

Record profit for bowling club

Ettalong Bowling Club has seen a "record profit" for the last financial year, according to the club's chief executive officer Mr Boris Beleuski.

Mr Beleuski reported a \$567,235 profit at the end of June during "challenging" economic times and "restrictive" smoking laws.

The previous year saw a profit of \$54,662 achieved at the club.

"Ettalong Bowling Club is the most financially stable club and the only profitable club on the Peninsula," Mr Beleuski said.

"Ettalong Bowling Club continues to move ahead in leaps and bounds, due to its progressive management and friendly staff."

He also predicted its continued success with plans to extend

its alfresco areas with a family outdoor entertainment area accommodating a new bar, coffee shop and recreation facilities for the young family.

"Planned renovations to the club's auditorium and restaurant coupled with the launch of modern customer service systems will ensure that Ettalong Bowling Club continues to be the club of choice on the Peninsula."

According to the club's annual report for last financial year, bar trading increased on the previous year by \$328,000 or 11.4 per cent while poker machine net clearances increased by \$754,000 or 21.9 per cent since last year.

**Press release, 8 Sep 2009
Boris Beleuski, Ettalong Bowling Club**



Inset: Club CEO Mr Boris Beleuski (standing) celebrates the club's success with fellow members

Seniors' centre reopens

The Ettalong Senior Citizens' Centre has reopened after its extended closure after traces of asbestos were found in the building's air conditioner earlier this year.

The refurbished building opened to its members on September 21 after being closed since February.

Major renovations have been made to the roof, ceilings, lighting

and split system air conditioning unit.

Gosford mayor Cr Chris Holstein said he apologised on behalf of Gosford Council for the inconvenience caused to seniors due to the closure of the centre.

"Our seniors' safety is our chief concern and these works were necessary in providing a safe environment for them," Cr Holstein

said.

A mayoral morning tea will also be held at the Ettalong Seniors' Centre on Tuesday, October 6, from 10am for the centre's convenors, members and volunteers.

Interested participants are invited to respond by Friday, October 2, by calling 4341 3222.

**Press release, 15 Sep 2009
Alison Hood, Gosford Council**

Residents call for action on safety

The Hardy's Bay Residents Group has written to Gosford Council calling for action to improve the safety of pedestrians and motorists near the Killcare Rd and Araluen Dr intersection.

Group member Mr Allan Wilson said the group called for "urgent action" before someone was badly injured.

"This particular point and nearby roads are becoming increasingly dangerous due to a combination of the narrow roadway, a lack of signs, street markings and speed restrictions and also a consequent lack of parking space combined with a marked increase in traffic particularly during school holidays," Mr Wilson said.

"Following a meeting of the residents' group in 2006, council requested and was subsequently provided with a wish list of simple

and straightforward things that could be done to improve safety in the area.

"After three years, it was emphasised in our correspondence that little has been done.

"In 2007, a draft plan had been provided by Gosford Council for the development of the foreshore of Hardy's Bay.

"Our group advised that it supported a number of measures included in the plan that would have improved safety on the roads in the area and, at public meetings conducted, council officers indicated they would take into account the extensive community feedback in the production of the final proposal.

"After 18 months, nothing has been done."

**Newsletter, 14 Sep 2009
Allan Wilson, Hardy's Bay Residents Group**

Tendering dredging

Gosford Council is calling tenders for dredging the Ettalong channel.

According to council's director of city services Mr Stephen Glen, the

process will take three weeks to complete, at which time a suitable contractor will be selected to carry out the work.

Mr Glen said the work is expected to take around six weeks

to complete with the aim of finishing before Christmas.

**Clare Graham, 17 Sep 2009
Interviewee: Stephen Glen, Gosford Council**

THIS ISSUE contains 55 articles

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<p>Bingo</p> <p>Wed from 7:30pm Fri from 10:30am Cash bingo Sunday 1.30pm Proceeds to Fairhaven Services</p>	<p>Friday Night</p> <p>Live entertainment from 6.30pm Chris Bond</p> <p>Raffle Tickets on sale 4:30pm Draw starts 6pm</p>	<p>Saturday Night</p> <p>Live entertainment from 6.30pm Matt Jackson</p> <p>The Tenors</p> <p>A night at the opera 26th September 7pm 2 course meal & show Members \$55 Non Members \$65 Tickets available at reception</p>	<p>Sunday Raffle</p> <p>NEW Sunday Raffles over 100 prizes Tickets on sale from 3.30pm Drawn 5.30pm</p>
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News



Double pass to opera night

Peninsula News in conjunction with Everglades Country Club is giving away a double pass to the upcoming performance **A Night at the Opera** on Saturday, September 26.

The show will feature performances by Andrew Pryor and David Kidd from the Ten Tenors, bringing their mix of humour, sophistication and beautiful melodies to the stage in a show to

remember.

The prize features a two-course meal and show for two people and is valued at \$130.

To enter, write your name, address and phone number on the back of an envelope and send to: Peninsula News A Night at the Opera Competition, PO Box 532, Woy Woy, 2256.

Entries to the competition close on Thursday, September 24.

Clare Graham, 15 Sep 2009

Win a family pass

Peninsula News is giving away one complimentary family pass to Western Plains Zoo in Dubbo to celebrate the opening of its new Safari Park Children's Playground.

The new African themed playground features a variety of timber climbing structures, balancing beams, bridges and animal structures to climb on and enjoy.

The family pass includes free entry for two adults and two children to the zoo valued at \$139.

The prize also includes free entry for two adults and two children to the zoo's Early Morning Walk tour.

To enter, write your name, address and contact number on the back of an envelope and send to: Peninsula News' Western Plains Zoo Competition, PO Box 532, Woy Woy, 2256. Entries close on Friday, October 2.

Clare Graham, 15 Sep 2009



Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalist: Clare Graham

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Declaration of interests

Honorary editor: Mark Snell

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Convenor, Burrawang Bushland Reserve Committee
President, Australian Conservation Foundation Central Coast branch
Chairman, Equilibrium Community Ecology Inc
Vice-president, Brisbane Water Secondary College Umina Campus P&C*

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Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Members of the Killcare Wagstaffe Rural Fire Brigade perform hazard reduction burns around Bouddi National Park recently

Sustainable living day

Peninsula residents who wish to make their home "greener" are being encouraged to attend the Peninsula Environment Group's second annual Sustainable Living Day on Saturday, October 3.

The event will be held at the Woy Woy Environment Centre from 9am to 5pm.

"If you want to make your home greener, cut your electricity bills or learn how to start growing your own veggies, then get down to the Woy Woy Environment Centre on October 3," group president Mr Mark Mann said.

"A series of informal talks and workshops will run all day, focusing on practical aspects of sustainable living such as bicycle repairs, growing your own vegetables, installing solar power and more.

"We want to show that living sustainably is not only good for the planet, but it's also rewarding and enjoyable - and a lot easier than people think.

"And sustainable living - using

less energy, growing your own food, recycling and so on - can also save you money, so it's good for your pocket too."

As well as talks and workshops, the event will feature delicious food and children's recycled crafts and painting activities, plus a raffle to win some great hemp products from Woy Woy's Gnostic Hemporium.

"People can come for the whole day or just for one or more workshops or simply stop by a piece of cake and a chat," Mr Mann said.

"It's a great chance to meet other local people interested in sustainable living and the environment."

Admission is free or by donation on the day.

For more information or a full program of activities, visit www.peg.org.au

The Woy Woy Environment Centre is located at 267 Blackwall Rd, Woy Woy.

Press release, 17 Sep 2009
Jo Muller, Peninsula Environment Group

'Probable rise' in fire danger

Captain of the Killcare Wagstaffe Rural Fire Brigade Mr Steve Farrell has warned of a "highly probable" rise in bushfire intensity for the coming summer months.

"With an El Nino event developing, the latest outputs from computer models indicate the period will reach its peak late in the year," Mr Farrell said.

"These events are usually, but not always, associated with below normal rainfall and this could lead to an increased level of fire activity.

Mr Farrell said information and preparation were subjects of much discussion within the Victorian Royal Commission into February's fires and highlighted the need

for residents to implement an appropriate plan.

"The community should implement measures to prepare their properties and to take appropriate action to minimise the impact of bushfires on their lives and properties," Ms Farrell said.

Mr Farrell said the brigade's open day on September 26, would be a great opportunity for local residents in the area to promote fire safety, preparedness and recruit new members.

"This event will correspond with the commencement of the fire season and will provide brigade members with the opportunity of recruiting new members as volunteers, involve the audience in demonstrations, conduct fun

activities for the children, explain the Fire Wise campaign to the community and encourage people to wear personal protective equipment," Mr Farrell said.

"At this time of year, depending on weather conditions, local residents will start seeing smoke in the sky as Gosford District Brigades will be involved in a combination of 14 hazard reduction burns planned for our area between now and August next year.

"If residents would like to prepare their properties, several conditions apply and we advise them to contact the RFS District Office on 4340 2911."

Newsletter, 14 Sep 2009
Allan Wilson, Hardy's Bay Residents Group

Stamp winners

The winners of the Harry Potter and the Half Blood Prince Stamp Competition have been drawn.

T. King of Umina, Sabastian Denniss of Tascott and Jade Ridley

of Umina were winners.

Each winner has received a free souvenir stamp sheet featuring characters from the Harry Potter and the Half Blood Prince film.

Clare Graham, 18 Sep 2009



Belinda Neal MP
Federal Member for Robertson

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News



Representatives of Lodge Morning Star Mr Noel Higgs and Mr Bill Richards present a cheque to Mary Mac's Place workers Ms Robyn Schacht and Ms Pat Slattery for a new stove

Masons donate to Catholic charity

Mary Mac's Place in Woy Woy has received a \$9290 donation from Lodge Morning Star Freemasons for the purchase of a new stove recently.

The donation was made by the Gosford Freemasons, with the help of Karagi Court, at a special presentation on September 16.

Mary Mac's project coordinator Ms Robyn Schacht said the hardworking volunteers of Mary Mac's Place were in great appreciation of the donation.

"Mary Mac's volunteers gave a hearty round of applause for

Bill Richards and Noel Higgs in appreciation of the Freemasons funding of our new commercial stove," Ms Schacht said.

"Previously, our volunteers have been struggling to prepare between 80 to 90 meals each weekday on our ailing domestic stove, which was purchased in 2004 when the average meals required were less than 40 per day.

"The new, larger cook-top means that commercial size cooking pots can now be used with safety.

"The new stove will be a huge boon to safety and efficiency in our kitchen, and we are most grateful

to Lodge Morning Star and Karagi Court for their generous donation."

Lodge Morning Star representative Mr Bill Richards said Mary Mac's Place was an amazing charity that assisted a growing number of disadvantaged people.

"It is hoped that a new stove will help to make things just that little bit easier," Mr Richards said.

"Lodge Morning Star will continue to assist local community organisations and charities in need of support."

