**Edition 220** Phone 4344 1844 Fax 4344 1944 July 27, 2009

#### Security camera project launched

Twenty CCTV cameras in Woy Woy, Ettalong and Umina aimed to deter crime and antisocial behaviour throughout the Peninsula have been officially launched.

The project was officially launched at a special ceremony held at Woy Woy Library on July

Member for Robertson Ms Belinda Neal, Gosford Mayor Cr Chris Holstein and Peninsula Chamber of Commerce president Mr Matthew Wales were in attendance.

Mr Wales said it was wonderful to see the project finally completed after more than four years of advocacy from the chamber.

"We have been calling for Gosford Council and the government to take on this type of a project for some time now and it is definitely pleasing to see it come through for Peninsula residents and business owners, h Mr Wales

"I look forward to seeing how effective the cameras will be in reducing crime in Ettalong, Umina and Woy Woy CBD areas particularly vandalism and graffiti attacks. h

The Peninsula CCTV system has been fully operational, on a trial basis, since June 30, and will be controlled from Woy Woy Police Station.

According to information provided by the Australian Government Attorney-General fs Department, police staff will not be in a position to monitor the system 24/7 but will monitor the video screens during each shift where

However, the system allows police staff to playback and review footage when following up on information.

The Peninsula CCTV project was funded by a Federal Government grant of \$680,000 as part of the



Woy Woy police officer Colin Woolsey looks on at the official launch of the Peninsula CCTV cameras with special guests (left to right) Gosford Mayor Cr Chris Holstein, Peninsula Chamber of Commerce president Mr Matthew Wales, Member for Robertson Ms Belinda Neal and Gosford Council's general manager Mr Peter Wilson

Safer Suburbs Plan.

Ms Neal said she was delighted she could help make the business centres of the Peninsula safer places to live, work and shop.

"This is great news for the people on the Peninsula, h Ms Neal said.

"The Safer Suburbs Plan a \$15 million Australia-wide Federal Government initiative to reduce crime and anti-social behaviour by funding important community safety measures such as the Peninsula CCTV Project.

"The CCTV cameras will bring enormous social benefits to the residents, shop owners and business people of the Peninsula.

Cr Holstein said that he hoped the CCTV cameras would serve as a deterrent to anyone considering breaking the law.

"Whilst these cameras won't fix everything, they will serve as a strong deterrent for potential law

"The general public have nothing to fear with the installation of these cameras.

"The Peninsula is a great place to live, work and play, and will continue to be so. h

According to Cr Holstein, Gosford Council and the Brisbane Water Local Area Command are anticipating a reduction in crime rates in the Woy Woy, Umina Beach and Ettalong Beach precincts in the coming months as a result of

the increased security measure

and improved ability for police to respond to incidents. The Peninsula CCTV project

was undertaken by Sydney company ECS Services who had the responsibility of installing on 20 cameras and associated wireless infrastructure.

The system design, specifications and overseeing of installation quality was also provided Sydney-based company Security Consultants International.

Each camera location will see prominent signage in place advising members of the public when they are entering an area monitored by the CCTV system.

All 20 cameras in the Peninsula CCTV system feature a pan/tilt/ zoom function, auto focus, high resolution images and low light technology to ensure the full potential and effectiveness of the system.

The cameras also feature gprivacy blanking h to eliminate privacy issues where a private property boundary is within sight of the CCTV camera.

The privacy blanking function blurs any image relating to a private property including windows and backyards.

Gosford council will have responsibility of the maintenance and repair of the system at a cost of up to \$80,000 per year.

The system is performance and suitability of the CCTV camera locations will also be continually monitored and evaluated by a steering committee convened by council representing the police and key stakeholders in the community including the Peninsula Chamber of Commerce.

This means cameras can be relocated to a new area if a location proves unsuitable.

All CCTV footage will be kept by police for 28 days unless it can be used for evidentiary purposes in the apprehension of law breakers.

Clare Graham, 13 Jul 2009 Interviewee: Matthew Wales, Peninsula Chamber of Commerce Press release, 13 Jul 2009 Belinda Neal, Member for Robertson Cr Chris Holstein. **Gosford Mayor** Information sheet, 13 Jul 2009 **Australian Government** Attorney-General's Department

#### THIS ISSUE contains 57 articles

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Bingo night from 7.30pm & Friday from 10.30am

from 6 pm **New Lucky Member** Draw 7.30pm & 8.30pm LTPS/09/0038

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4.30pm draw 6.00pm

**Trivia Nut Nights with** Vic Davies 7.30pm

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#### Environment group at **Footprint Festival**

The Peninsula Environment sustainable. Group will be represented at this year's Footprint Festival held at Kariong Eco Garden on Sunday, August 2.

Environment group member Mr Jo Muller will hold a stall for his solar hot water business Sun2Steam while promoting the work of the Peninsula Environment Group.

The festival aims to promote sustainable living, smaller ecological footprints and to raise funds for Kariong Eco Garden so that it can be financially

A large variety of stalls, displays and entertainment will be on offer from 10am to 4pm.

Festival organisers encourage participants to travel by public transport, walk, car pool or rollerblade to the event to reduce their carbon footprint on the day.

The event is sponsored by Gosford Council, Kariong Eco Garden and the Community Environment Network.

Flyer, 23 Jul 2009 John Wiggin, Footprint Festival

#### Rainfall down

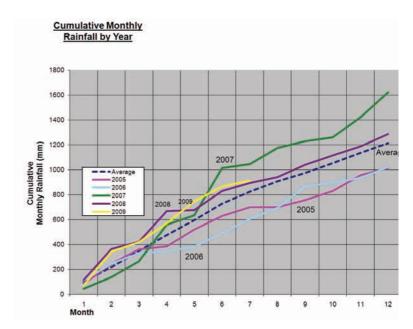
Rainfall so far this month has been less than half the average, with just a week to go, according to figures supplied by Mr Jim Morrison of Woy Woy.

Only 47.8mm had fallen by last Friday, compared to a monthly average of 97.6mm.

Rain of more than one millimetre fell on seven days over the last three weeks, but the heaviest fall was only 11mm on July 10.

However, the year-to-date figure of 914mm remains above the average as at the end of July of 825.4mm.

> Spreadsheet, 24 Jul 2009 Jim Morrison, Woy Woy



# Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

**Association President and Editor: Mark Snell** Commercial operator: Cec Bucello for Ducks Crossing Publications

> Journalist: Clare Graham **Graphic design:** Justin Stanley **Contributers:** Kevin Holloway

#### **Declaration of interests**

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd Convenor, Burrawang Bushland Reserve Committee President, Australian Conservation Foundation Central Coast branch Chairman, Equilibrium Community Ecology Inc Vice-president, Brisbane Water Secondary College Umina Campus P&C

**Next Edition: Peninsula News 221** 

Deadline: August 5 Publication date: August 10

#### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

#### **CONTACT US AT:**

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#### Winners listed

The article "Woy Woy wins shield" which appeared in edition 219 of Peninsula News contained errors.

It should have stated the Lorna Buckworth Shield has not been won by Woy Woy Women's Bowling Club in 30 years.

Also, the names listed in the article are winners of the competition shield from Woy Woy and not runners up.

Clare Graham, 21 Jul 2009

#### Winner

The winner of the Peninsula News Stella By Starlight competition been has announced.

Ms Mel Fleming of Woy Woy has won a double pass to the upcoming performance of Stella By Starlight at the Peninsula Theatre.

The play will run from July 31 to August 16.

Clare Graham, 23 Jul 2009

#### **Emergency Numbers**

Aged & Disability Support Services 4334 2633 Police, Fire, Landline & Mobile 000 Ambulance Text Mobile 106 **GSM** 112 Gosford Hospital 4320 2111 Woy Woy Hospital 4344 8444 Police Assistance Line 131 444 4379 7399 Woy Woy Police Station 1800 333 000 **Crime Stoppers RFS Fire Control Centre** 4340 2911 SES - Storm and Flood Emergency 132 500 Gosford City Council 4325 8222 City Rail 131 500 **Energy Australia** 13 13 88 **Poisons Information** 131 126 Lifeline 13 11 14 Royal Volunteer Coastal Patrol 4325 7929 Busways 4362 1030 Taxi 131 008 Gas Emergency 131 909 Suicide Help Line 1800 191 919 4323 2326 Wires



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#### Marve

# Assessment will determine stabalisation works

Gosford Council has undertaken a geotechnical assessment of the area above Phegan's Bay Rd where a section of rockface collapsed onto the roadway on July 8.

Council's manager of engineering services Mr John Cragg said council expected to receive the findings of the assessment any day.

He said consultants from Jeffery and Katauskas Pty Ltd who carried out geotechnical studies on Woy Woy Rd and the Old Pacific Hwy had undertaken the assessment at Phegan's Bay.

"The geotechnical consultants carried out an initial assessment of the site above Phegan's Bay Rd following the collapse of rockface," Mr Cragg said.

"The findings from this report indicated the area was within acceptable risk to allow the road to remain open.

"We are now waiting on the findings of the second assessment to determine what stabilisation works need to take place to address the long term safety of the site.

"This may include rock bolting, underpinning and concrete support

Mr Cragg said council workers would be closing Phegan's Bay Rd on August 2 to remove several trees from the site which had been destabilised as a result of the rockfall.

"We will be shutting down all access of Phegan's Bay Rd between 9am and 11am," Mr Cragg said.

"We have chosen to carry out these works on a Sunday morning to ensure minimal disruption to local residents and visitors to the area.

"All emergency services will be notified as will residents in the area by way of a letterbox drop."

Mr Cragg said the rockfall above Phegan's Bay Rd was a natural occurring process caused by cracking in the rock surface.

Clare Graham, 22 Jul 2009 Interviewee: John Cragg, Gosford Council



The site along Woy Woy Bay Rd where a section of rockface collapsed onto bushland and roadway above Pheghan's Bay Rd (photos courtesy Mr Edward James)

#### **Trivia night**

Umina United Soccer Club will host a trivia night at Everglades Country Club on Saturday, August 8.

The fundraising event will raise money for the club through a fun night of games and trivia with a number of prizes on offer.

The night will kick off from 6.30pm at a cost of \$20 per person

including nibbles and light supper.

Tables of eight or 10 are available or a table can be made up upon request.

Tickets must be booked by July 31, by contacting Russ and Cathy Clews on 4344 3424 or 0414 859 194 or by email at rclews@bigpond.net.au.

Website, 21 July 2009 Umina United Soccer Club





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#### **Unconstitutional?**

While composing a submission to the Senate's Electoral Reform (Disclosure and Funding) Inquiry I found that Australia's dominant electoral system, based on the 1918 Commonwealth Election Act, is unconstitutional.

Sections 7 and 24 state that in the Senate and the House of Representatives, respectively, MPs are to be chosen by the people.

In reality they are not.

The single-member electoral district system, combined with preferential voting, grossly benefits the major parties.

Typically between five and 12 candidates present themselves for a seat in a federal election. Only one will be elected after the distribution of preferences.

In most cases the successful major party candidate receives around 40 per cent of the primary vote and then relies on preferences of the others.

#### Forum

Letters to the editor

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See Page 2 for
contribution conditions

Therefore they are clearly not directly chosen.

Of course they are also preselected or appointed by the political parties, bodies ignored in the Constitution.

In the Senate, the Hare-Clark system of PR (introduced in 1949) gives minor parties and Independents a better chance but most Senators are not directly elected either.

The major parties appoint their listed candidates and bank on the voters to follow their How-to-Vote cards, voting 96 per cent "above the line" for a Group Voting ticket (judged not unconstitutional in 1984 by one High Court judge).

The letter and intent of the Constitution are thereby seriously distorted and this is aggravated by compulsory voting which ensures that those many who want to avoid participating in this undemocratic exercise have to choose between ALP and Coalition or vote informally.

A second Electoral Reform Inquiry is about to happen.

Electoral and constitutional reform in this area is long overdue.

If direct election is impractical then change the Constitution and find a system that is both democratic and practical.

Australia has neither.

Klaas Woldring, Pearl Beach

## Rockslide was life-threatening

The rockslide onto Phegan's Bay Rd back on the evening of July 8, was caused, in my opinion, by a massive section of natural rock outcrop reacting badly to vibration from the increasing number of heavy trucks and buses rumbling down Woy Woy Rd.

The cavernous section of rock, a work of nature over hundreds of years, was several meters long averaging two metres wide and half a meter thick.

It succumbed to the constant vibration and let go, dropping vertically from just below the level of Woy Woy Bay Rd.

Free falling for almost five metres to a rock ledge, it broke into pieces the size of household furniture which continued down, tearing out substantial trees and churning up the already unstable earth and boulders, which had been perched precariously for many years on the high side of Phegans Bay Rd, a

#### **Forum**

silent yet ominous threat to houses in Raymond Rd.

As luck would have it, the potential disaster was brought to a stop by Phegan's Bay Rd and the Armco railing less than six metres above residential houses.

