

Hospital future in jeopardy

The future of Woy Woy Hospital is in jeopardy.

It has been identified as one of 117 NSW hospitals that senior health clinicians claim are unlikely to survive under proposed Federal Health reforms.

The Daily Telegraph reported on Friday, March 5, that Woy Woy Hospital was currently "block-funded" and considered "financially unviable" under the Federal Government's plans for a "pay-for-service" model.

Shadow Minister for the Central Coast, Mr Chris Hartcher, said the NSW Liberals would protect Woy Woy hospital by creating a Central Coast Health District with its own board.

This would allow the Central Coast community to protect the future of local hospitals, such as Woy Woy and Long Jetty.

Shadow Minister for Health Ms Jillian Skinner said: "The NSW Liberals will abolish Labor's failed Northern Sydney-Central Coast Area Health Services, replacing it with a smaller Central Coast Health District, which will put health care

back in the hands of the Central Coast community and local medical experts, giving the community the opportunity to protect its local health services.

"Unfortunately Labor does not share our commitment to health services on the Central Coast.

"Central Coast families deserve a guarantee their hospitals and community health facilities have a future – the NSW Liberals are willing to give that guarantee."

She said it was time the Local Member, Ms Marie Andrews, signed up to smaller health administrative bodies and allowed the Central Coast community to determine the future of their local health services."

Mr Hartcher said Ms Andrews should say whether or not she wanted the Area Health Service to be broken up and localised.

Website, 5 Mar 2010
Simon Benson, Daily Telegraph Press release, 5 Mar 2010
Jillian Skinner, Shadow Minister for Health
Chris Hartcher, Shadow Minister for the Central Coast



Members of the Woy Woy Public Hospital Alliance meet at St Luke's Anglican Church in Woy Woy on March 6, to discuss the group's next plan of action

Photo: Ed James

Speed limit stays until August

The 60km/h speed limit at the Kariong end of Woy Woy Rd is not expected to be raised until after roadworks are completed in August.

Gosford Council has announced it will finally commence the works in May after receiving \$450,000 in Black Spot funding.

The 60 km/h speed zone has been in force since June last year.

Council's director of engineering services Mr John Cragg said council had been waiting on securing State Government funding for the project and to decide on what option would be the most effective way of improving the "black spot" area.

"A crash history of the site

reported by the RTA and local police indicated that something needed to be done to improve the safety of motorists travelling along Woy Woy Rd," Mr Cragg said.

"Until funding for the area had been secured, it was the responsible thing for council to reduce the speed limit from 80 km/h to 60 km/h given the crash history of the area.

"The Local Traffic Committee made the decision to reduce the speed limit through that section of road until improvements had been made.

"After council submitted an application for Black Spot funding, it was approved and saw council

granted \$450,000 for project works."

Mr Cragg said works would include reshaping and widening of the road surface, skid resistant bitumen sealing and additional guardrails to the section of road south of Kariong in the vicinity of scout camp and Aboriginal appreciation site.

"Once work is completed the original speed limit will be reinstated," Mr Cragg said.

"Work is expected to take approximately three months to complete."

Clare Graham, 4 Mar 2010
Interviewee: John Cragg, Gosford Council

Flood managers visit Peninsula

The Peninsula was a destination in a field trip for national Floodplain Management Authorities Conference last month.

The field trip was undertaken by more than 200 delegates as part of the conference hosted by Gosford Council on February 24.

Gosford mayor Cr Chris Holstein said the conference celebrated council's achievements in floodplain management to date.

The four-day conference featured keynote speakers from the UK and USA allowing delegates to attend a field trip examining various flood prone sites and mitigations techniques while taking in the sights of the area, according to council's manager of integrated planning

and conference chairperson Mr Eddie Love.

"While the bus tour allowed delegates to visit sites around the Gosford area and examine mitigation strategies, the conference also offered a new concept in risk management - a virtual scenario that incorporated all aspects of a flooding event," Mr Love said.

"Activities and workshops were designed to showcase best practice in floodplain management and assist in sounding out practical strategies and solutions to lessen the impact of flooding risk in all aspects of our lives."

Press release, 22 Feb 2010
Cr Chris Holstein, Gosford mayor

Italian festival held in Ettalong

Ettalong will host the inaugural Central Coast Italian Festival next month.

The festival will feature "all things Italian" including food and entertainment, according to festival organiser Mr Chris Farnon.

"The concept is also a first for the Central Coast, recognising a popular culture, cuisine and nation

steeped in history," Mr Farnon said.

"The festival will expose residents and visitors to the cinemas, stallholders, cafes, restaurants, day spa and other businesses within the resort.

"Buses will make the return trip from the Marconi Club, the hub for Sydney's Italian residents, and assist with transport from Woy Woy

station."

The festival is set to be held across the weekend of April 10 and 11, at the Ettalong Beach Tourist Resort and will include Italian cars and motor bike exhibition, Italian films, music, dance, World Cup soccer expo, food, wine, travel show, language cooking and coffee making classes.

Entertainment lined up for the

event includes a fashion parade, opera singers, donkey rides for children and a Punch and Judy show.

"A pasta eating contest and pizza topping competition will add to the festivities," said Mr Farnon.

"Tours of the complex will include Cinema Paradiso's projection room, function areas, Renaissance artwork, restaurants

and market stalls."

Entry and entertainment is free, while films will be \$5 per person.

For more information or to become involved in the event, phone 0415 598 437.

Press release, 4 Mar 2010
Chris Farnon, Ettalong Beach Tourist Resort

News

Competitions - Win Win Win Your chance to win big!

Peninsula News in conjunction with Earth Central is giving away a double pass to see world music group Djan Djan this month.

The prize features a dinner and show for two people at Kantara House on Tuesday, March 16, valued at \$100.

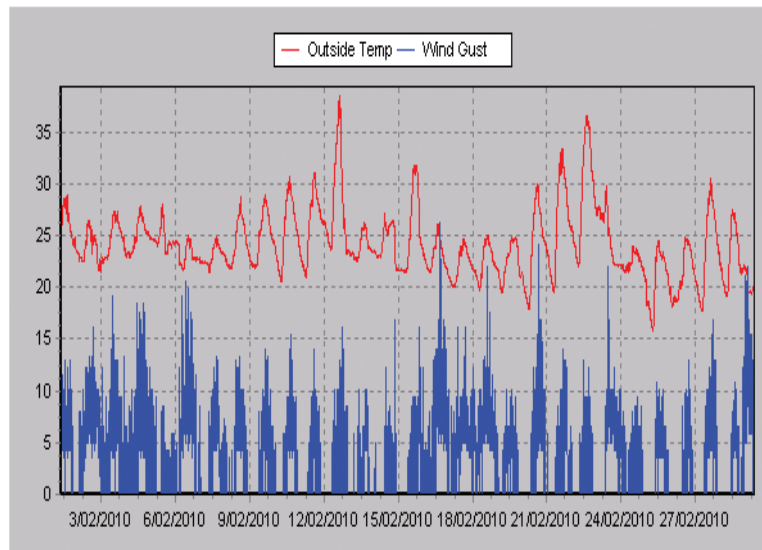
Direct from their performance at WOMADelaide Djan Djan features Jeff Lang on slide guitar,

Bobby Singh on Indian tabala and Grammy winner Mamadou Diabate on Afriacn kora (harp).

The winner of the Peninsula News/Roy Lamb the Sand Man competition has been announced.

Mr Darren Teasdale of Pretty Beach has won \$100 worth of landscaping materials.

Clare Graham, 5 Mar 2010



Rainfall is average

Rainfall on the Peninsula for the year at end of February was close to average, according to figures supplied by Mr Jim Morrison of Woy Woy.

A figure of 135.4mm for the month, 17.4mm above average, brought the yearly total to 226.4mm,

compared to the average of 220mm.

The vast majority of this rain fell in the first half of the month, with only 13.0mm falling since February 14.

A good rainfall recorded on Saturday, March 6, saw the monthly figure almost a quarter of the way to the March average of 129.4mm.

A minimum temperature of 26.3 on February 22 was the highest daily minimum temperature recorded by www.peninsulaweather.info in more than 12 months.

Just a day later, the daily maximum was two degrees lower at 24.1, the lowest maximum for the month.

Temperatures during February varied from a maximum of 38.5 on February 11 to a minimum overnight of 15.8 on the morning of February 24.

Average maximum temperature was 28.3 and average minimum 21.0.

Temperatures were more extreme than February last year when they varied from a minimum overnight low of 20.4 to a maximum high of 30.4.

This year, wind averaged 3.1km/h during February, with a highest gust of 30.2km/h recorded on February 16.

Spreadsheet, 5 Mar 2010

Jim Morrison, Woy Woy

Website, 5 Mar 2010

www.peninsulaweather.info

Peninsula News Community Access

Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalist: Clare Graham

Graphic design: Justin Stanley

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd

Convenor, Burrawang Bushland Reserve Committee

President, Australian Conservation Foundation Central Coast branch

Chairman, Equilibrium Community Ecology Inc

Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 236

Deadline: March 17 Publication date: March 22

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:

Office: Suite 5, 115 Blackwall Road Woy Woy

Phone: 4344 1844 **Fax:** 4344 1944

Mail: PO Box 532, Woy Woy 2256

E-mail: mail@peninsulanews.asn.au

Website: www.duckscrossing.org

Website: www.peninsulanews.info

Legal responsibility for editing, printing and publishing in Peninsula News is taken by Mark Snell of Woy Woy, for Peninsula Community Access Newspaper Inc.

Ducks Crossing Publications is the commercial operator of Peninsula News

Ducks Crossing Publications also publishes

• **Coast Bowls News** - www.ccdba.org.au - email: bowlsnews@duckscrossing.org

• **Trad&Now** - www.tradandnow.com - email: info@tradandnow.com

Printed by MPD, Maddox St, Alexandria

Emergency Numbers

Police, Fire, Landline & Mobile	000
Ambulance Text Mobile	106
GSM	112
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
Police Assistance Line	131 444
Woy Woy Police Station	4379 7399
Crime Stoppers	1800 333 000
RFS Fire Control Centre	4340 2911
SES - Storm and Flood Emergency	132 500
Gosford City Council	4325 8222
City Rail	131 500
Energy Australia	13 13 88
Poisons Information	131 126
Lifeline	13 11 14
Royal Volunteer Coastal Patrol	4325 7929
Busways	4362 1030
Taxi	131 008
Gas Emergency	131 909
Suicide Help Line	1800 191 919
Wires	4323 2326
ARC	4325 0666

Subscribe now and don't miss an edition

Q = What's the perfect gift for a current or former Peninsula resident that has everything?

A = A 12 Month Subscription to Peninsula News, a gift they can enjoy not just once, but all year round for just \$50

Peninsula News

Community Access

Ph: 4344 1844 Fax: 4344 1944

Suite 5 St Johns Corner, 115 Blackwall Road Woy Woy

To order online www.tradandnow.com

Name: _____ Ph: _____
Address _____

Please send credit card details or a cheque or money order payable to
Ducks Crossing Publications, PO Box 532 Woy Woy 2256

Council loses another \$2.9M

Gosford Council has reported a further investment loss of two of its structured securities of almost \$3 million, according to a council report.

The report stated that council saw a combined principal loss of \$2.9 million leaving the principal remaining on these two investments at \$2.89 million.

Council staff reported that the losses reported in these structured securities would not affect the service levels or works completed by council as provisions have already been built into its current budget.

However, Peninsula Chamber of Commerce president Mr Matthew Wales has questioned the existence of the \$51 million net return.

"The question on everyone's lips is where has the \$51 million gone?" Mr Wales said.

"If indeed the council has made this money, the business community would like an account of where that money has been deposited or what it has been spent on.

"It is cold comfort to learn that the council has built in the losses into its current budget.

"We would also like confirmation that the moneys that were taken from trust funds such as Section 94 Contribution Accounts and

Water and Sewer Funds have been returned from the interest received on the investments.

"To date, we don't know if this is the case.

"Our big concern is that services in the medium to long term could be adversely affected by the mounting losses which could tip over \$40 million once all the securities mature."

Mr Wales said the recent investment report was a "disappointing result" that did not bode well for the remaining 30 structured securities still to mature in council's portfolio.

"Combined with the Lehmann Brothers property note loss of \$2.5 million last year, council has lost nearly \$5.5 million of ratepayers and developer contribution funds already with more bad news likely to follow next month," Mr Wales said.

"The business community is bitterly disappointed in this trend especially when Gosford council assured us that our money was safe and that we had not lost a cent.

"We haven't lost a cent?"

"Well we've actually lost \$5.5 million."

**Council agenda COR.13,
23 Feb 2010**

**Press release, 19 Feb 2010
Matthew Wales, Peninsula
Chamber of Commerce**



Club asked for \$300,000

The need to find funds to complete work on Ettalong foreshore has prompted Gosford Council to approach the Ettalong Beach Club for \$300,000 it claims the club had agreed to contribute.

Council's acting director of city services Mr Brian Shackleton said council was yet to receive any of the funds he said were specified in an agreement made by the club in 1998.

"In 1998, the council agreed to take action to rezone the land and the club agreed to make a contribution of \$300,000 to be used for foreshore improvements," Mr Shackleton said.

"The deed provided that the contribution is due when funds have been provided by council to complete the works.

"Council has yet to receive any of the contribution agreed to by the club.

"Council will continue negotiations with the club and has resolved not to take legal action." In its 2009 Annual Report, the

club stated it "denies such a liability and is strenuously defending its position".

Mr Shackleton said "a substantial amount" of money was required to complete the foreshore works.

They would be completed as funding became available, he said.

"Sources of funding for these works will include grant funding and capital works funding," Mr Shackleton said.

"Council recently received grant funding from the Department of Environment and Climate Change which is a 50/50 grant.

"These funds will be used for the design of the foreshore stabilisation and will cost approximately \$90,000."

Council's coordinator of parks, playgrounds and foreshores Ms Kim Radford said council officers had been actively seeking grant funding to complete the remaining two of three viewing platforms planned for the area.

"To date, we have been unsuccessful with these

applications," Ms Radford said.

"We have completed some works around the town beach precinct and there is currently a 12-month bushcare contract underway."

Meanwhile, the Peninsula Chamber of Commerce president Mr Matthew Wales said the chamber remained in "strong support" of the adopted Ettalong Beach Foreshore Management Plan.

"As a key participant in the formulation of the plan, the chamber has a considerable interest in seeing all the work completed as soon as possible," Mr Wales said.

"The recent completion of the viewing platform at the eastern end of The Esplanade has been a huge success.

"The reaction from visitors to the area has been extremely positive."

**Council agenda COR.
C16, 2 Mar 2010**

Media statement, 5 Mar 2010

Alison Hood, Gosford Council

Press release, 5 Mar 2010

Matthew Wales, Peninsula

Chamber of Commerce

Happy Hour Cash Grab

peninsula
PLAZA

For your chance in the Cash Grab Machine spend \$10 at any specialty store or \$50 at Woolworths, write your name and phone number on the receipt and place in the entry barrel.



Each day, five lucky winners will be drawn and phoned to come along for a turn in the cash grab machine at the next Happy Hour. You could grab up to \$1000 in Peninsula Plaza Shopping Dollars!

The **Happy Hour Cash Grab** is on from **11am to 12noon**

Thursday 11th March
Saturday 13th March
Thursday 18th March
Saturday 20th March
Thursday 25th March
Saturday 27th March

**Up to
\$25,000
in Peninsula Plaza Shopping
Dollars up for Grabs!**

See full terms and conditions of entry in-store. Issued under permit No. ITPS/10/01298

live local, shop local

peninsula
PLAZA

Blackwall Road, Woy Woy

Forum

Environment Plan fails to protect environment

Council fails to value or protect our most treasured public lands and open spaces in its draft Local Environment Plan (LEP).

Gosford Council's draft LEP currently on public exhibition for comment is an outrage which has to be seen to be believed.

The draft LEP updates and changes the zones of all land in Gosford in line with a new State Government template.

Tragically, Gosford Council has taken what can only be described as a cavalier attitude to this process and unlike other Councils undergoing the same exercise, has completely abrogated its responsibility to protect our valuable conservation lands and public open spaces right across the local government area.

Take for example the Pearl Beach Arboretum - conservation land given in trust to the people of Gosford by a private individual.