**Press release, 16 Sep 2009
Robyn Schacht, Mary Mac's Place
Bill Richards, Lodge Morning Star**



Human sign at Umina Beach

The Central Coast's Climate Action Group will make a human sign at Umina Beach on October 24 as part of a world-wide campaign urging action on climate change.

The sign will spell "350", representing a target of 350 parts per million maximum of carbon dioxide in the atmosphere that the group wants to see adopted by world leaders.

Woy Woy resident Ms Charlotte Drury said Climate Action Group Central Coast comprised residents of all ages and walks of life brought together by their concern about the future of the region.

"We believe that global warming is the greatest threat we are facing at this time in history and would like to share knowledge and energy with others to explore living in a more sustainable way," Ms Drury said.

"We really are at the frontline, in terms of sea level rise, coastal storms and water shortage."

Ms Drury said the group was not politically aligned and would feature guest speakers with expertise in the area of climate change to highlight actions which may be taken by ordinary people to lessen the impact of an imminent climate change catastrophe.

She said this would range from ways of living more sustainably in day-to-day life to how to lobby business and government to take action to mitigate climate change.

"I need to know that I have done everything within my power to make this world a better place and brighten the future for my great nieces and nephews," group member Ms Alison Heathcote said.

The group will also meet monthly, on the last Monday of the month.

The group's next meeting will be held at Wyoming Community Centre from 7.30pm on September 28.

Guest speakers for the meeting will be Ms Alison Heathcote from 350.org and Mr Steve Phillips from Newcastle group Rising Tide.

"We welcome anybody who is concerned about the issue of climate change to come along and meet like-minded people for a relaxed and informative evening," publicity officer Ms Mira Wroblewski said.

For any further information about the group contact 0425 899 468 or to join the mailing list email cagcc1@gmail.com

**Press release, 15 Sep 2009
Mira Wroblewski, Climate Action Group Central Coast**

Locals win raffle

Two Woy Woy residents have each won a prize in the National Servicemen's Association Gosford City Sub Branch raffle at the start

of the month.

Ms N. Smith received third prize while Ms B. Allen received fifth prize in the raffle.

Most of proceeds raised from the raffle were donated to the

Shirley's Shuttle Bus used to transport cancer patients to and from their treatment, according to president Mr Greg Mawson.

Ms Smith of Woy Woy, an 80-year-old war widow, donated her prize back to the association for use in its Christmas raffle, Mr Mawson said.

**Letter, 8 Sep 2009
Greg Mawson, National Servicemen's Association Gosford City Sub Branch**

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Umina festival planned

The Umina District Chamber of Commerce is set to host the first annual Umina Beach Festival in December.

Chamber president Ms Sharon Martin said: "We're aiming to have festival activities from late morning till late afternoon along West St and adjacent streets, as well as down to Ocean Beach and Umina Beach surf clubs," Ms Martin said.

"One of the many fun features of the festival will be pie eating competitions."

Ms Martin said the chamber was aiming to attract a large crowd from the Peninsula and other areas of the Central Coast, plus visitors and tourists from Sydney and beyond.

"I'm encouraging local businesses, community groups, musicians and artists to participate

in order to make it a great day for the Umina Beach community," Ms Martin said.

"While there is no cost to participate, local businesses can also help make the festival a success by becoming a sponsor."

Members of the Umina Chamber will be available in the morning at West St, outside the St George Bank, on Saturday October 10, to discuss plans for the December 12 festival and get ideas, input and expressions of interest from the community.

To find out more about the festival or to express your interest, contact Sharon Martin on 0413 931 790 or email udcc@bigpond.com.

**Press release, 17 Sep 2009
Sharon Martin, Umina District Chamber of Commerce**



West St, Umina, will be transformed when the first annual Umina Beach Festival is held on December 12.



Eagle Boys Umina employees Amanda Crocker and Rachel Hope-Johnstone with store owner John Milne (mascot suit)

Selling pizzas for charity

A pizza store in Umina has raised \$750 for charity from the sale of its pizzas on September 4.

The Eagle Boys Chew for Charity raised money for the Cancer Council by selling a total of 420 pizzas.

Throughout the 11-hour fundraiser drive the staff served 214 customers to reach its \$750

goal.

Store owner Mr John Milne said the night proved to be a big success for staff and customers who took part.

"It was a fun night," Mr Milne said.

"The Eagle Boys Umina team dressed up in favourite footy team jerseys and worked hard to keep up with the demand for a worthy

cause.

"I recently had a friend pass away from cancer, and so raising money for the Cancer Council was very important to me.

"This was our first major fundraiser and we look forward to holding another one in the future."

**Clare Graham, 14 Sep 2009
Interviewee: John Milne, Eagle Boys Umina**

GYMEA1 GARDENING TIPS

Plant Selection

Gardeners have such a great variety of wonderful plants to choose from although the trap many fall into is, choosing trees and shrubs on presentation not on the actual plant form and requirements. So often the chosen tree or shrub is not suited to the location.

So when purchasing plants always think into the future: how tall will this tree grow; will I continually need to prune this shrub or will that nice flowering plant survive in the harsh summer sun with limited water?

Australian Native plants are excellent for Peninsula gardens due to their drought tolerance. One of the favourites is the Kangaroo Paw (*Anigozanthos* spp). The new range of Bush Gem Kangaroo Paws has masses of colour, requires minimal water or fertiliser and requires very low maintenance. There are wide varieties of plants that can work in your garden. One of our qualified team can come out and help you select plants that will bring back your inspiration to get into the garden again.

If you have any gardening questions don't hesitate to drop us a line at gymea1@hotmail.com.

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History



Margins memories linger on

Beard Watsons, Nock and Kirbys, Farmers, Grace Bros, Repins Coffee Shops and Chequers Nightclub; Margins Soft Drinks, Margins Ice Cream and Margins Cordial.

Yes, all of these are long gone, yet their names linger on with fond memories.

Some people will quibble about linking these firms with a family company in a small country town like Woy Woy, but each performed a vital role in the city and country, and each left a sadness and yearning for old times when their doors finally closed.

Most people of my vintage can recall the occasional visit to Sydney to shop at Grace Bros on Broadway or to have a cup of coffee or tea with cinnamon toast at one of Repins Coffee Shops.

Just as many will recall feasting on a threepenny cone of ice cream, a drink of Kolade, Barrenjoey Dry or Ginger Beer and ice cream from Margins.

Hubert Charles Margin started manufacturing soft drinks on the site in Blackwall Rd in 1914 and gave his name to the soft drinks, as well as the ice cream and cordials produced in later years.

The factory used to run its own power plant until electricity was

connected to Woy Woy in 1929.

Production of ice commenced in 1926 with up to 24 tonnes a day being sold by vendors for delivery to private homes and local businesses.

An automatic vending machine was also located at the front of the factory where fishermen and holidaymakers could pick up a block of ice for two bob in the slot.

For the production of soft drinks and ice, underground water was pumped from two blocks of land in Edward St.

The spearpoint pumps went down 17 feet and the water was clear, soft and plentiful.

A filtration plant ensured the purity and quality of the final product.

Exotic ingredients such as ginger, cloves, cocoa and lime juice were imported from Uganda and the West Indies.

In those days, the Central Coast had a thriving citrus industry which meant that Margins were able to squeeze their own orange, lemon and grapefruit juice for use in their soft drinks and cordials.

Ice cream was produced from an old fashioned recipe with milk being transported in the cool of the evening from Morpeth and then poured into huge churns

where the various flavours and other ingredients such as real strawberries and fruit salad were added.

Bulk chocolate was obtained from Smalls to make chocolate-coated ice creams.

In the early days, deliveries would be made to Pearl Beach and Patonga by horse and cart, with the stable located at the rear of the factory.

Records were kept of each horse's age, working life, shoes and nails. (No such records were kept of the salesmen.)

During World War II, it was difficult to employ male staff as most men had enlisted.

Production of ice was deemed an essential industry and, to keep the business going, the production and distribution of ice cream and soft drinks was taken over by women.

During the 50s and 60s, Margins employed up to 70 staff with nine trucks delivering an average 4000 cases of soft drink a day during the summer period.

In addition, three trucks delivered ice cream throughout the Central Coast until that side of the business was finally sold to Peters in 1956.

Schoolchildren used to visit the

factory and sample some of the products to give them an insight into the manufacturing process.

The original founder Hubert Margin was a foundation member of Woy Woy Bowling Club and an alderman on Woy Woy Shire Council.

He was also an active member of Woy Woy Masonic Lodge.

One of his sons, namely Charlie, was later appointed general manager and another son, Fred, took over the production of cordials.

The third son, Jack, became a Qantas pilot after a stint in the RAAF.

His only daughter, May, married a local boy, Bob Winsor, who joined the firm upon his return from the war.

In 1953, Charlie's son, Colin, joined Fred Margin in running the company following the early death of his father.

Then in 1974 Colin's son, Kim, was appointed sales manager making him the fourth generation to carry on the business.

In the spirit of serving the community as exemplified by his great grandfather, Kim was elected an alderman on Gosford Council and later served as mayor for a time.

Production finally ceased in 1985 when Coca Cola acquired the business and what remains today are the old sheds and some of the machinery.

Letter, 10 Sep 2009
Fred Landman, Daley's Point



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At Pearl Beach for 80 years

Pearl Beach was one of several estates on the Woy Woy Peninsula developed after World War I by father and son CR and CJ Staples.

By 1921, they had consolidated the existing land holdings at what was then known as Green Point and were planning a new estate to be called Pearl Beach with its streets named after gemstones.

The first land sale was registered in 1927 and the first house built soon after.

But for some years, partly because of the depression of the early 1930s, sales were slow, few houses were built and Pearl Beach continued as a fishing camp, one of many up and down the coast of NSW.

According to legend (for there are no surviving records till the 1940s) the Pearl Beach Progress Association came into being in 1929, probably as William Steinbeck and his friends yarned round their camp fire after cooking the day's catch about the problem of fighting bush fires that threatened in the summer.

Soon there were other needs – a post office and a telephone service, better maintenance of the dangerous and inadequate cliff road round the base of Mt Ettymalong and the rock pool, both built by the developers to make the beach

To celebrate 80 of continuous work by the Pearl Beach Progress Association, historian Ms Beverley Kingston of Pearl Beach has prepared a small book entitled Pearl Beach and Progress - the Story of a Community and an Ideal 1929 to 2009.

The book was researched and written with the help of a \$5000 community grant from Gosford Council last year.

It is hoped the book will be launched as part of the 80 years of progress in Pearl Beach celebration across the weekend of October 9 to 11.

Ms Kingston has written a brief summary of the Pearl Beach story for Peninsula News readers:

more attractive but increasingly a headache to maintain, and a bus that connected with the train at Woy Woy.

During the 1930s and 1940s Pearl Beach gradually became home to a few families who were able to make a living from the small farm blocks opened behind the village streets, some ex-servicemen who found its quiet remoteness preferable to city life, and an early conservationist, former Woy Woy postmistress, Minard Crommelin.

