

NRMA faces investigation

The NRMA is facing a multi-faceted investigation of its operation of the Ocean Beach Holiday Park following allegations that it forcibly removed a semi-retired couple from public land adjacent to the park.

The Department of Lands is currently undertaking an investigation into an alleged license breach.

The investigation is understood to include an assessment of whether the park is operating on public land outside the boundaries of its leasehold both on the beachfront and at the rear of the park.

Gosford Council is conducting its own investigation.

And the Department of Environment and Climate Change is investigating claims that trees were illegally removed from rare bushland in the vicinity before Christmas.

The trees were part of Umina Coastal Sandplain Woodland, an endangered ecological community protected under the Threatened Species Act.

Ecological consultant Mr Robert Payne of Umina brought the suspected license breach to the attention of departmental officials after being removed from the area on February 7.

"My understanding of the Gosford planning maps is that this area is public reserve and set up for members of the public who wish to enjoy it.

According to Mr Payne, he went for a walk with his wife and small dog along Umina Beach before exiting the beach via an access point adjacent to the Ocean Beach Holiday Park.

"Immediately we were set upon by two security guards from the caravan park, who hustled and jostled, and then caught me between two of the upright posts," Mr Payne said.

"We were very abusively told that the caravan park was now

private property and no member of the public allowed to enter.

"They pointed to a number of signs saying Private Property – Do Not Enter on the access tracks leaving the beach.

"We were basically thrown out. "This was one of the most disturbing and aggressive experiences I have had in my life," Mr Payne told Peninsula News.

Cr Terri Latella said she was shocked to hear Mr Payne was treated in such an appalling manner.

"Gosford Council is well aware of the incident at Umina involving Mr Payne and security staff of the caravan park," Cr Latella said.

"As a result we are conducting our own investigation into the matter."

A Department of Lands spokesperson stated the holiday park was leased by motoring and services company NRMA and the adjoining Crown land was managed by Gosford Council.

"The Department is aware of the alleged incident and is currently looking into the matter in consultation with the parties involved," the spokesperson said.

While the NRMA later offered an apology to the couple through Peninsula News, it defended its action.

"Ocean Beach Park Management would like to extend an apology to the couple regarding the handling of the situation by park security staff," the NRMA spokesperson said.

"As Ocean Beach Holiday Park is accessible from the beach, park staff has had to deal with many non-park residents or guests entering the park grounds over the summer.

"The incident also involved a dog. Dogs are not permitted in the park grounds for safety reasons."

Clare Graham, 13 Feb 2009
Interviewees: Robert Payne, Umina Cr Terri Latella, Gosford Council
Emails, 12 Feb 2009
Lisa Kable, NRMA; Keeley O'Mara, NSW Department of Lands

Is park operating beyond its lease?



THIS ISSUE contains 47 articles. Read more at www.PeninsulaNews.info

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Chemical clean-out day

Gosford Council will hold a chemical clean-out drop-off day at the council works depot in Woy Woy on Saturday, February 28.

The clean-out encourages local residents to dispose of a range of common household chemicals including paint, pesticides, batteries, gas bottles, household cleaners and pool chemicals.

The temporary drop-off centre will accept chemical material between 9am and 3.30pm.

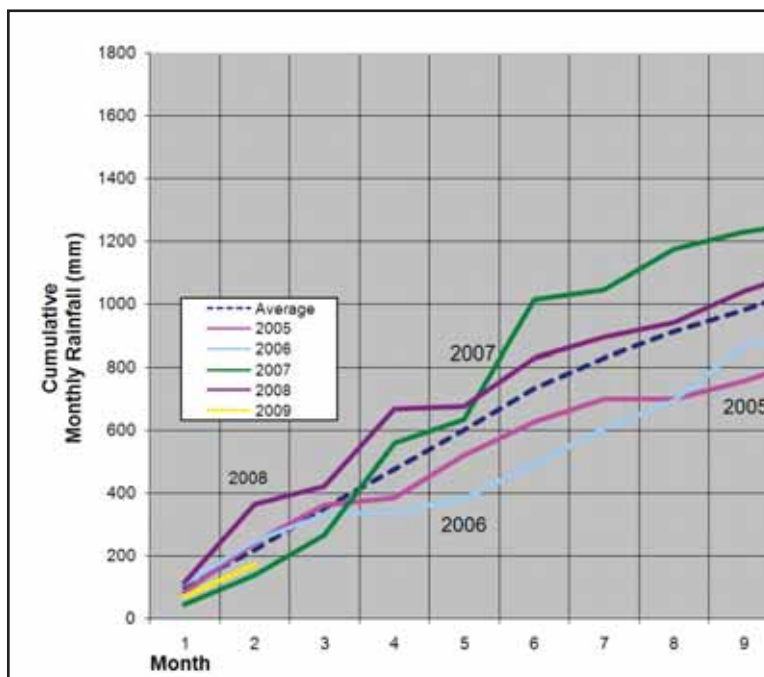
The free service will provide safe

disposal of household chemicals which could cause harm to the community and environment if not disposed of correctly.

The drop-off centre will not accept business-related and commercial quantities of chemicals and will only accept household quantities up to a maximum of 20 litres or 20 kilograms.

For more information, contact 131 555.

**Website, 13 Feb 2009
Department of Environment and Conservation**



Month's rain in four days

The Peninsula has already recorded its average rainfall for the month, according to figures supplied by Mr Jim Morrison of Woy Woy.

Around 95 per cent of this came in just the four days to Saturday morning, February 14.

Mr Morrison had recorded 126.7mm by 9am on Saturday morning, compared to the average rainfall for February of 117.9mm.

Figures of 16.2mm, 43.5mm,

26.2mm and 34.0mm were recorded at 9am on each of Wednesday, Thursday, Friday and Saturday last week.

In total, 119.9mm fell over the four days.

The rainfall brings the cumulative total for the year to 197.8mm, just 22.6mm below the figure for the year to the end of February.

**Spreadsheet, 14 Feb 2009
Jim Morrison, Woy Woy**

Our new office

Peninsula News will open an office on the Peninsula on February 19.

Residents and businesses will be able to visit and pay accounts, place advertisements, drop off an article and/or photographs or pick up a copy of the latest edition of the paper during normal business

hours, Monday to Friday.

The newspaper has operated from offices at Tascott for the last five years.

Our new office is located at Shop 5, St John's Corner, 115 Blackwall Rd, on the corner of Victoria Rd, Woy Woy.

Cec Bucello, 13 Feb 2009

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Police, Fire, Landline & Mobile	000
Ambulance Text Mobile	106
GSM	112
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
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RFS Fire Control Centre	4340 2911
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Gosford City Council	4325 8222
City Rail	131 500
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Poisons Information	131 126
Lifeline	13 11 14
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Taxi	131 008
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Wires	4323 2326

Explanation

Pictures accompanying an article entitled "Australia Day celebrations marred by drunken youths" in the last edition of Peninsula News have prompted questions about the purpose of their publication.

Four photographs were published: two showing celebrations at Woy Woy and two showing broken glass in the wake of drunken behaviour at Umina.

The purpose of the photographs was to highlight the overall success of Australia Day celebrations at Woy Woy alongside the damage that occurred at Umina Beach.

The pictures reflected the comments of Gosford mayor Cr Chris Holstein that: "For the most part, the Woy Woy event was a great success ... However, there was also a show of Aussie stupidity by a minority."

The photographs did not show any individuals who were "drunken youths" or involved in anti-social behaviour, and nor were they intended to carry this implication.

Clare Graham, 11 Feb 2009

Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalist: Clare Graham

Graphic design: Justin Stanley

Declaration of interests

Honorary editor: Mark Snell

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Convenor, Burrawang Bushland Reserve Committee
President, Australian Conservation Foundation Central Coast branch
Chairman, Equilibrium Community Ecology Inc
Vice-President, Central Coast Bush Dance & Music Association
Vice-president, Brisbane Water Secondary College Umina Campus P&C*

Journalist: Clare Graham

Public relations assistant, Brisbane Waters Private Hospital

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Chamber calls for beach cleaning review

Peninsula Chamber of Commerce has called for a review of Gosford Council beach-cleaning procedures following recent needle-stick incidents at Ettalong and Umina beaches.

A 15-year-old boy was sitting on Ettalong Beach with his girlfriend when his hand made contact with a dumped syringe on January 31.

The teenager was taken to Woy Woy Hospital where he was given a tetanus shot and blood test.

He will undergo another blood test in three months time to determine any traces of transmitted diseases.

The incident at Ettalong Beach comes two weeks after a six-year-old boy stepped on a used syringe at Umina Beach.

"The chamber recognises that council does an excellent job in maintaining and making safe our beaches but perhaps this is a little wake-up call to review current procedures," Mr Wales said.

"The recent needle incident highlights the need for council to be extremely diligent in ensuring that our beaches are kept clean and safe for the community.

"The Chamber advocates for a regular review of beach cleaning practices to ensure that the best possible methods are employed," Mr Wales said.

