

Peninsula News

Community Access

Edition 215

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May 18, 2009

Federal funding for 'super park'

The announcement of \$3 million in Federal Government funding for the proposed Peninsula Recreation Precinct at Umina Beach has been welcomed by a number of local community groups and government representatives.

The \$4.3 million project will be developed on the current Umina Recreation Area site and includes new playground equipment, cafe, public amenities, tennis courts, clubhouse upgrades, sports ovals, park furniture and improvements to Umina Skate Park and BMX track.

The shortfall will be sourced from other grants and Gosford Council contributions.

The project is expected to be completed by the middle of next year.

For the Peninsula Families Action Group, the funding announcement is the culmination of four years advocacy and community consultation with council for a "super park" on the Peninsula.

"Persistent efforts of a community action group for a super park for the Peninsula have finally paid off with the awarding of a Federal grant of more than \$3 million to build the Peninsula Recreation Precinct," group president Ms Sarah Tolmie said.

"From the very beginning, our vision was an amazing state-of-the-art playground and an integrated recreation area that provided for the whole of community - children, teenagers, family, people with disabilities and senior citizens.

"I am incredibly excited to say that, with the plans for the Peninsula Recreation Precinct now fully funded, our vision is incredibly close to being realised."

According to Ms Tolmie, the project was intended to address community building and networking and health and obesity, especially in children.

"We also wanted to look at the project as a way to facilitate the social integration of the community and minimise some of the antisocial behaviours prevalent on the



Peninsula Families Action Group members celebrate the funding announcement with their children

Peninsula," Ms Tolmie said.

"And let's not forget, the development will also be a real attraction to tourists to come to the Peninsula which will also be a positive for the local business community.

"This is a win-win for everyone in our community."

Beachside Family Centre facilitator Ms Debbie Notara said she had been involved with the Peninsula Families Action Group in lobbying for the park since day one.

"I am extremely proud to see that all their hard work has come to fruition with the establishment of the Peninsula Recreational Precinct which will include one of the best parks on the Central Coast for families and children," Ms Notara said.

The Umina District Chamber of Commerce congratulated Gosford Council for its initiative in securing Federal Government funding towards the project.

"This is a well-deserved boost for the people of Umina and the Peninsula and represents a positive step forward in promoting our district

as a great holiday destination," Umina District Chamber of Commerce president Ms Sharon Martin said.

"We look forward to working closely with council on this and future local projects that upgrade and create new facilities that strengthen the Peninsula as The Gateway to The Central Coast of NSW.

"We also take this opportunity to thank the Member for Robertson Belinda Neal and Minister for Infrastructure Anthony Albanese for their contribution in securing the funding for this project."

Gosford mayor Cr Chris Holstein also welcomed the Federal Government's funding promise and said the project would boost the Central Coast in many ways.

"Gosford Council recognises the need for providing recreational opportunities for people of all ages and abilities, and the Peninsula Recreation Precinct will contribute to the physical, mental and social development of those living in our community," Cr Holstein said.

"This investment in one of the most populated regions of the

Gosford Local Government Area is a supreme opportunity to support local jobs during the current financial climate."

Cr Holstein thanked a number of groups involved in supporting the project including council's Playground Committee, the Peninsula Families Action Group, local bushcare groups, the Ocean Beach Holiday Park, the Peninsula School of Tennis, Umina Cricket Club, Umina Rugby League Club, Umina Primary School, Umina Soccer Club, Woy Woy Lions Club and Woy Woy Rotary Club.

"It is these people who will be using the facilities and as mayor of Gosford City, I would like to thank them for the immense amount of support that Council has received in gaining funding for this project," Cr Holstein said.

"My fellow councillors Terri Latella and Vicki Scott were also instrumental in campaigning for this project on the Peninsula."

Cr Scott said it was wonderful to see the hard work and commitment to the project pay off.

"The members of the Playground Committee, including enthusiastic

community members, have been pushing for this playground to be built and are ecstatic that this day has come," Cr Scott said.

"As well as acknowledging this opportunity given by the Federal Government, I'm sure the Playground Committee would want me to acknowledge the great work council staff involved in the planning and delivery of this project."

According to Member for Robertson Ms Belinda Neal, the Peninsula Recreation Precinct at Umina will provide "world-class" sporting and recreation facilities for local residents.

"The Rudd Labor Government's commitment of more than \$3 million to this project is a significant boost for the region's vital community infrastructure," Ms Neal said.

"This integrated precinct has a total cost of \$4.3 million and will be great for local sporting teams, community groups, tourists and the especially for the young people of the Central Coast."

"The delivery of better infrastructure and community facilities to the people of the Coast was a strong election commitment of mine and I will keep on fighting for funds to make the Coast a healthier and more pleasant place to bring up our children."

Gosford council and the Peninsula Family Action Group will host a community consultation session on Tuesday, June 16, from 7pm at Umina Public School Hall to ensure the community contributes to the design considerations and project vision.

Anyone from the community is invited and welcome to attend the consultation session.

For more information, contact Debbie Notara on 4343 1929.

Press release, 6 May 2009

Belinda Neal, Member for Robertson

Press releases, 7 May 2009

Sharon Martin, Umina District Chamber of Commerce

Cr Chris Holstein, Gosford Council

Cr Vicki Scott, Gosford Council

Press release, 14 May 2009

Sarah Tolmie, Peninsula Families Action Group

THIS ISSUE contains 39 articles

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Wednesday

Pasta Night
Bingo night from
7.30pm & Friday from
10.30am

Thursday

Great steak night \$12
from 6 pm
New Lucky Member
Draw 7.30pm &
8.30pm LTPS/09/00383

Friday

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4.30pm draw 6.00pm
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Helen wins Red Cross award

Woy Woy resident Helen Ukovic has won an Australian Red Cross service award.

The award is in recognition of 13 years of fundraising work on behalf of the Umina Beach branch of the Australian Red Cross.

Ms Ukovic said she started out volunteering in the Junior Red Cross and now volunteers at Woy Woy and is also a regular at the ARC stalls at Umina.

She received the award at a special ceremony in Sydney on May 8, World Red Cross Day.

Local resident Ms Rosemary Moore of Umina Beach branch

was also recognised with a service award.

"I felt honored to win," Ms Ukovic.

"It was a big thrill; I have never won anything like that before.

"TheRedCrossisanorganisation I have always believed in.

"Everyone here is really dedicated to the cause.

"There are none of the divisions that sometime occur in large organisations.

"I encourage others who are interested to get involved."

Australian Red Cross is part of the world's largest humanitarian

organisation, with almost 100 million volunteers and members in 186 countries.

Red Cross assists people in need, providing relief in times of crisis and care for the most vulnerable in Australia and around the world.

"Rosemary Moore and Helen Ukovic are among 62 volunteers and members whose dedication and loyalty to Red Cross has been recognised with awards to mark World Red Cross Day," Red Cross' NSW executive director Mr Lewis Kaplan said.

"The contribution and commitment of our long-standing members like Rosemary Moore and Helen Ukovic is vital to Red Cross – we couldn't do what we do without our 60,000 members and volunteers all across Australia."

Scott Hastings, 14 May 2009
Interviewee: Helen Ukovic, Woy Woy
Press release, 12 May 2009
Lewis Kaplan, Red Cross NSW

Gala lunch for volunteers

A team of hospitality students from Ourimbah Campus TAFE prepared and served a gala luncheon for Mary Mac's Place volunteers to celebrate National Volunteers Week on May 15.

Students were guided under the direction of traineeship coordinator Ms Robyn Brewster to create a gourmet meal to the deserving volunteers.

Gosford Council cosponsored the event with a donation of \$1000 through its Community and Cultural Grants Program.

Project coordinator Ms Robyn Schacht said the gala luncheon was a great way for the community to acknowledge the outstanding achievements of Mary Mac's Place volunteers.

"The Mary Mac's Place volunteers are truly exceptional women and men who each devote one day a week to the service

of providing nutritious meals and support for those who are homeless or disadvantaged and struggling with multiple difficulties in their lives," Ms Schacht said.

"Our volunteers assist up to 95 people each weekday between 11am and 1pm.

"Their wonderful work makes a truly invaluable contribution to the wellbeing of our community."

Ms Schacht said St John the Baptist Catholic Parish kindly provided the venue in Blackwall Rd, Woy Woy, for the event, while The Event Decorators donated their services to transforming the hall with beautiful decorations and elegant place settings.

Special guests included Member for Gosford Ms Marie Andrews, Gosford mayor Cr Chris Holstein and president of the St Vincent de Paul Society Broken Bay Diocesan Council Mr John Donnelly.

Press release, 7 May 2009
Robyn Schacht, Mary Mac's Place

Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Contributions

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School for Seniors marks 20 years

The Peninsula Community Centre's School for Seniors will celebrate 20 years on the Peninsula with a special morning tea on May 19.

The anniversary celebration will take place at the centre from 10am with special guest Member for Gosford Ms Marie Andrews.

Ettalong resident and program coordinator Ms Rhondra Mitchell said the program was a great opportunity for local seniors to socialise and participate in a range of activities including arts and crafts, Australian history lessons, bushwalks, outings and overnight coach trips.

Ms Mitchell said she had been involved in School for Seniors on the Peninsula for 17 years.

The school currently has 80 members.

"As a senior myself, I have noticed that there are a lot of new seniors moving into the Peninsula from other areas," Ms Mitchell said.

"We want to prevent loneliness from setting in.

"It is great to watch how well our members get along.

"They are a very happy social group dedicated to focusing on the positive side of life.

"We are always looking for more volunteers, as well as more seniors to come and participate as members."

Scott Hastings, 15 May 2009
Interviewee: Rhondra Mitchell, School for Seniors

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GSM	112
Gosford Hospital	4320 2111
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Drake, Hale on conduct committee

Former Gosford councillors Mr Trevor Drake and Mr Peter Hale have been appointed to Gosford Council's Conduct Committee.

The Conduct Committee is charged with hearing complaints about staff and councillor compliance with the Council's code of conduct.