Forum

Under the draft LEP the Arboretum is now zoned RE1, a zone which allows for things such as motor racing tracks, caravan parks, paint ball centres, major recreation facilities, restaurants, child care centres, kiosks, car parks, roads and much more.

Other local examples on land proposed to be zoned RE1 include Mt Ettalong and the Umina Coastal Sandplain Woodland (endangered ecological community) next to Umina caravan park, Blackwall Mountain, Iluka and Kahibah Lagoon and wetlands.

These areas of public land should all be zoned E2 environmental conservation and not RE1 recreation.

Council tells us that the management plans for these areas are sufficient to ensure they remain

conservation areas.

However we know only too well from bitter experience in the courts that it is the zoning and the LEP that is the main legal protection for any land.

All other plans are discretionary and can be easily overridden by a decision of Council or the Courts.

These are only a few examples of how these proposals will affect the environment that many of us moved here to enjoy.

If you care about our public open space, the protection of native animals, our bush land and ridgelines - make sure you make a submission to Council about these issues before the close date of 8 April.

If you would like to know more contact me on 4342 2251 or go the Community Environment Network website www.cen.org.au.

**Email, 5 Mar 2010
Sue Ellis, Umina**

More forum page 17

Need for tram?

I recently heard some commuters on the Central Coast line discussing the Fast Ferry from Ettalong to the Sydney CBD.

Someone suggested that the project would not work effectively without a 'light rail' link between Ettalong, Umina Beach and Woy Woy.

The thought was that Woy Woy is the real transport hub of the Peninsula and indeed linked onto Gosford.

All the busses throughout the Woy Woy Peninsula do connect at

Forum

Woy Woy rail station. However, the waters near Woy Woy are unsuitable for a large passenger ferry due to environmental concerns.

So, the theory goes that if a major ferry link with Sydney were to be established at Ettalong, a reliable and high capacity link would need to be made to Woy Woy and that would be an energy (and greenhouse) efficient electric light rail or tram service.

Who would run and finance the Ettalong Tram Service?

Perhaps, a private group of companies supported by State or Commonwealth money?

Do we really need a ferry?

If so, do we then need a light rail link?

Would such a project need to be constructed soon to cater for the infrastructure needs of a growing community as suggested by the Australian Government recently?

These and many more environmental and community questions need to be asked and considered before too long.

**Email, 4 Mar 2010
Paul Ward, Umina**

Publish footpath policy

Gosford Council would do well after almost four years to publish the latest revised policy on the use of our footpaths in the local Peninsula News.

But more importantly all those thousands of people in business in the Gosford Local Government Area owe it to themselves to be familiar with what is required of them when they commit to going into business.

Access the current policies on Gosford Council's website and avoid acting on misleading information.

I know it is hard when as a small business you come to me with concerns.

People are enjoying the benefits of a clear differential application of council's policies relating to the encroachment of business activity onto our footpaths and road reserves, while you and others are being fined and hassled.

I have several times pointed out to my readers the bottom line in all

Forum

Letters to the editor should be sent to:

Peninsula News

PO Box 532,

Woy Woy 2256 or

mail@PeninsulaNews.asn.au

See Page 2 for

contribution conditions

this has always been the State-mandated need for public risk insurance to be in place.

Currently an amount of around \$10 million must be in place to indemnify Gosford Council, if they give permission for business to place an A-frame or conduct business on the footpath.

The Local Government Act has been quite clear for decades that anything on the footpath without prior approval is there illegally.

**Email, 19 Feb 2010
Edward James, Umina**

Tribute to the past

It is always heartening when a developer or entrepreneur pays tribute to the past as with the Patonga Hotel and Cinema Paradiso Complex on the Peninsula.

Both are a pleasure to visit.

Much of modern architecture is arid and dehumanising.

The old sandstone buildings and colonial mansions of the

Forum

19th century are solid, grand and substantial.

But the cream, in my view, is the look of the 1930s decade, the art deco decade, that wonderful era of glamour, sophistication and class.

**Letter, 16 Feb 2010
Keith Whitfield, Woy Woy**

TERMS OF EXPERIENCE

The Peninsula's largest & most experienced legal team



Tonkin Drysdale Partners have been helping generations of Peninsula businesses and residents with legal matters since Philip Tonkin first opened the practice in Woy Woy over 50 years ago.

Today, we offer the most extensive and experienced team on the Peninsula with three Principals and a team of 22 legal and support staff.

If you need legal help from an experienced local team, call Tonkin Drysdale Partners today for an appointment.

- Family Law • Commercial Law • Conveyancing • Contract Law • Criminal Law
- Industrial Law Estate Planning • Litigation • Insurance Claims • Trusts & Companies

Woy Woy Office 79 Blackwall Road, Woy Woy | Telephone 4341 2355

Visit our new website - www.tdplegal.com.au

TD Tonkin Drysdale Partners Est. 1958

ROY LAMB

"THE SAND MAN"



- For all your landscaping supplies
- Soils • Mulches
- Decorative Pebbles and Lots More

Open 5 1/2 Days from 6am
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"


4344 1110



Mid-year opening for Woolworths

The new Woolworths supermarket in West St, Umina, is expected to be completed mid-year, according to Woolworths development manager Mr Andrew Loveday.

Mr Loveday said work commenced on the site in August last year.

The remaining works included completion of structure and roof and the installation of services and internal fit-out.

He said no significant changes had been made to the plan or layout of the building since work commenced.

The new store is expected to

provide around 150 full time, part time and casual jobs with staffing opportunities available in the preceding two months before the store is officially opened.

Mr Loveday said the best way for local residents to register their employment interest was via the Woolworths website with local advertising for staff closer to the time of opening.

He said the Woolworths petrol station which opened in September last year had received "positive feedback" from the community so far.

Clare Graham, 16 Feb 2010
Interviewee: Andrew Loveday, Woolworths Limited



Construction workers onsite at the new Woolworths supermarket development in Umina CBD

Broken Bay coastal processes study tender let

Gosford Council has agreed on a suitable to undertake the \$300,000 Open Coast and Broken Bay Coastal Processes and Hazards Reassessment.

The project will review and update of the coastal management plans in light of climate change and rising sea levels, according to a council report.

The tender submitted by Worley

Parsons Ltd was accepted by council after receiving six tender applications for the project.

The council report stated that Worley Parsons Ltd submitted a "superior consultancy proposal presenting value for money and the most positive benefits to council".

"Assessors found Worley Parsons personnel, experience and track record are greater than or equal to their closest rivals," the

report stated.

"Their coastal assessment approach also came highly recommended from a range of councils and State Government agencies."

The project is expected to be undertaken over a 44-week period and is scheduled to commence this month, according to the report.

The project will have the financial support of the State Government

who provided up to \$150,000 under its Coastal Management Program with council contributing the remaining \$150,000 needed to complete the reassessment.

"This review will re-assess coastal hazards, and re-determine existing hazard lines in line with NSW Sea Level Rise Policy to incorporate sea level rise planning benchmarks and climate change impacts," the report stated.

"The revised plans will identify upgraded threat mitigation and/or minimisation measures through erosion and inundation hazard assessment and set suitable adaptation measures for the minimisation of the threat to public infrastructure, public land, private property and buildings and/or propose alternative measures to mitigate the threat."

Council agenda ENV.7, 23 Feb 2010

Clarkes // Amcal Pharmacy

AMCAL - Glucosamine Omega 3 Fish Oil Plus - 200 Capsules



amcal's own \$21.99



amcal's own \$26.95

AMCAL - Glucosamine 1500mg 200 Tablets

amcal's own \$21.99



amcal's own \$34.99

AMCAL - Glucosamine 1000 200 Tablets

Glucosamine & Chondroitin
• Relief of joint pain and inflammation
AMCAL - Glucosamine & Chondroitin 200 Tablets

AMCAL - Co-Enzyme Q10 50mg 100 Capsules

Co-Enzyme Q10 50mg
• Healthy heart and cardiovascular system
• Improves energy levels, stamina and endurance



amcal's own \$12.99

AMCAL - Natural Fish Oil 1000mg 400 Capsules



amcal's own \$15.99



amcal's own \$12.99

AMCAL - Odourless Fish Oil 1000mg 200 Capsules



amcal's own \$19.95

AMCAL - Sugar Free Vitamin C 500mg 400 Tablets

AMCAL - Garlic Horseradish Fenugreek + C 100 Tablets
• Relief of colds, sinusitis, mucous, Congestion and catarrh

amcal's own \$12.99



amcal's own \$16.99

AMCAL - Echinacea ACE Complex 100 Tabletst
• Relief of colds and flu
• Contains Echinacea and Garlic



AMCAL - Multi Vitamin & Minerals 200 Tablets



amcal's own \$13.99

AMCAL - Woman's Multi Vitamin 100 Tablets



Shop 4, Peninsula Plaza
Woy Woy - Ph 4342 2256

Trading Hours - Open 7 Days
Monday to Friday: 8.30am - 6.30pm
Saturday: 8.30am - 4.00pm
Sunday: 9am - 3.00pm

Locals miss out on Green Loans

Assessments for Green Loan applications submitted over three months ago are unlikely to be processed by a Government department before the scheme closes on March 22.

At least five Peninsula residents who had their homes assessed in November have still not received assessment reports required to lodge a loan application.

The Government announced on February 19 that "the less popular loans component" of "the popular Green Loans Program" would be discontinued from March 22.

In what one assessor described as "bureaucratic bungling", the federal Department of Environment, Water, Heritage and the Arts appears to have had neither the capacity to handle the demand for assessment bookings nor the capacity to process the assessments submitted.

The Government's Green Loans Hotline has advised it cannot give any indication whether the Peninsula reports will be processed in time.

Hotline staff said they could pass on "missing report requests" to the department but they did not have access to departmental records and could not give information on the status of an assessment report.

Two weeks ago, the Hotline was saying departmental staff would return calls within three days, but by the end of last week the Hotline was unable to say whether inquiries would receive any response.

An online departmental enquiry form indicates a response time of 20 days, which is beyond the closing date of the scheme.

In the meantime, the financial institutions are quickly dropping out of the scheme.

What was previously a long list of participating financial institutions on the Department website dwindled to a short list of credit unions, many of whom were no longer accepting loans.

For example, just a week after the announcement, Maleny Credit Union was no longer receiving applications and the Teachers' Credit Union was only accepting applications from existing members until 4pm on February 26.

At the end of last week, just seven credit unions remained on the list.

The Community First Credit Union, which has a branch in Woy Woy, is still accepting online applications and says it intends to until March 22, but there is doubt whether it will be able to process all loan applications in time.

Its website states: "Due to the large volumes of green loans applications ... we cannot guarantee that we will be able to process all applications prior to the government imposed cut-off date."

Some lenders also require quotes from suppliers which are in line with the recommendations in the report, which makes the timing of submitting a loan application and having it approved in time even more difficult.

Mark Snell, 5 Mar 2010



Gosford Council policy states that A-frame advertising is not permitted on public footpaths within the Gosford Local Government Area

Chamber protests 'hard ball' on signs

The Umina District Chamber of Commerce is calling on local businesses affected by Gosford Council's "hard ball" approach to A-frame advertising signs on public footpaths to come together unanimously and fight for a suitable compromise to the policy.

Chamber president Ms Sharon Martin said it was important for the local business community and chambers in the Gosford local government area to join together and negotiate a policy that worked for business and community.

"Council has reported to me that they are enforcing the Roads Act of 1993 that states you cannot place anything this is likely to injure any person or damage any vehicle or restrict or endanger the use of a road by the public to interfere with public convenience," Ms Martin said.

"We have two issues that the Chamber will be lobbying council on.

"Firstly will be the interpretation of that regulation and secondly on the interpretation of the meaning of road and footway.

"The chamber will not be challenging the council on the enforcement of the AS 1428 Design for Access and Mobility.

"I have called upon our adjacent chambers and businesses to come

into support so we can put together a petition and sit with council to come to a compromise which will work for business and community.

"We will not achieve this unless we come together as one."

However, council would not comment on whether it would come to an agreement with local business owners on the matter or how it would address community concern against the policy.

Council's acting director of corporate services Mr Brian Shackleton did confirm that A-frames were not permitted under any circumstances and business owners could not apply for a licence to advertise on the footpath.

"Policies are reviewed and placed on exhibition for comment after each council election - this would be the most appropriate time for community members to provide comment on these policies," Mr Shackleton said.

"There is currently no indication that the policy will be changed."

Mr Shackleton said council officers would continue to conduct regular compliance inspections and act on complaints.

"Business owners are notified in writing and/or in person of the requirements under the policy and guidelines," Mr Shackleton said.

"Clothing racks and other approved display material for the purpose of street vending is permitted after the appropriate

licence approval has been obtained from council."

Mr Shackleton said the objective of the policy was to permit the limited business use of public footpaths for street vending purposes, directly outside suitable businesses throughout the Gosford LGA and to help retailers with promotion of their businesses to an ever increasing competitive field.

Ms Martin said the objective was not being met.

"Council is taking a hard ball approach to this act with no lenience or understanding to the business needs to advertise their business," Ms Martin said.

"Taking a look down some of our streets, they look like ghost towns where business look closed.

"Some smaller businesses in side streets will suffer a great fall in business with patrons not being able to identify location or opening and closing times."

Mr Shackleton said the policy's aim was also to minimise disruption to neighbouring businesses and surrounding environment by regulating and monitoring approved business activities on public footpath and to ensure suitable pedestrian thoroughfare zone is available along the footpath for all road users.

Press release, 15 Feb 2010

Sharon Martin, Umina District Chamber of Commerce

Media statement, 5 Mar 2010

Brian Shackleton, Gosford Council

CASH LOAN
MONEY CENTRES
THE SMALL LOAN SPECIALISTS

NEED CASH?
Call Now!

- \$1000 = \$42/week
- Centrelink clients welcome
- Bills, Dental, Vet, Bond, Car, Household • FAST DECISIONS
- Poor credit history? Try us!
- Affordable - up to a year to pay

CALL NOW! WE LIKE TO SAY YES!

4342 4441

Shop 2, 23-27
The Boulevard Woy Woy

DYNAMIC DIGITAL ANTENNA SERVICE

selectv PAY TV WITH LESS TO PAY

Authorised Selectv installer - 23 channels for just \$37.95 per month. Free install

- Digital Free to Air antenna installations
- Extra TV outlets
- Fix TV reception
- Digital Set boxes
- Surround Sound & Home Theatre set up
- Free written quotes

Tony Jenkins is back!

MOB: 0458 777 715

Umina Beach
Email: info@digitalantennascc.com.au
www.digitalantennascc.com.au
Mobile EFTPOS, Master and Visa cards

Gone Blonde Fashion Boutique & Boulevard Shoes

Your one stop shop for that special occasion
SHOE CLEARANCE SALE NOW ON
See our new season arrivals!
Exclusive Peninsula stockist for

JOSEPH RIBKOFF GEORGE COOPER ST ANNUCCI PHILOSOPHY PACO



Same Old, Same Old

All of our politicians living in the Federal electorate of Robertson are tainted by their continued refusal to do anything political to redress the documented corruption passed off on trusting ratepayers as work product by our elected corporate entity, Gosford City Council.

We pay taxes and too many of us have spilled their blood fighting for the right to be protected by the laws which take their power from the Commonwealth of Australia Constitution Act 1901.

As I write this, I understand Labor party members are involved in a preselection vote to decide whom they want to stand for the seat of Robertson.

Published outbursts from people who know, allow me to understand that many of a very small number of people are very angry at the prospect of Belinda Neal representing Labor Party interests any longer.

Will they be enough to give her the heave ho?

If Deborah O'Neil gets pre selection, keep in mind that she also has done nothing political in response to published allegations that Gosford City Council is corrupt.

All these politicians should have been displaying personal values which would encourage us to give them our votes in trust.

There has been the occasional display of backbone.

But for me, while I was protesting the systemic corruption of Gosford City Council outside NSW State Parliament for well over four hundred days, I had time to observe the shortcomings of our elected representatives.

We do misplace our trust every time we elect people whom we simply accept have lied to us.

Not only lied but then they have passed that contempt for us off as "politics".

The idea that our elected representatives are expected to use so called weasel words so that they may function in an occupation which seems to exist simply to trick the taxpaying public into believing the governance of our country is in capable and above all else trustworthy hands, is no longer and should never

have been acceptable to hard working people.

