Peninsula News Community Access

Edition 251

Phone 4325 7369 Fax 4339 2307

25 October 2010



Review puts power lines underground

Energy Australia has claimed that an environmental report into the Empire Bay zone substation released on October 13 demonstrated strong actions to help prevent fire risk and protect a dedicated bushland zone.

The review revealed plans to place most of the new powerlines associated with the substation underground.

"We will place approximately 25 kilometres of new powerlines underground, which is about 90 per cent of new powerlines," according to Energy Australia's general manager engineering Mr Geoff Lilliss.

"Only three kilometres of new line will be placed overhead."

The substation, planned for a site between Poole CI and Empire Bay Dr, is part of a \$50 million power upgrade for 6000 homes and businesses in the southern Central Coast area.

Mr Lillis said the Draft Review of Environmental Factors for the development had drawn on expert opinion in a number of key areas, including fauna and flora, noise, EMF, geotechnical issues and bushfire risk.

"Protected bushland areas will remain untouched by this project," Mr Lilliss said.

"In fact, the final design protects and increases bushland on site and includes stringent bushfire protection.

"We have also factored in feedback obtained during consultation with the community about the project over the past 12 months.

"We are ready to listen to any concerns and answer any questions about the environmental report and the project."

The draft environmental assessment has been submitted to Gosford Council and Energy Australia was seeking comments from the Council and the immediate site neighbours.

Members of the wider community can request the council to include their comments in the council's submission.

Mr Lilliss said the review outlined

plans to increase the number of trees on the site and make sure all planning and legal requirements were strictly followed.

"The environmental assessment confirms the substation will not increase fire risk to the area.

"We will include fire protection measures including fire-rated walls and doors, and fire-rated construction materials," he said.

The Empire Bay zone substation is needed to meet growing demand for power and improve reliability across Empire Bay, Hardys Bay, Daleys Point, Davistown, Bensville, Killcare, Killcare Heights and Kincumber South.

Energy Australia hopes to begin construction in November with a scheduled commissioning date of early 2013.

Further information about the report can be obtained from Energy Australia's Major Projects team.

News Release, 13 Oct 2010 Allyn Hamonet, Energy Australia

Clubs promised tax relief

Four Peninsula registered clubs would pay a combined \$1.62 million less tax over four years under a "Clubs and Community Rescue Package" proposed by the

State Opposition. NSW Opposition Leader Barry O'Farrell and the Central Coast Liberal Team met with Central Coast clubs on Monday, October 18, to discuss the package.

Everglades Country Club, Woy Woy and District RLF Club, Ettalong Beach War Memorial Club and Club Umina are among clubs on the Central Coast that would benefit from the package.

The package aims to secure the viability of the Central Coast's registered clubs and the local sporting, charity and community groups they support.

"Registered clubs already make a significant contribution to local communities and under our Clubs and Community Rescue package they will be able to contribute even more to local sporting clubs, charities and community groups," Mr O'Farrell said.

Mr O'Farrell claimed the four clubs would contribute an additional \$560,000 in clubs grants across the four years of the

package. "Labor's clubs tax has hurt the community. Sports, charity and community-based organisations rely on their local registered club for support, yet Labor's unfair tax regime has put that support from clubs at risk."

The Opposition has estimated that tax savings for Everglades Country Club would be \$53,345, Woy Woy & District RLF Club would save \$47,647 while Ettalong Beach War Memorial Club would save \$271,514 and Club Umina would save \$33,401.

"Under our plan, tax rates will be reduced, ensuring that clubs remain viable.

"In return for this reduction in the clubs tax, clubs will be required to do even more on top of the great work they already do for local communities."

Mr O'Farrell said that, across the State, clubs would save \$300 million in tax over the next four years, but increase their "social contribution" by \$272 million in the same period.

> Media release, 18 Oct 2010 Jaymes Boland-Rudder, Office of Barry O'Farrell MP

Woytopia festival for a greener future

The inaugural Woytopia environment festival will be held on Sunday, October 31, from 10am to 4pm at Woy Woy South Public School.

The festival is planned as a family-friendly day out with the focus on fun and a greener future, according to Mr Mark Mann, president of the Peninsula Environment Group.

He said there would be music, eco-market stalls and food, as well as green talks, workshops and movies.

"We've called the festival

Children's entertainment puts the emphasis on participation and creativity with music-making, a theatre workshop, dancing, drumming, yoga, arts and crafts, soccer, and an under-5s' play zone.

Young and old alike will be able to join in painting a giant "Dreamtime mural".

The Australian Walkabout Wildlife Park will present native animal shows and ochre face painting, and Jake Cassar will talk about local bush tucker.

There will also be bike repair and solar cooking demonstrations, an eco-friendly barbecue, global food stalls and homemade organic cakes.

Supermarket is renovated

Coles Umina Beach has opened its doors, following extensive renovations to the former Bi-Lo store.

Under the Coles banner, the new format store will increase its product range and services, according Coles Umina Beach store manager Mr David Murray. "All the familiar Bi-Lo faces will

still be here, along with plenty of new team members," he said.

With the opening, Coles has increased the store's team by 10, taking numbers to 120.

Mr Murray said: "We've worked hard to ensure the reasons people shopped at the original Bi-Lo store are still here – value for money, friendly local service and quality products – and also improved the in-store experience with a range of fresh and convenient offerings. "We'll be featuring a bigger

weekly catalogue so shoppers can stay up-to-date with all the specials, and including more promotions.

"We'll be displaying fresh fruit and veggies on ice, and have an in-store butcher on hand making the freshest cuts."

> Website, 10 Oct 2010 David Murrary, Coles

Woytopia because it's all about celebrating what a great place Woy Woy is to live, as well as about helping people imagine a positive, sustainable future.

"We want visitors to have a fun day, but also to learn and share ideas on how we can live more sustainably."

The music line-up features acclaimed local singer-songwriter Sarah Humphreys, Latin jazz duo Ricky Vargas and Dimitri, and classical-blues viola player Paul Groh. Green talks, workshops and short films will cover topics from climate change to beekeeping, growing your own vegies and cutting energy bills.

The festival will begin at 10am with an Aboriginal smoke ceremony with Gavi Duncan, and admission is free.

> Email, 21 Oct 2010 Mark Mann, Peninsula Environment Group

THIS ISSUE contains 65 articles - Read more news items for this issue at www.peninsulanews.info

News

Competitions - Win Win Win Your chance to Win!



Peninsula News is giving away two double passes to the Band of Gypsys CD launch at Kantara House on Sunday, December 5.

There are also two Band of Gypsys' CDs to be won.

The CD will feature Paul Robert Burton, Andrew toner, Christian Marsh, Wu Pu-Yu and Rendra Freestone. The double pass and a CD are valued at \$65.

To enter, write your full name, address and phone number on the back of an envelope and send to : Peninsula News, Band of Gypsys competition, PO Box 1056, Gosford NSW 2250 before 5pm on Thursday October 21.

The winners of the Peninsula News Woy Woy Little Theatre Competition have been announced.

Mr Bill Wilcock of Ettalong Beach, Ms Phyllis Collins of Woy Woy, Ms Yvonne Johnson of Ettalong and D Gorton of Woy Woy Woy have each won double passes to the performance of Agatha Christie's Spider's Web.

Kaitlin Watts, 22 Oct 2010

Light rain falls

Light rain has fallen on the Peninsula in the last two weeks, bringing total rainfall for the month to date to 47.4mm.

This is 30.2mm short of the October average of 77.6mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

Although rain was recorded on nine days in the fortnight to October 20, the highest fall was 2.5mm and several falls were one millimetre or less, giving a total of just 7.1mm for the two weeks.

Rainfall for the year stands at 879.1mm, 16 per cent below the average at the end of October of 1052mm.

The period also saw the lowest atmospheric pressure recorded in almost two years, with a reading of 990hPa being recorded at www. peninsulaweather.info on October 15.

Temperature has ranged between a high of 30.6 on October 14 and a low of 8.9 on October 16.

The average temperature has been 18.2 degrees this month, a rise of almost two degrees over September, when the average was 16.3.

Spreadsheet, 22 Oct 2010 Jim Morrison, Woy Woy www.peninsulaweather.info



Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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2WVS

Man struck by car after police chase

A man from Umina Beach was struck by a car on October 15 following a police chase.

Police from Brisbane Water Local Area Command attended a residence on Sydney Ave, Umina Beach, about 11.45pm following reports of a domestic dispute.

While conducting inquiries at the scene, police observed a man drive a white Nissan Skyline along Sydney Ave in an aggressive manner.

The officers got into their patrol vehicle and found the Nissan stopped beside the road a short distance away.

The driver exited the vehicle and began running into Hobart Ave.

Police commenced a foot pursuit and a short time later, at the intersection of Hobart Ave and

Ocean Beach Rd, the 22-year-old man was struck by a northbound Holden Astra.

The man sustained serious head and chest injuries in the incident and was taken by NSW Ambulance Paramedics to Gosford Hospital before being airlifted to Sydney's Royal North Shore Hospital.

A Critical Incident Investigation Team, comprising officers from Lake Macquarie Local Area Command, has been formed to examine the circumstances leading up to the incident.

Anyone who witnessed the incident or has any information that might assist the investigation is urged to contact Lake Macquarie Detectives via Crime Stoppers on 1800 333 000.

Website, 15 Oct 2010 NSW Police

Builders represented

The Peninsula is well represented on the committee of the Central Coast division of the Master Builders' Association following its recent annual meeting.

The new president is Bruce Webb of St Hubert's Island. The secretary is Frank Van Aalderen of Umina Beach.

The Council of Management representative is committee member Ken Austin of Woy Woy. Press release, 21st Oct 2010 Judi McGuiggan, Master Builders Association



Group protests coastal legislation

A newly-formed group of Central Coast residents has protested again proposed coastal protection legislation outside the Woy Woy office of Member for Gosford Ms Marie Andrews.

Organiser Mr Pat Aiken said the legislation, which proposes changes to the Coastal Protection Act, would be a disaster for the environment and an attack on the rights of landowners to protect their homes and property from storm erosion. He claimed the changes proposed in the legislation will prevent residents from being able to adequately protect their homes from storm erosion and threaten \$250,000 fines for breaches.

"We have already hosted two highly charged and successful protest meetings and had about 500 people attend.

"People have been horrified at what is occurring.

"Petitions have been organised and we have now established a taskforce to keep the campaign going." The group plans to hold a rolling series of meetings in each electorate between now and Election Day next year in an attempt to stop the Government from proceeding with the bill.

"Once people realize what is happening they are outraged and we believe that local Labor MPs should be equally alarmed at what is going on.

"This Bill is an attack on our rights and will damage our properties." Media release, 18 Oct 2010

Pat Aiken

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Seven enter Queen quest

Seven young women have entered the Queen of the Oyster Festival quest, held in conjunction with this year's Oyster Festival at Ettalong.

The entrants are raising funds for Cancer Council Pink Ribbon Events, but Nikki Sneade of Woy Woy and Tyler Matterson of Umina Beach are taking it to the extreme, according to organiser Ms Debra Wales.

Nikki and Tyler were having their hair dyed pink to emphasise the need for young women to have regular mammograms, she said.

Both girls were planning a night in Terrigal in their ball gowns to help raise funds for breast cancer research.

The Brisbane Water Oyster Festival Ball will be held on Friday, November 12, at the Ettalong Beach Club and will see the handover of the cheque to Cancer Council NSW and the crowning of Miss Charity Queen and the Queen of the Festival 2010.

