

The Peninsula votes Labor

The majority of Peninsula voters favoured the Labor Party on a two-party preferred basis, according to polling figures released by the Australian Electoral Commission.

The Labor Party gained a total of 10,957 first preference votes at the August 21 Federal election, while the Liberal Party achieved 9713 and the Greens 2149 on the Peninsula.

A total of 26,182 votes were cast at Peninsula polling places making up more than 33 per cent in the seat of Robertson, according to AEC figures.

With 96,593 registered voters in Robertson, 79,990 votes had been counted late on Friday, August 27, with 17.19 per cent of votes still to be counted.

Of the 16 polling places on the Peninsula, the most popular polling place on Election Day in terms of total number of votes cast was Ettalong Public School with 2932 formal and informal votes.

Empire Bay and Woy Woy South public schools were also popular recording 2805 and 2574 votes respectively.

The quietest polling place on the Peninsula was Patonga Progress Association with 204 formal and informal votes next to The Bays Community Hall with 313 votes.



Peninsula voters turn out at Brisbane Water Secondary College Woy Woy Campus polling booth on August 21.

The Woy Woy Pre Polling Office in Blackwall Rd recorded 3991 votes for this year's Federal election.

Of the 26,182 votes cast on the Peninsula, 1754 votes were

recorded as informal making up 6.69 per cent of the total Peninsula voting count.

The number of informal votes cast on the Peninsula made up 35.9 per cent of the total number

of informal votes cast within the Robertson electorate.

On a two-party preferred basis, the Labor Party holds 13,402 votes compared to the Liberal Party's 10,660 votes on the Peninsula, as

at August 27.

Electorate-wide, the Labor Party holds 38,588 votes to the Coalition's 36,542, accounting for a 1.3 per cent swing to Labor.

The greatest number of votes supporting Liberal candidate Mr Darren Jameson on Election Day was cast at Empire Bay Public School with 1256 votes.

Meanwhile, Ettalong Public School recorded the greatest number of votes in support of the Labor Party candidate Ms Deborah O'Neill with 1242 votes.

The Woy Woy Pre Polling Vote Centre also recorded strong support for both major party candidates with Labor seeing 1687 votes and Liberal 1646 votes prior to Election Day.

Ettalong Public School recorded the most number of first preferential votes to The Greens with 222 votes counted.

The greatest swing against the Labor Party was seen at Pearl Beach with a 5.66 per cent swing, where The Greens maintained one of their best results with around 18 per cent of the vote.

The greatest swing against the Liberal Party on the Peninsula was recorded at Patonga with a 3.48 per cent margin.

**Clare Graham, 27 Aug 2010
Website, 27 Aug 2010
Australian Electoral Commission**

Election result 'still not clear'

Voters in the seat of Robertson are still waiting for a result from the August 21 Federal election.

With thousands of votes still left to count in Robertson, a Labor victory is still not assured, according to Labor candidate for the electorate Ms Deborah O'Neill.

As Peninsula News went to print on August 28, and with 82.8 per cent of votes counted, the Labor Party was ahead of the Liberal Party by 2136 votes on a two-party preferred basis.

Results so far show Labor at 38,588 votes and Liberal at 36,452, suggesting a 1.3 per cent swing to Labor.

"While we all await a clearer picture of the outcome, I want to thank the people of the Central Coast who have kept faith with the Labor Party," Ms O'Neill said.

"In Robertson, we ran a long, positive and clean campaign, and

made ourselves accessible and accountable to the community at every opportunity.

"We offered them hope for the future - better access to a doctor though a GP Super Clinic, a National Broadband Network, and the chance of a quality education for all our kids.

"If I am the next Member for Robertson, I will be working with passion and determination to protect this great part of the world where we live, and repay that faith that Central Coast voters have showed in us.

"I really hope I will be able to deliver on that commitment to the Central Coast as part of a new Gillard Government.

"The people of Robertson have spoken and I can assure them I'll keep listening closely to what they have to say."

**Press release, 22 Aug 2010
Deborah O'Neill, Labor candidate for Robertson**

Housing costs on the Peninsula remain comparatively low, despite some big rent and house price increases.

Rents have increased over the year to June by around 13.3 per cent, or \$40 a week, on three-bedroom homes in the 2257 postcode area to a median of \$340 a week, according to figures released by the Department of Housing.

The figures show an increase over the year to March of 28.7 per cent in the median sales price of dwellings in the 2256 postcode area to \$390,000.

However, the figures also show rents and house prices on the Peninsula remain below the state

average and on a par with Gosford as a whole.

Including both flats and houses, the figures showed two-bedroom rentals in the 2256 area at \$270 a week (up 8.0%) and in the 2257 area at \$260 (up 4.0%).

This compares to the median for the Gosford municipality of \$270 (up 8.0%) and the NSW figure of \$350 (up 7.7%).

Three-bedroom homes in the 2256 area were \$330 (up 4.8%) and in the 2257 area were \$340 (up 13.3%), compared to Gosford at \$340 (up 6.3%) and NSW \$350 (up 9.4%).

The median figures for Sydney's Greater Metropolitan Region were \$410 (up 5.1%) for two-bedroom homes and \$420 (up 7.7%) for three-bedroom homes.

The figures for sales of dwellings showed a median price of \$390,000 (up 28.7%) in the 2256 postcode area and \$375,000 (up 11.9%) in the 2257 area.

These compare to figures of \$385,000 (up 10.0%) for Gosford as a whole, \$418,000 (up 4.1%) for the State, and \$460,000 (up 18.3%) for the Greater Metropolitan Region.

The rent figures were based on bond lodgements with the Office of Fair Trading over the year to June, while the sales prices were derived from land transfer notices lodged with the NSW Land and Property Information division for contracts signed in the year to March.

**Website, 25 Aug 2010
Housing NSW**

Competitions - Win Win Win Your chance to win!



Peninsula News is giving one reader the chance to win a tool prize pack thanks to Campbell Building Materials and Home Hardware in Woy Woy.

The prize pack, valued at \$50, is to celebrate Father's Day on September 5.

To enter, simply write your full name, address and phone number on the back of an envelope

and send to: Peninsula News, Campbell's Home Hardware Father's Day Competition, PO Box 1056, Gosford NSW 2250 before Thursday, September 9.

The winner of our last competition was Ms Karen Symington of Umina, who has won a meal for four people at Randall's On The Beach in Killcare.

Clare Graham, 27 Aug 2010

August is likely to end with less than half its average monthly rain.

With only a millimetre or so recorded over the last fortnight, 30.5mm recorded in the first two weeks of the month, and fine weather predicted, rainfall is unlikely to reach even half the August average of 81.7mm.

Meanwhile, temperatures recorded by www.peninsulaweather.info during the month have ranged from an

overnight low of 5.4 degrees on August 17 to a high of 26.9 on August 19, the highest in three months.

Highest daily minimum was 14.1 recorded on August 18 and lowest maximum was 15.8 on August 10.

Wind and air pressure in the last two weeks have not reached the extremes of earlier in the month, where pressures ranged between 998Hpa and 1025Hpa and wind gusted at up to 52.9km/h.

Spreadsheet, 13 Aug 2010
www.peninsulaweather.info

Peninsula News

Community Access

Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Abduction was made up

A nine-year-old Woy Woy student has confessed to fabricating an abduction story near her school bus stop in Blackwall Rd on August 12.

Police reported that around 3pm, the young girl was walking alone to her school bus stop in Blackwall Rd, Woy Woy, when she was allegedly grabbed around the waist by an unknown man and carried to a black 4WD.

The girl told police she was placed in the back seat of the vehicle, which was parked nearby in Bowden Rd.

She said the man drove her to Trafalgar Ave where he got out of the 4WD, opened the back door and told her to make her own way home.

The girl ran home to raise the alarm and was not physically harmed in the incident, police reported.

Police have now dropped the investigation.

Website, 13 Aug 2010
NSW Police Media

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Environmental review to be released soon

Energy Australia's general manager of engineering Mr Geoff Lilliss has announced that a detailed Review of Environmental Factors for the proposed Empire Bay electricity substation is nearing completion.

Mr Lilliss said the document would be handed over to Gosford Council and open for comment once it was completed.

"This development will help improve reliability for about 6000

homes and business stretching from Empire Bay to Killcare," Mr Lilliss said.

"It will also help meet increasing demand for power in the region.

"Bushland in the special environmental zone will be protected.

"Above all else, the substation will be safe and secure."

Mr Lilliss said the Review of Environmental Factors was expected to be available early next month and included a detailed assessment of any potential

environmental impact from the development.

"Submissions will be addressed in the final proposal to be determined under the State Environmental Planning and Assessment Act," Mr Lilliss said.

Mr Lilliss maintained that the Poole CI site chosen by Energy Australia was the only alternative to build the \$50 million substation as it was located at the centre of the area where a power upgrade was needed.

Press release, 18 Aug 2010
Geoff Lilliss, Energy Australia



The parcel of land between Poole CI and Empire Bay Dr where Energy Australia plan to build the electricity substation

Hazard burn

The NSW Rural Fire Service was expected to carry out a controlled hazard reduction burn in the Bouddi National Park at Daley's Point across the weekend of August 28 and 29.

"Hazard reduction and fuel management is vital for the protection of local communities," Gosford District Inspector Rolf Poole said.

"Each year we only have a

brief window of opportunity to conduct these burns when weather conditions are just right.

"Fire fighting authorities and land managers need to seize these opportunities to prepare for the bushfire season."

Mr Poole said as winter came to end and conditions dried out the local community could expect to see an increase in hazard reduction burning.

Press release, 27 Aug 2010
Rolf Poole, NSW Rural Fire Service

Clubs give money to charity

Registered clubs on the Peninsula given almost \$50,000 to local charities, according to Clubs NSW.

A combined total of \$48,602 was donated by Ettalong Memorial Club, Everglades Country Club, Ettalong Bowling Club and Woy Woy Leagues Club.

The grants were announced at a presentation ceremony at Everglades Country Club on August 13, attended by Gosford mayor Cr Chris Holstein, club representatives and funding recipients.

The funding was allocated through the club industry's Community Development and Support Expenditure (CDSE) scheme.

The scheme emphasises local projects, and the clubs have allocated their funds to a wide range of causes in return for tax deductions.

All registered clubs worked with Gosford Council and local community groups to decide how to allocate funds.

Ettalong Memorial Club donated \$10,469 between Learning Links, Shine for Kids, Delta Society and Technical Aid to the Disabled while Everglades Country Club raised \$13,399 for Fairhaven Services, Beacon Foundation, Working Age Group Stroke and Mary Macs Place.

Ettalong Bowling Club contributed \$10,000 to Central

Coast Kids in Need and Woy Woy Leagues Club donated \$14,734 between Central Coast Taxis Charity Golf, St John the Baptist Primary School, Woy Woy Public School and Brisbane Water Secondary College.

"This is a perfect example of how clubs can work together to get big results for the community," local CDSE committee chairperson Ms Judy Andrews said.

"By providing these grants to local organisations, clubs are helping to address local social needs and develop their communities."

Press release, 9 Aug 2010
Judy Andrews, Everglades Country Club

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Council tracks election promises

Gosford Council will receive regular updated reports on election and budget promises in the lead-up to the State Government election next March.

At the request of Cr Craig Doyle, a report was put forward at a council meeting on August 27 highlighting the promises made at the 2007 State Government election as well as Labor budget commitments.

Council resolved to receive updated versions of the report to include the date and manner in which the commitment was made every month until next year's election.

Council also resolved that promises and commitments made in the lead-up to the next election be captured for monitoring and regular reporting during the next State Government term.

Cr Doyle said the regular reporting of election and budget promises would ensure the State Government was held accountable to the community.

"This report is the only one of its nature, to my knowledge, that publicly lists if the government has followed through in its election promises and budget commitments," Cr Doyle said.

"You won't see the local members and politicians coming up with this type of report.

"Unless we hold the State Government accountable for their promises and commitment to this community no one will."

"If it's not the responsibility of council than whose is it?"

"Let's make this information public and make the State Government come clean."

However, Cr Vicki Scott pushed the motion to list only those commitments that were relevant to local government in the report but this later rejected by other councillors present at the meeting.

Cr Maher supported Cr Doyle and said it was important to look at all issues affecting the community, such as health and education, as council tried to establish a regional city in Gosford.

"It's time we started to get outside of the local government bubble and start thinking regionally," Cr Doyle said.

The August 23 council meeting also resolved to regularly report on promises made by whoever forms government federally until the next federal election.

**Clare Graham, 23 Aug 2010
Council agenda COR.98 and
COR.99, 23 Aug 2010**

Pat Radford dies

Ms Patricia Radford has died at the age of 89.

Known to many as "Pat", Ms Radford was recognised within the Peninsula community for her volunteer work with Rotary, the Uniting Church and Probus.

Wife of Rod Radford, mother to Barbara, Margaret, Ian and Graham, and six grandchildren, Ms Radford also worked alongside her husband to establish a successful and well respected pharmacy in Ettalong.

Ms Radford's daughter Ms Margaret Edwards said she would always remember her mother for her quiet nature, amazing inner strength, sharp mind and quick wit.

Ms Radford was the third child of Augustus and Ethel Coxon and was born on March 17, 1921.

Her parents had met on the ship coming out from England and after a shipboard romance were married at St Andrews Cathedral and settled in Sydney.

Her childhood was mainly spent in Ashfield and she attended a local Anglican school.

"She told many stories of happy holidays at Blackheath and Cronulla," Ms Edwards said.

"The Depression changed all that and she had to leave school and get employment to support her mother and sister as her father and brother had returned to England with the hope of getting better employment and the family was to follow.

"Unfortunately this was not to happen and it was not until after the war that her father was able to return home.

"After leaving school, she worked in the Queen Victoria Building for the Sun Alliance Insurance Company for the sum of two pounds a week but heard there was employment at the AGL for nearly six pounds so she applied and went to work in their accounts section at Burwood.

"It was here that she met my father and that was the beginning



Pat and Rod Radford at their home in Wagstaffe

of the next chapter of her life as a wife."

Mr and Mrs Radford recently celebrated their 65th wedding anniversary.

"She was a devoted wife who supported and participated in all dad's interests and activities," Ms Edwards said.

"She worked beside him in the pharmacy as dispensary assistant, doing home deliveries, doing the wages books and in the early days would help with the developing and printing of the photos.

"She would help in the dark room which was actually our laundry and then rinse the negatives in the salt water at the beach near our house.

"She was involved with dad's Rotary, in the Church and more recently Probus.

"Just two weeks ago, she collected the last of the Rotary Bowel Scan kits from the local pharmacies so they could be returned to pathology.

"She did this only hours after she had seen the specialist and been diagnosed with leukaemia.

"This was just another example of her commitment to others and really quite amazing considering that she was in her 90th year.

"As a mum, she was second

to none with her love, care and attention.

