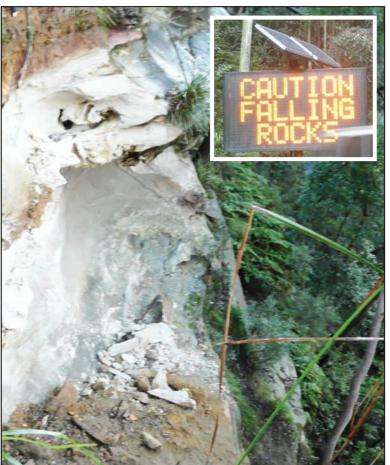
Peninsula News

Edition 219

Rockface collapses onto roadway



The site of the rockfall (photo courtesy of Umina resident Mr Edward James)

A section of rockface above Phegan's Bay Rd has collapsed onto the roadway. The collapse occurred at around

10pm on July 8.

According to a statement from Gosford Council, work started immediately to ensure the safety of the site and to assess the need for stabilisation works in the area between Phegan's Bay and Woy Woy Bay Rds.

"The collapse was a result of natural erosion, and does not appear to have damaged the formation of adjacent Phegan's Bay Rd or Woy Woy Bay Rd," council stated.

"Work commenced immediately to protect both pedestrians and motorists in Phegan's Bay Rd from any further rocks or debris fall, with the placement of temporary concrete barrier kerbs.

"A temporary asphaltic kerb has also been formed on Woy Woy Bay Rd above the rock fall site to prevent road water draining onto the rock face.

"These works were completed on July 9."

A temporary traffic light control has been installed along Phegan's Bay Rd to allow one-lane traffic flow past the rock fall site until the temporary concrete barriers can be removed.

Council stated that a relatively small quantity of unstable earth and several trees will be removed from near the top of the rock fall site, adjacent to Woy Woy Bay Rd.

"Once these unstable items are removed, the geotechnical consultant will undertake a full assessment of the rock fall site and adjacent escarpment to ascertain what, if any, remediation work should be undertaken from this point," council stated.

"Local emergency services have been informed and a council officer will be present at the site at all times until the hazard is eliminated should a further rock fall occur."

The Bays Community Group vice-president Mr Greg McMullen said it was reassuring to see council take the incident seriously.

"I gather from the comments received thus far from locals that council are going above and beyond the call to make sure that there is not a repeat of the Bulls Hill or Somersby scenarios," Mr McMullen said.

Peninsula activist Mr Edward James visited the rock fall site the day after the collapse and said it was lucky no one was injured.

"Residents below the rock fall site in Raymond Rd should be thankful the potential for injury and death, generated by the resulting land slip, was arrested by Phegan's Bay Rd and the concrete barrier," Mr James said.

"It must be said that Phegan's Bay Rd appears to be in worse condition than Pearl Beach Dr, another single access community, currently benefiting from the long overdue stabilisation work.

"Gosford council road crew has put in a big effort and believed to have been working around the clock to make the roads safe for general use again."

Press release, 10 Jul 2009 Stephen Glen, Gosford Council Clare Graham, 10 Jul 2009 Interviewee: Greg McMullen, the Bays Community Group Edward James, Umina

Man held on heroin charges

Gosford Police have charged a 60-year-old Umina man with the ongoing supply of heroin and dealing with the proceeds of crime.

According to a police statement, the man was arrested on July 9, after police from the Brisbane Water Local Area Command drug unit targeted Umina as part of its Operation Seafront to combat the supply of heroin in the area.

The offender's vehicle was seized and a sum of cash recovered from the car.

It is also alleged during a search of a residence at Ettalong Beach police located numerous mobile phones and car satellite navigation devices believed to be used in the delivery of drugs.

The man was taken to Gosford Police Station and charged with three counts of supply prohibited drug, one count of supply prohibited drug on an ongoing basis and goods in custody suspected of being stolen.

He was refused bail and appeared at Gosford Local Court on July 9, where he was remanded in custody to appear in court at a later date.

> Press release, 10 Jul 2009 **NSW Police Media**

Marie Andrews 'won't retire'

Member for Gosford Ms Marie Andrews has denied reports of early retirement from her position as MP in order to make way for a leadership push from Health Minister Mr

John Della Bosca.

"That's something that someone's dreamt up." Ms Andrews told ABC News Online.

"My future is that I plan to stay in the electorate of Gosford, representing the people right up until the end of this term in 2011 and of course beyond that.

"That will be up to the decision made by the ALP members."

ABC News Online has reported Ms Andrews to been dogged by claims she was keeping her Lower House seat "warm" for Mr Della Bosca since entering parliament in 1995

"And since he was named premier, barely has a week gone by without Nathan Rees having to respond to rumours of a leadership challenge," ABC News stated.

"Web-based news organisation Crikey brought the two strands together yesterday, claiming Ms Andrews was about to embark upon a farewell overseas trip before resigning to give Mr Della Bosca a chance to move to the Lower House and challenge Mr Rees

"Mr Della Bosca says the premier has his support and deserves a fair qo.

"He says he is focused on his job as Health Minister."

News item, 7 Jul 2009 **ABC News Online**

THIS ISSUE contains 59 articles

Read more at www.peninsulanews.info



NQWS

Local starts green bloa

Environment Peninsula Group president and newspaper journalist Mr Mark Mann has begun a "green blog" encouraging discussion and information on environmental issues.

The Ecoisms blog can be found at The Daily Telegraph website and includes more than 15 articles from Mr Mann to promote environmental debate

Issues such as the use of electric cars, the Federal Government's Green Loans Program and solar panels have already been discussed and commented on.

The Ecoisms blog can be found at http://blogs.news.com.au/ dailytelegraph/markmann/

Meanwhile, the Peninsula Environment Group will hold its monthly Picnic in the Park event on Sunday, July 19.

The social event will be held in Lions Park, Woy Woy, from 11am to 2.30pm.

For more information, visit www. peg.org.au

Clare Graham, 8 Jul 2009



Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Journalist: Clare Graham

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Honorary editor: Mark Snell

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Journalist: Clare Graham Public relations assistant, Brisbane Waters Private Hospital

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:

Double pass

News Peninsula in conjunction with Woy Woy Little Theatre is giving away a double pass to the upcoming performance of Stella By Starlight.

The play will be performed at the Peninsula Theatre from July 31 to August 16.

To enter, write your name, address and phone number on the back of an envelope and send to: Peninsula News, Stella By Starlight Competition, PO Box 532, Woy Woy, 2256.

Entries close Friday, July 24. Clare Graham, 9 Jul 2009 The National Parks and Wildlife Service has five local walks planned for July and August as part of its National Parks Discovery Walks, Talks and Tours programs.

The walks are in the Bouddi National Park and Brisbane Water National Park.

A night walk covering nocturnal animals in the Bouddi National Park will take place on Saturday, July 18.

The Putty Beach Coastal Walk will take place on Sunday, July 19, and will feature morning tea at Bullimah Spur.

wildflower walks on August 2, 27 and 30

The walks will cover the road to Warrah Trig in the Brisbane Water National Park, Mourawaring Moor and Bombi Moor in the Bouddi National Park.

Costs for the walks range from \$5 to \$7 and it is recommended that participants bring comfortable footwear, sunscreen, water, hat and snacks.

Bookings are essential and can be made by phoning 4320 4205 by 12noon the Friday before the walk takes place.

Pamphlet, 10 Jul 2009 **National Parks and Wildlife Service**

The program also features three

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Parks walks are planned



Council works

Gosford Council is currently undertaking works in a number of streets on the Peninsula to aid its Water Quality 2010 Program.

Council workers are in the process of replacing unlined pipe fittings in Carrington Ave, Wentworth Ave and Commonwealth Ave in Woy Woy.

Similar work is also taking place in Balaclava Ave, Blackwall. According to council, work will

continue from July 13 to 19. Press release, 9 Jul 2009

Lisa Beeke, Gosford Council

Address

The web address for the Wild Walks website that appeared in last edition of Peninsula News was incorrect.

The correct address is www.

wildwalks.com. Clare Graham, 10 Jul 2009

Office: Shop 5, 115 Blackwall Road Woy Woy Phone: 4344 1844 Fax: 4344 1944 Mail: PO Box 532, Woy Woy 2256 E-mail: mail@peninsulanews.asn.au Website: www.duckscrossing.org Website: www.peninsulanews.info

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NOVAS

Council gives in over dredging

Gosford Council has given in to the State Government and agreed to match State funding of \$250,000 to dredge the Ettalong channel.

Greens councillor Cr Peter Freewater moved a motion at council's meeting on July 7 to take shared responsibility with the State Government.

The decision to commit funds and expedite the dredging was supported by councillors Terri Latella, Jim McFadgen, Vicki Scott and Laurie Maher.

Cr Freewater said the decision was "a genuine victory" for the local community.

"This has been a long fight and I've put a couple of noses out of joint along the way but I'd do it all again if I had too," Cr Freewater said.

"The lives and livelihood of the community should never be put at risk for political point scoring.

"This is a significant victory for the community."

According to Cr Freewater, the dredging will address the "dog-leg" that has developed adjacent to the rocks at the eastern end of Lobster Beach in the channel

"This dog-leg was pushing vessels closer to the rocks and making it almost impossible for the Royal Volunteer Coastal Patrol to tow boats back into Brisbane Water," Cr Freewater said.

"The removal of this sand will straighten the channel and increase the speed of tidal flows past this point.

"This should scour and deepen the channel on either side where the restricted channel has resulted in shallowing.'

Cr Freewater said Gosford Mayor Cr Chris Holstein had given him his word that a rescission motion would not be lodged to reverse the decision.



Cr Holstein, who voted against the motion, said the council would be "flying blind" in agreeing to contribute funding since there were a number of other locations within Brisbane Water that needed dredging.

"Other areas of concern have been identified in the report," Cr Holstein said.

"However, we do not yet have costing and priority which still needs to be determined.

"If we go ahead with this we will be flying blind in what might be additional costs."

According to a report prepared by council staff, NSW Maritime identified navigational issues in a number of locations in the Brisbane Water Estuary.

report The stated that "management of sedimentation is an issue beyond the entrance channel".

"In addition to the development of the Brisbane Water Management Study and draft Management Plan, Cardno Lawson and Treloar have been engaged to expand the Brisbane Water dredging Coastal Lake Assessment and

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Management study completed in February last year to investigate additional dredging options and study areas," the report stated.

"The development of sub Coastal Lake Assessment and Management study for the various sites where navigational and sedimentation issues occur will allow for an assessment of the benefits, potential environmental impacts, and feasibility of managing sedimentation at each site by methods including dredging."

The council's director of city services Mr Stephen Glen recommended continued

monitoring of the channel.

However, the Central Coast **Division of Royal Volunteer Coastal** Patrol has welcomed the decision to dredae.

"The problems faced by the council in finding the financial resources necessary for all the public works needed on the Coast are appreciated," Coastal Patrol public relations officer Mr Richard Manning said.

"As a result, this allocation is doubly welcome.

"We are sure that all members of the local boating community using the entrance will be supportive of the decision.

"It will ensure continued safety of access for all users.

"We look forward to early action now that the matching funds are available.'

Cr Freewater said it was pleasing to see the support of the local community throughout the past year.

"The maintenance dredging will not only make the channel safe again but will prove a boon for local businesses with a return of charter vessels and recreational boaters to Brisbane Water," Cr Freewater said.

"We will see a return of chartered tourist vessels and recreational boaters from Sydney and beyond and other flow on benefits to the local economy.

"Anavigable channel will provide added job security for thousands of people on the Central Coast.

"Brisbane Water is the jewel of Gosford.

"We need to keep it healthy but we also need to make it accessible so we can all enjoy it and profit from it.

Council agenda CIT.34, 7 Jul 2009 Clare Graham, 8 Jul 2009 Interviewee: Peter Freewater, **Gosford Council** Press release, 8 Jul 2009 Peter Freewater, Gosford Council **Richard Manning, Royal Volunteer Coastal Patrol**

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Forum

Begin debate on governance change

None of our political parties are serious about governance change.

Even the republic has been placed on the backburner in spite of obvious support for a republic with a popularly elected president, as high as 81 per cent, demonstrated in three different opinion polls.

The need for a governance reform party is very obvious.

Australia's federal system is dysfunctional.

The state governments are superfluous.

The fiscal imbalance between federal and state governments is staggering already and growing.

Local government everywhere is suffering as the most grossly underfunded level.

Thearchaicinflexibleconstitution needs to be entirely rewritten. This is not something that can be done overnight of course.

A strategic plan is required that should be introduced with extensive involvement by the public so that, at the end of the process, the Australian public owns the new republican constitution and knows it as well.

Can such a major change be expected from either of the major parties?

There is no sign of that whatever.

Some may point to the current preoccupation with the global financial crisis as a reason for that but this is not credible.

The political will is absent.

A new political party needs to be formed which exclusively tackles governance reform in a very defined way, with specific proposals for change.

The successful candidates for such a party would be bound by that limited platform. However, on other public policy matters, they

Forum

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should be entirely free to vote in the parliament as they wished.

In election campaigns, they could therefore develop their own platform in that respect but would operate under the banner of the governance reform party.

Australia should move forward now to a republic.

the sovereign Australian people should wait for the abdication or death of the Queen.

The road towards a republic, which can be straightforward and fast, should start with a threequestion plebiscite (non-binding) at the time of the next election.

That should be followed by a referendum three months later based on the outcome of the plebiscite.