Some of those residents were blissfully unaware of the life threatening drama which had played out above their homes the night before.

At least one of the rocks I photographed, stopped by a large tree in the slip zone, was the size of a upright piano.

While Gosford Council assured people a council officer would be on hand at all times that was not in fact the case on July 19.

Council must explain why school busses were using the road before a qualified assessment of the site had been done?

Edward James, Umina

#### No rising sea levels here

I would like to reply to Ms Zoe Russell's "Foreshore properties not worth a postage stamp" letter.

This baseless claim is complete rubbish and Ms Russell hasn't any foundation for saying it.

I have lived here on the waterfront at Booker Bay for 41 years and have taken a keen interest in tides and their various heights, especially the king tides mid-year and at Christmas.

There isn't any rise in levels taking place here.

#### **Forum**

A check with Fort Denison Tidal Facility will show any person interested in the facts that over the last 100 years the average rise is only a miniscule amount of 0.89mm with no sign of any acceleration.

Yes, there is a gradual erosion taking place along foreshores and has been going on for yonks.

This is a natural process and is due to high tides with prevailing strong winds.

Naturally, where council and residents' interests are threatened various preventive measures must take place.

Speak to our local real estate agents, as I have, and they will tell you waterfront properties such as The Esplanade are still appreciating in value – any fall would be due to the current economic crisis.

The subject of "rising sea levels" is never mentioned by any prospective purchasers.

Tony McPhee, Booker Bay

#### Too much to ask?

Would it be too much to hope for, that politicians ask the people of the Peninsula their opinion of the alteration of the Woy Woy Hospital?

Perhaps even deign to let us into the secret of what "they" intend to do with this building?

So many rumours abound that it may come as a relief to actually be told the truth.

Our little hospital has been so useful over the years, certainly the emergency section.

emergency section.

I'm not sure if the politicians have noticed that the population

#### Forum

has increased tremendously.

To suggest that people in their 70s and 80s be trundled off to Wyong is not only ridiculous but highly impractical as that area has also increased tremendously.

What makes the politicians think that Wyong Hospital will be able to cope with more patients?

I don't think it will, so where does that leave the people of the Peninsula?

Barbara Duggan, Pearl Beach

#### JR's Appliances now at 26 Blackwall Road

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#### Underground tanks at Ocean Beach

Underground rainwater tanks are to be installed at Ocean Beach Surf Life Saving Club with a capacity of 100,000 litres.

Together with high-pressure pumps, they will allow members to wash down surf craft and other equipment and flush the motors of inflatable rescue boats.

The tanks will also be used to maintain the lawns and gardens that surround the clubhouse. The previous storage tank at the club had to be filled every week by water tankers from Gosford council.

Member for Robertson Ms Belinda Neal and Gosford Mayor Cr Chris Holstein attended the launch of Ocean Beach Surf Club's rainwater tank project on June 19.

Ms Neal said the project was funded by the Federal Government through the Community Water Grant program.

"It is one of the ways the government is assisting local communities to save water, our most precious resource," Ms Neal said.

"I acknowledge the contribution of Gosford Council to this watersaving project and I congratulate Ocean Beach Surf Club, its board and its members for their hard work on behalf of the community."

Press release, 19 Jun 2009 Belinda Neal, Member for Robertson



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#### News

# Chamber drafts report after workshop

The Umina District Chamber of Commerce will draft a report following a public workshop held last month.

Chamber president Ms Sharon Martin said the workshop was the first step in putting together a strategic plan to help coordinate local action and secure future government funding for the area.

gSince we started seven months ago, the Umina District Chamber of Commerce has been working to represent the views of the small business community in the future growth and development of the Umina area, h Ms Martin said.

gThe chamber hosted a public workshop on June 17 to develop a strategic plan and identify initiatives to provide a positive direction in the development of the Umina district.

gSusan Rowe from the Department of State and Regional Development facilitated the workshop.

gThe group identified priorities and ideas for action in the areas of tourism, infrastructure, youth, environment, business development and marketing. h

Ms Martin said once the draft report was completed, the chamber would issue a public survey for consultation to help finalise its strategic plan.

gl fm inviting anyone interested to get involved and make a positive contribution to how our local area develops and grows in the future, h Ms Martin said.

gThe Umina Chamber aims to build a successful business community that works in harmony with local and state government bodies, state and local business chambers and other groups to ensure continuous improvement and growth for the Umina community. h

The next chamber meeting will take place on Wednesday, August 12, from 6.30pm at the Ocean Beach Surf Life Saving Club.

Manager of Westpac in Umina Ms Julie Cerulli will be guest speaker to talk about the local economy while president of the Central Coast Region of the NSW Business Chamber Ken Baker and deputy mayor Mr Craig Doyle will also be guests at the meeting.

For more information or to become a member of the chamber, contact Sharon Martin on 0413 931 790 or email udcc@bigpond.com.

Press release, 22 Jul 2009 Sharon Martin, Umina District Chamber of Commerce



Part of the overflowing crowd at the memorial mass

#### Memorial mass for Ryan Sainty

A memorial mass for Woy Woy resident Mr Ryan Sainty was held at St John the Baptist Church on July 24.

Parish priest Fr John Hill extended his prayers and sympathy to the family relatives and friends of Mr Sainty on behalf

of the Peninsula Catholic parish community.

The 20-year-old is still missing after taking a kayaking trip on Brisbane Water on June 12.

Newsletter, 19 Jul 2009 John Hill, St John the Baptist Church Woy Woy

#### Forum on food

The Peninsula Environment Group will host a forum on local food following its monthly meeting on August 4.

The group's meeting will start from 6.30pm followed by the forum at 7.45pm.

Group publicity officer Ms Zainem Ibrahim said the forum and discussion would be a great opportunity for local residents interested in the environment to come along and enjoy a discussion on local, eco-friendly, healthy food options on the Peninsula.

The meeting and forum will be

held at the Woy Woy Environment Centre at 267 Blackwall Rd, Woy Woy.

For more information visit the group's website at www.peg.org. au.

Press release, 20 Jul 2009 Zainem Ibrahim, Peninsula Environment Group

#### **Important Information:**

#### Drinking Water Quality in your area

Gosford City Council has been implementing practical solutions to drinking water quality issues across the region since the launch of Water Quality 2010 in December 2007.

Our monitoring and analysis reveals Water Quality 2010 has had a positive impact at every step of the water supply system, including enhanced water quality, cleaner water mains and fewer discoloured water events. The reduction in discoloured water complaints indicates customers are also experiencing the benefits of Water Quality 2010 at the tap. Some of the many achievements Water Quality 2010 has celebrated to date include:

#### **Capital Works**

- Reinstatement of Mooney Dam aeration system
- New chemical dosing plants and a pre-chlorination system at Somersby water filtration plant
- Reservoir modifications
- Valve and hydrant restoration and replacement
- New infrastructure for trunk mains cleaning.

#### **Maintenance Activities**

- Alternate water mains cleaning technique trials
- Two rounds of system-wide reticulation mains flushing
- Aggressive cleaning of trunk mains from Somersby to Koolewong and Springfield.

#### **Monitoring and Analysis**

- Water quality monitoring equipment trials
- Installation of new laboratory and field water quality monitoring equipment
- Water chemistry studies to help identify water quality issues and the effectiveness of Water Quality 2010 activities
- System modelling to identify effective ways to improve water quality.

## Water Quality 2010



#### **Management and Operation**

- Enhancements to the Peninsula water supply system
- Implementation of a Drinking Water Quality Policy
- Water supply system assessments.

#### **Communications**

- A new Drinking Water Quality section on Council's website
- Stakeholder briefings
- Improvements to water quality customer service both during business hours and after hours
- Discoloured water investigation

#### What next?

As the program enters its final months, Council will continue to enhance your drinking water quality with:

- Installation of new mains cleaning facilities within the water supply system
- Continued system monitoring and improved stabilisation of water quality within the system
- Implementation of ongoing mains cleaning programs
- Further upgrades to reservoirs and pipelines
- Completion of the implementation of the 2004 Australian Drinking Water Guidelines *Framework for Management of Drinking Water Quality*.

#### **Beyond Water Quality 2010**

Council will continue to protect, manage and maintain drinking water quality with ongoing capital works and maintenance programs despite the completion of Water Quality 2010. Insights gained since the program began are being incorporated into a thorough framework to guide Council's management of drinking water quality issues into the future.

#### **Keeping informed**

Council encourages feedback from residents concerning drinking water quality issues. You can now report discoloured water 24-hours a day by calling 4325 8222.

Detailed information on drinking water quality, Water Quality 2010 and scheduled water supply works is also available in the Drinking Water Quality section of Council's website: www.gosford.nsw.gov.au.

Water Quality 2010 is Gosford City Council's multimillion dollar drinking water quality management program, assisted by a \$4.5 million contribution from the Australian Government's Water for the Future - Water Smart Australia program.

#### News



Director-secretary of Lodge Morning Star Mr David Richards presents a \$1000 cheque to senior deputy of the Empire Bay Rural Fire Service Mr Ron Rider for the purchase of 11 smoke masks

#### Masons donate smoke masks

Empire Bay Rural Fire Service will receive 11 hot shield face masks for its crew members thanks to the help of Lodge Morning Star Freemasons.

Lodge Morning Star in Gosford, with the help of Karagi Court, donated \$1000 to the local fire service after realising its need for the fire safety equipment.

Lodge Morning Star representative Mr Bill Richards said he was delighted to be able to assist the Empire Bay fire service crew with the donation.

"With expected dry conditions for summer, the Empire Bay Fire Brigade felt that every front line member should be fully prepared for the smoky conditions predicted," Mr Richards said.

Senior deputy of Empire Bay Rural Fire Service Mr Ron Rider said it was great to see the generosity and support of Lodge Morning Star.

"Any help is great help and these smoke masks will be a great asset for our crew members," Mr Rider said.

"The fire service has seen a big influx in volunteers over the past year and with that comes a greater need for equipment.

"With the help of Lodge Morning Star we can now begin to purchase the equipment we need starting off with the smoke masks."

Empire Bay Rural Fire Service Treasurer Mr Robert Madden thanked Lodge Morning Star and Karagi Court for its generous support.

"Mr David Richards, directorsecretary of Lodge Morning Star, has been involved with freemasonry for over 50 years and this kind of help proves that a group of people can work quietly behindthe-scenes and be effective in providing essential equipment that will assist the local community," Mr Madden said.

Clare Graham, 16 Jul 2009 Interviewee: Bill Richards, Lodge Morning Star Ron Rider, Empire Bay Rural Fire Service Press release, 17 Jul 2009 David Walker, Lodge Morning Star

## Hospital group plans next meeting

The Woy Woy Public Hospital Alliance will hold its next public meeting at St Luke's Anglican Church Hall in Woy Woy on August 1.

Group publicity officer Mr Keith Farrell said the group was expecting another solid turnout.

"Our last meeting on July 11, saw around 26 people get together to discuss the the present situation of the hospital and the future plans for the group," Mr Farrell said.

"Our next meeting will see us discuss some official items including setting up a post office box for the group and designing an official letterhead.

"We are serious in our cause to save the hospital and in taking these measures we hope to accomplish this."

Mr Farrell said the committee was also looking forward to its meeting with Northern Sydney Central Coast Area Health Service media representative Mr Terry Hayes and other members of the local health service.

"We have been promised a meeting with Terry Hayes sometime next week and hope to bring up a number of issues of concern," Mr Farrell said.

"Our first response from the

health service at a meeting was, 'I don't know why you would want to do that when the rehab ward is a done deal'.

"But we want to ensure that any further changes that are made at Woy Woy Hospital is done through community consultation this time and not in silence like last time."

Mr Farrell said the group would be asking the health service confirmation on any future plans for the local hospital, including the possibility of it becoming a medical centre.

He said the group's petition to save the hospital was reaching close to 5000 signatures.

"I strongly urge all those interested in keeping the Woy Woy Public Hospital as a strong and vital resource for the Peninsula and surrounding areas to come to the public meeting to further discuss the issue – what we done and what we want to continue doing about the issue."

The meeting will take place from 2pm at the church on on Blackwall Rd, Woy Woy.

For more information, contact Keith Farrell on 4341 7864 or keith@gosfordchess.com.

Clare Graham, 23 Jul 2009 Interviewee: Keith Farrell, Woy Woy Public Hospital Alliance

#### Lawyer to head Rotary

Local solicitor Mr Alistair Knibb has become the newly appointed president of the Rotary Club of Umina Beach.

Mr Knibb will take over from outgoing president Mr Mike Curley in leading the club over the next 12 months.

The announcement was made at the club's annual change-over dinner held at Everglades Country Club recently.

Director of public relations Mr Geoff Melville said a number of local organisations had benefited from the work of the local rotary club.

"Outgoing president Mike Curley presented cheques to Central Coast Shelter's Laurie Maher for \$3000 and REM's Doreen Janes received a cheque for \$5000 to further assist scripture teachers at Brisbane Water Secondary College."