"When I was at boarding school, she would always come to Sydney to visit me on my birthday and bring a novelty cake, such as a school hat.

"The rest of the boarders would get their boring cakes delivered from David Jones.

"An avid correspondent, she wrote twice a week and I still have a packet of her letters from my days in London.

"She supported us in all our endeavours and was always there offering quiet encouragement and assistance.

"We have been overwhelmed by the affection shown towards our mother in the recent weeks.

"I have taken calls from folk who have experienced her kindness and support and are so grateful for her help in getting them through difficult times.

"How lucky we have been to have had such a wonderful wife, mother, grandmother and friend."

Ms Radford passed away peacefully on August 16.

Her funeral was held at Umina Uniting Church on August 19.

**Letter, 25 Aug 2010
Margaret Edwards, Wagstaffe**



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Aldi starts this year

Construction work on the new Umina Aldi supermarket development is expected to commence later this year, according to an Aldi spokesperson.

"Site demolition is scheduled to occur prior to Christmas this year with an expected store opening date towards the end of 2011," the spokesperson said.

"We look forward to providing local residents with high quality

products at permanently low prices."

The site has remained empty since it was approved by council early last year.

Media statement, 24 Aug 2010
Simone Stella, Baldwin Boyle Group

Labor would upgrade surf clubs

A re-elected Gillard Labor Government would help to make Umina Beach safer by providing essential support to the local surf life saving club.

Federal Labor has promised to deliver \$350,000 to provide essential upgrades to Umina and McMasters Beach surf club

"Surf Life Saving Clubs provide an invaluable service to our community, protect our beaches and give life-long skills to young people on the Central Coast and beyond," Labor candidate for Robertson Ms Deborah O'Neill said.

"I have been fighting for this funding along with the clubs and I am delighted to see that Gillard Labor Government is committed to

providing it."

Ms O'Neill said the funding would deliver much-needed upgrades to both clubs, providing an expanded deck at the Umina Beach Surf Life Saving Club.

"The expanded deck will be great for the club and the community," Ms O'Neill said.

"It will mean the club has more space for its growing membership, and the community will be able to hire the expanded space for events like weddings and birthdays.

"Surf Life Saving is part of the heart and soul of our community – and these upgrades will really give something back and also make their important job a little easier."

Press release, 20 Aug 2010

Deborah O'Neill, Labor candidate for Robertson



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Expansion work continues on the Woy Woy Commuter Carpark

Above ground work starts

Above ground construction of the Woy Woy commuter carpark upgrade is expected to start soon with the completion of drilling of more than 200 piles, according to Member for Gosford Ms Marie Andrews.

"The first of the concrete slab pours commenced recently on the ground floor and the pedestrian walkway through the centre of the car park has been relocated to accommodate these works.

"Woy Woy locals will have also noticed a tower crane has been erected on site to help with the heavy lifting that will go on over the next major phase of construction." Ms Andrews said once

construction was complete, Woy Woy commuters would have access to around 300 additional commuter parking spaces making it "much easier" for people to park and catch the train.

"The new car park will incorporate accessible parking spaces, new lifts, and CCTV camera surveillance," Ms Andrews said.

"Prior to major works commencing, a number of temporary changes to local parking arrangements were put in place for both commuters and shoppers to try to minimise the impact of construction.

"A temporary commuter car park providing 185 spaces was constructed off Chambers Pl and

part of the existing multi-storey commuter car park was opened up to shoppers.

"The project is being constructed in an incredibly constrained space, and I want to thank the local community, particularly commuters and shoppers, for their patience while these important improvements are carried out."

The Woy Woy Commuter Car Park project was part of the State Government's Commuter Car Park Program, an initiative to deliver commuter car parking facilities across suburban Sydney, the Central Coast, Illawarra and the Blue Mountains.

Press release, 20 Aug 2010
Marie Andrews, Member for Gosford

Grants for Vinnies

Ettalong and Umina St Vincent De Paul stores received \$4800 in Federal Government funding recently.

The grant was part of the Federal Government's Volunteer Grants initiative.

Member for Robertson Ms Belinda Neal said: "Volunteers are the backbone of so many of our community groups and the non profit sector, dedicating their time, expertise and understanding to people in need.

"Volunteer Grants 2010 provided funding to community organisations to assist their volunteers and encourage volunteering.

"Funding of between \$1000 and \$5000 is available to purchase much-needed equipment such as computers, barbecues as well as providing a contribution towards fuel expenses incurred by volunteers during their volunteering work.

Press release, 21 Jul 2010
Belinda Neal, Member for Robertson

Church joins with Mary Mac's

Heaven's Song Church members joined together with Mary Mac's Place volunteers to recognise National Homeless Persons Week earlier this month.

Mission coordinator Ms Cybelle Liporoni said church members had a wonderful experience being part of a combined mission with a multicultural team, reaching out to the homeless people in Sydney and on the Peninsula.

"We served several meals and offered salvation as a free gift from the Lord," Ms Liporoni said.

"We had planned to do a major barbecue fundraiser at Ettalong

Beach but unfortunately it rained so we postponed the event and donated our sausages to Mary Mac's Place at Woy Woy and enjoyed a nice hot meal in return.

"The food was beautiful and well presented and everyone was very impressed with the love and quality of care the meals were presented with.

"All the volunteers had a smile on their face and enjoyed what they were doing."

Ms Liporoni said Mary Mac's Place provided more than 1400 nutritious hot meals to homeless and disadvantaged people in the Peninsula every month.

"This precious gesture of love plays a vital role in supporting vulnerable families in our

community," Ms Liporoni said.

"Our mission is to raise awareness of the homeless issue around us, as many people still believe on a stereotype and are not conscious of the real need of people and the difficulties they face.

"Half of the people who experience homelessness in Australia are under 25.

"Others have financial problems that make it hard for them to meet their needs.

"We ask for our community to be aware of this need, pray about it and contribute in any way to this urgent, growing situation in the Peninsula."

Press release, 26 Aug 2010
Cybelle Liporoni, Heaven's Song Church



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CWA holds awareness day

The Woy Woy members will join with other Country Women's Association members from around the state to celebrate CWA Awareness Day on Wednesday, September 8.

Local branches, including Woy Woy, will hold their own form of celebration including open days and community celebrations to bring attention to the roles played by this community conscious organisation.

Woy Woy CWA president Ms Noela Bell said CWA Awareness Day was a time to reflect on the contribution the CWA of NSW has made in its 88-year history.

"The CWA is more than tea and scones.

"For years the CWA of NSW has worked tirelessly as the voice of women in NSW and ACT, providing the support needed to increase the viability of rural communities," Ms Bell said.

"CWA members from the Woy Woy region have been meeting, fundraising, lobbying, providing friendship, an ear to listen and at times, a shoulder to cry on, for many years.

"We have members of many ages, backgrounds and interests and this is what makes the organisation so successful.

"We provide a place for people to come together, share friendships and improve their home and life skills.

"On CWA Awareness Day, we will take time out to reflect on and celebrate these achievements.

"We invite the wider community to do the same."

Starting from humble beginnings in 1922, the CWA of NSW now boasts some 430 branches throughout the state and over 11,000 members who are looking and listening for ways to improve the opportunities for women and their families in local communities.

Woy Woy CWA will hold an open day and morning tea for the community to come and enjoy and hear what the group is all about from 10am to 12pm.

The Woy Woy CWA Hall is located opposite Fisherman's Wharf in Woy Woy.

For more information, contact Noela Bell on 4324 2621.

Press release, 19 Aug 2010
Noela Bell, Woy Woy CWA



The newly opened Singapore Zing Cafe and Bar in Trafalgar Ave, Umina

Cafe has flavour of Singapore

Former Peninsula business owner Mr Peter Zing has returned to Umina to open a cafe and bar specialising in Singaporean cuisine.

After operating the Merlion Singapore and Chinese Restaurant in Trafalgar Ave, Umina, for more than 20 years, Mr Zing has once again opened his doors to bring Peninsula residents and visitors a taste of South East Asia.

As well as offering patrons the finest in take-away and cafe-style food such as hamburgers, fish and chips and freshly squeezed juices, Mr Zing is bringing more than 30 years experience in Singaporean cuisine to the Peninsula.

Specialty dishes include Singapore laksa, Singapore noodles, curry beef as well as satay sticks with peanut sauce

using the freshest of ingredients and homemade recipes.

The Singapore Zing Cafe and Bar on Trafalgar Ave, Umina, also offers organic coffee and local free range eggs from Erina as well as a 10 per cent discount for pensioners.

Mr Zing said he returned to the Peninsula area because it had something new and refreshing to offer that other places on the Central Coast did not.

"Umina, Woy Woy, Ettalong – they all have something to offer visitors and provides a great place for people to bring up young families," Mr Zing said.

"I was particularly interested in returning to Umina now that major supermarkets such as Woolworths and Aldi are making a mark on the town.

"It is always nice to bring something new and exciting to an area that has potential and I believe my Singaporean menu and other meal options will do just that."

Mr Zing runs his new business with daughter Felicity and said he looked forward to seeing Umina CBD grow and prosper into a lively and attractive place for people to come and enjoy shopping and great food.

Mr Zing is also in the process of securing a liquor licence in order to serve alcoholic beverages alongside his food menu.

The Singapore Zing Cafe and Bar is open for breakfast and lunch six days a week from 7am to 4pm, except Tuesdays.

Clare Graham, 10 Aug 2010
Interviewee: Peter Zing,
Singapore Zing Cafe and Bar

Stallholders wanted for fair

Ettalong Public School is looking for stallholders for its annual Spring Fair next month.

The event will be held on school grounds in Karingi St, Ettalong, on Saturday, September 11.

School P&C public relations officer Ms Rowena Newton said stalls were available for \$30 each.

School principal Mr Colin Wallis also called on local businesses to get involved in the event.

"I would like to encourage local businesses to support this exciting fundraising initiative, which is working to purchase more interactive whiteboards for the school," Mr Wallis said.

For more information about booking a stall, contact Debbie Ritchie on 0418 296 584 or email debbie.r@bigpond.net.au

Press release, 6 Aug 2010
Rowena Newton, Ettalong
Public School

Are you entitled to \$4000 worth of Government funded dental treatment?

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Clear message is 'neither preferred'

The message is loud and clear.

It has been out there for quite some time now, and often stated by one of the Peninsula News' advertisers, Mr Edward James: "Neither party preferred".

The next thing to be strongly confirmed relates to the perceived integrity, or otherwise of local government.

Mr James always tells it how it is.

Politicians and the ambitious should take heed of his communications.

For now, a hung parliament sends the message to those who enter politics with egocentric or hidden agendas rather than for the more open purpose of betterment for this wonderful country.

Hidden agenda players, some of whom I suspect would not possibly make the cut in a real job will now be a thing of the past and no longer will we the taxpayers be paying dearly for these egocentrics filling in

Forum

their allotted times in Canberra by their kill-off of hours with mindless bickering and negative griping about the opposition, policies and personalities.

Instead, they now have to demonstrate their ability with a very practical approach to getting down to the business at hand of running the country.

What a novelty for some of them.

Real work.

What a change.

A hung parliament will have all those parliamentary seats filled with workers, regardless of their original intent, and now very eager to prove that they know what it is all about in the real world rather than the past regime of pushing party policies to the exclusion of things of greater urgency and importance to the nation, the things that concern all good Australians.

Now at long last, we the voters have been given a break.

Those who do find themselves in the saddle in Canberra, contrary to past Parliaments will have to be much more professional, upstanding, honest, credible and creative in their presentation and methodology of political service to this nation.

Now we voting taxpayers will be seeing great commonsense and intelligence prevail for the better good of us all, the nation, and yes, let's move forward!

Every good wish to those who did gain seats in this recent election and particularly congratulations to the independents and Green candidates, you are just the fresh wind of change that is needed.

Please may you oversee dignified and upstanding changes to the management of this great nation.

Letter, 23 Aug 2010
Zoe Russell, Umina

What kind of stability?

Forum

the House of Representatives has been, for a very long time, exceptionally difficult.

Now that it has happened, let's start talking about how the two-party tyranny can be dismantled.

To have more of the same next time, we need to avoid the kind of stability that would reproduce this situation.

Email, 23 Aug 2010
Klaas Woldring, Pearl Beach

The quest for "stability" and a "workable parliamentary majority" now seems to take precedence over the urgent need for reform and change.

Looking at what the four Independents and the new Greens MP want has actually more to do with change rather than stability.

Furthermore, we should realise that the fiasco of the two-party tyranny is caused by Australia's electoral system: preferential voting and compulsory voting.

For Independents and a Green to achieve this amazing entry to

More family time

Forum

I would like to respond to Katie Smith's contribution to your paper on August 16 - "Freeway link - no thanks"

As a commuter to Hornsby every day to work and living in Phegans Bay, I would greatly welcome a Woy Woy link, saving travel time

which means more family time, saving petrol which means more money to me, and reduce the carbon pollution.

Email, 17 Aug 2010
Brenda O'Donoghue, Phegans Bay

More Forum Page 21

Oppose marine park moratorium

I strongly disagree with the proposed moratorium on new marine parks and sanctuaries in NSW.

Overwhelming scientific evidence shows marine parks and their sanctuary zones provide vital protection for aquatic habitats and marine life, including rare and threatened species.

They can increase the number, size and breeding potential of fish populations, build resilience into ecosystems so they can cope with human impacts such as climate change and contribute financial and tourism benefits to local communities.

A five-year moratorium on new marine parks in NSW proposed by the Shooters Party is out of step

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 1056,
Gosford 2250 or

mail@PeninsulaNews.asn.au

See Page 2 for contribution conditions

with public support for these areas and goes against the advice of scientists around the world.

It would put NSW firmly at odds with the growing national and global recognition of the value of marine parks.

We should insist that NSW Labor reverse its in-principle support for the Marine Parks Amendment (Moratorium) Bill and ensure it is defeated when it comes before Parliament.

Without breeding grounds the fish and marine life in this area will continue to dwindle away.

If you wish to show your opposition to this bill, visit www.marineaction.org.au or write to: Minister for Climate Change and Environment, Hon Frank Sartor, Level 35 Governor Macquarie Tower, 1 Farrer Place, Sydney NSW 2000.

This bill is expected to go to Parliament on August 31.

Letter, 16 Aug 2010
Leonie Kessler, Woy Woy

Woy Woy is Caradise

What is it about the motor car that addles the brain?

Is it the shiny new toy aspect or the death dealing speed?

Whatever madness it is, the powers that be are determined to turn all the green space in Woy Woy into car parking.

So, why not obliterate Woy Woy altogether and deport all the inhabitants to East Timor, Nauru or New Zealand?

Then they could change the name of Woy Woy to Caradise.

Letter, 19 Jul 2010
Keith Whitfield, Woy Woy

Limited value

The statement by Marie Andrews (Peninsula News, 19/7/10) that the Wyong Hospital shuttle bus will operate five days a week, instead of the present three, is to be welcomed.