The importance of and need for governance reform is already obvious to many Australians but to get this going is quite a different matter.

In terms of governance the major parties are solidly stuck to the status quo.

Neither of them are reformist in nature

Not only do they cling to the federal system, they also are opposed to an electoral system that would provide diversity in parliament.

We have several Ministers, federal and state, who are functional amateurs in their portfolio. The career politicians of the current system often have little other prior experience than being staffers to these amateurs.

Overall, we have far too many politicians for such a small population.

The Central Coast would be an ideal region to start a movement for governance change, as it is a region that is increasingly a victim of a dysfunctional federal system.

It has become a kind of spillway for excess population in Sydney.

Effective decentralisation policies have been non-existent for a very long time in NSW and in Australia generally.

Governance change should aim at decentralising Australia.

The debates in the NSW Parliament concentrate continually on how more people can be squeezed in the metropolitan area and its spillway regions.

The question: What kind of Republic? has been steadfastly ignored.

But that is the very issue, which is ignored by the major parties and the media.

That's why they are now referred to as "the old parties".

But, apart from the Greens, where are the new parties?

The system has squeezed those out that got up, the one after the other.

This has nothing to do with democracy.

That is why we need the change the system of governance.

Let the debate begin.

Klaas Woldring, Pearl Beach

Foreshore properties not worth a postage stamp

I am so grateful for the publication of the letter "Live with nature, don't fight it" from Margaret Lund.

So true, so true!

This intelligent and informed lady has expressed clearly and succinctly the truth of just how it really is in the natural environment, past, present, and future.

In the past, though, this Gondwanaland was cared for by our special traditional custodians. who respected the land, and lived and traveled in harmony with that which supported them.

The land was not for taking or dominating.

No doubt Margaret Lund's letter has gone completely over the heads of those who are responsible for "planning" in council and those who think that the rising seas will not happen to them.

But yes, those "glorious homes" along the Esplanade certainly do not have 19 metres to lose, before they can delight in the joy of dolphins frolicking in their drawing room!

As real estate, these properties are already not worth a postage stamp.

How very ignorant, and greedy, of council to approve buildings on prime dunes in the first place.

Hard engineering and more "viewing platforms" are not the answer.

As the houses go under, there will be little sympathy.

They have had their time, and their view.

Now it's time to pay the piper for the environmental damage.

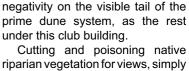
Viewing platforms occupy space which is better for riparian vegetation desperately needed to stabilise the very little of the prime dune that is left, with that large

Shooting in national parks The sweetheart deal between Forum

the Shooters Party and the ALP, allowing shooting in to nature. the National Parks, will have

wonder, instead of killing defenseless animals, the shooters might have it out with the armed thugs that control some of the suburbs of Sydney? Keith Whitfield.

Woy Woy



Forum

construction lump, also interfering

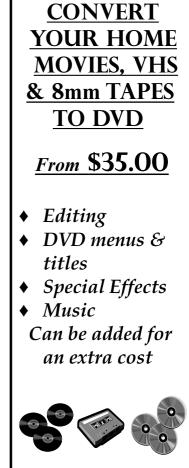
with wind and airflows, to impact

hasten the predicted inundations. Poisoned trees are dead obvious.

Standing in front of damaged/ poisoned riparian vegetation and looking back at the built environment it is easy to pick the residence of the miscreant.

The wheel is just starting to turn full circle!

> Zoe Russell, Umina



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many consequences for the Central Coast.

Many residences border on the National Parks and there could be unpleasant accidents.

It appears nothing is sacred these days, even parks dedicated

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Council CDOs lose rating

Gosford Council is still denying it has lost money in its Lehman Brothers investments, despite news that Standard and Poor's has withdrawn its rating on CDOs held by the council.

"Some of our CDOs are affected, but at this point we have not lost any principal," council's director for corporate services Mr Nic Pasternatsky told last week's council meeting.

"At the moment, our CDOs are providing a return.'

It was also claimed last week that councillors had not been told of the risk involved at the time they decided to make the investment

Former deputy mayor Mr Trevor Drake told the ABC's 7.30 Report: "At no stage were we told that there was any risk as such.

"It was a financial management portfolio. There was no discussion of risk.

"First thing I read about CDOs was when we struck the problems.

"I remember receiving a circular or someone sent me an email about CDOs, and that's when I sat down and read through them and realised how risky they were.

"My understanding was that the money was handed over to Grange [Securities] to invest on behalf of council, and they'd report back to council, and we got a monthly report as to where the Grange investments were up to and how they were doing and how many per cent they'd made," Mr Drake told the 7.30 Report.

At last week's council meeting, Cr Peter Freewater asked whether any of its investments were affected by the Standard and Poor's decision.

According to the report, the agency has withdrawn its ratings on 104 "global synthetic CDO tranches".

'One hundred and four global synthetic CDO tranches rated by Standard and Poor's have counterparty exposures to Lehman

Brothers Holdings Inc," the report stated.

"Following Lehman's bankruptcy, we have monitored these CDOs and actively sought updated information on the status of these CDOs, but to date, have received limited or no information that we consider meaningful.

"Consequently, we are withdrawing the ratings on all 104 synthetic CDO tranches, as we believe there is no longer sufficient information to maintain ongoing surveillance on the affected CDOs."

Mr Pasternatsky said "some of" council's CDOs were affected by the loss of ratings support for 104 listed CDO tranches that had counterparty exposure to Lehman Brothers.

"What this announcement illustrates is that the rating agencies have dramatically reviewed their assessment of CDOs."

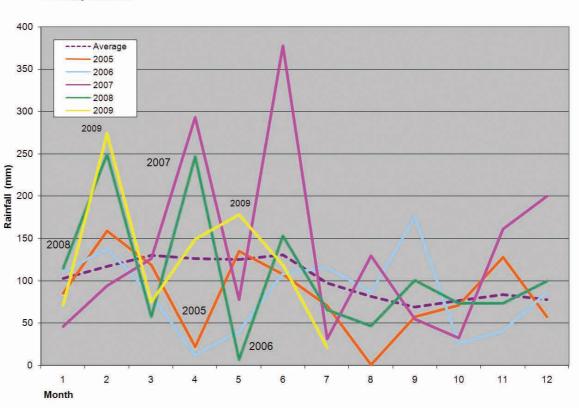
Mr Pasternatsky said council bought the CDO investments based on their AAA rating at the time

"The current Minister's Order precludes us from investing in CDOs and thus relying on rating agencies."

Mr Pasternatsky was not conceding a loss because "I cannot predict the future; it depends on credit events occurring with respect to companies included as part of a CDO tranche".

Last week Peninsula Chamber of Commerce president Mr Matthew Wales repeated his claim that, despite Gosford Mayor Cr Chris Holstein's assurance "our money is safe", council stands to lose almost \$50 million of ratepayers' and developers' funds.

Nic Pasternatsky, Gosford Council



Low June rainfall

Rainfall for June was below average, with 118.3mm falling for the month compared to the average of 130.6mm.

In the first 10 days of July, only 21.2mm has fallen, compared to an average of 97.5mm for the rainfall for the year of 887.4mm is whole month, according to figures supplied by Mr Jim Morrison of Woy Woy.

However, even if no further rain falls this month, the cumulative already above the average total at the end of July of 825.4mm. Spreadsheet, 10 Jul 2009 Jim Morrison, Woy Woy

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Monthly Rainfall

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News



Delays for drains

Motorists using Woy Woy Rd at Bulls Hill should expect minor traffic delays, according to Gosford Council, while it works on stormwater drains over the next two months.

The work will occur between the hours of 8.30am and 3.30pm on weekdays and some weekends, according to council's director of city services Mr Stephen Glen.

Mr Glen said that, once completed, the drains would improve driving conditions during periods of heavy rainfall.

"Whilst traffic controllers will regulate two-way traffic past the work site, motorists may elect to detour via Brisbane Water Dr during the construction period to avoid delays," Mr Glen said.

He said council apologised for any inconvenience the works may cause.

Synergy Resource Management has been contracted by council to carry out the work.

It is expected to be completed by mid-September.

Press release, 7 Jul 2009 Alexandra Hornby, Gosford Council

Members of the Royal Volunteer Coastal Patrol attend to the motor cruiser that caught fire in Woy Woy channel

Cruiser found alight

An eight-metre motor cruiser moored in Woy Woy channel was discovered on fire by members of the Royal Volunteer Coastal Patrol on June 28.

According to public relations officer Mr Ron Cole "an expensive disaster" was averted after the coastal patrol was undertaking a training exercise nearby and managed to contain the fire.

"Central Coast Coastal Patrol skipper Cameron Veacock and his crew onboard Coast Lifeboat were combining a training exercise in the Woy Woy channel and a trip to Booker Bay to refuel thelifeboat when they noticed smoke coming from therear of a moored eight metre fly-bridge motor cruiser," Mr Cole said.

"The vessel was just west of Lions Park in Woy Woychannel.

"The crew immediately began to check the vessel for persons onboard and also advised the Patrol Base at Point Clare by radio.

"The duty radio operator Pat Fayers notified the Water Police and a Police vessel from Broken Bay attended.

"Brisbane Water Lifeboat under

command of Terry Reynolds was also directed to the area to be ready to assist in case it was necessary to move other vessels moored nearby.

"Central Coast Lifeboat's crew determined that there was no one aboard the cruiser.

"They found that the fire appeared to be in a bilge blower below decks at the rear of the vessel.

"Fortunately, the owner then arrived by dinghy and he was able to open a hatch enabling access so that the lifeboat's fire extinguisher was then able to control the fire.

"An expensive disaster was averted by the lucky co-incidence of a sharp eyed Coastal Patrol crew being at Woy Woy at just the right time."

Press release, 28 Jun 2009 Ron Cole, Royal Volunteer Coastal Patrol

Ocean Beach could host life saving titles

Umina and Ocean Beach could host the State Surf Life Saving Championships again following a decision by Gosford Council to liaise with the relevant government and community bodies for a Central Coast location.

Council will liaise with Wyong Shire Council, Surf Life Saving Central Coast and Surf Life Saving NSW to find ways to host the event locally.

Council officers will report to council next month following the discussions.

Cr Peter Freewater said Umina and Ocean Beach would be a "perfect place" to hold the titles.

"Not only is the swell perfect for these types of competitions but the titles would bring huge economic benefits to the local community," Cr Freewater said.

"The Peninsula is definitely the place to hold it."

Cr Jim Macfadyen said the titles were held on the Peninsula five years ago which saw "one of the best" events to date for the championships.

"Our planning of the surf life saving titles, particularly our environmental management created a precedent for subsequent events," Cr Macfadyen said.

"This has the potential to attract thousands of people to the area."

Council also resolved to consult the Reduce Reuse and Recycle Taskgroup to ensure the event minimises the creation and disposal of waste products.

Council agenda CIT.35, 7 Jul 2009

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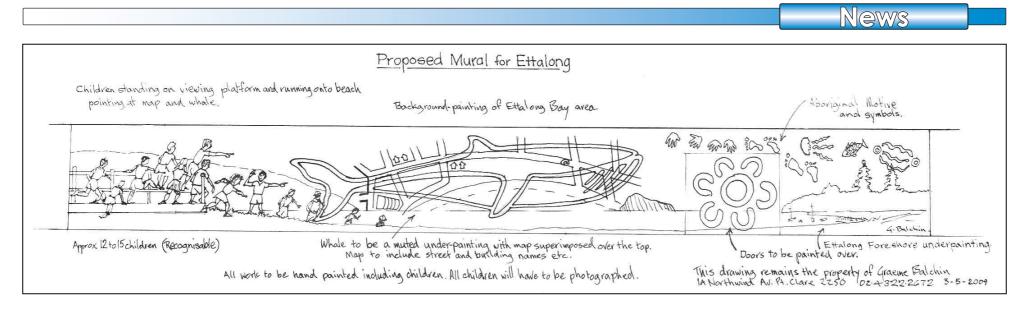
open an outlet in Umina, according to spokesperson Ms Amy Lawrence.

Ms Lawrence would not reveal details of a proposed location but confirmed Umina was a potential locality.

"We are interested in potentially opening a restaurant in the area however have not submitted any DAs to council," Ms Lawrence said.

A representative from Gosford Council confirmed that no DA had been lodged.

Clare Graham, 9 Jul 2009 Interviewee: Amy Lawrence, McDonald's Australia



Business group fails in mural grant bid

The Ettalong Beach Business Group has expressed disappointment over its failed attempt to secure funding for a mural on Ettalong Post Office Wall project.

Business group press secretary Mr Richard Berntsen said it would now need to look at "new avenues of funding" to see the project completed.

He said the group had "no idea" why the project was refused funding support from the community development and support expenditure committee scheme run by Clubs NSW.

"The project was first thought up at the end of October last year with an idea about trying to inject interest in the Ettalong town centre that was positive, would bring publicity to the area, and might create a focal point for a town that is desperately looking to define itself," Mr Berntsen said.

According to Mr Berntsen, the Ettalong mural project was

envisaged after hearing about the success of murals carried out in Gosford to tackle graffiti issues.

"That project focused on working with the youth, with the indigenous community and trying to stimulate work and dollars for those who invest in our community by opening businesses."

Mr Berntsen said the artwork to appear on the mural represented Aboriginal history from the area.