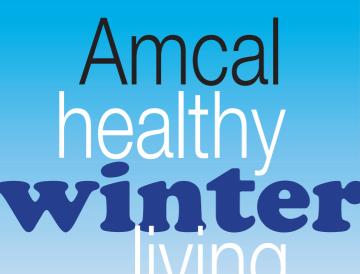
Press release, 21 Jul 2009 Geoff Melville, Rotary Club of Umina







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#### N QVVS



Newly appointed president of Woy Woy Rotary Club Mr Peter Clark with retiring president Mr Peter Mote

#### Rotary club raises over \$80,000

The Rotary Club of Woy Woy has defied the global financial crisis by raising more than \$80,000 over the past year, according to the club's public relations director Mr Tony Cameron.

Mr Cameron said the club was extremely pleased with its fundraising efforts and thanked the local community for its support.

"Retiring president Peter Mote announced that during the year the club had raised over \$80,000 and given over \$70,000 to help the needy at home and overseas," Mr Cameron said.

"Major recipients were the Telstra Child Flight service with \$15,000 and the Victorian Bushfire Relief Appeal with \$12 400.

"Local beneficiaries included Ocean Beach and Umina surf life saving clubs, Peninsula Village nursing home, Woy Woy Community Aged Care, Riding for the Disabled and the Vietnam Veterans Federation.

"Overseas the club financial support to rotary projects in the Philippines, East Africa, India, Indonesia, Papua New Guinea and Nepal.

"The club also provided several shelter boxes for use in disaster relief where needed."

Mr Cameron said the club held its annual change-over dinner at Everglades Country Club on July 17, to announce this year's board committee.

President Peter Clark will lead the club through the 2009 to 2010 financial year, assisted by secretary Jayne Mote and treasurer Charles Brock," Mr Cameron said.

He said the club looked forward to helping out local community organisations and overseas projects through further fundraising efforts over the next 12 months.

Press release, 22 Jul 2009 Tony Cameron, Rotary Club of Woy Woy

#### Bicycle on offer

electric bicycle and 60 with diabetes. being offered to an indigenous member of the Peninsula community living with diabetes.

Woy Woy resident Mr Chris Carbin is looking to find a new and responsible owner for the bike after the death of its owner Mr Nifty

Mr Carbin said the bike was sure to improve the quality of life of an indigenous person on the Peninsula between the ages of 18

"Nifty could often be seen riding around the streets of the Peninsula on his electric bike that was donated to him," Mr Carbin said.

"As a diabetic, Nifty was encouraged to exercise to save his

"He was most happy when he was on his bike.

"The exercise improved his quality of life up until his death earlier this year.

"Nifty's family would like to see another member of the community

take advantage of the bike and use it to improve their life in some way.'

Mr Carbin said the electric bike had six speed gears and reached speeds of up to 35km/h.

He said the bike was only suitable for a flat country which is why a Peninsula resident would

Contact Chris Carbin for more information on 4326 1407 or at hcarbin@cityofsydney.nsw.gov.au

Clare Graham, 22 Jul 2009 Interviewee: Chris Carbin, Woy Woy

#### **Employment service starts**

An employment service has started in Woy Woy to help local school leavers with high support needs find work.

Thru Employment Solutions in Blackwall Rd, Woy Woy, runs a "Transition To Work" program enabling graduating students a chance to make a start in the work force.

Program manager Ms Kristy Heath said Break Thru had been helping young Australian job seekers and employers since

"Break Thru is known for its expertise in providing employment services to job seekers from diverse backgrounds including people with a disability, Indigenous Australians and those from a non-English speaking background," Ms Heath said.

"Through the Transition To Work program, Break Thru tailors each program to the participant's individual needs including life skills, learning, development and community-based activities.

"Individuals will learn how to gain independence, develop social skills and how to prepare themselves for the workplace.

"They can gain access to TAFE and other courses in the area, as well as supervised and structured

According to Break Thru chief Mr Ross Lewis, the Transition To Work program provides "valuable support" in a time of increased local unemployment.

"We can provide valuable support, expertise and resources to this group and we believe we can also make a sustainable difference to the local community," Mr Lewis

For more information, contact 4344 9700 or info@breakthru.org.

> Press release, 21 Jul 2009 Kristy Heath, Break Thru **Employment Solutions**

#### Tours offered of leisure centre

The Peninsula Leisure Centre is conducting free behindthe-scenes tours on Tuesday, August 4, as part of Gosford Council's Local Government Week celebrations.

According council's coordinator of leisure and lifestyle Mr Simon Clarke, the two Peninsula Leisure Centre tours planned will showcase the range of services and facilities within the complex, describe how the centre operates, as well as telling the history behind

this community facility.

"From swimming, indoor sport competitions, to fitness and leisure programs, they're all designed to enhance the lifestyles of our local community members," Mr Clarke

"The tours will allow you to see that the Peninsula Leisure Centre is more than a pool."

The Peninsula Leisure Centre will hold a tour from 10am followed by a second tour at 2pm.

For bookings, phone the centre on 4325 8123.

Gosford Mayor Cr Chris Holstein said Local Government Week (August 3 to 9) was important in highlighting the variety of venues and facilities on offer to local ratepavers.

"The Peninsula Leisure Centre is a beneficial asset provided by council, it's there for the use and enjoyment of the community," Cr Holstein said.

For more information on activities based in the area for Local Government Week, visit the council's website at www.gosford. nsw.gov.au.

> Press release, 21 Jul 2009 **Allison Hood, Gosford Council**





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#### An open letter to the Minister for the Central Coast and Minister presiding over a failing NSW health system, John Della Bosca

Andrews, Chris Bourke, Craig Doyle, Jim Lloyd and many other card carrying politicians who can be considered comfortable paying rates to the corrupt Gosford City Council.

This council has been identified by NSW Deputy State Coroner Magistrate, Peter MacMahon as being responsible for the wrongful deaths of five people in what I have often identified publicly as a State Labor sponsored death trap, an event which all of us, including you John, will remember, but not for as long as the surviving family members of Piles Creek. Your respective political parties are responsible for our governments' lack of any effective political response to eight years of published corruption allegations. I have spent well over four hundred days and many nights outside the NSW Parliament in Macquarie Street protesting the fact that Gosford Council was caught standing over my father in a failed attempt "to smooth the way for a million dollar

Your inaction over the years John is about to morph into a stinking albatross around your neck.

property development".

It may well interfere with your plans of becoming the Premier of NSW anytime soon!

#### Labor's bad politics have simply been dishonest!

The two parties not much preferred should understand that the corrupt Gosford City Council has, in addition to presiding over the deaths of five people, for years pushed flat out lies onto ratepayers using News Limited as its paid tool.

The council has accommodated the Mayor and Deputy Mayor mounting personal attacks against me and using the ABC and A Current Affair in addition to telling lies to further their own political ends.

So many politicians have remained silent while our council speculated and lost spectacularly with our rates and levies.

All of this very ordinary behaviour could have been avoided if just a few of the responsible, elected representatives I approached on my father's behalf, you particularly John Della Bosca, had simply done the right thing with information forwarded from your Gosford office to

John, you are like Chris Hartcher, Marie Duncan Gay in Sydney so many years ago, allegations which I continue to push politically under the all encompassing assertion "Gosford City Council is Corrupt".

> All of the politicians involved in accommodating the corruption and cover up need to acknowledge publicly that Labor's bad politics has simply been dishonest!

#### Misleading in no small way

Gosford City Council had a duty to know that the regulation of the Environmental Planning and Assessment Act 1993 made it an offence to submit to a consent authority, a development application which is misleading in no small way.

Yet, the council was just stubborn in its refusal to throw the dodgy DA back where it came from.

Our elected representatives on Gosford City Council have been unable, or more to the point unwilling, for almost nine years, to act as required by Section 232 of the Local Government Act (1) as members of the governing body and (2) as elected persons.

But Green's Councillor Peter Freewater has come good when he exposed a legitimate concern in open council which had been ignored so far by elected representatives such as Labor's Vicki Scott and Jim Macfadyen and Liberals Chris Bourke and Amy Houston among others, along with the News Limited media circus which only seems interested in reporting just what council tell them is OK.

Councillor Peter Freewater made it a matter on the public record on July 7, 2009, when he asked the following question (paraphrased) without notice: How is it possible that back in May this year, Mr. James identified our Liberal Party Mayor A change of Minister does not make Chris Holstein as a liar when the Mayor allegations of documented systemic complaints to other agencies and Gosford City Council, none of which had been validated"?

The Independent Deputy Mayor Craig Doyle also lied when he used these words to insist back on June 27, 2008: "ED, AS I STATED, THE PILES CREEK PIPES ARE PLASTIC, CALLED BLACK BRUTES. I HAVE NO INFO ON THE OTHER. CD"

#### Information which has been promulgated in the Peninsula News

Councillor Freewater was quoting from the following items advertised in the Peninsula News including, "My Important Readers" and "The \$74m QUESTION", which dated back to before the last election.

Deputy Mayor Craig Doyle insisted the pipes in Piles Creek (a place which I have identified as "a state sponsored death trap") were a special plastic called brute plastic and could not rust.

This has been exposed as a complete inacuracy.

These two local politicians, Doyle and Holstein, are the last of a long line of local politicians who were on Gosford City Council when a council henchman, tried to trick my father into signing away his rights of existing use.

The corrupt Gosford City Council had earlier served elderly Mr. Louis Phillip Verdun JAMES (my father) with a notice of intent to fine him well over a hundred thousand dollars for running a building supply business without asking permission.

That total load of crap, which I now understand was part of a ploy to get him to apply for a change of use on his property in West Street Umina, caused him to have a heart attack.

Our elected representatives left me and my father, an elderly war veteran, for dead, not just my councillors on the Corrupt Gosford City Council, but also successive Premiers and members of the NSW Labor Cabinet, Planning Minister Andrew Refshauge and Local Government Minister Harry Wood. Premier Rees, you should understand, as well as all your ministers, about the law of continuing succession.

wrote: "He had made several hundred corruption and cover up, which I might add I have brought to the attention of ICAC and the State Ombudsman several times, go away.

> ICAC, in refusing to investigate, is rather childishly insisting Gosford City Council is simply not corrupt enough!

> They can get away with blue murder while complaints are referred back to those who have been complained about.

Written and authorised by Edward James, PO Box 3024, Umina 2257 02 4341 9140



#### Bumps to Bubbas group

A social group for new or expecting mothers looking for a "friendly chat and cuppa" is now available on the Peninsula.

The new Bumps to Bubbas group meets on Tuesday mornings during the school term at Umina Beach Surf Club from 10.30am to

The group has been organised by retired midwife, ante-natal educator and early childhood nurse Ms Aafke Woldring.

According to Ms Helen Macnair of Bella Rose Yoga, the Bumps to Bubbas group was set up for women who attend the pregnancy and postnatal yoga classes she

"Women meet at the yoga classes and often find they have a lot in common," Ms Macnair said.

"Mums can start the post natal yoga classes after their six week

"The first few weeks after having a baby are often when women feel most vulnerable and need

"Post natal depression is a real problem for many women and being part of a strong social network can help reduce the risk.

"The group offers a chance to have a proper chat, exchange experiences and information and share a relaxed moment with friends.

"It is great for pregnant mums to meet the new mums and gather ideas and tips.

"The group is open to everyone, not just those who come to the yoga classes.'

For more information contact Helen Macnair via email at helen@ bellaroseyoga.com.

Press release, 22 Jul 2009 Helen Macnair, Bella Rose Yoga

#### Therapy aims at transformation

A new form of therapy aimed at personal transformation and healing is being offered in Woy Woy.

Gnostic Healing Sanctuary is now offering Zonar Healing Energy

Therapist Ms Raelene Coad said the word gzonar h had many meanings and is used as a symbol in Karuna, Reiki and Seichim.

"As a symbol, Zonar heals on a cellular level and works well in the release of karmic and past life issues," Ms Coad said.

"Our cells carry the memory of trauma, both shock of our own individual experiences and those of mass consciousness.

"Whether or not you believe

in reincarnation, we all own a share of trauma within mass consciousness

"Zonar is a spiritual aesthetic and may also stop physical pain. "It prepares us to heal at a

deeper level." to Ms Coad, According Breathwork therapy was one such

way of transforming and healing. "Breathwork is a powerful, profound process for facilitating personal transformation healing," Ms Coad said.

"What do you want in your life, or want more of?

"What is stopping you from achieving your goals, being happy, healthy, abundant or successful in business?

"Breathwork can help you find

the answers to your questions, motivate you and help you bring about changes to your life."

Ms Coad said the ancient practices of Reiki and Seichim heal by flowing through the affected parts of the energy field, charging it with positive energy.

Feelings of stress, tension, headaches, body aches and pain are eased and people are always feeling relaxed, vibrant and well within themselves.

For more information, contact Raelene Coad or Kerrianne McNamara at Gnostic Healing Sanctuary, Woy Woy, on 4342

> Press release, 21 Jul 2009 Raelene Coad, Gnostic **Healing Sanctuary**

#### New speech pathology service

A new speech pathology has opened in practice Umina.