However, it is worth pointing out that a bus that leaves Woy Woy at 8.30am and returns from Kanwal at 12 noon is of limited value, when official visiting hours commence at 11.30am.

Anyone using the bus will have ample time to sample the wares of the coffee shop but little opportunity to see a patient.

Email, 21 Jul 2010
Bruce Hyland, Daley's Point

Ed swallowed bait?

Having read many of the full and double-page advertisements for the opinions of Edward James, your regular contributor, I was astonished to find him publicly backing the local Liberal candidate in the general election.

As I had understood it, Mr James has declared no trust in

Forum

anyone elected to any form of politics, particularly those aligned with Labor or Liberal, "the two parties not much preferred", as he regularly puts it.


It seems he has swallowed some crafty Abbott bait.

Frank Hatherley, Pearl Beach
Email, 18 Aug 2010

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Political bile is caused by our very ordinary politicians both in power and opposition!

Minister for the Central Coast, John Robertson, will the NSW Community Cabinet meeting at Ourimbah Campus of Newcastle University on Monday 30th August discuss the published corruptions aimed at Gosford City Council?

Attention NSW first law officer John Hatzistergos.

As a member of the State Labor Party Government, I am surprised there has not been a peep out of you and members of the Labor Cabinet while Kennelly's lot remains publicly accused of accommodating ongoing documented abuse of our due process and systemic corrupt conduct.

The Labor government, in fact both sides of our Parliament, continues to allow what Gosford City Council is passing off, as good government of the people.

The inference I get from some of the rubbish responses which carpet my floor, is that the council is simply not corrupt enough to warrant action.

It is that bad attitude which I blame for a body count of five!

The human error in all this is our elected representatives' continuing refusal to act!

Development application 11923/2001 was put before the ratepayers, even though it was clearly misleading in no small way, informing readers of the DA that a fourteen hundred square foot three bedroom residential house did not exist.

Our elected corporate entity is required, pursuant to the Local Government Act, to conduct the people's business within the law.

Elected representatives sitting on that council are there to ensure that happens.

Our Premier, Kristine Keneally, when Planning Minister, is one of a string of Ministers, all subject to continuing succession, to ignore the Ministerial Code of Conduct, by accommodating political sins against the people.

I have identified these corruption allegations as political sins in my formal complaints to Gosford City Council, the State Ombudsman and ICAC.

Sins, which you as first law officer, may in your own time identify as criminal breaches of the law.

It has always been open to me to choose between the law courts or the court of public opinion.

I first approached the proponents, council assessment team 4, the management of council and my elected representatives on council.

Then I took it to State and finally Federal politicians over a ten year period.

The politicians, Labor, Liberal, Greens and Independents, many of whom pay rates to Gosford City Council and as such have personal reasons for interceding, did nothing and their inaction brings into public question their personal values.

I have identified what occurred as corruption because there is no statute of limitations.

But the problem is clearly an ongoing cross party political one because several politicians, you AG Hatzistergos and John Robertson the Minister for the Central Coast included, have been exposed as wrongly positioned in all this.

Poor old John has inherited the mess John Della Bosca has left for the NSW government to deal with.

The Labor party should understand how politically damaging it is for them when Ministerial staff dismiss published allegations with scrappy letters written on the Ministers behalf.

It is becoming clear to a growing following of readers that our politicians feel that they are above doing what we require of them which is to "exercise their influence in the best interest of their constituents".

As the Labor Government continues under your and our Premier's watch Minister Hatzistergos, to use the Ministerial Code of Conduct, which is part of codified law in NSW, as a door mat, it is long past

time for people to bring their legitimate concerns to me, so I may open some form of discussion on their behalf in a public forum.

I expect Chris Smith, the Liberal Shadow Attorney General, to understand the need to do this because he also has been well positioned for years and has failed to act effectively on our behalf, just like you John.

How is it possible for politicians to be named and identified as liars?

How is it possible for Gosford City Council to be accused of misleading the Deputy State Coroner during his inquiry into the deaths of five people in Piles Creek Somersby?

Why would Barbara Perry, the Minister for Local Government, not want to be written into the State Ombudsman's findings which allows my readers to know that Canterbury City Council was found to be malfeasant in its insistent mishandling of the Magda Mallone matter?

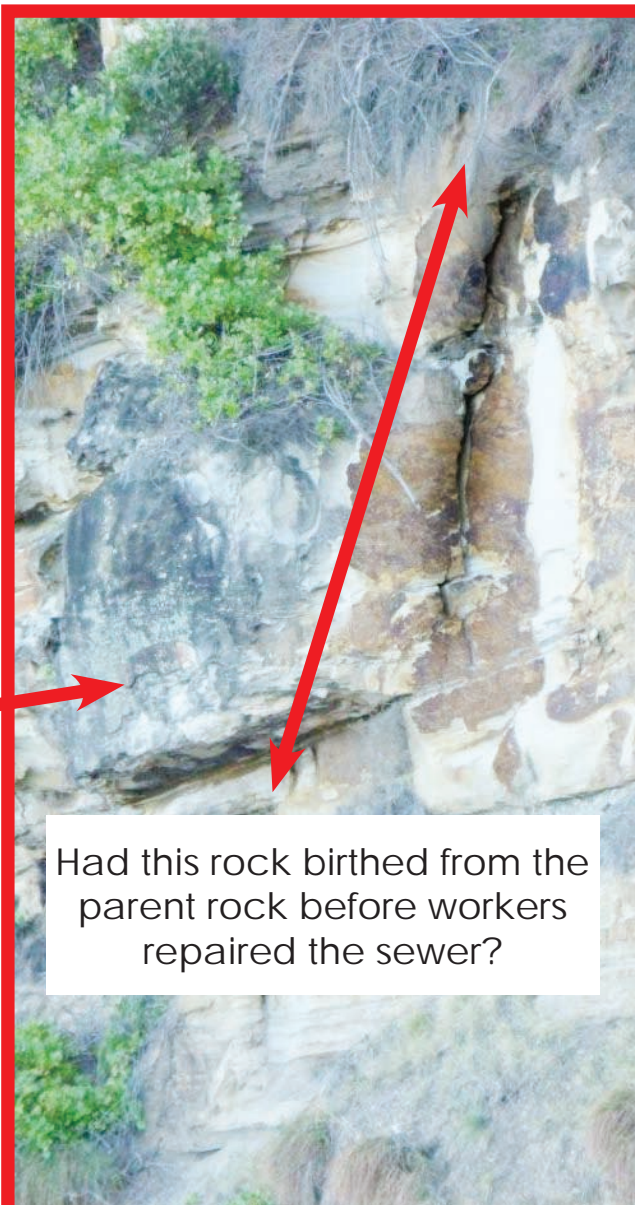
People are frightened because they know NSW Labor government will not protect whistle blowers.

In fact, they can see evidence of government spending millions of tax payers' dollars hounding people who speak out against wrong minded government and political interest.

This is an independent, non partisan statement made by me in the interest of informing the public

**Edward James,
P.O. Box 3024
Umina Beach NSW 2257
02 4341 9140**

**For information, on how and where this started go to:
<http://gosfordcouncil.tripod.com>**



And another thing! Was this road around the Umina Point to Pearl Beach abandoned as a heritage road?

Arboretum celebrates 34 years

More than 120 community members and government representatives gathered at the Pearl Beach arboretum to celebrate the 34th anniversary on August 22.

Guests included Gosford mayor Cr Chris Holstein, Cr Peter Freewater, Member for Gosford Ms Marie Andrews and Arboretum life members Mr Bill Hawthorne and Ms Yvonne Stanger.

Representatives from the Australian Native Plant Society, Sydney University, Sustainable Natives, local area bushcare groups, Samaritans Foundation in Newcastle volunteers and community members were also in attendance.

Crommelin Native Arboretum president Mr David Singleton said the celebration gathering was a great opportunity for key community stakeholders to gain a greater appreciation of the unique setting while enjoying guided walks and a barbecue lunch.

"Life membership was awarded to Geoff Miller, one of the many volunteers who have worked tirelessly year in and year out to keep this native botanical garden looking so good," Mr Singleton said.

"Geoff has been involved with the Arboretum for over 16 years, spending 13 years on the management committee.

"His most significant contribution has been his work on the wildlife corridor where he was a founding member and was in charge of the small group commissioned



Gosford mayor Cr Chris Holstein and Crommelin Native Arboretum life member Mr Geoff Miller at the 34th birthday celebrations on August 22.

to revegetate this burnt out area some 10 years ago.

"He was involved with the initial landscape design with the University of NSW, the plant selection with botany students from University of Sydney and of course the big task of planting trees and shrubs.

"He trialled new planting concepts like long stem planting and could often be seen on an early summer morning carting buckets of water to his thirsty trees

"In later years, he adopted more of a mentoring role, advising new volunteers on the best (and usually proven) methods of tree planting and care.

"Some of his trees have grown to 25 feet in five years, so I think he knew what he was talking about."

Mr Miller said: "The Arboretum

became an important part of my life and I really liked working with like minded people and the social interaction that flowed from those occasions".

The Crommelin Native Arboretum is a reserve in Pearl Beach that covers an area of four-and-a-half hectares.

The area was set aside by Gosford Council in 1976 at the request of the Pearl Beach Progress Association for the development of a native botanic garden.

The Arboretum was developed and is maintained on a voluntary basis by a management committee elected annually by the members of the Arboretum, together with the help of many members of the Pearl Beach community.

Press release, 23 Aug 2010
David Singleton, Crommelin Native Arboretum

Residents hold awareness concert

Residents opposing an electricity substation at Empire Bay recently hosted a benefit concert to raise awareness of the issue affecting local residents and businesses.

The event was held at the Empire Bay Tavern on August 22.

Several members of the Empire Bay community have also joined together to form Empire Bay Press Inc to further highlight and keep its opposition of the issue alive and well.

"The fact is there has been little or no consultation between Energy Australia and the local community is completely unacceptable," Ms Carolyn Packer of Empire Bay Press Inc said.

"Nobody knows about it. I live in Poole Cl and have not received one letter or pamphlet from Energy Australia.

"I only found out about this substation through a neighbour.

"Whereas those who attended Energy Australia's focus group meetings complained to me that their suggestions were often ignored, what was spoken about was at times omitted in the minutes of meetings and they were spoken to in a condescending manner.

"This blatant disregard for the impact on local residents is completely unacceptable."

Ms Packer said the fact that Energy Australia were telling the

public that they were installing 25 kilometres of underground cabling was "misleading" since the hidden cabling stopped at Empire Bay with overhead power lines of 66KV from Empire Bay to Kincumber and over to Avoca substation.

"This is completely unacceptable as Empire Bay Dr, Bundaleer Cres and over to Avoca is all bushland that will not only pose a serious fire risk to the residents in the area but will end up costing Energy Australia a huge amount in the upkeep of tree pruning to prevent branches from contacting the lines.

"Over a period of 50 years, it will be financially more beneficial to place all power lines underground."

Ms Packer claimed that plans from Land and Environmental Court drawn up by the commissioner in 2003 had been ignored.

"The very place that is stated as grassland to be, 'mown at regular intervals to be retained' and 'future development' crossed out by the commissioner, is where this structure is being built.

"This plainly defies the court orders.

"The subdivision documents are missing the vital court orders that were to be attached, as S88E and changed to S88B.

"This paved the way for EA to develop on the preservation zone, that the commissioner intended to be left untouched.

"The reason the commissioner wanted this grassland to be left untouched was to protect residents from fire."

Ms Packer is urging people to write to the NSW Minister for Energy Mr Paul Lynch and to Energy Australia asking that the proposed substation be relocated to the Kincumber Sewerage Treatment Works and that all power lines be placed underground.

Press release, 27 Aug 2010
Carolyn Packer, Empire Bay Press

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Shop 2, 23-27
The Boulevard Woy Woy

Retailer opposes packaging plan

An Empire Bay retailer has joined the Alliance of Australian Retailers to fight the Federal Government's plan to introduce plain packaging for cigarettes.

Empire Bay Liberty Service Station owner Mr Craig Glasby said the proposed legislation was "the last straw" after tax hikes and display bans.

He said plain packaging would no doubt make business harder.

"We've seen this movie before and we know how it ends: another letter from the government, another compliance burden, more cost, more disruption," Mr Glasby said.

"These Canberra brainwaves hit our businesses like earthquakes.

"It makes it harder to make ends meet and keep people employed.

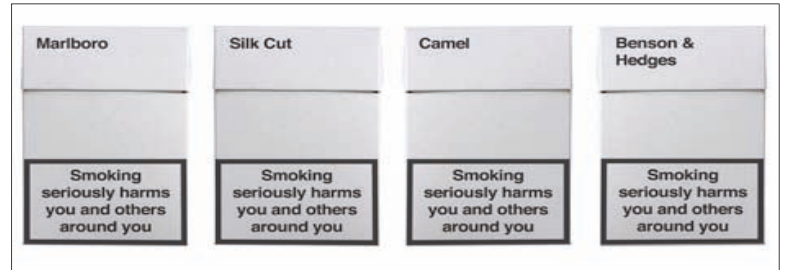
"The Alliance believes that reducing smoking is good for the community, but good policy requires more than good intentions.

"There is no evidence that it will do anything at all to stop people smoking.

"It will just stop them buying from small retailers like ours in favour of big chain stores and the black market which will flourish.

"This untested, unworkable scheme cooked up by faceless Canberra bureaucrats will usher in a gold-rush for illicit tobacco dealers.

"They should stick to what we know works: education and prevention programs that



encourage people to quit."

The Alliance of Australian Retailers represents around 10,000 small businesses across the country.

Mr Glasby said small businesses were fed up with excessive regulation that was making it harder for small business to remain viable.

"We have never united in this way before, but we have concluded that enough is enough," Mr Glasby said.

"We employ thousands of Australians and live at the heart of Australian communities large and small.

"We are sick of tired of state and federal governments using us as guinea pigs.

"It's hard enough to makes ends meet without the government making policy on the run and making us pay the price."

Press release, 12 Aug 2010
Leith Thomas, PQC



Umina PCYC president Mr Bruce Croft, club manager Allison Carpenter, Police Minister Mr Michael Daley, Member for Gosford Ms Marie Andrews and senior constable Renae Jackson

Skate gear for PCYC

Umina PCYC will use a \$5000 State Government grant to purchase additional skate and safety equipment for use on the club's new portable skate ramp.

The funding announcement was made by Minister for Police Mr Michael Daley and Member for Gosford Ms Marie Andrews at the local youth club on August 25.

"This skate program is a great resource for local youth who are currently in contact with police," Mr Daley said.

"PCYCs across NSW play a vital role in engaging 'at-risk' kids and keeping them on the right track in life."

Ms Andrews welcomed the funding boost for the Peninsula.