"The artwork was to be of Aboriginal history for this area

Gosford Council has resolved

to accept the tender of Life

Fitness to supply fitness

equipment to the Peninsula

According to a report prepared

Equipment was also needed

Council received five tenders for the supply and installation of fitness

by council staff, the current lease

for fitness equipment was due to

to be replaced after being heavily

used since the centre's opening in

equipment including treadmills,

step machines and exercise bikes.

staff and management assessed the tenders which were ranked

for price, quality of equipment,

service commitment, maintenance,

local support and guarantees, references, previous experience

The report stated that the Life Fitness equipment was "well

was

and other common criteria.

regarded" and its equipment

A staff committee of operational

Leisure Centre.

expire at the centre.

2005.

and would educate the community about the indigenous people that inhabited the land before we arrived," Mr Berntsen said.

"The mural was of the local aboriginal totem for the area, which is a whale, and within the whale we were going to fuse the new look of the town with the idea that the old and indigenous was still all around us.

He said local students and artists in the area would be involved in the painting of the mural. "The mural is 80 square metres, and will cost roughly \$20,000 to do, so it is not something that can be sorted by having a local fete or fund raiser.

"We will have to get back into research and see what funding is available in the coming months for projects such as these."

Press release, 8 Jul 2009 Richard Berntsen, Ettalong Beach Business Group Email, 1 Jul 2009 Cr Chris Holstein, Gosford Mayor

Coastal patrol holds raffle

Members of the Royal Volunteer Coastal Patrol Central Coast Division will sell raffle tickets for its annual winter raffle at various locations on the Peninsula from July 16.

Proceeds from the raffle will go towards providing funding and equipment for the coastal patrol.

The prize is a fully equipped runabout on its trailer with motor and all safety equipment. Tickets will be available to buy from the main street in Umina on July 16 to 19 and September 3 to 6, from Deepwater Plaza Shopping Centre on August 6 to 9, September 17 to 20 and from October 29 to November 1.

The patrol will also sell tickets in the main street of Ettalong from July 23 to 26, October 1 to 4 and October 22 to 25.

> Press release, 3 Jul 2009 Richard Manning, Royal Volunteer Coastal Patrol

Council buys fitness gear

company as it was the "most beneficial" option to council.

According to the report, the required funding for the equipment will be provided via an internal loan from the Waste Facility Reserve. "The repayments for the internal loan are to be made from the Peninsula Leisure Centre operating budget over a four-year period," the report stated.

Council agenda CIT.30, 7 Jul 2009



Next - Sunday 26 July 9.30am to 3pm



Cnr. Blackwall Road and Terry Ave, Woy Woy

installed in many facilities similar to the Peninsula Leisure Centre. The equipment was purchased outright from the fitness equipment





Over 70 stalls including: Quality local produce – fruit and vegies, free range eggs, honey, nuts, flowers, plus unique arts and crafts, spinners, pet products, gourmet foods, psychic readings, nursery products, kids entertainment and so much more.

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Funds raised go back in to the community. For further info call Sharon 0448 179 066 Sponsored by Peninsula News

Health

Falls program reaches 1500

A three-year program to prevent injury from falls for people aged 50 and over has reached more than 1500 local residents since its inception last year.

Project officer Ms Helen Kale said the Stay On Your Feet program run through the Northern Sydney Central Coast Area Health Service had proved successful.

However, Ms Kale said the positive promotion of leading an active lifestyle was still vital in preventing injury from falls in older residents in the area.

"The Peninsula has a range of activities on offer that involves exercise and keeping active," Ms Kale said

"One of our most popular activities on the Peninsula promoting Stay On Your Feet is tai chi.

"This gentle form of exercise promotes balance, strength and flexibility.

"The response to tai chi from Peninsula residents aged 50 and over has been great.

"Research indicates that one person in every three over the age of 65 can expect to have at least one fall during the next 12 months.

"Stay on Your Feet aims to reduce injury from falls in those aged 65 and over who live independently in the Gosford Local Government Area.

"It aims to increase awareness, knowledge and skills about the risk factors for falling and the steps that can be taken to reduce that risk."

Ms Kale said activities including lawn bowls and dancing were also popular amongst Peninsula residents aged 50 and over.

Tai chi classes can be found at Jhalu Day Spa and Fitness in Ettalong on 4341 3370, Umina First Class Fitness on 4341 0550, St Lukes Anglican Church in Woy Woy on 0407 940 869 and the Peninsula Leisure Centre on 4325 8123

For more information visit www. healthpromotion.com.au and follow the link.

Clare Graham, 8 Jul 2009 Helen Kale, Northern Sydney Central Coast Area Health Service



Woy Woy Community Aged Care CEO Ms Jennifer Eddy with representatives from Lodge Morning Star and aged care resident Ron Hearn

Masons provide special bedding

Community Woy Woy Aged Care has received a \$7600 donation to purchase bedding specialised equipment for three residents at the facility.

The funding was provided through the assistance of Lodge Morning Star in Gosford and Karagi Court Ltd.

"Lodge Morning Star Freemasons, which now meets monthly in Gosford, started in 1922 in Woy Woy and over many years

has been a regular donor to many organisations on the Peninsula," Lodge Morning Star representative Mr Bill Richards said.

"We are very proud to be able to assist the Woy Woy Community Aged Care nursing home with two new special purpose beds and a pressure area mattress to meet specific care needs of their frail aged residents.

"This has been possible with the financial assistance of Karagi Court Ltd and we are delighted that our help in the local area is being recognised."

Woy Woy Community Aged Care chief executive officer Ms Jennifer Eddy said she was grateful for the generosity and support shown by Lodge Morning Star and Karagi Court.

"This donation has allowed us to purchase specialised equipment to enhance the quality of care for our residents," Ms Eddy said.

"There will be three residents benefiting immediately.

"Ron Hearn was more comfortable sleeping in a chair until we were able to provide him with this special purpose electric lift bed which allows him to adjust his sleeping position.

"Another resident has a medical condition which limits control of her arms and leas.

"She is now able to socialise with other residents in the lounge room while remaining safe and comfortable, as her bed can be easily moved, tilted and lowered.

"The pressure area mattress will provide comfort to residents at risk of pressure wounds."

Freemasonry is open to all men aged over 18 years and inquiries can be made by contacting Neale Norman on 4342 4509 or Richard Black on 4342 4565.

Press release, 7 Jul 2009 Bill Richards, Lodge Morning Star Press release, 10 Jul 2009 Jennifer Eddy, Woy Woy **Community Aged Care**



Real clinical cases and your questions answered each month by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre

Are you connected?

.....she was all over the shop, little fingers dismembering the bookshelf, whilst eyes were frantically searching the clinic room anxiously needing to arrive at the next conquest before she had finished with the previous one.

Chiropractic

Sound familiar!

You're right; we have all had encounters of this kind, in a lateral sense we observe this erratic behaviour in adults as well.

So is this ADHD, asburgers or just a human unit out of control?.

I am not a bootlace on the shoe of a clinical psychiatrist but I do know that the name of a disorder is generally a way of enabling a carer to speak a common language with others who have the privilege of the day to day grind of raising or assisting in the raising of these unique little people or in many cases dealing with the adult population of these same people.

The disconnected central nervous system is noted in the physical structures of the body and the behaviours as altered states of function. These functional states can be readily observed or very subtle and only observed if a highly trained individual does a specific examination.

As a chiropractor it is a privilege to have the opportunity to assess and examine the physical and neurological systems and if reasonable to render some assistance in the form of safe, gentle and effective care. The kind of force that your chiropractor needs to press information into a computer is a often similar to what is needed to 'switch on' a circuit and reconnect the

South Street Dental Umina Beach Teeth for Life Cosmetic Smiles Mario Reznik **Teeth Whitening** BDS - 1st Class Honours (Syd) Dip, Clinical Dentistry-Oral Implants (Syd) **Children and Adults Complex Reconstruction Dental Surgeon** Implants

higher centres of the brain.

The results are often quite heart rendering with both the afflicted and the



carer sharing in the positive effects of a healing process. Along with other health care practitioners, the chiropractor has the opportunity of being a key player in the care of these special people.

Please let your chiropractors share their love for a happy and healthy family by removing unnecessary interference to the spinal nerves and pathways and helping you achieve optimum health.

Chiropractic; safe, gentle and effective for all the family If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select question may be printed in the future articles)

Your chiropractors Pete Grieve and Simon Morgan **Umina Chiropractic Centre**, 428 Ocean Beach Rd, Umina 2257 h: 4341 6247

52 South Street Umina Beach

Dentures

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NQWS

Seminar on health

A free seminar on how to naturally improve one's health will be held at Wagstaffe Hall on Sunday, July 19, from 11am to 1pm.

Speakers at the seminar include health professionals Ms Susan Pelham and Mr Robert Beson.

Ms Pelham is a radiographer who does ultrasounds and has experience in natural health and knowledge of minerals and their affect on the body.

She will be talking about what minerals do for the body and why people need them as well as how lifestyle affects health.

"The main aim is how to understand lifestyle and balance it with health," Ms Pelham said.

"We will be talking to people about simple things they can do to improve their health."

Ms Pelham was diagnosed with systemic lupus and through lifestyle and health management now shows no traces of the disease.

Mr Beson is the creator of the probiotic yogurt "Progurt" which aims to reduce the symptoms of multiple sclerosis and diabetes as well as to improve general health and well being.

For more information, contact Susan Pelham on 4363 2259 or susan@healthbalancing.com.au

Press Release, 10 July 2009 Susan Pelham

A program focused on supporting and assisting people living with mental illness in the Woy Woy area will be officially launched on July 14.

The Personal Helpers and Mentors program is funded by the Department for Families, Housing, Community Services and Indigenous Affairs and will be delivered across 12 locations in NSW and Queensland, including Woy Woy.

The program will be managed from the new Aftercare office in

Tuggerah which will also be officially opened on July 14, by Member for Dobell Mr Craig Thomson.

Mental health program

launched

Aftercare executive director Mr John Malone said he was looking forward to Aftercare's presence in the region.

"Aftercare's program takes a strength-based recovery approach to supporting people to achieve social and emotional wellbeing, and we are really excited about the ability to work closely with the communities of the Central Coast.

According to Mr Malone, the Personal Helpers and Mentors program is one of the key initiatives of the Federal Government's mental health reform package, and assists people aged 16 years and over whose ability to manage their daily activities and to live independently in their community is impacted as a result of a severe mental illness.

Anyone interested in accessing the Woy Woy service should contact coordinator Kerry Spindler on 4352 9200 or via email at kerry. spindler@aftercare.com.au.

Press release, 10 Jul 2009 Julie Martin, Aftercare

Job offer after career course

has been offered a part-time job after completing a TAFE course for women wanting to re-enter the workforce.

Helen Fitzgerald recently completed the Career Education and Employment for Women Course

She said she would thoroughly recommend the course to any woman wanting to re-enter the workforce.

"I had been out of the workforce a while and I was lacking in confidence," said Ms Fitzgerald. "But now I've built up my confidence and I'm going back next semester to do a business administration course."

While doing the course Helen carried out work experience at Zita's Restaurant, and has since been offered a part-time job at the restaurant.

The 18-week course is running in semester two at Gosford and offers subjects including English, Maths, Computing, Aged Care, Horticulture, Careers and First Aid. Gosford TAFE will also run

A 64-year-old Umina woman a similar skills course for men wanting to re-enter the workforce or continue with further study.

Career Education and Employment Women for coordinator Ms Pauline Eade said there was a great need for a skills course aimed at men.

"I have phoned a number of employment agencies, community centres, etc, who all tell me that there is a need to get men into courses," Ms Eade said.

"Some men are being retrenched, or lost their jobs for a number of reasons, well why not retrain and learn something new - it will give them some different skills and we can set them on the path to other courses or update their resumes to apply for new positions."

Both courses will start on July 27.

For more information, contact Gosford TAFE on 4348 2221.

Kevin Holloway, 26 June, 2009 Interviewee: Helen Fitzgerald, Umina Press Release, 25 June, 2009 Pauline Eade CEEW Coordinator, **Gosford Campus**



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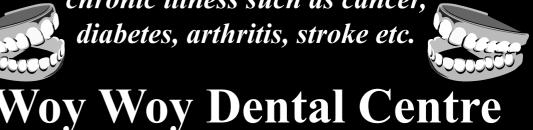
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NAVS



Visitors enjoy the last wine tasting event held at Pearl Beach Memorial Hall earlier this year

Events to save rock pool

The Pearl Beach Progress Association will hold two fundraising events towards the end of the month for the Save the Rock Pool Fund.

A wine tasting day will take place at the Pearl Beach Memorial Hall from 10am to 4pm on Saturday, July 18

According to association communications officer Ms Lynne Lillico, Pearl Beach couple and owners of Wollombi Boutique Wines Peter and Allyson Hoft will be there to showcase their range and support the event.

"Individual bottles and cases of wine can be purchased and delivery can be arranged."

The event will also feature

olive oil, cheese, jams, pickles, breads and handmade woodwork and gift items from Hunter Valley Producers.

Entry is by donation and a \$3 sausage sizzle will be available on the day.

The local progress association will also host a collectables appraisal day on Sunday, July 26, in the Pearl Beach Memorial Hall from 10am until 4pm.

Favourite collectables and family treasures will be appraised by registered valuers from Sydney, Ms Lillico said.

"The participating appraisers are members of the AAADA which is a national body of some 150 of Australia's most knowledgeable and well-informed art and antique dealers. "They will be available to value ceramics, antique clocks and watches, jewellery, silver, collectables, art and prints."

Event coordinator Mr Bill Blinco said: "They will not be providing any written valuations but will endeavour to provide a fair appraisal on the items presented."

