

## Bushcare group joins opposition to bus stop

**A local bushcare group has joined local residents in opposing a new bus stop placed in Hillview St, Woy Woy, at the Burrawang Bushland Reserve.**

The new bus stop was created when a new bus timetable was introduced on November 8.

The bushcare group says a previous bus stop at the site was relocated a number of years ago because invasive garden weeds dumped at the stop posed a threat to rare bushland in the reserve.

Burrawang Bushland Reserve committee member Mr Jim Morrison said the group has called on Gosford Council's traffic committee to relocate the stop to either Dunban Rd or Railway St.

"Several years ago, a bus stop existed in front of the reserve," Mr Morrison said.

"Much of our time and energy was taken in cleaning the area and attempting to prevent the spread of invasive garden plants and weeds.

"The stop was relocated to a more convenient location away from the front of the reserve, and the problem stopped."

Mr Morrison said that the reserve contained Umina Coastal Sandplain Woodland, an Endangered Ecological

Community under the Threatened Species Conservation Act.

He said it was council's responsibility to maintain this reserve to ensure the survival of this rare bushland, of which less than 13Ha in total remained, and which faced threats including invasion of weeds and garden plants.

"While we are happy to contribute our voluntary efforts to maintain the reserve and save council significant expense, we ask that council takes action on its part to ensure that threats to the survival of the bushland are minimised," Mr Morrison said.

"The placement of a bus stop in front of the reserve has been previously shown to be a significant threat to the bushland, and its removal has effectively addressed the problem.

"There is very good reason not to make the same mistake again."

Mr Morrison said that, aside from the environmental concerns, the bus stop was poorly placed and was unsafe.

"The location of the stop, near the corner with Dunban Rd, creates a blind corner on a busy intersection when the bus is at the stop.

"When a bus pulls into the stop, traffic from the south needs to pull

onto the other side of the road to pass the bus, creating a dangerous situation.

"The location is unsuitable for bus travellers.

"It is subject to regular flooding in wet weather, a problem which would have passengers ankle deep in water or the bus having to stop elsewhere along the road. This has been a traffic hazard for years.

"Even if the flooding problem was solved, the stop is not served by a footpath and the terrain is not suitable for the elderly or infirm.

"It also requires that they cross a busy road to reach it.

"The area is not well lit and also poses a risk to personal safety after dark.

"Being placed near the entrance to the reserve, it has an easy escape route for bag-snatchers and the like."

Mr Morrison said he had not heard of any demand for a bus stop at this location.

"We have asked council to consider relocating this new bus stop to Railway St or seek a change of route which would allow the Dunban Rd stops to be used."

**Media release, 20 Nov 2010  
Jim Morrison, Burrawang Reserve Committee**



## Another closure at hospital

**The Woy Woy Blood Donor Centre is closing after 30 years at Woy Woy Hospital.**

It will be replaced by regular visits by the mobile blood bank to the hospital.

The closure will allow the hospital more space to provide essential services for the local community, according to Central Coast Blood Service manager Ms Rochelle Jackson.

The fully self-contained "donormobile" will visit the hospital's hydrotherapy pool car park in Kathleen St on the second Monday and Tuesday of every month.

"The feedback from our regular donors has been very positive," said Ms Jackson.

"We're now able to offer morning appointment times as well as the usual evening session and people who can't donate on a Tuesday have the option of Mondays as well.

"We're hoping more Peninsula residents will join our already dedicated regular Woy Woy blood donors."

The first mobile service visits to Woy Woy Hospital will be on Monday, December 13, from 10am to 3:30pm and Tuesday, December 14, from 1:30pm to 7:30pm.

The Woy Woy donor centre will hold its last session on Tuesday, November 30.

**Media Release, 8 Nov 2010  
Katherine Wicks, Central Coast Donormobile**

## Second substation proposed for carpark



**A second electrical substation will be installed in the Swancott Centre carpark, opposite Woy Woy railway station, if a proposal to go before Gosford Council on Tuesday night is approved.**

The substation is required to provide power to the new commuter carpark, according to a report prepared by council staff.

The proposal would have "no impact on council's financial position" because the "Transport Construction Authority will be responsible for Council's costs", the report stated.

However, the council will

provide the land for the substation and create an easement of 5.2m by 4.5m to allow Energy Australia to maintain it.

Council staff recommended that no compensation be sought from the company, "subject to Energy Australia agreeing to the extinguishment of the easement when the site is no longer required".

The report stated: "As part of the expansion of the Woy Woy commuter carpark building by the Transport Construction Authority, a request was made to Energy Australia for additional electricity supply to service the new building.

"Energy Australia has advised

that the supply is inadequate.

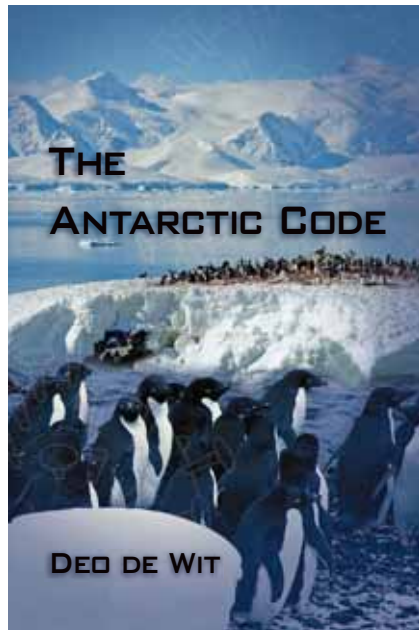
"An electrical substation is needed in the vicinity of the commuter carpark building to provide the necessary supply.

"The proposed substation will be a second substation on the frontage to Railway St and, by its nature, it is impractical to effectively screen the structure.

"The Transport Construction Authority has advised that it will bear all legal and survey costs associated with the creation and registration of an easement for the substation."

**Council Agenda COR.126,  
23 Nov 2010**

## Competitions - Win Win Win Your chance to win!



Peninsula News is giving readers the chance to win one of five copies of Dr Deo de Wit's novel, **The Antarctic Code**.

Dr Deo de Wit's thriller follows three siblings across four continents as they track clues linking recent influenza pandemics to bioterrorism and the Russian mafia.

Dr de Wit is the director of microbiology and infectious diseases at Gosford Hospital and his fictional novel, *The Antarctic Code* reflects his interest in the swine influenza, Asian bird flu pandemics and the equine influenza.

To enter, write your name, address and phone number on the back of an envelope and send it to: Peninsula News, *The Antarctic Code* competition, PO Box 1056 Gosford NSW 2250 by 5pm, Thursday, December 2.

Winners of last week's, Band of Gypsies CD Launch are Regina Poon from Gosford and Liz Kay from Ettalong.

Kaitlin Watts, 19 Nov 2010

## Heavy rain is above average

Heavy rain in the last two weeks has brought total rainfall for the month to more than 50 per cent above the monthly average, according to figures supplied by Mr Jim Morrison of Woy Woy.

A total of 67.5mm fell in the two weeks to Friday, November 19, bringing rainfall for the month to 129.9mm, compared to the average of 83.1mm.

This is the first time in six months that the Peninsula has recorded above average rainfall, and the cumulative total for the year remains nine per cent below average.

So far this year, a total of 1033mm has been recorded. This compares to an average at the end

of November of 1135mm.

The highest temperature since March was recorded on November 13, with a reading of 32.6, according to weather website [www.peninsulaweather.info](http://www.peninsulaweather.info).

Lowest temperature for the month was 11.3 degrees, recorded on November 2.

Lowest maximum was 17.8 on November 5 and highest minimum of 23.1 was recorded on November 14.

The highest wind gust was 44.3km/h recorded on November 8, and atmospheric pressure has ranged between 1007hPa and 1024hPa.

Spreadsheet, 19 Nov 2010  
Jim Morrison, Woy Woy  
[www.peninsulaweather.info](http://www.peninsulaweather.info)

# Peninsula News

Community Access

Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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**Contributions**

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 1056, Gosford 2250. Contributions should be in Word format sent via email to: [mail@peninsulanews.asn.au](mailto:mail@peninsulanews.asn.au), on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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# Off-leash exercise areas return

**Off-the-leash dog exercise areas will be re-established on St Hubert's Island and at Empire Bay following an environmental review taking 12 months to complete.**

Gosford Council has approved exercise areas at Long Arm Pde Reserve, St Hubert's Island, and Sorrento Rd Reserve, Empire Bay.

However, a former off-leash exercise area at Beachfront Pde, St Hubert's Island, will remain closed.

Off leash exercise areas from Davistown to St Hubert's Island were suspended by Council in October last year when it was decided to assess their impact on the threatened bird species, the bush stone-curlew.

The areas were re-opened for on-leash exercise the following month, and have remained so while the environmental assessment was undertaken.

The review found that "the Beachfront Pde Reserve is in close proximity of a bush stone-curlew breeding site (which is one of two remaining sites within the Brisbane Water area) and the numerous records of the species from within the reserve indicates the significance of the foreshore at this location as habitat for the species".

The reserve was also "considered to be of high habitat value and is likely that the reserve could provide habitat to threatened species and/or migratory waders".

"Beachfront Pde Reserve is approximately 40m to the west of a breeding record for the bush stone-curlew at St Hubert's Island.

"Whilst the bush stone-curlew has not been sighted breeding within the reserve, it is regularly found foraging within the site, and it is likely that the reserve provides support habitat to the breeding area.

"The proposed use of the site



for dog off-leash activities would be likely to have a significant effect imposed upon the local population of the bush stone-curlew."

The review considered the Long Arm Pde Reserve to be of low habitat value to the species providing only marginal or intermittent habitat for

the bush stone-curlew.

The review also stated that the exercise area at Sorrento Rd Reserve, Empire Bay is "of little or no importance to the species [as] the reserve does not contain any of the key features of the preferred natural habitat for the bush stone-curlew."

According to the report by council officers, signage will be constructed throughout approved off leash areas "to remind dog owners of their responsibilities, both in terms of the local community and in terms of the Companion Animals Act 1998."