By the late 1940s the Progress Association had begun building a community hall, dedicated in 1950 as a war memorial to the sons of several local families who had died during World War II and in Korea.

Once basic needs for communications and maintenance were satisfied the idea of progress came to mean 'no progress' in Pearl Beach.

There were those who thought that the next steps should be in the direction of greater suburbanisation.

However, Pearl Beach preferred trees to curbs and gutters.

There was a growing awareness that the confined space of the valley, with its creeks and lagoon, its encircling national park and nature reserves, would not support a large population or too much modern development.

Progress in Pearl Beach came to mean the ability to sustain a bushland environment, a peaceful place to live, somewhere to get away from the excitements of modern life – though in time the Progress Association would also campaign for better mobile phone reception and access to fast broadband.

Email, 14 Sep 2009
Beverley Kingston, Pearl Beach



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Gearing up for World Masters

A 70-year-old Booker Bay resident is gearing up for the sea kayak event at this year's World Masters Games in Sydney next month.

Mr Richard Thomas will contend in the 70 to 74 men's age group for the sea kayak marathon event.

The seven kilometre race will be held along the Nepean River near Penrith on October 13.

Mr Thomas has also recently competed in the Triathlon World Championships in Queensland finishing with a silver medal in his age division against 10 other competitors from around the world.

"This was a pretty pleasing result for an old bloke," Mr Thomas

said.

"So I'm pretty excited to see what will happen next month in the World Masters."

Mr Thomas said his love of all things water first drew him to taking up kayaking as a hobby following his retirement 12 years ago as a survey draftsman with the Sydney Water Board.

This also led Mr Thomas to purchase a waterfront holiday home in Booker Bay where he now lives permanently with wife Sandra.

"Living so close to water is so relaxing and tranquil," Mr Thomas said.

"There is nothing better than waking up early and going for a paddle in my kayak along Brisbane

Water.

"I have started training three times a week for the upcoming race and also manage a paddle with friends once a week from the Rip Bridge up to Half Tide Rocks and back."

Mr Thomas has been competing in water polo and triathlon competitions for more than 25 years and said he finds no greater joy than being outdoors and keeping active.

The World Masters Games are the world's largest participatory multi-sport event and feature 28 sports across several age groups.

Clare Graham, 16 Sep 2009

Interviewee: Richard Thomas, Booker Bay



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Guides celebrate 60 years

A special luncheon will be held next month to celebrate 60 years of Girl Guiding on the Peninsula.

It is hoped that women from the 1949 to 1959 era of Brownies, Guides or Rangers on the Peninsula will attend, according to event organiser Ms Fay Donnelly (nee Jessup).

Ms Donnelly said the reunion at The Old Woy Woy Pub would be a wonderful way for former Girl Guides from the area to catch up and reminisce on old times.

Ms Donnelly said: "Early in 1949, the first Ettalong Brownie pack opened under the leadership of Ruby Knight as Brown Owl.

"Brownie meetings were held in the old Scout Hall in the main street of Ettalong.

"The Ettalong - Woy Woy District had a district commissioner plus an active local association which was registered in 1949.

"In those days, leaders did their training on the Central Coast and trainers came from Sydney.

"In October the same year, soon after arriving in Ettalong, Norma McAsh took up the leadership as captain of first Ettalong Girl Guide Company which was registered in 1950.

"Keen young girls from Koolewong to Pearl Beach joined.

"During the year there would be fun day activities like a field day at Graham Park in Gosford, in competition with other companies in the division for a perpetual trophy. "Judging could include uniform, marching, semaphore signaling, First Aid and ball games."

Ms Donnelly said another favourite activity for the girl guides was camping.

"The guides loved to camp.

"A campfire at night with singing and patrol skits was the highlight," Ms Donnelly said.

"During the school holidays, the girls and their leaders would camp for a week on the South Coast or at the Glengarry campsite at Turramurra.

"Just a year later in 1950, the demand was such that second Ettalong Brownie pack was formed.

"By then, it was evident that Ettalong needed a hall.

"Intense planning and fund raising by the local association (support group) began.

"By that time Norma McAsh as guide captain and district commissioner and her husband Wal, who was president at the time

of Woy Woy Rotary Club, pushed for a hall to be the community project.

"The grand opening of the hall took place in March, 1954.

"By 1955, the number of girls living in the Woy Woy area wanting to join Guides had increased sufficiently to establish a new unit in Woy Woy on Blackwall Rd.

"Later this area became the Broken Bay Division.

"The original, energetic, older Guides, by this time, were very keen to form a Sea Ranger Crew.

"With passion for Guiding and persuasion from the girls early in 1956, once again with Norma McAsh at the helm, the SRS Hawkesbury Sea Ranger Crew was formed.

"In 1957, a big thrill for a number of Rangers was to attend an international camp in Melbourne, and the same year two Sea Rangers represented Ettalong at the World Camp in England.

"These women together with friends made in London at the World Camp still meet every five years - proving Guiding can give you friends for life."

The 60 years of Guiding on the Peninsula luncheon will take place in the Old Pub Pelican Function Centre, The Boulevard, Woy Woy, from midday on Saturday, October 17.

Reservations need to be made by October 4, with Jill Jones on 4382 1007 or Fay Donnelly on 4362 1090.

Press release, 4 Sep 2009
Fay Donnelly, Ourimbah

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WOY WOY



Swimmers enjoy Ettalong Beach in the 1950s where Learn To Swim classes took place

Origins of swim club

In 1958, Mr OG Huxley and his daughter Carmen, both qualified learn-to-swim instructors, consulted Mr J Plumb, headmaster at Ettalong Primary School, with a view to conducting learn-to-swim classes at Ettalong Beach.

Then notices were sent to the parents of all children attending Ettalong Public School.

As a result a total of 858 children were either taught to swim or had their actions styled.

Two members of the Men's Premiers Club Newcastle made their cars available to carry some of the 26 instructors from the Newcastle Premiers Club to Ettalong on six consecutive Saturdays.

A public address system was set up on the beach to control the learn-to-swim candidates.

About March 1958, only 12 pupils attended Learn to Swim at Ettalong Beach.

In October 1958, it was decided to transfer the classes to Woy Woy tidal pool.

The first Woy Woy people to qualify as learn-to-swim instructors were Ms Tonkiss and Ms Smith.

In a subsequent group, Ms Marsh, who became a life member of Woy Woy Club, qualified.

Shire president Barrett called a public meeting at the Ettalong Memorial Hall in February 1959 to form the Woy Woy Swim Club.

About 20 people attended and 12 accepted office.

First officers were president OG Huxley, secretary treasurer

Vince Sinclair, chief learn-to-swim instructor Ms Tonkiss and assistant learn-to-swim instructor Ms Marsh.

Woy Woy Rotary Club made swimming equipment one of its projects.

Gosford Swimming Club donated old lane ropes and Gosford Shire Council provided floodlighting for the tidal baths at Woy Woy so there could be races.

Detective Sergeant Allen helped train officials in the conduct of swimming races.

The average entry during the last month of the 1958 to 1959 swimming season was about 70.

Mr Richard Swancott and his wife Pat, together with Sergeant Keenan assisted with the starting and control of races.

**Woy Woy Swim Club
commemoration 1978
Otto Huxley, Ettalong**

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Woy Woy Stroke Recovery Group treasurer Ms Helen Anderson with stroke survivors Mr John Sheerman, Ms Dolores Dalla Valle and Ms Elsie Menvielle at Deepwater Plaza Shopping Centre

Group visits shopping centre

Members of Woy Woy Stroke Recovery Group visited a local shopping centre on September 15, as part of National Stroke Awareness Week.

The group held a display stall in the Deepwater Plaza in Woy Woy to sell Stroke Awareness Week merchandise and provide shoppers with free blood pressure tests from Central Coast Area Health workers.

Local stroke victims Mr John Sheerman, Ms Elsie Menvielle and Ms Dolores Dalla Valle said it was important for the community to become aware of stroke since it was affected more and more people each year.

Ms Dalla Valle said she first

came across the Woy Woy Stroke Recovery Group after having a stroke in 2002.

"The group has given me the social support I needed after my stroke and let me get back to living a normal and healthy lifestyle," Ms Dalla Valle said.

"We enjoy regular meetings and outings with other members each month allowing victims and carers to get-together and enjoy each other's company."

Ms Menvielle said the local group has provided tremendous help and assistance after her stroke several years ago.

She encouraged other stroke victims and carers living in the Peninsula community to get in contact with the Woy Woy Stroke Recovery Group on 4341 7177.

Central Coast Area Health neurologist Dr Denis Crimmins said that more than 800 people were treated for stroke last year at Gosford and Wyong hospitals.

"Our growing and ageing population contributes to the high incidence of stroke on the Central Coast but there are positive steps people can take to reduce their risk," Dr Crimmins said.

"High blood pressure is a major risk factor for stroke with many people often unaware that their blood pressure may be elevated."

Clare Graham, 15 Sep 2009
Interviewees: Elsie Menvielle and Dolores Dalla Valle, Woy Woy Stroke Recovery Group
Press release, 14 Sep 2009
Jill Warwick, Central Coast Area Health

Over-50s classes start

New classes in the Active Over 50 health and exercise program have begun at the Ettalong Uniting Church.

Weekly classes in tai chi will now be held out of the Picnic Pde venue every Monday from 3.45pm and every Thursday from 8.45am.

According to communications director for Central Coast Health Ms Wendy Harris, tai chi involves very slow, gentle movements that are excellent for managing arthritis, improving posture and balance, increasing strength, and promoting flexibility.

"The regular practice of tai chi is effective in reducing the risk of having a fall or multiple falls," Ms Harris said.

"It is an excellent starting point for people with arthritis, diabetes, circulation problems, overweight, and for people who haven't exercised for a long time.

"If you're over 50 and you've never exercised, you have a lot to gain by becoming more active, even in small amounts.

"As well as helping you to look and feel great, putting together a

small amount of physical activity each day can lead to excellent health benefits.

"Building up to 30 minutes of physical activity each day can improve your wellbeing and reduce the risk of serious illness such as cancers, heart diseases, and diabetes.

"The Active Over 50 program is a great way to get started."

Ms Harris said the program offered affordable classes in strength training, gentle exercise, tai chi, aquafitness, and ballroom dancing and were conducted by qualified instructors across several venues on the Peninsula.

Local residents aged 50 and over interested in taking part in a class who haven't tried Active over 50 before can request a pass to try any class of their choice for free.

For more information, contact the Central Coast Health Promotion Unit on 4349 4800 or visit www.healthpromotions.com.au/ActiveOver50.htm.

Press release, 16 Sep 2009
Wendy Harris, Northern Sydney Central Coast Health



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Walking to remember

Peninsula Village will hold the first annual Memory Walk on Sunday, September 27, as part of Dementia Awareness Week.

