

# Peninsula News

## Community Access

Edition 218

Phone 4344 1844 Fax 4344 1944

June 29, 2009

## Centre was more work than expected

Repair work to restore the Ettalong Senior Citizens Centre to a habitable and functional state is "more extensive than initially anticipated", according to a Gosford Council report.

The report stated that the building will reopen to the public in September however the date may need to be revised according to the timing of rectification works.

The presence of asbestos was discovered in the air conditioning unit of both Gosford and Ettalong seniors centres in February this year.

Since that time the asbestos has been completely removed from both centres and the scope of works to repair the buildings has been assessed by council's Contract Management Unit.

"The works required to restore the centres to a habitable and functional state is more extensive than initially anticipated," the report stated.

"Both centres require repair or replacement of the air conditioning units, lighting and ceiling panels.

"In addition to this some sections of the roof at the Ettalong site will need replacing prior to the new ceiling being installed."

According to the report, quotes have been obtained for the work required at both centres on the air conditioning units, lighting and ceiling panels.

It is anticipated that the total cost for the repairs of both centres will be more than \$460,000 which will be covered through council's Property Development Reserve.

Centre activities for both centres will continue to take place at temporary venues including the Peninsula Community Centre, Gosford Town Centre Shopping Centre and the Central Coast Youth Club at Niagara Park.

For further information, contact council on 4325 8222.

**Council agenda COM.33,  
23 Jun 2009**



Ettalong Senior Citizens Centre is expected to reopen to the public in September following the discovery of the presence of asbestos in the building's air conditioning unit in February

## Police call off search for kayaker

Police have called off the search for a 20-year-old Woy Woy man who went missing on Brisbane Water on June 12.

Former Newcastle Knights forward Ryan Sainty left home at around 12.30pm after telling his mother he was going for a paddle on Brisbane Water as he regularly did.

According to police, Mr Sainty's blue kayak was found floating upside down, 200 metres off the Saratoga end of Paddy's Channel at around 3pm.

His spray jacket and paddle

were still attached to the surf ski.

Police continued a 10-day extensive search of the area where it is reported Mr Sainty was last spotted by a passer-by struggling with his kayak off Saratoga.

Gosford Police duty officer Sergeant Bruce Coates said that police had been unable to locate Mr Sainty after an extensive search of the area.

"It's a terribly unfortunate situation that we haven't been able to locate Ryan," said Sergeant Coates.

"It's a horrible situation for the police and even more so for the family.

"While the search has been called off, the investigation is still continuing and we urge anyone with any information to contact Gosford Police," Sergeant Coates said.

Sergeant Coates said that the police did not believe any suspicious behaviour was involved.

Police were also assisted in their search for the missing kayaker by the Royal Volunteer Coastal Patrol, Polair and Water Police.

Coastal Patrol publicity officer Mr Ron Cole said the decision was made by police to abandon the search on June 21, after police divers scouring the water off

Saratoga were not successful in locating the missing man.

"The patrol began assisting police on Friday, June 12, when the man was reported missing," Mr Cole said.

"A major search was conducted through Friday night and included use of the Police helicopter with heat-seeking equipment.

"The police coordinated search resumed on Saturday, June 13, with all three patrol lifeboats actively involved together with the police vessel, a NSW Maritime vessel, a surf club RIB, and eventually other kayaks and some launches hired locally by friends.

"The entire foreshore was covered including under jetties and docks.

"Senior officers of Coastal Patrol liaised with the police in charge of the search providing information of tidal flow, current movements and other local knowledge of the waterway."

Clare Graham, Kevin Holloway, 26 Jun 2009

Interviewee: Sergeant Bruce Coates

Press release, 14 Jun 2009  
Ron Cole, Royal Volunteer Coastal Patrol Central Coast

**THIS ISSUE contains 52 articles**

**Read more at [www.peninsulanews.info](http://www.peninsulanews.info)**



**Wednesday**   **Thursday**

Pasta Night  
Bingo night from  
7.30pm & Friday from  
10.30am

Great steak night \$12  
from 6 pm  
New Lucky Member  
Draw 7.30pm &  
8.30pm

**Friday**

Raffle - tickets on sale  
4.30pm draw 6.00pm  
Trivia Nut Nights with  
Vic Davies 7.30pm

**Sunday**

Market Day Raffle -  
thousands of dollars in  
prizes - tickets on sale  
3.30pm draw 5.30pm

Dunban Road, Woy Woy Phone 4341 1866

Conditions of entry and dress rules apply  
COURTESY BUS Wednesday to Sunday from 5.15pm



**FIRST NATIONAL REAL ESTATE  
Umina Beach**

 **We put you first.** 

Celebrate the sale of your home on us!  
A free Hunter Valley Escape for two is yours  
upon settlement, when you list your property  
with us by 31<sup>st</sup> July 2009.  
Terms and Conditions apply see  
[www.firstnationaluminabeach.com.au](http://www.firstnationaluminabeach.com.au)

for full terms and conditions.

**Free call 1300 668 793**

## Rainfall remains above average

**Rainfall for the month of June on the Peninsula stood at 117.6mm at the end of last week, just 13mm short of the monthly average.**

Of the total, 106mm fell in six days – June 17 to 22.

Figures provided by Mr Jim Morrison of Woy Woy show the

year-to-date rainfall at 865.5mm, almost 20 per cent above the yearly average of 727.8mm at the end of June.

Rainfall in May was 178.3mm, almost 50 per cent above the average for that month of 120.7mm.

Spreadsheet, 25 Jun 2009  
Jim Morrison, Woy Woy

# Peninsula News

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

**Association President and Editor:** Mark Snell

**Commercial operator:** Cec Bucello for Ducks Crossing Publications

**Journalist:** Clare Graham

**Graphic design:** Justin Stanley

**Contributors:** Kevin Holloway, Lauren Weymouth

### Declaration of interests

**Honorary editor:** Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd  
Convenor, Burrawang Bushland Reserve Committee  
President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-President, Central Coast Bush Dance & Music Association  
Vice-president, Brisbane Water Secondary College Umina Campus P&C

**Journalist:** Clare Graham

Public relations assistant, Brisbane Waters Private Hospital

**Next Edition:** Peninsula News 219

**Deadline:** July 8      **Publication date:** July 13

### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

### **CONTACT US AT:**

**Office:** Shop 5, 115 Blackwall Road Woy Woy  
**Phone:** 4344 1844 **Fax:** 4344 1944  
**Mail:** PO Box 532, Woy Woy 2256  
**E-mail:** mail@peninsulanews.asn.au  
**Website:** www.ducksrossing.org  
**Website:** www.peninsulanews.info

Legal responsibility for editing, printing and publishing in Peninsula News is taken by Mark Snell of Woy Woy, for Peninsula Community Access Newspaper Inc.

**Ducks Crossing Publications is the commercial operator of Peninsula News**

Ducks Crossing Publications also publishes

• Coast Bowls News - www.ccdba.org.au - email: bowlsnews@ducksrossing.org  
• Trad&Now - www.tradandnow.com - email: info@tradandnow.com  
Printed by MPD, Maddox St, Alexandria

## Fire prompts business move

**A fire which burnt out shops in Umina has led to two of the people affected to buy their own fire protection business.**

Joel Neich, 23, said a fire that burnt down the Umina Repco store and surrounding shops left him and his business partner Mr Adrian Morgan out of work for more than three months, due to inadequate fire protection systems.

"It's scary how many shops we go into which have fire equipment that is older than we are," Mr Morgan said.

"It can be a real shock you how little people think of fire safety and it's generally not until they have a bad experience that they see the light."

Mr Neich and Mr Morgan

recently took over Coastal Fire Services.

The two Peninsula residents are looking to spread their message of fire safety.

"We've spoken to a lot of small business owners and the effects on employers and employees losing work for months on end can bankrupt people," Mr Neich said.

Coastal Fire Service recommends residents and business owners to install and check fire alarms, leave heaters off at night when asleep, create a family evacuation plan and remove any obstructions from exits.

Press release, 22 Jun 2009

Joel Neich Coastal Fire Services

## Sale at church

**Umina Uniting Church will be hosting a sale of furniture, plants and second-hand books on Saturday July 11, 8am till noon.**

The church will also be running a barbecue on the day.

Press release, 24 Jun 2009  
Annette Strong, Umina Uniting Church

## Emergency Numbers



## Winner

**The winner of the Sids and Kids Red Nose Day Colouring-In Competition has been announced.**

Emma Woodley, 10, of Niagara Park won with a colourful and vibrant entry.

Emma will receive a Creativity for Kids prize pack valued at \$24.95 for her winning entry.

Clare Graham, 26 Jun 2009

Aged & Disability Support Services	4334 2633
Police, Fire, Landline & Mobile	000
Ambulance Text Mobile	106
GSM	112
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
Police Assistance Line	131 444
Woy Woy Police Station	4379 7399
Crime Stoppers	1800 333 000
RFS Fire Control Centre	4340 2911
SES - Storm and Flood Emergency	132 500
Gosford City Council	4325 8222
City Rail	131 500
Energy Australia	13 13 88
Poisons Information	131 126
Lifeline	13 11 14
Royal Volunteer Coastal Patrol	4325 7929
Busways	4362 1030
Taxi	131 008
Gas Emergency	131 909
Suicide Help Line	1800 191 919
Wires	4323 2326

**What's the perfect gift for a Peninsula resident that has everything?**

**A:**

**A 12 Month Subscription to Peninsula News, a gift they can enjoy not just once, but all year**

# Peninsula News

**Ph: 4344 1844 Fax: 4344 1944**

**Shop 5, 115 Blackwall Road Woy Woy - PO BOX 532 Woy Woy 2256**

**www.ducksrossing.org**

Name: \_\_\_\_\_ Ph: \_\_\_\_\_

Address: \_\_\_\_\_

Please send a cheque, money order or credit card details to  
Ducks Crossing Publications, PO Box 532 Woy Woy 2256

# Government spends \$17M on local projects

## State spends \$20M

More than \$20 million will be spent on the Peninsula on local jobs, infrastructure and frontline services as part of the NSW State Budget, according to Member for Gosford Ms Marie Andrews.

Ms Andrews said the major budget investments for the Peninsula included upgrades to Ettalong and Woy Woy public schools, and Brisbane Water Secondary College Woy Woy Campus.

More than \$8 million will also be spent on delivering over 18 homes to people in need in Umina and Woy Woy under stage one of the Nation Building Economic Stimulus Plan.

Intersections at Adelaide Ave and Melbourne Ave in Umina and Gallipoli Avenue and Springwood St in Blackwall will receive upgrades including the installation of roundabouts.

She said extra commuter car park spaces would be provided for Woy Woy Station.

Press release, 16 Jun 2009  
Marie Andrews, Member for Gosford

The Federal Government will spend more than \$17 million on local projects under its Economic Stimulus Plan, according to Member for Robertson Ms Belinda Neal.

Ms Neal said the area was set to benefit from a "massive infrastructure boom" with around 18 local projects already announced by the Federal Government.

The local projects detailed in the Economic Stimulus report for the Robertson electorate include upgrades and refurbishment projects worth more than \$1.6 million for nine Peninsula schools under the National School Pride Program.

Empire Bay, Umina, Woy Woy South and St John the Baptist primary schools will also receive funding for classroom construction and upgrades under the Primary Schools for the 21<sup>st</sup> Century initiative.

The report listed Gallipoli Ave in Blackwall to receive \$450,000 in funding as part of the Black Spot program while Adelaide Ave in Umina will be given \$200,000.

The Federal Government's Community Infrastructure Program will see the Peninsula receive more than \$3.1 million in projects.

Rogers Park will undergo a \$76,000 upgrade to extend amenities building and incorporate clubroom and additional change rooms while Marie Byles Lookout at Killcare Heights will be given an upgrade including disabled access, paving and fencing, totalling \$111,000.

The Peninsula Recreation Precinct development is to be granted more than \$3 million in Federal Government funding under the Community Infrastructure Program.



The project will see the construction of a playground area, improved access, construction of a kiosk and amenities block and regeneration of ecologically sensitive areas including dune stabilisation.

Local small businesses, trades people, and contractors interested

in work opportunities from the stimulus should visit ["Nearly 70 per cent of the Economic Stimulus Plan is being invested in infrastructure – building roads, rail, social housing and the largest school modernisation](http://www.australia.gov.au/economicstimulus_and click on 'Small Business'.</a></p>
</div>
<div data-bbox=)

program in Australia's history," Ms Neal said.

"The Economic Stimulus will support jobs and cushion our community from the full impact of the global recession by investing in local infrastructure."

Press release, 17 Jun 2009  
Member for Robertson, Belinda Neal

## MITRE 10 KINCUMBER WE'VE GOT EVERYTHING IN HARDWARE

*...and only minutes from the Peninsula*



Come and visit our bright, open & friendly store and check out our large range of products from general hardware, power tools, housewares, garden plus much more....

### PAINT & PAINT ACCESSORIES

- Huge range, knowledgeable staff
- Dulux, Accent, Taubmans, Cabots, Intergrain, Feast Watson, Selleys and more...

### OUTDOOR LIVING

- Furniture, Umbrellas, Weber BBQ's
- Gardening & Landscaping

### PERGOLAS & DECKING

- Suppliers of Decking, Timber, Roofing and more...