The areas will be regularly monitored by Council staff and should Council or local environment groups detect bush stone-curlew breeding in any of the reserves, the designated areas in which the breeding is taking place may, upon assessment, be temporarily closed to dogs and their owners.

Endorsed sites will be re-opened for dog off leash activity once signage has been installed and council recommendations actioned.

Council further resolved to review the situation for all six sites considered by the assessment in 24 months.

**Council Agenda, Env 63, 64 and 65, 2 Nov 2010**

# Council portfolio still in doubt

**Three years after the start of the global financial crisis the value of Gosford Council's overseas investments is still in doubt.**

Auditors of the council's accounts have stated that interest and investment revenue dropped by more than \$1.4 million or 18 per cent over the year to June 30, and more than \$5 million has been written off against interest and investment

revenue.

The auditors stated that they have been unable "to obtain sufficient appropriate audit evidence to satisfy ourselves as to the fair value and recoverability of \$68 million of council's total investment portfolio".

"Many of these securities do not have market values," the auditors said.

In a report dated November 3, auditors UHY Haines Norton stated:

"Since July 2007, global financial markets have experienced a period of high volatility led by events in the US housing market, particularly sub prime loans, which has impacted the value, recoverability, liquidity, cash flows and rates of return on many financial assets including collateralised debt obligations (CDOs) and certain other managed funds.

"At 30 June 2010, Gosford

Council's investment portfolio totalling \$68 million has been impacted by this market volatility.

"The impact on individual securities varies depending on their degree of exposure to affected markets.

"Many of these securities do not have market values that are independently quoted and are not widely traded.

"Independent market valuations

are not readily available and, in many cases, values are assessed based on estimates from issuers and/or evaluation models for which there is limited market evidence available to verify their reasonableness.

"Further, the ongoing volatility of financial markets creates greater uncertainty to the valuation process."

**Council Agenda COR 130, 23 Nov 2010**

**From 8am Monday 29th November to 8pm Sunday 5th December**



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The store that will be demolished to make room for the new Aldi store

## Steps towards new supermarket

The first steps towards the construction of another new supermarket in Umina have been announced, with shops in Trafalgar Ave being vacated to make room for the development.

Beachside Furniture proprietor Mr Lance Adams said he had been given notice to vacate his premises by Christmas.

He said he had known for years that the building would be knocked down for the construction of an Aldi supermarket, but he did not expect

to be asked to vacate this year.

"We were expecting it next year but we have been asked to be out by December 24," said Mr Adams.

An Aldi spokesperson said that construction would begin soon on the new Umina store.

"We anticipate that the store will open late 2011 and will confirm a date in due course.

"We are looking forward to providing the Umina community with our products," said the spokesperson.

Beachside Furniture plans to re-open elsewhere on the Peninsula.

Kaitlin Watts, 17 Nov 2010  
Interviewees: Lance Adams, Beachside Furniture, Amanda Lavoipierre, Baldwin Boyle Group

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## Popularity leads to parking problems

The Peninsula Lions Club is asking patrons of its next car boot sale at Rogers Park to respect the rights of Erina Ave residents and observe parking signs and witches hats.

Project chairman Mr Elmo Caust said that the popularity of the monthly sale had led to double parking and cars blocking driveways.

Mr Caust said that if patrons were not prepared to park properly "our only alternative will be to relocate the sale site to the car park area in Dunban Rd – something our Lions Club is very reluctant to consider".

The club's Boot Sale Project

has been running for 17 years and has donated at least \$20,000 per year into community projects.

"All profits are used to help needy cases in the local area as well as contributions going annually to community needs," said Mr Caust.

"As a result, many thousands of dollars have allowed the Lions to make a difference to individuals and groups but only with the help and co-operation of stallholders and our local community as a whole."

The next car boot sale will be held in Rogers Park, Ocean Beach Rd, on Sunday, November 28.

Media release, 18 Nov 2010  
Elmo Caust, Peninsula Lions Club

## Injured man wants ramp closed

A St Hubert's Island resident Mr Max Kear wants the island's boat ramp closed, after he tore a hamstring when slipped and fell on Sunday, November 14.

He said the signs at the ramp were insufficient to warn visitors of the slip hazard.

Mr Kear said that he had never used the boat ramp before.

"The ramp was covered in mud that was baked dry on top by the

sun but obviously not under the skin.

"When I tried to get up, the ramp was so slippery I went down again.

"I eventually crawled maybe 10 metres until I could stand," said Mr Kear

Mr Kear is suffering from a torn hamstring and a sore elbow as a result of his fall and will be recovering for six to eight weeks.

Kaitlin Watts, 18 Nov 2010  
Interviewee: Max Kear

## New shoe store

A new shoe store will be opening in Umina in December.

Edge Shoes Bags Accessories will be opening on Saturday, December 4, in West St, Umina.

The shop will stock a range of well-known women's shoes, handbags and accessories, according to proprietor Ms Linden Gollidge.

It will open from Wednesday to Sunday in the summer season.

Email, 17 Nov 2010  
Linden Gollidge, Edge

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## Businesses urged to learn more

Peninsula business owners were urged to learn more about their rights and responsibilities during an Office of Fair Trading visit to the area last week.

Fair Trading staff conducted compliance activities, business inspections and promoted consumer services as part of Fair Trading Week.

"Regional Access Programs are run on a regular basis around the State and bring Fair Trading staff and services into the community, so consumers and traders know who they can turn to for advice or support," said Fair Trading deputy

commissioner Mr Steve Griffin.

"Fair Trading inspectors carried out a range of activities, including checking licensing and business name compliance at motor dealers, travel agents, pawnbrokers and second-hand dealers.

"Compliance checks benefit local consumers, lead to better business practices and promote a strong working relationship between Fair Trading and traders," he said.

Mr Griffin said local businesses and tradespeople also benefited from attending presentations that focus on their areas of operation.

Media Release, 9 Nov 2010  
Kylie Buckley, Public Affairs



## Council approves school expansion

Gosford Council has granted permission for a pre-school, a church hall and additions to a school hall at the Coast Community School at Bundaleer Cr, Bensville.

It rejected a proposal to build a church on the property.

The school told the council that the pre-school will accommodate up to 62 children, aged up to six years and employ 11 staff.

A single storey construction, it will have outdoor play areas and 30 parking spaces, including four disabled spaces and two lay-by spaces.

The school hall will be expanded by 270 square metres, resulting in a total of 350 seats.

Additions will include amenities, a kitchen and back of house areas, and an additional 23 car spaces.

There will be 82 car spaces associated with the church hall.

Council agenda ENV.59, 9 Nov 2010

## Funding for festival

The NSW Government has donated \$10,000 to the Brisbane Water Oyster Festival which was held last week.

Now in its 10th year, the Brisbane Water Oyster Festival raises money for cancer research and medical equipment, this year for a colposcope machine for Gosford Hospital.

"This grant will provide a

major boost to the Festival and fundraising efforts to purchase a new colposcope machine," said Member for Gosford Ms Marie Andrews.

"In the past five years, more than \$200,000 has been raised by the event and the NSW Government's contribution of \$10,000 means we are off to a fantastic start in 2010."

Media Release, 10 Nov 2010  
Suzanne King, Marie Andrews' Office



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## Parks offer coastal walks

The NSW National Parks Discovery Program is offering a number of coastal providing an introduction to the wealth of natural, cultural and historic heritage within local national parks and reserves.

A mid-week walk will be held on Thursday, December 2, from Wagstaffe Point to Maitland Bay Store from 8:30am to 3:30pm.

The walk will be along sandy beaches, rock ledges, over headlands and along coastal

tracks, paths and roads. There will be some steep loose areas, some rock hopping with possible slippery areas and long beach walks in soft loose sand.

The Monday Meanderers will hold their end of year picnic meeting on Monday, December 6 from 10:30am to 3:30pm.

The Discovery guide shares an insight while meandering and beachcombing along the waterfront and exploring the sea grass.

Newsletter, 18 Nov 2010  
NSW National Parks



Energy Australia project officers, Brian Zarth and Andrew Currie

## Electricity conduit is laid at Booker Bay

A 630 metre length of electricity conduit has been laid from Wagstaffe to Booker Bay through a tunnel created 30 metres beneath the Brisbane Water seabed.

Three 200m pre-welded conduit sections were used for the exercise.

New 11,000 volt cables will now be placed in the conduits and

are scheduled to service 1500 customers on the south-eastern shores of Brisbane Water by the peak summer period.

Energy Australia claims the upgrade will help improve reliability and quality of supply for customers in Wagstaffe, Pretty Beach, Hardys Bay and Killcare.

"Demand for power across this area of Brisbane Water area will grow by as much as 36 per cent

over the next five years," according to Central Coast area manager Mr Tom Wilcox.

"This \$5 million upgrade will help boost supply to the area to make sure we continue to deliver a reliable supply of electricity."

Mr Wilcox said a detailed environmental assessment had been completed for the project.

Email, 17 Nov 2010  
Allyn Hamonet, Energy Australia

## Trains stop after man dies

Southbound trains were stopped for four hours after a man died at Woy Woy railway station at 1:30am on

Wednesday, November 10.

Police were called to the station after they received reports that a man had been hit by a train on platform one.

They confirmed on arrival that the 65-year-old male from Gosford had died.

Police were conducting an investigation and preparing a report for the coroner.

The incident was not being treated as suspicious.

Kaitlin Watts, 16 Nov 2010  
Interviewee: Insp Nigel Webber, NSW Police



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## Petition on power prices

The State Liberal candidate for Gosford, Cr Chris Holstein, has launched a petition calling on Premier Ms Kristina Keneally to act on power prices.

According to Cr Holstein, NSW Labor has received \$13.8 billion in dividends from the retailers and failed to return this by upgrading the energy infrastructure.

"It was stated that 130,000 people in NSW cannot afford to pay their power bills already," said Cr Holstein.

