

Refuge provided in Refuge Bay

A 50-foot yacht sought help from the Volunteer Marine Rescue Central Coast base when it became distressed off Lion Island in rough waters on January 3.

Publicity officer Mr Ron Cole said the marine base received an urgent call for help from a yacht carrying one person on board and had found its roller reefing gear jammed with the foresail and the engine would not start.

"The wind was 30 knots and gusting from the south/east, seas were three metres and rising," Mr Cole said.

"This yacht had a problem.

"Police were notified and Marine Rescue Central Coast was tasked to assist.

"Terry and his crew reached the yacht about 6.50pm.

"By then it was just half a

nautical mile off Lion Island.

"Conditions had deteriorated with a thunderstorm, heavy rain and squally winds making life unpleasant and seas very confused.

"The rescue boat crew got a line aboard the yacht and began a tow towards Pittwater.

"Progress was slow because of the strong southerly and the wind in the jammed sail.

"The yacht skipper and boat crew decided to head west to shelter under West Head so the owner could free the jammed sail.

"This was successful and it was then decided that the safest location overnight would be Refuge Bay.

"The yacht was placed on a mooring in the bay about 9.30pm."

Press release, 14 Jan 2010

Ron Cole, Volunteer Marine Rescue Central Coast



The 50-foot yacht under tow from Central Coast Lifeboat near Lion Island

Trading good ... but not too good - Wales

The Peninsula Chamber of Commerce has welcomed reports of strong Christmas trading periods for tourism and retail outlets on the Peninsula.

President Mr Matthew Wales said it seemed local businesses had weathered the worst of the Global Financial Crisis with better than expected retail trade over summer.

"Across the Peninsula, we are encouraged by reports that the Christmas trading period has been very good," Mr Wales said.

"That's not to say that business isn't still tough.

"Generally, people are still being careful about their discretionary spending but it would appear that a lot of confidence is returning to the market.

"This is encouraging and bodes well for the rest of 2010."

Mr Wales said the Umina, Woy Woy and Ettalong town centres have all seemed to benefit from the Christmas period.

"The Umina Beach town centre has traded very well and will benefit from ongoing construction activity generated by the new

Woolworths store and the pending refurbishment of the BiLo in Oscar St," Mr Wales said.

"A number of new businesses have opened in Ettalong Beach town centre with several more due in the early part of 2010 which would indicate renewed confidence in the village.

"We understand that Deepwater Plaza and Peninsula Plaza also enjoyed a busy Christmas period which is important for business growth and job creation."

According to Mr Wales, the Peninsula Chamber of Commerce stressed that, while the retail figures

look good for the Christmas period, it was important Gosford Council make long term commitments to the "revitalisation of the Peninsula town centres".

"The Draft Gosford Local Environmental Plan will be placed on exhibition from February 10, and it is extremely important that the business community examine and comment on the plan as this will govern future development in our town centres," Peninsula Chamber vice president Mr Andrew Tregent said.

"We cannot afford to miss the opportunity to improve the

planning controls in our town centres so that property owners and developers have confidence to invest in renovations and new building construction.

"There is a real scarcity of good quality vacant retail and commercial floor space on the Peninsula.

"This will only change if council provides incentives to property owners to invest in new building construction."

Press release, 21 Jan 2010

Matthew Wales, Peninsula Chamber of Commerce

Freewater to run for Robertson

Greens Cr Peter Freewater of Horsfield Bay has announced he will contest the seat of Robertson at the next Federal Election.

Cr Freewater said he would run as the Greens candidate for the Robertson electorate because he has "had enough of the political corruption and immoral governance" of the area.

"I've decided to take matters into my own hands and do something about it," Cr Freewater said.

"I have been working for years to protect the natural resources of Gosford and to balance conservation with the needs of the community.

"As a Greens councillor for Gosford, I have been working against self-serving political aspirations to make our waterways safe and navigable, to stop mining companies exploiting our communities and to expose mismanagement and political corruption.

"Now I want the community to

send me to Canberra to be a real alternative to those politicians, funded by multi-nationals that no longer look after the needs of real Australians."

Cr Freewater said the Liberal and Labor parties were influenced by millions of dollars in donations from big business and no longer served the best interests of ordinary Australians. "Labor and Liberal are now almost identical and neither will implement effective policies that might impinge on the interests of the corporations that support

them," Cr Freewater said.

"It's time for the Australian people to take action - we all need to get behind the Greens and put our country on a path to a sustainable future.

"Both major parties plan to double our population over the next 20 to 30 years.

"They say it helps the economy grow.

"Our natural environment and our cities can't support all those additional people and where will it end... 200 million?

"In the short term, the only winners are developers.

"In the long term, we all lose."

Cr Freewater said he was looking to start a Young Greens group on the Peninsula and called on young people in the area interested in politics and the environment to get on board.

Cr Freewater said he was available directly at peter.freewater@hydro-ecology.com.au

Clare Graham, 19 Jan 2010

Interviewee: Cr Peter Freewater, Horsfield Bay

News

Competitions - Win Win Win

Your chance to win big!

Peninsula News in conjunction with Woy Woy Little Theatre is giving away two double passes to the upcoming performance of **Wrong Turn** at Lungfish at the Peninsula Theatre next month.

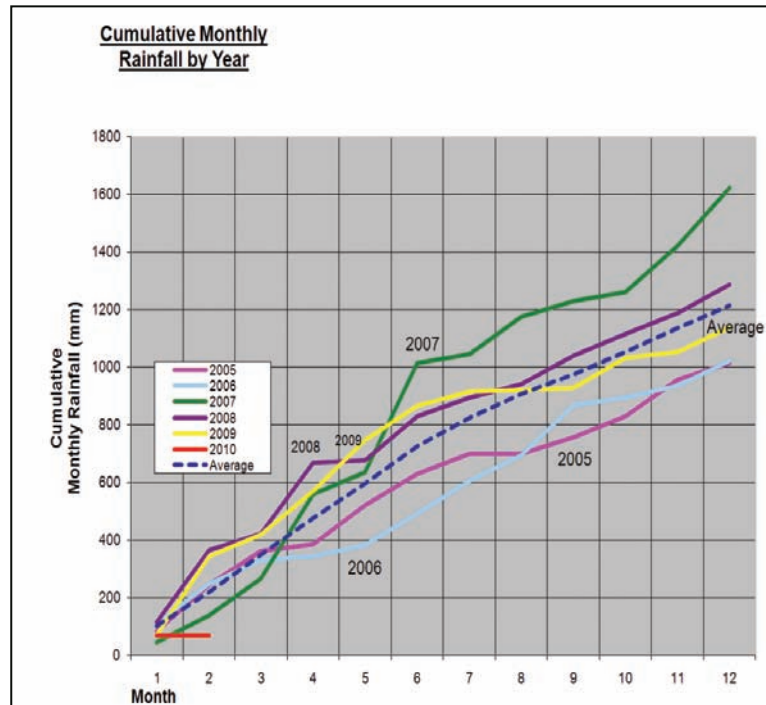
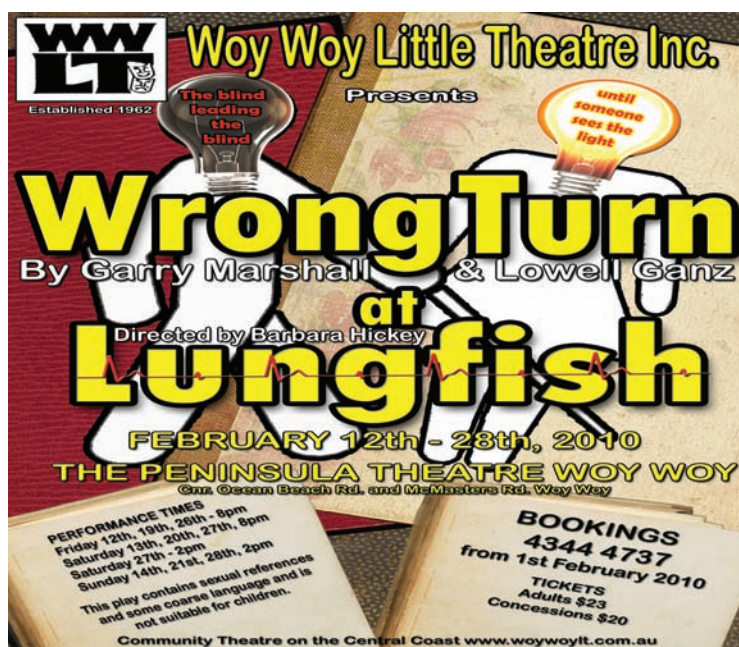
Each prize is valued at \$46 and can be used at any performance date.

The play will run on Friday and Saturdays from 8pm, Sundays from 2pm between February 12 and 28.

To enter, simply write your full name, address and phone number on the back of an envelope and send to Peninsula News Woy Woy Little Theatre Competition, PO Box 532, Woy Woy, NSW 2256.

Entries to the competition close Thursday, February 4, 5pm.

Clare Graham, 22 Jan 2010



On target for average month

Peninsula News

Community Access

Peninsula News is owned by Woy Woy Community Media Association Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalist: Clare Graham

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Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd
 Convenor, Burrawang Bushland Reserve Committee
 President, Australian Conservation Foundation Central Coast branch
 Chairman, Equilibrium Community Ecology Inc
 Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Good rains in the last two weeks have put the Peninsula on target for reaching its rainfall average for January.

A total of 68.8mm of rain had fallen for the month by Friday, January 22, compared to a monthly average of 102mm for the month, according to figures supplied by Mr Jim Morrison of Woy Woy.

Two falls of more than 20mm have been recorded this month, with 21.7mm recorded on January 3 and 21.8mm on January 14.

A fall of 10.4mm was recorded on January 18.

Temperatures have ranged between 14.8 and 36.1 degrees, with the hottest day being last Friday, January 22, according to figures at www.woywoyweather.info.

Average maximum so far this month has been 27.4 and average minimum 20.2 degrees.

The highest wind gust of 39.6km/h was recorded on January 13.

Spreadsheet, 22 Jan 2010
 Jim Morrison, Woy Woy
www.woywoyweather.info

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A house in the Bays community is threatened by bushfire (New Years Eve, 2005)

Meetings about bush fire plan

The Gosford Bush Fire Management Committee will host a series of meetings to gather community input into the development of a Bush Fire Risk Management Plan.

Community meetings have been planned for various areas including Killcare, Patonga and the Bays.

District manager for Gosford Rural Fire Service and executive officer of the management plan superintendent Tony Marsh said bush fires were an integral part of the natural Australian and Central Coast environment.

"The Gosford Bush Fire Management Committee comprises of a range of stakeholders who are working together to prepare, coordinate, review and monitor the district's Bush Fire Risk Management Plan," superintendent Marsh said.

"The draft plan will soon be on public display and an opportunity currently exists for the community to have their say."

Superintendent Marsh said the Bush Fire Risk Management Plan was a comprehensive document that mapped and described the level of bush fire risk across an

area, and identified the assets at risk and established treatment options to safeguard assets and areas.

He said the plan was used to determine such things as where mechanical clearing or hazard reduction burns are conducted, which areas require specialised fire protection and which areas need to be targeted for community education.

"The committee is seeking community involvement to finalise the draft plan and a number of community meetings will be held to get valuable input from the locals,"

superintendent Marsh said.

The first community meeting will be held at the Maitland Bay Centre on Tuesday, February 2, from 7.30pm.

Patonga Beach Rural Fire Service station will host another meeting from 9.30am on Saturday, February 13, with a second meeting on the same day at the Bays Rural Fire Brigade station from 2pm.

Information regarding the progress of the plan can be found on the Gosford RFS web site at www.gosford.rfs.nsw.gov.au

Press release, 22 Jan 2010
Gosford Council Media

Trivia night for Haiti

The Rotary Club of Woy Woy will hold a trivia night early next month to raise money for its shelter box program to assist victims of poverty and natural disasters including the Haiti earthquake survivors.

The event will be held at Peninsula Village on Friday, February 5, from 7pm.

