

# Peninsula News

Community Access

Edition 217

Phone 4344 1844 Fax 4344 1944

June 15, 2009



Staff and students of Woy Woy Campus attend a sod turning ceremony



Member for Gosford Marie Andrews and Member for the Central Coast John Della Bosca turn the first sod for construction of the new trade school at Woy Woy Campus

## Work starts on trade school

### Construction of the new \$2 million Trade School at Brisbane Water Secondary College Woy Woy Campus has begun.

Health-related courses, including nursing and aged care, will be the focus of the new trade school which is expected to be completed by January next year.

Minister for the Central Coast Mr John Della Bosca and Member for Gosford Ms Marie Andrews joined college staff and students in attending a sod turning ceremony on the site of the new facility on June 10.

Mr Della Bosca said the trade school would allow Central Coast students to specialise in health-related courses in partnership with Hunter Central Coast Institute of

TAFE, Newcastle University and the Northern Sydney Central Coast Area Health while completing their HSC studies.

"Construction will also boost the local economy, creating jobs as work gets underway."

Ms Andrews said the new facility would incorporate a simulated hospital ward, a general learning space, a medical administration centre and large storage facility.

She said the new trade school would help fill the shortage of nursing and allied health professionals and encourage more people to choose the profession.

"The new school will combine industry-standard equipment and practices with Board of Studies approved curriculum."

"In this way we are ensuring students can graduate with skills

for a variety of pathways into health training as well as an HSC and possible credit towards undergraduate courses.

"Importantly, it will further enhance educational opportunities for young people on the Woy Woy Peninsula and beyond."

"It will play a major role in encouraging students to embark upon a very worthwhile and satisfying career."

The new trade school is expected to begin enrolling students in term one of next year's school year.

Construction of the new facility will be completed by Belmont building company Parmenter Jear Builders Pty Ltd

College principal Mr Stephen Harris said the college was delighted for the new facility to be built on the Woy Woy campus and

looked forward to the partnerships with Ms Andrews and Mr Della Bosca in seeing the project succeed.

"The trade school will make a huge difference for the students of the Brisbane Water College area."

Kerry Crocker from the Hunter Central Coast Institute of TAFE and Terri Parker CEO of Peninsula Village also attended the sod-turning ceremony.

The Peninsula Village will be instrumental in providing school-based traineeships in aged care and hospitality for college students, according to Mr Harris.

"Terri has shown a commitment and dedication not just to health and aged care in our community but also to local students by taking on 10 of our students for school-based traineeships," Mr Harris

said. "The retirement village has also undertaken a mentor program for students at the Umina Campus."

Mr Harris said the school was in the process of organising partnerships with Newcastle University and the Northern Sydney Central Coast Area Health Service to provide further training for students.

**Press release, 10 Jun 2009  
John Della Bosca, Minister  
for the Central Coast**

**Press release, 10 Jun 2009  
Marie Andrews, Member  
for Gosford**

**Speech, 10 Jun 2009  
Stephen Harris, Brisbane  
Water Secondary College**

THIS ISSUE contains 57 articles

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# Church to start pantry club

**The Hope Church in Umina will begin a Pantry Club service to help financially stressed individuals and families on the Peninsula next month.**

Church member Ms Sue Wilson said the new community service hoped to provide support and assistance to local families and individuals in need.

"By joining the Pantry Club

members will receive a range of benefits including access to the pantry to supplement their weekly groceries, cooking demonstrations, budget advice/money saving tips and morning tea," Ms Wilson said.

"A small weekly fee is charged ranging from \$4 for individuals up to \$8 for families, and as you can see the benefits they receive is great value for money for those who are struggling."

Ms Wilson said the service will be opening from Friday, July 31, at 10am.

"Morning tea will be provided and a full explanation of how the Pantry Club will operate will be outlined to those who attend."

Hope Church is situated at 4 Sydney Ave, Umina, opposite the Shell service station.

**Press release, 11 Jun 2009  
Sue Wilson, Hope Church Umina**

# Colouring competition

**Peninsula News, in conjunction with SIDS and Kids, will hold a Wiggles colouring-in competition for its young readers as part of Red Nose Day on June 26.**

The best and brightest entry will win a Creativity for Kids prize pack worth \$24.95.

Now in its 22nd year, funds raised through Red Nose Day have contributed to the research that identified the risks of Sudden Infant Death Syndrome.

Red Nose Day provides critical funding for 24-hour bereavement support services, community

education and the promotion of research into the death of babies and children during pregnancy, birth, infancy and childhood, including fatal sleeping accidents and the risk factors for stillbirth.

To enter the competition, colour the Wiggles poster image on page 15 of this edition and send it to The Wiggles Red Nose Day Colouring-In Competition, PO Box 532, Woy Woy, 2256, NSW, Australia, along with your name, address and contact number.

Entries will be accepted up until Friday, June 19, 5pm.

**Press release, 4 Jun 2009  
Mary O'Shea, SIDS and Kids**

# Street stall

**Woy Woy Hospital Auxiliary will hold a street stall in West St, Umina, on Thursday, June 18.**

The stall will be set up outside Flemings supermarket between 9.30am and 2.30pm.

Proceeds will support the local hospital.

**Press release, 2 Jun 2009  
Pat Harding, Woy Woy Hospital Auxiliary**

# Correction

**In the last edition of Peninsula News it was incorrectly stated that the program director Mr Walter Leijten of the Rotary Bowelscan project was a doctor.**

Peninsula News apologises for the any confusion the error may have caused.

**Clare Graham, 9 Jun 2009**

# Emergency Numbers

Aged & Disability Support Services	4334 2633
Police, Fire, Landline & Mobile	000
Ambulance Text Mobile	106
GSM	112
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
Police Assistance Line	131 444
Woy Woy Police Station	4379 7399
Crime Stoppers	1800 333 000
RFS Fire Control Centre	4340 2911
SES - Storm and Flood Emergency	132 500
Gosford City Council	4325 8222
City Rail	131 500
Energy Australia	13 13 88
Poisons Information	131 126
Lifeline	13 11 14
Royal Volunteer Coastal Patrol	4325 7929
Busways	4362 1030
Taxi	131 008
Gas Emergency	131 909
Suicide Help Line	1800 191 919
Wires	4323 2326

# Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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President, Australian Conservation Foundation Central Coast branch  
Chairman, Equilibrium Community Ecology Inc  
Vice-President, Central Coast Bush Dance & Music Association  
Vice-president, Brisbane Water Secondary College Umina Campus P&C*

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### Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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## Council to update dredging options

**Gosford Council has resolved to provide its estuary consultant with recent NSW Maritime hydrographic survey data in order to update its 2007 dredging options.**

According to a council report, Cardno Lawson Trelaor will be provided with the recent data in order to consider whether or not the original dredging plan, as provided to the Department of Lands, would still be adequate to address navigation concerns at the channel.

The issue was brought up by Cr Peter Freewater as a notice of motion at council's meeting on June 9.

"It is imperative that any future plans to dredge the Brisbane Water Channel be both ecologically sound and economically viable in order to protect and create a safe and working navigation channel for our community and to provide for the necessary environmental marine protection," Cr Freewater said.

"In 2007, Cardno Lawson Trelaor were commissioned to develop a Coastal Lake Assessment and Modelling (CLAM) tool to assess sedimentation problems within Brisbane Water and provide comprehensive cost benefit analyses for a host of dredging options, which included the entrance channel.

"The CLAM tool was originally designed to assist decision-making and was developed as a cooperative project between the CSIRO, Australian National University and the Department of

Environment and Climate Change.

"The Brisbane Water Dredging CLAM was completed late in 2007 and found immediate application in the development of a dredging plan to address maintenance of the entrance channel to Brisbane Water.

"The dredging plan was based on state-of-the-art modelling and up to date hydrographic surveys of the channel.

"In 2008 Cardno Lawson Trelaor were commissioned to expand the CLAM tool to encompass all of Brisbane Water.

"This new Brisbane Water Dredging CLAM is currently being developed to inform the Brisbane Water Estuary Management Plan.

"It includes the entrance channel to Brisbane Water and Cardno Lawson Trelaor require the latest hydrographic survey data to bring the model up to date.

"The CLAM would then be able to address current sedimentation, navigation concerns and dredging options."

Council also resolved to: "Request Cardno Lawson Trelaor's suggested methods for best practice dredging of this channel in order to achieve safe public access and environmental protection, if different from advice already provided".

Cardno Lawson Trelaor will be requested to provide council with a report on their recommendations and that report will be considered by council as a matter of urgency.

**Council agenda  
NM.12, 9 Jun 2009**

**Cr Peter Freewater will be required to apologise to council staff and mayor Cr Chris Holstein, following a code of conduct investigation into comments Cr Freewater made on the dredging of Ettalong Beach channel.**

Cr Freewater will also be encouraged to join other councillors in attending Code of Conduct training.

The complaint was lodged against Cr Freewater in February this year after he made comments to local media on Cr Holstein's handling of the dredging issue.

An investigation carried out by conduct reviewer Mr Peter Reynolds was reported to council on June 9.

Mr Reynolds said that Cr Freewater had admitted using the words "no one wants to offend the mayor" and found Cr Freewater had breached three clauses of the Code.

Mr Reynolds said that in the context the words implied that council officers might alter a report



to council for other than proper reasons, and the mayor may have influenced the findings of council officers.

The report stated: "The words admitted by Cr Freewater in the context of which they were said were a personal attack on council staff in a public forum and were therefore a breach of the code of

conduct."

Mr Reynolds recommended that Cr Freewater be counselled.

However, according to Cr Freewater, the report "effectively cleared" him in relation to criticism of Cr Holstein.

"It would have been a sad day for local democracy if this complaint against me had culminated in a serious sanction," Cr Freewater said.

"It's important that Codes of Conduct are not misused to censor legitimate public debate or to stop elected representatives from raising issues of public concern.

"I hope that in future the Mayor chooses to respond to media criticism by engaging in the public debate so that the community can consider what he has to say about an issue, rather than resorting to formal complaint processes that occur out of public view."

**Council agenda  
COM.29, 9 Jun 2009  
Press release, 2 Jun 2009  
Cr Peter Freewater,  
Gosford Council**

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**Forum**

## Ambos work longer for less

I would like to make a comment on the current situation that NSW ambos are having with their wages.

Some five years ago the Health Services Union and the members started a wage case with the SVC.

After some five years it ended with on-road staff receiving a pay cut.

How come? How could this happen?

I am the wife of an ambo on the Central Coast.

I have the job of making sure we have enough money to pay bills

**Forum**

and the mortgage.

I take this job seriously as it is important to be able to pay our way in this country.

For many years, my husband and I waited for the increase, and all we got was a pay cut.

Sure you might say it was an increase in the hourly rate, but we lost more by meal penalties and call offs.

Now with this new roster of 12-hour shifts, it will become worse.

He will now work longer, less

chance of overtime and they cannot get off at the 12-hour mark as been proven in Sydney with the introduction on the new rosters.

These rosters I thought were supposed to correct the problem of fatigue but this hasn't.

They get five days off instead of four, but ambos will need to work an overtime shift to make up for the money they have lost from less overtime and loss of meal penalties.

**Kerrie Stirling,  
Umina Beach**

## Railings are neglected

**Forum**

For some weeks now council has left dangerous bits of steel in clear view on the side of Woy Woy Rd about a mile south of the fire station where an unlucky accident victim could potentially be impaled.

This stuff is supposed to be safety rail if it is not maintained by the road crew it is just more dangerous.

These safety railings up on Woy Woy Rd are in a terrible state of neglect.

It is clear there have been more than one impact with the Armco.

There are loose sections laying about on the road verge which could impale a motorcyclist should they have an accident there.

I am asking why council road

maintenance crews can go past these accident sites and ignore the dangerous way they have been left by the tow truck drivers who attend the site and remove vehicles.

It was customary in the past for towies to clean up the scene and make it safe.

The local road is council responsibility.

What is council required to do to keep the road safe, and why does it appear no one has seen fit to at least pick up the dangerous sections laying on the roads edge which could impale and certainly add to the injuries of an unlucky road user?