Director of city services Mr Stephen Glen said that the current beach cleaning procedures were coordinated by council's recreation operations section.

He stated routine cleaning and maintenance took place at Umina and Ocean Beach.

According to Mr Glen, other

beaches not included in council's routine beach cleaning procedures were the subject of regular inspections and cleaned as required.

Mr Glen stated manual and mechanical cleaning took place on weekdays throughout the swimming season from September to April, with additional manual and mechanical cleaning completed throughout the Christmas school holiday period.

Mr Glen also stated that during the off-season, cleaning was determined by regular inspection.

"It is important to note that mechanical cleaning of beaches applies to the area immediately in front of the respective surf life saving clubs and 100 metres either side."

The mother of the 15-year-old boy who came into contact with a needle said she was very frustrated by the lack of consideration and selfishness of those who dumped their used syringes.

"Council is not to blame for the lack of humanitarians in the area," Ms Susan Gibson said.

"They could provide a few more bins, but would these people make use of them?"

"Even non-drug users leave their mess behind them on the beach.

"Perhaps we need rangers who either fine people on the spot or take them away.

"It comes down to a self centred, lack of consideration for others."

Ms Gibson said doctors assessed the incident as low risk to her son's health.

"The doctor said it was a low risk incident because the needle seemed old and viruses only live



The site where a 15-year-old boy's hand came into contact with a dumped needle

for 10 hours in the open," Ms Gibson said.

"So we were sent for a blood test and then another in three months, when we shall see if there are any changes.

"If it was a high risk incident (a syringe full of fresh blood) he would have been sent straight to Gosford Hospital and placed on a HIV antibody drip."

Email, 29 Jan 2009
 Matthew Wales, Peninsula Chamber of Commerce
 Letter, 3 Feb 2009
 Stephen Glen, Gosford Council
 Clare Graham, 11 Feb 2009
 Interviewee: Susan Gibson

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Inspection reveals more dredging needed



The Pearl Beach-Ettalong-Wagstaffe ferry service passing through the entrance to Brisbane Water channel

An inspection of the Ettalong channel by Gosford councillors has revealed that the dredging job could be a lot larger than originally anticipated.

Advice had earlier been given to the council that the Lobster Beach area could also require dredging.

Cr Craig Doyle described this site as "the tip of the iceberg" at last week's council meeting.

At a site inspection, conducted by water taxi, other locations apart from the Lobster Beach site were identified by NSW Maritime

as trouble spots throughout the channel.

Gosford Council has now resolved to defer the dredging of the Ettalong channel until results of another NSW Waterways survey are assessed.

Cr Doyle said one of the main sites of concern was off Little Box Head.

"This is a virtual bombshell and could mean tens of millions of dollars spent on improving the area," Cr Doyle said.

"The bottom line is a lot more money will be needed here and perhaps the revenue gained from Brisbane Water can be used by the State Government to foot the bill."

Cr Terri Latella said it would be wise for council to defer the matter until survey results were received which would have the potential "to open Pandora's box".

Cr Freewater said the site inspection highlighted several important issues for councillors.

"Despite the high tide, the inspection demonstrated the narrowness of the channel and proximity of the rocks at the eastern end of Lobster Beach.

"This was emphasised by the arrival of the Lady Kendall," he said.

"Even the water taxi we were travelling on had to move outside the navigable channel to allow this vessel to pass.

"Luckily it was a very high tide and there was sufficient depth over the sand shoal to allow this."

"NSW Maritime indicated that while the channel remained navigable, the proposed dredging would make the channel considerably safer.

"It was explained that, as it was, certain larger vessels like the ferry were at risk if they have to slow to allow another vessel coming from the opposite direction to pass.

"These vessels rely on the power from their motors to steer and the fear is that they may end up on the rocks, especially if there is a strong ebb tide which causes the water to rip through that section

of the channel.

NSW Maritime senior officer Craig Abbs explained to councillors why Brisbane Water does not come under the Minor Ports Scheme or the River Entrance Program.

"These programs attract 100 per cent funding to maintain Crown assets and commercial navigation channels.

"Brisbane Water is not eligible because we have no large commercial fleet and we do not have a trained (seawall) river entrance.

"That is why historically, council has only been able to obtain 50 per cent funding.

"This situation will not change and the \$250,000 funding offer from Crown is approximately 25 per cent of their entire budget, which should be stretched across more than 100 estuaries along the NSW coast.

"It is only because of the importance and urgency of the dredging that the offer was made."

Cr Freewater said there was light at the end of the tunnel for the issue to be resolved.

"Other councillors are coming around to the importance and urgency of this work and I am hopeful that we might have the numbers by the next council meeting.

"While there may be other areas in Brisbane Water that require maintenance dredging, the entrance channel is by far the most important and urgent."

Council also resolved to highlight the dredging of Ettalong channel through the Sea Change Councils, Australian Local Government Association and the Local Government & Shires Association for discussion on dealing with maintenance, management and funding of navigable channels.

Council agenda
CIT.6, 10 Feb 2009
Email, 12 Feb 2009
Cr Peter Freewater,
Gosford Council



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Public meeting Wednesday February 18 at 2PM at St Lukes Anglican Church Hall, Blackwall Road, Woy Woy

Those people wanting their Woy Woy Hospitals rehabilitation ward returned from Kanwal where Wyong Hospital is located should take note of my recent investigations.

This has exposed the fact that Healthscope Limited, owners of the Brisbane Waters Private Hospital, have planned for ages to expand their operations into providing rehabilitation services for the growing number of DVA and other private patients on the Woy Woy Peninsula.

There is a perception that the recommendation by NSW Health to close and move Woy Woy Public hospital beds to Kanwal created a windfall to Brisbane Waters Private Hospital.

Were the Health Minister and other local Labor Party "sensibles" aware of this silver lining for private enterprise?

There are reports that NSW Health is only too keen to have private hospitals take over DVA rehab patients who are perceived as too costly and problematic.

Edward James

P.O. Box 3024 Umina NSW

02 4341 9140

Links <http://woywoyrehab.org/>
<http://sydney.indymedia.org.au/story/woy-woy-residents-fight-return-thirty-beds>
<http://sydney.indymedia.org.au/story/hands-our-woy-woy-hospital>

Need Help with a State Government matter?



On Monday March 2, 2009

Marie Andrews MP

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Call Marie's office to book an appointment

20 Blackwall Road or PO Box 223 Woy Woy

PH: 4342 4122 FAX: 4341 2368

Email: gosford@parliament.nsw.gov.au

Bush clean-up

The Peninsula Environment Group will be participating in a clean-up at Woy Woy, as part of Clean Up Australia Day on March 1.

Organised by members of the Burrawang bushcare group, the clean-up will begin at Nambucca St playground from 9am and concentrate on the Burrawang Reserve site.

Gosford mayor Cr Chris Holstein encouraged local residents to participate in Australia's biggest environmental community event.

"Clean Up Australia Day is the perfect opportunity for everyone to come together and help clean up our local parks and waterways and think about how we can reduce our impact on the environment," Cr Holstein.

"With a range of clean-up sites across Gosford City, participating is easy and a way of ensuring that rubbish doesn't become part of our otherwise stunning landscape."

Cr Holstein said Australians

generate almost 32 million tonnes of rubbish each year, making us the second highest producers of waste per person in the world.

"While we are pretty good at recycling, half the rubbish our country produces is still heading to landfill, which we are fast running out of space for, or it is being dumped into our natural environment," Cr Holstein said.

"Paper, cardboard, metal and most types of plastic can be recycled, while particularly disused building materials can also be reused.

"Waste can be easily turned into a valuable resource."

Participants are encouraged to bring gloves, a hat, sunglasses and sunscreen on the day.

For more information, contact David Couture or Beth Tarilton on 4325 8142.

Press release, 13 Feb 2009
Lisa-Maree Schell,
Gosford Council
Email, 10 Feb 2009
Peninsula Environment Group



Members of The Rotary Club of Umina celebrate their charity efforts at Umina Beach

Umina Rotary collects 1000 bras

The Rotary Club of Umina Beach has collected more than 1000 bras over two months for women in Third World countries.

Public relations officer Mr Geoff Melville said the club had heard from aid worker, Heather Van Vlokhoeven, about the need for the bras.

She said many women in Third World countries lived without bras because they couldn't afford them.

"Second hand bras are sometimes available cheaply but

a new bra, if available, can cost about 10 hours wages which is beyond the reach of most," said Mr Melville.

"In a subsistence economy the vast majority of income is spent on food."

Many wanted bras for reasons of hygiene and comfort.

"Moisture trapped between the breast and chest wall can cause rashes and fungal infections.

"Bras help by allowing air circulation.

"Women with breasts full of milk are more comfortable in a bra."

"Farming is more comfortable in a bra."

Ms Van Vlokhoeven said she had given away her own bra on many occasions, because of the need of women with whom she had been working.

Mr Melville said: "To date 38,000 bras have been collected and dispatched by Rotary to Fiji, Vanuatu, Tonga and Papua New Guinea."