OPEN MONDAY to FRIDAY 6.30am–5.30pm

SATURDAY 7.30am–5pm • SUNDAY & Public Holidays 8am–4pm

## MIGHTY HELPFUL MITRE 10 KINCUMBER

Cnr Empire Bay Dr & Kerta Rd Kincumber ☎ 4368 3866



# ROY LAMB

**“THE SAND MAN”**



- For all your landscaping supplies
- Soils • Mulches
- Decorative Pebbles and Lots More

Open 5 1/2 Days from 6am  
25-27 Alma Avenue, Woy Woy

*“Bring Your Trailer, Bring Your Ute”*


4344 1110



## Drainage swales may be tested

Grass drainage swales may be tested on the Peninsula, with a report being prepared by Gosford Council staff.

Cr Peter Freewater asked at council's June 23 meeting whether council staff had the issue of introducing grass swales on the Peninsula under review.

Director of city services Mr Stephen Glen said grass swales had been on council's agenda for a number of years.

"One of the main difficulties we have is limited funding to undertake capital works," Mr Glen said.

He said that funding available to be spent on the roads would not be enough to construct swales.

"I would like to have a test strip of vegetated swales."

"Staff are preparing a report so we can include funding for a test strip within the Capital Works Program."

Council agenda Q.86, 23 Jun 2009

## Culverts planned for Woy Woy Rd

Gosford Council will construct stormwater culverts in Woy Woy Rd at Bulls Hill early next month.

The work includes the supply and replacement of seven culvert crossings, upgrade of headwalls and scour protection facilities, installation of kerb and guttering and associated works along Woy Woy Rd.

Council resolved on June 23 to accept the tender of Synergy Resource Management to undertake the work.

The North Sydney company

was recommended by the director of corporate services Mr Nic Pasternatsky as the tender with "the most positive benefits to council".

The estimated cost of the project is more than \$307,000.

According to the council report, \$300,000 had been allocated to the project in the March Budget Review and the final cost of the project would be reconciled in a further Budget Review once the work was completed.

Council agenda COR.65, 23 Jun 2009

## Sewage pumps replaced

Pumps within the sewerage pumping station at Hardy's Bay will be replaced after council resolved to accept the tender of an Eastern Creek company to supply and deliver the replacement pumps.

The tender of ITT Flygt was accepted by council at its meeting on June 23, based on the

recommendation of the director of water and sewerage Mr Rod Williams.

Funds for the purchase of the pumps will be made available in council's 2008-2009 Capital Works Budget.

The purchase of replacement pumps is expected to cost \$222,850.

Council agenda WAT.20, 23 Jun 2009



## August release for estuary plan

A draft management study on Brisbane Water Estuary is expected to be released for public exhibition in August and will be followed by a draft management plan later in the year, according to Gosford Council.

A number of priority issues and management strategies raised during community workshops held last month will contribute to the development of a Brisbane Water Plan of Management.

These issues included sedimentation, water quality, stormwater pollution, foreshore erosion, loss of important habitat for flora and fauna and changes in fish stocks.

A variety of management options were considered including dredging, foreshore restoration works, construction of sea walls, signage, improved pollution management and monitoring programs, seagrass-friendly moorings, improved access for recreation and maintenance of infrastructure.

The draft plan of management is currently being prepared by consultants Cardno Lawson

Treloar.

More than 80 community members attended the Brisbane Water Estuary Management workshops held at Erina, Wagstaffe, Gosford and Woy Woy.

Cr Peter Freewater said the community consultation workshops were aimed at capturing the thoughts, values and knowledge of the community regarding the sustainable management of the Brisbane Water Estuary.

"The level of interest shown in these workshops highlights that the people of Gosford identify strongly with Brisbane Water and want the estuary to persist in excellent condition into the future, for the benefit and enjoyment of their children and grandchildren," Cr Freewater said.

"The community response has been tremendous and reflects the passion the local community feel towards the estuary."

Community contributions for the Brisbane Water Estuary Management Plan were accepted up until June 5.

Press Release, 1 Jun 2009  
Alison Hood,  
Gosford Council

**Belinda Neal MP**  
Federal Member for Robertson  
On Saturday 4th July  
my Mobile Office will be at:  
**Umina Shops**  
10am-11am  
Umina Shops between  
Oscar and Albert Streets  
**Col Gooley Oval**  
11am-12pm  
Melbourne Ave, Umina  
adjacent to car park  
Visit me for assistance with  
any Federal Government matter.  
Queries please call 02 4322 1922

**Australian Labor**

Shop 5, 206 West Street, Umina Beach  
Monday-Friday: 9am-5pm  
Saturday: By appointment  
[www.gckfinancialgroup.com.au](http://www.gckfinancialgroup.com.au)

**June 30 Tax Alert**

Let us show you how to reduce your tax and get the tax man to reduce the cost of your life insurance and income protection premiums  
Call us TODAY on (02) 4341- 8440

Accredited by

# CASH FOR GOLD!

\$ CASH FOR GOLD! \$

Cash in your old gold jewellery, coins, rings and chains.

Woy Woy Loans Office, 23-27 The Boulevard Woy Woy 4341 6666



## Surf club receives interest-free loan

**Gosford Council will give Killcare Surf Life Saving Club a \$120,000 interest-free loan to fund the fitout of extensions to the new clubhouse building.**

According to a council report, a request was received by council in March from Killcare Surf Life Saving Club for a \$120,000 grant.

Club secretary Mr Michael Sheehan told the council that a sponsor had contributed \$120,000 to finance extensions to the deck and bar area of the club in the original design.

Mr Sheehan asked for a grant from council to assist with the fit-out.

He stated that council had already invoiced the club \$67,000 for extensions to the new building.

Mr Sheehan stated it was in council's interest to ensure the club was "a successful and profitable business".

"Operation of the new surf

club with sub-leaseable areas and function facilities will be an entirely new venture," Mr Sheehan stated.

"To ensure that it becomes a viable business necessitates an extensive and costly fit-out."

"Additionally we need to retain our cash reserves to fund the fit-out along with other unforeseen costs, plus maintain a level of fluidity to accommodate the day-to-day running costs."

Mr Sheehan said the club had developed a business plan to ensure its goals of success and profit were achieved.

Director of city services Mr Stephen Glen recommended that a loan be made to the club to be repaid to council with interest over 15 years.

However, council resolved to make the loan interest-free and to be repaid within 10 years.

Council also resolved not to advance the loan until the club lease had been endorsed by the

Department of Lands.

"Council is currently awaiting approval from the Department of Lands regarding the lease of the Killcare Surf Life Saving Club building," a staff report to council stated.

"Advice is expected to be received by mid-June 2009."

"A loan should not be advanced until the lease is registered or, at the very least, until such time that the lease is endorsed by the Minister for Lands."

The surf club will be required to provide council with audited financial reports throughout the term of the loan to provide evidence that the club will be able to repay the loan.

The \$120,000 loan will be taken from council's Property Development Reserve and the interest forgone will be repaid to the reserve from the council's General Fund.

Council agenda CIT.29, 23 Jun 2009

## Workshop looks at native fish

**Gosford Council's Bushcare Program will run a free workshop at Woy Woy and Umina libraries in July.**

The first workshop will look at native fish living in local creeks and will be presented by Effie Howe of Scienza Viva at Umina Library on Friday, July 3.

The workshop will also feature an outdoor excursion following the presentation at the library.

The workshop will begin from

10am with the field trip finishing around 3pm.

Participants are encouraged to wear suitable clothing and waterproof footwear.

Lunch will also be provided on the day.

The second workshop will introduce participants to bushcare and provide an understanding of bush regeneration, council's bushcare program, causes of bush degradation, site safety, herbicides, as well as the roles and

responsibilities of volunteers and council.

The free workshop will start from 1pm to 4pm at Woy Woy Library.

Bookings are essential for both workshops and can be made by calling 4304 4557 or 4304 4564.

Press release, 23 Jun 2009  
Gosford Council

### Strata Lounges Re-Upholstery

Specialising in the recover of Lounges, Dining Chairs, Antiques, Cushions, Motor Trimming, Marine Trimming, Car Roof Linings etc.

Fully Qualified Tradesmen  
A huge range of quality fabrics available.

**Free pickup and delivery.**

You can now book your free no obligation quote by email/phone and we also have our free advice service by email

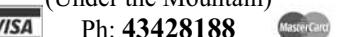
Visit our Showroom at 52 Memorial Avenue, Blackwall.

(Under the Mountain)

Ph: 43428188

www.stratalounges.com.au

email: sales@stratalounges.com.au



## Website shows local walks

**A new website entitled Wild Walks has been launched by a small group of volunteers passionate about the outdoors and features a number of bushwalking sites on the Peninsula and surrounding areas.**

The online bushwalking guide features various walks in the Brisbane Water and Bouddi national parks including Warrah Trig, Patonga, Maitland Bay and Staples Lookout.

Each bushwalk is given a description, duration, distance and difficulty rating for walkers to use when browsing the site.

Users also have the option of printing out a detailed map of the walk to take along with them.

Bushwalkers also have the option of looking up weather, track notes, photographs and feedback from other users of the intended walk.

Information on park fees and camping facilities in the area is also available.

Website developer Mr Matt McClelland said the aim of the online guide was to get more people outdoors enjoying what nature has to offer.

"Wild Walks is an online bushwalking guide book with the aim of helping more people get out and safely enjoy the many great bushwalks and camping opportunities in Australia," Mr McClelland said.

"It does not matter if you are new to bushwalking or experienced, there is something here for everyone."

"We want to encourage people to get out there and enjoy the great places on offer."

The website can be found at [www.wildwalks.com.au](http://www.wildwalks.com.au).

Website, 25 Jun 2009  
Matt McClelland, Wild Walks

## Transition towns talk

**The Peninsula Environment Group will hold its next meeting at the Woy Woy Environment Centre on Tuesday, July 7.**

The meeting will begin at 6.30pm followed by a presentation on "transition towns" from 7.45pm.

The presentation will explore transition towns, a worldwide movement to build sustainable local communities.

The Woy Woy Environment Centre is located at 268 Blackwall Rd, Woy Woy.

Group member Ms Zainem Ibrahim said the meeting was a great opportunity for people to join and see what the group was all about.

For more information on the group or for program changes, visit [www.peg.org.au](http://www.peg.org.au).

Press release, 22 Jun 2009  
Zainem Ibrahim, Peninsula Environment Group



### Animal Welfare League - Central Coast Branch

AWL is a not for profit animal welfare charity, caring for animals on the Central Coast

We sell quality second hand home furniture, clothing & Bric a Brac at a reasonable price.

Donations gratefully accepted, we can pick up locally.

**Enquiries : Carol 4344 6650  
Shop 2, The Boulevard,  
Woy Woy**

## JR's Appliances now at 26 Blackwall Road (next door to St George Bank, Woy Woy)

**Spare parts for:  
Ovens, stoves, fridges,  
vacuum cleaners and  
washing machines**

**New and reconditioned:  
Fridges, washing machines,  
clothes dryers and  
vacuum cleaners**



**GIO  
GUARANTEED  
RECONDITIONED  
REPAIRER**

**JAYARS APPLIANCE SERVICE  
4342 3538 or 4344 3384**

**Learn to Belly Dance with Behind The Veil**

Awaken your feminine spirit and release stress with this beautiful, ancient dance.

**Enquire now for Term 3 courses - Beginner, Intermediate and Children**

At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function. Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on **0403 879 772** or email [kellybellydancer@hotmail.com](mailto:kellybellydancer@hotmail.com)

## Forum

# Coastal protection needed, not beautification

**It beggars belief to see that Gosford Council has applied for more than \$2.8 million from the Federal Government for the foreshore at Ettalong.**

This demonstrates very clearly the complete lack of liaison, or communication between council departments.

Residents presume that employees in Open Spaces and Leisure Services talk to the people in charge of the Coast and Estuary

### DENTURE CLINIC

Keith Boyd

Dental Prosthetist

NO REFERRALS REQUIRED

For full and partial dentures, relines and repairs

Phone 4360 2755

CR

Call in at  
112 Blackwall Rd  
(Way Woy Osteopath Centre)

WAY WAY

## Forum

or the Bushcare departments.

This would seem not to be the case.

It is also obvious that the people at Open Spaces and Leisure have not taken a walk along the open space at Ocean Beach recently.

This space is being reduced at a fast rate due to high tides, storms and strong south east winds, especially over the past three years and this is not factoring in any sea level rise.

Perhaps these same people believe that erosion at Ocean Beach is nothing to do with Ettalong Beach because that is in the estuary.

Most people however understand that when one force meets another force, as in the ocean coming through The Heads and meeting the estuary coming out, there is deadlock and this would result in "pumping" taking place.

This would exacerbate local flooding around the catchment.

The power of this can already be seen at Ettalong, near the Vietnam Memorial and at Lance Web Reserve, where the rocks placed in both places by council, have caused erosion behind them.

Furthermore, the storm drains put in to take storm water out to sea can also work in reverse and

bring that ocean water back up the drain into the town.

This is already happening at some places in Sydney.

Vegetation on dunes helps to build up the sand and provides a little protection from the water but this has been removed, so Ettalong is now very vulnerable to the elements of nature.

I very strongly believe therefore that the Federal Government's first priority is to the residents of Ettalong and the Peninsula.

Foreshore protection is extremely expensive and its effects not very certain but you only have to observe the effects of the recent storms not only at Ocean Beach but also at North Entrance and other places along the coast, to realise that many previous planning decisions have been mistakes.