"Umina Beach is a densely populated area with a growing number of young people who access the PCYC's wide range of activities," Ms Andrews said.

"These new indoor skate ramps have had extremely positive

feedback from parents and young people alike.

"The funding for additional equipment will allow the portable skate ramps to be used by more kids, more often.

"The programs and facilities provided by Umina Beach PCYC help keep kids engaged and out of trouble, which is a great outcome for the kids as well as for the entire community."

Umina Beach PCYC club manager Ms Allison Carpenter said the skate program provided a safe and fun way for local youth to develop their skills in a structured and positive environment.

Press release, 25 Aug 2010
Marie Andrews, Member for Gosford

U can find out more at

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No road markings

Gosford Council's local traffic committee has rejected the idea of painting the intersection of Ocean Beach Rd and Dunban Rd with "keep clear" road markings.

The request for the road marking came from a local resident who reported to council that traffic trying to exit Dunban Rd queue across the intersection of Dunban Rd and Ocean Beach Rd.


"Keep Clear markings are used at T-intersections where queued traffic prevent traffic in the side road from turning right into a clear through lane," a council staff report stated.

"At this intersection, northbound traffic is unlikely to queue while southbound traffic could be queued back from the McMasters Rd signals.

"Placing Keep Clear pavement markings would encourage Dunban Rd traffic waiting to turn right, to make a movement that would cause their vehicle to be illegally in the Keep Clear area."

Council agenda TR.10.47, 6 Jul 2010

Need Help with a State Government matter?



On Monday September 6 Marie Andrews MP will be at:

The 50+ Leisure and Learning Centre, Ettalong from 1pm and at PCYC Umina Beach from 2.30pm

Call Marie's office to book an appointment
20 Blackwall Road or PO Box 223 Woy Woy
PH: 4342 4122 FAX: 4341 2368
Email: gosford@parliament.nsw.gov.au



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Wayne Lynch of St Hubert's Island and Doug Lamb of Hamlyn Terrace at Cape York - the northern most point in Australia

Remote birthday trail bike ride

A St Hubert's Island resident celebrated his 50th birthday by riding a motorbike from Cairns to Cape York recently.

Mr Wayne Lynch was joined by his childhood friend Mr Doug Lamb of Hamlyn Terrace to ride the 1500 kilometres.

Both men celebrated their 50th birthdays earlier this year and decided to remember the milestone in a unique way.

Mr Lynch owns and operates Lynch's Barber Shop in Ettalong Beach and said neither he nor Mr Lamb had ridden trail bikes since their school days in Temora, near the Riverina, more than 25 years ago.

"Our journey of over 1500 kilometres explored some of the roughest and remote territory in Australia with our aim to reach the top of the Australian continent," Mr Lynch said.

"The trip started on the demanding Cairns Regional

Electricity Board track, where we faced steep descents over narrow rocky roads and deep water crossings.

"We then continued north through the tropical Daintree Rainforest before arriving at the scenic Cape Tribulation.

"A long day followed of 12 hours and covered just 150 kilometres where we travelled through Nifold Plains, Lillyvale Station and some Aboriginal communities before stopping at the Sexchange Hotel.

"The last 60 kilometres ride through unknown territory in the night was indeed challenging and it was great to arrive at the campsite, have a swim, dinner cooked on the open fire and enjoy a beer and good company with no phones, TVs or computers.

"We also visited the Lion's Den Hotel (oldest in Queensland) and the Torres Hotel (the most northern in Australia) on the trip as well.

"Days five and six were spent

riding the world famous Old Telegraph Track which included sand, bull dust, creeks, anthills, difficult river crossings, severely weathered and washed out roads where there were numerous snakes, goannas, wild pigs and the occasional croc thatn made this 360 kilometres a pure adventure.

"At the end of the day, we played golf on Loyaty Beach while the sunset was memorable.

"The next day we rode to Cape York, otherwise known as Pajinka, and stood at the top of the Australian continent.

"We both felt great pride and a sense of achievement having survived one of the hardest rides through some of the least accessible wilderness areas in the world, but the reward of making it justified the enormous effort.

"It was a fantastic way to celebrate our 50th birthdays."

Email, 20 Aug 2010

Wayne Lynch, St Hubert's Island

Residents focus on environment

The Hardy's Bay Residents Group will focus on environmental issues affecting the local community over the next two years.

The move comes after the group's success in completed its oyster lease restoration project.

Group president Mr Adrian Williams said the members had recently drafted a broad strategy entitled the Resident's Environmental Action Plan (REAP) in which its environmental commitments were focused on.

"The REAP strategy is consistent with, and in fact, elevates targeted material from the recommendations already made by an independent consultant from Gosford Council

involving the entire Brisbane Water Estuary," Mr Williams said.

"It nevertheless examines, in particular, those parts of the estuary affecting our community at large.

"Consequently, this particular program should be acceptable not only to council but to other Federal and State administrations which may be able to provide funding if required."

Mr Williams said the general strategy adopted in the REAP included the enhancement of water and sediment quality within Hardy's Bay, and foreshore flooding.

Newsletter, 27 Aug 2010
Adrian Williams, Hardy's Bay Residents Group

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Council works

Gosford Council will carry out six projects on the Peninsula from August 30 to September 5.

Council workers will undertake pipe work renewal in Karu Ave, Booker Bay.

The construction of two viewing platforms will continue on the beach foreshore reserve in Ettalong.

Establishment works on the Pearl Beach Rock Pool will commence at Pearl Beach, while council workers will continue to build a retaining wall along Mt Ettalong Rd in Umina.

Umina will also see the construction of a community building and playground in Sydney Ave.

Meanwhile, Rogers Park in Woy Woy will have its car park upgraded with resealing works.

Press release, 26 Aug 2010
Lisa Beeke, Gosford Council



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Woy Woy Lions Under-11s wear pink socks for its McGrath Foundation fundraiser on August 21.

Juniors raise money for McGrath Foundation

Players in the Woy Woy Lions Junior Rugby Union Club's Under-11s team wore pink socks to raise money and awareness for the McGrath Foundation on August 21.

Club president Mr Bill MacLean said more than 100 players and supporters enjoyed a great day for charity.

"Our fly half Daniel MacLean organised our Under-11s to have a fundraiser for the McGrath Foundation in a game against Ourimbah which was the last round of the season.

"When the boys ran out in their pink McGrath Foundation socks, the crowd of over 100 people went wild cheering and clapping with

30 of our senior players forming a guard of honour under the goal posts and clapping the boys on.

"The young referee Jack Margin also asked for a pair of pink socks to wear and then donated his match fee to the boys' efforts.

"The boys won the game 36-nil and finished the season for the second year in a row undefeated minor premiers."

The boys raised \$1500 from sponsors.

Woy Woy Under-18s are expecting to play Avoca in the semi-final round on August 29 with the winner going straight through to the grand final at Blue Tongue Stadium in Gosford on September 11.

"Also our Under-13s, 14s, 15s

and 16s are all in the semi finals with our Under-12s just missing out which helped the club to second place in the club championship," Mr MacLean said.

**Email, 24 Aug 2010
Bill MacLean, Woy Woy Junior Rugby Union**

The Peninsula Theatre and Peninsula Leisure Centre are now accepting Companion Cards to allow free entry for carers of people living with a profound disability.

The two local facilities are among the Gosford Council owned and operated amenities to accept the card system from August 3.

The card will allow people living with a profound disability who require a carer at events and venues, to enter without having to pay for a second ticket for their attendant.

The Companion Card was introduced by the State Government and is an initiative that has been providing those who need a carer with the opportunity to use facilities they may not have been able to afford in the past.

Gosford mayor Cr Chris Holstein said the initiative would provide the opportunity for those with a disability to use community facilities without breaking their budget.

"The Companion Card is a

fantastic initiative which has made access to community programs and assets more affordable for people with a disability," Cr Holstein said.

"Gosford Council is a strong supporter of the Companion Card and we will be urging other businesses and venues to get on board and help support those in our community who have a disability."

Council's manager of customer service and communications Mr John Moulard said the Companion Card was another way council was dedicated to improving its customer service.

"The Companion Card provides an opportunity for us as a council to improve service to all of our customers and promotes accessibility of our facilities to those with a disability," Mr Moulard said.

For more information or to apply for a Companion Card, visit www.nswcompanioncard.org.au or contact council's disability services officer Ms Ainslie Whitburn on 4325 8109.

**Press release, 28 Jul 2010
Gosford Council Media**

Chiropractic Plus

by Peter Grieve of the Umina Chiropractic Centre

Having spent the last two weekends at research and clinical sessions relating specifically to the paediatric population, Drs Ursula and Pete are absolutely convinced that anyone who happens to be born should be assessed by a chiropractor with paediatric competencies for the existence of seemingly subtle and sometimes not so subtle spinal and cranial lesions.

These are often the result of damage related to physical, chemical and or emotional trauma during the mother's pregnancy and commonly in the birth process.

The common manifestations are failure to thrive syndromes including colic reflux, crying, disturbed sleeping and feeding habits, ear infections and many other health related issues.

As a child develops, the following can be related; bedwetting, constipation, growing pains, indigestion, learning difficulties, autism, ADD, headache, migraine and so on.

Robert Mendhelson MD states that 'in a substantial percentage of births, obstetrical intervention adversely affects the physical and intellectual capacity of the child for the rest of their life'.

Another study in the medical journal called JMPT in 1993 concluded that when medical literature was reviewed to determine the cause, prognosis, treatment and prevention of injuries resulting from birth trauma, "birth trauma remains an underpublicised and therefore an undertreated problem.

"Manual treatment of birth trauma injuries to the neuromuscular system could be beneficial to many patients not now receiving such treatment and it is well within the means of current practice in chiropractic.."

So there it is folks, don't you think it is about time to accept that it is just simply common sense to have kids checked at birth and onward?

Chiropractic is steadily being seen as the norm for maintaining a healthy spine and nervous system.

It is the responsibility of this profession to assist in the educating and care of the up and coming generations so that their bodies can maintain optimum health.

At the Umina Chiropractic Centre, we believe it is necessary for those who are considering chiropractic care for themselves or their families to be informed and educated thus, in the very near future, we will begin this process.....so.....stay tuned and we will share more specific details in the next newsletter.

Chiropractic; safe, gentle and effective for all the family



If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)



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Heart surgery patient Mr Peter Lach with Dr Brendan Gunalingam of Brisbane Waters Private Hospital

New procedure implants heart device

A unique new heart procedure offering an advance in stroke prevention was performed at Brisbane Waters Private Hospital recently.

Dr Brendan Gunalingam successfully implanted a "watchman" device in Mr Peter Lach, who suffers from atrial fibrillation.

This was the first time the procedure has been performed on the Central Coast, and only the third time in NSW.

In atrial fibrillation, the upper chamber of the heart beats irregularly, causing blood clots to form, significantly increasing the risk of stroke

The watchman device is a permanent implant designed to close a pouch in the heart called the left atrial appendage and keep potentially harmful blood clots from entering the blood stream.

Dr Gunalingam said the device presented an ideal alternative to blood thinning medication such as warfarin.

"Warfarin is effective in reducing

the risk of stroke, but may cause undesirable side effects such as bleeding, and requires the patient to have frequent blood tests," Dr Gunalingam said.

"The device will help to prevent a stroke in patients who have non-valvular atrial fibrillation and either cannot or would prefer not to be on warfarin therapy long term."

Dr Gunalingam guided the implant into Mr Lach's heart through a flexible tube (or catheter) inserted through a vein in his upper leg, while Dr Maged William performed ultrasound imaging of the heart to guide the procedure.

Once the device was in the correct position, it was released.

Dr Gunalingam said Mr Lach has been progressing well since the surgery

With atrial fibrillation affecting one in four Australians over 40, Dr Gunalingam hopes many more of his patients will benefit from this technology.

**Press release, 12 Aug 2010
Ella Li, Brisbane Waters Private Hospital**

The Leukaemia Foundation is calling for volunteer drivers to join the Central Coast Patient Transport Program.

The transport service is part of a convenient and reliable courtesy program that assists with accommodation, transport and education, as well as providing emotional support to people diagnosed with a blood cancer including Peninsula residents.

Peninsula Village resident Ms Julie Penjuelie, who suffers from multiple myeloma, is a regular user of the service and described it as "marvellous" and having made a huge difference to her quality of life.

Ms Penjuelie is driven to Gosford Hospital once or twice a month for treatment or to visit her doctor.

The brightly coloured car, sponsored by local tyre company, is affectionately nicknamed "Julie's racing car" by other residents of Peninsula Village, according to Ms

Penjuelie.

She is full of praise for the drivers who, she says, are always courteous, compassionate and helpful in ensuring her safety and comfort.

A pensioner with limited funds, Ms Penjuelie is very grateful for the service without which she would have great difficulty in getting to the hospital for her treatment.

The service not only offers convenience, it also relieves pressure on families and carers and takes away the burden of the potentially enormous expense of taxi fares and hospital parking.

With more than 180 people expected to be diagnosed with a leukaemia, lymphoma, myeloma or related blood cancer on the Central Coast this year, the demand for this service is growing rapidly.

The Leukaemia Foundation's general manager Mr Stuart Allen said the need for more volunteer drivers in the Central Coast area

has become urgent.

"During chemotherapy treatment, some patients may have to go to and from hospital for treatment three times a week," Mr Allen said.

"Becoming a volunteer at the foundation is ideal for anyone who has retired or perhaps works part time - their commitment can be large or small."

The volunteer drivers typically transport patients from their homes to their doctors' appointments around the Central Coast area, and on occasion to one of the hospitals in Newcastle or Sydney for treatment.

For anyone interested in becoming involved, contact Kaye Hawes 0402 356 106 or email kayehawes@hotmail.com

**Nitasha Thomson, 30 Jul 2010
Interviewee: Julie Penjuelie, Umina
Press release, 6 Jul 2010
Christine Campbell,
Leukaemia Foundation**

Day for three raw meals

Health Connections will host three Raw for a Day meals on the Peninsula on Wednesday, September 1, to celebrate the first day of Spring.

"Spring is the perfect time to include more raw food in our diets for improved health, and it's a good way to shed surplus winter weight," Health Connections organiser Ms Shirley Hotchkiss said.

"So everyone is invited to join us for a raw food meal.

"We will hold a breakfast picnic from 8am to 10am at Lions Park in Woy Woy and a lunch picnic between 12pm and 2pm at Vernon Park, on corner of Haynes Ave and Ryans Rd, Umina.

"For any of the events, people are invited to bring a raw food dish to share that doesn't contain sugar or animal products.

"Or they could just bring their own raw food picnic.

"They would also need to bring the usual picnic gear of plates, mugs, cutlery, chairs or a picnic

rug.

"The shared evening meal will be held from 5pm to 7pm at the Woy Woy CWA hall.

"As well as a raw food dish to share, I ask people to bring picnic gear to reduce washing up and garbage, and a gold coin donation to cover hall hire."