**Edward James,  
Umina**

## Colourful characters

There were many colourful characters that used to relax at the Memorial Club at Ettalong Beach.

There was Fred, a champion one-armed darts player and Nick, a champion ball-room dancer who lived at the mobile park.

Old time dancing was held weekly at the club in the old days.

The Lang brothers were spectacular.

Jack would hold laugh-fests with a select few.

He would laugh so hard and loud, his false teeth would pop out onto the carpet.

His brother Bill was a master of balance.

He could walk across the dance floor and back with a schooner of beer perched on his head, without

**Forum**

Letters to the editor

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See Page 2 for contribution conditions

hilarious laugh fests, and Lindsay was also a famous fisho.

"Three at a time O'Brien," he was called.

Three fish at a time on the big boat and I know this to be true, because my brother and I used to go out fishing with him from time to time.

Then there was a distinguished gent in his 80s, dressed to the nines with a carnation in his lapel.

He would declare to all and sundry: "I'm as fit as a fiddle."

Then he would proceed to do push-ups on the carpet to an admiring throng of people. His lady friend used to say: "Grow up and stop showing off."

Undeterred, he kept on.

**Keith Whitfield,  
Woy Woy**

spilling a drop.

Often, he had imbibed a lot of beer, but he still didn't spill any beer from the glass.

Lindsay O'Brien and his sister Betty used to participate in the

## Enforce 40k in Patonga

Mavis Powell has to share the only road in Patonga with cars, caravans, buses and motorbikes all going at least 50 km/h as there are no footpaths.

Residents have repeatedly

**Forum**

asked for 40 km/h throughout the hamlet of Patonga.

They have also asked for pedestrian crossings or raised speed controls near the new hotel

where children run across the road on a blind corner.

Bruce Johnson, a recent victim of a road accident on the F3, is now confined to his mobile cart and says it is almost as dangerous as the freeway.

There are many more tourists in town and the roadway is the only track between the camping ground and the general store.

It is shared with children, babies in prams and old folk all amongst the cars.

Council needs to enforce a 40 km/h speed restriction before there is a tragedy.

**Jocelyn Maughan,  
Patonga**



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The passing of James George Felton, volunteer fireman, neighbourhood watch coordinator, Telecom linesman and Justice of The Peace, brings to mind memories of a fine man who served his community nobly.

Many of his sons followed in his footsteps and served in the volunteer fire brigade at Woy Woy.

They battled the terrible bush fires of the 70s and 80s.

I can recall the heroism of his sons, Peter and Noel, when

**Forum**

they attended a chemical tanker explosion in The Boulevard at Woy Woy.

They handled the situation coolly and waited till retardant became available from Gosford.

There were no casualties.

Indeed a great family who served our community well.

Vale, Jim Felton.

**Keith Whitfield,  
Woy Woy**

## A fine man who served nobly

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Lone Pine Ave in Umina

## Swales considered for drainage

**Gosford Council has been told that grass swales could cost-effectively address drainage issues on the Peninsula.**

However, specific projects had not been costed.

Council's director of city services Mr Stephen Glen stated in answer to a question on notice from Cr Jeff Strickson that grass swales in the appropriate location were an environmentally-effective method of collecting stormwater drainage by removing sediments and nutrients before reaching local waterways.

"In the case of Lone Pine Ave there is partially existing kerb and gutter, pipe drainage and underground services in the road reserve and the proposal for grass

swales would require the removal or modification of this infrastructure, which is not practical in terms of council funding," Mr Glen stated.

Mr Glen stated that grass swales were a "relatively cheap" alternative to kerb and gutter treatment and maintenance.

However, he said the construction costs involved in swales had not yet been well studied.

Mr Glen highlighted the importance of maintenance for grassed swales which would require a maintenance contract including seasonal mowing of dried swales, erosion inspections, litter removal, replanting and remove of sediment build-up.

**Council agenda COR.59,  
26 May 2009**

## Students quarantined

**Four students from Ettalong Public School were quarantined at home late last month in compliance with the NSW Health and Department of Education and Training swine flu procedures.**

School principal Mr Colin Wallis said the quarantine of the students was only a precautionary measure and did not cause a concern to

other children's health.

"It is State policy that children and adults who may have come into contact with this virus should not attend school for seven days."

Mr Wallis encouraged parents to contact the school with any concerns.

**Newsletter, 2 Jun 2009  
Colin Wallis, Ettalong  
Public School**

## Cliff face to be stabilised

**Gosford Council has resolved to stabilise the cliff face near the Pearl Beach Rock Pool at a cost of \$140,000.**

According to a council report, the stabilisation works will consist of a combination of wire mesh, rock bolts, shotcrete and other works including measures to prevent future erosion to the rock surface.

The report also stated that this option was the preferred stabilisation method for the Pearl Beach Progress Association and The National Trust of Australia.

Another method was adopted by council at a meeting on May 6, at a cost of \$180,000 but was later rejected by the local progress association and the National Trust.

It would have seen a shotcrete membrane applied over the entire rock slope and was rejected as "unsightly".

The cliff face, along with the rock pool, are both classified by the National Trust of Australia.

In a letter to Gosford Council, conservation director for the National Trust of Australia Mr Graham Quint wrote: "Given the need to reduce public risk and in light of the proposed use of shotcrete, the Trust would

suggest that limited excavation and reshaping of the cliff may be a preferable approach".

"An excavated cliff face would still provide a more aesthetically acceptable backdrop to the pool than shotcrete," Mr Quint wrote.

"Given the highly uneven surface of the cliff, it is hard to accept that the shotcrete will be so well laid that it will not need some maintenance itself in time, particularly as it will be subject to wave and salt action on one side and stormwater/groundwater action on the other.

"The use of stainless steel mesh securely bolted into the rockface appears to be perfectly adequate for the purpose and, as the mesh will be made of stainless steel, maintenance should not be onerous.

"Whilst the mesh will have an impact upon the look of the cliff, it will be greatly less than that of the shotcrete and is much more easily maintained and/or replaced in future.

"A stepped final profile, perhaps in combination with stainless steel mesh, would address many of the safety concerns, whilst preserving a natural stone cliff face, albeit, one that will have been worked by the

hand of men rather than nature."

As a result of communication between council and the trust, the design was revised and reviewed by council officers and supported by the national trust and local progress association group.

The revised design will include preparing the face of the cliff for stabilisation by removing loose blocks, soil, trees and vegetation.

The new design also includes draping and pinning double dip galvanised four millimetre mesh loosely to the rock face, installing rock bolts to the rock face and shotcrete sprayed where appropriate to prevent further erosion or the detachment of blocks.

"The estimated cost of the design option three is \$140,000 which is a reduction of \$40,000 from the previous design and will be funded through the Budget Review Process as per previous Council Resolution," the council report stated.

"The necessity for ongoing maintenance will be funded through the recurrent budget of Open Space and Leisure Services as required."

**Council agenda CIT.27,  
2 Jun 2009**



The cliff face near the Pearl Beach Rock Pool will undergo \$140,000 worth of stabilisation works to make the area safer for locals and visitors to the area

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## Chamber welcomes seniors living plan



An artists impression of the new seniors living complex in West St, Umina

The Peninsula Chamber of Commerce has welcomed Gosford Council's amended consent for the new seniors living village in West St, Umina.

Chamber president Mr Matthew Wales said the new residential lifestyle development played an important role for local senior residents on the Peninsula and provided choice of accommodation.

"The Hawkins Property Corporation was granted amended consent for their seniors living village comprising of 49 independent self care units with

communal facilities," Mr Wales said.

The village will be constructed on two acres of land in West St, the former Catholic church site, adjacent to the commercial shopping precinct in Umina Beach.

The complex will have four buildings with one having five levels and the others having three and two levels.

Mr Wales said the development would be constructed in two stages.

"The complex will be fully landscaped on the site edges with a garden setting within the complex

for residents," Mr Wales said.

"Deep undercover balconies have been designed to be utilised for outdoor living areas with ground floor units having the option to extend their usable living areas bringing the outdoors in.

"The complex will have an indoor heated pool, bocce alley and all-purpose community function room for the exclusive use of residents.

"These areas within the complex will provide a unique lifestyle for social and passive activity for the residents within the complex."

Newsletter, 11 Jun 2009  
Matthew Wales, Peninsula Chamber of Commerce

## Fly-bridge cruiser rescued

A 14.5 metre fly-bridge cruiser was rescued by the Royal Volunteer Coastal Patrol on June 7, after running aground in Lintern Channel near St Hubert's Island.

Publicity officer Mr Ron Cole said the coastal patrol received a call for help from the large cruiser around 10am.

"On arrival at the western end of Lintern Channel, the boat crew found the 14.5 metre fly-bridge cruiser on the wrong side of a port channel marker and hard aground," Mr Cole said.

"Lintern Channel is a tricky part

of Brisbane Water because it has its downstream entry from the St Hubert's Island or seaward end.

"As a result the channel markers seem to be reversed and if you are not aware of this, grounding can result when entering the channel at the Veterans Hall end.

"This was what had happened to this visitor to Brisbane Water.

"The 14.5 metre cruiser was about twice the size of our Central Coast Lifeboat.

"It was like David and Goliath - but once the lifeboat crew assessed the situation they attached a tow line by stern bridle and used the

great power of the lifeboat's diesel jet to move the big cruiser and its worried crew into deeper water.

"All was safe and well again.

"Once the owner had checked his engine cooling water intakes and received some advice about our tricky channel, he was given a copy of the patrol's guide to Brisbane Water.

"He then resumed his voyage and his enjoyment of our beautiful waterway and his long weekend afloat."

Press release, 6 Jun 2009  
Ron Cole, Royal Volunteer Coastal Patrol

## Three receive Birthday Honours

Three Peninsula residents were recognised for their contribution and service to the community in this year's Queen's Birthday Honours List.

Umina residents Alan Ford and Margaret Callingham and Richard Stewart of Pearl Beach received an award in the Order of Australia for various works throughout the local community.

Mr Richard Stewart is the longest serving member of the Whale Beach Branch Surf Life Saving Club, having been a member for more than 50 years and club president for 13 years.

He is acknowledged for his work in organising the Big Swim, a sea swim from Pearl Beach to Whale Beach which boasts more than 1500 competitors every Australia Day.

Mr Stewart is also recognised for his work with the Uniting Church particularly with the organisation Frontier Services which provides aged care, health and community services, and pastoral support to people in Outback Australia.

"I've been a member since 1993 and not many people know about us but we do some important work," Mr Stewart said.

"It blew me right away to receive the award."

Mr Ford will be awarded the Order of Australia for his service to the community of the Central Coast

and to local government.

Mr Ford was a member of Woy Woy Rotoract for five years in the early 70s and held numerous board positions.

He has also been a member of the Woy Woy Rotary club since 1983 and was president from 1987 to 1988, and has participated in The Red Shield Appeal, Clean Up Australia Day and other volunteer programs.

Mr Ford has also been involved in the Gosford Scout District since 1955 and an employee of Gosford Council since 1965.

"It was quite a surprise," Mr Ford said.

"I do all these things because I like them.

"I've found out a bit more about it, like who voted for me and I've received great support from people at the Rotary, Scouts, the church and the council as well."

Ms Callingham will receive the award for service to the community through the McDonald's Performing Arts Challenge, and to the surf lifesaving movement.

The awards ceremony is expected to be held later this year and will take place in Canberra with the awards being presented by the Governor-General Quentin Bryce.

Press release, 5 Jun 2009  
Quentin Bryce, Governor-General  
Kevin Holloway, 12 Jun 2009  
Interviewee: Alan Ford, Umina  
Richard Stewart, Pearl Beach

## Fountain to be turned on

Gosford Council will turn on the Anderson Park fountain after years of disuse due to water restrictions.

Council's director of city services Mr Stephen Glen said council was currently arranging for an inspection of the fountain in Brickwharf Rd, Woy Woy, and will

overhaul its hydraulics to ensure that it is fully operational.

He said council was also applying for a water banking permit to allow the ballast tank to be filled from town water.