The entrants in this year's event were Aimee Hanslow sponsored by Euphoria Hair Point Clare, Rachel Scoins sponsored by Indulge Yourself Beauty, Alicia Howard sponsored by Avoca Beach Bowling Club, Scarlett Napier sponsored by Ettalong Beach Memorial Club, Chloe Brooks sponsored by Star FM 104.5 and Tyler Matterson sponsored by Woy Woy Leagues Club and Nikki Sneade sponsored by Woy Woy Bowling Club.

Ms Wales said that all the entrants were fantastic young women and each had had some great fundraising events.

Tickets are available for the Dinner Dance at the Ettalong Memorial Club and were priced at \$75 each, with champagne and oysters on arrival, a two-course dinner and entertainment with comedian Darren Carr and Mr James Band.

The festival will be held on



Sunday, November 14, at Ettalong Beach and will be celebrating its 10th anniversary.

Events will include a Woodchop Spectacular and oyster eating competitions.

Other attractions include food and wine stalls, art and craft stalls, corporate stalls and an Oyster Choo Choo Train which will travel through the festival to an amusement ride park.

The entertainment will start at 9:30am with Wayne Cornell and

the Allstars Big Band, with MO Award-winning show band, the Kamis, on stage at 1pm.

Five thousand dozen oysters were sold last year, and more are expected to be sold this year.

For further information, ring Debra Wales on 4342 7510. Media release, 20 Oct 2010

Debra Wales, Brisbane Water Oyster Festival

Mingaletta to hold annual meeting

Mingaletta Aboriginal Corporation is holding its annual meeting on Thursday, November 4.

Treasurer Mr Lenny Hemmings said Mingaletta operated out of the Umina Community Hall and provided a range of services to the Peninsula Aboriginal community.

"Our Aboriginal Supported Playgroup on Mondays is part of the Aboriginal Early Childhood program.

"It addresses the safety and well-being of our children as they are the mainstay of our culture.

"It's important that parents interact with their children and in the playgroup they learn together.

"We also have a Child Health and Immunisation Clinic at the same time.

"Youth Connections is a key program for young people aged 13 to 19, with Kylie Cassidy assisting them to find the resources they need, for instance, in finding work. "Our seniors also have a regular meeting here at Mingaletta.

"Every Thursday the Eleanor Duncan Centre has an outreach Health Clinic here, and on the last Thursday every month it's a Women's Business Clinic," said Mr Hemmings.

Mr Hemmings also said that Mingaletta was keen to promote the health of Aboriginal people.

"Lisa Hamilton comes down here on Wednesdays for the Mental Health service, and she refers people to any other services they need.

"We have a TAFE Adult Literacy and Numeracy program here twice a week, Mondays and Wednesdays."

Mr Hemmings said Aboriginal people could find out more about any of these services by contacting Mingaletta on 4342 7515, or just by calling in to the office at 6 Sydney Ave, Umina.

Media Release, 20 Oct 2010 Leonard Hemmings, Mingaletta

Work and training awards presented

The Rotary Club of Umina Beach presented six Pride of Workmanship Awards and two Vocational Training Excellence Awards at a dinner meeting on Wednesday, October 13.

Deputy Principal of Brisbane Water Secondary College Senior Campus, Mr Roger Macey, and technology teacher Mr John Maxwell were nominated by the school's principal, Ms Pamela McAllister.

Ms Rhonda Barrett, of Figtree Moran Chartered Accountants, was nominated by Mr Ian Figtree and Ms Anne Williams of Peninsula Village was nominated by acting general manager Ms Jackie Bennett. Ms Sharyn Furmston of the Salvation Army was nominated by her area manager, Mr Peter Liddell, and Mr Joshua Hartis of Peninsula Office Supplies, Umina, was nominated by employers Mr

and Mrs Mike and Kathy Waller. The Vocational Training Excellence Awards were presented to Danielle Cairncross and Karl Rasmussen, both outstanding students from Brisbane Water Secondary College involved in the Vocational Training Program.

Press Release, 18 Oct 2010 Pat Lewis, Rotary Club of Umina

Car park opens in new year

The four storey \$19.8 million Woy Woy commuter car park is expected to be completed early next year, according to Member for Gosford Ms Marie Andrews.

Since construction started earlier this year, a number of key milestones had been reached including the assembly of a temporary car park for commuters,



Devine Image has moved around the corner to 4/311-313 Trafalgar Ave Umina

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Once complete, commuters would have access to around 300 additional parking spaces.

The car park will incorporate new lifts and CCTV camera surveillance.

Ms Andrews said the project was being built in "an incredibly constrained space".

Ms Andrews thanked the local community, particularly commuters and shoppers, for their patience while the improvements were being carried out.

Newsletter, 30 Sep 2010 Marie Andrews, Member for Gosford

Phone our girls for appointments 02 43 44 7741 • 0413 931 790

News

Trains will run late

Cityrail will conduct routine maintenance and upgrade work on the Newcastle and Central Coast line from Monday, October 25, until Monday, November 1.

In the hours from 11.50pm until 3.20am from Monday to Thursday, some trains will operate up to 30 minutes later than the normal timetable due to trackwork between Hornsby and Cowan.

Lower speed restrictions will be in place while trains travel past the worksite.

On the Thursday, the 9:40pm Newcastle to Central service will

terminate at Gosford.

An additional train service will depart Newcastle at 10:10pm and stop all stations to Central.

Travellers should allow up to 30 minutes additional travel time.

From 2am on Saturday, October 30, until 2am on Monday, November 1, buses will replace trains between Newcastle and Central.

Travellers are advised to allow up to 60 minutes extra travel time as buses do not operate to the train timetable.

Website, 22 Oct 2010 Cityrail

This vandalism is a criminal act. Council Is investigating to identify those responsible this selfish damage to community proper van VOuld be for any information from the community mat may as Should you have any information that can assist in these in or if you would like to participate in helping to rehabilitate and protect the site in f please phone Council on 4325 8222

ENVIRONMENTAL VANDALISM

These trees have BEEN VANDALISED

Vandals attack vandalism sign on The Esplanade Umina Beach

Saluting the sun

Yoga enthusiasts from the Peninsula will unite to salute the sun from 11.30am on Sunday, November 14, by taking part in the 2010 Yoga Aid Challenge.

This charity event is being held at Umina Beach Surf Life Saving Club.

The yoga practice is led by local yoga teachers Helen Macnair, Carolyn Glover and John Wilson and participants are encouraged to complete as much of the challenge as they can

Umina is one of 33 locations across Australia where local

communities will come together to raise money for charity and raise awareness of the benefits of yoga.

This is the third year that the Peninsula yogis have taken part in the event, last year raising over \$5000 for Multiple Sclerosis Australia.

This year, participants will raise money for the 2010 Yoga Aid charity partners including the Nelune Foundation, dot com mob and Barnardos.

About 50 people are expected at Umina Beach.

Media Release, 19th Oct 2010 Helen Macnair, Bella Rose Yoga The inaugural meeting of a group for men, Mates@ Umina, was held on Friday, October 8.

The group was established to supplement the evolution of male self-awareness and to connect men with their masculine balance, according to facilitator Mr Darren Maxwell.

"The mission of Mates@Umina is to positively impact lives of men on the peninsula by helping them strengthen themselves, their

Men's group forms

intimate relationships, their family, and their community," he said.

"Australian author Steve Biddulph made it clear that males growing up over the last few generations did not learn how to be men, because no one ever taught them or showed them how.

"In the 20th century, men almost disappeared from the lives of children, communities disintegrated, and men withdrew from each other," said Mr Maxwell. Mr Maxwell said that Mates

provided a service for men who

were active in community service work or those who were interested in joining a self-development community.

The group will meet every second and fourth Tuesday of the month at 7pm at the New Earth Centre Umina Beach.

For more information, telephone Darren Maxwell on 4344 3658 or go to www.newearthcentre.com Email, 21 Oct 2010

Darren Maxwell, Mates@Umina



Second store opens

A printer supplies shop in Umina has run a raffle to celebrate its opening.

The Ink Shop Umina is the second store established by Karen and Neil Grant who ran their first Ink Shop in Gosford in 2004 before moving to Wyoming in 2006.

The business is family owned and operated with Mr and Mrs Grant's daughter Kelly, managing the business in Umina.

They refill, sell, service and recycle ink jet and laser cartridges. Email, 20 Oct 2010 Karen and Neil Grant, The Ink Shop Umina



Remembering the Olympics

A group of residents at The Cove Village, Daley's Point, celebrated the 10th anniversary of the Sydney Olympics in the lounge with volunteers Sam Beadsworth and Sylvia Timmins.

Mr Beadsworth was stationed at

A group of residents at Olympic Park and Ms Timmins at The Cove Village, Daley's Point celebrated the 10th Road.

"It was a wonderful event to be a part of and we all had a fun night at The Cove remembering," said Ms Timmins.

Letter, 5 Oct 2010 Sylvia Timmins, The Cove Village

Canoe crawl

A Canoe Crawl of Patonga Creek was held for the local community, canoers and amateur nature photographers on Saturday, October 23.

Participants were able to bring along their canoe or ride on the punt, assessing conditions and issues and photograph areas of the creek line.

The day included a bushwalk

through the saltmarsh regeneration area

Photographs from the event will be entered into a photographic competition.

This event was organised by the Community Environment Network as part of its Investigating and Remediating Coastal Issues in Patonga project.

Online submission, 12 Oct 2010 Jennifer Dwarte, Community Environment Network Trees planted

Ettalong Public School students participated in National Tree Day on July 30.

School principal Mr Colin Wallis said: "Our Student Representative Council planted trees in the school grounds as part of National Tree Day.

"With the help of John Tily and Sam Harrison about 50 small trees were planted."

Newsletter, 3 Aug 2010 Colin Wallis, Ettalong Public School





Golden reunion

The Golden Girls and Boys 10th Reunion will be held at Ettalong Bowling Club Dining room on Wednesday, November 10.

The reunion, for people who lived on the Peninsula in the 1950s and before, will allow attendants to reminisce about the past and exchange photographs and stories.

Ms Pam Terrill will be handing around local memorabilia and attendees are invited to bring along photographs from the 1950s. Email, 19 Oct 2010 Marj Cleere and Pam Terrill, Golden Oldies

LJ Hooker Strata Information Sw Fair Trading invites you to a FREE Strata Information Seminar at Woy Woy Leagues Club, Blackwall Rd from 5.50 pm - 7.30pm Tuesday 16 November 2010 This seminar is for strata owners, executive committee members, real estate agents and other interested persons. The seminar will address common issues and questions relating to Strata Management Act 1996 including the rights and

responsibility of strata owners and managers. Presenter: Manager Strata Unit - Mr Michael Courtney Register by Fax 4320 0601 or book your place on liine www.fairtrading.nsw.gov.au or by contacting LJ HOOKER WOY WOY Strata Team, Rebecca or Jackie on 4341 2001

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Reunion held for Woy Woy High

Forty-nine ex-students of Woy Woy High School came together for a reunion dinner at Everglades Country Club on July 17.

Event coordinator Ms Julie Loaney-Brown said the reunion was a "truly wonderful evening" with many ex-students having not seen each other for 40 years.

"Some of the ex-students had met earlier at the old high school grounds for a tour by the current principal Ms Pam McAlister.

"They were all impressed by the changes to the school.

"It was such a pleasure to catch up with old friends," Ms Loaney-Brown said.