Ms Hotchkiss said Health Connections was also encouraging people to get involved by hosting a Raw for a Day party.

"Families, community groups and businesses could get involved by organising their own raw food meals or events," Ms Hotchkiss said.

"Supermarkets could offer raw food demonstrations and tasting of green smoothies or raw dips.

"Clubs, hospitals and restaurants could offer raw food dishes to patrons.

"Workers could have a shared raw food lunch, and families could have a raw food meal at home.

"So they can have more raw food regularly, school children

could plant a raw food garden, or grow sprouts in jars on the bench.

"And anyone can join the Peninsula Environment Group food network so they can buy locally-grown organic produce at wholesale prices."

Ms Hotchkiss said there were plenty of raw food recipe ideas on internet sites, but simple dishes of fresh fruit, or raw dips and salads with vegetables and leafy greens are delicious and easy to prepare.

"People can ring me with any questions, and to let me know if they're coming to the evening meal, so we can arrange enough chairs and tables," Ms Hotchkiss said.

For more information, contact shirley@openwindows.com or call 4341 9301.

**Press release, 12 Aug 2010
Shirley Hotchkiss, Health Connections**

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Fundraising lunch for foundation

A Woy Woy counsellor has organised a fundraising lunch to raise money for the Quest for Life Foundation.

The Foundation provides a range of residential programs and services for people living with cancer, neurological and other serious illnesses, or who are suffering from grief, stress or trauma and for those who care for them, according to the counsellor, Ms Margie Braunstein.

Founder Ms Petrea King will be guest speaker at the lunch.

"For the third year running, Petrea King will visit the Central Coast as guest speaker at a luncheon to raise money for the Quest for Life Foundation," Ms Braunstein said.

"This year's fundraising lunch will once again be hosted by myself, a Woy Woy counsellor and facilitator at Quest for Life, and will feature the music of the Luke Gallen Trio.

"The Rainbow Lunch is a wonderful opportunity to be inspired by Petrea while enjoying



Quest for Life Foundation founder Ms Petrea King

delicious food and listening to beautiful music."

The Rainbow Lunch will be held at Lizotte's Restaurant in Kincumber on Sunday, October 24, from 11.30am.

For more information, contact 4368 2017.

Press release, 11 Aug 2010
Margie Braunstein, Quest for Life Foundation

Bus drivers wanted

Woy Woy Community Aged Care is looking for volunteer bus drivers to transport its residents around the Central Coast once a week.

Activities coordinator Ms Amber Rowe said volunteers were able to choose their preferred day from Tuesdays, Wednesdays or Thursdays.

"Generally speaking we go out every week for morning tea for one to two hours and once a month we go for a lunch day which may be to a club or for fish and chips at a park," Ms Rowe said.

"Drivers need at least an LR drivers licence and a police check.

"Drivers have all their meals and entry into venues paid for by

the facility.

"This is a great way to volunteer your time for the local community and get the opportunity to meet some lovely people."

Interested drivers can contact Amber Rowe on 4379 9532.

Email, 9 Aug 2010
Amber Rowe, Woy Woy Community Aged Care

Money raised for family rooms

A local fast food store has raised almost \$7000 to go towards building family rooms at hospitals for families of seriously ill children.

Woy Woy McDonald's raised the money to support the Ronald McDonald House Charities' family rooms program in a recent campaign.

Woy Woy McDonald's

licensee Mr John Ursino said that McDonald's was proud to support such a worthy cause.

"I'm really delighted that the Helping Hands fundraiser has always been received so well by the Woy Woy community," Mr Ursino said.

"The Family Room is an important facility that will keep parents and other family members

close to their child who is sick or injured in hospital and is designed to help relieve the stress on parents during this difficult time."

The campaign involved staff and customers purchasing Helping Hands for \$1 each across the 14 McDonald's restaurants in the Central Coast.

Press release, 27 Aug 2010
Leah Cruz, Professional Public Relations

Free group helps with bereavement

The Northern Sydney Central Coast Area Health Service is offering a free bereavement group for Peninsula residents every Wednesday in Woy Woy.

The Creating Connections bereavement group hold meetings every Wednesday at Grevillea Cottage, Woy Woy from 10.30am to 12.30pm.

"Grief affects people in different ways," said Central Coast Health spokesperson Ms Jill Warwicker.

"There is no wrong or right way to grieve but there is support available for people who are

experiencing the loss of someone significant to them through death.

"The group is led by professional bereavement counsellors and trained bereavement volunteer support workers.

The Creating Connections group is free and open to all ages for those who have suffered a loss through death."

To learn more about the group or whether individual counselling may be more appropriate for you, contact 4336 7777.

Press release, 21 Jul 2010
Jill Warwicker, Northern Sydney Central Coast Health

Shoppers support women's hospital

Woy Woy shoppers have contributed more than \$500 to the Royal Hospital for Women Foundation.

Through donations made at the coin collection boxes at Kmart cash registers during May and June, Peninsula customers have been helping provide much needed specialist medical equipment like humidity cribs, according to Woy Woy store manager Mr David

Ison.

"Over the last two months Kmart customers nationally have raised nearly \$50,000 for women's hospital foundations around Australia," Mr Ison said.

"In NSW, the funds raised will support the Royal Hospital for Women Foundation in their efforts to provide better health care to families.

Each year the Royal delivers

4000 babies and cares for more than 800 premature and critically ill babies.

"I was amazed when I found out that a neonatal humidity crib costs over \$100,000," Mr Ison said.

"On behalf of our patients I would like to thank Kmart's Woy Woy customers for their generosity," foundation chief executive officer Ms Penelope Hess said.

Press release, 22 Jul 2010
David Ison, Woy Woy Kmart

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Education



Mural painted at Ettalong

A "stunning mural" painted by indigenous students was the focus of Naidoc Week celebrations at Ettalong Public School this year, according to project coordinator Ms Kylie Cassidy.

Featuring two large whales and a variety of sea creatures, the mural was designed and painted by students with the help of Ms Cassidy and the school's Aboriginal liaison officer Ms Lisa Finney and other parents.

"The mural's theme, which ties into the overall education program at the school, is 'stronger smarter' and reiterates the three R's strongly

promoted at the school: Respect, Responsibility, Ready to Learn," Ms Cassidy said.

"The mural features two large whales, the water and glorious sunshine... elements we all associate with our beautiful Peninsula.

"Our aim is that kids will make stronger, smarter choices and be stronger, smarter kids."

Ms Cassidy said visitors during Naidoc Week admired the mural and found meaning and resonance through the mural's stunning images such as Year 1 student Taylor who enjoyed showing her mum the mural and finding out more about its meaning from the

local Indigenous community.

"NAIDOC stands for the National Aboriginal and Islander Day Observance Committee," Ms Cassidy said.

"Its origins can be traced to the emergence of Aboriginal groups in the 1920s, which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians.

"Today, Naidoc is a celebration of Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions of Indigenous Australians."

Press release, 12 Aug 2010
Rowena Newton, Ettalong Public School

Principals form 'learning community'

School principals on the Peninsula have established a local management group for the benefit of local students, according to Woy Woy Public School principal Ms Ona Buckley.

Ms Buckley said the group will meet regularly to discuss local issues and ways to support and enhance the learning of Peninsula students.

"I recently attended a local management group meeting of principals of the Peninsula schools," Ms Buckley said.

"We are now all part of the Brisbane Waters Learning

Community.

"Working closely together is advantageous for all our schools.

"Our group is setting up a 'Moodle' which is a website for sharing between all the schools and which supports curriculum delivery."

Ms Buckley said the new project would become a "very valuable and safe tool" for students to use to support their learning.

"Other projects include the ongoing support for Positive Behaviour Learning, the Stronger Smarter project for Aboriginal students, E Learning opportunities and strong links between the

primary schools and the high school campuses," Ms Buckley said.

"I also attended the Central Coast Principals Conference of combined primary and secondary principals.

"Our regional director and school education directors attended as well.

"We were updated on the 2011 outlook for Hunter Central Coast Regional Education and looked at the Department of Education and Training Enrolment Policy guidelines.

"We had a guest speaker from the Department of Family Services and discussed support services within the Department of Education and Training."

Newsletter, 23 Aug 2010
Ona Buckley, Woy Woy Public School

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Fence is low priority

Woy Woy Public School is on a long waiting list to receive a security fence, according to school principal Ms Ona Buckley.

Ms Buckley said the school must report all security incidents to prove to the Department of Education and Training it was a high priority candidate.

"Our P&C have been busy with letters to try and secure a security fence," Ms Buckley said.

"We are on the list to have a

fence but it is a very long list and we are well down on it.

"Every time we have a break and entry, vandalism or security incident we are required to enter it on a website as a security breach.

"We need to show a significant number of these incidents within a 12-month period.

"So far this year we have had six listed offences."

Newsletter, 23 Aug 2010
Ona Buckley, Woy Woy Public School

Visit to pre-school

Students from Pretty Beach Public School will visit children from the Walsingham Community Preschool as part a Kindergarten transition program.

School principal Ms Deborah Callender said Year 5 students would visit the preschoolers every

Thursday over the coming term.

"The students will work together to complete lots of fun activities," Ms Callender said.

"This is a rewarding experience for both the younger and older students."

Newsletter, 29 Jul 2010
Deborah Callender, Pretty Beach Public School

Speaking publicly

Pretty Beach Public School held its annual public speaking night earlier this month.

Students presented their speeches in an "excellent fashion" with more than 50 parents, friends and staff attending the evening, according to school principal Ms Deborah Callender.

"I was impressed with the overall variety of topics," Ms Callender said.

"Over 50 parents, friends, relatives and staff were informed, entertained and enthralled by every presenter."

Newsletter, 12 Aug 2010
Deborah Callender, Pretty Beach Public School

Grant for software

Woy Woy Public School has received a grant of \$3194 for a literary support software package.

School principal Ms Ona Buckley said: "The Literacy Support package is called Wynn Literacy Software and is an innovative literacy software tool designed to enhance success for individuals with reading challenges and writing difficulties," Ms Buckley said.

"The software was developed with the help of special educators and individuals with learning difficulties such as dyslexia,

dysgraphia and ashasia.

"By using a bi-model approach, simultaneous highlighting of the text as it is spoken, Wynn transforms printed text into understandable information that benefits readers of all ages including English Language Learners, struggling readers and children with ADD or ADHD.

The money came from Woy Woy Leagues Club through a Community Development and Support Expenditure grant.

Newsletter, 17 Aug 2010
Ona Buckley, Woy Woy Public School

Athletics carnival

Pretty Beach Public School principal Ms Deborah Callender has thanked parents and the wider community for making its annual athletics carnival a fantastic day for staff and students.

"What fantastic day we had for our carnival - even despite the wind," Ms Callender said.

"I always love the athletics

carnival as it has such a picnic feel about it especially when our younger students arrived.

"It's times like these that you certainly see the many advantages of a small school having strong connections to the local community.

"Our students thrive in this type of situation."

Newsletter, 12 Aug 2010
Deborah Callender, Pretty Beach Public School

Students win scholarships

Two Umina students have received scholarships following performances at the Central Coast Youth in Performing Arts concerts earlier this year.

Jessica Hin and Tynan Wood were two of six performers to win a scholarship thanks to sponsorships from local businesses and groups such as Woy Woy Little Theatre.

The week of performances at Laycock St Theatre saw more than 170 performers battle it out for one of six scholarships on offer.

Other scholarship recipients included Andrew Hay, Jesse O'Neill-Hutchin, Amelia Besseny and Damian Parker.

Gosford Council's director of community services and organisation development Mr Terry Thirlwell said: "The Youth In Performing Arts program has been able to provide an opportunity for the best young performers on the Central Coast to showcase their talent in a professional venue."

Press release, 9 Aug 2010
Terry Thirlwell, Gosford Council

Skills for teaching children to read

A literacy and language development specialist will offer an information session to parents and teachers on how to develop the foundational skills of reading for children next month.

Ms Rosemary Ruthven from ActiveLearningCentreInternational will present the Reading Starts With Rhyming session at the Beachside Family Centre in Umina from 10am on Tuesday, September 21.

Ms Ruthven is a literacy specialist, language development specialist, international presenter, senior trainer, published author and a certified screener for perceptual dyslexia.

"Learning to read is a science and involves a lot more than simply learning your ABCs," Ms Ruthven said.

"In fact, many parents and teachers are not aware that teaching their toddlers to sing the ABC song before other key reading concepts are in place does more harm than good.

"There is a right way and a wrong way to introduce children to the alphabet.

"Knowing the right way to introduce the alphabet results in children reading very quickly; many times before kindergarten.

"On the other hand, introducing letter names to children before they have phonological and phonemic awareness inevitably impedes their reading progress.

"To put it simply, phonological and phonemic awareness refers to the ability to differentiate one sound from another and to be able to manipulate those sounds to form new words.

"For example, we need to be able to hear the difference between pin and pan and to understand that if we substitute other sounds for the first sound in pan we can make ran, can and man.

"As adults, this seems so easy and natural, people assume children learn these concepts automatically.

"They do not.

"This has become even more apparent since the tradition of singing nursery rhymes and reading poetry in the home has become almost a relic of the past.

"Erroneous beliefs about how reading works are hard to undo and inevitably result in parents spending time and money on reading interventions later on," Ms Ruthven said.

In the presentation, Ms Ruthven will share some practical tips on how parents and teachers can teach their children phonological and phonemic awareness in a fun way as they go about their normal daily routines.

The cost for attending the presentation is a gold coin donation.

Seating is limited and reservations are a must by calling Debbie Notara on 4343 1929.

Press release, 2 Aug 2010
Rosemary Ruthven, Active Learning Centre International

Principal praises drumming

Woy Woy South Public School's drumming group gave an outstanding performance at this year's Central Coast School Spectacular, according to principal Mr Terry Greedy.

The annual event, held at Laycock St Theatre in Gosford, showcased the talents of local students including those from Woy Woy South.

"I was fortunate to be in attendance at the Central Coast School Spectacular to hear our

Drumbala group perform," Mr Greedy said.

"Our drum group was approached by the organisers of the Spectacular to participate and on the night they performed with distinction, receiving rave reviews from parents and teachers who were lucky enough to be at the show.

"Their segment was a standout in a program full of the best talent on the Central Coast."

Newsletter, 20 Jul 2010
Terry Greedy, Woy Woy South Public School

Umina campus hosts public speaking finals

Brisbane Water Secondary College Umina Campus hosted the Junior Legacy Regional Public Speaking Finals on July 28.

The event is a special middle school enrichment program on the college calendar, according to relieving head teacher of teaching and learning Ms Genelle Farquhar.

"Umina Campus had the pleasure of hosting the Junior Legacy Public Speaking Finals on July 28," Ms Farquhar said.