"The fountain will be turned on once the overhaul is completed and the water banking permit has

been granted," Mr Glen said.

The issue was brought to the attention of council officers in a question without notice from Cr Terri Latella on January 27, this year.

Council agenda COR.59,  
26 May 2009

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## Petition call for road works

**Gosford Council has received three petitions calling for roadworks.**

A petition with 56 signatures from residents of Cooinda Village in Umina called for council to close the 'right of way' in Neptune St running through the village for the safety and security of aged residents who reside there.

Peninsula Village advised council that the current access through the retirement village attracted such incidents as break and enter, graffiti attacks and louts running through the village at night disturbing elderly residents.

Petitioners requested council's assistance in addressing this problem.

A second petition with 64 signatures from Umina residents requested the urgent resurfacing and repair of Alexander Lane in Umina.

The lane is a narrow, two-way laneway running off West St with a three tonne weight limit.

The petitioners advised council that the lane was the only vehicular access to their homes, and the lane was never intended to carry the volume of heavy vehicles and traffic that it is now subject to.

A petition with four signatures by residents of Fisherman's Parade in Daley's Point requested an unsealed section of road be sealed.

Petitioners stated that due to recent heavy construction traffic and rain the road continued to endanger pedestrians and damage vehicles.

All petitions were noted by council.

**Council agenda P.27, P.28 and P.29, 26 May 2009**

## Footpath plan for Bulls Hill

A report into the preliminary design and cost of a footpath along the Bulls Hill section of Woy Woy Rd is expected to be presented to Gosford Council towards the end of the year.

The council's director of city services Mr Stephen Glen said a topographical survey had been completed in the Correa Bay area between Woy Woy Rd and Horsfield Rd.

He said a preliminary design for a shared path had been commissioned and was expected to be completed last month.

The report summarising the preliminary design of the shared path will be presented to council after it decides which Capital Works Funding will be sought.

**Council agenda COR. 59, 26 May 2009**

## Bollards to be retained

**Gosford Council will retain bollards in an unnamed laneway behind Oxford and Albion streets in Umina despite a local resident's request for their removal.**

According to a council report, the bollards are located at the eastern end of the laneway and have been placed to prevent the laneway being used as a through route.

The issue was brought to the attention of the local Traffic Committee in February after a local resident requested the removal of the bollards as the current cul-de-sac laneway was unsuitable for truck access.

The report also stated that council received a report through its Customer Action Request system in October last year complaining of a large truck constantly parked in the laneway causing daily traffic

jams.

Council agreed to obtain the views of property owners adjacent to the laneway before making its decision to remove the bollards.

"Letters were sent to all property owners affected by the proposal with eight responses being received from adjacent property owners," the council report stated.

"All responses objected to the proposal to remove the bollards.

"Only one property owner responding commented on the possible need for parking regulation within the laneway, the owner observed that there would be difficulty associated with any policing of such regulation."

The report stated that residents adjacent to the unnamed laneway would be contacted and informed of the Traffic Committee's decision.

**Council agenda TR.09.28, 5 May 2009**



*St Hubert's Island residents Bob and Heather Fahey hosted a "big cuppa" fundraising event for cancer recently*

## Residents raise \$2400

**The St Hubert's Island Residents Association raised more than \$2400 for cancer research with a "big cuppa" fundraising event.**

"The residents of St Hubert's Island recently gathered in weather not too kind, to support cancer research," association president Mr Ron Spratt said.

"On behalf of the association Bob and Heather Fahey opened their doors to an enthusiastic group of residents to partake of the big cuppa along with homemade

cakes, scones and sandwiches which helped to make the day a success.

"This event seems to go from strength to strength each year.

"This year the proceeds from the day including donations and raffles was in excess of \$1400 and a further cheque from Cantarella Brothers Pty Ltd swelled the funds by another \$1000."

**Press release, 11 Jun 2009  
Ron Spratt, St Hubert's Island Residents Association**

## Volunteers wanted by Sea Scouts

**The future of First Woy Woy Sea Scouts "hangs in the balance" as it searches for more members to join the group.**

Group leader Mr Michael Crowhurst said the local Scout group was more than 80 years and needed volunteers to help run meetings and weekend trips away to avoid closure.

"It is really satisfying seeing the achievements of the kids," Mr Crowhurst said.

"You do put in time and effort

but it is worth it.

"Both male and female leaders are needed to help during the weekly meetings where Scouts, Cubs and Joeys do confidence-building exercises and earn their badges, such as knots, cooking, maps and orienteering.

"Leaders do not need knowledge in those areas as the Hunter Coastal Region Scout Association provides training.

"They would also get to accompany Scouts on their weekends away where they participate in a range of activities

including camping, canoeing and help with their community activities such as the Red Cross door knock appeal.

"There are also places on the committee for parents to come along and support your child within the Scouting movement."

Mr Crowhurst said the First Woy Woy Sea Scouts were keen to get back into the sights and minds of the local community.

"The First Woy Woy Sea Scouts has had a long time not being involved with the community, but since our AGM in April and with

a new committee, we are trying to get the group back out into the community," Mr Crowhurst said.

"Our group may be forced to close if we cannot find new leaders.

"If you like working with kids and having the best fun, then this is the place for you."

For more details, email [woywoyscouts@gmail.com](mailto:woywoyscouts@gmail.com) or phone 4341 6480.

**Press release, 2 Jun 2009  
Michael Crowhurst, First Woy Woy Sea Scouts**



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Peninsula Community Access  
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# Program announced at health centre

The Peninsula Women's Health Centre has announced its program of services and

activities for the next six months.

Community development worker Ms Kate Bradfield said

the centre looked forward to continuing to provide good quality support services to the women of the Peninsula.

"Wrap with Love is a new group commencing on the third Wednesday of each month from 10am to 12noon," Ms Bradfield said.

"The aim of the group is to knit squares, create wraps and donate these to Wrap with Love. "The

group will also teach and support women to knit the squares.

"Coffee Morning returns. This group is for all women who would like to get to know other women in the area.

"It is a social get together over morning tea and provides a great opportunity to meet women especially if you are new to the area or feel isolated.

"Morning tea is provided and a gold coin donation would be appreciated.

"This group will be held on the first Wednesday of the month."

Ms Bradfield said the centre also welcomed a great new addition to the centre.

"The Communicating with Confidence workshop is facilitated by our counsellor Honor McGill," Ms Bradfield said.

"Learn effective communication techniques, how to resolve conflict and solve problems, listening skills and self care strategies.

"This group will be run on a Thursday morning commencing

soon.

"We also have our regular and very popular groups and services continuing.

"Counselling is available on Wednesdays and Thursdays.

"The Women's Health Clinic is on Wednesday three times a month; The Butterfly Group for women who have experienced or who are in domestic violence will commence shortly; The Walking Group on Fridays; Meditation on Thursday afternoons; Women 4 Women on the fourth Wednesday of the month and Coastal Crones a group of wise women over 50 who meet on the second Monday of each month from 10am."

Bookings are essential for all groups and services.

For more information, call the Peninsula Women's Health Centre on 4342 5905 or drop in and see us on Wednesday or Thursday at 20A McMasters Rd, Woy Woy."

Press release, 10 Jun 2009  
Kate Bradfield, Peninsula Women's Health Centre

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## Baby massage workshop

The Beachside Family Centre in Umina will hold a free one-hour baby massage workshop on June 30, from 10am.

Facilitator Ms Debbie Notara said the workshop would show parents how to deepen the relationship between their baby by using baby massage techniques.

Ms Notara said baby massage has been proven to improve sleep, relieve colic and tummy discomfort, relax and soothe, enhance bonding, stimulate a

baby's physiological development and improve communication.

The workshop was designed for babies who were not crawling.

The Beachside Family Centre is located on the grounds of Umina Public School in Sydney Ave, Umina.

All requirements will be provided on the day and bookings are essential on 4343 1929.

Press release, 8 Jun 2009  
Debbie Notara, Beachside Family Centre

## Chiropractic Plus

Real clinical cases and your questions answered each month by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre

### It's not always black and white

What color is blue on the brightest day? Blue of course, but only when your eyes are open!

Read on for yet another fascinating case study



.....Out of the blue, 5yrs down the track, in limps Juno, large as life but somewhat subdued because of severe and unrelenting right sided 'sciatica'. All was well with Juno, he had ceased smoking and had improved his lifestyle factors, he had also become an insulin dependant diabetic. The right sided 'sciatica' was diagnosed as stemming from nerve root compression in the lower spine and Juno came armed with many forms of evidence to substantiate the diagnosis; MRI, CT scan, X-Ray. He had been exposed to a plethora of treatments and treatment options by Chiropractors, Orthopedic and Neurological specialists along with Physio treatment, all to no avail and spanning a time in excess of 18mths.

Juno was living in Newcastle now so he utilized the local experts and justly so as the travel to and from my premises was unrealistic.

18mths down the track a disc bulge would normally cease to be an issue and the symptoms are abating if not clear, if the disc bulge persists one would expect to note neurological deficit including numbness, weakness or partial paralysis, along with altered reflex's, none of these were present, nor did moving the spine into disc compression phase produce lower limb symptoms.

What was this?

To answer this I went back to the history and noted the diabetes. This meant assessing the vascular system including pulses. You guessed correctly, and that is, the pulses in the right ankle knee and groin were all markedly reduced along with cool and pallid skin especially the foot and toes.

In conclusion the following transpired; firstly Juno recovered from surgery to the major artery that was blocked and reducing blood flow to the limb (atheroplasty to the femoral artery), Secondly Juno receives ongoing chiropractic care to attempt to reduce the damage to his spine and enhance and support a healthy nervous system looking way beyond symptoms and looking to stay in good shape. Thirdly and very importantly health care professionals should always ask themselves this question. Is what I think it is, what it really is?

I think all of us could ask this question, and in many facets of our lives!

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## View club turns 21

**The Endeavour View Club celebrated its 21st birthday on the Peninsula with a special event held at Everglades Country Club on June 1.**

More than 70 club members attended the birthday event including special guest View Club National Councillor Ms Thelma Chant.

A black, white and silver theme was created for members and guests to enjoy on the day.

Inaugural members Ms Jean Waterfield, Ms Queenie Hutchinson, Ms Joyce Martin, Ms Eunice Byfield and Ms Beryl Garden were also in attendance to celebrate the club's milestone.

Club publicity office Ms Viv

Donovan said all club members had a wonderful time marking 21 years together and looked forward to many more years to come.

"The Endeavour View Club was formed in the Bicentennial year 1988, so it was fitting to be named after Captain James Cook's Ship The Endeavour," Ms Donovan said.

"Forty ladies attended the very first meeting and today the membership has grown to 73.

"View clubs are an important part of the Smith Family, raising money to assist families in need and to provide a wonderful social support network for local women."

Press release, 8 Jun 2009

Viv Donovan, Endeavour View Club

## Strategic business workshop series

**The Umina District Chamber of Commerce will hold the first of a series of strategic business workshops on June 17, to help secure government funding for the Umina district.**

The first workshop will be held at Ocean Beach Surf Club from 6pm, at a cost of \$20 per person.

Ms Susan Rowe from the Department of State and Regional Development will facilitate the workshop and provide local businesses with guidance on structuring its strategic development plan.

Chamber president Ms Sharon Martin said the strategic development plan was vital in securing appropriate funding from Local, State and Federal Government grants for the local area.

"Please come along and have your say in what initiatives you would like to have implemented to provide positive direction for the Umina district," Ms Martin said.

To reserve a place at the workshop email [udcc@bigpond.com](mailto:udcc@bigpond.com)

Press release, 9 Jun 2009

Sharon Martin, Umina District Chamber of Commerce

## Association offers scholarship

**The St Hubert's Island Residents Association has established a scholarship program to reward high achieving residents in their chosen endeavour.**

Association president Mr Ron Spratt said the group was looking for local residents of St Hubert's Island looking to extend their passion and interest in education, music, the arts and sport.

"The association committee recently resolved to establish the St Hubert's Island Residents

Scholarship to reward high achieving residents of St Hubert's Island, including family members, in their chosen endeavour, be it education, music, the arts, sport or any other field considered appropriate by the St Hubert's Island Residents Association executive committee," Mr Spratt said.