However, Member for Gosford

Ms Marie Andrews has rejected the claim, stating that the Liberal-National Coalition did not oppose the bill that made the Independent Pricing and Regulatory Tribunal the regulator of electricity prices.

"The Liberal Party hopes that voters have forgotten this important fact," said Ms Andrews.

"The Australian Energy Market Operator chairman Tom Parry and Industry and Investment NSW deputy director-general Mark Duffy are conducting an inquiry into electricity pricing and are expected to report back by the end of the year," said Ms Andrews

Ms Andrews said that the NSW Government was looking at ways to cut the cost of rising electricity bills through the reduction or deferring of network charges.

Media release, 16 Nov 2010,  
Cr Chris Holstein

Media statement, 18 Nov 2010  
Suzanne King, Marie Andrews' Office



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## Flashing lights for Ettalong school

**Flashing lights are to be installed at the school zone at Ettalong Beach Public School.**

"The flashing lights at Ettalong Beach Public School are expected to be installed during the first half of 2011," said Member for Gosford Ms Marie Andrews.

Ms Andrews said Ettalong was chosen because it met RTA criteria.

"Criteria set by the RTA's Centre for Road Safety include traffic and pedestrian volumes, crash history and risk, speed limits, the road environment and visibility."

Ms Andrews said: "Flashing lights keep our young students safe by slowing motorists down around school areas."

"A trial completed in 2006-2007 found flashing lights helped slow motorists by an average of seven

km an hour when they entered a school zone.

"Even small differences in speed can save lives."

"Research shows that a pedestrian hit at 40km per hour is twice as likely to survive as a pedestrian hit at 50km per hour."

"The flashing lights are based on technology designed to increase drivers' awareness of children."

"Flashing lights are just one component of the road safety program; others include new marked foot crossings, dragon's teeth markings, traffic lights and pedestrian refuges in school zones."

Media Release, 8 Nov 2010  
Narelle Arnfield, Marie Andrews' office



## Guides receive funds for signs

**Blackwall District Guides have received \$2000 in funding for safety upgrades which will help assist the club.**

"I am very pleased to announce this funding for the Blackwall District Guides," said Member for Gosford Ms Marie Andrews.

The money will be used to install illuminated exit signs in accordance with occupational health and safety requirements

"I think it's fantastic that Sport and Recreation Minister Mr Kevin Greene has been able to provide this funding that will be welcomed by the local community."

"As patron of the Blackwall District Guides, I have seen firsthand the wonderful work they do," she said.

Mr Greene said: "When Marie Andrews brought their needs to my

attention, I was more than happy to help.

"The safety of participants should always be the number one

priority for any sport or recreational group."

Media Release, 12 Nov 2010  
Suzanne King, Marie Andrews' office



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p 4342 5111

## Delay notation for proper study

Zoe Russell is quite correct that Gosford Council has a duty of care to potential purchasers of waterfront property.

No reasonable person could object to information of risk being provided, if we could be sure that the council is exercising care in applying its warning notation to properties at risk.

However, it is by no means clear that this is happening.

### Forum

I have received one of the council's threatening letters, but my surveyor shows that a sea-level rise of 90 cm. (the council's standard) would cause an encroachment of a few centimetres on the 90-metre depth of my lot.

To put my house at risk, the water level would have to rise about 30 metres, which would inundate half the City of Gosford.

Nevertheless, my property is one of those being singled out to warn off potential purchasers.

The Council's decision bears all the hallmarks of hasty and inadequate analysis, and the proposed notation action should be deferred until a proper study has been carried out and properties actually at risk have been pinpointed.

Letter, 17 Nov 2010  
Bruce Hyland, Daleys Point

## Run Woytopia next year

### Forum

I appreciated your coverage of Woytopia Festival last edition, and would like to congratulate the Woytopia organising team.

I know they worked for long hours for many months, and the outcome was a credit to everyone involved.

I hope they run it again as an annual event, as it was a great way to educate us through our active participation in such a

range of events as well as the entertainment.

There was something for everyone, and it seemed to be designed to suit and attract people of all ages.

I enjoyed seeing so many young families there.

Email, 17 Nov 2010  
Shirley Hotchkiss, Umina

## Real politicians believe in something

In the olden days, serfs and tradesmen worked for the landed gentry for food and shelter.

After a while, the aristocracy got the boot and new masters took over: Capital and Parliament.

The excesses of their time led to the formation of trade unions and Labor Parties and reforms were made.

Now, at the present time, the politicians are the new aristocracy and vote themselves over-generous pensions and other expensive taxpayer-paid perks.

With these taxpayer levy pensions, the politicians can earn as much as they like.

No means test for them. No, but the poor old serf pensioner who happens to earn \$10 has \$20 taken from him by the zealous bureaucrats.

As the song says, "There's nothing surer, the rich get richer and the poor get poorer."

In the olden days, real politicians believed in something.

Today they are united in one belief: the Almighty Dollar.

Letter, 17 Nov 2010  
Keith Whitfield, Woy Woy

### Forum

Letters to the editor should be sent to:  
Peninsula News  
PO Box 1056,  
Gosford 2250 or  
mail@peninsulanews.asn.au  
See Page 2 for contribution conditions

## Establish rehab and clinic at hospital

A Super Clinic is possible?

No more talk, Ms O'Neill, if you please.

Demonstrate your integrity by pushing ahead with the return of the Woy Woy Hospital rehab, and the establishment of the supplementary super clinic, on this very abundant and available site.

The people invasion is already here, and expanding by the minute.

There will be a huge void of catch-up, due to ongoing past

### Forum

neglect and stultification by your party, so the sooner the moves are made in a positive way the better.

There is no more time to be lost. If you are serious, Deborah O'Neill, your party will give you the support you need, so we are led to believe.

The proof is in the reality.

Letter, 16 Nov 2010  
Zoe Russell, Umina

## Free access is needed to laws

We need free and easy access to the laws and regulations which lay out for us how we must conduct ourselves and our business if we are to remain within the law.

NSW Local Councils first trumpeted the provision of free internet access to ratepayers, because they intended to stop providing access to the law books at Council Chambers.

The Library Act 1939 makes much use of the word "free".

Despite this, a price of two dollars per half hour has been set

### Forum

on access to the internet, which means that free and easy access to our laws, regulations and acts, apart from everything else, is not available.

While I understand there is no constitutional right to such free and easy access, there should be a political obligation to do so.

I am not the only one who believes we are entitled to free and easy access to information.

Letter, 18 Nov 2010  
Edward James Umina



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**Need Help with a State Government matter?**



**On Monday December 6**  
**Marie Andrews MP** will be at:  
The 50+ Leisure and Learning Centre, Ettalong from 1pm  
and at  
PCYC Umina Beach from 2.30pm  
Call Marie's office to book an appointment  
20 Blackwall Road or PO Box 223 Woy Woy  
PH: 4342 4122 FAX: 4341 2368  
Email: gosford@parliament.nsw.gov.au



# Governance

**The exercise of authority, method or system of government.**

## Is ours good or bad ?



*Before: Piles Creek, State sponsored death trap*



*After: Piles Creek overkill, memorial to 'human error'*

**Are there any other taxpayers apart from Edward James out there who resent the pay increase our elected Federal representatives intend to give themselves next year?**

An increase in the tens of thousands, which we are told, will flow down to State Politicians, members of those same political parties currently picking our pockets.

These political allsorts are already asking us again to give our vote to them in trust!

What can we do when we no longer trust these politicians to be up front and honest with us?

For a start, we can ask local politicians to tell us now, not in three months, who they will direct their preferences to in March 2011.

It is not enough to understand that voters may direct their own preferences.

We understand that.

What is more important is, where are the powerful political players directing those votes which we have given to them in trust?

Can we trust them?

I think not, because for years, I have very publicly exposed their sins against the peoples.

When I write about the peoples' court of public opinion, I am drawing attention to the so called separation of powers.

The fact is, we the people have

the power to change the way we are governed by using the ballot box to our advantage.

Consider voting for change in March 2011, not because you believe that change will be for the better, but because you understand over many years our current pool of politicians has become so stagnant, it is overdue to be flushed out!

We can always vote for change again next time. There is no excuse for doing nothing

Keep flushing them out until our parliament is filled with politicians who put their constituent's interest above those of the two parties not much preferred.

I find it offensive when I read of the number of politicians who accept our votes, then use our taxes to hire expensive spin doctors to build a wall between them and us!

Hence the term plausible deniability gets plenty of use by disenfranchised constituents.

John Robertson, the Minister for the Central Coast and aspirant to lead the opposition in 2011, Barbara Perry, the Minister for Local Government and Premier Keneally, you and your government should be ashamed of what you, as our representatives, have accommodated over the last ten years.

My full page allegations (almost thirty now) are a clear, ongoing and unchallenged indictment of your

government's very ordinary governance, promulgated in the court of public opinion.

Premier Keneally, as one of many Ministers for Planning over the years, you have, with continuing succession, accommodated the falsified instruments and development application 11923/2001 which was misleading in no small way.

This is part of, but not the only reason, for my publicly identifying Gosford City Council as corrupt.

Another part of the reason is their body count of five which was put down to human error by a Coroner whom I believe was misled during his inquiry into the wrongful deaths at Piles Creek Somersby.

With seventeen Labor Party State Government members jumping ship, I can only hope that voters take the opportunity in March to show the door to the rest of them!

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Link to political attack ads**

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**For information, on how and where this started go to:  
<http://gosfordcouncil.tripod.com>**

## Stress management seminar

A stress management seminar titled **Cooling Down The Stress Soup** will be held at Woy Woy on Wednesday, November 24, offering "practical ways to cope with stress".

The seminar will be held at the Adventist Church Hall from 7pm. The high-impact stress

management seminar will be presented via DVD by stress fitness coach Mr Cameron Johnston from the Silver Hills Lifestyle Centre in British Columbia, Canada.