We must start asking why politicians would continue to work alongside identified liars.

The rabble which is Labor exists because the grass roots of the party have supported that sort of conduct.

The same people who on Saturday, 6th of March selected the person they want to represent Labor in the seat of Robertson, have effectively sat on their hands while Labor has run amuck.

It costs nothing for our elected representatives to insist on good governance and due process.

After all, that is why we elect them to do our bidding, not the parties.

In my personal situation, Federal, State and local politicians were approached quietly and in confidence at first.

Later they were questioned publicly and now I am willing to discuss their worthless responses to the charge that the corrupt Gosford City Council stood over an aged war veteran and were caught bullying him into signing a change of use on his property which would have facilitated the development of a property next door.

They did this to accommodate the falsification of instruments and mislead councillors and members of the public. (See photo on this page)

This is the same council which the Coroner said was responsible for the human error which cost the Central Coast community the lives of five people in a ditch at the bottom of Piles Creek.

There are unanswered questions about that process too.

A copy of the transcript of the coroner's inquiry costs around \$700 for each sitting day.

This makes it an extremely expensive enquiry for someone who wants to review it to ensure that what was recorded is what was said.

I attended the inquiry and I believe that there is something wrong with the process but it is too expensive for me to review that.

Gosford City Council has now completely removed from under Peats Ridge Road what I believe to have been evidence that council did have knowledge of the use of concrete to protect the structural integrity of steel pipes under its care. (See photo on this page)

Why some fourteen politicians have simply refused to have an open discussion of my often published allegations in this regard is a question others should start asking.

We do have a separation of powers which means that we can and certainly should discuss those matters which often fall in the gap between the law and politics.

I understand that the recent pre-selection battle was a Federal election process, but the political parties involved are in fact the same grass roots people, the people who once upon a time held the power to shake the base of their party and politics itself.

Over the years, I have approached John Della Bosca, Marie Andrews, Chris Hartcher, Chris Holstein, Jim Lloyd, Bob Carr, John Brogden, Duncan Gay, Frank Sartor, Morris Iemma, David Oldfield, Kerry Chikarovski, Lee Rhiannon the list is endless, because what I am on about was, and continues to be, accommodated by our elected representatives, the same ones trying to be continually re-elected.

The allegations about the corrupt Gosford City Council do taint our elected representatives and their parties because the politicians just refuse to engage and bring out the truth!

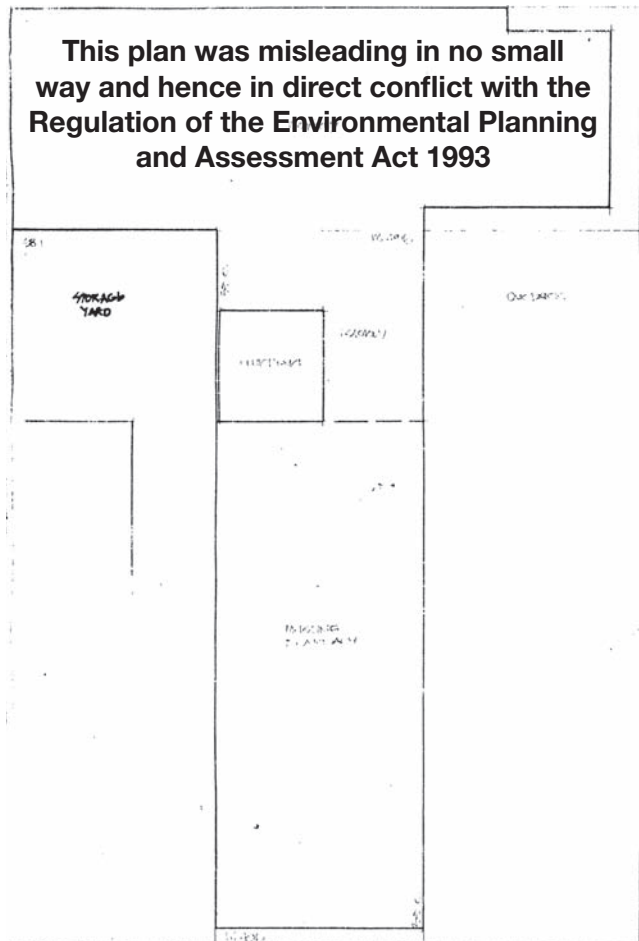
I believe there is fear like that seen with the Canterbury City Councils Mallone affair, Hornsby Council where a quarry purchased by rate payers for \$25 + millions is a complete liability, Wollongong City Council, Tweed Heads etcanother endless list.

Our elected representatives have many difficult questions to answer.

I hope Iguana Gate will not need reviving by Mellissa Batten surely we have not forgotten. I still have copies of the staff statutory declarations. The Labor party from top to bottom is tainted. There are too many party members who will have been aware of really bad things occurring under the party umbrella, Milton the Horrible the Labor Member for Swansea was having adulterous relations with boys. Grass roots party members are to blame for a lot of the party problems because they let power brokers within the party push them around. Liberal are no better it is time for alternate politicians like Mellissa Batten to get a decent run.



This photograph shows evidence the concrete was used during construction and again as maintenance later in two pipes located in the upper reaches of Mooney Mooney Creek beneath Peats Ridge Road



Dredge will return to Ettalong

The contractor hired by Gosford Council to dredge the Ettalong channel will return to the site after NSW Maritime survey results revealed an agreed depth of 2.5 metres to complete the work was not met.

Johnson W Marine Salvage Pty Ltd is expected to return to the site in two months time to ensure the problem is fixed.

Council's director of city services Mr Stephen Glen said the additional work would not incur an extra cost to council since the contractor would be paid based on the amount of sand that was taken from the site.

Mr Glen said he had no idea how the contractor came to the conclusion the dredging was complete when it had its own equipment to gauge the depth and width of the channel floor.

"NSW Maritime surveyed the



dredged area two to three weeks ago to determine how much the cost of works would be based on the amount of sand dredged from the area and if the original contract had been fulfilled," Mr Glen said.

"The survey revealed that more sand needed to be dredged from the area in order to satisfy the original contract made between NSW Maritime, council and the contractor."

Mr Glen said a depth of 2.5 metres was needed as agreed in the contract but could not specify

how much sand had been dredged from the area so far.

"We are currently negotiating with the contractor to work out an appropriate time to start dredging works in the area since he has taken on another job."

Mr Glen confirmed that the channel remained safe for boat users and this relied on the skipper of each vessel to be cautious and follow NSW Maritime markings when passing through the affected area.

Peninsula Chamber of Commerce president Mr Matthew Wales blamed the dredging method for the problem.

"The dredging work has been undertaken by the cheaper grading option which spreads the sand from the channel back onto the Ettalong shoal rather than the conventional suction dredging that can deposit the sand at some other location in the system."

"The Peninsula Chamber was always of the view that any sand won from the channel should have been deposited onto Ettalong Beach where it is needed rather than spreading the sand back onto the bar.

"Mother nature has worked quickly to dump the sand back into the channel causing everyone to question to effectiveness of the work."

Mr Wales said he understood the south section of the channel re-silted in the space of weeks with almost 3000 cubic metres returning to the channel from the Ettalong shoal.

"This has resulted in several yachts running foul of the bottom already," Mr Wales said.

"It is understood that Gosford Council has ordered the contractor to return in two months to fix the shortfall in the channel depth which is only 1.8 metres below datum as opposed to the contract depth of

2.5 metres."

The Peninsula Chamber has urged council and the State Government to set aside recurrent funds in their respective budgets so that emergency dredging can be undertaken on a needs basis.

"It is obvious that the channel will need to undergo regular monitoring and that funds need to be available to carry out dredging work on short notice," Mr Wales said.

"Our current problems stem from the fact that both the council and NSW State Government do not have a long term strategic plan to tackle channel silting nor have they ensured that money was available when it was needed.

"It's time to have a plan of action for the future and that should include suction dredging to renourish Ettalong Beach on a regular basis.

"Then perhaps we wouldn't be having this argument."

Cr Peter Freewater said he also had "reservations" about the sweeping method used to clear the channel.

"The sweeper method is basically a broom attached to a barge that pushes the sand away from the channel and then smooths it across the top of the sand shoal," Cr Freewater said.

"The dredging plan that I developed for council recommended the use of a cutter-suction dredge with a barge mounted hopper to

remove sand from the site and place it on the far side of the shoal, away from the channel.

"The sweeper method was used on advice from staff at the Department of Lands, partly because it was cheaper and so more could be done for less money, and also because it was available to begin before Christmas, 2009.

"The engineering consultants were also aware that the sweeper was to be used and I'm sure they would have provided advice in this regard.

"I trust that council staff were given assurances that the sweeper would do the job.

"As a councillor I was not asked if the sweeper was appropriate because it was an operational decision and council staff made the arrangements in cooperation with the State Government.

"While I can understand that the dredging has not addressed the entire length of the channel because that was beyond the scope and funding of the project, I will be extremely disappointed and frustrated if problems persist in the areas that supposedly have been addressed.

"This has been an extremely expensive project and no one would like to think that ratepayers money has been wasted."

Mr Glen denied that the method of dredging was the reason the depth of 2.5 metres was not met by the contractor.

He also said the council had no intention of providing recurrent funding.

The council had only agreed on a "one-off" contribution for funding for the dredging work.

Clare Graham, 4 Mar 2010
Interviewee: Steve Glen,
Gosford Council
Cr Peter Freewater, Gosford Council
Press release, 3 Mar 2010
Matthew Wales, Peninsula
Chamber of Commerce

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....

ALLIED HEARING
Improve hearing improve lifestyle

- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

ACCREDITED PROVIDER OF GOVERNMENT SERVICES
* CONDITIONS APPLY

CONTACT YOUR CLOSEST OFFICE NOW

WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST
PHONE 43442566

THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD
PHONE 43346233

JR's Appliance Repairs and Services

Repairs to Vacuum Cleaners, Washing Machines, Fridges, Dishwashers and Dryers Most Brands

New Vacuum cleaners from \$79

Spare Parts for most brands

Warranty repairs for Samsung, Bosch, Electrolux and many others

We do Fridge Seals

Celebrating 21 years on the Peninsula

26 Blackwall Road
next door to St George Bank
4342 3538

Zonar Health & Wellbeing

Stepping stones to health - Transform your life

You too can experience the amazing changes that occur due to these modalities:

- Reiki & Seichim Healing Sessions • Reiki Attunements - All Levels •
- Breathwork • Kinesiology • Crystalotherapy

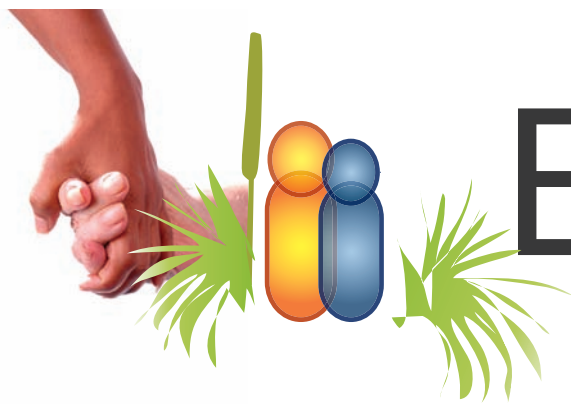
Contact: Raelene Coad - Master Healer and Teacher
Gnostic Healing Sanctuary Woy Woy - 4342 0434

Belinda Neal MP
Federal Member for Robertson

Belinda Neal MP will be available at her Information office at 3B Blackwall Road Woy Woy on Thursdays by appointment

Contact me for assistance with any Federal Government matter. Please call 02 4322 1922

Australian Labor



Everglades Retirement Gardens

Stage 1 on sale Now
11 Deposits already taken

FREE INFORMATION DAY

In 30 minutes we will cover:

- The Village - 52 high quality, well appointed apartments
- Nestled amidst 1 ha of a unique natural conservation bushland
- Community facilities including your own exclusive boardwalks, heated swimming pool, craftroom and workshop
- Our Genuine Care package – how we will bring care to the dignity of your own home, should you ever need it
- Security and safety aspects of the Village
- Entry prices and levies



Prices range from \$299,000 with very affordable levies for a brand New Village on the Central Coast

The village approach offers:

- Independent living
- Companionship and security in a village community
- Care support, should you need it, in the dignity of your own home



Everglades Retirement Gardens
Nestled amidst the Coastal Woodlands

Pick a time that suits you FREE INFORMATION DAY

11am Thursday 25th March
Ettalong Memorial Bowling Club
103 Springwood Street
Ettalong

All the services including hospitals, shops and train located within 5 minutes drive

11am Saturday 27th March
Everglades Country Club
Dunban Road
Woy Woy

To register call us now on
free call 1800 83 66 99 or 0447 446 420



Leasurement
a new name for retirement

Demountable for health centre

Gosford Council has resolved to allow the Peninsula Women's Health Centre to submit a development application to erect a demountable building on the McMasters Rd site.

Council has also agreed to waive development application and construction certificate fees for the erection of the demountable building and record them as a donation on its accounts.

The centre has been successful in attracting funding through the Area Assistance Program to install a demountable building in order to expand services offered to the local community, according to a council report.

"The Peninsula Women's Health Centre is a service operating through the Central Coast Community Women's Health



Centre Ltd, out of a council-owned community cottage in McMasters Rd, Woy Woy," the report stated.

"The centre applied for funding through the Area Assistance Program to expand and improve services by providing improved space for group work, additional courses fitting into a holistic health mode for women, and the provision of child minding for women attending the centre."

Council agenda COM.2, 23 Feb 2010

Workshop on separation

The Beachside Family Centre in Umina will hold a Separated Parents Forum for the year on Wednesday, March 24.

The Talking With Your Kids workshop will help parents talk to their children about difficult issues arising from a separation, according to centre facilitator Ms Debbie Notara.

Workshop guest speaker Ms Veronica McKibbin from Unifam said the issue of separation and divorce could be an overwhelming situation to be in for parents and children.

"This Separated Parents Forum can help you develop skills and strategies to talk with your children about some difficult issues parents are likely to face," Ms McKibbin.

"The forum will also provide an opportunity to meet with other parents from the Peninsula in similar situations and express ideas for future Separated Parents Forums."

The forum is free and will be held from 10am to 12pm.

Participants will receive morning tea, a workbook and a resource pack with childcare available for a gold coin donation.

Bookings are essential and can be made by calling 4343 1929.

Press release, 27 Feb 2010
Debbie Notara, Beachside Family Centre

Blood, sweat and tears at relay

The Australian Red Cross Blood Service donor mobile will be accepting blood donations during the Brisbane Water Relay for Life on Saturday, March 13.

Community relations officer Ms Katherine Wicks said relay participants and supporters could expect "blood, sweat and tears" when they attend the annual community fundraising event at Woy Woy Oval.

"Around 34 per cent of blood donations in NSW are used directly by cancer patients as part of their ongoing treatment," Ms Wicks said.

"Being a part of Brisbane Water Relay for Life is a great opportunity to promote how people in the community can help cancer patients, simply by donating blood, as well as being part of this local fundraising effort."

This year, the Brisbane Water Relay for Life will run on a shortened program providing one "big" relay day for local families.

The event will commence from 4pm and finish at 9.30pm the same day instead of the previous overnight format and will be an alcohol and glass free event.

"Participants at this year's event can give blood at the donor mobile, then sweat it out walking the track as they raise money for local cancer services such as financial assistance grants for individuals and Cancer Information displays at Woy Woy and Brisbane Water hospitals," community relations coordinator for Cancer Council NSW Ms Lesley Chart said.

"Then we always expect to shed a few tears at the Candle

Light Ceremony, one of the most important aspects of the event, as we honour and remember those lost to cancer and those still fighting the disease."

Funds raised as part of the relay event are used to help local cancer patients and their carers with support and information as they undertake their cancer journey.

Registration for the event is \$20 which includes a new purple relay shirt and will be open from 12.30pm on the day.