"The scholarship can be awarded only once annually, at the absolute discretion of the association committee, to the value of \$250.

"Interested residents may now apply for the inaugural St Hubert's Island Residents Association Scholarship.

"Applications must be in writing and be accompanied by relevant documentation to establish the credibility of the activity applied for, and an agreement to provide a written report and presentation on the success of the activity."

For further information, phone Ron Spratt on 4343 1540.

Press release, 11 Jun 2009  
Ron Spratt, St Hubert's Island Residents Association

## Assistance wanted for Umina playground

**Gosford Council is calling on individuals and organisations within the community to assist with the implementation of the Peninsula Recreation Precinct planned to be completed in Umina by mid next year.**

Council is inviting community members to assist with a range of components including fundraising

for the community financial element of the project, developing a Youth Engagement Strategy, input into playground equipment, community art for the site, volunteer labour for landscaping, official opening and promotion of site and ongoing support through the Friends of Gosford Playground Program

Gosford deputy mayor Cr Craig Doyle said that community

feedback was instrumental in the development of the project and would be vital in the realisation of the Peninsula Recreation Precinct.

To become a part of the implementation stage of the project, register your interest with Shari Timothy on 4304 4388 by Friday, June 26.

Press release, 12 Jun 2009  
Gosford Council

## 'Good month' for real estate

**Umina real estate agent LJ Hooker has reported "a good month" for local residential property sales in April.**

Agent Mr Peter George said it was pleasing to see property sales were "on the move".

"Properties which had been for sale for a long period of time are finally moving with confidence," Mr George said.

"Whilst tight times are still ahead this is a good indicator that the lower end of the market is moving.

"Certainly the first home owners grant from the Federal Government together with the NSW Government stamp duty exemptions is having an impact although this should be tempered with the knowledge that the Federal component may not continue after July 1.

"The local industry is waiting with anticipation on the outcome of the draft Gosford LEP which the Peninsula Chamber of Commerce understands is to be placed on public exhibition mid-year.

"The new planning controls will greatly influence the direction of housing on the Peninsula in the future."

Newsletter, 11 Jun 2009  
Peninsula Chamber of Commerce

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Health



## Leah wins vision bursary

**Woy Woy resident Ms Leah Findlay has been awarded with a Further Education Bursary from Vision Australia.**

Ms Findlay suffers from retinitis pigmentosa, a hereditary eye condition which causes a degeneration of the light sensitive cells and pigment layer of the retina.

She will use the financial support received from Vision Australia to purchase a laptop and software program called Zoomtext that magnify's the text on her computer screen.

The young university student was also able to buy screen reading software and an LCD CCTV with 19" inch full colour display.

The financial assistance

received from Vision Australia will help Ms Findlay achieve her dream of studying law at the University of NSW.

Vision Australia's Further Education Bursaries enable people who are blind or have low vision to study independently using adaptive technology.

Laptops, CCTVs, digital playback devices, voice recorders, scanners and screen magnification and screen reading software are just some of the technologies which help students with their studies.

At a value of approximately \$8000 each, Vision Australia relies on the generosity of local communities to be able to fund this life changing bursary program.

Press release, 29 May 2009  
Megan Denyer, Vision Australia

## Mammograms free in Woy Woy

**BreastScreen NSW's mobile clinic will commence free mammograms for women aged 50 and over in Woy Woy until Friday, June 19.**

Ms Andrews urged women aged 50 to 69 in the Peninsula region to have a mammogram while the mobile BreastScreen NSW service is currently in the area.

"The highest risk age group are women aged 50 to 69, however screening should also be considered by women over 40 who have a strong family history of breast cancer," Ms Andrews said.

The mobile clinic has been located at Chambers Place, near the entry to Woy Woy Oval, since June 1.

Ms Andrews said the service would provide free mammograms to women who are due for a two-yearly breast screen.

Women who are due for a regular two-year mammogram will receive a reminder letter from BreastScreen NSW.

Appointments can be made by calling 132 050.

Press release, 1 Jun 2009  
Member for Gosford,  
Marie Andrews



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# Schools to get \$11 million

## Creative writers win school \$1000

Students from Umina Public School have been rewarded with a \$1000 gift card after competing in the Whitlam Institute's "What Matters?" creative writing competition recently.

More than 1000 NSW and ACT primary school students participated in the writing initiative which gives young people an opportunity to write about the issues and experiences that are significant to them.

As part of the competition, students submitted essays on a range of topics including freedom of speech, body image, equality and the environment.

Category winners were announced at a special ceremony on June 4, and each received a cash prize of \$250 and the opportunity to attend a young writer's workshop.

Umina Public School was one

of five schools to receive a \$1000 gift card to purchase technology equipment, furniture and stationery supplies.

Umina Public School principal Mr Chris Andrews said he was proud of its students and the commitment and compassion shown through their writing.

"We will be able to spend this money on resources to further student learning."

Director of the Whitlam Institute Mr Eric Sidoti said he believed that young Australians are far more passionate and concerned than they are often given credit for.

"The entries and winners of the 'What Matters?' competition demonstrate that young people are caring and engaged with the world's most pertinent issues," Mr Sidoti said.

Press release, 5 Jun 2009  
Tara Brooks, Professional Public Relations

Five local primary schools will receive more than \$11 million for major infrastructure projects under round two of the Federal Government's Primary Schools for the 21st Century grants program.

Umina and Empire Bay public schools have each been allocated \$3 million towards new classroom facilities while Woy Woy South Public School will receive \$2.2 million for new classrooms.

A total of \$800,000 will also go towards the upgrade of existing classrooms at the Woy Woy South primary school.

St John the Baptist Catholic Primary School will be given \$2.5 million to construct a multi-purpose hall and associated works.

Member for Robertson Ms Belinda Neal said: "This investment



Empire Bay Public School will receive funding

in our local primary schools is long overdue and will go a long way to supporting local jobs during the global recession."

Ms Neal said the projects would begin as soon as possible.

She encouraged other eligible schools that have not already applied for funding under the program to get applications in

before July 10.

The Peninsula schools are among eleven other primary schools in the Robertson electorate to receive funding totalling almost \$40 million for the region.

Press release, 10 Jun 2009  
Belinda Neal, Member for Robertson

## Money raised in Education Week

Woy Woy Public School raised more than \$2800 for the school and various charities as part of its NSW Education Week celebrations late last month.

School acting principal Mr Rob Steller said the school saw a busy and interesting time during Education Week.

The school's celebrations kicked off on May 22 with a kite day where students made gold coin donations for the Stewart House charity.

Staff and students raised \$350 towards the organisation which supports children from disadvantaged families.

On May 25, students and their families attended a school assembly.

"We saw one terrific student from each class receive an award for classroom excellence," Mr Steller said.

"Parents and relatives then went to classrooms to look at our top quality work.

"We had a great response to the open classrooms from parents and this was followed by a picnic lunch.

"The Wednesday of our Education Week we celebrated a Mathematics Day, incorporating a wide range of activities for the whole school.

"All students were placed in

groups which involved working hands on to solve many Maths challenges.

"During lunch there was a great P&C sausage sizzle, raising \$402 for our school, followed by an ice cream fundraiser of \$367 for Special Ed.

"The day had not finished as we had a fun P&C school disco at night."

On May 28, Kindergarten students took part in a W Day with themes involving watermelon, water-play, witches and warlocks.

The school also enjoyed a performance from students of Brisbane Water Secondary College Umina Campus involving dancing, singing, magic tricks, juggling and

gymnastics.

"It was wonderful to see the skills of some of our past students," Mr Steller said.

"We also had lots of mums, dads and friends join in with the World's Biggest Morning Tea. "This was another fundraiser that focuses on a terrible disease - cancer.

"An amazing total of \$1732 was raised.

"On May 29 of our Education Week, we had 80 students represent our school at the Woy Woy zone cross country competition.

"Four great athletes advanced to represent our zone at the area carnival at Gosford Racecourse."

Newsletter, 10 Jun 2009  
Rob Steller, Woy Woy Public School

## Speaking in public

Brisbane Waters Secondary College Umina Campus participated in the Rotary Junior Public Speaking Competition recently.

Year 10 students Emily Wardle and Caitlin Grosse discussed the topic "Too good to be true" as part of the competition.

Both girls were successful with Emily placed fourth and Caitlin sixth from a group of 12 students from across the Central Coast.

College principal Mr Frank Gasper said the school was extremely proud of the student's achievement.

The school will also be

participating in the Arts Junior Legacy Public Speaking Competition on July 30.

Two students from Umina campus will be selected following an in-school competition during term two.

Each student will be required to make a five-minute speech on a topic of choice and will then present an impromptu speech on a given topic.

The regional finals of the competition will be hosted by the Umina Campus.

Newsletter, 10 Jun 2009  
Brisbane Water Secondary College Umina Campus



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Student of the month

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David Hosford UMINA 4344 5042

### Central Coast Case Management Services



You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
  - Assisting carers in their role
- Contact us to discuss if you are eligible

Ph: 4343 1888

113 Blackwall Rd  
Woy Woy

## Recycling Directory



Woy Woy Peninsula Lions Club boot sale on the last Sunday of every month at Rogers Park

# Peninsula Recycle and Reuse Directory

### Help the environment – and save money

Australians throw away more rubbish than any nation on earth except the USA - about one tonne a year each.

This rubbish pollutes our soil, rivers and oceans.

It can also contribute to global warming by emitting methane as it decomposes in landfill.

You can cut your waste by as much as three-quarters by following the simple steps below and using this directory of local recycling, repair and reuse services.

It's good for the environment and it will save you money too.

How to reduce, reuse, repair, recycle

1. Buy less new stuff: instead rent, borrow, mend, buy second-hand, swap with friends, etc.
2. Don't buy overpackaged goods, and use reusable shopping bags instead of plastic ones.
3. Compost your food scraps and garden cuttings (*see box*).
4. Use your yellow Gosford Council recycling bin.
5. Pull out and keep this directory for handy reference.
6. Hold a garage sale if you're moving or having a clean out.

### Composting

When organic waste such as food and garden cuttings is buried in landfill it breaks down anaerobically (without oxygen) to release methane, a powerful greenhouse gas.

A better alternative is to turn food scraps and garden cuttings into fertiliser for your garden with a compost bin or worm farm.

You can compost almost anything organic, including paper.

Buy compost bins from garden nurseries and home and garden stores.

### Appliances: repairs and second-hand

#### Andy Walsh

0449 968 063; will take away your old/broken appliances to recycle for scrap.

#### Beachside Furniture

312 Trafalgar Ave, Umina; 4342 2713; may buy s/hand appliances; s/hand sales.

#### Brian's Appliances

25 Cogra Road, Woy Woy; 4342 8888; repairs.

#### Hawkins TV & Video Repairs

211 West Street, Umina; 4341 7332; repairs.

#### JR's Appliance Service

26 Blackwall Rd, Woy Woy; 4342 3538; repairs; s/hand sales

#### Moulton's Appliance Service

2 Mountain Ash Way, Umina; 4341 1240; will take away working appliances; repairs; s/hand sales.

#### Watson Grant

1 Onslow Avenue, Woy Woy; 4341 9099; repairs.

#### Book exchanges

See also *Rent, hire, borrow. Libraries and Charity stores.*

#### Coast Book Exchange

Colonial Mews, Woy Woy

#### Cook N The Books

406 Ocean View Rd, Ettalong

#### Entrez Cafe 4 Booklovers

322 West St Umina

#### Building Materials

#### Bliss Demolitions

Salvaged timber, building fittings, toilets, sinks, etc.  
89 Rawson St, Woy Woy; 4344 3068

#### Car Boot Sales

#### Ettalong Markets Trash 2 Treasure stalls

Second-hand stalls.  
Stalls cost \$10; bring your own table; no need to prebook – the fee will be collected during the morning.

Saturday & Sunday mornings, Ettalong Markets, Ocean View Road, Ettalong

#### Woy Woy Lions Club Car Boot Sale

Pitches cost \$10; set up before 8am; no need to prebook – the fee will be collected during the morning.