The Walk to Remember event will involve more than 70 staff, residents and friends of the Umina retirement complex to raise funds for Alzheimer's Australia.

Peninsula Village chief executive officer Ms Terri Parker said the walk

would leave Koolewong Park at 9.30am and finish at Fisherman's Wharf in Woy Woy.

Ms Parker said a fundraising target of \$5000 has been set with all proceeds being donated to Alzheimer's Australia.

"Alzheimer's Australia is an integral part of life for people living with dementia," Ms Parker said.

"Their resources and support are utilised daily by staff at Peninsula Village and they assist us in

providing the very best care to our residents living with dementia.

"The staff wanted to give something back and at the same time raise awareness in the local community in regard to dementia and Alzheimers.

"Peninsula Village is the first facility on the Central Coast to be a part of the Memory Walk.

"We also hope to increase the awareness of the level of care and commitment required for caring for people with dementia both within the community and residential aged care facilities."

According to Ms Parker, around 85 per cent of residents at Peninsula Village's Nursing Home live with some level of dementia, while 40 per cent of Peninsula Village Hostel residents are affected.

Press release, 15 Sep 2009
Hayley Stephenson, Peninsula Village

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Hospital scores well

A survey conducted by private health fund Medibank Private has revealed patients of Brisbane Waters Private Hospital in Woy Woy are amongst "the most satisfied in Australia".

Medibank Private surveyed 4964 people from NSW on a range of topics related to their hospital stay, including food and accommodation, cleanliness, and the quality of care received.

According to Medibank Private representative Mr James Connors, results were then calculated to produce a Member Experience Index score in which Brisbane Waters Private Hospital achieved NSW's second highest rating of 75 out of 100, above the national average of 70.

The survey also found the standards of care delivered by clinical staff are highly regarded.

Mr Connors said ratings for the skills and knowledge of doctors was especially positive, with 96 per cent of patients rating them good or better.

Similarly, 90 per cent of patients rate the levels of clinical skill and knowledge amongst nurses as good or better.

Medibank Private chief

executive officer Mr Bruce Levy said this was good news for local hospital users.

"The survey has returned some terrific results for our partner hospitals across NSW and for Brisbane Waters Private Hospital in particular," Mr Levy said.

"In general, private patients are very satisfied with their hospital experience, which means private hospitals are doing a lot of things right.

"What was very pleasing to see is smaller hospitals are doing so well.

"In fact the survey reveals the hospitals that are performing best in terms of patient satisfaction are not the big, well known inner-city hospitals, but smaller hospitals located in suburbs and regional centres.

"Of course there are areas where hospitals can do more to meet patient expectations."

Mr Levy said members reported noise and disturbances, privacy issues, and shared bathroom facilities as their greatest reasons

for dissatisfaction.

"Informed financial consent on fees charged by doctors and pathology providers also continues to be a problem.

"Over a quarter of patients reported they were not advised, or not advised correctly, of the gap charged by their treating specialist, with the performance of supporting doctors, in particular anaesthetists, poorer again.

"Of greatest concern however are gap fees for pathology tests and x-rays.

"Two thirds of patients reported not being advised that they would need to pay a gap for these services, and this is just not good enough.

"Doctors and hospitals need to take the issue of informed financial consent seriously.

"We encourage members to talk to doctors about fees, but inevitably it is something that some patients will find difficult to do."

Press release, 15 Sep 2009
James Connors, Medibank Private

Over-50s urged to walk 30 minutes a day

Three Peninsula walking groups will take part in the Stay On Your Feet Walking Challenge for residents aged 50 years and over.

Vision Australia's Woy Woy walking group have signed up for the event along with Woy Woy Pleasure Walkers and Woy Woy Walking Group.

The four-week walking challenge will kick off with a registration morning tea at Erina Library on October 10.

Project officer Ms Helen Kale said the walking campaign looked to promote exercise and healthy living in local residents aged 50 and over who were looking for a challenge.

"This is a great opportunity for existing walkers to give themselves a fitness challenge and for non-walkers to take the first step in becoming regular walkers," Ms Kale said.

"The registration day for the challenge will feature guest speakers and advice on getting fit and healthy while participants will each receive a free information pack to get them started.

"The aim of the challenge is for participants to improve their own personal fitness goals.

"We are recommending

participants improve on their own walking routine across the four-week challenge.

"A good start for those walking for the first time would be a minimum of 30 minutes, five days a week."

Vision Australia's walking group based in Woy Woy meets every Saturday from 7.30am for a one-hour walk.

The group also provide individual guided walks for people with vision impairment can be arranged.

To join the group, contact Natalie or Lawrence on 0415 639 122.

Woy Woy Pleasure Walkers meet Wednesday fortnightly for full day walks around the Central Coast, Sydney and Newcastle.

To become a part of the group, contact Hilda Munro on 4384 2098.

Meanwhile a Peninsula resident is looking to establish a new group for enthusiastic walkers in the area for around 45 minutes from 6am weekly.

For more information, contact Marilyn on 0418 623 904.

For bookings to attend the registration day, phone 4349 4814 or email h.kale@nscchahs.health.nsw.gov.au

Press release, 16 Sep 2009
Helen Kale, Northern Sydney Central Coast Health

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Local bakery wins awards

A local bakery has taken out five more awards in the Great Aussie Pie Competition recently.

Bremen Patisserie in Umina entered its Italian bolognaise, oyster, kangaroo, chunky beef and plain pies in the competition to come out with medals for all five entries.

The Italian bolognaise pie achieved a gold medal, the plain pie received a silver medal while the oyster, kangaroo and chunky beef pies each won bronze medals.

Business owner Mr Ron Bruns said it was pleasing to continue to produce good-quality and great tasting pies after almost 20 years of pie-making in West St, Umina.

"We are looking forward to celebrating 20 years on the Peninsula at the end of the year with a street festival and pie-eating competition," Mr Bruns said.

"We are starting to become a Peninsula icon and it is great to see the support and interest from the local community."

Mr Bruns said he was always looking to try out new pie recipes and looks forward to selling a corned beef with creamy white sauce in the near future.

The bakery has won awards in previous years in this and other competitions.

Clare Graham, 17 Sep 2009
Interviewee: Ron Bruns,
Bremen Patisserie



Glad to be back

Peninsula business owner Mr Bob Bailey said he was "glad to be back" serving meals and refreshments to locals and visitors of the Ocean Beach Surf Club.

After finishing up at the Ocean Beach Surf Club several years ago

to make way for its redevelopment, Mr Bailey said it was good to be providing great tasting food at competitive prices on the beachfront once again.

The Sea Lion Cafe at Ocean Beach has begun trading 6.30am to 5pm seven days a week.

Mr Bailey, who also owns and

operates the Sea Lion Cafe at Umina Beach, said the help and support of the local surf life saving community and beach users had ensured the future success of both businesses on the Peninsula.

Mr Bailey said he would continue to return the favour to the surf life saving community by providing sponsorship support and high quality food to its members.

"We are looking forward to a busy summer season as the weeks become warmer," Mr Bailey said.

"We are already starting to see more beach goers and will extend our trading hours for patrons once daylight savings starts."

Clare Graham, 15 Sep 2009
Interviewee: Bob Bailey, Sea Lion Cafe at Ocean Beach and Umina

New children's fashion store

A new fashion store for children has opened its doors in Ettalong Beach.

Agapi Mou meaning "my darling" in Greek, began trading on September 11 and provides clothing and accessories for girls and boys to 14 years.

Business owner Ms Helen Dahbache of Umina said her love to shop for five-year-old daughter Renae led her to opening a children's retail outlet.

"As a mother I felt that the area needed a children's clothing store offering unique pieces of clothing and accessories not found at the larger retail stores," Ms Dahbache said.

"We are trying to cater for parents, grandparents or carers of children who want their kids to look good at affordable prices.

"We felt there was a need for this type of business in this area so we decided to make that happen."

Ms Dahbache moved to the Peninsula with her family six years ago after holidaying in the area as a child since 1974.

"My family and I enjoy living on the Peninsula, and now that we are working in the area I feel

that we can contribute back to the community by offering old fashion service.

"We couldn't be happier."

Clare Graham, 16 Sep 2009
Interviewee: Helen Dahbache, Agapi Mou

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Thanks to the Federal Government's stimulus package to provide regional and community infrastructure, five communities throughout the Gosford City are in anticipation of new playgrounds.

The Nambucca Drive playground has been designed based on feedback from community consultations with both residents and children of Woy Woy South Public School. Rock Climbing, flying fox, large slide and trike/scooter track all featured on the top of the priority list.

The playground also features disabled parking, access for wheelchairs including an all access swing seat, picnic setting and bubbler. The trike track includes wall turns, a slalom and a bone shaker.

Residents of the community surrounding Nambucca Drive Playground are invited to the Official Playground Opening on Friday 9th October at 4.00pm.

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The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays
 Poole Close Empire Bay NSW 2257
 Phone: 4369 1422 Fax: 4369 1485

Arts & Entertainment



Winner of the Open Central Coast inspired work section Blackwall artist Ms Joan Neilson (left)

Five win Grandma Moses prizes

Five Peninsula artists have received awards in the Grandma Moses Art Prize at Gosford Town Centre on September 15.

Judith Hoste of Umina received first prize in the watercolour section for her work A Secluded Spot in Greens and also a commended award in the open Central Coast inspired work division for the piece Where We Live.

Renowned Pearl Beach artist Ms Marijke Greenway also picked up a commended award for her work View from Umina Surf Club in the same section.

Blackwall artist Ms Joan Neilson achieved a first prize in the open Central Coast inspired work section

for her painting entitled Brisbane Water.

Two artists from Ettalong Senior Citizens Centre Art Group Mr Garry Neill and Ms Patricia Maiden received awards for their work.

Mr Neill of Ettalong Beach picked up a highly commended award for his work Three Gums in the Flinders in the Senior Citizens' Centre Art Group section while Ms Maiden also received a highly commended award in the same section.

Gosford mayor Cr Chris Holstein officially opened the Grandma Moses Exhibition featuring 162 entries, including 40 from the Peninsula.

Coordinator of seniors' centres

at Gosford Council Ms Rhondda Gibson said that the exhibition was named after American artist, Anna Robertson, who took up painting at 78.

"At 80, when she held her first one-woman show, the New York Herald coined her Grandma Moses and the name later contributed to her success as an artist."

Ms Gibson said the Ettalong Senior Citizens' Centre Art Group were always looking for more members and meet at the centre every Friday morning from 9.30am.

For more information, contact 4341 3222.

Press release, 15 Sep 2009
Kareena Johnston, Gosford Council

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Exhibiting in Gulgong

Pearl Beach artist Ms Marijke Greenway has joined with Wollongong artist Ms Doreen Shaw to mount an exhibition that explores "the beauty of colour and light" in different locations around the world.