Press release, 4 Feb 2009
Geoff Melville, Rotary
Club of Umina Beach

Creek clean-up

An 800 metre length of creek at Umina campus of Brisbane Water Secondary College will be cleared of rubbish from 10.30am on March 1, as part of Clean-Up Australia Day.

The clean-up at the site will be organised by the P&C at the campus.

Umina campus P&C president Mr Bruce Graf said: "We're hoping for a good turn-out of parents as well as members of the community to help clean the rubbish out of the creek."

He said the rubbish to be removed varied from bottles and cans to shopping trolleys.

It appeared the rubbish was the result of a combination of windblown material and stormwater flotsam, as well as careless littering and occasional deliberate dumping.

Meeting place for the clean-up will be the rear entrance to the campus in Ryans Rd, Umina.

Media release, 13 Feb 2009
Bruce Graf, BWSC Umina P&C

Town clean-up

The Ettalong Beach Business Group is calling on local residents and business owners to take pride their community by joining in on Clean Up Australia Day on March 1.

Publicity officer Mr Richard Berntsen said the event was a wonderful opportunity for local residents to take ownership of their community and meet new people.

"The Ettalong Beach Business Group already take part in a monthly town clean-up and Clean Up Australia Day seemed the perfect day to have ours," Mr Berntsen said.

"We also believe that this will open up our group to the greater community and get to be involved in some community pride."

Mr Berntsen said the clean-up initiative would focus on Ettalong Beach town centre, carparks that support local retail outlets and the foreshore.

"I think that it is important to take ownership in our community," Mr Berntsen said.

"We can't expect local government to be as passionate

about our community as we are.

"If we see something that we believe we can have a positive effect on, then we should make the change.

"The Clean Up Australia Day is a perfect example of that idea.

"The more volunteers involved the greater a result for our town."

The Ettalong Beach Business Group will meet at The Rocks Arcade in Memorial Ave from 3pm to begin the three-hour clean-up.

Participants are encouraged to bring gloves and cleaning equipment including whipper snippers, brooms and rakes.

A free barbecue will be provided for all participants following the clean-up.

Press release, 12 Feb 2009
Richard Berntsen, Ettalong

Three local residents have been accepted as community members on three Gosford Council committees.

Killcare resident Mr Richard Harper was accepted as community member of Council's Environment Committee and Floodplain Risk Management Committee.

Representing the Hardy's Bay Resident's Group, Mr Graeme Smith was accepted as a community member on council's Coastal and Estuary Management Committee.

Mr Ron Spratt will represent the St Hubert's Island Resident's Association as community member for council's Environment Committee.

Mr Spratt has also been accepted as an alternate community member on council's coastal and estuary management committee.

Nominations were received by council following council's

advertisement of new

membership. According to a council report, each nomination was assessed for local knowledge and interest in the environment and the broader local population.

Council resolved at its meeting on February 3 to accept the nominations recommended by council's director of environment and planning.

Council agenda ENV.3, 3 Feb 2009

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Reclaim Umina Beach

Having been driven from Umina Beach on Australia Day (along with a number of other picnicking families) by hordes of aggressive drunks I thought never again, but then I thought why not fight back?

Next year we intend to go to

Forum

the area again, complete with picnic basket and ghetto blaster upon which we will play the music of Barry Manilow at high volume whenever a drunken, glass-smashing, flag-wearing adolescent comes into view.

Other law-abiding, decent Australians are welcome to join us.

Let us return Umina Beach to be a beautiful and safe place for people to enjoy.

Rie Lester,
Umina Beach

Exchanging one for another

There are occasional mutterings now and again from the Republicans.

It seems the only thing that unites them is hatred of the British, particularly British royalty, which seems a bit mean-spirited considering an old socialist like Gough Whitlam loves the Queen.

The history of Republics is not inspiring.

There's Plato's Republic run by

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the elite; in France, a revolutionary republic run by the rabble and madmen; then the tin-pot, banana Republics run by the wealthy and depositing the country's wealth in Swiss banks while the poor starve and rot.

Then there's the Marxist, Castro type where the poor have good

hospitals and schools and are very healthy (except for an excess of rum and cigars) due to the lean diet and plenty of exercise, such as walking everywhere.

In all, not much to get enthused about: Just exchanging one figurehead for another.

Keith Whitfield,
Woy Woy

Bike access is needed

Following on from the letter in the Peninsula News (November 24) from Kay Williams outlining the critical need of refurbishing the alternative access to Pearl Beach via the walkway-cycleway at the base of the Mt Ettalong cliff, it is matter

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of urgency that Gosford Council consider this need.

It is clearly ridiculous to have to put bikes in the car in order to arrive at the cycleway at Woy Woy.

Anything other than this means traversing dangerous roads with

no facility for walkers or bikes.

In this time of economic downturn, the saving of petrol usage makes a lot of sense, plus of course the obvious health benefits of using leg and pedal power.

Council, please consider this need.

Libby Stewart,
Pearl Beach

No meant no

Forum

How anybody else in government can allow such an unnecessary thing to happen is completely beyond my understanding.

The enormous amount of money required to go towards another inquiry into whether we should have a Republic or not is obscene at a time like this.

Beryl Robertson,
Woy Woy

At a time like this, with Australia going through a very bad economic time which is likely to get worse, it is very difficult to understand senator Bob Brown putting forward a plebiscite for an Australian Republic Bill.

The last plebiscite on the same (1999) was not a minimal "no", but a resounding "no".

I, along with many others, understood that the outcome of the 1999 plebiscite would be final.

Buck-passing leads to tragedy

The dredging of the Brisbane Water channel sounds like a classic case of governmental buck-passing.

This is an all too familiar story of "it's not our responsibility" which led to the tragic and avoidable deaths of the family on the old Pacific Highway at Somersby in June 2007.

How many people need to drown and services be cut on account of the buck-passing between state and local governments, not to mention the cost involved in the ongoing inquires and coroners reports.

Gosford Council was proved negligent in the Somersby deaths.

How much more blood do you

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 532,
Woy Woy 2256 or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

want on your hands?

Mayor Holstein, why not pay the \$250,000 and sleep a little more comfortably?

Antonia Nagy,
Killcare

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Health



New facility ready by June

Upgrade of the former Woy Woy Meals on Wheels facility is expected to be completed in May, according to Gosford mayor Cr Chris Holstein.

The \$1.6 million refurbishment of the building will cater for dementia day care, frail aged day care, food services, case management and other support services for older people.

Capital works include minor

demolition, structural modifications and refurbishment of the Gosford Peninsula Day Care facility.

Cr Holstein said he was pleased work was expected to be completed ahead of schedule.

"During consultation with local service providers, a need was highlighted for the provision of dementia day care, particularly for people living on the Woy Woy Peninsula," Cr Holstein said.

"According to the Alzheimer's

Association, the average rate of moderate to severe dementia in Australia is one in 15 over 65 years, one in nine for people aged between 80 to 84 and one in four for people aged over 85.

"As the concentration of older people in the Woy Woy Peninsula is higher than anywhere else in the state, it's easy to see why the upgrade of this facility is necessary.

"With the Federal Government and the NSW Department of Ageing and Home Care funding, the project and council providing the land, the partnership will create a top-class facility that will be of great benefit to our community, now and into the future."

Council's age and disability team leader Ms Robyn Howes said the new facility would allow its visitors to feel more valued in the community and create a nice and relaxing atmosphere to participate in.

"The facility will provide local people in need of aged care support services and the good news is they won't have to travel far to take advantage of this.

"We are very fortunate to have received the funding to see the former meals on wheels building put to good use."

Press release, 9 Feb 2009
Chris Holstein, Gosford Council
Clare Graham, 12 Feb 2009
Interviewee: Robyn Howes, Gosford Council

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Fourth meeting on rehabilitation ward

More than 40 Peninsula residents have attended a fourth community meeting in an attempt to have rehabilitation beds returned to Woy Woy Hospital.

The meeting was held at St Luke's Anglican Church in Woy Woy on February 2.

Meeting coordinator Mr Ed James of Umina said he was glad to see support continued in the fight to save Woy Woy Hospital.

He said community members were frustrated that government representatives had not given adequate reasons for the closure of the hospital's rehabilitation unit.

"Residents are part of a ground swell of opposition to the transfer of the 30-bed rehabilitation ward away from a needy community of elderly people," Mr James said.

"Many are returned service personnel."

He said they all should be able to expect "this important amenity to be close by".

He said many older people had moved to the Peninsula with a reasonable expectation that the rehabilitation unit would continue to operate at Woy Woy Hospital.

"Closing a 30-bed ward and replacing it with a so-called free bus, which makes one round trip to Kanwal 50 kilometres away each day, does not make sense for an elderly population.

"Wyong Hospital is not at Wyong.

"It is actually located a \$20 taxi ride away from Wyong train station.

"This move, said to be based on the Garling report and its assessment by senior NSW Health people, is a smack in the face to elderly people.