"The service, staff and food at the club were excellent with our party not finishing until midnight. "Some of the guests travelled from Lockhart and Wagga Wagga in the west and up to Ballina along the North Coast.

"However, the majority of the attendees still live on or near the Central Coast.

"Photos and mementos were displayed.

"There was even a professional photographer who turned up to take a photo to help us remember this occasion.

"All-in-all it was a splendid night and we can't wait for another gettogether but definitely not 40 years away."

Ms Loaney-Brown said Mr Brian Travers and Mr Craig Rickard helped organise the reunion.

Email, 12 Aug 2010 Julie Loaney-Brown, Woy Woy



Ettalong Foreshore viewing platform work commences

Money raised for equipment

Fashion parade

A fashion parade will be held in Woy Woy at 1:30pm on Saturday, November 13, to raise money for the Anglican Church in Woy Woy and Umina.

Fudge's Boutique of Woy Woy will stage the parade at its store in Regional Arcade, Woy Woy.

The parade will feature both men's and women's fashion.

Entry to the parade will cost \$10 and will include light refreshments at the close of the parade. Media release, 21 Oct 2010

Jill Smeallie, Fudge's Boutique

Woy Woy South Public School has raised more than \$2000 for school equipment by holding a trivia night and a raffle.

The school's P&C hosted the trivia night that saw members of the school and wider community join together to support the local primary school.

"Our trivia night was a huge success raising \$2000 on the night," school principal Mr Terry Greedy said. The school also held a NAIDOC

raffle that raised \$182 that will go towards purchasing Aboriginal cultural resources for all the students. "We thank all people who purchased tickets to the raffle," Mr Greedy said.

"By doing this you are supporting the education of all children in our school."

> Newsletter, 3 Aug 2010 Terry Greedy, Woy Woy South Public School



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Forum

Hospital needed now more than ever

We are fighting to save our Woy Woy Public Hospital and have all services upgraded as recommended in the Final Report 2008, along with the return of the Rehabilitation Hospital which was stripped away without consultation over two years ago.

While the Alliance is chaired by a well-known liberal authorising officer, our group is not intended as a political platform for any political party.

It is a gathering together of people who want their rehabilitation hospital to be put back in the Woy Woy Public Hospital precinct.

The Alliance want it known that everyone is invited to attend our meetings including those

Forum

politicians who go for breaks by telling all who will listen that they have not been invited to these public meetings.

Held on the third Saturday of each month, the next is Saturday, November 20, at the usual time of 2 pm in the church hall behind Saint Lukes in Blackwall Rd, Woy Woy.

Since the amalgamation of Woy Woy and Gosford, many of you will have noticed how neglected the Peninsula has been.

The health system is a shambles.

Nevertheless, there is no need to accept at face value what little information those in power hand out. Concerned residents, men, women and children of the Woy Woy Peninsula, many of them on walking frames or riding motorized wheel chairs, have handed out flyers and collected names on petitions.

The Gosford Foghorn (as Ed James is affectionately known) has spent his own money purchasing thousands of dollars in advertising and paid for at least one bus trip to State Parliament to help the community with a fight against their elected representatives.

This man and many others continue to fight for you and yours. If a hospital was needed when 17.000 people lived here surely 36.000 are just as needful. Political apathy will not stop us.

Letter, 20 Oct 2010 Marj Cleere, Umina

More Forum Page 20

Sorry for councillors?

One can sometimes almost feel sorry for councillors.

At one ear, they have the Chambers of Commerce and, at the other, they have developers.

From behind, they have both State and Federal Governments giving a good push, while in front of them they face citizens concerned about society and the environment.

These problems can easily be seen in the case of the Peninsula coastline.

All levels of government seem to have Departments of Planning urging more and more development but at the same time they have Departments of the Environment and Conservation recommending caution about any developments along our coastline.

It would appear that all departments work in complete isolation: there is no liaison between them.

They just never communicate with one another.

On the Peninsula, Council's Tree Policy seems to be ignored completely as again do the warnings about sea level rise on such low lying land.

The sea is already within four metres of a car park at Ocean Beach Surf Club and elsewhere much damage has been done to the narrow strip of land, which is all that separates the Esplanade from the water.

People seem not to realize that the new viewing platforms will eventually become diving boards.

Is it too much to expect that all departments should liaise before great sums of public money are wasted?

Where are the leaders with vision who understand what is meant by climate change?

Australia has much which is unique in the world and it is these natural things which attract people to come here to live or to holiday.

I am sure that they will not appreciate sinking their savings into a property which is liable to go under water.

If you think that I am exaggerating, just ask anyone already living along the coast about the rises in their property insurance.

All councillors and government departments could/should ensure that they have input from all departments and interested parties before any decisions on major developments are taken.

To most people this would appear to be plain common sense. When can we expect some common sense to prevail?

Letter, 20 Oct 2010 Margaret Lund, Woy Woy Bay

Former Roads Minister 'frustrated and disappointed'

While Mr Moroney's report on the F3 has made 31 recommendations, there appears to be no indication of a timetable in which we can expect to see any of these changes implemented.

Many of these recommendations are similar to those in the Rapid Response for New F3 Emergency Plan (2008) and the F3 Sydney-Newcastle Freeway Traffic Management Plan (2005).

Both these reports originated following similar lengthy delays on the F3.

I am totally frustrated and disappointed by the lack of progress in improving the traffic management on the F3.

This is by no means a new problem as motorists already know.

We all remember the promises made by the then Premier Bob Carr when he was personally caught in extensive delays more than ten years ago at the infamous "beer truck rollover" on January 8, 1999.

Since that time we have seen endless promises and inquiries and yet time and time again motorist and their families become prisoners on the F3 after major crashes.

My report includes a number of relatively simple recommendations which I believe could make a significant improvement.

Localised Command Centres: Three new garage, storage and office facilities which have been constructed along the F3 at Wahroonga, Mooney Mooney and Mt White should be adapted as localised traffic command centres.

Local Controllers to be in Charge: These command centres need to be manned 24 hours a day,

Forum

with local controllers who have a detailed local knowledge not only of the F3, but also the surrounding local road system. Each of these localise command centres need to be coordinated through the main RTA Traffic Control Management Centre with a clear chain of command structure in place and understood by those manning the RTA Centre.

Electronic Signs to provide real time travel times: Currently more than 15 new electronic signs have been erected along the F3 and adjoining roads at a cost of many millions of dollars and yet they have completely failed to deliver any significant benefit to motorists. The effective use of these signs must include the provision of "real time" travel times between major exits such is the practice in both Queensland and Victoria.

Greater use of radio networks to provide accurate traffic reports: The RTA needs to invest resources into purchasing paid airtime to enable comprehensive and regular F3 traffic reports for commuters, and investigate the use of the override broadcast system which currently operates in the Sydney Harbour tunnel, where all radio frequencies are overridden allowing RTA messages to be relayed directly to motorists

RTA patrols should carry emergency water and food supplies at all times. Extensive supplies of water and non perishable food should also be stored at Wahroonga, Mooney Mooney and Mt White for distribution during delays.

> Email, 3 Oct 2010 Jim Lloyd, Mooney Mooney







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Millions of our dollars are being blown every year on spin in an attempt to give these politicians a better than bad public image while they continue to accommodate egregious political sins against the people

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Kristina Keneally **\$445,074** (4)



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Michael Daley \$245,788 (2)



\$219,215 (2)



Tony Kelly \$292,290 (2)



\$219,861 (2)



Carmel Tebbutt \$385,289 (3)

Amounts shown below each photograph indicate the cost of spin meisters for each politician and the number in brackets indicates the number of advisers employed by each politician Figures sourced from Sunday Telegraph, October 17 P8

Marie Andrews, Labor Member for Gosford, are you still taking our money?

With all the Labor party politicians who are busy abandoning the ship of state, like rats leaving a sinking ship, you, our Premier and Cabinet, are still claiming, by simply remaining silent, that in the face of years of published allegations, nothing illegal went on with Louis Phillip James and his main street property, Lot 43 in West Street Umina.

My father is not the first to be abandoned by his elected representatives, our politicians and he won't be the last.

And this process of systemic abuse will continue until all those people old enough to vote understand that we, the people, have the power to shake the base of politics. I doubt that I will live to experience it.

The NSW Cabinet collectively, is, in my opinion, a cesspool.

Minister Carmel Tebbutt, our Deputy Premier, has shown no interest in the welfare of over 9000 people, many of them returned service personnel, who have had their rehabilitation hospital in Woy Woy stolen from them and their community.

Information supplied on abuse of planning procedure has made no apparent difference to the Ministry of Planning, where Tony Kelly is the current Minister.

.

John Hatzistergos, what value do you put on the separation of powers Minister when a constituent is claiming he is being injected with drugs against his will?

Frank Sartor, what can I say except repeat the time worn phrase, "Give Sartor the arse"?

Eric Roosendaal, I don't care.

John Robertson, Minister for the Central Coast, as I have often said, Gosford City Council is corrupt and I doubt you care enough to act, but you do aspire to be Premier some day and your inaction will haunt you.

Premier Keneally, displaying clear and desperate personal motives, you once again trot out your own personal health issues to use as a tool to attract voter sympathy.

My response is to tell you and my readers about your other "body", the Labor Party body politic, which has, as a direct result of its ageing and shrinking political membership, been inbreeding to such an extent that it has given birth to a litter of governments with congenital defects.

They are known to turn on their own political family.

One of the most striking defects of this defective political gene pool is its inability to produce politicians with the back bone to always put the interest of constituents above those of the ailing Labor Party.

You are a flashy political wag, too busy pork barrelling hundreds of thousands of our tax dollars to buy votes, apparently working as a puppet for a shrinking pool of puppet masters. As Premier, you and your Cabinet have most recently been identified as accommodating an outrageous cover up of matters relating to Radioactive Waste in and around Nelson Parade, Hunters Hill.

representation since your government's birth.

I know for a fact that local councils Manly, Canterbury City and Gosford City have been caught out doing as they please with complete disregard for State mandated requirements.

Your government has done nothing of substance about it, no one has been sacked and certainly the wrongs rained down upon the ratepayers have not been redressed.

What a surprise!

Exactly the same obfuscation applies when ratepayers try to look into what Hunters Hill Council knew.

Our Minister for Local Government, currently Barbara Perry, is responsible with continuing succession on my family's issues and the issues of the Mallone family in Canterbury and those others in the Manly local government area as named by the ombudsman.

The ongoing improper actions of so many councils is such a disgrace the stink could be said to hang figuratively around your government's neck like a stinking albatross.

I have no doubt that there are more than these three councils conducting business on our behalf outside the law as it is laid out in the local government act.

I agree with Labor Federal government elder statesman, Senator John Faulkner when he lashed out about the enormous cost of political spin, except that I put it to my readers that it is being spent to buy "rat" cunning and this is replacing the last vestiges of political courage

We have had five deaths in a ditch at Piles Creek, Somersby and David Borger couldn't care less about what I have put under his nose.

Look at Verity Firth and her difficulties with the alleged abuse of special needs children at Bathurst.

Consider how the information supplied to the Ministry of Police, where Michael Daley is the current Minister, on Gosford Council misleading the Coroner at the Piles Creek inquest was ignored.

It is up to the voting public of NSW to expel your mangy government, which is clearly riddled with defects that have existed as a cancer eating away our effective This is an independent, non partisan statement made by me in the interest of informing the public

Edward James, P.O. Box 3024 Umina Beach NSW 2257 02 4341 9140 For information, on how and where this started go to: http://gosfordcouncil.tripod.com

When given the chance at the ballot box, do your political duty and introduce new political DNA

Health

Films made about herpes

Two local filmmakers have had their films accepted in a short film competition in Sydney, designed to heighten awareness of the herpes simplex virus (HSV).