The Colour My World exhibition opened at Cudgegong Gallery in Gulgong, just north of Mudgee, on September 4.

The exhibition features paintings from Ms Greenway and Ms Shaw at the gallery until November 2.

According to Ms Greenway, most of her watercolour, oil and acrylic works are inspired by trips to the Greek islands of Leros and Lesbos and were painted onsite in the open air.

"I was inspired by the people, places and experiences of everyday life as a tourist and captured my memories along the way," Ms Greenway said.

"My favourite piece would be Windmills of Leros.

"To get the right perspective my easel was balanced on an old wall two feet wide and ten feet up.

"A snake slithered past my feet at one point and I was alone high up the warm mountain with the shimmering blue sea blending into the blue sky."

Ms Greenway, who has been painting for more than 25 years, will also show a few pieces inspired by the trees surrounding her home at Pearl Beach.

"I am living among the trees and I naturally react to the delights of the bright orange, pink and white angophoras and gums," Ms Greenway said.

"I feel that my name is not Greenway just by chance, as my Dutch maiden name was Van den Boogaard meaning from the orchard - I was destined to be a painter of nature or a horticulturist - I think I am a mix of both."

Press release, 14 Sep 2009
Sarah O'Brian, Cudgegong Gallery

Ettalong Beach Arts and Crafts Centre

Classes resuming 12th October

Patchwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils & Acrylics, Pastels & Drawing, Watercolour, Silvercraft and Children's Art & Pottery

Adult classes 9 week term \$90 plus \$10 pa membership
Children's classes 8 week term Pottery \$60 Art \$50

For enrolments and for all enquiries phone 4341 8344 or see our website

www.ebacc.com.au

KITCHENER PARK, ETTALONG
Corner Picnic Parade and Maitland Bay Drive

Sponsored by Peninsula News
Community Access

Empire Bay craft show

The Empire Bay Progress Association will host a craft show from 10am to 4pm on October 3 and 4.

It will showcase the talent of local residents in jewellery, ceramics, paper tole, embroidery, mirror craft, Christmas decorations, knick knacks and leatherwork.

Association publicity officer Ms Jan Consoli said the show was planned as a fun weekend for local residents and visitors to come and

enjoy. Devonshire tea and a barbecue lunch would be on offer between 12pm and 2pm each day.

Ms Consoli said a special plate painting session for kids would be available on the Sunday from 1.30pm.

Bookings for the session can be made by calling Gail Steele of Abfab Ceramics on 4342 0122.

Press release, 15 Sep 2009
Jan Consoli, Empire Bay Progress Association

Three plays short-listed

Three plays to be performed at the Peninsula Theatre at the end of the month have been shortlisted for inclusion in the Melbourne Short and Sweet festival.

Catch a Falling Knife written by Mr John Fraser, The Big C by Shaun Tinkler and Rose Cooper's Double Take will be performed at the Short and Sweet Central Coast Festival from September 23 to 26, and potentially the Melbourne festival if chosen as a finalist.

Mr Fraser's play has already been chosen as a finalist in the

Brisbane Short and Sweet festival before making his way into the Melbourne shortlist.

Artistic director for Short and Sweet Central Coast Ms Darlene Cole said the achievement of these local talented writers was fantastic to see.

"Short and Sweet Central Coast is a festival of bite sized dramatic treats."

This month, 10 short plays each of 10 minutes will be presented at The Peninsula Theatre.

Press release, 10 Sep 2009
Darlene Cole, Gosford Council

Learn to Belly Dance with Behind The Veil

Awaken your feminine spirit and release stress with this beautiful, ancient dance.

Enquire now for Term 3 courses - Beginner, Intermediate and Children

At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function. Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on 0403 879 772 or email kellybellydancer@hotmail.com



Eighth craft exhibition

The Pearl Beach Craft Group will hold its eighth biennial craft exhibition and sale at the Pearl Beach Memorial Hall from 10am to 4pm on October 3 and 4.

Group member Ms Bev Lapacek said the weekend would provide a great opportunity for locals and visitors to discover the talented craftsmanship of local residents.

Ms Lapacek said proceeds from the sale of items would also go towards helping Juvenile Idiopathic Arthritis, Guide Dogs NSW-ACT and the Save the Pearl Beach Rock Pool fund.

"Arthritis doesn't only occur in older people," Ms Lapacek said.

"More than that, we understand that when a child has arthritis, it's not just the child who is affected but the whole family.

"Also, in choosing Guide Dogs NSW-ACT, we want to support the charity that raises funds to enhance the quality of life of people

who are blind or vision impaired by assisting in their achievement of independence through access and mobility."

The official opening of the Pearl Beach Craft Exhibition and Sale will take place on Saturday, October 3, from 11am where visitors will have the opportunity to come and meet guide dogs and their owners.

Entry is free and a charity raffle will be held to give away a beautiful painting of a Pearl Beach scene.

A variety of hand-crafted items will be on display and for sale at the event including patchwork, tapestries, cross-stitch, jewellery, Christmas decorations, cards, silkwear, driftwood artefacts and a selection of other handcrafted items.

There will be homemade, cakes, jams and pickles as well as a daily children's activity.

Press release, 12 Sep 2009

Lynne Lillico, Pearl Beach Progress Association



(left to right) Tapestry designer Pim Sarti with Bev Lapacek, Gloria Zuker (concept) and Dorothy Symonds, members of the original group who completed the Village tapestry

Weekend of festivities

The Bouddi Spring Weekend will take place from Saturday, October 3, to Monday, October 5, and will feature an art fair, pet show, book sale, fair trade day and a special dinner.

Wagstaffe to Killcare Community Association secretary Ms Gay Bull said the weekend of festivities was the first area-wide event to be organised since the Bouddi 2000 Festival which welcomed in the new Millennium.

"It's all happening in the Bouddi area in October," Ms Bull said.

"Local community groups, businesses and individuals have joined with the Wagstaffe to Killcare Community Association to develop a program of events called the Bouddi Spring Weekend over the October long weekend.

"A highlight of the spring weekend is a three-day art fair at the Wagstaffe Hall featuring talented local artists, sculptors and photographers.

The art fair spills out into the adjacent square on Sunday, October 4, for craft stalls, a sausage sizzle, community group stalls and games for children.

"Other highlights include a pet show and book sale at MacMasters Beach Progress Hall, raising the flags at Killcare Beach, a fair trade fair at Hardy's Bay Community Church and a Moon Rise Dinner at Killcare's beautiful new surf club.

"The Moon Rise dinner will feature the haunting sounds of the didgeridoo and sticks together with an aboriginal smoking ceremony."

Art fair publicity officer Ms Jean Scott said the three-day Wagstaffe

Art Fair would be opened by renowned Shakespearian actor, director and local resident Mr John Bell.

"The event will start at 2pm on Saturday, October 4, with musical performances and an opening speech by John.

"The 12 artists are all established local artists and there will be a diverse range from traditional to abstract paintings.

"Also displayed will be photography and sculptors by award winning artists.

"This is a community event with donations from sales being donated to Pretty Beach School and Wagstaffe Hall."

Press release, 14 Sep 2009

Gay Bull, Wagstaffe to Killcare Community Association

Press release, 15 Sep 2009

Jean Scott, Wagstaffe Art Fair

Choir performs

The Peninsula Choir will perform its annual concert of Music for Springtime at 2pm on September 27 at the Ettalong Baptist Church.

"Our program ranges from the glories of Handel to popular songs by Rodgers and Hammerstein, and this year's includes the Cornish Floral Dance," publicity officer Ms Maria Collins said.

"The Gosford City Brass Band under their conductor Mark Downy have a similar program in preparation.

"Admission is \$10 and tickets will be available from Fisherman's Nook, Blackwall Rd, or at the door."

Ms Collins said the public was welcome.

Press release, 1 Sep 2009

Maria Collins, Peninsula Choir

Artists show works

Two Peninsula artists will show their latest artwork at the Acqua Vista Restaurant in Umina from October 2 to 7.

The week-long exhibition will feature the work of Woy Woy artist Ms Cheryl Geraghty and Ettalong artist Ms Christine Rushmer.

A number of hand-painted ceramics, glassware pieces and paintings will be on display at the

restaurant throughout the week while a 'meet the artist' morning tea has been organised for October 3, from 11am.

Ms Geraghty said she had been painting as a hobby for five years and her "passion for life" is expressed through her artworks.

Working from her home studio in Woy Woy, Ms Geraghty produces hand-painted glassware, ceramics and canvases.

Ms Rushmer moved to the

Central Coast two years ago.

After finding her "paradise" and having dabbled with the paint brush over the years, she said was now able to channel her ideas onto her canvases.

Ms Rushmer works predominantly with oils and acrylics, covering various subjects from abstract to still life.

Letter, 15 Sep 2009

Cheryl Geraghty, Woy Woy

MANGROVE MOUNTAIN COUNTRY MARKETS

Held last Sunday of every month

Next - Sunday, 27 September 9.30am to 3pm

Over 70 stalls including:

Quality local produce – fruit and vegies, free range eggs, honey, nuts, flowers, plus unique arts and crafts, spinners, pet products, gourmet foods, psychic readings, nursery products, kids entertainment and so much more.

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What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunbar Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222
CLOSED TEMPORARILY, Call 4325 8292 for relocation details

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd CLOSED TEMPORARILY

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf.

Playtime Mon-Fri 9am, Little Gym **PCYC**

Better Hearing Class Mon-Fri 1.45pm, **ESCC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, **UCH**.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au **WVEC**

Second Tuesday of every month

True Blue Meeting, 1.30pm; **Toastmasters**, 7pm, **EBWMC**

Get Together afternoon tea, **ESCC**

Pearl Beach Craft group, 1.30pm, **PBPH**

Stroke recovery group, 11am,

PCC.