"What NSW Health and Health Minister John Della Bosca have done is ignore the importance of family and friends in the process of rehabilitation completely... just as they have ignored the dining room at Woy Woy Hospital where patients and visiting family could socialise over communal meals.

"Those patients are now jammed into Wyong Hospital at Kanwal and made to eat in their rooms and beds."

Email, 6 Feb 2009
Edward James, Umina Beach

Fund-raising for fires and respite camp

Local charity Rainbow Love will be holding its first fundraising event of the year in support of the Victorian bushfire disaster and Camp Breakaway.

A garage sale and market day will be held at the charity's temporary headquarters in Umina on Saturday, February 21.

Rainbow Love president Ms Susie O'Donnell encouraged all local residents to get involved for this special event.

"In response to the current fire catastrophe in Victoria the committee is donating 50 per cent of funds raised to go to the Red Cross," Ms O'Donnell said.

"The other 50 per cent will go towards the Camp Breakaway Wishlist.

"This camp offers respite for children with high care needs and their families while the wishlist will enhance the lives of people with a disability while attending the

camp.

"This applies to any funds donated between now and the end of February 21.

"We are also inviting local artists, craftspeople, readers, masseuses, musicians or anyone who would like to help Rainbow Love and the Red Cross appeal for fire victims.

"People are also welcome to hold a stall with 20 per cent commission going to the cause.

"It's as simple as giving up an hour of your time to help.

"If you can't join us on the day

then donations can be made via direct deposit to Rainbow Love, BSB number 012-881 and account number 4866-86494.

"All donations will be gratefully accepted and a receipt will be given upon request.

"We are also looking for sponsors who can help out."

The market day will be held at 26 Bena Rd, Umina, from 10am to 3pm.

Press release, 11 Feb 2009
Susie O'Donnell, Rainbow Love

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Chiropractic Plus

Real clinical cases and your questions answered each month
by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre

3 Questions

Q1 - What is Dr Pete and Dr Simon up to now???

We are heading north with many chiro's to revisit our commitment to families by attending a series of lectures over 4 days entitled 'Healthy Children Through Chiropractic Care' by Dr Claudia Enrig, an authority and specialist in chiropractic paediatrics.

So we will return with renewed enthusiasm ready to continue in the assisting of raising healthy and happy families.

Q2 - What are the common reasons that parents take their children to see their chiropractor?



The top 10 are as follows (from my clinical experience over 30yrs and Dr Jennifer Barnham-Floreani, *Well Adjusted Babies Vitality Productions 2005*)

- Post birth checkup - ensuring a healthy spine and nervous system
- To assist with birth related conditions
- To help with colic
- To assist restless sleepers
- To alleviate bed wetting and digestive disorders
- To strengthen the immunity and decrease the incidence of general illness
- To understand and help with behavioural disorders and emotional wellbeing
- To guide with the developing posture and deal with injury
- To help with breathing disorders including asthma
- To enhance the overall wellbeing and potential of your child.

Q3 - Can we assist?

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Peninsula Food Guide

Council works

Gosford Council will continue works in three locations around the Peninsula from February 16 to 22.

The construction of Killcare Surf Club continues.

In Pearl Beach, the final stages of the Pearl Ave playground will be completed.

Slip repair work will also continue on Nagari Rd, Woy Woy.

Press release, 11 Feb 2009
Shannon Curtis, Gosford Council

Business roadshow makes a visit

The Central Coast Business Enterprise Centre roadshow will be coming to the Peninsula on February 24 and 25.

The roadshow will provide Peninsula businesses the opportunity to receive free business facilitations and advice across two

days.

The program will also provide business owners with business health checks and presentations on marketing, sales and accounting.

Two workshops will also be available for locals to attend which will focus on financial management in the current economic climate and

marketing in challenging times.

Workshops will be held between 5pm and 8pm both days for \$55 each person.

The road show will begin from 10am to 4pm both days at the Everglades Country Club, Woy Woy.

Business facilitator Ms Lynne Harris said the road show and workshops were a great opportunity for local businesses to receive advice and facilitation.

“Central Coast Business Enterprise Centre, a division of Central Coast Business Mentor Services, is a not-for-profit organisation providing a range of valuable, free and fee based services to the business community,” Ms Harris said.

“The services provided by Central Coast Business Enterprise Centre are partially funded by the Australian Commonwealth Government, NSW State Government and Wyong Shire and Gosford City councils.

“The objective is to promote business development through information resources, training, networking opportunities with free breakfast seminars and consulting services.”

For further details, call the centre on 4355 4885 or visit its website at www.centralcoastsmallbiz.com.au.

Press release, 12 Feb 2009
Lynne Harris, Central Coast Business Enterprise Centre

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Child support staff visit

Staff from the Child Support Agency provided information on child support at the Ettalong Centrelink office on February 10.

Private appointments were offered to "give parents the opportunity to discuss any issues or concerns about child support face-to-face with a customer service officer".

"The impact of separation can be overwhelming, and parents will have many concerns as everyone in the family adjusts to their new circumstances, but with the goodwill and cooperation of both parents many families manage the challenges very well," said the agency's state manager Ms Mina Podbereski.

"It's important for parents to get access to the support services they need and understand all their options when it comes to child support.

Ms Podbereski said if parents were unable to attend the information appointment service they could find detailed information about child support, their rights and responsibilities and support services available for separated families at www.csa.gov.au

"The Child Support Agency Gosford Regional Service Centre will be visiting Ettalong often, so if customers missed the latest visit, they are welcome to call and make an appointment for the next visit," Ms Podbereski said.

"Customers can also make an appointment at the Gosford Regional Service Centre at 9 Watt St, Gosford.

For more information on the personal appointment sessions parents phone 131 272 and ask for the Gosford Regional Service Centre.

Press release, 5 Feb 2009
Child Support Agency

Call to fit marine radios

The Royal Volunteer Coastal Patrol is encouraging boat owners to ensure their vessels are fitted with a marine radio following an incident near Patonga on February 11.

The Central Coast Division of Coastal Patrol received a phone call seeking help from a 5.5 metre vessel that was disabled in waters off Patonga.

Publicity officer Mr Ron Cole said the caller had received a phone call from the skipper of the disabled vessel who had phoned home for help.

"The duty operator was given a mobile phone number to enable direct contact with the boat's Skipper," Mr Cole said.

"It was determined that the outboard motor had lost its propeller and the boat was drifting.

"The seas were quite sloppy in the 20-knot southerly wind.

"The skipper was advised to lay an anchor and keep a lookout for Central Coast Lifeboat that would immediately be sent to assist.

"When the lifeboat skippered by Peter Ashworth arrived, the three men on board expressed relief.

"They had no marine radio fitted in their vessel and mobile phone reception was intermittent in the area.

"At their request, they were towed to safety at Dark Corner at

Patonga.

"The Coastal Patrol strongly recommends that all vessels be fitted with a marine radio to enable contact with a marine radio base or other nearby vessels in an emergency.

"A mobile phone should be considered only as a back-up system, particularly if you have not recorded the phone number of the emergency service required."

Press release, 12 Feb 2009
Ron Cole, Royal Volunteer Coastal Patrol



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Sarah Doornbas wins the fight against a large clump of asparagus fern at Lobster Beach

Weeding at Lobster Beach

Volunteers from the state environment program CoastKeepers undertook bush regeneration work at Bouddi National Park near Lobster Beach on February 7.

Program coordinator Mr Dave Roe said 10 volunteers braved high temperatures on the day to pull out weeds that were affecting local vegetation.

"Bouddi National Park protects coastal heaths, moors and beaches once typical of the greater Sydney region," Mr Roe said.

"However, the Spotted Gum forest of Lobster Beach is being invaded by weeds.

"The main culprit at the site is asparagus fern, a backyard escapee that grows rampantly in the wild.

"Weeds, which are simply plants growing in the wrong place, are causing major problems in Australia.

"They are the second biggest threat to Australian biodiversity after land-clearing and account for 15 per cent of the entire flora coverage across the country.

"Weeds change the conditions

needed for Australia's unique plants to thrive and fail to provide food or shelter to native animals."

Mr Roe said there were lots of ways for local residents to help reduce the impact of weeds on our native vegetation.

"They can stem the problem at its source by planting only native plants in their gardens.

"They can also take care in the disposal of clippings from their gardens to stop non-native seeds gaining access to our natural areas."

Further bush regeneration project days will be held at Lobster Beach on the first and third Saturdays in March and April.

"Volunteers to this site will play a significant role in restoring and enhancing the biodiversity of the Bouddi Peninsula," Mr Roe said.

"No experience is required and tools and training will be provided on the day."

Those wanting to get involved can contact Dave Roe at CoastKeepers on daver@marine.org.au or 9299 0000.

**Press release, 12 Feb 2009
Dave Roe, National Parks Association of NSW**

Village builds new dementia unit

Construction of the new dementia unit at Peninsula Village in Umina has commenced, according to CEO Ms Terri Parker.

Ms Parker said the 12 extra dementia-specific units were expected to be completed by April.

"This will mean that the total number of dementia specific places will be 27," Ms Parker said.