The Australian Red Cross donor mobile will operate from 2pm to 7pm and appointments can be made by phoning 131 495 or by visiting donateblood.com.au

Press release, 4 Mar 2010
Lesley Chart, Cancer Council NSW

OCEAN BEACH RD PHYSIOTHERAPY, SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

- Back, Neck & Knee Pain • Sports & Work Injuries • Joint & Muscle Pain
- Exercise Programs • Wheelchair Access • Personalised Pilates • Rehabilitation
- Massage • Home Visits • Weight Loss • Veterans Affairs • On-site Parking

ALISTAIR CHOIE B.App.Sc. (Phy) MAPA - **STEVE ROW** B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066
BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE



Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

Ph: 4343 1888
Yaringaa Building
93 McMasters Road
Woy Woy (opposite Rogers Park)

Are you entitled to \$4000 worth of Government funded free dental treatment?

You may be eligible for free dental treatment if you suffer from a chronic illness such as cancer, diabetes, arthritis, stroke etc.



Woy Woy Dental Centre

Phone for more info

4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

BE QUICK! Scheme extended

This is a non means tested dental benefit

UMINA

South Street Dental

Umina Beach

- Teeth for Life
- Cosmetic Smiles
- Teeth Whitening
- Children and Adults
- Complex Reconstruction
- Implants
- Dentures

Mario Reznik

BDS - 1st Class Honours (Syd)
Dip, Clinical Dentistry-Oral Implants (Syd)

Dental Surgeon

52 South Street Umina Beach

4344 6699

- Medicare Vouchers / Teen Vouchers welcome
- Veterans' Affairs welcome
- 10% discount to Seniors Card Holders
- HICAPS, EFTPOS and major Credit Cards Accepted
- Disabled ground floor access with plenty of parking

Women discuss bush essences

Local women have been invited to attend a discussion session on Australian bush flower essence remedies in Ettalong on Saturday, March 20.

Practitioner Ms Kathy-maree Bartle said Australian bush flower essences could be used for a variety of health and wellbeing issues including ADHD, menopause, menstruation, fertility, cancers, stress and anxiety to name a few.

Originally used by Aboriginals, Ms Bartle said the essences worked on physical, emotional and

spiritual levels of the body in both humans and animals.

"I had a severe illness five years ago and was looking for an alternative to normal medicines," Ms Bartle said.

"A Bowen therapist from Davistown used Australian bush flower essences and they worked so well I decided to become a practitioner.

"This took a period of 18 months where I became a level three advanced practitioner and I have now been practicing for four years.

"The flowers used for remedies

range from Waratah, She Oak, Crowea, Flannel Flowers and many other beautiful Australian flowers found in our beautiful country.

"They are made from a stock remedy which is made where the flowers are grown.

"They can take up to 24 hours to make.

"These are then preserved in Australian brandy and Australian mineral water.

"Once these are made individual remedies are made for the clients to their needs."

Ms Bartle said the upcoming

discussion group was for women of all ages with any type of health concern.

"I have several clients on Australian bush flowers.

"This day is just for women and it is great to see an extra alternative to traditional medicine to make our lives a little bit better and easier to cope," Ms Bartle said.

"There will be other discussions throughout the year on other issues that anyone can attend."

Clare Graham, 4 Mar 2010

Interviewee: Kathy-maree Bartle, Ettalong

Sessions about depression recovery

A number of free introductory sessions on depression recovery are being offered at the Peninsula Community Centre and Umina Public School this month.

The session will introduce participants to an eight-week depression recovery program based on 15 years of clinical research by Dr Neil Nedley, a physician

specialising in preventative medicine and gastroenterology.

The program will be led by community health coordinator of the Woy Woy Adventist Church Ms Dorothy Pansare using the Nedley Depression Recovery Program on DVD.

Ms Pansare said the program would help people identify contributing factors or "hits" which cause depression.

"Every case is as different as every individual, but the 10 hit categories summarise all the possible causes for depression," Ms Pansare said.

"The program will teach participants how to improve brain function, maximise IQ in children, increase energy, boost concentration, adopt healthier sleep habits, improve physical performance, and gain renewed hope.

Sessions will be held at the Peninsula Community Centre on Tuesday, March 16, at 1pm and 7pm, or at Umina Public School on Thursday, March 18, at 7pm.

For more information, contact Dorothy Pansare on 4341 4400 or 0425 346 360.

Press release, 4 Mar 2010
Dorothy Pansare, Woy Woy Adventist Church



Women and Bush Flowers
Saturday 20 March 2010
Time: 2pm - 3pm

A discussion session on Women and Australian Bush Flower Essence Remedies
at Dolphin Cove Cottage, 18 Coolabah St, Ettalong Beach.
We will be talking about Menopause, PMT, Periods, imbalances, Fertility and other issues relating to women.
Products will be available on the day.
Seats are limited so bookings are essential. Light Refreshment available.
Contact Kathy-maree on 0418110786



Pound Security Services
MASTER LICENCE 407787546

MEDI-ALARM

MEDI-ALARM is a sophisticated emergency signaling device which provides peace of mind and independence for the elderly or infirm.


Rest at ease knowing that Help is available 24hrs a day at the press of a button

No long term contracts

Rental systems available for as little as \$1.60 per day

Free Installation for Central Coast Area

PH 4343 1119



MADE IN AUSTRALIA

ASIAL



Advanced Dental Services
WOY Woy Complete Family Care

GENERAL DENTISTRY ■ IMPLANTS
FIXED ORTHODONTICS (Braces)
INVISIBLE ORTHODONTICS (Invisalign)
COSMETIC DENTISTRY ■ TEETH WHITENING
WISDOM TEETH REMOVAL

Relaxing, Affordable & Beautiful Dentistry

BULK BILLING
Eligible Medicare patients are entitled to receive \$4,250 from the government. Call us to find out if you are eligible before this scheme expires.

4341 1751
109 Blackwall Road
WOY Woy





Chiropractic Plus

Real clinical cases and your questions answered each month by Peter Grieve of the Umina Chiropractic Centre



The Body Mind Connection In Children

Hi there once again!

Your chiropractors Ursula Buckham and Peter Grieve are involved in the assessment and delivery of a high standard of chiropractic care to you and your children.

For the Brain to function, it requires 3 things:

1. Oxygen;
2. Glucose ;.....and
3. STIMULATION.

Stimulation comes by way of your senses. 90% of stimulation and nerve growth (myelination) in the brain is generated through spinal joint and muscle movement. This is especially the case with the upper neck, as it is challenged through gravity, for example, a mother continually holding, rocking, burping and patting her infant.

During foetal and infant development, certain reflexes are exhibited that state the current brain development. As the brain and nervous system further develop, the reflexes disappear and new ones emerge.

Finally, as the highest centres in the brain are developed, an individual overrides their lower brain reflexes. If physical, emotional or chemical trauma (injury) should occur in the womb, on exiting, or as an infant, developmental delay often occurs. This can be as minor as poor handwriting or as major as severe mental and or physical compromise.

The common illnesses associated with the 'locking' into the 'fight or flight' response of the nervous system from trauma are associated with exhaustion of the overactive immune system. Illnesses such as chronic ear and chest infection, neck and back pain, headache, limb pain, rashes etc along with behavioural disorders commonly occur. A chiro who has competencies in the area of developmental neurology would assess the potential for the above by examining the child for the presence of reflexes that should be absent. These are known as 'Retained Primitive Reflexes' (RPR)

The information is collated with the assessment of spinal and cranial movement pattern abnormalities (subluxations) To your chiropractor, the spine and cranium is like a keyboard to a computer. You need the correct information typed in so that the computer functions properly.

We can assist the developing central nervous system by assisting in the correction of the subluxation with safe and gentle adjustments.

We look forward to seeing you soon.

Chiropractic; safe, gentle and effective for all the family

If you have any questions contact us at
office@uminachiropractic.com
or make an appointment for a preliminary consultation
(N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Ursula Buckham
Umina Chiropractic Centre,
428 Ocean Beach Rd, Umina 2257
Ph: 4341 6247



DO NOT MAKE NEW DENTURES BEFORE SPEAKING TO US



- We make the effort to improve the appearance of your dentures.
- We have a special interest in difficult/ problem cases .
- No referral is necessary. We also accept Medicare referrals (even if made out to other practitioners) as well as DVA Gold Card holders.
- We make implant retained overdentures.



We employ the appropriate techniques and take the time to obtain the results

52 South Street, Umina Beach

Ph: 4344 6699 or 0414 415 417 (by appointment only)

Peninsula Food Guide

To advertise
your Food business here call
4344 1844 now!
This size from only
\$25 per week

Del's Let's do Lunch
Breakfast Specialists
'DEL'icious Lunches 

Restaurant Quality
7 Days - 7:30 am
Comfortable warm inside dining now available!
The Rocks Arcade - 4341 1434
7A/216 Memorial Ave, Ettalong Beach



The New Bay View Brasserie  The Boulevard
Woy Woy



Monday Nights \$10 Mixed Grill **Tuesday Nights \$9 Chicken Schnitzel** **Thursday Nights \$10 Beer Battered Fish & Chips + Salad**

Enjoy a selection of meals for seniors for only \$9
Live music every Sunday afternoon in our beer garden
Open 7 Days - Lunch and Dinner

Bookings 4344 1137
Lunch - Monday to Sunday 12pm - 2.30pm
Dinner - Monday to Saturday 6pm till close

K.B. THAI



Experience a little bit of Thailand on the Peninsula
Eat In or Takeaway
Open 7 Days
Lunch: 11.30am to 3pm
Dinner 5pm to 10pm
4341 0441
4343 1392
Shop 1, 115 Blackwall Rd Woy Woy

Surf Sun Sand Cafe
Opening Special
Free Coffee with each meal
Open 7 Days
9.30am to 5pm
Under New Management
175 Ocean View Rd
Ettalong
4341 1123

Winners of the Coffee@115 breakfast giveaway with owner Gwen

253 Oceanview Road, Ettalong Beach
(Next to McPhee Chemist)

- Ice Creams • Gelatos
- Slushies • Milk Shakes
- Smoothies • Pancakes
- Sundaes • Hot Drinks
- Banana Splits

4343 1943
Open 7 days • 10am - 5pm



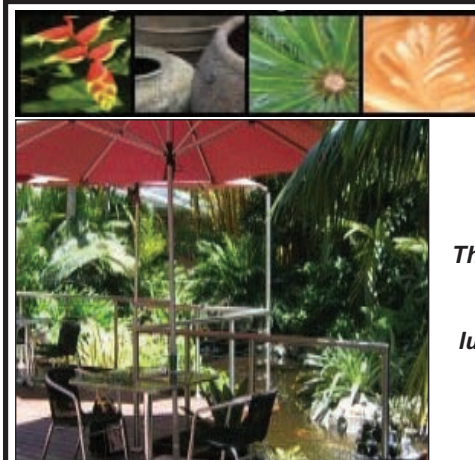
Where only the best will do!



Come in and give our new coffee machine a try!

Present this advertisement and receive a **free second coffee**

302 West Street Umina - Ph: 4341 4177 - www.bremenpies.net.au



Impact Plants

Nursery and Café

The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Pooler Close Empire Bay NSW 2257
Phone: 4369 1422 Fax: 4369 1485

Seat unveiled for Eric Pearsell

\$10,000 raised



Marj Pearsell at the unveiling of the Hardy's Bay foreshore commemorative seat and plaque dedicated to her late husband Eric

A commemorative seat was unveiled at Hardy's Bay foreshore in memory of long time resident Mr Eric Pearsell for his contribution to the local community on February 6.

Mr Pearsell passed away in November, 2008, at age 94, leaving behind wife Marj and many fond memories of the living in the area.

The local community erected the special seat at a spot along the grassy banks of the foreshore in Araluen Dr, a favourite relaxing spot for Mr Pearsell, according to Hardy's Bay Residents Group publicity officer Mr Allan Wilson.

"The idea of a special seat to be placed in his memory was inspired by neighbours of Eric and his widow, Marj, and the necessary council endorsement for its placement was subsequently pursued by members of the Hardy's Bay Residents Group," Mr Wilson said.

"Eric was born in Yass and raised at Rye Park in the NSW

central west.

"As a young man, he worked with his father on various properties in the district.

"After he and Marj married, they spent various periods at Warriewood and Dee Why before purchasing the house at Hardy's Bay over 50 years ago which was, at that time, a popular weekend spot for family and friends."

Mr Wilson said the unveiling of the seat was celebrated by a large group of local residents, Mrs Pearsell and three of the four Pearsell children.

He said the ceremony was a moving one and confirmed the high regard in which Mr Pearsell was held in the community.

"The plaque on the seat summed it all up, with the inscription: 'Eric Pearsell, 1914-2008. Over 50 Years in Hardy's Bay. Eric loved the bay and was loved by everyone,'" Mr Wilson said.

Press release, 16 Feb 2010
Allan Wilson, Hardy's Bay Residents Group

The Rotary Club of Woy Woy raised more than \$10,000 from its annual Australia Day raffle with proceeds going to support community organisations on the Peninsula.

The raffle proved to be a success for the club, selling more than 7300 tickets and raising \$10,740 after expenses, according to club public relations coordinator Mr Tony Cameron.

Mr Cameron said the Umina Surf Life Saving Club, Woy Woy Community Aged Care, Mary Mac's Place, Riding for the Disabled and the Vietnam Veterans' Association each received \$2148 from the sale of raffle tickets on and in the lead up to Australia Day celebrations in January.

Press release, 13 Feb 2010
Tony Cameron, Rotary Club of Woy Woy

Action on LEP

A meeting for people interested in taking action to strengthen the environmental provisions of Gosford Council's draft LEP will be held at the Woy Woy Environment Centre next Saturday, March 13, at 2pm. The meeting will discuss

changes proposed by the Community Environment Network and action that can be taken to encourage residents to make submissions.

For further information, contact Sue Ellis on 4342 2251.

Email, 5 Mar 2010
Sue Ellis, Umina



the THEIN THAI
Authentic Taste
RESTAURANT

Up stairs - 19-21 Broken Bay Road, Ettalong Beach

• **Take away & Home Delivery from 5.30pm to 9pm** •

4343 1851

Tuesdays to Sundays & Public Holidays 5 to 10pm
Home deliveries 5 to 8.30pm

See Lion cafe

Enjoy lunch and dinner on the beach!

Fresh steaks 'n' seafood

Friday and Saturday till 9pm

7 days a week - 7.30am to 5.00pm

At the carpark of Umina Beach Surf Life Saving Club **4 3 4 1 6 4 3 5**

Now also at Ocean Beach Surf Life Saving Club Open 7 Days from 6.30am

CAN'T *beat these* DEALS...

CHEAP AS CHIPS

8 pieces of Original Recipe Chicken,

8 Kentucky Nuggets,

2 Lge. Chips & 2 Lge. Potato & Gravys

\$19.95



Offer expires 09.03.10. Limit of one offer per coupon per customer. Not valid with any other offer Only Available at KFC Woy Woy.

ALLSTARS

1 piece of Original Recipe Chicken,

Snack Sized Popcorn Chicken,

2 Wicked Wings, 1 Crispy Strip,

Reg. Chips, Reg. Potato & Gravy,

Reg Drink & Dinner Roll

\$8.95



Offer expires 22.03.10 Limit of one offer per coupon per customer. Not valid with any other offer Only Available at KFC Woy Woy.



KFC Woy Woy

91 Blackwall Rd
4341 4939



Why are we Australia's favourite Hot Cross Buns?

• 1st for Freshness • 1st for Softness • 1st for Flavour

Bakers Delight

Deepwater Plaza, Woy Woy

West Street, Umina Beach

Arts & Entertainment

Outdoor film night in school grounds

Pretty Beach Public School P&C will host an outdoor film night for children and their families in the school grounds on Saturday, March 13.

The event is to celebrate and acknowledge International Women's Day amongst the school community, according to P&C president Mr Brian O'Heir.

"Camp Chair Cinema and the P&C will be holding an outdoor cinema in the school grounds.

"The film will start at 8pm and participants are encouraged to bring along a rug, snacks, family and friends.

"The cost of the event is a gold coin donation.

"The film will be selected in a competition to be held among the

students to choose the film, with the winner and his or her family receiving free popcorn on the night courtesy of Camp Chair Cinema."

Meanwhile, Mr O'Heir said the P&C's other film screening earlier in the month saw many families turning out to support the cause.

The film *The Garden at the End of the World* by award winning film maker Gary Caganoff also celebrated International Women's Day.

The film follows Mahboba Rawi, founder of the Sydney-based Afghan charity Mahboba's Promise and Rosemary Morrow, a Blue Mountains based permaculturalist.