The code covers the handling of pecuniary interests and other conflicts of interests.

Mr Drake was cleared by the Conduct Committee two years ago, following a complaint from Woy Woy Bay resident Ms Margaret Lund of an alleged breach of the code of conduct when Mr Drake was a councillor.

Mr Hale is former general manager of the Ettalong Beach War Memorial Club.

**Council agenda
COM.11, 24 Feb 2009**

Police issue 21 traffic fines

Gosford Police issued 21 traffic offence infringement notices in the Peninsula area throughout Operation Go Slow last month, according to senior constable Dave O'Shea.

Senior constable O'Shea said the only major incident to occur across the Anzac Day long weekend involved a car crash on Woy Woy Rd near Horsfield Bay Dr.

He said no injuries were sustained by passengers of the vehicle.

According to senior constable

O'Shea, four people were charged with a total of six traffic offences on the Peninsula, three of which involved drink driving.

"Brisbane Water Command breath tested 485 people, of those only four were arrested and charged with drink driving offences.

"This was a reduction of nine charges from the same period in 2008.

"There was a slight increase in the number of infringements issued for exceed speed as well as a 50 per cent increase in the number of other infringements issued.

**Email, 4 May 2009
Dave O'Shea, Gosford Police**

Rotary donates for rock pool

The Woy Woy Rotary Club has donated \$3000 to the Save the Pearl Beach Rock Pool fund after holding its annual Opera in the Arboretum last month.

Rotary club president Mr Peter Mote presented the cheque to association vice-chairman Mr David Denton on May 4.

Rotary club member Mr John Greenway said the club was more than happy to assist the Pearl Beach Progress Association in its fight to save the local rock pool because of its continued support of the opera.

"We donated the \$3000 to the Pearl Beach Progress Association because we feel that we have had such great support from the residents of Pearl Beach over the past four years that we had held the Opera," Mr Greenway said.

"The 80-year-old rock pool at Pearl Beach is sick.

"It is suffering from a major dose of concrete cancer and needs help urgently.

"When the Woy Woy Rotary Club held their Opera in the Arboretum in Pearl Beach they saw the need to support the local progress association in their efforts to raise funds to repair the pool.

"With a target of \$100,000 to be reached, the Rotary Club has donated \$3000.

"So far, the progress association



Woy Woy Rotary Club president Mr Peter Mote (left) presenting the cheque to Pearl Beach Progress Association vice-chairman Mr David Denton (right)

has raised \$21,000 and this amount set to be raised." **Press release, 4 May 2009
John Greenway,
Woy Woy Rotary Club**

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Annual biscuit drive

Blackwall Girl Guides have begun their annual Guide Biscuit Drive.

Girl Guide members will be selling a range of biscuits in stalls at Ettalong on May 23 and Umina on May 30.

The biscuit range available is plain, chocolate or choc minis for \$3 per pack.

Girl Guides Australia's chief commissioner Ms Lynne Price said the annual biscuit drive was one of the longest running fundraising activities in Australia.

"For over 40 years, as well as having lots of fun with their friends, by selling biscuits Guides have developed leadership and financial skills and confidence in dealing with people," Ms Price said.

"Your local Guides are aiming to raise funds for equipment and hall maintenance."

To find out more about joining Girl Guides or to become a Girl Guide Leader visit www.girlguides.org.au or call 4328 3247.

Press release, 13 May
Leonie Newson,
Blackwall Girl Guides

Water rate rise granted

The Independent Pricing and Regulatory Tribunal (IPART) have approved new water, sewerage and stormwater charges that will result in a 7.2 per cent rise to an average household bill across the next two years.

For Gosford Council residents the price of water is proposed to increase from \$1.67 to \$1.89 per kilolitre over the next four years.

For the average local family, the total bill will increase by approximately 3.8 per cent, an average each year over four years.

This represents a total increase of around \$133 over four years, equal to an increase of approximately \$2.60 per week in 2012 to 2013.

In determining the charges for the four years, IPART took into consideration the costs incurred by Gosford council to ensure water supply security, implement system upgrades and maintain service standards.

According to council's Director of Water and Sewer Mr Rod Williams, the new pricing scheme is reflective

of the efficient and prudent expenditure outlaid by council in supplying and maintaining its water, sewerage and stormwater services to the community.

He said council welcomed IPART's final determination as it recognised the significant investments made by council and the future works planned to secure a sustainable water supply and maintain service standards for residents.

"Over \$100 million dollars has been invested in works such as groundwater bores, water recycling plants and system upgrades since prices were last determined by IPART in 2006", Mr Williams said.

"These works can supply our region with up to an additional 15,000 ML of water per year, which assists in reducing the demand on our existing drinking water storages and providing water security into the future.

"Council has also invested considerable expenditure in upgrading stormwater and sewerage services to ensure the continued protection of Central Coast waterways from

environmental degradation.

"The new pricing scheme will allow council to continue with over \$180 million in critical projects such as the Mardi-Mangrove Link, major upgrades to sewage treatment plants and ongoing maintenance to ageing infrastructure."

Mr Williams noted that "as the water service charge remains constant over the four years, customers have the ability to control their bills by managing the volume of water they consume".

"Council will continue to provide hardship relief to those customers that have difficulty paying bills and welcomes IPART recommendation that the government review the level of pensioner rebates available," Mr Williams said.

"Following council's endorsement, new charges will come into effect from July 1, this year."

Council recommends that residents seeking more information about the price increases view the final determination online at www.ipart.nsw.gov.au

Press release, 15 May 2009
Rod Williams, Gosford Council

Bushcare site tours

Pretty Beach and Putty Beach bushcare groups will hold a site tour for local residents on May 23.

"If you feel like a day out over at beautiful Pretty Beach and Killcare, why not come over for a visit to these two quite different bushcare sites and stay for a sausage sandwich by the waterfront?" asked Gosford Council bushcare officer Ms Kate Consterdine.

"See the work that has been

done by these community groups and learn about weeds and how the bushcare groups are tackling."

The site open day will take place on May 23, from 9.30am to 12.30pm.

Participants will meet in the first car park in Killcare, north of the surf club.

To reserve a place, phone 4304 4564 or 0434 329 829.

Flyer, 8 May 2009
Kate Consterdine,
Gosford Council

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Call for priority for dune vegetation

Gosford Greens Cr Terri Latella is calling for a higher priority to be given to the retention of sand dune vegetation after the rapid erosion of dunes at Ocean Beach.

The sand dune area, at the beach access track near Barrenjoey Rd, has begun to collapse away causing vegetation to drop off onto the beach below.

"If you have lived in the area for 15 years, you will notice this area has not eroded away as quickly as it has in the past couple of years," Cr Latella said.

"The biggest issue is how quickly this area has eroded away and this highlights the importance of the vegetation in keeping it together.

"This is good data for council to use when people complain about the vegetation along the Ettalong Beach foreshore.

"Council cannot do anything to recover the area in terms of placing more sand at the site to reduce the impact of the erosion, it is just a natural occurrence that we can monitor and keep a close eye on."

Cr Latella said it was alarming to see the rate at which the erosion was occurring.

"This may have something to do with the shifting of the sands out at Little Box Head and the Palm Beach Ferry taking an alternate route through the Ettalong channel," Cr Latella said.

"What is alarming is to see the vegetation on the sand dunes after the sand has dropped off causing the scrub to fall away with it.

"But what is important to note is if the vegetation was not here in the first place the sand in this area would have all eroded away

by now.

"That is why it is now so important for council to monitor the area and take care of the vegetation."

Cr Latella said she became aware of the area after making regular visits to the Ettalong foreshore and surrounding vegetation.

The issue was also highlighted to her by Ettalong dune campaigner Ms Margaret Lund.

"A lot of people don't understand the importance of the dune vegetation and think they would get more beach area if it didn't exist," Cr Latella said.

"But the truth of the matter is the vegetation absorbs all the energy that comes from the water and without this I would hate to see what this area would look like.

"At the end of the day it is about the public having an understanding about the importance of the dune vegetation and not about the way it looks."

Council's coordinator of natural open space Mr Larry Melican reaffirmed Cr Latella's stance on the issue.

"The purpose of the line of vegetation along Ettalong foreshores is to create this root system to hold the sand together and prevent it from eroding away," Mr Melican said.

"The vegetation can act as a huge line of defence against the recent high seas, storms and flooding we have been seeing.

"The sand will rebuild itself naturally but it is hard to say when this will occur and the time frame.

"It is just too hard to predict."

Clare Graham, 14 May 2009

Interviewee: Cr Terri Latella, Gosford Council
Larry Melican, Gosford Council

New palm for library

Gosford Council has replaced a palm tree at the front entrance to Woy Woy Library in Blackwall Rd recently.

Council's director of community services and organisational development Mr Terry Thirlwell said the palm tree was replaced in the area after an older tree on the site died.

He said the cause of the old palm tree's demise was unknown but was likely to be from natural circumstances.

"Council workers removed the dead palm tree over the weekend of May 9 and 10, and replaced it with another fully-grown palm tree," Mr Thirlwell said.

"The new palm tree was relocated from a reserve within the Gosford local government area to its new home at Woy Woy Library.

Mr Thirlwell said council discussed the various options available to them before replacing the old palm tree.

He said a palm tree was chosen by council as opposed to another species in order to create balance to the building since an existing healthy palm tree was already established at the site.

Clare Graham, 13 May 2009
Interviewee: Terry Thirlwell, Gosford Council



The new palm tree in the Woy Woy Library forecourt

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Who are you mugs calling whingers?

It is clear that Barry O'Farrell and Nathan Rees, leaders of the dysfunctional government in NSW identified as *the two parties not much preferred* along with the Greens and assorted Independents have no problems supporting the corrupt Gosford City Council in its continued state, sponsored abuse of long suffering ratepayers.

Barry O'Farrell, when your man, Mayor of Gosford lost the plot over the Piles Creek Coroner's report rort on ABC radio and attacks me by name telling ABC compare Scott Levies' listeners: "Mr James jumps up and down like a 'loon' and nobody knows what he is on about", your Party should understand your pin up boy Chris has brought, the Liberal Party into state wide disrepute.