With limited Federal Funding available, it is vital that priority is given to coastal protection instead of coastal "beautification" measures.

Coastal protection will benefit all residents of the Peninsula at least for a time.

As the last president of the USA found to his detriment, it does not pay to ignore the warning signs of nature and the calls from scientists for more understanding.

Margaret Lund,  
Woy Woy Bay

## Hospital is vote winner

## Forum

- certainly not as far away as Wyong.

I would be interested to know if any of our politicians have recently visited the Wyong area where large new estates are being built to house young families who will require the services of Wyong Hospital.

The staff won't need or want our patronage.

I really believe that the politicians think that we are in the minority but come election time if they don't alter their attitude they might themselves out of their lucrative government jobs.

Barbara Duggan,  
Pearl Beach

## Foreshore plan is outdated and inappropriate

## Forum

certainly should not be the major reason for spending public money on the waterfront.

Rather, the money should be spent in attempting to slow the erosion, for the longer term environment survival and the betterment of the planet.

It should be spent to protect the little that is left by the judicious replanting of the now almost totally-trashed indigenous, endemic, genetic integrity vegetation of the riparian zone.

That is the only thing left now between the rising seas and the total inundation of the business houses and view getters.

When the businesses wash away, the viewing platforms will not be there either.

Zoe Russell,  
Umina

**Are you entitled to \$4000  
worth of Government  
funded free dental treatment?**

*You may be eligible for free dental treatment if you suffer from a chronic illness such as cancer, diabetes, arthritis, stroke etc.*



**Woy Woy Dental Centre**  
Phone for more info

**4342 1080**

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

**BE QUICK!** Scheme extended  
This is a non means tested dental benefit

**Umina's Finest Tobacconist & Darrell Lea Chocolates**

**Darrell Lea**

Cnr South and West Street  
(New entry from South Street)  
Umina Beach - Open 7days  
7am to 6pm

**Tiling Plus**

*To suit your taste, lifestyle and budget.*

**Wall &  
floor tiling**

Competitive rates - Pensioner discounts

**0439 589 426**



The Pretty Beach House purchased by John Singleton last year

## Singo spends \$16 million

Sydney businessman Mr John Singleton has invested more than \$16 million buying and refurbishing Bells at Killcare and Pretty Beach House.

The Central Coast Business Review has reported the Killcare property was purchased by Mr Singleton in 2006 while purchasing the Pretty Beach House last year.

"Bells at Killcare is geared towards those within the local community, Sydneysiders, domestic and international travellers, whilst

Pretty Beach House is marketed to discerning domestic and international travellers, as well as high-profile guests," the business review reported.

"Mr Singleton invested millions into the refurbishment of Bells at Killcare, developing it for an entirely new market.

"The property is now operated by Karina and Brian Barry and based around celebrated chef Stefano Manfredi's authentic Italian restaurant – the only one on the Central Coast with a hatted rating."

Bells at Killcare offers 11 coastal-style suites and villas set on 8.5 acres of manicured gardens while Pretty Beach House, formerly known as Headlands Guest House, has been refurbished offering a new style of luxury.

The three-bedroom house is situated on 7.5 acres offering guests a personalised experience with around-the-clock service for around \$2500 per night per couple.

Magazine, 25 Jun 2009  
Central Coast Business Review

## Project focuses on saltmarsh

The Community Environment Network has launched a new project which focuses on coastal saltmarsh areas including Patonga.

According to project officer Ms Narelle Leite, the aim of the initiative is to identify priority saltmarsh areas within the local government areas of Gosford, Wyong and Lake Macquarie.

Ms Leite said coastal saltmarsh had been drastically reduced in areas across the state and was classified an Endangered Ecological Community by the NSW Department of Environment and Climate Change.

"The project aims to identify priority saltmarsh areas within the local government areas of Gosford, Wyong and Lake Macquarie to focus on for its community education program and on-ground works," Ms Leite said.

"Saltmarsh zones on the Central Coast consist of low growing plants such as grasses, sedges, succulents and shrubs, and are

vitally important habitat for an extensive range of native fauna.

"They are important places for migratory birds to roost, as nursery areas for fish and crustaceans, and as foraging habitat for insectivorous bats.

"Working in conjunction with local councils and the Hunter Central Rivers Catchment Management Authority, CEN hopes to change community perceptions about saltmarsh and encourage people to become involved in its protection."

Ms Leite said the Patonga Creek saltmarsh site had already undergone rehabilitation work and would look at using it as a successful example of a case study for the project.

The Saltmarsh Project is funded by the Federal Government through its Caring for our Country grants.

For more information about the project, contact wetlands@cen.org.au

Press release, 22 Jun 2009  
Narelle Leite, Community Environment Network

## Mingaletta raffle for heart surgery

The Mingaletta Aboriginal and Torres Strait Islander Corporation in Umina is organising a raffle to raise money for a member in need.

Local resident Ms Linda Lorimar has been a foster mother for the Department of Community Services for many years as well as a member of Darkinjung, Eleanor Duncan and Mingaletta.

She has a daughter named Kylie Leslie who has a five-month old son Riley.

Riley will undergo surgery at Westmead Children's Hospital on July 29 to treat two holes in his heart.

All money from the raffle and donations will go towards assisting the family financially for the

operation.

Raffle tickets will be sold for \$1 per ticket or three for \$2 from the Mingaletta office.

A basket of kitchen goods will be raffled off as the main prize and will be drawn after NAIDOC week.

The Mingaletta office is located at 277 West St, Umina, behind the library.

Email, 22 Jun 2009  
Kerry Eason, Mingaletta ATSIC

**Meals on Wheels**  
Gosford City Food Services



can assist you with

- Meals on Wheels
- Community Restaurant
- Cooking Classes
- Shopping Service

Available to the frail aged, younger disabled and carers

**HACC funded**

GREEN POINT WOY WOY

**4367 4333 | 4341 6699**

Sponsored by Peninsula News

**CENTRAL COAST WASTE MANAGEMENT**  
**RUBBISH REMOVALS**  
**ALL AREAS**

**Phone VIC on 0451 128 905**

**email: centralcoastwaste@yahoo.com.au**

**Need Help with a State Government matter?**



**On Monday July 6, 2009  
Marie Andrews MP**  
will be at Umina Library from 11am  
and at her Woy Woy office by arrangement

Call Marie's office to book an appointment  
20 Blackwall Road or PO Box 223 Woy Woy  
PH: 4342 4122 FAX: 4341 2368  
Email: gosford@parliament.nsw.gov.au



## PUBLIC NOTICE

Gosford City Councillors, please take note that my insistence that **GOSFORD CITY COUNCIL IS CORRUPT** won't be altered by the council wandering into the national media (**most recently A Current Affair**) with more dishonest personal attacks on me. Additionally, with Piles Creek Bridge now reopened, remember that five people died because the State Government did nothing about the allegations against the **CORRUPT GOSFORD CITY COUNCIL**.

Edward James 02 4341 9140 PO Box 3024, Umina Beach NSW 2257

<http://gosfordcouncil.tripod.com>

**GIMEA HORTICULTURE**

For All Your Gardening Needs  
20 years experience. Fully qualified horticulturist

- Lawn Maintenance • Pruning • Weeding • Mulching • Plant Pest & Disease Control • Plant Selection • Soil Analysis • Organic Gardening

**WE CAN ASSIST YOU WITH THE GARDEN YOU WANT**

**Phone: 02 4328 2636 - 0413 933 244**  
**E-mail: gyme1@hotmail.com**

## Health

A LITTLE HARD OF HEARING? AT ALLIED HEARING WE PROVIDE TO YOU....

**ALLIED HEARING**  
Improve hearing improve lifestyle



- FREE HEARING TESTS FOR SENIORS
- FREE DIGITAL HEARING AIDS FOR APPROVED PENSIONERS
- FREE HEARING AID TRIALS
- SHOP AROUND OUR PRICES WONT BE BEATEN

**ACCREDITED PROVIDER OF GOVERNMENT SERVICES**  
\* CONDITIONS APPLY

CONTACT YOUR CLOSEST OFFICE NOW  
WOY WOY - SHOP 10 CNR VICTORIA & GEORGE ST  
**PHONE 43442566**  
THE ENTRANCE - SHOP 12 LAKESIDE SHOPPING CENTRE THE ENTRANCE RD  
**PHONE 43346233**



## Four generations work for hospital

Woy Woy Hospital Auxiliary has recently welcomed its newest member who will join three generations of her family to volunteer for the

community organisation.

"Our newest member Rochelle Martin became the fourth generation of her family to join Woy Woy Hospital Auxiliary," said

auxiliary publicity officer Ms Pat Harding.

"Rochelle joins her mother Deborah van Breugel, who has been involved with us for several years, grandmother Lillian a member for five years and great-grandmother Rita Aurisch a member for 10 years."

Press release, 24 Jun 2009  
Pat Harding, Woy Woy Hospital Auxiliary



Looking for up-to-date and credible asthma information?

Join Asthma Assist, our free information service, today!  
[www.asthmansw.org.au](http://www.asthmansw.org.au) | 1800 645 130

Sponsored by Peninsula News

## Buy in bulk and save at Amcal



\$14.99  
each

Amcal - MultiVitamin Tabs 200s



\$19.99  
each

Amcal - Glucosamine 1000mg Tabs 200s



\$19.99  
each

Amcal - Vitamin B Complex Tabs 200s



\$15.99  
each

Amcal - Calcium Tabs 200s



\$29.99  
each

Amcal - Glucosamine & Chondroitin Tabs 200s



\$11.99  
each

Amcal - Fish Oil Caps 200s



\$22.99  
each

Amcal - Vitamin C Tabs 200s



\$8.99  
each

Amcal - Cod Liver Oil Caps 200s

**Clarkes Amcal Pharmacy**  
**Shop 4, Peninsula Plaza**  
**Woy Woy - Ph 4342 2256**

**Trading Hours - Open 7 Days**  
**Monday to Friday: 8.30am - 6.30pm**  
**Saturday: 8.30am - 4.00pm**  
**Sunday: 9am - 3.00pm**

## Centre receives \$80,000 for HACC

The Peninsula Community Centre will be allocated almost \$80,000 for minor home modifications and an office relocation undertaken by its Home and Community Care service.

"Home and Community Care delivers affordable and accessible care to help meet the individual needs of older people and their carers," Member for Robertson Ms Belinda Neal said.

"This can include help with household chores, home maintenance and modification, transport, meals, personal care and allied health and nursing care.

"We know that as people age

they want to remain independent and in their own homes and communities.

"Home and Community Care services help many people stay at home rather than move prematurely into residential care.

"This funding will benefit older people and people with a disability in our community who require some assistance with everyday living."

The funding is part of a joint initiative between the Federal and State Governments supporting Home and Community Care services which includes more than \$650,000 for the Robertson electorate.

Press release, 15 Jun 2009  
Belinda Neal, Member for Robertson

## Judo medal winners

**Brother and sister Brandan and Caitlin Grosse of Phegans Bay have recently returned from the Australian Judo Championships with two gold and one silver medal between them.**

They are both members of the Ren Shin Do Judo club at West Gosford.



### Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
    - Assisting carers in their role
- Contact us to discuss if you are eligible

Ph: 4343 1888  
113 Blackwall Rd  
Woy Woy

Caitlin won gold in the under-13yrs under-42kg girls division and Brandan won gold in the under-16yrs Open Weight Division.

Due to Caitlin's previous competition record, the judges nominated her for the under-16yrs under-48kg division.

Despite giving away four years and six kgs, Caitlin still managed to win silver and her record at the end of the day was seven fights for six wins.

Brandan, as well as competing against more experienced opponents, also had to juggle his training commitments with the Central Coast Storm SG Ball side.

Press release, 18 Jun 2009  
Shane Hobbs, Ren Shin Do Judo



**Years ago I didn't believe that cosmetics could be harmful but since then I've learned a lot**

Certified Organic Cosmetics and beauty products available at  
Gnostic Healing Sanctuary Woy Woy  
[www.slsfree.com.au](http://www.slsfree.com.au) 02 4305 2889

## Naturally Improve Your Health Using Items Out Of Your Kitchen Cupboard

With talks by Susan Pelham & Robert Beson

Information on health and lifestyle balancing, minerals, ph balance and getting your body to function well on a basic level, to improve your energy and everyday health.

**Wagstaffe Hall**  
**Sunday July 19th**  
**Talks 11am - 12pm**  
**Questions/Discussion 12pm - 1pm**

**Free Seminar**

Contact Susan Pelham on 02 4363 2259 or [susan@healthbalancing.com.au](mailto:susan@healthbalancing.com.au)



## Football clubs to play charity games

about and something I'm very passionate about."

Mr Hall has had a close personal experience with men's cancer, when his best friend in high school died of cancer.

He hopes the event will raise more than \$1000 on the day and is hopeful that the community will get behind the event.

Woy Woy Junior RLFC has pledged to donate \$100 for each goal scored by both teams.

Lesley Chart of the Cancer Council's Central Coast office is urging all sporting teams and clubs on the Central Coast to get behind Call To Arms and support the fight against cancer.

"On the Central Coast alone, more than 1930 men will be diagnosed with cancer this year, and more than 760 will die," Ms Chart said.

Last year the Call To Arms program raised more than \$350,000 Australia wide and this year the Cancer Council hopes to raise more than \$500,000 this year through Call To Arms.