"Guests included Mr and Mrs Davis (Legacy director for Brisbane Water), adjudicator Ms Sue McNeill, parents and participating schools including Central Coast Grammar School, Gosford High, Henry Kendall High, North Lakes High, St Edwards Christian Brother's College as well as Brisbane

Water Secondary College Umina Campus.

"The competition consisted of two parts.

"Firstly, students presented a five-minute prepared speech on a topic of their choice. Secondly, students gave a two-minute impromptu speech on the topic of Building Bridges.

"The event has evolved into an excellent public speaking enrichment program for our middle school students with participation rates increasing from less than 10 a few years ago to over 45 this year.

"It is so rewarding to see students run the entire day from setting up the venue, welcoming visiting schools, hosting the event, providing lunch, writing news articles and letters of thanks with photos to visiting schools (so they can include them in their own

school newsletters), and cleaning up afterwards."

Ms Farquhar said president of Legacy Mr Max Davis spoke about Legacy and informed students about the opportunity to apply for scholarships for continued learning for children or grandchildren to veterans.

"The event provides a great opportunity for young people to develop their public speaking skills," Mr Davis said.

"It is a skill they need to succeed in all aspects of their later life."

Adjudicator, Ms Sue Macneil, praised the high standard of all competitors with first place awarded to Natacha Naidufrom Central Coast Grammar School.

Natacha will go on to compete in the semi-finals at NSW Parliament House on September 17.

Email, 9 Aug 2010
Genelle Farquhar, BWSC Umina

School holds film and animation festival

Woy Woy Public School will hold a short film and stop motion animation festival at Brisbane Waters Secondary College Woy Woy Campus across two nights starting on Thursday, September 2.

"This little red carpet event will showcase our six short films and over 50 stop motion animations," school principal Ms Ona Buckley said.

"Our judges and special guests such as NY Tropfest 2008 winner Shane Emmet (Mankind is no Island), Danny Demoreta and Greg Hoffman from Brisbane Water Secondary College XLR8 team and Dave Matthews from Civic Video, Woy Woy, are supporting our film making efforts.

"The following week will see students perform The Witch who Stole Happiness, Romeo and Juliette, and Othello on Tuesday September 7.

"Our second little red carpet


event focuses on our performance skills.

"This event promises to be a fun and entertaining night with students wowing us with their powers of performance: Shakespeare's classics (condensed) and a comedy about finding happiness plus a couple of surprises too."

Both events begin from 6.30pm.

Newsletter, 3 Aug 2010
Ona Buckley, Woy Woy Public School

Indian Dance Classes
For Children
Pre-school age:
Fridays 9.30 - 10.15am
School age: Mondays 3.45 - 4.30pm
\$7.50 each at the door \$6 each in blocks of four
Peninsula Community Centre
jeetbeat@optusnet.com.au



UMINA
Surf Life Saving Club



Umina Surf Life Saving Club welcomes new and existing members back for the new season. We encourage all ages from 5 years of age to mature ages as there is something to offer for everybody.

Remember
"Surf Life Savers - Keeping you Safe"

Registration:
Sunday's - 12th & 19th September 9am - 12noon at the Umina Surf Club.
Information booklets will be handed out on Registration days. Also information available from our WEB SITE.
www.uminaslsc.org.au

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Student of the Month
Nicholas

David Hosford UMINA 4344 5042



Out and About



Children and parents enjoy one of the reading stations at Storytime in the Park at Umina Oval on August 23

Storytime was well attended

More than 350 parents and children attended this year's Storytime in the Park at Umina Oval making it one of the most successful years to date, according to event organiser Ms Debbie Notara.

Ms Notara said the Peninsula was "outstanding" when it came

to community support of local activities and events.

The Start Reading Project, now in its fourth year of operation, organises Storytime in the Park which is totally funded and staffed by local community members, community services and businesses.

The free event was held on August 24 for young families with babies and children under six years to come along and enjoy a fun day out.

"Around 25 community members read stories and set-up special play activities for the children," Ms Notara said.

"Peninsula Family Day Care and Uniting Care Burnside also provided crafts on the day.

"Peninsula families always show great support of reading by joining in an opportunity to celebrate with their kids.

"Families came down to Umina Oval with a picnic rug and moved around the various reading stations where different stories were performed.

"Some stories were sung and some had movements for the children to follow.

"There was also an Indigenous, Spanish and even a Japanese reading station."

Ms Notara said a local bookstore provided \$250 worth of book prizes handed out on the day while a supermarket supplied free apples and bottles of water and a bakery supplied morning tea for storytellers.

Press release, 26 Aug 2010
Debbie Notara, Beachside Family Centre

Heaven theme for Art Space

"Heaven's Alive" will feature as the theme for the fourth upcoming St Luke's Anglican Church Art Space in Woy Woy.

Local artists from across the Peninsula and nearby areas are being invited to submit artwork to be showcased at the exhibition, according to the Reverend Penny Jones.

"We would like to invite local artists to make use of the space," Ms Jones said.

"The upcoming exhibition theme for the season of creation is 'Heavens Alive'.

"Artists are invited to join us in expressing their interpretation of

this theme with all entries submitted by September 27."

The exhibition will then open to the public on Saturday, October 2, at 3pm.

For more information or entry forms, contact Susie O'Donnell on 0409 774 467 or email susieodonnell@gmail.com

"Art Space is a community project we hope to be able to continue to offer local artists this venue on a regular basis," Ms Jones said.

St Luke's Anglican Church is located at 151 Blackwall Rd, Woy Woy.

Press release, 24 Aug 2010
Susie O'Donnell, St Luke's Art Space

Blind tai chi

Tai chi lessons for blind or vision-impaired people will now be held on the Peninsula every Tuesday from 1.30pm.

The one-hour class will still be held at the Umina Uniting Church.

Classes were previously held on Friday afternoons.

For more information, contact Jacky Tel on 4324 0645.

Email, 19 Aug 2010
Nathalie Gatt, Vision Australia

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PCYC to benefit from Proms concert

Umina PCYC is set to benefit from another Pearl Beach Proms fundraising concert, according to event host Dr John Irvine.

Last year's concert raised more than \$2000 for Umina PCYC and event organisers were hoping to continue the success.

"Although the term Promenade Concert is normally associated today with the series of concerts founded in 1895 by Robert Newman and conductor Henry Wood – now known today as the BBC Proms – the term originally referred to concerts in the pleasure gardens of London where the audience could stroll about while listening to the music," Dr Irvine said.

"The Pearl Beach Proms are no different with their own well-known and theatrical conductor, Christopher Bearman, director of the Central Coast Conservatorium of Music, who will lead the performers and engage the audience on a global musical journey.

"The evening promises to be an exciting journey commencing in the home of the modern Proms – Albert Hall, London, continuing through Britain, France, Holland,



Members of the Pearl Beach Youth Theatre group will perform the Little Dutch Kindergarten

Germany, Italy, Czech Republic, Latvia across to the USA and finally coming home to Australia via New Zealand.

"Our performers are talented members of the local community who have given freely of their time to rehearse and put on an evening of fine music mingled with fun and audience participation."

Performer and committee member Ms Margaret Walklate said the concert program had an "exciting addition" this year with

the item Little Dutch Kindergarten performed by members of the Pearl Beach Youth Theatre.

The concert is scheduled for Saturday, September 11, from 7pm.

Tickets cost \$15 with wine and refreshments available to purchase before the show and during the 20-minute intermission.

For tickets, call 4342 1306.

Press release, 24 Aug 2010
Lynne Lilloco, Pearl Beach Progress Association



Seedlings planted at Umina oval

A group of community volunteers has planted more than 500 provenance seedlings from the Umina Coastal Sandplain Woodland at the Peninsula Recreation Precinct at Umina Oval on August 1.

The community tree planting day was held to help celebrate Planet Ark's National Tree Day.

Gosford council's director of city services Mr Stephen Glen said the event was a great opportunity to promote National Tree Day as well as contributing to the regeneration work that is being carried out at the

Peninsula Recreation Precinct.

"The day was open to all ages and was a great success with residents being able to see the native species that we are planting back into the area," Mr Glen said.

"The new precinct will provide valuable open space, recreational and sporting opportunities for the local and broader regional communities while providing a popular tourist destination to visitors to the Central Coast through its unique location and combination of diverse facilities."

Press release, 12 Aug 2010
Stephen Glen, Gosford Council

Evening pottery

Ettalong Beach Arts and Crafts Centre will introduce an evening pottery class next term.

Publicity officer Ms Marg O'Connell said that due to the popularity of the Tuesday pottery class the centre would establish an evening class on Thursdays.

Ms O'Connell said the class would be held from 5.30pm to 7.30pm for acrylic sea and landscapes and be conducted by Ms Sandy Williams.

"Sandy Williams is presently our tutor for children's art class," Ms O'Connell said.

"Sandy has been teaching children and adults for over 20

years and has an honours degree in Fine Art." 8344.

For further information or enrolment, contact Ettalong Beach Arts and Crafts Centre on 4341

Email, 20 Aug 2010

Marg O'Connell, Ettalong Beach Arts and Crafts Centre

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Carlotta
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\$20 Non Members



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Blackwall Rd Woy Woy
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Tue
11am & 2pm

Thurs 2pm

Fri 11.30am & 2.30pm
Cash
Housie 1pm

Out and About



Landscape artist Mr John Biggart with his latest work on the McDonald Rangers

Landscape painter exhibits

A local landscape painter will exhibit his latest work at The Bouddi Gallery in Killcare until September 11.

This will be the second annual solo-exhibition for McMasters Beach artist Mr John Biggart, according to gallery owner Ms Jody Deamer.

Ms Deamer said this year's exhibition was sure to be a great success following Mr Biggart's sell-out show last year.

"John has been an acclaimed landscape painter for over 40 years and has had work accepted for the prestigious Wynne Prize," Ms Deamer said.

"As well as the Bouddi

landscapes and floral still life work he is renowned for, this year's exhibition showcases paintings and watercolours produced from a recent artists' camp he attended in the McDonald Ranges.

"John's work is dynamic and beautifully captures the unique light and colours of the Australian bush and desert."

The exhibition is open from 10am to 4pm daily until Sunday, September 11, at The Bouddi Gallery located at 1/5 Killcare Rd, Killcare.

For enquiries, phone 0419 287 994.

Press release, 25 Aug 2010
Jody Deamer, The Bouddi Gallery

Local artists share sketchbooks

The work of local artists Mr Robin Norling and Ms Jocelyn Maughan will feature in an upcoming exhibition at the Patonga Bakehouse Gallery over the next two months.

The Black and White Exhibition will showcase the recent prints, drawings, monotypes, grisailles and sketchbooks of the two artists throughout September and October.

"An answer to the old conundrum, 'What's black and white, and red (read) all over?' can be found on the walls of the Patonga Bakehouse Gallery over the months of September and October," according to Ms Maughan.

"The exhibition will be held in the main gallery and across the road in 24/7 gallery."

Ms Maughan said the exhibition would also give other local artists the opportunity to visit the gallery and share their work.

"We will show you ours."

"It's now your opportunity to show us yours," Ms Maughan said.

"Those so inclined are invited to bring along and share their sketchbooks."

The Patonga Bakehouse Gallery can be found at 19 Bay Rd, Patonga, and can be contacted on 4379 1102.

Letter, 13 Aug 2010
Jocelyn Maughan, Patonga Bakehouse Gallery



Cub pack attends construction camp



Members of the First Woy Woy Sea Scouts Cub Pack with their handmade billy carts

Members of the First Woy Woy Sea Scouts Cub Pack attended a construction camp on the weekend of August 7 and 8.

Group publicity officer Ms Julie Crowhurst said the cubs had a great weekend of team building.

"The cubs, aged between eight and 11 years old, had a fantastic weekend, in which they made straw buildings and things with clay, played games, and built and tried billy carts," Ms Crowhurst said.

"All materials for the billy carts were donated to the Cub Pack from Campbell's Home Hardware in Woy Woy.

"We even managed to get paint that was the colour of Campbell's building to paint the Billy carts in.

"All the cubs and leaders had a great time with the billy carts and cannot wait until the billy cart derby is held.

"While the cubs were building the straw buildings and making things out of clay, some of the parents were running a barbecue outside to raise money to send all our cubs to Cuboree.

"Our Cub Pack is growing in numbers and will soon have 20 cubs in the pack."

Ms Crowhurst said leaders were needed to reopen the group's Joey Mob, with ages from six to eight years.

Anyone interested in becoming a leader should call Robert Morgan on 0418 482 857.

Press release, 10 Aug 2010
Julie Crowhurst, First Woy Woy Sea Scouts



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Substation is threat to children, wildlife and livelihoods

As residents of Empire Bay, we are concerned by the recent statements made by Energy Australia relating to the proposed substation on Poole Cl, Empire Bay, in the recent edition of the Peninsula News.

Energy Australia states the Kincumber sewerage plant is too far away.

The sewerage works is only four kilometres away and is very much positioned perfectly for this type of Industrial structure to be placed.

There are plenty of suburbs that are supplied with power from more than four kilometres away.

The site is a designated high risk fire zone that will now only make the risk of a major catastrophic bushfire a reality.

If there was a fire at the substation a number of residents will not be able to evacuate the area as they would have to go past the substation to get out.

This is clearly not acceptable.

Energy Australia is not adhering to the bushfire asset protection zones setbacks that all local residents and commercial buildings in this area have complied with, due to this area being a high risk bushfire zone.

We need to learn from what happened in Victorian bushfires.

The local residents' safety should be paramount.

Local residents are also concerned with the electromagnetic fields that will emanate from this site.

Currently school children use this street daily to go to and from school.

They will now be forced to use Empire Bay Dr which puts these students in greater danger.

Forum

There is also a pre-school 200 metres from this site.

We have been promised by Energy Australia a copy of the Review of Environmental Factors report.

We have been promised this for at least eight weeks and every time we ask for it, they say it will be a couple of weeks away.

They have also ignored a council request for them to conduct a detailed Environmental Impact Study.

They have said it will take too long to do.

How can they ignore the council's requests?

The proposed site will also impact a recognised wildlife corridor that will now be put at risk and also impact already endangered animals like the micro bats which use this corridor.

There are still residents of Poole Cl who have had no correspondence from Energy Australia at all.

How can they say they have listened when the residents who are most at risk have not been consulted?

We are not against the need for another substation, we are simply against the current proposed site especially when there is an alternative site at Kincumber Sewerage works that meets all the criteria.

This site does put at risk school children, heightens the risk of a catastrophic bushfire, threatens local wildlife and threatens people's livelihoods.

These are concerns that should be listened to and fully investigated.

Email, 4 Aug 2010
Mark Carr, Empire Bay

Act before water laps at our ankles

People on the Peninsula are being encouraged to sign a petition if they are concerned about the information on sea level rise being placed on their property documents, as it will have an impact on their valuation.

Surely knowledge of sea level rise is not new to these people.

For many years there have been countless letters and articles in the papers as well as many public meetings about the subject of Global Warming and Sea Level Rise.