It is clear to me that the Greens Labor and Liberal parties insist on ignoring hundreds of pleas which become complaints from thousands of ratepayers.

Your political "mob" supports



the corrupt Gosford City Council, which has been documented as having stood over an elderly ratepayer, my father, trying to trick him into a change of use on our important property.

Gosford City council with State level political support continues to lie and obfuscate what is now a conspiracy after ten years, which I and others have complained about.

This council is populated by six members of *the two parties not much preferred* Labor and Liberal and two Greens.

It holds shameful State records for being the most complained about Council in

NSW!

Craig Doyle, Green's Peter Freewater and Terry Latella, Liberal Bourke, Houston and Strickland while denigrating taxpayers, helped themselves to our public money to promote themselves.

The whole motley crew have supported Craig Doyle in an attack on ratepayers on the May 1 edition in the Express Advocate page 3.

My readers may wish to consider that had the years of complaints about the council been acted upon and council been thrown out, the so called "human error" identified by the Coroner last year, would not have happened.

Scheming, untrustworthy, irresponsible, lying politicians have left us with a burden that we the peoples of the Gosford City Council Local Government Area will carry along with those surviving Bragg and Holt family members, all the way to our graves.

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Stand up for right to complain

While many ratepayers never complain, some do.

I was never one to complain until I discovered my father was having a bit of trouble.

The upshot of being forced to deal with elected representatives local and state made me more aware of how our taxes are being squandered.

When the council insisted on putting down pavers in West St, Umina, I noticed they were also installing tactile aids for the visually impaired who use the CBD.

Why planners could not direct the tactile aids be installed correctly stopped me dead.

I spoke with one of the young men installing the tactile aids and asked why the ribbed pavers were not installed at right angles to the curb, pointing straight across the street, instead of at a dangerous angle out toward West St?

He told me he was required to follow the drawings.

I approached council by phone to point out before the mistake was built in place that the tactile aids would be dangerous to people who relied on them for guidance to cross the road with safety.

Nothing happened; the stupid error was built into the footpaths in Umina and elsewhere.

I complained for years to get the council to correct the alignment of the expensive tactile aids.

Never once did the disability access officer or the chair of the traffic committee or anyone else confer with me to find out what I was worried about.

Footpath crossing: For people using wheel chairs, it would be nice

Forum

to make the ramp where it crosses the gutter just a few millimetres higher than either side of the ramp so when it stops raining the bottom of the ramp is the first dry part in the gutter crossing rather than the last which is how it is now.

Just a little thought, people who use wheel chairs won't be wheeling through puddles at the bottom of footpath ramps.

There is no cost involved just a little thought for disabled people.

Pearl Beach Dr: I know that others have battled with Gosford Council for years to have something done about the unstable condition of that road up over into Pearl Beach.

I was asked to become involved and I started a photo survey of the road pavement and then included the the culverts.

What a surprise to find most of the pipes needed work, in fact it was even more interesting to discover that Shirley Consulting had supplied Gosford City Council with photos of the same problems which I was photographing again over a year later.

In fact what was occurring on Pearl Beach Drive with wing walls on a culvert breaking apart, being propped up by an old rotten log, and gapped pipes allowing the road to be undermined by rain water.

These are truths about the same sort of neglect which can be applied to Woy Woy Rd, Leask Creek and Piles Creek.

When I started promulgating my photos what a surprise, council sprang into action and now seven of the culverts on the run down to Pearl

Beach are replaced with some very impressive work, but not before more than a year of insistent complaints and then public exposure.

Those people who bring their concerns to me do so because they know I will push and push hard to get results.

Now when Gosford Council and all the councillors through the office of the Mayor Chris Holstein identifies me by name and tells Scott Levies' ABC radio listeners I jump up and down like a "loon" and no one knows what he's on about, maybe it is time for others to take offence at the clear inference that ratepayers are wasting council's time, stand up for our rights as voters and taxpayers.

Don't forget most of these councillors were only too quick to use our community resources and money to promote themselves in the Express Advocate.

Market cost to advertise in that paper is over \$400 for the space each councillor used.

I expect Doyle, Burke, Houston, Freewater, Strickland and Latella to pay for their own self-promotion.

We can see Macfadyen, Scott and Maher had the good judgement not to pick the ratepayers pockets and the Mayor Holstein seems to have thought better of such a greedy dip and restrained himself at the last minute.

Hardly an insignificant cost except if you compare it to the many many millions of our money lost to speculative investments in collateralised debt obligations and sub-prime loan derivatives.

Edward James,
Umina

Diabetes changes family's life

Life was fairly normal in the White household until March 26 last year, when my granddaughter Maighan, then just five, was diagnosed with Type 1 diabetes.

She was immediately hospitalised as her pancreas had stopped producing insulin.

She was first in Gosford then transferred to John Hunter in New Lambton.

Together with the emotional and physical effect this had on the family, there had to be an immediate intensive program of education for Maighan's parents John and Allison. There has been a ripple effect on the extended family and friends because Maighan can only spend time away from her parents with those who can manage her treatment.

John and his friends lived on the Peninsula for many years where he worked at the Woy Woy Abattoir.

When it ceased operating the family moved to Kurri Kurri, so John could continue his employment as a meat inspector at the local meat works.

Maighan's brother, Oliver, 8, is learning that daily life with his sister is an endless number of finger pricks and needles.

Maighan is now very brave and there is hardly any fuss at needle time.

Maighan and her family have a wonderful team of dedicated doctors, dieticians and support workers at John Hunter Hospital.

They sent out an educator to the school at Stanford Methyr so the teachers and staff can monitor her

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 532,
Woy Woy 2256 or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

and give necessary treatment.

The support by all those involved in any way with managing her has been overwhelming.

It has been wonderful to see the support and generosity shown by local schools through their participation of National Walk to School Day on May 15.

This special day is a joint initiative between Diabetes Australia, the Heart Foundation and Cancer Council to promote healthy and active lifestyles in children.

Also during the month of May, merchandise is sold to raise money for diabetes towards vital research.

I encourage everyone to get involved in some way especially throughout National Diabetes Week from July 13 to 19.

Maighan loves to write stories and she and her family are an inspiration.

The latest addition to this happy family is an eight-week-old Jack Russell puppy: "There once was a dog. His name was Jumpy. He loved to jump and he loved to hop. He was playing with hoops. He loved to chase birds. He was eating all of the grass and all of the pegs."

Shirley O'Malley,
Woy Woy

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Complaints not dealt with

Forum

One reason for serial complaining is that the issues are not dealt with in a satisfactory manner.

More often than not their complaints are not recognised, even by a brief note to say I have received your complaint.

I certainly agree there would be a lot of complaints forwarded to Gosford Council, but the resolution as to why and how to deal with unsatisfactory or no reply is for another day.

Pat Garnet,
Terrigal

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Astronomy night at St John's school



Astronomer and writer Mr David Reneke

Astronomer and writer Mr David Reneke will present an Astronomy Outreach program entitled Discovering the Universe at St John the Baptist School in Woy Woy on Monday, May 25, from 6.30pm.

Mr Reneke will present two audio-visual presentations on astronomy and space travel followed by a telescope viewing of the night sky.

"If you think balmy May nights are a good time to explore the night sky, you're right," Mr Reneke said.

"In fact, most of the best objects

are visible in the heavens right now!

"Maybe, like most people, you've wondered how big the Universe really is, or how far away the stars are?"

"Perhaps you've thought about things like galaxies and black holes, or if we'll ever live on Mars one day.

"To answer some of those questions and more come along on the night.

"It's a relaxed and entertaining look at the universe for the whole family.

"A number of startling facts about some recent discoveries

will be made public on the night as well."

Mr Reneke is news editor of Sky and Space magazine.

He is a featured guest on over 60 radio stations each week across Australia, and appears regularly on national and overseas television with breaking news stories.

Mr Reneke has been presenting the Astronomy Outreach program for more than four years by educating schoolchildren and teachers across NSW.

"A highlight of the evening will be a laser guided tour and telescope viewing of the night sky," Mr Reneke said.

"As well as cruising the heavens for stars we'll be looking at Saturn with its amazing system of rings.

"People will be astounded.

"You can hear them gasp when they see this world for the first time, it's amazing.

"Admission to the Astronomy presentation is \$8 for adults, \$4 for children and \$20 for a family of four.

"There's plenty of room so no need to book.

"Proceeds go towards running the Astronomy Outreach program throughout NSW.

"A special astronomy DVD starts the night's program and there's a raffle to win a brand new telescope as well.

"Now is a great time to step

outside and learn something about our solar system and the Universe.

"Make a night of it, grab the family and friends and get out under the stars, you won't be sorry."

For more information, contact Darrell Howarth on 0403 115 687 or David Reneke on 0400 636 363.

Press release, 13 May 2009

David Reneke,
Astronomy Outreach

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Communication

The Peninsula Women's Health Centre will conduct a six-week program to encourage and assist women with communication in relationships.

The Communicating with Confidence program will be conducted by health worker Ms

Honor McGill and will commence on Thursday, May 28, from 10am to 12pm.

"This is a six-week program that has been designed to encourage and assist women to utilise co-operative communication strategies so that their relationships can become more fulfilling and supporting," Ms McGill said.

"During this group we explore various tools and strategies to develop our skills so that we can communicate our intentions with confidence.

"We will discuss the nature and various levels of conflict and how to solve problems as partners and not as opponents.

"We will develop the skill of 'active listening' and as well as some self care strategies to help reduce stress and develop more rewarding relationships.

"Effective communication is an integral part of any relationship."

The program includes content developed by the Conflict Resolution Network.

Ms McGill said the course was free however a gold coin donation would be appreciated.

For more information and bookings, phone 4342 5905.

**Press release, 7 May 2009
Honor McGill, Peninsula
Women's Health Centre**

Thousands sign hospital petition

The Save Woy Woy Hospital Action Committee petition has recorded more than 3000 signatures from local residents concerned about the loss of the 15-bed rehabilitation ward last December.