"Tens of thousands of participants across Canada, the USA and Australia have already benefited from this compelling, effective and fun stress management seminar," said health

education officer Ms Dorothy Pansare from Woy Woy Seventh Day Adventist Church.

"It teaches you how to live it up without burning out," she said.

"The seminar is designed to help anyone struggling with the pressures of modern life and needing practical solutions on how to cope effectively."

"Stress is a normal and enjoyable part of life" said Mr Johnston.

"But unresolved, prolonged stress can become a killer.

"The latest research indicates that stress is a catalyst in many of the most dramatic killers of our day including heart disease and cancer," he said.

Using the analogy of cooling down hot soup, seminar participants learn how to cool down the negative effects of stress by controlling the stress response, thinning the soup with relaxation, stirring the soup with adequate physical activity and playing with the soup with a good sense of humour.

Participants will become aware of any poisons in the soup like deep-seated stressors and learn how to resolve them.

The seminar will be held at 83 Blackwall Road, Woy Woy.

Cost is by donation and participants are required to pre-register.

Media Release, 9 Nov 2010  
Dorothy Pansare, Woy Woy Seventh Day Adventist Church

## Daughters help with home birth

**Amy Freeburn of Empire Bay gave birth to her fifth child on Thursday, November 4, in the en-suite of her home with the help of her two eldest daughters, Rhyley and Logan.**

Ms Freeburn said she felt mild contractions around two hours before she gave birth to baby Wilah Amy Joy.

"I decided I would have a bath so I could just relax before heading off to the hospital.

"The contractions were almost consistent in timing but were still very mild," said Ms Freeburn.

Ms Freeburn then felt stronger contractions and made the decision to go to the hospital.

"By the time I had walked from our children's bathroom to my bedroom I had two contractions straight on top of each other and

felt a strong feeling of pressure, I went to the loo and that's when my waters broke.

"I yelled out to our girls Rhyley, 14, and Logan, 12, and told them to get daddy and call the ambulance. "I was having this baby now!"

Ms Freeburn gave birth to Wilah on her bathroom floor with the assistance of Logan and Rhyley and a 000 operator.

"Even with all the drama Logan recorded the actual time Wilah was born (9:18am)," said Ms Freeburn.

"I wouldn't recommend an unassisted home birth but the experience that we all shared is a memory that my girls and my husband and I will always cherish.

"The instant bond it created with Rhyley and Logan to their youngest sibling is one of a kind," said Ms Freeburn.

Kaitlin Watts, 18 Nov 2010  
Interviewee: Amy Freeburn

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## Last movie for the year

The movie **Reversing the Irreversible** will be shown on Monday, November 29, as the final presentation in the Disease-proof Your Life program for this year.

The movie will be screened at 7pm at Cinema Paradiso, Ettalong, and features 37 natural healing testimonies.

The film was inspired by stories Valya Boutenko encountered while traveling around the US and Canada teaching about the benefits of a plant based-diet.


The film offers alternatives to healing for diseases including asthma, allergies, arthritis, diabetes, fibromyalgia and cancer,

encouraging people to change their lives by changing what they eat.

Tickets are \$15 and bookings are essential.

Email, 8 Nov 2010  
Jenny Taylor, Think More Raw

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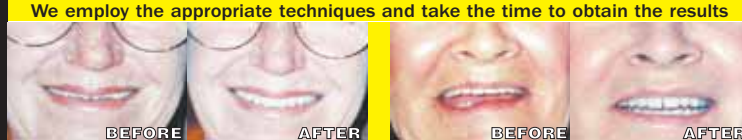
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## Oils and candles at festival

The Mind, Body and Spirit Festival was held on Sunday, November 14, with stalls selling essential oils, scented candles, meditation taped, semi-precious stones and jewellery.

The festival was held at the Ettalong Senior Citizens Centre and showcased the talents of local therapists, healers, psychics and readers.

Stalls also offered self-help books as well as those providing psychic and channelling services.

Festival organiser Ms Emma Chand said she was inspired to organise the festival for the second time this year following the success of a similar event held in May.

According to Ms Chand, many people who moved to the Central Coast were searching for a quieter life of reflection and inner peace and were interested in finding ways to achieve this through meditation, reiki, prayer and other forms of spiritual healing and practice.

A portion of the funds collected from festival entry fees was earmarked for donation to a

children's charity.

Nitasha Thomson, 16 Nov 2010  
Interviewee: Emma Chand

## Vegetarian cooking

Vegetarian cooking will be demonstrated by the Woy Woy Seventh Day Adventist Church at 7pm on Wednesday, December 1,

Participants will learn how to prepare healthy summer salads as well as fresh desserts.

Email, 17 Nov 2010  
Doro Pansare, Woy Woy SDA Church

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# Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

## Ouch!

### Christmas is almost here again

To some, this represents a wonderful experience, whilst to others, it may be somewhat threatening. Whatever it represents, the main focus of this season is not about you or me, it is about the birth of a baby named Jesus, who, whether you understand it or not, was able to live a life of enormous integrity, irrespective of the governance and the conduct of the people some 2000 years ago.

I'm not going all 'religious' about this time of year, simply factual, so please read on..... This life, the life of Jesus, was one that proved to all that, with strong ties to the creator of the universe, He could hold Himself true to his word and could cope with being scoffed at, tempted, ridiculed and tortured, ultimately leading to His death by Roman authorities at the age of 30years.

This all happened for doing nothing more than living a life that made the authorities of the day very uncomfortable, even to the point of framing this guy and ridding themselves of a conscience that would continually belittle their egos (or so they thought).

So..... you may ask, what has this to do with chiropractic and health care?

The answer is simple.

Chiropractors, along with health care professionals in general, spend most of their time assisting people in their plight for better health, and for most, they are dealing with health issues that are a direct result of 'following the herd' mentality.

Stress is not the major cause of spinal and neurological dysfunction, it is the inability to make the right choices and thus cope with the stressors, that creates the disharmony noted throughout our society leading ultimately to disease.

If people could only adhere to the wiser of several options and make pro-health choices, then we would be shutting hospitals, seeing less self-destruction and enjoying spending time with heaps more happy and fulfilled people.

To give you the heads up on where the will power comes from to do this, try studying the ancient writings about the life of Jesus, the 'reason for the season'.

So, people of The Peninsula, congratulations on choosing the rewarding pathway to true health.

The staff and chiropractors at the Umina Chiropractic Centre are here to serve their community and thank you for your confidence in them this past 12 months.

We look forward to an exciting new year and the challenges that lay ahead.



If you have any questions contact us at [office@uminachiropractic.com](mailto:office@uminachiropractic.com) or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

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**Education**

# Aboriginal partnership agreement is signed

The local Aboriginal Education Consultative Group has signed a partnership agreement with the Brisbane Waters Learning Community, representing local schools.

A ceremony was held at Ettalong Public School on Friday, November 12, to celebrate the partnership.

The agreement was signed by representatives of the consultative group and the principals of the five primary schools and two

secondary campuses in the Learning Community.

The schools represented were Woy Woy, Woy Woy South, Ettalong, Umina and Empire Bay Public Schools, as well as the two Brisbane Water Secondary College campuses.

Woy Woy Public School principal Ms Ona Buckley said: "This allows Aboriginal people to have a voice in self-determining their educational future which will impact on the future prosperity of Aboriginal communities."

She said the state-wide network of consultative groups allowed policies and programs to be developed to meet the needs of aboriginal people and their communities.

Aboriginal communities and the Department of Education and Training would work together under the partnership agreement "to achieve common goals set in consultation and negotiation," said Ms Buckley.

**Newsletter, 16 Nov 2010  
Ona Buckley, Woy Woy Public School**



## Ag students win ribbons

**Agriculture students from Brisbane Water Secondary School have won reserve champion ribbons and a junior judging event at the Upper Hunter Beef Bonanza Hoof and Hook competition.**

Students from Umina campus show team took four cattle they had taken three months to prepare to Scone for the competition which ran from October 29 to 31.

Competing against a strong field that included more than 20 other schools as well as private producers, the school was awarded two reserve champions in the hoof selection of the Hoof and Hook competition for the animals.

Students entered individual competitions for junior judging where they were marked on their ability to judge animals on their quality and parade performance.

A number of students achieved good results in this competition with Kyle McCue-O'Brien winning the interactive junior judging event against over 300 students from around the state. Lauren Lees came fourth in her parading age group against over 150 other competitors. Chris Boundouris and Madison Gutteridge made the semifinals and finals respectively for their age group, parading against 120 competitors.

**Newsletter, 17 Nov 2010  
Frank Gasper, BWSC Umina Campus**

## Secondary students receive some polish

**Year 10 students from Brisbane Water Secondary College participated in a Beacon Foundation program called Polish at Everglades Country Club in Woy Woy on Friday, November 19.**

Students were led through the basics of grooming, deportment and interview skills, learning how to shake hands, the importance of maintaining eye contact, table

manners and how to maintain a conversation at the lunch table as well as the importance of appearance in job interviews.

Students were joined by members of the local community for a sit down lunch where they could display their newly-acquired skills.

Earlier this year, the Everglades Country Club presented a cheque for \$5000 from poker tax funding to the Beacon Foundation to hold the

Polish program for the students.

The Polish program is a one-day workshop that helps young people prepare for their careers through personal presentation and communication training, giving students the skills to conduct themselves appropriately when entering the world of work and throughout their employment.

**Media release, 16 Nov 2010  
Dyan Thais, Beacon Foundation**

## Maths results released

**Brisbane Water Secondary College Umina Campus has received the results of the Australian Mathematics Competition in which students participated in August.**

Of 138 maths students, 45 achieved either a distinction

or credit result and another 66 students achieved proficiency awards.

David Kim of Year 7 and Michael Ryan of Year 9 both received Distinctions and Lachlan Irving of Year 8 was the winner of the Prudence Award.

**Newsletter, 17 Nov 2010  
Frank Gasper, BWSC Umina**

## Cultural exchange

**Ettalong Public School is planning to participate in a cultural exchange program with South Korea.**

Students from South Korea would stay with students from Ettalong Public School.