For more than 30 years, Rosemary has worked in war-torn communities in South East Asia, Africa and Eastern Europe.

She was invited to Afghanistan by Afghan Australian Mahboba Rawi to help build the capacity of the organisation in Kabul and to simultaneously carry out a feasibility study for permaculture.

The "powerful film" features two "amazing women" and gave viewers "plenty to think about", according to Mr O'Heir.

"It was also a very special night because Mahboba Rawi, Rosemary Morrow and Gary Caganoff attended.

"All money raised from the event will go to Mahboba's Promise to help further her work with the widows and orphans of Hope House in Kabul."

Press release, 4 Mar 2010
Brian O'Heir, Pretty Beach Public School



Category winners Peter Craford and Peter Mace (right) at the Tamworth Bush Poetry Competition recently

Peter picks poem

Empire Bay resident Mr Peter Mace has taken out first place in the traditional or established works category at this year's Tamworth Bush Poetry Competition.

Mr Mace chose to recite Duke Tritton's poem *The Sandy Hollow Line*.

He also came in as a finalist in

the original works category.

Event organiser Ms Jan Morris said Tamworth West Leagues Club provided an excellent venue for the performers to present their works under ideal conditions and sponsors.

Website, 4 Mar 2010
Jan Morris, Australian Bush Poet's Association

Regatta festival brings dancers

The Brisbane Water Regatta Festival will be held in Ettalong on March 13, according to festival coordinator Mr Richard Berntsen.

Mr Berntsen said the festival would kick off from 9am along Ocean View Rd in the heart of Ettalong town centre with a smoke in and welcome to country by traditional owners of the Peninsula.

"The day will be filled with live entertainment, local talent, buskers which will include Elissa Koppen on flute in the Rocks Arcade, classic cars, motor bikes and stalls promoting the Peninsula and the Central Coast," Mr Berntsen said.

"That evening there will be a Polynesian night at the Ettalong Markets featuring a Polynesian feast, live music and dancers as

well as a screening of the film *Blue Hawaii* starring Elvis Presley."

The festival program features traditional Indian dancers from 9.30am, a performance by the Brisbane Water United Physical Culture from 10am, the Ricky Vargas Duo from 10.30am and the Rhythm Hunters on stage at 11am.

Behind the Veil belly dancers will perform for festival goers from 11.30am followed by a Samoan dance at 12noon.

The Lyndsay and Co dance group will entertain lunch time crowds from 12.30am, while three other performances will see the day's festivities conclude at 4pm before the evening session.

Press release, 28 Feb 2010
Richard Berntsen, Brisbane Water Regatta Festival



OVER 60?



Show your
Seniors Card
at the counter
to redeem
these offers!

★

NEW RELEASE
DVD HIRES

\$3_{EA}

★

WEEKLY
DVD HIRES

\$1_{EA}

Normal membership conditions apply.

CIVIC VIDEO WOY WOY

103 Blackwall Road

☎ 4344 6969



C it at CIVIC



CLUB UMINA

Melbourne Avenue, Umina Beach
Telephone : 4341 2618

\$10

Members

Schnitzel

Includes a complimentary glass of wine



Freshly crumbed
Pork - Veal - Chicken


Monday

Just gets better

\$12

Members

1/2 Lobster



Tuesday Night

Just gets better

Saturday
3rd April

Midnight Drifters

50's and 60's Rock 'n' Roll
Tickets \$13 members
\$17 non members

Doors Open 6.30pm

Includes nibbles platter
for each table

ALSO DON'T FORGET OUR FREE COURTESY BUS SERVICE WHICH RUNS 7 DAYS



Opera buffs expected at arboretum

Hundreds of opera enthusiasts are expected to descend on a usually-quiet bush sanctuary at Pearl Beach for the fifth annual Opera in the Arboretum on March 20.

The annual event will feature Ms Amelia Farrugia, according to event publicity officer Ms Vicki de Carle.

Presented by the Rotary Club of Woy Woy, the event aims to raise money for local organisations and charities in need of financial assistance.

Ms de Carle said the group hoped to exceed last year's fundraising amount of more than \$18,000 which was expected to attract around 800 people to Pearl Beach.

"The youth of the Central Coast are well represented and add a lovely feel to the event," Ms de Carle said.

"The Central Coast Conservatorium String Orchestra with an average age of 17 has been a regular highlight for the audience.

"Not only do they delight the audience with their skills, talents and enthusiasm, the Opera in the Arboretum gives these wonderful young musicians of the Central Coast a chance to perform with outstanding international musicians.

"David Kidd, Jacqueline Dark and David Thelander will join Amelia Farrugia in a series of wonderful arias."

She said audience members were welcome to bring along a rug, picnic, and wine while relaxing and enjoying the sounds of Puccini, Verdi, Rossini and more, performed by internationally renowned opera singers.

Event organiser Mr John Greenway of Pearl Beach said



Last year's Opera in the Arboretum attracted more than 800 local residents and visitors to Pearl Beach

although the first Opera in the Arboretum took place in 2006, he had been thinking about the idea of an event of its kind for some years.

"In 2002, whilst visiting a Rotarian friend in Stanthorpe, Queensland, I was told about a project that his Rotary club runs," Mr Greenway said.

"It was an Opera in the Vineyards and they were able to donate a great deal of money to local charities through this event.

"I had assisted with the Jazz in the Arboretum in Pearl Beach and reckoned that an opera in the same

venue would be fantastic.

"We held the first gig on March 4, 2006.

"This was such a success that we were able to donate \$8000 to the Pearl Beach Rural Fire Service.

"Because of the special ambience of the Pearl Beach Arboretum, our opera here has gained a real status and we will continue holding this event into the future."

Press release, 4 Mar 2010
Vicki de Carle, Rotary Club of Woy Woy Website, 4 Mar 2010



Local band Revival Ashore is set to headline Rock for Cancer on March 26.

Youth concert for cancer

The Hope Church in Umina has planned a youth concert as part of its fundraising efforts for the upcoming Brisbane Water Relay for Life event.

The Rock for Cancer concert will be held at the Umina PCYC on Friday, March 26, and feature a great line up of local bands, according to event organiser Ms Melanie de Jager.

"This is the second year we have held this event and hope to make it bigger and better," Ms de Jager said.

"Most people have been affected by cancer in some way in their lives and I'm sure would love to support this cause and have a great time doing it.

"The four bands playing are donating their talent and all proceeds will be donated to Relay For Life."

Ms de Jager said the concert would be fully supervised alcohol free event for high school

students.

Revival Ashore will feature as the headline act for the night while Inflight Conversations, One Minute of Living, and One, Two, Many are sure to entertain young music fans.

"We asked Revival Ashore to be involved because the boys were from our church," Ms de Jager said.

"Inflight Conversations, whose members are from Good News also offered to play.

"This year we hope to raise \$1000."

Ms de Jager encouraged local students to get involved in the event for a fun night out while supporting local bands and helping raise money for cancer research and patient services.

Doors to the concert open from 6.30pm and tickets will be available for \$10.

Press release, 4 Mar 2010
Melanie de Jager, Hope Church Umina

Art Gallery by the beach - NOW OPEN



171 The Esplanade Umina Beach

Lidia Fernandes

lidia@galeriadearte.com.au - www.galeriadearte.com.au



Earth Central is proud to present

World Music supergroup

DJAN DJAN - direct from WOMA Delaide

Featuring: Jeff Lang on slide guitar, Bobby Singh on Indian Tabala & Grammy Winner - Mamadou Diabate on African Kora (Harp) Go to www.jefflang.com.au for more info.

When the trio met in 2008, no one quite predicted the musical alchemy that would occur...

Djan Djan are in a class of their own creating astonishingly beautiful sounds with the virtuosic style that all three are renowned for - in both their concerts and their newly released self titled CD.

Tues 16th March - Kantara House

7pm dinner/show \$50 - 8pm Show only: \$25

All Seats Reserved - Bookings Essential 4369 1528

Mega Cash

Housie

Friday 19th of March

from 10.45am
Expect \$2000 in Jackpots
30 Big Games
All cash housie proceeds go to first chance

Bingo

4 times a week

Tuesday

11am & 2pm

Thursday - 2pm

Friday

11.30am & 1pm

Cash Housie

FREE RAFFLE TICKETS
VALID FOR ALL CLUB RAFFLES!
Buy \$10 worth of raffle tickets to receive \$20 FREE
Present this voucher to ticket sellers
Valid until Sunday 21st March

WOY WOY LEAGUES CLUB

We're Changing...
Come and Try Us Out

Blackwall Rd Woy Woy
Ph 4342 3366

Wednesday

Poker & Poker

Cash from

6.30pm

Trivia from 7.30pm

Thursday

King Karaoke

from 7.30pm

Pool Comp 7pm

Friday

Mega Raffle

\$1500 prizes

On sale 5.30pm

Drawn 6.30pm

Is gambling a problem for you? Call G-Line (NSW) counselling service on 1800 633 635



Neptune's Bistro

\$7 lunch
Monday - Friday

Fresh daily specials
Fresh new approach

Something for everyone!



Mega-saving of water

St Hubert's Island and Patonga are now saving more than 100 million litres of drinking water per year thanks to Gosford Council's Pressure and Leakage Management Program, according to council's director of water and sewerage Mr Rod Williams.

Mr Williams said the program aimed to control water loss from the region's water distribution system by managing leaks and system pressure.

He said the water savings achieved within St Hubert's Island and Patonga could be attributed

to active leak detection, reduction in system pressure and ongoing monitoring of the water supply system.

"As part of the program the supply system within the two areas has been fitted with electromagnetic flow meters, pressure reducing valves and data loggers," Mr Williams said.

"These devices enable council to detect any abnormal water use, identify leaks and respond accordingly.

"The technology also provides useful data for system modelling which enables council to better manage the system and minimise potential future water loss."

Council received a grant of \$28,000 in support of the

program through the Australian Government, WaterSmart Australia regional Water Loss Management Program.

The program manager of the Water Loss Management Program Mr Ian Maggs said the water loss management project undertaken in Patonga and St Hubert's Island had resulted in excellent water savings, with both areas now delivering best practice performance.

"The 100 megalitres per year Gosford Council is saving has meant the total water savings through the regional program to date exceeds 1.3 billion litres," Mr Maggs said.

Press release, 3 Mar 2010
Kylie Gillett, Gosford Council

Disrespectful behaviour

On December 17 around 12pm, 12 local teenagers from Umina decided to take over Ettalong wharf.

They proceeded to jump off the railings, dive-bombing and splashing as many ferry passengers as they could, many of whom were the elderly, women with kids and some men who tried to warn them away from the wharf area to no avail.

Forum

As a parent, I wondered what their parents would think of their boys disrespecting older members of the community like that.

Imagine if they did that to their own, would it be tolerated? I wonder.

Online submission, 23 Dec 2010
Pat Brophy, Umina

Surf school for seniors

Gosford Council will hold a free surf school at Umina Beach from 9am to 10.30am on Monday, March 22, as part of Seniors Week.

The school will show seniors how to paddle and catch waves.

Grandparents Storytime sessions have also been planned for Umina and Woy Woy libraries to get seniors interested in reading and keeping an active mind while an email etiquette workshop will be held at Woy Woy Library on March 25 from 10am.

Woy Woy Library will host a local studies talk on the Central Coast Leagues Club in the 1960s and 70s with guest speaker Mr Geoff Potter from 10am on March 23.

Member for Gosford Ms Marie Andrews' annual seniors' concert will take place at the Ettalong

Seniors Citizens Centre on Tuesday, March 23.

The event will begin from 10.30am and feature local music and entertainment for seniors and their families.

Activities at the Peninsula Leisure Centre during the week will include gentle exercise to music, gentle aqua aerobics and indoor cycling classes to promote a healthy and active lifestyle.

The week's program on the Peninsula will conclude with a morning cruise across Brisbane Water on March 26, for \$5 per person.

For further details on the program, contact Gosford Council on 4324 4749.

Letter, 10 Feb 2010
Rhonda Gibson, Gosford Council

Monster raffle

The Lions Club of Woy Woy Peninsula will hold a "monster raffle" over the coming weeks to raise funds for the victims of the Haiti earthquake disaster.

The club hopes to raise at least \$2000 in ticket sales from its regular monthly boot sale event, local shopping centre visits and

other events.

Lions club member Mr Elmo Caust said the local business community had donated prizes for the raffle.

The raffle prizes include a variety of vouchers and a wheelbarrow full of "goodies".

Press release, 2 Mar 2010
Elmo Caust, Lions Club of Woy Woy Peninsula

I am writing about a Umina shopkeeper who complained about having been fined for signage on the footpath outside his business.

Gosford Council is just being picky.

All shops have signage for their business and pay for it.

Most businesses such as real estate agents advertise with signage outside their buildings.

Forum

Gloria Jeans' coffee shops have signage outside and tables and chairs. And pay for it.

The main problem is that graffiti artists get away with spraying shops and other premises.

Why aren't they caught?

Letter, 20 Jan 2010
Linda Moverley, Woy Woy

Unimpeded

What a pleasure it is to be able to walk down West St, Umina, unimpeded by the obstacle course created by A-frames.

Well done, Gosford Council. Now please bring those with outdoor dining tables and chairs

Forum

into line by enforcing the two-metre clearway at all times.

Thanking you in anticipation.

Email, 20 Feb 2010
Dean Hartigan, Umina

Autumn in the Garden

Autumn is the time when things begin to shed and the growth which was young in the springtime has now reached maturity. In some trees, leaves turn colours whilst others reduce their growth as the air takes on a chill. In days gone by, most cultures considered this a time for harvesting crops for winter and taking stock of life's fragility. Autumn is also a good time, considered for reflection, not just on what's good for the garden but also on the meaning of life and the various natural processes that govern all living things around you.

Jobs to do in the Garden now include: soil aeration of gardens and lawns; applying fertilizer; pruning old foliage; and transplanting. When transplanting, get as much soil in the root ball as possible. If it is small, soak in a bucket of seaweed tonic or for larger ones, fill the planting hole with water and soak soil after transplanting. For help with this or any garden matter, don't hesitate to call us. Until next time, happy gardening.

0413 933 244
gynea1.webs.com

Shop 5, 206 West Street, Umina Beach
Monday -Friday: 9am-5pm
Saturday: By appointment
www.gckfinancialgroup.com.au

Pay it off sooner, reduce tax & create wealth

Let us show you how to own your home sooner without making any extra mortgage repayments. All banks allow it but they will never advertise it.

Call us TODAY on (02) 4341- 8440

Accredited by AMP Financial Planning



**North Burge Rd
Woy Woy 4341 7598**

Situated right on the waterfront





Ideal for functions, weddings, parties, conferences, meetings and all special occasions

Bistro open Tuesday to Sunday - Lunch special only \$6.50, 2 course \$7.50 or 3 course \$8.50
Karaoke every Thursday night - Barefoot Bowls anytime - Raffles Tuesday, Thursday and Friday



The emergence of Dave Warwick

Throughout the late 70s and early 80s when the Woy Woy Roosters swept all before them in the Group 12 competition, a young hooker by the name of Dave Warwick emerged as the new face of the John Monie coached Woy Woy side.

A Roosters junior, Dave came through the ranks with Woy Woy representing both Group 12 and Southern Division, with his first senior grade success coming in 1977 with a Under-23 Grade Premiership.

In 1979, the form of Warwick could no longer be ignored with the young hooker taking his place in the first grade grand final, and dominated the scrums in the Roosters victory.

Dave backed up with another Premiership with the Roosters in

1980 and was a mainstay for the Roosters in 1981 when many of the club's senior players retired.

After a successful playing and coaching run with Terrigal, Dave returned to the Roosters in 1983 as the Under-17s coach and finished his playing days as a member of the Roosters reserve grade Premiership winning team in 1984.

The "Prince of Hookers" has since made a name for himself in the coaching and development ranks through his roles with the North Sydney Bears, Wynnum-Manly and the Manly Sea Eagles.

Dave is presently the coaching and development manager for the Sea Eagles however continues to keep an eye on the Woy Woy Roosters and will be the first on deck for the club's next reunion.

Newsletter, 21 Feb 2010

Peter Read, Woy Woy Rugby League Football Club

Continued?

Fred Landman's excellent article on Ettalong Hall reminded me of the visit of actress Sarah "the devine" Bernhardt.