The film makers were challenged to shoot 30-second cinematic films designed to debunk myths surrounding the virus.

Joel Ibbetson from Umina Beach was awarded an honourable mention award for his film Open Happiness.

"The animation film is based on an old Cinderella theme and stylised as such, but with a modern relationship twist," said Mr Ibbetson.

Mr Ibbetson was also recently involved as art director in a short film called Cold Sore which was entered in 35 international film festivals and two national festivals.

The Live and Love Short Film

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competition attracted a total of 117 short film submissions of exceptionally high standard.

Among them was the entry of Daniel Stone from Woy Woy bay with his film You Know People with HSV.

Mr Stone's film is based on humanising the virus statistics "by applying them to the number of friends we have on Facebook - hoping to illustrate just how common HSV is within the community.

"If one in eight people have HSV Type Two, and three in four have Type One, odds are you probably already know a whole bunch of people with HSV.

"Ever since I was young I've been concerned about social justice issues, and thought the stigmatism around sexuallytransmitted infections has been a great hindrance to people getting checked out.

"Everyone should do their best to prevent the spread of the virus, but if you get it it's not the end of the world," said Mr Stone.

The presentation ceremony of the inaugural Live & Love Short Film Competition was held on the eve of National Herpes Awareness Day on Wednesday, October 20, at the Soho Bar in Sydney.

Kaitlin Watts, 20 Oct 2010 Interviewees: Daniel Stone and Joel Ibbetson Media release, 20 Oct 2010 **Kirsten Bruce, Viva Communiations**

Are you entitled to \$4000

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funded dental treatment?



Ling

You may be eligible for dental treatment if you suffer from a chronic illness such as cancer, diabetes, arthritis, stroke etc.

Cancer Council Vicki White of Umina Beach involved. celebrated her 50th birthday with a party on Sunday, October 10.

Money raised for

The party raised money for the Brisbane Water Oyster Festival's Mother of the Pearl competition to increase breast cancer awareness.

The Brisbane Water Oyster Festival has supported the Cancer Council NSW's Pink Ribbon awareness fundraising and campaign for the past five years, raising over \$200,000 for breast cancer research and support services.

T his year, the event will expand its fundraising via the Mother of the Pearl competition where women over the age of 35 years are able to fundraise for the event.

All entrants go into the running to win a jewellery set as the prize

The Brisbane Water Oyster Festival will be held on Sunday, November 14, at the Ettalong

The Brisbane Water Oyster

"I have always been committed to making a difference to women in the community who have breast cancer," Vicki said.

"After going through the diagnosis and treatment at a young age while I had young daughters, I know how traumatic it can be.

"I will always remain committed to fundraising for breast cancer research as I want to see better outcomes for breast cancer patients and their carers in our community."

In 2006, Vicki was confirmed as carrying the BrcA1 gene which means she has an 85 per cent likelihood of developing further breast cancer or ovarian cancer.

In addition, her three daughters may have a heightened genetic risk of developing these cancers.

Cancer Council community relations co-ordinator Ms Lesley Chart said that there were around 300 women newly diagnosed with breast cancer on the Coast each year.

treatment "Improved and population screening has led to a decline in breast cancer mortality rates, with the five-year survival rate for women diagnosed and treated for breast cancer in NSW now at 88%," she said.

Media release, 7 Oct 2010 Lesley Chart, Cancer Council NSW

Moustaches for Movember

Staff at a Woy Woy real estate agency will compete against each other in November to raise funds for Movember Foundation.

The men at Wilson's Estate Agency will be growing their moustaches to raise awareness about men's health and to see who can raise the most money.

Movember is a charity that runs throughout November aimed at raising funds for awareness of men's health.

Money raised will go to Movember's men's health partners, Beyond Blue: the National Depression Initiative, the Prostate Cancer Foundation of Australia and the Movember Foundation. Register or donate at www.

movember.com. Media Release, 19 Oct 2010 Josh Gardiner, Movember



for the most funds raised.

Foreshore.

Festival Ball will be held at the Ettalong Memorial Club on Friday, November 12, where the Charity Queen, Oyster Festival Queen and Mother of the Pearl winners will be announced.

According to Ms White, being a Mother of the Pearl entrant is a great way for local women to get



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Parenting courses offered

Beachside Family Centre \$17 free of charge." is offering two parenting courses in Umina next month

Facilitator of Beachside Family Centre Ms Debbie Notara said there was a course option for just about every local family.

"Beachside Family Centre is offering a parenting course for nearly every family with children over two years of age," Ms Notara said.

"We always get great feedback from participants in both of our courses and they really appreciate having the opportunity to discuss issues with other parents who are often experiencing similar difficulties.

"For parents who aren't currently having problems but wanting to learn about parenting in the future these groups will also provide that knowledge.'

"The Triple P Positive Parenting Program has been proven to be successful in helping parents and carers to understand children's behaviour and giving a wide range of strategies to use in different circumstances.

"Currently being rolled out by the NSW State Government, this course is free and participants will also receive a manual valued at

The Triple P Positive Parenting Program will involve four sessions on Wednesday mornings from 10am to 12noon from November 3 to 24 and child care is available for a gold coin donation.

"For mothers, fathers and carers who are working there will be an evening parenting program called 1-2-3 Magic to be held on three Monday evenings including November 15, 22 and 29 from 7pm to 9pm," Ms Notara said.

"Parents can learn an approach which will ensure children do not receive reinforcement for negative behaviour.

"The 1-2-3 Magic program takes Time Out one step further and also looks at how parents can spend enjoyable time with their children rather than feeling like they are yelling at them all the time.

"Unfortunately there is no child care available for this evening group."

Bookings are essential for both courses.

further information, For telephone 4343 1929.

Beachside Family Centre is located in the grounds of Umina

Public School in Sydney Ave. Press release, 3 Oct 2010 Debbie Notara, Beachside Family Centre Peninsula Village will be hosting its annual Village Family Fun Day on Saturday, November 6, from 11:30am until 3pm.

The Family Fun day is open to all relatives of Peninsula Village's

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450 residents and a great day of entertainment will be provided by Kelly's Belly Dancers, Mick on Wheels, Brisbane Water's Brass Band and the Spaceball Gyroscope ride.

Peninsula Village offers a full range of care level options, including self care, hostel care, dementia care and nursing home. It also runs a community meal

service for those who can no longer cook their own meals.

Anyone wishing to inspect the Village or who would like to volunteer may contact the Village weekdays on 4344 9199.

Media release, 15 Oct 2010 Taya Gilsenan, Peninsula Village



Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

PAIN, PAIN GO AWAY, **COME AGAIN ANOTHER DAY** Shifting our perception of Health.

disabilities

As our lives get busy, we often find it hard to prioritise our health and forget that an absence of symptoms doesn't mean an absence of stressors on the body.

These can be Physical:-trauma, falls, exercise; Chemical:-what we eat, drink and expose ourselves to in the environment; and Emotional:-stress, work, family, or relationships. All of these initiate a response from the body.

It is how well the body can process, resolve and function with the stressors that determines our Health, not merely by how we feel or cope.

Our lives may be so chaotic that we miss the subtle messages/signs or symptoms our bodies give us telling us that change is needed.

On the other hand, we may have some pain or discomfort that we can camouflage with medications only to delay having to find effective care or mechanisms to restore normality to our lives.

Ask yourself this: If a person in pain takes a pill and the pain goes away for a while, does this mean they are healthy again?

(Dr Jennifer Barham-Floreani. Well Adjusted Babies. Vitality Products Ltd 2005)

Your nervous system coordinates every thought, movement and sensation you have ever experienced.

If the messages from the nerves are interrupted or affected, it results in altered spinal motion and impaired nerve function (Subluxation).

This can be pain free and you may not even realise it is present, but if is remains



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Village family fun day

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uncorrected, the body's capacity for health and to heal itself declines.

Usually, it is not until the body shows symptoms or is injured that we then seek care.

As Chiropractors, we aim to pick up the subtleties in the interference of the messages between the body and brain and correct them before they become the symptoms.

If we shift our focus to being well and staying well, then the concept of Health Care changes considerably. Your Health is your greatest asset in life!



Chiropractic; safe, gentle and effective for all the family

If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Buckham **Umina Chiropractic Centre,** 428 Ocean Beach Rd, Umina 2257 Ph: 4341

Second workshop about autism

A second workshop for parents and carers of young children with autism will be held at the Beachside Family Centre.

It will take place from 9.30am to 3.30pm on Friday, December 3, and will be run by the governmentfunded Early Days program.

"This workshop can offer the opportunity to learn about play development in children with autism; learn practical tips for encouraging your child to play with toys and with other children and learn how to encourage the development of pretend play in your child," said centre facilitator Ms Debbie Notara.

"This is the second workshop being run by Early Days at Beachside Family Centre.

"The last one proved so successful that we are hoping to run one per term in the future covering a variety of issues that parents and carers of children with autism find themselves facing.

"Helping families with children with autism has become a high priority given the increase in numbers of children being diagnosed."

The workshop is free of charge and morning tea and lunch are provided.

No child care is available.

The workshop is open to

mothers, fathers and other family carers of children six years and under who have an Autism Spectrum Disorder (ASD) or are going through the assessment and diagnosis process.

To register, contact Early Days on 1800 334 155.

"The more families who register interest the more workshops will be available in the future," said Ms Notara.

Beachside Family Centre is located in the grounds of Umina Public School, Sydney Ave Umina. Media release, 14 Oct 2010 Debbie Notara, Beachside

Family Centre

Fair raises \$10,000

Ettalong Beach School's spring fair has raised more than \$10,000 for the school.

Principal Mr Colin Wallis said it was "a great day that was highly successful with a very noticeable strong community feel".

"It is always great when our school community and staff work in tandem for the benefit of our

Public children", he said.

He said the money raised would be "put to great use to benefit our school and our children".

"Hopefully soon all classrooms will have interactive whiteboards, to assist and enhance our children's learning."

Newsletter, 19 October, 2010 Colin Wallis, Ettalong Beach Public School

Maths students go to the Hunter

Four students from the **Brisbane Water Secondary** College attended Hunter Valley Grammar School on Thursday, September 16, to take part in the Maths **Gifted and Talented Program** (GATS).

teacher Mrs Judy Head Gilchrist said she had the tough task of selecting four students to participate in this year's GATS Mathematics day.

"All students in our Year 7 and Year 8 classes are performing at a very high standard.

The students selected were David Kim and Zachary Dingwall, from Year 7, and Jesse Dyer and Daniel Scott, from Year 8.

Brisbane Water students were not placed in the top three, however the group's effort in the relay competition was commendable.

"We all had a great time because we had to really cooperate to win games and prizes," said Jesse Dyer.

Media release, 15 Oct 2010 Zachary Dingwall and David Kim, BWSC

Test results 'excellent'

Students from Ettalong **Beach Public School have** achieved excellent results in the National Assessment Program Literacy and Numeracy tests held earlier this year, according to principal Mr Colin Wallis.

"It was most encouraging to see the great progress and

improvements most of our students have made, evidence of the effectiveness and quality of the teaching and learning programs at our school.

"Our results and growth are well above those of similar and neighbouring schools.

"We are punching well above the bar.