The match between Woy Woy and Terrigal will take place at Woy Woy oval on July 11, kicking off at 3.15pm.

**Kevin Holloway, 26 July, 2009**  
Interviewee: Phillip Hall,  
Woy Woy Soccer Club  
Press Release, 22 June, 2009  
Lesley Chart, Central Coast Cancer Council

## Morning tea for 100

More than 100 local Peninsula residents took part in Australia's Biggest Morning Tea last month.

Locals held a range of events including barbecues, raffles and performances as well as morning teas.

All money raised through the event will help Cancer Council NSW deliver research, prevention and support services to the people of NSW.

**Media release, 26 Jun 2009**  
Lesley Chart, Cancer Council NSW

## Mary Mac's Place praised

### The work of the Mary Mac's Place in Woy Woy has been praised in State Parliament.

In a speech at State Parliament, Member for Gosford Ms Marie Andrews used the celebration of National Volunteer week to thank the volunteers at Mary Mac's.

Mary Mac's serves more than 8000 meals a year to the needy people of the Peninsula.

Ms Andrews said that in the current economic climate it was important that the community continued to support services such as Mary Mac's Place.

"I wish to place on record my appreciation for the magnificent

work the volunteers do at Mary Mac's place," Ms Andrews said.

Ms Andrews also extended her gratitude to the Woy Woy Peninsula Catholic Parish, Centacare Broken Bay Services and project co-coordinator Ms Robyn Schacht.

Press release, 25 Jun 2009  
Marie Andrews, Member for Gosford

# UMINA

## South Street Dental

Umina Beach

Teeth for Life  
Cosmetic Smiles  
Teeth Whitening  
Children and Adults  
Complex Reconstruction  
Implants  
Dentures

**Mario Reznik**

BDS - 1st Class Honours (Syd)

Dip, Clinical Dentistry-Oral Implants (Syd)

Dental Surgeon

52 South Street Umina Beach

# 4344 6699

Medicare Vouchers / Teen Vouchers welcome  
Veterans' Affairs welcome  
10% discount to Seniors Card Holders  
HICAPS, EFTPOS and major  
Credit Cards Accepted  
Disabled ground floor access  
with plenty of parking

## Seniors donate to Mary Mac's

Mary Mac's Place has received a number of items for its homeless and disadvantaged patrons kindly donated by participants of the Peninsula School for Seniors.

Mary Mac's Place coordinator Ms Robyn Schacht said a special

morning tea was organised to officially accept and thank the School for Seniors members for their generosity.

"A bus load of enthusiastic retirees from the School for Seniors visited Mary Mac's Place for morning tea with their volunteers on June 16," Ms Schacht said.

**Call us now on 4344 1844  
to advertise your  
restaurant or cafe in our  
Peninsula Food Guide  
This size only \$25 per week  
plus GST**

**Del's Let's do Lunch**  
**Breakfast Specialists**  
**'DEL'icious Lunches**



Restaurant Quality  
7 Days - 7:30 am  
Comfortable warm inside dining now available!  
The Rocks Arcade - 4341 1434  
7A/216 Memorial Ave, Ettalong Beach

"The School for Seniors, which meets at the Peninsula Community Centre, has just celebrated its 20th birthday and coordinator Rhonda Mitchell has been at the helm for 18 of those 20 years.

"The 24 women and men arrived laden with donations of groceries and beautiful hand-knitted rugs to assist the homeless and disadvantaged people who come to Mary Mac's.

"These valuable donations will be a real boon for the increasing numbers of families and individuals who are battling to pay the rent."

Ms Schacht said a recent survey revealed that 37 per cent of the patrons who came to Mary Mac's Place for a meal and assistance were homeless, transient or "sleeping rough".

"Winter is a particularly tough time for these people who struggle



From left to right - Rhonda Mitchell, Coral Tauro, Mary Scarf and Pat Slattery at Mary Mac's Place

just to keep warm and dry," Ms Schacht said.

"This is a wonderful example of the great benefits that flow from sharing the skills and experience of our older, retired members of the

community."

Other local groups are invited to contact Robyn on 0417 671 973 for more information on becoming involved with Mary Mac's Place.

Press release, 23 Jun 2009  
Robyn Schacht, Mary Mac's Place

## Jewellery sale aids rock pool

The Pearl Beach Progress Association will hold a Fashion Jewellery Frenzy as part of its Save the Pearl Beach Rock Pool fundraising campaign.

The fundraising event will take place at the Pearl Beach Memorial Hall on Sunday, July 12, from 2.30pm.

Event organiser Ms Liz Kemp said the collection of pieces on offer were ever-changing and had "the look, the weight and the feel of

the real thing".

"Women who love fashion will enjoy this exciting collection of jewellery designed to interpret international trends with incredible pieces and combinations that include necklaces, bracelets, rings, earrings and accessories," Ms Kemp said.

"Why not indulge yourself, or start that early Christmas shopping."

Prices start from \$18, up to \$120, with credit card facilities

available on the day.

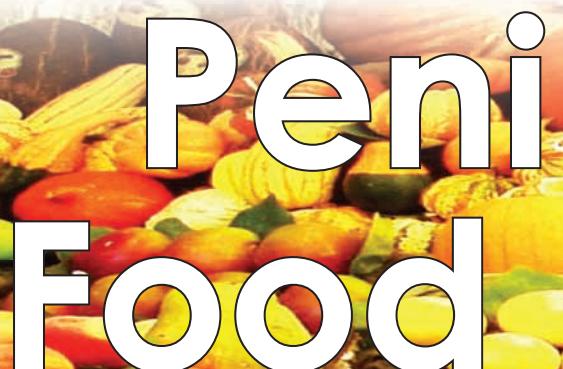
Lucky door prizes and raffle of a jewellery set will also take place.

Ms Kemp has announced she will be donating 50 per cent of her sales from the event towards the Save Pearl Beach Rock Pool fund.

The Pearl Beach Memorial Hall is located at 9 Diamond Rd, Pearl Beach.

For more information, contact 0412 426 445.

Press release, 22 Jun 2009  
Lynne Lillico, Pearl Beach Progress Association



The fundraising event will take place at the Pearl Beach Memorial Hall on Sunday, July 12, from 2.30pm.

Event organiser Ms Liz Kemp said the collection of pieces on offer were ever-changing and had "the look, the weight and the feel of



**Monday Nights   Tuesday Nights   Thursday Nights**  
**\$10   \$9   FREE POKER**  
**Mixed Grill   Chicken Schnitzel   \$100 Prize Money**

Enjoy a selection of the finest food at pub prices  
Live music every Sunday afternoon in our beer garden

**Open 7 Days - Lunch and Dinner**

**Bookings 4344 1137**

**Lunch - Monday to Sunday 12pm - 2.30pm**  
**Dinner - Monday to Saturday 6pm till close**

**K.B. THAI**



Eat In or Takeaway  
Open 7 Days  
Lunch: 11.30am to 3pm  
Dinner 5pm to 10pm  
**4341 0441**  
**4343 1392**

Don't let the cold weather or rain put you off!  
Enjoy your fabulous meal in our Heated and covered outdoor themed courtyard or in our warm interior rooms

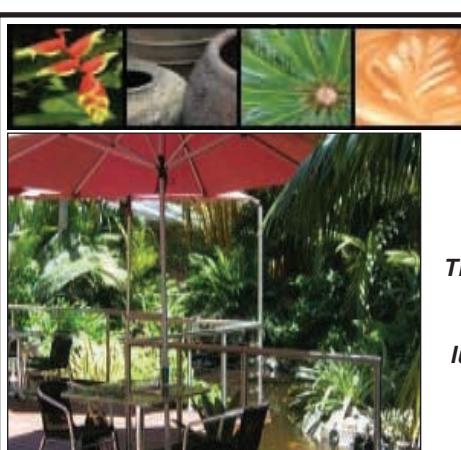
Shop 1, 115 Blackwall Rd Woy Woy

**the THEIN THAI**  
**Authentic Taste RESTAURANT**



Authentic food • Take away & Home Delivery • 4343 1851

Tuesday - Sunday & Public Holidays 5pm to 10pm



**Impact Plants**

**Nursery and Café**

*The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience*

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

**Poole Close Empire Bay NSW 2257**  
**Phone: 4369 1422 Fax: 4369 1485**



## Certificates awarded

Volunteers of the Animal Welfare League Central Coast branch in Woy Woy were awarded certificates of appreciation at a special ceremony on June 9.

The certificates were in recognition of the outstanding work and long-term commitment of volunteers.

The awards were presented by Central Coast branch president Mr Ian Burns.

Awards went to Roz Burns, Bev Houston, Carol Griffiths, Elizabeth Strachan, Marj Rivett, Helen Cowan, Barbara McDermott, Jo Tomkin and Rhona Crowhurst for their long time contribution and commitment in helping the animals and residents on the Central Coast.

Publicity officer Ms Paula White said: "These volunteers contribute in various ways where some hold positions on the executive team, others work in the Thrift shop while other members make craft items, cakes, sweets and jams for our fundraising stalls.

"Like all volunteers, they do it because they love animals and mostly because they love to help others and make a difference to the lives of the animals.

"Volunteering is a great way to help the community and make new friends and also helps keep people active in the community."

For more information, call 4367 3622.

Press release, 16 Jun 2009  
Paula White, Animal Welfare League Central Coast branch

## Street lights wanted

Gosford Council has received a petition from a number of residents living in Woy Woy Rd requesting a street light be placed on two power poles to improve the safety of drivers and pedestrians.

The petition contained eight signatures and called for poles W1184 and W1189 to have street lighting installed.

The petitioners have advised council that the section of road along Woy Woy Rd is very dark due to trees on both sides of the road and several accidents have already taken place in the area.

The petition has been noted by council.

Council agenda P.33, 23 Jun 2009

CAFE ART GALLERY FUNCTIONS  
GIFT SHOP KAYAK HIRE TAKE AWAY

Discover a Real Little Gem in Pearl Beach.

**FINALIST**  
Best Breakfast Café on the Central Coast



 **Pearl Beach**  
General Store & Cafe

Ph: 4343 1222

1 Pearl Parade, Pearl Beach

**De Olde Meeting Place**  
**Cafe - Nursery - Gift Shoppe**

**20%**  
off all Insense

Other daily specials available

**25%**  
off all Plants

**10%**  
off Dine-in Meals\*  
Come in and browse about

Cnr Broken Bay Rd & Uligandi St Ettalong Beach - Ph: 0409 880 658

\*This ad must be presented to claim discount on 10% Dine-in Breakfasts and Lunches. Limit one coupon per person per day. Coupon may not be used for group discounts. Each person dining in a group must present an individual coupon to gain the 10% discount on Dine-in Breakfast or Lunch. Coupon expires 19/7/2009. ABN 95 123 686 268

# nsula Guide

Where only the best will do!  
**Bremen Patisserie**  
Home of the AWARD WINNING PIES AND PASTRIES

If you want an especially nice Pie go to **Bremen Patisserie**

While you're at it try our freshly ground coffee Roasted Daily!

302 West St Umina ~ Ph: 4341 4177  
www.bremenpies.net.au

**See Lion cafe**

Enjoy lunch and dinner on the beach!  
Fresh steaks 'n' seafood  
Friday and Saturday till 9pm  
7 days a week - 7.30am to 5.00pm  
At the carpark of Umina Beach Surf Life Saving Club 4 3 4 1 6 4 3 5

**High Thaid**  
Café Restaurant & Fine Food

Eat in or Take Away

**Free Home Delivery**  
(minimum order over \$30.00)  
Delivery time 6.00pm - 9.00pm

### LUNCH SPECIALS

Meat in the Menu with Rice  
Chicken, Pork or Beef - \$8.90

**OPEN 6 DAYS (Monday closed)**  
Lunch 11.00am to 3.00pm  
Dinner 5.00pm to 10.00pm

471 Ocean Beach Road. Umina Beach 2257  
Ph: 4342 2879 Mob: 0434 411 057

Winners of the Baking Industry Association Regional Baking Competition



Authentic Sourdough baked fresh daily!

**Bakers Delight** Bakers Delight Woy Woy - Come taste the difference!

**Purchase a Sourdough Cob or Vienna and get 6 Traditional Rolls FREE!!**

Offer valid from June 29 to July 13 at Bakers Delight 295 West St. Umina Beach or Deepwater Plaza Woy Woy on Presentation of this advertisement



## Blue Goose at folk club

The Troubadour Central Coast folk club will host the Blue Goose band at the CWA Hall in Woy Woy on Saturday, July 25.

"In the late 1980s Whistling Goose, one of Sydney's favourite jug-folk-goodtime bands came to an end after more than a decade of entertaining Sydney audiences," club publicity officer Mr Willy Timmerman said.

"Blue Goose represents the renewal of the musical relationship between three of the members of Whistling Goose."

"It combines Sonia Bennett's powerful vocals and guitar with the

multi-instrumental musicianship of Max Gregory and Bruce Stavert with Andy Stavert on bass.

"Blue Goose brings together a broad range of musical experience and skill and a love of music in its many guises.

"Original compositions are interspersed with refreshing interpretations of songs of genres old and new, from early blues to traditional Australian and contemporary folk, jugband and even acoustic versions of the odd jazz standards.

"Sonia Bennett's powerful voice is supported by guitar, banjo, mandolin, national slide guitar, keyboards, bass and harmonica.