The students would be out about from Monday to Saturday and on Sunday have the opportunity to spend time with the student and their family.

**Newsletter, 17 Nov 2010  
Colin Wallis, Ettalong Public School**

## Sports presentations

**Brisbane Water Secondary College Umina Campus has held its 2010 Sports Presentation Dinner as a finale to its sporting year.**

Guest speaker for the night was Commonwealth Games gold medalist Kevin Moore, from St Huberts Island, a former College student.

Mr Moore gave students an insight into the level of commitment

and preparation required to reach their best in any field.

The under-14 Rugby League Team and coach Mr Pat Crouch were major award winners.

The team was undefeated on the Central Coast for two years and was state runner-up in the Buckley Shield.

The individual major award winners went to Tahlor Thackray and Wade Hannel.

**Newsletter, 17 Nov 2010  
Frank Gasper, BWSC Umina**

**LJ Hooker**

**CHOOSING YOUR MARKETING AGENT**

Once you have made the decision to sell your home, you may be faced with a dilemma of choosing the right real estate salesperson to oversee the process.

Looking at other homes on the market, will give you a feel for the real estate salespeople and agencies you may wish to approach as well as what prices similar properties to yours are fetching.

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Before you sign a sales agency agreement with a salesperson, you should make sure that you know exactly how your property will be marketed and how much it will cost. Keep in mind the old adage 'you get what you pay for'

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For further enquiries please ring Robyn on 4363 1166.

## Bore water was 'no health threat'

**Woy Woy South Public School principal Mr Terry Greedy has assured parents that bore water used for the school's Wipeout activity poses no health threat.**

Responding to parents' concerns, Mr Greedy said the school had an independent assessment of the water quality carried out by the Central Coast Public Health Unit.

The results indicated that the water quality was high and bacterial content was low enough to make the water suitable for drinking, he said.

However, he said that, despite the results, it was emphasised to students that the water was not for drinking.

Newsletter, 9 Nov 2010  
Terry Greedy, Woy Woy South Public School



## Certificates for trainees

**Students from Brisbane Water Secondary College have been presented with technical certificates to mark the end of their school-based traineeships at Peninsula Village.**

Danielle Cairncross, Theresa Green, Ashley Hasler, Tanya Hegner, and Karl Rasmussen were awarded their certificates on Friday, November 5.

Danielle Cairncross and Tanya Hegner were working towards a Certificate III in Hospitality and Theresa Green, Ashley Hasler and Karl Rasmussen were working towards a Certificate III in Aged Care.

The students started their school-based traineeships at the beginning of Year 11 in 2009 and have worked a minimum of 100 days in the workplace, while at the same time completing their schooling at Brisbane Water Secondary College and the TAFE component of their traineeships.

"The students are to be congratulated on their efforts in managing the three separate components of the traineeship while at the same time, completing their workplace days and TAFE courses," said College teacher Mr Warren McGuire.

The students were part of a partnership developed between Peninsula Village and Brisbane

Water Secondary College which allowed up to 10 students a year to complete school-based traineeships in a variety of fields including aged care, health services assistance, hospitality, allied health assistance and horticulture.

This year there were five Year 12 students and five Year 11 students enrolled in the program.

Peninsula Village staff member Ms Jackie Bennett said she was proud to have such a wonderful group of young people as members of staff during their training.

Media release, 10 Nov 2010  
Warren McGuire, Brisbane Water Secondary College

## Waste audit held at Ettalong

**Ettalong Public School has been involved in a waste audit program organised by the school's SRC and Rumbala Environmental Education Centre.**

The school collected all rubbish and recyclables as well as non-recyclables and food scraps to determine its total amount of waste produced in one day.

The total amounts were

measured and recorded.

As a result, the school was planning to increase recycling and decrease in general waste, which it hoped would be reflected at its next audit.

The school was also setting up a worm farm and compost bin which would be in place next year to assist in waste reduction.

Newsletter, 17 Nov 2010  
Colin Wallis, Ettalong Public School

## Grandparents in classrooms

**Woy Woy South Public School celebrated Grandparents Senior Friends Day on Thursday, November 11.**

Large numbers of grandparents attended classrooms interacting with their grandchildren.

The visitors were entertained by the children with songs, poems and their artwork.

The children also got to show off their skills in using the smart boards.

The visitors talked about their own school days and enjoyed morning tea with the children and staff.

Newsletter, 16 November 2010  
Terry Greedy, Woy Woy South Public School

## Donations wanted

**Ettalong Public School is holding its Year 6 Fete on Friday, December 3.**

The school is looking for donations for its white elephant stall.

Donations that would appeal to children such as toys or craft items would be suitable.

Newsletter, 17 Nov 2010  
Colin J. Wallis, Ettalong Public School

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## Out of hours centre?

**Woy Woy Public School is considering opening an Outside School Hours Centre.**

The centre would operate in the school grounds from 7am to 6pm.

Parents of students at the school have been asked to voice their opinions about the proposal.

Newsletter, 16 Nov 2010  
Ona Buckley, Woy Woy Public School



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## Christmas exhibition at community centre

Ettalong Beach Arts and Crafts Centre will be holding a Christmas Exhibition and Sale at the Peninsula Community Centre on the weekend of November 27 and 28.

The exhibition will display works created by students during the year.

"The pottery classes have been busy and will have many lovely pieces for sale," said publicity officer Ms Marg O'Connell.

"Also for sale will be jewellery by Shelly Ross, cards by the art and silk classes, wooden boxes and pens by John O'Connell and for the first time quillows and jewelled pillows.

"The patchwork group will also have a great display of quilts made

during the year," she said.

There will also be a raffle, with prizes including a silk painting by Sue Saunders, a queen size quilt by the patchwork group, a Christmas hamper, pottery by Annette Reid and folk art by Ursula

Hoffer.

The exhibition runs from 9am to 4pm on Saturday, November 27, and 10am to 3pm on Sunday, November 28.

Email, 18 Nov 2010  
Marg O'Connell, EBACC

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## Students go to wildlife park

Students from Brisbane Water Secondary College Umina Campus have attended an excursion to the Walkabout Wildlife Park at Calga.

"The highlight was meeting a pademelon called Marshall who sat on some of the student's laps," said teacher Ms Nerida Lewis.

"Another opportunity, that we

can all say we took, was enter the dingo enclosure.

"Students cleaned out the pit and interacted with Marloo, the youngest female dingo.

"It was a fantastic opportunity to see so many tamed and friendly critters," said Ms Lewis.

Newsletter, 17 Nov 2010  
Frank Gasper, BWSC Umina



## Pantomime

A Christmas pantomime called *A Christmas Wizard of Oz* will be performed in the St John the Baptist School Hall with a cast of 30 children.

The performance will be held at the St John the Baptist School Hall in Woy Woy on Saturday,

December 4, at 10:30am.

The cast members are students of the Drama and Discovery talent school and include six Dorothys, Toto, the Stuffed Lion, the Tin Soldier and the Snow man.

Email, 10 Nov 2010  
Amanda Benson, Drama and Discovery

## Belly dance at concert

A belly dance school has held its end-of-year concert at Everglades Country Club with Bollywood, burlesque and belly dance numbers.

The program commenced with a large and complex group dance performed by experienced students.

A Melaya Leff dance was

performed in the style of the women of Alexandria in Egypt farewelling their husbands as they went to sea.

Beginner and children's classes performed various numbers with two children dancing solos.

Behind The Veil Dance School was founded by Ms Kelly Byrne who started dancing 14 years

ago, inspired by the beauty of the costumes and the flowing movements of the dance.

Ms Byrne has been teaching on the Peninsula for 10 years, running adult and children's classes at Peninsula Community Centre.

Email, 6 Nov 2010  
Kelly Byrne, Behind the Veil Belly Dance



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## Restaurant re-opens

A Umina restaurant has reopened under new management after undergoing renovations and changes to the menu.

Acquavista Restaurant's new owner Ms Lindy Wilson says she aims to make the restaurant as special as the 180 degree ocean view

"We have already spotted dolphins and a whale outside the restaurant and take this as a great sign," she said.

"I've had several restaurants in the area including Fish Heads Cafe and The Cat's Pyjamas and look forward to welcoming many of my past customers to this beautiful

venue."

Chef Mr Tye King is offering degustation evenings, lunch specials, a Christmas Lunch and

New Year's Eve celebrations.

Email, 9 Nov 2010  
Lindy Wilson, Acquavista Restaurant

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# Oyster Festival



## Festival celebrates 10 years

**The Brisbane Water Oyster Festival celebrated its 10th anniversary with organisers claiming 25,000 visitors to Ettalong on Sunday, November 14.**

"We had beautiful sunshine, great entertainment and a wide selection of food, wine and craft to keep every age entertained," said festival co-ordinator Ms Debra Wales.

She said the oyster-eating competition was a favourite among festival goers.

"Introducing the train for the littlies, who could choose from horse riding to amusement rides, was a great success," said Ms Wales.

A variety of stalls lined the street, including face painting and showbags for kids, an array of local produce, Australian made gourmet herbs, spices and beauty products. Arts and craft stalls offered

goods including sarongs and dresses, Australian made ceramics, costume jewellery as well as prints and artwork.

A display of classic cars and fire engines also lined the street.

"The highlight of the day was the presentation of a \$10,000 cheque from the State Member for Gosford Ms Marie Andrews and a \$500 cheque from the Inner Wheel Rotary Club of Gosford North to the Peninsula Chamber of Commerce for the Gosford Hospital Colposcope machine fundraiser.

"We were absolutely shocked to receive two cheques on the day of the festival.

"This will go a long way for the hospital to purchase a state of the art Colposcope machine which can detect early cervical cancer in women.

"It will be a great resource for our local hospital" said Ms Wales.

Mr Michael Patten from Umina won the oyster-eating trophy.

The celebrity oyster-eating competition was won by Wayne Cornell of G'day Hollywood Productions, winning by three oysters over Australian author Judy Nunn.