"We must continue to strive and work hard to maintain and further enhance this success".

He attributed the improvements to "good teachers implementing good programs to which the children are obviously responding". Newsletter, 19 October, 2010 Colin Wallis, Ettalong **Beach Public School**

Two high distinctions

Woy Woy Public School has received the results for this year's ICAS University of New South Wales tests, which included two high distinctions.

Results included:

High Distinctions: Alex Simpson (Spelling), Eliza Hopkins (Spelling) Distinctions: Alex Simpson (Computers), Eliza Hopkins (Science, Writing, English), Andrew Laznik (Spelling), Darcy Archer (Writing), Mason Colwell (Mathematics)

Credits: Eliza Hopkins (Computers, Mathematics), Pollock Thomas (Computers, Science),

Annalise Hegyessy (Computers, Writing), Zac Parsons (Computers), Matthew Borg (Spelling), Elloise Fry (Spelling, Mathematics), Mimi Henderson (Writing), Andrew Laznik (English, Mathematics), Alex Simpson (English, Mathematics), Bradley McAndrew (English, Mathematics), Chloe Newman (Mathematics),

Keegan Colwell (Mathematics) Newsletter, 18 Oct 2010

Dan Betts, Woy Woy Public School



Gathering information

Woy Woy South Public School principal Terry Greedy is requesting students, parents and teachers to assist in gathering information required to carry out an internal evaluation of the school.

Each the school year, self-evaluation committee is responsible for reviewing the effectiveness of two programs that have been introduced during the year.

"This year, one area we will be evaluating is the changes that have been introduced into our mathematics teaching as part of the National Partnership in Numeracy program.

"The second area is the Positive Behaviour for Learning welfare program that is being introduced over the next two years" said Mr Greedy.

"To be in a better position to make informed decisions on the future directions for these programs, we would like to gain a clearer understanding of how students, parents and teachers feel about these programs at the school".

Surveys relating to the two programs are being sent to all families in the school.

Newsletter, 19 October, 2010 Terry Greedy, Woy Woy South Public School



matter?



On Monday November 1 Marie Andrews MP will be at: **PCYC Umina Beach from 10am** and at The 50+ Leisure and Learning Centre, Ettalong from 1pm Call Marie's office to book an appointment 20 Blackwall Road or PO Box 223 Woy Woy PH: 4342 4122 FAX: 4341 2368 Email: gosford@parliament.nsw.gov.au

Folucation

Bandanas for sale

Empire Bay Public School is selling bandanas to aid Kids Cancer Canteen.

Available in a selection of bright designs, the bandanas cost \$ 4 and are available for sale in the school canteen.

The school will also organise Operation Christmas Child for the Samaritan's Purse this year.

This involves filling a shoebox with practical gifts for children living in poverty around the world.

Each stage will have a box to fill for a child of a similar age to their own.

Early Stage One will give gifts for a girl; Stage One for a boy; Stage Two for a girl; and Stage 3 for a boy.

Typical gifts are a cuddly toy, bangles, exercise books, pencils, sharpeners, tennis balls, yo-yo, shirts, underwear or soap.

Newsletter, 20 Oct 2010 Sharon McEvoy, Empire **Bay Public School**



Lunch with the girls

Brisbane Water Secondary College students have taken part in a program called "Lunch with the Girls".

The program targets 15 to16 year old girls and aims at inspiring young women to meet their full potential.

The 16 Year 10 girls were joined at Crown Plaza Terrigal by six local business women who volunteered their time to mentor the girls for the day.

The students took part in selfdevelopment workshops and sat down for a formal lunch with their

mentors.

The program encourages selfhelp in young women before they leave school to develop the skills and confidence needed to achieve personal success for themselves and their community.

This is the first time the program has run on the Central Coast.

"However the program has been running throughout the country with the 120 schools we work with," said coordinator Dyan Thais from the Beacon Foundation, which organises the program.

Fact sheet, 20 Oct 2010 Dyan Thais, Beacon Foundation

Water issues awareness

understanding of water issues in Australian communities." said Gosford mayor Cr Laurie Maher. "This year the theme of the

week is water ambassadors. "The Australian Water

Association is launching a national ambassador program water to work with schools and local

communities to improve water literacy.

"Councils want to make sure everyone on the Central Coast remains water smart and one of the best ways to do this is by educating our children," he said. Media release, 19 Oct 2010

Megan Low, Water Authority

Information about funerals

Kinder Start

Pretty Beach Public School is running its Kinder Start program which began on October 19 at the school.

Principal Ms Deborah Callender said: "Our new Kinders for 2011 arrived eager to participate in songs, games as well as practising their writing and cutting skills.

"In coming weeks, the children will be visiting classrooms to become familiar with the students and teachers".

New Kindergarten parents have been invited to the school for morning tea on November 16.

Community Cent

Newsletter, 21 Oct 2010 **Deborah Callender, Pretty Beach Public School**

A free information session about funerals was held for local women on October 20.

and

Councils' Water Authority

will be visiting Ettalong

Primary School on Thursday,

November 28, to raise

awareness for National Water

Wyong

Week is

community

Gosford

Week 2010.

about

"National Water

improving

Ms Jan Thompson, manager of the Allan Maidment Chapel and Woy Woy Simplicity Funerals presented a talk on Everything You Ever Wanted to Know About Funerals at the Peninsula Women's Health Centre.

Ms Thompson has seen many changes in the funeral business over the years, including more women working in the industry.

"Gone are the days of the man

dressed in a big tall black hat and black tails looking mournful," Ms Thompson said.

"With the coming of the baby boomers, things have changed.

"Planning for your funeral is more common and incorporating new and interesting ways of celebrating peoples' lives is achievable.

"Simplicity Funerals was developed over 30 years ago and has over the years learnt to move with the times and offers a service to suit today's needs.

"For example, pre-organising or pre-paying for your funeral is not only a way of saving money, but more importantly it is peace of mind."

For more information, call the Peninsula Women's Health Centre on 4342 5905.

The Peninsula Women's Health Centre is located at 20A McMasters Rd, Woy Woy.

Press release, 5 Oct 2010 Kate Bradfield, Peninsula Women's Health Centre

WINSULA & DISTRIC

tamily DAYCARE

Students in top 100

Two students from Empire Bay Public School have scored in the top 100 in a maths competition open to students across Australasia. principal School Sharon McEvoy said Year 5 and 6 students had participated. "Brad B of Year 6 was ranked 29th out of all the Year 6 students and Hamish H was ranked 95th. "The results of these two students exceptional are considering that the competition is open to students from Australasia, not just Australia" said Ms McEvoy. Newsletter, 20 Oct 2010 Sharon McEvoy, Empire **Bay Public School**



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Prizes awarded at art show

The Rotary Club of Umina Beach has presented its fourth annual Portrait Prize and Art Exhibition.

Almost 100 works from professional artists, sculptors and senior high school students were exhibited over the three days of the October long weekend.

On the opening evening, attended by over 100 visitors and artists, prize winners were announced in four categories.

Bands at Wagstaffe

Wagstaffe Hall will host bands Mary's Boy and Perpetual Blues Machine on Sunday, November 21, to raise money for the Bouddi Society.

Mary's Boys is a small band made up of members from the U-Bouddi Swing Band playing jazz standards from the 1950s and 60s.

The band features Peter Brasche on guitar, Rob Himbury on drums, and Joy Park on flugel.

Lorant Gacsay from MacMasters Beach is on guitar, Brian Findlay on trumpet and Ian Hayden on bass and from Avoca, Mary Wood on saxophone.

Perpetual Blues Machine will feature Les Dupont-Louis on acoustic finger style guitar and Chris Dick on Blues Harp and percussion as well as main vocals and harmonies.

Newsletter, 19 Oct 2010 David Dufty, Bouddi News

Winner of the portrait prize was Julie Duell for her "Portrait of Tony", while the open art prize was won by Greg Coates for "Home at Last".

A sculpture with a surfing theme, "Morphing Barrels" won the sculpture prize for John Fitzmaurice, and Isabelle Sanosi from Gosford High School won the student prize for "Ashleigh".

All works presented were praised by judges Graham Balchin and Wilhemena Vaccatti who commented on the improved standards of works exhibited.

Funds raised from the exhibition will allow Umina Rotary to make a donation of \$4000 to Coast Shelter. Press release, 15 Oct 2010 Pat Lewis, Rotary Club of Umina







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Jut and About

Exhibition for Darren

the works of Phegans Bay artist Darren Carney who died recently of stomach cancer, aged 41.

The exhibition will be held at Gosford Regional Art Gallery on October 26, 27 and 28, and will raise money for his young family.

Artwork of his partner Jo Brannigan and his two daughters will also be exhibited.

All works will be for sale. Darren was a talented animation

An exhibition is to be held of artist and contributed to MAD magazine and TV commercials.

> Examples of his work can be views at http://carneylife2008. blogspot.com.

> Raffle tickets will be sold and donations may also be made on entry to the exhibition.

> Anyone who would like to make a donation but cannot attend the exhibition, should contact Vanessa Henderson on 4341 4553.

Email, 19 Oct 2010 Vanessa Henderson, Bays **Resident's Art Exhibition**

Mousetrap rights Woy Woy Little Theatre has rights have been released in Australia and coincides with the secured the rights to perform 60th anniversary of this play which the famous Agatha Christie

opened in 1962," Ms Horne said. play The Mousetrap for next "The performing rights will not be available in Australia until Theatre group publicity officer September, 2011, and will only last Ms Patrice Horne said the famous until December, 2013.

"During this period Woy Woy Little Theatre will be celebrating its own 50th anniversary and this

Little Theatre is first to get

play, which will open in October next year, is the ideal lead-up for our celebrations."

Ms Horne said the play would be written for Peninsula audiences by the theatre group's president Ms Barbara Hickey.

Email, 1 Oct 2010 Patrice Horne, Woy Woy Little Theatre

Prizes at art competition

Three members of the Ettalong Beach Arts and Crafts Centre have each won a prize in the Grandma Moses art competition held at the Gosford Regional Gallery recently.

Watercolour tutor Ms Judith Hoste won a highly commended prize for her work Early Morning Bensville in the Central Coast Inspired section.

Ms Adrienne Evans from the centre's oils and acrylic class was commended for her work Grass Tree Grove while the centre's president Ms Thel Browne was commended in the Open section for her work Megalong Valley.

"It makes Ettalong Beach Arts and Crafts Centre proud to know that we have students and tutors



Getting off drugs is torture.

who are able to participate in art shows and come away with these prestigious prizes," fellow member Ms Dorothy Mulholland said.

Newsletter, 6 Oct 2010 **Ettalong Beach Arts** and Crafts Centre The Disease Proof Your Life movie seminar series will screen the untold story of international psychotropic drugging this month.

year's theatre season.

58 years.

play was performed non-stop in

London's West End for more than

"This is the first time amateur

Making a Killing is the next film screening for Think More Raw and tells the story of the \$330 billion psychiatric industry without a single cure.

"The cost is even greater," according to event coordinator and Think More Raw founder Ms Jenny Taylor.

"These drugs now kill an



Health movie series continues

estimated 42,000 people every year and the death count keeps rising.

"This documentary contains more than 175 interviews with lawyers, mental health experts, the families of victims and the survivors themselves."

The documentary will be screened at Cinema Paradiso in Ettalong from 7pm on Monday, October 25, and costs \$15 to participate.

Every ticket holder also receives a free copy of the film valued at \$30.