Pre-registrationisrecommended at a cost of \$5 an item with a maximum of three items per person.

For more information, contact 4344 2319

July 7 2009, Media Release Lynne Lillico, **Communications Officer** Pearl Beach Progress Association

Sea Scouts hold barbecue picnic

The First Woy Woy Sea Scouts Group celebrated its end of term with a barbecue picnic at Woy Woy Scout Hall on July 5.

Group publicity officer Ms Julie Crowhurst said the event was organised by the committee for all Scout families to enjoy.

"The day started with members participating in an opening parade," Ms Crowhurst said. "Fellow Scout member Melissa

Piper was chosen to do flag. "Once Melissa broke the flag, certificates were handed out to

the members of the First Woy Woy Sea Scouts.

"All of the cub section had their Bronze Boomerang Certificate, but Daniel Stables was the only cub who turned up, so he was awarded his Bronze Boomerang Certificate alone.

"Tracey Seal was presented a certificate for her 20 years in Scouting, while cub leader Michael Crowhurst was presented with his certificate for 10 years in Scouting.

"The Stables family was also presented with a certificate for all the help they have given the committee and group over term two

"They have made cakes for our cake stall fundraiser, helped cook the barbecue at our Bunnings fundraiser, mowed the hall's grass on Saturday and cleaned up the garden at the front of the Scout Hall so the grounds looked nice for our barbecue.

"A certificate was also presented to BJ Woolsey for all her help with

Promise Challenge Badge, the highest badge given in the Joey section of Scouting.'

Press release, 7 Jul 2009 Julie Crowhurst, First Woy Woy Sea Scouts





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Yaringaa Building 93 McMasters Road (opposite Rogers Park)

fundraising over the term.

"Joee Crowhurst was given his

With talks by Susan Pelham & Robert Beson

Information on health and lifestyle balancing, minerals, ph balance and getting your body to function well on a basic level, to improve your energy and everyday health.

Wagstaffe Hall Sunday July 19th Talks 11am - 12pm Questions/Discussion 12pm - 1pm

Free Seminar

Contact Susan Pelham on 02 4363 2259 or susan@healthbalancing.com.au





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NOWS



Woy Woy fasion designer Ms Gabrielle Nisbet showing Member for Robertson Ms Belinda Neal one of her designs

Fashion designer wins business grant

Woy Woy fashion designer Ms Gabrielle Nisbet has received a \$28,750 funding grant under the Federal Government's Textile, **Clothing and Footwear Small Business Program.**

Ms Nisbet has owned and managed the designer clothing label Mia Mea from her Woy Woy home for the past three years and said she was thrilled to receive the innovation grant.

"The funding will make a huge difference to the way my business will operate from now on," Ms Nisbet said.

"The funding will be used to implement automated design systems by purchasing and installing special CAD software and appropriate hardware in order to provide greater efficiency, improve manufacturing processes, reduce time and waste in production and generate increased yield.

"I am expecting positive outcomes as a result for my business, including an increase in turnover, faster design processes and improved quality.'

According to Ms Nisbet, her label Mia Mea, named after her four year-old daughter, can be found in more than 30 fashion boutiques throughout Australia including Melbourne and Newcastle.

The label specialises in boutique and designer women's garments.

Ms Nisbet said she was also looking at opportunities to expand to Dubai in the near future.

"I have been interested in fashion and design as long as I can remember and it only seemed natural for me to pursue a career in the industry," Ms Nisbet said.

"With more than 20 years experience under my belt and after starting a family it seemed logical to start my own small clothing design business from home.

"Working from home has suited my lifestyle so well and I enjoy the freedom and independence of owning a small business from home.

"The business has gone from strength to strength and we have seen huge growth over the past year which is very encouraging in these hard economic times.

"I think that is why it is so important for the government to provide and support small businesses through grants such as these.

"I will definitely be looking to apply for other grants and financial support that is on offer and encourage others to do the same."

Member for Robertson Ms Belinda Neal said it was fantastic to see a local small business achieve success in the Textile, Clothing and Footwear Small Business Program.

"This result is great news for Mia Mea and the Central Coast, in what was a hotly contested round of funding," Ms Neal said.

Mia Mea Designer Clothing was one of 68 Australian small businesses to be offered funding totalling \$2.6 million.

The Clothing and Footwear Small Business Program will provide \$25 million in grants over 10 years to Australia's small designers and manufacturers.

For further information on the , Clothing and Footwear Small Business Program visit AusIndustry's website at www. ausindustry.gov.au, call the hotline 13 28 46, or email at hotline@ ausindustry.gov.au

Press release, 7 Jul 2009 Belinda Neal, Member for Robertson Clare Graham, 8 Jul 2009 Interviewee: Gabrielle Nisbet, Woy Woy

Plans for Gosford displayed

A display of future plans for Gosford city centre was held by members of Gosford **Council's Gosford Challenge** team when it visited Deepwater Plaza in Woy Woy on July 9.

"The Gosford Challenge is well and truly under way," according to Mr Ian Connolly from Cox Group.

"A vast array of material has already been collected by council and others over many years including Vision 2025, but there is no substitute for first-hand accounts of people who experience everything that is good and bad about Gosford on a daily basis."

The Cox Group is a company of architects and urban planners involved in the Gosford Challenge.

Thecompanyhasbeencollecting nd collating information, talking to major stakeholders, studying traffic flows, parking issues, employment opportunities to ensure the major project is a success.

to develop Gosford as "a world class waterfront regional city, within greater Sydney".

Members of the public also had the opportunity to speak with members of the team, according to council's director of city centre development Ms Colleen Worthy-Jennings.

"Nothing more important will happen in our lifetime to the way our city looks and works, than The Gosford Challenge," Ms Worthy-Jennings said.

"Participation was open to everyone whether they were at individuals or organisations."

Similar events were held at Erina Fair shopping centre and the Gosford Imperial Centre to provide an outlet for the community to be heard.

For more information on The

Umina Library will host two story time reading sessions during the July school holidays.

The Morning Bedtime Stories gathering is part of the Beachside Family Centre's Peninsula Start Reading Program to promote reading amongst young children in the area.

A session will take place from 10am to 11.30am on July 15, followed by one on July 22.

Centre facilitator Ms Debbie Notara said the reading sessions were for children aged up to five years as well as older siblings.

"It is important to make sure parents of babies and children read 10 minutes every day from day one," Ms Notara said.

"This will set them up for a healthy and successful future.

"The Library is a great resource

Story time at library in our community which is why the Peninsula Start Reading Project is holding Morning Bedtime Stories

there. "While parents are at the library they can make sure all their children are members and then borrow some books for the school holidays."

Ms Notara said those attending were invited to wear their pyjamas and bring their pillow and teddy "or anyone else special".

"There will be lots of fun stories followed by hot chocolate and some yummy snacks."

For more information, contact Debbie Notara on 4343 1929.

Press release, 1 Jul 2009 Debbie Notara, Beachside **Family Centre**

GREENPEACE



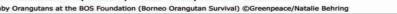
Gosford Challenge, call 4325 8222 or visit www.thegosfordchallenge. com.au

Press release, 3 Jul 2009 Alexandra Hornby, Gosford Council

The Gosford Challenge aimed



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NQWS

Residents want wall retained

ART GALLERY

Real Little Gem

in Pearl Beach.

Discover a

KAYAK HIRE

Council has received a petition with more than 95 signatures from Blackwall residents objecting to the removal of a retaining wall on a public nature strip.

According to a council report, a resident of the area constructed a wood and sandstone retaining wall on a public nature strip which

CAFE

GIFT SHOP

restricted the access of cars, motor bikes and push bikes.

The report stated the petitioners agreed the public nature strip was now safer for those children who used the area to play as a result of the retaining wall.

The petition has requested council's assistance with the matter.

Council agenda P.30, 23 Jun 2009

FUNCTIONS

TAKE AWAY



Marie Andrews hands over the \$10,000 cheque to commander of Central Coast Division of Coastal Patrol Patricia Fayers and admin officer Ian Gallard

Grant for Coastal Patrol

The Central Coast division of the Royal Volunteer Coastal Patrol has been awarded \$10,000 in State Government funding.

Public relations officer Mr Richard Manning said the grant would go towards the cost and fitout of the patrol's newest rescue vessels.

"With this assistance and the help of many individuals and several organisations in our local community, Central Coast Lifeboat is now fully capable of participating in the most demanding of off shore search and rescue activities," Mr Manning said. "The skill and dedication of both radio operators and boat crews is now matched by a vessel that is purpose-designed, locallybuilt, and of proven capacity to cater for the needs of our boating community including many boating visitors to the Coast.

"The amazing response from the community to fundraisers like our current raffle of a runabout boat is what enables us to maintain and operate our up-to-the-minute equipment."

Ms Andrews said she thanked the local volunteers of coastal patrol for their commitment to local residents and the many thousands of boating visitors.

Bay View

Brasserie

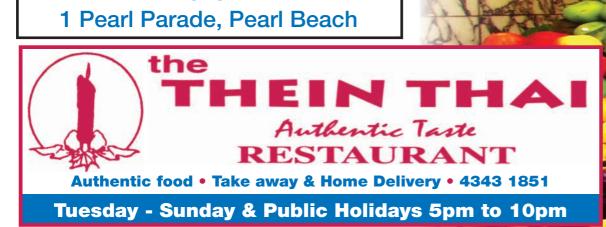
"These men and women generously donate their time to provide radio monitoring 12 hours a day, Monday to Thursday, and continuous 24-hour radio coverage Friday, Saturday and until 6pm on Sundays and public holidays," Ms Andrews said.

"Search and Rescue personnel are on duty or on call to crew the rescue vessels 24 hours a day, venturing out, often in hazardous conditions, to help others in trouble."

Press release, 10 Jul 2009 Richard Manning, Royal Volunteer Coastal Patrol Press release, 9 Jul 2009 Marie Andrews, Member for Gosford

The Boulevarde

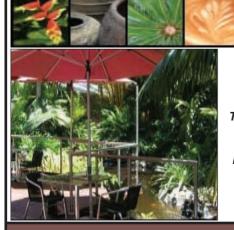
Woy Woy



Learl Beach

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Impact Plants

Nursery and Café

The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays **Poole Close Empire Bay NSW 2257 Phone: 4369 1422 Fax: 4369 1485**



Bookings 4344 1137 Lunch - Monday to Sunday 12pm - 2.30pm Dinner - Monday to Saturday 6pm till close

July 13, 2009 - Peninsula News - Page 13

NQWS



Business in chillies

Ettalong resident Mr Neil Smith has developed an international business in chillies.

Mr Smith also runs a lawn mowing business on the Peninsula and is a local musician with the band JaNaC.

But it is the chilli business where he gets most of his fame and recognition.

In a business that started as a hobby, Mr Smith now grows and distributes more than 100 different types of chilli seeds across the world to fellow chilli-lovers.

Mr Smith even grows the Guiness World Record holder for the hottest chilli in the world, the Bhut Jolokia Chilli, in his Ettalong backyard.

"Due the rapid expansion of the business an office and new yard also at Ettalong have been added,"

Mr Smith said.

"We have added our own unique range of boutique chilli sauces.

"The range is also stocked at the Beachcomber Takeaway at Ettalong for those wanting to purchase.'

Mr Smith has also developed a website featuring information and tips on growing chillies, an online ordering system for seeds and other products, chilli recipes and access to the company's YouTube chilli test videos.

Mr Smith has produced around 80 videos of individual chilli tests generating more than 10,000 hits from viewers across the world.

The Hippy Seed Company chilli test videos with Neil Smith can be viewed at www.youtube.com/user/ TheHippySeedCompany

Email, 9 Jun 2009 Neil Smith, The Hippy Seed Company

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Arts & Entertainment



L to R - Giusppina Laina, Trish Wise, Amanda Anderson, Justin Rossi and Luis Monteiro

Positive response

A Woy Woy garden centre has received a "positive response" for the start of its winter art exhibition,.

"Award winning artists displayed their work for the launch of our winter exhibition with a positive response from the public," according to Ms Janice Rutherford, owner of Creative Courtyards Garden Centre and Art Gallery in Woy Woy.

"Margaret Hogarth spent one year creating a magnificent mosaic of Lower Fort St in Sydney.

"Last year she contacted the Sydney Royal Easter Show and asked if they took mosaics for their

Group raises \$800

St John the Baptist Craft Group at Woy Woy has raised \$800 for the Biggest Morning Tea.

The group held a soup lunch for 65 people and supplied cakes and entertainment.

The craft group meets in Walter Baker Hall, opposite the Catholic

Church every Thursday from 9am to 12noon and the cost for morning tea is \$3.

For more information, contact 4344 2064.

Letter, 10 Jul 2009 Pat Savage, St John the Baptist Craft Group

Woy Woy Little Theatre Inc. presents Bernard Farrell's art exhibition and they said no.

"Knowing that this piece of art was something special, this year she jumped in the car and took down to the selectors and without hesitation, and they accepted her masterpiece.

"Marijke Greenway also won first prize at the Sydney Royal Easter Show in the poultry division for her chook painting Pecking Order and first place at the Gosford Show for the same painting.

"Sherry McCourt won two second prize places at the Gosford Show for Treasure Seekers and The Band Played On.

Ms Rutherford said the gallery's current exhibition The Five Artist Exhibition with Amanda Anderson, Trish Wise, Giuseppina Laina, Justin Rossi and Luis Monteiro was also proving to be a popular showcase of local talent.