"All this combines to make them fun and great to listen to."

Tickets to the 7pm performance start from \$7 for club members, \$8 for concession and \$10 for general admission.

Floor spots are available and supper provided.

For more information, phone 4341 4060 or 0417 159 540.

Press release, 16 Jun 2009  
Willy Timmerman, Troubadour Central Coast

## Part of national tour

Mikelangelo and the Black Sea Gentlemen will be performing at the Peninsula Theatre on July 23, as part of a national tour to launch the group's new album and show Dead Men Tell a Thousand Tales.

Mikelangelo has toured with the Olivier Award winning production La Clique and The Black Sea Gentlemen are his musical ensemble.

Dead Men Tell a Thousand Tales has been described as "riotous fun" and a "wonderfully theatrical show" by The List UK and The Scotsman UK.

Tickets start from \$32 for concession and \$35 for adults.

For bookings call Laycock St Theatre box office on 4323 3233.

Press Release, 12 Jun 2009  
Michelle Buxton, Buxton Walker Publicity

## Students perform in schools' showcase

Students from Ettalong Public School and Brisbane Water Secondary College will perform in the Central Coast Schools' Showcase at Laycock St Theatre on July 8 and 9.

According to event coordinator Ms Lorraine Watson: "Showcase does exactly what it says – it showcases the talents of primary and secondary public school students.

"There are individuals and group acts performing instrumental, vocal drama and dance items, including an entry from Junior Rock Eisteddfod.

"Showcase gives students an opportunity to experience a live performance in front of the general public.

"Over 40 schools will be represented from across the Central Coast.

"Many of the students appearing have also performed in local productions."

Ms Watson said audition tapes were reviewed by a panel made

up of music, dance and drama teachers from various schools earlier in the year.

"This year, the selection committee received a staggering 300 applications for 50 places on offer," Ms Watson said.

Chairperson for Showcase Ms Karen Morrow said this year's performance would be bigger and better than ever, providing a "great night out for anyone interested in music, drama or dance".

"The finale each night includes students from various schools, working together to produce a show stopping number," Ms Morrow said.

"Showcase is also a great opportunity for school children to support their peers."

Tickets to the event start from \$12 for children and \$20 for adults.

For bookings, phone Laycock St Theatre on 4323 3233.

The performance will start from 7pm each night.

Press release, 24 Jun 2009  
Lorraine Watson, Central Coast Schools' Showcase

## Local artists win at Gosford Show

Three local artists have won prizes in the Margaret Smith Memorial Award at the Gosford Show last month.

President of the Ettalong Beach Arts and Crafts Centre Ms Thel Browne won first prize in the open award category for her painting Mountain Mist.

Pearl Beach artist Ms Marijke Greenway took out first prize for the oils/acrylic award for her painting Pecking Order Isa Browns while Killcare resident Ms Jean Scott took second prize.

Regular exhibitor at Creative Courtyards in Woy Woy, Ms Sherry McCourt of McMasters Beach won second prize for her painting And the Band Played On.

President of the Central Coast Art Society Ms Margaret Hardy said the first Margaret Smith Memorial Award was held in 1994 at the Gosford Show in memory of art society member Ms Margaret Smith.

"Margaret Grace Smith was a member of the Central Coast Art Society for many years," Ms Hardy

said.

"She was also a music teacher living at Killarney Vale.

"Margaret died in 1992 without any relatives.

"Her estate was divided between three organisations, with the Central Coast Art Society being one of the recipients.

"The money was to be used to promote local artists so the society decided to start the Margaret Smith Memorial Award when the money was released.

"The first Award was held in 1994 at the Gosford Show and has continued annually ever since.

"An exhibition is also held each year at the Gosford Agricultural Show, with the work being of a very high standard.

"Some of the artists who exhibited from the Peninsula area were Judith Hoste, Karen Medcalf, Lidia Fernandez, Meredith Gilmour and Jean Scott."

Press release, 11 Jun 2009  
Margaret Hardy, Central Coast Art Society

**Large Range of**

- Dog & Cat Food
- Bulk bird and poultry feed
- Fresh & Frozen Meats
- Aquarium & Reptile supplies
- Live & Frozen Reptile supplies
- Animal Health
- All Pet Accessories

To Keep on top of the fleas this summer Treat throughout winter

And what would a pet shop be without pets?  
Come in and see our range!

Ettalong Pet & Produce  
4341 2310  
285 Ocean View Road, Ettalong Beach Open 7 Days



## Pet Sitting Plus

Your best friend's guardian angel

Going Away? Too dark when you get home to walk the dog?  
Mobile pet care offering reliable, professional service  
Regular daily walks, home visits while you're away!  
Less stress for your animals as they stay in their own home  
Fully insured registered business  
Committed to customer satisfaction - Phone Bronwyn 0411 567 355  
info@petssittingplus.com.au  
www.petssittingplus.com.au

## Ettalong to get connected

**Ettalong Public School will see its Connected Classroom equipment installed at the beginning of next term.**

School principal Mr Colin Wallis said the school was excited to receive the interactive whiteboard and video conferencing equipment.

"Last week the school received word that we are to have our Connected Classroom equipment installed in the school at the beginning of next term," Mr Wallis said.

"This will entail the installation of an interactive whiteboard as well as video conferencing equipment.

"We have been waiting around 12 months for this equipment so it will be great to actually see it arrive.

"It will bring our school further into the 21st century and keep our students abreast of the latest innovative technology in education."

Newsletter, 16 Jun 2009  
Colin Wallis, Ettalong Public School



## Troupe performs for primary schools

**Students from Brisbane Water Secondary College took part in Education Week celebrations recently by visiting and entertaining primary schools in the Peninsula area.**

"Students from the college went on the road for Education Week this year taking a troupe of students to all the local primary schools and giving them a performance that they won't forget in a hurry," college principal Mr Stephen Harris said.

"Singers, guitarists, dancers, jugglers and gymnasts were all on the program that left the audience clapping for more."

"The whole show was set up and managed by students from

the college and at each venue they were able to adapt to the presented environment that allowed all students to witness the show."

Mr Harris said Brisbane Water Secondary College students visited Umina, Woy Woy South, Ettalong, Empire Bay and Woy Woy public schools.

"This showcased some of the best performers at the college and highlighted the depth of talent amongst the ranks of the student body," Mr Harris said.

"The students had to audition for the right to join the show and with a limited time for the program the competition was intense."

Press release, 18 Jun 2009  
Stephen Harris, Brisbane Water Secondary College

**Geography students from Brisbane Water Secondary College Woy Woy Senior Campus demonstrated key geographical skills and knowledge in this year's Australian Geography Competition recently.**

Geography teacher Mr Brent Waters said the students' results and the school's overall performance in the competition were "very encouraging".

"We have a number of student geographers at our school who performed to a very high level in the competition this year, with five students gaining high distinctions,

## Students excel in geography comp

one gaining a distinction and two achieving credits," Mr Waters said.

"The competition attracts students from all over Australia (almost 90,000 of them each year) so it's a real indicator of how well our students are doing in this important subject."

"The competition is a joint initiative of the Australian Geography Teachers' Association and the Royal Geographical Society of Queensland."

Press release, 14 Jun 2009  
Brent Waters, Brisbane Water Secondary College

## Farewells at Ettalong

**Ettalong Public School has farewelled its deputy principal and its P&C president this month.**

Deputy principal Ms Ann Tassell retired from her position while P&C president Ms Sam Qaranivalu has moved to North Queensland.

"Our deputy principal Ann Tassell has taken early medical retirement," school principal Mr Colin Wallis said.

"Ann has had an outstanding career with the Department of Education and Training working tirelessly to improve the learning

and welfare for all children and has made a huge contribution to our school and to public education in NSW.

"For the past nine years, Ann has been an integral part of the teaching team here at Ettalong, leading the school in innovative and effective student welfare programs.

"Ann has certainly had a great impact and will be sorely missed.

"We also say farewell to our

devoted and hard working P&C president Sam Qaranivalu who is relocating to warmer climates in northern Queensland.

"Sam has been an outstanding P&C president, showing great commitment, foresight and energy to make Ettalong Public School a better place for all who work and learn here.

"She will be greatly missed."

Newsletter, 9 Jun 2009  
Colin Wallis, Ettalong Public School

**Art Exhibition Opening**  
**Friday 6pm July 3rd**  
**Meet 5 New Artists to the Gallery**  
**Including a Glass Blower & Sculpture**  
**This will be Excellent!**

**Garden Designs from \$75.00**  
**Bare Rooted Roses due Next Week**

**creativive** OPEN 7 DAYS  
36 George St,  
Woy Woy 4341 6156  
COURTYARDS

**ETTALONG Baby & Kids Market**  
Anyone can buy and sell at the Ettalong Kids Market!\*  
Stall booking & info: 4342 5451



**Want to Sell & Recycle**  
your preloved Baby stuff and Kids toys?

**Want to Buy Quality kids items at a bargain price?**

• prams • cots • toys • books • clothes • have a family fun day out for bargain goods !!!

Located within the Ettalong Beach Tourist Resort:  
Cnr of Ocean View Road & Schnapper Road Ettalong Beach Next to Cinema Paradiso



[www.ettalongmarkets.com.au](http://www.ettalongmarkets.com.au)

**Book Bazaar**  
**New Financial Year Sale**

Up to 50% off books on outside tables.

- 15% of all DVD's
- 10% of books for babies
- More specials inside

1st-11th July

327 West St, Umina Beach  
Phone/Fax: (02) 43 422482  
[www.bookbazaar.biz](http://www.bookbazaar.biz)  
Email: [enquiries@bookbazaar.biz](mailto:enquiries@bookbazaar.biz)



## College comes third in State bowls

Representatives from Brisbane Water Secondary College finished third place overall in the NSW lawn bowls state final on June 10 and 11.

The Peninsula high school was represented by students Zach Robertson as lead, John Hannan as second and Harley Moffatt McDonald as skipper.

According to bowls coach Mr Craig White, the team reached the finals and had to win their regional knock out stage of the competition which they did comfortably against Sydney North.

"The 16 regional finalists then came together for a two-day carnival which produced some quality bowling," Mr White said.

"The schools were put into four

groups of four where, on a round robin basis, each school played one another, with the winners of each group going into the semi-final the next day.

"Brisbane Water Secondary College performed well on the first day and it all came down to the final end of the final pool match to see who went through to the semi-final from their group.

"Brisbane Water Secondary College needed seven shots in the last end to make it through to the semi, which in bowls terms meant a minor miracle.

"Not content with seven, the boys won the last end by nine shots and blasted their way into championship contention for the following day.

"The semi-final between

Brisbane Water and Newcastle was a closely fought affair with the lead changing frequently between the teams over 21 ends.

"Unfortunately, Newcastle took the honours in a high quality bowls game.

"There was no time for disappointment as the boys had to regroup for the third place bronze medallion playoff with Nambucca Heads.

"This proved to be an easy win for Brisbane Water and the last few ends were not needed as the boys were so far ahead.

"With over 400 schools starting the competition, to gain third place in the state was a tremendous achievement."

Press release, 18 Jun 2009  
Brisbane Water Secondary College

## Spelling results

The Brisbane Water Learning Community Spelling Bee finals were held at Brisbane Water Secondary College Woy Woy Campus on June 2.

Students in Years 5 and 6 from local primary schools and those in Year 7 at Umina Campus competed.

"The finalists had to win at class level and then school level to reach the grand finals day," school learning support coordinator of Umina Campus Ms Pam Thomson said.

"The children who represented the schools were fine ambassadors and demonstrated great sportsmanship.

"Student representatives from

the SRC at Umina Campus were judges, timekeepers and ushers at each individual school's finals and at the grand finals."

The finalists were:

Year 5 Girls: Emily Diaz (Empire Bay PS), Jessica Grant (Ettalong PS), Sienna Palmer (Umina PS), Imogen Thomas (Woy Woy South PS), Samantha Williams (Woy Woy PS).

Year 5 Boys: Matthew Fitzsimmons (Ettalong PS), Hamish Hogge (Empire Bay PS), Bryson Howe (Umina PS), Isaac Orr-Green (Woy Woy PS), Jayden Purcell (Woy Woy South PS).

Year 6 Girls: Lauren Hayes (Woy Woy South PS), Brianna Kelly (Woy Woy PS), Jade Ridley (Umina PS), Tanushri Saha (Empire Bay PS),

Tahnee Ward (Ettalong PS).

Year 6 Boys: Matthew Evans (Woy Woy PS), Ben l'Anson Waters (Umina PS), Luke Podnar (Ettalong PS), Jack Steed (Woy Woy South PS), Kyle Wright (Empire Bay PS).

Year 7 Girls: Cana Bell, Lisa Besley, Samantha Cerulli, Gemma Crowson, Molly Rosewearn.

Year 7 Boys: Ethan De Silva, Ryan Dodd, Campbell Gorman, Robert Lerit, Mitchell Miles.

Winners were: Year 5, Sienna Palmer (Umina PS) and Hamish Hogge (Empire Bay PS); Year 6, Tanushri Saha (Empire Bay PS) and Ben l'Anson Waters (Umina PS); and Year 7 Molly Rosewearn and Ryan Dodd.