Bookings are essential and can be made by calling 0417 206 935. Press release, 5 Oct 2010 Jenny Taylor, Think More Raw



\$8 movie tickets with any main meal.

Sundays - Dinner & Movie, \$5 movies with a main meal.

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Directorv

Animal Care

Animal Welfare League (ADS) is a not-for-profit organisation giving aid and financial assistance to sick and injured animals andfinding homes for surrendered dogs. Meetings 2nd Tues ea month, Spike Milligan Room Woy Woy Library, 10am. Debra 4344 4435. awlcentralcoast@ virginbroadband.com.au P.O. Box 376, WOY WOY

Wildlife Animal Rescue and Care Society (ARC) (258) Rescues and cares for native wildlife in distress. www.wildlife-arc.org.au Free training. Meetings 3rd Sat ea month 1pm Wyoming Community Centre, Maidens Brush Rd 4325 0666 arc@wildlife-arc.org.au Art

Ettalong Beach Art & Crafts Centre (256) Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & **Pottery Classes** 4341 8344 info@ebacc.com.au

Central Coast Art Society (257) Meets for lectures, demonstrations and discussion. Weekly paint-outs ea Tues at varying locations 4369 5860. Workshops 9.30am 1st & 3rd Wed ea month Gosford City Art Centre 4363 1820. Social Meetings 1.30pm 4th Wed ea month, for demonstrations 4325 1420 publicity@ artcentralcoast.asn.au PO Box 4168 East Gosford

Community Activities

Cash Housie (269c) 50 Games Held every Sat night St Mary's Hall, Ocean View Rd Ettalong Beach, Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds to Woy Woy Catholic Parish. wwcphousie@hotmail.

community activities 4343 1929 Umina Public School Sydney Ave

Peninsula

Community Centre (256c) Cnr Ocean Beach Rd & McMasters Rd Woy Woy Child Care - Before & After School, Vacation, Family, Day & Occasional Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and muliticultural support Children - Little Kickers, Indian Dance, Playgroups, KindyGym, Teenagers - "The Web" Youth Support Services. Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help, Post & Pre Natal Exercises. Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control. Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk,

Discussion Groups. Function & Meeting Rooms for 2 to 500, catering facilities avail. See www.pccinc.com.au 4341 9333

Ettalong 50+ Leisure & Learning Centre (262) Mon to Fri Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness Handicrafts, Leatherwork Line Dancing, Painting Scrabble, Table Tennis Tai Chi, Yoga, Darts 4341 3222

Gosford 50+ Leisure and Learning Centre (formerly Senior Citizens) (262) Handicraft, Leatherwork, Painting, Knitting, Tai Chi, Scrabble Darts Table

funding and high standards. Meetings throughout the year + social coffee afternoons Guest speakers 4333 8107 jhale@tac.com.au;

Endeavour View Club 1st Mon ea month Woy Woy Leagues Club 10.30am 4344 3825

Fellowship of First Fleeters (259c) Create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet. Meet 2nd Sat ea month Wyong RSL 10am roy.kable@bigpond.com 4344 3876

Hardys Bay Residents Group (271c) Working for a positive & Healthy Environment in our Community allanbw@bigpond.com

The Krait Club (270c) Community Centre -Cooinda Village, Neptune St, Umina 10.30am Open to senior members of Woy Woy/ Umina Community Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips 4341 0698

Northern Settlement Services (257) Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days. Clients from all over the world enjoy time together. **Every Thur Peninsula Community Centre** 93 McMasters Road

Woy Woy - 4334 3877

Brisbane Waters Breakfast Toastmasters Club(273) Helping people to acquire skills in communication through the practice of the art of talking to an audience in a friendly non threatening setting. Meets monthly last saturday of the month except december at zita's restaurant, 18 The Boulevarde, Woy Woy. 4324 3653 - 0459 240 183

Monthly Meeting -3rd Mon, 7.30pm at Wagstaffe Hall PO Box 4069, Wagstaffe 4360 2945 info@wagstaffetokillcare.org.au Vietnam Veterans', Peacekeepers' and Peacemakers' (259) Assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong.

Mon & Wed 9am-1pm 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong

Volunteering Central Coast (270c) Refer potential volunteers to community orgs. Support both volunteers and community orgs. Offer training for volunteers and managers of volunteers. We interview potential volunteers and refer them to their choice of volunteer roles. Offer regular general info sessions at Woy Woy. sharanpage@ volunteeringcentralcoast. org.au - 4329 7122

Community Restaurant

Mary Mac's Place (262) Providing hot, freshly cooked meals Mon to Fri 11am-1pm in a welcoming, friendly environment with support, information and referrals to appropriate community services. marymacs@woywoycatholic.org.au PO Box 264 Woy Woy 4341 0584

Disabled Services

Riding for the Disabled (257) Horse Riding as a therapy for those with intellectual or physical disabilities Volunteers always required No Previous experience Necessary - School hours only - Mon to Sat 4340 0388 stateoffice@rdansw.org.au Environment

Woy Woy - 4341 5881

Overeaters Anonymous (OA) (247c) 12-step fellowship helping those suffering from eating disorders i.e. compulsive overeating, bulimia, anorexia. No dues, fees, or weigh-ins. Peninsula Corn. Cntr, cnr. Mc Masters Rd & Ocean Beach Rd. Woy Woy, MTG Room 5 Fridays 7:30- 8:30pm www.oa.org Ph: 0412 756 446

Marine Rescue

Central Coast Unit (256) Marine Education Courses: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. 4325 7929 Boat Licence Testing on one Sat ea month 4325 7929 www.coastalpatrol.org.au www.coastalpatrol.org.au pr.centralcoast@ marinerescuensw.corn.au PO Box 6058, West Gosford

Music

ASC Songwriter Assist (258) Regular activities and events for anyone interested in the craft and business of song writing 0412 149 094 www.ascsa.org.au info@ ascsa.org.au

Retirement Centre

Peninsula Village (257) Not-for-profit, community owned, retirement centre caring for aged residents on the Peninsula in self care hostel and nursing home accommodation 4344 9199

Service Clubs

Rotary Club of Woy Woy (259) A fellowship of business, professional and community leaders through which the club provides service to

improve the lives of young people and those in need in our community and abroad. **Everglades Country Club** ea Wed 0409 245 861. curleys@ozemail.com.au

Sport

Woy Woy Judo Club Great for fun, fitness, female self defense or the competitive CLASSES min age 7 Tue & Fri - 5.30 to 7.30pm try a free session! E.S.C.C. Cnr Broken Bay Rd & Karingi St, Ettalong 0434 000 170 www.wwjc.org.au

Women's Groups

Country Women's Association Woy Woy (257) Friendship Mornings 1st and 2nd Wed 10am Monthly Meetings 4th Wed 12.30pm 4324 2621

Gosford RSL Women's Auxiliary (272) 0412 773 441

Peninsula Women's Health Centre (2605) A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy; printed information and resources 4342 5905 Wed and Thur 9.30am to 3pm - 20a McMasters Rd, Woy Woy www.ccwhc.com.au pwhc@cccwhc.com.au

If you would like your Community Organisation listed here, see www.duckscrossing org/publications. html contact Peninsula News on

43257369

com

Community Centres

Beachside Family Centre (257) School-based community centre for families with children from birth to 8 years old. Offers a range of group programs and

Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Dancing, CPA, Womens Group, Crochet, Computer Class 4324 4749

Community Groups

Friends of the ABC $_{(257)}$ A support group for the Australian Broadcasting Corporation. Aims: safeguard ABC's political independence, adequate Wagstaffe to Killcare Community (256) Works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula and to strengthen community bonds

Peninsula Environment Group (260) Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

Health Group

Arthritis NSW (267c) Meetings 3rd Tues ea month Community Centre, Corner McMasters Rd and Ocean Beach Road,

others, promotes integrity and advances world understanding, goodwill and peace. Everglades Country Club Woy Woy, ea Tues 0412 065 098 secretary@woywoyrotary.org.au PO Box 175, Woy Woy NSW 2256

> Rotary Club of Umina (269c) An international service organisation of business leaders seeking to

It's **OK** to grieve.

If you or someone you know has been affected by suicide, talk to The Salvation Army HOPELINE, a 24 hour telephone counselling service for those left behind by suicide. 1300 HOPELINE (1300 467 354)



Dut and About



Band wins through to grand final

Peninsula band One Minute of Living has made it through to the grand final of The Battle of the Bands in semifinals held at Erina recently.

The four member band consists of Alec Sproule on vocals, Liam Johnson on lead guitar and backing vocals, Daniel Harding on rhythm guitar, Jake Rookes the bass man and Declan Sproule, the drummer.

"These guys were ecstatic when they heard their names called to go through to the finals," said Mr Kevan Harding, father of band member Daniel Harding.

"As always, the competition was strong and each of the bands had 30 minutes to show what they had to offer.'

The bands Sky Squadron, Before the Lights and One Minute Of Living won through to the grand final to be held from 6.30pm on November 5 at the Hub at Erina Fair.

"The talent of bands on the Central Coast is second to none.



venues such as the Hub, you don't realise how good they all are. "Song writing, music compositions, rock, indie, pop, metal you name it, they do it, and the ages of these guys are as young as 13." said Mr Harding.

"I would just like to say thank you to the people who came to see these bands. Without them, the Battle of the Bands would not be what is today.

Media release, 14 Oct 2010 Kevan Harding, One Minute of Living

The Peninsula Diary

For events in post code areas 2256 and 2257

29 October

Woy Woy Little Theatre's performance of Spider's Web by Agatha Christie begins and runs until November 14, Peninsula Theatre

30 October

Jewellery-making workshop, Ettalong Beach Arts and Crafts Centre, 10am

31 October

Woytopia sustainable living festival, Woy Woy South Public School, 10am – 4pm, Free

That's That live performance, Randall's on the Beach, Killcare, Free

Car Boot Sale, Rogers Park, Woy Woy, 9am - 1pm, Free

2 November

Woy Woy Little Theatre auditions for The Underpants, Peninsula Theatre, Woy Woy, 7.30pm

3 November

Beach, Killcare, Free

6 November

Salvation Army Fete and Harvest Festival, 9 Sydney Ave, Umina, 10am - 3pm, Free Peninsula Village Family Fun

Day, 11.30am Free

7 November

Blues Angels live performance, Randall's on the Beach, Killcare, Free

8 November

Next edition of Peninsula News published

9 November

Central Coast Art Society Paint Out Memorial park Woy Woy Free

10 November

Golden Oldies pre-1960s reunion, Ettalong Bowling Club, 11am

12 November

Umina Beach Surf Club, 11.30am That's That live performance, Randall's on the Beach, Killcare, Free

15 November

1-2-3 Magic parenting course Beachside begins, Family Centre, Umina, 7pm, Free

18 November

Usual Suspects live performance, Randall's on the Beach, Killcare, Free

21 November

Bouddi Society Concert, Wagstaffe Hall Blues Angels live performance, Randall's on the Beach, Killcare, Free

27 November

Ettalong Beach Arts and Crafts Centre Christmas exhibition, Peninsula Community Centre, Free

28 November

Charity Barometer \$76,831 2010/2011

The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every year.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.