On her visit to the Cox family on Brickwharf Rd, Woy Woy, workmen made up a bridge so Sarah wouldn't get her feet wet.

The bridge was named the Sarah Bernhardt Bridge.

She had many lovers as she had stage roles and she lived

Forum

briefly with an Australian lover on Goat Island, I think.

Fred Landman has emerged as the new Charles Swancott (an early historian) of Woy Woy.

I hope his work will soon lead to a publication of a book.

Say, "The Woy Woy Story Continued"?

Letter, 19 Feb 2010

Keith Whitfield, Woy Woy

A lesson learnt

Forum

island, one of the boys mentioned the possibility of man-eating sharks in the channel.

It was getting dark and the water by then had turned a nasty grey-green colour and looked really threatening.

You could almost hear that ominous soundtrack from the movie Jaws (if it had been released 30 years earlier).

All of a sudden the boys lost their appetite and enthusiasm for the return trip.

They were stuck on the island and soon it would be night.

Worse still, the thought they could be sent off to bed without dinner was too awful to contemplate.

After much yelling and waving, they finally managed to catch the attention of a couple walking along Brickwharf Rd, and they immediately alerted Woy Woy

Police.

Well, who should turn up to rescue the boys but the much respected and formidable Sergeant Benson who happened to be the father of one of the boys.

Needless to say, he was not happy.

He commandeered one of the rowboats from Taylor's Boatshed and dutifully brought the boys back - by then rather subdued and contrite.

The Sergeant marched them across to the police station, which at that time was located in Brickwharf Rd just up from the Woy Woy Hotel.

He then gave them a stern lecture about being responsible and not wasting his valuable time while he could be chasing crooks, and if they ever pulled a stunt like that again, he would lock them up for good.

Lesson learnt.

Letter, 2 Mar 2010

Fred Landman, Daley's Point

More forum page 4

Information wanted about old store

Forum

store has a lower ceiling than the house, but when you go in through the manhole in the store, you can see the bullet holes in the old ceiling where apparently the business was held up and shots fired.

We have made the store into accommodation for family and friends when they come to visit.

I would like to put together a book and/or photos, as well as tell everyone of the history of the building.

It would be great to show people

photos and literature as well as tell them the history.

I would like a photo of the old counter to include in the story if possible.

I was talking to a friend about what I would like to do and she gave me a book of old photos of Gosford and surrounding districts.

There are photos of Woy Woy and Ettalong but none of the store at Blackwall.

Can anyone help?

Fax, 1 Mar 2010

Jean Bright, Blackwall

Exploring the hall

Forum

a local doctor.

When the bulldozers turned up, we all stood in front of the hall until the police turned up and removed us.

As an aside, Mulbong Rd has

now been renamed Baldwin Cl and Neil Baldwin was my godfather.

I still almost cry when I think that LJ Hooker were able to convince the State Government to bulldoze such a part of the Central Coast's heritage.

Online submission, 24 Feb 2010

Phil Gleeson, Lane Cove




**Charles's
Discount
FURNITURE**

4341 8727



Cnr. Blackwall Road and Terry Ave, Woy Woy



**Animal Welfare
League - Central
Coast Branch**

**AWL is a not for profit
animal welfare charity,
caring for animals on the
Central Coast**

**We sell quality secondhand
home furniture, clothing,
books, toys and Bric-a-Brac
at a reasonable price.**

**Donations gratefully
accepted and we can pick
up locally.**

**Enquiries : Carol 4344 6650
Shop 2, The Boulevard,
Woy Woy**



Pound Security Services



SERVICE AND INSTALLATION OF

Alarm Systems
CCTV
Access Control
Medi-Alarms
Intercoms




24 Hour Services

Patrols
Guards
Alarm Responses
Lock ups



Proudly Securing the Central Coast

PH 4343 1119

MASTER LICENCE 407787546

Concert for Aimee

A group of students from Brisbane Water Secondary College have organised a special concert to raise money for Year 8 student Aimee Bliss who was recently diagnosed with Hodgkin's Lymphoma.

Students are hoping to ease the financial stress on Aimee and her family due to expensive medical costs associated with treating her disease.

After hearing of Aimee's situation from a family friend, the college's decided to help take away some of the stress from her family during this difficult time.

Student Representative Council president Alexandra Irving said the students had come up with a fund-raising event that would attract all

students at the college and young people on the Peninsula to get involved.

"To support Aimee, our school will be holding a musical night on Wednesday, March 10, featuring bands such as No Pressure, Teal, One Minute of Living and Mind Priorities as well as a range of acoustic performers," she said.

"Unfortunately, Aimee will not be able to attend the event due to undergoing treatment but I'm sure she would be very appreciative of our efforts to help out her family.

"This is sure to be a fun and entertaining night out for all young people in the area, although people of all ages are more than welcome to attend to support the cause."

Alexandra Irving said a number of Peninsula businesses had been approached in the lead-up to the

concert and many had jumped on board to show their support and assistance to Aimee and her family.

College principal Mr Steve Harris said the college staff were proud of the efforts of the SRC in supporting one of its fellow students and their family in a time of great need.

"The college endorses this initiative wholeheartedly and appreciates any support you may be able to provide."

The Concert for Aimee will be held at the Brisbane Water Secondary College Woy Woy Campus Hall from 5.30pm.

Tickets are available for \$5 per person and are available at both campus offices and at the door on the night.

**Letter, 5 Mar 2010
Alexandra Irving, BWSC**

Free refreshments

Woy Woy Public School P&C has distributed free refreshments to families of the school as part of annual P&C Day celebrations on March 3.

Group president Mr Mark Ellis said the theme for the day "Try a Little Kindness" was a good way to acknowledge and show the school community what the group was all about.

Mr Ellis said members of the P&C were also available to speak to families about its fundraising campaign to raise money for playground equipment at the school.

"Woy Woy Public School has no real fixed play equipment for children and we consider playground equipment to provide a good means of exercising along with providing kids an opportunity to learn basic skills and work in

coordination with others," Mr Ellis said.

"Playgrounds also help in sharpening the mental and physical skills of children."

Minister for Education and Training Ms Verity Firth congratulated schools and communities for the contribution made by their local Parents and Citizens

Associations to mark the annual P&C Day.

"P&Cs are open to anyone to join and P&C Day aims to raise awareness of

the valuable contribution that parents and local residents make all year round."

**Email, 2 Mar 2010
Mark Ellis, Woy Woy
Public School P&C
Press release, 3 Mar 2010
Verity Firth, Minister for
Education and Training**

Liaison officer to be employed

Ettalong Public School will employ a fulltime Aboriginal community liaison officer as part of funding provided under the State Government's Schools in Partnership scheme.

School principal Mr Colin Wallis said the school was also establishing a school advisory committee made up of representatives from the school and Aboriginal community.

"This group will advise on school governance and programs,

especially, but not exclusively, with Aboriginal education and student and community engagement," Mr Wallis said.

"One of the group's first tasks will be to employ a full time Aboriginal community liaison officer to work closely with our Aboriginal community so as to forge greater and stronger links.

"The goal, as always, will be to enhance students' learning outcomes across all areas.

"This position will be advertised and members of our school advisory

committee will form a panel to draft the advertisement and interview prospective applicants.

"This initiative will be a great addition to our school as we strive for continuing school improvement across all areas."

Mr Wallis said the position would be temporarily filled by Ms Lisa Finney.

**Newsletter, 23 Feb 2010
Colin Wallis, Ettalong Public School**

No dogs allowed

Woy Woy South Public School principal Mr Terry Greedy has asked families walking to and from school to leave dogs outside school grounds in order to minimise the risk of injury to students.

Mr Greedy said he acknowledged that dogs were an important part of life for many Woy Woy South families and were included in day-to-day activities such as walking children to and from school.

"While the school appreciates this inclusion and values pet ownership as an educational experience, it also acknowledges other families and individuals can find contact with dogs stressful and even frightening," Mr Greedy said.

"Dogs can behave unpredictably when placed in excited and/or

crowded environments and this can lead to accidents and even dog bites.

"To minimise the risk of injury to children and animals within the school grounds it would be appreciated if dogs could remain outside the school."

Mr Greedy suggested families with dogs arrange a safe meeting point at one of the school exits with their child in advance to ensure the safety of all students.

He said the plan ensured that dogs remained outside of school grounds and could still be included in the daily walk.

**Newsletter, 23 Feb 2010
Terry Greedy, Woy Woy
South Public School**

Concert for Aimee

BWSC Woy Woy Campus Hall

Wednesday 10th March, Doors Open 5:30pm

Tickets are \$5 available from BWSC Woy Woy & Umina Campus Offices and \$10 at the door




TEAL & MIND PRIORITIES

NO PRESSURE | SKY SQUADRON

ONE MINUTE OF LIVING | SEAN FRAZER

JESS LETERESCU | ASHLEY KNIGHT

SPONSORED BY PENINSULA NEWS



Learn to Belly Dance

with Behind The Veil

Awaken your feminine spirit and release stress with this beautiful, ancient dance.

At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function.

Enquire and enrol now for day and evening classes

For all enquiries and registrations, contact Sarina on **0403 879 772** or email **kellybellydancer@hotmail.com**

Special literacy program starts

Beachside Family Centre and Mingaletta will join to bring a special family literacy program to non-working parents of children under six starting this month.

Centre facilitator Ms Debbie Notara said the program looked to give parents practical skills to assist children to develop the communication skills they needed to become confident readers through fun activities, stories and song.

"The program will be run by the Central Coast Community College and is funded under the Foundation Skills Taster Course Program by the Commonwealth through the Department of Education, Employment and Workplace Relations," Ms Notara said.

"The program is for eight weeks and begins at Mingaletta on Tuesday, March 9, at 9am and Beachside Family Centre on Wednesday, March 10, from

12pm.

"Parents are encouraged to bring their children to this free program.

"Each family will be given a free book and free coffee will be provided."

For more information, contact 4343 1929.

**Press release, 5 Mar 2010
Debbie Notara, Beachside Family Centre**

Extra activities at Ettalong

Ettalong Public School's creative and performing arts team will begin selecting students for extra curricula activities over the coming year.

Headed by Ms Merran Hansford, the team will select students for the school's dance troupe, choirs, debating, public speaking and recorder groups.

"These creative activities, added to the range and quality of the sporting activities we also have on offer, ensure our children have access to participate in an extensive array of educational, confidence-building and talent-encouraging activities," school principal Mr Colin Wallis said.

"Our week is being structured so that these extra curricula activities

do not interfere or disrupt other learning, but will in fact enhance student learning."

Mr Wallis encouraged parents to support their children in taking up the opportunities available to them.

**Newsletter, 23 Feb 2010
Colin Wallis, Ettalong Public School**

The Medical & Environmental consequences of nuclear power

There is currently a major push in Australia to mine uranium and to build nuclear power plants while in the US the operating life of old nuclear reactors is being extended and new ones planned. Some claim that nuclear power is the answer to global warming and will make us safer by reducing our dependence on foreign oil. This is not true. Nuclear power's fuel cycle produces large quantities of greenhouse gases. Nuclear plants can be a source of fuel for nuclear weapons and they are attractive targets for terrorism. They are a medical catastrophe waiting to happen by accident or intent.

¹ www.epa.gov/tri/

² ibid

³ Personal communication with Brice Smith, PhD, Institute for Energy and Environmental Research, 6935 Laurel Ave, Takoma Park, Maryland, 20912, USA

⁴ Radioactive materials released from nuclear power plants, Brookhaven National Laboratory. Annual report 1993 NUREG/CR-2907, BNL-NUREG-51581, Vol 14 Millstone nuclear power station, Unit Nos 1, 2 and 3, Annual radioactive effluents release report, 1991-2001, Nuclear Information and Resource Services, 1424 16th St NW, Suite 404, Washington DC, 20036, August 21, 2002

⁵ Nuclear Madness, Helen Caldicott, WW Norton, 1994

⁶ Rasmussen Report, updated by Union of Concerned Scientists, 1979 [latest data available].

⁷ http://www.ocrwm.doe.gov/documents/feis_2/vol2/apndx_a/index2_a.htm Within this document, look under "Tables" and view table A-8 Inventory Modules 1 and 2 spent nuclear fuel inventory

⁸ Rasmussen Report

- Nuclear power plants are responsible for 93% of the CFC 114 (chlorofluorocarbon) gas released annually in the U.S. during the process of uranium enrichment,¹ despite the fact that use of CFC 114 gas is banned internationally under the Montreal Protocol because it depletes the ozone layer.
- CFC 114 is also a global warming gas that is 10,000 – 20,000 times more potent than CO₂.²
- Large quantities of CO₂ are released into the atmosphere due to the mining and milling of uranium, uranium enrichment for nuclear fuel, the construction of the reactor and cooling towers and the long-term cooling, storage and transportation of radioactive waste.³
- Nuclear power plants release millions of curies of radioactive isotopes, including xenon, argon, krypton, and tritium, in an unregulated fashion into the air and water of our communities.⁴
- A 1,000 – megawatt nuclear power plant contains as much long-lived radiation as that released by the explosion of 1,000 Hiroshima – sized bombs. Some of this radiation could be released in the event of an accident or terrorist attack.⁵
- Either a terrorist attack or an error (human or mechanical) could induce a meltdown at any one of the 103 currently operating nuclear power plants in the United States.
- The medical consequences of a worst case scenario for an exposed population of 10 million people could include –
 - 10,000 to 100,000 deaths due to acute radiation illness
 - 45,000 cases of acute dyspnea from radiation pneumonitis
 - 240,000 cases of acute hypothyroidism
 - 350,000 males rendered temporarily sterile
 - 100,000 women with amenorrhea
 - 100,000 children born with severe hypothyroidism
 - 1,500 children born with microcephaly
 - 3,000 spontaneous abortions
 - 28,000 thyroid cancers
 - 270,000 other malignancies⁶
- Current US nuclear plants have produced or will produce by 2046 105,414 metric tons of thermally hot, highly radioactive waste. Multiple repositories will be required, each with limited storage capacity and each with leak potential.
- Isotopes in this waste include iodine 129 (half life 19 million years); strontium 90 (half life 28 years); cesium 137 (half life 30 year); plutonium 239 (half life 24,400 years). These elements and many others could then leak from the long term waste storage facilities or spent fuel pools with wide environmental dispersion; over time, they will bio-concentrate in the food chain by orders of magnitude at each step and could as a result induce increased incidences of cancer, leukemia and genetic diseases in future generations.⁷

As a result of this danger, we call for a moratorium on the construction of nuclear power plants, a phased withdrawal of existing plants, and a comprehensive program to conserve energy and to develop the renewable sources of energy which currently exist.