Speech pathologist Ms Larissa Raufauore and husband David have opened the private practice on the Peninsula called Family Speech Therapy.

According to Ms Raufauore, Family Speech Therapy provides assessment and therapy for children and adults with communication difficulties.

She said communication difficulties could arise from problems with speech, using and understanding language, voice, reading, writing or hearing.

"Because these services are in high demand all over Australia, many families on the Peninsula have had to travel outside the local

area to attend speech therapy," Ms Raufauore said.

"Unfortunately these needs are often not recognised and failure to treat these can lead to low academic achievement in childhood and in adulthood as well as a reduced ability to make decisions, express opinions or socialise with others," Ms Raufauore said.

"Those affected may also experience unnecessary embarrassment and frustration in day to day life.

"Speech therapy can prevent these serious consequences and give children and adults a more fulfilling and satisfying life."

Press release, 22 Jul 2009 Larissa Raufauore, Family **Speech Therapy** 

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REIKI & SEICHIM: Reiki & Seichim energy heals by flowing through the affected parts of the energy field, charging it with positive energy.

Comments about Reiki or Seichim are always positive, feelings of stress, tension, headaches, body aches and pain are eased and people are always feeling relaxed, vibrant and well within themselves. Eyes are alive with energy and their face and skin tone have changed to a healthy glow, the overall energy levels increase with the release of stress and tension.

Contact: Raelene Coad or Kerrianne McNamara at Gnostic Healing Sanctuary Woy Woy PROMOTION \$10.00 off regular price - Offer available until 31/08/09

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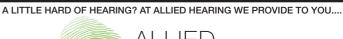
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Volunteers and participants of this year's Peninsula Relay For Life event

#### Relay volunteers wanted

The Peninsula Relay For Life organising committee is calling for volunteers to join its team in preparation of next year's major fundraising event.

Chairman Mr Lincoln Poole said an information evening would be held for local residents thinking of helping out.

"I would like to encourage all interested people to come along to our information evening" Mr Poole

"We have a chance to create something special for the 1900 locals diagnosed with cancer each

vear in the local area.

"I would especially like to extend an invitation to local cancer survivors and carers.

"At the core of Relay For Life is a celebration of survivorship and the importance of honouring those we have lost to the disease."

The Peninsula Relay For Life information evening will be held at the Cancer Council Community Hub in Erina Fair on Wednesday, July 29, from 7pm.

"Relay For Life is an overnight community fundraising event that spreads a message of hope and support to those affected by

cancer." Central Coast Cancer Council community relations coordinator Ms Lesley Chart said.

"Last year's raised over \$50,000 for local support services and research projects.

opportunities "There are available for anyone that would like to be involved," Mr Poole said.

For further information on Relay For Life and how you can help, contact Lesley Chart at the Cancer Council on 4336 4500 or visit www. relayforlife.org.au.

Press release, 15 Jul 2009 Lesley Chart, Cancer Council NSW

#### NLP and yoga at health centre

The Peninsula Women's Health Centre is promoting "wellbeing to the mind" this month by holding meditation sessions and a special group activity.

Community development worker Ms Kate Bradfield said the Games to Open the Heart and Mind session was based on neuro linguistic programming.

"This is a branch of behavioural science which uses techniques for expanding your model of the world," Ms Bradfield said.

"Christine Bannigan, neuro linguistic programming master practitioner, counsellor and trainer, will introduce you to some neuro linguistic programming activities which will have you thinking in new ways about yourself and about the

"As a result of this session, you will have some new tools to manage your thought processes for a brighter, more loving way of living.'

The group session will be held at the centre on Wednesday, July 29. from 10.30am.

Ms Bradfield said meditation classes would also be held on Thursday afternoons from 1.45pm to 3pm.

"Meditation subtly weaves meaning into life, bringing us into contact with our inner natures," Ms Bradfield said.

"It can also strengthen our willpower and help us to manage stress.

"This course will provide instruction in simple meditation techniques, in the Satyananda

tradition, and will cover preliminary practices which assist us to sit still and focus.

"This group is suitable for beginners and experienced students."

Both the meditation classes and the Games to Open the Heart and Mind session are free, however

a gold coin donation would be appreciated.

For more information on these groups or to make a booking, call the Peninsula Women's Health Centre on 4342 5905.

> Press release, 16 Jul 2009 Kate Bradfield, Peninsula Women's Health Centre



#### **Central Coast** Case Management Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

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**Presenter: Dr Paul Caska Specialist Surgeon** 

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The Hive, Erina Fair, Terrigal Drive

Agenda: 1. Obesity is a disease not just a fat patient Patient information about different surgeries

Why and who should have surgery Central role of the specialised Hospital and local treatment

Importance of specialisation and specialist follow-up

Advantages of treatment and who benefits

What are the problems and next step Questions and answers

4344 2424 or 4343 0267 RSVP:

Or email: susan.overton@healthscope.com.au

Book now, as seats are limited!



# Savings program matches schooling costs

A matched savings and financial literacy program is offering up to \$1000 to assist Peninsula families to save for education needs.

The Saver Plus program is being delivered in the Peninsula area by The Smith Family and already has more than 200 participants involved.

The program matches participant's savings \$1 for \$1 up to the amount of \$1000 as an incentive to save for educational items including textbooks, uniforms, computers and school excursions.

The program also includes MoneyMinded, a financial education initiative that builds participants' financial skills, knowledge and confidence.

Woy Woy resident Karen Jones, who completed the program late last year, said her main expectations were to save additional money for school excursions for her children and to take control of her own finances

"I had mixed feelings when I started.

"I was excited and nervous, because I wasn't sure what to expect and wasn't sure how much of my personal life I would have to lay on the line," Ms Jones said.

"But this was handled really well at the MoneyMinded workshops and hearing from past participants gave me a better perspective of how the program had helped someone else and how it could help me."

After just 10 months of saving \$100 a month, Ms Jones received her matched funding of \$1000 and used the money to purchase stationery, school uniforms, new lunchboxes and school bags for her four children.

Ms Jones said although she had

tried savings strategies before, including direct debit to another account, she never felt she was getting anywhere.

"The four sessions with my Saver Plus relationship manager made me think about where my money was leaking out," Ms Jones

"I knew what the big spends were, but I wasn't keeping an eye on the other amounts coming out of my account.

"I have definitely changed my spending habits and now I'm conscious of where all my money is going."

Peninsula Saver Plus worker Mr Geoff Hynd said the benefits Saver Plus had provided to participants were amazing.

"Studies by RMIT University show 70 per cent of Saver Plus participants keep saving at the same or a greater rate long after the program finishes," Mr Hynd said

"While most participants join the program to receive the matched savings, most leave it citing other benefits as the most important, including more control over their finances, which in turn reduces stress and worry, increases confidence and creates new opportunities."

To be eligible for participation in the Saver Plus program, participants must be over 18 years of age, have children currently enrolled in a school in the local area, or be attending or returning to vocational education themselves, have a health care or pension card, and have earnings from paid employment.

To apply, contact Geoff Hynd at The Smith Family on 4322 2900. Press release, 21 Jul 2009

Caitlin Juster, Buchan



Last year's entrants for the Brisbane Water Oyster Festival Queen and Miss Charity Queen title

#### Sponsors sought for Oyster Festival

Sponsors are being sought for the 9th annual Brisbane Water Oyster Festival in November.

Festival chairperson Ms
Debra Wales said the organising
committee was asking local
businesses to sponsor an entrant
for the Oyster Festival Queen event
which raised more than \$42,000
for Cancer Council last year.

"This year we hope to see many businesses sponsoring an entrant in the Queen of the Oyster Festival to raise funds for breast cancer research as it's also a great way to promote your business while supporting a great cause," Ms Wales said.

"Last year, the entrants raised over \$42,000 for breast cancer research and we hope this year many people will join in the celebration for such a wonderful event.

"The festival has been revamped with a new logo designed by Central Coast Tourism and, for the first time, a website designed by a local business Webstuff.biz," Ms

Wales said.

"The website will provide up to date information on the festival and the entrants fundraising events.

"In partnership with Central Coast Tourism, the festival will be promoted to the Sydney region with a major advertising promotion to attract visitors for weekend stays on the Central Coast.

"We are very excited with Central Coast Tourism coming on board as we have their expertise in the tourist industry.

"Many regions are now promoting their area through festivals and we are endeavouring to attract the interest of people outside the region to come to the Peninsula for the weekend. "That way, our tourist accommodation places benefit as well."

Ms Wales said local businesses including Tony Arico Travelworld in Deep Water Plaza, Bellashoetique in Ettalong Beach and Indulge Yourself at St Hubert's Island would provide prizes for the winner of this year's Queen of the Festival and Miss Charity Queen titles.

"The Oyster Festival is in its 9th year and will be held on Sunday, November 8, at Ettalong Beach waterfront with a variety of entertainment, food and wine stalls, arts and crafts, and the famous Sydney Rock oysters and Hawkesbury Pacific oysters," Ms Wales said.

"This year the Brisbane Water Oyster Festival Ball will be held on November 6, at the Ettalong Beach Club where the winners of the Queen of the Festival and Miss Charity Queen contests will be announced.

"The Oyster Ball is a wonderful event to celebrate all the hard work over the months from the queen entrants as well as having a glamorous evening."

For all information on the festival and application forms simply log onto www.oysterfestival.com.au or contact the Peninsula Chamber of Commerce on 43 427510.

Press release, 16 Jul 2009 Debra Wales, Brisbane Water Oyster Festival





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Poole Close Empire Bay NSW 2257 Phone: 4369 1422 Fax: 4369 1485

#### Two will be missed

Ettalong Beach Arts and Crafts Centre has paid tribute to two of its former members who died recently.

Vice president Ms Dorothy Mulholland said the group was saddened to hear of the passing of "two wonderful women" who contributed to the centre over the years.

Ms Mulholland said the centre's first patchwork tutor Ms Margaret Hannaford and former pottery student Ms Roz Fischer would be sadly missed.

"Margaret Hannaford first joined Ettalong Beach Arts and Crafts Centre in June 1989, and began teaching patchwork and quilting in September of the same year," Ms Mulholland said.

"Margaret, a talented fabric artist and embroiderer, had won many prizes with the quilt designs.

"She favoured hand piecing and quilting and her work was quite distinctive.

"Her ribbon embroidery was beautiful and she taught local students this skill in her many workshops held at our centre.

"Margaret joined the committee in June 1992 and was actively involved on the running of the



Former EBACC tutor Ms Margaret Hannaford

centre, playing a vital role in the organisation of our Christmas exhibitions.

"Margaret's stall was always well patronised and I think she enjoyed the challenge of producing a variety of items for sale.

"She encouraged her patchwork students to display their quilts at these exhibitions and so began the wonderful display of quilts that we enjoy today.

"It was in late 1997 that Margaret became president of the centre.

"Margaret served in this position for one and a half years.

"She continued teaching until the end of 1999, when she retired."

Ms Fischer joined the centre in 1990.

"Roz had an artistic flair and her love of raku and pit firing was passionate," Ms Mulholland said.

"Roz could always be found in the firing pit stacking pots, always thinking about ways to get the best out of the firing.

"Her raku work was beautiful.

"The pots thrown by Roz on the wheel were a delight in their form and she mastered the art of pot decoration and glazing to such a degree that her work stood out.

"Roz was always happy to share her knowledge with her fellow students and our potting experience was richer as a result of her enthusiasm.

"Roz, together with her husband Bill, moved up to the North Coast several years ago where she continued making pots.

"She remained in contact with her friends at the centre and will be sadly missed by those who knew her."

> Newsletter, 13 Jul 2009 Dorothy Mulholland, Ettalong Beach Arts and Crafts Centre

# Entries expected from Peninsula

Organisers of the annual Grandma Moses Art Competition are expecting an array of entries from Peninsula artists.

"Every year we receive a good response from the Peninsula and every year there are winners or artists who receive a certificate for either highly commended or commended," said Gosford Council's coordinator of senior citizen centres Ms Rhondda Gibson.

"Last year we had at least eight Peninsula artists who either won or received commendations.

"The Senior Citizens Centre Art Group scooped the lot in their group with winner, three highly commended and one commended.

"Judith Hoste and Jim Gibbons are well known local artists and enter every year.

"Their work is always outstanding.

"Patricia Maiden is another name that springs to mind."

Ms Gibson said the competition was open to artists aged 50 years and over.

"The Grandma Moses Art Competition and Exhibition is a wonderful chance to showcase the talent of our seniors who are producing some excellent, saleable work," Ms Gibson said.

"The novice section is particularly encouraging.

"Many artists do not find the time to paint in earlier years but the passion has always been there.

"I would like to see more entries in this section and for artists not to think their work is not good enough.

"Next year they may be a major winner."

The competition has been running for 27 years and is sponsored by Gosford Council.