\$4000	Rotory Club of Umina Beach \$4,000 to Coast Shelter
\$2000	Woy Woy South Public School \$2,000 for School
	Equipment
\$10,172	Ettalong Public School P&C \$10,172 for Ettalong
	Public School
\$1257	Peninsula Village \$1257 from its annual art and craft
	show
\$4000	Pearl Beach Progress Association \$4000 for Umina
	PCYC
\$9800	Pearl Beach Progress Association \$9800 for Central
	Coast Lifeline and the Pearl Beach hall fund
\$7000	Mingaletta Aboriginal and Torres Strait Islander
	Corporation raised \$7000 from its last month's
	fundraising activities to purchase new items
\$4300	Rotary Club of Umina Beach \$4300 for Religious
	Education Ministries at Brisbane Water Secondary
	College
\$1000	Ettalong Beach Club \$1000 for Blackwall Guides
	Support Group
\$7950	NRMA Insurance \$7950 for Umina PCYC
\$3000	Football Federation of Australia and NAB \$3000 for

"Until you get out into these

Triple P Positive Parenting Program begins, Beachside Family Centre, Umina, 10am -12noon, Free

4 November

Woy Woy Little Theatre auditions for The Underpants, Peninsula Theatre, Woy Woy, 7.30pm

Mingaletta Annual general Meeting, Sydney Ave. Umina Free

Usual Suspects live performance, Randall's on the

Brisbane Water Oyster Festival Ball, Ettalong Beach Club

13 November

Care Flight charity gala dinner, Ocean Beach Surf Club, 7pm Fashion Parade, Fudge's Boutique, Woy Woy 1.30pm

14 November Water Brisbane Ettalong Festival, foreshore, Free 2010 Yoga Aid Challenge,

Ettalong Beach Arts and Crafts Centre Christmas exhibition, Peninsula Community Centre, Free

That's That live performance, Randall's on the Beach, Killcare, Free

3 December

Oyster

Beach

Autism Spectrum Disorder workshop, Beachside Family Centre, Umina, 9.30am 3.30pm, Free

Umina United Football Club

\$600

\$2164

\$1304

\$2600

\$700

\$400

\$400

\$1588

\$7000

\$6900

Woy Woy P&C \$600 for Woy Woy Public School library Ettalong Beach P&C \$2164 for Ettalong Beach Public School

School Fun Run \$1304 for Wallaby St Weenies Preschool

Umina Junior Cricket Club and Woy Woy Junior Rugby Union \$2600 for McGrath Foundation Pretty Beach P&C \$700 for Pretty Beach Public School Peninsula Village \$400 for Lifeline Australia Ettalong 50+ Leisure and Learning Centre \$400 for Arthritis NSW

Ettalong Public School P&C \$1588 for Ettalong Public School

Empire Bay Public School \$7000 for MS Read-a-thon Woy Woy McDonald's \$6900 for Ronald McDonald House Charities

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

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Woy Woy South Wipeout

Parents and Citizens Committee at Woy Woy South Public School will be running the Woy Woy South Wipeout as a fundraising event on Friday, November 19.

Robert

Phone

The event will consist of a circuit of activities in the school grounds.

The children will progress through these activities as many times as possible within a set period.

All activities will involve water being sprayed and splashed on the children.

Before the event, the children will be asked to gather sponsors and prizes will be offered for the most money raised by a girl, boy and a class.

Newsletter, 19 October, 2010 Terry Greedy, Woy Woy South Public School

Vouchers total 32,200

the school.

has thanked everyone who supported both thelocal campaign at the Bi Lo Supermarket in Umina and the Coles/Bi Lo Sports for Schools Promotion.

"At last count we had 32.200 sport vouchers an incredible result!" said principal Mr Colin Wallis.

"We encourage families to keep collecting their vouchers and return them to school.

"The campaign still has three weeks to go" said Mr Wallis

Newsletter, 19 Oct 2010 Colin Wallis, Ettalong **Beach Public School**

Ripper reading

Pretty Beach Public School has introduced Ripper Reading а program to promote a love and habit of reading.

Students from Years 3 to 5 have participated in reading activities while the students from Kinder, Years 1 and 2 have read to Year 6 students.

selected books appropriate to their reading levels to ensure consistency throughout the school reading program" said principal Ms Deborah Callender.

Newsletter, 21 October, 2010 Deborah Callender, Pretty **Beach Public School**

Why do more Peninsula based businesses advertise in **Peninsula News** than in all the other mediums combined?

- 1 Peninsula News only carries articles about the Peninsula, directly targetted at Peninsula residents
- $\mathbf{1}$ Peninsula News only has a maximum average of 35% advertising making all advertisements more visible
- 1 Peninsula News has a long shelf life (2 weeks) giving readers time to complete the paper and see all the advertisements before receiving another one
- \checkmark Peninsula News is seen by the community as their newspaper and advertisers are seen as sponsors
- 1 Peninsula News reaches all Peninsula families with school children, a very important target market
- All copies of **Peninsula News** are picked up by 1

"Students



Plumbing

Umina Beach Plumbing

All aspects of plumbing: Drainage and Gasfitting Domestic and Maintenance Works Installation of rainwater tanks 4344 3611 0402 682 812 Lic 16423

Friday 12th November Charity Golf Day On behalf of **Riding for the Disabled Central Coast Centre** start - 7.15am for 8.00am hitoff - 4 person Ambrose Longest drive - Nearest the pin - Great prizes! Cost \$30.00 per person includes lunch Book at Pro Shop and all enq: 02 4373 1075 Mangrove Mountain Golf club Book early to not be dissapointed

0412 773 441



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0439 589 426

ons Apply - No work over \$10

Peninsula News now on 4325 7369 Peninsula Community Access is printed on 100% recycled paper products, even the ink is made from vegetable matter. So when you're done reading this paper please recycle it or give it to someone else to read

1

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Ring

interested readers only, eliminating wastage and wet weather problems

Newspapers are more effective as an advertising medium than radio, TV or cinema because people do not have to remember information. It is there for them to refer to in detail at their leisure

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Why not get the most out of your advertising dollar?

Give us a call on 4325 7369

History & Forum

The first car in Patonga

In the mid-30s, the Williams family received an old Essex car on one of the regular cargo boats deliveries.

It was about a 1926 model, cut down with a tray on the back and was used to convey all goods received to their store from the jetty.

It was started by a crank handle. Dick Williams started the vehicle for the first time on the wharf.

Once in gear, Betty Williams jumped on the back and said to me: "Come on and have a ride on the first car in Patonga", which I did, and it gave me great pleasure to participate.

Patonga had no road access, and the only communication was the ferry service started by the Windybank family, running to and from Brooklyn, meeting the morning north-bound train, and the south-bound in the afternoon.

They ran three ferries, the Cowan, Gloria and Swanhilda.

The Gloria was the flagship, larger than the others, with two decks and used in busy periods such as Christmas and school holidays.

She was taken over by the navy in World War II and sent to New Guinea where she was used as an evacuation vessel for wounded troops and was eventually sunk by the Japanese. Not only passengers, but meat from the Brooklyn butcher, mail and other freight from the railway were carried seven days a week.

Windybanks also provided a shopping service for a modest charge for items unavailable from Williams store.

Williams also obtained the post office agency as well as that of the Commonwealth Bank.

As buildings were erected, some were little more than "holiday shacks", and when not required by the owners, they were placed in Williams hands for letting purposes, so this store also encompassed an estate agency.

It would have been about 1934 that EW (Ernie) Williams passed away.

I vaguely remember him, but have a greater recollection of the Williams family later on when Dick Williams returned to assist.

For a period after his father's death, he returned to his Sydney employment with a fledgling airline called Qantas, where he was in a junior management position.

It was at this stage that he went and studied a book keeping system at the same time as my sister Joyce, and though they had known one another most of their lives, this kindled the friendship that ultimately brought about their marriage.

Dick eventually had to resign his Sydney position and assume control of the family business. This would have been about 1938, and my sister used to visit on weekends

Two other grocery stores were eventually opened opposite the now war memorial, one earlier by Syd Deacon and the other later by Bill Hamilton.

Patonga was not just being settled by pensioners, and holiday shacks, but substantial homes were erected by others wanting to retire or holiday to a beautiful quiet retreat.

Most building allotments facing the front beach were unoccupied.

Apart from Witchards home, there was Stan Horsley and his wife Grace with daughters Patricia and Nell.

Further along were Wellands and Benekes then Clarrie and Tip Witchard, then the first two-storey home in Patonga belonging to the Rollason family.

He owned a successful business in Sydney, importing precious metals and gem stones for the jewellery manufacturing trade.

Quite a few vacant blocks further along the beach was the residence of Bill Gunnee.

He was a retired fire brigade chief and had two sons and a daughter, Sam, Don and Billie.

The last house, nearest the bar, was a retreat for Sydney medico, Dr Blumer.

Another family to settle in the 30s was the Smedley's.

The two daughters, Marie and Alice, married Alan Windybank and Henry (Ned) Robinson respectively.

Ned and Alice remained there but, regrettably, Alan Windybank passed away shortly after the war.

Down Wharf Rd was Stan Hepple and his good wife, Dot. They had two sons, Brian and

Stan Jnr. Stan was the proprietor of the

Stanley Spring Company, located in Sydney and he used to commute over the road to Peates Ferry to

his place of business, and return weekends. When he disposed of his company, he established a very successful hardware store in Umina after the war.

Unfortunately, Brian passed away quite young.

Stan Jnr lives near me now in Queensland.

No doubt the most affluent residence of all was that of the Wilkes family.

It was established overlooking Patonga Creek and covered over one acre.

"Teddy" Wilkes was the founder of EF Wilkes & Company which had a large showroom in Castlereagh Street Sydney, and dealt in the radio business.

Radios were as scarce as hens' teeth in that era, as very few people could afford them.

They were a large part of household furniture and grew in popularity as did television in the 1960s.

Wilkes marketed the very best and most expensive in the Gulbransen brand.

The family used to drive by car from Sydney to Brooklyn where they had their own launch moored.

They then entered Patonga Creek and tied up at their jetty in front of their residence.

"Teddy" Wilkes also had a hobby in breeding exotic gold fish.

Unlike today, when goldfish are produced in massive glass tanks, large concrete ponds were built on the ground and these were the basis for Wilke's fish breeding program.

The manager, who also had a residence on the property, was Mr Bill Sampson.

As production increased, he packed orders and these were sent by ferry to Hawkesbury River railway to their destinations.

These fish tanks would get exceedingly hot in summer and the fish would stress, and some would die.

To prevent this, Wilkes planted avenues of macadamia nut trees for filtered shade.

As the nuts matured, these too were harvested and sent by ferry/ rail to selected customers. As children, we would pick the nuts hanging outside the fences and crack them with stones.

The macadamia industrv took off in Australia in the 80s, extending from the north coast of NSW to Queensland. It was however, a major industry

in Hawaii and California years before and is getting larger every year. Despite all this, and having seen these farms overseas, I believe I can safely claim that the very first commercial macadamia farm ever to exist was planted overlooking Patonga creek Roy Ewar, 2006

Bay loses its tranguility

Over the years Woy Woy Bay is losing its tranquillity.

Once the place was characterised by a peaceful beauty.

Increasingly the peace is being lost to the sounds of lawnmowers, whipper snippers and chain saws.

Sometimes they buzz, whistle and scream all day.

Then there are leaf blowers and on the weekends the relentless sounds of powerboats screaming around the waterfront.

A few weekends ago, an otherwise perfect Sunday was shattered when one resident ran a mulcher, whipper snipper and mower for the entire day.

Another local resident chooses to irritate the hell out of the neighbourhood with a leaf blower on the weekends.

A broom would be equally effective and give the person wellneeded exercise too.

So now on the weekend when I want to relax, I need to go inside and shut all the windows for quiet.