Group publicity officer Mr Keith Farrell said it was reassuring to see the petition grow with community support.

"The petition is building up a head of steam with many locals whose parents had been nursed back to full condition at the rehab signing on," Mr Farrell said.

"At our recent public meeting held on May 2, we established that we were still waiting for answers to sensible questions about the fate of the rehabilitation ward previously at Woy Woy."

"I haven't seen any community consultation," group chairman Mr Bob Mudge said.

"It makes you wonder.

"We are advised on a fairly constant basis that representatives from the Healthscope private

hospital have inspected the rehab ward several times, tape measures in hand.

"There was confirmation (from NSW Health) some time ago that an approach was indeed made, and since these inspections, we would like to know if a reply was forthcoming (which you would of course expect) even if the answer was no.

"No matter what the NSW Health purports about internal versus external reports, the population and geographic spread cry out for more than one facility and more than just 30 beds."

Mr Farrell also raised the issue of the medical equipment raised through local charity fundraisers.

"From our last public meeting we found a little more about the equipment that local charities donated – particularly the 30 modern hospital beds," Mr Farrell said.

"Not a happy tale – nor a particularly well or clearly documented one.

"Over the years we saw various volunteer's efforts into flyer distribution or fund-raising with cake and lamington drives just like in the 1950's when Woy Woy hospital itself was established.

"One important piece of information some readers might help us with was when the land for the hospital was made – were there any conditions that went with it, such as whether to always be in public or private hands – and for what purpose?

"Although any fate of the

hospital itself is a separate issue to the rehabilitation ward, that piece of knowledge might well have ramifications, as the NSW government itself found out when it made irreversible changes to a hospital with intentions to privatise.

"That was until it found the deed precluded their plans."

The group's next public meeting will take place on May 30, from 2pm in the hall behind St Luke's Anglican Church in Blackwall Rd, Woy Woy.

For more information, visit www.woywoyrehab.org

**Press release, 9 May 2009
Keith Farrell, Save Woy Woy
Hospital Action Committee**

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Chiropractic Plus

*Real clinical cases and your questions answered each month
by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre*

The Big Picture

Too many Australians are accepting back pain as a fact of life, turning to painkillers when the discomfort becomes intense and not exploring the underlying 'big picture'.

National research commissioned by The Chiropractors' Association of Australia (CAA) for National Chiropractic Care Week 2009 (May 18-24) found that 67% of Australians suffer from back pain on a weekly basis and one in four Australians suffer daily pain.

CAA member chiropractor Peter Grieve said "Poor posture, lack of movement, inadequate nutrition, over-prescribed medications and anxiety are amongst the major contributing factors to back pain and poor spinal health along with other 'big picture' lifestyle choices such as smoking and alcohol.

"It's not just back pain, it's a symptom, Peter said, indicating a big picture, a picture that needs to be explored and dealt with by a group of highly motivated and trained professionals;.... your Chiropractors."

A vast number of people consider that back pain is something to treat when it happens and often resort to prescribed or over the counter drugs.

Whilst drugs may relieve the symptoms temporarily, they are a quick fix solution which ignore's the underlying structural problem and lifestyle habits' of 'the big picture'

A chiropractor will examine and assess an individual structures especially the link between altered spinal function and nerve interference that may, if it goes unchecked, lead to serious health issues down the track.

Peter stated that "people need to have their spinal health assessed by a chiropractor just as an individual would have their teeth checked by a dentist. "Well before symptoms begin altered, spinal function exists and this needs to be corrected on an ongoing basis throughout a lifetime from infancy onward."

The demands that the 21st century places upon one's central nervous system necessitate a bodily reaction and this is what a chiropractor is, in essence, dealing with.

Let us help you understand your individual reaction to the world about you, assess the lifestyle issues involved, correct the spinal / nervous system / bodily dysfunction and keep you as well and as drug free as possible.

This is our mission.

What is yours?

As a part of our dedication to the health of our local community you will be able access a FREE 3-5 minute spinal screening at Deepwater Plaza. Our SAM machine is set up on a Thursday afternoon and evening on a frequent basis. This is a free assessment. For information please phone the clinic

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(N.B Answers to select questions will be printed
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Church joins morning tea

The Hardy's Bay Community Church will host an Australia's Biggest Morning Tea fundraiser on May 28, to help with the national fight against cancer.

The event will kick off at the Hardy's Bay Community Church from 10am to 12pm.

Church group publicity officer Ms Rosemary Cave said Hardy's Bay and surrounding communities were looking forward to supporting the national fundraising event on a local scale.

"The Cancer Council's popular fundraiser for the year is just around the corner and the Hardy's Bay Community Church is planning to be part of that," Ms Cave said.

"Australia's Biggest Morning Tea is a perennial favourite of Australians and involves plenty of fun, plenty of tea and plenty of opportunities for catching up with

friends, family, colleagues and neighbours.

"Your donation and participation in the morning tea will make a difference to cancer research and care, and all proceeds go to the Cancer Council."

In its 16th year, Australia's Biggest Morning Tea has raised more than \$40 million making it the largest and most successful event of its kind in Australia.

Last year alone saw Australia raise a record of more than \$10 million.

"If you are unable to attend the morning tea, but wish to donate to the Cancer Council, this can be done online at www.biggestmorningtea.com.au or by contacting me on 4360 1243," Ms Cave said.

Press release, 11 May 2009

Rosemary Cave, Hardy's Bay Community Church



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Korean operators visit resort

The Mantra Resort in Ettalong Beach was part of an accommodation and attractions promotions tour with Korean tourism operators on May 7.

The promotions and familiarization tour was organised by Central Coast Tourism and aimed to showcase the region to 12 Korean tour operators specializing in honeymoon tours to Australia.

Central Coast Tourism sales and marketing manager Ms Sarah Kerrsmith said the tour was a fantastic opportunity to rekindle the Korean honeymoon market which is worth up to \$1.2 million per year to the region.

"Over the past eight years we have been quite successful in the Korean honeymoon market with one and two nights stays here on the coast," Ms Kerrsmith said.

"It seems the Korean market has been the least affected by the global financial crisis which is why it is important for us to rekindle that niche market."

Ms Kerrsmith said the Mantra Resort in Ettalong Beach was chosen for the promotions tour because it was already established as a popular and proactive accommodation destination in the Korean market.

She said tour operators were given the opportunity to inspect the Ettalong Beach resort and the adjoining Ettalong Beach Club.

The tour operators also visited the Mantra Kooindah Waters Resort, The Oaks Hotel in The Entrance and Terrigal Sails Apartments as part of the promotions tour.

Press release, 7 May 2009
Sarah Kerrsmith, Central Coast Tourism

Plants stolen from arcade

Ettalong Beach Business Group member Ms Marion Nugent is "disappointed" with thieves who stole plants from the Rocks Arcade garden in Ettalong Beach on May 8.

Group press secretary Mr Richard Berntsen said Ms Nugent had been growing the garden for the past six months before the theft.

"Marion has looked after the gardens in the arcade since November last year," Mr Berntsen said.

"Plants have been donated by herself and other members of the community while Marion receives assistance from the businesses in the arcade who are fully supportive of her efforts to beautify the Rocks Arcade."

Ms Nugent said she got a lot of satisfaction out of business owners and customers who enjoyed the

garden.

"I do this because I love to work in the garden, and I get satisfaction seeing people enjoying the gardens while they're sitting at the cafes or walking through the arcade," Ms Nugent said.

"So far thieves have taken herbs, liriopes and on the evening of May 8, two frangipani trees which were donated by my daughter in March. The remainder of the garden is overturned and destroyed."

"They were just starting to look beautiful."

"I spent two and a half hours watering on Friday afternoon and when I came down on Saturday morning they were gone."

Mr Nugent said she did not believe vandals took the plants, but someone propagating their home garden on the efforts and good intentions of members of the community.

"It is very disappointing that the

volunteer efforts in the community can be destroyed and set back so far by the actions of just a few selfish people in the community," Mr Berntsen said.

Group secretary Ms Amanda Ross said all business group members were shocked and disappointed by the latest incident.

"We are disappointed that the work of a volunteer in our community is treated with such little respect," Ms Ross said.

"We are sure it is a minority of people who feel it is OK to steal from and vandalise these gardens and it is very disappointing."

"We look forward to all of the CCTV cameras being installed, as this should deter these mindless acts of vandalism, and if not, at least we will know who the perpetrators are."

Press release, 12 May 2009
Richard Berntsen, Ettalong Beach Business Group Inc



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Roundabout for Umina

The Federal Government has announced it will invest \$200,000 to install a single lane roundabout at the intersection of Adelaide and Melbourne Ave in Umina.

The funding is part of the Federal Government's Black Spots Program under its Nation Building plan to support jobs.

Gosford deputy mayor Cr Craig Doyle said the funding announcement was "fantastic news" for the Peninsula community.

"It is great to see that the Federal Government has shown genuine commitment to addressing safety and traffic concerns on the Peninsula as demonstrated by this grant," Cr Doyle said.

"This intersection has been the subject of ongoing concern by the

community, and of council and the traffic committee.

"From the council's point of view, any funding that addresses blackspots is welcomed. Unfortunately, the intersection needed to get to a 'black spot' status before it attracted funding.

"All levels of government need to work together to stop black spots developing."

Member for Robertson Ms Belinda Neal said the project was assessed and recommended by a panel of independent road safety experts including the NRMA, Federation of P&C Associations of NSW and the Council on the Ageing.

"The Federal Government's Black Spot Program has a proven track record of saving lives with an

independent evaluation showing that the program prevented at least 32 fatalities and more than 1500 serious injuries in its first three years," Ms Neal said.

"It also returns around \$14 for every \$1 invested by reducing the number and cost of crashes.

"The Rudd Labor Government has more than doubled Black Spots funding as part of our Nation Building and Economic Stimulus Strategy.

"This extra investment will support local jobs and deliver safer roads."