Last Sunday of every month, 8am-1pm; Rogers Park, Woy Woy

#### Cars

See *Yellow Pages* for car repairs and second-hand car dealers.

Car parts and motor oil can be taken to Woy Woy tip for recycling.

#### Batteries

#### NRMA Batteries

Collect old car batteries for recycling.  
02 8822 1900



## ETTALONG

## Baby & Kids Market

Anyone can buy and sell at the Ettalong Kids Market!\*  
**Stall booking & info: 4342 5451**



Want to **Buy** Quality kids items at a bargain price?

Want to **Sell & Recycle** your preloved Baby stuff and Kids toys?

• prams • cots • toys • books • clothes • have a family fun day out for bargain goods !!!

Located within the Ettalong Beach Tourist Resort:  
Cnr of Ocean View Road & Schnapper Road Ettalong Beach Next to Cinema Paradiso



[www.ettalongmarkets.com.au](http://www.ettalongmarkets.com.au)

# CASH FOR GOLD!

Cash in your old gold jewellery, coins, rings and chains.

Woy Woy Loans Office, 23-27 The Boulevard Woy Woy 4341 6666

# Recycling Directory

## Wreckers

### Woy Woy Auto Wreckers

Will take away old cars to recycle for scrap metal.

87 Rawson Rd, Woy Woy; 4344 2399

### Charity stores

These charity stores accept and sell a wide range of items including clothes, toys, books, videos, DVDs, CDs, manchester and crockery.

Some may take furniture and electrical items such as TVs and hi-fis.

Some may collect large items of furniture.

### Animal Welfare League Thrift Shop

Regional Arcade, 7-9 The Boulevard, Woy Woy; 4344 6650

### Fisherman's Nook

151 Blackwall Rd, Woy Woy; 4344 1347

### Lifeline

Chambers Place, Woy Woy; 4342 7402

256 West St, Umina; 4341 1428

### RSPCA Shop

Regional Arcade, 7-9 The Boulevard, Woy Woy; 4342 5328

### Salvos Store

74 Rawson Rd, Woy Woy; 4343 1104

### St Vincent De Paul

41 The Boulevard, Woy Woy; 02 4341 6020

344 West St, Umina; 4341 7091

### Woy Woy Neighbourhood Services

Blackwall Rd, Woy Woy (next to library); 4341 8837

### Clothes

See also *Charity stores*.

### Second hand clothing

### Browse About Retro

320 West St, Umina

### Cheeky Threads

165 Blackwall Rd, Woy Woy

### Shop 55

81 Blackwall Rd, Woy Woy

### Alterations and sewing

### Almost Anything

74 Greenhaven Drive, Umina; 4344 5817

### Drop Your Pants

7 Blackwall Rd, Woy Woy; 4341 3565

287 Ocean View Rd, Ettalong; 4341 1957

### Computers

### Computer recycling

### Delete Tech

Collects old computers and other IT items. \$12.50 pickup fee.

Peter Collins; 0406 976 301; deletetech@yahoo.com.au

### Computer cartridges

### printer

### Cartridge World

Takes empty cartridges and sells refilled second-hand cartridges.

4 Colonial Mews, 35-39 Blackwall Rd, Woy Woy; 4342 7364

### Cartridges 4 Planet Ark

Drop-off boxes for recycling empty printer cartridges at Woy Woy and Ettalong Post Offices.

### Furniture: second-hand

See also *Charity stores*.

### Beachside Furniture

312 Trafalgar Ave, Umina; 4342 2713

### The Lovely Shop

169 Blackwall Rd, Woy Woy; 4342 8178

### Gardening

See also *Composting*.

### Waste/Mulch

Plant prunings and lawn cuttings are best left on the ground as mulch.

As they decompose they will return nutrients to the soil.

Mulch also reduces evaporation so your lawn and plants need less watering.

Any excess can be composted.

Branches and sticks can be put into your green rubbish bin.

Don't dump plants in bushland or reserves - many garden plants become troublesome weeds in bushland.

### Lawnmower repairs

Blackwall Mowers & Chainsaws  
72 Memorial Rd, Woy Woy; 4343 1624

Ettalong Mowers  
233 Ocean View Rd, Ettalong; 4341 6421

### Mobile Phones

You can drop off old mobile

phones for recycling in Mobile Muster bins at post offices, libraries, the Peninsula Leisure Centre, St Vincent De Paul (see *Charity stores*), Leading Edge and Network Communications (both in Deepwater Plaza, Woy Woy), Cartridge World (see *Computers*) and Peninsula Office Supplies (327 West St, Umina). See [www.mobilemuster.com.au](http://www.mobilemuster.com.au).

### Rent, hire, borrow...

### DVD and video rentals

### Civic Video

Blackwall Rd (opposite Leagues Club), Woy Woy  
261 West St, Umina

### Video Ezy

36 Blackwall Rd, Woy Woy  
236 West St, Umina

### Equipment hire

### Active Hire Group

Wide range of construction, gardening, DIY, electrical tools for hire.

58 Memorial Ave, Woy Woy; 4344 2470

### Libraries

Cnr Blackwall Road & Oval Ave, Woy Woy

Cnr West St and Bullion St, Umina

### Pawnbrokers

### Woy Woy Trading Post

Sell/pawn second-hand items for cash; second-hand items for sale.

23-27 The Boulevard, Woy

Woy; 4341 6666

### Plastic Bags

Plastic bags can be recycled at Coles and Woolworths in Woy Woy and Bi-lo and Flemings in Umina.

### Gosford Council

### Recycling Services

### Theiss Services

Information on all Gosford Council recycling services.

1300 126 278; [www.1coast.com.au](http://www.1coast.com.au)

### Woy Woy Tip

You can drop off the following items for recycling: cardboard, cans, glass, all recyclable household waste, scrap metal including car parts and appliances and motor oil (maximum 20 litres).

Nagari Rd, Woy Woy; 4342 5255; 7am-5pm Mon-Fri; 8am-4pm Sat-Sun

### Useful websites

### Central Coast LETS

LETS is a community trading network where you can trade second-hand items without using money. Members also offer services such as equipment hire, bike repairs, sewing, etc.

[www.centralcoastlets.org](http://www.centralcoastlets.org)

### Freecycle

Give and get unwanted items for free.

The Gosford group covers the Peninsula.

[www.freecycle.org](http://www.freecycle.org)

### Gosford Council Recycling Directory

Lists recycling facilities in the Gosford area

[www.gosford.nsw.gov.au/customer/waste\\_services/](http://www.gosford.nsw.gov.au/customer/waste_services/)

### Recycling Near You

Online database of recycling facilities; searchable by area/postcode.

[www.recyclingnearyou.com.au](http://www.recyclingnearyou.com.au)

This directory was compiled by the Peninsula Environment Group (PEG); [www.peg.org.au](http://www.peg.org.au)

### Peninsula Environment Group

The Peninsula Environment Group (PEG) needs you to help us promote sustainable living locally.

See [www.peg.org.au](http://www.peg.org.au) for more information.

## CONVERT YOUR HOME MOVIES, VHS & 8mm TAPES TO DVD

From \$35.00

- ◆ Editing
  - ◆ DVD menus & titles
  - ◆ Special Effects
  - ◆ Music
- Can be added for an extra cost



## CONVERT YOUR LP'S & CASSETTES TO CD

Prices start from \$15 per record. Cassette prices may vary.

Make your own compilation CD from \$25

Phone Lee on 0439 584 426

# ROY LAMB

## "THE SAND MAN"

- For all your landscaping supplies
- Soils • Mulches
- Decorative Pebbles and Lots More

Open 5 1/2 Days from 6am  
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"

# 4344 1110

### RESTORE SIGHT FOR JUST \$25

We need to perform 12,000 operations each month

Donate now to help us continue Fred's work.

DONATE NOW 1800 352 352 [www.hollows.org.au](http://www.hollows.org.au)

The Fred Hollows Foundation

Sponsored by Peninsula Community Access

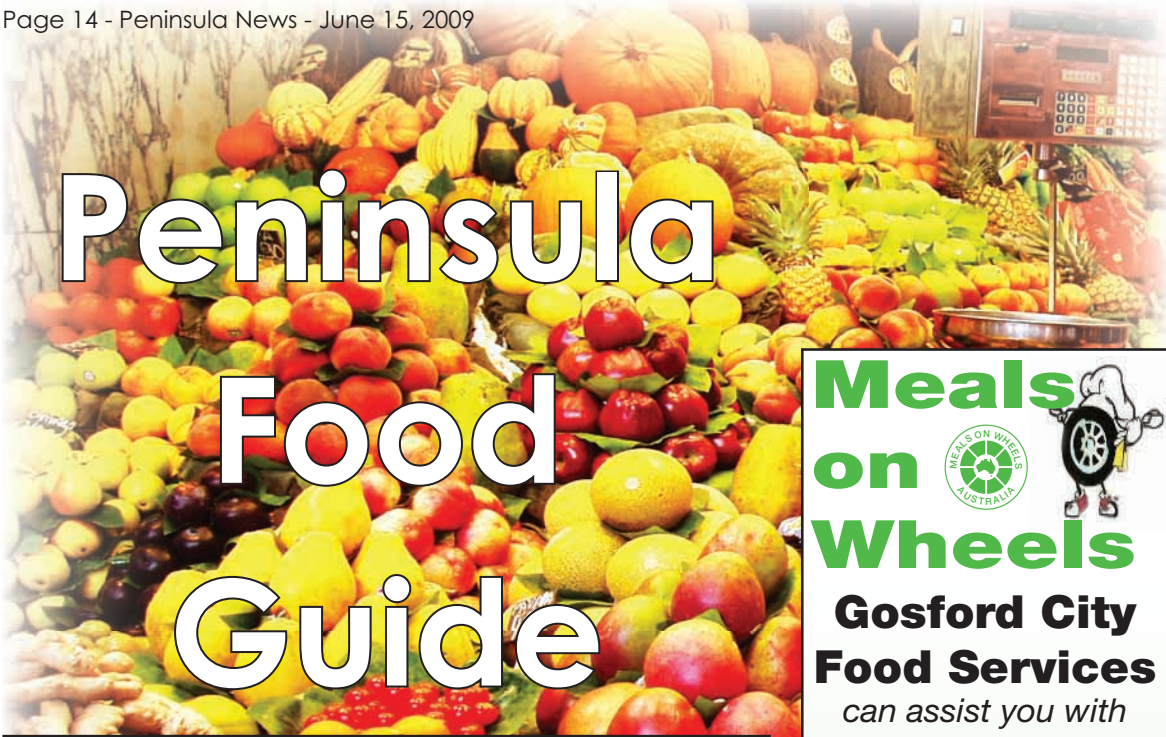
# News

**Animal Welfare League - Central Coast Branch**

AWL is a not for profit animal welfare charity, caring for animals on the Central Coast

We sell quality second hand home furniture, clothing & Bric a Brac at a reasonable price. Donations gratefully accepted, we can pick up locally.

**Enquiries : Carol 4344 6650**  
Shop 2, The Boulevard, Woy Woy



# Peninsula Food Guide

**Meals on Wheels**



**Gosford City Food Services**

can assist you with

- Meals on Wheels
- Community Restaurant
- Cooking Classes
- Shopping Service

Available to the frail aged, younger disabled and carers

**HACC funded**

GREEN POINT WOY WOY  
4367 4333 | 4341 6699  
Sponsored by Peninsula News

**See Lion Cafe**

Enjoy lunch and dinner on the beach!

Fresh steaks 'n' seafood

Friday and Saturday till 9pm

7 days a week - 7.30am to 5.00pm

At the carpark of Umina Beach Surf Life Saving Club

4 3 4 1 6 4 3 5

Winners of the Baking Industry Association Regional Baking Competition



Authentic Sourdough baked fresh daily!

*Bakers Delight* Bakers Delight Woy Woy - Come taste the difference!

Where only the best will do!