"Grandma Moses (Anna Mary Robertson) was a renowned American folk artist and is most often cited as an example of an individual success beginning a career in the arts at an advanced

"We chose tO name the competition after her," Ms Gibson said.

"Prize money totals \$2200 over the five sections and is an opportunity for the community to view the work of local artists and

receive recognition.

"This year the work will be displayed at Gosford Town Centre, a more accessible location for the exhibition to be viewed."

Entry for the competition closes on August 21, with the exhibition taking place from September 15 to 17, following the announcement of winners on September 15.

Categories for the competition includes open (any medium), watercolour, novice for new painters, Senior Citizens' Centre Art Group member and open (any medium) for Central Coast inspired work.

Entry forms to the art competition can be found at community centres and libraries within the Gosford Local Government Area or council chambers.

Press release, 8 Jul 2009 Rhondda Gibson, Gosford Council



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#### Craft classes for term three

Ettalong Beach Arts and Crafts Centre will begin its term three classes from July 27.

Classes in patchwork, quilting, pottery, folk art, silk dyeing, oils and acrylics, pastels and drawings, children's art and watercolour painting will be available.

Vice president Ms Dorothy Mulholland said there were a good quantity and variety of classes on offer for lovers of arts and crafts over the next few months.

"Term three is about to start and classes are filling quickly," Ms Mulholland said.

"Our Christmas exhibition and sale will be held on November

28 and 29, at the Peninsula Community Centre.

"This is always a fun time where students are invited to participate in this exhibition by making saleable items

"It is a great way to make some pocket money, meet people and to help us promote our wonderful centre."

Patchwork and quilting classes will be available two days per week with tutor Margaret O'Connell while Annette Poole will conduct two pottery classes in term three.

Folk art classes will be available once a week at the centre under the instruction of Joy Panton and Sue Saunders will conduct two silk dyeing lessons on Tuesdays.

Wednesdays will see tutor Ann Parker in charge of an oils and acrylics class as well as a pastels and drawing lesson in the

Children's art lessons will be available on Thursday afternoons with Sandra Williams and two sessions of children's pottery will take place on Saturday with Anniss Seymour.

Local artist and centre tutor Judith Hoste will teach watercolour painting every Friday throughout term three from 10am while Marcelle Clelland will conduct silvercraft classes on Saturday afternoons.

For more information and enrolments, contact 4341 8344.

Ettalong Beach Arts and Crafts Centre is located on the corner of Picnic Pde and Maitland Bay Dr in Ettalong Beach.

Newsletter, 13 Jul 2009 Dorothy Mulholland, Ettalong Beach Arts and Crafts Centre





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Children's classes 8 week term Pottery \$60 Art \$50

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4341 8344 or see our website www.ebacc.com.au

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News

#### Busker started at a young age

Janawirri Yiparrka has often been seen outside Peninsula Plaza in Woy Woy, busking with his didgeridoo.

Janawirri started plaving didgeridoo at a young age, even though it was not a traditional instrument from his area.

His enthusiastic enjoyment for this instrument was inspired by watching traditional players from the northern parts of Australia at corroborees.

He was one of the first didgeridoo players performing at well-known music festivals, such as the North Sea Jazz Festival in Holland, Crossing Borders Festival in Germany and Den Haag in Holland.

Janawirri has raised the awareness of the instrument and has taken it to an international audience.

One of his musical triumphs was his performance with his cousin Mark Atkins at the Heidelburg Music Festival in 1996.

Over the decade of his work in Europe, Janawirri collaborated with many international musicians of different styles and instruments. Janawirri is influenced by

jazz, blues and different styles of traditional music in central and northern Australia.

He was introduced to Europe by jazz flautist Peter Fassebender.

His solos sound like an orchestra

He utilises the extraordinary range of sounds available to the didgeridoo and has created new sound combinations that would not have been explored before.

His unique blend of the sounds of his ancient, traditional instrument with contemporary musical trends is a great listening experience.

His range of skills are educational as well as musical, whether explaining the Dreamtime to school children or showing his virtuosity in performing with major jazz musicians.

Janawirri learnt to paint while sitting with Malcolm Jagamarra and other senior Aboriginal artists.

He paints in the tradition of his people from the Wongatha nation, in what is known as the eastern goldfields area of Western Australia.

His style is derived from traditional Western Desert style interpreted with a contemporary

The performance will begin

Tickets start from \$7 including a

from 7pm in the CWA Hall opposite

Fisherman's Wharf in Woy Woy.

light supper.

western palette.

His art, like his music, is as vibrant as the colours of the wildflowers in his homelands. Janawirri combines his traditions with his own contemporary feel.

One of his favourite creations is painting on surfboard.

He has exhibited in Vienna, Amsterdam, Prague, New York, and Texas.

He was a resident artist at Wicked Sticks Gallery at Clarion Music Centre in San Francisco in 1997 and in 1998.

In addition to his artistic expression, Janawirri advocates respect for the intellectual property rights of indigenous people, particularly on the internet.

Janawirri's wife teaches at Brisbane Water Secondary College and their daughter is also a student there.

He hopes to someday go on another artistic/musical tour of

More information on this local identity can be found at www. presoz.com.au/Janawirri/

Scott Hastings, 13 May 2009 Website, 13 May 2009 Janawirri Yiparrka



EBACC members Jenny Knibb, Helen Pilarski and Margaret O'Connell enjoying the raku firing event

#### Raku Fun Day held

The Raku Family Fun Day held successfully by Ettalong **Beach Arts and Crafts Centre** last month, according to president Ms Thel Browne.

"Potters were at the centre from 8am to set up the Raku kiln ready for the first firing for the day and continued without a pause until there were no pots left to fire," Ms Browne said.

"One of our potters who couldn ft be there was Annette Reid, who unfortunately was in hospital at the

"Annette came up with the idea to have a Raku firing at the centre, so I can understand her frustration at not being able to participate on the day.'

Newsletter, 13 Jul 2009 Thel Browne, Ettalong Beach **Arts and Crafts Centre** 



#### Yodelling at folk club

Folk yodelling group, the Oom-Pah-Pahs, will perform at the Troubadour Central Coast's monthly meeting on Saturday, August 22.

Folk club publicity officer Ms Willy Timmerman said the performance was sure to be a fun night of entertainment.

"Wearing their Bavarian outfits, the Oom-Pah-Pah's will do a mixed arrangement of German-Austrian-Tirolean popular and traditional folk yodelling songs varied with English country and folk yodelling songs," Ms Timmerman said.

"Playing the accordion, Gerhard controls the backups while Anton sings and yodels.

"He will also sing the countrystyle song with which he won the first prize in the yodelling division at the Tamworth Capital Country Music Awards in January, 2005.

"Over the past 20 years, Anton has won six CCM awards in the yodelling division at Tamworth."



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#### For more information, phone 4341 4060 or 0417 456 929 Shop 3, South Street, Press release, 15 Jul 2009 Willy Timmerman, Troubadour

#### **Learn to Belly Dance**

with Behind The Veil Awaken your feminine spirit and release stress with

this beautiful, ancient dance. **Enquire now for Term 3 courses** 

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At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function.

Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on **0403 879 772** or email kellvbellvdancer@hotmail.com

#### **Literary Dinner** Two fabulous Australian Authors

When: Wednesday 12th August Time: 6.30pm for 7pm dinner Cost: \$40 Where: The Boathouse Restaurant, Koolewong

lliant, funny, heartbreaking and incredibly wise, twel from the author of Rhubarb, **Craig Silvey.** 

Late on a hot summer night in the tail end of 1965. Charlie Bucktin, a precocious and bookish boy of thirteen, is startled by an urgent knock on the window of his sleep-out. His visitor is Jasper Jones. Rebeillous, mixedrace and solliary, Jasper is a distant figure of danger and intrigue for Charlie. So when Jasper begs for his help. Charlie eagerly steals into the night by his side, terribly afraid but desperate to impress.

T can't begin to tell you how exciting it was finishing this book; coming to the last 40 odd pages, hoping, holding my breath, reading with the biggest of lumps in my threat as a masterpiece evolved. [Jasper Jones] belongs to a very small number of books that I consider about the Market 'Another Timpless Projes.



wise, this is the second

Wales Police Force. She worked in the area of Forensic
Services for fifteen years, attaining expert status in crimesee examination. She was discharged from the force in
2001 with post-traumatic stress disorder as a direct result
any, Jasper is a distant
when Jasper begs for
whis side renthy afraid
was published in 2005.

Her new book, Forensic Investigator, is a han of what it is like to work on the front-line of c tragedy as a forensic investigator. But it is also the inspiring story of someone who

Tickets can be bought from Book Bazaar, Umina, or All Good Bookstore, Gosford



#### What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

**BFC,** Beachside Family Centre, Umina Public School

**CWA,** Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

**EBACC,** Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

**EBWMC,** Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

**ECC,** Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

**EMBC,** Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

**EPH,** Ettalong Progress Hall, Memorial Ave, Ettalong

**ESCC,** Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222 CLOSED TEMPORARILY, Call 4325 8292 for relocation details

**MOW,** Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd CLOSED TEMPORARILY

**PBPH,** Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

**PCC,** Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

**PCYC,** Osborne Ave, Umina Beach, enq: 4344 7851

**PWHC**, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

**RBG,** 207 West Street Umina - 0409774467

**UCH,** Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

**WH,** Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

**WWAC**, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

**WWEC**, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

**WWLC**, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

**WWPH**, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy **DAILY EVENTS** 

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf. **Playtime** Mon-Fri 9am, Little Gym **PCYC** 

**Better Hearing Class** Mon-Fri 1.45pm, **ESCC** 

#### **TUESDAY**

#### First Tuesday of every month

**Buffalo Primo Lodge** No 9, 7pm, **UCH**.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au WWEC

#### Second Tuesday of every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC Get Together afternoon tea, ESCC

Pearl Beach Craft group, 1.30pm, PBPH

**Stroke recovery** group, 11am, PCC.

**Diabeties Support Group**, 10am, **ECC** 

Animal Welfare League, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

#### Third Tuesday of every month

Burrawang Bushland reserve **bushcare**, Nambucca Dr playgrnd, 9am, enq: 4341 9301

**Buffalo Lodge** Knights Chp9, 7pm, **UCH** 

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, PCC

ACF meeting, 7.30pm, WWEC

#### Fourth Tuesday of every month

**Toastmasters**, 7.15pm, **EBWMC Combined Pensioners** assoc afternoon tea, enq: 4341 3222, **ESCC** 

#### Every Tuesday Free herbal clinic, enq: 0437 401 810 PWHC

Woy Woy Blood BankA @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club,1pm, enq: 4341 8748, EBWMC

Silk craft 10am

Mums &bubs playgroup 1pm
Pastel classes for kids 4pm
RBG

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034 Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm;Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Motivation & Empowerment classes; Craft, 9am, PCC

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Latin Dancing, 9.15am; Cards, 12.30pm ESCC Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, EBWMC

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, WH Folk Art, 9.30am; Silk Dyeing, 1pm, EBACC

Children's story time, Umina library, 10.30am (Except Jan).
Sahaja yoga meditation, 10:30am only, enq: 4368 2847, CWA

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, WWPH Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to

to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy **Tap Dancing**, 6pm, enq: 0438 033 039, **EPH** 

**Supported Playgroup** for first time and single parents, 12.30pm-2pm, eng: 4340 1111, **BFC** 

#### **WEDNESDAY**

First Wednesday of

every month

CWA 10am, handicrafts, enq:

4372 2069

**Coffee Morning**, social gettogether, 10am, **PWHC** 

#### Second Wednesday of

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, ECC

**CWA** 10am, handicrafts, enq: 4372 2069

#### Third Wednesday of <u>every Month</u> Wrap With Love knitting group

10am, **PWHC** 

#### Fourth Wednesday of every month

Woy Woy CWA 10am craft, 1pm business meeting, enq: 4372 2069

Everglades Probus Club, 10am, ECC, enq: 4341 0664

Drumballa Drum Circle 7.30

#### **Every Wednesday**

**RBG** 

Women's Health Clinic, three times a month, enq: 4320 3741; Counselling by Donation PWHC

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

**St John's Ambulance**, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 **PCC** 

#### Craft for love & Garden club 10am RBG

Free Tax Help by appt; Occasional Care, 9am; School for Seniors Oil Painting, 9am-12; Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 3.30pm; Coast Care Counselling; Weight Watchers, 6pm; Belly Dancing, 7pm and 8pm;

Dance & Theatre School, 3.30pm; Motivation & Empowerment classes; Brisbane Water Scrabble Group, 6pm; St John Ambulance Service Peninsula Division meeting 7.30pm PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina. Seniors fitness, 9am, enq: 4332 8550; Woy Woy Judo Club, 5.30pm, enq 0434000170 EPH

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, CWA

**CWA Umina Beach craft day,** 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

**Rotary Club of Umina**, 6pm, enq:4369 2275 **ECC** 

Dance Club, 1pm, EBWMC Empire Bay Tennis, 9am-12am,

Shelley Beach Rd, Empire Bay, enq: 4341 4125 **Leatherwork**, 9am; **Table Tennis**,