Gosford Council asked for input from the public before producing their flood level document.

At a recent presentation

Forum

in the Community Hall at The Bays, to which all were invited someone from the Department of Environment, Climate Change and Water showed us pictures of sea water coming up the storm drains and causing a flood in the middle of Woy Woy.

Another photo showed water washing over the wall across Brisbane Water Dr.

Imagine the impact on the railway that this will eventually cause.

It was interesting to see that there was support from small business.

Many of these same people have been working very hard to

destroy the vegetation and dunes around the Peninsula; trees are still being cut down, poisoned or even burnt, thus destroying nature's own way of protecting the land by building up the dune.

It is sad that these petitioners seem unaware that many people in the world are not only having their properties devalued but are losing them completely, as well as the very land mass on which they live.

Unfortunately this whole story simply confirms the fact that we humans don't bother about anything until our hip pocket is hit or, should that be, until the water is lapping at our ankles.

Email, 10 Aug 2010
Margaret Lund, Woy Woy Bay

The Diary

30 August

PCYC Umina AGM 6pm Free

Disease Proof Your Life film screening of "The Future of Food", Cinema Paradiso, Ettalong Beach, 7pm, \$15

1 September

Love That Colour Spring Exhibition launch, Creative Courtyards, 36 George St, Woy Woy Free

Health Connections Raw for a Day; breakfast picnic, Lions Park, Woy Woy, 8am; lunch picnic, Vernon Park, Umina, 12noon; and shared evening meal, Woy Woy CWA Hall, 5pm, bring along a raw food dish to share, gold coin donation

Black and White 24/7 Exhibition, Patonga Bakehouse Gallery until end of October, Free

2 September

Short Film and Stop Motion Animation Festival, Brisbane Water Secondary College Woy Woy Campus, 6.30pm

Troubadour Friends performing at Randall's on the Beach, Killcare 6.30pm Free

4 September

Pretty Beach Public School Denim and Diamonds P&C fundraiser, Killcare Surf Club, Killcare, 6pm, \$30

Girl in the Clouds perform at Randall's on the Beach, Killcare 6.30pm Free

5 September

Fathers Day Free Peter Mace & Usual Suspects performing at Randall's on the Beach, Killcare 10.30am Free

7 September

Central Coast Art Society Paint Out, Warratahs along Patonga Dr Free

Woy Woy Public School September Showtime, Brisbane Water Secondary

College Woy Woy Campus, 6.30pm

8 September

Woy Woy CWA Awareness Day morning tea, Woy Woy CWA Hall, 10am Free

9 September

Usual Suspects performing at Randall's on the Beach, Killcare 6.30pm Free

11 September

Pearl Beach Proms, Pearl Beach Memorial Hall, Pearl Beach, 7pm, \$15

Ettalong Public School Spring Fair, Karingi St, Ettalong Free

Central Coast Poets Inc Anthology launch, Pearl Beach Memorial Hall, 1.30pm Free

Matchbox 20 cover band, Woy Woy Leagues Club, 7pm, \$15

Girl in the Clouds perform at Randall's on the Beach, Killcare 6.30pm Free

12 September

Season 2010/2011 Registration Day, Umina Beach Surf Life Saving Club, 9am to 12pm

Carlotta Comedy Show, Woy Woy Leagues Club, 2pm, \$20

Blues Angels performing at Randall's on the Beach, Killcare 12.30pm Free

16 September

Troubadour Friends performing at Randall's on the Beach, Killcare 6.30pm Free

17 September

Kevin A Legend Music & Comedy Dinner Show at Randall's on the Beach, Killcare, \$59

18 September

Girl in the Clouds perform at Randall's on the Beach, Killcare 6.30pm Free

19 September

Season 2010/2011 Registration Day, Umina Beach Surf Life Saving Club, 9am to 12pm

Authors in Crime luncheon organised by Umina Book Bazaar, Boathouse Restaurant, Koolewong, \$50

21 September

Reading Starts With Rhyming information session, Beachside Family Centre, Umina, 10am

22 September

18th Annual Prestige Fours Tournament across three days, Ettalong Bowling Club

23 September

Usual Suspects performing at Randall's on the Beach, Killcare 6.30pm Free

25 September

Troubadour Folk and Acoustic Music Club, CWA Hall, Fisherman's Wharf, Woy Woy, 7.30 pm \$10

Girl in the Clouds perform at Randall's on the Beach, Killcare 6.30pm Free

26 September

Woy Woy Lions Car Boot Sale, Rogers Park, 9am Free Blues Angels performing at Randall's on the Beach, Killcare 12.30pm Free

27 September

School holidays commence

30 September

Troubadour Friends performing at Randall's on the Beach, Killcare 6.30pm Free

2 October

St Luke's Art Space "Heaven's Alive" exhibition opening, St Luke's Anglican Church, Woy Woy, 3pm Free

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Sponsored by Peninsula Community Access **News**

If you've got something happening on the Peninsula over the next few weeks, let us know about it and we'll list it here for you, for free. Contact details are on page 2.

Directory

Animal Care

Animal Welfare League NSW - Central Coast Branch is a not-for-profit organisation giving aid and financial assistance to sick and injured animals, as well as finding loving homes for surrendered dogs. Meetings are held the 2nd Tuesday of each month in the Spike Milligan Room of Woy Woy Library, Blackwall Road, Woy Woy, commencing at 10:00am. Visitors always welcome. Debra 4344 4435. awlcentralcoast@virginbroadband.com.au Postal: P.O. Box 376, WOY WOY. NSW. 2256.

Wildlife Animal Rescue and Care Society (ARC) (258) Rescues and cares for native wildlife in distress. www.wildlife-arc.org.au Free training provided. Meetings 3rd Saturday each month 1pm Wyoming Community Centre, Maidens Brush Rd Wyoming 4325 0666 arc@wildlife-arc.org.au

Art

Ettalong Beach Art & Crafts Centre Inc (256) Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes Monday to Saturday during School Terms Ph: 4341 8344 info@ebacc.com.au

Central Coast Art Society (257) Brings together artists and interested people for lectures, demonstrations and discussion, with weekly paint-outs each Tuesday at varying Central Coast locations (Ph: 4369 5860), workshops 9.30am - 12.30pm (Ph: 4363 1820) on the 1st & 3rd Wednesday of each month at Gosford City Art Centre and Social Meetings at 1.30PM on the 4th Wednesday of each month, for demonstration by guest artist. (Enq. 4325 1420) publicity@artcentralcoast.asn.au PO Box 4168 East Gosford 2250

Community Activities

Cash Housie (269c) 50 Games held every Saturday night at St Mary's Hall, Ocean View Rd Ettalong Beach, Opposite Palm Beach Ferry wharf. Free Tea and Coffee. 7.30 pm - 10.30pm. Proceeds go to Woy Woy Catholic Parish. www.cphousie@hotmail.com

Community Centres

Beachside Family Centre (257) A school-based community centre for families with children from birth to 8 years old. Offering a range of group programs and community activities to promote healthy and happy families 4343 1929

Umina Public School Sydney Ave, Umina

Peninsula Community Centre (256c) **Cnr Ocean Beach Rd & McMasters Rd Woy Woy**

Child Care - Before & After School, Vacation, Family Day & Occasional Children, Teenagers & Adults - Dance, Singing, Guitar, Drama, Music, Physie, Karate, Belly Dancing and multicultural social support Children - Little

Kickers, Indian Dance, Playgroups, KindyGym, Teenagers - The Web" Youth Support Services. Adults - Bridge, Yoga, Cake Decorating, Zumba, Scrabble, Weight Watchers, Boot Scooting, Song Writing, Community College, free tax help Post & Pre Natal Exercises. Counselling - Drug, Alcohol, Relationship, Financial, Gambling, Weight Control. Over 55's - Social Outings, Oil Painting, Multicraft, Needlework, Bushwalking, Stroke Club, History, Tai Chi, U3A, Scrabble, Arthritis Assoc, Gentle Exercise, Free Seniors Internet Kiosk Discussion Groups. Function & Meeting Rooms for 2 to 500, catering facilities avail. See www.pccinc.com.au, drop in or Ph: 4341 9333

Ettalong 50+ Leisure & Learning Centre (262) (formerly Ettalong Senior Citizens Centre) Activities Monday to Friday Cards, Computer Lessons, Dancing, Indoor Bowls, Fitness Handicrafts, Leatherwork

Line Dancing, Painting Scrabble, Table Tennis Tai Chi, Yoga, Darts Enquiries 4341 3222

Gosford 50+ Leisure and Learning Centre

(formerly Senior Citizens)

Handicraft, Leatherwork, Painting, Knitting, Tai Chi, Scrabble, Darts, Table Tennis, Indoor Bowls, Patchwork, Yoga, Fitness, Gentle Swimming, Line Dancing, Cards, Dancing, CPA, Womens Group, Crochet, Computer Class (waiting list) Enquiries 4324 4749

Community Groups

Friends of the ABC - Central Coast (257) a support group for the Australian Broadcasting Corporation. Aims: safeguard ABC's political independence, adequate funding and high standards.

Meetings throughout the year + social coffee afternoons Guest speakers 4333 8107 jhale@tac.com.au;

Arthritis NSW Woy Woy Branch (267c) Meetings held 3rd Tuesday of every month at the Community Centre, Corner McMasters Rd and Ocean Beach Road, Woy Woy 4341 5881 for more info

Endeavour View Club (254)

1st Monday of the Month at Woy Woy Leagues Club - 10.30am 4344 3825

Fellowship of First Fleeters Central Coast Chapter (259c) To create a greater awareness of the part played by those pioneers who arrived in Sydney with the first fleet on 26th January 1788 Every second Saturday of the month at Wyong RSL Club 10am roy.kable@bigpond.com 4344 3876

The Krait Club (270c) Community Centre - Cooina Village, Neptune Street, Umina 10.30am - 2.30pm open to senior members of the Woy Woy/Umina Community Our Program includes: Gentle exercises, quizzes, games, social activities, guest speakers, entertainment and occasional bus trips Norm Pringle: 4341 0698

Northern Settlement Services LTD (257) NSS Provides socialisation for migrants. Volunteers assist with home visits, shopping and social days where clients from all over the world enjoy time together. Every Thursday at the Peninsula Community Centre, 93 McMasters Road, Woy Woy 4334 3877

Wagstaffe to Killcare Community Association (256) The Association works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula area and to strengthen community bonds Monthly Meeting - 3rd Monday, 7.30pm at Wagstaffe Hall PO Box 4069, Wagstaffe 2257 Tel: 4360 2945 info@wagstaffetokillcare.org.au

Vietnam Veterans', Peacekeepers' and Peacemakers' Association Of Australia Inc, Gosford Sub-Branch (259)

The VPPAA assist all Veterans and their families with pension & welfare matters. Drop in for a chat. Cnr Broken Bay Road & Beach Street Ettalong. Monday & Wednesday Between 9am to 1pm Phone 4344 4760 vietvetsgosford@bigpond.com PO Box 505, Ettalong Beach NSW 2257

Volunteering Central Coast Inc (270c) We refer potential volunteers to community organisations and support both volunteers and community organisations. We also offer training for volunteers and managers of volunteers We interview potential volunteers every week across the Central Coast, including Woy Woy and refer them to their choice of volunteer roles. We also offer regular general information sessions at Woy Woy on volunteering. SharanPace@Nolunteeringcentralcoast.org.au

Community Restaurant

Mary Mac's Place (262) Providing hot, freshly cooked meals Monday to Friday 11am-1pm in a welcoming, friendly environment with support, information and referrals

to appropriate community services. marymacs@woywoycatholic.org.au PO Box 264 Woy Woy 2256 4341 0584

Disabled Services

Riding for the Disabled Association (NSW) - Central Coast Centre (257) Horse Riding as a therapy for those with intellectual or physical disabilities Monday to Saturday 4340 0388 stateoffice@rdansw.org.au

Environment

Peninsula Environment Group (260) Talks, films, social events, workshops, renewable energy and recycling projects, organic food buying group www.peg.org.au

Marine Rescue

Central Coast Unit (256) Marine Education Courses available: Radio Licences, Boat Safety & Boat Licence & PWC Licence Tests, Navigation, Seamanship and Meteorology. Enquiries 4325 7929 Regular event: Boat Licence Testing on one Saturday each month Contact Information: Phone 4325 7929 - www.coastalpatrol.org.au www.coastalpatrol.org.au pr.centralcoast@marinerescuensw.com.au PO Box 6058, West Gosford NSW 2250

Music

ASC Songwriter Assist Inc. (258) Regular activities and events for anyone interested in the craft and business of song writing 0412 149 094 www.ascsa.org.au info@ascsa.org.au

Retirement Centre

Peninsula Village (257) Not-for-profit, community owned, retirement centre caring for aged residents on the Peninsula in self care hostel and nursing home accommodation 4344 9199

Service Clubs

Rotary Club of Woy Woy Inc. (259) A fellowship of business, professional and community leaders through which the club provides service to others, promotes integrity and advances world understanding, goodwill and peace.

Everglades Country Club Woy Woy, each Tuesday Amanda Bickerstaff 0412 065 098 secretary@woywoyrotary.org.au PO Box 175, Woy Woy NSW 2256

Rotary Club of Umina (269c) An international service organisation of business leaders seeking to improve the lives of young people and those in need in our community and abroad.

We meet at Everglades Country Club each Wednesday evening and invite interested people to call Michael Curley Ph 0409 245 861. curleys@ozemail.com.au

Sport

Woy Woy Judo Club (259) Judo is a full contact sport for males & females aged from 7 years to senior. Learn self discipline, self esteem & fitness Every Tuesday and Friday 5.30 to 7.30pm ferryman57@hotmail.com 0434 000 170

Women's Groups

Country Women's Association Woy Woy (257) Friendship Mornings 1st and 2nd Wednesday 10am Monthly Meetings 4th Wednesday 12.30pm 4324 2621

Peninsula Women's Health Centre (2605) A centre for women's well being. Clinic sister; counselling; alternate therapists; groups and community education; drop-in; support for women in crisis; advocacy; printed information and resources on a wide range of women's issues 4342 5905 Wednesday and Thursday 9.30am to 3pm 20a McMasters Rd, Woy Woy www.ccwhc.com.au pwhc@cccwhc.com.au

If you would like your Community Organisation listed here, see duckscrossing.org/publications.html for the forms or contact Peninsula News on

4325 7369

Minor singles at Umina

Umina Beach Men's Bowling Club played out its Minor Singles event between local bowlers Mr Allan Kable and Mr Joe Ednie earlier this month.

Club publicity officer Mr Bob Penson said the minor singles event was a major event at the Peninsula club.

"Both men had fought their way past strong opponents to reach this final challenge by giving evidence of fine drawing skills.