Press release, 18 June  
Pam Thomson, Brisbane Water Secondary College

**Umina Bait & Tackle PTY LTD**

**CHEAP BAIT**

**FRESH GREEN WEED**

**Large Range of BAIT**

**Excellent Range of TACKLE**

**Open 7 Days**

From 6am Weekends and 7.30am Weekdays

**LESLIE STREET, UMINA ☎ (02) 4341 1686**

Daiwa Shimano Abu Garcia ST STAR

## Debate defeat

Woy Woy South Public School's debating team has had a narrow loss to Avoca Primary School in round three of the debating competition.

The team of Lauren Hayes, Georgia Ekstrom, Athene Rhodes and Laura Penton were arguing that "Alcohol advertising should be

banned".

Despite strong performances from all team members, Avoca narrowly managed a victory.

The team's next round is against Point Clare Primary School.

Newsletter, 23 June 2009  
Tim Kendall, Woy Woy South Public School

## Students in dance festival

Students from Ettalong Public School performed in the Central Coast Dance Festival at Laycock St Theatre last week.

The school was represented by three dance groups in the festival, according to school principal Mr Colin Wallis.

"Under the guidance and

leadership of our specialist dance teacher Jacqui Lalor and our own class teachers Merran Hansford, Brendan Pankhurst, Alicia Kelly, Katie Walker and Lisa Sayer, our students have worked long and hard for this and they should all be congratulated for their great effort," Mr Wallis said.

Newsletter, 23 Jun 2009  
Colin Wallis, Ettalong Public School

## Students help paint mural

A group of Year 5 and 6 students from Ettalong Public School were invited to attend the Gosford Regional Art Gallery on June 9, to take part in painting a mural.

"A number of schools combined to paint a variety of artworks.

"They worked together sharing ideas and stories," school principal

Mr Colin Wallis said.

"The children thoroughly enjoyed themselves and impressed me with their responsible behaviour.

"This experience will form the exhibition Honouring our Elders and Nurturing our Youth and will be part of the NAIDOC celebrations at the gallery."

Newsletter, 23 June 2009  
Colin Wallis, Ettalong Public School

**YEAR OF THE BLOOD DONOR 2009**

**WIN\* STATE OF ORIGIN FINAL TICKETS!**

"In 3 people will need blood in their lifetime - and you can help! Donate For Your State and score the chance to win great prizes!"

**DONATE FOR YOUR STATE 2009**

"Kick a goal for the Blues this winter and donate for your state!"

**STATE OF ORIGIN**

**WIZARD**

**DO YOU WANT TO WIN STATE OF ORIGIN TICKETS?**

**PROVE THE BLUES ARE THE BEST TYPES**

Donate for your state and win final tickets to the State of Origin.

Get behind the Blues and help us give more than Queensland this winter. Present to donate blood between 26th May and 8th July for your chance to win State of Origin final tickets or one of four signed Blues jerseys.

\*Terms and Conditions can be found on [donateblood.com.au](http://donateblood.com.au) and on DFYS entry forms.

Sponsored by

Peninsula Community Access

**News**

Australian Red Cross

**BLOOD SERVICE**

Do something special. Give blood.  
Call 13 14 95 or visit [donateblood.com.au](http://donateblood.com.au)

## Umina surf club comes second

A team of Umina Surf Life Saving Club members finished second in the Central Coast Surf Life Saver Pool Challenge at Mingara on May 22.

Club publicity officer Mr Carl Krucler said this year was the club's "greatest result" in the Pool Challenge competition.

"The criteria for team members is they must include at least two juniors, at least one female and at least one masters competitor," Mr Krucler said.

"There must be six to eight members in all."

"Umina's team of Teigan Miller, Jess Mensforth, Jason Mumford, Nicole Funnell, Mick Magguren, Scott Henderson, Richard Braddish and Rick Boylan achieved consistently high results to finish second overall."

"Previously the club had never got better than sixth place."

"They competed in eight events, many which included towing a mannequin weighing over 40kg."

"Each event attempts to simulate various means of rescuing or returning a patient to shore - or the edge of a pool."

"Significantly Umina's team were not disqualified in any event, not only meaning all their results counted, but also showing members demonstrate commensurate skills required to ensure the safety of a patient in a rescue scenario."

The Umina team was supported by two officials Ms Wendy Cook and Ms Kerry Armstrong-Smith, one work party member Mr Andrew Boylan and team manager Mr Carl Krucler.

"As a reward for participation, Central Coast Surf Life Saving provides a lucky draw at the end of the evening consisting of various pieces of rescue equipment," Mr Krucler said.

"Umina were fortunate enough to receive a radio helmet, used by rescue jet ski operators to communicate via radio to patrol members and the Central Coast Surf Life Saving Communications Centre to co-ordinate rescue operations."

**Press release, 4 Jun 2009**  
Carl Krucler, Umina Surf Life Saving Club



Gala Day Wobbly Boot game

photos courtesy of Ian Cameron

## Wobbly Boot Cup declared a success

**Woy Woy Lions Junior Rugby Club hosted its second annual Wobbly Boot Cup Golden Oldies Gala Day at Ettalong Oval on June 6.**

Event organiser Mr Bill MacLean said the event proved to be another successful fundraiser for the George Gregan Foundation and Woy Woy Lions Junior Rugby Club.

"The day started well with the

managers' meeting at 8.45am," Mr MacLean said.

"We explained the rules, discussed the spirit in which we wanted the players to take the day and followed up with the traditional first port of the day."

"During the lunch break an auction was held, raising \$3000 for the George Gregan Foundation."

"Before the auction, those present were inspired by the words

of NSW Fire Brigades Senior Firefighter Shawn Wadeson who spoke of his daughter Kyla's experience at Westmead Children's Hospital in particular how Dr Gill and the George Gregan Foundation helped her.

"After lunch there were more spills than thrills but the guys kept playing anyway."

"There were also plenty of laughs."

Mr MacLean said the grand final for the event was held between the Wobbly Boots and a Barbarians team made up of two players from each team.

"In the end, the grand final was not decided by the usual playing of a game - it was decided that they'd

all run enough so they'd line up for the traditional rugby 'boat race,'" Mr MacLean said.

"The Wobbly Boots took it out."

"Many thanks to all of the teams that took part: The Woy Woy Wobbly Boots, Penrith Legless Emus, Warnervale Worn-out Wildcats, NSW Fire Brigades Fire and Ice, NSW Water Police DFDs, Kens Kegs, Dads Army and the Barmy Army."

"Every team played in the absolute right spirit of the day and were laughing with each other until the sun went down well after the last game."

**Press release, 19 Jun 2009**  
Bill MacLean, Woy Woy Lions Junior Rugby Club

## Surf conditions normal for malibu

**Ocean Beach Malibu Club's June contest saw surf conditions close to normal following large swells over the past couple of months.**

"After the large swells we had for the previous two contests, it was back to the usual Umina Beach with only small, fickle waves on hand for the Ocean Beach Malibu Club's June competition, resulting in a few upsets on the day," club publicity officer Mr Craig Coulton said.

"Many surfers were calling for a drug test when big Steve Cox won his first round heat, after a double drop-in on the same wave virtually eliminated two of the heat's main contenders."

"Other round one winners included Kai Ellice-Flint, Garry Halliday, Mitch Bolton, Michael Baker and Brian Cook."

"With both Hayden Emery and Mark Williams representing the club at the state titles in Coffs Harbour, round two saw Brian Cook take full advantage, winning the battle of the first's to score maximum points for the day from Mitch Bolton and Kai Ellice-Flint."

"Hayden and Mark will be joined later in the week by Bryce Williams and Kai Ellice-Flint."

"Calyn Wilkinson led the way in the second's from a fast improving Tony Irwin, with Barrie Salmon third."

"In a frustrating third's heat where the waves all but disappeared, Chris Irwin was victorious over Craig Coulton, with Adam Hillard taking third spot."

"In the fourth's, just 20 minutes later, Luke Cousins was the winner from Bill Burke and Bert Norman, in what was probably the most consistent surf of the day."

"In the fifth's, the girls showed the boys how it was done, with Angie Smith outperforming last year's women's club champion, Madison Cook, with Richie McClelland being the best of the men, taking third position."

"In the final heat, Mick Day was too good for Neville Gough, with Paul Goder third."

The next Ocean Beach Malibu Club contest is scheduled for Sunday, July 12, at Umina Beach.

**Press release, 17 Jun 2009**  
Craig Coulton, Ocean Beach Malibu Club

For the latest news on what's happening on the Peninsula see....

# www.PeninsulaNews.info

- News • Education • Sport • Arts • Health • Forum •
- Peninsula Diary • Web directory •

The Peninsula newspaper's website, a comprehensive collection of editions published to date

**Why do more Peninsula based businesses advertise in Peninsula News than in all the other mediums combined?**

- ✓ **Peninsula News only carries articles about the Peninsula, directly targeted at Peninsula residents**
- ✓ **Peninsula News only has a maximum average of 35% advertising making all advertisements more visible**
- ✓ **Peninsula News has a long shelf life (2 weeks) giving readers time to complete the paper and see all the advertisements before receiving another one**
- ✓ **Peninsula News is seen by the community as their newspaper and advertisers are seen as sponsors**
- ✓ **Peninsula News reaches all Peninsula families with school children, a very important target market**
- ✓ **All copies of Peninsula News are picked up by interested readers only, eliminating wastage and wet weather problems**
- ✓ **Newspapers are more effective as an advertising medium than radio, TV or cinema because people do not have to remember information. It is there for them to refer to in detail at their leisure**

**Peninsula News advertising is far less costly than leaflets delivered in letter boxes, is more effective because it does not arrive with a myriad of other catalogues and is not subject to weather conditions**

Why not get the most out of your advertising dollar?

Give us a call on 4344 1844

# What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

**BFC**, Beachside Family Centre, Umina Public School

**CWA**, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

**EBACC**, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

**EBWMC**, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

**ECC**, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

**EMBC**, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

**EPH**, Ettalong Progress Hall, Memorial Ave, Ettalong

**ESCC**, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

CLOSED TEMPORARILY, Call 4325 8292 for relocation details

**MOW**, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd CLOSED TEMPORARILY

**PBPH**, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

**PCC**, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

**PCYC**, Osborne Ave, Umina Beach, enq: 4344 7851

**PWHC**, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

**RBG**, 207 West Street Umina - 0409774467

**UCH**, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

**WH**, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

**WWAC**, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

**WWEC**, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 5333

**WWLC**, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

**WWPH**, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

## DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf. Playtime Mon-Fri 9am, Little Gym PCYC

Better Hearing Class Mon-Fri 1.45pm, ESCC

## TUESDAY

### First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au WWEC

### Second Tuesday of every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC

Get Together afternoon tea, ESCC

Pearl Beach Craft group, 1.30pm, PBPH

**Stroke recovery** group, 11am, PCC .

**Diabetes Support Group**, 10am, ECC

**Animal Welfare League**, Central Coast Branch monthly meetings from 10am at Spike Milligan Room, Woy Woy Library. enq. 4344 6650

### Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

**Buffalo Lodge Knights** Chp9, 7pm, UCH

**Woy Woy Peninsula Arthritis Branch**, 10am, enq: 4342 1790, PCC

**ACF meeting**, 7.30pm, WWEC

### Fourth Tuesday of every month

**Toastmasters**, 7.15pm, EBWMC Combined Pensioners assoc afternoon tea, enq: 4341 3222, ESCC

### Every Tuesday

**Free herbal clinic**, enq: 0437 401 810 PWHC

**Woy Woy Blood BankA** @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

**Chess Club**, 1pm, enq: 4341 8748, EBWMC

**Silk craft** 10am

**Mums &bubs playgroup** 1pm

**Pastel classes for kids** 4pm

**RBG**

**Scrabble** 9am, Empire Bay Progress Hall, enq: 4369 2034

**Free Tax Help** by appt; **School for Seniors Have a Chat**, 10am;

**U3ADiscussion Groups**, 11am;

**Cards**, 1pm-3pm; **Over 55s Learn to Play Bridge**, 1pm; **Playgroup**, 9am; **Occasional Care**, 9am-3pm;

**The Web**, From 2pm; **Dance & Theatre School**, 3.45pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Motivation & Empowerment classes**; **Craft**, 9am, PCC

**Rotary Club of Woy Woy**, 6pm, ECC

**Handicraft**, 9am; **Latin Dancing**, 9.15am; **Cards**, 12.30pm ESCC

**Alcoholics Anonymous**, 6pm, John the Baptist Church Hall, enq: 4379 1132

**Carpet Bowls**; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, EBWMC

**Tai-Chi** classes, 9.30am (ex sch hols), enq: 4360 2705, WH

**Folk Art**, 9.30am; **Silk Dyeing**, 1pm, EBACC

**Children's story time**, Umina library, 10.30am (Except Jan).

**Sahaja yoga meditation**, 10:30am only, enq: 4368 2847, CWA

**Playgroup**, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, WWPB

**Woy Woy Blood Bank**, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

**Tap Dancing**, 6pm, enq: 0438 033 039, EPH

**Supported Playgroup** for first time and single parents, 12.30pm-2pm, enq: 4340 1111, BFC

## WEDNESDAY

### First Wednesday of every month

**CWA** 10am, handicrafts, enq: 4372 2069

**Coffee Morning**, social get-together, 10am, PWHC

### Second Wednesday of every Month

**Red Cross**, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

**Woy Woy Auxiliary**, 10am, enq: 4344 2599

**Probus Club** Umina Beach, 9.30am, ECC

**CWA** 10am, handicrafts, enq: 4372 2069

### Third Wednesday of every Month

**Wrap With Love knitting group** 10am, PWHC

### Fourth Wednesday of every month

**Woy Woy CWA** 10am craft, 1pm business meeting, enq: 4372 2069

**CWA**

**Everglades Probus Club**, 10am, ECC, enq: 4341 0664

**Drumballa Drum Circle** 7.30 RBG

### Every Wednesday

**Women's Health Clinic**, three times a month, enq: 4320 3741; Counselling by Donation PWHC

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

**St John's Ambulance**, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 PCC

**Craft for love & Garden club** 10am RBG

**Free Tax Help** by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12; **Multicraft Needlework**, 10am-12; **Playgroup**, 10am - 12;