The five entrants including Greg Florimo from the Central Coast Bears and Elvis raised \$1000 for the Gosford Hospital fundraiser.

"It was a brilliant day for Ettalong Beach bringing thousands of visitors to the area, some for the first time.

"The shopkeepers reported a successful day for their business and the festival certainly puts the Peninsula on the map as tourist destination each November" said Ms Wales

**Media Release, 17 Nov 2010  
Debra Wales, Peninsula Chamber of Commerce  
Nitasha Thompson, 14 Nov 2010**







## Men's advocacy groups meet

Members of three Central Coast male advocacy groups, the Mens Interagency, the Aboriginal Mens Group and the Shed Cluster met at the MINGALETTA Community Centre on Wednesday, November 10, to discuss ways to achieve better outcomes for young men at risk of becoming offenders.

"The Coast has a real problem in juvenile crime," said Men's Interagency co-ordinator Mr Darren Maxwell.

"National crime statistics show that 30 per cent of all crimes are committed by people aged between 10 and 19.

"These figures are nation wide so we can expect the Coast to have a higher percentage of young offenders because of the high youth unemployment and other regional factors.

"The gap between male and female offenders is remarkable.

"Males are almost four times more likely to offend than females.

Mr Maxwell said: "The group was unanimous in declaring that we all share a genuine need for our community to support a Coast-wide mentoring program for young boys.

"Outdoor style nature based mentoring programs are run all around the world with a very high degree of success.

"We have the skills facilities and manpower to facilitate programs that will help turn our troubled boys into outstanding young men, but we need official support to make this dream a reality," he said.

The group will meet again on Wednesday, November 24.

Media Release, 17 Nov 2010  
Darren Maxwell, Central Coast Mens Interagency

Entrants in the 2010 Queen of the Oyster festival have surpassed their fundraising goal of \$50,000 and donated a record \$90,000 to the Cancer Council Pink Ribbon Appeal.

Miss Aimee Hanslow of Woy Woy was crowned Queen of the Festival, raising just over \$9000 and Miss Charity Queen was won by Scarlett Napier who raised \$30,000.

Ms Hanslow said she was inspired to get involved in the program to be part of something that makes a difference.

"Working as a hairdresser I am surrounded by women on a daily basis and when I learnt that it is one in nine women who are diagnosed with breast cancer by the age of 85, I realised it was at least one of my clients every day that would be affected," she said.

Ms Hanslow conducted fundraising events including a black tie masquerade ball where she raised \$5000, a thrift sale and sausage sizzle, a Melbourne Cup lunch, a Tupperware party, meat raffles and \$15 haircuts with all proceeds going to the Cancer Council Pink Ribbon Appeal.

"Being part of the Oyster Festival gave me the opportunity to use my resources in a female dominated industry to do something within our local community," said Ms Hanslow.

"The staggering amount raised by all seven entrants was \$90,000 for Cancer Council NSW for breast cancer research," said festival

coordinator Ms Debra Wales.

The Queens won five nights on the Gold Coast for two plus airfares as well as a \$500 gift voucher.

The Peninsula Chamber of Commerce presented each entrant at the ball with a silver bracelet plus a lunch for two on a cruise boat in appreciation of their hard work fundraising these past months.

The Mother of the Pearl was won by Ms Vicki White of Umina Beach who received a two night package at a Hunter Valley resort, a day of golf and a pamper package.

Kaitlin Watts 17 Nov 2010  
Interviewee: Aimee Hanslow

## Playground to be opened

The Peninsula Recreation Precinct playground at Umina oval will be officially opened on Saturday, December 11, with a free family fun day.

Activities planned for the opening include a wildlife show, face painting, bubble mermaid, scarecrows, story-telling, skate demos, basketball demos, the opportunity to plant a tree and a barbecue lunch available from the local Rotary groups.

Major construction works are proceeding with the junior and middle junior playgrounds now almost complete.

Footings and poles have been installed for the climbing net

and the reading nook has been constructed.

The community building shell is now in place and contractors are looking to complete works within schedule.

The picnic shelters have been installed, the pathways have been constructed, and soft fall has been installed to some areas along with some play equipment.

The precinct project is one of the largest outdoor recreation developments to be undertaken within the Gosford Local Government Area and has received over \$3 million in funding from the Federal and State Governments.

The playground includes the

largest state-of-the-art rope play structure in Australia.

The Space Net structure is approximately 30 by 30 metres in size and comprises a slide, nests, pendulum swings, hammocks and burma bridges.

Other features of the precinct will include junior, middle junior and senior playgrounds with fully accessible play areas, a flying fox, all ages fitness equipment, bike track, a climbing wall, maze, pirate ship, park furniture and barbecues throughout, tennis courts, half-court basketball court, junior and senior skate park and BMX track.

Media Release, 17 Nov 2010  
Matthew Townsend, Council Media

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# Directory

## Animal Care

### Animal Welfare League (ADS)

is a not-for-profit organisation giving aid and financial assistance to sick and injured animals and finding homes for surrendered dogs. Meetings 2nd Tues ea month, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435. awlcentralcoast@virginbroadband.com.au P.O. Box 376, WOY WOY

### Wildlife Animal Rescue and Care Society (ARC) (258)

Rescues and cares for native wildlife in distress. www.wildlife-arc.org.au Free training. Meetings 3rd Sat ea month 1pm Wyoming Community Centre, Maidens Brush Rd 4325 0666 arc@wildlife-arc.org.au

## Art

### Ettalong Beach Art & Crafts Centre (256)

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes 4341 8344 info@ebacc.com.au

### Central Coast Art Society (257)

Meets for lectures, demonstrations and discussion. Weekly paint-outs ea Tues at varying locations 4369 5860.

Workshops 9.30am 1st & 3rd Wed ea month Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed ea month, for demonstrations 4325 1420 publicity@artcentralcoast.asn.au PO Box 4168 East Gosford

## Community Activities

### Cash Housie (269c)

50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish. www.cphousie@hotmail.com

## Community Centres

### Beachside Family Centre (257)

School-based community centre for families with children from birth to 8 years old. Offers a range of group programs and

community activities 4343 1929 Umina Public School Sydney Ave

### Peninsula Community Centre (256c)

#### Cnr Ocean Beach Rd & McMasters Rd Woy Woy

**Child Care** - Before & After School, Vacation, Family, Day & Occasional **Children, Teenagers**

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### Ettalong 50+ Leisure & Learning Centre (262)

(formerly Ettalong Senior Citizens Centre) Mon to Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness Handicrafts, Leatherwork Line Dancing, Painting Scrabble, Table Tennis Tai Chi, Yoga, Darts 4341 3222

### Gosford 50+ Leisure and Learning Centre

(formerly Senior Citizens) (262) Handicraft, Leatherwork, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Dancing, CPA, Womens Group, Crochet, Computer Class 4324 4749

## Community Groups

### Friends of the ABC (257)

A support group for the Australian Broadcasting Corporation. Aims: safeguard ABC's political independence, adequate

funding and high standards. Meetings throughout the year + social coffee afternoons Guest speakers 4333 8107 jhale@tac.com.au;

### Endeavour View Club (254)

1st Mon ea month Woy Woy Leagues Club 10.30am 4344 3825

### Fellowship of First Fleeters (259c)

Create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet. Meet 2nd Sat ea month Wyong RSL 10am roy.kable@bigpond.com 4344 3876

### Hardys Bay Residents Group (271c)

Working for a positive & Healthy Environment in our Community allanbw@bigpond.com

### The Krait Club (270c)

Community Centre - Cooina Village, Neptune St, Umina 10.30am Open to senior members of Woy Woy/ Umina Community Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips 4341 0698

### Northern Settlement Services (257)

Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. Every Thur Peninsula Community Centre 93 McMasters Road Woy Woy - 4334 3877

### N.M.B.V.A.A Inc National Malaya Borneo Veterans Association Australia (277)

Meet on last Sat each month except January. 2pm at Ettalong Beach War Memorial Club 51-52 The Esplanade. Looking for more veterans, all welcome. 4342 1108 P.O. Box 7284 Kariang 2250

### Umina Beach Scrabble Club (277)

For all levels and ages Every Wednesday 9am-12pm, come along relax and enjoy a cuppa while you play Scrabble 322 West St (Rubys) Umina Beach NSW 2257 4341 4859 or 0410 438 525

### Brisbane Waters Breakfast Toastmasters Club (273)

Helping people to acquire skills in communication through the practice of the art of talking to an audience in a friendly non threatening setting. Meets monthly last saturday of the month except december at zita's restaurant, 18 The Boulevarde, Woy Woy. 4324 3653 - 0459 240 183

### Wagstaffe to Killcare Community (256)

Works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds Monthly Meeting - 3rd Mon, 7.30pm at Wagstaffe Hall PO Box 4069, Wagstaffe 4360 2945 info@wagstaffetokillcare.org.au

### Vietnam Veterans', Peacekeepers' and Peacemakers' (259)

Assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong. Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong

### Volunteering Central Coast (270c)

Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. We interview potential volunteers and refer them to their choice of volunteer roles. Offer regular general info sessions at Woy Woy. sharanpage@volunteeringcentralcoast.org.au - 4329 7122

## Community Restaurant

### Mary Mac's Place (262)

Providing hot, freshly cooked meals Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services. marymacs@woywoycatholic.org.au PO Box 264 Woy Woy 4341 0584

## Disabled Services

**Riding for the Disabled (257)** Horse Riding as a therapy for those with intellectual or physical disabilities

Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388 stateoffice@rdansw.org.au

## Environment

### Peninsula Environment Group (260)

Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

## Health Group

### Arthritis NSW (267c)

Meetings 3rd Tues ea month Community Centre, Corner McMasters Rd and Ocean Beach Road, Woy Woy - 4341 5881

### Overeaters Anonymous (OA) (247c)

12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, MTG Room 5 Fridays 7:30- 8:30pm www.oa.org Ph: 0412 756 446

## Marine Rescue

### Central Coast Unit (256)

Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. 4325 7929 Boat Licence Testing on one Sat ea month 4325 7929 www.coastalpatrol.org.au www.coastalpatrol.org.au pr.centralcoast@marinerescuensw.corn.au PO Box 6058, West Gosford

## Music

### ASC Songwriter Assist (258)

Regular activities and events for anyone interested in the craft and business of song writing 0412 149 094 www.ascsa.org.au info@ascsa.org.au

## Retirement Centre

### Peninsula Village (257)

Not-for-profit, community owned, retirement centre caring for aged residents on the Peninsula in self care hostel and nursing home accommodation 4344 9199

## Service Clubs

### Rotary Club of Woy Woy (259)

A fellowship of business, professional and community leaders through which the club provides service to others, promotes integrity and advances world understanding, goodwill and peace. Everglades Country Club Woy Woy, ea Tues 0412 065 098 secretary@woywoyrotary.org.au PO Box 175, Woy Woy NSW 2256

### Rotary Club of Umina (269c)

An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad. Everglades Country Club ea Wed 0409 245 861. curleys@ozemail.com.au

## Sport

### Woy Woy Judo Club (259)

Great for fun, fitness, female self defense or the competitive CLASSES min age 7 Tue & Fri - 5.30 to 7.30pm try a free session! E.S.C.C.