"Peninsula Village has always catered for this special needs group as it was the first retirement village to establish a dementia unit

some 20 years ago.

"The ongoing philosophy of the village has always and continues to be about caring for the community.

"We are proud of our reputation and during the 25-year history of the village, have supported and cared for thousands of residents of the Peninsula.

Peninsula Village not only cares for the 450 residents that reside at the village but also employs 300 staff.

"This is a wonderful commitment to local people particularly in these tough times where most places are

downsizing, we are still employing.

"Peninsula Village thanks the local community for their ongoing support.

"Anyone wishing to make a donation to the village can do so by cheque and posted to PO Box 333, Woy Woy, NSW 2256.

"All donations over \$2 are tax deductible.

"Every little bit that you do for the village contributes to the care of the aged."

**Press release, 12 Feb 2009
Terri Parker, Peninsula Village**



A screen shot of the new Pearl Beach Community Commerce website

New website for Pearl Beach

Stall for guide dogs

The Central Coast Guide Dogs Volunteer Group will hold a stall in Deepwater Plaza shopping centre on Wednesday, March 4.

Publicity officer Ms Lynne Lillico said the stall would be selling Guide Dogs' merchandise, raffle tickets and give the public the opportunity to make cash donations.

Ms Lillico said the group's stall would be at the Woy Woy shopping centre from 9.30am to 3pm.

"Mother's Day raffle tickets will also be on sale for \$1 per ticket."

Ms Lillico said the group will hold stalls at various times in other shopping centres across the Central Coast up until International Guide Dogs Day on April 29.

The group had its best fundraising results to date in 2008, Ms Lillico said.

**Press release, 4 Feb 2009
Lynne Lillico, Central Coast Guide Dogs**

Pearl Beach resident Mr Ian Butler has designed a new website for businesses serving the local community.

The Pearl Beach Community Commerce website was launched on January 31.

"Following the disbandment of the Pearl Beach-Patonga Chamber of Commerce and the associated website, a need existed for residents to source local business and services in the community.

"The former chamber website no longer provided this service since it was taken off-line.

"I have created a new website

for businesses owned and operated by Pearl Beach residents, property owners, local commercial enterprises and other operators and vendors from the local areas servicing the Pearl Beach community.

"The new website gives local businesses exposure and lets the community know they exist."

The Pearl Beach Community Commerce website can be found at www.commerce.pearl-beach.com

**Clare Graham, 12 Feb 2009
Interviewee: Ian Butler, Pearl Beach**

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Car boot sale

The Woy Woy Peninsula Lions Club will hold its next monthly car boot sale and mini market on Sunday, February 22, between 8am and 1pm.

The profits from the club's boot sales go to support local community groups.

The sale will be held at Rogers Park on the Cnr Ocean Beach Rd

and Erina St, Woy Woy.

Stall holders will be charged \$10 per stall.

The Lions Club will also be selling drinks, plants, barbeque lunch, tea and coffee.

For more information, call 4341 4151.

Press release, 16 Jul 2008
Elmo Caust, Woy Woy Peninsula Lions Club



Council places trainee childcare assistants

Two trainee childcare assistants have benefited from a Gosford Council program as part of their one-year placement at Umina Day Care Centre.

Ms Emma Boyd and Ms Kaitlin Nucifora are two of eight trainee child care assistants working at Gosford Council day care centres.

Council recently supported a resolution to establish these positions to maintain the learning and development of individuals within the community.

Mayor Cr Chris Holstein said the eight trainees who have started with council will be studying through the flexible delivery mode with the TAFE Central Coast Campus.

"Our trainee childcare assistants

will be studying the Certificate III in Children's Services, while gaining hands-on skills at childcare centres around the Gosford Local Government Area," Cr Holstein said.

"A combination of practical experience and formal training in a relevant course will add to the personal and professional development of these staff and the greater community."

Cr Holstein said the new trainee childcare assistants would attend TAFE on the Central Coast and would have a TAFE teacher visit their childcare centre once a fortnight.

Press release, 4 Feb 2009
Gosford Council

Schools receive upgrades

Peninsula schools will receive infrastructure upgrades as part of the State Government's Principals Priority Building Program.

Member for Gosford Ms Marie Andrews announced Woy Woy Public School would receive roof

upgrades while Brisbane Water Secondary College Woy Woy Campus and Woy Woy South Public School would receive sewer and stormwater system upgrades.

"This is good news for these school communities - new stormwater systems and roofs will

improve the learning environments for students," Ms Andrews said.

"It will also be a boost for the local economy, with local tradespeople employed to carry out the work.

Press release, 9 Feb 2009
Marie Andrews, Member for Gosford

New liaison officer

Ettalong Public School has welcomed a new community liaison officer to the school at the beginning of term one.

"Kyla Griffiths commenced work this week, meeting new families at the kindergarten enrolments yesterday," principal Mr Colin

Wallis said.

"Kyla has also organised a number of other community involvement activities for the next month, including the parent-teacher information meetings and the volunteers and meet the principal morning tea for February 25.

"Both these activities will help inform parents about the school and the specific learning programs for their children as well as let parents know how they can assist in their children's education."

Newsletter, 3 Feb 2009
Ettalong Public School

New teachers

Woy Woy South Public School has welcomed several new staff members at the beginning of the school year.

Class teachers Ms Marejke Saunders and Ms Lisa Oliver, and general assistant Mr Lyndsey Chalker all started with the school.

Ms Kim Whealyey will continue as relieving principal and Mr Steve Collins as relieving deputy

principal.

Newsletter, 3 Feb 2009
Woy Woy South Public School



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- Qualified teachers
- MATHS
- ENGLISH
- READING
- SPELLING

Student of the month
• Melissa •

David Hosford UMINA 4344 5042

Author speaks at book store

Local author Ms Colette Livermore will speak about her new book Hope Endures at Book Bazaar in Umina on Saturday, March 7.

Store owner Ms Mandi McIntosh said the book, published by Random House, recounts an "enormously compassionate and honest" story.

"Hope Endures recounts the horrors Colette saw and tried to remedy in her work with the sisters of Mother Teresa's Missionaries of Charity in some of the poorest places in the East," Ms McIntosh said.

"Ultimately, though, she cannot bear the rigid, often psychologically abusive, administrative culture

of the order – and its insistence on unquestioning obedience that harms the young sisters mentally, emotionally, and spiritually while limiting the good they can do.

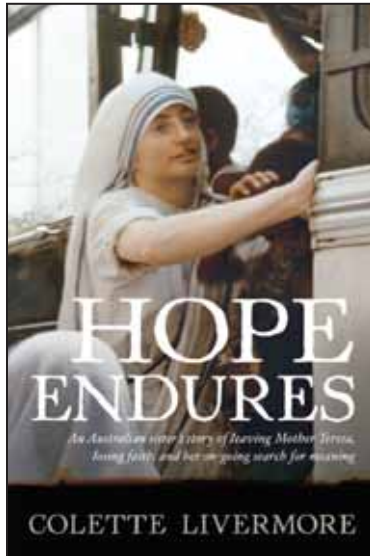
"This is a wonderful opportunity to hear an inspiring story of an incredible woman.

"Hope Endures is a critique that asks readers to question blind faith and obedience and discover their own true path to practising goodness in life."

The event will start from 10.30am at a cost of \$10 per person.

For bookings or further information, contact enquiries@bookbazaar.biz or 4342 2482.

Press release, 12 Feb 2009
Mandi McIntosh, Book Bazaar



Appointed as acting principal

Former Umina Public School teacher Ms Sonja Thorvaldson (Stein) appeared in the Cooma-Monaro Express community newspaper for her recent appointment to acting principal of Jerangle Public School.

The small school of seven students is located 65 kms north-east of Cooma near the Snowy Mountains of NSW.

According to the newspaper report, Ms Thorvaldson moved from the Central Coast to teach at

Cooma Public School and Cooma North Public School before starting at Jerangle.

Ms Thorvaldson told the Cooma-Monaro Express she was looking forward to the many challenges and rewards associated with a small school.

She also said she would initiate a school vegetable garden and compost heap encouraging sustainable living and healthy eating.

Publication, 5 Feb 2009
Cooma-Monaro Express

Artists confirmed for Cultural Laboratory

Peninsula Theatre will host Gosford Council's first regular display for the year of local artistic talent, known as The Cultural Laboratory, on Friday, February 27.

Cultural resources officer Ms Darlene Cole said three feature artists had been confirmed to appear at the arts performance.

The artists will be from Musicians Making a Difference, filmmaker Nick McDougall and theatre figure Rebecca Garcia.

Ms Cole said: "Founder and director of Musicians Making a Difference Dominic Brook will join us with some of the young people they work with for what promises to be one of the most dynamic and inspiring presentations at the Lab yet.

"The organisation's purpose is

to improve the lives of all young people, particularly disadvantaged and marginalised youth, through the power of music, the creative arts and unconditional positive regard.

"Over 10 years, Musicians Making a Difference (MMAD) has developed programs with an aim to inspire, develop and empower young people.