Club publicity officer Mr Tony Cameron said the local Rotary club were active in raising funds to purchase further shelter boxes to assist victims of the Haiti earthquake disaster.

"The club has purchased two shelter boxes in the past six months but these are in storage in Australia awaiting deployment to a disaster area in this region," Mr Cameron said.

"Any funds raised currently will

be used to purchase shelter boxes through shelter box headquarters in the United Kingdom.

"They will then be transported immediately to Miami by Virgin Atlantic airline and onward to Haiti.

"To date over 3300 shelter boxes have been despatched to Haiti from the United Kingdom and is sufficient to provide shelter and basic facilities to over 33,000 victims.

"The value of these shelter boxes is near \$4 million and compares more than favourably with the monetary value of assistance provided by other agencies."

For further details on the trivia night, contact Vicki de Carle on 4342 9557.

Press release, 21 Jan 2010
Tony Cameron, Rotary
Club of Woy Woy

Prayers for Haitians

The Catholic, Anglican and Uniting Church communities of the Peninsula will host an Ecumenical Service of Prayer for the victims of the Haiti earthquake.

The service will be held on Monday, January 25, at St Luke's Anglican Church in Blackwall Rd, Woy Woy, from 7pm.

The Reverend Penny Jones

of the Anglican Parish of Woy Woy said the service was a great opportunity for the Peninsula community to come together and pray for people affected by the Haiti earthquake.

She said the Christian Peninsula community would join together in prayer to remember those who have lost their lives and those left behind by the devastation.

Clare Graham, 19 Jan 2010

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Forum

We need a single council

Seated at my table at a recent wedding was a former head of emergency at Gosford Hospital.

"The problem with the Central Coast," he said, was that it "did not have an identity".

To an outside observer, it's a fair call.

At the root of the problem, we have a separate council for Gosford and Wyong.

We need a single council for the

Forum

entire Central Coast.

There is an outstanding and talented arts community on the Central Coast, but who would know?

Gosford and Wyong Councils are too bogged down in their ongoing turf wars to tell anyone. To the outside world, the Central Coast is often viewed as a non-

entity.

The Department of Education administers the Central Coast from Newcastle.

Our modest university campus is part of Newcastle University.

Entrenched interests want to keep things as they are, but it's time the coast had the identity it deserves.

A single council is the first step.

Email, 18 Jan 2010

Warren Cross, Wagstaffe Point

More forum page 16

Quick with credit, slow with loss

I read with interest the mayor's report as printed in your last edition.

He was very quick to claim credit for projects which came from funding from the State and Federal Governments.

He was less quick to accept responsibility for his council's failures which do not even rate a mention.

Most notable was the omission of the loss, or potential loss, of \$55

Forum

million of council funds.

While he spent the year in denial, the sad fact is that at the first opportunity to redeem the debt, we ratepayers made a loss of 79 cents in the dollar and the council's response at the time was it was a good outcome.

Who is he kidding?

Email, 19 Jan 2010

Katie Smith, Umina Beach

Lack of toilets more important

I must say I am somewhat staggered to read about the local chambers of commerce squabble about flags while tourists, not too bothered to look at these items, are more preoccupied with attempting to locate an accessible public toilet!

During the weekend of January 9 and 10, while down in Umina, I was accosted by no less than three different groups of tourists, very polite, but in varying degrees of agitation, urgency and in somewhat desperate mode all trying to find a public toilet.

Forum

Letters to the editor should be sent to:

Peninsula News

PO Box 532,

Woy Woy 2256 or

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See Page 2 for

contribution conditions

One would think that if the chambers of commerce were keen to encourage tourism, they

would make moves to ensure a sufficiency of basic comfort stops clearly indicated throughout the Peninsula.

Visitors unfamiliar with the area were disgusted at being directed to a closed, unsafe public toilet block at the back of Umina Library by various shop owners and assistants.

When checking with the librarians they were then referred to the surf club, a considerable distance away.

This is just not good enough!

Is Umina now part of the Third World?

Letter, 12 Jan 2010

Zoe Russell, Umina

Info wanted about local resident

Distant relatives and long standing friends in the UK of the late Mr Fred Marsden of 296 Blackwell Rd, Woy Woy, would appreciate any information from friends or neighbours regarding the last few weeks of his life.

Mr Marsden last rang us in the UK in mid June, 2009, but as it was 3am here he was a little confused.

Normally he was such a correct gentleman so we guess he wasn't

Forum

well then.

Please either contact Clare Graham at Peninsula News or Mr and Mrs T.W Taylor, 3 Apperigg, Windermere, Cumbria, LA23 1EW, UK or phone 0044 15394 43904.

Your help would be greatly appreciated.

Email, 21 Jan 2010

Tom and Brenda Taylor, United Kingdom

Minimalism not an option

The unhelpful debate of (British) Monarchy versus an Australian Minimalist Republic flares up again when a young royal visits the antipodes.

With minimalism no longer an option, how well prepared are Australians to engage in a far ranging constitutional debate?

Isn't that the real issue?

The primary case for Australia is

Forum

very clear: a constitutional Republic with a directly-elected, symbolic President, now favoured by over 80 per cent of the citizens.

Considering more comprehensive constitutional change, Australians should be looking at modern republics to see how they operate, e.g. Ireland, Finland, Portugal, France, Austria,

Iceland, Indonesia and Poland (direct election); and Italy, Greece, Switzerland, Germany, Malta, Czech Republic, South Africa and Hungary (indirect election).

Could the Rudd Government, as an essential part of the education revolution, commence producing and circulating materials enlightening the public about the options?

Australia needs to be much better prepared for the next plebiscite(s) or referendum than it was in 1999.

Email, 20 Jan 2010

Klaas Woldring, Pearl Beach

A great newspaper

John Collins (Peninsula News, 11 Jan 2010) reminds us how the big corporations have debased a great tradition, the local rag.

There are few left these days because of gross commercialisation and the new technology.

Fortunately, some still survive and bring us local news, views and events.

Like Peninsula News.

Forum

What a fine newspaper.

This newspaper is a true one and follows the path of the great newspapers as The Guardian, The New York Times, The Times (before Murdoch), The Christian Science Monitor and the Sydney Morning Herald.

Letter, 11 Jan 2010

Keith Whitfield, Woy Woy

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Be vigilant about pets, says wildlife rescuer

A Peninsula Wildlife Animal Rescue and Care Society volunteer has urged local pet owners to be vigilant of the whereabouts of their animals following the attack on a goose at Woy Woy waterfront last week.

Affectionately named by its rescuer "Gussy the goose", the large white bird was rescued near the Woy Woy Memorial Park Garden in Brickwharf Rd, Woy Woy, after a local resident reported the injured bird to ARC volunteers Keith and Nora Elder on January 19.

The goose is believed to have lived in the area for more than six years.

One local resident reported seeing the goose rescue a flock of ducks by herding them up off the roadway, according to Ms Elder.

The Woy Woy volunteers rescued Gussy, who had sustained a deep leg wound, and took him to Leslie St Vet Clinic in Umina where he received free medical care.

Ms Elder said the vet confirmed that the wound sustained by Gussy was from a large bite mark.

"It is just heart breaking to see



this sort of thing happen time and time again," Ms Elder said.

"If it's not a bird being attacked by cats and dogs, it is a possum or other native wildlife.

"What is particular disturbing was when we rescued Gussy from Woy Woy Memorial Gardens, there were dog owners letting off their dogs within the walls of the park.

"One unleashed dog chased a

group of birds away from the area.

"One of the birds could have easily been caught by the dog and torn to shreds.

"Not to mention how disrespectful it is to have your dog running around in a sacred space dedicated to our war veterans."

According to Ms Elder, pet owners should be mindful of where their pets are at all times.

state for cat and dog attacks, it is not hard to see why it is important for pet owners to be responsible."

Mr and Mrs Elder said Gussy was recovering well in the backyard of their Woy Woy home where the couple has cared for and nursed hundreds of animals and native wildlife over their five years as volunteers.

Gussy is expected to return to his home near Woy Woy channel in a couple of weeks.

"We are always looking for more volunteers to join the Wildlife ARC team," Ms Elder said.

"Caring for animals in need is something I have always wanted to do and after retiring it seemed like the best time to start.

"Although the work can be time consuming and expensive at times, the benefits of helping a sick and injured animal far outweigh any of these things."

For more information on Wildlife ARC, contact 4325 0666.

Clare Graham, 21 Jan 2010

Interviewee: Nora Elder, Woy Woy

Bays grants exceed \$22,000

The Bays Community Group was successful in obtaining more than \$22,000 in grants to help with community projects last year, according to group president Mr Bob Puffett.

Mr Puffett said the group was fortunate to receive a \$400 grant from Gosford Council towards the Phegans Walk track as well as a \$1500 grant from council towards community support.

Council also contributed \$1600 to enable the group to purchase new blinds for the community hall.

Meanwhile, the NSW Department of Environment, Climate Change and Water granted \$17,000 in funds to support improvement work the hall.

A Volunteers Grant through the

Federal Government of \$1700 allowed the group to pay for expenses such as fuel and a new

air conditioner for the hall.

Newsletter, 24 Dec 2009

Bob Puffett, The Bays Community Group

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Australia Day



Bruce Elder at Woy Woy

Gosford Council's Australia Day ambassador, award-winning journalist Mr Bruce Elder, will attend event celebration in Woy Woy and Wagstaffe on January 26.

Gosford City Australia Day Committee chairman Cr Jim Macfadyen says he was thrilled to welcome Mr Elder to Australia Day celebrations in the Gosford Local Government Area.

"It's an honour to have Bruce join us on Australia Day," Cr Macfadyen said.

"An ambassador's role on the day is important as they'll add to the high calibre of community spirit and pride we have here in Gosford City.

"With Bruce's extensive knowledge and understanding of our country and its people over the years, I'm sure the local community

will enjoy having him as our national ambassador for 2010."

Currently a writer with the Sydney Morning Herald, Mr Elder is also a weekly guest on the ABC's Tony Delroy Nightlife program, broadcast to more than 150 stations around Australia.

As a writer, his publications have included a study in 1998 of the massacres and maltreatment of Australian Aborigines titled Blood on the Wattle.

The book has been in print for the past 21 years and was selected as one of the 10 most influential works of non-fiction published in Australia in the 20th century.

Local Masterchef winner Ms Julie Goodwin will also represent Gosford City on the day as the local Australia Day representative.

Press release, 18 Jan 2010
Cr Jim Macfadyen, Gosford Council

Australia Day ride to Gosford

The inaugural Australia Day Bike Ride will see participants cycle more than 10 km from Woy Woy to Gosford raising money for cancer research and services along the way.

The event will also give participants the opportunity to enjoy the festivities in both Gosford and Woy Woy.

Registration for riders is between 8am and 9am at Anderson Park, Woy Woy, before departing on the cycleway from Woy Woy to Gosford.

There will be stations along the way for people to take a break and drink water.

Upon arrival at Adcock Park, riders can make their way to Gosford waterfront and join in the Australia Day celebrations from 10am.

Participants have the option of returning to Woy Woy at their leisure, but are encouraged to arrive back in Anderson Park by 2pm for the special prize draw for which all entrants of the Australia Day Bike Ride are eligible.

Bikes can be left in a secure compound at both locations for a gold coin donation.

The cost to participate starts from \$5 per person or \$10 per family (two adults, two children).

Participants are encouraged

to seek sponsorship from friends, family, neighbours or colleagues to complete the ride.

Proceeds raised will go to Cancer Council Australia and the Australia Day Committee.

To register, go to www.doyourthing.com.au or download a registration form at council's website at www.gosford.nsw.gov.au/news_events/public_events/2010/gosford-city-australia-day-celebrations/

Registrations can also be taken and submitted at council's customer service centres in Gosford, Erina, Woy Woy and Kincumber.

Press release, 18 Jan 2010
Alexandra Hornby, Gosford Council

Program for Australia Day

Gosford Council has announced its final program of activities for Australia Day celebrations at Woy Woy waterfront on January 26.