Diabetes Support Group, 10am, **ECC**

Animal Welfare League, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

Third Tuesday of every month

Burrawang Bushland reserve **bushcare**, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, **UCH**

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, **PCC**

ACF meeting, 7.30pm, **WVEC**

Fourth Tuesday of every month

Toastmasters, 7.15pm, **EBWMC**
Combined Pensioners assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday

Free herbal clinic, enq: 0437 401 810 **PWHC**

Woy Woy Blood Bank @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silk craft 10am

Mums & bubs playgroup 1pm

Pastel classes for kids 4pm **RBG**

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034

Free Tax Help by appt; **School for Seniors** Have a Chat, 10am;

U3ADiscussion Groups, 11am; **Cards**, 1pm-3pm; **Over 55s Learn to Play Bridge**, 1pm; **Playgroup**, 9am; **Occasional Care**, 9am-3pm;

The Web, From 2pm; **Dance & Theatre School**, 3.45pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Motivation & Empowerment classes**; **Craft**, 9am, **PCC**

Rotary Club of Woy Woy, 6pm, **ECC**

Handicraft, 9am; **Latin Dancing**, 9.15am; **Cards**, 12.30pm **ESCC**

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, **WH**

Folk Art, 9.30am; **Silk Dyeing**, 1pm, **EBACC**

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10.30am only, enq: 4368 2847, **CWA**

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH**

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, **EPH**

Supported Playgroup for first time and single parents, 12.30pm-2pm, enq: 4340 1111, **BFC**

WEDNESDAY

First Wednesday of every month

CWA 10am, handicrafts, enq: 4372 2069

Coffee Morning, social get-together, 10am, **PWHC**

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, **ECC**

CWA 10am, handicrafts, enq: 4372 2069

Third Wednesday of every Month

Wrap With Love knitting group 10am, **PWHC**

Fourth Wednesday of every month

Woy Woy CWA 10am craft, 1pm business meeting, enq: 4372 2069 **CWA**

Everglades Probus Club, 10am, **ECC**, enq: 4341 0664

Drumballa Drum Circle 7.30 **RBG**

Every Wednesday

Women's Health Clinic, three times a month, enq: 4320 3741; Counselling by Donation

PWHC

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

St John's Ambulance, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 **PCC**

Craft for love & Garden club 10am **RBG**

Free Tax Help by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12;

Multicraft Needlework, 10am-12; **Playgroup**, 10am - 12;

Bridge Club, 9.30am & 7.30pm, **The Web**, 2pm;

Physical Culture Club, 3.30pm; **Coast Care Counselling**; **Weight Watchers**, 6pm; **Belly Dancing**, 7pm and 8pm;

Dance & Theatre School, 3.30pm; **Motivation & Empowerment** classes; **Brisbane Water**

Scrabble Group, 6pm; **St John Ambulance Service Peninsula Division meeting** 7.30pm

PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina.

Seniors fitness, 9am, enq: 4332 8550; **Woy Woy Judo Club**, 5.30pm, enq 0434000170 **EPH**

Oils & Acrylics, 9am; **Pastels & Drawing**, 11.30am, **EBACC**

Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.30pm & 7pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, **CWA**

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, enq: 4369 2275 **ECC**

Dance Club, 1pm, **EBWMC**

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

Leatherwork, 9am; **Table Tennis**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm; **Group Fitness**, 1pm;

Yoga, 2.30pm **ESCC**

THURSDAY

First Thursday of every month

Brisbane Water Senior Citizens, 1pm, **EBWMC**

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, **PWHC**

Australiana Bus Trips, **PCC**

Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; **EBWMC**

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am **BFC**

Umina Peninsula Mixed Probus Club, 10am, new members welcome, enq: 4343 1039 **ECC**

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

Creative Writing, enq: 4369 1187, **CWA**

Occasional Care, 9am; **Yoga**, 10am; **School for Seniors**, **Australiana**, 10.30am; **Bridge**, 12pm; **The Web**, 2pm; **Yoga**, 9.30am; **Coast Care Counselling**, **Dance & Theatre School**, 3.30pm; **Motivation & Empowerment** Classes; **Drumbala Kids** Drumming 4.30pm; **Adore Music** Tuition 4.30pm; **Community** College courses inc. painting, drawing, beading, languages and meditation; **Ballroom Dancing**, 9am, **PCC**

Free entertainment, 6.30 pm; **Ballroom Dancing**, 10am; **Trivia**, 7pm; **Indoor Bowls**, **Fishing Club** **Raffle**, 5.15pm, **EMBC**

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

Scrabble, 12.30pm, **WWPH**

Children's art classes, 4.30pm, **EBACC**

Card Club, 1pm; **Chess Club**, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm; **Cards** noon, **ESCC**

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

Adult tap dancing, 10am, enq: 4342 3925, **EPH**

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am; **Cards**, 12pm; **Tai Chi**, 1pm; **Table Tennis**, 1pm, **ESCC**

Pilates, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH**

St John the Baptist Craft Group, 9am to 12pm, \$3 for morning tea, all welcome, enq: 4344 2064, meet at

Walter Baker Hall (opp church)

FRIDAY

First Friday of every month

Legacy Ladies, 9am, **EBWMC**

Second Friday of every month

Book Bazaar, **book Club**, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, **EBWMC**

Third Friday of every month **Legacy Ladies**, 9am, enq: 4343 3492, **EBWMC**

Fourth Friday of every month

South Bouddi Peninsula **Community Assoc**, 1.30pm, enq: 4360 1002, **WH**

School for Seniors Bushwalking; **Civilian widows**, 1pm, **ESCC**

School for Seniors Bushwalking, **PCC**

FRIDAY

First Friday of every month

Legacy Ladies, 9am, **EBWMC**

Second Friday of every month

Book Bazaar, **book Club**, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, **EBWMC**

Third Friday of every month **Legacy Ladies**, 9am, enq: 4343 3492, **EBWMC**

Fourth Friday of every month

South Bouddi Peninsula **Community Assoc**, 1.30pm, enq: 4360 1002, **WH**

School for Seniors Bushwalking; **Civilian widows**, 1pm, **ESCC**

School for Seniors Bushwalking, **PCC**

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664, **UCH**

Lollipop Music Playgroup (0-4 years), enq: 4343 1929, **BFC**

Old Wags Bridge Club, (except 4th Fri) 1:30pm, enq: 4360 1820, **WH**

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, **EPH**

Watercolour Painting, 10am, **EBACC**

Painting, 9am; **Line Dancing**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm **ESCC**

Gym Sessions, 8am; **Gym Circuit**, 9am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), **Primary Kids Club**, 4.30pm, enq: 4343 1237 **Alcoholics Anonymous**, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, **indoor bowls**, **canasta**, **scrabble**, **morning tea** 10am, enq: 4363 1968

Occasional Care, 9am; **Kindy Gym**, 0-3s, 9.15am, 3-5s, 10.20am; **Weight Watchers**, 9.30am; **Smart Recovery**, 10am; **Bridge Club**, 12pm; **The Web**, 2.30pm; **Kempo Karate**, 5.30pm; **Dance & Theatre School 4pm U3A Courses**; Free financial counselling, alcoholics anonymous, 6pm; **Pilates**, 8.15am; **Overeaters Anonymous** 7.30pm; **Painting**, 9.30am, **PCC**

Women's walking group, 9am-11am, **PWHC**

Fishing Club, **EBWM**

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151 **Fairhaven Services**

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, **WH**

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What's On in and around the Peninsula

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq:0412 252 709

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am

Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712; Chatterbox Group, **PCC**

Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Peninsula Residents Association (PRA)**, 3PM **WVEC Market Day**, 9am, Sydney 2000 Park, **UCH**

Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, **CWA**

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am
Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy 8am

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Children's Pottery, 9am; **Silvercraft Class**, 1pm **EBACC**

Weight Watchers, 8.30am; **Dance & Theatre School**, 9.30am;

Bridge Club, 12pm; **Photography course (monthly)**; **The Web** 5pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, **EBWMC**

Gym Sessions, 9am; **Drama & Discovery**, 9am, **PCYC**

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, **WWLC**

Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

SUNDAY

First Sunday of every month

Umina Boardriders meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; **Vietnam Vets**, 11am, **EBWMC**

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486

Ettalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong.

EBWM Vietnam Veterans Peacekeepers, Peacemakers meeting, enq: 4344 4760

Peninsula Environment Group, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www.peg.org.au

Fourth Sunday of every month

Old Time/New Vogue Dancing, 1pm-4pm **ESCC**

Last Sunday of every month Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

The Bays Community Group Monthly Aussie Hot Breakfast \$8.50 adults, \$4 kids Bays Community Hall, Woy Woy Bay

Every Sunday

Fijian Cultural Group, 11am-4pm; **Coast Community Church Services**, 9am & 5pm, enq: 4360 1448; **Full Life International Church**, 10am-3pm, **PCC**

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

Umina Blue Swimmers Mens Winter Swimming Club.

swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, **EBWMC**

Endeavour View Club Luncheon, enq: 4344 3825, **ECC**

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587

Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC

RSL Women's Auxiliary, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group **PWHC**

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month

War Widows, 1pm, 43410286, **EBWMC**

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 2945, **WH**

Fourth Monday of every month

Toastmasters Speechcraft Classes, 6pm, **EBWMC**

Labor Party Peninsula Day Branch, 1pm, **CWA**

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Umina Cash Housie, 7:30pm, enq: 4323 3566, **EMBC**

Walking with other Mums enq: Liz Poole 4320 3741

Early Childhood Clinic and Koori Cuppa for Aboriginal families, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **BFC**

Yoga, 9.30am, Ph.4360 1854, **WH**

Mums Meditation 10am,

Forum for separated parents

A forum for separated parents with young children is being held at the Beachside Family Centre in Umina on Wednesday, September 30.

The forum will be led by guest speaker Ms Lisa Antiss from the Interrelate Family Centre.

The free session will be held from 7pm to 9pm to allow working parents the opportunity to attend.

"Are you a parent of children aged up to eight years old experiencing a separation or recently separated," centre facilitator Ms Debbie Notara said.

"Separation leaves many parents feeling lost, isolated and dealing with difficult parenting issues.

"Parents can often feel like they have failed when a relationship breaks down.

"Coming to the forum can help validate and support your position as a parent.

"The Separated Parents Forum is about giving parents information and support to ensure that their children cope with the change."

Ms Notara said this would be the second Separated Parents Forum held at the centre this year following the success of the first session.

She said the forum would also

be an opportunity for separated parents on the Peninsula to express their needs so that future events can be planned at Beachside Family Centre.

Local resident Ms Debbie Golding-Tutt, a participant of the first forum, encouraged other separated parents to attend the evening session.

"When a family unit breaks down, it takes a little while to get back to being a parent, not just somebody who's been through a big crisis," Ms Golding-Tutt said.

"You feel like you get off track and lose your direction as a parent.

"Talking about it helps you realise that you still know how to parent.

"Being aware of responses to expect from kids was really helpful."

The Separated Parents Forum will be held at Beachside Family Centre within the grounds of Umina Public School, Sydney Ave, Umina.

Participants will receive tea, coffee, supper and a Separation Resource Pack.

Bookings are essential and can be made by calling 4343 1929.

Press release, 9 Sep 2009
Debbie Notara, Beachside Family Centre

Drumming classes 4pm RBG

Dancing, 9am; **Mahjong**, 12.30pm; **Fitness**, 1pm, **ESCC**

Gym Sessions, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing (Women)**, 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Carpet Bowls, 9am; **Card Club**, 1pm, **EBWMC**

Fairhaven Cash Housie, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**

Arts and Crafts for people with a disability, 11am, enq: 4341 9333

Patchwork & Quilting, 10am; **Pottery**, 10am & 1pm, **EBACC**

Children's Story Time, Woy Woy Library, 10.30am, **Occasional**

Childcare, 9am; **Central Coast Volunteering**, 9am; **Over 55's**

Gentle Fitness, 9am; **Supported Playgroup**, 9.30am & 12.30pm;

Yoga, 9.30am; **Mad Monday Craft & Cooking**, 11am; **Bridge Club**, 12pm; **Physical Culture Club**, 4pm; **Coast Care Counselling**, 3.45pm; **Dance & Theatre School**, 3.45pm; **U3A Courses**; **Ballroom**

Dancing, 9am, **PCC**

Craft group, 1pm, **BFC**

Fairhaven Services Cash Housie, 7.30pm, **EMBC**

Yoga, 9:30am, enq: 4360 2705, **WH**

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH**

Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, **WVEC**

Woy Woy Judo Club. 5.30pm, enq 0434000170 **EPH**



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Education



Landscape change at Pretty Beach

Pretty Beach Public School is set to see some dramatic changes to the school's landscape over the coming months.