Donald Armstrong, MD
Emeritus Member
Memorial Sloan-Kettering Cancer Center
New York, NY

Helen Caldicott, MD
President
Nuclear Policy Research Institute

Daniel D. Federman, MD
Carl W. Walter Distinguished Professor
of Medicine and Medical Education
Harvard Medical School

Michael H. Grieco, MD, JD
Professor Emeritus of Clinical Medicine
College of Physicians and Surgeons
Columbia University
New York, NY

Jerome Gross, MD
Professor of Medicine and Dermatology,
Emeritus, Harvard Medical School

Christian M. Hanson, Jr, MD, MPH
Haverford Monthly Meeting
Pennsylvania

Andrew S. Kanter, MD MPH
International Partnership for Health, NFP

Alexander Leaf, MD
Jackson Professor of Clinical Medicine, Emeritus
Harvard Medical School

Donald B. Louria, MD
Chairman Emeritus
Department of Preventive Medicine and
Community Health New Jersey Medical School
Newark, NJ

Bernard Lown, MD
Professor Emeritus Harvard School Public Health
Nobel Peace Laureate 1985

Susan Hagen Morrison, MD
Clara Maas Medical Center
Belleville, NJ

James M. Oleske, MD
Francois-Xavier Bagnoud Professor of Pediatrics
New Jersey Medical School Newark, NJ

Victor Parsonnet, MD
Director of Surgical Research
Newark Beth Israel Medical Center
Newark, NJ

Leon G. Smith, MD
Chairman of Medicine
Saint Michael's Medical Center, Newark, NJ

Jules Titelbaum, MD
Chairman of Pediatrics
Children's Hospital of New Jersey
Newark, NJ

Byron H. Waksman, MD
Research Professor of Biomedicine and
Science Education, and Adjunct Professor
of Pathology
New York University School of Medicine

Quentin Young, MD
Clinical Professor of Preventive Medicine
and Community Health
University of Illinois Medical School

**All affiliations are for informational purposes only and do not represent an endorsement by the institutions.*



PNFA
PEOPLE FOR A NUCLEAR-FREE AUSTRALIA
www.nuclearfree.com.au

To become a member of PNFA and support this work,
go to www.nuclearfree.com.au

President - Helen Caldicott, MBBS, FRACP

peopleforanuclearfreeaustralia@gmail.com

Sponsored by Peninsula News

AGAPIMOU
Fashion 4 Kidz
Open
Friday,
Saturday
and
Sunday

**40% off all
summer clothes**

406 Booker Bay Rd,
Ettalong Beach
Ph: 4326 1924
Mob: 0414 986 112
Email:
agapimou.renae@gmail.com

ROCK FOR CANCER
Friday 26 March 2010
at PCYC
(Police and Community Youth Clubs)
Osbourne Ave Umina
Tickets at the door
from 6.30pm
\$10.00 each
This will be a fully
supervised event,
alcohol free, for high
school students.
Contact person:
Melanie
0403 317 799
Sponsored by Peninsula News

Classifieds

Classified ADVERTISEMENTS

cost only \$25 plus GST for 5 cms, and will be working for you in your local community for **TWO WEEKS**

Phone: 4344 1844
Fax: 4344 1944

E-mail: mail@peninsulanews.asn.au

Ad a logo or photo only \$5 +GST
Ad full colour only \$5 + GST

Antennas

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555



• Digital TV Antennas
• LCD & Plasma Wall Mounting
• Surround Sound Installation
• TV Setup & Tuning

FREE TV RECEPTION TEST
Call Rob to Book a Convenient Time:
0419 409 180

Boating

Boat Licence, Seminar and Test Based in Woy Woy

Twice a month
NSW Maritime accredited
Pensioner and young adult discount

1300 302 123
Free Call
Maritime & Safety Training NSW

Bore Water

Bore water pump & spear point installation, maintenance, repairs & modifications.
PVC pipe & spear points installed that never need cleaning.

Ph John Woolley Lic. No. DL1664
Phone: 4342 2024

Bore Water

Bores and Spears

Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.

Ph: Warren Greenway
Ph: 4341 7736 Mob: 0408 225 390
Lic No. DL1960

Business for Sale



Business for sale

Leslie Street, Umina
4341 1686

General Store & Takeaway

Long Established
Regular Local & Tradesman Clients
Great Location
Close to Parks and Public Transport
Suit Couple
WIWO

Phone: 0431 686 055

Computers

COMPUTER FAIR

BARGAINS GALORE!
THIS SATURDAY
CHEAPEST FAIR IN TOWN
ROCKBOTTOM PRICES!
Eftpos Available

www.computermarkets.com
Enq. 0425 211 965
Opens 10 - 2:30pm. Entry \$3. Kids under 12 free.

Saturday, 13 March
Gosford
Showground,
Showground Road, Gosford

Happy Computers

Your home and business computing specialists
24x7 callouts at a low price.
10% pensioner discount.

Phone: 0412 728 518

Design

AFFORDABLE DESIGN

Got a small business?
Do you need to effectively and affordably communicate with your clients and customers?
Business Cards • Flyers • Ads
Stationery • Logos • Websites

Contact Stuart Baumann
Ph: 0431 240 412 or
Em: unistoo@yahoo.com

Doors



Interior, Exterior and Security Doors

Entrance & Internal, Bi-Fold, French & Sliding Security Doors & Window Grills, Screen Doors, Privacy Mesh, Fly Screens, Fixed & Sliding, Locks, Handles, Rollers & Self Closers
Dog & Cat Doors
Staining & Painting
Key Cutting
All Repairs & Maintenance
Mobile Service

We come to you and supply and install
Phone Brett
0402 186 546
4341 1103
Free Quotes
Police Masters Lic No. 40982903

Sliding Door Maintenance

If it doesn't slide, give Grant a call
4342 5371 (AH)
or
0403 613 313
30 years experience

Electrical Appliances

Repairs and Service to vacuum cleaners, washing machines & fridges.
Large range of vacuum cleaner bags.
Spare parts available
JR'S APPLIANCE SERVICE

Now at 26 Blackwall Road Woy Woy - Next to St George Bank
4342 3538 or 4344 3384
Approved Service Centre for over 15 Companies

For Sale

Spanline Patios, Glass and Screen Rooms, Carports & Wall Cladding as seen on TV
Lic. 83737c
PICTON BROS
SPANLINE
Gosford 4324 9300
Charmhaven 4393 3397

For Sale

2001 VW Polo
4 Door Hatch Automatic



Air Con, Power Win and Steer, Sunroof
Alloy Wheels
CD Player
Dual Air Bags
Good Tires
Rego Oct 2010
Only 130,000km
Well serviced with log books

Ph: 0405 401 659
\$11,000ono

Investigations

Parmeter, Badger & Associates

- Factual Investigations
- Private Inquiries
- Infidelity
- Government and Insurance Work
- Workers Comp
- Debt Collection
- Surveillance

P.O. Box 42 Ettalong 2257
0405 141 485

Lawn Mowing



Mowing Gardening and Maintenance
0423082824
Mowing & Lawn Care
Gardening
Gutter Cleaning
Rubbish Removal
Pre-Sale Clean-ups
High Pressure Cleaning
Bin Cleaning
House Washing
General Repairs
Small Welding Jobs

Fully Insured

Marriage Celebrant



Celebrant For All Occasions

KRISTINA VISSER, CMC,
Member of AFCC
Weddings - Baby Namings
Funerals

I intimately know the Central Coast, South Coast, Hunter Valley and Sydney, so wherever and whenever you need to celebrate - this could mean the Beginning of one's life, the Middle or End, I will dedicate this special time to you.

Call me for a chat when you need me - 0417 298 046
Or email me on kristina.divacelebrant@yahoo.com.au

Mobile Mechanic

D.T. Central Coast
Mobile Mechanic



*All mechanical repairs & servicing
*Rego inspections - All makes & models
*Very reasonable rates
*Pensioner discounts
Tim Howell Lic.No. 44 033038
4341 2897 or 0418 603 667

Painters

ALL PENINSULA PAINTERS

Improve your home by thousands \$\$\$
No job too BIG or too small



Free quotes
Pensioner Discounts

Phone Ryan
0410 404 664

Paving

I'm Paving

for all your paving requirements
Phone Martin
4344 4614
0412 360 195
Lic No R94683

Plans

ABOUT DESIGN

Plans for Council approval
Specialising in Alterations and Additions
NO JOB TOO SMALL
Free Quotes
4369 2587
0416 000 445

Public Notices

Woy Woy Peninsula Lions Club
Sunday, March 28, 8am to 1pm
Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~
Car Boot Sale - \$10 per car
NB stall sites not open until 6.30am
Cnr. Ocean Beach Road and Erina St. Woy Woy
Always Last Sunday
(Except December)
More Details...
Elmo 4341 4151 - Hope 4369 8707



Umina Uniting Church Community Centre

For children in Kindergarten to Year 6 Games, stories, craft, afternoon tea
Tuesdays - 3.45 - 5.00pm
\$1.00 per child
Corner Ocean Beach Rd and Neptune St
For more information call Teresa - 43410793

The FABC Central Coast

will have its first function of the year on 19th March in Wyong. Guest speaker will be the popular ABC News Reader Jeremy Fernandez.
Venue: St. James Church Hall, Byron Street, near Wyong Station. Time 2 PM.. Refreshments. Entry fee \$5.00. Inquiries: 4333 8107 and 4341 5170.

Public Notices

Central Coast Bush Dance & Music Association

Experience Folk Music at its best at East Gosford
Progress Hall @ 7.30pm Henry Parry Drive
Live Music by Sydney Cove for our Bush Dance
March 13
Enq: 4344 6484
Admission \$17 incl. supper
Folk Fed Affiliates & Pensioners \$14,
Children 12 to 18 \$8
www.ccbdma.org for more information

The Troubadour Acoustic Music Club

meets at the CWA Hall Woy Woy
Floor Spots available
One Night Only
Kate Rowe
March 27 - 7pm
Tickets \$10
Concession \$8
Members \$7
Tickets available at the door. see www.troubadour.org.au
4341 4060



Umina Uniting Church Community Centre

Supported Playgroup
Fridays - 10.00am - 12 noon
For children under 6 and their carers
Activities include: songs, stories, craft, play, morning tea.
A chance for your child to socialise with other children and for you to connect with other carers - \$1.00 per child
For more information contact Teresa - 43410793
Corner Ocean Beach Rd and Neptune St

Real Estate

SELLING YOUR HOUSE?

I want to buy in your area
PRIVATE BUYER ANY CONDITION QUICK TURNAROUND
PAUL - 0415 248 426

Shops & Offices

To Let

from 50sqm to 200sqm
Woy Woy and Ettalong
Ph: 0419 412 666

Real Estate

LJ Hooker

FOR ALL YOUR

**SALES
PROPERTY
MANAGEMENT
STRATA MANAGEMENT
AND STRATA
INSPECTION REPORTS**

**NOBODY DOES
IT BETTER!**

CALL THE TEAM AT

LJ HOOKER WOY WOY
31 BLACKWALL
ROAD, WOY WOY

PH: 4341 2001

FAX: 4341 7512

nobody does it better
ljhooker.com

Ettalong Beach Village

2 bedroom
manufactured home
Freshly Painted
North facing aspect

\$160,000

0428 673 205

Removals

**A MAN
IN
DEMAND
REMOVALS**



PH 0413 048 091

From \$45 per hour
New 6.5 tonne Pantec

with tailgate lifter

\$65 per hour

New 12 Tonne Truck

2000kg Tailgate loader

and airbag suspension

\$85 per hour

2nd or 3rd man available

4342 2991

- Sydney Central Coast Specials
- All Vehicles have Satellite Navigation
- Please visit website for FREE space calculation

www.amanindemand.com.au

Vacancy

Peninsula Community Centre Web Youth Services Coordinator

32 Hours per week

(including Friday and Saturday evening shifts)

Remuneration will start from \$27.01 per hour depending on skills and experience

The Peninsula Community Centre's WEB Youth Service program is seeking a suitably qualified & experienced youth worker to coordinate all daily operations of the WEB Youth Drop-In Centre and its programs.

You must have a current drivers license, first aid certificate and Diploma of Youth Work or similar. Further training will be offered to successful applicants.

All applicants must address the selection criteria in the position description to be considered for this position.

For a full position description and application pack, look at www.pccinc.com.au, call 4341-9333, or write to: Recruitment, Peninsula Community Centre Inc, PO Box 512, Woy Woy NSW 2257

Applications close 5 pm, Friday March 19

The PCC is an EEO employer. All persons working in Youth and Children's Services must undergo a medical examination, National Criminal History Check and Working With Children check prior to commencement of employment.

Tiling

**S&S
TILING**

• Free Quotes • Pensioner
discount of 10%
• Fast & Convenient
• Professional Service
• No job too big or small
• Waterproofing
• Bathroom Renovations •
Commercial Renovations
Ph: 4342 6169
Mob: 0431 067 232
Lic No. 204667C

Tuition - Music

**Peninsula
skew!
School
of Music**

Violin, Keyboard,
Piano, Mandolin, Drum
and Guitar

lessons available

All Ages welcome.

Gain confidence and
achieve results

4344 5809 or

0417 159 540

Tuition - Singing

Singing Tuition

Robert James

BA {MUS} L.T.C.C.

L.MUS.A L.A.G.M

Highly Experienced

Your place or mine

Phone:

0429 848 942

**Advertise in
this space for
only \$35
Ring
Peninsula
News now on
4344 1844**

Community Organisations

Art & Craft Classes Ettalong Beach Art & Crafts Centre Inc ⁽²⁵⁶⁾

Adult Classes in
Patchwork & Quilting,
Pottery, Folk Art, Silk
Dyeing, Oils, Acrylics,
Pastels, Drawing,
Watercolour, Silvercraft
and Children's Art &
Pottery Classes Monday
to Saturday
During School Terms
Ph: 4341 8344
info@ebacc.com.au

Central Coast Art Society

To bring together artists
and interested people for
lectures, demonstrations
and discussion, with weekly
paint-outs, workshops and
meetings, plus regular
exhibitions.

Paint-Outs Each Tuesday
At Central Coast Locations.
Phone Rose 4369 5860 Or
0428 439180

9.30 Am To 12.30pm, The
1st & 3rd Wednesday, of
each month at Gosford City
Art Centre. Cost \$10. Phone
Fran 4363 1820 For Details.

1.30PM on The 4th
Wednesday of each month,
at Gosford City Art Centre.
Demonstration by guest
artist.

Coleen Martin 43251420
publicity@artcentralcoast.
asn.au

Central Coast Art Society
Po Box 4168 East
Gosford 2250

Community Centre Beachside Family Centre ⁽²⁵⁷⁾

A school-based
community centre for
families with children
from birth to 8 years old.
Offering a range of group
programs and community
activities to promote
healthy and happy
families

Ph: 4343 1929

Umina Public School
Sydney Ave, Umina

Community Group Wagstaffe to Killcare Community Association ⁽²⁵⁶⁾

The Association works to
protect and preserve the
beautiful environment and
low density residential
nature of the Bouddi
Peninsula area and to
strengthen community
bonds

Monthly Meeting - 3rd
Monday, 7.30pm at
Wagstaffe Hall
Mail: PO Box 4069,
Wagstaffe 2257 Tel:
4360 2945 Email : info@
wagstaffetokillcare.org.au

Community Group Vietnam Veterans', Peacekeepers' And Peacemakers' Association Of Australia Inc, Gosford Sub- Branch ⁽²⁵⁹⁾

The WPPAA are here to
assist all Veterans and
their families with pension
& welfare matters or you
are welcome to simply
drop in for a chat. Our
office is situated on the
corner of Broken Bay
Road & Beach Street At
Ettalong.

Open Each Monday &
Wednesday Between
9am & 1pm

Phone 43444760

vietvetsgosford@bigpond.com

Po Box 505, Ettalong
Beach NSW 2257

Disabled Services Riding for the Disabled Association (NSW) - Central Coast Centre ⁽²⁵⁷⁾

Horse Riding as a
Therapy for those with
intellectual or physical
disabilities

Monday to Saturday
inclusive

Ph: 4340 0388

stateoffice@rdansw.org.au

Early Australian History and Pioneers Fellowship of First Fleeters Central Coast Chapter ^(259c)

To Create a greater
awareness of the part
played by those pioneers
who arrived in sydney
with the first fleet on 26th
January 1788

Every second Saturday
at Wyong RSL Club
10am to 12 noon
roy.kable@bigpond.com
4344 3876

Friends of the ABC Friends of the ABC - Central Coast ⁽²⁵⁷⁾

a support group for the
Australian Broadcasting
Corporation. Aims:
safeguard ABC's political
independence, adequate
funding and high
standards.

Regular committee
meetings throughout
the year + social coffee
afternoons (Central
Coast Leagues club) -
Guest speakers, ABC
personalities
John and Margaret Hale
4333 8107 and
Klaas Woldring 4341
5170,

emails: jhale@tac.com.au;
woldring@zipworld.com.au

As a community access newspaper, Peninsula News has published details of not for profit community events on and around the Peninsula in a What's On format for over ten years.

While this information has been provided free of charge to the community, unfortunately it has not remained current and many changes have not been provided to the newspaper.

Starting with the first edition of Peninsula News in 2010, this information will be presented in an easier to use format where activities and like organisations will be grouped to make them easier to find and their contact information will be included.

It will now also be possible to add specific one off events with information that applies only to that event.

All Not for Profit Community Organisations that would like to be included will need to complete the following form and return it to Peninsula News by mail, fax or email together with the nominal payment amount shown where appropriate.