Leatherwork, 9am; Table Tennis, 9am; Bridge, 12.15pm; Scrabble, 12.45pm; *Group Fitness*, 1pm; Yoga, 2.30pm ESCC

#### **THURSDAY**

First Thursday of
every month
Brisbane Water Senior Citizens,
1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC
Australiana Bus Trips, PCC

#### Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; EBWMC

#### Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am BFC Umina Peninsula Mixed Probus Club, 10am, new members welcome, enq: 4343 1039 ECC Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

#### **Every Thursday**

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

Creative Writing, enq: 4369 1187, CWA

Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Bridge, 12pm; The Web, 2pm; Yoga, 9.30am; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes; Drumbala 4.30pm; Adore Music Tuition 4.30pm; Community College courses inc. painting, drawing, beading, languages and meditation; Ballroom Dancing, 9am, PCC

Free entertainment, 6.30 pm; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's **Drumming,** 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651 **Scrabble**, 12.30pm, **WWPH** 

Children's art classes, 4.30pm, EBACC

EBACC Card Club, 1pm; Chess Club, 7.30pm, EBWMC

Tai Chi 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; Table Tennis, 1.45pm; Cards noon, ESCC

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195 Adult tap dancing, 10am, enq: 4342 3925, EPH

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am; Cards, 12pm; Tai Chi, 1pm; Table Tennis, 1pm, FSCC

**Pilates**, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH** 

St John the Baptist Craft Group, 9am to 12pm, \$3 for morning tea, all welcome, enq: 4344 2064, meet at

Walter Baker Hall (opp church)

#### **FRIDAY**

First Friday of every month

Legacy Ladies, 9am, EBWMC

#### Second Friday of every month

Book Bazaar, book Club, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, EBWMC

Third Friday of every month Legacy Ladies, 9am, enq: 4343 3492, EBWMC

#### Fourth Friday of every

South Bouddi Peninsula
Community Assoc, 1.30pm, enq:
4360 1002, WH

School for Seniors Bushwalking; Civilian widows, 1pm, ESSC School for Seniors Bushwalking,

#### **Every Friday**

**Kids entertainment**, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664,

Lollipop Music Playgroup (0-4 years), enq: 4343 1929, BFC Old Wags Bridge Club,

(except 4th Fri) 1:30pm, enq: 4360 1820, **WH**Active Over 50's **Exercise Class**,

9.15am, enq: 4342 9252, **EPH Watercolour Painting**, 10am, **EBACC** 

Painting, 9am; Line Dancing,

9am; Bridge, 12.15pm; Scrabble, 12.45pm ESCC Gym Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness

training, 4pm (Junior) & 5pm

(Senior), PCYC
Peninsula Pastimes, Ettalong
Baptist Church, Barrenjoey Rd,
9.30am, (Ex sch hols), Primary
Kids Club, 4.30pm, enq: 4343
1237 Alcoholics Anonymous,
12.30pm, St John the Baptist Hall,
Blackwall Rd, Woy Woy, enq:

4342 7303
Hardys Bay Community Church, indoor bowls, canasta, scrabble, morning tea 10am, enq: 4363 1968

Occasional Care, 9am; Kindy Gym, 0-3s, 9.15am, 3-5s, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Bridge Club, 12pm; The Web, 2.30pm; Kempo Karate, 5.30pm; Dance & Theatre School 4pm U3A Courses; Free financial counselling, alcoholics anonymous, 6pm; Pilates, 8.15am; Overeaters Anonymous 7.30pm;

Painting, 9.30am, PCC Women's walking group, 9am-11am, PWHC

Fishing Club, **EBWM** 

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151 Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, WH Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

**Woy Woy Judo Club**, 5.30pm, eng 0434000170 **EPH** 

#### **SATURDAY**

First Saturday of

every month

The National Malaya & Borneo **Veterans** Assoc. meet, 2pm, enq: 4340 4160, **EBWMC** 

#### What's On in and around the Peninsula

#### Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 Alliance Française, French conversation, 11am, enq:0412 252 709

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am

Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, WWLC Scrapbooking, 12pm, enq: 4342 3712; Chatterbox Group, PCC

#### Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Peninsula Residents Asociation** (PRA), 3PM WWEC

Market Day, 9am, Sydney 2000 Park, UCH

#### Fourth Saturday of every month

**Troubadour Acoustic Music** Club, 7pm, enq: 4341 406, CWA

**Last Saturday every month** Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy 8am

#### **Every Saturday**

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748. **EBWMC** 

Children's Pottery, 9am; Silvercraft Class, 1pm EBACC Weight Watchers, 8.30am; Dance & Theatre School, 9.30am; Bridge Club, 12pm; Photography course (monthly); The Web 5pm-9.30pm; School for Seniors social outings arranged throughout vear, PCC

Cash Housie, St Mary's Hall, Rd, Ettalong, View Ocean 7.30pm

Chess Club, 1pm, EBWMC Gym Sessions, 9am; Drama & Discovery, 9am, PCYC Brisbane Water Bridge Club, 12.30pm, eng: 4341 0721, WWLC Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, ESCC

#### **SUNDAY**

First Sunday of every month

Umina Boardriders meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

#### Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; Vietnam Vets, 11am, **EBWMC** 

Umina P&C Bushcare, 9am, enq: 4341 9301, BWSC

#### Third Sunday of

every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong. **EBWM Vietnam Veterans** 

Peacekeapers, Peacemakers meeting, enq: 4344 4760

Peninsula Environment Group, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www. peg.org.au

#### Fourth Sunday of

every month Old Time/New Vogue Dancing, 1pm-4pm ESCC

**Last Sunday of every month** Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

#### **Every Sunday**

Fijian Cultural Group, 11am-4pm; Coast Community Church Services, 9am & 5pm, enq: 4360 1448; Full Life International Church, 10am-3pm, PCC

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

Umina Blue Swimmers Mens Swimming Club. Winter swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

#### **MONDAY**

First Monday of every month

RSL Womens' Aux, 9:30am, **EBWMC** 

Endeavour View Club Luncheon,

eng: 4344 3825, ECC

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587 **Grandparents Parenting Support** Group, Web Riley Room, Catholic

Church, Woy Woy, enq: 4342 Country Women's Association

#### meeting, 10am, CWA Hall, Umina, eng: 4341 5627

every month Book Club, 7pm, enq: Mandy 4342 2482

Second Monday of

Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; RSL Sub Branch, 2.30pm; Card Club, 1pm, EBWMC

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group **PWHC** 

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month War Widows, 1pm, 43410286, **EBWMC** 

**Wagstaffe to Killcare Community** Association, 7:30pm, enq: 4360 2945, WH

#### Fourth Monday of every month

Toastmasters **Speachcraft** Classes, 6pm, EBWMC Labor Party Peninsula Day

Branch, 1pm, CWA Carers support group, Group room, Health Service Building, Hospital, Wov Woy

4344 8427

#### **Last Monday of** every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

#### **Every Monday**

Kidz Drumming . 4-5pm, Rainbow Gate, 207 West St, Umina Cash Housie, 7:30pm, eng: 4323 3566, EMBC

Walking with other Mums enq: Liz Poole 4320 3741

**Early Childhood Clinic and Koori** Cuppa for Aboriginal families, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; 3Cs-Craft, Coffee & Conversation, 12.30pm, child care avail, enq: 43 431929, **BFC** 

Yoga, 9.30am, Ph.4360 1854, WH Meditation 10am, Drummimg classes 4pm RBG































A collection of entries for this year

#### Rotary will announce art prize

The Rotary Club of Umina Beach will announce its open art prize at the annual Portrait Prize Art Competition's opening night on July 31.

The exhibition will be held at Renault Motor Gallery in Kariong.

The club's public relations director Mr Geoff Melville said many local artists had entered portrait subjects of local identities. He said open categories and a student prize for year 11 and 12 students would also be on display until August 4.

"Proceeds of the event go to support Central Coast Shelter who provides shelter and meals for local homeless men and women," Mr Melville said.

For more information, visit www.portraitprize.com.au.

Press release, 17 Jul 2009 Geoff Melville, Rotary Club of Umina Beach

Dancing, 9am; Mahjong, 12.30pm; Fitness, 1pm, ESCC

Gym Sessions, 8am; Tiny Tots, 9:15am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), **PCYC** 

Carpet Bowls, 9am; Card Club, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; Bingo, 11am, enq: 4323 3566, **EMBC** 

Arts and Crafts for people with a disability, 11am, enq: 4341 9333 Patchwork & Quilting, 10am; Pottery, 10am & 1pm, EBACC Children's Story Time, Woy Woy

Library, 10.30am, Occasional Childcare, 9am; Central Coast Volunteering, 9am; Over 55's Gentle Fitness, 9am; Supported **Playgroup**, 9.30am & 12.30pm; Yoga, 9.30am; Mad Monday Craft

& Cooking, 11am; Bridge Club, 12pm; Physical Culture Club, 4pm; Coast Care Counselling, 3.45pm; Dance & Theatre School, 3.45pm; U3A Courses; Ballroom Dancing, 9am, PCC Craft group, 1pm, BFC

Fairhaven Services Cash Housie, 7.30pm, **EMBC** 

Yoga, 9:30am, enq: 4360 2705, WH

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, WH Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354 Girl Guides, 4pm, Cnr of Lurline

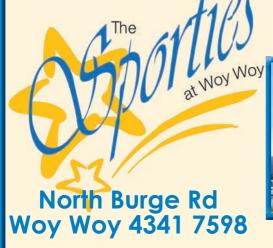
& Memorial Ave, Blackwall, enq: 4328 3247 Indian Dancing for Kids, 3.30pm,

enq: 4342 4395, **WWEC** Woy Woy Judo Club. 5.30pm, enq 0434000170 **EPH** 

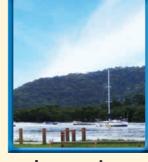
If you would like your community not-for-profit event listed here.

send the details to the Peninsula News

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#### Education



# Woy Woy High reunion

A former Woy Woy High School student is calling for members from the graduating class of 1979 to take part in a 30 year reunion.

"We are seeking former Woy Woy High students and teachers from Year 10 in 1979 for a reunion in November this year," Kariong resident Ms Stacy Lind said.

Referring to a class photo, she said: "The year 1979 may have been the year that SkyLab crashed back to earth in Western Australia but it was also the year that this fantastic bunch of people completed year 10 at Woy Woy High.

"The crew seems to have spread far and wide.

"While some are still on the Central Coast, others have ventured interstate and even overseas.

"Please contact me on email at stacylind@gmail.com or Donna Mears at donnaduck@optusnet. com.au for more details."

Email, 18 Jul 2009 Stacy Lind, Kariong

#### Students at Naidoc day

Peninsula schools took part in the Naidoc Market and Performance Day at Gosford Regional Art Gallery on July 12.

A group of students from Woy Woy South, Umina, Ettalong and Woy Woy public schools as well as the Brisbane Water Secondary College Woy Woy Campus contributed to the design and painting of an Indigenous Student Mural Project as part of local Naidoc Week celebrations.

The Ganang Rainbow Spirit Dancers from Umina and several Peninsula students from NAISDA also performed at the event.

Clare Graham, 23 Jul 2009 Interviewee: Tim Braham, Gosford Regional Art Gallery



Kincumber High School science teacher Mr Maiden visits Pretty Beach Public School for a science experiment lesson

## Signed up for readathon

Thirty students from Empire Bay Public School have signed up for this year's MS Readathon challenge.

Celebrating its 30th year, the MS Readathon is the major fundraising event for Multiple Sclerosis Australia.

Empire Bay Public School students have until the end of August to read as many books as

they can while raising money for MS Australia in any 30-day period during June, July and August.

Registration for this year's MS Readathon is still open to students and adults who would like to take part.

For more information visit www. msreadathon.org.au or call 1300 677 323.

Newsletter, 8 Jul 2009 Empire Bay Public School

#### Science experiment

A group of students from Pretty Beach Public School took part in a science experiment with the help of a local high school teacher recently.

"Mr Maiden from Kincumber High School visited our school to help us conduct some science experiments with Year 5 and 6," school principal Ms Vicki Redrup coid

"Our students conducted an experiment on the water cycle by creating clouds and making it rain.

"They also looked at alternate methods of creating energy, how magnetic fields work, made paper windmills and looked at soil composition."

Newsletter, 2 July 2009 Vicki Redrup, Pretty Beach Public School

# Special assembly for prize win

Empire Bay Public School held a special assembly for its Live Outside the Box program earlier this month.

School principal Ms Sharon McEvoy said two special guests from the NSW Department of Health attended the event.

"Our school won the large school category and our school captains were presented with a voucher for \$600 to purchase sports equipment and an award to display in the foyer.

"The guests also congratulated students on the healthy lifestyle programs being held at the school including the growing of vegetable gardens, caring for chickens to produce eggs, the growing of seedlings to plant, our Environmental Education Day and our Healthy Canteen strategy."