The Five Artist Exhibition will continue through until July 19.

Press release, 26 Jun 2009 Janice Rutherford, Creative Courtyards

Landscapes at Patonga

The Patonga Bakehouse Gallery is currently showing landscape paintings by artist Jeff Rigby.

Gallery co-owner Mr Robin Norling said the landscape artist was considered to be a "highly skilled" painter with a talent for capturing the man made and bush environment together.

"Jeff is an amazing draughtsman in paint," Mr Norling said.

"There are artists who can paint the man-made environment and artists who paint comfortably in the bush.

"Jeff's paintings uniquely encompass both.

"Another view of the iconic

harbour bridge you would feel would be an impossibility without the danger of falling into clique.

"However, Jeff presents a result which is highly accurate but at the same time almost unrecognisable ... seeing it is essential."

Mr Rigby's paintings are available for viewing at the Patonga Bakehouse Gallery Shop Front located at 24 Bay St and will be up until the end of August.

The Bakehouse Gallery opposite displays works by Jocelyn Maughan and Robin Norling, and is open from 11am to 3pm Sundays or by appointment on 4379 1102.

Media release, 4 July 2009 Robin Norling, Patonga Bakehouse Gallery

Artists showcase work

Several members of the Ettalong Beach Arts and Crafts Centre showcased their artwork at Gosford Regional Gallery and Arts Centre in early July.

The Five Ways Exhibition displayed several pieces from local artists Renata Leyer, Marina Hookham, Annette Poole, Anniss Seymour and Annette Reid.

The exhibition featured a mix of sculpture, paintings and pottery.

Umina artist and exhibitor Ms Seymour said the exhibition captured the talent and passion of five local women.

Ms Seymour completed a studio ceramics course at South Brisbane TAFE Queensland and spent many years selling her work in galleries and craft shows.

She has taught at Tamworth and Manilla TAFE's and is currently teaching at Ettalong Beach Arts and Crafts Centre.

Ms Seymour's work has been selected for the Gosford Art Prize for the last four years.

International artist Renata Leyer completed a Bachelor of Fine Art at the University of Newcastle and has held solo exhibitions at Gosford Regional Gallery.

Her work is in private collections in Germany, New Zealand, Japan,

US, England and Australia.

Marina Hookham has been attending classes at Ettalong Beach Arts and Crafts Centre for more than 10 years and participated in workshops with various potters.

She has been exhibiting at the Royal Easter Show, Gosford Show, Grammar School and private exhibitions on the Central Coast for many years.

Annette Poole attended Hornsby TAFE in the 1970s and has done pottery at Ettalong Beach Arts and Craft Centre and East Gosford Potters Society for many years as well as attending numerous workshops.

She works mainly in porcelain and does garden sculptures in clay.

At present Ms Poole is teaching pottery at Ettalong Beach Arts and Crafts Centre.

Annette Reid has spent 15 years potting, having been taught by Penny Riley at Ettalong Beach Arts and Crafts as well as participating in many workshops.

She has been exhibiting her work for many years and in 2008 won first prize for Functional Pottery at the Royal Easter Show.

Her work has been selected for inclusion in the Gosford Art Prize held each year at the Regional Art Gallery.

Press release, 7 Jul 2009 Anniss Seymour, Ettalong Beach Arts and Crafts Centre





Classes resuming 27th July 2009 Paterwork & Quilting, Pottery, Folk Art, Silk Dyeing, Oils & Acrylics, Pastels & Drawing, Watercolour Painting, Silvercraft and Children's Art & Pottery

Adult classes 9 week term \$90 plus \$10 pa membership Children's classes 8 week term Pottery \$60 Art \$50

For enrolments and for all enquiries phone 4341 8344 or see our website www.ebacc.com.au

KITCHENER PARK, ETTALONG Corner Picnic Parade and Maitland Bay Drive Peninsula Community Access NEWS

Animal Welfare League -**Central Coast Branch** AWL is a not for profit animal welfare charity, caring for animals on the Central Coast We sell quality second hand home furniture, clothing & Bric a Brac at a reasonable price. Donations gratefully accepted, we can pick up locally. Enquiries : Carol 4344 6650 Shop 2, The Boulevarde, Woy Woy

Exhibition was the start

The Throwing Stones exhibition held at Peninsula Theatre last month is expected to lead on to other projects.

Project coordinator Ms Virginia Walshaw said the first stage of the Throwing Stones project was a great success and received great support and commitment from individuals and groups within the community.

"Throwing Stones will ultimately be the creation of a theatrical presentation and production by young people for young people," Ms Walshaw said.

"The exhibition involved collecting stories, poems, photographs and artwork from victims of bullying, in order to give profile to the phenomenon of bullying by making apparent to the public at large and the bullies, the real implications of what they are doing.

"Advice was sought from principals, school counsellors, psychologists, Youth Mental Health Services and Regional Youth Support Services Inc in regard to identifying victims of bullying and for conducting interviews throughout the region.

"Local arts practitioners

established creative workshops in order to assist students' express their attitude to the sensitive nature of bullying through painting and sculpting to ultimately be included in the exhibition."

Ms Walshaw said the project would not have been possible without the vision and dedication of Peninsula student Mr Bradley Death.

"Proposed, outlined and devised by a young person, 16-year-old Bradley Death, this project was one of the first to give victims of bullying a voice, allowing them to tell their stories, express artistically their experience, in public with a view to empowering them and inspiring others to proactively confront bullying," Ms Walshaw said.

"Though focused on the Peninsula community, the voices were local in origin but reflected national concerns and issues.

"By utilising and supporting young people throughout the process our hope is to ultimately create a theatrical piece for the community.

"The project truly speaks directly from the heart of young people's experience."

> Press release, 10 Jul 2009 Virginia Walshaw, Regional Youth Support Services

Pearl Beach Proms night

Beach tradition.

items for auction.

"This year once again, people

"We hope to be filled to capacity

Doors will open at the Pearl

committed to the cause have very

generously donated supplies and

and to continue to support our

Beach Memorial Hall from 7pm

followed by the commencement of

youth in need of redirection."

Event organisers are gearing up for a successful Pearl Beach Proms night on September 19, according to publicity officer Ms Rosemary Ruthven.

"The evening, hosted by Dr John Irvine, will be under the musical direction of Chris Bearman from the Central Coast Conservatorium.

"The items have been chosen to take the audience on a musical journey from Mother England to Outback Australia.

"People will be able to sit back and enjoy a wonderful evening of good local entertainment and sing along with well-known traditional and Australian songs.

"This year's program boasts a piper, some Scottish dancing and a rendition of the Gendarmes Duet."

Ms Ruthven said last year's event raised up to \$2000 for the rehabilitation of young offenders on the Central Coast.

"Last year, a small group of residents committed to supporting the work of senior constables Renee Jackson and Paul Hanna from the Umina PCYC organized a Pearl Beach Proms evening," Ms Ruthven said.

"The event was extremely successful and started what may

Scouts perform in Gang Show

Several members of the Broken Bay Scout Group will perform in the Central Coast Gang Show at Laycock St Theatre from July 22 to 25.

The comedy and music show will showcase the performance and talent of more than 60 members of Central Coast Scouts and Guides.

Ten members of the Broken Bay Scout Group will join the team in bringing audiences a fun-filled night of entertainment including Brooke Ridley, Jade Ridley, Alana Hardcastle, Emalie Hayes, Peter Hayes, Harley Maclachlan, Brody Maclachlan, Jessica Taylor and Aleisha Taylor.

"These Peninsula Scouts have been rehearsing since February and are looking forward to entertaining everyone at Laycock St Theatre from Wednesday, July 22, to Saturday, July 25," group publicity officer Ms Tricia Fortier said.



Senior constables Renee Jackson

well have become an annual Pearl the show at 7.30pm.

Wine, tea and coffee will be available for purchase before the show and during the 20-minute intermission.

For tickets, call Margaret on 4342 1306.

Press release, 6 Jul 2009 Rosemary Ruthven, Pearl Beach Proms committee

Learn to Belly Dance with Behind The Veil Awaken your feminine spirit and release stress with

this beautiful, ancient dance. Enquire now for Term 3 courses -

Beginner, Intermediate and Children At Behind The Veil, classes are taught in a fun,

relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function.

Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on **0403 879 772** or email **kellybellydancer@hotmail.com**



New website check it out www.creativecourtyards.com.au

COURTYARDS

36 George St,

Woy Woy 4341 6156

Little Theatre stages next production

Woy Woy Little Theatre will hold its next production at the Peninsula Theatre from July 31 to August 16.

The play Stella By Starlight, written by Mr Bernard Farrell and directed by Ms Barbara Hickey, explores a night in the life of a contemporary Irish couple – Dermot, a downsized corporate employee, and Stella, a former Dublin bank teller.

With their teenage daughter Tara, they have left the economically booming big city for a new life in the remote countryside.

crash into Jupiter; Tara's plans to go to her Debs Dance with an unusual escort; and the arrival and overnight visit of a devious married couple, old friends who turn out to be not so friendly after all.

"The cast includes Christine Vale, Graham Vale, Trevor Doyle, Mitchell Vangelatos, Caitlin Shaw and Michelle Wallace," Ms Horne said. "The performance is sure to be

a wonderful and entertaining night out for all the family." Tickets start from \$6 for children

Little Theatre publicity officer Ms Patrice Horne said the central incidents in the play included Dermot's preparations for photographing a comet about to

under 15 year, \$17 for concession and \$20 for adults.

For bookings, contact the box office on 4344 4737 from July 20. Press release, 6 Jul 2009 Patrice Horne, Woy Woy Little Theatre

Tricia Fortier, 7 Jul 2009 Broken Bay Scout Group

For All Your Gardening Needs 20 years experience. Fully qualified horticulturist 20 years experience. Fully qualified hort

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC. Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, eng: 4341 3222 CLOSED TEMPORARILY. Call 4325 8292 for relocation details

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd CLOSED TEMPORARILY

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC. Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina -0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, eng: 4353 4224

WWEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf. Playtime Mon-Fri 9am, Little Gym PCYC

Better Hearing Class Mon-Fri 1.45pm, ESCC

Stroke recovery group, 11am,

PCC. Diabeties Support Group, 10am. ECC

Animal Welfare League, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, **UCH** Woy Woy Peninsula Arthritis

Branch, 10am, enq: 4342 1790, PCC

ACF meeting, 7.30pm, WWEC

Fourth Tuesday of every month

Toastmasters, 7.15pm, EBWMC Combined Pensioners assoc afternoon tea, enq: 4341 3222, ESCC

Every Tuesday

Free herbal clinic, enq: 0437 401 810 PWHC

Woy Woy Blood BankA @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, EBWMC

Silk craft 10am

Mums &bubs playgroup 1pm Pastel classes for kids 4pm RBG

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034 Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm;Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Motivation & Empowerment classes; Craft, 9am, PCC

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Latin Dancing, 9.15am; Cards, 12.30pm ESCC Alcoholics Anonymous, 6pm, John the Baptist Church Hall,

enq: 4379 1132 Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, EBWMC

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, WH

Folk Art, 9.30am; Silk Dyeing, 1pm, EBACC

Children's story time, Umina library, 10.30am (Except Jan). Sanaja yoga meditation, 10:30am only, enq: 4368 2847, **CWA** Playgroup, 10am, Kids 0-5yrs, eng: Juhel 4342 4362, WWPH Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy Tap Dancing, 6pm, enq: 0438 033 039, EPH

4372 2069 Coffee Morning, social gettogether, 10am, PWHC

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599 Probus Club Umina Beach, 9.30am, ECC CWA 10am, handicrafts, enq: 4372 2069

> **Third Wednesday of** every Month

Wrap With Love knitting group 10am, PWHC

Fourth Wednesday of <u>every month</u>

Woy Woy CWA 10am craft, 1pm business meeting, enq: 4372 2069 CWA

Everglades Probus Club, 10am, ECC, enq: 4341 0664 Drumballa Drum Circle 7.30 RBG

Every Wednesday

Women's Health Clinic, three times a month, eng: 4320 3741; Counselling by Donation **PWHC**

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

St John's Ambulance, Peninsula Division 7.30pm, eng: 0404 440 808 or 4353 4224 PCC

Craft for love & Garden club 10am RBG

Tax Help by appt; Free Occasional Care, 9am; School for Seniors Oil Painting, 9am-12; Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 3.30pm; Coast Care Counselling; Weight Watchers, 6pm; Belly Dancing, 7pm and 8pm:

Dance & Theatre School, 3.30pm; Motivation & Empowerment Brisbane Water classes: Scrabble Group, 6pm; St John **Ambulance Service Peninsula Division meeting 7.30pm** PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina. Seniors fitness, 9am, eng: 4332 8550; Woy Woy Judo Club, 5.30pm, eng 0434000170 EPH Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous

THURSDAY

First Thursday of every month Brisbane Water Senior Citizens,

1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC Australiana Bus Trips, PCC

Third Thursday of

every month Brisbane Water Senior Citizens, 1pm; EBWMC

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am BFC **Umina Peninsula Mixed Probus** Club, 10am, new members welcome, enq: 4343 1039 ECC Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm Creative Writing, enq: 4369 1187,

CWA Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Bridge, 12pm; The Web, 2pm; Yoga, 9.30am; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes; Drumbala 4.30pm; Adore Music Tuition 4.30pm; Community College courses inc. painting, drawing, beading, languages and meditation; Ballroom Dancing, 9am, **PCC**

Free entertainment, 6.30 pm; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651 Scrabble, 12.30pm, WWPH