According to Minister for Infrastructure and Transport Mr Anthony Albanese road accidents take a huge toll on families, communities and the economy.

"This is a serious investment in

safer roads for local motorists and their families," Mr Albanese said.

"This project will help drive down the appalling social and economic cost of road carnage."

Members of the public can suggest a location or a section of road for black spot funding by using a nomination form that can be downloaded from www.nationbuildingprogram.gov.au

Clare Graham, 13 May 2009

Interviewee: Cr Craig

Doyle, Gosford Council

Press release, 4 May 2009

Belinda Neal,

Member for Robertson

Further west

The West End Pharmacy in Ettalong Beach has moved to a new location after more than 40 years.

After 44 years at 410 Ocean View Rd, the pharmacy has relocated further west along Ocean View Rd to number 2/275.

Staff member Ms Astrid Barker said the new store was a more pleasant location with more space and lighting.

Scott Hastings, 1 May 2009

Interviewee: Astrid Barker, West End Pharmacy Ettalong Beach

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Quilts shown for cancer



Three Umina members of the Precious Patches quilting group will take part in a patchwork quilt and craft show to raise money for cancer at the end of the month.

Local quilt-making enthusiasts Nikki O'Connor, Julie Garnsey and Di Hannan will join other group members at the show to sell their own handmade quilts for Cancer Council NSWs Biggest Morning Tea fundraiser.

The women from Precious Patches will also be joined by members of Copacabana Surf Club and other local artists to showcase their work.

Precious Patches member Ms Rae Easton said the morning

tea and craft show was a great opportunity for the local community to buy handmade arts and crafts while enjoying morning tea.

"We have joined forces with the ladies from Copacabana Surf Club to put on a combined Australia's Biggest Morning Tea and Patchwork, Quilt and Craft Show to raise money for Cancer Council research," Ms Easton said.

"The stall holders are local artists who have agreed to join us to add more interest to the show.

"Other local quilters have lent their quilts to help fill out the show."

The fundraiser will feature a number of stalls selling jewellery, woodwork, pottery and the Patchwork Cottage Table, lucky door prizes plus a quilt and jewellery raffle.

Ms Easton said the group hoped to raise up to \$2000 for Cancer Council NSW.

She said the surf club women had been holding its Australia's Biggest Morning Tea in private homes for the past few years and

last year raised \$600.

"Our quilting group had a quilt show in 2004 and we raised \$2500 for the local Gosford Cancer Support Group for breast cancer.

"In the intervening years while we waited for the Copacabana surf club to be rebuilt, we have supported breast cancer by making cushions and head scarfs for ladies going through the treatment of breast cancer.

"We also did a lot of sewing for Camp Breakaway, for its fetes and the making of quilts for the beds at the camp."

According to Ms Easton, Cancer Council NSW was an important organisation to support because so many people are affected or touched by cancer.

She said all entry fees, raffles and donations would be donated to Cancer Council NSW.

"We have found quilters and craft people travel quite a distance to look at other peoples work and most are happy to donate generously to the Council Council to do so," Ms Easton said.

"Added to the fun of having a cup of tea or coffee with homemade cakes or scones, this will be a great day out to come and enjoy."

The Big All Day Morning Tea and Patchwork, Quilt and Craft Show will be held at Copacabana Surf Club on Saturday, May 30, from 8am to 4pm.

Entry to the show costs \$5 per person with a gold coin donation for refreshments.

Press release, 11 May 2009
Rae Easton, Precious Patches

Blues guitarist in Woy Woy

Popular female blues guitarist Christina Crofts will perform several shows at a hotel in Woy Woy over the next two months.

Her first show was held at the Bayview Hotel on May 16, with other performances at the venue to follow on June 20 and July 25, from 8pm.

Crofts will be touring on the back of her current debut solo album Midnight Train.

As one of seven children, Crofts learned early in life to paddle her own canoe.

Affected by music from an early age, by the time she reached her early teenage years, Crofts knew her passion was to play guitar.

She persuaded her mother to buy a cheap electric guitar and practice amp and she taught herself basic chords by playing along with her favourite records and by observing guitar players on television.

In the mid-1990s formed and fronted her own band Croftstown Traffic – a blues-rock cover band.

The band enjoyed several successful years performing in and around Sydney, including appearances on the Australian Blues Festival and the Great Southern Blues and Roots' Festival.

Press release, 4 May 2009
Foghorn Media

Camel film at Wagstaffe

The Bouddi Society will present a Classic Film Night at the Wagstaffe Hall on Tuesday, June 2, from 7.30pm.

The film night will feature The Story of the Weeping Camel about a family of nomadic shepherds in the Gobi desert trying to save the life of a rare white Bactrian camel calf after it was rejected by its mother.

Society vice-president Mr David Duffy said the film provided an excellent insight into the daily lives of four generations of nomads living in the desert and blended reality footage with drama and magic.

"Although presented as a documentary, the film is actually a docu-drama, with the members of the family portraying screen variants of themselves," Mr Duffy said.

"The setting and events are certainly real (even those depicting the calf's birth and its rejection by the mother), but the filmmakers have assembled their raw footage into a distinctive structural narrative that tells a heartfelt story about the necessity of parental love in order to survive in this harsh world."

According to Mr Duffy, the film has won the Directors Guild of America Award for the Best Documentary and was nominated for an Academy Award for Best Documentary Film.

Entry to the film is \$15 for non-members, \$12 for members and \$5 for students, including refreshments.

All proceeds from the film night will go towards funding local community projects.

Press release, 13 May 2009
David Duffy, Bouddi Society

Prizes at art shows

Umina artist Ms Judith Hoste has received several commendation awards for her paintings in last month's Great Lakes and Tumut art exhibitions.

Ms Hoste was awarded a highly commended for her acrylic painting entitled Nature's Magic featuring bushland in the National Park at Cherrybrook in the Forster exhibition at the start of April.

In the same exhibition, she also received a commended award for her watercolour painting Days End.

Ms Hoste said the painting featured very strong colours of the sunset which always inspired her.

The early April Tumut exhibition saw Ms Hoste take out another commended title for her watercolour Late Afternoon Kosciuszko National Park.

"I was inspired by a photo of the area a friend gave me," Ms Hoste said.

"The photo showed the National

Park in the spring when the flowers were in bloom."

Ms Hoste works out of her home-studio in Umina and teaches regular classes at the Ettalong Beach Arts and Crafts Centre.

"I have been teaching since 1985 and have taught some 400 students over this time, with a few still attending classes," Ms Hoste said.

"I have been painting since 1981, learning from a teacher at Booker Bay, Mrs Ethel Jamieson who was very well known in the area.

"I teach all the mediums and enjoy painting in all of them.

"I find it such a wonderful way to express myself and a great way to relax.

"Painting has brought me many friends and allowed me to win many awards over the past years including the Gosford City Grandma Moses Art Prize."

Clare Graham, 15 May 2009
Interviewee: Judith Hoste, Umina

Art prize at Gosford Show

Umina artist Ms Thel Brown has won the open category prize for art at the Gosford Regional Show.

The prize was awarded for her acrylic painting Mountain Mist which portrays a scene in the rain forest at Ebou in the northern

tablelands, between Armidale and Coffs Harbour.

This is the second time Ms Brown has won a Gosford Show art prize.

"I was thrilled to pieces," Ms Brown said.

"I really love painting and bringing joy to the people who view my work.

"I travel all around Australia, so I see a lot of wonderful scenery.

"Painting it is so much more engaging than simply standing there and taking a photograph."

Ms Brown is president of the Ettalong Beach Arts and Crafts Centre and has been painting for eight years.

Scott Hastings, 14 May 2009
Interviewee: Thel Browne, Umina

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New principal at Woy Woy South

Newly-appointed Woy Woy South Public School principal Mr Terry Greedy has described his first few weeks in the position as "most enjoyable".

"Starting in a new school can be a very daunting experience but my arrival at Woy Woy South has been most enjoyable and I would like to thank the staff and students for making me feel so welcome," Mr Greedy said.

"After 15 years teaching in schools across the Central Coast, I have been principal at Mount Colah Public School in the Hornsby district for the past six years.

"The chance to come to Woy Woy South is a wonderful opportunity for me and I look forward to working with students, parents, and staff.

"I would also like to take this opportunity to publicly acknowledge the excellent job Mrs Whealey has done in filling the principal position.

"It is pleasing to be able to move into a new position knowing the school is functioning so smoothly.

"Over the coming weeks I will certainly be relying on Mrs Whealey, the office staff and members of the executive team to help me gain an understanding of how things work at Woy Woy South and to help ensure students continue to be able to work in a safe and happy setting."

Mr Greedy said changes in the role of education, family structures and in patterns of employment have all tended to reshape the

relationship between the home and the school.

"Nevertheless, they remain partners in the educational process," Mr Greedy said.

"From research, the message is clear that students learn more at school when their parents take an active interest at home in their school work.

"There are many ways for parents to be active partners in their children's education.

"In the home, parents can check homework, listen to children read or read to them, or at times simply turn off the television and encourage children to do other things.

"As principal of Woy Woy South, I will be endeavoring to strengthen partnerships between the school and home to ensure students have a supportive learning environment in which they have the opportunity to realise their true potential.

"For the home-school partnership to be effective, two-way communication needs to be established to provide an opportunity for each party to share information and ideas that will enhance the teaching and learning taking place in the home and the classroom.

"When issues arise that are impacting on your child's education, please don't hesitate to make contact with the school so that we are able to work together to resolve the problem."

**Newsletter, 29 Apr 2009
Terry Greedy, Woy Woy South Public School**



Questacon draws 200 children

More than 200 children and their families participated in the Shell Questacon Science Circus at the Peninsula Leisure Centre on May 8.

The Woy Woy event was the first public exhibition of the science show as part of its Australia-wide tour.

"This world-renowned science expo brings the excitement of innovative science to children

and adults alike," Member for Robertson Ms Belinda Neal said.

"Questacon features more than 50 exhibits and regular science demonstrations that feature a hands-on approach to learning.