Green

clean up

Newsletter, 8 Jul 2009 Sharon McEvoy, Empire Bay Public School

# Woy Woy Centreula Netball Association

We are currently taking applications for our 2010 Representative Coaches and Managers.
Application forms can be obtained from the Secretary, Ellie Hamilton by phoning 0411 161 547.

Entry forms should be returned to the Secretary, P.O. Box 152, Ettalong NSW 2257

by close of business 8th August 2009.
We are also holding our 2010 Rep selections for players on the following dates:

11yrs - 18th August at 6.30pm 12 & 13 yrs - 19th August at 6.30pm 14 & 15 yrs - 20th August at 6.30pm Seniors - 25th August at 7.00pm Sponsored by Peninsula News

# Students from Brisbane Water Secondary College Umina Campus will help make practical environmental changes within their local communities and do their part in saving the environment by participating in The Green Up Clean Up fundraiser on July 31. The Green Up Clean Up program lets students do their bit for the environment and raises those

lets students do their bit for the environment and raises those extra funds for schools to put back into their surrounding environment or to spend on educational projects such as water tanks, vegetable gardens or native tree planting.

To make a donation to the school's fundraising efforts or to sponsor the school, contact the school on 4341 9066.

Press release, 22 Jul 2009 Sarah Morgan, The Fundraising Group



#### Sport

#### Courtney bows out of pro tours



Umina surfer Drew Courtney (photo by Michael Tyrpenou)

Umina surfer Drew Courtney has finished competing in the Brazil and South African legs of the Association of Surfing Professionals World Surfing Tour recently.

Courtney managed to get through to round two in the pro event in Brazil last month.

In round one of competition in Brazil, Courtney scored 10.64 against fellow Australian Kieren Pellow and Tahitian Michel Bourez which qualified him for the next round against Hawaiian Dustin Barca.

Courtney finished round two with a score of 12.77 against Barca's 13.70.

Unfortunately, this score was not enough to qualify him for the next round.

US surfer Kelly Slater took out the Brazil event against Brazil's Adriano de Souza.

Courtney also bowed out in the first round of the Billabong Pro surfing competition in South Africa at the start of the month.

Courtney was up against US surfer Dane Reynolds in heat 16 of the first round of competition at Jeffrey's Bay from July 9.

However, Courtney only managed to score 5.77 points compared to Reynold's 12 points.

The winner of the competition was Australian and current world number one Joel Parkinson,

who defeated US surfer Damien Hobgood in the finals with 15.97 points.

Parkinson took home a top prize of \$340,000 for his win.

The Jeffrey's Bay Billabong Pro competition is the fifth event in the ASP World Tour.

The next event to take place will be the in California from

Courtney currently stands with a rating of 33 going into the Hurley Pro event for the ASP World Tour in California from September 13.

His total point score is 1685 with this year's prize earnings at \$25,800 for his competition results to date.

Website, 21 Jul 2009 ASP World Tour

#### Rugby union win to Woy Woy

Woy Woy defeated Ourimbah 27-24 in a close rugby union match on July 24.

"Woy Woy was able to kick a penalty goal in the dying stages of the game to win the match against Ourimbah," president Mr Larry Thomson said.

"It was a high see-sawing game from start to finish and it was a marvellous spectacle for the spectators.

"The scores alternated for much of the first half but the teams were locked together at half time 17-all.

"Both backlines showed skill and

speed while both forward packs showed strength and aggression.

"This game could have gone either way but it was Woy Woy who had finally won a close game.

"The scores were locked at 24all with only a few minutes to go but the home side kicked a penalty goal right at the end to claim victory."

Mr Thomson said the win would be a "huge boost" for the Woy Woy club, holding them in good stead for the remainder of the season.

"Best for Woy Woy was centre Joel Fraser, while Luke Sereti, Angus Stewart and Danny May all had good games. Tries went to Woy Woy players Angus Stewart, Luke Sereti, Danny May, Kane Byrnes with two conversions and a penalty goal to Andrew McNamara.

In other grades, Woy Woy were defeated by Ourimbah second grade 63 to 12 while a 27-nil fulltime score for third grade saw Woy Woy defeated by Ourimbah.

Round 13 of competition on July 18, saw Woy Woy out with a bye and sitting at sixth position on the points table.

Press release, 19 Jul 2009 Larry Thomson, Central Coast Rugby Union



Dawn Miell (skip), Val Wynn (second) and Lauren Williams (lead)

## Women battle weather

Ettalong Women's Bowling Club Triples Championships was played out on July 10, despite poor weather.

The final was played out between Kris Osborne's team of Robyn Holden and Julie Thomson, and Dawn Miell's combination of Val Wynn and Lauren Williams.

"Heavy overnight rain softened the greens and play started under threatening skies," club publicity officer Ms Maureen Kerr said.

"Just as the girls took to the greens, the heavens opened and the players retreated to the

clubhouse.

"After about 15 minutes, play restarted on a very heavy green.

"Kris Osbourne's team scored first but Dawn's team answered the challenge straight away and did not look back for the rest of the

"Despite atrocious weather conditions the girls soldiered on with the trio of Dawn Miell (skip), Val Wynn (second) and Lauren Williams (lead) providing too strong on the wet track."

Magazine, 22 Jul 2009 Maureen Kerr, Coast Bowls News

# Pennant finals held at Ettalong

Ettalong Memorial Bowling Club will host the grade five NSW State Pennant Finals from August 1 to 3.

Clubs from across the state will compete for the state pennant flag including The Entrance, Cabramatta, Taren Point, Bathurst, Dubbo, Maitland, Armidale ExServices and Merrylands.

Condong, Redhead, Kensington, Scarborough Wombarra, Gordon, Tomakin, Temora and Westport clubs will also travel to Ettalong to compete early next month.

The round one sectional play commences from 9am on August 1, with round three kicking off from 1pm.

Day two of the finals will feature round three as well as the semi

finals from 1pm.

The final day of contest will see the final commence from 9am.

Spectators will have the opportunity to see the 16 zone winners from across the state battle it out for the state pennant title.

Magazine, 22 Jul 2009 Coast Bowls News, Ettalong Bowling Club





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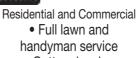
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#### **Public Notices**

Woy Woy Peninsula Lions Club Sunday, August 30 8am to 1pm Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~ Car Boot Sale - \$10 per car Cnr. Ocean Beach Road and Erina St. Woy Woy

Always Last Sunday More Details...

Elmo 4341 4151 - Hope 4369 8707

#### **Public Notices**

#### The **Troubadour** Acoustic **Music Club**

meets at the **CWA Hall Woy Woy** Floor Spots available **Special Guests** 

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Members \$7 Tickets available at the door, see www.troubadour.org.au

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#### Rugby League after the war

After the Second World War, a rugby league competition was commenced.

Woy Woy was being beaten for many years, particularly by the Ourimbah Magpies which were a powerful team known as "the mighty timber cutters".

As time went by, Woy Woy built up a team with such coaches as the late George Bartlett from the North Sydney Bears, Kevin Hastings from the Sydney Roosters, Ray Brown from the Manly Sea Eagles and last but not least a school teacher that was transferred to Woy Woy High School from the South Sydney Bunnies by the name of Bob Wallace.

This was the team that put Woy Woy on the map, winning the premiership at Graham Park.

When the final whistle went in

that game, thousands of supporters invaded the ground.

That was to be the start of many premierships and club championships.

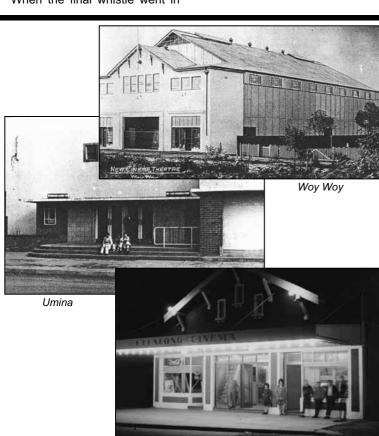
The first jumper worn by Woy Woy had blue and white stripes followed by light blue.

Since then Woy Woy has stuck with the white with red and became the Woy Woy Roosters.

At one point Woy Woy secured the services of one of the greatest players Australia has produced, by the name of John Hawke who captained the Kangaroos to the United Kingdom and won the

Unfortunately, the residential rule was in operation and we were forced to let him go.

Bruce Richards, **Woy Woy** 



#### The Peninsula's three picture shows

The original picture show at worked by a pedal at his feet. Woy Woy was owned by Mrs Beckett.

The front of the building was altered with glass doors across the front and a shop on the side.

Upstairs was very modern considering the times, fully carpeted from the ground floor right to upstairs.

There was a very large lounge upstairs to relax in and have a smoke before the movie.

Upstairs was booked out most of the year.

One particular patron that never missed a show was Dr Martin and his wife who ran the local dentist clinic opposite the picture show and lived on the premises.

I remember having teeth filled in those days and the drill was

The three picture shows were eventually taken over by the Riley family.

Clarrie, the eldest, lived in Avoca and passed away several years ago at well over the age of 100.

The picture show at Ettalong is now used by the senior citizens and the photo shows the then manager at the time Rupert Riley standing out the front.

His daughter Valda and son-inlaw Dennis were kind enough to lend me some photos.

The picture show at Umina was on the corner of Ocean Beach Rd and West St where the service station has recently been demolished.

Bruce Richards, **Woy Woy** 



#### Life saving is the 40s

Arthur Young was a well known photographer on the Peninsula in the 1940s.

Arthur was on hand for all our functions and family sporting needs.

Here he has photographed members of the Ocean Beach Surf Life Saving Club inn 1947.

The original surf club is showing background

weatherboards, fibro and iron roof.

Those pictured include Bill Thompson from St Hubert's Island, Tim Dowling from a large family living in Ettalong; and the five boys - Frank and Dick (twins), Alf, the late Tom and Bruce Richards, who all played active roles in the surf club and Woy Woy League teams.

Others were Cec Paul, a retail shop owner in Woy Woy and

Ettalong, and Don Leggett, ex-Mayor of Gosford and tireless charity worker throughout the Peninsula.

At this time, there was no sewerage or town water.

When the electric pump came in, one was installed so you could shower after swimming.

> Bruce Richards, **Woy Woy**

#### Trains in the days of steam

We hear a lot these days about the difficulties experienced people commuting to Sydney to work, particularly by rail, and I wonder if there is anyone out there who remembers travelling on the early morning trains in the days of steam.

There were only two trains from Woy Woy in the morning.

The first was a Gosford to Hornsby local which departed at 5.09am and this had to be the choice if one started the working day in Sydney before 8am.

The next train departed at 6.45am and went through to

This conveyed the late starters and office workers and arrived at around 8.30am.

I joined the long suffering but philosophical crowd on the 5.09 in February 1957.

A gregarious lot who warmly welcomed me and whose lively and most interesting company made the daily grind more bearable.

Debates about all kinds of topics were the norm.

Delays between Hawkesbury River and Cowan were frequent, mainly in winter or in wet weather when the lines would be slippery. The engine from our train would often be used to assist the earlier North Coast Mail or perhaps a goods train to climb the Hawkesbury bank and then return to re-couple and continue the journey.

There were some examples of fortitude, such as the man who rowed across from Woy Woy Bay every day in all kinds of weather, another who did likewise from Davistown.

I recall also a man who lived on the shore of Mullet Creek diagonally opposite Wondabyne station and he initially came across in a small boat with outboard motor and often with a car battery for recharging.

When his children were old enough they brought him across and later came across again to pick up the train to Woy Woy and

The return trip at the end of the day was achieved either by way of the 4pm train from Central or the 5.50pm Hornsby to Gosford.

There were doubtless many warmed-up dinners and disgruntled spouses if these connections were

Electrification of the inter-urban lines eventually led to the breaking up of the 5.09 gang as more trains were introduced.

However, delays were still frequent due to the difficulty of integrating the extra trains into the already saturated Sydney system.

From what I hear this is still the situation today, in spite of all the extra trains in service, due to great extent to the very large increase in the population of this part of the

There is no doubt that the trains are vastly more comfortable these days and the hold ups therefore easier to endure.

The ghosts of the 5.09ers would be smiling.

> Bill Flynn. Blackwall

For the latest news on what's happening on the Peninsula see....

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Peninsula Diary
 Web directory

The Peninsula newspaper's website, a comprehensive collection of editions published to date



**Ettalong Memorial Bowling** Club took out grade three and seven of the Central Coast **Pennant Finals at Bateau Bay** recently.

The club also finished runnerup in the grade five final against

Association president Mr Kevin Dring said Ettalong put on a great effort across all three grades in the

"The grade seven final series was a knockout competition and it was a do or die affair between Ettalong Memorial and Gwandalan," Mr Dring said.

"Ettalong proved far too strong,

winning all three rinks with an

"In grade three, Ettalong Memorial had a convincing 68 to 42 victory over Gwandalan.