The day will now begin from 1pm when market stalls begin trading along the Woy Woy waterfront.

Children's rides and activities will be available for families to enjoy and can be found in front of the CWA Hall near Fisherman's Wharf.

Stage entertainment will kick off

from 2pm with a performance from the Central Coast Concert Band and local school band One Minute of Living.

Other entertainers will perform for audiences throughout the afternoon including John Paul Young, Warren Morgan, Ronnie Peal, No Pressure, The Good News Church Band, Woy Woy Taekwon-Do, Sign and Speak Australia Singing Choir, Drumbala and Dancin'ity.

No Pressure, an emerging

Central Coast band and winner of the Kool Skools competition, boasts two band members from Brisbane Water Secondary College, Josh Keane and Seth Johnston.

The event will conclude with a lantern procession from the CWA Hall to the Woy Woy Memorial Park and a fireworks display to mark the end of festivities.

Program, 22 Jan 2010
Mark Ellis, Gosford City Australia Day Committee

Roads closed for Australia Day

A number of roads around Woy Woy and Wagstaffe will be closed on Tuesday, January 26.

In Woy Woy, Brick Wharf Rd and The Boulevard will be closed between 6am and 10pm.

Residents of Brick Wharf Rd will be allowed entry from North Burge Road only, with the access lane between Brick Wharf Rd and

Chambers Pl one way only from Brick Wharf Rd.

Brisbane Water Dr between the Spike Milligan Bridge and The Boulevard will also be closed between 9pm and 9.30pm for a fireworks display.

In Wagstaffe, Mulhall St opposite Wagstaffe ferry wharf will be closed from 6am until 12.30pm for Australia Day festivities.

Gosford will also experience

minor disruptions on Australia Day with Dane Dr, Brian McGowan Bridge, Georgiana Terrace from Dane Dr to Baker St and Vaughan Ave will be closed between 6am and 1pm.

People attended events on the day are encouraged to leave the car at home and cycle or catch public transport.

Press release, 14 Jan 2010
Gosford Council media



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Bird deaths were 'natural'

The recent birdlife deaths within the Pearl Beach Lagoon were caused by a naturally occurring avian disease, according to Gosford Council's manager of education and compliance Mr John Parkes.

Mr Parks said that, following reports from community members that a number of birds had been found dead, council investigated the matter and discovered the affected birds demonstrated clinical signs of disease known as avian botulism.

He said botulism was caused by a bacterium called clostridium botulinum, a naturally occurring organism that lives in lakes and ponds, especially in and around decaying vegetation.

"Outbreaks often occur when there is a combination of low water levels, warm temperatures and lack of oxygen in the water," Mr Parkes said.

"The most effective control once an outbreak has been identified is to remove dead birds to prevent the build-up of the toxin.

"Council's environment officers have reported the matter to the

regional veterinary officer within the Department of Industry and Investment NSW and we have followed advice from the department which includes the appropriate removal of dead birds from the site to prevent the spread of the disease to other birds."

The disease is not lethal to humans and pets, according to Mr Parkes.

"The type of avian botulism which is affecting wild birds in the Pearl Beach Lagoon has not been associated with disease in humans and pets (such as cats and dogs)," Mr Parkes said.

"Environment officers have undertaken a water quality test and results indicate that the water quality within the lagoon is satisfactory.

"Council's environment officers will continue to monitor the situation and we will do everything we can to inhibit the spread of the disease."

Should residents notice dead birds in the area, they are encouraged to contact council on 4325 8222 to arrange for collection and appropriate disposal.

**Press release, 13 Jan 2010
John Parkes, Gosford Council**



Ettalong Beach IGA employees handing over cheque donations to Peninsula Little Athletics and crew members from Empire Bay Rural fire Service

Tokens for charity donations

A local supermarket is preparing to launch its Peninsula Community Chest Token Donation program to assist local charities, groups and community organisations.

Ettalong Beach IGA store owner Mr Jim Bohle said all local charities and not-for-profit organisations were welcome to apply for a token box in the store.

"The success of the program will depend on the support of the members of each group who participate in the program," Mr Bohle said.

"With every \$20 spent in the store, excluding cigarettes due to government regulation, a token will be issued to the customer to place

in the box of their chosen charity.

"Boxes will be emptied quarterly and a cheque will then be issued to each of the participating charities."

Mr Bohle said the supermarket hoped to raise more than \$20,000 this year.

He said Ettalong Beach IGA had already donated to charities and organisations in the local area and looked forward to contributing much more with the introduction of the token donation program.

The most recent donation went to the Empire Bay Rural Fire Service and Peninsula Little Athletics who each received \$1000 from Ettalong Beach IGA.

Peninsula Little Athletics publicity officer Ms Jodie McCarthy said the group was extremely

thankful for the supermarket's generous donation that would go towards sporting equipment and trophies.

Empire Bay Rural Fire Service will most likely use the funds to update its hand held radio system, according to deputy captain Mr Robert Maddon.

"There is always something needing to be replaced and fixed," Mr Maddon said.

For more information about participating in the Peninsula Community Chest Token Donation program contact 4341 1026 for an application form.

**Press release, 21 Jan 2010
Jim Bohle, Ettalong Beach IGA**

LETS holds trade day

Central Coast LETS will hold trade day at the Woy Woy Environment Centre on Saturday, February 20.

Coordinator Ms Caroline Bohlsen said Central Coast LETS was a system that allowed members to trade services and goods with other members - without money.

The group hosts a trade day every month at different locations

around the Central Coast.

The next trade day will be held at 267 Blackwall Rd, Woy Woy, starting from 11am to 1pm.

For more information, contact Fiona Thornycroft at fiona@centralcoastlets.org or on 4322 7686.

**Press release, 3 Jan 2010
Caroline Bohlsen,
Central Coast LETS**

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Council takes back Progress Hall

Gosford Council has taken back the Ettalong Progress Hall after the Ettalong Progress Association ceased operations late last year.

Council's director of community services and organisation development Mr Terry Thirlwell said the association informed council it was no longer operational and wished to relinquish management of the building in December last year.

"The caretaker of the building made arrangements to finalise activities at the hall in December and the keys were handed back to council on January 8," Mr Thirlwell said.

"Under council's community buildings policy, when a community group hands a building back to council, the building needs to be assessed for maintenance issues, structural integrity and operational viability.

"If the building is to be retained as a community facility, it is to be offered under an open expression of interest process to appropriately incorporated community groups."

Mr Thirlwell said council's community facilities development officer advised the hall caretaker of the process and provided them with advice and information regarding alternate venues for current hall users.

"The community facilities development officer also responded to a number of enquiries from hall users, providing this information," Mr Thirlwell said.

"In addition, contact was made with other council venues in order to identify any capacity they had to assist and to streamline access for hall users."

Email, 22 Jan 2010
Terry Thirlwell, Gosford Council

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The Peninsula Environment Group is encouraging residents to use Government rebates to reduce the amount of energy and water used at home as part of their New Year's resolution.

Group president Mr Mark Mann said it was a good time to start looking at green options to save water and energy especially since the State Government announced an extension to its Home Saver Rebates program.

"With climate change and Australia's limited water resources, we all need to reduce the amount of energy and water we use in our homes," Mr Mann said.

"Items such as dual flush toilets and rainwater tanks are simple ways to cut your water use.

"And with energy prices tipped to soar, things like installing solar hot water will save you money in the coming years.

"We'd encourage Peninsula residents to make it one of their New Year's resolution for 2010 to 'go green', starting with these rebates."

Group urges rebate use

The State Government recently announced it would reward homeowners for installing hot water circulators and dual-flush toilets in a \$75 million boost to its NSW Home Saver Rebates program.

Under the new program, every NSW household is eligible for up to \$1500 worth of rebates and can now receive \$150 for the installation of a regulated or on-demand hot water circulator unit and \$200 for new four-star dual flush toilets to replace single flush toilets.

Other rebates available under the extended program include up to \$1500 for rainwater tanks that are connected to a washing machine and toilet, \$300 to replace an electric hot water system with solar, heat pump and five-star gas hot water systems, \$150 for a five-star water efficient washing machine and \$35 to have a second working fridge taken away.

State Minister for Climate Change and the Environment Mr Frank Sartor said by June next year the NSW Home Saver Rebate program was expected to save four billion litres of water and 500,000 tonnes of carbon.

"The NSW Home Saver Rebates program was established to reward NSW residents who want to upgrade their homes to make them more water and energy efficient," Mr Sartor said.

"The rebates are designed to bridge the gap between the up-front cost of water and energy savings devices – such as rainwater tanks and water efficient washing machines – and the savings in energy and water bills that result over time.

"It has also boosted the creation of green jobs and supported NSW manufacturers of energy and water efficient products."

For full terms, conditions and eligibility criteria for all rebates, visit the Department of Environment, Climate Change and Water website at www.environment.nsw.gov.au/rebates or call the Environment Line on 1300 361 967.

Media statement, 20 Jan 2010

Mark Mann, Peninsula Environment Group

Press release, 15 Jan 2010

Frank Sartor, NSW Minister for Climate Change and the Environment

PCYC celebrates birthday

Umina PCYC will celebrate its ninth birthday with a family fun day at the centre on Saturday, February 6.

The day will feature free face painting, birthday cake, indoor archery and video game time as well as a colouring-in competition

for all the kids to enjoy.

Audiences will be entertained by local group Drumbala and the band One Minute of Living, with special guest Gosford mayor Cr Chris Holstein.

The day will also feature market stalls and lots of tasty treats for participants to enjoy.

Local artist Donna Hawkins will be there to showcase her art at the event.

The day starts from 10 to 3pm and all members of the community of the community are welcome to attend.

Press release, 21 Jan 2010
Allison Carpenter, Umina PCYC

Winners

Peninsula News has drawn the winners of the Woy Woy Civic Video competition.

The six winners were John King of Woy Woy, Rhonda Mackinnon of Umina, M. Cadman of Bensville, M. Steenson of Woy Woy, S. Smith of Ettalong and Joy Hutchins of Umina.

These winners have each won a month's worth of movie rentals at Woy Woy Civic Video in Blackwall Rd.

Clare Graham, 22 Jan 2010

Lawns are an asset

There has been a movement away from having lawns recently, due to water restrictions and the environmental effect of chemicals used to maintain a healthy lawn. However, I believe that lawns are a wonderful asset to any property, be it a villa or a 1/4 acre block. Apart from the lush green look and feel of the common turf varieties, a lawn can reduce the temperature of an area (by evapo-transpiration), improve air quality and absorb sound, thus reducing noise levels.

Lawns also absorb rain water and help prevent sudden flooding.

This helps to reduce soil erosion and hazardous wastes and toxic chemicals flowing into the waterways.

The rain water that is soaked up then becomes part of our groundwater.

On the Peninsula, many people have wells or bores that tap in to groundwater and help support their gardens.

A sustainable lawn is low maintenance and uses little resources.

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Sea Scouts at Jamboree

Three members of the First Woy Woy Sea Scouts joined more than 14,000 Scouts and leaders from across the country for the Australian Scout Jamboree earlier this month.

Dominic Daquin, Cameron Campbell and Joshua Cook attended the Jamboree event held at Cataract in NSW from January 4 to 14.

Group publicity officer Ms Julie Crowhurst said the boys attended the event alongside Scout members from Broken Bay Scouts.

"The boys had a fantastic time away enjoying the many activities on offer throughout the duration of the camp," Ms Crowhurst said.

"Joshua said that they enjoyed canoeing, snorkling, absailing, rock climbing, sailing and also went on day trips to Tamboree Fun Park and the Australian Village."

Ms Crowhurst said nine other members from the First Woy Woy Sea Scouts group attended a Future Scout Day at Cataract on January 9, where Cubs and parents had the opportunity of seeing what the Jamboree was all about.

"The Scouts all had a fun-packed day," Ms Crowhurst said.

"We hope that more children will join the group to help experience the fun and joy of what scouts has to offer."