**Bridge Club**, 9.30am & 7.30pm, The Web, 2pm;

**Physical Culture Club**, 3.30pm; **Coast Care Counselling**; **Weight Watchers**, 6pm; Belly Dancing, 7pm and 8pm;

**Dance & Theatre School**, 3.30pm; **Motivation & Empowerment classes**; **Brisbane Water Scrabble Group**, 6pm; **St John Ambulance Service Peninsula Division** meeting 7.30pm

**PCC**

**Peninsula Choir rehearsal**, 7.30pm, St Andrews Hall, Umina.

**Seniors fitness**, 9am, enq: 4332 8550; **Woy Woy Judo Club**, 5.30pm, enq 0434000170 EPH

**Oils & Acrylics**, 9am; **Pastels & Drawing**, 11.30am, EBACC

**Children's story time**, Woy Woy library, 10.30 (Exc Jan)

**Alcoholics Anonymous**, 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

**Handicraft**, 9am, enq: 4341 1073, CWA

**CWA Umina Beach craft day**, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

**Rotary Club of Umina**, 6pm, enq: 4369 2275 ECC

**Dance Club**, 1pm, EBWMC

**Empire Bay Tennis**, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

**Leatherwork**, 9am; **Table Tennis**, 9am; **Bridge**, 12.15pm; **Scrabble**,

12.45pm; **Group Fitness**, 1pm; **Yoga**, 2.30pm ESCC

## THURSDAY

### First Thursday of every month

**Brisbane Water Senior Citizens**, 1pm, EBWMC

### Second Thursday of every month

**Women's Health Clinic**, enq: 4320 3741, PWHC

**Australiana Bus Trips**, PCC

### Third Thursday of every month

**Brisbane Water Senior Citizens**, 1pm; EBWMC

### Fourth Thursday of every month

**Free immunization** clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am BFC

**Umina Peninsula Mixed Probus Club**, 10am, new members welcome, enq: 4343 1039 ECC

**Women's Friendship Group**, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

## Every Thursday

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

**Creative Writing**, enq: 4369 1187, CWA

**Occasional Care**, 9am; **Yoga**, 10am; **School for Seniors**, Australiana, 10.30am; **Bridge**, 12pm; **The Web**, 2pm; **Yoga**, 9.30am; **Coast Care Counselling**, **Dance & Theatre School**, 3.30pm;

**Motivation & Empowerment Classes**; **Drumbala** 4.30pm; **Adore Music Tuition** 4.30pm; **Community College courses inc. painting, drawing, beading, languages and meditation**; **Ballroom Dancing**, 9am, PCC

**Free entertainment**, 6.30 pm; **Ballroom Dancing**, 10am; **Trivia**, 7pm; **Indoor Bowls</b**

## What's On in and around the Peninsula

**Second Saturday of every month**

**Book Club**, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq: 0412 252 709

**Melaleuca Wetland Regeneration Group**, Boronia Ave, Woy Woy, 8am

**Bushcare group**, Pretty Beach, end Araluen Track, 8am

**Ex-Navalmen's Assoc**, Central Coast Sub-Section, 10am, **WWLC**

**Scrapbooking**, 12pm, enq: 4342 3712; **Chatterbox Group, PCC**

**Third Saturday of every month**

**Umina P&C Bushcare**, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301

**Peninsula Residents Association (PRA)**, 3PM **WWEC**

**Market Day**, 9am, Sydney 2000 Park, UCH

**Fourth Saturday of every month**

**Troubadour Acoustic Music Club**, 7pm, enq: 4341 406, **CWA**

**Last Saturday every month**

**Bushcare Wagstaffe group**, meet Half Tide Rocks sign, 8am

**Melaleuca Wetland Regeneration Group**, Boronia Ave, Woy Woy 8am

**Every Saturday**

**Vision Impaired Woy Walkers** Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**

**Children's Pottery**, 9am; **Silvercraft Class**, 1pm **EBACC**

**Weight Watchers**, 8.30am; **Dance & Theatre School**, 9.30am; **Bridge Club**, 12pm; **Photography course (monthly)**; **The Web** 5pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**

**Cash Housie**, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

**Chess Club**, 1pm, **EBWMC**

**Gym Sessions**, 9am; **Drama & Discovery**, 9am, **PCYC**

**Brisbane Water Bridge Club**, 12.30pm, enq: 4341 0721, **WWLC**

**Al-anon/Alateen** family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

**Social Dance**, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

**SUNDAY**

**First Sunday of every month**

**Umina Boardriders** meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

**Second Sunday of every month**

**Ladies Auxiliary of Vietnam Vets**, 10 am; **Vietnam Vets**, 11am, **EBWMC**

**Umina P&C Bushcare**, 9am, enq: 4341 9301, **BWSC**

**Third Sunday of every month**

**Bushcare Group**, Tennis Courts, Empire Bay, 9am, enq: 4369 2486

**Ettymalong Creek Landcare**, Ettalong Rd, Umina, 8am, enq: 4342 2251

**EBWM Fishing Club** competition, Club House in Beach St, Ettalong.

**EBWM Vietnam Veterans Peacekeepers, Peacemakers** meeting, enq: 4344 4760

**Peninsula Environment Group**, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www.peg.org.au

**Fourth Sunday of every month**

**Old Time/New Vogue Dancing**, 1pm-4pm **ESCC**

**Last Sunday of every month**

**Alliance Française "La Petanque"** (the game of boules), 11am-5pm, enq: 0415 309 074

**Lions Club** Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

**Every Sunday**

**Fijian Cultural Group**, 11am-4pm; **Coast Community Church Services**, 9am & 5pm, enq: 4360 1448; **Full Life International Church**, 10am-3pm, **PCC**

**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm

**Patonga Bakehouse Gallery**, 11am, enq: 4379 1102

**Umina Blue Swimmers Mens Winter Swimming Club**, swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

**MONDAY**

**First Monday of every month**

**RSL Womens' Aux**, 9:30am, **EBWMC**

**Endeavour View Club Luncheon**,

enq: 4344 3825, **ECC**

**Pretty Beach PS P&C, Resource Centre**, 7:30pm, enq: 4360 1587

**Grandparents Parenting Support Group**, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

**Country Women's Association meeting**, 10am, CWA Hall, Umina, enq: 4341 5627

**Second Monday of every month**

**Book Club**, 7pm, enq: Mandy 4342 2482

**Women 50+ Group Chat**, **PWHC**

**RSL Women's Auxiliary**, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**

**Killcare Heights Garden Club**, 10:30am, enq: 43601595

**Coastal Crones (over 50's)**, Friendship group **PWHC**

**Labor Party** Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

**Third Monday of every month**

**War Widows**, 1pm, 43410286,

**EBWMC**

**Wagstaffe to Killcare Community Association**, 7:30pm, enq: 4360 2945, **WH**

**Fourth Monday of every month**

**Toastmasters Speachcraft Classes**, 6pm, **EBWMC**

**Labor Party Peninsula Day Branch**, 1pm, **CWA**

**Carers support group**, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

**Last Monday of every Month**

**WWLT Playreading**, **Woy Woy PS**, 7.30pm, enq: 4341 2931

**Every Monday**

**Kidz Drumming**. 4-5pm, **Rainbow Gate**, 207 West St,

**Umina Cash Housie**, 7:30pm, enq: 4323 3566, **EMBC**

**Walking with other Mums** enq: Liz Poole 4320 3741

**Early Childhood Clinic and Koori Cuppa for Aboriginal families**, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **3Cs-Craft, Coffee & Conversation**, 12.30pm, child care avail, enq: 4343 1929, **BFC**

**Yoga**, 9.30am, Ph.4360 1854, **WH**

**Mums Meditation** 10am, Drummimg classes 4pm **RBG**

## Holiday tennis camp

The camp will be held in wet or fine weather.

The courts are backed by over 30 years' coaching, competitions and camps experience. They are well supervised with qualified coaches and first aid officers in attendance.'

Bookings are essential and all enquiries can be made by phoning 4341 0970.

Newsletter, 23 Jun 2009  
Woy Woy Public School

**Dancing**, 9am; **Mahjong**, 12.30pm;

**Fitness**, 1pm, **ESCC**

**Gym Sessions**, 8am; **Tiny Tots**,

9:15am; **Circuit Boxing (Women)**,

9am; **Boxing/fitness training**,

4pm (Junior) & 5pm (Senior),

**PCYC**

**Carpet Bowls**, 9am; **Card Club**,

1pm, **EBWMC**

**Fairhaven Cash Housie**, 7.30pm;

**Bingo**, 11am, enq: 4323 3566,

**EMBC**

**Arts and Crafts** for people with a disability, 11am, enq: 4341 9333

**Patchwork & Quilting**, 10am;

**Pottery**, 10am & 1pm, **EBACC**

**Children's Story Time**, Woy Woy Library, 10.30am, **Occasional Childcare**, 9am; **Central Coast Volunteering**, 9am; **Over 55's Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 9.30am; **Mad Monday Craft**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News Details Page 2

The Sporties at Woy Woy

Right on the Waterfront

North Burge Rd, Woy Woy 4341 7598

Ideal for functions, weddings, parties, conferences, meetings and all special occasions

## Classifieds

### Classified

**ADVERTISEMENTS**  
cost only \$25 plus GST  
for 5 cms, and will be  
working for you in your  
local community for  
**TWO WEEKS**

Phone: 4344 1844  
Fax: 4344 1944

E-mail: mail@peninsulanews.asn.au

Ad a logo or photo  
only \$5 +GST  
Ad full colour  
only \$5 + GST

### Antennas

A Better Picture  
**Antenna & Digital  
Installations & Tuning**

New home specialist  
Credit cards OK  
**HAYWARD VIDEO**  
All areas  
Gosford 4323 6367  
Woy Woy 4344 4414  
Warnervale 1800 244 456  
0412 685 555

### Concreting

All types of concreting  

- Decorative concrete
- Spray on
- Stencil
- Colour Through

No Job too big or too small  
Free Quotes  
Prompt reliable service  
Ph: Terry 0412 496 799  
4343 1667  
Ian Press Building  
Services  
Lic No 205202

### Driving School

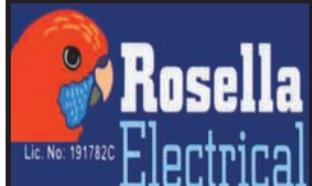
**JUZ CRUZN DRIVING SCHOOL**  
Looking after the locals  
Professional driving tuition  
RTA approved - High Pass Rate  
  
07 Mitsubishi Lancer  
Automatic only - \$40hr\*  
0401 024 021  
4344 1728  
  
ABN 46723 448 834 - Driving School No. 1607 8705  
\*Peninsula Residents only

**LEARN RIGHT DRIVING SCHOOL**  
ALL AREAS • 7 DAYS  
We offer friendly personal training  
Hazard avoidance driving taught  
**CHEAPEST RATES ON THE COAST**  
**\$70 for a Two Hour Lesson**  
\*Approved Ministry of Transport  
\*Automobile No. E.O. 6441  
Member A.D.T.A.  
RTA APPROVED LIC. NO. 011037  
**PHONE DAVE**  
4342 1908 or  
0417 410 382

### Electrical Appliances

Repairs and Service to  
vacuum cleaners, washing  
machines & fridges.  
Large range of vacuum  
cleaner bags.  
Spare parts available  
**JR's APPLIANCE SERVICE**  
Now at 26 Blackwall  
Road Woy Woy -  
Next to St George Bank  
4342 3538 or 4344 3384  
Approved Service Centre for  
over 15 Companies

### Electricians



- Domestic Installations
- Pensioner Discounts
- No Job Too Small
  - Prompt and Reliable Service
- FREE QUOTES

Call Brett or Michelle on  
0417 662 721 or 4363 1089

### For Sale

**Spanline Patios,  
Glass and Screen  
Rooms, Carports &  
Wall Cladding  
as seen on TV**  
Lic. 83737c  
PICTON BROS

**SPAN LINE**  
Gosford 4324 9300  
Charmhaven 4393 3397

### FOR SALE

- Double bunks, white tube steel good condition **\$150**ono
  - Two single mattress good condition **\$80**pair ono
  - Large fridge and freezer very good condition **\$250**ono
    - Sewing machine very good condition **\$100**ono
    - Baby pram good brand very good condition **\$80**ono
  - Desk top computer XP edition very good condition **\$250**ono
- CAN DELIVER, IF IN THE WOY WOY AREA.**  
**CALL 43352361**  
**0451 128 905**

### Kitchens

### SAVE \$\$\$

on a Kitchen Makeover  
don't replace it,  
just reface it with  
Beautiful Italian Stone.  
Heat, scratch & stain  
resistant laid right over  
your existing bench tops.  
All work carried out in less  
than 2 days. Upgrade with  
new doors or have your  
new Dream Kitchen.  
Ten -Year Warranty!  
Call Denine today  
for a free consultation

Tel 4342 5658  
Mob 0400440448  
Showroom 4352 1100  
www.granitetransformations.com.au  
GRANITE transformations  
Lic. 199069C

### Lawns & Gardens

### Pauls Garden Care

Lawns mowed  
Edges cut  
Pruning pruned  
Rubbish removed  
Also I am a Qualified  
Carpenter to do  
maintenance work.  
**0404 928 623**  
**or 4342 6640**

### Paving

**I'm Paving**  
for all your paving  
requirements  
Phone Martin  
**4344 4614**  
**0412 360 195**  
Lic No R94683

### Plumbers

**PRIDE PLUMBING**  

- All Plumbing & Drainage
- Hot Water Repairs & Replacements
  - Gas Fitting & LPG
- Bathroom & Kitchen Renovations
- Blocked Drains/Electric Eel Service
  - Guttering & Downpipes
  - Water Tank Specialist
  - Backflow & TMV Specialist

**0409 180 596**

**Dark & Daylight  
Plumbing**  
Hot Water Repairs  
Phone now for  
rebates on  
hot water tanks and  
rain water tanks

**4341 8863**  
www.darkanddaylight.com.au

### Gas Log Fire Specialist

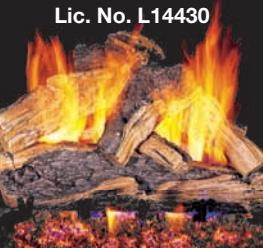
LP or Natural Gas.  