Then it gets too hot and I need to switch on the air conditioner to keep cool.

Forum

Then I complain about the growing power bill.

Annoyed I can't listen to real nature anymore, I bought an enormous new flat screen so I could watch nature shows, and then my power bill gets even bigger.

The neighbours are now complaining about how noisy my air conditioner is.

They haven't heard the start of it yet, as I am going to buy some really irritating noisy garden tools on special to join in the general chorus of polluting, time wasting and irritating inventions.

I will start a competition to compare who can have the most irritating machine.

Actually, I think the best thing would be to get rid of all the moronic machines and then I can get rid of the air conditioner, the big TV, use less energy and enjoy the weekends again while getting exercise with the manual garden tools.

Forum

Letters to the editor

should be sent to:

Peninsula News

PO Box 1056,

Gosford 2250 or

mail@peninsulanews.asn.au

See Page 2 for

contribution conditions

Letter, 14 Oct 2010 Sandy Stone, Woy Woy Bay

No squashed animals

On behalf of all the animals of Brisbane Water National Park, I would like to squash the idea of a new road from the Sydney to Newcastle freeway to Woy Woy, before thousands more animals get squashed.

If and when Woy Woy Rd goes under construction, I think it is essential that a few animal overpasses be installed to help slow the weekly animal road toll. Letter, 13 Oct 2010

Ian Garradd, Woy Woy Bay

Decent living needed

The current mantra of growth and development is just a repeat of the old song, the rich get rich and the poor get poorer.

What is needed is a proper

In the news, the mega rich are giving away heaps to charities. Good.

Forum

hand have no power.

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development of gracious living and good farming with the automobile shut and demoted.

The politicians with their economic nerd advisors offer ghettoes and gridlock.

Cnr South and West Street

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The few decent politicians on

Why not also a few billion to decent urban and farm living? Letter, 11 Sep 2010

Keith Whitfield, Woy Woy



Umina's Finest Tobacconist & Darrell Lea Chocolates



SDOPT

Malibu results

The Ocean Beach Malibu Club competition was held on Sunday, October 10, at Umina Beach.

The competition went ahead despite the inclement weather in the days preceding the competition and "possibly the smallest surf for a contest this year", according to contest director Mr Craig Coulton.

"Although small, the first two heats had clean, glassy one to two foot waves.

"Halfway through the third heat, we were hit by a massive change, bringing with it rain squalls and howling wind, to the point where it required members to hold on to the tent legs to prevent them both flying away.

"With the wind preventing the barbecue from staying alight, a vote was taken and it was decided to complete round one then cancel round two and award surfers double the round one points," said Mr Coulton.

Garry Halliday's tenure at the top of the championship table was to be short lived with the return of Hayden Emery, who claimed a first round win giving him enough points to regain the championship lead, while Garry managed a second placing in his heat.

Tom Payne was placed second behind Kai Ellice-Flint in the second heat and Ben Orman.

Competitions are conducted at Umina Beach on the second Sunday of every month from February to November.

The next contest is scheduled for Sunday, November 14 at Umina.

Report, 17 Oct 2010 Craig Coulton, Ocean Beach Malibu Club



Swimming is offered

Woy Woy Public School is offering swimming to students from Years 2-6 during term: four.

The scheme runs for 10 consecutive school days and is an intensive learn to swim program, which develops water confidence,

water safety and survival.

Students who are unable to swim 25m unaided in deep water are eligible to apply.

The scheme focuses on nonswimmers in Year 2 but provides

for non-swimmers in Years 3 to 6. Students with special needs and students with disabilities are eligible to apply.

The full-time swimming teachers employed for the scheme

are Austswim qualified. Newsletter, 18 October 2010

Rob Steller, Woy Woy public school

The Umina Public School set boy's soccer team has th finished third in the state at the NSW PSSA soccer finals

at Spears Point. The team was hoping to add NSW champions to their list of titles, after previously being named Central Coast Champions and Sydney North Champions.

To qualify for the NSW PSSA soccer finals, the team had won

seven straight games throughout the year against schools from around NSW.

Soccer team is third in State

The boy's first game was against Kings Langley, a strong team which knocked out last year's winners in earlier rounds.

"With 10 minutes to go, we were 2-nil down when Mason Reineker scored a great goal to give us a chance," said coach Mr Michael Murphy. "Unfortunately with us pushing forward to equalise, we conceded on the break and eventually lost 3-1."

In the third place playoff, the game ended 1-1 with Wallsend South and Umina Public School awarded equal third place.

Email, 20 Oct 2010 Michael Murphy, Umina Public School

Water polo

Ettalong Beach Public School students Trixie Johnston and Caleb Alipate represented the zone at the Sydney North trials in water polo earlier this month.

Both students performed well and Trixie has been chosen to represent Sydney North in the Sydney North team at the state competition, said school principal Mr Colin Wallis.

"Our school certainly can boast a full range of sporting talent encouraged by our excellent sporting program."

Newsletter, 19 Oct 2010 Colin Wallis, Ettalong Beach Public School

Reps chosen

Two Woy Woy Public School students have been chosen to represent the Woy Woy Zone and the Sydney North Area in water polo.

Mimosa Henderson and Claire Gaffney were chosen from a group of 30 girls at the Sydney North Area Water Polo Trials, held at the Ryde Swim Centre earlier this month. "It was a very competitive field and the girls had to display both strength and skill to reach the final selection," said teacher Mr Rob Steller.

Newsletter, 18 October 2010 Rob Steller, Woy Woy Public School

Student showcase

Students of Woy Woy South

Woy Woy South will also





Public School will present Showcase 2010 to their families later this term.

The school's performance nights will be held on Wednesday and Thursday, December 1 and 2.

be supporting Breast Cancer Awareness Month with Pink Ribbon merchandise available for purchase in the front office. Newsletter, 12 Oct 2010 Terry Greedy, Woy Woy South Public School

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School captains Brad, Alexis, Harriette and Zachary with the Gold medallist Kevin Moore

Kevin returns with gold

St Hubert's Island athlete Kevin Moore returned home from the Delhi Commonwealth Games on Saturday, October 16, bearing a gold medal after being part of the winning 4x400m relay. Moore, 20, has been training for the Games since he signed with coach Larry Spencer at 14.

"What he did on Wednesday was pretty spectacular," said Mr Spencer about Kevin's performance in the 400m relay. Mr Spencer said Kevin's

emotional maturity, strength and

attention to detail was what set him apart from other athletes.

"He wouldn't make any decision without considering the impact on his performance which is difficult for a 20 year old."

> Kaitlin Watts, 20 Oct 2010 Interviewee: Larry Spencer

Former local wins League awards

Former Woy Woy Rugby League Football Club player Akuila Uate has been named as Dally M Winger of the Year and Top Try Scorer at this year's Dally M Awards.

The Newcastle Knights winger and former Brisbane Water Secondary College student received the two top honours at an awards ceremony in Sydney on September 7.

Uate grew up in a small village on Fiji's coral coast and came to Australia to live with his father and step mother in Woy Woy at age 15.

It was not long before the young Fijian was playing football with Woy Woy Roosters before being snatched up by the Newcastle Knights.

Clare Graham, 8 Sep 2010

Ocean Beach lifesavers come in third

Ocean Beach Surf Life Saving Club has come third at the NSW Endurance Championships, held at Palm Beach on Saturday, October 16.

NSW's best surf sports competitors kicked off the season in extremely tough conditions, with strong winds and large surf, according to Ms Arielle Bird from the club.

Some of the state's iron men and womenuse the longer format races as a warm up for the Coolangatta Gold and the Kellogg's Nutri-Grain series, she said.

One of the star performers on the day was Keelan Bridge, from

Ocean Beach, who took out the under-17 Male Surf Race after leading from start to finish, and the Open Male Run Swim Run.

Other top performers on the day were Helen Krucler, from Umina, who placed third in both the under-15 Ironwoman and under-15 Female Surf Race.

The Gasparotto sisters, Elyssia and Alessandra, from Ocean Beach, placed second and third respectively in the Open Female Run Swim Run.

Alessandra also placed second in the under-15 Female Surf Race. Media release, 18 Oct 2010

Arielle Bird, Ocean Beach SLSC

Life savers attend festival

Members of Umina Beach and Ocean Beach Surf Life Saving Clubs attended the East Coast Surf Festival on Saturday, October 23, at North Cronulla beach.

Umina Beach had three under-15 members competing - Teigan Miller, Helen Krucler and Alex Whitney - who each participated in individual swim, board, sprint, flags and iron person as well as in the open (mixed gender) under-15 board relay.

Helen Krucler competed at the State Endurance Championships at Palm Beach on Saturday, October 16, and took home a bronze medal in the 2km swim, fifth place in the 4km board paddle, and another bronze medal in the extended iron person.

All three competitors from

Umina Beach also competed in the Central Coast Interbranch Selection Carnival at Ocean Beach on October17.

Teigan finished second in the swim, third in the board and second in the Iron person and Helen finished first in the swim and third in the iron person.

Kaitin Watts, 20 Oct 2010 Interviewees: Carl Krucler Media Release, 20 Oct 2010 Greg Danvers, East Coast Surf Festival

Preschool raises \$1300

Staff and students from Wallaby St Weenies Preschool in Blackwall have raised more than \$1300 as part of a fun run recently.

The money raised from the event will go to purchasing a new microphone and speaker box.

The highest fundraiser on the day raised \$214, according to event organiser Ms Jennifer Toomey.

Ms Toomey said she was extremely proud of the way the

children took part and supported the fundraising event.

Wallaby St Weenies Preschool is now in with a chance to share in \$16,000 of prizes.

The School Fun Run program is designed to encourage schools and community groups to raise money while encouraging students to participate in healthy outdoor activities.

Press release, 9 Sep 2010 Erika Hanratty, The Fundraising Group



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Gold medals in judo

Woy Woy Judo Club has secured two gold medals in recent competition.

Kayla Wells competed in the NSW Kyu Grades at Olympic Park, Homebush, on September 17.

Due to the number of competitors, the tournament committee decided to combine all weights into an open event.

Kayla fought three other competitors, who were all Blue Belts.

Her first competitor was from Sydney University and Kayla quickly got her to the ground and initiated a hold down.

The second bout against a member of University of NSW saw Kayla throw her opponent with a very fast o guruma (leg wheel throw) and in her final bout a powerful o soto gari (leg throw) against Rebecca Steward, representing Ren shin do Judo Academy in Gosford.

On the same day, Daniel Simmons, Sho Dan, was competing in the South Australian International Open in Adelaide.

Daniel was in a field of eight competitors in the Men's under-73kg division.

His draw had him wait for the first repechage winners to come

through, resulting in a brown belt, green belt and a Ni Dan (second degree black belt) remaining.

Daniel defeated all his opponents within the first minute of each bout.

The brown belt was thrown with o soto gari (leg throw), the green belt with a uchi mata (inner thigh throw) and the final bout for the gold medal with seoi nage (shoulder throw) against Shusuke Toden (second Dan) from South Australia.

The South Australian International Open attracts national points and as a result of Daniel's win he is now ranked sixth in Australia.

Kayla continues to impress the National Judo Body after winning a gold medal at the Oceania Junior Championships in August.

She has been selected to represent Australia at the World Cup in Apia, Samoa, in November.

Woy Woy Judo Club trains every Tuesday and Friday night in Ettalong.

For further information, phone Lindy Simmons on 0434 000 170. Email, 20 Oct 2010 Lindy Simmons. Woy

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