**Bremen Patisserie**



Home of the AWARD WINNING PIES AND PASTIES

If you want an especially nice **Pie** go to **Bremen Patisserie**

While you're at it try our freshly ground coffee Roasted Daily!

302 West St Umina ~ Ph: 4341 4177  
www.bremenpies.net.au

Call us now on 4344 1844 to advertise your restaurant or cafe in our Peninsula Food Guide This size only \$25 per week plus GST

**K.B. THAI**

Eat In or Takeaway

Open 7 Days

Lunch: 11.30am to 3pm

Dinner 5pm to 10pm

**4341 0441**

**4343 1392**

Don't let the cold weather or rain put you off! Enjoy your fabulous meal in our Heated and covered outdoor themed courtyard or in our warm interior rooms

Shop 1, 115 Blackwall Rd Woy Woy

*The New* **Bay View** Brasserie The Boulevard Woy Woy



Monday Nights \$10 Mixed Grill Tuesday Nights \$9 Chicken Schnitzel Thursday Nights FREE POKER \$100 Prize Money

Enjoy a selection of the finest food at pub prices Live music every Sunday afternoon in our beer garden

Open 7 Days - Lunch and Dinner

**Bookings 4344 1137**

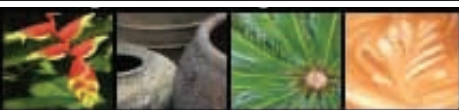
Lunch - Monday to Sunday 12pm - 2.30pm  
Dinner - Monday to Saturday 6pm till close



**the THEIN THAI**  
Authentic Taste RESTAURANT

Authentic food • Take away & Home Delivery • 4343 1851

Tuesday - Sunday & Public Holidays 5pm to 10pm



**Impact Plants**

Nursery and Café

The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience



The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Poole Close Empire Bay NSW 2257  
Phone: 4369 1422 Fax: 4369 1485

**High Thai-d**

Café Restaurant & Fine Food

Eat in or Take Away

Free Home Delivery (minimum order over \$30.00)  
Delivery time 6.00pm - 9.00pm

**LUNCH SPECIALS**  
Meat in the Menu with Rice  
Chicken, Pork or Beef - \$8.90

**OPEN 6 DAYS (Monday closed)**  
Lunch 11.00am to 3.00pm  
Dinner 5.00pm to 10.00pm

471 Ocean Beach Road. Umina Beach 2257  
Ph: 4342 2879 Mob: 0434 411 057

*Del's Let's do Lunch*  
Breakfast Specialists  
'DEL'icious Lunches



Restaurant Quality

7 Days - 7:30 am

Comfortable warm inside dining now available!

The Rocks Arcade - 4341 1434  
7A/216 Memorial Ave, Ettalong Beach



Bakers from Woy Woy Bakers Delight celebrate their success in this year's annual Newcastle Baking Show

# Bakers win show awards

Local bakers from Bakers Delight in Woy Woy were recognised for their outstanding breads in the annual Newcastle Baking Show on May 20.

The team of Woy Woy bakers placed first for their Grain Cob and Wholemeal Vienna bread and third for their Sourdough Rye and Pane Loaf.

Production manager Mr Darren Machon also took out the Champion Grain Loaf category, one of the four top bread prizes in the competition.

Woy Woy Bakers Delight franchisees Rosemarie and Joseph Mondal said they were thrilled for the team's regional success.

"To win and place in this baking competition really shows the

commitment our bakers and staff has towards their product," Ms Mondal said.

"Our production manager Darren Machon and his team of two apprentices James Jarvis and Luke Buggy achieved these results with a lot of hard work and tireless motivation to come out on top."

The Newcastle Baking Show showcased a range of baked products from independent, retail franchise bakeries and large supermarket brands.

According to Ms Mondal, the regional baking competition aims to continue to lift the standard of bread produced in the area and to ensure the art of fresh baking is not lost.

Press release, 10 Jun 2009  
Rosemarie Mondal,  
Bakers Delight Woy Woy

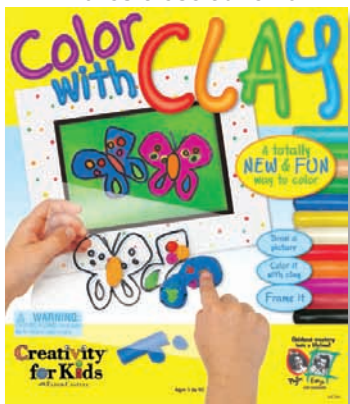
**sids and kids**  
red nose day  
ACT, HUNTER & NSW

**friday 26th June**

Colour-in The Wiggles and you could win a Creativity for Kids prize pack valued at \$24.95.

Red Nose Day products are available from Target, Big W, Best & Less, Priceline, Mobil Quix, Spotlight, Supercheap Auto, Blockbuster, Franklins, Harris Farm Markets, Newspaper and many other local stores.

Send your entry to:  
Sids and Kids Red Nose Day Competition  
Peninsula News PO Box 532, Woy Woy, 2256  
Entries close June 26



Proudly supporting Red Nose Day.

# Colour-in & Win



© 2009 The Wiggles Pty Ltd.

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone Number \_\_\_\_\_  
Address \_\_\_\_\_

**GCK FINANCIAL GROUP**  
Shop 5, 206 West Street, Umina Beach  
Monday -Friday: 9am-5pm  
Saturday: By appointment  
www.gckfinancialgroup.com.au

**June 30 Tax Alert**  
Let us show you how to reduce your tax and get the tax man to reduce the cost of your life insurance and income protection premiums  
Call us TODAY on (02) 4341- 8440  
Accredited by AMP Financial Planning

**G Y M E A L H O R T I C U L T U R E**  
For All Your Gardening Needs  
20 years experience. Fully qualified horticulturist  
• Lawn Maintenance • Pruning • Weeding • Mulching • Plant Pest & Disease Control • Plant Selection • Soil Analysis • Organic Gardening  
**WE CAN ASSIST YOU WITH THE GARDEN YOU WANT**  
Phone: 02 4328 2636 - 0413 933 244  
E-mail: gymea1@hotmail.com





## What's On in and around the Peninsula

### Second Saturday of every month

**Book Club**, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq:0412 252 709

**Melaleuca Wetland Regeneration Group**, Boronia Ave, Woy Woy, 8am  
**Bushcare group**, Pretty Beach, end Araluen Track, 8am  
**Ex-Navalmen's Assoc**, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712; **Chatterbox Group**, **PCC**

### Third Saturday of every month

**Umina P&C Bushcare**, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Peninsula Residents Association (PRA)**, 3PM **WVEC Market Day**, 9am, Sydney 2000 Park, **UCH**

### Fourth Saturday of every month

**Troubadour Acoustic Music Club**, 7pm, enq: 4341 406, **CWA Last Saturday every month**

**Bushcare** Wagstaffe group, meet Half Tide Rocks sign, 8am  
**Melaleuca Wetland Regeneration Group**, Boronia Ave, Woy Woy 8am

### Every Saturday

**Vision Impaired Woy Walkers** Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686  
**Chess Club**, 1pm, enq: 4341 8748, **EBWMC**  
**Children's Pottery**, 9am; **Silvercraft Class**, 1pm **EBACC**  
**Weight Watchers**, 8.30am; **Dance & Theatre School**, 9.30am; **Bridge Club**, 12pm; **Photography course (monthly)**; **The Web** 5pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**  
**Cash Housie**, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm  
**Chess Club**, 1pm, **EBWMC**  
**Gym Sessions**, 9am; **Drama & Discovery**, 9am, **PCYC**  
**Brisbane Water Bridge Club**, 12.30pm, enq: 4341 0721, **WWLC**  
**Al-anon/Alateen** family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939  
**Social Dance**, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

### SUNDAY

#### First Sunday of every month

**Umina Boardriders** meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

#### Second Sunday of every month

**Ladies Auxiliary of Vietnam Vets**, 10 am; **Vietnam Vets**, 11am, **EBWMC**  
Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

#### Third Sunday of every month

**Bushcare Group**, Tennis Courts, Empire Bay, 9am, enq: 4369 2486  
**Ettymalong Creek Landcare**, Ettalong Rd, Umina, 8am, enq: 4342 2251  
**EBWM Fishing Club** competition, Club House in Beach St, Ettalong.  
**EBWM Vietnam Veterans Peacekeepers, Peacemakers** meeting, enq: 4344 4760  
**Peninsula Environment Group**, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www.peg.org.au

#### Fourth Sunday of every month

**Old Time/New Vogue Dancing**, 1pm-4pm **ESCC**

#### Last Sunday of every month

**Alliance Française "La Petanque"** (the game of boules), 11am-5pm, enq: 0415 309 074  
**Lions Club** Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

#### Every Sunday

**Fijian Cultural Group**, 11am-4pm; **Coast Community Church Services**, 9am & 5pm, enq: 4360 1448; **Full Life International Church**, 10am-3pm, **PCC**  
**Al-anon/Alateen** family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm  
**Patonga Bakehouse Gallery**, 11am, enq: 4379 1102  
**Umina Blue Swimmers Mens Winter Swimming Club**. swim at the Pearl Beach Rock Pool at 9.00am. All ages. New members welcome. until October. 0417655182.

### MONDAY

#### First Monday of every month

**RSL Womens' Aux**, 9:30am, **EBWMC**  
**Endeavour View Club Luncheon**,

enq: 4344 3825, **ECC**  
**Pretty Beach PS P&C**, Resource Centre, 7:30pm, enq: 4360 1587  
**Grandparents Parenting Support Group**, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

**Country Women's Association meeting**, 10am, CWA Hall, Umina, enq: 4341 5627

#### Second Monday of every month

**Book Club**, 7pm, enq: Mandy 4342 2482  
**Women 50+ Group Chat**, **PWHC**  
**RSL Women's Auxiliary**, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**  
**Killcare Heights Garden Club**, 10:30am, enq: 43601595  
**Coastal Crones (over 50's)**, Friendship group **PWHC**  
**Labor Party** Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

**Third Monday of every month**  
**War Widows**, 1pm, 43410286, **EBWMC**  
**Wagstaffe to Killcare Community Association**, 7:30pm, enq: 4360 1546, **WH**

#### Fourth Monday of every month

**Toastmasters Speechcraft Classes**, 6pm, **EBWMC**  
**Labor Party** Peninsula Day Branch, 1pm, **CWA**  
**Carers support group**, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

#### Last Monday of every Month

**WWLT Playreading, Woy Woy PS**, 7.30pm, enq: 4341 2931

#### Every Monday

**Kidz Drumming . 4-5pm**, **Rainbow Gate**, 207 West St,  
**Umina Cash Housie**, 7:30pm, enq: 4323 3566, **EMBC**  
**Walking with other Mums** enq: Liz Poole 4320 3741  
**Early Childhood Clinic and Koori Cuppa for Aboriginal families**, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **3Cs-Craft, Coffee & Conversation**, 12.30pm, child care avail, enq: 43 431929, **BFC**  
**Yoga**, 9.30am, Ph.4360 1854, **WH**  
**Mums Meditation** 10am,  
**Drumming classes** 4pm **RBG**

## Exhibition at nursery

**A plant nursery in Woy Woy will host a winter exhibition to showcase the work of local artists across the next three months.**

Creative Courtyards will display a number of paintings, hand-made jewellery, indoor and outdoor sculptures and feature garden

specials throughout the season.

Local artists are also invited to have their work on display by contacting 4341 6156.

Creative Courtyards is located in George St, Woy Woy, and is open seven days a week.