"What is more notable, perhaps, is that both had journeyed this far before, with Allan being runner-up in 2009 at Umina whilst Joe had been runner-up at Ettalong a year or two earlier."

Mr Penson said the two competitors turned on a "stunning performance" of neck-and-neck bowling.

"An early 8-3 advantage to Allan swung quickly back to Joe 10-8 before they settled down to a close

struggle," Mr Penson said.

"With Al leading 13-11, he grabbed four shots speeding him out to a 17-11 advantage.

"Joe's supporters need not have become too concerned however as on the very next end he answered with a three (17-14).

"From there the duel continued until Allan with a succession of good draw bowls worked himself to a lead of 24-17 at which point he stung his opponent with a three-shot play that gave him a 10-shot lead.

"Joe refused to surrender and with determined shot making bought himself back to 27-22.

"Allan worked back out to what appeared a match winning break of 30-22.

"Joe refused to go away moving the score to a threatening 30-26 before Allan finally delivered the clincher and claimed the title."

**Press release, 13 Aug 2010
Bob Penson, Umina Beach Men's Bowling Club**



Mark Wahlstedt, Max Dettelbacher and Trevor Aitchison

Cardiff claims triples title

A team from Cardiff has claimed the Umina Beach Bowling Club's men's Kingfisher Triples title, according to publicity officer Mr Bob Penson.

Mr Penson said 26 teams came from around the Central Coast and nearby regions to play seven games over two days.

"The rinks were flooded with

Umina's own hopefuls but as the intense competition reached the concluding stages it became obvious that they would not figure in the result.

"Out in front of the pack, Trevor Aitchison and Danny McNeilly drove on their Cardiff and Ettalong boys respectively to improve on their existing six wins with one more in their final game.

"It was the Cardiff 'crunchers' who held on while Ettalong fell in a result that saw them drop back in the field on margins as others claimed a sixth win.

"The team of Mark Wahlstedt, Max Dettelbacher and Trevor Aitchison stepped forward to claim glory with seven wins plus 71 in

front of a host of six-game winners led by Michael Braham, Allan Quinn and Harley McDonald (Ettalong) six wins plus 73 and Bob Fraser, Wayne Balfe and Guy Robbins (Gosford) six wins plus 43.

"Just behind the pace followed Danny McNeilly, Mark Knowles and Tony Leslie with six wins plus 22."

In the women's contest, 40 teams competed with a team from Everglades taking out the top honour against Raymond Terrace with Umina in third place.

**Press release, 13 Aug 2010
Bob Penson, Umina Beach Bowling Club**

Locals compete in longboard titles

Two of the Ocean Beach Malibu Club's hottest young surfers competed in the Australian Longboard Titles near Port Macquarie recently.

Ocean Beach club contest director Mr Craig Coulton said the club was proud to be represented by such talented young surfers.

"Kai Ellice-Flint progressed through to the men's junior final (Under-18s) at the Australian Longboard Titles held over the past week," Mr Coulton said.

"The final was held at North Haven Beach, 30 minutes south of Port Macquarie, in small but very

clean waves.

"Unfortunately for Kai, the experience of the older competitors showed and Kai placed fourth in the final.

"Remembering that Kai is only 14-years-old and was surfing against three 17-year-olds who all will progress to the seniors, Kai has a great prospect of claiming the Australian Junior title for the next three years."

Club member Bryce Williams also competed in the national competition.

**Email, 23 Aug 2010
Craig Coulton, Ocean Beach Malibu Club**

Courtney bows out

Umina surfer Drew Courtney bowed out in the first round of the Billabong Pro world tour event at Jeffrey's Bay late last month.

Courtney competed in the first round against fellow Australian Owen Wright and Travis Logie from South Africa on July 15.

Unfortunately, he could only manage a score of 7.73 against strong performances from Wright (15.56) and Logie (13.93).

Conditions on the day saw five to seven foot waves with offshore winds and excellent conditions.

South African Jordy Smith was the overall winner of the event against Australian surfer Adam Melling.

Courtney is currently ranked at number 43 on the ASP World Title Ranking.

**Website, 23 Aug 2010
Association of Surfing Professionals**

Bowls open day

Ettalong Memorial Bowling Club will host an open day to encourage people of all ages to get involved in bowls.

Club publicity officer Ms Pat Powell said: "It is easy, light exercise and you don't have to be a professional.

"Everyone is welcome to come along to enjoy a game of bowls and light lunch."

The open day will be held every

Sunday throughout the month of September from 1pm.

Participants are asked to wear flat sole shoes or barefeet and comfortable clothes to bowl in.

Bowls will be supplied on the day.

For more information, contact John Roberts at the bowls office on 4341 1910.

**Press release, 27 Aug 2010
Pat Powell, Ettalong Memorial Bowling Club**

Charity Barometer 2010/2011

The Peninsula community is renowned for its generosity.

Time and time again, you'll read articles in this paper about funds raised for charity, but nobody knows how large a sum this is every year.

The Charity Barometer is an attempt by us to publicly record the extent of the Peninsula's generosity over the current financial year and to see what the grand total will be, come this time next year.

If you're part of an organisation that has raised and donated funds to charity, please let us know. Contact details are on page 2.



- Peninsula Village \$400 for Lifeline Australia
- Ettalong 50+ Leisure and Learning Centre \$400 for Arthritis NSW
- Ettalong Public School P&C \$1588 for Ettalong Public School
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 NB stall sites not open until 6.30am
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Woy Woy Country Women's Association
 invites members of the public to celebrate National CWA Day on Wednesday September 8, from 10am to 12pm.
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Joyriders to face court

Two teenagers will face Woy Woy Children's Court after being charged over a police pursuit between Umina and Woy Woy on July 19.

Police discovered a stolen car travelling along Mt Ettalong Rd in Umina around 1.30am.

Police are alleged to have pursued the car until it stopped on Railway Pde, Woy Woy, several minutes later.

According to police, the driver and front passenger

both ran from the car but were detained a short time later.

Police arrested two boys at the scene and a third teenager later handed himself into police.

Two boys, 15 and 16, have been charged with stealing a car and also for the pursuit under Skye's Law.

It is still unknown whether police charged the third boy, 13, who was a backseat passenger at the time of the car chase.

Website, 19 Jul 2010 NSW Police Media

Fingerprints help with arrest

Fingerprint evidence has assisted police in identifying and arresting a man allegedly involved in an attempted armed robbery of a Umina chemist last year.

The man, whose face was covered by a dark stocking, allegedly threatened two female staff members and made demands for drugs before being confronted by another member of staff and fleeing the scene empty-handed.

The incident occurred in November last year at the

chemist on Ocean Beach Rd in Umina.

Police were called to the chemist shop, which was examined by specialist forensic officers.

A 20-year-old Rainbow Flat man attended Taree Police Station on July 22, where he was arrested and charged with three counts of assault with intent to rob armed with offensive weapon.

The man was refused bail and appeared in Taree Local Court on July 23.

Website, 23 Jul 2010 NSW Police Media

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Umina defeats Toukley

The Umina first grade rugby league game against Toukley resulted in a 19-18 win to the Bunnies on August 15.

"Having lost numerous close games during the season, it was a pleasure to finally escape with one," club president Mr Ian Sonter said.

"All as one they stood together in defence, repeatedly frustrating the Toukley attack over the whole the field while playing an open brand of football unseen for a while, that resulted in Rhys Ryan, Scott Haydon and Daniel Payne crossing the try line.

"With scores locked at 18-all and eight minutes remaining, Dan Slattery positioned himself to the side of the upright to snap the winning field goal.

"Once again camaraderie came to the fore and the Bunnies denied the Hawks any possibility of stealing the match in the final minutes.

"The experience gained by our young local juniors in their first year of first grade football under the tutelage of coach Marc Matthews can only stand them in good stead for 2011."

Mr Sonter said Umina's second grade side were not so lucky with the game "stolen from under its noses" in a 36-30

loss against Toukley.

"Try as they might the Bunnies could not shake the Hawks off their tail, with end to end ball movement seeing points posted regularly," Mr Sonter said.

"Bookends Steve Campagna and Jason Williams did the hard yards all day closely followed by Nathan Shanks who never gives anything but 100 per cent.

"Meanwhile the Umina open grade side found out what semi-final football was about as they took on fellow top five aspirants in the Toukley Hawks.

"Things did not augur well when five eighth Daniel Norton was taken from the field early in the match due to injury.

"As the reshuffled team were regaining momentum, the Hawks scored two tries to set up what eventually turned out to be the winning margin of 12 points with the Bunnies going down 24-12.

"Play of the day belonged to second rower Steve Little whose dogged determination saw him chase down an intercept by an opposing centre and his support to deny a 90 metre try to the Hawks."

Newsletter, 20 Aug 2010
Ian Sonter, Umina Beach RLFC

Senior players farewelled

Two-hundred first grade game stalwart Jade Mason and premiership winning second rower Daniel King were farewelled from Woy Woy Oval as the semi final bound Woy Woy Roosters claimed a 34-16 victory against Toukley on August 22.

In a gritty contest the Roosters led 18-nil at half time courtesy of tries to Brendan Neal, Tim Bovis and Shay Neist and three goals to Adam Tippett.

"The second half degenerated somewhat, but the Roosters managed two tries through Mick Maryska and Glenn McLellan," according to club president Mr Geoff Staunton.

"Tippett added two further goals to make it five from five for the day.

"Roosters first grade have finished in fourth place which will see them face Erina on August 28, at MacKillop Oval, Kincumber, in the elimination semi final.

"Our reserve grade needed a victory over the Hawks to maintain a top three spot, and looked to be well in control holding a 22-12 lead over the visitors, with Dane Budd and Shane Wilson leading the way.

"The Hawks however had other ideas scoring two late tries to snatch a 24-22 win from the stunned Roosters.

"The loss relegates Woy Woy to fifth place and another appointment

with Toukley, also on August 28 at Kincumber.

"Our open age grade limped across the finish line with a 64-16 loss to the top three Hawks.

"Down 40-nil, the lads rallied in the second half but were outclassed by a good opposition.

"Meanwhile a 36-18 win to our Under-19s made no difference to the side finishing in third place on the ladder.

"Ryan Hughes, Blake Harrington and Chris 'Tookey' Norman had good games, and will need a repeat performance on August 29, when they face Terrigal in the qualifying semi at Sohler Park."

Website, 23 Aug 2010
Geoff Staunton, Woy Woy RLFC

Surf club five go for Gold

Five members of the Umina Surf Life Saving Club have been busily training in preparation for the Coolangatta Gold race later this year.

Known as one of the most grueling physical events, the Coolangatta Gold is run annually on the beaches of the Gold Coast, this year on November 7.

Umina member Mick Magurren will compete as an individual in the Open events and the overall race being a total of 46.65 kilometres.

The men's race begins with a 23-kilometre surf skleg from Surfers Paradise to Greenmount before the return trip north that includes a beach run of 0.65 kilometres from Greenmount to Coolangatta; a three-and-a-half kilometre surf swim to Bilinga; a four kilometre beach run to Currumbin and a five-and-a-half kilometre board paddle to Burleigh Heads before the final torturous 10-kilometre beach run from Burleigh Heads to Surfers Paradise.

The team race follows the same

course with each team made up of a ski paddler, runner, swimmer and board paddler.

In the team event the competitors are Rick Boylan, Richard Braddish, Brett Whyte and Gary Wilson.

"They have been training hard over the winter months in preparation for this and many other members from Umina have been there to assist and mentor them," Umina surf club secretary Ms Christine Lavers said.

Press release, 24 Aug 2010
Christine Lavers, Umina SLSC

Woy Woy misses out

Woy Woy has missed out on the semi finals of the Central Coast Rugby Union competition finishing sixth overall out of nine teams.

Woy Woy finished with 33 points on the competition ladder after round 18 behind top four teams Avoca and Kariong on 57 points and Ourimbah and Gosford on 51 points as well as fifth placed Terrigal on 50.

In round 17, Ourimbah jumped into third spot when they defeated Woy Woy by 28 points to 12 at Woy Woy Oval.

"Ourimbah were always in control throughout the match and achieved the valuable victory," Central Coast Rugby Union president Mr Larry Thomson said.

"They scored four tries in the win.

"Both halves in the match were very similar.

"Ourimbah led by 14 points to five at the halftime break and basically did the same in the second half in terms of points scoring.

"Woy Woy's best on the day were prop Callum Mead and flanker Nick Garnett."

Meanwhile, in its final game of the season, Woy Woy were defeated by 55 points to five against Kariong at Kariong Oval on August 21.

"Kariong dominated from start to finish and have certainly finished the round matches in good form," Mr Thomson said.

"Woy Woy gave it their all and their best player was youngster Robert Kinley."

Minor semi finals will be played out at Woy Woy Oval on August 28.

Email, 22 Aug 2010
Larry Thomson, Central Coast Rugby Union

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Bunnies' stalwarts retire

Umina Bunnies' club captain Dave Murray and player Aaron Michie have announced their retirement from the game.

"Hopefully neither of these club stalwarts will be entirely lost to the game," said club president Mr Ian Sonter.

"Both Dave and Aaron were

members of the 2005 Clayton Cup and premiership winning team with Dave holding the club record of 126 games over seven years in first grade without playing any other grade.

"Aaron finished with 103 first grade appearances."

**Website, 17 Aug 2010
Ian Sonter, Umina Beach RLFC**

Grant goes to surf club

Ocean Beach Surf Life Saving Club has been awarded a grant under the State Government's Emergency Volunteers Support Scheme to expand training and education resources.

The grant focuses on emergency management volunteers, according to Ocean Beach SLSC director of education and training Mr Richard Grimmond.

"For Ocean Beach to continue delivering the highest quality surf rescue, first aid, and other emergency response training programs to members and the community, the methods of training delivery must be in line with current

best practice," Mr Grimmond said.

Mr Grimmond said that the grant would be used to upgrade technology resources including a new computer, HD video camera and a 3D digital video projector.

"This equipment will allow us to fully engage learners within our club and even provide opportunities for them to create content," Mr Grimmond said.

"For example, members could now use the video camera to capture, the computer to edit, and the projector to watch training videos that can then be placed on the club's new website."

**Online submission, 23 Aug 2010
Aaron Camp, Ocean Beach SLSC**



Roosters hold golf day

The Woy Woy Roosters' Corporate Golf Day attracted 103 participants at Everglades Golf Club on August 16.

Club president Mr Geoff Staunton said: "The field for a three-ball Ambrose event was made

up of loyal Roosters sponsors, supporters and players.

"The team of Troy Bosden, Grant Stuart (our former first grade premiership winning player) and Darren Finn won on the day with a net result of 53 1/6.

"The Circle Golf Club teams

of John Frost, Mike Dwyer, Bruce Heard and David Edwards (second) Steve Milsom, Ian Antstiff and Brian Patterson (third) finished in the minor places."

**Website, 23 Aug 2010
Geoff Staunton, Woy Woy RLFC**

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