Children's art classes, 4.30pm, EBACC

Card Club, 1pm; Chess Club, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; Table Tennis, 1.45pm; Cards noon, ESCC

Painting, 9.30am, PCC Social Tennis, 9am-12pm, Pearl Women's walking group, 9am-Beach Courts, enq: 4369 3195 11am, **PWHC**

Adult tap dancing, 10am, enq: 4342 3925, **EPH**

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Fairhaven Services Cash Housie, East Gosford

Second Friday of every <u>month</u>

Book Bazaar, book Club, 10:30am, enq.42422482 RSL Sub Branch meeting,

2.30pm, **EBWMC** Third Friday of every month Legacy Ladies, 9am, enq: 4343 3492, EBWMC

Fourth Friday of every

<u>month</u> South Bouddi Peninsula Community Assoc, 1.30pm, eng: 4360 1002, **WH** SchoolforSeniorsBushwalking; Civilian widows, 1pm, ESSC School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664, UCH Lollipop Music Playgroup (0-4

Old Wags Bridge Club,

(except 4th Fri) 1:30pm, enq:

Active Over 50's Exercise Class,

Watercolour Painting, 10am,

Painting, 9am; Line Dancing,

9am; Bridge, 12.15pm; Scrabble,

Gym Sessions, 8am; Gym

Circuit, 9am; Circuit Boxing

(Women), 9am; Boxing/fitness

training, 4pm (Junior) & 5pm

Peninsula Pastimes, Ettalong

Baptist Church, Barrenjoey Rd,

9.30am, (Ex sch hols), Primary

Kids Club, 4.30pm, enq: 4343

1237 Alcoholics Anonymous,

12.30pm, St John the Baptist Hall,

Blackwall Rd, Woy Woy, enq:

Hardys Bay Community Church,

indoor bowls, canasta, scrabble,

morning tea 10am, enq: 4363

Occasional Care, 9am; Kindy

10.20am; Weight Watchers,

Smart

10am; Bridge Club, 12pm; The

Web, 2.30pm; Kempo Karate,

5.30pm; Dance & Theatre

School 4pm U3A Courses; Free

financial counselling, alcoholics

anonymous, 6pm; Pilates, 8.15am;

Overeaters Anonymous 7.30pm;

Krait RSL Dav Club. 10:30am.

Kooinda Village, enq: 4341 8151

Fishing Club, EBWM

3-5s,

Recovery,

Gym, 0-3s, 9.15am,

9.15am, enq: 4342 9252, **EPH**

years), enq: 4343 1929, BFC

4360 1820, WH

12.45pm ESCC

(Senior), PCYC

4342 7303

1968

9.30am;

EBACC

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au WWEC

Second Tuesday of every month True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC Get Together afternoon tea, ESCC Pearl Beach Craft group, 1.30pm, PBPH

Supported Playgroup for first time and single parents, 12.30pm-2pm, enq: 4340 1111, BFC

WEDNESDAY

First Wednesday of every month CWA 10am, handicrafts, enq: 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, eng: 4341 1073, CWA

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627 Rotary Club of Umina, 6pm, enq:4369 2275 ECC Dance Club, 1pm, EBWMC

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

Leatherwork, 9am; Table Tennis, 9am; Bridge, 12.15pm; Scrabble, 12.45pm; Group Fitness, 1pm; Yoga, 2.30pm ESCC

uance, yam; Cards, 12pm; Tai Chi, 1pm; Table Tennis, 1pm, ESCC

Pilates, 9:30am, enq: 4384 5005; Mah-jong, 2pm, enq: 4360 2178; Yoga, 5:30pm, enq: 4323 1859, WН

St John the Baptist Craft Group, 9am to 12pm, \$3 for morning tea, all welcome, enq: 4344 2064, meet at

Walter Baker Hall (opp church)

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC

Progress Hall, 7.30pm Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, WH Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598 Woy Woy Judo Club, 5.30pm, enq 0434000170 EPH

SATURDAY

First Saturday of

every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, **EBWMC**

What's On in and around the Peninsula

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 Alliance Française, French conversation, 11am, enq:0412 252 709

MelaleucaWetlandRegenerationGroup,Ave, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am Ex-Navalmen's Assoc. Central

Coast Sub-Section, 10am, **WWLC** Scrapbooking, 12pm, enq: 4342 3712; Chatterbox Group, **PCC**

Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 Peninsula Residents Asociation (PRA), 3PM WWEC

Market Day, 9am, Sydney 2000 Park, UCH

Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, CWA Last Saturday every month

BushcareWagstaffe group, meetHalf Tide Rocks sign, 8amMelaleucaWetlandRegenerationGroup, BoroniaAve, Woy Woy 8am

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Children's Pottery, 9am; Silvercraft Class, 1pm EBACC Weight Watchers, 8.30am; Dance & Theatre School, 9.30am; Bridge Club, 12pm; Photography course (monthly); The Web 5pm-9.30pm; School for Seniors social outings arranged throughout year, PCC

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, EBWMC

Gym Sessions, 9am; Drama & Discovery, 9am, PCYC

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, WWLC Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

<u>SUNDAY</u>

First Sunday of every month Umina Boardriders meet at Umina Beach at 7am. All ages, male and

female. All experiences welcome

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; Vietnam Vets, 11am, EBWMC

Umina P&C Bushcare, 9am, enq: 4341 9301, BWSC

Third Sunday of

every month Bushcare Group, Tennis Courts,

Empire Bay, 9am, enq: 4369 2486 Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251 EBWM Fishing Club competition, Club House in Beach St, Ettalong. EBWM Vietnam Veterans Peacekeapers, Peacemakers meeting, enq: 4344 4760 Peninsula Environment Group, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www. peg.org.au

Fourth Sunday of every month

Old Time/New Vogue Dancing, 1pm-4pm ESCC

Last Sunday of every month Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074 Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm; Coast Community Church Services, 9am & 5pm, enq: 4360 1448; Full Life International Church, 10am-3pm, PCC Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm Patonga Bakehouse Gallery, 11am, enq: 4379 1102 Umina Blue Swimmers Mens Swimming Club. Winter swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

MONDAY

First Monday of

every month RSL Womens' Aux, 9:30am, EBWMC

Endeavour View Club Luncheon,

enq: 4344 3825, **ECC**

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587 Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; RSL Sub Branch, 2.30pm; Card Club, 1pm, EBWMC Killcare Heights Garden Club,

10:30am, enq: 43601595 Coastal Crones (over 50's),

Friendship group **PWHC** Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month War Widows, 1pm, 43410286, EBWMC Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 2945, WH

Fourth Monday of every month

Toastmasters Speachcraft Classes, 6pm, EBWMC Labor Party Peninsula Day Branch, 1pm, CWA Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of

every Month WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Kidz Drumming . 4-5pm, Rainbow Gate, 207 West St, Umina Cash Housie, 7:30pm, eng: 4323 3566, EMBC Walking with other Mums enq: Liz Poole 4320 3741 Early Childhood Clinic and Koori Cuppa for Aboriginal families, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; 3Cs-Craft, Coffee & Conversation, 12.30pm, child care avail, enq: 43 431929, **BFC** Yoga, 9.30am, Ph.4360 1854, WH Meditation 10am, Mums

Drummimg classes 4pm RBG

Auditions for next production

Woy Woy Little Theatre will hold auditions for its upcoming production of Woody Allen's Don't Drink the Water at the Peninsula Theatre on July 13 and 15 from 7.30pm.

The local theatre group will be looking to fill 15 major and minor roles for the performance, which was Woody Allen's first play and ran for more than a year on Broadway.

Director Ms Christine Vale said the play was one of the few she has found to make her laugh out loud while reading the script.

"The play is about an unsuspecting caterer from New Jersey, Walter Hollander, his wife Marion and daughter Susan who accidentally wander into a restricted area, take photographs and are chased by the secret police from an Iron Curtain country until they find refuge in the US Embassy," Ms Vale said. "This is the start of a major international incident which quickly gets out of hand because it is left in the incompetent hands of Axel Magee, the son of the absent Ambassador Magee.

"So, although the Hollanders couldn't wait to get into the Embassy at first, the problem they face is how they get out!

"Father Drobney has been stuck in the Embassy for six years."

Ms Vale said major roles for the characters of Axel Magee, Marion Hollander, Walter Hollander and Susan Hollander would be highly sought after.

The production will be performed at the Peninsula Theatre from October 30 to November 15.

For more information on auditions, contact Christine Vale on 0417 388 251 or via email at christine.vale@westnet.com.au

> Press release, 6 Jul 2009 Patrice Horne, Woy Woy Little Theatre

Dancing, 9am; Mahjong, 12.30pm; Fitness, 1pm, ESCC Gym Sessions, 8am; Tiny Tots,

9:15am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), PCYC

Carpet Bowls, 9am; Card Club, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; Bingo, 11am, enq: 4323 3566, EMBC

Arts and Crafts for people with a disability, 11am, enq: 4341 9333 Patchwork & Quilting, 10am; Pottery, 10am & 1pm, EBACC Children's Story Time, Woy Woy Library, 10.30am, Occasional Childcare, 9am; Central Coast Volunteering, 9am; Over 55's Gentle Fitness, 9am; Supported Playgroup, 9.30am & 12.30pm; Yoga, 9.30am; Mad Monday Craft & Cooking, 11am; Bridge Club, 12pm; Physical Culture Club, 4pm; Coast Care Counselling, 3.45pm; Dance & Theatre School, 3.45pm; U3A Courses; Ballroom Dancing, 9am, PCC

Craft group, 1pm, BFC Fairhaven Services Cash Housie, 7.30pm, EMBC

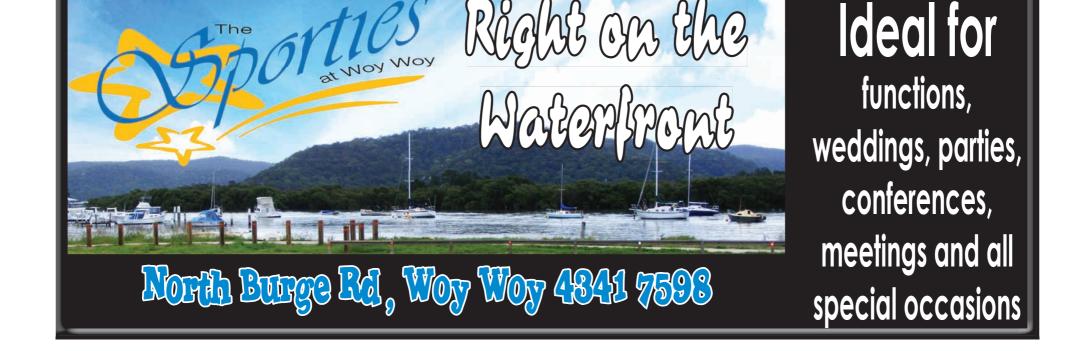
Yoga, 9:30am, enq: 4360 2705, **WH**

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, WH Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354 Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq:

4328 3247 Indian Dancing for Kids, 3.30pm,

enq: 4342 4395, **WWEC Woy Woy Judo Club.** 5.30pm, eng 0434000170 **EPH**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News **Details Page 2**



Education



Jersey raffled for literacy

Woy Woy couple Ross and Caroline Edgington have won a Central Coast Mariners jersey in a raffle organised by the Beachside Family Centre in Umina.

Centre facilitator Ms Debbie Notara said the raffle was to support the Peninsula Start Reading Project.

"The raffle winners come from Woy Woy and are cleaners in the area " Ms Notara said

"Ross and Caroline told me they had never won anything before and are huge fans being part of the Marinators' support team.

"It's fantastic to see the raffle prize go to two worthy winners."

According to Ms Notara, the raffle sold more than 600 tickets over the last two months and was drawn on June 29

"The \$1500 profit will be used to buy resources for our early literacy activities on the Peninsula," Ms Notara said.

"These activities include giving Let's Read Baby Book Bags to Aboriginal families, young mothers and families in need of literacy support, Bedtime Stories in Umina Library and Storytime in the Park for Book Week in August which had 300 families attend last year."

Established by Beachside Family Centre, The Peninsula Start Reading Project has been running for two-and-a-half years.

Services, Peninsula Family Day

"Supported by Playgroups under Coastwide Child and Family Care, Young Parent Worker, Department of Health Early Childhood Nurses and community members all donate their time and energy to achieve our goal of children under five having a love of books and story-telling," Ms Notara said.

"We have given away around 150 Baby Book Bags and we are working with the Gosford City Council Early Literacy Committee in developing an Early Literacy Logo and Start Reading Song to help educate the community about the importance of reading to babies and children 10 minutes every day.'

> Press release, 9 Jul 2009 Debbie Notara, Beachside **Family Centre**

Teacher joins select few

Umina resident Ms Leisa Hadley has become part of a select group of NSW educators specifically qualified to teach children with sensory impairment.

Ms Hadley was awarded a Masters of Special Education (Hearing Impairment) through the Royal Institute for Deaf and Blind Children's Renwick Centre recently.

"I always wanted to work in special education, but I became particularly interested in hearing impairment during my first degree when I studied Auslan (Australian Sign Language) and worked casually with children with hearing impairment at a nearby high school," Ms Hadley said.

"The course gave me the opportunity to link these interests together."

With her new qualification, Ms Hadley now teaches a kindergarten class at the centre's specialised school for children who have a hearing and/or vision impairment as well as additional disabilities.

"I see so much of what I've learnt in the classroom every day," Ms Hadlev said.