Newsletter, 11 Jun 2009  
Central Coast Multi Arts Confederation

**Dancing**, 9am; **Mahjong**, 12.30pm; **Fitness**, 1pm, **ESCC**  
**Gym Sessions**, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing (Women)**, 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**  
**Carpet Bowls**, 9am; **Card Club**, 1pm, **EBWMC**  
**Fairhaven Cash Housie**, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**  
**Arts and Crafts** for people with a disability, 11am, enq: 4341 9333  
**Patchwork & Quilting**, 10am; **Pottery**, 10am & 1pm, **EBACC**  
**Children's Story Time**, Woy Woy Library, 10.30am, **Occasional Childcare**, 9am; **Central Coast Volunteering**, 9am; **Over 55's Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 9.30am; **Mad Monday Craft**

& **Cooking**, 11am; **Bridge Club**, 12pm; **Physical Culture Club**, 4pm; **Coast Care Counselling**, 3.45pm; **Dance & Theatre School**, 3.45pm; **U3A Courses; Ballroom Dancing**, 9am, **PCC**  
**Craft group**, 1pm, **BFC**  
**Fairhaven Services Cash Housie**, 7.30pm, **EMBC**  
**Yoga**, 9:30am, enq: 4360 2705, **WH**  
**Pilates**, (except 2<sup>nd</sup> Monday of month) 6pm-7pm & 7pm-8pm, **WH**  
**Sea scouts**, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354  
**Girl Guides**, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247  
**Indian Dancing for Kids**, 3.30pm, enq: 4342 4395, **WVEC**  
**Woy Woy Judo Club**. 5.30pm, enq 0434000170 **EPH**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News  
**Details Page 2**

The **Sporties** at Woy Woy

Right on the Waterfront

North Burge Rd, Woy Woy 4341 7598

Ideal for functions, weddings, parties, conferences, meetings and all special occasions

## Education



Plan It Youth Program - Eve Skulander, Lynne Lillico with Joanne Kelly, Lachlan Mills, Stehanie Murphy, Rob Harwood and Coordinator Ronald Flynn

### Mentor program under threat

**A voluntary mentoring program aimed at students from the Brisbane Water Secondary College Woy Woy Campus thinking of leaving school is under threat due to funding cuts, according to mentor Ms Lynne Lillico.**

Ms Lillico of Pearl Beach said the future of the Plan-It Youth program was in danger due to State Government funding cuts planned for the next three years.

She said the funding was vital in providing salary costs for two coordinators.

"From July 1, this year we will only have one coordinator on the program and at the end of three years all funding will cease," Ms

Lillico said.

"Plan-it Youth is a mentoring program for young people who are thinking about leaving school.

"It is a model for linking community members with young people who may need extra support in the transition from school to work or from school to further education.

"Plan-it Youth is a school based program and runs from 10 to 12 weeks.

"Mentors, who are volunteers, are matched to a student and work one on one with their student in the school for approximately one hour per week.

"The program is in jeopardy as the NSW Education Department has decided to cut funding over the

next three years.

"I have been a mentor with the program for the past five years and the proposed funding cuts which will eventually dry-up will mean the loss of departmental coordinators who are necessary to manage the program and maintain linkage with the schools and mentors.

"My experiences and those of my mentor colleagues at Woy Woy Senior Campus confirm that the work we do to assist students by offering them advice, support, sharing life experiences and guidance is fundamental for some students in identifying their skills, interests and strengths."

**Press release, 10 Jun 2009  
Lynne Lillico, Plan-It Youth program**

### Performing arts concert

**Brisbane Water Secondary College Umina Campus held its Year 9 Performing Arts Concert during term one to showcase the school's broad range of talent.**

"It was a full house as a sell-out Year 9 crowd packed in to see the vast range of talents that our school has to offer," campus principal Mr Frank Gasper said.

"With a conglomeration of great singers, dancers, musicians, bands and performers, our students were not disappointed.

Many of the performers from the concert also presented their acts to Peninsula primary schools during Education Week last month.

**Newsletter, 10 Jun 2009  
Brisbane Water Secondary College Umina Campus**

### School open day

**Ettalong Public School held an Open Day as part of NSW Education Week last month.**

School principal Mr Colin Wallis said: "We were very pleased with the number of visitors who turned up to support the school and the children.

"Students do perform better when their parents and teachers

work closely together.

"It was a most successful day in all respects and highlighted the wonderful learning programs our school offers.

"One of the highlights of the day was our concert where our students displayed their great talents."

**Newsletter, 2 Jun 2009  
Colin Wallis, Ettalong Public School**

### Garden club starts

**A group of Year 4 and 5 students from Pretty Beach Public School have begun a gardening club at the school.**

School principal Ms Vicki Redrup said students had started

to clear out weeds in garden beds near the old library.

"They have been doing a terrific job and it looks great so far," Ms Redrup said.

**Newsletter, 21 May 2009  
Vicki Redrup, Pretty Beach Public School**

### Forum for separating parents

**A forum for parents of young children going through a separation will be held at the Beachside Family Centre in Umina on June 29.**

Centre facilitator Ms Debbie Notara said a relationship breakdown could be a stressful time for both parents and young children.

"The number of sole parents has doubled for the Umina area since the last census with one in

five parenting on their own," Ms Notara said.

"We are holding the Separated Parents Forum to give parents information and support to ensure that their children cope with the change.

"The forum is not only for parents who are recently separated but also if it is several months down the track and parents are still having difficulties.

"We also want to find out about the needs of separating parents

with a view to planning further events run at Beachside."

The forum will also feature guest speaker Ms Lisa Anstiss from Interrelate Family Centre.

The forum will begin from 12.30pm to 2.30pm at the Beachside Family Centre located on the grounds of Umina Public School in Sydney Ave, Umina.

The Separated Parents Forum is free and child care is available for a gold coin donation. Participants will receive afternoon tea and a Separation Resource Pack.

Bookings are essential and can be made by calling 4343 1929.

**Press release, 9 Jun 2009  
Debbie Notara, Beachside Family Centre**

**Ettalong Public School principal Mr Colin Wallis attended an Aboriginal Education Conference in Newcastle from June 1 to 4.**

The four-day conference was attended by four other principals from the school's Local Management Group and

was organised by the principal of Cherbourg State School in Queensland Mr Chris Sarra.

Mr Wallis said the program proved to make dramatic positive changes to student behaviour, attendance and learning outcomes at Mr Sarra's school.

**Newsletter, 2 Jun 2009  
Colin Wallis, Ettalong Public School**

### Art show at Empire Bay

**Empire Bay Public School held its annual art show in the school grounds from May 29 to 31.**

School principal Ms Sharon McEvoy said: "The opening night

on May 29 was fantastic with most enjoyable entertainment by Mr Thorncraft and his daughter."

Peninsula artist Ms Margaret Hardy opened the school art show, while local artist Ms Marijke Greenway donated an artwork for the school raffle prize.

"Gai McMurtrie donated one of her artworks for our lucky door prize that was won by Doug Hall, one of our parents, and Robyn Brown donated a massage that was won by Mary Cottam, a contributing local artist," Ms McEvoy said.

**Newsletter, 3 Jun 2009  
Sharon McEvoy, Empire Bay Public School**

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# Denounced from the pulpit

**It was condemned by the oldies, denounced from the pulpit and looked down upon by politicians and blue-rinsed ladies who considered all who participated as vulgar, primitive and low class.**

As you may have guessed, I am talking about Rock and Roll, the new music and dance phenomenon of the 1950s with a terrific beat and easy-to-follow lyrics which allowed everyone to sing along.

Juke boxes changed their records overnight and all of a sudden disc jockeys like Bob Rogers and Tony Withers became celebrities playing the latest American hits.

No more that execrable song How much is that Doggie in the Window or that appalling Que Sera Sera by Doris Day.

Instead, we heard Elvis singing Heartbreak Hotel or Jerry Lee Lewis with Great Balls of Fire.

In no time at all a couple of movies were released – the most popular being Rock Around the Clock with Bill Haley and the Comets, followed by The Girl Can't Help It starring "Long Tall Sally" Little Richard.

It also featured Jayne Mansfield with her major assets in a "supporting" role.

After all, she couldn't sing!

We copied all the dance moves and steps and soon Rock n Roll replaced the quickstep and the traditional barn dance.

The Beach Café referred to in the Woy Woy Herald as Freddie's Nightclub became a popular meeting place, but more about that establishment at a later date.

Gone were the Guy Mitchell blue jumpers and Sinatra red ties, replaced by Canadian jackets with upturned collars and bodgie haircuts, while swirling rope petticoats and bobby sox became de rigueur for the girls.

If you were inclined to make a real fashion statement, you would go shopping at Andy Ellis or Scottish Tailoring in the city where Johnny O'Keefe and Col Joye bought all their clothes. You could buy stovepipe trousers and jackets

with huge shoulder pads which made even the skinniest kids (like me) look most impressive.

Having learned all the right moves and a few more besides, and confident that we could show the city folk a thing or two about dancing we decided to compete in the weekly dance competitions on Bandstand.

We won that afternoon and Fay Butcher and I were then invited back to compete in the NSW Rock n Roll Championships on 28 November 1959.

We didn't win but were declared runners-up and this resulted in a nice note from Lee Gordon with our prizes.

Around that time Erina Drive-in, managed by Harold Minear, decided to run a Rock n Roll marathon as a promotion.

After dancing all night, and the staff wanting us to go home, management decided it was only a heat and those still on their feet were invited back the following Saturday for the final. So my dance partner, a very fit and energetic Shirley Campton, and I danced for nine-and-a-half hours' non-stop and won the event.

This earned us another appearance on Bandstand with Brian Henderson.

The Drive-in featured prominently in our social lives.

Those chaps without cars usually travelled in the boots of others, thus saving a lot of money. It was a great place for a bit of canoodling, but the more serious minded actually watched the screen.

One of the movies being shown at the time of the dance marathon was Crossed Swords with Errol Flynn and that gorgeous Italian lady, Gina Lollobrigida.

In spite of all dire predictions, we all settled down, worked and studied hard, and eventually became responsible citizens.

Mind you, if I occasionally hear Fats Domino singing Blueberry Hill, the legs start to twitch, the heart rate goes up and we are back on the dance floor.

**Fred Landman,  
Daleys Point**



# Wartime Woy Woy

**I was a student at Woy Woy Public School when the Second World War started and Gosford High School when it finished.**

The following changes come to mind: Almost the entire bus rank at Woy Woy Station was taken up by Swancott's Sawmills, except for three businesses on the northern end. Askins, Bargain Bizarre, the Owl Store and Bert Voked Real Estate Agent.

Then you proceeded to the ramp and onto the overhead bridge to take you to the railway platform, at the other end of the bus rank was the station masters house taken by Mr O'Leary and his family.

Bruce Kerr's Real Estate Agent was well established later taken over by Bruce Junior along with his son.

The other real estate agent which was to start later was Eric Wilsons Real Estate which was situated opposite the Bay View Hotel, and now operates on Blackwall Road opposite the court house.

Albert Quigley took over after Eric's retirement.

When I met up with Eric and Albert just last year, we talked about when Eric owned and ran the ferry business from Woy Woy Station to Woy Woy Bay, Phegans Bay and Horsefield Bay and to the movies and other functions that took place in Woy Woy.

The two barbers that operated that time were Ned Hayes and Claude and Mary Sugden, who lived on the primacies at the time.

Claude's nephew, Les and his

wife moved into the area a couple of years ago and I reminded him of how his uncle would throw a couple of handfuls of halfpennies into the air every Christmas for all the kids to scramble for.

Les remembered being told about this many years ago.

There weren't many cars on the road in those days and the trains would come from Sydney absolutely packed with passengers standing in between the carriages.

The buses, taxis and ferries ran a shuttle service to get the holiday-makers to their destinations.

It was a big occasion when the first 3801 steamed through Woy Woy: the Sydney to Newcastle express halved the journey from four hours to two.

The Riley Brothers owned the buses as well as the three picture shows, one at Woy Woy where the Peninsula Plaza now stands, one at Ettalong and one at Umina.

I was an usher at Woy Woy theatre for 10 years until television came along and they closed up one by one, although Umina was turned into a roller skating rink for a couple of years.

At this time, the aerodrome was started at McMasters Rd almost through to Umina.

They used 40 Clydesdale draught horses in its construction.

In the evening, they'd bring them down Blackwall Rd to the Waterfront to feed, you could hear them coming before you could see them.

All the live stock arrived buy a goods train and was unloaded at Woy Woy Station.

The cattle were taken out on horseback and the sheep by sheepdogs to Everglades Golf Course where the abattoirs were situated and at that time a dairy also operated from the Golf Course.

The dairy was to move to Somersby run by the Shield's family.