"The Central Coast is privileged to have access to such fun ways to learn and experience science."

Ms Neal visited the Woy Woy science exhibition, one of three to take place on the Central Coast

over the coming week.

"The interactive demonstrations and mind-bending puzzles I saw at Questacon were challenging and great fun," Ms Neal said.

"I encourage all families to make the most of this unique educational experience," Ms Neal said.

**Press release, 8 May 2009
Belinda Neal, Member for Robertson**

Hartcher claims cuts in funding

The State Government has taken back more than \$24,000 that could have been spent on student disability services at Empire Bay Public School, according to Shadow Minister for the Central Coast Mr Chris Hartcher.

Mr Hartcher said a recent Freedom of Information request by the NSW Liberal-Nationals revealed the State Government had taken back almost \$12 million in unspent funds from schools under the Funding Support (Students with Disabilities) program.

He said Empire Bay, along with other Central Coast schools, were being robbed of more than \$150,000.

He demanded the Rees Labor Government give student disability funding back to Central Coast schools.

"Cutting \$12 million from kids with disabilities is a despicable act by an out-of-touch State Labor Government," Mr Hartcher said.

"The latest decision by the incompetent Rees Labor Government will see several local schools lose thousands of dollars in student disability funding."

"Nathan Rees is willing to talk about spending \$1 billion to improve acoustics at the Opera House, but will let kids with disabilities in our public schools go without."

**Press release, 12 May 2009
Chris Hartcher, Shadow Minister for the Central Coast**

New approach to student behaviour

St John Baptist Primary School has begun implementing a new behaviour approach this term.

The Positive Behaviour for Learning program encompasses a special rewards system to encourage students to participate in all school activities at a high level.

"The aim of Positive Behaviour for Learning is to actively teach and reinforce desired behaviour through set, modeled and systematic lessons taught explicitly in school," school principal Mr Frank Cohen said.

"Essentially, it is a set of high expectations around the sorts of learners we want to produce at St John the Baptist School.

"At the core, Positive Behaviour for Learning is a very deliberate attempt by the school to explicitly teach, model and expect positive behaviour from all students in all situations, so that everyone has a right to live and learn in an environment that is safe and

supportive."

Mr Cohen said in order to implement and monitor the effectiveness of the new approach a "PBL" team comprising of staff, parents and an expert external coach has been established.

**Press release, 12 May 2009
Stacey Saul, St John the Baptist P&C**

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Sport



Killcare Surf Club opened

The newly-redeveloped Killcare Surf Life Saving Club was officially opened by club president and Gosford councillor Jim Macfadyen on May 8.

The clubhouse was the eighth and final surf club to be redeveloped under council's surf club redevelopment project.

The new \$2.6 million building features a large water craft storage area, first aid room, surf club patrol room, kiosk, function room, restaurant, kitchen, bar, member's training room, public amenities and solar hot water system.

The new facility located in

Beach Dr, Killcare, is a joint initiative between Gosford Council, Killcare Surf Life Saving Club, the NSW Department of the Arts, Sport and Recreation and the Federal Government.

Gosford mayor Cr Chris Holstein said the official opening marked a momentous occasion in the history of the Killcare Surf Life Saving Club and for council.

"Planning for the redevelopment of Gosford City's surf clubs didn't happen overnight," Cr Holstein said.

"This project has been ongoing for many years and I must thank the council of the day, for making the decisions they made back

then.

"This is a club where a community can get together for many different reasons.

"It's a club that promotes not only beach safety but also familiarity amongst Killcare residents and visitors."

Council's surf club redevelopment project has seen an overall investment of more than \$15 million into Avoca, Copacabana, North Avoca, Ocean Beach, Terrigal, Wamberal, Umina and now Killcare surf clubs to receive substantial upgrades.

Press release, 11 May 2009
Alexandra Hornby,
Gosford Council

Clubs receive \$18,000 for projects

Gosford Council has endorsed several Peninsula sporting projects worth more than \$18,000 through its Recreation Assistance Program.

Umina Tennis Club will receive \$5000 towards resurfacing one of its tennis courts while Woy Woy Cricket Club will acquire \$5000 for cricket net repairs and the purchase of wicket covers.

Woy Woy Junior Rugby Union Club also received \$5000 towards the construction of a sheltered recreation facility at Ettalong Oval.

Woy Woy Junior Rugby League Club will be able to purchase essential equipment to host its games at a new location and operate its canteen.

Council provided Woy Woy Peninsula Netball Association with \$650 to purchase a new equipment storage cupboard.

Fourteen grant applications were received under the program and were ranked according to their priority.

From this council determined that there were nine high priority projects, two medium-high priority projects and three medium priority

projects.

Council approved funding for 11 of the 14 projects based on the ranking system.

Due to a large number of applications, council capped funding at \$5000 per applicant, providing a total of \$40,000 in funding to local sporting clubs.

The Recreation Assistance Program is designed to provide financial assistance by way of dollar-for-dollar funding for projects approved by the Gosford City Sports Council and Gosford council.

Council agenda SF.17, 5 May 2009

Surfing for women at Umina

A local women's support and activity network has begun a social surfing group on the last Sunday of each month at Umina Beach.

The Umina surfing group is a part of the Wave Of Wisdom women's network group known as the Wowgirls.

Group coordinator Ms Yvonne Lamont said the social surfing group was a great opportunity for local women to enjoy a surf and have fun with other women.

She said Wowgirls also offered local women a number of other fun activities to enjoy.

"As women, we have cared for those around us and have put out much energy," Ms Lamont said.

"Now is the time to nurture ourselves, and share our own special wisdom and gifts.

"Learn to Surf Wowdays were first offered in the summer of 2007 – nine days over a three month period with over 80 women involved.

"We asked for the missed generation – and it's appears

there's truly a whole generation of women who missed out on surfing.

"We have now included more Wowdays with other exciting and challenging activities."

According to Ms Lamont, term two of the Wowday program has already commenced with a learn-to-surf day on May 16.

"Women still have the opportunity to enjoy a cooking session with local naturopath Julie McNab, a pottery class with Wendy Brigden, a hula hoop lesson with the Rhythm Hut and a wisdom gathering forum to conclude the term," Ms Lamont said.

"These Wowdays give women an introduction to a new activity and follow-on courses are offered after each Wowday giving women the opportunity to pursue a new found activity."

For more information visit www.wowgirls.com.au and for further details on the Umina social group contact Michelle on 0411 261 336 or Kristie on 0404 028 830.

Email, 5 May 2009
Yvonne Lamont, Wowgirls

Money for Rogers Park

Rogers Park in Woy Woy will receive more than \$21,000 in State Government funding that will be used to upgrade amenities.

Member for Gosford Ms Marie Andrews said the upgrade was part of a \$4 million NSW Government program announced by Sport and Recreation Minister Mr Kevin Greene recently.

"It's great to see this money being invested in our sporting facilities.

"By providing quality local sport and recreation facilities, we can make sure everyone in the community has a chance to get out onto the field for some exercise or healthy competition."

Press release, 13 May 2009
Marie Andrews,
Member for Gosford

New Centre New You

First Class Fitness has upgraded, renovated and revamped its award winning centre and is proud to launch their new brand:

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Student of the month

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David Hosford UMINA 4344 5042

Bunnies beat Toukley

Umina Beach Rugby League Club's first grade side defeated Toukley 24 to 22 in a "well fought" match at Darren Kennedy Oval on May 3.

"Umina came into the match with a few changes from the previous weeks' side and the longer the first half went the higher the score climbed," club secretary Mr Kevin Hulls said.

"This resulted in a 22 to nil halftime score.

"But as is said, rugby league is a game of two halves, and what a difference 10 minutes break makes between them.

"It was not a case of closing up shop, as the team tackled, tackled, tackled and tackled because of their failure to complete basic sets, continuously giving Toukley the ball and scoring opportunities every few minutes, which the hawks accepted with glee.

"Only a penalty goal with 10 minutes left proved to be the difference as the Hawks outscored the Bunnies 22 to 2 in the second half.

"It was a great experience for our young side to hold on for a win and especially for Boydie Symes who stepped up from the Under 18s to make his first grade debut for the Bunnies." According to Mr Hulls, the Umina second grade team that took the field did not play anywhere near their potential, going down 12 to 10 to Toukley.

"The Bunnies repeatedly dropped the ball, missed tackles, and silly penalties and driving

tackles by the opposition saw the game plan go out the window," Mr Hull said.

"Ben Paget, Michael Cavers and Joel Johnson were the pick in a very uninspiring game from the Bunnies.

"On the other hand, the Under 20s had a very comfortable 46 to 12 win, even though the build-up to the game was less than impressive at training and that appeared to carry over to the pre-game warm up as late withdrawals resulted in the call up of Jake Harvey and Brayden Wiliame at the completion of the 18s game.

"Both these players showed the ability they have by slotting straight into the side both in attack and defence.

"Points were scored at regular intervals throughout the game as half back Blake Mattei directed the side around the paddock resulting in eight tries with seven goals, with Ben

Brooks topping the scorer's sheet with a total of 18 points for the game."

The Under 18s side also celebrated a victory against Toukley with a comfortable 42 to 10 win.

"Toukley led six to four early and the Bunnies clawed back to overtake them 10 to 6 at the break," Mr Hulls said.

"They raced in a further six tries with four goals in the second half.

"Leading the way with a personal tally of 14 points was James Murphy while Brayden Wiliame and Zane Ricket notched a double and Desmond Price, Lachlan Wing and Alex Lash had a try a piece."

The club is also looking forward to hosting a number of fundraising events throughout the year.

"We have a 250 club night planned, with a \$10,000 prize pool.

"We will hold an auction night in conjunction with our juniors and all NRL teams signed jumpers will be auctioned and that is to be a great night.

"We have started on our 100 club and a \$500 weekly winner will be announced over a 10-week period and lastly we are planning a charity fight night towards the end of the season.

"If you would like to be part of any of these fundraisers, please email hulls@dodo.com.au or see any player or official.