"Its programs can break the cycle of negativity and help young people to reach their full potential.

"Involvement from well known and up-and-coming Australian musicians, supporters, and the dedication of MMAD's talented and passionate team of youth workers, counsellors and professional facilitators, has allowed it to provide hope, resources and avenues for positive change in some of the most isolated and troubled, but

beautiful, parts of Australia.

"Filmmaker Nick McDougall, a recent graduate of the Australian Film, Television and Radio School, has had his talents scooped up already in the international arena.

"We are looking forward to seeing some of his work at the Lab for the first time and enjoying the experience of his own guided tour through the film-making process.

"Finally, Rebecca Garcia, a contemporary key figure on the Central Coast in theatre, will be coming along to share her thoughts and experiences.

"Rebecca and her husband Chip are making waves with their youth theatre projects.

"With a goal to create a theatre program that gives every young kid a go, their commitment and dedication to the future and culture of the Central Coast will inspire all!

"The three other spots are still being confirmed but will continue to showcase the diversity of the arts at a high level on the Central Coast."

The evening will commence from 7.30pm with tickets available from \$7 by calling 4323 3233.

"The Cultural Laboratory gives people the chance to sample local artist and performers' work, hear their stories and discuss their ideas in a relaxed environment," Ms Cole said.

Press release, 12 Feb 2009
Darlene Cole, Gosford Council

School program for internet safety

Umina and Pretty Beach public schools have begun participating in a Federal Government internet safety program.

Cybersmart Detective is an on-line game produced by the Australian Communications and Media Authority which helps children understand their part in following practical advice on safe internet use at school, in the library or at home.

It supports existing cyber-safety teaching by having teams

of children solving problems on-line in real time, supported by on-line staff from the Australian Communications and Media Authority.

Each child plays a central role in the activity, uncovering clues and making suggestions about how a fictional student at their school should deal with online deception and cyberbullying.

Year 6 students from both schools launched the program on February 10.

Press release, 9 Feb 2009
NSW Department of Education

Listeners wanted

Ettalong Public School is looking for volunteers to join its Read Every Day reading program.

"If you are a great listener, encourager and enjoy helping children to progress in their reading, then this job is for you," program coordinator Ms Merran Hansford said.

"Volunteers would need to give up one-and-a-half hours of their time each week to listen to children read.


"The program runs from approximately 9am to 10.30am.

"If you are interested please contact the front office on 4341 3550."

Newsletter, 10 Feb 2009
Ettalong Public School

PENINSULA YOGA CENTRE

MOVE



BREATHE
FOCUS

Introducing a new general class

Monday 9.30am - Suitable for all levels

Yoga QiGong Pilates

4/94 Blackwall Rd Woy Woy 2256

Ph: 4342 5000 Mob: 0427 442 230

www.peninsulayogacentre.com.au

For the latest news on what's happening on the Peninsula see...

www.PeninsulaNews.asn.au

● News ● Education ● Sport ● Arts ● Health ● Forum ● Peninsula Diary ● Web directory ●

The Peninsula newspaper's website, a comprehensive collection of editions published to date

Exhibition gives voice to bullying victims

An exhibition will be held at Peninsula Theatre in March to give a voice to the victims of bullying.

The initiative of Umina Beach student Bradley Death, the Regional Youth Support Services has launched an awareness program entitled Throwing Stones to provide support for victims of bullying.

With the help of a Gosford Council grant, the 16-year-old Brisbane Water Secondary College student devised the three-stage awareness program which will involve the establishment of a steering committee, the exhibition and theatre production.

Bradley said he was a victim of bullying at school and following his experiences was determined to make a difference to the growing problem.

"I was bullied through my primary school years and, leading into high school, I moved from a private school, where most of my bullying occurred, into a public school where one tragic event happened," he said.

"I was attacked out of the blue by a student from the same school whom I didn't even know and turning back after these events at school I still feel threatened.

"I was inspired to start this project because of my previous experiences with bullying, and also seeing other people my own age dealing with the effects of depression and other mental illness.

"I wanted to help get their voices out and that is what I am here to do."

Bradley said he greatly appreciates the opportunity Gosford council and Regional Youth Support Services has given him.

"I applied for this grant at the age of 15, and after many meetings

with council's cultural development coordinator Elio Gatti he said council was going to accept the grant on the terms that my idea was unique and was giving young people the voice," Mr Death said.

"We are encouraging people from in and around the Peninsula to get involved in the program in whatever way they feel comfortable.

"This can be in the form of artwork, music, stories, poetry or any other medium used to convey the effect of bullying."

Peninsula Theatre will host the Throwing Stones exhibition and open forum from March 12 to 14.

Regional Youth Support Services community liaison coordinator Ms Virginia Walshaw said Bradley's vision to create a voice for bullying victims was inspiring and innovative.

"We are very excited to be involved in the Throwing Stones program which Bradley helped create," Ms Walshaw said.

"Bullying is such an important community issue that needs to be looked at as not just a school-yard phase.

"It can result into problems later in life such as depression and anxiety.

"For me, one of the most shocking things to come from the project is the overwhelming number of adults phoning us for support.

"Through the program we hope to give a voice to victims of bullying and emphasise the growing problem."

For more information or to make a contribution to the upcoming exhibition contact Virginia Walshaw on 4323 2374 or via email at artstart@ryss.com.au

Press release, 31 Jan 2009

Bradley Death, Throwing Stones
Clare Graham, 28 Jan 2009

Interviewee: Virginia Walshaw,
Regional Youth Support Services



Cheque presented to autism school

Pearl Beach Youth Theatre presented a \$2000 cheque to the Central Coast School for Children with Autism on February 5.

The money was raised from the theatre group's first production Little Gypsy Gaye at Pearl Beach Memorial Hall last month.

More than 100 local residents and visitors attended the sell-out

production across three days.

The production's musical director Ms Diane Orton presented the cheque to school principal Ms Janet Millhouse at a special presentation with school parents and friends.

Ms Millhouse thanked Ms Orton and said she and the school's parents were amazed at the amount of money raised, and

overwhelmed by the generosity of the Pearl Beach community, in particular the youth theatre group in choosing their school.

The Central Coast School for Children with Autism is located in Terrigal and helps in the education and development of children living with autism.

Press release, 11 Feb 2009
Lynne Lillico, Pearl Beach
Progress Association

Fund-raiser helps kite surfer

Tickets for a fundraising evening, to help a Woy Woy resident seriously injured in a kite surfing accident in December last year, are now on sale.

The Dig Hard for Chard benefit night will be held at the Woy Woy Sporties club on Saturday, February 28, from 6pm.

Tickets are available for \$20 per adult and a gold coin donation for children.

Mr Richard Johnston lost control of his kite while surfing at Ettalong Beach on December 7.

The 48-year-old sustained fractures to his face, ribs and pelvis as a result of the incident and is expected to be out of work for several months.

Event organiser Mr Bob Jackson said Mr Johnston was self-employed with a partner and six kids to support.

"It will be great to see the local community get behind this special cause and try and help ease the

financial pressure for Richard and his family.

"Not only will the Dig Hard for Chard benefit gig be a fun night out for the family, it will be great to show Richard and his family how much we care.

"As far as organisation of the evening goes, we have had a great response so far from the community.

"We have lined up four local acts to perform including Phil Edgeley, Mickey G, Null & Void and Del Rio Drive.

"A number of exciting sports memorabilia and raffles will be sold off also."

Mr Jackson said items to be auctioned off on the night included

a framed and signed Central Coast Mariners jersey, a framed Wallaby World Cup jersey, a signed cricket bat from Steve and Mark Waugh, a signed cricket bat from Matthew Hayden and signed surfing memorabilia from Tom Carroll.

"We are now looking to sell tickets for the benefit gig to prove the night a success," Mr Jackson said.

"Anyone who would like to attend should contact Beth Gould on 0404 284 375.

"We encourage all Peninsula residents to come along and support the Johnston family."

Email, 7 Feb 2009

Bob Jackson, Pluggedin Music

Drumming course starts

Woy Woy drumming group Drumbala will begin its first adult beginners' course for the year on Monday, February 23.

The course will take place at the Peninsula Leisure Centre from 1pm to 2pm.

Group manager Mr Warren Loades said the new course was a great opportunity for people to get involved in a unique and fun activity.

"Come along and have some fun being uplifted while awakening and expanding your inner rhythm," Mr Loades said.

"Learn to play many great upbeat rhythms, meet new friends and have some laughs along the way.

"The fun and drum will be supplied."

For more information and bookings, contact Warren and Katy Loades on 4342 1112 or 0423 548 540.