"The Entrance stood firm in grade five to run out victors 63 to

#### Nathan wins singles contest

Ettalong junior bowler Nathan Malloy has won the Central Coast President's Singles contest at The Entrance **Bowling Club.** 

Nathan produced a series of top shots to beat Wyong's Pat Boreham 31-14.

Nathan, 17, is coached by John Roberts at Ettalong Bowling Club where he is an apprentice greenkeeper.

He played as a lead for skip

Steve Balsdon in the recent Grade Five Zone Pennant competition.

Nathan has been chosen to represent Zone 15 in the NSW Inter Zone Junior Championships in August.

Zone 15 secretary Ed Radford who marked the final said it was rewarding to see young players emerging as strong senior competitors.

Magazine, 22 Jul 2009 Paul Callaghan, Coast Bowls News

#### Ettalong takes pennants

The Entrance.

Central Coast District Bowls

overall score of 79 to 49.

Magazine, 21 Jul 2009 **Kevin Dring, Coast Bowls News** 

#### League wins for local sides

Umina Bunnies saw victory in all grades against Toukley at Umina Oval while Woy Woy celebrated three wins out four at Woy Woy Oval in Rugby League competition on July 19.

Both scores in the first grade competition for the Peninsula clubs saw a difference of more than 30 points.

Kincumber defeated Woy Woy 45 to 12 in first grade competition while Umina defeated Toukley 42 to 10 at Umina Oval.

Reserve grade for both Umina and Woy Woy saw victory with Umina defeating Toukley 52 to 16 and Woy Woy winning a close match against Kincumber 22 to

Woy Woy Under-20s won over Kincumber 32 to 20 and Umina defeated Toukley 38 to nil at full

Woy Woy saw victory against Kincumber in the Under-18s' competition with a final score of 26 to 18 while Umina defeated Toukley 48 to 18.

At the end of round 14, Umina first grade finished equal fifth on the ladder with Kincumber while Woy Woy remains at eighth position.

Website, 21 Jul 2009 **Central Coast Sports** 

#### **Invited to Darwin championships**

Ocean Beach Surf Life Saving Club's top lifesaving teams has received invitational to compete positions in the Surf Life Saving Northern Territory's Annual Championships to be held in Darwin next month.

Club publicity officer Mr Aaron Camp said the top lifesaving team's achievement follows on from an Team will compete in the champion

outstanding performance at recent competitions.

"The invitation comes on the back of dominant performances by Ocean Beach competitors at the NSW Surf Life Saving titles held at Swansea, and at the Australian Surf Life Saving Championships held at Scarborough Beach in Western Australia," Mr Camp said.

"The Ocean Beach Invitational

patrol, champion lifesaver, and first aid events, as well as participate in workshops to develop lifesaving, first aid and rescue techniques."

Patrol captain Mr Richard Grimmond said the team was looking forward to competing in the Northern Territory championships coming up on August 1.

"This opportunity will develop new lifesaving relationships and adhere to the strategic intent of Surf Life Saving Australia, that is, to provide safe beach and aquatic environments around Australia," Mr Grimmond said.

The team is currently looking for sponsors to help send them on their way to the Northern Territory and would appreciate any support.

For more information, contact Aaron Camp on 0431 714 204.

Press release, 7 Jul 2009 Aaron Camp, Ocean Beach **Surf Life Saving Club** 

#### Bunnies in finals contention

Beach Rugby League Football Club has 11 teams represented in the top five of their respective competitions.

Club secretary Mr Kevin Hulls said the club was proud to see more than 10 teams in contention for the semi-finals next month.

Uminas Under-10s and under-14s teams were coming first on the ladder after round 13 while its under-16s side in equal second position and under-20s in outright

Umina Bunnies under-12s, under-13s and reserve grade were coming fourth in their respective competitions at the end of round 13, with first grade, under-18s, under-15s and under-11s in fifth

"With five rounds to play before the final series, all our number one teams in all age/grades are represented in the top five of their respective competitions and are possibly semi-final bound.

"That is 11 sides from under-10s through to first grade."

Newsletter, 18 Jul 2009 Kevin Hulls, Umina Beach Rugby League Football Club



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#### Moor

#### Malibu results

Ocean Beach Malibu Club took to the water for its monthly contest on July 12.

Club publicity officer Mr Craig Coulton said surfers were not discouraged on the day by predictions of large waves for the afternoon.

"The predicted four-foot easterly swell was nowhere to be seen at 6.30am, but with both major surfing internet sites expecting seven-foot waves on the open beaches by the afternoon, and with an incoming tide, the decision was made to carry on with the contest," Mr Coulton said.

"By the time the first heat hit the water, we had consistent twofoot waves, increasing in size and quality as the day progressed.

"There were some wonderful displays of nose riding, with Calyn Wilkinson taking the honours for the day, further extending his lead in the club championship.

"With Kai Ellice-Flint, Garry Halliday, Mark Williams, Hayden Emery and Calyn first round winners, the battle for supremacy in the firsts was always going to be tough and some high scoring waves kept everyone entertained."

Mr Coulton said club competitor

Garry Halliday surfed "extremely well" to take second place ahead of Hayden Emery.

"In the seconds, Mitch Bolton outpointed Chris Irwin and Craig Coulton, while Ron Stockings was successful in the thirds from Barrie Salmon and Mark Johnstone," Mr Coulton said.

"Mick Magurren had his first heat win since joining the club this year, taking out the fourths from another newcomer, Bert Norman, with Madison Cook beating the remaining men for third position.

"Tony Irwin just keeps getting better, winning the fifths from guest surfer Terry Makepeace and Glen Bible, while Dave Moulton scored his second heat win for the year, taking out the sixth's from Mick Day, with yet another one of our female surfers beating the men, Simone Hallaran in third place."

The club's next contest is scheduled for August 9.

"The Ocean Beach Malibu Club will also have quite a few members representing at this year's annual Mal de Mer Muster at Bonny Hills over the weekend of August 14 to 16," Mr Coulton said.

Press release, 16 Jul 2009 Craig Coulton, Ocean Beach Malibu Club



### Association celebrates netball anniversary

The Woy Woy Peninsula Netball Association has held a special gathering to mark 80 years of netball in NSW on July 4.

Junior members took part from across the five clubs under the association - Umina Beach, Empire Bay, Ettalong, TKT Netball Club and Brisbane Water.

Publicity officer Ms Joe-Ann Green said association president Ms Sharon Bailey made mention to the growing numbers in netball over the past 10 years.

"Netball NSW has increased significantly in the past 10 years, making netball the number one sport of increased members, h Ms Green said.

"Peninsula netball also continues to grow each year which can be seen in the inclusion of Umina Beach Netball Club last year.

"The Woy Woy Peninsula Netball Association was first established in 1980.

"We look forward to celebrating our 30 year anniversary next year."

Ms Green said the association also looked forward to the continuing growth of local netball.

"Peninsula Netball only continues to grow," Ms Green said.

"We are trying to establish ongoing connections to ensure the

necessary publicity local sports deserve.

"Our representative teams are among some of the best in the state.

"Recent State Age Championships saw our 12s, 14s and 15s all placed within the top five of the state in their group division."

New members can join Woy Woy Peninsula Netball Association by contacting the secretary Ms Ellie Hamilton at wwpna@bigpond.com.

Press release, 21 Jul 2009 Joe-Ann Green, Woy Woy Peninsula Netball Association



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# SCRIPTIONS\*

prescription	price	prescription	price
ACTONEL COMBI PACK TAB 28*1	\$47.95	DIPROSONE OV CREAM 30G	\$24.15
ACTONEL COMBI-D COMBIN PK 1	\$47.95	DIPROSONE OV OINT 30G	\$24.15
ACTONEL ONCE-A-WEEK TAB 35MG 4	\$47.95	<b>DUAC ONCE DAILY GEL 25GM</b>	\$33.30
ACULAR EYE DROPS 5ML	\$12.45	<b>DUROMINE CAP 15MG 30</b>	\$88.30
ALDARA CRM SACH 250MG X12	\$149.95	<b>EBIXA TABLETS 10MG X56</b>	\$149.85
ANGELIQ 1/2 TAB	\$36.55	ELIDEL CREAM 30G	\$54.70
ATIVAN TAB 1MG 50	\$22.90	ELOCON CREAM 45GM	\$23.95
ATIVAN TAB 2.5MG 50	\$37.00	ELOCON OINTMENT 45GM	\$23.95
BACTROBAN CREAM 15G	\$13.35	<b>ENGERIX-B 20MCG 1MLP/FREE</b>	\$22.80
BACTROBAN OINT 15G	\$13.35	ENGERIX-B PAED.5ML P/FREE	\$15.50
BETNOVATE CRM 30G	\$18.30	<b>ERYACNE 2% GEL 30GM</b>	\$21.70
BRENDA-35 ED 3 X 28	\$25.95	ESTELLE-35 ED 3X28TAB	\$25.95
BETNOVATE OINT 30G	\$18.30	FLOMAXTRA 30 TABS	\$48.50
CAPADEX CAP 20	\$9.25	FOSAMAX 70MG ONCE WEEKLY	\$47.00
CIALIS TABS 10MG X 4	\$69.50	<b>FOSAMAX PLUS 70MG ONCE WEEK</b>	\$46.30
CIALIS TABS 20MG X 4	\$70.00	FOSAMAX TABLETS 5MG 30	\$57.50
<b>CLINDATECH SOLN 100ML 1</b>	\$28.75	FUCIDIN OINTMENT 15G	\$13.90
CLINDATECH SOLN 50ML 1	\$19.45	HAVRIX*HEPATIT A JUNIOR	\$39.95
COLOFAC TAB 135MG 30	\$13.80	HAVRIX*HEPATIT A1440 SYR	\$62.35
COLOFAC TAB 135MG 90	\$25.40	HYDROZOLE CRM 50GM	\$15.80
DAIVONEX SCALP SOL 30ML	\$23.30	IMIGRAN TABS 50MG X4	\$23.95
DALACIN C 150MG X24	\$18.65	IMOVANE TABS 7.5MG 30	\$18.95
DALACIN V CREAM 2% 40GM	\$21.85	IPOL POLIO VACCINE CSL	\$40.50
DIFLUCAN CAPS 50MG 28	\$151.75	KENACOMB OINT 15GM	\$14.55

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LIVIAL 2.5MG 28 TABLET	\$38.99	ROTATEQ VAC 2ML SINGLE	\$72.20
	\$23.50	ROZEX GEL 0.75% 30GM	\$17.95
LYRICA CAP 150MG 56	\$106.70	SCHERIPROCT OINT 10G	\$22.20
LYRICA CAP 300MG 56	\$153.25	SCHERIPROCT SUPP 12	\$31.25
LYRICA CAP 75MG 56	\$72.95	SERC TABLETS 16MG 25	\$20.55
MALARONE 250MG/100MG 12	\$62.45	SINGULAIR TAB 10MG 28	\$69.60
	\$24.50	SINGULAIR TAB 5MG 28	\$42.55
MARVELON 1X28	\$12.95	STIEVA A CRM 0.025 25GM	\$19.85
MENCEVAX 0.5ML ACWY	\$36.10	STIEVA A CRM 0.05% 25GM	\$21.05
	\$61.10	STIEVA A CRM 0.1% FTE 25G	\$25.25
MICROGYNON 20 ED TAB 3X28	\$31.90	TAMIFLU CAP 75MG 10	\$41.15
MICROLEVLEN 3X28	\$28.80	TAMIFLU SUSP 12MG/ML 75ML	\$43.25
MOTILIUM TAB 10MG 100	\$15.45	TYPHERIX PFS X 1 DOSE	\$39.40
NASONEX AQ NASAL SPRAY 140	\$37.95	VALETTE TABS 3X28	\$59.95
NEIS VAC-C*MENINGOCOCCAL	\$64.35	VARILRIX CHICKEN POX 1	\$57.95
NUVARING 1 RING	\$27.95	VIAGRA TABLETS 50MG 4	\$61.95
PRODEINE FORTE TAB 20	\$7.45	VIAGRA TABLETS 100MG 4	\$63.95
PROPECIA TABLETS 1MG 28	\$67.95	VIVAXIM 1ML SYRINGE	\$104.35
PROSCAR TABLETS 5MG 30	\$92.95	VIVOTIF ORAL TYPHOID CAPS 3	\$38.85
REDUCTIL 10MG 30	\$78.50	VOLTAREN RAPID 50MG 20	\$12.85
REDUCTIL 15MG 30	\$78.50	XENICAL CAPS 120mg 84	\$114.95
REPREVE 0.5mg TABS 28	\$35.40	XYVION TAB 2.5MG 28	\$32.45
REPREVE 2.0MG TAB X 28	\$105.20	YASMIN 3X28	\$59.95
RETIN A GEL 0.01 30G	\$28.45	YAZ 3*28	\$74.95
RHINOCORT AQ 64MCG 240	\$48.45	ZINDACLIN 1% GEL 30GM	\$27.80
		ZITHROMAX TABS 500MG 3	\$28.30

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