Press release, 20 Jan 2010
Julie Crowhurst, First Woy Woy Sea Scouts



Members from Climate Action Group Central Coast, including Peninsula residents, took part in a Walk Against Global Warming in Gosford in December

Promoting benefits of eating raw food

A group of local residents interested in the health and environmental benefits of raw food are calling on like-minded people to join as members.

Raw Coasties will hold its next monthly meeting in Umina on Saturday, January 30.

Umina resident and group organiser Ms Sophie Knox encouraged anyone interested in organic gardening, community supported agriculture, permaculture and bushfoods to come along.

"It's an informal gathering and everyone's welcome to come and

bring a plate of raw food to share," Ms Knox said.

Ms Knox said Raw Coasties were also holding a six-week course on the Peninsula in the evenings from February 24 to March 31.

"The course is called Healthy Living with Raw Food, and will provide practical information and demonstrations of raw food options," Ms Knox said.

For more information, visit www.rawcoasties.com/ or phone 0428 108 723.

Press release, 14 Jan 2010
Sophie Knox, Raw Coasties

Locals part of climate walk

About 40 climate action group members from the Peninsula took part in a Walk Against Global Warming along Gosford waterfront on last month.

Event organiser Ms Mira Wroblewski said: "The turn out for the Walk exceeded our expectations," Ms Wroblewski said.

"We have let local politicians know that we value the earth, our home, without which we have nothing."

"Climate messages can sometimes be depressing and disempowering."

"But the event proved to be a joyous occasion as we celebrated our environment and community as well as dedicating ourselves to its preservation."

Climate Action Group Central Coast member Mr Richard Weller addressed the crowd on the day.

"Every criticism of climate science is inaccurate," Mr Weller said urging people to write to local MPs and take more decisive

action to reduce greenhouse gas emissions.

"We have a short window to act before the consequences become dire and nature gives us a big kick up the pants."

After the event many walkers, including young families and seniors, enjoyed picnic lunches, a variety of entertainment and a festive atmosphere in Gosford Lions Park.

Press release, 12 Jan 2010
Mira Wroblewski, Climate Action Group Central Coast

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Gifts donated

A total of 1536 presents were donated to the 22nd Christmas Wishing Tree Appeal last month at Woy Woy.

Kmart managing director Mr Guy Russo thanked the Peninsula community for its generosity and commitment to the appeal.

"The residents of Woy Woy once again displayed great compassion."

Nationwide, the gift appeal collected a record 345,095 gifts making a 10 per cent increase from the previous year.

Press release, 21 Jan 2010
Guy Russo, Kmart

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Members of the PT Cruisers Downunder NSW motoring club and their cars parked at Patonga waterfront

Cruisers visit Patonga

Members of the PT Cruisers Downunder NSW motoring club enjoyed a road trip to Patonga for its first meeting of the year on January 10.

The parade of 25 cars met up at Chullora in Sydney before heading up to the Peninsula, according to club secretary Ms Sandy Devlin.

"With our retro styling and array of bright colours, the Chrysler PT Cruisers are a car built for having fun, and the club members sure know how to do that," Ms Devlin said.

"Some of the cars are blinged up with air brushing, chrome accessories and custom panels, while others have been kept with

their original classic looks, ensuring attention wherever they parade.

"Nonetheless, all are well loved by their owners."

The group will celebrate 10 years as a club this year which coincides with the 10th birthday of the PT Cruiser car.

Ms Devlin said the club had members throughout NSW, an online forum community and an active family-friendly social calendar.

"This includes official club runs every month, often to areas where members live, as well as regular weekend's away, interstate holidays and attending a few car shows," Ms Devlin said.

"Several members live on the

Central Coast and enjoyed showing off the delightful views and facilities to their fellow club members.

"The parade of 25 cars enjoyed the warm welcome from locals who waved and honked along the way.

"Even a passing goods train tooted hello.

"Upon arrival at Patonga beach, members were delighted to find there was enough available parking and the large white pavilion made the perfect venue for the group.

"Some chose to barbecue lunch, while others visited the local takeaways and restaurants, then beach walks and a swim rounded out a very enjoyable day."

New members are always welcome to the group and for more information, visit www.ptcruisers.com.au/ptcdu-nsw

**Press release, 20 Jan 2010
Sandy Devlin, PT Cruisers
Downunder NSW**

Central Coast Case Management Services



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Police mobile unit visits

Local youth were entertained with music, video games and a free barbecue when the PCYC police mobile unit visited Umina on January 11.

Umina PCYC manager Ms Allison Carpenter said the mobile unit was used in identified "hotspots" along the Lower North Coast and Hunter region.

"The aim of the mobile unit is to reduce the incidence of youth crime and anti-social behaviour in these targeted areas and to generally improve the access to healthy positive activities and services for young people in the area," Ms Carpenter said.

"Through the participation of staff, volunteers and PCYC police officers, the project aims to encourage young people to be involved in positive and constructive activities, whether through the PCYC or other local community organisations.

"It is easy and often that we hear about the 'trouble' caused

by youth in our area, but we don't hear enough about all the great children and youth who live on the Peninsula, who are the majority."

Umina PCYC will host a youth disco at the centre on Friday, January 29, from 7.30pm to 10.30pm.

The event is supervised by police, staff and volunteers, and tickets cost \$10 each which includes a drink.

No alcohol, drugs, anti-social behaviour or pass outs will be accepted.

Ms Carpenter said Umina PCYC were planning to hold monthly discos and dance parties on the third Friday of each month commencing in February to give local kids a regular safe and supervised activity.

Each monthly event will include a disco for children from 5pm to 7pm followed by another session for youth from 7:30pm to 10.30pm.

**Press release, 20 Jan 2010
Allison Carpenter, Umina PCYC**

Bowling club formed 50 years ago

Umina Beach Women's Bowling Club was formed on November 22, 1959, at Umina Progress Hall with 17 members.

President Pauline Ford and secretary Evelyn Peck of the Brisbane Water District Women's Association, now called Central Coast Women's Bowling Association, attended this meeting.

The foundation officers elected were president Ellen McEwen, secretary Hilda Neighbour, treasurer Marj Brown and vice presidents Phoebe Barrow and Alice Richards.

Among the first names mentioned in the early records are those of S Burcher, M Foley, A McLeod, E Luxton, I Verell, A Armstrong, L Plastlo, M Johnston, I Wickerson (the club's first life member), M Warnecke, P Neve, E Crummy and F Hook.

President Ellen McEwan, Mac as she was known, was a familiar figure riding to the club on her bicycle.

She did much to get the club underway in 1959 and gathered a small band of women around her to get the club functional.

Unlike many other clubs, the men of the Umina Beach Bowling Club welcomed the women bowlers, even before the completion of their

clubhouse.

As the first green at Umina wasn't functional until September 1960, the Umina women took up the offer of sister club Woy Woy to use their greens for play.

Ms Marj Brown followed Ms McEwan as president in 1961 and relinquished the presidency 12 months later to Ms Edith Luxton.

The women had to bring their own crockery and cutlery to help with afternoon tea as well as some appetising food.

Ms Luxton was president for four years during which time she presided at the official opening of the Umina Beach Women's Bowling Club by NSWBWA President E Luscombe on March 22, 1966.

This official day was also attended by CCDWBA president Jess Gallagher.

Membership was initially limited to 60.

In 1969-70, membership was increased to 100 with six women waiting to be admitted.

Also during this year, the first President's Day was held with president Madge Johnston being in office at the time.

The club's current membership is 163 and its highest membership was recorded at 243 in 2000.

**Email, 11 Nov 2009
Kaye Cavanagh, Umina Beach Women's Bowling Club**



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Fitness group takes on trek

A Peninsula fitness group has set themselves a New Year's challenge with a difference.

The Smooth Running fitness group, led by Umina trainer Ms Amanda Falvey, will compete in the Wild Endurance challenge in early May against hundreds of fitness and adventure enthusiasts for a 100 km, 48-hour team trek through the Blue Mountains.

Ms Falvey said the local group

was the first Central Coast team to register for the challenge event that gives groups of four to six people the opportunity to test their stamina and fitness as well as helping raise funds for The Wilderness Society.

She said the Smooth Running team consisted of all hard working mums with a desire to get fit and be healthy.

"The women all train with me, so I think we'll work really well together as a team," Ms Falvey said.

"We train outdoors because we love it, so this challenge is perfect for us.

"We've never done anything like this before, but one of our team members knew about the event, and it sounded really exciting.

"It is way out of my comfort

zone - but I love the idea that ordinary people can have the chance to participate in something extraordinary and I thought it would be a great thing to do as a team.

"I think for most it's a great way to get fit with all the training we will be doing and it's a huge personal achievement to be able to complete something like this and do something amazing for ourselves.

"And I love an adventure."

With Brisbane Water and Bouddi national parks on the team's doorstep, Ms Falvey is planning a thorough yet gradual training program to build up endurance and stamina.

Press release, 14 Jan 2010
Sarah Tolmie, Wild Endurance

First registered art therapist

Blackwall resident Ms Annetta Luspinner has become the first registered art therapist to practice on the Central Coast after completing her qualifications late last year.

Ms Luspinner said she hoped to fill the gap and provide a unique service that had "long been neglected" in the region.

"Art therapy is a form of psychotherapy that relies on the creative process itself, rather than the creative outcome or words alone, to promote well-being, self-esteem, and self-awareness for the client," Ms Luspinner said.

"Drawing, painting, collage and sculpture are usually the more common art forms used.

"The art therapist and the client work together in a therapeutic relationship focusing on the client's needs and agreed goals."

Ms Luspinner said the client's artwork and details of each session remained confidential.

There are numerous applications and benefits of art therapy, according to Ms Luspinner.

"I specialise in trauma recovery, adult mental health, grief and loss counselling, and personal growth and development," Ms Luspinner said.

"For instance, people who are interested in personal growth and development or who find themselves contemplating radical

life changes (such as new job or return to education), and people who feel that something is 'missing' in their life but don't exactly know what it is or how to pinpoint the issues may find art therapy is what they are looking for.

"This form of therapy can also be for people who have experienced life circumstances that they haven't planned for and who wish to find a proactive solution by developing a new self-perspective and fresh coping skills.

"People living with mental health challenges and those experiencing grief or loss (loved one passing, retirement or menopause) can also take advantage of art therapy."

Ms Luspinner first came across the unique field of art therapy while studying a fine art degree at the University of Newcastle.

"While studying for my Bachelor of Fine Art degree I took some electives in related fields, and I became so interested that I undertook a directed study into art therapy in my final year," Ms Luspinner said.

"It seemed to be the best fit with my counselling and arts background.

"I felt drawn to bring together my areas of expertise within an expanded and more deeply researched field of work.

Clare Graham, 21 Jan 2010
Interviewee: Annetta Luspinner, Blackwall



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When you are looking to entertain family and friends, or simply want to jazz up your next meal, select something from our extensive continental range including our award winning Authentic Sourdough.

Ask us about our fantastic range of combo offers to help you save some dough!



Bakers Delight

Deepwater Plaza, **Woy Woy**
295 West Street, **Umina Beach**

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4344 1844 now!
This size from only
\$25 per week

Del's Let's do Lunch

Breakfast Specialists
'DEL'icious Lunches



Restaurant Quality

7 Days - 7:30 am

Comfortable warm inside dining now available!

The Rocks Arcade - 4341 1434

7A/216 Memorial Ave, Ettalong Beach



**The Boulevard
Woy Woy**



Monday Nights

\$10

Mixed Grill

Tuesday Nights

\$9

Chicken Schnitzel

Thursday Nights

\$10

**Beer Battered
Fish & Chips + Salad**

Enjoy a selection of meals for seniors for only \$9

Live music every Sunday afternoon in our beer garden

Open 7 Days - Lunch and Dinner

Bookings 4344 1137

Lunch - Monday to Sunday 12pm - 2.30pm

Dinner - Monday to Saturday 6pm till close

K.B. THAI



Experience
a little bit
of Thailand
on the
Peninsula

Eat In or Takeaway

Open 7 Days

Lunch: 11.30am to 3pm

Dinner 5pm to 10pm

4341 0441

4343 1392

Shop 1, 115 Blackwall Rd Woy Woy

Musicians Perform at church hall

Musician and songwriter Mr Phil Edgely will perform at the Uniting Church Hall in Ettalong on Saturday, January 30.