After moving into the new administration offices and library earlier this year, the school's new covered outdoor learning area is expected to be completed by the end of the month.

According to school principal Ms Vicki Redrup, the staff and students are delighted with the recent progress achieved at the school.

The school's oval is also expected to be regrassed during the October school holidays and the existing hedge removed from the area.

Ms Redrup said the school was looking forward to establishing a vegetable garden next term to supply to the school canteen.

An internal upgrade of the existing buildings is expected to commence next year.

The new Walsingham Preschool is "on track" for opening early next year when it will take up the site of the old principal's residence at the school.

It is anticipated that the advent of the preschool in its new environment will usher in an exciting stage for an intake of children expected to be evenly drawn from local and neighbouring areas.

Newsletter, 14 Sep 2009
Allan Wilson, Hardy's Bay Residents Group

Work may start by December

Work on new classrooms at Woy Woy Public School could start as early as December, according to school principal Ms Ona Buckley.

Ms Buckley said a preliminary meeting was held recently with representatives from the construction company Bovis Lend Lease to finalise building plans.

The \$3 million project funded by the Federal Government will replace most of the old demountable buildings at the school and include a new Special Education classroom.

"Bovis Lend Lease will be sub-contracting much of the work to be undertaken to local tradespeople and businesses," Ms Buckley said.

"This will be a huge project and will require a lot of considered management and juggling around the school's day to day running but will be well worth the final result.

"We are getting two brick double classroom buildings which will be placed where the four corner block demountables are now sitting.

"This will enable us to keep the existing covered outdoor learning area over that side.

"The new Special Education unit, because of its size, will be placed where 5/6R and 3-6C are as well as extending right through that little car park gap to join onto the back new double classroom block.

"That is a big building and

will house two classes plus a bathroom, laundry, changing room and meeting room.

"All furniture and fittings come with these classrooms plus a water tank for watering and solar panels on the roof to offset electricity costs.

"The newer demountables will remain and the old decaying ones will be decommissioned and taken away."

Ms Buckley said plans would be placed on display in the school office foyer for viewing as soon as they became available.

Newsletter, 15 Sep 2009
Ona Buckley, Woy Woy Public School

Students in choral festival

The Woy Woy Public School Choir performed at the Central Coast Choral Festival on September 8.

Twenty-five students joined students from other schools at Mingara Recreation Club for the mass choir performance.

This was the culmination of months of learning and practicing the words and harmonies of 18 songs, according to school principal Ms Ona Buckley.

"The choir all sang beautifully and their behaviour throughout the day was exemplary.

"They were certainly a credit to

Woy Woy Public School.

The students were Tayla Gullis, Courtney Crane, Brittany Segrott, Cheniesse Jackson-Beazley, Emma Ryan, Tatiana Pirie, Matthew McKay, Joshua Sugden, Cameron Messham, Dean Sullivan, Annaliese Hegyessy, Larissa Anthony, Lily Milne, Tallulah Cobban, Emily Yee, Karen Mackay-Hamilton, Cailee Darley, Eloise Fry, Laura Cooper, Neve Parsons, David Nair, Paulo Cruise, Ili Tamaniceva, Brandon Yee, Amy Fitzpatrick.

Newsletter, 15 Sep 2009
Ona Buckley, Woy Woy Public School

Ettalong hosts spelling final

Ettalong Public School will host 20 schools from across the Central Coast for the regional final of this year's Premier's Spelling Bee competition.

The regional final will take place

on Monday, September 28, with the junior division from 9.30am and the seniors from 11.30am.

Woy Woy, Ettalong, Pretty Beach, Umina and Woy Woy South primary schools will be competing in the final involving around 80

students.

Member for Gosford Ms Marie Andrews said the students would compete for the chance to represent the region at the state finals in November.

"Ettalong Public School is hosting the event, which will involve approximately 80 participants from all over the southern part of the Central Coast," Ms Andrews said.

"They have been putting in many hours of extra study in preparation for this event, and regardless of the results, I congratulate them on getting to this stage of the Premier's Spelling Bee challenge."

Press release, 15 Sep 2009
Marie Andrews, Member for Gosford

Leadership facilitator

Ettalong Public School principal Mr Colin Wallis has facilitated a leadership conference in Gosford on September 3 and 4.

Mr Wallis led other school leaders from across the Central Coast and Hunter region to take part in the Seven Habits of Highly Effective People conference.

"This is an excellent leadership

program designed by Stephen Covey for leaders in all fields and has strong and practical relevance and application for school leadership," Mr Wallis said.

"I was initially training in the program in 2006 and attended facilitators' training in Sydney for three days during the last school holidays."

Newsletter, 8 Sep 2009
Colin Wallis, Ettalong Public School

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Recognised by awards

A group of 24 staff and community members from Peninsula schools have been recognised for their hard work and commitment to education at the Central Coast Public Education Appreciation Awards recently.

The group received their awards of appreciation at a special ceremony at Kincumber High School on September 15.

Each school on the Peninsula nominated several staff and community members for the annual award.

Schools in Copacabana, Avoca and Kincumber were also a part of the award ceremony.

Pretty Beach Public School nominated Ms Cathy Ford and Mr Ron Malcolm for their working beyond the call of duty while Empire Bay Public School recognised Ms Karen Wylie, Ms Karen Norris and Ms Catherine Saha for their hard work over the years.

Eight staff and community members were nominated on behalf of Brisbane Water Secondary College including Mr Warwick Bateman, Ross and Val Roe, Ms Heather Campbell, Mr Ian Reynolds, Ms Nerrida Vallack-Lewis, Ms Linda Langmaid, Mr Simon Norris and Mr Michael Wilson.

Mr John Blair, Ms Gail McKenna and Mr Chris Shaw from Umina Public School received awards as

did Ms Tina McGann, Ms Trudy Potter and Ms Heather Day from Woy Woy Public School.

Woy Woy South Public School highlighted the great work of Mr Dean Mason, Ms Debbie Smith and Ms Rachell Bantine through their award nomination.

The Peninsula Village also achieved an appreciation award in recognition of the commitment and support for students at Brisbane Water Secondary College by providing work placements.

Meanwhile, Ms Elsie Devine and Ms Helen Denning accepted awards of appreciation at the ceremony.

Ettalong school principal Mr Colin Wallis said: "Helen has worked tirelessly as the school's school administration manager for several years putting in an enormous amount of extra hours and dedication to ensure that the school runs efficiently and productively."

"She has supported all school activities, always helping out and being available to assist, well above the call of duty."

"Elsie has worked as a volunteer in our school for many years, listening to children read and assisting classroom teachers in a myriad of ways."

**Fax, 17 Sep 2009
Department of Education
and Training
Newsletter, 15 Sep 2009
Colin Wallis, Ettalong Public School**



Storytime in the park

More than 100 young parents took part in Storytime in the Park on August 25.

The event celebrated Gosford City Reads Week and was organised by the Peninsula Start Reading Project.

"More than 130 children under six years picked up their reading passport and Start Reading Badge and headed off for storytime adventures at eight different reading stations," said organiser Ms Debbie Notara from the Beachside Family Centre.

She said 104 parents and carers read to babies and young children

in windy weather on the day.

Two elders from Mingaletta Aboriginal Corporation read indigenous stories to children at the event while members of the Spanish community sang songs and taught Spanish words to the families who attended.

"There were tents, campfires, rhymes, actions, songs and a host of wild animals to keep children enthused about the various stories," Ms Notara said.

"At the end of the event, free books and book vouchers were awarded to the many smiling children who had obviously had a

ball.

"It's great to see that the Peninsula has so many parents and carers who know how important it is to read to young children."

Ms Notara said the Sit Together And Read for Ten minutes a day (START) Reading Project was made up of community members and workers from local welfare organisations.

Anyone interested in supporting the Peninsula Start Reading Project can contact Debbie Notara on 4343 1929.

**Press release, 15 Aug 2009
Debbie Notara, Beachside
Family Centre**

School ground use to be reported

People using Woy Woy Public School grounds after hours for walks, meetings or play will be reported in a bid to have a security fence installed.

School principal Ms Ona Buckley said the school is wanting the fence installed with funding from the Department of Education and Training.

"As a result of four P&C forwarding a letter about gaining a security

fence to surround our school, I had a visit from a Department of Education and Training security officer," Ms Buckley said.

"He put forward several recommendations about security issues for our school."

"One he said that would further our cause to gain security fence was to make sure that all activity out of hours was reported through our FM Web security system."

"This means any persons walking through our grounds after

hours, using our playground as a meeting place or play place or any unusual activity spotted on school grounds."

"The school comes under the Enclosed Lands Act 1901."

"This states that to enter the grounds without permission or being asked to leave and not leaving even when initially permission was granted is a crime."

"To help our cause, we are asking everyone to participate in reporting any activity on school

grounds after hours.

"We have a book at the office where people can enter any information about persons on school grounds after hours."

"We stand a much better chance of gaining a security fence this way."

"The security unit look at this information and how many trespassers, break and entries and vandalisms the school receives in a given time frame."

**Newsletter, 15 Sep 2009
Ona Buckley, Woy Woy
Public School**

Book safari day

Woy Woy Public School held a Book Safari Day recently to help promote reading amongst students at the school.

School principal Ms Ona Buckley said: "Our school was transformed into a jungle full of the most amazing animals and an assortment of jungle characters."

She said parents provided "great and imaginative" costumes.

"Even the teachers got into the spirit of things dressing up as you have never seen them before."

"We had a very colourful parade of children from preschool to Year 6 with a section showing the new books that have been short-listed

as those best sellers for this year."

**Newsletter, 1 Sep 2009
Ona Buckley, Woy Woy
Public School**

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Roosters website has 'latest news'

The Woy Woy Roosters Rugby League Football Club website has received more than 4500 hits since its launch in July.

Club secretary Mr Peter Read said the website was fast becoming the place for players and supporters of the club to get the latest information.

"Through the website supporters can get access to the latest news on the Roosters, detailed reports on all senior grade matches in 2009, links to the club's valuable

sponsors and contact details for the club's committee," Mr Read said.

"A detailed history of the Woy Woy Roosters back to 1929 is also available.