Newsletter, 8 May 2009
Kevin Hulls, Umina Beach
Rugby League Football Club



Surf club celebrates 50 years

Umina Surf Life Saving Club will be celebrating its 50th Anniversary this year with a special dinner event in October.

Club secretary Ms Christine Lavers said tickets to the Anniversary celebration dinner had already gone on sale and the event would prove to be popular amongst the community.

"We would like all past and present members to join us for our 50th year weekend of celebrations," Ms Lavers said.

"It will be a great opportunity for past and present members and anyone in the local community to come along and celebrate 50 years of surf life saving at Umina Beach.

"The celebration weekend will kick off with an informal get together at the club on Friday, October 30, from 6pm.

"This will follow with the anniversary celebration dinner on October 31, from 5pm."

Ms Lavers said tickets to the semi-formal dinner were available for \$50 per person which included cocktail food and four drink vouchers.

According to Ms Lavers, the club will also host "family sips" on November 1, to conclude the birthday weekend.

"We are currently gathering photos, newspaper articles and memorabilia in an effort to compile a complete history of the past 50 years," Ms Lavers said.

"If anyone has anything they could contribute please contact the club on 4342 7461 or 4342 0320.

"Tickets to the Saturday night dinner are on sale now and can be booked by contacting 4342 6123 or 4342 7461.

"There will be 50th Anniversary merchandise also available to buy."

Ms Lavers said the club was formed in 1959 by Max Tearne, John Breakwell, Les Wynn, Jim Butt, Grahame Stockley and Tony Collins.

"They were given full support by the people of Umina district," Ms Lavers said.

"Mr Jack Hogan was the foundation president.

"The first member to gain his Bronze was Adrian Voormuelen.

"The first club house consisted of a large army tent which was badly damaged in a fierce storm.

"The members then moved all their rescue equipment to the caravan park, where temporary accommodation was supplied by Jack Hogan, proprietor of the park.

"From this, they gained the name of Hogans Heroes.

"The first section of the original club house was built by voluntary labour, concrete for this being wheeled in barrows from Ocean

Beach Rd.

"After the completion of this section, membership grew and the club began to flourish with the introduction of the junior surf movement.

"The new and existing clubhouse was recently completed and opened in November last year.

"Umina Nippers' Stingrays began in the 1966-1967 season.

"Following that the Umina Nipperettes Coral Maids in 1970-1971.

"Umina is the only club on the Central Coast to have hosted four Nipper State Titles in 1971, 1980, 1990 and 2005.

"The club has gone from strength to strength and today we have 300 junior members."

Press release, 12 May 2009
Christine Lavers, Umina
Surf Life Saving Club

Woy Woy Peninsula Netball Association

is calling for expressions of interest from persons wishing to be on the Selection Panel for our 2010 Representative teams. Selection criteria available from Ellie Hamilton

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What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunbar Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf.

Playtime Mon-Fri 9am, Little Gym

PCYC
Better Hearing Class Mon-Fri 1.45pm, ESCC

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, more info @ www.peg.org.au WVEC

Second Tuesday of every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC

Get Together afternoon tea, ESCC

Pearl Beach Craft group, 1.30pm, PBPH

Stroke recovery group, 11.30am, MOW.

Diabeties Support Group, 10am,

ECC

CC Animal Welfare League

Woy Woy-based group monthly meetings from 11am at CC Leagues Club, enq 4344 6650.

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playground, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, UCH

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, MOW

ACF meeting, 7.30pm, WVEC

Fourth Tuesday of every month

Toastmasters, 7.15pm, EBWMC
Combined Pensioners assoc afternoon tea, enq: 4341 3222, ESCC

Every Tuesday

Free herbal clinic, enq: 0437 401 810 PWHC

Woy Woy Blood Bank @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, EBWMC

Silk craft 10am

Mums & bubs playgroup 1pm

Pastel classes for kids 4pm RBG

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034

Free Tax Help by appt; School for Seniors Have a Chat, 10am;

U3A Discussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm; Stroke Recovery, 2pm; Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Brophy Circus Academy, beginners 5pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Pre/Post Natal Yoga, 9.30am; Motivation & Empowerment classes, PCC,

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Latin Dancing, 9.15am; Cards, 12.30pm ESCC

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, EBWMC

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, WH

Folk Art, 9.30am; Silk Dyeing, 1pm, EBACC

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10:30am only, enq: 4368 2847, CWA

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, WWPH

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, EPH

Tai Chi, 9:30 am, enq: 4360 2705, WH

Supported Playgroup for first time and single parents, 12.30pm-2pm, enq: 4340 1111, BFC

WEDNESDAY

First Wednesday of every month

CWA 10am, handicrafts, enq: 4372 2069

Coffee Morning, social get-together, 10am, PWHC

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, ECC

CWA 10am, handicrafts, enq: 4372 2069

Fourth Wednesday of every month

Woy Woy CWA 10am craft, 1pm business meeting, enq: 4372 2069

CWA
Everglades Probus Club, 10am, ECC, enq: 4341 0664

Drumballa Drum Circle 7.30 RBG

Every Wednesday

Women's Health Clinic, three times a month, enq: 4320 3741; Counselling by Donation

PWHC

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm.

St John's Ambulance, Peninsula Division 7.30pm, enq: 0404 440 808 or 4353 4224 PCC

Craft for love & Garden club 10am RBG

Free Tax Help by appt; Occasional Care, 9am; School for Seniors Oil Painting, 9am-12;

Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 4pm; Coast Care Counselling; Judo, 5pm; Weight Watchers, 6pm; Belly Dancing, 7.30pm;

Dance & Theatre School, 3.30pm; Motivation & Empowerment classes, PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina.

Brisbane Waters Scrabble Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, EPH

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC

Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, CWA

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, enq: 4369 2275 ECC

Dance Club, 1pm, EBWMC

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

Leatherwork, 9am; Table Tennis, 9am; Bridge, 12.15pm; Scrabble, 12.45pm; Group Fitness, 1pm; Yoga, 2.30pm ESCC

THURSDAY

First Thursday of every month

Brisbane Water Senior Citizens, 1pm, EBWMC

Second Thursday of every month

every month

Women's Health Clinic, enq: 4320 3741, PWHC

Australiana Bus Trips, PCC

Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; EBWMC

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am BFC

Umina Peninsula Mixed Probus Club, 10am, new members welcome, enq: 4343 1039 ECC

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 12:30pm

Creative Writing, enq: 4369 1187, CWA

Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Tai Chi, 11.30am & 7.30pm; Bridge, 12pm; The Web, 2pm; Brophy Circus Academy, 4pm; Yoga, 10am; Belly Dancing, 7.30pm; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes, PCC

Free entertainment, 6.30 pm; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

Scrabble, 12.30pm, WWPH

Children's art classes, 4.30pm, EBACC

Card Club, 1pm; Chess Club, 7.30pm, EBWMC

Tai Chi 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; Table Tennis, 1.45pm; Cards noon, ESCC

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

Adult tap dancing, 10am, enq: 4342 3925, EPH

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am; Cards, 12pm; Tai Chi, 1pm; Table Tennis, 1pm, ESCC

Pilates, 9:30am, enq: 4384 5005; Mah-jong, 2pm, enq: 4360 2178; Yoga, 5:30pm, enq: 4323 1859, WH

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC

Second Friday of every month

Book Bazaar, book Club, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, EBWMC

Third Friday of every month

Legacy Ladies, 9am, enq: 4343 3492, EBWMC

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, WH

Civilian widows, 1pm, ESCC

School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina Uniting Church

Bingo, 11.30am, enq: 4343 1664, UCH

Lollipop Music Playgroup (0-4 years), enq: 4343 1929, BFC

Old Wags Bridge Club, (except 4th Fri) 1:30pm, enq: 4360 1820, WH

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, EPH

Watercolour Painting, 10am, EBACC

Painting, 9am; Line Dancing, 9am; Bridge, 12.15pm; Scrabble, 12.45pm ESCC

Gym Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), PCYC

Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), Primary Kids Club, 4.30pm, enq: 4343 1237

Alcoholics Anonymous, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, indoor bowls, canasta, scrabble, morning tea 10am, enq: 4363 1968

Occasional Care, 9am; Kindy Gym, 0-3s, 9.15am, 3-5s, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Samaritans Support Group, 10.30am; Bridge Club, 12pm; The Web, 2pm; Brophy Circus Academy, 5pm; Kempo Karate, 5.30pm; Judo, 7.15pm; Dance & Theatre School 4pm U3A Courses, PCC

Women's walking group, 9am-11am, PWHC

Fishing Club, EBWM

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, WH

Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

SATURDAY

First Saturday of every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, EBWMC

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 Alliance Française, French conversation, 11am, enq: 0412 252 709

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy, 8am

What's On in and around the Peninsula

Bushcare group, Pretty Beach, end Araluen Track, 8am
Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712, **PCC**

Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301
Peninsula Residents Association (PRA), 3PM **WVEC Market Day**, 9am, Sydney 2000 Park, **UCH**

Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, **CWA**

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am
Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy 8am

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686
Chess Club, 1pm, enq: 4341 8748, **EBWMC**
Children's Pottery, 9am;
Silvercraft Class, 1pm **EBACC**
Weight Watchers, 8.30am;
Dance & Theatre School, 9.30am; **Bridge Club**, 12pm; **Soft Stone Sculpture** (monthly); **The Web** 4.30pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**
Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm
Chess Club, 1pm, **EBWMC**
Gym Sessions, 9am; **Drama & Discovery**, 9am, **PCYC**
Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, **WWLC**
Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939
Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

SUNDAY

First Sunday of every month

Umina Boardriders meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; **Vietnam Vets**, 11am, **EBWMC**

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486
Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251
EBWM Fishing Club competition, Club House in Beach St, Ettalong.
EBWM Vietnam Veterans Peacekeepers, Peacemakers meeting, enq: 4344 4760
Peninsula Environment Group, Picnic in the Park, 11am-2.30pm, Lions Park, Woy Woy, info @ www.peg.org.au