He will be joined by fellow musicians Ian Moss, Tex Perkins, Jeff Lang and The Backsliders for a one-and-only Central Coast show as he travels around the country

promoting his music.

The performance starts from 7.30pm at Picnic Pde, Ettalong Beach.

Tickets are \$10 including light refreshments and participants are welcome to bring along their own drinks.

Email, 12 Jan 2010
Phil Edgely



Phil Edgely

CAN'T beat these DEALS...

CHEAP AS CHIPS

8 pieces of Original Recipe Chicken, 8 Kentucky Nuggets, 2 Lge. Chips & 2 Lge. Potato & Gravys

\$19.95



Offer expires 09.03.10. Limit of one offer per coupon per customer. Not valid with any other offer Only Available at KFC Woy Woy.

ALLSTARS

1 piece of Original Recipe Chicken, \$8.95
Snack Sized Popcorn Chicken, 2 Wicked Wings, 1 Crispy Strip, Reg. Chips, Reg. Potato & Gravy, Reg Drink & Dinner Roll

Offer expires 09.03.10. Limit of one offer per coupon per customer. Not valid with any other offer Only Available at KFC Woy Woy.



253 Oceanview Road, Ettalong Beach
(Next to McPhee Chemist)

Ice Creams • Gelatos
Slushies • Milk Shakes
Smoothies • Pancakes
Sundaes • Hot Drinks
Banana Splits

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Open 7 days • 10am - 5pm



See Lion Cafe

Enjoy lunch and dinner on the beach!

Fresh steaks 'n' seafood

Friday and Saturday till 9pm

7 days a week - 7.30am to 5.00pm

At the carpark of Umina
Beach Surf Life Saving Club

4 3 4 1 6 4 3 5

Now also at Ocean Beach Surf Life
Saving Club Open 7 Days from 6.30am

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Ph: 4343 1222

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THEIN THAI
Authentic Taste
RESTAURANT

Up stairs - 19-21 Broken Bay Road, Ettalong Beach

• Take away & Home Delivery from 5.30pm to 9pm •

4343 1851

Open 7 days, 5pm to 10pm

Book now to avoid disappointment



IGA
Ettalong Beach

IGA Ettalong Beach is delighted to announce that Linda and Wendy, formerly of Ettalong Fine Foods can now be found in our new look Gourmet Delicatessen. Linda will be bringing to **IGA** all her best loved dishes of gourmet home style foods.

Linda and Wendy join Vicky Byrnes who has been our delicatessen manager for the past 16 years and together will present to you the new look **IGA Gourmet Delicatessen**. Linda will be whipping up her famous salads and her heat and serve meals behind the deli counter, so be sure to make her feel welcome in her new home. Come in and taste test our sliced leg ham off the bone, the exciting range of international cheeses, gourmet groceries and our wide selection of breads and bakery lines.

Arts & Entertainment



Musical raises \$1600

The Pearl Beach Youth Theatre's recent musical production has raised \$1600 for the Central Coast School for Children with Autism and the Save the Pearl Beach Rock Pool Restoration Fund.

Held in the Pearl Beach Memorial Hall over the weekend of January 8 to 10, audiences of full-capacity enjoyed the performance of local children aged from five to 16 years.

Local resident and father of two young performers Mr Peter Talty said he was proud at what his daughters had achieved.

"Our girls have benefited in many ways by being involved in the production," Mr Talty said.

"Their self confidence and self esteem has improved immensely over the past six months. "Being involved in a team, having to listen to and act upon instructions

made them feel that they made a contribution to the overall performance.

"It was a unique way to give the children a sense of responsibility and maturity, and will have a positive effect on their future personal development.

"Little kids look up to big kids and are influenced by their actions.

"We were very fortunate to have had a group of excellent 'big kids' that were role models for the little kids."

Another parent, whose son is the youngest member of the theatre group, Ms Mirella Atherton said she was amazed at how much her son Austin had learnt through his involvement.

"I honestly think that of all the children, Austin benefited by far the most being the youngest performer," Ms Atherton said.

"We saw his confidence growing throughout the year.

"He was able to mix with children of all ages and to see how they responded to the challenges of the production.

"He taught the family songs and we are still singing them even now that the show has ended. "We were privileged to witness the long journey that many of the children experienced and we are immensely grateful to all members of the Pearl Beach community that came together to make the show a magnificent success."

Musical director Ms Diane Orton said she was delighted with the outcome of the production and the positive reaction from parents and the young performers themselves.

This production was presented under the auspices of the Pearl Beach Progress Association.

**Press release, 19 Jan 2010
Lynne Lillico, Pearl Beach Progress Association**

Centre announces tutors for classes

The Ettalong Beach Arts and Crafts Centre has announced the tutors who will be leading group classes this coming year.

"Ann Parker will be teaching drawing, pastels, contemporary oils and acrylics while Ms Joy Panton will lead folk art as she has with the centre for the past 10 years," centre publicity officer Ms Dorothy Mulholland said.

"Quilting teacher Margaret O'Connell will be back this year to give participants the opportunity to learn this unique craft.

"Ms O'Connell encourages her students to expand their ideas and create beautiful and useful pieces.

"Sue Saunders has 20 years experience in the art of silk dying and is able to teach beginners this wonderful craft as well as help the more experienced student develop their own individual style.

"Judith Hoste has been teaching watercolour and exhibiting her work for many years now. She has a lot of success with her work, winning prizes both locally and in the wider art community.

"Beginners are guided through the basic learning to achieve many techniques along the way. "Experienced students gain from Ms

Hoste's wealth of experience."

Ms Mulholland said Annette Poole would conduct an evening pottery class on Tuesdays from 7pm to 9pm.

"Ms Poole has studied at Hornsby Tech in the 1970s and has held classes and workshops at the Central Coast Potters Society," Ms Mulholland said.

"She teaches hand work and wheel work.

"Ms Annis Seymour has been potting for more than 30 years producing colourful pottery which is always sought after when we have our exhibitions.

"Annis has structured her class so that the children have fun and enjoy creating with clay.

"Sandy Williams has been teaching children and adult classes for more than 20 years and has an honours degree in Fine Art.

"Sue Sullivan our new adult pottery tutor first became interested in pottery while still at high school.

"She has attended many workshops at the Central Coast Potters Society."

For all enquiries and enrolments, phone 4341 8344.

**Newsletter, 13 Jan 2010
Dorothy Mulholland, Ettalong Beach Arts and Crafts Centre**

Making quilts for charity

A group of Peninsula women have been involved in making more than 45 quilts for charity and community organisations over the past 12 months.

As members of the Central Coast Hand Weavers, Spinners and Textile Arts Guild, Peninsula residents joined other members of the guild to produce an extensive range of textiles

Most recently the Central Coast Community Chest received a quilt, pieced together by Ms Maureen Schmaar of Umina, to raffle off as

part of its family fun day event at Mingara.

"There are a number of ladies from the Peninsula who are members of the Central Coast Handweavers, Spinners and Textile Guild," publicity officer Ms Elaine Simmonds of Woy Woy said.

"They meet at the cottage in Russell Drysdale St, East Gosford, to complete craft activities, share knowledge and chat.

"They are involved in promoting the skills involved to create hand spun, woven, dyed, knitted, crocheted, patch worked and many other textile fibres and fabrics.

"The guild runs a community quilt program where, once a month, members get together and make quilts for local refugees."

Ms Simmonds said the guild contributed 29 quilts to its Australia's Biggest Morning Tea event last year and have already produced 18 quilts to this year's event.

For more information about becoming a member of the guild, call 4325 4743.

**Press release, 6 Jan 2010
Elaine Simmonds, Central Coast Hand Weavers, Spinners and Textile Arts Guild Inc**

Embroidery workshops

The Ettalong Beach Arts and Crafts Centre will hold two silk embroidery workshops next month.

The first workshop will take place on Thursday, February 11, and the second workshop on Thursday, February 18.

Both sessions will go from 9am to 1pm with tutor Ms Eileen Darbin.

The cost for the workshop is \$20 for members and \$30 for non-members.

Anyone interested in attending should phone Margaret O'Connell on 4341 5764 or 4342 1578 to book a place.

**Newsletter, 13 Jan 2010
Dorothy Mulholland, Ettalong Beach Arts and Crafts Centre**



**CLUB
UMINA**
Melbourne Avenue Umina Beach NSW 2257
Telephone : 4341 2618

Australia Day
Tuesday 26th January

LIVE MUSIC from 1pm - 5pm
A Celebration of Australian Music with **Three of a Kind**

Aussie BBQ & Seafood Raffle

Tickets on sale from 5pm
Plenty of steaks, rissoles & sausages! Even a shrimp to throw on the Barbie!

Free Sausage Sizzle

What's more Aussie than a FREE sausage sizzle?
From 12.00pm in the Auditorium.

Kids Fun!

Show your Aussie spirit with free temporary tattoos and colorful hair spray from 12.00pm in the Auditorium.

CLUB UMINA

Just gets better

Membership Renewals Now Due

As a member you will enjoy generous discounts for your meals and drinks, earn valuable MaxiPoints which you can spend in the club and be eligible for exclusive promotions

Please see reception to renew or join today for only \$5!

Renewals close 31st January

Valentines Day

Sunday 14th February
3 course Menu
including Oysters,
Lobster and Wild Berry
Creme Brulee

\$54.90pp
Includes complimentary
flower & drink
**Booking required for
Lunch and Dinner**



ALSO DON'T FORGET OUR FREE COURTESY BUS SERVICE WHICH RUNS 7 DAYS

New season starts for Little Theatre

Woy Woy Little Theatre is preparing for the first performance of the season in *Wrong Turn at Lungfish* written by Garry Marshall and Lowell Ganz.

Directed by Peninsula resident Barbara Hickey, the performance is a Pygmalion-like story set in a hospital room.

“Peter Ravenswaal, a blind college dean whose only source of enjoyment comes from tormenting his beleaguered nurse until his encounter with a fiery, street wise young woman who volunteers to read to him in hospital,” Ms Hickey said.

“The older more educated professor tries to teach the sexy and manipulative Anita Merendino some life lessons but ends up learning from her as well.

“In this poignant comedy, our intellectual odd couple soon finds that within each other lies the missing link in their own personal evolution.

“There are philosophical discussions about the meaning of life and death as well as uproariously humorous scenes.

“Writers Garry Marshall and Lowell Ganz are best known for their work on the US sitcoms *Happy Days*, *Laverne and Shirley*, *The Odd Couple*, *The Lucy Show* and many more.”

Wrong Turn at Lungfish will be performed at The Peninsula Theatre in Woy Woy from February 12 to 28.

Performance date and times see below

Press release, 12 Jan 2010
Patrice Horne, Woy Woy Little Theatre

Community Organisations

Art & Craft Classes Ettalong Beach Art & Crafts Centre Inc ⁽²⁵⁶⁾

Adult Classes in Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils, Acrylics, Pastels, Drawing, Watercolour, Silvercraft and Children's Art & Pottery Classes Monday to Saturday During School Terms
Ph: 4341 8344
info@ebacc.com.au

Luncheon

Endeavour View Club ⁽²⁵⁴⁾
held 1st Monday of the Month at Woy Woy Leagues Club - 10.30am
Ph: 4344 3825

Marine Rescue NSW Central Coast Unit ⁽²⁵⁶⁾

Members required for radio duty & boat crews. Training provided at Point Clare - Public courses available for Boat Licence & VHF Radio Licences
Ph: 4325 7929
Boat Licence Safety Course on a Saturday once each month
Ph: 4325 7929
www.coastalpatrol.org.au
info@coastalpatrol.org.au

Community Group Wagstaffe to Killcare Community Association ⁽²⁵⁶⁾

The Association works to protect and preserve the beautiful environment and low density residential nature of the Bouddi Peninsula area and to strengthen community bonds
Monthly Meeting - 3rd Monday, 7.30pm at Wagstaffe Hall
Mail: PO Box 4069, Wagstaffe 2257 Tel: 4360 2945 Email : info@wagstaffetokillcare.org.au

New arrangements for publicity for Not for Profit Organisations

As a community access newspaper, Peninsula News has published details of not for profit community events on and around the Peninsula in a What's On format for over ten years.