My father, brother and Ernie Wilson ran the abattoirs at that time until it was moved near Woy Woy tunnel.

Alderton's Fish Shop was well and truly established. It was run by a father and two sons, Manny and Jack.

Jack would go out by horse and cart to sell the fish and prawn bait.

Milk, bread, groceries, meat, ice and telegrams were all delivered by hand.

Jack Alderton's second daughter, Dorothy who was dux of the school, wrote this poem before we both left Woy Woy to go to Gosford High School:

Woy Woy is a beautiful place  
With its tall trees, mountains  
and lakes

Staples lookout is very pretty  
Looking down on each house  
and jetty

People come here to hike, swim  
and fish

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## Four judo medals at nationals

**Nine members of Woy Woy Judo Club have won four medals as part of the NSW State team at the Australian National Judo Championships in Canberra from July 6 to 8.**

Club administrator Ms Lindy Simmons said the members should be congratulated on their efforts at the national event and four bronze tally result.

"The competition ran over three days of the long weekend with nine-year-old Warren Rooks and 10-year-old Kyla Handley first up on Saturday in the under-13 years division," Ms Simmons said.

"Warren's weight division of under-38 kg consisted of 11 players and Kyla's under-32 kg had eight with both being split into two pools.

"Both Warren and Kyla competed extremely well and made it through to play off for the bronze medals.

"Kyla won the Bronze and Warren was only defeated in the last seconds.

"Saturday afternoon in the under-16 years, brothers Bradley Handley (13) and Kieren Handley (14) competed in the same weight division of under 60kg.

"Both made it through to the bronze medal play off. Bradley lost by a point while Kieren went through to the final and won.

Jordan Smith [15] won the Bronze medal competing in the

under 73 kg in a field of eight players.

"Sunday was the men and women's division.

"Kayla Wells (17) fought in the under 73 kg but was defeated in the bronze medal play off. "Daniel Simmons (23) in the under 81kg played against 28 competitors, the largest group in the history of the nationals, split into four pools.

"Daniel had a bye in his first match but was defeated in his second bout by a player from Western Australia.

"On Monday the junior men and women went into battle with Jordan Smith stepping up from the under-16's.

"Jordan won his first two bouts but lost his third so he waited for the repechage to play off for the bronze medal.

"Jordan and his opponent were on equal points in the bronze medal fight when Jordan was thrown and defeated.

"Nimble Collyer-Lafitte (17) had two fast moving bouts but was eliminated in the third round and Liam Bruckdorfer (17) played in the under 81 kg division and made through to the bronze medal final.

"Kayla Wells was defeated by a girl from the Northern Territory, then came back to win against the ACT opponent to collect the bronze."

**Press release, 11 Jun 2009  
Lindy Simmons, Woy Woy Judo Club**



Southern and Ettalong United Football Academy

## Soccer academy starts at Ettalong

**Southern and Ettalong United Football Club's has started a soccer academy on the Peninsula on May 31.**

Club chairman Mr Jon Fleming said extensive trials for the academy commenced early last month.

"The Southern and Ettalong United Football Club's 2009 vision of starting its very own football academy became a reality on May 31," Mr Fleming said.

"Extensive trials were conducted early May, in which over 75 enthusiastic young soccer players gave it their all to earn the right to be part of this year's academy.

"In the end, 48 players from the under-8 to under-14 age groups

were selected for the academy after open trials, with every player receiving an academy shirt and a soccer ball.

"The aim of the academy is to identify and develop football talent within Southern and Ettalong United Football Club and provide a pathway for all players to reach their football potential.

"The program runs for eight weeks with each week's program running for 90 minutes where different aspects of the game are addressed, including technical, tactical, physical and psychological development.

"Wet weather could not dampen the enthusiasm of our 2009 Junior

Football Academy members as they kicked off day one of the program on May 31.

"The players gathered in the clubhouse for an introduction to their coaches and academy program and then, right on schedule, the sun came out and the group were able to find a few metres of firm ground for a 20 minute session with the ball."

The football academy coaching staff consists of head coach Dale Eggleton, supported by Bill Vrolyks, Jon Fleming, Glen Balneaves and Ben Stephenson.

**Press release, 5 Jun 2009  
Jon Fleming, Southern Ettalong United Football Club**

## Mixed results in rugby union

**The Woy Woy Rugby Union Club has seen mixed results across all grades for round six and seven of the Central Coast competition.**

Round six of competition played out at Woy Woy Oval saw Northlakes defeat Woy Woy's first grade side 14 to 10.

"Northlakes got home in a close one at Woy Woy Oval when they defeated Woy Woy by 14 points to 10," Central Coast Rugby Union president Mr Larry Thomson said.

"Northlakes had the better of the first half and scored all their points in the first 40 minutes. "Northlakes went to the half time break leading by 14 points to 3 and seemed to be in control.

"Northlakes did most of the attacking in the first half and probably did not secure enough points on the scoreboard during that period.

"Woy Woy were always in this game and it was late in the second half when they scored in the corner that they were back in the game on the scoreboard.

"However it was all too late for the home side in a game they were desperate to win. "Northlakes stay

in the top four but the failure to get the bonus points would disappoint them.

"Best for Northlakes was their second rower Reihana Hemopo who was always there in attack and defence and was very effective at the lineout.

"Others to play well for the visitors were flanker Patrick Pouwhare and winger Dale Field. "The home side was best served by flanker Shane Lloyd, while number eight Matthew Smith was most effective in attack and defence and certainly strengthened Woy Woy at the back of the scrum."

In other games for round six, Woy Woy second grade defeated Northlakes 31 to 21, while Northlakes defeated Woy Woy 41 to seven in third grade competition.

Round seven on June 6, saw an embarrassing defeat for Woy Woy, losing to Avoca 66 to nil at Heazett Park.

"Woy Woy were never in this game and the further the game went on the more convincing the win was," Mr Thomson said.

"Stars for Avoca Beach were centre Jono Hurst, who posted 26 points with two tries and eight conversions, and newly acquired flanker Iva Motufaga."

Second grade for Woy Woy also tasted defeat from Avoca Beach with a final score of 60 to nil, while Woy Woy third grade lost to Avoca 22 to seven.

**Game report, 7 Jun 2009  
Larry Thomson, Central Coast Rugby Union**

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PCYC Archery Jake Dempsey, Lawrence Gatt, Jessica Dick, Pedro Beetson, Byron Watts, Vanessa Love and Jennifer Brooks

## PCYC takes archery awards

The Umina Beach PCYC archery team has made a "clean sweep", taking out all four awards in its first interclub competition in Sydney on May 30.

The team took out the club champions trophy, highest end score prize and second highest score for archer Vanessa Love, as well as the first highest score trophy for Lawrence Gatt against

the Campbelltown PCYC.

"We are extremely proud of all our archers. We have some very talented children and youth in our club," club manager Allison Carpenter said.

"Archery only started as a club activity in February this year and at this rate we will be sending kids to the Olympics soon.

"Archery is a great sport where you get to see results very quickly.

"It is great for improving posture,

hand and eye coordination and suits all ages from seven to 97.

"Archery is currently run at the club after school, during the day, school holidays and weekends.

"We are offering archery as a school sport from term three."

For more information phone Umina Beach PCYC on 4344 7851.

Press release, 9 Jun 2009

Allison Carpenter,  
Umina Beach PCYC

## Cricket club plans reunion

Woy Woy Cricket Club is organising a reunion of players, supporters and officials to celebrate its 80th anniversary in local competition.

As part of its anniversary celebrations, the club will host a reunion dinner at Everglades Country Club in Woy Woy on Saturday, September 19.

"Cricket in the Woy Woy district goes back much further and this history is currently being researched," said club member Mr John Ridley.

"For example, Woy Woy is recorded as playing a game

against Jilliby in 1909 to 1910 and playing in the Wyong District Cricket Association between 1915 and 1916.

"Woy Woy was an inaugural member of the Gosford District Cricket Association in 1920 to 1921, playing as Blackwall in 1921 to 1922 who pulled out of the competition during the 1922 to 1923 season.

"Woy Woy came back into the Gosford District Cricket Association in 1928 to 1929 and played as Woy Woy through to 1937 to 1938.

"Woy Woy did not play again until after World War II, re-entering the competition in 1953 to 1954 and playing every year since,

except 1960 to 1961.

"To the present day, Woy Woy has won 15 premierships in all senior grades (open age teams) and the Club Championship in 1968 to 1969.

"All ex-players, officials and supporters of the Woy Woy Cricket Club are invited to attend the reunion, which will be used as a curtain raiser to the new season in September."

For further information, contact Fred Mills on 4342 2951, Bob Hook on 4341 4515 or John Ridley on 4342 1546 or email to johnridley@netspace.net.au."

Newsletter, 4 Jun 2009  
Central Coast Sports

## Fun run next Sunday

The Bay-to-Bay Fun Run between Woy Woy and Gosford waterfront will take place on Sunday, June 21.

The 12 km course starts off near Fisherman's Wharf in Woy Woy and continues along the shared pedestrian and bicycle path on Brisbane Water Dr, finishing off near Gosford Sailing Club.

Race director Ms Barbara Byrnes said a first, second and third place was awarded in various age categories from under 12-years to over 70-years.

"The Bay-to-Bay Fun Run is a wonderful opportunity for locals and visitors to the Central Coast to get fit, have fun and all for a fantastic cause," Ms Byrnes said.

"Proceeds raised from this year's run will go towards supporting the Shirley Shuttle which transports cancer patients to treatment centres on the Central Coast."

Ms Byrnes said anybody could enter the race since participants had the choice to run or walk the course.

The Bay-to-Bay Fun Run is an annual charity race organised by the Terrigal Trotters running group.

To enter the race, fill out an online entry form at [www.terrigoaltrotters.com.au/Bay\\_to\\_Bay/Home\\_Page.htm](http://www.terrigoaltrotters.com.au/Bay_to_Bay/Home_Page.htm) by June 17, or a \$5 late fee will be added to the entry fee.

Clare Graham, 24 May 2009  
Interviewee: Barbara Byrnes, Terrigal Trotters

## Bunnies are 'finals bound'

Umina Rugby League Football Club is looking forward to the second half of this year's season with all grades "semi-final bound", according to club secretary Mr Kevin Hulls.

"While the first grade team has been in five out of the last six grand finals and under-19s played in the last two grand finals, we have never had all four sides in the semi finals," Mr Hulls said.

"The Entrance and Erina seem to have already bought tickets for the first grade grand final.

"But the under-18s are good enough to beat any side.

"The under-20s are the best team in the competition when they turn up to play and they have the

big game experience.

"And the reserve graders are really starting to hit their straps and a grand final birth for them is a real possibility.

"It would be a brave person to write off our first graders.

"Don't be surprised if they cause an upset or two in the final weeks of this competition.

"They have some class footballers and some younger guys stepping up so they may well be the dark horse of the competition this year.

"We have five home games left this season against Woy Woy, The Entrance, Toukley, Berkley Vale and Erina."

Newsletter, 6 Jun 2009  
Kevin Hulls, Umina Rugby League Football Club



Mark Williams Ocean Beach Malibu Club  
Photo by Dave Ferris of Dsf Photography

## Malibu results

Ocean Beach Malibu Club member Mark Williams took out the Over 45's category in this year's Magoo Charity Classic held over the weekend of May 23 and 24.

"The event was to have been surfed at Soldiers Beach, but the massive surf over the weekend saw it moved to Toowoona Bay on the Saturday and Cabbage Tree Bay for the finals on the Sunday," club publicity officer Mr Craig Coulton said.

"Mark topped off a successful weekend surfing with a fourth place

in the open eight foot division.

"Mark wasn't the only family member to have a good weekend, with son Bryce winning a brand new malibu in the raffle.

"Other club members to compete in the Magoo Charity Classic were Hayden Emery (fifth in the open nine foot final), Barrie Salmon (fourth in the over 55's) and Kai Elllice-Flint, who despite being only 13-years-old, managed sixth place in the final of the under 16's."

Press release, 29 May 2009  
Craig Coulton, Ocean Beach Malibu Club

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