"There's so much diversity with the children I work with, but the course has really helped me ensure their needs are met.

"I feel really lucky that I've found something I really enjoy doing and that I find really interesting."

The Renwick Centre is affiliated with the University of Newcastle



more than 400 Australian and and international students have received postgraduate awards through the university since it commenced its postgraduate programs in 1994.

Chair of the Centre Professor Greg Leigh said there were only a handful of available courses, which provide formal qualifications for teachers and related professionals in this field.

"These professionals are now working across Australia and internationally, actively contributing to improving the quality and effectiveness of educational services for children with sensory disabilities," Professor Leigh said.

"Our staff are high in demand worldwide to present at conferences and seminars, and to conduct workshops for teachers, therapists and related professionals working in the field of sensory impairment." Press release, 24 June 2009

Alissa Crawford, Royal Institute for Deaf and Blind Children

Surf certificates

Four students from Brisbane Waters Secondary College Umina Campus were awarded Surf Survival Certificates recently.

Students Daniel Ranson, Jacob

Turner, Jacko Bruce and Jarrod Keat undertook the course last term which involved physical training, testing, board rescue and a written exam.

All four students completed their training successfully and were awarded their certificates from Central Coast Surf Life Saving chief executive officer Mr Chad Griffith.

Daniel has continued his passion for surf life saving by joining MacMasters Surf Life Saving Club

Newsletter, 3 Jun 2009 **Brisbane Water Secondary College Umina Campus**

Campus launches uniform initiative

Brisbane Water Secondary School Umina Campus has launched a new initiative focused on school uniform.

Principal Mr Frank Gasper is hoping to see all students in a school uniform and said the response from parents to the program has been great.



Mr Gasper said visitors to the school had commented on how students looked better than many other schools.

"It is a source of school pride when our students look good and are commended for their appearance in the community," he said.

> Newsletter, 26 Jun 2009 Frank Gasper, BWSC Umina





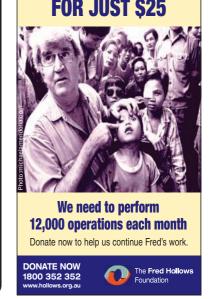
as an active member.

David Hosford

Give your child a brighter future Professional Tuition, Kinder – Year 10 Specialists in basic skills, MATHS • Improve school results ENGLISH • Raise self-esteem READING Individual education pr Oualified teachers • SPELLING Student of the month **SHANNON**

UMINA

4344 5042



History

Economic crisis in Woy Woy

Back in the 50s and the following years, we witnessed something similar to the current economic crisis in Woy Woy with a number of seemingly thriving factories and businesses quietly closing their doors and sacking mostly highly trained and valued employees.

It may surprise readers that some of these factories collectively employed hundreds of skilled workers, yet upon the closure of these factories, very few people were even aware of the situation other than those directly affected.

Some of these businesses suffered financial distress, others shifted their manufacturing to third world countries for cheaper labour and, of course, there were those like the ubiquitous corner shop which simply could not compete against larger corporations with their financial clout.

The fashion industry and rag trade featured prominently on the Peninsula with Osti being one of the major employers in Woy Woy.

The factory was located in Edward St and was managed by Fred Moss who also played a commendable part in the local Lions Club.

One year he donated all the fabric to dress up the club's float for the Back to Woy Woy celebrations.

Another clothing manufacturer was Superfit which operated in the building now occupied by the motel in The Boulevarde.

Jim French owned the business and employed at one time no less than 90 staff.

King Gee and Yakka overalls were all produced on the premises, as well as men's clothing under the Delta label.

All the men's trousers were sent across the road to the Central Coast Dry Cleaners, owned by Tom Waugh, for pressing before

being despatched to the city for distribution.

Some of the other businesses which come to mind are Woy Woy Fibrous Works owned by the Jesperson family; Planet Gloves near the corner of Rawson and Ocean Beach Rds, which manufactured industrial gloves; and Vicky Blouses at Umina which made women's garments under the ownership of Neville and Vicky Stokes.

Two others that penetrated the fog of my distant memory were the milk depot operated by the Campbell family in Flathead Rd and Buckworth's engineering workshop located in the building now occupied by St Vinnies in Brickwharf Rd.

Sadly, one of the last businesses to close was the abattoirs, operated by F. C. Nichols Pty Limited at South Woy Woy.

At peak times, more than 80 people were employed by the company, including slaughtermen, boners, drivers and staff for the various retail outlets.

In one week alone in 1978, 987 cattle were slaughtered on the premises and later turned into chops, steak and minced meat.

The Nichols family acquired the abattoirs from Jack Roberts in 1955.

The abattoir developed from a dairy farm first established by John Bull back in 1919 and whose name has been perpetuated by the naming of Bull's Hill.

No story of past businesses would be complete without mentioning HC Margin, the ice cream, soft drinks and cordial manufacturer, which operated from premises opposite Woy Woy Public School in Blackwall Rd, Woy Woy.

It would be easy to write a book about a family comprising three generations which first started production back in 1926.

Fred Landman. **Daley's Point**

Help people in your local community by supporting the Samaritans Appeal.



It was actually my girlfriend who made her debut and I was really only her partner.

However, I should be forgiven for thinking it was my debut, seeing it is not every day that we chaps have to dress up in a dinner suit, bow tie and wear clean socks.

I venture to say that for most of us the wearing of a dinner suit would have been a once in a lifetime event.

But worse than our attire was the obligation to learn "proper" dancing; in particular the Pride of Erin, a rather complicated dance requiring some intricate manoeuvres, turns and steps.

Of course, where the male ego is concerned, one had to put on a good show and not appear an absolute dill.

However, many rehearsals under the expert guidance and tuition of local dance maestro, Kevin Hartas, a bunch of uncoordinated and clumsy fellows who were more used to Rock and Roll were ready for the big night.

This was the second debutantes' ball organised by Woy Woy Apex Club at the Pacific Cabaret at Ettalong.

Suits were hired from Mortimers at Gosford, and copious lashings of Spruso or Brylcreem ensured that we looked at least presentable.

We were required to meet our partners at Arthur Young's Studio for formal photos.

The girls of course looked lovely in gorgeous long white dresses smothered in lace and diamantes.

Hair and makeup was professionally done and, probably

Pride of Erin danced at debut

for about the 20th time that year, I fell hopelessly in love.

Photos done, we then proceeded to the hall where everyone was already seated anxiously waiting for our arrival.

Tickets were sold out weeks beforehand with families of each debutante being allotted a table, with the remainder occupied by Apexians and members of the public.

Proud parents, grandparents, siblings, cousins and nephews were all there waiting for the big moment.

Music was supplied by Milton Clark and his Rhythm Boys.

A drum roll announced our arrival.

We walked in looking very serious and rather self-conscious and, after forming a line near the stage, the music started up, the doors opened and one by one the girls emerged looking radiant and confident.

paused momentarily They underneath the archway to be introduced to the adoring audience and then proceeded slowly to be presented to Miss Enyd Connelly by the Matron of Honour, Mrs Wynn Burford.

Miss Connelly, by the way, was the Vice-President of the Federal Association of Dancing (what, no politicians!).

All this took place with great solemnity and nostalgia for tradition.

Following the presentation, we formed a circle and, spurred on by enthusiastic applause from the audience, we performed the Pride

or Erin.

Not quite Swan Lake, but boy we were good!

We could have been finalists on a television dance show, given the opportunity.

The smile on the face of Kevin Hartas was only overshadowed by the triumphant smiles on our faces as we led our partners around the floor.

When the music stopped, we led our partners to our specially reserved tables at which time supper was served.

We even had a few bottles of Porphery Pearl and Sparkling Rhinegold on our table which we consumed with silent acquiescence by the parents.

Cordial was also thoughtfully provided.

Historically, a girl making her debut represented her first introduction to the public or society.

It is indeed a shame this happy and meaningful ritual for many young girls is now considered anachronistic and irrelevant, but I am sure those who took part will look back with fond memories.

As a fitting finale, my partner told me in no uncertain terms that I needed many more private lessons if I was ever going to master the Pride of Erin.

It was indeed a most kind offer and, after some 46 years and three children later, I can truthfully say I have finally mastered the nuances of this rather refined and elegant dance.

Thank you my dear!

Fred Landman, **Daley's Point**

Rogers Park named for disaster hero

A memorial service is held every year at Rogers Park, Woy Woy, to remember the sinking of the HMAS Voyager on 10 February 1964, after colliding with HMAS Melbourne while conducting exercises off the NSW South Coast

The Woy Woy Peninsula has a close association with the disaster

Survivors of the disaster told of the courage of Chief Petty Officer Rogers amidst the turmoil following the collision, which claimed the lives of 82 persons on board the Voyager - 14 officers, including the commanding officer D H Stevens, 67 sailors and one civilian dockyard employee.

There were 232 survivors.

It was later reported that Rogers was heard leading his remaining

children, Peter, June, Cheryl and Rhonda, who were aged from two to 17 years at the time of the accident.

The family attend the service at Woy Woy each year.

This year, Cheryl, who resides on the Central Coast, was in attendance, together with her sister June, who had travelled from Wales with her husband, Peter; and Jonathan Rogers' grandson, also named Jonathan Rogers, with his son Ethan. Three other local men connected with HMAS Voyager were Able Seaman Ronald William Michael Parker, who spent most of his working life in the Navy and who was among those who lost their lives in 1964: survivor George Weir, who passed away in 1995 and Richard "Dick" Gough, a survivor who resided at Umina Beach until his death in 2007.

The welfare and community development arm of the Anglican Church in the Hunter, Manning and Central Coast regions.

and Rogers Park was named in 1977 in memory of Chief Petty Officer Jonathan Rogers who lost his life while saving other young sailors.

Chief Petty Officer Rogers, who was born in north-east Wales, served in the Royal Navy with distinction before coming to Australia and joining the Royal Australian Navy in 1950.

Moving with his wife and young family to Ettalong Beach in 1955, Chief Petty Officer Rogers – known to his friends as "Buck" Rogers served on several vessels before joining HMAS Voyager in January 1963 as her coxswain.

doomed comrades in prayer and a hymn during their final moments.

Chief Petty Officer Rogers was posthumously awarded the George Cross, the highest bravery award then available in peacetime "for organising the escape of as many as possible and encouraging those few who could not escape to meet death alongside himself with dignity and honour".

All of Chief Petty Officer Rogers' medals are on display at the Australian War Memorial in Canberra.

Chief Petty Officer Rogers was survived by his wife, Lorraine, who has since died, and his four

State Parliament Hansard, 15 May 2009 Marie Andrews. Member for Gosford

Page 20 - Peninsula News - July 13, 2009



6700

Matches played against Erina

Umina Beach Rugby League the scoreboard in the first half. Football Club played out its matches against Erina for round 11 at Umina Oval on June 14.

Club secretary Mr Kevin Hulls said the club's Under-18's side proved itself on the day against the competition leaders.

"It was the game of the year so far, in which they showed that they can match pride, passion, ability and mateship with the best of the rest in the competition as they defeated competition leaders Erina," Mr Hulls said.

"In a game where all players more than accounted for their opposition one-on-one, it was hard to nominate individuals but leading the way was captain Boydie Symes (Man of the Match) who was playing against his former club for the first time closely followed by Lachie Wing and James Murphy.

"From the kick-off Boydie took the ball and powered into the opposition without any thoughts for his body, gaining a penalty for a high shot against him and getting up laughing asking the opposition if that was the best they could do!

"Play was from one end to the other with the Bunnies holding a 14 to 10 halftime lead.

"In the second half, Erina hit back to lead 24 to 18 with 15 minutes to go, but by 10 minutes to go it was 24-all.

"With two minutes remaining, hard running Nathan Player scored to the side of the posts, converted by James Murphy."

The final score saw the Umina Bunnies defeat Erina 30 to 24.

"The Under-20s had the opportunity to reverse the first round loss to long time nemesis Erina.

"Looking at the first half, it appeared they were on song, leading 10 to six at halftime, and seemingly controlling the game.

"Although this game never reached the excitement of the previous game, both teams played well within their ability.

"The longer the game went the more the Bunnies' intensity seemed to drop off and they were content to protect the lead early in the second half.

"A few wrong decisions by players and Erina were back to hit the front 12 to 10 then increase the lead to run out winners 22 to 10 over the Bunnies.

"The second grade game was almost identical to the 20s, in which they more than held their own on

"Only to leave the game plan in the change room in the second half as Erina overpowered them to run out winners 28 to 16.

"The Bunnies were shown that intensity and desperation both in attack and defence is vital for the entire game if they are to progress into the final series, not just for five to 10 minute periods at various times throughout the game.

"Pat Ryan as always was at the forefront closely followed by Brendan Parmeter, Bryce Hammond and Mick McManus.

"First grades were on a hiding to nothing, with washouts, injuries and the lack of training when they confronted the high flying Erina Eagles.

"As halftime approached and with the Bunnies leading 14 to six on the scoreboard, a matchaltering decision occurred right on halftime as we lost half back Matt Wakefield, sent off alongside an Erina front rower for what was nothing more than a minor scuffle, the only one in the game.

"The decision tipped the scales massively in the opposition's favour.

"Although completely fatigued, the Bunnies refused to concede holding on to a lead until the final 15 minutes when Erina hit the front and went on to win 24 to 14 with a final converted try in the last minute of play.'

All games in round 12 of the Central Coast Rugby League competition were called off due to bad weather on June 21.