While this information has been provided free of charge to the community, unfortunately it has not remained current and many changes have not been provided to the newspaper.

It was also restricted to regular events, did not include activities outside the Peninsula but likely to be of interest to our readers and did not have a provision for contact information for organisations that do not have a regular activity.

Also, because of the nature of the listing being provided in day

order, it was difficult to find specific activities.

Starting with the first edition of Peninsula News in 2010, this information will be presented in an easier to use format where activities and like organisations will be grouped to make them easier to find and their contact information will be included.

It will now also be possible to add specific one off events with information that applies only to that event.

All Not for Profit Community Organisations that would like to be included will need to complete the following form and return it to Peninsula News by mail, fax or email together with the nominal payment amount shown where appropriate.

Organisation listings

Please list my organisation under the following category/activity heading:

Name of Organisation:

Description of activity (up to 25 words):

Regular event (if you have one) takes place:.....

Contact information (for publication):.....

Email address (for/not for publication):.....

Postal address (not for publication):.....

All organisations listed will need to take out a subscription to Peninsula News (\$50 for 12 months) and a copy of each edition will be sent to the postal address shown above.

Recipients will be expected to check their entry regularly and advise the newspaper of any changes.

The listing will remain in place for the life of each subscription and each subsequent renewal and can be updated at anytime.

SPECIFIC EVENT NOTICES

(A) Please list my event under the following category/activity heading...
Activity/event description (up to 3 lines at a nominal cost of \$5 per insert):

(B) OR Activity/event description (up to 10 lines at a nominal cost of \$10 per insert):

Please either send your payment with this form or provide credit card payment details below and send to Ducks Crossing Publications as indicated on page 2 of this newspaper.

Here is my \$ by: ☐ Master Card ☐ Visa Card
☐ Cheque (payable to Ducks Crossing Publications)

Credit Card
Number:

Name on the Credit Card: _____

Expiry Date: _____ Signed: _____

Information for direct debits: Bank: CBA; Branch: Woy Woy;
Account Name: Ducks Crossing Publications; BSB: 062-627; Account Number: 1014 3524

Woy Woy Little Theatre Inc.
Established 1962
Presents
The blind leading the blind
until someone sees the light
Wrong Turn
By Garry Marshall & Lowell Ganz
at
Directed by Barbara Hickey
Lungfish
FEBRUARY 12th - 28th, 2010
THE PENINSULA THEATRE WOY WOY
Cnr. Ocean Beach Rd. and McMasters Rd. Woy Woy
PERFORMANCE TIMES
Friday 12th, 19th, 26th - 8pm
Saturday 13th, 20th, 27th, 8pm
Saturday 27th - 2pm
Sunday 14th, 21st, 28th, 2pm
This play contains sexual references and some coarse language and is not suitable for children.
Sponsored by Peninsula Community Access News
BOOKINGS 4344 4737 from 1st February 2010
TICKETS Adults \$23 Concessions \$20
Community Theatre on the Central Coast www.woywoylt.com.au

Forum

We have no representation

In 1946, the city fathers of Woy Woy made a fatal decision.

They decided to amalgamate Woy Woy Shire with Gosford Municipal Council.

Since that time, Woy Woy has been the poor relation, with the Mantra being "anything's good enough for Woy Woy".

The Woy Woy council had the foresight to develop the Memorial Garden and waterfront reserve,

Forum

an elegant council chambers (now Woy Woy Library), and was one of the first councils to have electricity for the whole shire.

Over the years, Woy Woy has had many champions including shire president and mayor Don Leggett who gained many services and amenities for the community.

Now we have no representatives, and a plan to turn Woy Woy into a

commuter terminal and car park.

This will be a complete chaotic uglification of the town.

And how do we get through to the self-absorbed, spin-brains who run this state, that the way forward is more improved and efficient public transport, certainly not, the encouragement of the anti-social, dangerous and pollutant motor car.

**Letter, 18 Jan 2010
Keith Whitfield, Woy Woy**

A matter of equity

Forum

on public land without proper consent.

More than public safety is involved.

There is also the matter of equity.

Thou shalt not trespass.

Thou shalt not steal.

**Letter, 20 Jan 2010
John Collins, Woy Woy**

A Umina shopkeeper complains about Gosford Council fining him for displaying signs on the footpath outside his business.

The public footpaths are not there to be exploited for private profit.

Members of the public should not place obstructions on the shopkeeper's private land without their consent and shopkeepers should not place obstructions

More forum page 4

Global warming – forget the hype

The current global warming excitement and in particular the carbon trading scheme idea are dubious at best.

Certainly the case for global warming would not hold up in a law court when the facts are presented.

The CO2 being released now has been sequestered over millions of years by plants and plankton (coal and oil/gas).

This is not manmade CO2, just recycled CO2 from times passed when the CO2 in the atmosphere was many times (~100 times) higher than the 0.034 per cent currently in the air. Methane (major source is cattle) is 20 times more potent than CO2 as a greenhouse gas and water vapor 100 times higher still.

But the pundits and politicians have grabbed onto CO2 as some sort of solvable (reducible) thing that will effect a big quick change in the global temperature system, but at a very high price.

Here in Australia there is much

Forum

Letters to the editor should be sent to:

Peninsula News

PO Box 532,

Woy Woy 2256 or

mail@PeninsulaNews.asn.au

See Page 2 for contribution conditions

talk about "clean coal" (I did research on that in the 1970s) and conversion to gas as "less polluting".

Electrical generating stations burning coal do so by burning finely pulverized coal (about like burning a spray of liquid or a continuous dust explosion) with exhaust filters so there are very little particulates.

What is not discussed is how burning anything is going to make a difference.

After all it takes XXX tons of water converted to steam to spin

the electrical generator turbine to make YYY megawatts of electricity.

The more efficient the combustion to boil that water is (the whole idea) the more CO2 is emitted (neglecting other gases).

Perfect combustion of carbon yields only CO2 and H2O (diamonds [pure carbon] just disappear in a laboratory furnace).

The current global warming cycle (yes, it comes and goes) began over 200 years ago at the end of the "little ice age" (the Thames froze during winter of 1739/40), long before a significant Industrial Revolution.

Hard data from fossils shows major temperature cycles every 400,000 years going back 1.2 billion years and minor variations more frequently.

Looking back, there was a global cooling scare in the 1970s.

In fact, 2006 had exactly the average global temperature of the past 2000 years.

So forget the hype and look at the real facts for yourself (see John Coleman the founder of the Weather Channel at <http://www.kusi.com/home/78477082.html?video=pop&t=a>).

If you buy into global warming and the carbon trading scheme scam, you and your great great grand children will be paying the bill.

**Email, 19 Jan 2010
Tim Bard, Phegan's Bay**

Who is responsible for two toilet buildings which took several weeks to install in the car park across the road from the damaged library toilets in Umina?

I ask because there is absolutely no wheelchair provision for the growing number of disabled people living in and visiting our

Forum

community!

I have not asked council because for almost eight years they have refused to provide me with the same service they provide other ratepayers.

**Email 19 Jan 2010
Edward James, Umina**

Victory by the community

It was with interest that I read Cr Freewater's declaration of victory (Peninsula News, December 14) in dredging of the channel off Ettalong Beach.

The decision to commit funding to this dredging project is not a victory for a single politician, political party or organisation.

This is a victory for the community, by the community.

It was a petition of over 4000 signatures presented to both council and State Government that showed widespread support for this project and ensured the issue continued to be debated in council.

The signatories of this petition

Forum

are the people who can rightly claim victory in this issue.

Gosford Council should now include funds in its budget for ongoing maintenance of the channel, as all councillors and council officers should be fully aware that 100 per cent funding by the State Government will not be committed unless Brisbane Water is reclassified to either a minor port or river entrance.

**Email, 23 Dec 2009
Amanda Ross, Ettalong Beach**



Ettalong Beach Arts and Crafts Centre

Classes starting 25th January 2010
Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils & Acrylics, Pastels & Drawing, Watercolour, Silvercraft and Children's Art & Pottery

Adult pottery classes on Tuesday Nights from 7 to 9 pm will also be introduced this term.

Adult classes 9 week term \$90 plus \$10 membership payable 1st term

Children's Classes 8 week term Pottery \$60 and Art \$50

For enrolments and for all enquiries phone

4341 8344 or see our website www.ebacc.com.au

KITCHENER PARK, ET TALONG
Corner Picnic Parade and Maitland Bay Drive

Sponsored by **Peninsula News**
Community Access

Learn to Belly Dance

with Behind The Veil

Awaken your feminine spirit and release stress with this beautiful, ancient dance.

At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function.

Enquire and enrol now for 2010, day and evening classes starting in February

For all enquiries and registrations, contact Sarina on **0403 879 772** or email **kellybellydancer@hotmail.com**

Animal Welfare League - Central Coast Branch

AWL is a not for profit animal welfare charity, caring for animals on the Central Coast

We sell quality secondhand home furniture, clothing, books, toys and Bric-a-Brac at a reasonable price.

Donations gratefully accepted and we can pick up locally.

**Enquiries : Carol 4344 6650
Shop 2, The Boulevard,
Woy Woy**

Ettalong – vastly different in the 40s and 50s

In our quiet times in the 40s and 50s, comics were popular.

Not new comics, but swapped comics - swapped with a sibling, with a friend or, after a ride on your bike down to Murray Rd, Booker Bay, in the front room of Mrs Kurnock's house.

Mrs Kurnock was a lovely old lady with considerable health problems that found her lying down most of the time.

Her front room was set up as a small library where for a fee you could swap books or comics.

She was quite trusting and would lie there while we searched through what we wanted, put back our returns for her, perhaps got her a drink of water or passed her something else she needed.

A trip to Mrs Kurnock's house was usually followed by a mammoth reading night as we devoured our latest Phantom, Archie and Jughead, or Superman comics.

We all had our favourite characters we followed in those pre-television days.

Ettalong was vastly different back then.

There was a doctor's surgery in Booker Bay Rd, opposite Webb Rd, where Dr Hillman practiced.

He could be a little scary when you were young.

My memory is of a stern serious voice and I have no recollection of receiving a sweet or a balloon for "being brave"!

Radford's Pharmacy was a large shop located on the corner of Ocean View Rd and Ferry Rd.

As well as chemist lines, it had gift items, china, souvenirs and a milk bar that operated in the summer months.

For some years, the shop next door was Mortimers, a mini version of the large Mortimers store at Gosford.

Mortimers Gosford was the country town version of a department store.

Next door to Radfords on the Ferry Rd side was a dental surgery where a coffee shop exists now.

Where Ettalong Markets are now was McLeary's store.

McLeary's was a variety store of sorts selling gifts, ladies' apparel and umbrellas.

It was McLeary's you went to when you needed a new pair of stockings.

They came in a neat little box lined with paper and this box was taken from one of numerous drawers that lined the store.

What wonders those drawers seemed to hold - underwear, socks, suspender belts and, of course, stockings!

They were very expensive so we were very upset if we laddered a pair, sometimes with our fingernail when we were merely straightening the seam.

Yes, that's right, seams!

In the 40s, the post office was diagonally opposite where the ambulance station is now, next door to a tiny little general store run by Miss Manning and her sister



Mrs Breen.

There were lots of hidden goodies to be found in Miss Manning's shop.

On the other side of Ocean View Rd was Solomon Brothers general store which consisted of groceries, fruit and vegetables, delicatessen and a large milk bar.

The post office was later moved further down Ocean View Rd thus changing forever the "busy" end of the shopping area.