- Masport
- Jetmaster
- Regency
- Rinnia

 Installations  
Service & Repairs  
General Plumbing  
Repairs & Maintenance

**Graham Tangye**

**Plumbing**  
**0417 655 182**  
Lic. No. L14430



### Property Maintenance

**Sinclair**  
Property Maintenance  
Residential and Commercial

- Full lawn and handyman service
- Gutter cleaning
- Rubbish Removal
- Commercial Cleanup and Maintenance
- Pensioner Discounts
- Free Quotes

**4341 4060**

### Property Maintenance

### Daily Property Maintenance

[www.dailypropertymaintenance.com.au](http://www.dailypropertymaintenance.com.au)

Reliable and Efficient Service

- Interior and exterior painting
- Floor sanding and polishing
- Extensions and renovations
- Grounds maintenance, lawn mowing and landscaping
- Carpentry and cabinet making
- Electrical/plumbing
  - Bricklaying
  - Wet area upgrades
  - Project management
  - Fully licensed
  - Pressure washing

**0422 987 531**

### Public Notices

### Central Coast Bush Dance & Music Association

Experience Folk  
Music at its best at  
East Gosford  
Progress Hall @  
7.30pm Henry Parry  
Drive

### Colonial Ball @ GFC Prices

**July 11**

Enq: 4344 6484  
Admission \$15  
incl. supper

Folk Fed Affiliates &  
Pensioners \$12,  
Children 12 to 18 \$8

[www.ccbdma.org](http://www.ccbdma.org) for  
more information

### Rubbish Removal

Abandon all types of  
Rubbish Removal,  
Tree Lopping, Small  
demolition problems

Free Quotes 7 days

Fully Insured

Call **Block Buster**

**Rubbish Removal**

any time on

4329 1404 or

0450 286 541

### To let

### Pensioner Accommodation

Aubrey Downer  
Memorial Orange  
Homes

Point Clare Retirement  
Village

Self Care Unit available  
\$125.35/week  
Conditions Apply

**Ph: 4324 2068**  
Business Hours

### Shops & Offices

### To Let

from 50sqm to

200sqm

Woy Woy and  
Ettalong

**Ph: 0419 412 666**

### Pumps and Bores

Bore water pump &  
spear point installation,  
maintenance, repairs &  
modifications.

PVC pipe & spear points  
installed that  
never need cleaning.

Ph John Woolley Lic. No. DL1664  
Phone: 4342 2024

### Bores and Spears

Install high quality pumps and  
maintenance free spears,  
existing systems reconditioned,  
all work guaranteed.

Ph: Warren Greenway  
Ph: 4341 7736 Mob: 0408 225 390  
Lic No. DL1960

### Removals

### A MAN IN DEMAND REMOVALS

**PH 0413 048 091**

From \$45 per hour  
New 6.5 tonne Pantec  
with tailgate lifter  
**\$65 per hour**  
2nd or 3rd man available

**4342 2991**

- Sydney Central Coast Specials
- All Vehicles have Satellite Navigation
- Please visit website for FREE space calculation  
[www.amanindemand.com.au](http://www.amanindemand.com.au)

### CALLING ALL MASTER CHEFS

Unique opportunity to start or  
relocate a trendy restaurant/  
cafe at Empire Bay. Recently  
fully refurbished ready for your  
fit out.

Tiled kitchen and dining area of  
95sqm plus 35sqm of alfresco  
dining space.

Grease arrestor and onsite  
parking. Location - opposite a  
busy waterfront, and adjacent to  
newsagent and liquor store.

**LEASE: \$25,000 PA +GST**

Email: stephensonse@ozemail.com.au  
Phone: (02) 4342 3925  
Fax: (02) 4341 5223  
Neville: 0428 434 689

### STEPHENSON'S REAL ESTATE

PROPERTY MANAGEMENT  
- SALES - DEVELOPMENT  
RESIDENTIAL - COMMERCIAL -  
INDUSTRIAL

ABN: 66 454 721 842

### ERINA OFFICE SUITE

Upper level professional  
office space of 145sqm. High  
prominent advertising exposure  
to Karalta Road. Attractive  
partitioning provides reception  
and seven separate work areas.  
Kitchen, toilet amenities, air-  
conditioned, carpeted, ample  
customer parking.

**LEASE: \$49,000 PA +GST**

# Rugby union washed out

Round nine of the Central Coast Rugby Union match between Woy Woy and Terrigal was washed out due to bad weather and playing conditions at Woy Woy Oval on June 20.

However, round eight of competition saw Woy Woy first grade defeat The Entrance 36 nil at Joseph Banks Oval on June 13.

Central Coast Rugby Union president Mr Larry Thomson said the win was "a long time coming" for the Peninsula club.

"This win has been coming for a long time for Woy Woy and finally it arrived in abundance," Mr Thomson said.

"They raced in for six tries in a most dominant performance.

"Woy Woy led by 14 points to nil at the half time break and then continued to go on with it in the second half.

"Best for Woy Woy were prop Steve Hopley and hooker Danny May.

The best player for The Entrance was Josh Cotter who never stopped for the entire 80 minutes."

In other grades for round eight, The Entrance defeated Woy Woy 24 to 14 in second grade competition while Avoca defeated Woy Woy 27 to three in the Colts competition.

Following round nine, Gosford continues to lead the ladder on 33 points and Woy Woy seventh on eight points with a game postponed against Terrigal for later in the season.

Press release, 21 Jun 2009  
Larry Thomson, Central Coast Rugby Union

# Bowls singles

Kris Osborne and Bev Jessup have competed in the Ettalong Women's Bowls Club Major Singles Final.

The girls played in overcast weather with light patches of rain that made it difficult for both competitors.

Ms Jessup took an early lead that was cut down by Ms Osborne who managed to gain the lead.

The lead continually changed hands until Ms Jessup took the lead and held on to win the game.

At one point play was suspended because of heavy rainfall and play had to resume on another green more than half an hour later.

The final score was 31 -21.

Newsletter, 26 Jun 2009  
Coast Bowls News

# Fun run from Woy Woy

More than 1500 competitors turned out for the Bay-to-Bay Fun Run from Woy Woy to Gosford on June 21.

The Peninsula was well represented on the day with more than 200 local residents taking part in the 12-kilometre race along Brisbane Water.

Martin Dent from Cook in the ACT took out first place overall with a finishing time of 36 minutes and nine seconds, while Avoca's Matthew Robbie came second and Mark Warren of Terrigal came third.

Peninsula residents to perform well at the event include David Mainwaring of Phegan's Bay who came second in the male 16 to 19 age category.

Umina resident Keira Pride finished first in the female 20 to 29 age category in 47 minutes and 26 seconds.

Mark Wilson of Umina also managed to finish first in his 40 to



49 age category with a time of 44 minutes and 23 seconds. race visit [www.terrigitrotters.com.au](http://www.terrigitrotters.com.au).

For a full list of results from the

Website, 24 Jun 2009  
Bay-to-Bay Fun Run,  
Terrigal Trotters

# Campbell Building Materials



**MANAGERS SPECIAL**  
**Wattyl I.D. low Sheen 12L**  
ACRYLIC White-free tinting  
Was \$170 Now \$99.95



**Meteor Aluminium Extension Ladder**  
2.4m/3.9m  
\$95 - ME10036

**Meteor Aluminium**

**Dual Purpose**  
**Ladder 1.8m/3.2m**  
**\$99 ME10033**



**Treated Pine Sleepers**  
150 x 50 x 2.4m \$8.90  
200 x 50 x 2.4m \$11.90  
**Decking**  
90 x 22 \$2.25pm

**IRONwood**  
Outdoor Plantation Pine

**OPEN 7 DAYS**  
Monday ~ Friday  
7am - 5pm  
Saturday - 8am - 4pm  
Sunday - 9am - 2pm

**HOME**  
TIMBER AND HARDWARE



**Makita**  
**4PCE Lithium Ion 18v**  
**Combo Kit**  
Was \$1355  
Now only \$1190

**Phone:** 4341 1411  
**Fax:** 4343 1355  
100% Locally owned  
100% Locally staffed  
182 Blackwall Road,  
(at the lights) Woy Woy

# 315 West St Umina Beach

Ph: 4341 1488

**yousave**

**JOIN TODAY!**

be rewarded!

the right price  
+ professional advice  
+ rewards card  
+ Chemist

Monday to Friday 8.30am - 5.30pm  
Saturday 8.30am - 12.30pm

**HAIR CARE**

- Excellence Range Nice n Easy Range \$4.99 each
- Herbal Essences Range 30ml \$4.99 each
- Pantene Range 350ml \$6.49 each
- Dove Range 300ml \$3.99 each
- Pantene 3 Minute Miracle 3 x 15ml \$5.99 each

**SKIN CARE**

- Nivea Hand Cream 75ml \$5.99 BUY 2 FOR \$10.00
- Nivea Lip Balm \$5.00 BUY 2 FOR \$10.00
- Nivea Visage Wipes 25s & 23s \$1.00 BUY 2 FOR \$1.00
- Aveeno Skin Care Range \$4.99 20% OFF all Aveeno
- Sukin Range \$1.300 BUY 2 FOR \$1.300
- Cetaphil Gentle Skin Cleanser 1Litre \$18.99 while stocks last
- Dove Soap 4pk \$5.99
- Redwin Sorbolene 1L \$4.99
- Nicabate Step 1 21mg Clear Patch 7's \$2.99 each
- Nicabate 21 mg CLEAR PATCH \$2.99 each
- Ease a Cold† Cough, Cold & Flu - Day & Night 24s \$1.499 each
- Wagner† Joint PainEze 1000 + OptimSM 200 capsules \$2.999 each
- Sudafed Nasal Decongestant 20ml \* \$8.99 each
- Dimetapp ADULT STRENGTH DAYTIME/NIGHTIME COUGH + COLD + FLU \$1.199 each
- Robitussin 200ml \* \$1.099 each
- Robitussin Dry Cough Forte \$1.299 each
- Robitussin Chesty Forte \$1.499 each
- Otrivin Nasal Spray MD 10ml Daytime/Nightime 48s \$7.99 each
- Bisolvon Chesty Forte 200ml \* \$1.299 each
- NUROFEN PLUS \$1.499 each
- NUROFEN® PLUS PHARMACY MEDICINE ADULT \$1.499 each
- Nature's Way Super Nutrients Women, Men & 50+ 60s † \$1.99 each
- Bio Organics + Vitamin B Complex 31s \$1.499 each
- Super Nutrients 5X Women \$1.99 each
- Super Nutrients 5X Men \$1.99 each
- Blackmores Joint† Formula Advanced 120s \$1.99 each
- Blackmores† O/Less Fish Oil 1000mg 400s \$1.99 each
- Blackmores† Macu-Vision 150s \$1.99 each
- Nature's Own† Joint Enhance 100s \$2.49 each
- Nature's Own† Omega 3 Odourless Fish Oil 1000mg 400s \$2.49 each
- Blackmores BLACKMORES HEALTHY JOINTS JOINT FORMULA ADVANCED \$4.29 each
- Blackmores BLACKMORES ANTI-INFLAMMATORY ODOURLESS FISH OIL 1000 \$2.49 each
- Blackmores BLACKMORES MACU-VISION EYE HEALTH \$3.19 each
- Nature's Own Joint Enhance Glucosamine and Chondroitin Complex \$2.49 each
- Nature's Own After Baby Care 60s \$1.99 each
- Ego QV 1L Gentle Wash, Oil & Lotion \$1.599 each
- Ego QV Cream 500g \$1.399 each
- Alpha Keri 1L Lotion, Wash & Oil \$1.499 each
- DermaVeen Moisturising Lotion 1L \$1.699 each
- Vaseline 750ml Dry Skin & Aloe Vera \$7.99 each