSW Country Swimming Championships at the end of February," she said.

Rachel was also selected earlier this year to be part of the Central Coast Branch team for the NSW Interbranch Surf Championships. Email. 16 Feb 2011

Christine Lavers, Umina SLSC

Singles winner

Carol Bryant has won the Major Singles Championships held at Woy Woy Women's Bowling Club on Thursday, February 10.

Around 20 members took part in the finals of the championships. President Ms Barbara

Champion was named runner up. She has won the event seven times previously.

"All the matches were very close and the winner was Carol Bryant who joined the club last year, having been a member at Toukley Women's Bowling Club," said publicity officer Ms Miriam

Cotton.

"We are very pleased to have welcomed Carol to this club and look forward to her playing in the pennants for Woy Woy this year on March 1."

Media Release, 16 Feb 2011 Miriam Cotton, Woy Woy WBC



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