My first memory of the newsagents was that it was located on the corner of Ocean View Rd and Broken Bay Rd where the drycleaners are now.

It was run by the Smith family and later sold to the Marshall family who ultimately built a new shop on the corner of Memorial Ave and Ocean View Rd where there is now a real estate agency.

The Commonwealth Bank was in Broken Bay Rd and the building still looks much the same now occupied by a solicitor.

Of course in those days one had to enter the bank and go to the teller for a transaction and the bank was open from 10am to 3pm.

Just down from the newsagency was a fish and chip shop run by the Bird family and next door to that one of their sons had a barber shop.

In the 50s, the Bird family built a large dance hall on The Esplanade.

After a few years, they turned this hall into a roller skating rink and for the teenagers of Ettalong this was just so wonderful.

We had something to do, somewhere to meet our friends and many of us took to roller-skating like ducks to water.

Years later, the hall was pulled down and a large water slide erected. That has long gone and the area is now part of Ettalong Beach Club's car park.

Ettalong Hotel went through the block from the main road to The Esplanade.

The Esplanade side was more for accommodation and that site is occupied by a motel now.

The police station plus dwelling was next door.

Across the road at Ettalong Beach during the Christmas

holidays, the Baptist Church ran a daily kids club each morning for a couple of hours.

They had a canopy set up and all of us local kids would rush through our home jobs so we could get to the beach for kids club where we would be joined by the children on holidays.

How we all loved kids club, from the fun stuff to the "build on the rocks and not upon the sand" stuff.

We enjoyed it all and as we cooked under the awning we were well ready for a swim at the end of kids club.

We usually played in the water, often with big black tyre tubes to dive through or float on until lunch time when it was time to wander home for lunch.

Ettalong was a popular holiday spot in those days.

Many families didn't have cars and so they would catch the steam train from Sydney for a two-hour journey to the Central Coast where they would rent one of the many basic cottages available for casual lettings.

Those were the carefree days.

On the corner of The Esplanade and Memorial Ave where the Ettalong Beach Club now sits was the Ozone Cafe, a convenient place to buy an iceblock while at the beach.

Next door to the cafe was a large hall which was the original Ettalong Beach War Memorial Club.

It was later replaced with a brick building closer to Ocean View Rd.

In those days, if your dad was a member of the club, you were invited to the Christmas party which consisted of gifts from Santa for the younger children and races for the remainder of the children.

The races were conducted by club members at Ettalong Oval at the end of Picnic Pde and cash prizes were given.

Somehow they seemed to ensure that every child won some money for something.

The ice-cream man would come along on his modified bicycle with thick green bags strapped to the bike.

The bags contained dry ice which seemed to smoke out when he opened the bag to give you your

bucket of ice-cream.

The ice-cream was deliciously cold but of course always tasted of the cardboard container it came in.

When the last race was run, we all walked from the oval down to the club hall where a delicious party tea was set out for us by the ladies of the auxiliary.

How we looked forward to that day, the excitement impossible to describe.

Now, back to the main street of Ettalong...

The fire station was located roughly where the cake shop is now, next door to IGA supermarket and opposite Pacific Ave.

Next door to this was a little shop run by a man who did small appliance repairs, in the days when you took your toaster or iron to be repaired instead of discarding it and buying another.

I can't recall exactly when but it was probably the early 50s when the fire station burned down.

What mayhem! What delicious excitement! People came from everywhere to watch the fire station burning down, fuelled, rumour had it, by crackers from the repair shop next door.

Crackers were sold in lots of small stores then.

The fire station was never rebuilt in that spot.

In those days, sewerage had not yet reached Ettalong and every house had a pan toilet.

The night cart, or "dunny cart" as we called it, would come around in the wee hours of the morning and the dunny man would carry the empty pan up the rear lane and into the back of the toilet.

These strong men would then heave the very heavy full pan up on to their shoulder, and trudge back down the lane or side of the house and out to the truck.

One day the news went buzzing around us local children that the dunny cart had tipped over in Memorial Ave outside the club.

For those of us who didn't have the worry of cleaning up this awful mess, this news was one of the funniest things we had ever heard and was followed by lots of unseemly "poo" jokes.

In the main street, opposite the

hotel, was the Scout hall which was also used by Guides and Brownies.

Where the senior citizens hall is now located was Ettalong Picture Show run by the Riley family, a very popular venue on Saturday afternoons for the local children.

It didn't matter what was showing, we went anyway, and it was always a double feature.

At interval we would line up at the little kiosk spending our precious pocket money on refreshments.

I loved my bottle of "sparkling cocktail" drink made by our local drink makers, Margins of Woy Woy.

Not for us the drinks from the big city!

The Riley family also had a picture theatre at Woy Woy and Mr Riley would take the number one feature film to the other theatre which would then play it as the second feature - A very neat system which seemed to work very well for many years.

Cec Paul's shop began down near the Commonwealth Bank and later moved further into the main road near the post office.

One could get just about anything from Cec Paul's including haberdashery, clothing, shoes or fabric.

If you couldn't find what you wanted anywhere else you always tried Cec Paul's.

I find it interesting that these days we would have trouble surviving without our huge supermarkets, shopping centres, K Mart and Big W.

But back in my youth we got by quite nicely with our corner shops and our Cec Pauls.

We probably took for granted that old-fashioned personal service.

Our needs were so much simpler then.

The corner of the main street and Picnic Pde where McPhee's pharmacy is located has had a chemist shop there for as far back as I can recall.

At the beach end of Picnic Parade stood the Church of England where there is a group of shops now including dentist and real estate.

Just past where Centrelink now sits, a new milk bar was opened by the Tull family in the 50s.

They brought the hamburger to downtown Ettalong Beach and how we embraced this new taste.

Just near them was Aub Robert's butcher shop complete with sawdust on the floor and the large round chopping block in the centre where the serious cuts were made.

The chops you asked for were cut in front of you, and lamb cutlets weren't a luxury item.

If you couldn't remember exactly what Mum told you to buy, there was every chance in the world that Mr Roberts would know exactly what cut mum wanted and how many she would need.

Letter, 3 Jan 2010
Gay Binder (nee Solomon),
Ettalong Beach

The Peninsula's first people

The first people to camp on the shores of what is now known as Broken Bay and fish off the rocks at Pearl Beach were Guringai (Kuring-gai) whose lands covered the coastal area from the northern shore of Port Jackson to about the southern end of Lake Macquarie.

They had access to bountiful supplies of fish, oysters and other shellfish, supplemented by occasional possums, birds, small mammals and reptiles.

Their hunting equipment consisted of spears, single tipped or multi-pronged made using fish teeth or bones, also spear throwers.

They fashioned fishhooks from shells and carried these and their fishing lines in woven bags.

It is likely that they also used light canoes equipped with small fires on mud or clay hearths for cooking their fish as soon as it was caught.

And there were clubs, stones axes, and boomerangs for hunting on land.

In the bush there were edible plans, the soft ends of the leaves and the nectar rich flowers of the grass tree (xanthorrhoea), the fruits of the macrozamia (burrowang) roasted, pounded and left to soak thus leaching out the poison they contained, cabbage palms, fern roots, wild figs, limes, lillypillies, and masses of native spinach (tetragonia tetragonioides) growing in the dunes and on the cliffs.

The sandstone eroded conveniently into shelters and caves - gibber gunyahs - and there were good flat rock surfaces for artwork or ceremonies such as the bora ground with its rock carvings near Patonga



Re-enactment of Governor Phillip's visit

(meaning "oysters").

James Cook might have been describing the Guringai when he wrote in 1770 of the Aboriginal People on the east coast that, "they are far more happier than we... The earth and sea of their own accord furnishes them with all things necessary for life, they covet not Magnificent Houses, Household-stuff etc., they live in a warm and fine climate and enjoy a very wholesome air, so that they have very little need of clothing."

Though it is very unlikely that many of the Guringai living on the shores of Broken Bay often made the trip, there were occasional meetings with the neighboring Darkinjung in the west beyond what we now know as Mangrove Mountain to exchange goods and ceremonies.

It seems probably, for example, that the fish bones and teeth that were plentiful by the water were in demand for spear tips beyond the ranges.

After the settlement at Port Jackson, gifts of beads, clothing and other items certainly were carried north and seen among Brisbane Water people.

The Guringai people around Brisbane Water were among the first outside the immediate vicinity of Sydney to encounter the white people.

A few weeks after moving the settlement from Botany Bay to Port Jackson, captain Arthur Phillip sailed north with a small party of officers and marines to examine the coastline.

They sailed into Broken Bay, on

Cockle Creek.

A memorial stone erected on the reserve at Pearl Beach in 1988 commemorates this visit.

During the 50 years or so after 1788, white settlers slowly made their way on to the land around Broken Bay and Brisbane Water, but it was rough and wild country.

The Aboriginal population, never large, declined quickly and by 1848 there were said to be only 50 left in the Brisbane Water area.

However, some had certainly simply faded into the landscape, co-habiting with run-away convicts and timer getters.

Some settlers like James Webb, who took up the land where Woy Woy now stands, acquired an Aboriginal wife.

A daughter Charlotte was born about 1828 to Webb and a Guringai woman known as Sophy Webb.

By the end of the 19th century those who were still around has effectively disguised themselves in large mixed families like Webb's, mostly surviving now as labourers or servants, itinerant or unnoticed.

So it is probably that there were Guringai descendents among the timber getters and herdsman working for Rock Davis in the valley that later became Pearl Beach.

Book, 9 Dec 2009
Beverley Kingston, Pearl Beach and Progress

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Principal retires

Pretty Beach Public School principal Ms Vicki Redrup has retired from her position after five years of service to the local primary school.

Ms Redrup said she had enjoyed her time at the school and will take away a lot of fond memories.

"I would like to say how proud I am to have been the principal of Pretty Beach Public School over the last five years," Ms Redrup said.

"Being the school principal was never just a job for me.

"It was certainly a big part of my

life and one that I will always cherish and have very fond memories."

Ms Lorene Alexander has been appointed as relieving principal for term one of this year.

Ms Alexander is currently the principal of Central Mangrove and is an experienced teaching principal.

Ms Redrup said Ms Alexander would bring a wealth of knowledge to the school and has been teaching in a small school for a number of years.

Newsletter, 16 Dec 2009

Vicki Redrup, Pretty Beach Public School

Bob Swan retires

Brisbane Water Secondary College Umina Campus farewelled PDHPE coordinator Mr Robert Swan at the end of last term.

According to campus principal Mr Frank Gasper, Mr Swan had been committed to the school and to its students over the past 22 years as a local resident and highly regarded teacher.

"Bob began his teaching career in 1971 with positions at two schools in Kurrambee and Werrington Park," Mr Gasper said.

"He moved to Windsor High School and then Cambridge Park as a Physical Education teacher before obtaining his first position at Springwood High School in the early 1980s.

"In 1987, he began his role as head teacher of PDHPE at Umina High School.

"Bob has played an influential role in developing the talents of numerous teachers who have benefited from his supervision.

"In recent years, after the creation of the college, Bob has forged a new role as the team leader of team seven in addition to his faculty commitments.

"He has excelled as a firm, fair and empathic leader and role model for staff and students alike.

"His selection by staff as their representative on various panels and committees reflects the high

esteem in which he is held by his teaching peers.

"The extracurricular activities that Bob has established in recent years reflect his philosophy of teaching and also the commitment he has had to the educational needs of our students. "The highly popular gym club conducted in his own time on Tuesday afternoons has provided a great activity for students.

"The spectacular performances at each of our partner primary schools in Education Week have become a highlight of our school year.

"Similarly, the bushcraft elective that he designed for Year 9 has provided a great opportunity for students to learn practical and social skills that may not be provided in a traditional curriculum.

"It is a tribute to Bob's professionalism that he has maintained his enthusiasm for teaching to the end of his career.

"His outstanding service to our school community is recognised by his receipt of the Peter Sutherland Award for School Service for 2009 which is presented annually at our college presentation evening.