Newsletter, 19 June 2009 Kevin Hulls, Umina Rugby League Football Club

Umina Surf Life Saving Club held its junior and senior presentation nights recently with higher than usual attendance, according to club publicity officer Mr Carl Krucler.

Mr Krucler said the attendance rate was indicative of the growing numbers actively involved in the club competitively and from the lifesaving point of view.

"Major award recipients included Life Member Christine Lavers, our longstanding club secretary, general organiser and font of knowledge," Mr Krucler said.

"A surprise on the night was the club executive managing to secretly organise the attendance of many of Christine's family and friends from other areas in the state.

award involved an "The emotional recount of the reasons for Christine's nomination and her equally emotional response indicative of her genuine care and concern for the club.

"Senior Club Person went to Andy Wing, for his dedication to the roles of IRB captain and club captain and huge number of patrol hours as well as the acknowledged motorised craft expert.

"Under-19 Club Person was awarded to Andrew Boylan for his ongoing commitment to assist whenever and wherever required even performing entertainment organisation for the presentation night.

"Nick Shepherd received the Patrol Person of the Year award

Harbord wins Umina triples

A Harbord team from the northern beaches has won the Umina Beach two-bowl triples event.

Five teams competed in the event with Don Williams, Peter Erickson and Neil Thompson from the visiting Harbord Club taking out the major prize with three wins

with their team captain Lindsay Adamson of Ettalong with three wins +28.

Third went to an a women's team from Umina, consisting of Pam Fishenden, Elaine Agnew and captain Pat Payne with three wins +19.

Newsletter, 26 Jun 2009 **Coast Bowls News**

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Presentations at Umina surf club

for contributing in excess of 100 patrol hours during the season and organising Water Safety activities for Sunday morning nippers and carnivals.

"Senior Competitor went to Jordan Krucler who is branch and state Under-19 champion lifesaver gold medallist, multiple branch and state medallist.

"Masters Competitor was awarded to Kerry Armstrong Smith for being state open champion lifesaver, branch and master state medallist.

"The Phil Carr Memorial Stirrers Paddle went to Ian 'Moose' Backhouse for always promoting the boat crews involvement and needs within the club."

Mr Krucler said the junior nipper presentation proved to cap off another successful season for the Peninsula club

"Congratulations to Junior Clubperson of the Year Jessica Mensforth who, apart from junior club captain duties, performed a large number of patrol hours and was involved in several rookie and club fundraising functions.

"Rookie of the Year went to Jason Mumford for attending many rookie functions and for performing in excess of 70 patrol hours for the season.

"Kerry Armstrong Smith received Team Manager award for her work as age manager for the Under-10 age group, R&R coach and several commitments with the senior club (including club vice-captain, 50th anniversary co-ordinator and master competitor).

"Best Carnival Competitor was awarded to Bradman Best who won multiple medals at several carnivals throughout the season

"Senior Pointscore Champions were Teigan Miller (Under-13) for the girls and a tie for the boys between Jason Mumford (Under-14) and Jack Waining (Under-12)

"Junior Pointscore Champions were Sydney Healey (Under-9) for the girls and another tie for the boys between Damian Hurd and Shannon Adams.

"State carnival medallist Rachel Wood (Under-10) was also acknowledged on the day.'

Mr Krucler also reminded club members and local residents interested in taking part in the club's 50th Anniversary celebrations from October 30 to November 1 to visit www.umina-slsc.com for further details.

> Press release, 14 Jun 2009 Carl Krucler, Umina Surf Life Saving Club

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Peninsula News reaches all Peninsula families with school children, a very important target market

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In second place were Pat Neal and Allan Rhodes of Umina



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Why not get the most out of your advertising dollar? Give us a call on 4344 1844





Woy Woy wins shield

Woy Woy Women's Bowling Club has won the Lorna Buckworth Shield after a three year absence.

The shield, established in 1969, is contested annually between Woy Woy, Ettalong, Everglades

and Umina by two teams of four from each club.

past president of Woy Woy Lorna

The event is held in honour of

Buckworth who held her position between 1963 and 1969. The winners from Woy Woy included Shirley Darby, Irene

Varley, Jan Fliedner and Linda Pointing.

Sally Atkinson, Marilyn Jarrett, Dawn Haworth and Patricia Bellany

were runners up. Press Release, 29 Jun 2009 Dianne Elson, Woy Woy Women's Bowling Club

Luke wins League award

Woy Woy Junior Rugby Football League Club player Luke Moore has won a Country Rugby League award for his sporting achievements.

Luke, 10, has been with the club for five years and reached 100 games in 2008 while playing in the under nine's competition.

Luke is the youngest player at the club to reach 100 games, and in the same year he also scored 100 tries and was awarded the under 9s Best and Fairest player.

Club secretary Mr Russel Downey said Luke was a one-in-amillion kid whose love of the game sees him play every Saturday and volunteer whenever he can to help the club out.

"Recently Luke had a head clash with a teammate during a dame and needed stitches as a result," Mr Downey said.

"In a testament to his love of the game, his mum said the only thing he asked the doctor was whether he could train and play footy the next weekend."

Luke has won a \$250 sports voucher for himself and \$1000 for Woy Woy Junior Rugby League Football Club.

The award from Country Rugby League was aimed at encouraging rural communities. parents. coaches and fans to get behind their local club and players by nominating them for a grant.

Mr Downey said that Woy Woy was a community-orientated club with a strong commitment to the children of Woy Woy and local areas.

"This year our club has donated books about rugby league to local schools, held a Junior Rugby League Development Day to encourage children into our sport and assisted the CRL with school gala days," Mr Downey said.

Media Release, 8 July 2009 **Country Rugby League**

Rugby union side defeated

Woy Woy Rugby Union Club's first grade side has been defeated in rounds 10 and 11 of the Central Coast competition.

In its round 10 match on June 27, against Gosford, Woy Woy were defeated 31 to seven at fulltime.

Central Coast Rugby Union president Mr Larry Thomson said the game was a "hard-fought win" over Woy Woy.

"This was a tough and physical encounter and the match was much closer than the scores indicated," Mr Thomson said.

"The Woy Woy pack certainly took the game to the Gosford eight, and were very strong in the set pieces.

'Gosford led by 14 points to nil at the half time break and maintained this dominance on the scoreboard for the remainder of the game.

"Best players for Gosford were their hooker Chris Comerford, flanker Andrew Moseley and fiveeight Josh McGlynn.

"Comerford in particular was a tower of strength for the home team

"Woy Woy was best served by forward Danny May and back Marlon Counsell.

"This was an important win for the Gosford team and maintains their unbeaten run, but was certainly an excellent performance by the Woy Woy Lions."

In other grades for round 10, second grade for Woy Woy were defeated by Gosford 38 to nil, while third grade were also defeated 24 to 11.

Round 11 of the local competition

saw Kariong defeat Woy Woy first grade 12 to 10 in a close finish on July 4.

"Kariong and Woy Woy put on an arm wrestle from start to finish in their game at Kariong Oval," Mr Thomson said.

"Kariong got home in the match by 12 points to 10 but the game was up for grabs for the entire 80 minutes.

"This was a dour battle with both teams giving it their all.

"However, once again Woy Woy went down in a very close result while Kariong secure a most important victory.

"All the points were scored in the first half.

"Kariong did score two tries to one and this was the only difference in the game between the two teams.

"Number eight Shannon Beavan was outstanding once again and he scored a vital try while halfback Scott Hanley put on a great performance for the home side.

"Others to play well were backs Sione Malu and Steve McGrath.

"Luke Sereti was outstanding for Woy Woy and he crossed for their lone try.

"The second half went to and fro and both teams went so close to victory.

"Woy Woy are still continuing to improve and will be a threat to all teams from here on in. "Paul Gourley was most effective for the visitors and played his typically strong game, while Andrew McNamara was an important player, directing play well for the entire game."

The second grade game saw a defeat for Woy Woy against Kariong with a 98 to five fulltime score.

Meanwhile, Woy Woy third grade were defeated 23 to nil.

Press release, 5 Jul 2009 Larry Thomson, Central **Coast Rugby Union**





700

Day to honour life member

Woy Woy Bowling Club held a special bowls day in honour of life member Mr Kevin O'Brian recently.

Club publicity officer Mr Ken Poole said Mr O'Brian was one of Woy Woy Bowling Club's favourite bowlers.

"He has not been in the best of health lately so the day was arranged in appreciation of the excellent work he has done for the club over many years," Mr Poole said.

"Kevin moved to the Taree area some years ago and is now based at the Taree Railway Bowling Club.

"He has kept strong ties with

Woy Woy though and many reciprocal visits between the two clubs have been undertaken.

"Both greens were booked solid and 80 plus bowlers including a dozen or so from Taree lined up at 8.30am before play for a breakfast.

"Many more people dropped in to the club to chat.

"The festivities completed but with the band still playing the opponents in the major singles final took to the green for the final.

"The match enjoyed by the big crowd saw Lee Patterson overcome Ken Young 31 to 25."

Press release, 2 Jul 2009 Ken Poole, Coast Bowls News



Family opens ski-field lift

Dog night for juniors

Woy Woy Junior Rugby League Football Club will hold its fifth annual Dog Night at Gosford Greyhounds on Julv 14.

According to publicity officer Mr Russell Downey, the annual event goes towards raising money for the future development of the club.

"This is a family night out during school holidays and all kids receive free entry," Mr Downey said.

"Adult tickets are just \$5 per

head

"Gosford Greyhounds have a fully enclosed air conditioned viewing area, full tote facilities and bistro.

"Dog race sponsorship is also available.

"Sponsors receive wide media exposure through Sky racing and newspaper print."

For more information, contact Russell Downey on 0418 657 202. Newsletter, 9 Jul 2009 **Central Coast Sports**

A Woy Woy family has won prize. a national competition to officiallyopenthenewchairlift at Selwyn Snowfields.

PeninsulafamilyPeterandCarley Duggan and their three children won three nights accommodation at Selwyn Snowfields including lift and equipment hire as part of their

The Duggan family were also guests at the opening of the new Township Triple Chairlift and the first to ride the new lift.

The official opening was scheduled to take place across the June long weekend, however due to bad weather was rescheduled to the weekend of June 20 and 21.

Marketing manager for Selwyn Snowfields Mr Paul Chandler said the competition received a great response from people across the country.

Newsletter, 4 Jul 2009 Paul Chandler, Selwyn Snowfields







7 DAYS \bigcirc Pen Monday ~ Friday

7am - 5pm Saturday - 8am - 4pm Sunday - 9am - 2pm

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This is a natural look coating for the nails. You may choose from natural or permanent nail color & expect between

3 to 4 weeks between infills. Leaving no damage to the natural nail.

Coatings - \$50.00 Full Set of Tips - \$60.00 Tips & French Polish - \$65.00 Infills from - \$40.00 Repairs (each nail) - \$7.00 Soak off Gel Coat, Buff & Polish - \$30.00

All Occasions - \$35.00 Ear Candling - \$40.00

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Skin Treatments

Deluxe Facial

1 hour facial includes, cleanse, steam exfoliation, serums, face & décolletage massage, moisturizers & foot massage. - **\$65.00**

Ultimate Facial

 hour facial includes cleanse, steam exfoliation, serums, face & décolletage massage, oisturizers, eyelash tint, eyebrow tint & eyebrow wax. - \$75.00

Deep Cleanse with Lactic

Includes cleanse, exfoliation, steam with extractions. 30% or 50% lactic acid to remove dead skin cells. Finish with nourishing mask. - **\$55.00**

Ultraceuticals Peel Packages

Talk to one of our therapists about the results you can expect to achieve within a peel package. Includes 6 peels. Peel Package..... **\$280.00** Peel Only......**\$55.00** Includes free Mini Facial with the purchase of a peel package.

Winter Specials

Spray Tan - Don't be pale in winter come and have a spray ran at our beauty rooms - \$19.99

Eyelash Perm &Tint - Put a natural looking curl in your lashes. No more applying mascara. safe quick and totally stunning. Lasts for up to 3 mths - \$45.00

Revion products - Purchase Revion products to the value of \$20.00 or more and Receive a \$5.00 voucher for the beauty rooms



Hand & Foot Treatments

Manicure

Includes cuticle work, file, scrub massage & polish - \$40.00

Ultimate Manicure

Includes cuticle work, file, scrub, massage, paraffin & polish. - \$50.00

Buff & Polish

Shaping & polishing of the nails......\$17.00 Polish only.....\$10.00

Pedicure

Includes cuticle work, file, scrub, massage, mask & polish. \$45.00

Ultimate Pedicure

Includes cuticle work, file, scrub, remove dead skin, massage & paraffin \$55.00

Toe Nail Clipping - \$10.00

Piercing

Ear Lobes - \$13.00 Nose - \$20.00 Not including jewellery Not including ear care spray

End of season homy ped clearance Cameron, Coco, Dani, Nicole limited sizes Up to 50% off - now \$69.95



Bikini - \$15.00 Extended Bikini - \$20.00 Brazilian from \$30 - \$45.00 Underarm - \$15.00 Arm - \$20.00 Eyebrow - \$13.00 Eyebrow tweeze - \$10.00 Lip - \$10.00 Chin - \$10.00 Lip, Chin & Eyebrow - \$29.00 Back From \$20 - \$30.00 Back, Neck & Shoulders - \$46.00 Chest - \$20.30

Monday to Friday 8.30am - 5.30pm Saturday 8.30am -12.30pm

CHEMIST 315 West St Umina Beach- Ph: 4341 1488

Save