"The popular photo galleries presently have in excess of 300 photos from eras stretching back to the 1950s and up to 2009.

"For a real walk back in time, supporters can look at how the Woy Woy Leagues Club has emerged following its construction which commenced in 1982.

"The Roosters recently

launched their own dedicated You Tube page which at present has highlight packages of the 1998 and 1999 grand finals to kick it off.

"More videos will be downloaded in coming weeks.

"The Roosters on You Tube can be accessed through a link on the Roosters news page."

Mr Read said the club welcomed community contributions to the website, articles and jpeg photos, to readpg@bigpond.com.au

**Press release, 16 Sep 2009
Peter Read, Woy Woy Rugby League Football Club**



Soccer academy awards night

The Southern and Ettalong United Football Club held its inaugural junior soccer development academy awards night last month.

Soccer club chairman Mr Jon Flemming said the success of this year's academy has ensured plans were under way for next year's program.

Seven players received outstanding achievement awards on the night.

The award winners were Bradman Best and Jordan Lennon (Under-8s to Under-9s), Callum Balneaves and Bailey Lennon (Under-10s to Under-11s), Ryan Berg and Royce Oliver (Under-12s to Under-14s) and goalkeeper Hamish Sproule.

"Academy member Bill Vrolyks was honoured on the night by having the trophy for the outstanding player of the academy named after him," Mr Flemming said.

"The winner of the inaugural Bill Vrolyks medal was Royce Oliver."

Mr Flemming said Mariners' player Damien Brown spent a full morning with the players.

Damien announced the Mariners were impressed with Southern and Ettalong United Football Club's academy and were keen to work jointly for future academies, Mr Flemming said.

**Press release, 9 Sep 2009
Jon Fleming, Southern Ettalong United Football Club**



Rugby history with 2000 watching

More than 2000 spectators turned out at Woy Woy Oval on September 12, to watch the grand final series of the Central Coast Rugby Union competition.

History was made in the game of the day between first grade teams Avoca Beach and Kariong, according to Central Coast Rugby Union president Mr Larry Thomson.

"Avoca Beach defeated Kariong by 31 points to 10 at Woy Woy Oval to become the first team in Central Coast rugby to win five

premierships in a row in this grade," Mr Thomson said.

The day kicked off with the Under-19s grand final match between Avoca Beach and Warnervale that saw a final score of 22 to eight at fulltime.

In third grade competition, Terrigal got home in the final minutes of the match winning by six points to five.

The victory by Terrigal saw them go through undefeated in this year's season.

Meanwhile Kariong recorded a 25 to 18 win over Terrigal in the second grade grand final.

**Press release, 13 Sep 2009
Larry Thomson, Central Coast Rugby Union**

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Blue swimmers hold club championships

The Umina Blue Swimmers Winter Swimming Club finished this year's season with its club championship on September 6.

"The weather was kind to us this year with no washouts and an average temperature of 16 degrees," club secretary Mr Graham Tangye said.

"The Sbrocci Shield, which is awarded for the overall club champion, was won by Mark Davis who held off Graham Tangye and Dean McNally to take the title by four points."

"This year's results were one of the closest on record, and with 20 points to be won each Sunday, the

title was not decided until the last race of the season.

"Mark went into the 30 metre finals as hot favourite, but was touched out by Darrin Turner.

"Grant Hayes made a big comeback to take out the 60 metre final.

"Maurie Hayes won the Over-70s final and Freddie Burraston took out the Under-13s events."

The Blue Swimmers awards and presentation day will be held at the the Bay View Hotel on Sunday, October 11.

**Press release, 15 Sep 2009
Graham Tangye, Umina Blue Swimmers Winter Swimming Club**

Roosters plan presentation night

The Woy Woy Roosters Rugby League Football Club will hold its annual Presentation Dinner on Saturday, October 24.

Despite finishing out of the semi finals for the second year running, the club had some positive moments in this year's season, which will receive attention on the night, according to club secretary Mr Peter Read.

"The highlight for 2009 was veteran captain coach Jade Mason playing his 200th first grade game for the club against Ourimbah on August 16," Mr Read said.

"Mason joined the Roosters in 1999 and has played in grand finals in 2001, 2006, and 2007 winning all three and captaining the team in 2006.

"In front of his family and a host of former team mates and friends, Mason was presented with a commemorative jumper and will be afforded life membership of the club in acknowledgement of his record breaking achievement."

Mr Read said another long-serving Rooster and premiership winning player Scott Wilesmith joined the prestigious 100 Club when he played his 100th first grade match against Umina.

"Scott was joined on the day by Roosters greats Brad Berry, Steve McKenzie, Noel Annand and Jade Mason who have all played 100 top grade games for Woy Woy," Mr Read said.

"Many young Roosters made the step up to the top grade in 2009.

"Under-18 players Brendan Neal, Alex Baxter, Daniel Markham and Danny Leslie all made their first grade debut for Woy Woy and showed that they all have a long career ahead of them.

"Danny Leslie in particular was a revelation in 2009.

"While still eligible for Under-17s, he and his brother Rhys were nothing short of brilliant in the Under-18s and Under-20s when required, having represented the victorious Central Coast-Hunter in

the Country Championships.

"Being the only Roosters team to make the Semi Finals, the Under-20s, coached by Geoff Staunton, were eliminated by the Umina Bunnies in the second week but showed plenty of potential throughout 2009.

"Drew and Shay Neist, Ryan Wallbank, Blake McLean played first grade while most of the squad at some time or another supported the senior grades by playing reserve grade.

"Hardworking lock Shawn Nelson scored in excess of 100 points while Blake McLean scored 23 tries playing at hooker.

"The Under-17s squad played on a Friday night at Mingara and while not a perfect situation, 22 players gamely faced up each week doing the club and their coaches Scott and Michael Markham proud."

**Press release, 10 Sep 2009
Peter Read, Woy Woy Rugby League Football Club**

Club mourns loss of former coach

Woy Woy Roosters Rugby League Football Club is mourning the loss of "one of its favourite sons", former coach Ron Derley.

Club secretary Mr Peter Read said Mr Derley would be fondly remembered for his good nature, loyalty to his family, friends and club which he instilled in players to make them all better for the experience of having been coached by him.

"After playing with the Roosters, Ron set out on a coaching career with Woy Woy and was appointed the club's D Grade coach in 1961, a position he held for the ensuing 10 years," Mr Read said.

"Based on a foundation of skills

development and team harmony, Woy Woy featured in seven D grade grand finals between 1961 and 1969, winning premierships in 1961, 1963, 1967 and 1969.

"During this period Ron Derley helped deliver some great results for the club, but also nurtured and developed some of the finest rugby league players ever to play for the Roosters.

"It is estimated that more than 30 youngsters coached by Derley went on to play first grade, an astonishing achievement.

"Two of his players, John Monie and Peter Louis, went on to play first grade in Sydney and both returned to Woy Woy to be premiership winning first grade players and coaches.

"The most famous of all Ron Derley's proteges was Woy Woy's only home-grown international star Graham Eadie, who Ron coached as a 16-year-old in 1969."

**Press release, 11 Sep 2009
Peter Read, Woy Woy Rugby League Football Club**

Top swimmers from Woy Woy pool

Swimmers from the Peninsula Leisure Centre are now ranked in the top 0.1 per cent of the state following outstanding performances at this year's NSW State Age Swimming Championships.

Swimmers Elyssia Gasparotto, Keelan Bridge and Thomas McParlane all took medals.

Thirteen-year-old Elyssia took home two gold medals while 15-year-old Keelan achieved two

gold and one silver medal in his races.

Both teenagers also created new state age records.

Thomas received five medals in total including silver and four bronze.

The three medallists were joined by seven other Peninsula Leisure Centre swimmers for the championships at Sydney Aquatic Centre on August 28 to 30.

**Press release, 14 Sep 2009
Scott Attwood, Gosford Council**

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2010 SEASON APPLICATIONS FOR COACHES, MANAGERS & TRAINERS

Applications are now being called for the 2010 season from people interested in coaching, managing or training sides at Woy Woy JRLFC from Under 6 to Under 16.

Written applications outlining your experience should be submitted either by email to The Secretary at rdowney@comcen.com.au or by post addressed to:

**The Secretary, Woy Woy JRLFC,
PO Box 818, Woy Woy 2256.**

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Soccer grand finalists

Four teams from the Southern and Ettalong United Football Club have progressed to their soccer grand finals over the weekend of September 26 and 27.

The 12Bs grand final will take place on September 26, from 11.45am at Pluim Park, Ourimbah, while the MAA2s and WAA4s will compete for premierships titles at Pluim Park the following day from 10am.

Club president Mr Gary Fish said the three teams would now join the Under-17s in the grand final.

"The 11Bs were unlucky to go down two to one in their minor

semi, in a game that could have gone our way with a bit more luck.

"Unfortunately, it was the same story for the 11Es who lost one-nil in a nail biter.

"In what was another thriller, our WAA3s were very unlucky to go down one-nil in extra time.

The Under-12Bs took out the minor premiership.

The club's Under-17s team competed in its grand final match at Pluim Park on September 18.

The final score of this game was unknown as Peninsula News went to print.

Website, 15 Sep 2009
Gary Fish, Southern and Ettalong United Football Club



Premiership to junior Roosters

The Woy Woy Junior Rugby League Football Club Under-13/3s side capped off a fantastic year with a grand final victory over Terrigal by 24 points to 16 on September 12.

According to club secretary Mr Russell Downey, the Under-13/3 side, coached by Neil Whitfield, had a fantastic year playing the entire season undefeated until the major semi final when they were defeated by Terrigal in a "tough match".

"Not to be outdone however, the

mighty Rooster side bounced back in the final defeating The Entrance 56 to nil in a show of dominance which had been a feature the entire season," Mr Downey said.

"Their grand final match had been scheduled to play at 5.45pm, and to keep the boys focused on the main prize, a club barbecue was held for players and their families at our home ground Rogers Park.

"Captain Jayden Beesley gave a speech on behalf of his team mates to the committee thanking them for their assistance and support throughout the year with player and team development.

"In what was a very exciting grand final match the Roosters went 12-nil up, only to see Terrigal fight back to be leading 16 points to 12 with 15 mins to go.

"With true Rooster spirit, Woy Woy fought back courageously to forge ahead 24 to 16 in what was an absolute nail biter of a match.

"Woy Woy player Justin Miles took out the referee's Man of the Match award, while Alfredo Araya and Jayden Beesley were the standout players of the match."

Press release, 17 Sep 2009
Russell Downey, Woy Woy JRLFC

Soccer day

The Southern Ettalong United Football Club Under-7s soccer team competed in its first Gala Day at Terrigal on August 16.

"The boys narrowly missed out on making the semi-finals by

one goal, losing to Terrigal who eventually went on to win the Gala Day," team manager Mr Jay Rousell said.

Website, 14 Sep 2009
Jay Rousell, Southern Ettalong United Football Club

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