Fourth Sunday of every month

Old Time/New Vogue Dancing, 1pm-4pm **ESCC**

Last Sunday of every month

Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074
Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm,
PCC Coast Community Church Services, 9am & 5pm, enq: 4360 1448
Al-anon/Alateen family support group, Uniting Church Hall, Picnic Pde, Ettalong, 7pm
Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, **EBWMC**
Endeavour View Club Luncheon, enq: 4344 3825, **ECC**
Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587
Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995
Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482
Women 50+ Group Chat, **PWHC**

RSL Women's Auxiliary, 9am;
RSL Sub Branch, 2.30pm; **Card Club**, 1pm, **EBWMC**

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 1546, **WH**

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group **PWHC**

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month
War Widows, 1pm, 43410286, **EBWMC**

Fourth Monday of every month

Toastmasters Speechcraft Classes, 6pm, **EBWMC**

Labor Party Peninsula Day Branch, 1pm, **CWA**

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Kidz Drumming . 4-5pm, Rainbow Gate, 207 West St,

Umina Cash Housie, 7:30pm, enq: 4323 3566, **EMBC**

Walking with other Mums enq: Liz Poole 4320 3741

Early Childhood Clinic and Koori Cuppa for Aboriginal families, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **3Cs—Craft, Coffee & Conversation**, 12.30pm, child care avail, enq: 43 431929, **BFC**

Yoga, 9.30am, Ph.4360 1854, **WH**
Mums Meditation 10am, Drummimg classes 4pm **RBG**

Dancing, 9am; **Mahjong**, 12.30pm; **Fitness**, 1pm, **ESCC**

Gym Sessions, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Carpet Bowls, 9am; **Card Club**, 1pm, **EBWMC**

Fairhaven Cash Housie, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**

Arts and Crafts for people with a disability, 11am, enq: 4341 9333
Patchwork & Quilting, 10am; **Pottery**, 10am & 1pm, **EBACC**
Children's Story Time, Woy Woy

Theatre member receives award

A member of Woy Woy Little Theatre has been presented with a special achievement award by the NSW Governor.

Mr Daniel Williams of Umina was presented with the award at a special ceremony at the Australian National Maritime Museum on March 31.

The NSW Housing Youth Award recognises the achievement of young people living in social housing that have made a significant contribution to their community and demonstrated success in music, arts, culture, academia, community service or sport.

Woy Woy Little Theatre publicity officer Ms Patrice Horne said the community theatre group was proud of Daniel's achievement.

"Many of his winning skills have been honed at the Peninsula Theatre during Woy Woy Little Theatre productions and we are all so proud of him."

Ms Horne said Mr Williams was nominated for the Housing NSW Youth Achievement Award last year and chosen to be a finalist in

the award category early this year.

"These awards acknowledge the achievements of young people living in social housing who have made a significant contribution to their community and needed to demonstrate success in one or more award categories," Ms Horne said.

"The Youth Achievement Award recognises young people who have notably achieved in one or more aspects of their life, perhaps by overcoming adversity to reach personal goals, or meeting a challenge beyond their own expectations, basically being a successful all-rounder.

"Daniel was nominated in five of the six categories which is just outstanding.

"In front of the Minister for Housing Mr David Borger and Director General Housing NSW Mr Mike Allen, NSW Governor Professor Marie Bashir presented a very excited and surprised Daniel with his trophy and gift certificates."

Press release, 6 May 2009
 Patrice Horne, Woy Woy Little Theatre

Library, 10.30am
Occasional Childcare, 9am;
Central Coast Volunteering, 9am;
Over 55's Gentle Fitness, 9am;
Supported Playgroup, 9.30am & 12.30pm; **Yoga**, 10am; **Mad Monday** Craft & Cooking, 11am; **Bridge Club**, 12pm;
Hysical Culture Club, 4pm;
Coast Care Counselling, 3.45pm;
Dance & Theatre School, 3.45pm;
Judo, 5pm; **U3A Courses**, **PCC Craft group**, 1pm, **BFC**
 Fairhaven Services **Cash Housie**, 7.30pm, **EMBC**

Yoga, 9:30am, enq: 4360 2705, **WH**

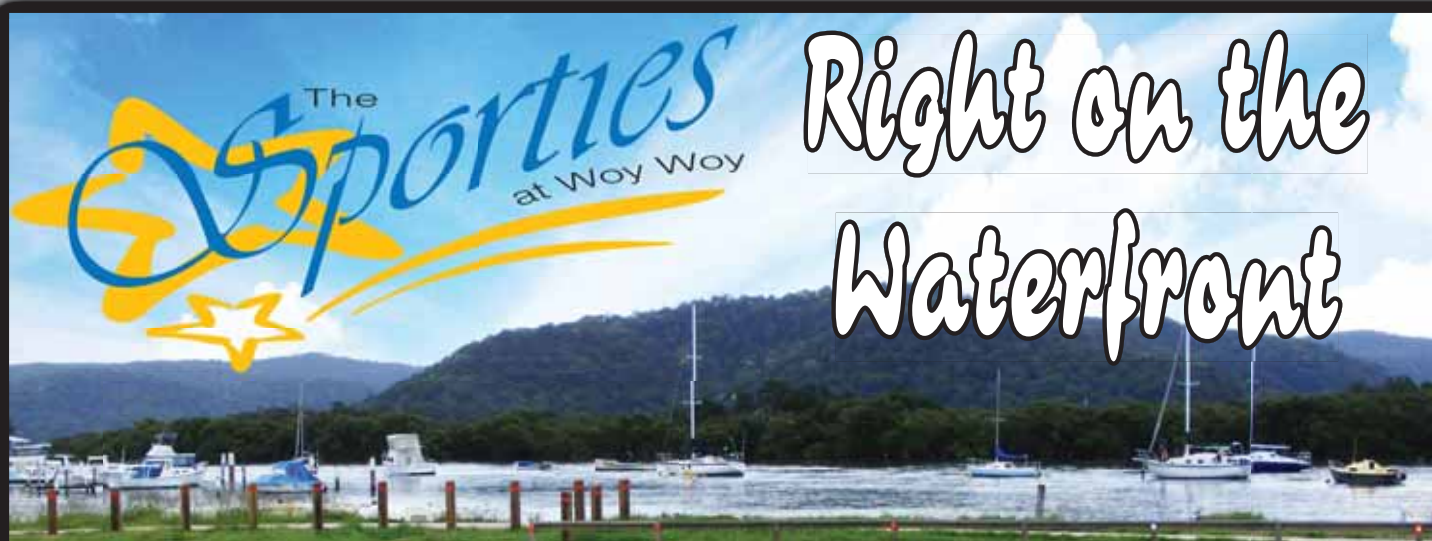
Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH**
Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075

Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, **WVEC**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News
Details Page 2



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Elmo 4341 4151 - Hope 4369 8707

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Public Notices

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call 13 SALVOS (13 72 58) or
visit salvos.org.au



OPEN 7 DAYS

Monday ~ Friday
7am - 5pm

Saturday - 8am - 4pm

Sunday - 9am - 2pm

HOME
TIMBER AND HARDWARE

Phone: 4341 1411

Fax: 4343 1355

100% Locally owned

100% Locally staffed

182 Blackwall Road,
(at the lights) Woy Woy

Campbells Building Materials

\$209



XN1

\$219



XN5

\$199



XP120

**HUME
ENTRANCE
DOORS**
820 x 2040
Door Furniture
not included

\$199



XP130

\$119



XV20

\$119



XV10



Handi Ceiling White
6Ltr - \$35.00
Finish Exterior Gloss
Acrylic White 6Ltr \$49.95
Finish Interior Semi Gloss
Acrylic 6Ltr - \$49.95
Platform - \$59.00



Meteor Aluminium
Dual Purpose
Ladder 1.8m/3.2m
\$99 ME10033
2.1m/3.8m
\$129 ME10034

Come in and see our working
ONGA Spear Point Pump

\$300
(pump Only)

Ask at trade counter
for advice on
accessories needed
to install your pump



**Kelso
Builders
Xtra
Heavy
Duty**

Domestic



\$292.70

\$59.95

Meteor Aluminium
Extension Ladder
2.4m/3.9m
\$95 - ME10036

Firewood 20kg \$14.50



\$250

\$229

\$290

\$189



**Makita Electric
Chainsaw
UC4020A**

\$312



**Poulan 42cc Petrol Chainsaw
46cm Blade Made in USA**

**Line Trimmer
Makita - Petrol
25cc**



**Line Trimmer
Vista - Petrol
26cc Comercial
Grade**



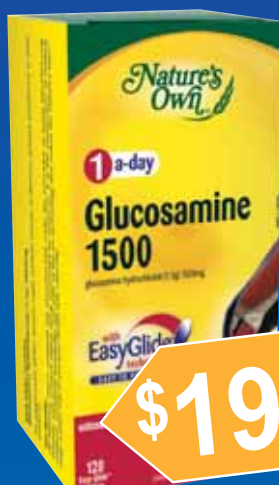
**Brush Cutter
Line Trimmer
Petrol 32cc
Weed Eater
Made in USA**





\$15⁹⁹
each

Nature's Own[™]
Odourless Fish Oil 1500mg 200s



\$19⁹⁹
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Nature's Own[™]
Glucosamine 1500 120s



\$22⁹⁹
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Nature's Own Omega 3[™]
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NEW SIZE
\$26⁹⁹
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Nature's Own Triple Strength[™]
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NEW
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Blackmores Joint Formula 120s[†]



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each

Blackmores Bio C 1000mg 150s[†]



\$7⁹⁹
each

Caltrate 600mg 120s[†]



\$17⁹⁹
each

Centrum Multivitamin &
Centrum 50+ 100s[†]



\$29⁹⁹
each

Wagner 1000+ Glucosamine
200s + 40 FREE[†]



NEW
\$32⁹⁹
each

Pain No More + MSM 120s[†]



\$12⁹⁹
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Calcia Calcium 500mg +
Vitamin D 400IU 120s[†]



100 DOSES
\$15⁹⁹
each

Benefiber 350g[†]

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