If you would like your Community Organisation listed here, see

www.duckscrossing.org/publications.html for the forms or contact Peninsula News on 4344 1844

Judo

Woy Woy Judo Club ⁽²⁵⁹⁾

Judo is a full contact sport
for males & females aged
from 7 years to senior,
learn self discipline, self
esteem & fitness

Every Tuesday and

Friday 5.30 to 7.30pm

ferryman57@hotmail.com

0434 000 170

Luncheon

Endeavour View Club ⁽²⁵⁴⁾

held 1st Monday of
the Month at Woy Woy
Leagues Club - 10.30am
Ph: 4344 3825

Marine Rescue NSW Central Coast Unit ⁽²⁵⁶⁾

Members required for
radio duty & boat crews.
Training provided at Point
Clare -

Public courses available
for Boat Licence & VHF
Radio Licences
Ph: 4325 7929

Boat Licence Safety Course

on a Saturday

once each month

Ph: 4325 7929

www.coastalpatrol.org.au

info@coastalpatrol.org.au

Migrant Assistance Northern Settlement Services LTD ⁽²⁵⁷⁾

NSS Provides

socialisation for migrants.

Volunteers assist with
home visits, shopping and
social days where clients
from all over the world
enjoy time together. 2nd
Wednesday of the month
Ph: 02 4334 3877

Service Clubs

Rotary Club of Woy Woy Inc. ⁽²⁵⁹⁾

A fellowship of business,
professional and
community leaders
through which the club
provides service to
others, promotes integrity,
and advances world
understanding, goodwill
and peace.

Meets at Everglades
Country Club, Dunban
Road, Woy Woy, each
Tuesday from 6.00pm.
Secretary, Jayne Mote
Tel: 4342 8183

jayne_mote@bigpond.com
PO Box 175, Woy Woy
NSW 2256

Song writer / Music Activities

ASC Songwriter Assist Inc. ⁽²⁵⁸⁾

Regular activities and
events for anyone
interested
in the craft and business
of song writing
Ph: 0412 149 094
www.ascsa.org.au
info@ascsa.org.au

Retirement Centre Peninsula Village ⁽²⁵⁷⁾

Not-for-profit community
owned retirement centre
caring for aged residents
on the Peninsula in self
care hostel and Nursing
home accommodation
Ph: 4344 9199

Wildlife Animal Rescue and Care Wildlife Animal Rescue and Care society. ⁽²⁵⁸⁾

Rescues and cares for
native wildlife in distress.
If you would like to help,
phone, email or visit
www.wildlife-arc.org.au
for membership details.
Free training provided.
Meetings held 3rd Sat
each month at 1pm
at Wyoming Common
Centre, Maidens
Brush Rd Wyoming
Ph: 4325 0666
arc@wildlife-arc.org.au

Women's Group Country Women's Association Woy Woy ⁽²⁵⁷⁾

Friendship Mornings
1st and 2nd
Wednesday 10am
Monthly Meetings 4th
Wednesday 12.30pm
Ph: 4324 2624

Three teams make finals



Umina has three teams in the Central Coast Cricket finals series.

Club publicity officer Mr Gary Blake said Umina District Cricket Club had proved itself to be the "Peninsula's premier cricket club".

"Our first and second grade teams defeated Kincumber in the final round to force their way into the top six, while our ninth grade has reached the top four in their competition," Mr Blake said.

"First grade were playing second placed Kincumber at Erina Oval and as a result of some superb bowling from Daniel Fiddock (5/28) and Ryan Clement (2/17), dismissed Kincumber for 157.

"The Umina reply was built around a solid innings of 51 by leading batsman Brad Jones, a big

hitting 49 from Nathan Carmody-Smith and an assured 28 not out by Scott Brown saw the Devils home.

"Second grade had an equally difficult task against the minor premiers, but some excellent middle order batting by Nick Garnett (75), Jamie Doran (47), Scott King (44 not out), Cameron Dunn (30) and Sean Ellard (26) saw Umina achieve an imposing 291.

"This proved to be far too much for Kincumber who were bowled out for 121 and when forced to follow on barely avoided an outright defeat finishing 8/116.

"Umina's star bowler was Scott King who terrorised Kincumber taking 5/40 and then 5/34 the second time around.

"Ninth grade defeated The

Entrance thanks to a stunning spell from paceman Scott Aitchison who took 5/29, while good support from Jason Steed and Adam Miller set up an easy win.

"We have high hopes for strong performances throughout the finals series, as once again Umina proves itself to be the Peninsula's premier cricket club."

Results were:

First Grade - Umina 7/158 (Brad Jones 51, Nathan Carmody-Smith 49 Scott Brown 28 n.o.) def. Kincumber 157 (Dan Fiddock 5/28 Ryan Clement 2/17)

Second Grade - Umina 291 (Nick Garnett 75, Jamie Doran 47 Scott King 44 n.o. Cameron Dunn 30 Sean Ellard 26) def. Kincumber 121 (Scott King 5/40 David Ford 2/15) & 8/116 (Scott King 5/34 Mitchell Fiddock 3/26)

Third Grade - Umina 7/275 (Blake Weir 91 Dave Cox 53 n.o. Steve Glasscock 52) & 1/3 def. Mountains 123 (Josh Wakem 5/33 Andrew Glasscock 2/16 Ashley Jones 2/29) & 151 (Josh Wakem 4/39 Andrew Glasscock 2/24, Bryce Cox 2/26 Ashley Jones 2/40) Outright

Fourth Grade - Mountains 3/172 def. Umina 26 & 144 (Peter Jones 57 Brendan Egan 43 Lewis Black 25)

Seventh Grade - Umina 4/219 (Craig Ferguson 66 n.o. Michael Dawes 45 Brent Dawes 44 Glenn Paull 30) def. Lisarow 7/218 (Michael Dawes 2/27)

Ninth Grade - Umina 4/85 (Tom Frazer 29 n.o.) def The Entrance 74 (Scott Aitchison 5/29 Jason Steed 3/16 Adam Miller 2/26).

Media release, 4 Mar 2010
Gary Blake, Umina Cricket Club

Bunnies name club captain

The Umina Bunnies Rugby League Football Club has named stalwart front-rower David Murray as this year's club captain.

"Known to all as Muzz, David has played 110 first grade games over the past six seasons," club president Mr Kevin Hulls said.

"Dave is the local Umina Coles

store manager and has the respect and experience as he lines up another year to lead the young Bunnies into battle.

"He makes the perfect leader with his never surrender attitude and his off field demeanour."

Website, 20 Feb 2010
Kevin Hulls, Umina Rugby League Football Club

Website for Bunnies

The Umina Bunnies Rugby League Football Club has launched a new website for members and supporters to coincide with the start of the season.

Club president Mr Kevin Hulls said the new website www.2257bunnies.com.au was still in the process of getting built but was proving to be a useful source

of information for local players and supporters.

"We will have more information being loaded as time permits but when its complete you will get results on all grades, fixture information, competition ladders, players info, sponsors info, and upcoming events."

Website, 18 Feb 2010
Kevin Hulls, Umina Rugby League Football Club

Victory at titles

Umina Surf Life Saving Club has seen "victory all round" at recent state title events, according to club secretary Ms Christine Lavers.

"The nippers from Umina competed recently at the Junior State Titles at Blacksmiths Beach, Swansea, and the majority of them either medalled or were placed in finals," Ms Lavers said.

"The great rewards that Umina has had during the season are due to the dedication and training of the

all nippers and support from their team managers, coaches and of course parents.

"This year Umina SLSC held two junior surf camps and the benefits of these have shown with the state and branch results.

"Most of the masters, cadets and boat crews are heading up to Queensland to contest the Australian Titles within the next few weeks and hope to do just as well."

Press release, 4 Mar 2010
Christine Lavers, Umina SLSC

Junior makes NRL debut

Umina Bunnies junior Bennett Leslie made a successful NRL debut with a try against Newcastle on February 19.

Club president Mr Kevin Hulls said the local player was only one of three selected from the Toyota Cup squad and proved he was ready for national competition with

a strong performance at his debut game.

"A Storm premier league player last year, Bennett has moved from Umina to Melbourne after being contracted to play in the Melbourne Storms under-20s Toyota Cup squad," Mr Hulls said.

"Due to many of the Storm

players being in England, Bennett was selected to join the first grade squad and trial at Newcastle.

"Big, strong and skilful, this won't be the last time you see Bennett in the top grade this year."

Website, 20 Feb 2010
Kevin Hulls, Umina Rugby League Football Club

Climate change focus for party

A local fitness business will celebrate its first year of operation on the Peninsula by hosting an environment fundraising party in Umina on March 20.

The Smooth Running fitness group has organised a "wild soiree" at the Umina See Lion Cafe from 7pm to raise money for The Wilderness Society and its environment campaigns to curb climate change.

Several members of the group will compete against 48 other teams in a 100 km WildEndurance

Challenge trek in the Blue Mountains later this year.

The event's theme will be A Wild Night Out with entertainment donated by local band Stonefish.

Smooth Running owner Ms Amanda Falvey said her outdoor personal and group fitness business has grown steadily since it began in March last year during the midst of the global financial crisis.

Ms Falvey encouraged people to donate and support the Smooth Running's WildEndurance efforts.

Press release, 1 Mar 2010
Sarah Tolmie, Smooth Running

UMINA

BAIT & TACKLE

CHEAP BAIT

Large Range of BAIT

Excellent Range of TACKLE

FRESH GREEN WEED

Open 7 Days

Daiwa Shimano Abu Garcia STILSTAR

Business for sale

From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA ☎ (02) 4341 1686

Umina's Finest Tobacconist & Darrell Lea Chocolates



Cnr South and West Street
(New entry from South Street)
Umina Beach - Open 7days
7am to 6pm

Surprise conditions for Malibu club

The first contest of the year for the Ocean Beach Malibu Club was held in "surprise" conditions with two to three foot swells at Umina.

"With flat conditions the day prior, almost everyone was expecting the opening contest for the year to be postponed but instead we were greeted with a lovely little two to three foot swell, along with two banks to keep both the 'goofys' and 'naturals' happy," club contest director Mr Craig Coulton said.

"Six new surfers have joined us for the year and we welcome the father and son team of John and Tom Payne, Bill Ballard, Brent Thoroughgood, Scott Arena and Cody Fleming.

"Twelve-year-old Cody Fleming was the surprise packet of the newbies, winning his first round heat and then coming a credible fourth against all of the round one winners.

"What a great boost to our junior division, along with 11-year-old Tom Payne who managed a third in his round one heat and followed that up with a second placing in the thirds' heat in round two.

"Bill Ballard was another newcomer to win his round one heat but found the second round a lot tougher in the battle of the firsts.

"Bill has been surfing Umina for

many years so it's good to see him finally join us in competition."

Mr Coulton said Hayden Emery scored the maximum points for the day winning both of his heats.

"Angela Smith also deserves congratulations for her effort, placing second in both rounds against the men," Mr Coulton said.

"First round winners were Brent Olsson from Bill Burke and Nick Somogyi, Calyn Wilkinson from Craig Coulton and Tom Payne, Cody Fleming from John Payne and Paul Goder, Garry Halliday from Mitch Bolton and Cyndi Zoranovic, Bill Ballard from Angie Smith and Mark Williams and Hayden Emery from Brian Cook and Scott Arena.

"Round two winners were (firsts) Hayden Emery from Calyn Wilkinson and Garry Halliday, (seconds) Brian Cook from Angie Smith and John Payne, (thirds) Mark Williams from Tom Payne and Scott Arena, (fourths) Ron Stockings from Chris Irwin and Brent Thoroughgood, (fifths) Mark Rylands from Craig Palmer and Tony Irwin and in the final heat of the day (sixths) Mark Shaw was victorious over Glen Bible and Neville Gough."

The next Ocean Beach Malibu Club contest is scheduled for Sunday, March 14.

Report, 23 Feb 2010
Craig Coulton, Ocean Beach Malibu Club



Roosters trial at Narrabeen

A Woy Woy Roosters squad of 24 players travelled to Narrabeen to face the Manly Sea Eagles Under-20s side on February 27.

Last year's National Youth Competition minor premiers were a "tall order" for the Roosters who were there to play the first trial of the season.

Club marketing and promotions manager Mr Peter Read said the boys played a strong game despite finishing behind at fulltime.

"Captained by Aaron Hardman, the Woy Woy Roosters were willing

in defence and surprised the Sea Eagles with some nice attacking plays throughout the match," Mr Read said.

"In the absence of Adam Tippett, Matt Riddle directed the side from half back and seemed to enjoy the chance to get in closer to the play.

"Despite finishing behind on the scoreboard coach Les Lowe was happy with the hit out, and in particular the efforts of David Maryska, Jake Morris, Daniel King, Shaun O'Cass and Chris Hyde who all performed well in the warm conditions, having been out of the

game for extended periods.

"The experienced Marc Phillips, Troy McLellan, Jared Smith and Glenn McLellan all played strongly, as did Glenn McLellan, who caused the Sea Eagles problems with his pace out wide.

"New signings Hardman, Ryan Drew, Tim Bovis and Peter Benham showed that they will be all great assets to the Roosters in 2010 while youngsters Alex Baxter, Chris Bainbridge and DJ Markham were all well up to the task."

Press release, 27 Feb 2010
Peter Read, Woy Woy Rugby League Football Club

Campbell Building Materials



Dulux Weathershield
Low Sheen - White Only
4L - \$66.50

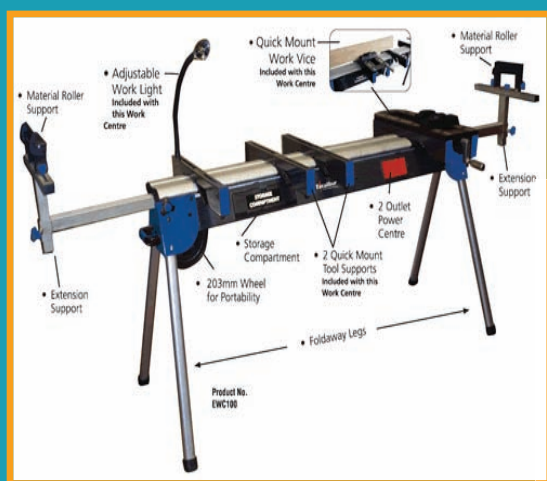


Dulux Wash & Wear
Low Sheen - White Only
4L - \$66.50

Hitachi Drill - 10.8V
Was \$200 Now \$185



Xceed Generators -
800W, 1000W & 2200W
Starting from \$179



Excilbur
Work
Bench
\$349



Makita Circular Saw
185mm
Was \$205 Now 175
Phone: 4341 1411
Fax: 4343 1355

OPEN 7 DAYS
Monday ~ Friday - 7am - 5pm
Saturday - 8am - 4pm
Sunday - 9am - 2pm

HOME
TIMBER AND HARDWARE

Only while stocks last

100% Locally owned 100% Locally staffed
182 Blackwall Road, (at the lights) Woy Woy



BUY 2 FOR \$12.00



BUY 2 FOR \$5.00



\$39.99 each



\$5.99 each



\$2.49 each

Nivea Light Touch Lotion & Rich Nourishing Moisturiser 400ml

OLAY Regenerist Micro-Sculpting Cream 50ml



\$12.99 each



\$4.99 each



20% OFF



\$18.99 each

Rexona Men & Women Clinical Deodorant 45ml

Rexona Men & Women 150g Range

Neutrogena Ultra Sheer Range

Bio Oil 125ml



BUY 2 FOR \$30



\$7.99 each

INVISIBLE ZINC Junior Roll-On, Face & Body 75g & 4 HR Water Resistant 50ml

Veet Wax Strips Normal, Dry & Sensitive 20s



\$19.99 each

Zyrtec Rapid Acting 30s *



\$12.99 each

Ego Moov Head Lice Solution 200ml



\$12.99 each

Neutra Lice Natural & Advance Lotion Kits



\$18.99 each

Lamisil Once 4g *



\$6.99 each

Ego SolvEasy Tinea Cream 15g *



\$6.99 each

Elastoplast Blister Plaster Large 5s & Small 6s



\$4.99 each

Aerogard Tropical 135ml



\$6.99 each

Elastoplast Mouthguard Junior, Youth & Adult



\$8.99 each

Elastoplast & Leuko 38mm Sports Tape



Buy any 2 Elastoplast Mouthguards or Elastoplast/Leuko Sports Tape and receive a **FREE Drink Bottle** While stocks last

you save CHEMIST

315 West St
Umina Beach
Ph: 4341 1488

Monday to Friday
8.30am - 5.30pm
Saturday
8.30am - 12.30pm

you save CHEMIST

be rewarded!
JOIN TODAY