"It has been a privilege for us as a school community to have had a teacher and person of such quality as a colleague and teacher."

Newsletter, 20 Jan 2010

Frank Gasper, Brisbane Water College Umina Campus

Teen Time After School Care Program for young people with disabilities

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To attend, a young person must be aged between 12 and 18 years old, attending high school and have a disability.

Parents or carers of a young person attending the program must be working or studying in order to return to the workforce.

Sole carers are welcome to apply.

The Child Care Benefit is available to eligible families.

The program operates on Wednesday and Friday at Woy Woy and runs from after school until 6:00pm each school day.

Assistance with transport to the program may be able to be provided.

The program concentrates on learning daily living skills like cooking, improving computer skills, enhancing communication and learning how to get on with others. Activities include fishing, exercise, music and dance. Help with homework will also be provided if needed.

Contact Alan at Coastlink on 4321 1022 or email info@coastlink.org.au for more information.

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Tough water polo round

The Woy Woy Wombat's Water Polo Club saw a tough round in the pool when they were up against Wyong recently.

Club publicity officer Ms Jan Sillato said the club saw a disappointing result in all but one grade with so many players away on holidays.

The women's B division were the only Woy Woy team on the night to take out a close-win

against Wyong, finishing eight points to seven.

Meanwhile, the men's A division were defeated by Wyong 13 to nine as was the ladies A division with a final score of 11 points to four.

Wyong men's B division defeated Woy Woy 10 to five while the men's C division for Woy Woy saw a loss of nine points to five.

Clare Graham, 15 Jan 2010
Interviewee: Jan Sillato, Woy Woy Water Polo Club

Woy Woy resident Ms Liesl Tesch began a four-day training and selection camp at the Australian Institute of Sport recently.

The Australian five-time wheelchair basketball Paralympian joined eight members of the Glider's bronze medal winning team from the Beijing Paralympics as part of a squad with no debutantes.

Fresh off competing in the Sydney-to-Hobart Yacht Race, Ms Tesch is the most experienced of the athletes.

Basketball Australia, along with head coach John Triscari, will select a team after the conclusion of the camp to contest this year's Osaka Cup from February 18 to 20 in Japan.

Beijing gold medallist USA, Australia, Canada (fourth in Beijing) and host nation Japan (fifth in Beijing) make up a strong four-nation tournament.

Press release, 16 Jan 2010
Noel Rowsell, Photo Excellence



Mock interviews were 'highlight'

Brisbane Water Secondary College Umina Campus principal Mr Frank Gasper has commended Year 9 students for their participation in a mock interview process.

"The highlight of the year for me in relation to Year 9 was undoubtedly the mock interviews conducted with approximately 300 students over three days late last term," Mr Gasper said.

"No other school has attempted such a task with Year 9 students.

"Our intention was to build layers of interview experience for our students and the operation was an outstanding success as it has been for the past four years since its introduction.

"The range of employers and other industry representatives who gave up their time to help conduct the interviews were absolutely

glowing in their comments on the presentation and approach by our students.

"The students felt they had gained a valuable experience with some already saying they have put the experience to good use by gaining part time jobs in subsequent interviews."

Newsletter, 20 Jan 2010
Frank Gasper, Brisbane Water College Umina Campus

School for Seniors resumes

Woy Woy School for Seniors will resume classes early next month at the Peninsula Community Centre.

The first session for the year will commence on Tuesday, February 2, with a "have a chat" meeting from 10am.

This session will be followed by a Current Affairs forum to allow participants to discuss interesting

subjects and voice their individual views on current issues both local and national.

Other classes expected to resume include various arts and crafts, card games, local and Australian history lessons, and gentle bushwalking outings.

Throughout the year, School for Seniors organises interesting guest speakers, theatre parties and coach trips.

The cost of being a part of the group is \$4 per day which includes tea and coffee.

For more information, phone the Peninsula Community Centre on 4341 9333.

Letter, 21 Jan 2010
Peninsula Community Centre

Book fair

Parents and students of Woy Woy South Public School purchased have more than \$2800 worth of books at the school's Pre-Christmas Book Fair.

School principal Mr Terry Greedy

said the large amount would enable the school to use resources, both for teachers and students, at no cost to the school.

Newsletter, 1 Dec 2009
Terry Greedy, Woy Woy South Public School

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Sport



Ryan McShane (black trunks) at Shellharbour Showdown in September 2009

Ryan crowned boxing champion

Ettalong resident Ryan McShane has been crowned Australian Amateur Boxing Champion in the 44kg division at the Australian Institute of Sport in Canberra recently.

The 14-year-old Brisbane Water Secondary College student said he was "very happy" with the result and looked forward to pursuing boxing as a professional athlete when he graduates from high school in a few years time.

McShane received a \$500 sponsorship grant from the Central Coast Regional Organisation of Councils to participate in the national tournament late last year.

In October, McShane won the NSW 42kg schoolboy state title, winning him the right to represent the state at the national amateur boxing championships.

McShane said he was not yet old enough to qualify for international competition but said he would be training hard to qualify for future tournaments once he reached the age of 16.

"One day I hope to compete on the international stage at championship and Olympic Game title events," McShane said.

"I first started boxing for fitness but soon realised I enjoyed it and was good at it.

"Boxing is a great way to stay in shape and can be enjoyed by anyone."

McShane said he was keen to compete in Sydney competitions next month after a break over Christmas.

Clare Graham, 20 Jan 2009

Interviewee: Ryan McShane, Ettalong

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Best surf at The Box

The Surfrider Foundation Broken Bay branch has reported "one of the best" surf conditions at the Box surf break on January 20.

Branch representative Cr Peter Freewater of Horsfield Bay said that, as predicted, the dredging of the entrance channel to Brisbane Water did not impair the "classic left-hand break" known as the Box.

"Most beaches were closed due to huge swells," Mr Freewater said.

"However, the Peninsula's most famous break was pumping in all its glory.

"It may have improved it because yesterday was one of the best surfing days I've ever seen at Box.

"The break was working in all its glory and for most of the day it was a clean six to eight foot."

It was estimated that more than 200 surfers took advantage

of the good conditions over the course of the day, according to Cr Freewater.

"It wasn't big enough to link the two main breaks so surfers were divided between the outer and inner breaks," Cr Freewater said.

"Waves were consistent but highly contested.

"I saw guys pull into some sick barrels at low tide.

"During the outgoing tide the strong current kept pulling the main group of surfers off the outer peak and this provided opportunities for those further in to steal the occasional wave. "Then these surfers would all paddle back to the peak and occasional stragglers like myself could jag a boomer."

Cr Freewater reminded local surfers the surf break was "not for beginners or the not so fit". "My shoulders are still burning from all the paddling," Cr Freewater said.

Email, 21 Jan 2010

Support for local charity

Woy Woy Lions Junior Rugby Club will show its continued support for local charity when it hosts its inaugural Chops for Choppers barbecue early next month.

The event will raise money for the Child Flight medical helicopter service and will coincide with the club's annual registration days on February 6 and 14 at Ettalong Oval.

"We knew that we'd have a few people coming to register their kids for the 2010 junior rugby union season, so why not raise some money for sick and injured children

in the process," club publicity officer Mr Bill MacLean said.

"Chops for Choppers is an initiative started by Child Flight.

"It involves a barbecue with a gold coin donation and all money raised will go to keep Child Flight in the air.

"We'd like to invite anyone from the Peninsula to come down between 10am and 2pm and have a snag or a chop and help us raise as much as possible."

For further information, contact Bill MacLean 0412 318 681.

Press release, 18 Jan 2010

Bill MacLean, Woy Woy Lions Junior Rugby Club

BOWLS OPEN DAY

SUNDAY FEB 7

Between 9.30 - 11.30am

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Mixed pairs at Umina

Umina Beach Men's Bowling Club has held its popular mixed pairs tournament for three days in December with sides from Sydney, Central Coast and Newcastle taking part.

Club publicity officer Mr Steve Stead said mixed weather conditions were experienced with the first qualifying day being played in overcast skies after overnight rain.

"The most impressive side of the first day was a side from Northmead, namely Denise and Mal Campbell with three wins +62 and in second position last year's winners Pat Neal and Allan Rhodes from Umina Beach with three wins +40, just ahead of Denise and John Ellison from The Greens the Entrance," Mr Stead said.

"Day two saw the event start on a bleak rainy morning that finally improved to see some exciting matches with the Ettalong side of Tracy Ward and Darren Morrison emerging the best performed side of that day with three wins +42 from the second placed side of Emelia and Gordon West from Warilla.

"Third was the side of Sally

and Ray Hickman all the way from South Tweed Heads.

"The third and final day was perfect weather and the 28 best performed sides from the previous two days lined up to battle it out for the major prize monies which totalled \$6000.

"In the final round, there were seven sides in contention to take out the number one placing.

"The final game was between Denise and John Ellison and Jan Agar and Wayne Hesling.

"Jan Agar and Wayne Hesling needed three shots on the last end to win their game and feature in the major prize money or be out of a placing altogether.

"With one bowl to play, and a draw looking imminent, Wayne drew a brilliant third with his last bowl and won the game and tournament by one shot with a total of three wins + 35.

"Second was the side of Sallee Jones (Cabramatta) with skip Graham Jones (Toukley) with three wins +31 and third Sally and Ray Hickman (South Tweed) three wins +22."

**Press release, 18 Jan 2010
Steve Stead, Umina Beach
Men's Bowling Club**

Umina District Cricket Club resumed its season following the Christmas break, defeating Doyalson first grade by 67 runs.

Club publicity officer Mr Gary Blake said the club saw an outstanding performance in Craig Brown that has seen him selected for the Central Coast Under-21 team for the Country Colts in Maitland later this month.

"After being sent into bat, openers Craig Brown (20) and Craig Di Blasio (42) got off to a solid start and they were supported by Brad Jones (48) and Nathan Carmody-Smith (25) helping the Umina to total 193," Mr Blake said.

"Doyalson's run chase looked to be on target until skipper Mitchell Smith and Craig Di Blasio combined to cause a collapse where the last seven wickets fell for 35 runs.

"Left arm spinner Craig Di Blasio finished with figures of 7/32, while Mitchell Smith's lively medium pacers returned 3/35.

"Other outstanding performers for the club in this round were Justin Gerrie who scored 80 runs in helping second grade record another win, while Glenn Paull took 7/34 to help seventh grade bowl Doyalson out cheaply, allowing brothers Michael (72 not out) and Brent (53) Dawes record a century opening in just 16 overs."

In other results: First grade –



Craig Di Blasio batting for Umina

Umina 193 (Brad Jones 48, Craig Di Blasio 42, Nathan Carmody-Smith 25) defeated Doyalson 126 (Craig Di Blasio 7/32 and Mitchell Smith 3/35).

Second grade – Umina 166 (Justin Gerrie 80) and 5/63 defeated Doyalson 97 (David Ford 3/17, Cameron Dunn 2/5, Mitchell Fiddock 2/25 and Scott King 2/25).

Third grade – Doyalson 196 (Ashley Jones 3/52, Josh Wakem 3/65, Dan Bergan 2/18, Ben Crain 2/31) and 2/77 defeated Umina 92 (Dan Campbell 26) and 176 (Blake Weir 46, Geoff Byrnes 42, Simon Woods 25).

Fourth grade – Doyalson 2/228

(Michael Baxter 2/30) and 3/41 (Michael Baxter 2/26) defeated Umina 113 (Luke Silas 41) and 150 (Lewis Black 48, Greg Jost 32, Paul Broad 33, Justin Broad 25).

Seventh grade – Umina 5/140 (Michael Dawes 72 not out, Brent Dawes 53) defeated Doyalson 136 (Glenn Paull 7/34, Paul Wright 2/20).

Ninth grade – Gosford 8/219 (Steve Collins 3/34, James Smith 2/31) defeated Umina 8/210 (James Smith 59 not out, Jamie O'Donnell 43 and Dave Frazer 27).

**Press release, 18 Jan 2010
Gary Blake, Umina
District Cricket Club**

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