Press release, 11 Feb 2009

Warren Loades, Drumbala

DRUMBALA
HAVE FUN WITH A DRUM
Adult Beginners Course
DAYTIME
Commences Mon. 23rd February 1pm - 2pm
Peninsula Leisure Centre, Woy Woy,
Come along and have some fun being
uplifted while awakening and expanding
your inner rhythm. Learn
to play many great upbeat rhythms,
meet new friends and have some laughs
along the way. (Fun & Drum Supplied)
TO BOOK: Katy & Warren 4342 1112 or
0423 548 540 www.drumbala.com

SAHARA STARS
SCHOOL OF BELLYDANCE
Entertainment at Private Functions,
Girls' Birthday Parties, Hens' Nights,
Classes held at West Gosford studio
Enquiries: Kim 0402 484 271

Learn to Belly Dance
with Behind The Veil

Awaken your feminine spirit and release stress with this beautiful, ancient dance. At Behind The Veil, classes are taught in a fun, relaxed and supportive environment. Try it and discover the magic for yourself.

Behind The Veil dancers are available to entertain and liven up your next function. Our dancers are well known on the Central Coast for their exciting and dynamic performances and are often performing with the fabulous Drumbala drumming group.

For all enquiries and registrations, contact Sarina on 0403 879 772 or email kellybellydancer@hotmail.com

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

PBPCC, Pearl Beach-Patonga Chamber Of Commerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf. **Playtime** Mon-Fri 9am, Little Gym **PCYC**

Better Hearing Class Mon-Fri 1.45pm, **ESCC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, **UCH**.

The Peninsula Environment Group (PEG), 6.30pm, **WVEC**

Second Tuesday of every month

True Blue Meeting, 1.30pm; **Toastmasters**, 7pm, **EBWMC** **Get Together** afternoon tea, **ESCC**

Pearl Beach Craft group, 1.30pm, **PBPH**

Stroke recovery group, 11.30am,

MOW.

Diabetes Support Group, 10am, **ECC**

CC Animal Welfare League Woy Woy-based group monthly meetings from 11am at CC Leagues Club, enq 4344 6650.

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playground, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, **UCH**

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, **MOW**

ACF meeting, 7.30pm, **WVEC**

Fourth Tuesday of every month

Toastmasters, 7.15pm, **EBWMC** **Combined Pensioners** assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday

Living with Teens course 10am runs until 26th August **PWHC**,

Woy Woy Blood Bank @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silk craft 10am

Mums & bubs playgroup 1pm **Pastel classes for kids** 4pm **RBG**

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034

Free Tax Help by appt; **School for Seniors Have a Chat**, 10am;

U3ADiscussion Groups, 11am; **Cards**, 1pm-3pm; **Over 55s Learn to Play Bridge**, 1pm; **Stroke Recovery**, 2pm; **Playgroup**, 9am;

Occasional Care, 9am-3pm; **The Web**, From 2pm;

Dance & Theatre School, 3.45pm; **Brophy Circus Academy**, beginners 5pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Pre/Post Natal Yoga**, 9.30am;

Motivation & Empowerment classes, **PCC**,

Rotary Club of Woy Woy, 6pm, **ECC**

Handicraft, 9am; **Latin Dancing**, 9.15am; **Cards**, 12.30pm **ESCC**

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, **WH**

Folk Art, 9.30am; **Silk Dyeing**, 1pm, **EBACC**

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10:30am only, enq: 4368 2847, **CWA**

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH**

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, **EPH**

Tai Chi, 9:30 am, enq: 4360 2705, **WH**

Supported Playgroup for first time and single parents, 12.30pm-2pm, enq: 4340 1111, **BFC**

WEDNESDAY

First Wednesday of

every month

CWA social day, 10am, handicrafts, 1pm, enq: 4344 5192

CWA Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

Coffee Morning, social get-together, 10am, **PWHC**

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, **ECC**

Fourth Wednesday of every month

Everglades Probus Club, 10am, **ECC**, enq: 4341 0664

Drumballa Drum Circle 7.30 **RBG**

Every Wednesday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

Woy Woy Women & Children's domestic violence group runs until 24th September **PWHC**,

St John's Ambulance, 7pm, **-St John's Ambulance**; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 **MOW**

Craft for love & Garden club 10am **RBG**

Free Tax Help by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12;

Multicraft Needlework, 10am-12; **Playgroup**, 10am - 12;

Bridge Club, 9.30am & 7.30pm, **The Web**, 2pm;

Physical Culture Club, 4pm; **Coast Care Counselling**; **Judo**, 5pm; **Weight Watchers**, 6pm;

Belly Dancing, 7.30pm; **Dance & Theatre School**, 3.30pm; **Motivation & Empowerment** classes, **PCC**

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina.

Brisbane Waters Scrabble Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, **EPH**

Oils & Acrylics, 9am; **Pastels & Drawing**, 11.30am, **EBACC**

Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.30pm & 7pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, **CWA**

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, enq: 4369 2275 **ECC**

Dance Club, 1pm, **EBWMC**

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

Leatherwork, 9am; **Table Tennis**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm; **Group Fitness**, 1pm;

Yoga, 2.30pm **ESCC**

THURSDAY

First Thursday of every month

Brisbane Water Senior Citizens, 1pm, **EBWMC**

Second Thursday of every month

Women's Health Clinic, enq:

4320 3741, PWHC

Australiana Bus Trips, PCC

Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; **EBWMC**

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am **BFC**

Umina Peninsula Mixed Probus Club, 10am, new members welcome, enq: 4343 1039 **ECC**

Women's Health Clinic, enq: 4320 3741, **Craft and creativity group** - women in stiches 1pm **PWHC**

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

Creative Writing, enq: 4369 1187, **CWA**

Occasional Care, 9am; **Yoga**, 10am; **School for Seniors**,

Australiana, 10.30am; **Tai Chi**, 11.30am & 7.30pm; **Bridge**, 12pm; **The Web**, 2pm; **Brophy Circus Academy**, 4pm; **Yoga**, 10am; **Belly Dancing**, 7.30pm;

Coast Care Counselling, Dance & Theatre School, 3.30pm; **Motivation & Empowerment** Classes, **PCC**

Free entertainment, 6.30 pm; **Senior Snooker**, 8.30am;

Ballroom Dancing, 10am; **Trivia**, 7pm; **Indoor Bowls, Fishing Club Raffle**, 5.15pm, **EMBC**

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

Scrabble, 12.30pm, **WWPH**

Children's art classes, 4.30pm, **EBACC**

Card Club, 1pm; **Chess Club**, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm;

Cards noon, **ESCC**

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

Adult tap dancing, 10am, enq: 4342 3925, **EPH**

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am; **Cards**, 12pm; **Tai Chi**, 1pm; **Table Tennis**, 1pm, **ESCC**

Pilates, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH**

FRIDAY

First Friday of every month

Legacy Ladies, 9am, **EBWMC**

Second Friday of every month

Book Bazaar, book Club, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, **EBWMC**

Third Friday of every month **Legacy Ladies**, 9am, enq: 4343 3492, **EBWMC**

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, **WH**

Civilian widows, 1pm, **ESCC**

School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664, **UCH**

Lollipop Music Playgroup (0-4 years), enq: 4343 1929, **BFC**

Old Wags Bridge Club, (except 4th Fri) 1:30pm, enq: 4360 1820, **WH**

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, **EPH**

Watercolour Painting, 10am, **EBACC**

Painting, 9am; **Line Dancing**, 9am; **Bridge**, 12.15pm; **Scrabble**, 12.45pm **ESCC**

Gym Sessions, 8am; **Gym Circuit**, 9am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), **Primary Kids Club**, 4.30pm, enq: 4343 1237

Alcoholics Anonymous, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, indoor bowls, canasta, scrabble, morning tea 10am, enq: 4363 1968

Occasional Care, 9am; **Kindy Gym**, 0-3s, 9.15am, 3-5s, 10.20am; **Weight Watchers**, 9.30am; **Smart Recovery**, 10am; **Samaritans Support Group**, 10.30am; **Bridge Club**, 12pm;

The Web, 2pm; **Brophy Circus Academy**, 5pm; **Kempo Karate**, 5.30pm; **Judo**, 7.15pm; **Dance & Theatre School** 4pm **U3A Courses**, **PCC**

Women's walking group, 9am-11am, **PWHC**

Fishing Club, **EBWM**

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, **WH**

Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

SATURDAY

First Saturday of every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, **EBWMC**

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq:0412 252 709

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am

Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, **WWLC**

Scrapbooking, 12pm, enq: 4342 3712, **PCC**

What's On in and around the Peninsula

Third Saturday of every month

Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301
Peninsula Residents Association (PRA), 3PM WVEC

Market Day, 9am, Sydney 2000 Park, UCH

Fourth Saturday of every month
Troubadour Acoustic Music

Club, 7pm, enq: 4341 406, CWA

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy 8am

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, EBWMC

Children's Pottery, 9am; **Silvercraft Class**, 1pm EBACC

Weight Watchers, 8.30am; **Dance & Theatre School**, 9.30am; **Bridge Club**, 12pm; **Soft Stone Sculpture** (monthly); **The Web** 4.30pm-9.30pm; **School for Seniors** social outings arranged throughout year, PCC

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, EBWMC

Gym Sessions, 9am; **Drama & Discovery**, 9am, PCYC

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, WWLC

Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Woy Woy Environment Centre, 10am, enq: 4342 6589, WVEC

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, ESCC

SUNDAY

First Sunday of every month

Umina Boardriders meet at Umina Beach at 7am. All ages, male and female. All experiences welcome

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; **Vietnam Vets**, 11am, EBWMC

Umina P&C **Bushcare**, 9am, enq: 4341 9301, BWSC

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486

Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong.