Cnr Broken Bay Rd & Karingi St, Ettalong 0434 000 170 www.wwjc.org.au

## Women's Groups

### Country Women's Association Woy Woy (257)

Friendship Mornings 1st and 2nd Wed 10am Monthly Meetings 4th Wed 12.30pm 4324 2621

### Gosford RSL Women's Auxiliary (272)

0412 773 441

### Peninsula Women's Health Centre (2605)

A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy; printed information and resources 4342 5905

Wed and Thur 9.30am to 3pm - 20a McMasters Rd, Woy Woy www.ccwhc.com.au pwhc@cccwhc.com.au

If you would like your Community Organisation listed here, call us on 4325 7369



## Umina SLSC - Market Day

5th December 10.00am - 1.00pm

Ideal opportunity for Christmas Shopping

### New items for sale

Jewellery, Cosmetics, Plants, Baby/Toddler clothing, Scrapbooking, Cards, Photography, Exotic Teas, Educational Books, Cake stall, Craft items much more.

Wheelchair/stroller, all-weather access to upstairs at Umina Surf Lifesaving Club - End of Ocean Beach Road, browse the offerings with the superb views of Umina Beach, Broken Bay, Lion Island and surrounds in the background.

Visit our web site for more details:

[www.uminaslsc.org.au](http://www.uminaslsc.org.au)

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## Careflight dinner raises \$4500

**A fundraising dinner held at Ocean Beach Surf Club on Saturday, November 13, has raised \$4500 for CareFlight.**

At the dinner, Mr Andy Moses of Umina recalled seeing his then two-year-old son, Reuben, run over by a car on West St, Umina, - "a parent's worst nightmare".

CareFlight community engagement coordinator Mr John Ebbott spoke about how Mr Moses would have been excused for getting on with his life and just taking care of his family.

However, Mr Ebbott said, while Reuben was still in intensive care and his prognosis uncertain, Mr Moses contacted CareFlight and proposed a fundraising event to help recoup the costs of Reuben's treatment.

Mr Moses, with the assistance of Good News Church, organised a fundraising dinner and with the support of local businesses and the community, has raised more than \$4500 to assist the charity's medical services.

Entertainment was provided by Central Coast Brass Roots and Peter Irvine, Co-Founder of Gloria Jean's Coffee, gave an inspirational talk about the importance of having

vision both for your personal and business lives.

Member for Robertson Ms Deborah O' Neill and Member for Wyong Mr David Harris also gave their support.

Media Release, 18 Nov 2010  
Rowena Newton, Good News Church

## Charity Barometer 2010/2011

**\$214,031**

The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every year.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$4500

\$90,000

\$700

\$42,000

\$4000

\$2000

\$10,172

\$1257

\$4000

\$9800

\$7000

\$4300

\$1000

\$7950

\$3000

\$600

\$2164

\$1304

\$2600

\$700

\$400

\$400

\$1588

\$7000

\$6900

- Ocean Beach Surfclub** \$4,500 Careflight
- Charity Queens - Oyster Festival** \$90,000 Cancer Council
- Woy Woy Rotary Club** \$700 to 1st Woy Woy Sea Scouts CUB PACK
- Umina Public school P&C** \$42,000 to Umina Public School (2010)
- Rotary Club of Umina Beach** \$4,000 to Coast Shelter
- Woy Woy South Public School** \$2,000 for School Equipment
- Ettalong Public School P&C** \$10,172 for Ettalong Public School
- Peninsula Village** \$1257 from its annual art and craft show
- Pearl Beach Progress Association** \$4000 for Umina PCYC
- Pearl Beach Progress Association** \$9800 for Central Coast Lifeline and the Pearl Beach hall fund
- Mingaletta Aboriginal and Torres Strait Islander Corporation** raised \$7000 from its last month's fundraising activities to purchase new items
- Rotary Club of Umina Beach** \$4300 for Religious Education Ministries at Brisbane Water Secondary College
- Ettalong Beach Club** \$1000 for Blackwall Guides Support Group
- NRMA Insurance** \$7950 for Umina PCYC
- Football Federation of Australia and NAB** \$3000 for Umina United Football Club
- Woy Woy P&C** \$600 for Woy Woy Public School library
- Ettalong Beach P&C** \$2164 for Ettalong Beach Public School
- School Fun Run** \$1304 for Wallaby St Weenies Preschool
- Umina Junior Cricket Club and Woy Woy Junior Rugby Union** \$2600 for McGrath Foundation
- Pretty Beach P&C** \$700 for Pretty Beach Public School
- Peninsula Village** \$400 for Lifeline Australia
- Ettalong 50+ Leisure and Learning Centre** \$400 for Arthritis NSW
- Ettalong Public School P&C** \$1588 for Ettalong Public School
- Empire Bay Public School** \$7000 for MS Read-a-thon
- Woy Woy McDonald's** \$6900 for Ronald McDonald House Charities

# The Peninsula Diary

For events in post code areas 2256 and 2257

### 23 November

Central Coast Art Society  
Paint Out Jacaranda Ave

### 24 November

Stress Management Seminar,  
Seventh day Adventist Church, Woy Woy,  
7pm

Men's advocacy group,  
Mingaletta Community Centre

### 27 November

Ettalong Beach Arts and  
Crafts Centre Christmas  
exhibition, Peninsula  
Community Centre, Free

The Lurkers, Troubadour  
Central Coast, CWA Hall Woy  
Woy, 7pm

Fete and car boot sale,  
Woy Woy Community Aged  
Care, 9am-1pm

### 28 November

Ettalong Beach Arts and  
Crafts Centre Christmas  
exhibition, Peninsula  
Community Centre, Free

That's That live  
performance, Randall's on the  
Beach, Killcare, Free

Peninsula Lions Club, Car  
Boot Sale

Official opening of the  
Ocean Rock Pool, 9am

### 29 November

Disease-proof your life  
final presentation, Cinema  
Paradiso

### 31 November

Car boot sale, Peninsula  
Lions Club of Woy Woy

### 1 December

Vegetarian Cooking  
Demonstration, Woy Woy  
Seventh Day Adventist  
church, 7pm

### 2 December

Mid Week Coastal Walk  
Series Day 3 - Wagstaffe  
Point to Maitland Bay Store,  
medium/hard difficulty, Bouddi  
National Park, 8:30am to 3pm

### 3 December

Autism Spectrum Disorder  
workshop, Beachside Family  
Centre, Umina, 9.30am -  
3.30pm, Free

Usual Suspects live  
performance, Randall's on the  
Beach, Killcare, Free

### 4 December

Drama and Discovery's  
Christmas Panto, A Christmas  
Wizard of Oz, St John the  
Baptist School Hall, Woy Woy,  
10:30am

### 5 December

Blues Angels live  
performance, Randall's on the  
Beach, Killcare, Free

Umina Beach Surf Life  
Saving Club will be holding a  
Market Day

### 6 December

Monday 6 December -  
Monday Meanderers - End  
of Year Picnic, easy, Meeting  
place: Patonga public wharf,  
10:30am to 3:30pm, Free

Christmas Storytime, Woy  
Woy Library, 10:30am

### 9 December

Christmas Storytime,  
Umina Beach Library,  
10:30am

### 11 December

Official opening of the  
Umina Recreational Precinct  
Umina Boardriders end  
of year presentation night,  
Umina Bowling Club, 7pm

### 17 December

Usual Suspects live  
performance, Randall's on the  
Beach, Killcare, Free

### 19 December

Blues Angels live  
performance, Randall's on the  
Beach, Killcare, Free

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

# Classifieds

## Classified

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 Progress Hall @ 7.30pm Henry Parry Drive

### Contra Dance with Pastrami on Ryebuck December 11

Enq: 4344 6484  
 Admission \$17 incl. supper  
 Folk Fed Affiliates & Pensioners \$14,  
 Children 12 to 18 \$8  
[www.ccbdma.org](http://www.ccbdma.org) for more information

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## Entertainment

**The Troubadour Acoustic Music Club**  
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**November 27 The Lurkers**  
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 Floor Spots available  
**7pm**  
 Tickets \$10  
 Concession \$8  
 Members \$7  
 Tickets available at the door. see [www.troubadour.org.au](http://www.troubadour.org.au)  
**4341 4060**

## BluesAngels

BluesAngels formed in 2008 to bring authentic and original acoustic folk blues to the NSW Central Coast and beyond.  
 The current line up as a trio expands this boundary adding other genres and instruments. These include three voices supported by banjo, harmonicas, guitars, mandolin, occasional kazoo, kalimba and percussion  
**See them live at Randalls on the Beach, Killcare Dec 5 & 19**  
 For more info [www.myspace.com/ozbluesangels](http://www.myspace.com/ozbluesangels)  
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## Entertainment

### Usual Suspects



For that gentle old timey sound from the USA combined with traditional and contemporary Australian folk music and a mix of original material composed locally, there's only one choice.  
 Combining guitars, mandolin, double bass, violin and a variety of stringed instruments with three part harmonies, the Usual Suspects will add that touch of class so often missing in events.  
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# Teenagers of the 50s

**When writing about the 1950s and the following years, it is easy to consider those days as so much better than the present time.**

But a lot of our memories are inevitably linked to the fact we were young, carefree and without responsibilities.