EBWM Vietnam Veterans Peacekeepers, Peacemakers meeting, enq: 4344 4760

Fourth Sunday of every month

Old Time/New Vogue Dancing, 1pm-4pm ESCC

Last Sunday of every month

Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm, PCC Coast Community **Church Services**, 9am & 5pm, enq: 4360

1448

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, EBWMC

Endeavour View Club Luncheon, enq: 4342 1722, ECC

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587

Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC

RSL Women's Auxiliary, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, EBWMC

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 1546, WH

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Cronos (over 50's), Friendship group PWHC

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month
War Widows, 1pm, 43410286, EBWMC

Fourth Monday of every month
Toastmasters Speechcraft Classes, 6pm, EBWMC

Labor Party Peninsula Day Branch, 1pm, CWA

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month
WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday
Kidz Drumming, 4-5pm, Rainbow Gate, 207 West St,

Umina Cash Housie, 7:30pm, enq: 4323 3566, EMBC

Walking with other Mums enq: Liz Poole 4320 3741

Early Childhood Clinic and Koori Cuppa for Aboriginal families, (0-5 years) inc. immunisation, 9am-10.30am, enq: 4343 1929; **3Cs-Craft, Coffee & Conversation**, 12.30pm, child care avail, enq: 43 431929, BFC

Yoga, 9.30am, Ph.4360 1854, WH

Mums Meditation 10am, Drumming classes 4pm RBG

Dancing, 9am; **Mahjong**, 12.30pm; **Fitness**, 1pm, ESCC

Gym Sessions, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), PCYC

Carpet Bowls, 9am; **Card Club**, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; **Bingo**, 11am, enq: 4323 3566, EMBC

Arts and Crafts for people with a disability, 11am, enq: 4341 9333

Patchwork & Quilting, 10am;

Pottery, 10am & 1pm, EBACC

Children's Story Time, Woy Woy Library, 10.30am

Occasional Childcare, 9am; **Central Coast Volunteering**, 9am; **Over 55's Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 10am; **Mad Monday** Craft & Cooking, 11am; **Bridge Club**, 12pm;

Hysical Culture Club, 4pm; **Coast Care Counselling**, 3.45pm; **Dance & Theatre School**, 3.45pm; **Judo**, 5pm; **U3A Courses**, PCC

Craft group, 1pm, BFC

Fairhaven Services Cash Housie, 7.30pm, EMBC

Yoga, 9:30am, enq: 4360 2705, WH

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, WH

Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075

Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, WVEC

If you would like your community not-for-profit event listed here, send the details to the Peninsula News Details Page 2

Little Theatre holds auditions

Woy Woy Little Theatre will hold auditions on February 24 and 26, for its upcoming play season.

Publicity officer Ms Patrice Horne said several parts for males and females aged between 18 and 50 years of age were being offered.

"If you think you have what it takes and would like to take part, come along and have a go," Ms Horne said.

"On offer is Stella By Starlight, a full length play written by Bernard Farrell.

"The play explores wry and compassionate look at a couple coming to terms with shattered dreams, the internet and life in the Irish Hills.

"This will be performed from July 31 to August 16.

"Plus, in addition to our usual program, we have added a shorter season of one act plays in the style of shoestring theatre."

Ms Horne said the new addition to the theatre program will give local actors plenty to do this year.

"Mother Figure written by Alan Ayckbourn shows what happens when a mother spends too much time at home with the kids," Ms Horne said.

"A Cluttered Nest, written by local

children's author Joan Dagleish, is a short play that follows a middle aged couple enjoying life as empty nesters', until a late night phone call changes everything.

"Finally, Tom Stoppard's The Real Inspector Hound where a couple of theatre critics find themselves caught up in the action of the 'whodunit' play they are watching.

"All of these plays are comedies, designed to give the people of the Peninsula something to laugh about in these tough economic times."

For general enquiries please contact Barbara Hickey on 4341 2931 or visit the theatre website at www.woywoylt.com.au.

Audition material can also be obtained from the Peninsula Theatre box office from 10am to 2pm, Monday to Friday, during our current season of Key for Two, a hilarious comedy involving a woman who is entertaining two married gentlemen callers on different days of the week.

Key for Two runs from February 6 to 22.

Tickets are available from \$17 by calling the box office on 4344 4737.

Press release, 2 Feb 2009
 Patrice Horne, Woy Woy Little Theatre



Tuesdays

Pool Comp from 6pm
 \$2.00 to play - great prize's

Wednesdays

Free Pool from 6pm

Thursdays

Twilight Bowls from 5pm,
 Members' Badge Draw
 Surf n Turf Raffle from 5.30pm
 followed by Kazza's Karaoke

Fridays

Lingerie Waitress, Poker 8.30pm,
 Umina Bunnies Raffle from 5.30pm

Saturdays

Cash Poker from 8pm
 Fisho's Raffle from 5.30pm



- Courtesy Bus available from 5pm Thursday to Saturday
 - Child Flight Charity Bowls Day - 3rd Sunday each month
- Great day with Entertainment and Raffles**



Eight medals at aths titles

Four Peninsula residents competed in the NSW Country Championships Track and Field Titles on January 24 and 25 and came home with eight medals.

The local team consisted of Woy Woy's Julie Peksis and Umina locals Peter Quick, Jason Tucker and Allison Tucker.

Allison brought home three gold, two silver and a bronze while gaining first place in the women's 30 to 39 age group for the 200 metre shot put and discus, second place in the 100 metre long jump and a bronze in the open women's relay.

Jason gained fourth place in the men's 30 to 39 age group 100

metre, third place in the 200 metre, fourth in the men's 40 to 49 relay.

Peter gained a very impressive second place in the men's 50 to 59 triple jump, while Julie gained fifth place in the women's 40 to 49 400 metres, 800 metres and 1500 metres.

Email, 5 Feb 2009
Jason Tucker, Mingara Athletics Centre

Centre draws 1000

The Peninsula Leisure Centre has hosted a number of local and regional sporting events across the weekend of February 13 to 15, which it claimed attracted almost 1000 people to the centre.

Friday morning saw the centre

host the Umina Public School swimming carnival with more than 300 students in attendance.

The centre also attracted more than 400 people from across the state for the under 14's Waterpolo Championships over the weekend.

The centre's 50 metre Olympic pool was closed to the public due

to the events.

The Central Coast Basketball Coastal Classic Competition was also held at the centre across two days, attracting another 200 people.

Press release, 3 Feb 2009
Gosford Council

Soccer club starts junior academy

The Southern and Ettalong United Football Club is to establish its own "junior football academy".

"To support this exciting initiative the football club has employed its own junior academy coach with the aim of developing structured training programs for all junior players and creating a major emphasis on developing grass roots football," club chairman Mr Jon Fleming said.

"In addition to this, we are currently seeking government funding and sponsorship to provide training equipment to further improve the effectiveness of the academy.

"Given the success of this year's recruitment strategies, the club is very happy with its player numbers.

"So much so that the opportunity to run additional teams in certain age groups has become a real possibility.

"The club is currently seeking

players for additional teams in the under-8's, under-11's, under-14, under-15's, under-17's and Women's All Age competitions."

The club will hold muster days, where players will be allocated to teams and team try-outs will be held, on the February 18 for under-5's to under-11's.

The under-5s, under-6s and under-7s commence at 4pm and under-8s, under-9s, under-10s and under-11s at 5pm at Brisbane Water Secondary College Umina Campus.

The under-12s to under-16s will have a muster day at the same venue on February 25.

The under-12s and under-13s start at 4.30pm, under-14 girls at 5pm and under-14 boys, under-15s and under-16s at 5.30pm.

For details on how to register, visit the club's website at www.southernettalongfc.com.

Press release, 13 Feb 2009
Jon Fleming, Southern and Ettalong United Football Club

Soccer registrations

Woy Woy Soccer Club will take registrations for the new season throughout the month of February.

"Soccer season is here again," club president Mr Leigh Martin said.

"We are confident that the 2008 registration numbers of 550 in the club will exceed this year.

"Although the economic climate may be down, soccer on the Peninsula is flourishing.

"Registration has already commenced and is open to both male and female from five years of age.

"Registration fees include insurance coverage for injuries caused by active participation in officially organised games, official practice, training sessions and official functions."

Press release, 12 Feb 2009
Denis Appel, Woy Woy Soccer Club

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Public Notices
 Woy Woy Peninsula Lions Club
 Sunday, February 22 8am to 1pm
 Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~ \$10 per car
 Cnr. Ocean Beach Road and Erina St. Woy Woy
 Always Last Sunday (Except December)
 More Details...
 Elmo 4341 4151 - Hope 4369 8707

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