Most of us were too young to understand the tragedy of World War II, and our perception of the world was through the eyes of teenagers.

We were sheltered by stable families, where fathers earned enough money to feed the family and service the War Service or Building Society loan, and mothers mainly stayed home to look after and raise the children.

Away from school, we were having a great time, whether it was down at the beach playing "spin the bottle" or "truth or dare" with the local girls, putting pennies on the railway line at Woy Woy, or just sitting around bonfires on the beach after storms left debris washed down from the Hawkesbury.

I remember the old dressing sheds at Umina were in a pretty bad way and we soon discovered the explosive nature of fibro when pieces were thrown on the burning logs.

Later we looked forward to the regular dances at the newly-built surf club, with Billie Henderson on the piano and Freddy Miller on sax.

The barn dance was one of our favourites.

It gave us an opportunity to chat up the local girls and perhaps ... well, never mind.

Occasionally when changing partners, you would be embraced rather enthusiastically by some buxom lady of indeterminate age smothered in copious quantities of cheap talcum powder which, in turn, precipitated uncontrollable bouts of sneezing on my part.

It was a time when girls looked forward to getting married, having a family and living happily ever after.

Most girls had started a "glory box" from an early age with the help and encouragement of their mothers.

The box would be filled with towels, sheets and other utilitarian items such as sensible long flannelette nighties.

Monday nights were pretty special as this was the night Mr Taylor used to call with a van full of women's

fashions. Any purchases could be paid for by small weekly instalments which suited most families.

The Waltons' man used to call regularly to collect money for lay-buys and goods purchased from the store at Gosford which was situated where the redundant Froggies roller skating rink is now located.

While mothers taught their daughters to cook and sew, some of us used to sneak off to Sydney to catch the latest French or Italian movie at the Savoy Theatre.

Just thinking of Brigitte Bardot in God Created Woman still makes the heart rate pick up a notch or two.

Every year we would go to the Easter Show at the old Showground.

Apart from making ourselves sick from eating those dreadful dagwood pups and heaps of fairy floss, the greatest attraction for us was Jimmy Sharman's boxing tent with the old man up on the stage inviting anyone foolish enough to take on one of his fighters over three rounds.

With the booming sound of a drum, the contenders would line up on the stage where Sharman, ever the showman, would give them a big wrap up.

Lots of booing and cheering for the challengers, most of whom, we discovered afterwards, were fully paid up members of the boxing troop.

Other times we used to travel to Rushcutters Bay to see the latest American stars at the Stadium.

Bill Haley and the Comets, Little Richard, Peg Leg Bates (the one-legged tap dancer), and the Platters were just some of the performers in the old tin shed.

We cried with Johnny Rae singing Little White Cloud that Cried and we joined Sammy Davis Jnr in singing Mr Bojangles.

In no time at all, Aussie artists came to the fore with Johnny O'Keefe, Col Joye, Lucky Starr, Johnny Devlin and many others who turned out to be just as good, if not better than, some of the imported stars.

After the concert, there was no better way to finish the day than having a whopping big burger with the works at that iconic and legendary establishment in the Cross - so aptly named the Hasty Tasty.

Email, 17 Nov 2010

Fred Landman, Daleys Point

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**Public Notices**

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**Public Notices**

**Central Coast Arts Society**  
PAINT-OUTS  
November 23rd  
End of Jacaranda Ave  
Patonga Map 115 J10

Bring painting gear, morning tea and lunch plus a folding chair  
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**Woy Woy Peninsula Lions Club**  
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**Please note: New parking arrangements now apply**  
NB stall sites not open until 6.30am  
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## John Roberts wins award

**Mr John Roberts of Ettalong has won the Lawn Bowls Coach of the Year award after coaching Ettalong Juniors over a number of years.**

Players coached by Mr Roberts won this year's Zone 15 junior championships in fours, pairs and singles, and are attending the State Junior titles at Warilla .

The fours team comprised Dolton Wilson, John Hannan, Zac Robertson and Harley McDonald.

The pairs team was Zac Robertson and Harley McDonald Pairs, and Harley McDonald was also singles champion.

McDonald also gained selection in the NSW Junior State side and was the lead in the NSW Fours and Triples teams that won the

Australian titles.

"All these boys and others owe their development and progress in the sport of lawn bowls to their coach and mentor John Roberts," said Central Coast District Bowls Association president Mr Kevin Dring.

Magazine, 18 Nov 2010  
Kevin Dring, Coast Bowls News

## Nipper praised for helping teammate

**An eight-year-old nipper at Ocean Beach Surf Life Saving Club has been praised for helping a teammate struggling in deep water.**

In the club's first junior board training session for the 2010-2011 season, under-9s nipper Garren McCarthy was the first to reach a fellow nipper who had been swept off his board and was struggling in deep water.

While both Garren's father and the Ocean Beach water safety team were in the water, it was Garren who was first to reach the struggling nipper and assist him to shore.

"Garren showed the skill and presence of mind of an exceptional

lifesaver', said nipper board coach Ms Louise Lambeth.

"The club is very proud to have Garren amongst our ranks," she said.

"Nippers account for about 50 per cent of surf club members across Australia, and while a lot of the nipper experience is about having fun, these guys are learning important surf safety messages at the same time" said junior activities director Mr Jason Tucker.

Despite the attention and praise from lifesavers, friends and family, Garren said he was just happy getting out in the water and having fun.

Online Submission, 13 Nov 2010  
Aaron Camp, Ocean Beach SLSC

## Oztag teams compete

**Two boy's Oztag teams from Brisbane Water Secondary College Umina campus have competed in the annual Year 7/8 Oztag Gala Day held at Morrie Breen Oval, Kanwal.**

Six pools of four teams played in the boys division with schools from all over the Central Coast.

Each game lasted 21 minutes and only the winners of each pool would progress with the first and second next best ranked teams to the quarter finals.

Both Umina boys' teams had a slow start and lost both of their first games.

However, the second scheduled game for each side resulted in

wins for both.

Both sides had to win their third matches to have any chance of making the quarter finals. Team one won, but team two lost.

Due to points for and against, both teams were eliminated in the group stage.

Nicholas Hynes demonstrated excellent play making skills and Lachie Kirwan tagged relentlessly.

Bruce Tereare came to be known as The Spinning Man by the end of the day as numerous times Bruce would break the defensive line with a spin away, resulting in a try.

Newsletter, 17 Nov 2010  
Frank Gasper, BWSC Umina



**DIV 1 Firsts / Reserves  
Coach required for  
Season 2011**

The right applicant will have a passion for improvement, an interest in fostering emerging talent & will share the club's promotion ambitions for our senior squads. Please contact David Cornwall on 0413 119 333 if you would like to know more

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## Sydney Swans select Marc

**Woy Woy Public School student Marc Gleisner has been selected for the 2011 Sydney Swans Academy.**

Hundreds of AFL players from across the state trialled for the program and Marc was one of the first to be selected.

Marc received a personal letter from academy head coach Paul Roos, congratulating him on his

achievements, and commending his perseverance, performance and attitude throughout the selection process.

The 2011 program will start in early February and Marc will be required to attend two training sessions per week for about 30 weeks.

Newsletter, 9 Nov 2010  
Ona Buckley, Woy Woy Public School

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## Children's triathlon at leisure centre

The Peninsula Leisure Centre will host a children's triathlon event in January, the second of nine events to be held around the country from January to May.

The event, sponsored by the NSW Government, is for children aged between seven and 15.

This is the first time in seven years that an event will be held on

the Central Coast.

The triathlon features swimming, cycling and running legs of varying distance depending on age.

The event was last held on the Central Coast in 2004 at the end of a three-year run.

Media Release, 16 Nov 2010  
Dean McLachlan, Crossman Communications



## Boardriders' presentations

The Umina Boardriders will hold its End of Year Presentation Night at Umina Bowling Club on Saturday, December 11, at 7pm.

The November competition, held at the weekend, was the last for the year and prizes were given randomly throughout the day.

With a few surfers missing in the October competition, the club was

able to hold only two divisions with Greg Power placing first in Masters with Phil Toner, Lyle Hubbard and Tony Wilson following in respective places.

In the open division, Luke McLachlan placed first followed by Craig Glynn, Mark Wrice and Shane Roser

Newsletter, 16 Nov 2010  
Umina Boardriders

## Lachlan is nipper ironman

Under-9s nipper Lachlan Braddish from Umina Beach Surf Life Saving Club has placed first at the 2010 Ironperson event held at Blacksmiths Beach on Saturday, November 13.

Lachlan has also won a NSW State Medal last season and hopes to build on that result at Kingscliff Beach for the 2010-2011 State Titles next March.

The Ironperson event commenced with tough surf conditions resulting in a number of competitors being unable to complete the course.

Recorded results of competitors from Umina Beach included Lealani Healey second in the under-9 girls and Kirsten Miller third in the under-9 girls.

In the under-12 boys, Kieran Braddish came in 10th.

Rachel Wood was eighth in the

under-12 girls and Jemma Smith was 10th in the same division.

Josh Thorndyke placed 12th in the under-14 boys and Indigo Verhoeven placed eighth in the under-14 girls and Lara Reineker 12th.

Teigan Miller placed fourth in the under-15 girls and Helen Krucler placed eighth.

Email, 16 Nov 2010  
Christine Lavers, Umina SLSC

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